

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	08:30	--	--
End	15:54	--	--

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	149	Paulo Mesquita	EDV- VIANA TRAIL	02:56:17		05:02	
2	93	António Almeida	Clube de Praças da Armada	02:56:30	+00:13	05:03	
3	310	João Henrique Da Cruz	Trail Team Bifase	03:01:24	+05:07	05:11	
4	100	Filipe Costa	Clube Desportivo de Espite	03:04:30	+08:13	05:16	
5	133	Marco Faria	Dá-lhe Gás Trail Team Fisioduo	03:06:23	+10:06	05:20	
6	97	Pedro Ribeiro	Clube de Praças da Armada	03:06:26	+10:09	05:20	
7	153	Emílio Montilla Fernandez	EDV- VIANA TRAIL	03:06:38	+10:21	05:20	
8	309	Emílio Carvalho	the rookies	03:07:01	+10:44	05:21	
9	61	Fran Salgueiro	Boavista Trail	03:07:33	+11:16	05:22	
10	151	Ruben Veloso	EDV- VIANA TRAIL	03:08:05	+11:48	05:22	
11	337	JOSE ROSARIO	Zona Alta Trail	03:12:36	+16:19	05:30	
12	150	Roberto Mata Martinez	EDV- VIANA TRAIL	03:13:32	+17:15	05:32	
13	98	Virgilio Gomes	Clube de Praças da Armada	03:14:03	+17:46	05:33	
14	101	Micael Costa	Clube Desportivo de Espite	03:15:09	+18:52	05:35	
15	64	Marcos António Fidalgo Pascual	Boavista Trail	03:15:30	+19:13	05:35	
16	83	Marcelo Araújo	CIDEP Fornos Lusavouga	03:15:52	+19:35	05:36	
17	255	João nogueira	Oralklass - Amigos Do Trail	03:16:05	+19:48	05:36	
18	257	Seninho Ribeiro	Oralklass - Amigos Do Trail	03:16:25	+20:08	05:37	
19	167	Rui Azevedo	Fridão Sem Limites	03:18:54	+22:37	05:41	
20	313	Nuno Guimarães	Trogloditas runners	03:21:21	+25:04	05:45	
21	129	Joaquim Duarte	Dá-lhe Gás Trail Team Fisioduo	03:22:47	+26:30	05:48	
22	316	Castor Salgado	Trogloditas runners	03:23:53	+27:36	05:50	
23	152	FRED KALAHARI	EDV- VIANA TRAIL	03:23:58	+27:41	05:50	
24	63	Jose Martín Fontán Arnejo	Boavista Trail	03:26:31	+30:14	05:54	
25	99	Dinis Santos	Clube Desportivo de Espite	03:28:49	+32:32	05:58	
26	140	Jose Martins	DCI/Trilhos Luso Bussaco	03:29:29	+33:12	05:59	
27	92	Andre Costa	Clube de Praças da Armada	03:30:22	+34:05	06:01	
28	330	ANDRÉ ROSÁRIO	Zona Alta Trail	03:31:39	+35:22	06:03	
29	324	André Cunha	vimarunners	03:32:35	+36:18	06:04	
30	30	Luís Silva	Adosa - Os Santa Apolónia	03:33:18	+37:01	06:06	
31	62	Francisco Fidalgo Pascual	Boavista Trail	03:33:30	+37:13	06:06	
32	31	Manuel Carvalho	Adosa - Os Santa Apolónia	03:34:31	+38:14	06:08	
33	130	Pedro Dias	Dá-lhe Gás Trail Team Fisioduo	03:34:53	+38:36	06:08	
34	220	Adolfo Garrido Fernandez	Individual	03:36:07	+39:50	06:10	
35	138	José Campar	DCI/Trilhos Luso Bussaco	03:36:08	+39:51	06:11	
36	244	Fernando Carvalho	Nós Acreditamos	03:36:12	+39:55	06:11	
37	274	Narciso Machado	ProFisio eupago Team	03:36:49	+40:32	06:12	
38	335	JOÃO FERNANDES	Zona Alta Trail	03:36:58	+40:41	06:12	
39	189	Fernando Manuel Rodrigues Costa	GTT - Armazém do Caffè	03:36:59	+40:42	06:12	
40	243	José Pinto	Nós Acreditamos	03:37:15	+40:58	06:12	
41	135	Diogo Pimenta	DCI/Trilhos Luso Bussaco	03:37:33	+41:16	06:13	
42	2	Paula Soares	A.D.Amarante	03:37:45	+41:28	06:13	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	110	Jorge Nabais	COA / Corvus Trail Team	04:01:44	+01:05:27	06:54	
90	109	Rute Martins	COA / Corvus Trail Team	04:01:45	+01:05:28	06:54	
91	224	NUNO SIMOES	Individual	04:01:51	+01:05:34	06:55	
92	85	João Tavares	CIDEP Fornos Lusavouga	04:02:07	+01:05:50	06:55	
93	312	Rafael Martinho	Trilhos dos Templários /Xporfit	04:02:46	+01:06:29	06:56	
94	233	Jorge Domingues	LEBRES MINHOTAS	04:03:14	+01:06:57	06:57	
95	256	Pedro Silva	Oralklass - Amigos Do Trail	04:03:15	+01:06:58	06:57	
96	80	Gonçalo Morais	CHAVES RUNNING TEAM	04:03:35	+01:07:18	06:58	
97	275	Kristaps Broks	RIEKSTI I SUPERVARONI	04:03:44	+01:07:27	06:58	
98	290	Jose Manuel Guerreiro Leiria	Sharish Gin/GD Piranhas do Alqueva	04:03:50	+01:07:33	06:58	
99	119	Ricardo Dantas	CROCODILOS / MISTERPC	04:05:02	+01:08:45	07:00	
100	156	Helder Moreira	Elefantes runners	04:05:28	+01:09:11	07:01	
101	259	Joaquim Fernandes Pinheiro	Os Gordos	04:05:34	+01:09:17	07:01	
102	15	Paula Costa	Academia Desportiva de Arcos de Valdevez	04:05:43	+01:09:26	07:01	
103	303	Luís Pereira	TEAM LANTEMIL	04:05:57	+01:09:40	07:02	
104	38	Marcos Ribeiro	Andatrilhos de freamunde	04:06:29	+01:10:12	07:03	
105	277	Jojo Da Silva	Rock The Mountains	04:06:54	+01:10:37	07:03	
106	258	Belmiro Moreira	Oralklass - Amigos Do Trail	04:07:30	+01:11:13	07:04	
107	139	Carlos Cunha	DCI/Trilhos Luso Bussaco	04:07:34	+01:11:17	07:04	
108	44	Carlos Gonçalves	Associação Desportiva Lusitano XXI (ADLXXI)	04:08:10	+01:11:53	07:05	
109	37	Jorge Moreira	AMIGOS DO PEDAL TRAILAGARES	04:08:21	+01:12:04	07:06	
110	46	David Guerreiro	Associação Desportiva Lusitano XXI (ADLXXI)	04:10:02	+01:13:45	07:09	
111	126	Sérgio Vilela	CTM VILA POUCA DE AGUIAR	04:10:10	+01:13:53	07:09	
112	134	Ricardo Pires	Dá-lhe Gás Trail Team Fisioduo	04:10:22	+01:14:05	07:09	
113	24	Simão Ferreira	ADEPE	04:10:39	+01:14:22	07:10	
114	236	Fátima Amóinha	Lobos do Brunheiro de Chaves /crossbox	04:10:48	+01:14:31	07:10	
115	20	ALBERTO FREITAS	AD Marco 09	04:11:28	+01:15:11	07:11	
116	21	RUI RODRIGUES	AD Marco 09	04:11:35	+01:15:18	07:11	
117	203	João Filipe Tomás Amandio	Individual	04:11:40	+01:15:23	07:11	
118	278	Paulino Nogueira	Ruiner viennois	04:11:46	+01:15:29	07:12	
119	332	Idalina Marques	Zona Alta Trail	04:11:54	+01:15:37	07:12	
120	45	Daniel Campaniço	Associação Desportiva Lusitano XXI (ADLXXI)	04:11:54	+01:15:37	07:12	
121	325	Luis Miguel Cunha Santos	vimarunners	04:12:11	+01:15:54	07:12	
122	143	Carlos Ribeiro	DIVE Into the Mountains	04:12:15	+01:15:58	07:12	
123	326	João Ricardo	vimarunners	04:12:27	+01:16:10	07:13	
124	304	Manuel Costa	TEAM LANTEMIL	04:13:00	+01:16:43	07:14	
125	88	Sérgio Silva	Clube Atletismo de Brito	04:14:22	+01:18:05	07:16	
126	42	Carla Reis	ARSM - Associação Recreativa de S. Miguel	04:14:28	+01:18:11	07:16	
127	182	Adriano Cardoso	Global Trail	04:15:26	+01:19:09	07:18	
128	181	João Barbosa	Global Trail	04:15:27	+01:19:10	07:18	
129	183	Carlos Barbosa	Global Trail	04:15:27	+01:19:10	07:18	
130	225	Paulo Manuel Costa	Individual	04:15:58	+01:19:41	07:19	
131	342	Ruan Santos Rodrigues	S. S. Montepio	04:16:10	+01:19:53	07:19	
132	147	ANDREIA CORREIA	EDV- VIANA TRAIL	04:16:21	+01:20:04	07:19	
133	146	Adélio Valente	Eduarda Freitas team runners	04:16:54	+01:20:37	07:20	
134	226	Ângelo Pereira	Individual	04:17:03	+01:20:46	07:21	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	163	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	04:17:49	+01:21:32	07:22	
136	193	Manuel Alves	Icarus Running Team	04:18:33	+01:22:16	07:23	
137	234	David Moinard	Les Galopins des Bois	04:18:47	+01:22:30	07:24	
138	334	CONCEIÇÃO CASTANHEIRA	Zona Alta Trail	04:19:07	+01:22:50	07:24	
139	120	Rui de Andrade	CROCODILOS / MISTERPC	04:19:13	+01:22:56	07:24	
140	36	Frutuoso Sousa	AMC TRAIL	04:19:28	+01:23:11	07:25	
141	136	Miguel Teixeira	DCI/Trilhos Luso Bussaco	04:19:37	+01:23:20	07:25	
142	29	Silvia Pereira	Adosa - Os Santa Apolónia	04:19:57	+01:23:40	07:26	
143	70	João Carvalho	BUDEGUITA RUNNERS	04:20:40	+01:24:23	07:27	
144	263	Daniel Marco Gomes Miranda	Pastilhas Team	04:23:03	+01:26:46	07:31	
145	198	Daniel Pereira	Individual	04:23:24	+01:27:07	07:32	
146	306	Ivo Sampaio	TEAM TT	04:23:35	+01:27:18	07:32	
147	186	Tamara Garcia Rodríguez	GTR-GALAICO TRAIL RUN	04:23:48	+01:27:31	07:32	
148	331	JOÃO PLACIDO	Zona Alta Trail	04:23:50	+01:27:33	07:32	
149	27	Ricardo Oliveira	Adosa - Os Santa Apolónia	04:23:56	+01:27:39	07:32	
150	344	Vasco Faria	CB RUN	04:24:43	+01:28:26	07:34	
151	47	Luis Rosmaninho	Associação Desportiva Lusitano XXI (ADLXXI)	04:24:58	+01:28:41	07:34	
152	170	José Morais	Gaia Trail	04:25:27	+01:29:10	07:35	
153	184	Amadeu Peixoto	Global Trail	04:26:28	+01:30:11	07:37	
154	59	Carlos Ribeiro	Boavista Trail	04:26:33	+01:30:16	07:37	
155	25	Carlos Miguel Ribeiro	ADEPE	04:26:55	+01:30:38	07:38	
156	117	Tiago Coelho	CORRER LEÇA	04:28:35	+01:32:18	07:40	
157	283	Tiago Magalhães	Salamandrecos	04:28:38	+01:32:21	07:41	
158	341	José Pereira	Carlos Sá Nature Events	04:29:01	+01:32:44	07:41	
159	106	José Sousa	Clube Trilheiros & Amigos	04:29:13	+01:32:56	07:42	
160	155	António Morais	Ela corre com eles	04:29:46	+01:33:29	07:42	
161	343	Álvaro Nunes	NAST - Núcleo Associativo Santo Tirso	04:30:11	+01:33:54	07:43	
162	276	Rui Lobo Castro	Rinus Fafe	04:30:11	+01:33:54	07:43	
163	49	Paulo Jorge Cardoso Batista	Atletismo Clube da Tocha	04:30:11	+01:33:54	07:43	
164	218	Raul Curva	Individual	04:30:44	+01:34:27	07:44	
165	77	APRIGIO CHAVES	CHAVES RUNNING TEAM	04:30:58	+01:34:41	07:45	
166	327	Helena Gomes	WOLVES	04:32:12	+01:35:55	07:47	
167	187	Rafael Escrivães	GTT - Armazém do Caffé	04:32:12	+01:35:55	07:47	
168	333	PAULA BRANCO	Zona Alta Trail	04:32:20	+01:36:03	07:47	
169	229	Antonio Carlos Teixeira	Individual	04:33:13	+01:36:56	07:48	
170	175	Rui Pereira	GAIA-RUNNING	04:33:13	+01:36:56	07:48	
171	272	Nelson Machado	ProFisio eupago Team	04:33:28	+01:37:11	07:49	
172	242	Jose Martins	NAST - Núcleo associativo de Santo Tirso	04:34:43	+01:38:26	07:51	
173	260	José Leça	Os Gordos	04:35:10	+01:38:53	07:52	
174	3	Flávio Sampaio	A D ESMERIZ RUNNING	04:36:07	+01:39:50	07:53	
175	5	Francisco Carneiro	A D ESMERIZ RUNNING	04:36:07	+01:39:50	07:53	
176	298	Pedro Coelho	TEAM LANTEMIL	04:36:16	+01:39:59	07:54	
177	301	Sandra Dias	TEAM LANTEMIL	04:36:16	+01:39:59	07:54	
178	67	Pedro Silva	Boavista Trail	04:37:12	+01:40:55	07:55	
179	213	João Paulo Castro	Individual	04:37:19	+01:41:02	07:55	
180	78	CEU COSTA	CHAVES RUNNING TEAM	04:37:28	+01:41:11	07:56	

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	158	Filipe Escobar	Equipa A	04:37:43	+01:41:26	07:56	
182	121	Paulo Pelicano	CROCODILOS / MISTERPC	04:38:08	+01:41:51	07:57	
183	172	Catarina Figueiredo	GAIA-RUNNING	04:38:17	+01:42:00	07:57	
184	297	Bruno Moreira	TEAM LANTEMIL	04:38:55	+01:42:38	07:58	
185	295	Sérgio Reis	Sharish Gin/GD Piranhas do Alqueva	04:39:07	+01:42:50	07:58	
186	10	Rosa Barros	A.D.Amarante	04:39:10	+01:42:53	07:59	
187	246	Luis Vieira	Núcleo Sporting Clube Portugal de Vila Nova de Famalicão	04:39:18	+01:43:01	07:59	
188	273	Nelson Vaz	ProFisio eupago Team	04:40:36	+01:44:19	08:01	
189	205	Nuno Ferreira	Individual	04:40:42	+01:44:25	08:01	
190	267	Marco Duarte	Penta Clube da Covilhã/Sport Hotel Trail Running Team	04:40:54	+01:44:37	08:02	
191	51	Mario Lima	Aves runners	04:41:21	+01:45:04	08:02	
192	200	Filipe Faria	Individual	04:41:33	+01:45:16	08:03	
193	199	Dinis Silva	Individual	04:41:33	+01:45:16	08:03	
194	28	Belém Marques	Adosa - Os Santa Apolónia	04:42:37	+01:46:20	08:04	
195	284	José Miguel Santos	SC Povoense - Caracóis de Corrida	04:42:52	+01:46:35	08:05	
196	230	Pedro Neves	Juventude desportiva de Gondomar	04:42:54	+01:46:37	08:05	
197	231	Agostinho Neves	Juventude desportiva de Gondomar	04:42:55	+01:46:38	08:05	
198	171	Pedro Monteiro	GAIA-RUNNING	04:43:46	+01:47:29	08:06	
199	26	Ricardo Mendes	Adosa - Os Santa Apolónia	04:44:15	+01:47:58	08:07	
200	249	Jorge Abreu	O que queremos é monte	04:45:40	+01:49:23	08:10	
201	239	Ana Rita Carneiro	Minho e Lima Trail	04:46:21	+01:50:04	08:11	
202	157	Alcidio Moreira	Elefantes runners	04:46:41	+01:50:24	08:11	
203	329	Nuno Mendes	Xporfit	04:47:56	+01:51:39	08:14	
204	240	Tiago Marinho	Musg@41	04:47:56	+01:51:39	08:14	
205	86	José Duarte	Clac - Trail Team Entroncamento	04:47:56	+01:51:39	08:14	
206	35	Jorge Alves	AMA - Ass. Mondim Atletismo / Trail Fisgas de Ermelo	04:49:59	+01:53:42	08:17	
207	68	José Lopes	Boavista Trail	04:50:17	+01:54:00	08:18	
208	34	Pedro Cerqueira	airórun	04:50:30	+01:54:13	08:18	
209	241	Edgar Lucas	NAST - Núcleo associativo de Santo Tirso	04:51:14	+01:54:57	08:19	
210	111	Ricardo Salgueiro	COA / Corvus Trail Team	04:51:16	+01:54:59	08:19	
211	107	Marília Noro	COA / Corvus Trail Team	04:51:16	+01:54:59	08:19	
212	108	Nádia Afonso	COA / Corvus Trail Team	04:51:16	+01:54:59	08:19	
213	209	Fernando Pinheiro	Individual	04:51:28	+01:55:11	08:20	
214	317	Manuel Graça	Trogloditas runners	04:51:57	+01:55:40	08:20	
215	174	Elisabete Repas	GAIA-RUNNING	04:52:16	+01:55:59	08:21	
216	145	Miguel Machado	DIVE Into the Mountains	04:53:30	+01:57:13	08:23	
217	40	Carla Soares	ARSM - Associação Recreativa de S. Miguel	04:54:19	+01:58:02	08:25	
218	188	Rui Samuel Gonçalves	GTT - Armazém do Caffè	04:54:28	+01:58:11	08:25	
219	215	Silvio Freitas	Individual	04:54:46	+01:58:29	08:25	
220	223	Jose Carlos Morais	Individual	04:54:53	+01:58:36	08:26	
221	270	Bruno Pereira	ProFisio eupago Team	04:55:10	+01:58:53	08:26	
222	308	Pedro Lima	TEAM TT	04:55:25	+01:59:08	08:26	
223	210	Filipe Abreu	Boavista Trail	04:55:31	+01:59:14	08:27	
224	271	Jorge Pereira	ProFisio eupago Team	04:55:58	+01:59:41	08:27	

Trail Longo**35 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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100	160	Bruno Martins	FACTOR X / S4L / MEDENSE FC	Senior Masculino	05:36:48	+02:40:32	09:37
101	289	Domingos Jeremias	Sharish Gin/GD Piranhas do Alqueva	Senior Masculino	05:51:40	+02:55:24	10:03
102	73	Luis Carapinha	Casa do Benfica de Reguengos de Monsaraz	Senior Masculino	05:51:40	+02:55:24	10:03
103	1266	Bruno Araújo	TEAM LANTEMIL	Senior Masculino	06:03:38	+03:07:22	10:23
104	179	Joao Oliveira	Gansos	Senior Masculino	06:42:42	+03:46:26	11:30

Sub 23 Feminino

1	239	Ana Rita Carneiro	Minho e Lima Trail	Sub 23 Feminino	04:46:20	+01:50:04	08:11
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Sub 23 Masculino

1	262	Tiago Pereira	Pastilhas Team	Sub 23 Masculino	03:42:50	+46:34	06:22
2	181	João Barbosa	Global Trail	Sub 23 Masculino	04:15:26	+01:19:10	07:18
3	342	Ruan Santos Rodrigues	S. S. Montepio	Sub 23 Masculino	04:16:09	+01:19:52	07:19
4	162	Pedro Soares	FACTOR X / S4L / MEDENSE FC	Sub 23 Masculino	05:38:09	+02:41:53	09:40

Veterana F40

1	41	CRISTINA COUCEIRO	ARSM - Associação Recreativa de S. Miguel	Veterana F40	03:54:53	+58:37	06:43
2	15	Paula Costa	Academia Desportiva de Arcos de Valdevez	Veterana F40	04:05:42	+01:09:26	07:01
3	332	Idalina Marques	Zona Alta Trail	Veterana F40	04:11:53	+01:15:37	07:12
4	29	Silvia Pereira	Adosa - Os Santa Apolónia	Veterana F40	04:19:56	+01:23:40	07:26
5	301	Sandra Dias	TEAM LANTEMIL	Veterana F40	04:36:15	+01:39:59	07:54
6	172	Catarina Figueiredo	GAIA-RUNNING	Veterana F40	04:38:16	+01:42:00	07:57
7	28	Belém Marques	Adosa - Os Santa Apolónia	Veterana F40	04:42:36	+01:46:20	08:04
8	40	Carla Soares	ARSM - Associação Recreativa de S. Miguel	Veterana F40	04:54:18	+01:58:02	08:25
9	300	Mónica Martins	TEAM LANTEMIL	Veterana F40	05:11:37	+02:15:21	08:54
10	266	Marta Soares	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Veterana F40	05:35:37	+02:39:21	09:35
11	1020	Ana Carolina Pereira	ADE Trail Running	Veterana F40	05:51:39	+02:55:23	10:03
12	299	Margarida Dantas	TEAM LANTEMIL	Veterana F40	05:53:47	+02:57:31	10:07
13	265	Carla Matos	Penta Clube da Covilhã/Sport Hotel Trail Running Team	Veterana F40	05:55:20	+02:59:04	10:09
14	314	Maria José Oliveira	Trogloditas runners	Veterana F40	06:18:46	+03:22:30	10:49
15	66	Andreia Vieira	Boavista Trail	Veterana F40	06:38:29	+03:42:13	11:23
16	104	Ligia Mendes	Clube Trilheiros & Amigos	Veterana F40	06:42:42	+03:46:26	11:30

Veterana F45

1	42	Carla Reis	ARSM - Associação Recreativa de S. Miguel	Veterana F45	04:14:27	+01:18:11	07:16
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Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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20	80	Gonçalo Morais	CHAVES RUNNING TEAM	Veterano M40	04:03:34	+01:07:17	06:58
21	119	Ricardo Dantas	CROCODILOS / MISTERPC	Veterano M40	04:05:01	+01:08:44	07:00
22	156	Helder Moreira	Elefantes runners	Veterano M40	04:05:27	+01:09:11	07:01
23	277	Jojo Da Silva	Rock The Mountains	Veterano M40	04:06:53	+01:10:37	07:03
24	258	Belmiro Moreira	Oraklass - Amigos Do Trail	Veterano M40	04:07:29	+01:11:13	07:04
25	134	Ricardo Pires	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	04:10:21	+01:14:05	07:09
26	20	ALBERTO FREITAS	AD Marco 09	Veterano M40	04:11:27	+01:15:11	07:11
27	21	RUI RODRIGUES	AD Marco 09	Veterano M40	04:11:34	+01:15:18	07:11
28	143	Carlos Ribeiro	DIVE Into the Mountains	Veterano M40	04:12:14	+01:15:57	07:12
29	326	João Ricardo	vimarunners	Veterano M40	04:12:26	+01:16:10	07:13
30	146	Adélio Valente	Eduarda Freitas team runners	Veterano M40	04:16:53	+01:20:37	07:20
31	163	Joaquim Carvalho	FACTOR X / S4L / MEDENSE FC	Veterano M40	04:17:48	+01:21:32	07:22
32	234	David Moinard	Les Galopins des Bois	Veterano M40	04:18:46	+01:22:30	07:24
33	136	Miguel Teixeira	DCI/Trilhos Luso Bussaco	Veterano M40	04:19:36	+01:23:20	07:25
34	263	Daniel Marco Gomes Miranda	Pastilhas Team	Veterano M40	04:23:02	+01:26:45	07:31
35	117	Tiago Coelho	CORRER LEÇA	Veterano M40	04:28:34	+01:32:17	07:40
36	283	Tiago Magalhães	Salamandrecos	Veterano M40	04:28:37	+01:32:21	07:41
37	175	Rui Pereira	GAIA-RUNNING	Veterano M40	04:33:12	+01:36:56	07:48
38	5	Francisco Carneiro	A D ESMERIZ RUNNING	Veterano M40	04:36:06	+01:39:50	07:53
39	67	Pedro Silva	Boavista Trail	Veterano M40	04:37:11	+01:40:55	07:55
40	213	João Paulo Castro	Individual	Veterano M40	04:37:18	+01:41:02	07:55
41	158	Filipe Escobar	Equipa A	Veterano M40	04:37:42	+01:41:26	07:56
42	51	Mario Lima	Aves runners	Veterano M40	04:41:20	+01:45:04	08:02
43	86	José Duarte	Clac - Trail Team Entroncamento	Veterano M40	04:47:55	+01:51:39	08:14
44	35	Jorge Alves	AMA - Ass. Mondim Atletismo / Trail Fisgas de Ermelo	Veterano M40	04:49:58	+01:53:42	08:17
45	209	Fernando Pinheiro	Individual	Veterano M40	04:51:27	+01:55:11	08:20
46	215	Silvio Freitas	Individual	Veterano M40	04:54:45	+01:58:29	08:25
47	210	Filipe Abreu	Boavista Trail	Veterano M40	04:55:30	+01:59:14	08:27
48	302	Miguel Araújo	TEAM LANTEMIL	Veterano M40	04:57:57	+02:01:41	08:31
49	291	David Aleixo	Sharish Gin/GD Piranhas do Alqueva	Veterano M40	05:01:14	+02:04:58	08:36
50	293	Nuno Flores	Sharish Gin/GD Piranhas do Alqueva	Veterano M40	05:01:15	+02:04:59	08:36
51	214	Rui Branco da Cruz	Individual	Veterano M40	05:11:33	+02:15:17	08:54
52	159	Márcio Mendes	Equipa Boot	Veterano M40	05:18:10	+02:21:54	09:05
53	71	Rui Guimaraes	Cabras do Monte	Veterano M40	05:39:56	+02:43:40	09:43
54	90	Bruno Marquês	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M40	05:53:10	+02:56:54	10:05
55	192	Nuno manuel almeida	GUIMARUNNING	Veterano M40	05:54:16	+02:58:00	10:07
56	279	Artur Fonseca	Ruptura Total	Veterano M40	05:59:30	+03:03:14	10:16
57	91	Paulo Fraga Da Costa	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M40	06:18:09	+03:21:53	10:48
58	280	Eduardo Bastos	S. S. Montepio	Veterano M40	06:22:02	+03:25:46	10:55
59	208	Daniel Nogueira	Individual	Veterano M40	06:22:02	+03:25:46	10:55
60	116	Nuno Morgado	CORRER LEÇA	Veterano M40	06:26:25	+03:30:09	11:02

Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

11	50	João Silva	ATR - Algarve Trail Running	Veterano M55	06:18:46	+03:22:30	10:49
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Veterano M60

1	142	Manuel Costa	DCI/Trilhos Luso Bussaco	Veterano M60	03:44:41	+48:24	06:25
2	228	Amadeu Teixeira	Individual	Veterano M60	03:56:03	+59:47	06:45
3	229	Antonio Carlos Teixeira	Individual	Veterano M60	04:33:12	+01:36:56	07:48
4	260	José Leça	Os Gordos	Veterano M60	04:35:09	+01:38:53	07:52
5	231	Agostinho Neves	Juventude desportiva de Gondomar	Veterano M60	04:42:54	+01:46:37	08:05
6	74	Domingos Rocha	CASA DO BENFICA DE REGUENGOS DE MONSARAZ	Veterano M60	05:05:12	+02:08:56	08:43
7	286	Antonio CARVALHO	SC Povoense - Caracóis de Corrida	Veterano M60	05:10:08	+02:13:52	08:52
8	13	João Gil	A.D.Amarante	Veterano M60	05:15:12	+02:18:56	09:00

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	EDV- VIANA TRAIL	1 + 7 + 10	18
2	CLUBE DE PRAÇAS DA ARMADA	2 + 6 + 13	21
3	CLUBE DESPORTIVO DE ESPITE	4 + 14 + 25	43
4	BOAVISTA TRAIL	9 + 15 + 24	48
5	DÁ-LHE GÁS TRAIL TEAM FISIODUO	5 + 21 + 33	59
6	ZONA ALTA TRAIL	11 + 28 + 38	77
7	DCI/TRILHOS LUSO BUSSACO	26 + 35 + 41	102
8	ORALKLASS - AMIGOS DO TRAIL	17 + 18 + 95	130
9	NÓS ACREDITAMOS	36 + 40 + 60	136
10	CIDEP FORNOS LUSAVOUGA	16 + 63 + 67	146
11	A.D.AMARANTE	42 + 47 + 66	155
12	OLIMPICO VIANENSE	53 + 59 + 81	193
13	ADOSA - OS SANTA APOLÓNIA	30 + 32 + 142	204
14	AD MARCO 09	52 + 61 + 115	228
15	TROGLODITAS RUNNERS	20 + 22 + 214	256
16	FACTOR X / S4L / MEDENSE FC	43 + 82 + 135	260
17	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	65 + 75 + 126	266
18	VIMARUNNERS	29 + 121 + 123	273
19	ASSOCIAÇÃO DESPORTIVA LUSITANO XXI (ADLXXI)	58 + 108 + 110	276
20	GTT - ARMAZÉM DO CAFFÈ	39 + 80 + 167	286
21	CHAVES RUNNING TEAM	44 + 96 + 165	305
22	GLOBAL TRAIL	127 + 128 + 129	384
23	COA / CORVUS TRAIL TEAM	89 + 90 + 210	389
24	CTM VILA POUCA DE AGUIAR	49 + 111 + 232	392
25	DIVE INTO THE MOUNTAINS	56 + 122 + 216	394
26	PROFISIO EUPAGO TEAM	37 + 171 + 188	396
27	TEAM LANTEMIL	103 + 124 + 176	403
28	CROCODILOS / MISTERPC	99 + 139 + 182	420
29	TEAM TT	54 + 146 + 222	422
30	O QUE QUEREMOS É MONTE	57 + 200 + 254	511
31	SC POVOENSE - CARACÓIS DE CORRIDA	74 + 195 + 246	515
32	SHARISH GIN/GD PIRANHAS DO ALQUEVA	98 + 185 + 233	516
33	GAIA-RUNNING	170 + 183 + 198	551
34	A D ESMERIZ RUNNING	174 + 175 + 252	601
35	PENTA CLUBE DA COVILHÃ/SPORT HOTEL TRAIL RUNNING TEAM	190 + 241 + 245	676
36	CORRER LEÇA	156 + 293 + 298	747
37	CLUBE TRILHEIROS & AMIGOS	159 + 303 + 304	766