

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
1		1	4	Paulo Gomes	M	PT	Cua Benaventense	00:25:11
2	M35	1	11	Artur Rodrigues	M	PT	Cua Benaventense	00:25:22
3		1	15	Claudia Pereira	F	PT	Individual	00:27:33
4		1	3	Daniel Pinheiro	M	PT	Maia A. C.-Gosaude	00:27:35
5		1	9	Doroteia Peixoto	F	PT	Maratona C P	00:28:05
6	F35	2	10	Analia Rosa	F	PT	Maratona C P	00:28:54
7	F20	2	7	Sonia Fernandes	F	PT	S L Benfica	00:28:59
8	M20	2	644	Tiago Moreira	M	PT		00:29:10
9	M35	2	4046	Jose Faria Ferreira	M	PT	Porto Runners	00:29:13
10	M20	3	4044	Luis Beato Pereira	M	PT	Leoes Da Fronteira	00:29:40
11	M55	1	340	Joaquim Azevedo	M	PT	Charon	00:29:54
12	M20	4	614	Tiago Moura	M	PT		00:30:08
13	M20	5	354	Roberto Machado	M	PT	Montepio Geral	00:30:11
14	M20	6	14	Miguel Teixeira	M	PT	Maratona C P	00:30:26
15	M20	7	4216	Fabio Teles	M	PT	Individual	00:30:32
16	M45	1	560	Paulo De Jesus Oliveira	M	PT		00:30:43
17	M20	8	655	Carlos Fonseca	M	PT		00:30:49
18	M45	2	4036	Jose Antonio Almeida	M	PT	Academia Fernanda Ribeiro	00:30:52
19	M35	3	303	Angelo Cabral	M	PT	Individual	00:30:55
20	M35	4	4021	Diogo Serra	M	PT	Individual	00:31:19
21	M50	1	683	António Ruela	M	PT	Clube Futebol Oliveira Do Douro	00:31:20
22	F20	3	8	Elisabete Azevedo	F	PT	Adercus	00:31:26
23	M40	2	6	Alain Couto	M	PT	A.D. Rio Largo Clube Espinho	00:31:26
24	M35	5	526	André Mesquita	M	PT		00:31:28
25	M55	2	668	José Cabral	M	PT	Individual	00:31:30
26	M20	9	4022	Jose Rocha Pereira	M	PT	Ad Rio Largo C Esp	00:31:46
27	M40	3	355	Álvaro Sousa	M	PT	Montepio Geral	00:32:05
28	M45	3	4119	Domingos Presas	M	PT	Individual	00:32:23
29	M35	6	4018	Mario Dias	M	PT	Individual	00:32:24
30	M35	7	650	Americo Silva	M	PT		00:32:24
31	M35	8	579	Nuno Pinho	M	PT	Individual	00:32:26
32	M35	9	4023	Carlos Ferreira	M	PT	Ad Rio Largo C Esp	00:32:30
33	M20	10	4217	Filipe Teles	M	PT	Individual	00:32:34
34	M40	4	4092	Alberto Silva	M	PT	Soc. Com. C. Santos	00:32:43
35	M45	4	4045	Victor Carvalho	M	PT	Porto Runners	00:33:04
36	M35	10	339	Claudio Araujo	M	PT	Charon	00:33:15
37	F45	1	4161	Maria Ribeiro	F	PT	Individual	00:33:22
38	M20	11	4014	Mario Manuel Teixeira	M	PT	Individual	00:33:22

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
39	M40	5	564	Artur Carvalho	M	PT	Ss Montepio	00:33:28
40	M45	5	4101	Eduardo Teixeira	M	PT	Soc. Com. C. Santos	00:33:48
41	M40	6	510	Jose Machado	M	PT	I-Run	00:34:09
42	M40	7	535	Pedro Dias	M	PT		00:34:14
43	M40	8	352	Fernando Almeida	M	PT	Montepio Geral	00:34:16
44	M35	11	618	Nuno Morais	M	PT	4 Runners	00:34:16
45	M50	2	686	Alberto Espinheira	M	PT	Movol	00:34:17
46	M40	9	625	Luis Torres	M	PT	H3 Runners	00:34:17
47	M45	6	4024	Jose Pereira	M	PT	Individual	00:34:20
48	M20	12	594	Nelson Braga	M	PT		00:34:31
49	M45	7	687	Paulo Silva	M	PT		00:34:32
50	M50	3	4133	Sebastião Cardoso	M	PT	Individual	00:34:38
51	M20	13	584	Antonio Rocha	M	PT	A Tripla	00:34:42
52	M45	8	4038	Joaquim Manuel Da Silva	M	PT	Individual	00:34:42
53	M40	10	555	Juvenal Ferreira	M	PT		00:34:50
54	M50	4	543	António Dias	M	PT		00:34:54
55	M50	5	4093	Mario Pereira	M	PT	Soc. Com. C. Santos	00:34:55
56	M50	6	4102	Emanuel Madureira	M	PT	Individual	00:34:58
57	M60	1	151	Oscar Loureiro	M	PT	Individual	00:35:10
58	M20	14	4020	Antonio Neves	M	PT	Individual	00:35:20
59	M20	15	4219	Joao Fernandes	M	PT	Individual	00:35:21
60	M20	16	501	Ricardo Parada	M	PT	Individual	00:35:22
61	M35	12	4077	Hugo Carmo	M	PT	C V Porto	00:35:23
62	M20	17	4048	Tiago Moleirinho	M	PT	Individual	00:35:24
63	M20	18	4116	Carlos Goncalves	M	PT	Individual	00:35:26
64	M45	9	536	Luis Araujo	M	PT		00:35:29
65	M40	11	356	Paulo Silva	M	PT	Montepio Geral	00:35:31
66	M40	12	641	Joao Bandeira	M	PT		00:35:35
67	M20	19	4135	Marco Escadas	M	PT	Individual	00:35:36
68	M35	13	4049	Rui Fernando Teixeira	M	PT	Individual	00:35:37
69	M40	13	596	Silvério Guerreiro	M	PT	Tartugas De Loulé	00:35:38
70	M45	10	513	Alexandre Ferreira	M	PT		00:35:43
71	M20	20	630	Raul Coelho	M	PT		00:35:54
72	M35	14	314	Francisco Freitas	M	PT	Liberty Seguros	00:35:59
73	M45	11	338	Manuel Almeida	M	PT	Charon	00:36:07
74	M20	21	640	Albertino Reis	M	PT	Speedatleths	00:36:17
75	M55	3	4070	Jose Macedo	M	PT	C V Porto	00:36:27
76	M35	15	634	Helder Palma	M	PT		00:36:36

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
77	M35	16	675	Filipe Ramos	M	PT	Powerteam	00:36:39
78	M20	22	572	Rui Pereira	M	PT		00:36:42
79	F45	2	4169	Matilde Baptista	F	PT	Individual	00:36:44
80	M40	14	4220	Luis Miguel Dias	M	PT	Individual	00:36:47
81	M20	23	547	Rui Teixeira	M	PT		00:37:00
82	M20	24	343	Nuno Silva	M	PT	Charon	00:37:10
83	M20	25	4123	Carlos Nogueira	M	PT	Gondomar Futsal Clube	00:37:11
84	M40	15	673	Joaquim Fernandes	M	PT	Mchn Runners & Walkers	00:37:15
85	M40	16	333	Paulo Graca	M	PT	Soc. Com. C. Santos	00:37:15
86	M50	7	4068	Paulo Ribeiro	M	PT	C V Porto	00:37:18
87	M20	26	627	André Gomes	M	PT		00:37:23
88	M35	17	4159	Rui Garcia	M	PT	Individual	00:37:25
89	M45	12	508	Nuno Magalhães	M	PT		00:37:27
90	M20	27	626	Joao Silva	M	PT		00:37:30
91	M20	28	4177	Hugo Manuel Leite	M	PT	Individual	00:37:33
92	M45	13	336	Adalberto Silva	M	PT	Charon	00:37:35
93	M40	17	521	Nuno Carvalho	M	PT		00:37:36
94	M35	18	4063	Pedro Ferreira	M	PT	Individual	00:37:36
95	M40	18	4088	Augusto Pacheco	M	PT	Soc. Com. C. Santos	00:37:39
96	M20	29	47	Pedro Barroco	M	PT	Elite	00:37:40
97	M20	30	745	Rui Silva	M	PT	C.D.C. Navais	00:37:42
98	M20	31	586	Ricardo Boucinha	M	PT	A Tripla	00:37:44
99	M45	14	647	Virgílio Barbosa	M	PT	Cdc Navais	00:37:49
100	M20	32	588	Carlos Barbosa	M	PT	Grupo Desportivo Vale Ave	00:37:49
101	M40	19	741	José Fernandes	M	PT		00:37:51
102	M40	20	629	Abel Moreira	M	PT		00:37:55
103	M20	33	315	Filipe Maia	M	PT	Liberty Seguros	00:38:00
104	M50	8	527	Abilio Teixeira	M	PT		00:38:01
105	M45	15	590	Paulo Machado	M	PT	Grupo Desportivo Vale Ave	00:38:07
106	M35	19	342	Miguel Sousa	M	PT	Charon	00:38:10
107	M35	20	335	Nuno Carmo	M	PT	Charon	00:38:15
108	M20	34	4032	Armando Carragoso	M	PT	Individual	00:38:18
109	M45	16	553	Manuel Alves	M	PT		00:38:19
110	M20	35	592	Fernando Peixoto	M	PT	Gasolina Sem Chumbo	00:38:23
111	M20	36	4179	Joel Marques	M	PT	Individual	00:38:27
112	M50	9	341	Carlos Simoes	M	PT	Charon	00:38:28
113	M35	21	671	António Leite	M	PT	Mchn Runners & Walkers	00:38:28
114	M45	17	5	Jose Azevedo	M	PT	Individual	00:38:31

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
115	M20	37	4047	Nelson Silva	M	PT	Individual	00:38:31
116	M40	21	4009	Antonio Borges	M	PT	Individual	00:38:31
117	M35	22	4056	Joao Pocas	M	PT	Individual	00:38:33
118	M45	18	4122	Rui Amaral	M	PT	Individual	00:38:34
119	M20	38	711	Ricardo Cardoso	M	PT	Speed Athletes	00:38:35
120	M50	10	4050	Antonio Oliveira	M	PT	Individual	00:38:37
121	M40	22	725	Pedro Moreira	M	PT	Vitalis	00:38:40
122	M50	11	4069	Oscar Leite	M	PT	C V Porto	00:38:41
123	M35	24	539	Manuel Alves	M	PT	Caetano Runners	00:38:45
124	M35	23	580	Sérgio Matos	M	PT		00:38:45
125	M45	19	4150	João Oliveira	M	PT	Individual	00:38:46
126	M40	23	4064	Manuel Oliveira Santos	M	PT	Clube Pt Zona Norte - Atletas	00:38:52
127	M45	20	581	Jorge Simões	M	PT	Virgin Active Gaia	00:38:54
128	M20	39	558	Tiago Lourenço	M	PT		00:38:57
129	M20	40	4112	Miguel Pereira	M	PT	Inspire	00:38:59
130	M35	25	682	André Bandeira	M	PT		00:39:02
131	M35	26	4212	Jorge Ferreira	M	PT	Individual	00:39:03
132	M35	27	330	Sergio Pinto	M	PT	Soc. Com. C. Santos	00:39:10
133	M45	21	4143	António Cabral	M	PT	Invicta Runners Team	00:39:12
134	M40	24	708	Francisco Cerqueira	M	PT	Maratonistas Minho	00:39:18
135	F45	3	4137	Paula Amorim	F	PT	Individual	00:39:19
136	M20	41	589	Nuno Carvalho	M	PT	Grupo Desportivo Vale Ave	00:39:22
137	M20	42	575	Joaquim Alves	M	PT		00:39:32
138	M20	43	4202	Américo Ferreira	M	PT	Individual	00:39:36
139	M20	44	707	José Gomes	M	PT	Academia Best Club	00:39:38
140	M60	2	577	Jorge Gonçalves	M	PT	Runporto	00:39:43
141	M20	45	685	Miguel Leão	M	PT		00:39:45
142	M20	46	691	Bruno Pires	M	PT	Frc-Friendship Running Crew	00:39:47
143	M40	25	4134	Damião Pacheco	M	PT	Individual	00:39:47
144	M20	47	4114	Vitor Silva	M	PT	Individual	00:39:48
145	M50	12	652	Jose Fonseca	M	PT		00:39:48
146	M50	13	712	Vitor Almeida	M	PT		00:39:50
147	M40	26	718	Pedro Lopes	M	PT	Vitalis	00:39:52
148	M40	27	4097	Jose Matos	M	PT	Soc. Com. C. Santos	00:39:53
149	M40	28	4098	Nelson Campos	M	PT	Soc. Com. C. Santos	00:39:53
150	M20	48	4040	Paulo Luis Santos	M	PT	Individual	00:39:54
151	M20	49	18	André Sampaio	M	PT	Sport Zone	00:39:55
152	M20	50	4124	Carlos Santos	M	PT	Gondomar Futsal Clube	00:39:57

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
153	F20	4	4149	Sandra Silva	F	PT	Individual	00:39:57
154	M45	22	4007	Fernando Pedrieras	M	PT	Ass. Btt Tt Sandim	00:40:01
155	M35	28	4106	Jorge Silva	M	PT	Individual	00:40:01
156	M35	29	317	Tiago Frutuoso	M	PT	Liberty Seguros	00:40:02
157	M40	29	306	Adalberto Sousa	M	PT	Liberty Seguros	00:40:02
158	M20	51	4113	Henrique Pereira	M	PT	Inspire	00:40:02
159	M40	30	305	Jose Augusto Oliveira	M	PT	Liberty Seguros	00:40:05
160	M55	4	679	Vitor Marcachita	M	PT		00:40:06
161	M40	31	502	Pedro Duarte Silva	M	PT	Never Give Up	00:40:09
162	M20	52	624	José Luís Lima	M	PT		00:40:20
163	M55	5	4178	Ribeiro Mendes	M	PT	Individual	00:40:23
164	M20	53	4209	Marcio Silva	M	PT	Individual	00:40:27
165	M20	54	4208	Jose Cunha	M	PT	Individual	00:40:27
166	M20	55	532	Pedro Henrique Silva	M	PT		00:40:34
167	M35	30	49	Nuno Malheiro	M	PT	Individual	00:40:34
168	M35	31	311	Ricardo Pacheco	M	PT	Liberty Seguros	00:40:35
169	M55	6	4075	Augusto Pinto	M	PT	C V Porto	00:40:39
170	M40	32	603	Fernando Bernardino	M	PT		00:40:39
171	M20	56	591	Miguel Mendes	M	PT	Putinhos	00:40:41
172	M20	57	4180	Luis Estevão	M	PT	Individual	00:40:43
173	M20	58	376	Pedro Alves	M	PT	Liberty Seguros	00:40:43
174	F20	5	316	Joana Maia	F	PT	Liberty Seguros	00:40:43
175	M50	14	506	Armando Santos	M	PT		00:40:45
176	M35	32	359	António Silva	M	PT	Montepio Geral	00:40:46
177	M20	59	639	Bruno Ferreira	M	PT		00:40:48
178	M40	33	50	Mario Teixeira	M	PT	Individual	00:40:50
179	M20	60	688	Domingos Oliveira	M	PT		00:40:52
180	M20	61	556	Carlos Viana	M	PT	Caetano Runners	00:40:55
181	M35	33	562	Nuno Santos	M	PT		00:40:58
182	M40	34	4008	Rui Pedreiras	M	PT	Ass. Btt Tt Sandim	00:41:04
183	M45	23	593	Vitor Portela	M	PT	Gasolina Sem Chumbo	00:41:09
184	M35	34	4108	Rui Gomes	M	PT	Individual	00:41:14
185	F20	6	4109	Ana Correia	F	PT	Individual	00:41:15
186	M35	35	678	Paulo Silva	M	PT		00:41:16
187	M60	3	4107	Antonio Martins	M	PT	Individual	00:41:17
188	M20	62	4059	Heber Freitas	M	PT	Individual	00:41:21
189	M20	63	700	Hugo Teixeira	M	PT		00:41:24
190	M17	1	4013	Tiago Sousa Franco	M	PT	Individual	00:41:25

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
191	M45	24	638	Rui Peixoto	M	PT		00:41:26
192	M20	64	702	Filipe Cardoso	M	PT		00:41:26
193	M20	65	4163	Ivo Fortuna	M	PT	Individual	00:41:27
194	F20	7	4203	Mari Helene Karstad	F	NO	Individual	00:41:28
195	F20	8	571	Rita Crespo	F	PT		00:41:28
196	F20	9	4104	Daniela Pereira	F	PT	Individual	00:41:28
197	M20	66	4103	Bruno Neves	M	PT	Individual	00:41:28
198	M35	36	4054	Nuno Silva	M	PT	Individual	00:41:29
199	M20	67	651	Nuno Ribeiro	M	PT		00:41:30
200	M45	25	542	Manuel Monteiro	M	PT		00:41:35
201	M20	68	701	Gilberto Ferreira	M	PT		00:41:36
202	M20	69	22	Ricardo Lopes	M	PT	Sport Zone	00:41:36
203	M40	35	503	Nuno Leão	M	PT		00:41:36
204	M20	70	23	Sérgio Borges	M	PT	Sport Zone	00:41:37
205	F20	10	4128	Patricia Abreu	F	PT	Ss Montepio	00:41:42
206	F45	4	554	Maria Ribeiro	F	PT		00:41:42
207	M35	37	723	Emanuel Gomes	M	PT		00:41:43
208	M20	71	695	Tiago Pereira	M	PT	Frc-Friendship Running Crew	00:41:45
209	M20	72	309	Ruben Portilho	M	PT	Liberty Seguros	00:41:50
210	M60	4	631	Abilio Soares	M	PT		00:41:51
211	M40	36	732	Jose Aleixo	M	PT	Vitalis	00:41:52
212	M20	73	636	Bruno Vieira	M	PT		00:41:52
213	M20	74	595	Simão Lúcio	M	PT	Exsedentários	00:41:52
214	F35	3	690	Aurora Pires	F	PT		00:41:54
215	M35	38	637	Jose Luis Rocha	M	PT		00:41:54
216	M40	37	4043	Andre Guedes	M	PT	Individual	00:42:04
217	M35	39	4140	Paulo Ribeiro	M	PT	Individual	00:42:05
218	M55	7	4085	Francisco Oliveira	M	PT	A A Gondomar	00:42:06
219	M35	40	583	Fernando Sousa	M	PT		00:42:07
220	M40	38	610	Fernando Rocha	M	PT		00:42:07
221	M35	41	606	Pedro Vieira	M	PT		00:42:13
222	M20	75	325	Nuno Pedra	M	PT	Liberty Seguros	00:42:14
223	F45	5	516	Teresa Maia	F	PT	Happyrun	00:42:14
224	M45	26	519	Florindo Ramos	M	PT		00:42:15
225	M20	76	349	Jorge Garcia	M	PT	Montepio Geral	00:42:16
226	M55	8	515	Fernando Maia	M	PT	Happyrun	00:42:16
227	M50	15	375	Alexandre Santana	M	PT	Individual	00:42:17
228	M40	39	551	João Carvalho	M	PT		00:42:18

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
229	M60	5	534	Alberto Lizardo	M	PT		00:42:25
230	M45	27	48	Miguel Santos	M	PT	Individual	00:42:28
231	F45	6	4042	Ana Maria Barbosa	F	PT	Individual	00:42:36
232	M40	40	319	Luis Miguel Tavares	M	PT	Liberty Seguros	00:42:42
233	M40	41	4001	Miguel Resende	M	PT	Individual	00:42:43
234	M40	42	563	Alfredo Abreu	M	PT	Ss Montepio	00:42:46
235	M50	16	4003	Luis Miguel Rodrigues	M	PT	No Tomorrow Running	00:42:47
236	M35	42	706	Nuno Tavares	M	PT		00:42:57
237	M40	43	616	David Ribeiro	M	PT		00:42:59
238	M35	43	4111	Fernando Mateus	M	PT	Individual	00:43:01
239	M35	44	525	Jose Miguel Martins Costa	M	PT		00:43:02
240	M45	28	4073	Eugenio Campos	M	PT	C V Porto	00:43:07
241	M20	77	4156	José Tiago Garcia	M	PT	Individual	00:43:08
242	F20	11	324	Susana Pereira	F	PT	Liberty Seguros	00:43:13
243	M60	6	329	Luis Pereira	M	PT	Liberty Seguros	00:43:13
244	M20	78	41	Antonio Teixeira	M	PT	Individual	00:43:15
245	M20	79	4146	Ivo Martins	M	PT	Individual	00:43:18
246	M35	45	698	Jorge Santos	M	PT		00:43:19
247	M45	29	746	Rui Peixoto	M	PT	Bicademia Ginasio	00:43:24
248	F40	1	654	Sandra Lemos	F	PT	Bicademia Ginasio	00:43:24
249	M20	80	4147	Emanuel Costa	M	PT	Individual	00:43:30
250	M20	81	4029	Hernani Goncalves	M	PT	Individual	00:43:35
251	M40	44	4096	Pedro Matos	M	PT	Soc. Com. C. Santos	00:43:40
252	F35	4	524	Sonia Patricia Jesus Ferreira	F	PT		00:43:40
253	F45	7	672	Isabel Silva	F	PT	Mchn Runners & Walkers	00:43:42
254	M50	17	674	Rui Mendonça	M	PT	Mchn Runners & Walkers	00:43:42
255	M60	7	696	Fernando Pires	M	PT		00:43:52
256	M20	82	4037	Rui Silva	M	PT	Individual	00:44:02
257	M20	83	677	Ricardo Fernandes	M	PT		00:44:10
258	M20	84	4127	Pedro Silva	M	PT	Individual	00:44:12
259	M45	30	504	Andre Santos	M	PT	As-Ad	00:44:13
260	M55	9	4052	Jose Raimundo	M	PT	Individual	00:44:16
261	M35	46	373	Mário Pereira	M	PT	Liberty Seguros	00:44:23
262	F35	5	374	Paula Ferreira	F	PT	Liberty Seguros	00:44:23
263	F20	12	28	Maria José Patrício	F	PT	Lactogal	00:44:29
264	M50	18	4058	Orlando Iglesias	M	PT	Individual	00:44:42
265	F20	13	689	Sara Amaral	F	PT		00:44:43
266	M35	47	520	Fernando Castro	M	PT		00:44:47

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
267	F35	6	736	Mónica Santos	F	PT		00:44:49
268	M17	2	4224	Emilia Sabenca	M	PT	Individual	00:44:50
269	M40	45	4225	Emilio Figueiras	M	PT	Individual	00:44:50
270	F40	2	533	Sandra Goncalo	F	PT		00:45:01
271	M35	48	726	Nuno Sousa	M	PT	Corredores Nocturnos De Paredes	00:45:06
272	F35	7	684	Paula Barbosa	F	PT		00:45:07
273	M35	49	518	Nuno Malafaya	M	PT		00:45:08
274	M35	50	605	Pedro Rodrigues	M	PT		00:45:20
275	M45	31	617	Vitor Rodrigues	M	PT	Correr	00:45:20
276	M55	10	4139	Armando Rocha Cunha	M	PT	Individual	00:45:23
277	M20	85	20	Tiago Santos	M	PT	Sport Zone	00:45:23
278	M50	19	582	Antonio Longo	M	PT		00:45:26
279	F45	8	4170	Marinha Baptista	F	PT	Individual	00:45:29
280	M35	51	4055	Ricardo Ferreira	M	PT	Individual	00:45:32
281	F35	8	737	Patricia Fernandes	F	PT	Os Fugitivos Da Crise	00:45:40
282	M40	46	667	Eduardo Falcão	M	PT		00:45:42
283	M35	52	573	Paulo Grifo	M	PT		00:45:47
284	F45	9	4084	Cristina Cortez	F	PT	Individual	00:45:48
285	F20	14	557	Zélia Viana	F	PT	Caetano Runners	00:45:49
286	M50	20	4067	Pedro Cardoso	M	PT	C V Porto	00:45:51
287	M35	53	4206	Rui Santos	M	PT	Individual	00:45:54
288	M35	54	570	Rui Vasques	M	PT	Ss Montepio	00:45:55
289	F35	9	658	Joana Monteiro	F	PT		00:46:02
290	M20	86	653	Miguel Pimentel	M	PT		00:46:13
291	F40	3	4190	Ana Castro	F	PT	C A L	00:46:29
292	M35	55	4117	Rui Miguel Pinto	M	PT	Individual	00:46:39
293	M20	87	4129	Mario Lima	M	PT	G D Bpi	00:46:51
294	F45	10	4011	Paula Fidalgo	F	PT	Individual	00:46:52
295	M50	21	4089	Armindo Ferreira	M	PT	Soc. Com. C. Santos	00:46:53
296	F40	4	567	Maria Fernanda Martins	F	PT	Ss Montepio	00:47:00
297	F20	15	4060	Joana Vieira	F	PT	Individual	00:47:01
298	F20	16	4028	Carla Araujo	F	PT	Individual	00:47:01
299	M20	88	4027	Bruno Araujo	M	PT	Individual	00:47:02
300	M20	89	4141	Sergio Aguiar	M	PT	Individual	00:47:09
301	F35	10	312	Carla Pimentel	F	PT	Liberty Seguros	00:47:10
302	M40	47	327	Vitor Fernandes	M	PT	Liberty Seguros	00:47:11
303	M40	48	344	Jorge Pereira	M	PT	Liberty Seguros	00:47:11
304	M40	49	328	Paulo Pires	M	PT	Liberty Seguros	00:47:11

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
305	M40	50	345	Jose Lopes	M	PT	Liberty Seguros	00:47:11
306	M40	51	326	Cesar Teixeira	M	PT	Liberty Seguros	00:47:11
307	M20	90	4004	Fernando Queiros	M	PT	Individual	00:47:13
308	M20	91	704	Bruno Silva	M	PT	Individual	00:47:13
309	M45	32	334	Sergio Cardoso	M	PT	Charon	00:47:14
310	F17	1	697	Marlene Morgado	F	PT		00:47:14
311	M17	3	4192	Gustavo Cunha	M	PT	Individual	00:47:15
312	F35	11	4195	Silvia Paixão	F	PT	Individual	00:47:15
313	M17	4	4193	João Rodrigues	M	PT	Individual	00:47:15
314	M35	56	4194	Paulo Paixão	M	PT	Individual	00:47:15
315	M40	52	4125	José Pedro Pereira	M	PT	Gondomar Futsal Clube	00:47:19
316	F35	12	666	Adelaide Duarte	F	PT		00:47:20
317	M20	92	369	Rui Pinto	M	PT	Liberty Seguros	00:47:26
318	M40	53	370	Nuno Ribeiro	M	PT	Liberty Seguros	00:47:26
319	F20	17	680	Catarina Miranda	F	PT	As Abençoadas	00:47:27
320	M20	93	4142	David Barros	M	PT	Individual	00:47:28
321	M20	94	561	Ivo Costa	M	PT		00:47:30
322	M20	95	4205	Nuno Lopes Almeida	M	PT	Individual	00:47:34
323	M50	22	4136	Rui Teles	M	PT	Individual	00:47:35
324	F20	18	4204	Ana Cota	F	PT	Individual	00:47:41
325	F40	5	4080	Ana Paula Teixeira	F	PT	Individual	00:47:53
326	M40	54	714	Pedro Justo	M	PT	Vitalis	00:47:54
327	F45	11	4184	Maria Lucia Vaz	F	PT	Individual	00:47:54
328	M45	33	550	Sérgio Pereira	M	PT		00:47:54
329	F35	13	12	Natalia Beleza	F	PT	Cua Benaventense	00:47:58
330	M40	55	733	Paulo Sena	M	PT		00:48:00
331	M35	57	713	Rui Silva	M	PT		00:48:04
332	M40	56	705	Antonio Falcão	M	PT		00:48:05
333	M50	23	4072	Jose Varandas	M	PT	C V Porto	00:48:09
334	F40	6	4132	Isabel Mariano	F	PT	Individual	00:48:11
335	M35	58	4223	Pedro Venancio	M	PT	Individual	00:48:12
336	F35	14	321	Sandra Sousa	F	PT	Liberty Seguros	00:48:17
337	F20	19	578	Norma Soares	F	PT		00:48:21
338	F20	20	619	Cristina Costa	F	PT		00:48:30
339	M20	96	613	Valter Fernandes	M	PT		00:48:30
340	M35	59	4226	Miguel Pereira	M	PT	Individual	00:48:32
341	M20	97	4182	Pedro Sequeira	M	PT	Individual	00:48:35
342	F20	21	530	Mariana Costa	F	PT		00:48:35

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
343	F20	22	4183	Tania Dias	F	PT	Individual	00:48:35
344	M35	60	348	Francisco Gomes	M	PT	Montepio Geral	00:48:40
345	M20	98	628	Pedro Serafim	M	PT		00:48:44
346	M40	57	663	Marcelo Costa	M	PT		00:48:52
347	F17	2	599	Adriana Ferreira	F	PT	Gaia Sport Center - Club Running	00:48:53
348	F20	23	681	Ana Rita Macedo	F	PT		00:48:53
349	M45	34	600	Marcelo Ferreira	M	PT	Gaia Sport Center - Club Running	00:48:54
350	M40	58	4121	Américo Martins	M	PT	Individual	00:48:54
351	F45	12	601	Maria Ferreira	F	PT	Gaia Sport Center - Club Running	00:48:54
352	F20	24	635	Lúcia Mendonça	F	PT		00:49:01
353	M35	61	4173	Nuno Silva	M	PT	Ana Porto	00:49:02
354	F20	25	4172	Joana Carvalho	F	PT	Ana Porto	00:49:02
355	M50	24	511	José Resende	M	PT		00:49:04
356	M20	99	612	Daniel Lopes	M	PT		00:49:07
357	F40	7	669	Filipa Falcão	F	PT		00:49:08
358	F45	13	4152	Lina Teixeira	F	PT	Individual	00:49:08
359	M40	59	323	Virgilio Mascarenhas	M	PT	Liberty Seguros	00:49:10
360	M20	100	4145	Abel Almeida Maio	M	PT	Individual	00:49:12
361	F20	26	649	Susana Norton	F	PT		00:49:13
362	M35	62	4197	Delfim Nogueira	M	PT	Individual	00:49:13
363	F20	27	4196	Renata Martins	F	PT	Individual	00:49:13
364	F20	28	4010	Celia Magalhaes	F	PT	Individual	00:49:15
365	M20	101	304	Carlos Silva	M	PT	Individual	00:49:17
366	M35	63	507	Gabriel Santos	M	PT		00:49:21
367	M20	102	4061	Tiago Regala	M	PT	Individual	00:49:23
368	F20	29	4062	Patricia Teixeira	F	PT	Individual	00:49:24
369	M35	64	544	Nuno Mesquita	M	PT		00:49:31
370	M20	103	4081	Carlos Silva	M	PT	Individual	00:49:34
371	F45	14	4015	Maria Celeste Franco	F	PT	Individual	00:49:36
372	M20	104	703	João Moreira	M	PT		00:49:38
373	M35	65	529	Gil Azevedo	M	PT	Azevedo	00:49:39
374	M20	105	4012	Luis Gomes	M	PT	Individual	00:49:41
375	M35	66	4039	Ivo Carvalho	M	PT	Individual	00:49:41
376	F20	30	4155	Sofia Roque	F	PT	Individual	00:49:41
377	F35	15	322	Aline Simeao	F	PT	Liberty Seguros	00:49:42
378	F20	31	4168	Carina Cunha	F	PT	Individual	00:49:44
379	M20	106	4099	Pedro Pimentel	M	PT	Soc. Com. C. Santos	00:49:48
380	M20	107	4025	Tiago Matos	M	PT	Individual	00:49:56

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
381	F20	32	693	Mafalda Silva	F	PT	Frc-Friendship Running Crew	00:50:08
382	F20	33	740	Joana Silva	F	PT		00:50:10
383	M20	108	4221	Andre Penha	M	PT	Individual	00:50:10
384	M45	35	4091	Pedro Vieira	M	PT	Soc. Com. C. Santos	00:50:18
385	M55	11	576	Guilherme Gonçalves	M	PT		00:50:22
386	F45	15	645	Sara Gomes	F	PT		00:50:25
387	M20	109	585	Nuno Ferreira	M	PT	A Tripla	00:50:35
388	M40	60	731	Jorge Moutinho	M	PT	Vitalis	00:50:38
389	F40	8	622	Susana Cardoso	F	PT	Arrasta O Pé	00:50:40
390	M50	25	621	Eduardo Gonçalves	M	PT	Arrasta O Pé	00:50:40
391	F35	16	4005	Andreia Vieira	F	PT	Individual	00:50:44
392	F17	3	659	Telma Monteiro	F	PT		00:50:55
393	M35	67	332	Antonio Aguas	M	PT	Soc. Com. C. Santos	00:51:06
394	F20	34	587	Carla Leal	F	PT	Uh Lá Lá	00:51:06
395	F20	35	607	Jacinta Amorim	F	PT		00:51:07
396	M40	61	717	Paulo Silva	M	PT	Vitalis	00:51:10
397	F40	9	719	Maria Luisa Almeida	F	PT	Vitalis	00:51:19
398	M45	36	722	Jorge Pires	M	PT	Vitalis	00:51:19
399	M45	37	4222	Manuel Ferreira	M	PT	Individual	00:51:29
400	M35	68	4176	Filipe Vaz	M	PT	Individual	00:51:35
401	F20	36	4175	Susana Ribeiro	F	PT	Individual	00:51:35
402	F45	16	4017	Isabel Duarte	F	PT	Porto Runners	00:51:35
403	F40	10	531	Paula Correia	F	PT	Individual	00:51:36
404	F20	37	4213	Isabel Dias	F	PT	Individual	00:51:43
405	F35	17	318	Carla Pereira	F	PT	Liberty Seguros	00:51:44
406	F35	18	676	Helga Ataide	F	PT		00:51:46
407	M45	38	4006	Vitor Borges	M	PT	Individual	00:51:48
408	F20	38	632	Marta Cordeiro	F	PT		00:51:52
409	F20	39	4019	Marlene Malheiro	F	PT	Individual	00:51:59
410	F45	17	4051	Lucia Oliveira	F	PT	Individual	00:51:59
411	F35	19	715	Carla Pinto	F	PT	Vitalis	00:52:02
412	F35	20	29	Luísa Rosário	F	PT	Lactogal	00:52:17
413	M20	110	735	Nuno André Silva	M	PT	Gd Bpi	00:52:27
414	M20	111	720	Rui Ramos	M	PT	Vitalis	00:52:27
415	F20	40	721	Ana Mendes	F	PT	Vitalis	00:52:28
416	F40	11	665	Carla Caria	F	PT	Moreira Relax Runners	00:52:33
417	M40	62	664	Fernando Monteiro	M	PT		00:52:34
418	F20	41	4130	Mónica Mendes	F	PT	G D Bpi	00:52:38

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
419	F20	42	660	Helena Ribeiro	F	PT	Caetano Runners	00:52:45
420	F40	12	739	Fatima Mesquita	F	PT		00:53:08
421	F35	21	331	Marilia Martins	F	PT	Soc. Com. C. Santos	00:53:12
422	F35	22	528	Andrea Azevedo	F	PT	Azevedo	00:53:26
423	F20	43	657	Andreia Ribeiro	F	PT		00:53:44
424	F35	23	4002	Sara Correia	F	PT	Individual	00:53:46
425	M35	69	608	Paulo Ribeiro	M	PT		00:53:50
426	M20	112	310	Joel Portilho	M	PT	Liberty Seguros	00:53:55
427	M20	113	692	Dinis Maia	M	PT	Frc-Friendship Running Crew	00:54:07
428	F20	44	694	Nadia Moreira	F	PT	Frc-Friendship Running Crew	00:54:07
429	F20	45	4199	Andreia Pinto	F	PT	Individual	00:54:08
430	M35	70	4198	Virgílio Vieira	M	PT	Individual	00:54:08
431	F40	13	4026	Luisa Ana	F	PT	Individual	00:54:13
432	M40	63	4086	Jose Melo	M	PT	Vitalis	00:54:24
433	M40	64	4087	Luis Filipe Almeida	M	PT	Vitalis	00:54:25
434	M20	114	4157	Tiago Barbieri	M	PT	Individual	00:54:29
435	M40	65	320	Ricardo Teixeira	M	PT	Liberty Seguros	00:54:31
436	M45	39	4171	Paulo Pinto	M	PT	Individual	00:54:42
437	M20	115	307	Jorge Paulo Batista	M	PT	Liberty Seguros	00:54:48
438	M17	5	523	Rui Finteiro	M	PT		00:54:57
439	F45	18	522	Maria Do Céu Ribeiro	F	PT		00:54:57
440	F20	46	4189	Catarina Silva	F	PT	Individual	00:55:28
441	M20	116	4228	Miguel Pinho	M	PT	Individual	00:55:34
442	F20	47	4227	Beatriz Moreira	F	PT	Individual	00:55:35
443	F20	48	545	Patricia Fernandes	F	PT		00:55:48
444	F20	49	730	Ines Fernandes	F	PT		00:55:48
445	F40	14	4030	Ana Claudia Teodoro	F	PT	Individual	00:55:56
446	M35	71	517	Luis Pereira	M	PT	Eus	00:56:01
447	M17	6	4162	André Barbieri	M	PT	Individual	00:56:09
448	M40	66	662	Pedro Marques	M	PT		00:56:17
449	M40	67	4158	Eduardo Castro	M	PT	Individual	00:56:19
450	M35	72	552	Nelson Pires	M	PT		00:56:19
451	F35	24	4083	Susana Albuquerque	F	PT	Individual	00:56:23
452	F35	25	4053	Claudia Babo	F	PT	Individual	00:56:23
453	M20	117	302	Hugo Queiros	M	PT	Club-Tour	00:56:44
454	M45	40	301	Jose Manuel Queiros	M	PT	Club-Tour	00:56:44
455	M35	73	609	Carlos Oliveira	M	PT	Spem	00:57:07
456	F20	50	367	Isa Mateus	F	PT	Liberty Seguros	00:57:38

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
457	M17	7	371	João Ribeiro	M	PT	Liberty Seguros	00:57:38
458	F35	26	4082	Maria Praca	F	PT	Individual	00:58:06
459	M20	118	4126	Luis Fonseca	M	PT	Individual	00:58:17
460		1	747	Paulo Azevedo	M	PT		00:58:17
461	M35	74	569	Rui Carvalho	M	PT	Ss Montepio	00:58:25
462	M40	68	565	Francisco Moreira	M	PT	Ss Montepio	00:59:26
463	M20	119	4211	Pedro Teodosio	M	PT	Individual	00:59:45
464	F20	51	4210	Vera Geraldés	F	PT	Individual	00:59:45
465	M35	75	642	Telmo Rodrigues	M	PT		00:59:49
466	M20	120	4031	Licínio Sousa	M	PT	Individual	00:59:57
467	F20	52	4151	Catarina Queirós	F	PT	Individual	01:00:12
468	F20	53	4164	Adriana Silva	F	PT	Individual	01:00:12
469	F35	27	4186	Ana Barreto	F	PT	Individual	01:00:12
470	F40	15	724	Isabel Ávila	F	PT	Vitalis	01:00:13
471	F40	16	4185	Alexandra Bessa	F	PT	Individual	01:00:13
472	F40	17	744	Elsa Moreira	F	PT	Caetano Runners	01:00:21
473	F40	18	538	Gabriela Amorim	F	PT	Caetano Runners	01:00:35
474	F20	54	540	Helena Amorim	F	PT	Caetano Runners	01:00:35
475	F20	55	4118	Carla Filomena Moreira	F	PT	Individual	01:01:40
476	M35	76	566	Marco Ferreira	M	PT	Ss Montepio	01:01:47
477	M40	69	633	Paulo Gomes	M	PT		01:02:42
478	F40	19	4105	Dina Goncalves	F	PT	Individual	01:02:54
479	M20	121	4041	Antonio Manuel Silva	M	PT	Individual	01:03:57
480	M60	8	4165	Manuel Cruz	M	PT	Individual	01:04:00
481	F40	20	4167	Susana Pereira	F	PT	Individual	01:04:02
482	M60	9	4166	Fernando Pereira	M	PT	Individual	01:04:12
483	F45	19	4191	Susana Cunha	F	PT	Individual	01:05:55
484	F35	28	4153	Tatiana Schalch	F	PT	Individual	01:06:04
485	M40	70	4154	Eduardo Schalch	M	PT	Individual	01:06:04
486	F45	20	623	Fátima Lopes	F	PT		01:07:07
487	M35	77	743	Emanuel Costa	M	PT	Mg	01:07:38
488	F35	29	742	Ana Samões	F	PT	Mg	01:07:39
489	F20	56	620	Fátima Barbosa	F	PT		01:08:43
490	F20	57	4200	Ana Silva	F	PT	Individual	01:09:00
491	M20	122	4201	João Oliveira	M	PT	Individual	01:09:00
492	M55	12	45	Joaquim Pocas	M	PT	Radio Novaera	01:11:15
493	M60	10	46	Afonso Silva	M	PT	Radio Novaera	01:11:15
494	F35	30	709	Maria Silvia Viana	F	PT	Maratonistas Minho	01:12:12

Lugar	Escalão	Pos.	Dorsal	Atleta	Sexo	País	Equipa	Tempo
495	F45	21	648	Natercia Flora	F	PT		01:15:01
496	F20	58	42	Susana Teixeira	F	PT	Individual	01:18:01
497	M20	123	43	Vitor Pimenta	M	PT	Individual	01:18:01
498	F20	59	44	Vanda Figueiredo	F	PT	Individual	01:18:02
499	F20	60	568	Olga Cristina Neto	F	PT	Ss Montepio	01:21:27
500	F20	61	372	Inês Marques	F	PT	Liberty Seguros	01:21:55
501	F20	62	368	Ana Marques	F	PT	Liberty Seguros	01:21:55
502	M35	78	26	Fernando Machado	M	PT	Individual	01:22:32
503	F20	63	27	Joana Barroso	F	PT	Individual	01:22:32
504	F45	22	4090	Monica Ferreira	F	PT	Soc. Com. C. Santos	01:27:09
505	F35	31	4079	Lucilia Santos	F	PT	Individual	01:29:27
506	M40	71	4078	Jose Fernando Soares	M	PT	Individual	01:29:27
507	F17	4	4144	Sara Araújo	F	PT	Individual	01:37:23
508	F20	64	4160	Sofia Ribeiro	F	PT	Individual	01:38:00
509	F20	65	604	Liliana Oliveira	F	PT		01:43:41