

Pos	Bib	Name	Time	±	Group	Team
1.	16	Guilherme Lourenco	02:40:08.0	00:00:00.0	Senior M	CRP Ribafria
2.	104	Delio Jorge Fereira	02:58:30.8	00:18:22.8	M 40	Associaçãodo Toledo
3.	19	Francisco Carvalho	03:10:28.9	00:30:20.9	Senior M	Individual
4.	41	Pedro Fernandes	03:12:46.6	00:32:38.6	Senior M	Individual
5.	98	Nelson Amaral	03:17:31.2	00:37:23.2	M 40	AMCF- Arrabida Trail Run
6.	83	Fernando Rafael Cravalho	03:18:49.8	00:38:41.8	Senior M	Dr. merino / 4moove
7.	75	Vitor Santos	03:19:18.0	00:39:10.0	M 40	CAPenafirme
8.	33	Luis Miguel Santos	03:19:30.5	00:39:22.5	Senior M	Amigos Atletismo Mafra
9.	100	Sofia Roquete	03:22:26.3	00:42:18.3	Senior F	AMCF - Arrabida Trail Team
10.	67	Sergio Neto	03:24:36.0	00:44:28.0	Senior M	Sabores do Paço / Zatopeques
11.	90	Leandro Arbizu Crespo	03:34:30.9	00:54:22.9	M 50	individual
12.	65	Paulo Frade	03:34:48.5	00:54:40.5	M 40	Sabores do Paço / Zatopeques
13.	30	Nelson Bertolo	03:38:38.2	00:58:30.2	M 40	Sabores do paco Zatopeques
14.	60	Helder Costa	03:39:26.8	00:59:18.8	M 40	individual
15.	12	Emidio Correia	03:41:28.8	01:01:20.8	Senior M	EDV- VIANA TRAIL
16.	23	Filipe Alexandre Duarte Pereira	03:48:19.1	01:08:11.1	Senior M	A20KM
17.	70	Luis Serrazina	03:51:36.3	01:11:28.3	M 50	CRP RIBAFRIA
18.	61	Joao Valente	03:52:09.5	01:12:01.5	M 40	GO!Runners
19.	18	Rui Rodrigues	03:53:05.1	01:12:57.1	M 40	Casa do Pessoal da RTP
20.	102	Miguel Pereira	03:53:09.8	01:13:01.8	Senior M	Monsanto Running Team
21.	5	Helio Oscar Ribas Dias	03:53:54.9	01:13:46.9	M 50	O Praticante.pt
22.	84	Paulo Gregorio	03:56:13.8	01:16:05.8	M 40	GTEAM
23.	29	Miguel Bertolo	03:56:18.4	01:16:10.4	Senior M	Sabores do paco Zatopeques
24.	6	Nuno Manuel Ferreira Granadas	03:58:31.5	01:18:23.5	Senior M	Tough Trails Alenquer
25.	86	Ines Jordao	03:58:38.9	01:18:30.9	Senior F	Monsanto Running Team
26.	79	Gustavo Pessa	03:59:14.5	01:19:06.5	M 40	PUXA POR TI
27.	15	Paulo Arcanjo Ferreira Valentim	04:03:58.0	01:23:50.0	M 40	CRP Ribafria
28.	14	Joao Pedro Feteira Salgueiro	04:04:16.5	01:24:08.5	M 40	Correr Porto de Mós
29.	99	Carlos Charrua	04:05:20.6	01:25:12.6	M 40	Individual
30.	69	Rui Miguel	04:06:36.9	01:26:28.9	M 40	RCTM- Run Crew Trail Montijo
31.	72	Isabel Boavida	04:07:29.8	01:27:21.8	Senior F	ADADesnivel
32.	40	Diogo Jose Matos Carlos	04:13:18.0	01:33:10.0	Senior M	INDIVIDUAL
33.	89	Marco David Raimundo Vinagre	04:13:46.7	01:33:38.7	Senior M	vinagre
34.	36	Hugo Miguel Rodrigues Velez	04:16:54.1	01:36:46.1	M 40	Individual
35.	3	Victor Franco	04:17:28.5	01:37:20.5	Senior M	OPraticante.pt
36.	42	Daniel Sousa	04:22:52.5	01:42:44.5	Senior M	Morcegos Trail
37.	1	Ricardo Ferreira	04:22:54.8	01:42:46.8	Senior M	Trilhos Per Ludum
38.	78	Nuno Miguel Da Costa Ramalho	04:22:59.3	01:42:51.3	M 40	RCTM- Run Crew Trail Montijo
39.	81	Pedro Granadas	04:24:37.8	01:44:29.8	M 40	toughtrails
40.	52	Nuno Athayde	04:27:00.5	01:46:52.5	M 40	Individual
41.	55	Luis Manuel Picanco Madeira	04:27:26.4	01:47:18.4	M 40	SS CGD
42.	53	Rui Belo	04:28:19.9	01:48:11.9	Senior M	Correr Soc Rec da Granja
43.	17	Vitor Jose Rodrigues Filipe	04:31:27.2	01:51:19.2	Senior M	Sem Equipa
44.	37	Rui Manuel Paulo	04:31:51.0	01:51:43.0	M 50	Individual
45.	56	Marco Antonio Ventura De Almeida	04:32:17.3	01:52:09.3	Senior M	Individual
46.	88	Orlando Gabriel Da Silva Ferreira	04:40:13.9	02:00:05.9	M 60	Tough Trails Alenquer
47.	94	Rui Miguel Pereira Inacio	04:40:45.4	02:00:37.4	Senior M	Dolce Furadouro
48.	49	Fernando Patricio	04:44:04.6	02:03:56.6	M 50	RCTM
49.	25	Rui Carvalho	04:44:52.8	02:04:44.8	M 40	Individual
50.	13	Rodrigo Joina	04:50:04.0	02:09:56.0	Senior M	Individual

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51.	71	Frederico De Carvalho Baptista	04:50:11.4	02:10:03.4	Senior M	Tigres do Zêzere
52.	85	David Matias	04:50:27.4	02:10:19.4	Senior M	RCTM
53.	73	Nuno Ferreira Pintao	04:53:23.3	02:13:15.3	M 40	Individual
54.	66	Goncalo Rosa	04:55:14.2	02:15:06.2	Senior M	49:59T
55.	44	Rui Bell Marques	04:57:10.7	02:17:02.7	M 40	GDU AZOIA
56.	11	Alexandre Lopes	05:00:22.0	02:20:14.0	Senior M	A20KM
57.	64	Henrique Zaldo	05:04:01.6	02:23:53.6	Senior M	49:59T
58.	62	Sergio Cortez	05:06:39.9	02:26:31.9	Senior M	GO!Runners
59.	58	Carlos Esteves	05:07:32.3	02:27:24.3	M 40	matilha Running
60.	77	Rui Barbosa	05:07:36.5	02:27:28.5	M 40	matilha Running
61.	7	Paulo Alexandre Madail Da Silva	05:07:53.2	02:27:45.2	M 40	Kaninos
62.	92	Fernando Pereira	05:08:21.7	02:28:13.7	M 50	Individual
63.	48	Martijn Rodel.	05:09:30.7	02:29:22.7	Senior M	Dutch Runners
64.	45	Marco Costa	05:12:31.6	02:32:23.6	Senior M	Espírito Inquieto Outdoor
65.	93	Paulo Serranito	05:13:27.7	02:33:19.7	M 50	Não te privas
66.	31	Humberto Canilhas	05:22:15.6	02:42:07.6	Senior M	Alpalho
67.	28	Edgar Ribeiro	05:22:21.4	02:42:13.4	M 40	Degustar Vaidades Nazaré/Fatima
68.	46	Sergio Simoes	05:22:24.7	02:42:16.7	Senior M	Individual
69.	47	Annika Willems	05:29:38.7	02:49:30.7	Senior F	Dutch Runners
70.	2	Hugo Miguel Lourinho Martins	05:29:47.3	02:49:39.3	Senior M	Sem Equipa
71.	9	Hugo Vitorino	05:40:29.7	03:00:21.7	M 40	Individual
72.	57	Helena Pinto	05:46:29.9	03:06:21.9	Senior F	Individual
73.	35	Pedro Miguel Pires Dos Santos	05:46:36.2	03:06:28.2	Senior M	Individual
74.	68	Goncalo Dinis Santos	05:49:08.8	03:09:00.8	Senior M	49:59T