

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
518	1	1	BRUNO CARVALHO		M	32	25:42:00	03:13	MSEN
336	2	2	PAULO MORAIS	AGUAIS DA MISERICORD	M	34	27:04:00	03:23	MSEN
212	3	1	PAULO MATOS	GULBENKIAN	M	46	29:23:00	03:41	M40
500	4	1	MARLENE LOPES	AGUIAS DE ALVELOS	F	33	29:24:00	03:41	FSEN
263	5	1	VALDIR COSTA	MINHO AVENTURA	M	25	29:44:00	03:43	MSUB25
389	6	1	CARLOS MAGALHAES	EUROTRANSMISSAOBRAG	M	50	29:50:00	03:44	M50
211	7	3	JOSE MARQUES	GULBENKIAN	M	37	29:57:00	03:44	MSEN
398	8	2	PAULO MESQUITA	VILA VERDE A CORRER	M	25	30:10:00	03:46	MSUB25
77	9	4	JOAO MACHADO	TURBULENTOS	M	34	30:12:00	03:46	MSEN
509	10	2	JOAO LEITAO		M	47	30:25:00	03:48	M40
397	11	3	FABIO SILVA	VILA VERDE A CORRER	M	23	30:26:00	03:48	MSUB25
283	12	5	RICARDO PEREIRA	EMBRYO TEAM	M	38	30:32:00	03:49	MSEN
386	13	6	GILBERTO CAMPOS		M	26	30:37:00	03:49	MSEN
456	14	3	JOSE PAIS	EDL	M	43	30:42:00	03:50	M40
119	15	2	JOAO CUNHA	ATIB FINABRAGA RUNNI	M	54	30:44:00	03:51	M50
151	16	7	JOAO MARTINS	VILA VERDE A CORRER	M	37	30:46:00	03:51	MSEN
81	17	8	TELMO REIS	LOUSADA RUNNERS	M	36	30:48:00	03:51	MSEN
363	18	9	RICARDO FERREIRA	MOVIMENTO DE JUVENTU	M	30	30:52:00	03:51	MSEN
83	19	4	VITOR FARIA	PALMEIRA RUNNERS	M	43	31:11:00	03:54	M40
356	20	1	JOANA FERNANDES	SC BRAGA	F	24	31:13:00	03:54	FSUB25
266	21	4	DIOGO TORRES	VILA VERDE A CORRER	M	19	31:23:00	03:56	MSUB25
391	22	10	DUARTE OLIVEIRA	EDV VIANATRAIL	M	35	31:25:00	03:56	MSEN
360	23	3	ARMINDO GOMES	MOVIMENTO DE JUVENTU	M	59	31:28:00	03:56	M50
222	24	11	MARCO SILVA	VILA VERDE A CORRER	M	35	31:30:00	03:56	MSEN
347	25	12	MARCO MARQUES		M	30	31:32:00	03:57	MSEN
295	26	5	JOSE FERREIRA	TRIBRAGA CLUBE DE	M	40	31:35:00	03:57	M40
88	27	4	FERNANDO ANTUNES	TURBULENTOS	M	60	31:38:00	03:57	M50
247	28	6	MIGUEL DOMINGUES	LEBRES MINHOTAS	M	41	31:48:00	03:59	M40
454	29	2	PATRICIA CALDAS	N14	F	22	31:51:00	03:59	FSUB25
346	30	7	JOAO ABREU	N14	M	40	32:09:00	04:01	M40
362	31	5	FABIO CRUZ	MOVIMENTO DE JUVENTU	M	24	32:13:00	04:02	MSUB25
340	32	8	NUNO SILVA	TURBULENTOS	M	41	32:15:00	04:02	M40
460	33	9	LUIS TORRES		M	44	32:19:00	04:02	M40
274	34	13	HELDER PEREIRA		M	32	32:27:00	04:04	MSEN
334	35	14	ANTONIO FERNANDES	N14	M	30	32:34:00	04:04	MSEN
412	36	15	DIOGO MACHADO	N14	M	33	32:36:00	04:04	MSEN
107	37	5	CARLOS FERNANDES	TURBULENTOS	M	50	32:47:00	04:06	M50
177	38	10	JOSE COSTA	PALMEIRA RUNNERS	M	40	32:51:00	04:06	M40
42	39	6	HELDER		M	24	33:06:00	04:08	MSUB25
400	40	11	RICARDO FERNANDES	VILA VERDE A CORRER	M	40	33:06:00	04:08	M40
510	41	16	JOSE BARROS		M	36	33:07:00	04:09	MSEN
52	42	6	MARIO CARDOSO	TURBULENTOS	M	50	33:09:00	04:09	M50
508	43	12	SERGIO GANDARELA		M	41	33:09:00	04:09	M40
246	44	7	CAMILO OLIVEIRA	LIGA SAGRES ORANGINA	M	51	33:11:00	04:09	M50
185	45	13	PROFIRIO LOMBA	LANHAS TT	M	42	33:12:00	04:09	M40
186	46	17	JOSE SILVA	O SETENTA	M	28	33:14:00	04:09	MSEN
455	47	18	FERNANDO DIAS	N14	M	28	33:16:00	04:09	MSEN
240	48	19	PEDRO GOMES		M	30	33:16:00	04:09	MSEN
84	49	14	MIGUEL MACHADO	ATIB FINABRAGA RUNNI	M	41	33:18:00	04:10	M40
502	50	15	BENJAMIM CRUZ		M	43	33:19:00	04:10	M40
498	51	16	JOSE SILVA	TRAIL TERRAS DO NOBR	M	44	33:20:00	04:10	M40
248	52	20	ANTONIO MARTINS	LEBRES MINHOTAS	M	37	33:23:00	04:10	MSEN
492	53	2	CARLA SOUSA	EDV VIANA TRAIL	F	33	33:24:00	04:10	FSEN
166	54	17	VITOR BARBOSA	LANHAS TT	M	41	33:25:00	04:10	M40
483	55	21	HELDER TAVARES	SAO SILVESTRE AMARES	M	35	33:27:00	04:11	MSEN
474	56	22	MIGUEL PEIXOTO		M	31	33:31:00	04:11	MSEN
465	57	7	AYRTON FERREIRA		M	23	33:32:00	04:12	MSUB25
237	58	23	RICARDO FERNANDES	COMPANHIA DE BOMBEIR	M	36	33:34:00	04:12	MSEN
117	59	24	SERGIO MARTINS	S.C.B.	M	37	33:38:00	04:12	MSEN
333	60	25	VITOR SOUSA	LANHAS TT	M	30	33:44:00	04:13	MSEN
89	61	26	SERGIO FARIA	LANHASTT	M	30	33:45:00	04:13	MSEN
433	62	27	JOSE OLIVEIRA	AVENTUREIROS	M	30	33:47:00	04:14	MSEN
504	63	28	RICARDO FERREIRA		M	33	33:54:00	04:14	MSEN
173	64	29	NUNO VIEIRA		M	34	33:54:00	04:14	MSEN
225	65	30	JOAO VIEIRA		M	29	33:55:00	04:14	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
249	66	18	JORGE DOMINGUES	LEBRES MINHOTAS	M	43	33:58:00	04:15	M40
410	67	31	PAULO SOUSA	N14	M	36	33:58:00	04:15	MSEN
124	68	8	JOSE RIBEIRO	CLUVE VETERANOS COIM	M	65	34:01:00	04:15	M50
435	69	3	ADRIANA GOMES	MINHO AVENTURA	F	32	34:03:00	04:15	FSEN
189	70	32	MARIO BARBOSA	O SETENTA	M	38	34:07:00	04:16	MSEN
364	71	33	RUI PEIXOTO	TRAIL TERRAS DO NOBR	M	36	34:08:00	04:16	MSEN
316	72	9	OCTAVIO AFONSO	TURBULENTOS	M	56	34:10:00	04:16	M50
188	73	34	PEDRO SILVA	O SETENTA	M	30	34:14:00	04:17	MSEN
60	74	19	FILIPE FERREIRA		M	42	34:16:00	04:17	M40
291	75	20	JOAO COSTA	TURBULENTOS	M	46	34:17:00	04:17	M40
50	76	21	AUGUSTO RODRIGUES	RUN4FUN	M	45	34:18:00	04:17	M40
44	77	35	MANUEL CUNHA	LANHASTT	M	39	34:19:00	04:17	MSEN
100	78	10	OSVALDO OLIVEIRA	TURBULENTOS	M	56	34:20:00	04:17	M50
383	79	22	LUIS MELO	DESNIVEL POSITIVO	M	48	34:25:00	04:18	M40
163	80	23	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	45	34:30:00	04:19	M40
202	81	8	ANTONIO OLIVEIRA		M	19	34:31:00	04:19	MSUB25
374	82	36	ANDRE MALHEIRO		M	26	34:34:00	04:19	MSEN
234	83	37	DUARTE DUARTE		M	26	34:42:00	04:20	MSEN
210	84	24	PLACIDO CADILHE	LANHAS TT	M	41	34:43:00	04:20	M40
235	85	25	NUNO ARAUJO		M	40	34:45:00	04:20	M40
45	86	26	LUIS FILIPE	ATIB FINABRAGA RUNNI	M	42	34:45:00	04:20	M40
208	87	38	ANDRE PRINCIPE	LETS GO	M	31	34:47:00	04:21	MSEN
358	88	11	AMANDIO LOPES		M	60	34:53:00	04:22	M50
140	89	27	JOSE FERREIRA	PALMEIRA RUNNERS	M	43	34:55:00	04:22	M40
440	90	12	FILIPE SOUSA		M	50	34:56:00	04:22	M50
341	91	13	PAULO MOREIRA	TURBULENTOS	M	53	34:59:00	04:22	M50
183	92	14	LUIS FERREIRA		M	50	35:01:00	04:23	M50
401	93	1	ALEXANDRE LEZON		M	16	35:04:00	04:23	Sem ESC.
126	94	28	GUSTAVO TAVEIRA		M	41	35:06:00	04:23	M40
451	95	4	ANA GOMES	VILA VERDE A CORRER	F	27	35:09:00	04:23	FSEN
497	96	39	DOMINGOS RIBEIRO	AMARES TRAIL	M	33	35:11:00	04:23	MSEN
357	97	40	TIAGO COSTA	ERMIDA TEAM	M	33	35:12:00	04:24	MSEN
218	98	41	JOSE BARRETO	MOVIMENTO ORIENTADO	M	38	35:14:00	04:24	MSEN
95	99	15	JOSE FERREIRA		M	51	35:18:00	04:25	M50
82	100	42	TIAGO OLIVEIRA		M	27	35:18:00	04:25	MSEN
354	101	16	ANTONIO SIMAO		M	61	35:19:00	04:25	M50
113	102	1	MARIA COSTA		F	40	35:19:00	04:25	F40
307	103	43	JORGE GAMA		M	32	35:19:00	04:25	MSEN
348	104	5	FILIPA GOMES		F	30	35:26:00	04:25	FSEN
129	105	44	JOAO RODRIGUES	LANHAS TT	M	26	35:28:00	04:26	MSEN
92	106	17	ANTONIO COSTA	TURBULENTOS	M	56	35:34:00	04:27	M50
424	107	45	CRISTIANO CORREIA	CNP CENTRO DE TREI	M	26	35:41:00	04:28	MSEN
187	108	9	PAULO ALVES	O SETENTA	M	21	35:42:00	04:28	MSUB25
29	109	46	SIMAO VILACA	TURBULENTOS	M	36	35:44:00	04:28	MSEN
204	110	18	SERGIO MANUEL	TURBULENTOS	M	56	35:48:00	04:28	M50
69	111	29	PAULO AZEVEDO		M	46	35:57:00	04:30	M40
314	112	10	PEDRO ALMEIDA		M	22	35:58:00	04:30	MSUB25
368	113	19	JOAO VIEIRA		M	60	35:59:00	04:30	M50
404	114	47	SERGIO SILVA		M	32	35:59:00	04:30	MSEN
403	115	48	LUIS SILVA		M	36	36:00:00	04:30	MSEN
47	116	30	JOAO RICO	ATIB FINABRAGA RUNNI	M	41	36:02:00	04:30	M40
73	117	6	ANGELA CARVALHO	TURBULENTOS	F	32	36:03:00	04:30	FSEN
106	118	1	MARINHA FERNANDES	TURBULENTOS	F	50	36:07:00	04:31	F50
142	119	20	MANUEL SOUSA	TURBULENTOS	M	50	36:08:00	04:31	M50
269	120	49	SERGIO MARTINS		M	32	36:19:00	04:32	MSEN
513	121	31	MIGUEL REGO	TRAIL TERRAS DO NOBR	M	42	36:19:00	04:32	M40
230	122	32	SERGIO ARAUJO		M	40	36:25:00	04:33	M40
273	123	11	JOSE SILVA		M	24	36:25:00	04:33	MSUB25
265	124	50	HUGO GONCALVES	LANHAS TT	M	28	36:28:00	04:33	MSEN
517	125	12	PAULO OLIVEIRA	N14	M	24	36:30:00	04:33	MSUB25
337	126	51	JORGE RIBEIRO		M	35	36:30:00	04:33	MSEN
388	127	21	DIAMANTINO COELHO	EUROTRANSMISSAOBRAG	M	68	36:32:00	04:34	M50
392	128	7	ELISABETE LIMA		F	39	36:35:00	04:34	FSEN
515	129	13	JOSE ANTUNES		M	23	36:38:00	04:35	MSUB25
127	130	22	JOSE LOUREIRO	TURBULENTOS	M	51	36:40:00	04:35	M50

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
96	131	52	DANIEL FERNANDES	TURBULENTOS	M	32	36:41:00	04:35	MSEN
236	132	53	FILIFE BARROS		M	37	36:45:00	04:36	MSEN
470	133	23	JOSE JANELA	TEAM FAMALICAO	M	53	36:47:00	04:36	M50
306	134	54	DUARTE AZEVEDO	BODYATTACK UP BRAGA	M	28	36:47:00	04:36	MSEN
176	135	24	CARLOS ESPERANCA	CLUBE CORRIDA	M	50	36:51:00	04:37	M50
118	136	25	JOSE SEQUEIRA	TURBULENTOS	M	56	36:58:00	04:37	M50
284	137	26	JOAO SILVA	LANHAS TT	M	50	37:15:00	04:39	M50
349	138	33	VITOR MOCO		M	42	37:16:00	04:40	M40
57	139	34	PAULO RITO	TURBULENTOS	M	47	37:20:00	04:40	M40
458	140	55	SERGIO MARQUES		M	33	37:21:00	04:40	MSEN
468	141	56	TIAGO RODRIGUES		M	33	37:21:00	04:40	MSEN
251	142	57	FRANCISCO FERNANDES		M	32	37:23:00	04:40	MSEN
355	143	58	NUNO ATAIDE		M	37	37:24:00	04:40	MSEN
423	144	35	NUNO CUNHA	CNP CENTRO DE TREI	M	40	37:27:00	04:41	M40
369	145	59	JOAO CORREIA		M	34	37:29:00	04:41	MSEN
220	146	60	LUIS MARTINS	MOVIMENTO ORIENTADO	M	39	37:30:00	04:41	MSEN
294	147	36	JORGE FERREIRA	BODY ATTACK	M	41	37:31:00	04:41	M40
485	148	37	MARIO VIEIRA		M	46	37:32:00	04:41	M40
372	149	38	AMERICO LOPES		M	42	37:32:00	04:41	M40
320	150	61	HERNANI VERISSIMO	TEAM JMM	M	34	37:34:00	04:41	MSEN
203	151	62	CESAR MEIRELES		M	33	37:35:00	04:42	MSEN
144	152	39	GABRIEL FERREIRA	TURBULENTOS	M	42	37:36:00	04:42	M40
370	153	63	TIAGO CORREIA		M	29	37:36:00	04:42	MSEN
231	154	40	RICARDO PINTO		M	42	37:38:00	04:42	M40
271	155	64	MARCIO GOMES		M	32	37:39:00	04:42	MSEN
394	156	65	CARLOS SILVA		M	30	37:40:00	04:43	MSEN
122	157	8	ANA BARROS	ATIB FINABRAGA RUNNI	F	38	37:41:00	04:43	FSEN
437	158	66	RICARDO DUARTE		M	34	37:44:00	04:43	MSEN
170	159	41	AGOSTINHO FERNANDES	O SETENTA	M	45	37:45:00	04:43	M40
300	160	67	DANIEL OLIVEIRA		M	29	37:47:00	04:43	MSEN
352	161	68	EDUARDO PIRES		M	36	37:50:00	04:44	MSEN
165	162	69	IVAN ALVES	ERMIDA TEAM	M	35	37:51:00	04:44	MSEN
195	163	9	OLGA MARTINS	ERMIDA TEAM	F	32	37:51:00	04:44	FSEN
108	164	27	ANTONIO SANTOS	TURBULENTOS	M	53	37:52:00	04:44	M50
26	165	28	FRANCISCO SILVA	TURBULENTOS	M	52	37:57:00	04:45	M50
396	166	29	RUI SANTOS	TURBULENTOS	M	52	37:57:00	04:45	M50
519	167	70	BRUNO SILVA		M	37	38:01:00	04:45	MSEN
76	168	2	CARLA SALGADO	BARCELOS RUNNERS	F	43	38:02:00	04:45	F40
120	169	42	RUI GONCALVES	ATIB FINABRAGA RUNNI	M	42	38:08:00	04:46	M40
46	170	43	CARLOS BORGES	ATIB FINABRAGA RUNNI	M	44	38:09:00	04:46	M40
104	171	71	CARLOS ALVES	TURBULENTOS	M	38	38:09:00	04:46	MSEN
496	172	72	DANIEL SILVA		M	26	38:16:00	04:47	MSEN
155	173	30	ANTONIO FERREIRA		M	61	38:17:00	04:47	M50
227	174	31	JOSE MOTA		M	57	38:19:00	04:47	M50
317	175	44	DAVID FERNANDES		M	44	38:20:00	04:48	M40
329	176	14	TIAGO TEIXEIRA		M	20	38:24:00	04:48	MSUB25
342	177	3	SANDRA TRAVESSAS	TURBULENTOS	F	42	38:26:00	04:48	F40
66	178	45	ANTONIO NOGUEIRA		M	49	38:27:00	04:48	M40
438	179	73	CARLOS ALMEIDA	LAZER VILA VERDE	M	38	38:28:00	04:48	MSEN
367	180	74	WILSON GONCALVES	LAZER VILA VERDE	M	26	38:28:00	04:48	MSEN
406	181	15	JOAO MARQUES	AVENTUREIROS	M	23	38:31:00	04:49	MSUB25
425	182	16	MARIO COSTA	CNP CENTRO DE TREI	M	21	38:31:00	04:49	MSUB25
351	183	32	JOSE SANTOS		M	65	38:33:00	04:49	M50
491	184	75	VALDEMAR TINOCO		M	29	38:35:00	04:50	MSEN
123	185	33	GASPAR OLIVEIRA	ATIB FINABRAGA RUNNI	M	54	38:37:00	04:50	M50
324	186	17	TIAGO TINOCO	LANHAS TT	M	21	38:39:00	04:50	MSUB25
146	187	34	OSCAR SILVA	TURBULENTOS	M	54	38:39:00	04:50	M50
93	188	76	JORGE RODRIGUES	BOKI TEAM	M	37	38:43:00	04:50	MSEN
466	189	35	ANTONIO FINS		M	55	38:46:00	04:51	M50
289	190	77	SERGIO PEREIRA	LANHAS TT	M	33	38:47:00	04:51	MSEN
53	191	78	MARCO VIEIRA		M	31	38:49:00	04:51	MSEN
41	192	79	ZE		M	32	38:51:00	04:51	MSEN
259	193	4	HELENA FERNANDES	N14	F	40	38:54:00	04:51	F40
278	194	80	FLAVIO CALDAS	N14	M	29	38:54:00	04:51	MSEN
1	195	10	OLGA MARTINS		F	32	38:54:00	04:51	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
427	196	18	ANDRE BORGES	CNP CENTRO DE TREI	M	19	38:56:00	04:52	MSUB25
335	197	36	MARIO ARAUJO		M	58	38:58:00	04:52	M50
224	198	46	VITOR RODRIGUES	LIGA SAGRES ORANGINA	M	44	39:04:00	04:53	M40
322	199	81	BRUNO EIRAS	LANHAS TT	M	39	39:06:00	04:53	MSEN
152	200	47	NUNO CUNHA	ATIB FINABRAGA RUNNI	M	44	39:07:00	04:53	M40
488	201	5	SANDRA PINA		F	42	39:10:00	04:54	F40
390	202	82	MIGUEL VIANA		M	38	39:16:00	04:55	MSEN
184	203	19	LUIS FERREIRA		M	18	39:18:00	04:55	MSUB25
275	204	83	SAMUEL SOUSA	LANHAS TT	M	31	39:19:00	04:55	MSEN
180	205	48	PEDRO GUIMARAES	N14	M	40	39:25:00	04:56	M40
393	206	84	BRUNO COUTINHO		M	36	39:28:00	04:56	MSEN
436	207	37	JOAQUIM GOMES		M	56	39:35:00	04:57	M50
102	208	38	ARNALDO BRAS	TURBULENTOS	M	52	39:38:00	04:57	M50
344	209	49	RUI GAMA	LANHAS TT	M	42	39:39:00	04:57	M40
103	210	50	JOAO MOTA		M	44	39:40:00	04:58	M40
182	211	2	MARA MENDES	TURBULENTOS	F	50	39:41:00	04:58	F50
434	212	85	GUILHERME MACHADO	TURBULENTOS	M	30	39:42:00	04:58	MSEN
169	213	51	ANTONIO SILVA	O SETENTA	M	42	39:47:00	04:58	M40
39	214	3	IRENE		F	25	39:48:00	04:58	FSUB25
171	215	52	JOAO PINTO	TURBULENTOS	M	44	39:49:00	04:58	M40
74	216	39	GIUSEPPE BALDASSARRE	TURBULENTOS	M	50	39:50:00	04:59	M50
280	217	11	ANA COSTA	BODYATTACK UP BRAGA	F	32	39:51:00	04:59	FSEN
150	218	86	DANIEL GONCALVES		M	32	39:57:00	05:00	MSEN
507	219	87	RUI SOUSA	AMARES TRAIL	M	35	40:02:00	05:00	MSEN
395	220	40	MANUEL SILVA	TURBULENTOS	M	60	40:03:00	05:00	M50
75	221	6	HELENA BALDASSARRE	TURBULENTOS	F	40	40:03:00	05:00	F40
90	222	12	NATALIA MILAGAIA	TURBULENTOS	F	39	40:03:00	05:00	FSEN
138	223	41	ARMANDO VARANDA	TURBULENTOS	M	51	40:07:00	05:01	M50
134	224	53	ARTUR BIZARRO	TURBULENTOS	M	41	40:07:00	05:01	M40
153	225	88	JULIO FERRAZ		M	29	40:14:00	05:01	MSEN
24	226	89	BRUNO PINTO		M	35	40:14:00	05:02	MSEN
469	227	13	MARIANA RODRIGUES	TEAM FAMALICAO	F	39	40:16:00	05:02	FSEN
310	228	90	LUIS QUEIROS	N14	M	30	40:22:00	05:03	MSEN
484	229	91	FILIPPE PONTES	SAO SILVESTRE AMARES	M	35	40:25:00	05:03	MSEN
179	230	92	JOSE ARAUJO	LANHAS TT	M	35	40:38:00	05:04	MSEN
112	231	54	FRANCISCO VALE		M	44	40:41:00	05:05	M40
260	232	93	JORGE COSTA	LANHAS TT	M	39	40:45:00	05:06	MSEN
408	233	94	PEDRO GOIS	N14	M	33	40:45:00	05:06	MSEN
365	234	55	JOAO SARAIVA	CLUB AMARENSE	M	49	40:48:00	05:06	M40
461	235	95	SAMUEL COSTA		M	35	40:50:00	05:06	MSEN
200	236	42	VITOR CUNHA	BARCELOS RUNNERS	M	50	40:53:00	05:06	M50
217	237	3	CONCEICAO MARQUES	TURBULENTOS	F	53	40:54:00	05:07	F50
27	238	7	MARIA SILVA	TURBULENTOS	F	46	40:55:00	05:07	F40
299	239	56	JOSE CARVALHO		M	40	41:02:00	05:08	M40
449	240	2	SIMAO SOUSA	ESQUEIROS	M	17	41:12:00	05:09	Sem ESC.
110	241	57	JOAO MINISTRO		M	49	41:13:00	05:09	M40
242	242	58	JORGE MACEDO	LIGA SAGRES ORANGINA	M	48	41:15:00	05:09	M40
385	243	14	SUSANA ALMEIDA		F	36	41:19:00	05:10	FSEN
399	244	8	CLAUDIA ALVES	VILA VERDE A CORRER	F	44	41:28:00	05:11	F40
378	245	59	PAULO FERNANDES		M	48	41:32:00	05:11	M40
233	246	60	VITOR QUEIROS		M	45	41:36:00	05:12	M40
471	247	96	DANIEL PIRES		M	38	41:37:00	05:12	MSEN
514	248	20	RUI LOMBA		M	24	41:40:00	05:13	MSUB25
97	249	43	DOMINGOS		M	53	41:52:00	05:14	M50
402	250	15	ANABELA SIMOES		F	35	41:55:00	05:14	FSEN
229	251	16	MARGARIDA SILVA		F	27	41:57:00	05:14	FSEN
133	252	61	ANTONIO BRAS	AVENTUREIROS	M	42	41:59:00	05:15	M40
111	253	9	MARIA MINISTRO		F	42	42:03:00	05:15	F40
25	254	62	PATRICIO ARAUJO		M	48	42:05:00	05:16	M40
28	255	10	HELENA SOARES	TURBULENTOS	F	47	42:06:00	05:16	F40
257	256	97	FREDERIC FREITAS		M	29	42:07:00	05:16	MSEN
31	257	17	ALZIRA ALMEIDA	TURBULENTOS	F	39	42:21:00	05:18	FSEN
511	258	98	PAULO FERNANDES		M	30	42:26:00	05:18	MSEN
446	259	63	VITOR MOTA	ESQUEIROS	M	46	42:30:00	05:19	M40
445	260	64	CARLOS ARAUJO	ESQUEIROS	M	41	42:35:00	05:19	M40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
478	261	65	AIRES FUMEGA		M	45	42:37:00	05:19	M40
71	262	11	ANGELINA FRANQUERIRA	BARCELOS RUNNERS	F	42	42:37:00	05:19	F40
272	263	66	FILIPPE SILVA	BODYATTACK UP BRAGA	M	40	42:43:00	05:21	M40
415	264	18	ANDREIA FERNANDES	N14	F	31	42:50:00	05:21	FSEN
267	265	99	ANTONIO MARQUES		M	29	42:53:00	05:21	MSEN
379	266	67	PAULO OLIVEIRA		M	42	42:54:00	05:22	M40
190	267	19	CRISTIANA OLIVEIRA	MOVIMENTO ORIENTADO	F	31	42:57:00	05:22	FSEN
174	268	20	MARTA SAMPAIO		F	33	42:58:00	05:22	FSEN
238	269	68	PAULO ESTEVES	LANHAS TT	M	42	43:01:00	05:23	M40
207	270	100	ANDRE GONCALVES		M	31	43:06:00	05:23	MSEN
339	271	101	ANDRE AMORIM	TEAM JMM	M	27	43:13:00	05:24	MSEN
250	272	21	MONICA DOMINGUES	LEBRES MINHOTAS	F	36	43:17:00	05:24	FSEN
226	273	12	SANDRA COUTINHO	TEAM JMM	F	46	43:18:00	05:25	F40
332	274	102	RICARDO MACHADO	LANHAS TT	M	30	43:19:00	05:25	MSEN
128	275	103	NUNO ESTEVES	LANHAS TT	M	38	43:20:00	05:25	MSEN
91	276	69	ANICETO MARQUES		M	41	43:20:00	05:25	M40
281	277	13	CLAUDIA BARRETO	MOVIMENTO ORIENTADO	F	42	43:28:00	05:26	F40
213	278	70	MARINA LEITE	TURBULENTOS	M	46	43:29:00	05:26	M40
175	279	104	ARMENIO LIRA	MAE JOANA	M	30	43:29:00	05:26	MSEN
214	280	71	EMANUEL GOMES	TURBULENTOS	M	49	43:29:00	05:26	M40
244	281	44	MARIO NOGUEIRA	MOVIMENTO ORIENTADO	M	52	43:30:00	05:26	M50
147	282	14	CARLA SOARES	MOVIMENTO DE JUVENTU	F	46	43:32:00	05:26	F40
361	283	15	ISABEL ALVES	MOVIMENTO DE JUVENTU	F	41	43:36:00	05:27	F40
262	284	22	TANIA PEREIRA		F	27	43:42:00	05:27	FSEN
181	285	23	SONIA RODRIGUES	ATIB FINABRAGA RUNNI	F	38	43:45:00	05:28	FSEN
121	286	72	JOSE AZEVEDO	ATIB FINABRAGA RUNNI	M	43	43:45:00	05:28	M40
405	287	16	ELSA FERREIRA	ATIB FINABRAGA RUNNI	F	40	43:45:00	05:28	F40
162	288	105	RUI RODRIGUES		M	38	43:51:00	05:29	MSEN
303	289	24	FLORA FERREIRA		F	36	43:57:00	05:29	FSEN
157	290	17	TERESA MACEDO	LETS GO	F	46	44:00:00	05:30	F40
145	291	45	ALBERTO CALHEIROS	LETS GO	M	61	44:00:00	05:30	M50
495	292	106	LUIS CARVALHO	AMARES TRAIL	M	30	44:06:00	05:31	MSEN
43	293	107	DUARTE		M	29	44:06:00	05:31	MSEN
481	294	46	FERNANDO SILVA		M	57	44:24:00	05:33	M50
232	295	73	JOSE FIGUEIREDO	TURBULENTOS	M	47	44:38:00	05:35	M40
447	296	108	GABRIEL ALVES	ESQUEIROS	M	33	44:45:00	05:36	MSEN
377	297	18	ELIZABETH ORTIZ		F	46	44:46:00	05:36	F40
80	298	25	ALBERTINA GONCALVES	LOUSADA RUNNERS	F	36	44:47:00	05:36	FSEN
512	299	109	CARLOS PEREIRA		M	27	44:50:00	05:36	MSEN
486	300	3	BRUNO VIEIRA		M	17	45:09:00	05:39	Sem ESC.
258	301	110	NUNO RIBAS		M	30	45:13:00	05:39	MSEN
459	302	74	JORGE DUARTE		M	45	45:14:00	05:39	M40
505	303	111	FILIPPE FERREIRA		M	37	45:37:00	05:42	MSEN
366	304	75	PINTO FERNANDES	CLUB AMARENSE	M	47	45:49:00	05:44	M40
116	305	4	ANA BARROS	MAE JOANA	F	24	45:51:00	05:44	FSUB25
426	306	19	EMILIA NOGUEIRA	CNP CENTRO DE TREI	F	48	45:58:00	05:45	F40
371	307	47	ADELINO CORREIA		M	62	45:59:00	05:45	M50
168	308	48	JOSE BARROS	O SETENTA	M	54	46:01:00	05:45	M50
68	309	76	JOAO RODRIGUES	TURBULENTOS	M	44	46:01:00	05:45	M40
345	310	20	CLAUDIA MACEDO	N14	F	42	46:01:00	05:45	F40
429	311	112	JORGE PEREIRA	CNP CENTRO DE TREI	M	37	46:02:00	05:45	MSEN
428	312	26	ANABELA PINTO	CNP CENTRO DE TREI	F	36	46:02:00	05:45	FSEN
444	313	77	FERNANDO NOGUEIRA	ESQUEIROS	M	46	46:06:00	05:45	M40
159	314	113	ARNALDO PIRES		M	37	46:16:00	05:47	MSEN
35	315	49	JOAO CANDIDOLIMA		M	51	46:20:00	05:47	M50
36	316	21	TERESA SOUSA		F	46	46:20:00	05:47	F40
86	317	114	PAULO TEIXEIRA		M	34	46:22:00	05:48	MSEN
78	318	78	DOMINGOS TEIXEIRA	ATIB FINABRAGA RUNNI	M	40	46:22:00	05:48	M40
254	319	22	ANA QUEIROZ		F	42	46:28:00	05:49	F40
135	320	4	ISABEL VELOSO		F	50	46:28:00	05:49	F50
416	321	115	ALBERTO SILVA	N14	M	30	46:29:00	05:49	MSEN
315	322	5	IRENE LIRA	LANHAS TT	F	54	46:31:00	05:49	F50
61	323	23	SILVIA BARBOSA	VILA VERDE A CORRER	F	41	46:33:00	05:49	F40
130	324	5	SANDRA ANTUNES	LANHAS TT	F	24	46:44:00	05:50	FSUB25
323	325	116	FERNANDO RIBEIRO	LANHAS TT	M	39	46:46:00	05:50	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
148	326	6	ISABEL SILVA	LETS GO	F	50	46:46:00	05:50	F50
268	327	27	ISABEL SIMOES		F	30	46:46:00	05:50	FSEN
494	328	117	ANTONIO COELHO	AMARES TRAIL	M	26	46:56:00	05:52	MSEN
156	329	50	JOSE CRUZ		M	56	46:57:00	05:52	M50
154	330	118	PEDRO FERREIRA		M	27	46:58:00	05:52	MSEN
506	331	6	MARINA RODRIGUES	AMARES TRAIL	F	25	46:59:00	05:52	FSUB25
421	332	79	RUI SILVA	CNP CENTRO DE TREI	M	40	47:04:00	05:53	M40
32	333	7	DIANA LOPES		F	24	47:04:00	05:53	FSUB25
301	334	119	PAULO FREITAS		M	38	47:12:00	05:54	MSEN
99	335	28	ANA PEIXOTO	TURBULENTOS	F	31	47:20:00	05:55	FSEN
98	336	29	MARTA RODRIGUES	TURBULENTOS	F	37	47:20:00	05:55	FSEN
125	337	51	MANUEL RIBEIRO	TURBULENTOS	M	52	47:20:00	05:55	M50
443	338	30	ELISABETE VIEIRA	ESQUEIROS	F	26	47:28:00	05:56	FSEN
198	339	52	CARLOS FERREIRA	TURBULENTOS	M	54	47:32:00	05:57	M50
40	340	120	CRISTIANO LOPES		M	29	47:34:00	05:57	MSEN
38	341	21	NE		M	25	47:34:00	05:57	MSUB25
493	342	7	MARIA ALMEIDA		F	51	47:36:00	05:57	F50
192	343	53	JOSE OLIVEIRA	MOVIMENTO ORIENTADO	M	57	47:40:00	05:57	M50
462	344	31	PAULA CARNEIRO	A VOAR	F	38	47:43:00	05:58	FSEN
463	345	32	ANA SOARES	A VOAR	F	32	47:43:00	05:58	FSEN
85	346	8	MANUELA RIBEIRO	TURBULENTOS	F	60	47:57:00	06:00	F50
94	347	9	CELESTE CRUZ	TURBULENTOS	F	51	48:08:00	06:01	F50
67	348	33	SARA EIRINHA	TURBULENTOS	F	26	48:08:00	06:01	FSEN
114	349	24	ALDA FAUSTINO		F	43	48:09:00	06:01	F40
387	350	34	LILIANA VILACA	KALENJI RUNNERS	F	37	48:35:00	06:04	FSEN
313	351	25	SHEILA KHAN	TURBULENTOS	F	44	48:36:00	06:04	F40
409	352	121	ANDRE BARROS	N14	M	33	48:36:00	06:05	MSEN
65	353	80	CARLOS BRITO	TURBULENTOS	M	46	48:37:00	06:05	M40
277	354	35	MONICA LOPES	LETS GO	F	32	48:53:00	06:07	FSEN
34	355	81	RUI DIAS		M	43	48:54:00	06:07	M40
252	356	82	JOSE AFONSO	FILAMI	M	42	48:56:00	06:07	M40
472	357	122	CARLOS PINHEIRO		M	33	49:05:00	06:08	MSEN
441	358	8	ANA ALVES	ESQUEIROS	F	24	49:15:00	06:09	FSUB25
287	359	36	ELSA PEREIRA	BODYATTACK UP BRAGA	F	26	49:17:00	06:10	FSEN
292	360	26	CAROLINA FERNANDES		F	46	49:21:00	06:10	F40
161	361	37	DINA SILVEIRA	AVENTUREIROS	F	34	49:26:00	06:10	FSEN
131	362	38	SONIA BRAS	AVENTUREIROS	F	34	49:26:00	06:10	FSEN
132	363	27	ANA BRAS	AVENTUREIROS	F	42	49:26:00	06:10	F40
308	364	39	ANA MARQUES	LANHAS TT	F	36	49:28:00	06:11	FSEN
453	365	40	ANA VELOSO	N14	F	30	49:29:00	06:11	FSEN
413	366	41	MARINA COSTA	N14	F	34	49:33:00	06:12	FSEN
228	367	42	ROSARIO COSTA		F	27	49:42:00	06:13	FSEN
79	368	43	MARIA AZEVEDO		F	27	49:55:00	06:14	FSEN
477	369	123	DAVID CORREIA	LANHAS TT	M	35	49:59:00	06:15	MSEN
432	370	44	LILIANA SIMOES		F	26	50:03:00	06:15	FSEN
87	371	28	CLAUDIA ROCHA	BRAGA A CORRER	F	41	50:04:00	06:15	F40
141	372	29	MANUELA MATIAS		F	43	50:04:00	06:15	F40
487	373	45	SANDRA TEIXEIRA	MOVIMENTO ORIENTADO	F	39	50:09:00	06:16	FSEN
431	374	9	ANA RODRIGUES	CNP CENTRO DE TREI	F	23	50:11:00	06:17	FSUB25
158	375	124	NUNO MOREIRA		M	29	50:13:00	06:17	MSEN
160	376	46	CARLA VAZ		F	30	50:14:00	06:17	FSEN
51	377	54	JOSE		M	50	50:16:00	06:17	M50
457	378	30	ANABELA DELGADO	TURBULENTOS	F	40	50:19:00	06:17	F40
101	379	10	ANA MATOS	TURBULENTOS	F	51	50:21:00	06:18	F50
376	380	47	MARISA ENES		F	28	50:37:00	06:20	FSEN
375	381	125	VASCO FREITAS		M	31	50:37:00	06:20	MSEN
196	382	31	SANDRINE SILVA	TURBULENTOS	F	42	50:45:00	06:20	F40
414	383	48	NADIA FARIA	N14	F	29	50:56:00	06:22	FSEN
417	384	126	NUNO DIAS	N14	M	30	50:56:00	06:22	MSEN
164	385	32	PAULA SOUSA	LETS GO	F	40	51:25:00	06:25	F40
201	386	33	FILIPA LIMA	LETS GO	F	43	51:25:00	06:25	F40
216	387	34	LAURA AFONSO	FILAMI	F	48	51:37:00	06:27	F40
37	388	49	ZEZINHA		F	39	51:39:00	06:27	FSEN
54	389	50	SOFIA MARTINS		F	28	51:40:00	06:27	FSEN
72	390	51	CATIA PEREIRA		F	28	52:18:00	06:32	FSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	min/Km	Escalão
137	391	11	MANUELA RODRIGUES	TURBULENTOS	F	57	52:33:00	06:34	F50
439	392	52	MARGARIDA BARROS	AVENTUREIROS	F	33	52:41:00	06:35	FSEN
353	393	35	ALEXANDRA VILAR		F	47	52:50:00	06:36	F40
450	394	53	MARGARIDA MALHEIRO	ESQUEIROS	F	35	52:56:00	06:37	FSEN
442	395	54	FLAVIA PEIXOTO	ESQUEIROS	F	35	52:56:00	06:37	FSEN
288	396	36	CRISTINA MARTINS	LANHAS TT	F	41	53:19:00	06:40	F40
191	397	55	GARCIA SILVA		M	67	53:19:00	06:40	M50
296	398	4	JOAO VILACA	N14	M	8	53:38:00	06:42	Sem ESC.
407	399	55	CELINA BARROS	N14	F	37	53:39:00	06:43	FSEN
298	400	56	CATARINA BARROS	N14	F	39	53:40:00	06:43	FSEN
282	401	127	AGOSTINHO LOPES	LETS GO	M	31	53:40:00	06:43	MSEN
311	402	22	PEDRO CARVALHO		M	19	54:25:00	06:48	MSUB25
243	403	57	ANA MARQUES		F	27	54:36:00	06:50	FSEN
256	404	58	ANA OLIVEIRA		F	29	54:36:00	06:50	FSEN
255	405	59	SILVIA OLIVEIRA		F	32	54:36:00	06:50	FSEN
143	406	60	ANA PEREIRA	LANHAS TT	F	29	54:55:00	06:52	FSEN
476	407	61	IVONE EIRAS	LANHAS TT	F	37	54:56:00	06:52	FSEN
239	408	62	RITA RODRIGUES		F	38	54:59:00	06:53	FSEN
245	409	63	RAQUEL SILVA		F	37	55:01:00	06:53	FSEN
241	410	128	JOAO MOREIRA		M	37	55:01:00	06:53	MSEN
516	411	5	BEATRIZ AZEVEDO	N14	F	11	55:54:00	06:59	Sem ESC.
419	412	64	SILVIA PEREIRA	N14	F	26	55:54:00	06:59	FSEN
297	413	37	SILVIA BARROS	N14	F	42	55:56:00	06:59	F40
63	414	38	EMILIA GONCALVES	CLUBE MONTANHISMO DE	F	41	56:05:00	07:01	F40
33	415	65	SUSANA DIAS		F	37	56:06:00	07:01	FSEN
253	416	83	JOAO COSTA	EJAH	M	49	57:07:00	07:08	M40
206	417	66	ANA PIMENTA	EJAH	F	31	57:08:00	07:08	FSEN
482	418	39	PAULA SOARES		F	42	57:20:00	07:10	F40
350	419	40	GLORIA FERREIRA	DIVERIDAS.LOL	F	46	57:21:00	07:10	F40
261	420	67	ISABEL COSTA	LANHAS TT	F	38	57:21:00	07:10	FSEN
193	421	68	SUSETE COELHO		F	29	58:09:00	07:16	FSEN
23	422	129	ANTONIO BARBOSA		M	34	58:09:00	07:16	MSEN
290	423	12	HELENA LAPEIRA	BODYATTACK UP BRAGA	F	51	59:35:00	07:27	F50
312	424	69	JULIA BARBOSA	LANHAS TT	F	34	59:48:00	07:29	FSEN
270	425	70	SANDRA MARTINS		F	34	59:48:00	07:29	FSEN
501	426	23	JOAO MOUTA		M	24	59:53:00	07:29	MSUB25
221	427	10	MARTA FERREIRA	TURBULENTOS	F	25	01:00:02	07:30	FSUB25
62	428	71	SUSANA FERNANDES		F	37	01:00:22	07:33	FSEN
64	429	130	JOAO LAMEGO		M	39	01:00:23	07:33	MSEN