

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	746	António Almeida	Vitória Fc Trail Running	02:35:14.700	00:00:00.000
2	745	Aite Tamang	Vitória Fc Trail Running	02:39:17.967	00:04:03.267
3	747	Diogo Baena	Vitória Fc Trail Running	02:40:07.453	00:04:52.753
4	828	Bruno Ribeiro	Águias De Alvelos	02:40:44.207	00:05:29.507
5	673	Roberto Baião	Amcf- Arrabida Trail Team	02:41:48.707	00:06:34.007
6	671	Paulo Morais	Amcf- Arrabida Trail Team	02:41:50.207	00:06:35.507
7	855	Roberto Martinez	Individual	02:43:11.960	00:07:57.260
8	748	Pedro Ribeiro	Vitória Fc Trail Running	02:46:50.217	00:11:35.517
9	822	Vitor Costa	A.D.Amarante	02:48:24.967	00:13:10.267
10	800	Ruben Veloso	Academia Desportiva De Arcos De Valdevez	02:48:58.720	00:13:44.020
11	552	Tiago Pinto	Douroconta-Gabinete De Apoio E Contabilidade	02:50:19.477	00:15:04.777
12	668	Jose Arnejo	Boavista Trail	02:52:47.227	00:17:32.527
13	852	Telmo Veloso	Edv - Viana Trail	02:53:22.980	00:18:08.280
14	558	Francisco Fernandes	Águias De Alvelos	02:55:28.983	00:20:14.283
15	588	Pedro Tapadas	Douroconta-Gabinete De Apoio E Contabilidade	02:55:38.733	00:20:24.033
16	851	José Domínguez	Edv - Viana Trail	02:57:33.737	00:22:19.037
17	172	Paulo Mesquita	Edv - Viana Trail	02:57:34.733	00:22:20.033
18	670	Davide Marques	Amcf- Arrabida Trail Team	02:57:52.737	00:22:38.037
19	619	Joel Pereira	Minho E Lima Trail	02:58:57.487	00:23:42.787
20	735	Paulo Serra	Montanha Clube Trail Running Efapel	03:01:09.990	00:25:55.290
21	844	Andre Almeida	Factor X / S4I / Medende Fc	03:01:30.497	00:26:15.797
22	770	Álvaro Moreira	Trail Team Bifase	03:01:39.240	00:26:24.540
23	826	Helder Rocha	Douroconta-Gabinete De Apoio E Contabilidade	03:03:27.997	00:28:13.297
24	606	Tiago Subtil	Afifense Trail	03:03:42.993	00:28:28.293
25	679	Moisés Barroso	Abcansado Trail	03:05:22.497	00:30:07.797
26	804	Luis Comesaña	Individual	03:05:25.000	00:30:10.300
27	827	Hugo Araujo	Águias De Alvelos	03:07:18.253	00:32:03.553
28	776	Mauro Martins	Vikings Trail Runners Ccra / Quintas De Melgaço	03:07:43.003	00:32:28.303
29	867	Aitor Buján	Boavista Trail	03:09:53.007	00:34:38.307
30	749	Rogério Costa	Vitória Fc Trail Running	03:09:53.257	00:34:38.557
31	728	Susana Echeverria	Coímbra Trail Running	03:10:28.257	00:35:13.557
32	814	Ramón Rodríguez	Korporearenteiro Trail	03:10:36.007	00:35:21.307
33	543	Pedro Nunes	Individual	03:11:35.007	00:36:20.307
34	908	Roberto Perez	Lamargha-Autotodo	03:12:27.260	00:37:12.560
35	505	Vasco Costa	Individual	03:14:08.263	00:38:53.563
36	825	António Mendes	A.D.Amarante	03:15:09.017	00:39:54.317
37	722	Nuno Silva	Salgueiros Running	03:17:31.520	00:42:16.820
38	647	Nuno Cardoso	Individual	03:17:33.270	00:42:18.570
39	578	Bruno Pereira	Adeca	03:18:14.020	00:42:59.320
40	845	Raul Rodrigues	Olimpico Vianense	03:18:48.520	00:43:33.820
41	738	Pedro Alves	Gd Castelense	03:19:28.527	00:44:13.827
42	678	Vasco Carvalho	Icarus Running Team	03:19:33.803	00:44:19.103
43	901	Ruben Domingues	Club Atletismo Tui	03:20:22.773	00:45:08.073
44	623	José Nogueira	Individual	03:20:36.523	00:45:21.823

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
45	656	Ernesto Alves	Juventude Cortegacense	03:20:40.273	00:45:25.573
46	838	Pedro Viana	Factor X / S4I / Medende Fc	03:24:32.780	00:49:18.080
47	819	Miguel Barros	A.D.Amarante	03:25:15.783	00:50:01.083
48	631	Adão Monteiro	Fridão Sem Limites	03:25:15.783	00:50:01.083
49	824	José Pinheiro	A.D.Amarante	03:25:43.293	00:50:28.593
50	551	Hélio Silva	Phoenix-Evorun	03:27:22.317	00:52:07.617
51	868	Miguel Jaques	Olimpico Vianense	03:27:27.537	00:52:12.837
52	811	Paulo Ribeiro	Apúlia A Correr	03:28:04.783	00:52:50.083
53	587	Luís Vieira	Kunalama Runners	03:28:24.287	00:53:09.587
54	582	Sergio Santos	Douroconta-Gabinete De Apoio E Contabilidade	03:30:01.287	00:54:46.587
55	812	António Martins	Boavista Trail	03:30:22.790	00:55:08.090
56	549	José Santos	S C Povoense - Caracóis De Corrida	03:31:02.537	00:55:47.837
57	532	Licínio Sequeira	Individual	03:31:27.540	00:56:12.840
58	624	Vasco Sousa	Clube De Praticantes Coimbra Trail Running	03:31:28.790	00:56:14.090
59	823	Cláudia Moreira	A.D.Amarante	03:31:40.560	00:56:25.860
60	23	José Pereira	Ozxtreme/Adcrpereira	03:32:18.793	00:57:04.093
61	669	Bruno Fernandes	Team Trail Bem Viver	03:32:48.290	00:57:33.590
62	833	Igor Paiva	Factor X / S4I / Medende Fc	03:33:03.543	00:57:48.843
63	792	Luís Silva	Adosa - Os Santa Apolonia	03:33:13.543	00:57:58.843
64	547	Manuel Carvalho	Os Santa Apolonia	03:33:40.047	00:58:25.347
65	621	António Barbosa	Minho E Lima Trail	03:34:30.793	00:59:16.093
66	839	António Rocha	Factor X / S4I / Medende Fc	03:34:31.543	00:59:16.843
67	21	Bruno Tavares	Talentos Team	03:35:34.797	01:00:20.097
68	695	Jose Nogueira	Coronado Runners	03:36:29.047	01:01:14.347
69	835	Andre Manita	Factor X / S4I / Medende Fc	03:36:30.297	01:01:15.597
70	676	Ruben Barbosa	Caac - Clube De Atletismo De Arentim E Cunha	03:37:27.297	01:02:12.597
71	769	Olivier Torres	Individual	03:37:28.050	01:02:13.350
72	654	Adriano Simplicio	Individual	03:37:30.297	01:02:15.597
73	759	Nuno Santos	Individual	03:37:33.307	01:02:18.607
74	741	António Miranda	Rasga Trilhos	03:38:29.550	01:03:14.850
75	529	Hilário Louro	Individual	03:38:57.800	01:03:43.100
76	620	José Costa	Minho E Lima Trail	03:39:40.303	01:04:25.603
77	659	Joao Oliveira	Juventude Cortegacense	03:40:29.053	01:05:14.353
78	644	Fernando Coelho	Individual	03:40:59.553	01:05:44.853
79	657	Estela Martinho	Amcf- Arrabida Trail Team	03:41:33.557	01:06:18.857
80	850	Rui Faria	Olimpico Vianense	03:41:38.557	01:06:23.857
81	563	Sérgio Rodrigues	Individual	03:42:19.807	01:07:05.107
82	853	Susana Simões	Edv - Viana Trail	03:42:24.557	01:07:09.857
83	523	José Costa	Arpo	03:43:20.310	01:08:05.610
84	682	Roberto Freitas	Boavista Trail	03:43:26.057	01:08:11.357
85	528	António Jorge	Acdrs Quinhendros	03:43:38.057	01:08:23.357
86	815	Jose Pereira	Phoenix-Evorun	03:43:58.817	01:08:44.117
87	690	Nuno Baptista	Adosa - Os Santa Apolonia	03:44:01.307	01:08:46.607
88	685	Manuel Alves	Icarus Running Team	03:44:05.810	01:08:51.110

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
89	548	Daniel Fernandes	Águias De Alvelos	03:44:40.310	01:09:25.610
90	575	Ângelo Pereira	Centro Ciclista De Gondomar	03:45:04.810	01:09:50.110
91	499	Bruno Ribeiro	Individual	03:45:58.063	01:10:43.363
92	715	Diego Verisimo	Ponteseca Trail Team	03:46:26.063	01:11:11.363
93	689	Marta Silva	Boavista Trail	03:47:32.563	01:12:17.863
94	731	Jorge Alves	Desnivel Positivo	03:48:56.567	01:13:41.867
95	807	Manu Cruz	Vaiateondeospestelevarem	03:49:14.567	01:13:59.867
96	817	Silvia Casal	Boavista Trail	03:49:24.567	01:14:09.867
97	667	Ricardo Fernandes	Team Trail Bem Viver	03:49:25.567	01:14:10.867
98	520	Tiago Moreira	Nocturnos De Paredes	03:49:26.817	01:14:12.117
99	905	Bernardo Giraldez	Individual	03:49:32.817	01:14:18.117
100	597	Armando Moreira	Ribeiras Trail	03:50:39.577	01:15:24.877
101	637	Filipe Saltão	Acdrs Quinhendros	03:50:55.317	01:15:40.617
102	803	Patricia Caldas	Caracóis De Pedra	03:51:19.570	01:16:04.870
103	768	Amândio Freitas	Edv - Viana Trail	03:53:20.337	01:18:05.637
104	1204	Diogo Barros	Cb Run	03:53:28.083	01:18:13.383
105	1072	Ernesto Freitas	Cb Run	03:53:28.827	01:18:14.127
106	848	Joao Passos	Olimpico Vianense	03:54:51.827	01:19:37.127
107	645	Joaquim Ferreira	Melres Trail Running Ordem Para Arrear	03:54:58.577	01:19:43.877
108	849	Gonçalo Pinheiro	Olimpico Vianense	03:54:59.577	01:19:44.877
109	723	Silvio Ferreira	Salgueiros Running	03:55:04.327	01:19:49.627
110	580	Elisabete Alves	Trogloditas Runners	03:55:10.827	01:19:56.127
111	630	Vera Barbosa	Boavista Trail	03:57:04.327	01:21:49.627
112	576	Valter Gouveia	Centro Ciclista De Gondomar	03:57:14.330	01:21:59.630
113	542	Nuno Meneses	Vamos Equipe	03:58:10.080	01:22:55.380
114	530	Ricardo Meira	Os Santa Apolonia	03:58:34.577	01:23:19.877
115	820	Laurinda Barros	A.D.Amarante	03:58:35.330	01:23:20.630
116	840	Daniel Terra	Factor X / S4I / Medende Fc	03:58:54.830	01:23:40.130
117	841	Nuno Barros	Factor X / S4I / Medende Fc	03:58:54.830	01:23:40.130
118	525	Luís Andrade	Grupo Desportivo Ferreirense	03:59:05.080	01:23:50.380
119	609	Miguel Gouveia	Afifense Trail	03:59:27.830	01:24:13.130
120	519	Manuel Ferreira	Adabem Running Team	03:59:33.837	01:24:19.137
121	739	Ricardo Ferreira	Individual	03:59:38.083	01:24:23.383
122	595	Silvia Pereira	Os Santa Apolonia	03:59:59.337	01:24:44.637
123	755	Bruno Esteves	Desnivel Positivo	04:01:14.333	01:25:59.633
124	698	Nuno Teixeira	Boavista Trail	04:01:25.833	01:26:11.133
125	566	Marco Vieira	Clube Zupper	04:01:33.087	01:26:18.387
126	681	Juliana Onuma	Viana Running	04:02:24.090	01:27:09.390
127	573	Jorge Silva	Centro Ciclista De Gondomar	04:02:38.837	01:27:24.137
128	147	João Oliveira	Gansos	04:02:57.083	01:27:42.383
129	581	Vitor Gonçalves	Trogloditas Runners	04:03:01.837	01:27:47.137
130	691	José Ponte	Edv - Viana Trail	04:03:05.587	01:27:50.887
131	790	Oscar Fernandez	C.A.R.Marisqueiro	04:03:18.837	01:28:04.137
132	757	Vitor Ramalho	B.T.M.	04:03:23.837	01:28:09.137

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
133	594	Ricardo Mendes	Os Santa Apolonia	04:03:47.837	01:28:33.137
134	664	Ana Azevedo	Individual	04:04:56.837	01:29:42.137
135	712	Manuel Moreno	Individual	04:06:36.840	01:31:22.140
136	740	Orlando Campos	Team Dasilhas	04:06:42.340	01:31:27.640
137	649	Vítor Fernandes	Boavista Trail	04:07:08.090	01:31:53.390
138	729	Leandro Araújo	C??	04:07:08.590	01:31:53.890
139	865	Catarina Alves	Coimbra Trail Running	04:07:15.593	01:32:00.893
140	700	Pedro Monteiro	Essência Completa	04:07:29.340	01:32:14.640
141	866	Carmino Gomes	Nocturnos De Paredes	04:08:26.340	01:33:11.640
142	544	Ivo Sampaio	Team Tt	04:09:16.343	01:34:01.643
143	813	Nardo Villasenin	Objetivo Trail	04:09:55.850	01:34:41.150
144	510	Jorge Machado	Individual	04:10:22.597	01:35:07.897
145	648	Marisa Martins	Phoenix-Evorun	04:10:54.347	01:35:39.647
146	737	Letícia Gonçalves	Phoenix-Evorun	04:10:54.603	01:35:39.903
147	536	Jorge Pereira	Individual	04:11:26.097	01:36:11.397
148	596	Jorge Pinheiro	Ribeiras Trail	04:11:40.347	01:36:25.647
149	643	Diogo Resende	Individual	04:11:56.853	01:36:42.153
150	675	Rodolfo Silva	Boavista Trail	04:12:17.847	01:37:03.147
151	513	Rui Correia	Individual	04:12:18.847	01:37:04.147
152	730	Joao Nogueira	Edv - Viana Trail	04:12:44.113	01:37:29.413
153	628	Bruno Gonçalves	Boavista Trail	04:14:06.600	01:38:51.900
154	856	Sonia Parente	Edv - Viana Trail	04:14:16.103	01:39:01.403
155	522	José Andrade	Grupo Desportivo Ferreirense	04:14:39.100	01:39:24.400
156	539	Rui Gonçalves	Gtt - Armazém Do Caffé	04:15:39.853	01:40:25.153
157	1443	Paulo Quintas	Nast	04:16:01.107	01:40:46.407
158	680	Rui Martins	Barbatana Trail Team	04:17:05.357	01:41:50.657
159	782	António Mendes	Individual	04:18:37.103	01:43:22.403
160	758	Alexandra Padilha	Moura & Dias	04:18:47.357	01:43:32.657
161	517	Carlos Ribeiro	Individual	04:19:28.857	01:44:14.157
162	694	Augusta Silva	Viana Running	04:19:32.357	01:44:17.657
163	766	Manuel Vazquez	Individual	04:21:19.857	01:46:05.157
164	772	Elena Pérez	Club Box 001	04:21:54.357	01:46:39.657
165	600	José Faria	Os Intocáveis	04:21:55.110	01:46:40.410
166	760	Micael Lourenço	Caracóis De Pedra	04:23:01.610	01:47:46.910
167	521	António Teixeira	Nocturnos De Paredes	04:23:04.613	01:47:49.913
168	653	Antonino Gonçalves	Desnivel Positivo	04:23:07.863	01:47:53.163
169	646	Filipe Alves	Desnivel Positivo	04:23:09.113	01:47:54.413
170	794	José Gonçalves	Braga Runners	04:23:24.390	01:48:09.690
171	756	Bruno Purificação	Cerveira Team Running	04:23:53.610	01:48:38.910
172	629	Cidália Oliveira	Acdrs Quinhendros	04:24:14.613	01:48:59.913
173	611	José Lima	Afifense Trail	04:26:55.617	01:51:40.917
174	789	Filipe Amoedo	Individual	04:27:06.617	01:51:51.917
175	1403	Noly Oliveira	Boavista Trail	04:27:27.367	01:52:12.667
176	784	Diana Cachada	Individual	04:28:08.120	01:52:53.420

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
177	859	Marcia Bandeira	Amigos Da Montanha	04:28:08.867	01:52:54.167
178	524	Carlos Pereira	Individual	04:28:12.617	01:52:57.917
179	721	João Leite	Individual	04:28:19.367	01:53:04.667
180	559	Dorinda Sousa	Trogloditas Runners	04:28:23.877	01:53:09.177
181	666	Marta Veloso	Trogloditas Runners	04:28:23.877	01:53:09.177
182	831	Ruben Vieira	Trail Team Bifase	04:28:49.117	01:53:34.417
183	786	Paula Otero	Nta-Never Trail-Alone	04:29:31.373	01:54:16.673
184	787	Antonio Perez	Nta-Never Trail-Alone	04:29:31.373	01:54:16.673
185	793	Luis Conde	Individual	04:29:36.370	01:54:21.670
186	579	Paulo Ferreira	Boavista Trail	04:29:49.867	01:54:35.167
187	546	Pedro Lima	Team Tt	04:30:28.623	01:55:13.923
188	716	Eva Gomez	Club Atletismo Salvaterra	04:31:03.870	01:55:49.170
189	507	David Teixeira	Individual	04:31:07.873	01:55:53.173
190	24	Manuel Rodrigues	Correr Leça	04:31:59.870	01:56:45.170
191	518	Nuno Vaz	Individual	04:32:02.123	01:56:47.423
192	550	Armindo Moreira	Phoenix-Evorun	04:32:20.373	01:57:05.673
193	506	Antonio Soares	Individual	04:33:03.373	01:57:48.673
194	699	José Moreira	Barbatana Trail Team	04:33:14.870	01:58:00.170
195	677	Anónio Azevedo	Douroconta-Gabinete De Apoio E Contabilidade	04:33:22.630	01:58:07.930
196	583	Carlos Bento	Douroconta-Gabinete De Apoio E Contabilidade	04:33:23.123	01:58:08.423
197	585	Bruno Silva	Vaiatéondeosteuspéstelevar	04:34:05.373	01:58:50.673
198	771	Rubén Villanueva	Runmaniak	04:34:07.127	01:58:52.427
199	711	Antonio Marinho	Individual	04:34:22.883	01:59:08.183
200	535	Sérgio Henriques	Individual	04:34:39.623	01:59:24.923
201	613	Joao Leão	Afifense Trail	04:35:08.127	01:59:53.427
202	612	Hélder Peres	Afifense Trail	04:35:08.377	01:59:53.677
203	601	Humberto Gonçalves	Os Intocáveis	04:35:48.377	02:00:33.677
204	742	Emanuela Pérez	Melgaço Alvarinho Trail	04:35:48.377	02:00:33.677
205	660	Carlos Alves	Individual	04:35:52.127	02:00:37.427
206	806	João Cruz	Individual	04:36:04.127	02:00:49.427
207	540	Raul Curva	Individual	04:36:13.877	02:00:59.177
208	829	Avelino Figueiredo	Águias De Alvelos	04:36:32.877	02:01:18.177
209	534	Felisindo Trigo	Individual	04:37:47.877	02:02:33.177
210	702	Angela Freitas	Ar	04:38:10.130	02:02:55.430
211	710	Fatima Vieira	Nocturnos De Paredes	04:38:10.380	02:02:55.680
212	753	Joao Vasconcelos	Individual	04:39:06.637	02:03:51.937
213	565	Filipe Oliveira	Evolution Trail Team - Amve	04:39:13.127	02:03:58.427
214	810	Humberto Pinho	Porto Sentido Runners	04:39:46.383	02:04:31.683
215	843	Rui Oliveira	Factor X / S4I / Medende Fc	04:39:46.383	02:04:31.683
216	650	Ivan Martin	Individual	04:39:53.130	02:04:38.430
217	560	Catarina Pereira	Ei Team Trail	04:40:04.380	02:04:49.680
218	734	Rui Fernandes	Ei Team Trail	04:40:04.893	02:04:50.193
219	626	Luis Ramos	Ei Team Trail	04:40:05.137	02:04:50.437
220	574	Henrique Matos	Centro Ciclista De Gondomar	04:41:12.130	02:05:57.430

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
221	846	Hugo Paço	Olimpico Vianense	04:41:48.880	02:06:34.180
222	683	Bruno Reis	Vila Nova De Famalicão	04:42:04.133	02:06:49.433
223	692	Paulo Marques	Enege Team	04:42:17.133	02:07:02.433
224	724	Manuel Pereira	Ecobarcaventura	04:42:19.883	02:07:05.183
225	796	José Silva	Braga Runners	04:42:29.633	02:07:14.933
226	562	Rafael Araujo	Caminhantes Do Condado	04:44:27.383	02:09:12.683
227	752	Dores Cachetas	Akuafit	04:44:39.883	02:09:25.183
228	1522	Goreti Gaudêncio	Vikings Trail Runners Ccra / Quintas De Melgaço	04:45:26.133	02:10:11.433
229	802	Xosé Rodríguez	Individual	04:46:38.137	02:11:23.437
230	706	Ana Dourado	Coimbra Trail Running	04:46:39.390	02:11:24.690
231	708	José Fernandes	Vaiatéondeosteuspéstelevar	04:46:44.663	02:11:29.963
232	589	Ana Pereira	Ade Trail Running	04:47:28.887	02:12:14.187
233	693	Diogo Pereira	Enege Team	04:51:49.150	02:16:34.450
234	553	Ricardo Teixeira	Los Fófuxos	04:53:24.897	02:18:10.197
235	554	Ana Silva	Los Fófuxos	04:53:24.897	02:18:10.197
236	584	Tiago Moreira	Boavista Trail	04:53:29.643	02:18:14.943
237	862	Luis Vaz	Phoenix-Evorun	04:53:33.893	02:18:19.193
238	655	Sylvie Duarte	Individual	04:55:41.147	02:20:26.447
239	781	Domingos Camboa	Juventude Cortegacense	04:56:48.147	02:21:33.447
240	567	Vitor Viana	Clube Zupper	04:57:04.647	02:21:49.947
241	674	José Lage	Ser Paisagem	04:58:12.147	02:22:57.447
242	816	Alexandra Oliveira	B.T.M.	04:58:27.907	02:23:13.207
243	526	Rui Costa	Individual	04:58:28.157	02:23:13.457
244	718	Pedro Silva	Individual	04:58:28.647	02:23:13.947
245	863	Iracema Costa	Wolves	05:00:11.650	02:24:56.950
246	864	Alberto Martins	Wolves	05:00:11.650	02:24:56.950
247	537	Roberto Martins	Melgaço Alvarinho Trail	05:00:51.400	02:25:36.700
248	697	Joelle Martins	Individual	05:01:25.407	02:26:10.707
249	696	Carlos Vilas	Individual	05:01:26.900	02:26:12.200
250	688	Luís Moreira	Individual	05:01:32.650	02:26:17.950
251	665	Fernando Costa	Individual	05:01:32.900	02:26:18.200
252	599	Rosa Gama	Ribeiras Trail	05:02:08.903	02:26:54.203
253	627	Ivo Ferreira	Boavista Trail	05:02:12.153	02:26:57.453
254	743	Fidel Conde	.	05:02:51.403	02:27:36.703
255	733	Hugo Ribeiro	Barbatana Trail Team	05:02:54.653	02:27:39.953
256	798	Nuno Albuquerque	Braga Runners	05:04:51.903	02:29:37.203
257	861	Sandra Ferreira	Arcorun	05:06:38.907	02:31:24.207
258	860	Paulo Reis	Arcorun	05:06:39.157	02:31:24.457
259	720	Christian Montenegro	Ponteseca Trail Team	05:06:42.657	02:31:27.957
260	593	Mónica Ferreira	Spin&Run Esposende	05:07:21.663	02:32:06.963
261	774	Inês Santos	Vikings Trail Runners Ccra / Quintas De Melgaço	05:07:33.657	02:32:18.957
262	635	Sandra Fernandes	Fridão Sem Limites	05:08:30.903	02:33:16.203
263	638	Mário Macedo	Evolution Trail Team - Amve	05:09:11.907	02:33:57.207
264	533	Sérgio Ferreira	Caac - Clube De Atletismo De Arentim E Cunha	05:09:21.157	02:34:06.457

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
265	511	João Vieira	Dive Into The Mountains	05:09:37.907	02:34:23.207
266	713	Sandra Araujo	Cerveira Team Running	05:10:24.157	02:35:09.457
267	714	Joaquim Araújo	Cerveira Team Running	05:10:24.413	02:35:09.713
268	1200	Rui Ribeiro	Coi	05:10:25.637	02:35:10.937
269	1281	Sergio Monteiro	Coi	05:10:27.407	02:35:12.707
270	602	Filipe Gonçalves	Intocaveis	05:12:55.910	02:37:41.210
271	1476	Tanya Reis	B.T.M.	05:17:36.413	02:42:21.713
272	809	Lurdes Ferreira	B.T.M.	05:17:36.660	02:42:21.960
273	818	Catarina Teixeira	Abutres	05:18:55.663	02:43:40.963
274	754	José Caballero	Individual	05:19:05.413	02:43:50.713
275	842	Sandro Pinheiro	Factor X / S4I / Medende Fc	05:24:01.417	02:48:46.717
276	837	Carla Neves	Factor X / S4I / Medende Fc	05:24:01.417	02:48:46.717
277	652	Elisia Ggonçalves	Desnivel Positivo	05:24:03.917	02:48:49.217
278	778	Sandra Agra	Vikings Trail Runners Ccra / Quintas De Melgaço	05:24:32.670	02:49:17.970
279	773	Daniel Marcos	Vikings Trail Runners Ccra / Quintas De Melgaço	05:24:32.670	02:49:17.970
280	2030	Beatriz Loureiro	Pernetas	05:24:43.417	02:49:28.717
281	791	Tiago Areias	Spin&Run Esposende	05:25:23.423	02:50:08.723
282	642	Nuno Couto	Cerveira Team Running	05:29:07.167	02:53:52.467
283	508	Artur Fonseca	Ruptura Total	05:29:12.420	02:53:57.720
284	830	Raquel Maia	Águias De Alvelos	05:30:25.420	02:55:10.720
285	779	Tiago Lopes	Vikings Trail Runners Ccra / Quintas De Melgaço	05:30:39.420	02:55:24.720
286	777	Patrícia Simões	Vikings Trail Runners Ccra / Quintas De Melgaço	05:30:39.420	02:55:24.720
287	569	Maria Ribeiro	Clube Zupper	05:34:36.423	02:59:21.723
288	591	Daniel Nogueira	Individual	05:36:18.173	03:01:03.473
289	592	Eduardo Bastos	Individual	05:36:18.427	03:01:03.727
290	744	Maria Luisa	Individual	05:36:20.173	03:01:05.473
291	500	Óscar Martins	Individual	05:36:20.673	03:01:05.973
292	717	Alba Castro	Club Atletismo Salvaterra	05:36:56.177	03:01:41.477
293	651	Sergio Fornelos	Padela Natural Team - Fisiofreixo	05:36:56.673	03:01:41.973
294	570	Rui Lameira	Quinta De Folga	05:42:05.207	03:06:50.507
295	571	Luis Pinho	Quinta De Folga	05:42:05.427	03:06:50.727
296	1025	Helena Ponte	Coi	05:44:07.427	03:08:52.727
297	750	Cristina Rocha	Individual	05:44:24.927	03:09:10.227
298	832	Dinis Martins	Individual	05:45:15.427	03:10:00.727
299	751	João Palhares	Individual	05:45:40.927	03:10:26.227
300	684	Cândida Vilas-Boas	Clube Zupper	05:50:36.430	03:15:21.730
301	577	Rui Sá	Fit Gaia Trail	05:50:43.677	03:15:28.977
302	902	Manuel Alvarino	Leões De Tardariz Trail	05:52:06.177	03:16:51.477
303	616	Dina Gonçalves	Lion Runners - G. D. Leões Da Guarda	05:52:11.183	03:16:56.483
304	617	Isabel Pinto	Lion Runners - G. D. Leões Da Guarda	05:52:11.687	03:16:56.987
305	614	Celso Oliveira	Lion Runners - G. D. Leões Da Guarda	05:52:12.430	03:16:57.730
306	732	Florinda Alves	Algarunners	06:03:28.937	03:28:14.237
307	639	Fernanda Esteves	Desnivel Positivo	06:14:38.187	03:39:23.487
308	858	Neuza Caridade	Boavista Trail	06:17:57.687	03:42:42.987

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
309	761	Diana Moura	Dive Into The Mountains	06:25:17.940	03:50:03.240
310	765	Renata Almeida	Dive Into The Mountains	06:25:18.443	03:50:03.743
311	780	Maria Fernandes	Cerveira Team Running	06:27:11.440	03:51:56.740
312	762	Amadeu Dias	Metralhas	06:27:12.190	03:51:57.490
313	764	Nelson Moura	Metralhas	06:27:12.190	03:51:57.490
314	615	Ernesto Martins	Lion Runners - G. D. Leões Da Guarda	06:29:42.190	03:54:27.490
315	504	Claudia Moura	Individual	06:30:57.190	03:55:42.490
316	503	Patrícia Rocha	Individual	06:30:57.193	03:55:42.493
317	514	Pedro Justo	Grupo 46 - Lavra Run	06:35:24.190	04:00:09.490
318	805	Fernando Correia	Individual	06:54:00.450	04:18:45.750
319	808	Magda Castelhana-Carlos	Individual	06:54:00.713	04:18:46.013
320	557	Lúcia Ferreira	Individual	06:57:06.700	04:21:52.000
321	556	Rui Monteiro	Individual	06:57:09.877	04:21:55.177