



Make your night run shiny
Câmara Municipal de Vila Real
Associação de Atletismo de Vila Real
Chrono.pt

Classificação Geral 8,00 Km

Pos.	Dor.	Nome	Clube	Cat.	Pos. Cat.	Parcial	Tempo	T/Km.	Dif.
1	146	Marco Filipe	CANSC	S	1	12:41	26:20.97	03:18	
2	5	Diogo Manuel Barreira Gavaia M	Associação Mondim Atletismo	S	2	13:31	27:59.27	03:30	0:01:38
3	210	Jaime Ribeiro	Transportes Claudino	V	1	13:33	28:02.40	03:30	0:01:41
4	191	Filipe Novais	CANSC	V	2	13:49	28:43.80	03:35	0:02:23
5	141	Joaquim Santos	CANSC	V	3	13:59	29:15.16	03:39	0:02:54
6	145	Mário Monteiro	CANSC	V	4	14:29	30:10.16	03:46	0:03:49
7	170	Carlos Pinto		S	3	14:31	30:41.00	03:50	0:04:20
8	177	Norberto Loureiro	CANSC	S	4	14:46	30:42.00	03:50	0:04:21
9	70	Manuel Gomes	sem clube	V	5	14:50	30:43.00	03:50	0:04:22
10	82	JOÃO REIS	VIRIATHVS RUNNERS	V	6	14:52	30:52.96	03:52	0:04:32
11	28	Filipe Nunes	NAVR	V	7	14:42	31:00.73	03:53	0:04:40
12	114	Martinho Fernandes Gomes	FamiliaM	V	8	14:52	31:08.47	03:54	0:04:47
13	155	Carlos Alexandre Ramos Lordelo	Individual	S	5	15:31	31:19.76	03:55	0:04:59
14	73	Rui fraga	Reumáticos TEAM	V	9	15:15	31:25.11	03:56	0:05:04
15	148	José Morais	CANSC	V	10	15:15	31:25.43	03:56	0:05:04
16	150	António Taveira	CANSC	V	11	15:11	31:38.26	03:57	0:05:17
17	120	Márcio Santos	RVBTT	V	12	14:59	31:44.77	03:58	0:05:24
18	161	Diogo Silva	Individual	S	6	15:18	31:52.91	03:59	0:05:32
19	67	Vitor Manuel Alegre Chaves	individual	V	13	15:32	31:59.90	04:00	0:05:39
20	47	Agostinho Jorge Assunção Marafiz	individual	V	14	15:32	32:02.97	04:00	0:05:42
21	214	Rui Borges		V	15	15:29	32:11.11	04:01	0:05:50
22	93	Carlos Barros matos	Sem clube	V	16	15:30	32:12.64	04:02	0:05:52
23	66	Rui Pedro Silva	NAVR	S	7	15:22	32:28.26	04:04	0:06:07
24	71	Flávio Morais	sem clube	S	8	15:58	32:35.42	04:04	0:06:14
25	174	Vítor Carvalhais		V	17	15:40	33:20.09	04:10	0:06:59
26	152	Samuel da Costa Quinteira	Individual	S	9	16:09	33:23.86	04:10	0:07:03
27	215	Rui Miguel Borges		J	1	15:28	33:27.10	04:11	0:07:06
28	169	Fernando Alves		V	18	16:09	33:33.91	04:12	0:07:13
29	147	Aniceto Guedes	CANSC	V	19	16:36	33:53.72	04:14	0:07:33
30	86	Pedro Calçada	CalisCross Box	S	10	15:45	34:06.00	04:16	0:07:45
31	11	Afonso Cramez	Casa Lapão	S	11	15:45	34:06.96	04:16	0:07:46
32	46	Luís Félix	0	S	12	16:12	34:08.74	04:16	0:07:48
33	53	Rui Miguel Eira Botelho	Botelho	S	13	16:27	34:12.04	04:17	0:07:51
34	204	Luís Moutinho	CalisCross Box	S	14	16:15	34:19.41	04:17	0:07:58
35	101	Paulo Ribalonga	Sem clube	V	20	16:31	34:22.22	04:18	0:08:01
36	40	Miguel alexandre fernandes marq	Individual	V	21	16:34	34:24.00	04:18	0:08:03
37	41	Rui Filipe	Individual	V	22	16:30	34:24.57	04:18	0:08:04
38	50	Rodrigo lopes	Sagres	S	15	18:08	34:29.51	04:19	0:08:09
39	36	FRANCISCO GUEDES	INDIVIDUAL	V	23	16:32	34:34.89	04:19	0:08:14
40	8	JOSE CARVALHO	btt torneiros	V	24	17:09	34:37.17	04:20	0:08:16
41	121	José Carlos Da Costa Barrias	RVBTT	V	25	16:54	34:49.27	04:21	0:08:28
42	160	Vitor Pinto	individual	S	16	16:53	34:56.80	04:22	0:08:36
43	4	Luis Santos	Insane Trail Team	V	26	16:39	35:12.61	04:24	0:08:52
44	142	Mário Nobrega	CANSC	V	27	17:06	35:19.83	04:25	0:08:59
45	159	Isaque Teixeira	CalisCrossBox	V	28	17:08	35:22.88	04:25	0:09:02
46	75	Manuel Abobeleira	Geadas running	V	29	16:48	35:23.64	04:25	0:09:03

47	39 Nuno Correia	Moloni Running Team	V	30	17:51	35:26.00	04:26	0:09:05
48	100 FILIPE CANARIO	MOLONI	V	31	17:48	35:26.80	04:26	0:09:06
49	196 Samuel Martins		S	17	16:39	35:31.87	04:26	0:09:11
50	16 João Gil	CalisCross Box	V	32	17:01	35:49.42	04:29	0:09:28
51	38 Pedro Correia	Moloni Running Team	V	33	17:49	35:51.74	04:29	0:09:31
52	18 Patrícia Cardoso Gomes	Individual	SF	1	17:19	36:36.00	04:35	0:10:15
53	157 Márcio Nóbrega	Não	S	18	17:20	36:36.56	04:35	0:10:16
54	74 Ana Cristina Martins Henriques	Crossfit Vila Real	SF	2	17:54	36:44.64	04:36	0:10:24
55	6 Carlos Carneiro	Sem clube	V	34	17:49	36:59.33	04:37	0:10:38
56	218 Eurico Pinto		V	35	17:31	37:13.83	04:39	0:10:53
57	123 João António Ribeiro de Freitas	sem clube	J	2	16:46	37:19.52	04:40	0:10:59
58	64 Nuno Reis	Sem Clube	V	36	17:33	37:21.00	04:40	0:11:00
59	192 Domingos Madeira Pinto		V	37	17:39	37:41.75	04:43	0:11:21
60	44 João Correia	"Glorious21; PFfitness; Fuck Cani	S	19	18:31	38:10.39	04:46	0:11:49
61	176 Gil Couto	Raposas Voadoras BTT	V	38	18:13	38:14.82	04:47	0:11:54
62	34 Daniel José Lopes Pereira Carque	N/A	S	20	18:51	38:22.96	04:48	0:12:02
63	122 Ricardo José da Costa Machado	Bila bikers/ Carnes Silva/ Cycles t	S	21	18:13	38:31.00	04:49	0:12:10
64	219 Hugo Pereira		S	22	18:03	38:31.92	04:49	0:12:11
65	151 Rafaela Bento	CANSC	SF	3	19:11	38:32.95	04:49	0:12:12
66	213 Jaime Peixoto		S	23	19:10	38:33.30	04:49	0:12:12
67	43 Miguel Mendes	Nao tem	V	39	17:43	38:37.95	04:50	0:12:17
68	19 Nuno Figueiredo	Caliscross box	V	40	18:20	38:45.93	04:51	0:12:25
69	3 Maria Goreti Ramos	Individual	SF	4	18:23	38:48.82	04:51	0:12:28
70	99 Gilberto Alves	sem clube	V	41	18:51	39:01.89	04:53	0:12:41
71	78 Miguel Angelo Ferreira Fonseca	Individutal	S	24	18:04	39:02.36	04:53	0:12:41
72	197 António Rodrigues		V	42	19:34	39:07.57	04:53	0:12:47
73	79 eduarda baptista	individual	VF	1	18:55	39:22.35	04:55	0:13:01
74	187 João Miguel Silva		V	43	18:57	39:25.10	04:56	0:13:04
75	15 Alcides Alexandre Santos	Individual	S	25	18:21	39:42.62	04:58	0:13:22
76	33 Aníbal Carvalho		V	44	19:39	40:00.92	05:00	0:13:40
77	88 Rui Dias		V	45	19:38	40:02.10	05:00	0:13:41
78	48 Gabriel Faceira	Sem Clube	SF	5	19:45	40:04.07	05:01	0:13:43
79	207 Susana Machado	CalisCross Box	VF	2	19:16	40:06.22	05:01	0:13:45
80	109 Ana Marques	CalisCrossBox	SF	6	18:37	40:07.13	05:01	0:13:46
81	205 Duarte Aires	CalisCross Box	S	26	19:39	40:07.77	05:01	0:13:47
82	58 Luis Correia	Sagres	V	46	18:12	40:07.94	05:01	0:13:47
83	76 Bruno jose Alves Pinheiro	nao	V	47	19:11	40:08.26	05:01	0:13:47
84	135 Luis Miguel da Silva Correia de L -		S	27	19:11	40:11.00	05:01	0:13:50
85	42 Francisco Almeida	Sem clube	V	48	19:30	40:13.67	05:02	0:13:53
86	203 Tiago Teixeira	CalisCross Box	S	28	19:31	40:40.61	05:05	0:14:20
87	25 José Castro	CalisCross Box	S	29	19:32	40:40.68	05:05	0:14:20
88	31 Marco Almeida	Caliscross Box	S	30	19:41	40:43.21	05:05	0:14:22
89	72 Nuno Rodrigues	Porto	V	49	19:37	40:48.00	05:06	0:14:27
90	212 Arménio Lopes		V	50	19:43	41:29.02	05:11	0:15:08
91	111 Américo	Pink Floyd	S	31	20:16	41:51.74	05:14	0:15:31
92	89 Filipa Campos	sem clube	SF	7	20:56	41:56.57	05:15	0:15:36
93	57 CELSO CORREIA	FCP	S	32	20:34	41:57.52	05:15	0:15:37
94	83 José Duarte Paulino Martins	BikeBox	S	33	20:46	41:58.70	05:15	0:15:38
95	156 Carlos Eduardo Fonte de Almeida	Vila Real	V	51	19:39	42:00.33	05:15	0:15:39
96	65 Fernando Cardoso da Silva	NAVR	V	52	19:40	42:00.93	05:15	0:15:40
97	12 Nuno Aguiar	individual	V	53	19:37	42:17.27	05:17	0:15:56
98	68 Carmen Maria Alegria Amaro	NAVR	VF	3	21:00	42:25.38	05:18	0:16:04
99	103 Vasco de Oliveira Pires	NAVR	V	54	21:01	42:25.64	05:18	0:16:05
100	140 Bruno Cardoso	Individual	V	55	21:07	42:56.82	05:22	0:16:36
101	188 Lino Ribeiro		V	56	21:11	43:11.62	05:24	0:16:51
102	206 Rita Machado	CalisCross Box	SF	8	20:24	43:31.59	05:26	0:17:11
103	117 Guilherme Fontinha	sem clube	V	57	21:43	43:33.05	05:27	0:17:12
104	17 Claudia Esteves	CalisCross Box	VF	4	20:39	43:37.82	05:27	0:17:17
105	45 Andre filipe verdasca raposeira	"CCD "" O Alvitejo ""	V	58	20:47	43:39.00	05:27	0:17:18

106	112 Barbara Góis	-	SF	9	20:48	44:00.82	05:30	0:17:40
107	2 Susana	Insane Trail team	VF	5	21:34	44:12.53	05:32	0:17:52
108	1 Joel Silva	Insane Trail Team	V	59	21:34	44:13.05	05:32	0:17:52
109	14 Edgar Fernandes	CalisCross Box	V	60	20:46	44:28.30	05:34	0:18:07
110	202 Joana Almeida		VF	6	21:25	44:46.21	05:36	0:18:25
111	56 NUNO FONTE	FCP	S	34	20:34	44:46.87	05:36	0:18:26
112	201 Nuno Morais		V	61	21:27	44:48.25	05:36	0:18:27
113	10 Artur Nunes		V	62	19:41	44:48.42	05:36	0:18:27
114	164 Jorge Pereira	Sem clube	V	63	21:58	45:12.09	05:39	0:18:51
115	163 Dionisio Matos	Sem clube	V	64	21:59	45:23.21	05:40	0:19:02
116	172 Sonia Dias		VF	7	22:04	45:33.66	05:42	0:19:13
117	139 Elisabete	Individual	VF	8	21:40	45:39.28	05:42	0:19:18
118	52 António Alves Botelho	Botelho	V	65	21:51	45:52.24	05:44	0:19:31
119	115 Ricardo Ribeiro,	Benfica	S	35	22:26	46:13.96	05:47	0:19:53
120	154 Ana Silva	Não	SF	10	22:24	46:45.72	05:51	0:20:25
121	153 Luís Filipe Teixeira Esteves	Não	S	36	22:24	46:46.72	05:51	0:20:26
122	20 Tiago Pereira Fernandes	N/A	S	37	23:39	46:58.79	05:52	0:20:38
123	130 Manuel Bastos	Douromexe	V	66	22:13	47:09.98	05:54	0:20:49
124	208 António Carlos Costa		V	67	23:19	47:17.43	05:55	0:20:56
125	166 Susana Teixeira	SEM CLUBE	VF	9	22:12	47:34.13	05:57	0:21:13
126	168 Marco Fonte	Sporting	S	38	22:27	47:35.33	05:57	0:21:14
127	105 Carla Fernandes	Caliscrossbox	VF	10	22:33	47:41.06	05:58	0:21:20
128	24 Maria Alves	CalisCross Box	SF	11	22:33	47:48.00	05:58	0:21:27
129	126 Rui Paulo	sem clube	V	68	22:25	48:02.06	06:00	0:21:41
130	194 Adolfo Figueiredo		V	69	21:39	48:04.85	06:01	0:21:44
131	193 Rui Pinto		V	70	22:33	48:07.91	06:01	0:21:47
132	134 Marta Maria Santos Marinho	Porto	VF	11	23:18	48:16.29	06:02	0:21:55
133	87 Joana Rita Baptista	Sem clube	SF	12	23:21	48:16.80	06:02	0:21:56
134	195 Marta Fernandes	Individual	SF	13	23:14	48:22.57	06:03	0:22:02
135	165 Luis Maltez	sem clube	V	71	22:24	48:26.95	06:03	0:22:06
136	162 Paulo Cabo	Sem Clube	V	72	22:34	48:27.38	06:03	0:22:06
137	128 Carla Fernandes	individual	VF	12	22:40	48:39.38	06:05	0:22:18
138	129 Nuno Brites	Individual	V	73	22:41	48:40.48	06:05	0:22:19
139	69 Ana Catarina Pinto de Sousa	N/A	SF	14	23:41	48:43.77	06:05	0:22:23
140	199 André Matos		S	39	22:05	51:06.69	06:23	0:24:46
141	200 Luís Pereira		V	74	22:06	51:06.93	06:23	0:24:46
142	63 Mariana Jesus	Sem Clube	JF	1	25:38	52:56.47	06:37	0:26:35
143	62 Carla Carvalho	Sem Clube	VF	13	25:41	52:56.85	06:37	0:26:36
144	181 Miguel Campos		V	75	24:26	53:38.75	06:42	0:27:18
145	180 Tiago Amuedo		V	76	24:25	53:44.67	06:43	0:27:24
146	26 Telma Sofia Silva Mota	Caliscrossbox	SF	15	26:13	53:50.01	06:44	0:27:29
147	167 Olivia Pinto	sem clube	VF	14	26:00	54:05.38	06:46	0:27:44
148	61 Fátima Silva	Sem Clube	SF	16	26:01	54:05.98	06:46	0:27:45
149	98 António Lopes Madeira Pinto	nenhum	V	77	27:52	54:47.44	06:51	0:28:26
150	136 Carlos José Ribeiro Correia de Lir -		V	78	26:11	54:48.21	06:51	0:28:27
151	124 Aloisio Loureiro	Nenhum	V	79	24:43	54:48.68	06:51	0:28:28
152	22 Sílvia Pinto	Caliscross Box	VF	15	26:24	55:28.43	06:56	0:29:07
153	21 Sara Nicolau	Caliscrossbox	SF	17	26:22	55:28.93	06:56	0:29:08
154	60 Vera Peixoto	Sem Clube	SF	18	26:50	55:34.26	06:57	0:29:13
155	9 Nuno Peixoto	!3	V	80	26:52	55:34.96	06:57	0:29:14
156	119 Marcia Costa	Individual	VF	16	27:39	56:33.08	07:04	0:30:12
157	118 Palmira Fontinha	sem clube	VF	17	28:09	56:36.91	07:05	0:30:16
158	143 Catarina Assunção	Individual	VF	18	27:39	56:37.53	07:05	0:30:17
159	198 Carla Gonçalves		VF	19	28:10	56:38.12	07:05	0:30:17
160	116 Ines Catalao	Sport	JF	2	26:16	57:26.11	07:11	0:31:05
161	179 Andreia Ribero		VF	20	26:15	57:26.42	07:11	0:31:05
162	131 MARIA ESTER ALVES SILVA BENFICA		VF	21	27:27	57:54.40	07:14	0:31:33
163	211 Adelina Carvalho		VF	22	26:57	57:54.42	07:14	0:31:33
164	137 Maria Ilda Nunes Gouvinhas	-	VF	23	27:29	59:47.14	07:28	0:33:26

165	91 Fausto Teixeira Silva	"Benfica ;)"	V	81	27:27	59:50.77	07:29	0:33:30
166	54 DANIELA SOFIA CRUZ AFONSO	SLB	SF	19	32:45	1:08:01.37	08:30	0:41:40
167	209 Cláudia Afonso		VF	24	32:48	1:08:02.71	08:30	0:41:42
168	55 ANA MORGADO	SLB	SF	20	32:47	1:08:03.78	08:30	0:41:43
169	96 Isabel Maria Alexandre Cortinhas	nenhum	V	82	34:47	1:12:40.87	09:05	0:46:20
170	95 Ana Maria Martins Borges	nenhum	VF	25	36:20	1:12:43.92	09:05	0:46:23
171	127 Mara Helena Miguel da Silva	nenhum	VF	26	34:48	1:12:44.74	09:06	0:46:24
172	97 Amélia José Fernandes	nenhum	VF	27	34:46	1:12:46.23	09:06	0:46:25
173	104 Marcelo Leal Mendes	nenhum	V	83	36:19	1:12:49.51	09:06	0:46:29
174	133 Ana Paula Cabral Sousa	nenhum	VF	28	36:22	1:12:51.03	09:06	0:46:30
175	185 Arménio Carvalho		V	84	36:40	1:15:44.09	09:28	0:49:23
176	184 Carolina Carvalho		SF	21	36:40	1:15:47.52	09:28	0:49:27
177	186 Maria Carvalho		VF	29	36:51	1:22:24.15	10:18	0:56:03

Sem Tempos Intermédios

7 Vitorino Cardoso	Individual	V	08:24
102 Olga Lopes	-	SF	05:01
171 Nuno Leite		V	04:26
178 José Filipe Almeida		S	05:02
182 António Moura Carvalho		V	10:17
183 Márcia Carvalho		VF	10:18
190 Artur Morais		V	05:10
216 Rui Leite		V	04:26
217 Emanuel Rodrigues		V	04:40

14.5 21h45 8.5
praça município



Inscrições em www.aavilareal.net



apoios

