

# GRANDE PRÉMIO ATLANTICO 2013

**Patrocínio:** NÚCLEO SPORTINGUISTA C CAPARICA

**Apoio:** CM ALMADA/JUNTA FEG C

**Data** 24/02/2013

**Classif.:** Relatório Geral Masculino e Feminino

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1	1767	FRANCISCO PEDRO	42	M4044	1	M			OESTE RUNNING	00:33:55	00:33:53
2	1286	LUIS SILVA	18	M1834	1	M			C PRAÇAS ARMADA	00:34:11	00:34:11
3	1765	ANDRE FERREIRA	32	M1834	2	M			OESTE RUNNING	00:34:24	00:34:23
4	833	FILIPE JANUARIO	29	M1834	3	M			CCDT AUT ALMADA	00:34:29	00:34:28
5	1307	PEDRO GOMES	35	M3539	1	M			ODIMARQ	00:35:06	00:35:05
6	1306	PEDRO ARSENIO	30	M1834	4	M			ODIMARQ	00:35:07	00:35:04
7	1554	RUI BALTAZAR	47	M4549	1	M			ACLIS LIBERTY	00:35:10	00:35:09
8	570	FERNANDO ALVES	46	M4549	2	M			AA MAFRA	00:35:18	00:35:18
9	149	JOAO P VALENTE	36	M3539	2	M			CA AMIGOS PARQUE	00:35:25	00:35:22
10	1427	JOAO GOMES	53	M5054	1	M			AÇOREANA C BANIF	00:35:28	00:35:28
11	994	MARIO SILVA	23	M1834	5	M			C PRAÇAS ARMADA	00:35:32	00:35:31
12	1489	VANDERLEY SILVA	19	M1834	6	M			GD CHELAS	00:35:38	00:35:38
13	1561	JOSE CAMELO	41	M4044	2	M			ACLIS LIBERTY	00:35:39	00:35:38
14	566	MARCO GRILEIRO	33	M1834	7	M			AA MAFRA	00:35:47	00:35:46
15	678	JOAO MIRANDA	42	M4044	3	M			CLUBE VODAFONE	00:35:49	00:35:49
16	576	FRANCISCO ROCHA	45	M4549	3	M			AA MAFRA	00:35:54	00:35:54
17	1598	JOAO VEIGA	53	M5054	2	M			A NATUREZA	00:36:03	00:36:02
18	968	EUGENIO NETO	50	M5054	3	M			GAB FISIO	00:36:06	00:36:06
19	967	ERNESTO FERREIRA	42	M4044	4	M			GAB FISIO	00:36:09	00:36:08
20	739	ANTONIO HORTA	50	M5054	4	M			C PRAÇAS ARMADA	00:36:16	00:36:04
21	459	ANDRE JANUARIO	29	M1834	8	M			INDIVIDUAL	00:36:20	00:36:20
22	50	LUIS SANTOS	31	M1834	9	M			A VALE SILENCIO	00:36:23	00:36:20
23	1766	RICARDO FRANCO	28	M1834	10	M			OESTE RUNNING	00:36:32	00:36:32
24	60	PAULO POVOA	49	M4549	4	M			A VALE SILENCIO	00:36:34	00:36:32
25	200	MANUEL MASCARENHAS	30	M1834	11	M			INDIVIDUAL	00:36:36	00:36:34
26	1601	PEDRO RIBEIRO	40	M4044	5	M			A NATUREZA	00:36:36	00:36:36
27	1464	JOAQUIM CAPUCHO	50	M5054	5	M			GD SANTANDER	00:36:42	00:36:41
28	1428	EDGAR SEMEDO	33	M1834	12	M			AÇOREANA C BANIF	00:36:43	00:36:43
29	978	BERNARD OLIVEIRA	25	M1834	13	M			GAB FISIO	00:36:44	00:36:44
30	644	BRUNO GAMITO	25	M1834	14	M			GDR S FRANC	00:36:45	00:36:45
31	1672	MARCO MENDES	37	M3539	3	M			C PRAÇAS ARMADA	00:36:46	00:36:44
32	541	ANTONIO GASPARINHO	35	M3539	4	M			INDIVIDUAL	00:36:48	00:36:44
33	1690	PAULO ALVES	35	M3539	5	M			GD IN CASA MOEDA	00:36:52	00:36:52
34	1304	AIRES PRATAS	57	M5559	1	M			ODIMARQ	00:36:59	00:36:59
35	649	RUI GONÇALVES	37	M3539	6	M			GDR S FRANC	00:37:00	00:37:00
36	1684	RICARDO OLIVEIRA	33	M1834	15	M			C PRAÇAS ARMADA	00:37:00	00:36:58

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
37	1305	LUIS BATISTA	35	M3539	7	M			ODIMARQ	00:37:06	00:37:06
38	1763	EMANUEL BANDEIRA	36	M3539	8	M			OESTE RUNNING	00:37:22	00:37:19
39	289	JOAO N O GONÇALVES	28	M1834	16	M			INDIVIDUAL	00:37:41	00:37:40
40	979	LUIS PEREIRA	46	M4549	5	M			GAB FISIO	00:37:46	00:37:44
41	1764	JOAQUIM RODRIGUES	43	M4044	6	M			OESTE RUNNING	00:37:47	00:37:43
42	1726	MARIO M ROSA	48	M4549	6	M			INDIVIDUAL	00:37:50	00:37:47
43	980	EDMILSON SANTOS	48	M4549	7	M			GAB FISIO	00:37:53	00:37:50
44	1768	JOAO FRANCO	59	M5559	2	M			OESTE RUNNING	00:37:56	00:37:54
45	867	TIAGO LOBO	34	M1834	17	M			INDIVIDUAL	00:37:58	00:37:54
46	1303	ANTONIO HENRIQUES	55	M5559	3	M			ODIMARQ	00:38:00	00:37:57
47	1556	RICARDO GUIMARAES	29	M1834	18	M			ACLIS LIBERTY	00:38:10	00:38:10
48	1552	JOAO CARDOSO	51	M5054	6	M			ACLIS LIBERTY	00:38:12	00:38:10
49	1629	PAULO GASPAR	35	M3539	9	M			CR CRUZ PAU	00:38:13	00:38:01
50	972	FERNANDO SANTOS	42	M4044	7	M			GAB FISIO	00:38:16	00:38:13
51	99	LUIS PAULO	46	M4549	8	M			BAHIA	00:38:19	00:38:16
52	1643	DANIEL ANTUNES	51	M5054	7	M			CAMARA L CLUBE	00:38:27	00:38:27
53	1020	SAMUEL GALVEIA	32	M1834	19	M			AA LEBRES SADO	00:38:31	00:38:24
54	1694	RUI CORREIA	36	M3539	10	M			GD IN CASA MOEDA	00:38:35	00:38:35
55	639	LUIS PEREIRA	43	M4044	8	M			GDR S FRANC	00:38:37	00:38:37
56	1553	MANUEL VILELA	49	M4549	9	M			ACLIS LIBERTY	00:38:44	00:38:44
57	800	ARMANDO PESSOA	43	M4044	9	M			INDIVIDUAL	00:38:47	00:38:44
58	788	PAULO FERREIRA	37	M3539	11	M			ACADEMIA KORPO	00:38:50	00:38:50
59	832	ANTONIO SILVA	40	M4044	10	M			CCDT AUT ALMADA	00:38:52	00:38:50
60	1565	FERNANDO RIBEIRO	46	M4549	10	M			ACLIS LIBERTY	00:38:53	00:38:51
61	1441	RUI OLIVEIRA	42	M4044	11	M			AÇOREANA C BANIF	00:38:55	00:38:53
62	672	CARLOS ESTEVES	44	M4044	12	M			CLUBE VODAFONE	00:38:57	00:38:52
63	1575	PEDRO MONTEIRO	38	M3539	12	M			CCD SEG SOCIAL LX	00:38:57	00:38:57
64	1712	NUNO SILVA	31	M1834	20	M			CLUBE GRUPO BES	00:38:57	00:38:57
65	789	RICARDO CARREIRO	34	M1834	21	M			ACADEMIA KORPO	00:38:59	00:38:59
66	1186	JOAO FONTE BOA	26	M1834	22	M			CA PATAMEIRAS	00:38:59	00:38:59
67	352	GUILHERME R G S NETO	25	M1834	23	M			SUNSET RUNNERS	00:39:00	00:38:40
68	20	FERNANDO CANDEIAS	41	M4044	13	M			SS CGD	00:39:02	00:38:43
69	1308	ORLANDO CORREIA	41	M4044	14	M			ODIMARQ	00:39:03	00:39:03
70	1392	MARCOS BORBA	39	M3539	13	M			GD INE	00:39:05	00:38:58
71	1148	VALTER SOARES	37	M3539	14	M			GDR S FRANC	00:39:06	00:39:06
72	146	CLEBY ARAUJO	37	M3539	15	M			CA AMIGOS PARQUE	00:39:07	00:39:07
73	1478	NUNO DAMIAES	31	M1834	24	M			GD SANTANDER	00:39:07	00:39:07
74	1436	MARIO GOMES	42	M4044	15	M			AÇOREANA C BANIF	00:39:09	00:39:09
75	1607	FERNANDO GOMES	39	M3539	16	M			SL CAMPOLIDE	00:39:14	00:39:09
76	1212	RICARDO SANTOS	32	M1834	25	M			INDIVIDUAL	00:39:17	00:39:02
77	1555	PAULO GUIMARAES	35	M3539	17	M			ACLIS LIBERTY	00:39:22	00:39:22
78	272	RICARDO FERREIRA	35	M3539	18	M			INDIVIDUAL	00:39:24	00:39:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
79	1680	ANTONIO PIRES	45	M4549	11	M		C PRAÇAS ARMADA	00:39:27	00:39:10
80	1498	PEDRO ALEXANDRE	37	M3539	19	M		GD CHELAS	00:39:32	00:39:32
81	1252	HERMINIO J S VICENTE	40	M4044	16	M		C BENFICA T	00:39:34	00:39:34
82	1679	MIGUEL CARNEIRO	29	M1834	26	M		C PRAÇAS ARMADA	00:39:36	00:39:33
83	1483	JOSE AMIGO	60	M6099	1	M		CCR ALTO MOINHO	00:39:40	00:39:35
84	495	MARCIO J O SANTOS	34	M1834	27	M		INDIVIDUAL	00:39:46	00:39:42
85	904	NUNO VAZ	30	M1834	28	M		FALCOES	00:39:46	00:39:35
86	956	NUNO SANTOS	41	M4044	17	M		CCD O ALVITEJO	00:39:49	00:39:49
87	424	BARROS COSTA	56	M5559	4	M		CCDT METRO LX	00:39:50	00:39:36
88	903	RUI FALCAO	51	M5054	8	M		FALCOES	00:39:50	00:39:42
89	687	RUI P ALMEIDA	36	M3539	20	M		CLUBE VODAFONE	00:39:55	00:39:51
90	1026	RICARDO JORDAO	30	M1834	29	M		INDIVIDUAL	00:39:55	00:39:55
91	1381	GONÇALO FERREIRA	40	M4044	18	M		GD INE	00:39:55	00:39:49
92	264	DANIEL RODRIGUES	32	M1834	30	M		CLUBE ROBBIALAC	00:39:56	00:39:37
93	1450	BRUNO GIRAO	38	M3539	21	M		GD SANTANDER	00:39:57	00:39:52
94	919	LUIS MONTEIRO	41	M4044	19	M		CLUBE GRUPO BES	00:39:59	00:39:59
95	1678	ANTONIO MADEIRA	52	M5054	9	M		C PRAÇAS ARMADA	00:40:01	00:39:58
96	537	PAULO J Q FONSECA	44	M4044	20	M		INDIVIDUAL	00:40:02	00:40:02
97	170	RUI P JULIAO	47	M4549	12	M		GEORUNNERS	00:40:03	00:39:46
98	709	JOAO VEIGA	39	M3539	22	M		DERRETEBANHA	00:40:04	00:39:58
99	246	FERNANDO VICENTE	47	M4549	13	M		INDIVIDUAL	00:40:17	00:40:09
100	1085	JOAO AFONSO	37	M3539	23	M		UNIDOS CASTILHO	00:40:18	00:40:18
101	575	EGIDIO PORTELA	56	M5559	5	M		AA MAFRA	00:40:19	00:40:19
102	55	LUIS FERREIRA	43	M4044	21	M		A VALE SILENCIO	00:40:20	00:40:20
103	1459	JOAO JESUS	37	M3539	24	M		GD SANTANDER	00:40:20	00:40:15
104	1725	AURELIO AGUIAR	57	M5559	6	M		INDIVIDUAL	00:40:21	00:40:21
105	502	JOAO MACHADO	51	M5054	10	M		OS MATRECOS	00:40:24	00:40:24
106	1676	LUIS FERNANDES	31	M1834	31	M		C PRAÇAS ARMADA	00:40:25	00:40:25
107	758	VALENTIM HENRIQUES	44	M4044	22	M		CD ASAS MILENIUM	00:40:26	00:40:26
108	1125	HUGO SILVA	26	M1834	32	M		INDIVIDUAL	00:40:27	00:40:27
109	1685	ADOLFO LOUREIRO	60	M6099	2	M		C PRAÇAS ARMADA	00:40:27	00:40:17
110	245	JOSE MORAIS	51	M5054	11	M		INDIVIDUAL	00:40:28	00:40:19
111	1673	BRUNO CANHAO	47	M4549	14	M		C PRAÇAS ARMADA	00:40:29	00:40:29
112	1731	MARCOS PEREIRA	57	M5559	7	M		INDIVIDUAL	00:40:29	00:40:29
113	315	PEDRO S GONÇALVES	30	M1834	33	M		RB RUNNING	00:40:30	00:40:21
114	80	ANTONIO LEMOS	54	M5054	12	M		WIKABOO	00:40:31	00:40:26
115	377	PEDRO FARTO	33	M1834	34	M		INDIVIDUAL	00:40:31	00:40:26
116	48	EURICO CHARNECA	54	M5054	13	M		A VALE SILENCIO	00:40:32	00:40:32
117	1677	PAULO RODRIGUES	45	M4549	15	M		C PRAÇAS ARMADA	00:40:33	00:40:33
118	1433	LUCIA OLIVEIRA	33	F1834	1	F		AÇOREANA C BANIF	00:40:34	00:40:34
119	142	Homem com dorsal F	56	M5559	8	M		CTJ	00:40:35	00:40:34
120	970	VITOR CARVALHO	51	M5054	14	M		GAB FISIO	00:40:35	00:40:32

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
121	1567	PAULO AFONSO	18	M1834	35	M			CA GALINHEIRAS	00:40:35	00:40:33
122	1256	NELSON FONSECA	34	M1834	36	M			GA OS PATRICIOS	00:40:36	00:40:25
123	807	LEANDRO REIS	43	M4044	23	M			AA MAFRA	00:40:37	00:40:25
124	866	FERNANDO RODRIGUES	45	M4549	16	M			INDIVIDUAL	00:40:38	00:40:36
125	112	ALEXANDRE CANTIGA	37	M3539	25	M			AMIGOS 4 RUN	00:40:40	00:40:25
126	1448	ANTONIO LOURO	39	M3539	26	M			GD SANTANDER	00:40:40	00:40:36
127	640	HUGO GONÇALVES	24	M1834	37	M			GDR S FRANC	00:40:41	00:40:41
128	1696	NUNO SOUSA	39	M3539	27	M			GD IN CASA MOEDA	00:40:42	00:40:42
129	1438	PAULO PEREIRA	45	M4549	17	M			AÇOREANA C BANIF	00:40:45	00:40:45
130	132	MARIO P NETO	36	M3539	28	M			SCALABIS NIGHT	00:40:46	00:40:36
131	1605	GIL ALVES	36	M3539	29	M			SL CAMPOLIDE	00:40:47	00:40:43
132	1302	JOAO BARS	48	M4549	18	M			ODIMARQ	00:40:52	00:40:52
133	1518	ANTONIO BOTAO	19	M1834	38	M			C MILLENNIUM BCP	00:40:52	00:40:48
134	607	JORGE MELO	34	M1834	39	M			CLUBE BOLINHA	00:40:53	00:40:53
135	606	TONY ALMEIDA	31	M1834	40	M			K9 ATHLETICS TEAM	00:40:57	00:40:57
136	1045	CARLOS CORREIA	42	M4044	24	M			GDR S FRANC	00:40:58	00:40:48
137	332	CESARIO MENDES	45	M4549	19	M			INDIVIDUAL	00:40:59	00:40:43
138	568	MARIA FRIAS	47	F4599	1	F			AA MAFRA	00:40:59	00:40:59
139	567	JOAO FRIAS	46	M4549	20	M			AA MAFRA	00:41:01	00:41:01
140	1382	HUGO REIS	36	M3539	30	M			GD INE	00:41:02	00:41:02
141	1418	ANDRE QUARENTA	42	M4044	25	M			AÇOREANA C BANIF	00:41:03	00:40:59
142	1439	PAULO VENTURA	42	M4044	26	M			AÇOREANA C BANIF	00:41:07	00:41:07
143	725	PAULO ARRENEGA	46	M4549	21	M			INDIVIDUAL	00:41:10	00:41:10
144	74	VITOR NOVAIS	41	M4044	27	M			GAA VILA FRANCA	00:41:12	00:41:02
145	1043	ARMANDO SILVA	57	M5559	9	M			INDIVIDUAL	00:41:15	00:41:08
146	1597	DAVID ROSA	37	M3539	31	M			A NATUREZA	00:41:16	00:41:10
147	1654	PEDRO ALVAREZ	40	M4044	28	M			SFUAP	00:41:16	00:41:08
148	1463	ANASTACIO VALADAS	59	M5559	10	M			GD SANTANDER	00:41:19	00:41:03
149	538	ANTONIO J A G LOUREIRO	31	M1834	41	M			TZ S RUNNING GYM	00:41:22	00:41:15
150	1570	ALEXANDRA LAMAS	40	F3544	1	F			CA GALINHEIRAS	00:41:22	00:41:20
151	443	JOSE SILVA	57	M5559	11	M			INDIVIDUAL	00:41:25	00:41:19
152	1324	CARLOS A BAPTISTA	52	M5054	15	M			SC CASAINHOS	00:41:25	00:41:25
153	641	GONÇALO SANTOS	39	M3539	32	M			GDR S FRANC	00:41:26	00:41:26
154	1183	ANTONIO MORAIS	60	M6099	3	M			CA PATAMEIRAS	00:41:29	00:41:29
155	108	PEDRO AGUIAR	46	M4549	22	M			INDIVIDUAL	00:41:30	00:41:24
156	196	JAIME P GOES	25	M1834	42	M			SUNSET RUNNERS	00:41:30	00:41:09
157	676	HELDER BRANCO	41	M4044	29	M			CLUBE VODAFONE	00:41:32	00:41:32
158	722	HUGO PALMA	38	M3539	33	M			CP IVA	00:41:32	00:41:32
159	1410	JOAO GUISADO	31	M1834	43	M			ADCR P JUDICIARIA	00:41:32	00:41:32
160	1584	CONSTANTINO ARAUJO	46	M4549	23	M			SC REBOLEIRA	00:41:32	00:41:01
161	1639	IVO NOGUEIRA	26	M1834	44	M			CAMARA L CLUBE	00:41:32	00:41:32
162	1038	JOAQUIM ALEXANDRE	46	M4549	24	M			URD ARRANHO	00:41:34	00:41:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
163	765	PEDRO M R C LIMA	47	M4549	25	M			INDIVIDUAL	00:41:36	00:41:32
164	1609	RUI CARDOSO	41	M4044	30	M			SL CAMPOLIDE	00:41:36	00:41:32
165	1147	MIGUEL ROCHA	41	M4044	31	M			INDIVIDUAL	00:41:40	00:41:37
166	1490	PAULO TEIXEIRA	50	M5054	16	M			GD CHELAS	00:41:42	00:41:42
167	357	GONÇALO FERREIRA	39	M3539	34	M			INDIVIDUAL	00:41:44	00:40:40
168	1367	ANTONIO P L SANTOS	54	M5054	17	M			GD INE	00:41:45	00:41:37
169	1394	NUNO MARTINS	40	M4044	32	M			GD INE	00:41:45	00:41:45
170	855	CARLOS COSTA	41	M4044	33	M			A NATUREZA	00:41:46	00:41:38
171	273	RUI D FREITAS	35	M3539	35	M			INDIVIDUAL	00:41:49	00:41:25
172	1562	PAULO LOPES	44	M4044	34	M			ACLIS LIBERTY	00:41:53	00:41:19
173	854	PEDRO GOMES	36	M3539	36	M			INDIVIDUAL	00:41:56	00:41:11
174	1568	PAULO RAMOS	43	M4044	35	M			CA GALINHEIRAS	00:41:56	00:41:54
175	1668	MARIO LOURENÇO	47	M4549	26	M			C PRAÇAS ARMADA	00:41:57	00:41:57
176	648	RICHARDSON FERREIRA	38	M3539	37	M			GDR S FRANC	00:42:03	00:41:14
177	1320	MANUEL BENTO	36	M3539	38	M			SC CASAINHOS	00:42:04	00:41:32
178	1106	EDUARDO J C BRANCO	33	M1834	45	M			NINHO	00:42:05	00:41:17
179	392	LUIS F V VICENTE	38	M3539	39	M			INDIVIDUAL	00:42:06	00:42:06
180	1560	FRANCISCO TAPADAS	65	M6099	4	M			ACLIS LIBERTY	00:42:07	00:42:07
181	1188	PAULO GAMBOA	42	M4044	36	M			CA PATAMEIRAS	00:42:08	00:41:58
182	58	ORLANDO RAMOS	36	M3539	40	M			A VALE SILENCIO	00:42:09	00:42:09
183	1035	EDGAR FRANÇISCO	47	M4549	27	M			URD ARRANHO	00:42:09	00:42:09
184	1474	RUI MACHINHO	36	M3539	41	M			GD SANTANDER	00:42:12	00:42:02
185	1226	GIL C B OLIVEIRA	45	M4549	28	M			INDIVIDUAL	00:42:13	00:42:05
186	340	RICARDO M F VENANCIO	37	M3539	42	M			A NATUREZA	00:42:16	00:42:10
187	643	FERNANDO BEIJINHA	63	M6099	5	M			GDR S FRANC	00:42:17	00:42:17
188	1079	ANTONIO DIAS	54	M5054	18	M			INDIVIDUAL	00:42:17	00:42:09
189	742	JOSE SILVA	49	M4549	29	M			ODIMARQ	00:42:18	00:42:18
190	1149	VASCO AGOSTINHO	47	M4549	30	M			GDR S FRANC	00:42:19	00:42:19
191	1184	AUGUSTO CRUZ	63	M6099	6	M			CA PATAMEIRAS	00:42:21	00:42:11
192	1666	PAULO GONÇALVES	27	M1834	46	M			C PRAÇAS ARMADA	00:42:22	00:41:52
193	477	JOSE ESTEVES	47	M4549	31	M			INDIVIDUAL	00:42:24	00:42:24
194	1494	EDUARDO RODRIGUES	54	M5054	19	M			GD CHELAS	00:42:27	00:42:27
195	1661	JOAO CALDAS	47	M4549	32	M			CLUBE AUTOCOOPE	00:42:27	00:42:14
196	1386	JOSE GOMES	57	M5559	12	M			GD INE	00:42:28	00:42:20
197	1017	MARIO COELHO	47	M4549	33	M			AA LEBRES SADO	00:42:29	00:42:22
198	166	SANDRA M CRUZ	32	F1834	2	F			INDIVIDUAL	00:42:30	00:42:19
199	1120	PAULO NEVES	26	M1834	47	M			INDIVIDUAL	00:42:30	00:41:47
200	1596	RODRIGO SILVA	45	M4549	34	M			A NATUREZA	00:42:30	00:42:22
201	1665	TIAGO TELES	28	M1834	48	M			CLUBE AUTOCOOPE	00:42:30	00:42:30
202	898	CARLOS JACINTO	44	M4044	37	M			INDIVIDUAL	00:42:32	00:42:23
203	100	DIANA RUIVO	24	F1834	3	F			BAHIA	00:42:35	00:42:25
204	1289	ALFREDO CUNHA	29	M1834	49	M			INDIVIDUAL	00:42:36	00:42:21

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
205	1424	FRANCISCO CALÇADA	48	M4549	35	M			AÇOREANA C BANIF	00:42:36	00:42:33
206	646	FRANCISCO CARMO	41	M4044	38	M			GDR S FRANC	00:42:39	00:42:29
207	1301	CARLOS ANTUNES	61	M6099	7	M			ODIMARQ	00:42:43	00:42:43
208	322	OSVALDO FERREIRA	37	M3539	43	M			INDIVIDUAL	00:42:46	00:42:46
209	1486	JOAQUIM MARINHO	54	M5054	20	M			GD CHELAS	00:42:46	00:42:46
210	1569	ALEXANDRA ALVES	33	F1834	4	F			AÇOREANA C BANIF	00:42:46	00:42:46
211	1723	PAULO SANTOS	46	M4549	36	M			INDIVIDUAL	00:42:49	00:42:09
212	565	JOSE GONÇALVES	46	M4549	37	M			AA MAFRA	00:42:51	00:42:51
213	1387	JOSE MAGALHAES	58	M5559	13	M			GD INE	00:42:51	00:42:51
214	492	LUIS M C NEVES	34	M1834	50	M			MARINHAI AC	00:42:52	00:42:21
215	191	JORGE EVANGELISTA	44	M4044	39	M			CA AMIGOS PARQUE	00:42:53	00:42:38
216	374	PEDRO J A SESOES	46	M4549	38	M			INDIVIDUAL	00:42:53	00:42:49
217	677	JOAO M ROSA	41	M4044	40	M			CLUBE VODAFONE	00:42:53	00:42:53
218	1635	JOSE OLIVEIRA	39	M3539	44	M			AA LEBRES SADO	00:42:53	00:42:46
219	705	HELIO PALMA	30	M1834	51	M			CCD TRANQUILIDADE	00:42:54	00:42:37
220	1224	ANTONIO MACHADO	42	M4044	41	M			INDIVIDUAL	00:42:54	00:42:17
221	1670	LUIS CONCEIÇÃO	35	M3539	45	M			C PRAÇAS ARMADA	00:42:54	00:42:27
222	159	JORGE CALDEIRA	42	M4044	42	M			RUN 4 FUN	00:42:55	00:42:42
223	518	JORGE PE-CURTO	37	M3539	46	M			INDIVIDUAL	00:42:57	00:42:57
224	461	MARCO MOUTINHO	33	M1834	52	M			INDIVIDUAL	00:43:03	00:43:03
225	423	ANTONIO PEREIRA	48	M4549	39	M			CCDT METRO LX	00:43:04	00:42:19
226	59	PAULO DUARTE	46	M4549	40	M			A VALE SILENCIO	00:43:06	00:43:02
227	1283	JORGE LOPES	28	M1834	53	M			GD INE	00:43:06	00:42:57
228	1417	NUNO PITA	37	M3539	47	M			CCDT METRO LX	00:43:06	00:43:06
229	1585	JOSE REIS	59	M5559	14	M			SC REBOLEIRA	00:43:06	00:43:06
230	1181	JOAO GOMES	40	M4044	43	M			AA MAFRA	00:43:07	00:42:54
231	1401	PERO C MOREIRA	39	M3539	48	M			GD INE	00:43:07	00:42:59
232	299	JOSE FACHADAS	42	M4044	44	M			INDIVIDUAL	00:43:08	00:43:08
233	69	EURICO PEREIRA	53	M5054	21	M			GD O	00:43:11	00:42:39
234	1519	NUNO D ALMEIDA	41	M4044	45	M			C MILLENNIUM BCP	00:43:13	00:43:13
235	1657	PAULO COSTA	52	M5054	22	M			SFUAP	00:43:14	00:43:10
236	738	JOAO SOUSA	29	M1834	54	M			C PRAÇAS ARMADA	00:43:15	00:42:53
237	790	MARCIO PATINHA	23	M1834	55	M			ACADEMIA KORPO	00:43:16	00:43:07
238	1623	ACACIO BRANDAO	35	M3539	49	M			CR CRUZ PAU	00:43:16	00:43:16
239	415	ARMANDO CORREIA	61	M6099	8	M			LESMAS	00:43:17	00:43:02
240	1405	JOSE BOUCEIRO	47	M4549	41	M			ADCR P JUDICIARIA	00:43:17	00:42:51
241	986	RUI GERALDES	39	M3539	50	M			RAIL RUNNERS	00:43:18	00:42:51
242	1429	JOAQUIM GUERREIRO	52	M5054	23	M			AÇOREANA C BANIF	00:43:18	00:42:51
243	1314	ANTONIO CAMACHO	60	M6099	9	M			CA VALE FIGUEIRA	00:43:19	00:43:05
244	1414	MIGUEL RUIVO	33	M1834	56	M			AÇOREANA C BANIF	00:43:21	00:43:21
245	839	EDUARDO LUIS	35	M3539	51	M			ATOMIC TEAM	00:43:23	00:43:03
246	104	HELDER VALADAS	32	M1834	57	M			OS PERIGOSOS	00:43:24	00:43:24

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
247	173	CARLOS SOUSA	55	M5559	15	M		INDIVIDUAL	00:43:24	00:43:21
248	628	FLAVIO V C FIGUEIREDO	28	M1834	58	M		INDIVIDUAL	00:43:24	00:43:24
249	1019	PEDRO PIRES	48	M4549	42	M		AA LEBRES SADO	00:43:24	00:42:34
250	321	FABIO M J FELIZARDO	26	M1834	59	M		INDIVIDUAL	00:43:25	00:43:25
251	1406	MIGUEL CARNEIRO	39	M3539	52	M		ADCR P JUDICIARIA	00:43:26	00:43:26
252	971	RODRIGO SERRA	36	M3539	53	M		GAB FISIO	00:43:28	00:43:16
253	767	CARLOS ROSADO	44	M4044	46	M		C RUGBY	00:43:30	00:42:33
254	1747	PEDRO BARROSO	28	M1834	60	M		INDIVIDUAL	00:43:35	00:43:35
255	1169	PAULO R H PEREIRA	27	M1834	61	M		INDIVIDUAL	00:43:38	00:43:38
256	1446	ANTONIO CRUZ	65	M6099	10	M		GD SANTANDER	00:43:38	00:43:22
257	1397	NUNO VALENTE	34	M1834	62	M		GD INE	00:43:40	00:43:35
258	421	ANTONIO E GONÇALVES	47	M4549	43	M		CCDT METRO LX	00:43:41	00:42:57
259	531	BERNARDO BORDALO	32	M1834	63	M		COMRADES	00:43:42	00:43:42
260	532	JOAO LOPES	54	M5054	24	M		COMRADES	00:43:42	00:43:17
261	511	MIRIAM SILVA	29	F1834	5	F		CP EDP LISBOA	00:43:45	00:43:45
262	1086	FILIFE F COSTA	37	M3539	54	M		UNIDOS CASTILHO	00:43:45	00:43:40
263	88	BRUNO SOUSA	38	M3539	55	M		WIKABOO	00:43:49	00:43:49
264	249	IVAN TAVARES	35	M3539	56	M		MARRIOTT LISBOA	00:43:49	00:43:49
265	110	NUNO C CARMO	38	M3539	57	M		INDIVIDUAL	00:43:50	00:43:43
266	540	LUCIANO CORREIA	40	M4044	47	M		INDIVIDUAL	00:43:50	00:43:46
267	103	RUI MARQUES	38	M3539	58	M		INDIVIDUAL	00:43:51	00:43:44
268	265	PEDRO FERREIRA	35	M3539	59	M		CLUBE ROBBIALAC	00:43:55	00:43:30
269	1612	ALFREDO VALENTE	49	M4549	44	M		SL CAMPOLIDE	00:43:56	00:43:56
270	1027	ALEXANDRE TEIXEIRA	49	M4549	45	M		INDIVIDUAL	00:43:58	00:43:46
271	1538	JOSE MARQUES	45	M4549	46	M		C MILLENNIUM BCP	00:44:00	00:43:58
272	1134	PAULO CALDEIRA	43	M4044	48	M		CLUBE BOLINHA	00:44:01	00:43:20
273	780	LUIS MARTINS	37	M3539	60	M		BERI BERI ASFALTO	00:44:03	00:44:03
274	1444	VIRGILIO MADEIRA	53	M5054	25	M		AÇOREANA C BANIF	00:44:03	00:44:03
275	360	RICARDO ENGUIÇA	34	M1834	64	M		INDIVIDUAL	00:44:04	00:43:14
276	887	CARLOS M VENANCIO	51	M5054	26	M		C COLAB AXA	00:44:06	00:43:54
277	223	RICARDO PEDROSO	24	M1834	65	M		OS BUSCAS	00:44:08	00:44:08
278	1164	HUGO BARROSO	34	M1834	66	M		ACADEMIA KORPO	00:44:08	00:44:08
279	1334	JOAQUIM FIDALGO	52	M5054	27	M		TEJAVISTA	00:44:08	00:44:08
280	571	BRUNO LOPES	31	M1834	67	M		AA MAFRA	00:44:09	00:44:09
281	1142	SADIQ M KASSAMO	39	M3539	61	M		PORTUGAL	00:44:09	00:43:26
282	1187	MIGUEL TAVARES	40	M4044	49	M		CA PATAMEIRAS	00:44:09	00:43:56
283	1762	JOAO GOMES	27	M1834	68	M		OESTE RUNNING	00:44:10	00:43:45
284	454	JOAO P SERODIO	34	M1834	69	M		TRI CVG	00:44:11	00:44:11
285	974	VITOR SOUSA	39	M3539	62	M		GAB FISIO	00:44:11	00:43:57
286	1073	AUGUSTO BRITO	57	M5559	16	M		FLAMINGOS	00:44:12	00:43:52
287	1228	GHEORGHE TICU	22	M1834	70	M		INDIVIDUAL	00:44:12	00:44:04
288	26	JOAQUIM FRADE	57	M5559	17	M		SS CGD	00:44:13	00:44:03

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
289	605	NUNO P SILVA	37	M3539	63	M			INDIVIDUAL	00:44:17	00:44:12
290	86	PEDRO MONTEIRO	41	M4044	50	M			WIKABOO	00:44:21	00:43:54
291	669	ALEXANDRE COSTA	36	M3539	64	M			CLUBE VODAFONE	00:44:21	00:44:05
292	1278	MANUEL SILVA	57	M5559	18	M			INDIVIDUAL	00:44:21	00:44:15
293	1682	JOAO SANTOS	48	M4549	47	M			C PRAÇAS ARMADA	00:44:21	00:44:21
294	1118	CARLOS CUNHA	40	M4044	51	M			CCD O ALVITEJO	00:44:24	00:44:21
295	1190	RUI MARTINS	57	M5559	19	M			CA PATAMEIRAS	00:44:24	00:44:24
296	317	LUIS ESTEVAO	44	M4044	52	M			INDIVIDUAL	00:44:26	00:43:55
297	1072	FAUSTINO PEREIRINHA	50	M5054	28	M			FLAMINGOS	00:44:26	00:44:05
298	490	LUIS MARIANO	51	M5054	29	M			GD AGUIAS MOITA	00:44:27	00:44:27
299	1442	RUTE MATOS	42	F3544	2	F			AÇOREANA C BANIF	00:44:27	00:44:27
300	710	JUAN COSTA	47	M4549	48	M			CCDP CITROEN	00:44:28	00:43:34
301	1467	LINO MARCO	37	M3539	65	M			GD SANTANDER	00:44:30	00:44:30
302	463	PAULO PIRES	44	M4044	53	M			INDIVIDUAL	00:44:31	00:44:24
303	1037	HENRIQUE FERREIRA	41	M4044	54	M			URD ARRANHO	00:44:32	00:44:32
304	886	ANTONIO R PEREIRA	50	M5054	30	M			C COLAB AXA	00:44:33	00:44:15
305	1506	TIAGO MENDES	39	M3539	66	M			C MILLENNIUM BCP	00:44:33	00:44:33
306	1507	JOSE FERREIRA	47	M4549	49	M			C MILLENNIUM BCP	00:44:33	00:44:30
307	1558	JOAO BORRALHO	37	M3539	67	M			ACLIS LIBERTY	00:44:35	00:44:35
308	1449	AUGUSTO LIOPE	59	M5559	20	M			GD SANTANDER	00:44:37	00:44:37
309	900	MARCO MORGADO	34	M1834	71	M			INDIVIDUAL	00:44:41	00:44:31
310	1126	ANTONIO M B T BAPTISTA	43	M4044	55	M			ACADEMIA LUMIAR	00:44:41	00:44:11
311	1451	CARLOS TEIXEIRA	40	M4044	56	M			GD SANTANDER	00:44:42	00:44:42
312	700	LUIS PASSOS	38	M3539	68	M			CCD TRANQUILIDADE	00:44:43	00:44:28
313	1071	ANTONIO COSTA	55	M5559	21	M			FLAMINGOS	00:44:43	00:44:23
314	120	SERGIO SILVA	37	M3539	69	M			AMIGOS 4 RUN	00:44:44	00:44:33
315	1371	CARLOS ALBERTO	54	M5054	31	M			GD INE	00:44:45	00:44:45
316	441	PEDRO M D EUGENIO	40	M4044	57	M			OS PERIGOSOS	00:44:46	00:44:46
317	686	RUI MENAS	35	M3539	70	M			CLUBE VODAFONE	00:44:46	00:44:41
318	617	LUIS PEERALLY	30	M1834	72	M			CP CORROIOS	00:44:48	00:44:48
319	1009	ANTONIO CAROÇO	56	M5559	22	M			AA LEBRES SADO	00:44:49	00:44:32
320	1497	CARLOS RODRIGUES	40	M4044	58	M			GD CHELAS	00:44:49	00:44:49
321	1456	GABRIEL CHARRUA	34	M1834	73	M			GD SANTANDER	00:44:51	00:44:50
322	1493	AMERICO PIMENTA	47	M4549	50	M			GD CHELAS	00:44:52	00:44:52
323	1644	ERNESTO MONTEIRO	41	M4044	59	M			CAMARA L CLUBE	00:44:52	00:44:39
324	850	ANTONIO SOUSA	51	M5054	32	M			ACD BOCAL	00:44:54	00:44:54
325	1492	JORGE MARQUES	43	M4044	60	M			GD CHELAS	00:44:54	00:44:53
326	174	HUGO PINTO	34	M1834	74	M			INDIVIDUAL	00:44:55	00:44:40
327	1516	ANTONIO BRAGA	53	M5054	33	M			C MILLENNIUM BCP	00:44:55	00:44:55
328	255	VALTER D M M OLIVEIRA	35	M3539	71	M			INDIVIDUAL	00:44:56	00:44:29
329	195	PEDRO LOZANO	22	M1834	75	M			INDIVIDUAL	00:44:57	00:44:57
330	138	ANDRE GUERREIRO	21	M1834	76	M			INDIVIDUAL	00:44:59	00:44:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
331	73	OLIMPIO GUEDELHA	57	M5559	23	M			GAA VILA FRANCA	00:45:00	00:45:00
332	39	PAULO BILAO	42	M4044	61	M			SS CGD	00:45:03	00:44:28
333	176	RUI SILVA	40	M4044	62	M			INDIVIDUAL	00:45:05	00:45:05
334	1496	JOAQUIM AZEVEDO	49	M4549	51	M			GD CHELAS	00:45:05	00:45:05
335	811	EDUARDO RIBEIRO	45	M4549	52	M			GDCT UNICRE	00:45:06	00:45:06
336	574	CARLOS MORAIS	49	M4549	53	M			AA MAFRA	00:45:07	00:45:07
337	1579	VANESSA SILVA	29	F1834	6	F			TTERRA	00:45:07	00:44:47
338	1600	JOSE MARTINS	55	M5559	24	M			A NATUREZA	00:45:07	00:45:07
339	892	RICARDO F ALVES	30	M1834	77	M			C COLAB AXA	00:45:09	00:44:50
340	1703	SERGIO HENRIQUE	41	M4044	63	M			ODEBRECHT BPC	00:45:11	00:43:57
341	54	ANDRE SANTOS	36	M3539	72	M			A VALE SILENCIO	00:45:12	00:44:00
342	534	JOAQUIM BACALHAU	60	M6099	11	M			INDIVIDUAL	00:45:12	00:45:12
343	1472	SALVADOR AFONSO	59	M5559	25	M			GD SANTANDER	00:45:12	00:44:51
344	520	JOSE F VERAS	52	M5054	34	M			ALDIPONTENSES	00:45:14	00:44:31
345	819	FERNANDO LUZ	43	M4044	64	M			GDCT UNICRE	00:45:14	00:44:49
346	723	AMAVEL FIGUEIREDO	33	M1834	78	M			CP IVA	00:45:16	00:45:16
347	107	MARIO LOPES	44	M4044	65	M			OS PERIGOSOS	00:45:20	00:45:20
348	47	ARMANDO ALMEIDA	53	M5054	35	M			A VALE SILENCIO	00:45:21	00:45:21
349	768	LEONEL SELEIRO	55	M5559	26	M			EXTINTOS 2	00:45:21	00:44:57
350	1066	PAULO MOTA	31	M1834	79	M			VALEJAS AC	00:45:21	00:45:21
351	53	JULIO ROQUE	47	M4549	54	M			A VALE SILENCIO	00:45:22	00:45:22
352	1156	CESARIO RODRIGUES	25	M1834	80	M			INDIVIDUAL	00:45:22	00:43:54
353	1737	RICARDO LOBO	39	M3539	73	M			INDIVIDUAL	00:45:22	00:44:27
354	91	LUIS GRILO	45	M4549	55	M			WIKABOO	00:45:23	00:45:23
355	256	PEDRO M S MACEDO	33	M1834	81	M			INDIVIDUAL	00:45:25	00:45:16
356	127	CARLOS M C MARTINS	30	M1834	82	M			QUINTO ELEMENTO	00:45:26	00:44:18
357	1034	FILIPPE BRANCO	43	M4044	66	M			URD ARRANHO	00:45:26	00:45:26
358	281	MANUEL NASCIMENTO	56	M5559	27	M			CA AMIGOS PARQUE	00:45:27	00:45:27
359	1039	PAULO TOMAS	40	M4044	67	M			URD ARRANHO	00:45:28	00:44:54
360	1137	PAULO PICA	38	M3539	74	M			CUP TEAM	00:45:30	00:43:52
361	334	ADRIAN M MELO	33	M1834	83	M			INDIVIDUAL	00:45:31	00:45:19
362	730	VALTER R ROLDAO	23	M1834	84	M			MIRC	00:45:31	00:45:31
363	313	JOAO D COSTA	29	M1834	85	M			INDIVIDUAL	00:45:33	00:43:51
364	771	ALBERTO FERNANDES	59	M5559	28	M			EXTINTOS 2	00:45:33	00:45:33
365	140	JORGE M A BERNARDO	40	M4044	68	M			INDIVIDUAL	00:45:35	00:45:04
366	1504	CARLOS E SANTO	54	M5054	36	M			C MILLENNIUM BCP	00:45:35	00:45:31
367	169	RUI PIRES	46	M4549	56	M			GEORUNNERS	00:45:36	00:45:17
368	1415	CARLOS CANDEIAS	45	M4549	57	M			AÇOREANA C BANIF	00:45:36	00:45:36
369	1420	ARLINDO DUARTE	48	M4549	58	M			AÇOREANA C BANIF	00:45:36	00:44:56
370	1769	RUI SALES	46	M4549	59	M			OESTE RUNNING	00:45:36	00:45:11
371	1399	PAULO PUGA	46	M4549	60	M			GD INE	00:45:40	00:45:22
372	1400	PEDRO GOMES	27	M1834	86	M			GD INE	00:45:40	00:45:31

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
373	1640	MIGUEL VELEZ	50	M5054	37	M		CAMARA L CLUBE	00:45:40	00:44:47
374	135	PEDRO CARVALHO	40	M4044	69	M		INDIVIDUAL	00:45:41	00:45:31
375	1157	JOSE L T LOURENÇO	38	M3539	75	M		2 + 1	00:45:41	00:45:31
376	1383	ILIDIO FREIRE	46	M4549	61	M		GD INE	00:45:41	00:44:25
377	634	DAVID AZENHA	29	M1834	87	M		INDIVIDUAL	00:45:42	00:45:31
378	1063	SERGIO PIRES	36	M3539	76	M		VALEJAS AC	00:45:42	00:45:42
379	1065	CARLOS ANJOS	38	M3539	77	M		VALEJAS AC	00:45:42	00:45:17
380	682	PAULO J MENEZES	40	M4044	70	M		CLUBE VODAFONE	00:45:43	00:45:16
381	105	BENTO VALENTE	47	M4549	62	M		OS PERIGOSOS	00:45:47	00:45:47
382	333	MIGUEL EUFEMIO	25	M1834	88	M		INDIVIDUAL	00:45:47	00:44:57
383	1279	ANTONIO BERNANDES	63	M6099	12	M		OESTE RUNNING	00:45:47	00:45:21
384	1237	NUNO PEDRO	33	M1834	89	M		CAOS	00:45:50	00:45:50
385	1053	MARCO BRITO	36	M3539	78	M		INDIVIDUAL	00:45:51	00:45:10
386	297	NELSON FERNANDES	31	M1834	90	M		TEAM	00:45:52	00:45:52
387	890	MIGUEL T SOUSA	37	M3539	79	M		C COLAB AXA	00:45:53	00:45:32
388	1742	ANDRE PATO	37	M3539	80	M		INDIVIDUAL	00:45:54	00:45:23
389	131	NUNO F B MENDAO	39	M3539	81	M		SCALABIS NIGHT	00:45:56	00:45:45
390	425	CARLOS N DIAS	52	M5054	38	M		CCDT METRO LX	00:45:56	00:45:56
391	1621	FRANCISCO FERRO	64	M6099	13	M		CR CRUZ PAU	00:45:56	00:45:43
392	500	PAULO ALMEIDA	48	M4549	63	M		CA AMIGOS PARQUE	00:45:57	00:45:50
393	1482	VENANCIO GUERREIRO	58	M5559	29	M		A SACAVENENSE	00:46:00	00:45:39
394	1319	NUNO SANTOS	22	M1834	91	M		SC CASAINHOS	00:46:02	00:44:45
395	130	DIOGO PEDROSA	34	M1834	92	M		INDIVIDUAL	00:46:04	00:44:58
396	549	ANTONIO RAMOS	44	M4044	71	M		CCD EFACEC LX	00:46:05	00:46:05
397	167	PAULO TORRES	42	M4044	72	M		INDIVIDUAL	00:46:06	00:45:49
398	1062	TIAGO L FERREIRA	31	M1834	93	M		INDIVIDUAL	00:46:06	00:45:45
399	1669	JOSE MATOS	44	M4044	73	M		C PRAÇAS ARMADA	00:46:06	00:45:29
400	1620	JOAO TOMAS	58	M5559	30	M		CR CRUZ PAU	00:46:07	00:45:56
401	207	ARTUR CARVALHO	42	M4044	74	M		INDIVIDUAL	00:46:08	00:45:39
402	364	NUNO PEREIRA	36	M3539	82	M		ACC TEAM	00:46:09	00:46:09
403	521	JOAO NABAIS	50	M5054	39	M		ALDIPONTENSES	00:46:10	00:46:10
404	1230	PAULO RANA	48	M4549	64	M		INDIVIDUAL	00:46:10	00:46:10
405	1540	FERNANDO LEMOS	63	M6099	14	M		C MILLENNIUM BCP	00:46:11	00:46:11
406	412	EMIDIO MARQUES	29	M1834	94	M		INDIVIDUAL	00:46:12	00:44:55
407	172	MIGUEL MARQUES	52	M5054	40	M		CA AMIGOS PARQUE	00:46:13	00:46:05
408	1454	FERNANDO CARDOSO	64	M6099	15	M		GD SANTANDER	00:46:14	00:46:14
409	667	CARLOS FORTUNATO	52	M5054	41	M		INDIVIDUAL	00:46:15	00:46:04
410	1480	CARLOS CONCEIÇÃO	49	M4549	65	M		A SACAVENENSE	00:46:17	00:46:17
411	1632	JOSE MONTEIRO	63	M6099	16	M		CR CRUZ PAU	00:46:17	00:45:37
412	17	EGIDIO SILVA	50	M5054	42	M		SS CGD	00:46:19	00:46:11
413	501	FRANCISCO MADEIRA	50	M5054	43	M		INDIVIDUAL	00:46:19	00:46:07
414	1182	ALBINO TOMAS	56	M5559	31	M		CA PATAMEIRAS	00:46:19	00:46:07

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
415	588	PEDRO C FERREIRA	50	M5054	44	M		WINDOWS 8	00:46:20	00:46:20
416	1739	NELSON LOPES	35	M3539	83	M		INDIVIDUAL	00:46:20	00:46:20
417	366	ARLINDO M S FURAO	39	M3539	84	M		INDIVIDUAL	00:46:22	00:46:08
418	1761	PEDRO ANTUNES	38	M3539	85	M		OESTE RUNNING	00:46:23	00:46:23
419	558	HUGO SANTOS	31	M1834	95	M		JAVALIS MATO	00:46:24	00:46:05
420	1421	CARLA CALÇADA	43	F3544	3	F		AÇOREANA C BANIF	00:46:24	00:46:22
421	522	PEDRO NABAIS	20	M1834	96	M		ALDIPONTENSES	00:46:25	00:46:25
422	1443	TAM AFONSO	60	M6099	17	M		AÇOREANA C BANIF	00:46:25	00:46:24
423	1592	ARMANDO MINEIRO	55	M5559	32	M		CRP CAMPOLIDE	00:46:27	00:46:27
424	208	JUSTINIANO SILVA	47	M4549	66	M		INDIVIDUAL	00:46:28	00:45:29
425	1015	FERNANDO CARVALHO	63	M6099	18	M		AA LEBRES SADO	00:46:29	00:46:11
426	1380	FRANCISCO CALDEIRA	39	M3539	86	M		GD INE	00:46:30	00:46:30
427	544	MANUEL FIDALGO	60	M6099	19	M		CCD EFACEC LX	00:46:32	00:46:32
428	217	DANIEL VILABRIL	33	M1834	97	M		PERNAS	00:46:33	00:46:33
429	215	MIGUEL C LOPES	33	M1834	98	M		INDIVIDUAL	00:46:35	00:46:35
430	637	BRUNO M S FARINHA	27	M1834	99	M		INDIVIDUAL	00:46:35	00:46:16
431	1185	FERNANDO SOARES	38	M3539	87	M		CA PATAMEIRAS	00:46:36	00:46:36
432	844	CARLOS M S CAEIRO	58	M5559	33	M		INDIVIDUAL	00:46:37	00:46:11
433	1718	JOSE NASCIMENTO	48	M4549	67	M		INDIVIDUAL	00:46:38	00:46:04
434	456	VITOR LEBRE	38	M3539	88	M		LPD	00:46:40	00:46:24
435	457	LUCIANO BAPTISTA	27	M1834	100	M		LPD	00:46:40	00:46:25
436	551	RICARDO FELIX	33	M1834	101	M		CCD EFACEC LX	00:46:40	00:46:40
437	657	JOAO P COUCEIRO	25	M1834	102	M		INDIVIDUAL	00:46:41	00:46:41
438	560	JOAO GREGORIO	36	M3539	89	M		JAVALIS MATO	00:46:42	00:46:25
439	1219	PAULO SOUSA	32	M1834	103	M		BEER BOYS	00:46:42	00:46:42
440	1773	JOSE C FORTE	53	M5054	45	M		INDIVIDUAL	00:46:43	00:46:43
441	569	CARLOS RODRIGUES	56	M5559	34	M		AA MAFRA	00:46:44	00:46:44
442	1241	NUNO ATHAYDE	38	M3539	90	M		INDIVIDUAL	00:46:44	00:46:44
443	68	EDUARDO RODRIGUES	43	M4044	75	M		GD O	00:46:47	00:46:36
444	770	FERNANDO SANTOS	59	M5559	35	M		EXTINTOS 2	00:46:47	00:46:47
445	1517	ARTUR BOTAO	43	M4044	76	M		C MILLENNIUM BCP	00:46:47	00:46:47
446	1234	NUNO MARTINS	35	M3539	91	M		SPEED OF YELLOW	00:46:48	00:46:17
447	1423	FERNANDO CELESTINO	54	M5054	46	M		AÇOREANA C BANIF	00:46:48	00:45:53
448	1545	JOSE VAZ	54	M5054	47	M		CLUBE ANACOM	00:46:48	00:46:26
449	294	HENRIQUE PEREIRA	37	M3539	92	M		TEAM	00:46:49	00:46:49
450	1578	CARLOS CUPETO	53	M5054	48	M		TTERRA	00:46:50	00:46:31
451	46	ANTONIO FERNANDES	56	M5559	36	M		A VALE SILENCIO	00:46:56	00:46:43
452	1736	JOSE FAUSTINO	59	M5559	37	M		INDIVIDUAL	00:46:56	00:46:56
453	506	MILTON RODRIGUES	26	M1834	104	M		INDIVIDUAL	00:46:57	00:46:57
454	258	JOAO R REIS	61	M6099	20	M		INDIVIDUAL	00:46:58	00:46:54
455	626	BRUNO M B FIGUEIREDO	25	M1834	105	M		INDIVIDUAL	00:46:59	00:46:45
456	387	MANUEL GONÇALVES	39	M3539	93	M		INDIVIDUAL	00:47:04	00:46:15

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
457	997	LEONEL A NEVES	59	M5559	38	M			A VALE SILENCIO	00:47:04	00:45:58
458	1655	FERNANDO BAPTISTA	65	M6099	21	M			SFUAP	00:47:05	00:46:04
459	1223	LUIS PINTO	27	M1834	106	M			BEER BOYS	00:47:06	00:47:06
460	106	ALCIDES NUNES	54	M5054	49	M			OS PERIGOSOS	00:47:07	00:47:07
461	757	SCHNELLECKE RAMOS	35	M3539	94	M			SCHNELLECKE	00:47:08	00:47:08
462	1280	SERGIO RAMOS	36	M3539	95	M			INDIVIDUAL	00:47:09	00:45:43
463	1268	HUGO GOMES	30	M1834	107	M			GEODOURO	00:47:12	00:46:52
464	1277	FERNANDO GIL	60	M6099	22	M			INDIVIDUAL	00:47:12	00:47:05
465	89	RUI ESTEVES	38	M3539	96	M			WIKABOO	00:47:16	00:47:16
466	548	AMERICO SANTOS	55	M5559	39	M			CCD EFACEC LX	00:47:16	00:46:56
467	1060	PAULO LUCAS	42	M4044	77	M			AFRS ATLETISMO	00:47:17	00:45:49
468	1470	MANUEL ROBALO	67	M6099	23	M			GD SANTANDER	00:47:17	00:47:05
469	1525	PEDRO FONTES	47	M4549	68	M			C MILLENNIUM BCP	00:47:18	00:47:18
470	192	MARCOS FAUSTINO	55	M5559	40	M			CA AMIGOS PARQUE	00:47:20	00:46:25
471	747	MIGUEL RAMALHO	30	M1834	108	M			VALADARES	00:47:21	00:47:21
472	1715	FERNANDO MARQUES	63	M6099	24	M			CP EDP	00:47:21	00:47:19
473	1604	RICARDO PEREIRA	33	M1834	109	M			SL CAMPOLIDE	00:47:22	00:47:18
474	745	MANUEL A MAGALHAES	45	M4549	69	M			VALADARES	00:47:23	00:47:23
475	894	NUNO VALENÇA	38	M3539	97	M			INDIVIDUAL	00:47:26	00:47:14
476	1110	BRUNO M M CARLOS	31	M1834	110	M			INDIVIDUAL	00:47:28	00:45:58
477	1282	PEDRO QUINTANILHA	31	M1834	111	M			INDIVIDUAL	00:47:29	00:47:29
478	1036	LUIS FERREIRA	46	M4549	70	M			URD ARRANHO	00:47:30	00:47:30
479	51	JOSE MOGA	54	M5054	50	M			A VALE SILENCIO	00:47:31	00:46:42
480	62	RUI TOMAS	29	M1834	112	M			A VALE SILENCIO	00:47:31	00:46:09
481	368	TIAGO SANTOS	27	M1834	113	M			SUNSET RUNNERS	00:47:32	00:47:10
482	1029	ALVARO RIBEIRO	33	M1834	114	M			INDIVIDUAL	00:47:32	00:47:32
483	847	ERNESTO GUIA	59	M5559	41	M			ACD BOCAL	00:47:33	00:47:00
484	899	EDGAR MARQUES	25	M1834	115	M			INDIVIDUAL	00:47:34	00:47:24
485	329	RUI COSTA	26	M1834	116	M			INDIVIDUAL	00:47:37	00:47:37
486	451	NUNO F DUARTE	42	M4044	78	M			CA AMIGOS PARQUE	00:47:37	00:47:37
487	1599	LUIS SOARES	48	M4549	71	M			A NATUREZA	00:47:38	00:47:38
488	375	SILVIO M B HORTA	30	M1834	117	M			INDIVIDUAL	00:47:39	00:46:24
489	491	BRUNO RIBEIRO	27	M1834	118	M			GD AGUIAS MOITA	00:47:39	00:47:39
490	1509	JOAO SILVA	49	M4549	72	M			C MILLENNIUM BCP	00:47:40	00:47:38
491	557	JOAO P SILVA	35	M3539	98	M			INDIVIDUAL	00:47:41	00:47:41
492	675	EDUARDO D BERNARDO	41	M4044	79	M			CLUBE VODAFONE	00:47:42	00:47:36
493	1649	DANIEL OLIVEIRA	57	M5559	42	M			CAMARA L CLUBE	00:47:44	00:46:03
494	71	NEVES SILVA	60	M6099	25	M			C FERROV	00:47:46	00:47:46
495	1080	MANUEL GARRINHAS	54	M5054	51	M			INDIVIDUAL	00:47:46	00:47:35
496	797	RICARDO GUTIERRES	35	M3539	99	M			ACADEMIA KORPO	00:47:47	00:47:47
497	654	LUIS RIBEIRO	32	M1834	119	M			INDIVIDUAL	00:47:48	00:47:48
498	583	MIGUEL AMARO	38	M3539	100	M			BAIA SEIXAL	00:47:49	00:47:14

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
499	635	EDUARDO ANTUNES	42	M4044	80	M		INDIVIDUAL	00:47:50	00:47:50
500	1510	ANTONIO SEIXAS	49	M4549	73	M		C MILLENNIUM BCP	00:47:50	00:47:46
501	1671	JORGE GOIS	47	M4549	74	M		C PRAÇAS ARMADA	00:47:50	00:47:19
502	930	CARLOS M GONÇALVES	56	M5559	43	M		LEBRES E	00:47:51	00:46:33
503	1262	ROBERTO F AGOSTINHO	40	M4044	81	M		INDIVIDUAL	00:47:51	00:47:30
504	976	MARGARIDA GODINHO	54	F4599	2	F		GAB FISIO	00:47:52	00:47:30
505	292	JORGE D PINHEIRO	46	M4549	75	M		RUN 4 FUN	00:47:53	00:47:53
506	527	BRUNO RIBEIRO	32	M1834	120	M		VULCANENSE FC	00:47:55	00:46:36
507	1068	RUBEN SILVA	55	M5559	44	M		AFRS ATLETISMO	00:47:55	00:46:26
508	1648	LICINIO FIDALGO	53	M5054	52	M		CAMARA L CLUBE	00:47:55	00:46:39
509	1261	VASCO LEAL	53	M5054	53	M		INDIVIDUAL	00:47:56	00:47:17
510	769	BERNARDO GRADISSIMO	54	M5054	54	M		EXTINTOS 2	00:47:58	00:47:58
511	1593	MANUEL PINTO	59	M5559	45	M		CRP CAMPOLIDE	00:48:00	00:48:00
512	516	ANTONIO M C S LEAL	41	M4044	82	M		MARINHAS AC	00:48:01	00:47:30
513	645	LUIS GOMÇALVES	37	M3539	101	M		GDR S FRANC	00:48:01	00:47:26
514	1231	CARLOS ALMEIDA	31	M1834	121	M		INDIVIDUAL	00:48:01	00:48:01
515	1469	LUIS RAFAEL	41	M4044	83	M		GD SANTANDER	00:48:01	00:47:46
516	267	RAUL COSTA	52	M5054	55	M		CLUBE ROBBIALAC	00:48:02	00:48:02
517	810	FERNANDO GONÇALVES	45	M4549	76	M		GDCT UNICRE	00:48:02	00:47:36
518	1412	ISABEL RODRIGUES	42	F3544	4	F		ADCR P JUDICIARIA	00:48:02	00:46:50
519	1738	JOSE L ALVES	48	M4549	77	M		INDIVIDUAL	00:48:02	00:47:07
520	1057	JOAO CORREIA	44	M4044	84	M		AFRS ATLETISMO	00:48:03	00:46:34
521	1054	GONÇALO SILVA	34	M1834	122	M		AFRS ATLETISMO	00:48:04	00:46:34
522	801	ARMINDO QUEIMADO	47	M4549	78	M		ADCSA BALDIO	00:48:07	00:48:07
523	869	VENANCIO BRANCO	42	M4044	85	M		TECNOSPIE	00:48:09	00:47:32
524	629	CARLOS F L S AZEDO	30	M1834	123	M		INDIVIDUAL	00:48:10	00:48:10
525	948	NORBERTO MARQUES	42	M4044	86	M		RUNNING OF D	00:48:10	00:47:35
526	910	ALEXANDRE NEVES	41	M4044	87	M		CLUBE GRUPO BES	00:48:11	00:47:32
527	949	PAULO MARTINS	45	M4549	79	M		RUNNING OF D	00:48:11	00:47:32
528	1271	MIGUEL DIAS	42	M4044	88	M		RUN 4 FUN	00:48:12	00:47:41
529	604	AMERICO RODRIGUES	53	M5054	56	M		INDIVIDUAL	00:48:13	00:48:13
530	781	MARIO PEREIRA	41	M4044	89	M		BERI BERI ASFALTO	00:48:13	00:47:21
531	72	JOSE SERAFIM	57	M5559	46	M		GAA VILA FRANCA	00:48:14	00:48:14
532	484	ANTONIO MATIAS	55	M5559	47	M		INDIVIDUAL	00:48:15	00:47:16
533	497	GILBERTO S LIMA	42	M4044	90	M		INDIVIDUAL	00:48:15	00:47:10
534	889	Mª LURDES VENANCIO	48	F4599	3	F		C COLAB AXA	00:48:15	00:47:37
535	717	IDALECIO BARROS	58	M5559	48	M		INDIVIDUAL	00:48:16	00:48:16
536	875	JORGE M B MESTRE	41	M4044	91	M		INDIVIDUAL	00:48:16	00:47:31
537	466	NELSON R PIRES	38	M3539	102	M		CC CORVAL	00:48:17	00:48:03
538	1491	CARLOS SA	42	M4044	92	M		GD CHELAS	00:48:17	00:46:50
539	573	ANTONIO REIS	58	M5559	49	M		AA MAFRA	00:48:18	00:48:07
540	1033	SANTIAGO DANTAS	46	M4549	80	M		INDIVIDUAL	00:48:19	00:46:54

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C. SC	Equipe	Tempo	Líquido
541	1025	PAULO FRANCISCO	48	M4549	81	M		PRAZER CORRIDA	00:48:20	00:47:03
542	1300	LUIS M G A TAVARES	42	M4044	93	M		INDIVIDUAL	00:48:20	00:47:49
543	845	MARCO BAPTISTA	31	M1834	124	M		ACD BOCAL	00:48:22	00:47:13
544	849	TELMO COELHO	37	M3539	103	M		ACD BOCAL	00:48:22	00:47:13
545	320	ANTONIO MERUJO	53	M5054	57	M		GOLDEN TEAM	00:48:23	00:48:23
546	418	FILOMENA AGUIA	52	F4599	4	F		LESMAS	00:48:24	00:47:13
547	636	BRUNO A N RILHO	32	M1834	125	M		INDIVIDUAL	00:48:24	00:48:03
548	1322	FABIO PEREIRA	20	M1834	126	M		SC CASAINHOS	00:48:25	00:47:55
549	517	VITOR NOGUEIRA	47	M4549	82	M		INDIVIDUAL	00:48:28	00:48:28
550	310	JORGE RODRIGUES	34	M1834	127	M		INDIVIDUAL	00:48:29	00:48:29
551	830	PAULO PRATA	45	M4549	83	M		INDIVIDUAL	00:48:29	00:47:54
552	1325	NUNO PEREIRA	41	M4044	94	M		SC CASAINHOS	00:48:29	00:48:29
553	1602	MIGUEL MATOS	42	M4044	95	M		CCD	00:48:30	00:47:59
554	417	JOAO REVES	41	M4044	96	M		LESMAS	00:48:31	00:48:23
555	430	HONORATO MOURA	32	M1834	128	M		CCDT METRO LX	00:48:32	00:48:08
556	1431	LEANDRO DIONISIO	27	M1834	129	M		AÇOREANA C BANIF	00:48:32	00:47:43
557	533	LUIS CARREIRA	38	M3539	104	M		K9 ATHLETICS TEAM	00:48:33	00:48:33
558	1050	LUIS AMORIM	55	M5559	50	M		NA BEIERSDORF	00:48:34	00:48:18
559	1109	PEDRO M T CAMPOS	40	M4044	97	M		OS FOGUETES	00:48:34	00:48:34
560	753	BRUNO AFONSO	35	M3539	105	M		METAVISTA	00:48:35	00:48:33
561	1011	CONSTANTINO MENDAO	53	M5054	58	M		AA LEBRES SADO	00:48:36	00:48:36
562	307	JOAO D B FERNANDES	65	M6099	26	M		INDIVIDUAL	00:48:37	00:48:31
563	553	RUI RAPOSINHO	34	M1834	130	M		CCD EFACEC LX	00:48:37	00:47:45
564	589	PEDRO ROSA	42	M4044	98	M		INDIVIDUAL	00:48:37	00:47:26
565	984	PAULA PENEDO	36	F3544	5	F		RAIL RUNNERS	00:48:37	00:48:02
566	650	ANTONIO SIMOES	49	M4549	84	M		GDR S FRANC	00:48:40	00:48:40
567	933	ABILIO LOPES	33	M1834	131	M		VORTALRUNNERS	00:48:40	00:47:59
568	1340	CLAUDIO FIGUEIRA	27	M1834	132	M		TEJAVISTA	00:48:40	00:48:40
569	165	FENANDO CONCEIÇÃO	43	M4044	99	M		INDIVIDUAL	00:48:43	00:48:34
570	1056	GONÇALO MOREIRA	20	M1834	133	M		AFRS ATLETISMO	00:48:43	00:48:43
571	1196	NUNO F PINTAO	42	M4044	100	M		INDIVIDUAL	00:48:47	00:48:35
572	1373	CARLOS SANTOS	43	M4044	101	M		GD INE	00:48:47	00:47:26
573	1533	CARLOS COSTA	48	M4549	85	M		C MILLENNIUM BCP	00:48:47	00:48:47
574	1557	ALVARO COELHO	55	M5559	51	M		ACLIS LIBERTY	00:48:47	00:48:47
575	586	PAULO LOPES	44	M4044	102	M		BAIA SEIXAL	00:48:50	00:47:50
576	587	ROBERTO LOURENÇO	44	M4044	103	M		BAIA SEIXAL	00:48:50	00:47:50
577	489	JAIME MESTRE	42	M4044	104	M		GD AGUIAS MOITA	00:48:51	00:48:51
578	1662	JOSE DIAS	55	M5559	52	M		CLUBE AUTOCOOPE	00:48:51	00:48:39
579	929	CARLOS C TEIXEIRA	52	M5054	59	M		LEBRES E	00:48:52	00:48:52
580	714	MARCO P P CHARRUA	44	M4044	105	M		INDIVIDUAL	00:48:53	00:48:53
581	776	PEDRO BARRELA	40	M4044	106	M		GD BANCO BPI	00:48:54	00:47:49
582	848	JOAO CARVALHO	39	M3539	106	M		ACD BOCAL	00:48:54	00:47:44

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
583	908	JOSE RIBEIRO	46	M4549	86	M			FALCOES	00:48:54	00:48:54
584	389	MARCO P M CACHINHO	32	M1834	134	M			TRILHO C TERCENA	00:48:56	00:47:36
585	1772	LUIS M G F FAISCO	43	M4044	107	M			INDIVIDUAL	00:48:56	00:48:44
586	319	JOAO ANTUNES	43	M4044	108	M			GOLDEN TEAM	00:48:58	00:48:43
587	1637	GILBERTO GONÇALVES	64	M6099	27	M			CR ALVORADA	00:48:58	00:48:53
588	219	BRUNO M M AFONSO	34	M1834	135	M			INDIVIDUAL	00:48:59	00:47:54
589	254	ANTONIO ALVES	50	M5054	60	M			MARRIOTT LISBOA	00:48:59	00:47:32
590	638	RUI CANDEIAS	36	M3539	107	M			GDR S FRANC	00:48:59	00:48:38
591	1024	PAULO GOMES	47	M4549	87	M			PRAZER CORRIDA	00:49:01	00:49:01
592	529	RICARDO SANTIAGO	34	M1834	136	M			RIBENTAS RT	00:49:02	00:47:54
593	1098	PAULO J C GUERREIRO	36	M3539	108	M			ESC ATL PEDRO	00:49:02	00:49:02
594	1633	CARLOS PALLAS	53	M5054	61	M			CR CRUZ PAU	00:49:02	00:49:02
595	408	CLAUDIO LANÇA	36	M3539	109	M			OS CORTA VENTOS	00:49:03	00:48:08
596	391	JOAO FERNANDES	35	M3539	110	M			HELLRUNNERS	00:49:04	00:48:47
597	1287	CARLOS RODRIGUES	41	M4044	109	M			INDIVIDUAL	00:49:05	00:48:21
598	1745	MARIO BORGES	32	M1834	137	M			INDIVIDUAL	00:49:06	00:48:17
599	201	LUIS TOSTE	46	M4549	88	M			INDIVIDUAL	00:49:09	00:49:09
600	1200	RICARDO MOREIRA	40	M4044	110	M			PAPA TRILHOS RT	00:49:11	00:49:11
601	209	RUI M J PAULO	47	M4549	89	M			INDIVIDUAL	00:49:13	00:48:46
602	1683	ANTONIO BORLA	67	M6099	28	M			C PRAÇAS ARMADA	00:49:13	00:48:34
603	1770	PEDRO ROA	45	M4549	90	M			INDIVIDUAL	00:49:14	00:49:14
604	483	NUNO M DIAS	34	M1834	138	M			FRUFRESH	00:49:16	00:49:16
605	486	BRUNO BRITO	31	M1834	139	M			INDIVIDUAL	00:49:17	00:48:44
606	1457	HAMILTON DIAS	37	M3539	111	M			GD SANTANDER	00:49:17	00:49:17
607	591	PAULO GODINHO	43	M4044	111	M			INDIVIDUAL	00:49:18	00:49:18
608	720	LUIS MUCHACHO	40	M4044	112	M			INDIVIDUAL	00:49:18	00:48:22
609	1309	LUIS REIS	46	M4549	91	M			CA VALE FIGUEIRA	00:49:18	00:49:18
610	555	HUGO PRATAS	28	M1834	140	M			CCD EFACEC LX	00:49:19	00:49:19
611	1018	MIGUEL CASTELA	42	M4044	113	M			AA LEBRES SADO	00:49:20	00:48:07
612	1468	LINO OLIVEIRA	67	M6099	29	M			GD SANTANDER	00:49:20	00:49:17
613	1541	PEDRO FIGUEUREDO	48	M4549	92	M			C MILLENNIUM BCP	00:49:20	00:49:17
614	1564	RICARDO SILVA	32	M1834	141	M			ACLIS LIBERTY	00:49:20	00:49:06
615	503	RUI LOPES	50	M5054	62	M			OS MATRECOS	00:49:21	00:49:21
616	394	PEDRO M P SEQUEIRA	45	M4549	93	M			INDIVIDUAL	00:49:22	00:49:18
617	413	CARLA S G O MARQUES	42	F3544	6	F			INDIVIDUAL	00:49:22	00:49:17
618	1220	PEDRO ARAUJO	30	M1834	142	M			BEER BOYS	00:49:22	00:49:22
619	1513	EDUARDO LOPES	41	M4044	114	M			C MILLENNIUM BCP	00:49:22	00:49:22
620	1375	DANIELA OLOVEIRA	30	F1834	7	F			GD INE	00:49:23	00:48:34
621	1447	ANTONIO FERREIRA	42	M4044	115	M			GD SANTANDER	00:49:23	00:47:27
622	868	AMERICO COSTA	55	M5559	53	M			TECNOSPIE	00:49:25	00:49:25
623	1503	FERNANDO RODRIGUES	48	M4549	94	M			C MILLENNIUM BCP	00:49:25	00:48:03
624	133	NUNO A V MIGUEL	40	M4044	116	M			SCALABIS NIGHT	00:49:26	00:49:26

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
625	1393	MIGUEL BASTOS	47	M4549	95	M			GD INE	00:49:26	00:49:26
626	224	RENATO FIALHO	28	M1834	143	M			OS BUSCAS	00:49:27	00:48:17
627	473	FERNANDO SANTOS	28	M1834	144	M			ANGRYBIRDS	00:49:27	00:48:21
628	798	DUARTE M S CARRIÇO	29	M1834	145	M			INDIVIDUAL	00:49:27	00:49:27
629	1010	ALVARO GINGADO	56	M5559	54	M			AA LEBRES SADO	00:49:27	00:49:27
630	1113	BRUNO G V A FREIRE	30	M1834	146	M			INDIVIDUAL	00:49:28	00:49:28
631	1581	LUIS GAMA	43	M4044	117	M			A PONTE FAJAO	00:49:28	00:48:52
632	358	PEDRO M B FRANCISCO	41	M4044	118	M			INDIVIDUAL	00:49:29	00:49:29
633	507	JOSE E FACHADA	60	M6099	30	M			INDIVIDUAL	00:49:29	00:49:29
634	539	MARIO RODRIGUES	43	M4044	119	M			INDIVIDUAL	00:49:30	00:49:30
635	1638	SERGIO LOPES	34	M1834	147	M			CAMARA L CLUBE	00:49:32	00:49:32
636	1111	FELICIANO CARVALHO	47	M4549	96	M			5 AO KM	00:49:33	00:49:33
637	1004	JORGE COSTA	58	M5559	55	M			AA LEBRES SADO	00:49:35	00:49:35
638	564	LUIS ABREU	25	M1834	148	M			INDIVIDUAL	00:49:36	00:49:23
639	752	TIAGO RAMOS	37	M3539	112	M			PREGO A FUNDO	00:49:36	00:48:44
640	288	PAULO PONTE	39	M3539	113	M			MAFRABTT	00:49:37	00:49:19
641	434	RUI ARAUJO	54	M5054	63	M			CCDT METRO LX	00:49:37	00:49:13
642	694	SERGIO SALTÃO	33	M1834	149	M			CCD TRANQUILIDADE	00:49:37	00:48:47
643	1403	LUIS RIBEIRO	36	M3539	114	M			ADCR P JUDICIARIA	00:49:38	00:48:52
644	197	FERNANDO D M L ROCHA	52	M5054	64	M			SUNSET RUNNERS	00:49:39	00:49:18
645	353	JOAO P P CALADO	47	M4549	97	M			PE RUNNERS	00:49:39	00:48:39
646	1215	NUNO J ALMEIDA	28	M1834	150	M			INDIVIDUAL	00:49:39	00:49:39
647	384	EDUARDA MARQUES	43	F3544	7	F			PW RUNNING	00:49:40	00:48:40
648	1422	FAUSTO ISAAC	43	M4044	120	M			AÇOREANA C BANIF	00:49:40	00:49:40
649	1544	AUGUSTO LOURENÇO	50	M5054	65	M			C MILLENNIUM BCP	00:49:40	00:49:40
650	526	PEDRO MACHADO	28	M1834	151	M			VULCANENSE FC	00:49:41	00:49:41
651	1488	FILIFE RODRIGUES	18	M1834	152	M			GD CHELAS	00:49:41	00:49:41
652	416	PAULO ANTUNES	45	M4549	98	M			LESMAS	00:49:42	00:49:34
653	674	DANIEL FATELA	34	M1834	153	M			CLUBE VODAFONE	00:49:43	00:49:43
654	1016	MANUEL BAPTISTA	63	M6099	31	M			AA LEBRES SADO	00:49:43	00:49:43
655	216	PEDRO SILVA	37	M3539	115	M			INDIVIDUAL	00:49:46	00:49:27
656	891	PEDRO A PELEJA	39	M3539	116	M			C COLAB AXA	00:49:46	00:49:46
657	236	JOSE ESCUDERO	31	M1834	154	M			INDIVIDUAL	00:49:47	00:49:12
658	488	CARLOS SECO	52	M5054	66	M			GD AGUIAS MOITA	00:49:47	00:49:13
659	812	GONÇALO OLIVEIRA	50	M5054	67	M			GDCT UNICRE	00:49:48	00:49:23
660	1527	ANTONIO RAMOS	42	M4044	121	M			C MILLENNIUM BCP	00:49:48	00:49:42
661	918	LUIS LINO	43	M4044	122	M			CLUBE GRUPO BES	00:49:50	00:49:04
662	1318	SARA LOUREIRO	24	F1834	8	F			SC CASAINHOS	00:49:52	00:48:35
663	1326	RODRIGO OLIVEIRA	63	M6099	32	M			SC CASAINHOS	00:49:52	00:48:34
664	969	RICARDO VAZ	36	M3539	117	M			GAB FISIO	00:49:53	00:49:39
665	1078	NUNO M B G FERNANDES	36	M3539	118	M			JARBS	00:49:53	00:49:07
666	1153	ANA I M LOPES	35	F3544	8	F			INDIVIDUAL	00:49:53	00:49:39

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
667	396	JOSE L LOPES	55	M5559	56	M			AMIGOS ESTRELA	00:49:55	00:49:55
668	973	PEDRO VEIGA	30	M1834	155	M			GAB FISIO	00:49:55	00:49:41
669	1166	DANIEL F SERRA	33	M1834	156	M			INDIVIDUAL	00:49:55	00:49:55
670	1330	JOSE L MARTINS	38	M3539	119	M			TEJAVISTA	00:49:56	00:48:21
671	1583	JOSE BELCHIOR	61	M6099	33	M			OS PERIGOSOS	00:49:56	00:49:42
672	359	JOSE C D HENRIQUES	58	M5559	57	M			INDIVIDUAL	00:49:57	00:49:57
673	393	ORLANDO MARTINS	57	M5559	58	M			INDIVIDUAL	00:50:00	00:50:00
674	750	JOSE M FILIPE	50	M5054	68	M			PREGO A FUNDO	00:50:00	00:50:00
675	835	LUIS GONCALVES	52	M5054	69	M			CCDT AUT ALMADA	00:50:00	00:50:00
676	1002	JORGE F L LOMBA	36	M3539	120	M			CA AMIGOS PARQUE	00:50:02	00:49:36
677	1119	LUIS CARLOS	29	M1834	157	M			UDCA	00:50:02	00:49:56
678	766	JOAO C D S SANCHES	50	M5054	70	M			CA AGUALVA	00:50:03	00:50:03
679	1121	NUNO ALMEIDA	40	M4044	123	M			INDIVIDUAL	00:50:04	00:48:43
680	1746	ABILIO TAVARES	57	M5559	59	M			INDIVIDUAL	00:50:04	00:49:47
681	1094	JOAO M S V VELHO	39	M3539	121	M			INDIVIDUAL	00:50:08	00:49:04
682	199	LUIS F A BERNARDO	37	M3539	122	M			INDIVIDUAL	00:50:09	00:49:39
683	1563	FERNANDO NUNO	50	M5054	71	M			ACLIS LIBERTY	00:50:09	00:49:56
684	1755	VITOR M M TEIXEIRA	53	M5054	72	M			INDIVIDUAL	00:50:10	00:50:10
685	838	FRANCISCO SEGURADO	29	M1834	158	M			INDIVIDUAL	00:50:12	00:48:58
686	917	JOSE GONÇALVES	47	M4549	99	M			CLUBE GRUPO BES	00:50:13	00:49:43
687	1064	GERMANO LOURO	31	M1834	159	M			VALEJAS AC	00:50:14	00:49:49
688	1067	JOAO REIS	48	M4549	100	M			VALEJAS AC	00:50:14	00:50:14
689	1396	NUNO ROMAO	45	M4549	101	M			GD INE	00:50:14	00:49:34
690	102	HUGO PALMA	34	M1834	160	M			INDIVIDUAL	00:50:15	00:48:35
691	212	JOAO F C MOTA	27	M1834	161	M			RUNBEANRUN	00:50:15	00:48:55
692	1432	LEONARDO E SANTO	36	M3539	123	M			AÇOREANA C BANIF	00:50:15	00:49:29
693	231	DAVID FERNANDES	25	M1834	162	M			INDIVIDUAL	00:50:16	00:49:45
694	763	MARCOS NORITAKE	46	M4549	102	M			INDIVIDUAL	00:50:16	00:49:51
695	759	JOAO P CARVALHO	43	M4044	124	M			CD ASAS MILENIUM	00:50:18	00:49:40
696	897	LUIS BATISTA	42	M4044	125	M			INDIVIDUAL	00:50:18	00:49:56
697	460	CARLOS PINA	33	M1834	163	M			INDIVIDUAL	00:50:19	00:49:04
698	1732	RODRIGO FERREIRA	43	M4044	126	M			INDIVIDUAL	00:50:20	00:49:30
699	1734	ANTONIO NICOLAU	53	M5054	73	M			INDIVIDUAL	00:50:20	00:50:20
700	181	JOAO CUNHA	50	M5054	74	M			INDIVIDUAL	00:50:24	00:50:24
701	863	PAULO PIRES	47	M4549	103	M			APOGMA	00:50:24	00:50:09
702	1408	ANTONIO BATISTA	46	M4549	104	M			ADCR P JUDICIARIA	00:50:25	00:50:13
703	150	JOAO DIAS	47	M4549	105	M			INDIVIDUAL	00:50:26	00:49:37
704	1716	VITOR AGUILAR	62	M6099	34	M			RUN 4 FUN	00:50:26	00:50:26
705	792	PEDRO NUNES	37	M3539	124	M			ACADEMIA KORPO	00:50:27	00:50:27
706	1744	ANTONIO A FERNANDES	76	M6099	35	M			INDIVIDUAL	00:50:27	00:50:27
707	777	LUIS CALHEIROS	38	M3539	125	M			GD BANCO BPI	00:50:28	00:49:23
708	884	JORGE ATALAIA	32	M1834	164	M			GD BANCO BPI	00:50:28	00:49:23

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
709	414	SERGIO M C PEREIRA	25	M1834	165	M			PERNAS	00:50:29	00:50:01
710	681	PAULA CARVALHINHO	32	F1834	9	F			CLUBE VODAFONE	00:50:29	00:50:07
711	274	ALBINO S FERREIRA	48	M4549	106	M			LESMAS	00:50:31	00:50:31
712	921	PAULO GONÇALVES	44	M4044	127	M			CLUBE GRUPO BES	00:50:31	00:49:45
713	300	LUIS COUTINHO	35	M3539	126	M			INDIVIDUAL	00:50:33	00:50:33
714	342	FERNANDO M L GONÇALVES	43	M4044	128	M			INDIVIDUAL	00:50:33	00:50:27
715	1328	JOSE AZURARA	54	M5054	75	M			TEJAVISTA	00:50:33	00:50:03
716	259	NUNO M F ALVES	59	M5559	60	M			INDIVIDUAL	00:50:34	00:50:30
717	291	RODOLFO J O ANDRADE	31	M1834	166	M			INDIVIDUAL	00:50:34	00:50:34
718	530	MANUEL PIMENTA	59	M5559	61	M			COMRADES	00:50:34	00:50:34
719	813	JOSE MILAGRES	56	M5559	62	M			GDCT UNICRE	00:50:35	00:50:14
720	1339	CARLOS O RODRIGUES	44	M4044	129	M			TEJAVISTA	00:50:35	00:49:55
721	825	MARTIN SANTOS	27	M1834	167	M			INDIVIDUAL	00:50:37	00:50:17
722	713	RUI P F RODRIGUES	38	M3539	127	M			INDIVIDUAL	00:50:38	00:50:38
723	590	PAULO VILAO	33	M1834	168	M			INDIVIDUAL	00:50:39	00:50:39
724	692	EDUARDO CABRITA	43	M4044	130	M			CCD TRANQUILIDADE	00:50:42	00:50:08
725	693	ANDRE MEDEIROS	25	M1834	169	M			CCD TRANQUILIDADE	00:50:42	00:50:09
726	701	ANTONIO S SILVA	41	M4044	131	M			CCD TRANQUILIDADE	00:50:42	00:50:09
727	480	RUI A SILVA	46	M4549	107	M			GOLDEN TEAM	00:50:43	00:50:43
728	582	ANA AMARO	38	F3544	9	F			BAIA SEIXAL	00:50:44	00:50:04
729	610	PEDRO LUCAS	34	M1834	170	M			CLUBE BOLINHA	00:50:44	00:50:44
730	1048	JOAO P C FRANCO	58	M5559	63	M			FRANCOS	00:50:44	00:50:02
731	266	JOSE VILELA	48	M4549	108	M			CLUBE ROBBIALAC	00:50:45	00:50:26
732	581	MIGUEL LOPES	33	M1834	171	M			BAIA SEIXAL	00:50:45	00:50:45
733	803	AUGUSTO RAMOA	60	M6099	36	M			INDIVIDUAL	00:50:47	00:50:47
734	1194	JOSE CRISTOVAO	37	M3539	128	M			RODAS NOS PES	00:50:47	00:50:47
735	1315	JOSE LINDO	66	M6099	37	M			CA VALE FIGUEIRA	00:50:48	00:50:43
736	1618	DEOLINDA SOUSA	45	F4599	5	F			SL CAMPOLIDE	00:50:48	00:50:44
737	1733	FILIPE RIBEIRO	39	M3539	129	M			INDIVIDUAL	00:50:49	00:49:58
738	695	JOSE JUNÇA	55	M5559	64	M			CCD TRANQUILIDADE	00:50:50	00:50:50
739	1535	MARIO CAMPOS	64	M6099	38	M			C MILLENNIUM BCP	00:50:50	00:50:50
740	1625	JOSE GONÇALVES	71	M6099	39	M			CR CRUZ PAU	00:50:50	00:50:27
741	871	JOAO M X RITA	26	M1834	172	M			PELEGAS	00:50:51	00:50:37
742	872	JOAO F RITA	55	M5559	65	M			PELEGAS	00:50:51	00:50:38
743	125	VITOR M P GONCALVES	43	M4044	132	M			INDIVIDUAL	00:50:52	00:49:57
744	1175	PAULO ALVES	49	M4549	109	M			SOBEIDESCE	00:50:52	00:50:17
745	1656	JOSE DE SOUSA	54	M5054	76	M			SFUAP	00:50:52	00:50:52
746	420	CARLOS M SILVA	40	M4044	133	M			TARTARUGAS TEJO	00:50:53	00:50:53
747	419	JOSE A S PEREIRA	56	M5559	66	M			UDCA	00:50:54	00:50:54
748	1681	MANUEL CARDIM	61	M6099	40	M			C PRAÇAS ARMADA	00:50:54	00:50:15
749	1254	FERNANDO MOURA	51	M5054	77	M			GA OS PATRICIOS	00:50:56	00:50:56
750	1370	CARLA A LOPES	40	F3544	10	F			GD INE	00:50:56	00:50:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
751	1487	ISIDORO BATISTA	53	M5054	78	M			GD CHELAS	00:50:56	00:50:38
752	29	JOSE R GASPAR	48	M4549	110	M			SS CGD	00:50:57	00:50:57
753	22	GONÇALO OLIVEIRA	27	M1834	173	M			SS CGD	00:50:58	00:49:41
754	479	ARLINDO M B ROLO	44	M4044	134	M			INDIVIDUAL	00:50:58	00:49:34
755	211	AMILCAR POVOA	66	M6099	41	M			CA AMIGOS PARQUE	00:50:59	00:50:48
756	1366	JOSE MARQUES	57	M5559	67	M			GD INE	00:50:59	00:50:21
757	510	CARLOS MORGADO	49	M4549	111	M			CP EDP LISBOA	00:51:00	00:50:30
758	346	JOSE ALIPIO	43	M4044	135	M			JAPA TEAM	00:51:01	00:50:35
759	595	JOAO PEREIRA	45	M4549	112	M			INDIVIDUAL	00:51:01	00:50:37
760	992	DAVID CLEMENTE	31	M1834	174	M			POWER RANGERS	00:51:01	00:51:01
761	325	BRUNO SILVA	37	M3539	130	M			HERBAL DHS	00:51:02	00:49:45
762	577	HUGO INACIO	35	M3539	131	M			AA MAFRA	00:51:02	00:51:02
763	1686	MANUEL PEDRO	67	M6099	42	M			C PRAÇAS ARMADA	00:51:02	00:50:26
764	1404	JOAO COSTA	41	M4044	136	M			ADCR P JUDICIARIA	00:51:03	00:49:24
765	784	ANDREIA MACHADO	32	F1834	10	F			ACADEMIA KORPO	00:51:05	00:50:18
766	1460	JOAO ROCHA	61	M6099	43	M			GD SANTANDER	00:51:05	00:50:49
767	1590	LUIS ALMEIDA	52	M5054	79	M			LIS RUNNING	00:51:09	00:51:09
768	1242	GONÇALO FERNANDES	38	M3539	132	M			INDIVIDUAL	00:51:10	00:51:10
769	1430	JOAQUIM OLIMPIO	62	M6099	44	M			AÇOREANA C BANIF	00:51:11	00:51:11
770	1641	ELENA GONCALVES	42	F3544	11	F			CAMARA L CLUBE	00:51:11	00:50:54
771	1642	PAULO JESUS	47	M4549	113	M			CAMARA L CLUBE	00:51:11	00:50:56
772	1675	JOSE BOTELHO	45	M4549	114	M			C PRAÇAS ARMADA	00:51:11	00:51:11
773	1495	JOSE VENANCIO	59	M5559	68	M			GD CHELAS	00:51:12	00:51:12
774	513	PARENTE RODRIGUES	55	M5559	69	M			CP EDP LISBOA	00:51:13	00:51:12
775	1112	LUIS GUTIERRES	53	M5054	80	M			5 AO KM	00:51:14	00:51:14
776	1128	JORGE FRADE	44	M4044	137	M			INDIVIDUAL	00:51:15	00:50:26
777	1650	VITOR ANTUNES	57	M5559	70	M			CAMARA L CLUBE	00:51:17	00:50:20
778	118	JORGE FIGUEIRA	36	M3539	133	M			AMIGOS 4 RUN	00:51:18	00:50:47
779	772	MANUEL EMIDIO	56	M5559	71	M			EXTINTOS 2	00:51:18	00:51:18
780	1123	PEDRO M R ESTEVES	44	M4044	138	M			TEAMOLENGA	00:51:19	00:50:11
781	23	HUGO VENANCIO	34	M1834	175	M			SS CGD	00:51:21	00:51:19
782	114	FILIPE M BAPTISTA	38	M3539	134	M			AMIGOS 4 RUN	00:51:23	00:51:23
783	230	ARMANDO FERNANDES	48	M4549	115	M			INDIVIDUAL	00:51:23	00:50:52
784	1647	EDUARDO MANSO	52	M5054	81	M			CAMARA L CLUBE	00:51:24	00:49:53
785	226	MARCO MORAIS	36	M3539	135	M			INDIVIDUAL	00:51:25	00:50:39
786	365	PAULO ALMEIDA	29	M1834	176	M			ACC TEAM	00:51:25	00:50:51
787	524	JOAO LOUÇAO	27	M1834	177	M			VULCANENSE FC	00:51:25	00:50:04
788	853	JOAO C N RODRIGUES	35	M3539	136	M			INDIVIDUAL	00:51:25	00:50:12
789	1211	EDUARDO PINTO	31	M1834	178	M			INDIVIDUAL	00:51:27	00:51:14
790	563	LUIS M M MARQUES	45	M4549	116	M			INDIVIDUAL	00:51:28	00:50:04
791	241	TIAGO OLIVEIRA	30	M1834	179	M			INDIVIDUAL	00:51:29	00:51:29
792	620	RODOLFO SERRA	30	M1834	180	M			BUE SERRAS	00:51:29	00:50:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
793	945	FERNANDO BATALHA	46	M4549	117	M			INDIVIDUAL	00:51:30	00:50:03
794	1758	PAULO MARCOS	45	M4549	118	M			RUN 4 FUN	00:51:30	00:50:24
795	535	LUIS BRANCO	49	M4549	119	M			INDIVIDUAL	00:51:31	00:50:08
796	277	TIAGO MADEIRA	33	M1834	181	M			RTXC	00:51:32	00:49:53
797	508	RICARDO N FACHADA	26	M1834	182	M			INDIVIDUAL	00:51:32	00:50:12
798	702	JOAO L MARQUES	38	M3539	137	M			CCD TRANQUILIDADE	00:51:33	00:51:02
799	852	BRUNO M P GUERREIRO	32	M1834	183	M			INDIVIDUAL	00:51:33	00:50:09
800	561	PAULO SILVA	35	M3539	138	M			JAVALIS MATO	00:51:35	00:51:16
801	81	GONÇALO AZEVEDO	34	M1834	184	M			WIKABOO	00:51:36	00:50:59
802	1634	MANUEL SEQUEIRA	62	M6099	45	M			GDCT REPSOL	00:51:37	00:51:37
803	175	ANDRE COSTA	23	M1834	185	M			INDIVIDUAL	00:51:38	00:51:38
804	1265	TIAGO A MORAIS	25	M1834	186	M			INDIVIDUAL	00:51:38	00:51:38
805	1270	MIGUEL PARDAL	46	M4549	120	M			INDIVIDUAL	00:51:38	00:49:53
806	90	JOSE MOTA	52	M5054	82	M			WIKABOO	00:51:39	00:51:02
807	401	FILIPE ARCADINHO	32	M1834	187	M			INDIVIDUAL	00:51:39	00:51:39
808	1346	ANTONIO FRANCO	47	M4549	121	M			SS MONTEPIO	00:51:41	00:50:29
809	1273	SERGIO LUIS	36	M3539	139	M			TEAMOLENGA	00:51:45	00:50:37
810	846	JOAO BAPTISTA	36	M3539	140	M			ACD BOCAL	00:51:46	00:51:46
811	957	RUI ANTUNES	38	M3539	141	M			INDIVIDUAL	00:51:47	00:51:34
812	1502	FERNANDO ALMEIDA	44	M4044	139	M			C MILLENNIUM BCP	00:51:48	00:51:41
813	736	NELSON SIMOES	36	M3539	142	M			INDIVIDUAL	00:51:50	00:51:50
814	1260	NUNO FERNANDES	44	M4044	140	M			GD CIMPOR	00:51:50	00:51:50
815	403	BRUNO ALMEIDA	25	M1834	188	M			OS CORTA VENTOS	00:51:51	00:50:57
816	925	BRUNO M F OLIVEIRA	34	M1834	189	M			INDIVIDUAL	00:51:51	00:50:19
817	36	NUNO PAULO	43	M4044	141	M			SS CGD	00:51:52	00:51:08
818	1350	JOAO FIGUEIREDO	41	M4044	142	M			SS MONTEPIO	00:51:52	00:50:57
819	179	ANTONIO J G POMBINHO	55	M5559	72	M			INDIVIDUAL	00:51:53	00:51:53
820	493	JOSE L C S LEAL	36	M3539	143	M			MARINHAI AC	00:51:53	00:51:53
821	579	NUNO CATARRO	36	M3539	144	M			BRIGADA	00:51:53	00:51:53
822	746	MIGUEL OLIVEIRA	39	M3539	145	M			VALADARES	00:51:53	00:51:53
823	870	MARCO BERNARDES	40	M4044	143	M			TECNOSPIE	00:51:56	00:51:56
824	1077	CARLOS F R HIPOLITO	29	M1834	190	M			INDIVIDUAL	00:51:56	00:51:21
825	390	RICARDO HIPOLITO	27	M1834	191	M			INDIVIDUAL	00:51:57	00:51:23
826	621	JOSE M E SERRA	59	M5559	73	M			BUE SERRAS	00:51:58	00:51:58
827	802	ANTONIO J M SERRA	53	M5054	83	M			ADCSA BALDIO	00:51:58	00:51:58
828	873	CARLOS ANDRADE	42	M4044	144	M			SAI DA FRENTE	00:51:58	00:51:12
829	303	NELSON MARQUES	35	M3539	146	M			INDIVIDUAL	00:51:59	00:51:59
830	453	BRUNO PEREIRA	35	M3539	147	M			INDIVIDUAL	00:51:59	00:51:59
831	779	CARLOS ASSIS	39	M3539	148	M			BERI BERI ASFALTO	00:51:59	00:51:59
832	10	ALBERTINO SEMEDO	54	M5054	84	M			SS CGD	00:52:00	00:50:59
833	21	FRANCISCO CLERIGO	59	M5559	74	M			SS CGD	00:52:00	00:51:04
834	189	CATRIN EGERTON	34	F1834	11	F			EMSA	00:52:00	00:52:00

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
835	439	DANIELA J COSTA	28	F1834	12	F			MARRIOTT LISBOA	00:52:00	00:50:35
836	1475	JOSE MARINHO	68	M6099	46	M			GD SANTANDER	00:52:03	00:50:38
837	1721	JOAO F DUARTE	60	M6099	47	M			INDIVIDUAL	00:52:03	00:51:53
838	1407	JOSE COELHO	55	M5559	75	M			ADCR P JUDICIARIA	00:52:05	00:50:40
839	268	JORGE PINTO	42	M4044	145	M			CLUBE ROBBIALAC	00:52:06	00:51:43
840	1323	JORGE LOURENÇO	19	M1834	192	M			SC CASAINHOS	00:52:06	00:50:49
841	1479	CARLOS PEREIRA	61	M6099	48	M			A SACAVENENSE	00:52:06	00:52:06
842	1778	FERNANDO CASTANHEIRA	62	M6099	49	M			C CORR RES	00:52:06	00:50:39
843	296	LUIS OLIVEIRA	37	M3539	149	M			TEAM	00:52:09	00:52:09
844	993	ARMANDO CASEIRO	30	M1834	193	M			POWER RANGERS	00:52:10	00:52:10
845	1365	ALBERTO PINA	57	M5559	76	M			GD INE	00:52:10	00:51:39
846	525	TIAGO CARVALHO	27	M1834	194	M			VULCANENSE FC	00:52:11	00:52:11
847	324	CARLOS DIAS	36	M3539	150	M			HERBAL DHS	00:52:12	00:50:57
848	1458	HENRIQUE MARÇAL	59	M5559	77	M			GD SANTANDER	00:52:12	00:52:12
849	467	ANTONIO C MARTINS	51	M5054	85	M			INDIVIDUAL	00:52:13	00:51:13
850	478	JOAO P TABORDA	27	M1834	195	M			INDIVIDUAL	00:52:14	00:50:32
851	761	JOSE C A SILVA	58	M5559	78	M			CA AMIGOS PARQUE	00:52:14	00:52:14
852	1192	JOAO CABANAS	31	M1834	196	M			SQUADRA RUNNING	00:52:14	00:51:04
853	1275	HUGO DINIS	35	M3539	151	M			BORN 2 RUN	00:52:14	00:51:15
854	1573	MANUEL TRINDADE	56	M5559	79	M			FCR ROSSAO	00:52:14	00:52:09
855	1361	RICARDO DIAS	39	M3539	152	M			SS MONTEPIO	00:52:15	00:51:21
856	399	JOAO S MENDES	49	M4549	122	M			AMIGOSDACORRIDA	00:52:17	00:52:17
857	1653	MARIO ALVES	57	M5559	80	M			SFUAP	00:52:17	00:51:17
858	922	RICARDO SILVA	35	M3539	153	M			CLUBE GRUPO BES	00:52:18	00:51:13
859	1434	LUIS ALBUQUERQUE	42	M4044	146	M			AÇOREANA C BANIF	00:52:19	00:52:19
860	193	JOSE S M VERMELHUDO	53	M5054	86	M			INAV	00:52:20	00:52:02
861	343	CARLOS A HENRIQUE	45	M4549	123	M			INDIVIDUAL	00:52:20	00:51:29
862	1358	PAULO PEREIRA	42	M4044	147	M			SS MONTEPIO	00:52:20	00:52:20
863	794	HORST LAUW	42	M4044	148	M			ACADEMIA KORPO	00:52:21	00:52:21
864	1501	LEONEL BRANDAO	45	M4549	124	M			C MILLENNIUM BCP	00:52:21	00:51:00
865	685	RUI MATIAS	40	M4044	149	M			CLUBE VODAFONE	00:52:22	00:52:22
866	1052	FREDERICO NOBRE	24	M1834	197	M			CA AMIGOS PARQUE	00:52:22	00:51:26
867	1197	CARLOS MONTEIRO	44	M4044	150	M			INDIVIDUAL	00:52:23	00:52:23
868	1221	CARLA SANTOS	40	F3544	12	F			BEER BOYS	00:52:23	00:52:23
869	243	JOAQUIM J L SILVA	39	M3539	154	M			INDIVIDUAL	00:52:24	00:52:04
870	253	JORGE GUERREIRO	37	M3539	155	M			MARRIOTT LISBOA	00:52:25	00:50:59
871	820	RICARDO EUGENIO	34	M1834	198	M			INDIVIDUAL	00:52:25	00:51:00
872	862	JOSE LOUREIRO	48	M4549	125	M			APOGMA	00:52:25	00:52:25
873	988	ANTONIO C SILVA	58	M5559	81	M			INDIVIDUAL	00:52:25	00:52:25
874	806	PEDRO M B F O MIRANDA	41	M4044	151	M			INDIVIDUAL	00:52:28	00:50:53
875	1097	RICARDO D LOPES	32	M1834	199	M			INDIVIDUAL	00:52:30	00:52:30
876	1338	MIGUEL CARVALHO	34	M1834	200	M			TEJAVISTA	00:52:30	00:50:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
877	1520	ANTONIO ALMEIDA	46	M4549	126	M			C MILLENNIUM BCP	00:52:30	00:52:30
878	1523	PEDRO SA	40	M4044	152	M			C MILLENNIUM BCP	00:52:30	00:51:37
879	1425	HELENA SANTOS	50	F4599	6	F			AÇOREANA C BANIF	00:52:31	00:51:14
880	1751	RENE DUARTE	63	M6099	50	M			INDIVIDUAL	00:52:31	00:51:07
881	337	TIAGO M S MENESES	27	M1834	201	M			JOAO CARNEIRO	00:52:32	00:52:32
882	1419	ANTONIO JORGE	57	M5559	82	M			AÇOREANA C BANIF	00:52:32	00:51:14
883	608	IVAN GUERRA	35	M3539	156	M			CLUBE BOLINHA	00:52:33	00:51:45
884	1606	NUNO MESTRE	38	M3539	157	M			SL CAMPOLIDE	00:52:33	00:52:26
885	509	ADOLFO SALAZAR	69	M6099	51	M			CP EDP LISBOA	00:52:34	00:52:22
886	615	ARMANDO REIS	33	M1834	202	M			INDIVIDUAL	00:52:34	00:52:34
887	831	ARMANDO GONÇALVES	59	M5559	83	M			CCDT AUT ALMADA	00:52:36	00:52:03
888	380	ISIDRO FONTES	44	M4044	153	M			INDIVIDUAL	00:52:37	00:52:37
889	799	ANGELO FLOR	56	M5559	84	M			INDIVIDUAL	00:52:37	00:52:37
890	965	SERGIO SALVADO	36	M3539	158	M			INDIVIDUAL	00:52:38	00:51:39
891	1122	ELIO LAVADO	27	M1834	203	M			SCHNELLECKE	00:52:39	00:52:39
892	499	DAVID C LI	38	M3539	159	M			INDIVIDUAL	00:52:40	00:52:40
893	1660	CARLOS FERREIRA	55	M5559	85	M			CLUBE AUTOCOOPE	00:52:40	00:52:26
894	1603	RICARDO CEBOLA	30	M1834	204	M			SL CAMPOLIDE	00:52:41	00:51:40
895	295	LUIS SOUSA	38	M3539	160	M			TEAM	00:52:42	00:51:47
896	65	JOAO P TEIXEIRA	52	M5054	87	M			HAIRCUT2011	00:52:45	00:52:45
897	151	JOAO BRANCO	31	M1834	205	M			INDIVIDUAL	00:52:45	00:51:45
898	481	FRANCISCO VAZ	45	M4549	127	M			FRUFRESH	00:52:45	00:52:45
899	437	MIGUEL VERGAMOTA	43	M4044	154	M			SISQUAL	00:52:47	00:52:47
900	760	SAO GALVAO	47	F4599	7	F			CA AMIGOS PARQUE	00:52:47	00:52:47
901	940	ANDRE SIMOES	37	M3539	161	M			VORTALRUNNERS	00:52:47	00:52:47
902	1014	FERNANDO MENDES	65	M6099	52	M			AA LEBRES SADO	00:52:47	00:51:17
903	1461	JOSE LOURO	77	M6099	53	M			GD SANTANDER	00:52:47	00:52:47
904	902	LUIS REIS	50	M5054	88	M			FALCOES	00:52:48	00:51:42
905	1263	PEDRO FONSECA	33	M1834	206	M			BORN 2 RUN	00:52:48	00:51:50
906	468	JORGE FRADIQUE	53	M5054	89	M			TEAMOLENGA	00:52:49	00:51:40
907	946	JORGE A D R BARROS	40	M4044	155	M			100 PERNAS	00:52:49	00:52:49
908	12	ANTONIO CARPINTEIRO	68	M6099	54	M			SS CGD	00:52:50	00:52:50
909	733	JOAO PAUL	39	M3539	162	M			INDIVIDUAL	00:52:50	00:52:50
910	1699	MANUEL C PAULO	56	M5559	86	M			ODEBRECHT BPC	00:52:50	00:51:35
911	843	RICARDO AFONSO	41	M4044	156	M			INDIVIDUAL	00:52:51	00:51:19
912	893	VICTOR J RAMOS	41	M4044	157	M			C COLAB AXA	00:52:52	00:52:27
913	1105	ANTONIO CRAVEIRO	35	M3539	163	M			NINHO	00:52:52	00:52:52
914	350	DIOGO SANTOS	29	M1834	207	M			INDIVIDUAL	00:52:53	00:52:16
915	1524	MARIO MENDES	48	M4549	128	M			C MILLENNIUM BCP	00:52:53	00:52:42
916	796	PEDRO P SANTOS	50	M5054	90	M			INDIVIDUAL	00:52:54	00:52:54
917	655	FRANCISCO GOMES	27	M1834	208	M			INDIVIDUAL	00:52:55	00:52:55
918	178	CARLOS M R COSTA	44	M4044	158	M			INDIVIDUAL	00:52:56	00:52:56

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
919	616	CARLOS PALHINHAS	38	M3539	164	M			GDC PORTO SINES	00:52:56	00:52:18
920	958	SELMA N GONÇALVES	38	F3544	13	F			INDIVIDUAL	00:52:56	00:52:32
921	1313	VIRGILIO NASCIMENTO	58	M5559	87	M			CA VALE FIGUEIRA	00:52:56	00:52:03
922	1727	AMERICO CARVALHO	39	M3539	165	M			INDIVIDUAL	00:52:58	00:52:31
923	261	HELIO S M MARTINS	36	M3539	166	M			INDIVIDUAL	00:52:59	00:52:59
924	523	DANIEL ALFELUA	27	M1834	209	M			VULCANENSE FC	00:53:00	00:51:39
925	1508	ANTONIO SANTOS	53	M5054	91	M			C MILLENNIUM BCP	00:53:00	00:53:00
926	462	JOAO CUNHA	19	M1834	210	M			INDIVIDUAL	00:53:01	00:53:01
927	1559	LUIS CABRAL	46	M4549	129	M			ACLIS LIBERTY	00:53:01	00:52:43
928	1611	MANUEL FONSECA	49	M4549	130	M			SL CAMPOLIDE	00:53:04	00:51:42
929	1658	LUIS MATEUS	24	M1834	211	M			SFUAP	00:53:04	00:53:04
930	671	CARLOS A FERNANDES	46	M4549	131	M			CLUBE VODAFONE	00:53:05	00:51:20
931	673	CARLOS M M CORREIA	45	M4549	132	M			CLUBE VODAFONE	00:53:05	00:53:05
932	1202	ANDRE H GOMES	36	M3539	167	M			GO RUNNING TEAM	00:53:06	00:52:23
933	703	JOSE AIRES	55	M5559	88	M			CCD TRANQUILIDADE	00:53:07	00:52:35
934	1031	JORGE PLACIDO	62	M6099	55	M			INDIVIDUAL	00:53:09	00:52:33
935	1619	ISILDA BARRADAS	62	F4599	8	F			SL CAMPOLIDE	00:53:09	00:52:49
936	1333	LUIS MIRANDA	53	M5054	92	M			TEJAVISTA	00:53:10	00:51:37
937	1608	CARLOS ROSA	41	M4044	159	M			SL CAMPOLIDE	00:53:10	00:52:09
938	1195	MARIO BAIARRADA	60	M6099	56	M			INDIVIDUAL	00:53:11	00:53:11
939	943	RUI PACHECO	31	M1834	212	M			PERNAS	00:53:13	00:51:38
940	139	JOSE MORENO	42	M4044	160	M			PERNAS	00:53:14	00:52:40
941	318	NUNO F M P ALMEIDA	62	M6099	57	M			INDIVIDUAL	00:53:15	00:52:08
942	975	FILIFE RUSSO	44	M4044	161	M			GAB FISIO	00:53:16	00:53:16
943	1171	GONÇALO ZAGALO	37	M3539	168	M			INDIVIDUAL	00:53:16	00:51:38
944	308	JOSE BAIXINHO	55	M5559	89	M			SANTIAGO FC	00:53:17	00:53:17
945	1296	JOAO B COELHO	33	M1834	213	M			INDIVIDUAL	00:53:20	00:51:43
946	1646	ADELINO PIRES	50	M5054	93	M			CAMARA L CLUBE	00:53:21	00:51:50
947	327	JOAO MARCOS	29	M1834	214	M			HERBAL DHS	00:53:22	00:52:06
948	376	CARLOS COELHO	45	M4549	133	M			INDIVIDUAL	00:53:22	00:53:22
949	614	GIL T H FERREIRA	27	M1834	215	M			INDIVIDUAL	00:53:22	00:53:08
950	42	RUI SANTOS	45	M4549	134	M			SS CGD	00:53:23	00:52:26
951	690	JORGE M J NEVES	44	M4044	162	M			INDIVIDUAL	00:53:24	00:53:24
952	250	VITOR MONTEIRO	50	M5054	94	M			MARRIOTT LISBOA	00:53:25	00:51:59
953	1714	JOSE A C SANTOS	52	M5054	95	M			CD ARNEIRO	00:53:25	00:53:00
954	470	JORGE SANTOS	38	M3539	169	M			TEAMOLENGA	00:53:26	00:52:18
955	1170	PAULO ZAGALO	44	M4044	163	M			INDIVIDUAL	00:53:26	00:53:26
956	998	MANUEL CLEMENTE	63	M6099	58	M			INDIVIDUAL	00:53:27	00:51:59
957	982	ANTONIO M S ALVES	43	M4044	164	M			TZ S RUNNING GYM	00:53:28	00:53:28
958	983	ANDRE R S ALVES	18	M1834	216	M			TZ S RUNNING GYM	00:53:29	00:51:46
959	1129	PEDRO PINTO	45	M4549	135	M			CLUBE BOLINHA	00:53:29	00:53:29
960	1244	PEDRO LOURENÇO	37	M3539	170	M			ORFF	00:53:29	00:53:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
961	1526	JOAQUIM FULGENCIO	55	M5559	90	M			C MILLENNIUM BCP	00:53:29	00:52:47
962	252	RUI GASPAR	56	M5559	91	M			MARRIOTT LISBOA	00:53:31	00:52:05
963	63	ROSA AFONSO	45	F4599	9	F			CASA TINTAS	00:53:32	00:52:12
964	1364	TERESA CARDOSO	33	F1834	13	F			SS MONTEPIO	00:53:32	00:53:32
965	235	NUNO PRATES	42	M4044	165	M			INDIVIDUAL	00:53:33	00:53:33
966	1697	ADELINO PEREIRA	48	M4549	136	M			ODEBRECHT BPC	00:53:33	00:52:19
967	136	CARLOS SAMPAIO	50	M5054	96	M			INDIVIDUAL	00:53:34	00:52:01
968	1484	GABRIEL CRUZ	70	M6099	59	M			CCR ALTO MOINHO	00:53:34	00:53:11
969	326	CELIO ROMA	27	M1834	217	M			HERBAL DHS	00:53:35	00:53:35
970	1101	RICARDO LIMA	46	M4549	137	M			GD CIMPOR	00:53:38	00:52:48
971	64	PAULO PADRAO	44	M4044	166	M			HAIRCUT2011	00:53:40	00:53:40
972	1084	ANTONIO P SALVADO	66	M6099	60	M			INDIVIDUAL	00:53:40	00:52:43
973	260	NUNO LOPES	42	M4044	167	M			INDIVIDUAL	00:53:45	00:53:45
974	1377	ELSA MOREIRA	37	F3544	14	F			GD INE	00:53:45	00:53:28
975	1372	CARLOS DIAS	53	M5054	97	M			GD INE	00:53:46	00:53:08
976	1402	SALOMÉ FERREIRA	39	F3544	15	F			GD INE	00:53:46	00:53:30
977	1007	GERALDE FERNANDES	60	M6099	61	M			AA LEBRES SADO	00:53:47	00:52:40
978	1719	ALBERTO SOARES	50	M5054	98	M			INDIVIDUAL	00:53:47	00:53:13
979	1729	AUGUSTO CARIA	60	M6099	62	M			INDIVIDUAL	00:53:47	00:53:47
980	1546	ISAAC CARRÊLO	52	M5054	99	M			CLUBE ANACOM	00:53:48	00:53:01
981	422	ALBERTO MARTINHO	49	M4549	138	M			CCDT METRO LX	00:53:51	00:53:51
982	689	PAULA FERNANDES	35	M3539	171	M			CLUBE VODAFONE	00:53:52	00:53:52
983	24	JOAO BALAO	72	M6099	63	M			SS CGD	00:53:56	00:52:53
984	160	JOAO P S LIMA	52	M5054	100	M			4 AO KM	00:53:57	00:52:47
985	718	JOSE CATITA	54	M5054	101	M			GARMIN/ CO OEIRAS	00:53:57	00:52:26
986	719	ANTONIO N ALMEIDA	27	M1834	218	M			INDIVIDUAL	00:53:57	00:52:48
987	1288	JOAO GAMEIRO	45	M4549	139	M			INDIVIDUAL	00:53:57	00:52:44
988	247	VITOR CARVALHO	54	M5054	102	M			MARRIOTT LISBOA	00:54:00	00:52:34
989	1409	AMANDIO MONTEIRO	44	M4044	168	M			ADCR P JUDICIARIA	00:54:01	00:52:50
990	556	LUIS PETISCA	59	M5559	92	M			CP CORROIOS	00:54:03	00:54:03
991	679	JOAQUIM LIMA	49	M4549	140	M			CLUBE VODAFONE	00:54:04	00:53:40
992	1051	NUNO COSTA	38	M3539	172	M			ORFF	00:54:04	00:54:04
993	1627	ROGERIO SANTIAGO	65	M6099	64	M			CR CRUZ PAU	00:54:04	00:52:35
994	1628	ELSA SANTIAGO	35	F3544	16	F			CR CRUZ PAU	00:54:05	00:54:05
995	785	IOLANDA SILVA	32	F1834	14	F			ACADEMIA KORPO	00:54:06	00:53:19
996	278	TOMAS SOUSA	36	M3539	173	M			OS SUPER	00:54:07	00:53:18
997	464	EDGAR B PORTUGAL	37	M3539	174	M			INDIVIDUAL	00:54:07	00:54:07
998	1255	RAMIRO DAMAS	62	M6099	65	M			GA OS PATRICIOS	00:54:10	00:52:39
999	363	CLARA RAIMUNDO	36	F3544	17	F			ACC TEAM	00:54:11	00:54:11
1000	1352	JORGE SOUSA	39	M3539	175	M			SS MONTEPIO	00:54:12	00:53:17
1001	194	Mª CONCEIÇÃO SEBASTIAO	50	F4599	10	F			INAV	00:54:13	00:53:56
1002	977	JORGE DUARTE	43	M4044	169	M			GAB FISIO	00:54:13	00:53:51

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1003	198	CELIA SILVEIRA	41	F3544	18	F			INDIVIDUAL	00:54:14	00:54:05
1004	1005	JOSE GALVEIA	60	M6099	66	M			AA LEBRES SADO	00:54:15	00:53:12
1005	1587	FERNANDO LOURENÇO	62	M6099	67	M			BOM PETISCO	00:54:17	00:54:17
1006	82	LUIS MONTEIRO	34	M1834	219	M			WIKABOO	00:54:19	00:54:19
1007	1551	JAIME AFONSO	48	M4549	141	M			CLUBE ANACOM	00:54:20	00:54:20
1008	926	PEDRO M TEIXEIRA	34	M1834	220	M			INDIVIDUAL	00:54:21	00:54:21
1009	622	MIRO SIMOES	29	M1834	221	M			FRUFRESH	00:54:22	00:54:22
1010	1354	LUIS REIS	55	M5559	93	M			SS MONTEPIO	00:54:23	00:53:57
1011	1413	PERPETUA CRISPIM	41	M4044	170	M			ADCR P JUDICIARIA	00:54:23	00:53:39
1012	1222	PEDRO SANTOS	36	M3539	176	M			BEER BOYS	00:54:24	00:54:24
1013	991	MADALENA FONTINHAS	30	F1834	15	F			POWER RANGERS	00:54:27	00:53:08
1014	632	JOAO M PEDRO	40	M4044	171	M			INDIVIDUAL	00:54:28	00:53:45
1015	1735	JOSE MONTEIRO	56	M5559	94	M			INDIVIDUAL	00:54:30	00:53:32
1016	1757	SILVANO MONTEIRO	61	M6099	68	M			INDIVIDUAL	00:54:31	00:53:55
1017	1074	JOAO G C SILVA	24	M1834	222	M			INDIVIDUAL	00:54:34	00:54:34
1018	828	VERA MORAIS	39	F3544	19	F			BB RUNNERS	00:54:36	00:54:36
1019	826	SERGIO LOPES	38	M3539	177	M			BB RUNNERS	00:54:37	00:54:37
1020	827	PEDRO GANDARA	40	M4044	172	M			BB RUNNERS	00:54:37	00:54:37
1021	204	RICARDO J M BRANCO	42	M4044	173	M			INDIVIDUAL	00:54:40	00:53:31
1022	913	CARLOS CARITA	54	M5054	103	M			CLUBE GRUPO BES	00:54:41	00:54:35
1023	126	ANTONIO LOPES	58	M5559	95	M			INDIVIDUAL	00:54:47	00:54:01
1024	744	NUNO VEIGA	43	M4044	174	M			VALADARES	00:54:47	00:53:43
1025	1534	FERNANDO DOMINGUES	57	M5559	96	M			C MILLENNIUM BCP	00:54:49	00:54:49
1026	874	CLAUDIA S M MESTRE	36	F3544	20	F			INDIVIDUAL	00:54:51	00:54:04
1027	1130	MIGUEL RIO-TINTO	44	M4044	175	M			CLUBE BOLINHA	00:54:51	00:54:51
1028	1239	HELIO M SOARES	32	M1834	223	M			TEAMOLENGA	00:54:51	00:53:44
1029	653	NELSON RAMOS	41	M4044	176	M			INDIVIDUAL	00:54:52	00:54:52
1030	1213	LUIS M R GONÇALVES	31	M1834	224	M			INDIVIDUAL	00:54:52	00:54:06
1031	43	SERGIO AMARAL	36	M3539	178	M			SS CGD	00:54:53	00:54:17
1032	283	MIGUEL M AUGUSTO	30	M1834	225	M			CONTA-KILOMETR	00:54:53	00:53:56
1033	1355	MANUEL SANTOS	38	M3539	179	M			SS MONTEPIO	00:54:54	00:54:54
1034	599	NUNO M L SIMAO	37	M3539	180	M			3 PARA A MEIA	00:54:55	00:54:55
1035	1143	ALEXANDRE O PERDIGAO	38	M3539	181	M			INDIVIDUAL	00:54:57	00:54:57
1036	1203	SARA FREITAS	44	F3544	21	F			INDIVIDUAL	00:54:57	00:54:30
1037	44	ANA BRAS	46	F4599	11	F			SS CGD	00:55:01	00:55:01
1038	670	ANTONIO R SIETRA	39	M3539	182	M			CLUBE VODAFONE	00:55:01	00:55:01
1039	1537	SERGIO ANJOS	65	M6099	69	M			C MILLENNIUM BCP	00:55:02	00:54:31
1040	881	SERGIO GALO	32	M1834	226	M			INDIVIDUAL	00:55:04	00:54:01
1041	400	LUIS ARCADINHO	60	M6099	70	M			INDIVIDUAL	00:55:05	00:55:05
1042	559	JOSE LAMEIRA	33	M1834	227	M			JAVALIS MATO	00:55:05	00:55:05
1043	1246	VASCO BRANCO	31	M1834	228	M			OS FOGUETES	00:55:06	00:53:32
1044	1445	ANTONIO CASTRO	43	M4044	177	M			GD SANTANDER	00:55:07	00:54:04

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1045	1180	LURDES HENRIQUES	55	F4599	12	F			INDIVIDUAL	00:55:08	00:54:27
1046	448	NUNO ALMEIDA	37	M3539	183	M			SPORTINGS DE	00:55:09	00:54:31
1047	494	JOSE C CORREIA	45	M4549	142	M			INDIVIDUAL	00:55:09	00:53:56
1048	505	HELDER LEAL	41	M4044	178	M			BIP BIP RUNNER	00:55:10	00:55:10
1049	180	EDMUNDO V SIMOES	56	M5559	97	M			INDIVIDUAL	00:55:12	00:55:12
1050	1357	PATRICIA FALCAO	39	F3544	22	F			SS MONTEPIO	00:55:13	00:54:00
1051	1132	JOSE P P COSTA	45	M4549	143	M			CLUBE BOLINHA	00:55:14	00:54:36
1052	472	DANIEL RODRIGUES	32	M1834	229	M			ANGRYBIRDS	00:55:15	00:54:10
1053	1133	JORGE R SILVA	56	M5559	98	M			CLUBE BOLINHA	00:55:15	00:55:15
1054	1276	RICRADO A P COSTA	33	M1834	230	M			INDIVIDUAL	00:55:15	00:54:16
1055	471	JOSE BARRADAS	31	M1834	231	M			ANGRYBIRDS	00:55:17	00:54:14
1056	1311	RUI LUIS	56	M5559	99	M			CA VALE FIGUEIRA	00:55:17	00:54:04
1057	603	TIAGO F A PORTELA	27	M1834	232	M			OS ESQUILINHOS	00:55:18	00:54:44
1058	298	JOAO M N SOARES	38	M3539	184	M			INDIVIDUAL	00:55:19	00:54:10
1059	1740	HELDER ALMEIDA	45	M4549	144	M			INDIVIDUAL	00:55:19	00:55:19
1060	514	RUI XAVIER	45	M4549	145	M			CP EDP LISBOA	00:55:20	00:55:12
1061	1622	AUGUSTO PINTO	39	M3539	185	M			CR CRUZ PAU	00:55:20	00:53:47
1062	323	NUNO CAMELO	39	M3539	186	M			HERBAL DHS	00:55:21	00:54:08
1063	341	BRUNO SILVA	32	M1834	233	M			BIFANAS CORRIDA	00:55:21	00:54:34
1064	1613	ANTONIO LIMA	50	M5054	104	M			SL CAMPOLIDE	00:55:22	00:54:12
1065	1359	PAULO RAINHO	46	M4549	146	M			SS MONTEPIO	00:55:25	00:55:25
1066	1360	PEDRO CARRASCO	41	M4044	179	M			SS MONTEPIO	00:55:25	00:55:25
1067	1388	JULIO ROBALO	49	M4549	147	M			GD INE	00:55:25	00:55:12
1068	97	AMERICO LOPES	49	M4549	148	M			GRUPO S	00:55:26	00:53:47
1069	1390	LUIS AFONSO	54	M5054	105	M			GD INE	00:55:26	00:54:05
1070	1135	ISABEL CORREIA	35	F3544	23	F			CLUBE BOLINHA	00:55:27	00:54:16
1071	96	LUIS SANTOS	60	M6099	71	M			GRUPO S	00:55:28	00:55:28
1072	1059	ALBERTO CARVALHO	54	M5054	106	M			AFRS ATLETISMO	00:55:28	00:53:59
1073	666	RUI M P SIMOES	38	M3539	187	M			INDIVIDUAL	00:55:29	00:54:48
1074	1049	MANUEL C FRANCO	61	M6099	72	M			FRANCOS	00:55:29	00:54:46
1075	680	NUNO PEDROSO	42	M4044	180	M			CLUBE VODAFONE	00:55:30	00:54:09
1076	704	PEDRO L MORGADO	42	M4044	181	M			CCD TRANQUILIDADE	00:55:30	00:54:40
1077	1310	ANTONIO MINA	51	M5054	107	M			CA VALE FIGUEIRA	00:55:30	00:54:37
1078	951	JORGE SIMOES	43	M4044	182	M			RUNNING OF D	00:55:31	00:55:31
1079	809	VITOR CID	38	M3539	188	M			GDCT UNICRE	00:55:33	00:55:08
1080	816	PAULO DUARTE	47	M4549	149	M			GDCT UNICRE	00:55:33	00:55:06
1081	663	DANIEL G NUNES	33	M1834	234	M			INDIVIDUAL	00:55:37	00:54:15
1082	1754	SANTOS GUERREIRO	50	M5054	108	M			INDIVIDUAL	00:55:38	00:54:42
1083	349	AMERICO D VAZ	58	M5559	100	M			INDIVIDUAL	00:55:40	00:54:01
1084	1100	Mª GORETI FERNANDES	49	F4599	13	F			GD CIMPOR	00:55:42	00:54:56
1085	696	Mª JOSE SILVA	36	F3544	24	F			CCD TRANQUILIDADE	00:55:43	00:55:27
1086	1701	GERRY SANITZ	49	M4549	150	M			ODEBRECHT BPC	00:55:43	00:54:37

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1087	162	MARIA MORENO	48	F4599	14	F			GO RUNNING TEAM	00:55:44	00:54:34
1088	612	DANIEL PIRES	41	M4044	183	M			CLUBE BOLINHA	00:55:44	00:55:44
1089	613	DANIEL XAREPE	48	M4549	151	M			CLUBE BOLINHA	00:55:44	00:55:44
1090	1566	ANDRE BARATA	29	M1834	235	M			ACLIS LIBERTY	00:55:46	00:54:16
1091	301	RUI J M DOMINGUES	48	M4549	152	M			DHL SPEED OF	00:55:47	00:55:47
1092	1574	CARLA PEREIRA	41	F3544	25	F			CCD SEG SOCIAL LX	00:55:49	00:55:49
1093	123	DIOGO H S ARRAIAS	59	M5559	101	M			OS ARRAIAS	00:55:51	00:54:32
1094	124	SANDRA S S ARRAIAS	31	F1834	16	F			OS ARRAIAS	00:55:51	00:54:30
1095	1297	FILIPE T PAULO	33	M1834	236	M			INDIVIDUAL	00:55:51	00:54:13
1096	335	RUI M P S CARNEIRO	57	M5559	102	M			JOAO CARNEIRO	00:55:52	00:54:28
1097	580	ZE BESUNTA	31	M1834	237	M			BRIGADA	00:55:53	00:55:53
1098	1512	LUDGERO RODRIGUES	56	M5559	103	M			C MILLENNIUM BCP	00:55:54	00:55:54
1099	985	PAULA SANTOS	37	F3544	26	F			RAIL RUNNERS	00:55:56	00:55:22
1100	1341	GUILHERME ALBINO	38	M3539	189	M			SS MONTEPIO	00:55:57	00:55:57
1101	1730	JEREMIAS RIBEIRO	69	M6099	73	M			INDIVIDUAL	00:55:58	00:54:38
1102	35	MIRALDO RAMOS	35	M3539	190	M			SS CGD	00:55:59	00:55:25
1103	345	FRANCISCO LINHOL	58	M5559	104	M			INDIVIDUAL	00:56:03	00:55:02
1104	1040	GABRIEL ANTONIO	49	M4549	153	M			URD ARRANHO	00:56:03	00:56:03
1105	19	FERNANDO ALVES	51	M5054	109	M			SS CGD	00:56:04	00:54:51
1106	280	MERCEDES FONSECA	56	F4599	15	F			OS SUPER	00:56:05	00:55:56
1107	1116	JORGE SOUSA	38	M3539	191	M			DREAM TEAM	00:56:06	00:55:09
1108	1722	PEDRO BARBOSA	50	M5054	110	M			INDIVIDUAL	00:56:06	00:55:31
1109	158	FILOMENA M M JESUS	40	F3544	27	F			PENDURAS TORRE	00:56:07	00:56:07
1110	190	JOAO CUNHA	55	M5559	105	M			CA AMIGOS PARQUE	00:56:07	00:54:42
1111	542	FERNANDO MAGALHAES	56	M5559	106	M			CCD EFACEC LX	00:56:07	00:55:17
1112	1485	Mª MARGARIDA AMIGO	60	F4599	16	F			CCR ALTO MOINHO	00:56:07	00:54:51
1113	1151	VASCO ALPALHAO	43	M4044	184	M			ALPALHAO	00:56:10	00:55:03
1114	684	RUI ALVARES	44	M4044	185	M			CLUBE VODAFONE	00:56:11	00:56:11
1115	1012	CARLOS PEREIRA	57	M5559	107	M			AA LEBRES SADO	00:56:11	00:56:11
1116	611	LUIS GATINHO	45	M4549	154	M			CLUBE BOLINHA	00:56:12	00:56:12
1117	724	FERNANDO SANTOS	68	M6099	74	M			CP IVA	00:56:12	00:55:22
1118	18	ESMERALDO PEREIRA	66	M6099	75	M			SS CGD	00:56:13	00:55:32
1119	1131	LUIS COCCO	45	M4549	155	M			CLUBE BOLINHA	00:56:13	00:56:13
1120	1616	FERNANDO NETO	63	M6099	76	M			SL CAMPOLIDE	00:56:13	00:56:00
1121	721	JOSE A SILVA	68	M6099	77	M			CP IVA	00:56:15	00:55:23
1122	947	JORGE FERREIRA	47	M4549	156	M			RUNNING OF D	00:56:16	00:55:41
1123	950	ADRIANO VITORINO	51	M5054	111	M			RUNNING OF D	00:56:16	00:56:16
1124	302	ANA M Q M CABRAL	48	F4599	17	F			DHL SPEED OF	00:56:18	00:55:52
1125	356	PAULO LOPES	35	M3539	192	M			DHL SPEED OF	00:56:18	00:56:18
1126	1141	DOMINGOS J F AMADOR	40	M4044	186	M			INDIVIDUAL	00:56:19	00:55:16
1127	66	LUIS SILVA	61	M6099	78	M			GD O	00:56:20	00:55:59
1128	1107	ELISEU PINTO	62	M6099	79	M			INDIVIDUAL	00:56:20	00:55:22

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1129	11	ANDRE NORONHA	48	M4549	157	M			SS CGD	00:56:24	00:56:24
1130	15	CATARINA MARTINS	40	F3544	28	F			SS CGD	00:56:24	00:55:24
1131	737	ALFREDO M L F PARADA	51	M5054	112	M			INDIVIDUAL	00:56:25	00:55:52
1132	232	JOVANA PAUNOVIC	31	F1834	17	F			INDIVIDUAL	00:56:27	00:54:51
1133	602	ANA C P BARROS	27	F1834	18	F			OS ESQUILINHOS	00:56:27	00:56:01
1134	512	PAULO CARVALHO	58	M5559	108	M			CP EDP LISBOA	00:56:28	00:55:56
1135	822	JOSE A M COSTA	37	M3539	193	M			INDIVIDUAL	00:56:28	00:55:04
1136	362	EDUARDO REIS	39	M3539	194	M			ACC TEAM	00:56:29	00:54:51
1137	927	JOSE A S COELHO	44	M4044	187	M			INDIVIDUAL	00:56:29	00:56:29
1138	1075	JOAO C M SILVA	55	M5559	109	M			INDIVIDUAL	00:56:30	00:56:16
1139	989	ALEXANDRE FERNANDES	37	M3539	195	M			POWER RANGERS	00:56:31	00:56:31
1140	239	CHRISTELLE GENAUDEAU	36	F3544	29	F			INDIVIDUAL	00:56:32	00:55:47
1141	271	NUNO MOLERO	30	M1834	238	M			INDIVIDUAL	00:56:32	00:56:32
1142	942	PAULO NEVES	33	M1834	239	M			PERNAS	00:56:34	00:54:57
1143	1232	Mª HELENA COSTA	57	F4599	18	F			INDIVIDUAL	00:56:34	00:56:16
1144	1582	ARMANDO LUIS	65	M6099	80	M			LOJA BANDEIRAS	00:56:36	00:55:40
1145	331	CARLA MENDES	41	F3544	30	F			INDIVIDUAL	00:56:37	00:56:37
1146	1243	NELSON COELHO	30	M1834	240	M			INDIVIDUAL	00:56:38	00:55:48
1147	1385	JOAO N REIS	34	M1834	241	M			GD INE	00:56:42	00:55:20
1148	1759	INES G FORTE	25	F1834	19	F			RUN 4 FUN	00:56:45	00:55:39
1149	1348	CARLOS C SILVA	44	M4044	188	M			SS MONTEPIO	00:56:46	00:56:27
1150	1586	ANDRE LOURENÇO	31	M1834	242	M			BOM PETISCO	00:56:49	00:56:07
1151	1588	ROGERIO DIAS	41	M4044	189	M			BOM PETISCO	00:56:49	00:56:49
1152	28	JOSE DIMAS	44	M4044	190	M			SS CGD	00:56:50	00:55:53
1153	1205	PEDRO D SIMOES	42	M4044	191	M			INDIVIDUAL	00:56:51	00:55:24
1154	144	FILIFE J SILVA	52	M5054	113	M			CA AMIGOS PARQUE	00:56:56	00:55:25
1155	594	ARLINDO PARRA	51	M5054	114	M			CP EDP LISBOA	00:56:56	00:56:56
1156	1704	THELMO CUNHA	52	M5054	115	M			ODEBRECHT BPC	00:56:56	00:56:10
1157	711	JOAO M MARTINS	31	M1834	243	M			SPEED OF YELLOW	00:56:58	00:56:26
1158	1515	CLAUDIA MATOS	29	F1834	20	F			C MILLENNIUM BCP	00:57:00	00:55:53
1159	1514	ANTONIO MASSANO	30	M1834	244	M			C MILLENNIUM BCP	00:57:01	00:57:01
1160	1032	PEDRO F C ALMEIDA	36	M3539	196	M			BIFANAS CORRIDA	00:57:02	00:56:16
1161	330	JOAO BARROS	35	M3539	197	M			SPEEDRUS	00:57:03	00:56:02
1162	370	JORGE L VIEGAS	56	M5559	110	M			INDIVIDUAL	00:57:04	00:55:46
1163	214	MARIO DUARTE	39	M3539	198	M			INDIVIDUAL	00:57:05	00:55:31
1164	279	JOAQUIM FONSECA	57	M5559	111	M			OS SUPER	00:57:06	00:56:58
1165	731	JORGE VICENTE	33	M1834	245	M			INDIVIDUAL	00:57:07	00:55:23
1166	773	LUIS DOMINGUES	31	M1834	246	M			HEITOR DOMINGUES	00:57:11	00:57:11
1167	1455	FABIO DIAS	41	M4044	192	M			GD SANTANDER	00:57:14	00:57:14
1168	1536	CARLOS TOME	61	M6099	81	M			C MILLENNIUM BCP	00:57:14	00:56:21
1169	339	ANA S M G MARQUES	28	F1834	21	F			JOAO CARNEIRO	00:57:15	00:57:15
1170	627	JOAO BERMEJO	31	M1834	247	M			SQUADRA RUNNING	00:57:15	00:56:04

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1171	385	JOAQUIM CLARO	36	M3539	199	M			FRUFRESH	00:57:16	00:57:16
1172	841	LUIS F M P P COELHO	41	M4044	193	M			INDIVIDUAL	00:57:16	00:57:16
1173	619	ISABEL BUE	31	F1834	22	F			BUE SERRAS	00:57:17	00:57:17
1174	1209	CRISTIANA SOBREIRO	40	F3544	31	F			INDIVIDUAL	00:57:17	00:56:06
1175	1617	homem com dorsal F	43	M4044	194	M			SL CAMPOLIDE	00:57:18	00:57:18
1176	928	FREDERICO A SOUSA	49	M4549	158	M			LEBRES E	00:57:20	00:56:03
1177	1724	Mª CLARA COSTA	51	F4599	19	F			INDIVIDUAL	00:57:21	00:57:21
1178	1264	CARLOS F SILVA	40	M4044	195	M			INDIVIDUAL	00:57:22	00:56:35
1179	67	MARIA CORREIA	59	F4599	20	F			GD O	00:57:23	00:56:06
1180	1702	JORGE MONTEIRO	45	M4549	159	M			ODEBRECHT BPC	00:57:25	00:57:25
1181	70	ANTONIO CORREIA	62	M6099	82	M			GD O	00:57:26	00:57:26
1182	1756	PEDRO NICOLAU	41	M4044	196	M			INDIVIDUAL	00:57:26	00:56:10
1183	38	PAULA COSTA	41	F3544	32	F			SS CGD	00:57:27	00:57:27
1184	840	BRUNO SANTOS	34	M1834	248	M			ATOMIC TEAM	00:57:27	00:57:06
1185	1013	CECILIA NICOLAU	46	F4599	21	F			AA LEBRES SADO	00:57:27	00:56:13
1186	1021	LUIS OLIVEIRA	43	M4044	197	M			AA LEBRES SADO	00:57:27	00:56:12
1187	808	MARTIN ADAMS	54	M5054	116	M			INDIVIDUAL	00:57:30	00:57:19
1188	244	JOSE L MARQUES	53	M5054	117	M			INDIVIDUAL	00:57:31	00:57:11
1189	1055	MARIO SILVA	45	M4549	160	M			AFRS ATLETISMO	00:57:33	00:56:06
1190	1070	ANTONIO ANTUNES	51	M5054	118	M			INDIVIDUAL	00:57:33	00:57:33
1191	1376	DOMINGOS MELAO	58	M5559	112	M			GD INE	00:57:33	00:56:15
1192	1176	JOAO M BATISTA	52	M5054	119	M			ABRE	00:57:34	00:57:34
1193	187	MARCO CAMPANICO	33	M1834	249	M			PAPA LEGUAS	00:57:35	00:57:35
1194	1167	DANIEL DIAS	37	M3539	200	M			INDIVIDUAL	00:57:35	00:57:35
1195	309	JUDITE BAIXINHO	26	F1834	23	F			SANTIAGO FC	00:57:36	00:57:00
1196	37	OLIMPIO GONÇALVES	37	M3539	201	M			SS CGD	00:57:37	00:56:59
1197	895	RICARDO J PORTELA	32	M1834	250	M			INDIVIDUAL	00:57:37	00:57:04
1198	1290	MANUEL ANASTACIO	43	M4044	198	M				00:57:37	00:55:54
1199	1391	LUIS REIS	58	M5559	113	M			GD INE	00:57:37	00:57:37
1200	774	JOANA HEITOR	31	F1834	24	F			HEITOR DOMINGUES	00:57:40	00:56:14
1201	596	JOAQUIM FRAGOSO	63	M6099	83	M			CCD CASA PIA	00:57:42	00:57:42
1202	13	ANTONIO NEGRINHO	49	M4549	161	M			SS CGD	00:57:43	00:56:07
1203	995	HOMERO MAGALHAES	42	M4044	199	M			INDIVIDUAL	00:57:51	00:57:00
1204	647	ERMELINDO NUNES	55	M5559	114	M			GDR S FRANC	00:57:54	00:57:54
1205	1651	MADALENA BRANCO	40	F3544	33	F			CAMARA L CLUBE	00:57:55	00:57:44
1206	388	JOAO J C TEIXEIRA	52	M5054	120	M			INDIVIDUAL	00:57:56	00:56:47
1207	275	RUBEN GUIA	31	M1834	251	M			INDIVIDUAL	00:57:58	00:57:20
1208	633	SAMUEL N PEREIRA	26	M1834	252	M			ACC TEAM	00:57:58	00:56:21
1209	1440	PEDRO SOUSA	31	M1834	253	M			AÇOREANA C BANIF	00:57:58	00:57:09
1210	1741	FERNANDO CORREIA	46	M4549	162	M			INDIVIDUAL	00:57:58	00:57:58
1211	1327	JOAO C BORGES	45	M4549	163	M			TEJAVISTA	00:57:59	00:57:13
1212	485	Mª SAO JOAO	59	F4599	22	F			INDIVIDUAL	00:58:02	00:57:29

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1213	1698	JOAQUIM B P SIMAO	50	M5054	121	M			ODEBRECHT BPC	00:58:02	00:57:25
1214	186	JORGE ANTUNES	37	M3539	202	M			PAPA LEGUAS	00:58:03	00:58:03
1215	562	SARA LOPES	27	F1834	25	F			INDIVIDUAL	00:58:04	00:57:48
1216	552	JOSE CORREIA	33	M1834	254	M			CCD EFACEC LX	00:58:05	00:57:14
1217	361	IGOR OLIVEIRA	29	M1834	255	M			ACC TEAM	00:58:07	00:56:29
1218	728	FILIFE NOGUEIRA	30	M1834	256	M			MIRC	00:58:07	00:57:47
1219	729	JOSE SANTOS	25	M1834	257	M			MIRC	00:58:07	00:58:07
1220	40	RICARDO MATEUS	34	M1834	258	M			SS CGD	00:58:11	00:58:11
1221	741	CARLOS T GONCALVES	33	M1834	259	M			INDIVIDUAL	00:58:11	00:57:04
1222	879	LUIS ROMEIRAS	34	M1834	260	M			CLUBE BOLINHA	00:58:11	00:56:38
1223	572	FERNANDA COSTA	50	F4599	23	F			AA MAFRA	00:58:14	00:58:05
1224	311	SANDRA RAMALHO	37	F3544	34	F			INDIVIDUAL	00:58:15	00:57:56
1225	691	TERESA GRAY	48	F4599	24	F			CCD TRANQUILIDADE	00:58:15	00:57:23
1226	857	SERGIO M FAUSTINO	29	M1834	261	M			RUSTY GUYS	00:58:15	00:57:52
1227	585	ANTONIO MARQUES	63	M6099	84	M			BAIA SEIXAL	00:58:16	00:56:56
1228	751	PEDRO MACEDO	50	M5054	122	M			PREGO A FUNDO	00:58:16	00:57:23
1229	786	ANA SILVA	24	F1834	26	F			ACADEMIA KORPO	00:58:16	00:57:36
1230	907	RAUL CARVALHO	54	M5054	123	M			FALCOES	00:58:16	00:57:39
1231	625	PEDRO M J ANDRADE	32	M1834	262	M			INDIVIDUAL	00:58:19	00:57:07
1232	793	NUNO PAISANA	40	M4044	200	M			ACADEMIA KORPO	00:58:19	00:57:42
1233	683	PEDRO S LOURENÇO	43	M4044	201	M			CLUBE VODAFONE	00:58:21	00:58:21
1234	1500	ANTONIO PIRES	39	M3539	203	M			C MILLENNIUM BCP	00:58:23	00:58:23
1235	1006	MANUEL SANTOS	63	M6099	85	M			AA LEBRES SADO	00:58:25	00:56:52
1236	837	JOAQUIM MACHADO	59	M5559	115	M			CCDT AUT ALMADA	00:58:26	00:58:07
1237	161	EBERHARD A WILHELM	64	M6099	86	M			4 AO KM	00:58:27	00:57:18
1238	1636	MARCO CRUZ	34	M1834	263	M			CR ALVORADA	00:58:27	00:57:40
1239	860	CARLOS SOUSA	45	M4549	164	M			APOGMA	00:58:32	00:58:16
1240	923	SILVIO PAIVA	61	M6099	87	M			CLUBE GRUPO BES	00:58:36	00:57:56
1241	911	ALEXANDRINA FILIFE	41	F3544	35	F			CLUBE GRUPO BES	00:58:37	00:58:37
1242	52	JOSE REBOCHO	57	M5559	116	M			A VALE SILENCIO	00:58:38	00:58:38
1243	536	ARMINDO F MARQUES	54	M5054	124	M			INDIVIDUAL	00:58:39	00:56:55
1244	1299	RUI HEITOR	34	M1834	264	M			INDIVIDUAL	00:58:41	00:57:03
1245	14	AURELIO CALADO	63	M6099	88	M			SS CGD	00:58:43	00:57:31
1246	431	JOSE PIRES	77	M6099	89	M			CCDT METRO LX	00:58:43	00:57:28
1247	433	ORLANDO SOUSA	50	M5054	125	M			CCDT METRO LX	00:58:43	00:57:52
1248	1543	LUIS GASPAR	46	M4549	165	M			C MILLENNIUM BCP	00:58:45	00:58:45
1249	1398	JOSE GOMES	48	M4549	166	M			GD INE	00:58:48	00:57:27
1250	1471	PAULA FIGUEIREDO	55	F4599	25	F			GD SANTANDER	00:58:49	00:58:49
1251	1437	OSCAR RODRIGUES	61	M6099	90	M			AÇOREANA C BANIF	00:58:52	00:57:10
1252	476	PAULO QUENDERA	37	M3539	204	M			INDIVIDUAL	00:58:54	00:58:54
1253	465	BRUNO L PEIXOTO	37	M3539	205	M			INDIVIDUAL	00:58:55	00:57:14
1254	156	ISOLDA GUEDES	30	F1834	27	F			INDIVIDUAL	00:58:56	00:57:36

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1255	642	VICTORIA CARNEIRO	39	F3544	36	F			GDR S FRANC	00:58:56	00:58:56
1256	941	CESAR MILITAO	36	M3539	206	M			VORTALRUNNERS	00:58:56	00:58:15
1257	1349	DAVID ALMEIDA	34	M1834	265	M			SS MONTEPIO	00:58:57	00:58:57
1258	1368	BARBARA VELOSO	33	F1834	28	F			GD INE	00:58:57	00:57:21
1259	1096	FRANCISCO TEIXEIRA	39	M3539	207	M			INDIVIDUAL	00:58:58	00:57:25
1260	1529	RODOLFO LIMA	45	M4549	167	M			C MILLENNIUM BCP	00:58:58	00:58:58
1261	1150	MARIO B P CUNHA	34	M1834	266	M			INDIVIDUAL	00:58:59	00:58:59
1262	276	RAQUEL ROSA	31	F1834	29	F			RTXC	00:59:00	00:59:00
1263	344	CARLA MORGADO	39	F3544	37	F			INDIVIDUAL	00:59:02	00:58:02
1264	383	ANDREIA FLORENCIO	31	F1834	30	F			INDIVIDUAL	00:59:03	00:58:03
1265	1630	ANTONIO BELCHIOR	67	M6099	91	M			CR CRUZ PAU	00:59:03	00:57:30
1266	284	JOSE P P FERREIRA	52	M5054	126	M			CUN BOSTON	00:59:04	00:57:24
1267	285	LUIS MILHEIRO	52	M5054	127	M			CUN BOSTON	00:59:04	00:59:04
1268	624	FERNANDO L COSTA	36	M3539	208	M			INDIVIDUAL	00:59:04	00:59:04
1269	1023	FERNANDO CHASQUEIRA	62	M6099	92	M			INDIVIDUAL	00:59:05	00:57:29
1270	435	SONIA VIEIRA	38	F3544	38	F			INDIVIDUAL	00:59:06	00:59:01
1271	1160	RENATO MARQUES	33	M1834	267	M			INDIVIDUAL	00:59:06	00:57:21
1272	354	JOAO PALMA	36	M3539	209	M			DHL SPEED OF	00:59:07	00:58:33
1273	743	JOAQUIM VALADARES	48	M4549	168	M			VALADARES	00:59:08	00:58:07
1274	1674	DINIS BARBOSA	28	M1834	268	M			C PRAÇAS ARMADA	00:59:09	00:59:09
1275	851	NUNO MALCATA	33	M1834	269	M			INDIVIDUAL	00:59:11	00:59:11
1276	409	ANDRE SIMOES	39	M3539	210	M			OS CORTA VENTOS	00:59:12	00:58:29
1277	410	RITA MONTALVAO	38	F3544	39	F			OS CORTA VENTOS	00:59:12	00:59:12
1278	1411	MANUEL MOREIRA	68	M6099	93	M			ADCR P JUDICIARIA	00:59:15	00:59:15
1279	814	NUNO DUARTE	37	M3539	211	M			GDCT UNICRE	00:59:16	00:58:53
1280	1453	DINIS SOUSA	72	M6099	94	M			GD SANTANDER	00:59:17	00:59:17
1281	137	FATIMA SANTOS	33	F1834	31	F			INDIVIDUAL	00:59:19	00:59:09
1282	128	HUGO SEVERINO	34	M1834	270	M			INDIVIDUAL	00:59:20	00:58:29
1283	450	CLAUDIO GONÇALVES	38	M3539	212	M			CA AMIGOS PARQUE	00:59:20	00:57:47
1284	550	ANTONIO SANTOS	50	M5054	128	M			CCD EFACEC LX	00:59:20	00:57:43
1285	148	ANA P LIMA	41	F3544	40	F			CA AMIGOS PARQUE	00:59:21	00:59:21
1286	1225	PAULO PINTO	38	M3539	213	M			CA AMIGOS PARQUE	00:59:21	00:57:48
1287	147	CARLOS LIMA	42	M4044	202	M			CA AMIGOS PARQUE	00:59:22	00:59:22
1288	1591	ILIDIO MONTEIRO	63	M6099	95	M			BESMART	00:59:23	00:58:29
1289	402	ALEXANDRE MARTINS	38	M3539	214	M			OS CORTA VENTOS	00:59:27	00:58:33
1290	482	ANA C SANTOS	33	F1834	32	F			FRUFRESH	00:59:27	00:59:27
1291	1343	RUTE MORNA	37	F3544	41	F			SS MONTEPIO	00:59:27	00:59:01
1292	1095	MARTA REIS	36	F3544	42	F			INDIVIDUAL	00:59:28	00:58:25
1293	1571	Mª FATIMA L LEITAO	51	F4599	26	F			FCR ROSSAO	00:59:32	00:59:32
1294	856	GONÇALO B PRATA	33	M1834	271	M			RUSTY GUYS	00:59:36	00:59:13
1295	92	CATIA CÂMARA	27	F1834	33	F			C SARGENTO	00:59:37	00:59:37
1296	93	FERNANDO OLIVEIRA	57	M5559	117	M			C SARGENTO	00:59:37	00:58:05

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1297	1645	CARLOS FERREIRA	48	M4549	169	M			CAMARA L CLUBE	00:59:38	00:59:38
1298	1099	ANA M F ARAUJO	40	F3544	43	F			GD CIMPOR	00:59:40	00:58:52
1299	934	RUTE SANTOS	31	F1834	34	F			VORTALRUNNERS	00:59:41	00:59:41
1300	1159	JACINTO GODINHO	49	M4549	170	M			INDIVIDUAL	00:59:43	00:58:46
1301	449	ILIANA SERRAO	37	F3544	44	F			CA AMIGOS PARQUE	00:59:44	00:58:10
1302	578	RUTE M FERNANDES	32	F1834	35	F			INDIVIDUAL	00:59:44	00:59:28
1303	229	MARIA QUITERIA	39	F3544	45	F			INDIVIDUAL	00:59:46	00:58:27
1304	381	MARCO LEITAO	31	M1834	272	M			INDIVIDUAL	00:59:47	00:59:06
1305	1233	JOSELIA ALMEIDA	55	F4599	27	F			INDIVIDUAL	00:59:47	00:59:32
1306	1542	LUIS CAMPOS	44	M4044	203	M			C MILLENNIUM BCP	00:59:47	00:59:47
1307	101	JORGE SANTOS	36	M3539	215	M			INDIVIDUAL	00:59:48	00:59:48
1308	1466	LIDIA LOPES	51	F4599	28	F			GD SANTANDER	00:59:49	00:58:44
1309	546	RICARDO SOUSA	34	M1834	273	M			CCD EFACEC LX	00:59:52	00:59:01
1310	1547	DAVID CONSTANTINO	54	M5054	129	M			CLUBE ANACOM	00:59:58	00:59:16
1311	1777	JOSE ALMEIDA	45	M4549	171	M			INDIVIDUAL	01:00:01	01:00:01
1312	1776	CARLA TEIXEIRA	35	F3544	46	F			INDIVIDUAL	01:00:03	01:00:03
1313	1743	PEDRO G CRUZ	18	M1834	274	M			INDIVIDUAL	01:00:04	00:58:33
1314	1539	NELSON GUIMARAES	65	M6099	96	M			C MILLENNIUM BCP	01:00:05	01:00:05
1315	1369	BART SCHOENMAKERS	44	M4044	204	M			GD INE	01:00:06	00:58:54
1316	1378	ELSA SOARES	38	F3544	47	F			GD INE	01:00:06	00:59:18
1317	218	ARTUR DINIS	55	M5559	118	M			INDIVIDUAL	01:00:10	00:59:09
1318	1155	RITA BRAVO	23	F1834	36	F			INDIVIDUAL	01:00:10	00:58:31
1319	1774	RUI GRILO	42	M4044	205	M			INDIVIDUAL	01:00:10	01:00:10
1320	952	MARIO SA	33	M1834	275	M			INDIVIDUAL	01:00:11	00:58:58
1321	953	LUIS FONSECA	46	M4549	172	M			INDIVIDUAL	01:00:11	01:00:11
1322	306	ANA M A H MARIA	40	F3544	48	F			INDIVIDUAL	01:00:13	01:00:13
1323	662	SANDRO E L LEITAO	24	M1834	276	M			INDIVIDUAL	01:00:13	00:59:47
1324	355	JOAO SOARES	30	M1834	277	M			DHL SPEED OF	01:00:14	00:59:43
1325	1780	TIAGO CASTANHEIRA	25	M1834	278	M			C CORR RES	01:00:14	00:58:47
1326	1505	MIGUEL SANTOS	51	M5054	130	M			C MILLENNIUM BCP	01:00:16	00:58:52
1327	504	MIGUEL PEREIRA	37	M3539	216	M			INDIVIDUAL	01:00:17	01:00:17
1328	336	JOAO C P S CARNEIRO	53	M5054	131	M			JOAO CARNEIRO	01:00:20	01:00:20
1329	1753	ANTONIO COSTA	62	M6099	97	M			INDIVIDUAL	01:00:21	00:59:25
1330	238	ERIN RENGSTORF	25	F1834	37	F			INDIVIDUAL	01:00:23	00:59:37
1331	966	JOSE A ANTUNES	57	M5559	119	M			INDIVIDUAL	01:00:23	00:58:46
1332	1351	JOAQUIM MELO	44	M4044	206	M			SS MONTEPIO	01:00:23	00:59:13
1333	1363	RITA GONÇALVES	37	F3544	49	F			SS MONTEPIO	01:00:23	00:59:11
1334	440	DORA FREE	39	F3544	50	F			FRUFRESH	01:00:25	01:00:25
1335	1217	JOAO MEIRA	26	M1834	279	M			MEIRA	01:00:29	00:59:57
1336	1218	PATRICIA GOMES	23	F1834	38	F			MEIRA	01:00:29	00:59:57
1337	1001	CARLOS NORTE	41	M4044	207	M			INDIVIDUAL	01:00:31	00:58:50
1338	94	Mª CEU VILAÇA	42	F3544	51	F			GRUPO S	01:00:33	00:58:52

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1339	347	MARIO CONSTANCI	38	M3539	217	M			AZEBEUS	01:00:34	00:59:19
1340	348	RICARDO DUARTE	30	M1834	280	M			AZEBEUS	01:00:34	00:59:19
1341	1356	MANUEL J NARCISO	48	M4549	173	M			SS MONTEPIO	01:00:36	01:00:36
1342	251	CLAUDIO SOUSA	34	M1834	281	M			MARRIOTT LISBOA	01:00:38	00:59:11
1343	438	JOSE C FIGUEIREDO	49	M4549	174	M			MARRIOTT LISBOA	01:00:38	01:00:38
1344	842	PEDRO BAPTISTA	32	M1834	282	M			CASA DIZIMA	01:00:38	01:00:23
1345	496	HENRIQUE VILHENA	56	M5559	120	M			INDIVIDUAL	01:00:39	01:00:39
1346	1667	JOSE ISIDORO	42	M4044	208	M			C PRAÇAS ARMADA	01:00:41	01:00:18
1347	30	LUIS SANTAREM	57	M5559	121	M			SS CGD	01:00:50	00:59:20
1348	1748	PEDRO NUNES	32	M1834	283	M			INDIVIDUAL	01:00:53	01:00:53
1349	834	JOSE GONÇALVES	61	M6099	98	M			CCDT AUT ALMADA	01:00:54	01:00:16
1350	688	RUI P BARBOSA	42	M4044	209	M			CLUBE VODAFONE	01:00:55	01:00:25
1351	748	JOAO M MORADIAS	43	M4044	210	M			VALADARES	01:00:55	01:00:55
1352	1108	JOAO VEIGA	63	M6099	99	M			INDIVIDUAL	01:00:55	00:59:36
1353	222	AMANDIO BUSCA	45	M4549	175	M			OS BUSCAS	01:00:56	01:00:56
1354	428	JOAO CONSTANCIO	66	M6099	100	M			CCDT METRO LX	01:00:56	00:59:42
1355	405	PEDRO TEIXEIRA	36	M3539	218	M			OS CORTA VENTOS	01:00:58	01:00:58
1356	111	JOSE C H CARDOSO	52	M5054	132	M			PENDURAS TORRE	01:01:02	01:01:02
1357	1249	NUNO M OLIVEIRA	30	M1834	284	M			C COLAB AXA	01:01:02	01:01:02
1358	1652	ANABELA MEIA VIA	44	F3544	52	F			CAMARA L CLUBE	01:01:03	01:00:27
1359	1626	JOSE FERNANDES	71	M6099	101	M			CR CRUZ PAU	01:01:04	01:00:08
1360	1631	ISIDORO AFONSO	43	M4044	211	M			CR CRUZ PAU	01:01:05	00:59:32
1361	95	JOAO PINTO	55	M5559	122	M			GRUPO S	01:01:06	00:59:27
1362	1532	JORGE COLAÇO	52	M5054	133	M			C MILLENNIUM BCP	01:01:06	01:01:06
1363	1235	LIDIA M S C RAMOS	39	F3544	53	F			INDIVIDUAL	01:01:08	01:00:47
1364	1236	CARLA S S C RAMOS	29	F1834	39	F			INDIVIDUAL	01:01:08	01:00:46
1365	1499	CARLOS ANDRADE	43	M4044	212	M			GD CHELAS	01:01:17	01:01:17
1366	1206	PAULO A DIAS	40	M4044	213	M			FUNDACAO JORGE	01:01:19	01:01:19
1367	458	LUIS JANUARIO	55	M5559	123	M			INDIVIDUAL	01:01:20	01:01:20
1368	1207	TIAGO SANTOS	29	M1834	285	M			FUNDACAO JORGE	01:01:20	01:01:20
1369	1179	ISABEL GUERRA	54	F4599	29	F			INDIVIDUAL	01:01:25	00:59:39
1370	901	MANUELA BARRETO	41	F3544	54	F			FALCOES	01:01:26	01:01:26
1371	909	VANDA JESUS	41	F3544	55	F			FALCOES	01:01:26	01:01:26
1372	1042	CARLA M D MENDES	36	F3544	56	F			INDIVIDUAL	01:01:26	01:00:51
1373	1689	JOSE ABREU	64	M6099	102	M			GD IN CASA MOEDA	01:01:31	01:01:31
1374	1384	JOAO D FRIAS	58	M5559	124	M			GD INE	01:01:33	01:00:52
1375	865	NUNO MARQUES	42	M4044	214	M			SEMPRE EM FESTA	01:01:36	01:00:25
1376	519	MARIO R P VALERIO	47	M4549	176	M			INDIVIDUAL	01:01:44	01:01:11
1377	1614	JOAQUIM CORREIA	51	M5054	134	M			SL CAMPOLIDE	01:01:47	01:00:46
1378	715	LUIS SILVA	47	M4549	177	M			INDIVIDUAL	01:01:52	01:00:25
1379	716	AMELIA JOAQUIM	46	F4599	30	F			INDIVIDUAL	01:01:52	01:00:26
1380	920	PATRICIA SANTOS	41	F3544	57	F			CLUBE GRUPO BES	01:01:53	01:01:53

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1381	282	LILIA NEVES	26	F1834	40	F			CONTA-QUILOMETR	01:01:54	01:00:56
1382	916	ISMAEL TEIXEIRA	38	M3539	219	M			CLUBE GRUPO BES	01:02:00	01:02:00
1383	1550	PAULO PERES	47	M4549	178	M			CLUBE ANACOM	01:02:02	01:01:14
1384	371	ANTONIO DOMINGOS	65	M6099	103	M			INDIVIDUAL	01:02:03	01:00:53
1385	795	BEATRIZ R FIGUEIREDO	36	F3544	58	F			INDIVIDUAL	01:02:06	01:02:06
1386	1476	LUIS SILVA	70	M6099	104	M			GD SANTANDER	01:02:06	01:01:31
1387	145	MARIO GONÇALVES	65	M6099	105	M			CA AMIGOS PARQUE	01:02:08	01:02:08
1388	1285	ARQUIMINIO NUNES	57	M5559	125	M			INDIVIDUAL	01:02:08	01:00:59
1389	1259	LUIS G CALDEIRA	41	M4044	215	M			INDIVIDUAL	01:02:10	01:01:42
1390	1693	VITOR CARDOSO	35	M3539	220	M			GD IN CASA MOEDA	01:02:10	01:02:10
1391	338	CELIA A F DIAS	40	F3544	59	F			JOAO CARNEIRO	01:02:11	01:02:11
1392	880	PEDRO FERROS	41	M4044	216	M			CLUBE BOLINHA	01:02:14	01:00:40
1393	221	PEDRO SEQUEIRA	33	M1834	286	M			OS BUSCAS	01:02:15	01:00:58
1394	293	HELENA TELINO	33	F1834	41	F			RUN 4 FUN	01:02:17	01:01:09
1395	905	RUI OLIVEIRA	49	M4549	179	M			FALCOES	01:02:20	01:01:42
1396	1177	MANUEL MAGALHAES	70	M6099	106	M			AMIGOS PARA	01:02:21	01:02:21
1397	16	CLAUDIA LOURENÇO	41	F3544	60	F			SS CGD	01:02:23	01:01:48
1398	824	IVAN M COSTA	26	M1834	287	M			INDIVIDUAL	01:02:23	01:02:23
1399	823	DOMINGAS MONICA	54	F4599	31	F			INDIVIDUAL	01:02:24	01:02:24
1400	45	PATRICIA MORAIS	36	F3544	61	F			SS CGD	01:02:25	01:01:25
1401	698	PEDRO VENTURA	36	M3539	221	M			CCD TRANQUILIDADE	01:02:25	01:01:34
1402	76	LUISA FOLGADO	60	F4599	32	F			SPORTISEL	01:02:27	01:02:27
1403	25	JOANA GABRIEL	51	F4599	33	F			SS CGD	01:02:28	01:01:53
1404	75	LUCIANO ASSUNÇÃO	67	M6099	107	M			SPORTISEL	01:02:28	01:02:28
1405	1298	ISABEL MENDES	31	F1834	42	F			INDIVIDUAL	01:02:31	01:00:52
1406	735	JORGE CEREJEIRA	45	M4549	180	M			KLENTOS	01:02:34	01:01:24
1407	818	MARCELO CARDOSO	43	M4044	217	M			GDCT UNICRE	01:02:34	01:01:39
1408	885	ANA M GUIMARAES	55	F4599	34	F			C COLAB AXA	01:02:34	01:02:10
1409	220	LUIS GARÇAO	45	M4549	181	M			OS BUSCAS	01:02:35	01:02:35
1410	888	JOAO P PINTO	44	M4044	218	M			C COLAB AXA	01:02:35	01:02:12
1411	1044	HELENA M SILVA	50	F4599	35	F			GD CIMPOR	01:02:38	01:01:54
1412	955	FATIMA FERNANDES	51	F4599	36	F			GD CIMPOR	01:02:39	01:01:55
1413	726	INES ARRENEGA	37	F3544	62	F			INDIVIDUAL	01:02:43	01:02:43
1414	1229	RICARDO SOUSA	41	M4044	219	M			INDIVIDUAL	01:02:44	01:01:03
1415	1760	MANUEL AUGUSTO	74	M6099	108	M			OURIV ESP SANTO	01:02:45	01:00:59
1416	269	JOSE RODRIGUES	60	M6099	109	M			CLUBE ROBBIALAC	01:02:50	01:02:50
1417	1465	JOSE SIMOES	64	M6099	110	M			GD SANTANDER	01:02:52	01:01:24
1418	712	RUI FREIXO	27	M1834	288	M			INDIVIDUAL	01:02:55	01:01:47
1419	1752	ANA C G FREIXO	31	F1834	43	F			INDIVIDUAL	01:02:55	01:01:46
1420	1158	ANTONIO C NOVAS	34	M1834	289	M			INDIVIDUAL	01:02:57	01:02:00
1421	861	JOAO SIMOES	49	M4549	182	M			APOGMA	01:02:58	01:02:40
1422	964	PAULO LOUREIRO	41	M4044	220	M			INDIVIDUAL	01:03:03	01:02:01

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1423	707	MARTA VEIGA	36	F3544	63	F			DERRETEBANHA	01:03:05	01:01:59
1424	708	Mª JOAO REGALO	39	F3544	64	F			DERRETEBANHA	01:03:05	01:02:00
1425	1162	PEDRO M LIMA	52	M5054	135	M			FAMILIA LIMA	01:03:07	01:02:44
1426	1216	Mª JOAO F SIMOES	44	F3544	65	F			INDIVIDUAL	01:03:09	01:02:06
1427	987	MIGUEL BANHA	38	M3539	222	M			INDIVIDUAL	01:03:10	01:01:26
1428	1688	ANTONIO NASCIMENTO	72	M6099	111	M			GD IN CASA MOEDA	01:03:14	01:02:30
1429	912	ANDRE ARAUJO	26	M1834	290	M			CLUBE GRUPO BES	01:03:15	01:03:15
1430	1152	ANA ALPALHAO	39	F3544	66	F			ALPALHAO	01:03:23	01:02:17
1431	7	JOAO SIMOES	64	M6099	112	M			N SPORTINGUISTA C	01:03:26	01:01:57
1432	8	ANTONIO CASTANERA	41	M4044	221	M			N SPORTINGUISTA C	01:03:26	01:01:57
1433	883	PAULO GODINHO	45	M4549	183	M			GD BANCO BPI	01:03:27	01:02:23
1434	1708	PAULA RESENDE	38	F3544	67	F			ODEBRECHT BPC	01:03:27	01:02:49
1435	1046	REINALDO PEREIRA	49	M4549	184	M			INDIVIDUAL	01:03:30	01:02:08
1436	1711	LUIS M SANTOS	56	M5559	126	M			ODEBRECHT BPC	01:03:30	01:02:56
1437	1416	LUCIA TAVARES	32	F1834	44	F			AÇOREANA C BANIF	01:03:31	01:02:19
1438	1435	LUIS NEVES	39	M3539	223	M			AÇOREANA C BANIF	01:03:31	01:02:20
1439	906	CARLOS MORAIS	41	M4044	222	M			FALCOES	01:03:32	01:02:56
1440	1395	NUNO M CORREIA	46	M4549	185	M			GD INE	01:03:37	01:02:01
1441	1389	LEONTINA OLIVEIRA	45	F4599	37	F			GD INE	01:03:38	01:02:02
1442	378	JOAO P ALMEIDA	45	M4549	186	M			INDIVIDUAL	01:03:40	01:03:20
1443	623	CARLOS TEIXEIRA	32	M1834	291	M			INDIVIDUAL	01:03:46	01:03:46
1444	618	JORGE LOPES	28	M1834	292	M			GD INE	01:03:47	01:03:47
1445	815	PAULO FRANÇA	50	M5054	136	M			GDCT UNICRE	01:03:47	01:03:47
1446	1749	RICARDO MACHADO	38	M3539	224	M			INDIVIDUAL	01:03:49	01:03:49
1447	1269	FERNANDA MORAIS	32	F1834	45	F			RUN 4 FUN	01:03:55	01:02:48
1448	168	JOSE M SIMOES	57	M5559	127	M			GEORUNNERS	01:03:56	01:03:39
1449	1154	DANIEL BAETA	62	M6099	113	M			INDIVIDUAL	01:03:59	01:02:19
1450	1572	MADALENA RIBAS	57	F4599	38	F			FCR ROSSAO	01:04:04	01:04:04
1451	213	KATE PEARSON	28	F1834	46	F			RUNBEANRUN	01:04:06	01:02:44
1452	41	RUI OLIVEIRA	46	M4549	187	M			SS CGD	01:04:07	01:03:34
1453	1178	RUI M EUSEBIO	66	M6099	114	M			INDIVIDUAL	01:04:12	01:02:24
1454	660	JOANA P M PINTO	24	F1834	47	F			INDIVIDUAL	01:04:24	01:03:54
1455	1058	MARTA CORREIA	20	F1834	48	F			AFRS ATLETISMO	01:04:24	01:02:55
1456	1204	CARLA CARVALHO	41	F3544	68	F			INDIVIDUAL	01:04:24	01:03:57
1457	1257	JOAQUIM ALVES	60	M6099	115	M			CCD O ALVITEJO	01:04:24	01:04:24
1458	411	RUI ALEXANDRE	33	M1834	293	M			INDIVIDUAL	01:04:26	01:04:26
1459	1114	VERONICA SIMOES	35	F3544	69	F			DREAM TEAM	01:04:31	01:03:33
1460	1193	BRUNO MARQUES	31	M1834	294	M			SQUADRA RUNNING	01:04:31	01:03:20
1461	1117	NUNO SILVESTRE	42	M4044	223	M			DREAM TEAM	01:04:33	01:03:31
1462	1312	ANTONIO MOURA	56	M5559	128	M			CA VALE FIGUEIRA	01:04:33	01:03:38
1463	1316	CLARA MINA	52	F4599	39	F			CA VALE FIGUEIRA	01:04:33	01:03:41
1464	1317	TERESA BRITO	63	F4599	40	F			CA VALE FIGUEIRA	01:04:34	01:04:34

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1465	237	JORDI LLORENS	34	M1834	295	M			INDIVIDUAL	01:04:37	01:02:58
1466	1528	HUMBERTO FERREIRA	66	M6099	116	M			C MILLENNIUM BCP	01:04:38	01:03:14
1467	1481	ANTONIO PEREIRA	64	M6099	117	M			A SACAVENENSE	01:04:41	01:04:41
1468	1003	JOAQUIM PEREIRA	73	M6099	118	M			AA LEBRES SADO	01:04:52	01:04:29
1469	1426	IDALINA MADEIRA	52	F4599	41	F			AÇOREANA C BANIF	01:04:56	01:03:56
1470	1198	PAULO MORAIS	39	M3539	225	M			PAPA TRILHOS RT	01:04:58	01:04:11
1471	1345	ANA PAIXAO	41	F3544	70	F			SS MONTEPIO	01:05:00	01:03:49
1472	805	PAULA C P SANTOS	43	F3544	71	F			INDIVIDUAL	01:05:02	01:03:14
1473	27	JOAQUIM LAVADO	59	M5559	129	M			SS CGD	01:05:06	01:03:52
1474	1199	VCARLOS BAPTISTA	48	M4549	188	M			PAPA TRILHOS RT	01:05:07	01:04:17
1475	367	RUTE CASIMIRO	36	F3544	72	F			INDIVIDUAL	01:05:14	01:05:14
1476	369	AGAPITO BELGA	62	M6099	119	M			CA AMIGOS PARQUE	01:05:15	01:05:15
1477	914	CATIA ANASTACIO	30	F1834	49	F			CLUBE GRUPO BES	01:05:15	01:05:15
1478	1168	SILVIA M N C SILVA	36	F3544	73	F			INDIVIDUAL	01:05:15	01:04:31
1479	1284	JOSE TOMAS	60	M6099	120	M			INDIVIDUAL	01:05:19	01:03:36
1480	129	PEDRO SEVERINO	23	M1834	296	M			INDIVIDUAL	01:05:24	01:05:24
1481	432	MANUEL DANTAS	66	M6099	121	M			CCDT METRO LX	01:05:27	01:04:19
1482	444	PAULO J O FIGUEIREDO	30	M1834	297	M			OS LEOES	01:05:32	01:04:09
1483	778	JOSE MAGALHAES	51	M5054	137	M			GD BANCO BPI	01:05:32	01:04:28
1484	996	LUIZA FREITAS	31	F1834	50	F			CLUBE HERMES	01:05:33	01:05:15
1485	896	ALEXANDRA INACIO	39	F3544	74	F			CLUBE HERMES	01:05:34	01:05:34
1486	1161	PATRICIA PEREIRA	31	F1834	51	F			CLUBE HERMES	01:05:34	01:05:34
1487	177	LURDES ALVES	56	F4599	42	F			INDIVIDUAL	01:05:43	01:04:11
1488	990	PATRICIA FERNANDES	34	F1834	52	F			POWER RANGERS	01:05:44	01:05:44
1489	1140	MARTINHO ROQUE	44	M4044	224	M			INDIVIDUAL	01:05:45	01:05:45
1490	1624	MANUEL TEIXEIRA	69	M6099	122	M			CR CRUZ PAU	01:05:45	01:04:26
1491	61	RICARDO NICOLAU	31	M1834	298	M			A VALE SILENCIO	01:05:46	01:05:46
1492	1022	LUIZA CAROÇO	53	F4599	43	F			AA LEBRES SADO	01:05:46	01:05:21
1493	836	MARIA BARROSO	49	F4599	44	F			CCDT AUT ALMADA	01:05:56	01:05:56
1494	915	FERNANDO FILIPE	44	M4044	225	M			CLUBE GRUPO BES	01:05:57	01:05:39
1495	754	MANUEL AFONSO	60	M6099	123	M			METAVISTA	01:06:00	01:05:59
1496	1321	ELISABETH LOUREIRO	56	F4599	45	F			SC CASAINHOS	01:06:06	01:04:48
1497	184	CARLOS MACHADO	36	M3539	226	M			INDIVIDUAL	01:06:09	01:04:22
1498	783	BRUNO R C ALMEIDA	30	M1834	299	M			AB	01:06:09	01:04:24
1499	183	JORGE F FERREIRA	57	M5559	130	M			INDIVIDUAL	01:06:10	01:04:24
1500	1695	RITA LOPES	32	F1834	53	F			GD IN CASA MOEDA	01:06:11	01:06:11
1501	545	MANUEL GOMES	67	M6099	124	M			CCD EFACEC LX	01:06:12	01:05:23
1502	554	FRANCISCO FERREIRA	58	M5559	131	M			CCD EFACEC LX	01:06:13	01:05:00
1503	1705	ANTONIO F ALVES	57	M5559	132	M			ODEBRECHT BPC	01:06:14	01:05:10
1504	935	CINTIA MOREIRA	33	F1834	54	F			VORTALRUNNERS	01:06:21	01:05:40
1505	936	BRUNO ARAGAO	31	M1834	300	M			VORTALRUNNERS	01:06:21	01:05:39
1506	937	RITA ARAGAO	29	F1834	55	F			VORTALRUNNERS	01:06:21	01:05:41

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1507	1663	JOAO GRAÇA	73	M6099	125	M			CLUBE AUTOCOOPE	01:06:22	01:04:39
1508	141	CESAR F GUERRA	43	M4044	226	M			CTJ	01:06:23	01:04:49
1509	1146	CLAUDIA P C BERNARDO	26	F1834	56	F			OS CORTA VENTOS	01:06:25	01:05:23
1510	1335	MARIO SILVA	51	M5054	138	M			TEJAVISTA	01:06:34	01:06:34
1511	1329	PEDRO DELGADO	64	M6099	126	M			TEJAVISTA	01:06:35	01:04:59
1512	31	MANUEL BRAS	45	M4549	189	M			SS CGD	01:06:38	01:05:41
1513	386	ISABEL MATELA	43	F3544	75	F			FRUFRESH	01:06:51	01:06:51
1514	1210	DELIA CONCHA	45	F4599	46	F			INDIVIDUAL	01:06:52	01:05:08
1515	960	RUI MARINHO	55	M5559	133	M			POGIBONZI	01:06:54	01:05:15
1516	1687	ANTONIO GASPAR	69	M6099	127	M			GD IN CASA MOEDA	01:06:54	01:06:54
1517	143	JOSE M S S MARTINS	55	M5559	134	M			CTJ	01:06:57	01:05:20
1518	447	ANA ALMEIDA	35	F3544	76	F			SPORTINGS DE	01:06:57	01:06:16
1519	1589	RICARDO CARVALHO	32	M1834	301	M			LPD	01:06:57	01:05:13
1520	442	ANA CARDOSO	28	F1834	57	F			INDIVIDUAL	01:06:59	01:06:34
1521	658	DAVID M PAIS	28	M1834	302	M			INDIVIDUAL	01:07:01	01:06:33
1522	1091	NATALIA LOPES	57	F4599	47	F			INDIVIDUAL	01:07:05	01:06:38
1523	426	FERNANDO C FERNANDES	60	M6099	128	M			CCDT METRO LX	01:07:06	01:05:31
1524	782	ANA C R S MONTEIRO	25	F1834	58	F			AB	01:07:07	01:05:20
1525	429	JOAO BARBOSA	52	M5054	139	M			CCDT METRO LX	01:07:09	01:05:34
1526	659	GABRIEL J M MATEUS	34	M1834	303	M			INDIVIDUAL	01:07:10	01:07:10
1527	407	ANTONIO NUNES	56	M5559	135	M			OS CORTA VENTOS	01:07:15	01:06:17
1528	117	CATARINA FIGUEIRA	34	F1834	59	F			AMIGOS 4 RUN	01:07:22	01:06:50
1529	119	PAULO PAIXAO	38	M3539	227	M			AMIGOS 4 RUN	01:07:22	01:07:22
1530	528	MARCO ROSA	36	M3539	228	M			INDIVIDUAL	01:07:23	01:06:13
1531	882	CRISTINA AFONSO	33	F1834	60	F			INDIVIDUAL	01:07:32	01:06:28
1532	1174	ISABEL V CARMO	47	F4599	48	F			INDIVIDUAL	01:07:40	01:07:12
1533	791	PAULO PEREIRA	47	M4549	190	M			ACADEMIA KORPO	01:07:45	01:07:45
1534	787	PAULA SOARES	27	F1834	61	F			ACADEMIA KORPO	01:07:46	01:07:46
1535	1172	PAULA V NUNES	38	F3544	77	F			INDIVIDUAL	01:07:52	01:07:52
1536	1173	PEDRO NUNES	40	M4044	227	M			INDIVIDUAL	01:07:52	01:07:52
1537	1771	RICARDO CAPOTE	27	M1834	304	M			INDIVIDUAL	01:07:53	01:07:16
1538	404	ANTONIO SILVA	36	M3539	229	M			OS CORTA VENTOS	01:08:00	01:08:00
1539	1336	MARIA PALMA	46	F4599	49	F			TEJAVISTA	01:08:01	01:06:27
1540	1706	FABIO JANUARIO	41	M4044	228	M			ODEBRECHT BPC	01:08:03	01:08:03
1541	1707	Mª FERNANDA MEIA VIA	52	F4599	50	F			ODEBRECHT BPC	01:08:03	01:07:25
1542	1580	SANDRA LETRAS	28	M1834	305	M			ODEBRECHT BPC	01:08:11	01:06:55
1543	1709	ANA LUISA	32	F1834	62	F			ODEBRECHT BPC	01:08:16	01:06:59
1544	1337	ISAURA ATANASIO	60	F4599	51	F			TEJAVISTA	01:08:18	01:08:18
1545	1267	NUNO SILVA	30	M1834	306	M			SQUADRA RUNNING	01:08:30	01:08:30
1546	732	RITA SANTOS	39	F3544	78	F			INDIVIDUAL	01:08:32	01:08:32
1547	1201	CUSTODIO BRAVO	51	M5054	140	M			INDIVIDUAL	01:08:32	01:08:32
1548	270	MARIO RUI	55	M5559	136	M			CLUBE ROBBIALAC	01:08:33	01:08:09

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1549	1577	NATALIA LIMA	64	F4599	52	F			CCD SEG SOCIAL LX	01:08:38	01:07:10
1550	547	MIGUEL SOUSA	35	M3539	230	M			CCD EFACEC LX	01:08:39	01:07:57
1551	248	RUI ALMEIDA	42	M4044	229	M			MARRIOTT LISBOA	01:08:49	01:08:49
1552	98	Mª CARMO ANJOS	66	F4599	53	F			JF PORTELA	01:09:01	01:08:07
1553	876	CARINA AMARAL	32	F1834	63	F			CLUBE BOLINHA	01:09:04	01:07:32
1554	878	CORALIE CHODOZOWSKI	35	F3544	79	F			CLUBE BOLINHA	01:09:04	01:07:32
1555	877	CARLOS MACHADO	46	M4549	191	M			CLUBE BOLINHA	01:09:08	01:07:38
1556	665	CARLA SIMOES	38	F3544	80	F			INDIVIDUAL	01:09:26	01:07:56
1557	157	MARIO PIRES	53	M5054	141	M			INDIVIDUAL	01:09:32	01:09:32
1558	406	DANIEL TEIXEIRA	26	M1834	307	M			OS CORTA VENTOS	01:09:32	01:09:32
1559	664	INES AZEVEDO	24	F1834	64	F			INDIVIDUAL	01:10:05	01:08:23
1560	1145	JOSE A P PAIS	29	M1834	308	M			OS CORTA VENTOS	01:10:05	01:09:04
1561	115	ANA M BAPTISTA	38	F3544	81	F			AMIGOS 4 RUN	01:10:08	01:09:35
1562	1700	PAULO SILVA	40	M4044	230	M			ODEBRECHT BPC	01:10:29	01:09:49
1563	242	EDUARDO AMORIM	41	M4044	231	M			INDIVIDUAL	01:10:30	01:10:30
1564	1477	MARIA GERTRUDES	64	F4599	54	F			GD SANTANDER	01:10:47	01:10:47
1565	316	ANA AZEVEDO	34	F1834	65	F			INDIVIDUAL	01:10:51	01:09:54
1566	981	ANABELA A G T MATIAS	43	F3544	82	F			TZ S RUNNING GYM	01:10:58	01:09:17
1567	1191	ANTONIO CEREJO	38	M3539	231	M			INDIVIDUAL	01:11:18	01:10:19
1568	1779	MARCO CASTANHEIRA	35	M3539	232	M			C CORR RES	01:11:25	01:09:57
1569	864	JAIME PALMA	68	M6099	129	M			SEMPRE EM FESTA	01:11:26	01:10:15
1570	1081	PATRICIA TEIXEIRA	35	F3544	83	F			INDIVIDUAL	01:11:53	01:10:23
1571	1452	DANIEL SIMOES	39	M3539	233	M			GD SANTANDER	01:11:54	01:11:54
1572	1163	SOFIA P LIMA	26	F1834	66	F			FAMILIA LIMA	01:11:59	01:11:36
1573	597	MANUEL TAVARES	54	M5054	142	M			CCD CASA PIA	01:12:11	01:12:11
1574	598	CECILIA TAVARES	46	F4599	55	F			CCD CASA PIA	01:12:12	01:10:28
1575	592	RAQUEL L M MAGALHAES	33	F1834	67	F			INDIVIDUAL	01:12:48	01:11:57
1576	593	PEDRO F A TOME	35	M3539	234	M			INDIVIDUAL	01:12:48	01:12:48
1577	113	SHEILA CANTIGA	34	F1834	68	F			AMIGOS 4 RUN	01:12:53	01:12:20
1578	1291	PAULO GOMES	43	M4044	232	M				01:13:06	01:12:04
1579	600	PATRICIA R L CORREIA	35	F3544	84	F			3 PARA A MEIA	01:14:00	01:14:00
1580	601	Mª MANUELA V SANTOS	31	F1834	69	F			3 PARA A MEIA	01:14:00	01:13:09
1581	1245	VANDA SEQUEIRA	40	F3544	85	F			C COLAB AXA	01:14:45	01:14:12
1582	116	SOLANGE FIGUEIRA	33	F1834	70	F			AMIGOS 4 RUN	01:15:38	01:15:05
1583	122	CLAUDIA ROSA	38	F3544	86	F			AMIGOS 4 RUN	01:15:38	01:15:05
1584	121	RICARDO TEIXEIRA	34	M1834	309	M			AMIGOS 4 RUN	01:15:39	01:15:39
1585	262	JOEL F R C J CARVALHO	55	M5559	137	M			INDIVIDUAL	01:15:45	01:15:45
1586	1247	BRUNO BALTAZAR	37	M3539	235	M			C COLAB AXA	01:15:58	01:14:33
1587	609	SARA GOMES	35	F3544	87	F			CLUBE BOLINHA	01:16:03	01:15:13
1588	210	ANA C M PAULO	42	F3544	88	F			INDIVIDUAL	01:16:10	01:15:42
1589	427	GUALDINO FREIRE	67	M6099	130	M			CCDT METRO LX	01:16:14	01:14:39
1590	34	MARIO PEREIRA	37	M3539	236	M			SS CGD	01:16:24	01:15:18

Coloc.	Num.	Atleta	Id.	Fx.Et.	Cl.Fx.E	Sx.	C.	SC	Equipe	Tempo	Líquido
1591	804	CATIA EUGENIO	32	F1834	71	F			INDIVIDUAL	01:16:43	01:15:20
1592	1115	ISABEL GOMES	43	F3544	89	F			DREAM TEAM	01:16:43	01:16:43
1593	397	JOSE R BRAS	20	M1834	310	M			AMIGOS ESTRELA	01:17:00	01:17:00
1594	661	LEONEL C P RIBEIRO	31	M1834	311	M			INDIVIDUAL	01:17:28	01:17:00
1595	1531	JOSE ARRUDA	63	M6099	131	M			C MILLENNIUM BCP	01:17:33	01:16:07
1596	1530	FOCK CHIU	62	F4599	56	F			C MILLENNIUM BCP	01:17:41	01:17:41
1597	379	Mª ROSARIO C RODRIGUES	47	F4599	57	F			RUN 4 FUN	01:18:06	01:16:58
1598	163	MARGARIDA A FONSECA	57	F4599	58	F			CA AMIGOS PARQUE	01:18:39	01:18:39
1599	1082	EDRICI MOREIRA	36	M3539	237	M			INDIVIDUAL	01:19:01	01:19:01
1600	1342	MARIO MORNA	55	M5559	138	M			SS MONTEPIO	01:19:36	01:19:12
1601	954	CLAUDIA ANDRÉ	36	F3544	90	F			INDIVIDUAL	01:19:59	01:18:39
1602	1102	DANIEL BASTOS	46	M4549	192	M			GD CIMPOR	01:20:55	01:19:31
1603	543	ADELINO CASTRO	60	M6099	132	M			CCD EFACEC LX	01:21:28	01:20:35
1604	697	MARIA VILHENA	34	F1834	72	F			CCD TRANQUILIDADE	01:21:49	01:20:57
1605	1258	HUGO LOUSADA	40	M4044	233	M			INDIVIDUAL	01:21:49	01:21:49
1606	858	INACIO GONÇALVES	61	M6099	133	M			PATO AZUL	01:22:44	01:22:44
1607	859	ROSINDA GONÇALVES	58	F4599	59	F			PATO AZUL	01:22:45	01:22:45
1608	1728	JORGE BARREIRA	52	M5054	143	M			INDIVIDUAL	01:22:58	01:22:55
1609	1103	ARMANDO SILVA	43	M4044	234	M			GD CIMPOR	01:23:14	01:21:49
1610	1281	CASSIO BARBOSA	51	M5054	144	M			GD CIMPOR	01:23:15	01:21:51
1611	699	MARTA MOREIRA	23	F1834	73	F			CCD TRANQUILIDADE	01:24:33	01:23:41
1612	1344	ALEXANDRA RIBEIRO	39	F3544	91	F			SS MONTEPIO	01:26:46	01:25:03
1613	1549	LARA CONSTANTINO	20	F1834	74	F			CLUBE ANACOM	01:26:48	01:26:03
1614	1710	VERA SILVA	53	F4599	60	F			ODEBRECHT BPC	01:26:54	01:26:54
1615	1548	INES CONSTANTINO	20	F1834	75	F			CLUBE ANACOM	01:27:00	01:26:19