

MEIA MARATONA - STAGE 1

21.079 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	18:00	18.8°C	39%
End	20:36	18.8°C	39%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	6	Artur Rodrigues	g.d.c guilhovai	Veterano M40	01:10:57		03:22
2	5	Vitor Oliveira	maia atletico clube	Veterano M35	01:11:22	+00:24	03:23
3	396	Jorge luis	individual	Senior Masculino	01:12:38	+01:40	03:27
4	335	André Aniceto	acr vale de cambra	Senior Masculino	01:13:38	+02:40	03:30
5	383	janik lima	clube de atletismo de ovar	Veterano M35	01:13:53	+02:55	03:30
6	633	Paulo pinto	individual	Veterano M40	01:16:16	+05:18	03:37
7	881	José Almeida	peraltafil	Veterano M35	01:16:26	+05:28	03:38
8	880	Cláudio Costa	peraltafil	Veterano M35	01:16:38	+05:40	03:38
9	983	Armando Bastos	caldas de são jorge	Veterano M45	01:16:48	+05:50	03:39
10	88	Salviano Ferreira	arada atlético clube	Veterano M40	01:17:25	+06:27	03:40
11	466	RUI ALVES	gd são paio de oleiros	Sub 23 Masculino	01:17:51	+06:53	03:42
12	932	Fábio Correia	sporting clube de espinho / antónio leitão	Senior Masculino	01:18:14	+07:17	03:43
13	938	Rui Manuel Santos	sporting clube de espinho / antónio leitão	Veterano M45	01:18:15	+07:17	03:43
14	563	Fernando santos	individual	Veterano M45	01:18:23	+07:25	03:43
15	176	Rui Gomes	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:18:55	+07:57	03:45
16	136	José Tavares	caldas s. jorge sport clube	Veterano M50	01:19:13	+08:16	03:46
17	208	João Sá	fogaças com malapos	Veterano M35	01:19:31	+08:33	03:46
18	848	Ricardo Carvalho	nac - núcleo de atletismo de cucujães	Veterano M45	01:19:53	+08:56	03:47
19	541	António Sá	individual	Veterano M40	01:20:21	+09:24	03:49
20	417	Marco Moreira	individual	Senior Masculino	01:20:27	+09:29	03:49
21	772	José Reis	josé reis	Veterano M55	01:20:37	+09:39	03:50
22	659	Rui Miguel Russa Ferreira da Silva	individual	Veterano M40	01:21:08	+10:10	03:51
23	203	Manuel Belinha	gd são paio de oleiros	Veterano M40	01:21:18	+10:20	03:51
24	937	Paulo Oliveira	sporting clube de espinho / antónio leitão	Veterano M45	01:21:25	+10:27	03:52
25	847	Carlos ferreira	nac - núcleo de atletismo de cucujães	Veterano M40	01:21:46	+10:49	03:53
26	485	Vitor Manuel Ferreira Dias	individual	Senior Masculino	01:21:53	+10:55	03:53
27	837	Sérgio Silva	mss contabilidade trail team	Veterano M35	01:21:57	+10:59	03:53
28	437	Paulo Jorge Teixeira Moreira	individual	Senior Masculino	01:22:28	+11:31	03:55
29	897	Miguel Marques	running esmoriz	Sub 23 Masculino	01:22:55	+11:57	03:56
30	495	António Fontes	individual	Veterano M45	01:23:17	+12:19	03:57
31	331	Alexandre Azevedo ---arvor - veteranos de ovar	individual	Sub 23 Masculino	01:23:33	+12:35	03:58
32	965	Pedro Conceição	viseu 360	Veterano M40	01:23:42	+12:44	03:58
33	354	Bruno Pacheco	individual	Senior Masculino	01:23:59	+13:01	03:59
34	359	Carlos Sequeira -----clube atletismo ovar	clube de atletismo de ovar	Veterano M35	01:24:02	+13:04	03:59
35	727	Jorge Luz	gd são paio de oleiros	Veterano M50	01:24:13	+13:15	04:00
36	221	António Cristovão	g.d.c guilhovai	Veterano M35	01:24:20	+13:23	04:00
37	630	Paulo Jesus	individual	Veterano M40	01:24:45	+13:47	04:01
38	955	Abílio Ribeiro	trilhos de espinho	Veterano M45	01:25:14	+14:16	04:03
39	539	António José da Cunha LOurenço	individual	Veterano M45	01:25:24	+14:27	04:03

Official Timekeeper: Lap2Go	1 / 18	generate 23-Mar-2019 21:02
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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
40	76	Alexandre Teixeira	amigos das sapatilhas	Veterano M40	01:25:29	+14:31	04:03
41	42	José Teixeira	a noz	Veterano M35	01:25:35	+14:37	04:04
42	773	Avelino Sá	jufacc	Veterano M35	01:25:39	+14:41	04:04
43	86	António Nunes	arada atlético clube	Veterano M45	01:26:02	+15:04	04:05
44	687	Williams Rodriguez	individual	Veterano M40	01:26:06	+15:08	04:05
45	398	José Costa	serv .sociais c. m. ovar	Veterano M35	01:26:09	+15:11	04:05
46	589	João Machado	individual	Veterano M45	01:26:19	+15:21	04:06
47	982	Diogo Coutinho	individual	Veterano M35	01:26:21	+15:23	04:06
48	697	António Pinto	individual	Veterano M50	01:26:25	+15:27	04:06
49	536	Américo Santos	individual	Veterano M45	01:26:26	+15:29	04:06
50	694	Américo valente	serv .sociais c. m. ovar	Veterano M55	01:26:29	+15:32	04:06
51	531	Alcindo Dias	gd são paio de oleiros	Veterano M45	01:26:37	+15:40	04:07
52	761	rogerio campos	individual	Veterano M50	01:26:38	+15:40	04:07
53	402	João Vinha	individual	Veterano M45	01:26:42	+15:44	04:07
54	189	André Manita	factor x / s4l / medense fc	Senior Masculino	01:26:46	+15:48	04:07
55	827	Luis Leite	maia runners	Veterano M40	01:26:47	+15:49	04:07
56	765	vitorino sousa cardoso	individual	Veterano M60	01:26:51	+15:54	04:07
57	94	João Lorangeira	associação beat your limit!	Senior Masculino	01:26:52	+15:55	04:07
58	252	Paulo Moreira	gaviões	Veterano M45	01:27:06	+16:08	04:08
59	174	João Pedro Morais Simões	dci/trilhos luso bussaco	Veterano M35	01:27:30	+16:32	04:09
60	130	Bruno Vidinha	caldas s. jorge sport clube	Senior Masculino	01:27:34	+16:36	04:09
61	871	Jorge Gomes	outlaw runners	Veterano M40	01:27:41	+16:43	04:10
62	155	Vitor Gonçalo	clube de atletismo de ovar	Veterano M55	01:27:51	+16:53	04:10
63	626	Nuno Vieira	individual	Veterano M40	01:27:58	+17:01	04:10
64	124	Nuno Silva	cal - clube atletismo de lamas	Veterano M40	01:27:59	+17:01	04:10
65	414	Marco André Sousa Pinto	individual	Senior Masculino	01:28:00	+17:03	04:11
66	226	Tiago Silva	g.d.ronda	Senior Masculino	01:28:03	+17:05	04:11
67	78	Eugénio Cunha	amigos das sapatilhas	Veterano M45	01:28:05	+17:07	04:11
68	229	João Moreira	g.d.ronda	Veterano M40	01:28:06	+17:08	04:11
69	352	Bruno Machado	individual	Veterano M35	01:28:06	+17:08	04:11
70	735	José Silva	individual	Veterano M55	01:28:07	+17:09	04:11
71	807	Ernesto Marques Alves	juventude cortegacense	Veterano M50	01:28:15	+17:17	04:11
72	654	Rui fontes	individual	Veterano M45	01:28:35	+17:37	04:12
73	964	Nuno Cruz	viseu 360	Veterano M40	01:28:37	+17:39	04:12
74	251	João Oliveira	gansos	Senior Masculino	01:28:39	+17:41	04:12
75	245	Peter Silva	gaia-running	Veterano M40	01:28:44	+17:47	04:13
76	154	Salvador Fardilha	afis/ovar	Veterano M50	01:28:47	+17:49	04:13
77	381	HUGO TAVARES	individual	Veterano M35	01:28:47	+17:49	04:13
78	774	Nelson Fernando Bastos Jesus	jufacc	Senior Masculino	01:28:49	+17:51	04:13
79	85	Márcio Pereira	arada atlético clube	Veterano M35	01:29:00	+18:02	04:13
80	188	Tozé Amorim	europarque running	Veterano M45	01:29:01	+18:03	04:13
81	263	Edivaldo Maciel	greças vagos	Veterano M35	01:29:02	+18:04	04:13
82	874	Nuno Pinho	paredes aventura	Veterano M35	01:29:14	+18:17	04:14
83	798	Joao Paulo Oliveira	juventude cortegacense	Veterano M40	01:29:36	+18:38	04:15
84	898	Rui Miguel Silva	running esmoriz	Veterano M35	01:29:48	+18:51	04:16
85	688	Rui Tavares	individual	Veterano M40	01:29:50	+18:52	04:16

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
86	210	Luis Branco	fogaças com malapos	Veterano M35	01:29:59	+19:01	04:16
87	551	Damasio Pereira	individual	Veterano M40	01:30:01	+19:03	04:16
88	682	VIRIATO ANTÓNIO SILVA OLIVEIRA	individual	Veterano M45	01:30:04	+19:06	04:16
89	822	Jose Fernando costa	lousada runners	Veterano M35	01:30:06	+19:08	04:16
90	553	Diogo João	individual	Veterano M40	01:30:09	+19:11	04:17
91	870	Carlos Manuel Pereira do Couto	outlaw runners	Veterano M45	01:30:09	+19:11	04:17
92	603	José Luís Macedo	individual	Veterano M45	01:30:21	+19:23	04:17
93	425	Miguel Campos	individual	Sub 23 Masculino	01:30:30	+19:32	04:18
94	736	José Soares Correia	individual	Veterano M60	01:30:31	+19:34	04:18
95	232	Carlos Fazendeiro	g.d.ronda	Veterano M55	01:30:35	+19:37	04:18
96	726	Jorge Araújo--clube atletismo de ovar	clube de atletismo de ovar	Veterano M50	01:30:39	+19:41	04:18
97	408	Luís Micael Correia de Sá	individual	Senior Masculino	01:31:03	+20:06	04:19
98	558	Emanuel Santos	individual	Veterano M40	01:31:07	+20:09	04:19
99	963	Adelino Pires	viseu 360	Veterano M40	01:31:08	+20:10	04:19
100	753	Paulo Martins	individual	Veterano M50	01:31:09	+20:11	04:19
101	979	Pedro Magalhães	individual	Veterano M40	01:31:14	+20:16	04:20
102	606	José Paulo Gomes	individual	Veterano M45	01:31:20	+20:22	04:20
103	592	João Portugal	individual	Veterano M40	01:31:36	+20:38	04:21
104	380	Hugo Silva	individual	Senior Masculino	01:31:36	+20:38	04:21
105	53	Bruno Pereira	acrd pombeiro	Senior Masculino	01:31:41	+20:43	04:21
106	129	António Neves	caldas s. jorge sport clube	Veterano M35	01:31:43	+20:45	04:21
107	412	Márcio Quintas	clube atletismo de ovar	Veterano M35	01:31:51	+20:53	04:21
108	1032	Luís Miguel de Almeida	lma ct	Veterano M40	01:31:52	+20:54	04:22
109	725	Joaquim Valente Ferreira	individual	Veterano M50	01:32:04	+21:06	04:22
110	140	Francisco Barreto	castelo	Senior Masculino	01:32:05	+21:07	04:22
111	494	Carla Araújo	individual	Veterana F45	01:32:07	+21:09	04:22
112	895	ANTÓNIO SILVA	ripolins grijó a correr	Veterano M50	01:32:09	+21:11	04:22
113	362	Eduardo Carvalho	individual	Senior Masculino	01:32:17	+21:19	04:23
114	904	Joaquim Lobato	running espinho	Veterano M50	01:32:28	+21:31	04:23
115	279	Luís Oliveira	hpcon runners	Senior Masculino	01:32:32	+21:34	04:23
116	120	Carlos Cardoso	cal - clube atletismo de lamas	Veterano M45	01:32:34	+21:36	04:23
117	71	Nuno Manuel Teixeira da Costa	amigos das sapatilhas	Veterano M35	01:32:46	+21:48	04:24
118	951	Manuel Bessa	trevostore-paços de brandão	Veterano M40	01:32:48	+21:50	04:24
119	760	Rodrigo Costa	individual	Veterano M50	01:32:57	+22:00	04:25
120	625	Nuno Silva	individual	Veterano M40	01:33:00	+22:02	04:25
121	36	Zé Bolt	a d rio largo c espinho	Veterano M35	01:33:00	+22:02	04:25
122	116	JOÃO RIBEIRO	cal - clube atletismo de lamas	Sub 23 Masculino	01:33:03	+22:05	04:25
123	418	Marco Peixoto	gd são paio de oleiros	Senior Masculino	01:33:03	+22:05	04:25
124	851	Octavio Sousa	nascidos para correr	Veterano M55	01:33:07	+22:09	04:25
125	333	Andre Adriano	kirchhoff - konect running team	Veterano M35	01:33:30	+22:32	04:26
126	879	João Paulo Loureiro Ferreira	paredes aventura	Veterano M50	01:33:32	+22:34	04:26
127	126	ANTÓNIO CASTRO	cal - clube atletismo de lamas	Veterano M55	01:33:33	+22:35	04:26
128	350	Bruno Couto	individual	Veterano M35	01:33:35	+22:38	04:26

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
129	265	Hélder Silva	hélder silva	Veterano M35	01:33:36	+22:38	04:26
130	954	Fábio Reis	trilhados	Senior Masculino	01:33:40	+22:42	04:27
131	577	Henrique Neves	individual	Veterano M45	01:33:43	+22:45	04:27
132	584	Ivo Carvalho	individual	Veterano M40	01:33:47	+22:49	04:27
133	142	Nelson Pinto	castelo	Veterano M40	01:33:55	+22:58	04:27
134	421	Marco Silva --clube atletismo ovar	clube de atletismo de ovar	Veterano M35	01:33:58	+23:01	04:28
135	393	João Pedro Tomaz Lourenço	individual	Senior Masculino	01:34:01	+23:03	04:28
136	167	Luis Torres	comdor runners	Veterano M45	01:34:09	+23:11	04:28
137	374	Gonçalo Marques	individual	Senior Masculino	01:34:17	+23:19	04:28
138	966	Pedro Laranjo	viseu 360	Veterano M45	01:34:19	+23:21	04:28
139	179	Luís Fonseca	escola de atletismo de coimbra / jpaiva	Veterano M45	01:34:20	+23:22	04:29
140	180	Nuno Costa	escola de atletismo de coimbra / jpaiva	Veterano M45	01:34:20	+23:22	04:29
141	840	Ibraim Sousa	mss contabilidade trail team	Veterano M40	01:34:23	+23:25	04:29
142	844	Victor Azevedo	mss contabilidade trail team	Veterano M45	01:34:24	+23:26	04:29
143	137	Manuel Grilo	caldas s. jorge sport clube	Veterano M50	01:34:24	+23:26	04:29
144	369	Filipe rocha	individual	Veterano M35	01:34:25	+23:27	04:29
145	953	David Aguiar	trilhados	Senior Masculino	01:34:27	+23:29	04:29
146	884	Paulo Pimenta	pernetas	Veterano M45	01:34:34	+23:36	04:29
147	705	David Silva	individual	Veterano M50	01:34:42	+23:44	04:30
148	254	Manuel Silva	gaviões	Veterano M50	01:34:42	+23:44	04:30
149	680	Virgílio Abílio Castro Carção	individual	Veterano M45	01:34:43	+23:46	04:30
150	637	paulo Santos	individual	Veterano M45	01:34:44	+23:46	04:30
151	601	José Gomes	individual	Veterano M45	01:34:47	+23:49	04:30
152	44	Pedro Vieira	a. d. amarante trail running	Veterano M35	01:34:49	+23:51	04:30
153	64	José Rodrigues	afis/ovar	Veterano M40	01:34:50	+23:52	04:30
154	63	José Godinho	afis/ovar	Veterano M45	01:34:54	+23:56	04:30
155	456	Ricardo de Jesus Matos	individual	Senior Masculino	01:34:55	+23:58	04:30
156	903	Jaime Castro	running espinho	Veterano M45	01:35:06	+24:08	04:31
157	234	Pedro Monteiro	gaia-running	Veterano M35	01:35:09	+24:11	04:31
158	742	Manuel Sousa Cardoso	individual	Veterano M55	01:35:23	+24:25	04:32
159	139	Cristiano Pereira	castelo	Veterano M35	01:35:24	+24:26	04:32
160	397	José	individual	Senior Masculino	01:35:25	+24:27	04:32
161	741	Manuel Silva	individual	Veterano M55	01:35:37	+24:39	04:32
162	602	José gomes	individual	Veterano M45	01:35:37	+24:40	04:32
163	826	Paulo Azevedo	lusitanos	Veterano M50	01:35:39	+24:41	04:32
164	782	António Constantino Silva	juventude cortegacense	Veterano M35	01:35:42	+24:44	04:32
165	108	BRUNO BARGE	c.d.c. são martinho da gândara	Veterano M35	01:35:42	+24:44	04:32
166	450	Pedro Silva	individual	Senior Masculino	01:35:59	+25:01	04:33
167	908	Aas Pinto	sai da frente	Veterano M35	01:36:01	+25:03	04:33
168	909	Fábio Almeida	sai da frente	Senior Masculino	01:36:01	+25:03	04:33
169	446	Pedro Miguel Pereira MArtins	individual	Senior Masculino	01:36:01	+25:03	04:33
170	92	SEBASTIÃO ALVES	arcorun	Veterano M50	01:36:04	+25:06	04:33
171	403	José pinho	individual	Sub 23 Masculino	01:36:11	+25:14	04:34
172	866	Marco Botelho	os falta d´ar	Veterano M40	01:36:16	+25:18	04:34
173	594	Joaquim Seabra	individual	Veterano M45	01:36:23	+25:25	04:34

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	968	Francisco Aguiar	viseu 360	Veterano M55	01:36:26	+25:28	04:35
175	97	José Sousa	associação de atletismo lebres do sado	Veterano M45	01:36:30	+25:33	04:35
176	184	José Lopes	estrela campo de aviação f.c.	Veterano M55	01:36:31	+25:33	04:35
177	878	Vitor Andrade	paredes aventura	Veterano M40	01:36:33	+25:35	04:35
178	23	Ricardo Moutinho	100meta	Senior Masculino	01:36:35	+25:37	04:35
179	616	Miguel Santos	individual	Veterano M40	01:36:35	+25:37	04:35
180	207	Hugo Lima	fogaças com malapos	Veterano M35	01:36:45	+25:48	04:35
181	769	MATILDE BAPTISTA	jam - juventude atlética mozelense	Veterana F50	01:36:46	+25:48	04:35
182	857	Mario joão pereira costa martins	os kágados	Veterano M50	01:36:46	+25:49	04:35
183	781	Alexandre Brandão Andrade Leite	juventude cortegacense	Senior Masculino	01:36:47	+25:49	04:36
184	801	Nuno Miguel Gonçalves Araújo	juventude cortegacense	Veterano M40	01:36:55	+25:57	04:36
185	546	Carlos Bruno	individual	Veterano M40	01:36:55	+25:58	04:36
186	540	Antônio Oliveira	individual	Veterano M40	01:37:01	+26:03	04:36
187	432	Nuno Meira	individual	Senior Masculino	01:37:02	+26:04	04:36
188	533	Alexandre Saraiva	individual	Veterano M40	01:37:02	+26:05	04:36
189	792	Lúcia Campos Costa	juventude cortegacense	Veterana F40	01:37:06	+26:08	04:36
190	805	Celso Lino Oliveira Gomes	juventude cortegacense	Veterano M50	01:37:06	+26:08	04:36
191	674	Telmo Oliveira	individual	Veterano M40	01:37:07	+26:09	04:36
192	645	Pedro Rodrigues	individual	Veterano M40	01:37:08	+26:10	04:37
193	629	Paulo Ferreira	individual	Veterano M40	01:37:13	+26:15	04:37
194	101	Tiago	bravos	Sub 23 Masculino	01:37:16	+26:19	04:37
195	481	Toni Ferreira	individual	Veterano M35	01:37:27	+26:29	04:37
196	751	PAULO CESAR FERREIRA PINHO	individual	Veterano M55	01:37:40	+26:42	04:38
197	52	Osório Pardal	acd são joão da serra	Veterano M55	01:37:40	+26:42	04:38
198	900	Américo Fonseca	running esmoriz	Veterano M45	01:37:51	+26:53	04:39
199	757	Pedro Ramos	individual	Veterano M50	01:37:54	+26:56	04:39
200	961	Miguel Aguiar	viseu 360	Senior Masculino	01:37:55	+26:57	04:39
201	89	PAULO GRILO	arcorun	Veterano M45	01:37:56	+26:59	04:39
202	90	Paulo Reis	arcorun	Veterano M45	01:37:56	+26:59	04:39
203	676	Valdemar José Ferreira Lopes	individual	Veterano M40	01:37:57	+26:59	04:39
204	729	Jorge Oliveira	individual	Veterano M50	01:37:58	+27:00	04:39
205	554	Domingos Nogueira	individual	Veterano M40	01:38:03	+27:05	04:39
206	479	Tiago Vaz Osorio	individual	Senior Masculino	01:38:05	+27:07	04:39
207	268	André Filipe Castro Barbosa	hmc sports	Senior Masculino	01:38:09	+27:11	04:39
208	429	Neves	individual	Veterano M35	01:38:09	+27:11	04:39
209	340	André Rocha	individual	Veterano M35	01:38:12	+27:14	04:40
210	345	António Pedro Marques Lucas	individual	Senior Masculino	01:38:12	+27:14	04:40
211	902	Henrique Oliveira	running espinho	Veterano M35	01:38:12	+27:14	04:40
212	532	Alexandre Barbosa	individual	Veterano M45	01:38:19	+27:21	04:40
213	157	FILIPE MONTEIRO	clube desportivo feirense	Veterano M40	01:38:19	+27:21	04:40
214	561	Fernando Mendes	individual	Veterano M45	01:38:20	+27:22	04:40
215	588	Joao Macedo	individual	Veterano M40	01:38:23	+27:26	04:40
216	60	Américo Oliveira	afis/ovar	Veterano M45	01:38:25	+27:27	04:40
217	547	Carlos Jorge Oliveira	individual	Veterano M45	01:38:27	+27:30	04:40

MEIA MARATONA - STAGE 1

21.079 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	653	Rogério santos	individual	Veterano M40	01:38:27	+27:30	04:40
219	950	Paulo Alexandre Silva	tou tou running	Veterano M45	01:38:33	+27:35	04:41
220	464	Rodolfo	individual	Senior Masculino	01:38:35	+27:37	04:41
221	32	Julia Schiavon	a d rio largo c espinho	Veterana F35	01:38:37	+27:39	04:41
222	41	Rui Silva	a d rio largo c espinho	Veterano M50	01:38:41	+27:43	04:41
223	947	Hugo Nunes	supras	Veterano M35	01:38:42	+27:45	04:41
224	930	Carlos Fereira	sportarc running	Veterano M60	01:38:47	+27:50	04:41
225	685	vitorente	individual	Veterano M45	01:38:53	+27:55	04:41
226	700	Artur Lima	individual	Veterano M55	01:38:55	+27:57	04:42
227	133	Nuno Sousa	caldas s. jorge sport clube	Veterano M40	01:38:55	+27:57	04:42
228	802	Paulo Daniel Rola	juventude cortegacense	Veterano M40	01:38:55	+27:57	04:42
229	846	Dulce Bastos	nac - núcleo de atletismo de cucujães	Veterana F45	01:38:57	+27:59	04:42
230	195	Paulo Lopes	faiscas	Veterano M45	01:39:01	+28:03	04:42
231	613	Mateus	individual	Veterano M40	01:39:18	+28:20	04:43
232	824	Nelson Pires	lusitanos	Veterano M35	01:39:25	+28:27	04:43
233	715	Francisco Branco	individual	Veterano M50	01:39:26	+28:28	04:43
234	815	José Carlos Gomes	ligeirinhos	Veterano M55	01:39:33	+28:35	04:43
235	460	Ricardo Silva	individual	Senior Masculino	01:39:41	+28:43	04:44
236	600	José Feiteira	individual	Veterano M45	01:39:45	+28:47	04:44
237	82	Hugo Portela	appybook	Veterano M40	01:39:45	+28:47	04:44
238	158	JOSÉ SOUSA	clubedesportivo feirense	Veterano M40	01:39:46	+28:48	04:44
239	75	Sónia sofia silva	amigos das sapatilhas	Veterana F40	01:39:54	+28:56	04:44
240	72	Ricardo M Sampaio	amigos das sapatilhas	Veterano M35	01:39:54	+28:56	04:44
241	623	Nuno Matias	individual	Veterano M40	01:39:59	+29:01	04:45
242	135	João Pinto	caldas s. jorge sport clube	Veterano M55	01:40:00	+29:02	04:45
243	445	Pedro Miguel Marinho Lopes	individual	Veterano M35	01:40:00	+29:02	04:45
244	395	Joao Silva	individual	Veterano M35	01:40:04	+29:06	04:45
245	241	César Teixeira	gaia-running	Veterano M45	01:40:13	+29:16	04:45
246	911	LF Almeida	sai da frente	Veterana F40	01:40:25	+29:27	04:46
247	73	Rui Teixeira	amigos das sapatilhas	Veterano M35	01:40:32	+29:34	04:46
248	483	Vasco Carvalho	individual	Veterano M35	01:40:39	+29:41	04:47
249	34	João Mendes	a d rio largo c espinho	Senior Masculino	01:40:40	+29:43	04:47
250	717	Frank Rogerson	individual	Veterano M50	01:40:44	+29:46	04:47
251	832	PAULO SANTOS	mc	Veterano M45	01:40:45	+29:47	04:47
252	37	Zé Rodrigo	a d rio largo c espinho	Veterano M35	01:40:46	+29:48	04:47
253	110	Leandro Araújo	c+ runners	Senior Masculino	01:40:55	+29:57	04:47
254	655	Rui Freitas	individual	Veterano M45	01:40:55	+29:57	04:47
255	355	Bruno Pinto	individual	Veterano M35	01:40:56	+29:59	04:47
256	862	Rui Miguel Santos	os falta d´ar	Veterano M35	01:41:05	+30:07	04:48
257	639	Paulo Silva	individual	Veterano M45	01:41:08	+30:10	04:48
258	788	Ricardo Manuel de Oliveira Teixeira	juventude cortegacense	Veterano M35	01:41:12	+30:14	04:48
259	93	Hugo Azevedo	associação beat your limit!	Veterano M35	01:41:15	+30:17	04:48
260	327	Sandra Cristina Oliveira Ferreira	individual	Veterana F35	01:41:16	+30:18	04:48
261	638	paulo sergio lino	individual	Veterano M45	01:41:17	+30:20	04:48
262	243	Nuno Santos	gaia-running	Veterano M40	01:41:19	+30:21	04:48

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	244	Paulo Vilarinho	gaia-running	Veterano M45	01:41:21	+30:23	04:48
264	238	Orlanda Rego	gaia-running	Veterana F45	01:41:21	+30:24	04:49
265	376	Guilherme Sousa	individual	Senior Masculino	01:41:23	+30:25	04:49
266	628	Paulo Costa	individual	Veterano M45	01:41:35	+30:37	04:49
267	132	Mário Costa	caldas s. jorge sport clube	Veterano M45	01:41:39	+30:41	04:49
268	506	Manuela Oliveira Abelha	individual	Veterana F45	01:41:40	+30:42	04:49
269	186	Zeza Valente	europarque running	Veterana F45	01:41:40	+30:42	04:49
270	138	Vitor Silva	caldas s. jorge sport clube	Veterano M50	01:41:40	+30:43	04:49
271	876	Paula Moreira	paredes aventura	Veterana F45	01:41:42	+30:44	04:50
272	599	José Carlos Ribeiro Abelha	individual	Veterano M45	01:41:42	+30:44	04:50
273	749	Orlando Ferreira	individual	Veterano M50	01:41:44	+30:46	04:50
274	777	Marta Gracinda Tavares Reis	juventude cortegacense	Veterana F35	01:41:50	+30:52	04:50
275	457	Ricardo Miguel Silva Tavares	individual	Sub 23 Masculino	01:41:52	+30:54	04:50
276	579	Hugo Pereira	individual	Veterano M40	01:41:59	+31:01	04:50
277	808	Manuel constantino silva	juventude cortegacense	Veterano M50	01:42:08	+31:10	04:51
278	454	Restaurante Lago	individual	Veterano M35	01:42:14	+31:17	04:51
279	677	Vergilio Silva Teixeira	individual	Veterano M40	01:42:16	+31:18	04:51
280	608	José Soares	individual	Veterano M40	01:42:18	+31:20	04:51
281	253	Justino Pereira	gaviões	Veterano M55	01:42:19	+31:21	04:51
282	634	Paulo renato rodrigues oliveira	individual	Veterano M45	01:42:20	+31:22	04:51
283	389	Joao Marques	individual	Veterano M35	01:42:28	+31:30	04:52
284	216	Marco Aurélio	fogaças com malapos	Veterano M40	01:42:40	+31:42	04:52
285	237	Catarina Figueiredo	gaia-running	Veterana F40	01:42:41	+31:44	04:52
286	733	José Nunes	individual	Veterano M50	01:42:45	+31:47	04:52
287	336	André Filipe da Silva Rocha	individual	Senior Masculino	01:42:50	+31:52	04:53
288	239	Jorge Pereira	gaia-running	Veterano M45	01:42:52	+31:54	04:53
289	230	Paulo Mota	g.d.ronda	Veterano M45	01:42:55	+31:58	04:53
290	231	Antonio Ferreira	g.d.ronda	Veterano M60	01:42:56	+31:58	04:53
291	227	Celso Silva	g.d.ronda	Veterano M35	01:42:56	+31:59	04:53
292	182	Rui Pinto	estrela campo de aviação f.c.	Veterano M45	01:42:59	+32:01	04:53
293	550	Cláudio Carvalho	individual	Veterano M45	01:43:01	+32:03	04:53
294	863	Joaquim Neto	os falta d'ar	Veterano M45	01:43:07	+32:09	04:54
295	269	Sérgio Miguel de Oliveira Correia	hmc sports	Veterano M35	01:43:08	+32:10	04:54
296	595	Joaquim silva	individual	Veterano M45	01:43:08	+32:10	04:54
297	365	Fábio Silva	individual	Senior Masculino	01:43:08	+32:10	04:54
298	519	susana lacerda	individual	Veterana F45	01:43:09	+32:11	04:54
299	573	Gonçalo Oliveira	individual	Veterano M40	01:43:10	+32:12	04:54
300	671	Sérgio Guimbra	individual	Veterano M40	01:43:19	+32:21	04:54
301	905	Ze Moutinho	running espinho	Veterano M60	01:43:21	+32:23	04:54
302	710	FERNANDO BRANDÃO	individual	Veterano M50	01:43:24	+32:26	04:54
303	96	Manuel Fonseca	associação beat your limit!	Veterano M40	01:43:33	+32:35	04:55
304	240	Elisabete Repas	gaia-running	Veterana F50	01:43:33	+32:35	04:55
305	276	Paulo Pinto	honra team	Veterano M35	01:43:34	+32:36	04:55
306	247	Vitor Fernandes	gaia-running	Veterano M45	01:43:35	+32:37	04:55
307	970	Jorge Quaresma	viseu 360	Veterano M50	01:43:36	+32:38	04:55

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
308	538	Antonio Alves	individual	Veterano M40	01:43:37	+32:39	04:55
309	925	ANDRÉ RELVAS	sorema	Veterano M40	01:43:38	+32:40	04:55
310	156	FÁTIMA SANTOS	clube desportivo feirense	Veterana F50	01:43:38	+32:41	04:55
311	84	Luís Almeida	arada atlético clube	Senior Masculino	01:43:39	+32:41	04:55
312	291	Ana Júlia	individual	Senior Feminino	01:43:41	+32:43	04:55
313	825	Rui Rosas	lusitanos	Veterano M35	01:43:41	+32:43	04:55
314	77	Cristóvão Sampaio	amigos das sapatilhas	Veterano M40	01:43:41	+32:44	04:55
315	80	Inácio Vilaça	amigos das sapatilhas	Veterano M45	01:43:41	+32:44	04:55
316	562	Fernando Salvador	individual	Veterano M40	01:43:43	+32:45	04:55
317	566	Filipe Pinho	individual	Veterano M40	01:43:47	+32:49	04:55
318	258	Sérgio Crista	gdr recreativo juventude das ribeiras	Veterano M40	01:43:53	+32:56	04:56
319	658	Rui Manuel Dias	individual	Veterano M40	01:43:56	+32:58	04:56
320	720	Ismael venancio silva bastos	individual	Veterano M50	01:43:58	+33:00	04:56
321	25	Fernando Alfredo Areias Ribeiro 29	100meta	Veterano M50	01:44:06	+33:08	04:56
322	885	Diogo Pereira	piso 1 do palácio	Senior Masculino	01:44:13	+33:15	04:57
323	370	Francisco de Castro	individual	Senior Masculino	01:44:14	+33:17	04:57
324	872	Joao Monteiro	paçosprint	Senior Masculino	01:44:20	+33:22	04:57
325	945	Diogo Melo	supras	Senior Masculino	01:44:21	+33:23	04:57
326	468	Rui Manuel Lopes Silva	individual	Senior Masculino	01:44:21	+33:23	04:57
327	960	Mário Fernandes	viseu 360	Senior Masculino	01:44:22	+33:24	04:57
328	262	Susana Flores	grecas vagos	Veterana F35	01:44:23	+33:25	04:57
329	192	Pedro Marques	factor x / s4l / medense fc	Veterano M45	01:44:25	+33:27	04:57
330	194	Rui Mota	factor x / s4l / medense fc	Veterano M45	01:44:25	+33:27	04:57
331	193	Rómulo Silva	factor x / s4l / medense fc	Veterano M40	01:44:25	+33:28	04:57
332	191	Hugo Santos	factor x / s4l / medense fc	Veterano M40	01:44:26	+33:28	04:57
333	149	Fernando Gonçalves	cirac - circulo de recreio arte e cultura	Veterano M60	01:44:28	+33:30	04:57
334	452	Pedro Xavier Moreira	individual	Veterano M35	01:44:32	+33:34	04:58
335	150	Oscar Magolo	cirac - circulo de recreio arte e cultura	Veterano M60	01:44:34	+33:36	04:58
336	58	Hugo Silva	afis/ovar	Veterano M35	01:44:35	+33:37	04:58
337	830	CARLOS FAMILIAR	mc	Veterano M45	01:44:35	+33:38	04:58
338	346	António Vieira	individual	Veterano M35	01:44:38	+33:40	04:58
339	745	Marco Pinho	individual	Veterano M50	01:44:40	+33:42	04:58
340	257	André Cruz	gdr recreativo juventude das ribeiras	Veterano M35	01:44:42	+33:44	04:58
341	618	Nuno almeida	individual	Veterano M40	01:44:45	+33:47	04:58
342	615	Miguel Rego	individual	Veterano M45	01:44:47	+33:49	04:58
343	544	Carlos Alexandre Pinho Silva	individual	Veterano M45	01:44:49	+33:51	04:58
344	556	EDUARDO JOSE CRUZ SILVA	individual	Veterano M40	01:44:50	+33:52	04:58
345	235	Nuno Santos	gaia-running	Veterano M45	01:44:55	+33:57	04:59
346	852	Rui Ferreira	nf runners	Veterano M45	01:44:58	+34:00	04:59
347	754	Paulo pereira	individual	Veterano M50	01:45:00	+34:02	04:59
348	187	Alberto Neves	europarque running	Veterano M45	01:45:05	+34:07	04:59
349	635	Paulo Ribeiro	individual	Veterano M45	01:45:11	+34:14	04:59
350	524	Florbela costa	serv .sociais c. m. ovar	Veterana F55	01:45:13	+34:15	05:00
351	277	Catarina Soares	hpcon runners	Veterana F35	01:45:16	+34:19	05:00
352	575	Hélder Guedes	individual	Veterano M40	01:45:17	+34:19	05:00

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
353	939	Viriato Gil Tavares Almeida	sporting clube de espinho triatlo	Veterano M45	01:45:18	+34:20	05:00
354	666	Rui Pinto	individual	Veterano M40	01:45:26	+34:28	05:00
355	535	Alfredo	individual	Veterano M45	01:45:27	+34:29	05:00
356	934	Ligia Casimiro	sporting clube de espinho / antónio leitão	Veterana F40	01:45:31	+34:33	05:00
357	337	André Matos	individual	Senior Masculino	01:45:31	+34:33	05:00
358	426	Miguel Moreira	individual	Veterano M35	01:45:32	+34:34	05:00
359	190	Avelino Freitas	gd são paio de oleiros	Veterano M40	01:45:32	+34:35	05:00
360	413	Marco Alves	individual	Veterano M35	01:45:33	+34:35	05:00
361	434	NUNO PAIS --Corcksupply Portugal	individual	Veterano M35	01:45:36	+34:38	05:01
362	148	Alcides Sales	cirac - circulo de recreio arte e cultura	Veterano M55	01:45:38	+34:40	05:01
363	962	Vital	viseu 360	Veterano M35	01:45:38	+34:40	05:01
364	514	Rejane Pontes	individual	Veterana F40	01:45:39	+34:41	05:01
365	586	Jaime Gomes	individual	Veterano M45	01:45:39	+34:42	05:01
366	744	Marcelo	individual	Veterano M50	01:45:46	+34:48	05:01
367	835	Guilherme Martins	movimento juventude de merelim	Veterano M45	01:45:47	+34:49	05:01
368	758	Pedro Vicente	individual	Veterano M50	01:45:52	+34:54	05:01
369	640	Paulo Vieira	individual	Veterano M45	01:45:54	+34:56	05:01
370	360	David Teixeira	individual	Veterano M35	01:45:56	+34:59	05:02
371	134	Vitor Marques	caldas s. jorge sport clube	Veterano M40	01:46:03	+35:05	05:02
372	759	Raul Macedo	individual	Veterano M50	01:46:04	+35:06	05:02
373	806	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M55	01:46:06	+35:08	05:02
374	767	Antonio Almeida	jáfostes	Veterano M45	01:46:11	+35:13	05:02
375	69	Eduardo Silva	amadores&basta	Senior Masculino	01:46:13	+35:15	05:02
376	70	José Quintinha	amadores&basta	Senior Masculino	01:46:13	+35:16	05:02
377	770	Pedro Silva	jesus runners	Senior Masculino	01:46:17	+35:20	05:03
378	771	Domingos Silva	jesus runners	Veterano M55	01:46:17	+35:20	05:03
379	793	Marcia Castro Costa	juventude cortegacense	Veterana F45	01:46:21	+35:23	05:03
380	410	Marcelo Ramalho	individual	Senior Masculino	01:46:28	+35:31	05:03
381	390	João Nuno Tavares Correia	individual	Senior Masculino	01:46:29	+35:31	05:03
382	391	JOAO OLIVEIRA	individual	Veterano M35	01:46:40	+35:42	05:04
383	67	Manuel Sousa	afis/ovar	Veterano M60	01:46:44	+35:46	05:04
384	39	Wouter de Broeck	a d rio largo c espinho	Veterano M45	01:46:57	+36:00	05:04
385	641	Pedro	individual	Veterano M40	01:47:03	+36:05	05:05
386	665	Rui Pereira	individual	Veterano M40	01:47:03	+36:05	05:05
387	420	Marco Pereira	individual	Veterano M35	01:47:06	+36:08	05:05
388	404	Leandro Costa	individual	Veterano M35	01:47:06	+36:09	05:05
389	22	César Rocha	#correratenumdarmais	Veterano M45	01:47:11	+36:13	05:05
390	624	Nuno Santos	individual	Veterano M40	01:47:12	+36:14	05:05
391	309	Filipa Miguel Ferraz de Liz Dias	individual	Senior Feminino	01:47:13	+36:15	05:05
392	617	Mike	individual	Veterano M45	01:47:21	+36:23	05:06
393	57	Ines Gonçalves	afis/ovar	Sub 23 Feminino	01:47:23	+36:25	05:06
394	596	Jorge Silva	individual	Veterano M40	01:47:23	+36:26	05:06
395	318	Mafalda Resende	individual	Veterana F35	01:47:24	+36:26	05:06
396	935	Olga Gomes	sporting clube de espinho / antónio leitão	Veterana F45	01:47:28	+36:30	05:06

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
397	814	Jorge Santos	kirchhoff - konect running team	Veterano M40	01:47:30	+36:32	05:06
398	54	Paulo Teixeira	acrd pombeiro	Veterano M45	01:47:30	+36:32	05:06
399	66	Manuel Luis	afis/ovar	Veterano M55	01:47:31	+36:33	05:06
400	61	Arlindo Silva	afis/ovar	Veterano M45	01:47:31	+36:33	05:06
401	611	Manuel Correia	individual	Veterano M40	01:47:35	+36:37	05:06
402	888	William Esteves	piso 1 do palácio	Senior Masculino	01:47:36	+36:38	05:06
403	969	Henrique Conceição	viseu 360	Veterano M60	01:47:40	+36:42	05:07
404	74	Anabela cristina carvalhais almeida	amigos das sapatilhas	Veterana F45	01:47:56	+36:58	05:07
405	511	Mónica Sâ	individual	Veterana F40	01:47:57	+36:59	05:07
406	123	NUNO PEREIRA	cal - clube atletismo de lamas	Veterano M45	01:47:57	+37:00	05:07
407	502	Elisabete Barbosa	individual	Veterana F40	01:47:58	+37:00	05:07
408	912	Antero Teixeira	sai da frente	Veterano M40	01:48:06	+37:08	05:08
409	787	Miguel Pinheiro Matos	juventude cortegacense	Veterano M35	01:48:07	+37:09	05:08
410	462	Ricardo Tavares Silva	individual	Senior Masculino	01:48:09	+37:11	05:08
411	428	Nelson Silva	individual	Veterano M35	01:48:14	+37:16	05:08
412	175	Agostinho Coelho	douroconta - gabinete de apoio e contabilidade	Veterano M40	01:48:15	+37:18	05:08
413	109	PAULO SILVA	c.d.c. são martinho da gândara	Veterano M45	01:48:19	+37:22	05:08
414	242	José Lopes	gaia-running	Veterano M45	01:48:26	+37:29	05:09
415	570	Francisco Gonçalves	individual	Veterano M45	01:48:27	+37:29	05:09
416	555	Eduardo Benigno	individual	Veterano M45	01:48:27	+37:29	05:09
417	583	HUMBERTO NEVES	individual	Veterano M40	01:48:28	+37:30	05:09
418	458	Ricardo Pais	individual	Senior Masculino	01:48:35	+37:37	05:09
419	941	Miguel Barqueiro	sunset runners	Veterano M40	01:48:37	+37:39	05:09
420	87	Rui Neves	arada atlético clube	Veterano M40	01:48:43	+37:46	05:09
421	738	Manuel Costa	individual	Veterano M50	01:48:46	+37:49	05:10
422	651	Ricardo Seromenho	individual	Veterano M40	01:48:48	+37:50	05:10
423	411	Márcio	juventude cortegacense	Veterano M35	01:48:53	+37:55	05:10
424	118	AMÉRICO GOMES	cal - clube atletismo de lamas	Veterano M45	01:48:53	+37:55	05:10
425	580	Hugo Sá	individual	Veterano M40	01:48:57	+37:59	05:10
426	756	Pedro Oliveira Dias	individual	Veterano M55	01:49:02	+38:04	05:10
427	325	Rita	individual	Veterana F35	01:49:11	+38:13	05:11
428	409	Manuel Mendes	individual	Senior Masculino	01:49:11	+38:14	05:11
429	740	manuel Santos Silva	individual	Veterano M50	01:49:15	+38:17	05:11
430	981	Miguel Pinheiro	individual	Veterano M45	01:49:25	+38:27	05:11
431	942	José Silva	sunset runners	Veterano M50	01:49:33	+38:35	05:12
432	691	Alexandre Santana	individual	Veterano M55	01:49:34	+38:36	05:12
433	328	TANIA HENRIQUE	individual	Veterana F35	01:49:36	+38:38	05:12
434	482	Torrão	individual	Veterano M35	01:49:36	+38:38	05:12
435	527	Maria Irene Soares Sá	individual	Veterana F50	01:49:38	+38:41	05:12
436	543	Carlos alberto gomes silva	individual	Veterano M40	01:49:39	+38:41	05:12
437	56	Bruno Rocha	ad quinta paramos	Veterano M35	01:49:40	+38:43	05:12
438	441	Pedro António Pais Morgado	individual	Sub 23 Masculino	01:49:41	+38:43	05:12
439	512	Paula Alexandra Andrade Costa	arada atlético clube	Veterana F40	01:49:45	+38:48	05:12
440	356	Bruno Ribeiro	individual	Senior Masculino	01:49:46	+38:49	05:12

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
441	574	Helder Filipe da Silva Oliveira	individual	Veterano M40	01:49:47	+38:50	05:13
442	161	Narciso Arromba	clube - clube de veteranos de coimbra	Veterano M60	01:49:54	+38:56	05:13
443	627	Paulo António Tavares de Fontes	individual	Veterano M45	01:49:58	+39:00	05:13
444	83	Renato Portela	appybook	Veterano M45	01:50:00	+39:02	05:13
445	382	Humberto José de Lima Barros	individual	Veterano M35	01:50:04	+39:07	05:13
446	159	JORGE SANTOS	clube desportivo feirense	Veterano M50	01:50:12	+39:14	05:14
447	442	Pedro Cunha	individual	Veterano M35	01:50:13	+39:15	05:14
448	858	José Moura Sousa	os barriguitas	Veterano M60	01:50:15	+39:18	05:14
449	632	paulo jose de sousa santos	individual	Veterano M45	01:50:16	+39:18	05:14
450	183	António Morgado	estrela campo de aviação f.c.	Veterano M55	01:50:21	+39:23	05:14
451	364	Fábio Moreira Almeida	individual	Sub 23 Masculino	01:50:23	+39:26	05:14
452	915	Bernardino Martins	sai da frente	Veterano M55	01:50:24	+39:26	05:14
453	273	António Fernando Rodrigues da Rocha	hmc sports	Veterano M40	01:50:25	+39:27	05:14
454	662	Rui Pedrinho	individual	Veterano M45	01:50:25	+39:27	05:14
455	732	JOSÉ FERREIRA	individual	Veterano M50	01:50:27	+39:29	05:14
456	330	Valéria Fernandes Correia	individual	Senior Feminino	01:50:37	+39:40	05:15
457	786	Liliana Maria Pereira Ribeiro	juventude cortegacense	Senior Masculino	01:50:38	+39:40	05:15
458	797	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	01:50:38	+39:40	05:15
459	215	Márcio Correia	fogaças com malapos	Veterano M40	01:50:38	+39:40	05:15
460	724	Joaquim Teixeira	individual	Veterano M55	01:50:39	+39:41	05:15
461	683	Vitor Neto	individual	Veterano M45	01:50:44	+39:46	05:15
462	548	Carlos Leal	individual	Veterano M40	01:50:45	+39:47	05:15
463	198	Diogo Mota	ferreirinha	Sub 23 Masculino	01:50:52	+39:54	05:16
464	893	Nuno Pinho	powerrunteam	Veterano M45	01:50:55	+39:57	05:16
465	530	Alberto Ferreira 07	individual	Veterano M40	01:50:58	+40:01	05:16
466	274	Joaquim Oliveira Pimenta Santos	hmc sports	Veterano M50	01:51:00	+40:02	05:16
467	469	Rui Manuel Pinto Pereira	individual	Veterano M35	01:51:01	+40:03	05:16
468	861	ANTÓNIO PINTO	os cansados	Veterano M40	01:51:02	+40:04	05:16
469	860	MARCO LISBOA	os cansados	Veterano M35	01:51:02	+40:04	05:16
470	823	ARMANDO OLIVEIRA	lousada runners	Veterano M60	01:51:02	+40:04	05:16
471	401	José Paulo Amorim Costa de Castro Couto	individual	Senior Masculino	01:51:03	+40:06	05:16
472	672	Sérgio Mota	individual	Veterano M45	01:51:06	+40:08	05:16
473	246	Rui Pereira	gaia-running	Veterano M40	01:51:07	+40:09	05:16
474	271	Raquel Patrícia Loureiro Delgadinho	hmc sports	Veterana F40	01:51:07	+40:09	05:16
475	392	João Pedro Maia da Costa	individual	Senior Masculino	01:51:12	+40:14	05:17
476	675	Tiago Almeida	individual	Veterano M45	01:51:12	+40:14	05:17
477	972	Rui Costa	individual	Senior Masculino	01:51:13	+40:15	05:17
478	564	Filipe Abreu	individual	Veterano M40	01:51:13	+40:15	05:17
479	856	ANTÓNIO JOSÉ NUNES FREIRE	oliveconta	Veterano M45	01:51:22	+40:24	05:17
480	250	Luís Duarte	gaia-running	Veterano M50	01:51:28	+40:30	05:17
481	517	Silvia Batista	individual	Veterana F45	01:51:29	+40:31	05:17
482	946	Gonçalo Carvalho	supras	Veterano M35	01:51:30	+40:32	05:17

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
483	952	Carlos Freitas	trilhados	Senior Masculino	01:51:30	+40:33	05:17
484	967	António Melo	viseu 360	Veterano M50	01:51:32	+40:34	05:18
485	505	Isabel Inácio	individual	Veterana F45	01:51:33	+40:35	05:18
486	388	João Lemos	individual	Veterano M35	01:51:35	+40:37	05:18
487	831	JORGE LAGAREIRO	mc	Veterano M45	01:51:42	+40:44	05:18
488	723	JOAQUIM SANTOS	individual	Veterano M50	01:51:43	+40:46	05:18
489	119	BELMIRO LOPES	cal - clube atletismo de lamas	Veterano M45	01:51:44	+40:46	05:18
490	929	Paula Teixeira	sportarc running	Veterana F45	01:51:49	+40:51	05:18
491	526	Maria do Céu Ferreira de Sousa	individual	Veterana F50	01:51:56	+40:58	05:19
492	746	Mario Costa Pereira	individual	Veterano M50	01:52:06	+41:09	05:19
493	542	Armando Almeida	individual	Veterano M45	01:52:07	+41:10	05:19
494	656	Rui Gaspar	individual	Veterano M45	01:52:10	+41:12	05:19
495	910	Valter Martins	sai da frente	Senior Masculino	01:52:16	+41:18	05:20
496	906	Artur Rodrigues	s s s	Veterano M45	01:52:16	+41:19	05:20
497	813	Bruno Santos	kirchhoff - konect running team	Veterano M40	01:52:17	+41:19	05:20
498	212	Vitor Costa 26	fogaças com malapos	Veterano M35	01:52:20	+41:23	05:20
499	650	Ricardo oliveira	individual	Veterano M40	01:52:27	+41:30	05:20
500	205	Filipe Cardoso Reis Sá Coelho	fogaças com malapos	Veterano M35	01:52:43	+41:46	05:21
501	922	Cláudia Pimparel	shots international runners	Veterana F45	01:52:45	+41:47	05:21
502	560	Fernando Machado	individual	Veterano M40	01:52:51	+41:53	05:21
503	342	Andrew May	individual	Senior Masculino	01:52:52	+41:54	05:21
504	921	Pedro Galhano	sc povoense . caracois de corrida	Senior Masculino	01:52:55	+41:57	05:21
505	422	Marcos Carvalho	individual	Veterano M35	01:52:57	+41:59	05:22
506	678	victor costa	individual	Veterano M45	01:52:59	+42:01	05:22
507	153	Pedro Leal	clube de atletismo de ovar	Veterano M50	01:52:59	+42:02	05:22
508	572	Francisco Vieira	individual	Veterano M40	01:53:08	+42:10	05:22
509	17	Paulo Sérgio Pais	hmc sports	Veterano M50	01:53:08	+42:11	05:22
510	18	Teresa Maria de Sousa Fallé	hmc sports	Veterana F45	01:53:09	+42:11	05:22
511	605	José Oliveira	individual	Veterano M40	01:53:25	+42:27	05:23
512	622	Nuno Manuel Serra Leite	individual	Veterano M40	01:53:42	+42:44	05:24
513	597	Jorge silva	individual	Veterano M45	01:53:47	+42:49	05:24
514	178	Bruno Rocha	ebs	Veterano M35	01:53:48	+42:50	05:24
515	529	ADRIANO FARIA	individual	Veterano M40	01:53:52	+42:54	05:24
516	668	Seca José	individual	Veterano M45	01:53:52	+42:55	05:24
517	451	Pedro Xavier da Silva Santos	individual	Senior Masculino	01:53:54	+42:57	05:24
518	940	Suzana Duarte	sstmsjm	Veterana F45	01:53:54	+42:57	05:24
519	223	Ana Filipa Oliveira	g.d.ronda	Veterana F35	01:54:08	+43:10	05:25
520	709	Fernando Almeida	individual	Veterano M50	01:54:10	+43:13	05:25
521	679	Víctor Manuel Nunes Pinto	individual	Veterano M40	01:54:28	+43:30	05:26
522	557	Elisio maia	individual	Veterano M45	01:54:28	+43:30	05:26
523	887	Rui Graça	piso 1 do palácio	Senior Masculino	01:54:29	+43:31	05:26
524	854	Carla Sofia Neves Monteiro	núcleo de montanha de espinho	Veterana F35	01:54:36	+43:38	05:26
525	286	Ana Amorim	individual	Senior Feminino	01:54:36	+43:38	05:26
526	719	Hilário Costa	individual	Veterano M50	01:54:36	+43:39	05:26
527	590	João Paulino	individual	Veterano M45	01:54:45	+43:48	05:27

MEIA MARATONA - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
528	141	Rui Pereira	castelo	Veterano M35	01:54:47	+43:49	05:27
529	177	Eva Mendes	ebs	Veterana F35	01:54:47	+43:50	05:27
530	400	Jose Luis Pereira Neves	individual	Veterano M35	01:54:47	+43:50	05:27
531	661	Rui Oliveira	individual	Veterano M40	01:54:50	+43:52	05:27
532	298	carla azevedo	individual	Veterana F35	01:54:51	+43:53	05:27
533	926	DUARTE RELVAS	sorema	Veterano M45	01:54:54	+43:56	05:27
534	636	Paulo Sá	individual	Veterano M45	01:55:01	+44:04	05:27
535	977	Eduardo Ferreira	individual	Veterano M45	01:55:02	+44:04	05:27
536	838	Tiago Sequeira	mss contabilidade trail team	Veterano M35	01:55:02	+44:04	05:27
537	204	Carlos Brandão	fogaças com malapos	Senior Masculino	01:55:09	+44:12	05:28
538	515	Rute Sousa	individual	Veterana F40	01:55:10	+44:12	05:28
539	516	Sandra Monteiro Correia	individual	Veterana F45	01:55:10	+44:13	05:28
540	901	José Mendes	running esmoriz	Veterano M45	01:55:12	+44:15	05:28
541	493	Carina Pereira	individual	Veterana F45	01:55:13	+44:16	05:28
542	349	Bruno Almeida	individual	Veterano M35	01:55:18	+44:20	05:28
543	459	Ricardo Pereira	individual	Senior Masculino	01:55:19	+44:21	05:28
544	467	Rui Jorge de pinho Oliveira	individual	Senior Masculino	01:55:20	+44:22	05:28
545	168	ARTUR COSTA	companhia bazofias	Veterano M40	01:55:23	+44:25	05:28
546	499	Carmo ferreira	individual	Veterana F45	01:55:24	+44:26	05:29
547	103	Ana Catarina Tavares	bravos&bravitas	Senior Feminino	01:55:26	+44:28	05:29
548	473	Rui Silva	individual	Veterano M35	01:55:28	+44:30	05:29
549	363	Élio Santos	individual	Veterano M35	01:55:30	+44:33	05:29
550	869	Marco Maia	os lamechas	Veterano M45	01:55:35	+44:37	05:29
551	472	Rui Ribas	individual	Veterano M35	01:55:37	+44:39	05:29
552	948	Miguel Carlos	supras	Veterano M35	01:55:51	+44:53	05:30
553	127	JOAQUIM PAULINO	cal - clube atletismo de lamas	Veterano M60	01:55:56	+44:58	05:30
554	26	Rui Rocha	100meta	Veterano M50	01:56:01	+45:03	05:30
555	702	Carlos Alberto C. da Silva	individual	Veterano M60	01:56:02	+45:04	05:30
556	287	Ana Campos	individual	Veterana F35	01:56:03	+45:05	05:30
557	571	Francisco Oliveira	individual	Veterano M40	01:56:06	+45:08	05:30
558	24	Manuela Monteiro	100meta	Veterana F40	01:56:08	+45:10	05:31
559	763	Sebastião Ventura Couto	individual	Veterano M55	01:56:09	+45:11	05:31
560	415	Marco Couto	individual	Senior Masculino	01:56:10	+45:12	05:31
561	923	Francisco Gomes	shots international runners	Veterano M40	01:56:10	+45:13	05:31
562	484	Victor Gomez	individual	Veterano M35	01:56:14	+45:17	05:31
563	762	RUI CORREIA	individual	Veterano M50	01:56:15	+45:17	05:31
564	33	Daniel Lopes	a d rio largo c espinho	Senior Masculino	01:56:16	+45:18	05:31
565	867	Rui Santos	os falta d´ar	Veterano M40	01:56:16	+45:18	05:31
566	920	Helder Cunha	sc povoense . caracois de corrida	Senior Masculino	01:56:17	+45:19	05:31
567	248	Fernando Vieira	gaia-running	Veterano M60	01:56:21	+45:23	05:31
568	219	Joaquim Silva	fogaças com malapos	Veterano M50	01:56:24	+45:26	05:31
569	779	Silvana Rocha	juventude cortegacense	Veterana F35	01:56:28	+45:30	05:32
570	91	PEDRO MANUEL PEREIRA MELO	arcorun	Veterano M50	01:56:35	+45:37	05:32
571	667	Rui Vieira	individual	Veterano M40	01:56:40	+45:42	05:32
572	266	Márcia Alexandra Borges da Silva	hmc sports	Veterana F35	01:56:40	+45:42	05:32



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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
573	476	Tiago Fernandes	individual	Senior Masculino	01:56:48	+45:50	05:32
574	509	Maria Oliveira	individual	Veterana F40	01:56:49	+45:52	05:33
575	259	Nuno Vaz lopes	gdrc alto avilho	Veterano M45	01:56:50	+45:52	05:33
576	829	ARMANDO LEITE	mc	Veterano M35	01:56:51	+45:54	05:33
577	455	Ricardo Campos	individual	Veterano M35	01:57:00	+46:03	05:33
578	927	Andreia Noites	sportarc running	Veterana F40	01:57:03	+46:06	05:33
579	620	Nuno Dias	individual	Veterano M45	01:57:04	+46:06	05:33
580	790	Anabela dos Santos Marques	juventude cortegacense	Veterana F45	01:57:11	+46:14	05:34
581	430	Nuno Bastos	individual	Senior Masculino	01:57:15	+46:17	05:34
582	919	Pedro Paixão	salgueiros running	Veterano M40	01:57:17	+46:20	05:34
583	453	Rafael Moura	honra team	Sub 23 Masculino	01:57:20	+46:23	05:34
584	936	Jorge Sousa	sporting clube de espinho / antónio leitão	Veterano M45	01:57:22	+46:24	05:34
585	859	Carla Costa	os cansados	Veterana F35	01:57:25	+46:27	05:34
586	314	Joana Simões	individual	Senior Feminino	01:57:27	+46:29	05:34
587	892	VITOR LARANJEIRA	porto cycling team	Veterano M40	01:57:28	+46:30	05:34
588	30	Daniel Machado	512	Veterano M40	01:57:34	+46:36	05:35
589	68	Paulo Fernandes	afis/ovar	Veterano M50	01:57:39	+46:41	05:35
590	497	Carla Maria Reis de Sá Cardoso	individual	Veterana F45	01:57:47	+46:49	05:35
591	165	Paula Silva	comdor runners	Veterana F45	01:57:55	+46:57	05:36
592	486	Vitor Mota	individual	Senior Masculino	01:57:58	+47:01	05:36
593	128	LUCIDIO DIAS	cal - clube atletismo de lamas	Veterano M60	01:58:17	+47:19	05:37
594	288	Ana Carolina Silva Aranda André	individual	Senior Feminino	01:58:17	+47:19	05:37
595	443	Pedro Custódio	individual	Veterano M35	01:58:22	+47:24	05:37
596	582	Humberto Jorge Ferreira Rodrigues	individual	Veterano M40	01:58:30	+47:32	05:37
597	559	Fernando Banca	individual	Veterano M40	01:58:32	+47:34	05:37
598	501	Diana pereira	individual	Veterana F40	01:58:41	+47:44	05:38
599	348	Belmiro Magalhães	individual	Veterano M35	01:58:44	+47:46	05:38
600	721	Joaquim Moreira	individual	Veterano M50	01:59:02	+48:04	05:39
601	669	Sérgio Assunção	individual	Veterano M40	01:59:03	+48:06	05:39
602	105	Carlos Oliveira	c&m&c	Senior Masculino	01:59:04	+48:06	05:39
603	256	Renato Araújo	gdcr_feira running	Veterano M45	01:59:06	+48:08	05:39
604	695	Antonio Medeiros	individual	Veterano M50	01:59:09	+48:12	05:39
605	102	Bastos	bravos	Veterano M40	01:59:12	+48:14	05:39
606	728	jorge mota	individual	Veterano M50	01:59:17	+48:19	05:40
607	899	Maribel Oliveira	running esmoriz	Veterana F45	01:59:20	+48:23	05:40
608	791	Anabela Moreira Cardoso	juventude cortegacense	Veterana F40	01:59:28	+48:30	05:40
609	296	BRENDA GOMES JORGE	individual	Senior Feminino	01:59:29	+48:31	05:40
610	375	Guilherme Ferreira	individual	Senior Masculino	01:59:30	+48:32	05:40
611	297	Bruna Coelho	individual	Senior Feminino	01:59:41	+48:43	05:41
612	115	ARMANDO CARRAGOSO	cal - clube atletismo de lamas	Veterano M35	01:59:41	+48:43	05:41
613	439	Paulo Sousa	individual	Senior Masculino	01:59:41	+48:43	05:41
614	236	Carla Cruz	gaia-running	Veterana F45	01:59:50	+48:52	05:41
615	343	Anthony Da Costa Da Silva	individual	Senior Masculino	01:59:56	+48:58	05:41
616	549	Carlos Maia	individual	Veterano M45	01:59:59	+49:02	05:42

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
617	828	MARA CELIA	mc	Veterana F35	02:00:08	+49:10	05:42
618	202	André castro	fogaças com malapos	Veterano M35	02:00:09	+49:11	05:42
619	973	GERMANO SANTOS	mc	Veterano M55	02:00:09	+49:11	05:42
620	491	ANABELA SANTOS	individual	Veterana F45	02:00:12	+49:14	05:42
621	706	Dr.MANUELVIEIRA CARVALHO	individual	Veterano M60	02:00:12	+49:14	05:42
622	917	Diogo Paixão	salgueiros running	Senior Masculino	02:00:27	+49:29	05:43
623	81	Pedro Silveira	amigos das sapatilhas	Veterano M40	02:00:30	+49:32	05:43
624	261	Hugo Oliveira	girafas do ártico	Veterano M35	02:00:37	+49:39	05:43
625	260	Isabel Novais	girafas do ártico	Veterana F35	02:00:37	+49:40	05:43
626	959	Jose Silva	viriahtvs runners viseu	Veterano M45	02:00:51	+49:53	05:44
627	971	Marlene Almeida	viseu running team	Veterana F35	02:00:51	+49:53	05:44
628	338	André Miguel Ferreira Silva	individual	Senior Masculino	02:00:55	+49:57	05:44
629	29	Diana Carneiro	512	Veterana F40	02:00:57	+49:59	05:44
630	283	Adelaide Duarte	individual	Veterana F35	02:01:02	+50:04	05:45
631	776	Cristiana Marques de Carvalho	juventude cortegacense	Senior Feminino	02:01:15	+50:18	05:45
632	379	Hugo Moreira	individual	Veterano M35	02:01:26	+50:28	05:46
633	523	Fernanda	individual	Veterana F60	02:01:28	+50:30	05:46
634	865	Jorge Augusto Oliveira Guerra	os falta d´ar	Veterano M45	02:01:28	+50:30	05:46
635	598	José Augusto campos Quintero	individual	Veterano M45	02:01:29	+50:31	05:46
636	492	Aurora Pires	individual	Veterana F40	02:01:35	+50:38	05:46
637	712	FERNANDO MANUEL PIRES AFONSO	individual	Veterano M60	02:01:36	+50:38	05:46
638	121	HÉLDER SILVA	cal - clube atletismo de lamas	Veterano M40	02:01:40	+50:42	05:46
639	294	Andreia alexandra ferreira santos	individual	Veterana F35	02:01:41	+50:43	05:46
640	699	António Silva	individual	Veterano M60	02:01:48	+50:50	05:47
641	931	Isabel Aguiar	sporting clube de espinho / antónio leitão	Veterana F35	02:01:50	+50:52	05:47
642	585	Jacinto Almeida	individual	Veterano M40	02:02:04	+51:07	05:47
643	513	Regina Almeida	individual	Veterana F45	02:02:06	+51:08	05:48
644	581	Hugo Velhote	individual	Veterano M40	02:02:07	+51:10	05:48
645	647	Porfirio Pereira	individual	Veterano M45	02:02:08	+51:10	05:48
646	55	Graça Leite	acrefa	Veterana F55	02:02:09	+51:11	05:48
647	146	Sérgio Henriques marques	chewbacca	Veterano M35	02:02:16	+51:18	05:48
648	59	Elisabete Silva	afis/ovar	Veterana F50	02:02:16	+51:18	05:48
649	423	Marcos Roldão	individual	Senior Masculino	02:02:22	+51:24	05:48
650	853	Dora Dias	no tommorow running team	Veterana F35	02:02:23	+51:25	05:48
651	35	Ricardo Pereira	a d rio largo c espinho	Veterano M35	02:02:23	+51:26	05:48
652	307	Érica Gonçalves	individual	Senior Feminino	02:02:24	+51:26	05:48
653	489	ANA PAULA CASTRO	individual	Veterana F45	02:02:24	+51:26	05:48
654	160	Martinho Ferreira	clube desportivo são salvador do campo	Veterano M40	02:02:30	+51:32	05:49
655	508	Maria Fatima Oliveira	individual	Veterana F45	02:02:34	+51:36	05:49
656	436	paulo carvalho martins	individual	Veterano M35	02:02:34	+51:36	05:49
657	498	Carla Pinto	individual	Veterana F45	02:02:34	+51:37	05:49
658	670	Sergio Ferreira	individual	Veterano M40	02:03:01	+52:03	05:50
659	289	Ana Catarina da Silva Campos Pais	individual	Veterana F35	02:03:11	+52:13	05:51

MEIA MARATONA - STAGE 1

21.079 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
660	689	ADERTO VIDEIRA	individual	Veterano M50	02:03:26	+52:28	05:51
661	810	Rita Leal	kemedo team	Veterana F35	02:03:35	+52:37	05:52
662	811	Mónica Fonseca	kemedo team	Veterana F45	02:03:35	+52:38	05:52
663	470	Rui Pinho Araújo	individual	Senior Masculino	02:03:37	+52:39	05:52
664	552	Dinis Martins	individual	Veterano M45	02:03:40	+52:42	05:52
665	886	Hugo Luzia	piso 1 do palácio	Veterano M35	02:03:41	+52:43	05:52
666	144	António Brandão	cgd-ovar	Veterano M60	02:03:42	+52:44	05:52
667	169	FERNANDO ROTHES	companhia bazofias	Veterano M45	02:03:45	+52:48	05:52
668	65	Carlos Campos	afis/ovar	Veterano M50	02:03:48	+52:50	05:52
669	504	Fernanda Oliveira	individual	Veterana F40	02:03:49	+52:51	05:52
670	249	Helder Oliveira	gaia-running	Veterano M55	02:03:54	+52:56	05:53
671	324	Paula Ferreira	individual	Senior Feminino	02:04:00	+53:02	05:53
672	170	FILIPE NASCIMENTO	companhia bazofias	Veterano M40	02:04:05	+53:07	05:53
673	197	Liliana Oliveira	family runners team	Veterana F40	02:04:19	+53:21	05:54
674	496	Carla Helena Loureiro Delgadinho Fallé	individual	Veterana F45	02:04:20	+53:22	05:54
675	488	Ana Fernandes	individual	Veterana F40	02:04:21	+53:23	05:54
676	980	Antonio Albuquerque	sporting clube de espinho	Veterano M45	02:04:21	+53:23	05:54
677	311	Jacinta Amorim	individual	Veterana F35	02:04:44	+53:46	05:55
678	145	Patricia isabel Ferreira dos	chewbacca	Senior Feminino	02:05:03	+54:05	05:56
679	896	Maria José Amorim	rompezolas	Veterana F50	02:05:16	+54:18	05:57
680	845	Álvaro Silva	mss contabilidade trail team	Veterano M55	02:05:18	+54:20	05:57
681	708	Fábio Alves Cruz	individual	Veterano M50	02:05:24	+54:26	05:57
682	199	Rui Ferreirinha	ferreirinha	Veterano M45	02:05:33	+54:35	05:57
683	47	Ricardo Lemos	acail gás, s.a.	Veterano M35	02:05:41	+54:43	05:58
684	50	Jorge Francisco	acail gás, s.a.	Veterano M45	02:05:41	+54:43	05:58
685	151	Maria dos Anjos	clube de atletismo de ovar	Veterana F40	02:05:44	+54:46	05:58
686	834	Miguel Pais	migos	Senior Masculino	02:05:48	+54:51	05:58
687	713	Fernando Mautempo	individual	Veterano M60	02:05:59	+55:01	05:59
688	228	Sandra Canelha	g.d.ronda	Veterana F40	02:06:11	+55:13	05:59
689	329	Tânia Soares	individual	Senior Feminino	02:06:12	+55:14	05:59
690	711	Fernando Jorge Beleza Moreira de Almeida	individual	Veterano M50	02:06:19	+55:21	06:00
691	716	FRANCISCO NETO	individual	Veterano M50	02:06:20	+55:22	06:00
692	326	Rita Rodrigues	individual	Senior Feminino	02:06:20	+55:22	06:00
693	196	Vânia Oliveira	family runners team	Senior Feminino	02:06:35	+55:37	06:00
694	796	Celso Camboa	juventude cortegacense	Veterano M45	02:06:49	+55:51	06:01
695	609	José Tavares	individual	Veterano M45	02:06:55	+55:57	06:01
696	500	Cila	individual	Veterana F40	02:07:00	+56:02	06:02
697	775	Paula Oliveira	juntos somos um	Veterana F45	02:07:03	+56:05	06:02
698	344	António Oliveira	individual	Senior Masculino	02:07:04	+56:06	06:02
699	317	Liliana	individual	Veterana F35	02:07:12	+56:14	06:02
700	315	Joana Sofia Valente de Sousa	individual	Senior Feminino	02:07:14	+56:16	06:02
701	267	Vânia Sofia Francisco Almeida da Costa	hmc sports	Veterana F35	02:07:15	+56:17	06:02
702	518	Sónia Margarida Lopes Coelho	individual	Veterana F40	02:07:34	+56:36	06:03
703	891	ISAC BENTA	porto cycling team	Veterano M45	02:07:34	+56:36	06:03

MEIA MARATONA - STAGE 1

21.079 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
704	704	CASIMIRO FERNANDES	individual	Veterano M60	02:07:58	+57:00	06:04
705	631	Paulo Jorge	individual	Veterano M45	02:08:29	+57:31	06:06
706	357	Bruno Ricardo Correia Portela	individual	Veterano M35	02:08:47	+57:49	06:07
707	928	Lúcia Teixeira	sportarc running	Veterana F40	02:08:58	+58:00	06:07
708	803	Sérgio Costa	juventude cortegacense	Veterano M40	02:09:10	+58:12	06:08
709	305	Dora Pereira	individual	Veterana F35	02:09:16	+58:18	06:08
710	864	Joaquim Sérgio Oliveira Guerra	os falta d´ar	Veterano M45	02:09:20	+58:22	06:08
711	463	Roberto Ribeiro	individual	Veterano M35	02:09:25	+58:27	06:08
712	303	Diana Gonçalves	individual	Senior Feminino	02:09:25	+58:27	06:08
713	918	Paulo Jorge	salgueiros running	Veterano M45	02:09:29	+58:31	06:09
714	821	JORGE ROCHA	lion runners - g. d. leões da guarda	Veterano M40	02:09:31	+58:33	06:09
715	734	José Oliveira	individual	Veterano M50	02:09:37	+58:39	06:09
716	528	TALIA ALEXANDRA FERREIRA MARTINS	individual	Veterana F50	02:09:38	+58:40	06:09
717	614	Miguel Neutel	individual	Veterano M45	02:09:38	+58:41	06:09
718	173	Cláudia Alexandra da Cruz Afonso	dci/trilhos luso bussaco	Veterana F35	02:09:39	+58:41	06:09
719	567	Filipe Ribeiro	individual	Veterano M40	02:09:41	+58:43	06:09
720	319	Mariana Costa	individual	Senior Feminino	02:09:49	+58:51	06:10
721	610	Luís Monteiro	individual	Veterano M45	02:10:20	+59:22	06:11
722	809	Paulo Castelo	juventude cortegacense	Veterano M50	02:10:31	+59:33	06:12
723	795	Manuela Castelo	juventude cortegacense	Veterana F50	02:10:32	+59:34	06:12
724	690	Adriano Oliveira	individual	Veterano M50	02:10:41	+59:44	06:12
725	975	Roberto Gil	ginásio d3 health club	Senior Masculino	02:10:57	+59:59	06:13
726	696	António Pereira	individual	Veterano M50	02:11:10	+01:00:12	06:13
727	313	Joana Santiago	individual	Senior Feminino	02:11:18	+01:00:20	06:14
728	21	Marta Pinto	#correratenumdarmais	Veterana F40	02:11:31	+01:00:33	06:14
729	304	Diana Leite	individual	Veterana F35	02:11:31	+01:00:34	06:14
730	224	Carla Pacheco	g.d.ronda	Senior Feminino	02:11:31	+01:00:34	06:14
731	200	Mónica Margaride	fit2labor	Veterana F40	02:11:48	+01:00:50	06:15
732	201	Joaquim de Sousa	fit2labor	Veterano M45	02:11:48	+01:00:50	06:15
733	593	Joaquim Encarnação	individual	Veterano M45	02:12:29	+01:01:31	06:17
734	301	Cristina Maria da Silva Veloso	individual	Veterana F35	02:12:32	+01:01:34	06:17
735	299	Carolina Vieira Pinto	individual	Senior Feminino	02:12:39	+01:01:41	06:18
736	480	Tiago Vieira Pinto	individual	Senior Masculino	02:12:39	+01:01:41	06:18
737	38	Susana Monteiro	a d rio largo c espinho	Veterana F40	02:12:44	+01:01:47	06:18
738	3	António Topa	individual	Veterano M45	02:12:49	+01:01:51	06:18
739	612	Marcos Paulo Santos Fonseca	individual	Veterano M40	02:12:49	+01:01:52	06:18
740	737	Luis António Marques de Carvalho	individual	Veterano M55	02:13:01	+01:02:04	06:19
741	778	Paula Ferreira	juventude cortegacense	Veterana F35	02:13:02	+01:02:04	06:19
742	804	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M45	02:13:02	+01:02:04	06:19
743	185	Ana Resende	europarque running	Senior Feminino	02:13:14	+01:02:16	06:19
744	302	Daniela Leite	individual	Senior Feminino	02:13:21	+01:02:24	06:20
745	125	TIAGO POÇAS	cal - clube atletismo de lamas	Veterano M40	02:13:25	+01:02:27	06:20
746	117	JONAS PINHO	cal - clube atletismo de lamas	Veterano M35	02:13:25	+01:02:27	06:20

MEIA MARATONA - STAGE 1

21.079 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
747	270	Catarina Soares Beça	hmc sports	Veterana F40	02:14:13	+01:03:15	06:22
748	310	Isabel Cabral	individual	Veterana F35	02:14:43	+01:03:45	06:23
749	510	Marta Sousa	individual	Veterana F40	02:15:00	+01:04:02	06:24
750	306	Elisabete Peixoto	individual	Veterana F35	02:15:12	+01:04:14	06:25
751	113	Regina Vidinha	cadão douro	Veterana F40	02:15:15	+01:04:17	06:25
752	112	Artur Rocha	cadão douro	Veterano M35	02:15:15	+01:04:17	06:25
753	46	João Leite	acail gás, s.a.	Veterano M35	02:15:38	+01:04:40	06:26
754	27	Nuno Silva	100pernas	Veterano M40	02:15:38	+01:04:40	06:26
755	321	Marta Sousa Pinto	individual	Senior Feminino	02:15:49	+01:04:51	06:27
756	284	Adriana Helena Silva Rodrigues	individual	Veterana F35	02:16:41	+01:05:43	06:29
757	100	Filipe Cunha	aztrail/mercentro	Veterano M40	02:17:43	+01:06:45	06:32
758	99	Carolina Figueiredo	aztrail/mercentro	Veterana F35	02:17:43	+01:06:45	06:32
759	166	Sandra Pina	comdor runners	Veterana F40	02:18:00	+01:07:02	06:33
760	768	MARINHA BAPTISTA	jam - juventude atlética mozelense	Veterana F50	02:19:04	+01:08:06	06:36
761	974	Samanta Maia	individual	Veterana F40	02:25:42	+01:14:44	06:55
762	111	João Lourenço	c+ runners	Veterano M45	02:27:47	+01:16:49	07:01
763	839	Maria Alves	mss contabilidade trail team	Veterana F50	02:28:04	+01:17:06	07:01
764	300	Cristiana Pinto	individual	Senior Feminino	02:29:37	+01:18:39	07:06
765	106	Cláudio Correia	c&m&c	Veterano M35	02:29:43	+01:18:45	07:06
766	107	Monica Oliveira	c&m&c	Veterana F40	02:29:43	+01:18:45	07:06
767	322	Mónica Correia	individual	Veterana F35	02:30:35	+01:19:37	07:09
768	181	Eugénia Lopes	estrela campo de aviação f.c.	Veterana F50	02:30:54	+01:19:57	07:10
769	163	rui oliveira	cm feira	Veterano M35	02:31:12	+01:20:15	07:10
770	162	rui lopo	cm feira	Veterano M35	02:31:13	+01:20:15	07:10
771	164	Marco Couto	cm feira	Veterano M40	02:31:13	+01:20:16	07:10
772	957	Eduardo Gonçalves	us & others	Veterano M55	02:32:25	+01:21:27	07:14
773	98	Ricardo Bastos	associação de atletismo lebres do sado	Veterano M50	02:34:10	+01:23:13	07:19
774	882	Rosa Bispo	pernas inertes	Veterana F60	02:35:11	+01:24:14	07:22
775	883	José Pires Lima	pernas inertes	Veterano M60	02:35:12	+01:24:14	07:22
776	275	José Manuel Sacramento	hmc sports	Veterano M50	02:35:12	+01:24:15	07:22
777	272	Sónia Maria de Oliveira Correia	hmc sports	Veterana F40	02:35:13	+01:24:15	07:22
778	849	Luís Lebres	nascidos para correr	Veterano M35	02:35:38	+01:24:40	07:23
779	850	Dianelys Caballero	nascidos para correr	Veterana F40	02:35:38	+01:24:40	07:23
780	817	Filipa Ribeiro	linde	Senior Feminino	02:35:42	+01:24:44	07:23
781	308	Felicia Raquel Santana Magalhaes da Costa	individual	Senior Feminino	02:35:42	+01:24:44	07:23
782	385	João Cavaleiro	individual	Veterano M35	02:35:43	+01:24:46	07:23
783	818	Ricardo Vilaca	linde	Senior Masculino	02:35:44	+01:24:47	07:23
784	816	Elisabete Vitorino	linde	Veterana F35	02:35:44	+01:24:47	07:23
785	820	Pedro Fontes	linde	Veterano M40	02:35:45	+01:24:47	07:23



21.079 KM

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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1	291	Ana Júlia	Individual	Senior Feminino	01:43:41	+32:43	04:55:14
2	309	Filipa Miguel Ferraz de Liz Dias	Individual	Senior Feminino	01:47:13	+36:15	05:05:14
3	330	Valéria Fernandes Correia	Individual	Senior Feminino	01:50:37	+39:40	05:15:14
4	286	Ana Amorim	Individual	Senior Feminino	01:54:36	+43:38	05:26:14
5	103	Ana Catarina Tavares	Bravos&Bravitas	Senior Feminino	01:55:26	+44:28	05:29:14
6	314	Joana Simões	Individual	Senior Feminino	01:57:27	+46:29	05:34:14
7	288	Ana Carolina Silva Aranda André	Individual	Senior Feminino	01:58:17	+47:19	05:37:14
8	296	BRENDA GOMES JORGE	Individual	Senior Feminino	01:59:29	+48:31	05:40:14
9	297	Bruna Coelho	Individual	Senior Feminino	01:59:41	+48:43	05:41:14
10	776	Cristiana Marques de Carvalho	Juventude Cortegacense	Senior Feminino	02:01:15	+50:18	05:45:14
11	307	Érica Gonçalves	Individual	Senior Feminino	02:02:24	+51:26	05:48:14
12	324	Paula Ferreira	Individual	Senior Feminino	02:04:00	+53:02	05:53:14
13	145	Patrícia isabel Ferreira dos	Chewbacca	Senior Feminino	02:05:03	+54:05	05:56:14
14	329	Tânia Soares	Individual	Senior Feminino	02:06:12	+55:14	05:59:14
15	326	Rita Rodrigues	Individual	Senior Feminino	02:06:20	+55:22	06:00:14
16	196	Vânia Oliveira	Family Runners Team	Senior Feminino	02:06:35	+55:37	06:00:14
17	315	Joana Sofia Valente de Sousa	Individual	Senior Feminino	02:07:14	+56:16	06:02:14
18	303	Diana Gonçalves	Individual	Senior Feminino	02:09:25	+58:27	06:08:14
19	319	Mariana Costa	Individual	Senior Feminino	02:09:49	+58:51	06:10:14
20	313	Joana Santiago	Individual	Senior Feminino	02:11:18	+01:00:20	06:14:14
21	224	Carla Pacheco	G.D.Ronda	Senior Feminino	02:11:31	+01:00:34	06:14:14
22	299	Carolina Vieira Pinto	Individual	Senior Feminino	02:12:39	+01:01:41	06:18:14
23	185	Ana Resende	Europarque Running	Senior Feminino	02:13:14	+01:02:16	06:19:14
24	302	Daniela Leite	Individual	Senior Feminino	02:13:21	+01:02:24	06:20:14
25	321	Marta Sousa Pinto	Individual	Senior Feminino	02:15:49	+01:04:51	06:27:14
26	300	Cristiana Pinto	Individual	Senior Feminino	02:29:37	+01:18:39	07:06:14
27	817	Filipa Ribeiro	Linde	Senior Feminino	02:35:42	+01:24:44	07:23:14
28	308	Felicia Raquel Santana Magalhaes da Costa	Individual	Senior Feminino	02:35:42	+01:24:44	07:23:14

1	396	Jorge luis	Individual	Senior Masculino	01:12:38	+01:40	03:27
2	335	André Aniceto	ACR Vale de Cambra	Senior Masculino	01:13:38	+02:40	03:30
3	932	Fábio Correia	Sporting Clube de Espinho / António Leitão	Senior Masculino	01:18:14	+07:17	03:43
4	417	Marco Moreira	Individual	Senior Masculino	01:20:27	+09:29	03:49
5	485	Vítor Manuel Ferreira Dias	Individual	Senior Masculino	01:21:53	+10:55	03:53
6	437	Paulo Jorge Teixeira Moreira	Individual	Senior Masculino	01:22:28	+11:31	03:55
7	354	Bruno Pacheco	Individual	Senior Masculino	01:23:59	+13:01	03:59

Official Timekeeper: Lap2Go	1 / 19	generate 23-Mar-2019 21:02
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Meia Maratona

21.079 KM

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OFFICIAL RESULT

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8	189	André Manita	Factor X / S4L / Medense FC	Senior Masculino	01:26:46	+15:48	04:07
9	94	João Larangeira	Associação Beat Your Limit!	Senior Masculino	01:26:52	+15:55	04:07
10	130	Bruno Vidinha	Caldas S. Jorge Sport Clube	Senior Masculino	01:27:34	+16:36	04:09
11	414	Marco André Sousa Pinto	Individual	Senior Masculino	01:28:00	+17:03	04:11
12	226	Tiago Silva	G.D.Ronda	Senior Masculino	01:28:03	+17:05	04:11
13	251	João Oliveira	Gansos	Senior Masculino	01:28:39	+17:41	04:12
14	774	Nelson Fernando Bastos Jesus	JUFACC	Senior Masculino	01:28:49	+17:51	04:13
15	408	Luís Micael Correia de Sá	Individual	Senior Masculino	01:31:03	+20:06	04:19
16	380	Hugo Silva	Individual	Senior Masculino	01:31:36	+20:38	04:21
17	53	Bruno Pereira	ACRD POMBEIRO	Senior Masculino	01:31:41	+20:43	04:21
18	140	Francisco Barreto	Castelo	Senior Masculino	01:32:05	+21:07	04:22
19	362	Eduardo Carvalho	Individual	Senior Masculino	01:32:17	+21:19	04:23
20	279	Luís Oliveira	HPCon Runners	Senior Masculino	01:32:32	+21:34	04:23
21	418	Marco Peixoto	GD São Paio de Oleiros	Senior Masculino	01:33:03	+22:05	04:25
22	954	Fábio Reis	TRILHADOS	Senior Masculino	01:33:40	+22:42	04:27
23	393	João Pedro Tomaz Lourenço	Individual	Senior Masculino	01:34:01	+23:03	04:28
24	374	Gonçalo Marques	Individual	Senior Masculino	01:34:17	+23:19	04:28
25	953	David Aguiar	TRILHADOS	Senior Masculino	01:34:27	+23:29	04:29
26	456	Ricardo de Jesus Matos	Individual	Senior Masculino	01:34:55	+23:58	04:30
27	397	José	Individual	Senior Masculino	01:35:25	+24:27	04:32
28	450	Pedro Silva	Individual	Senior Masculino	01:35:59	+25:01	04:33
29	909	Fábio Almeida	SAI DA FRENTE	Senior Masculino	01:36:01	+25:03	04:33
30	446	Pedro Miguel Pereira MArtins	Individual	Senior Masculino	01:36:01	+25:03	04:33
31	23	Ricardo Moutinho	100meta	Senior Masculino	01:36:35	+25:37	04:35
32	781	Alexandre Brandão Andrade Leite	Juventude Cortegacense	Senior Masculino	01:36:47	+25:49	04:36
33	432	Nuno Meira	Individual	Senior Masculino	01:37:02	+26:04	04:36
34	961	Miguel Aguiar	Viseu 360	Senior Masculino	01:37:55	+26:57	04:39
35	479	Tiago Vaz Osorio	Individual	Senior Masculino	01:38:05	+27:07	04:39
36	268	André Filipe Castro Barbosa	HMC Sports	Senior Masculino	01:38:09	+27:11	04:39
37	345	António Pedro Marques Lucas	Individual	Senior Masculino	01:38:12	+27:14	04:40
38	464	Rodolfo	Individual	Senior Masculino	01:38:35	+27:37	04:41
39	460	Ricardo Silva	Individual	Senior Masculino	01:39:41	+28:43	04:44
40	34	João Mendes	A D Rio Largo C Espinho	Senior Masculino	01:40:40	+29:43	04:47
41	110	Leandro Araújo	C+ Runners	Senior Masculino	01:40:55	+29:57	04:47
42	376	Guilherme Sousa	Individual	Senior Masculino	01:41:23	+30:25	04:49
43	336	André Filipe da Silva Rocha	Individual	Senior Masculino	01:42:50	+31:52	04:53
44	365	Fábio Silva	Individual	Senior Masculino	01:43:08	+32:10	04:54
45	84	Luís Almeida	Arada Atlético Clube	Senior Masculino	01:43:39	+32:41	04:55
46	885	Diogo Pereira	Piso 1 do Palácio	Senior Masculino	01:44:13	+33:15	04:57
47	370	Francisco de Castro	Individual	Senior Masculino	01:44:14	+33:17	04:57
48	872	Joao Monteiro	PaçoSprint	Senior Masculino	01:44:20	+33:22	04:57
49	945	Diogo Melo	Supras	Senior Masculino	01:44:21	+33:23	04:57
50	468	Rui Manuel Lopes Silva	Individual	Senior Masculino	01:44:21	+33:23	04:57
51	960	Mário Fernandes	Viseu 360	Senior Masculino	01:44:22	+33:24	04:57
52	337	André Matos	Individual	Senior Masculino	01:45:31	+34:33	05:00
53	69	Eduardo Silva	Amadores&Basta	Senior Masculino	01:46:13	+35:15	05:02

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54	70	José Quintinha	Amadores&Basta	Senior Masculino	01:46:13	+35:16	05:02
55	770	Pedro Silva	Jesus runners	Senior Masculino	01:46:17	+35:20	05:03
56	410	Marcelo Ramalho	Individual	Senior Masculino	01:46:28	+35:31	05:03
57	390	João Nuno Tavares Correia	Individual	Senior Masculino	01:46:29	+35:31	05:03
58	888	William Esteves	Piso 1 do Palácio	Senior Masculino	01:47:36	+36:38	05:06
59	462	Ricardo Tavares Silva	Individual	Senior Masculino	01:48:09	+37:11	05:08
60	458	Ricardo Pais	Individual	Senior Masculino	01:48:35	+37:37	05:09
61	409	Manuel Mendes	Individual	Senior Masculino	01:49:11	+38:14	05:11
62	356	Bruno Ribeiro	Individual	Senior Masculino	01:49:46	+38:49	05:12
63	786	Liliana Maria Pereira Ribeiro	juventude Cortegacense	Senior Masculino	01:50:38	+39:40	05:15
64	401	José Paulo Amorim Costa de Castro Couto	Individual	Senior Masculino	01:51:03	+40:06	05:16
65	392	João Pedro Maia da Costa	Individual	Senior Masculino	01:51:12	+40:14	05:17
66	972	Rui Costa	Individual	Senior Masculino	01:51:13	+40:15	05:17
67	952	Carlos Freitas	TRILHADOS	Senior Masculino	01:51:30	+40:33	05:17
68	910	Valter Martins	SAI DA FRENTE	Senior Masculino	01:52:16	+41:18	05:20
69	342	Andrew May	Individual	Senior Masculino	01:52:52	+41:54	05:21
70	921	Pedro Galhano	SC Povoense . Caracois de Corrida	Senior Masculino	01:52:55	+41:57	05:21
71	451	Pedro Xavier da Silva Santos	Individual	Senior Masculino	01:53:54	+42:57	05:24
72	887	Rui Graça	Piso 1 do Palácio	Senior Masculino	01:54:29	+43:31	05:26
73	204	Carlos Brandão	Fogaças Com Malapos	Senior Masculino	01:55:09	+44:12	05:28
74	459	Ricardo Pereira	Individual	Senior Masculino	01:55:19	+44:21	05:28
75	467	Rui Jorge de pinho Oliveira	Individual	Senior Masculino	01:55:20	+44:22	05:28
76	415	Marco Couto	Individual	Senior Masculino	01:56:10	+45:12	05:31
77	33	Daniel Lopes	A D Rio Largo C Espinho	Senior Masculino	01:56:16	+45:18	05:31
78	920	Helder Cunha	SC Povoense . Caracois de Corrida	Senior Masculino	01:56:17	+45:19	05:31
79	476	Tiago Fernandes	Individual	Senior Masculino	01:56:48	+45:50	05:32
80	430	Nuno Bastos	Individual	Senior Masculino	01:57:15	+46:17	05:34
81	486	Vitor Mota	Individual	Senior Masculino	01:57:58	+47:01	05:36
82	105	Carlos Oliveira	C&M&C	Senior Masculino	01:59:04	+48:06	05:39
83	375	Guilherme Ferreira	Individual	Senior Masculino	01:59:30	+48:32	05:40
84	439	Paulo Sousa	Individual	Senior Masculino	01:59:41	+48:43	05:41
85	343	Anthony Da Costa Da Silva	Individual	Senior Masculino	01:59:56	+48:58	05:41
86	917	Diogo Paixão	Salgueiros Running	Senior Masculino	02:00:27	+49:29	05:43
87	338	André Miguel Ferreira Silva	Individual	Senior Masculino	02:00:55	+49:57	05:44
88	423	Marcos Roldão	Individual	Senior Masculino	02:02:22	+51:24	05:48
89	470	Rui Pinho Araújo	Individual	Senior Masculino	02:03:37	+52:39	05:52
90	834	Miguel Pais	Migos	Senior Masculino	02:05:48	+54:51	05:58
91	344	António Oliveira	Individual	Senior Masculino	02:07:04	+56:06	06:02
92	975	Roberto Gil	Ginásio D3 Health Club	Senior Masculino	02:10:57	+59:59	06:13
93	480	Tiago Vieira Pinto	Individual	Senior Masculino	02:12:39	+01:01:41	06:18
94	818	Ricardo Vilaca	Linde	Senior Masculino	02:35:44	+01:24:47	07:23

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Sub 23 Feminino

1	57	Ines Gonçalves	Afis/Ovar	Sub 23 Feminino	01:47:23	+36:25	05:06
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Sub 23 Masculino

1	466	RUI ALVES	GD São Paio de Oleiros	Sub 23 Masculino	01:17:51	+06:53	03:42
2	897	Miguel Marques	Running Esmoriz	Sub 23 Masculino	01:22:55	+11:57	03:56
3	331	Alexandre Azevedo ---arvor -veteranos de ovar	Individual	Sub 23 Masculino	01:23:33	+12:35	03:58
4	425	Miguel Campos	Individual	Sub 23 Masculino	01:30:30	+19:32	04:18
5	116	JOÃO RIBEIRO	CAL - Clube Atletismo de Lamas	Sub 23 Masculino	01:33:03	+22:05	04:25
6	403	José pinho	Individual	Sub 23 Masculino	01:36:11	+25:14	04:34
7	101	Tiago	Bravos	Sub 23 Masculino	01:37:16	+26:19	04:37
8	457	Ricardo Miguel Silva Tavares	Individual	Sub 23 Masculino	01:41:52	+30:54	04:50
9	441	Pedro António Pais Morgado	Individual	Sub 23 Masculino	01:49:41	+38:43	05:12
10	364	Fábio Moreira Almeida	Individual	Sub 23 Masculino	01:50:23	+39:26	05:14
11	198	Diogo Mota	Ferreirinha	Sub 23 Masculino	01:50:52	+39:54	05:16
12	453	Rafael Moura	Honra Team	Sub 23 Masculino	01:57:20	+46:23	05:34

Veterana F35

1	32	Julia Schiavon	A D Rio Largo C Espinho	Veterana F35	01:38:37	+27:39	04:41
2	327	Sandra Cristina Oliveira Ferreira	Individual	Veterana F35	01:41:16	+30:18	04:48
3	777	Marta Gracinda Tavares Reis	Juventude Cortegacense	Veterana F35	01:41:50	+30:52	04:50
4	262	Susana Flores	GRECAS Vagos	Veterana F35	01:44:23	+33:25	04:57
5	277	Catarina Soares	HPCon Runners	Veterana F35	01:45:16	+34:19	05:00
6	318	Mafalda Resende	Individual	Veterana F35	01:47:24	+36:26	05:06
7	325	Rita	Individual	Veterana F35	01:49:11	+38:13	05:11
8	328	TANIA HENRIQUE	Individual	Veterana F35	01:49:36	+38:38	05:12
9	223	Ana Filipa Oliveira	G.D.Ronda	Veterana F35	01:54:08	+43:10	05:25
10	854	Carla Sofia Neves Monteiro	Núcleo de Montanha de Espinho	Veterana F35	01:54:36	+43:38	05:26
11	177	Eva Mendes	EBs	Veterana F35	01:54:47	+43:50	05:27
12	298	carla azevedo	Individual	Veterana F35	01:54:51	+43:53	05:27
13	287	Ana Campos	Individual	Veterana F35	01:56:03	+45:05	05:30
14	779	Silvana Rocha	Juventude Cortegacense	Veterana F35	01:56:28	+45:30	05:32
15	266	Márcia Alexandra Borges da Silva	HMC Sports	Veterana F35	01:56:40	+45:42	05:32
16	859	Carla Costa	Os Cansados	Veterana F35	01:57:25	+46:27	05:34
17	828	MARA CELIA	MC	Veterana F35	02:00:08	+49:10	05:42
18	260	Isabel Novais	Girafas do ártico	Veterana F35	02:00:37	+49:40	05:43
19	971	Marlene Almeida	Viseu Running Team	Veterana F35	02:00:51	+49:53	05:44
20	283	Adelaide Duarte	Individual	Veterana F35	02:01:02	+50:04	05:45
21	294	Andreia alexandra ferreira santos	Individual	Veterana F35	02:01:41	+50:43	05:46
22	931	Isabel Aguiar	Sporting Clube de Espinho / António Leitão	Veterana F35	02:01:50	+50:52	05:47

Meia Maratona

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23	853	Dora Dias	No Tommorrow Running Team	Veterana F35	02:02:23	+51:25	05:48
24	289	Ana Catarina da Silva Campos Pais	Individual	Veterana F35	02:03:11	+52:13	05:51
25	810	Rita Leal	KeMedo Team	Veterana F35	02:03:35	+52:37	05:52
26	311	Jacinta Amorim	Individual	Veterana F35	02:04:44	+53:46	05:55
27	317	Liliana	Individual	Veterana F35	02:07:12	+56:14	06:02
28	267	Vânia Sofia Francisco Almeida da Costa	HMC Sports	Veterana F35	02:07:15	+56:17	06:02
29	305	Dora Pereira	Individual	Veterana F35	02:09:16	+58:18	06:08
30	173	Cláudia Alexandra da Cruz Afonso	DCI/Trilhos Luso Bussaco	Veterana F35	02:09:39	+58:41	06:09
31	304	Diana Leite	Individual	Veterana F35	02:11:31	+01:00:34	06:14
32	301	Cristina Maria da Silva Veloso	Individual	Veterana F35	02:12:32	+01:01:34	06:17
33	778	Paula Ferreira	Juventude Cortegacense	Veterana F35	02:13:02	+01:02:04	06:19
34	310	Isabel Cabral	Individual	Veterana F35	02:14:43	+01:03:45	06:23
35	306	Elisabete Peixoto	Individual	Veterana F35	02:15:12	+01:04:14	06:25
36	284	Adriana Helena Silva Rodrigues	Individual	Veterana F35	02:16:41	+01:05:43	06:29
37	99	Carolina Figueiredo	Aztrail/Mercentro	Veterana F35	02:17:43	+01:06:45	06:32
38	322	Mónica Correia	Individual	Veterana F35	02:30:35	+01:19:37	07:09
39	816	Elisabete Vitorino	Linde	Veterana F35	02:35:44	+01:24:47	07:23

Veterana F40

1	792	Lúcia Campos Costa	Juventude Cortegacense	Veterana F40	01:37:06	+26:08	04:36
2	75	Sónia sofia silva	Amigos das Sapatilhas	Veterana F40	01:39:54	+28:56	04:44
3	911	LF Almeida	SAI DA FRENTE	Veterana F40	01:40:25	+29:27	04:46
4	237	Catarina Figueiredo	Gaia-Running	Veterana F40	01:42:41	+31:44	04:52
5	934	Ligia Casimiro	Sporting Clube de Espinho / António Leitão	Veterana F40	01:45:31	+34:33	05:00
6	514	Rejane Pontes	Individual	Veterana F40	01:45:39	+34:41	05:01
7	511	Mónica Sá	Individual	Veterana F40	01:47:57	+36:59	05:07
8	502	Elisabete Barbosa	Individual	Veterana F40	01:47:58	+37:00	05:07
9	512	Paula Alexandra Andrade Costa	Arada Atlético Clube	Veterana F40	01:49:45	+38:48	05:12
10	271	Raquel Patrícia Loureiro Delgadinho	HMC Sports	Veterana F40	01:51:07	+40:09	05:16
11	515	Rute Sousa	Individual	Veterana F40	01:55:10	+44:12	05:28
12	24	Manuela Monteiro	100meta	Veterana F40	01:56:08	+45:10	05:31
13	509	Maria Oliveira	Individual	Veterana F40	01:56:49	+45:52	05:33
14	927	Andreia Noites	Sportarc Running	Veterana F40	01:57:03	+46:06	05:33
15	501	Diana pereira	Individual	Veterana F40	01:58:41	+47:44	05:38
16	791	Anabela Moreira Cardoso	Juventude Cortegacense	Veterana F40	01:59:28	+48:30	05:40
17	29	Diana Carneiro	512	Veterana F40	02:00:57	+49:59	05:44
18	492	Aurora Pires	Individual	Veterana F40	02:01:35	+50:38	05:46
19	504	Fernanda Oliveira	Individual	Veterana F40	02:03:49	+52:51	05:52
20	197	Liliana Oliveira	Family Runners Team	Veterana F40	02:04:19	+53:21	05:54
21	488	Ana Fernandes	Individual	Veterana F40	02:04:21	+53:23	05:54
22	151	Maria dos Anjos	Clube de Atletismo de Ovar	Veterana F40	02:05:44	+54:46	05:58
23	228	Sandra Canelha	G.D.Ronda	Veterana F40	02:06:11	+55:13	05:59
24	500	Cila	Individual	Veterana F40	02:07:00	+56:02	06:02
25	518	Sónia Margarida Lopes Coelho	Individual	Veterana F40	02:07:34	+56:36	06:03

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26	928	Lúcia Teixeira	Sportarc Running	Veterana F40	02:08:58	+58:00	06:07
27	21	Marta Pinto	#correratenumdarmais	Veterana F40	02:11:31	+01:00:33	06:14
28	200	Mónica Margaride	Fit2Labor	Veterana F40	02:11:48	+01:00:50	06:15
29	38	Susana Monteiro	A D Rio Largo C Espinho	Veterana F40	02:12:44	+01:01:47	06:18
30	270	Catarina Soares Beça	HMC Sports	Veterana F40	02:14:13	+01:03:15	06:22
31	510	Marta Sousa	Individual	Veterana F40	02:15:00	+01:04:02	06:24
32	113	Regina Vidinha	Cadão Douro	Veterana F40	02:15:15	+01:04:17	06:25
33	166	Sandra Pina	ComDor Runners	Veterana F40	02:18:00	+01:07:02	06:33
34	974	Samanta Maia	Individual	Veterana F40	02:25:42	+01:14:44	06:55
35	107	Monica Oliveira	C&M&C	Veterana F40	02:29:43	+01:18:45	07:06
36	272	Sónia Maria de Oliveira Correia	HMC Sports	Veterana F40	02:35:13	+01:24:15	07:22
37	850	Dianelys Caballero	NASCIDOS PARA CORRER	Veterana F40	02:35:38	+01:24:40	07:23

1	494	Carla Araújo	Individual	Veterana F45	01:32:07	+21:09	04:22
2	846	Dulce Bastos	NAC - Núcleo de Atletismo de Cucujães	Veterana F45	01:38:57	+27:59	04:42
3	238	Orlanda Rego	Gaia-Running	Veterana F45	01:41:21	+30:24	04:49
4	506	Manuela Oliveira Abelha	Individual	Veterana F45	01:41:40	+30:42	04:49
5	186	Zeza Valente	Europarque Running	Veterana F45	01:41:40	+30:42	04:49
6	876	Paula Moreira	PAREDES AVENTURA	Veterana F45	01:41:42	+30:44	04:50
7	519	susana lacerda	Individual	Veterana F45	01:43:09	+32:11	04:54
8	793	Marcia Castro Costa	Juventude Cortegacense	Veterana F45	01:46:21	+35:23	05:03
9	935	Olga Gomes	Sporting Clube de Espinho / António Leitão	Veterana F45	01:47:28	+36:30	05:06
10	74	Anabela cristina carvalhais almeida	Amigos das Sapatilhas	Veterana F45	01:47:56	+36:58	05:07
11	517	Silvia Batista	Individual	Veterana F45	01:51:29	+40:31	05:17
12	505	Isabel Inácio	Individual	Veterana F45	01:51:33	+40:35	05:18
13	929	Paula Teixeira	Sportarc Running	Veterana F45	01:51:49	+40:51	05:18
14	922	Cláudia Pimparel	Shots International Runners	Veterana F45	01:52:45	+41:47	05:21
15	18	Teresa Maria de Sousa Fallé	HMC Sports	Veterana F45	01:53:09	+42:11	05:22
16	940	Suzana Duarte	SSTMSJM	Veterana F45	01:53:54	+42:57	05:24
17	516	Sandra Monteiro Correia	Individual	Veterana F45	01:55:10	+44:13	05:28
18	493	Carina Pereira	Individual	Veterana F45	01:55:13	+44:16	05:28
19	499	Carmo ferreira	Individual	Veterana F45	01:55:24	+44:26	05:29
20	790	Anabela dos Santos Marques	juventude Cortegacense	Veterana F45	01:57:11	+46:14	05:34
21	497	Carla Maria Reis de Sá Cardoso	Individual	Veterana F45	01:57:47	+46:49	05:35
22	165	Paula Silva	ComDor Runners	Veterana F45	01:57:55	+46:57	05:36
23	899	Maribel Oliveira	Running Esmoriz	Veterana F45	01:59:20	+48:23	05:40
24	236	Carla Cruz	Gaia-Running	Veterana F45	01:59:50	+48:52	05:41
25	491	ANABELA SANTOS	Individual	Veterana F45	02:00:12	+49:14	05:42
26	513	Regina Almeida	Individual	Veterana F45	02:02:06	+51:08	05:48
27	489	ANA PAULA CASTRO	Individual	Veterana F45	02:02:24	+51:26	05:48
28	508	Maria Fatima Oliveira	Individual	Veterana F45	02:02:34	+51:36	05:49
29	498	Carla Pinto	Individual	Veterana F45	02:02:34	+51:37	05:49
30	811	Mónica Fonseca	KeMedo Team	Veterana F45	02:03:35	+52:38	05:52

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31	496	Carla Helena Loureiro Delgadinho Fallé	Individual	Veterana F45	02:04:20	+53:22	05:54
32	775	Paula Oliveira	Juntos somos Um	Veterana F45	02:07:03	+56:05	06:02

1	769	MATILDE BAPTISTA	JAM - JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	01:36:46	+25:48	04:35
2	240	Elisabete Repas	Gaia-Running	Veterana F50	01:43:33	+32:35	04:55
3	156	FÁTIMA SANTOS	Clube Desportivo Feirense	Veterana F50	01:43:38	+32:41	04:55
4	527	Maria Irene Soares Sá	Individual	Veterana F50	01:49:38	+38:41	05:12
5	526	Maria do Céu Ferreira de Sousa	Individual	Veterana F50	01:51:56	+40:58	05:19
6	59	Elisabete Silva	Afis/Ovar	Veterana F50	02:02:16	+51:18	05:48
7	896	Maria José Amorim	Rompezolas	Veterana F50	02:05:16	+54:18	05:57
8	528	TALIA ALEXANDRA FERREIRA MARTINS	Individual	Veterana F50	02:09:38	+58:40	06:09
9	795	Manuela Castelo	Juventude Cortegacense	Veterana F50	02:10:32	+59:34	06:12
10	768	MARINHA BAPTISTA	JAM - JUVENTUDE ATLÉTICA MOZELENSE	Veterana F50	02:19:04	+01:08:06	06:36
11	839	Maria Alves	MSS Contabilidade Trail Team	Veterana F50	02:28:04	+01:17:06	07:01
12	181	Eugénia Lopes	Estrela Campo de Aviação F.C.	Veterana F50	02:30:54	+01:19:57	07:10

1	524	Florbela costa	serv .sociais c. m. ovar	Veterana F55	01:45:13	+34:15	05:00
2	55	Graça Leite	Acrefa	Veterana F55	02:02:09	+51:11	05:48

1	523	Fernanda	Individual	Veterana F60	02:01:28	+50:30	05:46
2	882	Rosa Bispo	Pernas Inertes	Veterana F60	02:35:11	+01:24:14	07:22

1	5	Vítor Oliveira	Maia Atletico Clube	Veterano M35	01:11:22	+00:24	03:23
2	383	janik lima	Clube de Atletismo de Ovar	Veterano M35	01:13:53	+02:55	03:30
3	881	José Almeida	Peraltafil	Veterano M35	01:16:26	+05:28	03:38
4	880	Cláudio Costa	Peraltafil	Veterano M35	01:16:38	+05:40	03:38
5	208	João Sá	Fogaças Com Malapos	Veterano M35	01:19:31	+08:33	03:46
6	837	Sérgio Silva	MSS Contabilidade Trail Team	Veterano M35	01:21:57	+10:59	03:53
7	359	Carlos Sequeira -----clube atletismo ovar	Clube de Atletismo de Ovar	Veterano M35	01:24:02	+13:04	03:59
8	221	António Cristovão	G.D.C Guilhovai	Veterano M35	01:24:20	+13:23	04:00
9	42	José Teixeira	A NOZ	Veterano M35	01:25:35	+14:37	04:04
10	773	Avelino Sá	JUFACC	Veterano M35	01:25:39	+14:41	04:04
11	398	José Costa	serv .sociais c. m. ovar	Veterano M35	01:26:09	+15:11	04:05
12	982	Diogo Coutinho	Individual	Veterano M35	01:26:21	+15:23	04:06

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13	174	João Pedro Morais Simões	DCI/Trilhos Luso Bussaco	Veterano M35	01:27:30	+16:32	04:09
14	352	Bruno Machado	Individual	Veterano M35	01:28:06	+17:08	04:11
15	381	HUGO TAVARES	Individual	Veterano M35	01:28:47	+17:49	04:13
16	85	Márcio Pereira	Arada Atlético Clube	Veterano M35	01:29:00	+18:02	04:13
17	263	Edivaldo Maciel	GRECAS Vagos	Veterano M35	01:29:02	+18:04	04:13
18	874	Nuno Pinho	PAREDES AVENTURA	Veterano M35	01:29:14	+18:17	04:14
19	898	Rui Miguel Silva	Running Esmoriz	Veterano M35	01:29:48	+18:51	04:16
20	210	Luis Branco	Fogaças Com Malapos	Veterano M35	01:29:59	+19:01	04:16
21	822	Jose Fernando costa	Lousada runners	Veterano M35	01:30:06	+19:08	04:16
22	129	António Neves	Caldas S. Jorge Sport Clube	Veterano M35	01:31:43	+20:45	04:21
23	412	Márcio Quintas	Clube Atletismo de Ovar	Veterano M35	01:31:51	+20:53	04:21
24	71	Nuno Manuel Teixeira da Costa	Amigos das Sapatilhas	Veterano M35	01:32:46	+21:48	04:24
25	36	Zé Bolt	A D Rio Largo C Espinho	Veterano M35	01:33:00	+22:02	04:25
26	333	Andre Adriano	KIRCHHOFF - KONECT RUNNING TEAM	Veterano M35	01:33:30	+22:32	04:26
27	350	Bruno Couto	Individual	Veterano M35	01:33:35	+22:38	04:26
28	265	Hélder Silva	Hélder Silva	Veterano M35	01:33:36	+22:38	04:26
29	421	Marco Silva --clube atletismo ovar	Clube de Atletismo de Ovar	Veterano M35	01:33:58	+23:01	04:28
30	369	Filipe rocha	Individual	Veterano M35	01:34:25	+23:27	04:29
31	44	Pedro Vieira	A. D. Amarante Trail Running	Veterano M35	01:34:49	+23:51	04:30
32	234	Pedro Monteiro	Gaia-Running	Veterano M35	01:35:09	+24:11	04:31
33	139	Cristiano Pereira	Castelo	Veterano M35	01:35:24	+24:26	04:32
34	782	António Constantino Silva	Juventude Cortegacense	Veterano M35	01:35:42	+24:44	04:32
35	108	BRUNO BARGE	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M35	01:35:42	+24:44	04:32
36	908	Aas Pinto	SAI DA FRENTE	Veterano M35	01:36:01	+25:03	04:33
37	207	Hugo Lima	Fogaças Com Malapos	Veterano M35	01:36:45	+25:48	04:35
38	481	Toni Ferreira	Individual	Veterano M35	01:37:27	+26:29	04:37
39	429	Neves	Individual	Veterano M35	01:38:09	+27:11	04:39
40	340	André Rocha	Individual	Veterano M35	01:38:12	+27:14	04:40
41	902	Henrique Oliveira	Running Espinho	Veterano M35	01:38:12	+27:14	04:40
42	947	Hugo Nunes	Supras	Veterano M35	01:38:42	+27:45	04:41
43	824	Nelson Pires	Lusitanos	Veterano M35	01:39:25	+28:27	04:43
44	72	Ricardo M Sampaio	Amigos das Sapatilhas	Veterano M35	01:39:54	+28:56	04:44
45	445	Pedro Miguel Marinho Lopes	Individual	Veterano M35	01:40:00	+29:02	04:45
46	395	Joao Silva	Individual	Veterano M35	01:40:04	+29:06	04:45
47	73	Rui Teixeira	Amigos das Sapatilhas	Veterano M35	01:40:32	+29:34	04:46
48	483	Vasco Carvalho	Individual	Veterano M35	01:40:39	+29:41	04:47
49	37	Zé Rodrigo	A D Rio Largo C Espinho	Veterano M35	01:40:46	+29:48	04:47
50	355	Bruno Pinto	Individual	Veterano M35	01:40:56	+29:59	04:47
51	862	Rui Miguel Santos	Os Falta D'Ar	Veterano M35	01:41:05	+30:07	04:48
52	788	Ricardo Manuel de Oliveira Teixeira	Juventude Cortegacense	Veterano M35	01:41:12	+30:14	04:48
53	93	Hugo Azevedo	Associação Beat Your Limit!	Veterano M35	01:41:15	+30:17	04:48
54	454	Restaurante Lago	Individual	Veterano M35	01:42:14	+31:17	04:51
55	389	Joao Marques	Individual	Veterano M35	01:42:28	+31:30	04:52
56	227	Celso Silva	G.D.Ronda	Veterano M35	01:42:56	+31:59	04:53
57	269	Sérgio Miguel de Oliveira Correia	HMC Sports	Veterano M35	01:43:08	+32:10	04:54

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104	146	Sérgio Henriques marques	Chewbacca	Veterano M35	02:02:16	+51:18	05:48
105	35	Ricardo Pereira	A D Rio Largo C Espinho	Veterano M35	02:02:23	+51:26	05:48
106	436	paulo carvalho martins	Individual	Veterano M35	02:02:34	+51:36	05:49
107	886	Hugo Luzia	Piso 1 do Palácio	Veterano M35	02:03:41	+52:43	05:52
108	47	Ricardo Lemos	Acail Gás, S.A.	Veterano M35	02:05:41	+54:43	05:58
109	357	Bruno Ricardo Correia Portela	Individual	Veterano M35	02:08:47	+57:49	06:07
110	463	Roberto Ribeiro	Individual	Veterano M35	02:09:25	+58:27	06:08
111	117	JONAS PINHO	CAL - Clube Atletismo de Lamas	Veterano M35	02:13:25	+01:02:27	06:20
112	112	Artur Rocha	Cadão Douro	Veterano M35	02:15:15	+01:04:17	06:25
113	46	João Leite	Acail Gás, S.A.	Veterano M35	02:15:38	+01:04:40	06:26
114	106	Cláudio Correia	C&M&C	Veterano M35	02:29:43	+01:18:45	07:06
115	163	rui oliveira	cm feira	Veterano M35	02:31:12	+01:20:15	07:10
116	162	rui lopo	cm feira	Veterano M35	02:31:13	+01:20:15	07:10
117	849	Luís Lebres	NASCIDOS PARA CORRER	Veterano M35	02:35:38	+01:24:40	07:23
118	385	João Cavaleiro	Individual	Veterano M35	02:35:43	+01:24:46	07:23

1	6	Artur Rodrigues	G.D.C Guilhovai	Veterano M40	01:10:57	03:22
2	633	Paulo pinto	Individual	Veterano M40	01:16:16	+05:18 03:37
3	88	Salviano Ferreira	Arada Atlético Clube	Veterano M40	01:17:25	+06:27 03:40
4	176	Rui Gomes	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:18:55	+07:57 03:45
5	541	António Sá	Individual	Veterano M40	01:20:21	+09:24 03:49
6	659	Rui Miguel Russa Ferreira da Silva	Individual	Veterano M40	01:21:08	+10:10 03:51
7	203	Manuel Belinha	GD São Paio de Oleiros	Veterano M40	01:21:18	+10:20 03:51
8	847	Carlos ferreira	NAC - Núcleo de Atletismo de Cucujães	Veterano M40	01:21:46	+10:49 03:53
9	965	Pedro Conceição	Viseu 360	Veterano M40	01:23:42	+12:44 03:58
10	630	Paulo Jesus	Individual	Veterano M40	01:24:45	+13:47 04:01
11	76	Alexandre Teixeira	Amigos das Sapatilhas	Veterano M40	01:25:29	+14:31 04:03
12	687	Williams Rodriguez	Individual	Veterano M40	01:26:06	+15:08 04:05
13	827	Luis Leite	MAIA RUNNERS	Veterano M40	01:26:47	+15:49 04:07
14	871	Jorge Gomes	Outlaw Runners	Veterano M40	01:27:41	+16:43 04:10
15	626	Nuno Vieira	Individual	Veterano M40	01:27:58	+17:01 04:10
16	124	Nuno Silva	CAL - Clube Atletismo de Lamas	Veterano M40	01:27:59	+17:01 04:10
17	229	João Moreira	G.D.Ronda	Veterano M40	01:28:06	+17:08 04:11
18	964	Nuno Cruz	Viseu 360	Veterano M40	01:28:37	+17:39 04:12
19	245	Peter Silva	Gaia-Running	Veterano M40	01:28:44	+17:47 04:13
20	798	Joao Paulo Oliveira	Juventude Cortegacense	Veterano M40	01:29:36	+18:38 04:15
21	688	Rui Tavares	Individual	Veterano M40	01:29:50	+18:52 04:16
22	551	Damasio Pereira	Individual	Veterano M40	01:30:01	+19:03 04:16
23	553	Diogo João	Individual	Veterano M40	01:30:09	+19:11 04:17
24	558	Emanuel Santos	Individual	Veterano M40	01:31:07	+20:09 04:19
25	963	Adelino Pires	Viseu 360	Veterano M40	01:31:08	+20:10 04:19
26	979	Pedro Magalhães	Individual	Veterano M40	01:31:14	+20:16 04:20
27	592	João Portugal	Individual	Veterano M40	01:31:36	+20:38 04:21

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28	1032	Luís Miguel de Almeida	LMA CT	Veterano M40	01:31:52	+20:54	04:22
29	951	Manuel Bessa	Trevostore-Paços de Brandão	Veterano M40	01:32:48	+21:50	04:24
30	625	Nuno Silva	Individual	Veterano M40	01:33:00	+22:02	04:25
31	584	Ivo Carvalho	Individual	Veterano M40	01:33:47	+22:49	04:27
32	142	Nelson Pinto	Castelo	Veterano M40	01:33:55	+22:58	04:27
33	840	Ibraim Sousa	MSS Contabilidade Trail Team	Veterano M40	01:34:23	+23:25	04:29
34	64	José Rodrigues	Afis/Ovar	Veterano M40	01:34:50	+23:52	04:30
35	866	Marco Botelho	Os Falta D'Ar	Veterano M40	01:36:16	+25:18	04:34
36	878	Vitor Andrade	PAREDES AVENTURA	Veterano M40	01:36:33	+25:35	04:35
37	616	Miguel Santos	Individual	Veterano M40	01:36:35	+25:37	04:35
38	801	Nuno Miguel Gonçalves Araújo	Juventude Cortegacense	Veterano M40	01:36:55	+25:57	04:36
39	546	Carlos Bruno	Individual	Veterano M40	01:36:55	+25:58	04:36
40	540	António Oliveira	Individual	Veterano M40	01:37:01	+26:03	04:36
41	533	Alexandre Saraiva	Individual	Veterano M40	01:37:02	+26:05	04:36
42	674	Telmo Oliveira	Individual	Veterano M40	01:37:07	+26:09	04:36
43	645	Pedro Rodrigues	Individual	Veterano M40	01:37:08	+26:10	04:37
44	629	Paulo Ferreira	Individual	Veterano M40	01:37:13	+26:15	04:37
45	676	Valdemar José Ferreira Lopes	Individual	Veterano M40	01:37:57	+26:59	04:39
46	554	Domingos Nogueira	Individual	Veterano M40	01:38:03	+27:05	04:39
47	157	FILIPE MONTEIRO	Clube Desportivo Feirense	Veterano M40	01:38:19	+27:21	04:40
48	588	Joao Macedo	Individual	Veterano M40	01:38:23	+27:26	04:40
49	653	Rogério santos	Individual	Veterano M40	01:38:27	+27:30	04:40
50	133	Nuno Sousa	Caldas S. Jorge Sport Clube	Veterano M40	01:38:55	+27:57	04:42
51	802	Paulo Daniel Rola	Juventude Cortegacense	Veterano M40	01:38:55	+27:57	04:42
52	613	Mateus	Individual	Veterano M40	01:39:18	+28:20	04:43
53	82	Hugo Portela	AppyBook	Veterano M40	01:39:45	+28:47	04:44
54	158	JOSÉ SOUSA	Clube Desportivo Feirense	Veterano M40	01:39:46	+28:48	04:44
55	623	Nuno Matias	Individual	Veterano M40	01:39:59	+29:01	04:45
56	243	Nuno Santos	Gaia-Running	Veterano M40	01:41:19	+30:21	04:48
57	579	Hugo Pereira	Individual	Veterano M40	01:41:59	+31:01	04:50
58	677	Vergílio Silva Teixeira	Individual	Veterano M40	01:42:16	+31:18	04:51
59	608	José Soares	Individual	Veterano M40	01:42:18	+31:20	04:51
60	216	Marco Aurélio	Fogaças Com Malapos	Veterano M40	01:42:40	+31:42	04:52
61	573	Gonçalo Oliveira	Individual	Veterano M40	01:43:10	+32:12	04:54
62	671	Sérgio Guimbra	Individual	Veterano M40	01:43:19	+32:21	04:54
63	96	Manuel Fonseca	Associação Beat Your Limit!	Veterano M40	01:43:33	+32:35	04:55
64	538	Antonio Alves	Individual	Veterano M40	01:43:37	+32:39	04:55
65	925	ANDRÉ RELVAS	SOREMA	Veterano M40	01:43:38	+32:40	04:55
66	77	Cristóvão Sampaio	Amigos das Sapatilhas	Veterano M40	01:43:41	+32:44	04:55
67	562	Fernando Salvador	Individual	Veterano M40	01:43:43	+32:45	04:55
68	566	Filipe Pinho	Individual	Veterano M40	01:43:47	+32:49	04:55
69	258	Sérgio Crista	GDR Recreativo Juventude das Ribeiras	Veterano M40	01:43:53	+32:56	04:56
70	658	Rui Manuel Dias	Individual	Veterano M40	01:43:56	+32:58	04:56
71	193	Rómulo Silva	Factor X / S4L / Medense FC	Veterano M40	01:44:25	+33:28	04:57
72	191	Hugo Santos	Factor X / S4L / Medense FC	Veterano M40	01:44:26	+33:28	04:57
73	618	Nuno almeida	Individual	Veterano M40	01:44:45	+33:47	04:58

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74	556	EDUARDO JOSE CRUZ SILVA	Individual	Veterano M40	01:44:50	+33:52	04:58
75	575	Hélder Guedes	Individual	Veterano M40	01:45:17	+34:19	05:00
76	666	Rui Pinto	Individual	Veterano M40	01:45:26	+34:28	05:00
77	190	Avelino Freitas	GD São Paio de Oleiros	Veterano M40	01:45:32	+34:35	05:00
78	134	Vitor Marques	Caldas S. Jorge Sport Clube	Veterano M40	01:46:03	+35:05	05:02
79	641	Pedro	Individual	Veterano M40	01:47:03	+36:05	05:05
80	665	Rui Pereira	Individual	Veterano M40	01:47:03	+36:05	05:05
81	624	Nuno Santos	Individual	Veterano M40	01:47:12	+36:14	05:05
82	596	Jorge Silva	Individual	Veterano M40	01:47:23	+36:26	05:06
83	814	Jorge Santos	KIRCHHOFF - KONECT RUNNING TEAM	Veterano M40	01:47:30	+36:32	05:06
84	611	Manuel Correia	Individual	Veterano M40	01:47:35	+36:37	05:06
85	912	Antero Teixeira	SAI DA FRENTE	Veterano M40	01:48:06	+37:08	05:08
86	175	Agostinho Coelho	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M40	01:48:15	+37:18	05:08
87	583	HUMBERTO NEVES	Individual	Veterano M40	01:48:28	+37:30	05:09
88	941	Miguel Barqueiro	Sunset Runners	Veterano M40	01:48:37	+37:39	05:09
89	87	Rui Neves	Arada Atlético Clube	Veterano M40	01:48:43	+37:46	05:09
90	651	Ricardo Seromenho	Individual	Veterano M40	01:48:48	+37:50	05:10
91	580	Hugo Sá	Individual	Veterano M40	01:48:57	+37:59	05:10
92	543	Carlos alberto gomes silva	Individual	Veterano M40	01:49:39	+38:41	05:12
93	574	Helder Filipe da Silva Oliveira	Individual	Veterano M40	01:49:47	+38:50	05:13
94	273	António Fernando Rodrigues da Rocha	HMC Sports	Veterano M40	01:50:25	+39:27	05:14
95	797	Hélder Fernandes da Rocha	Juventude Cortegacense	Veterano M40	01:50:38	+39:40	05:15
96	215	Márcio Correia	Fogaças Com Malapos	Veterano M40	01:50:38	+39:40	05:15
97	548	Carlos Leal	Individual	Veterano M40	01:50:45	+39:47	05:15
98	530	Alberto Ferreira 07	Individual	Veterano M40	01:50:58	+40:01	05:16
99	861	ANTÓNIO PINTO	OS CANSADOS	Veterano M40	01:51:02	+40:04	05:16
100	246	Rui Pereira	Gaia-Running	Veterano M40	01:51:07	+40:09	05:16
101	564	Filipe Abreu	Individual	Veterano M40	01:51:13	+40:15	05:17
102	813	Bruno Santos	KIRCHHOFF - KONECT RUNNING TEAM	Veterano M40	01:52:17	+41:19	05:20
103	650	Ricardo oliveira	Individual	Veterano M40	01:52:27	+41:30	05:20
104	560	Fernando Machado	Individual	Veterano M40	01:52:51	+41:53	05:21
105	572	Francisco Vieira	Individual	Veterano M40	01:53:08	+42:10	05:22
106	605	José Oliveira	Individual	Veterano M40	01:53:25	+42:27	05:23
107	622	Nuno Manuel Serra Leite	Individual	Veterano M40	01:53:42	+42:44	05:24
108	529	ADRIANO FARIA	Individual	Veterano M40	01:53:52	+42:54	05:24
109	679	Victor Manuel Nunes Pinto	Individual	Veterano M40	01:54:28	+43:30	05:26
110	661	Rui Oliveira	Individual	Veterano M40	01:54:50	+43:52	05:27
111	168	ARTUR COSTA	COMPANHIA BAZOFIAS	Veterano M40	01:55:23	+44:25	05:28
112	571	Francisco Oliveira	Individual	Veterano M40	01:56:06	+45:08	05:30
113	923	Francisco Gomes	Shots International Runners	Veterano M40	01:56:10	+45:13	05:31
114	867	Rui Santos	Os Falta D'Ar	Veterano M40	01:56:16	+45:18	05:31
115	667	Rui Vieira	Individual	Veterano M40	01:56:40	+45:42	05:32
116	919	Pedro Paixão	Salgueiros Running	Veterano M40	01:57:17	+46:20	05:34
117	892	VITOR LARANJEIRA	PORTO Cycling Team	Veterano M40	01:57:28	+46:30	05:34

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Meia Maratona

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118	30	Daniel Machado	512	Veterano M40	01:57:34	+46:36	05:35
119	582	Humberto Jorge Ferreira Rodrigues	Individual	Veterano M40	01:58:30	+47:32	05:37
120	559	Fernando Banca	Individual	Veterano M40	01:58:32	+47:34	05:37
121	669	Sérgio Assunção	Individual	Veterano M40	01:59:03	+48:06	05:39
122	102	Bastos	Bravos	Veterano M40	01:59:12	+48:14	05:39
123	81	Pedro Silveira	Amigos das Sapatilhas	Veterano M40	02:00:30	+49:32	05:43
124	121	HÉLDER SILVA	CAL - Clube Atletismo de Lamas	Veterano M40	02:01:40	+50:42	05:46
125	585	Jacinto Almeida	Individual	Veterano M40	02:02:04	+51:07	05:47
126	581	Hugo Velhote	Individual	Veterano M40	02:02:07	+51:10	05:48
127	160	Martinho Ferreira	Clube Desportivo São Salvador do campo	Veterano M40	02:02:30	+51:32	05:49
128	670	Sergio Ferreira	Individual	Veterano M40	02:03:01	+52:03	05:50
129	170	FILIPE NASCIMENTO	COMPANHIA BAZOFIAS	Veterano M40	02:04:05	+53:07	05:53
130	803	Sérgio Costa	Juventude Cortegacense	Veterano M40	02:09:10	+58:12	06:08
131	821	JORGE ROCHA	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:09:31	+58:33	06:09
132	567	Filipe Ribeiro	Individual	Veterano M40	02:09:41	+58:43	06:09
133	612	Marcos Paulo Santos Fonseca	Individual	Veterano M40	02:12:49	+01:01:52	06:18
134	125	TIAGO POÇAS	CAL - Clube Atletismo de Lamas	Veterano M40	02:13:25	+01:02:27	06:20
135	27	Nuno Silva	100Pernas	Veterano M40	02:15:38	+01:04:40	06:26
136	100	Filipe Cunha	Aztrail/Mercentro	Veterano M40	02:17:43	+01:06:45	06:32
137	164	Marco Couto	cm feira	Veterano M40	02:31:13	+01:20:16	07:10
138	820	Pedro Fontes	Linde	Veterano M40	02:35:45	+01:24:47	07:23

Veterano M45

1	983	Armando Bastos	Caldas de São Jorge	Veterano M45	01:16:48	+05:50	03:39
2	938	Rui Manuel Santos	Sporting Clube de Espinho / António Leitão	Veterano M45	01:18:15	+07:17	03:43
3	563	Fernando santos	Individual	Veterano M45	01:18:23	+07:25	03:43
4	848	Ricardo Carvalho	NAC - Núcleo de Atletismo de Cucujães	Veterano M45	01:19:53	+08:56	03:47
5	937	Paulo Oliveira	Sporting Clube de Espinho / António Leitão	Veterano M45	01:21:25	+10:27	03:52
6	495	António Fontes	Individual	Veterano M45	01:23:17	+12:19	03:57
7	955	Abílio Ribeiro	Trilhos de Espinho	Veterano M45	01:25:14	+14:16	04:03
8	539	António José da Cunha LOurenço	Individual	Veterano M45	01:25:24	+14:27	04:03
9	86	António Nunes	Arada Atlético Clube	Veterano M45	01:26:02	+15:04	04:05
10	589	João Machado	Individual	Veterano M45	01:26:19	+15:21	04:06
11	536	Américo Santos	Individual	Veterano M45	01:26:26	+15:29	04:06
12	531	Alcindo Dias	GD São Paio de Oleiros	Veterano M45	01:26:37	+15:40	04:07
13	402	João Vínha	Individual	Veterano M45	01:26:42	+15:44	04:07
14	252	Paulo Moreira	GAVIÕES	Veterano M45	01:27:06	+16:08	04:08
15	78	Eugénio Cunha	Amigos das Sapatilhas	Veterano M45	01:28:05	+17:07	04:11
16	654	Rui fontes	Individual	Veterano M45	01:28:35	+17:37	04:12
17	188	Tozé Amorim	Europarque Running	Veterano M45	01:29:01	+18:03	04:13
18	682	VIRIATO ANTÓNIO SILVA OLIVEIRA	Individual	Veterano M45	01:30:04	+19:06	04:16
19	870	Carlos Manuel Pereira do Couto	Outlaw Runners	Veterano M45	01:30:09	+19:11	04:17

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20	603	José Luís Macedo	Individual	Veterano M45	01:30:21	+19:23	04:17
21	606	José Paulo Gomes	Individual	Veterano M45	01:31:20	+20:22	04:20
22	120	Carlos Cardoso	CAL - Clube Atletismo de Lamas	Veterano M45	01:32:34	+21:36	04:23
23	577	Henrique Neves	Individual	Veterano M45	01:33:43	+22:45	04:27
24	167	Luis Torres	ComDor Runners	Veterano M45	01:34:09	+23:11	04:28
25	966	Pedro Laranjo	Viseu 360	Veterano M45	01:34:19	+23:21	04:28
26	179	Luís Fonseca	Escola de Atletismo de Coimbra / JPaiva	Veterano M45	01:34:20	+23:22	04:29
27	180	Nuno Costa	Escola de Atletismo de Coimbra / JPaiva	Veterano M45	01:34:20	+23:22	04:29
28	844	Victor Azevedo	MSS Contabilidade Trail Team	Veterano M45	01:34:24	+23:26	04:29
29	884	Paulo Pimenta	Pernetas	Veterano M45	01:34:34	+23:36	04:29
30	680	Virgílio Abílio Castro Carção	Individual	Veterano M45	01:34:43	+23:46	04:30
31	637	paulo Santos	Individual	Veterano M45	01:34:44	+23:46	04:30
32	601	José Gomes	Individual	Veterano M45	01:34:47	+23:49	04:30
33	63	José Godinho	Afis/Ovar	Veterano M45	01:34:54	+23:56	04:30
34	903	Jaime Castro	Running Espinho	Veterano M45	01:35:06	+24:08	04:31
35	602	José gomes	Individual	Veterano M45	01:35:37	+24:40	04:32
36	594	Joaquim Seabra	Individual	Veterano M45	01:36:23	+25:25	04:34
37	97	José Sousa	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Veterano M45	01:36:30	+25:33	04:35
38	900	Américo Fonseca	Running Esmoriz	Veterano M45	01:37:51	+26:53	04:39
39	89	PAULO GRILO	ARCORUN	Veterano M45	01:37:56	+26:59	04:39
40	90	Paulo Reis	ArcoRun	Veterano M45	01:37:56	+26:59	04:39
41	532	Alexandre Barbosa	Individual	Veterano M45	01:38:19	+27:21	04:40
42	561	Fernando Mendes	Individual	Veterano M45	01:38:20	+27:22	04:40
43	60	Américo Oliveira	Afis/Ovar	Veterano M45	01:38:25	+27:27	04:40
44	547	Carlos Jorge Oliveira	Individual	Veterano M45	01:38:27	+27:30	04:40
45	950	Paulo Alexandre Silva	Tou Tou Running	Veterano M45	01:38:33	+27:35	04:41
46	685	vitorente	Individual	Veterano M45	01:38:53	+27:55	04:41
47	195	Paulo Lopes	Faixas	Veterano M45	01:39:01	+28:03	04:42
48	600	José Feiteira	Individual	Veterano M45	01:39:45	+28:47	04:44
49	241	César Teixeira	Gaia-Running	Veterano M45	01:40:13	+29:16	04:45
50	832	PAULO SANTOS	MC	Veterano M45	01:40:45	+29:47	04:47
51	655	Rui Freitas	Individual	Veterano M45	01:40:55	+29:57	04:47
52	639	Paulo Silva	Individual	Veterano M45	01:41:08	+30:10	04:48
53	638	paulo sergio lino	Individual	Veterano M45	01:41:17	+30:20	04:48
54	244	Paulo Vilarinho	Gaia-Running	Veterano M45	01:41:21	+30:23	04:48
55	628	Paulo Costa	Individual	Veterano M45	01:41:35	+30:37	04:49
56	132	Mário Costa	Caldas S. Jorge Sport Clube	Veterano M45	01:41:39	+30:41	04:49
57	599	José Carlos Ribeiro Abelha	Individual	Veterano M45	01:41:42	+30:44	04:50
58	634	Paulo renato rodrigues oliveira	Individual	Veterano M45	01:42:20	+31:22	04:51
59	239	Jorge Pereira	Gaia-Running	Veterano M45	01:42:52	+31:54	04:53
60	230	Paulo Mota	G.D.Ronda	Veterano M45	01:42:55	+31:58	04:53
61	182	Rui Pinto	Estrela Campo de Aviação F.C.	Veterano M45	01:42:59	+32:01	04:53
62	550	Cláudio Carvalho	Individual	Veterano M45	01:43:01	+32:03	04:53
63	863	Joaquim Neto	Os Falta D'Ar	Veterano M45	01:43:07	+32:09	04:54

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64	595	Joaquim silva	Individual	Veterano M45	01:43:08	+32:10	04:54
65	247	Vitor Fernandes	Gaia-Running	Veterano M45	01:43:35	+32:37	04:55
66	80	Inácio Vilaça	Amigos das Sapatilhas	Veterano M45	01:43:41	+32:44	04:55
67	192	Pedro Marques	Factor X / S4L / Medense FC	Veterano M45	01:44:25	+33:27	04:57
68	194	Rui Mota	Factor X / S4L / Medense FC	Veterano M45	01:44:25	+33:27	04:57
69	830	CARLOS FAMILIAR	MC	Veterano M45	01:44:35	+33:38	04:58
70	615	Miguel Rego	Individual	Veterano M45	01:44:47	+33:49	04:58
71	544	Carlos Alexandre Pinho Silva	Individual	Veterano M45	01:44:49	+33:51	04:58
72	235	Nuno Santos	Gaia-Running	Veterano M45	01:44:55	+33:57	04:59
73	852	Rui Ferreira	NF Runners	Veterano M45	01:44:58	+34:00	04:59
74	187	Alberto Neves	Europarque Running	Veterano M45	01:45:05	+34:07	04:59
75	635	Paulo Ribeiro	Individual	Veterano M45	01:45:11	+34:14	04:59
76	939	Viriato Gil Tavares Almeida	Sporting clube de Espinho Triatlo	Veterano M45	01:45:18	+34:20	05:00
77	535	Alfredo	Individual	Veterano M45	01:45:27	+34:29	05:00
78	586	Jaime Gomes	Individual	Veterano M45	01:45:39	+34:42	05:01
79	835	Guilherme Martins	MOVIMENTO JUVENTUDE DE MERELIM	Veterano M45	01:45:47	+34:49	05:01
80	640	Paulo Vieira	Individual	Veterano M45	01:45:54	+34:56	05:01
81	767	Antonio Almeida	Jáfostes	Veterano M45	01:46:11	+35:13	05:02
82	39	Wouter de Broeck	A D Rio Largo C Espinho	Veterano M45	01:46:57	+36:00	05:04
83	22	César Rocha	#correratenumdarmais	Veterano M45	01:47:11	+36:13	05:05
84	617	Mike	Individual	Veterano M45	01:47:21	+36:23	05:06
85	54	Paulo Teixeira	ACRD POMBEIRO	Veterano M45	01:47:30	+36:32	05:06
86	61	Arlindo Silva	Afis/Ovar	Veterano M45	01:47:31	+36:33	05:06
87	123	NUNO PEREIRA	CAL - Clube Atletismo de Lamas	Veterano M45	01:47:57	+37:00	05:07
88	109	PAULO SILVA	C.D.C. SÃO MARTINHO DA GÂNDARA	Veterano M45	01:48:19	+37:22	05:08
89	242	José Lopes	Gaia-Running	Veterano M45	01:48:26	+37:29	05:09
90	570	Francisco Gonçalves	Individual	Veterano M45	01:48:27	+37:29	05:09
91	555	Eduardo Benigno	Individual	Veterano M45	01:48:27	+37:29	05:09
92	118	AMÉRICO GOMES	CAL - Clube Atletismo de Lamas	Veterano M45	01:48:53	+37:55	05:10
93	981	Miguel Pinheiro	Individual	Veterano M45	01:49:25	+38:27	05:11
94	627	Paulo António Tavares de Fontes	Individual	Veterano M45	01:49:58	+39:00	05:13
95	83	Renato Portela	AppyBook	Veterano M45	01:50:00	+39:02	05:13
96	632	paulo jose de sousa santos	Individual	Veterano M45	01:50:16	+39:18	05:14
97	662	Rui Pedrinho	Individual	Veterano M45	01:50:25	+39:27	05:14
98	683	Vitor Neto	Individual	Veterano M45	01:50:44	+39:46	05:15
99	893	Nuno Pinho	Powerrunteam	Veterano M45	01:50:55	+39:57	05:16
100	672	Sérgio Mota	Individual	Veterano M45	01:51:06	+40:08	05:16
101	675	Tiago Almeida	Individual	Veterano M45	01:51:12	+40:14	05:17
102	856	ANTÓNIO JOSÉ NUNES FREIRE	Oliveconta	Veterano M45	01:51:22	+40:24	05:17
103	831	JORGE LAGAREIRO	MC	Veterano M45	01:51:42	+40:44	05:18
104	119	BELMIRO LOPES	CAL - Clube Atletismo de Lamas	Veterano M45	01:51:44	+40:46	05:18
105	542	Armando Almeida	Individual	Veterano M45	01:52:07	+41:10	05:19
106	656	Rui Gaspar	Individual	Veterano M45	01:52:10	+41:12	05:19
107	906	Artur Rodrigues	S S S	Veterano M45	01:52:16	+41:19	05:20
108	678	victor costa	Individual	Veterano M45	01:52:59	+42:01	05:22

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109	597	Jorge silva	Individual	Veterano M45	01:53:47	+42:49	05:24
110	668	Seca José	Individual	Veterano M45	01:53:52	+42:55	05:24
111	557	Elisio maia	Individual	Veterano M45	01:54:28	+43:30	05:26
112	590	João Paulino	Individual	Veterano M45	01:54:45	+43:48	05:27
113	926	DUARTE RELVAS	SOREMA	Veterano M45	01:54:54	+43:56	05:27
114	636	Paulo Sá	Individual	Veterano M45	01:55:01	+44:04	05:27
115	977	Eduardo Ferreira	Individual	Veterano M45	01:55:02	+44:04	05:28
116	901	José Mendes	Running Esmoriz	Veterano M45	01:55:12	+44:15	05:28
117	869	Marco Maia	Os lamechas	Veterano M45	01:55:35	+44:37	05:29
118	259	Nuno Vaz lopes	GDRC ALTO AVILHO	Veterano M45	01:56:50	+45:52	05:33
119	620	Nuno Dias	Individual	Veterano M45	01:57:04	+46:06	05:33
120	936	Jorge Sousa	Sporting Clube de Espinho / António Leitão	Veterano M45	01:57:22	+46:24	05:34
121	256	Renato Araújo	GDCR_FEIRA RUNNING	Veterano M45	01:59:06	+48:08	05:39
122	549	Carlos Maia	Individual	Veterano M45	01:59:59	+49:02	05:42
123	959	Jose Silva	Viriathvs Runners Viseu	Veterano M45	02:00:51	+49:53	05:44
124	865	Jorge Augusto Oliveira Guerra	Os Falta D´Ar	Veterano M45	02:01:28	+50:30	05:46
125	598	José Augusto campos Quintero	Individual	Veterano M45	02:01:29	+50:31	05:46
126	647	Porfirio Pereira	Individual	Veterano M45	02:02:08	+51:10	05:48
127	552	Dinis Martins	Individual	Veterano M45	02:03:40	+52:42	05:52
128	169	FERNANDO ROTHES	COMPANHIA BAZOFIAS	Veterano M45	02:03:45	+52:48	05:52
129	980	Antonio Albuquerque	Sporting clube de Espinho	Veterano M45	02:04:21	+53:23	05:54
130	199	Rui Ferreirinha	Ferreirinha	Veterano M45	02:05:33	+54:35	05:57
131	50	Jorge Francisco	Acaíl Gás, S.A.	Veterano M45	02:05:41	+54:43	05:58
132	796	Celso Camboa	Juventude Cortegacense	Veterano M45	02:06:49	+55:51	06:01
133	609	José Tavares	Individual	Veterano M45	02:06:55	+55:57	06:01
134	891	ISAC BENTA	PORTO Cycling Team	Veterano M45	02:07:34	+56:36	06:03
135	631	Paulo Jorge	Individual	Veterano M45	02:08:29	+57:31	06:06
136	864	Joaquim Sérgio Oliveira Guerra	Os Falta D´Ar	Veterano M45	02:09:20	+58:22	06:08
137	918	Paulo Jorge	Salgueiros Running	Veterano M45	02:09:29	+58:31	06:09
138	614	Miguel Neutel	Individual	Veterano M45	02:09:38	+58:41	06:09
139	610	Luís Monteiro	Individual	Veterano M45	02:10:20	+59:22	06:11
140	201	Joaquim de Sousa	Fit2Labor	Veterano M45	02:11:48	+01:00:50	06:15
141	593	Joaquim Encarnação	Individual	Veterano M45	02:12:29	+01:01:31	06:17
142	3	António Topa	Individual	Veterano M45	02:12:49	+01:01:51	06:18
143	804	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M45	02:13:02	+01:02:04	06:19
144	111	João Lourenço	C+ RUNNERS	Veterano M45	02:27:47	+01:16:49	07:00

Veterano M50

1	136	José Tavares	Caldas S. Jorge Sport Clube	Veterano M50	01:19:13	+08:16	03:46
2	727	Jorge Luz	GD São Paio de Oleiros	Veterano M50	01:24:13	+13:15	04:00
3	697	António Pinto	Individual	Veterano M50	01:26:25	+15:27	04:06
4	761	rogerio campos	Individual	Veterano M50	01:26:38	+15:40	04:07
5	807	Ernesto Marques Alves	juventude Cortegacense	Veterano M50	01:28:15	+17:17	04:11
6	154	Salvador Fardilha	Afis/Ovar	Veterano M50	01:28:47	+17:49	04:13

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7	726	Jorge Araújo--clube atletismo de ovar	Clube de Atletismo de Ovar	Veterano M50	01:30:39	+19:41	04:18
8	753	Paulo Martins	Individual	Veterano M50	01:31:09	+20:11	04:19
9	725	Joaquim Valente Ferreira	Individual	Veterano M50	01:32:04	+21:06	04:22
10	895	ANTÓNIO SILVA	RIPOLINS GRIJÓ A CORRER	Veterano M50	01:32:09	+21:11	04:22
11	904	Joaquim Lobato	Running Espinho	Veterano M50	01:32:28	+21:31	04:23
12	760	Rodrigo Costa	Individual	Veterano M50	01:32:57	+22:00	04:25
13	879	João Paulo Loureiro Ferreira	Paredes Aventura	Veterano M50	01:33:32	+22:34	04:26
14	137	Manuel Grilo	Caldas S. Jorge Sport Clube	Veterano M50	01:34:24	+23:26	04:29
15	705	David Silva	Individual	Veterano M50	01:34:42	+23:44	04:30
16	254	Manuel Silva	GAVIÕES	Veterano M50	01:34:42	+23:44	04:30
17	826	Paulo Azevedo	Lusitanos	Veterano M50	01:35:39	+24:41	04:32
18	92	SEBASTIÃO ALVES	ARCORUN	Veterano M50	01:36:04	+25:06	04:33
19	857	Mario joão pereira costa martins	os kágados	Veterano M50	01:36:46	+25:49	04:35
20	805	Celso Lino Oliveira Gomes	juventude Cortegacense	Veterano M50	01:37:06	+26:08	04:36
21	757	Pedro Ramos	Individual	Veterano M50	01:37:54	+26:56	04:39
22	729	Jorge Oliveira	Individual	Veterano M50	01:37:58	+27:00	04:39
23	41	Rui Silva	A D Rio Largo C Espinho	Veterano M50	01:38:41	+27:43	04:41
24	715	Francisco Branco	Individual	Veterano M50	01:39:26	+28:28	04:43
25	717	Frank Rogerson	Individual	Veterano M50	01:40:44	+29:46	04:47
26	138	Vitor Silva	Caldas S. Jorge Sport Clube	Veterano M50	01:41:40	+30:43	04:49
27	749	Orlando Ferreira	Individual	Veterano M50	01:41:44	+30:46	04:50
28	808	Manuel constantino silva	Juventude Cortegacense	Veterano M50	01:42:08	+31:10	04:51
29	733	José Nunes	Individual	Veterano M50	01:42:45	+31:47	04:52
30	710	FERNANDO BRANDÃO	Individual	Veterano M50	01:43:24	+32:26	04:54
31	970	Jorge Quaresma	Viseu 360	Veterano M50	01:43:36	+32:38	04:55
32	720	Ismael venancio silva bastos	Individual	Veterano M50	01:43:58	+33:00	04:56
33	25	Fernando Alfredo Areias Ribeiro 29	100meta	Veterano M50	01:44:06	+33:08	04:56
34	745	Marco Pinho	Individual	Veterano M50	01:44:40	+33:42	04:58
35	754	Paulo pereira	Individual	Veterano M50	01:45:00	+34:02	04:59
36	744	Marcelo	Individual	Veterano M50	01:45:46	+34:48	05:01
37	758	Pedro Vicente	Individual	Veterano M50	01:45:52	+34:54	05:01
38	759	Raul Macedo	Individual	Veterano M50	01:46:04	+35:06	05:02
39	738	Manuel Costa	Individual	Veterano M50	01:48:46	+37:49	05:10
40	740	manuel Santos Silva	Individual	Veterano M50	01:49:15	+38:17	05:11
41	942	José Silva	Sunset Runners	Veterano M50	01:49:33	+38:35	05:12
42	159	JORGE SANTOS	Clube Desportivo Feirense	Veterano M50	01:50:12	+39:14	05:14
43	732	JOSÉ FERREIRA	Individual	Veterano M50	01:50:27	+39:29	05:14
44	274	Joaquim Oliveira Pimenta Santos	HMC Sports	Veterano M50	01:51:00	+40:02	05:16
45	250	Luís Duarte	Gaia-Running	Veterano M50	01:51:28	+40:30	05:17
46	967	António Melo	VISEU 360	Veterano M50	01:51:32	+40:34	05:18
47	723	JOAQUIM SANTOS	Individual	Veterano M50	01:51:43	+40:46	05:18
48	746	Mario Costa Pereira	Individual	Veterano M50	01:52:06	+41:09	05:19
49	153	Pedro Leal	Clube de Atletismo de Ovar	Veterano M50	01:52:59	+42:02	05:22
50	17	Paulo Sérgio Pais	HMC Sports	Veterano M50	01:53:08	+42:11	05:22
51	709	Fernando Almeida	Individual	Veterano M50	01:54:10	+43:13	05:25
52	719	Hilário Costa	Individual	Veterano M50	01:54:36	+43:39	05:28

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Meia Maratona

21.079 KM

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OFFICIAL RESULT

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53	26	Rui Rocha	100meta	Veterano M50	01:56:01	+45:03	05:30
54	762	RUI CORREIA	Individual	Veterano M50	01:56:15	+45:17	05:31
55	219	Joaquim Silva	Fogaças Com Malapos	Veterano M50	01:56:24	+45:26	05:31
56	91	PEDRO MANUEL PEREIRA MELO	ARCORUN	Veterano M50	01:56:35	+45:37	05:32
57	68	Paulo Fernandes	Afis/Ovar	Veterano M50	01:57:39	+46:41	05:35
58	721	Joaquim Moreira	Individual	Veterano M50	01:59:02	+48:04	05:39
59	695	Antonio Medeiros	Individual	Veterano M50	01:59:09	+48:12	05:39
60	728	jorge mota	Individual	Veterano M50	01:59:17	+48:19	05:40
61	689	ADERTO VIDEIRA	Individual	Veterano M50	02:03:26	+52:28	05:51
62	65	Carlos Campos	Afis/Ovar	Veterano M50	02:03:48	+52:50	05:52
63	708	Fábio Alves Cruz	Individual	Veterano M50	02:05:24	+54:26	05:57
64	711	Fernando Jorge Beleza Moreira de Almeida	Individual	Veterano M50	02:06:19	+55:21	06:00
65	716	FRANCISCO NETO	Individual	Veterano M50	02:06:20	+55:22	06:00
66	734	José Oliveira	Individual	Veterano M50	02:09:37	+58:39	06:09
67	809	Paulo Castelo	Juventude Cortegacense	Veterano M50	02:10:31	+59:33	06:12
68	690	Adriano Oliveira	Individual	Veterano M50	02:10:41	+59:44	06:12
69	696	António Pereira	Individual	Veterano M50	02:11:10	+01:00:12	06:13
70	98	Ricardo Bastos	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	Veterano M50	02:34:10	+01:23:13	07:19
71	275	José Manuel Sacramento	HMC Sports	Veterano M50	02:35:12	+01:24:15	07:22

Veterano M55

1	772	José Reis	josé reis	Veterano M55	01:20:37	+09:39	03:50
2	694	Américo valente	serv .sociais c. m. ovar	Veterano M55	01:26:29	+15:32	04:06
3	155	Vitor Gonçalo	Clube de Atletismo de Ovar	Veterano M55	01:27:51	+16:53	04:10
4	735	José Silva	Individual	Veterano M55	01:28:07	+17:09	04:11
5	232	Carlos Fazendeiro	G.D.Ronda	Veterano M55	01:30:35	+19:37	04:18
6	851	Octavio Sousa	Nascidos para Correr	Veterano M55	01:33:07	+22:09	04:25
7	126	ANTÓNIO CASTRO	CAL - Clube Atletismo de Lamas	Veterano M55	01:33:33	+22:35	04:26
8	742	Manuel Sousa Cardoso	Individual	Veterano M55	01:35:23	+24:25	04:32
9	741	Manuel Silva	Individual	Veterano M55	01:35:37	+24:39	04:32
10	968	Francisco Aguiar	Viseu 360	Veterano M55	01:36:26	+25:28	04:35
11	184	José Lopes	Estrela Campo de Aviação F.C.	Veterano M55	01:36:31	+25:33	04:35
12	751	PAULO CESAR FERREIRA PINHO	Individual	Veterano M55	01:37:40	+26:42	04:38
13	52	Osório Pardal	ACD São João da Serra	Veterano M55	01:37:40	+26:42	04:38
14	700	Artur Lima	Individual	Veterano M55	01:38:55	+27:57	04:42
15	815	José Carlos Gomes	Ligeirinhos	Veterano M55	01:39:33	+28:35	04:43
16	135	João Pinto	Caldas S. Jorge Sport Clube	Veterano M55	01:40:00	+29:02	04:45
17	253	Justino Pereira	GAVIÕES	Veterano M55	01:42:19	+31:21	04:51
18	148	Alcides Sales	Cirac - Circulo de Recreio Arte e Cultura	Veterano M55	01:45:38	+34:40	05:01
19	806	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M55	01:46:06	+35:08	05:02
20	771	Domingos Silva	Jesus runners	Veterano M55	01:46:17	+35:20	05:03
21	66	Manuel Luis	Afis/Ovar	Veterano M55	01:47:31	+36:33	05:06
22	756	Pedro Oliveira Dias	Individual	Veterano M55	01:49:02	+38:04	05:10

Meia Maratona

21.079 KM

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OFFICIAL RESULT

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23	691	Alexandre Santana	Individual	Veterano M55	01:49:34	+38:36	05:12
24	183	António Morgado	Estrela Campo de Aviação F.C.	Veterano M55	01:50:21	+39:23	05:14
25	915	Bernardino Martins	SAI DA FRENTE	Veterano M55	01:50:24	+39:26	05:14
26	724	Joaquim Teixeira	Individual	Veterano M55	01:50:39	+39:41	05:15
27	763	Sebastião Ventura Couto	Individual	Veterano M55	01:56:09	+45:11	05:31
28	973	GERMANO SANTOS	MC	Veterano M55	02:00:09	+49:11	05:42
29	249	Helder Oliveira	Gaia-Running	Veterano M55	02:03:54	+52:56	05:53
30	845	Álvaro Silva	MSS Contabilidade Trail Team	Veterano M55	02:05:18	+54:20	05:57
31	737	Luis António Marques de Carvalho	Individual	Veterano M55	02:13:01	+01:02:04	06:19
32	957	Eduardo Gonçalves	US & OTHERS	Veterano M55	02:32:25	+01:21:27	07:14

Veterano M60

1	765	vitorino sousa cardoso	Individual	Veterano M60	01:26:51	+15:54	04:07
2	736	José Soares Correia	Individual	Veterano M60	01:30:31	+19:34	04:18
3	930	Carlos Fereira	Sportarc Running	Veterano M60	01:38:47	+27:50	04:41
4	231	Antonio Ferreira	G.D.Ronda	Veterano M60	01:42:56	+31:58	04:53
5	905	Ze Moutinho	RUNNING ESPINHO	Veterano M60	01:43:21	+32:23	04:54
6	149	Fernando Gonçalves	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	01:44:28	+33:30	04:57
7	150	Oscar Magolo	Cirac - Circulo de Recreio Arte e Cultura	Veterano M60	01:44:34	+33:36	04:58
8	67	Manuel Sousa	Afis/Ovar	Veterano M60	01:46:44	+35:46	05:04
9	969	Henrique Conceição	Viseu 360	Veterano M60	01:47:40	+36:42	05:07
10	161	Narciso Arromba	CluVe - Clube de Veteranos de Coimbra	Veterano M60	01:49:54	+38:56	05:13
11	858	José Moura Sousa	Os Barriguitas	Veterano M60	01:50:15	+39:18	05:14
12	823	ARMANDO OLIVEIRA	LOUSADA RUNNERS	Veterano M60	01:51:02	+40:04	05:16
13	127	JOAQUIM PAULINO	CAL - Clube Atletismo de Lamas	Veterano M60	01:55:56	+44:58	05:30
14	702	Carlos Alberto C. da Silva	Individual	Veterano M60	01:56:02	+45:04	05:30
15	248	Fernando Vieira	Gaia-Running	Veterano M60	01:56:21	+45:23	05:31
16	128	LUCIDIO DIAS	CAL - Clube Atletismo de Lamas	Veterano M60	01:58:17	+47:19	05:37
17	706	Dr.MANUELVIEIRA CARVALHO	Individual	Veterano M60	02:00:12	+49:14	05:42
18	712	FERNANDO MANUEL PIRES AFONSO	Individual	Veterano M60	02:01:36	+50:38	05:46
19	699	António Silva	Individual	Veterano M60	02:01:48	+50:50	05:47
20	144	António Brandão	CGD-Ovar	Veterano M60	02:03:42	+52:44	05:52
21	713	Fernando Mautempo	Individual	Veterano M60	02:05:59	+55:01	05:59
22	704	CASIMIRO FERNANDES	Individual	Veterano M60	02:07:58	+57:00	06:04
23	883	José Pires Lima	Pernas Inertes	Veterano M60	02:35:12	+01:24:14	07:22

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39	PISO 1 DO PALÁCIO	05:26:19 [322 + 402 + 523]	0
40	SPORTARC RUNNING	05:27:40 [224 + 490 + 578]	0
41	OS CANSADOS	05:39:29 [468 + 469 + 585]	0
42	COMDOR RUNNERS	05:50:05 [136 + 591 + 759]	0
43	COMPANHIA BAZOFIAS	06:03:14 [545 + 667 + 672]	0
44	SALGUEIROS RUNNING	06:07:14 [582 + 622 + 713]	0
45	ACAIL GÁS, S.A.	06:27:00 [683 + 684 + 753]	0
46	NASCIDOS PARA CORRER	06:44:24 [124 + 778 + 779]	0
47	C&M&C	06:58:31 [602 + 765 + 766]	0
48	CM FEIRA	07:33:40 [769 + 770 + 771]	0
49	LINDE	07:47:12 [780 + 783 + 784]	0