

| Lugar | Dorsal | Nome                | Equipa A                               | Tempo        | Diferença    |
|-------|--------|---------------------|----------------------------------------|--------------|--------------|
| 1     | 1227   | Nuno Costa          | Clube Desportivo São Salvador Do Campo | 00:29:39.287 | 00:00:00.000 |
| 2     | 1155   | Carlos Silva        | C.D.S.Salvador Do Campo                | 00:30:19.317 | 00:00:40.030 |
| 3     | 1213   | Ricardo Queiros     | SI Benfica                             | 00:30:34.313 | 00:00:55.026 |
| 4     | 1135   | Bruno Pereira       | Amigos Da Montanha                     | 00:31:21.037 | 00:01:41.750 |
| 5     | 1078   | Ricardo Castro      | Sociedade Recreio Cepanense            | 00:31:41.793 | 00:02:02.506 |
| 6     | 1226   | Silvana Dias        | S.C. Braga                             | 00:32:59.043 | 00:03:19.756 |
| 7     | 1199   | Carlos Freitas      | Run Tejo                               | 00:33:25.547 | 00:03:46.260 |
| 8     | 1215   | Miguel Neto         | Individual                             | 00:33:32.547 | 00:03:53.260 |
| 9     | 1198   | Andreia Santos      | Run Tejo                               | 00:33:52.797 | 00:04:13.510 |
| 10    | 1104   | Ramiro Ribeiro      | Nba Barrosas                           | 00:33:55.297 | 00:04:16.010 |
| 11    | 250    | João Teixeira       | Hoquei Clube Flaviense                 | 00:34:37.297 | 00:04:58.010 |
| 12    | 1229   | Rodrigo Lopes       | Acd São João Da Serra                  | 00:35:32.550 | 00:05:53.263 |
| 13    | 1230   | Susana Vilela       | Acd São João Da Serra                  | 00:35:33.273 | 00:05:53.986 |
| 14    | 285    | Delfim Conceição    | Acd São João Da Serra                  | 00:35:33.800 | 00:05:54.513 |
| 15    | 1102   | Francisco Bernardes | Vila Nova De Gaia                      | 00:35:45.050 | 00:06:05.763 |
| 16    | 1122   | Miguel Queirós      | A.D.Amarante                           | 00:36:01.300 | 00:06:22.013 |
| 17    | 1110   | Arménio Santos      | Nba Barrosas                           | 00:36:15.057 | 00:06:35.770 |
| 18    | 1182   | Fernando Moreira    | Lousada                                | 00:36:42.800 | 00:07:03.513 |
| 19    | 1142   | Bruno Martins       | A. D. R. Aveleda                       | 00:36:49.050 | 00:07:09.763 |
| 20    | 1112   | João Ribeiro        | Clube Atletismo De Vila Boa Do Bispo   | 00:36:52.800 | 00:07:13.513 |
| 21    | 1189   | Inês Moreira        | A.D.Amarante                           | 00:37:04.303 | 00:07:25.016 |
| 22    | 1235   | Jorge Ferreira      | Ada Amarante Trail Running             | 00:37:38.007 | 00:07:58.720 |
| 23    | 1096   | António Carvalho    | Família Carvalho                       | 00:37:40.803 | 00:08:01.516 |
| 24    | 1121   | Manuel Rocha        | A.D.Amarante                           | 00:37:44.307 | 00:08:05.020 |
| 25    | 1269   | João Pinto          | Individual                             | 00:37:48.553 | 00:08:09.266 |
| 26    | 1093   | Joaquim Ribeiro     | Sporting Clube De Braga                | 00:38:25.057 | 00:08:45.770 |
| 27    | 1113   | António Correia     | Clube Atletismo De Vila Boa Do Bispo   | 00:38:31.307 | 00:08:52.020 |
| 28    | 1177   | Patricia Ribeiro    | Clube Atletismo Do Tâmega              | 00:38:39.557 | 00:09:00.270 |
| 29    | 1180   | Aurelio Vieira      | Casa Do Povo De Soalhães               | 00:38:42.557 | 00:09:03.270 |
| 30    | 1260   | Davide Carvalho     | Individual                             | 00:38:48.057 | 00:09:08.770 |
| 31    | 1200   | Cristina Pereira    | Grupo De Convívio E Amizade Das Donas  | 00:38:49.807 | 00:09:10.520 |
| 32    | 1127   | Samuel Silva        | A.D.Amarante                           | 00:39:16.057 | 00:09:36.770 |
| 33    | 1053   | Duarte Cerqueira    | Individual                             | 00:39:21.057 | 00:09:41.770 |
| 34    | 1036   | Davide Afonso       | Nós Acreditamos Team Run               | 00:39:28.057 | 00:09:48.770 |
| 35    | 1167   | Fernando Teixeira   | Fridão Sem Limites                     | 00:39:57.240 | 00:10:17.953 |
| 36    | 113    | Miguel Taveira      | Malta Do Shuss                         | 00:40:18.557 | 00:10:39.270 |
| 37    | 1126   | Daniel Santos       | A.D.Amarante                           | 00:40:28.493 | 00:10:49.206 |
| 38    | 1166   | Hélder Pinto        | Fridão Sem Limites                     | 00:40:29.057 | 00:10:49.770 |
| 39    | 1120   | Manuel Vieira       | A.D.Amarante                           | 00:40:29.557 | 00:10:50.270 |
| 40    | 1023   | José Duarte         | Ripolins Grijó A Correr                | 00:41:03.310 | 00:11:24.023 |
| 41    | 1181   | Modesto Vieira      | Casa Do Povo De Soalh-Aes              | 00:41:18.810 | 00:11:39.523 |
| 42    | 1089   | Ricardo Ribeiro     | Emna Runners                           | 00:41:32.727 | 00:11:53.440 |
| 43    | 1092   | Paulo Coelho        | Individual                             | 00:41:33.560 | 00:11:54.273 |
| 44    | 336    | Raul Fernandes      | Navr                                   | 00:41:45.313 | 00:12:06.026 |

| Lugar | Dorsal | Nome             | Equipa A                             | Tempo        | Diferença    |
|-------|--------|------------------|--------------------------------------|--------------|--------------|
| 45    | 1163   | Pedro Fonseca    | Not Fast, Just Furious               | 00:41:59.060 | 00:12:19.773 |
| 46    | 1045   | Manuel Pinto     | Individual                           | 00:42:05.813 | 00:12:26.526 |
| 47    | 1270   | Eduardo Pinto    | Individual                           | 00:42:12.813 | 00:12:33.526 |
| 48    | 1001   | Jonas Maia       | Bigodes De Tinto                     | 00:42:15.063 | 00:12:35.776 |
| 49    | 1162   | Luis Pinto       | Fisioperformance                     | 00:42:20.063 | 00:12:40.776 |
| 50    | 1103   | Fátima Sousa     | Nba Barrosas                         | 00:42:20.313 | 00:12:41.026 |
| 51    | 1190   | Claudia Moreira  | A.D.Amarante                         | 00:42:24.813 | 00:12:45.526 |
| 52    | 1234   | João Gil         | A.D.Amarante                         | 00:42:35.717 | 00:12:56.430 |
| 53    | 1114   | Pedro Teixeira   | Clube Atletismo De Vila Boa Do Bispo | 00:42:42.567 | 00:13:03.280 |
| 54    | 1115   | Gil Oliveira     | Clube Atletismo De Vila Boa Do Bispo | 00:42:44.567 | 00:13:05.280 |
| 55    | 1026   | Carlos Salvador  | Individual                           | 00:43:08.313 | 00:13:29.026 |
| 56    | 1057   | Vitor Ferreira   | Individual                           | 00:43:09.317 | 00:13:30.030 |
| 57    | 1087   | Modesto Monteiro | Cia Alpendorada                      | 00:43:12.313 | 00:13:33.026 |
| 58    | 1109   | Wellington Alves | Guimarães                            | 00:43:17.567 | 00:13:38.280 |
| 59    | 1225   | Paulo Sa         | Individual                           | 00:43:20.317 | 00:13:41.030 |
| 60    | 1232   | Daniel Oliveira  | Np Team                              | 00:43:20.570 | 00:13:41.283 |
| 61    | 1233   | Rui Teixeira     | Np Team                              | 00:43:20.570 | 00:13:41.283 |
| 62    | 1116   | Fábio Soares     | Teamvegan                            | 00:43:43.067 | 00:14:03.780 |
| 63    | 1058   | Luís Pinho       | Bananas                              | 00:43:51.067 | 00:14:11.780 |
| 64    | 1147   | Bruno Maia       | Javalis Portugal                     | 00:43:56.317 | 00:14:17.030 |
| 65    | 1105   | Luis Ribeiro     | Individual                           | 00:44:00.067 | 00:14:20.780 |
| 66    | 1175   | Agostinho Bessa  | Bvwm                                 | 00:44:01.567 | 00:14:22.280 |
| 67    | 1139   | Hans Sousa       | Individual                           | 00:44:14.817 | 00:14:35.530 |
| 68    | 1044   | Abilio Ribeiro   | A.D.Amarante                         | 00:44:26.067 | 00:14:46.780 |
| 69    | 1203   | João Lopes       | Desportivo Ases S. Jorge-Fafe        | 00:44:36.067 | 00:14:56.780 |
| 70    | 1099   | Andre Cristiano  | Tesos & Mouraria                     | 00:44:42.067 | 00:15:02.780 |
| 71    | 1138   | Christophe Abreu | Amarante                             | 00:44:51.067 | 00:15:11.780 |
| 72    | 1007   | Marco Maia       | Bigodes De Tinto                     | 00:44:59.067 | 00:15:19.780 |
| 73    | 1159   | Osvaldo Teixeira | A.D.Amarante                         | 00:45:11.317 | 00:15:32.030 |
| 74    | 1046   | Manuel Teixeira  | Individual                           | 00:45:12.567 | 00:15:33.280 |
| 75    | 1137   | Manuel Teixeira  | Marco De Canaveses                   | 00:45:15.817 | 00:15:36.530 |
| 76    | 1256   | Vera Ribeiro     | A.D.Amarante                         | 00:45:36.570 | 00:15:57.283 |
| 77    | 1024   | Rui Santos       | Ripolins Grijó A Correr              | 00:46:11.820 | 00:16:32.533 |
| 78    | 1117   | Patricia Tavares | Ripolins Grijó A Correr              | 00:46:13.570 | 00:16:34.283 |
| 79    | 1143   | Àlvaro Mota      | C. A. T . Amarante                   | 00:46:16.820 | 00:16:37.533 |
| 80    | 1119   | Jorge Faria      | Individual                           | 00:46:17.367 | 00:16:38.080 |
| 81    | 1091   | Marco Matos      | Individual                           | 00:46:24.820 | 00:16:45.533 |
| 82    | 1183   | Ana Santos       | Individual                           | 00:46:27.320 | 00:16:48.033 |
| 83    | 1008   | Bruno Marante    | Bigodes De Tinto                     | 00:46:30.573 | 00:16:51.286 |
| 84    | 1086   | Miguel Ribeiro   | Individual                           | 00:46:35.683 | 00:16:56.396 |
| 85    | 1267   | Paulo Silva      | Opraticante.Pt                       | 00:46:36.087 | 00:16:56.800 |
| 86    | 1010   | Carlos Silva     | Individual                           | 00:46:38.320 | 00:16:59.033 |
| 87    | 1028   | Paulo Rainha     | Malta Do Shuss                       | 00:46:49.823 | 00:17:10.536 |
| 88    | 1202   | António Ferraz   | Team 41                              | 00:47:05.073 | 00:17:25.786 |

| Lugar | Dorsal | Nome                | Equipa A                                     | Tempo        | Diferença    |
|-------|--------|---------------------|----------------------------------------------|--------------|--------------|
| 89    | 1145   | Tiago Magalhães     | Individual                                   | 00:47:11.823 | 00:17:32.536 |
| 90    | 1098   | Nelo Quim           | Tesos & Mouraria                             | 00:47:16.827 | 00:17:37.540 |
| 91    | 1130   | Carina Pereira      | A.D.Amarante                                 | 00:47:19.327 | 00:17:40.040 |
| 92    | 1125   | Carlos Macedo       | A.D.Amarante                                 | 00:47:21.573 | 00:17:42.286 |
| 93    | 1161   | Filipe Cunha        | Fisioperformance                             | 00:47:22.323 | 00:17:43.036 |
| 94    | 1094   | Luis Silva          | Sporting Clube De Braga                      | 00:47:34.577 | 00:17:55.290 |
| 95    | 1185   | Alberto Carvalho    | Individual                                   | 00:47:34.577 | 00:17:55.290 |
| 96    | 1201   | Zas Teixeira        | Bigodes De Tinto                             | 00:47:45.073 | 00:18:05.786 |
| 97    | 1228   | Américo Botelho     | Rock N' Run Trail                            | 00:48:05.673 | 00:18:26.386 |
| 98    | 1149   | Joao Fonseca        | Individual                                   | 00:48:07.327 | 00:18:28.040 |
| 99    | 1129   | Daniel Correia      | A.D.Amarante                                 | 00:48:16.323 | 00:18:37.036 |
| 100   | 1108   | Carlos Martins      | Porto Sentido Runners                        | 00:48:21.577 | 00:18:42.290 |
| 101   | 1061   | Hugo Silva          | Individual                                   | 00:48:21.577 | 00:18:42.290 |
| 102   | 1090   | Maria Aguiar        | Individual                                   | 00:48:31.930 | 00:18:52.643 |
| 103   | 234    | José Correia        | Individual                                   | 00:48:43.917 | 00:19:04.630 |
| 104   | 1141   | Daniel Conde        | Individual                                   | 00:48:45.327 | 00:19:06.040 |
| 105   | 1027   | Vitor Cunha         | Individual                                   | 00:48:51.167 | 00:19:11.880 |
| 106   | 1101   | Hélder Carvalho     | Individual                                   | 00:48:52.917 | 00:19:13.630 |
| 107   | 1056   | João Pinheiro       | Individual                                   | 00:48:53.917 | 00:19:14.630 |
| 108   | 1095   | Andreia Machado     | Lousada Runners                              | 00:49:21.327 | 00:19:42.040 |
| 109   | 1134   | Álvaro Cerqueira    | A.D.Amarante                                 | 00:49:28.577 | 00:19:49.290 |
| 110   | 1210   | Frederico Gonçalves | Individual                                   | 00:49:32.830 | 00:19:53.543 |
| 111   | 1144   | Jorge Cunha         | Individual                                   | 00:49:49.080 | 00:20:09.793 |
| 112   | 1118   | Pedro Gonçalves     | Ripolins Grijó A Correr                      | 00:49:58.080 | 00:20:18.793 |
| 113   | 1165   | Filipe Pereira      | Individual                                   | 00:49:58.657 | 00:20:19.370 |
| 114   | 1172   | José Ribeiro        | Individual                                   | 00:49:58.830 | 00:20:19.543 |
| 115   | 1193   | António Vaz         | Individual                                   | 00:50:17.580 | 00:20:38.293 |
| 116   | 1220   | Patricia Carvalho   | A.D.Amarante                                 | 00:50:20.167 | 00:20:40.880 |
| 117   | 1222   | Márcio Teixeira     | A.D.Amarante                                 | 00:50:20.577 | 00:20:41.290 |
| 118   | 1077   | Melanie Guedes      | Individual                                   | 00:50:25.830 | 00:20:46.543 |
| 119   | 1140   | Filipe Rodrigues    | Individual                                   | 00:50:29.403 | 00:20:50.116 |
| 120   | 1002   | Jonas Faria         | Bigodes De Tinto                             | 00:50:33.080 | 00:20:53.793 |
| 121   | 1071   | Manuel Machado      | Ama Associação Mondim Atletismo              | 00:50:41.327 | 00:21:02.040 |
| 122   | 1191   | Daniela Queirós     | A.D.Amarante                                 | 00:50:54.340 | 00:21:15.053 |
| 123   | 1054   | Jaime Teixeira      | Amarante                                     | 00:50:55.330 | 00:21:16.043 |
| 124   | 1150   | Alfredo Gil         | Individual                                   | 00:51:07.080 | 00:21:27.793 |
| 125   | 1231   | Diana Ferreira      | Individual                                   | 00:51:10.917 | 00:21:31.630 |
| 126   | 1268   | Jaime Ribeiro       | Individual                                   | 00:51:14.083 | 00:21:34.796 |
| 127   | 1111   | Ricardo Gomes       | Nascidos Para Correr - Associação Desportiva | 00:51:42.083 | 00:22:02.796 |
| 128   | 1196   | Marisa Pinto        | A.D.Amarante                                 | 00:51:42.580 | 00:22:03.293 |
| 129   | 1223   | Lara Mota           | A.D.Amarante                                 | 00:51:43.893 | 00:22:04.606 |
| 130   | 1038   | Helder Pinto        | Helder Pinto                                 | 00:51:46.330 | 00:22:07.043 |
| 131   | 1079   | Lucia Corucho       | Atleturistas                                 | 00:51:51.087 | 00:22:11.800 |
| 132   | 1080   | Eulália Sousa       | Top Top Runners                              | 00:51:55.583 | 00:22:16.296 |

| Lugar | Dorsal | Nome              | Equipa A                        | Tempo        | Diferença    |
|-------|--------|-------------------|---------------------------------|--------------|--------------|
| 133   | 1048   | Jose Leite        | Team Leite                      | 00:52:05.587 | 00:22:26.300 |
| 134   | 1209   | Sofia Mendes      | Individual                      | 00:52:06.580 | 00:22:27.293 |
| 135   | 1208   | Bruno Mendes      | Individual                      | 00:52:07.333 | 00:22:28.046 |
| 136   | 1176   | Celestino Castro  | Bvvm                            | 00:52:13.140 | 00:22:33.853 |
| 137   | 1123   | Paula Cerqueira   | A.D.Amarante                    | 00:52:21.583 | 00:22:42.296 |
| 138   | 1073   | Agostinho Martins | Ama Associação Mondim Atletismo | 00:52:25.640 | 00:22:46.353 |
| 139   | 1059   | Ivan Almeida      | Bananas                         | 00:52:26.087 | 00:22:46.800 |
| 140   | 1011   | Maria Correia     | Individual                      | 00:52:26.087 | 00:22:46.800 |
| 141   | 1188   | Paula Costa       | Kikas Team                      | 00:52:33.083 | 00:22:53.796 |
| 142   | 1031   | Pedro Fernandes   | Leitrosas                       | 00:52:49.137 | 00:23:09.850 |
| 143   | 1030   | Simao Leite       | Not Fest But Furious            | 00:52:49.837 | 00:23:10.550 |
| 144   | 1032   | Antonio Pinho     | Os Toninhos                     | 00:52:50.633 | 00:23:11.346 |
| 145   | 1033   | Firmino Carvalho  | Os Toninhos                     | 00:52:50.860 | 00:23:11.573 |
| 146   | 1179   | Luís Silva        | Individual                      | 00:53:02.343 | 00:23:23.056 |
| 147   | 1178   | Nuno Oliveira     | Individual                      | 00:53:02.587 | 00:23:23.300 |
| 148   | 1085   | Sandra Ribeiro    | Individual                      | 00:53:07.337 | 00:23:28.050 |
| 149   | 1017   | Vera Augusto      | Individual                      | 00:53:10.880 | 00:23:31.593 |
| 150   | 1195   | Filomena Neto     | A.D.Amarante                    | 00:53:12.337 | 00:23:33.050 |
| 151   | 1055   | Lénio Marinho     | Salgueiros Running              | 00:53:13.583 | 00:23:34.296 |
| 152   | 1244   | Hugo Carvalho     | Individual                      | 00:53:17.383 | 00:23:38.096 |
| 153   | 1245   | Luís Garcia       | Individual                      | 00:53:18.130 | 00:23:38.843 |
| 154   | 1043   | Manula Gonçalves  | Sfuap                           | 00:53:32.587 | 00:23:53.300 |
| 155   | 1219   | Vera Guimarães    | Individual                      | 00:53:32.877 | 00:23:53.590 |
| 156   | 1042   | Mario Alves       | Sfuap                           | 00:53:39.087 | 00:23:59.800 |
| 157   | 1192   | Rui Teixeira      | Individual                      | 00:54:01.087 | 00:24:21.800 |
| 158   | 1168   | Patricia Teixeira | Individual                      | 00:54:08.837 | 00:24:29.550 |
| 159   | 1012   | Jorge Mendes      | Porto                           | 00:54:14.837 | 00:24:35.550 |
| 160   | 1040   | Cláudia Lopes     | As Lutadoras                    | 00:54:20.587 | 00:24:41.300 |
| 161   | 1174   | Milton Lopes      | Bvvm                            | 00:54:24.340 | 00:24:45.053 |
| 162   | 1041   | Anabela Gil       | As Lutadoras                    | 00:54:34.587 | 00:24:55.300 |
| 163   | 1034   | Avelino Teixeira  | Individual                      | 00:54:43.090 | 00:25:03.803 |
| 164   | 1029   | Madalena Vaz      | Malta Do Shuss                  | 00:54:53.837 | 00:25:14.550 |
| 165   | 1088   | Sofia Cardoso     | Individual                      | 00:55:04.107 | 00:25:24.820 |
| 166   | 1205   | Tatiana Silva     | Individual                      | 00:55:04.587 | 00:25:25.300 |
| 167   | 1021   | Manuel Couto      | Grijó                           | 00:55:08.087 | 00:25:28.800 |
| 168   | 1067   | Vera Freitas      | Lousada Runneres                | 00:55:15.590 | 00:25:36.303 |
| 169   | 1069   | Maria Nogueira    | Amarante                        | 00:56:33.630 | 00:26:54.343 |
| 170   | 1062   | Ana Lírio         | Ada Trail Running               | 00:56:34.097 | 00:26:54.810 |
| 171   | 1128   | Lúcia Leite       | A.D.Amarante                    | 00:56:34.343 | 00:26:55.056 |
| 172   | 1218   | Suzete Sousa      | Fridão Sem Limites              | 00:56:34.603 | 00:26:55.316 |
| 173   | 1148   | Lizandra Teixeira | Geadas Running                  | 00:56:35.343 | 00:26:56.056 |
| 174   | 1212   | Luís Ferreira     | Individual                      | 00:56:41.603 | 00:27:02.316 |
| 175   | 1084   | Jorge Saro        | Saros                           | 00:58:43.097 | 00:29:03.810 |
| 176   | 1083   | Carla Saro        | Saros                           | 00:58:43.100 | 00:29:03.813 |

| Lugar | Dorsal | Nome              | Equipa A                          | Tempo        | Diferença    |
|-------|--------|-------------------|-----------------------------------|--------------|--------------|
| 177   | 1259   | Carlos Reis       | Amigos Da Montanha                | 00:58:51.097 | 00:29:11.810 |
| 178   | 1060   | João Benevente    | Ca Amigos Parque Da Paz           | 00:59:03.597 | 00:29:24.310 |
| 179   | 1009   | Ana Brás          | Alfredo Amor - Training Studio    | 00:59:29.607 | 00:29:50.320 |
| 180   | 1047   | David Leite       | Team Leite                        | 00:59:31.100 | 00:29:51.813 |
| 181   | 1051   | Nathalie Leite    | Team Leite                        | 00:59:32.097 | 00:29:52.810 |
| 182   | 1003   | Paula Cunha       | Fafe                              | 00:59:37.600 | 00:29:58.313 |
| 183   | 1037   | Sandra Carvalho   | Amarante                          | 00:59:45.577 | 00:30:06.290 |
| 184   | 1014   | Sonia Silva       | Mountain Runners                  | 00:59:46.077 | 00:30:06.790 |
| 185   | 1221   | Eliana Teixeira   | Fridão Sem Limites                | 00:59:46.100 | 00:30:06.813 |
| 186   | 1187   | Ana Cardoso       | Ada                               | 01:00:03.577 | 00:30:24.290 |
| 187   | 1186   | Jordana Felix     | Associação Desportiva De Amarante | 01:00:03.600 | 00:30:24.313 |
| 188   | 1157   | Bruna Machado     | Associação Desportiva De Amarante | 01:00:03.847 | 00:30:24.560 |
| 189   | 1169   | Ana Machado       | Ada                               | 01:00:04.100 | 00:30:24.813 |
| 190   | 1194   | Ana Pinheiro      | Ada                               | 01:00:04.327 | 00:30:25.040 |
| 191   | 1100   | Cristina Carvalho | Individual                        | 01:02:28.353 | 00:32:49.066 |
| 192   | 1039   | Ana Martins       | As Lutadoras                      | 01:03:05.103 | 00:33:25.816 |
| 193   | 1204   | Claudia Teixeira  | Amarante                          | 01:03:25.103 | 00:33:45.816 |
| 194   | 1076   | Vera Pereira      | Individual                        | 01:03:26.047 | 00:33:46.760 |
| 195   | 1035   | Maria Teixeira    | Individual                        | 01:03:26.357 | 00:33:47.070 |
| 196   | 1020   | Anabela Silva     | Individual                        | 01:03:28.107 | 00:33:48.820 |
| 197   | 1019   | Rui Monteiro      | Individual                        | 01:03:28.353 | 00:33:49.066 |
| 198   | 1257   | Sara Machado      | Pulsitum                          | 01:05:08.110 | 00:35:28.823 |
| 199   | 1258   | António Lima      | Pulsitum                          | 01:05:08.860 | 00:35:29.573 |
| 200   | 1214   | Francisco Tunico  | Individual                        | 01:06:04.117 | 00:36:24.830 |
| 201   | 1170   | Felicia Araujo    | Individual                        | 01:06:17.363 | 00:36:38.076 |
| 202   | 1146   | Joana Ângelo      | Individual                        | 01:06:19.360 | 00:36:40.073 |
| 203   | 1081   | Rui Silva         | Avelino                           | 01:07:00.863 | 00:37:21.576 |
| 204   | 1271   | Engracia Ferreira | Individual                        | 01:09:27.117 | 00:39:47.830 |
| 205   | 1063   | Sónia Silva       | Lady'S                            | 01:12:31.383 | 00:42:52.096 |
| 206   | 1064   | Sónia Gonçalves   | Lady'S                            | 01:12:31.623 | 00:42:52.336 |
| 207   | 1160   | Teresa Macedo     | Individual                        | 01:12:36.377 | 00:42:57.090 |