

Evento: Porto a Subir 2013 - Guindais
 Data: 21/07/2013
 Hora: 10:30:00
 Distance: 1,000m

Classificações Provisórias Contra-Relógio
 'F20' 'F35' 'F40' 'F45'

Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
1	16	VANDA RIBEIRO	F	F35	PT	GRECAS	00:01:36:817
2	2	SARA CARVALHO	F	F20	PT	ADERCUS	00:01:45:203
3	473	ROSA SOARES	F	F20	PT	UD VÁRZEA	00:01:48:127
4	534	JUSTYNA WOJCIK	F	F20	PT		00:02:03:170
5	385	ISABEL CAETANO	F	F20	PT	BERG OUTDOOR	00:02:10:803
6	37	SOFIA ALMEIDA	F	F20	PT	DRAGÕES DO VALE DE VIZELA	00:02:13:560
7	17	SANDRA LAGE	F	F35	PT	POTEEENTES	00:02:19:823
8	535	MAFALDA LUIS	F	F20	PT	POTEEENTES	00:02:23:003
9	336	MÓNICA GOMES	F	F35	PT		00:02:23:707
10	366	DIANA SANTOS	F	F20	PT	SPUMP	00:02:30:587
11	307	SUSANA LOBO SANTOS	F	F40	PT		00:02:31:487
12	518	LILIANA SOARES	F	F20	PT	INDIVIDUAL	00:02:33:280
13	334	ERCÍLIA LAPO	F	F20	PT		00:02:48:267
14	464	MARIANA SECA	F	F20	PT		00:02:51:850
15	488	LEONOR CAVADAS	F	F40	PT	ASTROMIL	00:02:56:533
16	287	CATARINA PINTO	F	F20	PT	TERRORES DO ASFALTO	00:03:00:920
17	310	ANDREIA LEITÃO	F	F20	PT	DOURO RUNNERS	00:03:08:460
18	398	VERA SILVA	F	F20	PT	COMPANHIA DO BAZÓFIAS	00:03:12:003
19	330	CLAUDIA COIMBRA	F	F20	PT	RUN FOR FUN	00:03:13:087
20	325	VERA VALENTE	F	F20	PT		00:03:13:513
21	321	MAFALDA ROCHA	F	F20	PT	CROSSRUNNERS	00:03:13:653
22	440	ELISABETE MAGALHÃES	F	F20	PT	SAPATEIROS DA ALDEOLA	00:03:14:947
23	331	GLORIA VILAS BOAS	F	F35	PT	RUN FOR FUN	00:03:17:870
24	354	CARLA ANITA GOMES TAVARES	F	F20	PT	FAMÍLIA TAVARES - VALE DE CAMBRA	00:03:23:937
25	484	CARLA OLIVEIRA	F	F40	PT	RUNNERS 5	00:03:28:333
26	322	CÁTIA FONSECA	F	F20	PT	CROSSRUNNERS	00:03:30:407
27	421	SOFIA AUGUSTO	F	F20	PT	RUNFORLIFE	00:03:33:277
28	290	MARIA DA LUZ CRISTA	F	F45	PT	TERRORES DO ASFALTO	00:03:33:643
29	323	RAQUEL NEIVA	F	F20	PT		00:03:34:893
30	425	ANA SOUSA	F	F20	PT		00:03:37:347
31	474	ANA MARIA XAVIER DIAS COELHO	F	F20	PT	RUNNERS HIGH	00:03:40:757
32	346	MARINA ZINCOVITCH	F	F45	PT	BITIOUS	00:03:41:973
33	467	SANDRA PINA	F	F35	PT		00:03:42:407
34	381	ESTER LARA	F	F20	PT		00:03:42:533
35	29	AMELIA FREITAS	F	F45	PT	GBES	00:03:54:737
36	412	VANIA BARBOSA	F	F20	PT	CLUBE OS 5 Á HORA	00:03:57:487
37	403	EUGÉNIA GOMES	F	F45	PT	DONDOCAS	00:04:10:153
38	442	MARTA FERREIRA	F	F20	PT	SAPATEIROS DA ALDEOLA	00:04:12:707
39	404	SÓNIA MADUREIRA	F	F35	PT	DONDOCAS	00:04:14:367
40	357	MARIA FERNANDA TAVARES GOMES	F	F45	PT	FAMÍLIA TAVARES - VALE DE CAMBRA	00:04:22:610
41	445	SANDRA DIAS	F	F20	PT	SAPATEIROS DA ALDEOLA	00:04:25:663
42	419	LUCILIA CADAVEZ	F	F45	PT	RUNFORLIFE	00:04:29:893
43	422	TERESA PINTO	F	F45	PT	RUNFORLIFE	00:04:50:997
44	386	ANDREIA ANDRADE	F	F20	PT		00:04:51:563
45	347	SONIA ROCHA	F	F35	PT		00:04:51:673
46	328	MARTA SANTOS	F	F20	PT		00:04:54:397

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'F20' 'F35' 'F40' 'F45'

Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
47	418	GLORIA TEIXEIRA	F	F40	PT	RUNFORLIFE	00:05:34:537
48	38	FELISBELA MESQUITA	F	F20	PT	INDIVIDUAL	00:06:33:000

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Classificações Provisórias Contra-Relógio
 'M20' 'M40' 'M45' 'M50' 'M55' 'M60'

Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
1	11	PAULO PEREIRA	M	M20	PT	N A CUCUJAES	00:01:20:830
2	476	ADRIÃO RODRIGUES	M	M20	PT	SLB BENFICA	00:01:20:937
3	4	RUI MUGA	M	M20	PT	GINÁSIO CLUBE DE BRAGANÇA	00:01:21:727
4	1	ARTUR RODRIGUES	M	M20	PT	N A CUCUJAES	00:01:21:843
5	439	ANDRÉ NOGUEIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:24:727
6	34	JOSE PIRES	M	M20	PT	DRAGÕES DO VALE DE VIZELA	00:01:26:843
7	3	PEDRO RODRIGUES	M	M20	PT	GINÁSIO CLUBE DE BRAGANÇA	00:01:29:240
8	487	JOÃO CAVADAS	M	M45	PT	ASTROMIL	00:01:29:877
9	35	HELDER DOMINGOS	M	M20	PT	DRAGÕES DO VALE DE VIZELA	00:01:34:283
10	437	FRANCISCO BERNARDES	M	M20	PT	SPORT	00:01:36:243
11	441	FRANCISCO FERREIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:38:617
12	479	JOSE COELHO	M	M45	PT		00:01:42:773
13	444	PAULO MACHADO	M	M20	PT	SAPATEIROS DA ALDEOLA	00:01:44:937
14	462	RÚBEN RODRIGUES	M	M20	PT		00:01:46:797
15	400	ANTONIO ROCHA	M	M20	PT	A DUPLA	00:01:46:843
16	36	PEDRO PONTES	M	M20	PT	DRAGÕES DO VALE DE VIZELA	00:01:47:013
17	293	PEDRO PRATAS	M	M40	PT	PARATRIL RUNNING	00:01:47:277
18	14	JOSE ROCHA	M	M20	PT	A R LUZ E VIDA GONDOMARENSE	00:01:47:413
19	409	CELMO MOTA	M	M20	PT	CLUBE OS 5 Á HORA	00:01:48:517
20	12	JOAO BARBOSA	M	M40	PT	N A CUCUJAES	00:01:48:687
21	367	HUGO PEREIRA	M	M20	PT	SPUMP	00:01:48:990
22	360	TIAGO MONTANHA	M	M20	PT		00:01:50:150
23	492	HENRIQUE FARIA	M	M45	PT		00:01:50:320
24	480	TIAGO COELHO	M	M20	PT		00:01:53:017
25	410	MÁRIO CARVALHO	M	M50	PT	CLUBE OS 5 Á HORA	00:01:54:387
26	438	TIAGO BARBOSA	M	M20	PR	SPORT	00:01:55:123
27	284	PEDRO DIAS	M	M40	PT		00:01:55:193
28	27	CARLOS SOUSA	M	M20	PT	G D C BANCO DE PORTUGAL	00:01:55:830
29	540	FLÁVIO ROCHA	M	M20	PT		00:01:55:887
30	306	HUGO MOITA	M	M20	PT		00:01:56:190
31	339	AMÉRICO PINHO	M	M40	PT	ESCAPÃES	00:01:56:480
32	538	FRANCISCO FREITAS	M	M20	PT	INDIVIDUAL	00:01:56:983
33	270	JOSE CARLOS MACHADO	M	M20	PT	INDIVIDUAL	00:01:58:153
34	388	MARCO ALMEIDA	M	M20	PT	CLUB GALP ENERGIA NORTE	00:01:58:973
35	260	MANUEL MIRANDA	M	M20	PT		00:01:59:637
36	456	MANUEL PINHEIRO	M	M40	PT	AMARANTE RUNNING TEAM	00:02:00:023
37	373	CIPRIANO SOUSA	M	M20	PT	OS 5 A HORA	00:02:02:043
38	359	FABIO TEIXEIRA	M	M20	PT		00:02:02:170
39	326	FILIPPE VILHENA	M	M20	PT	LEONE RUNNERS	00:02:02:413
40	355	JORGE MIGUEL GOMES TAVARES	M	M20	PT	FAMÍLIA TAVARES - VALE DE CAMBRA	00:02:03:237
41	511	MIGUEL OLIVEIRA	M	M20	PT		00:02:03:663
42	335	LUIS SILVA	M	M20	PT		00:02:05:167
43	352	PAULO VIEIRA	M	M20	PT		00:02:05:677
44	276	TIAGO BORGES	M	M20	PT		00:02:05:910
45	466	RUI JORGE MOREIRA FREITAS	M	M40	PT		00:02:06:283
46	283	ARSÉNIO FERNANDES	M	M55	PT	INDIVIDUAL	00:02:06:803

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 'M20' 'M40' 'M45' 'M50' 'M55' 'M60'

Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
47	341	SÉRGIO ALMEIDA	M	M20	PT		00:02:07:797
48	436	NUNO JESUS	M	M20	PT		00:02:07:843
49	351	JOAQUIM PEREIRA	M	M45	PT		00:02:08:483
50	263	MANUEL TEIXEIRA	M	M40	PT	INDIVIDUAL	00:02:09:637
51	279	PEDRO PEREIRA	M	M20	PT		00:02:10:953
52	506	JORGE MAIA	M	M45	PT		00:02:11:200
53	536	ALBERTO SAMPAIO	M	M45	PT	@ISEP	00:02:11:490
54	475	LUÍS MIGUEL NOVAES MACHADO	M	M20	PT	RUNNERS HIGH	00:02:11:743
55	443	PAULO FERREIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:02:13:060
56	397	ARTUR COSTA	M	M20	PT	COMPANHIA DO BAZÓFIAS	00:02:13:167
57	541	HUGO LEÇA	M	M20	PT		00:02:13:473
58	40	HARRY POTTER	M	M20	PT	ELITE	00:02:13:627
59	329	BRUNO MÊDA	M	M20	PT	RUN FOR FUN	00:02:14:770
60	350	MÁRCIO SILVA	M	M20	PT	MOCAL & FRAN	00:02:14:787
61	470	CARLOS LOPES	M	M40	PT		00:02:15:167
62	302	JOÃO ARAÚJO	M	M20	PT		00:02:15:330
63	543	PEDRO VIDAL	M	M20	PT		00:02:15:727
64	266	PEDRO EZEQUIEL	M	M20	PT	JAVIP	00:02:16:510
65	251	JOÃO MOTA	M	M20	PT		00:02:16:970
66	408	FILIFE CUNHA	M	M20	PT	CLUBE OS 5 Á HORA	00:02:18:220
67	32	MARCO SILVA	M	M40	PT	GBES	00:02:18:537
68	375	GILBERTO MELO	M	M20	PT	MAIA A.C.	00:02:18:753
69	460	JOSÉ PEDRO PINTO SILVA	M	M20	PT		00:02:19:760
70	363	HUMBERTO LOPES	M	M40	PT		00:02:20:207
71	25	JOSE FONSECA	M	M50	PT	G D C BANCO DE PORTUGAL	00:02:20:227
72	433	VALDEMAR ALVES	M	M50	PT	CIRAC PAÇOS DE BRANDÃO	00:02:20:607
73	318	FILIFE MAGALHÃES	M	M20	PT		00:02:22:320
74	308	ANTÓNIO AZEVEDO	M	M20	PT		00:02:23:780
75	496	BRUNO RAMOS	M	M20	PT		00:02:24:317
76	489	LUÍS ARAÚJO	M	M45	PT	ASTROMIL	00:02:24:993
77	332	JOSE CRUZ	M	M20	PT	RUN FOR FUN	00:02:25:107
78	26	HUGO PIRES	M	M20	PT	G D C BANCO DE PORTUGAL	00:02:25:577
79	461	PEDRO TRINDADE	M	M20	PT		00:02:25:817
80	358	FERNANDO PEREIRA	M	M55	PT		00:02:26:417
81	320	LUIS TORRES	M	M40	PT	H3 RUNNERS NORTE	00:02:27:000
82	374	CARLOS SÁ	M	M40	PT		00:02:27:277
83	309	RICARDO PEIXOTO	M	M20	PT		00:02:27:957
84	424	RICARDO JESUS	M	M20	PT		00:02:29:547
85	264	NUNO SILVA	M	M20	PT		00:02:29:937
86	271	SÉRGIO ALMEIDA	M	M20	PT		00:02:30:910
87	280	CARLOS NEVES	M	M20	PT		00:02:31:033
88	501	VÍTOR MOTA	M	M20	PT		00:02:31:270
89	41	DEL PIERO	M	M20	PT	ELITE	00:02:31:417
90	401	RICADO BOUCINHA	M	M20	PT	A DUPLA	00:02:31:433
91	530	FILIFE OLIVEIRA	M	M20	PT	LAP2GO	00:02:32:027
92	265	JOAQUIM AZEVEDO	M	M20	PT	JAVIP	00:02:32:857

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Place	Dorsal	Name	Gender	Category	Nationality	Team	Official Time
93	508	FILIFE MAIA	M	M20	PT		00:02:32:913
94	402	JOSÉ ALMEIDA	M	M20	PT	INDIVIDUAL	00:02:33:257
95	356	MANUEL JORGE TAVARES	M	M45	PT	FAMÍLIA TAVARES - VALE DE CAMBRA	00:02:33:593
96	39	EMI NEM	M	M20	PT	ELITE	00:02:33:800
97	261	JOÃO PAULO CARVALHO	M	M20	PT		00:02:40:383
98	333	PEDRO SILVA	M	M20	PT		00:02:40:487
99	513	PEDRO PINTO	M	M20	PT	PORTO RUNNERS	00:02:41:240
100	19	RUI MACHADO	M	M20	PT	INDIVIDUAL	00:02:41:470
101	389	FERNANDO MONTEIRO	M	M40	PT		00:02:43:963
102	277	PAULO SERRA	M	M20	PT		00:02:44:907
103	316	RICARDO SEQUEIRA	M	M20	PT		00:02:45:173
104	5	OSCAR LOUREIRO	M	M60	PT	INDIVIDUAL	00:02:45:387
105	406	ARMANDO NEVES	M	M40	PT	CLUBE OS 5 Á HORA	00:02:45:497
106	491	FILIFE RÔLA	M	M20	PT		00:02:45:753
107	31	JOSE RAIMUNDO	M	M40	PT	GBES	00:02:46:800
108	324	RUI PINTO	M	M20	PT		00:02:47:170
109	482	FERNANDO DELINDRO	M	M20	PT	ESBAFORIDOS INVETERADOS	00:02:47:857
110	392	ANDRÉ BARBOSA	M	M20	PT		00:02:48:240
111	272	NUNO MACEDO	M	M20	PT		00:02:48:923
112	317	EMANUEL CARDOSO	M	M20	PT		00:02:49:113
113	396	PAULO RAMOS	M	M40	PT	GRUPO JUVENIL PINHEIRO DA BEMPOSTA	00:02:49:407
114	428	JOAO COUTO	M	M40	PT		00:02:50:283
115	13	FRANCISCO OLIVEIRA	M	M50	PT	A A GONDOMAR	00:02:50:293
116	319	HUGO GONÇALVES	M	M20	PT		00:02:51:620
117	273	FRANCISCO SANTOS	M	M45	PT		00:02:53:400
118	519	TIAGO TEIXEIRA	M	M20	PT		00:02:54:727
119	311	TIAGO OLIVEIRA	M	M20	PT	DOURO RUNNERS	00:02:55:997
120	453	JOSE MACHADO	M	M45	PT		00:02:56:067
121	295	MANUEL MARQUES	M	M40	PT	INDIVIDUAL	00:02:56:473
122	503	LUÍS LEÇA	M	M20	PT	FAST AND FURIOUS	00:02:56:643
123	507	VASCO VIEIRA	M	M20	PT		00:02:57:057
124	469	JOSÉ AUGUSTO AMARO	M	M50	BR		00:02:57:150
125	364	JOAQUIM CARVALHO	M	M55	PT	NO TOMORROW RUNNING TEAM	00:02:57:883
126	457	VITOR SOUSA	M	M20	PT	AMARANTE RUNNING TEAM	00:02:58:417
127	471	RUI PEREIRA	M	M20	PT		00:03:04:300
128	353	ANTONIO CARVALHO	M	M60	PT	INDIVIDUAL	00:03:05:157
129	361	CARLOS MONTANHA	M	M50	PT		00:03:07:070
130	504	PEDRO MARTINS	M	M20	PT	FAST AND FURIOUS	00:03:10:347
131	526	FERNANDO FERREIRA DO AMARAL	M	M50	PT		00:03:13:807
132	296	JOAQUIM SANTOS	M	M20	PT		00:03:15:207
133	405	ALBERTO ALVES	M	M40	PT	CLUBE OS 5 Á HORA	00:03:17:487
134	514	ALEXANDRE VIANA	M	M20	PT	STAROLAS	00:03:18:813
135	539	MIGUEL FONSECA	M	M20	PT		00:03:19:393
136	485	JORGE ARAÚJO	M	M40	PT	RUNNERS 5	00:03:19:537
137	415	JOSÉ BARBOSA	M	M20	PT		00:03:20:580
138	343	BERNARDO BOTELHO	M	M20	PT	BITIOUS	00:03:21:847

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139	255	DANIEL MAGALHÃES	M	M20	PT		00:03:28:753
140	387	JOSÉ MANUEL ALVES TEIXEIRA	M	M55	PT		00:03:28:927
141	472	NUNO OLIVEIRA	M	M20	PT	SAPATEIROS DA ALDEOLA	00:03:30:307
142	304	GABRIEL SANTOS	M	M20	PT		00:03:37:603
143	349	JOSE SOARES	M	M60	PT		00:03:42:023
144	423	TIAGO TEIXEIRA	M	M20	PT		00:03:45:413
145	394	NUNO MARTINS	M	M20	PT		00:03:49:243
146	30	RUI CALADO	M	M45	PT	GBES	00:03:49:710
147	411	SILVÉRIO OLIVEIRA	M	M50	PT	CLUBE OS 5 Á HORA	00:03:51:943
148	407	CARLOS SILVA	M	M50	PT	CLUBE OS 5 Á HORA	00:04:24:517
149	342	ANTONIO BOTELHO	M	M60	PT	BITIOUS	00:04:33:247
150	348	PAULO ROCHA	M	M20	PT	ROCHAS	00:04:46:670
151	18	ANTONIO FERREIRA	M	M20	PT	INDIVIDUAL	00:06:23:690