Duratrail
Setúbal, PT
26-October-2019

TRAIL LONGO - STAGE 1 — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11ºC	100%
End	16:22	11ºC	100%

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
1	298	António Almeida	Vitória Fc Trail Running	03:06:19		05:49	
2	365	Paulo Morais	Arrabida Trail Team	03:06:56	+00:37	05:51	
3	286	Pedro Ribeiro	Vitória Fc Trail Running	03:07:08	+00:49	05:51	
4	331	Carlos Caldera	Vitória Fc Trail Running	03:12:47	+06:28	06:01	
5	287	Diogo Baena	Vitória Fc Trail Running	03:13:56	+07:37	06:04	
6	340	Marco Faria	Dá-lhe Gás Trail Team Fisioduo	03:16:39	+10:20	06:09	
7	301	Filipe Costa	Clube Desportivo de Espite	03:18:25	+12:06	06:12	
8	7	Luís Semedo	ACPortalegre/UTSM	03:18:39	+12:20	06:12	
9	329	João Lopes	Vitória Fc Trail Running	03:20:27	+14:08	06:16	
10	300	JOAO FERNANDES	Zona Alta Trail	03:21:09	+14:50	06:17	
11	177	Pedro Veríssimo	AMCF - Arrábida Trail Team	03:23:34	+17:15	06:22	
12	191	Luis Fernandes	Clube de praças da Armada / CPA TRAIL Team	03:25:07	+18:48	06:25	
13	295	MIGUEL RIBEIRO	Zona Alta Trail	03:32:34	+26:15	06:39	
14	299	ANDRE ROSARIO	Zona Alta Trail	03:35:03	+28:44	06:43	
15	341	Nuno Nunes	Dá-lhe Gás Trail Team Fisioduo	03:35:59	+29:40	06:45	
16	321	Ricardo Mordomo	Clube Desportivo de Espite	03:36:10	+29:51	06:45	
17	306	Micael Costa	Clube Desportivo de Espite	03:36:10	+29:51	06:45	
18	236	Helder Pereira	Clube de Atletismo de Ferreira do Zêzere	03:36:27	+30:08	06:46	
19	195	Virgilio Gomes	Clube de praças da Armada / CPA TRAIL Team	03:38:26	+32:07	06:50	
20	253	Inês João	Saca Trilhos Anadia	03:40:51	+34:32	06:54	
21	92	Fabio Ferreira	DirtRunners	03:41:57	+35:38	06:56	
22	330	João Silva	Vitória Fc Trail Running	03:43:02	+36:43	06:58	
23	151	Paulo Jorge Antunes Silva	Castelo Branco	03:43:51	+37:32	07:00	
24	120	João Silva	Outdoor Clube de Setúbal - Strendure Running Team	03:46:10	+39:51	07:04	
25	69	JOAO FAUSTINO	ALMADA	03:51:13	+44:54	07:14	
26	347	Rui Santos	Outdoor Clube de Setúbal - Strendure Running Team	03:51:33	+45:14	07:14	
27	290	Carlos Antunes	CLAC Entroncamento/OndaTrilhos	03:55:27	+49:08	07:21	
28	156	Alcides Barbosa	Aztrail/Mercentro	03:56:43	+50:24	07:24	
29	302	Rogério Costa	Vitória Fc Trail Running	03:59:29	+53:10	07:29	
30	143	Joao Marques	OCS - Outdoor Clube Setúbal	04:00:31	+54:12	07:31	
31	283	David Jesus	Individual	04:01:52	+55:33	07:33	
32	317	CRISTINA COUCEIRO	ARSM - Associação Recreativa de S. Miguel	04:03:21	+57:02	07:36	
33	232	Francisco Jose Rodrigues	Mafra	04:05:46	+59:27	07:41	
34	214	ANDREIA CORREIA	AC TRAINING	04:06:11	+59:52	07:42	
35	213	FRED KALAHARI	AC TRAINING	04:06:15	+59:56	07:42	
36	18	Pedro Santos	Gin. Qtª do Valbom - AAAlcochete	04:06:51	+01:00:32	07:43	
37	359	Francisco Ferro	GDAlcoutim - Trailrunners	04:07:34	+01:01:15	07:44	
38	315	Vitor Faim	Atletismo Clube da Tocha	04:08:37	+01:02:18	07:46	
39	27	Pedro Xavier Santos	GRUPO DESPORTIVO SANTANDER TOTTA	04:08:56	+01:02:37	07:47	
40	254	Vasco Sousa	Individual	04:09:04	+01:02:45	07:47	
41	67	Ricardo Lobo	A Natureza Ensina	04:09:22	+01:03:03	07:48	
42	270	Jose Pedro Gomes Menezes	Clube Efacec	04:11:22	+01:05:03	07:51	

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LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
43	305	Miguel Silva	AMCF - Arrábida Trail Team	04:11:26	+01:05:07	07:51	
44	126	Alvaro Rodrigues	Abi	04:11:55	+01:05:36	07:52	
45	212	Henrique Dias	Caracol Trail Team	04:12:39	+01:06:20	07:54	
46	318	Rodrigo Nogueira	Individual	04:13:48	+01:07:29	07:56	
47	350	Nelson Graça	MONSANTO RUNNING TEAM | SCOTT PORTUGAL	04:14:04	+01:07:45	07:56	
48	8	Paulo Osório	Outdoor Clube de Setúbal - Strendure Running Team	04:14:07	+01:07:48	07:56	
49	360	Eduardo Lourenço	CCM Trail	04:15:46	+01:09:27	08:00	
50	33	Nuno Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	04:16:17	+01:09:58	08:01	
51	170	Rui Lóia	Algarunners	04:18:06	+01:11:47	08:04	
52	348	José Miguel Santos	Sporting Clube Povoense - Caracois de Corrida	04:18:10	+01:11:51	08:04	
53	31	Rui Menas	Matilha Running	04:21:30	+01:15:11	08:10	
54	96	Cesar Francisco	cesarfrancisco.com | lagrimas team	04:21:43	+01:15:24	08:11	
55	294	JOSÉ DIAS JOSÉ DIAS	Zona Alta Trail	04:21:52	+01:15:33	08:11	
56	201	Nuno Lopes	Runners da Frente Ribeirinha da Póvoa de Santa Iria	04:22:11	+01:15:52	08:12	
57	194	Filipe Alves	Individual	04:22:20	+01:16:01	08:12	
58	110	Paulo Alves	GRUPO DESPORTIVO SANTANDER TOTTA	04:22:32	+01:16:13	08:12	
59	50	Nuno Pereira	Clube OGMA	04:23:18	+01:16:59	08:14	
60	22	Julien Lhospitalier	choucas	04:24:05	+01:17:46	08:15	
61	2	Tiago Marques	Amigos do Atletismo de Mafra	04:24:06	+01:17:47	08:15	
62	339	Abilio Martins	Dá-lhe Gás Trail Team Fisioduo	04:24:13	+01:17:54	08:15	
63	20	Jorge Vieira	Porto de Mós a Correr	04:24:26	+01:18:07	08:16	
64	95	Francisco Mansidão	DirtRunners	04:24:27	+01:18:08	08:16	
65	218	Paulo Miguel Rebelo	Remo Clube Lusitano	04:26:51	+01:20:32	08:20	
66	60	Nuno Oliveira	Os coxos e o Miguel	04:26:51	+01:20:32	08:20	
67	70	Carlos Pascoal	PAPA TRILHOS	04:27:09	+01:20:50	08:21	
68	147	António Sousa	Runners à Ventura	04:27:30	+01:21:11	08:22	
69	256	Mário Figueiras	Acm - Atlético Clube de Montemor	04:27:51	+01:21:32	08:22	
70	285	Conceição Castanheira	CLAC Entroncamento/OndaTrilhos	04:30:42	+01:24:23	08:28	
71	115	Helder Varanda	AGDAK	04:31:36	+01:25:17	08:29	
72	266	António Soares	opraticante.pt	04:31:38	+01:25:19	08:29	
73	169	Mário Silva	Desnível	04:32:05	+01:25:46	08:30	
74	229	Nicolas Warter	Individual	04:33:27	+01:27:08	08:33	
75	220	Pedro Borregana	Sem Equipa	04:33:31	+01:27:12	08:33	
76	167	Ricardo Diez	O Mundo da Corrida	04:33:53	+01:27:34	08:34	
77	246	António Madeira	Clube de praças da Armada / CPA TRAIL Team	04:34:47	+01:28:28	08:35	
78	51	Ivo Ferreira	NAUS TRAIL TEAM	04:35:29	+01:29:10	08:37	
79	316	Carla Reis	ARSM - Associação Recreativa de S. Miguel	04:36:09	+01:29:50	08:38	
80	255	Mário Pinto	Acm - Atlético Clube de Montemor	04:36:27	+01:30:08	08:38	
81	192	Vítor Manuel Leitão Martins	ADM trail	04:37:23	+01:31:04	08:40	
82	155	Rui Simplicio	Escola de Atletismo do Montijo-A.F.D.D	04:37:31	+01:31:12	08:40	
83	249	Joao Canané	Individual	04:38:05	+01:31:46	08:41	
84	278	José Pereira	Runners do Demo	04:38:23	+01:32:04	08:42	
85	161	João santos	Os Tolinhos	04:38:30	+01:32:11	08:42	
86	227	Pedro Ferreira	ARCD Venda da Luisa	04:39:30	+01:33:11	08:44	
87	36	Ruben Rechena	Kangaroo Runners	04:40:50	+01:34:31	08:47	
88	280	Hélder Soares	Bruxos Runners	04:41:29	+01:35:10	08:48	

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
89	54	Luis cardoso	NAUS TRAIL TEAM	04:41:44	+01:35:25	08:48	
90	118	Ricardo Fernandes	Individual	04:42:00	+01:35:41	08:49	
91	37	Stefanie Freiberg	Individual	04:43:08	+01:36:49	08:51	
92	93	Claudio Barreira	DirtRunners	04:43:49	+01:37:30	08:52	
93	304	Joaquim Ferreira Ferreira	Melres Trail Running ordem para arrear	04:44:03	+01:37:44	08:53	
94	12	Costa Alfredo	oursense	04:44:26	+01:38:07	08:53	
95	64	Pedro Pinheiro	Barbaris Team	04:44:27	+01:38:08	08:53	
96	303	Guilherme Hora	Outdoor Clube de Setúbal - Strendure Running Team	04:44:43	+01:38:24	08:54	
97	293	PAULO GAIÃO	Zona Alta Trail	04:44:45	+01:38:26	08:54	
98	34	Artur Vasques	Grupo Desportivo Santander	04:45:09	+01:38:50	08:55	
99	91	Nelson Sousa	DirtRunners	04:45:17	+01:38:58	08:55	
100	241	Pedro Martinho	TodosNus	04:45:27	+01:39:08	08:55	
101	344	Ligia Coelho	ARSM - Associação Recreativa de S. Miguel	04:45:42	+01:39:23	08:56	
102	144	João Façõco	Individual	04:45:44	+01:39:25	08:56	
103	181	Julio Fernandes	Outdoor Clube de Setúbal - Strendure Running Team	04:45:54	+01:39:35	08:56	
104	252	José Miguel Pereira	ATR - Algarve Trail Running	04:46:26	+01:40:07	08:57	
105	264	Luís Ramos	Individual	04:46:34	+01:40:15	08:57	
106	72	Miguel Duarte Pedro	Salamandrecos	04:47:17	+01:40:58	08:59	
107	154	Alipio Trigo	Escola de Atletismo do Montijo-A.F.D.D	04:47:32	+01:41:13	08:59	
108	235	Benoit de renzis	choucas	04:49:36	+01:43:17	09:03	
109	88	Marta Abrantes	ABSANT Runners	04:49:51	+01:43:32	09:03	
110	40	Emanuel Faim	M&M's	04:50:04	+01:43:45	09:04	
111	277	Célia Henriques	Bruxos Runners	04:50:07	+01:43:48	09:04	
112	296	Carla Santos	Zimbra Fox Runners	04:50:27	+01:44:08	09:05	
113	289	Vanda Matias	Trilho Perdido Eventos / Imporlux	04:50:32	+01:44:13	09:05	
114	319	Vitor martins	Moita Running	04:51:38	+01:45:19	09:07	
115	279	Cirilo Formiga	Zimbra Fox Runners	04:51:53	+01:45:34	09:07	
116	168	Fernando Ramos	Silves	04:53:27	+01:47:08	09:10	
117	284	Carmen Ferreira	Associação Vale Grande	04:53:42	+01:47:23	09:11	
118	84	João Filipe Alves Martelo De Olivrira	GRVilaverdense	04:55:05	+01:48:46	09:13	
119	83	Ricardo Pereira	GRVilaverdense	04:55:05	+01:48:46	09:13	
120	124	Daniel Campaniço	Évora Night Runners	04:55:35	+01:49:16	09:14	
121	274	Manuel Maria Correia	ASSOCIAÇÃO NAVAL AMORENSE	04:55:44	+01:49:25	09:15	
122	121	Pedro Mendes Jorge	ASSOCIAÇÃO NAVAL AMORENSE	04:55:44	+01:49:25	09:15	
123	129	Rodolfo Deyllot	Porto de Mós a Correr	04:56:15	+01:49:56	09:15	
124	49	Pedro Anjos	CLAC Entroncamento/OndaTrilhos	04:57:39	+01:51:20	09:18	
125	261	Paulo Marçalo	Individual	04:58:10	+01:51:51	09:19	
126	25	Francois-Andre Vaz	choucas	04:59:17	+01:52:58	09:21	
127	28	Pedro Ramos	Individual	04:59:48	+01:53:29	09:22	
128	13	Gisela Pinhal	OCR Portugal Lab	05:00:04	+01:53:45	09:23	
129	271	Gil Xavier Alves	Salamandrecos	05:01:11	+01:54:52	09:25	
130	308	Samuel Castro	Outdoor Clube de Setúbal - Strendure Running Team	05:01:17	+01:54:58	09:25	
131	66	Sebastien Deleu	TIBA	05:01:17	+01:54:58	09:25	
132	128	Jordi Enero	Individual	05:01:36	+01:55:17	09:25	
133	333	João Lopes	Individual	05:01:42	+01:55:23	09:26	
134	216	Christian Schneider	Individual	05:02:28	+01:56:09	09:27	

TRAIL LONGO - STAGE 1 32 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
135	53	Frederico Baptista	Tigres do Zêzere	05:02:53	+01:56:34	09:28	
136	133	João Pedro Simões	Runners do Demo	05:03:11	+01:56:52	09:28	
137	171	Luís Reis	Algarunners	05:03:22	+01:57:03	09:29	
138	370	David Figueiredo	Escola de Atletismo do Montijo-A.F.D.D	05:03:50	+01:57:31	09:30	
139	23	Paulo Bruno	GRUPO DESPORTIVO SANTANDER TOTTA	05:04:07	+01:57:48	09:30	
140	353	Filipe Saltão	ACDRS QUINHENDROS	05:04:19	+01:58:00	09:31	
141	332	Cidália Oliveira	ACDRS QUINHENDROS	05:04:19	+01:58:00	09:31	
142	219	Cidalia Serra Marques Martins	VendasNovas Trail	05:05:19	+01:59:00	09:32	
143	342	Cesar Orvalho	PowerLab.pt	05:05:35	+01:59:16	09:33	
144	35	Micael Rechena	Kangaroo Runners	05:05:57	+01:59:38	09:34	
145	182	Helder Constantino	Tãlentos Team	05:07:01	+02:00:42	09:36	
146	163	Luis Neto	ATR - Algarve Trail Running	05:07:21	+02:01:02	09:36	
147	352	Inês Marques	99provasgratuitas	05:07:39	+02:01:20	09:37	
148	6	José Rosa	3p3rnas	05:08:57	+02:02:38	09:39	
149	148	Ana Pedreira	Women Runners Portugal	05:10:23	+02:04:04	09:42	
150	42	Mauro Pinto	Vidacomgarra	05:10:24	+02:04:05	09:42	
151	139	Pedro Parreira	Outdoor Clube de Setúbal - Strendure Running Team	05:10:26	+02:04:07	09:42	
152	259	Nuno Estácio	Pé no Monte	05:10:50	+02:04:31	09:43	
153	327	Orlando Gabriel da Silva Ferreira	Sabores do Paço/Zatopeques	05:11:20	+02:05:01	09:44	
154	258	Diogo Gamito	Salamandrecos	05:12:41	+02:06:22	09:46	
155	87	Josefina Beijoca	MONBIKETEAM - MONFORTE BIKE RUN TEAM	05:13:01	+02:06:42	09:47	
156	149	Bruno Oliveira	TIBA Running Team	05:14:24	+02:08:05	09:50	
157	114	Vasco Armes	Runners da Frente Ribeirinha da Póvoa de Santa Iria	05:14:32	+02:08:13	09:50	
158	108	Adelaide Pereira	Runners da Frente Ribeirinha da Póvoa de Santa Iria	05:14:32	+02:08:13	09:50	
159	267	Nuno Lucas	opraticante.pt	05:15:03	+02:08:44	09:51	
160	357	Hugo Pinto	Clube Efacec	05:16:41	+02:10:22	09:54	
161	109	Miguel Cruz	Clube Efacec	05:16:41	+02:10:22	09:54	
162	310	Sandro Rodrigues	Individual	05:17:17	+02:10:58	09:55	
163	325	Isabel Pisco	OCS - Outdoor Clube Setúbal	05:18:32	+02:12:13	09:57	
164	145	David Matthews	Individual	05:18:43	+02:12:24	09:58	
165	160	Bruno Matos	Prazer em Correr - Ilha Tercera	05:20:09	+02:13:50	10:00	
166	30	Jose Azevedo Raposo	GRUPO DESPORTIVO SANTANDER TOTTA	05:20:11	+02:13:52	10:00	
167	80	Chantal Xhervelle	MultiRunners	05:20:26	+02:14:07	10:01	
168	9	Bruno Chen	CNPN	05:20:52	+02:14:33	10:02	
169	326	Flávio Monteiro	Individual	05:21:00	+02:14:41	10:02	
170	208	NUNO BAPTISTA	42RUN	05:21:14	+02:14:55	10:02	
171	131	Tiago Ezequiel	Zimbra Fox Runners	05:21:14	+02:14:55	10:02	
172	132	Luis Coelho	Individual	05:21:14	+02:14:55	10:02	
173	217	Yasmine Zihnioglu	Individual	05:21:14	+02:14:55	10:02	
174	288	Ana Bigode	Individual	05:21:30	+02:15:11	10:03	
175	79	Jaime Lamego	MultiRunners	05:21:31	+02:15:12	10:03	
176	57	Sérgio Simões	lisboa	05:22:32	+02:16:13	10:05	
177	226	ADRIEN TERRIER	Individual	05:22:38	+02:16:19	10:05	
178	112	Guilherme Ferreira Silva	Individual	05:22:42	+02:16:23	10:05	
179	101	Sophie Deloup	Team Choucas	05:23:41	+02:17:22	10:07	
180	312	Filipe Martins	Tãlentos Team	05:23:46	+02:17:27	10:07	

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RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
181	242	Julio Barao	Individual	05:24:37	+02:18:18	10:09	
182	368	Cristina Frota	Individual	05:26:02	+02:19:43	10:11	
183	187	João Rodrigues	Salamandrecos	05:26:44	+02:20:25	10:13	
184	11	Anne Marie DELINIERE	choucas	05:27:07	+02:20:48	10:13	
185	10	François Deliniere	choucas	05:27:07	+02:20:48	10:13	
186	364	José Amaro	LIZ RUNNERS	05:29:41	+02:23:22	10:18	
187	73	Liliana Azenha	ARSM - Associação Recreativa de S. Miguel	05:30:03	+02:23:44	10:19	
188	367	Sofia Alexandra Jorge Simões	Grupo Desportivo Ferreirense	05:30:03	+02:23:44	10:19	
189	146	Marco Conceição	Runners do Demo	05:30:12	+02:23:53	10:19	
190	273	Alberto Solposto	Individual	05:30:44	+02:24:25	10:20	
191	85	Alexandre Jardim	Salamandrecos	05:31:43	+02:25:24	10:22	
192	231	Ezequiel Oliveira	Associação de atletismo Lebres do sado	05:32:26	+02:26:07	10:23	
193	71	André Reis	MultiRunners	05:33:17	+02:26:58	10:25	
194	281	Paulo Azevedo	Individual	05:33:40	+02:27:21	10:26	
195	82	Marta Faria	ATR - Algarve Trail Running	05:34:20	+02:28:01	10:27	
196	207	Maria Azevedo Martins	Outdoor Clube de Setúbal - Strendure Running Team	05:34:42	+02:28:23	10:28	
197	257	Rogério Costa	Acm - Atlético Clube de Montemor	05:34:42	+02:28:23	10:28	
198	324	José Rocha	Trilhos do Costume	05:34:51	+02:28:32	10:28	
199	237	Joao Goncalves	Individual	05:34:53	+02:28:34	10:28	
200	238	Manuel Goncalves	Individual	05:34:53	+02:28:34	10:28	
201	262	Luis Gama	Individual	05:36:20	+02:30:01	10:31	
202	205	Fábio Coelho	Individual	05:37:41	+02:31:22	10:33	
203	320	Bruno Branquinho	Individual	05:38:19	+02:32:00	10:34	
204	336	Cristina Gabriel	SS CGD	05:38:48	+02:32:29	10:35	
205	311	Carlos Santos	Cris e seus amigos	05:38:48	+02:32:29	10:35	
206	19	Carlos Henriques	Individual	05:39:01	+02:32:42	10:36	
207	3	João Câmara	HL Runners Club	05:39:05	+02:32:46	10:36	
208	180	João Henriques	SS CGD	05:39:28	+02:33:09	10:36	
209	105	João Paulo Santos	Clube de Atletismo Amigos Parque da Paz	05:39:36	+02:33:17	10:37	
210	355	Liliana Aguiar	Individual	05:40:37	+02:34:18	10:39	
211	354	Pedro Lopes	Individual	05:40:38	+02:34:19	10:39	
212	185	José Manuel Velez	ACPortalegre/UTSM	05:40:56	+02:34:37	10:39	
213	338	Nuno Pintão	Individual	05:42:09	+02:35:50	10:42	
214	282	Carlos Seixas	Bruxos Runners	05:42:56	+02:36:37	10:43	
215	234	Pedro Quadrio	Bruxos Runners Arruda dos Vinhos	05:42:56	+02:36:37	10:43	
216	134	Nelson Lopes	OCS - Outdoor Clube Setúbal	05:46:36	+02:40:17	10:50	
217	138	Mário Ribeiro	Individual	05:46:37	+02:40:18	10:50	
218	228	Sandra Silva	OCS - Outdoor Clube Setúbal	05:47:22	+02:41:03	10:51	
219	371	Pedro Moreira	Tomorrow Running Team	05:48:01	+02:41:42	10:53	
220	166	AMERICO ANTUNES	Clube MILLENNIUMBCP	05:48:10	+02:41:51	10:53	
221	198	Laisa Malco Fernandes Diana	MyTriPaasionLife	05:50:10	+02:43:51	10:57	
222	1	Paulo Domingues	Individual	05:53:33	+02:47:14	11:03	
223	48	Carlos Henrique Batista Da Costa	NAUS TRAIL TEAM	05:53:50	+02:47:31	11:03	
224	21	Paulo Serranito	Charneca da Caparica	05:54:10	+02:47:51	11:04	
225	178	Mauro Castro	Individual	05:55:29	+02:49:10	11:07	
226	179	Paulo Sousa	Grupeta running team	05:55:29	+02:49:10	11:07	

TRAIL LONGO - STAGE 1 — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

RANK	BIB	NAME	TEAM	RESULT	DIFF	t/KM	CARD
227	141	Joaquim Viegas	MAJOR	05:57:44	+02:51:25	11:11	
228	142	Mario Ribeiro	MAJOR	05:57:44	+02:51:25	11:11	
229	104	Francisco Macheta	Individual	05:58:37	+02:52:18	11:12	
230	230	Rodolfo Vale	Individual	05:58:37	+02:52:18	11:12	
231	159	Luis Manuel Bravo	Sesimbra	05:59:04	+02:52:45	11:13	
232	240	Fernanda Oliveira	Individual	06:01:05	+02:54:46	11:17	
233	244	Cátia Santos	Monsanto Running Team	06:02:55	+02:56:36	11:20	
234	323	Mara Simões	DirtRunners	06:03:31	+02:57:12	11:22	
235	206	Pedro Caretas	42RUN	06:03:57	+02:57:38	11:22	
236	225	HELENE LENOURY	Individual	06:04:39	+02:58:20	11:24	
237	58	Jorge Rodrigues	AlandroL United Runners	06:05:28	+02:59:09	11:25	
238	24	Nuno Lopes	Individual	06:06:01	+02:59:42	11:26	
239	245	Pedro Rodrigues	Pé no Monte	06:06:03	+02:59:44	11:26	
240	307	Valter André	Individual	06:09:43	+03:03:24	11:33	
241	309	Manuel Guedes	C.I.A. Alpendorada	06:10:05	+03:03:46	11:34	
242	90	Richard Warrell	Last Wolf Standing	06:10:55	+03:04:36	11:35	
243	247	André Silva	Individual	06:14:55	+03:08:36	11:43	
244	211	Pedro Neves	42RUN	06:15:02	+03:08:43	11:43	
245	44	Ana Vaz	NAUS TRAIL TEAM	06:15:19	+03:09:00	11:44	
246	98	Hugo Costa	NAUS TRAIL TEAM	06:16:55	+03:10:36	11:47	
247	337	Sérgio Cajado	Odivelas	06:18:15	+03:11:56	11:49	
248	276	Celia Azenha	lisboa	06:19:05	+03:12:46	11:51	
249	61	João Silva	ATR - Algarve Trail Running	06:21:16	+03:14:57	11:55	
250	136	Sergio Mesquita	Academia d Estrelas	06:23:26	+03:17:07	11:59	
251	275	Márcio Pereira	Individual	06:25:18	+03:18:59	12:02	
252	233	Paulo Santos	Associação de atletismo Lebres do sado	06:30:09	+03:23:50	12:12	
253	107	Nelson Rebola	Trail do Texugo	06:30:10	+03:23:51	12:12	
254	102	Bruno Aufauvre	choucas	06:35:48	+03:29:29	12:22	
255	15	VERONIQUE VAZ	choucas	06:39:05	+03:32:46	12:28	
256	14	Benoit Vaz	choucas	06:39:05	+03:32:46	12:28	
257	351	Anselmo Maia	Individual	06:39:47	+03:33:28	12:30	
258	55	Ana Paula Sardinha Figueiredo	NAUS TRAIL TEAM	06:43:00	+03:36:41	12:36	
259	4	Susete Marques	RUN4EAT	06:44:51	+03:38:32	12:39	
260	117	João Ferreira	RUN4EAT	06:44:51	+03:38:32	12:39	
261	176	JOÃO ANTUNES	CLUBE NOVO BANCO	06:45:03	+03:38:44	12:39	
262	379	Hugo Costa Calado	NAUS TRAIL TEAM	06:57:11	+03:50:52	13:02	
263	130	Pedro Lopes	SFC	06:57:12	+03:50:53	13:02	
264	46	André Pinto	Pombal	06:58:17	+03:51:58	13:04	
265	239	Nuno Pedroso	Matilha Running	06:59:08	+03:52:49	13:06	
266	215	Henrique Telhado	MyTriCoachLife	06:59:10	+03:52:51	13:06	
267	164	Paula Batalha	Clube MILLENNIUMBCP	07:13:21	+04:07:02	13:33	
268	135	Nuno Sobral	Academia d Estrelas	07:18:53	+04:12:34	13:43	
269	125	Paulo Alexandre Mota Caldeirinha	Caparica	07:18:54	+04:12:35	13:43	

Duratrail
Setúbal, PT
26-October-2019

Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

	Time	Temperature	Humidity
Start	09:00	11ºC	100%
End	16:22	11ºC	100%

Senior Feminino

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	253	Inês João	Saca Trilhos Anadia	Senior Feminino	03:40:50	+34:31	06:54
2	214	ANDREIA CORREIA	AC TRAINING	Senior Feminino	04:06:10	+59:51	07:42
3	13	Gisela Pinhal	OCR Portugal Lab	Senior Feminino	05:00:04	+01:53:44	09:23
4	148	Ana Pedreira	Women Runners Portugal	Senior Feminino	05:10:23	+02:04:03	09:42
5	217	Yasmine Zihnioglu	Individual	Senior Feminino	05:21:13	+02:14:54	10:02
6	368	Cristina Frota	Individual	Senior Feminino	05:26:01	+02:19:42	10:11
7	367	Sofia Alexandra Jorge Simões	Grupo Desportivo Ferreirense	Senior Feminino	05:30:02	+02:23:43	10:19
8	336	Cristina Gabriel	SS CGD	Senior Feminino	05:38:47	+02:32:28	10:35
9	198	Laisa Malco Fernandes Diana	MyTriPaasionLife	Senior Feminino	05:50:09	+02:43:50	10:57
10	225	HELENE LENOURY	Individual	Senior Feminino	06:04:39	+02:58:19	11:24

Senior Masculino

1	298	António Almeida	Vitória Fc Trail Running	Senior Masculino	03:06:19		05:49
2	286	Pedro Ribeiro	Vitória Fc Trail Running	Senior Masculino	03:07:07	+00:48	05:51
3	287	Diogo Baena	Vitória Fc Trail Running	Senior Masculino	03:13:56	+07:36	06:04
4	301	Filipe Costa	Clube Desportivo de Espite	Senior Masculino	03:18:25	+12:05	06:12
5	7	Luís Semedo	ACPortalegre/UTSM	Senior Masculino	03:18:38	+12:19	06:12
6	329	João Lopes	Vitória Fc Trail Running	Senior Masculino	03:20:27	+14:07	06:16
7	300	JOAO FERNANDES	Zona Alta Trail	Senior Masculino	03:21:09	+14:49	06:17
8	191	Luis Fernandes	Clube de praças da Armada / CPA TRAIL Team	Senior Masculino	03:25:07	+18:48	06:25
9	299	ANDRE ROSARIO	Zona Alta Trail	Senior Masculino	03:35:03	+28:43	06:43
10	341	Nuno Nunes	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	03:35:58	+29:39	06:45
11	321	Ricardo Mordomo	Clube Desportivo de Espite	Senior Masculino	03:36:09	+29:50	06:45
12	306	Micael Costa	Clube Desportivo de Espite	Senior Masculino	03:36:10	+29:50	06:45
13	92	Fabio Ferreira	DirtRunners	Senior Masculino	03:41:57	+35:38	06:56
14	330	João Silva	Vitória Fc Trail Running	Senior Masculino	03:43:02	+36:42	06:58
15	151	Paulo Jorge Antunes Silva	Castelo Branco	Senior Masculino	03:43:51	+37:31	07:00
16	120	João Silva	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	03:46:10	+39:50	07:04
17	347	Rui Santos	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	03:51:33	+45:13	07:14
18	156	Alcides Barbosa	Aztrail/Mercentro	Senior Masculino	03:56:43	+50:23	07:24
19	18	Pedro Santos	Gin. Qtª do Valbom - AAAlcochete	Senior Masculino	04:06:50	+01:00:31	07:43
20	126	Alvaro Rodrigues	Abi	Senior Masculino	04:11:55	+01:05:35	07:52
21	318	Rodrigo Nogueira	Individual	Senior Masculino	04:13:48	+01:07:28	07:56
22	350	Nelson Graça	MONSANTO RUNNING TEAM | SCOTT PORTUGAL	Senior Masculino	04:14:04	+01:07:44	07:56
23	194	Filipe Alves	Individual	Senior Masculino	04:22:20	+01:16:00	08:12

Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	2	Tiago Marques	Amigos do Atletismo de Mafra	Senior Masculino	04:24:05	+01:17:46	08:15
25	20	Jorge Vieira	Porto de Mós a Correr	Senior Masculino	04:24:25	+01:18:06	08:16
26	95	Francisco Mansidão	DirtRunners	Senior Masculino	04:24:27	+01:18:07	08:16
27	147	António Sousa	Runners à Ventura	Senior Masculino	04:27:29	+01:21:10	08:22
28	169	Mário Silva	Desnível	Senior Masculino	04:32:04	+01:25:45	08:30
29	255	Mário Pinto	Acm - Atlético Clube de Montemor	Senior Masculino	04:36:27	+01:30:07	08:38
30	161	João santos	Os Tolinhos	Senior Masculino	04:38:29	+01:32:10	08:42
31	36	Ruben Rechena	Kangaroo Runners	Senior Masculino	04:40:50	+01:34:30	08:47
32	34	Artur Vasques	Grupo Desportivo Santander	Senior Masculino	04:45:09	+01:38:49	08:55
33	241	Pedro Martinho	TodosNus	Senior Masculino	04:45:27	+01:39:07	08:55
34	40	Emanuel Faim	M&M's	Senior Masculino	04:50:04	+01:43:44	09:04
35	83	Ricardo Pereira	GRVilaverdense	Senior Masculino	04:55:05	+01:48:46	09:13
36	124	Daniel Campaniço	Évora Night Runners	Senior Masculino	04:55:35	+01:49:15	09:14
37	308	Samuel Castro	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	05:01:16	+01:54:57	09:25
38	333	João Lopes	Individual	Senior Masculino	05:01:42	+01:55:22	09:26
39	216	Christian Schneider	Individual	Senior Masculino	05:02:28	+01:56:08	09:27
40	53	Frederico Baptista	Tigres do Zêzere	Senior Masculino	05:02:52	+01:56:33	09:28
41	133	João Pedro Simões	Runners do Demo	Senior Masculino	05:03:10	+01:56:51	09:28
42	353	Filipe Saltão	ACDRS QUINHENDROS	Senior Masculino	05:04:18	+01:57:59	09:31
43	342	Cesar Orvalho	PowerLab.pt	Senior Masculino	05:05:34	+01:59:15	09:33
44	35	Micael Rechena	Kangaroo Runners	Senior Masculino	05:05:56	+01:59:37	09:34
45	163	Luis Neto	ATR - Algarve Trail Running	Senior Masculino	05:07:20	+02:01:01	09:36
46	139	Pedro Parreira	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	05:10:25	+02:04:06	09:42
47	357	Hugo Pinto	Clube Efacec	Senior Masculino	05:16:40	+02:10:21	09:54
48	145	David Matthews	Individual	Senior Masculino	05:18:43	+02:12:23	09:58
49	132	Luis Coelho	Individual	Senior Masculino	05:21:13	+02:14:54	10:02
50	57	Sérgio Simões	lisboa	Senior Masculino	05:22:31	+02:16:12	10:05
51	226	ADRIEN TERRIER	Individual	Senior Masculino	05:22:38	+02:16:18	10:05
52	112	Guilherme Ferreira Silva	Individual	Senior Masculino	05:22:42	+02:16:23	10:05
53	146	Marco Conceição	Runners do Demo	Senior Masculino	05:30:11	+02:23:52	10:19
54	273	Alberto Solposto	Individual	Senior Masculino	05:30:43	+02:24:24	10:20
55	237	Joao Goncalves	Individual	Senior Masculino	05:34:52	+02:28:33	10:28
56	205	Fábio Coelho	Individual	Senior Masculino	05:37:40	+02:31:21	10:33
57	320	Bruno Branquinho	Individual	Senior Masculino	05:38:19	+02:32:00	10:34
58	48	Carlos Henrique Batista Da Costa	NAUS TRAIL TEAM	Senior Masculino	05:53:50	+02:47:30	11:03
59	141	Joaquim Viegas	MAJOR	Senior Masculino	05:57:44	+02:51:24	11:11
60	142	Mario Ribeiro	MAJOR	Senior Masculino	05:57:44	+02:51:24	11:11
61	206	Pedro Caretas	42RUN	Senior Masculino	06:03:56	+02:57:37	11:22
62	58	Jorge Rodrigues	AlandroL United Runners	Senior Masculino	06:05:27	+02:59:08	11:25
63	307	Valter André	Individual	Senior Masculino	06:09:43	+03:03:23	11:33
64	247	André Silva	Individual	Senior Masculino	06:14:54	+03:08:35	11:43
65	211	Pedro Neves	42RUN	Senior Masculino	06:15:02	+03:08:43	11:43
66	176	JOÃO ANTUNES	CLUBE NOVO BANCO	Senior Masculino	06:45:02	+03:38:43	12:39
67	379	Hugo Costa Calado	NAUS TRAIL TEAM	Senior Masculino	06:57:10	+03:50:51	13:02

68	46	André Pinto	Pombal	Senior Masculino	06:58:17	+03:51:57	13:04

Sub 23 Masculino

1	212	Henrique Dias	Caracol Trail Team	Sub 23 Masculino	04:12:38	+01:06:19	07:54
2	218	Paulo Miguel Rebelo	Remo Clube Lusitano	Sub 23 Masculino	04:26:51	+01:20:31	08:20
3	144	João Façõco	Individual	Sub 23 Masculino	04:45:43	+01:39:24	08:56

Veterana F40

1	317	CRISTINA COUCEIRO	ARSM - Associação Recreativa de S. Miguel	Veterana F40	04:03:21	+57:01	07:36
2	88	Marta Abrantes	ABSANT Runners	Veterana F40	04:49:50	+01:43:31	09:03
3	296	Carla Santos	Zimbra Fox Runners	Veterana F40	04:50:26	+01:44:07	09:05
4	352	Inês Marques	99provasgratuitas	Veterana F40	05:07:38	+02:01:19	09:37
5	87	Josefina Beijoca	MONBIKETEAM - MONFORTE BIKE RUN TEAM	Veterana F40	05:13:00	+02:06:41	09:47
6	288	Ana Bigode	Individual	Veterana F40	05:21:30	+02:15:10	10:03
7	73	Liliana Azenha	ARSM - Associação Recreativa de S. Miguel	Veterana F40	05:30:02	+02:23:43	10:19
8	82	Marta Faria	ATR - Algarve Trail Running	Veterana F40	05:34:20	+02:28:00	10:27
9	355	Liliana Aguiar	Individual	Veterana F40	05:40:36	+02:34:17	10:39
10	244	Cátia Santos	Monsanto Running Team	Veterana F40	06:02:54	+02:56:35	11:20
11	323	Mara Simões	DirtRunners	Veterana F40	06:03:31	+02:57:11	11:22
12	15	VERONIQUE VAZ	choucas	Veterana F40	06:39:04	+03:32:45	12:28

Veterana F45

1	316	Carla Reis	ARSM - Associação Recreativa de S. Miguel	Veterana F45	04:36:09	+01:29:49	08:38
2	37	Stefanie Freiberg	Individual	Veterana F45	04:43:07	+01:36:48	08:51
3	344	Ligia Coelho	ARSM - Associação Recreativa de S. Miguel	Veterana F45	04:45:41	+01:39:22	08:56
4	277	Célia Henriques	Bruxos Runners	Veterana F45	04:50:07	+01:43:47	09:04
5	289	Vanda Matias	Trilho Perdido Eventos / Imporlux	Veterana F45	04:50:32	+01:44:13	09:05
6	219	Cidalia Serra Marques Martins	VendasNovas Trail	Veterana F45	05:05:19	+01:58:59	09:32
7	108	Adelaide Pereira	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterana F45	05:14:32	+02:08:12	09:50
8	101	Sophie Deloup	Team Choucas	Veterana F45	05:23:40	+02:17:21	10:07
9	228	Sandra Silva	OCS - Outdoor Clube Setúbal	Veterana F45	05:47:21	+02:41:02	10:51
10	44	Ana Vaz	NAUS TRAIL TEAM	Veterana F45	06:15:19	+03:08:59	11:44
11	4	Susete Marques	RUN4EAT	Veterana F45	06:44:50	+03:38:31	12:39

Trail Longo — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

Veterana F50

1	284	Carmen Ferreira	Associação Vale Grande	Veterana F50	04:53:41	+01:47:22	09:11
2	332	Cidália Oliveira	ACDRS QUINHENDROS	Veterana F50	05:04:19	+01:57:59	09:31
3	325	Isabel Pisco	OCS - Outdoor Clube Setúbal	Veterana F50	05:18:31	+02:12:12	09:57
4	80	Chantal Xhervelle	MultiRunners	Veterana F50	05:20:25	+02:14:06	10:01
5	207	Maria Azevedo Martins	Outdoor Clube de Setúbal - Strendure Running Team	Veterana F50	05:34:41	+02:28:22	10:28
6	240	Fernanda Oliveira	Individual	Veterana F50	06:01:05	+02:54:45	11:17
7	276	Celia Azenha	lisboa	Veterana F50	06:19:05	+03:12:45	11:51
8	55	Ana Paula Sardinha Figueiredo	NAUS TRAIL TEAM	Veterana F50	06:42:59	+03:36:40	12:36
9	164	Paula Batalha	Clube MILLENNIUMBCP	Veterana F50	07:13:21	+04:07:01	13:33

Veterana F55

1	285	Conceição Castanheira	CLAC Entroncamento/OndaTrilhos	Veterana F55	04:30:42	+01:24:22	08:28
2	11	Anne Marie DELINIERE	choucas	Veterana F55	05:27:07	+02:20:47	10:13

Veterano M40

1	331	Carlos Caldera	Vitória Fc Trail Running	Veterano M40	03:12:47	+06:27	06:01
2	340	Marco Faria	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	03:16:39	+10:19	06:09
3	177	Pedro Veríssimo	AMCF - Arrábida Trail Team	Veterano M40	03:23:33	+17:14	06:22
4	295	MIGUEL RIBEIRO	Zona Alta Trail	Veterano M40	03:32:34	+26:14	06:39
5	236	Helder Pereira	Clube de Atletismo de Ferreira do Zêzere	Veterano M40	03:36:27	+30:07	06:46
6	302	Rogério Costa	Vitória Fc Trail Running	Veterano M40	03:59:28	+53:09	07:29
7	232	Francisco Jose Rodrigues	Mafra	Veterano M40	04:05:45	+59:26	07:41
8	270	Jose Pedro Gomes Menezes	Clube Efacec	Veterano M40	04:11:21	+01:05:02	07:51
9	305	Miguel Silva	AMCF - Arrábida Trail Team	Veterano M40	04:11:25	+01:05:06	07:51
10	33	Nuno Henriques	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	04:16:17	+01:09:57	08:01
11	31	Rui Menas	Matilha Running	Veterano M40	04:21:29	+01:15:10	08:10
12	201	Nuno Lopes	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M40	04:22:11	+01:15:51	08:12
13	110	Paulo Alves	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M40	04:22:32	+01:16:12	08:12
14	50	Nuno Pereira	Clube OGMA	Veterano M40	04:23:18	+01:16:58	08:14
15	22	Julien Lhospitalier	choucas	Veterano M40	04:24:04	+01:17:45	08:15
16	60	Nuno Oliveira	Os coxos e o Miguel	Veterano M40	04:26:51	+01:20:32	08:20
17	256	Mário Figueiras	Acm - Atlético Clube de Montemor	Veterano M40	04:27:50	+01:21:31	08:22
18	115	Helder Varanda	AGDAK	Veterano M40	04:31:35	+01:25:16	08:29
19	229	Nicolas Warter	Individual	Veterano M40	04:33:27	+01:27:07	08:33
20	220	Pedro Borregana	Sem Equipa	Veterano M40	04:33:31	+01:27:11	08:33
21	51	Ivo Ferreira	NAUS TRAIL TEAM	Veterano M40	04:35:29	+01:29:09	08:37
22	278	José Pereira	Runners do Demo	Veterano M40	04:38:23	+01:32:03	08:42
23	227	Pedro Ferreira	ARCD Venda da Luisa	Veterano M40	04:39:29	+01:33:10	08:44

Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

24	280	Hélder Soares	Bruxos Runners	Veterano M40	04:41:28	+01:35:09	08:48
25	93	Claudio Barreira	DirtRunners	Veterano M40	04:43:48	+01:37:29	08:52
26	64	Pedro Pinheiro	Barbaris Team	Veterano M40	04:44:26	+01:38:07	08:53
27	181	Julio Fernandes	Outdoor Clube de Setúbal - Strendure Running Team	Veterano M40	04:45:54	+01:39:34	08:56
28	252	José Miguel Pereira	ATR - Algarve Trail Running	Veterano M40	04:46:25	+01:40:06	08:57
29	154	Alipio Trigo	Escola de Atletismo do Montijo-A.F.D.D	Veterano M40	04:47:32	+01:41:13	08:59
30	235	Benoit de renzis	choucas	Veterano M40	04:49:36	+01:43:17	09:03
31	49	Pedro Anjos	CLAC Entroncamento/OndaTrilhos	Veterano M40	04:57:38	+01:51:19	09:18
32	25	Francois-Andre Vaz	choucas	Veterano M40	04:59:17	+01:52:57	09:21
33	271	Gil Xavier Alves	Salamandrecos	Veterano M40	05:01:11	+01:54:51	09:25
34	128	Jordi Enero	Individual	Veterano M40	05:01:35	+01:55:16	09:25
35	171	Luís Reis	Algarunners	Veterano M40	05:03:21	+01:57:02	09:29
36	370	David Figueiredo	Escola de Atletismo do Montijo-A.F.D.D	Veterano M40	05:03:49	+01:57:30	09:30
37	6	José Rosa	3p3rnas	Veterano M40	05:08:56	+02:02:37	09:39
38	42	Mauro Pinto	Vidacomgarra	Veterano M40	05:10:23	+02:04:04	09:42
39	259	Nuno Estácio	Pé no Monte	Veterano M40	05:10:50	+02:04:30	09:43
40	149	Bruno Oliveira	TIBA Running Team	Veterano M40	05:14:24	+02:08:04	09:50
41	109	Miguel Cruz	Clube Efacec	Veterano M40	05:16:41	+02:10:22	09:54
42	310	Sandro Rodrigues	Individual	Veterano M40	05:17:16	+02:10:57	09:55
43	160	Bruno Matos	Prazer em Correr - Ilha Tercera	Veterano M40	05:20:08	+02:13:49	10:00
44	208	NUNO BAPTISTA	42RUN	Veterano M40	05:21:13	+02:14:54	10:02
45	131	Tiago Ezequiel	Zimbra Fox Runners	Veterano M40	05:21:13	+02:14:54	10:02
46	242	Julio Barao	Individual	Veterano M40	05:24:37	+02:18:17	10:09
47	364	José Amaro	LIZ RUNNERS	Veterano M40	05:29:40	+02:23:21	10:18
48	85	Alexandre Jardim	Salamandrecos	Veterano M40	05:31:43	+02:25:23	10:22
49	231	Ezequiel Oliveira	Associação de atletismo Lebres do sado	Veterano M40	05:32:25	+02:26:06	10:23
50	71	André Reis	MultiRunners	Veterano M40	05:33:17	+02:26:57	10:25
51	238	Manuel Goncalves	Individual	Veterano M40	05:34:53	+02:28:33	10:28
52	3	João Câmara	HL Runners Club	Veterano M40	05:39:05	+02:32:46	10:36
53	354	Pedro Lopes	Individual	Veterano M40	05:40:37	+02:34:18	10:39
54	134	Nelson Lopes	OCS - Outdoor Clube Setúbal	Veterano M40	05:46:36	+02:40:16	10:50
55	138	Mário Ribeiro	Individual	Veterano M40	05:46:36	+02:40:17	10:50
56	178	Mauro Castro	Individual	Veterano M40	05:55:29	+02:49:09	11:07
57	24	Nuno Lopes	Individual	Veterano M40	06:06:01	+02:59:41	11:26
58	245	Pedro Rodrigues	Pé no Monte	Veterano M40	06:06:03	+02:59:43	11:26
59	309	Manuel Guedes	C.I.A. Alpendorada	Veterano M40	06:10:05	+03:03:45	11:34
60	90	Richard Warrell	Last Wolf Standing	Veterano M40	06:10:55	+03:04:35	11:35
61	136	Sergio Mesquita	Academia d Estrelas	Veterano M40	06:23:25	+03:17:06	11:59
62	275	Márcio Pereira	Individual	Veterano M40	06:25:18	+03:18:59	12:02
63	107	Nelson Rebola	Trail do Texugo	Veterano M40	06:30:09	+03:23:50	12:12
64	135	Nuno Sobral	Academia d Estrelas	Veterano M40	07:18:53	+04:12:33	13:43

Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

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Veterano M45

1	365	Paulo Morais	Arrabida Trail Team	Veterano M45	03:06:56	+00:36	05:51
2	69	JOAO FAUSTINO	ALMADA	Veterano M45	03:51:12	+44:53	07:14
3	213	FRED KALAHARI	AC TRAINING	Veterano M45	04:06:15	+59:55	07:42
4	359	Francisco Ferro	GDAlcoutim - Trailrunners	Veterano M45	04:07:33	+01:01:14	07:44
5	27	Pedro Xavier Santos	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M45	04:08:55	+01:02:36	07:47
6	67	Ricardo Lobo	A Natureza Ensina	Veterano M45	04:09:22	+01:03:02	07:48
7	170	Rui Lóia	Algarunners	Veterano M45	04:18:06	+01:11:47	08:04
8	348	José Miguel Santos	Sporting Clube Povoense - Caracois de Corrida	Veterano M45	04:18:10	+01:11:50	08:04
9	96	Cesar Francisco	cesarfrancisco.com | lagrimas team	Veterano M45	04:21:43	+01:15:23	08:11
10	339	Abilio Martins	Dá-lhe Gás Trail Team Fisioduo	Veterano M45	04:24:13	+01:17:53	08:15
11	167	Ricardo Diez	O Mundo da Corrida	Veterano M45	04:33:52	+01:27:33	08:34
12	192	Vítor Manuel Leitão Martins	ADM trail	Veterano M45	04:37:22	+01:31:03	08:40
13	155	Rui Simplicio	Escola de Atletismo do Montijo-A.F.D.D	Veterano M45	04:37:30	+01:31:11	08:40
14	249	Joao Canané	Individual	Veterano M45	04:38:04	+01:31:45	08:41
15	54	Luis cardoso	NAUS TRAIL TEAM	Veterano M45	04:41:43	+01:35:24	08:48
16	118	Ricardo Fernandes	Individual	Veterano M45	04:41:59	+01:35:40	08:49
17	303	Guilherme Hora	Outdoor Clube de Setúbal - Strendure Running Team	Veterano M45	04:44:43	+01:38:23	08:54
18	293	PAULO GAIÃO	Zona Alta Trail	Veterano M45	04:44:44	+01:38:25	08:54
19	264	Luís Ramos	Individual	Veterano M45	04:46:34	+01:40:15	08:57
20	168	Fernando Ramos	Silves	Veterano M45	04:53:27	+01:47:07	09:10
21	84	João Filipe Alves Martelo De Olivrira	GRVilaverdense	Veterano M45	04:55:05	+01:48:45	09:13
22	274	Manuel Maria Correia	ASSOCIAÇÃO NAVAL AMORENSE	Veterano M45	04:55:44	+01:49:24	09:15
23	261	Paulo Marçalo	Individual	Veterano M45	04:58:10	+01:51:50	09:19
24	66	Sebastien Deleu	TIBA	Veterano M45	05:01:17	+01:54:57	09:25
25	23	Paulo Bruno	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M45	05:04:07	+01:57:47	09:30
26	182	Helder Constantino	Tãlentos Team	Veterano M45	05:07:01	+02:00:41	09:36
27	114	Vasco Armes	Runners da Frente Ribeirinha da Póvoa de Santa Iria	Veterano M45	05:14:31	+02:08:12	09:50
28	267	Nuno Lucas	opraticante.pt	Veterano M45	05:15:02	+02:08:43	09:51
29	9	Bruno Chen	CNPN	Veterano M45	05:20:51	+02:14:32	10:02
30	326	Flávio Monteiro	Individual	Veterano M45	05:20:59	+02:14:40	10:02
31	312	Filipe Martins	Tãlentos Team	Veterano M45	05:23:45	+02:17:26	10:07
32	187	João Rodrigues	Salamandrecos	Veterano M45	05:26:43	+02:20:24	10:13
33	257	Rogério Costa	Acm - Atlético Clube de Montemor	Veterano M45	05:34:42	+02:28:23	10:28
34	180	João Henriques	SS CGD	Veterano M45	05:39:27	+02:33:08	10:36
35	105	João Paulo Santos	Clube de Atletismo Amigos Parque da Paz	Veterano M45	05:39:35	+02:33:16	10:37
36	338	Nuno Pintão	Individual	Veterano M45	05:42:08	+02:35:49	10:42
37	234	Pedro Quadrio	Bruxos Runners Arruda dos Vinhos	Veterano M45	05:42:56	+02:36:36	10:43
38	371	Pedro Moreira	Tomorrow Running Team	Veterano M45	05:48:00	+02:41:41	10:53
39	1	Paulo Domingues	Individual	Veterano M45	05:53:33	+02:47:13	11:03

Trail Longo — 32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

40	179	Paulo Sousa	Grupeta running team	Veterano M45	05:55:29	+02:49:09	11:07
41	104	Francisco Macheta	Individual	Veterano M45	05:58:36	+02:52:17	11:12
42	230	Rodolfo Vale	Individual	Veterano M45	05:58:36	+02:52:17	11:12
43	159	Luis Manuel Bravo	Sesimbra	Veterano M45	05:59:04	+02:52:44	11:13
44	98	Hugo Costa	NAUS TRAIL TEAM	Veterano M45	06:16:55	+03:10:35	11:47
45	337	Sérgio Cajado	Odivelas	Veterano M45	06:18:15	+03:11:56	11:49
46	14	Benoit Vaz	choucas	Veterano M45	06:39:04	+03:32:45	12:28
47	351	Anselmo Maia	Individual	Veterano M45	06:39:47	+03:33:27	12:30
48	117	João Ferreira	RUN4EAT	Veterano M45	06:44:50	+03:38:31	12:39
49	130	Pedro Lopes	SFC	Veterano M45	06:57:11	+03:50:52	13:02
50	239	Nuno Pedroso	Matilha Running	Veterano M45	06:59:08	+03:52:48	13:06
51	125	Paulo Alexandre Mota Caldeirinha	Caparica	Veterano M45	07:18:53	+04:12:34	13:43

Veterano M50

1	195	Virgilio Gomes	Clube de praças da Armada / CPA TRAIL Team	Veterano M50	03:38:25	+32:06	06:50
2	290	Carlos Antunes	CLAC Entroncamento/OndaTrilhos	Veterano M50	03:55:26	+49:07	07:21
3	283	David Jesus	Individual	Veterano M50	04:01:51	+55:32	07:33
4	254	Vasco Sousa	Individual	Veterano M50	04:09:03	+01:02:44	07:47
5	8	Paulo Osório	Outdoor Clube de Setúbal - Strendure Running Team	Veterano M50	04:14:06	+01:07:47	07:56
6	360	Eduardo Lourenço	CCM Trail	Veterano M50	04:15:46	+01:09:26	08:00
7	266	António Soares	opraticante.pt	Veterano M50	04:31:37	+01:25:18	08:29
8	91	Nelson Sousa	DirtRunners	Veterano M50	04:45:17	+01:38:57	08:55
9	72	Miguel Duarte Pedro	Salamandrecos	Veterano M50	04:47:16	+01:40:57	08:59
10	121	Pedro Mendes Jorge	ASSOCIAÇÃO NAVAL AMORENSE	Veterano M50	04:55:44	+01:49:24	09:15
11	129	Rodolfo Deyllot	Porto de Mós a Correr	Veterano M50	04:56:15	+01:49:55	09:15
12	28	Pedro Ramos	Individual	Veterano M50	04:59:47	+01:53:28	09:22
13	258	Diogo Gamito	Salamandrecos	Veterano M50	05:12:41	+02:06:21	09:46
14	30	Jose Azevedo Raposo	GRUPO DESPORTIVO SANTANDER TOTTA	Veterano M50	05:20:11	+02:13:51	10:00
15	10	François Deliniere	choucas	Veterano M50	05:27:07	+02:20:48	10:13
16	281	Paulo Azevedo	Individual	Veterano M50	05:33:39	+02:27:20	10:26
17	324	José Rocha	Trilhos do Costume	Veterano M50	05:34:51	+02:28:31	10:28
18	262	Luis Gama	Individual	Veterano M50	05:36:20	+02:30:00	10:31
19	311	Carlos Santos	Cris e seus amigos	Veterano M50	05:38:47	+02:32:28	10:35
20	282	Carlos Seixas	Bruxos Runners	Veterano M50	05:42:55	+02:36:36	10:43
21	166	AMERICO ANTUNES	Clube MILLENNIUMBCP	Veterano M50	05:48:09	+02:41:50	10:53
22	233	Paulo Santos	Associação de atletismo Lebres do sado	Veterano M50	06:30:09	+03:23:49	12:12
23	102	Bruno Aufauvre	choucas	Veterano M50	06:35:48	+03:29:28	12:22

Veterano M55

1	143	Joao Marques	OCS - Outdoor Clube Setúbal	Veterano M55	04:00:31	+54:11	07:31

Trail Longo

32 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING

2	315	Vitor Faim	Atletismo Clube da Tocha	Veterano M55	04:08:36	+01:02:17	07:46
3	294	JOSÉ DIAS JOSÉ DIAS	Zona Alta Trail	Veterano M55	04:21:52	+01:15:32	08:11
4	70	Carlos Pascoal	PAPA TRILHOS	Veterano M55	04:27:09	+01:20:49	08:21
5	246	António Madeira	Clube de praças da Armada / CPA TRAIL Team	Veterano M55	04:34:47	+01:28:27	08:35
6	304	Joaquim Ferreira Ferreira	Melres Trail Running ordem para arrear	Veterano M55	04:44:02	+01:37:43	08:53
7	12	Costa Alfredo	oursense	Veterano M55	04:44:25	+01:38:06	08:53
8	319	Vitor martins	Moita Running	Veterano M55	04:51:38	+01:45:19	09:07
9	79	Jaime Lamego	MultiRunners	Veterano M55	05:21:30	+02:15:11	10:03
10	19	Carlos Henriques	Individual	Veterano M55	05:39:01	+02:32:41	10:36
11	21	Paulo Serranito	Charneca da Caparica	Veterano M55	05:54:09	+02:47:50	11:04
12	61	João Silva	ATR - Algarve Trail Running	Veterano M55	06:21:16	+03:14:56	11:55

Veterano M60

1	279	Cirilo Formiga	Zimbra Fox Runners	Veterano M60	04:51:52	+01:45:33	09:07
2	327	Orlando Gabriel da Silva Ferreira	Sabores do Paço/Zatopeques	Veterano M60	05:11:20	+02:05:00	09:44
3	185	José Manuel Velez	ACPortalegre/UTSM	Veterano M60	05:40:55	+02:34:36	10:39
4	215	Henrique Telhado	MyTriCoachLife	Veterano M60	06:59:09	+03:52:50	13:06

Duratrail
Setúbal, PT
26-October-2019

COLETIVO - MASC

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	VITÓRIA FC TRAIL RUNNING	1 + 3 + 4	8
2	ZONA ALTA TRAIL	10 + 13 + 14	37
3	CLUBE DESPORTIVO DE ESPITE	7 + 16 + 17	40
4	DÁ-LHE GÁS TRAIL TEAM FISIODUO	6 + 15 + 59	80
5	OUTDOOR CLUBE DE SETÚBAL - STRENDURE RUNNING TEAM	23 + 25 + 45	93
6	CLUBE DE PRAÇAS DA ARMADA / CPA TRAIL TEAM	12 + 19 + 73	104
7	GRUPO DESPORTIVO SANTANDER TOTTA	36 + 47 + 55	138
8	DIRTRUNNERS	20 + 61 + 86	167
9	CHOUCAS	57 + 101 + 114	272
10	ALGARUNNERS	48 + 105 + 124	277
11	ESCOLA DE ATLETISMO DO MONTIJO-A.F.D.D	77 + 100 + 125	302
12	ACM - ATLÉTICO CLUBE DE MONTEMOR	66 + 75 + 167	308
13	CLUBE EFACEC	39 + 141 + 142	322
14	NAUS TRAIL TEAM	74 + 84 + 189	347
15	SALAMANDRECOS	99 + 116 + 137	352
16	RUNNERS DO DEMO	79 + 123 + 161	363
17	ATR - ALGARVE TRAIL RUNNING	97 + 131 + 209	437
18	42RUN	149 + 198 + 206	553

COLETIVO - FEM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	2 + 5 + 7	14