

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HELIO FUMO	Runner'S Do Demo	3113	1	02:04:10.730	00:00:00.000
GUILHERME LOURENÇO	Crp Ribafria	2264	2	02:06:01.287	00:01:50.557
DIOGO BAENA	U.F. Comércio E Indústria Atletismo	2341	3	02:12:27.490	00:08:16.760
TIAGO GODINHO	Caracol Trail Team	2220	4	02:13:24.730	00:09:14.000
JOÃO FERNANDES	Zona Alta Trail	2087	5	02:18:31.510	00:14:20.780
EDGAR RESENDE	Dr. Merino/4Moove	2269	6	02:19:01.267	00:14:50.537
PAULOS ESTEVES	Dão Nelas Runners	1039	7	02:20:15.017	00:16:04.287
FRANCISCO CARVALHO	Cmm - Escaravelhos Team	2216	8	02:20:45.523	00:16:34.793
RUFINO PAIVA	Ocs - Proaventuras	2090	9	02:20:56.770	00:16:46.040
VIRGÍLIO GOMES	U.F. Comércio E Indústria Atletismo	2348	10	02:20:57.517	00:16:46.787
DAVID GOUVEIA	Cmm - Escaravelhos Team	2198	11	02:21:48.270	00:17:37.540
MARCELO GRAÇA	U.F. Comércio E Indústria Atletismo	2345	12	02:23:09.273	00:18:58.543
FREDERICO CERDEIRA	Monsanto Running Team	2231	13	02:24:01.273	00:19:50.543
SÉRGIO DUARTE	Dr. Merino/4Moove	2270	14	02:24:33.543	00:20:22.813
MIGUEL RIBEIRO	Zona Alta Trail	2084	15	02:24:41.777	00:20:31.047
DOMINGOS FREITAS	Dr. Merino/4Moove	2268	16	02:25:05.277	00:20:54.547
NÉLSON RODRIGUES	Galhardos Runners	2233	17	02:25:49.027	00:21:38.297
JOÃO CANELAS	U.F. Comércio E Indústria Atletismo	2343	18	02:26:07.777	00:21:57.047
GONÇALO HENRIQUES	Montanha Clube Trail Running - Efapel	2213	19	02:27:37.820	00:23:27.090
JOSÉ SEQUEIRA	Montanha Clube Trail Running - Efapel	2126	20	02:28:25.283	00:24:14.553
NELSON DIOGO	Amcf - Arrábida Trail Team	2331	21	02:29:33.793	00:25:23.063
JOÃO PLÁCIDO	Zona Alta Trail	2086	22	02:31:21.540	00:27:10.810
JOÃO SILVA	U.F. Comércio E Indústria Atletismo	2347	23	02:32:29.327	00:28:18.597
ÁLVARO MANO	Coimbra Trail Running	2204	24	02:34:20.047	00:30:09.317
RUI RODRIGUES	Go!Runners / Outpro Store	2246	25	02:35:07.297	00:30:56.567
TIAGO GASPAS	Arsm - Associação Recreativa De S. Miguel	2325	26	02:35:53.550	00:31:42.820
HUGO VENTURA	Ozxtreme/Adcrpereira	2284	27	02:36:12.810	00:32:02.080
PEDRO GOMES	Esgalhada Trail Team	2313	28	02:38:18.550	00:34:07.820
TONY FIGUEIREDO	Dão Nelas Runners	2308	29	02:38:42.807	00:34:32.077
HUGO HENRIQUES	Galhardos Runners	2194	30	02:38:58.553	00:34:47.823
RUI GASPAS	Montanha Clube Trail Running - Efapel	2291	31	02:40:30.053	00:36:19.323
CLÁUDIO ROÇAS	Dão Nelas Runners	2296	32	02:40:30.053	00:36:19.323
JOÃO TIAGO DIAS	A.B.Cansado Trail	2359	33	02:40:50.087	00:36:39.357
JORGE FILIPE	Montanha Clube Trail Running - Efapel	2161	34	02:41:56.307	00:37:45.577
ANDRÉ PIRES	Individual	2363	35	02:41:59.680	00:37:48.950
EDGAR SALVADO	Cmm - Escaravelhos Team	2217	36	02:42:58.067	00:38:47.337
NUNO TOMÉ	Galhardos Runners	2236	37	02:43:18.133	00:39:07.403
ROGÉRIO COSTA	U.F. Comércio E Indústria Atletismo	2346	38	02:43:26.307	00:39:15.577
RAUL SILVA	Profisio Team	2259	39	02:43:52.810	00:39:42.080
JOÃO MOREIRA	Individual	2361	40	02:44:00.347	00:39:49.617
BRUNO SERRA	Ninja Runners	2273	41	02:44:25.060	00:40:14.330
XAVIER SOUSA	Moita A Correr	2058	42	02:44:41.727	00:40:30.997
TIAGO PORTELA	Alexandra Carvalho Team	2132	43	02:44:54.313	00:40:43.583
FRANCISCO MARTINS	Acabar Com Estilo	2318	44	02:45:14.810	00:41:04.080

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SAMUEL AMORIM	Edl Trail	2211	45	02:45:48.817	00:41:38.087
NUNO MORAIS	Edl Trail	2186	46	02:47:46.813	00:43:36.083
MÁRIO FIGUEIRAS	Acm Montemor A Correr	2105	47	02:49:06.067	00:44:55.337
ANTÓNIO GASPAR	Shfit Trail Team	2139	48	02:49:24.817	00:45:14.087
JOSÉ CRUZ	Galhardos Runners	2241	49	02:49:30.817	00:45:20.087
PAULO FERREIRA	Individual	2367	50	02:49:40.447	00:45:29.717
RICARDO MENDONÇA	Shfit Trail Team	2140	51	02:49:52.070	00:45:41.340
NUNO BALTAZAR	Juventude Vidigalense	2070	52	02:50:23.673	00:46:12.943
JOÃO CAETANO	U.F. Comércio E Indústria Atletismo	2344	53	02:51:15.660	00:47:04.930
ANDRÉ REIS	Monsanto Running Team	2185	54	02:54:21.323	00:50:10.593
MARJU KIVI	Abcansado Trail	2310	55	02:54:40.323	00:50:29.593
JOSÉ RODRIGUES	Referee Team	2275	56	02:55:29.327	00:51:18.597
JOÃO PINTO	U.F. Comércio E Indústria Atletismo	2338	57	02:55:37.077	00:51:26.347
DIOGO ALVES	Vikings Trail Runners / Ccr Alcabideque	2159	58	02:56:37.827	00:52:27.097
NUNO CASTEL-BRANCO	Olímpico Vianense Trail	2071	59	02:59:03.350	00:54:52.620
MÁRIO POMBO	Individual	2354	60	02:59:24.080	00:55:13.350
RAFAEL ESCRIVÃES	Gtt - Armazém Do Caffè	2061	61	02:59:30.837	00:55:20.107
CARLA LEITE	Leiria	2266	62	03:00:14.343	00:56:03.613
MÁRIO PINTO	Acm Montemor A Correr	2106	63	03:00:28.857	00:56:18.127
ANTÓNIO BATISTA	Viriathvs Runners Viseu	2024	64	03:00:50.590	00:56:39.860
ANA GRADE	U.F. Comércio E Indústria Atletismo	2340	65	03:01:14.583	00:57:03.853
PEDRO RODRIGUES	Clube De Montanhismo Da Guarda	2170	66	03:01:36.590	00:57:25.860
CARLA SANTOS	Montanha Clube Trail Running - Efapel	2072	67	03:01:39.083	00:57:28.353
DANIEL PAIVA	Galhardos Runners	2197	68	03:02:03.333	00:57:52.603
JOSÉ DIAS	Zona Alta Trail	2088	69	03:03:57.590	00:59:46.860
ARMANDO VIEIRA	Edl Trail	2210	70	03:04:24.343	01:00:13.613
PAULO ROSA	Generg	2112	71	03:04:32.837	01:00:22.107
MIGUEL FERREIRA	Cbrunningteam	2069	72	03:05:22.093	01:01:11.363
PEDRO SEQUEIRA	Montanha Clube Trail Running - Efapel	2128	73	03:05:33.837	01:01:23.107
DAVID PEQUITO	Furões Do Alentejo	2063	74	03:05:49.087	01:01:38.357
SABINA MARQUES	Clube De Montanha Alto Trilho - Javalis	2014	75	03:05:54.837	01:01:44.107
MAFALDA MONIZ	Amcf - Arrábida Trail Team	2247	76	03:06:13.337	01:02:02.607
CARLOS ALVES	Individual	2214	77	03:06:27.367	01:02:16.637
GONÇALO LOURINHO	Cbrunningteam	2311	78	03:06:44.337	01:02:33.607
MÁRIO OLIVEIRA	Shots International Runners	2328	79	03:07:50.090	01:03:39.360
RICARDO SANTA	Individual	2335	80	03:08:27.593	01:04:16.863
DAVID MADEIRA	Abc Barcouço	2027	81	03:08:45.840	01:04:35.110
LUIS AIRES	100 Estrilhos	2019	82	03:09:15.590	01:05:04.860
ANTÓNIO MONTEIRO	Acm Montemor A Correr	2109	83	03:09:28.997	01:05:18.267
SERGIO SILVA	Juventude Vidigalense	2076	84	03:10:21.597	01:06:10.867
SUSANA ALVES	Edl Trail	2242	85	03:10:24.987	01:06:14.257
LILIANA RIBEIRO	Individual	2228	86	03:10:32.843	01:06:22.113
IVONE FERREIRA	Trilho Perdido Eventos / Imporlux	1276	87	03:11:59.593	01:07:48.863
ANTÓNIO FERREIRA	Hora Do Lobo Trail - Cf Perosinho Atletismo	2103	88	03:12:05.343	01:07:54.613

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MARCO MARQUES	Individual	2154	89	03:12:11.350	01:08:00.620
MARIA LEMOS	Gtt - Armazém Do Caffè	2206	90	03:12:13.093	01:08:02.363
OSVALDO CIPRIANO	Pace.Makers	2031	91	03:13:36.347	01:09:25.617
JORGE PLÁCIDO	Cbrunningteam	2001	92	03:13:46.847	01:09:36.117
NUNO GRANJA	Scalabis Night Runners	2263	93	03:14:03.597	01:09:52.867
ANTÓNIO COELHO	Running Magazine	2355	94	03:14:11.597	01:10:00.867
JOÃO MOREIRA	Individual	2249	95	03:14:11.843	01:10:01.113
ANDREIA AMORIM	Gondomar Futsal Clube	2179	96	03:14:16.347	01:10:05.617
PEDRO SARAIVA	Saraiva	2104	97	03:14:33.597	01:10:22.867
MIGUEL AZEVEDO	Kalenji By Decathlon	1013	98	03:15:33.847	01:11:23.117
DAVID SARAIVA	Grupo Btt De Manteigas	2293	99	03:15:50.347	01:11:39.617
MARIO SILVA	Sintrarunning	2099	100	03:16:36.847	01:12:26.117
GONÇALO NAZARÉ	A.C.R. Casais Das Boiças	2007	101	03:16:44.107	01:12:33.377
NUNO SALVADOR	Dão Nelas Runners	2301	102	03:16:53.347	01:12:42.617
PAULO ALVES	Gondomar Futsal Clube	2290	103	03:18:30.097	01:14:19.367
MARCO RODRIGUES	Individual	2287	104	03:18:50.347	01:14:39.617
ANTÓNIO PATRÍCIO	Individual	2131	105	03:19:01.350	01:14:50.620
ARTUR PEREIRA	Shots International Runners	2327	106	03:20:09.643	01:15:58.913
ANA COSTA	C. B. Viseu Running Team	2300	107	03:20:54.587	01:16:43.857
RICARDO GONÇALVES	Correr Leça	2040	108	03:21:10.600	01:16:59.870
CELIA SOUSA	Individual	2155	109	03:21:13.100	01:17:02.370
FRANCISCO PINHEIRO	Dragões	2200	110	03:22:05.853	01:17:55.123
LUIS SENDAO	Lethes Trail Team	2221	111	03:22:13.353	01:18:02.623
CARLOS CARVALHO	Individual	1000	112	03:22:14.600	01:18:03.870
FERNANDO MOURA	Abcansado Trail	2319	113	03:22:29.860	01:18:19.130
CRISTINA BARROS	Sinmetro	2133	114	03:22:41.620	01:18:30.890
JOAO RIBEIRO	Individual	2156	115	03:22:57.860	01:18:47.130
PEDRO MARQUES	Factor X / S4I / Medense Fc	2314	116	03:23:14.100	01:19:03.370
NUNO GRANADAS	Turres Trail Team	2078	117	03:23:21.377	01:19:10.647
DIOGO MAIA	Zona Alta Trail	2083	118	03:24:04.853	01:19:54.123
ANA TOMÉ	Zona Alta Trail	2085	119	03:24:05.617	01:19:54.887
ARNALDO TOMÁS	Con_Dores Do Choupal	2042	120	03:24:11.603	01:20:00.873
TIAGO COELHO	Correr Leça	2041	121	03:25:12.360	01:21:01.630
FRANCISCO COSTA	Individual	2191	122	03:25:20.603	01:21:09.873
FRANCISCO REBELO	Cbrunningteam	2165	123	03:25:32.870	01:21:22.140
PAULO FERREIRA	Individual	2324	124	03:26:50.847	01:22:40.117
NELSON AMARAL	Strendure Running Team	2278	125	03:27:00.827	01:22:50.097
JORGE AGUIAR	Referee Team	2260	126	03:27:38.360	01:23:27.630
PAULO MENDES	Dão Nelas Runners	2323	127	03:27:44.357	01:23:33.627
FREDERICO CRASTO	Liz Runners	2053	128	03:28:04.853	01:23:54.123
MARCOS PAULO	Esgalhada Trail Team	2312	129	03:28:10.363	01:23:59.633
PEDRO FERNANDES	Acabar Com Estilo	2315	130	03:28:10.610	01:23:59.880
JOAQUIM TAVARES	Grupo Btt De Manteigas	2302	131	03:28:28.827	01:24:18.097
SERAFIM RAMOS	Lion Runners ? G.D. Leões Da Guarda	2146	132	03:28:50.357	01:24:39.627

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOANA MAIA	Alexandra Carvalho Team	2150	133	03:28:59.357	01:24:48.627
MARIA FERREIRA	Correr Leça	2039	134	03:29:27.857	01:25:17.127
FÁBIO SILVA	Referee Team	2261	135	03:29:38.607	01:25:27.877
ERNESTO MARTINS	Lion Runners ? G.D. Leões Da Guarda	2282	136	03:30:45.110	01:26:34.380
ANTÓNIO LOURENÇO	Trail Runners Portimão	2276	137	03:30:58.613	01:26:47.883
MANUEL BRAVO	Acm Montemor A Correr	2262	138	03:31:05.857	01:26:55.127
HUGO SOUSA	Individual	2095	139	03:32:07.357	01:27:56.627
CARLOS GALAMBA	Coimbra Trail Running	2201	140	03:32:49.860	01:28:39.130
SOFIA GUERRA	Matilha Da Atalaia	2243	141	03:33:18.117	01:29:07.387
PAULO RIBEIRO	Cmc - Carapaus	2121	142	03:33:18.360	01:29:07.630
FILIPE BUCO	Individual	2029	143	03:33:38.857	01:29:28.127
PAULA FALACHO	Individual	2181	144	03:33:46.857	01:29:36.127
FRANCISCO SILVA	Individual	2173	145	03:33:54.107	01:29:43.377
MARGARIDA NUNES	Individual	2101	146	03:34:02.110	01:29:51.380
PAULO MOREIRA	Att	2091	147	03:34:35.860	01:30:25.130
SÉRGIO CORTEZ	Go!Runners / Outpro Store	1026	148	03:34:58.140	01:30:47.410
MÁRIO CUNHA	Pace.Makers	2032	149	03:35:27.607	01:31:16.877
GABRIELA FONSECA	Gtt - Armazém Do Caffè	2245	150	03:35:43.860	01:31:33.130
MARCELO TELES	Gtt - Armazém Do Caffè	2065	151	03:35:44.360	01:31:33.630
MÓNIA RIBEIRO	Gtt - Armazém Do Caffè	2064	152	03:36:25.610	01:32:14.880
RICARDO PATO	Hora Do Esquilo	2052	153	03:36:42.113	01:32:31.383
JOÃO FERREIRA	Clupe Pessoal Edp - Vng	2011	154	03:37:19.110	01:33:08.380
JOSE COSTA	Ozxtreme/Adcrpereira	2286	155	03:37:56.610	01:33:45.880
NUNO CHAPA	Acm Montemor A Correr	2107	156	03:38:11.363	01:34:00.633
ROGÉRIO COSTA	Acm Montemor A Correr	2110	157	03:38:11.863	01:34:01.133
DINA	Individual	3112	158	03:38:46.137	01:34:35.407
LUÍS VIEIRA	Kunalama Runners	2003	159	03:40:29.363	01:36:18.633
JOSE ALMEIDA	Clube De Montanha Alto Trilho - Javalis	2222	160	03:40:51.613	01:36:40.883
SOLANGE SOUSA	Individual	2339	161	03:41:27.470	01:37:16.740
ANA FAEL	Alexandra Carvalho Team	2360	162	03:42:35.613	01:38:24.883
LUIS MEIRINHOS	Individual	2134	163	03:43:05.617	01:38:54.887
ELZA CORDEIRO	Arcd Venda Da Luísa	2020	164	03:43:36.617	01:39:25.887
RICARDO SILVA	Shfit Trail Team	2271	165	03:44:06.617	01:39:55.887
ROGERIO PALMEIRO	Shfit Trail Team	2199	166	03:44:06.867	01:39:56.137
JOÃO SILVA	Carapaus	2129	167	03:45:22.117	01:41:11.387
HÉLIO COSTA	Ccdr Colmeal Da Torre	2305	168	03:45:22.867	01:41:12.137
MIGUEL SILVA	Carapaus	2130	169	03:45:24.367	01:41:13.637
CATARINA TEIXEIRA	Abutres	2157	170	03:45:26.117	01:41:15.387
EDGAR SILVA	Sintrarunning	2124	171	03:45:51.127	01:41:40.397
JOÃO DUARTE	Individual	2004	172	03:46:00.867	01:41:50.137
JOÃO FONSECA	Individual	2018	173	03:46:32.117	01:42:21.387
ANDRÉ SANTA	Individual	2336	174	03:46:48.367	01:42:37.637
ZÉLIA RODRIGUES	Rctm- Run Crew Trail Montijo	2148	175	03:46:48.877	01:42:38.147
RUI SANTOS	Black Bulls / Clube De Condeixa	2182	176	03:46:49.367	01:42:38.637

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANTÓNIO SÁ	Team Lantemil	2187	177	03:46:51.377	01:42:40.647
EMANUEL GOMES	Team Lantemil	2189	178	03:46:51.377	01:42:40.647
JOSÉ FERREIRA	Gtt - Armazém Do Caffè	2205	179	03:47:10.887	01:43:00.157
TIAGO CABRAL	Referee Team	2295	180	03:47:19.127	01:43:08.397
JOÃO BRITO	Individual	2147	181	03:48:01.617	01:43:50.887
CECÍLIA MARTINS	Jrsousa Team	2098	182	03:48:59.380	01:44:48.650
PAULO FREITAS	Factor X / S4I / Medense Fc	2297	183	03:48:59.380	01:44:48.650
DAVID TABORDA	Abcansado Trail	2320	184	03:49:11.647	01:45:00.917
ANDRÉ SILVA	Alexandra Carvalho Team	2153	185	03:50:46.850	01:46:36.120
FILIPE COSTA	Tnt	2349	186	03:51:05.873	01:46:55.143
CLÁUDIA CRAVO	Abutres	2145	187	03:51:13.870	01:47:03.140
AUGUSTO RAMOS	Augusto Ramos	2079	188	03:51:45.877	01:47:35.147
RUI MARQUES	Sentirsaúde	2352	189	03:52:16.123	01:48:05.393
PAULO MARQUES	Laúndos Trail	2253	190	03:52:17.123	01:48:06.393
ANA PONCIANO	Ponzi Team	2067	191	03:53:23.373	01:49:12.643
RICARDO PONCIANO	Ponzi Team	2066	192	03:53:23.873	01:49:13.143
CATIA LOPES	Ozxtreme/Adcrpereira	2285	193	03:53:39.873	01:49:29.143
CARLOS TEIXEIRA	Individual	2224	194	03:53:52.123	01:49:41.393
NUNO CESÁRIO	Moita A Correr	2017	195	03:54:33.633	01:50:22.903
TÓ-ZÉ PEREIRA	Moita A Correr	2021	196	03:54:33.877	01:50:23.147
CATARINA PALMEIRO	Cbrunningteam	2183	197	03:54:43.623	01:50:32.893
EMANUEL COSTA	Galhardos Runners	2240	198	03:55:36.373	01:51:25.643
PEDRO SOUSA	Gondomar Futsal Clube	2175	199	03:57:07.377	01:52:56.647
RITA GABRIEL	Não Fazemos Nem Mais Um...Km	2265	200	03:57:33.877	01:53:23.147
RODRIGO PINTO	Galhardos Runners	2238	201	03:58:13.127	01:54:02.397
GILBERTO DUQUE	.	2212	202	03:58:13.627	01:54:02.897
SILVIA GUERREIRO	Invicta Runners Team	2051	203	03:58:51.627	01:54:40.897
MIGUEL SANTOS	Trail Clube De Futebol De Sassoeiros	2119	204	03:59:49.763	01:55:39.033
CARINA SILVA	Alexandra Carvalho Team	2215	205	04:01:49.387	01:57:38.657
VÂNIA PIRATA	Acm Montemor A Correr	2108	206	04:02:44.880	01:58:34.150
VANESSA REBOCA	Figueira Kayak Clube	2059	207	04:02:45.130	01:58:34.400
BRUNO ALVES	Edl Trail	2166	208	04:03:01.130	01:58:50.400
CAROLINE NOBEL	Ceux De La Tchaux	1064	209	04:03:24.630	01:59:13.900
ANDRÉ UTZINGER	Pingouins	1065	210	04:03:25.130	01:59:14.400
LUDOVICO FRANCO	Referee Team	2294	211	04:03:40.130	01:59:29.400
GABRIEL NUNES	Scd Glória Do Ribatejo	2046	212	04:03:58.380	01:59:47.650
SARA DANIELSSON	Aktivitus Sports Club	3035	213	04:05:11.963	02:01:01.233
LUCIA NUNES	Kemedo Team	2209	214	04:05:28.883	02:01:18.153
JENNIFER LEAL	Kemedo Team	2255	215	04:05:30.210	02:01:19.480
FIGUEIREDO CARLOS	Individual	2143	216	04:05:31.133	02:01:20.403
JOSÉ SOUSA	Referee Team	2306	217	04:05:58.133	02:01:47.403
JOÃO SANTOS	Tartarugas Solidárias	2025	218	04:06:09.213	02:01:58.483
CLARA RAIMUNDO	Pernas De Gafanhoto	2138	219	04:06:11.133	02:02:00.403
JOÃO GONÇALVES	Referee Team	2277	220	04:07:26.137	02:03:15.407

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANDRÉ COSTA	Referee Team	2274	221	04:07:26.457	02:03:15.727
ANDRÉ MOREIRA	Galhardos Runners	2239	222	04:07:47.447	02:03:36.717
MARCO ANDRADE	Galhardos Runners	2232	223	04:07:48.687	02:03:37.957
FÁTIMA VIDEIRA	Coimbra Trail Running	2272	224	04:08:41.883	02:04:31.153
DIANA DUARTE	Shfit Trail Team	2299	225	04:09:42.887	02:05:32.157
NUNO MATEUS	Shfit Trail Team	2281	226	04:10:45.387	02:06:34.657
PAULO ONOFRE	Amcf - Arrábida Trail Team	2303	227	04:11:06.887	02:06:56.157
LUÍS VALINHO	Olhaatuavolta.Com	2152	228	04:11:36.897	02:07:26.167
JOÃO MARTINHO	Olhaatuavolta.Com	2151	229	04:11:37.387	02:07:26.657
JORGE FERNANDES	Sintrarunning	2117	230	04:12:35.397	02:08:24.667
RUI FILIPE	Abcansado Trail	2288	231	04:12:38.647	02:08:27.917
DULCE NEVES	Correr Leça	2037	232	04:13:01.407	02:08:50.677
ANTÓNIO BARROS	Correr Leça	2036	233	04:13:02.157	02:08:51.427
NUNO MORGADO	Correr Leça	2047	234	04:13:04.147	02:08:53.417
ANABELA CONSTANTE	Derretebanha	2094	235	04:13:27.137	02:09:16.407
NUNO ARAÚJO	Nprint	2060	236	04:13:48.890	02:09:38.160
ANA DIAS	Team Lantemil	2100	237	04:13:49.140	02:09:38.410
RITA MONTEIRO	Ferreiras	2123	238	04:13:53.903	02:09:43.173
PEDRO PUJOL	Arrábida	2141	239	04:13:53.913	02:09:43.183
LUIS NEVES	Caminhosoeste	2033	240	04:14:05.390	02:09:54.660
CARLA NASCIMENTO	Viriathvs Runners Viseu	2223	241	04:14:12.640	02:10:01.910
RUI MADEIRA	.	2008	242	04:14:16.890	02:10:06.160
SUSANA MARTINS	Abcansado Trail	2289	243	04:14:50.890	02:10:40.160
MARIA REGALO	Derretebanha	2092	244	04:15:22.143	02:11:11.413
SAOZITA ROSA	Em Força	2120	245	04:15:22.390	02:11:11.660
LIGIA FREITAS	Jrsousa Team	2097	246	04:15:35.393	02:11:24.663
MIGUEL RIBEIRO	Happy Runners	2116	247	04:16:25.390	02:12:14.660
CARLA RIBEIRO	Happy Runners	2115	248	04:16:25.607	02:12:14.877
NATACHA ARGILLI	Cross-Club La Chaux-De-Fonds	2218	249	04:16:42.643	02:12:31.913
ANA MOUTINHO	Individual	2227	250	04:17:08.647	02:12:57.917
NUNO DUARTE	Strix Running Team	2230	251	04:17:13.393	02:13:02.663
CÉSAR NOGUEIRA	Adm Trail Team	2188	252	04:17:13.643	02:13:02.913
HUGO FERRAZ	Individual	2030	253	04:17:54.150	02:13:43.420
ELISABETE MATEUS	A.C.R. Casais Das Boiças	2026	254	04:17:54.643	02:13:43.913
MÓNICA RAIMUNDO	Pernas De Gafanhoto	2137	255	04:18:13.897	02:14:03.167
MARIA COLAÇO	Run 4 Eat	2073	256	04:19:51.393	02:15:40.663
FLÁVIO ORTINS	Gtt - Armazém Do Caffè	2062	257	04:20:16.900	02:16:06.170
DIOGO OLIVEIRA	Kemedo Team	2244	258	04:21:31.643	02:17:20.913
DINA GONÇALVES	Lion Runners ? G.D. Leões Da Guarda	2225	259	04:21:51.643	02:17:40.913
ISABEL PINTO	Lion Runners ? G.D. Leões Da Guarda	2226	260	04:21:52.403	02:17:41.673
MANUEL GOMES	Strendure Running Team	2125	261	04:22:48.143	02:18:37.413
MARLENE FERREIRA	Alexandra Carvalho Team	2298	262	04:23:15.647	02:19:04.917
RICARDO OLIVEIRA	Derretebanha	2089	263	04:23:20.893	02:19:10.163
PAULO FERREIRA	Grupo 46	2203	264	04:23:50.647	02:19:39.917

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
SUSETE MARQUES	Run4eat	2000	265	04:23:50.897	02:19:40.167
PEDRO PEREIRA	Grupo 46	2192	266	04:23:51.653	02:19:40.923
JOSÉ GALA	Dragões	2127	267	04:26:51.403	02:22:40.673
MIGUEL MORENO	Villanuevacorre	2015	268	04:28:26.147	02:24:15.417
EUGENIO LINDO	Club Atletismo Badajoz	2016	269	04:28:28.147	02:24:17.417
JOAQUIM MARTINS	Individual	2353	270	04:28:28.897	02:24:18.167
SUSANA SANTOS	Individual	2337	271	04:29:31.897	02:25:21.167
DIANA CANCELA	All About	2292	272	04:29:52.223	02:25:41.493
JOAO DIAS	#Lingteam	2254	273	04:30:00.647	02:25:49.917
JOSE FARO	Viriathvs Runners Viseu	2332	274	04:30:14.147	02:26:03.417
DINIS MARTINS	Viriathvs Runners Viseu	2333	275	04:30:15.397	02:26:04.667
PATRÍCIA PEREIRA	Gondomar Futsal Clube	2177	276	04:31:25.147	02:27:14.417
FILIPE LOUREIRO	-	2169	277	04:33:59.933	02:29:49.203
VANDA ROSA	Clube Millennium Bcp	2256	278	04:34:39.900	02:30:29.170
FERNANDO ROSA	Clube Millennium Bcp	2257	279	04:34:39.903	02:30:29.173
CATARINA RODRIGUES	Pablito Cat Runner	3032	280	04:35:13.650	02:31:02.920
DIOGO SILVA	Basto Trekking	2193	281	04:35:18.657	02:31:07.927
ANABELA SANTOS	Pace.Makers	2048	282	04:44:43.903	02:40:33.173
ANDRÉ FIGUEIREDO	Rey Group Pernas De Gafanhoto	2118	283	04:45:42.153	02:41:31.423
SUSANA PAULA	Individual	2055	284	04:47:42.903	02:43:32.173
CARLOS FERRAZ	Treinos Do Cacete	2054	285	04:47:43.557	02:43:32.827
ANDREIA CABRITO	Abcansado Trail	2351	286	04:48:41.903	02:44:31.173
CANDIDA RIBEIRO	Edmundo*	2045	287	04:49:51.657	02:45:40.927
JORGE LEITE	Super Traillers	2322	288	04:49:51.657	02:45:40.927
JOÃO ALEXANDRE	Edmundo*	2043	289	04:49:51.907	02:45:41.177
FRANCISCO BATISTA	Estrela Campo De Aviação F.C.	2049	290	04:51:24.663	02:47:13.933
CELIA CORDEIRO	Estrela Campo De Aviação F.C.	2050	291	04:51:24.907	02:47:14.177
SORAIA FERREIRA	Amcf - Arrábida Trail Team	2309	292	04:51:24.907	02:47:14.177
ILÍDIO FREITAS	Gondomar Futsal Clube	2176	293	04:54:01.907	02:49:51.177
ADELAIDE VIGÁRIO	Gondomar Futsal Clube	2174	294	04:54:03.407	02:49:52.677
MÁRIO RIBEIRO	Gondomar Futsal Clube	2178	295	04:54:07.233	02:49:56.503
CARLA CARIA	Moreira Relax Runners	2006	296	04:54:17.907	02:50:07.177
CARLA OLIVEIRA	Runners 5	2013	297	04:54:18.407	02:50:07.677
FERNANDO MONTEIRO	Moreira Relax Runners	2005	298	04:54:18.497	02:50:07.767
JORGE ARAÚJO	Runners 5	2012	299	04:54:18.657	02:50:07.927
GUSTAV DANIELSSON	Hestra If	2144	300	04:58:06.157	02:53:55.427
RENATA ALMEIDA	Att	2093	301	04:59:57.660	02:55:46.930
CARLA FUZETA	Figueira Kayak Clube	2057	302	04:59:58.163	02:55:47.433
HUGO LOPES	Adm Trail Team	2283	303	05:02:50.417	02:58:39.687
DAVID GRAÇA	Adm Trail Team	2180	304	05:02:50.673	02:58:39.943
CÁTIA PATRIARCA	Adm Trail Team	2171	305	05:02:51.913	02:58:41.183
FLÁVIA GRILO	Adm Trail Team	2172	306	05:02:52.660	02:58:41.930
HUGO NOGUEIRA	Bakarus Sad	2195	307	05:02:58.917	02:58:48.187
FLÁVIO CUNHA	Bakarus Sad	2207	308	05:02:59.180	02:58:48.450

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO BATISTA	Strix Running Team	2229	309	05:02:59.180	02:58:48.450
ANA CERÍACO	Abcansado Trail	2350	310	05:06:38.420	03:02:27.690
FILIFE SOUSA	Clube Millennium Bcp	2258	311	05:08:40.687	03:04:29.957
HELENA ROXO	Monte Dos Amigos	2190	312	05:19:33.237	03:15:22.507
HELENA COSTA	Somais1km	2184	313	05:23:14.920	03:19:04.190
ANNE NEDEVSKA	Team Sandsjöbacka Trail	3038	314	05:36:43.183	03:32:32.453
ROSINDA MACEDO	Caga Tacos Running Team	2250	315	05:40:27.943	03:36:17.213
ANTÓNIO MACEDO	Caga Tacos Running Team	2251	316	05:40:28.187	03:36:17.457
ARMINDO FERREIRA	Mirandelaacorrer	2075	317	05:57:38.447	03:53:27.717