

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1	1116	PEDRO ARESENIO	M	32		00:32:21	00:32:21	CA ODIMARQ
2	1826	RICARDO PEREIRA	M	37		00:34:39	00:34:39	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
3	1581	PEDRO GOMES	M	37		00:34:47	00:34:47	CA VALE FIGUEIRA
4	1115	LUIS BATISTA	M	37		00:35:00	00:35:00	CA ODIMARQ
5	343	ANDRE A JANUARIO	M	31		00:35:01	00:34:56	C MILLENNIUM BCP
6	1113	JOAO F BOA	M	28		00:35:57	00:35:57	CA ODIMARQ
7	203	JOSÉ DIAS	M	44		00:36:11	00:36:02	ASC VALE GRANDE
8	1653	ANDRÉ FILIPE	M	19		00:36:23	00:36:23	INDIVIDUAL
9	1547	NUNO SOARES	M	33		00:36:32	00:36:24	VANDOMA
10	63	JOAO CARDOSO	M	53		00:36:36	00:36:36	ACLIS LIBERTY
11	1892	FERNANDO PEREIRA	M	41		00:36:47	00:36:47	GFD RUNNING
12	1196	PAULO ALVES	M	37		00:37:05	00:37:00	GDCT IN CASA MOEDA
13	1118	JOAQUIM CAPUCHO	M	52		00:37:10	00:37:05	CA ODIMARQ
14	806	JOSE CORREIA	M	48		00:37:18	00:37:10	CA PATAMEIRAS
15	1507	ARMANDO PESSOA	M	45		00:37:29	00:37:24	INDIVIDUAL
16	1571	HUGO ADELINO	M	40		00:37:31	00:37:27	CA VALE FIGUEIRA
17	1265	RICARDO TEIXEIRA	M	37		00:37:33	00:37:28	C COLAB AXA
18	1747	PAULO POVOA	M	51		00:37:34	00:37:34	A VALE SILENCIO
19	577	CELSO GOUVEIA	M	47		00:37:37	00:37:32	INDIVIDUAL
20	759	RICARDO MARTINS	M	29		00:37:37	00:37:30	CONHEIRA TEAM
21	910	CARLOS TIAGO	M	35		00:37:47	00:37:42	KEEP RUNNING
22	1117	MARCO GUEDES	M	30		00:37:48	00:37:48	CA ODIMARQ
23	1726	RUI HENRIQUES	M	35		00:37:51	00:37:44	SS MONTEPIO GERAL
24	204	PEDRO CAVILHAS	M	43		00:37:55	00:37:43	ASC VALE GRANDE
25	1490	LUÍS RIO	M	43		00:37:57	00:37:41	GDC BANCO PORTUGAL
26	1789	VALTER SOARES	M	39		00:38:07	00:38:07	GDR S FRANCISCO SERRA
27	213	PEDRO MOTA	M	44		00:38:13	00:38:01	ASC VALE GRANDE
28	998	HUGO REIS	M	38		00:38:25	00:38:20	GD INE
29	1339	RICARDO PATRICIO	M	37		00:38:26	00:37:54	CCD CA MÚTUO
30	1162	JOSE BORGES	M	54		00:38:28	00:38:23	GAA VF XIRA
31	1633	TIAGO LOBO	M	36		00:38:29	00:38:23	INDIVIDUAL
32	1199	RUI CORREIA	M	38		00:38:30	00:38:23	GDCT IN CASA MOEDA
33	1197	RICARDO NEVES	M	39		00:38:34	00:38:27	GDCT IN CASA MOEDA
34	202	JOSÉ GEADA	M	44		00:38:35	00:38:23	ASC VALE GRANDE
35	1570	LUIS BRITO	M	39		00:38:35	00:38:35	CA VALE FIGUEIRA
36	707	MÁRIO SÁ	M	35		00:38:36	00:38:21	INDIVIDUAL
37	1642	GUILHERME HORA	M	40		00:38:44	00:38:38	INDIVIDUAL
38	1096	ANDRÉ F L GAGA	M	27		00:39:11	00:38:48	INDIVIDUAL
39	780	RUI OLIVEIRA	M	44		00:39:12	00:39:12	AÇOREANA C BANIF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
40	453	GIL X ALVES	M	38		00:39:12	00:39:07	UNIDOS DA MANUTENÇÃO
41	1396	RICARDO PITA	M	34		00:39:13	00:39:08	CÂMARA L CLUBE
42	984	ANTONIO SANTOS	M	56		00:39:15	00:39:10	GD INE
43	1024	PEDRO GONÇALVES	M	32		00:39:17	00:39:11	RB RUNNING
44	854	JOÃO LIMA	M	27		00:39:19	00:39:07	PROAVENTURAS
45	1790	VASCO AGOSTINHO	M	49		00:39:24	00:39:19	GDR S FRANCISCO SERRA
46	1208	DIOGO SILVA	M	35		00:39:29	00:39:24	NA PENTEADO
47	1690	PAULO PIRES	M	49		00:39:32	00:39:27	SS CGD
48	1631	JORGE H Q SOUSA	M	46		00:39:41	00:39:24	INDIVIDUAL
49	450	RUI CARDOSO	M	43		00:39:50	00:39:45	UNIDOS DA MANUTENÇÃO
50	1739	RICARDO SANTOS	M	34		00:39:54	00:39:35	GARMIN/ CO OEIRAS
51	216	NUNO ALMEIDA	M	35		00:39:58	00:39:50	INDIVIDUAL
52	1645	JOÃO LUIS	M	45		00:40:05	00:39:59	CP ALCANENA
53	711	NUNO M D BALAS	M	38		00:40:06	00:40:01	INDIVIDUAL
54	1334	MIGUEL GONÇALVES	M	36		00:40:09	00:39:39	CCD CA MÚTUO
55	541	PEDRO NOBRE	M	30		00:40:10	00:40:00	CP EDP LISBOA
56	1493	ANTÓNIO SIMÕES	M	45		00:40:12	00:39:57	GDC BANCO PORTUGAL
57	1494	FERNANDO MARTINS	M	44		00:40:13	00:39:56	GDC BANCO PORTUGAL
58	662	JOAO C PASTOR	M	42		00:40:15	00:40:10	CCDT METRO LX
59	1974	LUÍS C B MARQUES	M	37		00:40:24	00:40:19	A NATUREZA ENSINA
60	886	AUGUSTO LOPES	M	61		00:40:26	00:40:21	GD SANTANDER TOTTA
61	734	PETER STEINHAUSEN	M	62		00:40:27	00:40:22	INDIVIDUAL
62	1378	DANRLEY GUSMAO	M	18		00:40:35	00:40:30	VITÓRIA FC
63	1031	ABILIO FERNANDES	M	44		00:40:36	00:40:25	INDIVIDUAL
64	950	LUÍS MONTEIRO	M	43		00:40:39	00:40:32	CLUBE NOVO BANCO
65	1388	SANDRA CONCEIÇÃO	F	35		00:40:40	00:40:32	C PEDRO PESSOA ESC ATLETISMO
66	1195	NUNO SOUSA	M	41		00:40:40	00:40:34	GDCT IN CASA MOEDA
67	1830	NUNO COUTO	M	41		00:40:44	00:40:10	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
68	2027	HUGO GARROTE	M	32		00:40:44	00:40:38	INDIVIDUAL
69	144	FERNANDO VICENTE	M	49		00:40:51	00:40:45	INDIVIDUAL
70	452	FERNANDO GOMES	M	41		00:40:52	00:40:47	UNIDOS DA MANUTENÇÃO
71	808	ORLANDO CORREIA	M	43		00:40:53	00:40:43	CA PATAMEIRAS
72	1374	LUIS FIDALGO	M	44		00:40:54	00:40:49	VITÓRIA FC
73	774	LUIS ALBUQUERQUE	M	44		00:40:54	00:40:41	AÇOREANA C BANIF
74	997	GONÇALO FERREIRA	M	42		00:40:57	00:40:52	GD INE
75	781	MÁRIO GOMES	M	44		00:40:59	00:40:54	AÇOREANA C BANIF
76	1854	RICARDO L ALVES	M	32		00:41:00	00:40:55	AÇOREANA C BANIF
77	1284	LUIS MAZEDA	M	29		00:41:04	00:39:30	ASAS NOS PÉS
78	1291	JOAQUIM ALEXANDRE	M	48		00:41:05	00:40:35	URD ARRANHÒ

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
79	764	ALEXANDRA ALVES	F	32		00:41:05	00:41:00	AÇOREANA C BANIF
80	1152	FÁBIO TEIXEIRA	M	30		00:41:05	00:40:48	INDIVIDUAL
81	860	ANASTÁCIO VALADAS	M	61		00:41:08	00:40:59	GD SANTANDER TOTTA
82	1743	JOAO INOCENCIO	M	44		00:41:11	00:41:01	A VALE SILENCIO
83	770	NUNO GAMEIRO	M	34		00:41:11	00:41:02	AÇOREANA C BANIF
84	372	TIAGO M B MENDES	M	41		00:41:14	00:41:07	C MILLENNIUM BCP
85	449	MANUEL SOARES	M	50		00:41:16	00:41:11	UNIDOS DA MANUTENÇÃO
86	1252	LAURA A R S GRILO	F	30		00:41:17	00:41:09	C PEDRO PESSOA ESC ATLETISMO
87	1312	JOSÉ GONÇALVES	M	48		00:41:19	00:40:58	AA MAFRA
88	1843	TIAGO M RIBEIRO	M	31		00:41:22	00:41:04	INDIVIDUAL
89	1370	JOSÉ PAJINHA	M	54		00:41:24	00:41:00	TEAM NETO
90	1891	PEDRO GONÇALVES	M	35		00:41:28	00:40:51	ROAD RUNNERS
91	1026	MÁRIO SANTANA	M	44		00:41:31	00:40:49	CD SALVATERRENSE
92	1375	FLORIVAL BACALHAU	M	57		00:41:37	00:41:32	VITÓRIA FC
93	1596	LUCIANO CORREIA	M	42		00:41:38	00:41:20	PROAVENTURAS
94	278	ALEXANDRE ANDRADE	M	38		00:41:39	00:41:29	GPE RUNNERS
95	1764	PAULO LOPES	M	46		00:41:40	00:40:50	ACLIS LIBERTY SEGUROS
96	698	VASCO FERNANDES	M	37		00:41:43	00:40:38	BIFANAS DE CORRIDA
97	1108	FÁBIO DUARTE	M	24		00:41:47	00:40:58	INDIVIDUAL
98	728	JOSÉ PENA	M	50		00:41:51	00:41:30	KEEP RUNNING
99	1735	ANDRE PATO	M	39		00:41:51	00:41:46	INDIVIDUAL
100	1482	NUNO M P SANTOS	M	36		00:41:52	00:41:42	CLUBE VODAFONE
101	1481	ANTÓNIO FERREIRINHO	M	41		00:41:54	00:40:48	INDIVIDUAL
102	1044	ANDRÉ SILVA	M	36		00:41:54	00:41:36	INDIVIDUAL
103	795	MIGUEL COSTA	M	41		00:41:57	00:41:57	EQUIPA DOS LENTOS
104	279	JORGE H S FRAGA	M	47		00:42:01	00:41:47	INDIVIDUAL
105	97	FERNANDO SOARES	M	40		00:42:05	00:41:54	CA PATAMEIRAS
106	584	LÚCIA OLIVEIRA	F	35		00:42:06	00:42:01	GENERG
107	421	RUI P C BOLOTA	M	42		00:42:06	00:41:49	INDIVIDUAL
108	1380	FERNANDO FIGUEIREDO	M	45		00:42:07	00:41:48	AM ATIBÁ
109	585	MANUEL TTAVARES	M	42		00:42:08	00:42:08	AÇOREANA C BANIF
110	1158	ANDERSON DIAS	M	34		00:42:09	00:40:34	RUN BUDDY RUN
111	756	NUNO M LOPES	M	38		00:42:11	00:42:02	RUNNINGCLUB DO CCD-AT
112	206	JOSÉ MOREIRA	M	38		00:42:11	00:42:11	ASC VALE GRANDE
113	1767	VICTOR M S VENDA	M	43		00:42:15	00:42:09	MATILHA RUNNING
114	467	CONSTANTINO ARAÚJO	M	48		00:42:15	00:41:56	SC REBOLEIRA DAMAIA
115	1332	HELDER MAGALHÃES	M	42		00:42:18	00:42:08	PROAVENTURAS
116	1151	AFZAL AZIZ	M	27		00:42:18	00:41:49	INDIVIDUAL
117	762	FAUSTO ISAAC	M	45		00:42:19	00:42:10	AÇOREANA C BANIF

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
118	93	NUNO ALCOBIA	M	39		00:42:21	00:42:05	C FERROV PORTUGAL
119	809	OSCAR SANTOS	M	58		00:42:23	00:42:16	CA PATAMEIRAS
120	1090	LUIS M SANTOS	M	32		00:42:23	00:42:18	LUSO-ATLANTICA
121	786	AUGUSTO N FERREIRA	M	44		00:42:25	00:41:19	CCD LOURES CORRER PARA VIVER
122	657	EDUARDO LAGOA	M	47		00:42:26	00:42:18	CCDT METRO LX
123	810	PAULO NEVES	M	49		00:42:28	00:42:16	CA PATAMEIRAS
124	741	ISIDRO DUARTE	M	47		00:42:33	00:41:30	CCD-AT
125	1114	CARLOS ANTUNES	M	63		00:42:34	00:42:27	CA ODIMARQ
126	1279	LUIS PAVIA	M	51		00:42:38	00:42:28	ASAS NOS PÉS
127	615	DINIS SILVA	M	42		00:42:40	00:42:32	SCALABIS NIGHT RUNNERS
128	931	TIAGO FERREIRA	M	32		00:42:40	00:41:18	INDIVIDUAL
129	1038	MIGUEL GOMES	M	44		00:42:41	00:42:31	INDIVIDUAL
130	1914	HUSSENE KESHAVJEE	M	40		00:42:42	00:42:36	INDIVIDUAL
131	249	FERNANDO FERREIRA	M	58		00:42:43	00:42:31	INDIVIDUAL
132	247	EDUARDO SANTOS	M	35		00:42:43	00:42:14	INDIVIDUAL
133	1419	PAULO SOUSA	M	39		00:42:44	00:42:31	INDIVIDUAL
134	246	FERNANDO ALMEIDA	M	36		00:42:44	00:42:13	INDIVIDUAL
135	1632	MARCELO DIAS	M	39		00:42:46	00:42:33	INDIVIDUAL
136	874	JOÃO JESUS	M	39		00:42:46	00:42:00	GD SANTANDER TOTTA
137	1257	ANTÓNIO R PEREIRA	M	52		00:42:47	00:42:41	C COLAB AXA
138	359	NUNO J C PRAZERES	M	48		00:42:49	00:41:52	C MILLENNIUM BCP
139	1086	NUNO SILVA	M	41		00:42:55	00:42:10	AERO RUNNERS
140	410	PAULO MONTEIRO	M	34		00:42:56	00:42:21	QQÉP
141	244	HUGO ROCHA	M	40		00:42:56	00:42:51	INDIVIDUAL
142	214	JOSÉ M V FAUSTINO	M	61		00:42:58	00:42:58	INDIVIDUAL
143	205	BERNARDINO SOARES	M	41		00:42:59	00:42:39	ASC VALE GRANDE
144	1171	RUI SILVA	M	42		00:43:02	00:42:00	INDIVIDUAL
145	1376	GONÇALO JACINTO	M	40		00:43:06	00:43:01	VITÓRIA FC
146	1395	IVO NOGUEIRA	M	28		00:43:07	00:43:02	CÂMARA L CLUBE
147	816	HÉLIO PALMA	M	36		00:43:07	00:42:58	CCD TRANQUILIDADE
148	1745	LEONEL NEVES	M	61		00:43:09	00:43:03	A VALE SILENCIO
149	1403	LICÍNIO FIDALGO	M	55		00:43:09	00:43:04	CÂMARA L CLUBE
150	740	FRANCISCO PEIXOTO	M	31		00:43:10	00:40:55	INDIVIDUAL
151	1120	PEDRO MARTINS	M	36		00:43:13	00:42:26	C NOTURNA P NAÇÕES
152	1399	PAULO SANTOS	M	49		00:43:13	00:43:08	CÂMARA L CLUBE
153	481	NUNO SIMAO	M	42		00:43:15	00:43:02	INDIVIDUAL
154	1000	JORGE LOPES	M	30		00:43:17	00:42:54	GD INE
155	1976	LUÍS TRINDADE	M	37		00:43:17	00:41:34	PAREDES AVENTURA
156	1539	ORLANDO J BARBOSA	M	57		00:43:19	00:43:14	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
157	957	PEDRO VITOR	M	44		00:43:20	00:43:01	CLUBE NOVO BANCO
158	304	PAULO SANTOS	M	39		00:43:26	00:41:52	JD ALHANDRENSE
159	1746	LUIS FERREIRA	M	45		00:43:27	00:42:59	A VALE SILENCIO
160	148	NÉLSON LOPES	M	37		00:43:29	00:43:07	INDIVIDUAL
161	1462	MARCO P J COSTA	M	30		00:43:30	00:43:06	INDIVIDUAL
162	1671	CARLOS ANTUNES	M	40		00:43:31	00:42:52	SS CGD
163	847	FERNANDO ANACLETO	M	63		00:43:32	00:43:24	INDIVIDUAL
164	974	FERNANDO NOGUEIRA	M	28		00:43:34	00:42:05	MARRIOTT LISBOA
165	446	RUI MARTINS	M	59		00:43:35	00:43:28	INDIVIDUAL
166	1800	JÚLIO GAMITO	M	52		00:43:37	00:43:10	INDIVIDUAL
167	686	CARLOS RODRIGUES	M	58		00:43:37	00:43:17	AA MAFRA
168	293	SÉRGIO OLIVEIRA	M	41		00:43:40	00:43:05	PACE.MAKERS
169	896	RUI MACHINHO	M	38		00:43:45	00:43:40	GD SANTANDER TOTTA
170	1359	FRANCISCO A M LOPES	M	45		00:43:48	00:42:58	VOLKSWAGEN AUTOEUROPA
171	1016	JOSE SILVA	M	51		00:43:49	00:43:23	GD INE
172	1008	MARCOS OLIVEIRA	M	42		00:43:52	00:43:30	GD INE
173	1014	PEDRO MOREIRA	M	41		00:43:52	00:43:29	GD INE
174	1665	RUI SOEIRO	M	34		00:43:54	00:41:59	INDIVIDUAL
175	811	PAULO GAMBOA	M	44		00:43:55	00:43:48	CA PATAMEIRAS
176	222	MARCO SERAFIM	M	31		00:43:55	00:43:49	INDIVIDUAL
177	1288	FILIPE BRANCO	M	45		00:43:57	00:43:24	URD ARRANHÒ
178	1342	CARLOS SILVA	M	51		00:43:58	00:43:48	CCD CA MÚTUO
179	389	JOAO C S CARVALHO	M	51		00:43:59	00:43:54	C MILLENNIUM BCP
180	251	JOAQUIM AFONSO	M	59		00:43:59	00:43:47	INDIVIDUAL
181	172	NUNO NAIA	M	40		00:44:00	00:43:46	PUMP RUNNERS
182	923	CARLOS ROSADO	M	46		00:44:00	00:42:15	C RUGBY JUROMENHA
183	1650	JOSÉ BADALO	M	49		00:44:00	00:42:16	ADCSA BALDIO
184	1099	ANTÓNIO SOUSA	M	53		00:44:03	00:43:57	INDIVIDUAL
185	1169	PAULO CECILIO	M	40		00:44:03	00:43:47	INDIVIDUAL
186	1400	MIGUEL VELEZ	M	51		00:44:05	00:44:00	CÂMARA L CLUBE
187	257	ROGÉRIO FONSECA	M	48		00:44:06	00:43:50	INDIVIDUAL
188	804	ANTONIO MORAIS	M	62		00:44:06	00:44:00	CA PATAMEIRAS
189	2055	ATLETA NÃO CADASTRADO	M	0		00:44:07	00:36:04	
190	1684	MANUEL BRAS	M	47		00:44:07	00:43:07	SS CGD
191	1492	ADELINO SEMEDO	M	61		00:44:08	00:43:42	GDC BANCO PORTUGAL
192	1406	PAULO FONSECA	M	45		00:44:09	00:42:58	CÂMARA L CLUBE
193	83	CARLOS SA	M	45		00:44:13	00:43:55	
194	1238	LUIS RAIMUNDO	M	34		00:44:17	00:43:23	SPEED OF YELLOW
195	1770	ANTÓNIO REIS	M	60		00:44:18	00:44:03	AA MAFRA

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196	782	VIRGÍLIO MADEIRA	M	55		00:44:20	00:43:55	AÇOREANA C BANIF
197	607	LUIS SOBRAL	M	52		00:44:21	00:44:03	GD ÁGUIAS MOITA
198	1679	JOAQUIM FRADE	M	59		00:44:22	00:43:44	SS CGD
199	383	JOAO P V PEREIRA	M	43		00:44:23	00:43:26	C MILLENNIUM BCP
200	853	JOAO TAVARES	M	39		00:44:24	00:43:18	CCD-AT
201	1966	NUNO VIEIRA	M	33		00:44:24	00:43:36	OS CARACOIS FURIOSOS
202	58	MARCOS PEREIRA	M	59		00:44:25	00:43:40	
203	1377	AURÉLIO ANDORINHA	M	41		00:44:25	00:44:19	VITÓRIA FC
204	814	RENATO RAMOS	M	36		00:44:26	00:43:37	MOVET
205	1594	FRANCISCO CALVO	M	54		00:44:29	00:44:05	INDIVIDUAL
206	1372	CARLOS M S CAEIRO	M	60		00:44:30	00:44:23	INDIVIDUAL
207	298	JOAQUIM SANTOS	M	56		00:44:33	00:43:59	FALCOES SELVAGENS
208	850	BRUNO LOPES	M	33		00:44:34	00:44:04	AA MAFRA
209	989	CARLOS SANTOS	M	45		00:44:34	00:43:52	GD INE
210	693	MIGUEL SILVA	M	43		00:44:38	00:44:18	INDIVIDUAL
211	796	RUI PIRES	M	39		00:44:38	00:43:57	EQUIPA DOS LENTOS
212	1887	ANTÓNIO M BAPTISTA	M	45		00:44:39	00:44:14	INDIVIDUAL
213	573	MIGUEL A T GONÇALVES	M	28		00:44:39	00:44:30	INDIVIDUAL
214	794	MÁRCIO HORTA	M	33		00:44:39	00:43:58	EQUIPA DOS LENTOS
215	996	FRANCISCO CALDEIRA	M	41		00:44:40	00:44:18	GD INE
216	1322	JOAO CALDAS	M	49		00:44:40	00:44:21	ND AUTOCOOPE
217	468	JOSÉ REIS	M	61		00:44:41	00:44:07	SC REBOLEIRA DAMAIA
218	771	ISABEL MATIAS	F	33		00:44:42	00:44:34	AÇOREANA C BANIF
219	645	ANTÓNIO J CUNHA	M	39		00:44:42	00:43:51	SUNSET GYM
220	1178	ANTÓNIO SANTOS	M	52		00:44:42	00:44:28	CCD EFACEC LX
221	1394	DANIEL ANTUNES	M	53		00:44:44	00:44:44	CÂMARA L CLUBE
222	1142	JOSÉ SANTOS	M	44		00:44:45	00:44:45	INDIVIDUAL
223	1622	ANTÓNIO COSTA	M	57		00:44:47	00:44:47	FLAMINGOS ATLETISMO
224	961	RODRIGO ALMEIDA	M	35		00:44:47	00:44:40	CLUBE NOVO BANCO
225	56	MANUEL ALVES	M	33		00:44:50	00:43:13	VAMOS GANHAR
226	1272	NUNO SILVA	M	38		00:44:50	00:43:48	LX RUN
227	760	LUÍS M F ALVES	M	36		00:44:50	00:44:23	INDIVIDUAL
228	663	JOSE L SANTOS	M	45		00:44:50	00:43:06	CCDT METRO LX
229	754	HUGO COSTA	M	35		00:44:51	00:44:30	KEEP RUNNING
230	52	PEDRO FERNANDES	M	36		00:44:51	00:43:14	VAMOS GANHAR
231	1526	DOMINGOS NECA	M	60		00:44:54	00:44:40	JOVENS SERRA MINAS
232	876	FILIPE FERREIRA	M	37		00:44:54	00:44:03	GD SANTANDER TOTTA
233	1093	ANTOINE BURLET	M	37		00:44:55	00:44:01	BRETAGNE
234	1710	GUILHERME ALBINO	M	40		00:44:55	00:43:46	SS MONTEPIO GERAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
235	106	BRUNO AMARO	M	36		00:44:56	00:43:55	INDIVIDUAL
236	942	HUGO CARAGO	M	41		00:44:57	00:44:26	CLUBE NOVO BANCO
237	1985	PEDRO AMARAL	M	40		00:44:58	00:44:50	INDIVIDUAL
238	2026	HUGO SILVA	M	36		00:44:58	00:44:05	INDIVIDUAL
239	236	JOÃO L G BOGALHEIRO	M	45		00:44:58	00:44:43	INDIVIDUAL
240	1990	JOAQUIM ALVES	M	62		00:44:59	00:44:53	CCD O ALVITEJO
241	1042	ALEXANDRE COSTA	M	38		00:44:59	00:44:46	CLUBE VODAFONE
242	72	ANTONIO VIEIRA	M	30		00:45:00	00:44:30	CASA PESSOAL RTP
243	1724	RICARDO SOUSA	M	35		00:45:01	00:44:48	SS MONTEPIO GERAL
244	1015	RUI ALMEIDA	M	48		00:45:01	00:44:49	GD INE
245	1431	FERNANDO FERNANDES	M	53		00:45:01	00:44:42	APOGMA
246	1491	JOSÉ MONTEIRO	M	58		00:45:01	00:43:58	GDC BANCO PORTUGAL
247	1820	ARTUR PINTO	M	39		00:45:02	00:45:02	INDIVIDUAL
248	1895	BRUNO SEMEDO	M	36		00:45:04	00:44:02	CCD-AT
249	447	NUNO GOMES	M	38		00:45:05	00:44:56	INDIVIDUAL
250	1948	MANUEL TAVARES	M	56		00:45:08	00:44:40	INDIVIDUAL
251	1147	JORGE BERNARDO	M	42		00:45:09	00:44:32	ANA TRIATLO
252	503	FABIO JANUARIO	M	43		00:45:09	00:45:02	ODEBRECHT PORTUGAL
253	1788	PAULO CHAINHO	M	50		00:45:11	00:43:47	GDR S FRANCISCO SERRA
254	1818	PAULO MARQUES	M	50		00:45:12	00:44:57	EQUIPA MARAVILHA
255	200	VASCO COELHO	M	43		00:45:13	00:44:44	INDIVIDUAL
256	1011	NUNO ROMAO	M	47		00:45:13	00:44:30	GD INE
257	1803	CARLOS BAPTISTA	M	54		00:45:17	00:45:07	SC CASAINHOS
258	1805	MANUEL BENTO	M	38		00:45:17	00:45:08	SC CASAINHOS
259	1384	ERNESTO GUIA	M	61		00:45:17	00:45:04	ACD BOCAL
260	201	PEDRO NOLASCO	M	29		00:45:18	00:44:56	ASC VALE GRANDE
261	1598	CARLOS M JACINTO	M	46		00:45:18	00:45:03	INDIVIDUAL
262	182	JOAQUIM DIAS	M	41		00:45:21	00:43:27	INDIVIDUAL
263	508	GERRY SANITZ	M	48		00:45:21	00:45:10	ODEBRECHT PORTUGAL
264	491	JOEL RODRIGUES	M	35		00:45:22	00:44:31	INDIVIDUAL
265	745	PEDRO CUNHA	M	42		00:45:23	00:43:30	SFUAP
266	1501	EDUARDO LUÍS	M	37		00:45:23	00:44:54	ATOMIC TEAM
267	1644	VITOR PIRES	M	44		00:45:23	00:43:58	CP ALCANENA
268	474	LUIS ESTÊVÃO	M	46		00:45:24	00:44:31	CORRE@CORRER
269	574	ANDRÉ F S C PEREIRA	M	30		00:45:26	00:44:38	INDIVIDUAL
270	81	GONÇALO MEXIA	M	26		00:45:26	00:45:09	
271	636	PEDRO FERREIRA	M	37		00:45:27	00:45:16	CLUBE ROBBIALAC
272	325	PEDRO CARVALHO	M	36		00:45:27	00:45:02	ASCC 4 RUN
273	1027	NUNO VENÂNCIO	M	38		00:45:29	00:45:29	GDAK

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
274	1646	CRISTINA GAVINHO	F	38		00:45:29	00:45:24	PUMAS DO GUINCHO
275	1465	FILIPE CARDOSO	M	57		00:45:32	00:45:26	CORREDORES R CORGAS
276	548	PEDRO FAVINHA	M	35		00:45:34	00:45:22	EM FORMA SPORT
277	1873	LUÍS SILVESTRE	M	37		00:45:35	00:43:41	COININHA RUNNERS
278	111	ANTÓNIO J L MARTINS	M	49		00:45:35	00:44:49	INDIVIDUAL
279	1878	ORLANDO NOGUEIRA	M	38		00:45:35	00:43:42	COININHA RUNNERS
280	1909	MANUEL MARTINS	M	58		00:45:36	00:45:22	SL CAMPOLIDE
281	1509	TIAGO FERREIRA	M	36		00:45:36	00:45:20	OPTICALIA RT
282	469	CARLOS DA COSTA	M	43		00:45:36	00:44:34	RUNNINGCLUB DO CCD-AT
283	194	ABEL P V GONÇALVES	M	36		00:45:39	00:45:17	INDIVIDUAL
284	1366	AC PEREIRA	F	45		00:45:39	00:45:31	C PEDRO PESSOA ESC ATLETISMO
285	1218	PAULO PEREIRA	M	49		00:45:41	00:45:28	INDIVIDUAL
286	845	JOÃO MONIZ	M	20		00:45:41	00:44:07	INDIVIDUAL
287	166	JOSÉ MORGADO	M	46		00:45:41	00:45:07	INDIVIDUAL
288	1313	ANTÓNIO MARQUES	M	47		00:45:41	00:45:14	VOLKSWAGEN AUTOEUROPA
289	712	LUIS AMORIM	M	57		00:45:41	00:45:07	NA BDF
290	1926	JOÃO SILVA	M	32		00:45:42	00:43:58	DRINKING TEAM
291	1175	MANUEL FIDALGO	M	62		00:45:43	00:45:33	CCD EFACEC LX
292	1289	EDGAR FRANCISCO	M	49		00:45:48	00:45:17	URD ARRANHÒ
293	393	PEDRO E C CAEIRO	M	48		00:45:49	00:44:09	C MILLENNIUM BCP
294	416	RUI COSTA	M	28		00:45:51	00:45:20	INDIVIDUAL
295	1397	ERNESTO MONTEIRO	M	43		00:45:52	00:44:50	CÂMARA L CLUBE
296	1611	ANTÓNIO OLIVEIRA	M	26		00:45:54	00:42:40	TUNHOS
297	1320	ANTONIO ALMEIDA	M	51		00:45:54	00:45:46	ND AUTOCOOPE
298	1524	PAULO GARCIA	M	44		00:45:55	00:45:45	PERNAS DE GAFANHOTO
299	1328	RICARDO S GARCIA	M	40		00:45:57	00:44:04	INDIVIDUAL
300	610	RUI PACHECO	M	33		00:45:57	00:45:39	GD ÁGUIAS MOITA
301	57	ATLETA NÃO CADASTRADO	M	0		00:45:58	00:45:53	
302	1562	PEDRO MARQUES	M	34		00:45:58	00:45:06	REBOLA CAIXOTES
303	1565	TIAGO RODRIGUES	M	31		00:45:58	00:45:06	REBOLA CAIXOTES
304	153	NUNO C CARMO	M	40		00:46:02	00:45:46	INDIVIDUAL
305	907	PEDRO CARVALHO	M	32		00:46:04	00:44:34	INDIVIDUAL
306	949	LUÍS LINO	M	45		00:46:05	00:45:46	CLUBE NOVO BANCO
307	2023	JOAO FONSECA	M	40		00:46:05	00:45:59	DERRETEBANHA
308	1239	LUIS MORENO	M	33		00:46:06	00:45:02	SPEED OF YELLOW
309	911	NUNO CARVALHO	M	28		00:46:07	00:45:45	KEEP RUNNING
310	1842	ARTUR SILVA	M	35		00:46:07	00:45:49	INDIVIDUAL
311	988	CARLOS ALBERTO	M	56		00:46:08	00:45:26	GD INE
312	628	SANDRA MARQUES	F	32		00:46:08	00:44:32	OS CONTA-KILÓMETROS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
313	1444	EDUARDO SILVA	M	54		00:46:09	00:45:30	OS PATRICIOS
314	1007	MARCO MOURA	M	35		00:46:09	00:45:23	GD INE
315	1797	CARLOS MAGALHÃES	M	32		00:46:11	00:45:28	INDIVIDUAL
316	1697	VALTER RPDRIGUES	M	30		00:46:12	00:45:53	SS CGD
317	92	GUILHERME GONÇALVES	M	54		00:46:12	00:45:57	C FERROV PORTUGAL
318	1451	VLADIMIR RADAEV	M	60		00:46:12	00:44:57	INDIVIDUAL
319	540	PAULO J PINTO	M	38		00:46:13	00:45:41	CP EDP LISBOA
320	64	RICARDO SANTOS	M	40		00:46:14	00:45:58	
321	1785	ARMANDO CORREIA	M	63		00:46:15	00:45:59	LESMAS ALOPRADAS
322	1740	SANDRA ROMANO	F	34		00:46:15	00:45:58	GARMIN/ CO OEIRAS
323	1738	NUNO SILVA	M	32		00:46:16	00:45:59	GARMIN/ CO OEIRAS
324	335	FERNANDO A G RODRIGUES	M	50		00:46:16	00:45:30	C MILLENNIUM BCP
325	1297	RUI AZEVEDO	M	43		00:46:16	00:46:03	CLUBE VODAFONE
326	1447	SANTIAGO DANTAS	M	48		00:46:17	00:45:41	INDIVIDUAL
327	1160	CARLOS IMPERADEIRO	M	28		00:46:19	00:45:07	DUPLO IMPACTO
328	1698	JOSE L ALVES	M	50		00:46:20	00:45:57	INDIVIDUAL
329	1168	ANTÓNIO H C TEXUGO	M	34		00:46:20	00:44:58	INDIVIDUAL
330	1373	LUIS CRUZ	M	44		00:46:21	00:46:21	VITÓRIA FC
331	1497	PEDRO PINTO	M	29		00:46:21	00:46:09	GDC BANCO PORTUGAL
332	1445	FERNANDO AZEVEDO	M	62		00:46:23	00:45:42	OS PATRICIOS
333	1840	GUSTAVO CARAÇA	M	38		00:46:23	00:46:05	INDIVIDUAL
334	803	ALBINO TOMAS	M	58		00:46:24	00:46:17	CA PATAMEIRAS
335	1036	ANA S A SOBREIRA	F	43		00:46:25	00:46:14	INDIVIDUAL
336	1662	JORGE GONÇALVES	M	29		00:46:26	00:44:29	INDIVIDUAL
337	1564	EDUARD IRIMIA	M	40		00:46:26	00:45:34	REBOLA CAIXOTES
338	444	ANTÓNIO VALENTE	M	40		00:46:27	00:46:03	INDIVIDUAL
339	602	DINIS MORAIS	M	44		00:46:29	00:45:08	CCD SIEMENS
340	857	BRUNO MARTINS	M	37		00:46:29	00:45:35	CARACÓIS DE CORRIDA
341	966	RUI R V R M C GOMES	M	32		00:46:29	00:44:36	CORRER LISBOA
342	1890	RUI CRUZINHA	M	38		00:46:29	00:45:57	INDIVIDUAL
343	479	MANUEL VALENÇA	M	34		00:46:30	00:45:58	INDIVIDUAL
344	1381	MARCO BAPTISTA	M	33		00:46:31	00:45:51	ACD BOCAL
345	54	FRANCISCO MARTINS	M	35		00:46:31	00:44:52	VAMOS GANHAR
346	1661	MANUEL MEXIA	M	49		00:46:31	00:44:34	INDIVIDUAL
347	1874	IVO FERREIRA	M	38		00:46:33	00:44:40	COININHA RUNNERS
348	1398	PAULO GONÇALVES	M	43		00:46:33	00:46:12	CÂMARA L CLUBE
349	1405	RUBEN SILVA	M	58		00:46:34	00:45:40	CÂMARA L CLUBE
350	1905	MARCO COSTA	M	36		00:46:34	00:45:51	SL CAMPOLIDE
351	108	JOÃO ANTUNES	M	46		00:46:34	00:46:22	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
352	1309	JOÃO SILVA	M	35		00:46:35	00:46:35	CASA DA DIZIMA
353	779	PAULO FERNANDES	M	46		00:46:37	00:45:24	AÇOREANA C BANIF
354	1002	JOSE MAGALHAES	M	60		00:46:38	00:45:48	GD INE
355	1841	EDUARDO CARAÇA	M	42		00:46:40	00:46:21	INDIVIDUAL
356	1819	GUSTAVO SILVA	M	38		00:46:42	00:44:31	INDIVIDUAL
357	62	ICIAR RODRIGO NEVADO	F	38		00:46:43	00:46:38	
358	399	ANTÓNIO L R M FERREIRA	M	31		00:46:43	00:45:54	INDIVIDUAL
359	1020	FLAVIO AMORIM	M	24		00:46:44	00:45:13	SONAE MC RUNNERS
360	964	JOAO SALAVISA	M	31		00:46:46	00:45:40	INDIVIDUAL
361	1296	PEDRO ESPARTEIRO	M	40		00:46:47	00:46:31	INDIVIDUAL
362	973	ELMAR DERKITSCH	M	58		00:46:48	00:45:20	MARRIOTT LISBOA
363	1623	PAULO LOPES	M	46		00:46:48	00:45:58	FLAMINGOS ATLETISMO
364	858	NUNO F PINTÃO	M	44		00:46:48	00:46:42	INDIVIDUAL
365	267	JOÃO P F S R TABORDA	M	29		00:46:50	00:45:13	INDIVIDUAL
366	314	PEDRO DIAS	M	37		00:46:50	00:45:29	INDIVIDUAL
367	1353	HAMILTON DIAS	M	39		00:46:50	00:45:58	GD SANTANDER TOTTA
368	400	SILVÉRIO CORREIA	M	48		00:46:51	00:46:33	2SPEED
369	1092	RICARDO MADEIRA	M	40		00:46:51	00:46:27	PUMP RUNNERS
370	932	ISIDRO FERREIRA	M	56		00:46:53	00:45:30	INDIVIDUAL
371	73	KIM BEHRENS	M	25		00:46:55	00:46:24	
372	296	FERNANDO M H CARVALHAO	M	35		00:46:55	00:46:01	CLUBE DE CORRIDA
373	731	JOSÉ NUNES	M	47		00:46:56	00:46:34	KEEP RUNNING
374	817	JOÃO LUÍS MARQUES	M	40		00:46:56	00:46:47	CCD TRANQUILIDADE
375	534	CARLOS P RODRIGUES	M	57		00:46:57	00:46:46	CP EDP LISBOA
376	1612	JOÃO QUEIRÓS	M	29		00:46:58	00:43:45	TUNHOS
377	1351	PEDRO FREITAS	M	48		00:46:59	00:46:31	VOLKSWAGEN AUTOEUROPA
378	347	JOAO M R SILVA	M	51		00:47:01	00:46:23	C MILLENNIUM BCP
379	900	TIAGO DOMINGUES	M	37		00:47:02	00:46:47	GD SANTANDER TOTTA
380	466	ANTÓNIO J VARELA	M	49		00:47:03	00:46:52	INDIVIDUAL
381	321	ANTONIO PAINHA	M	46		00:47:04	00:46:40	INDIVIDUAL
382	766	ANDRÉ QUARENTA	M	44		00:47:04	00:46:40	AÇOREANA C BANIF
383	925	FERNANDO LUIS COSTA	M	38		00:47:05	00:45:34	INDIVIDUAL
384	1262	MIGUEL T SOUSA	M	39		00:47:05	00:45:32	C COLAB AXA
385	542	RUI RIBEIRO	M	39		00:47:05	00:45:29	CP EDP LISBOA
386	1744	ARMANDO ALMEIDA	M	56		00:47:05	00:46:14	A VALE SILENCIO
387	1647	PAULA NUNES	F	42		00:47:06	00:47:01	PUMAS DO GUINCHO
388	1534	MANUEL GARRINHAS	M	20		00:47:07	00:46:22	INDIVIDUAL
389	1787	PAULO REVÉS	M	43		00:47:07	00:46:37	LESMAS ALOPRADAS
390	1187	CARLOS CRISTOVÃO	M	39		00:47:08	00:45:35	GDCT IN CASA MOEDA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
391	1188	JOÃO FREIRE	M	49		00:47:08	00:45:35	GDCT IN CASA MOEDA
392	1233	EDUARDO FIGUEIRA	M	42		00:47:10	00:46:26	SPEED OF YELLOW
393	500	ADELINO PEREIRA	M	50		00:47:11	00:47:03	ODEBRECHT PORTUGAL
394	1913	BRUNO SOUSA	M	16		00:47:12	00:45:59	SL CAMPOLIDE
395	1982	ARMANDO MUCHAGATA	M	43		00:47:12	00:45:45	MOTOR WAY
396	1174	AMÉRICO SANTOS	M	57		00:47:12	00:46:25	CCD EFACEC LX
397	1048	CARLOS LOURES	M	30		00:47:13	00:47:06	LUSO-ATLANTICA
398	655	JOÃO FERNANDES	M	35		00:47:14	00:46:27	INDIVIDUAL
399	518	BRUNO LOUREIRO	M	40		00:47:15	00:46:00	INDIVIDUAL
400	317	VALTER LEBRE	M	42		00:47:16	00:47:04	ACR ESPINHEIRENSE
401	1417	DIOGO LEITE	M	27		00:47:17	00:47:01	INDIVIDUAL
402	1081	FRANCISCO SEMIÃO	M	46		00:47:20	00:46:48	INDIVIDUAL
403	665	PEDRO C LOPES	M	46		00:47:23	00:47:23	INDIVIDUAL
404	903	HILÁRIO TORRES	M	55		00:47:24	00:46:14	INDIVIDUAL
405	605	SUSANA ANTUNES	F	36		00:47:25	00:46:03	CCD SIEMENS
406	846	IDALÉCIO BARROS	M	60		00:47:30	00:47:22	INDIVIDUAL
407	807	MIGUEL TAVARES	M	42		00:47:30	00:47:10	CA PATAMEIRAS
408	1458	JOAO CALISTO	M	54		00:47:31	00:46:51	INDIVIDUAL
409	1553	ANTONIO MORGADO	M	37		00:47:32	00:46:17	INDIVIDUAL
410	1763	RICARDO SILVA	M	34		00:47:33	00:46:58	ACLIS LIBERTY SEGUROS
411	772	PEDRO SOUSA	M	44		00:47:34	00:47:23	AÇOREANA C BANIF
412	1855	NUNO C CARVALHO	M	31		00:47:34	00:45:50	AR
413	1475	CARLOS T GONCALVES	M	66		00:47:35	00:47:22	INDIVIDUAL
414	1489	JOAQUIM FERRÃO	M	54		00:47:35	00:47:09	GDC BANCO PORTUGAL
415	1714	LILIANA RODRIGUES	F	32		00:47:36	00:41:23	SS MONTEPIO GERAL
416	978	BRUNO CRUZ	M	33		00:47:39	00:47:17	ESTRELAS DE LUZ
417	1426	PAULO ALMEIDA	M	50		00:47:39	00:47:17	INDIVIDUAL
418	915	JOSÉ OLIVEIRA	M	41		00:47:39	00:46:31	AA LEBRES SADO
419	154	EURICO S LOUREIRO	M	34		00:47:40	00:47:18	INDIVIDUAL
420	1965	MILTON RODRIGUES	M	28		00:47:41	00:47:09	INDIVIDUAL
421	176	RUI A R SANTOS	M	35		00:47:41	00:47:19	INDIVIDUAL
422	210	CARLOS CONSTANCIO	M	39		00:47:42	00:46:15	ERICSSON
423	566	LUÍS GODINHO	M	36		00:47:44	00:44:11	INDIVIDUAL
424	1367	JOSÉ NETO	M	57		00:47:44	00:47:18	TEAM NETO
425	962	SÉRGIO EIRA	M	42		00:47:45	00:47:29	CLUBE NOVO BANCO
426	1346	LUÍS A P LOUREIRO	M	30		00:47:45	00:47:12	AFDD - RUN CREW
427	1755	CLAUDIO FIGUEIRA	M	29		00:47:47	00:46:35	TEJAVISTA
428	862	ANTÓNIO LOURO	M	41		00:47:47	00:47:42	GD SANTANDER TOTTA
429	199	DOMINGOS JANELA	M	68		00:47:48	00:47:33	O MUNDO DA CORRIDA

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
430	363	PEDRO M E FERNANDES	M	38		00:47:48	00:46:59	C MILLENNIUM BCP
431	147	NUNO LOPES	M	35		00:47:48	00:47:25	INDIVIDUAL
432	136	MANUEL GONÇALVES	M	41		00:47:49	00:45:54	INDIVIDUAL
433	1427	EDUARDO ÁLVARO	M	56		00:47:50	00:47:43	INDIVIDUAL
434	1778	GLEIBER MENDES	M	35		00:47:51	00:44:05	4CLIENT
435	878	JOSÉ PEREIRA	M	45		00:47:51	00:47:23	GD SANTANDER TOTTA
436	654	CARLOS MIRANDA	M	38		00:47:52	00:47:05	INDIVIDUAL
437	1089	RICARDO NUNES	M	32		00:47:55	00:47:35	INDIVIDUAL
438	514	HUGO MAGALHÃES	M	39		00:47:58	00:47:44	CLUBE VODAFONE
439	220	LUIS F A BERNARDO	M	39		00:48:01	00:47:23	INDIVIDUAL
440	1290	LUIS FERREIRA	M	48		00:48:03	00:47:35	URD ARRANHÒ
441	362	ARNALDO A S PINTEUS	M	54		00:48:03	00:47:40	C MILLENNIUM BCP
442	318	PEDRO GIL	M	39		00:48:04	00:47:52	ACR ESPINHEIRENSE
443	1446	JOSÉ FERNANDES	M	61		00:48:05	00:46:53	OS PATRICIOS
444	331	CARLOS M R DINIS	M	50		00:48:05	00:47:55	C MILLENNIUM BCP
445	543	RUI XAVIER	M	48		00:48:07	00:47:50	CP EDP LISBOA
446	570	PEDRO FREITAS	M	40		00:48:08	00:47:23	FALCOES SELVAGENS
447	1750	CARLOS RODRIGUES	M	46		00:48:08	00:46:55	TEJAVISTA
448	1558	JOAO NEVES	M	51		00:48:10	00:47:40	AFDD - RUN CREW
449	1791	PEDRO SANTOS	M	28		00:48:10	00:47:12	INDIVIDUAL
450	473	MARCO CAMPANIÇO	M	32		00:48:10	00:46:55	VOLKSWAGEN AUTOEUROPA
451	1943	SÉRGIO BARROS	M	41		00:48:10	00:47:39	INDIVIDUAL
452	855	SELENE LIMA	F	30		00:48:11	00:48:00	PROAVENTURAS
453	1643	VITOR FERREIRA	M	50		00:48:12	00:46:49	CP ALCANENA
454	346	CARLOS J P RAMOS	M	48		00:48:13	00:46:24	C MILLENNIUM BCP
455	1146	LUIS TAVARES	M	44		00:48:13	00:47:35	ANA TRIATLO
456	1003	JULIO ROBALO	M	51		00:48:15	00:47:35	GD INE
457	852	PEDRO VASCONCELOS	M	36		00:48:16	00:46:55	INDIVIDUAL
458	827	JOÃO RODRIGUES	M	46		00:48:17	00:47:20	PACE.MAKERS
459	169	JACINTO BATISTA	M	55		00:48:20	00:47:53	CASMP ATLETISMO
460	1437	LUIS SOARES	M	48		00:48:22	00:47:03	APOGMA
461	572	MIGUEL FONTES	M	42		00:48:22	00:47:33	INDIVIDUAL
462	2054	ATLETA NÃO CADASTRADO	M	0		00:48:24	00:40:34	
463	1829	HUGO MIRANDA	M	36		00:48:24	00:47:39	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
464	972	RUI GASPAR	M	58		00:48:26	00:46:59	MARRIOTT LISBOA
465	1383	ANDRÉ VAZ	M	26		00:48:27	00:47:46	ACD BOCAL
466	856	JOÃO M H CARDOSO	M	52		00:48:28	00:48:05	INDIVIDUAL
467	685	HUGO SILVA	M	30		00:48:29	00:47:22	INDIVIDUAL
468	1906	DAVID PALMEIRO	M	49		00:48:29	00:47:43	SL CAMPOLIDE

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
469	1314	MARIO B P CUNHA	M	36		00:48:30	00:47:09	INDIVIDUAL
470	586	PEDRO AGUIAR	M	48		00:48:30	00:47:50	INDIVIDUAL
471	322	BRUNO BRANCO	M	27		00:48:34	00:48:25	INDIVIDUAL
472	402	RICARDO BERNARDES	M	24		00:48:34	00:47:45	INDIVIDUAL
473	944	JOÃO BATISTA	M	39		00:48:34	00:47:14	CLUBE NOVO BANCO
474	569	MIGUEL CARVALHO	M	18		00:48:35	00:47:50	FALCOES SELVAGENS
475	626	FERNANDO M L GONÇALVES	M	46		00:48:37	00:48:16	INDIVIDUAL
476	870	FERNANDO MARQUES	M	60		00:48:39	00:47:58	GD SANTANDER TOTTA
477	1298	JULIO SERRAS	M	43		00:48:39	00:47:26	INDIVIDUAL
478	405	FRANCISCO MENDES	M	54		00:48:41	00:46:37	INDIVIDUAL
479	1293	PAULO TOMAS	M	42		00:48:41	00:48:11	URD ARRANHÒ
480	1337	NUNO SIMOES	M	37		00:48:42	00:48:12	CCD CA MÚTUO
481	443	PEDRO CANECO	M	41		00:48:43	00:46:46	KANEK
482	1934	HELDER LOPES	M	35		00:48:44	00:47:42	CCD-AT
483	1275	HENRIQUE SILVA	M	31		00:48:45	00:46:45	ASAS NOS PÉS
484	732	HÉLDER COSTA	M	33		00:48:46	00:47:35	KEEP RUNNING
485	940	EDUARDO FIGUEIREDO	M	43		00:48:46	00:48:24	CLUBE NOVO BANCO
486	418	RUI P F RODRIGUES	M	40		00:48:47	00:48:22	INDIVIDUAL
487	682	PEDRO TRIGO	M	29		00:48:49	00:47:14	INDIVIDUAL
488	954	PAULO GONÇALVES	M	46		00:48:51	00:48:33	CLUBE NOVO BANCO
489	1214	FÚLVIO DUARTE	M	35		00:48:51	00:47:18	INDIVIDUAL
490	678	FILIPPE RIBEIRO	M	41		00:48:52	00:48:12	INDIVIDUAL
491	103	JORGE VILELA	M	48		00:48:52	00:48:47	CTM V POUCA AGUIAR
492	181	CARLOS A B RODRIGUES	M	34		00:48:53	00:48:47	INDIVIDUAL
493	1228	PAULO LOPES	M	37		00:48:56	00:48:02	SPEED OF YELLOW
494	55	DIOGO DIAS	M	34		00:48:59	00:47:19	VAMOS GANHAR
495	1781	NUNO PINTO	M	41		00:49:02	00:48:02	INDIVIDUAL
496	451	CARLOS ROSA	M	42		00:49:02	00:48:57	UNIDOS DA MANUTENÇÃO
497	715	LUIS SILVA	M	39		00:49:03	00:48:28	NA BDF
498	515	PAULO REIS	M	44		00:49:04	00:47:32	INDIVIDUAL
499	1287	MIGUEL PALMA	M	31		00:49:05	00:47:06	ASAS NOS PÉS
500	1742	ANTONIO FERNANDES	M	58		00:49:06	00:48:34	A VALE SILENCIO
501	1035	ALEXANDRE DÂMASO	M	46		00:49:09	00:48:26	AERO RUNNERS
502	2051	ANABELA CARVALHO	F	51		00:49:09	00:49:01	GD SAO DOMINGOS
503	2052	ROSARIA MORGADO	F	40		00:49:09	00:49:01	GD SAO DOMINGOS
504	1648	RUTH LOPES	F	43		00:49:09	00:49:04	PUMAS DO GUINCHO
505	455	MIGUEL PASSARINHO	M	38		00:49:10	00:48:21	INDIVIDUAL
506	98	JOAO P F SILVA	M	44		00:49:11	00:47:30	GAA VF XIRA
507	1033	PEDRO RIBEIRO	M	37		00:49:11	00:48:51	ESTRELAS DE LUZ

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
508	1498	ANDRÉ LEITE	M	25		00:49:12	00:47:52	GDC BANCO PORTUGAL
509	1588	PAULO INÁCIO	M	35		00:49:13	00:47:15	CLUBE HERMES
510	552	JOÃO PEREIRA	M	52		00:49:13	00:48:01	SAPATISTAS
511	1768	BERNARDO REIS	M	27		00:49:15	00:47:44	INDIVIDUAL
512	1253	CARLOS BRAVO	M	22		00:49:17	00:49:17	INDIVIDUAL
513	143	PEDRO VENTURA	M	48		00:49:18	00:49:01	INDIVIDUAL
514	929	JOSÉ FRANCISCO	M	20		00:49:18	00:47:14	INDIVIDUAL
515	1229	CARLOS SANTOS	M	37		00:49:20	00:48:27	SPEED OF YELLOW
516	867	CARLOS TEIXEIRA	M	42		00:49:20	00:48:24	GD SANTANDER TOTTA
517	494	JORGE GONÇALVES	M	34		00:49:21	00:48:00	QUARTETO FANTÁSTICO
518	579	JÚLIO FERREIRA	M	60		00:49:21	00:49:04	LESMAS DO ASFALTO
519	164	JORGE M P FIGUEIREDO	M	50		00:49:21	00:47:25	CCR ALTO MOINHO
520	465	NUNO MARTINS	M	41		00:49:22	00:48:08	BREAKAWAY
521	703	ADELAIDE PEREIRA	F	43		00:49:23	00:49:18	CCD LOURES CORRER PARA VIVER
522	561	CARLA MENDES	F	38		00:49:24	00:48:50	AMINHACORRIDA/ SKECHERS
523	1231	LUIZ CARACOL	M	39		00:49:26	00:48:32	SPEED OF YELLOW
524	438	PAULO CURADO	M	36		00:49:26	00:49:06	TÁLENTO PRÁ CORRER TEAM
525	1694	PEDRO SANTOS	M	38		00:49:27	00:47:53	SS CGD
526	1678	JOAQUIM ANTUNES	M	37		00:49:27	00:48:35	SS CGD
527	535	CÉLIA SANTOS	F	36		00:49:27	00:48:52	CP EDP LISBOA
528	536	HELDER MARTINS	M	39		00:49:28	00:48:53	CP EDP LISBOA
529	1786	PAULO ANTUNES	M	47		00:49:28	00:49:00	LESMAS ALOPRADAS
530	505	MANUEL PAULO	M	58		00:49:29	00:49:18	ODEBRECHT PORTUGAL
531	1520	JOSÉ L CAEIRO	M	34		00:49:30	00:49:03	VOLKSWAGEN AUTOEUROPA
532	2007	STEFANO CAMMARATA	M	42		00:49:31	00:49:11	INDIVIDUAL
533	1576	ANTONIO CAMACHO	M	62		00:49:32	00:47:42	CA VALE FIGUEIRA
534	1590	MARTA LABUCHA	F	33		00:49:32	00:48:16	SUNSET GYM
535	1827	JOSÉ CARVALHO	M	59		00:49:32	00:48:47	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
536	919	MARIA FREITAS	F	35		00:49:34	00:49:20	ASC VALE GRANDE
537	2041	VITOR GONZAS	M	48		00:49:35	00:49:28	INDIVIDUAL
538	71	CARLOS ABREU	M	49		00:49:35	00:49:18	
539	1017	SALOME FERREIRA	F	41		00:49:35	00:49:01	GD INE
540	1568	LUIS CARVALHO	M	33		00:49:37	00:48:46	REBOLA CAIXOTES
541	1563	PEDRO ALVES	M	36		00:49:37	00:48:46	REBOLA CAIXOTES
542	1052	JOÃO M J ESTEVÃO	M	34		00:49:38	00:49:06	INDIVIDUAL
543	1599	FERNANDO BATALHA	M	48		00:49:38	00:49:03	INDIVIDUAL
544	1135	NORBERTO MARQUES	M	44		00:49:40	00:48:47	RUNNING OF Dª MARIA
545	1761	JOSE M COSTA	M	69		00:49:40	00:49:05	ACLIS LIBERTY SEGUROS
546	2043	SERGIO PIRES	M	38		00:49:41	00:48:47	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
547	1080	NUNO PAIS	M	37		00:49:41	00:48:01	INDIVIDUAL
548	1176	ANDRÉ PIRES	M	28		00:49:41	00:48:04	CCD EFACEC LX
549	255	FÁBIO ESTEVÃO	M	18		00:49:42	00:48:17	MOVIMENTO
550	1866	ANA M FERREIRA	F	32		00:49:43	00:48:29	WEVENTUAL
551	1947	JOSÉ C MARTINS	M	36		00:49:44	00:49:31	FALCOES SELVAGENS
552	727	PEDRO DIAS	M	40		00:49:45	00:48:32	KEEP RUNNING
553	629	RICARDO GOMES	M	42		00:49:45	00:49:32	INDIVIDUAL
554	1022	MARCOS FERREIRA	M	28		00:49:45	00:48:41	INDIVIDUAL
555	1418	JOÃO P SIMÕES	M	33		00:49:46	00:47:28	INDIVIDUAL
556	197	LUIS F M P P COELHO	M	43		00:49:47	00:48:15	INDIVIDUAL
557	980	PAULO SOUSA	M	41		00:49:48	00:48:39	INDIVIDUAL
558	225	JOSÉ FACHADA	M	62		00:49:50	00:49:50	INDIVIDUAL
559	1009	MIGUEL BASTOS	M	49		00:49:50	00:49:03	GD INE
560	1655	CARLOS BRANCO	M	44		00:49:50	00:48:49	LX RUN
561	986	BART SCHOENMAKERS	M	46		00:49:50	00:49:02	GD INE
562	2014	LUIS JESUS	M	50		00:49:52	00:49:05	INDIVIDUAL
563	420	RENARO BAIÃO	M	30		00:49:52	00:48:57	INDIVIDUAL
564	1464	OLIMPIO GUEDELHA	M	59		00:49:54	00:49:33	CORREDORES R CORGAS
565	928	HERNÂNI SILVA	M	53		00:49:55	00:49:04	A VALE SILENCIO
566	344	JORGE M L CALMEIRO	M	51		00:49:55	00:49:55	C MILLENNIUM BCP
567	979	LUÍS N S S MOURA	M	44		00:49:55	00:49:10	GD CELCAT
568	357	PATRICIA D N BARRETO	F	41		00:49:55	00:48:46	C MILLENNIUM BCP
569	1663	ANTONIO RIBEIRO	M	49		00:49:55	00:49:12	INDIVIDUAL
570	334	JOSE A M ROCHA	M	47		00:49:56	00:49:56	C MILLENNIUM BCP
571	778	JOÃO SERRA	M	42		00:49:58	00:49:48	AÇOREANA C BANIF
572	422	TOMÁS SOUSA	M	38		00:50:00	00:48:48	OS SUPER
573	1049	NUNO SOBRAL	M	39		00:50:00	00:48:24	RUN BUDDY RUN
574	1391	MANUEL SANTOS	M	24		00:50:01	00:49:50	ASC VALE GRANDE
575	1707	ANTONIO FRANCO	M	49		00:50:03	00:48:54	SS MONTEPIO GERAL
576	1593	RICARDO CARVALHO	M	41		00:50:03	00:49:11	INDIVIDUAL
577	488	OLGA FIGUEIREDO	F	40		00:50:04	00:49:02	CCD-AT
578	912	JOÃO BRANCO	M	24		00:50:04	00:48:03	INDIVIDUAL
579	307	MANUEL GOMES	M	49		00:50:04	00:49:53	CLUBE MARGINAL
580	67	ATLETA NÃO CADASTRADO	M	0		00:50:05	00:49:04	
581	324	Mª JOÃO FIGUEIRA	F	35		00:50:05	00:49:29	SÓDOIS
582	1846	BRUNO RUAS	M	40		00:50:05	00:48:35	INDIVIDUAL
583	1065	ANTÓNIO CORREIA	M	48		00:50:06	00:49:57	OS FENÓMENOS
584	1292	HENRIQUE FERREIRA	M	43		00:50:07	00:48:45	URD ARRANHÒ
585	558	ANDRÉ DIAS	M	27		00:50:09	00:49:18	LOURESAÚDE RUNNING

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
586	1064	HENRIQUE GUEDES	M	48		00:50:09	00:50:09	OS FENÓMENOS
587	1867	ALCINDO RAMALHO	M	31		00:50:09	00:48:52	WEVENTUAL
588	2034	JORGE PRAZERES	M	40		00:50:10	00:48:27	MRT
589	498	RUI GAMEIRO	M	41		00:50:10	00:49:19	CP RTP
590	2032	EURICO GOMES	M	52		00:50:10	00:49:55	ADCR PJ
591	435	JOSE NASCIMENTO	M	51		00:50:11	00:50:00	INDIVIDUAL
592	243	LUIS RAQUEL	M	50		00:50:11	00:48:07	INDIVIDUAL
593	1681	JOSE MARTINS	M	40		00:50:12	00:49:18	SS CGD
594	1441	JOÃO SEABRA	M	26		00:50:13	00:49:42	INDIVIDUAL
595	1440	NUNO TEIXEIRA	M	39		00:50:13	00:49:42	INDIVIDUAL
596	716	GONÇALO TAVARES	M	39		00:50:14	00:49:35	NA BDF
597	1097	PATRÍCIA L ANTUNES	F	26		00:50:15	00:48:27	INDIVIDUAL
598	80	NUNO MONTEIRO	M	30		00:50:16	00:47:11	Clube Vodafone
599	1828	BRUNO PEDREIRA	M	39		00:50:16	00:49:41	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
600	121	AUGUSTO J T CARIA	M	62		00:50:17	00:49:16	INDIVIDUAL
601	952	MÁRIO GODINHO	M	41		00:50:19	00:49:18	CLUBE NOVO BANCO
602	730	JOAQUIM VARANDA	M	52		00:50:19	00:49:08	KEEP RUNNING
603	338	CARLOS B S COSTA	M	50		00:50:21	00:48:34	C MILLENNIUM BCP
604	1126	BRUNO GONÇALVES	M	36		00:50:21	00:49:49	INDIVIDUAL
605	1193	NUNO CARVALHO	M	40		00:50:22	00:49:49	GDCT IN CASA MOEDA
606	1304	ILIANA SERRÃO	F	39		00:50:22	00:50:13	CA AMIGOS PARQUE PAZ
607	1025	RUI PEREIRA	M	40		00:50:23	00:49:41	CD SALVATERRENSE
608	616	TIAGO BASTARDINHO	M	43		00:50:23	00:48:47	INDIVIDUAL
609	714	RUI FREIXO	M	29		00:50:24	00:49:43	NA BDF
610	882	LINO OLIVEIRA	M	69		00:50:24	00:50:15	GD SANTANDER TOTTA
611	1390	SÉRGIO MATOSA	M	40		00:50:26	00:49:10	INDIVIDUAL
612	736	JOÃO PEREIRA	M	39		00:50:27	00:50:00	INDIVIDUAL
613	1470	JOÃO FIALHO	M	36		00:50:27	00:49:22	RUNNINGCLUB DO CCD-AT
614	1389	ALEXANDRE M V NEVES	M	40		00:50:27	00:48:24	INDIVIDUAL
615	270	RUI MAIA	M	36		00:50:27	00:48:55	INDIVIDUAL
616	1323	JOSE DIAS	M	57		00:50:30	00:50:14	ND AUTOCOOPE
617	1226	JOÃO MARTINS	M	33		00:50:32	00:49:37	SPEED OF YELLOW
618	1012	NUNO VALENTE	M	36		00:50:33	00:50:08	GD INE
619	1023	TELMO FILIPE	M	38		00:50:34	00:48:53	INDIVIDUAL
620	1853	PEDRO NUNES	M	42		00:50:35	00:48:52	INDIVIDUAL
621	933	ALEXANDRE NEVES	M	42		00:50:36	00:49:25	CLUBE NOVO BANCO
622	406	MANUEL O PEREIRA	M	57		00:50:37	00:49:28	GYM2010
623	407	ANA RAMOS	F	38		00:50:37	00:49:26	GYM2010
624	1817	AMILCAR ALMEIDA	M	26		00:50:38	00:48:03	GEEK N THE RUN

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
625	1223	PAULO PEIXOTO	M	39		00:50:38	00:48:49	INDIVIDUAL
626	2053	ATLETA NÃO CADASTRADO	M	0		00:50:38	00:50:33	
627	1625	AUGUSTO BRITO	M	59		00:50:38	00:49:48	FLAMINGOS ATLETISMO
628	946	JOÃO RAMOS	M	52		00:50:39	00:50:21	CLUBE NOVO BANCO
629	1333	BIANCA PIRES	F	23		00:50:39	00:50:29	PROAVENTURAS
630	1845	FILIPE CACAPO	M	39		00:50:40	00:48:54	INDIVIDUAL
631	1522	TIAGO F M COELHO	M	27		00:50:40	00:49:35	INDIVIDUAL
632	1109	PEDRO CRAVEIRO	M	43		00:50:40	00:50:19	INDIVIDUAL
633	588	MATTEO TAIANA	M	37		00:50:41	00:48:02	INDIVIDUAL
634	684	BRUNO MACHADO	M	30		00:50:41	00:49:29	INDIVIDUAL
635	1911	JOAO SOUSA	M	16		00:50:41	00:49:42	SL CAMPOLIDE
636	280	DALIA RATO	F	52		00:50:44	00:50:11	BOOTCAMP-SESIMBRA
637	930	PEDRO FAÍSCA	M	38		00:50:45	00:49:55	MOVET
638	259	JOSÉ VAZ	M	56		00:50:45	00:49:51	CLUBE ANACOM
639	1728	TERESA CARDOSO	F	35		00:50:46	00:50:33	SS MONTEPIO GERAL
640	887	MANUEL ROBALO	M	69		00:50:48	00:49:59	GD SANTANDER TOTTA
641	367	CARLOS M JANELA	M	58		00:50:50	00:50:35	C MILLENNIUM BCP
642	1929	PEDRO M SILVA	M	37		00:50:55	00:48:23	INDIVIDUAL
643	327	PEDRO SEVERINO	M	25		00:50:55	00:49:45	INDIVIDUAL
644	382	PAULO H C PAIS	M	50		00:50:57	00:50:19	C MILLENNIUM BCP
645	519	PAULA GONÇALVES	F	39		00:50:57	00:50:34	PUMP RUNNERS
646	993	ELSA MOREIRA	F	39		00:50:58	00:50:25	GD INE
647	1942	CÁTIA RODRIGUES	F	29		00:50:59	00:50:27	INDIVIDUAL
648	1732	ANDRE LOURENÇO	M	33		00:50:59	00:49:49	BOM PETISCO
649	1227	PEDRO RUAS	M	35		00:51:00	00:50:05	SPEED OF YELLOW
650	677	RODRIGO FERREIRA	M	45		00:51:00	00:50:20	INDIVIDUAL
651	679	ANTONIO NICULAU	M	55		00:51:00	00:50:19	INDIVIDUAL
652	1953	NUNO LOURENÇO	M	37		00:51:04	00:50:22	INDIVIDUAL
653	1321	CARLOS FERREIRA	M	57		00:51:04	00:50:58	ND AUTOCOOPE
654	920	PEDRO RIBEIRO	M	44		00:51:05	00:50:44	ESTRELAS DE LUZ
655	1618	NUNO ALVES	M	39		00:51:06	00:50:16	MOVET
656	953	PAULO CARRETEIRO	M	42		00:51:07	00:50:50	CLUBE NOVO BANCO
657	1753	LUIS MOURA	M	57		00:51:07	00:49:42	TEJAVISTA
658	1130	SAMUEL DUARTE	M	39		00:51:08	00:50:43	CLUBE NOVO BANCO
659	963	SÍLVIO PAIVA	M	63		00:51:08	00:50:50	CLUBE NOVO BANCO
660	956	PEDRO DOMINGOS	M	42		00:51:08	00:50:50	CLUBE NOVO BANCO
661	837	FERNANDO MOTA	M	43		00:51:12	00:49:23	INDIVIDUAL
662	537	HUGO SEVERINO	M	36		00:51:13	00:50:03	CP EDP LISBOA
663	945	JOÃO BORREGA	M	49		00:51:14	00:49:56	CLUBE NOVO BANCO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
664	550	JOAO TORRADO	M	66		00:51:14	00:50:01	SAPATISTAS
665	531	VASCO AFONSO	M	24		00:51:14	00:50:47	INDIVIDUAL
666	1414	FERNANDO ZACARIAS	M	42		00:51:15	00:51:10	INDIVIDUAL
667	773	JOÃO JOSÉ FERNANDES	M	33		00:51:15	00:49:43	AÇOREANA C BANIF
668	1499	RUI BORRALHO	M	41		00:51:15	00:49:54	GDC BANCO PORTUGAL
669	1584	CARLOS ALFEIRÃO	M	34		00:51:16	00:50:33	LIKE A RUNNER
670	1047	NUNO M OLIVEIRA	M	42		00:51:17	00:51:12	LUSO-ATLANTICA
671	285	JOÃO VAZ	M	39		00:51:19	00:48:52	MJM SUCURSAL PORTUGAL
672	776	CARLOS BARGADO	M	50		00:51:20	00:50:57	AÇOREANA C BANIF
673	1083	CARLOS NORONHA	M	34		00:51:20	00:50:38	INDIVIDUAL
674	660	FRANCISCO POLINIO	M	59		00:51:20	00:50:30	CCDT METRO LX
675	142	ANTÓNIO C F VALE	M	27		00:51:20	00:50:00	OS CONTA-KILÓMETROS
676	489	JOÃO SEQUEIRA	M	39		00:51:23	00:50:17	CCD-AT
677	1221	INÊS E F ARAÚJO	F	22		00:51:23	00:49:06	INDIVIDUAL
678	1849	PAULO ALVES	M	51		00:51:24	00:50:36	SOBEIDESCE
679	1102	HENRIQUE MARTINS	M	54		00:51:25	00:51:19	LUSO-ATLANTICA
680	833	PEDRO FONTES	M	39		00:51:26	00:50:58	INDIVIDUAL
681	692	JOAO RODRIGUES	M	35		00:51:26	00:50:57	INDIVIDUAL
682	844	PAULO MONIZ	M	60		00:51:26	00:49:52	INDIVIDUAL
683	2021	LUÍS REIS	M	52		00:51:26	00:51:11	FALCOES SELVAGENS
684	1945	MIGUEL M FERNANDES	M	40		00:51:28	00:50:29	INDIVIDUAL
685	1477	JOÃO PRELHAZ	M	54		00:51:28	00:51:16	FALCOES SELVAGENS
686	1946	LUIS MUCHACHO	M	42		00:51:30	00:49:35	INDIVIDUAL
687	641	CARLOS M R COSTA	M	46		00:51:32	00:50:28	INDIVIDUAL
688	1278	JOSÉ PIRES	M	45		00:51:32	00:49:29	ASAS NOS PÉS
689	1021	JOSÉ GONÇALVES	M	50		00:51:33	00:51:19	FALCOES SELVAGENS
690	1282	NUNO MARQUES	M	41		00:51:34	00:49:31	ASAS NOS PÉS
691	1932	JOSÉ MATOS	M	54		00:51:34	00:49:01	CA AMIGOS PARQUE PAZ
692	1821	RAÚL FRANCO	M	55		00:51:34	00:49:40	BEACH RUNNERS
693	1495	GINA CHEIO	F	43		00:51:35	00:51:19	GDC BANCO PORTUGAL
694	1402	EDUARDO MANSO	M	53		00:51:36	00:49:33	CÂMARA L CLUBE
695	211	PEDRO MARQUES	M	40		00:51:38	00:50:01	ERICSSON
696	608	CARLOS SECO	M	54		00:51:38	00:51:06	GD ÁGUIAS MOITA
697	600	LUIS BRUNHETA	M	36		00:51:39	00:50:01	ERICSSON
698	287	MIGUEL SANTOS	M	40		00:51:39	00:49:12	MJM SUCURSAL PORTUGAL
699	1194	NUNO GONÇALVES	M	39		00:51:39	00:50:08	GDCT IN CASA MOEDA
700	1705	AGOSTINHO COELHO	M	48		00:51:40	00:49:46	SS MONTEPIO GERAL
701	59	ATLETA NÃO CADASTRADO	M	0		00:51:41	00:49:48	
702	1896	HUMBERTO SERRA	M	28		00:51:41	00:50:53	CAPARICA FC

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
703	613	LUIS CHAGAS	M	27		00:51:42	00:50:56	AMIGOS DA MINI
704	611	VALTER FORNO	M	34		00:51:42	00:50:56	AMIGOS DA MINI
705	614	IVO SOUSA	M	36		00:51:42	00:50:55	AMIGOS DA MINI
706	1769	FERNANDA COSTA	F	52		00:51:43	00:51:43	AA MAFRA
707	815	RICARDO FLOREANO	M	36		00:51:43	00:50:55	MOVET
708	273	FERNANDO FERNANDES	M	30		00:51:43	00:51:06	INDIVIDUAL
709	612	JOÃO LOPES	M	34		00:51:43	00:50:57	AMIGOS DA MINI
710	1153	PEDRO M C FERREIRA	M	35		00:51:44	00:51:19	INDIVIDUAL
711	1608	CARLOS GONÇALVES	M	58		00:51:46	00:49:41	LEBRES E TARTARUGAS
712	1486	JOAQUIM BORRALHO	M	68		00:51:46	00:50:23	GDC BANCO PORTUGAL
713	385	AUGUSTO S LOURENCO	M	52		00:51:48	00:51:08	C MILLENNIUM BCP
714	1306	AMÍLCAR PÓVOA	M	68		00:51:48	00:51:42	CA AMIGOS PARQUE PAZ
715	650	ANTÓNIO J GASPAR	M	52		00:51:49	00:50:56	SUNSET GYM
716	2022	ANA MARIA MARTINS	F	47		00:51:49	00:51:34	FALCOES SELVAGENS
717	1344	CARLOS GONÇALVES	M	45		00:51:50	00:50:03	INDIVIDUAL
718	1139	PAULO S A ALVES	M	42		00:51:50	00:50:34	MATILHA RUNNING
719	1156	HÉLIO MARTINS	M	38		00:51:50	00:51:44	INDIVIDUAL
720	1935	HUGO VICENTE	M	36		00:51:51	00:50:06	INDIVIDUAL
721	1434	MARIO RAMOS	M	55		00:51:52	00:50:30	APOGMA
722	1607	CARLOS TEIXEIRA	M	54		00:51:52	00:49:46	LEBRES E TARTARUGAS
723	486	TIAGO SALVADO	M	36		00:51:53	00:51:03	MOVET
724	492	MARCO BASTOS	M	40		00:51:53	00:50:30	QUARTETO FANTÁSTICO
725	470	JOSÉ GONÇALO	M	35		00:51:54	00:51:16	INDIVIDUAL
726	1925	VITOR MARQUES	M	54		00:51:54	00:49:21	INDIVIDUAL
727	1811	MÓNICA CARRUFA	F	30		00:51:55	00:51:25	INDIVIDUAL
728	1812	JOAQUIM CARRUFA	M	44		00:51:55	00:51:22	INDIVIDUAL
729	890	MÁRIO COSTA	M	38		00:51:56	00:50:54	GD SANTANDER TOTTA
730	1421	MÁRIO DUARTE	M	34		00:51:56	00:50:25	MC RUNNERS
731	1809	RODOLFO SERRA	M	32		00:51:57	00:51:48	BUÉ DA SERRAS
732	1927	TOMÁS FARIA	M	33		00:51:57	00:50:13	DRINKING TEAM
733	1340	RUI TOMÁS	M	44		00:51:58	00:51:57	CCD CA MÚTUO
734	1810	JOSÉ MANUEL SERRA	M	61		00:51:58	00:51:51	BUÉ DA SERRAS
735	875	JOÃO ROCHA	M	63		00:52:00	00:51:35	GD SANTANDER TOTTA
736	992	DOMINGOS MELAO	M	60		00:52:00	00:50:05	GD INE
737	1814	PAULO BARREIROS	M	46		00:52:02	00:49:27	GEEK N THE RUN
738	1382	JOÃO BAPTISTA	M	38		00:52:02	00:52:02	ACD BOCAL
739	315	DAVID ALMEIDA	M	43		00:52:02	00:50:18	INDIVIDUAL
740	958	RICARDO CANAS	M	42		00:52:03	00:50:04	CLUBE NOVO BANCO
741	1969	INES PEREIRA	F	43		00:52:04	00:51:35	GFD RUNNING

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
742	1129	GONÇALO SOARES	M	43		00:52:06	00:51:36	CLUBE NOVO BANCO
743	1798	RICARDO AFONSO	M	43		00:52:07	00:50:03	INDIVIDUAL
744	1756	JOAQUIM FIDALGO	M	54		00:52:07	00:50:48	TEJAVISTA
745	646	MÁRIO ANJO	M	50		00:52:09	00:50:31	SUNSET GYM
746	642	LUIS H SILVA	M	43		00:52:09	00:50:31	SUNSET GYM
747	644	PATRÍCIA JEREMIAS	F	37		00:52:09	00:50:32	SUNSET GYM
748	281	ANTÓNIO FERNANDES	M	78		00:52:09	00:52:09	INDIVIDUAL
749	61	LUIS TOSTE	M	48		00:52:12	00:50:42	
750	1983	PEDRO PINTO	M	54		00:52:14	00:49:44	MOTOR WAY
751	1713	JORGE SOUSA	M	41		00:52:14	00:50:21	SS MONTEPIO GERAL
752	1225	ANA CABRAL	F	50		00:52:15	00:51:43	SPEED OF YELLOW
753	675	ESTHER ELVIRA	F	41		00:52:17	00:51:21	INDIVIDUAL
754	606	JOÃO DINIZ	M	25		00:52:18	00:50:55	CCD SIEMENS
755	1784	RUI PEDRO BARBOSA	M	44		00:52:18	00:51:02	CLUBE VODAFONE
756	388	TIAGO F E SANTO	M	20		00:52:20	00:51:57	C MILLENNIUM BCP
757	1150	JOSÉ R L FERNANDES	M	51		00:52:20	00:51:03	SEIXAL RUNNING
758	1537	MANUEL GARRINHAS	M	56		00:52:20	00:51:35	INDIVIDUAL
759	1762	FERNANDO NUNO	M	52		00:52:20	00:51:46	ACLIS LIBERTY SEGUROS
760	511	THELMO CUNHA	M	54		00:52:21	00:50:35	ODEBRECHT PORTUGAL
761	170	PEDRO SILVA	M	36		00:52:22	00:50:13	INDIVIDUAL
762	1270	FERNANDO C MARQUES	M	51		00:52:23	00:51:42	INDIVIDUAL
763	355	MARIO A V MENDES	M	50		00:52:24	00:51:59	C MILLENNIUM BCP
764	522	NUNO SOARES	M	34		00:52:24	00:51:06	BEACH RUNNERS
765	800	FRED MANUEL	M	37		00:52:24	00:51:40	EQUIPA DOS LENTOS
766	1319	SERGIO MARTINS	M	40		00:52:26	00:52:03	INDIVIDUAL
767	96	NEVES SILVA	M	62		00:52:27	00:52:05	C FERROV PORTUGAL
768	178	PAULO RUIVO	M	34		00:52:28	00:50:46	INDIVIDUAL
769	209	LUIS CARLOS	M	32		00:52:30	00:50:59	C BENFICA CAST RIBATEJO
770	1112	RODRIGO CARMO	M	18		00:52:34	00:51:53	INDIVIDUAL
771	681	LILIANA HENRIQUES	F	28		00:52:35	00:50:58	INDIVIDUAL
772	290	ANTÓNIO MARTINS	M	53		00:52:35	00:51:06	FALCOES SELVAGENS
773	1071	JOSÉ NEVES	M	63		00:52:35	00:52:24	INDIVIDUAL
774	951	MANUEL ANASTÁCIO	M	54		00:52:36	00:52:27	CLUBE NOVO BANCO
775	849	EGIDIO PORTELA	M	58		00:52:36	00:52:21	AA MAFRA
776	750	ROBERTO BATISTA	M	19		00:52:37	00:51:47	BATISTAS
777	312	JOÃO SIMÕES	M	26		00:52:37	00:52:37	INDIVIDUAL
778	743	MARIO ALVES	M	59		00:52:38	00:50:45	SFUAP
779	752	MAURO CASTRO	M	38		00:52:38	00:50:58	RUNNIOLOGIA
780	1511	NUNO D SILVA	M	36		00:52:39	00:52:21	OPTICALIA RT

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
781	1119	PEDRO FERRAZ	M	38		00:52:39	00:51:52	C NOTURNA P NAÇÕES
782	509	JORGE MONTEIRO	M	47		00:52:40	00:52:31	ODEBRECHT PORTUGAL
783	848	MÁRIO PEREIRA	M	43		00:52:40	00:51:45	INDIVIDUAL
784	749	MANUEL BATISTA	M	49		00:52:40	00:51:51	BATISTAS
785	232	FERNANDO FERREIRA	M	39		00:52:41	00:51:07	INDIVIDUAL
786	1213	PEDRO MACEDO	M	40		00:52:41	00:52:19	ESTRELAS DE LUZ
787	1566	BRUNO SANTOS	M	28		00:52:42	00:51:49	REBOLA CAIXOTES
788	1575	VERGILIO NASCIMENTO	M	60		00:52:42	00:50:53	CA VALE FIGUEIRA
789	119	JOSÉ L C FERREIRA	M	51		00:52:42	00:50:29	CLUBE PT
790	1500	JOÃO MELO	M	42		00:52:43	00:52:18	IFAP RUNNERS
791	110	RUI R BARROS	M	46		00:52:43	00:50:30	CLUBE PT
792	634	JOSÉ VILELA	M	50		00:52:43	00:52:32	CLUBE ROBBIALAC
793	1595	CARLOS GOMES	M	43		00:52:45	00:50:06	INDIVIDUAL
794	375	MARIO B CAMPOS	M	66		00:52:46	00:51:04	C MILLENNIUM BCP
795	819	SÉRGIO SALTÃO	M	35		00:52:46	00:51:12	CCD TRANQUILIDADE
796	609	JAIME MESTRE	M	43		00:52:47	00:52:13	GD ÁGUIAS MOITA
797	995	FERNANDO CARVALHO	M	50		00:52:48	00:52:00	GD INE
798	1721	PAULO RAINHO	M	48		00:52:49	00:50:56	SS MONTEPIO GERAL
799	582	ANTONIO ARANHA	M	57		00:52:50	00:50:37	INDIVIDUAL
800	1722	PEDRO CARRASCO	M	43		00:52:50	00:50:57	SS MONTEPIO GERAL
801	706	FRANCISCO M A SARDINHA	M	44		00:52:51	00:51:45	INDIVIDUAL
802	1536	FERNANDO J M MENDES	M	43		00:52:52	00:51:14	INDIVIDUAL
803	118	FERNANDO R P HOMEM	M	44		00:52:52	00:52:37	INDIVIDUAL
804	1907	ANTONIO LIMA	M	52		00:52:53	00:52:53	SL CAMPOLIDE
805	687	MARCO MOREIRA	M	21		00:52:54	00:52:35	AA MAFRA
806	487	SUSANA MATIAS	F	18		00:52:54	00:52:04	MOVET
807	1236	PEDRO PINTO	M	32		00:52:55	00:51:33	SPEED OF YELLOW
808	1933	FERNANDO JERÓNIMO	M	60		00:52:56	00:50:22	CA AMIGOS PARQUE PAZ
809	955	PAULO VERISSIMO	M	47		00:52:58	00:52:42	CLUBE NOVO BANCO
810	565	JOAO DUARTE	M	62		00:52:58	00:52:13	INDIVIDUAL
811	1999	FILIPE MORAIS	M	36		00:53:00	00:52:01	LX RUN
812	1030	NUNO ALVES	M	61		00:53:01	00:51:46	INDIVIDUAL
813	1506	LUÍS CASTILHO	M	28		00:53:03	00:51:34	INDIVIDUAL
814	982	ANTONIO MARQUES	M	59		00:53:03	00:52:11	GD INE
815	1001	JOSE GOMES	M	59		00:53:05	00:52:14	GD INE
816	1079	JOÃO PACHECO	M	30		00:53:05	00:51:24	INDIVIDUAL
817	1903	HUGO SALAVESSA	M	37		00:53:05	00:51:58	CAPARICA FC
818	1637	RUI CUNHA	M	39		00:53:07	00:51:49	SPEED OF YELLOW
819	1330	RICARDO SARMENTO	M	30		00:53:07	00:53:07	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
820	726	JOSE ANDRADE	M	49		00:53:09	00:51:59	KEEP RUNNING
821	2038	LUIS COUTINHO	M	37		00:53:09	00:51:55	INDIVIDUAL
822	2039	FERNANDO COUTINHO	M	47		00:53:09	00:51:54	INDIVIDUAL
823	112	FERNANDO CORREIA	M	48		00:53:09	00:51:19	OS AZEITEIROS
824	1317	MANUEL J F POTES	M	44		00:53:10	00:52:34	INDIVIDUAL
825	633	RAÚL COSTA	M	54		00:53:11	00:53:00	CLUBE ROBBIALAC
826	638	MAGALI GUERREIRO	F	31		00:53:11	00:52:50	CLUBE ROBBIALAC
827	1161	SÉRGIO CAVACO	M	41		00:53:11	00:52:07	VOLKSWAGEN AUTOEUROPA
828	265	ANDRÉ BATISTA	M	35		00:53:12	00:51:45	MOVIMENTO
829	2001	LUÍS MAGALHÃES	M	40		00:53:12	00:52:31	INDIVIDUAL
830	544	CRISTIANO DUARTE	M	35		00:53:12	00:52:34	INDIVIDUAL
831	1295	CARLOS SEPULVEDA	M	40		00:53:12	00:52:57	INDIVIDUAL
832	328	JOÃO BRAZÃO	M	40		00:53:13	00:51:46	MICROSOFT ONE
833	1640	ÂNGELO FERREIRA	M	50		00:53:14	00:52:02	INDIVIDUAL
834	139	LUIS M MARTINS	M	43		00:53:14	00:51:48	WALK&RUN4FUN
835	2006	MICHELANGELO CAMMARATA	M	47		00:53:15	00:52:54	INDIVIDUAL
836	472	SUSANA FIALHO	F	29		00:53:15	00:52:25	INDIVIDUAL
837	1654	BRUNO PIEGAS	M	37		00:53:16	00:52:57	INDIVIDUAL
838	223	PAULO SANTOS	M	39		00:53:16	00:52:26	INDIVIDUAL
839	1693	PEDRO LOPES	M	35		00:53:17	00:51:35	SS CGD
840	2011	RITA CARVALHO	F	33		00:53:17	00:53:09	SURFRUNNERS
841	311	JOSE S M VERMELHUDO	M	55		00:53:18	00:52:10	AERO RUNNERS
842	1154	JOSÉ RIBEIRO	M	48		00:53:19	00:52:48	INDIVIDUAL
843	1203	JOSE L S CORREIA	M	55		00:53:22	00:52:40	INDIVIDUAL
844	1741	TERESA SEPULVEDA	F	34		00:53:22	00:52:41	GARMIN/ CO OEIRAS
845	1335	MIGUEL MENDANHA	M	38		00:53:22	00:52:52	CCD CA MÚTUO
846	533	ARLINDO PARRA	M	53		00:53:23	00:52:21	CP EDP LISBOA
847	1336	MIGUEL VINAGRE	M	39		00:53:23	00:51:57	CCD CA MÚTUO
848	1937	EDSON DOS REIS	M	55		00:53:24	00:53:18	INDIVIDUAL
849	195	SÉRGIO SERAFIM	M	38		00:53:26	00:52:46	ECORUNNERS
850	146	JOAQUIM T BENTES	M	64		00:53:29	00:53:14	INDIVIDUAL
851	630	LUÍS FILIPE	M	39		00:53:30	00:51:40	SOMOS MUITA FORTES
852	1910	LUIS GAMA	M	51		00:53:33	00:51:23	SL CAMPOLIDE
853	1749	JOAO CAROÇO	M	58		00:53:33	00:51:24	TEJAVISTA
854	1660	CLÁUDIA FUSTIGA	F	36		00:53:34	00:51:53	INDIVIDUAL
855	1899	PAULO MARQUES	M	33		00:53:34	00:52:27	CAPARICA FC
856	2004	MIGUEL FERREIRA	M	29		00:53:35	00:52:37	PAPA ASFALTO
857	1310	MARIA MARTINS	F	24		00:53:35	00:53:07	CASA DA DIZIMA
858	221	ANTÓNIO LOPES	M	40		00:53:36	00:53:10	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
859	805	BERTO MARINHO	M	70		00:53:36	00:52:02	CA PATAMEIRAS
860	757	SUSANA DURO	F	37		00:53:38	00:53:12	VADA
861	332	FERNANDO M S ALMEIDA	M	46		00:53:38	00:52:52	C MILLENNIUM BCP
862	1111	PEDRO NUNES	M	42		00:53:39	00:52:59	INDIVIDUAL
863	1106	MIGUEL PARDAL	M	48		00:53:39	00:51:39	PARDAIS
864	1991	GONALO PATRICIO	M	34		00:53:40	00:53:06	INDIVIDUAL
865	1063	DANIEL M FEITEIRONA	M	32		00:53:41	00:51:47	INDIVIDUAL
866	883	LINO MARCO	M	39		00:53:42	00:52:02	GD SANTANDER TOTTA
867	1354	JOS ALMAS	M	44		00:53:42	00:53:42	GD SANTANDER TOTTA
868	1352	BRUNO SALVADOR	M	35		00:53:43	00:51:49	GD SANTANDER TOTTA
869	133	RUBEN COSTA	M	37		00:53:43	00:53:15	INDIVIDUAL
870	918	JORGE SERRA	M	40		00:53:45	00:53:04	INDIVIDUAL
871	1675	FRANCISCO CLERIGO	M	61		00:53:45	00:52:45	SS CGD
872	1274	CARLOS IPE	M	39		00:53:46	00:51:44	ASAS NOS PS
873	1917	ARNALDO TRINDADE	M	43		00:53:46	00:53:12	RB RUNNING
874	1915	OLGA MARTINS	F	40		00:53:47	00:53:13	RB RUNNING
875	1442	CARLOS SUISSAS	M	43		00:53:47	00:52:06	INDIVIDUAL
876	1898	HUGO PALMA	M	32		00:53:47	00:52:41	CAPARICA FC
877	1916	PEDRO MARTINS	M	47		00:53:48	00:53:14	RB RUNNING
878	701	SUSANA P C FREITAS	F	37		00:53:49	00:52:05	CCD LOURES CORRER PARA VIVER
879	1420	RICARDO VINTM	M	36		00:53:49	00:52:59	MOVET
880	697	ELSA LUIS	F	44		00:53:51	00:53:51	BIFANAS DE CORRIDA
881	1438	CARLOS SOUSA	M	47		00:53:51	00:52:31	APOGMA
882	1474	DELFINA FREIRE	F	50		00:53:51	00:52:34	CD ASAS DO MILENIUM
883	1433	JOS ANDRE	M	59		00:53:51	00:52:31	APOGMA
884	387	ANTONIO J Q ALMEIDA	M	48		00:53:51	00:53:12	C MILLENNIUM BCP
885	145	ANA R G BENTES	F	26		00:53:52	00:53:39	INDIVIDUAL
886	1076	BRUNO BERNARDO	M	36		00:53:55	00:53:44	GPE RUNNERS
887	1247	LUIS ROCHA	M	43		00:53:56	00:53:24	SPEED OF YELLOW
888	1711	JAIME GOMES	M	58		00:54:02	00:52:10	SS MONTEPIO GERAL
889	1723	RICARDO DIAS	M	41		00:54:02	00:52:09	SS MONTEPIO GERAL
890	1365	ANA S P R TRANCOSO	F	33		00:54:03	00:53:00	CCD-AT
891	517	RICARDO FERNANDES	M	34		00:54:06	00:52:46	INDIVIDUAL
892	825	PEDRO GONALVES	M	49		00:54:07	00:52:27	SUNSET GYM
893	670	ABILIO TAVARES	M	59		00:54:08	00:53:13	INDIVIDUAL
894	1572	LUIS REIS	M	46		00:54:08	00:52:32	CA VALE FIGUEIRA
895	975	PEDRO BANDEIRA	M	22		00:54:09	00:52:41	MARRIOTT LISBOA
896	132	JOO M SANTOS	M	48		00:54:10	00:53:38	TARTARUGAS SOLIDRIAS
897	744	PAULO COSTA	M	48		00:54:11	00:52:47	SFUAP

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
898	748	FILOMENA JESUS	F	42		00:54:11	00:52:49	SFUAP
899	520	FILIPPE FRANCO	M	30		00:54:11	00:54:11	BEACH RUNNERS
900	1144	MANUEL FIGUEIRA	M	27		00:54:12	00:52:24	CLUBE VODAFONE
901	1143	ANDRÉ CARVALHO	M	33		00:54:12	00:52:24	CLUBE VODAFONE
902	1977	FERNANDO MARQUES	M	66		00:54:12	00:53:59	CP EDP CARREGADO
903	1579	ANA GONCALVES	F	30		00:54:13	00:52:21	CA VALE FIGUEIRA
904	656	ALBERTO MARTINHO	M	51		00:54:13	00:53:40	CCDT METRO LX
905	723	RUI LIMA E SILVA	M	37		00:54:15	00:53:31	INDIVIDUAL
906	215	ANA BIGODE	F	39		00:54:15	00:52:49	ERICSSON
907	462	BERNARDO ELISEU	M	40		00:54:16	00:52:56	BREAKAWAY
908	1273	LUIS M SILVA	M	43		00:54:17	00:54:03	CLUBE VODAFONE
909	1467	JOÃO CORTE-REAL	M	36		00:54:20	00:54:00	CORREDORES R CORGAS
910	617	IVO JOAQUIM	M	43		00:54:20	00:54:02	INDIVIDUAL
911	1348	INÁCIO GONÇALVES	M	63		00:54:20	00:53:11	RAIL RUNNERS
912	1074	JOÃO MACHADO	M	53		00:54:21	00:53:18	OS MATRECOS
913	1075	RUI LOPES	M	52		00:54:21	00:53:19	OS MATRECOS
914	1792	JOÃO MILHEIRO	M	55		00:54:22	00:52:54	LASURENA
915	274	JOSE COELHO	M	57		00:54:22	00:53:22	INDIVIDUAL
916	1848	AMÉRICO CARVALHO	M	41		00:54:22	00:53:15	INDIVIDUAL
917	733	EURICO CAROCHA	M	49		00:54:23	00:53:07	KEEP RUNNING
918	1897	ANA SERRA	F	26		00:54:24	00:53:18	CAPARICA FC
919	456	JOSE BAIXINHO	M	57		00:54:24	00:53:49	SANTIAGO FC
920	1782	JOSE LUIS MARTINS	M	40		00:54:24	00:53:10	TEJAVISTA
921	1554	LUIS M P CHAINHO	M	39		00:54:25	00:52:37	GRÂNDOLAFOOT
922	960	RICARDO SILVA	M	37		00:54:27	00:53:53	CLUBE NOVO BANCO
923	708	NUNO MARQUES	M	34		00:54:27	00:52:15	INDIVIDUAL
924	1852	ARTUR ALFAMA	M	37		00:54:28	00:52:47	INDIVIDUAL
925	2018	TOMAS LOUREIRO	M	17		00:54:29	00:52:32	LUSOCARGO
926	851	HENRIQUETA SOLIPA	F	52		00:54:29	00:53:33	INDIVIDUAL
927	1952	MARTIM COSTA SECO	M	18		00:54:29	00:53:10	WEVENTUAL
928	666	DIOGO FRANCO	M	35		00:54:30	00:52:22	INDIVIDUAL
929	625	GONÇALO GAIOLAS	M	32		00:54:30	00:52:47	INDIVIDUAL
930	1577	JOSE LINDO	M	68		00:54:30	00:54:21	CA VALE FIGUEIRA
931	1529	JOAQUIM FERNANDES	M	64		00:54:32	00:52:44	CCDT AUT ALMADA
932	431	CLAUDIA ABREU	F	39		00:54:33	00:52:52	AMINHACORRIDA/ SKECHERS
933	1413	ADELINO PIRES	M	52		00:54:34	00:52:32	CÂMARA L CLUBE
934	1652	ARMINDO QUEIMADO	M	49		00:54:34	00:52:49	ADCSA BALDIO
935	1651	ANTÓNIO SERRA	M	55		00:54:35	00:52:57	ADCSA BALDIO
936	1585	VICTOR MONTEIRO	M	40		00:54:35	00:53:52	LIKE A RUNNER

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
937	527	CARLOS PEREIRA	M	33		00:54:36	00:51:04	OS ZATOPEQUES
938	990	CATIA PEDRO	F	35		00:54:39	00:54:39	GD INE
939	1010	NUNO M SILVA	M	60		00:54:39	00:52:44	GD INE
940	1050	PEDRO M LOPES	M	42		00:54:41	00:53:00	RUN BUDDY RUN
941	1688	PAULO ANDRADE	M	43		00:54:41	00:52:40	SS CGD
942	75	ALEXANDRE BATISTA	M	34		00:54:42	00:53:03	Run Buddy Run
943	2015	DANIEL PEREIRA	M	41		00:54:42	00:52:32	INDIVIDUAL
944	1615	HUGO MENDEIROS	M	32		00:54:45	00:51:37	TUNHOS
945	1616	MARIA MARTINS	F	31		00:54:45	00:51:38	TUNHOS
946	578	AVELINO VESTIAS	M	65		00:54:47	00:54:47	LESMAS DO ASFALTO
947	1783	RICARDO CAMPOS	M	39		00:54:48	00:54:25	AFO
948	1875	RENATO RAMALHO	M	33		00:54:50	00:52:59	COININHA RUNNERS
949	1369	RUTE NETO	F	36		00:54:52	00:53:58	TEAM NETO
950	1368	MARCIO NETO	M	35		00:54:52	00:53:57	TEAM NETO
951	1963	MARTA LOPES	F	50		00:54:54	00:54:17	RUN OCEAN
952	483	BRUNO REIS	M	25		00:54:55	00:54:12	INDIVIDUAL
953	1962	NATALINO LOPES	M	54		00:54:55	00:54:20	RUN OCEAN
954	1970	LUIZ PEREIRA	M	34		00:54:57	00:53:32	INDIVIDUAL
955	818	PEDRO VENTURA	M	38		00:54:58	00:54:50	CCD TRANQUILIDADE
956	1776	JOÃO RAMOS	M	41		00:54:59	00:51:12	4CLIENT
957	564	LUIS VICENTE	M	54		00:55:00	00:54:14	INDIVIDUAL
958	587	RICARDO J M BRANCO	M	44		00:55:01	00:54:23	INDIVIDUAL
959	1872	JORGE H C PLACIDO	M	64		00:55:02	00:54:41	INDIVIDUAL
960	525	SIMÃO VINHAS	M	45		00:55:02	00:54:18	INDIVIDUAL
961	1979	JOSÉ CUSTÓDIO	M	39		00:55:02	00:52:12	CLUBE VODAFONE
962	427	MANUEL SEQUEIRA	M	64		00:55:02	00:53:59	GDCT REPSOL
963	252	LUIS FERREIRA	M	60		00:55:04	00:53:05	INDIVIDUAL
964	1850	SILVANO MONTEIRO	M	63		00:55:05	00:54:15	SOBEIDESCE
965	1496	FERNANDO RIBEIRO	M	48		00:55:05	00:53:45	GDC BANCO PORTUGAL
966	1487	JOÃO BATISTA	M	57		00:55:05	00:53:46	GDC BANCO PORTUGAL
967	1136	RICARDO SIMOES	M	45		00:55:06	00:54:14	RUNNING OF Dª MARIA
968	1215	ARLETE REGO	F	34		00:55:07	00:53:32	INDIVIDUAL
969	1609	CATARINA SANTOS	F	19		00:55:10	00:53:04	LEBRES E TARTARUGAS
970	65	MAFALDA ALMEIDA	F	33		00:55:10	00:54:44	
971	1502	MARIA FERNANDES	F	41		00:55:11	00:54:47	IFAP RUNNERS
972	373	MARIO R T ROMAO	M	42		00:55:11	00:53:13	C MILLENNIUM BCP
973	1822	LUÍS FERNANDES	M	46		00:55:11	00:55:11	BEACH RUNNERS
974	1823	RAFAEL CUNHA	M	32		00:55:13	00:53:26	BEACH RUNNERS
975	1804	NUNO PEREIRA	M	43		00:55:14	00:54:45	SC CASAINHOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
976	1525	CARLOS CLARO	M	60		00:55:15	00:54:40	JOVENS SERRA MINAS
977	1259	FERNANDO J MATIAS	M	58		00:55:16	00:53:43	C COLAB AXA
978	1190	JOSÉ LIBERATO	M	39		00:55:17	00:53:48	GDCT IN CASA MOEDA
979	841	NUNO SANTIAGO	M	38		00:55:18	00:54:48	O MUNDO DA CORRIDA
980	1680	JOSE ALVES	M	65		00:55:19	00:53:46	SS CGD
981	292	ANTONIO M RIBEIRO	M	50		00:55:19	00:55:05	INDIVIDUAL
982	1689	PAULO BAILAO	M	44		00:55:19	00:54:19	SS CGD
983	1077	RUBEN COSTA	M	34		00:55:20	00:53:03	INDIVIDUAL
984	840	ANDREIA PEREIRA	F	29		00:55:20	00:54:52	O MUNDO DA CORRIDA
985	1066	MARIA CORREIA	F	61		00:55:21	00:54:34	GD O INDEPENDENTE
986	651	MANUELA CARRILHO	F	49		00:55:21	00:54:07	SUNSET GYM
987	653	NUNO E C B MOREIRA	M	42		00:55:21	00:54:13	RUNNINGCLUB DO CCD-AT
988	302	JORGE MARTINS	M	36		00:55:22	00:53:48	JD ALHANDRENSE
989	175	CARLA VITORINO	F	40		00:55:22	00:53:42	PUMP RUNNERS
990	1408	JOÃO PEREIRA	M	44		00:55:25	00:54:12	CÂMARA L CLUBE
991	1586	JOÃO VALE	M	31		00:55:25	00:54:41	LIKE A RUNNER
992	1856	GONÇALO ALMEIDA	M	34		00:55:27	00:51:39	4CLIENT
993	1407	PAULO GORDINHO	M	40		00:55:27	00:54:14	CÂMARA L CLUBE
994	797	NUNO FARINHO	M	37		00:55:29	00:54:45	EQUIPA DOS LENTOS
995	777	PEDRO BURGUETTE	M	39		00:55:29	00:53:42	AÇOREANA C BANIF
996	1949	CECILIA TAVARES	F	48		00:55:30	00:55:01	INDIVIDUAL
997	115	BRUNO FERNANDES	M	36		00:55:34	00:55:20	FALCOES SELVAGENS
998	567	RAÚL CARVALHO	M	56		00:55:34	00:54:51	FALCOES SELVAGENS
999	1765	KATRIN MATTUSCH	F	48		00:55:36	00:54:39	INDIVIDUAL
1000	902	VITOR TEIXEIRA	M	55		00:55:37	00:54:07	GD SANTANDER TOTTA
1001	884	LÚCIO SILVA	M	48		00:55:38	00:53:32	GD SANTANDER TOTTA
1002	1386	DARLINDO FORTUNA	M	50		00:55:39	00:54:30	RUNNINGCLUB DO CCD-AT
1003	1385	MARIA MOTA	F	50		00:55:39	00:54:30	RUNNINGCLUB DO CCD-AT
1004	351	ANTONIO M B SEIXAS	M	51		00:55:42	00:55:03	C MILLENNIUM BCP
1005	361	FILIPE J B HORTA	M	50		00:55:42	00:55:03	C MILLENNIUM BCP
1006	70	ATLETA NÃO CADASTRADO	M	0		00:55:43	00:54:49	
1007	1285	JORGE LOPES	M	42		00:55:44	00:53:43	ASAS NOS PÉS
1008	404	HUGO GATO	M	36		00:55:44	00:54:23	INDIVIDUAL
1009	510	SANDRA LETRAS	F	29		00:55:45	00:49:33	ODEBRECHT PORTUGAL
1010	1283	JOSÉ GOUVEIA	M	47		00:55:45	00:53:41	ASAS NOS PÉS
1011	934	XANA FILIPE	F	43		00:55:45	00:55:29	CLUBE NOVO BANCO
1012	1450	VALTER AMADINHO	M	34		00:55:45	00:54:11	INDIVIDUAL
1013	935	ANA FERREIRA	F	45		00:55:45	00:55:27	CLUBE NOVO BANCO
1014	1456	JOÃO MANGANA	M	39		00:55:46	00:53:51	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1015	305	FRANCISCO COITO	M	63		00:55:46	00:55:37	CLUBE MARGINAL
1016	1603	RAQUEL VICTOR	F	27		00:55:47	00:54:01	EDP RUNNERS
1017	1138	ANA S TEIXEIRA	F	35		00:55:48	00:54:17	INDIVIDUAL
1018	507	FABIO ALVES	M	23		00:55:48	00:49:35	ODEBRECHT PORTUGAL
1019	409	CARLOS VIDEIRA	M	61		00:55:48	00:55:24	INDIVIDUAL
1020	1530	JOAQUIM MACHADO	M	62		00:55:49	00:54:52	CCDT AUT ALMADA
1021	1436	PAULO PIRES	M	49		00:55:49	00:54:31	APOGMA
1022	863	ANTÓNIO CRUZ	M	67		00:55:50	00:54:55	GD SANTANDER TOTTA
1023	264	MANUEL BARROS	M	58		00:55:50	00:54:56	CLUBE ANACOM
1024	1988	FERNANDO CORTEGAÇA	M	46		00:55:57	00:55:10	INDIVIDUAL
1025	722	OMAR LUIS	M	41		00:55:58	00:55:15	MOVE_GROUP
1026	812	RUTE SANTOS	F	48		00:56:00	00:54:25	CA PATAMEIRAS
1027	2042	ANA PASSOS	F	44		00:56:01	00:55:51	INDIVIDUAL
1028	1773	JOSE GOMES	M	60		00:56:03	00:54:44	CP IVA
1029	696	RUI SOUSA	M	44		00:56:05	00:55:37	BIFANAS DE CORRIDA
1030	1959	ALEXANDRE RODRIGUES	M	39		00:56:05	00:56:05	INDIVIDUAL
1031	1832	FÁBIO DUARTE	M	31		00:56:06	00:54:50	INDIVIDUAL
1032	1551	CARLA PINTO FERNANDES	F	38		00:56:08	00:55:10	CHAFARIZ RUNNING TEAM
1033	308	RICHARD JESUS	M	33		00:56:09	00:55:58	CLUBE MARGINAL
1034	1701	JOANA LOPES	F	32		00:56:09	00:54:54	NS COSTA CAPARICA
1035	917	TERESA REIS	M	43		00:56:10	00:55:57	INDIVIDUAL
1036	495	ÓSCAR RODRIGUES	M	45		00:56:10	00:54:47	QUARTETO FANTÁSTICO
1037	1918	HÉLIO GODINHO	M	64		00:56:10	00:55:15	C BENFICA ABRANTES
1038	1734	ROGERIO DIAS	M	43		00:56:11	00:55:01	BOM PETISCO
1039	2019	RICARDO N A M MORAIS	M	39		00:56:11	00:53:47	INDIVIDUAL
1040	873	IVO LIMA	M	37		00:56:12	00:53:53	GD SANTANDER TOTTA
1041	1893	TIAGO GUERREIRO	M	36		00:56:13	00:53:40	INDIVIDUAL
1042	688	VITOR MORAIS	M	56		00:56:13	00:55:54	MARGIL
1043	528	VÂNIA PEREIRA	F	30		00:56:14	00:55:19	OS ZATOPEQUES
1044	1325	JUVENAL MOREIRA	M	50		00:56:15	00:56:07	ND AUTOCOOPE
1045	1140	ANTONIO GABRIEL	M	70		00:56:17	00:55:21	INDIVIDUAL
1046	676	JOÃO RIBEIRO	M	42		00:56:18	00:55:19	INDIVIDUAL
1047	440	RUI PEREIRA	M	46		00:56:18	00:54:35	ASIA
1048	1670	BRUNO DIAS	M	38		00:56:23	00:54:44	SS CGD
1049	2036	NUNO AFONSO	M	34		00:56:24	00:54:32	INDIVIDUAL
1050	560	PEDRO BANON	M	37		00:56:24	00:55:50	AMINHACORRIDA/ SKECHERS
1051	2013	PEDRO GONÇALVES	M	32		00:56:24	00:54:59	INDIVIDUAL
1052	879	JOSÉ RIBEIRO	M	70		00:56:28	00:55:25	GD SANTANDER TOTTA
1053	245	JOÃO F L AMARAL	M	50		00:56:30	00:55:50	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1054	1133	JORGE FERREIRA	M	49		00:56:31	00:55:38	RUNNING OF D ^a MARIA
1055	828	PEDRO TOMÉ	M	36		00:56:32	00:54:37	INDIVIDUAL
1056	159	JOAQUIM FONSECA	M	59		00:56:34	00:56:09	OS SUPER
1057	219	ISABEL SAMTOS	F	54		00:56:36	00:55:03	SANTOS & SILVA
1058	969	CLÁUDIA CORREIA	F	33		00:56:36	00:54:53	AZEITÃO NIGHT RUNNERS
1059	134	VÍTOR M P CANTO	M	44		00:56:37	00:50:21	INDIVIDUAL
1060	901	TIAGO VEIGA	M	31		00:56:37	00:55:45	GD SANTANDER TOTTA
1061	272	ANTÔNIO REIS	M	52		00:56:38	00:54:46	INDIVIDUAL
1062	283	LUIS NUNES	M	44		00:56:40	00:54:30	INDIVIDUAL
1063	354	SOFIA I C RAMALHO	F	18		00:56:41	00:56:00	C MILLENNIUM BCP
1064	191	RICARDO BARREIRO	M	39		00:56:41	00:54:35	3 QUENIANOS E 1 JAMAICANO
1065	333	PEDRO M P FIGUEIREDO	M	50		00:56:42	00:55:32	C MILLENNIUM BCP
1066	353	RUI J S RAMALHO	M	46		00:56:43	00:56:04	C MILLENNIUM BCP
1067	820	TÂNIA VINAGRE	F	33		00:56:43	00:55:56	CCD TRANQUILIDADE
1068	88	NUNO LOPES	M	39		00:56:45	00:54:12	
1069	1261	JOÃO F FRADE	M	43		00:56:46	00:54:39	C COLAB AXA
1070	1237	CARLOS CUNHA	M	45		00:56:47	00:55:52	SPEED OF YELLOW
1071	457	JUDITE BAIXINHO	F	28		00:56:47	00:56:14	SANTIAGO FC
1072	1155	JORGE M FERRO	M	48		00:56:48	00:56:18	INDIVIDUAL
1073	1751	JOAO BORGES	M	47		00:56:48	00:55:35	TEJAVISTA
1074	150	LUIS MENDES	M	40		00:56:52	00:55:10	INDIVIDUAL
1075	516	ARMINDO LOUREIRO	M	65		00:56:52	00:55:32	INDIVIDUAL
1076	1997	LUIS PEDRO	M	50		00:56:55	00:56:29	INDIVIDUAL
1077	792	ISADORA COSTA	F	27		00:56:56	00:54:52	4 AO KM
1078	1006	LUIS REIS	M	60		00:56:56	00:55:03	GD INE
1079	167	LUIS J S B LARA	M	65		00:56:56	00:56:01	INDIVIDUAL
1080	1515	ANCA AVATAJITI	F	30		00:56:57	00:56:52	MIRAFLORES FIT
1081	987	CARLA LOPES	F	42		00:56:57	00:55:01	GD INE
1082	793	VITOR GONÇALVES	M	45		00:56:57	00:54:53	4 AO KM
1083	801	NUNO CRUZ	M	41		00:56:58	00:56:14	EQUIPA DOS LENTOS
1084	1034	LILIANA SANTOS	F	34		00:56:59	00:56:38	ESTRELAS DE LUZ
1085	1230	LUISA MENDES	F	31		00:56:59	00:55:51	SPEED OF YELLOW
1086	1696	RUI SANTOS	M	47		00:57:03	00:55:36	SS CGD
1087	1452	RUI SILVA	M	45		00:57:07	00:54:35	INDIVIDUAL
1088	463	JOSÉ ANTÓNIO	M	52		00:57:07	00:55:46	BREAKAWAY
1089	1876	JOÃO FERNANDES	M	50		00:57:08	00:57:08	INDIVIDUAL
1090	1938	RUI LAPA	M	43		00:57:08	00:56:21	INDIVIDUAL
1091	1687	NUNO PAULO	M	45		00:57:10	00:56:30	SS CGD
1092	2050	JOAO TEIXEIRA	M	45		00:57:10	00:57:10	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1093	2049	PAULO PADRAO	M	46		00:57:10	00:56:10	INDIVIDUAL
1094	241	ANTONIO S MARQUES	M	65		00:57:11	00:57:06	ASAS
1095	680	PAULO ESTOPA	M	47		00:57:11	00:55:51	INDIVIDUAL
1096	547	LUCIENNE NEVES	F	31		00:57:11	00:55:54	INDIVIDUAL
1097	546	CARLA MARQUES	F	30		00:57:11	00:55:53	INDIVIDUAL
1098	291	ANDRÉ MARTINS	M	26		00:57:12	00:55:37	FALCOES SELVAGENS
1099	149	CRISTINA CERDA	F	40		00:57:12	00:55:31	INDIVIDUAL
1100	461	PAULO FLORIDO	M	49		00:57:13	00:55:53	BREAKAWAY
1101	189	PAULO LEITE	M	43		00:57:13	00:56:12	INDIVIDUAL
1102	1940	JOAQUIM MELO	M	46		00:57:14	00:56:29	INDIVIDUAL
1103	1629	VALERIE COUTINHO	F	51		00:57:15	00:55:17	INDIVIDUAL
1104	1628	ALBANO COUTINHO	M	51		00:57:16	00:55:15	INDIVIDUAL
1105	100	LUIS PROENÇA	M	45		00:57:17	00:56:21	INDIVIDUAL
1106	1716	LUIS REIS	M	57		00:57:18	00:55:26	SS MONTEPIO GERAL
1107	787	MIGUEL OLIVEIRA	M	45		00:57:19	00:56:48	VALE FORMOSO FC
1108	381	CARLOS F P RODRIGUES	M	56		00:57:20	00:55:30	C MILLENNIUM BCP
1109	526	RAQUEL BARATA	F	40		00:57:21	00:56:17	CCD-AT
1110	1600	GONÇALO TORRES	M	37		00:57:21	00:56:55	INDIVIDUAL
1111	959	RICARDO FERNANDES	M	55		00:57:21	00:57:02	CLUBE NOVO BANCO
1112	2030	VANESSA SEQUEIRA	F	32		00:57:22	00:56:11	INDIVIDUAL
1113	926	CARINA FERREIRA	F	28		00:57:22	00:56:17	CCD-AT
1114	1978	TERESA FARIA	F	28		00:57:22	00:56:16	CCD-AT
1115	1699	FILIPA PONCIANO	M	32		00:57:22	00:56:07	NS COSTA CAPARICA
1116	1137	GINA MARTINS	F	40		00:57:24	00:55:53	INDIVIDUAL
1117	747	PAULA COSTA	F	44		00:57:25	00:57:25	SFUAP
1118	397	NELSON M GUIMARAES	M	69		00:57:26	00:56:48	C MILLENNIUM BCP
1119	742	JEREMIAS RIBEIRO	M	71		00:57:26	00:55:54	INDIVIDUAL
1120	1626	ERICO FELICIO	M	52		00:57:26	00:55:25	ANESTESIA PURA
1121	168	LUIS MATIAS	M	59		00:57:26	00:55:25	INDIVIDUAL
1122	627	LUIS TRIGO	M	34		00:57:28	00:55:52	OS CONTA-KILÓMETROS
1123	478	NUNO NEVES	M	44		00:57:29	00:56:25	CCD-AT
1124	477	ANA DEODATO	F	37		00:57:29	00:56:26	CCD-AT
1125	1641	NUNO VENTURA	M	41		00:57:30	00:56:12	WIKABOO
1126	2016	ANDRÉ ROSA	M	28		00:57:31	00:56:23	INDIVIDUAL
1127	475	MAURO MACHADO	M	32		00:57:31	00:56:26	INDIVIDUAL
1128	580	JOÃO BRANCO	M	33		00:57:32	00:55:33	INDIVIDUAL
1129	1060	GONÇALO OLIVEIRA	M	52		00:57:32	00:56:44	GDCT UNICRE
1130	1059	EDUARDO RIBEIRO	M	47		00:57:32	00:55:44	GDCT UNICRE
1131	936	ANA M MONTEIRO	F	46		00:57:33	00:55:28	CLUBE NOVO BANCO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1132	1211	SOFIA DOMINGOS	F	35		00:57:34	00:55:02	TROL E ANÃ
1133	1677	JOAO P RODRIGUES	M	38		00:57:34	00:56:23	SS CGD
1134	1733	FERNANDO LOURENÇO	M	64		00:57:34	00:56:22	BOM PETISCO
1135	1210	PEDRO GONÇALVES	M	36		00:57:34	00:55:01	TROL E ANÃ
1136	1540	SARA LEÃO	F	26		00:57:35	00:55:32	INDIVIDUAL
1137	1125	MÁRIO M B EMÍDIO	M	51		00:57:35	00:57:35	TÁLENTO PRÁ CORRER TEAM
1138	1182	ANTÓNIO RAMOS	M	46		00:57:36	00:56:57	CCD EFACEC LX
1139	352	EDUARDO C V PINTO	M	47		00:57:37	00:55:47	C MILLENNIUM BCP
1140	1816	DAVID MARTINHO	M	25		00:57:38	00:55:02	GEEK N THE RUN
1141	1379	FRANCISCO RAMALHO	M	71		00:57:45	00:56:24	INDIVIDUAL
1142	1019	BRUNO DIAS	M	43		00:57:47	00:57:42	INDIVIDUAL
1143	1105	NUNO ALMEIDA	M	39		00:57:47	00:56:18	SPORTINGS ALMEIDA
1144	1862	NUNO GOMES	M	28		00:57:47	00:54:38	INTROSYS
1145	1954	LÉNIO F N MARINHO	M	60		00:57:47	00:57:42	JOBRINDE-MONTES SALOIOS
1146	1580	ISABEL FRANCA	F	42		00:57:49	00:57:26	CA VALE FIGUEIRA
1147	187	EVA SILVA	F	39		00:57:50	00:55:50	ERICSSON
1148	403	PAULO M TAINHA	M	51		00:57:50	00:57:39	INDIVIDUAL
1149	188	CHIARA BEDINI	F	41		00:57:50	00:55:50	ERICSSON
1150	513	PRISCILLA JANUARIO	F	42		00:57:52	00:57:44	ODEBRECHT PORTUGAL
1151	1695	RUI OLIVEIRA	M	48		00:57:54	00:57:22	SS CGD
1152	160	MERCEDES FONSECA	F	58		00:57:55	00:56:39	OS SUPER
1153	554	CARLA MARQUES	F	42		00:57:55	00:57:16	SAPATISTAS
1154	1300	SUSANA CLIMAS	F	27		00:57:55	00:56:28	OS CARACOIS FURIOSOS
1155	1936	MATILDE FIGUEIREDO	F	33		00:57:56	00:57:06	MOVET
1156	1858	MIRIAM VISTAS	F	33		00:57:56	00:57:05	MOVET
1157	1302	ANDRÉ SILVA	M	28		00:57:56	00:56:29	OS CARACOIS FURIOSOS
1158	1056	RICARDO CARVALHO	M	35		00:57:57	00:55:28	INDIVIDUAL
1159	1692	PEDRO GOMES	M	34		00:57:58	00:56:07	SS CGD
1160	753	INÊS LEAL	F	36		00:57:59	00:57:22	INDIVIDUAL
1161	297	NUNO PEREIRA	M	39		00:58:03	00:58:03	INDIVIDUAL
1162	277	SANDRO M S A LAVADO	M	34		00:58:10	00:56:42	BRRNIGHTRUNNERS
1163	836	JORGE PEREIRA	M	45		00:58:10	00:56:19	INDIVIDUAL
1164	79	BRUNO NEVES	M	31		00:58:10	00:56:42	
1165	60	RUI FELICIO	M	44		00:58:12	00:56:45	
1166	765	JOSÉ SEQUEIRA	M	54		00:58:12	00:56:25	AÇOREANA C BANIF
1167	1513	ANTÓNIO MARCELINO	M	40		00:58:13	00:57:59	FALCOES SELVAGENS
1168	1219	LUÍS SILVA	M	29		00:58:14	00:57:11	INDIVIDUAL
1169	1217	PAULA SOARES	F	29		00:58:14	00:57:13	INDIVIDUAL
1170	441	RICARDO PEREIRA	M	35		00:58:14	00:55:43	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1171	914	MAYER RAPOSO	M	67		00:58:16	00:57:31	AA LEBRES SADO
1172	1387	RAUL MOITA	M	58		00:58:17	00:55:58	INDIVIDUAL
1173	392	JOAQUIM M O FULGENCIO	M	57		00:58:18	00:57:29	C MILLENNIUM BCP
1174	1583	ROGÉRIO GRAÇA	M	36		00:58:19	00:57:23	FUNCIONA
1175	1582	RUI LUÍS	M	39		00:58:19	00:57:23	FUNCIONA
1176	158	LUIS ROMANEIRO	M	54		00:58:20	00:57:11	INDIVIDUAL
1177	1700	PEDRO SEMELANO	M	34		00:58:21	00:57:06	NS COSTA CAPARICA
1178	398	RICARDO J S GOMES	M	43		00:58:21	00:56:33	C MILLENNIUM BCP
1179	1944	JOÃO PEREIRA	M	37		00:58:21	00:56:32	INDIVIDUAL
1180	1101	JOEL FERREIRA	M	30		00:58:23	00:57:51	INDIVIDUAL
1181	208	PEDRO LADEIRA	M	34		00:58:24	00:57:46	INDIVIDUAL
1182	2025	MARIA REGALO	F	41		00:58:27	00:58:20	DERRETEBANHA
1183	2024	ANABELA CONSTANTE	F	40		00:58:27	00:58:21	DERRETEBANHA
1184	549	FERNANDO SEBASTIÃO	M	38		00:58:28	00:57:18	INDIVIDUAL
1185	571	DANIEL SEBASTIÃO	M	33		00:58:28	00:57:18	INDIVIDUAL
1186	590	MARIA RODRIGUES	F	60		00:58:29	00:58:03	INDIVIDUAL
1187	496	PAULO CARVALHO	M	47		00:58:29	00:58:16	ENGENHARIALIQUIDA
1188	1799	JOÃO FERNANDES	M	46		00:58:30	00:57:08	MOVET
1189	493	SARA SILVA	F	36		00:58:31	00:57:09	QUARTETO FANTÁSTICO
1190	1488	ANTÓNIO PEREIRA	M	73		00:58:31	00:58:31	GDC BANCO PORTUGAL
1191	1005	LUIS AFONSO	M	56		00:58:32	00:57:40	GD INE
1192	783	IDALINA MADEIRA	F	54		00:58:33	00:57:57	AÇOREANA C BANIF
1193	484	ANDRÉ BOTÃO	M	27		00:58:33	00:57:49	INDIVIDUAL
1194	709	PATROCÍNIA EUSÉBIO	F	33		00:58:35	00:56:23	INDIVIDUAL
1195	1569	FRANCISCO FRANÇA	M	18		00:58:36	00:58:12	CA VALE FIGUEIRA
1196	1166	MARIA SILVA	F	45		00:58:36	00:58:03	INDIVIDUAL
1197	1955	ALEXANDRE DOMINGOS	M	41		00:58:37	00:55:40	INDIVIDUAL
1198	1480	GONÇALO CARVALHO	M	32		00:58:37	00:56:26	INDIVIDUAL
1199	1638	ALEXANDRE M B S COSTA	M	53		00:58:40	00:58:00	INDIVIDUAL
1200	345	DULCE M N RAMOS	F	45		00:58:40	00:56:51	C MILLENNIUM BCP
1201	1912	ISILDA BARRADAS	F	64		00:58:44	00:58:39	SL CAMPOLIDE
1202	1720	NUNO CARVALHO	M	39		00:58:44	00:56:46	SS MONTEPIO GERAL
1203	123	PEDRO M P MONTEIRO	M	40		00:58:46	00:58:02	INDIVIDUAL
1204	480	JORGE ANTUNES	M	39		00:58:46	00:57:31	INDIVIDUAL
1205	1271	PEDRO H C BARROSO	M	33		00:58:47	00:57:43	FISIOBARROSORUN
1206	414	JOAQUIM GAMITO	M	53		00:58:47	00:57:44	INDIVIDUAL
1207	105	CÉLIA SILVEIRA	F	42		00:58:47	00:57:36	C PRAÇAS ARMADA
1208	1466	TÂNIA CARDOSO	F	26		00:58:47	00:58:25	CORREDORES R CORGAS
1209	74	JOSE CRUZ	M	32		00:58:50	00:57:03	

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1210	68	NUNO CORDEIRO	M	40		00:58:51	00:57:37	
1211	1602	MIGUEL BRANCO	M	26		00:58:51	00:56:39	INDIVIDUAL
1212	1453	CARLOS LUZ	M	34		00:58:51	00:58:16	INDIVIDUAL
1213	1725	RITA GONÇALVES	F	39		00:58:52	00:57:40	SS MONTEPIO GERAL
1214	1657	SARA PAULINO	F	32		00:58:53	00:56:39	INDIVIDUAL
1215	631	LUÍS GONÇALVES	M	38		00:58:53	00:57:02	SOMOS MUITA FORTES
1216	2048	JOAO OLIVEIRA	M	33		00:58:53	00:57:04	INDIVIDUAL
1217	2047	ANDRE SOUSA	M	33		00:58:54	00:57:05	INDIVIDUAL
1218	1341	SÉRGIO TAVARES	M	32		00:58:54	00:58:24	CCD CA MÚTUO
1219	2046	JOSE GOMES	M	44		00:58:54	00:57:06	INDIVIDUAL
1220	575	ANTÓNIO CEREJO	M	40		00:58:55	00:58:55	CORRER LISBOA
1221	1361	VINICYUS FELIX	M	18		00:58:57	00:58:14	JOGGING4FUN
1222	1347	ANA S G COELHO	F	37		00:58:57	00:58:24	AFDD - RUN CREW
1223	230	INÊS FERNANDES	F	36		00:58:58	00:58:07	INDIVIDUAL
1224	2000	ALEXANDRE SIMÕES	M	40		00:58:59	00:57:52	CCD-AT
1225	238	ISAC DINIS	M	64		00:59:05	00:57:46	ASAS
1226	89	PAULO SARAIVA	M	59		00:59:08	00:56:48	
1227	319	HUGO M R COLAÇO	M	37		00:59:09	00:57:12	INDIVIDUAL
1228	737	ANTÓNIO CASTANHEIRA	M	38		00:59:09	00:56:39	INDIVIDUAL
1229	1885	CARLOS P COELHO	M	53		00:59:11	00:58:26	O MUNDO DA CORRIDA
1230	785	NUNO E SANTO	M	44		00:59:13	00:58:37	AÇOREANA C BANIF
1231	1037	JULIO PEREIRA	M	49		00:59:13	00:57:17	INDIVIDUAL
1232	763	VITOR RAFAEL	M	51		00:59:13	00:58:36	AÇOREANA C BANIF
1233	784	SANDRA MARTINS	F	37		00:59:13	00:58:38	AÇOREANA C BANIF
1234	1727	SONIA QUINTINO	F	37		00:59:15	00:59:01	SS MONTEPIO GERAL
1235	690	BERNARDO AZEVEDO	M	33		00:59:17	00:57:31	OS MANOS
1236	66	RUI FIOGUEIRAL	M	24		00:59:18	00:57:16	
1237	442	JOÃO RESENDE	M	48		00:59:20	00:56:50	INDIVIDUAL
1238	377	CARLOS A A TOME	M	63		00:59:21	00:58:45	C MILLENNIUM BCP
1239	1573	RUI LUIS	M	58		00:59:22	00:58:46	CA VALE FIGUEIRA
1240	1478	BEATRIZ R FIGUEIREDO	F	38		00:59:22	00:57:46	INDIVIDUAL
1241	1930	ADELAIDE PALMA	F	44		00:59:22	00:58:54	INDIVIDUAL
1242	603	MANUELA FONTES	F	44		00:59:22	00:58:00	CCD SIEMENS
1243	735	JORGE GUERREIRO	M	45		00:59:23	00:58:55	INDIVIDUAL
1244	824	SUZANA DOMINGUES	F	44		00:59:23	00:57:41	SUNSET GYM
1245	109	EDUARDO AMORIM	M	43		00:59:24	00:57:29	INDIVIDUAL
1246	1069	ANTÓNIO C NOVAS	M	36		00:59:26	00:57:30	GODINHO
1247	415	RUI ALMEIDA	M	42		00:59:26	00:57:21	INDIVIDUAL
1248	1070	JACINTO GODINHO	M	51		00:59:27	00:57:31	GODINHO

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1249	1356	SARA E T SILVA	F	43		00:59:28	00:58:25	CCD-AT
1250	1363	MIGUEL BALTAZAR	M	40		00:59:29	00:57:47	INDIVIDUAL
1251	1686	NILDA SILVA	F	31		00:59:30	00:58:47	SS CGD
1252	1232	JOÃO PALMA	M	38		00:59:30	00:58:07	SPEED OF YELLOW
1253	689	LUÍS M P ROMA	M	31		00:59:33	00:56:58	ESC ALENTEJANA SKI
1254	2009	HUGO CRAVIDÃO	M	39		00:59:33	00:57:40	INDIVIDUAL
1255	1881	DOMINGOS J F AMADOR	M	42		00:59:34	00:56:39	INDIVIDUAL
1256	1241	PAULO ALVES	M	45		00:59:34	00:58:16	SPEED OF YELLOW
1257	180	RUI ALEXANDRE	M	35		00:59:36	00:58:44	GA OS KENIANOS DO FEIJO
1258	502	JOAQUIM SIMAO	M	52		00:59:37	00:57:50	ODEBRECHT PORTUGAL
1259	504	LUIS SANTOS	M	58		00:59:37	00:59:28	ODEBRECHT PORTUGAL
1260	1124	Mª JOÃO A P EMÍDIO	F	47		00:59:37	00:59:32	TÁLENTO PRÁ CORRER TEAM
1261	1183	JOSÉ CORREIA	M	35		00:59:38	00:58:43	CCD EFACEC LX
1262	724	NATALIA HERNANDEZ	F	25		00:59:38	00:59:19	INDIVIDUAL
1263	1886	MARIA PUGA	F	50		00:59:39	00:58:55	O MUNDO DA CORRIDA
1264	1110	PAULA NUNES	F	38		00:59:40	00:59:01	INDIVIDUAL
1265	1737	JOSE CATITA	M	56		00:59:45	00:57:20	GARMIN/ CO OEIRAS
1266	1510	SÉRGIO GALÓ	M	34		00:59:46	00:59:28	OPTICALIA RT
1267	1941	ÂNGELA TEIXEIRA	F	27		00:59:47	00:58:31	INDIVIDUAL
1268	1512	FILIPA FARINHA	F	32		00:59:47	00:59:30	OPTICALIA RT
1269	559	PATRÍCIA PINA	F	28		00:59:47	00:58:56	LOURESAÚDE RUNNING
1270	78	ANA COSTA	F	42		00:59:48	00:58:49	
1271	258	ROGÉRIO PINA	M	60		00:59:48	00:58:57	CLUBE ANACOM
1272	861	ANTÓNIO CASTRO	M	45		00:59:49	00:58:35	GD SANTANDER TOTTA
1273	1674	DORA PIRES	F	48		00:59:52	00:59:47	SS CGD
1274	1535	MONICA MATOS	F	37		00:59:53	00:59:53	INDIVIDUAL
1275	1877	LUCIENNE NEVES	M	55		00:59:55	00:58:37	SEIXAL RUNNING
1276	458	VÍTOR LUCAS	M	51		00:59:56	00:58:33	BREAKAWAY
1277	751	ISABEL MAGALHÃES	F	58		00:59:57	00:59:43	INDIVIDUAL
1278	674	RICARDO CABAÇO	M	30		00:59:58	00:57:43	HCRUNNERS
1279	673	ANA CABAÇO	F	31		00:59:58	00:57:43	HCRUNNERS
1280	1404	JOÃO FIGUEIREDO	M	58		00:59:58	00:57:56	CÂMARA L CLUBE
1281	376	SERGIO P ANJOS	M	67		00:59:58	00:59:18	C MILLENNIUM BCP
1282	1235	MIGUEL CARRIÇO	M	36		00:59:59	00:58:02	SPEED OF YELLOW
1283	1189	JOSÉ ABREU	M	66		01:00:00	00:57:47	GDCT IN CASA MOEDA
1284	1148	EDMUNDO SIMOES	M	58		01:00:00	00:58:13	INDIVIDUAL
1285	1311	JOAO ESCALEIRA	M	58		01:00:03	00:57:58	INDIVIDUAL
1286	835	JOSE DIAS	M	45		01:00:03	00:58:13	INDIVIDUAL
1287	864	CARINA VEIGA	F	29		01:00:04	00:59:12	GD SANTANDER TOTTA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1288	1532	LUÍS GONÇALVES	M	55		01:00:04	00:58:04	CCDT AUT ALMADA
1289	171	TÂNIA SALES	F	37		01:00:04	00:58:23	PUMP RUNNERS
1290	53	MIGUEL COSTA	M	37		01:00:05	00:58:27	VAMOS GANHAR
1291	1986	MANUEL OLIVEIRA	M	75		01:00:05	00:58:33	AAE BNU
1292	1167	MAFALDA MOURA	F	30		01:00:06	00:59:00	INDIVIDUAL
1293	965	MADALENA MARTINS	F	30		01:00:06	00:58:58	INDIVIDUAL
1294	268	DANIEL NOVAIS	M	29		01:00:06	00:57:42	INDIVIDUAL
1295	1266	VICTOR J RAMOS	M	43		01:00:07	00:58:35	C COLAB AXA
1296	921	MARTA FÉ SANTOS	F	18		01:00:07	00:59:41	ASCC 4 RUN
1297	1546	MICHEL KRANENDONKK	M	54		01:00:08	00:59:13	EVOLUTION
1298	165	CARLOS RODRIGUES	M	42		01:00:11	00:59:56	INDIVIDUAL
1299	1958	MIGUEL ANJOS	M	39		01:00:12	00:58:41	INDIVIDUAL
1300	1957	MIGUEL RIBEIRO	M	42		01:00:12	00:58:42	INDIVIDUAL
1301	729	NUNO GONCALVES	M	61		01:00:12	00:59:50	KEEP RUNNING
1302	228	DIANE DETOLLENAERE	F	48		01:00:12	00:58:58	INDIVIDUAL
1303	1950	JOANA PEIXOTO	F	39		01:00:14	00:58:58	WEVENTUAL
1304	968	PEDRO RIBEIRO	M	42		01:00:15	00:58:30	AZEITÃO NIGHT RUNNERS
1305	1209	TIAGO QUEIROZ	M	27		01:00:16	01:00:00	INDIVIDUAL
1306	691	CATARINA M SILVA	F	37		01:00:17	00:58:29	OS MANOS
1307	237	HELENA CUNHA	F	56		01:00:20	00:59:05	ASAS
1308	1087	ALEXANDRA PIRES	F	47		01:00:20	00:59:12	AERO RUNNERS
1309	1606	FREDERICO SOUSA	M	51		01:00:20	00:58:12	LEBRES E TARTARUGAS
1310	1098	LEONOR M A FARINHA	F	52		01:00:21	00:58:32	INDIVIDUAL
1311	1527	ARMANDO GONÇALVES	M	62		01:00:22	00:58:23	CCDT AUT ALMADA
1312	1409	EDUARDO ALEIXO	M	50		01:00:24	00:59:22	CÂMARA L CLUBE
1313	746	ANA CRISTINA	F	28		01:00:27	01:00:22	SFUAP
1314	1479	PEDRO LAMEIRA	M	32		01:00:28	00:58:17	INDIVIDUAL
1315	1973	Mª LURDES ANTÓNIO	F	45		01:00:28	01:00:12	LINK
1316	1667	ANABELA ESTEVES	F	51		01:00:28	00:59:56	SS CGD
1317	668	RICARDO RODRIGUES	M	42		01:00:30	00:59:23	INDIVIDUAL
1318	601	CARLOS CAGICA	M	49		01:00:32	00:59:10	CCD SIEMENS
1319	1483	ALFREDO PINHAL	M	63		01:00:33	01:00:33	INDIVIDUAL
1320	253	ANDRÉ SALVADO	M	40		01:00:33	00:58:53	INDIVIDUAL
1321	591	PEDRO ALEXANDRE	M	38		01:00:33	00:59:06	MOVIMENTO
1322	865	CARLOS HENRIQUE	M	47		01:00:34	00:58:07	GD SANTANDER TOTTA
1323	894	CARLOS CUNHA	M	38		01:00:34	00:58:05	GD SANTANDER TOTTA
1324	1718	MANUEL SANTOS	M	40		01:00:35	00:59:23	SS MONTEPIO GERAL
1325	871	HELDER LOPES	M	46		01:00:35	00:58:06	GD SANTANDER TOTTA
1326	1951	JOÃO COSTA SECO	M	44		01:00:37	00:59:21	WEVENTUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1327	394	PATRICIA C C CAEIRO	F	43		01:00:37	00:58:57	C MILLENNIUM BCP
1328	212	CARLA TALAIA	F	37		01:00:38	00:58:22	Urban Trail Samora Correia
1329	589	CARLOS RODRIGUES	M	73		01:00:39	00:59:55	INDIVIDUAL
1330	2029	GIL FERREIRA	M	29		01:00:39	00:59:41	PAPA ASFALTO
1331	434	ANA MARTINS	F	44		01:00:43	01:00:04	INDIVIDUAL
1332	433	FERNANDO MARTINS	M	49		01:00:43	01:00:04	INDIVIDUAL
1333	1649	REGINA BADALO	F	50		01:00:44	00:58:59	ADCSA BALDIO
1334	524	JOÃO SANTOS	M	31		01:00:46	00:59:16	INDIVIDUAL
1335	1307	GABRIEL COSTA	M	43		01:00:46	00:59:17	INDIVIDUAL
1336	1736	ANTONIO BILA	M	58		01:00:48	00:58:45	GARMIN/ CO OEIRAS
1337	1766	JUERGEN LASS	M	53		01:00:51	00:59:53	INDIVIDUAL
1338	1085	SOFIA FORTE	F	43		01:00:55	01:00:55	INDIVIDUAL
1339	1807	ISABEL BUÉ	F	33		01:00:56	01:00:48	BUÉ DA SERRAS
1340	1343	DIOGO M LEITE	M	45		01:00:56	00:58:49	C COLAB AXA
1341	1308	PEDRO BAPTISTA	M	34		01:00:59	01:00:30	CASA DA DIZIMA
1342	1149	JOÃO BOUZA	M	40		01:01:03	00:58:45	INDIVIDUAL
1343	413	JORGE M G PIRES	M	60		01:01:05	01:00:08	INDIVIDUAL
1344	667	HELDER SILVA	M	34		01:01:06	00:59:37	INDIVIDUAL
1345	604	MARTA CARREIRA	F	35		01:01:06	00:59:37	CCD SIEMENS
1346	437	HUGO RIBEIRO	M	37		01:01:07	00:59:09	INDIVIDUAL
1347	1224	RUI DOMINGUES	M	50		01:01:07	01:00:14	SPEED OF YELLOW
1348	1666	ANA AZEVEDO	F	36		01:01:10	01:00:39	SS CGD
1349	177	LUIS ROSA	M	39		01:01:10	01:01:10	INDIVIDUAL
1350	994	ELSA SOARES	F	38		01:01:13	01:00:07	GD INE
1351	768	ANTÓNIO GUEDES	M	44		01:01:13	01:00:36	AÇOREANA C BANIF
1352	1559	RUI ALMEIDA	M	42		01:01:14	01:00:52	PASSO LENTO
1353	1255	ANA M GUIMARÃES	F	57		01:01:15	00:59:37	C COLAB AXA
1354	1263	MÓNICA T SOUSA	F	42		01:01:15	00:59:43	C COLAB AXA
1355	897	SALVADOR AFONSO	M	61		01:01:16	00:59:17	GD SANTANDER TOTTA
1356	1260	JOÃO P PINTO	M	46		01:01:17	00:59:38	C COLAB AXA
1357	1549	ANABELA SANTOS	F	45		01:01:17	01:00:19	CHAFARIZ RUNNING TEAM
1358	239	JOSE FERRABELO	M	61		01:01:17	00:59:57	ASAS
1359	1299	RUI VAZ	M	48		01:01:18	01:00:36	INDIVIDUAL
1360	866	CARLOS PEREIRA	M	44		01:01:18	00:59:19	GD SANTANDER TOTTA
1361	366	Mª TERESA A JANELA	F	57		01:01:19	01:01:05	C MILLENNIUM BCP
1362	881	LÍDIA LOPES	F	53		01:01:19	00:59:28	GD SANTANDER TOTTA
1363	868	DINIS SOUSA	M	74		01:01:19	00:59:29	GD SANTANDER TOTTA
1364	981	ALBERTO PINA	M	59		01:01:23	01:01:23	GD INE
1365	842	PEDRO C OLIVEIRA	M	44		01:01:24	00:59:44	ESTRATEGICO INTERNATIONAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1366	282	ELSA NUNES	F	42		01:01:26	00:59:44	INDIVIDUAL
1367	1267	JOAO LANDEIRO	M	68		01:01:26	00:59:48	INDIVIDUAL
1368	411	ROSA MARQUES	F	41		01:01:27	00:59:45	RUNÁSTICOS
1369	1206	PAULO ALVES	M	50		01:01:29	01:00:59	INDIVIDUAL
1370	1760	LUIS MIRANDA	M	55		01:01:31	01:00:19	TEJAVISTA
1371	476	EBERHARD A WILHELM	M	66		01:01:32	01:00:28	4 AO KM
1372	1708	CLAUDIA LEITAO	F	35		01:01:35	01:01:21	SS MONTEPIO GERAL
1373	342	LUIS A S JANUARIO	M	57		01:01:35	01:00:01	C MILLENNIUM BCP
1374	799	FERNANDO JESUS	M	40		01:01:35	01:00:51	EQUIPA DOS LENTOS
1375	1315	RUI EUZÉBIO	M	68		01:01:38	01:00:41	INDIVIDUAL
1376	1967	PEDRO ROCHA	M	41		01:01:38	00:59:07	INDIVIDUAL
1377	619	MIGUEL MONTEIRO	M	45		01:01:38	01:00:17	INDIVIDUAL
1378	300	JOÃO PERLEQUES	M	41		01:01:39	01:00:45	INDIVIDUAL
1379	301	MARTA CONCEIÇÃO	F	30		01:01:40	01:00:46	INDIVIDUAL
1380	1123	LUÍS SILVA	M	37		01:01:41	01:01:13	A CORRER POR TI
1381	460	NÁDIA LUCAS	F	22		01:01:41	01:00:17	BREAKAWAY
1382	1122	ANA S SILVA	F	32		01:01:41	01:01:13	A CORRER POR TI
1383	1121	ANA S SOUSA	F	28		01:01:41	01:01:13	A CORRER POR TI
1384	1833	CÁTIA MARRANITA	F	30		01:01:42	01:00:26	INDIVIDUAL
1385	1128	ANA BATISTA	F	39		01:01:42	00:59:39	INDIVIDUAL
1386	1371	DÁLIA LEITE	F	52		01:01:43	01:00:42	TEAM NETO
1387	1170	GORETI CABELEIRA	F	47		01:01:43	01:00:48	INDIVIDUAL
1388	2012	JOÃO M SANTOS	M	27		01:01:44	00:59:19	INDIVIDUAL
1389	1459	MICHAEL DICKINSON	M	30		01:01:44	00:59:20	INDIVIDUAL
1390	295	ANA FERNANDES	F	31		01:01:45	00:59:58	PACE.MAKERS
1391	769	SOFIA GUEDES	F	39		01:01:45	01:01:08	AÇOREANA C BANIF
1392	1286	PATRICIA SANTOS	F	30		01:01:49	00:59:47	ASAS NOS PÉS
1393	1706	ANA SARAMAGO	F	39		01:01:49	01:01:37	SS MONTEPIO GERAL
1394	1815	PEDRO RUSSIANO	M	26		01:01:52	00:59:16	GEEK N THE RUN
1395	76	EDUARDO GAMA	M	34		01:01:53	00:59:41	
1396	937	JOAQUIM J MONTEIRO	M	47		01:01:54	00:59:49	CLUBE NOVO BANCO
1397	1587	ALEXANDRA INÁCIO	F	41		01:01:56	00:59:59	CLUBE HERMES
1398	1067	RITA CASTRO	F	38		01:01:57	00:59:55	INDIVIDUAL
1399	1658	RICARDO COSTA	M	35		01:02:00	01:00:16	INDIVIDUAL
1400	1960	ABILIO MARCOS	M	50		01:02:04	01:01:38	GD CHELAS
1401	1425	SARA LOPES	F	29		01:02:05	01:00:11	INDIVIDUAL
1402	125	ALBERTO SILVA	M	35		01:02:05	01:00:41	AA LEBRES SADO
1403	234	BRUNO BAÍA	M	28		01:02:05	01:00:41	INDIVIDUAL
1404	1685	MARTA AFONSO	F	40		01:02:08	01:00:57	SS CGD

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1405	1095	GUYA ACCORNERO	F	38		01:02:10	01:00:51	BRETAGNE
1406	877	JOSÉ MONTEIRO	M	65		01:02:11	01:01:45	GD SANTANDER TOTTA
1407	1338	PEDRO SÉRGIO	M	47		01:02:11	01:01:40	CCD CA MÚTUO
1408	336	LEONEL F G BRANDAO	M	47		01:02:12	01:01:35	C MILLENNIUM BCP
1409	1294	GABRIEL ANTONIO	M	51		01:02:13	01:00:01	URD ARRANHÒ
1410	1669	ANTONIO FONSECA	M	45		01:02:14	01:01:34	SS CGD
1411	1894	ANA FANECA	F	42		01:02:15	00:59:41	INDIVIDUAL
1412	839	NUNO JESUS	M	37		01:02:15	01:00:35	INDIVIDUAL
1413	838	ELISABETE PINHEL	F	41		01:02:15	01:00:35	INDIVIDUAL
1414	1094	FRÉDÉRIC VIDAL	M	43		01:02:16	01:00:56	BRETAGNE
1415	985	BARBARA VELOSO	F	35		01:02:17	01:01:12	GD INE
1416	1251	MARIA QUITÉRIA	F	41		01:02:18	01:01:13	ALGYMNS
1417	767	MÓNICA QUARENTA	F	41		01:02:18	01:01:53	AÇOREANA C BANIF
1418	593	ANA GABRIEL	F	31		01:02:21	01:01:22	TRIPLO A
1419	1544	FERNANDA CRUZ	F	41		01:02:21	01:01:27	EVOLUTION
1420	592	ANDRÉ RIO	M	37		01:02:21	01:01:23	TRIPLO A
1421	87	JOSE LUIS	M	39		01:02:22	00:59:39	
1422	2005	LUÍS CUNHA	M	52		01:02:22	01:00:21	INDIVIDUAL
1423	86	RICARDO FERNANDES	M	32		01:02:22	00:59:41	
1424	908	RAQUEL MENDES	F	36		01:02:28	01:00:59	INDIVIDUAL
1425	909	MANUEL MENDES	M	63		01:02:29	01:00:57	INDIVIDUAL
1426	1360	GLEYSOON FELIX	M	36		01:02:29	01:01:48	JOGGING4FUN
1427	938	CARLOS CARITA	M	56		01:02:31	01:01:28	CLUBE NOVO BANCO
1428	970	ANTONIO ALVES	M	52		01:02:32	01:01:07	MARRIOTT LISBOA
1429	374	LEONEL C FERREIRINHA	M	66		01:02:34	01:01:50	C MILLENNIUM BCP
1430	320	NUNO HILÁRIO	M	35		01:02:34	01:01:46	INDIVIDUAL
1431	1989	MANUEL REBELO	M	36		01:02:34	01:01:47	INDIVIDUAL
1432	1508	PEDRO BATISTA	M	33		01:02:35	01:02:01	INDIVIDUAL
1433	368	RODOLFO J C LIMA	M	47		01:02:35	01:01:12	C MILLENNIUM BCP
1434	885	LUIS SILVA	M	72		01:02:39	01:00:55	GD SANTANDER TOTTA
1435	1939	NUNO MENDES	M	47		01:02:42	01:02:42	INDIVIDUAL
1436	77	ANA ANDRADE	F	38		01:02:43	01:00:43	
1437	2008	ANTONIO CUNHA	M	46		01:02:43	01:02:22	INDIVIDUAL
1438	1268	VITOR FELÍCIO	M	37		01:02:44	01:01:16	MOVIMENTO
1439	1091	ANA BAPTISTA	F	34		01:02:44	01:02:38	LUSO-ATLANTICA
1440	94	ELISABETE AGUIAR	F	45		01:02:46	01:00:27	C FERROV PORTUGAL
1441	1350	ANDRÉ SOUSA	M	23		01:02:46	01:00:27	INDIVIDUAL
1442	95	ANDRE SOUSA	M	23		01:02:46	01:00:27	C FERROV PORTUGAL
1443	436	ALBERTO SOARES	M	53		01:02:47	01:02:36	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1444	1521	ELISABETE AGUIAR	F	45		01:02:47	01:00:28	INDIVIDUAL
1445	568	LÚCIA CARVALHO	F	50		01:02:48	01:02:04	FALCOES SELVAGENS
1446	1836	HUGO CARDOSO	M	29		01:02:52	00:59:53	GROUP TRAINING
1447	635	JOSÉ RODRIGUES	M	62		01:02:52	01:02:52	CLUBE ROBBIALAC
1448	1443	MANUEL TEIXEIRA	M	60		01:02:53	01:01:25	OS PATRICIOS
1449	2031	LUÍS CHARRÉU	M	44		01:02:56	01:02:56	APE - PILÕES DO MONTE
1450	1305	CATARINA PAULINO	F	36		01:02:56	01:02:46	CA AMIGOS PARQUE PAZ
1451	941	FERNANDO FILIPE	M	46		01:02:56	01:02:40	CLUBE NOVO BANCO
1452	1859	ANA MIRANDA	F	42		01:02:56	01:02:45	INDIVIDUAL
1453	1041	ALEXANDRA CARDÃO	F	52		01:02:58	01:01:14	CORRER PARA VIVER MAIS
1454	1401	CARLOS FERREIRA	M	50		01:02:58	01:00:49	CÂMARA L CLUBE
1455	408	LUÍS COSTA	M	29		01:03:00	01:01:44	CONTA - KILÓMETROS
1456	1543	SILVIA CINTRA	F	39		01:03:04	01:02:11	EVOLUTION
1457	198	RUI VARELA	M	41		01:03:06	01:00:43	INDIVIDUAL
1458	499	EVA M C CAETANO	F	33		01:03:08	01:02:01	INDIVIDUAL
1459	830	EDUARDO DIAS	M	29		01:03:10	01:00:41	FAST TURTLES
1460	152	ROMÃO A R MOITA	M	51		01:03:12	01:00:33	OS TOLOS
1461	1757	JOSE AZURARA	M	56		01:03:15	01:01:48	TEJAVISTA
1462	1758	MARIO SILVA	M	53		01:03:15	01:01:51	TEJAVISTA
1463	699	Mª JOÃO F SIMÕES	F	46		01:03:18	01:01:26	INDIVIDUAL
1464	1614	JOANA PEREIRA	F	28		01:03:19	01:00:34	TUNHOS
1465	1613	NUNO PRADO	M	29		01:03:20	01:00:34	TUNHOS
1466	184	RUI COSTA	M	39		01:03:21	01:01:37	INDIVIDUAL
1467	185	CARLA COSTA	F	38		01:03:25	01:01:41	INDIVIDUAL
1468	1484	ALEXANDRA FERNANDES	F	34		01:03:31	01:01:56	FALCOES SELVAGENS
1469	1824	MIGUEL SANTOS	M	20		01:03:35	01:01:39	BEACH RUNNERS
1470	717	EMA FONSECA	F	39		01:03:35	01:02:54	MOVE_GROUP
1471	1472	AMÉRICO LOPES	M	51		01:03:37	01:01:37	ÁGUIAS DA CAPARICA
1472	1601	ALEXANDRA SOUSA	F	33		01:03:38	01:02:48	MOVET
1473	521	ANDREIA CÂNDIDO	F	32		01:03:38	01:01:44	BEACH RUNNERS
1474	1636	HENRIQUE VILHENA	M	58		01:03:38	01:01:23	INDIVIDUAL
1475	1879	FERNANDO VAQUEIRO	M	33		01:03:39	01:01:55	INDIVIDUAL
1476	1505	ANA SOUSA	F	33		01:03:39	01:02:11	INDIVIDUAL
1477	261	JOÃO MÁRTIRES	M	49		01:03:40	01:01:49	CLUBE ANACOM
1478	1220	ANTÓNIO J A CUNHA	M	49		01:03:41	01:01:49	INDIVIDUAL
1479	260	ISABEL RODRIGUES	F	48		01:03:41	01:01:51	CLUBE ANACOM
1480	813	ANA ISABEL MARQUES	F	45		01:03:43	01:02:20	INDIVIDUAL
1481	1702	MARTA MENDES	F	37		01:03:43	01:02:25	NS COSTA CAPARICA
1482	1249	ARTUR DINIS	M	57		01:03:46	01:03:19	ALGYMNS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1483	1691	PEDRO CAVALHEIRO	M	42		01:03:47	01:02:06	SS CGD
1484	1058	CARLOS VIEGAS	M	56		01:03:48	01:02:00	GDCT UNICRE
1485	2010	JOÃO GOMES	M	45		01:03:51	01:01:28	INDIVIDUAL
1486	386	FERNANDO DOMINGUES	M	59		01:03:53	01:02:56	C MILLENNIUM BCP
1487	832	LILIANA LOPES	M	31		01:03:57	01:01:31	FAST TURTLES
1488	831	MÁRIO DIAS	M	32		01:03:57	01:01:30	FAST TURTLES
1489	84	RUI RAPOSO	M	51		01:03:58	01:02:27	
1490	1779	GUSTAVO VERÍSSIMO	M	41		01:04:02	01:01:56	INDIVIDUAL
1491	263	SÉRGIO ANTUNES	M	47		01:04:02	01:03:14	CLUBE ANACOM
1492	710	DOMINGAS MÓNICA	F	56		01:04:02	01:02:50	INDIVIDUAL
1493	262	ROSÁRIO MATOS	F	47		01:04:03	01:03:15	CLUBE ANACOM
1494	1429	PEDRO PEREIRA	M	37		01:04:05	01:02:05	INDIVIDUAL
1495	620	PEDRO ANDRADE	M	36		01:04:06	01:02:48	SALVATERRA NIGHT RUNNERS
1496	1028	Mª HELENA BISPO	F	43		01:04:06	01:02:43	INDIVIDUAL
1497	621	MARIANELA ANDRADE	F	36		01:04:06	01:02:49	SALVATERRA NIGHT RUNNERS
1498	163	LURDES ALVES	F	58		01:04:07	01:03:36	INDIVIDUAL
1499	379	PATRICIA A C DINIS	F	46		01:04:07	01:02:42	C MILLENNIUM BCP
1500	378	JOAO M M SEBORRO	M	48		01:04:07	01:02:41	C MILLENNIUM BCP
1501	1775	SUSANA PALMA	F	38		01:04:09	01:03:11	CP IVA
1502	459	OLIVIA LUCAS	F	49		01:04:09	01:02:44	BREAKAWAY
1503	1771	ALTINO SILVA	M	70		01:04:09	01:03:10	CP IVA
1504	1455	SANDRA SOUSA	F	37		01:04:10	01:02:15	INDIVIDUAL
1505	1880	SÉRGIO MARTINHO	M	34		01:04:10	01:02:25	INDIVIDUAL
1506	893	PAULA SAPINA	F	44		01:04:10	01:01:42	GD SANTANDER TOTTA
1507	538	ISABEL C FILIPE	F	56		01:04:10	01:02:14	CP EDP LISBOA
1508	943	ISMAEL TEIXEIRA	M	40		01:04:11	01:03:38	CLUBE NOVO BANCO
1509	1928	RICARDO ANDRÉ	M	31		01:04:11	01:02:25	DRINKING TEAM
1510	1088	ANA SEABRA	F	49		01:04:15	01:03:06	AERO RUNNERS
1511	1548	SÓNIA ENVIA	F	38		01:04:17	01:03:19	CHAFARIZ RUNNING TEAM
1512	309	CARLA DIAS	F	30		01:04:22	01:02:34	PACE.MAKERS
1513	1358	HELGA FERREIRA	F	36		01:04:22	01:02:21	INDIVIDUAL
1514	1127	CECÍLIA R C C DIAS	F	38		01:04:22	01:02:21	INDIVIDUAL
1515	1972	MARIO F FERREIRA	M	53		01:04:29	01:03:52	INDIVIDUAL
1516	464	RUI GONÇALVES	M	42		01:04:32	01:03:18	BREAKAWAY
1517	266	CARLOS RENTE	M	40		01:04:34	01:03:55	INDIVIDUAL
1518	1719	MANUEL NARCISO	M	50		01:04:36	01:03:25	SS MONTEPIO GERAL
1519	1057	EDUARDO CARDOSO	M	45		01:04:36	01:02:47	GDCT UNICRE
1520	1061	ANA MADEIRA	F	41		01:04:36	01:02:46	GDCT UNICRE
1521	1801	ELISABETH LOUREIRO	F	56		01:04:36	01:03:06	SC CASAINHOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1522	1185	ANTONIO GASPAR	M	71		01:04:37	01:03:05	GDCT IN CASA MOEDA
1523	1844	GONALO SOUSA	M	24		01:04:37	01:02:29	LEBRES E TARTARUGAS
1524	82	ANABELA SILVA	F	34		01:04:38	01:03:27	
1525	1186	ANTONIO NASCIMENTO	M	74		01:04:38	01:02:24	GDCT IN CASA MOEDA
1526	872	HERLANDER BRAZ	M	55		01:04:39	01:02:33	GD SANTANDER TOTTA
1527	1557	CATARINA SIMAO	F	35		01:04:39	01:04:17	INDIVIDUAL
1528	1454	FERNANDA ROXO	F	40		01:04:41	01:04:06	INDIVIDUAL
1529	1345	CÉLIA CARVALHO	F	33		01:04:42	01:03:36	CCD-AT
1530	826	MÁRIO GONALVES	M	67		01:04:44	01:03:41	CA AMIGOS PARQUE PAZ
1531	802	ANA BORGES	F	37		01:04:49	01:02:40	INDIVIDUAL
1532	1656	MAGDA VERISSIMO	F	26		01:04:50	01:02:37	INDIVIDUAL
1533	1627	ANA PEDRO	F	42		01:04:54	01:02:53	ANESTESIA PURA
1534	501	ANTONIO ALVES	M	59		01:04:58	01:04:45	ODEBRECHT PORTUGAL
1535	256	ANTÓNIO DOMINGOS	M	67		01:04:59	01:02:32	INDIVIDUAL
1536	1754	DANIELA MOURA	F	54		01:05:02	01:03:37	TEJAVISTA
1537	718	DANIELA SANTOS	F	37		01:05:02	01:04:21	MOVE_GROUP
1538	889	PAULA FIGUEIREDO	F	57		01:05:10	01:05:10	GD SANTANDER TOTTA
1539	1998	MARIA CORDOIEIRO	F	34		01:05:16	01:03:13	INDIVIDUAL
1540	632	MARTA MARQUES	F	26		01:05:19	01:04:23	INDIVIDUAL
1541	1411	PAULA SILVA	F	51		01:05:21	01:05:21	CÂMARA L CLUBE
1542	755	CARLOS M F ELIAS	M	45		01:05:21	01:03:04	INDIVIDUAL
1543	85	RITA RAPOSO	F	18		01:05:21	01:03:50	
1544	1620	MADALENA ALVES	F	21		01:05:23	01:02:54	INDIVIDUAL
1545	1621	PATRÍCIA SOUSA	F	33		01:05:24	01:02:55	INDIVIDUAL
1546	424	MANUEL AUGUSTO	M	76		01:05:25	01:02:45	OUR ESPIRITO SANTO
1547	183	CESAR GUERRA	M	45		01:05:26	01:03:50	CTJ
1548	1555	RICARDO COSTA	M	33		01:05:28	01:05:08	DA COSTA
1549	939	CÁTIA ANASTÁCIO	F	32		01:05:28	01:05:09	CLUBE NOVO BANCO
1550	1556	LUIS COSTA	M	60		01:05:29	01:05:12	DA COSTA
1551	562	ROSA BANON	F	60		01:05:29	01:04:56	AMINHACORRIDA/ SKECHERS
1552	1039	RAFAEL ROQUE	M	34		01:05:29	01:04:00	INDIVIDUAL
1553	1040	ANA CANTANHEDE	F	34		01:05:29	01:04:02	INDIVIDUAL
1554	880	SUSANA GUERREIRO	F	38		01:05:30	01:03:47	GD SANTANDER TOTTA
1555	1202	ANA ALVES	F	30		01:05:34	01:03:31	INDIVIDUAL
1556	1234	TÂNIA ARAÚJO	F	28		01:05:35	01:03:37	SPEED OF YELLOW
1557	661	JOAO C BARBOSA	M	54		01:05:35	01:04:37	CCDT METRO LX
1558	1392	SÉRGIO P BRÁS	M	49		01:05:39	01:04:09	INDIVIDUAL
1559	924	ANA SOFIA PIRES	F	26		01:05:39	01:04:09	INDIVIDUAL
1560	137	JORGE CEREJEIRA	M	47		01:05:42	01:04:47	KLENTOS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1561	1473	JOÃO PINTO	M	57		01:05:43	01:03:44	ÁGUIAS DA CAPARICA
1562	380	BRUNO F G SANTOS	M	41		01:05:47	01:03:38	C MILLENNIUM BCP
1563	365	AURELIO M R SILVA	M	47		01:05:48	01:03:38	C MILLENNIUM BCP
1564	1449	MARTA GOMES	F	24		01:05:49	01:03:34	FAST AND (NOT SO) FURIOUS
1565	1448	MARIANA GOMES	F	17		01:05:49	01:03:34	FAST AND (NOT SO) FURIOUS
1566	1904	RICARDO PEREIRA	M	35		01:05:49	01:05:05	SL CAMPOLIDE
1567	1908	JOAQUIM CORREIA	M	53		01:05:49	01:04:31	SL CAMPOLIDE
1568	224	ORLANDO RODRIGUES	M	49		01:05:57	01:05:08	INDIVIDUAL
1569	2017	PAULO LOUREIRO	M	43		01:05:58	01:03:59	LUSOCARGO
1570	895	RITA RAMOS	F	35		01:05:58	01:03:28	GD SANTANDER TOTTA
1571	1902	FELICIANA FERREIRA	F	51		01:06:00	01:04:52	CAPARICA FC
1572	1900	PAULO RISO	M	46		01:06:00	01:04:52	CAPARICA FC
1573	1393	MONICA I O F DIAS	F	39		01:06:02	01:03:58	INDIVIDUAL
1574	174	CATARINA GIL	F	40		01:06:08	01:04:26	PUMP RUNNERS
1575	364	JORGE H A COLACO	M	54		01:06:09	01:04:16	C MILLENNIUM BCP
1576	775	ANA CANAVEIRA	F	47		01:06:09	01:05:33	AÇOREANA C BANIF
1577	348	HENRIQUE A S ALVES	M	52		01:06:09	01:04:27	C MILLENNIUM BCP
1578	1461	JULIA CALISTO	F	51		01:06:13	01:04:41	INDIVIDUAL
1579	1412	ANABELA MEIA-VIA	F	46		01:06:13	01:04:34	CÂMARA L CLUBE
1580	1552	EDUARDO ALVES	F	37		01:06:15	01:05:13	CHAFARIZ RUNNING TEAM
1581	1212	NIDIA SILVA	F	59		01:06:21	01:05:29	INDIVIDUAL
1582	1062	CLAUDIA MORGADO	F	47		01:06:24	01:04:35	GDCT UNICRE
1583	738	MARCO M SILVA	M	40		01:06:25	01:04:32	TUBARÕES DO ASFALTO
1584	1242	MANUELA FERNANDES	F	44		01:06:25	01:05:17	SPEED OF YELLOW
1585	739	GONÇALO CRUZ	M	40		01:06:25	01:04:33	TUBARÕES DO ASFALTO
1586	1574	ANTONIO MOURA	M	58		01:06:26	01:04:54	CA VALE FIGUEIRA
1587	485	JOANA LANÇA	F	34		01:06:29	01:05:05	MOVIMENTO
1588	530	JOSÉ AFONSO	M	62		01:06:30	01:06:04	INDIVIDUAL
1589	523	ALEXANDRE CARVALHO	M	34		01:06:30	01:04:23	BEACH RUNNERS
1590	2037	RITA CASIMIRO	F	23		01:06:30	01:04:39	INDIVIDUAL
1591	664	ORLANDO SOUSA	M	52		01:06:34	01:04:23	CCDT METRO LX
1592	658	FERNANDO C FERNANDES	M	62		01:06:37	01:04:25	CCDT METRO LX
1593	1795	ANA SILVA	F	41		01:06:38	01:03:42	4CLIENT
1594	822	TERESA AFONSO	F	45		01:06:39	01:05:00	SUNSET GYM
1595	649	BRUNO COIMBRA	M	39		01:06:39	01:05:02	SUNSET GYM
1596	1180	ANTÓNIO LOPES	M	65		01:06:41	01:04:18	CCD EFACEC LX
1597	1179	JULIO FARIA	M	47		01:06:42	01:04:18	CCD EFACEC LX
1598	1578	FRANCISCO CASACA	M	75		01:06:43	01:04:34	CA VALE FIGUEIRA
1599	316	RITA NEVES	F	28		01:06:44	01:05:00	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1600	704	LUIS GUERREIRO	M	43		01:06:45	01:04:25	TC RUNNERS
1601	1752	CARLOS TEIXEIRA	M	53		01:06:47	01:06:47	TEJAVISTA
1602	1847	MARIA HENRIQUES	F	25		01:06:49	01:05:18	INDIVIDUAL
1603	2035	RUTE CASIMIRO	F	35		01:06:50	01:04:58	INDIVIDUAL
1604	1082	SARA SEMIÃO	F	21		01:06:51	01:06:19	INDIVIDUAL
1605	1704	ANTONIO ADENDO	M	43		01:06:55	01:05:47	NS COSTA CAPARICA
1606	1994	CATARINA REIS	F	40		01:06:55	01:05:10	INDIVIDUAL
1607	1703	JOAO SIMOES	M	69		01:06:55	01:05:44	NS COSTA CAPARICA
1608	1993	MAURÍCIO MARQUES	M	40		01:06:55	01:05:10	INDIVIDUAL
1609	1538	JOANA D CHOURIÇO	F	51		01:06:58	01:06:39	INDIVIDUAL
1610	1485	ANTONIO MARTINS	M	50		01:07:01	01:04:49	INDIVIDUAL
1611	1172	MAFALDA COSTA	F	47		01:07:03	01:06:06	KLENTOS
1612	720	ANABELA LOPES	F	40		01:07:05	01:06:25	MOVE_GROUP
1613	196	RITA DEUS	F	35		01:07:06	01:04:52	ECORUNNERS
1614	1503	SOFIA LEITÃO	F	40		01:07:08	01:04:36	INDIVIDUAL
1615	1796	MARINA LOPES	F	37		01:07:08	01:04:13	4CLIENT
1616	1531	JOSÉ GONÇALVES	M	63		01:07:08	01:06:50	CCDT AUT ALMADA
1617	122	JOHNNY THOMASSEN	M	54		01:07:11	01:05:06	INDIVIDUAL
1618	576	PAULO MORGADO	M	36		01:07:15	01:05:23	INDIVIDUAL
1619	1709	FILIPA ALMEIDA	F	40		01:07:19	01:07:05	SS MONTEPIO GERAL
1620	1715	LUIS FARINHA	M	46		01:07:21	01:06:28	SS MONTEPIO GERAL
1621	967	MÓNICA HENRIQUES	F	26		01:07:25	01:05:42	AZEITÃO NIGHT RUNNERS
1622	1968	Mª FERNANDES M CONDECO	F	51		01:07:26	01:06:36	INDIVIDUAL
1623	286	NUNO MARCELINO	M	38		01:07:28	01:05:01	MJM SUCURSAL PORTUGAL
1624	719	GRAÇA CONDE	F	43		01:07:29	01:06:48	MOVE_GROUP
1625	1243	NANCY ALMEIDA	F	41		01:07:30	01:06:22	SPEED OF YELLOW
1626	294	JOAQUIM SANTOS	M	54		01:07:31	01:05:54	CLUBE NAVAL LISBOA
1627	218	ORLANDO SILVA	M	62		01:07:31	01:05:56	SANTOS & SILVA
1628	624	ANA SOFIA ALVES	F	34		01:07:38	01:05:19	TC RUNNERS
1629	1104	ANA ALMEIDA	F	37		01:07:39	01:06:09	SPORTINGS ALMEIDA
1630	371	ANTONIO J D SANTOS	M	55		01:07:42	01:06:28	C MILLENNIUM BCP
1631	1364	MATILDE MENAS	F	18		01:07:53	01:06:48	INDIVIDUAL
1632	120	RUI MENAS	M	37		01:07:53	01:06:49	CLUBE VODAFONE
1633	999	JOAO FRIAS	M	60		01:07:56	01:07:08	GD INE
1634	1200	VITOR CARDOSO	M	37		01:08:03	01:08:03	GDCT IN CASA MOEDA
1635	425	ANTONIO MARTINHO	M	63		01:08:03	01:06:44	GDCT REPSOL
1636	1533	MARIA BARROSO	F	53		01:08:03	01:07:45	CCDT AUT ALMADA
1637	113	PEDRO CORREIA	M	20		01:08:04	01:05:35	OS AZEITEIROS
1638	791	RAFAELA RAFAEL	F	28		01:08:08	01:05:48	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1639	976	SANDRA CAMPANIÇO	F	33		01:08:09	01:07:02	PERNAS DE GAFANHOTO
1640	1301	CARLOS CAPELO	M	40		01:08:13	01:06:48	OS CARACOIS FURIOSOS
1641	1258	CATARINA M FIGUEIRA	F	36		01:08:13	01:06:48	C COLAB AXA
1642	1264	PAULO J PAIXÃO	M	40		01:08:13	01:06:46	C COLAB AXA
1643	1857	FRANCISCO BORRALHO	M	56		01:08:13	01:07:11	RUNNINGCLUB DO CCD-AT
1644	1619	CLÁUDIA VASQUES	F	32		01:08:24	01:06:44	SUNSET GYM
1645	1051	MIGUEL ESTEVES	M	44		01:08:31	01:06:54	RUN BUDDY RUN
1646	1072	FRANCISCO FERREIRA	M	60		01:08:33	01:08:07	CCD EFACEC LX
1647	102	MARIO PIRES	M	55		01:08:37	01:07:10	INDIVIDUAL
1648	1806	CLÁUDIA ANDRÉ	F	38		01:08:39	01:08:15	SC CASAINHOS
1649	643	GRAÇA C PEREIRA	F	46		01:08:39	01:06:58	SUNSET GYM
1650	428	CARLOS CARMO	M	61		01:08:40	01:07:21	GDCT REPSOL
1651	1639	Mª INÊS G S CESÁRIO	F	49		01:08:45	01:08:06	INDIVIDUAL
1652	545	SUSANA PALMA	F	39		01:08:51	01:07:59	INDIVIDUAL
1653	1922	JOANA LEITE	F	24		01:08:53	01:07:48	BFF NEIGHBORS
1654	713	LUIS MOURA	M	52		01:08:53	01:06:41	NA BDF
1655	303	PEDRO LEITÃO	M	32		01:08:55	01:07:21	JD ALHANDRENSE
1656	1921	TERESA LEITE	F	46		01:08:59	01:08:23	BFF NEIGHBORS
1657	1463	JOAQUIM FARINHA	M	60		01:09:00	01:08:39	CORREDORES R CORGAS
1658	1032	NUNO GRANDÃO	M	42		01:09:02	01:07:06	INDIVIDUAL
1659	916	JOAQUIM PEREIRA	M	75		01:09:03	01:08:17	AA LEBRES SADO
1660	669	SANDRA M NUNES	F	37		01:09:04	01:07:56	INDIVIDUAL
1661	622	Mª JOSE TEIXEIRA	F	44		01:09:05	01:08:09	GDCT REPSOL
1662	155	MARLAINE SILVA	F	39		01:09:07	01:06:58	INDIVIDUAL
1663	358	FERNANDO H R FERREIRA	M	68		01:09:07	01:08:30	C MILLENNIUM BCP
1664	370	PEDRO A A PIRES	M	47		01:09:08	01:07:26	C MILLENNIUM BCP
1665	156	CARLOS SILVA	M	36		01:09:08	01:06:58	INDIVIDUAL
1666	1324	JOAO GRAÇA	M	75		01:09:10	01:07:32	ND AUTOCOOPE
1667	1349	JOSÉ SALVADOR	M	65		01:09:25	01:06:47	INDIVIDUAL
1668	1018	FERNANDO C MARQUES	M	51		01:09:29	01:08:48	INDIVIDUAL
1669	1331	VÂNIA MUGE	F	27		01:09:29	01:08:28	INDIVIDUAL
1670	2003	ANA BORGES	F	37		01:09:29	01:08:53	INDIVIDUAL
1671	310	FERNANDO SILVA	M	53		01:09:30	01:07:42	PACE.MAKERS
1672	250	IZABELLE GABRIELI	F	41		01:09:30	01:07:42	PACE.MAKERS
1673	1802	SARA LOUREIRO	F	26		01:09:30	01:08:00	SC CASAINHOS
1674	275	ISABEL COELHO	F	49		01:09:32	01:08:33	INDIVIDUAL
1675	1355	CLAUDIA OLIVEIRA	F	31		01:09:33	01:08:30	RUNNINGCLUB DO CCD-AT
1676	1157	MARIA MARTINS	F	44		01:09:35	01:08:21	INDIVIDUAL
1677	788	ARMANDINA A PINA	F	29		01:09:45	01:08:42	CCD-AT

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1678	869	FÁBIO DIAS	M	43		01:09:50	01:09:21	GD SANTANDER TOTTA
1679	1870	ORLANDA MARTINS	F	43		01:09:50	01:08:43	WEVENTUAL
1680	1184	ANA SANTOS	F	40		01:09:50	01:08:43	GDCT IN CASA MOEDA
1681	1460	NUNO MARES	M	37		01:09:54	01:09:03	MOVET
1682	1468	TANIA TRINDADE	F	34		01:09:58	01:08:58	INDIVIDUAL
1683	1469	ELIA GRANJA	F	42		01:10:00	01:09:00	INDIVIDUAL
1684	2020	ISABEL VINAGRE	F	49		01:10:02	01:09:22	INDIVIDUAL
1685	350	DAVID M F JORGE	M	28		01:10:04	01:08:13	C MILLENNIUM BCP
1686	1924	GONÇALO GODINHO	M	21		01:10:17	01:09:41	BFF NEIGHBORS
1687	1883	VITOR G T SILVA	M	32		01:10:20	01:07:53	INDIVIDUAL
1688	1884	TÂNIA ABREU	F	27		01:10:20	01:07:54	INDIVIDUAL
1689	454	JOAQUIM F C PINTO	M	56		01:10:22	01:08:38	INDIVIDUAL
1690	138	MYRIAM CARREIRA	F	47		01:10:25	01:09:29	KLENTOS
1691	1610	PEDRO ANTUNES	M	27		01:10:27	01:08:21	LEBRES E TARTARUGAS
1692	1780	FERNANDO SANTOS	M	68		01:10:34	01:09:18	CP IVA
1693	2033	PEDRO RIJO	M	18		01:10:35	01:09:26	CAPARICA FC
1694	1901	PAULO FERREIRA	M	48		01:10:38	01:09:31	CAPARICA FC
1695	1207	ISABEL CALDEIRA	F	42		01:10:38	01:10:08	INDIVIDUAL
1696	231	JONANA CONCEIÇÃO	F	24		01:10:57	01:10:31	INDIVIDUAL
1697	390	MIGUEL C S CARVALHO	M	19		01:10:59	01:09:02	C MILLENNIUM BCP
1698	1981	JOSÉ CUSTÓDIO	F	36		01:11:02	01:08:11	INDIVIDUAL
1699	1423	PEDRO PIRES	M	26		01:11:06	01:08:26	INDIVIDUAL
1700	1589	ALEXANDRE SOARES	M	41		01:11:06	01:09:10	INDIVIDUAL
1701	506	LUISA ALVES	F	34		01:11:09	01:10:56	ODEBRECHT PORTUGAL
1702	1597	MARTINHO ROQUE	M	46		01:11:09	01:08:58	INDIVIDUAL
1703	1422	NUNO PIRES	M	40		01:11:11	01:08:29	INDIVIDUAL
1704	639	MIGUEL SILVA	M	40		01:11:21	01:11:01	CLUBE ROBBIALAC
1705	1793	MARIA LIMA	F	59		01:11:27	01:09:59	LASURENA
1706	1084	CRISTINA BARATA	F	37		01:11:27	01:10:32	INDIVIDUAL
1707	1100	SOFIA CANDEIAS	F	36		01:11:32	01:09:59	INDIVIDUAL
1708	1269	JOSÉ REGO	M	40		01:11:35	01:10:02	MOVIMENTO
1709	898	SHEILA CANTIGA	F	38		01:11:46	01:10:18	GD SANTANDER TOTTA
1710	235	RUI VIEIRA	M	39		01:11:46	01:10:17	INDIVIDUAL
1711	859	ALEXANDRE CANTIGA	M	39		01:11:47	01:10:19	GD SANTANDER TOTTA
1712	1068	ANTÓNIO MARQUES	M	68		01:12:00	01:11:34	BICUDA
1713	1192	MIGUEL FRAGA	M	44		01:12:02	01:11:10	GDCT IN CASA MOEDA
1714	1931	ANA SÁ	F	27		01:12:05	01:10:48	INDIVIDUAL
1715	1046	ALEXANDRE VILÃO	M	31		01:12:06	01:10:49	INDIVIDUAL
1716	725	EDUARDO RODRIGUES	M	32		01:12:13	01:11:53	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1717	1516	JOÃO AFONSO	M	48		01:12:14	01:11:38	INDIVIDUAL
1718	1362	SÍLVIA TEIXEIRA	F	28		01:12:15	01:10:20	INDIVIDUAL
1719	888	MARIA GERTRUDES	F	66		01:12:15	01:10:38	GD SANTANDER TOTTA
1720	1964	LÚCIA CAVALEIRO	F	37		01:12:17	01:11:06	AERO RUNNERS
1721	1839	CARLOS SANTOS	M	36		01:12:18	01:12:18	100 STRESS
1722	1777	MONICA RIBEIRO	F	36		01:12:25	01:09:28	4CLIENT
1723	1835	JOSÉ LUÍS SILVA	M	41		01:13:05	01:12:06	RUNNINGCLUB DO CCD-AT
1724	1834	MÁRCIA VILARINHO	F	41		01:13:05	01:12:06	RUNNINGCLUB DO CCD-AT
1725	1514	LÍGIA MARCELINO	F	41		01:13:13	01:11:38	FALCOES SELVAGENS
1726	1604	ANA MESTRE	F	41		01:13:14	01:11:25	EDP RUNNERS
1727	1201	TIAGO ALVES	M	30		01:13:22	01:11:19	INDIVIDUAL
1728	1825	SOFIA CARNEIRO	F	31		01:13:30	01:11:43	BEACH RUNNERS
1729	1748	PEDRO DELGADO	M	66		01:13:33	01:12:08	TEJAVISTA
1730	892	NUNO CARVALHO	M	39		01:13:34	01:12:07	GD SANTANDER TOTTA
1731	899	SOLANGE FIGUEIRA	F	37		01:13:34	01:12:07	GD SANTANDER TOTTA
1732	445	SANDRA SERENO	F	46		01:13:42	01:13:16	INDIVIDUAL
1733	2002	FERNANDO ALMEIDA	M	47		01:13:42	01:13:15	INDIVIDUAL
1734	1415	GUILHERMINA GOMES	F	64		01:13:43	01:13:07	ACR ESPINHEIRENSE
1735	313	ANA SEQUEIRA	F	36		01:13:44	01:11:29	Urban Trail Samora Correia
1736	193	MARCO BRITO	M	38		01:13:50	01:11:45	3 QUENIANOS E 1 JAMAICANO
1737	192	PAULO PEREIRA	M	38		01:13:51	01:11:43	3 QUENIANOS E 1 JAMAICANO
1738	349	ANTONIO M B JORGE	M	51		01:13:54	01:12:03	C MILLENNIUM BCP
1739	659	GUALDINO G FREIRE	M	69		01:13:59	01:13:01	CCDT METRO LX
1740	1550	CLAÚDIA ENVIA	F	34		01:14:04	01:13:06	CHAFARIZ RUNNING TEAM
1741	140	RUI DURO	M	42		01:14:05	01:12:39	WALK&RUN4FUN
1742	1729	HELENA CARVALHO	F	34		01:14:09	01:13:58	SS MONTEPIO GERAL
1743	339	JOANA S COSTA	F	26		01:14:26	01:12:41	C MILLENNIUM BCP
1744	821	TERESA GRAY	F	50		01:14:32	01:12:46	CCD TRANQUILIDADE
1745	1055	ANGELA MORAIS	F	36		01:14:35	01:12:05	INDIVIDUAL
1746	1871	CARLA FERREIRA	F	38		01:14:41	01:14:29	FALCOES SELVAGENS
1747	417	RUI OLIVEIRA	M	51		01:14:41	01:14:30	FALCOES SELVAGENS
1748	551	NATALIA DUARTE	F	58		01:14:55	01:14:13	SAPATISTAS
1749	1759	Mª CONCEIÇÃO PALMA	F	48		01:14:56	01:13:37	TEJAVISTA
1750	1774	RICARDO CALDEIRA	M	38		01:14:56	01:14:56	CP IVA
1751	1995	BRUNO ROQUE	M	38		01:15:01	01:15:01	INDIVIDUAL
1752	1996	MAFALDA PIRES	F	33		01:15:03	01:15:03	INDIVIDUAL
1753	1132	SANDRO AZEVEDO	M	30		01:15:03	01:12:32	INDIVIDUAL
1754	1244	NICOLAS NORIEGA	M	26		01:15:07	01:12:56	SPEED OF YELLOW
1755	439	RITA LOURENCO	F	38		01:15:12	01:13:30	ASIA

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1756	596	HELENA FRANCO	F	41		01:15:18	01:13:43	INDIVIDUAL
1757	595	JOAO NOGUEIRA	M	50		01:15:19	01:13:44	INDIVIDUAL
1758	1204	INES BASCUINHO	F	27		01:15:31	01:11:18	INDIVIDUAL
1759	1329	PEDRO QUIRINO	M	32		01:15:32	01:11:18	INDIVIDUAL
1760	829	FILOMENA PASSOS	F	44		01:15:41	01:15:16	INDIVIDUAL
1761	563	Mª CARMO ANJOS	F	68		01:15:43	01:14:43	CONDOR
1762	1672	CRISTINA SANTOS	F	49		01:15:47	01:14:47	SS CGD
1763	124	HELENA DORES	F	49		01:15:52	01:13:17	INDIVIDUAL
1764	1177	ADELINO CASTRO	M	62		01:15:54	01:13:30	CCD EFACEC LX
1765	512	VERA SILVA	F	55		01:15:58	01:15:50	ODEBRECHT PORTUGAL
1766	555	NUNO ROMANO	M	38		01:16:40	01:16:09	SAPATISTAS
1767	557	RAQUEL ALECRIM	F	26		01:16:40	01:16:09	SAPATISTAS
1768	556	ANTÓNIO JESUS	M	37		01:16:41	01:16:10	SAPATISTAS
1769	913	ADRIANA CABECINHAS	F	23		01:16:44	01:14:42	INDIVIDUAL
1770	1682	LUIS PARIS	M	49		01:16:45	01:15:21	SS CGD
1771	299	INÊS PEQUENO	F	41		01:17:01	01:15:14	PACE.MAKERS
1772	1240	ILDA MOUTINHO	F	48		01:17:01	01:16:06	SPEED OF YELLOW
1773	254	FILIPE BARBOSA	M	35		01:17:08	01:14:37	INDIVIDUAL
1774	401	VITAL J G A VILARINHO	M	34		01:17:08	01:14:37	VICTORIA SEGUROS
1775	1519	SANDRA PESSANHA	F	42		01:17:27	01:14:42	CCD LOURES CORRER PARA VIVER
1776	1518	SANDRA MIRANDA	F	41		01:17:28	01:14:43	CCD LOURES CORRER PARA VIVER
1777	1517	ADRIANO SANTOS	M	28		01:17:28	01:14:43	CCD LOURES CORRER PARA VIVER
1778	948	LUÍS CAETANO	M	50		01:17:42	01:17:09	CLUBE NOVO BANCO
1779	337	ACACIO M S LOPES	M	47		01:17:45	01:15:18	C MILLENNIUM BCP
1780	789	VITOR PAULO	M	41		01:17:47	01:15:39	INDIVIDUAL
1781	790	CATARINA MORAIS	F	32		01:17:47	01:15:39	INDIVIDUAL
1782	1246	INÊS DUARTE	F	32		01:18:12	01:17:03	SPEED OF YELLOW
1783	1591	LURDES NEVES	F	39		01:18:44	01:17:26	SUNSET GYM
1784	618	PAULA PENHA	F	36		01:18:47	01:17:21	INDIVIDUAL
1785	284	MARGARIDA A FONSECA	F	59		01:18:47	01:17:53	CA AMIGOS PARQUE PAZ
1786	395	FOCK Y W CHIU	F	64		01:19:22	01:17:06	C MILLENNIUM BCP
1787	396	JOSE E G ARRUDA	M	65		01:19:22	01:17:05	C MILLENNIUM BCP
1788	1222	ISABEL GOMES	F	45		01:19:27	01:17:34	INDIVIDUAL
1789	1560	MARIA ALMEIDA	F	42		01:19:48	01:18:32	PASSO LENTO
1790	1772	LUDGERO CALDEIRA	M	70		01:20:23	01:19:07	CP IVA
1791	1410	ANA BENTO	F	55		01:20:55	01:20:55	CÂMARA L CLUBE
1792	648	SANDRA AGUIAR	F	37		01:21:50	01:20:11	SUNSET GYM
1793	1717	LURDES FERREIRA	M	52		01:22:14	01:19:44	SS MONTEPIO GERAL
1794	116	NUNO SANTOS	M	41		01:22:35	01:22:12	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	T. Líquido	Equipe
1795	229	ANNEMIE V MEEUWEN	F	63		01:22:46	01:21:33	INDIVIDUAL
1796	227	MARTELLE BERTENS	F	51		01:22:47	01:21:34	INDIVIDUAL
1797	1882	ANTONIETA BLOMBERG	F	38		01:22:51	01:20:32	4CLIENT
1798	1561	JOSÉ FERREIRA	M	28		01:24:17	01:22:35	SUNSET GYM
1799	647	PAULO J PIRES	M	52		01:24:18	01:22:39	SUNSET GYM
1800	823	ISABEL BRISSOS	F	47		01:24:18	01:22:37	SUNSET GYM
1801	1424	FRANCISCO RITO	M	42		01:24:25	01:21:46	INDIVIDUAL
1802	1923	MARTA RODRIGUEZ	F	39		01:24:34	01:23:57	BFF NEIGHBORS
1803	721	CRISTINA SILVA	F	40		01:25:08	01:24:25	MOVE_GROUP
1804	1248	MARIA OLIVEIRA	F	41		01:26:19	01:25:22	SPEED OF YELLOW
1805	652	GESSINA MENDES	F	46		01:26:29	01:24:43	SUNSET GYM
1806	1245	ISABEL PAREDES	F	37		01:26:31	01:25:35	SPEED OF YELLOW
1807	151	Mª GUADALUPE P PEREIRA	F	48		01:26:31	01:23:54	OS TOLOS
1808	1987	ILIDIO CORTES	M	72		01:27:13	01:25:09	AAE BNU
1809	1276	ISA FERREIRA	F	30		01:28:14	01:26:10	ASAS NOS PÉS
1810	1277	ANA CORREIA	F	34		01:28:14	01:26:10	ASAS NOS PÉS
1811	248	JENNIFER REMMER	F	25		01:28:51	01:28:24	INDIVIDUAL
1812	1592	JOÃO PAULO	M	49		01:34:49	01:33:32	SUNSET GYM
1813	1961	FILIPA RAMALHO	F	27		01:39:07	01:37:11	INDIVIDUAL

Total de registros: 1813

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Relatório por Faixas Etárias

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	764	ALEXANDRA ALVES	F	32	00:41:05	00:41:00	AÇOREANA C BANIF
2	1252	LAURA A R S GRILO	F	30	00:41:17	00:41:09	C PEDRO PESSOA ESC ATLETISMO
3	771	ISABEL MATIAS	F	33	00:44:42	00:44:34	AÇOREANA C BANIF
4	628	SANDRA MARQUES	F	32	00:46:08	00:44:32	OS CONTA-KILÔMETROS
5	1740	SANDRA ROMANO	F	34	00:46:15	00:45:58	GARMIN/ CO OEIRAS
6	1714	LILIANA RODRIGUES	F	32	00:47:36	00:41:23	SS MONTEPIO GERAL
7	855	SELENE LIMA	F	30	00:48:11	00:48:00	PROAVENTURAS
8	1590	MARTA LABUCHA	F	33	00:49:32	00:48:16	SUNSET GYM
9	1866	ANA M FERREIRA	F	32	00:49:43	00:48:29	WEVENTUAL
10	1097	PATRÍCIA L ANTUNES	F	26	00:50:15	00:48:27	INDIVIDUAL
11	1333	BIANCA PIRES	F	23	00:50:39	00:50:29	PROAVENTURAS
12	1942	CÁTIA RODRIGUES	F	29	00:50:59	00:50:27	INDIVIDUAL
13	1221	INÊS E F ARAÚJO	F	22	00:51:23	00:49:06	INDIVIDUAL
14	1811	MÓNICA CARRUFA	F	30	00:51:55	00:51:25	INDIVIDUAL
15	681	LILIANA HENRIQUES	F	28	00:52:35	00:50:58	INDIVIDUAL
16	487	SUSANA MATIAS	F	18	00:52:54	00:52:04	MOVET
17	638	MAGALI GUERREIRO	F	31	00:53:11	00:52:50	CLUBE ROBBIALAC
18	472	SUSANA FIALHO	F	29	00:53:15	00:52:25	INDIVIDUAL
19	2011	RITA CARVALHO	F	33	00:53:17	00:53:09	SURFRUNNERS
20	1741	TERESA SEPULVEDA	F	34	00:53:22	00:52:41	GARMIN/ CO OEIRAS
21	1310	MARIA MARTINS	F	24	00:53:35	00:53:07	CASA DA DIZIMA
22	145	ANA R G BENTES	F	26	00:53:52	00:53:39	INDIVIDUAL
23	1365	ANA S P R TRANCOSO	F	33	00:54:03	00:53:00	CCD-AT
24	1579	ANA GONCALVES	F	30	00:54:13	00:52:21	CA VALE FIGUEIRA
25	1897	ANA SERRA	F	26	00:54:24	00:53:18	CAPARICA FC
26	1616	MARIA MARTINS	F	31	00:54:45	00:51:38	TUNHOS
27	1215	ARLETE REGO	F	34	00:55:07	00:53:32	INDIVIDUAL
28	1609	CATARINA SANTOS	F	19	00:55:10	00:53:04	LEBRES E TARTARUGAS
29	65	MAFALDA ALMEIDA	F	33	00:55:10	00:54:44	
30	840	ANDREIA PEREIRA	F	29	00:55:20	00:54:52	O MUNDO DA CORRIDA
31	510	SANDRA LETRAS	F	29	00:55:45	00:49:33	OEBRECHT PORTUGAL
32	1603	RAQUEL VICTOR	F	27	00:55:47	00:54:01	EDP RUNNERS
33	1701	JOANA LOPES	F	32	00:56:09	00:54:54	NS COSTA CAPARICA
34	528	VÂNIA PEREIRA	F	30	00:56:14	00:55:19	OS ZATOPEQUES
35	969	CLÁUDIA CORREIA	F	33	00:56:36	00:54:53	AZEITÃO NIGHT RUNNERS
36	354	SOFIA I C RAMALHO	F	18	00:56:41	00:56:00	C MILLENNIUM BCP
37	820	TÂNIA VINAGRE	F	33	00:56:43	00:55:56	CCD TRANQUILIDADE
38	457	JUDITE BAIXINHO	F	28	00:56:47	00:56:14	SANTIAGO FC
39	792	ISADORA COSTA	F	27	00:56:56	00:54:52	4 AO KM
40	1515	ANCA AVATAJITI	F	30	00:56:57	00:56:52	MIRAFLORES FIT

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Relatório por Faixas Etárias

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1034	LILIANA SANTOS	F	34	00:56:59	00:56:38	ESTRELAS DE LUZ
42	1230	LUIZA MENDES	F	31	00:56:59	00:55:51	SPEED OF YELLOW
43	547	LUCIENNE NEVES	F	31	00:57:11	00:55:54	INDIVIDUAL
44	546	CARLA MARQUES	F	30	00:57:11	00:55:53	INDIVIDUAL
45	2030	VANESSA SEQUEIRA	F	32	00:57:22	00:56:11	INDIVIDUAL
46	926	CARINA FERREIRA	F	28	00:57:22	00:56:17	CCD-AT
47	1978	TERESA FARIA	F	28	00:57:22	00:56:16	CCD-AT
48	1540	SARA LEÃO	F	26	00:57:35	00:55:32	INDIVIDUAL
49	1300	SUSANA CLIMAS	F	27	00:57:55	00:56:28	OS CARACOIS FURIOSOS
50	1936	MATILDE FIGUEIREDO	F	33	00:57:56	00:57:06	MOVET
51	1858	MIRIAM VISTAS	F	33	00:57:56	00:57:05	MOVET
52	1217	PAULA SOARES	F	29	00:58:14	00:57:13	INDIVIDUAL
53	709	PATROCÍNIA EUSÉBIO	F	33	00:58:35	00:56:23	INDIVIDUAL
54	1466	TÂNIA CARDOSO	F	26	00:58:47	00:58:25	CORREDORES R CORGAS
55	1657	SARA PAULINO	F	32	00:58:53	00:56:39	INDIVIDUAL
56	1686	NILDA SILVA	F	31	00:59:30	00:58:47	SS CGD
57	724	NATALIA HERNANDEZ	F	25	00:59:38	00:59:19	INDIVIDUAL
58	1941	ÂNGELA TEIXEIRA	F	27	00:59:47	00:58:31	INDIVIDUAL
59	1512	FILIPA FARINHA	F	32	00:59:47	00:59:30	OPTICALIA RT
60	559	PATRÍCIA PINA	F	28	00:59:47	00:58:56	LOURESAÚDE RUNNING
61	673	ANA CABAÇO	F	31	00:59:58	00:57:43	HCRUNNERS
62	864	CARINA VEIGA	F	29	01:00:04	00:59:12	GD SANTANDER TOTTA
63	1167	MAFALDA MOURA	F	30	01:00:06	00:59:00	INDIVIDUAL
64	965	MADALENA MARTINS	F	30	01:00:06	00:58:58	INDIVIDUAL
65	921	MARTA FÉ SANTOS	F	18	01:00:07	00:59:41	ASCC 4 RUN
66	746	ANA CRISTINA	F	28	01:00:27	01:00:22	SFUAP
67	1807	ISABEL BUÉ	F	33	01:00:56	01:00:48	BUÉ DA SERRAS
68	301	MARTA CONCEIÇÃO	F	30	01:01:40	01:00:46	INDIVIDUAL
69	460	NÁDIA LUCAS	F	22	01:01:41	01:00:17	BREAKAWAY
70	1122	ANA S SILVA	F	32	01:01:41	01:01:13	A CORRER POR TI
71	1121	ANA S SOUSA	F	28	01:01:41	01:01:13	A CORRER POR TI
72	1833	CÁTIA MARRANITA	F	30	01:01:42	01:00:26	INDIVIDUAL
73	295	ANA FERNANDES	F	31	01:01:45	00:59:58	PACE.MAKERS
74	1286	PATRICIA SANTOS	F	30	01:01:49	00:59:47	ASAS NOS PÉS
75	1425	SARA LOPES	F	29	01:02:05	01:00:11	INDIVIDUAL
76	593	ANA GABRIEL	F	31	01:02:21	01:01:22	TRIPLO A
77	1091	ANA BAPTISTA	F	34	01:02:44	01:02:38	LUSO-ATLANTICA
78	499	EVA M C CAETANO	F	33	01:03:08	01:02:01	INDIVIDUAL
79	1614	JOANA PEREIRA	F	28	01:03:19	01:00:34	TUNHOS
80	1484	ALEXANDRA FERNANDES	F	34	01:03:31	01:01:56	FALCOES SELVAGENS

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Relatório por Faixas Etárias

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1601	ALEXANDRA SOUSA	F	33	01:03:38	01:02:48	MOVET
82	521	ANDREIA CÂNDIDO	F	32	01:03:38	01:01:44	BEACH RUNNERS
83	1505	ANA SOUSA	F	33	01:03:39	01:02:11	INDIVIDUAL
84	309	CARLA DIAS	F	30	01:04:22	01:02:34	PACE.MAKERS
85	82	ANABELA SILVA	F	34	01:04:38	01:03:27	
86	1345	CÉLIA CARVALHO	F	33	01:04:42	01:03:36	CCD-AT
87	1656	MAGDA VERISSIMO	F	26	01:04:50	01:02:37	INDIVIDUAL
88	1998	MARIA CORDOIRO	F	34	01:05:16	01:03:13	INDIVIDUAL
89	632	MARTA MARQUES	F	26	01:05:19	01:04:23	INDIVIDUAL
90	85	RITA RAPOSO	F	18	01:05:21	01:03:50	
91	1620	MADALENA ALVES	F	21	01:05:23	01:02:54	INDIVIDUAL
92	1621	PATRÍCIA SOUSA	F	33	01:05:24	01:02:55	INDIVIDUAL
93	939	CÁTIA ANASTÁCIO	F	32	01:05:28	01:05:09	CLUBE NOVO BANCO
94	1040	ANA CANTANHEDE	F	34	01:05:29	01:04:02	INDIVIDUAL
95	1202	ANA ALVES	F	30	01:05:34	01:03:31	INDIVIDUAL
96	1234	TÂNIA ARAÚJO	F	28	01:05:35	01:03:37	SPEED OF YELLOW
97	924	ANA SOFIA PIRES	F	26	01:05:39	01:04:09	INDIVIDUAL
98	1449	MARTA GOMES	F	24	01:05:49	01:03:34	FAST AND (NOT SO) FURIOUS
99	1448	MARIANA GOMES	F	17	01:05:49	01:03:34	FAST AND (NOT SO) FURIOUS
100	485	JOANA LANÇA	F	34	01:06:29	01:05:05	MOVIMENTO
101	2037	RITA CASIMIRO	F	23	01:06:30	01:04:39	INDIVIDUAL
102	316	RITA NEVES	F	28	01:06:44	01:05:00	INDIVIDUAL
103	1847	MARIA HENRIQUES	F	25	01:06:49	01:05:18	INDIVIDUAL
104	1082	SARA SEMIÃO	F	21	01:06:51	01:06:19	INDIVIDUAL
105	967	MÓNICA HENRIQUES	F	26	01:07:25	01:05:42	AZEITÃO NIGHT RUNNERS
106	624	ANA SOFIA ALVES	F	34	01:07:38	01:05:19	TC RUNNERS
107	1364	MATILDE MENAS	F	18	01:07:53	01:06:48	INDIVIDUAL
108	791	RAFAELA RAFAEL	F	28	01:08:08	01:05:48	INDIVIDUAL
109	976	SANDRA CAMPANIÇO	F	33	01:08:09	01:07:02	PERNAS DE GAFANHOTO
110	1619	CLÁUDIA VASQUES	F	32	01:08:24	01:06:44	SUNSET GYM
111	1922	JOANA LEITE	F	24	01:08:53	01:07:48	BFF NEIGHBORS
112	1331	VÂNIA MUGE	F	27	01:09:29	01:08:28	INDIVIDUAL
113	1802	SARA LOUREIRO	F	26	01:09:30	01:08:00	SC CASAINHOS
114	1355	CLAUDIA OLIVEIRA	F	31	01:09:33	01:08:30	RUNNINGCLUB DO CCD-AT
115	788	ARMANDINA A PINA	F	29	01:09:45	01:08:42	CCD-AT
116	1468	TANIA TRINDADE	F	34	01:09:58	01:08:58	INDIVIDUAL
117	1884	TÂNIA ABREU	F	27	01:10:20	01:07:54	INDIVIDUAL
118	231	JONANA CONCEIÇÃO	F	24	01:10:57	01:10:31	INDIVIDUAL
119	506	LUIZA ALVES	F	34	01:11:09	01:10:56	OEBRECHT PORTUGAL
120	1931	ANA SÁ	F	27	01:12:05	01:10:48	INDIVIDUAL

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Relatório por Faixas Etárias

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1362	SÍLVIA TEIXEIRA	F	28	01:12:15	01:10:20	INDIVIDUAL
122	1825	SOFIA CARNEIRO	F	31	01:13:30	01:11:43	BEACH RUNNERS
123	1550	CLAÚDIA ENVIA	F	34	01:14:04	01:13:06	CHAFARIZ RUNNING TEAM
124	1729	HELENA CARVALHO	F	34	01:14:09	01:13:58	SS MONTEPIO GERAL
125	339	JOANA S COSTA	F	26	01:14:26	01:12:41	C MILLENNIUM BCP
126	1996	MAFALDA PIRES	F	33	01:15:03	01:15:03	INDIVIDUAL
127	1204	INES BASCUINHO	F	27	01:15:31	01:11:18	INDIVIDUAL
128	557	RAQUEL ALECRIM	F	26	01:16:40	01:16:09	SAPATISTAS
129	913	ADRIANA CABECINHAS	F	23	01:16:44	01:14:42	INDIVIDUAL
130	790	CATARINA MORAIS	F	32	01:17:47	01:15:39	INDIVIDUAL
131	1246	INÊS DUARTE	F	32	01:18:12	01:17:03	SPEED OF YELLOW
132	1276	ISA FERREIRA	F	30	01:28:14	01:26:10	ASAS NOS PÉS
133	1277	ANA CORREIA	F	34	01:28:14	01:26:10	ASAS NOS PÉS
134	248	JENNIFER REMMER	F	25	01:28:51	01:28:24	INDIVIDUAL
135	1961	FILIPA RAMALHO	F	27	01:39:07	01:37:11	INDIVIDUAL

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1388	SANDRA CONCEIÇÃO	F	35	00:40:40	00:40:32	C PEDRO PESSOA ESC ATLETISMO
2	584	LÚCIA OLIVEIRA	F	35	00:42:06	00:42:01	GENERG
3	1646	CRISTINA GAVINHO	F	38	00:45:29	00:45:24	PUMAS DO GUINCHO
4	1036	ANA S A SOBREIRA	F	43	00:46:25	00:46:14	INDIVIDUAL
5	62	ICIAR RODRIGO NEVADO	F	38	00:46:43	00:46:38	
6	1647	PAULA NUNES	F	42	00:47:06	00:47:01	PUMAS DO GUINCHO
7	605	SUSANA ANTUNES	F	36	00:47:25	00:46:03	CCD SIEMENS
8	2052	ROSARIA MORGADO	F	40	00:49:09	00:49:01	GD SAO DOMINGOS
9	1648	RUTH LOPES	F	43	00:49:09	00:49:04	PUMAS DO GUINCHO
10	703	ADELAIDE PEREIRA	F	43	00:49:23	00:49:18	CCD LOURES CORRER PARA VIVER
11	561	CARLA MENDES	F	38	00:49:24	00:48:50	AMINHACORRIDA/ SKECHERS
12	535	CÉLIA SANTOS	F	36	00:49:27	00:48:52	CP EDP LISBOA
13	919	MARIA FREITAS	F	35	00:49:34	00:49:20	ASC VALE GRANDE
14	1017	SALOME FERREIRA	F	41	00:49:35	00:49:01	GD INE
15	357	PATRICIA D N BARRETO	F	41	00:49:55	00:48:46	C MILLENNIUM BCP
16	488	OLGA FIGUEIREDO	F	40	00:50:04	00:49:02	CCD-AT
17	324	Mª JOÃO FIGUEIRA	F	35	00:50:05	00:49:29	SÓDOIS
18	1304	ILIANA SERRÃO	F	39	00:50:22	00:50:13	CA AMIGOS PARQUE PAZ
19	407	ANA RAMOS	F	38	00:50:37	00:49:26	GYM2010
20	1728	TERESA CARDOSO	F	35	00:50:46	00:50:33	SS MONTEPIO GERAL
21	519	PAULA GONÇALVES	F	39	00:50:57	00:50:34	PUMP RUNNERS
22	993	ELSA MOREIRA	F	39	00:50:58	00:50:25	GD INE
23	1495	GINA CHEIO	F	43	00:51:35	00:51:19	GDC BANCO PORTUGAL
24	1969	INES PEREIRA	F	43	00:52:04	00:51:35	GFD RUNNING
25	644	PATRÍCIA JEREMIAS	F	37	00:52:09	00:50:32	SUNSET GYM
26	675	ESTHER ELVIRA	F	41	00:52:17	00:51:21	INDIVIDUAL
27	1660	CLÁUDIA FUSTIGA	F	36	00:53:34	00:51:53	INDIVIDUAL
28	757	SUSANA DURO	F	37	00:53:38	00:53:12	VADA
29	1915	OLGA MARTINS	F	40	00:53:47	00:53:13	RB RUNNING
30	701	SUSANA P C FREITAS	F	37	00:53:49	00:52:05	CCD LOURES CORRER PARA VIVER
31	697	ELSA LUIS	F	44	00:53:51	00:53:51	BIFANAS DE CORRIDA
32	748	FILOMENA JESUS	F	42	00:54:11	00:52:49	SFUAP
33	215	ANA BIGODE	F	39	00:54:15	00:52:49	ERICSSON
34	431	CLAUDIA ABREU	F	39	00:54:33	00:52:52	AMINHACORRIDA/ SKECHERS
35	990	CATIA PEDRO	F	35	00:54:39	00:54:39	GD INE
36	1369	RUTE NETO	F	36	00:54:52	00:53:58	TEAM NETO
37	1502	MARIA FERNANDES	F	41	00:55:11	00:54:47	IFAP RUNNERS
38	175	CARLA VITORINO	F	40	00:55:22	00:53:42	PUMP RUNNERS
39	934	XANA FILIPE	F	43	00:55:45	00:55:29	CLUBE NOVO BANCO
40	1138	ANA S TEIXEIRA	F	35	00:55:48	00:54:17	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	2042	ANA PASSOS	F	44	00:56:01	00:55:51	INDIVIDUAL
42	1551	CARLA PINTO FERNANDES	F	38	00:56:08	00:55:10	CHAFARIZ RUNNING TEAM
43	987	CARLA LOPES	F	42	00:56:57	00:55:01	GD INE
44	149	CRISTINA CERDA	F	40	00:57:12	00:55:31	INDIVIDUAL
45	526	RAQUEL BARATA	F	40	00:57:21	00:56:17	CCD-AT
46	1137	GINA MARTINS	F	40	00:57:24	00:55:53	INDIVIDUAL
47	747	PAULA COSTA	F	44	00:57:25	00:57:25	SFUAP
48	477	ANA DEODATO	F	37	00:57:29	00:56:26	CCD-AT
49	1211	SOFIA DOMINGOS	F	35	00:57:34	00:55:02	TROL E ANÃ
50	1580	ISABEL FRANCA	F	42	00:57:49	00:57:26	CA VALE FIGUEIRA
51	187	EVA SILVA	F	39	00:57:50	00:55:50	ERICSSON
52	188	CHIARA BEDINI	F	41	00:57:50	00:55:50	ERICSSON
53	513	PRISCILLA JANUARIO	F	42	00:57:52	00:57:44	OEBRECHT PORTUGAL
54	554	CARLA MARQUES	F	42	00:57:55	00:57:16	SAPATISTAS
55	753	INÊS LEAL	F	36	00:57:59	00:57:22	INDIVIDUAL
56	2025	MARIA REGALO	F	41	00:58:27	00:58:20	DERRETEBANHA
57	2024	ANABELA CONSTANTE	F	40	00:58:27	00:58:21	DERRETEBANHA
58	493	SARA SILVA	F	36	00:58:31	00:57:09	QUARTETO FANTÁSTICO
59	105	CÉLIA SILVEIRA	F	42	00:58:47	00:57:36	C PRAÇAS ARMADA
60	1725	RITA GONÇALVES	F	39	00:58:52	00:57:40	SS MONTEPIO GERAL
61	1347	ANA S G COELHO	F	37	00:58:57	00:58:24	AFDD - RUN CREW
62	230	INÊS FERNANDES	F	36	00:58:58	00:58:07	INDIVIDUAL
63	784	SANDRA MARTINS	F	37	00:59:13	00:58:38	AÇOREANA C BANIF
64	1727	SONIA QUINTINO	F	37	00:59:15	00:59:01	SS MONTEPIO GERAL
65	1478	BEATRIZ R FIGUEIREDO	F	38	00:59:22	00:57:46	INDIVIDUAL
66	1930	ADELAIDE PALMA	F	44	00:59:22	00:58:54	INDIVIDUAL
67	603	MANUELA FONTES	F	44	00:59:22	00:58:00	CCD SIEMENS
68	824	SUZANA DOMINGUES	F	44	00:59:23	00:57:41	SUNSET GYM
69	1356	SARA E T SILVA	F	43	00:59:28	00:58:25	CCD-AT
70	1110	PAULA NUNES	F	38	00:59:40	00:59:01	INDIVIDUAL
71	78	ANA COSTA	F	42	00:59:48	00:58:49	
72	1535	MONICA MATOS	F	37	00:59:53	00:59:53	INDIVIDUAL
73	171	TÂNIA SALES	F	37	01:00:04	00:58:23	PUMP RUNNERS
74	1950	JOANA PEIXOTO	F	39	01:00:14	00:58:58	WEVENTUAL
75	691	CATARINA M SILVA	F	37	01:00:17	00:58:29	OS MANOS
76	394	PATRICIA C C CAEIRO	F	43	01:00:37	00:58:57	C MILLENNIUM BCP
77	212	CARLA TALAIA	F	37	01:00:38	00:58:22	Urban Trail Samora Correia
78	434	ANA MARTINS	F	44	01:00:43	01:00:04	INDIVIDUAL
79	1085	SOFIA FORTE	F	43	01:00:55	01:00:55	INDIVIDUAL
80	604	MARTA CARREIRA	F	35	01:01:06	00:59:37	CCD SIEMENS

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1666	ANA AZEVEDO	F	36	01:01:10	01:00:39	SS CGD
82	994	ELSA SOARES	F	38	01:01:13	01:00:07	GD INE
83	1263	MÓNICA T SOUSA	F	42	01:01:15	00:59:43	C COLAB AXA
84	282	ELSA NUNES	F	42	01:01:26	00:59:44	INDIVIDUAL
85	411	ROSA MARQUES	F	41	01:01:27	00:59:45	RUNÁSTICOS
86	1708	CLAUDIA LEITAO	F	35	01:01:35	01:01:21	SS MONTEPIO GERAL
87	1128	ANA BATISTA	F	39	01:01:42	00:59:39	INDIVIDUAL
88	769	SOFIA GUEDES	F	39	01:01:45	01:01:08	AÇOREANA C BANIF
89	1706	ANA SARAMAGO	F	39	01:01:49	01:01:37	SS MONTEPIO GERAL
90	1587	ALEXANDRA INÁCIO	F	41	01:01:56	00:59:59	CLUBE HERMES
91	1067	RITA CASTRO	F	38	01:01:57	00:59:55	INDIVIDUAL
92	1685	MARTA AFONSO	F	40	01:02:08	01:00:57	SS CGD
93	1095	GUYA ACCORNERO	F	38	01:02:10	01:00:51	BRETAGNE
94	1894	ANA FANECA	F	42	01:02:15	00:59:41	INDIVIDUAL
95	838	ELISABETE PINHEL	F	41	01:02:15	01:00:35	INDIVIDUAL
96	985	BARBARA VELOSO	F	35	01:02:17	01:01:12	GD INE
97	1251	MARIA QUITÉRIA	F	41	01:02:18	01:01:13	ALGYMNS
98	767	MÓNICA QUARENTA	F	41	01:02:18	01:01:53	AÇOREANA C BANIF
99	1544	FERNANDA CRUZ	F	41	01:02:21	01:01:27	EVOLUTION
100	908	RAQUEL MENDES	F	36	01:02:28	01:00:59	INDIVIDUAL
101	77	ANA ANDRADE	F	38	01:02:43	01:00:43	
102	1305	CATARINA PAULINO	F	36	01:02:56	01:02:46	CA AMIGOS PARQUE PAZ
103	1859	ANA MIRANDA	F	42	01:02:56	01:02:45	INDIVIDUAL
104	1543	SILVIA CINTRA	F	39	01:03:04	01:02:11	EVOLUTION
105	185	CARLA COSTA	F	38	01:03:25	01:01:41	INDIVIDUAL
106	717	EMA FONSECA	F	39	01:03:35	01:02:54	MOVE_GROUP
107	1702	MARTA MENDES	F	37	01:03:43	01:02:25	NS COSTA CAPARICA
108	1028	Mª HELENA BISPO	F	43	01:04:06	01:02:43	INDIVIDUAL
109	621	MARIANELA ANDRADE	F	36	01:04:06	01:02:49	SALVATERRA NIGHT RUNNERS
110	1775	SUSANA PALMA	F	38	01:04:09	01:03:11	CP IVA
111	1455	SANDRA SOUSA	F	37	01:04:10	01:02:15	INDIVIDUAL
112	893	PAULA SAPINA	F	44	01:04:10	01:01:42	GD SANTANDER TOTTA
113	1548	SÓNIA ENVIA	F	38	01:04:17	01:03:19	CHAFARIZ RUNNING TEAM
114	1358	HELGA FERREIRA	F	36	01:04:22	01:02:21	INDIVIDUAL
115	1127	CECÍLIA R C C DIAS	F	38	01:04:22	01:02:21	INDIVIDUAL
116	1061	ANA MADEIRA	F	41	01:04:36	01:02:46	GDCT UNICRE
117	1557	CATARINA SIMAO	F	35	01:04:39	01:04:17	INDIVIDUAL
118	1454	FERNANDA ROXO	F	40	01:04:41	01:04:06	INDIVIDUAL
119	802	ANA BORGES	F	37	01:04:49	01:02:40	INDIVIDUAL
120	1627	ANA PEDRO	F	42	01:04:54	01:02:53	ANESTESIA PURA

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	718	DANIELA SANTOS	F	37	01:05:02	01:04:21	MOVE_GROUP
122	880	SUSANA GUERREIRO	F	38	01:05:30	01:03:47	GD SANTANDER TOTTA
123	895	RITA RAMOS	F	35	01:05:58	01:03:28	GD SANTANDER TOTTA
124	1393	MONICA I O F DIAS	F	39	01:06:02	01:03:58	INDIVIDUAL
125	174	CATARINA GIL	F	40	01:06:08	01:04:26	PUMP RUNNERS
126	1552	EDUARDO ALVES	F	37	01:06:15	01:05:13	CHAFARIZ RUNNING TEAM
127	1242	MANUELA FERNANDES	F	44	01:06:25	01:05:17	SPEED OF YELLOW
128	1795	ANA SILVA	F	41	01:06:38	01:03:42	4CLIENT
129	2035	RUTE CASIMIRO	F	35	01:06:50	01:04:58	INDIVIDUAL
130	1994	CATARINA REIS	F	40	01:06:55	01:05:10	INDIVIDUAL
131	720	ANABELA LOPES	F	40	01:07:05	01:06:25	MOVE_GROUP
132	196	RITA DEUS	F	35	01:07:06	01:04:52	ECORUNNERS
133	1503	SOFIA LEITÃO	F	40	01:07:08	01:04:36	INDIVIDUAL
134	1796	MARINA LOPES	F	37	01:07:08	01:04:13	4CLIENT
135	1709	FILIPA ALMEIDA	F	40	01:07:19	01:07:05	SS MONTEPIO GERAL
136	719	GRAÇA CONDE	F	43	01:07:29	01:06:48	MOVE_GROUP
137	1243	NANCY ALMEIDA	F	41	01:07:30	01:06:22	SPEED OF YELLOW
138	1104	ANA ALMEIDA	F	37	01:07:39	01:06:09	SPORTINGS ALMEIDA
139	1258	CATARINA M FIGUEIRA	F	36	01:08:13	01:06:48	C COLAB AXA
140	1806	CLÁUDIA ANDRÉ	F	38	01:08:39	01:08:15	SC CASAINHOS
141	545	SUSANA PALMA	F	39	01:08:51	01:07:59	INDIVIDUAL
142	669	SANDRA M NUNES	F	37	01:09:04	01:07:56	INDIVIDUAL
143	622	Mª JOSE TEIXEIRA	F	44	01:09:05	01:08:09	GDCT REPSOL
144	155	MARLAINE SILVA	F	39	01:09:07	01:06:58	INDIVIDUAL
145	2003	ANA BORGES	F	37	01:09:29	01:08:53	INDIVIDUAL
146	250	IZABELLE GABRIELI	F	41	01:09:30	01:07:42	PACE.MAKERS
147	1157	MARIA MARTINS	F	44	01:09:35	01:08:21	INDIVIDUAL
148	1870	ORLANDA MARTINS	F	43	01:09:50	01:08:43	WEVENTUAL
149	1184	ANA SANTOS	F	40	01:09:50	01:08:43	GDCT IN CASA MOEDA
150	1469	ELIA GRANJA	F	42	01:10:00	01:09:00	INDIVIDUAL
151	1207	ISABEL CALDEIRA	F	42	01:10:38	01:10:08	INDIVIDUAL
152	1981	JOSÉ CUSTÓDIO	F	36	01:11:02	01:08:11	INDIVIDUAL
153	1084	CRISTINA BARATA	F	37	01:11:27	01:10:32	INDIVIDUAL
154	1100	SOFIA CANDEIAS	F	36	01:11:32	01:09:59	INDIVIDUAL
155	898	SHEILA CANTIGA	F	38	01:11:46	01:10:18	GD SANTANDER TOTTA
156	1964	LÚCIA CAVALEIRO	F	37	01:12:17	01:11:06	AERO RUNNERS
157	1777	MONICA RIBEIRO	F	36	01:12:25	01:09:28	4CLIENT
158	1834	MÁRCIA VILARINHO	F	41	01:13:05	01:12:06	RUNNINGCLUB DO CCD-AT
159	1514	LÍGIA MARCELINO	F	41	01:13:13	01:11:38	FALCOES SELVAGENS
160	1604	ANA MESTRE	F	41	01:13:14	01:11:25	EDP RUNNERS

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Relatório por Faixas Etárias

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	899	SOLANGE FIGUEIRA	F	37	01:13:34	01:12:07	GD SANTANDER TOTTA
162	313	ANA SEQUEIRA	F	36	01:13:44	01:11:29	Urban Trail Samora Correia
163	1055	ANGELA MORAIS	F	36	01:14:35	01:12:05	INDIVIDUAL
164	1871	CARLA FERREIRA	F	38	01:14:41	01:14:29	FALCOES SELVAGENS
165	439	RITA LOURENCO	F	38	01:15:12	01:13:30	ASIA
166	596	HELENA FRANCO	F	41	01:15:18	01:13:43	INDIVIDUAL
167	829	FILOMENA PASSOS	F	44	01:15:41	01:15:16	INDIVIDUAL
168	299	INÊS PEQUENO	F	41	01:17:01	01:15:14	PACE.MAKERS
169	1519	SANDRA PESSANHA	F	42	01:17:27	01:14:42	CCD LOURES CORRER PARA VIVER
170	1518	SANDRA MIRANDA	F	41	01:17:28	01:14:43	CCD LOURES CORRER PARA VIVER
171	1591	LURDES NEVES	F	39	01:18:44	01:17:26	SUNSET GYM
172	618	PAULA PENHA	F	36	01:18:47	01:17:21	INDIVIDUAL
173	1560	MARIA ALMEIDA	F	42	01:19:48	01:18:32	PASSO LENTO
174	648	SANDRA AGUIAR	F	37	01:21:50	01:20:11	SUNSET GYM
175	1882	ANTONIETA BLOMBERG	F	38	01:22:51	01:20:32	4CLIENT
176	1923	MARTA RODRIGUEZ	F	39	01:24:34	01:23:57	BFF NEIGHBORS
177	721	CRISTINA SILVA	F	40	01:25:08	01:24:25	MOVE_GROUP
178	1248	MARIA OLIVEIRA	F	41	01:26:19	01:25:22	SPEED OF YELLOW
179	1245	ISABEL PAREDES	F	37	01:26:31	01:25:35	SPEED OF YELLOW

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1366	AC PEREIRA	F	45	00:45:39	00:45:31	C PEDRO PESSOA ESC ATLETISMO
2	2051	ANABELA CARVALHO	F	51	00:49:09	00:49:01	GD SAO DOMINGOS
3	280	DALIA RATO	F	52	00:50:44	00:50:11	BOOTCAMP-SESIMBRA
4	1769	FERNANDA COSTA	F	52	00:51:43	00:51:43	AA MAFRA
5	2022	ANA MARIA MARTINS	F	47	00:51:49	00:51:34	FALCOES SELVAGENS
6	1225	ANA CABRAL	F	50	00:52:15	00:51:43	SPEED OF YELLOW
7	1474	DELFINA FREIRE	F	50	00:53:51	00:52:34	CD ASAS DO MILENIUM
8	851	HENRIQUETA SOLIPA	F	52	00:54:29	00:53:33	INDIVIDUAL
9	1963	MARTA LOPES	F	50	00:54:54	00:54:17	RUN OCEAN
10	1066	MARIA CORREIA	F	61	00:55:21	00:54:34	GD O INDEPENDENTE
11	651	MANUELA CARRILHO	F	49	00:55:21	00:54:07	SUNSET GYM
12	1949	CECILIA TAVARES	F	48	00:55:30	00:55:01	INDIVIDUAL
13	1765	KATRIN MATTUSCH	F	48	00:55:36	00:54:39	INDIVIDUAL
14	1385	MARIA MOTA	F	50	00:55:39	00:54:30	RUNNINGCLUB DO CCD-AT
15	935	ANA FERREIRA	F	45	00:55:45	00:55:27	CLUBE NOVO BANCO
16	812	RUTE SANTOS	F	48	00:56:00	00:54:25	CA PATAMEIRAS
17	219	ISABEL SAMTOS	F	54	00:56:36	00:55:03	SANTOS & SILVA
18	1629	VALERIE COUTINHO	F	51	00:57:15	00:55:17	INDIVIDUAL
19	936	ANA M MONTEIRO	F	46	00:57:33	00:55:28	CLUBE NOVO BANCO
20	160	MERCEDES FONSECA	F	58	00:57:55	00:56:39	OS SUPER
21	590	MARIA RODRIGUES	F	60	00:58:29	00:58:03	INDIVIDUAL
22	783	IDALINA MADEIRA	F	54	00:58:33	00:57:57	AÇOREANA C BANIF
23	1166	MARIA SILVA	F	45	00:58:36	00:58:03	INDIVIDUAL
24	345	DULCE M N RAMOS	F	45	00:58:40	00:56:51	C MILLENNIUM BCP
25	1912	ISILDA BARRADAS	F	64	00:58:44	00:58:39	SL CAMPOLIDE
26	1124	Mª JOÃO A P EMÍDIO	F	47	00:59:37	00:59:32	TÁLENTO PRÁ CORRER TEAM
27	1886	MARIA PUGA	F	50	00:59:39	00:58:55	O MUNDO DA CORRIDA
28	1674	DORA PIRES	F	48	00:59:52	00:59:47	SS CGD
29	751	ISABEL MAGALHÃES	F	58	00:59:57	00:59:43	INDIVIDUAL
30	228	DIANE DETOLLENAERE	F	48	01:00:12	00:58:58	INDIVIDUAL
31	237	HELENA CUNHA	F	56	01:00:20	00:59:05	ASAS
32	1087	ALEXANDRA PIRES	F	47	01:00:20	00:59:12	AERO RUNNERS
33	1098	LEONOR M A FARINHA	F	52	01:00:21	00:58:32	INDIVIDUAL
34	1973	Mª LURDES ANTÓNIO	F	45	01:00:28	01:00:12	LINK
35	1667	ANABELA ESTEVES	F	51	01:00:28	00:59:56	SS CGD
36	1649	REGINA BADALO	F	50	01:00:44	00:58:59	ADCSA BALDIO
37	1255	ANA M GUIMARÃES	F	57	01:01:15	00:59:37	C COLAB AXA
38	1549	ANABELA SANTOS	F	45	01:01:17	01:00:19	CHAFARIZ RUNNING TEAM
39	366	Mª TERESA A JANELA	F	57	01:01:19	01:01:05	C MILLENNIUM BCP
40	881	LÍDIA LOPES	F	53	01:01:19	00:59:28	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1371	DÁLIA LEITE	F	52	01:01:43	01:00:42	TEAM NETO
42	1170	GORETI CABELEIRA	F	47	01:01:43	01:00:48	INDIVIDUAL
43	94	ELISABETE AGUIAR	F	45	01:02:46	01:00:27	C FERROV PORTUGAL
44	1521	ELISABETE AGUIAR	F	45	01:02:47	01:00:28	INDIVIDUAL
45	568	LÚCIA CARVALHO	F	50	01:02:48	01:02:04	FALCOES SELVAGENS
46	1041	ALEXANDRA CARDÃO	F	52	01:02:58	01:01:14	CORRER PARA VIVER MAIS
47	699	Mª JOÃO F SIMÕES	F	46	01:03:18	01:01:26	INDIVIDUAL
48	260	ISABEL RODRIGUES	F	48	01:03:41	01:01:51	CLUBE ANACOM
49	813	ANA ISABEL MARQUES	F	45	01:03:43	01:02:20	INDIVIDUAL
50	710	DOMINGAS MÓNICA	F	56	01:04:02	01:02:50	INDIVIDUAL
51	262	ROSÁRIO MATOS	F	47	01:04:03	01:03:15	CLUBE ANACOM
52	163	LURDES ALVES	F	58	01:04:07	01:03:36	INDIVIDUAL
53	379	PATRICIA A C DINIS	F	46	01:04:07	01:02:42	C MILLENNIUM BCP
54	459	OLIVIA LUCAS	F	49	01:04:09	01:02:44	BREAKAWAY
55	538	ISABEL C FILIPE	F	56	01:04:10	01:02:14	CP EDP LISBOA
56	1088	ANA SEABRA	F	49	01:04:15	01:03:06	AERO RUNNERS
57	1801	ELISABETH LOUREIRO	F	56	01:04:36	01:03:06	SC CASAINHOS
58	1754	DANIELA MOURA	F	54	01:05:02	01:03:37	TEJAVISTA
59	889	PAULA FIGUEIREDO	F	57	01:05:10	01:05:10	GD SANTANDER TOTTA
60	1411	PAULA SILVA	F	51	01:05:21	01:05:21	CÂMARA L CLUBE
61	562	ROSA BANON	F	60	01:05:29	01:04:56	AMINHACORRIDA/ SKECHERS
62	1902	FELICIANA FERREIRA	F	51	01:06:00	01:04:52	CAPARICA FC
63	775	ANA CANAVEIRA	F	47	01:06:09	01:05:33	AÇOREANA C BANIF
64	1461	JULIA CALISTO	F	51	01:06:13	01:04:41	INDIVIDUAL
65	1412	ANABELA MEIA-VIA	F	46	01:06:13	01:04:34	CÂMARA L CLUBE
66	1212	NIDIA SILVA	F	59	01:06:21	01:05:29	INDIVIDUAL
67	1062	CLAUDIA MORGADO	F	47	01:06:24	01:04:35	GDCT UNICRE
68	822	TERESA AFONSO	F	45	01:06:39	01:05:00	SUNSET GYM
69	1538	JOANA D CHOURIÇO	F	51	01:06:58	01:06:39	INDIVIDUAL
70	1172	MAFALDA COSTA	F	47	01:07:03	01:06:06	KLENTOS
71	1968	Mª FERNANDES M CONDECO	F	51	01:07:26	01:06:36	INDIVIDUAL
72	1533	MARIA BARROSO	F	53	01:08:03	01:07:45	CCDT AUT ALMADA
73	643	GRAÇA C PEREIRA	F	46	01:08:39	01:06:58	SUNSET GYM
74	1639	Mª INÊS G S CESÁRIO	F	49	01:08:45	01:08:06	INDIVIDUAL
75	1921	TERESA LEITE	F	46	01:08:59	01:08:23	BFF NEIGHBORS
76	275	ISABEL COELHO	F	49	01:09:32	01:08:33	INDIVIDUAL
77	2020	ISABEL VINAGRE	F	49	01:10:02	01:09:22	INDIVIDUAL
78	138	MYRIAM CARREIRA	F	47	01:10:25	01:09:29	KLENTOS
79	1793	MARIA LIMA	F	59	01:11:27	01:09:59	LASURENA
80	888	MARIA GERTRUDES	F	66	01:12:15	01:10:38	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	445	SANDRA SERENO	F	46	01:13:42	01:13:16	INDIVIDUAL
82	1415	GUILHERMINA GOMES	F	64	01:13:43	01:13:07	ACR ESPINHEIRENSE
83	821	TERESA GRAY	F	50	01:14:32	01:12:46	CCD TRANQUILIDADE
84	551	NATALIA DUARTE	F	58	01:14:55	01:14:13	SAPATISTAS
85	1759	Mª CONCEIÇÃO PALMA	F	48	01:14:56	01:13:37	TEJAVISTA
86	563	Mª CARMO ANJOS	F	68	01:15:43	01:14:43	CONDOR
87	1672	CRISTINA SANTOS	F	49	01:15:47	01:14:47	SS CGD
88	124	HELENA DORES	F	49	01:15:52	01:13:17	INDIVIDUAL
89	512	VERA SILVA	F	55	01:15:58	01:15:50	ODEBRECHT PORTUGAL
90	1240	ILDA MOUTINHO	F	48	01:17:01	01:16:06	SPEED OF YELLOW
91	284	MARGARIDA A FONSECA	F	59	01:18:47	01:17:53	CA AMIGOS PARQUE PAZ
92	395	FOCK Y W CHIU	F	64	01:19:22	01:17:06	C MILLENNIUM BCP
93	1222	ISABEL GOMES	F	45	01:19:27	01:17:34	INDIVIDUAL
94	1410	ANA BENTO	F	55	01:20:55	01:20:55	CÂMARA L CLUBE
95	229	ANNEMIE V MEEUWEN	F	63	01:22:46	01:21:33	INDIVIDUAL
96	227	MARTELLE BERTENS	F	51	01:22:47	01:21:34	INDIVIDUAL
97	823	ISABEL BRISSOS	F	47	01:24:18	01:22:37	SUNSET GYM
98	652	GESSINA MENDES	F	46	01:26:29	01:24:43	SUNSET GYM
99	151	Mª GUADALUPE P PEREIRA	F	48	01:26:31	01:23:54	OS TOLOS

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Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1116	PEDRO ARESENIO	M	32	00:32:21	00:32:21	CA ODIMARQ
2	343	ANDRE A JANUARIO	M	31	00:35:01	00:34:56	C MILLENNIUM BCP
3	1113	JOAO F BOA	M	28	00:35:57	00:35:57	CA ODIMARQ
4	1653	ANDRÉ FILIPE	M	19	00:36:23	00:36:23	INDIVIDUAL
5	1547	NUNO SOARES	M	33	00:36:32	00:36:24	VANDOMA
6	759	RICARDO MARTINS	M	29	00:37:37	00:37:30	CONHEIRA TEAM
7	1117	MARCO GUEDES	M	30	00:37:48	00:37:48	CA ODIMARQ
8	1096	ANDRÉ F L GAGA	M	27	00:39:11	00:38:48	INDIVIDUAL
9	1396	RICARDO PITA	M	34	00:39:13	00:39:08	CÂMARA L CLUBE
10	1024	PEDRO GONÇALVES	M	32	00:39:17	00:39:11	RB RUNNING
11	854	JOÃO LIMA	M	27	00:39:19	00:39:07	PROAVENTURAS
12	1739	RICARDO SANTOS	M	34	00:39:54	00:39:35	GARMIN/ CO OEIRAS
13	541	PEDRO NOBRE	M	30	00:40:10	00:40:00	CP EDP LISBOA
14	1378	DANRLEY GUSMAO	M	18	00:40:35	00:40:30	VITÓRIA FC
15	2027	HUGO GARROTE	M	32	00:40:44	00:40:38	INDIVIDUAL
16	1854	RICARDO L ALVES	M	32	00:41:00	00:40:55	AÇOREANA C BANIF
17	1284	LUIS MAZEDA	M	29	00:41:04	00:39:30	ASAS NOS PÉS
18	1152	FÁBIO TEIXEIRA	M	30	00:41:05	00:40:48	INDIVIDUAL
19	770	NUNO GAMEIRO	M	34	00:41:11	00:41:02	AÇOREANA C BANIF
20	1843	TIAGO M RIBEIRO	M	31	00:41:22	00:41:04	INDIVIDUAL
21	1108	FÁBIO DUARTE	M	24	00:41:47	00:40:58	INDIVIDUAL
22	1158	ANDERSON DIAS	M	34	00:42:09	00:40:34	RUN BUDDY RUN
23	1151	AFZAL AZIZ	M	27	00:42:18	00:41:49	INDIVIDUAL
24	1090	LUIS M SANTOS	M	32	00:42:23	00:42:18	LUSO-ATLANTICA
25	931	TIAGO FERREIRA	M	32	00:42:40	00:41:18	INDIVIDUAL
26	410	PAULO MONTEIRO	M	34	00:42:56	00:42:21	QQÉP
27	1395	IVO NOGUEIRA	M	28	00:43:07	00:43:02	CÂMARA L CLUBE
28	740	FRANCISCO PEIXOTO	M	31	00:43:10	00:40:55	INDIVIDUAL
29	1000	JORGE LOPES	M	30	00:43:17	00:42:54	GD INE
30	1462	MARCO P J COSTA	M	30	00:43:30	00:43:06	INDIVIDUAL
31	974	FERNANDO NOGUEIRA	M	28	00:43:34	00:42:05	MARRIOTT LISBOA
32	1665	RUI SOEIRO	M	34	00:43:54	00:41:59	INDIVIDUAL
33	222	MARCO SERAFIM	M	31	00:43:55	00:43:49	INDIVIDUAL
34	2055	ATLETA NÃO CADASTRADO	M	0	00:44:07	00:36:04	
35	1238	LUIS RAIMUNDO	M	34	00:44:17	00:43:23	SPEED OF YELLOW
36	1966	NUNO VIEIRA	M	33	00:44:24	00:43:36	OS CARACOIS FURIOSOS
37	850	BRUNO LOPES	M	33	00:44:34	00:44:04	AA MAFRA
38	573	MIGUEL A T GONÇALVES	M	28	00:44:39	00:44:30	INDIVIDUAL
39	794	MÁRCIO HORTA	M	33	00:44:39	00:43:58	EQUIPA DOS LENTOS
40	56	MANUEL ALVES	M	33	00:44:50	00:43:13	VAMOS GANHAR

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Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	72	ANTONIO VIEIRA	M	30	00:45:00	00:44:30	CASA PESSOAL RTP
42	201	PEDRO NOLASCO	M	29	00:45:18	00:44:56	ASC VALE GRANDE
43	574	ANDRÉ F S C PEREIRA	M	30	00:45:26	00:44:38	INDIVIDUAL
44	81	GONÇALO MEXIA	M	26	00:45:26	00:45:09	
45	845	JOÃO MONIZ	M	20	00:45:41	00:44:07	INDIVIDUAL
46	1926	JOÃO SILVA	M	32	00:45:42	00:43:58	DRINKING TEAM
47	416	RUI COSTA	M	28	00:45:51	00:45:20	INDIVIDUAL
48	1611	ANTÓNIO OLIVEIRA	M	26	00:45:54	00:42:40	TUNHOS
49	610	RUI PACHECO	M	33	00:45:57	00:45:39	GD ÁGUIAS MOITA
50	57	ATLETA NÃO CADASTRADO	M	0	00:45:58	00:45:53	
51	1562	PEDRO MARQUES	M	34	00:45:58	00:45:06	REBOLA CAIXOTES
52	1565	TIAGO RODRIGUES	M	31	00:45:58	00:45:06	REBOLA CAIXOTES
53	907	PEDRO CARVALHO	M	32	00:46:04	00:44:34	INDIVIDUAL
54	1239	LUIS MORENO	M	33	00:46:06	00:45:02	SPEED OF YELLOW
55	911	NUNO CARVALHO	M	28	00:46:07	00:45:45	KEEP RUNNING
56	1797	CARLOS MAGALHÃES	M	32	00:46:11	00:45:28	INDIVIDUAL
57	1697	VALTER RPDRIGUES	M	30	00:46:12	00:45:53	SS CGD
58	1738	NUNO SILVA	M	32	00:46:16	00:45:59	GARMIN/ CO OEIRAS
59	1160	CARLOS IMPERADEIRO	M	28	00:46:19	00:45:07	DUPLO IMPACTO
60	1168	ANTÓNIO H C TEXUGO	M	34	00:46:20	00:44:58	INDIVIDUAL
61	1497	PEDRO PINTO	M	29	00:46:21	00:46:09	GDC BANCO PORTUGAL
62	1662	JORGE GONÇALVES	M	29	00:46:26	00:44:29	INDIVIDUAL
63	966	RUI R V R M C GOMES	M	32	00:46:29	00:44:36	CORRER LISBOA
64	479	MANUEL VALENÇA	M	34	00:46:30	00:45:58	INDIVIDUAL
65	1381	MARCO BAPTISTA	M	33	00:46:31	00:45:51	ACD BOCAL
66	399	ANTÓNIO L R M FERREIRA	M	31	00:46:43	00:45:54	INDIVIDUAL
67	1020	FLAVIO AMORIM	M	24	00:46:44	00:45:13	SONAE MC RUNNERS
68	964	JOAO SALAVISA	M	31	00:46:46	00:45:40	INDIVIDUAL
69	267	JOÃO P F S R TABORDA	M	29	00:46:50	00:45:13	INDIVIDUAL
70	73	KIM BEHRENS	M	25	00:46:55	00:46:24	
71	1612	JOÃO QUEIRÓS	M	29	00:46:58	00:43:45	TUNHOS
72	1534	MANUEL GARRINHAS	M	20	00:47:07	00:46:22	INDIVIDUAL
73	1913	BRUNO SOUSA	M	16	00:47:12	00:45:59	SL CAMPOLIDE
74	1048	CARLOS LOURES	M	30	00:47:13	00:47:06	LUSO-ATLANTICA
75	1417	DIOGO LEITE	M	27	00:47:17	00:47:01	INDIVIDUAL
76	1763	RICARDO SILVA	M	34	00:47:33	00:46:58	ACLIS LIBERTY SEGUROS
77	1855	NUNO C CARVALHO	M	31	00:47:34	00:45:50	AR
78	978	BRUNO CRUZ	M	33	00:47:39	00:47:17	ESTRELAS DE LUZ
79	154	EURICO S LOUREIRO	M	34	00:47:40	00:47:18	INDIVIDUAL
80	1965	MILTON RODRIGUES	M	28	00:47:41	00:47:09	INDIVIDUAL

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1346	LUÍS A P LOUREIRO	M	30	00:47:45	00:47:12	AFDD - RUN CREW
82	1755	CLAUDIO FIGUEIRA	M	29	00:47:47	00:46:35	TEJAVISTA
83	1089	RICARDO NUNES	M	32	00:47:55	00:47:35	INDIVIDUAL
84	1791	PEDRO SANTOS	M	28	00:48:10	00:47:12	INDIVIDUAL
85	473	MARCO CAMPANIÇO	M	32	00:48:10	00:46:55	VOLKSWAGEN AUTOEUROPA
86	2054	ATLETA NÃO CADASTRADO	M	0	00:48:24	00:40:34	
87	1383	ANDRÉ VAZ	M	26	00:48:27	00:47:46	ACD BOCAL
88	685	HUGO SILVA	M	30	00:48:29	00:47:22	INDIVIDUAL
89	322	BRUNO BRANCO	M	27	00:48:34	00:48:25	INDIVIDUAL
90	402	RICARDO BERNARDES	M	24	00:48:34	00:47:45	INDIVIDUAL
91	569	MIGUEL CARVALHO	M	18	00:48:35	00:47:50	FALCOES SELVAGENS
92	1275	HENRIQUE SILVA	M	31	00:48:45	00:46:45	ASAS NOS PÉS
93	732	HÉLDER COSTA	M	33	00:48:46	00:47:35	KEEP RUNNING
94	682	PEDRO TRIGO	M	29	00:48:49	00:47:14	INDIVIDUAL
95	181	CARLOS A B RODRIGUES	M	34	00:48:53	00:48:47	INDIVIDUAL
96	55	DIOGO DIAS	M	34	00:48:59	00:47:19	VAMOS GANHAR
97	1287	MIGUEL PALMA	M	31	00:49:05	00:47:06	ASAS NOS PÉS
98	1498	ANDRÉ LEITE	M	25	00:49:12	00:47:52	GDC BANCO PORTUGAL
99	1768	BERNARDO REIS	M	27	00:49:15	00:47:44	INDIVIDUAL
100	1253	CARLOS BRAVO	M	22	00:49:17	00:49:17	INDIVIDUAL
101	929	JOSÉ FRANCISCO	M	20	00:49:18	00:47:14	INDIVIDUAL
102	494	JORGE GONÇALVES	M	34	00:49:21	00:48:00	QUARTETO FANTÁSTICO
103	1520	JOSÉ L CAEIRO	M	34	00:49:30	00:49:03	VOLKSWAGEN AUTOEUROPA
104	1568	LUIS CARVALHO	M	33	00:49:37	00:48:46	REBOLA CAIXOTES
105	1052	JOÃO M J ESTEVÃO	M	34	00:49:38	00:49:06	INDIVIDUAL
106	1176	ANDRÉ PIRES	M	28	00:49:41	00:48:04	CCD EFACEC LX
107	255	FÁBIO ESTEVÃO	M	18	00:49:42	00:48:17	MOVIMENTO
108	1022	MARCOS FERREIRA	M	28	00:49:45	00:48:41	INDIVIDUAL
109	1418	JOÃO P SIMÕES	M	33	00:49:46	00:47:28	INDIVIDUAL
110	420	RENARO BAIÃO	M	30	00:49:52	00:48:57	INDIVIDUAL
111	1391	MANUEL SANTOS	M	24	00:50:01	00:49:50	ASC VALE GRANDE
112	912	JOÃO BRANCO	M	24	00:50:04	00:48:03	INDIVIDUAL
113	67	ATLETA NÃO CADASTRADO	M	0	00:50:05	00:49:04	
114	558	ANDRÉ DIAS	M	27	00:50:09	00:49:18	LOURESAÚDE RUNNING
115	1867	ALCINDO RAMALHO	M	31	00:50:09	00:48:52	WEVENTUAL
116	1441	JOÃO SEABRA	M	26	00:50:13	00:49:42	INDIVIDUAL
117	80	NUNO MONTEIRO	M	30	00:50:16	00:47:11	Clube Vodafone
118	714	RUI FREIXO	M	29	00:50:24	00:49:43	NA BDF
119	1226	JOÃO MARTINS	M	33	00:50:32	00:49:37	SPEED OF YELLOW
120	1817	AMILCAR ALMEIDA	M	26	00:50:38	00:48:03	GEEK N THE RUN

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	2053	ATLETA NÃO CADASTRADO	M	0	00:50:38	00:50:33	
122	1522	TIAGO F M COELHO	M	27	00:50:40	00:49:35	INDIVIDUAL
123	684	BRUNO MACHADO	M	30	00:50:41	00:49:29	INDIVIDUAL
124	1911	JOAO SOUSA	M	16	00:50:41	00:49:42	SL CAMPOLIDE
125	327	PEDRO SEVERINO	M	25	00:50:55	00:49:45	INDIVIDUAL
126	1732	ANDRE LOURENÇO	M	33	00:50:59	00:49:49	BOM PETISCO
127	531	VASCO AFONSO	M	24	00:51:14	00:50:47	INDIVIDUAL
128	773	JOÃO JOSÉ FERNANDES	M	33	00:51:15	00:49:43	AÇOREANA C BANIF
129	1584	CARLOS ALFEIRÃO	M	34	00:51:16	00:50:33	LIKE A RUNNER
130	1083	CARLOS NORONHA	M	34	00:51:20	00:50:38	INDIVIDUAL
131	142	ANTÓNIO C F VALE	M	27	00:51:20	00:50:00	OS CONTA-KILÓMETROS
132	59	ATLETA NÃO CADASTRADO	M	0	00:51:41	00:49:48	
133	1896	HUMBERTO SERRA	M	28	00:51:41	00:50:53	CAPARICA FC
134	613	LUIS CHAGAS	M	27	00:51:42	00:50:56	AMIGOS DA MINI
135	611	VALTER FORNO	M	34	00:51:42	00:50:56	AMIGOS DA MINI
136	273	FERNANDO FERNANDES	M	30	00:51:43	00:51:06	INDIVIDUAL
137	612	JOÃO LOPES	M	34	00:51:43	00:50:57	AMIGOS DA MINI
138	1421	MÁRIO DUARTE	M	34	00:51:56	00:50:25	MC RUNNERS
139	1809	RODOLFO SERRA	M	32	00:51:57	00:51:48	BUÉ DA SERRAS
140	1927	TOMÁS FARIA	M	33	00:51:57	00:50:13	DRINKING TEAM
141	606	JOÃO DINIZ	M	25	00:52:18	00:50:55	CCD SIEMENS
142	388	TIAGO F E SANTO	M	20	00:52:20	00:51:57	C MILLENNIUM BCP
143	522	NUNO SOARES	M	34	00:52:24	00:51:06	BEACH RUNNERS
144	178	PAULO RUIVO	M	34	00:52:28	00:50:46	INDIVIDUAL
145	209	LUIS CARLOS	M	32	00:52:30	00:50:59	C BENFICA CAST RIBATEJO
146	1112	RODRIGO CARMO	M	18	00:52:34	00:51:53	INDIVIDUAL
147	750	ROBERTO BATISTA	M	19	00:52:37	00:51:47	BATISTAS
148	312	JOÃO SIMÕES	M	26	00:52:37	00:52:37	INDIVIDUAL
149	1566	BRUNO SANTOS	M	28	00:52:42	00:51:49	REBOLA CAIXOTES
150	687	MARCO MOREIRA	M	21	00:52:54	00:52:35	AA MAFRA
151	1236	PEDRO PINTO	M	32	00:52:55	00:51:33	SPEED OF YELLOW
152	1506	LUÍS CASTILHO	M	28	00:53:03	00:51:34	INDIVIDUAL
153	1079	JOÃO PACHECO	M	30	00:53:05	00:51:24	INDIVIDUAL
154	1330	RICARDO SARMENTO	M	30	00:53:07	00:53:07	INDIVIDUAL
155	1899	PAULO MARQUES	M	33	00:53:34	00:52:27	CAPARICA FC
156	2004	MIGUEL FERREIRA	M	29	00:53:35	00:52:37	PAPA ASFALTO
157	1991	GONÇALO PATRICIO	M	34	00:53:40	00:53:06	INDIVIDUAL
158	1063	DANIEL M FEITEIRONA	M	32	00:53:41	00:51:47	INDIVIDUAL
159	1898	HUGO PALMA	M	32	00:53:47	00:52:41	CAPARICA FC
160	517	RICARDO FERNANDES	M	34	00:54:06	00:52:46	INDIVIDUAL

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Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	975	PEDRO BANDEIRA	M	22	00:54:09	00:52:41	MARRIOTT LISBOA
162	520	FILIFE FRANCO	M	30	00:54:11	00:54:11	BEACH RUNNERS
163	1144	MANUEL FIGUEIRA	M	27	00:54:12	00:52:24	CLUBE VODAFONE
164	1143	ANDRÉ CARVALHO	M	33	00:54:12	00:52:24	CLUBE VODAFONE
165	708	NUNO MARQUES	M	34	00:54:27	00:52:15	INDIVIDUAL
166	2018	TOMAS LOUREIRO	M	17	00:54:29	00:52:32	LUSOCARGO
167	1952	MARTIM COSTA SECO	M	18	00:54:29	00:53:10	WEVENTUAL
168	625	GONÇALO GAIOLAS	M	32	00:54:30	00:52:47	INDIVIDUAL
169	527	CARLOS PEREIRA	M	33	00:54:36	00:51:04	OS ZATOPEQUES
170	75	ALEXANDRE BATISTA	M	34	00:54:42	00:53:03	Run Buddy Run
171	1615	HUGO MENDEIROS	M	32	00:54:45	00:51:37	TUNHOS
172	1875	RENATO RAMALHO	M	33	00:54:50	00:52:59	COININHA RUNNERS
173	483	BRUNO REIS	M	25	00:54:55	00:54:12	INDIVIDUAL
174	1970	LUIZ PEREIRA	M	34	00:54:57	00:53:32	INDIVIDUAL
175	1823	RAFAEL CUNHA	M	32	00:55:13	00:53:26	BEACH RUNNERS
176	1077	RUBEN COSTA	M	34	00:55:20	00:53:03	INDIVIDUAL
177	1586	JOÃO VALE	M	31	00:55:25	00:54:41	LIKE A RUNNER
178	1856	GONÇALO ALMEIDA	M	34	00:55:27	00:51:39	4CLIENT
179	70	ATLETA NÃO CADASTRADO	M	0	00:55:43	00:54:49	
180	1450	VALTER AMADINHO	M	34	00:55:45	00:54:11	INDIVIDUAL
181	507	FABIO ALVES	M	23	00:55:48	00:49:35	ODEBRECHT PORTUGAL
182	1832	FÁBIO DUARTE	M	31	00:56:06	00:54:50	INDIVIDUAL
183	308	RICHARD JESUS	M	33	00:56:09	00:55:58	CLUBE MARGINAL
184	2036	NUNO AFONSO	M	34	00:56:24	00:54:32	INDIVIDUAL
185	2013	PEDRO GONÇALVES	M	32	00:56:24	00:54:59	INDIVIDUAL
186	901	TIAGO VEIGA	M	31	00:56:37	00:55:45	GD SANTANDER TOTTA
187	291	ANDRÉ MARTINS	M	26	00:57:12	00:55:37	FALCOES SELVAGENS
188	1699	FILIPA PONCIANO	M	32	00:57:22	00:56:07	NS COSTA CAPARICA
189	627	LUIS TRIGO	M	34	00:57:28	00:55:52	OS CONTA-KILÓMETROS
190	2016	ANDRÉ ROSA	M	28	00:57:31	00:56:23	INDIVIDUAL
191	475	MAURO MACHADO	M	32	00:57:31	00:56:26	INDIVIDUAL
192	580	JOÃO BRANCO	M	33	00:57:32	00:55:33	INDIVIDUAL
193	1816	DAVID MARTINHO	M	25	00:57:38	00:55:02	GEEK N THE RUN
194	1862	NUNO GOMES	M	28	00:57:47	00:54:38	INTROSYS
195	1302	ANDRÉ SILVA	M	28	00:57:56	00:56:29	OS CARACOIS FURIOSOS
196	1692	PEDRO GOMES	M	34	00:57:58	00:56:07	SS CGD
197	277	SANDRO M S A LAVADO	M	34	00:58:10	00:56:42	BRRNIGHTRUNNERS
198	79	BRUNO NEVES	M	31	00:58:10	00:56:42	
199	1219	LUÍS SILVA	M	29	00:58:14	00:57:11	INDIVIDUAL
200	1700	PEDRO SEMELANO	M	34	00:58:21	00:57:06	NS COSTA CAPARICA

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Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	1101	JOEL FERREIRA	M	30	00:58:23	00:57:51	INDIVIDUAL
202	208	PEDRO LADEIRA	M	34	00:58:24	00:57:46	INDIVIDUAL
203	571	DANIEL SEBASTIÃO	M	33	00:58:28	00:57:18	INDIVIDUAL
204	484	ANDRÉ BOTÃO	M	27	00:58:33	00:57:49	INDIVIDUAL
205	1569	FRANCISCO FRANÇA	M	18	00:58:36	00:58:12	CA VALE FIGUEIRA
206	1480	GONÇALO CARVALHO	M	32	00:58:37	00:56:26	INDIVIDUAL
207	1271	PEDRO H C BARROSO	M	33	00:58:47	00:57:43	FISIOBARROSORUN
208	74	JOSE CRUZ	M	32	00:58:50	00:57:03	
209	1602	MIGUEL BRANCO	M	26	00:58:51	00:56:39	INDIVIDUAL
210	1453	CARLOS LUZ	M	34	00:58:51	00:58:16	INDIVIDUAL
211	2048	JOAO OLIVEIRA	M	33	00:58:53	00:57:04	INDIVIDUAL
212	2047	ANDRE SOUSA	M	33	00:58:54	00:57:05	INDIVIDUAL
213	1341	SÉRGIO TAVARES	M	32	00:58:54	00:58:24	CCD CA MÚTUO
214	1361	VINICYUS FELIX	M	18	00:58:57	00:58:14	JOGGING4FUN
215	690	BERNARDO AZEVEDO	M	33	00:59:17	00:57:31	OS MANOS
216	66	RUI FIOGUEIRAL	M	24	00:59:18	00:57:16	
217	689	LUÍS M P ROMA	M	31	00:59:33	00:56:58	ESC ALENTEJANA SKI
218	1510	SÉRGIO GALÓ	M	34	00:59:46	00:59:28	OPTICALIA RT
219	674	RICARDO CABAÇO	M	30	00:59:58	00:57:43	HCRUNNERS
220	268	DANIEL NOVAIS	M	29	01:00:06	00:57:42	INDIVIDUAL
221	1209	TIAGO QUEIROZ	M	27	01:00:16	01:00:00	INDIVIDUAL
222	1479	PEDRO LAMEIRA	M	32	01:00:28	00:58:17	INDIVIDUAL
223	2029	GIL FERREIRA	M	29	01:00:39	00:59:41	PAPA ASFALTO
224	524	JOÃO SANTOS	M	31	01:00:46	00:59:16	INDIVIDUAL
225	1308	PEDRO BAPTISTA	M	34	01:00:59	01:00:30	CASA DA DIZIMA
226	667	HELDER SILVA	M	34	01:01:06	00:59:37	INDIVIDUAL
227	2012	JOÃO M SANTOS	M	27	01:01:44	00:59:19	INDIVIDUAL
228	1459	MICHAEL DICKINSON	M	30	01:01:44	00:59:20	INDIVIDUAL
229	1815	PEDRO RUSSIANO	M	26	01:01:52	00:59:16	GEEK N THE RUN
230	76	EDUARDO GAMA	M	34	01:01:53	00:59:41	
231	234	BRUNO BAÍA	M	28	01:02:05	01:00:41	INDIVIDUAL
232	86	RICARDO FERNANDES	M	32	01:02:22	00:59:41	
233	1508	PEDRO BATISTA	M	33	01:02:35	01:02:01	INDIVIDUAL
234	1350	ANDRÉ SOUSA	M	23	01:02:46	01:00:27	INDIVIDUAL
235	95	ANDRE SOUSA	M	23	01:02:46	01:00:27	C FERROV PORTUGAL
236	1836	HUGO CARDOSO	M	29	01:02:52	00:59:53	GROUP TRAINING
237	408	LUÍS COSTA	M	29	01:03:00	01:01:44	CONTA - KILÓMETROS
238	830	EDUARDO DIAS	M	29	01:03:10	01:00:41	FAST TURTLES
239	1613	NUNO PRADO	M	29	01:03:20	01:00:34	TUNHOS
240	1824	MIGUEL SANTOS	M	20	01:03:35	01:01:39	BEACH RUNNERS

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Relatório por Faixas Etárias

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1879	FERNANDO VAQUEIRO	M	33	01:03:39	01:01:55	INDIVIDUAL
242	832	LILIANA LOPES	M	31	01:03:57	01:01:31	FAST TURTLES
243	831	MÁRIO DIAS	M	32	01:03:57	01:01:30	FAST TURTLES
244	1880	SÉRGIO MARTINHO	M	34	01:04:10	01:02:25	INDIVIDUAL
245	1928	RICARDO ANDRÉ	M	31	01:04:11	01:02:25	DRINKING TEAM
246	1844	GONÇALO SOUSA	M	24	01:04:37	01:02:29	LEBRES E TARTARUGAS
247	1555	RICARDO COSTA	M	33	01:05:28	01:05:08	DA COSTA
248	1039	RAFAEL ROQUE	M	34	01:05:29	01:04:00	INDIVIDUAL
249	523	ALEXANDRE CARVALHO	M	34	01:06:30	01:04:23	BEACH RUNNERS
250	113	PEDRO CORREIA	M	20	01:08:04	01:05:35	OS AZEITEIROS
251	303	PEDRO LEITÃO	M	32	01:08:55	01:07:21	JD ALHANDRENSE
252	350	DAVID M F JORGE	M	28	01:10:04	01:08:13	C MILLENNIUM BCP
253	1924	GONÇALO GODINHO	M	21	01:10:17	01:09:41	BFF NEIGHBORS
254	1883	VITOR G T SILVA	M	32	01:10:20	01:07:53	INDIVIDUAL
255	1610	PEDRO ANTUNES	M	27	01:10:27	01:08:21	LEBRES E TARTARUGAS
256	2033	PEDRO RIJO	M	18	01:10:35	01:09:26	CAPARICA FC
257	390	MIGUEL C S CARVALHO	M	19	01:10:59	01:09:02	C MILLENNIUM BCP
258	1423	PEDRO PIRES	M	26	01:11:06	01:08:26	INDIVIDUAL
259	1046	ALEXANDRE VILÃO	M	31	01:12:06	01:10:49	INDIVIDUAL
260	725	EDUARDO RODRIGUES	M	32	01:12:13	01:11:53	INDIVIDUAL
261	1201	TIAGO ALVES	M	30	01:13:22	01:11:19	INDIVIDUAL
262	1132	SANDRO AZEVEDO	M	30	01:15:03	01:12:32	INDIVIDUAL
263	1244	NICOLAS NORIEGA	M	26	01:15:07	01:12:56	SPEED OF YELLOW
264	1329	PEDRO QUIRINO	M	32	01:15:32	01:11:18	INDIVIDUAL
265	401	VITAL J G A VILARINHO	M	34	01:17:08	01:14:37	VICTORIA SEGUROS
266	1517	ADRIANO SANTOS	M	28	01:17:28	01:14:43	CCD LOURES CORRER PARA VIVER
267	1561	JOSÉ FERREIRA	M	28	01:24:17	01:22:35	SUNSET GYM

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Relatório por Faixas Etárias

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	1826	RICARDO PEREIRA	M	37	00:34:39	00:34:39	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
2	1581	PEDRO GOMES	M	37	00:34:47	00:34:47	CA VALE FIGUEIRA
3	1115	LUIS BATISTA	M	37	00:35:00	00:35:00	CA ODIMARQ
4	1196	PAULO ALVES	M	37	00:37:05	00:37:00	GDCT IN CASA MOEDA
5	1265	RICARDO TEIXEIRA	M	37	00:37:33	00:37:28	C COLAB AXA
6	910	CARLOS TIAGO	M	35	00:37:47	00:37:42	KEEP RUNNING
7	1726	RUI HENRIQUES	M	35	00:37:51	00:37:44	SS MONTEPIO GERAL
8	1789	VALTER SOARES	M	39	00:38:07	00:38:07	GDR S FRANCISCO SERRA
9	998	HUGO REIS	M	38	00:38:25	00:38:20	GD INE
10	1339	RICARDO PATRICIO	M	37	00:38:26	00:37:54	CCD CA MÚTUO
11	1633	TIAGO LOBO	M	36	00:38:29	00:38:23	INDIVIDUAL
12	1199	RUI CORREIA	M	38	00:38:30	00:38:23	GDCT IN CASA MOEDA
13	1197	RICARDO NEVES	M	39	00:38:34	00:38:27	GDCT IN CASA MOEDA
14	1570	LUIS BRITO	M	39	00:38:35	00:38:35	CA VALE FIGUEIRA
15	707	MÁRIO SÁ	M	35	00:38:36	00:38:21	INDIVIDUAL
16	453	GIL X ALVES	M	38	00:39:12	00:39:07	UNIDOS DA MANUTENÇÃO
17	1208	DIOGO SILVA	M	35	00:39:29	00:39:24	NA PENTEADO
18	216	NUNO ALMEIDA	M	35	00:39:58	00:39:50	INDIVIDUAL
19	711	NUNO M D BALAS	M	38	00:40:06	00:40:01	INDIVIDUAL
20	1334	MIGUEL GONÇALVES	M	36	00:40:09	00:39:39	CCD CA MÚTUO
21	1974	LUÍS C B MARQUES	M	37	00:40:24	00:40:19	A NATUREZA ENSINA
22	1891	PEDRO GONÇALVES	M	35	00:41:28	00:40:51	ROAD RUNNERS
23	278	ALEXANDRE ANDRADE	M	38	00:41:39	00:41:29	GPE RUNNERS
24	698	VASCO FERNANDES	M	37	00:41:43	00:40:38	BIFANAS DE CORRIDA
25	1735	ANDRE PATO	M	39	00:41:51	00:41:46	INDIVIDUAL
26	1482	NUNO M P SANTOS	M	36	00:41:52	00:41:42	CLUBE VODAFONE
27	1044	ANDRÉ SILVA	M	36	00:41:54	00:41:36	INDIVIDUAL
28	756	NUNO M LOPES	M	38	00:42:11	00:42:02	RUNNINGCLUB DO CCD-AT
29	206	JOSÉ MOREIRA	M	38	00:42:11	00:42:11	ASC VALE GRANDE
30	93	NUNO ALCOBIA	M	39	00:42:21	00:42:05	C FERROV PORTUGAL
31	247	EDUARDO SANTOS	M	35	00:42:43	00:42:14	INDIVIDUAL
32	1419	PAULO SOUSA	M	39	00:42:44	00:42:31	INDIVIDUAL
33	246	FERNANDO ALMEIDA	M	36	00:42:44	00:42:13	INDIVIDUAL
34	1632	MARCELO DIAS	M	39	00:42:46	00:42:33	INDIVIDUAL
35	874	JOÃO JESUS	M	39	00:42:46	00:42:00	GD SANTANDER TOTTA
36	816	HÉLIO PALMA	M	36	00:43:07	00:42:58	CCD TRANQUILIDADE
37	1120	PEDRO MARTINS	M	36	00:43:13	00:42:26	C NOTURNA P NAÇÕES
38	1976	LUÍS TRINDADE	M	37	00:43:17	00:41:34	PAREDES AVENTURA
39	304	PAULO SANTOS	M	39	00:43:26	00:41:52	JD ALHANDRENSE
40	148	NÉLSON LOPES	M	37	00:43:29	00:43:07	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	896	RUI MACHINHO	M	38	00:43:45	00:43:40	GD SANTANDER TOTTA
42	853	JOAO TAVARES	M	39	00:44:24	00:43:18	CCD-AT
43	814	RENATO RAMOS	M	36	00:44:26	00:43:37	MOVET
44	796	RUI PIRES	M	39	00:44:38	00:43:57	EQUIPA DOS LENTOS
45	645	ANTÓNIO J CUNHA	M	39	00:44:42	00:43:51	SUNSET GYM
46	961	RODRIGO ALMEIDA	M	35	00:44:47	00:44:40	CLUBE NOVO BANCO
47	1272	NUNO SILVA	M	38	00:44:50	00:43:48	LX RUN
48	760	LUÍS M F ALVES	M	36	00:44:50	00:44:23	INDIVIDUAL
49	754	HUGO COSTA	M	35	00:44:51	00:44:30	KEEP RUNNING
50	52	PEDRO FERNANDES	M	36	00:44:51	00:43:14	VAMOS GANHAR
51	876	FILIPE FERREIRA	M	37	00:44:54	00:44:03	GD SANTANDER TOTTA
52	1093	ANTOINE BURLET	M	37	00:44:55	00:44:01	BRETAGNE
53	106	BRUNO AMARO	M	36	00:44:56	00:43:55	INDIVIDUAL
54	2026	HUGO SILVA	M	36	00:44:58	00:44:05	INDIVIDUAL
55	1042	ALEXANDRE COSTA	M	38	00:44:59	00:44:46	CLUBE VODAFONE
56	1724	RICARDO SOUSA	M	35	00:45:01	00:44:48	SS MONTEPIO GERAL
57	1820	ARTUR PINTO	M	39	00:45:02	00:45:02	INDIVIDUAL
58	1895	BRUNO SEMEDO	M	36	00:45:04	00:44:02	CCD-AT
59	447	NUNO GOMES	M	38	00:45:05	00:44:56	INDIVIDUAL
60	1805	MANUEL BENTO	M	38	00:45:17	00:45:08	SC CASAINHOS
61	491	JOEL RODRIGUES	M	35	00:45:22	00:44:31	INDIVIDUAL
62	1501	EDUARDO LUÍS	M	37	00:45:23	00:44:54	ATOMIC TEAM
63	636	PEDRO FERREIRA	M	37	00:45:27	00:45:16	CLUBE ROBBIALAC
64	325	PEDRO CARVALHO	M	36	00:45:27	00:45:02	ASCC 4 RUN
65	1027	NUNO VENÂNCIO	M	38	00:45:29	00:45:29	GDAK
66	548	PEDRO FAVINHA	M	35	00:45:34	00:45:22	EM FORMA SPORT
67	1873	LUÍS SILVESTRE	M	37	00:45:35	00:43:41	COININHA RUNNERS
68	1878	ORLANDO NOGUEIRA	M	38	00:45:35	00:43:42	COININHA RUNNERS
69	1509	TIAGO FERREIRA	M	36	00:45:36	00:45:20	OPTICALIA RT
70	194	ABEL P V GONÇALVES	M	36	00:45:39	00:45:17	INDIVIDUAL
71	1842	ARTUR SILVA	M	35	00:46:07	00:45:49	INDIVIDUAL
72	1007	MARCO MOURA	M	35	00:46:09	00:45:23	GD INE
73	540	PAULO J PINTO	M	38	00:46:13	00:45:41	CP EDP LISBOA
74	1840	GUSTAVO CARAÇA	M	38	00:46:23	00:46:05	INDIVIDUAL
75	857	BRUNO MARTINS	M	37	00:46:29	00:45:35	CARACÓIS DE CORRIDA
76	1890	RUI CRUZINHA	M	38	00:46:29	00:45:57	INDIVIDUAL
77	54	FRANCISCO MARTINS	M	35	00:46:31	00:44:52	VAMOS GANHAR
78	1874	IVO FERREIRA	M	38	00:46:33	00:44:40	COININHA RUNNERS
79	1905	MARCO COSTA	M	36	00:46:34	00:45:51	SL CAMPOLIDE
80	1309	JOÃO SILVA	M	35	00:46:35	00:46:35	CASA DA DIZIMA

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81	1819	GUSTAVO SILVA	M	38	00:46:42	00:44:31	INDIVIDUAL
82	314	PEDRO DIAS	M	37	00:46:50	00:45:29	INDIVIDUAL
83	1353	HAMILTON DIAS	M	39	00:46:50	00:45:58	GD SANTANDER TOTTA
84	296	FERNANDO M H CARVALHAO	M	35	00:46:55	00:46:01	CLUBE DE CORRIDA
85	900	TIAGO DOMINGUES	M	37	00:47:02	00:46:47	GD SANTANDER TOTTA
86	925	FERNANDO LUIS COSTA	M	38	00:47:05	00:45:34	INDIVIDUAL
87	1262	MIGUEL T SOUSA	M	39	00:47:05	00:45:32	C COLAB AXA
88	542	RUI RIBEIRO	M	39	00:47:05	00:45:29	CP EDP LISBOA
89	1187	CARLOS CRISTOVÃO	M	39	00:47:08	00:45:35	GDCT IN CASA MOEDA
90	655	JOÃO FERNANDES	M	35	00:47:14	00:46:27	INDIVIDUAL
91	1553	ANTONIO MORGADO	M	37	00:47:32	00:46:17	INDIVIDUAL
92	176	RUI A R SANTOS	M	35	00:47:41	00:47:19	INDIVIDUAL
93	210	CARLOS CONSTANCIO	M	39	00:47:42	00:46:15	ERICSSON
94	566	LUÍS GODINHO	M	36	00:47:44	00:44:11	INDIVIDUAL
95	363	PEDRO M E FERNANDES	M	38	00:47:48	00:46:59	C MILLENNIUM BCP
96	147	NUNO LOPES	M	35	00:47:48	00:47:25	INDIVIDUAL
97	1778	GLEIBER MENDES	M	35	00:47:51	00:44:05	4CLIENT
98	654	CARLOS MIRANDA	M	38	00:47:52	00:47:05	INDIVIDUAL
99	514	HUGO MAGALHÃES	M	39	00:47:58	00:47:44	CLUBE VODAFONE
100	220	LUIS F A BERNARDO	M	39	00:48:01	00:47:23	INDIVIDUAL
101	318	PEDRO GIL	M	39	00:48:04	00:47:52	ACR ESPINHEIRENSE
102	852	PEDRO VASCONCELOS	M	36	00:48:16	00:46:55	INDIVIDUAL
103	1829	HUGO MIRANDA	M	36	00:48:24	00:47:39	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
104	1314	MARIO B P CUNHA	M	36	00:48:30	00:47:09	INDIVIDUAL
105	944	JOÃO BATISTA	M	39	00:48:34	00:47:14	CLUBE NOVO BANCO
106	1337	NUNO SIMOES	M	37	00:48:42	00:48:12	CCD CA MÚTUO
107	1934	HELDER LOPES	M	35	00:48:44	00:47:42	CCD-AT
108	1214	FÚLVIO DUARTE	M	35	00:48:51	00:47:18	INDIVIDUAL
109	1228	PAULO LOPES	M	37	00:48:56	00:48:02	SPEED OF YELLOW
110	715	LUIS SILVA	M	39	00:49:03	00:48:28	NA BDF
111	455	MIGUEL PASSARINHO	M	38	00:49:10	00:48:21	INDIVIDUAL
112	1033	PEDRO RIBEIRO	M	37	00:49:11	00:48:51	ESTRELAS DE LUZ
113	1588	PAULO INÁCIO	M	35	00:49:13	00:47:15	CLUBE HERMES
114	1229	CARLOS SANTOS	M	37	00:49:20	00:48:27	SPEED OF YELLOW
115	1231	LUIZ CARACOL	M	39	00:49:26	00:48:32	SPEED OF YELLOW
116	438	PAULO CURADO	M	36	00:49:26	00:49:06	TÁLENTO PRÁ CORRER TEAM
117	1694	PEDRO SANTOS	M	38	00:49:27	00:47:53	SS CGD
118	1678	JOAQUIM ANTUNES	M	37	00:49:27	00:48:35	SS CGD
119	536	HELDER MARTINS	M	39	00:49:28	00:48:53	CP EDP LISBOA
120	1563	PEDRO ALVES	M	36	00:49:37	00:48:46	REBOLA CAIXOTES

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121	2043	SERGIO PIRES	M	38	00:49:41	00:48:47	INDIVIDUAL
122	1080	NUNO PAIS	M	37	00:49:41	00:48:01	INDIVIDUAL
123	1947	JOSÉ C MARTINS	M	36	00:49:44	00:49:31	FALCOES SELVAGENS
124	422	TOMÁS SOUSA	M	38	00:50:00	00:48:48	OS SUPER
125	1049	NUNO SOBRAL	M	39	00:50:00	00:48:24	RUN BUDDY RUN
126	1440	NUNO TEIXEIRA	M	39	00:50:13	00:49:42	INDIVIDUAL
127	716	GONÇALO TAVARES	M	39	00:50:14	00:49:35	NA BDF
128	1828	BRUNO PEDREIRA	M	39	00:50:16	00:49:41	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
129	1126	BRUNO GONÇALVES	M	36	00:50:21	00:49:49	INDIVIDUAL
130	736	JOÃO PEREIRA	M	39	00:50:27	00:50:00	INDIVIDUAL
131	1470	JOÃO FIALHO	M	36	00:50:27	00:49:22	RUNNINGCLUB DO CCD-AT
132	270	RUI MAIA	M	36	00:50:27	00:48:55	INDIVIDUAL
133	1012	NUNO VALENTE	M	36	00:50:33	00:50:08	GD INE
134	1023	TELMO FILIPE	M	38	00:50:34	00:48:53	INDIVIDUAL
135	1223	PAULO PEIXOTO	M	39	00:50:38	00:48:49	INDIVIDUAL
136	1845	FILIPE CACAPO	M	39	00:50:40	00:48:54	INDIVIDUAL
137	588	MATTEO TAIANA	M	37	00:50:41	00:48:02	INDIVIDUAL
138	930	PEDRO FÁISCA	M	38	00:50:45	00:49:55	MOVET
139	1929	PEDRO M SILVA	M	37	00:50:55	00:48:23	INDIVIDUAL
140	1227	PEDRO RUAS	M	35	00:51:00	00:50:05	SPEED OF YELLOW
141	1953	NUNO LOURENÇO	M	37	00:51:04	00:50:22	INDIVIDUAL
142	1618	NUNO ALVES	M	39	00:51:06	00:50:16	MOVET
143	1130	SAMUEL DUARTE	M	39	00:51:08	00:50:43	CLUBE NOVO BANCO
144	537	HUGO SEVERINO	M	36	00:51:13	00:50:03	CP EDP LISBOA
145	285	JOÃO VAZ	M	39	00:51:19	00:48:52	MJM SUCURSAL PORTUGAL
146	489	JOÃO SEQUEIRA	M	39	00:51:23	00:50:17	CCD-AT
147	833	PEDRO FONTES	M	39	00:51:26	00:50:58	INDIVIDUAL
148	692	JOAO RODRIGUES	M	35	00:51:26	00:50:57	INDIVIDUAL
149	600	LUIS BRUNHETA	M	36	00:51:39	00:50:01	ERICSSON
150	1194	NUNO GONÇALVES	M	39	00:51:39	00:50:08	GDCT IN CASA MOEDA
151	614	IVO SOUSA	M	36	00:51:42	00:50:55	AMIGOS DA MINI
152	815	RICARDO FLOREANO	M	36	00:51:43	00:50:55	MOVET
153	1153	PEDRO M C FERREIRA	M	35	00:51:44	00:51:19	INDIVIDUAL
154	1156	HÉLIO MARTINS	M	38	00:51:50	00:51:44	INDIVIDUAL
155	1935	HUGO VICENTE	M	36	00:51:51	00:50:06	INDIVIDUAL
156	486	TIAGO SALVADO	M	36	00:51:53	00:51:03	MOVET
157	470	JOSÉ GONÇALO	M	35	00:51:54	00:51:16	INDIVIDUAL
158	890	MÁRIO COSTA	M	38	00:51:56	00:50:54	GD SANTANDER TOTTA
159	1382	JOÃO BAPTISTA	M	38	00:52:02	00:52:02	ACD BOCAL
160	170	PEDRO SILVA	M	36	00:52:22	00:50:13	INDIVIDUAL

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161	800	FRED MANUEL	M	37	00:52:24	00:51:40	EQUIPA DOS LENTOS
162	752	MAURO CASTRO	M	38	00:52:38	00:50:58	RUNNIOLOGIA
163	1511	NUNO D SILVA	M	36	00:52:39	00:52:21	OPTICALIA RT
164	1119	PEDRO FERRAZ	M	38	00:52:39	00:51:52	C NOTURNA P NAÇÕES
165	232	FERNANDO FERREIRA	M	39	00:52:41	00:51:07	INDIVIDUAL
166	819	SÉRGIO SALTÃO	M	35	00:52:46	00:51:12	CCD TRANQUILIDADE
167	1999	FILIFE MORAIS	M	36	00:53:00	00:52:01	LX RUN
168	1903	HUGO SALAVESSA	M	37	00:53:05	00:51:58	CAPARICA FC
169	1637	RUI CUNHA	M	39	00:53:07	00:51:49	SPEED OF YELLOW
170	2038	LUIS COUTINHO	M	37	00:53:09	00:51:55	INDIVIDUAL
171	265	ANDRÉ BATISTA	M	35	00:53:12	00:51:45	MOVIMENTO
172	544	CRISTIANO DUARTE	M	35	00:53:12	00:52:34	INDIVIDUAL
173	1654	BRUNO PIEGAS	M	37	00:53:16	00:52:57	INDIVIDUAL
174	223	PAULO SANTOS	M	39	00:53:16	00:52:26	INDIVIDUAL
175	1693	PEDRO LOPES	M	35	00:53:17	00:51:35	SS CGD
176	1335	MIGUEL MENDANHA	M	38	00:53:22	00:52:52	CCD CA MÚTUO
177	1336	MIGUEL VINAGRE	M	39	00:53:23	00:51:57	CCD CA MÚTUO
178	195	SÉRGIO SERAFIM	M	38	00:53:26	00:52:46	ECORUNNERS
179	630	LUÍS FILIPE	M	39	00:53:30	00:51:40	SOMOS MUITA FORTES
180	883	LINO MARCO	M	39	00:53:42	00:52:02	GD SANTANDER TOTTA
181	1352	BRUNO SALVADOR	M	35	00:53:43	00:51:49	GD SANTANDER TOTTA
182	133	RUBEN COSTA	M	37	00:53:43	00:53:15	INDIVIDUAL
183	1274	CARLOS IPE	M	39	00:53:46	00:51:44	ASAS NOS PÉS
184	1420	RICARDO VINTÉM	M	36	00:53:49	00:52:59	MOVET
185	1076	BRUNO BERNARDO	M	36	00:53:55	00:53:44	GPE RUNNERS
186	723	RUI LIMA E SILVA	M	37	00:54:15	00:53:31	INDIVIDUAL
187	1467	JOÃO CORTE-REAL	M	36	00:54:20	00:54:00	CORREDORES R CORGAS
188	1554	LUIS M P CHAINHO	M	39	00:54:25	00:52:37	GRÂNDOLAFOOT
189	960	RICARDO SILVA	M	37	00:54:27	00:53:53	CLUBE NOVO BANCO
190	1852	ARTUR ALFAMA	M	37	00:54:28	00:52:47	INDIVIDUAL
191	666	DIOGO FRANCO	M	35	00:54:30	00:52:22	INDIVIDUAL
192	1783	RICARDO CAMPOS	M	39	00:54:48	00:54:25	AFO
193	1368	MARCIO NETO	M	35	00:54:52	00:53:57	TEAM NETO
194	818	PEDRO VENTURA	M	38	00:54:58	00:54:50	CCD TRANQUILIDADE
195	1979	JOSÉ CUSTÓDIO	M	39	00:55:02	00:52:12	CLUBE VODAFONE
196	1190	JOSÉ LIBERATO	M	39	00:55:17	00:53:48	GDCT IN CASA MOEDA
197	841	NUNO SANTIAGO	M	38	00:55:18	00:54:48	O MUNDO DA CORRIDA
198	302	JORGE MARTINS	M	36	00:55:22	00:53:48	JD ALHANDRENSE
199	797	NUNO FARINHO	M	37	00:55:29	00:54:45	EQUIPA DOS LENTOS
200	777	PEDRO BURGUETTE	M	39	00:55:29	00:53:42	AÇOREANA C BANIF

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201	115	BRUNO FERNANDES	M	36	00:55:34	00:55:20	FALCOES SELVAGENS
202	404	HUGO GATO	M	36	00:55:44	00:54:23	INDIVIDUAL
203	1456	JOÃO MANGANA	M	39	00:55:46	00:53:51	INDIVIDUAL
204	1959	ALEXANDRE RODRIGUES	M	39	00:56:05	00:56:05	INDIVIDUAL
205	2019	RICARDO N A M MORAIS	M	39	00:56:11	00:53:47	INDIVIDUAL
206	873	IVO LIMA	M	37	00:56:12	00:53:53	GD SANTANDER TOTTA
207	1893	TIAGO GUERREIRO	M	36	00:56:13	00:53:40	INDIVIDUAL
208	1670	BRUNO DIAS	M	38	00:56:23	00:54:44	SS CGD
209	560	PEDRO BANON	M	37	00:56:24	00:55:50	AMINHACORRIDA/ SKECHERS
210	828	PEDRO TOMÉ	M	36	00:56:32	00:54:37	INDIVIDUAL
211	191	RICARDO BARREIRO	M	39	00:56:41	00:54:35	3 QUENIANOS E 1 JAMAICANO
212	88	NUNO LOPES	M	39	00:56:45	00:54:12	
213	1600	GONÇALO TORRES	M	37	00:57:21	00:56:55	INDIVIDUAL
214	1677	JOAO P RODRIGUES	M	38	00:57:34	00:56:23	SS CGD
215	1210	PEDRO GONÇALVES	M	36	00:57:34	00:55:01	TROL E ANÃ
216	1105	NUNO ALMEIDA	M	39	00:57:47	00:56:18	SPORTINGS ALMEIDA
217	1056	RICARDO CARVALHO	M	35	00:57:57	00:55:28	INDIVIDUAL
218	297	NUNO PEREIRA	M	39	00:58:03	00:58:03	INDIVIDUAL
219	441	RICARDO PEREIRA	M	35	00:58:14	00:55:43	INDIVIDUAL
220	1583	ROGÉRIO GRAÇA	M	36	00:58:19	00:57:23	FUNCIONA
221	1582	RUI LUÍS	M	39	00:58:19	00:57:23	FUNCIONA
222	1944	JOÃO PEREIRA	M	37	00:58:21	00:56:32	INDIVIDUAL
223	549	FERNANDO SEBASTIÃO	M	38	00:58:28	00:57:18	INDIVIDUAL
224	1720	NUNO CARVALHO	M	39	00:58:44	00:56:46	SS MONTEPIO GERAL
225	480	JORGE ANTUNES	M	39	00:58:46	00:57:31	INDIVIDUAL
226	631	LUÍS GONÇALVES	M	38	00:58:53	00:57:02	SOMOS MUITA FORTES
227	319	HUGO M R COLAÇO	M	37	00:59:09	00:57:12	INDIVIDUAL
228	737	ANTÓNIO CASTANHEIRA	M	38	00:59:09	00:56:39	INDIVIDUAL
229	1069	ANTÓNIO C NOVAS	M	36	00:59:26	00:57:30	GODINHO
230	1232	JOÃO PALMA	M	38	00:59:30	00:58:07	SPEED OF YELLOW
231	2009	HUGO CRAVIDÃO	M	39	00:59:33	00:57:40	INDIVIDUAL
232	180	RUI ALEXANDRE	M	35	00:59:36	00:58:44	GA OS KENIANOS DO FEIJO
233	1183	JOSÉ CORREIA	M	35	00:59:38	00:58:43	CCD EFACEC LX
234	1235	MIGUEL CARRIÇO	M	36	00:59:59	00:58:02	SPEED OF YELLOW
235	53	MIGUEL COSTA	M	37	01:00:05	00:58:27	VAMOS GANHAR
236	1958	MIGUEL ANJOS	M	39	01:00:12	00:58:41	INDIVIDUAL
237	591	PEDRO ALEXANDRE	M	38	01:00:33	00:59:06	MOVIMENTO
238	894	CARLOS CUNHA	M	38	01:00:34	00:58:05	GD SANTANDER TOTTA
239	437	HUGO RIBEIRO	M	37	01:01:07	00:59:09	INDIVIDUAL
240	177	LUIS ROSA	M	39	01:01:10	01:01:10	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1123	LUÍS SILVA	M	37	01:01:41	01:01:13	A CORRER POR TI
242	1658	RICARDO COSTA	M	35	01:02:00	01:00:16	INDIVIDUAL
243	125	ALBERTO SILVA	M	35	01:02:05	01:00:41	AA LEBRES SADO
244	839	NUNO JESUS	M	37	01:02:15	01:00:35	INDIVIDUAL
245	592	ANDRÉ RIO	M	37	01:02:21	01:01:23	TRIPLO A
246	87	JOSE LUIS	M	39	01:02:22	00:59:39	
247	1360	GLEYSOON FELIX	M	36	01:02:29	01:01:48	JOGGING4FUN
248	320	NUNO HILÁRIO	M	35	01:02:34	01:01:46	INDIVIDUAL
249	1989	MANUEL REBELO	M	36	01:02:34	01:01:47	INDIVIDUAL
250	1268	VITOR FELÍCIO	M	37	01:02:44	01:01:16	MOVIMENTO
251	184	RUI COSTA	M	39	01:03:21	01:01:37	INDIVIDUAL
252	1429	PEDRO PEREIRA	M	37	01:04:05	01:02:05	INDIVIDUAL
253	620	PEDRO ANDRADE	M	36	01:04:06	01:02:48	SALVATERRA NIGHT RUNNERS
254	1904	RICARDO PEREIRA	M	35	01:05:49	01:05:05	SL CAMPOLIDE
255	649	BRUNO COIMBRA	M	39	01:06:39	01:05:02	SUNSET GYM
256	576	PAULO MORGADO	M	36	01:07:15	01:05:23	INDIVIDUAL
257	286	NUNO MARCELINO	M	38	01:07:28	01:05:01	MJM SUCURSAL PORTUGAL
258	120	RUI MENAS	M	37	01:07:53	01:06:49	CLUBE VODAFONE
259	1200	VITOR CARDOSO	M	37	01:08:03	01:08:03	GDCT IN CASA MOEDA
260	156	CARLOS SILVA	M	36	01:09:08	01:06:58	INDIVIDUAL
261	1460	NUNO MARES	M	37	01:09:54	01:09:03	MOVET
262	235	RUI VIEIRA	M	39	01:11:46	01:10:17	INDIVIDUAL
263	859	ALEXANDRE CANTIGA	M	39	01:11:47	01:10:19	GD SANTANDER TOTTA
264	1839	CARLOS SANTOS	M	36	01:12:18	01:12:18	100 STRESS
265	892	NUNO CARVALHO	M	39	01:13:34	01:12:07	GD SANTANDER TOTTA
266	193	MARCO BRITO	M	38	01:13:50	01:11:45	3 QUENIANOS E 1 JAMAICANO
267	192	PAULO PEREIRA	M	38	01:13:51	01:11:43	3 QUENIANOS E 1 JAMAICANO
268	1774	RICARDO CALDEIRA	M	38	01:14:56	01:14:56	CP IVA
269	1995	BRUNO ROQUE	M	38	01:15:01	01:15:01	INDIVIDUAL
270	555	NUNO ROMANO	M	38	01:16:40	01:16:09	SAPATISTAS
271	556	ANTÓNIO JESUS	M	37	01:16:41	01:16:10	SAPATISTAS
272	254	FILIFE BARBOSA	M	35	01:17:08	01:14:37	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	203	JOSÉ DIAS	M	44	00:36:11	00:36:02	ASC VALE GRANDE
2	1892	FERNANDO PEREIRA	M	41	00:36:47	00:36:47	GFD RUNNING
3	1571	HUGO ADELINO	M	40	00:37:31	00:37:27	CA VALE FIGUEIRA
4	204	PEDRO CAVILHAS	M	43	00:37:55	00:37:43	ASC VALE GRANDE
5	1490	LUÍS RIO	M	43	00:37:57	00:37:41	GDC BANCO PORTUGAL
6	213	PEDRO MOTA	M	44	00:38:13	00:38:01	ASC VALE GRANDE
7	202	JOSÉ GEADA	M	44	00:38:35	00:38:23	ASC VALE GRANDE
8	1642	GUILHERME HORA	M	40	00:38:44	00:38:38	INDIVIDUAL
9	780	RUI OLIVEIRA	M	44	00:39:12	00:39:12	AÇOREANA C BANIF
10	450	RUI CARDOSO	M	43	00:39:50	00:39:45	UNIDOS DA MANUTENÇÃO
11	1494	FERNANDO MARTINS	M	44	00:40:13	00:39:56	GDC BANCO PORTUGAL
12	662	JOAO C PASTOR	M	42	00:40:15	00:40:10	CCDT METRO LX
13	1031	ABILIO FERNANDES	M	44	00:40:36	00:40:25	INDIVIDUAL
14	950	LUÍS MONTEIRO	M	43	00:40:39	00:40:32	CLUBE NOVO BANCO
15	1195	NUNO SOUSA	M	41	00:40:40	00:40:34	GDCT IN CASA MOEDA
16	1830	NUNO COUTO	M	41	00:40:44	00:40:10	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
17	452	FERNANDO GOMES	M	41	00:40:52	00:40:47	UNIDOS DA MANUTENÇÃO
18	808	ORLANDO CORREIA	M	43	00:40:53	00:40:43	CA PATAMEIRAS
19	1374	LUIS FIDALGO	M	44	00:40:54	00:40:49	VITÓRIA FC
20	774	LUIS ALBUQUERQUE	M	44	00:40:54	00:40:41	AÇOREANA C BANIF
21	997	GONÇALO FERREIRA	M	42	00:40:57	00:40:52	GD INE
22	781	MÁRIO GOMES	M	44	00:40:59	00:40:54	AÇOREANA C BANIF
23	1743	JOAO INOCENCIO	M	44	00:41:11	00:41:01	A VALE SILENCIO
24	372	TIAGO M B MENDES	M	41	00:41:14	00:41:07	C MILLENNIUM BCP
25	1026	MÁRIO SANTANA	M	44	00:41:31	00:40:49	CD SALVATERRENSE
26	1596	LUCIANO CORREIA	M	42	00:41:38	00:41:20	PROAVENTURAS
27	1481	ANTÓNIO FERREIRINHO	M	41	00:41:54	00:40:48	INDIVIDUAL
28	795	MIGUEL COSTA	M	41	00:41:57	00:41:57	EQUIPA DOS LENTOS
29	97	FERNANDO SOARES	M	40	00:42:05	00:41:54	CA PATAMEIRAS
30	421	RUI P C BOLOTA	M	42	00:42:06	00:41:49	INDIVIDUAL
31	585	MANUEL TTAVARES	M	42	00:42:08	00:42:08	AÇOREANA C BANIF
32	1767	VICTOR M S VENDA	M	43	00:42:15	00:42:09	MATILHA RUNNING
33	1332	HELDER MAGALHÃES	M	42	00:42:18	00:42:08	PROAVENTURAS
34	786	AUGUSTO N FERREIRA	M	44	00:42:25	00:41:19	CCD LOURES CORRER PARA VIVER
35	615	DINIS SILVA	M	42	00:42:40	00:42:32	SCALABIS NIGHT RUNNERS
36	1038	MIGUEL GOMES	M	44	00:42:41	00:42:31	INDIVIDUAL
37	1914	HUSSENE KESHAVJEE	M	40	00:42:42	00:42:36	INDIVIDUAL
38	1086	NUNO SILVA	M	41	00:42:55	00:42:10	AERO RUNNERS
39	244	HUGO ROCHA	M	40	00:42:56	00:42:51	INDIVIDUAL
40	205	BERNARDINO SOARES	M	41	00:42:59	00:42:39	ASC VALE GRANDE

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	1171	RUI SILVA	M	42	00:43:02	00:42:00	INDIVIDUAL
42	1376	GONÇALO JACINTO	M	40	00:43:06	00:43:01	VITÓRIA FC
43	481	NUNO SIMAO	M	42	00:43:15	00:43:02	INDIVIDUAL
44	957	PEDRO VITOR	M	44	00:43:20	00:43:01	CLUBE NOVO BANCO
45	1671	CARLOS ANTUNES	M	40	00:43:31	00:42:52	SS CGD
46	293	SÉRGIO OLIVEIRA	M	41	00:43:40	00:43:05	PACE.MAKERS
47	1008	MARCOS OLIVEIRA	M	42	00:43:52	00:43:30	GD INE
48	1014	PEDRO MOREIRA	M	41	00:43:52	00:43:29	GD INE
49	811	PAULO GAMBOA	M	44	00:43:55	00:43:48	CA PATAMEIRAS
50	172	NUNO NAIA	M	40	00:44:00	00:43:46	PUMP RUNNERS
51	1169	PAULO CECILIO	M	40	00:44:03	00:43:47	INDIVIDUAL
52	383	JOAO P V PEREIRA	M	43	00:44:23	00:43:26	C MILLENNIUM BCP
53	1377	AURÉLIO ANDORINHA	M	41	00:44:25	00:44:19	VITÓRIA FC
54	693	MIGUEL SILVA	M	43	00:44:38	00:44:18	INDIVIDUAL
55	996	FRANCISCO CALDEIRA	M	41	00:44:40	00:44:18	GD INE
56	1142	JOSÉ SANTOS	M	44	00:44:45	00:44:45	INDIVIDUAL
57	1710	GUILHERME ALBINO	M	40	00:44:55	00:43:46	SS MONTEPIO GERAL
58	942	HUGO CARAGO	M	41	00:44:57	00:44:26	CLUBE NOVO BANCO
59	1985	PEDRO AMARAL	M	40	00:44:58	00:44:50	INDIVIDUAL
60	1147	JORGE BERNARDO	M	42	00:45:09	00:44:32	ANA TRIATLO
61	503	FABIO JANUARIO	M	43	00:45:09	00:45:02	ODEBRECHT PORTUGAL
62	200	VASCO COELHO	M	43	00:45:13	00:44:44	INDIVIDUAL
63	182	JOAQUIM DIAS	M	41	00:45:21	00:43:27	INDIVIDUAL
64	745	PEDRO CUNHA	M	42	00:45:23	00:43:30	SFUAP
65	1644	VITOR PIRES	M	44	00:45:23	00:43:58	CP ALCANENA
66	469	CARLOS DA COSTA	M	43	00:45:36	00:44:34	RUNNINGCLUB DO CCD-AT
67	1397	ERNESTO MONTEIRO	M	43	00:45:52	00:44:50	CÂMARA L CLUBE
68	1524	PAULO GARCIA	M	44	00:45:55	00:45:45	PERNAS DE GAFANHOTO
69	1328	RICARDO S GARCIA	M	40	00:45:57	00:44:04	INDIVIDUAL
70	153	NUNO C CARMO	M	40	00:46:02	00:45:46	INDIVIDUAL
71	2023	JOAO FONSECA	M	40	00:46:05	00:45:59	DERRETEBANHA
72	64	RICARDO SANTOS	M	40	00:46:14	00:45:58	
73	1297	RUI AZEVEDO	M	43	00:46:16	00:46:03	CLUBE VODAFONE
74	1373	LUIS CRUZ	M	44	00:46:21	00:46:21	VITÓRIA FC
75	1564	EDUARD IRIMIA	M	40	00:46:26	00:45:34	REBOLA CAIXOTES
76	444	ANTÓNIO VALENTE	M	40	00:46:27	00:46:03	INDIVIDUAL
77	602	DINIS MORAIS	M	44	00:46:29	00:45:08	CCD SIEMENS
78	1398	PAULO GONÇALVES	M	43	00:46:33	00:46:12	CÂMARA L CLUBE
79	1841	EDUARDO CARAÇA	M	42	00:46:40	00:46:21	INDIVIDUAL
80	1296	PEDRO ESPARTEIRO	M	40	00:46:47	00:46:31	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	858	NUNO F PINTÃO	M	44	00:46:48	00:46:42	INDIVIDUAL
82	1092	RICARDO MADEIRA	M	40	00:46:51	00:46:27	PUMP RUNNERS
83	817	JOÃO LUÍS MARQUES	M	40	00:46:56	00:46:47	CCD TRANQUILIDADE
84	766	ANDRÉ QUARENTA	M	44	00:47:04	00:46:40	AÇOREANA C BANIF
85	1787	PAULO REVÉS	M	43	00:47:07	00:46:37	LESMA ALOPRADAS
86	1233	EDUARDO FIGUEIRA	M	42	00:47:10	00:46:26	SPEED OF YELLOW
87	1982	ARMANDO MUCHAGATA	M	43	00:47:12	00:45:45	MOTOR WAY
88	518	BRUNO LOUREIRO	M	40	00:47:15	00:46:00	INDIVIDUAL
89	317	VALTER LEBRE	M	42	00:47:16	00:47:04	ACR ESPINHEIRENSE
90	807	MIGUEL TAVARES	M	42	00:47:30	00:47:10	CA PATAMEIRAS
91	772	PEDRO SOUSA	M	44	00:47:34	00:47:23	AÇOREANA C BANIF
92	915	JOSÉ OLIVEIRA	M	41	00:47:39	00:46:31	AA LEBRES SADO
93	962	SÉRGIO EIRA	M	42	00:47:45	00:47:29	CLUBE NOVO BANCO
94	862	ANTÓNIO LOURO	M	41	00:47:47	00:47:42	GD SANTANDER TOTTA
95	136	MANUEL GONÇALVES	M	41	00:47:49	00:45:54	INDIVIDUAL
96	570	PEDRO FREITAS	M	40	00:48:08	00:47:23	FALCOES SELVAGENS
97	1943	SÉRGIO BARROS	M	41	00:48:10	00:47:39	INDIVIDUAL
98	1146	LUIS TAVARES	M	44	00:48:13	00:47:35	ANA TRIATLO
99	572	MIGUEL FONTES	M	42	00:48:22	00:47:33	INDIVIDUAL
100	1298	JULIO SERRAS	M	43	00:48:39	00:47:26	INDIVIDUAL
101	1293	PAULO TOMAS	M	42	00:48:41	00:48:11	URD ARRANHÒ
102	443	PEDRO CANECO	M	41	00:48:43	00:46:46	KANEK
103	940	EDUARDO FIGUEIREDO	M	43	00:48:46	00:48:24	CLUBE NOVO BANCO
104	418	RUI P F RODRIGUES	M	40	00:48:47	00:48:22	INDIVIDUAL
105	678	FILIPPE RIBEIRO	M	41	00:48:52	00:48:12	INDIVIDUAL
106	1781	NUNO PINTO	M	41	00:49:02	00:48:02	INDIVIDUAL
107	451	CARLOS ROSA	M	42	00:49:02	00:48:57	UNIDOS DA MANUTENÇÃO
108	515	PAULO REIS	M	44	00:49:04	00:47:32	INDIVIDUAL
109	98	JOAO P F SILVA	M	44	00:49:11	00:47:30	GAA VF XIRA
110	867	CARLOS TEIXEIRA	M	42	00:49:20	00:48:24	GD SANTANDER TOTTA
111	465	NUNO MARTINS	M	41	00:49:22	00:48:08	BREAKAWAY
112	2007	STEFANO CAMMARATA	M	42	00:49:31	00:49:11	INDIVIDUAL
113	1135	NORBERTO MARQUES	M	44	00:49:40	00:48:47	RUNNING OF Dª MARIA
114	727	PEDRO DIAS	M	40	00:49:45	00:48:32	KEEP RUNNING
115	629	RICARDO GOMES	M	42	00:49:45	00:49:32	INDIVIDUAL
116	197	LUIS F M P P COELHO	M	43	00:49:47	00:48:15	INDIVIDUAL
117	980	PAULO SOUSA	M	41	00:49:48	00:48:39	INDIVIDUAL
118	1655	CARLOS BRANCO	M	44	00:49:50	00:48:49	LX RUN
119	979	LUÍS N S S MOURA	M	44	00:49:55	00:49:10	GD CELCAT
120	778	JOÃO SERRA	M	42	00:49:58	00:49:48	AÇOREANA C BANIF

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1593	RICARDO CARVALHO	M	41	00:50:03	00:49:11	INDIVIDUAL
122	1846	BRUNO RUAS	M	40	00:50:05	00:48:35	INDIVIDUAL
123	1292	HENRIQUE FERREIRA	M	43	00:50:07	00:48:45	URD ARRANHÔ
124	2034	JORGE PRAZERES	M	40	00:50:10	00:48:27	MRT
125	498	RUI GAMEIRO	M	41	00:50:10	00:49:19	CP RTP
126	1681	JOSE MARTINS	M	40	00:50:12	00:49:18	SS CGD
127	952	MÁRIO GODINHO	M	41	00:50:19	00:49:18	CLUBE NOVO BANCO
128	1193	NUNO CARVALHO	M	40	00:50:22	00:49:49	GDCT IN CASA MOEDA
129	1025	RUI PEREIRA	M	40	00:50:23	00:49:41	CD SALVATERRENSE
130	616	TIAGO BASTARDINHO	M	43	00:50:23	00:48:47	INDIVIDUAL
131	1390	SÉRGIO MATOSA	M	40	00:50:26	00:49:10	INDIVIDUAL
132	1389	ALEXANDRE M V NEVES	M	40	00:50:27	00:48:24	INDIVIDUAL
133	1853	PEDRO NUNES	M	42	00:50:35	00:48:52	INDIVIDUAL
134	933	ALEXANDRE NEVES	M	42	00:50:36	00:49:25	CLUBE NOVO BANCO
135	1109	PEDRO CRAVEIRO	M	43	00:50:40	00:50:19	INDIVIDUAL
136	920	PEDRO RIBEIRO	M	44	00:51:05	00:50:44	ESTRELAS DE LUZ
137	953	PAULO CARRETEIRO	M	42	00:51:07	00:50:50	CLUBE NOVO BANCO
138	956	PEDRO DOMINGOS	M	42	00:51:08	00:50:50	CLUBE NOVO BANCO
139	837	FERNANDO MOTA	M	43	00:51:12	00:49:23	INDIVIDUAL
140	1414	FERNANDO ZACARIAS	M	42	00:51:15	00:51:10	INDIVIDUAL
141	1499	RUI BORRALHO	M	41	00:51:15	00:49:54	GDC BANCO PORTUGAL
142	1047	NUNO M OLIVEIRA	M	42	00:51:17	00:51:12	LUSO-ATLANTICA
143	1945	MIGUEL M FERNANDES	M	40	00:51:28	00:50:29	INDIVIDUAL
144	1946	LUIS MUCHACHO	M	42	00:51:30	00:49:35	INDIVIDUAL
145	1282	NUNO MARQUES	M	41	00:51:34	00:49:31	ASAS NOS PÉS
146	211	PEDRO MARQUES	M	40	00:51:38	00:50:01	ERICSSON
147	287	MIGUEL SANTOS	M	40	00:51:39	00:49:12	MJM SUCURSAL PORTUGAL
148	1139	PAULO S A ALVES	M	42	00:51:50	00:50:34	MATILHA RUNNING
149	492	MARCO BASTOS	M	40	00:51:53	00:50:30	QUARTETO FANTÁSTICO
150	1812	JOAQUIM CARRUFA	M	44	00:51:55	00:51:22	INDIVIDUAL
151	1340	RUI TOMÁS	M	44	00:51:58	00:51:57	CCD CA MÚTUO
152	315	DAVID ALMEIDA	M	43	00:52:02	00:50:18	INDIVIDUAL
153	958	RICARDO CANAS	M	42	00:52:03	00:50:04	CLUBE NOVO BANCO
154	1129	GONÇALO SOARES	M	43	00:52:06	00:51:36	CLUBE NOVO BANCO
155	1798	RICARDO AFONSO	M	43	00:52:07	00:50:03	INDIVIDUAL
156	642	LUIS H SILVA	M	43	00:52:09	00:50:31	SUNSET GYM
157	1713	JORGE SOUSA	M	41	00:52:14	00:50:21	SS MONTEPIO GERAL
158	1784	RUI PEDRO BARBOSA	M	44	00:52:18	00:51:02	CLUBE VODAFONE
159	1319	SERGIO MARTINS	M	40	00:52:26	00:52:03	INDIVIDUAL
160	848	MÁRIO PEREIRA	M	43	00:52:40	00:51:45	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1213	PEDRO MACEDO	M	40	00:52:41	00:52:19	ESTRELAS DE LUZ
162	1500	JOÃO MELO	M	42	00:52:43	00:52:18	IFAP RUNNERS
163	1595	CARLOS GOMES	M	43	00:52:45	00:50:06	INDIVIDUAL
164	609	JAIME MESTRE	M	43	00:52:47	00:52:13	GD ÁGUIAS MOITA
165	1722	PEDRO CARRASCO	M	43	00:52:50	00:50:57	SS MONTEPIO GERAL
166	706	FRANCISCO M A SARDINHA	M	44	00:52:51	00:51:45	INDIVIDUAL
167	1536	FERNANDO J M MENDES	M	43	00:52:52	00:51:14	INDIVIDUAL
168	118	FERNANDO R P HOMEM	M	44	00:52:52	00:52:37	INDIVIDUAL
169	1317	MANUEL J F POTES	M	44	00:53:10	00:52:34	INDIVIDUAL
170	1161	SÉRGIO CAVACO	M	41	00:53:11	00:52:07	VOLKSWAGEN AUTOEUROPA
171	2001	LUÍS MAGALHÃES	M	40	00:53:12	00:52:31	INDIVIDUAL
172	1295	CARLOS SEPULVEDA	M	40	00:53:12	00:52:57	INDIVIDUAL
173	328	JOÃO BRAZÃO	M	40	00:53:13	00:51:46	MICROSOFT ONE
174	139	LUIS M MARTINS	M	43	00:53:14	00:51:48	WALK&RUN4FUN
175	221	ANTÓNIO LOPES	M	40	00:53:36	00:53:10	INDIVIDUAL
176	1111	PEDRO NUNES	M	42	00:53:39	00:52:59	INDIVIDUAL
177	1354	JOSÉ ALMAS	M	44	00:53:42	00:53:42	GD SANTANDER TOTTA
178	918	JORGE SERRA	M	40	00:53:45	00:53:04	INDIVIDUAL
179	1917	ARNALDO TRINDADE	M	43	00:53:46	00:53:12	RB RUNNING
180	1442	CARLOS SUISSAS	M	43	00:53:47	00:52:06	INDIVIDUAL
181	1247	LUIS ROCHA	M	43	00:53:56	00:53:24	SPEED OF YELLOW
182	1723	RICARDO DIAS	M	41	00:54:02	00:52:09	SS MONTEPIO GERAL
183	462	BERNARDO ELISEU	M	40	00:54:16	00:52:56	BREAKAWAY
184	1273	LUIS M SILVA	M	43	00:54:17	00:54:03	CLUBE VODAFONE
185	617	IVO JOAQUIM	M	43	00:54:20	00:54:02	INDIVIDUAL
186	1848	AMÉRICO CARVALHO	M	41	00:54:22	00:53:15	INDIVIDUAL
187	1782	JOSE LUIS MARTINS	M	40	00:54:24	00:53:10	TEJAVISTA
188	1585	VICTOR MONTEIRO	M	40	00:54:35	00:53:52	LIKE A RUNNER
189	1050	PEDRO M LOPES	M	42	00:54:41	00:53:00	RUN BUDDY RUN
190	1688	PAULO ANDRADE	M	43	00:54:41	00:52:40	SS CGD
191	2015	DANIEL PEREIRA	M	41	00:54:42	00:52:32	INDIVIDUAL
192	1776	JOÃO RAMOS	M	41	00:54:59	00:51:12	4CLIENT
193	587	RICARDO J M BRANCO	M	44	00:55:01	00:54:23	INDIVIDUAL
194	373	MARIO R T ROMAO	M	42	00:55:11	00:53:13	C MILLENNIUM BCP
195	1804	NUNO PEREIRA	M	43	00:55:14	00:54:45	SC CASAINHOS
196	1689	PAULO BILAO	M	44	00:55:19	00:54:19	SS CGD
197	653	NUNO E C B MOREIRA	M	42	00:55:21	00:54:13	RUNNINGCLUB DO CCD-AT
198	1408	JOÃO PEREIRA	M	44	00:55:25	00:54:12	CÂMARA L CLUBE
199	1407	PAULO GORDINHO	M	40	00:55:27	00:54:14	CÂMARA L CLUBE
200	1285	JORGE LOPES	M	42	00:55:44	00:53:43	ASAS NOS PÉS

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Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
201	722	OMAR LUIS	M	41	00:55:58	00:55:15	MOVE_GROUP
202	696	RUI SOUSA	M	44	00:56:05	00:55:37	BIFANAS DE CORRIDA
203	917	TERESA REIS	M	43	00:56:10	00:55:57	INDIVIDUAL
204	1734	ROGERIO DIAS	M	43	00:56:11	00:55:01	BOM PETISCO
205	676	JOÃO RIBEIRO	M	42	00:56:18	00:55:19	INDIVIDUAL
206	134	VÍTOR M P CANTO	M	44	00:56:37	00:50:21	INDIVIDUAL
207	283	LUIS NUNES	M	44	00:56:40	00:54:30	INDIVIDUAL
208	1261	JOÃO F FRADE	M	43	00:56:46	00:54:39	C COLAB AXA
209	150	LUIS MENDES	M	40	00:56:52	00:55:10	INDIVIDUAL
210	801	NUNO CRUZ	M	41	00:56:58	00:56:14	EQUIPA DOS LENTOS
211	1938	RUI LAPA	M	43	00:57:08	00:56:21	INDIVIDUAL
212	189	PAULO LEITE	M	43	00:57:13	00:56:12	INDIVIDUAL
213	478	NUNO NEVES	M	44	00:57:29	00:56:25	CCD-AT
214	1641	NUNO VENTURA	M	41	00:57:30	00:56:12	WIKABOO
215	1019	BRUNO DIAS	M	43	00:57:47	00:57:42	INDIVIDUAL
216	60	RUI FELICIO	M	44	00:58:12	00:56:45	
217	1513	ANTÓNIO MARCELINO	M	40	00:58:13	00:57:59	FALCOES SELVAGENS
218	398	RICARDO J S GOMES	M	43	00:58:21	00:56:33	C MILLENNIUM BCP
219	1955	ALEXANDRE DOMINGOS	M	41	00:58:37	00:55:40	INDIVIDUAL
220	123	PEDRO M P MONTEIRO	M	40	00:58:46	00:58:02	INDIVIDUAL
221	68	NUNO CORDEIRO	M	40	00:58:51	00:57:37	
222	2046	JOSE GOMES	M	44	00:58:54	00:57:06	INDIVIDUAL
223	575	ANTÓNIO CEREJO	M	40	00:58:55	00:58:55	CORRER LISBOA
224	2000	ALEXANDRE SIMÕES	M	40	00:58:59	00:57:52	CCD-AT
225	785	NUNO E SANTO	M	44	00:59:13	00:58:37	AÇOREANA C BANIF
226	109	EDUARDO AMORIM	M	43	00:59:24	00:57:29	INDIVIDUAL
227	415	RUI ALMEIDA	M	42	00:59:26	00:57:21	INDIVIDUAL
228	1363	MIGUEL BALTAZAR	M	40	00:59:29	00:57:47	INDIVIDUAL
229	1881	DOMINGOS J F AMADOR	M	42	00:59:34	00:56:39	INDIVIDUAL
230	1266	VICTOR J RAMOS	M	43	01:00:07	00:58:35	C COLAB AXA
231	165	CARLOS RODRIGUES	M	42	01:00:11	00:59:56	INDIVIDUAL
232	1957	MIGUEL RIBEIRO	M	42	01:00:12	00:58:42	INDIVIDUAL
233	968	PEDRO RIBEIRO	M	42	01:00:15	00:58:30	AZEITÃO NIGHT RUNNERS
234	668	RICARDO RODRIGUES	M	42	01:00:30	00:59:23	INDIVIDUAL
235	253	ANDRÉ SALVADO	M	40	01:00:33	00:58:53	INDIVIDUAL
236	1718	MANUEL SANTOS	M	40	01:00:35	00:59:23	SS MONTEPIO GERAL
237	1951	JOÃO COSTA SECO	M	44	01:00:37	00:59:21	WEVENTUAL
238	1307	GABRIEL COSTA	M	43	01:00:46	00:59:17	INDIVIDUAL
239	1149	JOÃO BOUZA	M	40	01:01:03	00:58:45	INDIVIDUAL
240	768	ANTÓNIO GUEDES	M	44	01:01:13	01:00:36	AÇOREANA C BANIF

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Relatório por Faixas Etárias

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
241	1559	RUI ALMEIDA	M	42	01:01:14	01:00:52	PASSO LENTO
242	866	CARLOS PEREIRA	M	44	01:01:18	00:59:19	GD SANTANDER TOTTA
243	842	PEDRO C OLIVEIRA	M	44	01:01:24	00:59:44	ESTRATEGIO INTERNATIONAL
244	799	FERNANDO JESUS	M	40	01:01:35	01:00:51	EQUIPA DOS LENTOS
245	1967	PEDRO ROCHA	M	41	01:01:38	00:59:07	INDIVIDUAL
246	300	JOÃO PERLEQUES	M	41	01:01:39	01:00:45	INDIVIDUAL
247	1094	FRÉDÉRIC VIDAL	M	43	01:02:16	01:00:56	BRETAGNE
248	2031	LUÍS CHARRÉU	M	44	01:02:56	01:02:56	APE - PILÕES DO MONTE
249	198	RUI VARELA	M	41	01:03:06	01:00:43	INDIVIDUAL
250	1691	PEDRO CAVALHEIRO	M	42	01:03:47	01:02:06	SS CGD
251	1779	GUSTAVO VERÍSSIMO	M	41	01:04:02	01:01:56	INDIVIDUAL
252	943	ISMAEL TEIXEIRA	M	40	01:04:11	01:03:38	CLUBE NOVO BANCO
253	464	RUI GONÇALVES	M	42	01:04:32	01:03:18	BREAKAWAY
254	266	CARLOS RENTE	M	40	01:04:34	01:03:55	INDIVIDUAL
255	380	BRUNO F G SANTOS	M	41	01:05:47	01:03:38	C MILLENNIUM BCP
256	2017	PAULO LOUREIRO	M	43	01:05:58	01:03:59	LUSOCARGO
257	738	MARCO M SILVA	M	40	01:06:25	01:04:32	TUBARÕES DO ASFALTO
258	739	GONÇALO CRUZ	M	40	01:06:25	01:04:33	TUBARÕES DO ASFALTO
259	704	LUIS GUERREIRO	M	43	01:06:45	01:04:25	TC RUNNERS
260	1704	ANTONIO ADENDO	M	43	01:06:55	01:05:47	NS COSTA CAPARICA
261	1993	MAURÍCIO MARQUES	M	40	01:06:55	01:05:10	INDIVIDUAL
262	1301	CARLOS CAPELO	M	40	01:08:13	01:06:48	OS CARACOIS FURIOSOS
263	1264	PAULO J PAIXÃO	M	40	01:08:13	01:06:46	C COLAB AXA
264	1051	MIGUEL ESTEVES	M	44	01:08:31	01:06:54	RUN BUDDY RUN
265	1032	NUNO GRANDÃO	M	42	01:09:02	01:07:06	INDIVIDUAL
266	869	FÁBIO DIAS	M	43	01:09:50	01:09:21	GD SANTANDER TOTTA
267	1589	ALEXANDRE SOARES	M	41	01:11:06	01:09:10	INDIVIDUAL
268	1422	NUNO PIRES	M	40	01:11:11	01:08:29	INDIVIDUAL
269	639	MIGUEL SILVA	M	40	01:11:21	01:11:01	CLUBE ROBBIALAC
270	1269	JOSÉ REGO	M	40	01:11:35	01:10:02	MOVIMENTO
271	1192	MIGUEL FRAGA	M	44	01:12:02	01:11:10	GDCT IN CASA MOEDA
272	1835	JOSÉ LUÍS SILVA	M	41	01:13:05	01:12:06	RUNNINGCLUB DO CCD-AT
273	140	RUI DURO	M	42	01:14:05	01:12:39	WALK&RUN4FUN
274	789	VITOR PAULO	M	41	01:17:47	01:15:39	INDIVIDUAL
275	116	NUNO SANTOS	M	41	01:22:35	01:22:12	INDIVIDUAL
276	1424	FRANCISCO RITO	M	42	01:24:25	01:21:46	INDIVIDUAL

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	806	JOSE CORREIA	M	48	00:37:18	00:37:10	CA PATAMEIRAS
2	1507	ARMANDO PESSOA	M	45	00:37:29	00:37:24	INDIVIDUAL
3	577	CELSO GOUVEIA	M	47	00:37:37	00:37:32	INDIVIDUAL
4	1790	VASCO AGOSTINHO	M	49	00:39:24	00:39:19	GDR S FRANCISCO SERRA
5	1690	PAULO PIRES	M	49	00:39:32	00:39:27	SS CGD
6	1631	JORGE H Q SOUSA	M	46	00:39:41	00:39:24	INDIVIDUAL
7	1645	JOÃO LUIS	M	45	00:40:05	00:39:59	CP ALCANENA
8	1493	ANTÓNIO SIMÕES	M	45	00:40:12	00:39:57	GDC BANCO PORTUGAL
9	144	FERNANDO VICENTE	M	49	00:40:51	00:40:45	INDIVIDUAL
10	1291	JOAQUIM ALEXANDRE	M	48	00:41:05	00:40:35	URD ARRANHÔ
11	1312	JOSÉ GONÇALVES	M	48	00:41:19	00:40:58	AA MAFRA
12	1764	PAULO LOPES	M	46	00:41:40	00:40:50	ACLIS LIBERTY SEGUROS
13	279	JORGÉ H S FRAGA	M	47	00:42:01	00:41:47	INDIVIDUAL
14	1380	FERNANDO FIGUEIREDO	M	45	00:42:07	00:41:48	AM ATIBÁ
15	467	CONSTANTINO ARAÚJO	M	48	00:42:15	00:41:56	SC REBOLEIRA DAMAIA
16	762	FAUSTO ISAAC	M	45	00:42:19	00:42:10	AÇOREANA C BANIF
17	657	EDUARDO LAGOA	M	47	00:42:26	00:42:18	CCDT METRO LX
18	810	PAULO NEVES	M	49	00:42:28	00:42:16	CA PATAMEIRAS
19	741	ISIDRO DUARTE	M	47	00:42:33	00:41:30	CCD-AT
20	359	NUNO J C PRAZERES	M	48	00:42:49	00:41:52	C MILLENNIUM BCP
21	1399	PAULO SANTOS	M	49	00:43:13	00:43:08	CÂMARA L CLUBE
22	1746	LUIS FERREIRA	M	45	00:43:27	00:42:59	A VALE SILENCIO
23	1359	FRANCISCO A M LOPES	M	45	00:43:48	00:42:58	VOLKSWAGEN AUTOEUROPA
24	1288	FILIFE BRANCO	M	45	00:43:57	00:43:24	URD ARRANHÔ
25	923	CARLOS ROSADO	M	46	00:44:00	00:42:15	C RUGBY JUROMENHA
26	1650	JOSÉ BADALO	M	49	00:44:00	00:42:16	ADCSA BALDIO
27	257	ROGÉRIO FONSECA	M	48	00:44:06	00:43:50	INDIVIDUAL
28	1684	MANUEL BRAS	M	47	00:44:07	00:43:07	SS CGD
29	1406	PAULO FONSECA	M	45	00:44:09	00:42:58	CÂMARA L CLUBE
30	83	CARLOS SA	M	45	00:44:13	00:43:55	
31	989	CARLOS SANTOS	M	45	00:44:34	00:43:52	GD INE
32	1887	ANTÓNIO M BAPTISTA	M	45	00:44:39	00:44:14	INDIVIDUAL
33	1322	JOAO CALDAS	M	49	00:44:40	00:44:21	ND AUTOCOOPE
34	663	JOSE L SANTOS	M	45	00:44:50	00:43:06	CCDT METRO LX
35	236	JOÃO L G BOGALHEIRO	M	45	00:44:58	00:44:43	INDIVIDUAL
36	1015	RUI ALMEIDA	M	48	00:45:01	00:44:49	GD INE
37	1011	NUNO ROMAO	M	47	00:45:13	00:44:30	GD INE
38	1598	CARLOS M JACINTO	M	46	00:45:18	00:45:03	INDIVIDUAL
39	508	GERRY SANITZ	M	48	00:45:21	00:45:10	OEBRECHT PORTUGAL
40	474	LUIS ESTÊVÃO	M	46	00:45:24	00:44:31	CORRE@CORRER

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	111	ANTÓNIO J L MARTINS	M	49	00:45:35	00:44:49	INDIVIDUAL
42	1218	PAULO PEREIRA	M	49	00:45:41	00:45:28	INDIVIDUAL
43	166	JOSÉ MORGADO	M	46	00:45:41	00:45:07	INDIVIDUAL
44	1313	ANTÓNIO MARQUES	M	47	00:45:41	00:45:14	VOLKSWAGEN AUTOEUROPA
45	1289	EDGAR FRANCISCO	M	49	00:45:48	00:45:17	URD ARRANHÔ
46	393	PEDRO E C CAEIRO	M	48	00:45:49	00:44:09	C MILLENNIUM BCP
47	949	LUÍS LINO	M	45	00:46:05	00:45:46	CLUBE NOVO BANCO
48	1447	SANTIAGO DANTAS	M	48	00:46:17	00:45:41	INDIVIDUAL
49	1661	MANUEL MEXIA	M	49	00:46:31	00:44:34	INDIVIDUAL
50	108	JOÃO ANTUNES	M	46	00:46:34	00:46:22	INDIVIDUAL
51	779	PAULO FERNANDES	M	46	00:46:37	00:45:24	AÇOREANA C BANIF
52	1623	PAULO LOPES	M	46	00:46:48	00:45:58	FLAMINGOS ATLETISMO
53	400	SILVÉRIO CORREIA	M	48	00:46:51	00:46:33	2SPEED
54	731	JOSÉ NUNES	M	47	00:46:56	00:46:34	KEEP RUNNING
55	1351	PEDRO FREITAS	M	48	00:46:59	00:46:31	VOLKSWAGEN AUTOEUROPA
56	466	ANTÓNIO J VARELA	M	49	00:47:03	00:46:52	INDIVIDUAL
57	321	ANTONIO PAINHA	M	46	00:47:04	00:46:40	INDIVIDUAL
58	1188	JOÃO FREIRE	M	49	00:47:08	00:45:35	GDCT IN CASA MOEDA
59	1081	FRANCISCO SEMIÃO	M	46	00:47:20	00:46:48	INDIVIDUAL
60	665	PEDRO C LOPES	M	46	00:47:23	00:47:23	INDIVIDUAL
61	878	JOSÉ PEREIRA	M	45	00:47:51	00:47:23	GD SANTANDER TOTTA
62	1290	LUIS FERREIRA	M	48	00:48:03	00:47:35	URD ARRANHÔ
63	543	RUI XAVIER	M	48	00:48:07	00:47:50	CP EDP LISBOA
64	1750	CARLOS RODRIGUES	M	46	00:48:08	00:46:55	TEJAVISTA
65	346	CARLOS J P RAMOS	M	48	00:48:13	00:46:24	C MILLENNIUM BCP
66	827	JOÃO RODRIGUES	M	46	00:48:17	00:47:20	PACE.MAKERS
67	1437	LUIS SOARES	M	48	00:48:22	00:47:03	APOGMA
68	1906	DAVID PALMEIRO	M	49	00:48:29	00:47:43	SL CAMPOLIDE
69	586	PEDRO AGUIAR	M	48	00:48:30	00:47:50	INDIVIDUAL
70	626	FERNANDO M L GONÇALVES	M	46	00:48:37	00:48:16	INDIVIDUAL
71	954	PAULO GONÇALVES	M	46	00:48:51	00:48:33	CLUBE NOVO BANCO
72	103	JORGE VILELA	M	48	00:48:52	00:48:47	CTM V POUCA AGUIAR
73	1035	ALEXANDRE DÂMASO	M	46	00:49:09	00:48:26	AERO RUNNERS
74	143	PEDRO VENTURA	M	48	00:49:18	00:49:01	INDIVIDUAL
75	1786	PAULO ANTUNES	M	47	00:49:28	00:49:00	LESMA ALOPRADAS
76	2041	VITOR GONZAS	M	48	00:49:35	00:49:28	INDIVIDUAL
77	71	CARLOS ABREU	M	49	00:49:35	00:49:18	
78	1599	FERNANDO BATALHA	M	48	00:49:38	00:49:03	INDIVIDUAL
79	1009	MIGUEL BASTOS	M	49	00:49:50	00:49:03	GD INE
80	986	BART SCHOENMAKERS	M	46	00:49:50	00:49:02	GD INE

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1663	ANTONIO RIBEIRO	M	49	00:49:55	00:49:12	INDIVIDUAL
82	334	JOSE A M ROCHA	M	47	00:49:56	00:49:56	C MILLENNIUM BCP
83	1707	ANTONIO FRANCO	M	49	00:50:03	00:48:54	SS MONTEPIO GERAL
84	307	MANUEL GOMES	M	49	00:50:04	00:49:53	CLUBE MARGINAL
85	1065	ANTÓNIO CORREIA	M	48	00:50:06	00:49:57	OS FENÓMENOS
86	1064	HENRIQUE GUEDES	M	48	00:50:09	00:50:09	OS FENÓMENOS
87	677	RODRIGO FERREIRA	M	45	00:51:00	00:50:20	INDIVIDUAL
88	945	JOÃO BORREGA	M	49	00:51:14	00:49:56	CLUBE NOVO BANCO
89	641	CARLOS M R COSTA	M	46	00:51:32	00:50:28	INDIVIDUAL
90	1278	JOSÉ PIRES	M	45	00:51:32	00:49:29	ASAS NOS PÉS
91	1705	AGOSTINHO COELHO	M	48	00:51:40	00:49:46	SS MONTEPIO GERAL
92	1344	CARLOS GONÇALVES	M	45	00:51:50	00:50:03	INDIVIDUAL
93	1814	PAULO BARREIROS	M	46	00:52:02	00:49:27	GEEK N THE RUN
94	61	LUIS TOSTE	M	48	00:52:12	00:50:42	
95	509	JORGE MONTEIRO	M	47	00:52:40	00:52:31	ODEBRECHT PORTUGAL
96	749	MANUEL BATISTA	M	49	00:52:40	00:51:51	BATISTAS
97	110	RUI R BARROS	M	46	00:52:43	00:50:30	CLUBE PT
98	1721	PAULO RAINHO	M	48	00:52:49	00:50:56	SS MONTEPIO GERAL
99	955	PAULO VERISSIMO	M	47	00:52:58	00:52:42	CLUBE NOVO BANCO
100	726	JOSE ANDRADE	M	49	00:53:09	00:51:59	KEEP RUNNING
101	2039	FERNANDO COUTINHO	M	47	00:53:09	00:51:54	INDIVIDUAL
102	112	FERNANDO CORREIA	M	48	00:53:09	00:51:19	OS AZEITEIROS
103	2006	MICHELANGELO CAMMARATA	M	47	00:53:15	00:52:54	INDIVIDUAL
104	1154	JOSÉ RIBEIRO	M	48	00:53:19	00:52:48	INDIVIDUAL
105	332	FERNANDO M S ALMEIDA	M	46	00:53:38	00:52:52	C MILLENNIUM BCP
106	1106	MIGUEL PARDAL	M	48	00:53:39	00:51:39	PARDAIS
107	1916	PEDRO MARTINS	M	47	00:53:48	00:53:14	RB RUNNING
108	1438	CARLOS SOUSA	M	47	00:53:51	00:52:31	APOGMA
109	387	ANTONIO J Q ALMEIDA	M	48	00:53:51	00:53:12	C MILLENNIUM BCP
110	825	PEDRO GONÇALVES	M	49	00:54:07	00:52:27	SUNSET GYM
111	1572	LUIS REIS	M	46	00:54:08	00:52:32	CA VALE FIGUEIRA
112	132	JOÃO M SANTOS	M	48	00:54:10	00:53:38	TARTARUGAS SOLIDÁRIAS
113	744	PAULO COSTA	M	48	00:54:11	00:52:47	SFUAP
114	733	EURICO CAROCHA	M	49	00:54:23	00:53:07	KEEP RUNNING
115	1652	ARMINDO QUEIMADO	M	49	00:54:34	00:52:49	ADCSA BALDIO
116	525	SIMÃO VINHAS	M	45	00:55:02	00:54:18	INDIVIDUAL
117	1496	FERNANDO RIBEIRO	M	48	00:55:05	00:53:45	GDC BANCO PORTUGAL
118	1136	RICARDO SIMOES	M	45	00:55:06	00:54:14	RUNNING OF Dª MARIA
119	1822	LUÍS FERNANDES	M	46	00:55:11	00:55:11	BEACH RUNNERS
120	884	LÚCIO SILVA	M	48	00:55:38	00:53:32	GD SANTANDER TOTTA

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Relatório por Faixas Etárias

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1283	JOSÉ GOUVEIA	M	47	00:55:45	00:53:41	ASAS NOS PÉS
122	1436	PAULO PIRES	M	49	00:55:49	00:54:31	APOGMA
123	1988	FERNANDO CORTEGAÇA	M	46	00:55:57	00:55:10	INDIVIDUAL
124	495	ÓSCAR RODRIGUES	M	45	00:56:10	00:54:47	QUARTETO FANTÁSTICO
125	440	RUI PEREIRA	M	46	00:56:18	00:54:35	ASIA
126	1133	JORGE FERREIRA	M	49	00:56:31	00:55:38	RUNNING OF Dª MARIA
127	353	RUI J S RAMALHO	M	46	00:56:43	00:56:04	C MILLENNIUM BCP
128	1237	CARLOS CUNHA	M	45	00:56:47	00:55:52	SPEED OF YELLOW
129	1155	JORGE M FERRO	M	48	00:56:48	00:56:18	INDIVIDUAL
130	1751	JOAO BORGES	M	47	00:56:48	00:55:35	TEJAVISTA
131	793	VITOR GONÇALVES	M	45	00:56:57	00:54:53	4 AO KM
132	1696	RUI SANTOS	M	47	00:57:03	00:55:36	SS CGD
133	1452	RUI SILVA	M	45	00:57:07	00:54:35	INDIVIDUAL
134	1687	NUNO PAULO	M	45	00:57:10	00:56:30	SS CGD
135	2050	JOAO TEIXEIRA	M	45	00:57:10	00:57:10	INDIVIDUAL
136	2049	PAULO PADRAO	M	46	00:57:10	00:56:10	INDIVIDUAL
137	680	PAULO ESTOPA	M	47	00:57:11	00:55:51	INDIVIDUAL
138	461	PAULO FLORIDO	M	49	00:57:13	00:55:53	BREAKAWAY
139	1940	JOAQUIM MELO	M	46	00:57:14	00:56:29	INDIVIDUAL
140	100	LUIS PROENÇA	M	45	00:57:17	00:56:21	INDIVIDUAL
141	787	MIGUEL OLIVEIRA	M	45	00:57:19	00:56:48	VALE FORMOSO FC
142	1059	EDUARDO RIBEIRO	M	47	00:57:32	00:55:44	GDCT UNICRE
143	1182	ANTÓNIO RAMOS	M	46	00:57:36	00:56:57	CCD EFACEC LX
144	352	EDUARDO C V PINTO	M	47	00:57:37	00:55:47	C MILLENNIUM BCP
145	1695	RUI OLIVEIRA	M	48	00:57:54	00:57:22	SS CGD
146	836	JORGE PEREIRA	M	45	00:58:10	00:56:19	INDIVIDUAL
147	496	PAULO CARVALHO	M	47	00:58:29	00:58:16	ENGENHARIALIQUIDA
148	1799	JOÃO FERNANDES	M	46	00:58:30	00:57:08	MOVET
149	1037	JULIO PEREIRA	M	49	00:59:13	00:57:17	INDIVIDUAL
150	442	JOÃO RESENDE	M	48	00:59:20	00:56:50	INDIVIDUAL
151	735	JORGE GUERREIRO	M	45	00:59:23	00:58:55	INDIVIDUAL
152	1241	PAULO ALVES	M	45	00:59:34	00:58:16	SPEED OF YELLOW
153	861	ANTÓNIO CASTRO	M	45	00:59:49	00:58:35	GD SANTANDER TOTTA
154	835	JOSE DIAS	M	45	01:00:03	00:58:13	INDIVIDUAL
155	601	CARLOS CAGICA	M	49	01:00:32	00:59:10	CCD SIEMENS
156	865	CARLOS HENRIQUE	M	47	01:00:34	00:58:07	GD SANTANDER TOTTA
157	871	HELDER LOPES	M	46	01:00:35	00:58:06	GD SANTANDER TOTTA
158	433	FERNANDO MARTINS	M	49	01:00:43	01:00:04	INDIVIDUAL
159	1343	DIOGO M LEITE	M	45	01:00:56	00:58:49	C COLAB AXA
160	1260	JOÃO P PINTO	M	46	01:01:17	00:59:38	C COLAB AXA

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
161	1299	RUI VAZ	M	48	01:01:18	01:00:36	INDIVIDUAL
162	619	MIGUEL MONTEIRO	M	45	01:01:38	01:00:17	INDIVIDUAL
163	937	JOAQUIM J MONTEIRO	M	47	01:01:54	00:59:49	CLUBE NOVO BANCO
164	1338	PEDRO SÉRGIO	M	47	01:02:11	01:01:40	CCD CA MÚTUO
165	336	LEONEL F G BRANDAO	M	47	01:02:12	01:01:35	C MILLENNIUM BCP
166	1669	ANTONIO FONSECA	M	45	01:02:14	01:01:34	SS CGD
167	368	RODOLFO J C LIMA	M	47	01:02:35	01:01:12	C MILLENNIUM BCP
168	1939	NUNO MENDES	M	47	01:02:42	01:02:42	INDIVIDUAL
169	2008	ANTONIO CUNHA	M	46	01:02:43	01:02:22	INDIVIDUAL
170	941	FERNANDO FILIPE	M	46	01:02:56	01:02:40	CLUBE NOVO BANCO
171	261	JOÃO MÁRTIRES	M	49	01:03:40	01:01:49	CLUBE ANACOM
172	1220	ANTÓNIO J A CUNHA	M	49	01:03:41	01:01:49	INDIVIDUAL
173	2010	JOÃO GOMES	M	45	01:03:51	01:01:28	INDIVIDUAL
174	263	SÉRGIO ANTUNES	M	47	01:04:02	01:03:14	CLUBE ANACOM
175	378	JOAO M M SEBORRO	M	48	01:04:07	01:02:41	C MILLENNIUM BCP
176	1057	EDUARDO CARDOSO	M	45	01:04:36	01:02:47	GDCT UNICRE
177	755	CARLOS M F ELIAS	M	45	01:05:21	01:03:04	INDIVIDUAL
178	183	CESAR GUERRA	M	45	01:05:26	01:03:50	CTJ
179	1392	SÉRGIO P BRÁS	M	49	01:05:39	01:04:09	INDIVIDUAL
180	137	JORGE CEREJEIRA	M	47	01:05:42	01:04:47	KLENTOS
181	365	AURELIO M R SILVA	M	47	01:05:48	01:03:38	C MILLENNIUM BCP
182	224	ORLANDO RODRIGUES	M	49	01:05:57	01:05:08	INDIVIDUAL
183	1900	PAULO RISO	M	46	01:06:00	01:04:52	CAPARICA FC
184	1179	JULIO FARIA	M	47	01:06:42	01:04:18	CCD EFACEC LX
185	1715	LUIS FARINHA	M	46	01:07:21	01:06:28	SS MONTEPIO GERAL
186	370	PEDRO A A PIRES	M	47	01:09:08	01:07:26	C MILLENNIUM BCP
187	1901	PAULO FERREIRA	M	48	01:10:38	01:09:31	CAPARICA FC
188	1597	MARTINHO ROQUE	M	46	01:11:09	01:08:58	INDIVIDUAL
189	1516	JOÃO AFONSO	M	48	01:12:14	01:11:38	INDIVIDUAL
190	2002	FERNANDO ALMEIDA	M	47	01:13:42	01:13:15	INDIVIDUAL
191	1682	LUIS PARIS	M	49	01:16:45	01:15:21	SS CGD
192	337	ACACIO M S LOPES	M	47	01:17:45	01:15:18	C MILLENNIUM BCP
193	1592	JOÃO PAULO	M	49	01:34:49	01:33:32	SUNSET GYM

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	63	JOAO CARDOSO	M	53	00:36:36	00:36:36	ACLIS LIBERTY
2	1118	JOAQUIM CAPUCHO	M	52	00:37:10	00:37:05	CA ODIMARQ
3	1747	PAULO POVOA	M	51	00:37:34	00:37:34	A VALE SILENCIO
4	1162	JOSE BORGES	M	54	00:38:28	00:38:23	GAA VF XIRA
5	449	MANUEL SOARES	M	50	00:41:16	00:41:11	UNIDOS DA MANUTENÇÃO
6	1370	JOSÉ PAJINHA	M	54	00:41:24	00:41:00	TEAM NETO
7	728	JOSÉ PENNA	M	50	00:41:51	00:41:30	KEEP RUNNING
8	1279	LUIS PAVIA	M	51	00:42:38	00:42:28	ASAS NOS PÉS
9	1257	ANTÓNIO R PEREIRA	M	52	00:42:47	00:42:41	C COLAB AXA
10	1800	JÚLIO GAMITO	M	52	00:43:37	00:43:10	INDIVIDUAL
11	1016	JOSE SILVA	M	51	00:43:49	00:43:23	GD INE
12	1342	CARLOS SILVA	M	51	00:43:58	00:43:48	CCD CA MÚTUO
13	389	JOAO C S CARVALHO	M	51	00:43:59	00:43:54	C MILLENNIUM BCP
14	1099	ANTÓNIO SOUSA	M	53	00:44:03	00:43:57	INDIVIDUAL
15	1400	MIGUEL VELEZ	M	51	00:44:05	00:44:00	CÂMARA L CLUBE
16	607	LUIS SOBRAL	M	52	00:44:21	00:44:03	GD ÁGUIAS MOITA
17	1594	FRANCISCO CALVO	M	54	00:44:29	00:44:05	INDIVIDUAL
18	1178	ANTÓNIO SANTOS	M	52	00:44:42	00:44:28	CCD EFACEC LX
19	1394	DANIEL ANTUNES	M	53	00:44:44	00:44:44	CÂMARA L CLUBE
20	1431	FERNANDO FERNANDES	M	53	00:45:01	00:44:42	APOGMA
21	1788	PAULO CHAINHO	M	50	00:45:11	00:43:47	GDR S FRANCISCO SERRA
22	1818	PAULO MARQUES	M	50	00:45:12	00:44:57	EQUIPA MARAVILHA
23	1803	CARLOS BAPTISTA	M	54	00:45:17	00:45:07	SC CASAINHOS
24	1320	ANTONIO ALMEIDA	M	51	00:45:54	00:45:46	ND AUTOCOOPE
25	1444	EDUARDO SILVA	M	54	00:46:09	00:45:30	OS PATRICIOS
26	92	GUILHERME GONÇALVES	M	54	00:46:12	00:45:57	C FERROV PORTUGAL
27	335	FERNANDO A G RODRIGUES	M	50	00:46:16	00:45:30	C MILLENNIUM BCP
28	1698	JOSE L ALVES	M	50	00:46:20	00:45:57	INDIVIDUAL
29	347	JOAO M R SILVA	M	51	00:47:01	00:46:23	C MILLENNIUM BCP
30	500	ADELINO PEREIRA	M	50	00:47:11	00:47:03	ODEBRECHT PORTUGAL
31	1458	JOAO CALISTO	M	54	00:47:31	00:46:51	INDIVIDUAL
32	1489	JOAQUIM FERRÃO	M	54	00:47:35	00:47:09	GDC BANCO PORTUGAL
33	1426	PAULO ALMEIDA	M	50	00:47:39	00:47:17	INDIVIDUAL
34	362	ARNALDO A S PINTEUS	M	54	00:48:03	00:47:40	C MILLENNIUM BCP
35	331	CARLOS M R DINIS	M	50	00:48:05	00:47:55	C MILLENNIUM BCP
36	1558	JOAO NEVES	M	51	00:48:10	00:47:40	AFDD - RUN CREW
37	1643	VITOR FERREIRA	M	50	00:48:12	00:46:49	CP ALCANENA
38	1003	JULIO ROBALO	M	51	00:48:15	00:47:35	GD INE
39	856	JÓÃO M H CARDOSO	M	52	00:48:28	00:48:05	INDIVIDUAL
40	405	FRANCISCO MENDES	M	54	00:48:41	00:46:37	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	552	JOÃO PEREIRA	M	52	00:49:13	00:48:01	SAPATISTAS
42	164	JORGE M P FIGUEIREDO	M	50	00:49:21	00:47:25	CCR ALTO MOINHO
43	2014	LUIS JESUS	M	50	00:49:52	00:49:05	INDIVIDUAL
44	928	HERNÂNI SILVA	M	53	00:49:55	00:49:04	A VALE SILENCIO
45	344	JORGE M L CALMEIRO	M	51	00:49:55	00:49:55	C MILLENNIUM BCP
46	2032	EURICO GOMES	M	52	00:50:10	00:49:55	ADCR PJ
47	435	JOSE NASCIMENTO	M	51	00:50:11	00:50:00	INDIVIDUAL
48	243	LUIS RAQUEL	M	50	00:50:11	00:48:07	INDIVIDUAL
49	730	JOAQUIM VARANDA	M	52	00:50:19	00:49:08	KEEP RUNNING
50	338	CARLOS B S COSTA	M	50	00:50:21	00:48:34	C MILLENNIUM BCP
51	946	JOÃO RAMOS	M	52	00:50:39	00:50:21	CLUBE NOVO BANCO
52	382	PAULO H C PAIS	M	50	00:50:57	00:50:19	C MILLENNIUM BCP
53	776	CARLOS BARGADO	M	50	00:51:20	00:50:57	AÇOREANA C BANIF
54	1849	PAULO ALVES	M	51	00:51:24	00:50:36	SOBEIDESCE
55	1102	HENRIQUE MARTINS	M	54	00:51:25	00:51:19	LUSO-ATLANTICA
56	2021	LUÍS REIS	M	52	00:51:26	00:51:11	FALCOES SELVAGENS
57	1477	JOÃO PRELHAZ	M	54	00:51:28	00:51:16	FALCOES SELVAGENS
58	1021	JOSÉ GONÇALVES	M	50	00:51:33	00:51:19	FALCOES SELVAGENS
59	1932	JOSÉ MATOS	M	54	00:51:34	00:49:01	CA AMIGOS PARQUE PAZ
60	1402	EDUARDO MANSO	M	53	00:51:36	00:49:33	CÂMARA L CLUBE
61	608	CARLOS SECO	M	54	00:51:38	00:51:06	GD ÁGUIAS MOITA
62	385	AUGUSTO S LOURENCO	M	52	00:51:48	00:51:08	C MILLENNIUM BCP
63	650	ANTÓNIO J GASPAR	M	52	00:51:49	00:50:56	SUNSET GYM
64	1607	CARLOS TEIXEIRA	M	54	00:51:52	00:49:46	LEBRES E TARTARUGAS
65	1925	VITOR MARQUES	M	54	00:51:54	00:49:21	INDIVIDUAL
66	1756	JOAQUIM FIDALGO	M	54	00:52:07	00:50:48	TEJAVISTA
67	646	MÁRIO ANJO	M	50	00:52:09	00:50:31	SUNSET GYM
68	1983	PEDRO PINTO	M	54	00:52:14	00:49:44	MOTOR WAY
69	1150	JOSÉ R L FERNANDES	M	51	00:52:20	00:51:03	SEIXAL RUNNING
70	1762	FERNANDO NUNO	M	52	00:52:20	00:51:46	ACLIS LIBERTY SEGUROS
71	511	THELMO CUNHA	M	54	00:52:21	00:50:35	ODEBRECHT PORTUGAL
72	1270	FERNANDO C MARQUES	M	51	00:52:23	00:51:42	INDIVIDUAL
73	355	MARIO A V MENDES	M	50	00:52:24	00:51:59	C MILLENNIUM BCP
74	290	ANTÓNIO MARTINS	M	53	00:52:35	00:51:06	FALCOES SELVAGENS
75	951	MANUEL ANASTÁCIO	M	54	00:52:36	00:52:27	CLUBE NOVO BANCO
76	119	JOSÉ L C FERREIRA	M	51	00:52:42	00:50:29	CLUBE PT
77	634	JOSÉ VILELA	M	50	00:52:43	00:52:32	CLUBE ROBBIALAC
78	995	FERNANDO CARVALHO	M	50	00:52:48	00:52:00	GD INE
79	1907	ANTONIO LIMA	M	52	00:52:53	00:52:53	SL CAMPOLIDE
80	633	RAÚL COSTA	M	54	00:53:11	00:53:00	CLUBE ROBBIALAC

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1640	ÂNGELO FERREIRA	M	50	00:53:14	00:52:02	INDIVIDUAL
82	533	ARLINDO PARRA	M	53	00:53:23	00:52:21	CP EDP LISBOA
83	1910	LUIS GAMA	M	51	00:53:33	00:51:23	SL CAMPOLIDE
84	656	ALBERTO MARTINHO	M	51	00:54:13	00:53:40	CCDT METRO LX
85	1074	JOÃO MACHADO	M	53	00:54:21	00:53:18	OS MATRECOS
86	1075	RUI LOPES	M	52	00:54:21	00:53:19	OS MATRECOS
87	1413	ADELINO PIRES	M	52	00:54:34	00:52:32	CÂMARA L CLUBE
88	1962	NATALINO LOPES	M	54	00:54:55	00:54:20	RUN OCEAN
89	564	LUIS VICENTE	M	54	00:55:00	00:54:14	INDIVIDUAL
90	292	ANTONIO M RIBEIRO	M	50	00:55:19	00:55:05	INDIVIDUAL
91	1386	DARLINDO FORTUNA	M	50	00:55:39	00:54:30	RUNNINGCLUB DO CCD-AT
92	351	ANTONIO M B SEIXAS	M	51	00:55:42	00:55:03	C MILLENNIUM BCP
93	361	FILIFE J B HORTA	M	50	00:55:42	00:55:03	C MILLENNIUM BCP
94	1325	JUVENAL MOREIRA	M	50	00:56:15	00:56:07	ND AUTOCOOPE
95	245	JOÃO F L AMARAL	M	50	00:56:30	00:55:50	INDIVIDUAL
96	272	ANTÔNIO REIS	M	52	00:56:38	00:54:46	INDIVIDUAL
97	333	PEDRO M P FIGUEIREDO	M	50	00:56:42	00:55:32	C MILLENNIUM BCP
98	1997	LUIS PEDRO	M	50	00:56:55	00:56:29	INDIVIDUAL
99	463	JOSÉ ANTÓNIO	M	52	00:57:07	00:55:46	BREAKAWAY
100	1876	JOÃO FERNANDES	M	50	00:57:08	00:57:08	INDIVIDUAL
101	1628	ALBANO COUTINHO	M	51	00:57:16	00:55:15	INDIVIDUAL
102	1626	ERICO FELICIO	M	52	00:57:26	00:55:25	ANESTESIA PURA
103	1060	GONÇALO OLIVEIRA	M	52	00:57:32	00:56:44	GDCT UNICRE
104	1125	MÁRIO M B EMÍDIO	M	51	00:57:35	00:57:35	TÁLENTO PRÁ CORRER TEAM
105	403	PAULO M TAINHA	M	51	00:57:50	00:57:39	INDIVIDUAL
106	765	JOSÉ SEQUEIRA	M	54	00:58:12	00:56:25	AÇOREANA C BANIF
107	158	LUIS ROMANEIRO	M	54	00:58:20	00:57:11	INDIVIDUAL
108	1638	ALEXANDRE M B S COSTA	M	53	00:58:40	00:58:00	INDIVIDUAL
109	414	JOAQUIM GAMITO	M	53	00:58:47	00:57:44	INDIVIDUAL
110	1885	CARLOS P COELHO	M	53	00:59:11	00:58:26	O MUNDO DA CORRIDA
111	763	VITOR RAFAEL	M	51	00:59:13	00:58:36	AÇOREANA C BANIF
112	1070	JACINTO GODINHO	M	51	00:59:27	00:57:31	GODINHO
113	502	JOAQUIM SIMAO	M	52	00:59:37	00:57:50	ODEBRECHT PORTUGAL
114	458	VÍTOR LUCAS	M	51	00:59:56	00:58:33	BREAKAWAY
115	1546	MICHEL KRANENDONKK	M	54	01:00:08	00:59:13	EVOLUTION
116	1606	FREDERICO SOUSA	M	51	01:00:20	00:58:12	LEBRES E TARTARUGAS
117	1409	EDUARDO ALEIXO	M	50	01:00:24	00:59:22	CÂMARA L CLUBE
118	1766	JUERGEN LASS	M	53	01:00:51	00:59:53	INDIVIDUAL
119	1224	RUI DOMINGUES	M	50	01:01:07	01:00:14	SPEED OF YELLOW
120	1206	PAULO ALVES	M	50	01:01:29	01:00:59	INDIVIDUAL

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	1960	ABILIO MARCOS	M	50	01:02:04	01:01:38	GD CHELAS
122	1294	GABRIEL ANTONIO	M	51	01:02:13	01:00:01	URD ARRANHÒ
123	2005	LUÍS CUNHA	M	52	01:02:22	01:00:21	INDIVIDUAL
124	970	ANTONIO ALVES	M	52	01:02:32	01:01:07	MARRIOTT LISBOA
125	436	ALBERTO SOARES	M	53	01:02:47	01:02:36	INDIVIDUAL
126	1401	CARLOS FERREIRA	M	50	01:02:58	01:00:49	CÂMARA L CLUBE
127	152	ROMÃO A R MOITA	M	51	01:03:12	01:00:33	OS TOLOS
128	1758	MARIO SILVA	M	53	01:03:15	01:01:51	TEJAVISTA
129	1472	AMÉRICO LOPES	M	51	01:03:37	01:01:37	ÁGUIAS DA CAPARICA
130	84	RUI RAPOSO	M	51	01:03:58	01:02:27	
131	1972	MARIO F FERREIRA	M	53	01:04:29	01:03:52	INDIVIDUAL
132	1719	MANUEL NARCISO	M	50	01:04:36	01:03:25	SS MONTEPIO GERAL
133	661	JOAO C BARBOSA	M	54	01:05:35	01:04:37	CCDT METRO LX
134	1908	JOAQUIM CORREIA	M	53	01:05:49	01:04:31	SL CAMPOLIDE
135	364	JORGE H A COLACO	M	54	01:06:09	01:04:16	C MILLENNIUM BCP
136	348	HENRIQUE A S ALVES	M	52	01:06:09	01:04:27	C MILLENNIUM BCP
137	664	ORLANDO SOUSA	M	52	01:06:34	01:04:23	CCDT METRO LX
138	1752	CARLOS TEIXEIRA	M	53	01:06:47	01:06:47	TEJAVISTA
139	1485	ANTONIO MARTINS	M	50	01:07:01	01:04:49	INDIVIDUAL
140	122	JOHNNY THOMASSEN	M	54	01:07:11	01:05:06	INDIVIDUAL
141	294	JOAQUIM SANTOS	M	54	01:07:31	01:05:54	CLUBE NAVAL LISBOA
142	713	LUIS MOURA	M	52	01:08:53	01:06:41	NA BDF
143	1018	FERNANDO C MARQUES	M	51	01:09:29	01:08:48	INDIVIDUAL
144	310	FERNANDO SILVA	M	53	01:09:30	01:07:42	PACE.MAKERS
145	349	ANTONIO M B JORGE	M	51	01:13:54	01:12:03	C MILLENNIUM BCP
146	417	RUI OLIVEIRA	M	51	01:14:41	01:14:30	FALCOES SELVAGENS
147	595	JOAO NOGUEIRA	M	50	01:15:19	01:13:44	INDIVIDUAL
148	948	LUÍS CAETANO	M	50	01:17:42	01:17:09	CLUBE NOVO BANCO
149	1717	LURDES FERREIRA	M	52	01:22:14	01:19:44	SS MONTEPIO GERAL
150	647	PAULO J PIRES	M	52	01:24:18	01:22:39	SUNSET GYM

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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	984	ANTONIO SANTOS	M	56	00:39:15	00:39:10	GD INE
2	1375	FLORIVAL BACALHAU	M	57	00:41:37	00:41:32	VITÓRIA FC
3	809	OSCAR SANTOS	M	58	00:42:23	00:42:16	CA PATAMEIRAS
4	249	FERNANDO FERREIRA	M	58	00:42:43	00:42:31	INDIVIDUAL
5	1403	LICÍNIO FIDALGO	M	55	00:43:09	00:43:04	CÂMARA L CLUBE
6	1539	ORLANDO J BARBOSA	M	57	00:43:19	00:43:14	INDIVIDUAL
7	446	RUI MARTINS	M	59	00:43:35	00:43:28	INDIVIDUAL
8	686	CARLOS RODRIGUES	M	58	00:43:37	00:43:17	AA MAFRA
9	251	JOAQUIM AFONSO	M	59	00:43:59	00:43:47	INDIVIDUAL
10	782	VIRGÍLIO MADEIRA	M	55	00:44:20	00:43:55	AÇOREANA C BANIF
11	1679	JOAQUIM FRADE	M	59	00:44:22	00:43:44	SS CGD
12	58	MARCOS PEREIRA	M	59	00:44:25	00:43:40	
13	298	JOAQUIM SANTOS	M	56	00:44:33	00:43:59	FALCOES SELVAGENS
14	1622	ANTÓNIO COSTA	M	57	00:44:47	00:44:47	FLAMINGOS ATLETISMO
15	1491	JOSÉ MONTEIRO	M	58	00:45:01	00:43:58	GDC BANCO PORTUGAL
16	1948	MANUEL TAVARES	M	56	00:45:08	00:44:40	INDIVIDUAL
17	1465	FILIFE CARDOSO	M	57	00:45:32	00:45:26	CORREDORES R CORGAS
18	1909	MANUEL MARTINS	M	58	00:45:36	00:45:22	SL CAMPOLIDE
19	712	LUIS AMORIM	M	57	00:45:41	00:45:07	NA BDF
20	988	CARLOS ALBERTO	M	56	00:46:08	00:45:26	GD INE
21	803	ALBINO TOMAS	M	58	00:46:24	00:46:17	CA PATAMEIRAS
22	1405	RUBEN SILVA	M	58	00:46:34	00:45:40	CÂMARA L CLUBE
23	973	ELMAR DERKITSCH	M	58	00:46:48	00:45:20	MARRIOTT LISBOA
24	932	ISIDRO FERREIRA	M	56	00:46:53	00:45:30	INDIVIDUAL
25	534	CARLOS P RODRIGUES	M	57	00:46:57	00:46:46	CP EDP LISBOA
26	1744	ARMANDO ALMEIDA	M	56	00:47:05	00:46:14	A VALE SILENCIO
27	1174	AMÉRICO SANTOS	M	57	00:47:12	00:46:25	CCD EFACEC LX
28	903	HILÁRIO TORRES	M	55	00:47:24	00:46:14	INDIVIDUAL
29	1367	JOSÉ NETO	M	57	00:47:44	00:47:18	TEAM NETO
30	1427	EDUARDO ÁLVARO	M	56	00:47:50	00:47:43	INDIVIDUAL
31	169	JACINTO BATISTA	M	55	00:48:20	00:47:53	CASMP ATLETISMO
32	972	RUI GASPAR	M	58	00:48:26	00:46:59	MARRIOTT LISBOA
33	1742	ANTONIO FERNANDES	M	58	00:49:06	00:48:34	A VALE SILENCIO
34	505	MANUEL PAULO	M	58	00:49:29	00:49:18	OEBRECHT PORTUGAL
35	1827	JOSÉ CARVALHO	M	59	00:49:32	00:48:47	GRFH - IMPORTAÇÃO E EXPORTAÇÃO
36	1464	OLIMPIO GUEDELHA	M	59	00:49:54	00:49:33	CORREDORES R CORGAS
37	1323	JOSE DIAS	M	57	00:50:30	00:50:14	ND AUTOCOOPE
38	406	MANUEL O PEREIRA	M	57	00:50:37	00:49:28	GYM2010
39	1625	AUGUSTO BRITO	M	59	00:50:38	00:49:48	FLAMINGOS ATLETISMO
40	259	JOSÉ VAZ	M	56	00:50:45	00:49:51	CLUBE ANACOM

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Relatório por Faixas Etárias

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	367	CARLOS M JANELA	M	58	00:50:50	00:50:35	C MILLENNIUM BCP
42	679	ANTONIO NICULAU	M	55	00:51:00	00:50:19	INDIVIDUAL
43	1321	CARLOS FERREIRA	M	57	00:51:04	00:50:58	ND AUTOCOOPE
44	1753	LUIS MOURA	M	57	00:51:07	00:49:42	TEJAVISTA
45	660	FRANCISCO POLINIO	M	59	00:51:20	00:50:30	CCDT METRO LX
46	1821	RAÚL FRANCO	M	55	00:51:34	00:49:40	BEACH RUNNERS
47	1608	CARLOS GONÇALVES	M	58	00:51:46	00:49:41	LEBRES E TARTARUGAS
48	1434	MARIO RAMOS	M	55	00:51:52	00:50:30	APOGMA
49	1537	MANUEL GARRINHAS	M	56	00:52:20	00:51:35	INDIVIDUAL
50	849	EGIDIO PORTELA	M	58	00:52:36	00:52:21	AA MAFRA
51	743	MARIO ALVES	M	59	00:52:38	00:50:45	SFUAP
52	582	ANTONIO ARANHA	M	57	00:52:50	00:50:37	INDIVIDUAL
53	982	ANTONIO MARQUES	M	59	00:53:03	00:52:11	GD INE
54	1001	JOSE GOMES	M	59	00:53:05	00:52:14	GD INE
55	311	JOSE S M VERMELHUDO	M	55	00:53:18	00:52:10	AERO RUNNERS
56	1203	JOSE L S CORREIA	M	55	00:53:22	00:52:40	INDIVIDUAL
57	1937	EDSON DOS REIS	M	55	00:53:24	00:53:18	INDIVIDUAL
58	1749	JOAO CAROÇO	M	58	00:53:33	00:51:24	TEJAVISTA
59	1433	JOSÉ ANDRE	M	59	00:53:51	00:52:31	APOGMA
60	1711	JAIME GOMES	M	58	00:54:02	00:52:10	SS MONTEPIO GERAL
61	670	ABILIO TAVARES	M	59	00:54:08	00:53:13	INDIVIDUAL
62	1792	JOÃO MILHEIRO	M	55	00:54:22	00:52:54	LASURENA
63	274	JOSE COELHO	M	57	00:54:22	00:53:22	INDIVIDUAL
64	456	JOSE BAIXINHO	M	57	00:54:24	00:53:49	SANTIAGO FC
65	1651	ANTÓNIO SERRA	M	55	00:54:35	00:52:57	ADCSA BALDIO
66	1487	JOÃO BATISTA	M	57	00:55:05	00:53:46	GDC BANCO PORTUGAL
67	1259	FERNANDO J MATIAS	M	58	00:55:16	00:53:43	C COLAB AXA
68	567	RAÚL CARVALHO	M	56	00:55:34	00:54:51	FALCOES SELVAGENS
69	902	VITOR TEIXEIRA	M	55	00:55:37	00:54:07	GD SANTANDER TOTTA
70	264	MANUEL BARROS	M	58	00:55:50	00:54:56	CLUBE ANACOM
71	688	VITOR MORAIS	M	56	00:56:13	00:55:54	MARGIL
72	159	JOAQUIM FONSECA	M	59	00:56:34	00:56:09	OS SUPER
73	1716	LUIS REIS	M	57	00:57:18	00:55:26	SS MONTEPIO GERAL
74	381	CARLOS F P RODRIGUES	M	56	00:57:20	00:55:30	C MILLENNIUM BCP
75	959	RICARDO FERNANDES	M	55	00:57:21	00:57:02	CLUBE NOVO BANCO
76	168	LUIS MATIAS	M	59	00:57:26	00:55:25	INDIVIDUAL
77	1387	RAUL MOITA	M	58	00:58:17	00:55:58	INDIVIDUAL
78	392	JOAQUIM M O FULGENCIO	M	57	00:58:18	00:57:29	C MILLENNIUM BCP
79	1005	LUIS AFONSO	M	56	00:58:32	00:57:40	GD INE
80	89	PAULO SARAIVA	M	59	00:59:08	00:56:48	

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Relatório por Faixas Etárias

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Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	1573	RUI LUIS	M	58	00:59:22	00:58:46	CA VALE FIGUEIRA
82	504	LUIS SANTOS	M	58	00:59:37	00:59:28	ODEBRECHT PORTUGAL
83	1737	JOSE CATITA	M	56	00:59:45	00:57:20	GARMIN/ CO OEIRAS
84	1877	LUCIENNE NEVES	M	55	00:59:55	00:58:37	SEIXAL RUNNING
85	1404	JOÃO FIGUEIREDO	M	58	00:59:58	00:57:56	CÂMARA L CLUBE
86	1148	EDMUNDO SIMOES	M	58	01:00:00	00:58:13	INDIVIDUAL
87	1311	JOAO ESCALEIRA	M	58	01:00:03	00:57:58	INDIVIDUAL
88	1532	LUÍS GONÇALVES	M	55	01:00:04	00:58:04	CCDT AUT ALMADA
89	1736	ANTONIO BILA	M	58	01:00:48	00:58:45	GARMIN/ CO OEIRAS
90	981	ALBERTO PINA	M	59	01:01:23	01:01:23	GD INE
91	1760	LUIS MIRANDA	M	55	01:01:31	01:00:19	TEJAVISTA
92	342	LUIS A S JANUARIO	M	57	01:01:35	01:00:01	C MILLENNIUM BCP
93	938	CARLOS CARITA	M	56	01:02:31	01:01:28	CLUBE NOVO BANCO
94	1757	JOSE AZURARA	M	56	01:03:15	01:01:48	TEJAVISTA
95	1636	HENRIQUE VILHENA	M	58	01:03:38	01:01:23	INDIVIDUAL
96	1249	ARTUR DINIS	M	57	01:03:46	01:03:19	ALGYMNS
97	1058	CARLOS VIEGAS	M	56	01:03:48	01:02:00	GDCT UNICRE
98	386	FERNANDO DOMINGUES	M	59	01:03:53	01:02:56	C MILLENNIUM BCP
99	872	HERLANDER BRAZ	M	55	01:04:39	01:02:33	GD SANTANDER TOTTA
100	501	ANTONIO ALVES	M	59	01:04:58	01:04:45	ODEBRECHT PORTUGAL
101	1473	JOÃO PINTO	M	57	01:05:43	01:03:44	ÁGUIAS DA CAPARICA
102	1574	ANTONIO MOURA	M	58	01:06:26	01:04:54	CA VALE FIGUEIRA
103	371	ANTONIO J D SANTOS	M	55	01:07:42	01:06:28	C MILLENNIUM BCP
104	1857	FRANCISCO BORRALHO	M	56	01:08:13	01:07:11	RUNNINGCLUB DO CCD-AT
105	102	MARIO PIRES	M	55	01:08:37	01:07:10	INDIVIDUAL
106	454	JOAQUIM F C PINTO	M	56	01:10:22	01:08:38	INDIVIDUAL

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
1	886	AUGUSTO LOPES	M	61	00:40:26	00:40:21	GD SANTANDER TOTTA
2	734	PETER STEINHAUSEN	M	62	00:40:27	00:40:22	INDIVIDUAL
3	860	ANASTÁCIO VALADAS	M	61	00:41:08	00:40:59	GD SANTANDER TOTTA
4	1114	CARLOS ANTUNES	M	63	00:42:34	00:42:27	CA ODIMARQ
5	214	JOSÉ M V FAUSTINO	M	61	00:42:58	00:42:58	INDIVIDUAL
6	1745	LEONEL NEVES	M	61	00:43:09	00:43:03	A VALE SILENCIO
7	847	FERNANDO ANACLETO	M	63	00:43:32	00:43:24	INDIVIDUAL
8	804	ANTONIO MORAIS	M	62	00:44:06	00:44:00	CA PATAMEIRAS
9	1492	ADELINO SEMEDO	M	61	00:44:08	00:43:42	GDC BANCO PORTUGAL
10	1770	ANTÓNIO REIS	M	60	00:44:18	00:44:03	AA MAFRA
11	1372	CARLOS M S CAEIRO	M	60	00:44:30	00:44:23	INDIVIDUAL
12	468	JOSÉ REIS	M	61	00:44:41	00:44:07	SC REBOLEIRA DAMAIA
13	1526	DOMINGOS NECA	M	60	00:44:54	00:44:40	JOVENS SERRA MINAS
14	1990	JOAQUIM ALVES	M	62	00:44:59	00:44:53	CCD O ALVITEJO
15	1384	ERNESTO GUIA	M	61	00:45:17	00:45:04	ACD BOCAL
16	1175	MANUEL FIDALGO	M	62	00:45:43	00:45:33	CCD EFACEC LX
17	1451	VLADIMIR RADAEV	M	60	00:46:12	00:44:57	INDIVIDUAL
18	1785	ARMANDO CORREIA	M	63	00:46:15	00:45:59	LESMAS ALOPRADAS
19	1445	FERNANDO AZEVEDO	M	62	00:46:23	00:45:42	OS PATRICIOS
20	1002	JOSE MAGALHAES	M	60	00:46:38	00:45:48	GD INE
21	846	IDALÉCIO BARROS	M	60	00:47:30	00:47:22	INDIVIDUAL
22	1475	CARLOS T GONCALVES	M	66	00:47:35	00:47:22	INDIVIDUAL
23	199	DOMINGOS JANELA	M	68	00:47:48	00:47:33	O MUNDO DA CORRIDA
24	1446	JOSÉ FERNANDES	M	61	00:48:05	00:46:53	OS PATRICIOS
25	870	FERNANDO MARQUES	M	60	00:48:39	00:47:58	GD SANTANDER TOTTA
26	579	JÚLIO FERREIRA	M	60	00:49:21	00:49:04	LESMAS DO ASFALTO
27	1576	ANTONIO CAMACHO	M	62	00:49:32	00:47:42	CA VALE FIGUEIRA
28	1761	JOSE M COSTA	M	69	00:49:40	00:49:05	ACLIS LIBERTY SEGUROS
29	225	JOSÉ FACHADA	M	62	00:49:50	00:49:50	INDIVIDUAL
30	121	AUGUSTO J T CARIA	M	62	00:50:17	00:49:16	INDIVIDUAL
31	882	LINO OLIVEIRA	M	69	00:50:24	00:50:15	GD SANTANDER TOTTA
32	887	MANUEL ROBALO	M	69	00:50:48	00:49:59	GD SANTANDER TOTTA
33	963	SÍLVIO PAIVA	M	63	00:51:08	00:50:50	CLUBE NOVO BANCO
34	550	JOAO TORRADO	M	66	00:51:14	00:50:01	SAPATISTAS
35	844	PAULO MONIZ	M	60	00:51:26	00:49:52	INDIVIDUAL
36	1486	JOAQUIM BORRALHO	M	68	00:51:46	00:50:23	GDC BANCO PORTUGAL
37	1306	AMÍLCAR PÓVOA	M	68	00:51:48	00:51:42	CA AMIGOS PARQUE PAZ
38	1810	JOSÉ MANUEL SERRA	M	61	00:51:58	00:51:51	BUÉ DA SERRAS
39	875	JOÃO ROCHA	M	63	00:52:00	00:51:35	GD SANTANDER TOTTA
40	992	DOMINGOS MELAO	M	60	00:52:00	00:50:05	GD INE

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
41	281	ANTÓNIO FERNANDES	M	78	00:52:09	00:52:09	INDIVIDUAL
42	96	NEVES SILVA	M	62	00:52:27	00:52:05	C FERROV PORTUGAL
43	1071	JOSÉ NEVES	M	63	00:52:35	00:52:24	INDIVIDUAL
44	1575	VERGILIO NASCIMENTO	M	60	00:52:42	00:50:53	CA VALE FIGUEIRA
45	375	MARIO B CAMPOS	M	66	00:52:46	00:51:04	C MILLENNIUM BCP
46	1933	FERNANDO JERÓNIMO	M	60	00:52:56	00:50:22	CA AMIGOS PARQUE PAZ
47	565	JOAO DUARTE	M	62	00:52:58	00:52:13	INDIVIDUAL
48	1030	NUNO ALVES	M	61	00:53:01	00:51:46	INDIVIDUAL
49	146	JOAQUIM T BENTES	M	64	00:53:29	00:53:14	INDIVIDUAL
50	805	BERTO MARINHO	M	70	00:53:36	00:52:02	CA PATAMEIRAS
51	1675	FRANCISCO CLERIGO	M	61	00:53:45	00:52:45	SS CGD
52	1977	FERNANDO MARQUES	M	66	00:54:12	00:53:59	CP EDP CARREGADO
53	1348	INÁCIO GONÇALVES	M	63	00:54:20	00:53:11	RAIL RUNNERS
54	1577	JOSE LINDO	M	68	00:54:30	00:54:21	CA VALE FIGUEIRA
55	1529	JOAQUIM FERNANDES	M	64	00:54:32	00:52:44	CCDT AUT ALMADA
56	1010	NUNO M SILVA	M	60	00:54:39	00:52:44	GD INE
57	578	AVELINO VESTIAS	M	65	00:54:47	00:54:47	LESMAS DO ASFALTO
58	1872	JORGE H C PLACIDO	M	64	00:55:02	00:54:41	INDIVIDUAL
59	427	MANUEL SEQUEIRA	M	64	00:55:02	00:53:59	GDCT REPSOL
60	252	LUIS FERREIRA	M	60	00:55:04	00:53:05	INDIVIDUAL
61	1850	SILVANO MONTEIRO	M	63	00:55:05	00:54:15	SOBEIDESCE
62	1525	CARLOS CLARO	M	60	00:55:15	00:54:40	JOVENS SERRA MINAS
63	1680	JOSE ALVES	M	65	00:55:19	00:53:46	SS CGD
64	305	FRANCISCO COITO	M	63	00:55:46	00:55:37	CLUBE MARGINAL
65	409	CARLOS VIDEIRA	M	61	00:55:48	00:55:24	INDIVIDUAL
66	1530	JOAQUIM MACHADO	M	62	00:55:49	00:54:52	CCDT AUT ALMADA
67	863	ANTÓNIO CRUZ	M	67	00:55:50	00:54:55	GD SANTANDER TOTTA
68	1773	JOSE GOMES	M	60	00:56:03	00:54:44	CP IVA
69	1918	HÉLIO GODINHO	M	64	00:56:10	00:55:15	C BENFICA ABRANTES
70	1140	ANTONIO GABRIEL	M	70	00:56:17	00:55:21	INDIVIDUAL
71	879	JOSÉ RIBEIRO	M	70	00:56:28	00:55:25	GD SANTANDER TOTTA
72	516	ARMINDO LOUREIRO	M	65	00:56:52	00:55:32	INDIVIDUAL
73	1006	LUIS REIS	M	60	00:56:56	00:55:03	GD INE
74	167	LUIS J S B LARA	M	65	00:56:56	00:56:01	INDIVIDUAL
75	241	ANTONIO S MARQUES	M	65	00:57:11	00:57:06	ASAS
76	397	NELSON M GUIMARAES	M	69	00:57:26	00:56:48	C MILLENNIUM BCP
77	742	JEREMIAS RIBEIRO	M	71	00:57:26	00:55:54	INDIVIDUAL
78	1733	FERNANDO LOURENÇO	M	64	00:57:34	00:56:22	BOM PETISCO
79	1379	FRANCISCO RAMALHO	M	71	00:57:45	00:56:24	INDIVIDUAL
80	1954	LÉNIO F N MARINHO	M	60	00:57:47	00:57:42	JOBRINDE-MONTES SALOIOS

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Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
81	914	MAYER RAPOSO	M	67	00:58:16	00:57:31	AA LEBRES SADO
82	1488	ANTÓNIO PEREIRA	M	73	00:58:31	00:58:31	GDC BANCO PORTUGAL
83	238	ISAC DINIS	M	64	00:59:05	00:57:46	ASAS
84	377	CARLOS A A TOME	M	63	00:59:21	00:58:45	C MILLENNIUM BCP
85	258	ROGÉRIO PINA	M	60	00:59:48	00:58:57	CLUBE ANACOM
86	376	SERGIO P ANJOS	M	67	00:59:58	00:59:18	C MILLENNIUM BCP
87	1189	JOSÉ ABREU	M	66	01:00:00	00:57:47	GDCT IN CASA MOEDA
88	1986	MANUEL OLIVEIRA	M	75	01:00:05	00:58:33	AAE BNU
89	729	NUNO GONCALVES	M	61	01:00:12	00:59:50	KEEP RUNNING
90	1527	ARMANDO GONÇALVES	M	62	01:00:22	00:58:23	CCDT AUT ALMADA
91	1483	ALFREDO PINHAL	M	63	01:00:33	01:00:33	INDIVIDUAL
92	589	CARLOS RODRIGUES	M	73	01:00:39	00:59:55	INDIVIDUAL
93	413	JORGÉ M G PIRES	M	60	01:01:05	01:00:08	INDIVIDUAL
94	897	SALVADOR AFONSO	M	61	01:01:16	00:59:17	GD SANTANDER TOTTA
95	239	JOSE FERRABELO	M	61	01:01:17	00:59:57	ASAS
96	868	DINIS SOUSA	M	74	01:01:19	00:59:29	GD SANTANDER TOTTA
97	1267	JOAO LANDEIRO	M	68	01:01:26	00:59:48	INDIVIDUAL
98	476	EBERHARD A WILHELM	M	66	01:01:32	01:00:28	4 AO KM
99	1315	RUI EUZÉBIO	M	68	01:01:38	01:00:41	INDIVIDUAL
100	877	JOSÉ MONTEIRO	M	65	01:02:11	01:01:45	GD SANTANDER TOTTA
101	909	MANUEL MENDES	M	63	01:02:29	01:00:57	INDIVIDUAL
102	374	LEONEL C FERREIRINHA	M	66	01:02:34	01:01:50	C MILLENNIUM BCP
103	885	LUIS SILVA	M	72	01:02:39	01:00:55	GD SANTANDER TOTTA
104	635	JOSÉ RODRIGUES	M	62	01:02:52	01:02:52	CLUBE ROBBIALAC
105	1443	MANUEL TEIXEIRA	M	60	01:02:53	01:01:25	OS PATRICIOS
106	1771	ALTINO SILVA	M	70	01:04:09	01:03:10	CP IVA
107	1185	ANTONIO GASPAR	M	71	01:04:37	01:03:05	GDCT IN CASA MOEDA
108	1186	ANTONIO NASCIMENTO	M	74	01:04:38	01:02:24	GDCT IN CASA MOEDA
109	826	MÁRIO GONÇALVES	M	67	01:04:44	01:03:41	CA AMIGOS PARQUE PAZ
110	256	ANTÓNIO DOMINGOS	M	67	01:04:59	01:02:32	INDIVIDUAL
111	424	MANUEL AUGUSTO	M	76	01:05:25	01:02:45	OUR ESPIRITO SANTO
112	1556	LUIS COSTA	M	60	01:05:29	01:05:12	DA COSTA
113	530	JOSÉ AFONSO	M	62	01:06:30	01:06:04	INDIVIDUAL
114	658	FERNANDO C FERNANDES	M	62	01:06:37	01:04:25	CCDT METRO LX
115	1180	ANTÓNIO LOPES	M	65	01:06:41	01:04:18	CCD EFACEC LX
116	1578	FRANCISCO CASACA	M	75	01:06:43	01:04:34	CA VALE FIGUEIRA
117	1703	JOAO SIMOES	M	69	01:06:55	01:05:44	NS COSTA CAPARICA
118	1531	JOSÉ GONÇALVES	M	63	01:07:08	01:06:50	CCDT AUT ALMADA
119	218	ORLANDO SILVA	M	62	01:07:31	01:05:56	SANTOS & SILVA
120	999	JOAO FRIAS	M	60	01:07:56	01:07:08	GD INE

CORRIDA DO ATLANTICO 2015 - 22/02/2015

Relatório por Faixas Etárias

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	T. Líquido	Equipe
121	425	ANTONIO MARTINHO	M	63	01:08:03	01:06:44	GDCT REPSOL
122	1072	FRANCISCO FERREIRA	M	60	01:08:33	01:08:07	CCD EFACEC LX
123	428	CARLOS CARMO	M	61	01:08:40	01:07:21	GDCT REPSOL
124	1463	JOAQUIM FARINHA	M	60	01:09:00	01:08:39	CORREDORES R CORGAS
125	916	JOAQUIM PEREIRA	M	75	01:09:03	01:08:17	AA LEBRES SADO
126	358	FERNANDO H R FERREIRA	M	68	01:09:07	01:08:30	C MILLENNIUM BCP
127	1324	JOAO GRAÇA	M	75	01:09:10	01:07:32	ND AUTOCOOPE
128	1349	JOSÉ SALVADOR	M	65	01:09:25	01:06:47	INDIVIDUAL
129	1780	FERNANDO SANTOS	M	68	01:10:34	01:09:18	CP IVA
130	1068	ANTÓNIO MARQUES	M	68	01:12:00	01:11:34	BICUDA
131	1748	PEDRO DELGADO	M	66	01:13:33	01:12:08	TEJAVISTA
132	659	GUALDINO G FREIRE	M	69	01:13:59	01:13:01	CCDT METRO LX
133	1177	ADELINO CASTRO	M	62	01:15:54	01:13:30	CCD EFACEC LX
134	396	JOSE E G ARRUDA	M	65	01:19:22	01:17:05	C MILLENNIUM BCP
135	1772	LUDGERO CALDEIRA	M	70	01:20:23	01:19:07	CP IVA
136	1987	ILIDIO CORTES	M	72	01:27:13	01:25:09	AAE BNU