

| Lugar | Escalão | Dorsal | Atleta                     | Sexo | País | Equipa                                          | Tempo    |
|-------|---------|--------|----------------------------|------|------|-------------------------------------------------|----------|
| 1     | M20 1   | 4      | Carlos Costa               | M    | PT   | C.D.S. Salvador Do Campo                        | 00:24:44 |
| 2     | M20 2   | 5      | Rui Muga                   | M    | PT   | Clube Académico De Mogadouro                    | 00:25:01 |
| 3     | M40 1   | 1      | Artur Rodrigues            | M    | PT   | G.D.C. Guilhovai                                | 00:25:03 |
| 4     | M35 1   | 27     | Rui Pedro Silva            | M    | PT   | S L Benfica                                     | 00:26:31 |
| 5     | M35 2   | 49     | Luís Ricardo Beato Pereira | M    | PT   | Casa Dos Trabalhadores - Águas Do Porto         | 00:26:37 |
| 6     | M35 3   | 1012   | Joao Seixas                | M    | PT   |                                                 | 00:28:29 |
| 7     | M45 1   | 72     | Baltazar Sousa             | M    | PT   | Boavista F.C.                                   | 00:28:49 |
| 8     | M40 2   | 649    | Alcino Silva               | M    | PT   | Clube Independentes De Atletismo De Alpendorada | 00:29:05 |
| 9     | F20 1   | 3      | Daniela Cunha              | F    | PT   | Sporting C P                                    | 00:29:26 |
| 10    | M35 4   | 1528   | Vitor Santos               | M    | PT   | Peraltafil Running                              | 00:29:27 |
| 11    | M35 5   | 1527   | Toze Castro                | M    | PT   | Peraltafil Running                              | 00:29:28 |
| 12    | M20 3   | 73     | Sérgio Silva               | M    | PT   | Boavista F.C.                                   | 00:29:30 |
| 13    | F20 2   | 14     | Silvana Dias               | F    | PT   | S L Benfica                                     | 00:29:34 |
| 14    | M20 4   | 15     | Nuno Costa                 | M    | PT   | U.D. Varzea                                     | 00:29:35 |
| 15    | F20 3   | 8      | Rute Simoes                | F    | PT   | Grecas                                          | 00:29:59 |
| 16    | M45 2   | 1548   | Francelino Resenden        | M    | PT   | N.A.C.                                          | 00:30:00 |
| 17    | M45 3   | 856    | Paulo Oliveira             | M    | PT   | S.C.Espinho                                     | 00:30:01 |
| 18    | M35 6   | 1530   | Helder Robalinho           | M    | PT   | Peraltafil Running                              | 00:30:07 |
| 19    | M20 5   | 579    | Lucas Tucker               | M    | PT   |                                                 | 00:30:08 |
| 20    | M35 7   | 1536   | Jose Almeida               | M    | PT   | Peraltafil Running                              | 00:30:11 |
| 21    | F20 4   | 7      | Patricia Oliveira          | F    | PT   | Grecas                                          | 00:30:17 |
| 22    | M20 6   | 720    | Henrique Pires             | M    | PT   |                                                 | 00:30:42 |
| 23    | M20 7   | 898    | Bruno Pacheco              | M    | PT   |                                                 | 00:30:55 |
| 24    | M35 8   | 801    | Filipe Ramos               | M    | PT   | Powerboost Club                                 | 00:30:57 |
| 25    | M35 9   | 1642   | Helder Barbosa             | M    | PT   | Boavista F.C.                                   | 00:31:22 |
| 26    | M40 3   | 534    | Diogo Serra                | M    | PT   |                                                 | 00:31:23 |
| 27    | M20 8   | 1646   | Marco Barbosa              | M    | PT   | Boavista F.C.                                   | 00:31:28 |
| 28    | M35 10  | 1538   | Claudio Costa              | M    | PT   | Peraltafil Running                              | 00:31:30 |
| 29    | M20 9   | 1639   | Hugo Ferreira              | M    | PT   | Boavista F.C.                                   | 00:31:33 |
| 30    | M40 4   | 750    | António Fernandes          | M    | PT   | Gdenvc                                          | 00:31:40 |
| 31    | M45 4   | 1167   | Julio Barros               | M    | PT   |                                                 | 00:31:44 |
| 32    | M35 11  | 1550   | Agostinho Figueiredo       | M    | PT   | Figueiredo's Runner's And Friends               | 00:31:45 |
| 33    | M20 10  | 1126   | Leandro Barros             | M    | PT   | Associação Académica De São Mamede              | 00:31:45 |
| 34    | M20 11  | 9      | Fernando Lemos             | M    | PT   | Grecas                                          | 00:31:46 |
| 35    | F20 5   | 11     | Vitoria Oliveira           | F    | PT   | Sporting C P                                    | 00:31:47 |
| 36    | M20 12  | 1523   | José Cardoso               | M    | PT   |                                                 | 00:31:48 |
| 37    | M35 12  | 1604   | Claudio Araujo             | M    | PT   | Charon                                          | 00:32:01 |
| 38    | F35 1   | 52     | Sandra Marisa Da Conceição | F    | PT   | Navy Team                                       | 00:32:07 |
| 39    | M35 13  | 513    | Miguel Lopes               | M    | PT   | Jm                                              | 00:32:09 |
| 40    | M40 5   | 1640   | Pedro Dias                 | M    | PT   | Boavista F.C.                                   | 00:32:12 |
| 41    | M20 13  | 533    | Ricardo Santos             | M    | PT   |                                                 | 00:32:18 |
| 42    | M50 1   | 2625   | Joaquim Monteiro           | M    | PT   | M.S.                                            | 00:32:32 |
| 43    | M45 5   | 2624   | Pedro Sanches              | M    | PT   | M.S.                                            | 00:32:32 |
| 44    | M40 6   | 1638   | Jorge Rocha                | M    | PT   | Boavista F.C.                                   | 00:32:40 |

| Lugar | Escalão | Dorsal | Atleta               | Sexo | País | Equipa                                          | Tempo    |
|-------|---------|--------|----------------------|------|------|-------------------------------------------------|----------|
| 45    | M35 14  | 1137   | Rui Reis             | M    | PT   | Hsantamariart                                   | 00:32:40 |
| 46    | M35 15  | 768    | Paulo Neves          | M    | PT   | Casa Dos Trabalhadores - Aguas Do Porto         | 00:32:44 |
| 47    | M50 2   | 53     | Jose Agostinho Matos | M    | PT   | Navy Team                                       | 00:32:50 |
| 48    | M20 14  | 1171   | Bruno Rodrigues      | M    | PT   |                                                 | 00:32:52 |
| 49    | M40 7   | 757    | Jorge Cabouco        | M    | PT   | Novélia Running Amarante                        | 00:33:14 |
| 50    | M20 15  | 592    | Jorge Goncalves      | M    | PT   | Acdsjs                                          | 00:33:17 |
| 51    | M20 16  | 1091   | Julio Torres         | M    | PT   |                                                 | 00:33:30 |
| 52    | M40 8   | 1579   | Salvador Silva       | M    | PT   | Clube Novo Banco                                | 00:33:31 |
| 53    | M20 17  | 1040   | Bruno Alen           | M    | PT   |                                                 | 00:33:33 |
| 54    | M40 9   | 742    | João Silva           | M    | PT   |                                                 | 00:33:42 |
| 55    | M20 18  | 613    | Ricardo Parada       | M    | PT   | Individual                                      | 00:34:00 |
| 56    | M40 10  | 944    | Rui Teixeira         | M    | PT   | Liberty Seguros - Liberty Seguros -             | 00:34:03 |
| 57    | M20 19  | 1645   | Luis Neves           | M    | PT   | Boavista F.C.                                   | 00:34:05 |
| 58    | M50 3   | 1564   | Jose Adriano Castro  | M    | PT   | Clube Novo Banco                                | 00:34:07 |
| 59    | M20 20  | 687    | Samuel Queirós       | M    | PT   |                                                 | 00:34:15 |
| 60    | F20 6   | 10     | Nadia Cancela        | F    | PT   | Juventude Vidigalense                           | 00:34:16 |
| 61    | M20 21  | 682    | João Leite           | M    | PT   |                                                 | 00:34:21 |
| 62    | M20 22  | 1522   | Tiago Ferreira       | M    | PT   |                                                 | 00:34:21 |
| 63    | M20 23  | 756    | Paulo Maia           | M    | PT   |                                                 | 00:34:25 |
| 64    | F50 1   | 911    | Carolina Silva       | F    | PT   | Figueiredo'S Runner'S And Friends               | 00:34:25 |
| 65    | F20 7   | 1549   | Andreia Cunha        | F    | PT   | Figueiredo's Runner's And Friends               | 00:34:25 |
| 66    | M40 11  | 1109   | Pedro Carneiro       | M    | PT   | Unicer - Unicer -                               | 00:34:26 |
| 67    | M20 24  | 812    | Fernando Silva       | M    | PT   |                                                 | 00:34:28 |
| 68    | M50 4   | 912    | Fernando Figueiredo  | M    | PT   | Figueiredo'S Runner'S And Friends               | 00:34:30 |
| 69    | M50 5   | 995    | António Carvalho     | M    | PT   |                                                 | 00:34:32 |
| 70    | M45 6   | 939    | Carlos Oliveira      | M    | PT   | Fitness Run Club Braga                          | 00:34:46 |
| 71    | M20 25  | 703    | Gilson Tavares       | M    | CV   |                                                 | 00:34:47 |
| 72    | F20 8   | 74     | Carla Faria          | F    | PT   | Boavista F.C.                                   | 00:34:48 |
| 73    | M45 7   | 1641   | Luis Araujo          | M    | PT   | Boavista F.C.                                   | 00:34:48 |
| 74    | M20 26  | 823    | Pedro Freitas        | M    | PT   | R10k-Runners Team                               | 00:34:50 |
| 75    | M20 27  | 603    | Bruno Carvalho       | M    | PT   |                                                 | 00:34:50 |
| 76    | M17 1   | 650    | José Dias            | M    | PT   | Clube Independentes De Atletismo De Alpendorada | 00:34:59 |
| 77    | M35 16  | 916    | Frederico Máximo     | M    | PT   | Powerboost                                      | 00:35:05 |
| 78    | M35 17  | 1682   | David Campos         | M    | PT   | Soc. Com. C. Santos                             | 00:35:05 |
| 79    | M35 18  | 1542   | Domingos Gomes       | M    | PT   | Peraltafil Running                              | 00:35:08 |
| 80    | M20 28  | 830    | David Soares         | M    | PT   |                                                 | 00:35:19 |
| 81    | M40 12  | 61     | Vitor Santos         | M    | PT   | Charon                                          | 00:35:19 |
| 82    | M60 1   | 2568   | Raul Alves           | M    | PT   |                                                 | 00:35:24 |
| 83    | F55 1   | 2569   | Maria Irene Alves    | F    | PT   |                                                 | 00:35:24 |
| 84    | M40 13  | 839    | Jorge Amadeu Sousa   | M    | PT   | Individual                                      | 00:35:29 |
| 85    | M40 14  | 753    | Samuel Gomes         | M    | PT   | Gdenvc                                          | 00:35:32 |
| 86    | M40 15  | 1266   | Antonio Borges       | M    | PT   |                                                 | 00:35:34 |
| 87    | M45 8   | 778    | Mário Gomes          | M    | PT   |                                                 | 00:35:40 |
| 88    | M20 29  | 13     | Hugo Jesus           | M    | PT   |                                                 | 00:35:48 |

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|-------|---------|--------|---------------------------------|------|------|------------------------------------------------------|----------|
| 89    | M20 30  | 846    | Bruno Silva                     | M    | PT   |                                                      | 00:35:48 |
| 90    | M35 19  | 677    | Tiago Da Silva Montalvão Coelho | M    | PT   |                                                      | 00:35:51 |
| 91    | M50 6   | 1276   | Angelo Ramalho                  | M    | PT   |                                                      | 00:35:51 |
| 92    | M40 16  | 1165   | Luis Amaral                     | M    | PT   | Run Ria Saude Team                                   | 00:36:01 |
| 93    | M35 20  | 50     | Luis Azevedo                    | M    | PT   |                                                      | 00:36:08 |
| 94    | M20 31  | 1571   | Paulo Cerqueira                 | M    | PT   | Clube Novo Banco                                     | 00:36:14 |
| 95    | M20 32  | 1105   | Bernardo Pires                  | M    | PT   | Unicer - Unicer - Vitalis                            | 00:36:14 |
| 96    | M40 17  | 601    | Adelino Almeida                 | M    | PT   |                                                      | 00:36:18 |
| 97    | M45 9   | 571    | Paulo Moreira                   | M    | PT   | 66/67/68                                             | 00:36:25 |
| 98    | M55 1   | 652    | Modesto Monteiro                | M    | PT   | Clube Independentes De Atletismo De Alpendorada      | 00:36:26 |
| 99    | M40 18  | 503    | Helder Palma                    | M    | PT   | Hplm                                                 | 00:36:28 |
| 100   | M20 33  | 640    | Vasco Amador                    | M    | PT   | Família Lourenço                                     | 00:36:29 |
| 101   | M45 10  | 622    | Pedro Duarte Silva              | M    | PT   | Never Give Up                                        | 00:36:31 |
| 102   | M45 11  | 675    | Rui Ferreirinha Pinto           | M    | PT   | @Podios                                              | 00:36:32 |
| 103   | M40 19  | 502    | Vítor Moreira                   | M    | PT   | B.V.Moreira-Maia                                     | 00:36:33 |
| 104   | M60 2   | 1119   | Francisco Lemos                 | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:36:35 |
| 105   | M40 20  | 860    | Artur Barbosa                   | M    | PT   | Eneraut Automation Sport                             | 00:36:41 |
| 106   | M20 34  | 993    | Hugo Teixeira                   | M    | PT   |                                                      | 00:36:44 |
| 107   | M45 12  | 1577   | Rui Teixeira                    | M    | PT   | Clube Novo Banco                                     | 00:36:45 |
| 108   | M50 7   | 1585   | Manuel Teixeira                 | M    | PT   |                                                      | 00:36:46 |
| 109   | M45 13  | 1057   | Paulo Moreira                   | M    | PT   | Liberty Seguros - Liberty Seguros - Manos            | 00:36:46 |
| 110   | M35 21  | 1531   | Andre Tavares                   | M    | PT   | Peraltafil Running                                   | 00:36:47 |
| 111   | M50 8   | 1533   | Luis Silva                      | M    | PT   | Peraltafil Running                                   | 00:36:47 |
| 112   | M20 35  | 668    | Duarte Vieria E Brito           | M    | PT   |                                                      | 00:36:52 |
| 113   | F35 2   | 1672   | Monica Ferreira                 | F    | PT   | M.S. - Cpt Bairro Carcavelos                         | 00:36:54 |
| 114   | M40 21  | 1563   | Jorge Fernandes                 | M    | PT   | Clube Novo Banco                                     | 00:37:02 |
| 115   | F17 1   | 1248   | Ana Faria                       | F    | PT   | Boavista F.C.                                        | 00:37:03 |
| 116   | M20 36  | 2628   | Tiago Pais                      | M    | PT   | M.S.                                                 | 00:37:04 |
| 117   | M50 9   | 2626   | Antonio Goncalves               | M    | PT   | M.S.                                                 | 00:37:04 |
| 118   | M20 37  | 1000   | Pedro Melo                      | M    | PT   |                                                      | 00:37:06 |
| 119   | M40 22  | 1027   | Paulo Machado                   | M    | PT   | Unicer - Unicer -                                    | 00:37:07 |
| 120   | M50 10  | 1123   | Miguel Araujo                   | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:37:09 |
| 121   | M40 23  | 685    | Alcídio Moreira                 | M    | PT   |                                                      | 00:37:11 |
| 122   | M20 38  | 694    | Nelson Correia                  | M    | PT   | Clube Zupper                                         | 00:37:11 |
| 123   | M40 24  | 1605   | Ricardo Meira                   | M    | PT   | Charon                                               | 00:37:12 |
| 124   | F40 1   | 1689   | Carla Penha                     | F    | PT   | M.S.                                                 | 00:37:12 |
| 125   | F60 1   | 1690   | Isabel Miranda                  | F    | PT   | M.S.                                                 | 00:37:12 |
| 126   | M20 39  | 1015   | João Ramalho                    | M    | PT   |                                                      | 00:37:13 |
| 127   | M35 22  | 708    | André Coimbra                   | M    | PT   | Manquinhos                                           | 00:37:16 |
| 128   | M20 40  | 751    | Filipe Carvalho                 | M    | PT   | Gdenvc                                               | 00:37:17 |
| 129   | F35 3   | 663    | Georgina Teixeira               | F    | PT   | Red Line                                             | 00:37:23 |
| 130   | M20 41  | 953    | José Dias                       | M    | PT   |                                                      | 00:37:26 |
| 131   | M40 25  | 1574   | Rui Barbosa                     | M    | PT   | Clube Novo Banco                                     | 00:37:27 |
| 132   | M20 42  | 716    | Davide Silva                    | M    | PT   | Aventureiros                                         | 00:37:29 |

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|-------|---------|--------|------------------------------------|------|------|------------------------------------------------------|----------|
| 133   | M50 11  | 1535   | Leonel Silva                       | M    | PT   | Peraltafil Running                                   | 00:37:30 |
| 134   | M40 26  | 695    | Jose Oliveira                      | M    | PT   |                                                      | 00:37:33 |
| 135   | M35 23  | 683    | Andre Restivo                      | M    | PT   |                                                      | 00:37:38 |
| 136   | M40 27  | 1576   | Rui Rodrigues                      | M    | PT   | Clube Novo Banco                                     | 00:37:41 |
| 137   | F40 2   | 1121   | Liliana Afonso                     | F    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:37:42 |
| 138   | M40 28  | 1005   | Pedro Leal                         | M    | PT   |                                                      | 00:37:44 |
| 139   | M40 29  | 779    | Abel Almeida                       | M    | PT   | Spem                                                 | 00:37:47 |
| 140   | M55 2   | 711    | Manuel Teixeira                    | M    | PT   | Manquinhos                                           | 00:37:50 |
| 141   | M55 3   | 1250   | Jose Lameiro                       | M    | PT   | Cap Orresson                                         | 00:37:51 |
| 142   | M40 30  | 1033   | Frederico Rocha                    | M    | PT   | Liberty Seguros - Liberty Seguros -                  | 00:37:51 |
| 143   | M45 14  | 746    | Rui Pintão                         | M    | PT   |                                                      | 00:37:53 |
| 144   | M50 12  | 1162   | João Silva                         | M    | PT   | Juões                                                | 00:37:56 |
| 145   | M20 43  | 1163   | João Silva                         | M    | PT   | Juões                                                | 00:37:58 |
| 146   | M45 15  | 976    | Luis Miguel Dias                   | M    | PT   | Nocturnos De Paredes                                 | 00:38:00 |
| 147   | M35 24  | 646    | Pedro Ezequiel                     | M    | PT   |                                                      | 00:38:00 |
| 148   | M20 44  | 780    | Abílio Faria                       | M    | PT   | Spem                                                 | 00:38:01 |
| 149   | M60 3   | 840    | Belmiro Fernando Azevedo           | M    | PT   | Individual                                           | 00:38:03 |
| 150   | M20 45  | 1532   | Luis Guimaraes                     | M    | PT   | Peraltafil Running                                   | 00:38:07 |
| 151   | M55 4   | 1534   | Antonio Ferreira                   | M    | PT   | Peraltafil Running                                   | 00:38:08 |
| 152   | M35 25  | 1537   | Celso Silva                        | M    | PT   | Peraltafil Running                                   | 00:38:09 |
| 153   | F35 4   | 1655   | Silvia Teixeira                    | F    | PT   | Boavista F.C.                                        | 00:38:13 |
| 154   | M45 16  | 1120   | Jorge Carvalho                     | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:38:15 |
| 155   | M45 17  | 51     | Fernando Vasco Duarte Da Conceição | M    | PT   | Navy Team                                            | 00:38:16 |
| 156   | M35 26  | 820    | Paulo Fernandes                    | M    | PT   | R10k-Runners Team                                    | 00:38:20 |
| 157   | F20 9   | 1647   | Veronica Oliveira                  | F    | PT   | Boavista F.C.                                        | 00:38:24 |
| 158   | M20 46  | 1284   | Vitor Carvalho                     | M    | PT   |                                                      | 00:38:27 |
| 159   | M60 4   | 710    | Manuel Matos                       | M    | PT   | Manquinhos                                           | 00:38:28 |
| 160   | M20 47  | 837    | Victor Maia                        | M    | PT   |                                                      | 00:38:28 |
| 161   | M20 48  | 1063   | Américo Silva                      | M    | PT   | Dureza Maxima                                        | 00:38:33 |
| 162   | M20 49  | 1064   | Pedro Ferraz                       | M    | PT   | Dureza Maxima                                        | 00:38:33 |
| 163   | M40 31  | 824    | Rui Carvalho                       | M    | PT   | R10k-Runners Team                                    | 00:38:34 |
| 164   | M40 32  | 759    | Ricardo Silva                      | M    | PT   |                                                      | 00:38:42 |
| 165   | M35 27  | 1166   | Andre Martins                      | M    | PT   | Figueiredos Runner & Friend                          | 00:38:43 |
| 166   | M40 33  | 884    | Hugo Portela                       | M    | PT   |                                                      | 00:38:45 |
| 167   | M60 5   | 707    | António Sousa                      | M    | PT   |                                                      | 00:38:46 |
| 168   | M20 50  | 1608   | Goncalo Ferreira                   | M    | PT   | Charon                                               | 00:38:51 |
| 169   | M20 51  | 930    | Manuel Esteves Brandão             | M    | PT   |                                                      | 00:38:52 |
| 170   | M20 52  | 1056   | Joao Morais                        | M    | PT   | Powerboost Club                                      | 00:38:55 |
| 171   | M20 53  | 1609   | Nuno Silva                         | M    | PT   | Charon                                               | 00:38:59 |
| 172   | M20 54  | 1610   | Claudio Silva                      | M    | PT   | Charon                                               | 00:38:59 |
| 173   | M20 55  | 1294   | Jose Maio                          | M    | PT   |                                                      | 00:39:01 |
| 174   | M40 34  | 817    | Hélder Ferreira                    | M    | PT   | Blues Brothers Team                                  | 00:39:03 |
| 175   | M40 35  | 1068   | Luís Guimarães                     | M    | PT   |                                                      | 00:39:08 |
| 176   | M35 28  | 1116   | Francisco Novais                   | M    | PT   | Villa De Basto                                       | 00:39:10 |

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|-------|---------|--------|---------------------------|------|------|--------------------------------------------------|----------|
| 177   | F35 5   | 962    | Elisabete Cunha           | F    | PT   | Individual                                       | 00:39:11 |
| 178   | M35 29  | 672    | Ricardo Vale              | M    | PT   |                                                  | 00:39:12 |
| 179   | M40 36  | 1007   | Carlos Sá                 | M    | PT   |                                                  | 00:39:13 |
| 180   | M45 18  | 970    | João Pedro Pinheiro       | M    | PT   | Unicer - Unicer - Vitalis                        | 00:39:16 |
| 181   | M40 37  | 563    | Carlos Oliveira           | M    | PT   | Oliveconta - Contabilidade E Seguros - Ermesinde | 00:39:17 |
| 182   | M20 56  | 539    | Luis Elias                | M    | PT   | Sf 2002                                          | 00:39:18 |
| 183   | M35 30  | 966    | Hélder Carvalho           | M    | PT   | Cf Jesuitas                                      | 00:39:21 |
| 184   | M20 57  | 2630   | Ricardo Cerqueira         | M    | PT   | M.S.                                             | 00:39:24 |
| 185   | F20 10  | 12     | Daniela Machado           | F    | PT   |                                                  | 00:39:26 |
| 186   | M20 58  | 988    | Francisco Silva           | M    | PT   | Vamos Andar A Penantes!                          | 00:39:30 |
| 187   | M35 31  | 932    | André Vendeira            | M    | PT   |                                                  | 00:39:30 |
| 188   | M35 32  | 1175   | Ricardo Jesus             | M    | PT   | Passatempo Hyundai                               | 00:39:34 |
| 189   | M50 13  | 731    | Vitor Ribeiro             | M    | PT   |                                                  | 00:39:38 |
| 190   | M35 33  | 767    | Joao Santos               | M    | PT   | Futuro Ousado Lda                                | 00:39:39 |
| 191   | M35 34  | 1131   | Miguel Gomes              | M    | PT   |                                                  | 00:39:40 |
| 192   | M45 19  | 54     | Pedro Jose Castro         | M    | PT   | Navy Team                                        | 00:39:41 |
| 193   | F20 11  | 1649   | Carmina Gomes             | F    | PT   | Boavista F.C.                                    | 00:39:41 |
| 194   | M50 14  | 597    | João Felix                | M    | PT   | Fitness Run Club Braga                           | 00:39:42 |
| 195   | M20 59  | 1114   | Hugo Vitorino             | M    | PT   |                                                  | 00:39:45 |
| 196   | F20 12  | 1539   | Carla Pacheco             | F    | PT   | Peraltafil Running                               | 00:39:46 |
| 197   | M20 60  | 1168   | Andre Fontes              | M    | PT   |                                                  | 00:39:48 |
| 198   | M60 6   | 586    | Abilio Soares             | M    | PT   |                                                  | 00:39:49 |
| 199   | M35 35  | 1047   | Rui Paiva                 | M    | PT   | Invicta Runners Team                             | 00:39:52 |
| 200   | M55 5   | 1031   | José Costa                | M    | PT   |                                                  | 00:39:58 |
| 201   | M20 61  | 1594   | Pedro Couto               | M    | PT   | Escuteiros                                       | 00:39:59 |
| 202   | M60 7   | 699    | Domingos Azevedo          | M    | PT   |                                                  | 00:40:00 |
| 203   | M35 36  | 1694   | Julio Lourenco            | M    | PT   | M.S.                                             | 00:40:01 |
| 204   | M60 8   | 1601   | Benjamin Kimbuelas        | M    | PT   | G.D. Leões Do Veneza                             | 00:40:01 |
| 205   | F35 6   | 688    | Rosa Lopes                | F    | PT   |                                                  | 00:40:07 |
| 206   | M20 62  | 790    | Diogo Neto                | M    | PT   |                                                  | 00:40:16 |
| 207   | F55 2   | 791    | Garcia Maria Assunção     | F    | PT   | Novelia Running Amarante                         | 00:40:19 |
| 208   | M20 63  | 945    | Luis Silva                | M    | PT   | Team Bravos                                      | 00:40:21 |
| 209   | M35 37  | 1030   | Marinho Pereira           | M    | PT   | Lateiros                                         | 00:40:21 |
| 210   | M20 64  | 1565   | Jose Miranda              | M    | PT   | Clube Novo Banco                                 | 00:40:21 |
| 211   | M40 38  | 514    | Pedro Esperança           | M    | PT   | Pésnukú                                          | 00:40:23 |
| 212   | M50 15  | 999    | António Pinto De Oliveira | M    | PT   | Águas Do Porto - Casa Dos Trabalhadores          | 00:40:24 |
| 213   | M20 65  | 793    | Carlos Ferreira           | M    | PT   |                                                  | 00:40:24 |
| 214   | M40 39  | 928    | Jose Leite                | M    | PT   |                                                  | 00:40:26 |
| 215   | M20 66  | 1151   | José Ribeiro              | M    | PT   |                                                  | 00:40:30 |
| 216   | M50 16  | 1296   | Serafim Ferreira          | M    | PT   |                                                  | 00:40:30 |
| 217   | F20 13  | 909    | Sonia Mendes              | F    | PT   |                                                  | 00:40:32 |
| 218   | M20 67  | 814    | Filipe Sousa              | M    | PT   |                                                  | 00:40:32 |
| 219   | M20 68  | 929    | João Rodrigues            | M    | PT   |                                                  | 00:40:33 |
| 220   | M40 40  | 871    | Jose Oliveira             | M    | PT   |                                                  | 00:40:33 |

| Lugar | Escalão | Dorsal | Atleta             | Sexo | País | Equipa                                               | Tempo    |
|-------|---------|--------|--------------------|------|------|------------------------------------------------------|----------|
| 221   | M45 20  | 528    | Rui Amaral         | M    | PT   |                                                      | 00:40:34 |
| 222   | M20 69  | 1112   | José Costa         | M    | PT   | Conquistadores                                       | 00:40:35 |
| 223   | M40 41  | 809    | Vasco Ferreira     | M    | PT   |                                                      | 00:40:36 |
| 224   | M55 6   | 847    | Jose Guimaraes     | M    | PT   |                                                      | 00:40:37 |
| 225   | M35 38  | 1613   | Armando Tasca      | M    | PT   | Charon                                               | 00:40:38 |
| 226   | M45 21  | 623    | António Pimentel   | M    | PT   | Palmeira Runners                                     | 00:40:38 |
| 227   | M20 70  | 2633   | Nuno Correia       | M    | PT   | M.S.                                                 | 00:40:39 |
| 228   | F35 7   | 758    | Márcia Cabouco     | F    | PT   | Novélia Running Amarante                             | 00:40:40 |
| 229   | F50 2   | 570    | Maria Almeida      | F    | PT   | 66/67/68                                             | 00:40:47 |
| 230   | F50 3   | 1041   | Helena Cunha       | F    | PT   | Unicer - Unicer - Vitalis                            | 00:40:47 |
| 231   | F35 8   | 580    | Adelaide Fernandes | F    | PT   | Fitness Run Club Braga                               | 00:40:48 |
| 232   | F50 4   | 564    | Rosa Meixedo       | F    | PT   | Fitness Run Club Braga                               | 00:40:49 |
| 233   | M35 39  | 1149   | António Martins    | M    | PT   | Team Deluxe                                          | 00:40:50 |
| 234   | M40 42  | 1122   | Luis Araujo        | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:40:51 |
| 235   | M40 43  | 784    | Luis Costa         | M    | PT   |                                                      | 00:40:51 |
| 236   | M20 71  | 540    | Manuel Babo        | M    | PT   | Sf 2002                                              | 00:40:52 |
| 237   | M35 40  | 1161   | Jorge Ramos        | M    | PT   |                                                      | 00:40:53 |
| 238   | M35 41  | 937    | João Flores        | M    | PT   | Cf Jesuítas                                          | 00:41:00 |
| 239   | M20 72  | 1602   | Hugo Silva         | M    | PT   |                                                      | 00:41:00 |
| 240   | M35 42  | 1603   | Jorge Pinto        | M    | PT   |                                                      | 00:41:00 |
| 241   | M40 44  | 1612   | Paulo Feiteira     | M    | PT   | Charon                                               | 00:41:01 |
| 242   | M20 73  | 775    | André Silva        | M    | PT   |                                                      | 00:41:03 |
| 243   | M20 74  | 1695   | Samuel Cardoso     | M    | PT   | M.S.                                                 | 00:41:04 |
| 244   | F45 1   | 661    | Maria Matos        | F    | PT   |                                                      | 00:41:06 |
| 245   | M45 22  | 1003   | Victor França      | M    | PT   |                                                      | 00:41:09 |
| 246   | M35 43  | 923    | Carlos Gomes       | M    | PT   |                                                      | 00:41:13 |
| 247   | M20 75  | 861    | Nuno Matos         | M    | PT   |                                                      | 00:41:14 |
| 248   | M55 7   | 583    | Osvaldo Oliveira   | M    | PT   | Fitness Run Club Braga                               | 00:41:15 |
| 249   | F35 9   | 1150   | Marta Evaristo     | F    | PT   | Team Deluxe                                          | 00:41:16 |
| 250   | M60 9   | 524    | Eduardo Pinho      | M    | PT   |                                                      | 00:41:20 |
| 251   | M20 76  | 927    | Sergio Pereira     | M    | PT   |                                                      | 00:41:23 |
| 252   | M20 77  | 955    | Filipe Pereira     | M    | PT   | Liberty Seguros - Liberty Seguros - Jam Seguros Lda  | 00:41:29 |
| 253   | F20 14  | 610    | Maria João         | F    | PT   | Fitness Club De Braga                                | 00:41:29 |
| 254   | M20 78  | 616    | Carlos Teixeira    | M    | PT   | Fitness Run Club Braga                               | 00:41:30 |
| 255   | M17 2   | 1118   | Duarte Araujo      | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:41:30 |
| 256   | M20 79  | 1146   | Tiago Leite        | M    | PT   | Alesil Perfil Positivo                               | 00:41:35 |
| 257   | M50 17  | 1145   | Albino Leite       | M    | PT   | Alesil Perfil Positivo                               | 00:41:35 |
| 258   | F35 10  | 1049   | Silvia Machado     | F    | PT   |                                                      | 00:41:37 |
| 259   | M35 44  | 1110   | António Henriques  | M    | PT   | Conquistadores                                       | 00:41:38 |
| 260   | F40 3   | 659    | Sandra Campos      | F    | PT   | Manos Team                                           | 00:41:40 |
| 261   | M40 45  | 657    | Nuno Silva         | M    | PT   | Manos Team                                           | 00:41:40 |
| 262   | F55 3   | 697    | Margarida Pereira  | F    | PT   | Amigos Quinta Das Freiras                            | 00:41:40 |
| 263   | M40 46  | 1170   | Paulo Nogueira     | M    | PT   |                                                      | 00:41:40 |
| 264   | M35 45  | 1584   | Sergio Leira       | M    | PT   |                                                      | 00:41:42 |

| Lugar | Escalão | Dorsal | Atleta                    | Sexo | País | Equipa                                               | Tempo    |
|-------|---------|--------|---------------------------|------|------|------------------------------------------------------|----------|
| 265   | M55 8   | 555    | José Costeira             | M    | PT   | Fitness Run Club Braga                               | 00:41:46 |
| 266   | M20 80  | 996    | Bruno Costa               | M    | PT   | Unicer - Unicer -                                    | 00:41:47 |
| 267   | M60 10  | 1589   | Miguel Paiva              | M    | PT   |                                                      | 00:41:47 |
| 268   | M20 81  | 771    | Henrique Rios             | M    | PT   |                                                      | 00:41:48 |
| 269   | M40 47  | 896    | Arselio Macedo            | M    | PT   |                                                      | 00:41:48 |
| 270   | M35 46  | 826    | Ricardo Santos            | M    | PT   | Legion Combat                                        | 00:41:52 |
| 271   | M20 82  | 901    | Joaquim Silva             | M    | PT   |                                                      | 00:41:54 |
| 272   | M55 9   | 2627   | Victor Carvalho           | M    | PT   | M.S.                                                 | 00:41:55 |
| 273   | M20 83  | 2629   | Pedro Cardoso             | M    | PT   | M.S.                                                 | 00:41:58 |
| 274   | M40 48  | 600    | Paulo Martins             | M    | PT   |                                                      | 00:42:03 |
| 275   | F20 15  | 591    | Marlene Pereira           | F    | PT   |                                                      | 00:42:03 |
| 276   | F20 16  | 991    | Sara Bessa                | F    | PT   |                                                      | 00:42:06 |
| 277   | M40 49  | 1267   | Filipe Silva              | M    | PT   |                                                      | 00:42:07 |
| 278   | M45 23  | 1008   | Jorge Gonçalves           | M    | PT   |                                                      | 00:42:07 |
| 279   | M35 47  | 838    | Francisco Capela          | M    | PT   |                                                      | 00:42:13 |
| 280   | M40 50  | 872    | Rui Pedro Nogueira        | M    | PT   |                                                      | 00:42:16 |
| 281   | M20 84  | 665    | Rui Rocha                 | M    | PT   |                                                      | 00:42:21 |
| 282   | F40 4   | 1648   | Carla Morim               | F    | PT   | Boavista F.C.                                        | 00:42:28 |
| 283   | M40 51  | 924    | Jorge Meireles            | M    | PT   | Jamó                                                 | 00:42:34 |
| 284   | M20 85  | 25     | Christian Barbosa Correia | M    | PT   |                                                      | 00:42:35 |
| 285   | M20 86  | 981    | Jose Lima                 | M    | PT   |                                                      | 00:42:36 |
| 286   | F20 17  | 554    | Cristina Azevedo          | F    | PT   | Fitness Run Club Braga                               | 00:42:36 |
| 287   | M17 3   | 2045   | Cristiano De Jesus        | M    | PT   | Segredos Running                                     | 00:42:36 |
| 288   | M40 52  | 943    | Pedro Silva Pereira       | M    | PT   | Liberty Seguros - Liberty Seguros -                  | 00:42:37 |
| 289   | F35 11  | 2046   | Cristina Azevedo          | F    | PT   | Segredos Running                                     | 00:42:37 |
| 290   | M40 53  | 1513   | Fernando Garcia           | M    | PT   |                                                      | 00:42:40 |
| 291   | M20 87  | 76     | Rodrigo Reis              | M    | PT   |                                                      | 00:42:48 |
| 292   | F35 12  | 526    | Gloria Souto              | F    | PT   |                                                      | 00:42:48 |
| 293   | F17 2   | 1261   | Beatriz Teixeira          | F    | PT   |                                                      | 00:42:49 |
| 294   | M45 24  | 799    | Paulo Carneiro            | M    | PT   | Ccdt/Stcp                                            | 00:42:54 |
| 295   | M50 18  | 990    | Sérgio Carneiro           | M    | PT   | The Girls And The Boy                                | 00:42:54 |
| 296   | M40 54  | 1073   | Sérgio Lagoela            | M    | PT   | Unicer - Unicer                                      | 00:42:56 |
| 297   | M20 88  | 75     | Nuno Reis                 | M    | PT   |                                                      | 00:42:56 |
| 298   | M40 55  | 529    | Domingos Leal             | M    | PT   |                                                      | 00:42:57 |
| 299   | M40 56  | 1129   | Pedro Mota                | M    | PT   | Unicer - Unicer -                                    | 00:42:58 |
| 300   | F45 2   | 569    | Celeste Moreira           | F    | PT   | 66/67/68                                             | 00:43:01 |
| 301   | M45 25  | 1125   | Paulo Magalhaes           | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:43:01 |
| 302   | M40 57  | 1006   | Christopher Guimaraens    | M    | GB   |                                                      | 00:43:01 |
| 303   | M20 89  | 1113   | Rui Vaz                   | M    | PT   | Conquistadores                                       | 00:43:04 |
| 304   | F35 13  | 1074   | Anabela Martins           | F    | PT   | Unicer - Unicer -                                    | 00:43:05 |
| 305   | M20 90  | 969    | Bruno Teixeira            | M    | PT   | Unicer - Unicer -                                    | 00:43:05 |
| 306   | M35 48  | 1088   | Luis Mota                 | M    | PT   |                                                      | 00:43:10 |
| 307   | M40 58  | 1626   | Germano Correia           | M    | PT   |                                                      | 00:43:13 |
| 308   | M40 59  | 518    | Sérgio Paulo Quintas      | M    | PT   |                                                      | 00:43:15 |

| Lugar | Escalão | Dorsal | Atleta                         | Sexo | País | Equipa                                               | Tempo    |
|-------|---------|--------|--------------------------------|------|------|------------------------------------------------------|----------|
| 309   | F20 18  | 68     | Ines Dias                      | F    | PT   | Hyundai Irun                                         | 00:43:16 |
| 310   | M20 91  | 549    | Pedro Costa                    | M    | PT   | Dpn - Dpc                                            | 00:43:19 |
| 311   | F35 14  | 548    | Patricia Neto                  | F    | PT   | Dpn - Dpc                                            | 00:43:20 |
| 312   | M35 49  | 1561   | Filipe Rodrigues               | M    | PT   | Clube Novo Banco                                     | 00:43:23 |
| 313   | M20 92  | 1503   | Luis Dias                      | M    | PT   |                                                      | 00:43:26 |
| 314   | M20 93  | 1504   | Nuno Freitas                   | M    | PT   |                                                      | 00:43:27 |
| 315   | M45 26  | 1124   | Paulo Araujo                   | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:43:29 |
| 316   | M20 94  | 1037   | Ricardo Andrade                | M    | PT   | Liberty Seguros - Liberty Seguros                    | 00:43:29 |
| 317   | F60 2   | 696    | Adelaide Veludo                | F    | PT   | Amigos Quinta Das Freiras                            | 00:43:30 |
| 318   | F35 15  | 705    | Susana Pinto                   | F    | PT   |                                                      | 00:43:31 |
| 319   | M40 60  | 704    | Pedro Freitas                  | M    | PT   |                                                      | 00:43:31 |
| 320   | M50 19  | 921    | Paulo Santos                   | M    | PT   | Savate-Maia                                          | 00:43:31 |
| 321   | F40 5   | 918    | Ivone Pardal                   | F    | PT   | Savate-Maia                                          | 00:43:31 |
| 322   | F20 19  | 1111   | Carla Freitas                  | F    | PT   | Conquistadores                                       | 00:43:34 |
| 323   | M35 50  | 612    | Eliseo Manuel Alvarez Martinez | M    | ES   | Correcaminos                                         | 00:43:35 |
| 324   | M45 27  | 857    | Jose Neves                     | M    | PT   |                                                      | 00:43:43 |
| 325   | M20 95  | 875    | Filipe Pereira                 | M    | PT   |                                                      | 00:43:45 |
| 326   | F20 20  | 1028   | Marianne Lins                  | F    | PT   |                                                      | 00:43:45 |
| 327   | M35 51  | 505    | Manuel Gomes                   | M    | PT   | Gomes                                                | 00:43:46 |
| 328   | M45 28  | 1156   | Miguel Rufino                  | M    | PT   |                                                      | 00:43:49 |
| 329   | M20 96  | 662    | Carlos Sousa                   | M    | PT   | Red Line                                             | 00:43:50 |
| 330   | M35 52  | 1506   | Jorge Lemos                    | M    | PT   |                                                      | 00:43:55 |
| 331   | M20 97  | 902    | Daniel Louro                   | M    | PT   |                                                      | 00:43:58 |
| 332   | M35 53  | 947    | Tiago Magalhães                | M    | PT   |                                                      | 00:43:59 |
| 333   | M50 20  | 915    | João Lima                      | M    | PT   |                                                      | 00:44:01 |
| 334   | M45 29  | 960    | Antonio Lopes                  | M    | PT   | Liberty Seguros - Liberty Seguros - Ala-Arriba       | 00:44:01 |
| 335   | F45 3   | 900    | Teresa Sousa                   | F    | PT   |                                                      | 00:44:01 |
| 336   | M20 98  | 574    | Aquiles Ribeiro                | M    | PT   |                                                      | 00:44:02 |
| 337   | M20 99  | 848    | Marcio Sousa                   | M    | PT   |                                                      | 00:44:03 |
| 338   | M20 100 | 774    | Ricardo Sousa                  | M    | PT   | Twisted Temple                                       | 00:44:04 |
| 339   | M20 101 | 1643   | Bruno Mota                     | M    | PT   | Boavista F.C.                                        | 00:44:06 |
| 340   | M40 61  | 822    | Pedro Carvalho                 | M    | PT   | R10k-Runners Team                                    | 00:44:13 |
| 341   | M35 54  | 1017   | Bruno Portela                  | M    | PT   |                                                      | 00:44:16 |
| 342   | M20 102 | 844    | Luís Leitão                    | M    | PT   |                                                      | 00:44:19 |
| 343   | M20 103 | 732    | Daniel Moura                   | M    | PT   |                                                      | 00:44:20 |
| 344   | F20 21  | 543    | Paula Parreira E Guerra        | F    | PT   |                                                      | 00:44:22 |
| 345   | M40 62  | 1046   | José No                        | M    | PT   |                                                      | 00:44:26 |
| 346   | M35 55  | 842    | Tiago Silva                    | M    | PT   |                                                      | 00:44:26 |
| 347   | M40 63  | 714    | Paulo Sá                       | M    | PT   |                                                      | 00:44:28 |
| 348   | F20 22  | 684    | Inês Borges                    | F    | PT   |                                                      | 00:44:29 |
| 349   | F20 23  | 664    | Patricia Faria                 | F    | PT   | Red Line                                             | 00:44:30 |
| 350   | M40 64  | 1698   | Carlos Delgado                 | M    | PT   | M.S.                                                 | 00:44:30 |
| 351   | F40 6   | 617    | Cristina Ribeiro               | F    | PT   |                                                      | 00:44:30 |
| 352   | M20 104 | 956    | Luis Torrealba                 | M    | PT   |                                                      | 00:44:34 |

| Lugar | Escalão | Dorsal | Atleta            | Sexo | País | Equipa                                    | Tempo    |
|-------|---------|--------|-------------------|------|------|-------------------------------------------|----------|
| 353   | F20 24  | 876    | Soraia Meireles   | F    | PT   |                                           | 00:44:35 |
| 354   | M55 10  | 1058   | Carlos Moreira    | M    | PT   | Liberty Seguros - Liberty Seguros - Manos | 00:44:36 |
| 355   | M35 56  | 679    | Sérgio Pereira    | M    | PT   |                                           | 00:44:38 |
| 356   | M40 65  | 940    | Paulo Ribeiro     | M    | PT   | Invicta Runners Team                      | 00:44:47 |
| 357   | M35 57  | 1065   | Rui Cruz          | M    | PT   | Unicer - Unicer -                         | 00:44:48 |
| 358   | M35 58  | 818    | Nuno Teixeira     | M    | PT   |                                           | 00:44:50 |
| 359   | F20 25  | 1157   | Ana Ramos         | F    | PT   |                                           | 00:44:52 |
| 360   | F20 26  | 827    | Mónica Figueiras  | F    | PT   |                                           | 00:45:01 |
| 361   | F45 4   | 576    | Carla Lourenço    | F    | PT   | CI                                        | 00:45:04 |
| 362   | M55 11  | 1553   | Artur Bastos      | M    | PT   |                                           | 00:45:08 |
| 363   | M35 59  | 508    | Marco Caldas      | M    | PT   | 1st#Run#Together                          | 00:45:08 |
| 364   | F35 16  | 507    | Isabel Dias       | F    | PT   | 1st#Run#Together                          | 00:45:08 |
| 365   | M17 4   | 879    | José Pereira      | M    | PT   | Pereira                                   | 00:45:12 |
| 366   | M40 66  | 880    | Rui Pereira       | M    | PT   | Pereira                                   | 00:45:12 |
| 367   | F35 17  | 693    | Liliana Correia   | F    | PT   | Clube Zupper                              | 00:45:13 |
| 368   | F55 4   | 1700   | Arminda Pinto     | F    | PT   | M.S.                                      | 00:45:16 |
| 369   | M20 105 | 948    | Luis Pereira      | M    | PT   | 57                                        | 00:45:19 |
| 370   | M20 106 | 1127   | Hugo Castro       | M    | PT   |                                           | 00:45:22 |
| 371   | F20 27  | 1060   | Márcia Carvalho   | F    | PT   | Villa De Basto                            | 00:45:23 |
| 372   | M40 67  | 920    | Nuno Sousa        | M    | PT   | Savate-Maia                               | 00:45:23 |
| 373   | M20 107 | 1061   | Miguel Lemos      | M    | PT   | Villa De Basto                            | 00:45:24 |
| 374   | M40 68  | 670    | Jorge Oliveira    | M    | PT   | Boa Noite Alegria                         | 00:45:25 |
| 375   | F35 18  | 671    | Sandra Oliveira   | F    | PT   | Boa Noite Alegria                         | 00:45:30 |
| 376   | F20 28  | 1155   | Silvia Andrade    | F    | PT   | Bealive                                   | 00:45:35 |
| 377   | F45 5   | 1133   | Marta Branco      | F    | PT   | Geccp                                     | 00:45:37 |
| 378   | M40 69  | 674    | Vitor Pinto       | M    | PT   | Gazela E Aprendiz                         | 00:45:39 |
| 379   | F45 6   | 700    | Luisa Jorge       | F    | PT   |                                           | 00:45:40 |
| 380   | F40 7   | 1043   | Filipa Falcão     | F    | PT   | Perdi O Taxi                              | 00:45:41 |
| 381   | M45 30  | 983    | António Monteiro  | M    | PT   | Unicer - Unicer - Vitalis                 | 00:45:46 |
| 382   | M20 108 | 1674   | Andre Teixeira    | M    | PT   | Soc. Com. C. Santos                       | 00:45:49 |
| 383   | M45 31  | 1054   | Joao Pinheiro     | M    | PT   | Lousa Team                                | 00:45:53 |
| 384   | F40 8   | 1540   | Deolinda Ferreira | F    | PT   | Peraltafil Running                        | 00:45:54 |
| 385   | M45 32  | 1529   | Jose Silva        | M    | PT   | Peraltafil Running                        | 00:45:55 |
| 386   | M20 109 | 1600   | Alexandre Cardoso | M    | PT   | He - Ufp                                  | 00:45:57 |
| 387   | M20 110 | 892    | Jorge Martins     | M    | PT   |                                           | 00:45:58 |
| 388   | M20 111 | 888    | Simão Rodrigues   | M    | PT   | Runners                                   | 00:45:59 |
| 389   | M40 70  | 1029   | Abel Barbosa      | M    | PT   | Lateiros                                  | 00:46:04 |
| 390   | M20 112 | 1048   | Amandio Torres    | M    | PT   |                                           | 00:46:06 |
| 391   | M20 113 | 1599   | Fabio Peixoto     | M    | PT   | He - Ufp                                  | 00:46:07 |
| 392   | M20 114 | 641    | Bruno Sampaio     | M    | PT   |                                           | 00:46:07 |
| 393   | F40 9   | 653    | Sandra Carvalho   | F    | PT   |                                           | 00:46:08 |
| 394   | F40 10  | 1053   | Berta Pinheiro    | F    | PT   | Lousa Team                                | 00:46:09 |
| 395   | F20 29  | 741    | Ana Vieira        | F    | PT   |                                           | 00:46:13 |
| 396   | M35 60  | 851    | Tiago Mendonça    | M    | PT   | Rio Running                               | 00:46:13 |

| Lugar | Escalão | Dorsal | Atleta                      | Sexo | País | Equipa                                         | Tempo    |
|-------|---------|--------|-----------------------------|------|------|------------------------------------------------|----------|
| 397   | F35 19  | 1654   | Liliana Oliveira            | F    | PT   | Boavista F.C.                                  | 00:46:16 |
| 398   | M60 11  | 883    | Fernando José Miranda Pinto | M    | PT   |                                                | 00:46:17 |
| 399   | M45 33  | 998    | Jorge Fins                  | M    | PT   |                                                | 00:46:20 |
| 400   | M35 61  | 1093   | Marcelo Ferreira            | M    | PT   |                                                | 00:46:24 |
| 401   | F35 20  | 967    | Maria Do Céu Cordeiro       | F    | PT   |                                                | 00:46:27 |
| 402   | F40 11  | 1650   | Lurdes Rocha                | F    | PT   | Boavista F.C.                                  | 00:46:32 |
| 403   | M60 12  | 709    | Fernando Teixeira           | M    | PT   | Manquinhos                                     | 00:46:37 |
| 404   | F45 7   | 961    | Gabriela Leite              | F    | PT   | Liberty Seguros - Liberty Seguros - Ala-Arriba | 00:46:42 |
| 405   | M20 115 | 829    | Tiago Carneiro              | M    | PT   | Nos                                            | 00:46:47 |
| 406   | F35 21  | 813    | Paula Mota                  | F    | PT   |                                                | 00:46:48 |
| 407   | M20 116 | 625    | Angelo Carneiro             | M    | PT   |                                                | 00:46:49 |
| 408   | M40 71  | 599    | João Filipe Pina Cabral     | M    | PT   |                                                | 00:46:49 |
| 409   | F40 12  | 1107   | Marta Neves                 | F    | PT   | Oporto Squash & Running                        | 00:46:51 |
| 410   | M40 72  | 935    | Nelson Neves                | M    | PT   | Patamar Numérico Med. Seguros Lda              | 00:46:51 |
| 411   | F35 22  | 936    | Teresa Gonçalves            | F    | PT   | Patamar Numérico Med. Seguros Lda              | 00:46:51 |
| 412   | M45 34  | 1108   | Pedro Mesquita              | M    | PT   | Oporto Squash & Running                        | 00:46:51 |
| 413   | F20 30  | 1597   | Claudia Silva               | F    | PT   | He - Ufp                                       | 00:46:52 |
| 414   | M40 73  | 1265   | Filipe Pinho                | M    | PT   |                                                | 00:46:52 |
| 415   | F45 8   | 1627   | Odete Vaz                   | F    | PT   |                                                | 00:46:53 |
| 416   | M40 74  | 803    | José Silva                  | M    | PT   | Powerboost Club                                | 00:46:54 |
| 417   | M35 62  | 2647   | Pedro Santos                | M    | PT   | Charon                                         | 00:46:57 |
| 418   | M20 117 | 1001   | Filipe Guerra               | M    | PT   |                                                | 00:47:00 |
| 419   | M40 75  | 1009   | Pedro Nunes                 | M    | PT   | Familia Nunes                                  | 00:47:01 |
| 420   | M35 63  | 1159   | Pedro Silva                 | M    | PT   |                                                | 00:47:03 |
| 421   | F20 31  | 954    | Cristiana Inácio            | F    | PT   |                                                | 00:47:05 |
| 422   | M40 76  | 973    | Pedro Justo                 | M    | PT   | Unicer - Unicer - Vitalis                      | 00:47:13 |
| 423   | M20 118 | 734    | Bruno Rodrigues             | M    | PT   |                                                | 00:47:20 |
| 424   | F20 32  | 1100   | Élodie Teixeira             | F    | PT   |                                                | 00:47:25 |
| 425   | F40 13  | 853    | Sandra Lemos                | F    | PT   |                                                | 00:47:26 |
| 426   | M35 64  | 1070   | Fernando Fontelonga         | M    | PT   |                                                | 00:47:26 |
| 427   | F40 14  | 1079   | Margarida Morais            | F    | PT   | Geccp                                          | 00:47:28 |
| 428   | F45 9   | 666    | Ana Paula Castro            | F    | PT   | Cal - Clube Atletismo De Lamas                 | 00:47:30 |
| 429   | F20 33  | 890    | Patricia Duro               | F    | PT   |                                                | 00:47:30 |
| 430   | M35 65  | 1087   | Paulo Reguenga              | M    | PT   | Lp                                             | 00:47:31 |
| 431   | M35 66  | 631    | Filipe Rodrigues            | M    | PT   |                                                | 00:47:32 |
| 432   | F20 34  | 959    | Sónia Pinto                 | F    | PT   |                                                | 00:47:32 |
| 433   | M20 119 | 946    | Carlos Silva                | M    | PT   |                                                | 00:47:32 |
| 434   | M35 67  | 1004   | Nuno Almeida                | M    | PT   | Team Bravos                                    | 00:47:33 |
| 435   | F45 10  | 2172   | Laura Andrade               | F    | PT   | Goldencare                                     | 00:47:34 |
| 436   | F40 15  | 2175   | Rita Oliveira               | F    | PT   | Goldencare                                     | 00:47:34 |
| 437   | M20 120 | 1148   | Vitor Ramos                 | M    | PT   |                                                | 00:47:35 |
| 438   | M20 121 | 648    | Filipe Lopes                | M    | PT   | Alex & Flopes                                  | 00:47:35 |
| 439   | M20 122 | 621    | Luciano Rocha               | M    | PT   |                                                | 00:47:37 |
| 440   | F20 35  | 828    | Adriana Luz Martins         | F    | PT   |                                                | 00:47:37 |

| Lugar | Escalão | Dorsal | Atleta                          | Sexo | País | Equipa                                                    | Tempo    |
|-------|---------|--------|---------------------------------|------|------|-----------------------------------------------------------|----------|
| 441   | F40 16  | 2176   | Sónia Ribeiro                   | F    | PT   | Goldencare                                                | 00:47:38 |
| 442   | M40 77  | 1572   | Paulo Ribeiro                   | M    | PT   | Clube Novo Banco                                          | 00:47:38 |
| 443   | F20 36  | 2173   | Muriel Fernandes                | F    | PT   | Goldencare                                                | 00:47:38 |
| 444   | F35 23  | 1578   | Rute Ribeiro                    | F    | PT   | Clube Novo Banco                                          | 00:47:38 |
| 445   | F50 5   | 2522   | Conceição Remédios              | F    | PT   |                                                           | 00:47:38 |
| 446   | M60 13  | 629    | Francisco Sousa                 | M    | PT   | Neo Run Team                                              | 00:47:40 |
| 447   | M50 21  | 2621   | Jose Paulo Mouta                | M    | PT   | M.S.                                                      | 00:47:42 |
| 448   | M20 123 | 1275   | Ricardo Ferreira                | M    | PT   |                                                           | 00:47:43 |
| 449   | M35 68  | 881    | Fernando Fernandes              | M    | PT   |                                                           | 00:47:45 |
| 450   | M45 35  | 997    | José Sousa                      | M    | PT   |                                                           | 00:47:49 |
| 451   | F20 37  | 1089   | Joana Oliveira                  | F    | PT   |                                                           | 00:47:51 |
| 452   | F20 38  | 647    | Alexandra Godinho               | F    | PT   | Alex & Flopes                                             | 00:47:57 |
| 453   | M20 124 | 776    | Pedro Serafim                   | M    | PT   |                                                           | 00:48:00 |
| 454   | M20 125 | 1023   | Pedro Oliveira                  | M    | PT   |                                                           | 00:48:00 |
| 455   | F35 24  | 2637   | Sonia Teixeira                  | F    | PT   | Liberty Seguros                                           | 00:48:01 |
| 456   | M35 69  | 2636   | Luis Teixeira                   | M    | PT   | Liberty Seguros                                           | 00:48:01 |
| 457   | F20 39  | 804    | Noemia Nunes                    | F    | PT   | Powerboost Club                                           | 00:48:02 |
| 458   | M20 126 | 762    | Vasco Sá                        | M    | PT   | Ginasius                                                  | 00:48:02 |
| 459   | M20 127 | 721    | Rui Carvalho                    | M    | PT   |                                                           | 00:48:08 |
| 460   | M35 70  | 798    | Nelson Ferreira                 | M    | PT   | Ccdt/Stcp                                                 | 00:48:09 |
| 461   | M50 22  | 795    | Fernando Gonçalves              | M    | PT   | Ccdt/Stcp                                                 | 00:48:10 |
| 462   | F40 17  | 797    | Maria Almeida                   | F    | PT   | Ccdt/Stcp                                                 | 00:48:10 |
| 463   | M45 36  | 925    | Paulo Sarabanda                 | M    | PT   | Jamó                                                      | 00:48:15 |
| 464   | F20 40  | 1651   | Monica Almeida                  | F    | PT   | Boavista F.C.                                             | 00:48:19 |
| 465   | F20 41  | 59     | Sonia Santos                    | F    | PT   | Ad Esmeriz Running                                        | 00:48:20 |
| 466   | F20 42  | 58     | Susana Santos                   | F    | PT   | Ad Esmeriz Running                                        | 00:48:20 |
| 467   | F20 43  | 1072   | Joana Barbosa                   | F    | PT   |                                                           | 00:48:22 |
| 468   | M35 71  | 1071   | Pedro Correia                   | M    | PT   |                                                           | 00:48:24 |
| 469   | M35 72  | 819    | André Cruz                      | M    | PT   | R10k-Runners Team                                         | 00:48:28 |
| 470   | F20 44  | 2077   | Joana Azevedo                   | F    | PT   | R10k-Runners Team                                         | 00:48:29 |
| 471   | M45 37  | 821    | Pedro Azevedo                   | M    | PT   | R10k-Runners Team                                         | 00:48:29 |
| 472   | F35 25  | 958    | Sandra Ferreira                 | F    | PT   | Liberty Seguros - Liberty Seguros - Clinica Nova De Joane | 00:48:31 |
| 473   | F40 18  | 1524   | Sonia Azevedo                   | F    | PT   | Mulheres De Areia                                         | 00:48:31 |
| 474   | F45 11  | 1557   | Claudia Pimentel                | F    | PT   | Clube Novo Banco                                          | 00:48:35 |
| 475   | M35 73  | 1684   | Sergio Pinto                    | M    | PT   | Soc. Com. C. Santos                                       | 00:48:39 |
| 476   | F40 19  | 1683   | Marilia Martins                 | F    | PT   | Soc. Com. C. Santos                                       | 00:48:39 |
| 477   | F35 26  | 913    | Adelina Monteiro                | F    | PT   |                                                           | 00:48:39 |
| 478   | M20 128 | 673    | Pedro Silva                     | M    | PT   | Gazela E Aprendiz                                         | 00:48:41 |
| 479   | M45 38  | 680    | Russell Shackelford             | M    | GB   |                                                           | 00:48:43 |
| 480   | F45 12  | 681    | Clare Picken                    | F    | GB   |                                                           | 00:48:43 |
| 481   | M20 129 | 740    | Carlos Gonçalves                | M    | PT   |                                                           | 00:48:45 |
| 482   | M40 78  | 634    | Frederico Lobo                  | M    | PT   | Gang Pé De Chumbo                                         | 00:48:47 |
| 483   | F40 20  | 633    | Carla Gomes                     | F    | PT   | Gang Pé De Chumbo                                         | 00:48:47 |
| 484   | M45 39  | 724    | Rui Paulo Alexandre Dias Zilhao | M    | PT   |                                                           | 00:48:48 |

| Lugar | Escalão | Dorsal | Atleta                          | Sexo | País | Equipa                                               | Tempo    |
|-------|---------|--------|---------------------------------|------|------|------------------------------------------------------|----------|
| 485   | F35 27  | 567    | Raquel Manuel                   | F    | PT   | Divas                                                | 00:48:49 |
| 486   | F45 13  | 565    | Fernanda Fernandes              | F    | PT   | Divas                                                | 00:48:49 |
| 487   | M20 130 | 772    | Antero Fontes                   | M    | PT   | Twisted Temple                                       | 00:48:57 |
| 488   | F20 45  | 773    | Joana Silva                     | F    | PT   | Twisted Temple                                       | 00:48:57 |
| 489   | M40 79  | 744    | Jaime Amorim                    | M    | PT   | Segredos Running                                     | 00:49:00 |
| 490   | F40 21  | 743    | Carla Neves                     | F    | PT   | Segredos Running                                     | 00:49:00 |
| 491   | M45 40  | 745    | Vitor Sá                        | M    | PT   | Segredos Running                                     | 00:49:00 |
| 492   | F35 28  | 858    | Ana Filipa Barbosa              | F    | PT   | Invictus Oporto Team                                 | 00:49:07 |
| 493   | F20 46  | 552    | Sara Almeida                    | F    | PT   |                                                      | 00:49:07 |
| 494   | F40 22  | 1295   | Sandra Ramalho                  | F    | PT   |                                                      | 00:49:07 |
| 495   | M35 74  | 1611   | Marcos Feiteira                 | M    | PT   | Charon                                               | 00:49:11 |
| 496   | M60 14  | 785    | Jorge Freitas                   | M    | PT   |                                                      | 00:49:16 |
| 497   | F20 47  | 504    | Lúcia Mendonça                  | F    | PT   | Hplm                                                 | 00:49:18 |
| 498   | M45 41  | 627    | Eduardo Castro                  | M    | PT   |                                                      | 00:49:18 |
| 499   | M35 75  | 620    | Bruno Rocha                     | M    | PT   |                                                      | 00:49:27 |
| 500   | M35 76  | 1098   | Jorge Sampaio                   | M    | PT   | Mota Engil Runners                                   | 00:49:29 |
| 501   | M20 131 | 1154   | Sergio Maia                     | M    | PT   | Bealive                                              | 00:49:30 |
| 502   | F20 48  | 1546   | Tania Santos                    | F    | PT   | Peraltafil Running                                   | 00:49:30 |
| 503   | M55 12  | 974    | Paulo Ferraz De Lacerda         | M    | PT   | Extreme Academy                                      | 00:49:34 |
| 504   | F40 23  | 1090   | Cláudia Castro Morais           | F    | PT   | Unicer - Unicer - Vitalis                            | 00:49:34 |
| 505   | F35 29  | 1637   | Fatima Jesus                    | F    | PT   | P.M.                                                 | 00:49:35 |
| 506   | F20 49  | 1014   | Ana Oliveira                    | F    | PT   | Lion Runners - G.D. Leões Da Guarda                  | 00:49:36 |
| 507   | M20 132 | 1013   | Pedro Bernardes                 | M    | PT   | Lion Runners - G.D. Leões Da Guarda                  | 00:49:37 |
| 508   | F35 30  | 698    | Aldemira Antónia Martins Guerra | F    | PT   |                                                      | 00:49:39 |
| 509   | M20 133 | 1025   | Vítor Fernandes                 | M    | PT   |                                                      | 00:49:45 |
| 510   | M20 134 | 546    | Guilherme Guerra                | M    | PT   |                                                      | 00:49:46 |
| 511   | M17 5   | 733    | Bruno Teixeira                  | M    | PT   |                                                      | 00:49:48 |
| 512   | M20 135 | 2158   | Marcio Monteiro                 | M    | PT   | Runners                                              | 00:49:48 |
| 513   | M60 15  | 517    | Alberto Neto                    | M    | PT   |                                                      | 00:49:49 |
| 514   | F20 50  | 763    | Carla Gonçalves                 | F    | PT   | Gclubgirls                                           | 00:49:49 |
| 515   | F45 14  | 766    | Maria Lúcia Sousa               | F    | PT   | Gclubgirls                                           | 00:49:49 |
| 516   | F40 24  | 765    | Maria Laurinda Sousa            | F    | PT   | Gclubgirls                                           | 00:49:50 |
| 517   | F35 31  | 689    | Isabel Cortez                   | F    | PT   | Legion Combat                                        | 00:49:51 |
| 518   | F20 51  | 764    | Liliana Martins                 | F    | PT   | Gclubgirls                                           | 00:49:51 |
| 519   | M20 136 | 1102   | Daniel Fernandes                | M    | PT   |                                                      | 00:49:58 |
| 520   | F20 52  | 1115   | Cristiana Fernandes             | F    | PT   |                                                      | 00:50:04 |
| 521   | F35 32  | 1016   | Luísa Cirne                     | F    | PT   | Invita Runners Team                                  | 00:50:05 |
| 522   | M35 77  | 1164   | Joao Afonso                     | M    | QA   | Run Ria Saude Team                                   | 00:50:11 |
| 523   | F20 53  | 624    | Daniela Costa                   | F    | PT   | Fitness Run Club Braga                               | 00:50:12 |
| 524   | M17 6   | 841    | Jose Costa                      | M    | PT   | Fitness Run Club Braga                               | 00:50:12 |
| 525   | M17 7   | 1117   | Diogo Ferreira                  | M    | PT   | Liberty Seguros - Liberty Seguros - Valinhas Runners | 00:50:14 |
| 526   | F35 33  | 1086   | Liliana Alves                   | F    | PT   | Lp                                                   | 00:50:17 |
| 527   | M35 78  | 655    | Luis Campos                     | M    | PT   | Manos Team                                           | 00:50:24 |
| 528   | M20 137 | 1002   | Tiago Teixeira                  | M    | PT   |                                                      | 00:50:25 |

| Lugar | Escalão | Dorsal | Atleta                  | Sexo | País | Equipa                                          | Tempo    |
|-------|---------|--------|-------------------------|------|------|-------------------------------------------------|----------|
| 529   | F35 34  | 926    | Teresa Lima             | F    | PT   | Jamó                                            | 00:50:34 |
| 530   | M45 42  | 971    | Pedro Santos            | M    | PT   | Unicer - Unicer -                               | 00:50:35 |
| 531   | M40 80  | 975    | Fernando Oliveira Gomes | M    | PT   | Unicer - Unicer -                               | 00:50:35 |
| 532   | M17 8   | 1082   | Francisco Loes          | M    | PT   | Unicer - Unicer -                               | 00:50:36 |
| 533   | F40 25  | 1507   | Ana Margarido           | F    | PT   |                                                 | 00:50:42 |
| 534   | M20 138 | 1010   | Flávio De Sousa         | M    | PT   | #Nsp_Ontour                                     | 00:50:45 |
| 535   | F20 54  | 1011   | Patrícia Domingos       | F    | PT   | #Nsp_Ontour                                     | 00:50:46 |
| 536   | F45 15  | 660    | Bia Maia                | F    | PT   |                                                 | 00:50:46 |
| 537   | M35 79  | 1066   | Bruno Cardoso           | M    | PT   | Jamó                                            | 00:50:47 |
| 538   | F35 35  | 1067   | Daniela Pinheiro        | F    | PT   | Jamó                                            | 00:50:48 |
| 539   | F20 55  | 2108   | Sofia Pinto             | F    | PT   | Hindu                                           | 00:50:48 |
| 540   | M45 43  | 28     | Fernando Matos          | M    | PT   | Sociveda                                        | 00:50:53 |
| 541   | M20 139 | 1069   | João Costa              | M    | PT   |                                                 | 00:50:54 |
| 542   | F20 56  | 1136   | Andreia Vieira          | F    | PT   | Hsantamariart                                   | 00:50:54 |
| 543   | F35 36  | 1135   | Anabela André           | F    | PT   | Hsantamariart                                   | 00:50:54 |
| 544   | M60 16  | 2520   | Ernesto Santos          | M    | PT   |                                                 | 00:50:55 |
| 545   | M35 80  | 559    | Vasco Brito             | M    | PT   | Fitness Run Club Braga                          | 00:50:55 |
| 546   | M55 13  | 2521   | João Remédios           | M    | PT   |                                                 | 00:50:56 |
| 547   | F20 57  | 1134   | Ana Carvalho            | F    | PT   | Hsantamariart                                   | 00:50:58 |
| 548   | F20 58  | 1139   | Sofia Teixeira          | F    | PT   | Hsantamariart                                   | 00:50:58 |
| 549   | F35 37  | 1038   | Manuela Pinto           | F    | PT   |                                                 | 00:51:00 |
| 550   | M35 81  | 1039   | Helder Mata             | M    | PT   |                                                 | 00:51:00 |
| 551   | F45 16  | 1697   | Angela Barros           | F    | PT   | M.S.                                            | 00:51:00 |
| 552   | M50 23  | 1699   | Manuel Soares           | M    | PT   | M.S.                                            | 00:51:00 |
| 553   | F35 38  | 1256   | Virginia Ferreira       | F    | PT   |                                                 | 00:51:08 |
| 554   | F40 26  | 669    | Carla Novais            | F    | PT   | Boa Noite Alegria                               | 00:51:09 |
| 555   | F40 27  | 1128   | Márcia Estela           | F    | PT   |                                                 | 00:51:10 |
| 556   | F20 59  | 645    | Marta Teixeira          | F    | PT   |                                                 | 00:51:11 |
| 557   | M45 44  | 723    | Rui Costa               | M    | PT   | Rmcosta                                         | 00:51:11 |
| 558   | M20 140 | 722    | Gustavo Costa           | M    | PT   | Rmcosta                                         | 00:51:11 |
| 559   | F17 3   | 606    | Joana Pacheco           | F    | PT   | Turtles                                         | 00:51:33 |
| 560   | M17 9   | 607    | João Pedro Ferreira     | M    | PT   | Turtles                                         | 00:51:33 |
| 561   | F20 60  | 1055   | Tania Gaspar            | F    | PT   |                                                 | 00:51:38 |
| 562   | F20 61  | 531    | Andreia Martins         | F    | PT   |                                                 | 00:51:38 |
| 563   | M50 24  | 889    | José Azevedo            | M    | PT   |                                                 | 00:51:39 |
| 564   | M55 14  | 914    | Pedro Cachorreiro       | M    | PT   |                                                 | 00:51:42 |
| 565   | F20 62  | 788    | Nair Lima               | F    | PT   | Aliverunners                                    | 00:51:47 |
| 566   | F20 63  | 1153   | Luciana Barbosa         | F    | PT   | Bealive                                         | 00:51:50 |
| 567   | M60 17  | 651    | Manuel Barbosa          | M    | PT   | Clube Independentes De Atletismo De Alpendorada | 00:51:50 |
| 568   | F17 4   | 891    | Sonia Ribeiro           | F    | PT   |                                                 | 00:51:54 |
| 569   | F20 64  | 859    | Estrela Neto            | F    | PT   |                                                 | 00:52:07 |
| 570   | M45 45  | 1573   | Ricardo Monteiro        | M    | PT   | Clube Novo Banco                                | 00:52:11 |
| 571   | F40 28  | 1249   | Ana Luisa Carvalho      | F    | PT   |                                                 | 00:52:23 |
| 572   | F20 65  | 639    | Sandra Lourenco         | F    | PT   | Família Lourenço                                | 00:52:25 |

| Lugar | Escalão | Dorsal | Atleta                       | Sexo | País | Equipa                                           | Tempo    |
|-------|---------|--------|------------------------------|------|------|--------------------------------------------------|----------|
| 573   | M20 141 | 638    | Nuno Lourenco                | M    | PT   | Família Lourenço                                 | 00:52:25 |
| 574   | F45 17  | 761    | Susana Fernandes             | F    | PT   | Ginasius                                         | 00:52:26 |
| 575   | F20 66  | 691    | Magda Sequeira               | F    | PT   | Prosolvac                                        | 00:52:27 |
| 576   | M35 82  | 690    | Luis Silva                   | M    | PT   | Prosolvac                                        | 00:52:27 |
| 577   | M20 142 | 692    | Rui Sequeira                 | M    | PT   | Prosolvac                                        | 00:52:27 |
| 578   | M20 143 | 628    | Carlos Mouta                 | M    | PT   | Neo Run Team                                     | 00:52:31 |
| 579   | M20 144 | 815    | Fernando Ferreira            | M    | PT   | Telma E Fernando                                 | 00:52:34 |
| 580   | F20 67  | 816    | Telma Gomes                  | F    | PT   | Telma E Fernando                                 | 00:52:35 |
| 581   | M35 83  | 532    | Joaquim Teixeira             | M    | PT   | Motorsport                                       | 00:52:44 |
| 582   | M40 81  | 702    | Augusto Sousa                | M    | PT   | Homes4living                                     | 00:52:44 |
| 583   | F55 5   | 907    | Fernanda Bemto               | F    | PT   | Douroconta Trail Team                            | 00:52:48 |
| 584   | F20 68  | 1044   | Francisca Trigueiros         | F    | PT   | Unicer - Unicer - Vitalis                        | 00:52:52 |
| 585   | M20 145 | 1635   | Nuno Queiros                 | M    | PT   | Escuteiros                                       | 00:52:55 |
| 586   | F40 29  | 1075   | Sofia Campos                 | F    | PT   | Mulheres De Areia                                | 00:53:00 |
| 587   | M40 82  | 2609   | Nelson Santos                | M    | PT   | M.S.                                             | 00:53:03 |
| 588   | F20 69  | 1582   | Teresa Pinto                 | F    | PT   | Clube Novo Banco                                 | 00:53:04 |
| 589   | M20 146 | 551    | Jorge Fernandes              | M    | PT   |                                                  | 00:53:07 |
| 590   | M40 83  | 1575   | Rui Costa                    | M    | PT   | Clube Novo Banco                                 | 00:53:09 |
| 591   | M35 84  | 608    | Joao Paulo Lima Carvalho     | M    | PT   | Figueiredo'S Runner'S And Friends                | 00:53:13 |
| 592   | F20 70  | 609    | Patricia Olimpia Soares Dias | F    | PT   | Figueiredo'S Runner'S And Friends                | 00:53:13 |
| 593   | M20 147 | 903    | Nuno Moura                   | M    | PT   |                                                  | 00:53:14 |
| 594   | F35 39  | 1026   | Ângela Lopes                 | F    | PT   |                                                  | 00:53:19 |
| 595   | F20 71  | 2157   | Claudia Salazar              | F    | PT   | Runners                                          | 00:53:19 |
| 596   | F35 40  | 519    | Rute Ferreira                | F    | PT   |                                                  | 00:53:19 |
| 597   | F40 30  | 2028   | Susana Pinto                 | F    | PT   | Familia                                          | 00:53:28 |
| 598   | M20 148 | 787    | Tomé Duarte                  | M    | PT   |                                                  | 00:53:37 |
| 599   | F20 72  | 908    | Lilia Santos                 | F    | PT   | Douroconta Trail Team                            | 00:53:38 |
| 600   | F45 18  | 1130   | Maria Ferreira               | F    | PT   | Vitalis - Vitalis -                              | 00:53:39 |
| 601   | M40 84  | 1132   | Mario Rodrigues              | M    | PT   | Vitalis - Vitalis -                              | 00:53:39 |
| 602   | F45 19  | 530    | Dulce Ribeiro                | F    | PT   |                                                  | 00:53:41 |
| 603   | F35 41  | 949    | Dulcidia Sampaio             | F    | PT   | Liberty Seguros - Liberty Seguros - Os Vimaranes | 00:53:43 |
| 604   | M40 85  | 950    | Francisco Freitas            | M    | PT   | Liberty Seguros - Liberty Seguros - Os Vimaranes | 00:53:43 |
| 605   | F40 31  | 952    | Paula Freitas                | F    | PT   | Liberty Seguros - Liberty Seguros - Os Vimaranes | 00:53:44 |
| 606   | M60 18  | 516    | Jose Esperança               | M    | PT   | Pésnukú                                          | 00:53:53 |
| 607   | M40 86  | 643    | Jaime Pinho                  | M    | PT   |                                                  | 00:53:53 |
| 608   | F20 73  | 832    | Filipa Barroso               | F    | PT   | Tenacious Turtles                                | 00:53:55 |
| 609   | M40 87  | 810    | Vitor Cardoso                | M    | PT   |                                                  | 00:53:56 |
| 610   | F35 42  | 811    | Sofia Barros                 | F    | PT   |                                                  | 00:53:56 |
| 611   | F20 74  | 833    | Joana Barroso                | F    | PT   | Tenacious Turtles                                | 00:53:58 |
| 612   | F20 75  | 885    | Francisca Queirós            | F    | PT   |                                                  | 00:53:59 |
| 613   | F40 32  | 1512   | Elsa Chilro                  | F    | PT   |                                                  | 00:54:03 |
| 614   | F20 76  | 654    | Dulce Barrocas               | F    | PT   |                                                  | 00:54:03 |
| 615   | M45 46  | 536    | Paulo Cardoso                | M    | PT   | Moinho Runners                                   | 00:54:14 |
| 616   | F20 77  | 1551   | Mariana Henriques            | F    | PT   |                                                  | 00:54:15 |

| Lugar | Escalão | Dorsal | Atleta            | Sexo | País | Equipa                            | Tempo    |
|-------|---------|--------|-------------------|------|------|-----------------------------------|----------|
| 617   | F20 78  | 1062   | Patrícia Silva    | F    | PT   | Villa De Basto                    | 00:54:16 |
| 618   | M20 149 | 615    | Carlos Cardoso    | M    | PT   |                                   | 00:54:20 |
| 619   | F35 43  | 849    | Olga Coelho       | F    | PT   | Rio Running                       | 00:54:28 |
| 620   | M20 150 | 55     | Bruno Santos      | M    | PT   |                                   | 00:54:36 |
| 621   | M55 15  | 2024   | Julio Pereira     | M    | PT   |                                   | 00:54:39 |
| 622   | F40 33  | 656    | Margarida Campos  | F    | PT   | Manos Team                        | 00:54:46 |
| 623   | M35 85  | 658    | Rui Batista       | M    | PT   | Manos Team                        | 00:54:46 |
| 624   | M45 47  | 1606   | Joaquim Ferreira  | M    | PT   | Charon                            | 00:55:04 |
| 625   | M20 151 | 2544   | Divaldo Francisco | M    | PT   |                                   | 00:55:05 |
| 626   | M20 152 | 1059   | André Mimi        | M    | PT   | Villa De Basto                    | 00:55:21 |
| 627   | F20 79  | 1552   | Vera Faria        | F    | PT   |                                   | 00:55:22 |
| 628   | F50 6   | 676    | Carmen Carvalho   | F    | PT   | Neo Run Team                      | 00:55:27 |
| 629   | F20 80  | 1036   | Diana Ribeiro     | F    | PT   | Liberty Seguros - Liberty Seguros | 00:55:29 |
| 630   | F35 44  | 1258   | Margarida Dantas  | F    | PT   |                                   | 00:55:29 |
| 631   | F40 34  | 1257   | Sandra Silva      | F    | PT   |                                   | 00:55:36 |
| 632   | M35 86  | 550    | Alvaro Pereira    | M    | PT   |                                   | 00:55:36 |
| 633   | M20 153 | 57     | Roberto Meneses   | M    | PT   |                                   | 00:55:39 |
| 634   | M45 48  | 867    | Alberto Lima      | M    | PT   | Zibs&Co                           | 00:55:39 |
| 635   | F20 81  | 868    | Joana Silva       | F    | PT   | Zibs&Co                           | 00:55:39 |
| 636   | M35 87  | 870    | Rui Viegas        | M    | PT   | Zibs&Co                           | 00:55:40 |
| 637   | M45 49  | 972    | Paulo Teixeira    | M    | PT   | Unicer - Unicer -                 | 00:55:41 |
| 638   | M40 88  | 986    | Nuno Cruz         | M    | PT   |                                   | 00:55:51 |
| 639   | M40 89  | 1024   | Rui Ferreira      | M    | PT   |                                   | 00:55:51 |
| 640   | F20 82  | 825    | Suse Oliveira     | F    | PT   |                                   | 00:55:52 |
| 641   | M20 154 | 739    | Sérgio Rodrigues  | M    | PT   | Os Mancos                         | 00:55:54 |
| 642   | M20 155 | 736    | André Fangueiro   | M    | PT   | Os Mancos                         | 00:55:54 |
| 643   | F17 5   | 738    | Marta Pinheiro    | F    | PT   | Os Mancos                         | 00:55:54 |
| 644   | F20 83  | 737    | Cecília Rodrigues | F    | PT   | Os Mancos                         | 00:55:54 |
| 645   | M20 156 | 992    | Pedro Ferreirinha | M    | PT   | @Pódios                           | 00:56:01 |
| 646   | F20 84  | 577    | Catarina Lourenço | F    | PT   | CI                                | 00:56:10 |
| 647   | M20 157 | 1169   | Rui Correia       | M    | PT   |                                   | 00:56:13 |
| 648   | M35 88  | 1259   | Sergio Bastos     | M    | PT   |                                   | 00:56:24 |
| 649   | M40 90  | 1042   | Daniel Branco     | M    | PT   | Patas Negras                      | 00:56:43 |
| 650   | M35 89  | 802    | Francisco Paquete | M    | PT   | Powerboost Club                   | 00:56:45 |
| 651   | M20 158 | 69     | Ricardo Dias      | M    | PT   | Hyundai Irun                      | 00:56:53 |
| 652   | F20 85  | 905    | Clara Cardoso     | F    | PT   | Douroconta Trail Team             | 00:56:55 |
| 653   | F20 86  | 585    | Catarina Cardoso  | F    | PT   | Winter Is Coming                  | 00:56:56 |
| 654   | M20 159 | 584    | André Martins     | M    | PT   | Winter Is Coming                  | 00:56:56 |
| 655   | F40 35  | 1625   | Claudia Brandao   | F    | PT   |                                   | 00:57:15 |
| 656   | M55 16  | 1035   | Rui Oliveira      | M    | PT   | Grupo De Corrida De Argoncilhe    | 00:57:26 |
| 657   | F20 87  | 887    | Marisa Azevedo    | F    | PT   | Runners                           | 00:57:27 |
| 658   | F35 45  | 1593   | Monica Rodrigues  | F    | PT   | Escuteiros                        | 00:57:37 |
| 659   | F20 88  | 637    | Catia Lourenco    | F    | PT   | Família Lourenço                  | 00:57:39 |
| 660   | F20 89  | 636    | Andreia Santos    | F    | PT   | Família Lourenço                  | 00:57:39 |

| Lugar | Escalão | Dorsal | Atleta                  | Sexo | País | Equipa              | Tempo    |
|-------|---------|--------|-------------------------|------|------|---------------------|----------|
| 661   | F45 20  | 632    | Alexandra Mendes        | F    | PT   | Gang Pé De Chumbo   | 00:57:44 |
| 662   | M50 25  | 635    | Jorge Santos            | M    | PT   | Gang Pé De Chumbo   | 00:57:44 |
| 663   | M17 10  | 1521   | Francisco Silva         | M    | PT   |                     | 00:57:45 |
| 664   | M40 91  | 2517   | Nuno Silva              | M    | PT   |                     | 00:57:45 |
| 665   | M60 19  | 510    | Carlos Pinto            | M    | PT   | Individual          | 00:57:45 |
| 666   | F20 90  | 1174   | Ana Pereira             | F    | PT   |                     | 00:57:46 |
| 667   | F40 36  | 602    | Dina Leal               | F    | PT   |                     | 00:57:49 |
| 668   | F35 46  | 611    | Dolores Vazquez         | F    | ES   | Correcaminos        | 00:57:49 |
| 669   | F20 91  | 604    | Rita Marques            | F    | PT   |                     | 00:57:49 |
| 670   | F40 37  | 1607   | Cristina Ferreira       | F    | PT   | Charon              | 00:58:21 |
| 671   | M40 92  | 1092   | Luís Gouveia            | M    | PT   | Portelinha          | 00:58:28 |
| 672   | F40 38  | 2171   | Carla Damas             | F    | PT   |                     | 00:58:30 |
| 673   | F40 39  | 1081   | Ana Silva               | F    | PT   | Geccp               | 00:58:53 |
| 674   | F40 40  | 1101   | Ana Sofia Mendes        | F    | PT   | Geccp               | 00:58:54 |
| 675   | M35 90  | 1253   | Ricardo Carneiro        | M    | PT   |                     | 00:58:59 |
| 676   | M60 20  | 1254   | Pedro Dias              | M    | PT   |                     | 00:59:01 |
| 677   | F17 6   | 719    | Maria João Pinto        | F    | PT   | @ Podios            | 00:59:12 |
| 678   | M20 160 | 854    | Diogo Silva             | M    | PT   | Jodi - Grande Team  | 00:59:20 |
| 679   | F20 92  | 581    | Ana Pinho               | F    | PT   | Ap                  | 00:59:24 |
| 680   | M20 161 | 582    | Pedro Ramos             | M    | PT   | Ap                  | 00:59:24 |
| 681   | F40 41  | 545    | Susana Costa            | F    | PT   |                     | 00:59:30 |
| 682   | F35 47  | 506    | Rita Rodrigues          | F    | PT   |                     | 00:59:30 |
| 683   | F40 42  | 1583   | Vera Varela             | F    | PT   |                     | 00:59:39 |
| 684   | M45 50  | 2605   | Rui Magalhaes           | M    | PT   | M.S.                | 00:59:39 |
| 685   | F45 21  | 2604   | Maria Adelaide Ferreira | F    | PT   | M.S.                | 00:59:40 |
| 686   | F55 6   | 2197   | Maria Monteiro          | F    | PT   | Bealive             | 00:59:46 |
| 687   | M40 93  | 1628   | Vitor Almeida           | M    | PT   |                     | 00:59:48 |
| 688   | M55 17  | 1556   | Armando Sousa           | M    | PT   | Clube Novo Banco    | 00:59:54 |
| 689   | F20 93  | 878    | Daniela Mar             | F    | PT   |                     | 01:00:03 |
| 690   | M20 162 | 1104   | Mário Barbeitos         | M    | PT   |                     | 01:00:03 |
| 691   | M20 163 | 877    | Fernando Mar            | M    | PT   |                     | 01:00:03 |
| 692   | F20 94  | 777    | Joana Guimarães         | F    | PT   |                     | 01:00:30 |
| 693   | F17 7   | 1291   | Patricia Marques        | F    | PT   |                     | 01:00:31 |
| 694   | F45 22  | 1292   | Susana Soares           | F    | PT   |                     | 01:00:32 |
| 695   | M55 18  | 2514   | Alberto Ferreira        | M    | PT   |                     | 01:00:34 |
| 696   | F50 7   | 1520   | Alice Almeida           | F    | PT   |                     | 01:00:34 |
| 697   | F40 43  | 893    | Bárbara Gomes           | F    | PT   | Powerboost Club     | 01:00:35 |
| 698   | M50 26  | 2053   | João Leite              | M    | PT   | Travassos           | 01:01:08 |
| 699   | M20 164 | 910    | Nuno Santos             | M    | PT   |                     | 01:01:25 |
| 700   | F20 95  | 1083   | Joama Reis              | F    | PT   |                     | 01:02:00 |
| 701   | F45 23  | 713    | Sonia Rebelo            | F    | PT   | Gd Bpi              | 01:02:02 |
| 702   | F35 48  | 712    | Margarida Pinto         | F    | PT   | Gd Bpi              | 01:02:02 |
| 703   | M50 27  | 2025   | Laurentino Junior       | M    | PT   |                     | 01:02:05 |
| 704   | F45 24  | 1679   | Ju Teixeira             | F    | PT   | Soc. Com. C. Santos | 01:02:05 |

| Lugar | Escalão | Dorsal | Atleta                        | Sexo | País | Equipa                         | Tempo    |
|-------|---------|--------|-------------------------------|------|------|--------------------------------|----------|
| 705   | F20 96  | 1586   | Daniela Araujo                | F    | PT   |                                | 01:02:14 |
| 706   | F20 97  | 1587   | Tania Oliveira                | F    | PT   |                                | 01:02:14 |
| 707   | F50 8   | 2020   | Estrela Lourenco              | F    | PT   | Família Lourenço               | 01:02:18 |
| 708   | F20 98  | 2638   | Patricia Rodrigues            | F    | PT   | Liberty Seguros                | 01:02:29 |
| 709   | F20 99  | 968    | Eduarda Sofia Ferreira Santos | F    | PT   |                                | 01:02:31 |
| 710   | F40 44  | 1097   | Sandra Felgueiras             | F    | PT   | Mota-Engil Runners             | 01:02:45 |
| 711   | F20 100 | 725    | Marta Campelos                | F    | PT   |                                | 01:02:52 |
| 712   | F20 101 | 667    | Catarina Silva                | F    | PT   | Cal - Clube Atletismo De Lamas | 01:02:53 |
| 713   | F20 102 | 906    | Catia Silva                   | F    | PT   | Douroconta Trail Team          | 01:02:57 |
| 714   | F20 103 | 863    | Mónica Cunha                  | F    | PT   |                                | 01:03:23 |
| 715   | F20 104 | 1273   | Diana Maria Oliveira          | F    | PT   |                                | 01:03:23 |
| 716   | M20 165 | 588    | José Maio                     | M    | PT   |                                | 01:03:23 |
| 717   | M20 166 | 1274   | Paulo Jorge Oliveira          | M    | PT   |                                | 01:03:24 |
| 718   | F35 49  | 2083   | Ana Castro                    | F    | PT   | Geccp                          | 01:04:40 |
| 719   | F40 45  | 794    | Carla Correia                 | F    | PT   | Ccdt/Stcp                      | 01:04:52 |
| 720   | M17 11  | 1621   | Marcos Feiteira               | M    | PT   | Charon                         | 01:05:37 |
| 721   | M20 167 | 1615   | Martim Tasca                  | M    | PT   | Charon                         | 01:05:37 |
| 722   | F17 8   | 1624   | Eliana Tasca                  | F    | PT   | Charon                         | 01:05:37 |
| 723   | F45 25  | 2195   | Arminda Monteiro              | F    | PT   | Bealive                        | 01:06:23 |
| 724   | F17 9   | 2527   | Rafaela Meireles              | F    | PT   |                                | 01:06:26 |
| 725   | F40 46  | 2571   | Silvia Meireles               | F    | PT   |                                | 01:06:26 |
| 726   | F60 3   | 2525   | Maria Borges                  | F    | PT   |                                | 01:06:29 |
| 727   | F55 7   | 2524   | Manuela Ribeiro               | F    | PT   |                                | 01:06:29 |
| 728   | F55 8   | 2526   | Maria Maia                    | F    | PT   |                                | 01:06:32 |
| 729   | M20 168 | 2086   | Pedro Silva                   | M    | PT   |                                | 01:06:39 |
| 730   | F40 47  | 1290   | Carla Soares                  | F    | PT   |                                | 01:06:56 |
| 731   | F20 105 | 1283   | Lara Carvalho                 | F    | PT   |                                | 01:07:10 |
| 732   | M45 51  | 2003   | Serafim Ferreira              | M    | PT   |                                | 01:07:31 |
| 733   | M45 52  | 2136   | Rui Machado                   | M    | PT   |                                | 01:07:36 |
| 734   | F40 48  | 644    | Patricia Gomes                | F    | PT   |                                | 01:08:05 |
| 735   | F35 50  | 1052   | Sofia Teixeira                | F    | PT   | Os Bravos                      | 01:08:27 |
| 736   | F20 106 | 942    | Samanta Jonas                 | F    | PT   |                                | 01:08:59 |
| 737   | F35 51  | 922    | Noemia Laires                 | F    | PT   |                                | 01:09:00 |
| 738   | F17 10  | 2607   | Maria Joao Rocha              | F    | PT   | M.S.                           | 01:10:21 |
| 739   | M17 12  | 2608   | Antonio Rocha                 | M    | PT   | M.S.                           | 01:10:21 |
| 740   | M45 53  | 2606   | Eduardo Rocha                 | M    | PT   | M.S.                           | 01:10:21 |
| 741   | M45 54  | 2597   | Jose Manuel Pereira           | M    | PT   |                                | 01:10:22 |
| 742   | M60 21  | 1541   | Artur Carvalho                | M    | PT   | Peraltafil Running             | 01:11:29 |
| 743   | F35 52  | 1622   | Susana Feiteira               | F    | PT   | Charon                         | 01:11:45 |
| 744   | F35 53  | 1614   | Alexandra Tasca               | F    | PT   | Charon                         | 01:11:45 |
| 745   | F60 4   | 2518   | Rosa Almeida                  | F    | PT   |                                | 01:12:07 |
| 746   | F17 11  | 2041   | Ana Raquel                    | F    | PT   | Rapidos                        | 01:12:08 |
| 747   | F17 12  | 2027   | Patricia Ribeiro              | F    | PT   | Familia                        | 01:12:08 |
| 748   | F35 54  | 2042   | Susana Neves                  | F    | PT   | Rapidos                        | 01:12:09 |

| Lugar | Escalão | Dorsal | Atleta              | Sexo | País | Equipa            | Tempo    |
|-------|---------|--------|---------------------|------|------|-------------------|----------|
| 749   | F20 107 | 1560   | Fatima Ferreira     | F    | PT   | Clube Novo Banco  | 01:12:24 |
| 750   | F35 55  | 1569   | Monica Almeida      | F    | PT   | Clube Novo Banco  | 01:12:24 |
| 751   | F35 56  | 2004   | Virginia Adriaio    | F    | PT   |                   | 01:12:37 |
| 752   | F20 108 | 2107   | Marcia Pinto        | F    | PT   | Hindu             | 01:12:39 |
| 753   | F35 57  | 2001   | Cristina Campos     | F    | PT   | Gomes             | 01:13:23 |
| 754   | M60 22  | 2006   | Fernando Pereira    | M    | PT   |                   | 01:13:51 |
| 755   | F35 58  | 2193   | Elisabete Ferreira  | F    | PT   | Team Deluxe       | 01:14:22 |
| 756   | F35 59  | 2192   | Ana Matos           | F    | PT   | Team Deluxe       | 01:14:22 |
| 757   | F50 9   | 2121   | Maria Irene Gaspar  | F    | PT   | Titans            | 01:14:30 |
| 758   | F20 109 | 2082   | Marisa Oliveira     | F    | PT   | Tenacious Turtles | 01:14:32 |
| 759   | F20 110 | 834    | Mónica Silva        | F    | PT   | Tenacious Turtles | 01:14:33 |
| 760   | M45 55  | 796    | Jose Marques        | M    | PT   | Ccdt/Stcp         | 01:15:26 |
| 761   | M50 28  | 2070   | Joao Cunha          | M    | PT   | Ccdt/Stcp         | 01:15:26 |
| 762   | M40 94  | 2066   | Alvaro Almeida      | M    | PT   | Ccdt/Stcp         | 01:15:26 |
| 763   | F50 10  | 2052   | Albertina Oliveira  | F    | PT   | Travassos         | 01:15:28 |
| 764   | F40 49  | 2186   | Paula Gouveia       | F    | PT   | Portelinha        | 01:15:51 |
| 765   | F45 26  | 1623   | Ana Tasca           | F    | PT   | Charon            | 01:15:52 |
| 766   | F45 27  | 2553   | Anabela Silva       | F    | PT   | Clube Novo Banco  | 01:16:04 |
| 767   | M20 169 | 1279   | Joao Ferreira       | M    | PT   |                   | 01:16:31 |
| 768   | F20 111 | 1280   | Carla Machado       | F    | PT   |                   | 01:16:46 |
| 769   | F20 112 | 2198   | Monica Rocha        | F    | PT   | Bealive           | 01:16:58 |
| 770   | F20 113 | 2194   | Ana Monteiro        | F    | PT   | Bealive           | 01:16:58 |
| 771   | F17 13  | 2111   | Catarina Seemann    | F    | PT   | Ccdt/Stcp         | 01:17:15 |
| 772   | M60 23  | 2021   | Fernando Pereira    | M    | PT   |                   | 01:17:15 |
| 773   | F40 50  | 2022   | Susana Pereira      | F    | PT   |                   | 01:17:15 |
| 774   | F17 14  | 800    | Raquel Carneiro     | F    | PT   | Ccdt/Stcp         | 01:17:16 |
| 775   | F35 60  | 535    | Adriana Teixeira    | F    | PT   |                   | 01:17:35 |
| 776   | M35 91  | 1264   | Pedro Teixeira      | M    | PT   |                   | 01:17:36 |
| 777   | M50 29  | 2084   | Jorge Castro        | M    | PT   | Geccp             | 01:17:43 |
| 778   | M20 170 | 1282   | Tiago Pires         | M    | PT   |                   | 01:17:55 |
| 779   | F20 114 | 1281   | Maria Manuel Pires  | F    | PT   |                   | 01:17:55 |
| 780   | F40 51  | 2502   | Ana Moreira         | F    | PT   |                   | 01:18:13 |
| 781   | F50 11  | 2130   | Marília Paiva       | F    | PT   |                   | 01:19:04 |
| 782   | F50 12  | 2106   | Manuela Ferraz      | F    | PT   | Hindu             | 01:19:07 |
| 783   | F35 61  | 2105   | Angela Dias         | F    | PT   | Hindu             | 01:19:08 |
| 784   | F45 28  | 2088   | Anabela Canito      | F    | PT   | Solas Rotas       | 01:19:28 |
| 785   | M17 13  | 2089   | André Canito        | M    | PT   | Solas Rotas       | 01:19:28 |
| 786   | M60 24  | 2091   | Joaquim Abreu       | M    | PT   | Solas Rotas       | 01:19:28 |
| 787   | M35 92  | 2185   | Nuno Sousa          | M    | PT   | Sousa             | 01:19:40 |
| 788   | F35 62  | 2184   | Margarida Sousa     | F    | PT   | Sousa             | 01:19:40 |
| 789   | F35 63  | 2199   | Silvia Isabel Nunes | F    | PT   |                   | 01:19:40 |
| 790   | M17 14  | 2504   | João Reis           | M    | PT   |                   | 01:19:47 |
| 791   | F35 64  | 2503   | Paula Reis          | F    | PT   |                   | 01:19:49 |
| 792   | F20 115 | 2501   | Patricia Barbosa    | F    | PT   |                   | 01:19:50 |

| Lugar | Escalão | Dorsal | Atleta                  | Sexo | País | Equipa                  | Tempo    |
|-------|---------|--------|-------------------------|------|------|-------------------------|----------|
| 793   | F35 65  | 2505   | Sónia Miranda           | F    | PT   |                         | 01:19:57 |
| 794   | F50 13  | 2513   | Irene Leites            | F    | PT   |                         | 01:20:23 |
| 795   | F40 52  | 2037   | Ana Pereira             | F    | PT   |                         | 01:20:23 |
| 796   | F45 29  | 2523   | Hermínia Oliveira       | F    | PT   |                         | 01:20:23 |
| 797   | F50 14  | 1173   | Rosa Soares             | F    | PT   | Ribeiro                 | 01:20:30 |
| 798   | F60 5   | 1172   | Maria Ribeiro           | F    | PT   | Ribeiro                 | 01:20:31 |
| 799   | F20 116 | 2578   | Soraia Peixoto          | F    | PT   | He - Ufp                | 01:20:32 |
| 800   | M20 171 | 2148   | Francisco Areias        | M    | PT   | Vamos Andar A Penantes! | 01:20:32 |
| 801   | F20 117 | 2577   | Carolina Monteiro       | F    | PT   | He - Ufp                | 01:20:32 |
| 802   | F20 118 | 2147   | Brígida Teixeira        | F    | PT   | Vamos Andar A Penantes! | 01:20:32 |
| 803   | M20 172 | 2149   | Nuno Bernardo           | M    | PT   | Vamos Andar A Penantes! | 01:20:33 |
| 804   | F20 119 | 2011   | Ana Isabel Magalhães    | F    | PT   | Neo Run Team            | 01:21:29 |
| 805   | F35 66  | 2017   | Sónia Rodrigues         | F    | PT   | Neo Run Team            | 01:21:29 |
| 806   | F35 67  | 2126   | Paula Cristina          | F    | PT   |                         | 01:21:35 |
| 807   | M17 15  | 2183   | Luis Henrique Brito     | M    | PT   |                         | 01:21:49 |
| 808   | F50 15  | 2540   | Maria Ribeiro           | F    | PT   |                         | 01:21:49 |
| 809   | M17 16  | 1262   | Alexandre Teixeira      | M    | PT   |                         | 01:22:15 |
| 810   | F50 16  | 2092   | Paula Trabulo           | F    | PT   | Solas Rotas             | 01:22:16 |
| 811   | M45 56  | 2090   | Armando Trabulo         | M    | RU   | Solas Rotas             | 01:22:16 |
| 812   | F55 9   | 1511   | Paula Salgado           | F    | PT   |                         | 01:22:34 |
| 813   | F20 120 | 2118   | Ines Gaspar             | F    | PT   | Titans                  | 01:23:02 |
| 814   | M50 30  | 2124   | Rui Gaspar              | M    | PT   | Titans                  | 01:23:02 |
| 815   | F20 121 | 2125   | Vanessa Gaspar          | F    | PT   | Titans                  | 01:23:02 |
| 816   | M60 25  | 2101   | Augusto Barroso         | M    | PT   | Barroso Araújo          | 01:23:20 |
| 817   | F35 68  | 2537   | Paula Moreira           | F    | PT   |                         | 01:23:20 |
| 818   | F20 122 | 2541   | Andreia Rocha           | F    | PT   |                         | 01:23:21 |
| 819   | F50 17  | 2100   | Isabel Barbosa          | F    | PT   | Getting                 | 01:23:24 |
| 820   | F40 53  | 2099   | Alexandra Fernandes     | F    | PT   | Getting                 | 01:23:24 |
| 821   | F45 30  | 2048   | Ana Zagalo E Melo       | F    | PT   |                         | 01:24:02 |
| 822   | F20 123 | 2049   | Ana Raquel Dias         | F    | PT   |                         | 01:24:04 |
| 823   | F40 54  | 2113   | Sandra Seemann          | F    | PT   | Ccdt/Stcp               | 01:24:10 |
| 824   | F50 18  | 2112   | Lídia Marques           | F    | PT   | Ccdt/Stcp               | 01:24:10 |
| 825   | F35 69  | 2085   | Andreia Castro          | F    | PT   |                         | 01:25:11 |
| 826   | F45 31  | 2047   | Ana Paula Marques       | F    | PT   |                         | 01:25:11 |
| 827   | F45 32  | 2598   | Paula Fonseca           | F    | PT   |                         | 01:25:53 |
| 828   | F55 10  | 2603   | Maria Eugenia Goncalves | F    | PT   |                         | 01:25:54 |
| 829   | F20 124 | 2579   | Laura Oliveira          | F    | PT   | He - Ufp                | 01:25:59 |
| 830   | F20 125 | 2581   | Isabette Miranda        | F    | PT   | He - Ufp                | 01:25:59 |
| 831   | F20 126 | 2580   | Rosario Ribeiro         | F    | PT   | He - Ufp                | 01:26:00 |
| 832   | F35 70  | 2538   | Sandra Fernandes        | F    | PT   |                         | 01:26:02 |
| 833   | F40 55  | 2534   | Alice Moreira           | F    | PT   |                         | 01:26:02 |
| 834   | M20 173 | 1675   | Hugo Teixeira           | M    | PT   | Soc. Com. C. Santos     | 01:26:29 |
| 835   | F45 33  | 726    | Elsa Santos             | F    | PT   | Floressantos            | 01:26:31 |
| 836   | F17 15  | 729    | Sofia Santos            | F    | PT   | Floressantos            | 01:26:31 |

| Lugar | Escalão | Dorsal | Atleta                  | Sexo | País | Equipa                | Tempo    |
|-------|---------|--------|-------------------------|------|------|-----------------------|----------|
| 837   | M50 31  | 727    | Ilidio Santos           | M    | PT   | Floressantos          | 01:26:31 |
| 838   | F20 127 | 1677   | Cristina Teixeira       | F    | PT   | Soc. Com. C. Santos   | 01:26:31 |
| 839   | M20 174 | 1676   | Joao Teixeira           | M    | PT   | Soc. Com. C. Santos   | 01:26:32 |
| 840   | F35 71  | 2018   | Vera Pereira            | F    | PT   | Neo Run Team          | 01:26:40 |
| 841   | F35 72  | 2015   | Paula Lopes             | F    | PT   | Neo Run Team          | 01:26:40 |
| 842   | F35 73  | 2009   | Alexandra Vaz           | F    | PT   | Neo Run Team          | 01:26:40 |
| 843   | F17 16  | 2536   | Soraia Moreira          | F    | PT   |                       | 01:26:54 |
| 844   | F20 128 | 2535   | Vera Pinto              | F    | PT   |                       | 01:26:55 |
| 845   | F20 129 | 2539   | Virginia Alves          | F    | PT   |                       | 01:26:55 |
| 846   | F55 11  | 2159   | Conceição Oliveira      | F    | PT   |                       | 01:27:04 |
| 847   | M20 175 | 2117   | Helder Moreira          | M    | PT   | Titans                | 01:27:18 |
| 848   | F20 130 | 899    | Claudia Andrade         | F    | PT   | Titans                | 01:27:18 |
| 849   | F17 17  | 2599   | Camila Barros           | F    | PT   |                       | 01:27:25 |
| 850   | F45 34  | 2600   | Carla Pires             | F    | PT   |                       | 01:27:25 |
| 851   | F20 131 | 2057   | Liliana Neto            | F    | PT   | Familia               | 01:27:50 |
| 852   | M45 57  | 1680   | Jorge Fernando          | M    | PT   | Soc. Com. C. Santos   | 01:28:18 |
| 853   | F20 132 | 1678   | Beatriz Teixeira        | F    | PT   | Soc. Com. C. Santos   | 01:28:18 |
| 854   | F40 56  | 2102   | Manuela Barroso         | F    | PT   | Barroso Araújo        | 01:28:35 |
| 855   | M17 17  | 2103   | Nuno Araújo             | M    | PT   | Barroso Araújo        | 01:28:35 |
| 856   | M55 19  | 2120   | Manuel Andrade          | M    | PT   | Titans                | 01:29:13 |
| 857   | F50 19  | 2122   | Otilia Andrade          | F    | PT   | Titans                | 01:29:13 |
| 858   | M40 95  | 2109   | Joao Loureiro           | M    | PT   |                       | 01:29:45 |
| 859   | F35 74  | 2114   | Joana Abreu             | F    | PT   |                       | 01:29:46 |
| 860   | F20 133 | 2129   | Filipa Daniela Duarte   | F    | PT   |                       | 01:30:36 |
| 861   | M20 176 | 2127   | Tiago Marques           | M    | PT   |                       | 01:30:36 |
| 862   | M45 58  | 2508   | Richard Domingos        | M    | PT   |                       | 01:30:47 |
| 863   | F40 57  | 2509   | Alexandra Domingos      | F    | PT   |                       | 01:30:48 |
| 864   | F20 134 | 2589   | Maria Emilia Silva      | F    | PT   | He - Ufp              | 01:31:01 |
| 865   | F20 135 | 2584   | Anabela Celestino       | F    | PT   | He - Ufp              | 01:31:01 |
| 866   | M20 177 | 2590   | Jose Carlos Tavares     | M    | PT   | He - Ufp              | 01:31:30 |
| 867   | M20 178 | 2586   | Antonio Santos          | M    | PT   | He - Ufp              | 01:31:33 |
| 868   | M45 59  | 2098   | José Gomes              | M    | PT   |                       | 01:31:56 |
| 869   | F45 35  | 2097   | Isabel Nunes            | F    | PT   |                       | 01:31:56 |
| 870   | M20 179 | 2032   | Pedro Dionísio          | M    | PT   | N0 Experience         | 01:31:57 |
| 871   | F20 136 | 2030   | Catarina Pacheco        | F    | PT   | N0 Experience         | 01:31:57 |
| 872   | F20 137 | 2029   | Ana Dionísio            | F    | PT   | N0 Experience         | 01:31:57 |
| 873   | F40 58  | 2153   | Helena Marina Nunes     | F    | PT   | The Girls And The Boy | 01:32:11 |
| 874   | F60 6   | 2161   | Matilde Silva           | F    | PT   | Familia Nunes         | 01:32:12 |
| 875   | F35 75  | 2133   | Sandra Ribeiro          | F    | PT   |                       | 01:34:15 |
| 876   | F50 20  | 2567   | Maria Conceicao Machado | F    | PT   |                       | 01:34:15 |
| 877   | F40 59  | 2110   | Susana Pinto            | F    | PT   |                       | 01:34:56 |
| 878   | F55 12  | 1299   | Sara Maria Pinho        | F    | PT   |                       | 01:34:57 |
| 879   | F20 138 | 1298   | Sara Filipa Gomes       | F    | PT   |                       | 01:34:57 |
| 880   | F20 139 | 1300   | Mariana Pereira         | F    | PT   |                       | 01:34:58 |

| Lugar | Escalão | Dorsal | Atleta             | Sexo | País | Equipa   | Tempo    |
|-------|---------|--------|--------------------|------|------|----------|----------|
| 881   | F35 76  | 2570   | Liliana Da Luz     | F    | PT   |          | 01:35:17 |
| 882   | F20 140 | 2583   | Manuela Silva      | F    | PT   | He - Ufp | 01:35:23 |
| 883   | F20 141 | 2585   | Fernanda Santos    | F    | PT   | He - Ufp | 01:35:24 |
| 884   | F17 18  | 2640   | Beatriz Marques    | F    | PT   | M.S.     | 01:36:27 |
| 885   | F35 77  | 2646   | Virginia Conceicao | F    | PT   | M.S.     | 01:36:27 |
| 886   | F20 142 | 2645   | Rute Barbosa       | F    | PT   | M.S.     | 01:36:27 |
| 887   | F20 143 | 2644   | Claudia Marques    | F    | PT   | M.S.     | 01:36:28 |
| 888   | F20 144 | 2642   | Diana Mano         | F    | PT   | M.S.     | 01:36:29 |