

| Lugar | Dorsal | Atleta             | Escalão    | Clube                    | Tempo    |
|-------|--------|--------------------|------------|--------------------------|----------|
| 1     | 866    | Rui TEXEIRA        | Senior     | MAIA A.C                 | 01:06:45 |
| 2     | 993    | Vitor OLIVEIRA     | Senior     | Maia AC                  | 01:08:10 |
| 3     | 867    | Rui MUGA           | Senior     | Club Académico Mogadouro | 01:08:15 |
| 4     | 1000   | Luis MENDES        | Senior     | Senhora do Desterro      | 01:08:16 |
| 5     | 999    | Paulo BARBOSA      | Senior     | CSRDC                    | 01:08:47 |
| 6     | 868    | José CARVALHO      | Senior     | Club Académico Mogadouro | 01:09:52 |
| 7     | 885    | Artur RODRIGUES    | Senior     | Indivíduar               | 01:10:14 |
| 8     | 592    | Vitor BARBOSA      | Senior     | GDR RETORTA              | 01:10:46 |
| 9     | 1002   | Carlos RODRIGUES   | Senior     | FC Parada                | 01:11:03 |
| 10    | 922    | Jorge PINTO        | Vet I      | SERVIÇOS SOCIAIS S.J.M   | 01:11:10 |
| 11    | 552    | Carlos VALENTE     | Vet I      | NAVR                     | 01:11:16 |
| 12    | 540    | Davide FIGUEIREDO  | Vet I      | Boavista Futebol Clube   | 01:11:20 |
| 13    | 623    | Joao SERRALHEIRO   | Vet I      | Serragel-Covilha         | 01:11:29 |
| 14    | 933    | João AMORIM        | Senior     | Indivíduar               | 01:11:44 |
| 15    | 869    | Carlos LOPES       | Senior     | Club Académico Mogadouro | 01:11:55 |
| 16    | 433    | Mihail LALEV       | Senior     | SPORTING CLUBE DE BRAGA  | 01:12:33 |
| 17    | 872    | Gil MAIA           | Senior     | Sport Lisboa e Benfica   | 01:12:55 |
| 18    | 787    | Abilio COSTA       | Vet II     | C. D. S. Salvador Campo  | 01:12:57 |
| 19    | 901    | Gil FERREIRA       | Vet I      | Adercus                  | 01:12:59 |
| 20    | 591    | Amadeu ROCHA       | Senior     | GDR RETORTA              | 01:13:19 |
| 21    | 754    | Vitor ALMEIDA      | Vet I      | Amigos da Montanha       | 01:13:33 |
| 22    | 942    | Ulisses LOPES      | Vet III    | Douro Azul               | 01:13:46 |
| 23    | 985    | Baltazar SOUSA     | Vet II     | Boavista FC              | 01:13:47 |
| 24    | 594    | Filipe SILVA       | Vet II     | GDR RETORTA              | 01:13:56 |
| 25    | 243    | António SILVA      | Vet I      | CDS Salvador do Campo    | 01:14:30 |
| 26    | 915    | Ismael QUEIRÓS     | Senior     | MAIA A.C                 | 01:15:07 |
| 27    | 600    | Miguel MENDES      | Vet I      | GDR RETORTA              | 01:15:10 |
| 28    | 182    | João CAVADAS       | Vet II     | C.S.R.D.C de Santiago    | 01:15:32 |
| 29    | 883    | Doroteia PEIXOTO   | Sénior Fem | Indivíduar               | 01:15:43 |
| 30    | 755    | Augusto COSTA      | Vet II     | Amigos da Montanha       | 01:15:44 |
| 31    | 844    | Orlando NEVES      | Vet I      | Gondomar Futsal Clube    | 01:15:59 |
| 32    | 998    | Mónica SILVA       | Sénior Fem | SL Benfica               | 01:16:21 |
| 33    | 593    | Henrique DIAS      | Vet II     | GDR RETORTA              | 01:16:44 |
| 34    | 949    | Carlos MARTINS     | Senior     | Indivíduar               | 01:17:30 |
| 35    | 977    | Filipe COUTINHO    | Senior     | atletico da povoa        | 01:17:34 |
| 36    | 1001   | Filipe ROCHA       | Senior     | Indivíduar               | 01:17:37 |
| 37    | 598    | Adelino SILVA      | Vet I      | GDR RETORTA              | 01:17:50 |
| 38    | 870    | Francelino RESENDE | Vet II     | Boavista FC              | 01:18:00 |
| 39    | 978    | Benjamim SOARES    | Vet IV     | Indivíduar               | 01:18:03 |
| 40    | 142    | Jose MONTEIRO      | Vet IV     | Douro Azul               | 01:18:06 |
| 41    | 436    | Diogo NOGUEIRA     | Senior     | Indivíduar               | 01:18:12 |
| 42    | 597    | Tiago LISBOA       | Senior     | GDR RETORTA              | 01:18:24 |
| 43    | 995    | Anália ROSA        | Sénior Fem | Sporting CP              | 01:18:31 |
| 44    | 996    | Marco BERNARDO     | Senior     | Indivíduar               | 01:18:32 |
| 45    | 576    | Americo PINHO      | Vet I      | Indivíduar               | 01:18:33 |
| 46    | 410    | Marco FILIPE       | Senior     | Indivíduar               | 01:18:38 |
| 47    | 937    | Casimiro GALHARDO  | Vet V      | Douro Azul               | 01:18:50 |
| 48    | 825    | Mark MACEDO        | Senior     | sportevents.pt           | 01:19:04 |
| 49    | 261    | Belmiro FERREIRA   | Vet III    | G.D.Leões da Guarda      | 01:19:08 |
| 50    | 846    | José MACHADO       | Vet II     | Indivíduar               | 01:19:11 |
| 51    | 322    | Nuno FERNANDES     | Senior     | SociedadeRecreioCepanens | 01:19:11 |
| 52    | 940    | Artur CEPEDA       | Vet IV     | Douro Azul               | 01:19:14 |
| 53    | 496    | Manuel FARIA       | Vet III    | Indivíduar               | 01:19:21 |
| 54    | 595    | Joaquim ROCHA      | Vet II     | GDR RETORTA              | 01:19:44 |
| 55    | 459    | Flávio NUNES       | Senior     | Indivíduar               | 01:19:50 |

| Lugar | Dorsal | Atleta             | Escalão    | Clube                    | Tempo    |
|-------|--------|--------------------|------------|--------------------------|----------|
| 56    | 109    | Basílio SOUSA      | Senior     | Indivíduar               | 01:20:07 |
| 57    | 145    | Joaquim FERNANDES  | Vet I      | Indivíduar               | 01:20:13 |
| 58    | 553    | Pedro NUNES        | Senior     | NAVR                     | 01:20:16 |
| 59    | 887    | José SILVA         | Vet II     | nacucujães               | 01:20:19 |
| 60    | 596    | Tiago PINTO        | Senior     | GDR RETORTA              | 01:20:26 |
| 61    | 408    | André GUEDES       | Vet I      | Indivíduar               | 01:20:28 |
| 62    | 441    | Miguel OLIVEIRA    | Vet I      | C.A. GAIENSES / TOYOTA   | 01:20:36 |
| 63    | 1007   | Alain COUTO        | Vet I      | Indivíduar               | 01:20:47 |
| 64    | 68     | Marco FERREIRA     | Senior     | RED-LINE TEAM            | 01:20:57 |
| 65    | 345    | Belmiro RODRIGUES  | Vet III    | CF Oliveira do Douro     | 01:21:16 |
| 66    | 890    | João BARBOSA       | Vet I      | N.Atletismo de Cucujães  | 01:21:20 |
| 67    | 1018   | Alexandre MATOS    | Vet III    | Boavista FC              | 01:21:34 |
| 68    | 788    | Joaquim COSTA      | Vet IV     | C. D. S. Salvador Campo  | 01:21:38 |
| 69    | 599    | Vitor FERREIRA     | Vet I      | GDR RETORTA              | 01:21:50 |
| 70    | 111    | Victor GONÇALVES   | Senior     | Indivíduar               | 01:21:56 |
| 71    | 672    | Antonio CRISTOVAO  | Senior     | G.D.C.GUILHOVAI          | 01:21:59 |
| 72    | 943    | Manuel DOURADO     | Vet IV     | Douro Azul               | 01:22:00 |
| 73    | 932    | Rosa MADUREIRA     | Sénior Fem | Indivíduar               | 01:22:00 |
| 74    | 984    | Aires SOUSA        | Vet I      | F. C Penafiel            | 01:22:01 |
| 75    | 106    | João MACHADO       | Vet I      | Indivíduar               | 01:22:10 |
| 76    | 986    | Jorge LUZ          | Vet III    | Boavista FC              | 01:22:15 |
| 77    | 790    | José FERREIRA      | Vet I      | Indivíduar               | 01:22:15 |
| 78    | 840    | Duarte BARBOSA     | Vet III    | Indivíduar               | 01:22:24 |
| 79    | 411    | Rui LOPES          | Vet II     | Indivíduar               | 01:22:36 |
| 80    | 412    | João LEANDRO       | Vet I      | Indivíduar               | 01:22:36 |
| 81    | 330    | José PEREIRA       | Senior     | SociedadeRecreioCepanese | 01:22:49 |
| 82    | 537    | Paulo RODRIGUES    | Senior     | Galaicus Trail Runners   | 01:22:51 |
| 83    | 779    | Fernando GONÇALVES | Vet II     | Indivíduar               | 01:22:57 |
| 84    | 2001   | Patrícia PEREIRA   | Sénior Fem | Indivíduar               | 01:23:03 |
| 85    | 432    | Joaquim RIBEIRO    | Vet III    | SPORTING CLUBE DE BRAGA  | 01:23:06 |
| 86    | 829    | Rodrigo SILVA      | Vet III    | Adercus                  | 01:23:30 |
| 87    | 753    | José AMARAL        | Vet II     | Amigos da Montanha       | 01:23:31 |
| 88    | 426    | Roberto MACHADO    | Senior     | A.R.C. V.S.Cosme         | 01:23:37 |
| 89    | 323    | Luís VILELA        | Vet III    | SociedadeRecreioCepanens | 01:23:39 |
| 90    | 284    | Zeferino NETO      | Vet II     | CDS Salvador do Campo    | 01:23:49 |
| 91    | 658    | João TEIXIERA      | Senior     | Winner Gym               | 01:24:03 |
| 92    | 279    | Francisco TEIXEIRA | Vet II     | A R Luz E Vida Gondomar  | 01:24:10 |
| 93    | 557    | Nuno SILVA         | Senior     | NAVR                     | 01:24:20 |
| 94    | 893    | Delfim CONCEIÇÃO   | Vet I      | Indivíduar               | 01:24:22 |
| 95    | 777    | José AMARAL        | Senior     | Indivíduar               | 01:24:24 |
| 96    | 997    | Andreia SANTOS     | Sénior Fem | Joma                     | 01:24:34 |
| 97    | 450    | Bruno FERREIRA     | Senior     | Indivíduar               | 01:24:41 |
| 98    | 791    | Flavio PASTOR      | Senior     | GDR RETORTA              | 01:24:41 |
| 99    | 752    | Joaquim RODRIGUES  | Vet II     | Amigos da Montanha       | 01:24:43 |
| 100   | 928    | Rosa SOARES        | Sénior Fem | u.d.várzea               | 01:24:44 |
| 101   | 262    | António MAGALHÃES  | Vet I      | G.D.Leões da Guarda      | 01:24:48 |
| 102   | 551    | Carla ANDRADE      | Vet Fem    | NAVR                     | 01:24:48 |
| 103   | 601    | Jorge BRITO        | Vet II     | Gaienses toyota          | 01:24:51 |
| 104   | 644    | Rodrigo COSTA      | Vet III    | Indivíduar               | 01:25:11 |
| 105   | 192    | Álvaro SOUSA       | Vet II     | Os Santa Apolonia        | 01:25:11 |
| 106   | 422    | José CABRAL        | Vet IV     | Indivíduar               | 01:25:40 |
| 107   | 324    | José RIBEIRO       | Vet I      | SociedadeRecreioCepanens | 01:25:43 |
| 108   | 774    | Carlos OLIVEIRA    | Vet V      | G.D.C.GUILHOVAI          | 01:25:52 |
| 109   | 830    | José OLIVEIRA      | Vet II     | Adercus                  | 01:25:53 |
| 110   | 880    | Joao SILVA         | Vet IV     | Indivíduar               | 01:25:57 |

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|-------|--------|------------------|------------|--------------------------|----------|
| 111   | 938    | Joaquim RIBEIRO  | Vet IV     | Douro Azul               | 01:25:59 |
| 112   | 884    | Tiago MOREIRA    | Senior     | Indivíduo                | 01:26:04 |
| 113   | 837    | Miguel PEREIRA   | Vet I      | Indivíduo                | 01:26:08 |
| 114   | 362    | António JESUS    | Vet I      | Lousada Runners          | 01:26:11 |
| 115   | 297    | Modesto VIEIRA   | Vet III    | Casa do Povo de Soalhães | 01:26:20 |
| 116   | 589    | Augusto ANTUNES  | Vet III    | Indivíduo                | 01:26:26 |
| 117   | 524    | António VALE     | Vet II     | SociedadeRecreioCepanens | 01:26:33 |
| 118   | 304    | João TEIXEIRA    | Senior     | Chaves Runing Team       | 01:26:35 |
| 119   | 477    | Raul FERNANDES   | Senior     | Corrida da Bila          | 01:26:36 |
| 120   | 894    | Justyna WOJCIK   | Sénior Fem | Indivíduo                | 01:26:37 |
| 121   | 914    | Jose FERREIRA    | Vet I      | Indivíduo                | 01:26:41 |
| 122   | 374    | Graciano PEREIRA | Vet V      | ACADEMI FERNANDA RIBEIRA | 01:26:45 |
| 123   | 197    | Jose TAVARES     | Vet II     | Indivíduo                | 01:26:50 |
| 124   | 2002   | José CORVAL      | Vet IV     | Douro Azul               | 01:26:54 |
| 125   | 291    | José BARBOSA     | Senior     | Indivíduo                | 01:26:55 |
| 126   | 782    | Miguel FERRÁS    | Senior     | Indivíduo                | 01:27:21 |
| 127   | 101    | Vitorino CARDOSO | Vet IV     | Indivíduo                | 01:27:25 |
| 128   | 292    | Amadeu TEIXEIRA  | Vet IV     | Indivíduo                | 01:27:28 |
| 129   | 373    | António JESUS    | Vet III    | ACADEMI FERNANDA RIBEIRA | 01:27:29 |
| 130   | 669    | Luís CARDOSO     | Vet III    | amigos ponto final       | 01:27:38 |
| 131   | 692    | Pedro REGUEIRAS  | Senior     | Núcleo Atletismo Taipas  | 01:27:47 |
| 132   | 684    | António TEIXEIRA | Vet IV     | Vitoria Sport Club       | 01:27:47 |
| 133   | 675    | Manuel MENDES    | Vet I      | Vitoria Sport Club       | 01:27:48 |
| 134   | 212    | Helder VIEIRA    | Vet I      | invicta runners team     | 01:27:52 |
| 135   | 924    | Nelson SILVA     | Senior     | NAVR                     | 01:27:54 |
| 136   | 579    | Ilidio OLIVEIRA  | Vet III    | Indivíduo                | 01:27:56 |
| 137   | 442    | António ROCHA    | Vet IV     | C.A. GAIENSES / TOYOTA   | 01:28:15 |
| 138   | 183    | Paulo BERNARDO   | Vet II     | C.S.R.D.C de Santiago    | 01:28:15 |
| 139   | 756    | Albano SECA      | Vet I      | Indivíduo                | 01:28:22 |
| 140   | 458    | César GONÇALVES  | Senior     | Indivíduo                | 01:28:24 |
| 141   | 238    | Vitor COSTA      | Senior     | Indivíduo                | 01:28:26 |
| 142   | 440    | Carlos BARROSO   | Vet II     | C.A. GAIENSES / TOYOTA   | 01:28:26 |
| 143   | 838    | Américo PINTO    | Vet III    | Indivíduo                | 01:28:27 |
| 144   | 10     | Paulo SILVA      | Senior     | Indivíduo                | 01:28:34 |
| 145   | 491    | Manuel NOGUEIRA  | Vet II     | Indivíduo                | 01:28:34 |
| 146   | 363    | Jacinto RIBEIRO  | Vet II     | Indivíduo                | 01:28:35 |
| 147   | 312    | Henrique COELHO  | Senior     | ONTRACK                  | 01:28:42 |
| 148   | 325    | Sérgio FERNANDES | Senior     | SociedadeRecreioCepanens | 01:28:44 |
| 149   | 240    | José AFONSO      | Vet I      | Indivíduo                | 01:28:47 |
| 150   | 315    | Fábio TELES      | Senior     | Runners Lampassa         | 01:28:49 |
| 151   | 835    | João REIS        | Vet I      | Indivíduo                | 01:28:51 |
| 152   | 244    | Marco BROCHADO   | Senior     | Os Lobos Do Saibro       | 01:28:55 |
| 153   | 647    | Bruno TAVARES    | Senior     | Clube Nobrijo            | 01:29:00 |
| 154   | 689    | Pedro FREITAS    | Senior     | Indivíduo                | 01:29:11 |
| 155   | 138    | Luis NOVAIS      | Senior     | Indivíduo                | 01:29:17 |
| 156   | 534    | José CAMPOS      | Vet IV     | Indivíduo                | 01:29:35 |
| 157   | 263    | Luciano VIEIRA   | Vet III    | G.D.Leões da Guarda      | 01:29:36 |
| 158   | 797    | Pedro ALVES      | Senior     | Indivíduo                | 01:29:51 |
| 159   | 508    | Hugo PAREDES     | Senior     | Indivíduo                | 01:29:54 |
| 160   | 428    | Helder FERREIRA  | Senior     | A.R.C. V.S.Cosme         | 01:30:02 |
| 161   | 81     | Jorge OLIVEIRA   | Senior     | Indivíduo                | 01:30:05 |
| 162   | 556    | Carlos OLIVEIRA  | Senior     | NAVR                     | 01:30:09 |
| 163   | 29     | Carlos SOUSA     | Vet I      | ASRConde                 | 01:30:10 |
| 164   | 581    | Manuel PINHEIRO  | Vet II     | Indivíduo                | 01:30:12 |
| 165   | 836    | Rui SOBRAL       | Vet I      | Indivíduo                | 01:30:18 |

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|-------|--------|---------------------|---------|--------------------------|----------|
| 166   | 622    | José OLIVEIRA       | Vet III | Indivíduar               | 01:30:25 |
| 167   | 564    | Victor MARTINS      | Vet I   | Indivíduar               | 01:30:33 |
| 168   | 65     | Leonel GOMES        | Senior  | Indivíduar               | 01:30:35 |
| 169   | 75     | João MONTEIRO       | Senior  | Indivíduar               | 01:30:35 |
| 170   | 25     | Anselmo ROCHA       | Vet I   | Sempre em Forma          | 01:30:37 |
| 171   | 739    | Sergio AMORIM       | Vet II  | ACADEMI FERNANDA RIBEIRA | 01:30:37 |
| 172   | 311    | Manuel SOARES       | Senior  | ONTRACK                  | 01:30:38 |
| 173   | 308    | Antonio MALTEZ      | Vet V   | Indivíduar               | 01:30:39 |
| 174   | 889    | Sem NOME            | Senior  | Indivíduar               | 01:30:41 |
| 175   | 875    | Dominique RIBEIRO   | Vet Fem | Indivíduar               | 01:30:41 |
| 176   | 296    | Aurélío VIEIRA      | Vet I   | Casa do Povo de Soalhães | 01:30:41 |
| 177   | 859    | Fernando SACRAMENTO | Vet III | Indivíduar               | 01:30:42 |
| 178   | 223    | António FERREIRA    | Vet V   | Indivíduar               | 01:30:48 |
| 179   | 189    | Tiago LOPES         | Senior  | Indivíduar               | 01:31:04 |
| 180   | 316    | Vitor DIAS          | Vet II  | GDR RETORTA              | 01:31:09 |
| 181   | 427    | Ruben COSTA         | Senior  | A.R.C. V.S.Cosme         | 01:31:14 |
| 182   | 498    | Jose GOMES          | Vet II  | Indivíduar               | 01:31:41 |
| 183   | 16     | Rui SILVA           | Senior  | Indivíduar               | 01:31:48 |
| 184   | 636    | Aniceto GUEDES      | Vet III | cansc                    | 01:31:49 |
| 185   | 923    | Nuno MORAIS         | Senior  | Indivíduar               | 01:31:56 |
| 186   | 227    | Jose FORTUNATO      | Vet II  | Valpaços                 | 01:32:01 |
| 187   | 908    | Helder RODRIGUES    | Vet I   | Indivíduar               | 01:32:13 |
| 188   | 635    | Jorge NOGUEIRA      | Senior  | cansc                    | 01:32:28 |
| 189   | 135    | Tiago OSÓRIO        | Senior  | Indivíduar               | 01:32:29 |
| 190   | 487    | Miguel OLIVEIRA     | Senior  | Mocidade Sangemil AC     | 01:32:33 |
| 191   | 558    | João ROCHA          | Senior  | NAVR                     | 01:32:33 |
| 192   | 554    | Rui BOGES           | Vet II  | NAVR                     | 01:32:34 |
| 193   | 963    | Madalena SILVA      | Vet Fem | ACRCONDE                 | 01:32:34 |
| 194   | 190    | Claudio ARAÚJO      | Senior  | Os Santa Apolonia        | 01:32:35 |
| 195   | 63     | José SOARES         | Vet I   | Indivíduar               | 01:32:35 |
| 196   | 246    | Antonio CORUCHO     | Vet II  | Indivíduar               | 01:32:36 |
| 197   | 175    | Helder FERREIRA     | Vet I   | A. D. Amarante           | 01:32:42 |
| 198   | 229    | Pedro PEREIRA       | Senior  | União Atlético Povoense  | 01:32:50 |
| 199   | 918    | Paulo MARQUES       | Senior  | Indivíduar               | 01:32:59 |
| 200   | 375    | António MOUTINHO    | Vet IV  | ACADEMI FERNANDA RIBEIRA | 01:33:03 |
| 201   | 413    | António FREITAS     | Vet II  | Confraria da Bike Clube  | 01:33:08 |
| 202   | 232    | Filipe TELES        | Senior  | Indivíduar               | 01:33:14 |
| 203   | 219    | Rui AZEVEDO         | Senior  | Fridão Sem Limites       | 01:33:14 |
| 204   | 88     | José ROCHA          | Vet I   | A. D. Amarante           | 01:33:20 |
| 205   | 76     | António CARDOSO     | Vet IV  | ADA                      | 01:33:20 |
| 206   | 77     | Sérgio MARTINS      | Senior  | Indivíduar               | 01:33:24 |
| 207   | 334    | Jorge FONSECA       | Vet III | Lousada Runners          | 01:33:35 |
| 208   | 573    | Marcelo AUGUSTO     | Senior  | Indivíduar               | 01:33:42 |
| 209   | 490    | Bruno ALVES         | Senior  | Mocidade Sangemil AC     | 01:33:49 |
| 210   | 784    | Manuel GOMES        | Vet I   | HORÁCIO FUMEIROS- LAMEGO | 01:33:49 |
| 211   | 773    | António PINTO       | Senior  | Indivíduar               | 01:33:59 |
| 212   | 809    | José GERALDES       | Senior  | Indivíduar               | 01:34:01 |
| 213   | 144    | Antonio AZEVEDO     | Vet III | Boavista FC              | 01:34:10 |
| 214   | 747    | Francisco FERNANDES | Vet II  | Indivíduar               | 01:34:14 |
| 215   | 67     | Jorge CABOUCO       | Senior  | Indivíduar               | 01:34:15 |
| 216   | 444    | Estevão GONÇALVES   | Senior  | Sneakers Power/APRT      | 01:34:17 |
| 217   | 282    | Paulo SANTOS        | Vet I   | ACRDE                    | 01:34:25 |
| 218   | 140    | Nuno BARBOSA        | Senior  | Indivíduar               | 01:34:28 |
| 219   | 465    | Daniel RODRIGUES    | Senior  | associação Mondim Atleti | 01:34:30 |
| 220   | 91     | Carlos CAEIRO       | Senior  | Indivíduar               | 01:34:31 |

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|-------|--------|---------------------|------------|--------------------------|----------|
| 221   | 966    | Rui VALENTE         | Senior     | Curral de Vacas Desporto | 01:34:33 |
| 222   | 732    | Francisco RODRIGUES | Vet IV     | Indivíduo                | 01:34:33 |
| 223   | 434    | Luis SILVA          | Vet IV     | SPORTING CLUBE DE BRAGA  | 01:34:38 |
| 224   | 230    | Victor COSTA        | Vet II     | Indivíduo                | 01:34:44 |
| 225   | 2      | Albísio MAGALHÃES   | Vet V      | Indivíduo                | 01:34:45 |
| 226   | 610    | Fernando FIGUEIREDO | Vet II     | Falcões Selvagens        | 01:34:46 |
| 227   | 602    | Ivo PEREIRA         | Vet I      | Indivíduo                | 01:34:56 |
| 228   | 919    | Bruno SOARES        | Senior     | Indivíduo                | 01:34:59 |
| 229   | 648    | Paulo SOUSA         | Senior     | Clube Nobrijo            | 01:35:09 |
| 230   | 796    | Rui MAGALHAES       | Vet I      | Indivíduo                | 01:35:09 |
| 231   | 697    | Tomás BARROSO       | Vet II     | Indivíduo                | 01:35:11 |
| 232   | 634    | Mario MONTEIRO      | Senior     | cansc                    | 01:35:15 |
| 233   | 283    | José SILVA          | Vet III    | ACRDE                    | 01:35:20 |
| 234   | 372    | Rui EUSÉBIO         | Vet II     | ACADEMI FERNANDA RIBEIRA | 01:35:22 |
| 235   | 794    | Luís SANTOS         | Senior     | Indivíduo                | 01:35:22 |
| 236   | 333    | Luis CARVALHO       | Senior     | Lousada Runners          | 01:35:25 |
| 237   | 87     | Luis BESSA          | Senior     | Indivíduo                | 01:35:31 |
| 238   | 290    | Manuel SILVA        | Vet II     | Arcozelo.Atletas         | 01:35:34 |
| 239   | 543    | Marco MAGALHÃES     | Senior     | Indivíduo                | 01:35:38 |
| 240   | 255    | João PINHEIRO       | Senior     | Indivíduo                | 01:35:42 |
| 241   | 502    | João FREITAS        | Senior     | Indivíduo                | 01:35:46 |
| 242   | 321    | Luís PACHECO        | Senior     | SociedadeRecreioCepanens | 01:35:47 |
| 243   | 910    | Carlos DUARTE       | Senior     | Indivíduo                | 01:35:50 |
| 244   | 706    | Isa SILVA           | Sénior Fem | Indivíduo                | 01:35:52 |
| 245   | 950    | Paulo ROCHA         | Senior     | A.D.Amarante TrailRunnig | 01:35:54 |
| 246   | 195    | Bruno TEIXEIRA      | Senior     | A. D. Amarante           | 01:35:55 |
| 247   | 700    | Antonio ALMEIDA     | Vet V      | Indivíduo                | 01:35:58 |
| 248   | 606    | Fernando OLIVEIRA   | Vet V      | Indivíduo                | 01:35:59 |
| 249   | 211    | Manuel SOUSA        | Vet IV     | Indivíduo                | 01:36:07 |
| 250   | 653    | Abel SANTOS         | Vet V      | Caldas São Jorge S. C.   | 01:36:18 |
| 251   | 196    | Rui ALVES           | Vet I      | Indivíduo                | 01:36:26 |
| 252   | 222    | Eugenio CUNHA       | Vet I      | Indivíduo                | 01:36:31 |
| 253   | 395    | Pedro PAIVA         | Senior     | OS KÁGADOS               | 01:36:31 |
| 254   | 332    | José CARVALHO       | Vet I      | SociedadeRecreioCepanese | 01:36:33 |
| 255   | 1015   | João DIXO           | Senior     | Boavista FC              | 01:36:57 |
| 256   | 221    | Jorge MOTA          | Senior     | Lousada Runners          | 01:37:01 |
| 257   | 512    | João SANTOS         | Vet II     | Ginásio Culto do Corpo   | 01:37:03 |
| 258   | 387    | Daniel ASENSIO      | Vet I      | OS KÁGADOS               | 01:37:04 |
| 259   | 816    | Ivo OLIVEIRA        | Senior     | Indivíduo                | 01:37:07 |
| 260   | 119    | Joaquim MADUREIRA   | Senior     | Sempre os Mesmos         | 01:37:14 |
| 261   | 1003   | Francisco LOBO      | Vet III    | Indivíduo                | 01:37:17 |
| 262   | 907    | Filipe CARVALHO     | Senior     | GDFC                     | 01:37:18 |
| 263   | 517    | Rui LEITE           | Senior     | Indivíduo                | 01:37:21 |
| 264   | 716    | Nuno CRUZ           | Vet I      | Indivíduo                | 01:37:27 |
| 265   | 528    | Dênis QUADROS       | Senior     | Indivíduo                | 01:37:27 |
| 266   | 208    | Luís MATIAS         | Senior     | Indivíduo                | 01:37:27 |
| 267   | 177    | Renato COUTO        | Senior     | Aqua Running Crew        | 01:37:32 |
| 268   | 759    | Fernando MENDES     | Vet I      | CUF                      | 01:37:40 |
| 269   | 328    | Albino ABREU        | Vet IV     | SociedadeRecreioCepanens | 01:37:41 |
| 270   | 199    | Nuno FIGUEIRINHAS   | Senior     | Indivíduo                | 01:37:46 |
| 271   | 668    | Sérgio BASTOS       | Senior     | Indivíduo                | 01:37:52 |
| 272   | 500    | Carlos QUEIRÓS      | Senior     | Moure BTT                | 01:38:06 |
| 273   | 260    | Leopoldo FERNANDES  | Vet IV     | G.D.Leões da Guarda      | 01:38:09 |
| 274   | 651    | Paulo SIMÕES        | Senior     | Indivíduo                | 01:38:12 |
| 275   | 824    | Júlia CONCEIÇÃO     | Vet Fem    | sportevents.pt           | 01:38:14 |

| Lugar | Dorsal | Atleta            | Escalão    | Clube                    | Tempo    |
|-------|--------|-------------------|------------|--------------------------|----------|
| 276   | 860    | Alvaro OLIVEIRA   | Vet IV     | Indivíduo                | 01:38:26 |
| 277   | 649    | Tiago FERREIRA    | Senior     | Clube Nobrijo            | 01:38:31 |
| 278   | 819    | Joao PEREIRA      | Vet III    | Indivíduo                | 01:38:41 |
| 279   | 274    | José BARROS       | Vet I      | Indivíduo                | 01:38:45 |
| 280   | 151    | Tiago MOLEIRINHO  | Senior     | Indivíduo                | 01:38:45 |
| 281   | 538    | Luís BARBOSA      | Senior     | Galaicus Trail Runners   | 01:38:52 |
| 282   | 266    | Jorge MOREIRA     | Senior     | ADRULSM                  | 01:38:56 |
| 283   | 278    | Francisco FREITAS | Vet I      | Indivíduo                | 01:38:56 |
| 284   | 818    | Luis SANTOS       | Vet I      | Indivíduo                | 01:39:02 |
| 285   | 806    | Paulo QUEIROZ     | Vet I      | Indivíduo                | 01:39:03 |
| 286   | 510    | Ricardo TEIXEIRA  | Vet II     | Porto Runners            | 01:39:07 |
| 287   | 813    | Francisco AIRES   | Vet V      | Indivíduo                | 01:39:07 |
| 288   | 83     | Paulo FERREIRA    | Vet II     | Indivíduo                | 01:39:07 |
| 289   | 820    | Joaquim PEREIRA   | Vet III    | Indivíduo                | 01:39:13 |
| 290   | 415    | Fernando CORREIA  | Vet III    | Indivíduo                | 01:39:14 |
| 291   | 249    | José SOUSA        | Vet I      | Indivíduo                | 01:39:18 |
| 292   | 368    | Fernando PEREIRA  | Senior     | Indivíduo                | 01:39:19 |
| 293   | 474    | Paulo COSTA       | Vet II     | SFUAP                    | 01:39:21 |
| 294   | 285    | Henrique COELHO   | Vet I      | Indivíduo                | 01:39:22 |
| 295   | 21     | Miguel BARROS     | Vet I      | Indivíduo                | 01:39:31 |
| 296   | 214    | António FERNANDES | Vet II     | Indivíduo                | 01:39:32 |
| 297   | 8      | Luís SOUSA        | Vet II     | Indivíduo                | 01:39:34 |
| 298   | 268    | Paulo FREITAS     | Vet I      | ADRULSM                  | 01:39:38 |
| 299   | 670    | Martinho PADRÃO   | Senior     | AquaRunners              | 01:39:39 |
| 300   | 990    | Manuel VÍTOR      | Senior     | Indivíduo                | 01:39:54 |
| 301   | 120    | Alexandre DIAS    | Senior     | Indivíduo                | 01:39:54 |
| 302   | 245    | Filipe FERREIRA   | Senior     | Os Lobos Do Saibro       | 01:40:01 |
| 303   | 854    | Miguel BARQUEIRO  | Vet I      | Sunset Runners           | 01:40:01 |
| 304   | 253    | Paulo FARIA       | Vet II     | Senhora da Hora Running  | 01:40:05 |
| 305   | 275    | Alberto LUCAS     | Senior     | FALTA MUITO?             | 01:40:07 |
| 306   | 173    | Paulo VASCONCELOS | Vet II     | A. D. Amarante           | 01:40:08 |
| 307   | 727    | Filipe. MARINHO   | Senior     | FALTA MUITO?             | 01:40:12 |
| 308   | 317    | João MEIXEDO      | Vet II     | 24 h Portugal - 24 h run | 01:40:14 |
| 309   | 4      | António SILVA     | Vet III    | Lousada Runners          | 01:40:14 |
| 310   | 38     | Carlos MACEDO     | Vet IV     | A. D. Amarante           | 01:40:16 |
| 311   | 541    | Antonio BORGES    | Vet I      | Mota-Engil Runners       | 01:40:16 |
| 312   | 811    | Tiago MARTINS     | Senior     | Indivíduo                | 01:40:22 |
| 313   | 92     | Vítor CALDEIRA    | Senior     | Indivíduo                | 01:40:24 |
| 314   | 817    | Pedro COELHO      | Vet I      | Indivíduo                | 01:40:25 |
| 315   | 94     | Marta MARQUES     | Sénior Fem | Maia A. C.               | 01:40:26 |
| 316   | 741    | Antonio PEREIRA   | Vet III    | clube praças da armada   | 01:40:26 |
| 317   | 184    | Rui ANDRADE       | Vet III    | 2 RUN 4 - GUIDE DOGS     | 01:40:26 |
| 318   | 656    | Manuel RODRIGUES  | Vet I      | Indivíduo                | 01:40:32 |
| 319   | 617    | Rui FARIA         | Senior     | Indivíduo                | 01:40:33 |
| 320   | 479    | Orlando SANTOS    | Vet I      | Mocidade Sangemil AC     | 01:40:43 |
| 321   | 424    | Francisco FREITAS | Vet II     | GAIA-RUNNING             | 01:40:45 |
| 322   | 254    | Diogo MIGUÉIS     | Senior     | Indivíduo                | 01:40:45 |
| 323   | 429    | Nuno DIAS         | Senior     | A.R.C. V.S.Cosme         | 01:40:47 |
| 324   | 855    | Luis COELHO       | Vet I      | Indivíduo                | 01:40:52 |
| 325   | 34     | Álvaro CARDOSO    | Senior     | Indivíduo                | 01:40:54 |
| 326   | 209    | Luis ALVES        | Senior     | Indivíduo                | 01:40:54 |
| 327   | 46     | Pedro BARBOSA     | Vet I      | Indivíduo                | 01:40:57 |
| 328   | 485    | Silvio FERREIRA   | Senior     | Mocidade Sangemil AC     | 01:40:58 |
| 329   | 639    | Francisco JESUS   | Senior     | Fafe Runners             | 01:41:00 |
| 330   | 437    | Avelino COSTA     | Senior     | ATIB FinaBraga BTT       | 01:41:07 |

| Lugar | Dorsal | Atleta               | Escalão    | Clube                    | Tempo    |
|-------|--------|----------------------|------------|--------------------------|----------|
| 331   | 748    | Antonio-José FONSECA | Vet II     | Indivíduat               | 01:41:07 |
| 332   | 171    | Cândido MONTEIRO     | Vet III    | A. D. Amarante           | 01:41:12 |
| 333   | 975    | Joaquim MONTEIRO     | Senior     | Indivíduat               | 01:41:13 |
| 334   | 717    | Fernando MOREIRA     | Vet I      | Indivíduat               | 01:41:25 |
| 335   | 272    | Armando VALE         | Vet IV     | Indivíduat               | 01:41:30 |
| 336   | 642    | Maria COSTA          | Sénior Fem | Cracks Clube de Lamego   | 01:41:33 |
| 337   | 117    | Carlos RIPOLINS      | Vet IV     | RIPOLINS.COM EVENTOS     | 01:41:33 |
| 338   | 912    | Joaquim MENDES       | Vet III    | Fridão Sem Limites       | 01:41:39 |
| 339   | 392    | Manuel ROCHA         | Vet V      | OS KÁGADOS               | 01:41:40 |
| 340   | 31     | Tiago MENDES         | Vet II     | Indivíduat               | 01:41:52 |
| 341   | 661    | Paulo LIMBADO        | Vet II     | Tugas na Estrada         | 01:41:55 |
| 342   | 792    | José TEIXEIRA        | Vet II     | Lousada Runners          | 01:41:55 |
| 343   | 873    | Armando OLIVEIRA     | Vet IV     | Lousada_Runner           | 01:41:56 |
| 344   | 118    | Gabriel MOREIRA      | Senior     | Sempre os Mesmos         | 01:41:59 |
| 345   | 559    | Pedro PEREIRA        | Senior     | NAVR                     | 01:42:22 |
| 346   | 86     | Rui SOUSA            | Senior     | Indivíduat               | 01:42:23 |
| 347   | 555    | Fernando LOPES       | Vet I      | NAVR                     | 01:42:24 |
| 348   | 371    | Artur FREITAS        | Vet V      | ACADEMI FERNANDA RIBEIRA | 01:42:30 |
| 349   | 163    | Rui RODRIGUES        | Senior     | A&R RunningTeam          | 01:42:31 |
| 350   | 162    | Ana COELHO           | Sénior Fem | A&R RunningTeam          | 01:42:31 |
| 351   | 955    | Paulo FERREIRA       | Senior     | Ponto Zen                | 01:42:32 |
| 352   | 810    | Augusto MAGALHAES    | Vet II     | Indivíduat               | 01:42:36 |
| 353   | 711    | Rui ARAUJO           | Senior     | Sapadores da Invicta     | 01:42:36 |
| 354   | 707    | Alexandre FERREIRA   | Senior     | Sapadores da Invicta     | 01:42:37 |
| 355   | 674    | Casimiro FERNANDES   | Vet IV     | Vitoria Sport Club       | 01:42:37 |
| 356   | 147    | Nuno MALHEIRO        | Vet II     | Indivíduat               | 01:42:38 |
| 357   | 804    | António SILVA        | Vet II     | Indivíduat               | 01:42:39 |
| 358   | 685    | Filipe OLIVEIRA      | Vet II     | Vitoria Sport Club       | 01:42:41 |
| 359   | 682    | Miguel MENDES        | Senior     | Vitoria Sport Club       | 01:42:42 |
| 360   | 264    | António TEIXEIRA     | Vet IV     | G.D.Leões da Guarda      | 01:42:44 |
| 361   | 1      | Nuno MAIA            | Senior     | Maia Runner              | 01:42:45 |
| 362   | 198    | Hélder PINTO         | Senior     | ADA Trail Running        | 01:42:47 |
| 363   | 931    | José TEIXEIRA        | Vet I      | Indivíduat               | 01:42:48 |
| 364   | 1017   | Domingos SOUSA       | Vet IV     | Boavista FC              | 01:42:48 |
| 365   | 455    | Osvaldo TEIXEIRA     | Vet V      | A. D. Amarante           | 01:42:51 |
| 366   | 443    | Rafael PINTO         | Senior     | Indivíduat               | 01:42:52 |
| 367   | 11     | Paulo SILVA          | Vet I      | Indivíduat               | 01:42:54 |
| 368   | 1005   | Joaquim FERREIRA     | Vet III    | Associação Cult. Vermoim | 01:42:54 |
| 369   | 896    | João LOPES           | Vet I      | Indivíduat               | 01:42:56 |
| 370   | 679    | Carlos RIBEIRO       | Vet IV     | Vitoria Sport Club       | 01:42:58 |
| 371   | 677    | Carlos GONÇALVES     | Vet II     | Vitoria Sport Club       | 01:42:59 |
| 372   | 473    | Rui SILVA            | Vet V      | SFUAP                    | 01:43:05 |
| 373   | 99     | Mário GASPAS         | Vet III    | Indivíduat               | 01:43:09 |
| 374   | 270    | Carlos TEIXEIRA      | Senior     | Indivíduat               | 01:43:14 |
| 375   | 621    | Sandra CABRAL        | Vet Fem    | Ginásio Clube Bragança   | 01:43:14 |
| 376   | 247    | José VIEIRA          | Vet II     | Indivíduat               | 01:43:16 |
| 377   | 611    | Luis AGUIAR          | Senior     | Indivíduat               | 01:43:17 |
| 378   | 905    | António COELHO       | Vet I      | Sapadores da Invicta     | 01:43:23 |
| 379   | 708    | Mendes SILVA         | Vet II     | Sapadores da Invicta     | 01:43:24 |
| 380   | 715    | Joao SILVA           | Senior     | Indivíduat               | 01:43:29 |
| 381   | 627    | Paulo RUA            | Vet I      | Veteranos do Porto       | 01:43:33 |
| 382   | 506    | Vitor CASTRO         | Vet I      | Indivíduat               | 01:43:33 |
| 383   | 676    | José FREITAS         | Vet II     | Vitoria Sport Club       | 01:43:37 |
| 384   | 298    | Antonio OLIVEIRA     | Vet V      | Indivíduat               | 01:43:37 |
| 385   | 37     | António OLIVEIRA     | Vet IV     | Lousada Runners          | 01:43:37 |

| Lugar | Dorsal | Atleta            | Escalão    | Clube                    | Tempo    |
|-------|--------|-------------------|------------|--------------------------|----------|
| 386   | 122    | Nuno DIAS         | Vet I      | Budeguita Runners        | 01:43:39 |
| 387   | 191    | Ricardo MEIRA     | Senior     | Os Santa Apolonia        | 01:43:41 |
| 388   | 971    | Bruno GONÇALVES   | Senior     | Indivíduo                | 01:43:45 |
| 389   | 400    | José VITINHA      | Vet II     | OS KÁGADOS               | 01:43:51 |
| 390   | 646    | Antonio AMARO     | Vet II     | Indivíduo                | 01:43:52 |
| 391   | 161    | José GOMES        | Vet I      | Indivíduo                | 01:43:57 |
| 392   | 630    | Joaquim COSTA     | Vet II     | Indivíduo                | 01:44:14 |
| 393   | 128    | Pedro BASTOS      | Senior     | CLUBE BANIF              | 01:44:17 |
| 394   | 299    | José CRUZ         | Vet I      | Indivíduo                | 01:44:23 |
| 395   | 696    | Pedro FARIA       | Senior     | Indivíduo                | 01:44:24 |
| 396   | 983    | José COELHO       | Vet III    | F. C Penafiel            | 01:44:25 |
| 397   | 936    | Alfredo BARBOSA   | Vet V      | Douro Azul               | 01:44:29 |
| 398   | 874    | Jorge TEIXEIRA    | Senior     | Indivíduo                | 01:44:29 |
| 399   | 586    | Daniel TAVARES    | Senior     | Pukaznite                | 01:44:31 |
| 400   | 637    | João MENDES       | Senior     | Fafe Runners             | 01:44:45 |
| 401   | 989    | Ricardo FERREIRA  | Senior     | Indivíduo                | 01:44:51 |
| 402   | 344    | Rui CASTANHEIRA   | Senior     | Indivíduo                | 01:44:55 |
| 403   | 863    | Alexandre MOREIRA | Vet I      | Indivíduo                | 01:44:57 |
| 404   | 930    | João FREITAS      | Vet I      | Porto Runners            | 01:44:57 |
| 405   | 17     | Estela PIMENTA    | Sénior Fem | Indivíduo                | 01:45:01 |
| 406   | 981    | Ricardo ALMEIDA   | Senior     | Tintoebranco-noscuidamos | 01:45:04 |
| 407   | 827    | Norberto LOUREIRO | Senior     | Indivíduo                | 01:45:09 |
| 408   | 391    | Rogério BASTOS    | Senior     | OS KÁGADOS               | 01:45:12 |
| 409   | 917    | José JORDÃO       | Vet I      | Indivíduo                | 01:45:13 |
| 410   | 766    | Miguel PAIVA      | Senior     | Indivíduo                | 01:45:16 |
| 411   | 124    | Carlos ALVES      | Vet II     | Santander Totta          | 01:45:18 |
| 412   | 703    | António -         | Vet I      | Indivíduo                | 01:45:20 |
| 413   | 525    | Joaquim SILVA     | Vet II     | Indivíduo                | 01:45:20 |
| 414   | 215    | João PINHEIRO     | Vet II     | Moto Clube do Porto      | 01:45:22 |
| 415   | 808    | Ricardo FERNANDES | Senior     | Indivíduo                | 01:45:23 |
| 416   | 580    | Jorge COELHO      | Vet I      | Indivíduo                | 01:45:26 |
| 417   | 170    | Carlos MACEDO     | Vet V      | A. D. Amarante           | 01:45:27 |
| 418   | 257    | José MARINHO      | Senior     | Indivíduo                | 01:45:28 |
| 419   | 471    | Vitor SOARES      | Vet III    | Indivíduo                | 01:45:31 |
| 420   | 470    | Serafim SOARES    | Vet II     | Indivíduo                | 01:45:36 |
| 421   | 609    | Pedro FERNANDES   | Senior     | Indivíduo                | 01:45:43 |
| 422   | 258    | João GUIMARÃES    | Senior     | Indivíduo                | 01:45:46 |
| 423   | 686    | Manuel NOVAIS     | Vet III    | Vitoria Sport Club       | 01:46:01 |
| 424   | 126    | Manuel TAVARES    | Vet I      | CLUBE BANIF              | 01:46:12 |
| 425   | 276    | Artur FERRAZ      | Vet IV     | FALTA MUITO?             | 01:46:17 |
| 426   | 789    | Luís LOPES        | Vet I      | Team Nicajoaninha        | 01:46:21 |
| 427   | 588    | José SILVA        | Senior     | Indivíduo                | 01:46:23 |
| 428   | 493    | Manuel ABOBELEIRA | Senior     | Indivíduo                | 01:46:27 |
| 429   | 962    | Pedro SIMAO       | Senior     | Indivíduo                | 01:46:33 |
| 430   | 709    | Martinho MONTEIRO | Senior     | Sapadores da Invicta     | 01:46:49 |
| 431   | 710    | Tiago FERREIRA    | Senior     | Sapadores da Invicta     | 01:46:49 |
| 432   | 921    | Antonio FERREIRA  | Vet III    | A.C.V - V.N.Famalicão    | 01:46:51 |
| 433   | 729    | Ricardo SOUSA     | Senior     | Indivíduo                | 01:46:53 |
| 434   | 626    | Oscar LEITE       | Vet III    | Veteranos do Porto       | 01:46:53 |
| 435   | 418    | Antonio COELHO    | Vet I      | Indivíduo                | 01:46:55 |
| 436   | 204    | Marisa MACEDO     | Sénior Fem | Indivíduo                | 01:46:57 |
| 437   | 673    | Alberto MENDES    | Vet II     | Vitoria Sport Club       | 01:47:00 |
| 438   | 678    | José ROCHA        | Vet III    | Vitoria Sport Club       | 01:47:00 |
| 439   | 6      | António MIRANDA   | Vet III    | Lousada Runners          | 01:47:02 |
| 440   | 781    | Antónia BESSA     | Vet Fem    | Lousada Runners          | 01:47:03 |

| Lugar | Dorsal | Atleta           | Escalão    | Clube                    | Tempo    |
|-------|--------|------------------|------------|--------------------------|----------|
| 441   | 972    | Paulo FERREIRA   | Senior     | SPEM - EM FORÇA          | 01:47:18 |
| 442   | 1012   | Sérgio FERREIRA  | Vet III    | Boavista FC              | 01:47:19 |
| 443   | 1019   | Valquíria SILVA  | Sénior Fem | Boavista FC              | 01:47:19 |
| 444   | 536    | Angelo VIDAL     | Vet I      | Indivíduo                | 01:47:19 |
| 445   | 853    | José SILVA       | Vet III    | Sunset Runners           | 01:47:20 |
| 446   | 772    | Nuno JOBLING     | Senior     | Indivíduo                | 01:47:27 |
| 447   | 271    | Edgar SILVANO    | Senior     | Indivíduo                | 01:47:28 |
| 448   | 273    | Pedro FERNANDES  | Senior     | ADRULSM                  | 01:47:28 |
| 449   | 167    | Alvaro CERQUEIRA | Vet III    | A. D. Amarante           | 01:47:29 |
| 450   | 527    | Pedro MARINHO    | Senior     | Indivíduo                | 01:47:29 |
| 451   | 210    | Fernando AZEVEDO | Vet IV     | Indivíduo                | 01:47:32 |
| 452   | 165    | Jaime PEREIRA    | Vet V      | A. D. Amarante           | 01:47:37 |
| 453   | 879    | Claudia CUNHA    | Sénior Fem | Assoc.Fridão Sem Limites | 01:47:39 |
| 454   | 141    | João PAIVA       | Senior     | Indivíduo                | 01:47:48 |
| 455   | 467    | José ABREU       | Vet V      | g. d. leoes do veneza    | 01:47:52 |
| 456   | 364    | Ricardo MOTA     | Vet I      | Indivíduo                | 01:48:12 |
| 457   | 419    | Miguel COUTINHO  | Senior     | Indivíduo                | 01:48:12 |
| 458   | 897    | Joao CASTRO      | Senior     | GUIMOTURBO               | 01:48:24 |
| 459   | 331    | António MENDES   | Vet II     | SociedadeRecreioCepanese | 01:48:24 |
| 460   | 50     | Pedro ELIAS      | Vet I      | Indivíduo                | 01:48:25 |
| 461   | 181    | Manuel SILVA     | Vet II     | Indivíduo                | 01:48:29 |
| 462   | 976    | André MOREIRA    | Vet I      | Indivíduo                | 01:48:33 |
| 463   | 535    | Vasco SILVA      | Vet I      | SS Montepio              | 01:48:35 |
| 464   | 435    | Carlos RODRIGUES | Senior     | Indivíduo                | 01:48:36 |
| 465   | 771    | Armando FERRAZ   | Vet I      | Indivíduo                | 01:48:40 |
| 466   | 301    | João MOURA       | Vet II     | Indivíduo                | 01:48:42 |
| 467   | 82     | Luis GUIMARÃES   | Senior     | Indivíduo                | 01:48:47 |
| 468   | 30     | Antonio NETO     | Vet IV     | TRIFITROFA C.F.T.        | 01:48:49 |
| 469   | 112    | Carlos SAMPAIO   | Vet II     | Indivíduo                | 01:48:51 |
| 470   | 909    | Ricardo DUARTE   | Senior     | Indivíduo                | 01:48:51 |
| 471   | 337    | Tiago OLIVEIRA   | Senior     | Douro Runners            | 01:49:01 |
| 472   | 95     | Helena DIAS      | Vet Fem    | Budeguita Runners        | 01:49:04 |
| 473   | 1014   | Rui SANTOS       | Vet I      | Boavista FC              | 01:49:04 |
| 474   | 736    | Hélder CUNHA     | Senior     | Indivíduo                | 01:49:14 |
| 475   | 783    | Jorge SOARES     | Senior     | Indivíduo                | 01:49:16 |
| 476   | 681    | Alvaro ARAUJO    | Vet IV     | Vitoria Sport Club       | 01:49:28 |
| 477   | 51     | Luís TEIXEIRA    | Vet I      | ATIB FinaBraga BTT       | 01:49:30 |
| 478   | 48     | Antonio TEIXEIRA | Vet III    | Indivíduo                | 01:49:31 |
| 479   | 367    | Domingos BORGES  | Vet IV     | Indivíduo                | 01:49:31 |
| 480   | 309    | Rui BROCHADO     | Vet III    | Indivíduo                | 01:49:33 |
| 481   | 533    | José LACERDA     | Senior     | Indivíduo                | 01:49:50 |
| 482   | 812    | Nelson FERREIRA  | Senior     | Indivíduo                | 01:49:52 |
| 483   | 749    | Fernando LOPES   | Vet III    | HappyFamily-MeiaMaratona | 01:49:56 |
| 484   | 542    | Ricardo OLIVEIRA | Senior     | Indivíduo                | 01:49:58 |
| 485   | 466    | Valter CERQUEIRA | Senior     | associação Mondim Atleti | 01:50:02 |
| 486   | 725    | António MIGUÉIS  | Senior     | Ass. Mondim Atletismo    | 01:50:02 |
| 487   | 876    | Júlio LIMA       | Vet I      | associação Mondim Atleti | 01:50:02 |
| 488   | 131    | Rui CHAMUSCA     | Vet I      | CLUBE BANIF              | 01:50:07 |
| 489   | 1016   | Diogo BARROS     | Senior     | Boavista FC              | 01:50:07 |
| 490   | 382    | Carlos ANDRADE   | Vet II     | OS KÁGADOS               | 01:50:13 |
| 491   | 127    | Rui RIBEIRO      | Senior     | CLUBE BANIF              | 01:50:15 |
| 492   | 132    | Raul PEREIRA     | Vet I      | CLUBE BANIF              | 01:50:16 |
| 493   | 277    | Filipe CARVALHO  | Senior     | FALTA MUITO?             | 01:50:18 |
| 494   | 310    | Telmo FERNANDES  | Senior     | Indivíduo                | 01:50:20 |
| 495   | 629    | Susana ALVES     | Vet Fem    | Veteranos do Porto       | 01:50:27 |

| Lugar | Dorsal | Atleta               | Escalão    | Clube                    | Tempo    |
|-------|--------|----------------------|------------|--------------------------|----------|
| 496   | 23     | Alberto CARVALHO     | Vet II     | Indivíduat               | 01:50:27 |
| 497   | 694    | Ricardo PAIS         | Senior     | ErmidaFit                | 01:50:27 |
| 498   | 680    | José MACHADO         | Vet IV     | Vitoria Sport Club       | 01:50:33 |
| 499   | 396    | Fernando ANDRADE     | Vet III    | No Tomorrow Running Team | 01:50:36 |
| 500   | 481    | Carlos RIBEIRO       | Senior     | Mocidade Sangemil AC     | 01:50:49 |
| 501   | 213    | Frederico PINTO      | Senior     | Indivíduat               | 01:50:51 |
| 502   | 582    | Victor SOUSA         | Vet I      | Indivíduat               | 01:50:59 |
| 503   | 216    | António ALVES        | Senior     | Fridão Sem Limites       | 01:50:59 |
| 504   | 831    | Alexandre CRUZ       | Vet I      | Indivíduat               | 01:51:14 |
| 505   | 688    | Linho VINHAS         | Senior     | Vitoria Sport Club       | 01:51:30 |
| 506   | 562    | Eduardo RAMALHADEIRO | Vet I      | Os Arrastões             | 01:51:31 |
| 507   | 113    | Mario NUNES          | Vet III    | Indivíduat               | 01:51:31 |
| 508   | 314    | Daniela FALCÃO       | Sénior Fem | Runners Lampassa         | 01:51:33 |
| 509   | 900    | José MACHADO         | Vet I      | Budeguita Runners        | 01:51:34 |
| 510   | 100    | Rui GONÇALVES        | Vet I      | ATIB FinaBraga BTT       | 01:51:39 |
| 511   | 1013   | António REBOCHO      | Senior     | Boavista FC              | 01:51:39 |
| 512   | 800    | Hugo PEREIRA         | Senior     | Red Line                 | 01:51:40 |
| 513   | 478    | Fernando MENDES      | Senior     | Mocidade Sangemil AC     | 01:51:41 |
| 514   | 44     | Miguel COSTA         | Senior     | Indivíduat               | 01:51:46 |
| 515   | 218    | Filipe PINHEIRO      | Senior     | Fridão Sem Limites       | 01:51:53 |
| 516   | 302    | Ana CORREIA          | Vet Fem    | WinnerGym                | 01:51:54 |
| 517   | 320    | Anabela ALMEIDA      | Vet Fem    | Indivíduat               | 01:51:56 |
| 518   | 36     | Miguel QUEIROS       | Senior     | A. D. Amarante           | 01:52:00 |
| 519   | 430    | Paulo PINTO          | Vet I      | Indivíduat               | 01:52:05 |
| 520   | 294    | Adriano TEIXEIRA     | Vet V      | Indivíduat               | 01:52:12 |
| 521   | 701    | Rui PINTO            | Senior     | C. D. LOUSADO            | 01:52:18 |
| 522   | 451    | Jose SILVA           | Vet III    | Indivíduat               | 01:52:19 |
| 523   | 22     | Carlos BORGES        | Vet I      | ATIB FinaBraga BTT       | 01:52:27 |
| 524   | 385    | José SANTOS          | Vet III    | OS KÁGADOS               | 01:52:38 |
| 525   | 877    | Augusto CUNHA        | Vet V      | Indivíduat               | 01:52:39 |
| 526   | 488    | Etelvina ROCHA       | Vet Fem    | Mocidade Sangemil AC     | 01:52:39 |
| 527   | 1008   | Marco NUNES          | Senior     | Aventura Marão Clube     | 01:52:47 |
| 528   | 970    | João CARMO           | Vet IV     | Indivíduat               | 01:52:54 |
| 529   | 770    | Henrique MORAIS      | Senior     | Indivíduat               | 01:52:59 |
| 530   | 137    | Nuno FERREIRA        | Senior     | Quase Corredores         | 01:53:34 |
| 531   | 186    | José CARVALHO        | Vet I      | Indivíduat               | 01:53:35 |
| 532   | 974    | Manuel TEIXEIRA      | Vet III    | Indivíduat               | 01:53:56 |
| 533   | 164    | António GONÇALVES    | Vet III    | A. D. Amarante           | 01:53:59 |
| 534   | 431    | António PEREIRA      | Vet V      | Indivíduat               | 01:54:02 |
| 535   | 740    | José FERNANDES       | Senior     | Indivíduat               | 01:54:04 |
| 536   | 174    | Jorge CERQUEIRA      | Vet IV     | A. D. Amarante           | 01:54:19 |
| 537   | 807    | Luis MENDES          | Senior     | Seven                    | 01:54:30 |
| 538   | 158    | Avelino TEIXEIRA     | Vet V      | Indivíduat               | 01:54:33 |
| 539   | 383    | Manuel PEREIRA       | Vet III    | OS KÁGADOS               | 01:54:36 |
| 540   | 798    | Isabel COUTO         | Sénior Fem | Indivíduat               | 01:54:38 |
| 541   | 250    | Paulo GOMES          | Vet II     | Indivíduat               | 01:54:47 |
| 542   | 335    | Celina SILVA         | Sénior Fem | Indivíduat               | 01:54:48 |
| 543   | 699    | Joao CASTRO          | Senior     | Seven                    | 01:54:50 |
| 544   | 843    | Carlos SORTE         | Senior     | Indivíduat               | 01:54:51 |
| 545   | 952    | André BUFFON         | Senior     | Indivíduat               | 01:55:05 |
| 546   | 389    | Pedro PEREIRA        | Senior     | Indivíduat               | 01:55:08 |
| 547   | 206    | Natalino PEREIRA     | Senior     | Porto Runnes             | 01:55:12 |
| 548   | 326    | João NUNO            | Senior     | SociedadeRecreioCepanens | 01:55:15 |
| 549   | 217    | Antonio SILVA        | Vet IV     | Fridão Sem Limites       | 01:55:21 |
| 550   | 269    | Victor OSÓRIO        | Senior     | ADRULSM                  | 01:55:21 |

| Lugar | Dorsal | Atleta             | Escalão    | Clube                    | Tempo    |
|-------|--------|--------------------|------------|--------------------------|----------|
| 551   | 241    | Jose SANTOS        | Vet IV     | Amarante PT              | 01:55:28 |
| 552   | 821    | Alexandre MONTEIRO | Vet I      | Indivídu                 | 01:55:44 |
| 553   | 902    | Isaac COSTA        | Senior     | Indivídu                 | 01:55:51 |
| 554   | 79     | Carmen LIMA        | Sénior Fem | CONFRARIA TROTAMONTES    | 01:55:52 |
| 555   | 256    | Alexandre SILVA    | Senior     | Indivídu                 | 01:55:53 |
| 556   | 718    | Helder CAMPOS      | Senior     | ADRULSM                  | 01:55:55 |
| 557   | 497    | Manuel CARVALHO    | Vet V      | Indivídu                 | 01:55:59 |
| 558   | 98     | Serafim VENTURA    | Senior     | Indivídu                 | 01:56:03 |
| 559   | 486    | Eduarda ALVES      | Sénior Fem | Mocidade Sangemil AC     | 01:56:05 |
| 560   | 472    | Marco LIPPERT      | Senior     | Indivídu                 | 01:56:06 |
| 561   | 657    | Carlos TEIXEIRA    | Vet I      | Winner Gym               | 01:56:23 |
| 562   | 347    | Miguel MANDIM      | Senior     | Indivídu                 | 01:56:39 |
| 563   | 845    | Márcio RAMOS       | Senior     | Gondomar Futsal Clube    | 01:56:47 |
| 564   | 612    | Antides FIGUEIREDO | Senior     | Indivídu                 | 01:56:53 |
| 565   | 18     | João COSTA         | Vet I      | Indivídu                 | 01:56:58 |
| 566   | 12     | Humberto SILVA     | Vet II     | Indivídu                 | 01:57:08 |
| 567   | 469    | Jorge PORTELA      | Senior     | Indivídu                 | 01:57:08 |
| 568   | 398    | Fernando CORREIA   | Senior     | Indivídu                 | 01:57:09 |
| 569   | 851    | Celso TORRES       | Vet III    | fit 4 fun vale de cambra | 01:57:19 |
| 570   | 828    | Orlando GONÇALCES  | Senior     | Indivídu                 | 01:57:29 |
| 571   | 814    | Eduardo BRITO      | Vet I      | Indivídu                 | 01:57:36 |
| 572   | 640    | Pedro COSTA        | Vet I      | Indivídu                 | 01:57:36 |
| 573   | 760    | Ruben JORGE        | Vet I      | Indivídu                 | 01:57:37 |
| 574   | 751    | Mílton TRIGO       | Vet I      | Indivídu                 | 01:57:49 |
| 575   | 691    | Silvio PINTO       | Senior     | Indivídu                 | 01:57:54 |
| 576   | 207    | Cidália BARBOSA    | Sénior Fem | Lousada Runners          | 01:57:54 |
| 577   | 319    | Ana BARBOSA        | Vet Fem    | Indivídu                 | 01:57:56 |
| 578   | 775    | Manuel CARDOSO     | Vet I      | Boavista F.C             | 01:57:57 |
| 579   | 920    | Rogério MENDES     | Senior     | Indivídu                 | 01:57:57 |
| 580   | 449    | Roque MARTINS      | Vet III    | Indivídu                 | 01:58:00 |
| 581   | 406    | Ricardo SILVA      | Vet I      | FALTA MUITO?             | 01:58:17 |
| 582   | 78     | Alfredo SANTOS     | Vet V      | Indivídu                 | 01:58:19 |
| 583   | 799    | Miguel PALMA       | Senior     | Indivídu                 | 01:58:21 |
| 584   | 545    | Luis BARBOSA       | Vet I      | Indivídu                 | 01:58:29 |
| 585   | 438    | Nuno CASTRO        | Vet II     | Indivídu                 | 01:58:34 |
| 586   | 947    | Ricardo TEIXEIRA   | Senior     | Indivídu                 | 01:58:34 |
| 587   | 521    | Afonso PEREIRA     | Vet I      | Indivídu                 | 01:58:49 |
| 588   | 489    | Ricardo NEVES      | Senior     | Mocidade Sangemil AC     | 01:58:56 |
| 589   | 425    | Eduardo TEIXEIRA   | Vet II     | GAIA-RUNNING             | 01:58:58 |
| 590   | 341    | Hugo CARASLINDAS   | Senior     | Indivídu                 | 01:59:00 |
| 591   | 861    | Lucilia PENTEADO   | Sénior Fem | Indivídu                 | 01:59:12 |
| 592   | 663    | Vitor CUNHA        | Vet I      | Coração de Lebre         | 01:59:18 |
| 593   | 1009   | Álvaro PINTO       | Vet I      | Clube Zupper             | 01:59:19 |
| 594   | 544    | Maria MOREIRA      | Vet Fem    | Lousada Runners          | 01:59:29 |
| 595   | 146    | Maria BENQUERENÇA  | Vet Fem    | Indivídu                 | 01:59:34 |
| 596   | 961    | André COSTA        | Senior     | Indivídu                 | 01:59:38 |
| 597   | 878    | Silvia FIDALGO     | Sénior Fem | Assoc.Fridão Sem Limites | 01:59:43 |
| 598   | 69     | Georgina TIXEIRA   | Sénior Fem | RED-LINE TEAM            | 01:59:46 |
| 599   | 130    | Aníbal PAIVA       | Vet I      | CLUBE BANIF              | 01:59:46 |
| 600   | 507    | Gomes SILVA        | Vet I      | Indivídu                 | 01:59:57 |
| 601   | 293    | César LISBOA       | Senior     | ADRULSM                  | 01:59:57 |
| 602   | 134    | Alfredo PEREIRA    | Vet I      | CLUBE BANIF              | 02:00:05 |
| 603   | 133    | Aline COLAÇO       | Sénior Fem | CLUBE BANIF              | 02:00:05 |
| 604   | 776    | Artur CUNHA        | Senior     | Indivídu                 | 02:00:19 |
| 605   | 513    | Pedro ALVES        | Senior     | Indivídu                 | 02:00:23 |

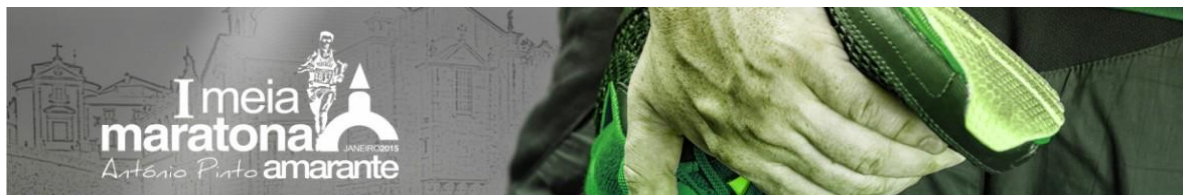
| Lugar | Dorsal | Atleta             | Escalão    | Clube                    | Tempo    |
|-------|--------|--------------------|------------|--------------------------|----------|
| 606   | 267    | Dário MIRANDA      | Senior     | ADRULSM                  | 02:00:25 |
| 607   | 7      | Ana MARTINS        | Vet Fem    | Indivíduo                | 02:00:29 |
| 608   | 607    | Rita BASTO         | Sénior Fem | Indivíduo                | 02:00:31 |
| 609   | 720    | Américo ARAÚJO     | Vet II     | OS POSITIVOS             | 02:00:38 |
| 610   | 108    | Pedro BRANDAO      | Senior     | Indivíduo                | 02:00:42 |
| 611   | 366    | Mario COSTA        | Vet III    | Indivíduo                | 02:01:00 |
| 612   | 968    | Filipe MENDES      | Senior     | Indivíduo                | 02:01:51 |
| 613   | 532    | Olga SAMÕES        | Vet Fem    | Indivíduo                | 02:01:53 |
| 614   | 476    | Filomena JESUS     | Vet Fem    | SFUAP                    | 02:02:08 |
| 615   | 386    | Joaquim LOPES      | Vet IV     | OS KÁGADOS               | 02:02:32 |
| 616   | 233    | Pedro PINTO        | Senior     | Indivíduo                | 02:02:37 |
| 617   | 168    | Fernando CERQUEIRA | Vet III    | A. D. Amarante           | 02:02:37 |
| 618   | 388    | Paulo PINHO        | Vet III    | OS KÁGADOS               | 02:02:45 |
| 619   | 445    | Abílio TEIXEIRA    | Senior     | Indivíduo                | 02:02:52 |
| 620   | 1006   | Sandra FERNANDES   | Sénior Fem | Indivíduo                | 02:02:53 |
| 621   | 339    | Angelo OLIVEIRA    | Senior     | Douro Runners            | 02:02:53 |
| 622   | 169    | Clara CERQUEIRA    | Vet Fem    | A. D. Amarante           | 02:03:16 |
| 623   | 281    | Fernando CUNHA     | Vet IV     | ADRULSM                  | 02:03:21 |
| 624   | 719    | Paulo SOUSA        | Vet II     | OS POSITIVOS             | 02:03:23 |
| 625   | 327    | Nuno LAPEIRA       | Vet II     | SociedadeRecreioCepanens | 02:03:23 |
| 626   | 744    | Antonio CUNHA      | Vet II     | Porto Runners            | 02:03:30 |
| 627   | 251    | Jaime SILVA        | Vet IV     | Indivíduo                | 02:03:32 |
| 628   | 652    | Ramiro MONTEIRO    | Vet V      | Caldas São Jorge S. C.   | 02:03:38 |
| 629   | 842    | Avelino PEREIRA    | Vet V      | Indivíduo                | 02:03:50 |
| 630   | 763    | Flávio CARVALHO    | Senior     | Indivíduo                | 02:03:55 |
| 631   | 764    | Márcio AGUIAR      | Senior     | Indivíduo                | 02:03:55 |
| 632   | 157    | Tiago SOARES       | Senior     | Quase Corredores         | 02:04:09 |
| 633   | 904    | Paulo MARÚ         | Vet II     | Sapadores da Invicta     | 02:04:17 |
| 634   | 780    | Séverine BOITEAU   | Vet Fem    | Indivíduo                | 02:04:17 |
| 635   | 742    | Maria PIRES        | Vet Fem    | Indivíduo                | 02:04:21 |
| 636   | 523    | Luís MAGALHÃES     | Senior     | Indivíduo                | 02:04:54 |
| 637   | 329    | Sérgio MENDES      | Senior     | SociedadeRecreioCepanens | 02:05:13 |
| 638   | 448    | João LOPES         | Vet II     | SociedadeRecreioCepanens | 02:05:13 |
| 639   | 484    | Ricardo ROCHA      | Senior     | Mocidade Sangemil AC     | 02:05:17 |
| 640   | 482    | Margarida MARTINS  | Vet Fem    | Mocidade Sangemil AC     | 02:05:17 |
| 641   | 702    | Raquel NEIVA       | Sénior Fem | C. D. LOUSADO            | 02:05:50 |
| 642   | 695    | Telma DUARTE       | Sénior Fem | ErmidaFit                | 02:05:51 |
| 643   | 531    | Paulo LOPES        | Vet I      | Indivíduo                | 02:05:55 |
| 644   | 407    | Nuno CUNHA         | Senior     | Indivíduo                | 02:06:09 |
| 645   | 376    | António QUADROS    | Vet I      | Geadas Running           | 02:06:10 |
| 646   | 252    | Jorge OLIVEIRA     | Senior     | Geadas Runnig            | 02:06:13 |
| 647   | 991    | Rui VIEGAS         | Senior     | Galhardos Runners        | 02:06:13 |
| 648   | 116    | Alfredo MAGALHÃES  | Vet III    | Indivíduo                | 02:06:13 |
| 649   | 439    | Maria MAGALHÃES    | Vet Fem    | FALTA MUITO?             | 02:06:48 |
| 650   | 49     | Sónia MOREIRA      | Sénior Fem | Indivíduo                | 02:06:58 |
| 651   | 969    | Pedro PEREIRA      | Senior     | Indivíduo                | 02:07:07 |
| 652   | 948    | João LOPES         | Vet III    | Indivíduo                | 02:07:15 |
| 653   | 731    | Tiago CORREIA      | Senior     | Indivíduo                | 02:07:33 |
| 654   | 935    | Eduardo PAQUETE    | Vet V      | Douro Azul               | 02:07:39 |
| 655   | 761    | Sérgio PINTO       | Senior     | Indivíduo                | 02:08:14 |
| 656   | 110    | José MAGALHÃES     | Senior     | Indivíduo                | 02:08:27 |
| 657   | 393    | Belmiro AGUIAR     | Vet V      | OS KÁGADOS               | 02:08:51 |
| 658   | 416    | António PEREIRA    | Vet III    | A.D. AMARANTE            | 02:08:58 |
| 659   | 200    | Bruno PINHEIRO     | Senior     | Indivíduo                | 02:09:33 |
| 660   | 381    | José TAVARES       | Senior     | OS KÁGADOS               | 02:09:37 |

| Lugar | Dorsal | Atleta             | Escalão    | Clube                   | Tempo    |
|-------|--------|--------------------|------------|-------------------------|----------|
| 661   | 721    | Amancio PINHEIRO   | Vet II     | OS POSITIVOS            | 02:09:42 |
| 662   | 992    | Julio BORGES       | Senior     | Indivíduo               | 02:09:52 |
| 663   | 102    | Márcia CABOUÇO     | Sénior Fem | Indivíduo               | 02:09:52 |
| 664   | 743    | José GONÇALVES     | Vet I      | Indivíduo               | 02:09:53 |
| 665   | 805    | Sara LOPES         | Sénior Fem | Indivíduo               | 02:09:54 |
| 666   | 693    | Eduardo RIBEIRO    | Vet I      | Seven                   | 02:10:08 |
| 667   | 934    | Alberto MELO       | Vet V      | Douro Azul              | 02:10:13 |
| 668   | 939    | José CORVAL        | Vet IV     | Douro Azul              | 02:10:17 |
| 669   | 463    | Augusto RIBEIRO    | Vet I      | Cabritos da Cortiça     | 02:10:27 |
| 670   | 464    | Zélia BRANDÃO      | Sénior Fem | Cabritos da Cortiça     | 02:10:27 |
| 671   | 833    | Celso OLIVEIRA     | Senior     | Indivíduo               | 02:11:03 |
| 672   | 13     | Ricardo TEIXEIRA   | Senior     | Indivíduo               | 02:11:11 |
| 673   | 722    | Antonio FARIA      | Vet III    | OS POSITIVOS            | 02:11:16 |
| 674   | 318    | Custódio FREITAS   | Vet III    | Indivíduo               | 02:12:05 |
| 675   | 446    | Eduardo PAIS       | Senior     | Indivíduo               | 02:13:00 |
| 676   | 480    | Mário VINHAS       | Vet II     | Mocidade Sangemil AC    | 02:13:17 |
| 677   | 483    | Paula DIAS         | Vet Fem    | Mocidade Sangemil AC    | 02:13:19 |
| 678   | 462    | Nelson GOMES       | Senior     | Indivíduo               | 02:13:37 |
| 679   | 529    | Carlos MAGALHÃES   | Vet II     | Indivíduo               | 02:13:42 |
| 680   | 288    | Nuno VASCONCELOS   | Senior     | invicta runners team    | 02:14:41 |
| 681   | 475    | Paula COSTA        | Vet Fem    | SFUAP                   | 02:15:11 |
| 682   | 394    | Eduardo AMARAL     | Vet V      | OS KÁGADOS              | 02:15:11 |
| 683   | 33     | Aderito RAÍNHO     | Senior     | RASA CLUB               | 02:15:54 |
| 684   | 1010   | Diogo ALVES        | Senior     | Indivíduo               | 02:16:37 |
| 685   | 201    | José RIBEIRO       | Vet III    | Indivíduo               | 02:16:38 |
| 686   | 203    | Conceição CORREIA  | Vet Fem    | Roda dos Ventos         | 02:18:12 |
| 687   | 518    | Susana GUERREIRO   | Sénior Fem | Indivíduo               | 02:18:13 |
| 688   | 384    | António CARRILHO   | Vet IV     | OS KÁGADOS              | 02:19:59 |
| 689   | 881    | Maria FERREIRA     | Vet Fem    | Indivíduo               | 02:20:37 |
| 690   | 105    | Paula TEIXEIRA     | Vet Fem    | Indivíduo               | 02:21:24 |
| 691   | 313    | Ricardo FONSECA    | Senior     | Indivíduo               | 02:22:08 |
| 692   | 850    | Albino ROCHA       | Vet III    | Indivíduo               | 02:22:22 |
| 693   | 509    | José FONSECA       | Senior     | Indivíduo               | 02:22:22 |
| 694   | 530    | João NOGUEIRA      | Senior     | Indivíduo               | 02:22:55 |
| 695   | 632    | Jorge MARTINS      | Vet IV     | Indivíduo               | 02:23:02 |
| 696   | 802    | Jorge SANTOS       | Senior     | EMForça                 | 02:24:06 |
| 697   | 803    | Luís CAMPOS        | Senior     | Indivíduo               | 02:24:07 |
| 698   | 801    | João RIEM          | Senior     | EMForça                 | 02:24:07 |
| 699   | 951    | Artur SILV         | Vet V      | Indivíduo               | 02:24:24 |
| 700   | 420    | Filipe FERNANDES   | Senior     | Indivíduo               | 02:25:24 |
| 701   | 421    | Vera CARDOSO       | Sénior Fem | Indivíduo               | 02:25:25 |
| 702   | 194    | Joel SOUSA         | Senior     | Indivíduo               | 02:28:47 |
| 703   | 577    | Joana CORDEIRO     | Sénior Fem | Indivíduo               | 02:37:26 |
| 704   | 575    | Marta CORDEIRO     | Sénior Fem | Indivíduo               | 02:37:26 |
| 705   | 172    | Gustavo BENTO      | Senior     | A. D. Amarante          | 02:37:26 |
| 706   | 9      | Margarida MARQUES  | Vet Fem    | Lousada Runners         | 02:45:07 |
| 707   | 343    | José BARROS        | Senior     | Moure BTT               | 02:50:37 |
| 708   | 501    | Ana RIBEIRO        | Sénior Fem | Indivíduo               | 02:52:17 |
| DSQ   | 461    | Horácio TEIXEIRA   | Vet V      | Lousada Runners         | 00:38:47 |
| DSQ   | 453    | Adosinda GONÇALVES | Vet Fem    | Indivíduo               | 01:10:29 |
| DSQ   | 377    | Sandrina QUEIROS   | Sénior Fem | Geadas Running          | 01:13:57 |
| DSQ   | 988    | André MAGALHÃES    | Senior     | Camara Mun. de Amarante | 01:14:30 |
| DSQ   | 659    | João VAREJÃO       | Senior     | Indivíduo               | 01:14:48 |
| DSQ   | 982    | Augusto CASTRO     | Vet IV     | F. C Penafiel           | 01:20:48 |
| DSQ   | 888    | Bruno VIEIRA       | Senior     | Indivíduo               | 01:23:17 |

| Lugar | Dorsal | Atleta             | Escalão    | Clube                    | Tempo    |
|-------|--------|--------------------|------------|--------------------------|----------|
| DSQ   | 265    | Cipriano SOUSA     | Senior     | G.D.Leões da Guarda      | 01:29:36 |
| DSQ   | 58     | Moura PINTO        | Vet IV     | Indivíduo                | 01:30:10 |
| DSQ   | 379    | Andreia SILVA      | Sénior Fem | Douro Runners            | 01:33:26 |
| DSQ   | 338    | Andreia LEITÃO     | Sénior Fem | Douro Runners            | 01:33:27 |
| DSQ   | 73     | Francisco OLIVEIRA | Vet IV     | Atletas Douro            | 01:34:03 |
| DSQ   | 683    | José MACHADO       | Vet I      | Vitoria Sport Club       | 01:38:48 |
| DSQ   | 687    | Amélia VIEIRA      | Vet Fem    | Vitoria Sport Club       | 01:38:48 |
| DSQ   | 625    | Manuel DIAS        | Vet V      | Veteranos do Porto       | 01:41:59 |
| DSQ   | 624    | Henrique GONÇALVES | Vet V      | Veteranos do Porto       | 01:42:00 |
| DSQ   | 303    | António SEABRA     | Vet IV     | Indivíduo                | 01:44:09 |
| DSQ   | 72     | Rui SANTOS         | Senior     | Atletas Douro            | 02:00:29 |
| DSQ   | 858    | Dinis TAVARES      | Vet III    | Indivíduo                | 02:22:35 |
| DNF   | 93     | Nuno TRUTA         | Senior     | Maia A. C.               | N/A      |
| DNF   | 289    | Jorge FIGUEIREDO   | Vet I      | Cabritos da Cortiça TRAI | N/A      |
| DNF   | 390    | Valdemar SOUSA     | Vet IV     | OS KÁGADOS               | N/A      |
| DNF   | 618    | Leonel AUGUSTO     | Senior     | Taludos Pá               | N/A      |
| DNF   | 712    | Bruno MONTEIRO     | Senior     | Sapadores da Invicta     | N/A      |
| DNS   | 15     | Orlando CORREIA    | Vet II     | Indivíduo                | N/A      |
| DNS   | 19     | Manuela DAMAS      | Sénior Fem | Indivíduo                | N/A      |
| DNS   | 28     | Antonio SANTOS     | Vet V      | Indivíduo                | N/A      |
| DNS   | 42     | Sérgio LOPES       | Senior     | Indivíduo                | N/A      |
| DNS   | 43     | Carlos CASTRO      | Vet II     | Indivíduo                | N/A      |
| DNS   | 52     | Paulo PACHECO      | Vet I      | Indivíduo                | N/A      |
| DNS   | 54     | Alfredo SOUSA      | Vet I      | Gdp                      | N/A      |
| DNS   | 55     | José CARVALHAIS    | Vet II     | Ginásio Culto do Corpo   | N/A      |
| DNS   | 59     | Pedro FRAGA        | Vet I      | Indivíduo                | N/A      |
| DNS   | 60     | Mafalda FERREIRA   | Vet Fem    | Indivíduo                | N/A      |
| DNS   | 61     | Alexandra COSTA    | Vet Fem    | Indivíduo                | N/A      |
| DNS   | 71     | Paulo OLIVEIRA     | Senior     | Atletas Douro            | N/A      |
| DNS   | 80     | Antonio MORAIS     | Vet I      | CONFRARIA TROTAMONTES    | N/A      |
| DNS   | 90     | Lúcia OLIVEIRA     | Sénior Fem | Generg                   | N/A      |
| DNS   | 96     | André AMORIM       | Vet II     | Budeguita Runners        | N/A      |
| DNS   | 97     | Helder FERREIRA    | Senior     | Indivíduo                | N/A      |
| DNS   | 121    | José PRIOR         | Vet I      | Indivíduo                | N/A      |
| DNS   | 123    | José LIMA          | Vet IV     | EM`FORÇA                 | N/A      |
| DNS   | 125    | Hélder BARROS      | Senior     | Indivíduo                | N/A      |
| DNS   | 129    | Jorge PEREIRA      | Senior     | CLUBE BANIF              | N/A      |
| DNS   | 148    | Paulo OLIVEIRA     | Vet II     | Indivíduo                | N/A      |
| DNS   | 149    | Nuno GRAÇA         | Senior     | weRUN Portugal           | N/A      |
| DNS   | 150    | Armando MONTEIRO   | Vet I      | weRUN Portugal           | N/A      |
| DNS   | 156    | Cristina CARNEIRO  | Vet Fem    | Indivíduo                | N/A      |
| DNS   | 166    | Alexandre PINTO    | Vet V      | A. D. Amarante           | N/A      |
| DNS   | 185    | Sérgio LARANJEIRA  | Senior     | Indivíduo                | N/A      |
| DNS   | 193    | Miguel TEIXEIRA    | Senior     | Indivíduo                | N/A      |
| DNS   | 205    | Alberto BALDAQUE   | Vet I      | Porto Runners            | N/A      |
| DNS   | 220    | Manuel NOGUEIRA    | Senior     | Indivíduo                | N/A      |
| DNS   | 226    | Manuel FERREIRA    | Senior     | GAMANATURA               | N/A      |
| DNS   | 239    | Pedro ROMANO       | Senior     | Suicidas Brácaros        | N/A      |
| DNS   | 242    | João MAGALHÃES     | Vet I      | Indivíduo                | N/A      |
| DNS   | 248    | Luís REIS          | Senior     | Moove It Style           | N/A      |
| DNS   | 259    | Carlos FRIAS       | Vet IV     | G.D.Leões da Guarda      | N/A      |
| DNS   | 280    | Manuel SOUSA       | Vet IV     | A R Luz E Vida Gondomar  | N/A      |
| DNS   | 295    | Paulo SILVA        | Vet I      | Indivíduo                | N/A      |
| DNS   | 336    | Arnaldo MOREIRA    | Vet II     | Lousada Runners          | N/A      |
| DNS   | 340    | Ernesto PINHO      | Senior     | Douro Runners            | N/A      |

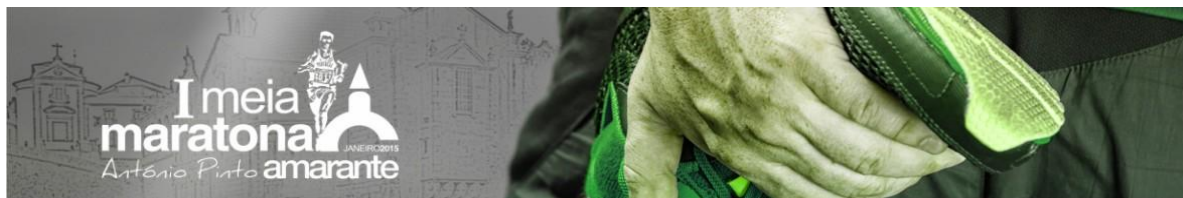
| Lugar | Dorsal | Atleta              | Escalão    | Clube                    | Tempo |
|-------|--------|---------------------|------------|--------------------------|-------|
| DNS   | 361    | Júlio PINTO         | Senior     | Yes We Kenya             | N/A   |
| DNS   | 369    | Luis CHAVES         | Vet II     | Chaves Running Team      | N/A   |
| DNS   | 370    | Margarifa FERNANDES | Sénior Fem | Chaves Running Team      | N/A   |
| DNS   | 378    | Paulo ALVES         | Senior     | Indivíduo                | N/A   |
| DNS   | 380    | Ângela JESUS        | Sénior Fem | Chaves Running Team      | N/A   |
| DNS   | 399    | Joao DIAS           | Senior     | Indivíduo                | N/A   |
| DNS   | 401    | Carlos PEREIRA      | Vet II     | Indivíduo                | N/A   |
| DNS   | 409    | Rui MADUREIRA       | Vet I      | Indivíduo                | N/A   |
| DNS   | 414    | Francisco LEMOS     | Vet III    | Indivíduo                | N/A   |
| DNS   | 417    | Engrácia FERREIRA   | Vet Fem    | A.D. AMARANTE            | N/A   |
| DNS   | 423    | Jorge BARBOSA       | Senior     | Indivíduo                | N/A   |
| DNS   | 447    | Paulo PINTO         | Senior     | Indivíduo                | N/A   |
| DNS   | 456    | Álvaro COSTA        | Vet I      | Indivíduo                | N/A   |
| DNS   | 492    | José AMARO          | Vet II     | Indivíduo                | N/A   |
| DNS   | 499    | Paulo FRUTUOSO      | Vet III    | Frutuoso & Veloso II Lda | N/A   |
| DNS   | 504    | Pedro PONTES        | Senior     | TRUTAS DO MAU - GDR GRAN | N/A   |
| DNS   | 514    | Catarina ALMEIDA    | Sénior Fem | Indivíduo                | N/A   |
| DNS   | 522    | Lúcio CUNHA         | Vet I      | MoureBTT                 | N/A   |
| DNS   | 539    | Pedro CASAS         | Senior     | Galaicus Trail Runners   | N/A   |
| DNS   | 570    | Diogo FERREIRA      | Senior     | Indivíduo                | N/A   |
| DNS   | 603    | Alberto LEITE       | Vet V      | Indivíduo                | N/A   |
| DNS   | 604    | Sónia MAMEDE        | Sénior Fem | Indivíduo                | N/A   |
| DNS   | 628    | José CALHEIROS      | Vet III    | Veteranos do Porto       | N/A   |
| DNS   | 631    | Manuel EMIDIO       | Vet V      | Indivíduo                | N/A   |
| DNS   | 638    | Pedro PINTO         | Senior     | Fafe Runners             | N/A   |
| DNS   | 645    | Miguel FIGUEIREDO   | Vet I      | amigos ponto final       | N/A   |
| DNS   | 660    | Patricia RODRIGUES  | Sénior Fem | Tugas na Estrada         | N/A   |
| DNS   | 662    | Antonio PAULOS      | Vet IV     | Coração de Lebre         | N/A   |
| DNS   | 664    | Sonia CARVALHO      | Sénior Fem | Indivíduo                | N/A   |
| DNS   | 704    | Fernando SANTIAGO   | Vet III    | Indivíduo                | N/A   |
| DNS   | 723    | Manuel SILVA        | Vet III    | OS POSITIVOS             | N/A   |
| DNS   | 724    | João ARAÚJO         | Vet I      | OS POSITIVOS             | N/A   |
| DNS   | 726    | José GUIMARÃES      | Senior     | Indivíduo                | N/A   |
| DNS   | 737    | Diogo LOURENÇO      | Senior     | Indivíduo                | N/A   |
| DNS   | 778    | Jose VIEIRA         | Vet V      | Indivíduo                | N/A   |
| DNS   | 785    | Flávio MORAIS       | Senior     | HORÁCIO FUMEIROS- LAMEGO | N/A   |
| DNS   | 795    | Vítor FREITAS       | Senior     | Indivíduo                | N/A   |
| DNS   | 822    | Diogo SERRA         | Senior     | Indivíduo                | N/A   |
| DNS   | 823    | Francisco CARDOSO   | Senior     | Indivíduo                | N/A   |
| DNS   | 826    | António AZEVEDO     | Senior     | Indivíduo                | N/A   |
| DNS   | 839    | José BRITO          | Vet III    | Indivíduo                | N/A   |
| DNS   | 841    | Augusto PEREIRA     | Vet V      | Indivíduo                | N/A   |
| DNS   | 847    | Nelson NASCIMENTO   | Senior     | Indivíduo                | N/A   |
| DNS   | 857    | Paulo CORREIA       | Vet I      | Indivíduo                | N/A   |
| DNS   | 862    | Sara VALES          | Sénior Fem | River Team               | N/A   |
| DNS   | 871    | Hugo DUARTE         | Senior     | Indivíduo                | N/A   |
| DNS   | 913    | Diogo COUTO         | Senior     | Indivíduo                | N/A   |
| DNS   | 929    | Joao CARVALHO       | Vet IV     | Indivíduo                | N/A   |
| DNS   | 941    | Joaquim SILVA       | Vet III    | Douro Azul               | N/A   |
| DNS   | 953    | Joao COUTO          | Vet II     | Indivíduo                | N/A   |
| DNS   | 954    | Higuel -            | Vet II     | Vitalis                  | N/A   |
| DNS   | 956    | Joaquim FERREIRA    | Vet II     | Ponto Zen                | N/A   |
| DNS   | 957    | Ricardo LIRIO       | Senior     | Indivíduo                | N/A   |
| DNS   | 958    | Tiago ANDRADE       | Senior     | Indivíduo                | N/A   |
| DNS   | 959    | Bruno -             | Senior     | Vitalis                  | N/A   |

| Lugar | Dorsal | Atleta           | Escalão    | Clube                   | Tempo |
|-------|--------|------------------|------------|-------------------------|-------|
| DNS   | 960    | Luis PINHEIRO    | Senior     | Indivíduo               | N/A   |
| DNS   | 964    | Artur NUNES      | Senior     | Indivíduo               | N/A   |
| DNS   | 965    | Silvério PINTO   | Vet III    | Indivíduo               | N/A   |
| DNS   | 967    | José -           | Senior     | Indivíduo               | N/A   |
| DNS   | 973    | Francisco MACEDO | Senior     | Indivíduo               | N/A   |
| DNS   | 979    | Fabio BRITED     | Senior     | Indivíduo               | N/A   |
| DNS   | 980    | Angelo FREITAS   | Vet III    | Indivíduo               | N/A   |
| DNS   | 987    | José GASPAR      | Vet II     | Camara Mun. de Amarante | N/A   |
| DNS   | 994    | Marisa BARROS    | Sénior Fem | Indivíduo               | N/A   |
| DNS   | 1004   | Zé DIAS          | Vet III    | A D ESMERIZ RUNNING     | N/A   |
| DNS   | 1011   | Paulo SOARES     | Senior     | Indivíduo               | N/A   |
| DNS   | 1020   | Oriol JUVE       | Senior     | Indivíduo               | N/A   |
| DNS   | 1021   | Miguel SANTOS    | Vet I      | Indivíduo               | N/A   |



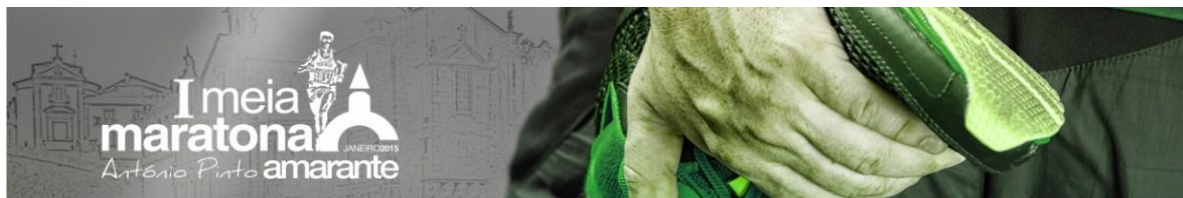
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa                | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|-----------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                       | Meta          | Km 10       | Meta          | Km 10       |
| 1      | Nuno MAIA         | Senior     | Maia Runner           | 01:42:45.91   | 00:47:01.46 | 01:42:14.90   | 00:46:30.45 |
| 2      | Albísio MAGALHÃES | Vet V      | Indivíduar            | 01:34:45.18   | 00:44:27.40 | 01:34:16.25   | 00:43:58.47 |
| 4      | António SILVA     | Vet III    | Lousada Runners       | 01:40:14.67   | 00:46:22.81 | 01:40:00.66   | 00:46:08.80 |
| 6      | António MIRANDA   | Vet III    | Lousada Runners       | 01:47:02.94   | 00:49:56.91 | 01:46:42.21   | 00:49:36.18 |
| 7      | Ana MARTINS       | Vet Fem    | Indivíduar            | 02:00:29.66   | 00:57:29.06 | 01:59:50.86   | 00:56:50.26 |
| 8      | Luís SOUSA        | Vet II     | Indivíduar            | 01:39:34.48   | 00:47:01.89 | 01:39:15.67   | 00:46:43.08 |
| 9      | Margarida MARQUES | Vet Fem    | Lousada Runners       | 02:45:07.20   | 01:13:39.93 | 02:44:49.44   | 01:13:22.17 |
| 10     | Paulo SILVA       | Senior     | Indivíduar            | 01:28:34.12   | 00:41:01.62 | 01:28:29.68   | 00:40:57.18 |
| 11     | Paulo SILVA       | Vet I      | Indivíduar            | 01:42:54.13   | 00:49:04.86 | 01:42:20.91   | 00:48:31.64 |
| 12     | Humberto SILVA    | Vet II     | Indivíduar            | 01:57:08.42   | 00:51:56.69 | 01:57:08.42   | 00:51:32.64 |
| 13     | Ricardo TEIXEIRA  | Senior     | Indivíduar            | 02:11:11.69   | 00:57:09.70 | 02:11:06.83   | 00:57:04.84 |
| 16     | Rui SILVA         | Senior     | Indivíduar            | 01:31:48.51   | 00:41:56.78 | 01:31:19.26   | 00:41:27.53 |
| 17     | Estela PIMENTA    | Sénior Fem | Indivíduar            | 01:45:01.60   | 00:48:23.20 | 01:44:32.73   | 00:47:54.33 |
| 18     | João COSTA        | Vet I      | Indivíduar            | 01:56:58.71   | 00:54:13.56 | 01:56:58.71   | 00:53:44.87 |
| 21     | Miguel BARROS     | Vet I      | Indivíduar            | 01:39:31.02   | 00:45:55.27 | 01:39:18.81   | 00:45:43.06 |
| 22     | Carlos BORGES     | Vet I      | ATIB FinaBraga BTT    | 01:52:27.94   | 00:50:17.59 | 01:52:20.93   | 00:50:10.58 |
| 23     | Alberto CARVALHO  | Vet II     | Indivíduar            | 01:50:27.73   | 00:51:03.14 | 01:50:12.41   | 00:50:47.82 |
| 25     | Anselmo ROCHA     | Vet I      | Sempre em Forma       | 01:30:37.65   | 00:42:15.25 | 01:30:31.49   | 00:42:09.09 |
| 29     | Carlos SOUSA      | Vet I      | ASRConde              | 01:30:10.56   | 00:41:17.12 | 01:30:02.98   | 00:41:09.54 |
| 30     | Antonio NETO      | Vet IV     | TRIFITROFA C.F.T.     | 01:48:49.27   | 00:49:35.00 | 01:48:44.41   | 00:49:30.14 |
| 31     | Tiago MENDES      | Vet II     | Indivíduar            | 01:41:52.44   | 00:46:05.88 | 01:41:37.60   | 00:45:51.04 |
| 33     | Aderito RAÍNHO    | Senior     | RASA CLUB             | 02:15:54.72   | 00:56:00.71 | 02:15:47.43   | 00:55:53.42 |
| 34     | Álvaro CARDOSO    | Senior     | Indivíduar            | 01:40:54.24   | 00:47:50.10 | 01:40:27.32   | 00:47:23.18 |
| 36     | Miguel QUEIROS    | Senior     | A. D. Amarante        | 01:52:00.66   | 00:42:18.51 | 01:51:56.90   | 00:42:14.75 |
| 37     | António OLIVEIRA  | Vet IV     | Lousada Runners       | 01:43:37.62   | 00:46:59.53 | 01:43:21.37   | 00:46:43.28 |
| 38     | Carlos MACEDO     | Vet IV     | A. D. Amarante        | 01:40:16.77   | 00:45:59.40 | 01:40:11.89   | 00:45:54.52 |
| 44     | Miguel COSTA      | Senior     | Indivíduar            | 01:51:46.44   | 00:50:22.73 | 01:51:13.74   | 00:49:50.03 |
| 46     | Pedro BARBOSA     | Vet I      | Indivíduar            | 01:40:57.84   | 00:48:34.27 | 01:40:20.03   | 00:47:56.46 |
| 48     | Antonio TEIXEIRA  | Vet III    | Indivíduar            | 01:49:31.65   | 00:51:39.38 | 01:49:10.97   | 00:51:18.70 |
| 49     | Sónia MOREIRA     | Sénior Fem | Indivíduar            | 02:06:58.46   | 00:56:25.06 | 02:06:30.27   | 00:55:56.87 |
| 50     | Pedro ELIAS       | Vet I      | Indivíduar            | 01:48:25.08   | 00:48:27.34 | 01:48:19.78   | 00:48:22.04 |
| 51     | Luís TEIXEIRA     | Vet I      | ATIB FinaBraga BTT    | 01:49:30.04   | 00:50:16.72 | 01:49:22.29   | 00:50:08.97 |
| 63     | José SOARES       | Vet I      | Indivíduar            | 01:32:35.60   | 00:43:58.07 | 01:31:56.65   | 00:43:19.12 |
| 65     | Leonel GOMES      | Senior     | Indivíduar            | 01:30:35.03   | 00:44:22.22 | 01:30:19.98   | 00:44:07.17 |
| 67     | Jorge CABOUCO     | Senior     | Indivíduar            | 01:34:15.46   | 00:42:33.76 | 01:34:14.36   | 00:42:32.66 |
| 68     | Marco FERREIRA    | Senior     | RED-LINE TEAM         | 01:20:57.43   | 00:37:45.08 | 01:20:51.59   | 00:37:39.24 |
| 69     | Georgina TIXEIRA  | Sénior Fem | RED-LINE TEAM         | 01:59:46.24   | 00:54:28.87 | 01:59:15.92   | 00:53:58.55 |
| 75     | João MONTEIRO     | Senior     | Indivíduar            | 01:30:35.39   | 00:44:21.87 | 01:30:20.72   | 00:44:07.20 |
| 76     | António CARDOSO   | Vet IV     | ADA                   | 01:33:20.36   | 00:43:27.97 | 01:33:16.26   | 00:43:23.87 |
| 77     | Sérgio MARTINS    | Senior     | Indivíduar            | 01:33:24.86   | 00:44:06.82 | 01:33:07.71   | 00:43:49.67 |
| 78     | Alfredo SANTOS    | Vet V      | Indivíduar            | 01:58:19.42   | 00:54:52.57 | 01:58:01.03   | 00:54:34.18 |
| 79     | Carmen LIMA       | Sénior Fem | CONFRARIA TROTAMONTES | 01:55:52.51   | 00:53:46.15 | 01:55:28.04   | 00:53:21.68 |
| 81     | Jorge OLIVEIRA    | Senior     | Indivíduar            | 01:30:05.71   | 00:40:58.11 | 01:30:01.16   | 00:40:53.56 |
| 82     | Luis GUIMARÃES    | Senior     | Indivíduar            | 01:48:47.29   | 00:49:38.40 | 01:48:12.12   | 00:49:03.23 |



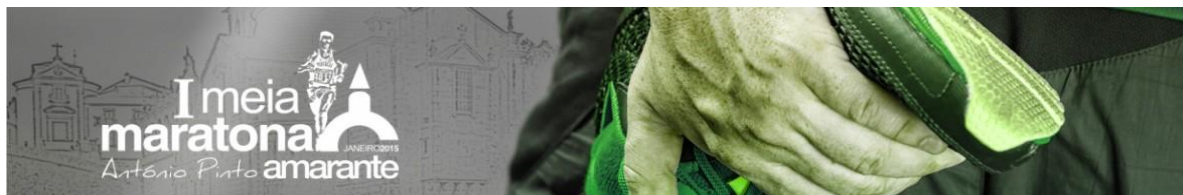
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa               | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|----------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                      | Meta          | Km 10       | Meta          | Km 10       |
| 83     | Paulo FERREIRA    | Vet II     | Indivíduar           | 01:39:07.77   | 00:47:13.30 | 01:38:53.91   | 00:46:59.44 |
| 86     | Rui SOUSA         | Senior     | Indivíduar           | 01:42:23.31   | 00:47:00.26 | 01:42:02.90   | 00:46:39.85 |
| 87     | Luis BESSA        | Senior     | Indivíduar           | 01:35:31.11   | 00:44:29.69 | 01:34:56.37   | 00:43:54.95 |
| 88     | José ROCHA        | Vet I      | A. D. Amarante       | 01:33:20.28   | 00:42:58.32 | 01:33:16.84   | 00:42:54.88 |
| 91     | Carlos CAEIRO     | Senior     | Indivíduar           | 01:34:31.39   | 00:45:21.88 | 01:33:59.36   | 00:44:49.85 |
| 92     | Vítor CALDEIRA    | Senior     | Indivíduar           | 01:40:24.13   | 00:44:56.10 | 01:40:15.04   | 00:44:47.01 |
| 94     | Marta MARQUES     | Sénior Fem | Maia A. C.           | 01:40:26.26   | 00:46:30.61 | 01:40:23.63   | 00:46:27.98 |
| 95     | Helena DIAS       | Vet Fem    | Budeguita Runners    | 01:49:04.24   | 00:51:26.41 | 01:48:27.51   | 00:50:49.68 |
| 98     | Serafim VENTURA   | Senior     | Indivíduar           | 01:56:03.94   | 00:56:08.06 | 01:55:37.64   | 00:55:41.76 |
| 99     | Mário GASPAS      | Vet III    | Indivíduar           | 01:43:09.08   | 00:48:51.71 | 01:42:30.95   | 00:48:13.58 |
| 100    | Rui GONÇALVES     | Vet I      | ATIB FinaBraga BTT   | 01:51:39.19   | 00:50:18.49 | 01:51:31.17   | 00:50:10.47 |
| 101    | Vitorino CARDOSO  | Vet IV     | Indivíduar           | 01:27:25.61   | 00:40:48.79 | 01:27:11.41   | 00:40:34.59 |
| 102    | Márcia CABOUCCO   | Sénior Fem | Indivíduar           | 02:09:52.84   | 00:58:39.82 | 02:09:37.86   | 00:58:24.84 |
| 105    | Paula TEIXEIRA    | Vet Fem    | Indivíduar           | 02:21:24.20   | 01:04:47.43 | 02:20:46.07   | 01:04:09.30 |
| 106    | João MACHADO      | Vet I      | Indivíduar           | 01:22:10.73   | 00:38:33.77 | 01:21:43.03   | 00:38:06.07 |
| 108    | Pedro BRANDAO     | Senior     | Indivíduar           | 02:00:42.12   | 00:51:11.21 | 02:00:25.87   | 00:50:54.96 |
| 109    | Basílio SOUSA     | Senior     | Indivíduar           | 01:20:07.34   | 00:36:48.48 | 01:20:02.81   | 00:36:43.95 |
| 110    | José MAGALHÃES    | Senior     | Indivíduar           | 02:08:27.40   | 00:56:53.76 | 02:08:00.94   | 00:56:27.30 |
| 111    | Victor GONÇALVES  | Senior     | Indivíduar           | 01:21:56.86   | 00:38:24.45 | 01:21:49.26   | 00:38:16.85 |
| 112    | Carlos SAMPAIO    | Vet II     | Indivíduar           | 01:48:51.02   | 00:50:25.14 | 01:48:21.37   | 00:49:55.49 |
| 113    | Mario NUNES       | Vet III    | Indivíduar           | 01:51:31.54   | 00:52:01.84 | 01:51:01.31   | 00:51:31.61 |
| 116    | Alfredo MAGALHÃES | Vet III    | Indivíduar           | 02:06:13.96   | 00:57:43.54 | 02:05:58.79   | 00:57:28.37 |
| 117    | Carlos RIPOLINS   | Vet IV     | RIPOLINS.COM EVENTOS | 01:41:33.52   | 00:47:27.24 | 01:41:24.54   | 00:47:18.26 |
| 118    | Gabriel MOREIRA   | Senior     | Sempre os Mesmos     | 01:41:59.08   | 00:48:49.11 | 01:41:18.89   | 00:48:08.92 |
| 119    | Joaquim MADUREIRA | Senior     | Sempre os Mesmos     | 01:37:14.20   | 00:46:52.46 | 01:36:34.41   | 00:46:12.67 |
| 120    | Alexandre DIAS    | Senior     | Indivíduar           | 01:39:54.22   | 00:47:44.41 | 01:39:31.82   | 00:47:22.01 |
| 122    | Nuno DIAS         | Vet I      | Budeguita Runners    | 01:43:39.70   | 00:49:44.48 | 01:43:02.79   | 00:49:07.57 |
| 124    | Carlos ALVES      | Vet II     | Santander Totta      | 01:45:18.65   | 00:48:12.71 | 01:45:08.67   | 00:48:02.73 |
| 126    | Manuel TAVARES    | Vet I      | CLUBE BANIF          | 01:46:12.71   | 00:48:46.76 | 01:45:31.91   | 00:48:05.96 |
| 127    | Rui RIBEIRO       | Senior     | CLUBE BANIF          | 01:50:15.91   | 00:53:00.62 | 01:49:30.40   | 00:52:15.11 |
| 128    | Pedro BASTOS      | Senior     | CLUBE BANIF          | 01:44:17.38   | 00:48:26.44 | 01:43:32.55   | 00:47:41.61 |
| 130    | Aníbal PAIVA      | Vet I      | CLUBE BANIF          | 01:59:46.57   | 00:55:31.72 | 01:59:00.75   | 00:54:45.90 |
| 131    | Rui CHAMUSCA      | Vet I      | CLUBE BANIF          | 01:50:07.15   | 00:53:00.72 | 01:49:23.69   | 00:52:17.26 |
| 132    | Raul PEREIRA      | Vet I      | CLUBE BANIF          | 01:50:16.01   | 00:53:00.90 | 01:49:29.49   | 00:52:14.38 |
| 133    | Aline COLAÇO      | Sénior Fem | CLUBE BANIF          | 02:00:05.70   | 00:55:45.90 | 01:59:19.73   | 00:54:59.93 |
| 134    | Alfredo PEREIRA   | Vet I      | CLUBE BANIF          | 02:00:05.58   | 00:56:24.43 | 01:59:20.78   | 00:55:39.63 |
| 135    | Tiago OSÓRIO      | Senior     | Indivíduar           | 01:32:29.95   | 00:42:37.47 | 01:32:13.54   | 00:42:21.06 |
| 137    | Nuno FERREIRA     | Senior     | Quase Corredores     | 01:53:34.54   | 00:54:32.19 | 01:52:53.43   | 00:53:51.08 |
| 138    | Luis NOVAIS       | Senior     | Indivíduar           | 01:29:17.76   | 00:40:42.22 | 01:29:07.63   | 00:40:32.09 |
| 140    | Nuno BARBOSA      | Senior     | Indivíduar           | 01:34:28.57   | 00:44:28.08 | 01:33:59.71   | 00:43:59.22 |
| 141    | João PAIVA        | Senior     | Indivíduar           | 01:47:48.40   | 00:50:27.83 | 01:47:20.02   | 00:49:59.45 |
| 142    | Jose MONTEIRO     | Vet IV     | Douro Azul           | 01:18:06.96   | 00:35:55.50 | 01:18:05.57   | 00:35:54.11 |
| 144    | Antonio AZEVEDO   | Vet III    | Boavista FC          | 01:34:10.67   | 00:43:44.92 | 01:34:04.43   | 00:43:38.68 |
| 145    | Joaquim FERNANDES | Vet I      | Indivíduar           | 01:20:13.09   | 00:36:54.96 | 01:20:06.28   | 00:36:48.15 |



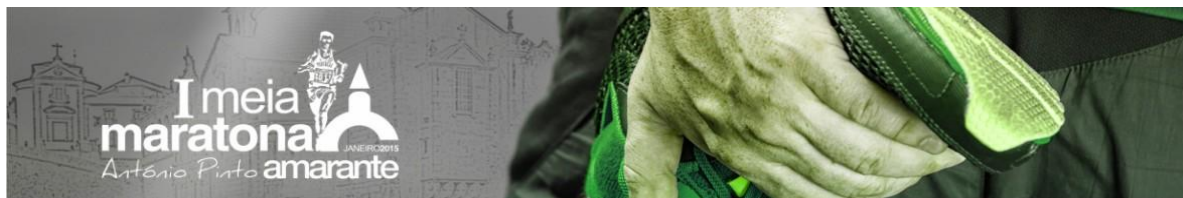
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome               | Categoria  | Equipa                | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|--------------------|------------|-----------------------|---------------|-------------|---------------|-------------|
|        |                    |            |                       | Meta          | Km 10       | Meta          | Km 10       |
| 146    | Maria BENQUERENÇA  | Vet Fem    | Indivíduat            | 01:59:34.22   | 00:56:03.68 | 01:59:18.33   | 00:55:47.79 |
| 147    | Nuno MALHEIRO      | Vet II     | Indivíduat            | 01:42:38.53   | 00:49:27.91 | 01:41:59.00   | 00:48:48.38 |
| 151    | Tiago MOLEIRINHO   | Senior     | Indivíduat            | 01:38:45.20   | 00:45:02.83 | 01:38:38.23   | 00:44:55.86 |
| 157    | Tiago SOARES       | Senior     | Quase Corredores      | 02:04:09.72   | 00:57:11.74 | 02:03:28.32   | 00:56:30.34 |
| 158    | Avelino TEIXEIRA   | Vet V      | Indivíduat            | 01:54:33.17   | 00:50:31.57 | 01:54:10.81   | 00:50:09.21 |
| 161    | José GOMES         | Vet I      | Indivíduat            | 01:43:57.01   | 00:47:25.10 | 01:43:45.75   | 00:47:13.84 |
| 162    | Ana COELHO         | Sénior Fem | A&R RunningTeam       | 01:42:31.83   | 00:47:24.05 | 01:41:43.39   | 00:46:35.61 |
| 163    | Rui RODRIGUES      | Senior     | A&R RunningTeam       | 01:42:31.00   | 00:47:19.33 | 01:41:40.20   | 00:46:28.53 |
| 164    | António GONÇALVES  | Vet III    | A. D. Amarante        | 01:53:59.27   | 00:50:48.67 | 01:53:59.27   | 00:50:48.67 |
| 165    | Jaime PEREIRA      | Vet V      | A. D. Amarante        | 01:47:37.84   | 00:46:57.24 | 01:47:33.68   | 00:46:53.08 |
| 167    | Alvaro CERQUEIRA   | Vet III    | A. D. Amarante        | 01:47:29.85   | 00:49:34.39 | 01:47:17.54   | 00:49:22.08 |
| 168    | Fernando CERQUEIRA | Vet III    | A. D. Amarante        | 02:02:37.57   | 00:51:43.53 | 02:02:33.51   | 00:51:39.47 |
| 169    | Clara CERQUEIRA    | Vet Fem    | A. D. Amarante        | 02:03:16.25   | 00:57:02.94 | 02:02:48.52   | 00:56:35.21 |
| 170    | Carlos MACEDO      | Vet V      | A. D. Amarante        | 01:45:27.65   | 00:48:00.11 | 01:45:22.79   | 00:47:55.25 |
| 171    | Cândido MONTEIRO   | Vet III    | A. D. Amarante        | 01:41:12.76   | 00:46:30.30 | 01:41:07.78   | 00:46:25.32 |
| 172    | Gustavo BENTO      | Senior     | A. D. Amarante        | 02:37:26.58   | 01:14:01.14 | 02:37:21.99   | 01:13:56.55 |
| 173    | Paulo VASCONCELOS  | Vet II     | A. D. Amarante        | 01:40:08.63   | 00:45:15.90 | 01:39:50.30   | 00:44:57.57 |
| 174    | Jorge CERQUEIRA    | Vet IV     | A. D. Amarante        | 01:54:19.45   | 00:52:17.17 | 01:54:08.17   | 00:52:05.89 |
| 175    | Helder FERREIRA    | Vet I      | A. D. Amarante        | 01:32:42.02   | 00:43:27.28 | 01:32:37.29   | 00:43:22.55 |
| 177    | Renato COUTO       | Senior     | Aqua Running Crew     | 01:37:32.85   | 00:45:09.15 | 01:37:00.24   | 00:44:36.54 |
| 181    | Manuel SILVA       | Vet II     | Indivíduat            | 01:48:29.98   | 00:50:46.09 | 01:48:08.25   | 00:50:24.36 |
| 182    | João CAVADAS       | Vet II     | C.S.R.D.C de Santiago | 01:15:32.78   | 00:35:28.67 | 01:15:29.52   | 00:35:25.41 |
| 183    | Paulo BERNARDO     | Vet II     | C.S.R.D.C de Santiago | 01:28:15.31   | 00:41:25.57 | 01:27:46.99   | 00:40:57.25 |
| 184    | Rui ANDRADE        | Vet III    | 2 RUN 4 - GUIDE DOGS  | 01:40:26.84   | 00:45:53.72 | 01:40:12.85   | 00:45:39.73 |
| 186    | José CARVALHO      | Vet I      | Indivíduat            | 01:53:35.34   | 00:54:41.23 | 01:53:04.39   | 00:54:10.28 |
| 189    | Tiago LOPES        | Senior     | Indivíduat            | 01:31:04.26   | 00:42:57.25 | 01:30:55.41   | 00:42:48.40 |
| 190    | Claudio ARAÚJO     | Senior     | Os Santa Apolonia     | 01:32:35.36   | 00:42:05.30 | 01:32:26.75   | 00:41:56.69 |
| 191    | Ricardo MEIRA      | Senior     | Os Santa Apolonia     | 01:43:41.64   | 00:47:23.60 | 01:43:11.90   | 00:46:53.86 |
| 192    | Álvaro SOUSA       | Vet II     | Os Santa Apolonia     | 01:25:11.80   | 00:40:11.70 | 01:25:00.20   | 00:40:00.10 |
| 194    | Joel SOUSA         | Senior     | Indivíduat            | 02:28:47.83   | 00:57:33.99 | 02:28:29.12   | 00:57:15.28 |
| 195    | Bruno TEIXEIRA     | Senior     | A. D. Amarante        | 01:35:55.36   | 00:43:20.55 | 01:35:47.36   | 00:43:12.55 |
| 196    | Rui ALVES          | Vet I      | Indivíduat            | 01:36:26.87   | 00:44:23.07 | 01:36:09.78   | 00:44:05.98 |
| 197    | Jose TAVARES       | Vet II     | Indivíduat            | 01:26:50.11   | 00:39:49.81 | 01:26:47.64   | 00:39:47.34 |
| 198    | Hélder PINTO       | Senior     | ADA Trail Running     | 01:42:47.07   | 00:48:33.96 | 01:42:10.78   | 00:47:57.67 |
| 199    | Nuno FIGUEIRINHAS  | Senior     | Indivíduat            | 01:37:46.83   | 00:45:47.29 | 01:37:30.95   | 00:45:31.41 |
| 200    | Bruno PINHEIRO     | Senior     | Indivíduat            | 02:09:33.51   | 00:57:09.00 | 02:09:02.82   | 00:56:38.31 |
| 201    | José RIBEIRO       | Vet III    | Indivíduat            | 02:16:38.03   | 00:56:36.32 | 02:16:20.49   | 00:56:18.78 |
| 203    | Conceição CORREIA  | Vet Fem    | Roda dos Ventos       | 02:18:12.30   | 00:59:10.73 | 02:17:43.78   | 00:58:42.21 |
| 204    | Marisa MACEDO      | Sénior Fem | Indivíduat            | 01:46:57.02   | 00:49:46.39 | 01:46:19.67   | 00:49:09.04 |
| 206    | Natalino PEREIRA   | Senior     | Porto Runnes          | 01:55:12.02   | 00:55:03.54 | 01:54:46.24   | 00:54:37.76 |
| 207    | Cidália BARBOSA    | Sénior Fem | Lousada Runners       | 01:57:54.40   | 00:54:07.83 | 01:57:54.40   | 00:53:47.48 |
| 208    | Luís MATIAS        | Senior     | Indivíduat            | 01:37:27.65   | 00:45:26.86 | 01:37:18.18   | 00:45:17.39 |
| 209    | Luis ALVES         | Senior     | Indivíduat            | 01:40:54.51   | 00:47:06.52 | 01:40:38.96   | 00:46:50.97 |
| 210    | Fernando AZEVEDO   | Vet IV     | Indivíduat            | 01:47:32.27   | 00:49:33.51 | 01:47:26.59   | 00:49:27.83 |



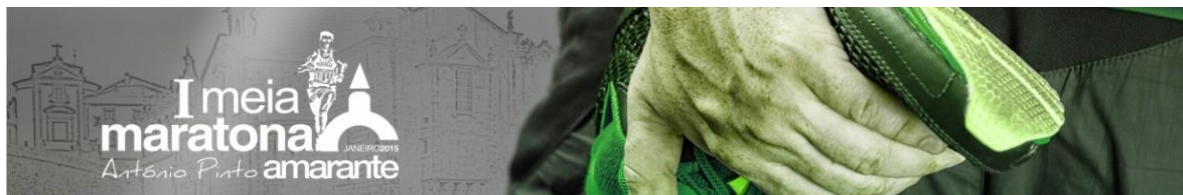
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome               | Categoria | Equipa                  | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|--------------------|-----------|-------------------------|---------------|-------------|---------------|-------------|
|        |                    |           |                         | Meta          | Km 10       | Meta          | Km 10       |
| 211    | Manuel SOUSA       | Vet IV    | Indivíduat              | 01:36:07.76   | 00:44:34.84 | 01:35:58.17   | 00:44:25.25 |
| 212    | Helder VIEIRA      | Vet I     | invicta runners team    | 01:27:52.68   | 00:40:47.89 | 01:27:45.83   | 00:40:41.04 |
| 213    | Frederico PINTO    | Senior    | Indivíduat              | 01:50:51.07   | 00:51:29.10 | 01:50:14.91   | 00:50:52.94 |
| 214    | António FERNANDES  | Vet II    | Indivíduat              | 01:39:32.85   | 00:47:02.41 | 01:39:14.26   | 00:46:43.82 |
| 215    | João PINHEIRO      | Vet II    | Moto Clube do Porto     | 01:45:22.50   | 00:48:28.57 | 01:45:15.18   | 00:48:21.25 |
| 216    | António ALVES      | Senior    | Fridão Sem Limites      | 01:50:59.92   | 00:50:51.49 | 01:50:47.98   | 00:50:39.55 |
| 217    | Antonio SILVA      | Vet IV    | Fridão Sem Limites      | 01:55:21.39   | 00:53:20.53 | 01:54:51.90   | 00:52:51.04 |
| 218    | Filipe PINHEIRO    | Senior    | Fridão Sem Limites      | 01:51:53.35   | 00:51:42.62 | 01:51:38.34   | 00:51:27.61 |
| 219    | Rui AZEVEDO        | Senior    | Fridão Sem Limites      | 01:33:14.58   | 00:42:04.34 | 01:33:02.25   | 00:41:52.01 |
| 221    | Jorge MOTA         | Senior    | Lousada Runners         | 01:37:01.54   | 00:45:04.15 | 01:36:48.38   | 00:44:50.99 |
| 222    | Eugenio CUNHA      | Vet I     | Indivíduat              | 01:36:31.10   | 00:44:48.95 | 01:36:21.20   | 00:44:39.05 |
| 223    | António FERREIRA   | Vet V     | Indivíduat              | 01:30:48.69   | 00:43:15.31 | 01:30:37.13   | 00:43:03.75 |
| 227    | Jose FORTUNATO     | Vet II    | Valpaços                | 01:32:01.07   | 00:41:46.05 | 01:31:52.25   | 00:41:37.23 |
| 229    | Pedro PEREIRA      | Senior    | União Atlético Povoense | 01:32:50.00   | 00:43:28.23 | 01:32:41.73   | 00:43:19.96 |
| 230    | Victor COSTA       | Vet II    | Indivíduat              | 01:34:44.38   | 00:42:18.75 | 01:34:39.47   | 00:42:13.84 |
| 232    | Filipe TELES       | Senior    | Indivíduat              | 01:33:14.24   | 00:42:21.63 | 01:33:02.36   | 00:42:09.75 |
| 233    | Pedro PINTO        | Senior    | Indivíduat              | 02:02:37.49   | 00:54:41.18 | 02:02:05.99   | 00:54:09.68 |
| 238    | Vitor COSTA        | Senior    | Indivíduat              | 01:28:26.54   | 00:40:16.96 | 01:28:17.23   | 00:40:07.65 |
| 240    | José AFONSO        | Vet I     | Indivíduat              | 01:28:47.90   | 00:41:32.48 | 01:28:40.49   | 00:41:25.07 |
| 241    | Jose SANTOS        | Vet IV    | Amarante PT             | 01:55:28.43   | 00:51:36.84 | 01:54:56.72   | 00:51:05.13 |
| 243    | António SILVA      | Vet I     | CDS Salvador do Campo   | 01:14:30.66   | 00:33:56.01 | 01:14:27.46   | 00:33:52.81 |
| 244    | Marco BROCHADO     | Senior    | Os Lobos Do Saibro      | 01:28:55.29   | 00:41:49.09 | 01:28:22.71   | 00:41:16.51 |
| 245    | Filipe FERREIRA    | Senior    | Os Lobos Do Saibro      | 01:40:01.04   | 00:49:00.51 | 01:39:27.74   | 00:48:27.21 |
| 246    | Antonio CORUCHO    | Vet II    | Indivíduat              | 01:32:36.50   | 00:43:43.51 | 01:32:13.82   | 00:43:20.83 |
| 247    | José VIEIRA        | Vet II    | Indivíduat              | 01:43:16.58   | 00:47:27.27 | 01:43:01.89   | 00:47:12.58 |
| 249    | José SOUSA         | Vet I     | Indivíduat              | 01:39:18.12   | 00:46:11.24 | 01:38:56.94   | 00:45:50.06 |
| 250    | Paulo GOMES        | Vet II    | Indivíduat              | 01:54:47.77   | 00:52:57.90 | 01:54:27.46   | 00:52:37.59 |
| 251    | Jaime SILVA        | Vet IV    | Indivíduat              | 02:03:32.64   | 00:53:39.62 | 02:03:18.89   | 00:53:25.87 |
| 252    | Jorge OLIVEIRA     | Senior    | Geadas Runnig           | 02:06:13.56   | 00:58:51.52 | 02:05:32.56   | 00:58:10.52 |
| 253    | Paulo FARIA        | Vet II    | Senhora da Hora Running | 01:40:05.84   | 00:46:25.52 | 01:39:37.71   | 00:45:57.39 |
| 254    | Diogo MIGUÉIS      | Senior    | Indivíduat              | 01:40:45.89   | 00:46:49.19 | 01:40:33.33   | 00:46:36.63 |
| 255    | João PINHEIRO      | Senior    | Indivíduat              | 01:35:42.26   | 00:44:27.09 | 01:35:08.89   | 00:43:53.72 |
| 256    | Alexandre SILVA    | Senior    | Indivíduat              | 01:55:53.93   | 00:53:23.95 | 01:55:40.45   | 00:53:10.47 |
| 257    | José MARINHO       | Senior    | Indivíduat              | 01:45:28.66   | 00:46:20.04 | 01:45:11.82   | 00:46:03.20 |
| 258    | João GUIMARÃES     | Senior    | Indivíduat              | 01:45:46.32   | 00:46:47.21 | 01:45:30.29   | 00:46:31.18 |
| 260    | Leopoldo FERNANDES | Vet IV    | G.D.Leões da Guarda     | 01:38:09.59   | 00:44:37.35 | 01:37:35.24   | 00:44:03.00 |
| 261    | Belmiro FERREIRA   | Vet III   | G.D.Leões da Guarda     | 01:19:08.68   | 00:36:48.84 | 01:19:05.55   | 00:36:45.71 |
| 262    | António MAGALHÃES  | Vet I     | G.D.Leões da Guarda     | 01:24:48.38   | 00:39:15.80 | 01:24:44.64   | 00:39:12.06 |
| 263    | Luciano VIEIRA     | Vet III   | G.D.Leões da Guarda     | 01:29:36.75   | 00:41:31.23 | 01:29:33.00   | 00:41:27.48 |
| 264    | António TEIXEIRA   | Vet IV    | G.D.Leões da Guarda     | 01:42:44.83   | 00:48:04.27 | 01:42:09.62   | 00:47:29.06 |
| 266    | Jorge MOREIRA      | Senior    | ADRULSM                 | 01:38:56.26   | 00:46:36.44 | 01:38:56.26   | 00:46:36.44 |
| 267    | Dário MIRANDA      | Senior    | ADRULSM                 | 02:00:25.27   | 00:53:52.37 | 01:59:49.02   | 00:53:16.12 |
| 268    | Paulo FREITAS      | Vet I     | ADRULSM                 | 01:39:38.26   | 00:46:57.52 | 01:39:02.05   | 00:46:21.31 |
| 269    | Victor OSÓRIO      | Senior    | ADRULSM                 | 01:55:21.61   | 00:52:50.24 | 01:54:44.68   | 00:52:13.31 |



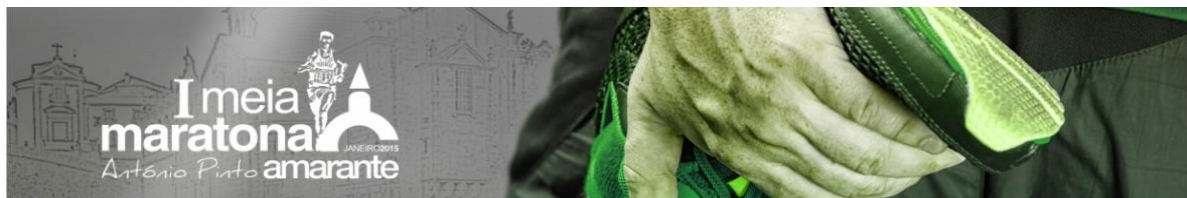
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome               | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|--------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                    |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 270    | Carlos TEIXEIRA    | Senior     | Indivíduat               | 01:43:14.46   | 00:46:21.22 | 01:43:00.82   | 00:46:07.58 |
| 271    | Edgar SILVANO      | Senior     | Indivíduat               | 01:47:28.64   | 00:50:09.46 | 01:46:50.11   | 00:49:30.93 |
| 272    | Armando VALE       | Vet IV     | Indivíduat               | 01:41:30.51   | 00:46:53.05 | 01:41:11.65   | 00:46:34.19 |
| 273    | Pedro FERNANDES    | Senior     | ADRULSM                  | 01:47:28.72   | 00:50:09.97 | 01:46:50.57   | 00:49:31.82 |
| 274    | José BARROS        | Vet I      | Indivíduat               | 01:38:45.08   | 00:45:49.38 | 01:38:30.42   | 00:45:34.72 |
| 275    | Alberto LUCAS      | Senior     | FALTA MUITO?             | 01:40:07.48   | 00:46:33.10 | 01:39:28.93   | 00:45:54.55 |
| 276    | Artur FERRAZ       | Vet IV     | FALTA MUITO?             | 01:46:17.27   | 00:50:57.88 | 01:45:34.83   | 00:50:15.44 |
| 277    | Filipe CARVALHO    | Senior     | FALTA MUITO?             | 01:50:18.60   | 00:50:58.45 | 01:49:35.58   | 00:50:15.43 |
| 278    | Francisco FREITAS  | Vet I      | Indivíduat               | 01:38:56.26   | 00:45:34.11 | 01:38:43.30   | 00:45:21.15 |
| 279    | Francisco TEIXEIRA | Vet II     | A R Luz E Vida Gondomar  | 01:24:10.00   | 00:38:47.83 | 01:24:07.34   | 00:38:45.17 |
| 281    | Fernando CUNHA     | Vet IV     | ADRULSM                  | 02:03:21.20   | 00:53:38.14 | 02:02:44.35   | 00:53:01.29 |
| 282    | Paulo SANTOS       | Vet I      | ACRDE                    | 01:34:25.67   | 00:43:55.84 | 01:34:06.50   | 00:43:36.67 |
| 283    | José SILVA         | Vet III    | ACRDE                    | 01:35:20.31   | 00:43:57.35 | 01:34:58.70   | 00:43:35.74 |
| 284    | Zeferino NETO      | Vet II     | CDS Salvador do Campo    | 01:23:49.53   | 00:37:21.86 | 01:23:48.00   | 00:37:20.33 |
| 285    | Henrique COELHO    | Vet I      | Indivíduat               | 01:39:22.88   | 00:46:26.52 | 01:38:55.07   | 00:45:58.71 |
| 288    | Nuno VASCONCELOS   | Senior     | invicta runners team     | 02:14:41.95   | 01:01:03.57 | 02:13:59.25   | 01:00:20.87 |
| 290    | Manuel SILVA       | Vet II     | Arcozelo.Atletas         | 01:35:34.43   | 00:45:37.34 | 01:35:18.07   | 00:45:20.98 |
| 291    | José BARBOSA       | Senior     | Indivíduat               | 01:26:55.95   | 00:41:20.56 | 01:26:38.54   | 00:41:03.15 |
| 292    | Amadeu TEIXEIRA    | Vet IV     | Indivíduat               | 01:27:28.39   | 00:40:54.44 | 01:27:21.62   | 00:40:47.67 |
| 293    | César LISBOA       | Senior     | ADRULSM                  | 01:59:57.46   | 00:53:52.38 | 01:59:21.42   | 00:53:16.34 |
| 294    | Adriano TEIXEIRA   | Vet V      | Indivíduat               | 01:52:12.86   | 00:51:30.46 | 01:51:37.30   | 00:50:54.90 |
| 296    | Aurélio VIEIRA     | Vet I      | Casa do Povo de Soalhães | 01:30:41.11   | 00:40:58.30 | 01:30:25.33   | 00:40:42.52 |
| 297    | Modesto VIEIRA     | Vet III    | Casa do Povo de Soalhães | 01:26:20.90   | 00:40:06.52 | 01:26:07.34   | 00:39:52.96 |
| 298    | Antonio OLIVEIRA   | Vet V      | Indivíduat               | 01:43:37.47   | 00:46:03.77 | 01:43:19.87   | 00:45:46.17 |
| 299    | José CRUZ          | Vet I      | Indivíduat               | 01:44:23.22   | 00:49:11.40 | 01:43:57.25   | 00:48:45.43 |
| 301    | João MOURA         | Vet II     | Indivíduat               | 01:48:42.27   | 00:49:06.86 | 01:48:35.53   | 00:49:00.12 |
| 302    | Ana CORREIA        | Vet Fem    | WinnerGym                | 01:51:54.79   | 00:51:26.72 | 01:51:46.36   | 00:51:18.29 |
| 304    | João TEIXEIRA      | Senior     | Chaves Runing Team       | 01:26:35.13   | 00:41:24.37 | 01:26:19.97   | 00:41:09.21 |
| 308    | Antonio MALTEZ     | Vet V      | Indivíduat               | 01:30:39.01   | 00:43:21.59 | 01:30:03.87   | 00:42:46.45 |
| 309    | Rui BROCHADO       | Vet III    | Indivíduat               | 01:49:33.73   | 00:51:39.47 | 01:49:13.55   | 00:51:19.29 |
| 310    | Telmo FERNANDES    | Senior     | Indivíduat               | 01:50:20.82   | 00:49:34.01 | 01:49:31.00   | 00:48:44.19 |
| 311    | Manuel SOARES      | Senior     | ONTRACK                  | 01:30:38.50   | 00:40:35.62 | 01:30:24.28   | 00:40:21.40 |
| 312    | Henrique COELHO    | Senior     | ONTRACK                  | 01:28:42.90   | 00:41:26.07 | 01:28:25.57   | 00:41:08.74 |
| 313    | Ricardo FONSECA    | Senior     | Indivíduat               | 02:22:08.31   | 00:59:27.43 | 02:21:18.32   | 00:58:37.44 |
| 314    | Daniela FALCÃO     | Sénior Fem | Runners Lampassa         | 01:51:33.10   | 00:50:19.77 | 01:51:21.67   | 00:50:08.34 |
| 315    | Fábio TELES        | Senior     | Runners Lampassa         | 01:28:49.90   | 00:40:38.89 | 01:28:39.26   | 00:40:28.25 |
| 316    | Vitor DIAS         | Vet II     | GDR RETORTA              | 01:31:09.08   | 00:42:52.47 | 01:30:42.01   | 00:42:25.40 |
| 317    | João MEIXEDO       | Vet II     | 24 h Portugal - 24 h run | 01:40:14.40   | 00:46:42.56 | 01:39:47.66   | 00:46:15.82 |
| 318    | Custódio FREITAS   | Vet III    | Indivíduat               | 02:12:05.60   | 00:56:20.54 | 02:11:47.22   | 00:56:02.16 |
| 319    | Ana BARBOSA        | Vet Fem    | Indivíduat               | 01:57:56.29   | 00:54:29.68 | 01:57:56.29   | 00:54:17.97 |
| 320    | Anabela ALMEIDA    | Vet Fem    | Indivíduat               | 01:51:56.27   | 00:51:41.46 | 01:51:36.48   | 00:51:21.67 |
| 321    | Luís PACHECO       | Senior     | SociedadeRecreioCepanens | 01:35:47.40   | 00:43:29.94 | 01:35:10.89   | 00:42:53.43 |
| 322    | Nuno FERNANDES     | Senior     | SociedadeRecreioCepanens | 01:19:11.68   | 00:37:06.37 | 01:19:04.74   | 00:36:59.43 |
| 323    | Luís VILELA        | Vet III    | SociedadeRecreioCepanens | 01:23:39.31   | 00:38:42.35 | 01:23:28.66   | 00:38:31.70 |



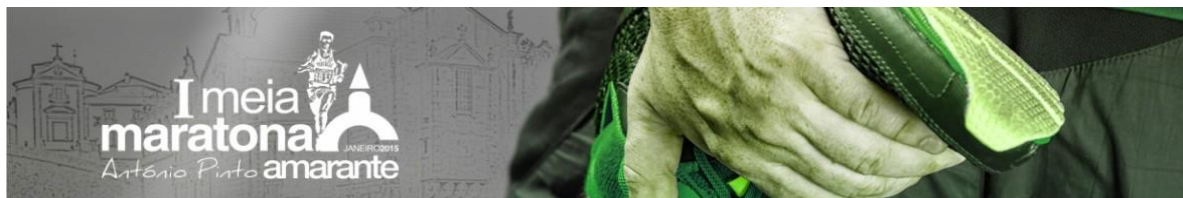
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 324    | José RIBEIRO      | Vet I      | SociedadeRecreioCepanens | 01:25:43.74   | 00:38:50.29 | 01:25:30.87   | 00:38:37.42 |
| 325    | Sérgio FERNANDES  | Senior     | SociedadeRecreioCepanens | 01:28:44.75   | 00:41:19.26 | 01:28:35.19   | 00:41:09.70 |
| 326    | João NUNO         | Senior     | SociedadeRecreioCepanens | 01:55:15.77   | 00:51:46.20 | 01:55:05.25   | 00:51:35.68 |
| 327    | Nuno LAPEIRA      | Vet II     | SociedadeRecreioCepanens | 02:03:23.74   | 00:51:52.24 | 02:02:45.60   | 00:51:14.10 |
| 328    | Albino ABREU      | Vet IV     | SociedadeRecreioCepanens | 01:37:41.17   | 00:45:02.06 | 01:37:31.72   | 00:44:52.61 |
| 329    | Sérgio MENDES     | Senior     | SociedadeRecreioCepanens | 02:05:13.47   | 00:55:21.58 | 02:04:36.39   | 00:54:44.50 |
| 330    | José PEREIRA      | Senior     | SociedadeRecreioCepanese | 01:22:49.19   | 00:37:44.22 | 01:22:41.94   | 00:37:36.97 |
| 331    | António MENDES    | Vet II     | SociedadeRecreioCepanese | 01:48:24.89   | 00:51:45.96 | 01:47:47.97   | 00:51:09.04 |
| 332    | José CARVALHO     | Vet I      | SociedadeRecreioCepanese | 01:36:33.66   | 00:45:01.63 | 01:36:22.23   | 00:44:50.20 |
| 333    | Luis CARVALHO     | Senior     | Lousada Runners          | 01:35:25.05   | 00:44:26.01 | 01:35:12.97   | 00:44:13.93 |
| 334    | Jorge FONSECA     | Vet III    | Lousada Runners          | 01:33:35.52   | 00:43:33.21 | 01:33:22.78   | 00:43:20.47 |
| 335    | Celina SILVA      | Sénior Fem | Indivíduat               | 01:54:48.43   | 00:52:01.02 | 01:54:27.22   | 00:51:39.81 |
| 337    | Tiago OLIVEIRA    | Senior     | Douro Runners            | 01:49:01.87   | 00:50:22.69 | 01:48:28.29   | 00:49:49.11 |
| 339    | Angelo OLIVEIRA   | Senior     | Douro Runners            | 02:02:53.77   | 00:53:48.55 | 02:02:19.02   | 00:53:13.80 |
| 341    | Hugo CARASLINDAS  | Senior     | Indivíduat               | 01:59:00.29   | 00:54:19.15 | 01:58:30.12   | 00:53:48.98 |
| 343    | José BARROS       | Senior     | Moure BTT                | 02:50:37.91   | 01:11:44.16 | 02:50:17.90   | 01:11:24.15 |
| 344    | Rui CASTANHEIRA   | Senior     | Indivíduat               | 01:44:55.46   | 00:48:26.36 | 01:44:25.22   | 00:47:56.12 |
| 345    | Belmiro RODRIGUES | Vet III    | CF Oliveira do Douro     | 01:21:16.57   | 00:37:40.51 | 01:21:11.96   | 00:37:35.90 |
| 347    | Miguel MANDIM     | Senior     | Indivíduat               | 01:56:39.78   | 00:53:09.90 | 01:56:39.78   | 00:52:26.09 |
| 362    | António JESUS     | Vet I      | Lousada Runners          | 01:26:11.17   | 00:40:45.58 | 01:26:02.50   | 00:40:36.91 |
| 363    | Jacinto RIBEIRO   | Vet II     | Indivíduat               | 01:28:35.52   | 00:41:17.59 | 01:28:26.09   | 00:41:08.16 |
| 364    | Ricardo MOTA      | Vet I      | Indivíduat               | 01:48:12.39   | 00:50:46.19 | 01:47:50.10   | 00:50:23.90 |
| 366    | Mario COSTA       | Vet III    | Indivíduat               | 02:01:00.57   | 00:53:17.51 | 02:00:19.82   | 00:52:36.76 |
| 367    | Domingos BORGES   | Vet IV     | Indivíduat               | 01:49:31.70   | 00:51:53.82 | 01:48:51.58   | 00:51:13.70 |
| 368    | Fernando PEREIRA  | Senior     | Indivíduat               | 01:39:19.48   | 00:47:50.14 | 01:38:52.73   | 00:47:23.39 |
| 371    | Artur FREITAS     | Vet V      | ACADEMI FERNANDA RIBEIRA | 01:42:30.43   | 00:46:55.42 | 01:42:17.79   | 00:46:42.78 |
| 372    | Rui EUSÉBIO       | Vet II     | ACADEMI FERNANDA RIBEIRA | 01:35:22.14   | 00:44:21.76 | 01:35:13.69   | 00:44:13.31 |
| 373    | António JESUS     | Vet III    | ACADEMI FERNANDA RIBEIRA | 01:27:29.28   | 00:39:29.79 | 01:27:28.18   | 00:39:28.69 |
| 374    | Graciano PEREIRA  | Vet V      | ACADEMI FERNANDA RIBEIRA | 01:26:45.78   | 00:39:21.70 | 01:26:43.51   | 00:39:19.43 |
| 375    | António MOUTINHO  | Vet IV     | ACADEMI FERNANDA RIBEIRA | 01:33:03.58   | 00:41:48.82 | 01:32:56.13   | 00:41:41.37 |
| 376    | António QUADROS   | Vet I      | Geadas Running           | 02:06:10.70   | 00:58:53.19 | 02:05:27.47   | 00:58:09.96 |
| 381    | José TAVARES      | Senior     | OS KÁGADOS               | 02:09:37.67   | 01:00:20.93 | 02:09:03.01   | 00:59:46.27 |
| 382    | Carlos ANDRADE    | Vet II     | OS KÁGADOS               | 01:50:13.95   | 00:51:29.98 | 01:49:54.39   | 00:51:10.42 |
| 383    | Manuel PEREIRA    | Vet III    | OS KÁGADOS               | 01:54:36.89   | 00:56:12.35 | 01:53:56.57   | 00:55:32.03 |
| 384    | António CARRILHO  | Vet IV     | OS KÁGADOS               | 02:19:59.42   | 01:01:39.11 | 02:19:25.49   | 01:01:05.18 |
| 385    | José SANTOS       | Vet III    | OS KÁGADOS               | 01:52:38.85   | 00:50:10.26 | 01:52:30.75   | 00:50:02.16 |
| 386    | Joaquim LOPES     | Vet IV     | OS KÁGADOS               | 02:02:32.20   | 00:59:40.26 | 02:01:52.94   | 00:59:01.00 |
| 387    | Daniel ASENSIO    | Vet I      | OS KÁGADOS               | 01:37:04.06   | 00:45:12.01 | 01:36:54.89   | 00:45:02.84 |
| 388    | Paulo PINHO       | Vet III    | OS KÁGADOS               | 02:02:45.85   | 00:59:40.22 | 02:02:06.79   | 00:59:01.16 |
| 389    | Pedro PEREIRA     | Senior     | Indivíduat               | 01:55:08.66   | 00:50:45.06 | 01:54:41.89   | 00:50:18.29 |
| 391    | Rogério BASTOS    | Senior     | OS KÁGADOS               | 01:45:12.51   | 00:48:20.35 | 01:44:54.86   | 00:48:02.70 |
| 392    | Manuel ROCHA      | Vet V      | OS KÁGADOS               | 01:41:40.21   | 00:46:31.72 | 01:41:27.36   | 00:46:18.87 |
| 393    | Belmiro AGUIAR    | Vet V      | OS KÁGADOS               | 02:08:51.78   | 01:00:20.80 | 02:08:18.50   | 00:59:47.52 |
| 394    | Eduardo AMARAL    | Vet V      | OS KÁGADOS               | 02:15:11.93   | 01:01:39.63 | 02:14:32.99   | 01:01:00.69 |



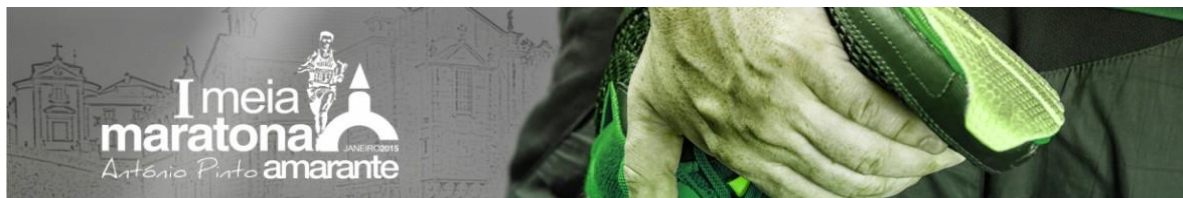
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 395    | Pedro PAIVA       | Senior     | OS KÁGADOS               | 01:36:31.51   | 00:45:12.19 | 01:36:22.16   | 00:45:02.84 |
| 396    | Fernando ANDRADE  | Vet III    | No Tomorrow Running Team | 01:50:36.20   | 00:51:01.34 | 01:50:27.77   | 00:50:52.91 |
| 398    | Fernando CORREIA  | Senior     | Indivíduat               | 01:57:09.38   | 00:50:45.41 | 01:57:09.38   | 00:50:18.50 |
| 400    | José VITINHA      | Vet II     | OS KÁGADOS               | 01:43:51.01   | 00:47:25.00 | 01:43:26.61   | 00:47:00.60 |
| 406    | Ricardo SILVA     | Vet I      | FALTA MUITO?             | 01:58:17.86   | 00:53:58.32 | 01:58:17.86   | 00:53:17.76 |
| 407    | Nuno CUNHA        | Senior     | Indivíduat               | 02:06:09.77   | 00:58:52.57 | 02:05:27.45   | 00:58:10.25 |
| 408    | André GUEDES      | Vet I      | Indivíduat               | 01:20:28.17   | 00:37:33.65 | 01:20:22.80   | 00:37:28.28 |
| 410    | Marco FILIPE      | Senior     | Indivíduat               | 01:18:38.72   | 00:36:36.50 | 01:18:32.75   | 00:36:30.53 |
| 411    | Rui LOPES         | Vet II     | Indivíduat               | 01:22:36.09   | 00:38:15.43 | 01:22:32.79   | 00:38:12.13 |
| 412    | João LEANDRO      | Vet I      | Indivíduat               | 01:22:36.37   | 00:38:14.84 | 01:22:31.63   | 00:38:10.10 |
| 413    | António FREITAS   | Vet II     | Confraria da Bike Clube  | 01:33:08.44   | 00:43:55.94 | 01:32:37.64   | 00:43:25.14 |
| 415    | Fernando CORREIA  | Vet III    | Indivíduat               | 01:39:14.13   | 00:45:49.54 | 01:39:00.72   | 00:45:36.13 |
| 416    | António PEREIRA   | Vet III    | A.D. AMARANTE            | 02:08:58.80   | 00:57:19.11 | 02:08:53.27   | 00:57:13.58 |
| 418    | Antonio COELHO    | Vet I      | Indivíduat               | 01:46:55.81   | 00:48:40.51 | 01:46:35.87   | 00:48:20.57 |
| 419    | Miguel COUTINHO   | Senior     | Indivíduat               | 01:48:12.72   | 00:50:11.50 | 01:47:54.89   | 00:49:53.67 |
| 420    | Filipe FERNANDES  | Senior     | Indivíduat               | 02:25:24.06   | 01:02:25.06 | 02:25:11.48   | 01:02:12.48 |
| 421    | Vera CARDOSO      | Sénior Fem | Indivíduat               | 02:25:25.49   | 01:02:26.49 | 02:25:13.46   | 01:02:14.46 |
| 422    | José CABRAL       | Vet IV     | Indivíduat               | 01:25:40.50   | 00:39:30.86 | 01:25:37.61   | 00:39:27.97 |
| 424    | Francisco FREITAS | Vet II     | GAIA-RUNNING             | 01:40:45.57   | 00:46:32.97 | 01:40:14.25   | 00:46:01.65 |
| 425    | Eduardo TEIXEIRA  | Vet II     | GAIA-RUNNING             | 01:58:58.57   | 00:51:50.71 | 01:58:27.39   | 00:51:19.53 |
| 426    | Roberto MACHADO   | Senior     | A.R.C. V.S.Cosme         | 01:23:37.26   | 00:38:30.76 | 01:23:27.37   | 00:38:20.87 |
| 427    | Ruben COSTA       | Senior     | A.R.C. V.S.Cosme         | 01:31:14.24   | 00:41:34.86 | 01:30:58.20   | 00:41:18.82 |
| 428    | Helder FERREIRA   | Senior     | A.R.C. V.S.Cosme         | 01:30:02.97   | 00:41:52.01 | 01:29:45.23   | 00:41:34.27 |
| 429    | Nuno DIAS         | Senior     | A.R.C. V.S.Cosme         | 01:40:47.08   | 00:44:46.49 | 01:40:29.12   | 00:44:28.53 |
| 430    | Paulo PINTO       | Vet I      | Indivíduat               | 01:52:05.77   | 00:50:19.50 | 01:51:38.44   | 00:49:52.17 |
| 431    | António PEREIRA   | Vet V      | Indivíduat               | 01:54:02.58   | 00:50:48.55 | 01:53:35.62   | 00:50:21.59 |
| 432    | Joaquim RIBEIRO   | Vet III    | SPORTING CLUBE DE BRAGA  | 01:23:06.85   | 00:38:50.68 | 01:23:03.91   | 00:38:47.74 |
| 433    | Mihail LALEV      | Senior     | SPORTING CLUBE DE BRAGA  | 01:12:33.33   | 00:32:49.82 | 01:12:31.80   | 00:32:48.29 |
| 434    | Luis SILVA        | Vet IV     | SPORTING CLUBE DE BRAGA  | 01:34:38.09   | 00:42:29.07 | 01:34:38.09   | 00:42:29.07 |
| 435    | Carlos RODRIGUES  | Senior     | Indivíduat               | 01:48:36.82   | 00:50:50.10 | 01:47:54.17   | 00:50:07.45 |
| 436    | Diogo NOGUEIRA    | Senior     | Indivíduat               | 01:18:12.37   | 00:36:40.35 | 01:18:07.77   | 00:36:35.75 |
| 437    | Avelino COSTA     | Senior     | ATIB FinaBraga BTT       | 01:41:07.41   | 00:47:56.99 | 01:40:24.49   | 00:47:14.07 |
| 438    | Nuno CASTRO       | Vet II     | Indivíduat               | 01:58:34.53   | 00:53:40.18 | 01:57:54.89   | 00:53:00.54 |
| 439    | Maria MAGALHÃES   | Vet Fem    | FALTA MUITO?             | 02:06:48.43   | 00:57:03.75 | 02:06:05.14   | 00:56:20.46 |
| 440    | Carlos BARROSO    | Vet II     | C.A. GAIENSES / TOYOTA   | 01:28:26.71   | 00:40:11.29 | 01:28:23.51   | 00:40:08.09 |
| 441    | Miguel OLIVEIRA   | Vet I      | C.A. GAIENSES / TOYOTA   | 01:20:36.87   | 00:37:22.04 | 01:20:33.69   | 00:37:18.86 |
| 442    | António ROCHA     | Vet IV     | C.A. GAIENSES / TOYOTA   | 01:28:15.31   | 00:41:20.86 | 01:28:09.21   | 00:41:14.76 |
| 443    | Rafael PINTO      | Senior     | Indivíduat               | 01:42:52.82   | 00:49:11.10 | 01:42:13.04   | 00:48:31.32 |
| 444    | Estevão GONÇALVES | Senior     | Sneakers Power/APRT      | 01:34:17.90   | 00:44:28.03 | 01:33:49.94   | 00:44:00.07 |
| 445    | Abílio TEIXEIRA   | Senior     | Indivíduat               | 02:02:52.92   | 00:55:28.36 | 02:02:21.30   | 00:54:56.74 |
| 446    | Eduardo PAIS      | Senior     | Indivíduat               | 02:13:00.00   | 00:55:29.14 | 02:12:28.72   | 00:54:57.86 |
| 448    | João LOPES        | Vet II     | SociedadeRecreioCepanens | 02:05:13.72   | 00:55:22.29 | 02:05:03.82   | 00:55:12.39 |
| 449    | Roque MARTINS     | Vet III    | Indivíduat               | 01:58:00.21   | 00:52:04.14 | 01:58:00.21   | 00:51:44.56 |
| 450    | Bruno FERREIRA    | Senior     | Indivíduat               | 01:24:41.10   | 00:39:48.98 | 01:24:33.17   | 00:39:41.05 |



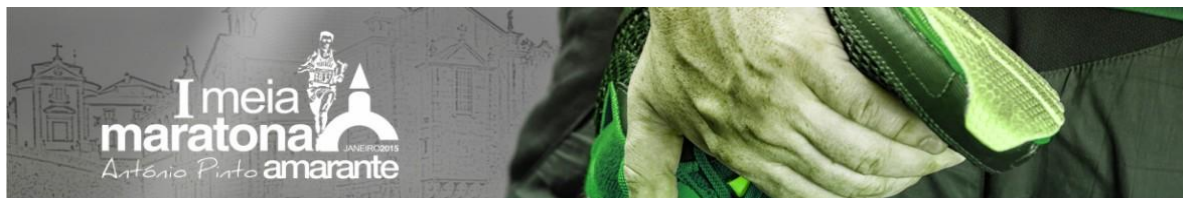
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 451    | Jose SILVA        | Vet III    | Indivíduat               | 01:52:19.17   | 00:52:28.86 | 01:51:57.52   | 00:52:07.21 |
| 455    | Osvaldo TEIXEIRA  | Vet V      | A. D. Amarante           | 01:42:51.09   | 00:47:12.61 | 01:42:45.54   | 00:47:07.06 |
| 458    | César GONÇALVES   | Senior     | Indivíduat               | 01:28:24.12   | 00:41:07.03 | 01:28:15.39   | 00:40:58.30 |
| 459    | Flávio NUNES      | Senior     | Indivíduat               | 01:19:50.21   | 00:35:55.80 | 01:19:48.11   | 00:35:53.70 |
| 462    | Nelson GOMES      | Senior     | Indivíduat               | 02:13:37.06   | 00:57:33.20 | 02:13:18.35   | 00:57:14.49 |
| 463    | Augusto RIBEIRO   | Vet I      | Cabritos da Cortiça      | 02:10:27.15   | 00:58:36.05 | 02:10:01.70   | 00:58:10.60 |
| 464    | Zélia BRANDÃO     | Sénior Fem | Cabritos da Cortiça      | 02:10:27.34   | 00:58:36.02 | 02:10:01.68   | 00:58:10.36 |
| 465    | Daniel RODRIGUES  | Senior     | associação Mondim Atleti | 01:34:30.81   | 00:44:18.72 | 01:34:19.21   | 00:44:07.12 |
| 466    | Valter CERQUEIRA  | Senior     | associação Mondim Atleti | 01:50:02.05   | 00:50:07.85 | 01:49:50.66   | 00:49:56.46 |
| 467    | José ABREU        | Vet V      | g. d. leoes do veneza    | 01:47:52.26   | 00:49:49.94 | 01:47:44.09   | 00:49:41.77 |
| 469    | Jorge PORTELA     | Senior     | Indivíduat               | 01:57:08.66   | 00:51:56.81 | 01:57:08.66   | 00:51:33.23 |
| 470    | Serafim SOARES    | Vet II     | Indivíduat               | 01:45:36.09   | 00:47:56.41 | 01:44:59.25   | 00:47:19.57 |
| 471    | Vitor SOARES      | Vet III    | Indivíduat               | 01:45:31.50   | 00:47:55.74 | 01:44:55.01   | 00:47:19.25 |
| 472    | Marco LIPPERT     | Senior     | Indivíduat               | 01:56:06.20   | 00:54:30.41 | 01:55:40.09   | 00:54:04.30 |
| 473    | Rui SILVA         | Vet V      | SFUAP                    | 01:43:05.82   | 00:49:40.86 | 01:42:34.11   | 00:49:09.15 |
| 474    | Paulo COSTA       | Vet II     | SFUAP                    | 01:39:21.55   | 00:47:10.27 | 01:38:49.45   | 00:46:38.17 |
| 475    | Paula COSTA       | Vet Fem    | SFUAP                    | 02:15:11.72   | 01:01:45.76 | 02:14:40.49   | 01:01:14.53 |
| 476    | Filomena JESUS    | Vet Fem    | SFUAP                    | 02:02:08.25   | 00:56:27.07 | 02:01:36.79   | 00:55:55.61 |
| 477    | Raul FERNANDES    | Senior     | Corrida da Bila          | 01:26:36.56   | 00:39:51.90 | 01:26:28.38   | 00:39:43.72 |
| 478    | Fernando MENDES   | Senior     | Mocidade Sangemil AC     | 01:51:41.32   | 00:51:34.90 | 01:51:16.46   | 00:51:10.04 |
| 479    | Orlando SANTOS    | Vet I      | Mocidade Sangemil AC     | 01:40:43.53   | 00:46:32.14 | 01:40:19.49   | 00:46:08.10 |
| 480    | Mário VINHAS      | Vet II     | Mocidade Sangemil AC     | 02:13:17.58   | 00:57:06.62 | 02:12:52.05   | 00:56:41.09 |
| 481    | Carlos RIBEIRO    | Senior     | Mocidade Sangemil AC     | 01:50:49.34   | 00:51:34.24 | 01:50:25.21   | 00:51:10.11 |
| 482    | Margarida MARTINS | Vet Fem    | Mocidade Sangemil AC     | 02:05:17.56   | 00:55:46.90 | 02:04:53.12   | 00:55:22.46 |
| 483    | Paula DIAS        | Vet Fem    | Mocidade Sangemil AC     | 02:13:19.47   | 00:57:07.77 | 02:12:56.11   | 00:56:44.41 |
| 484    | Ricardo ROCHA     | Senior     | Mocidade Sangemil AC     | 02:05:17.27   | 00:56:13.39 | 02:04:52.61   | 00:55:48.73 |
| 485    | Silvio FERREIRA   | Senior     | Mocidade Sangemil AC     | 01:40:58.61   | 00:46:36.27 | 01:40:33.11   | 00:46:10.77 |
| 486    | Eduarda ALVES     | Sénior Fem | Mocidade Sangemil AC     | 01:56:05.94   | 00:54:30.52 | 01:55:40.67   | 00:54:05.25 |
| 487    | Miguel OLIVEIRA   | Senior     | Mocidade Sangemil AC     | 01:32:33.51   | 00:43:05.75 | 01:32:08.18   | 00:42:40.42 |
| 488    | Etelvina ROCHA    | Vet Fem    | Mocidade Sangemil AC     | 01:52:39.82   | 00:51:34.89 | 01:52:16.97   | 00:51:12.04 |
| 489    | Ricardo NEVES     | Senior     | Mocidade Sangemil AC     | 01:58:56.17   | 00:51:56.72 | 01:58:39.06   | 00:51:39.61 |
| 490    | Bruno ALVES       | Senior     | Mocidade Sangemil AC     | 01:33:49.28   | 00:43:30.39 | 01:33:24.15   | 00:43:05.26 |
| 491    | Manuel NOGUEIRA   | Vet II     | Indivíduat               | 01:28:34.68   | 00:40:52.42 | 01:28:28.78   | 00:40:46.52 |
| 493    | Manuel ABOBELEIRA | Senior     | Indivíduat               | 01:46:27.31   | 00:48:27.14 | 01:45:45.67   | 00:47:45.50 |
| 496    | Manuel FARIA      | Vet III    | Indivíduat               | 01:19:21.43   | 00:36:50.77 | 01:19:17.63   | 00:36:46.97 |
| 497    | Manuel CARVALHO   | Vet V      | Indivíduat               | 01:55:59.07   | 00:54:04.09 | 01:55:16.58   | 00:53:21.60 |
| 498    | Jose GOMES        | Vet II     | Indivíduat               | 01:31:41.14   | 00:42:53.32 | 01:31:10.06   | 00:42:22.24 |
| 500    | Carlos QUEIRÓS    | Senior     | Moure BTT                | 01:38:06.39   | 00:46:04.79 | 01:37:50.07   | 00:45:48.47 |
| 501    | Ana RIBEIRO       | Sénior Fem | Indivíduat               | 02:52:17.75   | 01:21:15.95 | 02:52:01.33   | 01:20:59.53 |
| 502    | João FREITAS      | Senior     | Indivíduat               | 01:35:46.40   | 00:44:13.64 | 01:35:21.26   | 00:43:48.50 |
| 506    | Vitor CASTRO      | Vet I      | Indivíduat               | 01:43:33.69   | 00:49:03.09 | 01:43:00.63   | 00:48:30.03 |
| 507    | Gomes SILVA       | Vet I      | Indivíduat               | 01:59:57.35   | 00:55:48.20 | 01:59:15.65   | 00:55:06.50 |
| 508    | Hugo PAREDES      | Senior     | Indivíduat               | 01:29:54.20   | 00:40:53.61 | 01:29:44.08   | 00:40:43.49 |
| 509    | José FONSECA      | Senior     | Indivíduat               | 02:22:22.41   | 00:58:34.16 | 02:21:56.13   | 00:58:07.88 |



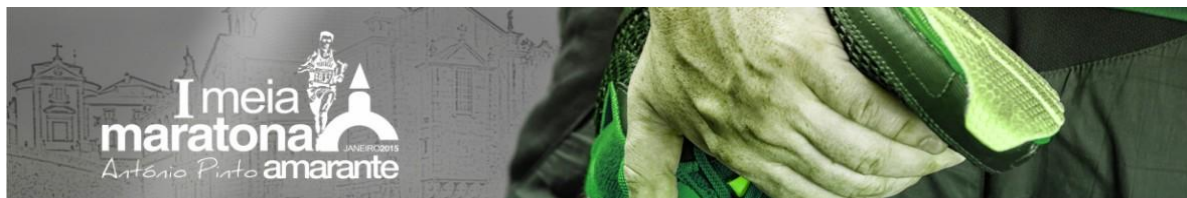
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome                 | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|----------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                      |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 510    | Ricardo TEIXEIRA     | Vet II     | Porto Runners            | 01:39:07.26   | 00:45:14.58 | 01:38:58.76   | 00:45:06.08 |
| 512    | João SANTOS          | Vet II     | Ginásio Culto do Corpo   | 01:37:03.36   | 00:43:51.21 | 01:36:33.42   | 00:43:21.27 |
| 513    | Pedro ALVES          | Senior     | Indivíduat               | 02:00:23.68   | 00:54:06.16 | 01:59:59.37   | 00:53:41.85 |
| 517    | Rui LEITE            | Senior     | Indivíduat               | 01:37:21.77   | 00:45:55.79 | 01:36:40.28   | 00:45:14.30 |
| 518    | Susana GUERREIRO     | Sénior Fem | Indivíduat               | 02:18:13.88   | 00:59:38.48 | 02:17:31.90   | 00:58:56.50 |
| 521    | Afonso PEREIRA       | Vet I      | Indivíduat               | 01:58:49.30   | 00:52:55.14 | 01:58:16.46   | 00:52:22.30 |
| 523    | Luís MAGALHÃES       | Senior     | Indivíduat               | 02:04:54.87   | 00:54:21.37 | 02:04:27.04   | 00:53:53.54 |
| 524    | António VALE         | Vet II     | SociedadeRecreioCepanens | 01:26:33.22   | 00:39:50.14 | 01:26:24.04   | 00:39:40.96 |
| 525    | Joaquim SILVA        | Vet II     | Indivíduat               | 01:45:20.98   | 00:49:39.19 | 01:44:37.39   | 00:48:55.60 |
| 527    | Pedro MARINHO        | Senior     | Indivíduat               | 01:47:29.98   | 00:49:48.48 | 01:47:12.08   | 00:49:30.58 |
| 528    | Dênis QUADROS        | Senior     | Indivíduat               | 01:37:27.61   | 00:45:30.13 | 01:37:14.12   | 00:45:16.64 |
| 529    | Carlos MAGALHÃES     | Vet II     | Indivíduat               | 02:13:42.34   | 00:57:05.78 | 02:13:08.93   | 00:56:32.37 |
| 530    | João NOGUEIRA        | Senior     | Indivíduat               | 02:22:55.03   | 00:59:40.21 | 02:22:32.26   | 00:59:17.44 |
| 531    | Paulo LOPES          | Vet I      | Indivíduat               | 02:05:55.43   | 00:54:21.15 | 02:05:27.89   | 00:53:53.61 |
| 532    | Olga SAMÕES          | Vet Fem    | Indivíduat               | 02:01:53.57   | 00:59:20.09 | 02:01:35.48   | 00:59:02.00 |
| 533    | José LACERDA         | Senior     | Indivíduat               | 01:49:50.99   | 00:49:55.55 | 01:49:33.10   | 00:49:37.66 |
| 534    | José CAMPOS          | Vet IV     | Indivíduat               | 01:29:35.58   | 00:41:17.98 | 01:29:26.29   | 00:41:08.69 |
| 535    | Vasco SILVA          | Vet I      | SS Montepio              | 01:48:35.40   | 00:51:28.58 | 01:47:46.54   | 00:50:39.72 |
| 536    | Angelo VIDAL         | Vet I      | Indivíduat               | 01:47:19.93   | 00:50:41.37 | 01:47:00.51   | 00:50:21.95 |
| 537    | Paulo RODRIGUES      | Senior     | Galaicus Trail Runners   | 01:22:51.54   | 00:38:16.01 | 01:22:44.93   | 00:38:09.40 |
| 538    | Luís BARBOSA         | Senior     | Galaicus Trail Runners   | 01:38:52.03   | 00:44:29.01 | 01:38:44.98   | 00:44:21.96 |
| 540    | Davide FIGUEIREDO    | Vet I      | Boavista Futebol Clube   | 01:11:20.13   | 00:32:51.02 | 01:11:20.13   | 00:32:51.02 |
| 541    | Antonio BORGES       | Vet I      | Mota-Engil Runners       | 01:40:16.84   | 00:46:53.75 | 01:40:05.79   | 00:46:42.70 |
| 542    | Ricardo OLIVEIRA     | Senior     | Indivíduat               | 01:49:58.89   | 00:50:14.20 | 01:49:41.13   | 00:49:56.44 |
| 543    | Marco MAGALHÃES      | Senior     | Indivíduat               | 01:35:38.97   | 00:44:40.58 | 01:35:25.52   | 00:44:27.13 |
| 544    | Maria MOREIRA        | Vet Fem    | Lousada Runners          | 01:59:29.20   | 00:56:46.22 | 01:58:55.31   | 00:56:12.33 |
| 545    | Luis BARBOSA         | Vet I      | Indivíduat               | 01:58:29.49   | 00:51:02.57 | 01:58:08.86   | 00:50:41.94 |
| 551    | Carla ANDRADE        | Vet Fem    | NAVR                     | 01:24:48.57   | 00:39:17.18 | 01:24:44.61   | 00:39:13.22 |
| 552    | Carlos VALENTE       | Vet I      | NAVR                     | 01:11:16.49   | 00:32:53.60 | 01:11:16.49   | 00:32:53.60 |
| 553    | Pedro NUNES          | Senior     | NAVR                     | 01:20:16.21   | 00:37:30.69 | 01:20:10.83   | 00:37:25.31 |
| 554    | Rui BOGES            | Vet II     | NAVR                     | 01:32:34.63   | 00:41:29.24 | 01:32:24.07   | 00:41:18.68 |
| 555    | Fernando LOPES       | Vet I      | NAVR                     | 01:42:24.43   | 00:46:48.09 | 01:42:11.14   | 00:46:34.80 |
| 556    | Carlos OLIVEIRA      | Senior     | NAVR                     | 01:30:09.09   | 00:40:13.83 | 01:30:00.40   | 00:40:05.14 |
| 557    | Nuno SILVA           | Senior     | NAVR                     | 01:24:20.86   | 00:38:02.69 | 01:24:17.60   | 00:37:59.43 |
| 558    | João ROCHA           | Senior     | NAVR                     | 01:32:33.99   | 00:42:11.49 | 01:32:24.84   | 00:42:02.34 |
| 559    | Pedro PEREIRA        | Senior     | NAVR                     | 01:42:22.31   | 00:47:26.25 | 01:42:11.37   | 00:47:15.31 |
| 562    | Eduardo RAMALHADEIRO | Vet I      | Os Arrastões             | 01:51:31.08   | 00:51:11.23 | 01:51:10.04   | 00:50:50.19 |
| 564    | Victor MARTINS       | Vet I      | Indivíduat               | 01:30:33.10   | 00:41:01.48 | 01:30:28.24   | 00:40:56.62 |
| 573    | Marcelo AUGUSTO      | Senior     | Indivíduat               | 01:33:42.77   | 00:44:26.84 | 01:33:21.59   | 00:44:05.66 |
| 575    | Marta CORDEIRO       | Sénior Fem | Indivíduat               | 02:37:26.42   | 01:10:26.46 | 02:36:55.86   | 01:09:55.90 |
| 576    | Americo PINHO        | Vet I      | Indivíduat               | 01:18:33.04   | 00:36:23.49 | 01:18:30.00   | 00:36:20.45 |
| 577    | Joana CORDEIRO       | Sénior Fem | Indivíduat               | 02:37:26.25   | 01:10:26.23 | 02:36:57.16   | 01:09:57.14 |
| 579    | Ilidio OLIVEIRA      | Vet III    | Indivíduat               | 01:27:56.95   | 00:39:59.25 | 01:27:41.09   | 00:39:43.39 |
| 580    | Jorge COELHO         | Vet I      | Indivíduat               | 01:45:26.49   | 00:46:09.24 | 01:45:20.12   | 00:46:02.87 |



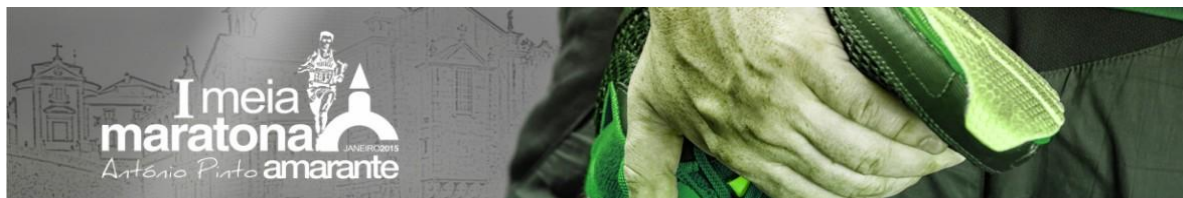
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome                | Categoria  | Equipa                 | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|---------------------|------------|------------------------|---------------|-------------|---------------|-------------|
|        |                     |            |                        | Meta          | Km 10       | Meta          | Km 10       |
| 581    | Manuel PINHEIRO     | Vet II     | Indivíduat             | 01:30:12.62   | 00:42:02.12 | 01:30:07.99   | 00:41:57.49 |
| 582    | Victor SOUSA        | Vet I      | Indivíduat             | 01:50:59.77   | 00:51:42.64 | 01:50:44.34   | 00:51:27.21 |
| 586    | Daniel TAVARES      | Senior     | Pukaznite              | 01:44:31.94   | 00:49:36.65 | 01:43:45.79   | 00:48:50.50 |
| 588    | José SILVA          | Senior     | Indivíduat             | 01:46:23.04   | 00:49:37.10 | 01:46:08.33   | 00:49:22.39 |
| 589    | Augusto ANTUNES     | Vet III    | Indivíduat             | 01:26:26.65   | 00:37:53.71 | 01:26:21.43   | 00:37:48.49 |
| 591    | Amadeu ROCHA        | Senior     | GDR RETORTA            | 01:13:19.50   | 00:33:55.82 | 01:13:18.09   | 00:33:54.41 |
| 592    | Vitor BARBOSA       | Senior     | GDR RETORTA            | 01:10:46.62   | 00:32:49.99 | 01:10:43.76   | 00:32:47.13 |
| 593    | Henrique DIAS       | Vet II     | GDR RETORTA            | 01:16:44.50   | 00:35:28.92 | 01:16:42.89   | 00:35:27.31 |
| 594    | Filipe SILVA        | Vet II     | GDR RETORTA            | 01:13:56.61   | 00:34:03.19 | 01:13:55.38   | 00:34:01.96 |
| 595    | Joaquim ROCHA       | Vet II     | GDR RETORTA            | 01:19:44.93   | 00:36:48.75 | 01:19:43.11   | 00:36:46.93 |
| 596    | Tiago PINTO         | Senior     | GDR RETORTA            | 01:20:26.52   | 00:35:36.66 | 01:20:20.22   | 00:35:30.36 |
| 597    | Tiago LISBOA        | Senior     | GDR RETORTA            | 01:18:24.21   | 00:36:05.39 | 01:18:18.50   | 00:35:59.68 |
| 598    | Adelino SILVA       | Vet I      | GDR RETORTA            | 01:17:50.75   | 00:36:05.96 | 01:17:47.18   | 00:36:02.39 |
| 599    | Vitor FERREIRA      | Vet I      | GDR RETORTA            | 01:21:50.73   | 00:37:48.56 | 01:21:40.25   | 00:37:38.08 |
| 600    | Miguel MENDES       | Vet I      | GDR RETORTA            | 01:15:10.83   | 00:34:54.75 | 01:15:03.93   | 00:34:47.85 |
| 601    | Jorge BRITO         | Vet II     | Gaienses toyota        | 01:24:51.39   | 00:39:17.07 | 01:24:48.91   | 00:39:14.59 |
| 602    | Ivo PEREIRA         | Vet I      | Indivíduat             | 01:34:56.44   | 00:43:33.82 | 01:34:43.93   | 00:43:21.31 |
| 606    | Fernando OLIVEIRA   | Vet V      | Indivíduat             | 01:35:59.13   | 00:44:47.44 | 01:35:53.72   | 00:44:42.03 |
| 607    | Rita BASTO          | Sénior Fem | Indivíduat             | 02:00:31.72   | 00:55:48.77 | 02:00:04.43   | 00:55:21.48 |
| 609    | Pedro FERNANDES     | Senior     | Indivíduat             | 01:45:43.23   | 00:50:19.00 | 01:44:55.02   | 00:49:30.79 |
| 610    | Fernando FIGUEIREDO | Vet II     | Falcões Selvagens      | 01:34:46.25   | 00:43:56.56 | 01:34:40.58   | 00:43:50.89 |
| 611    | Luis AGUIAR         | Senior     | Indivíduat             | 01:43:17.65   | 00:46:29.04 | 01:42:48.95   | 00:46:00.34 |
| 612    | Antides FIGUEIREDO  | Senior     | Indivíduat             | 01:56:53.18   | 00:53:48.60 | 01:56:53.18   | 00:53:28.01 |
| 617    | Rui FARIA           | Senior     | Indivíduat             | 01:40:33.12   | 00:46:28.90 | 01:40:05.85   | 00:46:01.63 |
| 621    | Sandra CABRAL       | Vet Fem    | Ginásio Clube Bragança | 01:43:14.98   | 00:47:18.34 | 01:43:04.75   | 00:47:08.11 |
| 622    | José OLIVEIRA       | Vet III    | Indivíduat             | 01:30:25.37   | 00:40:46.28 | 01:30:18.24   | 00:40:39.15 |
| 623    | Joao SERRALHEIRO    | Vet I      | Serragel-Covilha       | 01:11:29.77   | 00:32:54.56 | 01:11:27.16   | 00:32:51.95 |
| 626    | Oscar LEITE         | Vet III    | Veteranos do Porto     | 01:46:53.57   | 00:49:23.63 | 01:46:40.08   | 00:49:10.14 |
| 627    | Paulo RUA           | Vet I      | Veteranos do Porto     | 01:43:33.25   | 00:49:02.87 | 01:42:54.53   | 00:48:24.15 |
| 629    | Susana ALVES        | Vet Fem    | Veteranos do Porto     | 01:50:27.59   | 00:50:42.66 | 01:50:09.07   | 00:50:24.14 |
| 630    | Joaquim COSTA       | Vet II     | Indivíduat             | 01:44:14.91   | 00:49:26.97 | 01:44:03.37   | 00:49:15.43 |
| 632    | Jorge MARTINS       | Vet IV     | Indivíduat             | 02:23:02.00   | 01:04:22.95 | 02:22:24.45   | 01:03:45.40 |
| 634    | Mario MONTEIRO      | Senior     | cansc                  | 01:35:15.63   | 00:41:16.39 | 01:34:56.17   | 00:40:56.93 |
| 635    | Jorge NOGUEIRA      | Senior     | cansc                  | 01:32:28.97   | 00:43:29.18 | 01:32:08.41   | 00:43:08.62 |
| 636    | Aniceto GUEDES      | Vet III    | cansc                  | 01:31:49.32   | 00:41:49.67 | 01:31:39.58   | 00:41:39.93 |
| 637    | João MENDES         | Senior     | Fafe Runners           | 01:44:45.96   | 00:49:32.02 | 01:44:31.95   | 00:49:18.01 |
| 639    | Francisco JESUS     | Senior     | Fafe Runners           | 01:41:00.02   | 00:45:50.42 | 01:40:46.44   | 00:45:36.84 |
| 640    | Pedro COSTA         | Vet I      | Indivíduat             | 01:57:36.56   | 00:47:25.69 | 01:57:36.56   | 00:46:37.57 |
| 642    | Maria COSTA         | Sénior Fem | Cracks Clube de Lamego | 01:41:33.41   | 00:47:26.12 | 01:41:25.46   | 00:47:18.17 |
| 644    | Rodrigo COSTA       | Vet III    | Indivíduat             | 01:25:11.24   | 00:39:17.55 | 01:25:05.85   | 00:39:12.16 |
| 646    | Antonio AMARO       | Vet II     | Indivíduat             | 01:43:52.76   | 00:48:08.61 | 01:43:47.19   | 00:48:03.04 |
| 647    | Bruno TAVARES       | Senior     | Clube Nobrijo          | 01:29:00.78   | 00:41:24.68 | 01:28:30.90   | 00:40:54.80 |
| 648    | Paulo SOUSA         | Senior     | Clube Nobrijo          | 01:35:09.16   | 00:43:07.47 | 01:34:40.94   | 00:42:39.25 |
| 649    | Tiago FERREIRA      | Senior     | Clube Nobrijo          | 01:38:31.15   | 00:46:59.86 | 01:38:01.26   | 00:46:29.97 |



# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

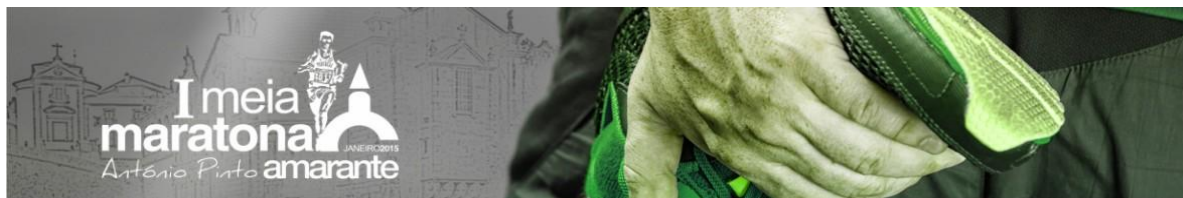
| Dorsal | Nome               | Categoria  | Equipa                  | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|--------------------|------------|-------------------------|---------------|-------------|---------------|-------------|
|        |                    |            |                         | Meta          | Km 10       | Meta          | Km 10       |
| 651    | Paulo SIMÕES       | Senior     | Indivíduat              | 01:38:12.52   | 00:45:42.89 | 01:37:56.34   | 00:45:26.71 |
| 652    | Ramiro MONTEIRO    | Vet V      | Caldas São Jorge S. C.  | 02:03:38.05   | 00:55:32.62 | 02:03:17.91   | 00:55:12.48 |
| 653    | Abel SANTOS        | Vet V      | Caldas São Jorge S. C.  | 01:36:18.82   | 00:45:00.31 | 01:36:05.35   | 00:44:46.84 |
| 656    | Manuel RODRIGUES   | Vet I      | Indivíduat              | 01:40:32.10   | 00:46:24.64 | 01:40:10.73   | 00:46:03.27 |
| 657    | Carlos TEIXEIRA    | Vet I      | Winner Gym              | 01:56:23.17   | 00:49:03.62 | 01:56:23.17   | 00:48:55.19 |
| 658    | João TEIXEIRA      | Senior     | Winner Gym              | 01:24:03.64   | 00:38:33.17 | 01:24:03.64   | 00:38:33.17 |
| 661    | Paulo LIMBADO      | Vet II     | Tugas na Estrada        | 01:41:55.25   | 00:47:24.97 | 01:41:13.35   | 00:46:43.07 |
| 663    | Vitor CUNHA        | Vet I      | Coração de Lebre        | 01:59:18.28   | 00:55:32.32 | 01:58:35.01   | 00:54:49.05 |
| 668    | Sérgio BASTOS      | Senior     | Indivíduat              | 01:37:52.74   | 00:44:39.65 | 01:37:31.06   | 00:44:17.97 |
| 669    | Luís CARDOSO       | Vet III    | amigos ponto final      | 01:27:38.00   | 00:40:54.33 | 01:27:38.00   | 00:40:54.33 |
| 670    | Martinho PADRÃO    | Senior     | AquaRunners             | 01:39:39.38   | 00:46:56.08 | 01:39:07.41   | 00:46:24.11 |
| 672    | Antonio CRISTOVAO  | Senior     | G.D.C.GUILHOVAI         | 01:21:59.74   | 00:37:50.03 | 01:21:57.67   | 00:37:47.96 |
| 673    | Alberto MENDES     | Vet II     | Vitoria Sport Club      | 01:47:00.86   | 00:49:26.02 | 01:46:35.99   | 00:49:01.15 |
| 674    | Casimiro FERNANDES | Vet IV     | Vitoria Sport Club      | 01:42:37.99   | 00:49:25.94 | 01:42:16.65   | 00:49:04.60 |
| 675    | Manuel MENDES      | Vet I      | Vitoria Sport Club      | 01:27:48.05   | 00:41:12.93 | 01:27:41.63   | 00:41:06.51 |
| 676    | José FREITAS       | Vet II     | Vitoria Sport Club      | 01:43:37.31   | 00:50:34.63 | 01:43:13.89   | 00:50:11.21 |
| 677    | Carlos GONÇALVES   | Vet II     | Vitoria Sport Club      | 01:42:59.24   | 00:50:34.48 | 01:42:37.25   | 00:50:12.49 |
| 678    | José ROCHA         | Vet III    | Vitoria Sport Club      | 01:47:00.98   | 00:49:26.97 | 01:46:36.87   | 00:49:02.86 |
| 679    | Carlos RIBEIRO     | Vet IV     | Vitoria Sport Club      | 01:42:58.51   | 00:49:26.59 | 01:42:36.65   | 00:49:04.73 |
| 680    | José MACHADO       | Vet IV     | Vitoria Sport Club      | 01:50:33.10   | 00:51:53.43 | 01:50:10.41   | 00:51:30.74 |
| 681    | Alvaro ARAUJO      | Vet IV     | Vitoria Sport Club      | 01:49:28.57   | 00:50:36.19 | 01:49:05.84   | 00:50:13.46 |
| 682    | Miguel MENDES      | Senior     | Vitoria Sport Club      | 01:42:42.86   | 00:50:34.10 | 01:42:20.12   | 00:50:11.36 |
| 684    | António TEIXEIRA   | Vet IV     | Vitoria Sport Club      | 01:27:47.98   | 00:42:00.93 | 01:27:47.98   | 00:42:00.93 |
| 685    | Filipe OLIVEIRA    | Vet II     | Vitoria Sport Club      | 01:42:41.37   | 00:50:34.15 | 01:42:17.89   | 00:50:10.67 |
| 686    | Manuel NOVAIS      | Vet III    | Vitoria Sport Club      | 01:46:01.94   | 00:51:23.63 | 01:45:37.77   | 00:50:59.46 |
| 688    | Linho VINHAS       | Senior     | Vitoria Sport Club      | 01:51:30.71   | 00:51:25.99 | 01:51:08.37   | 00:51:03.65 |
| 689    | Pedro FREITAS      | Senior     | Indivíduat              | 01:29:11.63   | 00:40:47.16 | 01:29:05.23   | 00:40:40.76 |
| 691    | Silvio PINTO       | Senior     | Indivíduat              | 01:57:54.29   | 00:53:40.05 | 01:57:54.29   | 00:53:36.30 |
| 692    | Pedro REGUEIRAS    | Senior     | Núcleo Atletismo Taipas | 01:27:47.73   | 00:41:14.31 | 01:27:41.76   | 00:41:08.34 |
| 693    | Eduardo RIBEIRO    | Vet I      | Seven                   | 02:10:08.51   | 00:57:01.76 | 02:09:21.67   | 00:56:14.92 |
| 694    | Ricardo PAIS       | Senior     | ErmidaFit               | 01:50:27.83   | 00:48:10.60 | 01:49:59.31   | 00:47:42.08 |
| 695    | Telma DUARTE       | Sénior Fem | ErmidaFit               | 02:05:51.74   | 00:56:13.21 | 02:05:23.54   | 00:55:45.01 |
| 696    | Pedro FARIA        | Senior     | Indivíduat              | 01:44:24.13   | 00:47:30.62 | 01:43:49.99   | 00:46:56.48 |
| 697    | Tomás BARROSO      | Vet II     | Indivíduat              | 01:35:11.12   | 00:44:50.47 | 01:34:56.58   | 00:44:35.93 |
| 699    | Joao CASTRO        | Senior     | Seven                   | 01:54:50.14   | 00:55:36.36 | 01:54:03.36   | 00:54:49.58 |
| 700    | Antonio ALMEIDA    | Vet V      | Indivíduat              | 01:35:58.49   | 00:44:53.71 | 01:35:45.82   | 00:44:41.04 |
| 701    | Rui PINTO          | Senior     | C. D. LOUSADO           | 01:52:18.41   | 00:49:07.86 | 01:52:05.64   | 00:48:55.09 |
| 702    | Raquel NEIVA       | Sénior Fem | C. D. LOUSADO           | 02:05:50.08   | 00:56:26.59 | 02:05:37.24   | 00:56:13.75 |
| 703    | António -          | Vet I      | Indivíduat              | 01:45:20.92   | 00:49:43.54 | 01:44:33.88   | 00:48:56.50 |
| 706    | Isa SILVA          | Sénior Fem | Indivíduat              | 01:35:52.27   | 00:45:11.61 | 01:35:44.21   | 00:45:03.55 |
| 707    | Alexandre FERREIRA | Senior     | Sapadores da Invicta    | 01:42:37.21   | 00:49:39.24 | 01:42:04.13   | 00:49:06.16 |
| 708    | Mendes SILVA       | Vet II     | Sapadores da Invicta    | 01:43:24.25   | 00:49:32.09 | 01:42:51.99   | 00:48:59.83 |
| 709    | Martinho MONTEIRO  | Senior     | Sapadores da Invicta    | 01:46:49.08   | 00:50:03.65 | 01:46:14.77   | 00:49:29.34 |
| 710    | Tiago FERREIRA     | Senior     | Sapadores da Invicta    | 01:46:49.23   | 00:50:03.99 | 01:46:15.30   | 00:49:30.06 |



# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

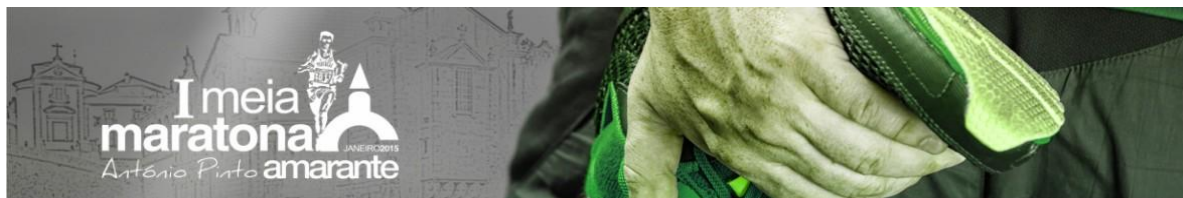
| Dorsal | Nome                 | Categoria | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|----------------------|-----------|--------------------------|---------------|-------------|---------------|-------------|
|        |                      |           |                          | Meta          | Km 10       | Meta          | Km 10       |
| 711    | Rui ARAUJO           | Senior    | Sapadores da Invicta     | 01:42:36.76   | 00:50:03.72 | 01:42:03.18   | 00:49:30.14 |
| 715    | Joao SILVA           | Senior    | Indivíduar               | 01:43:29.24   | 00:47:35.34 | 01:43:13.31   | 00:47:19.41 |
| 716    | Nuno CRUZ            | Vet I     | Indivíduar               | 01:37:27.29   | 00:45:51.74 | 01:37:17.41   | 00:45:41.86 |
| 717    | Fernando MOREIRA     | Vet I     | Indivíduar               | 01:41:25.02   | 00:44:52.85 | 01:41:17.64   | 00:44:45.47 |
| 718    | Helder CAMPOS        | Senior    | ADRULSM                  | 01:55:55.80   | 00:52:30.01 | 01:55:19.07   | 00:51:53.28 |
| 719    | Paulo SOUSA          | Vet II    | OS POSITIVOS             | 02:03:23.57   | 00:57:29.26 | 02:02:56.39   | 00:57:02.08 |
| 720    | Américo ARAÚJO       | Vet II    | OS POSITIVOS             | 02:00:38.25   | 00:55:33.82 | 02:00:12.36   | 00:55:07.93 |
| 721    | Amancio PINHEIRO     | Vet II    | OS POSITIVOS             | 02:09:42.85   | 00:58:05.44 | 02:09:16.31   | 00:57:38.90 |
| 722    | Antonio FARIA        | Vet III   | OS POSITIVOS             | 02:11:16.67   | 00:58:12.91 | 02:10:50.12   | 00:57:46.36 |
| 725    | António MIGUÉIS      | Senior    | Ass. Mondim Atletismo    | 01:50:02.38   | 00:47:22.85 | 01:49:50.70   | 00:47:11.17 |
| 727    | Filipe. MARINHO      | Senior    | FALTA MUITO?             | 01:40:12.59   | 00:47:52.02 | 01:39:33.30   | 00:47:12.73 |
| 729    | Ricardo SOUSA        | Senior    | Indivíduar               | 01:46:53.20   | 00:48:19.48 | 01:46:23.54   | 00:47:49.82 |
| 731    | Tiago CORREIA        | Senior    | Indivíduar               | 02:07:33.18   | 00:59:33.74 | 02:06:57.76   | 00:58:58.32 |
| 732    | Francisco RODRIGUES  | Vet IV    | Indivíduar               | 01:34:33.48   | 00:43:56.68 | 01:34:18.86   | 00:43:42.06 |
| 736    | Hélder CUNHA         | Senior    | Indivíduar               | 01:49:14.53   | 00:49:26.40 | 01:48:59.54   | 00:49:11.41 |
| 739    | Sergio AMORIM        | Vet II    | ACADEMI FERNANDA RIBEIRA | 01:30:37.87   | 00:42:07.18 | 01:30:36.67   | 00:42:05.98 |
| 740    | José FERNANDES       | Senior    | Indivíduar               | 01:54:04.22   | 00:52:07.37 | 01:53:18.32   | 00:51:21.47 |
| 741    | Antonio PEREIRA      | Vet III   | clube praças da armada   | 01:40:26.84   | 00:45:58.65 | 01:40:09.91   | 00:45:41.72 |
| 742    | Maria PIRES          | Vet Fem   | Indivíduar               | 02:04:21.36   | 00:57:11.28 | 02:03:43.98   | 00:56:33.90 |
| 743    | José GONÇALVES       | Vet I     | Indivíduar               | 02:09:53.63   | 00:56:05.16 | 02:09:29.89   | 00:55:41.42 |
| 744    | Antonio CUNHA        | Vet II    | Porto Runners            | 02:03:30.25   | 00:56:09.38 | 02:02:52.34   | 00:55:31.47 |
| 747    | Francisco FERNANDES  | Vet II    | Indivíduar               | 01:34:14.37   | 00:44:22.97 | 01:33:52.71   | 00:44:01.31 |
| 748    | Antonio-José FONSECA | Vet II    | Indivíduar               | 01:41:07.65   | 00:47:22.97 | 01:40:42.79   | 00:46:58.11 |
| 749    | Fernando LOPES       | Vet III   | HappyFamily-MeiaMaratona | 01:49:56.28   | 00:50:44.45 | 01:49:33.34   | 00:50:21.51 |
| 751    | Milton TRIGO         | Vet I     | Indivíduar               | 01:57:49.12   | 00:53:54.03 | 01:57:49.12   | 00:53:31.67 |
| 752    | Joaquim RODRIGUES    | Vet II    | Amigos da Montanha       | 01:24:43.08   | 00:37:55.00 | 01:24:38.73   | 00:37:50.65 |
| 753    | José AMARAL          | Vet II    | Amigos da Montanha       | 01:23:31.78   | 00:39:17.91 | 01:23:27.78   | 00:39:13.91 |
| 754    | Vítor ALMEIDA        | Vet I     | Amigos da Montanha       | 01:13:33.34   | 00:33:43.03 | 01:13:33.34   | 00:33:43.03 |
| 755    | Augusto COSTA        | Vet II    | Amigos da Montanha       | 01:15:44.37   | 00:35:27.96 | 01:15:43.11   | 00:35:26.70 |
| 756    | Albano SECA          | Vet I     | Indivíduar               | 01:28:22.77   | 00:40:48.15 | 01:28:03.61   | 00:40:28.99 |
| 759    | Fernando MENDES      | Vet I     | CUF                      | 01:37:40.23   | 00:44:48.83 | 01:37:31.17   | 00:44:39.77 |
| 760    | Ruben JORGE          | Vet I     | Indivíduar               | 01:57:37.89   | 00:51:29.71 | 01:57:37.89   | 00:50:39.95 |
| 761    | Sérgio PINTO         | Senior    | Indivíduar               | 02:08:14.30   | 00:53:40.70 | 02:08:04.27   | 00:53:30.67 |
| 763    | Flávio CARVALHO      | Senior    | Indivíduar               | 02:03:55.16   | 00:53:50.15 | 02:03:26.45   | 00:53:21.44 |
| 764    | Márcio AGUIAR        | Senior    | Indivíduar               | 02:03:55.77   | 00:53:43.64 | 02:03:27.68   | 00:53:15.55 |
| 766    | Miguel PAIVA         | Senior    | Indivíduar               | 01:45:16.73   | 00:48:51.48 | 01:45:09.30   | 00:48:44.05 |
| 770    | Henrique MORAIS      | Senior    | Indivíduar               | 01:52:59.60   | 00:51:29.24 | 01:52:23.30   | 00:50:52.94 |
| 771    | Armando FERRAZ       | Vet I     | Indivíduar               | 01:48:40.47   | 00:50:31.13 | 01:47:54.26   | 00:49:44.92 |
| 772    | Nuno JOBLING         | Senior    | Indivíduar               | 01:47:27.53   | 00:49:46.66 | 01:46:43.52   | 00:49:02.65 |
| 773    | António PINTO        | Senior    | Indivíduar               | 01:33:59.44   | 00:43:22.21 | 01:33:45.15   | 00:43:07.92 |
| 774    | Carlos OLIVEIRA      | Vet V     | G.D.C.GUILHOVAI          | 01:25:52.11   | 00:39:48.63 | 01:25:46.91   | 00:39:43.43 |
| 775    | Manuel CARDOSO       | Vet I     | Boavista F.C             | 01:57:57.27   | 00:49:45.53 | 01:57:57.27   | 00:49:22.33 |
| 776    | Artur CUNHA          | Senior    | Indivíduar               | 02:00:19.68   | 00:57:08.78 | 01:59:48.20   | 00:56:37.30 |
| 777    | José AMARAL          | Senior    | Indivíduar               | 01:24:24.34   | 00:38:47.91 | 01:24:13.86   | 00:38:37.43 |





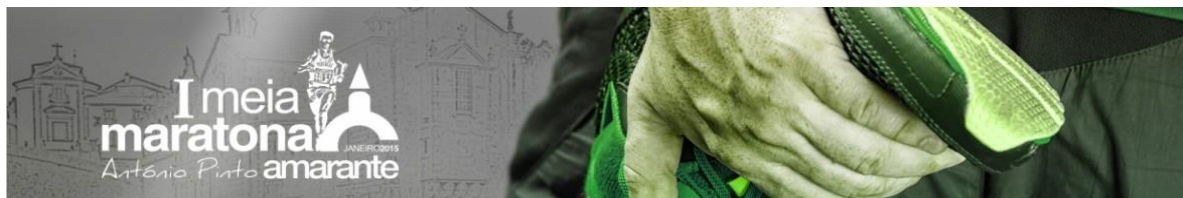
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome                | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|---------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                     |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 831    | Alexandre CRUZ      | Vet I      | Indivíduat               | 01:51:14.85   | 00:54:54.96 | 01:51:05.32   | 00:54:45.43 |
| 833    | Celso OLIVEIRA      | Senior     | Indivíduat               | 02:11:03.91   | 00:57:20.08 | 02:10:43.08   | 00:56:59.25 |
| 835    | João REIS           | Vet I      | Indivíduat               | 01:28:51.24   | 00:41:23.66 | 01:28:44.05   | 00:41:16.47 |
| 836    | Rui SOBRAL          | Vet I      | Indivíduat               | 01:30:18.91   | 00:41:35.58 | 01:30:09.55   | 00:41:26.22 |
| 837    | Miguel PEREIRA      | Vet I      | Indivíduat               | 01:26:08.78   | 00:40:00.04 | 01:26:08.78   | 00:40:00.04 |
| 838    | Américo PINTO       | Vet III    | Indivíduat               | 01:28:27.09   | 00:40:06.70 | 01:28:18.88   | 00:39:58.49 |
| 840    | Duarte BARBOSA      | Vet III    | Indivíduat               | 01:22:24.63   | 00:38:30.63 | 01:22:18.11   | 00:38:24.11 |
| 842    | Avelino PEREIRA     | Vet V      | Indivíduat               | 02:03:50.67   | 00:51:40.99 | 02:03:29.21   | 00:51:19.53 |
| 843    | Carlos SORTE        | Senior     | Indivíduat               | 01:54:51.76   | 00:55:49.49 | 01:54:25.37   | 00:55:23.10 |
| 844    | Orlando NEVES       | Vet I      | Gondomar Futsal Clube    | 01:15:59.89   | 00:35:05.21 | 01:15:57.50   | 00:35:02.82 |
| 845    | Márcio RAMOS        | Senior     | Gondomar Futsal Clube    | 01:56:47.42   | 00:53:45.23 | 01:56:47.42   | 00:53:34.29 |
| 846    | José MACHADO        | Vet II     | Indivíduat               | 01:19:11.21   | 00:37:06.65 | 01:19:05.83   | 00:37:01.27 |
| 850    | Albino ROCHA        | Vet III    | Indivíduat               | 02:22:22.02   | 00:58:28.47 | 02:21:34.64   | 00:57:41.09 |
| 851    | Celso TORRES        | Vet III    | fit 4 fun vale de cambra | 01:57:19.47   | 00:48:20.34 | 01:57:19.47   | 00:48:01.60 |
| 853    | José SILVA          | Vet III    | Sunset Runners           | 01:47:20.29   | 00:47:34.47 | 01:47:10.37   | 00:47:24.55 |
| 854    | Miguel BARQUEIRO    | Vet I      | Sunset Runners           | 01:40:01.43   | 00:45:19.22 | 01:39:52.83   | 00:45:10.62 |
| 855    | Luis COELHO         | Vet I      | Indivíduat               | 01:40:52.37   | 00:46:05.26 | 01:40:29.05   | 00:45:41.94 |
| 859    | Fernando SACRAMENTO | Vet III    | Indivíduat               | 01:30:42.81   | 00:43:17.98 | 01:30:23.45   | 00:42:58.62 |
| 860    | Alvaro OLIVEIRA     | Vet IV     | Indivíduat               | 01:38:26.32   | 00:43:18.44 | 01:38:07.20   | 00:42:59.32 |
| 861    | Lucilia PENTEADO    | Sénior Fem | Indivíduat               | 01:59:12.21   | 00:55:40.84 | 01:58:50.85   | 00:55:19.48 |
| 863    | Alexandre MOREIRA   | Vet I      | Indivíduat               | 01:44:57.03   | 00:49:10.71 | 01:44:24.36   | 00:48:38.04 |
| 866    | Rui TEXEIRA         | Senior     | MAIA A.C                 | 01:06:45.90   | 00:32:11.51 | 01:06:43.91   | 00:32:09.52 |
| 867    | Rui MUGA            | Senior     | Club Académico Mogadouro | 01:08:15.46   | 00:32:11.77 | 01:08:14.23   | 00:32:10.54 |
| 868    | José CARVALHO       | Senior     | Club Académico Mogadouro | 01:09:52.22   | 00:32:21.38 | 01:09:52.22   | 00:32:21.38 |
| 869    | Carlos LOPES        | Senior     | Club Académico Mogadouro | 01:11:55.61   | 00:33:36.99 | 01:11:53.66   | 00:33:35.04 |
| 870    | Francelino RESENDE  | Vet II     | Boavista FC              | 01:18:00.43   | 00:35:55.15 | 01:18:00.43   | 00:35:55.15 |
| 872    | Gil MAIA            | Senior     | Sport Lisboa e Benfica   | 01:12:55.53   | 00:33:22.14 | 01:12:53.12   | 00:33:19.73 |
| 873    | Armando OLIVEIRA    | Vet IV     | Lousada_Runner           | 01:41:56.07   | 00:46:04.53 | 01:41:39.09   | 00:45:47.55 |
| 874    | Jorge TEIXEIRA      | Senior     | Indivíduat               | 01:44:29.38   | 00:47:35.81 | 01:44:14.69   | 00:47:21.12 |
| 875    | Dominique RIBEIRO   | Vet Fem    | Indivíduat               | 01:30:41.09   | 00:41:17.07 | 01:30:34.06   | 00:41:10.04 |
| 876    | Júlio LIMA          | Vet I      | associação Mondim Atleti | 01:50:02.50   | 00:48:32.04 | 01:49:51.16   | 00:48:20.70 |
| 877    | Augusto CUNHA       | Vet V      | Indivíduat               | 01:52:39.42   | 00:49:51.83 | 01:52:27.31   | 00:49:39.72 |
| 878    | Sílvia FIDALGO      | Sénior Fem | Assoc.Fridão Sem Limites | 01:59:43.93   | 00:55:33.55 | 01:59:27.39   | 00:55:17.01 |
| 879    | Claudia CUNHA       | Sénior Fem | Assoc.Fridão Sem Limites | 01:47:39.57   | 00:50:36.87 | 01:47:23.13   | 00:50:20.43 |
| 880    | Joao SILVA          | Vet IV     | Indivíduat               | 01:25:57.20   | 00:39:20.52 | 01:25:55.91   | 00:39:19.23 |
| 881    | Maria FERREIRA      | Vet Fem    | Indivíduat               | 02:20:37.27   | 01:01:56.79 | 02:20:26.70   | 01:01:46.22 |
| 883    | Doroteia PEIXOTO    | Sénior Fem | Indivíduat               | 01:15:43.05   | 00:35:28.42 | 01:15:43.05   | 00:35:28.42 |
| 884    | Tiago MOREIRA       | Senior     | Indivíduat               | 01:26:04.39   | 00:39:09.90 | 01:25:53.73   | 00:38:59.24 |
| 885    | Artur RODRIGUES     | Senior     | Indivíduat               | 01:10:14.57   | 00:32:23.50 | 01:10:13.50   | 00:32:22.43 |
| 887    | José SILVA          | Vet II     | nacucujães               | 01:20:19.01   | 00:37:46.20 | 01:20:16.07   | 00:37:43.26 |
| 889    | Sem NOME            | Senior     | Indivíduat               | 01:30:41.01   | 00:39:58.75 | 01:30:38.69   | 00:39:56.43 |
| 890    | João BARBOSA        | Vet I      | N.Atletismo de Cucujães  | 01:21:20.27   | 00:37:24.82 | 01:21:17.67   | 00:37:22.22 |
| 893    | Delfim CONCEIÇÃO    | Vet I      | Indivíduat               | 01:24:22.68   | 00:39:02.14 | 01:24:22.68   | 00:39:02.14 |
| 894    | Justyna WOJCIK      | Sénior Fem | Indivíduat               | 01:26:37.79   | 00:39:02.25 | 01:26:34.76   | 00:38:59.22 |



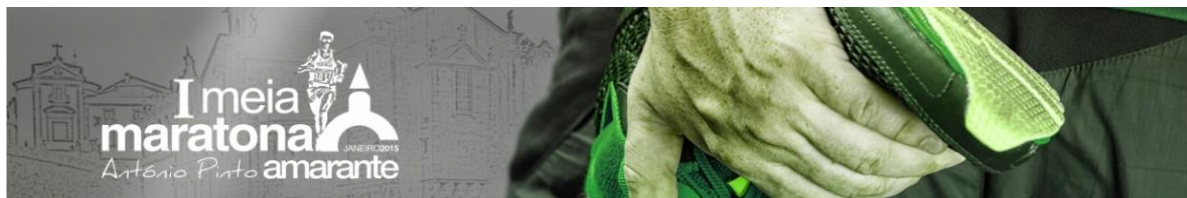
# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome              | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|-------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                   |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 896    | João LOPES        | Vet I      | Indivíduat               | 01:42:56.58   | 00:47:23.87 | 01:42:13.74   | 00:46:41.03 |
| 897    | Joao CASTRO       | Senior     | GUIMOTURBO               | 01:48:24.57   | 00:55:21.32 | 01:47:45.55   | 00:54:42.30 |
| 900    | José MACHADO      | Vet I      | Budeguita Runners        | 01:51:34.23   | 00:51:28.65 | 01:50:55.84   | 00:50:50.26 |
| 901    | Gil FERREIRA      | Vet I      | Adercus                  | 01:12:59.77   | 00:33:53.54 | 01:12:57.56   | 00:33:51.33 |
| 902    | Isaac COSTA       | Senior     | Indivíduat               | 01:55:51.83   | 00:53:46.29 | 01:55:21.75   | 00:53:16.21 |
| 904    | Paulo MARÚ        | Vet II     | Sapadores da Invicta     | 02:04:17.29   | 00:54:51.37 | 02:03:44.85   | 00:54:18.93 |
| 905    | António COELHO    | Vet I      | Sapadores da Invicta     | 01:43:23.92   | 00:49:31.51 | 01:42:51.65   | 00:48:59.24 |
| 907    | Filipe CARVALHO   | Senior     | GDFC                     | 01:37:18.59   | 00:43:15.77 | 01:37:13.27   | 00:43:10.45 |
| 908    | Helder RODRIGUES  | Vet I      | Indivíduat               | 01:32:13.72   | 00:44:24.54 | 01:31:36.61   | 00:43:47.43 |
| 909    | Ricardo DUARTE    | Senior     | Indivíduat               | 01:48:51.15   | 00:49:49.61 | 01:48:36.38   | 00:49:34.84 |
| 910    | Carlos DUARTE     | Senior     | Indivíduat               | 01:35:50.72   | 00:45:13.74 | 01:35:10.15   | 00:44:33.17 |
| 912    | Joaquim MENDES    | Vet III    | Fridão Sem Limites       | 01:41:39.97   | 00:46:18.11 | 01:41:27.40   | 00:46:05.54 |
| 914    | Jose FERREIRA     | Vet I      | Indivíduat               | 01:26:41.30   | 00:41:00.98 | 01:26:27.52   | 00:40:47.20 |
| 915    | Ismael QUEIRÓS    | Senior     | MAIA A.C                 | 01:15:07.88   | 00:34:47.48 | 01:15:06.60   | 00:34:46.20 |
| 917    | José JORDÃO       | Vet I      | Indivíduat               | 01:45:13.27   | 00:49:08.12 | 01:44:37.85   | 00:48:32.70 |
| 918    | Paulo MARQUES     | Senior     | Indivíduat               | 01:32:59.11   | 00:43:24.79 | 01:32:23.73   | 00:42:49.41 |
| 919    | Bruno SOARES      | Senior     | Indivíduat               | 01:34:59.25   | 00:44:58.97 | 01:34:30.86   | 00:44:30.58 |
| 920    | Rogério MENDES    | Senior     | Indivíduat               | 01:57:57.38   | 00:49:44.12 | 01:57:57.38   | 00:49:21.20 |
| 921    | Antonio FERREIRA  | Vet III    | A.C.V - V.N.Famalicao    | 01:46:51.02   | 00:50:01.19 | 01:46:20.14   | 00:49:30.31 |
| 922    | Jorge PINTO       | Vet I      | SERVIÇOS SOCIAIS S.J.M   | 01:11:10.41   | 00:32:51.08 | 01:11:08.83   | 00:32:49.50 |
| 923    | Nuno MORAIS       | Senior     | Indivíduat               | 01:31:56.92   | 00:41:35.97 | 01:31:53.04   | 00:41:32.09 |
| 924    | Nelson SILVA      | Senior     | NAVR                     | 01:27:54.83   | 00:41:15.35 | 01:27:46.27   | 00:41:06.79 |
| 928    | Rosa SOARES       | Sénior Fem | u.d.várzea               | 01:24:44.98   | 00:39:48.86 | 01:24:43.28   | 00:39:47.16 |
| 930    | João FREITAS      | Vet I      | Porto Runners            | 01:44:57.24   | 00:51:28.22 | 01:44:09.24   | 00:50:40.22 |
| 931    | José TEIXEIRA     | Vet I      | Indivíduat               | 01:42:48.39   | 00:49:40.49 | 01:42:04.67   | 00:48:56.77 |
| 932    | Rosa MADUREIRA    | Sénior Fem | Indivíduat               | 01:22:00.86   | 00:38:32.76 | 01:21:56.91   | 00:38:28.81 |
| 933    | João AMORIM       | Senior     | Indivíduat               | 01:11:44.82   | 00:32:58.78 | 01:11:41.88   | 00:32:55.84 |
| 934    | Alberto MELO      | Vet V      | Douro Azul               | 02:10:13.13   | 01:01:27.47 | 02:09:54.85   | 01:01:09.19 |
| 935    | Eduardo PAQUETE   | Vet V      | Douro Azul               | 02:07:39.73   | 00:55:32.70 | 02:07:27.90   | 00:55:20.87 |
| 936    | Alfredo BARBOSA   | Vet V      | Douro Azul               | 01:44:29.28   | 00:49:54.50 | 01:43:57.25   | 00:49:22.47 |
| 937    | Casimiro GALHARDO | Vet V      | Douro Azul               | 01:18:50.18   | 00:36:36.93 | 01:18:48.16   | 00:36:34.91 |
| 938    | Joaquim RIBEIRO   | Vet IV     | Douro Azul               | 01:25:59.00   | 00:39:20.74 | 01:25:52.71   | 00:39:14.45 |
| 939    | José CORVAL       | Vet IV     | Douro Azul               | 02:10:17.49   | 00:59:35.11 | 02:09:36.18   | 00:58:53.80 |
| 940    | Artur CEPEDA      | Vet IV     | Douro Azul               | 01:19:14.98   | 00:37:06.42 | 01:19:08.63   | 00:37:00.07 |
| 942    | Ulisses LOPES     | Vet III    | Douro Azul               | 01:13:46.73   | 00:34:02.90 | 01:13:43.94   | 00:34:00.11 |
| 943    | Manuel DOURADO    | Vet IV     | Douro Azul               | 01:22:00.00   | 00:37:06.72 | 01:21:55.42   | 00:37:02.14 |
| 947    | Ricardo TEIXEIRA  | Senior     | Indivíduat               | 01:58:34.94   | 00:54:28.39 | 01:58:05.37   | 00:53:58.82 |
| 948    | João LOPES        | Vet III    | Indivíduat               | 02:07:15.51   | 00:55:27.64 | 02:07:09.95   | 00:55:22.08 |
| 949    | Carlos MARTINS    | Senior     | Indivíduat               | 01:17:30.58   | 00:35:55.65 | 01:17:19.12   | 00:35:44.19 |
| 950    | Paulo ROCHA       | Senior     | A.D.Amarante TrailRunnig | 01:35:54.59   | 00:44:26.40 | 01:35:49.27   | 00:44:21.08 |
| 951    | Artur SILV        | Vet V      | Indivíduat               | 02:24:24.16   | 01:02:13.23 | 02:24:01.55   | 01:01:50.62 |
| 952    | André BUFFON      | Senior     | Indivíduat               | 01:55:05.61   | 00:55:49.89 | 01:54:38.91   | 00:55:23.19 |
| 955    | Paulo FERREIRA    | Senior     | Ponto Zen                | 01:42:32.81   | 00:47:35.84 | 01:41:58.95   | 00:47:01.98 |
| 961    | André COSTA       | Senior     | Indivíduat               | 01:59:38.06   | 00:49:51.39 | 01:58:55.69   | 00:49:09.02 |



# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome             | Categoria  | Equipa                   | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|------------------|------------|--------------------------|---------------|-------------|---------------|-------------|
|        |                  |            |                          | Meta          | Km 10       | Meta          | Km 10       |
| 962    | Pedro SIMAO      | Senior     | Indivíduat               | 01:46:33.63   | 00:49:36.27 | 01:45:51.37   | 00:48:54.01 |
| 963    | Madalena SILVA   | Vet Fem    | ACRCONDE                 | 01:32:34.94   | 00:42:04.54 | 01:34:10.36   | 00:43:39.96 |
| 966    | Rui VALENTE      | Senior     | Curral de Vacas Desporto | 01:34:33.42   | 00:45:58.20 | 01:34:01.74   | 00:45:26.52 |
| 968    | Filipe MENDES    | Senior     | Indivíduat               | 02:01:51.38   | 00:44:04.64 | 02:01:19.16   | 00:43:32.42 |
| 969    | Pedro PEREIRA    | Senior     | Indivíduat               | 02:07:07.22   | 00:56:29.53 | 02:06:36.15   | 00:55:58.46 |
| 970    | João CARMO       | Vet IV     | Indivíduat               | 01:52:54.75   | 00:50:42.32 | 01:52:38.21   | 00:50:25.78 |
| 971    | Bruno GONÇALVES  | Senior     | Indivíduat               | 01:43:45.44   | 00:47:25.75 | 01:43:34.10   | 00:47:14.41 |
| 972    | Paulo FERREIRA   | Senior     | SPEM - EM FORÇA          | 01:47:18.82   | 00:50:29.72 | 01:46:41.40   | 00:49:52.30 |
| 974    | Manuel TEIXEIRA  | Vet III    | Indivíduat               | 01:53:56.93   | 00:49:52.22 | 01:53:28.68   | 00:49:23.97 |
| 975    | Joaquim MONTEIRO | Senior     | Indivíduat               | 01:41:13.17   | 00:49:39.88 | 01:40:29.53   | 00:48:56.24 |
| 976    | André MOREIRA    | Vet I      | Indivíduat               | 01:48:33.40   | 00:44:59.29 | 01:48:22.76   | 00:44:48.65 |
| 977    | Filipe COUTINHO  | Senior     | atletico da povoa        | 01:17:34.43   | 00:36:12.51 | 01:17:32.78   | 00:36:10.86 |
| 978    | Benjamim SOARES  | Vet IV     | Indivíduat               | 01:18:03.70   | 00:35:57.50 | 01:18:02.40   | 00:35:56.20 |
| 981    | Ricardo ALMEIDA  | Senior     | Tintoebranco-noscuidamos | 01:45:04.82   | 00:49:48.22 | 01:44:26.14   | 00:49:09.54 |
| 983    | José COELHO      | Vet III    | F. C Penafiel            | 01:44:25.31   | 00:45:43.07 | 01:44:21.92   | 00:45:39.68 |
| 984    | Aires SOUSA      | Vet I      | F. C Penafiel            | 01:22:01.15   | 00:38:32.06 | 01:21:58.97   | 00:38:29.88 |
| 985    | Baltazar SOUSA   | Vet II     | Boavista FC              | 01:13:47.40   | 00:34:09.10 | 01:13:47.40   | 00:34:09.10 |
| 986    | Jorge LUZ        | Vet III    | Boavista FC              | 01:22:15.19   | 00:37:52.05 | 01:22:13.23   | 00:37:50.09 |
| 989    | Ricardo FERREIRA | Senior     | Indivíduat               | 01:44:51.44   | 00:46:04.44 | 01:44:34.11   | 00:45:47.11 |
| 990    | Manuel VÍTOR     | Senior     | Indivíduat               | 01:39:54.17   | 00:48:20.16 | 01:39:32.52   | 00:47:58.51 |
| 991    | Rui VIEGAS       | Senior     | Galhardos Runners        | 02:06:13.93   | 00:58:50.88 | 02:05:33.45   | 00:58:10.40 |
| 992    | Julio BORGES     | Senior     | Indivíduat               | 02:09:52.51   | 00:55:29.30 | 02:09:17.00   | 00:54:53.79 |
| 993    | Vitor OLIVEIRA   | Senior     | Maia AC                  | 01:08:10.73   | 00:32:11.63 | 01:08:10.73   | 00:32:11.63 |
| 995    | Anália ROSA      | Sénior Fem | Sporting CP              | 01:18:31.88   | 00:36:36.76 | 01:18:29.84   | 00:36:34.72 |
| 996    | Marco BERNARDO   | Senior     | Indivíduat               | 01:18:32.37   | 00:34:47.01 | 01:18:30.00   | 00:34:44.64 |
| 997    | Andreia SANTOS   | Sénior Fem | Joma                     | 01:24:34.89   | 00:38:32.58 | 01:24:32.25   | 00:38:29.94 |
| 998    | Mónica SILVA     | Sénior Fem | SL Benfica               | 01:16:21.51   | 00:35:28.86 | 01:16:19.41   | 00:35:26.76 |
| 999    | Paulo BARBOSA    | Senior     | CSRDC                    | 01:08:47.66   | 00:32:17.36 | 01:08:46.36   | 00:32:16.06 |
| 1000   | Luis MENDES      | Senior     | Senhora do Desterro      | 01:08:16.49   | 00:32:11.76 | 01:08:14.67   | 00:32:09.94 |
| 1001   | Filipe ROCHA     | Senior     | Indivíduat               | 01:17:37.04   | 00:36:16.54 | 01:17:33.29   | 00:36:12.79 |
| 1002   | Carlos RODRIGUES | Senior     | FC Parada                | 01:11:03.83   | 00:32:58.21 | 01:11:02.45   | 00:32:56.83 |
| 1003   | Francisco LOBO   | Vet III    | Indivíduat               | 01:37:17.48   | 00:45:30.24 | 01:37:00.94   | 00:45:13.70 |
| 1005   | Joaquim FERREIRA | Vet III    | Associação Cult. Vermoim | 01:42:54.88   | 00:49:10.29 | 01:42:24.70   | 00:48:40.11 |
| 1006   | Sandra FERNANDES | Sénior Fem | Indivíduat               | 02:02:53.42   | 00:55:28.73 | 02:02:40.86   | 00:55:16.17 |
| 1007   | Alain COUTO      | Vet I      | Indivíduat               | 01:20:47.13   | 00:37:39.74 | 01:20:43.01   | 00:37:35.62 |
| 1008   | Marco NUNES      | Senior     | Aventura Marão Clube     | 01:52:47.28   | 00:50:39.65 | 01:52:32.82   | 00:50:25.19 |
| 1009   | Álvaro PINTO     | Vet I      | Clube Zupper             | 01:59:19.56   | 00:51:13.05 | 01:58:40.40   | 00:50:33.89 |
| 1010   | Diogo ALVES      | Senior     | Indivíduat               | 02:16:37.90   | 00:57:20.25 | 02:16:16.57   | 00:56:58.92 |
| 1012   | Sérgio FERREIRA  | Vet III    | Boavista FC              | 01:47:19.32   | 00:50:28.35 | 01:46:33.69   | 00:49:42.72 |
| 1013   | António REBOCHO  | Senior     | Boavista FC              | 01:51:39.85   | 00:52:57.37 | 01:51:10.84   | 00:52:28.36 |
| 1014   | Rui SANTOS       | Vet I      | Boavista FC              | 01:49:04.35   | 00:52:57.14 | 01:48:35.48   | 00:52:28.27 |
| 1015   | João DIXO        | Senior     | Boavista FC              | 01:36:57.65   | 00:43:57.30 | 01:36:28.93   | 00:43:28.58 |
| 1016   | Diogo BARROS     | Senior     | Boavista FC              | 01:50:07.44   | 00:53:01.52 | 01:49:22.52   | 00:52:16.60 |
| 1017   | Domingos SOUSA   | Vet IV     | Boavista FC              | 01:42:48.79   | 00:47:27.00 | 01:42:17.99   | 00:46:56.20 |



# RELAÇÃO DE TEMPOS LIQUIDOS E PARCIAIS

| Dorsal | Nome             | Categoria  | Equipa      | TEMPO OFICIAL |             | TEMPO LIQUIDO |             |
|--------|------------------|------------|-------------|---------------|-------------|---------------|-------------|
|        |                  |            |             | Meta          | Km 10       | Meta          | Km 10       |
| 1018   | Alexandre MATOS  | Vet III    | Boavista FC | 01:21:34.66   | 00:37:40.04 | 01:21:32.02   | 00:37:37.40 |
| 1019   | Valquíria SILVA  | Sénior Fem | Boavista FC | 01:47:19.55   | 00:50:28.13 | 01:46:34.84   | 00:49:43.42 |
| 2001   | Patrícia PEREIRA | Sénior Fem | Indivíduat  | 01:23:03.11   | 00:38:38.23 | 01:23:01.00   | 00:38:36.12 |
| 2002   | José CORVAL      | Vet IV     | Douro Azul  | 01:26:54.04   | 00:40:05.43 | 01:26:46.38   | 00:39:57.77 |