

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
2	1	1	RUI PINTO	SPORT LISBOA BENFICA	M	27	30:58:00	MSEN
10	2	2	LICINIO PIMENTEL	SPORTING CLUBE PORTU	M	39	31:03:00	MSEN
7	3	3	TIAGO COSTA	SPORT LISBOA BENFICA	M	27	31:12:00	MSEN
6	4	4	BRUNO SILVA	AGUIAS DE ALVELOS	M	27	31:38:00	MSEN
3	5	5	EMANUEL ROLIM	SPORT LISBOA BENFICA	M	27	31:46:00	MSEN
29	6	6	RUI MUGA	CLUBE ACADEMICO MOGA	M	33	32:14:00	MSEN
15	7	7	ANTONIO ROCHA		M	25	32:24:00	MSEN
158	8	8	DANIEL PINHEIRO	MAIA A.C.	M	27	32:24:00	MSEN
154	9	1	ANTONIO FERNANDES	ACR VALE DE CAMBRA	M	50	32:52:00	M50
22	10	9	OSVALDO BARROS	CCR . PRAIA DE MIRA	M	22	33:11:00	MSEN
173	11	10	PAULO MORAIS	AGUIAS DA MISERICORD	M	34	33:29:00	MSEN
342	12	11	BRUNO CARVALHO		M	33	33:29:00	MSEN
4	13	12	ANDRE SILVA	AGUIAS DE ALVELOS	M	27	33:48:00	MSEN
215	14	1	ARTUR RODRIGUES	G.D.C.GUILHOVAI	M	42	33:49:00	M40
341	15	2	ABILIO COSTA	C. D. S. SALVADOR DO	M	52	34:50:00	M50
165	16	2	VASCO BATISTA	AGUIAS DE ALVELOS	M	42	34:51:00	M40
235	17	3	FERNANDO GRILO	SIRA SOC INSTRUCAO	M	41	35:02:00	M40
23	18	13	ALEXSANDRO VARELA	CCR . PRAIA DE MIRA	M	30	35:15:00	MSEN
94	19	4	JOAO VILELA	GD AIRAO CURVIA	M	47	35:34:00	M40
214	20	14	FILIFE ROCHA	DCI/CCDRP	M	31	35:42:00	MSEN
1	21	1	SARA RIBEIRO		F	27	35:53:00	FSEN
345	22	15	FRANCISCO RODRIGUES	S.C.BRAGA	M	22	35:53:00	MSEN
8	23	16	JOSE MOREIRA	SPORTING CLUBE PORTU	M	37	35:53:00	MSEN
9	24	17	FERNANDO SERRAO	SPORTING CLUBE PORTU	M	27	35:54:00	MSEN
20	25	18	HUGO ALMEIDA	SPORTING CLUBE PORTU	M	27	35:54:00	MSEN
210	26	3	AUGUSTO ANTUNES	ASSOCIACAO RECREATIV	M	53	36:04:00	M50
26	27	2	ERCILIA MACHADO	SPORTING CLUBE PORTU	F	27	36:11:00	FSEN
250	28	5	RUI VELOSO	C. D. S. SALVADOR DO	M	42	36:38:00	M40
132	29	4	BELMIRO RODRIGUES	C.F.OLIVEIRA DOURO	M	54	36:46:00	M50
155	30	6	JOSE COSTA	ACR VALE DE CAMBRA	M	45	36:46:00	M40
255	31	5	ADELINO FERNANDES	CYCLONES SANITOP	M	53	36:59:00	M50
237	32	6	MANUEL GOMES	C. D. S. SALVADOR DO	M	52	37:04:00	M50
164	33	7	ANTONIO PINTO	ACR VALE DE CAMBRA	M	50	37:06:00	M50
114	34	7	J.PEIXE	VITORIA SPORT CLUBE	M	43	37:16:00	M40
153	35	3	CLAUDIA PEREIRA	GFD RUNNING	F	39	37:22:00	FSEN
175	36	8	JOAO NEIVA	AGUIAS DA MISERICORD	M	50	37:26:00	M50
76	37	1	CASIMIRO GALHARDO	CCBTCARCABELOS	M	62	37:33:00	M60
126	38	2	JOSE FERREIRA	MOVIMENTO DE JUVENTU	M	61	37:48:00	M60
24	39	4	SILVANA DIAS	SPORT LISBOA BENFICA	F	27	37:52:00	FSEN
166	40	19	FILIFE CUNHA	AGUIAS DE ALVELOS	M	27	37:53:00	MSEN
190	41	20	PAULO FONTAO	N.A.TAIPAS	M	20	38:13:00	MSEN
189	42	1	TIAGO PINHEIRO	N.A.TAIPAS	M	18	38:13:00	MJUN
117	43	8	CARLOS RIBEIRO	CAVE	M	47	38:26:00	M40
95	44	9	JOSE ALVES	GD AIRAO CURVIA	M	52	38:35:00	M50
18	45	5	SUSANA GODINHO	SPORTING CLUBE PORTU	F	27	38:40:00	FSEN
152	46	21	ANDRE PEREIRA	SPORT LISBOA BENFICA	M	27	38:41:00	MSEN
236	47	10	JOSE MARTINS	SIRA SOC INSTRUCAO	M	50	38:41:00	M50
12	48	22	HELDER SANTOS	SPORTING CLUBE PORTU	M	27	38:44:00	MSEN
19	49	6	FILOMENA COSTA	ACD JARDIM DA SERRA	F	32	38:45:00	FSEN
113	50	11	FRANCISCO NOVAIS	VITORIA SPORT CLUBE	M	53	38:45:00	M50
161	51	23	OSCAR MENDES	LIBERDADE F.C.	M	36	38:46:00	MSEN
31	52	24	RUI ALVES	TRAIL ME	M	32	38:54:00	MSEN
249	53	12	AGOSTINHO COSTA	C. D. S. SALVADOR DO	M	51	38:56:00	M50
253	54	25	ANDRE MACHADO		M	26	38:58:00	MSEN
74	55	3	MANUEL DOURADO	CCBTCARCABELOS	M	61	39:00:00	M60
58	56	26	MIGUEL TINOCO		M	26	39:10:00	MSEN
98	57	9	PAULO MATOS	GULBENKIAN	M	46	39:11:00	M40
28	58	7	DIANA ALMEIDA	SPORTING CLUBE PORTU	F	27	39:12:00	FSEN
129	59	10	JOSE ANDRADE	MOVIMENTO DE JUVENTU	M	49	39:17:00	M40
75	60	4	JOSE CORVAL	CCBTCARCABELOS	M	60	39:25:00	M60
174	61	11	JOAO CAPA	AGUIAS DA MISERICORD	M	42	39:34:00	M40
89	62	5	HILARIO GARIM	ACRRORIZ	M	61	39:36:00	M60
119	63	12	JOSE LOPES	AGUIAS DE ALVELOS	M	41	39:43:00	M40
163	64	13	JOSE GRACA	ACR VALE DE CAMBRA	M	55	39:47:00	M50
157	65	27	HENRIQUE PIRES	AGUIAS DE ALVELOS	M	27	39:55:00	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
96	66	2	MIGUEL MIRANDA	AGUIAS DE ALVELOS	M	18	40:00:00	MJUN
5	67	8	MARA COSTA	AGUIAS DE ALVELOS	F	27	40:01:00	FSEN
248	68	28	HELDER RODRIGUES	ADECA	M	37	40:02:00	MSEN
56	69	13	LUIS RIBEIRO		M	41	40:02:00	M40
171	70	14	JOAQUIM FERREIRA	AGUIAS DA MISERICORD	M	46	40:38:00	M40
239	71	15	DOMINGOS VALE	BARCELOS RUNNERS	M	43	40:45:00	M40
87	72	14	MANUEL MIRANDA	ACRRORIZ	M	55	40:48:00	M50
182	73	9	TERESA COSTA	CLUBE ACD JARDIM DA	F	35	40:59:00	FSEN
146	74	15	FERNANDO SILVA	CENTRO DESPORTIVO E	M	52	40:59:00	M50
72	75	16	ADAO MENDES	AMIGOS DA CORRIDA	M	43	41:00:00	M40
162	76	10	ROSA SOARES	U.D.VARZEA	F	27	41:08:00	FSEN
83	77	17	JULIO FERNANDES	ASSOCIACAO DESPORTIV	M	45	41:15:00	M40
88	78	16	JOAQUIM RODRIGUES	ACRRORIZ	M	54	41:19:00	M50
134	79	29	JOAO PARALVAS	B.T.M.	M	24	41:19:00	MSEN
233	80	30	PEDRO CUNHA	VIDAATIVARUNNERS	M	31	41:19:00	MSEN
196	81	17	ANTONIO MEIRA	FERREIROLUX	M	51	41:26:00	M50
172	82	18	JOAO CAPA	AGUIAS DA MISERICORD	M	47	41:31:00	M40
234	83	19	ANTONIO JESUS	ADR AVELEDA	M	47	41:31:00	M40
227	84	31	TIAGO BARBOSA		M	25	41:37:00	MSEN
241	85	32	JOSE COSTA	LOUSADA RUNNERS	M	36	41:43:00	MSEN
192	86	18	MANUEL PEREIRA	FERREIROLUX	M	52	41:43:00	M50
156	87	1	REGINA GILVAZ	NUCLEO DE ATLETISMO	F	43	41:48:00	F40
49	88	20	ANTONIO CARDOSO	ASSOCIACAO DESPORTIV	M	47	41:49:00	M40
68	89	21	CIANO RIBEIRO	ASSOCIACAO DESPORTIV	M	41	41:53:00	M40
176	90	22	VITOR FARIA	PALMEIRA RUNNERS	M	44	42:15:00	M40
160	91	33	DANIEL MONTEIRO	A. FERNANDA RIBEIRO	M	28	42:21:00	MSEN
99	92	11	ANDREIA RODRIGUES	GINASIO DA TROFA	F	21	42:27:00	FSEN
50	93	23	MANUEL GOMES	ASSOCIACAO DESPORTIV	M	42	42:27:00	M40
33	94	34	RUI PARALVAS		M	39	42:48:00	MSEN
67	95	19	NARCISO MARQUES	LIMITE VERTICAL TREK	M	58	42:49:00	M50
232	96	35	BRUNO RODRIGUES		M	35	42:53:00	MSEN
231	97	36	JOAO SILVA	ADE	M	29	42:55:00	MSEN
38	98	37	LUIS FREITAS	AIRORUN	M	38	43:02:00	MSEN
242	99	24	ANTONIO SILVA		M	47	43:11:00	M40
73	100	6	ADELINO SILVA	AMIGOS DA CORRIDA	M	60	43:22:00	M60
128	101	25	JOSE VIDRAGO	MOVIMENTO DE JUVENTU	M	46	43:42:00	M40
257	102	26	DOMINGOS PEIXOTO	PALMEIRA RUNNERS	M	46	43:47:00	M40
137	103	38	PEDRO COSTA		M	34	43:52:00	MSEN
179	104	39	JOSE PEREIRA		M	39	43:53:00	MSEN
148	105	27	JOSE EUSEBIO	CENTRO DESPORTIVO E	M	45	43:53:00	M40
254	106	40	RICARDO FERREIRA		M	37	44:02:00	MSEN
41	107	28	MOISES FERREIRA	BORGAS TEAM	M	42	44:06:00	M40
121	108	41	NUNO MENESES	VAMOSEQUIPE	M	39	44:07:00	MSEN
145	109	20	ISIDRO MIRANDA	CENTRO DESPORTIVO E	M	58	44:27:00	M50
206	110	42	HUGO PEREIRA	FERREIROLUX	M	20	44:30:00	MSEN
69	111	43	XAVIER AMORIM	ASSOCIACAO DESPORTIV	M	30	44:35:00	MSEN
168	112	21	FERNANDO CAMELO	S.C. SALGUEIROS	M	58	44:38:00	M50
85	113	44	JORGE MARQUES		M	30	44:40:00	MSEN
112	114	45	JOAO COUTO		M	34	44:52:00	MSEN
43	115	46	MANUEL COSTA		M	30	45:04:00	MSEN
90	116	29	NUNO ARAUJO	BRGTEAM	M	41	45:06:00	M40
205	117	22	CARLOS MANO	FERREIROLUX	M	52	45:30:00	M50
184	118	23	MANUEL PACHECO	N.A.TAIPAS	M	50	45:33:00	M50
191	119	1	RITA GOMES	N.A.TAIPAS	F	19	45:34:00	FJUN
230	120	47	JOSE FERREIRA		M	35	45:37:00	MSEN
47	121	2	MONICA FERNANDES	GINASIO CLUBE DE BRA	F	42	45:39:00	F40
46	122	30	RUI BOAS	ASSOCIACAO DESPORTIV	M	41	45:48:00	M40
251	123	48	SERGIO MARTINS	EXPERIENCIAR	M	35	46:03:00	MSEN
243	124	31	JOSE DIAS		M	45	46:16:00	M40
53	125	49	HELDER MENDES		M	33	46:17:00	MSEN
116	126	12	ANA RIBEIRO		F	20	46:18:00	FSEN
61	127	3	HELENA BALDASSARRE	TURBULENTOS	F	41	46:25:00	F40
133	128	7	FERNANDO ANTUNES	TURBULENTOS	M	60	46:25:00	M60
71	129	24	SERGIO MANUEL	TURBULENTOS	M	57	46:26:00	M50
138	130	50	RICARDO MOREIRA		M	26	46:27:00	MSEN

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
120	131	25	JORGE VILELA	NUCLEO DE ATLETISMO	M	51	46:33:00	M50
199	132	26	JAIME LIMA	FERREIROLUX	M	58	46:58:00	M50
197	133	8	CONSTANTINO MOREIRA	FERREIROLUX	M	62	47:09:00	M60
64	134	51	CARLOS NOVAIS	BARCELOS TEAM PORTUG	M	35	47:20:00	MSEN
105	135	52	RUI CASTRO	ARCA BARCELOS RUNNER	M	33	47:23:00	MSEN
143	136	53	FABIO VIDRAGO	MOVIMENTO DE JUVENTU	M	26	47:39:00	MSEN
224	137	32	PEDRO PARRINHA	BRAGAXPLORA	M	43	47:41:00	M40
135	138	1	MARINHA FERNANDES	TURBULENTOS	F	51	47:42:00	F50
228	139	27	ANTONIO SANTOS	TURBULENTOS	M	54	47:43:00	M50
111	140	28	CARLOS DIAS		M	50	47:46:00	M50
118	141	33	JOSE RIBEIRO	CAVE	M	40	47:49:00	M40
70	142	54	CARLOS LINHARES	ASSOCIACAO DESPORTIV	M	31	47:50:00	MSEN
213	143	34	ANTONIO ALMEIDA		M	46	47:52:00	M40
84	144	2	ALICE COUTO	CLUBE FUTEBOL OLIVEI	F	50	48:02:00	F50
32	145	29	ANTONIO ROSA	ALVELINHOS RUNNING	M	52	48:09:00	M50
139	146	35	DIONISIO CARVALHO		M	44	48:20:00	M40
220	147	36	CARLOS CUNHA	BRAGAXPLORA	M	43	48:23:00	M40
109	148	37	JOAO GOMES	GULBENKIAN	M	41	48:31:00	M40
55	149	38	VITOR SILVA		M	45	48:41:00	M40
195	150	9	EDUARDO FERNANDES	FERREIROLUX	M	65	48:41:00	M60
66	151	30	ANTONIO COSTA	TURBULENTOS	M	57	48:45:00	M50
57	152	55	RICARDO CERQUEIRA		M	28	48:46:00	MSEN
59	153	39	ANTONIO CAPITAO	CAVE	M	46	49:09:00	M40
178	154	40	MANUEL OLIVEIRA		M	49	49:17:00	M40
103	155	3	RICARDO CARVALHO		M	19	49:24:00	MJUN
256	156	4	PAULA SALGADO	R	F	43	49:33:00	F40
93	157	10	JOSE COSTA	GD AIRAO CURVIA	M	64	49:33:00	M60
62	158	31	GIUSEPPE BALDASSARRE	TURBULENTOS	M	51	49:33:00	M50
60	159	41	MIGUEL FARIA	EXPERIENCIAR	M	42	49:47:00	M40
91	160	42	RICARDO PINTO	BRGTEAM	M	45	49:51:00	M40
247	161	32	MANUEL SOUSA	TURBULENTOS	M	51	50:10:00	M50
180	162	56	NELSON PINTO	B.T.M.	M	38	50:22:00	MSEN
108	163	33	LUCIANO SILVA		M	57	50:50:00	M50
45	164	11	MANUEL SILVA	TURBULENTOS	M	61	50:56:00	M60
101	165	3	CELESTE CRUZ	TURBULENTOS	F	51	50:56:00	F50
219	166	43	RUI FERREIRA	BRAGAXPLORA	M	41	51:06:00	M40
244	167	57	CESAR RODRIGUES		M	28	51:10:00	MSEN
223	168	44	RUI FERNANDES	BRAGAXPLORA	M	42	51:11:00	M40
102	169	45	RUI COUTO	MOINHOS DA AVENTURA	M	43	51:11:00	M40
122	170	34	ANTONIO LONGRAS		M	54	51:19:00	M50
131	171	4	GRACA FERREIRA	TURBULENTOS	F	50	51:41:00	F50
201	172	12	MANUEL BRITO	FERREIROLUX	M	62	51:42:00	M60
100	173	5	AMELIA ARAUJO	GINASIO DA TROFA	F	51	51:47:00	F50
92	174	58	MIGUEL FARIA		M	23	51:54:00	MSEN
203	175	35	JOSE FARIA	FERREIROLUX	M	59	52:06:00	M50
245	176	1	INES GOMES	AGUIAS DE ALVELOS	F	17	52:21:00	
229	177	6	CONCEICAO MARQUES	TURBULENTOS	F	54	52:35:00	F50
204	178	36	DOMINGOS LAMEIRA	FERREIROLUX	M	50	52:43:00	M50
209	179	7	ROSA ARAUJO	ASSOCIACAO RECREATIV	F	51	52:44:00	F50
240	180	13	CATARINA COSTA	LOUSADA RUNNERS	F	34	52:52:00	FSEN
149	181	46	VIRGILIO BARBOSA	CENTRO DESPORTIVO E	M	49	52:54:00	M40
202	182	37	JOAO ARANTES	FERREIROLUX	M	50	53:01:00	M50
97	183	47	FERNANDO MIRANDA		M	45	53:18:00	M40
136	184	48	AIRES PATRAO	MOINHOS DA AVENTURA	M	42	53:24:00	M40
344	185	5	ALEXANDRA COUTADA	AGUIAS DE ALVELOS	F	46	53:32:00	F40
140	186	6	EUGENIA MORIM	CLUBE DE ATLETISMO D	F	45	53:40:00	F40
39	187	59	MOISES FIUZA	B LIFE OUTDOOR TEAM	M	33	54:13:00	MSEN
147	188	7	PAULA DONCALVES	CENTRO DESPORTIVO E	F	47	54:31:00	F40
115	189	14	BALLOY LEA		F	29	54:40:00	FSEN
208	190	49	COSME CAMPINHO		M	49	54:50:00	M40
181	191	8	CARLA BOAS		F	42	54:51:00	F40
54	192	50	ADELINO CRUZ		M	40	55:31:00	M40
144	193	9	CIDALIA RODRIGUES	ARCA BARCELOS RUNNER	F	44	55:48:00	F40
207	194	51	RUI SILVA	DRAGON CLUB	M	40	55:49:00	M40
78	195	10	PAULA BARRETO		F	48	56:05:00	F40

Dorsal	Class.	Esc.	Atleta	Clube	Sexo	Idade	Tempo	Escalão
246	196	15	PATRICIA RIBEIRO		F	32	56:08:00	FSEN
79	197	60	HUMBERTO FARIA		M	28	56:29:00	MSEN
252	198	13	EMIDIO SILVA	CLUBE MILLENNIUM BCP	M	67	56:57:00	M60
106	199	11	ANA MATOS	ARCA BARCELOS RUNNER	F	48	57:26:00	F40
177	200	38	JOSE MATOS	ADREP	M	56	57:28:00	M50
37	201	14	NATALINO PEREIRA	PORTO RUNNERES	M	62	57:55:00	M60
51	202	8	PAULA RODRIGUES	RODA DOS ENTOS	F	53	57:55:00	F50
110	203	52	PEDRO ABREU		M	40	58:09:00	M40
141	204	12	MARIA RABALDO	CLUBE DE ATLETISMO D	F	43	58:13:00	F40
222	205	61	CARLOS FERNANDES	BRAGAXPLORA	M	32	58:18:00	MSEN
104	206	16	MARIANA SILVA	ARCA BARCELOS RUNNER	F	34	1:00:06:00	FSEN
48	207	13	MARIA SILVA		F	45	1:00:18:00	F40
142	208	62	ANDRE AMARAL		M	25	1:00:31:00	MSEN
107	209	17	FILIPA FERREIRA	ARCA BARCELOS RUNNER	F	39	1:01:00:00	FSEN
35	210	14	ANA ROCHA		F	40	1:01:23:00	F40
343	211	15	SUSANA SIMOES	AGUIAS DE ALVELOS	F	43	1:01:25:00	F40
211	212	16	ANA LEONOR	CLUBE DE ATLETISMO D	F	40	1:02:23:00	F40
221	213	18	SILVIA CUNHA	BRAGAXPLORA	F	39	1:03:35:00	FSEN
80	214	19	MARLENE OLIVEIRA		F	31	1:06:07:00	FSEN
225	215	2	BARBARA FERREIRA	BRAGAXPLORA	F	18	1:06:26:00	FJUN
52	216	17	JOAQUINA GONCALVES	RODA DOS VENTOS	F	48	1:07:05:00	F40
36	217	9	ELISABETEE OLIVEIRA	VIDAATIVARUNNERS	F	55	1:07:05:00	F50