

Dorsal	Lugar	Esc.	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
2006	1	1	ADRIANO MORAIS		M	22	01:12:54	04:51	MGERAL
2133	2	2	FABIO SOUSA		M	31	01:16:55	05:08	MGERAL
2002	3	3	JOAO AFONSO	PADELA NATURAL TEAM/	M	19	01:18:55	05:16	MGERAL
2029	4	4	BRUNO LEMOS	IAT IMOBILIARIA ESPO	M	35	01:19:41	05:19	MGERAL
2069	5	5	FERNANDO TEMPORAO		M	28	01:23:23	05:34	MGERAL
2031	6	6	ANTONIO BORGES	C.A.OLIMPICO VIANENS	M	41	01:23:43	05:35	MGERAL
2057	7	7	JOSE PEREIRA	OLIMPICO VIANENSE TR	M	41	01:27:36	05:50	MGERAL
2109	8	8	PEDRO NUNES		M	24	01:27:41	05:50	MGERAL
2005	9	9	RICARDO SOUSA		M	18	01:27:45	05:51	MGERAL
2055	10	10	FERNANDO ALVES	OLIMPICO VIANENSE TR	M	37	01:31:59	06:08	MGERAL
2151	11	11	JUAN RODRIGUEZ		M	52	01:32:00	06:08	MGERAL
2126	12	12	MANUEL PEREIRO		M	57	01:32:02	06:08	MGERAL
2101	13	13	CLAUDIO RODRIGUES		M	36	01:35:30	06:22	MGERAL
2023	14	14	GONCALO FREITAS	OLIMPICO VIANENSE TR	M	16	01:35:31	06:22	MGERAL
2070	15	15	CARLOS MARTINS	AFIFENSE TRAIL	M	37	01:36:13	06:25	MGERAL
2071	16	16	ALBERTO CUNHA		M	54	01:36:28	06:26	MGERAL
2054	17	17	ALBERTO SA		M	63	01:36:30	06:26	MGERAL
2044	18	1	LILIANA BARREIRO		F	25	01:38:16	06:33	FGERAL
2027	19	18	ANDRE PRINCIPE	ERMIDA TEAM	M	31	01:38:17	06:33	MGERAL
2100	20	2	ELSA AFONSO		F	31	01:39:17	06:37	FGERAL
2125	21	19	NUNO FONSECA	A.CU.R.A. 4 TRAIL	M	31	01:40:20	06:41	MGERAL
1105	22	20	JOAO GONCALVES		M	21	01:43:04	06:52	MGERAL
2150	23	21	SERGIO MARTINS		M	32	01:44:12	06:57	MGERAL
2123	24	22	RUI COSTA	A.CU.R.A. 4 TRAIL	M	34	01:44:13	06:57	MGERAL
2007	25	23	PEDRO CARVALHO		M	34	01:44:32	06:58	MGERAL
2062	26	3	CARLA PEREIRA	ENCOSTAS CORNO DE BI	F	34	01:45:24	07:01	FGERAL
2052	27	24	ANDRE MACHADO		M	18	01:45:25	07:02	MGERAL
2097	28	25	JOSE MACHADO		M	45	01:45:37	07:03	MGERAL
2059	29	4	CATARINA AMORIM		F	31	01:47:09	07:09	FGERAL
2087	30	5	MARCIA LOURENCO		F	29	01:48:34	07:14	FGERAL
2088	31	26	JORGE RODRIGUES		M	35	01:48:34	07:14	MGERAL
2086	32	27	ANTONIO PEREIRA		M	33	01:48:40	07:14	MGERAL
2120	33	28	DUARTE SOUSA		M	28	01:48:48	07:15	MGERAL
1036	34	29	ANTONIO BARROS	CCDFPJP	M	39	01:49:16	07:17	MGERAL
2032	35	6	ANABELA SALGADO	OLIMPICO VIANENSE TR	F	39	01:50:00	07:20	FGERAL
2020	36	30	JOAO JAQUES	OLIMPICO VIANENSE TR	M	45	01:50:00	07:20	MGERAL
2074	37	31	ANDRE MENDES		M	33	01:52:10	07:29	MGERAL
2041	38	32	JOAO AFONSO		M	45	01:52:24	07:30	MGERAL
2143	39	33	JOSE CERDEIRA		M	44	01:52:33	07:30	MGERAL
2003	40	34	NUNO BARRETO	PADELA NATURAL TEAM/	M	36	01:52:58	07:32	MGERAL
2042	41	35	ANTONIO ESTEVES		M	50	01:53:39	07:34	MGERAL
2004	42	7	ANA FAEL	PADELA NATURAL TEAM/	F	33	01:56:11	07:45	FGERAL
2136	43	8	LILIANA ROCHA	EI TEAM TRAIL	F	28	01:56:58	07:48	FGERAL
2096	44	36	JOAO BARROSO		M	21	01:57:00	07:48	MGERAL
2043	45	37	ALFREDO OLIVEIRA		M	50	01:57:01	07:48	MGERAL
2040	46	9	SANDRA MOURA	ARCA BARCELOS RUNNERS	F	40	01:59:26	07:58	FGERAL
2061	47	10	SUSANA RODRIGUES	MONCAO TRAIL	F	31	02:00:35	08:02	FGERAL
2050	48	11	ADELIA LOBO	OLIMPICO VIANENSE TR	F	47	02:01:34	08:07	FGERAL
2147	49	38	GONCALO ARROJADO		M	18	02:01:38	08:07	MGERAL
2144	50	12	SONIA SALGUEIRO		F	34	02:01:44	08:07	FGERAL
2110	51	13	INES GONCALVES		F	18	02:02:01	08:08	FGERAL
2026	52	14	FATIMA FARIA	CLUBE SPIRIDON DE GA	F	49	02:02:12	08:09	FGERAL
2045	53	15	ANA ROCHA	CLUBE SPIRIDON DE GA	F	50	02:02:12	08:09	FGERAL
2046	54	39	ANTONIO CONCEICAO	CLUBE SPIRIDON DE GA	M	56	02:02:14	08:09	MGERAL
2047	55	40	CARLOS DIAS	CLUBE SPIRIDON DE GA	M	48	02:02:14	08:09	MGERAL
2028	56	41	JOAO MOUTA	ERMIDA TEAM	M	23	02:02:32	08:10	MGERAL
2060	57	42	JOAO PEREIRA	MONCAO TRAIL	M	56	02:03:06	08:12	MGERAL
2022	58	16	ELISABETE OLIVEIRA	VIDAATIVARUNNERS	F	54	02:03:17	08:13	FGERAL
2111	59	43	MARIO SANTOS		M	43	02:03:33	08:14	MGERAL
2112	60	44	TOMAS VASQUEZ		M	54	02:03:33	08:14	MGERAL
2021	61	45	PAULO BARROSO		M	49	02:06:17	08:25	MGERAL
2077	62	17	ANDREIA ARAUJO		F	28	02:08:39	08:35	FGERAL
2104	63	18	WIOLETTA PIEKIELNIK		F	35	02:08:55	08:36	FGERAL
2131	64	46	VICTOR REY		M	39	02:09:41	08:39	MGERAL
2035	65	19	CARINA SILVA	DIVERTIDAS.LOL	F	30	02:09:51	08:39	FGERAL
2075	66	20	ERICA TRANCOSO		F	27	02:09:51	08:39	FGERAL

Dorsal	Lugar	Esc.	Atleta	Equipa	Sexo	Idade	Tempo	Ritmo	Escalão
2140	67	21	MARLENE AFONSO	DIVERTIDAS.LOL MILLENIUM BCP OS BARRIGUITAS	F	34	02:09:51	08:39	FGERAL
2034	68	22	ELISABETE MAIA		F	47	02:12:01	08:48	FGERAL
2001	69	23	MARIA VILELA		F	45	02:12:23	08:49	FGERAL
2037	70	47	MANUEL MOURA		M	61	02:16:13	09:05	MGERAL
2130	71	24	MARTA MACIEL		F	21	02:17:44	09:11	FGERAL
2138	72	25	CATIA BARBOSA		F	27	02:17:45	09:11	FGERAL
2033	73	26	GLORIA FERREIRA		F	46	02:20:25	09:22	FGERAL
2114	74	27	PAULA DOMINGUES		F	42	02:20:53	09:24	FGERAL
2113	75	28	CATARINA SANTOS		F	35	02:20:53	09:24	FGERAL
2118	76	29	SANDRA NETO		F	37	02:21:03	09:24	FGERAL
2063	77	30	ANGELA	MONCAO TRAIL	F	47	02:24:08	09:37	FGERAL
2064	78	48	PAULO		M	50	02:24:09	09:37	MGERAL
2085	79	49	MIGUEL GONCALVES		M	39	02:24:15	09:37	MGERAL
2115	80	31	MARTA DIAS		F	32	02:24:15	09:37	FGERAL
2030	81	32	EUGENIA AFONSO		F	40	02:25:01	09:40	FGERAL
2145	82	33	ROSA AFONSO		F	38	02:27:21	09:49	FGERAL
2148	83	50	JOSE LOURENCO		M	52	02:27:22	09:50	MGERAL
2137	84	34	CRISTINA TRAILA		F	43	02:27:56	09:52	FGERAL
2076	85	35	ALZIRA FONTES		F	44	02:33:39	10:15	FGERAL
2038	86	51	JOAO SOUSA		M	32	02:34:03	10:16	MGERAL
2142	87	36	MARIA BARBOSA	OS BARRIGUITAS	F	34	02:39:25	10:38	FGERAL
2139	88	52	LUIS VIEIRA		M	15	02:41:53	10:47	MGERAL
2149	89	53	VITOR PICOTO		M	44	02:43:19	10:53	MGERAL
2146	90	37	HELENA MATEUS		F	33	02:44:13	10:57	FGERAL
2092	91	54	MANUEL LOUREIRO		M	37	02:44:38	10:59	MGERAL
2056	92	38	ALICE VIVEIROS		F	50	02:44:41	10:59	FGERAL
2132	93	39	ANA MOREIRA		F	61	02:49:36	11:19	FGERAL
2089	94	40	ANA COELHO		F	46	02:53:01	11:32	FGERAL
2106	95	41	ANA RIBEIRO		F	44	02:53:02	11:32	FGERAL
2117	96	55	JOSE BARBOSA		M	35	02:54:06	11:37	MGERAL
2122	97	42	CELIA IGLESIAS	SHOTS INTERNATIONAL OS TURBOMULA	F	46	02:54:59	11:40	FGERAL
2116	98	43	ARMINDA SALGADO		F	46	02:55:33	11:42	FGERAL
2128	99	44	MARTINHA VELOSO		F	46	02:55:34	11:42	FGERAL
2065	100	56	ARTUR COSTA		M	17	03:03:15	12:13	MGERAL
2048	101	45	SILVIA DOMINGUES		F	40	03:03:52	12:15	FGERAL
2049	102	46	ELISABETE DOMINGUES		F	45	03:03:59	12:16	FGERAL
2129	103	57	EVARISTO RODRIGUES		M	47	03:03:59	12:16	MGERAL
2090	104	47	BELMIRA LOURENCO		F	42	03:04:00	12:16	FGERAL
2073	105	48	SANDRA PLASENCIA		F	45	03:07:43	12:31	FGERAL
2103	106	49	SILVIA GONCALVES		F	46	03:07:44	12:31	FGERAL
2039	107	50	SILVIA PIRES	OLIMPICO VIANENSE TR	F	39	03:20:50	13:23	FGERAL
2068	108	51	TANIA DOMINGUES		F	23	03:20:50	13:23	FGERAL
2072	109	52	GRACA MARQUES		F	45	03:20:51	13:23	FGERAL
2102	110	53	ANA GONCALVES		F	41	03:22:36	13:30	FGERAL
2080	111	54	DIANA SILVA		F	40	03:22:37	13:30	FGERAL
2134	112	58	ERNESTO FERNANDES		M	30	03:22:40	13:31	MGERAL
2135	113	55	VANIA GOMES		F	24	03:22:41	13:31	FGERAL
2141	114	56	CARINA MENDES		F	38	03:25:42	13:43	FGERAL
2105	115	59	PAULO MATOS		M	52	03:25:43	13:43	MGERAL
2025	116	57	SILVIA FREITAS		F	46	03:25:46	13:43	FGERAL
2066	117	58	DELMINA FONTES	OLIMPICO VIANENSE TR	F	48	03:32:05	14:08	FGERAL
2067	118	59	ROSA FONTES		F	46	03:32:05	14:08	FGERAL
2084	119	60	ANA FREITAS		F	52	03:44:49	14:59	FGERAL
2083	120	61	JOANA FREITAS		F	23	03:44:56	15:00	FGERAL
2119	121	60	ADELINO FERNANDES		M	78	03:44:56	15:00	MGERAL
2081	122	61	LUIS FREITAS		M	55	03:44:59	15:00	MGERAL
2082	123	62	JORGE FREITAS		M	29	03:44:59	15:00	MGERAL
2098	124	62	MARIA MARTINS		F	37	03:49:41	15:18	FGERAL
2095	125	63	YOLANDA DOMINGUEZ		F	34	03:49:58	15:20	FGERAL
2091	126	64	MARGA LOUREIRO		F	35	03:49:58	15:20	FGERAL
2094	127	65	BEATRIZ DOMINGUEZ	OLIMPICO VIANENSE TR	F	34	03:50:04	15:20	FGERAL
2099	128	66	ANGELA MARTINEZ		F	35	03:50:05	15:20	FGERAL