

Classificação 30 Km - Absoluto

Class.	Dorsal	Nome	Gênero		Idade	Escalão	Equipa	30 Km	Tempo
1	18	Carlos Coelho	M	06-09-82	31	Sênior	proaventuras	x	03:08:17
2	112	Daniel Dias	M	09-01-91	22	Sênior	individual	x	03:08:48
3	105	Herculano Pereira	M	12-06-55	58	Veterano	proaventuras	x	03:09:38
4	33	Alexandre Cantiga	M	11-04-75	38	Sênior	individual	x	03:27:16
5	133	José Gonçalves	M	29-11-72	40	Sênior	individual	x	03:30:21
6	98	Joaquim Calado	M	30-09-88	25	Sênior	individual	x	03:31:59
7	14	João Mota	M	02-04-71	42	Veterano	individual	x	03:34:05
8	9	Pedro Faria	M	08-10-76	37	Sênior	individual	x	03:36:18
9	128	Luís Trindade	M	01-05-78	35	Sênior	individual	x	03:36:35
10	72	Vasco Alves	M	11-12-70	42	Veterano	dodesign	x	03:39:42
11	138	Miguel Baptista	M	27-11-73	39	Sênior	individual	x	03:41:54
12	85	Jerónimo Esteves	M	20-08-75	38	Sênior	individual	x	03:41:55
13	149	José Morgado	M	28-06-61	52	Veterano	individual	x	03:51:14

14	27	Paulo Martins	M	04-11-65	47	Veterano	individual	x	03:54:55
15	3	João Fonseca	M	07-04-67	46	Veterano	individual	x	03:54:56
16	39	Ricardo Vitorino	M	01-06-82	31	Sénior	individual	x	03:55:06
17	120	Catherine Johansen	F	18-01-84	29	Sénior	proaventuras	x	03:55:17
18	121	Isabel Maldonado	F	15-09-63	50	Veterano	individual	x	03:56:29
19	95	João Viegas	M	06-12-76	36	Sénior	individual	x	03:56:31
20	148	João Dias	M	27-07-62	51	Veterano	individual	x	03:57:07
21	140	Jorge Przeres	M	29-12-74	38	Sénior	individual	x	04:01:58
22	73	Filipe Inácio	M	02-09-80	33	Sénior	individual	x	04:06:32
23	75	Diogo Tavares	M	02-09-77	36	Sénior	individual	x	04:07:25
24	97	Miguel Carneiro	M	21-07-83	30	Sénior	individual	x	04:07:45
25	123	Pedro Turtles	M	19-08-80	33	Sénior	RailRunners	x	04:19:25
26	13	Mário Coelho	M	15-10-65	48	Veterano	individual	x	04:22:25
27	62	João Ribeiro	M	28-06-83	30	Sénior	individual	x	04:27:04
28	34	João Rosa	M	19-10-74	39	Sénior	individual	x	04:30:44
29	144	Paulo Tábuas	M	26-10-65	48	Veterano	individual	x	04:32:01
30	67	Carlos Beijinho	M	12-10-71	42	Veterano	individual	x	04:34:46
31	7	Iona Thomas	F	15-06-72	41	Veterano	proaventuras	x	04:35:25
32	16	José Magro	M	01-03-70	43	Veterano	papatrilhos	x	04:36:26
33	22	Pedro Constantino	M	18-04-84	29	Sénior	individual	x	04:39:39
34	100	Ana Groznik	F	10-07-68	45	Veterano	clube R4F	x	04:40:05
35	38	Miguel Duarte	M	14-09-74	39	Sénior	individual	x	04:40:06
36	1	Nuno Torres	M	25-05-77	36	Sénior	proaventuras	x	04:43:33
37	65	Hugo Gonçalves	M	03-05-77	36	Sénior	individual	x	04:43:34
38	143	Lázaro Montezo	M	04-03-81	32	Sénior	individual	x	04:43:36
39	137	Philippe Didier	M	09-02-73	40	Sénior	individual	x	04:48:05
40	50	Ricardo Pereira	M	08-09-79	34	Sénior	individual	x	04:53:12
41	68	Nelson Diogo	M	01-04-80	33	Sénior	individual	x	04:53:38
42	108	Carlos Niz	M	13-10-75	38	Sénior	Trail Addicted	x	04:53:39
43	41	António Matos	M	11-10-54	59	Veterano	individual	x	04:54:06
44	15	Ana Coelho	F	03-06-63	50	Veterano	individual	x	05:02:59
45	53	Emilio V. Boas	M	04-04-72	41	Veterano	proaventuras	x	05:03:09

46	109	Nuno Ferreira	M	04-09-76	37	Sénior	individual	x	05:03:16
47	19	Patricia Jeremias	F	21-07-77	36	Sénior	bolteam	x	05:04:31
48	42	Carlos Couto	M			Sénior	proaventuras	x	05:04:37
49	21	Luis Sousa	M	30-04-75	38	Sénior	bolteam	x	05:04:38
50	30	Ricardo Medeiros	M	07-09-76	-77	Sénior	individual	x	05:10:34
51	32	João Paulino	M	07-04-77	36	Sénior	individual	x	05:10:35
52	12	Carlos Brito	M	28-08-74	39	Sénior	individual	x	05:19:00
53	64	Diogo Gamito	M	15-04-67	46	Veterano	individual	x	D.N.F.