

Lugar	Dorsal	Nome	Equipa	Sexo		Categoria	Tempo	Chip	Ritmo	Km7	Km14
1	166	NUNO ROCHA		M	1	M40 M	1 01:28:21	01:28:18	00:04:26	00:39:21	01:13:10
2	41	DAVID VENTURA GONÇALVES		M	2	Sen M	1 01:39:54	01:39:49	00:05:00	00:46:43	01:24:16
3	554	JOSÉ MONTEIRO	SSCGD	M	3	Sen M	2 01:42:09	01:42:02	00:05:07	00:46:41	01:25:33
4	135	MARGAUX BERTRAND		F	1	Sen F	1 01:44:06	01:44:01	00:05:13	00:47:22	01:26:46
5	54	FERNANDO RAFAEL RIBEIRO CARVALHO	CMMOURONHO - ESCARAVELHOS	M	4	Sen M	3 01:44:09	01:44:05	00:05:13	00:47:20	01:26:46
6	85	IVAN MATOS FERREIRA		M	5	Sen M	4 01:48:27	01:48:23	00:05:26	00:47:21	01:28:31
7	65	GIL XAVIER ALVES	SALAMANDRECOS	M	6	M40 M	2 01:49:12	01:49:06	00:05:28	00:48:44	01:31:10
8	190	PEDRO PEREIRA	RESTAURANTE O MUCHACHO / V.A.C	M	7	M45 M	1 01:50:31	01:50:26	00:05:32	00:50:00	01:32:18
9	233	TÚLIO COELHO		M	8	M50 M	1 01:50:51	01:50:38	00:05:33	00:54:01	01:34:32
10	150	MIGUEL FERREIRA SIMOES		M	9	Sen M	5 01:51:17	01:51:11	00:05:34	00:49:29	01:32:31
11	112	JORGE SOBRINHO	RESTAURANTE O MUCHACHO / V.A.C	M	10	M50 M	2 01:51:32	01:51:30	00:05:35	00:47:59	01:33:19
12	144	MATTHIEU ROGER		M	11	M45 M	2 01:51:34	01:51:27	00:05:35	00:53:57	01:34:29
13	1	ACÁCIO MENDES		M	12	Sen M	6 01:52:22	01:52:18	00:05:38	00:48:49	01:32:12
14	114	JOSÉ ARAGÃO	SALAMANDRECOS	M	13	M55 M	1 01:52:32	01:52:26	00:05:38	00:50:15	01:33:36
15	158	NELSON MARQUES SANTOS		M	14	Sen M	7 01:52:57	01:52:52	00:05:39	00:51:35	01:34:43
16	2	AFONSO LOPES		M	15	M50 M	3 01:54:11	01:53:56	00:05:43	00:53:28	01:35:42
17	60	FLÁVIO FIGUEIREDO	CMMOURONHO - ESCARAVELHOS	M	16	Sen M	8 01:54:16	01:54:11	00:05:43	00:51:12	01:36:27
18	180	PAULO SALVADOR PACHECO RODRIGUES		M	17	M50 M	4 01:54:48	01:54:45	00:05:45	00:51:35	01:35:37
19	216	SÉRGIO CRUZ		M	18	M45 M	3 01:54:57	01:54:48	00:05:45	00:53:34	01:35:58
20	229	TIAGO PORTUGAL		M	19	Sen M	9 01:55:08	01:54:57	00:05:46	00:51:45	01:36:03
21	234	ULISSES MONTEIRO		M	20	M40 M	3 01:55:08	01:54:57	00:05:46	00:51:45	01:36:06
22	178	PAULO QUEIRÓS		M	21	M50 M	5 01:55:29	01:55:08	00:05:47	00:53:10	01:35:52
23	212	SAMUEL SEQUEIRA	RESTAURANTE O MUCHACHO / V.A.C	M	22	Sen M	10 01:55:33	01:55:13	00:05:47	00:53:43	01:36:34
24	244	JOSÉ CARLOS NEVES		M	23	M50 M	6 01:55:57	01:55:53	00:05:48	00:55:01	01:37:43
25	109	JORGE CARVALHO		M	24	M40 M	4 01:56:04	01:55:56	00:05:49	00:53:52	01:36:45
26	236	VASCO ASCENSÃO	CTT LISBOA	M	25	M45 M	4 01:56:09	01:55:59	00:05:49	00:54:12	01:38:04
27	47	EDUARDO MANUEL COELHO LUÍS		M	26	M40 M	5 01:56:16	01:56:07	00:05:49	00:53:38	01:37:11
28	230	TIAGO ROCHA	RESTAURANTE O MUCHACHO / V.A.C	M	27	M40 M	6 01:56:37	01:56:19	00:05:50	00:54:17	01:38:16
29	19	ARMANDO CARDOSO		M	28	Sen M	11 01:57:36	01:57:28	00:05:53	00:54:02	01:38:24
30	226	TIAGO LOURO		M	29	Sen M	12 01:57:37	01:57:29	00:05:53	00:54:02	01:38:25
31	108	JORGE AMARO CHAVES DE FIGUEIREDO		M	30	M55 M	2 01:58:23	01:58:11	00:05:56	00:52:47	01:38:52
32	173	PAULO FERREIRA		M	31	M45 M	5 01:58:38	01:58:34	00:05:56	00:55:03	01:40:01
33	7	ÁLVARO SANTOS		M	32	M40 M	7 01:59:05	01:58:53	00:05:58	00:54:01	01:40:02
34	232	TOMASZ DREBOT		M	33	M40 M	8 01:59:09	01:58:52	00:05:58	00:54:12	01:39:07
35	156	NARCISO SANTOS		M	34	M45 M	6 01:59:40	01:59:32	00:05:59	00:55:39	01:40:03
36	192	PEDRO SANGUINO		M	35	Sen M	13 02:00:32	02:00:25	00:06:02	00:53:39	01:40:14
37	245	LIBERTO SANTOS		M	36	M50 M	7 02:00:50	02:00:37	00:06:03	00:53:45	01:39:56
38	231	TIAGO RODRIGUES		M	37	Sen M	14 02:01:01	02:00:55	00:06:04	00:55:53	01:40:56
39	50	FAUSTO SÁ		M	38	M40 M	9 02:01:02	02:00:56	00:06:04	00:56:34	01:41:45
40	98	JOÃO MARAL		M	39	M50 M	8 02:01:08	02:01:01	00:06:04	00:54:56	01:40:53
41	119	JOSÉ NUNO VARANDAS		M	40	M40 M	10 02:01:36	02:01:26	00:06:05	00:56:04	01:42:39
42	17	ARLINDO FRIAS DEUS	CLUBE MILLENNIUM BCP	M	41	M60 M	1 02:01:58	02:01:53	00:06:06	00:55:08	01:41:18
43	73	HENKJAN RUITENBEEK		M	42	Sen M	15 02:02:04	02:02:00	00:06:07	00:52:16	01:39:50
44	102	JOÃO RODRIGUES	LINDA-A-PASTORA SPORTING CLUBE	M	43	M45 M	7 02:02:11	02:02:05	00:06:07	00:55:45	01:42:04
45	32	CARLOS VIEIRA		M	44	Sen M	16 02:02:14	02:01:54	00:06:07	00:57:06	01:43:02
46	201	RICARDO RAMOS		M	45	Sen M	17 02:02:16	02:01:56	00:06:07	00:57:05	01:43:01
47	120	JOSÉ RAPOSO	RESTAURANTE O MUCHACHO / V.A.C	M	46	M45 M	8 02:02:23	02:02:03	00:06:08	00:57:01	01:43:03

Lugar	Dorsal	Nome	Equipa	Sexo		Categoria	Tempo	Chip	Ritmo	Km7	Km14	
48	8	AMÉRICO PALA RODRIGUES	OS GALGOS	M	47	M60 M	2	02:02:52	02:02:48	00:06:09	00:54:14	01:40:51
49	59	FILIFE GONÇALVES		M	48	Sen M	18	02:03:08	02:02:50	00:06:10	00:55:20	01:42:05
50	241	INÊS PEIXOTO		F	2	M40 F	1	02:03:14	02:03:07	00:06:10	00:54:53	01:42:37
51	61	FRANCISCO CAPITÃO		M	49	M45 M	9	02:03:16	02:03:04	00:06:10	00:56:21	01:42:23
52	152	MIGUEL JUDAS		M	50	M45 M	10	02:03:27	02:03:08	00:06:11	00:56:13	01:44:07
53	163	NUNO MIGUEL PEREIRA DE SOUSA	SALAMANDRECOS	M	51	M40 M	11	02:03:59	02:03:43	00:06:12	00:55:10	01:43:13
54	63	GABRIEL TROUVÉ		M	52	M50 M	9	02:04:33	02:04:22	00:06:14	00:57:16	01:45:20
55	154	MIGUEL PEDRO		M	53	M50 M	10	02:04:57	02:04:52	00:06:15	00:57:18	01:45:07
56	155	MIGUEL PINHO		M	54	M45 M	11	02:05:37	02:05:20	00:06:17	00:57:35	01:46:09
57	149	MIGUEL COSTA		M	55	M45 M	12	02:05:48	02:05:44	00:06:18	00:55:54	01:43:19
58	40	DAVID RODRIGUES	GRD OS FIXES	M	56	Sen M	19	02:06:24	02:06:15	00:06:20	00:55:34	01:46:37
59	146	MICHEL GOMES		M	57	M40 M	12	02:06:42	02:06:38	00:06:21	00:57:55	01:46:18
60	28	CARLOS HENRIQUES		M	58	M55 M	3	02:06:55	02:06:42	00:06:21	00:58:24	01:46:48
61	160	NINO RALEIRAS		M	59	M45 M	13	02:06:59	02:06:42	00:06:21	00:56:14	01:45:15
62	12	ANTÓNIO BAPTISTA		M	60	M50 M	11	02:07:05	02:07:00	00:06:22	00:57:02	01:46:02
63	248	HUGO FERNANDES	MONSANTO RUNNING TEAM	M	61	Sen M	20	02:07:16	02:06:55	00:06:22	00:55:55	01:45:46
64	107	JORGE ALVES		M	62	M40 M	13	02:07:56	02:07:33	00:06:24	00:58:22	01:46:17
65	209	RUI LIGEIRO		M	63	M45 M	14	02:08:44	02:08:32	00:06:27	00:58:09	01:46:33
66	68	GONÇALO PORÊLO		M	64	Sen M	21	02:08:58	02:08:51	00:06:27	00:50:51	01:49:33
67	181	PEDRO ALMEIDA SANTOS		M	65	Sen M	22	02:09:09	02:08:56	00:06:28	00:56:19	01:47:56
68	203	RODRIGO MORAIS	SALAMANDRECOS	M	66	M40 M	14	02:10:02	02:09:48	00:06:31	00:58:06	01:48:05
69	3	ALCINO RAMOS		M	67	M60 M	3	02:10:04	02:10:01	00:06:31	00:57:24	01:47:32
70	64	GABRIELA GENOVA		F	3	Sen F	2	02:10:14	02:10:10	00:06:31	00:57:55	01:48:43
71	29	CARLOS MONTEIRO		M	68	M60 M	4	02:10:41	02:10:30	00:06:33	00:56:04	01:48:27
72	110	JORGE FERREIRA		M	69	M45 M	15	02:10:49	02:10:42	00:06:33	00:57:20	01:48:46
73	162	NUNO FREIRE	GROSZTI	M	70	Sen M	23	02:11:08	02:10:52	00:06:34	00:59:06	01:49:35
74	15	ANTÓNIO GUERREIRO		M	71	M60 M	5	02:11:10	02:10:57	00:06:34	01:00:44	01:50:20
75	195	RAFAEL DIAS		M	72	M45 M	16	02:11:55	02:11:49	00:06:36	00:57:32	01:50:07
76	84	ITSASO		F	4	M45 F	1	02:11:55	02:11:49	00:06:36	01:00:48	01:50:51
77	196	RICARDO		M	73	M45 M	17	02:11:55	02:11:48	00:06:36	01:00:46	01:50:51
78	129	LUÍS SOUSA	RESTAURANTE O MUCHACHO / V.A.C	M	74	M40 M	15	02:11:55	02:11:35	00:06:36	00:57:06	01:49:22
79	16	ANTONIO PINTO		M	75	M60 M	6	02:12:05	02:11:50	00:06:37	01:01:31	01:50:59
80	91	JOÃO ANTUNES		M	76	M50 M	12	02:12:10	02:12:02	00:06:37	00:57:00	01:48:50
81	55	FERNANDO VICENTE		M	77	M55 M	4	02:13:09	02:13:06	00:06:40	00:59:43	01:50:25
82	113	JORGE SOBRINHO		M	78	M50 M	13	02:13:10	02:13:06	00:06:40	00:56:30	01:48:16
83	172	PAULO DOMINGOS	RESTAURANTE O MUCHACHO / V.A.C	M	79	M50 M	14	02:13:35	02:13:21	00:06:41	01:00:01	01:51:37
84	45	DOUGLAS FRY		M	80	M60 M	7	02:15:07	02:14:58	00:06:46	01:00:49	01:53:17
85	89	JOÃO ANJOS		M	81	M55 M	5	02:15:23	02:15:09	00:06:47	00:59:51	01:51:17
86	130	LUÍS TRIGO		M	82	Sen M	24	02:15:37	02:15:27	00:06:47	00:58:02	01:52:15
87	193	PEDRO TRIGO		M	83	Sen M	25	02:15:38	02:15:28	00:06:47	00:58:02	01:52:15
88	225	TIAGO DIAS	SALAMANDRECOS	M	84	Sen M	26	02:15:56	02:15:41	00:06:48	00:58:27	01:50:58
89	74	HENRIQUE ADREGA		M	85	M60 M	8	02:16:06	02:15:57	00:06:49	01:02:49	01:53:47
90	183	PEDRO CRUZ		M	86	M45 M	18	02:16:08	02:16:01	00:06:49	01:02:16	01:54:06
91	182	PEDRO COSTA		M	87	M40 M	16	02:16:08	02:16:01	00:06:49	01:02:15	01:54:06
92	5	ALEXANDRE JARDIM		M	88	M40 M	17	02:16:50	02:16:45	00:06:51	01:00:01	01:53:53
93	228	TIAGO PINHAL	CTT LISBOA	M	89	M40 M	18	02:16:57	02:16:41	00:06:51	01:00:55	01:53:55
94	100	JOÃO REIS		M	90	M55 M	6	02:17:28	02:17:18	00:06:53	01:00:37	01:53:49

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7	Km14
95	161	NUNO CODEÇO	DUBLIN O'SEVEN	M	91 M40 M	19 02:18:28	02:18:15	00:06:56	01:01:21	01:54:17
96	147	MIGUEL AZEVEDO		M	92 M45 M	19 02:18:32	02:18:20	00:06:56	01:00:23	01:55:50
97	33	CASIMIRO SILVA	GRCD LEIÃO - COBRAS TRAILISTAS	M	93 M45 M	20 02:18:45	02:18:42	00:06:57	01:00:47	01:55:29
98	214	SARA NOGUEIRA	GRCD LEIÃO - COBRAS TRAILISTAS	F	5 M40 F	2 02:18:45	02:18:42	00:06:57	01:00:47	01:55:25
99	116	JOSÉ COSTA ALVES		M	94 M50 M	15 02:18:48	02:18:38	00:06:57	00:58:32	01:53:51
100	118	JOSE NUNES	CORREDORES FDS	M	95 M40 M	20 02:18:49	02:18:37	00:06:57	01:03:18	01:55:55
101	93	JOÃO FREDERICO MARTINS	CORREDORES FDS	M	96 Sen M	27 02:18:49	02:18:38	00:06:57	01:03:20	01:55:53
102	71	GRAÇA ROLDÃO	OS TUGAS	F	6 M55 F	1 02:20:50	02:20:31	00:07:03	01:02:57	01:56:16
103	176	PAULO MOUTINHO		M	97 M45 M	21 02:20:52	02:20:44	00:07:03	01:02:52	01:57:39
104	104	JOAOMOITEIRO		M	98 M45 M	22 02:20:54	02:20:41	00:07:03	01:02:31	01:56:49
105	126	LUIS CARREIRA		M	99 M45 M	23 02:21:19	02:21:05	00:07:04	01:02:15	01:57:28
106	165	NUNO PARREIRA	100 LIMITES	M	100 M40 M	21 02:21:39	02:21:25	00:07:05	01:07:09	02:01:24
107	177	PAULO PICÃO	MONSANTO RUNNING TEAM	M	101 M45 M	24 02:22:08	02:21:56	00:07:07	01:01:23	01:58:22
108	43	DIDIER VALENTE	MONSANTO RUNNING TEAM	M	102 M45 M	25 02:22:08	02:21:57	00:07:07	01:00:57	01:58:28
109	69	GONÇALO SANTOS		M	103 M40 M	22 02:22:22	02:22:18	00:07:08	01:00:45	01:55:29
110	217	SERGIO NUNES		M	104 M40 M	23 02:23:13	02:23:10	00:07:10	01:04:46	02:00:27
111	138	MARIANELA FIGUEIREDO		F	7 M45 F	2 02:23:52	02:23:48	00:07:12	01:02:50	02:00:35
112	51	FAVELINA SANTOS	GRCD LEIÃO - COBRAS TRAILISTAS	F	8 M45 F	3 02:23:55	02:23:51	00:07:12	01:02:51	02:00:56
113	246	JOÃO ZACARIAS		M	105 M50 M	16 02:24:19	02:24:11	00:07:13	01:03:25	02:00:30
114	200	RICARDO PEREIRA	DUBLIN O'SEVEN	M	106 M45 M	26 02:24:52	02:24:36	00:07:15	01:03:54	02:00:48
115	67	GONÇALO PEDRO		M	107 Sen M	28 02:24:54	02:24:48	00:07:15	01:01:03	02:00:03
116	132	MANUEL BRAÇADAS	BARBARIS TEAM ELVAS	M	108 Sen M	29 02:24:57	02:24:43	00:07:15	01:02:11	02:00:04
117	171	PAULINO RODRIGUES		M	109 M55 M	7 02:25:21	02:24:59	00:07:17	01:10:13	02:02:20
118	194	RAFAEL AZRY		M	110 M50 M	17 02:26:08	02:26:02	00:07:19	01:03:01	02:01:11
119	222	SÓNIA LOUREIRO		F	9 M40 F	3 02:26:40	02:26:17	00:07:20	01:05:22	02:01:23
120	224	TERESA OURIQUE		F	10 Sub23 F	1 02:26:41	02:26:18	00:07:21	01:05:28	02:01:16
121	78	HUGO SANTOS		M	111 M40 M	24 02:26:50	02:26:30	00:07:21	01:06:26	02:04:19
122	6	ÁLVARO FURTADO		M	112 M60 M	9 02:26:54	02:26:30	00:07:21	01:04:25	02:00:06
123	49	FRANCISCO AFONSO		M	113 M55 M	8 02:27:52	02:27:43	00:07:24	01:03:29	02:01:20
124	44	DIOGO BOBONE		M	114 M45 M	27 02:30:27	02:30:08	00:07:32	01:01:39	02:02:54
125	186	PEDRO JORDÃO		M	115 Sen M	30 02:30:40	02:30:16	00:07:32	01:07:00	02:05:21
126	148	MIGUEL ANGELO CANARIA RIBEIRO		M	116 M45 M	28 02:33:04	02:32:44	00:07:40	01:06:17	02:07:47
127	24	CARLA PATRICIA GALVÃO RIBEIRO		F	11 M45 F	4 02:33:04	02:32:45	00:07:40	01:06:17	02:07:46
128	75	HENRIQUE FERREIRA		M	117 Sen M	31 02:33:07	02:32:52	00:07:40	01:05:31	02:06:26
129	94	JOÃO GAMEIRO		M	118 Sen M	32 02:33:26	02:33:04	00:07:41	01:01:32	02:02:39
130	26	CARLOS CORREIA		M	119 M45 M	29 02:33:27	02:33:04	00:07:41	01:01:38	02:02:38
131	124	LUÍS ALTER		M	120 M40 M	25 02:33:28	02:33:17	00:07:41	01:06:30	02:07:42
132	239	JOSÉ JORGE CARANOVA BRÁS		M	121 M55 M	9 02:33:29	02:33:11	00:07:41	01:06:38	02:07:35
133	140	MARIO ADELINO VICENTE MENDES	CLUBE MILLENNIUM BCP	M	122 M55 M	10 02:33:48	02:33:37	00:07:42	01:04:48	02:06:40
134	247	CARLOS ANTÓNIO ARAÚJO RODRIGUES		M	123 M45 M	30 02:34:51	02:34:32	00:07:45	01:13:03	02:09:31
135	220	SIMONE COIMBRA		F	12 Sen F	3 02:35:06	02:34:48	00:07:46	01:05:04	02:07:28
136	97	JOÃO LEITÃO	MTBA	M	124 M45 M	31 02:35:33	02:35:23	00:07:47	01:10:33	02:10:43
137	72	HELENA LEITÃO	MTBA	F	13 M45 F	5 02:35:33	02:35:23	00:07:47	01:10:33	02:10:44
138	198	RICARDO M B RODRIGUES		M	125 M45 M	32 02:35:47	02:35:39	00:07:48	01:03:59	02:06:05
139	4	ALEXANDRA COELHO		F	14 Sen F	4 02:37:38	02:37:24	00:07:53	01:03:20	02:09:45
140	86	JESUS	BARBARIS TEAM ELVAS	M	126 Sen M	33 02:37:38	02:37:25	00:07:53	01:03:22	02:09:47
141	27	CARLOS GONÇALVES		M	127 M60 M	10 02:39:31	02:39:19	00:07:59	01:10:25	02:13:24

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7	Km14
142	25	CARLOS ALVES		M	128 M60 M	11 02:39:32	02:39:21	00:07:59	01:00:57	02:00:10
143	175	PAULO MORÃO		M	129 M55 M	11 02:39:38	02:39:25	00:07:59	01:08:11	02:09:53
144	66	GLÓRIA VILELA		F	15 M45 F	6 02:39:54	02:39:34	00:08:00	01:11:22	02:14:08
145	188	PEDRO MIGUEL HENRIQUES		M	130 M45 M	33 02:39:55	02:39:32	00:08:00	01:09:49	02:12:06
146	221	SOLANGE AZEVEDO		F	16 Sen F	5 02:40:47	02:40:41	00:08:03	01:03:48	02:09:55
147	38	DANIEL BARROQUEIRO		M	131 Sen M	34 02:40:53	02:40:39	00:08:03	01:06:50	02:10:47
148	170	PAULA SANTOS	OS TUGAS	F	17 M50 F	1 02:41:20	02:41:00	00:08:04	01:13:13	02:15:33
149	208	RUI DUARTE		M	132 M45 M	34 02:41:23	02:41:04	00:08:05	01:07:28	02:11:27
150	52	FERNANDO DIAS	GERÊS FOREVER	M	133 M55 M	12 02:41:52	02:41:31	00:08:06	01:09:17	02:10:09
151	103	JOÃO VICENTE		M	134 M55 M	13 02:41:58	02:41:39	00:08:06	01:10:42	02:14:36
152	82	INÊS TOMÉ DOS SANTOS		F	18 Sen F	6 02:41:58	02:41:39	00:08:06	01:10:43	02:14:36
153	121	JUCA JACOB		M	135 M50 M	18 02:42:07	02:41:44	00:08:07	01:14:08	02:15:20
154	23	CARLA MATOS	MONSANTO RUNNING TEAM	F	19 Sen F	7 02:42:30	02:42:18	00:08:08	01:12:51	02:16:39
155	31	CARLOS SILVA	FORTÍSSIMOS	M	136 Sen M	35 02:42:30	02:42:23	00:08:08	01:11:02	02:16:08
156	105	JOAQUIM COUTINHO		M	137 M50 M	19 02:42:35	02:42:16	00:08:08	01:08:18	02:15:39
157	206	RUI BRITO	GERÊS FOREVER	M	138 M40 M	26 02:42:42	02:42:21	00:08:09	01:09:16	02:10:31
158	77	HUGO MARTINS	GERÊS FOREVER	M	139 Sen M	36 02:42:42	02:42:22	00:08:09	01:09:19	02:10:32
159	151	MIGUEL FONSECA	GERÊS FOREVER	M	140 M50 M	20 02:42:42	02:42:22	00:08:09	01:09:17	02:10:07
160	237	VITOR GONÇALVES	4 AO KM	M	141 M50 M	21 02:42:46	02:42:28	00:08:09	01:12:19	02:14:42
161	83	ISADORA COSTA	4 AO KM	F	20 Sen F	8 02:42:46	02:42:28	00:08:09	01:12:20	02:14:43
162	137	MARIA LUÍS MARQUES DOS SANTOS	GRCD LEIÃO - COBRAS TRAILISTAS	F	21 Sub23 F	2 02:42:55	02:42:52	00:08:09	01:15:09	02:17:20
163	205	ROSA MARQUES	GRCD LEIÃO - COBRAS TRAILISTAS	F	22 M45 F	7 02:42:56	02:42:52	00:08:09	01:15:10	02:17:20
164	168	ÓSCAR BRITO	RESTAURANTE O MUCHACHO / V.A.C	M	142 M50 M	22 02:43:15	02:42:52	00:08:10	01:11:30	02:17:03
165	18	ARMANDA SEMEÃO	100 LIMITES	F	23 M40 F	4 02:44:55	02:44:38	00:08:15	01:14:27	02:18:08
166	164	NUNO OLIVEIRA	CTT LISBOA	M	143 M40 M	27 02:46:15	02:45:55	00:08:19	01:08:15	02:15:34
167	197	RICARDO CARVALHO	CTT LISBOA	M	144 M45 M	35 02:46:15	02:46:05	00:08:19	01:08:27	02:15:51
168	136	MARIA GLÓRIA SANTOS	OPRATICANTE.PT	F	24 M50 F	2 02:47:10	02:47:01	00:08:22	01:12:50	02:17:40
169	70	GRAÇA COSTA PEREIRA	OPRATICANTE.PT	F	25 M50 F	3 02:47:10	02:47:01	00:08:22	01:12:51	02:17:40
170	30	CARLOS SANTOS		M	145 M60 M	12 02:47:58	02:47:41	00:08:24	01:11:55	02:16:23
171	185	PEDRO FERREIRA	ALVERCA URBAN RUNNERS	M	146 M45 M	36 02:50:16	02:50:00	00:08:31	01:11:25	02:20:59
172	215	SERGIO CAÇADOR RAMOS	ALVERCA URBAN RUNNERS	M	147 M45 M	37 02:50:16	02:50:01	00:08:31	01:11:25	02:21:00
173	127	LUIS MANUEL AUGUSTO COTRIM SILVA	CLUBE MILLENNIUM BCP	M	148 M50 M	23 02:51:33	02:51:22	00:08:35	01:14:41	02:21:33
174	122	JULIANA CONCEICAO A COTRIM SILVA	CLUBE MILLENNIUM BCP	F	26 M45 F	8 02:51:33	02:51:22	00:08:35	01:14:49	02:21:33
175	111	JORGE MARCELINO		M	149 M60 M	13 02:52:29	02:52:19	00:08:38	01:09:51	02:20:56
176	191	PEDRO REBELO	PORTUGALRUNNING	M	150 M45 M	38 02:53:37	02:53:17	00:08:41	01:10:45	02:26:38
177	106	JOAQUIM OLIVEIRA	100 LIMITES	M	151 Sen M	37 02:55:12	02:54:58	00:08:46	01:15:55	02:23:39
178	87	JOANA BANDEIRA	100 LIMITES	F	27 Sen F	9 02:55:13	02:54:59	00:08:46	01:15:55	02:23:40
179	142	MARIO SANTOS	MONTE DA LUA RUNNERS	M	152 M50 M	24 02:56:21	02:56:00	00:08:50	01:16:44	02:26:42
180	159	NEUZA ALVES		F	28 M40 F	5 02:58:50	02:58:28	00:08:57	01:18:57	02:28:52
181	202	RICARDO SANTOS	AMOUSE-BOUCHE	M	153 Sen M	38 03:05:19	03:05:04	00:09:16	01:14:42	02:29:07
182	9	ANA MARGARIDA	AMOUSE-BOUCHE	F	29 Sen F	10 03:05:19	03:05:04	00:09:16	01:14:42	02:29:16
183	184	PEDRO DE BRITO SIMÕES		M	154 M60 M	14 03:08:29	03:08:07	00:09:26	01:17:03	02:33:27
184	20	AURELIANO ANTÓNIO VASCONCELOS		M	155 M60 M	15 03:32:38	03:32:32	00:10:38	01:29:32	02:49:42
185	143	MARTA GIRÃO		F	30 M40 F	6 03:33:26	03:33:09	00:10:41	01:26:11	02:49:33
186	213	SANDRA COSTA		F	31 Sen F	11 03:33:26	03:33:10	00:10:41	01:26:12	02:49:34
187	411	FILOMENA SOARES	OPRATICANTE.PT	F	32 M60 F	1 03:48:03	03:47:59	00:11:25	01:31:23	03:02:49

Lugar Equipa		Tempo
1	RESTAURANTE O MUCHACHO / V.A.C	05:37:36
2	SALAMANDRECOS	05:46:40
3	MONSANTO RUNNING TEAM	06:55:26
4	CTT LISBOA	06:59:51
5	GRCD LEIÃO - COBRAS TRAILISTAS	07:01:24
6	CLUBE MILLENNIUM BCP	07:27:17
7	100 LIMITES	08:01:45
8	GERÊS FOREVER	08:07:16
9	OPRATICANTE.PT	09:22:22