

| Lugar | Dorsal | Nome                                 | Equipa                                | Tempo    | Diferença |
|-------|--------|--------------------------------------|---------------------------------------|----------|-----------|
| 1     | 102    | David Quelhas                        |                                       | 02:16:47 | 00:00:00  |
| 2     | 98     | Carlos Jorge Pereira Correia         | OzXtreme /RDA                         | 02:19:41 | 00:02:54  |
| 3     | 101    | Luis Miguel Ribeiro Da Cunha         | Coimbra Trail Running                 | 02:19:53 | 00:03:06  |
| 4     | 18     | Valter Daniel Leandro Lopes          | ACRDS Quinhendros                     | 02:20:32 | 00:03:45  |
| 5     | 105    | Diogo Alexandre Rodrigues Pinheiro   | Coimbra Trail Running                 | 02:21:32 | 00:04:45  |
| 6     | 22     | David Laurence Marques Coutinho      | JOBRA                                 | 02:23:00 | 00:06:13  |
| 7     | 16     | Orlando Manuel Aveiro Pires          | Formobike BTT & Trail Running         | 02:23:26 | 00:06:39  |
| 8     | 83     | José Manuel De Almeida Pereira       | OzXtreme/ADRC Pereira                 | 02:23:47 | 00:07:00  |
| 9     | 14     | Hélder Batista Ferreira Piedade      | Sabia Opinião                         | 02:24:24 | 00:07:37  |
| 10    | 28     | Pedro Mendes                         | VIKINGS TRAIL RUNNERS / CCRA          | 02:24:50 | 00:08:03  |
| 11    | 100    | Carlos José Gonçalves Rodrigues      | Coimbra Trail Running                 | 02:25:02 | 00:08:15  |
| 12    | 2      | Ricardo Aguiar                       | SC Povoense - Caracois de Corrida     | 02:27:24 | 00:10:37  |
| 13    | 30     | Eduardo Silva Moreira                | SC Povoense - Caracois de Corrida     | 02:27:28 | 00:10:41  |
| 14    | 65     | Carlos Manuel Simões                 | ARSM - S.Miguel Poiares               | 02:28:01 | 00:11:14  |
| 15    | 84     | Jorge Miguel De Almeida Pereira      | OZXTREME/ADCRPEREIRA                  | 02:29:51 | 00:13:04  |
| 16    | 75     | Filipe Ismael Maia Rocha             | OzXtreme/ADRC Pereira                 | 02:30:17 | 00:13:30  |
| 17    | 17     | José Manuel Santos Oliveira Jesus    | Formobike BTT & Trail Running         | 02:31:08 | 00:14:21  |
| 18    | 44     | Vasco Rafael Caridade Monteiro       | VIKINGS TRAIL RUNNERS / CCRA          | 02:31:55 | 00:15:08  |
| 19    | 80     | Edgar Faria                          | OzXtreme/GDCR                         | 02:35:05 | 00:18:18  |
| 20    | 90     | Bruno Miguel Oliveira Ribeiro        | VIKINGS TRAIL RUNNERS / CCRA          | 02:35:59 | 00:19:12  |
| 21    | 11     | Rodrigo Quintal                      | SC Povoense - Caracois de Corrida     | 02:36:50 | 00:20:03  |
| 22    | 9      | Jorge Mamede Abrantes                |                                       | 02:37:56 | 00:21:09  |
| 23    | 88     | José Santos                          | SC Povoense - Caracois de Corrida     | 02:38:48 | 00:22:01  |
| 24    | 99     | Armando Antunes                      | Coimbra Trail Running                 | 02:38:51 | 00:22:04  |
| 25    | 89     | Susana Rodríguez Echeverría          | Coimbra Trail Running                 | 02:39:03 | 00:22:16  |
| 26    | 70     | Vasco Sousa                          | Coimbra Trail Running                 | 02:39:06 | 00:22:19  |
| 27    | 56     | Joaquim Paulo Rodrigues Baltazar     | ARCD Venda da Luísa                   | 02:40:09 | 00:23:22  |
| 28    | 86     | Tiago Filipe Pereira Mendes Gregório | SC Povoense - Caracois de Corrida     | 02:40:30 | 00:23:43  |
| 29    | 82     | Miguel Viegas                        | DCI-CCRD Pedrulha-Mealhada            | 02:42:53 | 00:26:06  |
| 30    | 97     | Vitor Gomes                          | FlashOver-BVPenela                    | 02:45:32 | 00:28:45  |
| 31    | 6      | Fábio Silva                          | korpoactivBTT/U.DLorvanense           | 02:45:47 | 00:29:00  |
| 32    | 87     | Carlos Fernandes                     | As Belas e Eles                       | 02:46:53 | 00:30:06  |
| 33    | 29     | Vitor Antonio Gimes Faim             | Atletismo Clube da Tocha              | 02:47:09 | 00:30:22  |
| 34    | 4      | Pedro Lopes                          | Correio de Albergaria Trail Running   | 02:47:20 | 00:30:33  |
| 35    | 49     | Daniel Filipe De Jesus Batata        | Atletismo Clube da Tocha              | 02:47:25 | 00:30:38  |
| 36    | 36     | Nelson Filipe De Almeida Heleno      | NH Fitness Athletes                   | 02:48:26 | 00:31:39  |
| 37    | 92     | Jorge Da Costa Pedro                 | GD Ferreirense - Mountain Trails      | 02:49:35 | 00:32:48  |
| 38    | 76     | Fernando Manuel Simões Bastos        | Montanha Clube Trail Running / EFAPEL | 02:49:55 | 00:33:08  |
| 39    | 43     | Pedro Miguel Madaleno Cardoso        | ASSSCC - Ar Livre e Aventura          | 02:50:13 | 00:33:26  |
| 40    | 72     | Ruben Filipe Machado Oliveira Novo   | ASSSCC - Ar Livre e Aventura          | 02:50:26 | 00:33:39  |
| 41    | 13     | António Costa Graça                  | DCI - Pedrulha                        | 02:50:42 | 00:33:55  |
| 42    | 63     | Vera Susana G. Ferreira Bernardo     | ARCD Venda da Luísa                   | 02:51:08 | 00:34:21  |
| 43    | 74     | André Miguel Lameiro Monteiro        | Montanha Clube Trail Running / EFAPEL | 02:51:11 | 00:34:24  |
| 44    | 46     | Diogo Filipe Oliveira Alves          | VIKINGS TRAIL RUNNERS / CCRA          | 02:52:45 | 00:35:58  |
| 45    | 67     | Paulo Batista                        | Atletismo Clube da Tocha              | 02:52:49 | 00:36:02  |

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| 46    | 23     | Bruno Filipe Soares Coelho          | VIKINGS TRAIL RUNNERS / CCRA          | 02:54:29 | 00:37:42  |
| 47    | 68     | Miguel Ribeiro                      | SC Povoense - Caracois de Corrida     | 02:55:36 | 00:38:49  |
| 48    | 15     | António José Mendes Serra Jorge     | ACRDS Quinhendros                     | 02:57:21 | 00:40:34  |
| 49    | 81     | Fernando Manuel Ferreira Dos Santos | PASSOAPASSO Team                      | 02:57:54 | 00:41:07  |
| 50    | 50     | António Manuel De Jesus Batata      | Atletismo Clube da Tocha              | 02:59:06 | 00:42:19  |
| 51    | 5      | Nélio Girão                         | Formobike BTT & Trail Running         | 02:59:54 | 00:43:07  |
| 52    | 12     | José Manuel Castanheiro Dos Santos  | ARCD Venda da Luísa                   | 03:04:19 | 00:47:32  |
| 53    | 40     | Jorge Justo                         | O Mundo da Corrida                    | 03:05:57 | 00:49:10  |
| 54    | 42     | Paulo J Carvalho                    | Coimbra Trail Running                 | 03:08:23 | 00:51:36  |
| 55    | 47     | Nuno Alexandre Gonçalves Da Silva   |                                       | 03:08:53 | 00:52:06  |
| 56    | 26     | César Diogo Mateus Ramalho          | ARCD Venda da Luísa                   | 03:08:55 | 00:52:08  |
| 57    | 71     | Álvaro Manuel Da Costa Centeioe     | Ugas Trail Running                    | 03:10:45 | 00:53:58  |
| 58    | 51     | Carlos Manuel Lopes Quinteiro       | ARCD Venda da Luísa                   | 03:10:53 | 00:54:06  |
| 59    | 21     | Lora Sofia De Jesus Pereira         | ACRDS Quinhendros                     | 03:10:56 | 00:54:09  |
| 60    | 96     | Paulo Miguel Lourenço Santos        | FlashOver-BVPenela                    | 03:11:35 | 00:54:48  |
| 61    | 25     | Carlos Eduardo Simões Ferreira      | VIKINGS TRAIL RUNNERS / CCRA          | 03:11:40 | 00:54:53  |
| 62    | 95     | Nuno Miguel Marques Gonçalves       | Montanha Clube Trail Running / EFAPEL | 03:18:12 | 01:01:25  |
| 63    | 69     | Joaquim Manuel Coelho Lima          | Matilha Running                       | 03:18:38 | 01:01:51  |
| 64    | 31     | Luis Antonio Pinto Pereira          | CMM - Escarevelhos Team               | 03:19:06 | 01:02:19  |
| 65    | 48     | Sara Daniela Neves Da Silva         | Atletismo Clube da Tocha              | 03:19:10 | 01:02:23  |
| 66    | 52     | Sara Manuela Mendes Carvalho        | ARCD Venda da Luísa                   | 03:20:17 | 01:03:30  |
| 67    | 35     | Carlos Miguel Jesus Leitão          | BOSSRUNNERS TEAM                      | 03:20:29 | 01:03:42  |
| 68    | 20     | Severina Almeida                    | CTAD - Tiagoaragao.com                | 03:20:58 | 01:04:11  |
| 69    | 38     | Hugo Carvalho                       | Fruta da 5ª                           | 03:22:53 | 01:06:06  |
| 70    | 66     | José Eufrásio                       | CLUVE                                 | 03:23:30 | 01:06:43  |
| 71    | 10     | Magda Vieira                        |                                       | 03:23:32 | 01:06:45  |
| 72    | 60     | Pedro Miguel Alexandre Martins      | ARCD Venda da Luísa                   | 03:23:35 | 01:06:48  |
| 73    | 39     | João Tiago Francisco Da Costa       | Montanha Clube Trail Running / EFAPEL | 03:25:01 | 01:08:14  |
| 74    | 32     | Fernando Fonseca                    | O Mundo da Corrida                    | 03:30:29 | 01:13:42  |
| 75    | 103    | Frederico Crasto                    | Liz runners                           | 03:31:35 | 01:14:48  |
| 76    | 57     | Liliane Pereira Vaz                 | ARCD Venda da Luísa                   | 03:38:59 | 01:22:12  |
| 77    | 93     | Pedro José Martins Bandeira         | ARSM - S.Miguel Poiares               | 03:41:57 | 01:25:10  |
| 78    | 64     | Cidália Maria Dos Santos Oliveira   | ACRDS Quinhendros                     | 03:42:00 | 01:25:13  |
| 79    | 77     | Luís Ricardo Paiva Sequeira Machado | ACRDS Quinhendros                     | 03:42:02 | 01:25:15  |
| 80    | 19     | Elza Cordeiro                       | ARCD Venda da Luísa                   | 03:42:32 | 01:25:45  |
| 81    | 59     | Nelson José Vaz Correia             | ARCD Venda da Luísa                   | 03:42:35 | 01:25:48  |
| 82    | 45     | Daniela Ventura Gonçalves           | VIKINGS TRAIL RUNNERS / CCRA          | 03:47:53 | 01:31:06  |
| 83    | 58     | Luísa Teresa Monteiro Costa Miranda | ARCD Venda da Luísa                   | 03:49:35 | 01:32:48  |
| 84    | 94     | Sergio Miguel Barbosa Moura         | Hora do Lobo                          | 03:49:42 | 01:32:55  |
| 85    | 8      | Fausto Henrique De Matos Carvalho   | ARSM - S.Miguel Poiares               | 03:51:22 | 01:34:35  |
| 86    | 7      | Fausto Jorge Lopes Cardoso          |                                       | 03:52:28 | 01:35:41  |
| 87    | 24     | Sara Vinga Da Quinta                | Correio de Albergaria Trail Running   | 03:54:33 | 01:37:46  |
| 88    | 79     | Iolanda Babo                        | Correio de Albergaria Trail Running   | 03:54:34 | 01:37:47  |
| 89    | 73     | Catarina Gomes                      | ARSM - S.Miguel Poiares               | 03:57:57 | 01:41:10  |
| 90    | 34     | João Pedro Lourenço Calado          | BOSSRUNNERS TEAM                      | 03:58:23 | 01:41:36  |

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| 91    | 85     | Bruno Pereira Moreira               | Correio de Albergaria Trail Running | 04:08:45 | 01:51:58  |
| 92    | 27     | Cidália Maria Barico Almeida Canais | ARCD Venda da Luísa                 | 04:12:41 | 01:55:54  |
| 93    | 33     | Céu Santos                          | O Mundo da Corrida                  | 04:12:48 | 01:56:01  |
| 94    | 53     | João Paulo Alves De Carvalho        | ARCD Venda da Luísa                 | 04:27:28 | 02:10:41  |
| 95    | 78     | Nuno Miguel Dias Alves              | CASA DO BENFICA DE CONDEIXA         | 04:53:09 | 02:36:22  |