

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
1	2366	Gonalo Jesus	Senior	M	Individual	00:33:56	00:33:56
2	2114	Ant3nio Rocha Rocha	Senior	M	Individual	00:35:57	00:35:57
3	3010	CARLOS NUNES Nunes	Senior	M	CASA DO POVO DE MANGUALDE	00:36:59	00:36:59
4	2136	Emanuel Almeida	Senior	M	G.D.RIBEIRINHOS	00:37:36	00:37:36
5	2159	Romeu Gomes	Senior	M	clube campismo S. jo3o da madeira	00:38:13	00:38:13
6	2031	FERNANDO ALMEIDA	M50	M	Individual	00:41:21	00:41:19
7	2051	Renato Amaral	Senior	M	Individual	00:42:02	00:41:53
8	2029	Gonalo Ribeiro	Senior	M	Individual	00:42:46	00:42:13
9	2260	Dani Costa	Senior	M	RI14	00:43:18	00:43:14
10	2142	C3tia Almeida	Senior	F	CASA DO POVO DE MANGUALDE	00:43:20	00:43:19
11	2274	Vitor Rebelo	Senior	M	CMViseu	00:43:42	00:43:23
12	2026	Rui Rodrigues	Senior	M	Individual	00:43:49	00:43:35
13	2336	Bernardo Vieira Gonalves Pereira	Senior	M	Individual	00:44:33	00:44:32
14	2101	Pedro Tavares	Senior	M	Individual	00:44:39	00:44:35
15	2146	SEVERINO SANTOS	M55	M	ELECTRO FONSECA	00:44:49	00:44:45
16	2256	Octavio Andrade	M40	M	Dinamo Clube Est3o3o	00:45:39	00:45:39
17	2119	Pedro Teixeira	Senior	M	Individual	00:45:42	00:45:40
18	2196	Jos3 Eduardo	Senior	M	Individual	00:45:49	00:45:47
19	2195	Luis Ant3nio lopes Barros	M45	M	Tondela Runners	00:45:55	00:45:50
20	2160	Jo3o Pedro Tenreiro Pais Pereira Concei3o	Senior	M	Ceks Karate	00:45:56	00:45:53
21	1095	Tiago Reigota	Senior	M	Individual	00:45:57	00:45:47
22	2144	Carlos Jos3 Salgado	Senior	M	Execu33es	00:46:12	00:46:04
23	2259	Jo3o Machado	M40	M	RI14	00:46:13	00:45:57
24	2205	Antonio Loureno	Senior	M	Dinamo Clube Est3o3o	00:46:16	00:46:16
25	2022	SAUL MARCOS	M60	M	Individual	00:46:41	00:46:34
26	3011	Cristiano Pereira	Senior	M	CASA DO POVO DE MANGUALDE	00:46:48	00:46:48
27	2263	Samuel Lopes	Senior	M	RI14	00:47:04	00:46:49
28	2157	Lu3s Ferreira	Senior	M	Viseu2001	00:47:14	00:47:11
29	2089	Micael Anci3es	Senior	M	Individual	00:47:19	00:47:15
30	2035	Arlindo Dias	M55	M	Individual	00:47:44	00:47:24
31	2182	Carlos Coelho	Senior	M	Correr Viseu	00:47:45	00:47:36
32	2409	Paulo Lopes	Senior	M	Viseu2001	00:47:54	00:47:51
33	2122	Francisco Favinha	Senior	M	Individual	00:47:57	00:47:55
34	2188	Jo3o figueiredo	Senior	M	Correr Viseu	00:48:07	00:47:59
35	2080	Sergio Oliveira	Senior	M	Individual	00:48:22	00:48:14
36	2310	Tiago F3lix	Senior	M	Atividade S3nior - 3lvoro	00:48:25	00:47:58
37	2261	Miguel Duarte	Senior	M	RI14	00:48:33	00:48:31
38	2432	Vitor Nunes	Senior	M	Individual	00:48:34	00:48:18
39	2087	Nuno Santos	Senior	M	Individual	00:48:48	00:48:39
40	2130	RICARDO PEREIRA	Senior	M	grup.desp.chelas	00:48:56	00:48:55
41	2141	Laurinda Ferreira Ferreira	F40	F	CASA DO POVO DE MANGUALDE	00:49:08	00:49:08
42	2140	Lurdes Monteiro Monteiro	F40	F	CASA DO POVO DE MANGUALDE	00:49:10	00:49:09
43	2147	Manuel Barbosa	Senior	M	Grupo de Conv3vio e Amizade nas Donas	00:49:14	00:49:14
44	2402	Fernando Pinheiro	M40	M	Individual	00:49:15	00:49:03
45	2308	Jo3o Almeida	Senior	M	Cabril BTT	00:49:18	00:48:59
46	2121	David Rodrigues	Senior	M	Individual	00:49:24	00:49:02
47	2427	Nuno Paix3o	Senior	M	Individual	00:49:35	00:49:23

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
48	2047	Paulo Santos	Senior	M	Individual	00:49:45	00:49:23
49	2102	Célia Matias	Senior	F	Individual	00:49:46	00:49:42
50	2239	João Soares	Senior	M	Individual	00:49:48	00:49:20
51	2208	Pedro Cunha	Senior	M	Dinamo Clube Estação	00:49:51	00:49:49
52	2258	Alexis Camacho	Senior	M	RI14	00:49:59	00:49:28
53	2173	Jose Moreira	Senior	M	Correr Viseu	00:50:28	00:50:05
54	2112	Mário Nunes	M45	M	Individual	00:50:33	00:50:21
55	2044	Manuel João Presas Paiva	Senior	M	Individual	00:50:36	00:50:09
56	2420	José Ribeiro	Senior	M	Individual	00:50:46	00:50:35
57	2306	Paulo Francisco	Senior	M	Cabril BTT	00:50:56	00:50:34
58	2184	Flávio Ferreira	M50	M	Tondela Runners	00:51:09	00:51:02
59	2252	Paulo Silva	M40	M	Individual	00:51:10	00:51:04
60	2414	Miguel Marques	Senior	M	Individual	00:51:23	00:51:05
61	2376	Nuno Fraga	M40	M	Individual	00:51:26	00:51:17
62	2070	JOSE CARLOS COELHO	Senior	M	Individual	00:51:33	00:51:03
63	2262	Décio Sousa	Senior	M	RI14	00:51:36	00:51:21
64	2264	Bruno Lopes	Senior	M	RI14	00:51:36	00:51:22
65	2397	Manuel Correia de sousa	M55	M	Correia de Sousa	00:51:51	00:51:29
66	2143	Jorge Filipe Correia Resende	Senior	M	Execuções	00:52:11	00:52:02
67	2413	Paulo Marques	M45	M	Individual	00:52:13	00:51:53
68	2341	WERNER EBBINGHAUS	Senior	M	Individual	00:52:16	00:51:58
69	2242	Bruno Lima	Senior	M	Individual	00:52:17	00:51:48
70	2126	jose carlos de almeida goncalves	M40	M	Individual	00:52:19	00:52:03
71	2199	ALVARO LOURENÇO	M40	M	FUTEBOL CLUBE RANHADOS	00:52:20	00:52:06
72	2053	João Manuel Nunes	M50	M	Individual	00:52:23	00:52:14
73	2289	Carlos Silva	Senior	M	Adamastor	00:52:37	00:52:07
74	2034	PEDRO ROCHA	Senior	M	Individual	00:52:41	00:52:22
75	2202	Maria Pereira	Senior	F	Dinamo Clube Estação	00:52:43	00:52:09
76	2118	RUI BELEZA	Senior	M	Individual	00:52:49	00:52:32
77	2027	Paulo Batista	Senior	M	Individual	00:53:14	00:52:56
78	2028	Hermínio Lopes	M55	M	Individual	00:53:14	00:53:01
79	2392	Luis Rigueira	Senior	M	Individual	00:53:24	00:53:19
80	2010	João Pedro Costa	Senior	M	Individual	00:53:25	00:52:57
81	2543	Tiago Santos	Senior	M	Individual	00:53:34	00:52:54
82	2081	Carlos Pedro	Senior	M	Individual	00:53:36	00:53:11
83	2297	Fausto Almeida	Senior	M	Ranhados B	00:53:37	00:53:27
84	2430	Nuno Silva	Senior	M	APPACDM	00:53:38	00:53:20
85	2429	Alexandre Silva	Senior	M	APPACDM	00:53:39	00:53:21
86	2127	Nelso Soares	Senior	M	Individual	00:53:39	00:53:21
87	2334	Nuno Trajano	Senior	M	Individual	00:53:41	00:53:18
88	2098	António Gonçalves	Senior	M	Individual	00:53:42	00:53:14
89	2257	Nuno Fernandes	Senior	M	RI14	00:53:44	00:53:13
90	2360	André Baptista	Senior	M	CEKS	00:53:47	00:53:23
91	2115	Hélder Cruz	Senior	M	Individual	00:53:50	00:53:28
92	2211	Eduardo Fernandes	M40	M	Dinamo Clube Estação	00:53:51	00:53:18
93	2041	JOSE ESTEVES	M50	M	Individual	00:53:52	00:51:36
94	2069	idálio Costa Loureiro	M40	M	Individual	00:53:52	00:53:29

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
95	2209	Nuno Santos	M40	M	Dinamo Clube Estação	00:53:53	00:53:33
96	2131	Daniel Ferreira	Senior	M	G.D.RIBEIRINHOS	00:53:58	00:53:40
97	2109	Sandra Ribeiro	Senior	F	Individual	00:54:02	00:53:28
98	2240	Carlos Santos	M40	M	Individual	00:54:02	00:53:42
99	2024	FRANCISCO JOSEBASTO	M55	M	Individual	00:54:06	00:53:31
100	2354	Rafael Bento	Senior	M	CEKS	00:54:07	00:53:41
101	2099	VASCO OLIVEIRA	M65	M	Individual	00:54:09	00:54:08
102	2062	Nuno Cardoso	Senior	M	Individual	00:54:14	00:53:51
103	2056	NUNO RICARDO LOPES SOUSA	Senior	M	Individual	00:54:14	00:53:52
104	2025	NUNO CARVALHO MARTINS	M40	M	Individual	00:54:20	00:54:01
105	2117	JOAO PEREIRA	Senior	M	Individual	00:54:27	00:54:09
106	2191	Maria Inês Gomes	Senior	F	Tondela Runners	00:54:29	00:54:24
107	2303	Pedro Neves	Senior	M	Viseu R	00:54:37	00:54:12
108	2225	Miguel Alves Ferreira	Senior	M	Individual	00:54:37	00:54:13
109	1965	Amadeu Portilha	M45	M	Individual	00:54:42	00:54:42
110	1984	João Rodrigues	Senior	M	Individual	00:54:42	00:54:22
111	2280	Filipe Lourenço	Senior	M	Couto de Cima	00:54:42	00:54:14
112	2371	Helena Victor	Senior	F	Individual	00:54:44	00:49:46
113	2204	João Paulo Correia	M45	M	Dinamo Clube Estação	00:54:47	00:54:27
114	2192	Jorge Goncalo	M45	M	Tondela Runners	00:54:49	00:54:43
115	2431	Eduardo Santos	Senior	M	Individual	00:54:50	00:54:34
116	1133	Diogo Ferreira	Senior	M	Individual	00:54:51	00:54:28
117	2169	Telma Peixoto	Senior	F	PSP Viseu Runners	00:54:51	00:54:40
118	2071	José Miguel Paisana	Senior	M	Individual	00:54:53	00:54:14
119	2375	António Oliveira	M45	M	União de Freguesias de Faile Vila Chã de Sá	00:54:53	00:54:42
120	2082	Celso Miguel Lourenço Ferreira	Senior	M	Individual	00:55:09	00:54:52
121	2177	Nuno José	Senior	M	Correr Viseu	00:55:15	00:54:47
122	2059	ANTÓNIO JOSÉ RODRIGUES DE ALMEIDA	M40	M	Individual	00:55:18	00:55:09
123	2277	Alzira Barros	F40	F	Correr Viseu	00:55:22	00:54:55
124	2187	Nuno Damas	Senior	M	Liberty Seguros	00:55:29	00:55:00
125	2164	António Moita	M45	M	PSP Viseu Runners	00:55:32	00:55:24
126	2017	Rui Morgado	Senior	M	Individual	00:55:36	00:55:19
127	2134	Augusto Lemos	M55	M	G.D.RIBEIRINHOS	00:55:43	00:55:39
128	2416	Henrique Ribeiro	Senior	M	Individual	00:55:43	00:55:38
129	1388	José Lobo	M45	M	Individual	00:55:48	00:55:41
130	2235	Pedro Ferreira	M40	M	Individual	00:55:49	00:55:12
131	2128	Sara Isabel Figueiredo Lopes Lopes	Senior	F	Individual	00:55:52	00:55:46
132	2171	Guilherme Campos	Senior	M	PSP Viseu Runners	00:55:58	00:55:47
133	2206	Nuno Fonseca	Senior	M	Dinamo Clube Estação	00:56:00	00:55:42
134	2077	Luís Duarte	Senior	M	Individual	00:56:07	00:55:33
135	2355	Pedro Coelho	Senior	M	CEKS	00:56:07	00:55:42
136	2068	João Paisana	Senior	M	Individual	00:56:08	00:55:29
137	2248	Rafael Outeiro	Senior	M	Individual	00:56:10	00:55:25
138	2014	Jorge Quaresma	M45	M	Individual	00:56:14	00:55:37
139	2163	Ana Esteves	F40	F	PSP Viseu Runners	00:56:15	00:56:04
140	2282	José Gomes	M45	M	Cardes	00:56:17	00:55:47
141	2086	Pedro Silva	M40	M	Individual	00:56:22	00:55:59

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
142	2011	Manuel Fernandes	Senior	M	Individual	00:56:26	00:55:55
143	2058	David Ferreira	M40	M	Individual	00:56:28	00:56:07
144	2085	Marco Filipe	Senior	M	Individual	00:56:28	00:56:06
145	2324	Jose Oliveira	M40	M	Individual	00:56:37	00:56:00
146	2247	André Sapata	Senior	M	Individual	00:56:37	00:55:52
147	2406	Ruben Fonseca	Senior	M	Individual	00:56:40	00:56:19
148	2016	Carlos Alexandre	M50	M	Individual	00:56:43	00:56:06
149	2189	ARTUR JORGE CASTAÍNÇA	Senior	M	TONDELA RUNNERS	00:56:51	00:56:41
150	2441	Hugo Miguel Guedes	Senior	M	Individual	00:56:58	00:56:45
151	2251	Dina Mota	F40	F	Individual	00:57:07	00:57:02
152	2273	Daniel Gomes	Senior	M	CMViseu	00:57:10	00:56:33
153	2269	Feliciano Sousa	M40	M	CMViseu	00:57:11	00:56:35
154	2183	Humberto Teixeira	M40	M	Correr Viseu	00:57:15	00:56:46
155	2137	JOSÉ OLIVEIRA	M40	M	CEKS - CLUBE ESCOLAS DE KARATE SHUKOKAI	00:57:18	00:57:16
156	2090	Herminio Silva	M60	M	Individual	00:57:21	00:56:48
157	2091	LUIS MANUEL MONTEIRO	M40	M	Individual	00:57:24	00:57:07
158	2172	Sandra Rocha	Senior	F	PSP Viseu Runners	00:57:42	00:57:07
159	2100	Carlos Teixeira	M60	M	Individual	00:57:55	00:57:50
160	2254	Sergio Teixeira	Senior	M	Individual	00:57:55	00:57:50
161	2154	Diogo Gomes	Senior	M	x-men	00:57:55	00:57:23
162	2156	José Almeida	Senior	M	Família Jordano	00:58:00	00:57:46
163	2155	José Peres	M45	M	Família Jordano	00:58:00	00:57:46
164	2352	Carlos Amaral Ferreira	Senior	M	Individual	00:58:12	00:57:38
165	2250	Ricardo Santos	Senior	M	Individual	00:58:15	00:57:39
166	2249	Ricardo Mendes	Senior	M	Individual	00:58:15	00:57:40
167	2347	José Marques	Senior	M	APPACDM	00:58:23	00:57:29
168	2345	Carlos Matos	Senior	M	APPACDM	00:58:23	00:57:28
169	2224	David Pontes Martins	Senior	M	Individual	00:58:29	00:58:15
170	2227	António João Pacheco Amaral	M40	M	Individual	00:58:30	00:58:17
171	2232	DANIEL SILVA	Senior	M	Individual	00:58:31	00:58:14
172	2076	João Pedro Mousinho Santiago	Senior	M	Individual	00:58:39	00:58:21
173	2312	Rita Figueiredo	Senior	F	Atividade Sénior - Álvaro	00:58:50	00:58:22
174	2145	ACACIO FONSECA	M55	M	ELECTRO FONSECA	00:58:52	00:58:49
175	2309	Guilherme Figueiredo	Senior	M	Cabril BTT	00:58:59	00:58:39
176	2325	Carla Oliveira	Senior	F	Individual	00:59:04	00:58:27
177	2279	Clarinda Cunha	F50	F	Correr Viseu	00:59:05	00:58:38
178	2278	João Cunha	M50	M	Correr Viseu	00:59:05	00:58:38
179	2038	Maria de Fatima Ferreira Pipo	F40	F	Individual	00:59:08	00:58:57
180	2400	Nuno Santos	Senior	M	Individual	00:59:12	00:58:39
181	2399	André Nunes	Senior	M	Individual	00:59:12	00:58:39
182	2284	José Bento	M45	M	Cardes	00:59:14	00:58:34
183	2290	Marco Silva	Senior	M	Adamastor	00:59:14	00:58:44
184	2083	Ana Catarina Fonseca Ferreira	Senior	F	Individual	00:59:21	00:59:03
185	2153	António Lemos	M40	M	x-men	00:59:25	00:58:52
186	1396	Rui Pedrinho	M40	M	Individual	00:59:31	00:59:07
187	2120	Ricardo Santos	Senior	M	Individual	00:59:35	00:59:14
188	2052	Nuno Silva	Senior	M	Individual	00:59:44	00:59:19

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
189	2270	João Silva	M40	M	CMViseu	00:59:44	00:59:27
190	2158	Clementina Andrade	F50	F	clube campismo S. João da Madeira	00:59:45	00:59:40
191	2436	João Ribeiro	Senior	M	Individual	00:59:46	00:59:05
192	2313	João Guerra	Senior	M	Atividade Sénior - Álvaro	00:59:58	00:59:20
193	2253	Estefania Lopes	F40	F	Individual	01:00:11	01:00:05
194	2433	Manuel Antonio Martins Antunes	Senior	M	Individual	01:00:11	01:00:09
195	2049	Ana Luísa Mendes	Senior	F	Individual	01:00:21	00:59:53
196	2368	Bruno Carraça	Senior	M	Individual	01:00:32	00:59:58
197	2318	Miguel Almeida	Senior	M	Atividade Sénior - Álvaro	01:00:33	00:59:54
198	3012	Paulo Pinheiro	Senior	M	Banco Big	01:00:43	01:00:12
199	2074	Luís Ribeiro	Senior	M	Individual	01:00:43	01:00:20
200	2110	Sónia Cristina Nascimento	Senior	F	Individual	01:00:44	01:00:05
201	2440	António José Amaral do Nascimento Amaral	Senior	M	Individual	01:00:44	01:00:05
202	2001	Deolinda Rosa Silva	F50	F	Individual	01:00:48	01:00:36
203	2364	José Correia	M40	M	Individual	01:00:55	01:00:40
204	2033	FERNANDA MARIA FIGUEIREDO	F40	F	Individual	01:00:55	01:00:19
205	2276	Paulo Fernandes	M50	M	Correr Viseu	01:00:58	01:00:31
206	2219	Nuno Ribeiro	Senior	M	Individual	01:01:09	01:00:37
207	2372	Raúl Lopes	Senior	M	Individual	01:01:15	01:00:47
208	2019	Orlando Sérgio Martins Gomes Gomes	Senior	M	Individual	01:01:30	01:01:14
209	2000	Carlos Alexandre Graça	M45	M	Individual	01:01:33	01:01:17
210	2151	Paulo Pereira	Senior	M	x-men	01:01:35	01:01:02
211	2343	João Baptista	Senior	M	CEKS	01:01:36	01:01:11
212	2411	Ana Sá	Senior	F	Individual	01:01:38	01:01:10
213	2356	Diogo Ferreira	Senior	M	CEKS	01:01:42	01:01:13
214	2021	Lurdes Henriques	F50	F	Individual	01:01:43	01:01:14
215	2385	Liliane Amaral	Senior	F	Individual	01:01:45	01:01:06
216	2401	Paulo Cruz	Senior	M	Individual	01:01:48	01:01:14
217	2075	Bruno Rodrigues	Senior	M	Individual	01:01:51	01:01:14
218	2307	Marlene Almeida	Senior	F	Cabril BTT	01:01:54	01:01:34
219	2213	Maria Isabel Pinto de Almeida Oliveira	Senior	F	Individual	01:01:55	01:01:40
220	2265	Mauro Coelho	Senior	M	RI14	01:02:02	01:01:47
221	2398	Joana Correia de Sousa	Senior	F	Correia de Sousa	01:02:11	01:01:33
222	2302	Luís Costa	Senior	M	Viseu R	01:02:16	01:01:51
223	2328	Julietta Rodrigues	F40	F	Atividade Sénior - Vera	01:02:18	01:01:40
224	2005	Raul Moita	Senior	M	Individual	01:02:18	01:01:40
225	1391	Catarina Fernandes	Senior	F	Individual	01:02:23	01:02:03
226	2221	Marco Paulo Ferreira de Sousa	Senior	M	Individual	01:02:26	01:01:56
227	2222	Manuela Silva	Senior	F	Individual	01:02:26	01:01:56
228	2167	Emanuel Figueiredo	Senior	M	PSP Viseu Runners	01:02:27	01:01:56
229	2162	José Fino	Senior	M	PSP Viseu Runners	01:02:29	01:01:57
230	2426	Idalésio Costa	M45	M	Individual	01:02:29	01:02:09
231	2207	Nuno Marques	Senior	M	Pindelo de Silgueiros	01:02:29	01:01:51
232	2097	Carla Sofia Gonçalves	Senior	F	Individual	01:02:31	01:02:04
233	2161	Paulo Marques	M40	M	PSP Viseu Runners	01:02:32	01:01:59
234	2050	José Tavares	M50	M	Individual	01:02:33	01:02:06
235	2061	António Paisana	M55	M	Individual	01:02:35	01:01:55

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
236	2032	LILIANA RODRIGUES	Senior	F	Individual	01:02:38	01:02:05
237	2423	Nuno Campos	Senior	M	Individual	01:02:39	01:02:00
238	2220	Liliana Simoes	Senior	F	Individual	01:02:48	01:02:20
239	2437	rita Rebelo	Senior	F	Individual	01:03:04	01:01:12
240	2378	Pedro Loureiro	Senior	M	Individual	01:03:05	01:02:57
241	2133	Artur Mesquita	M55	M	G.D.RIBEIRINHOS	01:03:06	01:03:02
242	2236	Telma Vasconcelos	Senior	F	Individual	01:03:06	01:02:29
243	2234	Carla Santos	Senior	F	Individual	01:03:06	01:02:29
244	2217	Luis Carlos Amaral	Senior	M	Individual	01:03:08	01:02:41
245	2335	Carlos Jorge Sobreira da Silva	Senior	M	Individual	01:03:10	01:02:57
246	2361	João Ferreira	Senior	M	CEKS	01:03:11	01:02:46
247	2362	José Ferreira	Senior	M	CEKS	01:03:12	01:02:46
248	2226	Luis Cravo	M40	M	Individual	01:03:19	01:02:50
249	2245	Mickael Martins	Senior	M	Individual	01:03:22	01:03:22
250	2244	Nuno Silva	Senior	M	Individual	01:03:23	01:03:23
251	2379	LUIS PEDRO FERREIRA	M40	M	Individual	01:03:53	01:03:48
252	2104	Jorge Martins	Senior	M	Individual	01:03:53	01:03:13
253	2266	Elisabete Magalhães	Senior	F	RI14	01:04:15	01:03:39
254	2390	JOAQUIM LAMBO	Senior	M	Individual	01:04:15	01:03:37
255	2228	João Manuel Correia da Cruz	Senior	M	Individual	01:04:31	01:04:18
256	2045	Alcinda Maria Brandao	Senior	F	Individual	01:04:50	01:04:18
257	2323	Ana Augusto	Senior	F	Atividade Sénior - Ermelinda	01:05:00	01:04:25
258	2322	Luís Afonso	Senior	M	Atividade Sénior - Ermelinda	01:05:00	01:04:26
259	2233	Marta Santos	Senior	F	Individual	01:05:06	01:04:28
260	2445	Francisco Ferreira	Senior	M	Individual	01:05:11	01:04:45
261	2271	Daniel Campos	Senior	M	CMViseu	01:05:13	01:04:44
262	2215	HELDER GOMES	Senior	M	Individual	01:05:26	01:04:47
263	2435	Luis Baptista	Senior	M	Individual	01:05:28	01:05:06
264	2353	André Valério	Senior	M	CEKS	01:05:45	01:05:19
265	2357	Gonçalo Bento	Senior	M	CEKS	01:05:45	01:05:20
266	2418	Cristina Ferreira	Senior	F	Vila Nova Campo	01:05:46	01:05:29
267	2417	Ricardo Guerra	Senior	M	Vila Nova Campo	01:05:47	01:05:29
268	2048	Rafael Tavares	Senior	M	Individual	01:05:50	01:05:22
269	2186	Marina Alcazar	Senior	F	Liberty Seguros	01:05:55	01:05:27
270	2088	Pedro Marco Mendes Rodrigues	Senior	M	Individual	01:06:00	01:05:32
271	2084	Paulo Pinho	M40	M	Individual	01:06:02	01:05:45
272	2079	Luís Albuquerque	M55	M	Individual	01:06:12	01:05:53
273	2337	Pedro Ferreira	M40	M	Individual	01:06:26	01:05:51
274	2342	Jose Antunes	M40	M	Individual	01:06:27	01:05:51
275	2036	Filipe Manuel Figueiredo Marques	Senior	M	Individual	01:06:30	01:05:51
276	3013	Isabel Silva	Senior	F	Banco Big	01:06:35	01:06:05
277	2218	Helena Paixão	F40	F	Individual	01:06:36	01:06:08
278	1398	Custódio Ferreira	M45	M	Individual	01:06:40	01:06:11
279	1425	João Marques	Senior	M	Individual	01:06:40	01:06:12
280	2407	HURBANO ALMEIDA MENDONÇA	M45	M	Individual	01:06:55	01:06:20
281	2150	sandra lacerda	F40	F	três entas	01:07:09	01:06:45
282	2149	Cláudia Almeida	F40	F	três entas	01:07:11	01:06:47

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
283	2148	jorge paulo fernandes	M50	M	três entas	01:07:12	01:06:49
284	2320	Manuel Rodrigues	M55	M	Atividade Sénior - Ermelinda	01:07:12	01:07:07
285	2003	SOFIA FERREIRA	Senior	F	Individual	01:07:16	01:06:36
286	2004	ALVARO PEREIRA	Senior	M	Individual	01:07:16	01:06:37
287	2396	Pedro Reis	Senior	M	Individual	01:07:28	01:01:29
288	2424	Ricardo Oliveira	Senior	M	Individual	01:07:29	01:06:53
289	2073	ANTONIO DUARTE RODRIGUES	F50	F	Individual	01:07:30	01:07:07
290	2326	TADEU FERREIRA DE SOUSA CELESTINO	M40	M	CLUBE DE ORIENTAÇÃO DE VISEU	01:07:34	01:06:20
291	2410	Diogo Martins	F50	F	Individual	01:07:47	01:07:12
292	2241	Fábio Portela	Senior	M	Individual	01:07:53	01:07:16
293	2285	Anabela Cunha	F50	F	Cardes	01:07:53	01:07:23
294	2139	Elsa Marques	Senior	F	Individual	01:07:59	01:07:25
295	2203	Ana Gomes	Senior	F	Dinamo Clube Estação	01:08:04	01:07:46
296	2394	Miguel VanZeller	Senior	M	Individual	01:08:27	01:07:47
297	2072	ANA FILIPA SANTOS RODRIGUES	Senior	F	Individual	01:08:28	01:08:05
298	2037	Paulo José Figueiredo Marques	Senior	M	Individual	01:08:39	01:08:04
299	2064	CAROLINA ANTUNES	Senior	F	Individual	01:08:45	01:08:04
300	2422	Claúdio Figueiredo	Senior	M	Individual	01:08:45	01:08:02
301	2365	Rodrigo Oliveira	Senior	M	Individual	01:08:45	01:08:04
302	2006	ANA MARGARIDA DE MELO CARVALHO	Senior	F	Individual	01:08:47	01:08:31
303	2267	Fernando Correia	M45	M	CMViseu	01:08:47	01:08:30
304	2314	Jorge Ferreira	Senior	M	Atividade Sénior - Álvaro	01:08:50	01:08:11
305	2311	Joana Oliveira	Senior	F	Atividade Sénior - Álvaro	01:08:51	01:08:23
306	2321	Ana Antunes	F40	F	Atividade Sénior - Ermelinda	01:09:00	01:08:49
307	2412	Márcio Pereira	Senior	M	Individual	01:09:00	01:08:40
308	2179	José Santos	Senior	M	Correr Viseu	01:09:01	01:08:35
309	2292	Marta Sofia Lopes	Senior	F	Acomp. Prime	01:09:04	01:08:55
310	2040	Vera Cardoso	Senior	F	Individual	01:09:05	01:08:41
311	2039	Filipe Fernandes	Senior	M	Individual	01:09:06	01:08:41
312	2391	Tiago Gonçalves	Senior	M	Individual	01:09:25	01:09:25
313	2023	MARIA AMELIA SARAIVA ALMEIDA	Senior	F	Individual	01:09:33	01:08:57
314	2358	Ana Lopes	Senior	F	CEKS	01:09:37	01:09:10
315	2359	Mónica Baptista	Senior	F	CEKS	01:09:37	01:09:12
316	2421	Ricardo Ferrão	Senior	M	Individual	01:09:44	01:09:06
317	2317	Carolina Santos	Senior	F	Atividade Sénior - Álvaro	01:09:44	01:09:06
318	2275	Elisabete Loureiro	Senior	F	Atividade Sénior - Vera	01:10:07	01:09:46
319	2013	Ana Marie Oliveira de Almeida	Senior	F	Individual	01:10:08	01:09:36
320	2415	José Dinis Martins	Senior	M	Individual	01:10:23	01:10:04
321	2214	Cecília Fernandes Almeida	Senior	F	Individual	01:10:28	01:10:13
322	2367	Cátia Magalhães	Senior	F	Individual	01:10:59	01:10:25
323	2107	Susana Martins	Senior	F	Individual	01:11:00	01:10:27
324	2166	Carlos Seixas	Senior	M	PSP Viseu Runners	01:11:16	01:08:46
325	2333	Paulo Duarte	Senior	M	Individual	01:11:18	01:08:50
326	2063	João Ferreira	Senior	M	Individual	01:11:18	01:11:06
327	2046	Rui Almeida	Senior	M	Individual	01:11:33	01:11:15
328	2304	Eduardo Oliveira	Senior	F	Viseu O	01:11:33	01:11:09
329	2381	Maria Peres	Senior	F	Individual	01:11:42	01:11:31

Lugar	Dorsal	Nome	Categoria	Sexo	Clube	Tempo Oficial	Tempo Chip
330	2443	Marta Gouveia	Senior	F	Individual	01:11:55	01:11:20
331	2125	MILENE GOMES	Senior	F	Individual	01:12:17	01:11:38
332	2124	DANIEL ROCHA	Senior	M	Individual	01:12:18	01:11:39
333	2438	Francisco Agostinho	Senior	M	Individual	01:12:18	01:11:48
334	2439	Sara Marques	Senior	F	Individual	01:12:20	01:11:51
335	2291	Tania Oliveira	Senior	F	Acomp. Prime	01:12:39	01:12:30
336	2201	Paula Sobral	F40	F	Lolita	01:12:50	01:12:33
337	2200	José Carlos Sousa	M40	M	Lolita	01:12:50	01:12:34
338	2012	MARTA RODRIGUES	Senior	F	Individual	01:13:01	01:12:45
339	2286	Paula Marques	F40	F	Cardes	01:13:03	01:12:32
340	2419	Eunice Loureiro	Senior	F	Individual	01:13:15	01:12:50
341	2138	Estrela Faro	F40	F	Correr Viseu	01:13:15	01:12:50
342	2446	Henrique Duarte	Senior	M	Individual	01:13:22	01:12:56
343	2395	Manuel Pedro Sousa Vanzeller Silva	M45	M	Individual	01:14:00	01:13:33
344	2018	Vera Pina	Senior	F	Individual	01:14:00	01:13:14
345	2473	Olga Pádua	F40	F	Cooose Team	01:14:43	01:14:19
346	2384	José Martins	M40	M	Individual	01:15:19	01:14:51
347	2373	Pedro Marques	Senior	M	União de Freguesias de Faile Vila Chã de Sá	01:16:20	01:16:08
348	2042	António Moura	M55	M	Individual	01:16:26	01:16:20
349	2060	Cristina Maria Gomes Marques	F40	F	Individual	01:16:29	01:16:09
350	2408	Ana Maria Rodrigues	F40	F	Individual	01:16:34	01:16:14
351	2315	Claúdia Ferreira	Senior	F	Atividade Sénior - Álvaro	01:17:28	01:17:19
352	2174	Catarina Baptista	Senior	F	Correr Viseu	01:17:52	01:17:26
353	2055	Elisabete Rodrigues da Cruz	F40	F	Individual	01:19:01	01:18:29
354	2346	Marco António Gomes	Senior	M	Individual	01:19:13	01:18:36
355	2229	ZAIDA GORGULHO	F40	F	Individual	01:19:15	01:18:55
356	2230	LUIS MARTINS	M50	M	Individual	01:19:16	01:18:55
357	2111	Maria Miquelina Silva Dias Martins	F50	F	Individual	01:19:38	01:19:38
358	2383	Rui Martins	Senior	M	Individual	01:19:58	01:19:22
359	2382	Nicole Rodrigues	Senior	F	Individual	01:19:58	01:19:19
360	2210	Pedro Silva	Senior	M	Dinamo Clube Estação	01:19:59	01:19:38
361	2272	Octávio Bastos	M50	M	CMViseu	01:20:01	01:19:44
362	2180	Miguel Santos	Senior	M	Correr Viseu	01:20:02	01:19:38
363	2338	Adelino Figueiredo	M45	M	Individual	01:20:04	01:19:48
364	2298	Maria Frias	F50	F	Bodiosa	01:20:13	01:19:36
365	2374	Inês Marques	Senior	F	União de Freguesias de Faile Vila Chã de Sá	01:20:14	01:20:02
366	2216	CATARINA CARDOSO	Senior	F	Individual	01:22:41	01:22:00
367	2054	Dorabela Gamboa	F40	F	Individual	01:23:01	01:22:29
368	1059	ANTÓNIO MOITA	Senior	M	Individual	01:23:36	01:23:36
369	2020	Helder Henriques	M55	M	Individual	01:25:29	01:25:01
370	2405	Renato de Carvalho	Senior	M	Individual	01:25:31	01:24:57
371	2380	Adriana Figueiredo	Senior	F	Individual	01:25:32	01:25:02
372	2105	Fernanda Lachado	F40	F	Individual	01:27:31	01:26:59
373	2106	José Rocha	M40	M	Individual	01:27:31	01:26:59
374	2281	Maria Abreu	F50	F	Lordosa C	01:27:36	01:27:06
375	2319	Esmeraldo Marques	Senior	M	Atividade Sénior - Ermelinda	01:41:30	01:41:29
376	2388	Manuel Quintela	Senior	M	Individual	01:49:51	01:49:51