

| # | Nome | Equipa | Dorsal | Tempo | Diferença |
|-----------|---|--|--------|--------------|--------------|
| MASCULINO | | | | | |
| 1 | Paulo Guimarães | Aminhacorrida/Myprotein | 119 | 00:26:05.022 | ---- |
| 2 | Marco Tavares | Clube Desportivo Recreativo Ribeirinho | 372 | 00:26:06.814 | 00:00:01.792 |
| 3 | Mário Ferreira | Run Crew Trail Montijo | 59 | 00:26:08.924 | 00:00:03.902 |
| 4 | Luis Salgado | Individual | 39 | 00:26:35.886 | 00:00:30.864 |
| 5 | Rui Baltazar | Palmelense Futebol Clube | 283 | 00:27:17.312 | 00:01:12.290 |
| 6 | Tiago Nogueira | Aminhacorrida/Myprotein | 161 | 00:27:22.453 | 00:01:17.431 |
| 7 | João André Balão Jesus | Amiciclo Grândola | 355 | 00:27:59.165 | 00:01:54.143 |
| 8 | Emanuel Simões | Run Crew Trail Montijo | 50 | 00:28:07.383 | 00:02:02.361 |
| 9 | luis miguel santos cruz | Escola de Atletismo do Montijo-A.F.D.D | 71 | 00:28:12.247 | 00:02:07.225 |
| 10 | Vitor Hugo | Cork Trail Team | 160 | 00:28:25.937 | 00:02:20.915 |
| 11 | David José Calado Pereira | Grupo Desportivo "O Independente" - Barreiro | 80 | 00:28:37.441 | 00:02:32.419 |
| 12 | Orlando Ramos | AMINHACORRIDA/ MY PROTEIN | 274 | 00:29:01.470 | 00:02:56.448 |
| 13 | João Cardoso | Montijo Runners | 199 | 00:29:06.140 | 00:03:01.118 |
| 14 | Vergílio António Gonçalves | Clube Desportivo Recreativo Ribeirinho | 371 | 00:29:12.277 | 00:03:07.255 |
| 15 | Cláudio Roberto Vieira Nóbrega | RUN CREW TRAIL MONTIJO | 33 | 00:29:26.568 | 00:03:21.546 |
| 16 | Diogo Silva | Palmelense Futebol Clube | 285 | 00:29:37.226 | 00:03:32.204 |
| 17 | Sérgio Ferreira | Vera Batista-Psicóloga | 278 | 00:29:50.679 | 00:03:45.657 |
| 18 | Francisco Mira Gaio | Caracol Trail Team | 254 | 00:30:00.793 | 00:03:55.771 |
| 19 | Hugo Medronheira | CDRRibeirinho | 15 | 00:30:02.136 | 00:03:57.114 |
| 20 | Artur Vinhais | individual | 125 | 00:30:10.473 | 00:04:05.451 |
| 21 | António Ventura Silva | Beja Atlético Clube | 347 | 00:30:17.409 | 00:04:12.387 |
| 22 | Paulo Manuel Lopes | Montijo Runners | 72 | 00:30:22.246 | 00:04:17.224 |
| 23 | Carlos Pereira | CDRR Baixa da banheira | 281 | 00:30:33.966 | 00:04:28.944 |
| 24 | Vitor Manuel Pica Candeias | Escola de Atletismo do Montijo-A.F.D.D | 73 | 00:30:37.166 | 00:04:32.144 |
| 25 | Nelson Carlos Guerreiro Pereira | Montijo Runners | 74 | 00:31:03.214 | 00:04:58.192 |
| 26 | António Fonseca | Escola de Atletismo do Montijo-A.F.D.D | 84 | 00:31:24.914 | 00:05:19.892 |
| 27 | Paulo Alexandre da Silva Barry | RUN CREW TRAIL MONTIJO | 52 | 00:31:43.160 | 00:05:38.138 |
| 28 | Christof Omar | Individual | 241 | 00:31:58.647 | 00:05:53.625 |
| 29 | Carlos Ferreira | Individual | 250 | 00:32:02.061 | 00:05:57.039 |
| 30 | GFIC - Fitness Investments - Nuno Lopes | Sunset Running Team | 363 | 00:32:04.741 | 00:05:59.719 |
| 31 | Jorge M Trindade | Escola de Atletismo do Montijo-A.F.D.D | 36 | 00:32:11.637 | 00:06:06.615 |
| 32 | José Alvarez Amaro | Aminhacorrida/My protein | 106 | 00:32:16.813 | 00:06:11.791 |
| 33 | André Vieira | Individual | 233 | 00:32:24.015 | 00:06:18.993 |
| 34 | Alcindo Ramanho | Individual | 65 | 00:32:55.422 | 00:06:50.400 |
| 35 | Fernando Ribeiro | Palmelense F.C. | 315 | 00:33:02.868 | 00:06:57.846 |
| 36 | Paulo Barradas | Individual | 171 | 00:33:04.188 | 00:06:59.166 |
| 37 | Rui José Barão Santiago | Clube Desportivo Recreativo Ribeirinho | 370 | 00:33:08.510 | 00:07:03.488 |
| 38 | Carlos Lopes | Aminhacorrida/Myprotein | 110 | 00:33:15.444 | 00:07:10.422 |
| 39 | José Lança | C.C.R. do Alto do Moinho | 386 | 00:33:24.654 | 00:07:19.632 |
| 40 | António Marçal | individual | 142 | 00:33:31.881 | 00:07:26.859 |
| 41 | Victor Lopes | Run Crew Trail Montijo | 61 | 00:33:33.406 | 00:07:28.384 |
| 42 | Nuno Jesus | Sunset Runnig Team | 354 | 00:33:46.657 | 00:07:41.635 |
| 43 | Mariano Rita | Os Coxos | 200 | 00:33:50.032 | 00:07:45.010 |

| # | Nome | Equipa | Dorsal | Tempo | Diferença |
|----|---------------------------------|--|--------|--------------|--------------|
| 44 | Vitor Pereira | Individual | 380 | 00:33:54.744 | 00:07:49.722 |
| 45 | Jorge Fernandes | ----- | 367 | 00:34:02.866 | 00:07:57.844 |
| 46 | Paulo Rafael Palmeiro | Clube Desportivo Recreativo Ribeirinho | 369 | 00:34:08.292 | 00:08:03.270 |
| 47 | Rui Dias | M.C.A. HARD TEAM | 170 | 00:34:10.502 | 00:08:05.480 |
| 48 | Orlando Góis Alves | Individual | 102 | 00:34:14.700 | 00:08:09.678 |
| 49 | Filipe Marques Ferreira | Individual | 234 | 00:34:19.464 | 00:08:14.442 |
| 50 | Luis Amaral | LA Consultores | 390 | 00:34:23.639 | 00:08:18.617 |
| 51 | Vitor Trigo | individual | 232 | 00:34:26.205 | 00:08:21.183 |
| 52 | Álvaro Coelho | Palmelense Futebol Clube | 284 | 00:34:31.165 | 00:08:26.143 |
| 53 | Marco Ferreira | ----- | 325 | 00:34:48.321 | 00:08:43.299 |
| 54 | Eduardo Miguel Cardoso Lopes | 99ProvasGratuitas team | 3 | 00:34:57.713 | 00:08:52.691 |
| 55 | Nuno Miguel Lamego Almeida | bike tour | 184 | 00:34:58.613 | 00:08:53.591 |
| 56 | Nuno Duarte Salvado | singular | 107 | 00:35:01.845 | 00:08:56.823 |
| 57 | Eusébio Alexandre Ventura | Light Cats | 381 | 00:35:03.812 | 00:08:58.790 |
| 58 | Paulo Letras | Saturnos | 124 | 00:35:05.901 | 00:09:00.879 |
| 59 | Augusto Semedo | RCTM | 43 | 00:35:08.302 | 00:09:03.280 |
| 60 | Jose Mira | 99ProvasGratuitas team | 7 | 00:35:28.397 | 00:09:23.375 |
| 61 | Bruno Silva | individual | 237 | 00:35:31.104 | 00:09:26.082 |
| 62 | Pedro Daniel Gaspar Correia | Subtil3D Extreme | 138 | 00:35:38.942 | 00:09:33.920 |
| 63 | Ricardo Anacleto | Os Montijes | 264 | 00:35:46.002 | 00:09:40.980 |
| 64 | Venâncio Guerreiro | C. A Sacavenense | 221 | 00:35:48.081 | 00:09:43.059 |
| 65 | mario carvalho | 99ProvasGratuitas team | 5 | 00:35:53.047 | 00:09:48.025 |
| 66 | Luis da Silva | Belenenses | 375 | 00:35:59.558 | 00:09:54.536 |
| 67 | Guilherme António Lopes Godinho | Sunset Running Team | 368 | 00:36:04.902 | 00:09:59.880 |
| 68 | paulo | Individual | 214 | 00:36:09.934 | 00:10:04.912 |
| 69 | Ivo Louro | Alto Moita | 91 | 00:36:12.925 | 00:10:07.903 |
| 70 | Hernâni Barbosa da Cunha Costa | Individual | 131 | 00:36:23.116 | 00:10:18.094 |
| 71 | Júlio | Individual | 123 | 00:36:26.014 | 00:10:20.992 |
| 72 | Vicente Jorge da Costa Paixão | Total Gym | 45 | 00:36:29.359 | 00:10:24.337 |
| 73 | João Pinto | individual | 162 | 00:36:35.951 | 00:10:30.929 |
| 74 | Emanuel A. Martins | Aminhacorrída/Myprotein | 76 | 00:36:43.232 | 00:10:38.210 |
| 75 | Renato Sacramento | Individual | 60 | 00:36:45.590 | 00:10:40.568 |
| 76 | Pedro Coelho | Individual | 205 | 00:36:48.510 | 00:10:43.488 |
| 77 | Amadeu Luis Goncalves | Os três estarolas | 266 | 00:37:17.491 | 00:11:12.469 |
| 78 | João Calisto | Individual | 272 | 00:37:21.231 | 00:11:16.209 |
| 79 | RUI Manuel Nunes | FURÕES DO ALENTEJO | 334 | 00:37:23.329 | 00:11:18.307 |
| 80 | Bruno Miguel Futre | F.C.Porto | 19 | 00:37:25.271 | 00:11:20.249 |
| 81 | Paulo Dias | REN | 344 | 00:37:27.236 | 00:11:22.214 |
| 82 | Fernando José Nunes Cavaco | ----- | 301 | 00:37:37.287 | 00:11:32.265 |
| 83 | Vasco Fernandes | Run Trips | 185 | 00:37:41.502 | 00:11:36.480 |
| 84 | Miguel Eduardo Nunes Coelho | individual | 167 | 00:37:45.433 | 00:11:40.411 |
| 85 | João Eder Graebin | Individual | 389 | 00:37:47.990 | 00:11:42.968 |
| 86 | Manuel Rijo | R&C | 22 | 00:37:55.310 | 00:11:50.288 |
| 87 | Manuel Ruivo | Individual | 396 | 00:37:59.909 | 00:11:54.887 |

| # | Nome | Equipa | Dorsal | Tempo | Diferença |
|-----|----------------------------------|---|--------|--------------|--------------|
| 88 | Renato Portela | Bike Tour | 186 | 00:38:16.143 | 00:12:11.121 |
| 89 | João Vaz | Individual | 314 | 00:38:43.499 | 00:12:38.477 |
| 90 | Arsénio Rodrigues | ----- | 276 | 00:38:54.398 | 00:12:49.376 |
| 91 | luis silva | individual | 116 | 00:38:55.909 | 00:12:50.887 |
| 92 | Wilson Reis | Escola de Atletismo do Montijo- A.F.D.D | 37 | 00:38:58.525 | 00:12:53.503 |
| 93 | Jorge Manuel de Almeida Dias | Individual | 350 | 00:39:07.471 | 00:13:02.449 |
| 94 | Ricardo Sousa | Individual | 183 | 00:39:10.502 | 00:13:05.480 |
| 95 | Luis Filipe Botelho Balsinha | Individual | 179 | 00:39:18.335 | 00:13:13.313 |
| 96 | Miguel Dias | Montijo Runners | 77 | 00:39:30.167 | 00:13:25.145 |
| 97 | Carlos Gregório | individual | 172 | 00:39:34.254 | 00:13:29.232 |
| 98 | João Aleluia | Tálenos Team | 195 | 00:39:39.710 | 00:13:34.688 |
| 99 | João Coelho | ----- | 256 | 00:39:41.061 | 00:13:36.039 |
| 100 | Lino Oliveira | Individual | 42 | 00:40:04.218 | 00:13:59.196 |
| 101 | Fernando Miguel das Neves Faria | Tálenos team | 302 | 00:40:21.840 | 00:14:16.818 |
| 102 | Filipe Miguel Nunes da Silva | Sunset Running Team | 365 | 00:40:35.222 | 00:14:30.200 |
| 103 | Paulo Pinheiro | Individual | 126 | 00:41:26.904 | 00:15:21.882 |
| 104 | João Leitão | Tem do Bairro | 122 | 00:41:30.518 | 00:15:25.496 |
| 105 | Luís Miguel Peralta Carreira | RRcasa Carreira | 27 | 00:41:58.270 | 00:15:53.248 |
| 106 | Pedro Medeiros | SS CGD | 245 | 00:42:10.818 | 00:16:05.796 |
| 107 | Fernando Silva | ----- | 374 | 00:42:38.492 | 00:16:33.470 |
| 108 | Luis Sobral | Individual | 388 | 00:42:42.793 | 00:16:37.771 |
| 109 | JOSÉ FILIPE RUNA CALISTO | Be Fun's | 320 | 00:42:47.365 | 00:16:42.343 |
| 110 | Hugo Pereira | ----- | 311 | 00:43:11.064 | 00:17:06.042 |
| 111 | Emílio Gonçalves | Amigos Vale Silêncio | 14 | 00:43:46.164 | 00:17:41.142 |
| 112 | Marco Gonçalves | Dieta do Bairro | 134 | 00:43:58.237 | 00:17:53.215 |
| 113 | MARCO CAROLINO | SLB | 335 | 00:44:13.603 | 00:18:08.581 |
| 114 | João Chagas | Individual | 393 | 00:44:30.369 | 00:18:25.347 |
| 115 | Miguel Silva | Individual | 128 | 00:44:40.637 | 00:18:35.615 |
| 116 | José Catita | GARMIN C.O. Oeiras | 226 | 00:44:42.661 | 00:18:37.639 |
| 117 | Jose Carlos Zambujo | Fraquinhos | 268 | 00:45:36.751 | 00:19:31.729 |
| 118 | Rui Miguel Sousa Paiva | Montijo Runners | 229 | 00:45:40.654 | 00:19:35.632 |
| 119 | LUIS MIGUEL CATITA | Individual | 129 | 00:45:47.741 | 00:19:42.719 |
| 120 | André Trigueiro | SL Besuntas | 326 | 00:45:50.053 | 00:19:45.031 |
| 121 | Alberto Santos | Individual | 342 | 00:46:01.318 | 00:19:56.296 |
| 122 | Rui Manuel Sobreiro Botas | Sunset Runing Team | 357 | 00:46:49.042 | 00:20:44.020 |
| 123 | Joao Miranda | Individual | 238 | 00:47:12.807 | 00:21:07.785 |
| 124 | Carlos Albertino de Sá Lomba | Individual | 299 | 00:47:47.621 | 00:21:42.599 |
| 125 | Paulo César de Oliveira Lourenço | Individual | 231 | 00:47:57.031 | 00:21:52.009 |
| 126 | Hugo Varela | Individual | 343 | 00:48:54.049 | 00:22:49.027 |
| 127 | Alfredo Dias | ----- | 297 | 00:50:05.643 | 00:24:00.621 |
| 128 | António Costa | Total Gym | 220 | 00:50:30.784 | 00:24:25.762 |
| 129 | Pedro Murta | Let's sparkle | 294 | 00:50:58.115 | 00:24:53.093 |
| 130 | Sérgio Rijo | R&C | 20 | 00:53:57.959 | 00:27:52.937 |
| 131 | Tiago Miguel Correia Farrica | Individual | 96 | 00:55:25.433 | 00:29:20.411 |

| # | Nome | Equipa | Dorsal | Tempo | Diferença |
|----------|---|--|--------|--------------|--------------|
| 132 | Luís Parro | A Natureza Ensina | 25 | 00:58:12.930 | 00:32:07.908 |
| 133 | Luís Paulino | Dieta do bairro | 132 | 00:58:46.014 | 00:32:40.992 |
| 134 | Hernâni Pontes | Let's sparkle! | 293 | 00:58:52.309 | 00:32:47.287 |
| FEMININO | | | | | |
| 1 | Filipa Vieira | Planta do Pé | 145 | 00:32:06.775 | ---- |
| 2 | Inês Marques | 99 Provas Gratuitas TEAM | 4 | 00:33:11.492 | 00:01:04.717 |
| 3 | Rita Oliveira | Individual | 246 | 00:35:18.461 | 00:03:11.686 |
| 4 | Cátia Sofia Santana | Clube Desportivo Recreativo Ribeirinho | 373 | 00:35:55.575 | 00:03:48.800 |
| 5 | Ana Amaro | Aminhacorrída/My protein | 105 | 00:36:41.430 | 00:04:34.655 |
| 6 | Sofia Medronheira | CDRRibeirinho | 16 | 00:38:04.023 | 00:05:57.248 |
| 7 | Patricia Vieira | Run Crew Trail Montijo | 47 | 00:38:06.497 | 00:05:59.722 |
| 8 | Carla Alexandra Mirra Fernandes | Aminhacorrída/Myprotein | 111 | 00:38:27.374 | 00:06:20.599 |
| 9 | Carolina Spac | Montijo Runners | 83 | 00:40:06.133 | 00:07:59.358 |
| 10 | Ana Martins | LA Consultores | 392 | 00:40:10.446 | 00:08:03.671 |
| 11 | Raquel Chang | Moita Running | 29 | 00:40:15.133 | 00:08:08.358 |
| 12 | Marise da Silva Vidal | Individual | 387 | 00:40:25.349 | 00:08:18.574 |
| 13 | Catarina Pestana Aguiar | Individual | 225 | 00:40:27.582 | 00:08:20.807 |
| 14 | Sonia Maria Rodrigues Neves | Sunset Runing Team | 360 | 00:40:52.745 | 00:08:45.970 |
| 15 | Eduarda Maria Laranjeiro da Silva Adriano | Sunset Runing Team | 362 | 00:40:57.682 | 00:08:50.907 |
| 16 | Ana Rita Coentro Brás | individual | 211 | 00:40:59.775 | 00:08:53.000 |
| 17 | Ana Figueira Henrique | Total Gym | 262 | 00:41:02.710 | 00:08:55.935 |
| 18 | Anabela dos Santos Martins | ---- | 330 | 00:41:04.750 | 00:08:57.975 |
| 19 | Bárbara Costa Santos Queiroz Teixeira | Sunset Running Team | 364 | 00:41:22.086 | 00:09:15.311 |
| 20 | Cheila Dias | U.F. Comércio e Indústria Atletismo | 345 | 00:41:34.405 | 00:09:27.630 |
| 21 | Dora Cristina de Jesus Reis | Tálenos Team | 127 | 00:43:14.639 | 00:11:07.864 |
| 22 | Julia Calisto | individual | 273 | 00:43:17.872 | 00:11:11.097 |
| 23 | Marisa Oliveira Nunes | Sunset Runing Team | 356 | 00:43:56.297 | 00:11:49.522 |
| 24 | Paulo Jorge Mira | Walk N" Run MOnitjo | 2 | 00:44:27.353 | 00:12:20.578 |
| 25 | Luciana de Oliveira Pedrosa | Individual | 31 | 00:44:37.707 | 00:12:30.932 |
| 26 | MARIA DE fTIMA GOMES LOPES | INDIVIDUAL | 216 | 00:44:59.927 | 00:12:53.152 |
| 27 | Dina Canelas | ---- | 308 | 00:45:07.702 | 00:13:00.927 |
| 28 | Ligia Sofia Valentim Antunes | individual | 117 | 00:45:17.158 | 00:13:10.383 |
| 29 | SARA FULGÊNCIO | Individual | 130 | 00:45:45.254 | 00:13:38.479 |
| 30 | Filipa Maria Gomes de Matos | Individual | 230 | 00:46:11.702 | 00:14:04.927 |
| 31 | ilidia jose | Escola de atletismo do Montijo-A.F.D.D | 35 | 00:46:24.991 | 00:14:18.216 |
| 32 | Anabela Paquete | ---- | 307 | 00:46:34.279 | 00:14:27.504 |
| 33 | Leila Gonçalves | Individual | 136 | 00:46:39.384 | 00:14:32.609 |
| 34 | Carla Maria Diogo Sancho Duarte | Sunset Runing Team | 358 | 00:46:47.953 | 00:14:41.178 |
| 35 | Ana Isabel Lopes Dias | Sunset Runing Team | 359 | 00:47:22.491 | 00:15:15.716 |
| 36 | Elsa Costa | Individual | 300 | 00:47:45.331 | 00:15:38.556 |
| 37 | Filipa Andreia Martins dos Reis | Sunset Runing Team | 361 | 00:48:17.407 | 00:16:10.632 |
| 38 | Celia Maria pinto Brito | Individual | 290 | 00:48:25.968 | 00:16:19.193 |
| 39 | Ana Rita Grosso | Individual | 295 | 00:49:52.775 | 00:17:46.000 |
| 40 | vera | Individual | 215 | 00:51:17.449 | 00:19:10.674 |

| # | Nome | Equipa | Dorsal | Tempo | Diferença |
|----|------------------------------------|-----------------|--------|--------------|--------------|
| 41 | Isadora Gameiro | Let's sparkle | 292 | 00:53:24.295 | 00:21:17.520 |
| 42 | Marta Calado | R&C | 21 | 00:53:57.278 | 00:21:50.503 |
| 43 | Solange Jesus | Total Gym | 46 | 00:55:09.401 | 00:23:02.626 |
| 44 | Vera Godinho | Babes | 319 | 00:55:13.621 | 00:23:06.846 |
| 45 | Verónica Alexandra Resende Correia | Individual | 94 | 00:55:31.846 | 00:23:25.071 |
| 46 | Carla Gonçalves | Dieta do Bairro | 135 | 00:56:44.479 | 00:24:37.704 |
| 47 | Alexandra Oliveira | Deita do Bairro | 133 | 00:56:46.119 | 00:24:39.344 |
| 48 | Rafaela Rafael | ---- | 289 | 00:58:41.530 | 00:26:34.755 |
| 49 | Marina Gameiro | Let's sparkle | 291 | 00:58:49.449 | 00:26:42.674 |