



3º Lx Trail Monsanto . Trail Longo Mitsubishi

26 de Maio, 2019

<https://werun.pt/resultados/iii-lx-trail-monsanto/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	178	JOSÉ GASPAR	01:36:11	01:36:11	M4044	WERUN	1
2	215	ANDRE COSTA	01:36:45	01:36:45	M2439	CPA TRAIL TEAM/CLUBE DE PRAÇAS DA ARMADA	1
3	241	GUILHERME GONÇALVES	01:37:05	01:37:05	M2439		2
4	5061	FERNANDO GOMES	01:38:42	01:38:42	M2439	GO!RUNNERS / OUTPRO STORE	3
5	87	JOÃO GINJA	01:42:22	01:42:21	M5054		1
6	14	MARCOLINO VERISSIMO	01:42:28	01:42:26	M4549	AMCF - ARRÁBIDA TRAIL TEAM	1
7	5059	PAULO GONÇALVES	01:43:17	01:43:17	M2439	CPA TRAIL TEAM / CLUBE DE PRAÇAS DA ARMADA	4
8	93	RODRIGO NOIVO	01:44:01	01:44:00	M2439	AMCF-ARRÁBIDA TRAIL TEAM	5
9	117	PAULO SEQUEIRA	01:45:00	01:45:00	M4044	KÇPHODA WOLVES TRAIL	2
10	127	JOÃO SILVA	01:46:37	01:46:37	M2439	Vitória FC Trailrunning	6
11	202	LUIS COSTA	01:49:36	01:49:33	M4044	CLUBE DE FUTEBOL GUADIANA	3
12	44	DAVID VENTURA GONÇALVES	01:49:50	01:49:50	M2439	SINTRA	7
13	242	MARCELO FERNANDES	01:54:44	01:54:43	M2439	BRASIL	8
14	5032	PAULO GOMES	01:54:45	01:54:42	M2439	EVELX	9
15	29	JOÃO PEDRO GONÇALVES DE SOUSA	01:54:54	01:54:51	M2439	RUN 4 FUN	10
16	150	MARIO AFONSO	01:55:09	01:55:08	M2439	CCR ALTO DO MOINHO	11
17	151	RUI AFONSO	01:55:10	01:55:10	M5054	CCR ALTO DO MOINHO	2
18	243	PALMIRA QUINHAMA	01:55:43	01:55:41	F4044	AMINHACORRIDA	1

19	5003	NUNO FERNANDES	01:56:08	01:56:08	M4044	Nuno's Running Team	4
20	200	JOSÉ MONTEIRO	01:56:35	01:56:04	M2439	CLUBE DE FUTEBOL GUADIANA	12
21	99	BRUNO CANHÃO	01:56:45	01:56:33	M2439		13
22	179	MARCO SILVA	01:56:50	01:56:50	M2439	OUTDOOR CLUBE DE SETUBAL STRENDURE RUNNING TEAM	14
23	125	PAULO BRUNO	01:57:43	01:57:41	M4549	GRUPO DESPORTIVO SANTANDER TOTTA	2
24	209	PEDRO PEREIRA	01:57:58	01:57:43	M2439	AMINHACORRIDA	15
25	132	MÁRIO MALHEIRO	01:59:10	01:59:10	M2439	GURUS	16
26	184	LUIS CARDOSO	01:59:14	01:59:14	M4549	RACING BIKES	3
27	17	DAN BARKER	01:59:40	01:59:40	M2439	WYCOMBE PHOENIX	17
28	234	JEAN MICHEL	02:00:30	02:00:30	M4549		4
29	5038	PAULINE VIE	02:00:52	02:00:12	F0023	x	1
30	108	MARIO RODRIGUES	02:01:06	02:01:06	M5054	FEDERAÇÃO FAMÍLIA PARA PAZ MUNDIAL E UNIFICAÇÃO	3
31	128	CARLOS MATIAS MATIAS	02:01:14	02:01:14	M4044	COA/CORVUS TRAIL TEAM	5
32	5072	SALETE TAVARES	02:02:11	02:02:10	F4549	CA BARREIRA	1
33	104	PEDRO SARAIVA	02:02:21	02:02:16	M0023		1
34	210	BRUNO LOPES	02:02:29	02:02:17	M4044	AMINHACORRIDA	6
35	5006	JORGE NABAIS	02:02:39	02:02:37	M2439	COA / CORVUS TRAIL TEAM	18
36	5007	RUTE MARTINS	02:02:51	02:02:50	F2439	COA / CORVUS TRAIL TEAM	1
37	170	TIAGO PORTO	02:03:32	02:03:28	M2439		19
38	5046	NUNO CESÁRIO	02:03:51	02:03:38	M4549	MOITA A CORRER	5
39	76	RUI INÁCIO	02:03:53	02:03:39	M2439	DOLCEFURADOURO	20
40	206	DIOGO SIMAO	02:04:52	02:04:52	M2439		21

41	5025	JOSÉ LOPES	02:05:26	02:05:21	M4549	CCD SIEMENS	6
42	130	ANTONIO REBELO	02:05:58	02:05:52	M4549		7
43	5002	PEDRO VICENTE	02:06:11	02:06:03	M4044	PORTUGAL TROTTER	7
44	156	TIAGO MARCELINO	02:06:34	02:06:27	M4044	NATURE HEAL	8
45	190	ADILSON LINO	02:06:47	02:06:42	M4549	MARVILA JOVEM	8
46	245	MARIANA BRUGGER	02:07:12	02:03:02	F2439	ASICS FRONTRUNNER	2
47	3	VASCO ASCENSÃO	02:07:58	02:07:37	M4549		9
48	5027	PEDRO GRANADAS	02:08:20	02:08:17	M4044	TURRES TRAIL TEAM	9
49	5042	BRUNO JORGE	02:08:35	02:08:32	M2439	Outdoor Clube de Setúbal - Strendure running Team	22
50	2	JORGE CARVALHO	02:08:41	02:08:37	M4044		10
51	187	RICHARD AMORIM	02:08:58	02:08:58	M4044	OLIMPICO VIANENSE TRAIL	11
52	5048	JOSÉ NUNES	02:09:07	02:08:50	M5054		4
53	5047	RICARDO SANTOS	02:09:37	02:09:25	M4044	MOITA A CORRER	12
54	226	PEDRO MIGUEL SILVA	02:10:27	02:10:07	M2439	MARGINAIS DO DAFUNDO	23
55	231	HUGO HILÁRIO	02:10:40	02:10:23	M4044	NÚCLEO DO SPORTING CP DO SEIXAL	13
56	169	RICARDO LOBO	02:10:52	02:10:48	M4549	A NATUREZA ENSINA	10
57	189	FAUSTO SÁ	02:12:49	02:12:36	M4044	MARVILA JOVEM	14
58	180	LUISA ESPIRITO SANTO	02:13:09	02:13:05	F5054		1
59	141	TIAGO BRAGA	02:14:13	02:13:46	M2439		24
60	51	MIGUEL NUNO PEDRO	02:14:16	02:14:05	M5054	NETJETS	5
61	205	MIGUEL SEQUEIRA	02:14:27	02:14:08	M2439	LINDA-A-PASTORA SPORTING CLUBE	25
62	33	ANDRÉ VILHENA	02:14:34	02:14:34	M2439	NAUS TRAIL TEAM	26
63	5052	EZEQUIEL OLIVEIRA	02:14:43	02:14:43	M4044	LEBRES DO SADO	15

64	181	ANTÓNIO LEIRÃO	02:15:03	02:15:03	M2439	CLUBE CUBA AVENTURA	27
65	90	MAFALDA MONIZ	02:15:05	02:15:04	F2439	AMCF - ARRÁBIDA TRAIL TEAM	3
66	46	NUNO GONÇALVES	02:15:06	02:14:59	M4044	GDCTIN CASA DA MOEDA	16
67	201	FRANCISCO RODRIGUEZ	02:15:13	02:15:11	M5054		6
68	103	LEONEL CAMPOS	02:15:25	02:15:22	M5559	CLAC ENTRONCAMENTO/ONDA TRILHOS	1
69	122	MAREK ŽAMPACH	02:15:40	02:15:33	M2439	STORMWELD	28
70	5033	EDUARDO LUÍS	02:15:49	02:15:28	M4044	ATÓMICOS	17
71	5031	INÊS PEIXOTO	02:16:03	02:16:00	F4044	EVELX	2
72	166	ARLINDO FRIAS DEUS	02:16:37	02:16:36	M6099	CLUBE MILLENNIUM BCP	1
73	163	GABRIEL MOREIRA	02:16:53	02:16:50	M6099		2
74	5017	JORGE MIGUEL P F FERREIRA	02:17:04	02:16:47	M4549		11
75	137	PAULO MARÇALO	02:17:12	02:17:01	M4549		12
76	143	ARMAND MARGERIN	02:18:31	02:18:15	M0023		2
77	18	NUNO GRANADAS	02:18:53	02:18:50	M2439	TURRES TRAIL TEAM	29
78	5021	FERNANDO CÂNDIDO	02:19:08	02:18:58	M5054		7
79	192	FÁBIO COELHO	02:19:13	02:18:58	M2439		30
80	227	JOANA CASTRO	02:19:16	02:19:06	F2439	GO RUNNERS	4
81	31	HELDER PEREIRA	02:19:22	02:19:22	M2439		31
82	216	SUSANA PEREIRA	02:23:37	02:23:37	F4044		3
83	119	VITOR MARTINS	02:23:53	02:23:26	M5559	Moita Running	2
84	88	CARLOS MARQUES	02:24:00	02:23:42	M5054	LINDA-A-PASTORA SPORTING CLUBE	8
85	153	ANDRÉ REIS	02:24:16	02:23:54	M4044	MULTIRUNNERS	18
86	85	JAIME LAMEGO	02:24:18	02:24:18	M5559		3

87	86	CHANTAL XHERVELLE	02:24:21	02:24:00	F5054		2
88	5005	LUIS FERREIRA	02:24:33	02:24:21	M5054	MTBA	9
89	165	NUNO BOGALHEIRO	02:24:35	02:24:17	M4549	100 ESTRILHOS	13
90	198	ROGÉRIO VENÂNCIO	02:24:40	02:24:07	M6099	O MUNDO DA CORRIDA	3
91	25	MIGUEL CUNHA	02:24:46	02:24:40	M4044	GRCD COBRAS TRAILISTAS	19
92	84	RENATO VEIGA	02:25:33	02:25:17	M4044	DOLCEFURADOURO	20
93	217	LUIS MEIRINHOS	02:25:42	02:25:11	M4044		21
94	199	RUI MINEIRO	02:25:49	02:25:18	M4549	HIPOLOESTE FULL ENERGY	14
95	224	PEDRO CORDEIRO	02:26:08	02:26:00	M4549	MÓVEIS	15
96	197	SÉRGIO GAFANIZ	02:27:12	02:26:37	M2439		32
97	45	PEDRO SANTOS	02:27:12	02:27:05	M4044	SUNDAY RUNNERS	22
98	100	JOSÉ AMARO	02:27:17	02:27:05	M4044	LIZ RUNNERS	23
99	235	NUNO MOLEIRO	02:27:30	02:27:25	M4044	BRUNOSEMPRE. BABA MAMBO	24
100	236	JOÃO OLIVEIRA	02:27:31	02:27:31	M4044	BRUNOSEMPRE. BABA MAMBO	25
101	218	JOÃO FILIPE BRANCO	02:27:34	02:27:34	M4549		16
102	171	JOAO MOTA	02:27:42	02:27:07	M2439	MINDFUCK3RS	33
103	220	PEDRO RAMOS	02:28:38	02:28:38	M5054	CLUBE ANA LISBOA	10
104	176	EDUARDO RODRIGUES	02:28:51	02:28:51	M5559	CLUBE MILLENNIUM BCP	4
105	175	PEDRO MIGUEL DIAS	02:28:54	02:28:49	M4549	CLUBE MILLENNIUM BCP	17
106	142	ROBIN TASSAERT	02:29:21	02:29:04	M0023		3
107	157	PEDRO TRABUCHO	02:30:14	02:30:03	M5559	O MUNDO DA CORRIDA	5
108	159	GABRIELA GENOVA	02:30:41	02:30:41	F2439		5
109	30	CARLOS NOGUEIRA	02:31:24	02:31:14	M4549		18

110	61	SÓNIA FRANÇA	02:31:28	02:30:57	F4044		4
111	8	JOÃO PEDRO	02:31:31	02:31:31	M2439	CDCR DOS CTT	34
112	214	CARLOS LAIRES DOMINGOS	02:31:32	02:31:24	M4044		26
113	74	LUÍS SILVESTRE	02:32:00	02:31:26	M4044	COININHA RUNNERS	27
114	102	JORGE LOPES	02:32:00	02:31:35	M2439		35
115	43	MANUEL ALVES	02:32:02	02:31:49	M5054	CORRER LISBOA	11
116	5029	NUNO CORREIA	02:32:03	02:31:43	M2439		36
117	1	PAULO DOMINGUES	02:32:45	02:32:36	M4549	INDIVIDUAL	19
118	140	FRANCISCO MACHETA	02:33:09	02:32:48	M4549		20
119	191	OLÍVIA CRISTINA GASPAR	02:33:09	02:33:09	F4549		2
120	121	INÊS PINTO MONTEIRO	02:33:19	02:32:46	F2439	KANINOS	6
121	118	BRUNO RIBEIRO	02:33:21	02:32:47	M2439	KANINOS	37
122	164	CARLOS MARTINS	02:33:24	02:33:15	M4549		21
123	111	ANA MONTEIRO	02:34:25	02:34:25	F5054		3
124	64	PEDRO OLIVEIRA	02:34:26	02:34:10	M4044	LH Ginásio	28
125	161	NUNO SOUSA	02:34:44	02:34:30	M4044		29
126	97	ANA DUARTE	02:34:55	02:34:22	F4549	AMCF ARRABIDA TRAIL TEAM	3
127	19	PEDRO SIRGADO	02:36:00	02:36:00	M4549		22
128	173	CONCEIÇÃO ALVES	02:36:04	02:35:45	F5559	LESMA ACELERADAS	1
129	229	VICTOR FERREIRA	02:36:22	02:35:50	M5054	GINJA TEAM	12
130	134	JOEL JOSÉ GINGA	02:36:27	02:36:27	M2439	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	38
131	83	HUGO FERREIRA	02:36:47	02:36:27	M4044	AMIGOS DO TRAIL	30
132	246	PEDRO CANECO	02:37:00	02:36:25	M4549	COININHA RUNNERS	23

133	188	CARLOS SÁ	02:37:43	02:37:43	M5054	MARVILA JOVEM	13
134	120	LUÍS GONÇALVES	02:38:20	02:37:57	M5054		14
135	129	PEDRO ALMEIDA SANTOS	02:38:36	02:38:11	M2439	OS AMIGOS	39
136	5039	RICARDO RODRIGUES	02:39:53	02:39:42	M4044	ZOA	31
137	158	ALEXANDRA SIMON	02:40:04	02:39:54	F4044		5
138	208	DANIEL SAMPAIO	02:40:43	02:40:43	M4044	AMINHACORRIDA	32
139	113	MARIA DO CÉU FERREIRA RIBEIRO DUARTE	02:40:45	02:40:30	F5054	CORRER LOURES	4
140	168	CARLOS BENJAMIM COSTA	02:40:49	02:40:39	M5559	CLUBE MILLENNIUM BCP	6
141	5	RUI MARTINS	02:41:24	02:40:52	M5054	CDCR DOS CTT	15
142	133	RAFAEL MARTINS	02:41:44	02:41:39	M2439		40
143	82	ALEXANDRE JARDIM	02:41:54	02:41:43	M4044	SALAMANDRECOS	33
144	73	ALEXANDRE JORGE	02:41:58	02:41:29	M4044		34
145	13	CARLA MARIA HENRIQUES	02:42:32	02:42:23	F4044	ASSOCIAÇÃO VALE GRANDE	6
146	42	DOUGLAS FRY	02:42:33	02:42:03	M6099	AMIGOS DO ATLETISMO DE MAFRA	4
147	162	RAFAEL SOUSA	02:42:34	02:42:24	M0023	GO!RUNNERS/ OUTPRO STORE	4
148	124	FILIPE GONÇALVES	02:42:47	02:42:29	M5054		16
149	219	INÊS CLÁUDINA	02:42:54	02:42:48	F2439	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO	7
150	160	NUNO ANTUNES	02:43:00	02:42:53	M5054	TRILHOS DO COSTUME	17
151	32	PAULO MANAÇAS	02:43:01	02:42:56	M4549	MANAÇAS	24
152	5036	DIOGO SOUSA	02:44:04	02:43:57	M2439	MARVILA JOVEM	41
153	38	RUI NASCIMENTO	02:44:45	02:44:45	M4549	DEVAGAR, DEVAGARINHO BY... SNICKERS WORKWEAR	25
154	72	CLÁUDIO FRANCO	02:44:52	02:44:37	M2439	DOLCE FURADOURO	42
155	195	PAULO CARVALHO	02:45:07	02:44:57	M4549		26

156	193	MARINA TEIXEIRA	02:47:44	02:47:15	F4044		7
157	5014	BRUNO JACQUET	02:48:23	02:48:23	M2439	Até à Meta	43
158	196	PATRIK KAUFMANN	02:49:01	02:48:46	M4044		35
159	11	JOÃO REIS	02:49:21	02:49:00	M5559	CDCR DOS CTT	7
160	67	JOSE MANUEL	02:49:22	02:48:51	M4044		36
161	50	JOAO SILVA	02:50:23	02:50:11	M4549	NETJETS	27
162	233	NUNO PINELA	02:50:27	02:50:13	M4044	MIRÓBRIGA	37
163	35	JOSÉ ALVES	02:50:40	02:50:40	M5559	CLUBE EDP LISBOA	8
164	94	CARLA 204062039	02:52:20	02:52:20	F4549	HAPPY RUNNERS	4
165	95	MIGUEL RIBEIRO	02:52:20	02:51:49	M4549	HAPPY RUNNERS	28
166	167	LUIS MANUEL SILVA	02:52:22	02:51:57	M5054	CLUBE MILLENNIUM BCP	18
167	207	MIGUEL ANTUNES SANTOS	02:52:23	02:52:23	M5054		19
168	41	RAQUEL SIMOES	02:54:02	02:53:36	F2439		8
169	155	ANTÓNIO BOTELHO	02:54:03	02:53:40	M4044	MULTIRUNNERS	38
170	204	SONIA SEQUEIRA	02:54:14	02:53:55	F4044	LINDA-A-PASTORA SPORTING CLUBE	8
171	183	SARA MARTINS	02:54:35	02:54:09	F2439		9
172	182	PEDRO MARTINS	02:54:37	02:54:09	M2439		44
173	240	MARTA SÁ	02:55:03	02:54:38	F2439	Santana Futebol Clube - Trail Team	10
174	228	ACÚRCIO MENDES	02:55:37	02:54:56	M4549	CLUBE DE CORRIDA DA REN	29
175	5018	JOSÉ BRÁS	02:55:41	02:55:41	M5559	TARTARUGAS SOLIDÁRIAS	9
176	69	HELENA PINTO	02:56:00	02:55:45	F4549	CORRER LOURES	5
177	68	JOÃO CANHOTO	02:56:02	02:56:02	M5054	CORRER LOURES	20
178	52	LUÍS NASCIMENTO	02:56:18	02:55:51	M2439		45

179	5012	BRUNO NEVES	02:56:56	02:56:56	M2439		46
180	70	TIAGO ROSA	02:57:08	02:56:56	M2439	NÉS RUNNING	47
181	71	PATRÍCIA PINTO	02:57:08	02:56:57	F4044	NÉS RUNNING	9
182	56	LUISA FERREIRA	02:58:36	02:58:33	F5054	NUCLEO DESPORTIVO AUTOCOOPE	5
183	5053	NIDIA V ALADARES	02:59:30	02:59:14	F4044	LEBRES DO SADO	10
184	89	NELSON BASTOS	03:02:33	03:02:01	M4549		30
185	172	MARCO CARVALHO	03:02:55	03:02:35	M4044	ARMOTORSPOET	39
186	237	GISLAINE SANTOS	03:02:55	03:02:42	F4044	BRUNOSEMPRE. BABA MAMBO	11
187	112	RAQUEL MENDES	03:02:56	03:02:36	F4044		12
188	28	FILIPE MARTINS	03:02:56	03:02:33	M2439		48
189	152	MIGUEL FONSECA	03:03:09	03:02:37	M5054	ESTORIL PRAIA TRIATLO	21
190	39	RENATO JÁCOME	03:03:19	03:02:53	M5054	DEVAGAR, DEVAGARINHO BY... SNICKERS WORKWEAR	22
191	7	RUI BORRALHO	03:03:19	03:02:57	M4549	CDCR DOS CTT	31
192	98	RAFAEL MENDONÇA	03:03:32	03:03:06	M2439	OS PACHICHAS	49
193	60	MICAELA SANTOS	03:04:35	03:04:35	F2439	SUNDAY RUNNERS	11
194	203	HERMÍNIA FERREIRA	03:05:09	03:04:58	F4549	GDC FIDELIDADE	6
195	135	CARLOS GONÇALVES	03:05:10	03:05:10	M6099	LEBRES E TARTARUGAS	5
196	126	JOSÉ PEDRO MARTINS DA CUNHA	03:05:29	03:05:13	M5559	CCDTML	10
197	54	ÂNGELO MARCOS	03:05:51	03:05:24	M2439	MIND SOURCE RUNNERS	50
198	22	JAIME BATISTA	03:06:06	03:05:46	M2439		51
199	59	CARLA LAMEIRAS	03:07:02	03:06:45	F2439	LH Ginásio	12
200	5019	ARTUR GAIO	03:08:07	03:07:37	M2439	TAC - Tranquilidade	52
201	34	MANUEL PINEDA NAVARRO	03:08:24	03:08:20	M4044	DIABLOS RUNNERS	40

202	110	JOAQUIM MONTEIRO	03:08:37	03:08:17	M5054		23
203	221	PATRICIA FERNANDES	03:09:29	03:09:03	F4549	CLUBE ANA LISBOA	7
204	138	JOSÉ CRUZ	03:10:27	03:10:14	M4549	RUN FOR LUNCH	32
205	81	FERNANDA MANUELA PRIM DA SILVA POÇAS	03:10:29	03:09:59	F4044		13
206	212	GONCALO LOPES	03:11:32	03:11:14	M4044		41
207	213	JOANA ANTUNES	03:11:32	03:11:15	F2439	CLUBE MILLENNIUM BCP	13
208	194	IRYNA DYACHOK	03:11:44	03:11:35	F4044		14
209	78	SOPHIE DUCLOUX	03:12:26	03:11:38	F5054		6
210	79	RACHID MOKRANI	03:12:26	03:12:26	F5054		7
211	136	FREDERICO SOUSA	03:13:19	03:12:49	M5559	LEBRES E TARTARUGAS	11
212	62	MARIO ANJO	03:13:52	03:13:24	M5559	ANJO & MENDES	12
213	63	GESSINA MENDES	03:13:53	03:13:26	F5054	ANJO & MENDES	8
214	101	HELDER ANTONIO ATALAIA FERNANDES	03:14:48	03:14:31	M4549	LH Ginasio	33
215	27	NATACHA MOUCO	03:14:50	03:14:25	F2439	PANDAS GORDOS	14
216	20	MIHAI ACONSTANTINEI	03:16:09	03:15:34	M2439		53
217	53	CARLOS ALMEIDA	03:18:08	03:17:41	M2439	MIND SOURCE RUNNERS	54
218	92	MARISA PEREIRA	03:18:31	03:18:01	F4044		15
219	131	ANABELA SOUSA	03:19:07	03:19:07	F4044	SERVIÇOS SOCIAIS MONTEPIO	16
220	222	JOSE MARTINS	03:19:10	03:18:44	M6099	CLUBE ANA LISBOA	6
221	4	RICARDO CARVALHO	03:19:39	03:19:18	M4549	CDCR DOS CTT	34
222	9	LUÍS ANDRADE	03:25:22	03:25:22	M4549	CCDCR DOS CTT	35
223	149	JOÃO RODRIGUES	03:27:07	03:27:07	M5054		24
224	147	RUI MARTINS	03:27:07	03:27:05	M4549		36

225	77	RODOLFO SALVATERRA	03:27:28	03:26:52	M2439		55
226	5023	GRAÇA ROLDÃO	03:27:29	03:27:24	F5559	OS TUGAS	2
227	80	GLÓRIA GARCIA	03:31:35	03:31:12	F4549	ECI RUNNING TEAM	8
228	6	RICARDO RAMOS	03:31:43	03:31:20	M4044	CDCR DOS CTT	42
229	139	LUIS CARLOS ALMEIDA	03:33:32	03:33:18	M4549	RUN FOR LUNCH	37
230	174	JOSE LUIS REBELO	03:39:20	03:39:19	M5054	CLUBE MILLENNIUM BCP	25
231	239	FÁBIO PRATAS	03:39:29	03:39:29	M2439	AMINHACORRIDA	56
232	5009	RUI LUCIANO	03:55:01	03:54:25	M2439		57
233	5010	LUIS OLIVEIRA	03:55:03	03:54:26	M2439		58
234	230	GI RIBEIRO	04:06:24	04:06:07	F5054	SANTANA F C - TRAIL TEAM	9
235	211	DAVID CLEMENTE	04:06:26	04:05:37	M2439	AMINHACORRIDA.COM	59
236	10	JOÃO AFONSO	04:13:48	04:13:25	M4549	CDCR DOS CTT	38
237	65	ANNA BALEJKO	04:34:17	04:34:17	F4044		17
238	146	MARCO FREITAS	04:34:18	04:34:18	M4044	SUNSET RUNNING TEAM	43