

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
1	6005	André Cunha	JunioresM	M	Individual	00:33:25	00:33:23
2	5367	Mário Teixeira	M40	M	Escola de Atletismo de Coimbra - ARC	00:33:46	00:33:43
3	5487	Paulo Mendes	SenioresM	M	Centro de Atletismo de Seia	00:33:59	00:33:56
4	5639	Carlos Nunes	SenioresM	M	Casa do Povo de Mangualde	00:34:22	00:34:19
5	5572	Bruno Gaspar	SenioresM	M	Atletico Clube de Vermoil	00:34:34	00:34:30
6	5556	Tiago Madureira	SenioresM	M	Individual	00:34:46	00:34:42
7	5484	Rui Rodrigues	M35	M	Associação Académica de Coimbra	00:35:15	00:35:10
8	5483	Rui Lopes	M35	M	Associação Académica de Coimbra	00:35:18	00:35:12
9	5044	Fábio Abrantes	SenioresM	M	Individual	00:37:27	00:37:24
10	5478	Hugo Coelho	M45	M	ARSM - Associação Recreativa de S. Miguel	00:38:00	00:37:55
11	5466	Ricardo Simões	M50	M	Individual	00:38:26	00:38:07
12	5610	Alberto Fonte	M40	M	Individual	00:38:43	00:38:35
13	5452	Adérito Fontes	M50	M	Escola de Atletismo de Coimbra - ARC	00:38:51	00:38:45
14	5571	Nuno Pinho	M35	M	Individual	00:39:01	00:38:52
15	5758	Lourenço Leitão	M45	M	Individual	00:39:10	00:39:02
16	5557	Ruben Baptista	JunioresM	M	Individual	00:39:16	00:39:12
17	5553	Pedro Ferreira	M40	M	Atletico Clube de Vermoil	00:39:18	00:39:08
18	5764	Fernando Almeida	SenioresM	M	Jogging Lovers Coimbra	00:39:36	00:39:24
19	5424	Pedro Gerardo	M50	M	Individual	00:40:09	00:40:02
20	5565	Tiago Correia	SenioresM	M	Maratona Clube Vila Chã	00:40:10	00:40:02
21	6001	Cátia Costa	SenioresF	F	Maia A.C.	00:40:32	00:40:29
22	5456	Emanuel Correia	SenioresM	M	Escola de Atletismo de Coimbra - ARC	00:40:58	00:39:58
23	6002	Nuno Goncalves	SenioresM	M	Maia A.C.	00:41:04	00:41:00
24	5485	Fábio Lopes	JunioresM	M	Individual	00:41:19	00:41:01
25	5089	Toze Almeida	M40	M	Bttrain	00:41:28	00:41:20
26	5570	Joaquim Martins	M45	M	DCI Run Team-Mealhada	00:41:40	00:41:33
27	5668	Rui Pereira	M40	M	Escola de Atletismo de Coimbra - ARC	00:41:56	00:41:50
28	5143	Marta Lobo	SenioresF	F	Associação Académica de Coimbra	00:42:23	00:42:19
29	5698	Ricardo Monteiro	SenioresM	M	Individual	00:42:43	00:41:36
30	5777	Tommaso Ruggiero	SenioresM	M	Individual	00:43:02	00:42:31
31	5053	António Torres	M50	M	Individual	00:43:08	00:42:47
32	5252	Bruno Bernardes	SenioresM	M	Individual	00:43:19	00:43:11
33	5006	Mário Carvalho	M50	M	Individual	00:43:24	00:43:08
34	5733	Cátia Mendes	JunioresF	F	Centro de Atletismo de Seia	00:43:36	00:43:31
35	5526	Daniel Ramos	SenioresM	M	Jogging Lovers Coimbra	00:43:44	00:43:35
36	5090	Aurélio Saúde	M35	M	Jogging Lovers Coimbra	00:43:50	00:43:42
37	5259	Pedro Varela	M40	M	Individual	00:43:55	00:43:50
38	5667	Ricardo Monteiro	SenioresM	M	Escola de Atletismo de Coimbra - ARC	00:44:00	00:43:30
39	5626	Eugenio Neves	M45	M	Individual	00:44:03	00:43:28
40	5531	Joao Figueiredo	JunioresM	M	Viriathvs Runners Viseu	00:44:06	00:43:27
41	5633	Pedro Santos	M45	M	Individual	00:44:11	00:42:25
42	5083	Francisco Martins	SenioresM	M	Jogging Lovers Coimbra	00:44:11	00:43:58
43	5647	David BartoÃ?	SenioresM	M	Individual	00:44:14	00:43:28
44	5736	Ricardo Melo	M35	M	Individual	00:44:27	00:43:52
45	5440	Vítor Pinheiro	SenioresM	M	Longlegs	00:44:28	00:43:48

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
46	5310	João Andrade	SenioresM	M	Individual	00:44:29	00:43:37
47	5552	Deonilde Costa	F40	F	Atletico Clube de Vermoil	00:44:31	00:44:21
48	5362	André Aguiar	SenioresM	M	PSP Centro Runners	00:44:51	00:44:30
49	5628	Rui Silva	M40	M	Escola de Atletismo de Coimbra - ARC	00:44:54	00:43:47
50	5714	Nuno Santos	SenioresM	M	Individual	00:45:01	00:44:33
51	5104	João Pinho	M40	M	Individual	00:45:02	00:44:39
52	5235	Sérgio Serra	SenioresM	M	Individual	00:45:18	00:44:54
53	5454	André Fernandes	M40	M	Escola de Atletismo de Coimbra - ARC	00:45:20	00:44:51
54	5797	Dany Melo	SenioresM	M	Individual	00:45:21	00:44:50
55	5287	Mário Martins	M40	M	GNR CBR	00:45:29	00:45:10
56	5277	Alvaro Mano	M40	M	GNR CBR	00:45:43	00:45:23
57	5096	Luís Nuno	SenioresM	M	Jogging Lovers Coimbra	00:46:00	00:46:00
58	5026	Jorge Assunção	M50	M	Individual	00:46:04	00:45:05
59	5532	João Nunes	M50	M	Viriathvs Runners Viseu	00:46:10	00:45:42
60	5645	Pedro Craveiro	M40	M	PIRATAS RUNNERS	00:46:14	00:44:46
61	5344	Carlos Pais	M50	M	PSP Centro Runners	00:46:15	00:46:02
62	5439	Ricardo Pereira	SenioresM	M	Longlegs	00:46:15	00:45:35
63	5046	Samuel Martinho	SenioresM	M	Individual	00:46:43	00:46:05
64	5354	Joaquim Pessoa	M55	M	CASA DO BENFICA CONDEIXA	00:46:52	00:45:47
65	5735	Guilherme Oliveira	SenioresM	M	Individual	00:46:58	00:45:15
66	5547	João Veríssimo	SenioresM	M	Individual	00:47:11	00:46:25
67	5455	Nuno Cortesão	M35	M	Escola de Atletismo de Coimbra - ARC	00:47:12	00:46:43
68	5727	Pedro Antunes	M40	M	CMVISEU	00:47:21	00:45:32
69	5241	João Carvalho	M35	M	Individual	00:47:22	00:46:03
70	5734	Carlos Vidal	SenioresM	M	Individual	00:47:25	00:45:42
71	5204	Manuel Antunes	M35	M	Individual	00:47:26	00:47:17
72	5056	Bento Baptista	M60	M	CLUVE	00:47:37	00:47:30
73	5596	Rafael Matias	SenioresM	M	Individual	00:47:44	00:46:36
74	5716	Silvério Gomes	M35	M	Individual	00:47:54	00:46:19
75	5181	Fábio Portela	SenioresM	M	Individual	00:48:10	00:47:31
76	5334	Carlos Garrido	M55	M	Individual	00:48:15	00:46:31
77	5343	Paulo Morais	M35	M	PSP Centro Runners	00:48:19	00:47:59
78	5550	Augusto Silva	M45	M	Individual	00:48:22	00:48:02
79	5500	João Umbelino	JunioresM	M	Individual	00:48:26	00:47:57
80	5632	Paulo Bernardo	SenioresM	M	Jumbo de Coimbra	00:48:35	00:48:27
81	5501	Claudia Domingues	SenioresF	F	Individual	00:48:53	00:48:42
82	5470	Filipe Santos	SenioresM	M	Individual	00:48:53	00:47:54
83	5406	António Leitão	M55	M	"Xefes"	00:49:01	00:49:01
84	5250	Paulo Santos	M40	M	JPAIVA-Engenharia e Construção/PARAMAQUINAS	00:49:01	00:48:51
85	5078	Sara Silva	SenioresF	F	Jogging Lovers Coimbra	00:49:09	00:49:01
86	5558	Carlos Gonçalves	M35	M	Lentinhos	00:49:12	00:48:50
87	5617	Pedro Gonçalves	M35	M	Phive - Health & Fitness Centers	00:49:14	00:48:48
88	5479	Idálio Loureiro	M40	M	Individual	00:49:14	00:48:50
89	5084	Hugo Dâmaso	M35	M	Jogging Lovers Coimbra	00:49:18	00:49:03
90	5767	Nuno Franco	M35	M	Individual	00:49:32	00:49:22

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
91	5141	Rafael Pragana	JunioresM	M	Jogging Lovers Coimbra	00:49:35	00:49:17
92	5363	Paulo Lucas	M40	M	Individual	00:49:41	00:48:56
93	5405	Filipe Mendes	M40	M	Individual	00:49:44	00:48:55
94	5088	João Reis	SenioresM	M	Jogging Lovers Coimbra	00:49:54	00:48:48
95	5597	Luis Branco	M35	M	Individual	00:49:54	00:49:29
96	5240	Nuno Silva	M35	M	Individual	00:50:00	00:49:42
97	5583	José Lucas	SenioresM	M	Individual	00:50:03	00:49:07
98	5129	Pedro Lemos	M45	M	Jogging Lovers Coimbra	00:50:09	00:48:48
99	5210	Nuno Alegria	M35	M	Individual	00:50:11	00:49:10
100	5120	Pedro Gameiro	SenioresM	M	Individual	00:50:15	00:48:35
101	5347	José Silva	M50	M	PSP Centro Runners	00:50:15	00:50:03
102	5135	Paulo Abrantes	SenioresM	M	BARC	00:50:27	00:49:12
103	5348	Sónia Mamede	SenioresF	F	Individual	00:50:29	00:49:58
104	5223	Henrique Simões	M40	M	Individual	00:50:30	00:50:27
105	5095	Filipe Costa	SenioresM	M	Individual	00:50:32	00:49:24
106	5229	Luis Rosa	M40	M	Individual	00:50:35	00:50:25
107	5459	José Lemos	M40	M	Lusitanos	00:50:35	00:49:41
108	5428	João Neves	M45	M	Individual	00:50:36	00:48:41
109	5447	Augusto Gomes	SenioresM	M	Individual	00:50:36	00:49:39
110	5318	Bruno Jesus	SenioresM	M	PSP Centro Runners	00:50:36	00:49:46
111	5585	António Lourenço	M40	M	Individual	00:50:38	00:50:18
112	5027	André Assunção	SenioresM	M	Individual	00:50:38	00:49:38
113	5364	Joana Inês	SenioresF	F	Individual	00:50:46	00:49:28
114	5294	Ruben Cantante	SenioresM	M	Individual	00:50:46	00:49:29
115	5017	Célia Pereira	SenioresF	F	Individual	00:50:55	00:50:14
116	5776	Francisco Fernandes	M50	M	Individual	00:50:59	00:50:29
117	5061	Nuno Almeida	M35	M	CNPD	00:50:59	00:49:17
118	5361	Manuel Aguiar	M35	M	PSP Centro Runners	00:51:00	00:50:40
119	5284	Agnelo Marques	M40	M	Individual	00:51:03	00:50:32
120	5072	Francisco Santos	M35	M	BARC	00:51:05	00:49:50
121	5057	Carlos Lopes	M60	M	CLUVE	00:51:07	00:51:02
122	5180	Acílio Noro	M40	M	Individual	00:51:07	00:50:09
123	5248	Ana Gonçalves	F50	F	Individual	00:51:12	00:50:59
124	5791	Bruno Antunes	SenioresM	M	Individual	00:51:16	00:50:48
125	5272	Henrique Armindo	M45	M	GNR CBR	00:51:18	00:50:41
126	5747	Rui Gomes	M55	M	Individual	00:51:31	00:50:53
127	5554	Nuno Jose	M35	M	Individual	00:51:34	00:51:14
128	5059	Joao Braga	M35	M	Individual	00:51:34	00:50:30
129	5464	Edmundo Marquês	SenioresM	M	Phive - Health & Fitness Centers	00:51:41	00:50:12
130	5504	Alcinda Brandão	SenioresF	F	2OnTrail	00:51:45	00:51:37
131	5480	Fernando Sousa	SenioresM	M	Individual	00:51:46	00:50:21
132	5140	Emanuel Ferreira	SenioresM	M	Jogging Lovers Coimbra	00:51:52	00:51:35
133	5648	Rui Monteiro	M45	M	Individual	00:51:52	00:50:45
134	5490	Pedro Fontes	M40	M	Individual	00:51:58	00:50:54
135	5244	Alzira Barros	F40	F	ritarunners	00:52:04	00:50:29

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
136	5280	José Serrano	M45	M	Individual	00:52:04	00:51:52
137	5416	Martín Sánchez	SenioresM	M	Individual	00:52:05	00:50:55
138	5417	Martín Sánchez	M50	M	Individual	00:52:05	00:50:56
139	5214	Tony Lopes	M35	M	Individual	00:52:08	00:51:47
140	5432	Vítor Marques	SenioresM	M	NEL_Pédatleta	00:52:08	00:51:04
141	5750	Antonio Rasteiro	SenioresM	M	Individual	00:52:11	00:50:11
142	5677	Luís Novais	M45	M	PSP Centro Runners	00:52:16	00:51:57
143	5156	Ricardo Veloso	M35	M	Individual	00:52:18	00:51:01
144	5011	Joana Lemos	SenioresF	F	Individual	00:52:19	00:50:57
145	5433	Pedro Saraiva	M45	M	Individual	00:52:25	00:51:23
146	5311	Rafael Vaz	SenioresM	M	Individual	00:52:31	00:51:38
147	5540	Rui Pires	M40	M	Viriathvs Runners Viseu	00:52:40	00:52:03
148	5544	Tiago Coelho	JunioresM	M	Viriathvs Runners Viseu	00:52:40	00:52:00
149	5086	Frederico Carvalho	SenioresM	M	Individual	00:52:43	00:51:30
150	5147	Nuno Afonso	M35	M	Individual	00:52:48	00:50:43
151	5269	Ana Brandão	SenioresF	F	Individual	00:52:59	00:52:23
152	5338	Ricardo Madureira	M50	M	Individual	00:53:00	00:51:54
153	5388	João Salustiano	M40	M	Divisão Desporto CMC	00:53:14	00:51:18
154	5103	Marisa Lopes	F35	F	Individual	00:53:17	00:52:54
155	5109	José Lopes	M45	M	USF Cruz de Celas Coimbra	00:53:17	00:52:01
156	5778	Dora Serra	F35	F	Individual	00:53:18	00:52:08
157	5114	Joao Ferreira	SenioresM	M	Fonte Nova Runners	00:53:18	00:52:21
158	5226	João Teixeira	M40	M	Individual	00:53:31	00:53:13
159	5196	Joaquim Branquinho	M60	M	Coimbra Trail Running	00:53:36	00:52:01
160	5707	Miguel Coimbra	M50	M	Individual	00:53:37	00:52:32
161	5539	Rafael Dias	JunioresM	M	Viriathvs Runners Viseu	00:53:42	00:52:59
162	5666	Fernando Silva	M50	M	Individual	00:53:45	00:53:16
163	5509	Fernando Simões	SenioresM	M	Individual	00:53:46	00:52:41
164	5122	Rui Almeida	M35	M	Individual	00:53:52	00:52:48
165	5425	João Lourenço	SenioresM	M	Individual	00:53:55	00:52:02
166	5168	José Natálio	M45	M	Individual	00:53:58	00:52:58
167	5208	Sonia Rodrigues	SenioresF	F	Individual	00:54:00	00:53:12
168	5527	Diogo Novo	SenioresM	M	Viriathvs Runners Viseu	00:54:01	00:53:21
169	5796	Carlos Queiroz	M35	M	Individual	00:54:03	00:52:26
170	5646	Joel Oliveira	SenioresM	M	PIRATAS RUNNERS	00:54:10	00:52:41
171	5279	Mario Valada	M45	M	Individual	00:54:25	00:53:20
172	5715	Paulo Cruz	M35	M	Individual	00:54:25	00:53:59
173	5566	Helder Magalhães	SenioresM	M	Individual	00:54:29	00:53:36
174	5197	Francisco Duarte	M35	M	Individual	00:54:33	00:52:54
175	5588	Bernardo Antunes	JunioresM	M	Individual	00:54:35	00:52:35
176	5537	Paulo Nogueira	M40	M	Viriathvs Runners Viseu	00:54:35	00:53:57
177	5636	Nuno Mendes	M40	M	Phive - Health & Fitness Centers	00:54:36	00:53:48
178	5309	Carlos Santos	M45	M	Individual	00:54:41	00:52:45
179	5413	George Martins	M35	M	Individual	00:54:42	00:53:36
180	5726	Paulo Fonseca	M40	M	CMVISEU	00:54:43	00:52:53

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
181	5429	Adriano Santos	SenioresM	M	Jogging Lovers Coimbra	00:54:47	00:54:30
182	5615	Vítor Gonçalves	M50	M	Individual	00:54:49	00:52:55
183	5754	António Oliveira	M40	M	Individual	00:54:56	00:52:47
184	5256	Vasco Araújo	M35	M	Individual	00:54:57	00:54:45
185	5535	Maria Vale	F45	F	Viriathvs Runners Viseu	00:54:59	00:54:40
186	5446	Paulo Curado	M40	M	PSP Centro Runners	00:55:02	00:54:12
187	5453	Ana Ferreira	SenioresF	F	Escola de Atletismo de Coimbra - ARC	00:55:02	00:54:13
188	5119	Manuel Gracio	M55	M	Individual	00:55:03	00:53:23
189	5713	Luis Amaral	M40	M	Individual	00:55:04	00:53:23
190	5246	Paulo Fernandes	M50	M	ritarunners	00:55:04	00:53:24
191	5283	Miguel Duarte	M35	M	Individual	00:55:15	00:53:47
192	5352	Carlos Claro	M55	M	CASA DO BENFICA CONDEIXA	00:55:20	00:55:03
193	5766	Tiago Ramalho	SenioresM	M	Run CH Run	00:55:22	00:53:48
194	5567	Emanuel Dias	SenioresM	M	Individual	00:55:22	00:54:30
195	5519	José Jorge	M35	M	Individual	00:55:23	00:53:45
196	5325	João Modesto	M45	M	Individual	00:55:23	00:53:52
197	5243	Andre´ Mendes	M35	M	Individual	00:55:25	00:53:54
198	5055	António Tavares	M60	M	CLUVE	00:55:27	00:55:21
199	5358	Afonso Macedo	M60	M	Individual	00:55:29	00:55:22
200	5274	Liliana Santiago	F35	F	Individual	00:55:30	00:55:04
201	5186	Ricardo Romano	SenioresM	M	Individual	00:55:31	00:55:31
202	5783	Virgílio Neto	M35	M	Individual	00:55:41	00:54:52
203	5375	Ana Silva	SenioresF	F	Individual	00:55:41	00:54:24
204	5574	Bruno Batista	M35	M	Individual	00:55:47	00:54:33
205	5575	Susana Mesquita	SenioresF	F	Individual	00:55:47	00:54:33
206	5212	Daniel Toscano	M35	M	Individual	00:55:53	00:55:15
207	5314	Rafael Dinis	M40	M	PSP Centro Runners	00:55:54	00:55:25
208	5722	João Silva	M40	M	CMVISEU	00:55:56	00:54:07
209	5422	Teresa Gonçalves	F35	F	os mancos	00:56:00	00:54:57
210	5420	Jorge Neves	M35	M	os mancos	00:56:00	00:54:58
211	5321	André Pereira	SenioresM	M	Divisão Desporto CMC	00:56:02	00:54:24
212	5007	Carlos Barroso	M45	M	Individual	00:56:06	00:54:43
213	5302	Miguel Pimentel	M35	M	Individual	00:56:06	00:54:42
214	5619	José Carvalho	M35	M	Jumbo de Coimbra	00:56:08	00:54:44
215	5740	Romeu Marto	SenioresM	M	Individual	00:56:10	00:54:10
216	5353	Dina Barroca	F40	F	CASA DO BENFICA CONDEIXA	00:56:14	00:54:35
217	5327	Tiago Figo	SenioresM	M	Individual	00:56:18	00:54:13
218	5460	Paulo Pereira	M35	M	Lusitanos	00:56:22	00:55:28
219	5107	Pedro Galamarra	SenioresM	M	Individual	00:56:23	00:55:01
220	5399	Silvino Cunha	M55	M	Individual	00:56:23	00:55:17
221	5594	Samuel Torres	M40	M	Jogging Lovers Coimbra	00:56:25	00:56:13
222	5357	Sónia Lima	F35	F	CASA DO BENFICA CONDEIXA	00:56:27	00:54:48
223	5293	Filipa Almeida	SenioresF	F	Individual	00:56:27	00:55:25
224	5231	Daniel Azevedo	SenioresM	M	Individual	00:56:30	00:55:43
225	5230	João Azevedo	M45	M	Individual	00:56:31	00:55:45

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
226	5070	Luís Avó	M35	M	Individual	00:56:39	00:55:16
227	5673	Carlos Simões	M55	M	Individual	00:56:40	00:55:27
228	5559	João Almeida	M35	M	Lentinhos	00:56:45	00:56:23
229	5548	Gonçalo Carvalheiro	SenioresM	M	Individual	00:56:47	00:54:46
230	5611	José Sequeira	M60	M	Individual	00:56:55	00:55:30
231	5423	Vasco Melo	M40	M	os mancos	00:56:55	00:55:54
232	5170	André Botelho	SenioresM	M	Eira Botelho	00:56:58	00:56:19
233	5118	Ana Gracio	SenioresF	F	Individual	00:57:03	00:55:25
234	5060	João Rainho	SenioresM	M	Individual	00:57:08	00:56:42
235	5124	Paulo Matos	M35	M	Individual	00:57:10	00:55:49
236	5138	Liliana Pragana	SenioresF	F	Jogging Lovers Coimbra	00:57:16	00:56:59
237	5142	Joaquim Pragana	M55	M	Jogging Lovers Coimbra	00:57:17	00:57:00
238	5779	Joana Araújo	F35	F	Individual	00:57:17	00:55:23
239	5739	Pedro Silva	M40	M	Individual	00:57:21	00:56:01
240	5033	Duarte Baena	SenioresM	M	Individual	00:57:23	00:56:24
241	5131	Maria Machado	F50	F	Individual	00:57:27	00:56:49
242	5390	Maria Machado	F50	F	Divisão Desporto CMC	00:57:30	00:56:51
243	5401	Ângelo Fonseca	M40	M	Magical Mushrooms	00:57:32	00:57:08
244	5384	Luis Duarte	M40	M	Individual	00:57:34	00:56:14
245	5271	Armando Pereira	M45	M	GNR CBR	00:57:35	00:56:59
246	5296	Ana Calado	SenioresF	F	Individual	00:57:38	00:57:01
247	5275	Claudio Gonçalves	M40	M	Individual	00:57:38	00:56:38
248	5029	Nuno Monteiro	SenioresM	M	Devolvidos	00:57:43	00:56:41
249	5784	Ana Domingues	SenioresF	F	Individual	00:57:45	00:56:49
250	5087	Inês Loureiro	SenioresF	F	Individual	00:57:48	00:55:59
251	5041	Ana Gil	SenioresF	F	Individual	00:57:50	00:56:07
252	5407	José Ferreira	M35	M	"Xefes"	00:57:51	00:57:51
253	5685	Ana Fonseca	SenioresF	F	USF Cruz de Celas Coimbra	00:57:51	00:56:49
254	5251	Ana Pinto	F35	F	Individual	00:57:52	00:56:21
255	5438	Luis Brandao	M40	M	Individual	00:57:53	00:56:25
256	5662	Joel Lopes	SenioresM	M	Fricaminne	00:57:57	00:56:04
257	5705	Joao Nogueira	SenioresM	M	Individual	00:58:00	00:57:00
258	5335	António Marcelo	M40	M	"Não estamos bem..."	00:58:07	00:56:04
259	5336	Luís Correia	M35	M	"Não estamos bem..."	00:58:07	00:56:04
260	5245	Óscar Rocha	M55	M	ritarunners	00:58:09	00:56:26
261	5025	Helena Lopes	F35	F	Individual	00:58:10	00:57:12
262	5684	Ana Duarte	F35	F	Lamego	00:58:11	00:58:06
263	5153	Andre Carvalho	M35	M	Individual	00:58:12	00:57:04
264	5708	Eugénia Ellias	F40	F	Individual	00:58:17	00:57:26
265	5785	Nuno Cabral	M40	M	Individual	00:58:17	00:56:07
266	5495	Tiago Queirós	SenioresM	M	Individual	00:58:18	00:56:36
267	5410	Francisco Norte	M35	M	Os bonitos	00:58:19	00:57:02
268	5561	José Perdigoto	SenioresM	M	Individual	00:58:20	00:56:19
269	5297	Soraia Batista	SenioresF	F	Individual	00:58:20	00:56:59
270	5036	Nuno Lopes	M35	M	Zás-trás	00:58:20	00:56:59

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
271	5520	Alice Ventura	F45	F	Individual	00:58:21	00:57:36
272	5602	Ricardo Pereira	SenioresM	M	Individual	00:58:22	00:56:20
273	5158	Paulo Carvalho	M40	M	Manos Carvalho	00:58:28	00:57:05
274	5159	Pedro Carvalho	SenioresM	M	Manos Carvalho	00:58:28	00:57:05
275	5171	António Botelho	M55	M	Eira Botelho	00:58:30	00:57:47
276	5203	Cristiana Silva	SenioresF	F	Individual	00:58:42	00:57:05
277	5323	Pedro Santos	M35	M	Divisão Desporto CMC	00:58:42	00:57:04
278	5788	Luís Simões	M40	M	Individual	00:58:45	00:57:41
279	5461	Cláudia Isidoro	F40	F	Individual	00:58:47	00:57:11
280	5216	Filipe Pratas	M35	M	Individual	00:58:50	00:57:11
281	5372	Rita Teixeira	SenioresF	F	Individual	00:58:52	00:58:02
282	5623	Miguel Santos	M40	M	Individual	00:58:52	00:57:42
283	5042	Sofia Santos	F35	F	Individual	00:58:58	00:57:15
284	5786	Tiago Patrão	SenioresM	M	Individual	00:58:59	00:57:38
285	5650	Fernando Teixeira	M45	M	Individual	00:59:02	00:57:55
286	5445	Nuno Batista	M45	M	Fricaminne	00:59:05	00:57:08
287	5444	Miguel Ferreira	M45	M	Fricaminne	00:59:05	00:57:07
288	5481	Claudia Costa	SenioresF	F	Individual	00:59:14	00:58:05
289	5721	Fernando Correia	M45	M	CMVISEU	00:59:18	00:57:26
290	5307	Pedro Colenci	M35	M	Liberty Seguros	00:59:19	00:57:47
291	5094	Pedro Simões	SenioresM	M	Individual	00:59:20	00:58:22
292	5723	Joaquim Seixas	M55	M	CMVISEU	00:59:20	00:58:07
293	5360	Sílvia Saraiva	F45	F	Individual	00:59:26	00:57:49
294	5194	Aurélio Carvalho	M60	M	Individual	00:59:28	00:59:20
295	5792	Eduardo Ferreira	SenioresM	M	Individual	00:59:28	00:57:57
296	5709	Andrea Lopes	SenioresF	F	Os Caracóis Furiosos	00:59:29	00:57:52
297	5165	Vanda Vendeirinho	F35	F	TURTLES :)	00:59:30	00:58:15
298	5746	João Rodrigues	SenioresM	M	Individual	00:59:33	00:57:32
299	5560	Bruno Ventura	M40	M	Individual	00:59:34	00:58:18
300	5551	Filipa Pimenta	F35	F	Individual	00:59:36	00:59:08
301	5221	Artur Cordeiro	M60	M	Phive - Health & Fitness Centers	00:59:39	00:58:48
302	5291	Gonçalo Vale	SenioresM	M	Individual	00:59:40	00:59:17
303	5329	Ana Teixeira	SenioresF	F	Individual	00:59:41	00:59:17
304	5517	Carla Lopes	F35	F	turbo-lentos	00:59:42	00:58:19
305	5077	Tiago Costa	SenioresM	M	Individual	00:59:44	00:57:59
306	5355	Marisa Amaral	SenioresF	F	CASA DO BENFICA CONDEIXA	00:59:48	00:58:09
307	5518	Luis Bonito	M40	M	turbo-lentos	00:59:48	00:58:25
308	5462	Nuno Vasconcelos	SenioresM	M	Coimbra Trail Running	00:59:49	00:59:38
309	5448	Filipa Desá	SenioresF	F	Coimbra Trail Running	00:59:50	00:59:39
310	5435	Pedro Alves	JunioresM	M	Individual	00:59:52	00:59:45
311	5101	Hugo Jesus	SenioresM	M	Barnabé Team	00:59:53	00:58:46
312	5743	José Gonçalves	M55	M	Flash Fit Woman	00:59:54	00:59:04
313	5637	Sandra Mendes	F40	F	Phive - Health & Fitness Centers	01:00:00	00:59:11
314	5689	Vânia Fachada	SenioresF	F	Jumbo de Coimbra	01:00:03	00:58:59
315	5085	João Bernardo	M45	M	Jogging Lovers Coimbra	01:00:05	00:58:56

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
316	5752	Telmo Martins	SenioresM	M	Individual	01:00:07	00:58:22
317	5458	José Grandão	M40	M	Lusitanos	01:00:12	00:59:18
318	5790	Fernando Barreira	M35	M	Individual	01:00:15	00:59:33
319	5718	Ana Mendes	SenioresF	F	CMVISEU	01:00:16	00:58:28
320	5340	Manuel Filipe	M35	M	Individual	01:00:17	00:59:00
321	5267	Joana Brinca	SenioresF	F	Las Runners	01:00:19	00:59:34
322	5700	Rui Fonseca	M40	M	Individual	01:00:21	00:59:17
323	5370	Ricardo Silva	SenioresM	M	Pascoalitos	01:00:26	01:00:10
324	5225	Rui Cardoso	M35	M	Individual	01:00:26	01:00:10
325	5308	Carlos Carvalho	M35	M	GNR CBR	01:00:27	01:00:03
326	5369	Paulo Simões	M35	M	Individual	01:00:28	00:58:34
327	5627	Patricia Santos	SenioresF	F	Individual	01:00:29	00:58:34
328	5276	Sandra Mateus	F35	F	Individual	01:00:29	00:59:31
329	5266	Filipa Calção	SenioresF	F	Las Runners	01:00:30	00:59:45
330	5656	Rogério Gonçalves	M40	M	Individual	01:00:38	00:59:52
331	5351	Sónia Farias	F40	F	Individual	01:00:41	00:59:42
332	5218	Carolina Marques	SenioresF	F	Farmácia Medeiros	01:00:43	00:59:09
333	5660	Raquel Rodrigues	SenioresF	F	ARPA	01:00:45	00:59:59
334	5729	Aleksandra Mielcarek	SenioresF	F	Phive - Health & Fitness Centers	01:00:52	00:58:56
335	5564	José Caetano	M60	M	Maratona Clube Vila Chã	01:00:59	00:59:58
336	5780	Helga Ferreira	F35	F	Individual	01:01:06	00:59:37
337	5542	Salete Santos	F45	F	Viriathvs Runners Viseu	01:01:10	01:00:25
338	5691	Pedro Faro	M45	M	MMF	01:01:13	01:00:19
339	5670	Helena Amado	F55	F	Farmácia Luciano e Matos	01:01:15	00:59:47
340	5030	Joao Sousa	M40	M	Individual	01:01:17	00:59:59
341	5664	Pedro Lopes	SenioresM	M	Individual	01:01:20	01:00:34
342	5249	Helena Dias	F40	F	Budeguita Runners	01:01:22	00:59:45
343	5012	Carla Ventura	SenioresF	F	Individual	01:01:23	01:00:11
344	5132	Fernando Machado	M55	M	Individual	01:01:24	01:00:45
345	5034	Carla Abreu	SenioresF	F	Zás-trás	01:01:28	01:00:07
346	5599	Hélder Correia	M35	M	Individual	01:01:29	00:59:24
347	5491	Marta Belo	SenioresF	F	Individual	01:01:29	01:00:39
348	5198	Carla Sequeira	F40	F	Jogging Lovers Coimbra	01:01:29	01:01:09
349	5630	Barbara Ferreira	SenioresF	F	Phive - Health & Fitness Centers	01:01:35	01:00:04
350	5712	Rute Domingues	SenioresF	F	Phive - Health & Fitness Centers	01:01:35	01:00:04
351	5219	Francisco Almeida	M35	M	Farmácia Medeiros	01:01:55	01:00:21
352	5224	Adriano Pião	M45	M	Individual	01:01:57	01:00:09
353	5093	Isabel Machado	F40	F	Cabaceira & Cardoso	01:01:57	01:00:50
354	5092	Alexandra Pereira	F40	F	Cabaceira & Cardoso	01:01:58	01:00:51
355	5024	Sónia Neto	F40	F	Mondegopeças	01:01:59	01:00:30
356	5169	Pedro Tedim	M35	M	Individual	01:02:00	01:00:27
357	5023	Luís Reis	M35	M	Mondegopeças	01:02:00	01:00:31
358	5097	Miguel Morgado	M40	M	Pé na tábua	01:02:01	01:00:38
359	5356	Orlando Almeida	SenioresM	M	CASA DO BENFICA CONDEIXA	01:02:04	01:00:22
360	5524	Sara Martins	F40	F	Individual	01:02:06	01:01:00

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
361	5426	Abna Marques	SenioresF	F	Individual	01:02:08	01:00:26
362	5035	Jorge Lapa	M35	M	Zás-trás	01:02:09	01:00:49
363	5038	Filipe Montenegro	JunioresM	M	3Monte	01:02:13	01:00:37
364	5043	Susana Santos	F40	F	Individual	01:02:15	01:00:32
365	5590	Melissa Gama	SenioresF	F	Escaravelhos Team	01:02:17	01:00:14
366	5589	David Gouveia	SenioresM	M	Escaravelhos Team	01:02:17	01:00:15
367	5286	Barroso Costa	M50	M	GNR CBR	01:02:20	01:01:43
368	5164	Miguel Lourenço	M40	M	TURTLES :)	01:02:21	01:01:07
369	5756	Francisco Delille	M45	M	Individual	01:02:21	01:00:19
370	5270	João Santos	SenioresM	M	Individual	01:02:23	01:01:47
371	5578	Pedro Lopes	SenioresM	M	Oliveirinhas	01:02:26	01:00:56
372	5577	Bárbara Santos	SenioresF	F	Oliveirinhas	01:02:27	01:00:58
373	5111	António Veiga	M45	M	Individual	01:02:32	01:00:30
374	5586	Maíra Fajardo	F35	F	Individual	01:02:33	01:01:28
375	5349	Alice Conde	F35	F	Individual	01:02:35	01:01:36
376	5635	Maria Gama	F40	F	Phive - Health & Fitness Centers	01:02:35	01:01:46
377	5694	Daniel Cruz	JunioresM	M	Phive - Health & Fitness Centers	01:02:36	01:00:46
378	5102	Sara Santos	SenioresF	F	Barnabé Team	01:02:40	01:01:32
379	5475	Vitor Rodrigues	SenioresM	M	Jumbo de Coimbra	01:02:45	01:01:21
380	5505	Miguel Carvalho	M35	M	Individual	01:02:47	01:00:44
381	5497	Germana Cavalcante	SenioresF	F	Individual	01:02:51	01:01:21
382	5133	Fernanda Santos	F55	F	Individual	01:03:01	01:02:06
383	5020	Sofia Carvalho	SenioresF	F	Individual	01:03:03	01:01:52
384	5443	Catarina Lapa	F35	F	Fricaminne	01:03:10	01:01:24
385	5717	Ana Carvalho	F35	F	CMVISEU	01:03:12	01:01:24
386	5762	Rui Magalhães	SenioresM	M	Individual	01:03:13	01:01:44
387	5389	Jorge Apostolo	M55	M	Divisão Desporto CMC	01:03:15	01:02:35
388	5579	Pedro Matos	SenioresM	M	Individual	01:03:18	01:01:36
389	5703	Pedro Loureiro	M40	M	Individual	01:03:20	01:01:44
390	5654	Marina Dias	SenioresF	F	Individual	01:03:26	01:02:56
391	5593	Emanuel Gonçalves	M35	M	Individual	01:03:29	01:02:33
392	5442	Anne Roque	SenioresF	F	Fricaminne	01:03:29	01:01:41
393	5441	Africa Duarte	F35	F	Fricaminne	01:03:29	01:01:42
394	5584	Luís Gonçalves	SenioresM	M	Individual	01:03:31	01:02:34
395	5100	Andreia Alves	SenioresF	F	Individual	01:03:32	01:03:21
396	5591	Pedro Antunes	M45	M	Individual	01:03:34	01:01:35
397	5238	Hugo Silva	M35	M	Individual	01:03:34	01:02:21
398	5688	Eduarda Ribeiro	F35	F	Jumbo de Coimbra	01:03:35	01:02:31
399	5402	Tiago Trindade	M35	M	Individual	01:03:37	01:02:30
400	5742	João Ferreira	SenioresM	M	Individual	01:03:40	01:02:29
401	5403	Luis Ribeiro	SenioresM	M	Individual	01:03:40	01:02:00
402	5770	Ricardo Melo	M35	M	Individual	01:03:45	01:01:35
403	5755	Sílvio Gaspar	M35	M	Individual	01:03:45	01:01:35
404	5745	João Lucas	M55	M	Individual	01:03:47	01:02:35
405	5744	Marcos Alves	M35	M	Individual	01:03:52	01:03:10

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
406	5737	Guilherme Murta	SenioresM	M	Individual	01:03:56	01:01:50
407	5237	Joel Gomes	SenioresM	M	Individual	01:04:05	01:02:06
408	5506	João Rodrigues	SenioresM	M	Individual	01:04:05	01:02:34
409	5058	Teresa Mendes	F50	F	Individual	01:04:10	01:03:04
410	5301	Elisabete Jacinto	F40	F	Individual	01:04:12	01:02:08
411	5587	Miguel Oliveira	M40	M	Individual	01:04:13	01:03:14
412	5371	Daniel Marcos	SenioresM	M	Individual	01:04:13	01:02:38
413	5643	Teresa Mendonça	SenioresF	F	Team TM	01:04:16	01:02:35
414	5037	José Santos	M60	M	Individual	01:04:19	01:04:10
415	5242	Luís Balhau	M35	M	Individual	01:04:19	01:02:09
416	5134	Marisa Mendes	F35	F	Individual	01:04:20	01:03:16
417	5201	José Marques	M60	M	PapaLégua	01:04:21	01:03:29
418	5322	Ilda Botelho	F40	F	Divisão Desporto CMC	01:04:22	01:02:46
419	5255	Slobodanka Jovasevic	SenioresF	F	Phive - Health & Fitness Centers	01:04:24	01:02:28
420	5105	Luís Pinheiro	M50	M	Os Caracóis Furiosos	01:04:29	01:02:51
421	5106	Paulo Jorge	SenioresM	M	Os Caracóis Furiosos	01:04:29	01:02:51
422	5638	Cristina Santos	F45	F	Individual	01:04:31	01:03:42
423	5404	Eduardo Mateus	JunioresM	M	Individual	01:04:37	01:04:05
424	5562	Daniela Pereira	SenioresF	F	Individual	01:04:38	01:03:06
425	5582	Filipa Pires	SenioresF	F	Individual	01:04:41	01:03:01
426	5581	Antónia Portilha	F35	F	Individual	01:04:41	01:03:02
427	5298	Anaísa Gonçalves	SenioresF	F	Individual	01:04:44	01:03:42
428	5110	Nuno Lopes	M35	M	USF Cruz de Celas Coimbra	01:04:49	01:03:32
429	5117	Sara Roque	SenioresF	F	Individual	01:04:51	01:03:53
430	5031	Marisa Loureiro	SenioresF	F	Individual	01:04:51	01:03:54
431	5710	Marco Alexandre	M35	M	Individual	01:04:53	01:03:00
432	5209	Pedro Faria	M35	M	Individual	01:04:55	01:04:07
433	5549	Tiago Ribeiro	SenioresM	M	Individual	01:04:56	01:03:21
434	5157	José Silva	M45	M	Individual	01:05:00	01:03:44
435	5185	Marta Vicente	SenioresF	F	Individual	01:05:01	01:02:54
436	5167	Maria Ribeiro	SenioresF	F	Individual	01:05:01	01:02:54
437	5166	João Gil	SenioresM	M	Individual	01:05:01	01:02:54
438	5337	Marcos Guimaraes	M50	M	Ginásio Fit&Fun	01:05:04	01:04:48
439	5154	Raquel Nogueira	F40	F	Individual	01:05:09	01:03:48
440	5450	Edgar Seco	SenioresM	M	Jumbo de Coimbra	01:05:13	01:03:46
441	5062	Tania Regencio	F35	F	CNPD	01:05:13	01:03:30
442	5149	Carlos Miranda	M45	M	Individual	01:05:13	01:03:30
443	5292	Isabel Primo	F40	F	Individual	01:05:15	01:03:54
444	5774	Maria Silva	JunioresF	F	Lenovo	01:05:16	01:04:07
445	5179	Alice Maia	F45	F	Individual	01:05:19	01:04:55
446	5773	Bruno Pita	M35	M	Lenovo	01:05:19	01:04:10
447	5368	Dina Simão	F35	F	Individual	01:05:23	01:03:29
448	5028	Ana Rosa	SenioresF	F	Devolvidos	01:05:29	01:04:26
449	5377	Liliana Vicente	F35	F	Phive - Health & Fitness Centers	01:05:33	01:04:18
450	5555	Patrícia Cordeiro	SenioresF	F	Individual	01:05:33	01:04:43

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
451	5411	Patricia Jesus	SenioresF	F	Os bonitos	01:05:37	01:04:17
452	5412	Selmo Santos	M35	M	Os bonitos	01:05:37	01:04:17
453	5075	Hélia Pocinho	SenioresF	F	Jogging Lovers Coimbra	01:05:50	01:05:08
454	5295	Luís Costa	M45	M	Individual	01:05:51	01:05:00
455	5476	Luís Canais	SenioresM	M	Friends Runners	01:05:52	01:04:21
456	5477	Mariana Pereira	F35	F	Friends Runners	01:05:52	01:04:21
457	5359	Ana Lopes	F35	F	Individual	01:05:54	01:04:16
458	5066	Ana Mações	SenioresF	F	Bissayetes	01:06:04	01:04:28
459	5040	Sofia Montenegro	SenioresF	F	3Monte	01:06:09	01:04:33
460	5415	João Pinho	M40	M	RuaTomar	01:06:09	01:04:29
461	5620	Paulo Amaral	M45	M	Individual	01:06:10	01:04:05
462	5116	Susana Ferreira	SenioresF	F	FerreiraFamily	01:06:33	01:05:09
463	5720	Carlos Graça	M45	M	CMVISEU	01:06:34	01:04:42
464	5449	Teresa Mesquita	SenioresF	F	Individual	01:06:38	01:06:05
465	5775	Angela Alves	SenioresF	F	Individual	01:06:50	01:06:03
466	5621	Ana Mendes	JunioresF	F	Individual	01:06:52	01:05:50
467	5622	Marta Teixeira	F35	F	Individual	01:06:52	01:05:51
468	5580	Teresa Gouveia	SenioresF	F	Individual	01:06:57	01:05:15
469	5523	Aldina Pereira	F35	F	Solfitfam	01:07:20	01:05:30
470	5682	Catarina Fernandes	F35	F	Jumbo de Coimbra	01:07:33	01:06:03
471	5781	Ricardo Campos	M35	M	R3B5	01:07:40	01:07:14
472	5172	Véronique Seco	SenioresF	F	Individual	01:07:41	01:06:44
473	5173	Laura Seco	SenioresF	F	Individual	01:07:41	01:06:44
474	5136	Rita Leal	SenioresF	F	Individual	01:07:42	01:05:35
475	5430	Daniel Sequeira	SenioresM	M	Individual	01:07:54	01:06:41
476	5178	Tiago Brandão	SenioresM	M	Individual	01:07:55	01:05:50
477	5601	Teresa Veloso	SenioresF	F	Individual	01:07:55	01:05:49
478	5014	Ana Seguro	SenioresF	F	Individual	01:07:56	01:05:49
479	5795	Clotilde Lérias	F40	F	Individual	01:08:13	01:06:42
480	5592	Michel Pestana	M35	M	Individual	01:08:17	01:06:26
481	5121	Patricia Cardoso	SenioresF	F	Individual	01:08:21	01:07:06
482	5130	Cândida Seabra	F40	F	Individual	01:08:22	01:07:37
483	5789	Rita Sousa	SenioresF	F	Individual	01:08:25	01:07:17
484	5305	Miguel Cunha	M50	M	Liberty Seguros	01:08:26	01:07:01
485	5191	André Moura	SenioresM	M	Be&Becas	01:08:27	01:07:09
486	5486	Francisco Jorge	M50	M	Individual	01:08:28	01:07:09
487	5192	Ines Guerra	SenioresF	F	Be&Becas	01:08:28	01:07:11
488	5409	Elsa Correia	F45	F	Individual	01:08:35	01:06:44
489	5379	Dan Micu	M40	M	Individual	01:08:37	01:06:30
490	5373	Ana Pio	F35	F	Individual	01:08:37	01:06:30
491	5073	Isabel Santos	SenioresF	F	BARC	01:08:43	01:07:27
492	5039	Pedro Montenegro	M45	M	3Monte	01:08:54	01:07:18
493	5759	Manuel Simões	M40	M	Individual	01:09:17	01:07:21
494	5697	Juan Ferreira	M35	M	Individual	01:09:20	01:09:01
495	5234	Pedro Ribeiro	SenioresM	M	Ribeiro	01:09:23	01:08:25

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
496	5508	Vera Cardoso	SenioresF	F	InAkustic	01:09:23	01:07:43
497	5507	Filipe Fernandes	M35	M	InAkustic	01:09:24	01:07:44
498	5051	Raquel Silva	SenioresF	F	Individual	01:09:44	01:08:51
499	5346	Susana Castro	F35	F	PSP Centro Runners	01:09:48	01:09:30
500	5324	Tânia Batista	SenioresF	F	Divisão Desporto CMC	01:09:48	01:08:12
501	5000	Emanuel Ponciano	M60	M	Individual	01:09:58	01:08:26
502	5386	Ricardo Rodrigues	M35	M	Farmácia Medeiros	01:09:59	01:08:25
503	5067	Ana Neves	SenioresF	F	Bissayetes	01:10:24	01:10:24
504	5069	Filipa Nunes	SenioresF	F	Bissayetes	01:10:29	01:10:29
505	5258	Álvaro Francis	SenioresM	M	GDC	01:10:31	01:08:39
506	5257	Leonor Baptista	SenioresF	F	GDC	01:10:31	01:08:39
507	5282	Ana Clemente	SenioresF	F	TURTLES :)	01:10:37	01:09:22
508	5522	João Pereira	M35	M	Os Duplos	01:10:38	01:08:28
509	5765	Marco Tadeu	M40	M	Run CH Run	01:10:38	01:09:04
510	5265	Elisa Morais	F45	F	Las Runners	01:10:47	01:10:01
511	5268	Telma Alves	F40	F	Las Runners	01:10:47	01:10:01
512	5163	Maria Santos	F40	F	Individual	01:11:07	01:11:07
513	5451	Sandra Ribeiro	F35	F	Jumbo de Coimbra	01:11:09	01:09:41
514	5378	Nuno Rigueiro	M35	M	Phive - Health & Fitness Centers	01:11:16	01:09:33
515	5115	Iracema Ferreira	F50	F	FerreiraFamily	01:11:19	01:09:55
516	5421	Paula Gonçalves	SenioresF	F	os mancos	01:11:19	01:10:16
517	5600	Sara Correia	F35	F	Individual	01:11:19	01:09:13
518	5496	Fernando Correia	M55	M	Individual	01:11:19	01:11:10
519	5672	Francisco Matos	JunioresM	M	Individual	01:11:33	01:09:33
520	5674	Paulo Moreira	SenioresM	M	Individual	01:11:34	01:09:34
521	5598	Cláudia Santos	SenioresF	F	Individual	01:11:57	01:09:51
522	5304	Mário Costa	M55	M	Liberty Seguros	01:12:02	01:10:37
523	5465	Teresa Marques	F35	F	Phive - Health & Fitness Centers	01:12:03	01:10:48
524	5489	Patrícia Maia	SenioresF	F	UDR Zona Alta - Torres Novas	01:12:30	01:11:17
525	5182	Luis Silva	SenioresM	M	Individual	01:12:30	01:11:14
526	5748	Maryline Pereira	F40	F	Individual	01:12:31	01:10:37
527	5661	Ricardo Mendonça	SenioresM	M	ARPA	01:12:33	01:11:13
528	5658	Francisco Batalha	SenioresM	M	ARPA	01:12:35	01:11:15
529	5174	Nuno Neves	M40	M	Individual	01:12:36	01:10:36
530	5603	Beatriz Malvar	F35	F	Trio Além Tejo	01:12:39	01:12:39
531	5612	Joana Lopes	F35	F	Individual	01:12:45	01:10:50
532	5071	Ana Nobre	SenioresF	F	BARC	01:13:00	01:11:45
533	5253	Eva Doce	SenioresF	F	QTEC Running Team	01:13:04	01:12:35
534	5482	Nelia Ponte	SenioresF	F	Individual	01:13:26	01:12:19
535	5732	Joaquim Caeiro	M45	M	Individual	01:13:33	01:11:56
536	5701	Jorge Marques	M40	M	Individual	01:13:33	01:11:57
537	5546	Ana Maleiro	SenioresF	F	Individual	01:13:35	01:11:34
538	5530	Irene Dias	F40	F	Viriathvs Runners Viseu	01:13:48	01:13:02
539	5649	Liliana Ruivo	F40	F	Individual	01:13:48	01:12:01
540	5529	Elsa Coelho	F45	F	Viriathvs Runners Viseu	01:13:50	01:13:04

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
541	5493	Sofia Teles	SenioresF	F	Individual	01:13:55	01:12:02
542	5144	Patrícia Rita	SenioresF	F	Individual	01:13:56	01:13:56
543	5261	Carla Pinto	F45	F	B runners	01:14:12	01:13:25
544	5262	Patricia Mação	SenioresF	F	B runners	01:14:12	01:13:25
545	5233	Marco Ribeiro	M35	M	Ribeiro	01:14:21	01:13:23
546	5123	Adelaide Pereira	F50	F	Individual	01:14:22	01:13:06
547	5711	Nélia Antunes	SenioresF	F	Individual	01:14:32	01:12:49
548	5730	Armanda Cristino	F35	F	Phive - Health & Fitness Centers	01:14:34	01:13:00
549	5609	Carolina Rocha	F40	F	Individual	01:14:37	01:12:33
550	5381	Renata Czajkowska	F50	F	Individual	01:14:40	01:12:33
551	5683	Nelson Gaspar	M40	M	Jumbo de Coimbra	01:15:19	01:13:49
552	5676	José Antunes	M40	M	Individual	01:15:42	01:14:50
553	5127	Ana Sêco	SenioresF	F	Individual	01:15:43	01:13:44
554	5200	Helena Figueiredo	F55	F	PapaLéguas	01:15:47	01:14:54
555	5365	Alice Ramos	F50	F	Individual	01:15:54	01:14:02
556	5303	Jose Fonseca	M50	M	Liberty Seguros	01:15:54	01:13:59
557	5333	Cecília Jaime	F50	F	Individual	01:16:03	01:15:21
558	5220	Maria Martins	F40	F	Individual	01:16:04	01:16:04
559	5510	Daniel Vieira	SenioresM	M	Brigada do Reumático	01:16:05	01:14:40
560	5467	Hanna Luxo	SenioresF	F	Individual	01:16:20	01:14:57
561	5469	Mariaeduarda Cruxen	SenioresF	F	Individual	01:16:24	01:15:01
562	5690	Lydia Freire	SenioresF	F	Individual	01:16:39	01:15:14
563	5494	Cristina Daniel	F35	F	Medina Family Runners	01:16:41	01:16:00
564	5604	Marcia Vicente	SenioresF	F	Trio Além Tejo	01:16:55	01:16:55
565	5488	Cláudia Fernandes	SenioresF	F	UDR Zona Alta - Torres Novas	01:17:02	01:15:50
566	5331	Carolina Garcia	JunioresF	F	Individual	01:17:07	01:16:24
567	5332	Andreia Duarte	SenioresF	F	Individual	01:17:07	01:16:24
568	5300	Ana Dinis	SenioresF	F	Individual	01:17:10	01:16:22
569	5576	André Fonseca	SenioresM	M	Oliveirinhas	01:18:14	01:16:44
570	5516	Bruno Borges	SenioresM	M	Individual	01:18:31	01:17:43
571	5607	Maria Gaspar	M45	M	Azores	01:18:40	01:18:40
572	5113	Inês Silva	JunioresF	F	O André não veio	01:18:42	01:18:42
573	5634	Luísa Magalhães	F50	F	Azores	01:18:45	01:18:45
574	5247	Cláudia Machado	F35	F	Turbolentos	01:18:47	01:17:01
575	5207	Mónica Machado	F35	F	Turbolentos	01:18:48	01:17:02
576	5431	Ana Febra	SenioresF	F	Individual	01:19:07	01:17:54
577	5199	Carla Emídio	F40	F	PapaLéguas	01:19:11	01:18:17
578	5312	Marta Gomes	F35	F	Individual	01:19:21	01:17:17
579	5414	Alexandra Soares	SenioresF	F	RuaTomar	01:19:44	01:18:03
580	5052	Marta Jorge	F40	F	TAI RUNNERS	01:19:51	01:18:04
581	5183	Ana Vieira	F40	F	vieirinhas	01:20:17	01:18:37
582	5468	Joanna Nunes	SenioresF	F	Individual	01:20:40	01:19:17
583	5206	Diana Babo	SenioresF	F	Sai da Frente	01:20:43	01:18:49
584	5299	Graça Dinis	F50	F	Individual	01:21:02	01:20:15
585	5679	Inês Rebelo	SenioresF	F	Individual	01:21:02	01:21:02

Lugar	Dorsal	Atleta	Escalão	Sexo	Equipa	Tempo	Chip
586	5680	Soraia Rebelo	SenioresF	F	Individual	01:21:03	01:21:03
587	5751	Carolina Prata	SenioresF	F	Individual	01:22:32	01:20:31
588	5511	Joana Soares	SenioresF	F	Brigada do Reumático	01:23:20	01:21:56
589	5512	Raquel Vieira	SenioresF	F	Brigada do Reumático	01:23:21	01:21:57
590	5675	Fernando Simões	M50	M	Individual	01:23:26	01:22:13
591	5738	Ana Coelho	SenioresF	F	Individual	01:23:29	01:21:28
592	5498	Marcela Uchoa	SenioresF	F	Individual	01:24:28	01:22:56
593	5794	Rita Almeida	SenioresF	F	Individual	01:24:58	01:24:58
594	5285	Teresa Prates	F60	F	Individual	01:26:19	01:25:17
595	5731	Rui Cruz	SenioresM	M	Phive - Health & Fitness Centers	01:36:47	01:34:55
596	5202	Teresa Marques	F50	F	PapaLéguas	01:39:06	01:38:12
597	5205	Antonieta Pardal	F55	F	Individual	01:39:09	01:38:15
598	5139	Rui Albergaria	M60	M	Individual	01:39:10	01:38:12
599	5693	Ana Braz	SenioresF	F	Phive - Health & Fitness Centers	01:43:44	01:41:53
600	5514	Viriato Coelho	M45	M	Viriathvs Runners Viseu	01:49:41	01:49:08
601	5427	Manuel Loureiro	SenioresM	M	Individual	01:54:55	01:54:55
602	5290	Ana Almeida	SenioresF	F	Individual	02:04:33	02:04:33
603	5306	Mónica Cunha	F50	F	Liberty Seguros	02:20:12	02:18:45