SANFIL Corrida Académica Coimbra

Coimbra

04-maio-2014

CORRIDA 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:30	27,1ºC	36,1%
End	11:45	27,6ºC	36,7%

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
1	701	José Miguel	escola futebol a. r. casaense	Senior Masculino	24:03	23:42	04:49
2	766	Miguel António Simões Tavares	individual	Senior Masculino	24:33	24:15	04:55
3	762	João Tomás de Almeida Brandão	individual	Senior Masculino	26:23	26:21	05:17
4	897	Fernando Loureiro	individual	Senior Masculino	26:47	26:38	05:21
5	865	Manuel Baptista Simões	sanfil	Senior Masculino	26:56	26:52	05:23
6	799	Luís da Costa Simões Brandão	individual	Veterano M40	27:30	27:28	05:30
7	737	Mariana Dias	individual	Senior Feminino	28:45	28:41	05:45
8	793	Anabela Figueiredo	individual	Veterano M35	29:06	28:42	05:49
9	798	António Figueiredo	individual	Veterano M40	29:06	28:42	05:49
10	803	António José Ferreira Pratas	individual	Veterano M45	29:32	29:25	05:54
11	736	Maria Linpinsel Muñoz de Oliveira	individual	Senior Feminino	29:35	29:30	05:55
12	877	ANDRÉ CORDEIRO	trilhos de sicó	Senior Masculino	30:22	30:16	06:04
13	758	João Abrantes	individual	Senior Masculino	30:48	30:41	06:10
14	769	Paulo Nuno Proença	individual	Senior Masculino	31:08	31:02	06:14
15	710	Ana Filipa dos Santos Monteiro	individual	Senior Feminino	31:10	31:05	06:14
16	709	Ana Escudeiro	individual	Senior Feminino	31:11	31:07	06:14
17	774	Catarina Sofia Barbosa de Oliveira Henriques	individual	Veterana F35	31:22	31:18	06:16
18	732	Magda Ruano	individual	Senior Feminino	31:49	31:42	06:22
19	715	Andreia Alves	individual	Senior Feminino	32:07	32:02	06:25
20	750	Sofia Pira Monteiro	individual	Senior Feminino	32:53	32:48	06:35
21	761	João Rainho	individual	Senior Masculino	32:59	32:37	06:36
22	804	Francisco Adrego de Melo Alvim	individual	Senior Masculino	33:09	32:57	06:38
23	10	João Lopes	dragões do vale de vizela	Senior Masculino	33:48	17:42	06:46
24	773	Catarina Cristina Carreira Simões	individual	Veterana F35	33:57	33:39	06:47
25	796	Vítor Duarte	individual	Veterano M40	34:17	34:11	06:51
26	772	Tiago Antunes	individual	Senior Masculino	34:18	34:07	06:52
27	727	ivone dilella abichara	individual	Veterana F45	34:26	34:23	06:53
28	743	paula de fatima dias martins	individual	Veterana F45	34:26	34:22	06:53
29	797	Maria Lurdes Neves	individual	Veterana F35	34:33	34:27	06:55
30	786	Fernanda da Slva Duarte Marques	individual	Veterana F45	34:42	34:35	06:56
31	783	SOFIA ALEXANDRA RUSSO RODEIA SIMÕES	individual	Veterana F35	35:58	35:40	07:12
32	778	ISABEL MARIA CARREIRA SIMOES	individual	Veterana F35	36:01	35:44	07:12
33	756	Henrique Miranda Raimundo	individual	Senior Masculino	36:02	35:40	07:12
34	791	Rita Mafalda Rocha Sousa do Carmo Fernando	individual	Veterana F45	36:12	36:08	07:14
35	881	Jorge Barbosa	individual	Senior Masculino	36:25	36:19	07:17
36	785	DEOLINDA HENRIQUES DA SILVA ALVES	individual	Veterana F45	36:44	36:39	07:21
37	770	Rodrigo Pereira	individual	Senior Masculino	36:55	36:45	07:23
38	802	Sérgio Pereira	individual	Veterano M40	36:55	36:45	07:23

CORRIDA 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
39	742	Patrícia Cadete	individual	Senior Feminino	37:06	37:02	07:25
40	748	Sandy Coelho	individual	Senior Feminino	37:34	37:29	07:31
41	819	Cláudia Isabel Mendes	portuguese united training association	Veterana F35	37:56	37:51	07:35
42	818	Joana Rita Damas	portuguese united training association	Senior Feminino	37:56	37:51	07:35
43	880	Fernando Ferreira	individual	Senior Masculino	38:22	38:16	07:40
44	805	Manuela Veloso	individual	Veterana F45	38:23	38:16	07:41
45	806	maria de fátima rodrigues	individual	Veterana F45	38:34	38:22	07:43
46	814	Jorge Veloso	individual	Veterano M60	38:43	38:38	07:45
47	792	Agostinho José Carvalho Cortez	individual	Veterano M35	38:58	38:49	07:48
48	705	Ana Beatriz da Silva Marques	individual	Senior Feminino	39:16	39:08	07:51
49	712	Ana Pira Portugal	individual	Senior Feminino	39:35	39:31	07:55
50	811	Milton Vivas	individual	Veterano M55	40:34	40:23	08:07
51	703	Adelaide Gonçalves Pereira	individual	Veterana F45	40:53	40:35	08:11
52	728	Joana Filipa Pereira Costa	individual	Senior Feminino	40:54	40:37	08:11
53	702	Miguel Martins	escola futebol a. r. casaense	Veterano M35	40:58	40:36	08:12
54	744	Raquel Regina Duarte Moreira	individual	Veterana F45	43:31	43:27	08:42
55	873	Teresa Baptista	sanfil	Veterana F35	44:00	43:52	08:48
56	847	Teresa Baptista Simões	sanfil	Senior Feminino	44:03	43:56	08:49
57	751	Aldo César Filgueiras Gaudencio	individual	Senior Masculino	44:10	44:02	08:50
58	738	Matilde da Mota Ferreira	individual	Senior Feminino	45:37	45:23	09:07
59	706	Ana Beatriz Reis Vilela	individual	Senior Feminino	45:38	45:24	09:08
60	725	Inês Baptista da Costa Santos	individual	Senior Feminino	45:39	45:29	09:08
61	740	Mónica Pratas Silva	individual	Senior Feminino	45:40	45:31	09:08
62	763	José Miguel	individual	Senior Masculino	45:41	45:24	09:08
63	730	Lia Lopes	individual	Veterana F35	45:58	45:51	09:12
64	752	André Dinis de Seabra e Silva	individual	Senior Masculino	46:07	45:51	09:13
65	790	Maria Margarida Vilhena Leitão	individual	Veterana F45	46:08	45:53	09:14
66	747	Sandra Matos	individual	Senior Feminino	46:31	46:14	09:18
67	893	Ana Lemos	sanfil	Senior Feminino	46:57	23:59	09:23
68	735	Maria Beatriz Vaz Martins	individual	Senior Feminino	48:13	48:04	09:39
69	708	Ana Catarina Vaz Martins	individual	Senior Feminino	48:14	48:04	09:39
70	733	Mara Filipa de Oliveira Lopes	individual	Senior Feminino	48:15	47:58	09:39
71	755	Diogo Pereira Carvalho	individual	Senior Masculino	48:17	48:01	09:39
72	807	Diamantino Vasco Fernandes	individual	Veterano M55	48:43	48:31	09:45
73	815	manuel ferreira	individual	Veterano M60	49:43	49:32	09:57
74	726	Inês Veloso	individual	Senior Feminino	50:54	50:47	10:11
75	789	Maria de Nazaré Faria da Cunha Veiga	individual	Veterana F45	50:55	50:21	10:11
76	739	Matilde Santiago Ramalho	individual	Veterana F45	51:08	51:00	10:14
77	711	Ana Lúcia Lopes Nunes	individual	Senior Feminino	51:25	51:08	10:17
78	777	Graça Cristina da Cruz Seabra	individual	Veterana F35	51:27	51:11	10:17
79	810	Maria Gorete Vaz	individual	Veterana F45	51:37	51:25	10:19
80	809	Joaquim Augusto Camejo Martins	individual	Veterano M55	51:37	51:25	10:19
81	781	Marta Sofia Rodrigues Alves	individual	Veterana F35	51:41	51:24	10:20
82	771	Simão Alves Dias	individual	Senior Masculino	51:42	51:26	10:20
83	859	João Ferreira	sanfil	Senior Masculino	51:57	51:42	10:23

CORRIDA 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
84	854	Elsa Ferreira	sanfil	Senior Feminino	52:03	51:48	10:25
85	898	Joana Cardoso	sanfil	Senior Feminino	52:04	51:47	10:25
86	899	Adriana Cardoso	sanfil	Senior Feminino	52:04	51:47	10:25
87	713	Ana Ribeiro	individual	Senior Feminino	52:05	51:51	10:25
88	714	Ana Rita Dinis Mamede Reis	individual	Senior Feminino	52:06	51:53	10:25
89	720	Cláudia Almeida	individual	Senior Feminino	52:06	51:46	10:25
90	780	Maria José Duarte	individual	Veterana F35	52:06	51:45	10:25
91	858	João Afonso Athayde	sanfil	Senior Masculino	52:17	51:34	10:27
92	741	Olimpia Santos	individual	Veterana F45	52:25	52:04	10:29
93	765	Mario Rodrigues	individual	Veterano M50	52:26	52:05	10:29
94	795	Nancy Fueyo Ferreira	individual	Veterana F35	52:29	52:11	10:30
95	504	Helga Ferreira	individual	Senior Feminino	52:36	27:46	10:31
96	784	Amélia Martins	individual	Veterana F45	52:43	52:33	10:33
97	794	Joao Duarte	individual	Veterano M35	53:04	52:49	10:37
98	800	Mário Antunes	individual	Veterano M55	53:04	52:48	10:37
99	828	Filipa Nunes	sanfil	Senior Feminino	53:49	53:23	10:46
100	886	Diogo Monteiro	sanfil	Senior Masculino	54:00	53:35	10:48
101	841	Raquel Abrantes	sanfil	Senior Feminino	54:00	53:35	10:48
102	884	Graça André	individual	Senior Feminino	54:07	54:01	10:49
103	882	Alzira Barbosa	individual	Senior Feminino	54:07	54:01	10:49
104	745	Rita Fernandes	individual	Senior Feminino	54:09	53:54	10:50
105	787	Isabel Marques	individual	Veterana F45	54:11	53:54	10:50
106	147	celeste correia	individual	Veterana F45	54:53	54:15	10:59
107	169	rosa figueiredo	individual	Veterana F45	54:54	54:16	10:59
108	158	maria isabel maia figueiredo	individual	Veterana F35	54:55	54:18	10:59
109	759	joao ferreira	individual	Senior Masculino	55:33	55:23	11:07
110	724	gina ferreira	individual	Veterana F45	55:33	55:23	11:07
111	717	carla manuela santos reis ferreira simões	individual	Senior Feminino	55:34	55:14	11:07
112	746	rosa santos	individual	Veterana F45	55:34	55:14	11:07
113	845	Susana Marques	sanfil	Veterana F35	55:38	55:29	11:08
114	872	Filipa Barradas	sanfil	Veterana F35	56:04	55:47	11:13
115	821	Ana Raquel Amado	sanfil	Senior Feminino	56:04	55:47	11:13
116	722	diana isabel almeida tenente	individual	Senior Feminino	56:12	55:52	11:14
117	719	célia figueira	individual	Veterana F35	56:13	55:53	11:15
118	749	Sara Catarina Teixeira	individual	Senior Feminino	56:20	55:51	11:16
119	718	Carolina Brito	individual	Senior Feminino	56:20	55:52	11:16
120	896	Jose Brandão	individual	Veterano M40	56:32	56:25	11:18
121	707	Ana Brito	individual	Veterana F45	57:54	57:26	11:35
122	900	Cristina Alegre	individual	Veterana F45	59:11	59:06	11:50
123	776	Filipa Damas Pinto	individual	Veterana F35	59:44	59:35	11:57
124	801	Ricardo Hugo Girão Soles	individual	Veterano M40	01:00:09	59:48	12:02
125	721	Daniela Alexandra Soles	individual	Senior Feminino	01:00:10	59:49	12:02
126	723	Érica Pinto Soles	individual	Senior Feminino	01:00:10	59:49	12:02
127	876	Francisco Barradas	sanfil	Veterano M60	01:00:40	01:00:22	12:08
128	729	Lara Antunes	individual	Senior Feminino	01:03:03	01:02:51	12:37

CORRIDA 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
129	844	Sofia Pedrosa	sanfil	Senior Feminino	01:03:21	01:02:46	12:40
130	871	Tiago Marchão	sanfil	Senior Masculino	01:03:22	01:02:46	12:40
131	874	Fernanda Monteiro	sanfil	Veterana F45	01:03:42	01:03:27	12:44
132	883	Isabel Ferraz	individual	Senior Feminino	01:04:06	01:03:58	12:49
133	879	Conceição Ferreira	individual	Senior Feminino	01:04:06	01:03:58	12:49
134	808	FERNANDA MARIA LEAL AMARAL MARQUES	individual	Veterana F45	01:04:08	01:03:40	12:50
135	813	JOAQUIM ANTONIO DOMINGOS CUNHA MARQUES	individual	Veterano M60	01:04:09	01:03:40	12:50
136	840	Matilde Simões Oliveira	sanfil	Senior Feminino	01:04:37	01:04:06	12:55
137	826	Cristina Martins	sanfil	Senior Feminino	01:04:38	01:04:06	12:56
138	862	José Augusto	sanfil	Senior Masculino	01:04:38	01:04:04	12:56
139	836	Lurdes Simões	sanfil	Senior Feminino	01:04:40	01:04:07	12:56
140	875	Maria José Barradas	sanfil	Veterana F45	01:05:51	01:05:32	13:10
141	775	Eunice Sandra Gomes de Oliveira	individual	Senior Feminino	01:10:22	01:09:55	14:04

Corrida 5KM

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	10:30	27,1ºC	36,1%
End	11:45	27,6ºC	36,7%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	737	Mariana Dias	Individual	Senior Feminino	28:45	+04:42	05:45
2	736	Maria Linpinsel Muñoz de Oliveira	Individual	Senior Feminino	29:35	+05:32	05:55
3	710	Ana Filipa dos Santos Monteiro	Individual	Senior Feminino	31:10	+07:07	06:14
4	709	Ana Escudeiro	Individual	Senior Feminino	31:11	+07:08	06:14
5	732	Magda Ruano	Individual	Senior Feminino	31:49	+07:46	06:22
6	715	Andreia Alves	Individual	Senior Feminino	32:07	+08:04	06:25
7	750	Sofia Pira Monteiro	Individual	Senior Feminino	32:53	+08:50	06:35
8	742	Patrícia Cadete	Individual	Senior Feminino	37:06	+13:03	07:25
9	748	Sandy Coelho	Individual	Senior Feminino	37:34	+13:31	07:31
10	818	Joana Rita Damas	Portuguese United Training Association	Senior Feminino	37:56	+13:53	07:35
11	705	Ana Beatriz da Silva Marques	Individual	Senior Feminino	39:16	+15:13	07:51
12	712	Ana Pira Portugal	Individual	Senior Feminino	39:35	+15:32	07:55
13	728	Joana Filipa Pereira Costa	Individual	Senior Feminino	40:54	+16:51	08:11
14	847	Teresa Baptista Simões	Sanfil	Senior Feminino	44:03	+20:00	08:49
15	738	Matilde da Mota Ferreira	Individual	Senior Feminino	45:37	+21:34	09:07
16	706	Ana Beatriz Reis Vilela	Individual	Senior Feminino	45:38	+21:35	09:08
17	725	Inês Baptista da Costa Santos	Individual	Senior Feminino	45:39	+21:36	09:08
18	740	Mónica Pratas Silva	Individual	Senior Feminino	45:40	+21:37	09:08
19	747	Sandra Matos	Individual	Senior Feminino	46:31	+22:28	09:18
20	893	Ana Lemos	Sanfil	Senior Feminino	46:57	+22:54	09:23
21	735	Maria Beatriz Vaz Martins	Individual	Senior Feminino	48:13	+24:10	09:39
22	708	Ana Catarina Vaz Martins	Individual	Senior Feminino	48:14	+24:11	09:39
23	733	Mara Filipa de Oliveira Lopes	Individual	Senior Feminino	48:15	+24:12	09:39
24	726	Inês Veloso	Individual	Senior Feminino	50:54	+26:51	10:11
25	711	Ana Lúcia Lopes Nunes	Individual	Senior Feminino	51:25	+27:22	10:17
26	854	Elsa Ferreira	Sanfil	Senior Feminino	52:03	+28:00	10:25
27	898	Joana Cardoso	SANFIL	Senior Feminino	52:04	+28:01	10:25
28	899	Adriana Cardoso	SANFIL	Senior Feminino	52:04	+28:01	10:25
29	713	Ana Ribeiro	Individual	Senior Feminino	52:05	+28:02	10:25
30	714	Ana Rita Dinis Mamede Reis	Individual	Senior Feminino	52:06	+28:03	10:25
31	720	Cláudia Almeida	Individual	Senior Feminino	52:06	+28:03	10:25
32	504	Helga Ferreira	Individual	Senior Feminino	52:36	+28:33	10:31
33	828	Filipa Nunes	Sanfil	Senior Feminino	53:49	+29:46	10:46
34	841	Raquel Abrantes	Sanfil	Senior Feminino	54:00	+29:57	10:48
35	884	Graça André	Individual	Senior Feminino	54:07	+30:04	10:49
36	882	Alzira Barbosa	Individual	Senior Feminino	54:07	+30:04	10:49
37	745	Rita Fernandes	Individual	Senior Feminino	54:09	+30:06	10:50
38	717	carla manuela santos reis ferreira simões	Individual	Senior Feminino	55:34	+31:31	11:07

Corrida 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

39	821	Ana Raquel Amado	Sanfil	Senior Feminino	56:04	+32:01	11:13
40	722	diana isabel almeida tenente	Individual	Senior Feminino	56:12	+32:09	11:14
41	749	Sara Catarina Teixeira	Individual	Senior Feminino	56:20	+32:17	11:16
42	718	Carolina Brito	Individual	Senior Feminino	56:20	+32:17	11:16
43	721	Daniela Alexandra Soles	Individual	Senior Feminino	01:00:10	+36:07	12:02
44	723	Érica Pinto Soles	Individual	Senior Feminino	01:00:10	+36:07	12:02
45	729	Lara Antunes	Individual	Senior Feminino	01:03:03	+39:00	12:37
46	844	Sofia Pedrosa	Sanfil	Senior Feminino	01:03:21	+39:18	12:40
47	883	Isabel Ferraz	Individual	Senior Feminino	01:04:06	+40:03	12:49
48	879	Conceição Ferreira	Individual	Senior Feminino	01:04:06	+40:03	12:49
49	840	Matilde Simões Oliveira	Sanfil	Senior Feminino	01:04:37	+40:34	12:55
50	826	Cristina Martins	Sanfil	Senior Feminino	01:04:38	+40:35	12:56
51	836	Lurdes Simões	Sanfil	Senior Feminino	01:04:40	+40:37	12:56
52	775	Eunice Sandra Gomes de Oliveira	Individual	Senior Feminino	01:10:22	+46:19	14:04

Senior Masculino

1	701	José Miguel	Escola futebol a. r. Casaense	Senior Masculino	24:03		04:49
2	766	Miguel António Simões Tavares	Individual	Senior Masculino	24:33	+00:30	04:55
3	762	João Tomás de Almeida Brandão	Individual	Senior Masculino	26:23	+02:20	05:17
4	897	Fernando Loureiro	Individual	Senior Masculino	26:47	+02:44	05:21
5	865	Manuel Baptista Simões	Sanfil	Senior Masculino	26:56	+02:53	05:23
6	877	ANDRÉ CORDEIRO	TRILHOS DE SICÓ	Senior Masculino	30:22	+06:19	06:04
7	758	João Abrantes	Individual	Senior Masculino	30:48	+06:45	06:10
8	769	Paulo Nuno Proença	Individual	Senior Masculino	31:08	+07:05	06:14
9	761	João Rainho	Individual	Senior Masculino	32:59	+08:56	06:36
10	804	Francisco Adrego de Melo Alvim	Individual	Senior Masculino	33:09	+09:06	06:38
11	10	João Lopes	Dragões do Vale de Vizela	Senior Masculino	33:48	+09:45	06:46
12	772	Tiago Antunes	Individual	Senior Masculino	34:18	+10:15	06:52
13	756	Henrique Miranda Raimundo	Individual	Senior Masculino	36:02	+11:59	07:12
14	881	Jorge Barbosa	Individual	Senior Masculino	36:25	+12:22	07:17
15	770	Rodrigo Pereira	Individual	Senior Masculino	36:55	+12:52	07:23
16	880	Fernando Ferreira	Individual	Senior Masculino	38:22	+14:19	07:40
17	751	Aldo César Filgueiras Gaudencio	Individual	Senior Masculino	44:10	+20:07	08:50
18	763	José Miguel	Individual	Senior Masculino	45:41	+21:38	09:08
19	752	André Dinis de Seabra e Silva	Individual	Senior Masculino	46:07	+22:04	09:13
20	755	Diogo Pereira Carvalho	Individual	Senior Masculino	48:17	+24:14	09:39
21	771	Simão Alves Dias	Individual	Senior Masculino	51:42	+27:39	10:20
22	859	João Ferreira	Sanfil	Senior Masculino	51:57	+27:54	10:23
23	858	João Afonso Athayde	Sanfil	Senior Masculino	52:17	+28:14	10:27
24	886	Diogo Monteiro	SANFIL	Senior Masculino	54:00	+29:57	10:48
25	759	joao ferreira	Individual	Senior Masculino	55:33	+31:30	11:07
26	871	Tiago Marchão	Sanfil	Senior Masculino	01:03:22	+39:19	12:40
27	862	José Augusto	Sanfil	Senior Masculino	01:04:38	+40:35	12:56

Corrida 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F35

1	774	Catarina Sofia Barbosa de Oliveira Henriques	Individual	Veterana F35	31:22	+07:19	06:16
2	773	Catarina Cristina Carreira Simões	Individual	Veterana F35	33:57	+09:54	06:47
3	797	Maria Lurdes Neves	Individual	Veterana F35	34:33	+10:30	06:55
4	783	SOFIA ALEXANDRA RUSSO RODEIA SIMÕES	Individual	Veterana F35	35:58	+11:55	07:12
5	778	ISABEL MARIA CARREIRA SIMOES	Individual	Veterana F35	36:01	+11:58	07:12
6	819	Cláudia Isabel Mendes	Portuguese United Training Association	Veterana F35	37:56	+13:53	07:35
7	873	Teresa Baptista	Sanfil	Veterana F35	44:00	+19:57	08:48
8	730	Lia Lopes	Individual	Veterana F35	45:58	+21:55	09:12
9	777	Graça Cristina da Cruz Seabra	Individual	Veterana F35	51:27	+27:24	10:17
10	781	Marta Sofia Rodrigues Alves	Individual	Veterana F35	51:41	+27:38	10:20
11	780	Maria José Duarte	Individual	Veterana F35	52:06	+28:03	10:25
12	795	Nancy Fueyo Ferreira	Individual	Veterana F35	52:29	+28:26	10:30
13	158	maria isabel maia figueiredo	Individual	Veterana F35	54:55	+30:52	10:59
14	845	Susana Marques	Sanfil	Veterana F35	55:38	+31:35	11:08
15	872	Filipa Barradas	Sanfil	Veterana F35	56:04	+32:01	11:13
16	719	célia figueira	Individual	Veterana F35	56:13	+32:10	11:15
17	776	Filipa Damas Pinto	Individual	Veterana F35	59:44	+35:41	11:57

Veterana F45

1	727	ivone dilella abichara	Individual	Veterana F45	34:26	+10:23	06:53
2	743	paula de fatima dias martins	Individual	Veterana F45	34:26	+10:23	06:53
3	786	Fernanda da Slva Duarte Marques	Individual	Veterana F45	34:42	+10:39	06:56
4	791	Rita Mafalda Rocha Sousa do Carmo Fernando	Individual	Veterana F45	36:12	+12:09	07:14
5	785	DEOLINDA HENRIQUES DA SILVA ALVES	Individual	Veterana F45	36:44	+12:41	07:21
6	805	Manuela Veloso	Individual	Veterana F45	38:23	+14:20	07:41
7	806	maria de fátima rodrigues	Individual	Veterana F45	38:34	+14:31	07:43
8	703	Adelaide Gonçalves Pereira	Individual	Veterana F45	40:53	+16:50	08:11
9	744	Raquel Regina Duarte Moreira	Individual	Veterana F45	43:31	+19:28	08:42
10	790	Maria Margarida Vilhena Leitão	Individual	Veterana F45	46:08	+22:05	09:14
11	789	Maria de Nazaré Faria da Cunha Veiga	Individual	Veterana F45	50:55	+26:52	10:11
12	739	Matilde Santiago Ramalho	Individual	Veterana F45	51:08	+27:05	10:14
13	810	Maria Gorete Vaz	Individual	Veterana F45	51:37	+27:34	10:19
14	741	Olimpia Santos	Individual	Veterana F45	52:25	+28:22	10:29
15	784	Amélia Martins	Individual	Veterana F45	52:43	+28:40	10:33
16	787	Isabel Marques	Individual	Veterana F45	54:11	+30:08	10:50
17	147	celeste correia	Individual	Veterana F45	54:53	+30:50	10:59
18	169	rosa figueiredo	Individual	Veterana F45	54:54	+30:51	10:59
19	724	gina ferreira	Individual	Veterana F45	55:33	+31:30	11:07
20	746	rosa santos	Individual	Veterana F45	55:34	+31:31	11:07

Corrida 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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21	707	Ana Brito	Individual	Veterana F45	57:54	+33:51	11:35
22	900	Cristina Alegre	Individual	Veterana F45	59:11	+35:08	11:50
23	874	Fernanda Monteiro	Sanfil	Veterana F45	01:03:42	+39:39	12:44
24	808	FERNANDA MARIA LEAL AMARAL MARQUES	Individual	Veterana F45	01:04:08	+40:05	12:50
25	875	Maria José Barradas	Sanfil	Veterana F45	01:05:51	+41:48	13:10

Veterano M35

1	793	Anabela Figueiredo	Individual	Veterano M35	29:06	+05:03	05:49
2	792	Agostinho José Carvalho Cortez	Individual	Veterano M35	38:58	+14:55	07:48
3	702	Miguel Martins	Escola futebol a. r. Casaense	Veterano M35	40:58	+16:55	08:12
4	794	Joao Duarte	Individual	Veterano M35	53:04	+29:01	10:37

Veterano M40

1	799	Luís da Costa Simões Brandão	Individual	Veterano M40	27:30	+03:27	05:30
2	798	António Figueiredo	Individual	Veterano M40	29:06	+05:03	05:49
3	796	Vítor Duarte	Individual	Veterano M40	34:17	+10:14	06:51
4	802	Sérgio Pereira	Individual	Veterano M40	36:55	+12:52	07:23
5	896	Jose Brandão	Individual	Veterano M40	56:32	+32:29	11:18
6	801	Ricardo Hugo Girão Soles	Individual	Veterano M40	01:00:09	+36:06	12:02

Veterano M45

1	803	António José Ferreira Pratas	Individual	Veterano M45	29:32	+05:29	05:54

Veterano M50

1	765	Mario Rodrigues	Individual	Veterano M50	52:26	+28:23	10:29

Veterano M55

1	811	Milton Vivas	Individual	Veterano M55	40:34	+16:31	08:07
2	807	Diamantino Vasco Fernandes	Individual	Veterano M55	48:43	+24:40	09:45
3	809	Joaquim Augusto Camejo Martins	Individual	Veterano M55	51:37	+27:34	10:19
4	800	Mário Antunes	Individual	Veterano M55	53:04	+29:01	10:37

Veterano M60

1	814	Jorge Veloso	Individual	Veterano M60	38:43	+14:40	07:45
2	815	manuel ferreira	Individual	Veterano M60	49:43	+25:40	09:57
3	876	Francisco Barradas	Sanfil	Veterano M60	01:00:40	+36:37	12:08

Corrida 5KM

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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4	813	JOAQUIM ANTONIO DOMINGOS CUNHA MARQUES	Individual	Veterano M60	01:04:09	+40:06	12:50