

| Lugar | Dorsal | Nome                                | Equipa                         | Escalão    | Idade | Sexo   | Tempo     | Diferença |
|-------|--------|-------------------------------------|--------------------------------|------------|-------|--------|-----------|-----------|
| 1     | 306    | Pinho Carlos                        | Crossfit Alphaden              | Seniores M | 34    | Male   | 1:12:36.8 | -         |
| 2     | 291    | Fernando Parente                    | Individual                     | M 40       | 41    | Male   | 1:17:23.1 | +4:46.3   |
| 3     | 211    | Joel Gomes                          | Amigos do 19.º                 | M 40       | 42    | Male   | 1:19:57.9 | +7:21.1   |
| 4     | 217    | Marco Nazaré                        | sabores do paço/zatopeques     | M 40       | 40    | Male   | 1:20:26.5 | +7:49.7   |
| 5     | 227    | Nuno Pereira                        | clube OGMA                     | M 40       | 42    | Male   | 1:20:56.1 | +8:19.3   |
| 6     | 216    | Tiago Carvalho                      | Sabores do Paço/ Zatopeques    | Seniores M | 29    | Male   | 1:21:32.0 | +8:55.2   |
| 7     | 236    | Marco Fernandes                     | Atibá                          | M 40       | 40    | Male   | 1:22:13.6 | +9:36.8   |
| 8     | 251    | Sandro Jordão                       | RÓÓDINHAS                      | Seniores M | 37    | Male   | 1:23:00.7 | +10:23.9  |
| 9     | 208    | mario ramos                         | sabores do paco zatopeques     | Seniores M | 38    | Male   | 1:25:23.4 | +12:46.6  |
| 10    | 307    | Antonio Pires                       | Crossfit Alphaden              | M 50       | 53    | Male   | 1:25:53.5 | +13:16.7  |
| 11    | 201    | Artur Moreira                       | Individual                     | M 40       | 42    | Male   | 1:26:04.3 | +13:27.5  |
| 12    | 317    | Rui Ramos                           | Correr Queluz                  | Seniores M | 39    | Male   | 1:26:04.4 | +13:27.6  |
| 13    | 241    | bruno venâncio                      | marvila jovem                  | Seniores M | 37    | Male   | 1:29:48.3 | +17:11.5  |
| 14    | 248    | ANTONIO ALMEIDA                     | NUCLEO DESPORTIVO AUTOCOOPE    | M 50       | 55    | Male   | 1:30:37.7 | +18:00.9  |
| 15    | 229    | Célia Henriques                     | Bruxos Runners                 | F 40       | 48    | Female | 1:31:01.1 | +18:24.3  |
| 16    | 226    | joao cresco                         | Individual                     | M 50       | 56    | Male   | 1:31:17.9 | +18:41.1  |
| 17    | 242    | luis nunes                          | marvila jovem                  | M 40       | 42    | Male   | 1:31:23.4 | +18:46.6  |
| 18    | 308    | filipe branco                       | a.m.c.d.tituaria               | M 40       | 49    | Male   | 1:32:38.9 | +20:02.1  |
| 19    | 230    | António Baptista                    | Individual                     | M 40       | 49    | Male   | 1:33:55.6 | +21:18.8  |
| 20    | 225    | Marta Anselmo                       | C. de M. e Corrida de Alenquer | F 40       | 47    | Female | 1:36:43.4 | +24:06.6  |
| 21    | 262    | Catarina Costa                      | Ai Nós Jamor                   | Seniores F | 37    | Female | 1:37:02.5 | +24:25.7  |
| 22    | 322    | Luis Lopes                          | Individual                     | M 40       | 46    | Male   | 1:39:19.9 | +26:43.1  |
| 23    | 245    | diogo sousa                         | marvila jovem                  | Seniores M | 32    | Male   | 1:40:03.9 | +27:27.1  |
| 24    | 283    | Nuno Verdasca                       | ADA Desnível                   | M 40       | 46    | Male   | 1:40:09.8 | +27:33.0  |
| 25    | 299    | João Dionísio                       | Individual                     | Seniores M | 39    | Male   | 1:40:17.3 | +27:40.5  |
| 26    | 269    | Paulo Lagarto                       | Maratona SMA                   | Seniores M | 35    | Male   | 1:40:37.9 | +28:01.1  |
| 27    | 279    | Gualter Brazuna                     | Maratona SM                    | Seniores M | 39    | Male   | 1:40:45.2 | +28:08.4  |
| 28    | 305    | Ricardo Pereira                     | Amigos Vale Silencio           | M 40       | 42    | Male   | 1:41:47.7 | +29:10.9  |
| 29    | 214    | joaquim jose da costa santos santos | Individual                     | M 60       | 60    | Male   | 1:43:40.8 | +31:04.0  |
| 30    | 296    | Ricardo Frazão                      | F&J                            | Seniores M | 38    | Male   | 1:44:28.4 | +31:51.6  |
| 31    | 280    | Quirino José                        | Casa do Benfica Torres Vedras  | M 40       | 44    | Male   | 1:45:11.2 | +32:34.4  |
| 32    | 235    | Luis Gomes                          | Individual                     | Seniores M | 36    | Male   | 1:45:15.9 | +32:39.1  |
| 33    | 204    | ROSALIA CRISTINA SALDANHA           | MAFC                           | F 40       | 45    | Female | 1:45:31.9 | +32:55.1  |
| 34    | 256    | Jorge Fernandes                     | Individual                     | M 50       | 57    | Male   | 1:47:18.8 | +34:42.0  |
| 35    | 276    | Rui Mineiro                         | Hipoloeste Full Energy         | M 40       | 46    | Male   | 1:48:20.4 | +35:43.6  |
| 36    | 233    | Pedro Esteves Esteves               | Individual                     | Seniores M | 38    | Male   | 1:48:34.4 | +35:57.6  |
| 37    | 212    | João M. Silva                       | Hipoloeste Full Energy         | M 40       | 46    | Male   | 1:48:42.0 | +36:05.2  |
| 38    | 271    | Helder Machado                      | Hipoloeste Full Energy         | M 40       | 45    | Male   | 1:49:52.3 | +37:15.5  |
| 39    | 215    | Pedro Cabral Cabral                 | Hopoloeste Full Energy         | M 40       | 45    | Male   | 1:50:03.6 | +37:26.8  |
| 40    | 275    | to ze machado                       | lesmas                         | M 40       | 47    | Male   | 1:50:32.9 | +37:56.1  |
| 41    | 321    | Rozires Garcia                      | Tartarugas Solidárias          | Seniores F | 36    | Female | 1:50:41.8 | +38:05.0  |
| 42    | 295    | almerinda frazao frazao             | Individual                     | F 50       | 59    | Female | 1:50:52.2 | +38:15.4  |
| 43    | 314    | Guilherme Moreira                   | Olalone                        | M 40       | 46    | Male   | 1:51:09.2 | +38:32.4  |
| 44    | 281    | Rogério Morais                      | ADA Desnível                   | M 50       | 58    | Male   | 1:51:43.4 | +39:06.6  |
| 45    | 243    | ana bernardo                        | marvila jovem                  | Seniores F | 37    | Male   | 1:52:38.7 | +40:01.9  |

| Lugar | Dorsal | Nome                    | Equipa                           | Escalão    | Idade | Sexo   | Tempo     | Diferença  |
|-------|--------|-------------------------|----------------------------------|------------|-------|--------|-----------|------------|
| 46    | 268    | Nuno Oliveira           | Correr Queluz                    | M 40       | 41    | Male   | 1:55:05.0 | +42:28.2   |
| 47    | 292    | António Pinto           | Correr Queluz                    | M 50       | 59    | Male   | 1:55:05.8 | +42:29.0   |
| 48    | 298    | Gabriela Silvestre      | Individual                       | Sub 18 F   | 20    | Female | 1:57:07.7 | +44:30.9   |
| 49    | 220    | Luis Dias               | Hipoloeste Full Energy           | M 40       | 49    | Male   | 1:57:27.3 | +44:50.5   |
| 50    | 224    | Jorge Costa             | Serviços Sociais Montepio        | M 40       | 49    | Male   | 1:58:05.6 | +45:28.8   |
| 51    | 315    | Carlos Balão            | Óscar Alho Team                  | M 40       | 42    | Male   | 1:58:36.1 | +45:59.3   |
| 52    | 261    | Patrícia Monteiro       | Ai Nós Jamor                     | F 40       | 43    | Female | 1:58:40.6 | +46:03.8   |
| 53    | 223    | Tiago Gaspar            | Serviços Sociais Montepio        | Seniores M | 37    | Male   | 1:58:58.4 | +46:21.6   |
| 54    | 222    | Nuno Santos             | Serviços Sociais Montepio        | M 40       | 42    | Male   | 1:58:59.4 | +46:22.6   |
| 55    | 218    | Rosário Figueiral       | Grupo Desportivo Sheraton Lisboa | F 50       | 51    | Female | 1:59:45.4 | +47:08.6   |
| 56    | 287    | Natália Narciso         | Serviços Sociais Montepio        | F 50       | 55    | Female | 2:00:57.0 | +48:20.2   |
| 57    | 260    | Marisa Rianço           | Tartarugas Solidárias            | Seniores F | 38    | Female | 2:02:44.7 | +50:07.9   |
| 58    | 244    | nuno ferreira           | marvila jovem                    | Seniores M | 36    | Male   | 2:04:15.9 | +51:39.1   |
| 59    | 247    | sergio nunes            | marvila jovem                    | M 40       | 42    | Male   | 2:04:21.4 | +51:44.6   |
| 60    | 246    | ismael faizal           | marvila jovem                    | M 40       | 41    | Male   | 2:04:22.9 | +51:46.1   |
| 61    | 277    | Luis Santos             | Extincendios                     | Seniores M | 38    | Male   | 2:05:57.1 | +53:20.3   |
| 62    | 278    | Nina Soares             | Extincendios                     | Seniores F | 34    | Male   | 2:06:01.6 | +53:24.8   |
| 63    | 255    | Marcia Reto             | Individual                       | F 40       | 49    | Female | 2:07:33.8 | +54:57.0   |
| 64    | 219    | Dina Dias Dias          | Hipoloeste Full Energy           | F 40       | 49    | Female | 2:09:17.2 | +56:40.4   |
| 65    | 273    | Sónia Viveiros          | Hipoloeste Full Energy           | F 40       | 43    | Female | 2:09:21.1 | +56:44.3   |
| 66    | 213    | Sandra Lopo             | Hipoloeste Full Energy           | F 40       | 46    | Female | 2:09:21.6 | +56:44.8   |
| 67    | 286    | Manuel Narciso          | Serviços Sociais Montepio        | M 50       | 54    | Male   | 2:09:44.7 | +57:07.9   |
| 68    | 282    | Catherine Freitas       | ADA Desnível                     | F 50       | 58    | Female | 2:11:39.9 | +59:03.1   |
| 69    | 297    | Carla Farinha           | F&J                              | F 40       | 45    | Female | 2:12:24.2 | +59:47.4   |
| 70    | 238    | Marta Gomes             | Gin. Qtª Valbom - AAAlcochete    | F 40       | 40    | Female | 2:13:22.6 | +1:00:45.8 |
| 71    | 237    | Romeu Colaço            | Gin. Qtª Valbom - AAAlcochete    | Seniores M | 39    | Male   | 2:13:28.6 | +1:00:51.8 |
| 72    | 323    | Pedro Fernandes         | dirrunners                       | Seniores M | 38    | Male   | 2:14:25.8 | +1:01:49.0 |
| 73    | 285    | Susana Gomes            | ADA Desnível                     | F 40       | 41    | Female | 2:15:02.3 | +1:02:25.5 |
| 74    | 205    | João Neves              | H. R. Team Arruda dos Vinhos     | Seniores M | 25    | Male   | 2:16:24.0 | +1:03:47.2 |
| 75    | 206    | Catarina Neves          | H. R. Team Arruda dos Vinhos     | Seniores F | 27    | Female | 2:16:27.5 | +1:03:50.7 |
| 76    | 266    | Luisa Guerra Santos     | ADA Desnível                     | F 50       | 50    | Female | 2:16:30.2 | +1:03:53.4 |
| 77    | 304    | Carina Lourinho         | Stravistas VP                    | Seniores M | 37    | Female | 2:20:21.3 | +1:07:44.5 |
| 78    | 264    | Luís Gonçalves          | Individual                       | M 40       | 42    | Male   | 2:22:19.9 | +1:09:43.1 |
| 79    | 289    | Célia Borges            | Serviços Sociais Montepio        | F 40       | 44    | Female | 2:26:48.9 | +1:14:12.1 |
| 80    | 234    | Nuno Oliveira           | Individual                       | M 40       | 44    | Male   | 2:27:48.5 | +1:15:11.7 |
| 81    | 257    | Filipa Colaço           | Gin. Qta do Valbom - AAAlcochete | Seniores F | 25    | Female | 2:32:07.0 | +1:19:30.2 |
| 82    | 319    | Gi Ribeiro              | ao ritmo das 200ppm              | F 50       | 51    | Female | 2:32:45.8 | +1:20:09.0 |
| 83    | 318    | Mário Santos            | ao ritmo das 200ppm              | M 40       | 49    | Male   | 2:32:49.5 | +1:20:12.7 |
| 84    | 284    | Ana Sancho              | ADA Desnível                     | F 50       | 51    | Female | 2:32:53.6 | +1:20:16.8 |
| -     | 221    | Pedro Boto              | Serviços Sociais Montepio        | M 50       | 51    | Male   | DNF       | -          |
| -     | 240    | luis parrinha           | marvila jovem                    | M 50       | 54    | Male   | DNF       | -          |
| -     | 202    | Gaspar Coutinho         | Individual                       | Seniores M | 26    | Male   | DSQ       | -          |
| -     | 203    | Vera Bexiga             | Individual                       | Seniores F | 39    | Female | DSQ       | -          |
| -     | 207    | Rodolfo Fonseca         | Sabores do Paço Trail Team       | Seniores M | 32    | Male   | DSQ       | -          |
| -     | 239    | Antonio Guerra Ferreira | Centro Marcha Corrida Alenquer   | M 60       | 65    | Male   | DSQ       | -          |

| Lugar | Dorsal | Nome                     | Equipa                       | Escalão    | Idade | Sexo   | Tempo | Diferença |
|-------|--------|--------------------------|------------------------------|------------|-------|--------|-------|-----------|
| -     | 249    | ANTONIO FERNANDES        | NUCLEO DESPORTIVO AUTOCOOPE  | M 40       | 43    | Male   | DSQ   | -         |
| -     | 250    | CELIA FERREIRA           | NUCLEO DESPORTIVO AUTOCOOPE  | F 40       | 41    | Female | DSQ   | -         |
| -     | 252    | Carlos Teixeira Teixeira | Individual                   | M 40       | 46    | Male   | DSQ   | -         |
| -     | 253    | Ana Paula Reis Reis      | Guerreiras                   | F 40       | 44    | Female | DSQ   | -         |
| -     | 254    | Patricia Xavier Xavier   | Individual                   | F 40       | 43    | Female | DSQ   | -         |
| -     | 263    | Carla Clemente           | Individual                   | F 40       | 43    | Female | DSQ   | -         |
| -     | 270    | Joao Lopes               | Maratona Sobral Monte Agraço | Seniores M | 28    | Male   | DSQ   | -         |
| -     | 274    | humberto borges          | lesmas                       | M 50       | 51    | Male   | DSQ   | -         |
| -     | 288    | Helder Palma             | Serviços Sociais Montepio    | M 40       | 48    | Male   | DSQ   | -         |
| -     | 290    | ISMAR FERREIRA           | Individual                   | M 50       | 59    | Male   | DSQ   | -         |
| -     | 293    | Rui Vinhas Silva         | Individual                   | M 50       | 55    | Male   | DSQ   | -         |
| -     | 294    | Vítor Chagas             | CF Belenenses                | M 40       | 44    | Male   | DSQ   | -         |
| -     | 300    | Rogério Venâncio         | O MUNDO DA CORRIDA           | M 60       | 64    | Male   | DSQ   | -         |
| -     | 301    | Hugo Garrote             | Foguetes de Pegões           | Seniores M | 36    | Male   | DSQ   | -         |
| -     | 302    | Bruno Dias               | Adraga BTTeam                | M 40       | 42    | Male   | DSQ   | -         |
| -     | 303    | Carlos Rodrigues         | Guerreiros                   | M 40       | 46    | Male   | DSQ   | -         |
| -     | 309    | edgar francisco          | a.m.c.d.tituaria             | M 50       | 53    | Male   | DSQ   | -         |
| -     | 310    | gabriel antonio          | a,m,c,d.tituaria             | M 50       | 55    | Male   | DSQ   | -         |
| -     | 311    | luis ferreira            | a.m.c.d.tituaria             | M 50       | 52    | Male   | DSQ   | -         |
| -     | 312    | joaquim alexandre        | a.m.c.d.tituaria             | M 50       | 53    | Male   | DSQ   | -         |
| -     | 313    | alfredo simões           | a.m.c.d.tituaria             | M 40       | 46    | Male   | DSQ   | -         |
| -     | 316    | Tania Pereira            | ao ritmo das 200ppm          | Seniores F | 34    | Female | DSQ   | -         |
| -     | 209    | Zulmira Belo             | UAPovoense                   | F 50       | 52    | Female | DNS   | -         |
| -     | 210    | Daniel Enes              | 49:59T                       | Seniores M | 32    | Male   | DNS   | -         |
| -     | 228    | João Pedro Soares Soares | Credibom                     | Seniores M | 39    | Male   | DNS   | -         |
| -     | 231    | Jorge Pereira            | Saloios à descoberta         | M 40       | 45    | Male   | DNS   | -         |
| -     | 232    | Luis Barão               | Solo                         | M 40       | 49    | Male   | DNS   | -         |
| -     | 258    | José Costa Alves         | Individual                   | M 40       | 49    | Male   | DNS   | -         |
| -     | 259    | Nelson Pires             | Sport performance center     | M 40       | 40    | Male   | DNS   | -         |
| -     | 265    | Tiago Guedes             | Individual                   | Seniores M | 32    | Male   | DNS   | -         |
| -     | 267    | Filipa Vinagre           | Individual                   | Seniores F | 24    | Female | DNS   | -         |
| -     | 272    | Gonçalo Pinto            | Individual                   | Seniores M | 36    | Male   | DNS   | -         |
| -     | 320    | pedro claudio            | SS CGD                       | M 50       | 51    | Male   | DNS   | -         |