

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1199	1	1	ROBERTO SOUSA		M	32	01:21:47	05:27	MSEN
1368	2	2	JOSE COSTA		M	25	01:22:44	05:31	MSEN
1340	3	3	TIAGO SUBTIL	AFIFENSE TRAIL	M	37	01:24:16	05:37	MSEN
607	4	4	CESAR GONZALEZ	COMESANA SPORTING CLUB	M	39	01:26:06	05:44	MSEN
1225	5	5	JOAO CUNHA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	33	01:27:21	05:49	MSEN
1123	6	1	CESAR	ADN RUNNER TELMO PELUQUEROS	M	40	01:27:35	05:50	M40
1346	7	2	ANTONIO FERNANDEZ		M	40	01:27:40	05:50	M40
1105	8	6	RICARDO FERREIRA	GTTARMAZEM DO CAFFE	M	27	01:28:48	05:55	MSEN
1302	9	7	CARLOS CARDOSO	BITRUNNERS	M	31	01:29:23	05:57	MSEN
1278	10	8	JOAO PONTEDEIRA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	25	01:29:46	05:59	MSEN
1030	11	3	CESAR GONCALVES	OLIMPICO VIANENSE TRAIL	M	41	01:30:01	06:00	M40
1047	12	9	ANGELO MARTINS	OLIMPICO VIANENSE TRAIL	M	34	01:30:02	06:00	MSEN
1351	13	1	JAVIER IGLESIAS		M	55	01:30:16	06:01	M50
1167	14	2	CARLOS VINHA	NOCTURNOS DE PAREDES	M	52	01:30:43	06:03	M50
1373	15	10	MARCO FERNANDES	MINHO E LIMA TRAIL	M	37	01:31:00	06:04	MSEN
1255	16	11	NUNO SILVA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	21	01:32:53	06:12	MSEN
1226	17	4	MARCO BOUCA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	42	01:32:56	06:12	M40
1163	18	5	JOSE SILVA	ECOBARCAVENTURA	M	44	01:33:14	06:13	M40
1270	19	12	NUNO MAIA	TEAM LANTEMIL	M	35	01:33:18	06:13	MSEN
1054	20	6	JOSE COSTA	PALMEIRA RUNNERS	M	40	01:33:20	06:13	M40
1283	21	13	HELDER CUNHA	OFICINA DO CORPO	M	36	01:33:33	06:14	MSEN
1092	22	14	CARLOS OLIVEIRA		M	21	01:33:40	06:15	MSEN
1198	23	3	MANUEL GARCIA		M	53	01:33:54	06:15	M50
1160	24	4	PEDRO AGUILERA		M	50	01:35:01	06:20	M50
1133	25	15	PEDRO NUNES		M	25	01:35:05	06:20	MSEN
1216	26	16	LUIS CONDE	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	34	01:35:14	06:21	MSEN
1369	27	17	TIAGO RIBEIRO		M	22	01:36:38	06:27	MSEN
1271	28	5	CARLOS FERNANDES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	58	01:37:07	06:28	M50
1388	29	7	JOSE FERNANDES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	42	01:37:08	06:28	M40
1317	30	18	NUNO ARAUJO	OLIMPICO VIANENSE TRAIL	M	39	01:37:32	06:30	MSEN
1336	31	8	CHRISTOPHE AFONSO		M	42	01:37:47	06:31	M40
1332	32	19	JOSE CAGUANA	ECOBARCAVENTURA	M	33	01:38:21	06:33	MSEN
1375	33	20	FERNANDO MARTINEZ	NTANEVER TRAIL ALONE	M	38	01:38:28	06:34	MSEN
683	34	21	FILIFE ESTEVES		M	23	01:38:48	06:35	MSEN
1121	35	22	RAIMUNDO MARTINEZ		M	32	01:39:02	06:36	MSEN
1153	36	23	ANTONIO BRANDAO		M	34	01:39:18	06:37	MSEN
1295	37	9	FRANCISCO CERQUEIRA	MARATONISTAS DO MINHO	M	45	01:40:29	06:42	M40
1277	38	10	RICARDO PIMENTA	MARATONISTAS DO MINHO	M	44	01:40:31	06:42	M40
1284	39	24	DAMIAN LORENZO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	24	01:40:47	06:43	MSEN
1040	40	25	DESOUSA	PALMEIRA RUNNERS	M	36	01:40:52	06:43	MSEN
1241	41	6	BONI DOMINGUEZ	BOX001 RUNMANIAK OURENSE	M	52	01:41:13	06:45	M50
1265	42	11	DANIEL FERNANDES		M	40	01:41:36	06:46	M40
1276	43	1	VANESSA RODRIGUEZ		F	35	01:41:50	06:47	FSEN
1275	44	12	LUIS CUELLAR		M	41	01:41:50	06:47	M40
1202	45	26	VITOR GOMES	PALMEIRA RUNNERS	M	31	01:42:20	06:50	MSEN

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalaõ
1147	46	7	RAFAEL ARAUJO	CAMINHANTES DO CONDADO	M	50	01:42:28	06:50	M50
1151	47	8	ALBERTO CUNHA		M	55	01:42:41	06:51	M50
1170	48	27	ALVARO AMORIM	MINHO E LIMA TRAIL	M	34	01:42:54	06:51	MSEN
1117	49	9	PEDRO SA	MOINHOS RUN ADRM	M	50	01:43:03	06:52	M50
621	50	13	JOSE GARCIA		M	42	01:43:05	06:52	M40
1028	51	28	DAMIAO DUARTE	TRAVASSOS RUNNING FAFE	M	33	01:43:21	06:53	MSEN
1240	52	14	ALBERTO DAPONTE		M	46	01:43:39	06:54	M40
1333	53	29	FABIAN PEREZ	ULT	M	32	01:43:57	06:56	MSEN
1364	54	30	DUARTE SOUSA		M	29	01:44:37	06:58	MSEN
1177	55	10	ANTONIO AMORIM		M	52	01:45:02	07:00	M50
1316	56	31	ANTONIO PEREIRA		M	34	01:45:04	07:00	MSEN
1273	57	32	DAVID ALONSO		M	29	01:45:07	07:01	MSEN
1330	58	15	AVELINO FIGUEIREDO	AGUIAS DE ALVELOS	M	43	01:45:37	07:03	M40
1087	59	33	NELSON PIRES	LUSITANOS	M	36	01:45:50	07:03	MSEN
1111	60	34	RUI ROSAS	LUSITANOS	M	38	01:45:50	07:03	MSEN
1326	61	16	JORGE COELHO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	45	01:45:54	07:04	M40
587	62	35	TIAGO SAMPAIO	GTTARMAZEM DO CAFFE	M	38	01:46:07	07:04	MSEN
1131	63	17	JOSE BRANAS		M	46	01:46:08	07:04	M40
1165	64	36	IVO ARAUJO		M	32	01:46:25	07:06	MSEN
1063	65	1	CRISTINA IGLESIAS	VIANA RUNNING	F	42	01:46:41	07:07	F40
1141	66	37	VITOR VIEIRA		M	35	01:46:42	07:07	MSEN
1048	67	38	SERGIO MARTINS	ECOBARCAVENTURA	M	33	01:46:44	07:07	MSEN
1148	68	2	LAURA COSTA		F	25	01:46:44	07:07	FSEN
1132	69	39	HELDER TELES		M	37	01:47:36	07:11	MSEN
1043	70	18	JOSE FERREIRA	PALMEIRA RUNNERS	M	44	01:47:36	07:11	M40
1267	71	40	OSCAR FRANCO		M	31	01:47:53	07:11	MSEN
1029	72	1	MARIA LEMOS		F	51	01:48:45	07:15	F50
1115	73	3	CATARINA AMORIM	G D CASTELENSE	F	32	01:48:46	07:15	FSEN
1357	74	2	MARA GARRIDO	CD RIA DE AROUSA	F	42	01:49:03	07:16	F40
1215	75	41	FRANCISCO CALEIRO		M	19	01:49:03	07:16	MSEN
1076	76	4	LILIANA BARREIRO		F	26	01:49:33	07:18	FSEN
1058	77	11	LEANDRO FREITAS	OLIMPICO VIANENSE TRAIL	M	52	01:50:29	07:22	M50
1162	78	19	RUI DIAS	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	42	01:51:00	07:24	M40
1361	79	20	JOSE GOMES	AGUIAS DE ALVELOS	M	48	01:51:01	07:24	M40
1099	80	42	ARLINDO MENDES	OFICINA DO CORPO	M	31	01:51:09	07:24	MSEN
1402	81	21	PAULO MOREIRA		M	44	01:51:43	07:27	M40
1360	82	43	PAULO COSTA	AGUIAS DE ALVELOS	M	37	01:51:53	07:27	MSEN
1122	83	44	MIGUEL FERNANDES		M	36	01:52:01	07:28	MSEN
1313	84	45	JORGE CASTINEIRA		M	31	01:52:06	07:29	MSEN
1324	85	46	FILIPPE ALVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	39	01:52:27	07:30	MSEN
1207	86	47	LUIS BARBOSA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	35	01:52:32	07:30	MSEN
1024	87	5	SUSANA ALVAREZ	NTANEVER TRAIL ALONE	F	39	01:52:36	07:31	FSEN
1298	88	48	NUNO MOURA	A.D.AMARANTE TRAIL RUNNING	M	38	01:52:59	07:32	MSEN
1183	89	49	CRISTIANO GUIMARAES		M	24	01:53:05	07:32	MSEN
1021	90	12	MANUEL MONTEIRO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	55	01:53:10	07:32	M50

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalaõ
1286	91	6	CELSA PEREZ	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	35	01:53:11	07:32	FSEN
1184	92	7	ANDREIA ROQUE		F	29	01:53:17	07:33	FSEN
1204	93	22	ANTONIO FERNANDES		M	44	01:53:26	07:34	M40
1362	94	50	ANDRE AMORIM	AGUIAS DE ALVELOS	M	26	01:53:53	07:35	MSEN
1237	95	51	GONZALO NIETO	TARTARUGAS	M	32	01:54:20	07:37	MSEN
1352	96	52	ADRIAN NIEVES		M	30	01:54:31	07:38	MSEN
1232	97	8	RUTH PONTE	AVIVA SPORT CLUB	F	39	01:54:31	07:38	FSEN
1234	98	23	PAULO AZEVEDO	LANHAS TT	M	46	01:54:37	07:39	M40
1370	99	53	PAULO SILVA		M	24	01:55:01	07:40	MSEN
1366	100	54	MIGUEL MARTINS	TERRAS DO VEZ	M	34	01:55:04	07:40	MSEN
1227	101	55	DANIEL FINS		M	14	01:55:22	07:42	MSEN
1222	102	56	RUI		M	25	01:55:29	07:42	MSEN
1186	103	9	HELENA SOUSA	OLIMPICO VIANENSE TRAIL	F	37	01:55:38	07:42	FSEN
1109	104	57	JOAO PEREIRA	GTTARMAZEM DO CAFFE	M	27	01:55:42	07:43	MSEN
1023	105	58	MARCO FERNANDES	GTTARMAZEM DO CAFFE	M	37	01:55:42	07:43	MSEN
1244	106	24	ALEXANDRE NEGRAO	XIKITOS TEAM	M	42	01:56:02	07:44	M40
1145	107	13	MARTINHO CUNHA	CASTELO A CORRER	M	51	01:56:08	07:44	M50
1220	108	59	JOSE LOUREIRO	XIKITOS TEAM	M	39	01:56:09	07:45	MSEN
1282	109	3	ISABEL CUNHA	RUNNERS CAMINHA	F	45	01:56:28	07:46	F40
1400	110	60	PEDRO OLIVEIRA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	37	01:56:28	07:46	MSEN
1341	111	61	RUBEN SILVA		M	24	01:56:35	07:46	MSEN
1355	112	62	JORGE SUAREZ		M	39	01:56:41	07:47	MSEN
1235	113	25	HERMINIO PINHO		M	49	01:56:45	07:47	M40
1315	114	63	RICARDO SILVA		M	32	01:56:50	07:47	MSEN
1140	115	26	VITOR REBELO		M	40	01:56:55	07:48	M40
1197	116	64	RUI PEIXOTO	ECOBARCAVENTURA	M	36	01:57:07	07:49	MSEN
1039	117	4	SANDRA COUTINHO	ECOBARCAVENTURA	F	46	01:57:07	07:49	F40
1209	118	10	PATRICIA LOPES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	27	01:57:14	07:49	FSEN
1125	119	14	JOAO PASSOS		M	50	01:57:47	07:51	M50
1206	120	11	VERONICA PEREIRA	ECOBARCAVENTURA	F	34	01:57:53	07:52	FSEN
1119	121	15	JOSE ALVES	RUNNERS UNIDOS A PIPA	M	51	01:57:57	07:52	M50
1116	122	27	JORGE SILVA	RUNNERS UNIDOS A PIPA	M	40	01:57:57	07:52	M40
1112	123	28	OLEGARIO OLIVEIRA	RUNNERS UNIDOS A PIPA	M	46	01:57:58	07:52	M40
1051	124	12	CATARINA CERQUEIRA	PALMEIRA RUNNERS	F	22	01:58:15	07:53	FSEN
1201	125	13	HELENA CERQUEIRA	PALMEIRA RUNNERS	F	26	01:58:16	07:53	FSEN
1057	126	5	MIOSETE SILVA	VIANA RUNNING	F	46	01:58:40	07:55	F40
1194	127	29	EDUARDO PEREIRA		M	44	01:58:41	07:55	M40
1113	128	65	ANGELO SANTOS		M	35	01:58:44	07:55	MSEN
1290	129	14	JULIANA ONUMA	VIANA RUNNING	F	39	01:59:03	07:56	FSEN
1350	130	30	OSCAR RODRIGUEZ		M	41	01:59:05	07:57	M40
1349	131	31	MARCIAL LORENZO		M	40	01:59:06	07:57	M40
1228	132	32	VICTOR REY		M	40	01:59:11	07:57	M40
1288	133	33	JESUS POUSA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	40	01:59:27	07:58	M40
1213	134	66	BRUNO RIBEIRO	B. V. BARCELINHOS	M	32	01:59:44	07:59	MSEN
1188	135	34	ANTONIO COELHO		M	41	01:59:50	07:59	M40

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1353	136	35	CESAR GONZALEZ		M	42	01:59:58	08:00	M40
1261	137	67	RUI ABREU		M	27	02:00:06	08:00	MSEN
1074	138	36	DAVID GIL	CAZAFANTASMAS	M	42	02:00:26	08:02	M40
1285	139	6	MARIA FERNANDEZ	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	40	02:00:32	08:02	F40
1130	140	37	NUNO SENDAO		M	41	02:00:37	08:02	M40
1078	141	38	JOSE CID	ASALTAMONTES	M	44	02:00:51	08:03	M40
1236	142	16	FERRAN MORATO		M	51	02:01:02	08:04	M50
1159	143	39	OSCAR QUINTAS		M	41	02:01:42	08:07	M40
1164	144	40	DIDIER PARENTE		M	45	02:02:08	08:08	M40
1358	145	7	ALEXANDRA COUTADA	AGUIAS DE ALVELOS	F	46	02:02:13	08:09	F40
1329	146	41	CARLOS ALVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	48	02:02:22	08:10	M40
1223	147	42	JOSE FARIA		M	45	02:03:22	08:13	M40
1371	148	43	FRANCISCO ALVES	RUNNERS CAMINHA	M	44	02:03:55	08:16	M40
1297	149	68	RUI PACHECO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	37	02:03:56	08:16	MSEN
1257	150	8	CELIA COSTA		F	45	02:04:00	08:16	F40
1026	151	15	ANDRA JULIO	GTTARMAZEM DO CAFFE	F	39	02:04:00	08:16	FSEN
1253	152	17	ANTONINO GONCALVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	50	02:04:02	08:16	M50
1301	153	16	DEOLINDA MONTEIRO		F	34	02:04:15	08:17	FSEN
1289	154	69	DAVID BLANCO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	33	02:04:50	08:20	MSEN
1203	155	70	JOAO MOUTA	ECOBARCAVENTURA	M	24	02:05:03	08:20	MSEN
1065	156	71	MIGUEL		M	28	02:05:26	08:21	MSEN
1233	157	72	BENITO		M	37	02:05:31	08:22	MSEN
1107	158	17	MONIA RIBEIRO	GTTARMAZEM DO CAFFE	F	37	02:05:40	08:23	FSEN
1045	159	18	JOANA MAGALHAES	RINUS FAFE	F	36	02:05:48	08:23	FSEN
1135	160	18	JOSE LIRA	VIANA RUNNING	M	50	02:05:48	08:23	M50
1090	161	73	FERNANDO PINHEIRO		M	39	02:06:14	08:25	MSEN
1252	162	74	TITO RODIGUES		M	34	02:06:56	08:28	MSEN
1280	163	75	JOAO RAMOS		M	25	02:07:09	08:28	MSEN
1174	164	19	RAQUEL PEREIRA	TARTARUGAS	F	25	02:07:22	08:30	FSEN
1251	165	76	ARMINDO MARQUES		M	34	02:08:07	08:33	MSEN
1318	166	20	CELIA CAMPINO		F	31	02:08:47	08:35	FSEN
1287	167	21	ISABEL ROLAN	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	39	02:09:07	08:36	FSEN
1118	168	77	RUI NOVAIS		M	37	02:09:11	08:36	MSEN
1094	169	44	LINO ABREU		M	41	02:09:11	08:36	M40
1217	170	78	RUI ESTEVES		M	25	02:09:14	08:37	MSEN
1176	171	79	RICARDO FERNANDES		M	24	02:09:26	08:38	MSEN
1205	172	80	JORGE RIBEIRO		M	38	02:09:38	08:38	MSEN
1221	173	81	RAFAEL LOUREIRO	XIKITOS TEAM	M	18	02:09:38	08:38	MSEN
1335	174	45	MIGUEL ARAUJO	AVIVA SPORT CLUB	M	41	02:10:44	08:43	M40
1082	175	46	ALCIDIO FIGUEIREDO		M	49	02:11:23	08:46	M40
1137	176	47	RAUL SILVA	RUNNERS UNIDOS A PIPA	M	44	02:12:36	08:51	M40
1210	177	48	PAULO MIRANDA	AMOTINADOS TRAIL	M	47	02:12:37	08:51	M40
1300	178	49	ANTONIO GONCALVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	43	02:12:43	08:51	M40
1248	179	22	GRACIETE MEIRA		F	34	02:12:46	08:51	FSEN
1149	180	23	MARINA AMORIM		F	24	02:12:50	08:51	FSEN

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1150	181	24	ANA AMORIM		F	25	02:12:50	08:51	FSEN
1196	182	9	ROSARIA VENTURA	ECOBARCAVENTURA	F	40	02:12:52	08:51	F40
1001	183	25	SILVIA BLANCO		F	33	02:12:54	08:51	FSEN
1031	184	10	MERCEDES NOYA	MONTEFARO	F	46	02:12:58	08:52	F40
1032	185	50	MIGUEL GONZALEZ	MONTEFARO	M	46	02:12:58	08:52	M40
1344	186	82	BRUNO GARCIA		M	23	02:13:32	08:54	MSEN
1258	187	26	ANA MENDONCA	A.D.AMARANTE TRAIL RUNNING	F	31	02:14:36	08:58	FSEN
1231	188	83	JOSE ARAUJO	LANHAS TT	M	35	02:14:39	08:59	MSEN
1128	189	84	PAULO SANTOS		M	33	02:15:19	09:01	MSEN
1129	190	27	CATARINA BARATA		F	31	02:15:19	09:01	FSEN
1052	191	51	PEIXINHO RM		M	42	02:15:24	09:01	M40
1053	192	11	SUSANA CARNEIRO		F	42	02:15:30	09:02	F40
1230	193	28	YOLANDA VALVERDE	GALIZA TRAIL TEAM	F	35	02:15:46	09:03	FSEN
1272	194	85	DANIEL CAMPOS	GALIZA TRAIL TEAM	M	36	02:15:46	09:03	MSEN
1124	195	12	CARMO VEIGA	VIANA RUNNING	F	48	02:16:09	09:04	F40
1293	196	13	DEOLINDA ANTUNES		F	46	02:16:39	09:07	F40
1175	197	29	MADALENA CARNEIRO	ECOBARCAVENTURA	F	33	02:16:40	09:07	FSEN
1359	198	14	SUSANA SIMOES	AGUIAS DE ALVELOS	F	43	02:16:47	09:07	F40
1224	199	15	ELSA COSTA		F	41	02:17:18	09:09	F40
1250	200	16	HELENA LOUREIRO	VIANA RUNNING	F	43	02:17:43	09:11	F40
1274	201	30	VANIA ALVITANO	TEAM FIVAMI	F	32	02:17:53	09:12	FSEN
1103	202	17	AIDA LINHARES	GTTARMAZEM DO CAFFE	F	45	02:17:54	09:12	F40
1075	203	31	EDWIGE PERROY		F	36	02:18:03	09:12	FSEN
1354	204	18	NIEVES FERNANDEZ	NTANEVER TRAIL ALONE	F	43	02:19:01	09:16	F40
1046	205	86	JOAO LIRA	RINUS FAFE	M	35	02:19:16	09:17	MSEN
1200	206	19	TELMO COSTA	AMOTINADOS TRAIL	M	54	02:19:43	09:19	M50
1211	207	19	SUSANA MATOS	EDV VIANA TRAIL	F	43	02:19:43	09:19	F40
1325	208	87	BRUNO LOPES		M	34	02:20:12	09:21	MSEN
1323	209	52	FERNANDO PIMENTEL	PALMEIRA RUNNERS	M	48	02:21:54	09:27	M40
1066	210	53	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	46	02:21:55	09:27	M40
1218	211	88	JOAO PALHARES		M	25	02:22:02	09:28	MSEN
1245	212	89	JOAO SOUSA		M	24	02:22:20	09:29	MSEN
1292	213	54	MANUEL GRACA		M	47	02:22:43	09:31	M40
1027	214	32	ANDREIA ARAUJO		F	29	02:22:45	09:31	FSEN
1080	215	33	CELIA QUINTA		F	24	02:22:46	09:31	FSEN
1191	216	34	CARLA BARBOSA	ECOBARCAVENTURA	F	32	02:22:52	09:32	FSEN
1247	217	20	CIDALIA RIBEIRO		F	42	02:23:43	09:35	F40
1089	218	21	CATARINA PEREIRA	EI TEAM TRAIL	F	41	02:23:49	09:35	F40
1088	219	35	LILIANA ROCHA	EI TEAM TRAIL	F	29	02:23:49	09:35	FSEN
1307	220	20	FRANCISCO GRANJA		M	62	02:24:08	09:37	M50
1308	221	22	MARIA REBELO		F	48	02:24:09	09:37	F40
1246	222	36	MARISA AMORIM	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	29	02:24:16	09:37	FSEN
1208	223	37	DEBORA SILVA	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	29	02:24:16	09:37	FSEN
1136	224	21	XAVIER FERNANDEZ		M	52	02:25:35	09:42	M50
1262	225	55	MARIO SANTOS		M	44	02:25:51	09:43	M40

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1263	226	23	PAULA DOMINGUES		F	43	02:25:52	09:43	F40
1081	227	38	SARA SILVA		F	27	02:26:11	09:45	FSEN
1291	228	56	FABIANO FRANCA	VIANA RUNNING	M	47	02:26:49	09:47	M40
1294	229	39	TERESA SALGUEIRO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	37	02:27:51	09:52	FSEN
1281	230	40	SONIA SALGUEIRO	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	35	02:27:51	09:52	FSEN
1256	231	90	CARLOS GONCALVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	M	36	02:27:52	09:52	MSEN
1266	232	91	PAULO SOARES	XIKITOS TEAM	M	36	02:28:13	09:53	MSEN
1249	233	92	MIGUEL NOVO	OLIMPICO VIANENSE TRAIL	M	35	02:28:16	09:53	MSEN
1091	234	93	HELDER COSTA		M	33	02:29:02	09:56	MSEN
1093	235	94	SERGIO MESQUITA		M	35	02:29:02	09:56	MSEN
1064	236	41	SILVIA REGO	NAST	F	30	02:29:09	09:57	FSEN
1126	237	24	CARLA CRUZ		F	42	02:31:41	10:06	F40
1345	238	25	ELIANA FERNANDES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	41	02:31:42	10:06	F40
1100	239	57	CESAR CHAVES	OFICINA DO CORPO	M	40	02:33:09	10:13	M40
1097	240	95	MANUEL PEIXOTO	OFICINA DO CORPO	M	38	02:33:11	10:13	MSEN
680	241	96	LUIS GARCIA		M	36	02:33:28	10:14	MSEN
1019	242	42	MARIA MIGUELEZ		F	32	02:33:28	10:14	FSEN
1342	243	97	DIOGO CASTRO	ABATELA	M	29	02:34:04	10:16	MSEN
1321	244	58	CARLOS GONCALVES		M	40	02:34:14	10:17	M40
1338	245	43	DANIELA CERQUEIRA		F	38	02:34:33	10:18	FSEN
1365	246	22	ANTONIO BILBAO		M	70	02:34:42	10:19	M50
1185	247	44	CLEIA SANTIAGO		F	32	02:34:45	10:19	FSEN
1212	248	98	HENRIQUE SILVA		M	35	02:35:24	10:21	MSEN
1311	249	59	AVELINO ALVES		M	44	02:35:25	10:21	M40
1173	250	45	PATRICIA PEREIRA	MELGACO ALVARINHO TRAIL	F	34	02:37:14	10:29	FSEN
1050	251	46	EMA GUERRA	PALMEIRA RUNNERS	F	38	02:37:43	10:31	FSEN
1312	252	2	ALBERTINA SOUSA	PALMEIRA RUNNERS	F	52	02:37:44	10:31	F50
1049	253	47	DELFINA COSTA	PALMEIRA RUNNERS	F	35	02:37:44	10:31	FSEN
1102	254	48	ANA MACHADO	OFICINA DO CORPO	F	24	02:37:46	10:31	FSEN
1096	255	60	ANGELO RIBEIRO	OFICINA DO CORPO	M	45	02:37:46	10:31	M40
1181	256	49	ANA BARATA		F	36	02:37:54	10:31	FSEN
1077	257	26	NATALIA ESTEVES		F	41	02:38:36	10:34	F40
1084	258	27	ELISABETE OLIVEIRA		F	41	02:38:57	10:36	F40
1002	259	28	HELENA PONTE		F	43	02:39:02	10:36	F40
1182	260	50	SARA BARATA		F	27	02:40:34	10:43	FSEN
1260	261	51	LILIANA PIRES	INL NANORUNNERS	F	36	02:40:34	10:43	FSEN
1152	262	29	ISABEL GONCALVES	OLIMPICO VIANENSE TRAIL	F	47	02:40:43	10:43	F40
1104	263	52	JOANA MAIA	GTTARMAZEM DO CAFFE	F	23	02:41:33	10:46	FSEN
1347	264	53	RAQUEL MAIA	GTTARMAZEM DO CAFFE	F	28	02:41:33	10:46	FSEN
1095	265	99	DIOGO ABREU	OFICINA DO CORPO	M	26	02:41:34	10:46	MSEN
1098	266	100	MAXIMO RIBEIRO	OFICINA DO CORPO	M	37	02:41:34	10:46	MSEN
1376	267	61	JERONIMO CASTRO		M	42	02:42:26	10:50	M40
1259	268	54	SANDRA NETO		F	38	02:44:29	10:58	FSEN
1071	269	55	SANDRA MARTINS	ECOBARCAVENTURA	F	34	02:46:05	11:04	FSEN
1044	270	56	JULIA BARBOSA	ECOBARCAVENTURA	F	35	02:46:05	11:04	FSEN

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalaõ
1072	271	57	RAQUEL ALMEIDA		F	39	02:46:30	11:06	FSEN
1073	272	62	PEDRO MACHADO		M	43	02:46:32	11:06	M40
1372	273	101	LUIS ALVES		M	28	02:47:41	11:10	MSEN
1187	274	30	REGINA LIMA	IRONLADIES	F	42	02:48:00	11:12	F40
1138	275	58	PAULA PEREIRA	IRONLADIES	F	35	02:48:01	11:12	FSEN
1143	276	59	DIANA ALVES	IRONLADIES	F	29	02:48:01	11:12	FSEN
1304	277	63	ROLANDO CAPITAO		M	40	02:48:37	11:14	M40
1305	278	60	RITA LIMA		F	36	02:48:37	11:14	FSEN
1306	279	61	SANDRA LIMA		F	39	02:48:37	11:14	FSEN
1083	280	62	LUCIA FERREIRA	MARCO TRAIL	F	33	02:49:14	11:17	FSEN
1219	281	63	EUNICE COELHO	MARCO TRAIL	F	37	02:49:14	11:17	FSEN
1161	282	23	GARCIA SILVA	ECOBARCAVENTURA	M	67	02:49:32	11:18	M50
1309	283	31	LIGIA FERNANDES	CMI MONTANHISMO	F	43	02:49:45	11:19	F40
1108	284	64	MARI PEREIRA	OLIMPICO VIANENSE TRAIL	F	35	02:49:45	11:19	FSEN
1114	285	102	PEDRO RIBEIRO	RUNNERS UNIDOS A PIPA	M	36	02:53:36	11:34	MSEN
1239	286	103	ANDRE FERREIRA		M	29	02:54:08	11:37	MSEN
1367	287	65	SARA BRANDAO		F	34	02:54:16	11:37	FSEN
1166	288	66	MARIA FAO		F	34	02:56:53	11:48	FSEN
1299	289	32	RAQUEL DIZ	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	44	02:58:06	11:52	F40
1189	290	67	ANA AFONSO	ECOBARCAVENTURA	F	34	02:58:09	11:53	FSEN
1374	291	33	ROSARIO GOMES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	49	02:58:11	11:53	F40
1254	292	34	ELIZIA GON?LVES	CERVEIRA TEAM RUNNING/CLUBE CELTAS DO MINHO	F	42	02:58:11	11:53	F40
1178	293	68	EVA PEREIRA	ECOBARCAVENTURA	F	37	02:58:13	11:53	FSEN
1214	294	35	ELSA AMORIM	ECOBARCAVENTURA	F	42	02:58:23	11:53	F40
1179	295	36	CRISTINA PIRES	ECOBARCAVENTURA	F	49	02:58:27	11:54	F40
1229	296	3	MA GONZALEZ		F	53	02:58:47	11:55	F50
1144	297	69	OLGA COELHO	IRONLADIES	F	36	02:59:49	11:59	FSEN
1139	298	70	ANA CARNEIRO	IRONLADIES	F	26	02:59:49	11:59	FSEN
1193	299	71	RAQUEL NEIVA	TEAM LANTEMIL	F	36	02:59:51	12:00	FSEN
1042	300	72	CARLA ARAUJO	TEAM LANTEMIL	F	36	02:59:51	12:00	FSEN
1192	301	73	LILIANA ESCUDEIRO	TEAM LANTEMIL	F	35	02:59:51	12:00	FSEN
1242	302	74	SOFIA PEREIRA	TEAM LANTEMIL	F	34	02:59:51	12:00	FSEN
1337	303	104	VITOR SOUSA		M	29	03:00:57	12:04	MSEN
1279	304	24	FILIPPE RAMOS		M	58	03:01:12	12:05	M50
1154	305	37	ELISABETE DOMINGUES		F	46	03:02:03	12:08	F40
1156	306	38	BELMIRA LOURENCO		F	43	03:02:03	12:08	F40
1020	307	105	CUSTODIO SANTOS		M	20	03:05:15	12:21	MSEN
1157	308	39	ANGELA GRACA		F	48	03:05:57	12:24	F40
1158	309	25	PAULO GRACA		M	51	03:05:58	12:24	M50
1339	310	106	ALCINDO DUQUE		M	39	03:06:03	12:24	MSEN
1070	311	4	GRACA ARAUJO		F	51	03:06:10	12:24	F50
1034	312	40	VANIA CUNHA	BRAGAZELAS	F	41	03:07:36	12:31	F40
1142	313	41	PAULA PEIXOTO	BRAGAZELAS	F	46	03:07:36	12:31	F40
1033	314	42	ISABEL BARBOSA	BRAGAZELAS	F	40	03:07:36	12:31	F40
1037	315	43	MARTA VALENTINA	BRAGAZELAS	F	40	03:07:36	12:31	F40

Dorsal	Lugar	Esc.	Nome	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
1079	316	75	ROSA MARIA		F	39	03:12:08	12:49	FSEN
1110	317	76	HELENA MATEUS		F	34	03:13:14	12:53	FSEN
1022	318	64	JOSE CUNHA		M	46	03:13:25	12:54	M40
1120	319	77	LUIA OUTEIRO	ECOBARCAVENTURA	F	30	03:15:35	13:02	FSEN
1268	320	78	CLAUDIA FREITAS		F	32	03:17:52	13:12	FSEN
1319	321	26	ANTONIO OUTEIRO	ECOBARCAVENTURA	M	66	03:20:25	13:22	M50
1327	322	5	MARIA LUZ		F	53	03:25:54	13:43	F50
1343	323	79	AIDA PIRES	GONDAR A FRENTE	F	25	03:25:54	13:43	FSEN
1328	324	27	JOSE LOURENCO		M	53	03:26:07	13:45	M50
1155	325	44	SILVIA DOMINGUES		F	41	03:34:38	14:19	F40
1180	326	80	SILVIA ROCHA		F	32	03:34:38	14:19	FSEN
1060	327	45	PAULA SOUSA	OU VAI OU RACHA	F	47	03:35:22	14:21	F40
1041	328	46	CRISTINA COSTA	OU VAI OU RACHA	F	46	03:35:42	14:23	F40
1036	329	47	MARIA MACIEL	OU VAI OU RACHA	F	48	03:37:49	14:31	F40
1061	330	48	ODETE LAMEIRA	OU VAI OU RACHA	F	47	03:49:26	15:18	F40
1067	331	65	PAULO MAGALHAES	OU VAI OU RACHA	M	45	03:50:21	15:22	M40
1035	332	66	JOSE FERREIRA	OU VAI OU RACHA	M	44	03:50:22	15:22	M40
1068	333	49	ANA MAGALHAES	OU VAI OU RACHA	F	43	03:50:24	15:22	F40
1190	334	50	CARLA FERREIRA		F	41	03:51:00	15:24	F40
1171	335	51	GEORGINA RODRIGUES		F	47	03:51:01	15:24	F40