

20K Cross-Trail Viver Almonda

Classificação Geral

Pos	Dorsal	Nome	Equipa	Tipo	Tempo	Ritmo	Km/h	Sex	Idade	ID Number
1	1	LUIS CANCELA	Sporting Torres Novas	20K	01:31:22.88	04:34	13.1kph	M	45	
2	64	GUEL FERREIRA	União fci Tomar	20K	01:37:20.42	04:52	12.3kph	M	36	
3	20	BRUNO PEREIRA	Individual	20K	01:37:21.14	04:52	12.3kph	M	43	
4	7	GONÇALO CRUZ	Individual	20K	01:40:37.48	05:01	11.9kph	M	33	
5	66	LUÍS ALEXANDRE	Trilhos dos Templários / XPORFIT	20K	01:42:39.51	05:07	11.7kph	M	43	
6	49	BRUNO PINTO	Individual	20K	01:44:03.00	05:12	11.5kph	M	35	
7	58	NELSON LEBRE	Individual	20K	01:45:21.26	05:16	11.4kph	M	40	
8	4	JOÃO NEPOMUCENO	Dá-lhe Gás team	20K	01:51:06.28	05:33	10.8kph	M	45	
9	41	RICARDO FERREIRA	Caracol Trail Team	20K	01:51:27.57	05:34	10.8kph	M	34	
10	59	PEDRO FREITAS	Caracol Trail Team	20K	01:51:50.64	05:35	10.7kph	M	37	
11	27	JOÃO CORREIA	UDA / Ponta Branca	20K	01:52:56.19	05:38	10.6kph	M	45	
12	45	JOÃO ANTUNES	Individual	20K	01:56:06.11	05:48	10.3kph	M	36	
13	53	NUNO MOITA	Fofinhospower	20K	01:56:13.55	05:48	10.3kph	M	37	
14	22	ARMINDO SANTOS	Individual	20K	01:58:24.04	05:55	10.1kph	M	46	
15	74	FILIPE CARRÃO	Dá-lhe Gás team	20K	01:59:08.42	05:57	10.1kph	M	33	
16	25	JOSÉ DIAS	ZONA ALTA TRAIL	20K	01:59:28.96	05:58	10.0kph	M	54	
17	16	TÓ MANEL	UDA / Ponta Branca	20K	02:00:28.27	06:01	10.0kph	M	34	
18	26	HUGI GABRIEL	UDA / Ponta Branca	20K	02:00:39.78	06:01	9.9kph	M	42	
19	48	JOÃO VIEIRA	Individual	20K	02:00:57.75	06:02	9.9kph	M	29	
20	51	FERNANDO SIMAO	CAB BARREIRA	20K	02:00:58.88	06:02	9.9kph	M	59	
21	10	ANTÓNIO SILVINO	A ENERGIA DA CORRIDA	20K	02:01:05.24	06:03	9.9kph	M	55	
22	8	DANIEL CAVALHEIRO	Individual	20K	02:03:59.23	06:11	9.7kph	M	42	
23	32	MÁRIO CARIDADE	COA / Corvus Trail Team	20K	02:04:56.56	06:14	9.6kph	M	37	
24	57	PEDRO ALFAIATE	Provadecor	20K	02:06:17.53	06:18	9.5kph	M	40	
25	43	NUNO NUNES	Individual	20K	02:06:57.00	06:20	9.5kph	M	30	
26	2	NELSON AGUIAR	SFLUR	20K	02:07:36.26	06:22	9.4kph	M	43	
27	5	KEVIN GASPAR	Dá-lhe Gás team	20K	02:07:47.58	06:23	9.4kph	M	30	
28	42	PAULO RODRIGUES	Individual	20K	02:07:48.48	06:23	9.4kph	M	44	
29	55	LUIS MENDES	NEXEBRA TRAIL TEAM	20K	02:08:21.89	06:25	9.3kph	M	46	
30	11	JOAO PAULINO	RX Runners	20K	02:08:55.74	06:26	9.3kph	M	34	
31	39	FAUSTINO MATOS	Individual	20K	02:09:01.86	06:27	9.3kph	M	43	
32	3	PEDRO SÁ PEREIRA	Individual	20K	02:09:08.12	06:27	9.3kph	M	31	
33	6	RICARDO CONDE	C.D. "Os Águias" de Alpiarça	20K	02:09:24.59	06:28	9.3kph	M	36	
34	24	DAVID MENDES	Individual	20K	02:10:16.67	06:30	9.2kph	M	42	
35	36	RUBEN DUQUE	ZONA ALTA TRAIL	20K	02:14:41.14	06:44	8.9kph	M	35	
36	35	MARCO MADEIRA	Individual	20K	02:15:07.42	06:45	8.9kph	M	38	
37	12	MANUEL VICTORINO	CCD ALVITEJO	20K	02:18:27.08	06:55	8.7kph	M	69	
38	38	LUÍS ALBINO	Individual	20K	02:21:31.95	07:04	8.5kph	M	22	
39	37	MIGUEL LOPES	Individual	20K	02:21:32.73	07:04	8.5kph	M	25	
40	52	DAVID CLEMENTE	CUA Benaventense	20K	02:21:49.10	07:05	8.5kph	M	36	
41	60	ANSELMO MAIA	Individual	20K	02:23:46.22	07:11	8.3kph	M	47	
42	65	ELIO BATISTA	RX Runners	20K	02:23:56.14	07:11	8.3kph	M	38	
43	30	RAQUEL MATIAS	CDS Norte e Soure	20K	02:24:00.30	07:12	8.3kph	F	40	
44	34	MARCO ALEXANDRE	Individual	20K	02:24:39.75	07:13	8.3kph	M	40	
45	71	JOÃO GOMES	GDRSV Trilhos do Alecrim	20K	02:27:48.21	07:23	8.1kph	M	23	
46	63	JOSÉ GUERRA	GDRSV Trilhos do Alecrim	20K	02:27:49.89	07:23	8.1kph	M	42	
47	18	HELDER AMARO	Rezingas	20K	02:34:42.12	07:44	7.8kph	M	43	
48	56	SÉRGIO NUNES	Individual	20K	02:40:10.08	08:00	7.5kph	M	43	
49	17	GUIDA SOUSA	UDA / Ponta Branca	20K	02:45:35.00	08:16	7.2kph	F	41	
50	28	JOÃO MARTINS	Caracol Trail Team	20K	02:45:38.79	08:16	7.2kph	M	18	
51	47	NUNO ABRUNHOSA	Individual	20K	02:45:54.18	08:17	7.2kph	M	38	
52	13	CARLA LOURENÇO	Individual	20K	02:46:48.15	08:20	7.2kph	F	33	
53	14	MARTA VALADOR	C.A.S.P.A. - Clube Amador Só Para Atletismo	20K	02:48:15.04	08:24	7.1kph	F	47	
54	31	FILIPA VEDOR	Individual	20K	02:54:16.16	08:42	6.9kph	F	31	
55	21	JORGE NATÁRIO	Trilhos & Companhia	20K	02:54:17.58	08:42	6.9kph	M	50	
56	68	NATÁLIA ESCUDEIRO	Individual	20K	02:55:45.11	08:47	6.8kph	F	49	
57	69	JULIANO BRANCO	Happy Feet	20K	02:56:25.69	08:49	6.8kph	M	32	
58	40	TÂNIA MORGADO	Individual	20K	03:15:31.63	09:46	6.1kph	F	25	

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59	70	JOÃO GAMEIRO	Happy Feet	20K	03:18:15.16	09:54	6.1kph	M	31	
60	50	NUNO GOMES	Individual	20K	03:18:38.73	09:55	6.0kph	M	36	
61	33	FERNANDA TAVARES	COA / Corvus Trail Team	20K	03:31:35.90	10:34	5.7kph	F	35	
62	46	CARLA GUEDES	Individual	20K	03:53:25.34	11:40	5.1kph	F	37	
63	54	MANUEL FONSECA	UDA / Ponta Branca	20K	02:04:42.95	06:14	9.6kph	M	35	