

OVERALL - TRAIL LONGO

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	t/KM
1	112	Luis Silva	núcleo de atletismo de cucujães	Veterano M40	1	02:18:49		05:47
2	140	Toze amorim	serviços sociais câmara fanta maria da feira	Veterano M45	1	02:21:47	+02:58	05:54
3	100	David Coutinho	jobra - associação de jovens da branca	Veterano M40	1	02:24:51	+06:01	06:02
4	55	Pedro Rafael Tavares Garrido	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	02:25:04	+06:15	06:03
5	121	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	1	02:25:19	+06:30	06:03
6	111	Fernando Lima	núcleo de atletismo de cucujães	Veterano M40	1	02:25:51	+07:01	06:05
7	12	António Jorge Fernandes	amigos do trail	Veterano M40	1	02:27:17	+08:28	06:08
8	142	Milton Santos	sport clube beira-mar	Senior Masculino	1	02:28:25	+09:36	06:11
9	102	Ivan Silva	limitless	Senior Masculino	1	02:30:44	+11:55	06:17
10	107	João Leite	mexilhão da montanha	Senior Masculino	1	02:31:03	+12:14	06:18
11	24	Alcides Barbosa	aztrail/mercentro	Senior Masculino	1	02:31:04	+12:15	06:18
12	28	Humberto Silva	aztrail/mercentro	Senior Masculino	1	02:34:54	+16:05	06:27
13	40	,M. Óscar Ferreira	aztrail/mercentro	Veterano M55	1	02:34:54	+16:05	06:27
14	116	Duarte Gil Barbosa	opraticante.pt-hora do lobo trail	Veterano M45	1	02:35:21	+16:31	06:28
15	108	Alex Tondela	montanha clube trail running / efapel	Veterano M40	1	02:37:59	+19:10	06:35
16	5	Ricardo Filipe Tavares Fernandes	a.d.c.felgueira / freita skyrunning	Senior Masculino	1	02:39:08	+20:19	06:38
17	99	PUPILOS DO TOZÉ - Manuel Ferreira (ZOLA)	individual	Veterano M60	1	02:39:38	+20:49	06:39
18	65	João Moreira	g.d. ronda	Veterano M40	1	02:40:02	+21:13	06:40
19	27	Francisco Terra	aztrail/mercentro	Senior Masculino	1	02:42:59	+24:10	06:47
20	86	Marco da Silva Pinheiro Vasconcelos	individual	Senior Masculino	1	02:44:09	+25:20	06:50
21	82	José Armando Duarte do Rosário	individual	Senior Masculino	1	02:44:35	+25:45	06:51
22	53	Fábio Almeida	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	02:45:30	+26:41	06:54
23	95	Manuel Cabete	individual	Veterano M50	1	02:45:36	+26:47	06:54
24	26	Bruno Barge	aztrail/mercentro	Senior Masculino	1	02:45:54	+27:04	06:55
25	49	Mario Alves Oliveira	ccdr fundo vila-s.joao da madeira	Veterano M55	1	02:46:07	+27:18	06:55
26	120	Daniela Russo	oralklass-amigos do trail	Senior Feminino	1	02:46:24	+27:35	06:56
27	35	Carlos Fernandes	aztrail/mercentro	Veterano M45	1	02:46:44	+27:55	06:57
28	85	Luís Azevedo	individual	Senior Masculino	1	02:49:04	+30:15	07:03
29	143	Manuel Bastos	trail running clube btt sanguedo	Veterano M45	1	02:49:06	+30:17	07:03
30	68	RICARDO RIBEIRO	ginasio fit4fun	Senior Masculino	1	02:49:50	+31:01	07:05
31	60	Pedro Lopes	correio de albergaria trail running	Senior Masculino	1	02:49:53	+31:04	07:05
32	17	Jorge Gomes	arcorun	Veterano M40	1	02:50:46	+31:56	07:07
33	14	Luís Goncalves	amigos do trail	Veterano M40	1	02:51:13	+32:24	07:08
34	92	adriano matias dos santos lima oliveira	individual	Veterano M50	1	02:53:32	+34:43	07:14
35	79	Daniel Aguiar	individual	Senior Masculino	1	02:53:39	+34:49	07:14
36	6	Augusto Oliveira	amigos do pedal	Veterano M50	1	02:56:14	+37:24	07:21
37	36	Jorge Brites	aztrail/mercentro	Veterano M45	1	02:57:42	+38:52	07:24
38	37	Manuel Oliveira	aztrail/mercentro	Veterano M45	1	02:57:56	+39:07	07:25
39	90	António Alves	individual	Veterano M40	1	02:58:50	+40:00	07:27
40	135	JOSÉ TÓ	pupilos do zé tó	Veterano M45	1	03:00:35	+41:46	07:31

OVERALL - TRAIL LONGO

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	/KM
41	89	alexandra fernandes	individual	Veterana F50	1	03:00:36	+41:46	07:31
42	15	António Correia	antónio correia	Veterano M40	1	03:01:36	+42:47	07:34
43	110	Pedro Henriques	núcleo de atletismo de cucujães	Senior Masculino	1	03:02:13	+43:23	07:36
44	19	Jorge Santos	arcorun	Veterano M50	1	03:03:29	+44:40	07:39
45	94	Fernando gonçalves	individual	Veterano M50	1	03:04:19	+45:29	07:41
46	51	Rogério Silva	cdc s. martinho gândara	Veterano M60	1	03:04:52	+46:03	07:42
47	74	Angelo Pinho	ginasio fit4fun	Veterano M40	1	03:05:51	+47:01	07:45
48	59	Carlos Augusto Martins da Silva	centro marcha e corrida oliveira de azeméis	Veterano M45	1	03:05:53	+47:04	07:45
49	13	Leandro Santos Matos	amigos do trail	Veterano M40	1	03:07:00	+48:11	07:47
50	45	André Silva	c.b viseu running team	Senior Masculino	1	03:09:49	+50:59	07:55
51	25	Antonio Martins	aztrail/mercentro	Senior Masculino	1	03:09:56	+51:07	07:55
52	127	Antonio Silva	pupilos do zé tó	Veterano M50	1	03:10:18	+51:29	07:56
53	43	Ariana Rafaela Silva Tavares	c.b viseu running team	Senior Feminino	1	03:10:34	+51:45	07:56
54	38	Sergio Martins	aztrail/mercentro	Veterano M45	1	03:12:19	+53:30	08:01
55	20	Ricardo Magalhães	as belas e eles	Senior Masculino	1	03:12:19	+53:30	08:01
56	18	Vitor Folgado	arcorun	Veterano M45	1	03:13:38	+54:49	08:04
57	119	Luis Morais	opraticante.pt-hora do lobo trail	Veterano M45	1	03:16:38	+57:49	08:12
58	77	José bugalho	grupo desportivo vilaverdense	Veterano M45	1	03:17:42	+58:53	08:14
59	123	Zenaide Alves	out2run/miro	Veterana F40	1	03:19:11	+01:00:22	08:18
60	124	Paulo Pinto	out2run/miro	Veterano M40	1	03:19:12	+01:00:22	08:18
61	16	Carlos Couto	arcorun	Veterano M40	1	03:19:25	+01:00:36	08:19
62	125	Nelson Duarte	outsiders trail team	Veterano M40	1	03:20:33	+01:01:44	08:21
63	33	Sofia Coelho	aztrail/mercentro	Veterana F40	1	03:20:37	+01:01:47	08:22
64	93	Diamantino Jorge de Oliveira Valquesma	individual	Veterano M50	1	03:20:39	+01:01:49	08:22
65	115	Sérgio Moura	opraticante.pt-hora do lobo trail	Senior Masculino	1	03:21:21	+01:02:31	08:23
66	22	Jorge Manuel Santiago Tavares	azeméis runners	Veterano M40	1	03:22:12	+01:03:23	08:26
67	130	PEDRO PINHO	pupilos do zé tó	Veterano M40	1	03:24:06	+01:05:17	08:30
68	30	Tiago Gomes Mota	aztrail/mercentro	Senior Masculino	1	03:24:27	+01:05:38	08:31
69	52	Ana Catarina Venda Fonseca	centro marcha e corrida oliveira de azeméis	Senior Feminino	1	03:25:22	+01:06:33	08:33
70	137	MIGUEL COELHO	pupilos do zé tó	Veterano M45	1	03:25:34	+01:06:44	08:34
71	29	Renato Costa	aztrail/mercentro	Senior Masculino	1	03:25:55	+01:07:06	08:35
72	78	Eduardo Joaquim Pinto Ferreira	grupo juvenil pinheiro da bemposta - o. azeméis	Veterano M45	1	03:26:11	+01:07:22	08:35
73	47	Luis Miguel Silva Oliveira	c.c. cafe	Senior Masculino	1	03:26:30	+01:07:41	08:36
74	105	Bruno Filipe Santos Almeida	maty	Senior Masculino	1	03:26:51	+01:08:02	08:37
75	106	Bruno Moreira	maty	Senior Masculino	1	03:26:51	+01:08:02	08:37
76	72	Conceição Ferreira	ginasio fit4fun	Veterana F50	1	03:29:36	+01:10:47	08:44
77	117	Hélder Santos	opraticante.pt-hora do lobo trail	Veterano M45	1	03:29:38	+01:10:48	08:44
78	70	SILVIA VILAR	ginasio fit4fun	Veterana F40	1	03:30:55	+01:12:06	08:47
79	66	CARINA PINHO	ginasio fit4fun	Senior Feminino	1	03:31:00	+01:12:11	08:48
80	58	António José Cerqueira Pinheiro	centro marcha e corrida oliveira de azeméis	Veterano M45	1	03:33:07	+01:14:18	08:53
81	11	Pedro Miguel Silva	amigos do trail	Senior Masculino	1	03:33:56	+01:15:06	08:55
82	8	João António Silva	amigos do trail	Senior Masculino	1	03:33:56	+01:15:06	08:55
83	42	Miguel Ferreira	bravos e bravitas	Veterano M40	1	03:35:43	+01:16:53	08:59

OVERALL - TRAIL LONGO

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	Stages	RESULT	DIFF	T/KM
84	64	Esmeralda Fiuza	figueira kayak clube	Veterana F55	1	03:38:09	+01:19:20	09:05
85	41	José Ricardo	boavista	Veterano M45	1	03:39:22	+01:20:33	09:08
86	56	João Nuno Moreira Rebelo	centro marcha e corrida oliveira de azeméis	Veterano M40	1	03:41:02	+01:22:13	09:13
87	84	José Eduardo Leal Moreira	individual	Senior Masculino	1	03:41:03	+01:22:13	09:13
88	145	Abel Correia	vodafone	Veterano M40	1	03:41:04	+01:22:15	09:13
89	31	Tiago Silva	aztrail/mercentro	Senior Masculino	1	03:41:41	+01:22:52	09:14
90	126	Humberto Pinho	porto sentido runners	Veterano M60	1	03:44:10	+01:25:20	09:20
91	71	Ana Pissarra	ginasio fit4fun	Veterana F45	1	03:45:30	+01:26:41	09:24
92	75	Durbalino Ferreira	ginasio fit4fun	Veterano M55	1	03:45:32	+01:26:43	09:24
93	134	JORGE COSTA	pupilos do zé tó	Veterano M45	1	03:46:44	+01:27:54	09:27
94	44	Oriana Tavares Marques	c.b viseu running team	Senior Feminino	1	03:49:57	+01:31:07	09:35
95	46	João Pedro Andrade Silva Lassal	c.c. cafe	Senior Masculino	1	03:51:17	+01:32:28	09:38
96	96	Mario Costa Pereira	individual	Veterano M50	1	03:51:29	+01:32:40	09:39
97	114	Daniel Silva	opraticante.pt-hora do lobo trail	Senior Masculino	1	03:51:57	+01:33:08	09:40
98	113	Silvia Gomes	opraticante.pt / correio de albergaria trail running	Senior Feminino	1	03:55:20	+01:36:31	09:48
99	81	Hugo Martins Rodrigues de Sousa	individual	Senior Masculino	1	03:56:40	+01:37:51	09:52
100	141	Paulo Soares	solitário!!	Senior Masculino	1	03:56:41	+01:37:52	09:52
101	98	Fernando Resende	individual	Veterano M55	1	04:03:19	+01:44:30	10:08
102	34	Filipe Cunha	aztrail/mercentro	Veterano M40	1	04:03:35	+01:44:45	10:09
103	139	António Porrão	running esmoriz	Veterano M55	1	04:08:39	+01:49:50	10:22
104	138	José Riba	running esmoriz	Veterano M50	1	04:08:40	+01:49:50	10:22
105	118	Jorge Silva	opraticante.pt-hora do lobo trail	Veterano M45	1	04:10:14	+01:51:25	10:26
106	54	Levi Fernandes	centro marcha e corrida oliveira de azeméis	Senior Masculino	1	04:16:17	+01:57:28	10:41
107	122	Nuno Pinho	os kágados	Senior Masculino	1	04:16:18	+01:57:29	10:41
108	7	Hugo Daniel Costa	amigos do trail	Senior Masculino	1	04:16:33	+01:57:44	10:41
109	593	Ricardo Queiros	individual	Senior Masculino	1	04:18:13	+01:59:24	10:46
110	131	RICARDO BASTOS	pupilos do zé tó	Veterano M40	1	04:21:13	+02:02:24	10:53
111	132	RUI PEDRO	pupilos do zé tó	Veterano M40	1	04:21:14	+02:02:24	10:53
112	67	RITA AGUIAR	ginasio fit4fun	Senior Feminino	1	04:21:14	+02:02:25	10:53
113	129	PAULO OLIVEIRA	pupilos do zé tó	Senior Masculino	1	04:22:08	+02:03:18	10:55
114	87	Miguel A. Martins	individual	Senior Masculino	1	04:34:16	+02:15:26	11:26
115	62	Dulcineia Miriam	dulcineia miriam	Senior Feminino	1	04:34:21	+02:15:32	11:26
116	57	LINDOLFO SOL	centro marcha e corrida oliveira de azeméis	Veterano M40	1	04:41:48	+02:22:59	11:45
117	32	Ana Góis	aztrail/mercentro	Veterana F40	1	04:47:46	+02:28:57	11:59
118	39	Julio Terra	aztrail/mercentro	Veterano M50	1	04:47:46	+02:28:57	11:59
119	23	Vera Nogueira	aztrail/mercentro	Senior Feminino	1	04:56:48	+02:37:59	12:22
120	133	JOÃO CARVALHO	pupilos do zé tó	Veterano M45	1	05:12:33	+02:53:44	13:01
121	10	Pedro Filipe Almeida	amigos do trail	Senior Masculino	1	05:25:28	+03:06:38	13:34
122	144	João Paulo Félix da Silva	trilho perdido & friends	Veterano M45	1	05:25:37	+03:06:47	13:34

Trail Longo

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	15,5°C	87%
End	14:26	16.9°C	72%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	120	Daniela Russo	Oralklass-Amigos do Trail	Senior Feminino	02:46:24	+27:35	06:56:35
2	43	Ariana Rafaela Silva Tavares	C.B Viseu Running Team	Senior Feminino	03:10:34	+51:45	07:56:35
3	52	Ana Catarina Venda Fonseca	Centro Marcha e Corrida Oliveira de Azeméis	Senior Feminino	03:25:22	+01:06:33	08:33:35
4	66	CARINA PINHO	Ginasio Fit4Fun	Senior Feminino	03:31:00	+01:12:11	08:48:35
5	44	Oriana Tavares Marques	C.B Viseu Running Team	Senior Feminino	03:49:57	+01:31:07	09:35:35
6	113	Silvia Gomes	OPraticante.pt / Correio de Albergaria Trail Running	Senior Feminino	03:55:20	+01:36:31	09:48:35
7	67	RITA AGUIAR	Ginasio Fit4Fun	Senior Feminino	04:21:14	+02:02:25	10:53:35
8	62	Dulcineia Miriam	Dulcineia Miriam	Senior Feminino	04:34:21	+02:15:32	11:26:35
9	23	Vera Nogueira	AZtrail/Mercentro	Senior Feminino	04:56:48	+02:37:59	12:22:35

Senior Masculino

1	55	Pedro Rafael Tavares Garrido	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	02:25:04	+06:15	06:03
2	121	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	02:25:19	+06:30	06:03
3	142	Milton Santos	Sport Clube Beira-Mar	Senior Masculino	02:28:25	+09:36	06:11
4	102	Ivan Silva	Limitless	Senior Masculino	02:30:44	+11:55	06:17
5	107	João Leite	Mexilhão da Montanha	Senior Masculino	02:31:03	+12:14	06:18
6	24	Alcides Barbosa	AZtrail/Mercentro	Senior Masculino	02:31:04	+12:15	06:18
7	28	Humberto Silva	AZtrail/Mercentro	Senior Masculino	02:34:54	+16:05	06:27
8	5	Ricardo Filipe Tavares Fernandes	A.D.C.Felgueira / Freita Skyrunning	Senior Masculino	02:39:08	+20:19	06:38
9	27	Francisco Terra	AZtrail/Mercentro	Senior Masculino	02:42:59	+24:10	06:47
10	86	Marco da Silva Pinheiro Vasconcelos	Individual	Senior Masculino	02:44:09	+25:20	06:50
11	82	José Armando Duarte do Rosário	Individual	Senior Masculino	02:44:35	+25:45	06:51
12	53	Fábio Almeida	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	02:45:30	+26:41	06:54
13	26	Bruno Barge	AZtrail/Mercentro	Senior Masculino	02:45:54	+27:04	06:55
14	85	Luís Azevedo	Individual	Senior Masculino	02:49:04	+30:15	07:03
15	68	RICARDO RIBEIRO	Ginasio Fit4Fun	Senior Masculino	02:49:50	+31:01	07:05
16	60	Pedro Lopes	Correio de Albergaria Trail Running	Senior Masculino	02:49:53	+31:04	07:05
17	79	Daniel Aguiar	Individual	Senior Masculino	02:53:39	+34:49	07:14
18	110	Pedro Henriques	Núcleo de Atletismo de Cucujães	Senior Masculino	03:02:13	+43:23	07:36
19	45	André Silva	C.B Viseu Running Team	Senior Masculino	03:09:49	+50:59	07:55
20	25	Antonio Martins	AZtrail/Mercentro	Senior Masculino	03:09:56	+51:07	07:55
21	20	Ricardo Magalhães	As Belas e Eles	Senior Masculino	03:12:19	+53:30	08:01
22	115	Sérgio Moura	OPraticante.pt-Hora do Lobo Trail	Senior Masculino	03:21:21	+01:02:31	08:23
23	30	Tiago Gomes Mota	AZtrail/Mercentro	Senior Masculino	03:24:27	+01:05:38	08:31

Trail Longo

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

24	29	Renato Costa	AZtrail/Mercentro	Senior Masculino	03:25:55	+01:07:06	08:35
25	47	Luis Miguel Silva Oliveira	c.c. cafe	Senior Masculino	03:26:30	+01:07:41	08:36
26	105	Bruno Filipe Santos Almeida	Maty	Senior Masculino	03:26:51	+01:08:02	08:37
27	106	Bruno Moreira	Maty	Senior Masculino	03:26:51	+01:08:02	08:37
28	11	Pedro Miguel Silva	AMIGOS DO TRAIL	Senior Masculino	03:33:56	+01:15:06	08:55
29	8	João António Silva	AMIGOS DO TRAIL	Senior Masculino	03:33:56	+01:15:06	08:55
30	84	José Eduardo Leal Moreira	Individual	Senior Masculino	03:41:03	+01:22:13	09:13
31	31	Tiago Silva	AZtrail/Mercentro	Senior Masculino	03:41:41	+01:22:52	09:14
32	46	João Pedro Andrade Silva Lassa	c.c. cafe	Senior Masculino	03:51:17	+01:32:28	09:38
33	114	Daniel Silva	OPraticante.pt-Hora do Lobo Trail	Senior Masculino	03:51:57	+01:33:08	09:40
34	81	Hugo Martins Rodrigues de Sousa	Individual	Senior Masculino	03:56:40	+01:37:51	09:52
35	141	Paulo Soares	Solitário!!	Senior Masculino	03:56:41	+01:37:52	09:52
36	54	Levi Fernandes	Centro Marcha e Corrida Oliveira de Azeméis	Senior Masculino	04:16:17	+01:57:28	10:41
37	122	Nuno Pinho	Os Kágados	Senior Masculino	04:16:18	+01:57:29	10:41
38	7	Hugo Daniel Costa	AMIGOS DO TRAIL	Senior Masculino	04:16:33	+01:57:44	10:41
39	593	Ricardo Queiros	Individual	Senior Masculino	04:18:13	+01:59:24	10:46
40	129	PAULO OLIVEIRA	PUPILOS DO ZÉ TÓ	Senior Masculino	04:22:08	+02:03:18	10:55
41	87	Miguel A. Martins	Individual	Senior Masculino	04:34:16	+02:15:26	11:26
42	10	Pedro Filipe Almeida	AMIGOS DO TRAIL	Senior Masculino	05:25:28	+03:06:38	13:34

Veterana F40

1	123	Zenaide Alves	out2run/Miro	Veterana F40	03:19:11	+01:00:22	08:18
2	33	Sofia Coelho	AZtrail/Mercentro	Veterana F40	03:20:37	+01:01:47	08:22
3	70	SILVIA VILAR	Ginasio Fit4Fun	Veterana F40	03:30:55	+01:12:06	08:47
4	32	Ana Góis	AZtrail/Mercentro	Veterana F40	04:47:46	+02:28:57	11:59

Veterana F45

1	71	Ana Pissarra	Ginasio Fit4Fun	Veterana F45	03:45:30	+01:26:41	09:24
---	----	--------------	-----------------	--------------	----------	-----------	-------

Veterana F50

1	89	alexandra fernandes	Individual	Veterana F50	03:00:36	+41:46	07:31
2	72	Conceição Ferreira	Ginasio Fit4Fun	Veterana F50	03:29:36	+01:10:47	08:44

Veterana F55

1	64	Esmeralda Fiuza	Figueira Kayak Clube	Veterana F55	03:38:09	+01:19:20	09:05
---	----	-----------------	----------------------	--------------	----------	-----------	-------

Veterano M40

1	112	Luis Silva	Núcleo de Atletismo de Cucuiães	Veterano M40	02:18:49	05:47
---	-----	------------	---------------------------------	--------------	----------	-------

Trail Longo

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

2	100	David Coutinho	JOBRA - Associação de Jovens da Branca	Veterano M40	02:24:51	+06:01	06:02
3	111	Fernando Lima	Núcleo de Atletismo de Cucujães	Veterano M40	02:25:51	+07:01	06:05
4	12	António Jorge Fernandes	AMIGOS DO TRAIL	Veterano M40	02:27:17	+08:28	06:08
5	108	Alex Tondela	MONTANHA CLUBE TRAIL RUNNING / EFAPEL	Veterano M40	02:37:59	+19:10	06:35
6	65	João Moreira	G.D. Ronda	Veterano M40	02:40:02	+21:13	06:40
7	17	Jorge Gomes	ARCORUN	Veterano M40	02:50:46	+31:56	07:07
8	14	Luis Goncalves	AMIGOS DO TRAIL	Veterano M40	02:51:13	+32:24	07:08
9	90	António Alves	Individual	Veterano M40	02:58:50	+40:00	07:27
10	15	António Correia	António Correia	Veterano M40	03:01:36	+42:47	07:34
11	74	Angelo Pinho	Ginasio Fit4Fun	Veterano M40	03:05:51	+47:01	07:45
12	13	Leandro Santos Matos	AMIGOS DO TRAIL	Veterano M40	03:07:00	+48:11	07:47
13	124	Paulo Pinto	out2run/Miro	Veterano M40	03:19:12	+01:00:22	08:18
14	16	Carlos Couto	ARCORUN	Veterano M40	03:19:25	+01:00:36	08:19
15	125	Nelson Duarte	Outsiders trail team	Veterano M40	03:20:33	+01:01:44	08:21
16	22	Jorge Manuel Santiago Tavares	Azeméis Runners	Veterano M40	03:22:12	+01:03:23	08:26
17	130	PEDRO PINHO	PUPILOS DO ZÉ TÓ	Veterano M40	03:24:06	+01:05:17	08:30
18	42	Miguel Ferreira	Bravos e Bravitas	Veterano M40	03:35:43	+01:16:53	08:59
19	56	João Nuno Moreira Rebelo	Centro Marcha e Corrida Oliveira de Azeméis	Veterano M40	03:41:02	+01:22:13	09:13
20	145	Abel Correia	VODAFONE	Veterano M40	03:41:04	+01:22:15	09:13
21	34	Filipe Cunha	AZtrail/Mercentro	Veterano M40	04:03:35	+01:44:45	10:09
22	131	RICARDO BASTOS	PUPILOS DO ZÉ TÓ	Veterano M40	04:21:13	+02:02:24	10:53
23	132	RUI PEDRO	PUPILOS DO ZÉ TÓ	Veterano M40	04:21:14	+02:02:24	10:53
24	57	LINDOLFO SOL	Centro Marcha e Corrida Oliveira de Azeméis	Veterano M40	04:41:48	+02:22:59	11:45

Veterano M45

1	140	Toze amorim	Serviços sociais Câmara Fanta Maria da Feira	Veterano M45	02:21:47	+02:58	05:54
2	116	Duarte Gil Barbosa	OPraticante.pt-Hora do Lobo Trail	Veterano M45	02:35:21	+16:31	06:28
3	35	Carlos Fernandes	AZtrail/Mercentro	Veterano M45	02:46:44	+27:55	06:57
4	143	Manuel Bastos	Trail Running Clube Btt Sanguedo	Veterano M45	02:49:06	+30:17	07:03
5	36	Jorge Brites	AZtrail/Mercentro	Veterano M45	02:57:42	+38:52	07:24
6	37	Manuel Oliveira	AZtrail/Mercentro	Veterano M45	02:57:56	+39:07	07:25
7	135	JOSÉ TÓ	PUPILOS DO ZÉ TÓ	Veterano M45	03:00:35	+41:46	07:31
8	59	Carlos Augusto Martins da Silva	Centro Marcha e Corrida Oliveira de Azeméis	Veterano M45	03:05:53	+47:04	07:45
9	38	Sergio Martins	AZtrail/Mercentro	Veterano M45	03:12:19	+53:30	08:01
10	18	Vitor Folgado	ARCORUN	Veterano M45	03:13:38	+54:49	08:04
11	119	Luis Morais	OPraticante.pt-Hora do Lobo Trail	Veterano M45	03:16:38	+57:49	08:12
12	77	José bugalho	Grupo desportivo vilaverdense	Veterano M45	03:17:42	+58:53	08:14
13	137	MIGUEL COELHO	PUPILOS DO ZÉ TÓ	Veterano M45	03:25:34	+01:06:44	08:34
14	78	Eduardo Joaquim Pinto Ferreira	GRUPO JUVENIL PINHEIRO DA BEMPOSTA - O. AZEMÉIS	Veterano M45	03:26:11	+01:07:22	08:35
15	117	Hélder Santos	OPraticante.pt-Hora do Lobo Trail	Veterano M45	03:29:38	+01:10:48	08:44

Official Timekeeper: Lap2Go	3 / 4	generate 27-mai-2018 14:28
-----------------------------	-------	----------------------------

Trail Longo

24 KM

[illegible]

OFFICIAL RESULT

[illegible]

16	58	António José Cerqueira Pinheiro	Centro Marcha e Corrida Oliveira de Azeméis	Veterano M45	03:33:07	+01:14:18	08:53
17	41	José Ricardo	Boavista	Veterano M45	03:39:22	+01:20:33	09:08
18	134	JORGE COSTA	PUPILOS DO ZÉ TÓ	Veterano M45	03:46:44	+01:27:54	09:27
19	118	Jorge Silva	OPraticante.pt-Hora do Lobo Trail	Veterano M45	04:10:14	+01:51:25	10:26
20	133	JOÃO CARVALHO	PUPILOS DO ZÉ TÓ	Veterano M45	05:12:33	+02:53:44	13:01
21	144	João Paulo Félix da Silva	Trilho Perdido & Friends	Veterano M45	05:25:37	+03:06:47	13:34

Veterano M50

1	95	Manuel Cabete	Individual	Veterano M50	02:45:36	+26:47	06:54
2	92	adriano matias dos santos lima oliveira	Individual	Veterano M50	02:53:32	+34:43	07:14
3	6	Augusto Oliveira	AMIGOS DO PEDAL	Veterano M50	02:56:14	+37:24	07:21
4	19	Jorge Santos	ARCORUN	Veterano M50	03:03:29	+44:40	07:39
5	94	Fernando gonçalves	Individual	Veterano M50	03:04:19	+45:29	07:41
6	127	Antonio Silva	PUPILOS DO ZÉ TÓ	Veterano M50	03:10:18	+51:29	07:56
7	93	Diamantino Jorge de Oliveira Valquesma	Individual	Veterano M50	03:20:39	+01:01:49	08:22
8	96	Mario Costa Pereira	Individual	Veterano M50	03:51:29	+01:32:40	09:39
9	138	José Riba	Running Esmoriz	Veterano M50	04:08:40	+01:49:50	10:22
10	39	Julio Terra	AZtrail/Mercentro	Veterano M50	04:47:46	+02:28:57	11:59

Veterano M55

1	40	M. Óscar Ferreira	AZtrail/Mercentro	Veterano M55	02:34:54	+16:05	06:27
2	49	Mario Alves Oliveira	CCDR Fundo Vila-S.Joao da Madeira	Veterano M55	02:46:07	+27:18	06:55
3	75	Durbalino Ferreira	Ginasio Fit4Fun	Veterano M55	03:45:32	+01:26:43	09:24
4	98	Fernando Resende	Individual	Veterano M55	04:03:19	+01:44:30	10:08
5	139	António Porrão	Running Esmoriz	Veterano M55	04:08:39	+01:49:50	10:22

Veterano M60

1	99	PUIPILOS DO TOZÉ - Manuel Ferreira (ZOLA)	Individual	Veterano M60	02:39:38	+20:49	06:39
2	51	Rogério Silva	CDC S. Martinho Gândara	Veterano M60	03:04:52	+46:03	07:42
3	126	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M60	03:44:10	+01:25:20	09:20