



Resultados - Geral

Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	227	Sara Rei ♦♦	Oralklass - Amigos do Trail	SEN-F	01:13:27
2	204	Maria João Carvalho	Running Class Frederico Silva Personal Trainer	F-40	01:14:00
3	205	Elisabete Santos	Running Class Frederico Silva Personal Trainer	SEN-F	01:15:44
4	239	Eliste Coelho	Cross Team	SEN-F	01:49:33
5	244	Joana Pinto	Cross Team	SEN-F	01:49:35
6	224	Alexandra Anjos	Kangaroo Runners	F-40	02:15:05
7	223	Alice Anjos	Kangaroo Runners	SEN-F	02:15:10
DNF	248	Gisela da Silva Oliveira	Night Runners	SEN-F	00:00:00
DNF	206	Marlene Ferreira	Individual	SEN-F	00:00:00

DNF	226	Rosa Pereira	Oralklass - Amigos do Trail	SEN-F	00:00:00
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Posição	Dorsal	Nome	Clube	Escalão	Tempo
1	217	João Pedro Martins Espírito Santo	Offtel Runners	SEN-M	01:01:30
2	234	Nuno Caetano	Individual	SEN-M	01:01:40
3	231	João Marques	Oralklass - Amigos do Trail	M-40	01:02:41
4	218	José António Pereira	Individual	M-40	01:02:46
5	250	Paulo Silva	Indústrias Norte	M-40	01:03:32
6	233	Sélvio Miguel Alves ferreira	Individual	SEN-M	01:05:35
7	220	Rui Costa	Individual	SEN-M	01:09:51
8	214	Daniel Mota	Maia North Side Run	M-40	01:10:20
9	109	Mário Fialho	Individual	SEN-M	01:12:15
10	216	Manuel Santos Silva	Individual	M-40	01:13:15

11	93	Pedro Seixas	Oralklass - Amigos do Trail	SEN-M	01:13:29
12	235	Paulo Pereira	Bandeira Azul	SEN-M	01:13:41
13	251	Ricardo Campo	Individual	SEN-M	01:13:45
14	91	David Morais	Oralklass - Amigos do Trail	SEN-M	01:15:17
15	209	João Gonçalves	Individual	SEN-M	01:17:42
16	245	Henrique Gomes	Individual	M-50	01:18:30
17	213	Luís Costa	Arco Run	SEN-M	01:18:36
18	247	Miguel Teixeira	Outdouro	M-40	01:18:50
19	249	Nuno Vieira	Indústrias Norte	SEN-M	01:20:34
20	203	Carlos Silva	Running Class Frederico Silva Personal Trainer	M-50	01:20:38
21	219	Antero Cunha	Individual	M-40	01:21:10
22	222	Luís Almeida	Running	SEN-M	01:22:03
23	439	João Godinho	Run & Fun	M-40	01:25:44
24	210	Joel Marques	Fast ao KM	SEN-M	01:28:10
25	246	Aleixo Gomes	Individual	M-40	01:32:37
26	212	Abel Ribeiro Lopes Pinto	Individual	M-50	01:48:31
27	208	Resende	Individual	M-50	01:48:37

28	238	Ricardo Dias	Cross Team	SEN-M	01:49:38
29	242	João Alves	Cross Team	SEN-M	01:49:40
30	243	Hugo Silva	Cross Team	SEN-M	01:49:42
31	241	Carlos Araújo	Cross Team	SEN-M	01:49:45
32	240	Bruno Carvalho	Cross Team	SEN-M	01:49:48
33	237	Luciano Carvalho	Cross Team	SEN-M	01:49:50
34	225	Abílio Soares	Kangaroo Runners	M-50	01:56:09
DNF	230	Agostinho Sousa	Oralklass - Amigos do Trail	SEN-M	00:00:00
DNF	201	André Guedes	Individual	M-40	00:00:00
DNF	202	António Jorge Pereira Campelos	Hand Runners	M-40	00:00:00
DNF	215	Camilo Morais	Individual	SEN-M	00:00:00
DNF	211	Cândido Rocha	Fast ao KM	M-50	00:00:00
DNF	200	Carlos Manuel Fonseca	Individual	SEN-M	00:00:00
DNF	228	Jorge Barbosa	Oralklass - Amigos do Trail	SEN-M	00:00:00
DNF	207	Nuno José Rodrigues	Individual	SEN-M	00:00:00