

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7
1	359	JOÃO FERREIRA		M	1 M40 M	1 00:50:37	00:50:34	00:05:04	00:39:28
2	470	LUÍS CASTRO		M	2 Sen M	1 00:51:08	00:51:00	00:05:07	00:40:54
3	21	BRUNO CARVALHO	MONSANTO RUNNING TEAM	M	3 M40 M	2 00:51:45	00:51:42	00:05:11	00:41:33
4	588	VASCO MOREIRA		M	4 M40 M	3 00:52:55	00:52:51	00:05:18	00:42:14
5	408	FILIPE ALVARELHOS	FRIENDS CLIMBING	M	5 Sen M	2 00:56:44	00:56:41	00:05:41	00:45:28
6	450	JOSÉ AMARO		M	6 M40 M	4 00:56:51	00:56:48	00:05:42	00:45:27
7	585	TIAGO TRABUCHO DE PÁDUA		M	7 Sen M	3 00:58:01	00:57:44	00:05:49	00:46:28
8	348	BRUNO SOUSA		M	8 M40 M	5 00:58:28	00:58:04	00:05:51	00:47:37
9	337	ANTÓNIO MAJOR	WINE MODERATION RUNNING	M	9 M55 M	1 00:58:30	00:57:57	00:05:51	00:46:44
10	468	LUCIANO DANTAS		M	10 M50 M	1 00:58:53	00:58:49	00:05:54	00:46:45
11	509	MIGUEL SEQUEIRA	LINDA-A-PASTORA SPORTING CLUBE	M	11 Sen M	4 00:59:36	00:59:29	00:05:58	00:47:22
12	389	DIOGO REIS		M	12 Sen M	5 01:00:51	01:00:46	00:06:06	00:48:17
13	586	VALÉRIO MENDES		M	13 M40 M	6 01:01:08	01:01:05	00:06:07	00:48:54
14	591	VITOR CANTO	LINDA-A-PASTORA SPORTING CLUBE	M	14 M45 M	1 01:01:28	01:01:21	00:06:09	00:48:39
15	382	DAVID NOGUEIRA MOREIRA		M	15 Sen M	6 01:01:49	01:01:42	00:06:11	00:49:31
16	406	FERNANDO ROSA	GMCJAMOR	M	16 M55 M	2 01:02:06	01:02:02	00:06:13	00:49:13
17	379	DANIEL REVÉS		M	17 Sub23 M	1 01:02:15	01:02:01	00:06:14	00:49:50
18	446	RUI RAMOS		M	18 M40 M	7 01:02:26	01:02:20	00:06:15	00:49:09
19	431	ISABEL RODRIGUES		F	1 M45 F	1 01:02:44	01:02:37	00:06:17	00:49:31
20	473	LUIS MIGUEL PINTO VIEIRA		M	19 M45 M	2 01:02:56	01:02:44	00:06:18	00:50:02
21	353	CARLOS DUARTE		M	20 M60 M	1 01:03:01	01:02:53	00:06:19	00:50:37
22	355	CARLOS GONÇALVES	SSCGD	M	21 Sen M	7 01:03:20	01:03:11	00:06:20	00:50:23
23	403	EMANUEL PEQUENO	HUT RUNNERS OEIRAS	M	22 M40 M	8 01:03:39	01:03:07	00:06:22	00:50:15
24	528	PAULO BOTELHO		M	23 M45 M	3 01:03:59	01:03:45	00:06:24	00:51:18
25	548	RUI DIAS		M	24 M50 M	2 01:04:14	01:04:00	00:06:26	00:51:41
26	404	FERNANDO NETO	DREAM TEAM	M	25 M45 M	4 01:04:35	01:04:33	00:06:28	00:51:26
27	344	BRUNO ALVES DE SOUSA		M	26 Sub23 M	2 01:04:50	01:04:27	00:06:29	00:50:09
28	390	DUARTE ALVES		M	27 Sub23 M	3 01:04:51	01:04:28	00:06:30	00:50:08
29	472	LUIS MANUEL BRANCO DIAS		M	28 M50 M	3 01:05:29	01:05:11	00:06:33	00:52:02
30	514	VASCO BRANCO		M	29 Sen M	8 01:05:31	01:05:27	00:06:34	00:52:09
31	516	NUNO ALMEIDA		M	30 M40 M	9 01:05:34	01:05:25	00:06:34	00:53:39
32	496	MÁRIO BASTARDO		M	31 M40 M	10 01:06:06	01:05:38	00:06:37	00:53:11
33	324	FILIPE COELHO		M	32 Sen M	9 01:06:14	01:05:43	00:06:38	00:53:20
34	442	JOÃO PINTO		M	33 M40 M	11 01:06:43	01:06:31	00:06:41	00:53:26
35	440	JOÃO PAULO DIAS		M	34 M50 M	4 01:06:54	01:06:39	00:06:42	00:53:45
36	444	JOAQUIM AMARAL	GRCD LEIÃO COBRAS TREILISTAS	M	35 M40 M	12 01:07:28	01:07:23	00:06:45	00:53:51
37	559	SANDRA ALVES		F	2 M40 F	1 01:07:30	01:07:06	00:06:45	00:53:26
38	480	MANUEL PEREIRA	PORTUGALRUNNING	M	36 M50 M	5 01:07:50	01:07:46	00:06:47	00:53:36
39	583	TIAGO PINTO	WINE MODERATION RUNNING	M	37 M40 M	13 01:07:55	01:07:19	00:06:48	00:54:33
40	578	THOMAS STARK	EL LOCOS	M	38 M40 M	14 01:07:58	01:07:33	00:06:48	00:54:13
41	502	MARK FAIRLEY	EL LOCOS	M	39 M50 M	6 01:07:59	01:07:33	00:06:48	00:54:13
42	542	RICARDO SALGADO		M	40 Sen M	10 01:08:26	01:08:11	00:06:51	00:54:13
43	361	CARLOS PÁSCOA		M	41 M60 M	2 01:08:32	01:08:25	00:06:52	00:54:28
44	606	RUI MIGUEL CARDOSO		M	42 Sen M	11 01:08:33	01:08:26	00:06:52	00:53:57
45	460	KAROLINA SZERLAG		F	3 Sen F	1 01:08:40	01:08:32	00:06:52	00:54:42
46	319	ANA SILVANO		F	4 Sen F	2 01:08:40	01:08:33	00:06:52	00:54:55
47	445	JORGE FRANCISCO	HUT RUNNERS OEIRAS	M	43 M40 M	15 01:08:52	01:08:22	00:06:54	00:54:29

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7
48	593	ANA MONTEIRO		F	5 M40 F	2 01:09:16	01:09:13	00:06:56	00:55:08
49	340	ANTÓNIO VARELA		M	44 M50 M	7 01:09:41	01:09:35	00:06:59	00:55:11
50	42	DAVIDE GOMES DE SENA		M	45 Sen M	12 01:09:47	01:09:24	00:06:59	00:56:04
51	552	RUI RODRIGUES		M	46 M45 M	5 01:09:54	01:09:43	00:07:00	00:55:35
52	499	MARIO LOPES		M	47 M40 M	16 01:09:54	01:09:44	00:07:00	00:55:36
53	524	PATRÍCIA LUZ		F	6 M40 F	3 01:10:36	01:10:18	00:07:04	00:55:53
54	433	JOANA CAROLINA MENDES DIAS		F	7 Sen F	3 01:10:41	01:10:33	00:07:05	00:56:15
55	375	CRISTINA	GMCJAMOR	F	8 M40 F	4 01:10:56	01:10:53	00:07:06	00:56:57
56	413	GONÇALO CARDOSO		M	48 M40 M	17 01:11:05	01:11:00	00:07:07	00:56:28
57	441	JOÃO PEDRO PEREIRA DOS SANTOS		M	49 Sen M	13 01:11:09	01:10:54	00:07:07	00:56:48
58	356	CARLOS JESUS		M	50 M55 M	3 01:11:35	01:11:22	00:07:10	00:56:48
59	592	WILSON CARRASCO	GALGOS DO CAROÇO	M	51 M55 M	4 01:11:50	01:11:22	00:07:11	00:57:17
60	600	RUI MIGUEL PEDRAS FALE		M	52 Sen M	14 01:11:52	01:11:19	00:07:12	00:58:07
61	519	OCTÁVIO FERRO		M	53 M50 M	8 01:12:12	01:12:05	00:07:14	00:57:39
62	363	CARMEN SANTOS		F	9 M45 F	2 01:12:15	01:12:11	00:07:14	00:56:29
63	339	ANTÓNIO SAMUEL SANTOS CORDEIRO BREITES MOREIRA		M	54 Sen M	15 01:12:20	01:12:04	00:07:14	00:57:38
64	300	ACÁCIO CLEMENTE		M	55 M50 M	9 01:12:36	01:12:26	00:07:16	00:59:31
65	464	LÍLIA GONÇALVES	HUT RUNNERS OEIRAS	F	10 M50 F	1 01:12:43	01:12:14	00:07:17	00:58:09
66	439	JOÃO PARDAL	HUT RUNNERS OEIRAS	M	56 M40 M	18 01:12:46	01:12:13	00:07:17	00:58:08
67	597	PEDRO ANDRADE		M	57 M45 M	6 01:13:05	01:12:56	00:07:19	00:56:51
68	405	FERNANDO OLIVEIRA		M	58 M40 M	19 01:13:13	01:13:00	00:07:20	00:57:19
69	414	GONÇALO NUNO BARATA MARTINS	+JOLAS	M	59 Sen M	16 01:13:16	01:12:16	00:07:20	00:59:01
70	307	ANA AMARO		F	11 M45 F	3 01:13:26	01:13:23	00:07:21	00:57:27
71	451	JOSÉ CALHEIROS		M	60 M45 M	7 01:13:28	01:13:22	00:07:21	00:58:44
72	599	ANDRÉ FRANCISCO DE ALMEIDA CASTRO		M	61 Sen M	17 01:13:29	01:13:13	00:07:21	00:58:33
73	521	PEDRO BRÁS		M	62 M40 M	20 01:13:29	01:13:11	00:07:21	00:58:39
74	534	PEDRO HOLTREMAN	+JOLAS	M	63 M45 M	8 01:13:40	01:12:41	00:07:22	00:59:01
75	596	VÍTOR HUGO FARIA		M	64 Sen M	18 01:13:48	01:13:39	00:07:23	00:58:38
76	467	LOURDES ROMERO		F	12 M60 F	1 01:13:50	01:13:43	00:07:23	00:58:51
77	438	JOAO MARTINS		M	65 M45 M	9 01:14:07	01:13:47	00:07:25	00:59:26
78	399	ELISABETE ROCHA		F	13 M40 F	5 01:14:33	01:14:20	00:07:28	00:59:26
79	504	MARTA MONTEIRO	OS GALGOS	F	14 Sen F	4 01:14:34	01:14:07	00:07:28	00:58:37
80	443	JOÃO RODRIGUES		M	66 Sen M	19 01:15:12	01:15:01	00:07:32	01:02:03
81	360	CARLOS MORAIS	MORAIS	M	67 M50 M	10 01:15:12	01:14:51	00:07:32	01:01:57
82	462	KHALED BENABOURA		M	68 M50 M	11 01:15:27	01:15:02	00:07:33	01:00:00
83	370	CÉLIA SILVA	LINDA-A-PASTORA SPORTING CLUBE	F	15 M40 F	6 01:15:35	01:15:27	00:07:34	00:58:53
84	530	PAULO REVÉS		M	69 M45 M	10 01:15:39	01:15:24	00:07:34	00:59:36
85	573	SUSANA PIFANO		F	16 Sen F	5 01:15:44	01:15:25	00:07:35	00:59:46
86	11	ANGELINA NASCIMENTO		F	17 Sen F	6 01:15:49	01:15:37	00:07:35	01:00:16
87	529	PAULO JORGE ALVES PINTO LUIS		M	70 M50 M	12 01:15:55	01:15:51	00:07:36	01:00:16
88	317	ANA RAPOSO	RESTAURANTE O MUCHACHO / V.A.C	F	18 M45 F	4 01:16:07	01:15:52	00:07:37	01:02:13
89	549	SÍLVIO PAIVA		M	71 M60 M	3 01:16:42	01:16:25	00:07:41	01:01:14
90	303	ALEXANDRE GUERRA		M	72 M40 M	21 01:16:42	01:16:25	00:07:41	01:01:14
91	393	EDGAR PAVAN	TRAIL 10 KM BRAZUCA	M	73 M40 M	22 01:16:49	01:16:10	00:07:41	01:01:02
92	570	SÓNIA SEQUEIRA	LINDA-A-PASTORA SPORTING CLUBE	F	19 M40 F	7 01:16:50	01:16:43	00:07:41	01:01:27
93	322	ANDRÉ FILIPE MADUREIRA MARTINS		M	74 Sen M	20 01:16:52	01:16:26	00:07:42	01:01:28
94	331	ANTÓNIO DA CONCEIÇÃO MARTINS		M	75 M55 M	5 01:16:53	01:16:26	00:07:42	01:01:28

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7	
95	456	JOSÉ ROSEIRO		M	76 M60 M	4	01:16:59	01:16:38	00:07:42	01:01:51
96	368	CÉLIA MINAU		F	20 M40 F	8	01:17:03	01:16:45	00:07:43	01:01:42
97	579	TIAGO MIGUEL CAMPOS FREIRE		M	77 Sen M	21	01:17:30	01:17:14	00:07:45	01:01:42
98	474	LUIS ROMANEIRO		M	78 M55 M	6	01:17:43	01:17:22	00:07:47	01:01:36
99	536	PEDRO MIGUEL GONÇALVES FERNANDES	MARRETAS RUNNERS	M	79 M45 M	11	01:17:49	01:17:45	00:07:47	01:02:48
100	563	SANDRA MARIA ALVES FERNANDES	MARRETAS RUNNERS	F	21 M45 F	5	01:17:49	01:17:45	00:07:47	01:02:53
101	458	JOSÉ SOUSA		M	80 M40 M	23	01:17:52	01:17:31	00:07:48	00:59:40
102	540	RICARDO MONIZ		M	81 M45 M	12	01:17:53	01:17:31	00:07:48	00:59:40
103	465	LILIANA HENRIQUES	RESTAURANTE O MUCHACHO / V.A.C	F	22 Sen F	7	01:17:59	01:17:45	00:07:48	01:02:44
104	572	SUSANA GOMES	RESTAURANTE O MUCHACHO / V.A.C	F	23 M50 F	2	01:18:00	01:17:45	00:07:48	01:02:43
105	421	HUGO PINTO		M	82 Sen M	22	01:18:08	01:17:49	00:07:49	01:01:57
106	481	MÁRCIA CORREIA	GRCD LEIÃO COBRAS TREILISTAS	F	24 Sen F	8	01:18:09	01:17:52	00:07:49	01:02:59
107	357	CARLOS MARQUES		M	83 M55 M	7	01:18:10	01:17:54	00:07:49	01:02:12
108	511	MONICA GRAFINO		F	25 Sen F	9	01:18:12	01:17:50	00:07:50	01:02:56
109	455	JOSE PORTELA	GALGOS DO CAROÇO	M	84 M50 M	13	01:18:34	01:18:05	00:07:52	01:01:47
110	527	PAULO		M	85 M50 M	14	01:18:44	01:18:25	00:07:53	01:02:50
111	321	ANDRÉ DIAS		M	86 Sen M	23	01:18:57	01:18:43	00:07:54	01:02:59
112	373	CLÁUDIO CRUZ		M	87 M40 M	24	01:19:05	01:18:45	00:07:55	01:02:12
113	338	ANTONIO PAIS	CCD O ALVITEJO/O FORNO	M	88 M60 M	5	01:19:53	01:19:51	00:08:00	01:03:24
114	557	SABINE RADAU		F	26 M40 F	9	01:20:29	01:20:26	00:08:03	01:03:52
115	308	ANA ARRANJA		F	27 Sen F	10	01:21:19	01:21:13	00:08:08	01:03:30
116	500	MARISA ALCÁCER		F	28 Sen F	11	01:21:19	01:21:13	00:08:08	01:03:30
117	415	HÉLDER DANIEL GOMES DA CUNHA NOGUEIRA		M	89 M45 M	13	01:21:20	01:21:07	00:08:08	01:04:21
118	349	CARLA ALEXANDRA FERNANDES CARVALHO FARIA		F	29 M50 F	3	01:21:41	01:21:36	00:08:11	01:04:47
119	354	CARLOS GONÇALVES		M	90 M60 M	6	01:22:01	01:21:42	00:08:13	01:04:55
120	422	HUMBERTO RODRIGUES GALVÃO		M	91 M45 M	14	01:22:03	01:21:41	00:08:13	01:05:40
121	333	ANTÓNIO GASPAS PEREIRA GOUVEIA		M	92 M45 M	15	01:22:03	01:21:41	00:08:13	01:05:39
122	347	BRUNO MORAIS	MORAIS	M	93 Sen M	24	01:22:31	01:22:09	00:08:16	01:04:40
123	506	MARTA RAPOSO	RESTAURANTE O MUCHACHO / V.A.C	F	30 Sub23 F	1	01:22:34	01:22:19	00:08:16	01:05:05
124	508	MIGUEL BAPTISTA	FAMILIA BAPTISTA	M	94 Sub23 M	4	01:22:54	01:22:28	00:08:18	01:06:09
125	388	DIOGO PIRES BAPTISTA	FAMILIA BAPTISTA	M	95 Sen M	25	01:22:54	01:22:29	00:08:18	01:05:01
126	187	PEDRO MIGUEL CABELEIRA NEVES	CLUBE MILLENNIUM BCP	M	96 M50 M	15	01:22:55	01:22:30	00:08:18	01:06:10
127	416	HELDER MANUEL DOS SANTOS	FAMILIA BAPTISTA	M	97 M50 M	16	01:22:55	01:22:30	00:08:18	01:06:11
128	174	PAULO MANUEL LOPES RATO	CLUBE MILLENNIUM BCP	M	98 M55 M	8	01:22:55	01:22:30	00:08:18	01:06:14
129	447	JORGE MELO		M	99 M50 M	17	01:23:10	01:23:00	00:08:19	01:05:21
130	535	PEDRO LOURENÇO	WINE MODERATION RUNNING	M	100 Sen M	26	01:23:14	01:22:40	00:08:20	01:04:34
131	544	RITA ANNES	HUT RUNNERS OEIRAS	F	31 M40 F	10	01:23:33	01:23:03	00:08:22	01:05:33
132	335	ANTÓNIO LOPES		M	101 M60 M	7	01:24:13	01:23:55	00:08:26	01:05:16
133	517	NUNO MIGUEL PRATES MARQUES		M	102 M40 M	25	01:24:13	01:23:57	00:08:26	01:06:26
134	402	EMANUEL JORGE FERNANDES		M	103 M40 M	26	01:24:14	01:23:58	00:08:26	01:06:26
135	513	NEUSA ALMEIDA	TEAM OF 2	F	32 M40 F	11	01:24:51	01:24:40	00:08:30	01:08:07
136	487	MARIA JOSÉ MATOS		F	33 M60 F	2	01:24:52	01:24:47	00:08:30	01:07:52
137	567	SARA BRANCO	DREAM TEAM	F	34 Sen F	12	01:24:53	01:24:51	00:08:30	01:07:13
138	485	MARIA JESSICA SILVA MENDES	GIRLS NO RUN AT ALL	F	35 Sen F	13	01:25:02	01:24:49	00:08:31	01:06:08
139	434	JOANA PATRICIA SANTOS FERNANDES LUIS	GIRLS NO RUN AT ALL	F	36 Sen F	14	01:25:13	01:25:00	00:08:32	01:06:44
140	76	HENRIQUE VILHENA		M	104 M60 M	8	01:25:14	01:25:07	00:08:32	01:08:09
141	418	HÉLIO MONTEIRO	FORTÍSSIMOS	M	105 M60 M	9	01:25:46	01:25:40	00:08:35	01:08:08

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7
142	505	MARTA PORTUGAL		F	37 Sen F	15 01:25:48	01:25:39	00:08:35	01:08:31
143	566	SARA ALVES		F	38 Sen F	16 01:25:49	01:25:40	00:08:35	01:08:31
144	346	BRUNO MIGUEL ALVES AFONSO	GMCJAMOR	M	106 M40 M	27 01:25:55	01:25:50	00:08:36	01:07:56
145	454	JOSÉ MARQUES		M	107 M60 M	10 01:26:10	01:26:05	00:08:37	01:07:56
146	551	RUI PINTO		M	108 M55 M	9 01:26:14	01:25:47	00:08:38	01:08:43
147	343	BRUNO ABRANTES		M	109 M40 M	28 01:26:23	01:26:01	00:08:39	01:07:26
148	518	NUNO VASCO HORTA PINTO ANJOS		M	110 M50 M	18 01:26:25	01:25:55	00:08:39	01:09:15
149	595	HUGO GOMES		M	111 Sen M	27 01:26:27	01:26:00	00:08:39	01:09:07
150	594	ANA GOMES		F	39 M45 F	6 01:26:28	01:26:00	00:08:39	01:09:07
151	539	RICARDO ALMEIDA	TEAM OF 2	M	112 M40 M	29 01:26:56	01:26:46	00:08:42	01:08:40
152	366	CATARINA AFONSO		F	40 Sen F	17 01:26:59	01:26:55	00:08:42	01:08:41
153	510	MIZÉ FRANCO	SPORTING FUTEBOL CLUBE ABELENSE	F	41 M40 F	12 01:27:13	01:27:00	00:08:44	01:09:13
154	412	GI COLAÇO	WINE MODERATION RUNNING	F	42 M45 F	7 01:27:16	01:26:43	00:08:44	01:11:26
155	336	ANTÓNIO LUIS BORGES PELENGANA		M	113 M45 M	16 01:27:20	01:27:08	00:08:44	01:11:22
156	571	SUSANA GOMES		F	43 M40 F	13 01:27:26	01:27:10	00:08:45	01:09:36
157	482	MARGARIDA PEREIRA		F	44 Sen F	18 01:27:34	01:27:06	00:08:46	01:09:22
158	512	NEILA MELLO CORTEZ		F	45 M40 F	14 01:27:42	01:27:37	00:08:47	01:07:49
159	329	ANGELICA GAFANHA	GRCD LEIÃO COBRAS TREILISTAS	F	46 M45 F	8 01:27:42	01:27:38	00:08:47	01:09:49
160	457	JOSÉ SILVA	FORTÍSSIMOS	M	114 M55 M	10 01:27:57	01:27:54	00:08:48	01:10:49
161	387	DIOGO LOPES		M	115 Sen M	28 01:28:02	01:27:45	00:08:49	01:08:21
162	391	DUARTE GODINHO		M	116 Sen M	29 01:28:41	01:28:26	00:08:53	01:15:09
163	318	ANA RITA ALMEIDA SANTOS		F	47 Sen F	19 01:28:46	01:28:32	00:08:53	01:10:10
164	561	SANDRA GRAÇA		F	48 M40 F	15 01:28:52	01:28:29	00:08:54	01:11:43
165	448	JOSÉ ALBERTO BAPTISTA	GMCJAMOR	M	117 M60 M	11 01:29:01	01:28:33	00:08:55	01:09:47
166	315	ANA MARIA LOURO		F	49 M45 F	9 01:29:32	01:29:19	00:08:58	01:11:37
167	320	SÓNIA VEIGA		F	50 M40 F	16 01:29:41	01:29:33	00:08:59	01:11:43
168	494	MARIANA PINHEIRO	GMCJAMOR	F	51 Sen F	20 01:29:44	01:29:27	00:08:59	01:11:50
169	556	RUTE MANUEL GALVÃO	CTA GIRLS	F	52 M40 F	17 01:29:45	01:29:29	00:08:59	01:10:03
170	407	FILIPA SOUSA		F	53 Sen F	21 01:29:49	01:29:39	00:08:59	01:11:58
171	376	CRISTINA MARIA DA NAZARÉ LEBRE	CTA GIRLS	F	54 M50 F	4 01:30:08	01:29:52	00:09:01	01:11:03
172	238	VITÓRIA MONTEIRO	GRD OS FIXES	F	55 M60 F	3 01:30:08	01:30:06	00:09:01	01:11:58
173	420	HUGO CARVALHO		M	118 M40 M	30 01:30:10	01:29:58	00:09:01	01:12:00
174	461	KELLY FRANCO		F	56 M40 F	18 01:30:13	01:29:55	00:09:02	01:10:51
175	463	LEANDRO LUCENA		M	119 Sen M	30 01:30:13	01:29:55	00:09:02	01:11:33
176	384	DIANA BASILIO		F	57 Sen F	22 01:30:25	01:30:06	00:09:03	01:12:00
177	436	JOÃO BASILIO		M	120 M55 M	11 01:30:25	01:30:06	00:09:03	01:12:00
178	428	IOLANDA FELICIANO		F	58 M45 F	10 01:30:34	01:30:03	00:09:04	01:12:15
179	575	TÂNIA GIRÃO	HUT RUNNERS OEIRAS	F	59 Sen F	23 01:30:34	01:30:02	00:09:04	01:12:13
180	145	MELODIE SILVA		F	60 Sen F	24 01:30:36	01:30:13	00:09:04	01:11:52
181	471	LUIS LOPES		M	121 M60 M	12 01:31:09	01:30:52	00:09:07	01:11:43
182	305	ALÍPIO COSTA		M	122 M45 M	17 01:31:10	01:30:53	00:09:07	01:11:48
183	498	MÁRIO LOBO		M	123 M45 M	18 01:31:10	01:30:53	00:09:07	01:11:47
184	503	MARTA ALVES		F	61 M40 F	19 01:31:14	01:30:45	00:09:08	01:12:50
185	323	ANDRÉ FIUZA HENRIQUES		M	124 Sen M	31 01:31:14	01:30:46	00:09:08	01:12:50
186	352	CARLA MARTINGO		F	62 M50 F	5 01:31:30	01:31:01	00:09:09	01:12:16
187	526	PAULA MACHADO	GMCJAMOR	F	63 M60 F	4 01:31:41	01:31:36	00:09:11	01:13:05
188	495	MARINA BATISTA	GMCJAMOR	F	64 Sen F	25 01:31:41	01:31:37	00:09:11	01:13:06

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7	
189	364	CARMINDA PIRES		F	65 M55 F	1	01:31:50	01:31:37	00:09:11	01:12:06
190	378	DAMIÃO REGA		M	125 M55 M	12	01:31:50	01:31:37	00:09:11	01:12:06
191	469	LUCIANO MATOS		M	126 M60 M	13	01:32:23	01:32:17	00:09:15	01:14:56
192	410	FILIPE NUNO		M	127 M40 M	31	01:32:34	01:32:12	00:09:16	01:13:20
193	453	JOSE GRAFINO		M	128 M60 M	14	01:32:35	01:32:11	00:09:16	01:13:19
194	523	PATRICIA FRANÇA		F	66 M40 F	20	01:32:52	01:32:29	00:09:18	01:12:54
195	541	RICARDO NEVES		M	129 Sen M	32	01:32:54	01:32:38	00:09:18	01:15:08
196	531	PAULO RODRIGUES		M	130 Sub23 M	5	01:33:01	01:32:43	00:09:19	01:17:32
197	423	ILDA SIMÕES	RESTAURANTE O MUCHACHO / V.A.C	F	67 M45 F	11	01:33:14	01:32:59	00:09:20	01:14:29
198	601	SARA PRATAS		F	68 Sen F	26	01:33:27	01:33:03	00:09:21	01:14:31
199	602	TIAGO CARVALHINHO		M	131 Sen M	33	01:33:27	01:33:03	00:09:21	01:14:31
200	301	ALDA GOMES		F	69 M45 F	12	01:33:42	01:33:31	00:09:23	01:14:36
201	380	DANIEL SAMPAIO		M	132 M40 M	32	01:33:59	01:33:53	00:09:24	01:13:47
202	491	MARIA SAMPAIO		F	70 M40 F	21	01:33:59	01:33:53	00:09:24	01:13:48
203	488	MARIA MANUELA ALMEIDA		F	71 M50 F	6	01:35:07	01:34:59	00:09:31	01:16:07
204	332	ANTÓNIO DE SOUSA VIEIRA		M	133 M40 M	33	01:35:17	01:34:49	00:09:32	01:15:47
205	449	JOSÉ ALMEIDA		M	134 M55 M	13	01:35:27	01:35:18	00:09:33	01:16:08
206	490	MARIA RAQUEL ALMEIDA		F	72 M40 F	22	01:35:38	01:35:05	00:09:34	01:15:57
207	312	ANA CRISTINA CORREIA		F	73 M45 F	13	01:35:38	01:35:05	00:09:34	01:15:57
208	569	SOFIA JARDIM	SALAMANDRECOS	F	74 M40 F	23	01:35:48	01:35:21	00:09:35	01:15:56
209	545	RITA ARAUJO	SALAMANDRECOS	F	75 M45 F	14	01:35:49	01:35:21	00:09:35	01:16:04
210	362	CARMAN FERNANDES		M	135 Sub23 M	6	01:35:58	01:35:31	00:09:36	01:18:06
211	302	ALEXANDRA CANDEIAS	MARRETAS RUNNERS	F	76 M40 F	24	01:36:29	01:36:23	00:09:39	01:16:21
212	484	MARIA DE LURDES VAZ	WINE MODERATION RUNNING	F	77 M50 F	7	01:37:03	01:36:28	00:09:43	01:14:18
213	35	MARISA FREIRE		F	78 Sen F	27	01:37:11	01:36:59	00:09:44	01:16:57
214	497	MARIO FERNANDES		M	136 M40 M	34	01:38:05	01:37:38	00:09:49	01:18:06
215	507	MICHELLE FERNANDES		F	79 Sen F	28	01:38:05	01:37:38	00:09:49	01:18:04
216	374	CONCEIÇÃO GONÇALVES		F	80 M40 F	25	01:38:16	01:38:02	00:09:50	01:17:03
217	553	RUI RODRIGUES		M	137 M40 M	35	01:38:43	01:38:23	00:09:53	01:19:19
218	581	RITA MARQUES		M	138 Sen M	34	01:39:16	01:39:06	00:09:56	01:19:57
219	394	EDUARDA RODRIGUES		F	81 M50 F	8	01:39:48	01:39:41	00:09:59	01:20:10
220	372	CIDÁLIA BORGES		F	82 M45 F	15	01:42:37	01:42:24	00:10:16	01:25:14
221	532	PEDRO FEVEREIRO	MARRETAS RUNNERS	M	139 M40 M	36	01:42:57	01:42:50	00:10:18	01:21:27
222	437	JOAO GOMES		M	140 M60 M	15	01:44:09	01:43:52	00:10:25	01:21:17
223	327	ANDREIA FERREIRA		F	83 Sen F	29	01:44:26	01:44:15	00:10:27	01:25:16
224	385	DIANA CRISTÓVÃO		F	84 Sen F	30	01:44:27	01:44:16	00:10:27	01:25:17
225	351	CARLA FERREIRA	WINE MODERATION RUNNING	F	85 M40 F	26	01:45:39	01:45:03	00:10:34	01:22:16
226	419	HENRIQUETA MAJOR	WINE MODERATION RUNNING	F	86 M50 F	9	01:45:39	01:45:03	00:10:34	01:22:16
227	582	TIAGO PEREIRA	LINDA-A-PASTORA SPORTING CLUBE	M	141 Sen M	35	01:47:00	01:45:41	00:10:42	01:25:43
228	306	ALÍRIA FERNANDES	LINDA-A-PASTORA SPORTING CLUBE	F	87 Sen F	31	01:47:00	01:45:16	00:10:42	01:25:17
229	424	INÊS FERREIRA		F	88 Sub23 F	2	01:47:19	01:47:07	00:10:44	01:25:23
230	396	ELISABETE FERREIRA		F	89 M45 F	16	01:47:19	01:47:11	00:10:44	01:25:20
231	574	SUSANA TRAVANCA		F	90 M45 F	17	01:47:51	01:47:42	00:10:48	01:25:34
232	543	RITA ALVES		F	91 M45 F	18	01:47:51	01:47:42	00:10:48	01:25:35
233	580	JOSÉ PEREIRA	DREAM TEAM	M	142 M45 M	19	01:48:58	01:48:26	00:10:54	01:29:47
234	397	ELISABETE FIRME		F	92 M40 F	27	01:49:03	01:48:50	00:10:55	01:26:03
235	607	SUSANA PEREIRA		F	93 M40 F	28	01:53:14	01:52:37	00:11:20	01:30:28

Lugar	Dorsal	Nome	Equipa	Sexo	Categoria	Tempo	Chip	Ritmo	Km7
236	605	YARA MOITA		F	94 M40 F	29 01:53:14	01:52:45	00:11:20	01:29:46
237	365	CARLA SILVA	FAST	F	95 M45 F	19 01:53:14	01:52:37	00:11:20	01:29:39
238	604	PEDRO MOITA		M	143 M40 M	37 01:53:21	01:52:52	00:11:21	01:29:49
239	459	JUVINA SUAWA	INDONESIAN TEAM	F	96 Sen F	32 01:54:31	01:53:46	00:11:28	01:31:35
240	478	SOLANGE ANTUNES	FAST	F	97 M45 F	20 01:54:35	01:54:03	00:11:28	01:30:35
241	550	RUI PEDRO PATRÃO CARNEIRO		M	144 M45 M	20 01:54:35	01:54:11	00:11:28	01:31:24
242	330	CARLOS MELO		M	145 M45 M	21 01:54:37	01:54:03	00:11:28	01:30:32
243	435	JOÃO ANTÓNIO MARQUES DOS SANTOS		M	146 M55 M	14 01:54:38	01:54:12	00:11:28	01:31:23
244	398	ELISABETE MIGUEL		F	98 Sen F	33 01:55:09	01:55:06	00:11:31	01:24:35
245	492	MARIA SANTOS	MONTE DA LUA RUNNERS	F	99 M45 F	21 01:55:55	01:55:37	00:11:36	01:33:10
246	493	MARIANA CARVALHO		F	100 Sen F	34 01:56:27	01:56:12	00:11:39	01:24:23
247	564	SANDRA MONTEIRO	FORTÍSSIMOS	F	101 Sen F	35 01:56:39	01:56:31	00:11:40	01:33:24
248	304	ALICE SILVA	FORTÍSSIMOS	F	102 M50 F	10 01:56:40	01:56:32	00:11:40	01:33:24
249	475	LÚÍS VELADAS		M	147 M60 M	16 01:57:08	01:56:30	00:11:43	01:33:06
250	401	ELZA DE JESUS PINTO MESQUITA	TRAIL 10 KM BRAZUCA	F	103 M60 F	5 01:59:02	01:58:19	00:11:55	01:33:10
251	489	MARIA MATEUS		F	104 M45 F	22 02:01:50	02:01:38	00:12:11	01:33:45
252	429	IRENE CARDOSO		F	105 M55 F	2 02:02:22	02:02:19	00:12:15	01:31:29
253	590	VIOLETA NUNES		F	106 M50 F	11 02:02:22	02:02:19	00:12:15	01:31:29
254	603	SILVIA MARCELO		F	107 Sen F	36 02:04:03	02:03:54	00:12:25	01:35:02
255	427	INÊS MOTA		F	108 Sub23 F	3 02:05:30	02:05:09	00:12:33	01:39:47
256	537	PEDRO MOTA		M	148 M55 M	15 02:05:33	02:05:10	00:12:34	01:39:46
257	328	ANDREIA TEIXEIRA CARDOSO	GIRLS NO RUN AT ALL	F	109 Sen F	37 02:07:41	02:07:27	00:12:47	01:41:59
258	314	ANA FILIPA LOURO COELHO	GIRLS NO RUN AT ALL	F	110 Sen F	38 02:07:41	02:07:27	00:12:47	01:42:01
259	392	DUWI NOVRIANTI	INDONESIAN TEAM	F	111 Sen F	39 02:12:13	02:11:32	00:13:14	01:44:00
260	558	SALOMÉ GONÇALVES	GRUPO FANTÁSTICO	F	112 M40 F	30 02:12:27	02:12:04	00:13:15	01:45:20
261	568	SOFIA BENTO	GRUPO FANTÁSTICO	F	113 M40 F	31 02:12:27	02:12:04	00:13:15	01:45:20
262	369	CÉLIA RODRIGUES	GRUPO FANTÁSTICO	F	114 M40 F	32 02:12:27	02:12:06	00:13:15	01:45:23
263	476	LURDES DE JESUS R A SILVA		F	115 M50 F	12 02:21:48	02:21:26	00:14:11	01:51:09
264	486	MARIA JOÃO SIMÕES		F	116 M55 F	3 02:21:48	02:21:27	00:14:11	01:51:09
265	377	CRISTINA MOTA		F	117 M50 F	13 02:21:49	02:21:28	00:14:11	01:51:10
266	520	OLINDA ROSA		F	118 M55 F	4 02:26:31	02:26:05	00:14:40	01:57:20
267	466	LILIANA SOBRAL MARTINS	GIRLS NO RUN AT ALL	F	119 M40 F	33 02:26:39	02:26:25	00:14:40	01:56:35
268	483	MARIA DE FÁTIMA MARQUES ROSA		F	120 M45 F	23 02:26:39	02:26:14	00:14:40	01:56:31

<u>Lugar</u>	<u>Equipa</u>	<u>Tempo</u>
1	LINDA-A-PASTORA SPORTING CLUBE	03:16:39
2	HUT RUNNERS OEIRAS	03:25:12
3	WINE MODERATION RUNNING	03:29:39
4	GMCJAMOR	03:38:57
5	RESTAURANTE O MUCHACHO / V.A.C	03:52:05
6	GRCD LEIÃO COBRAS TREILISTAS	03:53:18
7	FAMILIA BAPTISTA	04:08:42
8	MARRETAS RUNNERS	04:12:06
9	DREAM TEAM	04:18:26
10	FORTÍSSIMOS	04:50:21
11	GIRLS NO RUN AT ALL	04:57:55
12	GRUPO FANTÁSTICO	06:37:19