lap2go TIMING SOLUTION

Fafe Trail Run 2017
Fafe
05-março-2017

TRAIL LONGO 26K - STAGE 1 — 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	14ºC	100%
End	14:35	14ºC	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
1	378	Luis Mário Fernandes	u.f. comércio e indústria atletismo	Senior Masculino	02:08:52		04:57	
2	293	Braziela Rocha	oralklass-amigos do trail	Sub 23 Masculino	02:08:53		04:57	
3	377	João Brageste Mota	u.f. comércio e indústria atletismo	Senior Masculino	02:09:16	+00:23	04:58	
4	290	Nuno Alves	oralklass-amigos do trail	Senior Masculino	02:09:41	+00:48	04:59	
5	11	Paulo Manuel Monteiro da Costa	a.d.amarante trail running	Senior Masculino	02:11:31	+02:39	05:04	
6	340	Bruno Silva	satecnosol outdoor	Sub 23 Masculino	02:12:13	+03:21	05:05	
7	291	Paulo Conde	oralklass-amigos do trail	Senior Masculino	02:13:23	+04:31	05:08	
8	287	João Nogueira	oralklass-amigos do trail	Senior Masculino	02:13:32	+04:39	05:08	
9	101	Pedro Santos	fugitivos urbanos - clínica + saúde	Veterano M40	02:13:35	+04:42	05:08	
10	24	Rodrigo Noivo Gregório	amcf - arrábida trail team	Senior Masculino	02:15:00	+06:07	05:12	
11	83	Nelson Santos	dão nelas runners	Veterano M40	02:15:17	+06:24	05:12	
12	382	Virgilio Gomes	u.f. comércio e indústria atletismo	Veterano M45	02:15:44	+06:51	05:13	
13	17	Vitor Manuel Monteiro da Costa	a.d.amarante trail running	Veterano M40	02:16:56	+08:04	05:16	
14	337	César Barros	satecnosol outdoor	Senior Masculino	02:17:46	+08:54	05:18	
15	278	Nuno Pereira	olimpico vianense trail	Senior Masculino	02:17:53	+09:01	05:18	
16	258	Joel Filipe Alves Pereira	minho e lima trail	Senior Masculino	02:17:55	+09:02	05:18	
17	26	Nélson Amaral	amcf - arrábida trail team	Veterano M40	02:18:37	+09:44	05:20	
18	182	Nuno Cardoso	individual	Veterano M40	02:19:28	+10:36	05:22	
19	401	Nuno Manuel Mendes da Silva	satecnosol outdoor	Senior Masculino	02:19:47	+10:54	05:23	
20	362	Pedro Manuel Martins Pinheiro	trilho perdido eventos / imporlux	Veterano M40	02:21:22	+12:30	05:26	
21	100	Luis Miguel Ribeiro da Cunha	figueira kayak clube	Veterano M40	02:22:29	+13:36	05:29	
22	379	Luis Miguel Silva	u.f. comércio e indústria atletismo	Senior Masculino	02:24:04	+15:12	05:32	
23	254	Pascoal Dias de Melo	minho aventura	Veterano M40	02:24:15	+15:23	05:33	
24	339	Rui Santos	satecnosol outdoor	Senior Masculino	02:24:50	+15:58	05:34	
25	263	Luis António da Rocha Magalhães	minho e lima trail	Veterano M45	02:24:58	+16:05	05:35	
26	261	Rafael Brito Abreu Pereira	minho e lima trail	Senior Masculino	02:25:02	+16:09	05:35	
27	243	Pedro Veríssimo	arsm - associação recreativa de s. miguel	Veterano M40	02:25:26	+16:34	05:36	
28	285	Filipe Carneiro	oralklass-amigos do trail	Senior Masculino	02:26:57	+18:05	05:39	
29	324	Paulo Jorge Morais Pires	runner's do demo	Senior Masculino	02:27:24	+18:31	05:40	
30	364	Paulo Roque	trilho perdido eventos / imporlux	Veterano M45	02:27:54	+19:01	05:41	
31	392	André Cunha	vimarunners	Senior Masculino	02:27:54	+19:02	05:41	
32	385	Paulo Mesquita	vila verde a correr	Senior Masculino	02:28:27	+19:34	05:43	
33	59	Helder Fernandes Pereira	clube de atletismo de ferreira do zêzere	Veterano M40	02:29:27	+20:35	05:45	
34	294	Fernando Taborda	oralklass-amigos do trail	Veterano M40	02:29:37	+20:45	05:45	
35	338	Fábio Pinto	satecnosol outdoor	Senior Masculino	02:30:03	+21:10	05:46	
36	27	Ricardo Teixeira	amcf - arrábida trail team	Veterano M40	02:30:29	+21:37	05:47	
37	383	Vasco Monteiro	vikings trail runners / ccr alcabideque	Senior Masculino	02:30:50	+21:58	05:48	
38	342	Joaquim Freitas	satecnosol outdoor	Veterano M40	02:31:59	+23:06	05:51	
39	105	Emanuel Matos	gdg-ivl	Veterano M40	02:32:15	+23:23	05:51	
40	64	António Araújo	coa - clube de orientação e aventura	Senior Masculino	02:32:24	+23:31	05:52	

TRAIL LONGO 26K - STAGE 1 — 26 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
41	172	Domingos Jorge Costa Gomes	individual	Veterano M40	02:32:37	+23:44	05:52	
42	323	Daniel Rodrigues fonseca	runner's do demo	Senior Masculino	02:32:38	+23:45	05:52	
43	305	Paulo Ribeiro	os santa apolónia	Veterano M45	02:33:30	+24:38	05:54	
44	380	Milton César Silva	u.f. comércio e indústria atletismo	Senior Masculino	02:33:34	+24:42	05:54	
45	403	Paulo Cesar	ctad-trilhos de cinfaes	Veterano M40	02:33:43	+24:50	05:55	
46	253	Daniel Novais da Silva	minho aventura	Veterano M40	02:33:56	+25:04	05:55	
47	277	Miguel Jaques	olimpico vianense trail	Senior Masculino	02:34:09	+25:17	05:56	
48	231	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	02:34:26	+25:34	05:56	
49	373	João Santos	turres trail team	Veterano M40	02:34:29	+25:37	05:57	
50	245	Bruno Gonçalves	marco trail	Senior Masculino	02:34:41	+25:48	05:57	
51	158	Sérgio Salgueiro	individual	Senior Masculino	02:35:08	+26:15	05:58	
52	139	Luís Alves - Roladores de Basto	individual	Senior Masculino	02:35:23	+26:30	05:59	
53	359	Miguel António Vicente Ribeiro	trilho perdido eventos / imporlux	Senior Masculino	02:35:27	+26:34	05:59	
54	110	HUGO ARAUJO	gtt-armazém do caffè	Senior Masculino	02:35:37	+26:45	05:59	
55	152	Ricardo Carmo	individual	Senior Masculino	02:35:43	+26:51	05:59	
56	276	João Castel-Branco	olimpico vianense trail	Senior Masculino	02:36:59	+28:06	06:02	
57	135	JOSE MANUEL PINTO	individual	Senior Masculino	02:37:00	+28:08	06:02	
58	154	Ricardo Monteiro	individual	Senior Masculino	02:37:12	+28:19	06:03	
59	209	carlos rodrigues	individual	Veterano M50	02:37:34	+28:42	06:04	
60	146	Nuno Miguel Carvalho da Silva	individual	Senior Masculino	02:37:36	+28:44	06:04	
61	217	Francisco Silva Lemos	individual	Veterano M55	02:37:42	+28:49	06:04	
62	78	Nelson Teixeira	crocodilos / misterpc	Senior Masculino	02:37:44	+28:52	06:04	
63	289	Miguel Neves	oralklass-amigos do trail	Senior Masculino	02:37:57	+29:04	06:05	
64	281	Maria Areias	oralklass-amigos do trail	Senior Feminino	02:37:57	+29:05	06:05	
65	327	Augusto Rua	runner's do demo	Veterano M40	02:38:08	+29:16	06:05	
66	168	Alberto Mariño Silva	individual	Veterano M40	02:38:19	+29:26	06:05	
67	197	GUALTER FREITAS	individual	Veterano M45	02:38:24	+29:31	06:06	
68	23	Luís Trindade	amcf - arrábida trail team	Senior Masculino	02:38:28	+29:36	06:06	
69	153	Ricardo Leandro Lopes Luis	individual	Senior Masculino	02:38:42	+29:50	06:06	
70	143	Marco David Rodrigues Silva	vila verde a correr	Senior Masculino	02:38:46	+29:54	06:06	
71	7	Jose Filipe Dinis Barros	a.d.amarante trail running	Senior Masculino	02:39:15	+30:23	06:08	
72	267	Tiago Soares	moinhos run - adrm	Senior Masculino	02:39:29	+30:36	06:08	
73	220	Jorge Catarino	insane trail team	Senior Masculino	02:41:03	+32:11	06:12	
74	145	Nuno lemos	individual	Senior Masculino	02:41:32	+32:40	06:13	
75	284	Andre Nogueira	oralklass-amigos do trail	Senior Masculino	02:41:47	+32:54	06:13	
76	374	Mariana Moreira	u.f. comércio e indústria atletismo	Senior Feminino	02:41:48	+32:56	06:13	
77	376	Filipe Inácio	u.f. comércio e indústria atletismo	Senior Masculino	02:41:49	+32:57	06:13	
78	297	Sérgio Anunciação	oralklass-amigos do trail	Veterano M50	02:42:41	+33:48	06:15	
79	295	José Costa	oralklass-amigos do trail	Veterano M40	02:42:44	+33:52	06:16	
80	329	Luís Filipe Martinho Salvador	runner's do demo	Veterano M50	02:42:59	+34:06	06:16	
81	381	Fernando Meira	u.f. comércio e indústria atletismo	Veterano M40	02:43:24	+34:31	06:17	
82	283	Nádia Casteleiro	oralklass-amigos do trail	Senior Feminino	02:44:13	+35:20	06:19	
83	292	Sergio Suzano	oralklass-amigos do trail	Senior Masculino	02:44:13	+35:20	06:19	
84	160	Vitor Andrade	individual	Senior Masculino	02:44:23	+35:30	06:19	
85	66	Jorge Nabais	coa - clube de orientação e aventura	Senior Masculino	02:44:36	+35:44	06:20	

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
86	31	Marco Rodrigues	arsm - associação recreativa de s. miguel	Veterano M40	02:44:40	+35:47	06:20	
87	316	Raul Silva	profisio team	Veterano M40	02:44:52	+36:00	06:20	
88	193	António Manuel Fraga Miranda	individual	Veterano M45	02:45:32	+36:39	06:22	
89	104	Adelino Soutinho Sousa	gdg-ivl	Senior Masculino	02:45:51	+36:58	06:23	
90	300	Carlos Fazendeiro	os falta d'ar	Veterano M55	02:45:53	+37:01	06:23	
91	229	Bruno Batista	lion runners - g. d. leões da guarda	Senior Masculino	02:45:54	+37:02	06:23	
92	8	José Luis Ferreira Pereira	a.d.amarante trail running	Senior Masculino	02:46:46	+37:54	06:25	
93	336	Sérgio Miguel Lopes Monteiro	sardonisca runners	Senior Masculino	02:47:00	+38:07	06:25	
94	299	Armenio Rodrigues	os falta d'ar	Veterano M45	02:47:02	+38:10	06:25	
95	302	Marco Brochado	os lobos do saibro	Senior Masculino	02:47:12	+38:19	06:26	
96	367	Joao Machado	turbulentos	Senior Masculino	02:47:31	+38:39	06:27	
97	262	José Carlos Roque da Costa	minho e lima trail	Veterano M45	02:47:32	+38:39	06:27	
98	58	André Melhor Duarte	clube de atletismo de ferreira do zêzere	Sub 23 Masculino	02:47:41	+38:48	06:27	
99	298	Manuel Ferreira	oralklass-amigos do trail	Veterano M55	02:47:53	+39:00	06:27	
100	79	Nuno Santos	crocodilos / misterpc	Senior Masculino	02:48:08	+39:16	06:28	
101	156	Roberto Rolandone	individual	Senior Masculino	02:48:25	+39:33	06:29	
102	180	Luís Sá	individual	Veterano M40	02:48:33	+39:41	06:29	
103	29	Telmo Carvalho	arsm - associação recreativa de s. miguel	Senior Masculino	02:48:36	+39:43	06:29	
104	273	Licínio Sequeira	o mundo da corrida	Veterano M45	02:48:36	+39:44	06:29	
105	177	Jorge Figueiredo	individual	Veterano M40	02:49:03	+40:10	06:30	
106	349	Jose Costa	ss montepio	Veterano M45	02:49:05	+40:12	06:30	
107	279	Rui Faria	olimpico vianense trail	Senior Masculino	02:49:08	+40:15	06:30	
108	399	Rui Carmo	xl&s trail	Senior Masculino	02:49:49	+40:56	06:32	
109	43	Nuno Nunes	brabus runners	Senior Masculino	02:49:53	+41:01	06:32	
110	341	Paulo Barbosa	satecnosol outdoor	Sub 23 Masculino	02:49:56	+41:03	06:32	
111	167	Alberto Duran Amores	individual	Veterano M40	02:50:14	+41:22	06:33	
112	365	Toni Marco Leitao Costa	trutas do mau - gdr granja	Senior Masculino	02:50:16	+41:24	06:33	
113	331	David Pereira	salamandrecos	Senior Masculino	02:50:41	+41:48	06:34	
114	271	Paulo Ferreira	nocturnos de paredes	Veterano M40	02:50:48	+41:55	06:34	
115	141	LUIS MIGUEL DA CUNHA SANTOS	individual	Senior Masculino	02:51:49	+42:57	06:37	
116	129	David Queiros	individual	Senior Masculino	02:51:51	+42:58	06:37	
117	195	EDUARDO LEMOS	individual	Veterano M45	02:51:52	+43:00	06:37	
118	28	António Daniel da Silva Ribeiro	António daniel da silva ribeiro	Senior Masculino	02:52:33	+43:41	06:38	
119	97	Paulo Sarmento	ffit gaia trail	Senior Masculino	02:52:37	+43:44	06:38	
120	348	Julio Santos	ss montepio	Veterano M40	02:52:54	+44:01	06:39	
121	268	Manuel Pereira Moreno	morcegos trail	Veterano M55	02:53:09	+44:17	06:40	
122	260	Bruno Narcizo	individual	Senior Masculino	02:53:15	+44:22	06:40	
123	303	Norberto Fernandes	os lobos do saibro	Senior Masculino	02:53:30	+44:38	06:40	
124	384	Luis Pedro dos Santos Caridade	vikings trail runners / ccr alcabideque	Veterano M40	02:53:30	+44:38	06:40	
125	45	Vasco Leandro Reis Ferreira	brabus runners	Senior Masculino	02:53:34	+44:41	06:41	
126	39	Adriano Mendes	brabus runners	Senior Masculino	02:53:34	+44:42	06:41	
127	41	Cesário Leite	brabus runners	Senior Masculino	02:53:34	+44:42	06:41	
128	196	Fausto Teixeira	individual	Veterano M45	02:53:59	+45:07	06:42	
129	9	José Miguel Monteiro Pereira	a.d.amarante trail running	Senior Masculino	02:54:05	+45:12	06:42	
130	315	Paulo Moura	profisio team	Veterano M40	02:54:06	+45:14	06:42	

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
131	325	Rui Nogueira	runner's do demo	Senior Masculino	02:54:07	+45:15	06:42	
132	57	José Fernandes	clube atletismo fafe	Senior Masculino	02:54:23	+45:30	06:42	
133	234	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	02:54:26	+45:34	06:43	
134	402	José Capela	individual	Veterano M55	02:54:40	+45:48	06:43	
135	151	PEDRO FERNANDES	individual	Senior Masculino	02:54:41	+45:48	06:43	
136	5	António Mendes	a.d.amarante trail running	Senior Masculino	02:54:58	+46:05	06:44	
137	345	André Manuel Martins Príncipe	sport clube beira-mar	Senior Masculino	02:55:25	+46:32	06:45	
138	233	Fernando Sampaio	lion runners - g. d. leões da guarda	Senior Masculino	02:56:25	+47:32	06:47	
139	251	Valdir Filipe Costa Pereira	minho aventura	Senior Masculino	02:56:47	+47:54	06:48	
140	55	Simão Guimarães	celtic challenge crew	Veterano M40	02:58:10	+49:17	06:51	
141	265	Inês Moreira	moinhos run - adrm	Senior Feminino	02:58:11	+49:18	06:51	
142	32	Horácio Ferreira	arsm - associação recreativa de s. miguel	Veterano M45	02:58:59	+50:07	06:53	
143	34	Dina Rocha	associação académica de coimbra	Veterana F40	02:59:01	+50:09	06:53	
144	343	Joaquim Pereira	só trilhos btt	Veterano M40	02:59:02	+50:09	06:53	
145	320	luis Ricardo Fontes Martins	run4smile	Senior Masculino	02:59:03	+50:10	06:53	
146	318	Filipe Freitas	riofit running	Veterano M40	02:59:03	+50:11	06:53	
147	210	Henrique Santos	individual	Veterano M50	02:59:20	+50:27	06:54	
148	189	telmo	individual	Veterano M40	02:59:54	+51:01	06:55	
149	179	Luís Paulo matos Ferreira	individual	Veterano M40	03:00:00	+51:08	06:55	
150	16	Hélder Pinto	a.d.amarante trail running	Veterano M40	03:00:05	+51:13	06:56	
151	344	António Pereira	sociedade recreio cepanense	Veterano M40	03:00:08	+51:16	06:56	
152	386	Diogo Torres	vila verde a correr	Sub 23 Masculino	03:00:15	+51:22	06:56	
153	319	Hugo lobo	run4all	Senior Masculino	03:00:45	+51:52	06:57	
154	282	Maria Gonçalves	oralklass-amigos do trail	Senior Feminino	03:00:51	+51:58	06:57	
155	288	João Pinto	oralklass-amigos do trail	Senior Masculino	03:00:53	+52:00	06:57	
156	211	João Almeida	individual	Veterano M50	03:01:02	+52:09	06:58	
157	215	alipio lopes	individual	Veterano M55	03:01:04	+52:12	06:58	
158	194	Antonio Oliveira	individual	Veterano M45	03:01:56	+53:04	07:00	
159	181	Miguel Ângelo Rêgo	individual	Veterano M40	03:02:04	+53:12	07:00	
160	201	Jose Florêncio Rodrigues da silva	individual	Veterano M45	03:02:05	+53:12	07:00	
161	255	José Miguel Dinis Ferreira Silva	minho aventura	Veterano M45	03:02:07	+53:14	07:00	
162	149	Pedro André Faria	individual	Senior Masculino	03:02:34	+53:41	07:01	
163	14	Urbano Filipe de Abreu Vitorino Ribeiro	a.d.amarante trail running	Senior Masculino	03:02:53	+54:00	07:02	
164	25	Margarida Amaro	amcf - arrábida trail team	Veterana F40	03:02:56	+54:03	07:02	
165	65	Artur Oliveira	coa - clube de orientação e aventura	Senior Masculino	03:03:08	+54:15	07:03	
166	387	Oscar Sousa	vila verde a correr	Veterano M40	03:03:27	+54:34	07:03	
167	134	José Andrade	individual	Senior Masculino	03:03:32	+54:40	07:04	
168	257	Francisco Moreno Cid mora	minho e lima trail	Senior Masculino	03:03:38	+54:45	07:04	
169	317	Orlando Alves	regadas runners	Veterano M45	03:03:48	+54:55	07:04	
170	107	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:04:25	+55:32	07:06	
171	395	Ricardo Miguelote	vimarunners	Senior Masculino	03:04:25	+55:32	07:06	
172	398	Susana Dantas Alves	xl&s trail	Senior Feminino	03:05:02	+56:09	07:07	
173	301	Lourenço Teixeira	os lobos do saibro	Senior Masculino	03:05:09	+56:16	07:07	
174	30	Carla Reis	arsm - associação recreativa de s. miguel	Veterana F40	03:05:14	+56:22	07:07	

TRAIL LONGO 26K - STAGE 1 — 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
175	33	Carmen Ferreira	asc vale grande	Veterana F45	03:05:35	+56:43	07:08	
176	222	Luis Santos	insane trail team	Veterano M45	03:05:45	+56:53	07:09	
177	328	Pedro Alexandre Afonso Sousa	runner's do demo	Veterano M40	03:06:14	+57:21	07:10	
178	118	José Miguel Costa Oliveira	guimarunning moscada	Veterano M40	03:07:03	+58:10	07:12	
179	375	Alberto Marques	u.f. comércio e indústria atletismo	Veterano M40	03:08:06	+59:13	07:14	
180	116	Ângela Costa	guimarunning moscada	Veterana F45	03:08:06	+59:14	07:14	
181	117	Gentil Mendes	guimarunning moscada	Veterano M40	03:08:08	+59:16	07:14	
182	333	Mariana Machado	os santa apolónia	Senior Feminino	03:08:12	+59:19	07:14	
183	334	José Henrique Martins 07	os santa apolónia	Veterano M40	03:08:13	+59:20	07:14	
184	213	Paulo Jorge Loureiro	individual	Veterano M50	03:08:21	+59:29	07:15	
185	221	JoelSilva	insane trail team	Veterano M40	03:08:23	+59:30	07:15	
186	358	João Vieira dias	trilho perdido eventos / imporlux	Senior Masculino	03:08:30	+59:37	07:15	
187	321	Marilyne Rua Marques	runner's do demo	Senior Feminino	03:08:48	+59:56	07:16	
188	244	Pedro Nogueira	marco runners	Senior Masculino	03:09:01	+01:00:09	07:16	
189	77	Luis Torres	comdor runners	Veterano M45	03:09:35	+01:00:43	07:18	
190	247	Filipe Ferreira	marco trail	Senior Masculino	03:09:51	+01:00:59	07:18	
191	199	João Freitas	individual	Veterano M45	03:09:52	+01:00:59	07:18	
192	226	Xavier Pinho	limitless	Senior Masculino	03:10:19	+01:01:27	07:19	
193	394	Daniel Fernandes	vimarunners	Senior Masculino	03:10:39	+01:01:47	07:20	
194	259	Jorge Serafim Nogueira Amorim	minho e lima trail	Senior Masculino	03:10:48	+01:01:55	07:20	
195	313	Nelson vaz	profisio team	Senior Masculino	03:10:49	+01:01:56	07:20	
196	21	Carlos Pereira	afifense trail	Veterano M45	03:10:56	+01:02:03	07:21	
197	264	Claudia Moreira	moinhos run - adrm	Senior Feminino	03:11:03	+01:02:10	07:21	
198	15	Eduardo Ribeiro	a.d.amarante trail running	Veterano M40	03:11:03	+01:02:10	07:21	
199	125	André Filipe Alves Ferreira	individual	Senior Masculino	03:11:13	+01:02:21	07:21	
200	90	David Gonçalves	factor x / s4l / medensefc	Senior Masculino	03:12:26	+01:03:34	07:24	
201	347	Joao Cardoso	ss montepio	Veterano M40	03:12:31	+01:03:39	07:24	
202	351	Hernâni Manuel Silva Veríssimo	team jmm	Senior Masculino	03:12:40	+01:03:47	07:25	
203	311	Hugo Santos	piratas da montanha	Veterano M40	03:12:41	+01:03:48	07:25	
204	352	Carlos Alberto Pires Loureiro	terras do vez	Veterano M40	03:12:46	+01:03:54	07:25	
205	190	Vasco Rocha	individual	Veterano M40	03:12:46	+01:03:54	07:25	
206	155	Ricardo Ribeiro	felinos	Senior Masculino	03:13:43	+01:04:50	07:27	
207	304	António Machado	os santa apolónia	Veterano M45	03:13:56	+01:05:03	07:28	
208	296	Luis Lopes	oralklass-amigos do trail	Veterano M40	03:14:22	+01:05:30	07:29	
209	246	Dionísio Ferreira	marco trail	Senior Masculino	03:14:31	+01:05:39	07:29	
210	307	Adriano Rocha	outsiders trail team	Veterano M45	03:14:36	+01:05:44	07:29	
211	96	Sérgio Couto	felrun	Veterano M40	03:14:42	+01:05:49	07:29	
212	286	GILBERTO DA SILVA PIMENTA	oralklass-amigos do trail	Senior Masculino	03:15:01	+01:06:09	07:30	
213	148	Nuno Sá	individual	Senior Masculino	03:15:11	+01:06:19	07:30	
214	198	helder rodrigues	individual	Veterano M45	03:15:14	+01:06:21	07:31	
215	52	Leandro Rodrigues	celtic challenge crew	Senior Masculino	03:16:50	+01:07:58	07:34	
216	72	Luís Lobato	coa - clube de orientação e aventura	Veterano M45	03:17:04	+01:08:12	07:35	
217	391	pedro coelho	vimaranes running team	Veterano M45	03:17:10	+01:08:18	07:35	
218	114	Rafael Freitas	guimarunning moscada	Senior Masculino	03:17:30	+01:08:38	07:36	

TRAIL LONGO 26K - STAGE 1 — 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
219	248	Alexandre Moreira	marco trail	Veterano M40	03:17:42	+01:08:49	07:36	
220	388	Ricardo Fernandes	vila verde a correr	Veterano M40	03:18:13	+01:09:20	07:37	
221	214	Tiago Mendes	individual	Veterano M50	03:18:58	+01:10:06	07:39	
222	98	Paulo Machado	ffit gaia trail	Veterano M50	03:19:11	+01:10:19	07:40	
223	140	Luís Filipe Silva Ferreira	individual	Senior Masculino	03:20:50	+01:11:58	07:43	
224	131	Diogo Matos	individual	Senior Masculino	03:21:05	+01:12:12	07:44	
225	6	Frederico Silva Pinto	a.d.amarante trail running	Senior Masculino	03:21:25	+01:12:32	07:45	
226	191	Vitor Cancela	individual	Veterano M40	03:21:35	+01:12:43	07:45	
227	396	Carlos Manuel Abrunhosa Borges	vimarunners	Veterano M40	03:21:57	+01:13:04	07:46	
228	368	Simão Pedro Pereira Vilaça	turbulentos	Senior Masculino	03:21:57	+01:13:04	07:46	
229	132	João Pedro Costa	individual	Senior Masculino	03:22:02	+01:13:10	07:46	
230	400	Ana Rita de Barros Carneiro	xl&s trail	Sub 23 Feminino	03:22:45	+01:13:52	07:48	
231	136	José Miguel Freitas Teixeira	felinos	Senior Masculino	03:23:09	+01:14:16	07:49	
232	147	Nuno Ribeiro	individual	Senior Masculino	03:23:15	+01:14:22	07:49	
233	371	João Costa	turbulentos	Veterano M45	03:23:17	+01:14:25	07:49	
234	280	Joana Gonçalves	oralklass-amigos do trail	Senior Feminino	03:23:18	+01:14:25	07:49	
235	74	Daniel Pinto	comdor runners	Senior Masculino	03:23:40	+01:14:47	07:50	
236	397	Matilde Sofia Soares de Brito	xl&s trail	Senior Feminino	03:23:44	+01:14:51	07:50	
237	408	Bruno Vilaça	atalanta runners	Senior Masculino	03:23:45	+01:14:52	07:50	
238	95	Luís Teixeira	felrun	Veterano M40	03:23:50	+01:14:57	07:50	
239	173	Filipe Teixeira	individual	Veterano M40	03:23:50	+01:14:58	07:50	
240	256	Nuno Carlos Lamas de Albuquerque	minho aventura	Veterano M50	03:24:29	+01:15:37	07:52	
241	18	Miguel Pinheiro Navega	acportalegre / utsm	Senior Masculino	03:25:00	+01:16:08	07:53	
242	40	António de Oliveira	brabus runners	Senior Masculino	03:25:18	+01:16:26	07:54	
243	91	Pedro Santos	factor x / s4l / medensefc	Senior Masculino	03:25:50	+01:16:57	07:55	
244	219	manuel	individual	Veterano M55	03:26:09	+01:17:17	07:56	
245	332	Ana Azevedo	os santa apolónia	Senior Feminino	03:27:05	+01:18:12	07:58	
246	270	José Cunha	nocturnos de paredes	Senior Masculino	03:27:06	+01:18:14	07:58	
247	335	Ricardo Meira	os santa apolónia	Veterano M40	03:27:11	+01:18:18	07:58	
248	241	Luís Almeida	lion runners - g. d. leões da guarda	Veterano M55	03:27:58	+01:19:05	08:00	
249	237	Carlos Saragoça	lion runners - g. d. leões da guarda	Veterano M40	03:27:58	+01:19:05	08:00	
250	369	Marinha Fernandes	turbulentos	Veterana F50	03:28:17	+01:19:24	08:01	
251	406	Carlos Fernandes	individual	Veterano M50	03:28:17	+01:19:24	08:01	
252	188	Samuel Soares	individual	Veterano M40	03:28:30	+01:19:37	08:01	
253	102	Ana Gomes	gaia running	Senior Feminino	03:29:05	+01:20:12	08:03	
254	162	Vítor Manuel Dias Alves	individual	Sub 23 Masculino	03:29:07	+01:20:14	08:03	
255	357	Teresa Bemfeita	trilho perdido eventos / imporlux	Senior Feminino	03:29:36	+01:20:44	08:04	
256	242	Serafim Ramos	lion runners - g. d. leões da guarda	Veterano M55	03:30:30	+01:21:37	08:06	
257	239	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	03:30:30	+01:21:38	08:06	
258	240	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M55	03:30:31	+01:21:38	08:06	
259	232	Diogo Ramalhão	lion runners - g. d. leões da guarda	Senior Masculino	03:30:36	+01:21:44	08:06	
260	275	Pedro Miguel Teixeira Calado	ocs/proaventuras	Veterano M40	03:31:53	+01:23:00	08:09	
261	366	carlos manuel cerqueira alves	turbulentos	Senior Masculino	03:31:56	+01:23:03	08:09	
262	175	Jeronimo Jose Ribeiro da Silva	individual	Veterano M40	03:31:57	+01:23:04	08:09	
263	184	Paulo Cruz	individual	Veterano M40	03:32:26	+01:23:33	08:10	

TRAIL LONGO 26K - STAGE 1 — 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
264	178	José Paulo Gonçalves Jordão	individual	Veterano M40	03:33:08	+01:24:15	08:12	
265	346	Marcio Silva	ss montepio	Senior Masculino	03:33:14	+01:24:21	08:12	
266	80	Carlos Leandro Carvalho Subtil	crossfit 762 fafe	Senior Masculino	03:33:14	+01:24:21	08:12	
267	121	Silvana Faria Sousa Araújo	individual	Senior Feminino	03:33:25	+01:24:33	08:13	
268	144	Nuno Gonçalves	individual	Senior Masculino	03:33:26	+01:24:33	08:13	
269	133	jose Almeida	individual	Senior Masculino	03:33:26	+01:24:34	08:13	
270	142	Marco Andrade	individual	Senior Masculino	03:33:26	+01:24:34	08:13	
271	161	Vitor Freitas	individual	Senior Masculino	03:34:09	+01:25:17	08:14	
272	69	Nuno Barata	coa - clube de orientação e aventura	Veterano M40	03:34:11	+01:25:19	08:14	
273	10	Marco Paulo Ribeiro Nunes	a.d.amarante trail running	Senior Masculino	03:34:17	+01:25:25	08:15	
274	208	Ricardo Ribeiro	individual	Veterano M45	03:34:25	+01:25:32	08:15	
275	200	Joaquim Caeiro	individual	Veterano M45	03:34:28	+01:25:36	08:15	
276	249	Luís Filipe Barros de Vasconcelos Guimarães	minho aventura	Senior Masculino	03:35:08	+01:26:16	08:16	
277	206	Pedro Barbosa	individual	Veterano M45	03:35:11	+01:26:19	08:17	
278	164	Célia Sampaio	desnível positivo	Veterana F40	03:35:12	+01:26:19	08:17	
279	163	Carla Goncalves	individual	Veterana F40	03:35:31	+01:26:38	08:17	
280	350	Avelino Pereira de Sousa	tartarugas do asfalto	Veterano M50	03:35:49	+01:26:56	08:18	
281	360	Ana Tomé	trilho perdido eventos / imporlux	Veterana F40	03:35:58	+01:27:05	08:18	
282	356	Lina Mateus	trilho perdido eventos / imporlux	Senior Feminino	03:35:58	+01:27:05	08:18	
283	312	Bruno Pereira	profisio team	Senior Masculino	03:36:56	+01:28:03	08:21	
284	308	João Pedro Carvalho Saldanha	papamilhas	Senior Masculino	03:37:03	+01:28:11	08:21	
285	207	Pedro Costa	individual	Veterano M45	03:37:04	+01:28:11	08:21	
286	165	Fatinha pinto	individual	Veterana F40	03:37:10	+01:28:17	08:21	
287	126	Artur Jorge Gomes Vieira	individual	Senior Masculino	03:38:00	+01:29:08	08:23	
288	272	Pedro Nogueira	nocturnos de paredes	Veterano M40	03:39:25	+01:30:33	08:26	
289	130	David Teixeira	individual	Senior Masculino	03:39:57	+01:31:05	08:28	
290	405	David Rodrigues	individual	Senior Masculino	03:40:56	+01:32:03	08:30	
291	187	RUI MARTINS	individual	Veterano M40	03:41:32	+01:32:40	08:31	
292	19	José Luciano Amaro	afifense trail	Sub 23 Masculino	03:41:57	+01:33:05	08:32	
293	183	Paulo António Ribeiro de Sousa	individual	Veterano M40	03:42:30	+01:33:38	08:33	
294	174	Helder Rodrigues	individual	Veterano M40	03:42:30	+01:33:38	08:33	
295	186	Ricardo castro	individual	Veterano M40	03:42:42	+01:33:50	08:34	
296	73	Luís Gonçalves	coa - clube de orientação e aventura	Veterano M50	03:43:19	+01:34:26	08:35	
297	60	Cristiano Correia	cnp - centro de treino	Senior Masculino	03:43:32	+01:34:40	08:36	
298	62	Nuno Cunha	cnp - centro de treino	Veterano M40	03:43:34	+01:34:41	08:36	
299	390	Jorge Manuel Teixeira Alves	villa de basto trail	Veterano M40	03:43:39	+01:34:46	08:36	
300	389	Nuno Santos	villa de basto trail	Senior Masculino	03:43:39	+01:34:46	08:36	
301	89	Cristiano Silva Saldanha	evolution trail team amve	Senior Masculino	03:44:22	+01:35:29	08:38	
302	113	Luís Pedro	guimarunning moscada	Senior Masculino	03:45:05	+01:36:12	08:39	
303	115	Romeu Gomes	guimarunning moscada	Senior Masculino	03:45:05	+01:36:12	08:39	
304	22	Álvaro Nunes	all about spirit team	Veterano M40	03:45:09	+01:36:17	08:40	
305	269	Agostinho Barbosa Reis	nocturnos de paredes	Senior Masculino	03:45:20	+01:36:27	08:40	
306	393	Bruno Fernandes	vimarunners	Senior Masculino	03:46:12	+01:37:20	08:42	
307	67	Nuno Figueiredo	coa - clube de orientação e aventura	Senior Masculino	03:46:40	+01:37:48	08:43	
308	70	Rodrigo Lopes	coa - clube de orientação e aventura	Veterano M40	03:47:38	+01:38:45	08:45	

TRAIL LONGO 26K - STAGE 1 — 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
309	20	Carolina Pereira	afifense trail	Veterana F45	03:48:41	+01:39:48	08:48	
310	36	Ricardo Moreira	atalanta runners	Senior Masculino	03:49:02	+01:40:09	08:49	
311	353	Cristina Oliveira	tiger girls	Senior Feminino	03:50:29	+01:41:36	08:52	
312	205	Miguel Alexandre Leitao Marques	individual	Veterano M45	03:50:30	+01:41:37	08:52	
313	63	Sónia Marques	coa - clube de orientação e aventura	Senior Feminino	03:50:46	+01:41:54	08:53	
314	355	Marlene Barbosa	tiger girls	Senior Feminino	03:50:53	+01:42:00	08:53	
315	157	Rui Pedro Marinho Pinto	individual	Senior Masculino	03:51:21	+01:42:29	08:54	
316	223	Vitor Afonso Lourenço	jobrinde - montes saloios	Veterano M45	03:51:22	+01:42:29	08:54	
317	123	Teresa Cristina de Oliveira Lima	individual	Senior Feminino	03:52:49	+01:43:56	08:57	
318	61	Marco Caldelas	cnp - centro de treino	Senior Masculino	03:53:21	+01:44:28	08:59	
319	238	Luis Miguel Ferreira	lion runners - g. d. leões da guarda	Veterano M40	03:53:52	+01:45:00	09:00	
320	235	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	03:53:53	+01:45:00	09:00	
321	354	Marcia Junqueira	tiger girls	Senior Feminino	03:54:46	+01:45:53	09:02	
322	306	Jorge Augusto Machado	os santa apolónia	Veterano M50	03:55:04	+01:46:12	09:02	
323	119	Carina silva	individual	Senior Feminino	03:56:47	+01:47:54	09:06	
324	176	Joaquim Vidal	individual	Veterano M40	03:57:19	+01:48:26	09:08	
325	128	Cesar goncalves carneiro	individual	Senior Masculino	03:57:19	+01:48:27	09:08	
326	372	Artur Silva	turbulentos	Veterano M50	03:57:39	+01:48:46	09:08	
327	150	Pedro Arlindo Vieira Madureira	individual	Senior Masculino	03:58:27	+01:49:35	09:10	
328	203	Luis Silva	individual	Veterano M45	04:00:53	+01:52:00	09:16	
329	138	José Santos	individual	Senior Masculino	04:01:58	+01:53:06	09:18	
330	81	Lúcia Lemos	ctm vila pouca de aguiar	Veterana F50	04:02:01	+01:53:09	09:19	
331	111	Luísa Araújo	guimarunning moscada	Senior Feminino	04:02:34	+01:53:42	09:20	
332	112	Márcia Sousa	guimarunning moscada	Senior Feminino	04:02:34	+01:53:42	09:20	
333	120	Florbela Peixoto	individual	Senior Feminino	04:04:24	+01:55:32	09:24	
334	169	André Nuno Gandarão Dias	individual	Veterano M40	04:06:15	+01:57:23	09:28	
335	122	sónia brás	individual	Senior Feminino	04:06:21	+01:57:29	09:29	
336	218	João Pena Gil	individual	Veterano M55	04:06:21	+01:57:29	09:29	
337	76	Sandra Pina	comdor runners	Veterana F40	04:07:35	+01:58:42	09:31	
338	75	Hugo André Couto	comdor runners	Senior Masculino	04:07:35	+01:58:43	09:31	
339	46	Vitor Castro	brabus runners	Senior Masculino	04:08:05	+01:59:12	09:33	
340	92	Nuno Oliveira	famarunners	Senior Masculino	04:09:55	+02:01:03	09:37	
341	93	Pedro Oliveira	famarunners	Senior Masculino	04:10:03	+02:01:11	09:37	
342	407	Pedro Patrício	turbulentos	Veterano M40	04:14:37	+02:05:44	09:48	
343	42	Miguel Silva	brabus runners	Senior Masculino	04:20:22	+02:11:29	10:01	
344	224	Teresa Silva28	lameira runners	Senior Feminino	04:25:00	+02:16:08	10:12	
345	225	Aristides Carvalho	lameira runners	Veterano M40	04:25:00	+02:16:08	10:12	
346	309	João Morais	peak trail team	Veterano M45	04:42:53	+02:34:01	10:53	
347	37	Filipa Alexandra Neta Ângela	blueteam	Senior Feminino	04:49:05	+02:40:13	11:07	
348	38	António Manuel Gonçalves	blueteam	Veterano M40	04:49:06	+02:40:13	11:07	
349	4	PAULA CARNEIRO	a voar	Senior Feminino	04:49:45	+02:40:53	11:09	
350	3	ANA SOARES	a voar	Senior Feminino	04:49:45	+02:40:53	11:09	
351	228	Ana Isabel Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	04:59:23	+02:50:30	11:31	
352	236	Pedro Bernardes	lion runners - g. d. leões da guarda	Senior Masculino	04:59:23	+02:50:30	11:31	
353	227	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	04:59:26	+02:50:34	11:31	

TRAIL LONGO 26K - STAGE 1 26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM	CARD
354	230	Bruno Filipe Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	04:59:26	+02:50:34	11:31	
355	171	Artur Fonseca	individual	Veterano M40	05:02:00	+02:53:08	11:37	
356	361	Fernando Ruivo	trilho perdido eventos / imporlux	Veterano M40	05:28:03	+03:19:11	12:37	

lap2go TIMING SOLUTION

Fafe Trail Run 2017
Fafe
05-março-2017

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:00	14ºC	100%
End	14:35	14ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	281	Maria Areias	Oralklass-Amigos do Trail	Senior Feminino	02:37:57		06:05
2	374	Mariana Moreira	U.F. Comércio e Indústria Atletismo	Senior Feminino	02:41:48	+03:51	06:13
3	283	Nádia Casteleiro	Oralklass-Amigos do Trail	Senior Feminino	02:44:13	+06:15	06:19
4	265	Inês Moreira	Moinhos Run - ADRM	Senior Feminino	02:58:11	+20:13	06:51
5	282	Maria Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	03:00:51	+22:53	06:57
6	107	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:04:25	+26:27	07:06
7	398	Susana Dantas Alves	XL&S TRAIL	Senior Feminino	03:05:02	+27:04	07:07
8	333	Mariana Machado	Os Santa Apolónia	Senior Feminino	03:08:12	+30:14	07:14
9	321	Marilyne Rua Marques	RUNNER'S DO DEMO	Senior Feminino	03:08:48	+30:51	07:16
10	264	Claudia Moreira	Moinhos Run - ADRM	Senior Feminino	03:11:03	+33:05	07:21
11	280	Joana Gonçalves	Oralklass-Amigos do Trail	Senior Feminino	03:23:18	+45:20	07:49
12	397	Matilde Sofia Soares de Brito	XL&S TRAIL	Senior Feminino	03:23:44	+45:46	07:50
13	332	Ana Azevedo	Os Santa Apolónia	Senior Feminino	03:27:05	+49:07	07:58
14	102	Ana Gomes	Gaia Running	Senior Feminino	03:29:05	+51:07	08:03
15	357	Teresa Bemfeita	Trilho Perdido Eventos / Imporlux	Senior Feminino	03:29:36	+51:39	08:04
16	121	Silvana Faria Sousa Araújo	Individual	Senior Feminino	03:33:25	+55:28	08:13
17	356	Lina Mateus	Trilho Perdido Eventos / Imporlux	Senior Feminino	03:35:58	+58:00	08:18
18	353	Cristina Oliveira	Tiger Girls	Senior Feminino	03:50:29	+01:12:31	08:52
19	63	Sónia Marques	COA - Clube de Orientação e Aventura	Senior Feminino	03:50:46	+01:12:49	08:53
20	355	Marlene Barbosa	Tiger Girls	Senior Feminino	03:50:53	+01:12:55	08:53
21	123	Teresa Cristina de Oliveira Lima	Individual	Senior Feminino	03:52:49	+01:14:51	08:57
22	354	Marcia Junqueira	Tiger Girls	Senior Feminino	03:54:46	+01:16:48	09:02
23	119	Carina silva	Individual	Senior Feminino	03:56:47	+01:18:49	09:06
24	111	Luísa Araújo	Guimarunning Moscada	Senior Feminino	04:02:34	+01:24:37	09:20
25	112	Márcia Sousa	Guimarunning Moscada	Senior Feminino	04:02:34	+01:24:37	09:20
26	120	Florbela Peixoto	Individual	Senior Feminino	04:04:24	+01:26:27	09:24
27	122	sónia brás	Individual	Senior Feminino	04:06:21	+01:28:24	09:29
28	224	Teresa Silva28	Lameira Runners	Senior Feminino	04:25:00	+01:47:03	10:12
29	37	Filipa Alexandra Neta Ângela	BlueTeam	Senior Feminino	04:49:05	+02:11:08	11:07
30	4	PAULA CARNEIRO	A voar	Senior Feminino	04:49:45	+02:11:48	11:09
31	3	ANA SOARES	A voar	Senior Feminino	04:49:45	+02:11:48	11:09
32	228	Ana Isabel Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:59:23	+02:21:25	11:31
33	227	Susana Faria	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:59:26	+02:21:29	11:31

Senior Masculino

1	378	Luis Mário Fernandes	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:08:52		04:57

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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2	377	João Brageste Mota	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:09:16	+00:23	04:58
3	290	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	02:09:41	+00:48	04:59
4	11	Paulo Manuel Monteiro da Costa	A.D.Amarante trail running	Senior Masculino	02:11:31	+02:39	05:04
5	291	Paulo Conde	Oralklass-Amigos do Trail	Senior Masculino	02:13:23	+04:31	05:08
6	287	João Nogueira	Oralklass-Amigos do Trail	Senior Masculino	02:13:32	+04:39	05:08
7	24	Rodrigo Noivo Gregório	AMCF - Arrábida Trail Team	Senior Masculino	02:15:00	+06:07	05:12
8	337	César Barros	Satecnosol Outdoor	Senior Masculino	02:17:46	+08:54	05:18
9	278	Nuno Pereira	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:17:53	+09:01	05:18
10	258	Joel Filipe Alves Pereira	Minho e Lima Trail	Senior Masculino	02:17:55	+09:02	05:18
11	401	Nuno Manuel Mendes da Silva	Satecnosol Outdoor	Senior Masculino	02:19:47	+10:54	05:23
12	379	Luis Miguel Silva	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:24:04	+15:12	05:32
13	339	Rui Santos	Satecnosol Outdoor	Senior Masculino	02:24:50	+15:58	05:34
14	261	Rafael Brito Abreu Pereira	Minho e Lima Trail	Senior Masculino	02:25:02	+16:09	05:35
15	285	Filipe Carneiro	Oralklass-Amigos do Trail	Senior Masculino	02:26:57	+18:05	05:39
16	324	Paulo Jorge Morais Pires	RUNNER'S DO DEMO	Senior Masculino	02:27:24	+18:31	05:40
17	392	André Cunha	vimarunners	Senior Masculino	02:27:54	+19:02	05:41
18	385	Paulo Mesquita	Vila Verde a Correr	Senior Masculino	02:28:27	+19:34	05:43
19	338	Fábio Pinto	Satecnosol Outdoor	Senior Masculino	02:30:03	+21:10	05:46
20	383	Vasco Monteiro	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:30:50	+21:58	05:48
21	64	António Araújo	COA - Clube de Orientação e Aventura	Senior Masculino	02:32:24	+23:31	05:52
22	323	Daniel Rodrigues fonseca	RUNNER'S DO DEMO	Senior Masculino	02:32:38	+23:45	05:52
23	380	Milton César Silva	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:33:34	+24:42	05:54
24	277	Miguel Jaques	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:34:09	+25:17	05:56
25	231	Celso Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:34:26	+25:34	05:56
26	245	Bruno Gonçalves	MARCO TRAIL	Senior Masculino	02:34:41	+25:48	05:57
27	158	Sérgio Salgueiro	Individual	Senior Masculino	02:35:08	+26:15	05:58
28	139	Luís Alves - Roladores de Basto	Individual	Senior Masculino	02:35:23	+26:30	05:59
29	359	Miguel António Vicente Ribeiro	Trilho Perdido Eventos / Imporlux	Senior Masculino	02:35:27	+26:34	05:59
30	110	HUGO ARAUJO	GTT-Armazém do Caffè	Senior Masculino	02:35:37	+26:45	05:59
31	152	Ricardo Carmo	Individual	Senior Masculino	02:35:43	+26:51	05:59
32	276	João Castel-Branco	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:36:59	+28:06	06:02
33	135	JOSE MANUEL PINTO	Individual	Senior Masculino	02:37:00	+28:08	06:02
34	154	Ricardo Monteiro	Individual	Senior Masculino	02:37:12	+28:19	06:03
35	146	Nuno Miguel Carvalho da Silva	Individual	Senior Masculino	02:37:36	+28:44	06:04
36	78	Nelson Teixeira	CROCODILOS / MISTERPC	Senior Masculino	02:37:44	+28:52	06:04
37	289	Miguel Neves	Oralklass-Amigos do Trail	Senior Masculino	02:37:57	+29:04	06:05
38	23	Luís Trindade	AMCF - Arrábida Trail Team	Senior Masculino	02:38:28	+29:36	06:06
39	153	Ricardo Leandro Lopes Luis	Individual	Senior Masculino	02:38:42	+29:50	06:06
40	143	Marco David Rodrigues Silva	Vila Verde a Correr	Senior Masculino	02:38:46	+29:54	06:06
41	7	Jose Filipe Dinis Barros	A.D.Amarante trail running	Senior Masculino	02:39:15	+30:23	06:08
42	267	Tiago Soares	Moinhos Run - ADRM	Senior Masculino	02:39:29	+30:36	06:08
43	220	Jorge Catarino	INSANE TRAIL TEAM	Senior Masculino	02:41:03	+32:11	06:12
44	145	Nuno lemos	Individual	Senior Masculino	02:41:32	+32:40	06:13
45	284	Andre Nogueira	Oralklass-Amigos do Trail	Senior Masculino	02:41:47	+32:54	06:13

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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46	376	Filipe Inácio	U.F. Comércio e Indústria Atletismo	Senior Masculino	02:41:49	+32:57	06:13
47	292	Sergio Suzano	Oralklass-Amigos do Trail	Senior Masculino	02:44:13	+35:20	06:19
48	160	Vitor Andrade	Individual	Senior Masculino	02:44:23	+35:30	06:19
49	66	Jorge Nabais	COA - Clube de Orientação e Aventura	Senior Masculino	02:44:36	+35:44	06:20
50	104	Adelino Soutinho Sousa	GDG-IVL	Senior Masculino	02:45:51	+36:58	06:23
51	229	Bruno Batista	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:45:54	+37:02	06:23
52	8	José Luis Ferreira Pereira	A.D.Amarante trail running	Senior Masculino	02:46:46	+37:54	06:25
53	336	Sérgio Miguel Lopes Monteiro	Sardonisca Runners	Senior Masculino	02:47:00	+38:07	06:25
54	302	Marco Brochado	Os Lobos do Saibro	Senior Masculino	02:47:12	+38:19	06:26
55	367	Joao Machado	TURBULENTOS	Senior Masculino	02:47:31	+38:39	06:27
56	79	Nuno Santos	CROCODILOS / MISTERPC	Senior Masculino	02:48:08	+39:16	06:28
57	156	Roberto Rolandone	Individual	Senior Masculino	02:48:25	+39:33	06:29
58	29	Telmo Carvalho	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	02:48:36	+39:43	06:29
59	279	Rui Faria	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:49:08	+40:15	06:30
60	399	Rui Carmo	XL&S TRAIL	Senior Masculino	02:49:49	+40:56	06:32
61	43	Nuno Nunes	Brabus Runners	Senior Masculino	02:49:53	+41:01	06:32
62	365	Toni Marco Leitao Costa	Trutas do Mau - GDR Granja	Senior Masculino	02:50:16	+41:24	06:33
63	331	David Pereira	Salamandrecos	Senior Masculino	02:50:41	+41:48	06:34
64	141	LUIS MIGUEL DA CUNHA SANTOS	Individual	Senior Masculino	02:51:49	+42:57	06:37
65	129	David Queiros	Individual	Senior Masculino	02:51:51	+42:58	06:37
66	28	António Daniel da Silva Ribeiro	António Daniel da Silva Ribeiro	Senior Masculino	02:52:33	+43:41	06:38
67	97	Paulo Sarmento	FFit Gaia Trail	Senior Masculino	02:52:37	+43:44	06:38
68	260	Bruno Narcizo	Individual	Senior Masculino	02:53:15	+44:22	06:40
69	303	Norberto Fernandes	Os Lobos do Saibro	Senior Masculino	02:53:30	+44:38	06:40
70	45	Vasco Leandro Reis Ferreira	Brabus Runners	Senior Masculino	02:53:34	+44:41	06:41
71	39	Adriano Mendes	Brabus Runners	Senior Masculino	02:53:34	+44:42	06:41
72	41	Cesário Leite	Brabus Runners	Senior Masculino	02:53:34	+44:42	06:41
73	9	José Miguel Monteiro Pereira	A.D.Amarante trail running	Senior Masculino	02:54:05	+45:12	06:42
74	325	Rui Nogueira	RUNNER'S DO DEMO	Senior Masculino	02:54:07	+45:15	06:42
75	57	José Fernandes	Clube Atletismo Fafe	Senior Masculino	02:54:23	+45:30	06:42
76	234	José Sá	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:54:26	+45:34	06:43
77	151	PEDRO FERNANDES	Individual	Senior Masculino	02:54:41	+45:48	06:43
78	5	António Mendes	A.D.Amarante trail running	Senior Masculino	02:54:58	+46:05	06:44
79	345	André Manuel Martins Príncipe	Sport Clube Beira-Mar	Senior Masculino	02:55:25	+46:32	06:45
80	233	Fernando Sampaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:56:25	+47:32	06:47
81	251	Valdir Filipe Costa Pereira	MINHO AVENTURA	Senior Masculino	02:56:47	+47:54	06:48
82	320	luis Ricardo Fontes Martins	Run4Smile	Senior Masculino	02:59:03	+50:10	06:53
83	319	Hugo lobo	Run4all	Senior Masculino	03:00:45	+51:52	06:57
84	288	João Pinto	Oralklass-Amigos do Trail	Senior Masculino	03:00:53	+52:00	06:57
85	149	Pedro André Faria	Individual	Senior Masculino	03:02:34	+53:41	07:01
86	14	Urbano Filipe de Abreu Vitorino Ribeiro	A.D.Amarante trail running	Senior Masculino	03:02:53	+54:00	07:02
87	65	Artur Oliveira	COA - Clube de Orientação e Aventura	Senior Masculino	03:03:08	+54:15	07:03

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

88	134	José Andrade	Individual	Senior Masculino	03:03:32	+54:40	07:04
89	257	Francisco Moreno Cid mora	Minho e Lima Trail	Senior Masculino	03:03:38	+54:45	07:04
90	395	Ricardo Miguelote	vimarunners	Senior Masculino	03:04:25	+55:32	07:06
91	301	Lourenço Teixeira	Os Lobos do Saibro	Senior Masculino	03:05:09	+56:16	07:07
92	358	João Vieira dias	Trilho Perdido Eventos / Imporlux	Senior Masculino	03:08:30	+59:37	07:15
93	244	Pedro Nogueira	Marco Runners	Senior Masculino	03:09:01	+01:00:09	07:16
94	247	Filipe Ferreira	MARCO TRAIL	Senior Masculino	03:09:51	+01:00:59	07:18
95	226	Xavier Pinho	Limitless	Senior Masculino	03:10:19	+01:01:27	07:19
96	394	Daniel Fernandes	vimarunners	Senior Masculino	03:10:39	+01:01:47	07:20
97	259	Jorge Serafim Nogueira Amorim	Minho e Lima Trail	Senior Masculino	03:10:48	+01:01:55	07:20
98	313	Nelson vaz	Profisio Team	Senior Masculino	03:10:49	+01:01:56	07:20
99	125	André Filipe Alves Ferreira	Individual	Senior Masculino	03:11:13	+01:02:21	07:21
100	90	David Gonçalves	Factor X / S4L / MedenseFC	Senior Masculino	03:12:26	+01:03:34	07:24
101	351	Hernâni Manuel Silva Veríssimo	TEAM JMM	Senior Masculino	03:12:40	+01:03:47	07:25
102	155	Ricardo Ribeiro	FELINOS	Senior Masculino	03:13:43	+01:04:50	07:27
103	246	Dionísio Ferreira	MARCO TRAIL	Senior Masculino	03:14:31	+01:05:39	07:29
104	286	GILBERTO DA SILVA PIMENTA	Oralklass-Amigos do Trail	Senior Masculino	03:15:01	+01:06:09	07:30
105	148	Nuno Sá	Individual	Senior Masculino	03:15:11	+01:06:19	07:30
106	52	Leandro Rodrigues	Celtic Challenge Crew	Senior Masculino	03:16:50	+01:07:58	07:34
107	114	Rafael Freitas	Guimarunning Moscada	Senior Masculino	03:17:30	+01:08:38	07:36
108	140	Luís Filipe Silva Ferreira	Individual	Senior Masculino	03:20:50	+01:11:58	07:43
109	131	Diogo Matos	Individual	Senior Masculino	03:21:05	+01:12:12	07:44
110	6	Frederico Silva Pinto	A.D.Amarante trail running	Senior Masculino	03:21:25	+01:12:32	07:45
111	368	Simão Pedro Pereira Vilaça	TURBULENTOS	Senior Masculino	03:21:57	+01:13:04	07:46
112	132	João Pedro Costa	Individual	Senior Masculino	03:22:02	+01:13:10	07:46
113	136	José Miguel Freitas Teixeira	FELINOS	Senior Masculino	03:23:09	+01:14:16	07:49
114	147	Nuno Ribeiro	Individual	Senior Masculino	03:23:15	+01:14:22	07:49
115	74	Daniel Pinto	ComDor Runners	Senior Masculino	03:23:40	+01:14:47	07:50
116	408	Bruno Vilaça	Atalanta runners	Senior Masculino	03:23:45	+01:14:52	07:50
117	18	Miguel Pinheiro Navega	ACPortalegre / UTSM	Senior Masculino	03:25:00	+01:16:08	07:53
118	40	António de Oliveira	Brabus Runners	Senior Masculino	03:25:18	+01:16:26	07:54
119	91	Pedro Santos	Factor X / S4L / MedenseFC	Senior Masculino	03:25:50	+01:16:57	07:55
120	270	José Cunha	NOCTURNOS DE PAREDES	Senior Masculino	03:27:06	+01:18:14	07:58
121	232	Diogo Ramalhão	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:30:36	+01:21:44	08:06
122	366	carlos manuel cerqueira alves	TURBULENTOS	Senior Masculino	03:31:56	+01:23:03	08:09
123	346	Marcio Silva	SS MONTEPIO	Senior Masculino	03:33:14	+01:24:21	08:12
124	80	Carlos Leandro Carvalho Subtil	CrossFit 762 Fafe	Senior Masculino	03:33:14	+01:24:21	08:12
125	144	Nuno Gonçalves	Individual	Senior Masculino	03:33:26	+01:24:33	08:13
126	133	jose Almeida	Individual	Senior Masculino	03:33:26	+01:24:34	08:13
127	142	Marco Andrade	Individual	Senior Masculino	03:33:26	+01:24:34	08:13
128	161	Vitor Freitas	Individual	Senior Masculino	03:34:09	+01:25:17	08:14
129	10	Marco Paulo Ribeiro Nunes	A.D.Amarante trail running	Senior Masculino	03:34:17	+01:25:25	08:15
130	249	Luís Filipe Barros de Vasconcelos Guimarães	MINHO AVENTURA	Senior Masculino	03:35:08	+01:26:16	08:16
131	312	Bruno Pereira	Profisio Team	Senior Masculino	03:36:56	+01:28:03	08:21
132	308	João Pedro Carvalho Saldanha	papamilhas	Senior Masculino	03:37:03	+01:28:11	08:21

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

133	126	Artur Jorge Gomes Vieira	Individual	Senior Masculino	03:38:00	+01:29:08	08:23
134	130	David Teixeira	Individual	Senior Masculino	03:39:57	+01:31:05	08:28
135	405	David Rodrigues	Individual	Senior Masculino	03:40:56	+01:32:03	08:30
136	60	Cristiano Correia	CNP - Centro de Treino	Senior Masculino	03:43:32	+01:34:40	08:36
137	389	Nuno Santos	Villa de Basto Trail	Senior Masculino	03:43:39	+01:34:46	08:36
138	89	Cristiano Silva Saldanha	Evolution trail team Amve	Senior Masculino	03:44:22	+01:35:29	08:38
139	113	Luís Pedro	Guimarunning Moscada	Senior Masculino	03:45:05	+01:36:12	08:39
140	115	Romeu Gomes	Guimarunning Moscada	Senior Masculino	03:45:05	+01:36:12	08:39
141	269	Agostinho Barbosa Reis	NOCTURNOS DE PAREDES	Senior Masculino	03:45:20	+01:36:27	08:40
142	393	Bruno Fernandes	vimarunners	Senior Masculino	03:46:12	+01:37:20	08:42
143	67	Nuno Figueiredo	COA - Clube de Orientação e Aventura	Senior Masculino	03:46:40	+01:37:48	08:43
144	36	Ricardo Moreira	Atalanta runners	Senior Masculino	03:49:02	+01:40:09	08:49
145	157	Rui Pedro Marinho Pinto	Individual	Senior Masculino	03:51:21	+01:42:29	08:54
146	61	Marco Caldelas	CNP - Centro de Treino	Senior Masculino	03:53:21	+01:44:28	08:59
147	235	Miguel Mendes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:53:53	+01:45:00	09:00
148	128	Cesar goncalves carneiro	Individual	Senior Masculino	03:57:19	+01:48:27	09:08
149	150	Pedro Arlindo Vieira Madureira	Individual	Senior Masculino	03:58:27	+01:49:35	09:10
150	138	José Santos	Individual	Senior Masculino	04:01:58	+01:53:06	09:18
151	75	Hugo André Couto	ComDor Runners	Senior Masculino	04:07:35	+01:58:43	09:31
152	46	Vitor Castro	Brabus Runners	Senior Masculino	04:08:05	+01:59:12	09:33
153	92	Nuno Oliveira	FAMARUNNERS	Senior Masculino	04:09:55	+02:01:03	09:37
154	93	Pedro Oliveira	FAMARUNNERS	Senior Masculino	04:10:03	+02:01:11	09:37
155	42	Miguel Silva	Brabus Runners	Senior Masculino	04:20:22	+02:11:29	10:01
156	236	Pedro Bernardes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:59:23	+02:50:30	11:31
157	230	Bruno Filipe Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:59:26	+02:50:34	11:31

Sub 23 Feminino

1	400	Ana Rita de Barros Carneiro	XL&S TRAIL	Sub 23 Feminino	03:22:45		07:48

Sub 23 Masculino

1	293	Braziela Rocha	Oralklass-Amigos do Trail	Sub 23 Masculino	02:08:53		04:57
2	340	Bruno Silva	Satecnosol Outdoor	Sub 23 Masculino	02:12:13	+03:21	05:05
3	58	André Melhor Duarte	Clube de Atletismo de Ferreira do Zêzere	Sub 23 Masculino	02:47:41	+38:48	06:27
4	341	Paulo Barbosa	Satecnosol Outdoor	Sub 23 Masculino	02:49:56	+41:03	06:32
5	386	Diogo Torres	Vila Verde a Correr	Sub 23 Masculino	03:00:15	+51:22	06:56
6	162	Vítor Manuel Dias Alves	Individual	Sub 23 Masculino	03:29:07	+01:20:14	08:03
7	19	José Luciano Amaro	Afifense Trail	Sub 23 Masculino	03:41:57	+01:33:05	08:32

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterana F40

1	34	Dina Rocha	Associação Académica de Coimbra	Veterana F40	02:59:01		06:53
2	25	Margarida Amaro	AMCF - Arrábida Trail Team	Veterana F40	03:02:56	+03:54	07:02
3	30	Carla Reis	ARSM - Associação Recreativa de S. Miguel	Veterana F40	03:05:14	+06:13	07:07
4	164	Célia Sampaio	Desnível Positivo	Veterana F40	03:35:12	+36:10	08:17
5	163	Carla Goncalves	Individual	Veterana F40	03:35:31	+36:29	08:17
6	360	Ana Tomé	Trilho Perdido Eventos / Imporlux	Veterana F40	03:35:58	+36:56	08:18
7	165	Fatinha pinto	Individual	Veterana F40	03:37:10	+38:08	08:21
8	76	Sandra Pina	ComDor Runners	Veterana F40	04:07:35	+01:08:33	09:31

Veterana F45

1	33	Carmen Ferreira	ASC Vale Grande	Veterana F45	03:05:35		07:08
2	116	Ângela Costa	Guimarunning Moscada	Veterana F45	03:08:06	+02:31	07:14
3	20	Carolina Pereira	Afifense Trail	Veterana F45	03:48:41	+43:05	08:48

Veterana F50

1	369	Marinha Fernandes	TURBULENTOS	Veterana F50	03:28:17		08:01
2	81	Lúcia Lemos	CTM VILA POUCA DE AGUIAR	Veterana F50	04:02:01	+33:45	09:19

Veterano M40

1	101	Pedro Santos	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Veterano M40	02:13:35		05:08
2	83	Nelson Santos	Dão Nelas Runners	Veterano M40	02:15:17	+01:42	05:12
3	17	Vitor Manuel Monteiro da Costa	A.D.Amarante trail running	Veterano M40	02:16:56	+03:22	05:16
4	26	Nélson Amaral	AMCF - Arrábida Trail Team	Veterano M40	02:18:37	+05:02	05:20
5	182	Nuno Cardoso	Individual	Veterano M40	02:19:28	+05:54	05:22
6	362	Pedro Manuel Martins Pinheiro	Trilho Perdido Eventos / Imporlux	Veterano M40	02:21:22	+07:48	05:26
7	100	Luis Miguel Ribeiro da Cunha	Figueira Kayak Clube	Veterano M40	02:22:29	+08:54	05:29
8	254	Pascoal Dias de Melo	MINHO AVENTURA	Veterano M40	02:24:15	+10:41	05:33
9	243	Pedro Veríssimo	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:25:26	+11:52	05:36
10	59	Helder Fernandes Pereira	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	02:29:27	+15:53	05:45
11	294	Fernando Taborda	Oralklass-Amigos do Trail	Veterano M40	02:29:37	+16:03	05:45
12	27	Ricardo Teixeira	AMCF - Arrábida Trail Team	Veterano M40	02:30:29	+16:55	05:47
13	342	Joaquim Freitas	Satecnosol Outdoor	Veterano M40	02:31:59	+18:24	05:51
14	105	Emanuel Matos	GDG-IVL	Veterano M40	02:32:15	+18:41	05:51
15	172	Domingos Jorge Costa Gomes	Individual	Veterano M40	02:32:37	+19:02	05:52
16	403	Paulo Cesar	CTAD-Trilhos de cinfaes	Veterano M40	02:33:43	+20:08	05:55
17	253	Daniel Novais da Silva	MINHO AVENTURA	Veterano M40	02:33:56	+20:22	05:55
18	373	João Santos	Turres Trail Team	Veterano M40	02:34:29	+20:55	05:57

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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19	327	Augusto Rua	RUNNER'S DO DEMO	Veterano M40	02:38:08	+24:34	06:05
20	168	Alberto Mariño Silva	Individual	Veterano M40	02:38:19	+24:44	06:05
21	295	José Costa	Oralklass-Amigos do Trail	Veterano M40	02:42:44	+29:10	06:16
22	381	Fernando Meira	U.F. Comércio e Indústria Atletismo	Veterano M40	02:43:24	+29:49	06:17
23	31	Marco Rodrigues	ARSM - Associação Recreativa de S. Miguel	Veterano M40	02:44:40	+31:05	06:20
24	316	Raul Silva	Profisio Team	Veterano M40	02:44:52	+31:18	06:20
25	180	Luís Sá	Individual	Veterano M40	02:48:33	+34:59	06:29
26	177	Jorge Figueiredo	Individual	Veterano M40	02:49:03	+35:28	06:30
27	167	Alberto Duran Amores	Individual	Veterano M40	02:50:14	+36:40	06:33
28	271	Paulo Ferreira	NOCTURNOS DE PAREDES	Veterano M40	02:50:48	+37:13	06:34
29	348	Julio Santos	SS MONTEPIO	Veterano M40	02:52:54	+39:19	06:39
30	384	Luis Pedro dos Santos Caridade	VIKINGS TRAIL RUNNERS / CCR ALCABIDEQUE	Veterano M40	02:53:30	+39:56	06:40
31	315	Paulo Moura	Profisio Team	Veterano M40	02:54:06	+40:32	06:42
32	55	Simão Guimarães	Celtic Challenge Crew	Veterano M40	02:58:10	+44:35	06:51
33	343	Joaquim Pereira	Só Trilhos BTT	Veterano M40	02:59:02	+45:27	06:53
34	318	Filipe Freitas	RIOFIT RUNNING	Veterano M40	02:59:03	+45:29	06:53
35	189	telmo	Individual	Veterano M40	02:59:54	+46:19	06:55
36	179	Luís Paulo matos Ferreira	Individual	Veterano M40	03:00:00	+46:26	06:55
37	16	Hélder Pinto	A.D.Amarante trail running	Veterano M40	03:00:05	+46:31	06:56
38	344	António Pereira	SOCIEDADE RECREIO CEPANENSE	Veterano M40	03:00:08	+46:34	06:56
39	181	Miguel Ângelo Rêgo	Individual	Veterano M40	03:02:04	+48:30	07:00
40	387	Oscar Sousa	Vila Verde a Correr	Veterano M40	03:03:27	+49:52	07:03
41	328	Pedro Alexandre Afonso Sousa	RUNNER'S DO DEMO	Veterano M40	03:06:14	+52:39	07:10
42	118	José Miguel Costa Oliveira	Guimarunning Moscada	Veterano M40	03:07:03	+53:28	07:12
43	375	Alberto Marques	U.F. Comércio e Indústria Atletismo	Veterano M40	03:08:06	+54:31	07:14
44	117	Gentil Mendes	Guimarunning Moscada	Veterano M40	03:08:08	+54:34	07:14
45	334	José Henrique Martins 07	Os Santa Apolónia	Veterano M40	03:08:13	+54:38	07:14
46	221	JoelSilva	INSANE TRAIL TEAM	Veterano M40	03:08:23	+54:48	07:15
47	15	Eduardo Ribeiro	A.D.Amarante trail running	Veterano M40	03:11:03	+57:28	07:21
48	347	Joao Cardoso	SS MONTEPIO	Veterano M40	03:12:31	+58:57	07:24
49	311	Hugo Santos	Piratas da Montanha	Veterano M40	03:12:41	+59:06	07:25
50	352	Carlos Alberto Pires Loureiro	TERRAS DO VEZ	Veterano M40	03:12:46	+59:12	07:25
51	190	Vasco Rocha	Individual	Veterano M40	03:12:46	+59:12	07:25
52	296	Luis Lopes	Oralklass-Amigos do Trail	Veterano M40	03:14:22	+01:00:48	07:29
53	96	Sérgio Couto	Felrun	Veterano M40	03:14:42	+01:01:07	07:29
54	248	Alexandre Moreira	MARCO TRAIL	Veterano M40	03:17:42	+01:04:07	07:36
55	388	Ricardo Fernandes	Vila Verde a Correr	Veterano M40	03:18:13	+01:04:38	07:37
56	191	Vitor Cancela	Individual	Veterano M40	03:21:35	+01:08:01	07:45
57	396	Carlos Manuel Abrunhosa Borges	vimarunners	Veterano M40	03:21:57	+01:08:22	07:46
58	95	Luís Teixeira	Felrun	Veterano M40	03:23:50	+01:10:15	07:50
59	173	Filipe Teixeira	Individual	Veterano M40	03:23:50	+01:10:16	07:50
60	335	Ricardo Meira	Os Santa Apolónia	Veterano M40	03:27:11	+01:13:36	07:58
61	237	Carlos Saragoça	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:27:58	+01:14:23	08:00
62	188	Samuel Soares	Individual	Veterano M40	03:28:30	+01:14:55	08:01

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

63	239	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:30:30	+01:16:56	08:06
64	275	Pedro Miguel Teixeira Calado	OCS/PROAVENTURAS	Veterano M40	03:31:53	+01:18:18	08:09
65	175	Jeronimo Jose Ribeiro da Silva	Individual	Veterano M40	03:31:57	+01:18:22	08:09
66	184	Paulo Cruz	Individual	Veterano M40	03:32:26	+01:18:51	08:10
67	178	José Paulo Gonçalves Jordão	Individual	Veterano M40	03:33:08	+01:19:33	08:12
68	69	Nuno Barata	COA - Clube de Orientação e Aventura	Veterano M40	03:34:11	+01:20:37	08:14
69	272	Pedro Nogueira	NOCTURNOS DE PAREDES	Veterano M40	03:39:25	+01:25:51	08:26
70	187	RUI MARTINS	Individual	Veterano M40	03:41:32	+01:27:58	08:31
71	183	Paulo António Ribeiro de Sousa	Individual	Veterano M40	03:42:30	+01:28:56	08:33
72	174	Helder Rodrigues	Individual	Veterano M40	03:42:30	+01:28:56	08:33
73	186	Ricardo castro	Individual	Veterano M40	03:42:42	+01:29:08	08:34
74	62	Nuno Cunha	CNP - Centro de Treino	Veterano M40	03:43:34	+01:29:59	08:36
75	390	Jorge Manuel Teixeira Alves	Villa de Basto Trail	Veterano M40	03:43:39	+01:30:04	08:36
76	22	Álvaro Nunes	All About Spirit Team	Veterano M40	03:45:09	+01:31:35	08:40
77	70	Rodrigo Lopes	COA - Clube de Orientação e Aventura	Veterano M40	03:47:38	+01:34:03	08:45
78	238	Luis Miguel Ferreira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:53:52	+01:40:18	09:00
79	176	Joaquim Vidal	Individual	Veterano M40	03:57:19	+01:43:44	09:08
80	169	André Nuno Gandarão Dias	Individual	Veterano M40	04:06:15	+01:52:41	09:28
81	407	Pedro Patrício	TURBULENTOS	Veterano M40	04:14:37	+02:01:02	09:48
82	225	Aristides Carvalho	Lameira Runners	Veterano M40	04:25:00	+02:11:26	10:12
83	38	António Manuel Gonçalves	BlueTeam	Veterano M40	04:49:06	+02:35:31	11:07
84	171	Artur Fonseca	Individual	Veterano M40	05:02:00	+02:48:26	11:37
85	361	Fernando Ruivo	Trilho Perdido Eventos / Imporlux	Veterano M40	05:28:03	+03:14:29	12:37

Veterano M45

1	382	Virgilio Gomes	U.F. Comércio e Indústria Atletismo	Veterano M45	02:15:44		05:13
2	263	Luis António da Rocha Magalhães	Minho e Lima Trail	Veterano M45	02:24:58	+09:14	05:35
3	364	Paulo Roque	Trilho Perdido Eventos / Imporlux	Veterano M45	02:27:54	+12:10	05:41
4	305	Paulo Ribeiro	Os Santa Apolónia	Veterano M45	02:33:30	+17:47	05:54
5	197	GUALTER FREITAS	Individual	Veterano M45	02:38:24	+22:40	06:06
6	193	António Manuel Fraga Miranda	Individual	Veterano M45	02:45:32	+29:48	06:22
7	299	Armenio Rodrigues	Os Falta D'Ar	Veterano M45	02:47:02	+31:19	06:25
8	262	José Carlos Roque da Costa	Minho e Lima Trail	Veterano M45	02:47:32	+31:48	06:27
9	273	Licínio Sequeira	O Mundo da Corrida	Veterano M45	02:48:36	+32:53	06:29
10	349	Jose Costa	SS MONTEPIO	Veterano M45	02:49:05	+33:21	06:30
11	195	EDUARDO LEMOS	Individual	Veterano M45	02:51:52	+36:09	06:37
12	196	Fausto Teixeira	Individual	Veterano M45	02:53:59	+38:16	06:42
13	32	Horácio Ferreira	ARSM - Associação Recreativa de S. Miguel	Veterano M45	02:58:59	+43:16	06:53
14	194	Antonio Oliveira	Individual	Veterano M45	03:01:56	+46:13	07:00
15	201	Jose Florêncio Rodrigues da silva	Individual	Veterano M45	03:02:05	+46:21	07:00
16	255	José Miguel Dinis Ferreira Silva	MINHO AVENTURA	Veterano M45	03:02:07	+46:23	07:00
17	317	Orlando Alves	Regadas Runners	Veterano M45	03:03:48	+48:04	07:04

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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18	222	Luis Santos	INSANE TRAIL TEAM	Veterano M45	03:05:45	+50:02	07:09
19	77	Luis Torres	ComDor Runners	Veterano M45	03:09:35	+53:52	07:18
20	199	João Freitas	Individual	Veterano M45	03:09:52	+54:08	07:18
21	21	Carlos Pereira	Afifense Trail	Veterano M45	03:10:56	+55:12	07:21
22	304	António Machado	Os Santa Apolónia	Veterano M45	03:13:56	+58:12	07:28
23	307	Adriano Rocha	Outsiders trail team	Veterano M45	03:14:36	+58:53	07:29
24	198	helder rodrigues	Individual	Veterano M45	03:15:14	+59:30	07:31
25	72	Luís Lobato	COA - Clube de Orientação e Aventura	Veterano M45	03:17:04	+01:01:21	07:35
26	391	pedro coelho	Vimaranes Running Team	Veterano M45	03:17:10	+01:01:27	07:35
27	371	João Costa	TURBULENTOS	Veterano M45	03:23:17	+01:07:34	07:49
28	208	Ricardo Ribeiro	Individual	Veterano M45	03:34:25	+01:18:41	08:15
29	200	Joaquim Caeiro	Individual	Veterano M45	03:34:28	+01:18:45	08:15
30	206	Pedro Barbosa	Individual	Veterano M45	03:35:11	+01:19:28	08:17
31	207	Pedro Costa	Individual	Veterano M45	03:37:04	+01:21:20	08:21
32	205	Miguel Alexandre Leitao Marques	Individual	Veterano M45	03:50:30	+01:34:46	08:52
33	223	Vitor Afonso Lourenço	JOBRINDE - MONTES SALOIOS	Veterano M45	03:51:22	+01:35:38	08:54
34	203	Luis Silva	Individual	Veterano M45	04:00:53	+01:45:09	09:16
35	309	João Morais	Peak Trail Team	Veterano M45	04:42:53	+02:27:10	10:53

Veterano M50

1	209	carlos rodrigues	Individual	Veterano M50	02:37:34		06:04
2	297	Sérgio Anunciação	Oralklass-Amigos do Trail	Veterano M50	02:42:41	+05:06	06:15
3	329	Luís Filipe Martinho Salvador	RUNNER'S DO DEMO	Veterano M50	02:42:59	+05:24	06:16
4	210	Henrique Santos	Individual	Veterano M50	02:59:20	+21:45	06:54
5	211	João Almeida	Individual	Veterano M50	03:01:02	+23:27	06:58
6	213	Paulo Jorge Loureiro	Individual	Veterano M50	03:08:21	+30:47	07:15
7	214	Tiago Mendes	Individual	Veterano M50	03:18:58	+41:24	07:39
8	98	Paulo Machado	FFit Gaia Trail	Veterano M50	03:19:11	+41:37	07:40
9	256	Nuno Carlos Lamas de Albuquerque	MINHO AVENTURA	Veterano M50	03:24:29	+46:55	07:52
10	406	Carlos Fernandes	Individual	Veterano M50	03:28:17	+50:42	08:01
11	350	Avelino Pereira de Sousa	Tartarugas do Asfalto	Veterano M50	03:35:49	+58:14	08:18
12	73	Luís Gonçalves	COA - Clube de Orientação e Aventura	Veterano M50	03:43:19	+01:05:44	08:35
13	306	Jorge Augusto Machado	Os Santa Apolónia	Veterano M50	03:55:04	+01:17:30	09:02
14	372	Artur Silva	TURBULENTOS	Veterano M50	03:57:39	+01:20:04	09:08

Veterano M55

1	217	Francisco Silva Lemos	Individual	Veterano M55	02:37:42		06:04
2	300	Carlos Fazendeiro	Os Falta D'Ar	Veterano M55	02:45:53	+08:12	06:23
3	298	Manuel Ferreira	Oralklass-Amigos do Trail	Veterano M55	02:47:53	+10:11	06:27
4	268	Manuel Pereira Moreno	MORCEGOS TRAIL	Veterano M55	02:53:09	+15:28	06:40
5	402	José Capela	Individual	Veterano M55	02:54:40	+16:59	06:43
6	215	alipio lopes	Individual	Veterano M55	03:01:04	+23:23	06:58

Trail Longo 26K

26 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

7	219	manuel	Individual	Veterano M55	03:26:09	+48:28	07:56
8	241	Luís Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M55	03:27:58	+50:16	08:00
9	242	Serafim Ramos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M55	03:30:30	+52:48	08:06
10	240	Ernesto Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M55	03:30:31	+52:49	08:06
11	218	João Pena Gil	Individual	Veterano M55	04:06:21	+01:28:40	09:29

COLETIVA 26K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Oralklass-Amigos do Trail	2 + 4 + 7	13
2	U.F. Comércio e Indústria Atletismo	1 + 3 + 12	16
3	Satecnosol Outdoor	6 + 14 + 19	39
4	AMCF - Arrábida Trail Team	10 + 17 + 36	63
5	Minho e Lima Trail	16 + 25 + 26	67
6	A.D.Amarante trail running	5 + 13 + 71	89
7	Trilho Perdido Eventos / Imporlux	20 + 30 + 53	103
8	OLIMPICO VIANENSE TRAIL	15 + 47 + 56	118
9	RUNNER'S DO DEMO	29 + 42 + 65	136
10	MINHO AVENTURA	23 + 46 + 139	208
11	ARSM - Associação Recreativa de S. Miguel	27 + 86 + 103	216
12	Vila Verde a Correr	32 + 70 + 152	254
13	LION RUNNERS - G. D. LEÕES DA GUARDA	48 + 91 + 133	272
14	COA - Clube de Orientação e Aventura	40 + 85 + 165	290
15	Brabus Runners	109 + 125 + 126	360
16	Os Lobos do Saibro	95 + 123 + 173	391
17	vimarunners	31 + 171 + 193	395
18	Os Santa Apolónia	43 + 182 + 183	408
19	Moinhos Run - ADRM	72 + 141 + 197	410
20	Profisio Team	87 + 130 + 195	412
21	SS MONTEPIO	106 + 120 + 201	427
22	INSANE TRAIL TEAM	73 + 176 + 185	434
23	MARCO TRAIL	50 + 190 + 209	449
24	XL&S TRAIL	108 + 172 + 230	510
25	Guimarunning Moscada	178 + 180 + 181	539
26	TURBULENTOS	96 + 228 + 233	557
27	NOCTURNOS DE PAREDES	114 + 246 + 288	648
28	ComDor Runners	189 + 235 + 337	761
29	Afifense Trail	196 + 292 + 309	797
30	CNP - Centro de Treino	297 + 298 + 318	913
31	Tiger Girls	311 + 314 + 321	946