

21.076 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	15°C	62%
End	12:36	15°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	366	Paulo Barbosa	csrdc santiago	Senior Masculino	01:10:43		03:21
2	368	Carlos Rodrigues	csrdc santiago	Senior Masculino	01:11:20	+00:36	03:23
3	72	ARTUR OLIVEIRA RODRIGUES	grupo desportivo e cultural de guilhovai	Veterano M40	01:12:00	+01:17	03:25
4	74	Joao Almeida	grupo desportivo são salvador do campo	Senior Masculino	01:12:29	+01:45	03:26
5	60	João Amorim	f. c. penafiel	Veterano M40	01:13:58	+03:15	03:31
6	79	HENRIQUE DIAS	grupo dramático e recreativo da retorta	Veterano M50	01:15:39	+04:56	03:35
7	367	Bruno Queirós	csrdc santiago	Senior Masculino	01:15:58	+05:14	03:36
8	80	JOAQUIM ROCHA	grupo dramático e recreativo da retorta	Veterano M50	01:16:22	+05:39	03:37
9	339	ANTÓNIO SOUSA	ripolins - grijó a correr	Veterano M40	01:17:28	+06:45	03:41
10	59	Manuel Bessa	f. c. penafiel	Senior Masculino	01:17:55	+07:11	03:42
11	55	João Cavadas	csrdc santiago	Veterano M40	01:19:01	+08:17	03:45
12	75	TIAGO PINTO	grupo dramático e recreativo da retorta	Senior Masculino	01:19:15	+08:31	03:46
13	374	Augusto Antunes	associação recreativa pousadense	Veterano M50	01:19:34	+08:50	03:47
14	131	Miguel Moura	individual	Senior Masculino	01:19:40	+08:56	03:47
15	309	Paulo Pilroto	nascidos para correr	Veterano M40	01:20:09	+09:25	03:48
16	33	Casimiro Galhardo	c p t bairro carcavelos	Veterano M60	01:20:18	+09:35	03:49
17	76	ADELINO SILVA	grupo dramático e recreativo da retorta	Veterano M40	01:20:51	+10:08	03:50
18	360	Ivo Peko	magna	Senior Masculino	01:21:07	+10:23	03:51
19	65	Belmiro Ferreira	g.d.leões da guarda	Veterano M50	01:22:17	+11:33	03:54
20	34	Miguel Oliveira	c. a. gaienses/toyota	Veterano M40	01:22:26	+11:43	03:55
21	264	Manuel Dourado	individual	Veterano M60	01:22:30	+11:46	03:55
22	46	Luís Filipe Figueira Novais	clube de atletismo senhora da conceição vila real	Senior Masculino	01:22:35	+11:51	03:55
23	73	Daniela Sousa	grupo desportivo estreito	Senior Feminino	01:22:53	+12:09	03:56
24	326	João Pedro Leal	ofrunning	Senior Masculino	01:22:54	+12:10	03:56
25	7	Francisco Teixeira	a. r. luz e vida gondomarense	Veterano M40	01:23:02	+12:19	03:56
26	349	Hernani Furtado	sporting clube de espinho	Senior Masculino	01:23:05	+12:22	03:57
27	370	Andreia Santos	csrdc santiago	Senior Feminino	01:23:16	+12:33	03:57
28	67	Lídia Pereira	gdr granja - trutas do mau	Veterana F40	01:23:42	+12:58	03:58
29	124	Luís Ricardo Beato Pereira	individual	Senior Masculino	01:23:42	+12:58	03:58
30	322	Augusto Pereira	nascidos para correr	Veterano M60	01:23:42	+12:59	03:58
31	174	Fernando Taborda	oralklass - amigos trail	Veterano M40	01:23:57	+13:14	03:59
32	372	Carlos Dias	maia atlético clube	Veterano M40	01:24:01	+13:18	03:59
33	10	Carlos Sousa	adccj clark	Senior Masculino	01:24:11	+13:27	04:00
34	257	José Pereira	individual	Veterano M50	01:24:23	+13:40	04:00
35	77	MIGUEL MENDES	grupo dramático e recreativo da retorta	Veterano M40	01:24:32	+13:48	04:01
36	8	Manuel Sousa	a. r. luz e vida gondomarense	Veterano M50	01:24:38	+13:55	04:01
37	178	João Filipe Sousa Machado	individual	Veterano M40	01:24:48	+14:04	04:01
38	369	Pedro Teixeira	csrdc santiago	Senior Masculino	01:24:50	+14:07	04:02
39	35	Carlos Barroso	c. a. gaienses/toyota	Veterano M40	01:25:25	+14:41	04:03
40	302	Tiago Leal	nascidos para correr	Veterano M40	01:25:34	+14:50	04:04
41	297	Domingos Santos	nascidos para correr	Senior Masculino	01:26:17	+15:34	04:06

MEIA MARATONA - STAGE 1

21.076 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	308	Nuno Vidal	nascidos para correr	Veterano M40	01:26:23	+15:39	04:06
43	193	Paulo Pinto	individual	Veterano M40	01:26:28	+15:45	04:06
44	296	André Soares	nascidos para correr	Senior Masculino	01:26:30	+15:46	04:06
45	304	André Botelho	nascidos para correr	Veterano M40	01:27:25	+16:42	04:09
46	31	Helder Barbosa	boavista f. c.	Senior Masculino	01:27:30	+16:47	04:09
47	329	Carlos Miguel Rocha Oliveira	opticalia	Senior Masculino	01:27:37	+16:54	04:09
48	317	José mota	nascidos para correr	Veterano M50	01:27:48	+17:05	04:10
49	357	Joaquim Santos	white running team	Veterano M50	01:28:02	+17:19	04:11
50	121	José Diogo Ramos Ribeiro	individual	Senior Masculino	01:28:10	+17:27	04:11
51	359	José Neves	aliança de gandra	Veterano M40	01:28:16	+17:33	04:11
52	111	Filipe Miguel de Jesus Teles	individual	Senior Masculino	01:28:45	+18:02	04:13
53	331	António Franco	os finos	Veterano M40	01:28:48	+18:05	04:13
54	312	Domingos Presas	nascidos para correr	Veterano M50	01:29:06	+18:22	04:14
55	105	Bruno Filipe Bertão Pinto	individual	Senior Masculino	01:29:06	+18:22	04:14
56	141	Raul Filipe Rodrigues da Silva	individual	Senior Masculino	01:29:40	+18:57	04:15
57	71	Pedro Dias	boavista f. c.	Veterano M40	01:29:42	+18:58	04:15
58	110	Fernando Silva	individual	Senior Masculino	01:29:48	+19:04	04:16
59	12	José Ferreira	adccj clark	Veterano M40	01:29:53	+19:09	04:16
60	356	Manuel Oliveira	white running team	Veterano M40	01:29:53	+19:10	04:16
61	24	Cristina Couceiro	arism - associação recreativa de s. miguel	Veterana F40	01:30:01	+19:17	04:16
62	25	José Guilherme Feteira	arism - associação recreativa de s. miguel	Veterano M40	01:30:01	+19:17	04:16
63	118	João Martins	individual	Senior Masculino	01:30:02	+19:18	04:16
64	315	António Azevedo	nascidos para correr	Veterano M50	01:30:24	+19:41	04:17
65	64	Salomão Coelho de Abreu	faíscas	Veterano M40	01:30:47	+20:04	04:18
66	314	Manuel Cardoso	nascidos para correr	Veterano M50	01:31:04	+20:20	04:19
67	232	ANTÓNIO CORUCHO	individual	Veterano M50	01:31:06	+20:22	04:19
68	246	JOSE MANUEL GOMES FERREIRA	individual	Veterano M50	01:31:11	+20:27	04:20
69	325	Pedro Vales	ninja´s run	Veterano M40	01:31:29	+20:46	04:20
70	28	Alcino Pinto	athlon esportes	Veterano M40	01:31:33	+20:50	04:21
71	15	MANUEL SILVA	amigos da picua	Veterano M60	01:31:39	+20:56	04:21
72	298	joão martins	nascidos para correr	Senior Masculino	01:32:00	+21:17	04:22
73	78	PAULO SILVA	grupo dramático e recreativo da retorta	Veterano M40	01:32:01	+21:17	04:22
74	239	Fernando Gonçalves	individual	Veterano M50	01:32:02	+21:18	04:22
75	93	Maria Castro Paupério Vila Pouca	individual	Senior Feminino	01:32:06	+21:23	04:22
76	36	António Nascimento	c.f. oliveira do douro	Veterano M50	01:32:13	+21:30	04:23
77	319	Aníbal Silva	nascidos para correr	Veterano M60	01:32:14	+21:30	04:23
78	98	Adriano Pinto	individual	Senior Masculino	01:32:24	+21:40	04:23
79	291	Céline Gomes	nascidos para correr	Senior Feminino	01:32:28	+21:45	04:23
80	203	Sérgio Padilha	individual	Veterano M40	01:32:37	+21:53	04:24
81	21	Patrícia Fernandes	arism - associação recreativa de s. miguel	Senior Feminino	01:32:46	+22:02	04:24
82	151	Sérgio Mota	individual	Senior Masculino	01:33:12	+22:28	04:25
83	306	João Lopes	nascidos para correr	Veterano M40	01:33:12	+22:29	04:25
84	299	Nuno Ribeiro	nascidos para correr	Senior Masculino	01:33:13	+22:30	04:25
85	253	Vitor Manuel Barbosa Moreira	individual	Veterano M50	01:33:29	+22:45	04:26
86	147	Rui Manuel Ferrão da Silva Cardoso	individual	Senior Masculino	01:33:58	+23:14	04:28

21.076 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
87	221	Modesto rodrigues	individual	Veterano M40	01:33:59	+23:16	04:28
88	27	Dênis Quadros	athlon esportes	Senior Masculino	01:34:16	+23:32	04:28
89	37	Domingos Pinto	c.f. oliveira do douro	Veterano M50	01:34:20	+23:36	04:29
90	181	José Manuel da Silva Ferreira	individual	Veterano M40	01:34:28	+23:45	04:29
91	307	Marco Almeida	nascidos para correr	Veterano M40	01:34:59	+24:15	04:30
92	128	Mário Saraiva	individual	Senior Masculino	01:35:11	+24:27	04:31
93	235	Belmiro Teixeira da Costa	individual	Veterano M50	01:35:13	+24:30	04:31
94	300	Virgílio Vieira	nascidos para correr	Senior Masculino	01:35:13	+24:30	04:31
95	130	Martinho Gomes	individual	Senior Masculino	01:35:48	+25:04	04:33
96	119	Joao Silva	individual	Senior Masculino	01:35:52	+25:08	04:33
97	14	Paulo Sousa	afis/ovar	Veterano M40	01:35:55	+25:11	04:33
98	50	Mário Nóbrega	clube de atletismo senhora da conceição vila real	Veterano M40	01:36:01	+25:18	04:33
99	316	Emanuel Madureira	nascidos para correr	Veterano M50	01:36:08	+25:25	04:34
100	375	Luís Sousa	individual	Veterano M50	01:36:09	+25:25	04:34
101	205	António José Correia Fernandes	individual	Veterano M40	01:36:09	+25:25	04:34
102	17	André Barbosa	andré	Senior Masculino	01:36:30	+25:46	04:35
103	311	Rui Santos	nascidos para correr	Veterano M40	01:36:33	+25:49	04:35
104	185	Milton Rodrigues	individual	Veterano M40	01:36:46	+26:03	04:36
105	250	Norberto Costa	individual	Veterano M50	01:36:51	+26:07	04:36
106	188	Nuno Sousa	individual	Veterano M40	01:37:04	+26:20	04:36
107	261	Antonio Oliveira	individual	Veterano M60	01:37:10	+26:27	04:37
108	271	António José Oliveira	lousada runners	Veterano M50	01:37:16	+26:33	04:37
109	196	Rogério Oliveira	individual	Veterano M40	01:37:17	+26:33	04:37
110	150	Sergio Filipe Maia de Sousa	individual	Senior Masculino	01:37:20	+26:36	04:37
111	63	Paulo Luís Magalhães Nunes	faíscas	Veterano M40	01:37:21	+26:37	04:37
112	152	Tiago Miguel Falcão Martins	individual	Senior Masculino	01:37:30	+26:47	04:38
113	137	Pedro Nuno de Oliveira Novais	individual	Senior Masculino	01:37:39	+26:56	04:38
114	365	José Porto	individual	Veterano M50	01:37:44	+27:01	04:38
115	215	JOÃO VERDE	individual	Veterano M40	01:37:44	+27:01	04:38
116	172	David Filipe Pereira da Silva	individual	Veterano M40	01:37:51	+27:07	04:39
117	320	António Pereira	nascidos para correr	Veterano M60	01:37:54	+27:10	04:39
118	58	Helena Mourão	escola de atletismo da trofa	Veterana F50	01:37:54	+27:11	04:39
119	248	Luís Sousa	individual	Veterano M50	01:37:59	+27:16	04:39
120	243	Jose Lino Ferreira Moura	individual	Veterano M50	01:38:07	+27:23	04:39
121	346	Fernando Camelo	s.c. salgueiros	Veterano M50	01:38:29	+27:45	04:40
122	231	António Augusto Silva	individual	Veterano M50	01:38:30	+27:47	04:40
123	289	Orlando Santos	mocidade sangemil	Veterano M40	01:38:34	+27:51	04:41
124	123	Luís Fllipe Neves Magalhães	boavista f. c.	Senior Masculino	01:38:52	+28:08	04:41
125	305	Henrique Coelho	nascidos para correr	Veterano M40	01:39:16	+28:32	04:43
126	301	Alexandra Fernandes	nascidos para correr	Veterana F40	01:39:16	+28:32	04:43
127	230	Alexandre Viegas Maniés	individual	Veterano M50	01:39:16	+28:33	04:43
128	345	Paulo Pimenta	runners monte aventino	Veterano M40	01:39:34	+28:51	04:43
129	135	pedro fonte	individual	Senior Masculino	01:39:35	+28:52	04:44
130	26	Maria Augusta Da Costa Loureiro	associação desportiva de cabroelo	Veterana F40	01:39:38	+28:55	04:44
131	225	Pedro Costa	individual	Veterano M40	01:39:39	+28:55	04:44

MEIA MARATONA - STAGE 1

21.076 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
132	340	CARLOS RIPOLINS	ripolins - grijó a correr	Veterano M50	01:39:39	+28:56	04:44
133	57	André Coimbra	escola de atletismo da trofa	Senior Masculino	01:39:54	+29:11	04:44
134	180	Jorge Mota	individual	Veterano M40	01:40:01	+29:18	04:45
135	268	José Augusto Coelho Abreu Costa	kemedo team	Veterano M40	01:40:04	+29:20	04:45
136	45	José Ribeiro	ccdt/stcp	Veterano M40	01:40:15	+29:32	04:45
137	175	Filipe Miranda	individual	Veterano M40	01:40:28	+29:45	04:46
138	16	PAULO COSTA	amigos quinta das freiras	Veterano M40	01:40:32	+29:48	04:46
139	187	Nuno Fernando M. Gonçalves	individual	Veterano M40	01:40:32	+29:48	04:46
140	115	Francisco Miguel Madureira Dias	individual	Senior Masculino	01:40:32	+29:48	04:46
141	11	Adélia Tavares	adccj clark	Veterana F40	01:40:36	+29:52	04:46
142	29	jose magalhaes	atletico clube alfenense	Veterano M60	01:40:47	+30:04	04:47
143	208	Carlos Manuel Brás Alves	individual	Veterano M40	01:41:01	+30:18	04:48
144	220	MARIO CORREIA	individual	Veterano M40	01:41:11	+30:27	04:48
145	102	Armando Silva	individual	Senior Masculino	01:41:15	+30:31	04:48
146	170	Daniel Amorim	individual	Veterano M40	01:41:18	+30:35	04:48
147	47	Mário Monteiro	clube de atletismo senhora da conceição vila real	Senior Masculino	01:41:23	+30:40	04:49
148	228	Tiago Mendes	individual	Veterano M40	01:41:42	+30:59	04:50
149	62	Jorge Manuel Nogueira Magalhães	faíscas	Veterano M40	01:41:52	+31:08	04:50
150	192	Paulo guilherme jesus Cerqueira	individual	Veterano M40	01:41:56	+31:13	04:50
151	177	Gonçalo Oliveira	individual	Veterano M40	01:42:11	+31:27	04:51
152	87	Daniela Marta Mariano Falcão	individual	Senior Feminino	01:42:14	+31:31	04:51
153	112	Filipe Monteiro	individual	Senior Masculino	01:42:19	+31:36	04:51
154	223	Paulo Moreira	individual	Veterano M40	01:42:22	+31:38	04:51
155	122	José João Henriques	individual	Senior Masculino	01:42:35	+31:51	04:52
156	241	joaquim Bento	individual	Veterano M50	01:42:36	+31:53	04:52
157	333	António Oliveira	os finos	Veterano M40	01:42:52	+32:09	04:53
158	281	Sérgio Azevedo	manuaço	Senior Masculino	01:42:54	+32:11	04:53
159	371	oscar loureiro	individual	Veterano M60	01:42:57	+32:14	04:53
160	355	José Monteiro	veteranos do porto	Veterano M50	01:42:59	+32:16	04:53
161	191	Paulo Daniel Felizardo Correia Duarte	individual	Veterano M40	01:43:05	+32:22	04:53
162	288	Luis Pereira	mocidade sangemil	Veterano M40	01:43:08	+32:24	04:54
163	318	Adão Dias	nascidos para correr	Veterano M60	01:43:08	+32:25	04:54
164	256	Jose Moutinho	individual	Veterano M50	01:43:22	+32:38	04:54
165	313	Helder Madeira	nascidos para correr	Veterano M40	01:43:26	+32:43	04:55
166	144	Rogério de Almeida Pacheco	individual	Senior Masculino	01:43:31	+32:48	04:55
167	154	Valério Saleiro	individual	Senior Masculino	01:43:35	+32:51	04:55
168	13	Rui Martins	adccj clark	Veterano M40	01:43:37	+32:54	04:55
169	354	João Paulo Félix	turres trail team	Veterano M40	01:43:50	+33:06	04:56
170	22	Edgar Avelino Figueira Pires	arsm - associação recreativa de s. miguel	Senior Masculino	01:44:04	+33:20	04:56
171	343	José Pereira	runners and friends	Veterano M60	01:44:19	+33:36	04:57
172	252	Paulo Graça	individual	Veterano M50	01:44:34	+33:50	04:58
173	139	Pedro Rodrigues	individual	Senior Masculino	01:44:43	+33:59	04:58
174	303	Etelvina Rocha	nascidos para correr	Veterana F40	01:44:46	+34:02	04:58
175	167	Sílvia Tomaz	individual	Veterana F40	01:44:59	+34:15	04:59
176	100	André Emanuel Marques e Silva	individual	Senior Masculino	01:45:00	+34:17	04:59

MEIA MARATONA - STAGE 1

21.076 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
177	99	Alvaro Antunes	individual	Senior Masculino	01:45:02	+34:19	04:59
178	323	Rui Mendes	nascidos para correr	Veterano M60	01:45:24	+34:41	05:00
179	233	Antonio Medeiros	individual	Veterano M50	01:45:36	+34:52	05:01
180	68	Fábio Silva	gondomar futsal clube	Senior Masculino	01:45:41	+34:58	05:01
181	226	Ramiro Assembleia	individual	Veterano M40	01:45:46	+35:03	05:01
182	69	Abílio Cardoso Teixeira	grupo de atletas muito amadora de ermesinde	Senior Masculino	01:46:00	+35:17	05:02
183	207	CARLOS JORGE S OLIVEIRA	individual	Veterano M40	01:46:05	+35:22	05:02
184	48	Nuno Peixoto	clube de atletismo senhora da conceição vila real	Senior Masculino	01:46:14	+35:30	05:02
185	125	Manuel carvalho	individual	Senior Masculino	01:46:14	+35:31	05:02
186	173	Dinis Afonso Gomes Baptista	individual	Veterano M40	01:46:29	+35:46	05:03
187	260	ANTÓNIO NETO	individual	Veterano M60	01:46:39	+35:56	05:04
188	287	Carlos Ribeiro	mocidade sangemil	Veterano M40	01:46:56	+36:12	05:04
189	23	Carla Reis	arsm - associação recreativa de s. miguel	Veterana F40	01:47:05	+36:22	05:05
190	227	Rui Carvalho	individual	Veterano M40	01:47:05	+36:22	05:05
191	108	Daniel Soares	individual	Senior Masculino	01:47:14	+36:30	05:05
192	160	helenabarbosa	individual	Veterana F40	01:47:19	+36:36	05:06
193	290	Mário Vinhas	mocidade sangemil	Veterano M40	01:47:25	+36:42	05:06
194	138	PEDRO POLICIANO	individual	Senior Masculino	01:48:35	+37:51	05:09
195	164	Maria Rosa Pinto Coelho	individual	Veterana F40	01:48:46	+38:03	05:10
196	146	Rui Manuel da Silva Pereira	individual	Senior Masculino	01:48:57	+38:13	05:10
197	216	Joaquimmanuelcarvalhosilva	individual	Veterano M40	01:48:59	+38:16	05:10
198	30	cesarmartins	befitness	Senior Masculino	01:49:00	+38:16	05:10
199	161	JULIA SOUSA	individual	Veterana F40	01:49:00	+38:16	05:10
200	136	Pedro Miguel Ferreira Pinheiro	individual	Senior Masculino	01:49:04	+38:20	05:11
201	212	Guilherme Moreira	individual	Veterano M40	01:49:23	+38:40	05:11
202	143	Ricardo Seromenho	individual	Senior Masculino	01:49:46	+39:02	05:13
203	94	Raquel Lima	individual	Senior Feminino	01:49:51	+39:07	05:13
204	245	jose Manuel do Carmo neves	individual	Veterano M50	01:49:52	+39:09	05:13
205	229	Vítor Manuel Araújo Ribeiro	individual	Veterano M40	01:49:53	+39:10	05:13
206	101	André Filipe Rodrigues Gonçalves	individual	Senior Masculino	01:49:59	+39:15	05:13
207	52	ANTONIO MIRANDA	correr por um sorriso - papelinf	Veterano M50	01:50:01	+39:18	05:13
208	156	Ana Maria Barbosa	individual	Veterana F50	01:50:08	+39:24	05:14
209	168	Teri Dias Roy	individual	Veterana F50	01:50:12	+39:28	05:14
210	145	Rui Lobato Ferreira da Silva	individual	Senior Masculino	01:50:30	+39:47	05:15
211	350	Libório Vilela	tsunami team	Senior Masculino	01:50:38	+39:55	05:15
212	351	Manuel Correia	tsunami team	Veterano M50	01:50:39	+39:55	05:15
213	20	Catarina Gomes	arsm - associação recreativa de s. miguel	Senior Feminino	01:50:40	+39:57	05:15
214	242	José Fonseca	individual	Veterano M50	01:50:55	+40:11	05:16
215	352	Frederico Sá	turbulentos	Senior Masculino	01:51:02	+40:19	05:16
216	126	manuelmagalhães	individual	Senior Masculino	01:51:11	+40:27	05:17
217	186	Mílton Trigo	individual	Veterano M40	01:51:44	+41:01	05:18
218	338	Pedro Marques	pphnn	Veterano M40	01:52:07	+41:24	05:19
219	337	Nuno Cardoso	pphnn	Veterano M40	01:52:07	+41:24	05:19
220	334	HugTavares	pphnn	Senior Masculino	01:52:07	+41:24	05:19
221	211	Francisco Mendes Pacheco	individual	Veterano M40	01:52:23	+41:39	05:20

MEIA MARATONA - STAGE 1

21.076 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	↑/KM
222	332	Carlos Maia	os finos	Veterano M40	01:52:54	+42:10	05:21
223	142	Ricardo Ramalho	individual	Senior Masculino	01:53:20	+42:36	05:23
224	159	Fernanda Picotez	individual	Veterana F40	01:53:33	+42:49	05:23
225	217	José Carlos Machado	individual	Veterano M40	01:54:22	+43:38	05:26
226	267	Joaquim Paulo da Rocha Ferreira	i-run	Veterano M40	01:54:22	+43:39	05:26
227	190	PAULO BARBOSA	individual	Veterano M40	01:54:51	+44:07	05:27
228	85	Catarina Soraia de Costa e Lopes Martins	individual	Senior Feminino	01:55:31	+44:47	05:29
229	6	Pedro Sousa	10temidos	Veterano M40	01:56:07	+45:23	05:31
230	266	Veríssimo Guilherme Sousa Alecristim	individual	Veterano M60	01:56:10	+45:26	05:31
231	114	Francisco Costa	individual	Senior Masculino	01:56:12	+45:28	05:31
232	336	Pedro Leao	pphnn	Senior Masculino	01:56:44	+46:00	05:32
233	376	Julio Henriques	individual	Veterano M40	01:56:46	+46:03	05:32
234	83	Banita	individual	Senior Feminino	01:56:46	+46:03	05:32
235	44	José Gonçalves	ccdt/stcp	Veterano M40	01:56:46	+46:03	05:32
236	218	Manuel Teixeira	individual	Veterano M40	01:56:47	+46:04	05:32
237	19	Ana Ramos	arism - associação recreativa de s. miguel	Senior Feminino	01:57:02	+46:19	05:33
238	258	ALBERTO LIZARDO	individual	Veterano M60	01:57:36	+46:53	05:35
239	251	Paulo Alexandre Ferreira Dias	individual	Veterano M50	01:57:38	+46:54	05:35
240	103	Belmiro Magalhães	individual	Senior Masculino	01:57:39	+46:56	05:35
241	183	Manuel António Oliveira Araújo	individual	Veterano M40	01:57:53	+47:10	05:36
242	43	Rui Magalhães	ccdt/stcp	Veterano M40	01:57:59	+47:15	05:36
243	265	Manuel Vieira de Carvalho	individual	Veterano M60	01:58:35	+47:52	05:38
244	200	rui silva	individual	Veterano M40	01:58:44	+48:00	05:38
245	82	Ana Rita Silva	individual	Senior Feminino	01:58:48	+48:05	05:38
246	116	Hugo CARASLINDAS	individual	Senior Masculino	01:58:58	+48:14	05:39
247	210	Fernando da Silva Teixeira	individual	Veterano M40	01:58:59	+48:15	05:39
248	113	FLAVIO SANTOS	individual	Senior Masculino	01:59:18	+48:35	05:40
249	213	João Bronze	individual	Veterano M40	01:59:22	+48:39	05:40
250	148	Rui Ribeiro	individual	Senior Masculino	01:59:49	+49:06	05:41
251	42	Marco Batista	ccdt/stcp	Veterano M40	01:59:58	+49:15	05:42
252	54	Sérgio Quintas	corro por ti	Senior Masculino	02:00:30	+49:47	05:43
253	195	Ricardo Jorge Costa	individual	Veterano M40	02:00:44	+50:01	05:44
254	222	PAULO FREITAS JORGE	individual	Veterano M40	02:01:22	+50:39	05:46
255	157	ana Paula Teixeira	individual	Veterana F50	02:01:52	+51:09	05:47
256	293	Patricia Caballero	nascidos para correr	Senior Feminino	02:02:19	+51:36	05:48
257	292	Maria Elisabete Moreira	nascidos para correr	Senior Feminino	02:02:19	+51:36	05:48
258	189	Óscar Fernando Guimarães Dias	individual	Veterano M40	02:02:41	+51:58	05:49
259	88	Daniela Mota Machado	individual	Senior Feminino	02:04:21	+53:38	05:54
260	295	Sofia Mendes	nascidos para correr	Senior Feminino	02:04:42	+53:59	05:55
261	176	Filipe Nogueira Costa	individual	Veterano M40	02:04:43	+54:00	05:55
262	53	Ricardo Costa	corro por ti	Senior Masculino	02:04:46	+54:02	05:55
263	294	Sara Barbosa	nascidos para correr	Senior Feminino	02:04:49	+54:06	05:55
264	321	Arménio Ferreira	nascidos para correr	Veterano M60	02:04:49	+54:06	05:55
265	353	Mário Sá	turbulentos	Senior Masculino	02:05:09	+54:25	05:56
266	363	Paulo Feiteira	opticalia	Veterano M40	02:05:14	+54:30	05:57

21.076 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	341	Alexandra Pereira	runners and friends	Senior Feminino	02:05:45	+55:01	05:58
268	342	Inês Arcos	runners and friends	Senior Feminino	02:05:45	+55:02	05:58
269	133	Nuno Silva	individual	Senior Masculino	02:05:46	+55:02	05:58
270	104	Benjamim Marinho	individual	Senior Masculino	02:05:57	+55:13	05:59
271	41	Domingos Faustino	ccdt/stcp	Veterano M40	02:06:04	+55:20	05:59
272	247	ARMINDO SERRA	serra	Senior Masculino	02:06:06	+55:22	05:59
273	169	Carlos Ferreira	individual	Veterano M40	02:09:16	+58:33	06:08
274	255	José António Pinto Leite	individual	Veterano M50	02:09:16	+58:33	06:08
275	70	Eduardo Pais	grupo de atletas muito amadora de ermesinde	Senior Masculino	02:09:26	+58:42	06:08
276	107	Carlos Dias	individual	Senior Masculino	02:10:11	+59:27	06:11
277	219	Marcelo teixeira	individual	Veterano M40	02:10:11	+59:27	06:11
278	234	Artur Mário de Carvalho Morais	individual	Veterano M50	02:10:11	+59:27	06:11
279	86	Cristina Rodrigues Teixeira Lopes	individual	Senior Feminino	02:10:44	+01:00:00	06:12
280	9	Fernanda Oliveira	adccj clark	Senior Feminino	02:10:51	+01:00:07	06:13
281	109	Diogo Fausto Leite Vieira	individual	Senior Masculino	02:11:46	+01:01:03	06:15
282	158	Carla Oliveira	individual	Veterana F40	02:11:47	+01:01:04	06:15
283	84	Bruna Daniela Silva Dias	individual	Senior Feminino	02:12:24	+01:01:41	06:17
284	373	Adelino Guimarães	individual	Veterano M40	02:12:24	+01:01:41	06:17
285	91	Laetitia Quiala	individual	Senior Feminino	02:17:12	+01:06:29	06:31
286	95	Sónia Pinto	individual	Senior Feminino	02:18:29	+01:07:45	06:34
287	163	Maria Horta	individual	Veterana F50	02:19:11	+01:08:27	06:36
288	153	Tiago Rocha Lages	individual	Senior Masculino	02:19:31	+01:08:47	06:37
289	38	Rita Leal	carlos	Senior Feminino	02:20:17	+01:09:34	06:39
290	117	João Carvalho	individual	Senior Masculino	02:21:04	+01:10:21	06:42
291	90	Gabriela Amorim	individual	Senior Feminino	02:21:37	+01:10:54	06:43
292	155	Ana Castro Gonçalves	individual	Veterana F40	02:24:06	+01:13:22	06:50
293	89	Diana martins	individual	Senior Feminino	02:28:58	+01:18:14	07:04
294	358	Cláudia Pacheco	manuaço	Veterana F40	02:29:43	+01:18:59	07:06
295	166	Paula Cristina das Neves Ribeiro Próspero	individual	Veterana F40	02:33:23	+01:22:40	07:17
296	162	Maria Alice Guimarães	individual	Veterana F50	02:36:39	+01:25:55	07:26

21.076 KM

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	15°C	62%
End	12:36	15°C	62%

Senior Feminino

Senior Masculino

Official Timekeeper: Lap2Go	1 / 8	generate 01-Dec-2016 12:45
-----------------------------	-------	----------------------------

Meia Maratona

21.076 KM

[illegible]

OFFICIAL RESULT

[illegible]

6	75	TIAGO PINTO	Grupo Dramático e Recreativo da Retorta	Senior Masculino	01:19:15	+08:31	03:46
7	131	Miguel Moura	Individual	Senior Masculino	01:19:40	+08:56	03:47
8	360	Ivo Peko	Magna	Senior Masculino	01:21:07	+10:23	03:51
9	46	Luís Filipe Figueira Novais	Clube de Atletismo Senhora da Conceição Vila Real	Senior Masculino	01:22:35	+11:51	03:55
10	326	João Pedro Leal	OFRunning	Senior Masculino	01:22:54	+12:10	03:56
11	349	Hernani Furtado	Sporting clube de Espinho	Senior Masculino	01:23:05	+12:22	03:57
12	124	Luís Ricardo Beato Pereira	Individual	Senior Masculino	01:23:42	+12:58	03:58
13	10	Carlos Sousa	ADCCJ Clark	Senior Masculino	01:24:11	+13:27	04:00
14	369	Pedro Teixeira	CSRDC Santiago	Senior Masculino	01:24:50	+14:07	04:02
15	297	Domingos Santos	Nascidos para Correr	Senior Masculino	01:26:17	+15:34	04:06
16	296	André Soares	Nascidos para Correr	Senior Masculino	01:26:30	+15:46	04:06
17	31	Helder Barbosa	Boavista F. C.	Senior Masculino	01:27:30	+16:47	04:09
18	329	Carlos Miguel Rocha Oliveira	OPTICALIA	Senior Masculino	01:27:37	+16:54	04:09
19	121	José Diogo Ramos Ribeiro	Individual	Senior Masculino	01:28:10	+17:27	04:11
20	111	Filipe Miguel de Jesus Teles	Individual	Senior Masculino	01:28:45	+18:02	04:13
21	105	Bruno Filipe Bertão Pinto	Individual	Senior Masculino	01:29:06	+18:22	04:14
22	141	Raul Filipe Rodrigues da Silva	Individual	Senior Masculino	01:29:40	+18:57	04:15
23	110	Fernando Silva	Individual	Senior Masculino	01:29:48	+19:04	04:16
24	118	João Martins	Individual	Senior Masculino	01:30:02	+19:18	04:16
25	298	joão martins	Nascidos para Correr	Senior Masculino	01:32:00	+21:17	04:22
26	98	Adriano Pinto	Individual	Senior Masculino	01:32:24	+21:40	04:23
27	151	Sérgio Mota	Individual	Senior Masculino	01:33:12	+22:28	04:25
28	299	Nuno Ribeiro	Nascidos para Correr	Senior Masculino	01:33:13	+22:30	04:25
29	147	Rui Manuel Ferrão da Silva Cardoso	Individual	Senior Masculino	01:33:58	+23:14	04:28
30	27	Dênis Quadros	Athlon Esportes	Senior Masculino	01:34:16	+23:32	04:28
31	128	Mario Saraiva	Individual	Senior Masculino	01:35:11	+24:27	04:31
32	300	Virgílio Vieira	Nascidos para Correr	Senior Masculino	01:35:13	+24:30	04:31
33	130	Martinho Gomes	Individual	Senior Masculino	01:35:48	+25:04	04:33
34	119	Joao Silva	Individual	Senior Masculino	01:35:52	+25:08	04:33
35	17	André Barbosa	André	Senior Masculino	01:36:30	+25:46	04:35
36	150	Sergio Filipe Maia de Sousa	Individual	Senior Masculino	01:37:20	+26:36	04:37
37	152	Tiago Miguel Falcão Martins	Individual	Senior Masculino	01:37:30	+26:47	04:38
38	137	Pedro Nuno de Oliveira Novais	Individual	Senior Masculino	01:37:39	+26:56	04:38
39	123	Luís Filipe Neves Magalhães	Boavista F. C.	Senior Masculino	01:38:52	+28:08	04:41
40	135	pedro fonte	Individual	Senior Masculino	01:39:35	+28:52	04:44
41	57	André Coimbra	Escola de Atletismo da Trofa	Senior Masculino	01:39:54	+29:11	04:44
42	115	Francisco Miguel Madureira Dias	Individual	Senior Masculino	01:40:32	+29:48	04:46
43	102	Armando Silva	Individual	Senior Masculino	01:41:15	+30:31	04:48
44	47	Mário Monteiro	Clube de Atletismo Senhora da Conceição Vila Real	Senior Masculino	01:41:23	+30:40	04:49
45	112	Filipe Monteiro	Individual	Senior Masculino	01:42:19	+31:36	04:51
46	122	José João Henriques	Individual	Senior Masculino	01:42:35	+31:51	04:52
47	281	Sérgio Azevedo	Manuaço	Senior Masculino	01:42:54	+32:11	04:53
48	144	Rogério de Almeida Pacheco	Individual	Senior Masculino	01:43:31	+32:48	04:55
49	154	Valério Saleiro	Individual	Senior Masculino	01:43:35	+32:51	04:55

Official Timekeeper: Lap2Go	2 / 8	generate 01-Dec-2016 12:45
-----------------------------	-------	----------------------------

21.076 KM

OFFICIAL RESULT

50	22	Edgar Avelino Figueira Pires	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	01:44:04	+33:20	04:56
51	139	Pedro Rodrigues	Individual	Senior Masculino	01:44:43	+33:59	04:58
52	100	André Emanuel Marques e Silva	Individual	Senior Masculino	01:45:00	+34:17	04:59
53	99	Alvaro Antunes	Individual	Senior Masculino	01:45:02	+34:19	04:59
54	68	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:45:41	+34:58	05:01
55	69	Abílio Cardoso Teixeira	Grupo de atletas muito amadora de ermesinde	Senior Masculino	01:46:00	+35:17	05:02
56	48	Nuno Peixoto	Clube de Atletismo Senhora da Conceição Vila Real	Senior Masculino	01:46:14	+35:30	05:02
57	125	Manuel carvalho	Individual	Senior Masculino	01:46:14	+35:31	05:02
58	108	Daniel Soares	Individual	Senior Masculino	01:47:14	+36:30	05:05
59	138	PEDRO POLICIANO	Individual	Senior Masculino	01:48:35	+37:51	05:09
60	146	Rui Manuel da Silva Pereira	Individual	Senior Masculino	01:48:57	+38:13	05:10
61	30	cesar martins	BeFitness	Senior Masculino	01:49:00	+38:16	05:10
62	136	Pedro Miguel Ferreira Pinheiro	Individual	Senior Masculino	01:49:04	+38:20	05:11
63	143	Ricardo Seromenho	Individual	Senior Masculino	01:49:46	+39:02	05:13
64	101	André Filipe Rodrigues Gonçalves	Individual	Senior Masculino	01:49:59	+39:15	05:13
65	145	Rui Lobato Ferreira da Silva	Individual	Senior Masculino	01:50:30	+39:47	05:15
66	350	Libório Vilela	Tsunami Team	Senior Masculino	01:50:38	+39:55	05:15
67	352	Frederico Sá	TURBULENTOS	Senior Masculino	01:51:02	+40:19	05:16
68	126	manuel magalhães	Individual	Senior Masculino	01:51:11	+40:27	05:17
69	334	HugTavares	PPHNN	Senior Masculino	01:52:07	+41:24	05:19
70	142	Ricardo Ramalho	Individual	Senior Masculino	01:53:20	+42:36	05:23
71	114	Francisco Costa	Individual	Senior Masculino	01:56:12	+45:28	05:31
72	336	Pedro Leao	PPHNN	Senior Masculino	01:56:44	+46:00	05:32
73	103	Belmiro Magalhães	Individual	Senior Masculino	01:57:39	+46:56	05:35
74	116	Hugo CARASLINDAS	Individual	Senior Masculino	01:58:58	+48:14	05:39
75	113	FLAVIO SANTOS	Individual	Senior Masculino	01:59:18	+48:35	05:40
76	148	Rui Ribeiro	Individual	Senior Masculino	01:59:49	+49:06	05:41
77	54	Sérgio Quintas	Corro por ti	Senior Masculino	02:00:30	+49:47	05:43
78	53	Ricardo Costa	Corro por ti	Senior Masculino	02:04:46	+54:02	05:55
79	353	Mário Sá	TURBULENTOS	Senior Masculino	02:05:09	+54:25	05:56
80	133	Nuno Silva	Individual	Senior Masculino	02:05:46	+55:02	05:58
81	104	Benjamim Marinho	Individual	Senior Masculino	02:05:57	+55:13	05:59
82	247	ARMINDO SERRA	SERRA	Senior Masculino	02:06:06	+55:22	05:59
83	70	Eduardo Pais	Grupo de atletas muito amadora de ermesinde	Senior Masculino	02:09:26	+58:42	06:08
84	107	Carlos Dias	Individual	Senior Masculino	02:10:11	+59:27	06:11
85	109	Diogo Fausto Leite Vieira	Individual	Senior Masculino	02:11:46	+01:01:03	06:15
86	153	Tiago Rocha Lages	Individual	Senior Masculino	02:19:31	+01:08:47	06:37
87	117	João Carvalho	Individual	Senior Masculino	02:21:04	+01:10:21	06:42

1	67	Lídia Pereira	GDR Granja - TRUTAS DO MAU	Veterana F40	01:23:42	03:58
2	24	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Veterana F40	01:30:01	+06:19 04:16

Official Timekeeper: Lap2Go	3 / 8	generate 01-Dec-2016 12:45
-----------------------------	-------	----------------------------

21.076 KM

OFFICIAL RESULT

3	301	Alexandra Fernandes	Nascidos para Correr	Veterana F40	01:39:16	+15:34	04:43
4	26	Maria Augusta Da Costa Loureiro	Associação Desportiva de Cabroelo	Veterana F40	01:39:38	+15:57	04:44
5	11	Adélia Tavares	ADCCJ Clark	Veterana F40	01:40:36	+16:54	04:46
6	303	Etelvina Rocha	Nascidos para Correr	Veterana F40	01:44:46	+21:04	04:58
7	167	Sílvia Tomaz	Individual	Veterana F40	01:44:59	+21:17	04:59
8	23	Carla Reis	ARSM - Associação Recreativa de S. Miguel	Veterana F40	01:47:05	+23:24	05:05
9	160	helen a barbosa	Individual	Veterana F40	01:47:19	+23:38	05:06
10	164	Maria Rosa Pinto Coelho	Individual	Veterana F40	01:48:46	+25:05	05:10
11	161	JULIA SOUSA	Individual	Veterana F40	01:49:00	+25:18	05:10
12	159	Fernanda Picotez	Individual	Veterana F40	01:53:33	+29:51	05:23
13	158	Carla Oliveira	Individual	Veterana F40	02:11:47	+48:06	06:15
14	155	Ana Castro Gonçalves	Individual	Veterana F40	02:24:06	+01:00:24	06:50
15	358	Cláudia Pacheco	Manuaço	Veterana F40	02:29:43	+01:06:01	07:06
16	166	Paula Cristina das Neves Ribeiro Próspero	Individual	Veterana F40	02:33:23	+01:09:42	07:17

1	58	Helena Mourão	Escola de Atletismo da Trofa	Veterana F50	01:37:54		04:39
2	156	Ana Maria Barbosa	Individual	Veterana F50	01:50:08	+12:13	05:14
3	168	Teri Dias Roy	Individual	Veterana F50	01:50:12	+12:17	05:14
4	157	ana Paula Teixeira	Individual	Veterana F50	02:01:52	+23:58	05:47
5	163	Maria Horta	Individual	Veterana F50	02:19:11	+41:16	06:36
6	162	Maria Alice Guimarães	Individual	Veterana F50	02:36:39	+58:44	07:26

1	72	ARTUR OLIVEIRA RODRIGUES	Grupo Desportivo e Cultural de Guilhovai	Veterano M40	01:12:00	03:25
2	60	João Amorim	F. C. Penafiel	Veterano M40	01:13:58	+01:58 03:31
3	339	ANTÓNIO SOUSA	RIPOLINS - GRIJÓ A CORRER	Veterano M40	01:17:28	+05:28 03:41
4	55	João Cavadas	CSRDC Santiago	Veterano M40	01:19:01	+07:00 03:45
5	309	Paulo Pilroto	Nascidos para Correr	Veterano M40	01:20:09	+08:08 03:48
6	76	ADELINO SILVA	Grupo Dramático e Recreativo da Retorta	Veterano M40	01:20:51	+08:51 03:50
7	34	Miguel Oliveira	C. A. GAIENSES/TOYOTA	Veterano M40	01:22:26	+10:26 03:55
8	7	Francisco Teixeira	A. R. LUZ E VIDA GONDOMARENSE	Veterano M40	01:23:02	+11:02 03:56
9	174	Fernando Taborda	OralKlass - amigos trail	Veterano M40	01:23:57	+11:57 03:59
10	372	Carlos Dias	Maia Atlético Clube	Veterano M40	01:24:01	+12:01 03:59
11	77	MIGUEL MENDES	Grupo Dramático e Recreativo da Retorta	Veterano M40	01:24:32	+12:31 04:01
12	178	João Filipe Sousa Machado	Individual	Veterano M40	01:24:48	+12:47 04:01
13	35	Carlos Barroso	C. A. GAIENSES/TOYOTA	Veterano M40	01:25:25	+13:24 04:03
14	302	Tiago Leal	Nascidos para Correr	Veterano M40	01:25:34	+13:33 04:04
15	308	Nuno Vidal	Nascidos para Correr	Veterano M40	01:26:23	+14:22 04:06

Official Timekeeper: Lap2Go	4 / 8	generate 01-Dec-2016 12:45
-----------------------------	-------	----------------------------

21.076 KM

OFFICIAL RESULT

16	193	Paulo Pinto	Individual	Veterano M40	01:26:28	+14:28	04:06
17	304	André Botelho	Nascidos para Correr	Veterano M40	01:27:25	+15:25	04:09
18	359	José Neves	ALIANÇA DE GANDRA	Veterano M40	01:28:16	+16:16	04:11
19	331	António Franco	Os Finos	Veterano M40	01:28:48	+16:48	04:13
20	71	Pedro Dias	Boavista F. C.	Veterano M40	01:29:42	+17:41	04:15
21	12	José Ferreira	ADCCJ Clark	Veterano M40	01:29:53	+17:52	04:16
22	356	Manuel Oliveira	WHITE RUNNING TEAM	Veterano M40	01:29:53	+17:53	04:16
23	25	José Guilherme Feteira	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:30:01	+18:00	04:16
24	64	Salomão Coelho de Abreu	Faíscas	Veterano M40	01:30:47	+18:47	04:18
25	325	Pedro Vales	Ninja's Run	Veterano M40	01:31:29	+19:29	04:20
26	28	Alcino Pinto	Athlon Esportes	Veterano M40	01:31:33	+19:33	04:21
27	78	PAULO SILVA	Grupo Dramático e Recreativo da Retorta	Veterano M40	01:32:01	+20:00	04:22
28	203	Sérgio Padilha	Individual	Veterano M40	01:32:37	+20:36	04:24
29	306	João Lopes	Nascidos para Correr	Veterano M40	01:33:12	+21:12	04:25
30	221	Modesto rodrigues	Individual	Veterano M40	01:33:59	+21:59	04:28
31	181	José Manuel da Silva Ferreira	Individual	Veterano M40	01:34:28	+22:28	04:29
32	307	Marco Almeida	Nascidos para Correr	Veterano M40	01:34:59	+22:58	04:30
33	14	Paulo Sousa	AFIS/OVAR	Veterano M40	01:35:55	+23:54	04:33
34	50	Mário Nóbrega	Clube de Atletismo Senhora da Conceição Vila Real	Veterano M40	01:36:01	+24:01	04:33
35	205	António José Correia Fernandes	Individual	Veterano M40	01:36:09	+24:08	04:34
36	311	Rui Santos	Nascidos para Correr	Veterano M40	01:36:33	+24:32	04:35
37	185	Milton Rodrigues	Individual	Veterano M40	01:36:46	+24:46	04:36
38	188	Nuno Sousa	Individual	Veterano M40	01:37:04	+25:03	04:36
39	196	Rogério Oliveira	Individual	Veterano M40	01:37:17	+25:16	04:37
40	63	Paulo Luís Magalhães Nunes	Faíscas	Veterano M40	01:37:21	+25:20	04:37
41	215	JOÃO VERDE	Individual	Veterano M40	01:37:44	+25:44	04:38
42	172	David Filipe Pereira da Silva	Individual	Veterano M40	01:37:51	+25:50	04:39
43	289	Orlando Santos	MOCIDADE SANGEMIL	Veterano M40	01:38:34	+26:34	04:41
44	305	Henrique Coelho	Nascidos para Correr	Veterano M40	01:39:16	+27:15	04:43
45	345	Paulo Pimenta	RUNNERS MONTE AVENTINO	Veterano M40	01:39:34	+27:34	04:43
46	225	Pedro Costa	Individual	Veterano M40	01:39:39	+27:38	04:44
47	180	Jorge Mota	Individual	Veterano M40	01:40:01	+28:01	04:45
48	268	José Augusto Coelho Abreu Costa	KeMedo Team	Veterano M40	01:40:04	+28:03	04:45
49	45	José Ribeiro	CCDT/STCP	Veterano M40	01:40:15	+28:15	04:45
50	175	Filipe Miranda	Individual	Veterano M40	01:40:28	+28:28	04:46
51	16	PAULO COSTA	AMIGOS QUINTA DAS FREIRAS	Veterano M40	01:40:32	+28:31	04:46
52	187	Nuno Fernando M. Gonçalves	Individual	Veterano M40	01:40:32	+28:31	04:46
53	208	Carlos Manuel Brás Alves	Individual	Veterano M40	01:41:01	+29:01	04:48
54	220	MARIO CORREIA	Individual	Veterano M40	01:41:11	+29:10	04:48
55	170	Daniel Amorim	Individual	Veterano M40	01:41:18	+29:18	04:48
56	228	Tiago Mendes	Individual	Veterano M40	01:41:42	+29:42	04:50
57	62	Jorge Manuel Nogueira Magalhães	Faíscas	Veterano M40	01:41:52	+29:51	04:50
58	192	Paulo guilherme jesus Cerqueira	Individual	Veterano M40	01:41:56	+29:56	04:50
59	177	Gonçalo Oliveira	Individual	Veterano M40	01:42:11	+30:10	04:51

Meia Maratona

21.076 KM

[illegible]

OFFICIAL RESULT

60	223	Paulo Moreira	Individual	Veterano M40	01:42:22	+30:21	04:51
61	333	António Oliveira	Os Finos	Veterano M40	01:42:52	+30:52	04:53
62	191	Paulo Daniel Felizardo Correia Duarte	Individual	Veterano M40	01:43:05	+31:05	04:53
63	288	Luis Pereira	MOCIDADE SANGEMIL	Veterano M40	01:43:08	+31:07	04:54
64	313	Helder Madeira	Nascidos para Correr	Veterano M40	01:43:26	+31:26	04:55
65	13	Rui Martins	ADCCJ Clark	Veterano M40	01:43:37	+31:37	04:55
66	354	João Paulo Félix	Turres Trail Team	Veterano M40	01:43:50	+31:49	04:56
67	226	Ramiro Assembleiaa	Individual	Veterano M40	01:45:46	+33:46	05:0
68	207	CARLOS JORGE S OLIVEIRA	Individual	Veterano M40	01:46:05	+34:05	05:02
69	173	Dinis Afonso Gomes Baptista	Individual	Veterano M40	01:46:29	+34:29	05:03
70	287	Carlos Ribeiro	MOCIDADE SANGEMIL	Veterano M40	01:46:56	+34:55	05:04
71	227	Rui Carvalho	Individual	Veterano M40	01:47:05	+35:05	05:05
72	290	Mário Vinhas	MOCIDADE SANGEMIL	Veterano M40	01:47:25	+35:25	05:06
73	216	Joaquim manuel carvalho silva	Individual	Veterano M40	01:48:59	+36:59	05:10
74	212	Guilherme Moreira	Individual	Veterano M40	01:49:23	+37:23	05:11
75	229	Vítor Manuel Araújo Ribeiro	Individual	Veterano M40	01:49:53	+37:53	05:13
76	186	Mílton Trigo	Individual	Veterano M40	01:51:44	+39:44	05:18
77	338	Pedro Marques	PPHNN	Veterano M40	01:52:07	+40:07	05:19
78	337	Nuno Cardoso	PPHNN	Veterano M40	01:52:07	+40:07	05:19
79	211	Francisco Mendes Pacheco	Individual	Veterano M40	01:52:23	+40:22	05:20
80	332	Carlos Maia	Os Finos	Veterano M40	01:52:54	+40:53	05:21
81	217	José Carlos Machado	Individual	Veterano M40	01:54:22	+42:21	05:26
82	267	Joaquim Paulo da Rocha Ferreira	I-Run	Veterano M40	01:54:22	+42:22	05:26
83	190	PAULO BARBOSA	Individual	Veterano M40	01:54:51	+42:50	05:27
84	6	Pedro Sousa	10TEMIDOS	Veterano M40	01:56:07	+44:06	05:31
85	376	Julio Henriques	Individual	Veterano M40	01:56:46	+44:46	05:32
86	44	José Gonçalves	CCDT/STCP	Veterano M40	01:56:46	+44:46	05:32
87	218	Manuel Teixeira	Individual	Veterano M40	01:56:47	+44:47	05:32
88	183	Manuel António Oliveira Araújo	Individual	Veterano M40	01:57:53	+45:53	05:36
89	43	Rui Magalhães	CCDT/STCP	Veterano M40	01:57:59	+45:58	05:36
90	200	rui silva	Individual	Veterano M40	01:58:44	+46:43	05:38
91	210	Fernando da Silva Teixeira	Individual	Veterano M40	01:58:59	+46:58	05:39
92	213	João Bronze	Individual	Veterano M40	01:59:22	+47:22	05:40
93	42	Marco Batista	CCDT/STCP	Veterano M40	01:59:58	+47:58	05:42
94	195	Ricardo Jorge Costa	Individual	Veterano M40	02:00:44	+48:44	05:44
95	222	PAULO FREITAS JORGE	Individual	Veterano M40	02:01:22	+49:22	05:46
96	189	Óscar Fernando Guimarães Dias	Individual	Veterano M40	02:02:41	+50:41	05:49
97	176	Filipe Nogueira Costa	Individual	Veterano M40	02:04:43	+52:43	05:55
98	363	Paulo Feiteira	OPTICALIA	Veterano M40	02:05:14	+53:13	05:57
99	41	Domingos Faustino	CCDT/STCP	Veterano M40	02:06:04	+54:03	05:59
100	169	Carlos Ferreira	Individual	Veterano M40	02:09:16	+57:16	06:08
101	219	Marcelo teixeira	Individual	Veterano M40	02:10:11	+58:10	06:11
102	373	Adelino Guimarães	Individual	Veterano M40	02:12:24	+01:00:24	06:17

21.076 KM

OFFICIAL RESULT

1	79	HENRIQUE DIAS	Grupo Dramático e Recreativo da Retorta	Veterano M50	01:15:39	03:35
2	80	JOAQUIM ROCHA	Grupo Dramático e Recreativo da Retorta	Veterano M50	01:16:22	+00:43 03:37
3	374	Augusto Antunes	Associação Recreativa Pousadense	Veterano M50	01:19:34	+03:54 03:47
4	65	Belmiro Ferreira	G.D.Leões da Guarda	Veterano M50	01:22:17	+06:37 03:54
5	257	José Pereira	Individual	Veterano M50	01:24:23	+08:44 04:00
6	8	Manuel Sousa	A. R. LUZ E VIDA GONDOMARENSE	Veterano M50	01:24:38	+08:59 04:01
7	317	José mota	Nascidos para Correr	Veterano M50	01:27:48	+12:09 04:10
8	357	Joaquim Santos	WHITE RUNNING TEAM	Veterano M50	01:28:02	+12:23 04:11
9	312	Domingos Presas	Nascidos para Correr	Veterano M50	01:29:06	+13:26 04:14
10	315	António Azevedo	Nascidos para Correr	Veterano M50	01:30:24	+14:45 04:17
11	314	Manuel Cardoso	Nascidos para Correr	Veterano M50	01:31:04	+15:24 04:19
12	232	ANTÓNIO CORUCHO	Individual	Veterano M50	01:31:06	+15:26 04:19
13	246	JOSE MANUEL GOMES FERREIRA	Individual	Veterano M50	01:31:11	+15:31 04:20
14	239	Fernando Gonçalves	Individual	Veterano M50	01:32:02	+16:22 04:22
15	36	António Nascimento	C.F. Oliveira do Douro	Veterano M50	01:32:13	+16:34 04:23
16	253	Vitor Manuel Barbosa Moreira	Individual	Veterano M50	01:33:29	+17:49 04:26
17	37	Domingos Pinto	C.F. Oliveira do Douro	Veterano M50	01:34:20	+18:40 04:29
18	235	Belmiro Teixeira da Costa	Individual	Veterano M50	01:35:13	+19:34 04:31
19	316	Emanuel Madureira	Nascidos para Correr	Veterano M50	01:36:08	+20:29 04:34
20	375	Luís Sousa	Individual	Veterano M50	01:36:09	+20:29 04:34
21	250	Norberto Costa	Individual	Veterano M50	01:36:51	+21:11 04:36
22	271	António José Oliveira	LOUSADA RUNNERS	Veterano M50	01:37:16	+21:37 04:37
23	365	José Porto	Individual	Veterano M50	01:37:44	+22:05 04:38
24	248	Luís Sousa	Individual	Veterano M50	01:37:59	+22:20 04:39
25	243	Jose Lino Ferreira Moura	Individual	Veterano M50	01:38:07	+22:27 04:39
26	346	Fernando Camelo	S.C. SALGUEIROS	Veterano M50	01:38:29	+22:49 04:40
27	231	António Augusto Silva	Individual	Veterano M50	01:38:30	+22:51 04:40
28	230	Alexandre Viegas Maniês	Individual	Veterano M50	01:39:16	+23:37 04:43
29	340	CARLOS RIPOLINS	RIPOLINS - GRIJÓ A CORRER	Veterano M50	01:39:39	+24:00 04:44
30	241	joaquim Bento	Individual	Veterano M50	01:42:36	+26:57 04:52
31	355	José Monteiro	VETERANOS DO PORTO	Veterano M50	01:42:59	+27:20 04:53
32	256	Jose Moutinho	Individual	Veterano M50	01:43:22	+27:42 04:54
33	252	Paulo Graça	Individual	Veterano M50	01:44:34	+28:54 04:58
34	233	Antonio Medeiros	Individual	Veterano M50	01:45:36	+29:56 05:01
35	245	jose Manuel do Carmo neves	Individual	Veterano M50	01:49:52	+34:13 05:13
36	52	ANTONIO MIRANDA	CORRER POR UM SORRISO - PAPELINF	Veterano M50	01:50:01	+34:22 05:13
37	351	Manuel Correia	Tsunami Team	Veterano M50	01:50:39	+34:59 05:15
38	242	José Fonseca	Individual	Veterano M50	01:50:55	+35:15 05:16
39	251	Paulo Alexandre Ferreira Dias	Individual	Veterano M50	01:57:38	+41:58 05:35
40	255	José António Pinto Leite	Individual	Veterano M50	02:09:16	+53:37 06:08
41	234	Artur Mário de Carvalho Morais	Individual	Veterano M50	02:10:11	+54:31 06:11

Meia Maratona

21.076 KM

[illegible]

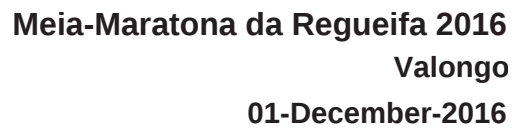
OFFICIAL RESULT

[illegible]

Veterano M60

1	33	Casimiro Galhardo	C P T BAIRRO CARCAVELOS	Veterano M60	01:20:18	03:49
2	264	Manuel Dourado	Individual	Veterano M60	01:22:30	+02:11 03:55
3	322	Augusto Pereira	Nascidos para Correr	Veterano M60	01:23:42	+03:24 03:58
4	15	MANUEL SILVA	AMIGOS DA PICUA	Veterano M60	01:31:39	+11:21 04:21
5	319	Aníbal Silva	Nascidos para Correr	Veterano M60	01:32:14	+11:55 04:23
6	261	Antonio Oliveira	Individual	Veterano M60	01:37:10	+16:52 04:37
7	320	António Pereira	Nascidos para Correr	Veterano M60	01:37:54	+17:35 04:39
8	29	jose magalhaes	Atletico Clube Alfenense	Veterano M60	01:40:47	+20:29 04:47
9	371	oscar loureiro	Individual	Veterano M60	01:42:57	+22:39 04:53
10	318	Adão Dias	Nascidos para Correr	Veterano M60	01:43:08	+22:50 04:54
11	343	José Pereira	Runners and friends	Veterano M60	01:44:19	+24:01 04:57
12	323	Rui Mendes	Nascidos para Correr	Veterano M60	01:45:24	+25:06 05:00
13	260	ANTÓNIO NETO	Individual	Veterano M60	01:46:39	+26:21 05:04
14	266	Veríssimo Guilherme Sousa Alecrim	Individual	Veterano M60	01:56:10	+35:51 05:31
15	258	ALBERTO LIZARDO	Individual	Veterano M60	01:57:36	+37:18 05:35
16	265	Manuel Vieira de Carvalho	Individual	Veterano M60	01:58:35	+38:17 05:38
17	321	Arménio Ferreira	Nascidos para Correr	Veterano M60	02:04:49	+44:31 05:55

[illegible]

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 01-Dec-2016 12:45
-----------------------------	-------	----------------------------