

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ALVARO SILVA	Fridão Sem Limites	616	1	02:30:04.447	00:00:00.000
VÍTOR COSTA	Ad Amarante Trail Running	587	2	02:30:04.730	00:00:00.283
PAULO MESQUITA	Edv - Viana Trail	731	3	02:38:29.723	00:08:25.276
JOEL PEREIRA	Minho E Lima Trail	627	4	02:39:09.973	00:09:05.526
JOEL SILVA	Ad Amarante Trail Running	579	5	02:42:24.977	00:12:20.530
PEDRO TAPADAS	Gondomar Futsal Clube	779	6	02:43:20.977	00:13:16.530
NUNO CARDOSO	Individual	657	7	02:43:49.980	00:13:45.533
TIAGO SUBTIL	Afifense Trail	703	8	02:44:54.733	00:14:50.286
CARLOS QUEIRÓS	Ad Amarante Trail Running	584	9	02:46:46.007	00:16:41.560
RUI AZEVEDO	Fridão Sem Limites	615	10	02:47:17.987	00:17:13.540
TIAGO TEIXEIRA	Factor X / S4I / Medense Fc	568	11	02:47:25.987	00:17:21.540
PAULO VAZ	Minho E Lima Trail	771	12	02:50:49.747	00:20:45.300
LUIS MAGALHAES	Minho E Lima Trail	528	13	02:52:37.207	00:22:32.760
RICARDO NUNES	Fridão Sem Limites	687	14	02:55:01.757	00:24:57.310
JORGE OLIVEIRA	Ad Amarante Trail Running	576	15	02:57:20.263	00:27:15.816
ANDRÉ ALMEIDA	Factor X / S4I / Medense Fc	562	16	02:57:32.030	00:27:27.583
EURICO PEREIRA	Trail Team Bifase	613	17	02:58:02.013	00:27:57.566
JOAO TEIXEIRA	Edv - Viana Trail	756	18	02:58:02.763	00:27:58.316
PAULO FONSECA	Edv - Viana Trail	763	19	02:58:15.263	00:28:10.816
JOSÉ NOGUEIRA	Individual	596	20	03:02:17.060	00:32:12.613
NUNO GUIMARÃES	Trogloditas Runners	649	21	03:02:21.023	00:32:16.576
MIGUEL JAQUES	Olimpico Vianense Trail	604	22	03:03:18.023	00:33:13.576
MARCELO MARTINS	EdI Trail	730	23	03:03:52.800	00:33:48.353
NUNO MAIA	Team Lantemil	537	24	03:04:18.760	00:34:14.313
VICTOR BAZ	Individual	758	25	03:04:20.280	00:34:15.833
ARMANDO SANTOS	Desnivel Positivo	747	26	03:04:52.030	00:34:47.583
JOSÉ COSTA	Minho E Lima Trail	526	27	03:05:57.830	00:35:53.383
NUNO TRIGUEIRO	Individual	714	28	03:06:01.033	00:35:56.586
NUNO SOUSA	Individual	757	29	03:08:36.787	00:38:32.340
ANTÓNIO MENDES	Ad Amarante Trail Running	574	30	03:10:23.040	00:40:18.593
SERGE FERNANDES	Individual	619	31	03:10:35.540	00:40:31.093
ABÍLIO PEREIRA	Profísio Team	720	32	03:10:52.293	00:40:47.846
DIOGO SILVA	Douroconta - Gabinete De Apoio E Contabilidade	719	33	03:12:28.047	00:42:23.600
JOAO SOUSA	Cornelios	729	34	03:13:09.547	00:43:05.100
PEDRO PINTO	Clube Efacec	752	35	03:15:24.303	00:45:19.856
MANUEL ALVES	Olimpico Vianense Trail	548	36	03:16:18.287	00:46:13.840
BRUNO SANTOS	Douroconta - Gabinete De Apoio E Contabilidade	710	37	03:16:47.307	00:46:42.860
SÉRGIO RODRIGUES	Individual	672	38	03:17:19.557	00:47:15.110
PATRICIO AFONSO	El Corte Inglés Running Team Porto	620	39	03:18:06.307	00:48:01.860
CARLOS CARDOSO	Bitrunners	698	40	03:19:27.813	00:49:23.366
FRANCISCO SOARES	Jobra-Associação Jovens Da Branca	651	41	03:19:28.313	00:49:23.866
ANTÓNIO ROCHA	Factor X / S4I / Medense Fc	559	42	03:19:33.130	00:49:28.683
JOAQUIM PINHEIRO	Individual	668	43	03:20:08.063	00:50:03.616
GUSTAVO SILVA	Bitrunners	599	44	03:20:21.060	00:50:16.613

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
LUÍS FERREIRA	Minho E Lima Trail	659	45	03:20:31.313	00:50:26.866
FERNANDO COELHO	Caracois Do Monte	742	46	03:20:40.313	00:50:35.866
JOSÉ PEREIRA	Ad Amarante Trail Running	577	47	03:21:18.317	00:51:13.870
JOSÉ PEREIRA	Ad Amarante Trail Running	578	48	03:21:19.567	00:51:15.120
JOAQUIM FERREIRA	Melres Trail Running Ordem Para Arrear	745	49	03:23:09.070	00:53:04.623
MANUEL FERREIRA	Oralklass Amigos Do Trail	694	50	03:23:14.077	00:53:09.630
JOSÉ SILVA	Ecobarcaventura	740	51	03:23:47.823	00:53:43.376
FILIPE SOUSA	Factor X / S4I / Medense Fc	567	52	03:24:56.827	00:54:52.380
PEDRO NUNES	Individual	513	53	03:25:44.550	00:55:40.103
RÚBEN VIEIRA	Trail Team Bifase	648	54	03:25:53.327	00:55:48.880
PAULO RIBEIRO	Edv - Viana Trail	705	55	03:26:52.580	00:56:48.133
ANTÓNIO MIRANDA	Individual	706	56	03:27:07.830	00:57:03.383
SÉRGIO MARTINS	B.T.M.	761	57	03:27:16.080	00:57:11.633
RAFAEL ESCRIVÃES	Gtt - Armazém Do Caffé	708	58	03:27:48.830	00:57:44.383
PAULO OLIVEIRA	Ronfe A Correr	679	59	03:28:19.580	00:58:15.133
CATARINA ALVES	Coimbra Trail Running	618	60	03:28:48.833	00:58:44.386
NUNO MOREIRA	Team Tt	681	61	03:29:20.330	00:59:15.883
JOSÉ BENTO	Gaia Trail	669	62	03:29:42.833	00:59:38.386
BRUNO RODRIGUES	Individual	515	63	03:30:08.380	01:00:03.933
HÉLIO SILVA	Gtt - Armazém Do Caffé	534	64	03:30:14.130	01:00:09.683
RUI FARIA	Olimpico Vianense Trail	550	65	03:30:19.847	01:00:15.400
ROBERTO FREITAS	A.D.Sebolido Trail Boneca Douro	523	66	03:30:28.817	01:00:24.370
ANTÓNIO AREDE	Quinta De Soalheiro	744	67	03:31:14.087	01:01:09.640
PEDRO NEVES	Juventude Desportiva De Gondomar	634	68	03:31:22.097	01:01:17.650
RÚBEN ALVES	Individual	712	69	03:31:28.337	01:01:23.890
DOMINGOS DIAS	Ecobarcaventura	725	70	03:31:59.337	01:01:54.890
CLÁUDIA MOREIRA	Ad Amarante Trail Running	585	71	03:32:11.347	01:02:06.900
CÉSAR LOBO	O Que Queremos E Monte	510	72	03:32:16.787	01:02:12.340
PEDRO ALVES	Factor X / S4I / Medense Fc	569	73	03:34:05.843	01:04:01.396
FÁBIO SILVA	Clube Efacec	753	74	03:34:22.093	01:04:17.646
PAULO CASTRO	Clube Efacec	749	75	03:34:22.100	01:04:17.653
LUÍS PEREIRA	Cerveira Team Running	606	76	03:34:23.600	01:04:19.153
MIGUEL RÊGO	Ecobarcaventura	765	77	03:34:24.310	01:04:19.863
AGOSTINHO NEVES	Juventude Desportiva De Gondomar	635	78	03:34:29.840	01:04:25.393
ROBERTO SOUSA	Individual	776	79	03:34:37.843	01:04:33.396
DIOGO AMORIM	Minho E Lima Trail	689	80	03:34:56.343	01:04:51.896
MIGUEL RODRIGUES	Barbatana Trail Team	532	81	03:35:50.863	01:05:46.416
GONÇALO PINHEIRO	Olimpico Vianense Trail	549	82	03:36:03.287	01:05:58.840
SÉRGIO MARTINS	Ecobarcaventura	701	83	03:36:28.347	01:06:23.900
RUI CORREIA	Individual	637	84	03:36:39.847	01:06:35.400
ANDREIA ALMEIDA	Fridão Sem Limites	686	85	03:36:44.847	01:06:40.400
LUIS SENDÃO	Lethes Trail Team	535	86	03:37:28.300	01:07:23.853
LUIS FERREIRA	100 Estrilhos	594	87	03:37:53.347	01:07:48.900
MIGUEL BARBOSA	Cerveira Team Running	607	88	03:38:01.137	01:07:56.690

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VITOR RAMALHO	B.T.M.	529	89	03:38:05.647	01:08:01.200
ANDREIA AREIAS	Coimbra Trail Running	677	90	03:38:10.850	01:08:06.403
DAVID GONÇALVES	Factor X / S4I / Medense Fc	566	91	03:38:47.853	01:08:43.406
CLÁUDIO MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade	544	92	03:38:56.587	01:08:52.140
CRISTIANA FERREIRA	Individual	697	93	03:38:57.853	01:08:53.406
JOAQUIM FIGUEIREDO	Run	671	94	03:40:10.857	01:10:06.410
RICARDO COUTO	Individual	629	95	03:41:13.107	01:11:08.660
AMADEU PEIXOTO	Ad Pedome	640	96	03:42:32.857	01:12:28.410
HUGO BARREIRO	Individual	748	97	03:42:35.607	01:12:31.160
JOSÉ LIMA	Afifense Trail	704	98	03:42:40.860	01:12:36.413
ROGÉRIO TORRES	Team Lantemil	628	99	03:43:18.107	01:13:13.660
PAULO MARQUES	Individual	683	100	03:43:57.610	01:13:53.163
EVA GOMEZ	C. A. Salvaterra	670	101	03:46:16.617	01:16:12.170
ELENA GONZÁLEZ	Lamargha-Autotodo	754	102	03:46:33.867	01:16:29.420
SUSANA ALVES	Edl Trail	743	103	03:46:34.123	01:16:29.676
MIGUEL OLIVEIRA	Airão Trail Team	724	104	03:47:14.870	01:17:10.423
MARIA LEMOS	Gtt - Armazém Do Caffé	716	105	03:48:30.120	01:18:25.673
IVO SAMPAIO	Team Tt	680	106	03:48:50.377	01:18:45.930
PABLO PÉREZ	Individual	762	107	03:49:05.873	01:19:01.426
FILIPE ALVES	Individual	778	108	03:49:13.873	01:19:09.426
JOSÉ ALMEIDA	Edv - Viana Trail	774	109	03:50:33.130	01:20:28.683
FILIPE ALVES	Cerveira Team Running	608	110	03:50:33.377	01:20:28.930
MANUEL GRAÇA	Palmeira Runners	738	111	03:50:46.127	01:20:41.680
ANA DOURADO	Coimbra Trail Running	625	112	03:51:55.130	01:21:50.683
MANUEL FERREIRA	Individual	508	113	03:52:34.800	01:22:30.353
ARNALDO AZEVEDO	Ker Sport	652	114	03:52:57.877	01:22:53.430
BRUNO QUITÉRIO	Quinta De Soalheiro	726	115	03:53:17.377	01:23:12.930
PEDRO CASTRO	Clube Efacec	750	116	03:54:11.880	01:24:07.433
NUNO COSTA	Grupo Desportivo Limpeza Urbana	538	117	03:55:49.277	01:25:44.830
FERNANDO VAZ	Individual	536	118	03:55:52.307	01:25:47.860
CARLOS RIBEIRO	Os2horas	685	119	03:56:32.633	01:26:28.186
HUGO FERNANDES	Clube De Atletismo De Fafe	760	120	03:57:15.640	01:27:11.193
JOSÉ FERREIRA	Gtt - Armazém Do Caffé	715	121	03:57:31.640	01:27:27.193
MARCO NUNES	Ad Amarante Trail Running	593	122	03:57:49.137	01:27:44.690
PEDRO MARQUES	Factor X / S4I / Medense Fc	777	123	03:58:58.903	01:28:54.456
PEDRO VIANA	Factor X / S4I / Medense Fc	560	124	03:59:11.147	01:29:06.700
MARCELO FERREIRA	Team Lantemil	696	125	03:59:15.390	01:29:10.943
MANUEL TEIXEIRA	Cmmcp	506	126	03:59:16.110	01:29:11.663
MÁRIO OLIVEIRA	Ronfe A Correr	673	127	03:59:57.643	01:29:53.196
JOÃO GIL	Ad Amarante Trail Running	592	128	04:00:11.893	01:30:07.446
DANIEL SOARES	Individual	514	129	04:01:16.143	01:31:11.696
ALEXANDRO TARQUINI	Individual	702	130	04:01:33.647	01:31:29.200
FERNANDO VICENTE	Individual	502	131	04:03:03.460	01:32:59.013
MARIA MARINHO	Viana Running	644	132	04:03:20.650	01:33:16.203

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FERNANDES	Cerveira Team Running	612	133	04:03:21.897	01:33:17.450
RUI TEIXEIRA	A.D.Sebolido Trail Boneca Douro	623	134	04:04:03.903	01:33:59.456
MANUEL PERERIA	Ecobarcaventura	768	135	04:05:40.903	01:35:36.456
RUI FERNANDES	Ei Team Trail	693	136	04:06:47.917	01:36:43.470
CATARINA PEREIRA	Ei Team Trail	556	137	04:07:04.183	01:36:59.736
MARIA OLIVEIRA	Braguinhass Runers	614	138	04:07:07.680	01:37:03.233
JOSÉ BARROS	Ad Amarante Trail Running	580	139	04:07:36.907	01:37:32.460
GUSTAVO TAVEIRA	Trogloditas Runners	695	140	04:08:19.407	01:38:14.960
SANDRA LEITE	Profisio Team	721	141	04:09:05.420	01:39:00.973
RUI LAMEIRA	Quinta De Folga	692	142	04:09:14.697	01:39:10.250
VITOR ALMEIDA	Individual	570	143	04:09:20.160	01:39:15.713
TRINIDAD GONZALEZ	Aviva Sport Club	723	144	04:09:46.160	01:39:41.713
MANUEL VAZQUEZ	Padrenda Bike	755	145	04:09:55.913	01:39:51.466
DAVID TEIXEIRA	C??	642	146	04:10:02.663	01:39:58.216
RICARDO GUERREIRO	Breia Team Running	678	147	04:10:28.160	01:40:23.713
LUÍS PINHO	Quinta De Folga	691	148	04:11:03.663	01:40:59.216
DIOGO RESENDE	Caracois Do Monte	741	149	04:11:52.930	01:41:48.483
PAULO ARAÚJO	A.D.Sebolido Trail Boneca Douro	641	150	04:11:56.163	01:41:51.716
PEDRO GONÇALVES	Homem Da Lenha Runners	675	151	04:11:59.923	01:41:55.476
JULIANA CORREIA	Homem Da Lenha Runners	674	152	04:12:00.170	01:41:55.723
EMANUELA PEREZ	Individual	646	153	04:12:00.170	01:41:55.723
PAULO ALVES	Ad Amarante Trail Running	590	154	04:12:49.417	01:42:44.970
CATARINA TEIXEIRA	Abutres	656	155	04:14:42.920	01:44:38.473
NUNO AMORIM	Factor X / S4I / Medense Fc	633	156	04:14:45.420	01:44:40.973
CARLOS AZEVEDO	Factor X / S4I / Medense Fc	631	157	04:14:45.420	01:44:40.973
ALIPIO GONÇALVES	Individual	551	158	04:15:50.503	01:45:46.056
JOSÉ IGLESIAS	Run Carballiño	746	159	04:15:54.920	01:45:50.473
CARLOS MACEDO	Ad Amarante Trail Running	575	160	04:16:07.923	01:46:03.476
RAFAEL ARAUJO	Caminhantes Do Condado	520	161	04:16:50.470	01:46:46.023
JOSÉ COSTA	O Que Queremos E Monte	707	162	04:17:28.673	01:47:24.226
MARIA SÁ	Dive Into The Mountains	542	163	04:19:00.040	01:48:55.593
IAGO IGLESIA	Coutadas Trail Team	759	164	04:19:17.187	01:49:12.740
RAMÓN FERNÁNDEZ	Individual	767	165	04:19:17.430	01:49:12.983
JORGE BARBOSA	Breia Team Running	676	166	04:19:20.930	01:49:16.483
ISABEL LÓPEZ	Club Box 001 Ourense	552	167	04:19:43.417	01:49:38.970
TIAGO CRUZ	Adc São Jacinto	522	168	04:19:48.710	01:49:44.263
JOSE CHAN	Aviva Sport Club	722	169	04:21:41.433	01:51:36.986
DANIEL BORDADÁGUA	Bitrunners	598	170	04:23:17.687	01:53:13.240
CARLOS FERNANDES	Individual	501	171	04:23:47.420	01:53:42.973
HELDER BARREIRA	Individual	28	172	04:24:14.940	01:54:10.493
RICARDO SILVA	Individual	525	173	04:28:11.320	01:58:06.873
TULIA AIRES	Quinta De Folga	690	174	04:28:40.697	01:58:36.250
BRUNO VIGÁRIO	Metralhas	728	175	04:29:01.197	01:58:56.750
SÉRGIO ROLEIRA	Sergisa	557	176	04:29:19.857	01:59:15.410

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULO FREITAS	Factor X / S4I / Medense Fc	565	177	04:29:19.947	01:59:15.500
JOÃO SOUSA	Factor X / S4I / Medense Fc	558	178	04:29:24.573	01:59:20.126
FRANCISCO BARTOLOMEU	Team Lantemil	554	179	04:30:28.097	02:00:23.650
GONALO MOTA	Individual	553	180	04:30:54.097	02:00:49.650
FILIPA CRUZ	Individual	664	181	04:31:04.203	02:00:59.756
SUSAN MORALES	Punisher Team	660	182	04:32:01.453	02:01:57.006
PAULO OLIVEIRA	Minho Aventura	666	183	04:32:41.957	02:02:37.510
VITOR ARAÚJO	Minho Aventura	645	184	04:32:50.453	02:02:46.006
ANTÓNIO MADUREIRA	Grupo Desportivo Limpeza Urbana	539	185	04:33:02.070	02:02:57.623
FIRMINO MENDES	Montanha Clube Trail Running/Efapel	521	186	04:34:43.557	02:04:39.110
RICARDO MAGALHAES	B.T.M.	655	187	04:35:29.207	02:05:24.760
DEOLINDA ANTUNES	Palmeira Runners	739	188	04:36:40.213	02:06:35.766
HUGO RIBEIRO	Barbatana Trail Team	597	189	04:38:58.223	02:08:53.776
VITOR SILVA	Individual	541	190	04:39:04.673	02:09:00.226
JOSÉ MORERA	Barbatana Trail Team	531	191	04:39:08.143	02:09:03.696
DANIEL FARINHA	Individual	736	192	04:40:13.467	02:10:09.020
LINO MOREIRA	Os Turbomula	766	193	04:41:00.217	02:10:55.770
PATRICIA PALMA	Edv - Viana Trail	713	194	04:41:00.967	02:10:56.520
ILDA PINHEIRO	Individual	737	195	04:41:52.473	02:11:48.026
HERCÍLIO SANTOS	Clube Efacec	751	196	04:43:06.723	02:13:02.276
NELSON FRANCO	Individual	511	197	04:44:58.760	02:14:54.313
RUI AUGUSTO	Bitrunners	603	198	04:45:14.233	02:15:09.786
ESTER SOARES	Bitrunners	602	199	04:45:14.730	02:15:10.283
VITOR VIANA	Clube Zupper	595	200	04:47:16.863	02:17:12.416
JANA DUBNOVÁ	Klc Kooperativa Svijany	661	201	04:47:24.230	02:17:19.783
TIAGO DIAS	Team Lantemil	518	202	04:47:32.193	02:17:27.746
BRUNO RIBEIRO	Individual	504	203	04:47:44.593	02:17:40.146
DANIEL VITAL	C.D ?Os Águias? De Alpiara	769	204	04:48:21.233	02:18:16.786
NUNO MARQUES	Individual	684	205	04:48:39.483	02:18:35.036
CARLOS RIBEIRO	Os Tolinhos	507	206	04:49:34.110	02:19:29.663
SÓNIA BRÁS	Ad Amarante Trail Running	586	207	04:49:36.233	02:19:31.786
LILIANA FELGUEIRAS	Douroconta - Gabinete De Apoio E Contabilidade	647	208	04:52:10.993	02:22:06.546
NUNO SANTOS	Factor X / S4I / Medense Fc	1245	209	04:52:42.493	02:22:38.046
MARTA CUNHA	Minho E Lima Trail	533	210	04:53:43.587	02:23:39.140
LUCIANO AMARO	Afifense Trail	654	211	04:55:12.747	02:25:08.300
BRUNO MOREIRA	Team Lantemil	45	212	04:56:54.750	02:26:50.303
SARA BRANDAO	Individual	527	213	04:56:55.097	02:26:50.650
CARLA ARAÚJO	Team Lantemil	571	214	04:58:38.757	02:28:34.310
SALETE OLIVEIRA	Ade Trail Running	555	215	05:04:29.487	02:34:25.040
SARA SOARES	Bitrunners	601	216	05:08:42.527	02:38:38.080
DELFINA ROMPANTE	Avesrunners & Bboxgym	643	217	05:09:18.277	02:39:13.830
CLAUDIA RIBEIRO	C.D ?Os Águias? De Alpiara	770	218	05:09:23.527	02:39:19.080
PEDRO TROIA	Bitrunners	600	219	05:10:09.553	02:40:05.106
RUI MOTA	Factor X / S4I / Medense Fc	561	220	05:11:01.037	02:40:56.590

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VITOR SANTOS	Factor X / S4I / Medense Fc	632	221	05:11:02.280	02:40:57.833
MARIA FERNANDES	C T R	1170	222	05:13:39.033	02:43:34.586
FERNANDA ESTEVES	Ctr	709	223	05:13:39.233	02:43:34.786
SÉRGIO BASTOS	Team Lantemil	636	224	05:17:14.793	02:47:10.346
VITOR LOURENÇO	Individual	500	225	05:17:27.040	02:47:22.593
RUI PINTO	Grupo Desportivo Limpeza Urbana	540	226	05:17:34.463	02:47:30.016
SOFIA PEREIRA	Team Lantemil	650	227	05:24:09.303	02:54:04.856
ANA DIAS	Team Lantemil	517	228	05:24:09.593	02:54:05.146
ARMANDO BANDARRA	Abutres	682	229	05:39:43.820	03:09:39.373
DANIEL TERRA	Factor X / S4I / Medense Fc	1126	230	05:52:57.163	03:22:52.716
SÍLVIA LIMA	Team Lantemil	624	231	06:01:34.137	03:31:29.690
BRUNA SANTOS	Individual	711	232	06:01:34.383	03:31:29.936
MARGARIDA DANTAS	Team Lantemil	658	233	06:15:22.913	03:45:18.466
CLEIA SANTIAGO	Gtt - Armazém Do Caffé	653	234	06:16:00.917	03:45:56.470
IVETE ALVES	Solopisadas	700	235	06:16:00.917	03:45:56.470
ANDRA JULIO	Gtt - Armazém Do Caffé	639	236	06:16:01.167	03:45:56.720
MARCIO TEIXEIRA	Fridão Sem Limites	530	237	07:01:26.967	04:31:22.520
MIGUEL RIBEIRO	Team Lantemil	775	238	07:31:28.353	05:01:23.906