Fafe Trail Run

Fafe, PT

03-March-2019

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	15:41	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	78	Luis fernandes	clube de praças da armada	Senior Masculino	03:03:01		05:14
2	30	Davide Marques	amcf-arrábida trail team	Senior Masculino	03:04:00	+00:59	05:15
3	31	Roberto Baião	amcf-arrábida trail team	Senior Masculino	03:05:47	+02:46	05:18
4	80	Tiago romao	clube de praças da armada	Senior Masculino	03:09:07	+06:06	05:24
5	202	Nuno Carneiro	nast - núcleo associativo de santo tirso	Senior Masculino	03:09:26	+06:25	05:25
6	27	André Machado	adosa - os santa apolónia	Senior Masculino	03:10:20	+07:18	05:26
7	34	Paulo Morais	amcf-arrábida trail team	Veterano M45	03:10:33	+07:32	05:27
8	241	Jose Rosario	porto de mós a correr	Veterano M45	03:10:37	+07:35	05:27
9	77	Bruno castro	clube de praças da armada	Senior Masculino	03:11:29	+08:28	05:28
10	258	António Ferreira	runners do demo	Veterano M45	03:11:30	+08:29	05:28
11	109	Carlos Monteiro	f.c.vizela	Veterano M45	03:12:54	+09:53	05:31
12	232	Luís Pedro Martins	oralklass-amigos do trail	Veterano M40	03:13:27	+10:26	05:32
13	302	JOÃO FERNANDES	zona alta trail	Senior Masculino	03:14:14	+11:13	05:33
14	228	João Nogueira	oralklass-amigos do trail	Senior Masculino	03:15:31	+12:30	05:35
15	306	Rui Luz	amcf-arrábida trail team	Veterano M40	03:15:32	+12:31	05:35
16	37	João Rodrigues	amigos da montanha	Veterano M40	03:16:05	+13:04	05:36
17	33	Marcolino Verissimo	amcf-arrábida trail team	Veterano M45	03:16:12	+13:11	05:36
18	82	Virgilio Gomes	clube de praças da armada	Veterano M50	03:18:59	+15:58	05:41
19	230	Seninho Ribeiro	oralklass-amigos do trail	Senior Masculino	03:20:10	+17:09	05:43
20	229	Luis Silva	oralklass-amigos do trail	Senior Masculino	03:20:12	+17:11	05:43
21	54	Pablo Franco Freijanes	boavista trail	Senior Masculino	03:20:55	+17:54	05:44
22	20	JOEL PINTO	ad marco 09	Senior Masculino	03:21:11	+18:10	05:45
23	201	Nelson Teixeira	nast - núcleo associativo de santo tirso	Senior Masculino	03:22:54	+19:53	05:48
24	311	Bruno Fernandes	cd metralhas	Veterano M40	03:26:40	+23:39	05:54
25	239	Jose Martins	ozxtreme/adcrpereira	Veterano M55	03:27:45	+24:44	05:56
26	111	André Almeida	factor x / s4l / medense fc	Senior Masculino	03:28:01	+25:00	05:57
27	79	Luis Silva	clube de praças da armada	Senior Masculino	03:28:27	+25:26	05:57
28	81	Manuel Sousa	clube de praças da armada	Veterano M45	03:29:31	+26:30	05:59
29	71	João Henrique Da Cruz	cb run	Senior Masculino	03:29:31	+26:30	05:59
30	65	Ricardo Manuel Vieira	brabus runners	Veterano M40	03:31:07	+28:06	06:02
31	124	Pedro Alves	gd castelense	Senior Masculino	03:32:24	+29:23	06:04
32	214	José Meneses	nocturnos de paredes	Veterano M40	03:32:42	+29:41	06:05
33	169	Rui Romao	individual	Veterano M40	03:34:45	+31:44	06:08
34	64	Ricardo Ribeiro	brabus runners	Senior Masculino	03:35:00	+31:59	06:09
35	305	MIGUEL RIBEIRO	zona alta trail	Veterano M40	03:35:08	+32:07	06:09
36	301	ANDRÉ ROSÁRIO	zona alta trail	Senior Masculino	03:35:38	+32:37	06:10
37	60	Fernando Alvarez Garcia	boavista trail	Veterano M45	03:36:28	+33:27	06:11
38	308	Fernando Miguel Neves	oralklass-amigos do trail	Senior Masculino	03:39:16	+36:14	06:16
39	289	Pedro Pinheiro	trilho perdido eventos / imporlux	Veterano M45	03:41:05	+38:04	06:19
40	259	José Costa	runners do demo	Veterano M50	03:41:37	+38:36	06:20
41	55	Ricardo Ferreira	boavista trail	Senior Masculino	03:43:39	+40:38	06:23
42	291	Nuno Guimarães	trogloditas runners	Senior Masculino	03:43:50	+40:49	06:24

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2	Paula Soares	a.d.amarante	Senior Feminino	03:44:53	+41:52	06:26
44	10	Telmo Silva	a.d.amarante	Veterano M40	03:44:53	+41:52	06:26
45	9	José Pereira	a.d.amarante	Veterano M40	03:44:54	+41:52	06:26
46	249	Miguel Machado	profisio eupago team	Veterano M40	03:45:15	+42:13	06:26
47	254	Narciso Machado	profisio eupago team	Veterano M50	03:45:26	+42:25	06:26
48	126	MARCO GUERRA	gdazambuja - trail team	Veterano M40	03:45:48	+42:47	06:27
49	215	Paulo Colaço	nocturnos de paredes	Veterano M40	03:46:22	+43:21	06:28
50	216	Pedro Pereira	nocturnos de paredes	Veterano M40	03:47:40	+44:39	06:30
51	113	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	03:48:05	+45:03	06:31
52	218	Fernando Carvalho	nós acreditamos	Veterano M45	03:48:05	+45:04	06:31
53	282	Dionísio Ferreira	team trail bem viver	Veterano M40	03:48:38	+45:37	06:32
54	237	José Luís Carvalho	outdoor clube de setúbal - strendure running team	Senior Masculino	03:49:12	+46:11	06:33
55	187	Jorge Catarino	insane trail team	Senior Masculino	03:49:12	+46:11	06:33
56	87	Antonio Teles	clube trilheiros & amigos	Veterano M40	03:49:14	+46:13	06:33
57	75	Fernando Neves	centro ciclista de gondomar	Veterano M55	03:49:58	+46:57	06:34
58	50	Aitor Montero Buján	boavista trail	Senior Masculino	03:50:17	+47:16	06:35
59	13	Miguel Barros	a.d.amarante	Veterano M45	03:51:00	+47:59	06:36
60	153	Nuno Correia	individual	Senior Masculino	03:51:08	+48:06	06:36
61	40	Jorge Moreira	amigos do pedal trailagares	Veterano M50	03:51:24	+48:22	06:37
62	227	Gilberto Pimenta	oralklass-amigos do trail	Senior Masculino	03:51:24	+48:23	06:37
63	174	Elísio Gonçalves	individual	Veterano M45	03:54:44	+51:43	06:42
64	42	Licínio Sequeira	associação o mundo da corrida	Veterano M45	03:55:00	+51:59	06:43
65	225	Miguel Jaques	olimpico vianense trail	Senior Masculino	03:55:11	+52:10	06:43
66	89	Carlos Alberto Gomes Silva	clube trilheiros & amigos	Veterano M45	03:55:17	+52:16	06:43
67	25	Bruno Pereira	adeca#oquequeremosémonte	Senior Masculino	03:55:27	+52:25	06:44
68	240	Filipe Fernandes	palmeira runners	Senior Masculino	03:56:06	+53:05	06:45
69	56	Ricardo Sousa	boavista trail	Senior Masculino	03:56:49	+53:48	06:46
70	217	José José Pinto	nós acreditamos	Senior Masculino	03:56:53	+53:52	06:46
71	220	Francisco Lemos	nós acreditamos	Veterano M55	03:56:53	+53:52	06:46
72	189	Miguel sousa	joane	Veterano M40	03:56:55	+53:54	06:46
73	97	Tiago Aragão	ctad- consumo zero	Veterano M40	03:57:10	+54:09	06:47
74	151	Miguel Silva	individual	Senior Masculino	03:59:17	+56:16	06:50
75	268	Mark Macedo	sport events	Senior Masculino	04:00:51	+57:50	06:53
76	287	Vanda SANTOS	topgym	Senior Feminino	04:00:54	+57:52	06:53
77	28	Manuel Carvalho	adosa - os santa apolónia	Veterano M40	04:01:31	+58:30	06:54
78	18	Filipe Afonso	ac portalegre/utsm	Senior Masculino	04:01:52	+58:51	06:55
79	19	BRUNO MOREIRA	ad marco 09	Senior Masculino	04:02:59	+59:58	06:57
80	219	Amadeu Teixeira	nós acreditamos	Veterano M55	04:03:00	+59:58	06:57
81	122	Manuel Pinheiro	fridão sem limites	Veterano M50	04:03:14	+01:00:13	06:57
82	245	RENATO OLIVEIRA	portocargo runners	Veterano M45	04:03:43	+01:00:42	06:58
83	140	Silvia Santos	individual	Senior Feminino	04:03:58	+01:00:57	06:58
84	96	Ricardo Dantas	crocodilos/misterpc	Veterano M40	04:04:23	+01:01:22	06:59
85	48	Carlos Cardoso	bitrunners	Senior Masculino	04:04:41	+01:01:40	06:59
86	12	Jose Teixeira	a.d.amarante	Veterano M45	04:05:13	+01:02:12	07:00
87	222	Adriano Ferreira	o que queremos é monte	Senior Masculino	04:05:21	+01:02:20	07:01

TRAIL LONGO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	238	Paulo Osório	outdoor clube de setúbal - strendure running team	Veterano M50	04:05:42	+01:02:40	07:01
89	256	Daniel Vasconcelos	rio de janeiro	Senior Masculino	04:06:20	+01:03:19	07:02
90	119	António Rocha	factor x / s4l / medense fc	Veterano M60	04:06:24	+01:03:23	07:02
91	172	António Oliveira	individual	Veterano M45	04:06:55	+01:03:54	07:03
92	43	Paulo Jorge Cardoso Batista	atletismo club da tocha	Veterano M45	04:07:35	+01:04:33	07:04
93	307	Paulo Moreira	individual	Veterano M55	04:07:48	+01:04:47	07:05
94	179	António Baptista	individual	Veterano M50	04:08:01	+01:05:00	07:05
95	255	Alberto Durán Amores	rias baixas trail run	Veterano M45	04:08:39	+01:05:38	07:06
96	147	Joel Barbosa	individual	Senior Masculino	04:08:55	+01:05:54	07:07
97	226	Adriana Dias	oralklass-amigos do trail	Senior Feminino	04:09:21	+01:06:19	07:07
98	121	Nelson Vilela	figueirófit	Senior Masculino	04:09:33	+01:06:32	07:08
99	280	Ricardo Fernandes	team trail bem viver	Senior Masculino	04:10:54	+01:07:53	07:10
100	66	Ricardo sampaio	brabus runners	Veterano M40	04:11:26	+01:08:25	07:11
101	132	Ângelo Pereira	centro ciclista de gondomar	Veterano M55	04:12:19	+01:09:18	07:13
102	76	Pedro Anjos	clac entroncamento // ondatrilhos	Veterano M40	04:12:59	+01:09:58	07:14
103	263	Joaquim Fernandes Pinheiro	sem medo	Veterano M50	04:13:06	+01:10:05	07:14
104	285	Nuno Moreira	team tt	Senior Masculino	04:13:11	+01:10:10	07:14
105	270	José Miguel Santos	sporting clube povoense - caracóis de corrida	Veterano M45	04:13:17	+01:10:16	07:14
106	88	António Gomes	clube trilheiros & amigos	Veterano M45	04:13:39	+01:10:38	07:15
107	116	Pedro Viana	factor x / s4l / medense fc	Senior Masculino	04:14:36	+01:11:35	07:16
108	114	Igor Paiva	factor x / s4l / medense fc	Senior Masculino	04:14:47	+01:11:46	07:17
109	309	Marta Silva	boavista trail	Veterana F45	04:14:48	+01:11:47	07:17
110	53	Luís Magalhães	boavista trail	Senior Masculino	04:14:48	+01:11:47	07:17
111	234	Fernando Pereira	os lobos do saibro	Senior Masculino	04:15:07	+01:12:06	07:17
112	90	Catarina Alves	coimbra trail running	Veterana F40	04:15:43	+01:12:42	07:18
113	91	Álvaro Mano	coimbra trail running	Veterano M45	04:15:43	+01:12:42	07:18
114	84	Jorge Louro	clube naval de são vicente	Senior Masculino	04:16:00	+01:12:59	07:19
115	190	Ricardo Pimenta	ker sport trail running	Veterano M45	04:16:20	+01:13:19	07:19
116	192	Jorge Domingues	lebres minhotas	Veterano M45	04:19:15	+01:16:14	07:24
117	29	Ricardo Meira	adosa - os santa apolónia	Veterano M40	04:19:18	+01:16:17	07:25
118	4	Cláudia Moreira	a.d.amarante	Senior Feminino	04:20:28	+01:17:26	07:27
119	11	Filipe Barros	a.d.amarante	Veterano M45	04:20:28	+01:17:27	07:27
120	38	Domingos barros	amigos da montanha	Veterano M45	04:20:59	+01:17:57	07:27
121	7	Laurinda Barros	a.d.amarante	Veterana F50	04:21:05	+01:18:03	07:28
122	310	Vera Oliveira	cd metralhas	Veterana F40	04:21:36	+01:18:34	07:28
123	92	Miguel Barbosa	correr antas	Senior Masculino	04:21:46	+01:18:44	07:29
124	203	Rui Carneiro	nast - núcleo associativo de santo tirso	Senior Masculino	04:21:47	+01:18:45	07:29
125	149	Marcos Ribeiro	individual	Senior Masculino	04:22:20	+01:19:19	07:30
126	185	Rui Borges	individual	Veterano M50	04:22:31	+01:19:30	07:30
127	194	Vasco Jacinto	liz runners	Veterano M40	04:22:54	+01:19:52	07:31
128	142	Bruno Rafael	individual	Senior Masculino	04:23:09	+01:20:08	07:31
129	103	Helder Rvm	elefantes runners	Senior Masculino	04:23:14	+01:20:13	07:31
130	235	Saavedra Duarte	os pimentinhas	Veterano M40	04:23:23	+01:20:22	07:32
131	252	Abilio Pereira	profisio eupago team	Veterano M50	04:23:37	+01:20:35	07:32
132	63	Bruno Cunha	brabus runners	Senior Masculino	04:24:03	+01:21:02	07:33

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35 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	8	Hélder Pinto	a.d.amarante	Veterano M40	04:24:35	+01:21:34	07:34
134	236	Carlos Ribeiro	os2horas	Senior Masculino	04:25:08	+01:22:07	07:35
135	200	Bruno Freitas	nast - núcleo associativo de santo tirso	Senior Masculino	04:26:45	+01:23:44	07:37
136	269	Júlia Conceição	sport events	Veterana F50	04:26:47	+01:23:46	07:37
137	105	Marco Da Silva Vasconcelos	equipa a	Senior Masculino	04:27:27	+01:24:26	07:38
138	107	Ricardo Carvalho	equipa a	Veterano M40	04:27:27	+01:24:26	07:39
139	106	Filipe Escobar	equipa a	Veterano M40	04:27:28	+01:24:26	07:39
140	281	Rui Madureira	team trail bem viver	Senior Masculino	04:27:29	+01:24:28	07:39
141	39	Manuel Carlos Oliveira Ferreira	amigos da montanha	Veterano M55	04:27:40	+01:24:39	07:39
142	23	Luis Pereira	ad pedome	Sub 23 Masculino	04:27:41	+01:24:40	07:39
143	182	Manuel cruz	individual	Veterano M50	04:27:55	+01:24:54	07:39
144	93	Tiago Coelho	correr leça	Senior Masculino	04:28:51	+01:25:50	07:41
145	26	Ana Azevedo	adosa - os santa apolónia	Senior Feminino	04:29:18	+01:26:17	07:42
146	104	Helder Silva	equipa a	Senior Masculino	04:31:38	+01:28:37	07:46
147	195	Joaquim Ferreira Ferreira	melres trail running ordem para arrear	Veterano M55	04:31:38	+01:28:37	07:46
148	21	PEDRO NOGUEIRA	ad marco 09	Senior Masculino	04:32:19	+01:29:18	07:47
149	242	Rodolfo Deyllot	porto de mós a correr	Veterano M50	04:32:25	+01:29:24	07:47
150	199	Joana Rodrigues	nast - núcleo associativo de santo tirso	Senior Feminino	04:32:33	+01:29:31	07:47
151	152	Nelson Amaral	individual	Senior Masculino	04:32:35	+01:29:34	07:47
152	164	Adélio Valente	individual	Veterano M40	04:32:48	+01:29:46	07:48
153	257	Paulo Oliveira	ronfe a correr	Veterano M50	04:32:52	+01:29:51	07:48
154	300	Nuno Mendes	xporfit	Senior Masculino	04:32:53	+01:29:52	07:48
155	197	Silvio Ferreira	mocidade sangemil	Veterano M40	04:35:57	+01:32:55	07:53
156	22	Simão Ferreira	ad pedome	Senior Masculino	04:36:09	+01:33:07	07:53
157	83	Alcino Pires	clube desportivo os metralhas	Veterano M40	04:36:45	+01:33:44	07:54
158	191	Eliseu Leite	laundostrail	Veterano M40	04:37:49	+01:34:48	07:56
159	143	Filipe Alves	individual	Senior Masculino	04:38:28	+01:35:27	07:57
160	221	Rui André Martins	núcleo de montanha de espinho	Senior Masculino	04:38:42	+01:35:41	07:58
161	205	Paulo Quintas	nast - núcleo associativo de santo tirso	Veterano M50	04:39:00	+01:35:58	07:58
162	284	Ivo Sampaio	team tt	Senior Masculino	04:39:11	+01:36:10	07:59
163	155	Nuno Sá	individual	Senior Masculino	04:39:35	+01:36:34	07:59
164	136	Manuel Moreno	hl runners club	Veterano M60	04:39:58	+01:36:56	08:00
165	138	Fábio Santos	hospital de santa maria - porto	Senior Masculino	04:39:59	+01:36:58	08:00
166	180	Henrique Santos	individual	Veterano M50	04:40:03	+01:37:02	08:00
167	120	José Costa	fama runners	Veterano M40	04:40:08	+01:37:07	08:00
168	146	Joao Pinheiro	individual	Senior Masculino	04:41:00	+01:37:59	08:02
169	171	André Figueiredo	individual	Veterano M45	04:41:58	+01:38:57	08:03
170	47	Luís Fontinha	bilarunners	Veterano M55	04:43:05	+01:40:04	08:05
171	297	Jorge Alves	villa de basto trail	Veterano M40	04:43:07	+01:40:06	08:05
172	193	João Tiago Silva	liz runners	Senior Masculino	04:43:32	+01:40:31	08:06
173	298	Filipe Martins	visão oculista	Veterano M45	04:43:55	+01:40:54	08:07
174	61	Nuno Campos	bora lá!!!	Senior Masculino	04:43:55	+01:40:54	08:07
175	15	Virgílio Pinhel	a.d.amarante	Veterano M45	04:44:22	+01:41:21	08:08
176	49	Tiago Mota	bitrunners	Senior Masculino	04:45:03	+01:42:02	08:09
177	293	Francisco Nóvoa	urbanact	Senior Masculino	04:45:30	+01:42:28	08:09
178	3	Roberto Garces	100meta	Senior Masculino	04:45:43	+01:42:42	08:10

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	246	Nelson Vaz	profisio eupago team	Senior Masculino	04:45:44	+01:42:42	08:10
180	123	João Oliveira	gansos	Senior Masculino	04:45:52	+01:42:51	08:10
181	288	Valdemar Mota	trepatrilhos trail team	Senior Masculino	04:46:44	+01:43:43	08:12
182	264	José Leça	sem medo	Veterano M55	04:48:12	+01:45:11	08:14
183	157	Rui Araújo	sim summit	Senior Masculino	04:48:16	+01:45:15	08:14
184	108	Sofia Lobo	f.c.vizela	Senior Feminino	04:48:16	+01:45:15	08:14
185	127	Cidália Martins	gdm trail team	Veterana F50	04:48:16	+01:45:15	08:14
186	167	Miguel Lopes	individual	Veterano M40	04:48:37	+01:45:36	08:15
187	59	Belén Vidal	boavista trail	Veterana F40	04:48:49	+01:45:48	08:15
188	73	Vasco Faria	cb run	Senior Masculino	04:51:03	+01:48:02	08:19
189	74	Diogo Barros	cb run	Veterano M40	04:51:03	+01:48:02	08:19
190	299	Antonio Silva	wolves	Senior Masculino	04:51:18	+01:48:16	08:19
191	279	Miguel Araújo	team lantemil	Veterano M40	04:51:57	+01:48:56	08:21
192	278	Bruno Moreira	team lantemil	Senior Masculino	04:51:57	+01:48:56	08:21
193	133	José Mendes	gondomar futsal clube	Veterano M55	04:52:08	+01:49:06	08:21
194	6	Frederico Pinto	a.d.amarante	Senior Masculino	04:54:16	+01:51:15	08:24
195	131	Fernando Pereira	gondomar futsal clube	Veterano M50	04:54:36	+01:51:35	08:25
196	125	Rui Pena	gd trancoso	Veterano M45	04:56:22	+01:53:21	08:28
197	294	Bruno Silva	vaiatéondeosteuspéstelevar	Veterano M40	04:56:47	+01:53:45	08:29
198	165	Hugo Marinho	individual	Veterano M40	04:56:52	+01:53:51	08:29
199	112	Bruno Martins	factor x / s4l / medense fc	Senior Masculino	04:57:22	+01:54:21	08:30
200	186	Fernando Vicente	individual	Veterano M55	04:58:41	+01:55:40	08:32
201	158	Silvio Freitas	individual	Senior Masculino	04:59:20	+01:56:18	08:33
202	14	Paulo Alves	a.d.amarante	Veterano M45	04:59:36	+01:56:35	08:34
203	62	Rui Telmo	bota&siga	Senior Masculino	04:59:48	+01:56:47	08:34
204	272	M. Lurdes Barbedo	sucupira	Veterana F45	05:02:47	+01:59:46	08:39
205	275	Henrique Barbedo	sucupira	Veterano M45	05:02:47	+01:59:46	08:39
206	273	Helder Monteiro	sucupira	Veterano M40	05:02:47	+01:59:46	08:39
207	118	Pedro Marques	factor x / s4l / medense fc	Veterano M45	05:03:13	+02:00:11	08:40
208	178	Rui Fernandes	individual	Veterano M45	05:03:27	+02:00:26	08:40
209	304	ANA TOMÉ	zona alta trail	Veterana F45	05:03:49	+02:00:48	08:41
210	248	Mario Costa	profisio eupago team	Veterano M40	05:04:04	+02:01:03	08:41
211	265	Cristina Silva	sérgio rodrigues fotografia	Veterana F45	05:04:54	+02:01:52	08:43
212	290	Vitor Vieira	trinca bolotas team	Senior Masculino	05:05:53	+02:02:52	08:44
213	261	Ricardo Pais	running espinho	Senior Masculino	05:06:34	+02:03:32	08:46
214	17	João Gil	a.d.amarante	Veterano M60	05:06:59	+02:03:57	08:46
215	184	Paulo Martins	individual	Veterano M50	05:07:07	+02:04:05	08:46
216	98	Maria Sá	dive into the mountains	Veterana F50	05:08:14	+02:05:12	08:48
217	188	Joel Silva	insane trail team	Veterano M45	05:08:14	+02:05:13	08:48
218	295	José Fernandes	vaiatéondeosteuspéstelevar	Veterano M50	05:08:14	+02:05:13	08:48
219	156	Paulo Ferreira	individual	Senior Masculino	05:08:15	+02:05:14	08:48
220	204	José Martins	nast - núcleo associativo de santo tirso	Veterano M45	05:09:06	+02:06:04	08:50
221	213	Fátima Vieira	nocturnos de paredes	Veterana F50	05:09:19	+02:06:17	08:50
222	212	Daniel Silva	nocturnos de paredes	Senior Masculino	05:09:19	+02:06:18	08:50
223	86	Vítor Hugo Ferreira Dias	clube trilheiros & amigos	Senior Masculino	05:10:44	+02:07:43	08:53
224	276	Cristina Loureiro	taylors	Veterana F45	05:13:00	+02:09:59	08:57

TRAIL LONGO - STAGE 1

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
225	117	Paulo Freitas	factor x / s4l / medense fc	Veterano M40	05:13:00	+02:09:59	08:57
226	159	Paulo Ribeiro	individual	Sub 23 Masculino	05:15:28	+02:12:27	09:01
227	102	Carlos Rodrigues	edv - viana trail	Senior Masculino	05:15:52	+02:12:51	09:02
228	223	Vitor Costa	o que queremos é monte	Senior Masculino	05:17:40	+02:14:39	09:05
229	24	César Lobo	adcarril#oquequeremosémonte	Veterano M40	05:17:40	+02:14:39	09:05
230	224	Rogerio Abreu	o que queremos é monte	Veterano M45	05:17:41	+02:14:40	09:05
231	253	Armindo Morais	profisio eupago team	Veterano M50	05:17:43	+02:14:42	09:05
232	168	Rui Rodrigues	individual	Veterano M40	05:17:51	+02:14:50	09:05
233	94	Manuel Rodrigues	correr leça	Veterano M60	05:18:23	+02:15:21	09:06
234	277	António Reis	taylors	Veterano M45	05:20:06	+02:17:04	09:09
235	101	Carla Araújo	edv - viana trail	Senior Feminino	05:20:28	+02:17:27	09:09
236	210	Paulo Gomes	no tomorrow running team	Veterano M45	05:21:47	+02:18:46	09:12
237	208	Raquel Vasconcelos	no tomorrow running team	Veterana F40	05:21:47	+02:18:46	09:12
238	129	Andreia Amorim	gondomar futsal clube	Senior Feminino	05:23:56	+02:20:55	09:15
239	274	Sérgio Cunha	sucupira	Veterano M40	05:25:21	+02:22:20	09:18
240	128	José Martins	gdm trail team	Veterano M55	05:27:10	+02:24:09	09:21
241	100	Ana Rita Carneiro	edl trail	Sub 23 Feminino	05:27:12	+02:24:11	09:21
242	41	Luis Guimaraes	archilike running	Veterano M40	05:27:25	+02:24:24	09:21
243	52	Ivo Ferreira	boavista trail	Senior Masculino	05:27:33	+02:24:31	09:22
244	175	João Carlos Freitas	individual	Veterano M45	05:29:58	+02:26:57	09:26
245	177	Ricardo Ribeiro	individual	Veterano M45	05:29:58	+02:26:57	09:26
246	150	Miguel Cruz	individual	Senior Masculino	05:30:23	+02:27:21	09:26
247	144	Ana Costa	individual	Senior Feminino	05:30:23	+02:27:22	09:26
248	51	Bruno Gonçalves	boavista trail	Senior Masculino	05:30:42	+02:27:41	09:27
249	161	Solange Sousa	individual	Veterana F40	05:37:33	+02:34:32	09:39
250	70	Maria José Alves	cb run	Senior Feminino	05:38:01	+02:35:00	09:39
251	181	João Paulo Genésio	individual	Veterano M50	05:40:19	+02:37:17	09:43
252	141	Bruno Loureiro	individual	Senior Masculino	05:40:19	+02:37:18	09:43
253	145	Helder Gonçalves	individual	Senior Masculino	05:53:00	+02:49:59	10:05
254	154	Nuno Gonçalves	individual	Senior Masculino	05:53:00	+02:49:59	10:05
255	67	Elisabete Borges	braguinhas runners	Veterana F40	05:57:22	+02:54:20	10:13
256	68	José Pereira Da Fonseca	braguinhas runners	Veterano M60	05:57:22	+02:54:20	10:13
257	99	João Paulo Vieira	dive into the mountains	Veterano M45	05:59:49	+02:56:48	10:17
258	139	Claudia Moura	individual	Senior Feminino	06:03:44	+03:00:43	10:24
259	209	Ana Barroso	no tomorrow running team	Veterana F45	06:04:58	+03:01:57	10:26
260	72	Nuno José Guimarães Oliveira	cb run	Senior Masculino	06:06:07	+03:03:06	10:28
261	207	Paula Lopes	no tomorrow running team	Veterana F40	06:07:06	+03:04:05	10:29
262	36	Isabel Martins Silva Martins	amigos da montanha	Veterana F55	06:07:47	+03:04:46	10:31
263	35	Diana Ribeiro	amigos da montanha	Senior Feminino	06:07:47	+03:04:46	10:31
264	58	Andreia Vieira	boavista trail	Veterana F40	06:57:11	+03:54:10	11:55
265	262	Artur Fonseca	ruptura total	Veterano M40	06:57:11	+03:54:10	11:55
266	206	Ana Xavier	no tomorrow running team	Senior Feminino	07:01:49	+03:58:48	12:03
267	162	Susana Leal	individual	Veterana F40	07:10:48	+04:07:47	12:19
268	170	Abilio Silva	individual	Veterano M45	07:10:49	+04:07:48	12:19

Fafe Trail Run
Fafe, PT
03-March-2019

Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	08:30	-99ºC	-99%
End	15:41	-99ºC	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
Senior Feminino							
1	2	Paula Soares	A.D.Amarante	Senior Feminino	03:44:53	+41:52	06:26
2	287	Vanda SANTOS	TopGym	Senior Feminino	04:00:54	+57:52	06:53
3	140	Silvia Santos	Individual	Senior Feminino	04:03:58	+01:00:57	06:58
4	226	Adriana Dias	Oralklass-Amigos do Trail	Senior Feminino	04:09:21	+01:06:19	07:07
5	4	Cláudia Moreira	A.D.Amarante	Senior Feminino	04:20:28	+01:17:26	07:27
6	26	Ana Azevedo	Adosa - Os Santa Apolónia	Senior Feminino	04:29:18	+01:26:17	07:42
7	199	Joana Rodrigues	NAST - Núcleo associativo de Santo Tirso	Senior Feminino	04:32:33	+01:29:31	07:47
8	108	Sofia Lobo	F.C.Vizela	Senior Feminino	04:48:16	+01:45:15	08:14
9	101	Carla Araújo	EDV - Viana Trail	Senior Feminino	05:20:28	+02:17:27	09:09
10	129	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	05:23:56	+02:20:55	09:15
11	144	Ana Costa	Individual	Senior Feminino	05:30:23	+02:27:22	09:26
12	70	Maria José Alves	CB RUN	Senior Feminino	05:38:01	+02:35:00	09:39
13	139	Claudia Moura	Individual	Senior Feminino	06:03:44	+03:00:43	10:24
14	35	Diana Ribeiro	Amigos da Montanha	Senior Feminino	06:07:47	+03:04:46	10:31
15	206	Ana Xavier	NO TOMORROW RUNNING TEAM	Senior Feminino	07:01:49	+03:58:48	12:03
Senior Masculino							
1	78	Luis fernandes	Clube de Praças da Armada	Senior Masculino	03:03:01		05:14
2	30	Davide Marques	AMCF-Arrábida Trail Team	Senior Masculino	03:04:00	+00:59	05:15
3	31	Roberto Baião	AMCF-Arrábida Trail Team	Senior Masculino	03:05:47	+02:46	05:18
4	80	Tiago romao	Clube de Praças da Armada	Senior Masculino	03:09:07	+06:06	05:24
5	202	Nuno Carneiro	NAST - Núcleo associativo de Santo Tirso	Senior Masculino	03:09:26	+06:25	05:25
6	27	André Machado	Adosa - Os Santa Apolónia	Senior Masculino	03:10:20	+07:18	05:26
7	77	Bruno castro	Clube de Praças da Armada	Senior Masculino	03:11:29	+08:28	05:28
8	302	JOÃO FERNANDES	Zona Alta Trail	Senior Masculino	03:14:14	+11:13	05:33
9	228	João Nogueira	Oralklass-Amigos do Trail	Senior Masculino	03:15:31	+12:30	05:35
10	230	Seninho Ribeiro	Oralklass-Amigos do Trail	Senior Masculino	03:20:10	+17:09	05:43
11	229	Luis Silva	Oralklass-Amigos do Trail	Senior Masculino	03:20:12	+17:11	05:43
12	54	Pablo Franco Freijanes	Boavista Trail	Senior Masculino	03:20:55	+17:54	05:44
13	20	JOEL PINTO	AD Marco 09	Senior Masculino	03:21:11	+18:10	05:45
14	201	Nelson Teixeira	NAST - Núcleo associativo de Santo Tirso	Senior Masculino	03:22:54	+19:53	05:48
15	111	André Almeida	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:28:01	+25:00	05:57
16	79	Luis Silva	Clube de Praças da Armada	Senior Masculino	03:28:27	+25:26	05:57
17	71	João Henrique Da Cruz	CB RUN	Senior Masculino	03:29:31	+26:30	05:59
18	124	Pedro Alves	GD Castelense	Senior Masculino	03:32:24	+29:23	06:04

Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

19	64	Ricardo Ribeiro	Brabus Runners	Senior Masculino	03:35:00	+31:59	06:09
20	301	ANDRÉ ROSÁRIO	Zona Alta Trail	Senior Masculino	03:35:38	+32:37	06:10
21	308	Fernando Miguel Neves	Oralklass-Amigos do Trail	Senior Masculino	03:39:16	+36:14	06:16
22	55	Ricardo Ferreira	Boavista Trail	Senior Masculino	03:43:39	+40:38	06:23
23	291	Nuno Guimarães	Trogloditas runners	Senior Masculino	03:43:50	+40:49	06:24
24	113	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:48:05	+45:03	06:31
25	237	José Luís Carvalho	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	03:49:12	+46:11	06:33
26	187	Jorge Catarino	INSANE TRAIL TEAM	Senior Masculino	03:49:12	+46:11	06:33
27	50	Aitor Montero Buján	Boavista Trail	Senior Masculino	03:50:17	+47:16	06:35
28	153	Nuno Correia	Individual	Senior Masculino	03:51:08	+48:06	06:36
29	227	Gilberto Pimenta	Oralklass-Amigos do Trail	Senior Masculino	03:51:24	+48:23	06:37
30	225	Miguel Jaques	OLIMPICO VIANENSE TRAIL	Senior Masculino	03:55:11	+52:10	06:43
31	25	Bruno Pereira	Adeca#oquequeremosémonte	Senior Masculino	03:55:27	+52:25	06:44
32	240	Filipe Fernandes	Palmeira Runners	Senior Masculino	03:56:06	+53:05	06:45
33	56	Ricardo Sousa	Boavista Trail	Senior Masculino	03:56:49	+53:48	06:46
34	217	José José Pinto	Nós Acreditamos	Senior Masculino	03:56:53	+53:52	06:46
35	151	Miguel Silva	Individual	Senior Masculino	03:59:17	+56:16	06:50
36	268	Mark Macedo	Sport Events	Senior Masculino	04:00:51	+57:50	06:53
37	18	Filipe Afonso	AC Portalegre/UTSM	Senior Masculino	04:01:52	+58:51	06:55
38	19	BRUNO MOREIRA	AD Marco 09	Senior Masculino	04:02:59	+59:58	06:57
39	48	Carlos Cardoso	BitRunners	Senior Masculino	04:04:41	+01:01:40	06:59
40	222	Adriano Ferreira	O que queremos é monte	Senior Masculino	04:05:21	+01:02:20	07:01
41	256	Daniel Vasconcelos	Rio de Janeiro	Senior Masculino	04:06:20	+01:03:19	07:02
42	147	Joel Barbosa	Individual	Senior Masculino	04:08:55	+01:05:54	07:07
43	121	Nelson Vilela	FigueiróFIT	Senior Masculino	04:09:33	+01:06:32	07:08
44	280	Ricardo Fernandes	Team Trail Bem Viver	Senior Masculino	04:10:54	+01:07:53	07:10
45	285	Nuno Moreira	TEAM TT	Senior Masculino	04:13:11	+01:10:10	07:14
46	116	Pedro Viana	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:14:36	+01:11:35	07:16
47	114	Igor Paiva	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:14:47	+01:11:46	07:17
48	53	Luís Magalhães	Boavista Trail	Senior Masculino	04:14:48	+01:11:47	07:17
49	234	Fernando Pereira	Os Lobos do Saibro	Senior Masculino	04:15:07	+01:12:06	07:17
50	84	Jorge Louro	Clube Naval de São Vicente	Senior Masculino	04:16:00	+01:12:59	07:19
51	92	Miguel Barbosa	Correr Antas	Senior Masculino	04:21:46	+01:18:44	07:29
52	203	Rui Carneiro	NAST - Núcleo associativo de Santo Tirso	Senior Masculino	04:21:47	+01:18:45	07:29
53	149	Marcos Ribeiro	Individual	Senior Masculino	04:22:20	+01:19:19	07:30
54	142	Bruno Rafael	Individual	Senior Masculino	04:23:09	+01:20:08	07:31
55	103	Helder Rvm	Elefantes runners	Senior Masculino	04:23:14	+01:20:13	07:31
56	63	Bruno Cunha	Brabus Runners	Senior Masculino	04:24:03	+01:21:02	07:33
57	236	Carlos Ribeiro	Os2Horas	Senior Masculino	04:25:08	+01:22:07	07:35
58	200	Bruno Freitas	NAST - Núcleo associativo de Santo Tirso	Senior Masculino	04:26:45	+01:23:44	07:37
59	105	Marco Da Silva Vasconcelos	Equipa A	Senior Masculino	04:27:27	+01:24:26	07:38
60	281	Rui Madureira	Team Trail Bem Viver	Senior Masculino	04:27:29	+01:24:28	07:39
61	93	Tiago Coelho	CORRER LEÇA	Senior Masculino	04:28:51	+01:25:50	07:41
62	104	Helder Silva	Equipa A	Senior Masculino	04:31:38	+01:28:37	07:46

Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

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63	21	PEDRO NOGUEIRA	AD Marco 09	Senior Masculino	04:32:19	+01:29:18	07:47
64	152	Nelson Amaral	Individual	Senior Masculino	04:32:35	+01:29:34	07:47
65	300	Nuno Mendes	Xporfit	Senior Masculino	04:32:53	+01:29:52	07:48
66	22	Simão Ferreira	AD Pedome	Senior Masculino	04:36:09	+01:33:07	07:53
67	143	Filipe Alves	Individual	Senior Masculino	04:38:28	+01:35:27	07:57
68	221	Rui André Martins	Núcleo de Montanha de Espinho	Senior Masculino	04:38:42	+01:35:41	07:58
69	284	Ivo Sampaio	TEAM TT	Senior Masculino	04:39:11	+01:36:10	07:59
70	155	Nuno Sá	Individual	Senior Masculino	04:39:35	+01:36:34	07:59
71	138	Fábio Santos	Hospital de Santa Maria - Porto	Senior Masculino	04:39:59	+01:36:58	08:00
72	146	Joao Pinheiro	Individual	Senior Masculino	04:41:00	+01:37:59	08:02
73	193	João Tiago Silva	LIZ RUNNERS	Senior Masculino	04:43:32	+01:40:31	08:06
74	61	Nuno Campos	Bora Lá!!!	Senior Masculino	04:43:55	+01:40:54	08:07
75	49	Tiago Mota	BitRunners	Senior Masculino	04:45:03	+01:42:02	08:09
76	293	Francisco Nóvoa	Urbanact	Senior Masculino	04:45:30	+01:42:28	08:09
77	3	Roberto Garces	100meta	Senior Masculino	04:45:43	+01:42:42	08:10
78	246	Nelson Vaz	ProFisio eupago Team	Senior Masculino	04:45:44	+01:42:42	08:10
79	123	João Oliveira	Gansos	Senior Masculino	04:45:52	+01:42:51	08:10
80	288	Valdemar Mota	TrepaTrilhos Trail Team	Senior Masculino	04:46:44	+01:43:43	08:12
81	157	Rui Araújo	SiM Summit	Senior Masculino	04:48:16	+01:45:15	08:14
82	73	Vasco Faria	CB RUN	Senior Masculino	04:51:03	+01:48:02	08:19
83	299	Antonio Silva	WOLVES	Senior Masculino	04:51:18	+01:48:16	08:19
84	278	Bruno Moreira	TEAM LANTEMIL	Senior Masculino	04:51:57	+01:48:56	08:21
85	6	Frederico Pinto	A.D.Amarante	Senior Masculino	04:54:16	+01:51:15	08:24
86	112	Bruno Martins	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:57:22	+01:54:21	08:30
87	158	Silvio Freitas	Individual	Senior Masculino	04:59:20	+01:56:18	08:33
88	62	Rui Telmo	Bota&Siga	Senior Masculino	04:59:48	+01:56:47	08:34
89	290	Vitor Vieira	Trinca Bolotas Team	Senior Masculino	05:05:53	+02:02:52	08:44
90	261	Ricardo Pais	RUNNING ESPINHO	Senior Masculino	05:06:34	+02:03:32	08:46
91	156	Paulo Ferreira	Individual	Senior Masculino	05:08:15	+02:05:14	08:48
92	212	Daniel Silva	NOCTURNOS DE PAREDES	Senior Masculino	05:09:19	+02:06:18	08:50
93	86	Vítor Hugo Ferreira Dias	Clube Trilheiros & Amigos	Senior Masculino	05:10:44	+02:07:43	08:53
94	102	Carlos Rodrigues	EDV - Viana Trail	Senior Masculino	05:15:52	+02:12:51	09:02
95	223	Vitor Costa	O que queremos é monte	Senior Masculino	05:17:40	+02:14:39	09:05
96	52	Ivo Ferreira	Boavista Trail	Senior Masculino	05:27:33	+02:24:31	09:22
97	150	Miguel Cruz	Individual	Senior Masculino	05:30:23	+02:27:21	09:26
98	51	Bruno Gonçalves	Boavista Trail	Senior Masculino	05:30:42	+02:27:41	09:27
99	141	Bruno Loureiro	Individual	Senior Masculino	05:40:19	+02:37:18	09:43
100	145	Helder Gonçalves	Individual	Senior Masculino	05:53:00	+02:49:59	10:05
101	154	Nuno Gonçalves	Individual	Senior Masculino	05:53:00	+02:49:59	10:05
102	72	Nuno José Guimarães Oliveira	CB RUN	Senior Masculino	06:06:07	+03:03:06	10:28

Sub 23 Feminino

1	100	Ana Rita Carneiro	EDL Trail	Sub 23 Feminino	05:27:12	+02:24:11	09:21

Trail Longo

35 KM

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OFFICIAL RESULT

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Sub 23 Masculino

1	23	Luis Pereira	AD Pedome	Sub 23 Masculino	04:27:41	+01:24:40	07:39
2	159	Paulo Ribeiro	Individual	Sub 23 Masculino	05:15:28	+02:12:27	09:01

Veterana F40

1	90	Catarina Alves	Coimbra Trail Running	Veterana F40	04:15:43	+01:12:42	07:18
2	310	Vera Oliveira	CD METRALHAS	Veterana F40	04:21:36	+01:18:34	07:28
3	59	Belén Vidal	Boavista Trail	Veterana F40	04:48:49	+01:45:48	08:15
4	208	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	05:21:47	+02:18:46	09:12
5	161	Solange Sousa	Individual	Veterana F40	05:37:33	+02:34:32	09:39
6	67	Elisabete Borges	Braguinhas Runners	Veterana F40	05:57:22	+02:54:20	10:13
7	207	Paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	06:07:06	+03:04:05	10:29
8	58	Andreia Vieira	Boavista Trail	Veterana F40	06:57:11	+03:54:10	11:55
9	162	Susana Leal	Individual	Veterana F40	07:10:48	+04:07:47	12:19

Veterana F45

1	309	Marta Silva	Boavista Trail	Veterana F45	04:14:48	+01:11:47	07:17
2	272	M. Lurdes Barbedo	Sucupira	Veterana F45	05:02:47	+01:59:46	08:39
3	304	ANA TOMÉ	Zona Alta Trail	Veterana F45	05:03:49	+02:00:48	08:41
4	265	Cristina Silva	Sérgio Rodrigues Fotografia	Veterana F45	05:04:54	+02:01:52	08:43
5	276	Cristina Loureiro	Taylors	Veterana F45	05:13:00	+02:09:59	08:57
6	209	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F45	06:04:58	+03:01:57	10:26

Veterana F50

1	7	Laurinda Barros	A.D.Amarante	Veterana F50	04:21:05	+01:18:03	07:28
2	269	Júlia Conceição	Sport Events	Veterana F50	04:26:47	+01:23:46	07:37
3	127	Cidália Martins	GDM Trail Team	Veterana F50	04:48:16	+01:45:15	08:14
4	98	Maria Sá	DiVE Into the Mountains	Veterana F50	05:08:14	+02:05:12	08:48
5	213	Fátima Vieira	NOCTURNOS DE PAREDES	Veterana F50	05:09:19	+02:06:17	08:50

Veterana F55

1	36	Isabel Martins Silva Martins	Amigos da Montanha	Veterana F55	06:07:47	+03:04:46	10:31

Veterano M40

1	232	Luís Pedro Martins	Oralklass-Amigos do Trail	Veterano M40	03:13:27	+10:26	05:32
2	306	Rui Luz	AMCF-Arrábida Trail Team	Veterano M40	03:15:32	+12:31	05:35

Trail Longo

35 KM

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OFFICIAL RESULT

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3	37	João Rodrigues	Amigos da Montanha	Veterano M40	03:16:05	+13:04	05:36
4	311	Bruno Fernandes	CD METRALHAS	Veterano M40	03:26:40	+23:39	05:54
5	65	Ricardo Manuel Vieira	Brabus Runners	Veterano M40	03:31:07	+28:06	06:02
6	214	José Meneses	NOCTURNOS DE PAREDES	Veterano M40	03:32:42	+29:41	06:05
7	169	Rui Romao	Individual	Veterano M40	03:34:45	+31:44	06:08
8	305	MIGUEL RIBEIRO	Zona Alta Trail	Veterano M40	03:35:08	+32:07	06:09
9	10	Telmo Silva	A.D.Amarante	Veterano M40	03:44:53	+41:52	06:26
10	9	José Pereira	A.D.Amarante	Veterano M40	03:44:54	+41:52	06:26
11	249	Miguel Machado	ProFisio eupago Team	Veterano M40	03:45:15	+42:13	06:26
12	126	MARCO GUERRA	GDAzambuja - Trail Team	Veterano M40	03:45:48	+42:47	06:27
13	215	Paulo Colaço	NOCTURNOS DE PAREDES	Veterano M40	03:46:22	+43:21	06:28
14	216	Pedro Pereira	NOCTURNOS DE PAREDES	Veterano M40	03:47:40	+44:39	06:30
15	282	Dionísio Ferreira	Team Trail Bem Viver	Veterano M40	03:48:38	+45:37	06:32
16	87	Antonio Teles	Clube Trilheiros & Amigos	Veterano M40	03:49:14	+46:13	06:33
17	189	Miguel sousa	Joane	Veterano M40	03:56:55	+53:54	06:46
18	97	Tiago Aragão	CTAD- Consumo Zero	Veterano M40	03:57:10	+54:09	06:47
19	28	Manuel Carvalho	Adosa - Os Santa Apolónia	Veterano M40	04:01:31	+58:30	06:54
20	96	Ricardo Dantas	Crocodilos/MisterPC	Veterano M40	04:04:23	+01:01:22	06:59
21	66	Ricardo sampaio	Brabus Runners	Veterano M40	04:11:26	+01:08:25	07:11
22	76	Pedro Anjos	CLAC Entroncamento // Ondatrilhos	Veterano M40	04:12:59	+01:09:58	07:14
23	29	Ricardo Meira	Adosa - Os Santa Apolónia	Veterano M40	04:19:18	+01:16:17	07:25
24	194	Vasco Jacinto	LIZ RUNNERS	Veterano M40	04:22:54	+01:19:52	07:31
25	235	Saavedra Duarte	Os Pimentinhas	Veterano M40	04:23:23	+01:20:22	07:32
26	8	Hélder Pinto	A.D.Amarante	Veterano M40	04:24:35	+01:21:34	07:34
27	107	Ricardo Carvalho	Equipa A	Veterano M40	04:27:27	+01:24:26	07:39
28	106	Filipe Escobar	Equipa A	Veterano M40	04:27:28	+01:24:26	07:39
29	164	Adélio Valente	Individual	Veterano M40	04:32:48	+01:29:46	07:48
30	197	Silvio Ferreira	MOCIDADE SANGEMIL	Veterano M40	04:35:57	+01:32:55	07:53
31	83	Alcino Pires	Clube Desportivo os Metralhas	Veterano M40	04:36:45	+01:33:44	07:54
32	191	Eliseu Leite	Laundostrail	Veterano M40	04:37:49	+01:34:48	07:56
33	120	José Costa	FAMA RUNNERS	Veterano M40	04:40:08	+01:37:07	08:00
34	297	Jorge Alves	Villa de Basto trail	Veterano M40	04:43:07	+01:40:06	08:05
35	167	Miguel Lopes	Individual	Veterano M40	04:48:37	+01:45:36	08:15
36	74	Diogo Barros	CB RUN	Veterano M40	04:51:03	+01:48:02	08:19
37	279	Miguel Araújo	TEAM LANTEMIL	Veterano M40	04:51:57	+01:48:56	08:21
38	294	Bruno Silva	Vaiatéondeosteuspéstelevar	Veterano M40	04:56:47	+01:53:45	08:29
39	165	Hugo Marinho	Individual	Veterano M40	04:56:52	+01:53:51	08:29
40	273	Helder Monteiro	Sucupira	Veterano M40	05:02:47	+01:59:46	08:39
41	248	Mario Costa	ProFisio eupago Team	Veterano M40	05:04:04	+02:01:03	08:41
42	117	Paulo Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M40	05:13:00	+02:09:59	08:57
43	24	César Lobo	Adcarril#oquequeremosémonte	Veterano M40	05:17:40	+02:14:39	09:05
44	168	Rui Rodrigues	Individual	Veterano M40	05:17:51	+02:14:50	09:05
45	274	Sérgio Cunha	Sucupira	Veterano M40	05:25:21	+02:22:20	09:18
46	41	Luis Guimaraes	Archilike Running	Veterano M40	05:27:25	+02:24:24	09:21

47	262	Artur Fonseca	Ruptura Total	Veterano M40	06:57:11	+03:54:10	11:55

Veterano M45

1	34	Paulo Morais	AMCF-Arrábida Trail Team	Veterano M45	03:10:33	+07:32	05:27
2	241	Jose Rosario	Porto de Mós a Correr	Veterano M45	03:10:37	+07:35	05:27
3	258	António Ferreira	Runners do Demo	Veterano M45	03:11:30	+08:29	05:28
4	109	Carlos Monteiro	F.C.Vizela	Veterano M45	03:12:54	+09:53	05:31
5	33	Marcolino Verissimo	AMCF-Arrábida Trail Team	Veterano M45	03:16:12	+13:11	05:36
6	81	Manuel Sousa	Clube de Praças da Armada	Veterano M45	03:29:31	+26:30	05:59
7	60	Fernando Alvarez Garcia	Boavista Trail	Veterano M45	03:36:28	+33:27	06:11
8	289	Pedro Pinheiro	Trilho Perdido Eventos / Imporlux	Veterano M45	03:41:05	+38:04	06:19
9	218	Fernando Carvalho	Nós Acreditamos	Veterano M45	03:48:05	+45:04	06:31
10	13	Miguel Barros	A.D.Amarante	Veterano M45	03:51:00	+47:59	06:36
11	174	Elísio Gonçalves	Individual	Veterano M45	03:54:44	+51:43	06:42
12	42	Licínio Sequeira	Associação o Mundo da Corrida	Veterano M45	03:55:00	+51:59	06:43
13	89	Carlos Alberto Gomes Silva	Clube Trilheiros & Amigos	Veterano M45	03:55:17	+52:16	06:43
14	245	RENATO OLIVEIRA	PORTOCARGO RUNNERS	Veterano M45	04:03:43	+01:00:42	06:58
15	12	Jose Teixeira	A.D.Amarante	Veterano M45	04:05:13	+01:02:12	07:00
16	172	António Oliveira	Individual	Veterano M45	04:06:55	+01:03:54	07:03
17	43	Paulo Jorge Cardoso Batista	ATLETISMO CLUB DA TOCHA	Veterano M45	04:07:35	+01:04:33	07:04
18	255	Alberto Durán Amores	Rias Baixas Trail Run	Veterano M45	04:08:39	+01:05:38	07:06
19	270	José Miguel Santos	Sporting Clube Povoense - Caracóis de Corrida	Veterano M45	04:13:17	+01:10:16	07:14
20	88	António Gomes	Clube Trilheiros & Amigos	Veterano M45	04:13:39	+01:10:38	07:15
21	91	Álvaro Mano	Coimbra Trail Running	Veterano M45	04:15:43	+01:12:42	07:18
22	190	Ricardo Pimenta	ker sport trail running	Veterano M45	04:16:20	+01:13:19	07:19
23	192	Jorge Domingues	LEBRES MINHOTAS	Veterano M45	04:19:15	+01:16:14	07:24
24	11	Filipe Barros	A.D.Amarante	Veterano M45	04:20:28	+01:17:27	07:27
25	38	Domingos barros	Amigos da Montanha	Veterano M45	04:20:59	+01:17:57	07:27
26	171	André Figueiredo	Individual	Veterano M45	04:41:58	+01:38:57	08:03
27	298	Filipe Martins	VISÃO OCULISTA	Veterano M45	04:43:55	+01:40:54	08:07
28	15	Virgílio Pinhel	A.D.Amarante	Veterano M45	04:44:22	+01:41:21	08:08
29	125	Rui Pena	GD Trancoso	Veterano M45	04:56:22	+01:53:21	08:28
30	14	Paulo Alves	A.D.Amarante	Veterano M45	04:59:36	+01:56:35	08:34
31	275	Henrique Barbedo	Sucupira	Veterano M45	05:02:47	+01:59:46	08:39
32	118	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M45	05:03:13	+02:00:11	08:40
33	178	Rui Fernandes	Individual	Veterano M45	05:03:27	+02:00:26	08:40
34	188	Joel Silva	INSANE TRAIL TEAM	Veterano M45	05:08:14	+02:05:13	08:48
35	204	José Martins	NAST - Núcleo associativo de Santo Tirso	Veterano M45	05:09:06	+02:06:04	08:50
36	224	Rogerio Abreu	O que queremos é monte	Veterano M45	05:17:41	+02:14:40	09:05
37	277	António Reis	Taylors	Veterano M45	05:20:06	+02:17:04	09:09
38	210	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M45	05:21:47	+02:18:46	09:12
39	175	João Carlos Freitas	Individual	Veterano M45	05:29:58	+02:26:57	09:26

40	177	Ricardo Ribeiro	Individual	Veterano M45	05:29:58	+02:26:57	09:26
41	99	João Paulo Vieira	DiVE Into the Mountains	Veterano M45	05:59:49	+02:56:48	10:17
42	170	Abilio Silva	Individual	Veterano M45	07:10:49	+04:07:48	12:19

Veterano M50

1	82	Virgilio Gomes	Clube de Praças da Armada	Veterano M50	03:18:59	+15:58	05:41
2	259	José Costa	Runners do Demo	Veterano M50	03:41:37	+38:36	06:20
3	254	Narciso Machado	ProFisio eupago Team	Veterano M50	03:45:26	+42:25	06:26
4	40	Jorge Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	03:51:24	+48:22	06:37
5	122	Manuel Pinheiro	Fridão Sem Limites	Veterano M50	04:03:14	+01:00:13	06:57
6	238	Paulo Osório	Outdoor Clube de Setúbal - Strendure Running Team	Veterano M50	04:05:42	+01:02:40	07:01
7	179	António Baptista	Individual	Veterano M50	04:08:01	+01:05:00	07:05
8	263	Joaquim Fernandes Pinheiro	Sem Medo	Veterano M50	04:13:06	+01:10:05	07:14
9	185	Rui Borges	Individual	Veterano M50	04:22:31	+01:19:30	07:30
10	252	Abilio Pereira	ProFisio eupago Team	Veterano M50	04:23:37	+01:20:35	07:32
11	182	Manuel cruz	Individual	Veterano M50	04:27:55	+01:24:54	07:39
12	242	Rodolfo Deyllot	Porto de Mós a Correr	Veterano M50	04:32:25	+01:29:24	07:47
13	257	Paulo Oliveira	Ronfe A Correr	Veterano M50	04:32:52	+01:29:51	07:48
14	205	Paulo Quintas	NAST - Núcleo associativo de Santo Tirso	Veterano M50	04:39:00	+01:35:58	07:58
15	180	Henrique Santos	Individual	Veterano M50	04:40:03	+01:37:02	08:00
16	131	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M50	04:54:36	+01:51:35	08:25
17	184	Paulo Martins	Individual	Veterano M50	05:07:07	+02:04:05	08:46
18	295	José Fernandes	Vaiatéondeosteuspéstelevar	Veterano M50	05:08:14	+02:05:13	08:48
19	253	Armindo Morais	ProFisio eupago Team	Veterano M50	05:17:43	+02:14:42	09:05
20	181	João Paulo Genésio	Individual	Veterano M50	05:40:19	+02:37:17	09:43

Veterano M55

1	239	Jose Martins	Ozxtreme/ADCRPereira	Veterano M55	03:27:45	+24:44	05:56
2	75	Fernando Neves	CENTRO CICLISTA DE GONDOMAR	Veterano M55	03:49:58	+46:57	06:34
3	220	Francisco Lemos	Nós Acreditamos	Veterano M55	03:56:53	+53:52	06:46
4	219	Amadeu Teixeira	Nós Acreditamos	Veterano M55	04:03:00	+59:58	06:57
5	307	Paulo Moreira	Individual	Veterano M55	04:07:48	+01:04:47	07:05
6	132	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M55	04:12:19	+01:09:18	07:13
7	39	Manuel Carlos Oliveira Ferreira	Amigos da Montanha	Veterano M55	04:27:40	+01:24:39	07:39
8	195	Joaquim Ferreira Ferreira	Melres Trail Running ordem para arrear	Veterano M55	04:31:38	+01:28:37	07:46
9	47	Luís Fontinha	BilaRunners	Veterano M55	04:43:05	+01:40:04	08:05
10	264	José Leça	Sem Medo	Veterano M55	04:48:12	+01:45:11	08:14
11	133	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M55	04:52:08	+01:49:06	08:21
12	186	Fernando Vicente	Individual	Veterano M55	04:58:41	+01:55:40	08:32

Trail Longo

35 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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13	128	José Martins	GDM Trail Team	Veterano M55	05:27:10	+02:24:09	09:21

Veterano M60

1	119	António Rocha	FACTOR X / S4L / MEDENSE FC	Veterano M60	04:06:24	+01:03:23	07:02
2	136	Manuel Moreno	HL Runners Club	Veterano M60	04:39:58	+01:36:56	08:00
3	17	João Gil	A.D.Amarante	Veterano M60	05:06:59	+02:03:57	08:46
4	94	Manuel Rodrigues	CORRER LEÇA	Veterano M60	05:18:23	+02:15:21	09:06
5	68	José Pereira Da Fonseca	Braguinhas Runners	Veterano M60	05:57:22	+02:54:20	10:13

Fafe Trail Run
Fafe, PT
03-March-2019

COLETIVO - TRAIL LONGO

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	AMCF-ARRÁBIDA TRAIL TEAM	2 + 3 + 7	12
2	CLUBE DE PRAÇAS DA ARMADA	1 + 4 + 9	14
3	ORALKLASS-AMIGOS DO TRAIL	12 + 14 + 19	45
4	ZONA ALTA TRAIL	13 + 35 + 36	84
5	BOAVISTA TRAIL	21 + 37 + 41	99
6	NOCTURNOS DE PAREDES	32 + 49 + 50	131
7	A.D.AMARANTE	43 + 44 + 45	132
8	NAST - NÚCLEO ASSOCIATIVO DE SANTO TIRSO	5 + 23 + 123	151
9	BRABUS RUNNERS	30 + 34 + 99	163
10	FACTOR X / S4L / MEDENSE FC	26 + 51 + 90	167
11	NÓS ACREDITAMOS	52 + 70 + 71	193
12	ADOSA - OS SANTA APOLÓNIA	6 + 77 + 116	199
13	PROFISIO EUPAGO TEAM	46 + 47 + 130	223
14	CLUBE TRILHEIROS & AMIGOS	56 + 66 + 105	227
15	AD MARCO 09	22 + 79 + 147	248
16	AMIGOS DA MONTANHA	16 + 119 + 140	275
17	TEAM TRAIL BEM VIVER	53 + 98 + 139	290
18	CB RUN	29 + 187 + 188	404
19	EQUIPA A	136 + 137 + 138	411
20	O QUE QUEREMOS É MONTE	87 + 227 + 229	543
21	SUCUPIRA	203 + 204 + 205	612
22	GONDOMAR FUTSAL CLUBE	192 + 194 + 237	623
23	NO TOMORROW RUNNING TEAM	235 + 236 + 258	729