

| #  | Nome                            | Equipa                          | Dorsal | Tempo        | Diferença    |
|----|---------------------------------|---------------------------------|--------|--------------|--------------|
| 1  | nuno lopes                      | centro de atletismo de seia     | 97     | 00:33:20.583 | ----         |
| 2  | Tiago Machado                   | Casa do Povo de Mangualde       | 41     | 00:34:37.629 | 00:01:17.046 |
| 3  | Nelson Santos                   | Dão Nelas Runners               | 49     | 00:35:44.576 | 00:02:23.993 |
| 4  | Carlos Nunes                    | Casa do Povo de Mangualde       | 70     | 00:37:02.409 | 00:03:41.826 |
| 5  | Feliciano Silva                 | Individual                      | 45     | 00:37:39.824 | 00:04:19.241 |
| 6  | DAVID GOSLIN                    | LES ESQUIROS                    | 61     | 00:38:20.179 | 00:04:59.596 |
| 7  | Jorge Loureiro                  | Dínamo Clube Estação            | 67     | 00:38:52.204 | 00:05:31.621 |
| 8  | André Silva Rebelo              | André                           | 85     | 00:39:56.166 | 00:06:35.583 |
| 9  | Renato Amaral                   | BixosTrailTeam                  | 53     | 00:39:58.208 | 00:06:37.625 |
| 10 | Vanda Ribeiro                   | GRECAS                          | 62     | 00:40:04.373 | 00:06:43.790 |
| 11 | José António Figueiredo Fonseca | RUNNER'S DO DEMO                | 43     | 00:40:46.179 | 00:07:25.596 |
| 12 | Lídia Pereira                   | GDR GRANJA - TRUTAS DO MAU      | 30     | 00:40:48.640 | 00:07:28.057 |
| 13 | Alexandre Marques               | União Clube Eirense             | 33     | 00:40:51.409 | 00:07:30.826 |
| 14 | Cláudio Queiroga                | desportosatao@hotmail.com       | 100    | 00:40:58.972 | 00:07:38.389 |
| 15 | Pedro Ramos                     | GRCD Leão                       | 20     | 00:41:21.135 | 00:08:00.552 |
| 16 | Luis Junior                     | individual                      | 14     | 00:41:29.213 | 00:08:08.630 |
| 17 | Nuno Miguel Fernandes Vaz       | Clínica FísioSátão              | 34     | 00:41:59.466 | 00:08:38.883 |
| 18 | Filipe Cruzeiro                 | Clínica FísioSátão              | 35     | 00:42:01.282 | 00:08:40.699 |
| 19 | António José Cunha Lourenço     | Individual                      | 19     | 00:42:47.387 | 00:09:26.804 |
| 20 | rui gomes                       | GD OS RIBEIRINHOS               | 71     | 00:42:52.650 | 00:09:32.067 |
| 21 | José Carlos Almeida Ramalho     | Zaatam Runners                  | 81     | 00:43:03.759 | 00:09:43.176 |
| 22 | José Santos Gomes               | SpotCriativo Viseu Running Team | 10     | 00:43:07.096 | 00:09:46.513 |
| 23 | Micael Silva Lopes              | WISEU 360                       | 6      | 00:43:24.792 | 00:10:04.209 |
| 24 | Patrícia                        | individual                      | 68     | 00:43:30.751 | 00:10:10.168 |
| 25 | Joao Marques                    | Zaatam Runners                  | 40     | 00:43:45.419 | 00:10:24.836 |
| 26 | António Melo Frias lopes        | correrviseu                     | 96     | 00:43:48.159 | 00:10:27.576 |
| 27 | Miguel Campos                   | Correr Viseu                    | 11     | 00:43:49.915 | 00:10:29.332 |
| 28 | António Pereira                 | individual                      | 22     | 00:43:55.059 | 00:10:34.476 |
| 29 | Rebelo                          | Particular                      | 18     | 00:44:06.556 | 00:10:45.973 |
| 30 | Paulo Marques                   | SS CGD                          | 47     | 00:44:51.062 | 00:11:30.479 |
| 31 | Amadeu Lopes                    | Não tenho                       | 2      | 00:45:15.788 | 00:11:55.205 |
| 32 | Luis Miguel Ribeiro de Faria    | individual                      | 32     | 00:45:22.007 | 00:12:01.424 |
| 33 | José Alberto Pereira Monteiro   | GDC BANCO de PORTUGAL           | 48     | 00:45:23.939 | 00:12:03.356 |
| 34 | Nuno Ribeiro                    | WISEU 360                       | 66     | 00:45:34.836 | 00:12:14.253 |
| 35 | Rui Coelho                      | Individual                      | 94     | 00:45:36.724 | 00:12:16.141 |
| 36 | Marilyne Rua Marques            | GDR Granja - Trutas do Mau      | 76     | 00:45:38.302 | 00:12:17.719 |
| 37 | MARIA PEREIRA                   | DÍNAMO CLUBE ESTAÇÃO            | 69     | 00:46:17.788 | 00:12:57.205 |
| 38 | António Gomes                   | Eu                              | 13     | 00:46:48.361 | 00:13:27.778 |
| 39 | Ricardo Santinha                | viseu 360                       | 92     | 00:46:54.345 | 00:13:33.762 |
| 40 | José Carlos Paiva Cardoso       | sem equipa                      | 77     | 00:46:56.385 | 00:13:35.802 |
| 41 | Mário Fernandes Morais          | Individual                      | 27     | 00:46:59.659 | 00:13:39.076 |
| 42 | Rui Almeida                     | Zaatam Runners                  | 9      | 00:47:12.042 | 00:13:51.459 |
| 43 | Ricardo Mendes                  | Viseu 360                       | 90     | 00:47:36.373 | 00:14:15.790 |
| 44 | Carlos Marinho                  | CM                              | 55     | 00:48:03.787 | 00:14:43.204 |
| 45 | Tozé Almeida                    | Zaatam Runner                   | 91     | 00:48:35.512 | 00:15:14.929 |

| #  | Nome                                           | Equipa                                | Dorsal | Tempo        | Diferença    |
|----|------------------------------------------------|---------------------------------------|--------|--------------|--------------|
| 46 | Tiago Alexandre Quental Couto                  | Individual                            | 8      | 00:48:43.069 | 00:15:22.486 |
| 47 | Tiago Pinto                                    | Correr Lisboa                         | 3      | 00:48:49.396 | 00:15:28.813 |
| 48 | JOSÉ FIGUEIREDO RODRIGUES                      | Patricios                             | 29     | 00:49:28.177 | 00:16:07.594 |
| 49 | Artur Jorge Oliveira Santos                    | Runners SERNANCELHE Terra da Castanha | 59     | 00:49:58.773 | 00:16:38.190 |
| 50 | Nuno Almeida                                   | Individual                            | 17     | 00:50:09.464 | 00:16:48.881 |
| 51 | Manuel Pina                                    | individual                            | 24     | 00:50:48.575 | 00:17:27.992 |
| 52 | Paulo Paixão                                   | Zaatam Runners                        | 88     | 00:50:51.765 | 00:17:31.182 |
| 53 | Guida Sofia Cardoso Gonçalves                  | Não Tenho.                            | 12     | 00:50:54.842 | 00:17:34.259 |
| 54 | Lisandra Pacheco Albuquerque                   | x                                     | 99     | 00:50:59.256 | 00:17:38.673 |
| 55 | Raquel Ferreira                                | Correr + Aguiar                       | 5      | 00:51:09.881 | 00:17:49.298 |
| 56 | Marco Aurélio Cardoso Lopes                    | correr+ Aguiar da Beira               | 84     | 00:51:13.268 | 00:17:52.685 |
| 57 | Francisco José Lopes Moreira                   | Runners SERNANCELHE Terra da Castanha | 82     | 00:51:23.298 | 00:18:02.715 |
| 58 | Sara Isabel Pina Amaral                        | Nenhuma                               | 54     | 00:51:47.782 | 00:18:27.199 |
| 59 | Rita Pereira                                   | Individual                            | 23     | 00:52:08.544 | 00:18:47.961 |
| 60 | Sérgio Antunes                                 | individual                            | 15     | 00:52:30.956 | 00:19:10.373 |
| 61 | Santiago                                       | GuardaRunners                         | 75     | 00:53:25.289 | 00:20:04.706 |
| 62 | David REbelo                                   | sem equipa                            | 58     | 00:53:28.283 | 00:20:07.700 |
| 63 | ISABEL INACIO                                  | Correr Viseu                          | 95     | 00:54:34.401 | 00:21:13.818 |
| 64 | Ana Lopes                                      | Zattam runners                        | 98     | 00:54:41.903 | 00:21:21.320 |
| 65 | Hermínio Figueiredo do Amaral                  | Individual                            | 73     | 00:54:47.800 | 00:21:27.217 |
| 66 | Jacinta Silva de Almeida Alves                 | Sozinha                               | 46     | 00:54:49.710 | 00:21:29.127 |
| 67 | António Marques                                | individual                            | 44     | 00:55:00.517 | 00:21:39.934 |
| 68 | Carlos Teixeira                                | Tondela Runners                       | 39     | 00:56:02.219 | 00:22:41.636 |
| 69 | Henrique Lopes                                 | Clínica Físiosátão                    | 36     | 00:56:08.711 | 00:22:48.128 |
| 70 | Catarina Rebelo                                | Katas                                 | 74     | 00:56:11.718 | 00:22:51.135 |
| 71 | Jose Carlos Fernandes Oliveira                 | RUNNER'S DO DEMO                      | 86     | 00:56:19.778 | 00:22:59.195 |
| 72 | Inês Nunes                                     | As lontras olímpicas                  | 42     | 00:57:34.110 | 00:24:13.527 |
| 73 | Luis Abadias Palacin                           | Pratenc                               | 50     | 00:58:37.612 | 00:25:17.029 |
| 74 | Maria do ceu ferreira Ribeiro Duarte           | Individual                            | 64     | 01:00:22.156 | 00:27:01.573 |
| 75 | Cristina Almeida                               | WISEU 360                             | 65     | 01:00:39.905 | 00:27:19.322 |
| 76 | Fernando Pestana                               | GRCD Leão                             | 21     | 01:00:47.980 | 00:27:27.397 |
| 77 | Carmen Garcia Frontons                         | Pratenc                               | 51     | 01:00:53.963 | 00:27:33.380 |
| 78 | Henrique Vilhena                               | Correr Queluz                         | 31     | 01:01:30.751 | 00:28:10.168 |
| 79 | Sónia Gomes                                    | RUNNER'S DO DEMO                      | 101    | 01:01:42.671 | 00:28:22.088 |
| 80 | Graça Costa                                    | RUNNER'S DO DEMO                      | 93     | 01:01:47.346 | 00:28:26.763 |
| 81 | Sónia Cristina Rodrigues Marques               | Never Back Down                       | 78     | 01:01:50.637 | 00:28:30.054 |
| 82 | Daniel Filipe Monteiro Coelho                  | Never Back Down                       | 79     | 01:01:53.349 | 00:28:32.766 |
| 83 | Luis Filipe Linhares dos Santos                | Zaatam Runners                        | 38     | 01:02:13.675 | 00:28:53.092 |
| 84 | José Luís Godinho dos Santos Campino           | Runners SERNANCELHE Terra da Castanha | 83     | 01:03:17.071 | 00:29:56.488 |
| 85 | Maria de Lurdes Ferreira Caiado                | Runners SERNANCELHE Terra da Castanha | 63     | 01:03:18.713 | 00:29:58.130 |
| 86 | Elisabete Cristina Amaral Figueiredo Lopes Rey | Bombeiros Voluntários de Sátão        | 60     | 01:06:21.587 | 00:33:01.004 |
| 87 | Carlos Agostinho Rodrigues Sousa               | Zaatam Runners                        | 57     | 01:06:48.695 | 00:33:28.112 |
| 88 | Carlos Gabriel Sousa Almeida                   | Zaatam Runners                        | 56     | 01:06:54.831 | 00:33:34.248 |
| 89 | susana amaral ferreira                         | WISEU 360                             | 7      | 01:07:21.101 | 00:34:00.518 |
| 90 | Carla Ferreira                                 | Correr Lisboa                         | 4      | 01:09:36.895 | 00:36:16.312 |

| #  | Nome                         | Equipa         | Dorsal | Tempo        | Diferença    |
|----|------------------------------|----------------|--------|--------------|--------------|
| 91 | Sandra Isabel Reinas Antunes | individual     | 16     | 01:09:50.008 | 00:36:29.425 |
| 92 | Rita Marques                 | SS CGD         | 26     | 01:11:21.869 | 00:38:01.286 |
| 93 | Elisabete Almeida            | Zaatam Runners | 37     | 01:13:27.339 | 00:40:06.756 |
| -- | Hermínio da Cruz Lopes       | Hermínio Lopes | 87     | --:--:-- (D) | ----         |
| -- | juliana catia almeida santos |                | 25     | --:--:-- (D) | ----         |
| -- | Paulo Amaral                 | As Vedetas     | 52     | --:--:-- (D) | ----         |
| -- | Bruno Henriques              | BGA            | 89     | --:--:-- (D) | ----         |