

Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
1	19	VANDA RIBEIRO	F	F35	PT	GRECAS	00:01:43:767
2	241	ROSA SOARES	F	F20	PT	UD VÁRZEA	00:01:52:217
3	255	SARA ISABEL CARVALHO	F	F20	PT	ADERCUS	00:01:53:030
4	67	JUSTYNA WOJCIK	F	F20	PL	SÃO JOÃO DA SERRA	00:02:03:403
5	28	SANDRA LAGE	F	F35	PT	INDIVIDUAL	00:02:11:747
6	80	MARÍLIA MACIEIRA	F	F35	PT	INDIVIDUAL	00:02:34:723
7	258	MARIANA MARRANA	F	F20	PT	INDIVIDUAL	00:02:40:727
8	157	MARIA DE JESUS PINTO	F	F35	PT	INDIVIDUAL	00:02:42:597
9	226	PAULA RODRIGUES	F	F40	PT	INDIVIDUAL	00:02:45:607
10	155	LIDIA MENEZES	F	F20	PT	PUTINHOS	00:02:49:563
11	131	NATALINA COELHO	F	F35	PT	SAPATEIROS DA ALDEOLA	00:02:52:923
12	118	ELISABETE MAGALHÃES	F	F20	PT	SAPATEIROS DA ALDEOLA	00:03:03:123
13	200	JOANA MAGALHÃES	F	F20	PT	INDIVIDUAL	00:03:05:147
14	78	DIANA FERNANDES	F	F20	PT	POLARZINHOS	00:03:12:520
15	130	LEA CARNEIRO	F	F20	PT	SAPATEIROS DA ALDEOLA	00:03:14:440
16	13	MARIA LUISA CALADO	F	F20	PT	GBES	00:03:17:123
17	203	MARIA ISABEL SILVA PIRES	F	F45	PT	INDIVIDUAL	00:03:19:410
18	124	MARIA LEAL	F	F20	PT	SAPATEIROS DA ALDEOLA	00:03:27:377
19	142	CARLA RIBEIRO	F	F35	PT	INDIVIDUAL	00:03:30:320
20	253	NATÁLIA COELHO	F	F40	PT	CLUBE OS 5 À HORA	00:03:32:360
21	11	ANA FILIPA MOURA	F	F20	PT	EDP	00:03:33:923
22	12	AMELIA FREITAS	F	F45	PT	GBES	00:03:53:800
23	50	GLORIA MORAIS	F	F45	PT	INDIVIDUAL	00:03:56:317
24	191	SONIA MACHADO	F	F35	PT	INDIVIDUAL	00:04:01:993
25	228	SÍLVIA TEIXEIRA	F	F20	PT	SIHU	00:04:02:720
26	125	MARTA FERREIRA	F	F20	PT	SAPATEIROS DA ALDEOLA	00:04:16:210
27	205	DORLINDA PEREIRA	F	F40	PT	INDIVIDUAL	00:04:30:780
28	127	SANDRA DIAS	F	F20	PT	SAPATEIROS DA ALDEOLA	00:04:33:563
29	207	PATRICIA PINTO	F	F20	PT	"D.P.F."	00:04:39:757
30	115	ANA RODRIGUES	F	F20	PT	SAPATEIROS DA ALDEOLA	00:05:05:550

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1	256	RUI MUGA	M	M20	PT	GINÁSIO CLUBE DE BRAGANÇA	00:01:16:503
2	26	TOMAS BAPTISTA	M	M20	PT	ESCOLA DO MOVIMENTO	00:01:19:193
3	51	TONY CALVO	M	M20	PT	ESCMOV	00:01:21:033
4	4	PAULO PEREIRA	M	M35	PT	N A CUCUJAES	00:01:22:833
5	3	ARTUR RODRIGUES	M	M35	PT	CUA BENAVENTENSE	00:01:23:777
6	129	TIAGO COELHO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:24:010
7	116	ANDRÉ NOGUEIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:25:343
8	17	TIAGO SILVA	M	M20	PT	N A CUCUJAES	00:01:25:487
9	225	VITOR BARBOSA	M	M20	PT	GDR RETORTA	00:01:25:497
10	263	JUVÊNCIO VITOR OLIVEIRA AGUIAR	M	M40	PT	INDIVIDUAL	00:01:26:193
11	20	BRUNO FREITAS	M	M20	PT	A. C. R. VALE DE CAMBRA	00:01:26:873
12	172	ADRIÃO RODRIGUES	M	M20	PT	SLBENFICA	00:01:27:150
13	24	JOSE PIRES	M	M20	PT	DRAGÕES DO VALE DE VIZELA	00:01:29:803
14	227	HUGO MOTA	M	M20	PT	SIHU	00:01:31:060
15	71	JOÃO CAVADAS	M	M45	PT	ADC ASTROMIL	00:01:33:837
16	231	PEDRO FERREIRA	M	M20	PT	INDIVIDUAL	00:01:36:013
17	208	NUNO VIEIRA	M	M20	PT	INDIVIDUAL	00:01:36:357
18	222	HENRIQUE DIAS	M	M45	PT	GDR RETORTA	00:01:36:603
19	119	FRANCISCO FERREIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:38:350
20	175	HUGO SANTOS	M	M20	PT	INDIVIDUAL	00:01:39:413
21	63	BRUNO VIEIRA	M	M20	PT	INDIVIDUAL	00:01:41:433
22	122	JOSÉ COELHO	M	M45	PT	SAPATEIROS DA ALDEOLA	00:01:41:570
23	73	RUI ALVES	M	M20	PT	GRUPO DESPORTIVO DE S. PAIO DE OLEIF	00:01:42:670
24	60	ANTONIO ROCHA	M	M20	PT	A TRIPLA	00:01:43:467
25	126	PAULO MACHADO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:44:670
26	224	TIAGO PINTO	M	M20	PT	GDR RETORTA	00:01:44:910
27	6	FILIPPE SOUSA	M	M20	PT	ORALKLASS - AMIGOS DO TRAIL	00:01:45:890
28	220	TIAGO MONTANHA	M	M20	PT	INDIVIDUAL	00:01:46:867
29	234	JOAQUIM PEREIRA	M	M45	PT	INDIVIDUAL	00:01:50:237
30	22	PEDRO PONTES	M	M20	PT	DRAGÕES DO VALE DE VIZELA	00:01:51:037
31	117	CESAR NETO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:52:443
32	123	LUIS LEITE	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:54:857
33	239	LUIS TAVARES	M	M35	PT	SAPADORES DA INVICTA	00:01:55:013
34	198	PEDRO DIAS	M	M40	PT	INDIVIDUAL	00:01:55:743
35	223	FILIPPE SILVA	M	M45	PT	GDR RETORTA	00:01:56:257
36	252	MÁRIO CARVALHO	M	M50	PT	CLUBE OS 5 À HORA	00:02:00:060
37	217	IVO PEREIRA	M	M20	PT	INDIVIDUAL	00:02:00:067
38	249	CIPRIANO SOUSA	M	M40	PT	CLUBE OS 5 À HORA	00:02:04:000
39	72	MARCELO SILVA	M	M20	PT	GRUPO DESPORTIVO DE S. PAIO DE OLEIF	00:02:04:307
40	153	HENRIQUE FARIA	M	M45	PT	INDIVIDUAL	00:02:05:257
41	186	JOÃO BARBOSA	M	M40	PT	NUCLEO ATLETISMO DE CUCUJÃES	00:02:05:317
42	216	GILBERTO MELO	M	M20	PT	MAIA A.C.-GO SAÚDE	00:02:07:030
43	121	JORGE PINTO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:02:07:033
44	70	MARCO ALMEIDA	M	M40	PT	CLUB GALPENERGIA NORTE	00:02:07:423
45	81	FRANCISCO FREITAS	M	M35	PT	INDIVIDUAL	00:02:09:170

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46	120	JOÃO DIAS	M	M20	PT	SAPATEIROS DA ALDEOLA	00:02:10:003
47	197	JOSÉ SOUSA	M	M35	PT	CLUBE DESPORTIVO FEIRENSE	00:02:10:303
48	211	FÁBIO COSTA	M	M20	PT	INDIVIDUAL	00:02:12:290
49	87	MICAEL DOMINGUES	M	M20	PT	INDIVIDUAL	00:02:13:437
50	264	PEDRO GUEDES	M	M20	PT	INDIVIDUAL	00:02:13:517
51	265	ADRIANO COUTO	M	M20	PT	INDIVIDUAL	00:02:13:617
52	182	ANTONIO FONTES	M	M40	PT	INDIVIDUAL	00:02:13:813
53	56	JOSE JOAO LOUREIRO MACHADO	M	M45	PT	INDIVIDUAL	00:02:14:513
54	202	LUIS ARAUJO	M	M45	PT	INDIVIDUAL	00:02:15:010
55	183	SÉRGIO ALMEIDA	M	M35	PT	INDIVIDUAL	00:02:15:850
56	16	JOAO PEREIRA	M	M40	PT	N A CUCUJAES	00:02:16:650
57	84	PEDRO VIDAL	M	M35	PT	INDIVIDUAL	00:02:17:520
58	23	PAULO CALDAS	M	M40	PT	DRAGÕES DO VALE DE VIZELA	00:02:18:080
59	195	JOSÉ RODRIGUES	M	M20	PT	CLUBE DESPORTIVO FEIRENSE	00:02:18:217
60	111	SERGIO MIRANDA	M	M20	PT	INDIVIDUAL	00:02:18:590
61	236	MANUEL MONTEIRO	M	M45	PT	INDIVIDUAL	00:02:22:340
62	141	CÉSAR SIMÕES	M	M20	PT	INDIVIDUAL	00:02:22:613
63	149	JOÃO LOPES	M	M45	PT	INDIVIDUAL	00:02:22:827
64	151	MIGUEL MENDES	M	M20	PT	INDIVIDUAL	00:02:23:337
65	179	JOÃO MOREIRA	M	M20	PT	INDIVIDUAL	00:02:24:357
66	79	TIAGO MAIA	M	M20	PT	POLARZINHOS	00:02:25:003
67	213	CARLOS SÁ	M	M40	PT	INDIVIDUAL	00:02:25:540
68	7	ANDRE SOUSA	M	M20	PT	ORALKLASS - AMIGOS DO TRAIL	00:02:26:070
69	74	VALDEMAR ALVES	M	M50	PT	CIRAC PAÇOS DE BRANDÃO	00:02:26:323
70	97	CARLOS LOPES	M	M40	PT	INDIVIDUAL	00:02:26:577
71	250	FILIPE CUNHA	M	M35	PT	CLUBE OS 5 À HORA	00:02:27:653
72	230	FERNANDO DELINDRO	M	M20	PT	ESBAFORIDOS INVETERADOS	00:02:30:057
73	212	MÁRIO LANÇA	M	M40	PT	VITALIS	00:02:30:557
74	62	RICARDO BOUCINHA	M	M20	PT	A TRIPLA	00:02:31:987
75	94	DANIEL SOUSA	M	M20	PT	INDIVIDUAL	00:02:32:043
76	189	BRUNO MEDA	M	M20	PT	INDIVIDUAL	00:02:32:457
77	247	ARMANDO NEVES	M	M40	PT	CLUBE OS 5 À HORA	00:02:33:290
78	204	CLAUDIO SANTOS	M	M35	PT	INDIVIDUAL	00:02:33:413
79	89	CARLOS NEVES	M	M35	PT	INDIVIDUAL	00:02:34:293
80	5	OSCAR LOUREIRO	M	M60	PT	INDIVIDUAL	00:02:36:303
81	18	DIOGO FERREIRA	M	M20	PT	INDIVIDUAL	00:02:36:543
82	251	MÁRIO BARBOSA	M	M35	PT	CLUBE OS 5 À HORA	00:02:38:807
83	232	ADRIANO ROCHA	M	M40	PT	INDIVIDUAL	00:02:38:990
84	9	IVO ARAUJO	M	M20	PT	EDP	00:02:39:910
85	15	CARLOS PINTO	M	M50	PT	LIBERTY SEGUROS	00:02:40:700
86	86	OSCAR DIAS	M	M20	PT	INDIVIDUAL	00:02:42:553
87	235	PAULO PINHO	M	M20	PT	INDIVIDUAL	00:02:42:810
88	21	JORGE COELHO	M	M40	PT	INDIVIDUAL	00:02:43:050
89	156	MIGUEL MENDES	M	M20	PT	PUTINHOS	00:02:43:980
90	240	MANUEL SILVA	M	M40	PT	SAPADORES DA INVICTA	00:02:45:760

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91	25	RUI TOMAS	M	M20	PT	EDP	00:02:46:817
92	29	RUI MAGALHAES	M	M35	PT	INDIVIDUAL	00:02:47:953
93	158	FRANCISCO FONSECA	M	M35	PT	INDIVIDUAL	00:02:51:300
94	177	JOÃO PAULO CARVALHO	M	M20	PT	INDIVIDUAL	00:02:51:503
95	190	SÉRGIO BARROS	M	M35	PT	INDIVIDUAL	00:02:54:227
96	53	PAULO RAMOS	M	M40	PT	G J PINHEIRO DA BEMPOSTA - OLIVEIRA D	00:02:56:663
97	138	JOAQUIM SANTOS	M	M40	PT	INDIVIDUAL	00:02:57:260
98	221	BRUNO TEIXEIRA	M	M35	PT	INDIVIDUAL	00:03:02:050
99	30	RUI MACHADO	M	M20	PT	INDIVIDUAL	00:03:08:503
100	150	ANTONIO CARVALHO	M	M60	PT	INDIVIDUAL	00:03:18:510
101	246	ALBERTO ALVES	M	M40	PT	CLUBE OS 5 À HORA	00:03:25:033
102	10	LUIS MOURA	M	M50	PT	EDP	00:03:29:380
103	254	SILVÉRIO OLIVEIRA	M	M50	PT	CLUBE OS 5 À HORA	00:03:32:487
104	77	BRUNO FERNANDES	M	M20	PT	POLARZINHOS	00:03:44:227
105	14	RUI CALADO	M	M45	PT	GBES	00:03:50:253
106	248	CARLOS SILVA	M	M50	PT	CLUBE OS 5 À HORA	00:03:58:497
107	61	NUNO FERREIRA	M	M20	PT	A TRIPLA	00:04:08:450
108	128	TIAGO ARAÚJO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:04:40:067
109	206	FERNANDO PINTO	M	M35	PT	"D.P.F."	00:05:11:627