

TRAIL LONGO - STAGE 1

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	13.6°C	92%
End	19:05	13.6°C	92%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	3000	Xerife	sim summit	Senior Masculino	04:30:27		06:01
2	396	Telmo Veloso	edv-viana trail	Veterano M40	04:46:53	+16:25	06:23
3	328	Ricardo Manuel Vieira	brabus runners	Veterano M40	04:55:21	+24:54	06:34
4	363	Filipe Braz	moloni running team	Veterano M40	05:07:26	+36:59	06:50
5	406	Vasco Carvalho	icarus running team	Senior Masculino	05:09:49	+39:22	06:53
6	304	Bruno Silva	bravos&bravitas run	Senior Masculino	05:13:34	+43:07	06:58
7	368	Jorge Pedroso	amigos do atletismo de mafra	Veterano M40	05:14:04	+43:36	06:59
8	388	Telmo Silva	a.d.amarante	Veterano M40	05:14:20	+43:52	06:59
9	382	Rogério Vicente	gtt-amazém do café	Veterano M40	05:31:23	+01:00:55	07:22
10	344	Ricardo Ribeiro	brabus runners	Senior Masculino	05:37:44	+01:07:16	07:30
11	367	Pedro Morgado	gdcr lajes	Senior Masculino	05:39:29	+01:09:01	07:33
12	272	Germano Cardoso	pai	Veterano M40	05:40:34	+01:10:06	07:34
13	405	Paula Barbosa	oralklass - amigos do trail	Veterana F40	05:43:14	+01:12:46	07:38
14	346	Toninho99	team trail bem viver	Senior Masculino	05:43:55	+01:13:28	07:39
15	360	Vasco Ferreira	brabus runners	Senior Masculino	05:45:03	+01:14:35	07:40
16	317	Sergio santos	douroconta	Veterano M40	05:49:34	+01:19:07	07:46
17	397	Susana	edv-viana trail	Veterana F40	05:51:28	+01:21:01	07:49
18	270	Nuno Moreira	team tt	Senior Masculino	05:55:45	+01:25:17	07:54
19	3002	Bruno Cunha	brabus runners	Senior Masculino	06:02:12	+01:31:44	08:03
20	281	Jorge Moreira	amigos do pedal trailagares	Veterano M50	06:05:38	+01:35:11	08:08
21	335	Rita Marques	amigos do atletismo de mafra	Senior Feminino	06:07:47	+01:37:20	08:10
22	355	Tiago Marques	amigos do atletismo de mafra	Senior Masculino	06:07:47	+01:37:20	08:10
23	279	António Morgado	chitas de alcobaça	Veterano M50	06:11:52	+01:41:25	08:16
24	362	Tó Vieira	moloni running team	Veterano M50	06:12:27	+01:42:00	08:17
25	280	Manuel Pinheiro	fridão sem limites	Veterano M50	06:15:30	+01:45:03	08:21
26	343	Susana Rodrigues	clube atletismo fafe	Senior Feminino	06:17:31	+01:47:03	08:23
27	324	Fernando Pereira	brabus runners	Senior Masculino	06:20:54	+01:50:26	08:28
28	336	Filipe Silva	amigos do atletismo de mafra	Veterano M40	06:21:41	+01:51:13	08:29
29	401	Jorge Barbosa	paredes aventura	Veterano M40	06:26:53	+01:56:25	08:36
30	398	GRILO	grupo alegre e unido bajouca	Senior Masculino	06:27:33	+01:57:05	08:37
31	385	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	06:28:30	+01:58:03	08:38
32	3004	Ricardo Santa	#geraçãoceleiro	Veterano M40	06:33:34	+02:03:06	08:45
33	379	Sergio Mota	les coupains dou trail	Veterano M40	06:35:16	+02:04:48	08:47
34	305	Jorge Queirós	bravos&bravitas run	Veterano M40	06:36:38	+02:06:10	08:49
35	306	Daniel Oliveira	bravos&bravitas run	Senior Masculino	06:36:38	+02:06:11	08:49
36	3003	Ricardo Sampaio	brabus runners	Veterano M40	06:44:28	+02:14:01	08:59
37	295	Rúben Alves	carpediemtrailrunning	Veterano M40	06:51:32	+02:21:04	09:09
38	371	Gabriela Fonseca	dive into the mountains	Senior Feminino	06:51:37	+02:21:10	09:09
39	356	Vitor Cancela	individual	Veterano M40	06:53:27	+02:22:59	09:11
40	403	Emidio Santos	individual	Veterano M50	06:54:00	+02:23:32	09:12
41	282	João Oliveira	amigos 100 limites	Senior Masculino	06:57:03	+02:26:35	09:16
42	284	Tiago Dordio	rota d'ossa	Veterano M40	06:58:24	+02:27:56	09:18

TRAIL LONGO - STAGE 1

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	351	Miguel DE OLIVEIRA	les coupains dou trail	Veterano M40	06:58:35	+02:28:07	09:18
44	296	Paulo Ferreira	talentos team	Veterano M50	07:01:57	+02:31:29	09:23
45	323	Vitor Rio	s. s. montepio	Senior Masculino	07:03:01	+02:32:34	09:24
46	316	João André Oliveira	cookie & toneca	Senior Masculino	07:04:18	+02:33:50	09:26
47	370	Álvaro Santos	individual	Veterano M40	07:05:58	+02:35:30	09:28
48	308	Patricia Santos	bravos&bravitas run	Senior Feminino	07:06:20	+02:35:52	09:28
49	307	Rui Teixeira	bravos&bravitas run	Senior Masculino	07:06:33	+02:36:05	09:29
50	265	Emanuel Maio	honra team	Veterano M40	07:08:12	+02:37:44	09:31
51	389	Ricardo Leão	a.d.amarante	Senior Masculino	07:08:12	+02:37:44	09:31
52	264	Paulinho	honra team	Senior Masculino	07:08:12	+02:37:44	09:31
53	297	Vasconcelos	individual	Senior Masculino	07:09:01	+02:38:33	09:32
54	409	Pedro Vidal	os finos	Veterano M40	07:11:36	+02:41:08	09:35
55	410	Paulo Fernandes	barrancos fc/biogado	Veterano M40	07:17:55	+02:47:27	09:44
56	386	Manuel Faria Sampaio	individual	Veterano M60	07:20:38	+02:50:11	09:48
57	285	NICO	rota d'ossa	Senior Masculino	07:20:53	+02:50:25	09:48
58	399	Carlos Mourato	rota d'ossa	Senior Masculino	07:20:58	+02:50:30	09:48
59	400	Marco Raminhos	rota d'ossa	Senior Masculino	07:21:00	+02:50:32	09:48
60	339	Ricardo Fernandes	team trail bem viver	Senior Masculino	07:21:16	+02:50:48	09:48
61	302	Sandra Ferreira	boavista trail	Veterana F40	07:21:19	+02:50:51	09:48
62	408	Paula Santos	zenbio	Veterana F40	07:21:19	+02:50:51	09:48
63	378	Luz Paulo	club de montanhismo da guarda	Veterana F50	07:25:33	+02:55:05	09:54
64	312	Márcio Rodrigues	hct running team	Senior Masculino	07:26:09	+02:55:41	09:55
65	521	Diogo Resende	vila nova de gaia	Senior Masculino	07:33:06	+03:02:38	10:04
66	274	Daniel Chacamaná	runners do demo	Senior Masculino	07:34:08	+03:03:40	10:06
67	273	David Santos	esgalhada trail team	Senior Masculino	07:34:08	+03:03:40	10:06
68	333	Belém Sampaio-Marques	adosa - os santa apolónia	Veterana F40	07:36:41	+03:06:13	10:09
69	377	Joana Eira	calma - tomar	Senior Feminino	07:37:48	+03:07:20	10:10
70	311	Vitor Dias	clube trilheiros & amigos	Senior Masculino	07:38:18	+03:07:50	10:11
71	402	Paulo Leite	v.n.guia	Veterano M50	07:39:48	+03:09:20	10:13
72	342	Paulo Ferreira	running espinho	Veterano M40	07:43:55	+03:13:27	10:19
73	315	Pedro Bôto	o mundo da corrida	Veterano M40	07:43:55	+03:13:27	10:19
74	345	Sérgio Rodrigues	individual	Veterano M60	07:46:00	+03:15:32	10:21
75	3001	Victor Carvalhais	individual	Veterano M50	07:46:49	+03:16:21	10:22
76	303	Mike	bravos&bravitas run	Veterano M40	07:49:47	+03:19:19	10:26
77	387	Carlos Natividade Silva	sim summit	Veterano M50	07:55:01	+03:24:33	10:33
78	278	Eduardo Amaral	caldas team	Veterano M40	07:56:40	+03:26:12	10:36
79	359	Catarina Costa	desnivel positivo	Veterana F40	08:01:00	+03:30:33	10:41
80	338	Romeo De Carvalho	individual	Veterano M40	08:03:10	+03:32:43	10:44
81	354	Inês Pinto Monteiro	kaninos	Senior Feminino	08:03:22	+03:32:55	10:45
82	349	Pedro Mansilha	individual	Senior Masculino	08:03:23	+03:32:56	10:45
83	267	Marta Parrilha	chitas de alcobaça	Senior Feminino	08:07:32	+03:37:05	10:50
84	293	João Guerra	hct running team	Veterano M40	08:10:13	+03:39:46	10:54
85	313	Ricardo Seara	hct running team	Veterano M40	08:10:14	+03:39:47	10:54
86	376	Carlos Eira	calma - tomar	Veterano M50	08:20:19	+03:49:52	11:07
87	326	Tom Lehane	individual	Veterano M60	08:23:33	+03:53:05	11:11
88	327	Nikki Smith	individual	Veterana F50	08:23:33	+03:53:06	11:11

TRAIL LONGO - STAGE 1

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
89	286	Ruben M.	rota d'ossa	Senior Masculino	08:24:33	+03:54:05	11:13
90	283	Luis Santiago	rota d'ossa	Veterano M50	08:24:41	+03:54:13	11:13
91	287	Nuno Almeida	rota d'ossa	Senior Masculino	08:24:41	+03:54:13	11:13
92	277	Artur Fonseca	ruptura total	Veterano M40	08:27:16	+03:56:48	11:16
93	309	José Liberato	gdctin casa da moeda	Veterano M40	08:29:39	+03:59:12	11:20
94	332	Patrícia	individual	Senior Feminino	08:29:39	+03:59:12	11:20
95	321	Cesario Leite	brabus runners	Senior Masculino	08:46:13	+04:15:45	11:42
96	407	Vitor Ribeiro	brabus runners	Senior Masculino	08:46:13	+04:15:46	11:42
97	341	Ida Rust	individual	Senior Feminino	08:53:35	+04:23:07	11:51
98	375	Miguel Vitorino	caracol trail team	Veterano M40	09:00:54	+04:30:27	12:01
99	318	Lúcio Tomé	chitas de alcobaça	Senior Masculino	09:10:51	+04:40:23	12:14
100	384	Filipe Barosa	individual	Senior Masculino	09:13:04	+04:42:36	12:17
101	353	Fernando Cunha	a. d. carril #oquequeremosémonte	Senior Masculino	09:33:39	+05:03:11	12:45
102	350	César Lobo	a. d. carril #oquequeremosémonte	Veterano M40	09:33:39	+05:03:11	12:45
103	292	Diana Dias	daproduções	Senior Feminino	09:38:43	+05:08:16	12:52
104	291	José Carlos Silva	clube trilheiros & amigos	Senior Masculino	09:38:47	+05:08:19	12:52
105	330	Bruno Pinheiro	individual	Senior Masculino	09:39:05	+05:08:37	12:52
106	372	Alcindo Silva	individual	Veterano M40	09:45:13	+05:14:46	13:00
107	298	Tiago Quadros	individual	Veterano M40	09:48:09	+05:17:41	13:04
108	337	Alexandre Ribeiro	guimarunning	Senior Masculino	10:08:30	+05:38:02	13:31
109	289	Marco Carvalho	armotorsport	Veterano M40	10:36:32	+06:06:04	14:09
110	294	David Clemente	associação 20kms de almeirim	Senior Masculino	10:36:36	+06:06:08	14:09



45 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	13.6°C	92%
End	19:05	13.6°C	92%

Senior Feminino

Senior Masculino

Official Timekeeper: Lap2Go	1 / 4	generate 05-Oct-2019 20:58
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Trail Longo

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

26	312	Márcio Rodrigues	HCT Running Team	Senior Masculino	07:26:09	+02:55:41	09:55
27	521	Diogo Resende	Vila Nova de Gaia	Senior Masculino	07:33:06	+03:02:38	10:04
28	274	Daniel Chacamaná	RUNNERS DO DEMO	Senior Masculino	07:34:08	+03:03:40	10:06
29	273	David Santos	Esgalhada Trail Team	Senior Masculino	07:34:08	+03:03:40	10:06
30	311	Vitor Dias	Clube Trilheiros & amigos	Senior Masculino	07:38:18	+03:07:50	10:11
31	349	Pedro Mansilha	Individual	Senior Masculino	08:03:23	+03:32:56	10:45
32	286	Ruben M.	Rota D'Ossa	Senior Masculino	08:24:33	+03:54:05	11:13
33	287	Nuno Almeida	Rota D'Ossa	Senior Masculino	08:24:41	+03:54:13	11:13
34	321	Cesario Leite	Brabus Runners	Senior Masculino	08:46:13	+04:15:45	11:42
35	407	Vitor Ribeiro	Brabus Runners	Senior Masculino	08:46:13	+04:15:46	11:42
36	318	Lúcio Tomé	Chitas de Alcobaça	Senior Masculino	09:10:51	+04:40:23	12:14
37	384	Filipe Barosa	Individual	Senior Masculino	09:13:04	+04:42:36	12:17
38	353	Fernando Cunha	A. D. Carril #oquequeremosémonte	Senior Masculino	09:33:39	+05:03:11	12:45
39	291	José Carlos Silva	Clube Trilheiros & amigos	Senior Masculino	09:38:47	+05:08:19	12:52
40	330	Bruno Pinheiro	Individual	Senior Masculino	09:39:05	+05:08:37	12:52
41	337	Alexandre Ribeiro	Guimarunning	Senior Masculino	10:08:30	+05:38:02	13:31
42	294	David Clemente	Associação 20Kms de Almeirim	Senior Masculino	10:36:36	+06:06:08	14:09

Veterana F40

1	405	Paula Barbosa	Oralklass - Amigos Do Trail	Veterana F40	05:43:14	+01:12:46	07:38
2	397	Susana	EDV-VIANA TRAIL	Veterana F40	05:51:28	+01:21:01	07:49
3	302	Sandra Ferreira	Boavista Trail	Veterana F40	07:21:19	+02:50:51	09:48
4	408	Paula Santos	ZENBIO	Veterana F40	07:21:19	+02:50:51	09:48
5	333	Belém Sampaio-Marques	Adosa - Os Santa Apolónia	Veterana F40	07:36:41	+03:06:13	10:09
6	359	Catarina Costa	DESNIVEL POSITIVO	Veterana F40	08:01:00	+03:30:33	10:41

Veterana F50

1	378	Luz Paulo	Club de montanhismo da guarda	Veterana F50	07:25:33	+02:55:05	09:54
2	327	Nikki Smith	Individual	Veterana F50	08:23:33	+03:53:06	11:11

Veterano M40

1	396	Telmo Veloso	EDV-VIANA TRAIL	Veterano M40	04:46:53	+16:25	06:23
2	328	Ricardo Manuel Vieira	Brabus Runners	Veterano M40	04:55:21	+24:54	06:34
3	363	Filipe Braz	Moloni Running Team	Veterano M40	05:07:26	+36:59	06:50
4	368	Jorge Pedroso	Amigos do Atletismo de Mafra	Veterano M40	05:14:04	+43:36	06:59
5	388	Telmo Silva	A.D.Amarante	Veterano M40	05:14:20	+43:52	06:59
6	382	Rogério Vicente	Gtt-Amazém do Café	Veterano M40	05:31:23	+01:00:55	07:22
7	272	Germano Cardoso	PAI	Veterano M40	05:40:34	+01:10:06	07:34
8	317	Sergio santos	Douroconta	Veterano M40	05:49:34	+01:19:07	07:46
9	336	Filipe Silva	Amigos do Atletismo de Mafra	Veterano M40	06:21:41	+01:51:13	08:29
10	401	Jorge Barbosa	PAREDES AVENTURA	Veterano M40	06:26:53	+01:56:25	08:36
11	3004	Ricardo Santa	#GeraçãoCeleiro	Veterano M40	06:33:34	+02:03:06	08:45

Trail Longo

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

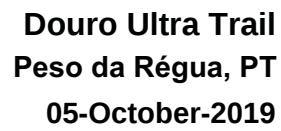
12	379	Sergio Mota	Les Coupains Dou Trail	Veterano M40	06:35:16	+02:04:48	08:47
13	305	Jorge Queirós	Bravos&Bravitas Run	Veterano M40	06:36:38	+02:06:10	08:49
14	3003	Ricardo Sampaio	Brabus Runners	Veterano M40	06:44:28	+02:14:01	08:59
15	295	Rúben Alves	CarpeDiemTrailRunning	Veterano M40	06:51:32	+02:21:04	09:09
16	356	Vitor Cancela	Individual	Veterano M40	06:53:27	+02:22:59	09:11
17	284	Tiago Dordio	Rota D'Ossa	Veterano M40	06:58:24	+02:27:56	09:18
18	351	Miguel DE OLIVEIRA	Les Coupains Dou Trail	Veterano M40	06:58:35	+02:28:07	09:18
19	370	Álvaro Santos	Individual	Veterano M40	07:05:58	+02:35:30	09:28
20	265	Emanuel Maio	Honra Team	Veterano M40	07:08:12	+02:37:44	09:31
21	409	Pedro Vidal	Os Finos	Veterano M40	07:11:36	+02:41:08	09:35
22	410	Paulo Fernandes	Barrancos FC/Biogado	Veterano M40	07:17:55	+02:47:27	09:44
23	342	Paulo Ferreira	Running Espinho	Veterano M40	07:43:55	+03:13:27	10:19
24	315	Pedro Bôto	O Mundo da Corrida	Veterano M40	07:43:55	+03:13:27	10:19
25	303	Mike	Bravos&Bravitas Run	Veterano M40	07:49:47	+03:19:19	10:26
26	278	Eduardo Amaral	caldas team	Veterano M40	07:56:40	+03:26:12	10:36
27	338	Romeo De Carvalho	Individual	Veterano M40	08:03:10	+03:32:43	10:44
28	293	João Guerra	HCT Running Team	Veterano M40	08:10:13	+03:39:46	10:54
29	313	Ricardo Seara	HCT Running Team	Veterano M40	08:10:14	+03:39:47	10:54
30	277	Artur Fonseca	Ruptura Total	Veterano M40	08:27:16	+03:56:48	11:16
31	309	José Liberato	GDCTIN Casa da Moeda	Veterano M40	08:29:39	+03:59:12	11:20
32	375	Miguel Vitorino	Caracol Trail Team	Veterano M40	09:00:54	+04:30:27	12:01
33	350	César Lobo	A. D. Carril #oquequeremosémonte	Veterano M40	09:33:39	+05:03:11	12:45
34	372	Alcindo Silva	Individual	Veterano M40	09:45:13	+05:14:46	13:00
35	298	Tiago Quadros	Individual	Veterano M40	09:48:09	+05:17:41	13:04
36	289	Marco Carvalho	ARMotorsport	Veterano M40	10:36:32	+06:06:04	14:09

Veterano M50

1	281	Jorge Moreira	Amigos do Pedal TraiLagares	Veterano M50	06:05:38	+01:35:11	08:08
2	279	António Morgado	Chitas de Alcobaça	Veterano M50	06:11:52	+01:41:25	08:16
3	362	Tó Vieira	Moloni Running Team	Veterano M50	06:12:27	+01:42:00	08:17
4	280	Manuel Pinheiro	Fridão Sem Limites	Veterano M50	06:15:30	+01:45:03	08:21
5	403	Emidio Santos	Individual	Veterano M50	06:54:00	+02:23:32	09:12
6	296	Paulo Ferreira	Tálenos Team	Veterano M50	07:01:57	+02:31:29	09:23
7	402	Paulo Leite	V.N.Gaia	Veterano M50	07:39:48	+03:09:20	10:13
8	3001	Victor Carvalhais	Individual	Veterano M50	07:46:49	+03:16:21	10:22
9	387	Carlos Natividade Silva	SiM Summit	Veterano M50	07:55:01	+03:24:33	10:33
10	376	Carlos Eira	CALMA - Tomar	Veterano M50	08:20:19	+03:49:52	11:07
11	283	Luis Santiago	Rota D'Ossa	Veterano M50	08:24:41	+03:54:13	11:13

Veterano M60

1	386	Manuel Faria Sampaio	Individual	Veterano M60	07:20:38	+02:50:11	09:48
2	345	Sérgio Rodrigues	Individual	Veterano M60	07:46:00	+03:15:32	10:21



45 KM

OFFICIAL RESULT

3	326	Tom Lehane	Individual	Veterano M60	08:23:33	+03:53:05	11:11
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COLETIVO - TRAIL LONGO

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	BRABUS RUNNERS	16:18:08 [3 + 10 + 15]	0
2	AMIGOS DO ATLETISMO DE MAFRA	17:29:39 [7 + 21 + 22]	0
3	BRAVOS&BRAVITAS RUN	18:26:52 [6 + 34 + 35]	0
4	ROTA D'OSSA	21:40:15 [42 + 57 + 58]	0
5	CHITAS DE ALCOBAÇA	23:30:16 [23 + 83 + 99]	0
6	HCT RUNNING TEAM	23:46:38 [64 + 84 + 85]	0

TRAIL LONGO DUPLAS - STAGE 1

45 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

	Time	Temperature	Humidity
Start	08:30	13.6°C	93%
End	17:15	15.8°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	340	Pickle Films	luis_trindade margarida_madeira	MIX	05:26:23		07:15
2	392	A.D.Amarante	carlos_queirós bruno_teixeira	MIX MASCULINO	05:46:40	+20:17	07:42
3	329	TROGLODITAS RUNNERS	elisabete_alves vitor_gonçalves	MIX	06:11:33	+45:09	08:15
4	390	A.D.Amarante	miguel_barros rosa_barros	MIX	06:18:40	+52:17	08:25
5	383	Associação Beat Your Limit! / Vimarunners	kaká vitor_silva	MIX MASCULINO	06:22:23	+56:00	08:30
6	352	TAYLORS	antónio_reis cristina_loureiro	MIX	06:46:00	+01:19:36	09:01
7	301	Os Louquinhos	jorge_silva jose_costa	MIX MASCULINO	06:48:39	+01:22:16	09:05
8	380	PORTOCARGO RUNNERS	manuela_faria luis_ribeiro	MIX	06:56:47	+01:30:24	09:16
9	331	Equipa 331	josé_melo gustavo_bento	MIX MASCULINO	07:01:24	+01:35:01	09:22
10	288	Club de montaña Karakorum	la_gacela victor	MIX MASCULINO	07:06:17	+01:39:54	09:28
11	314	Arcorun	joana_silva rui_viegas	MIX	07:13:52	+01:47:29	09:39
12	381	PORTOCARGO RUNNERS	renato_oliveira nuno_teixeira	MIX MASCULINO	07:20:45	+01:54:21	09:48
13	404	Los Fófuxos	ricardo_teixeira ana_silva	MIX	07:34:22	+02:07:59	10:06
14	358	Águias de Alvelos	raquel_maia ricardo_miranda	MIX	08:46:33	+03:20:09	11:42

Trail Longo Duplas

45 KM

R

REVISED

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	08:30	13.6°C	93%
End	17:15	15.8°C	80%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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MIX

1	340	Pickle Films	LUÍS_TRINDADE MARGARIDA_MADEIRA	MIX	05:26:23	07:15
2	329	TROGLODITAS RUNNERS	ELISABETE_ALVES VÍTOR_GONÇALVES	MIX	06:11:33	+45:09 08:15
3	390	A.D.Amarante	MIGUEL_BARROS ROSA_BARROS	MIX	06:18:40	+52:17 08:25
4	352	TAYLORS	ANTÓNIO_REIS CRISTINA_LOUREIRO	MIX	06:46:00	+01:19:36 09:01
5	380	PORTOCARGO RUNNERS	MANUELA_FARIA LUIS_RIBEIRO	MIX	06:56:47	+01:30:24 09:16
6	314	Arcorun	JOANA_SILVA RUI_VIEGAS	MIX	07:13:52	+01:47:29 09:39
7	404	Los Fófuxos	RICARDO_TEIXEIRA ANA_SILVA	MIX	07:34:22	+02:07:59 10:06
8	358	Águias de Alvelos	RAQUEL_MAIA RICARDO_MIRANDA	MIX	08:46:33	+03:20:09 11:42

MIX MASCUINO

1	392	A.D.Amarante	CARLOS_QUEIRÓS BRUNO_TEIXEIRA	MIX MASCULINO	05:46:40	+20:17	07:42
2	383	Associação Beat Your Limit! / Vimarunners	KAKÁ VITOR_SILVA	MIX MASCULINO	06:22:23	+56:00	08:30
3	301	Os Louquinhos	JORGE_SILVA JOSE_COSTA	MIX MASCULINO	06:48:39	+01:22:16	09:05
4	331	Equipa 331	JOSÉ_MELO GUSTAVO_BENTO	MIX MASCULINO	07:01:24	+01:35:01	09:22
5	288	Club de montaña Karakorum	LA_GACELA VICTOR	MIX MASCULINO	07:06:17	+01:39:54	09:28
6	381	PORTOCARGO RUNNERS	RENATO_OLIVEIRA NUNO_TEIXEIRA	MIX MASCULINO	07:20:45	+01:54:21	09:48