

Coloc.	Num.	Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
1	400	FESTUS LANGAT	QUENIA	35	M1939		1 M	01:05:04
2	144	RUI TEIXEIRA	AMARANTE	35	M1939		2 M	01:05:07
3	124	JOAO LOPES	VITORIA GU	38	M1939		3 M	01:06:04
4	112	VASCO AZEVEDO	BOAVISTA	35	M1939		4 M	01:06:15
5	211	AIRES SOUSA	ARD GEMEOS	35	M1939		5 M	01:08:00
6	51	MANUEL FERREIRA	JU FORNOS	35	M1939		6 M	01:08:08
7	43	JOSE CARVALHO	NA VILA RE	35	M1939		7 M	01:08:47
8	70	FERNANDO COUTO	INDIVIDUAL	45	M4549		1 M	01:09:20
9	170	GILBERTO FERNANDES	ACR FRADE	40	M4044		1 M	01:09:20
10	453	FRANCISCO LIMA	VITORIA GU	35	M1939		8 M	01:09:32
11	467	JORGE PINTO	JU FORNOS	35	M1939		9 M	01:10:12
12	497	BALTAZAR SOUSA	ACOREANA	36	M1939		10 M	01:10:25
13	50	JOSE SOUSA	FERMENTOES	40	M4044		2 M	01:10:30
14	45	ABILIO PEREIRA	FERMENTOES	35	M1939		11 M	01:10:41
15	41	LUIS ALVADIA	NA VILA RE	35	M1939		12 M	01:10:47
16	330	JOAO GOUVEIA	GDE TOTTA	40	M4044		3 M	01:11:01
17	151	VITOR BARBOSA	CASTELO PA	35	M1939		13 M	01:11:09
18	461	RICARDO CARVALHO	DESPORTIVO	34	M1939		14 M	01:11:25
19	470	JORGE CUNHA	GONDAR	39	M1939		15 M	01:12:08
20	148	NUNO AZEVEDO	CASTELO PA	35	M1939		16 M	01:12:13
21	475	CASIMIRO GALHARDO	AR ESTRELA	50	M5054		1 M	01:12:16
22	412	JOAQUIM MALVA	ASTROMIL	40	M4044		4 M	01:12:17
23	454	AUGUSTO PEREIRA	CCD CM GON	50	M5054		2 M	01:12:19
24	146	CARLOS SILVA	CASTELO PA	35	M1939		17 M	01:12:20
25	206	CARLOS PINTO	VALONGO VO	39	M1939		18 M	01:12:25
26	69	ANDRE RIBEIRO	ASTROMIL	35	M1939		19 M	01:12:26
27	465	VITOR GONçALO	DESPORTIVO	41	M4044		5 M	01:12:28
28	123	CARLOS CARAPETO	CCD O ALVI	40	M4044		6 M	01:12:33
29	227	ANTONIO OLIVEIRA	ATLETICO A	40	M4044		7 M	01:12:38
30	135	PEDRO SOARES	AVINTES	45	M4549		2 M	01:12:53
31	52	ALEXANDRE SANTOS	JU FORNOS	35	M1939		20 M	01:13:01
32	184	VITOR BARBOSA	JOVENS BRAN	35	M1939		21 M	01:13:26
33	168	CARMO SOARES	GNR	45	M4549		3 M	01:13:56
34	189	MANUEL FERREIRA	JOVENS BRAN	40	M4044		8 M	01:13:57
35	207	ADAO SILVA	FC PENAFIEL	40	M4044		9 M	01:14:01
36	204	PEDRO COSTA	GONDAR	35	M1939		22 M	01:14:09
37	71	FRANCISCO NOVAIS	CYCLONES	41	M4044		10 M	01:14:18
38	27	CARLOS OLIVEIRA	FUNDO DA VI	50	M5054		3 M	01:14:25
39	492	JOSE MANSO	MESA DE VAL	33	M1939		23 M	01:14:25
40	150	ANTONIO TEIXEIRA	CASTELO PAI	35	M1939		24 M	01:14:28
41	238	JOAO AMORIM	C VERMELHA	35	M1939		25 M	01:14:30
42	100	PAULO JESUS	ESTRELA BON	35	M1939		26 M	01:14:37
43	185	ROGERIO BESSA	JOVENS BRAN	35	M1939		27 M	01:14:43
44	67	NUNO ALVES	PAREDES ROT	35	M1939		28 M	01:14:47
45	334	JOAO TEIXEIRA	GDE TOTTA	40	M4044		11 M	01:14:55
46	355	EDMUNDO ALVES	CCR ALTO MO	40	M4044		12 M	01:14:55
47	68	BASILIO SOUSA	PAREDES ROT	35	M1939		29 M	01:14:56
48	413	JOAO CAVADOS	ASTROMIL	35	M1939		30 M	01:14:59
49	458	FATIMA CABRAL	INDIVIDUAL	30	F1934		1 F	01:15:33
50	484	JOAQUIM RAMOS	INDIVIDUAL	40	M4044		13 M	01:15:33
51	230	MARIO CONTRERAS	ATLETICO AL	35	M1939		31 M	01:15:35
52	486	FERREIRA COSTA	INDIVIDUAL	34	M1939		32 M	01:15:37
53	2	FATIMA SILVA	CD POVOA	30	F1934		2 F	01:15:45
54	310	MANUEL COSTA	TAIPAS	40	M4044		14 M	01:15:45
55	446	DAVID FERNANDES	CCR ALTO MO	31	M1939		33 M	01:15:49
56	186	LUIS MAGALHAES	JOVENS BRAN	35	M1939		34 M	01:15:57
57	356	MARIO GUERREIRO	CCR ALTO MO	40	M4044		15 M	01:15:59
58	48	ANGELO FREITAS	FERMENTOES	40	M4044		16 M	01:16:12
59	102	PRUDENCIO PEREIRA	ESTRELA BON	45	M4549		4 M	01:16:35
60	463	ANTONIO SA	DESPORTIVO	52	M5054		4 M	01:16:37
61	118	DAVID FERNANDES	ASSEMPARK	45	M4549		5 M	01:16:40
62	140	DOMINGOS SANTOS	AVINTES	35	M1939		35 M	01:16:42
63	479	BRUNO TAVARES	NA VILA REA	35	M1939		36 M	01:16:53
64	56	CARLOS RIBEIRO	ARGO ESPOSE	35	M1939		37 M	01:16:56

Coloc.	Num.	Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
65	24	JOSE SA	FUNDO DA VI	35	M1939		38 M	01:16:58
66	95	MARIO RIBEIRO	ARCOS VALDE	35	M1939		39 M	01:16:58
67	86	TOZE AMORIM	CALDAS SAO	35	M1939		40 M	01:17:03
68	469	MANUEL DOURADO	AR ESTRELA	49	M4549		6 M	01:17:12
69	452	ANTONIO ROCHA	GONDOMARENS	46	M4549		7 M	01:17:19
70	191	RUI OLIVEIRA	JOVENS BRAN	40	M4044		17 M	01:17:24
71	495	MODESTO SANTIAGO	MESA DE VAL	31	M1939		41 M	01:17:24
72	193	FRANCISCO SOARES	JOVENS BRAN	45	M4549		8 M	01:17:33
73	153	JOAQUIM BARBOSA	CASTELO PAI	35	M1939		42 M	01:17:40
74	493	JULIO DE PAZ	MESA DE VAL	39	M1939		43 M	01:17:42
75	409	CARLOS SILVA	ASTROMIL	35	M1939		44 M	01:17:47
76	117	AUGUSTO COSTA	ASSEMPARK	45	M4549		9 M	01:17:49
77	460	RICARDO TEIXEIRA	DESPORTIVO	21	M1939		45 M	01:17:51
78	205	ADAO REIS	DESPORTIVO	55	M5559		1 M	01:17:54
79	464	ANTONIO BRANCO	DESPORTIVO	51	M5054		5 M	01:17:55
80	196	ANTONIO SILVA	GONDAR	50	M5054		6 M	01:18:08
81	421	PAULO MACHADO	C AMADOR MI	37	M1939		46 M	01:18:11
82	81	ORLANDO VALENTE	CALDAS SAO	38	M1939		47 M	01:18:13
83	223	CARLOS FERREIRA	AVINTES	40	M4044		18 M	01:18:15
84	29	ANIBAL CORREIA	FUNDO DA VI	45	M4549		10 M	01:18:19
85	375	NORBERTO COSTA	OUTEIRO SEC	45	M4549		11 M	01:18:19
86	488	JULIO PEREIRA	NA MATOSINH	52	M5054		7 M	01:18:33
87	402	RAEL MORCUMEN	QUENIA	30	F1934		3 F	01:18:34
88	410	MANUEL OLIVEIRA	ASTROMIL	45	M4549		12 M	01:18:39
89	116	LUIS SIMOES	ASSEMPARK	40	M4044		19 M	01:18:41
90	426	ANTONIO FERREIRA	C AMADOR MI	52	M5054		8 M	01:18:45
91	237	JOSE COELHO	C VERMELHA	35	M1939		48 M	01:19:00
92	25	AGOSTINHO COSTA	FUNDO DA VI	45	M4549		13 M	01:19:23
93	152	RUI BARBOSA	CASTELO PAI	35	M1939		49 M	01:19:33
94	142	OSVALDO GONÇALVES	SOL POENTE	50	M5054		9 M	01:19:47
95	308	JOSE CAPELA	TAIPAS	40	M4044		20 M	01:19:47
96	171	ANTONIO DUARTE	ACR FRADE C	45	M4549		14 M	01:19:50
97	85	CARLOS VALENTE	CALDAS SAO	37	M1939		50 M	01:19:51
98	329	RUI MATOS	INDIVIDUAL	50	M5054		10 M	01:19:53
99	90	CARLOS RIBEIRO	CALDAS SAO	40	M4044		21 M	01:19:55
100	459	HELDER REIS	DESPORTIVO	20	M1939		51 M	01:19:59
101	474	AURELIANA EDMUNDO	ADR PASTELE	30	F1934		4 F	01:20:00
102	10	AMERICO PINHO	KAGADOS	32	M1939		52 M	01:20:02
103	197	ABILIO SILVA	GONDAR	50	M5054		11 M	01:20:10
104	333	PAULO PEREIRA	GDE TOTTA	35	M1939		53 M	01:20:10
105	187	FILIPE MARQUES	JOVENS BRAN	35	M1939		54 M	01:20:12
106	203	FERNANDO ANTUNES	GONDAR	45	M4549		15 M	01:20:20
107	284	PAULO RODRIGUES	FIAES	35	M1939		55 M	01:20:27
108	190	EUSEBIO LOPES	JOVENS BRAN	40	M4044		22 M	01:20:33
109	40	JORGE FERNANDES	NA VILA REA	35	M1939		56 M	01:20:34
110	357	NORBERTO AGOSTINHO	CCR ALTO MO	40	M4044		23 M	01:20:42
111	289	ANTONIO ROCHA	GONDOMAR	45	M4549		16 M	01:20:56
112	31	MANUEL SILVA	FUNDO DA VI	40	M4044		24 M	01:20:57
113	281	ABILIO SOUSA	BCP	50	M5054		12 M	01:21:04
114	83	FERNANDO OLIVEIRA	CALDAS SAO	27	M1939		57 M	01:21:05
115	57	DAVID MARQUES	ARGO ESPOSE	40	M4044		25 M	01:21:07
116	309	GUILHERME ROMANO	TAIPAS	40	M4044		26 M	01:21:07
117	352	ANTONIO AMIEIRO	CCR ALTO MO	35	M1939		58 M	01:21:18
118	263	JOSE ELVAS	HABITOVAR	55	M5559		2 M	01:21:21
119	137	JORGE LAPA	AVINTES	35	M1939		59 M	01:21:22
120	99	PAULO ABREU	ESTRELA BON	35	M1939		60 M	01:21:34
121	399	FERNANDO RAMOS	CINFAES	38	M1939		61 M	01:21:39
122	420	TELMO MORAIS	C AMADOR MI	26	M1939		62 M	01:21:42
123	293	AMANDIO SOARES	VETERANOS S	50	M5054		13 M	01:21:43
124	89	ANGELO SILVA	CALDAS SAO	40	M4044		27 M	01:21:47
125	84	NELSON MARQUES	AR ESTRELA	26	M1939		63 M	01:22:00
126	1	LUCINDA MOREIAS	NA MATOSINH	30	F1934		5 F	01:22:03
127	270	JOAO VALENTE	NCL PERAFIT	40	M4044		28 M	01:22:03
128	272	JOSE RODRIGUES	NCL PERAFIT	45	M4549		17 M	01:22:04

Coloc.	Num.	Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
129	322	LURDES MONTEIRO	NA MATOSINH	30	F1934		6 F	01:22:04
130	114	PEDRO TEIXEIRA	VILA BOA BI	35	M1939		64 M	01:22:07
131	194	MANUEL AMARAL	JOVENS BRAN	50	M5054		14 M	01:22:07
132	306	MANUEL MOTA	TAIPAS	35	M1939		65 M	01:22:12
133	362	ANTONIO PEREIRA	CCR ALTO MO	50	M5054		15 M	01:22:16
134	113	JOSE TAVARES	AVANCA	50	M5054		16 M	01:22:18
135	249	MANUEL FERNANDO	ROMPE SOLAS	40	M4044		29 M	01:22:27
136	361	JOAO BATISTA	CCR ALTO MO	45	M4549		18 M	01:22:29
137	236	ABILIO MARQUES	C BENFICA P	45	M4549		19 M	01:22:30
138	303	PEDRO MARQUES	INDIVIDUAL	35	M1939		66 M	01:22:31
139	229	AUGUSTO PEREIRA	ATLETICO AL	35	M1939		67 M	01:22:33
140	136	FRANCISCO MESQUITA	AVINTES	40	M4044		30 M	01:22:34
141	139	RUI SILVA	CA AVINTES	35	M1939		68 M	01:22:37
142	228	ANTONIO PEREIRA	ATLETICO AL	35	M1939		69 M	01:22:40
143	239	ANTONIO MARTINS	C VERMELHA	35	M1939		70 M	01:22:41
144	466	FERNANDO ROCHA	INDIVIDUAL	45	M4549		20 M	01:22:41
145	427	LUIS AMORIM	C AMADOR MI	35	M1939		71 M	01:22:42
146	462	ARTUR PIRES	DESPORTIVO	48	M4549		21 M	01:22:45
147	58	ANTONIO FARIA	ARGO ESPOSE	50	M5054		17 M	01:22:49
148	141	PAULO ALMEIDA	AVINTES	35	M1939		72 M	01:22:53
149	200	MANUEL SILVA	GONDAR	50	M5054		18 M	01:22:56
150	213	EUNICE TAVARES	ESTARREJA	30	F1934		7 F	01:22:56
151	285	LEONARDO RODRIGUES	FIAES	50	M5054		19 M	01:23:00
152	19	JOSE FERREIRA	ASTROMIL	45	M4549		22 M	01:23:09
153	154	ROSA MADUREIRA	CASTELO PAI	30	F1934		8 F	01:23:11
154	226	JOSE MAIA	ATLETICO AL	50	M5054		20 M	01:23:17
155	434	EMANUEL DIAS	GINASIO C B	42	M4044		31 M	01:23:19
156	224	LUIS FERNANDES	ATLETICO AL	50	M5054		21 M	01:23:22
157	429	MANUEL PALMEIRO	GINASIO C B	41	M4044		32 M	01:23:23
158	30	RUI NOGUEIRA	FUNDO DA VI	40	M4044		33 M	01:23:26
159	36	JOSE HELENO	NA VILA REA	45	M4549		23 M	01:23:27
160	406	MANUEL OSORIO	ZAMORA	40	M4044		34 M	01:23:29
161	49	LUIS FRAGA	NA VILA REA	27	M1939		73 M	01:23:35
162	428	ZE AMORIM	C AMADOR MI	35	M1939		74 M	01:23:36
163	225	JOSE MAGALHAES	ATLETICO AL	50	M5054		22 M	01:23:37
164	119	JOAQUIM ALMEIDA	ASSEMPARK	55	M5559		3 M	01:23:38
165	473	NATALIA PINHO	ADR PASTELE	30	F1934		9 F	01:23:39
166	192	CARLOS MACHADO	JOVENS BRAN	45	M4549		24 M	01:23:40
167	305	JOAO FONTAO	TAIPAS	35	M1939		75 M	01:23:45
168	74	JOSE GARCIA	V SALAMANCA	46	M4549		25 M	01:23:52
169	332	MANUEL SILVA	GDE TOTTA	45	M4549		26 M	01:23:52
170	54	FERNANDO SANTOS	INDIVIDUAL	41	M4044		35 M	01:23:53
171	94	LUIS LOUREIRO	ARCOS VALDE	35	M1939		76 M	01:24:03
172	155	MANUEL VIEIRA	CASTELO PAI	50	M5054		23 M	01:24:13
173	198	JOSE CUNHA	GONDAR	50	M5054		24 M	01:24:17
174	195	JOANA NUNES	JOVENS BRAN	30	F1934		10 F	01:24:22
175	294	MARQUES VIEIRA	VETERANOS S	50	M5054		25 M	01:24:23
176	311	JOAO SILVA	TAIPAS	40	M4044		36 M	01:24:26
177	487	ANGELO PEREIRA	NA MATOSINH	43	M4044		37 M	01:24:34
178	404	JOSE CALLEJA	ZAMORA	35	M1939		77 M	01:24:38
179	34	ALFREDO FERNANDES	NA VILA REA	60	M6099		1 M	01:24:47
180	188	JOSE VEIGA	JOVENS BRAN	35	M1939		78 M	01:24:48
181	411	MANUEL SILVA	ASTROMIL	40	M4044		38 M	01:24:51
182	274	ANTONIO RODRIGUES	NCL PERAFIT	40	M4044		39 M	01:24:54
183	55	AURELIO MARQUES	ARGO ESPOSE	40	M4044		40 M	01:24:58
184	157	ANTONIO SILVA	CASTELO PAI	45	M4549		27 M	01:24:59
185	359	JOAO FAZENDA	CCR ALTO MO	45	M4549		28 M	01:25:00
186	363	JOAO ENCARNAÇÃO	CCR ALTO MO	55	M5559		4 M	01:25:02
187	22	MANUEL OLIVEIRA	KAGADOS	52	M5054		26 M	01:25:05
188	360	JOSE DIONISIO	CCR ALTO MO	45	M4549		29 M	01:25:06
189	373	JOSE MARIO	OUTEIRO SEC	50	M5054		27 M	01:25:09
190	435	ABRAAO VEIGA	C AMADOR MI	50	M5054		28 M	01:25:10
191	183	AMILCAR PEREIRA	JOVENS BRAN	35	M1939		79 M	01:25:15
192	127	ANTONIO TEIXEIRA	CTT PORTO	35	M1939		80 M	01:25:20

Coloc.	Num. Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
193	35 DOMINGOS RIBEIRO	NA VILA REA	55	M5559		5 M	01:25:32
194	180 ANACLETO MARTINHO	MISERICORDI	45	M4549		30 M	01:25:40
195	104 AUGUSTO DOURADO	ESTRELA BON	50	M5054		29 M	01:25:43
196	53 ANTONIO OLIVEIRA	INDIVIDUAL	52	M5054		30 M	01:25:44
197	491 SERAFIN FRALLE	MESA DE VAL	59	M5559		6 M	01:25:54
198	369 JOAO SOARES	RIBEIRINHOS	61	M6099		2 M	01:25:57
199	251 JULIO SANTOS	ROMPE SOLAS	40	M4044		41 M	01:26:19
200	208 JOSE GOMES	FC PENAFIEL	40	M4044		42 M	01:26:31
201	37 EDGAR VALENTE	NA VILA REA	45	M4549		31 M	01:26:34
202	38 LUIS FONTINHA	NA VILA REA	40	M4044		43 M	01:26:35
203	424 OCTAVIO AFONSO	C AMADOR MI	45	M4549		32 M	01:26:39
204	80 ANTONIO COSTA	INDIVIDUAL	40	M4044		44 M	01:26:50
205	496 HERMINIO QUINA	MESA DE VAL	48	M4549		33 M	01:26:53
206	28 EDUARDO RESENDE	FUNDO DA VI	50	M5054		31 M	01:27:00
207	448 FRANCISCO FERNANDES	CCR ALTO MO	62	M6099		3 M	01:27:10
208	98 JOSE SOUSA	CF OS AVISE	35	M1939		81 M	01:27:22
209	286 LUIS RUA	FIAES	45	M4549		34 M	01:27:25
210	18 ANTONIO CASIMIRO	FUNDO DA VI	50	M5054		32 M	01:27:35
211	199 ABILIO ABREU	GONDAR	50	M5054		33 M	01:27:36
212	78 MANUEL LUIS	FABRICIO PE	40	M4044		45 M	01:27:37
213	101 JOAQUIM FANGUEIRO	ESTRELA BON	35	M1939		82 M	01:27:38
214	201 JOSE VAZ	GONDAR	50	M5054		34 M	01:27:40
215	494 DOMINGO CASTANO	MESA DE VAL	44	M4044		46 M	01:27:41
216	430 JOAO DO O	C AMADOR MI	35	M1939		83 M	01:27:43
217	32 MANUEL ZOLA	FUNDO DA VI	45	M4549		35 M	01:27:44
218	331 PROFIRIO SARAIVA	GDE TOTTA	45	M4549		36 M	01:28:17
219	165 RAUL ROSA	ERMESINDE	40	M4044		47 M	01:28:41
220	143 ABEL COSTA	BPN FELGUEI	45	M4549		37 M	01:28:47
221	231 AURELIO COSTA	ATLETICO AL	35	M1939		84 M	01:28:50
222	244 NUNO COELHO	INDIVIDUAL	35	M1939		85 M	01:28:54
223	338 ANTONIO CRUZ	GDE TOTTA	55	M5559		7 M	01:29:02
224	468 DIAMANTINO COELHO	ARCOS VALDE	55	M5559		8 M	01:29:05
225	91 ABEL SANTOS	CALDAS SAO	58	M5559		9 M	01:29:11
226	478 PEDRO CRISTOVAO	NA VILA REA	35	M1939		86 M	01:29:13
227	173 JOSE INACIO	NCL PERAFIT	55	M5559		10 M	01:29:18
228	245 LIDIA PEREIRA	RIBEIRINHOS	35	F3599		1 F	01:29:19
229	304 JORGE VILELA	N VILA REAL	35	M1939		87 M	01:29:24
230	138 DOMINGOS PINTO	AVINTES	45	M4549		38 M	01:29:42
231	431 LUIS RIBEIRO	C AMADOR MI	42	M4044		48 M	01:29:59
232	312 EUGENIO RODRIGUES	TAIPAS	45	M4549		39 M	01:30:00
233	499 BENJAMIM PINHO	AR ESTRELA	62	M6099		4 M	01:30:08
234	255 ANTONIO FRANCO	ROMPE SOLAS	50	M5054		35 M	01:30:10
235	450 JOSE SANTOS	CA PATAMEIR	55	M5559		11 M	01:30:22
236	26 MANUEL SOUSA	FUNDO DA VI	45	M4549		40 M	01:30:24
237	483 RUI SOBAL	INDIVIDUAL	33	M1939		88 M	01:30:25
238	42 NELSON GOMES	NA VILA REA	35	M1939		89 M	01:30:29
239	418 CARLOS FREITAS	ATLETICO SA	55	M5559		12 M	01:30:33
240	61 JOAO COSTA	ARGO ESPOSE	62	M6099		5 M	01:30:34
241	73 JUAN PRIETO	V SALAMANCA	40	M4044		49 M	01:30:38
242	292 BERNARDINO MACHADO	VETERANOS S	55	M5559		13 M	01:30:47
243	167 JOAQUIM FERNANDO	ERMESINDE	55	M5559		14 M	01:30:56
244	318 JOSE FERREIRA	ACADENICO V	45	M4549		41 M	01:31:06
245	145 SIMAO COSTA	AMARANTE	35	M1939		90 M	01:31:09
246	88 FERNANDO REIS	AR ESTRELA	40	M4044		50 M	01:31:24
247	21 MANUEL ROCHA	KAGADOS	57	M5559		15 M	01:31:27
248	93 ELISA RODRIGUES	INDIVIDUAL	39	F3599		2 F	01:31:33
249	291 JOSE BRAGADA	INDIVIDUAL	40	M4044		51 M	01:31:38
250	287 LUIS CASAS	FIAES	40	M4044		52 M	01:31:39
251	209 HENRIQUE SILVA	FC PENAFIEL	50	M5054		36 M	01:31:59
252	267 ADAO MARCOS	FLAVIENSE	40	M4044		53 M	01:31:59
253	161 CARLOS SANTOS	INDIVIDUAL	50	M5054		37 M	01:32:32
254	307 JORGE ARAUJO	TAIPAS	35	M1939		91 M	01:32:38
255	97 ALBERTO VINAGRE	VSV MOLDES	40	M4044		54 M	01:32:39
256	62 MARIO VALE	ARGO ESPOSE	55	M5559		16 M	01:32:54

Coloc.	Num.	Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
257	321	ANTONIO LIMA	VIGOROSA	45	M4549		42 M	01:33:03
258	5	LUIS CRUZ	TUBAROES ES	40	M4044		55 M	01:33:08
259	179	ADERITO TEIXEIRA	CREDITO PRE	60	M6099		6 M	01:33:18
260	131	ANSELMO PEREIRA	VETERANOS G	62	M6099		7 M	01:33:22
261	164	JOSE CARVALHO	NUCLEO DODY	40	M4044		56 M	01:33:23
262	260	JOSE OUVIDOR	ROMPE SOLAS	35	M1939		92 M	01:33:31
263	9	JOSE FALXAO	TUBAROES ES	50	M5054		38 M	01:33:40
264	432	BRUNO RIBEIRO	C AMADOR MI	27	M1939		93 M	01:33:49
265	276	FERNANDO RODRIGUES	NCL PERAFIT	50	M5054		39 M	01:33:53
266	169	SANDRA ISABELINHO	ACR FRADE C	35	F3599		3 F	01:34:14
267	172	JOSE SILVA	ACR FRADE C	50	M5054		40 M	01:34:14
268	436	ARTUR CUNHA	C AMADOR MI	45	M4549		43 M	01:34:27
269	354	PEDRO SANTOS	CCR ALTO MO	40	M4044		57 M	01:34:29
270	447	AMERICO SANTOS	CCR ALTO MO	48	M4549		44 M	01:34:30
271	254	ARMINDO RODRIGUES	ROMPE SOLAS	45	M4549		45 M	01:34:32
272	159	MIGUEL PINHEIRO	INDIVIDUAL	35	M1939		94 M	01:34:35
273	59	ANTONIO LOPES	ARGO ESPOSE	50	M5054		41 M	01:34:40
274	269	JULIO TASCA	NCL PERAFIT	45	M4549		46 M	01:35:04
275	262	JOSE PATUSCO	ROMPE SOLAS	60	M6099		8 M	01:35:08
276	130	HELENA FERREIRA	CTT PORTO	35	F3599		4 F	01:35:09
277	374	CARLOS PEREIRA	OUTEIRO SEC	45	M4549		47 M	01:35:15
278	247	VITOR BARROS	ROMPE SOLAS	40	M4044		58 M	01:35:17
279	341	DINIS SOUSA	GDE TOTTA	60	M6099		9 M	01:35:39
280	414	JOAQUIM LEAL	ASTROMIL	40	M4044		59 M	01:35:43
281	335	FERNANDO CARDOSO	GDE TOTTA	55	M5559		17 M	01:36:09
282	17	JOSE NOGUEIRA	KAGADOS	41	M4044		60 M	01:36:15
283	178	ARMINDO TABORDA	CREDITO PRE	50	M5054		42 M	01:36:33
284	297	ARNALDO LOURENÇO	INDIVIDUAL	55	M5559		18 M	01:36:51
285	301	JOAQUIM AMIEIRO	INDIVIDUAL	55	M5559		19 M	01:37:02
286	481	FRANCISCO LOBO	INDIVIDUAL	43	M4044		61 M	01:37:03
287	214	MARIA MARQUES	ESTARREJA	35	F3599		5 F	01:37:05
288	181	CARLOS MARACHO	MISERICORDI	35	M1939		95 M	01:37:06
289	129	ALBERTO CASTRO	CTT PORTO	60	M6099		10 M	01:37:16
290	110	ANTONIO PAULO	ESTRELA BON	50	M5054		43 M	01:37:35
291	79	JOSE SILVA	FABRICIO PE	40	M4044		62 M	01:37:49
292	133	ISABEL MALDONADO	NRD IDOLOS	42	F3599		6 F	01:38:22
293	365	VICENTE GUERREIRO	CCR ALTO MO	55	M5559		20 M	01:38:25
294	111	APARICIO MARTINS	ESTRELA BON	60	M6099		11 M	01:38:30
295	283	PEDRO VALE	INDIVIDUAL	45	M4549		48 M	01:38:31
296	248	BENJAMIM FLORES	ROMPE SOLAS	50	M5054		44 M	01:38:37
297	490	ARMENIO FERREIRA	CTT PORTO	49	M4549		49 M	01:38:49
298	376	DOMINGOS DOMINGUES	OUTEIRO SEC	40	M4044		63 M	01:38:50
299	290	JOAQUIM MARGARIDO	AFIS OVAR	40	M4044		64 M	01:39:20
300	4	CARLOS SILVA	TUBAROES ES	55	M5559		21 M	01:39:25
301	8	ANTONIO FERREIRA	TUBAROES ES	45	M4549		50 M	01:39:25
302	242	LUIS COSTA	INDIVIDUAL	50	M5054		45 M	01:39:39
303	264	LUIS CHAVES	FLAVIENSE	35	M1939		96 M	01:39:41
304	266	JOSE ESTEVES	FLAVIENSE	45	M4549		51 M	01:39:48
305	438	JOSE FRANCISCO	C AMADOR MI	34	M1939		97 M	01:39:52
306	313	JOSE CRUZ	TAIPAS	50	M5054		46 M	01:40:00
307	437	ANTONIO MORESO	C AMADOR MI	40	M4044		65 M	01:40:05
308	233	MARILIA SOARES	ATLETICO AL	30	F1934		11 F	01:40:06
309	175	CELESTINO GARCIA	INDIVIDUAL	35	M1939		98 M	01:40:25
310	122	EUGENIA CARAPETO	CCD O ALVIT	35	F3599		7 F	01:40:29
311	253	CARLOS TEIXEIRA	ROMPE SOLAS	40	M4044		66 M	01:40:37
312	477	RUI CORTES	NA VILA REA	50	M5054		47 M	01:40:38
313	106	RUI BARBOSA	ESTRELA BON	35	M1939		99 M	01:40:58
314	316	JOAO NEVES	INDIVIDUAL	35	M1939		100 M	01:40:58
315	320	PATRICIA PINTO	CLARK C PAI	30	F1934		12 F	01:40:58
316	419	AUGUSTO CUNHA	ATLETICO SA	55	M5559		22 M	01:41:25
317	324	JOSE LEITZ	G SANTO TIR	45	M4549		52 M	01:41:49
318	325	JOAO SILVA	G SANTO TIR	45	M4549		53 M	01:41:49
319	326	EDUARDO MALHEIRO	G SANTO TIR	55	M5559		23 M	01:41:49
320	323	MIGUEL POLONIA	G SANTO TIR	45	M4549		54 M	01:41:50

Coloc.	Num.	Atleta	Clube	Id.	Fx.Et.	C.Esc.	Sx.	Tempo
321	327	ANTONIO GOMES	G SANTO TIR	35	M1939	101	M	01:41:50
322	158	PEDRO NECHO	INDIVIDUAL	35	M1939	102	M	01:41:55
323	47	JOAO CASTELA	INDIVIDUAL	35	M1939	103	M	01:42:01
324	72	JORGE PATATAS	DESPORTIVO	52	M5054	48	M	01:42:07
325	314	CARLOS SILVA	TAIPAS	55	M5559	24	M	01:42:31
326	319	ADELIA TAVARES	CLARK C PAI	35	F3599	8	F	01:42:59
327	160	DOMINGOS SILVA	INDIVIDUAL	35	M1939	104	M	01:43:01
328	156	JOSE AZEVEDO	CASTELO PAI	55	M5559	25	M	01:43:07
329	174	CARLOS REIS	NCL PERAFIT	55	M5559	26	M	01:43:54
330	232	LUIS GIL	ATLETICO AL	35	M1939	105	M	01:43:57
331	425	HILARIO RAMOS	C AMADOR MI	31	M1939	106	M	01:43:57
332	417	CARLOS COSTA	ASTROMIL	45	M4549	55	M	01:44:16
333	340	SALVADOR AFONSO	GDE TOTTA	50	M5054	49	M	01:44:23
334	358	MANUEL VALVERDE	CCR ALTO MO	40	M4044	67	M	01:44:47
335	366	ISAURA PEREIRA	CCR ALTO MO	35	F3599	9	F	01:44:48
336	299	GONçALO MIRANDA	NEVES	45	M4549	56	M	01:44:49
337	300	ANTONIO GUERRA	NEVES	40	M4044	68	M	01:44:49
338	234	TORCATO COSTA	NEVES	48	M4549	57	M	01:44:55
339	391	MARIO	INDIVIDUAL	35	M1939	107	M	01:45:23
340	337	JOSE MARçAL	GDE TOTTA	45	M4549	58	M	01:45:40
341	20	MANUEL JOAQUIM	KAGADOS	52	M5054	50	M	01:45:41
342	423	JOAO VAZ	C AMADOR MI	41	M4044	69	M	01:45:45
343	439	LUIS ALVES	C AMADOR MI	48	M4549	59	M	01:46:06
344	13	BELMIRO AGUIAR	KAGADOS	61	M6099	12	M	01:46:08
345	240	EDUARDO XAVIER	C VERMELHA	35	M1939	108	M	01:46:16
346	241	JOSE PINTO	C VERMELHA	35	M1939	109	M	01:46:17
347	500	AUSPICIO FERNANDES	AR ESTRELA	63	M6099	13	M	01:46:46
348	115	ALBERTO MIRANDA	INDIVIDUAL	45	M4549	60	M	01:47:00
349	455	ALBINA SOUSA	ACOREANA	30	F1934	13	F	01:47:02
350	23	ARLINDO PINHEIRO	KAGADOS	60	M6099	14	M	01:47:15
351	261	CONSTANTINO VIEIRA	ROMPE SOLAS	45	M4549	61	M	01:47:46
352	259	MANUEL MAGALHAES	ROMPE SOLAS	55	M5559	27	M	01:47:47
353	288	JOSE SOUSA	GONDOMAR	55	M5559	28	M	01:47:52
354	336	HENRIQUE CARDOSO	GDE TOTTA	50	M5054	51	M	01:49:22
355	317	MANUEL EMIDIO	GONDOMAR	50	M5054	52	M	01:50:29
356	489	JOAQUIM PINHEIRO	PORTO RUNNE	43	M4044	70	M	01:53:02
357	202	MANUEL FERNANDES	AR ESTRELA	46	M4549	62	M	01:53:22
358	103	JOAQUIM JESUS	ESTRELA BON	50	M5054	53	M	01:53:42
359	449	ZSOLT PAP	INDIVIDUAL	42	M4044	71	M	01:54:30
360	6	LUIS DUARTE	TUBAROES ES	55	M5559	29	M	01:54:49
361	11	ANTONIO SILVA	KAGADOS	64	M6099	15	M	01:54:49
362	482	JOSE TENREIRO	INDIVIDUAL	43	M4044	72	M	01:54:51
363	15	ELISIO CAMPOS	KAGADOS	45	M4549	63	M	01:55:12
364	367	ELIZA CAETANO	CCR ALTO MO	35	F3599	10	F	01:57:08
365	256	ANTONIO SEABRA	ROMPE SOLAS	45	M4549	64	M	01:58:15
366	415	ADRIANO FERREIRA	ASTROMIL	40	M4044	73	M	01:58:15
367	416	MANUEL MENDES	ASTROMIL	40	M4044	74	M	01:58:16
368	368	PAULA MACHADO	CCR ALTO MO	35	F3599	11	F	01:59:43
369	296	EURICO CAETANO	INDIVIDUAL	40	M4044	75	M	02:00:45
370	353	ANTONIO CASTRO	CCR ALTO MO	35	M1939	110	M	02:01:45
371	364	MANUEL CLEMENTE	CCR ALTO MO	55	M5559	30	M	02:01:46
372	14	CRISTINA ALMEIDA	KAGADOS	33	F1934	14	F	02:05:58
373	315	ZULMIRO FAMILIAR	INDIVIDUAL	60	M6099	16	M	02:05:58
374	339	JOAO COSTA	GDE TOTTA	35	M1939	111	M	02:07:05
375	12	ADELAIDE COELHO	KAGADOS	39	F3599	12	F	02:20:00