

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Marco Tavares	Clube Desportivo e Recreativo Ribeirinho da Baixa da Banheira	151	00:20:23.061	----
2	Vitor Hugo Fernandes Oliveira	Associação Vale Grande	247	00:20:30.089	00:00:07.028
3	Adelino Monteiro	----	186	00:20:44.794	00:00:21.733
4	Ivo Coelho	Clube Desportivo e Recreativo Ribeirinho da Baixa da Banheira	155	00:20:52.836	00:00:29.775
5	Orlando Ramos	CDR Ribeirinho	252	00:22:29.214	00:02:06.153
6	Cláudio Nóbrega	Run Crew Trail Montijo	52	00:22:35.889	00:02:12.828
7	Pedro Joaquim	Associação Serviços Sociais Regimento Sapadores Bombeiros Lisboa	233	00:22:44.263	00:02:21.202
8	Nuno Lopes	--	306	00:22:54.461	00:02:31.400
9	Warley Almeida	Montijo Runners	222	00:22:59.964	00:02:36.903
10	Virgílio António pão alvo gonçalves	Clube Desportivo e Recreativo Ribeirinho da Baixa da Banheira	150	00:23:08.427	00:02:45.366
11	Sérgio Balão	Associação Serviços Sociais Regimento Sapadores Bombeiros Lisboa	234	00:23:15.323	00:02:52.262
12	Ricardo Reis	----	139	00:23:35.239	00:03:12.178
13	Vitor Candeias	Montijo Runners	249	00:23:38.949	00:03:15.888
14	Francisco José Mira Gaio	Caracol Trail Team	28	00:23:50.125	00:03:27.064
15	Rui Baltazar	grupo desportivo águias da moita	216	00:24:00.947	00:03:37.886
16	Leandro Miguel	grupo desportivo águias da moita	236	00:24:38.475	00:04:15.414
17	Victor Lopes	Run Crew Trail Montijo	60	00:24:40.886	00:04:17.825
18	Luís Silva	Run Crew Trail Montijo	67	00:24:55.329	00:04:32.268
19	Nelson Pereira	Montijo Runners	199	00:25:03.528	00:04:40.467
20	Pedro Cruz	CDRRibeirinho	254	00:25:39.756	00:05:16.695
21	Alcindo Ramalho	Run Crew Trail Montijo	55	00:25:57.576	00:05:34.515
22	Bruno Ratinho	----	187	00:26:07.856	00:05:44.795
23	JOSE LANÇA	C.C.R ALTO DO MOINHO	210	00:26:11.589	00:05:48.528
24	Nuno Ramalho	Run Crew Trail Montijo	72	00:26:25.535	00:06:02.474
25	Paulo palmeiro	Clube Desportivo e Recreativo Ribeirinho da Baixa da Banheira	152	00:26:29.193	00:06:06.132
26	João Pedro Ramos Borges da Cruz	Escola de Atletismo do Montijo-A.F.D.D	240	00:26:37.926	00:06:14.865
27	Hugo Medronheira	CDRR	122	00:26:46.313	00:06:23.252
28	Rui Santiago	Clube Desportivo e Recreativo Ribeirinho da Baixa da Banheira	153	00:26:48.757	00:06:25.696
29	Flávio Ramalho	grupo desportivo águias da moita	214	00:26:51.504	00:06:28.443
30	Eusébio Alexandre Gabriel Ventura	----	166	00:26:54.774	00:06:31.713
31	Roberto Ferreira	Run Crew Trail Montijo	62	00:27:00.185	00:06:37.124
32	David silva	Clube desportivo recreativo Ribeirinho	207	00:27:08.072	00:06:45.011
33	Manuel Alexandre	grupo desportivo águias da moita	217	00:27:12.235	00:06:49.174
34	Mariano Rita	----	189	00:27:32.600	00:07:09.539
35	Carlos Silva	Team do Bairro	128	00:27:36.804	00:07:13.743
36	Rui Pavia	Montijo Runners	256	00:27:43.235	00:07:20.174
37	Marco Ferreira	SUNDAY RUNNERS	170	00:28:05.541	00:07:42.480
38	Mário Carromeu	4321Team	30	00:28:11.725	00:07:48.664
39	Venâncio Guerreiro	Coop a sacavenense	269	00:28:16.530	00:07:53.469
40	Frederico carvalho	----	26	00:28:22.214	00:07:59.153
41	Jorge Manuel de Almeida Dias	----	248	00:28:24.029	00:08:00.968
42	António Vieira	----	250	00:28:33.647	00:08:10.586
43	Augusto Semedo	Run Crew Trail Montijo	58	00:28:38.248	00:08:15.187

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44	Miguel Dias	Run Crew Trail Montijo	66	00:28:42.482	00:08:19.421
45	Ricardo Amarelinho	Gangue da AFZ	259	00:28:44.270	00:08:21.209
46	Ivo Louro	-----	1	00:28:55.623	00:08:32.562
47	Nuno Damiães	Team do Bairro	127	00:28:58.199	00:08:35.138
48	Helder Henriques	Run and Smile	115	00:29:09.322	00:08:46.261
49	Luis Balsinha	-----	78	00:29:23.546	00:09:00.485
50	vitlor Fernandes	4321Team	44	00:29:38.559	00:09:15.498
51	João Inglês	Grupo Desportivo São Sebastião de Canha	49	00:30:00.663	00:09:37.602
52	João Aleluia	Tálenos Team	76	00:30:22.137	00:09:59.076
53	Pedro Daniel Gaspar Correia	Subtil3D Extreme----	93	00:30:28.748	00:10:05.687
54	Jorge Firmino	--	304	00:30:31.872	00:10:08.811
55	Carlos	Clube Desportivo Recreativo Ribeirinhos	138	00:30:38.746	00:10:15.685
56	Alfredo Miranda	-----	208	00:30:40.996	00:10:17.935
57	Bruno Futre	-----	17	00:31:45.785	00:11:22.724
58	Luis Pedro M. Rodrigues	-----	21	00:31:46.913	00:11:23.852
59	Juliano Rodrigues	Montijo Runners	261	00:31:49.776	00:11:26.715
60	Pedro Tiago Medeiros	SS CGD	94	00:32:07.491	00:11:44.430
61	Fernando cortez	4321Team	33	00:32:10.563	00:11:47.502
62	Flávio Raposo	Run Crew Trail Montijo	160	00:32:13.647	00:11:50.586
63	Nuno Miguel Xavier da Silva	--	303	00:32:18.733	00:11:55.672
64	Tiago Braga	Escola de Atletismo do Montijo-A.F.D.D	237	00:32:27.590	00:12:04.529
65	Jorge Carvalho	Gangue da AFZ	181	00:32:43.990	00:12:20.929
66	André Palma	Run Crew Trail Montijo	86	00:32:52.973	00:12:29.912
67	Albero M Botas	RUN CREW TRAIL MONTIJO	275	00:33:32.578	00:13:09.517
68	Luís Oliveira	-	310	00:34:22.182	00:13:59.121
69	Martinho Cunha	--	307	00:35:36.690	00:15:13.629
70	José Carlos	Clube Desportivo Recreativo Ribeirinho	244	00:35:41.416	00:15:18.355
71	Hugo Carabineiro	Team do Bairro	129	00:36:09.420	00:15:46.359
72	Emílio Gonçalves	Amigos Vale Silêncio	13	00:36:41.166	00:16:18.105
73	Orlando Coutinho	114 Team	157	00:37:48.105	00:17:25.044
74	Renato Neves	-----	110	00:38:23.615	00:18:00.554
75	RUI BOIEIRO	114 Team	140	00:41:13.603	00:20:50.542
76	Ricardo Nicolau	114 TEAM	145	00:41:17.644	00:20:54.583
77	Luis Miguel	-----	92	00:41:34.796	00:21:11.735
78	Valmir Santos	-----	171	00:42:15.483	00:21:52.422
79	Fernando Faria	Tálenos Team	81	00:49:02.869	00:28:39.808
80	Emanuel Simoes	Run Crew Trail Montijo	54	00:49:06.418	00:28:43.357
81	Sérgio Freitas	Montijo Runners	231	00:49:35.884	00:29:12.823
FEMININO					
1	Sofia Monteiro	-----	185	00:26:20.010	----
2	Filipa Vieira	aminhacorrida	126	00:26:34.083	00:00:14.073
3	Andreia Santos	Clube desportivo recreativo Ribeirinho	209	00:27:04.120	00:00:44.110
4	João Calisto	-----	198	00:29:00.443	00:02:40.433
5	carmen henriques	Run and Smile	112	00:29:15.944	00:02:55.934

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6	Cátia Fonseca	Run Crew Trail Montijo	65	00:29:20.085	00:03:00.075
7	Paula	Clube Desportivo Recreativo Ribeirinhos	137	00:30:36.307	00:04:16.297
8	Sónia Neves	Sunset Running Team	132	00:30:43.338	00:04:23.328
9	Carla Soares	CDR Ribeirinho	300	00:31:21.200	00:05:01.190
10	Sofia Medronheira	CDRR	121	00:31:23.769	00:05:03.759
11	Paula Guerreiro	CDR AGUIAS UNIDAS	116	00:31:26.793	00:05:06.783
12	Carina Santos	----	102	00:31:51.629	00:05:31.619
13	Marta Andreia Fragoso Horta	----	39	00:31:59.355	00:05:39.345
14	Lina Lopes	Run Crew Trail Montijo	61	00:32:04.233	00:05:44.223
15	Carla Mesquita	Sunset Running Team	298	00:32:22.906	00:06:02.896
16	Helga Guerreiro	Run Crew Trail Montijo	73	00:32:47.661	00:06:27.651
17	Luciana Pedrosa	----	20	00:32:59.191	00:06:39.181
18	Anabela Martins	----	45	00:33:21.138	00:07:01.128
19	Leila Oliveira Soares de Paulo	----	173	00:33:24.520	00:07:04.510
20	Isabel Carvalho	Run Crew Trail Montijo	69	00:33:29.598	00:07:09.588
21	Júlia Calisto	----	197	00:33:39.547	00:07:19.537
22	Dora Russo	Montijo Runners	224	00:34:25.373	00:08:05.363
23	Marisa Nunes	Sunset Running Team	135	00:35:10.673	00:08:50.663
24	Ana Oliveira	Run Crew Trail Montijo	87	00:35:25.668	00:09:05.658
25	Ângela Afonso	Gangue da AFZ	260	00:36:14.073	00:09:54.063
26	Andreia Santos	--	301	00:36:28.359	00:10:08.349
27	Lurdes Henriques	Run and Smile	114	00:36:33.442	00:10:13.432
28	Manuela Carrilho	Run Crew Trail Montijo	242	00:36:58.369	00:10:38.359
29	Ana Cristo	----	253	00:37:13.002	00:10:52.992
30	Elisabete Domingues	----	188	00:37:16.267	00:10:56.257
31	Verónica Correia	----	103	00:37:31.886	00:11:11.876
32	Ana Isabel Lopes	Sunset Running Team	134	00:37:40.494	00:11:20.484
33	Sónia Silva	Run Crew Trail Montijo	84	00:38:20.492	00:12:00.482
34	Inna Pasichnyk	Escola de Atletismo do Montijo-A.F.D.D	241	00:38:25.891	00:12:05.881
35	Armada semeao	CDR aguias unidas	255	00:38:29.953	00:12:09.943
36	Ana Duarte	Gangue da AFZ	174	00:39:14.603	00:12:54.593
37	Esmeralda Oliveira	--	309	00:39:17.124	00:12:57.114
38	Joana Machado	Montijo Runners	232	00:39:19.958	00:12:59.948
39	Eduarda Maria Laranjeira da Silva Adriano	Sunset running team	105	00:39:28.996	00:13:08.986
40	Natacha Custodio	Grupo Desportivo São Sebastião de Canha	48	00:39:43.081	00:13:23.071
41	Linda Ribeiro	G.D.S.Sebastião de Canha	23	00:40:32.755	00:14:12.745
42	Liliana Miguel	----	91	00:41:32.753	00:15:12.743
43	Sissi Costa	Gangue da AFZ	178	00:42:06.764	00:15:46.754
44	Linda Mendonça	Gangue da AFZ	175	00:42:18.685	00:15:58.675
45	Cristina Barreira	4321Team	32	00:44:58.257	00:18:38.247
46	Lara Vieira	4321Team	80	00:44:59.917	00:18:39.907
47	Ana Cristina Monteiro Pires	--	238	00:45:45.305	00:19:25.295
48	Laetitia Jacob	Montijo Runners	204	00:48:14.191	00:21:54.181
49	Ema Carromeu	4321Team	31	00:48:48.640	00:22:28.630

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50	Daniela Paulo Arneiro	Tálenos Team	83	00:49:00.925	00:22:40.915