

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
1	227	Hannu Airila	Escola Atletismo Coimbra/Jpaiva	00:40:52.180	00:00:00.000
2	114	Nuno Tinoco	Escola Atletismo Coimbra/Jpaiva	00:41:52.910	00:01:00.730
3	123	Fernando Marques	Dci/Ccdr Pedrulha-Mealhada	00:44:06.370	00:03:14.190
4	106	Orlando Pires	Arsm - Associação Recreativa De S. Miguel	00:44:18.600	00:03:26.420
5	244	Diogo Pimenta	Dci/Ccdr Pedrulha-Mealhada	00:44:51.760	00:03:59.580
6	130	Rui Rodrigues	Individual	00:45:13.760	00:04:21.580
7	131	Valter Lopes	Acdrs Quinhendros	00:45:21.680	00:04:29.500
8	139	Nuno Domingos	Formobike Btt & Trail Running	00:46:07.780	00:05:15.600
9	150	André Simões	Individual	00:47:37.980	00:06:45.800
10	174	Nelson Heleno	Individual	00:47:39.350	00:06:47.170
11	101	Tiago Moreno	Acdrs Quinhendros	00:47:55.450	00:07:03.270
12	132	Rui Gonçalves	Formobike Btt & Trail Running	00:47:59.010	00:07:06.830
13	140	Nuno Bernardo	Formobike Btt & Trail Running	00:48:48.360	00:07:56.180
14	194	André Fernandes	Escola Atletismo Coimbra/Jpaiva	00:52:07.760	00:11:15.580
15	233	João Pontes	Morcegos	00:52:32.760	00:11:40.580
16	254	Gonçalo Pardal	Queijadinha-Doçaria Conventual	00:52:34.280	00:11:42.100
17	243	Pedro Teixeira	Individual	00:52:38.420	00:11:46.240
18	128	Ricardo Silva	Individual	00:52:42.990	00:11:50.810
19	103	Susana Cabral	Run@Figueira	00:52:46.170	00:11:53.990
20	113	Vitor Esteves	Soure Mov	00:52:47.890	00:11:55.710
21	237	João Heleno	Ar Livre E Aventura Assscc	00:53:00.660	00:12:08.480
22	224	Nélio Oliveira	Atletismo Clube Tocha	00:53:04.730	00:12:12.550
23	173	José Zananar	Individual	00:53:08.930	00:12:16.750
24	216	Márcio Rodrigues	Acdrs Quinhendros	00:53:11.690	00:12:19.510
25	162	Pedro Fonseca	Individual	00:53:32.380	00:12:40.200
26	223	Jorge Alves	Escola Atletismo Coimbra/Jpaiva	00:53:33.460	00:12:41.280
27	258	Rui Santos	Tribo Nr	00:53:39.140	00:12:46.960
28	234	Miguel Neves	Individual	00:53:41.740	00:12:49.560
29	255	Gonçalo	Mor(E)Fit	00:53:46.210	00:12:54.030
30	238	Nuno Loureiro	Run@Figueira	00:53:53.600	00:13:01.420
31	133	Paulo Carvalho	Formobike Btt & Trail Running	00:53:54.570	00:13:02.390
32	189	Cristovão Gomes	Arsm - Associação Recreativa De S. Miguel	00:53:56.100	00:13:03.920
33	117	António Silva	Arsm - Associação Recreativa De S. Miguel	00:53:57.850	00:13:05.670
34	164	Bruno Rodrigues	Acdrs Quinhendros	00:53:59.910	00:13:07.730
35	196	Duarte Domingues	Ccrlliceia	00:54:01.530	00:13:09.350
36	160	Ana Cardoso	Just4fun	00:54:08.060	00:13:15.880
37	161	Nuno Cardoso	Just4fun	00:54:14.200	00:13:22.020
38	105	António Jorge	Mor(E)Fit	00:54:17.980	00:13:25.800
39	100	Bruno Torreira	Acdrs Quinhendros	00:54:22.690	00:13:30.510
40	134	Tiago Costa	Formobike Btt & Trail Running	00:54:43.450	00:13:51.270
41	154	Luis Balula	Formobike Btt & Trail Running	00:54:47.390	00:13:55.210
42	142	Nuno Coelho	Formobike Btt & Trail Running	00:54:53.530	00:14:01.350
43	247	André Freitas	Individual	00:56:05.220	00:15:13.040
44	169	Pedro Teixeira	Individual	00:56:38.640	00:15:46.460
45	225	Alexandre Veloso	Mor(E)Fit	00:56:40.390	00:15:48.210
46	112	Tiago Cação	Individual	00:56:45.070	00:15:52.890
47	192	João Marques	Individual	00:56:50.200	00:15:58.020
48	175	Rui Fonseca	Warspeed	00:56:52.260	00:16:00.080
49	197	Mário Neves	Ccrlliceia	00:57:11.390	00:16:19.210
50	166	José Quadrado	Individual	00:57:38.160	00:16:45.980
51	186	Rúben Nunes	Gde Fan Club	00:57:40.850	00:16:48.670
52	141	Filipe Pano	Formobike Btt & Trail Running	00:57:42.630	00:16:50.450
53	226	Vitor Figueiredo	Tribo Nr	00:57:51.930	00:16:59.750
54	182	Rui Monteiro	Arcd Venda Da Luísa	00:58:00.690	00:17:08.510
55	176	Ricardo Jesus	Individual	00:58:13.470	00:17:21.290
56	156	Telmo Santiago	Bulldog Team	00:58:16.140	00:17:23.960
57	242	Francisco Leal	Individual	00:58:41.180	00:17:49.000
58	111	Ricardo Santos	Bio Team Run	00:58:47.100	00:17:54.920
59	251	Paulo Marques	Pes Troikados Cscs	00:59:02.430	00:18:10.250
60	126	Daniel Mendes	Run@Figueira	00:59:14.600	00:18:22.420
61	127	Susana Salvaterra	Run@Figueira	00:59:16.380	00:18:24.200
62	165	Virgílio Neto	Visanto	00:59:22.550	00:18:30.370
63	144	José Abrantes	Tribo Nr	00:59:24.770	00:18:32.590
64	129	Luísa Miranda	Arcd Venda Da Luísa	00:59:26.600	00:18:34.420
65	185	Moisés Nunes	Arsm - Associação Recreativa De S. Miguel	00:59:29.640	00:18:37.460

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença
66	245	Maria Ramos	Dci/Ccdr Pedrulha-Mealhada	00:59:38.970	00:18:46.790
67	214	Andreia Ramos	Individual	00:59:54.220	00:19:02.040
68	137	Isabel Gomes	Bio Team Run	00:59:55.000	00:19:02.820
69	213	Rui	Individual	00:59:55.820	00:19:03.640
70	188	Nuno Cortesão	Escola Atletismo Coimbra/Jpaiva	01:00:04.250	00:19:12.070
71	125	Paulo Jesus	Mor(E)Fit	01:00:10.140	00:19:17.960
72	232	Paulo Fernandes	Individual	01:00:28.780	00:19:36.600
73	104	Luís Santos	Individual	01:00:37.600	00:19:45.420
74	217	Marcos Alves	Tribo Nr	01:00:41.470	00:19:49.290
75	115	Américo Pessoa	Individual	01:02:15.030	00:21:22.850
76	202	Pedro Figueiredo	Bio Team Run	01:02:21.530	00:21:29.350
77	250	Carla Romeiro	Tribo Nr	01:02:28.690	00:21:36.510
78	159	Ricardo Mota	Bulldog Team	01:02:59.600	00:22:07.420
79	259	Carlos Abrunheira	Team Bala	01:03:02.560	00:22:10.380
80	167	Paulo Isidoro	Individual	01:03:08.680	00:22:16.500
81	260	Paulo Queda	Mor(E)Fit	01:03:25.960	00:22:33.780
82	220	Alexandre Concho	Individual	01:03:29.220	00:22:37.040
83	219	Leonel Concho	Individual	01:03:31.880	00:22:39.700
84	170	Rafael Carvalho	Gde Fan Club	01:03:33.880	00:22:41.700
85	249	Henrique Costa	Formobike Btt & Trail Running	01:03:41.530	00:22:49.350
86	147	Nélson Silva	Bulldog Team	01:05:05.470	00:24:13.290
87	190	Jéssica Correia	Arcd Venda Da Luísa	01:05:13.010	00:24:20.830
88	138	Cidália Oliveira	Acdrs Quinhendros	01:06:13.370	00:25:21.190
89	152	Nuno Cação	Individual	01:06:34.220	00:25:42.040
90	178	Ricardo Proença	Figueira Runners	01:06:35.450	00:25:43.270
91	180	Fernando Moita	Figueira Runners	01:06:38.650	00:25:46.470
92	136	Ricardo Matias	Individual	01:06:41.170	00:25:48.990
93	119	Fernando Ferrão	Pes Troikados Cscs	01:07:16.340	00:26:24.160
94	153	Bruno Costa	Morcegos	01:07:21.210	00:26:29.030
95	158	Armando Penedo	Bulldog Team	01:07:34.000	00:26:41.820
96	157	Emilia Penedo	Bulldog Team	01:07:38.210	00:26:46.030
97	124	Diogo Abreu	Individual	01:08:16.320	00:27:24.140
98	151	Carla Camaroa	Individual	01:08:29.400	00:27:37.220
99	252	Valter Santos	Individual	01:08:34.140	00:27:41.960
100	263	Filipe Rito	Team Bala	01:10:41.350	00:29:49.170
101	116	Nuno Porelo	Individual	01:10:58.320	00:30:06.140
102	118	Telma Simões	Individual	01:12:07.990	00:31:15.810
103	209	Raquel Nogueira	Duros Do Mondego	01:12:09.240	00:31:17.060
104	148	Paulo Rocha	Individual	01:12:52.140	00:31:59.960
105	120	Gonçalo Paixão	Individual	01:13:06.380	00:32:14.200
106	109	João Quintas	Figueira Kayak Clube	01:13:07.750	00:32:15.570
107	108	Sandra Matias	Figueira Kayak Clube	01:13:08.850	00:32:16.670
108	163	Bárbara Maganão	Mor(E)Fit	01:13:14.180	00:32:22.000
109	146	Pedro Brito	Morcegos	01:13:28.330	00:32:36.150
110	241	Paulo Gomes	Individual	01:13:39.780	00:32:47.600
111	204	André Monteiro	Mor(E)Fit	01:13:49.890	00:32:57.710
112	256	Filomena Rodrigues	As Com Pressa	01:13:53.010	00:33:00.830
113	253	Carla Sérgio	As Com Pressa	01:13:59.690	00:33:07.510
114	200	Jose Costa	Pes Troikados Cscs	01:14:06.990	00:33:14.810
115	198	Cátia Lopes	Agd Sports Academy	01:14:10.490	00:33:18.310
116	193	Daniel Coutinho	Mor(E)Fit	01:14:13.510	00:33:21.330
117	183	Nuno Moita	Figueira Runners	01:15:05.430	00:34:13.250
118	181	Sandra Rodrigues	Figueira Runners	01:15:41.880	00:34:49.700
119	248	Sandra Matos	Fruta Da 5ª	01:15:52.210	00:35:00.030
120	235	Ariana Simões	Individual	01:15:59.540	00:35:07.360
121	257	Susana Duque	Mor(E)Fit	01:16:09.290	00:35:17.110
122	179	Las Baptista	Individual	01:16:12.070	00:35:19.890
123	201	Daniela Ribau	Agd Sports Academy	01:19:16.120	00:38:23.940
124	206	Helga Ferreira	Tribo Nr	01:19:22.510	00:38:30.330
125	207	Carlos Ramos	Tribo Nr	01:19:23.670	00:38:31.490
126	199	Rui Lopes	Agd Sports Academy	01:19:24.320	00:38:32.140
127	239	Francisco Silva	Callrun	01:25:19.460	00:44:27.280
128	240	Cláudia Santos	Callrun	01:25:30.210	00:44:38.030
129	171	Carla Ângelo	Gde Fan Club	01:36:20.620	00:55:28.440
130	172	Deolindo Ângelo	Gde Fan Club	01:36:24.170	00:55:31.990