

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	2288	João Lopes	Vitória Fc Trail Running	02:16:45.023	00:00:00.000
2	2206	Filipe Costa	Clube Desportivo De Espite	02:20:17.537	00:03:32.514
3	2087	Emanuel Freitas	Associação Porto Da Cruz Trail Team	02:22:01.733	00:05:16.710
4	2219	João Fernandes	Zona Alta Trail	02:22:31.993	00:05:46.970
5	2357	Tomás Estevães	Run.Pt	02:24:44.903	00:07:59.880
6	2149	Virgilio Gomes	Clube De Praças Da Armada/ Cpa Trail Team	02:25:21.600	00:08:36.577
7	2364	José Lopes	Caça Km	02:26:19.057	00:09:34.034
8	2270	José Domínguez	Edv-Viana Trail	02:27:23.820	00:10:38.797
9	2218	André Rosario	Zona Alta Trail	02:29:40.753	00:12:55.730
10	2233	Juvenal Faria	Acd Jardim Da Serra	02:32:41.683	00:15:56.660
11	2252	Salvador Oliveira	B.T.M.	02:33:21.363	00:16:36.340
12	2160	Nuno Figueiredo	Dive Into The Mountains	02:33:21.830	00:16:36.807
13	2278	Ricardo Mordomo	Clube Desportivo De Espite	02:35:24.890	00:18:39.867
14	2001	Nuno Castel-Branco	Olimpico Vianense Trail	02:37:11.433	00:20:26.410
15	2057	Pedro Osório	Viseu 360	02:37:20.857	00:20:35.834
16	2283	Tiago Aragão	Ctad - Consumo Zero	02:37:48.987	00:21:03.964
17	2244	Bruno Freitas	Acd Jardim Da Serra	02:37:55.217	00:21:10.194
18	1020	Fernando Carvalho	Cmm-Escaravelhos Team	02:38:17.300	00:21:32.277
19	2077	André Magalhães	Arsm - Associação Recreativa De S. Miguel	02:39:30.347	00:22:45.324
20	2232	Sérgio Santos	Acd Jardim Da Serra	02:39:36.730	00:22:51.707
21	2148	Manuel Sousa	Clube De Praças Da Armada/ Cpa Trail Team	02:39:54.567	00:23:09.544
22	2150	Luis Silva	Clube De Praças Da Armada/ Cpa Trail Team	02:40:28.937	00:23:43.914
23	2363	Emanuel Lucas	Individual	02:40:42.200	00:23:57.177
24	2275	Tiago Ferreira	Alverca Urban Runners	02:40:46.307	00:24:01.284
25	2341	Gonçalo Duque	Alverca Urban Runners	02:41:02.663	00:24:17.640
26	2368	Inês Marques	#Intotheworld	02:42:24.323	00:25:39.300
27	2140	Paulo Borralhinho	Ccdr Colmeal Da Torre	02:43:15.640	00:26:30.617
28	2347	José Ribeiro	Individual	02:43:25.280	00:26:40.257
29	2340	Ivo Silva	Associação Beat Your Limit!	02:43:26.650	00:26:41.627
30	1024	Guilherme Hora	Outdoor Clube De Setúbal - Strendure Runnung Team	02:46:40.070	00:29:55.047
31	2384	Vitor Gateira	Individual	02:46:46.447	00:30:01.424
32	2342	Nuno Paiva	Caes Da Avenida	02:47:03.157	00:30:18.134
33	2230	César Ramos	Acd Jardim Da Serra	02:47:04.900	00:30:19.877
34	2284	Dinis Santos	Clube Desportivo De Espite	02:47:33.270	00:30:48.247
35	2243	Pedro Pinto	Acd Jardim Da Serra	02:48:07.970	00:31:22.947
36	2123	Natércia Silvestre	Ab Cansado Trail	02:49:10.413	00:32:25.390
37	2300	José Cruz	Grupo Btt De Manteigas	02:49:17.417	00:32:32.394
38	2282	Jorge Correia	Portobay	02:49:55.257	00:33:10.234
39	2050	Manuel Fernandes	Viseu 360	02:50:06.797	00:33:21.774
40	2044	Carlos Ferreira	Viseu 360	02:50:08.420	00:33:23.397
41	2370	João Pimentel	Ar Casaense / Escola De Atletismo De Coimbra / Intermarché Condeixa	02:50:51.210	00:34:06.187
42	2086	Juan Teixeira	Associação Porto Da Cruz Trail Team	02:50:58.597	00:34:13.574
43	2110	Pedro Rodrigues	Clube De Montanhismo Da Guarda	02:51:42.140	00:34:57.117
44	2308	Gustavo Barros	Green Trace Runners	02:51:52.087	00:35:07.064

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
45	2365	André Lopes	Caça Km	02:52:01.790	00:35:16.767
46	2362	Daniel Gonçalves	Canhoso	02:52:05.663	00:35:20.640
47	1066	Marco Silva	Outdoor Clube De Setúbal - Strendure Runnung Team	02:52:23.333	00:35:38.310
48	2328	João Plácido	Zona Alta Trail	02:52:35.797	00:35:50.774
49	2207	Helder Henriques	Bfc Street Band	02:52:42.987	00:35:57.964
50	2167	Jorge Paulino	Strendure Running Team	02:52:59.793	00:36:14.770
51	2216	Renata Gonçalves	Montanha Clube Trail Running / Efapel	02:53:03.797	00:36:18.774
52	2339	Carlos Jesus	Associação Beat Your Limit!	02:53:39.380	00:36:54.357
53	2324	Helder Oliveira	Clube Efacec	02:54:20.987	00:37:35.964
54	2327	Paulo Castro	Clube Efacec	02:54:21.140	00:37:36.117
55	2279	André Sismeiro	Clube Desportivo De Espite	02:54:26.527	00:37:41.504
56	2043	Nelson Diogo	Amcf - Arrábida Trail Team	02:54:35.217	00:37:50.194
57	2124	Osvaldo Ovelheiro	Individual	02:55:11.250	00:38:26.227
58	2156	João Alves	Individual	02:56:23.617	00:39:38.594
59	2088	João Figueira	Associação Porto Da Cruz Trail Team	02:57:31.470	00:40:46.447
60	2329	Paulo Gaião	Zona Alta Trail	02:59:25.827	00:42:40.804
61	2271	Paulo Casais	Clube De Montanha Alto Trilho - Javalis	02:59:52.533	00:43:07.510
62	2197	Filipe Tavares	Aztrail Mercentro	03:00:01.927	00:43:16.904
63	2108	Miguel Aguiar	Viseu 360	03:00:22.203	00:43:37.180
64	2117	Pedro Anjos	Clac Entroncamento/Ondatrilhos	03:00:58.517	00:44:13.494
65	2120	Paulo Mota	Clac Entroncamento/Ondatrilhos	03:00:59.637	00:44:14.614
66	2181	Simao Castro	Coimbra Trail Running	03:01:22.097	00:44:37.074
67	2220	José Dias	Zona Alta Trail	03:02:43.590	00:45:58.567
68	2386	Kiko	Individual	03:03:21.373	00:46:36.350
69	2126	Paulo Costa	Individual	03:03:38.137	00:46:53.114
70	2170	Nuno Silva	Individual	03:03:49.503	00:47:04.480
71	2356	Bruno Silva	Clube De Montanhismo Da Guarda	03:04:24.333	00:47:39.310
72	2164	Antonio Batista	Viriathvs Runners Vielpeças Trail	03:05:05.717	00:48:20.694
73	2104	Sandra Mendes	Profisio Team	03:05:07.700	00:48:22.677
74	2236	Hugo Sequeira	Ac Portalegre/Utsm	03:05:12.467	00:48:27.444
75	2372	Nuno Tomé	Galhardos Runners	03:06:18.520	00:49:33.497
76	2125	Luis Mesquita	Bustos Runners	03:06:32.767	00:49:47.744
77	2323	Pedro Castro	Clube Efacec	03:07:43.423	00:50:58.400
78	2100	Filipe Moreira	Porto De Mós A Correr	03:08:01.703	00:51:16.680
79	2378	Pedro Fernandes	A.C.E. - Acabar Com Estilo	03:08:04.260	00:51:19.237
80	2107	João Henriques	Individual	03:08:22.843	00:51:37.820
81	2369	Diogo Cunha	Individual	03:08:32.740	00:51:47.717
82	1177	Ricardo Sousa	Arriba Trail Runners	03:08:41.580	00:51:56.557
83	2205	Vitor Santo	Arcd Venda Da Luisa	03:08:58.233	00:52:13.210
84	2111	Francisco Aguiar	Viseu 360	03:09:10.730	00:52:25.707
85	2247	Diogo Barros	Cb Run	03:09:35.863	00:52:50.840
86	2269	Rosa Barros	A.D. Amarante	03:10:02.660	00:53:17.637
87	2268	Diana Elias	Ca Barreira	03:10:47.280	00:54:02.257
88	2106	Raul Silva	Profisio Team	03:11:39.727	00:54:54.704

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
89	2375	Daniel Paiva	Galhardos Runners	03:11:49.290	00:55:04.267
90	2332	Marilisa Fernandes	Clube Desportivo E Cultural Do Porto Moniz	03:11:52.733	00:55:07.710
91	2192	Joao Rosa	Matilha Running	03:14:20.373	00:57:35.350
92	2316	Filipe Saraiva	Adm Trail Team	03:14:22.490	00:57:37.467
93	2261	Rui Pacheco	Clube De Montanhismo Da Guarda	03:15:55.027	00:59:10.004
94	2026	Francisco Rebelo	Ab Cansado Trail	03:16:01.743	00:59:16.720
95	2000	Nuno Cesário	Moita A Correr	03:16:23.217	00:59:38.194
96	2366	Valter Gouveia	Centro Ciclista De Gondomar	03:16:25.947	00:59:40.924
97	2227	Nuno Gonçalves	Individual	03:16:33.217	00:59:48.194
98	2358	Fábio Sanches	Individual	03:16:40.140	00:59:55.117
99	2042	Nuno Cardoso	Viseu 360	03:16:52.677	01:00:07.654
100	2131	Luís Andrade	Grupo Desportivo Ferreirense	03:17:34.913	01:00:49.890
101	2286	José Barbosa	Boavista Trail	03:18:06.767	01:01:21.744
102	2010	Bruno Lopes	Moita A Correr	03:18:17.453	01:01:32.430
103	2337	Hugo Azevedo	Associação Beat Your Limit!	03:18:25.927	01:01:40.904
104	2095	Tânia Carneiro	Nast - Núcleo Associativo De Santo Tirso	03:18:51.290	01:02:06.267
105	2134	Rui Carneiro	Nast - Núcleo Associativo De Santo Tirso	03:18:51.623	01:02:06.600
106	2122	José Andrade	Grupo Desportivo Ferreirense	03:18:58.170	01:02:13.147
107	2007	Nuno Sendão	Lethes Trail Team	03:19:18.200	01:02:33.177
108	2105	Marco Moura	Profisio Team	03:20:26.170	01:03:41.147
109	2209	Arlindo Deus	Clube Millenniumbcp	03:21:00.840	01:04:15.817
110	2074	Bruno Silva	Milhundos United	03:22:34.063	01:05:49.040
111	2267	Paulo Conceição	Guarda	03:23:00.433	01:06:15.410
112	2189	Álvaro Centeio	Ugas Trail Running	03:23:00.747	01:06:15.724
113	2258	Ana Moreira	Clube De Montanhismo Da Guarda	03:23:20.317	01:06:35.294
114	2041	Angelo Lourenço	Viseu 360	03:23:22.353	01:06:37.330
115	2133	Joaquim Almeida	Coimbra Trail Running	03:24:03.853	01:07:18.830
116	2213	Andreia Brás	Soure Mov	03:24:37.883	01:07:52.860
117	2003	Pedro Luzio	Ss Cgd	03:24:51.107	01:08:06.084
118	2214	Joana Dionísio	Soure Mov	03:25:03.617	01:08:18.594
119	2383	Miguel Judas	Running Mag	03:26:00.107	01:09:15.084
120	2260	Manuel Fonseca	Clube De Montanhismo Da Guarda	03:26:44.287	01:09:59.264
121	2291	Paulo Ferreira	Individual	03:27:19.873	01:10:34.850
122	2312	Pedro Seixas	Individual	03:27:25.050	01:10:40.027
123	2031	Manuel Teixeira	Individual	03:27:51.410	01:11:06.387
124	2143	Luz Paulo	Clube De Montanhismo Da Guarda	03:27:54.623	01:11:09.600
125	2067	Carina Araújo	Acd Jardim Da Serra	03:27:55.460	01:11:10.437
126	2379	Pedro Pereira	Individual	03:28:03.063	01:11:18.040
127	2188	Miguel Neves	Ugas Trail Running	03:29:08.593	01:12:23.570
128	2187	Daniel Santos	Ugas Trail Running	03:29:08.680	01:12:23.657
129	2004	Carmo Moser	Monsanto Running Team	03:29:18.457	01:12:33.434
130	2224	João Quiterio	Individual	03:32:47.927	01:16:02.904
131	2393	Elisabete Repas	Individual	03:33:17.960	01:16:32.937
132	2056	Bruno Santos	B.T.M.	03:33:18.573	01:16:33.550

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
133	2223	Francisca Leite	Alexandra Carvalho Team	03:33:28.527	01:16:43.504
134	2165	Maria Ornelas	Acd Jardim Da Serra	03:33:43.803	01:16:58.780
135	2072	Maria Almeida	Associação Porto Da Cruz Trail Team	03:33:53.267	01:17:08.244
136	2048	Jorge Gonçalves	Individual	03:35:14.637	01:18:29.614
137	2153	Edgar Silva	Individual	03:35:23.107	01:18:38.084
138	2351	Daniel Mendes	Gondomar Futsal Clube	03:35:33.087	01:18:48.064
139	2295	Andreia Pires	Individual	03:35:54.443	01:19:09.420
140	2039	Antonino Gonçalves	Desnivel Positivo	03:36:08.043	01:19:23.020
141	2238	Pedro Sendão	Lethes Trail Team	03:36:18.893	01:19:33.870
142	2182	Helena Madeira	Individual	03:36:19.240	01:19:34.217
143	2098	Nuno Silva	Individual	03:36:53.593	01:20:08.570
144	2175	Rogério Batista	Clube Terras Do Côa - Sabugal	03:36:54.487	01:20:09.464
145	2298	André Saraiva	Individual	03:36:55.937	01:20:10.914
146	2201	Diogo Couto	Mrr	03:36:56.640	01:20:11.617
147	2246	Moises Rodrigues	Runners Do Demo	03:37:46.637	01:21:01.614
148	2142	Eduardo Ferreira	Runners Do Demo	03:39:09.623	01:22:24.600
149	2190	Tiago Carneiro	Vento	03:39:26.900	01:22:41.877
150	2343	Americo Antunes	Alverca Urban Runners	03:39:28.660	01:22:43.637
151	2049	Rui Sameiro	Outdoor Clube De Setúbal - Strendure Runnung Team	03:40:38.383	01:23:53.360
152	2254	Sylvie Duarte	Individual	03:40:43.970	01:23:58.947
153	2061	Rui Filipe	Ab Cansado Trail	03:40:48.410	01:24:03.387
154	2146	Cesar Nunes	Auto Reparadora Vale De Estacas	03:40:51.430	01:24:06.407
155	2289	João Meneses	Tqm Running Team	03:41:09.133	01:24:24.110
156	2305	Maria Martins	Outdoor Clube De Setúbal - Strendure Runnung Team	03:41:14.083	01:24:29.060
157	2017	Emmanuel Domingos	Individual	03:41:15.420	01:24:30.397
158	2178	Bruno Graça	Individual	03:42:38.647	01:25:53.624
159	2211	Pedro Fontinha	Clube Millenniumbcp	03:43:03.677	01:26:18.654
160	2285	Rui Gama	Individual	03:43:57.207	01:27:12.184
161	2314	Luis Gama	Gdct Unicre	03:43:57.387	01:27:12.364
162	2259	Paulo Brás	Clube De Montanhismo Da Guarda	03:45:53.517	01:29:08.494
163	2381	João Lobo	Individual	03:45:53.563	01:29:08.540
164	2019	Tiago Borges	Team Shark	03:46:00.540	01:29:15.517
165	2166	Catarina Pires	Individual	03:46:12.037	01:29:27.014
166	2292	Rui Santos	Blackbulls / Clube De Condeixa	03:46:18.030	01:29:33.007
167	2052	Cláudia Cunha	Correr Leça	03:46:43.440	01:29:58.417
168	2198	Paulo Assis	Individual	03:48:03.547	01:31:18.524
169	2302	Mário Santiago	Individual	03:49:05.200	01:32:20.177
170	2145	Andreia Flórido	Monsanto Running Team	03:49:06.257	01:32:21.234
171	2352	Jose Pereira	Kemedo Team	03:50:16.300	01:33:31.277
172	2353	Jose Pinto	Kemedo Team	03:50:16.490	01:33:31.467
173	2013	Mario Silva	Sintrarunning	03:51:51.333	01:35:06.310
174	1143	Ana Marques	Individual	03:53:05.740	01:36:20.717
175	2073	Ana Carneiro	Individual	03:53:19.157	01:36:34.134
176	2217	Helder Gomes	Kemedo Team	03:53:19.403	01:36:34.380

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
177	2354	Luis Silva	Kemedo Team	03:53:19.583	01:36:34.560
178	2020	Nuno Caldas	Individual	03:53:54.167	01:37:09.144
179	2377	Pedro Pinto	Galhardos Runners	03:54:06.393	01:37:21.370
180	2374	Rodrigo Pinto	Galhardos Runners	03:54:07.467	01:37:22.444
181	2376	Diogo Santos	Galhardos Runners	03:54:07.680	01:37:22.657
182	2032	Maria Fernandes	Arcorun	03:55:52.863	01:39:07.840
183	2139	Francisca Sousa	Viseu 360	03:56:22.543	01:39:37.520
184	2294	Cláudia Cravo	Abutres	03:58:04.803	01:41:19.780
185	2092	João Ferreira	Run4eat	03:58:12.200	01:41:27.177
186	2193	Sónia Cardoso	Runningprábjeca	03:58:22.790	01:41:37.767
187	2093	Ernesto Martins	Lion Runners - G. D. Leões Da Guarda	03:58:41.637	01:41:56.614
188	2080	André Silva	B.T.M.	03:58:54.147	01:42:09.124
189	1142	Sandra Zeferino	Individual	03:58:56.077	01:42:11.054
190	2253	Carlos Teixeira	Individual	03:59:08.163	01:42:23.140
191	2186	Mário Martins	Individual	03:59:09.690	01:42:24.667
192	2296	Rui Pestana	Acd Jardim Da Serra	03:59:21.933	01:42:36.910
193	2071	Carla Ferreira	Correr Leça	03:59:41.280	01:42:56.257
194	2274	Vítor Dias	Clube Trilheiros & Amigos	03:59:47.527	01:43:02.504
195	2194	Luís Cardoso	Runningprábjeca	03:59:55.370	01:43:10.347
196	2237	José Martins	Clube De Corrida Ren	04:00:26.557	01:43:41.534
197	2079	Paulo Matafome	Individual	04:00:45.223	01:44:00.200
198	2081	Pedro Elias	Individual	04:00:45.280	01:44:00.257
199	2183	Nuno Moreira	Retorta - Quinta Das Arcas	04:01:07.047	01:44:22.024
200	2113	Luis Rei	Clac Entroncamento/Ondatrilhos	04:01:10.037	01:44:25.014
201	2311	Ana Saraiva	Individual	04:01:18.680	01:44:33.657
202	2215	Bernardo Domingos	Individual	04:01:24.423	01:44:39.400
203	2255	Sandra Monteiro	Clube De Montanha Alto Trilho - Javalis	04:01:59.767	01:45:14.744
204	2256	Nuno Oliveira	Clube De Montanha Alto Trilho - Javalis	04:02:01.413	01:45:16.390
205	2114	Manuel Julio	Clac Entroncamento/Ondatrilhos	04:04:08.193	01:47:23.170
206	2184	Sérgio Pereira	Individual	04:04:19.137	01:47:34.114
207	2128	João Barradas	Individual	04:04:54.777	01:48:09.754
208	2241	Ruben Escorcio	Acd Jardim Da Serra	04:06:07.960	01:49:22.937
209	2240	Mayra Abreu	Acd Jardim Da Serra	04:06:08.313	01:49:23.290
210	2154	Julio Terra	Aztrail Mercentro	04:06:18.683	01:49:33.660
211	2083	Luís Vieira	Kunalama Runners	04:06:33.013	01:49:47.990
212	2028	Mara Freitas	Individual	04:07:21.407	01:50:36.384
213	2249	Mariana Coelho	Runners Do Demo	04:07:25.357	01:50:40.334
214	2068	Filipe Costa	Casa Do Benfica De Arganil	04:07:32.437	01:50:47.414
215	2051	Cândida Bento	Correr Leça	04:07:36.000	01:50:50.977
216	2062	Susana Martins	Ab Cansado Trail	04:07:40.087	01:50:55.064
217	2228	Rita Lemos	Individual	04:08:03.983	01:51:18.960
218	2345	Susana Câncio	Mountainlover	04:08:21.670	01:51:36.647
219	2171	Rui Marques	Laundos Trail	04:08:24.743	01:51:39.720
220	2096	Helena Beirão	Alexandra Carvalho Team	04:09:18.223	01:52:33.200

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
221	2023	Pedro Loureiro	Clube Dos Mansos	04:09:20.287	01:52:35.264
222	2024	Manuel Neves	Clube Dos Mansos	04:09:20.377	01:52:35.354
223	2022	Lucas Leitão	Clube Dos Mansos	04:09:22.133	01:52:37.110
224	2355	Antonio Lobo	Lisboa	04:09:27.060	01:52:42.037
225	2055	Liseta Pinto	Moreira Relax Runners	04:09:37.703	01:52:52.680
226	2367	Jorge Almeida	Factor X / S4I / Medense Fc	04:10:06.947	01:53:21.924
227	2018	Susete Marques	Run4eat	04:10:18.020	01:53:32.997
228	2159	João Vieira	Dive Into The Mountains	04:10:32.293	01:53:47.270
229	2204	Suzana Santo	Arcd Venda Da Luisa	04:10:59.743	01:54:14.720
230	2313	André Martins	Viseu 360	04:12:19.677	01:55:34.654
231	2330	Paulo Marques	Individual	04:13:18.173	01:56:33.150
232	3012	Ana Marques	Clube Efacec	04:13:34.470	01:56:49.447
233	2203	Paula Palmeiro	Arcd Venda Da Luisa	04:13:49.713	01:57:04.690
234	2191	Verissimo Trindade	Individual	04:14:41.327	01:57:56.304
235	2091	Joel Luis	Adm Trail Team	04:14:42.620	01:57:57.597
236	2006	Rui Madeira	Individual	04:15:07.287	01:58:22.264
237	2380	Filipa Pimenta	Individual	04:16:01.787	01:59:16.764
238	2094	Sílvia Silva	Alexandra Carvalho Team	04:16:38.077	01:59:53.054
239	2137	Carla Ribeiro	Happy Runners	04:16:48.300	02:00:03.277
240	2138	Miguel Ribeiro	Happy Runners	04:16:48.370	02:00:03.347
241	2169	Valdemar Almeida	Invicta Runners Team	04:16:51.367	02:00:06.344
242	2176	Carlos Oliveira	Portocargo Runners	04:17:31.970	02:00:46.947
243	2317	Ana Martins	Adm Trail Team	04:18:05.223	02:01:20.200
244	2168	Maria Pires	#Letsrunazores	04:18:08.397	02:01:23.374
245	2385	Miguel Costa	Individual	04:18:20.260	02:01:35.237
246	2320	David Graça	Adm Trail Team	04:18:39.860	02:01:54.837
247	2315	Marcos Paiva	Adm Trail Team	04:18:44.147	02:01:59.124
248	2025	Ricardo Correia	Clube Dos Mansos	04:18:54.527	02:02:09.504
249	2090	Claudia Moura	Individual	04:19:22.030	02:02:37.007
250	2158	Renata Almeida	Dive Into The Mountains	04:20:16.127	02:03:31.104
251	2054	Rita Monteiro	Individual	04:21:35.673	02:04:50.650
252	2202	Cidália Canais	Arcd Venda Da Luisa	04:22:56.223	02:06:11.200
253	2034	Domingos Araújo	Conf. D.A.S.	04:24:38.977	02:07:53.954
254	2196	Gilberto Duque	Individual	04:24:56.923	02:08:11.900
255	2155	Beatriz Loureiro	Pernetas	04:24:59.303	02:08:14.280
256	2035	Irene Silva	Conf. D.A.S.	04:25:48.033	02:09:03.010
257	2272	Maria Marques	Runners Do Demo	04:26:59.617	02:10:14.594
258	2210	Carla Olimpo	Clube Millenniumbcp	04:28:23.270	02:11:38.247
259	2127	Carla Nascimento	Viriathvs Runners Vielpeças Trail	04:28:23.690	02:11:38.667
260	2273	António Lameira	Individual	04:28:41.077	02:11:56.054
261	2163	Hugo Nogueira	Bakarus Sad	04:29:00.650	02:12:15.627
262	2382	Flávio Cunha	Bakarus Sad	04:29:00.680	02:12:15.657
263	2287	Diogo Batista	Strix Running	04:29:00.960	02:12:15.937
264	2346	Tiago Matos	F&R	04:29:05.610	02:12:20.587

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
265	2348	Pedro Lopes	Ss Cgd	04:29:05.867	02:12:20.844
266	2306	Célia Carvalho	Montanha Clube Trail Running / Efapel	04:29:23.097	02:12:38.074
267	2053	Edite Gonçalves	Correr Leça	04:29:25.910	02:12:40.887
268	2360	Tânia Antunes	Individual	04:29:27.217	02:12:42.194
269	2303	Sandra Gonçalves	Montanha Clube Trail Running / Efapel	04:31:03.093	02:14:18.070
270	2361	Diogo Oliveira	Kemedo Team	04:34:02.607	02:17:17.584
271	2135	Pedro Duarte	Kemedo Team	04:34:03.250	02:17:18.227
272	1110	Pedro Neves	Individual	04:35:20.320	02:18:35.297
273	2263	Susana Costa	Clube De Montanhismo Da Guarda	04:35:23.940	02:18:38.917
274	2322	Joana Domingos	Adm Trail Team	04:36:23.640	02:19:38.617
275	2065	Francisco Cardoso	Individual	04:38:00.417	02:21:15.394
276	2066	Fabio Fazenda	Individual	04:38:08.730	02:21:23.707
277	2276	Miguel Moreno	Villanueva Corre... Y Mucho	04:41:02.247	02:24:17.224
278	2277	Eugenio Lindo	Atletismo Badajoz	04:41:04.420	02:24:19.397
279	2231	Fatima Fernandes	Acd Jardim Da Serra	04:42:33.520	02:25:48.497
280	2234	Oscar Correia	Acd Jardim Da Serra	04:42:34.557	02:25:49.534
281	2144	Raquel Ferreira	B.T.M.	04:42:46.807	02:26:01.784
282	2141	Rui Sà	Fit Gaia Trail	04:43:25.817	02:26:40.794
283	2046	Tanya Reis	B.T.M.	04:43:35.627	02:26:50.604
284	2221	Jorge Sousa	Individual	04:43:57.840	02:27:12.817
285	2222	Carlos Aguiar	Individual	04:44:00.127	02:27:15.104
286	2157	Elsa Rodrigues	Naus Trail Team	04:44:28.430	02:27:43.407
287	2248	Ivete Alves	Melgaço Alvarinho Trail Team	04:45:09.203	02:28:24.180
288	2097	Carlos Ferraz	Individual	04:45:47.800	02:29:02.777
289	2136	Susana Ferraz	Individual	04:45:47.967	02:29:02.944
290	2371	Sónia Rodrigues	Galhardos Runners	04:45:54.660	02:29:09.637
291	2208	Rui Viegas	Galhardos Runners	04:45:54.773	02:29:09.750
292	2030	Diana Dias	Clube Trilheiros & Amigos	04:46:12.543	02:29:27.520
293	2027	José Silva	Clube Trilheiros & Amigos	04:46:19.493	02:29:34.470
294	2173	Dora Santos	Individual	04:49:42.540	02:32:57.517
295	2290	Carlos Xavier	Individual	04:49:42.543	02:32:57.520
296	25	Sérgio Martins	Ctt Almada	04:49:43.507	02:32:58.484
297	2179	Álvaro Reis	Individual	04:52:22.973	02:35:37.950
298	2297	Cristina Pires	Guarda Runners	04:54:28.637	02:37:43.614
299	2059	Patrícia Rocha	Individual	04:54:30.443	02:37:45.420
300	2350	Helena Vasconcelos	F&R	04:54:50.960	02:38:05.937
301	2349	Alfredo Chambel	F&R	04:54:51.720	02:38:06.697
302	2015	Jorge Araújo	Individual	04:55:01.727	02:38:16.704
303	2016	Carla Oliveira	Individual	04:55:02.207	02:38:17.184
304	2174	Rosa Costa	Moreira Relax Runners	04:57:03.810	02:40:18.787
305	2180	Pedro Rodrigues	Boavista Trail	04:57:56.383	02:41:11.360
306	2162	Diana Moura	Dive Into The Mountains	05:00:13.550	02:43:28.527
307	2075	Pedro Martins	Individual	05:03:58.910	02:47:13.887
308	2076	Sara Martins	Individual	05:03:59.360	02:47:14.337

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
309	2078	Marco Gaspar	Individual	05:04:14.690	02:47:29.667
310	2226	Pedro Medeiros	Ludens Clube De Machico	05:04:32.143	02:47:47.120
311	2280	Maria Saldanha	Multirunners	05:04:50.867	02:48:05.844
312	2281	António Botelho	Multirunners	05:04:51.503	02:48:06.480
313	2121	Andreia Vieira	Boavista Trail	05:05:56.107	02:49:11.084
314	2099	Fabio Boto	Individual	05:06:30.423	02:49:45.400
315	2012	Márcia Sobral	Salamandrecos	05:06:42.987	02:49:57.964
316	2011	Ana Cabrita	Salamandrecos	05:06:43.327	02:49:58.304
317	2118	Christine Wilman	Portaoesteportugal	05:07:54.127	02:51:09.104
318	2047	Paula Castro	Alexandra Carvalho Team	05:11:43.737	02:54:58.714
319	2307	Sandra Freire	Adm Trail Team	05:11:56.557	02:55:11.534
320	2301	Fábio Nogueira	Grupo Btt De Manteigas	05:11:57.090	02:55:12.067
321	2293	Paulo Gonçalves	Abutres	05:13:24.947	02:56:39.924
322	2038	Elisia Gonçalves	Desnivel Positivo	05:14:35.087	02:57:50.064
323	2321	Vitor Ramiro	Adm Trail Team	05:14:35.613	02:57:50.590
324	2037	Fernanda Esteves	Desnivel Positivo	05:14:36.587	02:57:51.564
325	2299	Víctor Veloso	Grupo Btt De Manteigas	05:15:29.917	02:58:44.894
326	2334	Sergio Alves	Fat Fast Runners Autogarsilva	05:16:53.820	03:00:08.797
327	2319	Joel Roger	Adm Trail Team	05:19:47.347	03:03:02.324
328	2318	Tiago Saraiva	Adm Trail Team	05:19:47.643	03:03:02.620
329	2373	Isabel Rodrigues	Galhardos Runners	05:20:12.643	03:03:27.620
330	2060	Marisa Silva	Correr Leça	05:20:55.410	03:04:10.387
331	2250	Daniel Dias	Adm Trail Team	05:24:44.803	03:07:59.780
332	2251	Inês Quaresma	Adm Trail Team	05:24:46.030	03:08:01.007
333	2225	Andreia Valente	Os Caga Tacos Running Team	05:27:26.793	03:10:41.770
334	2199	Helena Roxo	Monte Dos Amigos	05:33:28.483	03:16:43.460
335	2200	Miguel Pinto	Monte Dos Amigos	05:33:29.343	03:16:44.320
336	2265	Wilson Nogueira	Adm Trail Team	05:39:38.337	03:22:53.314
337	2264	Joana Clara	Adm Trail Team	05:39:40.837	03:22:55.814
338	2229	Célia Silva	Individual	06:04:27.357	03:47:42.334
339	2132	Susana Vieira	Pace.Makers	06:05:38.080	03:48:53.057
340	2359	Rui Botelho	Individual	06:05:38.857	03:48:53.834
341	2151	Luis Neves	Caminhosoeste	06:05:42.810	03:48:57.787
342	2119	François Wilman	Portaoesteportugal	06:14:16.013	03:57:30.990
343	2391	Paulo Costa	Individual	06:15:40.617	03:58:55.594
344	2239	Susana Rito	Boavista Trail	06:35:13.390	04:18:28.367
345	2326	Fábio Vasconcelos	Clube Efacec	06:35:17.143	04:18:32.120