Grande Trail das Lavadeiras
Granja do Ulmeiro, Alfarelos
25-November-2017

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	13:58	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	628	Pedro Mota	ozxtreme	Senior Masculino	02:13:18		05:20
2	629	Ricardo Martins	ozxtreme	Senior Masculino	02:13:24	+00:06	05:20
3	542	João Lopes	grupo desportivo da parreira	Senior Masculino	02:14:07	+00:48	05:22
4	524	Rui Sérgio Dias Ferreira	coimbra trail running	Senior Masculino	02:16:34	+03:16	05:28
5	636	Hélder Piedade	sábia opinião	Veterano M40	02:18:29	+05:10	05:32
6	591	joze ferreira	individual	Veterano M40	02:25:29	+12:10	05:49
7	600	António Ferreira	individual	Veterano M50	02:27:49	+14:31	05:55
8	552	Alfredo Gaspar	individual	Senior Masculino	02:30:45	+17:27	06:02
9	631	Paulo Ramirez	ozxtreme	Veterano M40	02:30:51	+17:33	06:02
10	508	Hugo Simões	adabem running team	Senior Masculino	02:31:38	+18:20	06:04
11	618	Nuno Coutinho	norte e soure	Senior Masculino	02:33:35	+20:16	06:09
12	541	Filipe Torres	grupo desportivo da parreira	Senior Masculino	02:34:45	+21:27	06:11
13	536	vitor cação	gatões btt	Senior Masculino	02:34:59	+21:41	06:12
14	619	Rodrigo Quintal	sc povoense - caracóis de corrida	Senior Masculino	02:36:38	+23:19	06:16
15	605	Vitor faim	atletismo clube da tocha	Veterano M50	02:38:42	+25:23	06:21
16	599	Sérgio Lourenço	individual	Veterano M40	02:39:05	+25:46	06:22
17	612	ManuelCabete	moinhos da gândara trail	Veterano M50	02:39:46	+26:28	06:23
18	529	Arlindo Ribeiro	falsos lentos	Veterano M40	02:40:14	+26:56	06:25
19	641	Luis Batalha	soure mov	Veterano M40	02:44:29	+31:11	06:35
20	575	Paulo Monteiro	individual	Senior Masculino	02:47:18	+33:59	06:42
21	533	Tiago Maia	formobike btt & trail running	Senior Masculino	02:47:44	+34:26	06:43
22	602	Helder Gante	individual	Veterano M50	02:47:57	+34:39	06:43
23	622	Viriato Dias	opraticante.pt	Veterano M40	02:48:28	+35:09	06:44
24	635	Denise Pereira	runcrosstrail	Senior Feminino	02:48:30	+35:11	06:44
25	639	José Faria	salming portugal	Senior Masculino	02:48:36	+35:18	06:45
26	561	Fernando Santos	individual	Senior Masculino	02:49:01	+35:42	06:46
27	516	PAULO BAPTISTA	atletismo clube da tocha	Veterano M40	02:49:08	+35:50	06:46
28	616	Fernando Manuel Simões Bastos	montanha clube trail running/efapel	Senior Masculino	02:51:07	+37:49	06:51
29	642	Jorge Cordeiro	soure mov	Veterano M50	02:53:04	+39:46	06:55
30	559	Eurico Maia	individual	Senior Masculino	02:53:05	+39:46	06:55
31	506	Tiago moreno	acdrs quinhendros	Senior Masculino	02:53:25	+40:07	06:56
32	528	André Ribeiro Almeida	esgalhada trail team	Senior Masculino	02:55:12	+41:54	07:01
33	607	João André Dias	indústria de carnes da gândara	Senior Masculino	02:55:15	+41:56	07:01
34	515	Horacio Ferreira	arsm - associação recreativa de s. miguel	Veterano M40	02:56:54	+43:35	07:05
35	537	séregio vilão	gdrc sebal	Senior Masculino	02:58:12	+44:53	07:08
36	510	João Paulo PIres	adabem running team	Veterano M40	02:58:50	+45:32	07:09
37	543	Rodrigo Galão	grupo desportivo da parreira	Senior Masculino	02:59:58	+46:39	07:12
38	31	vasco lopes	grupo desportivo da parreira	Veterano M40	02:59:58	+46:39	07:12
39	595	Miguel Marques	individual	Veterano M40	03:00:26	+47:08	07:13
40	520	Renato Ferreira	c. b. viseu running team	Veterano M40	03:04:32	+51:13	07:23
41	519	Ana Nascimento	c. b. viseu running team	Veterana F40	03:04:32	+51:14	07:23

TRAIL LONGO - STAGE 1 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	502	Alexandre Graça Concho	a.c.d.r.s. quinhendros	Senior Masculino	03:04:47	+51:29	07:23
43	615	Bruno Marques	montanha clube trail running/efapel	Senior Masculino	03:04:48	+51:30	07:24
44	647	Carlos Eduardo Simões Ferreira	vikings trail runners / ccr alcabideque	Senior Masculino	03:05:26	+52:08	07:25
45	513	Gil António Figueiredo da Costa Santos	arcd venda da luisa	Veterano M40	03:05:37	+52:18	07:25
46	509	João Cruz	adabem running team	Senior Masculino	03:07:53	+54:34	07:31
47	581	Rui Carrito	coimbra trail running	Senior Masculino	03:07:53	+54:35	07:31
48	588	Amílcar Ramos	individual	Veterano M40	03:07:55	+54:37	07:31
49	535	Paulo Carvalho	formobike btt & trail running	Veterano M50	03:08:52	+55:33	07:33
50	608	Luis M S Lages	liz runners	Veterano M50	03:12:02	+58:43	07:41
51	511	Nelson José Vaz Correia	arcd venda da luisa	Senior Masculino	03:12:06	+58:48	07:41
52	556	Diogo Filipe Angelo Ferreira	individual	Senior Masculino	03:12:58	+59:40	07:43
53	562	Henrique Carvalho	individual	Senior Masculino	03:12:58	+59:40	07:43
54	621	Isabel Almeida	opraticante.pt	Veterana F40	03:13:07	+59:49	07:44
55	540	André Ferreira	grupo desportivo da parreira	Senior Masculino	03:14:15	+01:00:57	07:46
56	630	Luis Lima	ozxtreme	Veterano M40	03:14:51	+01:01:32	07:48
57	594	MARCELO COUTINHO	individual	Veterano M40	03:15:01	+01:01:42	07:48
58	574	Marco Cunha	individual	Senior Masculino	03:15:04	+01:01:45	07:48
59	640	Hugo Marouvo	soure mov	Senior Masculino	03:15:05	+01:01:46	07:48
60	526	Ricardo André Pereira dos Santos	escola de atletismo de coimbra/j. paiva	Senior Masculino	03:15:10	+01:01:52	07:48
61	604	Raul Abraão Martins	individual	Veterano M50	03:16:40	+01:03:22	07:52
62	645	André Dias	tribo nr	Veterano M50	03:17:37	+01:04:18	07:54
63	66	Henrique Miguel Botas Martins	não fazemos nem mais um...km	Senior Masculino	03:19:28	+01:06:09	07:59
64	593	Luis Nuned	individual	Veterano M40	03:19:56	+01:06:37	08:00
65	590	José Francisco Roque Leitão	individual	Veterano M40	03:20:02	+01:06:44	08:00
66	503	Leonel Graça Concho	a.c.d.r.s. quinhendros	Veterano M40	03:21:22	+01:08:03	08:03
67	544	Ruben Bragança	grupo desportivo da parreira	Senior Masculino	03:21:53	+01:08:34	08:05
68	603	JOSE FRANCISCO CARVALHO EUFRASIO	individual	Veterano M50	03:23:00	+01:09:42	08:07
69	568	joao monteiro	individual	Senior Masculino	03:25:00	+01:11:42	08:12
70	527	VITOR LUIS PRATAS DOS SANTOS	escola de atletismo de coimbra/j. paiva	Veterano M50	03:25:38	+01:12:20	08:14
71	505	Luís Machado	acdrs quinhendros	Senior Masculino	03:28:00	+01:14:42	08:19
72	525	Joaquim Almeida	coimbra trail running	Veterano M50	03:28:06	+01:14:47	08:19
73	634	Mário Almeida	pes troikados - cscs	Senior Masculino	03:28:12	+01:14:54	08:20
74	68	Henrique Manuel Pereira de Oliveira Frazão	não fazemos nem mais um...km	Veterano M40	03:29:11	+01:15:53	08:22
75	644	Marcos Alves	tribo nr	Veterano M40	03:29:14	+01:15:56	08:22
76	560	Fábio Daniel Pocinho Silva	individual	Senior Masculino	03:29:21	+01:16:03	08:22
77	573	Marco António Oliveira Santos	individual	Senior Masculino	03:29:22	+01:16:03	08:22
78	514	José Carlos Fernandes	arcd venda da luisa	Veterano M50	03:30:25	+01:17:07	08:25
79	547	Cláudia Isabel Oliveira Lopes	individual	Senior Feminino	03:30:46	+01:17:28	08:26
80	578	Ricardo Pereira	individual	Senior Masculino	03:31:23	+01:18:05	08:27
81	614	Tânia Sousa	montanha clube trail running/efapel	Senior Feminino	03:32:02	+01:18:43	08:29
82	522	LUÍS VIEIRA	ccd crédito agrícola	Veterano M50	03:32:26	+01:19:08	08:30
83	569	João Valente	individual	Senior Masculino	03:32:46	+01:19:28	08:31

TRAIL LONGO - STAGE 1 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	577	Ricardo Miguel Pocinho Silva	individual	Senior Masculino	03:33:33	+01:20:15	08:33
85	633	Bruno Marques	pes troikados - cscs	Senior Masculino	03:33:54	+01:20:36	08:33
86	620	José Figueiredo	o mundo da corrida	Veterano M40	03:35:16	+01:21:58	08:37
87	646	Luís Carvalho	urb teodora running team	Senior Masculino	03:37:04	+01:23:45	08:41
88	627	Lauro Nunes	ozxtreme	Senior Masculino	03:37:49	+01:24:30	08:43
89	623	Agnelo	ozxtreme	Senior Masculino	03:37:50	+01:24:31	08:43
90	626	João Negrão	ozxtreme	Senior Masculino	03:38:23	+01:25:04	08:44
91	592	Luis Moura	individual	Veterano M40	03:38:29	+01:25:10	08:44
92	534	Pedro Pinto Carvalho	formobike btt & trail running	Veterano M40	03:39:59	+01:26:40	08:48
93	637	Rui Miiguel Santos Feijão	saldo válido team	Veterano M40	03:40:08	+01:26:50	08:48
94	638	Fernando Carlos Lopes	saldo válido team	Veterano M50	03:40:09	+01:26:50	08:48
95	554	Artur Freitas	individual	Senior Masculino	03:41:15	+01:27:57	08:51
96	613	João Almeida	mondego ultra trail	Senior Masculino	03:41:35	+01:28:17	08:52
97	648	Rui Vilar	individual	Veterano M40	03:42:20	+01:29:02	08:54
98	512	Carla Patrícia Sequeira Romeiro	arcd venda da luisa	Veterana F40	03:43:04	+01:29:46	08:55
99	576	Pedro Pinto	individual	Senior Masculino	03:44:01	+01:30:42	08:58
100	551	Marta Laranjeiro Pinto	individual	Senior Feminino	03:44:01	+01:30:42	08:58
101	570	Lino Daniel Aleixo Simões	individual	Senior Masculino	03:44:08	+01:30:50	08:58
102	531	António José Rebola Ferreira	formobike btt & trail running	Senior Masculino	03:44:31	+01:31:12	08:59
103	557	Diogo Reis	individual	Senior Masculino	03:45:25	+01:32:07	09:01
104	530	Mélanie Duarte	farmácia luciano e matos	Senior Feminino	03:45:34	+01:32:15	09:01
105	546	Ana Teresa Moura Regente Salsas	individual	Senior Feminino	03:45:55	+01:32:36	09:02
106	584	Claudia	coimbra trail running	Veterana F40	03:46:53	+01:33:34	09:05
107	566	João Fonseca	individual	Senior Masculino	03:48:56	+01:35:37	09:09
108	596	Pedro Henriques	individual	Veterano M40	03:48:56	+01:35:38	09:09
109	586	Maria joao simoes	individual	Veterana F40	03:49:42	+01:36:24	09:11
110	598	Ricardo Santa	individual	Veterano M40	03:50:07	+01:36:49	09:12
111	579	Richard Ferreira	individual	Senior Masculino	03:52:56	+01:39:37	09:19
112	610	João Garizo	lobos	Veterano M40	03:53:37	+01:40:19	09:21
113	609	João Sêbo	lobos	Senior Masculino	03:53:40	+01:40:22	09:21
114	606	Vitor José da Silva Ferreira	individual	Veterano M50	03:56:26	+01:43:08	09:27
115	550	Luísa Areia	individual	Senior Feminino	04:00:04	+01:46:46	09:36
116	597	Pedro Lemos	individual	Veterano M40	04:00:05	+01:46:46	09:36
117	567	joao lamas	individual	Senior Masculino	04:00:25	+01:47:07	09:37
118	572	Marco António Murta	individual	Senior Masculino	04:15:00	+02:01:41	10:12
119	580	Roberto Leandro Murta	individual	Senior Masculino	04:15:00	+02:01:41	10:12
120	565	João Filipe Rodrigues Gaspar	individual	Senior Masculino	04:19:41	+02:06:22	10:23
121	501	Ana Inês	a minha mãe não deixa	Veterana F40	04:19:44	+02:06:25	10:23
122	548	Diana cardoso	individual	Senior Feminino	04:19:44	+02:06:25	10:23
123	555	Camilo lopes	individual	Senior Masculino	04:19:49	+02:06:31	10:24
124	507	Rui Pedro Fernandes Marques	acdrs quinhendros	Veterano M40	04:19:57	+02:06:39	10:24
125	539	Luis Afonso	georunners	Veterano M40	04:27:22	+02:14:03	10:42
126	538	Carla Trindade	georunners	Senior Feminino	04:27:22	+02:14:04	10:42
127	585	Helga Tavares de Sousa e Mateus Ferreira	individual	Veterana F40	04:27:38	+02:14:19	10:42

TRAIL LONGO - STAGE 1 — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	643	Jacqueline Dias	tribo nr	Veterana F50	04:27:50	+02:14:31	10:43

Grande Trail das Lavadeiras
Granja do Ulmeiro, Alfarelos
25-November-2017

Trail Longo — 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:30	-99ºC	-99%
End	13:58	-99ºC	-99%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	635	Denise Pereira	RUNCROSSTRAIL	Senior Feminino	02:48:30	+35:11	06:44
2	547	Cláudia Isabel Oliveira Lopes	Individual	Senior Feminino	03:30:46	+01:17:28	08:26
3	614	Tânia Sousa	Montanha Clube Trail Running/Efapel	Senior Feminino	03:32:02	+01:18:43	08:29
4	551	Marta Laranjeiro Pinto	Individual	Senior Feminino	03:44:01	+01:30:42	08:58
5	530	Mélanie Duarte	Farmácia Luciano e Matos	Senior Feminino	03:45:34	+01:32:15	09:01
6	546	Ana Teresa Moura Regente Salsas	Individual	Senior Feminino	03:45:55	+01:32:36	09:02
7	550	Luísa Areia	Individual	Senior Feminino	04:00:04	+01:46:46	09:36
8	548	Diana cardoso	Individual	Senior Feminino	04:19:44	+02:06:25	10:23
9	538	Carla Trindade	Georunners	Senior Feminino	04:27:22	+02:14:04	10:42

Senior Masculino

1	628	Pedro Mota	OZXTREME	Senior Masculino	02:13:18		05:20
2	629	Ricardo Martins	OZXTREME	Senior Masculino	02:13:24	+00:06	05:20
3	542	João Lopes	Grupo Desportivo da Parreira	Senior Masculino	02:14:07	+00:48	05:22
4	524	Rui Sérgio Dias Ferreira	Coimbra Trail Running	Senior Masculino	02:16:34	+03:16	05:28
5	552	Alfredo Gaspar	Individual	Senior Masculino	02:30:45	+17:27	06:02
6	508	Hugo Simões	ADABEM Running Team	Senior Masculino	02:31:38	+18:20	06:04
7	618	Nuno Coutinho	NORTE e SOURE	Senior Masculino	02:33:35	+20:16	06:09
8	541	Filipe Torres	Grupo Desportivo da Parreira	Senior Masculino	02:34:45	+21:27	06:11
9	536	vitor cação	Gatões BTT	Senior Masculino	02:34:59	+21:41	06:12
10	619	Rodrigo Quintal	SC Povoense - Caracóis de Corrida	Senior Masculino	02:36:38	+23:19	06:16
11	575	Paulo Monteiro	Individual	Senior Masculino	02:47:18	+33:59	06:42
12	533	Tiago Maia	Formobike BTT & Trail Running	Senior Masculino	02:47:44	+34:26	06:43
13	639	José Faria	Salming Portugal	Senior Masculino	02:48:36	+35:18	06:45
14	561	Fernando Santos	Individual	Senior Masculino	02:49:01	+35:42	06:46
15	616	Fernando Manuel Simões Bastos	Montanha Clube Trail Running/Efapel	Senior Masculino	02:51:07	+37:49	06:51
16	559	Eurico Maia	Individual	Senior Masculino	02:53:05	+39:46	06:55
17	506	Tiago moreno	ACDRS QUINHENDROS	Senior Masculino	02:53:25	+40:07	06:56
18	528	André Ribeiro Almeida	Esgalhada Trail Team	Senior Masculino	02:55:12	+41:54	07:01
19	607	João André Dias	Indústria de Carnes da Gândara	Senior Masculino	02:55:15	+41:56	07:01
20	537	séregio vilão	gdrc sebal	Senior Masculino	02:58:12	+44:53	07:08
21	543	Rodrigo Galão	Grupo Desportivo da Parreira	Senior Masculino	02:59:58	+46:39	07:12
22	502	Alexandre Graça Concho	A.C.D.R.S. Quinhendros	Senior Masculino	03:04:47	+51:29	07:23
23	615	Bruno Marques	Montanha Clube Trail Running/Efapel	Senior Masculino	03:04:48	+51:30	07:24

Trail Longo

25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	647	Carlos Eduardo Simões Ferreira	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	03:05:26	+52:08	07:25
25	509	João Cruz	ADABEM Running Team	Senior Masculino	03:07:53	+54:34	07:31
26	581	Rui Carrito	Coimbra Trail Running	Senior Masculino	03:07:53	+54:35	07:31
27	511	Nelson José Vaz Correia	ARCD VENDA DA LUISA	Senior Masculino	03:12:06	+58:48	07:41
28	556	Diogo Filipe Angelo Ferreira	Individual	Senior Masculino	03:12:58	+59:40	07:43
29	562	Henrique Carvalho	Individual	Senior Masculino	03:12:58	+59:40	07:43
30	540	André Ferreira	Grupo Desportivo da Parreira	Senior Masculino	03:14:15	+01:00:57	07:46
31	574	Marco Cunha	Individual	Senior Masculino	03:15:04	+01:01:45	07:48
32	640	Hugo Marouvo	SOURE MOV	Senior Masculino	03:15:05	+01:01:46	07:48
33	526	Ricardo André Pereira dos Santos	Escola de Atletismo de Coimbra/J. Paiva	Senior Masculino	03:15:10	+01:01:52	07:48
34	66	Henrique Miguel Botas Martins	Não Fazemos Nem Mais Um...Km	Senior Masculino	03:19:28	+01:06:09	07:59
35	544	Ruben Bragança	Grupo Desportivo da Parreira	Senior Masculino	03:21:53	+01:08:34	08:05
36	568	joao monteiro	Individual	Senior Masculino	03:25:00	+01:11:42	08:12
37	505	Luís Machado	ACDRS QUINHENDROS	Senior Masculino	03:28:00	+01:14:42	08:19
38	634	Mário Almeida	PES TROIKADOS - CSCS	Senior Masculino	03:28:12	+01:14:54	08:20
39	560	Fábio Daniel Pocinho Silva	Individual	Senior Masculino	03:29:21	+01:16:03	08:22
40	573	Marco António Oliveira Santos	Individual	Senior Masculino	03:29:22	+01:16:03	08:22
41	578	Ricardo Pereira	Individual	Senior Masculino	03:31:23	+01:18:05	08:27
42	569	João Valente	Individual	Senior Masculino	03:32:46	+01:19:28	08:31
43	577	Ricardo Miguel Pocinho Silva	Individual	Senior Masculino	03:33:33	+01:20:15	08:33
44	633	Bruno Marques	PES TROIKADOS - CSCS	Senior Masculino	03:33:54	+01:20:36	08:33
45	646	Luís Carvalho	URB TEODORA RUNNING TEAM	Senior Masculino	03:37:04	+01:23:45	08:41
46	627	Lauro Nunes	OZXTREME	Senior Masculino	03:37:49	+01:24:30	08:43
47	623	Agnelo	OZXTREME	Senior Masculino	03:37:50	+01:24:31	08:43
48	626	João Negrão	OZXTREME	Senior Masculino	03:38:23	+01:25:04	08:44
49	554	Artur Freitas	Individual	Senior Masculino	03:41:15	+01:27:57	08:51
50	613	João Almeida	Mondego Ultra Trail	Senior Masculino	03:41:35	+01:28:17	08:52
51	576	Pedro Pinto	Individual	Senior Masculino	03:44:01	+01:30:42	08:58
52	570	Lino Daniel Aleixo Simões	Individual	Senior Masculino	03:44:08	+01:30:50	08:58
53	531	António José Rebola Ferreira	Formobike BTT & Trail Running	Senior Masculino	03:44:31	+01:31:12	08:59
54	557	Diogo Reis	Individual	Senior Masculino	03:45:25	+01:32:07	09:01
55	566	João Fonseca	Individual	Senior Masculino	03:48:56	+01:35:37	09:09
56	579	Richard Ferreira	Individual	Senior Masculino	03:52:56	+01:39:37	09:19
57	609	João Sêbo	Lobos	Senior Masculino	03:53:40	+01:40:22	09:21
58	567	joao lamas	Individual	Senior Masculino	04:00:25	+01:47:07	09:37
59	572	Marco António Murta	Individual	Senior Masculino	04:15:00	+02:01:41	10:12
60	580	Roberto Leandro Murta	Individual	Senior Masculino	04:15:00	+02:01:41	10:12
61	565	João Filipe Rodrigues Gaspar	Individual	Senior Masculino	04:19:41	+02:06:22	10:23
62	555	Camilo lopes	Individual	Senior Masculino	04:19:49	+02:06:31	10:24

Veterana F40

1	519	Ana Nascimento	C. B. Viseu Running Team	Veterana F40	03:04:32	+51:14	07:23
2	621	Isabel Almeida	OPraticante.pt	Veterana F40	03:13:07	+59:49	07:44
3	512	Carla Patrícia Sequeira Romeiro	ARCD VENDA DA LUISA	Veterana F40	03:43:04	+01:29:46	08:55

Trail Longo 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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4	584	Claudia	Coimbra Trail Running	Veterana F40	03:46:53	+01:33:34	09:05
5	586	Maria joao simoes	Individual	Veterana F40	03:49:42	+01:36:24	09:11
6	501	Ana Inês	A minha mãe não deixa	Veterana F40	04:19:44	+02:06:25	10:23
7	585	Helga Tavares de Sousa e Mateus Ferreira	Individual	Veterana F40	04:27:38	+02:14:19	10:42

Veterana F50

1	643	Jacqueline Dias	Tribo NR	Veterana F50	04:27:50	+02:14:31	10:43

Veterano M40

1	636	Hélder Piedade	Sábia Opinião	Veterano M40	02:18:29	+05:10	05:32
2	591	joze ferreira	Individual	Veterano M40	02:25:29	+12:10	05:49
3	631	Paulo Ramirez	OZXTREME	Veterano M40	02:30:51	+17:33	06:02
4	599	Sérgio Lourenço	Individual	Veterano M40	02:39:05	+25:46	06:22
5	529	Arlindo Ribeiro	Falsos Lentos	Veterano M40	02:40:14	+26:56	06:25
6	641	Luis Batalha	SOURE MOV	Veterano M40	02:44:29	+31:11	06:35
7	622	Viriato Dias	OPraticante.pt	Veterano M40	02:48:28	+35:09	06:44
8	516	PAULO BAPTISTA	Atletismo Clube da Tocha	Veterano M40	02:49:08	+35:50	06:46
9	515	Horacio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:56:54	+43:35	07:05
10	510	João Paulo PIres	ADABEM Running Team	Veterano M40	02:58:50	+45:32	07:09
11	31	vasco lopes	Grupo Desportivo da Parreira	Veterano M40	02:59:58	+46:39	07:12
12	595	Miguel Marques	Individual	Veterano M40	03:00:26	+47:08	07:13
13	520	Renato Ferreira	C. B. Viseu Running Team	Veterano M40	03:04:32	+51:13	07:23
14	513	Gil António Figueiredo da Costa Santos	ARCD VENDA DA LUISA	Veterano M40	03:05:37	+52:18	07:25
15	588	Amílcar Ramos	Individual	Veterano M40	03:07:55	+54:37	07:31
16	630	Luis Lima	OZXTREME	Veterano M40	03:14:51	+01:01:32	07:48
17	594	MARCELO COUTINHO	Individual	Veterano M40	03:15:01	+01:01:42	07:48
18	593	Luis Nuned	Individual	Veterano M40	03:19:56	+01:06:37	08:00
19	590	José Francisco Roque Leitão	Individual	Veterano M40	03:20:02	+01:06:44	08:00
20	503	Leonel Graça Concho	A.C.D.R.S. Quinhendros	Veterano M40	03:21:22	+01:08:03	08:03
21	68	Henrique Manuel Pereira de Oliveira Frazão	Não Fazemos Nem Mais Um...Km	Veterano M40	03:29:11	+01:15:53	08:22
22	644	Marcos Alves	Tribo NR	Veterano M40	03:29:14	+01:15:56	08:22
23	620	José Figueiredo	O Mundo da Corrida	Veterano M40	03:35:16	+01:21:58	08:37
24	592	Luis Moura	Individual	Veterano M40	03:38:29	+01:25:10	08:44
25	534	Pedro Pinto Carvalho	Formobike BTT & Trail Running	Veterano M40	03:39:59	+01:26:40	08:48
26	637	Rui Miiguel Santos Feijão	Saldo Válido Team	Veterano M40	03:40:08	+01:26:50	08:48
27	648	Rui Vilar	Individual	Veterano M40	03:42:20	+01:29:02	08:54
28	596	Pedro Henriques	Individual	Veterano M40	03:48:56	+01:35:38	09:09
29	598	Ricardo Santa	Individual	Veterano M40	03:50:07	+01:36:49	09:12
30	610	João Garizo	Lobos	Veterano M40	03:53:37	+01:40:19	09:21
31	597	Pedro Lemos	Individual	Veterano M40	04:00:05	+01:46:46	09:36
32	507	Rui Pedro Fernandes Marques	ACDRS QUINHENDROS	Veterano M40	04:19:57	+02:06:39	10:24

Trail Longo 25 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

33	539	Luis Afonso	Georunners	Veterano M40	04:27:22	+02:14:03	10:42

Veterano M50

1	600	António Ferreira	Individual	Veterano M50	02:27:49	+14:31	05:55
2	605	Vitor faim	Atletismo Clube da Tocha	Veterano M50	02:38:42	+25:23	06:21
3	612	ManuelCabete	Moinhos da Gândara Trail	Veterano M50	02:39:46	+26:28	06:23
4	602	Helder Gante	Individual	Veterano M50	02:47:57	+34:39	06:43
5	642	Jorge Cordeiro	SOURE MOV	Veterano M50	02:53:04	+39:46	06:55
6	535	Paulo Carvalho	Formobike BTT & Trail Running	Veterano M50	03:08:52	+55:33	07:33
7	608	Luis M S Lages	LIZ RUNNERS	Veterano M50	03:12:02	+58:43	07:41
8	604	Raul Abraão Martins	Individual	Veterano M50	03:16:40	+01:03:22	07:52
9	645	André Dias	Tribo NR	Veterano M50	03:17:37	+01:04:18	07:54
10	603	JOSE FRANCISCO CARVALHO EUFRASIO	Individual	Veterano M50	03:23:00	+01:09:42	08:07
11	527	VITOR LUIS PRATAS DOS SANTOS	Escola de Atletismo de Coimbra/J. Paiva	Veterano M50	03:25:38	+01:12:20	08:14
12	525	Joaquim Almeida	Coimbra Trail Running	Veterano M50	03:28:06	+01:14:47	08:19
13	514	José Carlos Fernandes	ARCD VENDA DA LUISA	Veterano M50	03:30:25	+01:17:07	08:25
14	522	LUÍS VIEIRA	CCD CRÉDITO AGRÍCOLA	Veterano M50	03:32:26	+01:19:08	08:30
15	638	Fernando Carlos Lopes	Saldo Válido Team	Veterano M50	03:40:09	+01:26:50	08:48
16	606	Vitor José da Silva Ferreira	Individual	Veterano M50	03:56:26	+01:43:08	09:27

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	OZXTREME	1 + 2 + 9	12
2	Grupo Desportivo da Parreira	3 + 12 + 37	52
3	ADABEM Running Team	10 + 36 + 46	92
4	SOURE MOV	19 + 29 + 59	107
5	Coimbra Trail Running	4 + 47 + 72	123
6	Montanha Clube Trail Running/Efapel	28 + 43 + 81	152
7	Formobike BTT & Trail Running	21 + 49 + 92	162
8	ARCD VENDA DA LUISA	45 + 51 + 78	174
9	ACDRS QUINHENDROS	31 + 71 + 124	226
10	Tribo NR	62 + 75 + 128	265