

**GAMBUZINOS KIDS - STAGE 1**

**1,5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 17:00 | 19°C        | 88%      |
| End   | 17:37 | 17,2°C      | 91%      |

| RANK | BIB  | NAME                                    | TEAM                             | CAT                | RESULT | DIFF   | t/KM |
|------|------|---|----------------------------------|--------------------|--------|--------|------|
| 1    | 1005 | Francisco Longo                         | csrfcharneca                     | Infantil Masculino | 07:35  | -      | -    |
| 2    | 1043 | Afonso Gonçalves Martins                | individual                       | Infantil Masculino | 08:00  | +00:24 | -    |
| 3    | 1045 | Alexandre Duarte                        | individual                       | Infantil Masculino | 08:46  | +01:11 | -    |
| 4    | 1049 | Francisco Veríssimo Faria               | individual                       | Infantil Masculino | 09:01  | +01:26 | -    |
| 5    | 1037 | Francisco Henriques Monsanto dos Santos | individual                       | Benjamim Masculino | 09:34  | +01:58 | -    |
| 6    | 1027 | Eva Marques                             | individual                       | Benjamim Feminino  | 10:46  | +03:11 | -    |
| 7    | 1039 | Renato Gabriel Carvalho Costa           | individual                       | Benjamim Masculino | 10:46  | +03:11 | -    |
| 8    | 1055 | Tiago André Santos Gomes                | ratatui team                     | Infantil Masculino | 10:55  | +03:20 | -    |
| 9    | 1048 | Francisco Simões                        | individual                       | Infantil Masculino | 10:58  | +03:23 | -    |
| 10   | 1054 | Martim Leitão Gaspar                    | n.a.d.a.                         | Infantil Masculino | 11:10  | +03:35 | -    |
| 11   | 1041 | Lara Filipa Carvalho Costa              | individual                       | Infantil Feminino  | 11:11  | +03:36 | -    |
| 12   | 1023 | Carolina Henriques Monsanto dos Santos  | individual                       | Benjamim Feminino  | 11:27  | +03:52 | -    |
| 13   | 1031 | Júlia Almeida Merçon                    | individual                       | Benjamim Feminino  | 11:31  | +03:56 | -    |
| 14   | 1053 | Rafael Pereira Carreira                 | individual                       | Infantil Masculino | 11:37  | +04:02 | -    |
| 15   | 1051 | Guilherme Frias Simões                  | individual                       | Infantil Masculino | 11:38  | +04:03 | -    |
| 16   | 1001 | Lucas Ferreira Simões                   | ansibikers                       | Benjamim Masculino | 11:57  | +04:22 | -    |
| 17   | 1063 | Guilherme Sousa Martins                 | individual                       | Infantil Masculino | 11:58  | +04:23 | -    |
| 18   | 1024 | Dalila Leal Bernardino                  | individual                       | Benjamim Feminino  | 11:58  | +04:23 | -    |
| 19   | 1003 | Simão Gonçalves                         | cmg                              | Benjamim Masculino | 12:13  | +04:38 | -    |
| 20   | 1015 | Gustavo Fernandes                       | grupo alegre unido bajouca       | Benjamim Masculino | 12:13  | +04:38 | -    |
| 21   | 1014 | Iara Pereira                            | grupo alegre unido bajouca       | Benjamim Feminino  | 12:15  | +04:39 | -    |
| 22   | 1058 | Maria Inês da Silva Pereira             | vilaventura - trail running team | Benjamim Feminino  | 12:24  | +04:49 | -    |
| 23   | 1016 | José Carreira                           | grupo alegre unido bajouca       | Benjamim Masculino | 12:25  | +04:49 | -    |
| 24   | 1057 | Margarida Freire                        | vilaventura - trail running team | Benjamim Feminino  | 12:45  | +05:10 | -    |
| 25   | 1062 | Maria da Luz Pedrosa                    | vilaventura - trail running team | Infantil Feminino  | 12:46  | +05:11 | -    |
| 26   | 1019 | Ângela Alberto                          | grupo alegre unido bajouca       | Infantil Feminino  | 12:53  | +05:18 | -    |
| 27   | 1030 | Joana Campos Besteiro                   | individual                       | Benjamim Feminino  | 12:54  | +05:19 | -    |
| 28   | 1004 | Afonso Longo                            | csrfcharneca                     | Benjamim Masculino | 13:03  | +05:27 | -    |
| 29   | 1040 | Íris Santos Martins                     | individual                       | Infantil Feminino  | 13:04  | +05:29 | -    |
| 30   | 1035 | Tatiana Gomes                           | individual                       | Benjamim Feminino  | 13:13  | +05:38 | -    |
| 31   | 1033 | Leonor Veríssimo Faria                  | individual                       | Benjamim Feminino  | 13:14  | +05:39 | -    |
| 32   | 1047 | David Paiva                             | individual                       | Infantil Masculino | 13:22  | +05:47 | -    |
| 33   | 1017 | Vasco Carreira                          | grupo alegre unido bajouca       | Benjamim Masculino | 14:01  | +06:26 | -    |
| 34   | 1060 | Xavier Gomes                            | vilaventura - trail running team | Benjamim Masculino | 14:38  | +07:03 | -    |
| 35   | 1032 | Lara Dinis Rama                         | individual                       | Benjamim Feminino  | 14:56  | +07:21 | -    |
| 36   | 1008 | Dinis Vicente Eusébio                   | follow me                        | Benjamim Masculino | 15:18  | +07:43 | -    |
| 37   | 1009 | Diogo Eusebio                           | follow me                        | Benjamim Masculino | 15:59  | +08:24 | -    |
| 38   | 1046 | Daniel Paiva                            | individual                       | Infantil Masculino | 16:03  | +08:28 | -    |
| 39   | 1059 | Mateus Gomes                            | vilaventura - trail running team | Benjamim Masculino | 16:29  | +08:53 | -    |
| 40   | 1026 | Diana Gomes Monteiro                    | individual                       | Benjamim Feminino  | 16:39  | +09:03 | -    |

**GAMBUZINOS KIDS - STAGE 1****1,5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| <b>RANK</b> | <b>BIB</b> | <b>NAME</b>         | <b>TEAM</b> | <b>CAT</b>         | <b>RESULT</b> | <b>DIFF</b> | <b>t/KM</b> |
|-------------|------------|---------------------|-------------|--------------------|---------------|-------------|-------------|
| 41          | 1012       | Artur Araujo        | fruta da 5ª | Benjamim Masculino | 18:05         | +10:30      | -           |
| 42          | 1002       | Francisco Rodrigues | cmg         | Benjamim Masculino | 18:10         | +10:35      | -           |
| 43          | 1011       | Lara Rolim          | fruta da 5ª | Benjamim Feminino  | 18:18         | +10:43      | -           |
| 44          | 1013       | Mariana Travassos   | fruta da 5ª | Infantil Feminino  | 19:08         | +11:33      | -           |
| 45          | 1025       | Daniela Costa       | individual  | Benjamim Feminino  | 19:41         | +12:06      | -           |

**Gambuzinos Kids****1,5 KM****OFFICIAL RESULT**

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 17:00 | 19°C        | 88%      |
| End   | 17:37 | 17,2°C      | 91%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | t/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

**Benjamim Feminino**

|    |      |  |                                  |                   |       |        |   |
|----|------|--|----------------------------------|-------------------|-------|--------|---|
| 1  | 1027 | Eva Marques                            | Individual                       | Benjamim Feminino | 10:46 | +03:11 | - |
| 2  | 1023 | Carolina Henriques Monsanto dos Santos | Individual                       | Benjamim Feminino | 11:27 | +03:52 | - |
| 3  | 1031 | Júlia Almeida Merçon                   | Individual                       | Benjamim Feminino | 11:31 | +03:56 | - |
| 4  | 1024 | Dalila Leal Bernardino                 | Individual                       | Benjamim Feminino | 11:58 | +04:23 | - |
| 5  | 1014 | Iara Pereira                           | Grupo Alegre Unido Bajouca       | Benjamim Feminino | 12:15 | +04:39 | - |
| 6  | 1058 | Maria Inês da Silva Pereira            | Vilaventura - Trail Running Team | Benjamim Feminino | 12:24 | +04:49 | - |
| 7  | 1057 | Margarida Freire                       | Vilaventura - Trail Running Team | Benjamim Feminino | 12:45 | +05:10 | - |
| 8  | 1030 | Joana Campos Besteiro                  | Individual                       | Benjamim Feminino | 12:54 | +05:19 | - |
| 9  | 1035 | Tatiana Gomes                          | Individual                       | Benjamim Feminino | 13:13 | +05:38 | - |
| 10 | 1033 | Leonor Veríssimo Faria                 | Individual                       | Benjamim Feminino | 13:14 | +05:39 | - |
| 11 | 1032 | Lara Dinis Rama                        | Individual                       | Benjamim Feminino | 14:56 | +07:21 | - |
| 12 | 1026 | Diana Gomes Monteiro                   | Individual                       | Benjamim Feminino | 16:39 | +09:03 | - |
| 13 | 1011 | Lara Rolim                             | Fruta da 5ª                      | Benjamim Feminino | 18:18 | +10:43 | - |
| 14 | 1025 | Daniela Costa                          | Individual                       | Benjamim Feminino | 19:41 | +12:06 | - |

**Benjamim Masculino**

|    |      |   |                                  |                    |       |        |   |
|----|------|---|----------------------------------|--------------------|-------|--------|---|
| 1  | 1037 | Francisco Henriques Monsanto dos Santos | Individual                       | Benjamim Masculino | 09:34 | +01:58 | - |
| 2  | 1039 | Renato Gabriel Carvalho Costa           | Individual                       | Benjamim Masculino | 10:46 | +03:11 | - |
| 3  | 1001 | Lucas Ferreira Simões                   | Ansibikers                       | Benjamim Masculino | 11:57 | +04:22 | - |
| 4  | 1003 | Simão Gonçalves                         | CMG                              | Benjamim Masculino | 12:13 | +04:38 | - |
| 5  | 1015 | Gustavo Fernandes                       | Grupo Alegre Unido Bajouca       | Benjamim Masculino | 12:13 | +04:38 | - |
| 6  | 1016 | José Carreira                           | Grupo Alegre Unido Bajouca       | Benjamim Masculino | 12:25 | +04:49 | - |
| 7  | 1004 | Afonso Longo                            | CSRFCHARNECA                     | Benjamim Masculino | 13:03 | +05:27 | - |
| 8  | 1017 | Vasco Carreira                          | Grupo Alegre Unido Bajouca       | Benjamim Masculino | 14:01 | +06:26 | - |
| 9  | 1060 | Xavier Gomes                            | Vilaventura - Trail Running Team | Benjamim Masculino | 14:38 | +07:03 | - |
| 10 | 1008 | Dinis Vicente Eusébio                   | Follow Me                        | Benjamim Masculino | 15:18 | +07:43 | - |
| 11 | 1009 | Diogo Eusebio                           | Follow Me                        | Benjamim Masculino | 15:59 | +08:24 | - |
| 12 | 1059 | Mateus Gomes                            | Vilaventura - Trail Running Team | Benjamim Masculino | 16:29 | +08:53 | - |
| 13 | 1012 | Artur Araujo                            | Fruta da 5ª                      | Benjamim Masculino | 18:05 | +10:30 | - |
| 14 | 1002 | Francisco Rodrigues                     | CMG                              | Benjamim Masculino | 18:10 | +10:35 | - |

**Infantil Feminino**

|   |      |                            |                                  |                   |       |        |   |
|---|------|----------------------------|----------------------------------|-------------------|-------|--------|---|
| 1 | 1041 | Lara Filipa Carvalho Costa | Individual                       | Infantil Feminino | 11:11 | +03:36 | - |
| 2 | 1062 | Maria da Luz Pedrosa       | Vilaventura - Trail Running Team | Infantil Feminino | 12:46 | +05:11 | - |
| 3 | 1019 | Ângela Alberto             | Grupo Alegre Unido Bajouca       | Infantil Feminino | 12:53 | +05:18 | - |



**GAMBUZINOS - STAGE 1****5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 22:00 | 17,2°C      | 91%      |
| End   | 23:52 | 17,2°C      | 91%      |

| RANK | BIB | NAME                                    | TEAM                                | CAT              | RESULT | DIFF   | t/KM  |
|------|-----|---|-------------------------------------|------------------|--------|--------|-------|
| 1    | 436 | João Pedro Marques Gonçalves            | lama solta                          | Senior Masculino | 29:46  |        | 05:57 |
| 2    | 640 | PEDRO MIGUEL GONÇALVES FERREIRA         | vermoil                             | Veterano M35     | 30:16  | +00:29 | 06:03 |
| 3    | 633 | CARLOS RAFAEL DE JESUS ALVES            | vermoil                             | Senior Masculino | 30:32  | +00:45 | 06:06 |
| 4    | 20  | Nélio Almeida                           | a. c. s. mamede                     | Senior Masculino | 30:32  | +00:45 | 06:06 |
| 5    | 188 | Ricardo Carreira                        | grupo de atletismo da caranguejeira | Senior Masculino | 30:46  | +00:59 | 06:09 |
| 6    | 599 | David Lopes dos Santos                  | trail do chicharo da serra          | Veterano M35     | 32:42  | +02:56 | 06:33 |
| 7    | 258 | Cláudio Lopes Francisco                 | individual                          | Senior Masculino | 32:51  | +03:05 | 06:34 |
| 8    | 178 | Daniel Jaulino                          | grupo alegre unido bajouca          | Veterano M35     | 32:57  | +03:10 | 06:35 |
| 9    | 76  | Duarte Cruz                             | cscd norte e soure                  | Senior Masculino | 33:16  | +03:30 | 06:39 |
| 10   | 400 | Paulo carvalho                          | individual                          | Veterano M35     | 33:19  | +03:32 | 06:40 |
| 11   | 179 | José Gonçalves                          | grupo alegre unido bajouca          | Veterano M35     | 33:24  | +03:37 | 06:41 |
| 12   | 552 | Osvaldo Henriques                       | sem medo de gambuzinos              | Senior Masculino | 33:38  | +03:51 | 06:44 |
| 13   | 106 | Luís Veríssimo                          | figueira kayak clube                | Veterano M35     | 33:44  | +03:58 | 06:45 |
| 14   | 31  | Rui João                                | ar meirinhas                        | Veterano M35     | 33:46  | +04:00 | 06:45 |
| 15   | 177 | André Fernandes                         | grupo alegre unido bajouca          | Veterano M35     | 33:47  | +04:01 | 06:46 |
| 16   | 181 | Otelo Pereira                           | grupo alegre unido bajouca          | Veterano M35     | 33:48  | +04:01 | 06:46 |
| 17   | 639 | JOSE CARLOS VENTURA SANTOS              | vermoil                             | Veterano M35     | 33:53  | +04:06 | 06:47 |
| 18   | 635 | DANIEL PALOS BARBOSA                    | vermoil                             | Sub 20 Masculino | 34:06  | +04:19 | 06:49 |
| 19   | 52  | João Branco                             | bando dos 3+1                       | Senior Masculino | 34:12  | +04:26 | 06:51 |
| 20   | 274 | Marco Pimenta                           | individual                          | Senior Masculino | 34:18  | +04:31 | 06:52 |
| 21   | 156 | Tiago Silva                             | gatoês btt                          | Senior Masculino | 34:24  | +04:38 | 06:53 |
| 22   | 638 | JOAQUIM JOSE REBOLA MARQUES QUITÉRIO    | vermoil                             | Veterano M35     | 34:29  | +04:43 | 06:54 |
| 23   | 203 | Bruno Miguel da Costa Marques Gonçalves | grvilaverdense                      | Veterano M35     | 34:50  | +05:03 | 06:58 |
| 24   | 385 | José Machado                            | individual                          | Veterano M35     | 34:50  | +05:04 | 06:58 |
| 25   | 294 | Bruno Neves                             | individual                          | Sub 20 Masculino | 35:04  | +05:17 | 07:01 |
| 26   | 586 | Ernesto Nabeiro                         | soure mov                           | Veterano M35     | 35:11  | +05:24 | 07:02 |
| 27   | 170 | André Crespo                            | grupo alegre unido bajouca          | Senior Masculino | 35:13  | +05:27 | 07:03 |
| 28   | 440 | Nuno Neves                              | lama solta                          | Senior Masculino | 35:15  | +05:28 | 07:03 |
| 29   | 616 | Eduardo Silva Gonçalves                 | vilaventura - trail running team    | Senior Masculino | 35:16  | +05:29 | 07:03 |
| 30   | 361 | Ezequiel Reis                           | individual                          | Veterano M35     | 35:33  | +05:46 | 07:07 |
| 31   | 386 | José Manuel Gaspar Lopes                | individual                          | Veterano M35     | 35:38  | +05:52 | 07:08 |
| 32   | 8   | Sérgio Correia                          | #aminhamaenaodeixa                  | Senior Masculino | 35:40  | +05:53 | 07:08 |
| 33   | 393 | MARTINHO JOAQUIM DA SILVA PEDROSA       | individual                          | Veterano M35     | 35:44  | +05:58 | 07:09 |
| 34   | 184 | Ricardo Carreira                        | grupo alegre unido bajouca          | Veterano M35     | 35:48  | +06:02 | 07:10 |
| 35   | 356 | Celso Carreira Fernanded                | individual                          | Veterano M35     | 35:54  | +06:08 | 07:11 |
| 36   | 174 | Tiago Pedrosa                           | grupo alegre unido bajouca          | Senior Masculino | 35:58  | +06:11 | 07:12 |
| 37   | 89  | João Costa                              | dá-lhe gás team                     | Senior Masculino | 36:00  | +06:14 | 07:12 |



**GAMBUZINOS - STAGE 1**
**5 KM**
**OFFICIAL RESULT**

| RANK | BIB | NAME                                | TEAM                             | CAT              | RESULT | DIFF   | t/KM  |
|------|-----|-------------------------------------|----------------------------------|------------------|--------|--------|-------|
| 81   | 587 | Jorge Cordeiro                      | soure mov                        | Veterano M35     | 39:10  | +09:23 | 07:50 |
| 82   | 256 | Bruno Martins                       | individual                       | Senior Masculino | 39:13  | +09:26 | 07:51 |
| 83   | 78  | Nicolau Ferreira                    | csrfcharneca                     | Senior Masculino | 39:19  | +09:32 | 07:52 |
| 84   | 591 | Nuno Pinheiro                       | soure mov                        | Veterano M35     | 39:19  | +09:33 | 07:52 |
| 85   | 441 | Wiliam Ferreira                     | lama solta                       | Senior Masculino | 39:20  | +09:33 | 07:52 |
| 86   | 299 | Mário Eusébio                       | individual                       | Sub 20 Masculino | 39:23  | +09:37 | 07:53 |
| 87   | 207 | José António Fernandes Bugalho      | grvilaverdense                   | Veterano M35     | 39:23  | +09:37 | 07:53 |
| 88   | 615 | Bruno Alexandre da Silva Cordeiro   | vems ou ficas?!                  | Veterano M35     | 39:27  | +09:41 | 07:54 |
| 89   | 426 | David Fernandes                     | inter2go                         | Senior Masculino | 39:33  | +09:46 | 07:55 |
| 90   | 298 | Marco António da Silva Pedrosa      | individual                       | Sub 20 Masculino | 39:34  | +09:47 | 07:55 |
| 91   | 262 | Diogo José Neves Oliveira           | individual                       | Senior Masculino | 39:34  | +09:48 | 07:55 |
| 92   | 205 | Fernando Fontes Marques dos Santos  | grvilaverdense                   | Veterano M35     | 39:39  | +09:53 | 07:56 |
| 93   | 26  | Nelson Nogueira                     | ar meirinhas                     | Senior Masculino | 39:44  | +09:58 | 07:57 |
| 94   | 27  | Rui Silva                           | ar meirinhas                     | Senior Masculino | 39:50  | +10:04 | 07:58 |
| 95   | 146 | Sérgio Estrela                      | fullprotein                      | Veterano M35     | 39:53  | +10:07 | 07:59 |
| 96   | 551 | Flávio Gaspar                       | sem medo de gambuzinos           | Senior Masculino | 39:53  | +10:07 | 07:59 |
| 97   | 90  | Ricardo Henriques                   | dá-lhe gás team                  | Veterano M35     | 39:58  | +10:11 | 08:00 |
| 98   | 448 | Wellington Almeida Medeiro          | lama solta                       | Veterano M35     | 39:59  | +10:13 | 08:00 |
| 99   | 377 | JKF70                               | individual                       | Veterano M35     | 40:01  | +10:15 | 08:00 |
| 100  | 275 | Miguel                              | individual                       | Senior Masculino | 40:06  | +10:19 | 08:01 |
| 101  | 83  | Carlos Conceição                    | csrfcharneca                     | Veterano M35     | 40:08  | +10:22 | 08:02 |
| 102  | 59  | Luís Soares                         | cf pombal                        | Senior Masculino | 40:16  | +10:30 | 08:03 |
| 103  | 64  | Rui Rua                             | cf pombal                        | Senior Masculino | 40:19  | +10:33 | 08:04 |
| 104  | 437 | Luis Oliveira                       | lama solta                       | Senior Masculino | 40:24  | +10:37 | 08:05 |
| 105  | 375 | Jaime Lopes dos santos              | individual                       | Veterano M35     | 40:30  | +10:44 | 08:06 |
| 106  | 433 | Eduardo Rosa Neves                  | lama solta                       | Senior Masculino | 40:35  | +10:48 | 08:07 |
| 107  | 53  | Renato Alexandre                    | bando dos 3+1                    | Senior Masculino | 40:41  | +10:55 | 08:08 |
| 108  | 588 | José Madeira                        | soure mov                        | Veterano M35     | 40:48  | +11:01 | 08:10 |
| 109  | 382 | JORGE ROCHA                         | individual                       | Veterano M35     | 40:48  | +11:01 | 08:10 |
| 110  | 504 | Micael Marques                      | os 100 método                    | Senior Masculino | 40:48  | +11:02 | 08:10 |
| 111  | 14  | Eduardo Mendes                      | 100 m.                           | Senior Masculino | 41:01  | +11:14 | 08:12 |
| 112  | 16  | João Carreira                       | 100 m.                           | Senior Masculino | 41:02  | +11:16 | 08:13 |
| 113  | 391 | Marco Henriques                     | individual                       | Veterano M35     | 41:15  | +11:29 | 08:15 |
| 114  | 360 | Emídio Alves                        | individual                       | Veterano M35     | 41:22  | +11:35 | 08:16 |
| 115  | 86  | Nuno Santos                         | csrfcharneca                     | Veterano M35     | 41:23  | +11:36 | 08:17 |
| 116  | 618 | Rodrigo Freire                      | vilaventura - trail running team | Sub 20 Masculino | 41:23  | +11:37 | 08:17 |
| 117  | 359 | David Miguel da Mota Lopes          | individual                       | Veterano M35     | 41:25  | +11:38 | 08:17 |
| 118  | 289 | ana joão marreiros                  | individual                       | Sub 20 Feminino  | 41:27  | +11:40 | 08:17 |
| 119  | 22  | Jorge Rocha                         | amigos do atletismo de avis      | Veterano M35     | 41:29  | +11:43 | 08:18 |
| 120  | 182 | Pedro Cabecinhas                    | grupo alegre unido bajouca       | Veterano M35     | 41:37  | +11:51 | 08:20 |
| 121  | 410 | Ricardo Ruas                        | individual                       | Veterano M35     | 41:38  | +11:52 | 08:20 |
| 122  | 409 | Ricardo Manuel Teixeira de Oliveira | individual                       | Veterano M35     | 41:39  | +11:53 | 08:20 |







**GAMBUZINOS - STAGE 1****5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                             | TEAM                             | CAT              | RESULT | DIFF   | t/KM  |
|------|-----|----------------------------------|----------------------------------|------------------|--------|--------|-------|
| 165  | 520 | Joana Catarina Andrade Leal      | os pirlilampos                   | Senior Feminino  | 43:57  | +14:11 | 08:48 |
| 166  | 632 | ALFREDO ANTONIO DOS SANTOS       | vermoil                          | Veterano M35     | 44:01  | +14:14 | 08:48 |
| 167  | 493 | Diogo Ribeiro                    | optilink runners                 | Senior Masculino | 44:06  | +14:19 | 08:49 |
| 168  | 494 | Filipe Mota                      | optilink runners                 | Senior Masculino | 44:10  | +14:24 | 08:50 |
| 169  | 363 | Filipe Martins                   | individual                       | Veterano M35     | 44:11  | +14:24 | 08:50 |
| 170  | 192 | Diogo Miguel Oliveira Palaio     | grvilaverdense                   | Sub 20 Masculino | 44:11  | +14:24 | 08:50 |
| 171  | 259 | Cristiano Santos                 | individual                       | Senior Masculino | 44:15  | +14:29 | 08:51 |
| 172  | 283 | Ricardo Tiago Ferreira Marques   | individual                       | Senior Masculino | 44:16  | +14:29 | 08:51 |
| 173  | 57  | Tânia Arnaut                     | cf pombal                        | Senior Feminino  | 44:16  | +14:30 | 08:51 |
| 174  | 577 | Andreia Brás                     | soure mov                        | Senior Feminino  | 44:20  | +14:34 | 08:52 |
| 175  | 117 | Claudio Ferreira                 | follow me                        | Veterano M35     | 44:22  | +14:36 | 08:53 |
| 176  | 582 | Joana Dionísio                   | soure mov                        | Veterana F35     | 44:23  | +14:37 | 08:53 |
| 177  | 69  | Bruno Pimenta                    | cf pombal                        | Veterano M35     | 44:26  | +14:40 | 08:53 |
| 178  | 581 | Eugénia Batista                  | soure mov                        | Veterana F35     | 44:38  | +14:51 | 08:56 |
| 179  | 285 | Ruben Pedrosa                    | individual                       | Senior Masculino | 44:39  | +14:52 | 08:56 |
| 180  | 269 | João Costa                       | individual                       | Senior Masculino | 44:40  | +14:54 | 08:56 |
| 181  | 142 | João Gonçalves                   | fullprotein                      | Veterano M35     | 44:47  | +15:00 | 08:57 |
| 182  | 173 | Tiago Cabecinhas                 | grupo alegre unido bajouca       | Senior Masculino | 44:47  | +15:00 | 08:57 |
| 183  | 451 | Pedro Mendes                     | lusicoos                         | Sub 20 Masculino | 44:57  | +15:11 | 09:00 |
| 184  | 347 | António Jorge Duarte             | individual                       | Veterano M35     | 45:10  | +15:24 | 09:02 |
| 185  | 578 | Vítor Esteves                    | soure mov                        | Senior Masculino | 45:14  | +15:27 | 09:03 |
| 186  | 148 | Pedro Godinho                    | furafenos force team             | Veterano M35     | 45:19  | +15:32 | 09:04 |
| 187  | 498 | Paulo Vilela                     | optilink runners                 | Veterano M35     | 45:23  | +15:37 | 09:05 |
| 188  | 519 | Vitor Monteiro                   | os pinchavelhos                  | Veterano M35     | 45:24  | +15:37 | 09:05 |
| 189  | 432 | Patrícia Marques Gonçalves       | lama solta                       | Senior Feminino  | 45:26  | +15:40 | 09:05 |
| 190  | 617 | João Nogueira                    | vilaventura - trail running team | Senior Masculino | 45:27  | +15:41 | 09:06 |
| 191  | 7   | Camilo Lopes                     | #aminhamaenaodeixa               | Senior Masculino | 45:29  | +15:43 | 09:06 |
| 192  | 468 | MANUELA SILVA                    | move up team                     | Senior Feminino  | 45:30  | +15:43 | 09:06 |
| 193  | 291 | Mariana Esteves                  | individual                       | Sub 20 Feminino  | 45:32  | +15:45 | 09:06 |
| 194  | 137 | Micael Cristina                  | fullprotein                      | Senior Masculino | 45:34  | +15:47 | 09:07 |
| 195  | 204 | Carlos Manuel de Oliveira Palaio | grvilaverdense                   | Veterano M35     | 45:37  | +15:50 | 09:07 |
| 196  | 208 | Nuno Alexandre Matias Gois       | grvilaverdense                   | Veterano M35     | 45:40  | +15:54 | 09:08 |
| 197  | 580 | Elisabete Carreira               | soure mov                        | Veterana F35     | 45:43  | +15:57 | 09:09 |
| 198  | 396 | Nuno Cruz                        | individual                       | Veterano M35     | 45:46  | +15:59 | 09:09 |
| 199  | 444 | Marisa Bregjeiro                 | lama solta                       | Veterana F35     | 45:47  | +16:01 | 09:10 |
| 200  | 211 | Vitor Manuel Mesquita dos Santos | grvilaverdense                   | Veterano M35     | 45:48  | +16:02 | 09:10 |
| 201  | 518 | João Rato                        | os pinchavelhos                  | Veterano M35     | 45:49  | +16:02 | 09:10 |
| 202  | 81  | Virginia Sintra                  | csfcharneca                      | Veterana F35     | 45:50  | +16:03 | 09:10 |
| 203  | 293 | Alexandre Santos Nogueira        | individual                       | Sub 20 Masculino | 45:52  | +16:06 | 09:11 |
| 204  | 134 | Alexandre Ferreira               | fullprotein                      | Senior Masculino | 45:52  | +16:06 | 09:11 |
| 205  | 353 | Bruno Jorge Ferreira Marto       | individual                       | Veterano M35     | 45:53  | +16:07 | 09:11 |
| 206  | 118 | Isidro Cardoso Alves             | follow me                        | Veterano M35     | 45:55  | +16:08 | 09:11 |
| 207  | 68  | Rita Mendes                      | cf pombal                        | Veterana F35     | 45:55  | +16:09 | 09:11 |







**GAMBUZINOS - STAGE 1**
**5 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                                | TEAM                             | CAT              | RESULT | DIFF   | t/KM  |
|------|-----|-------------------------------------|----------------------------------|------------------|--------|--------|-------|
| 339  | 1   | Pedro Brilhante                     | individual                       | Senior Masculino | 53:39  | +23:53 | 10:44 |
| 340  | 603 | Cláudia                             | uda / ponta branca               | Veterana F35     | 53:41  | +23:54 | 10:44 |
| 341  | 98  | Luís Ricardo Correia                | equipa farmácia torres           | Senior Masculino | 53:41  | +23:54 | 10:44 |
| 342  | 605 | Patrícia                            | uda / ponta branca               | Veterana F35     | 53:44  | +23:58 | 10:45 |
| 343  | 470 | MANUELA MURTINHO                    | move up team                     | Veterana F35     | 53:47  | +24:00 | 10:45 |
| 344  | 130 | Luis Teixeira                       | fruta da 5ª                      | Veterano M35     | 53:59  | +24:13 | 10:48 |
| 345  | 219 | Catarina Godinho                    | individual                       | Senior Feminino  | 54:00  | +24:14 | 10:48 |
| 346  | 25  | José Ramalho                        | ansibikers                       | Veterano M35     | 54:03  | +24:17 | 10:49 |
| 347  | 326 | Marília Teixeira                    | individual                       | Veterana F35     | 54:06  | +24:19 | 10:49 |
| 348  | 237 | Maura Pedrosa                       | individual                       | Senior Feminino  | 54:08  | +24:22 | 10:50 |
| 349  | 157 | Sonia Lopes                         | gatoês btt                       | Veterana F35     | 54:09  | +24:23 | 10:50 |
| 350  | 576 | Vitor João dos Santos<br>Carpalhoso | slow runners pombal              | Senior Masculino | 54:12  | +24:25 | 10:50 |
| 351  | 537 | Hermínio Ponte                      | ponte runners                    | Veterano M35     | 54:12  | +24:25 | 10:50 |
| 352  | 431 | Eunice Marques Pedrosa              | lama solta                       | Senior Feminino  | 54:16  | +24:29 | 10:51 |
| 353  | 126 | Laudelina Teixeira                  | fruta da 5ª                      | Veterana F35     | 54:17  | +24:30 | 10:51 |
| 354  | 450 | Eva Filipa                          | lusicoos                         | Sub 20 Feminino  | 54:21  | +24:34 | 10:52 |
| 355  | 474 | EDUARDO DINIS                       | move up team                     | Veterano M35     | 54:22  | +24:35 | 10:52 |
| 356  | 102 | Sofia Fernando                      | equipa farmácia torres           | Veterana F35     | 54:23  | +24:37 | 10:53 |
| 357  | 128 | Sofia Lourenço                      | fruta da 5ª                      | Veterana F35     | 54:27  | +24:40 | 10:53 |
| 358  | 225 | Diana Vila Chã                      | individual                       | Senior Feminino  | 54:27  | +24:41 | 10:54 |
| 359  | 575 | Inês Gomes                          | slow runners pombal              | Senior Feminino  | 54:30  | +24:43 | 10:54 |
| 360  | 554 | Marco Mendes                        | sem medo de gambuzinos           | Veterano M35     | 54:38  | +24:52 | 10:56 |
| 361  | 595 | José Miguel                         | tartarugas velozes               | Veterano M35     | 54:46  | +24:59 | 10:57 |
| 362  | 579 | Anabela Contente                    | soure mov                        | Veterana F35     | 54:54  | +25:08 | 10:59 |
| 363  | 589 | Luis Batalha                        | soure mov                        | Veterano M35     | 54:58  | +25:12 | 11:00 |
| 364  | 555 | Ricardo Franco                      | sem medo de gambuzinos           | Veterano M35     | 55:04  | +25:18 | 11:01 |
| 365  | 397 | nuno jorge de Jesus guarda          | individual                       | Veterano M35     | 55:04  | +25:18 | 11:01 |
| 366  | 621 | Liliana Silva                       | vilaventura - trail running team | Veterana F35     | 55:07  | +25:20 | 11:01 |
| 367  | 540 | Cidália Silva                       | qualquercoisa                    | Veterana F35     | 55:12  | +25:26 | 11:03 |
| 368  | 541 | Patrícia Rosa                       | qualquercoisa                    | Veterana F35     | 55:28  | +25:41 | 11:06 |
| 369  | 421 | Catía ramos                         | inter2go                         | Senior Feminino  | 55:34  | +25:48 | 11:07 |
| 370  | 542 | António Silvestre                   | qualquercoisa                    | Veterano M35     | 55:37  | +25:51 | 11:08 |
| 371  | 367 | Helder Manuel dos Santos<br>Mendes  | individual                       | Veterano M35     | 55:37  | +25:51 | 11:08 |
| 372  | 620 | Cândida Bonifacio                   | vilaventura - trail running team | Veterana F35     | 55:48  | +26:02 | 11:10 |
| 373  | 73  | Clara Ferreira                      | cmg                              | Veterana F35     | 55:56  | +26:10 | 11:11 |
| 374  | 202 | Avelino José Guerra Freitas         | grvilavardense                   | Veterano M35     | 55:57  | +26:11 | 11:12 |
| 375  | 295 | Daniel Correia Batista              | individual                       | Sub 20 Masculino | 56:08  | +26:22 | 11:14 |
| 376  | 232 | Joana Neves                         | individual                       | Senior Feminino  | 56:18  | +26:32 | 11:16 |
| 377  | 61  | Patrick Sebastião                   | cf pombal                        | Senior Masculino | 56:57  | +27:10 | 11:23 |
| 378  | 277 | Nuno Carrasqueira                   | individual                       | Senior Masculino | 56:57  | +27:11 | 11:24 |
| 379  | 627 | Nélia Cristina Leal da Ponte        | individual                       | Veterana F35     | 56:57  | +27:11 | 11:24 |
| 380  | 425 | Marisa Rodrigues Silva              | inter2go                         | Senior Feminino  | 57:01  | +27:15 | 11:24 |
| 381  | 422 | Elisa Domingues                     | inter2go                         | Senior Feminino  | 57:07  | +27:20 | 11:25 |
| 382  | 149 | Ana Roma                            | gambuscos 2018                   | Veterana F35     | 57:25  | +27:39 | 11:29 |



GAMBUZINOS - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                                  | TEAM                              | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|---------------------------------------|-----------------------------------|------------------|----------|--------|-------|
| 383  | 150 | Estefânia Francisco Ramos Pires       | gambuscos 2018                    | Veterana F35     | 57:26    | +27:40 | 11:29 |
| 384  | 151 | Artur Mendes Ferreira Pires           | gambuscos 2018                    | Veterano M35     | 57:32    | +27:46 | 11:31 |
| 385  | 453 | Gilvânia Gaspar                       | lusicoos                          | Veterana F35     | 57:39    | +27:53 | 11:32 |
| 386  | 198 | Maria de Fátima Silva Teixeira Alemão | grvilaverdense                    | Veterana F35     | 57:43    | +27:57 | 11:33 |
| 387  | 199 | Maria Fátima Rocha Oliveira           | grvilaverdense                    | Veterana F35     | 57:58    | +28:12 | 11:36 |
| 388  | 368 | Horácio Costa                         | individual                        | Veterano M35     | 57:59    | +28:12 | 11:36 |
| 389  | 398 | Nuno Miguel dos Santos Marques        | individual                        | Veterano M35     | 58:00    | +28:14 | 11:36 |
| 390  | 224 | Diana Marisa Pereira Rodrigues        | individual                        | Senior Feminino  | 58:05    | +28:18 | 11:37 |
| 391  | 631 | ADRIANA PEREIRA DA COSTA              | vermoil                           | Senior Feminino  | 58:15    | +28:29 | 11:39 |
| 392  | 272 | Kevin Santos                          | individual                        | Senior Masculino | 58:18    | +28:31 | 11:40 |
| 393  | 338 | Sónia Alexandra Veríssimo Marques     | individual                        | Veterana F35     | 58:24    | +28:38 | 11:41 |
| 394  | 471 | ANTONIO SANTOS                        | move up team                      | Veterano M35     | 58:28    | +28:41 | 11:42 |
| 395  | 417 | Vasco Nabais Faria                    | individual                        | Veterano M35     | 58:29    | +28:42 | 11:42 |
| 396  | 273 | Luís Gaudêncio                        | individual                        | Senior Masculino | 58:31    | +28:44 | 11:42 |
| 397  | 502 | Fernando Dionisio                     | os 100 método                     | Senior Masculino | 58:46    | +29:00 | 11:45 |
| 398  | 339 | Sonia Cristina Santos                 | individual                        | Veterana F35     | 58:58    | +29:12 | 11:48 |
| 399  | 74  | Luís Rodrigues                        | cmg                               | Veterano M35     | 58:59    | +29:12 | 11:48 |
| 400  | 288 | Simão Boal                            | individual                        | Senior Masculino | 58:59    | +29:12 | 11:48 |
| 401  | 484 | Bruna Gaspar                          | optilink runners                  | Senior Feminino  | 59:02    | +29:15 | 11:48 |
| 402  | 372 | Humberto Junqueira Domingues          | individual                        | Veterano M35     | 59:04    | +29:17 | 11:49 |
| 403  | 131 | Miguel Oliveira                       | fruta da 5ª                       | Veterano M35     | 59:09    | +29:23 | 11:50 |
| 404  | 257 | Catarina Pimpao                       | individual                        | Senior Masculino | 59:19    | +29:33 | 11:52 |
| 405  | 189 | Ana Lúcia Teixeira Alemão             | grvilaverdense                    | Senior Feminino  | 59:23    | +29:37 | 11:53 |
| 406  | 190 | João Filipe Figueiredo Capinha        | grvilaverdense                    | Senior Masculino | 59:29    | +29:43 | 11:54 |
| 407  | 66  | Patricia Campos Besteiro              | cf pombal                         | Veterana F35     | 59:46    | +29:59 | 11:57 |
| 408  | 197 | Maria de Fátima Silva Cabeço          | grvilaverdense                    | Veterana F35     | 59:48    | +30:02 | 11:58 |
| 409  | 164 | Marta Sintra                          | gdi - a melhor equipa que há porí | Senior Feminino  | 59:49    | +30:02 | 11:58 |
| 410  | 329 | Micaela Franja                        | individual                        | Veterana F35     | 59:55    | +30:08 | 11:59 |
| 411  | 491 | Soraia Gonçalves                      | optilink runners                  | Senior Feminino  | 59:57    | +30:10 | 11:59 |
| 412  | 495 | Renato Lopes                          | optilink runners                  | Senior Masculino | 59:59    | +30:12 | 12:00 |
| 413  | 139 | Carla Domingues                       | fullprotein                       | Veterana F35     | 01:00:01 | +30:14 | 12:00 |
| 414  | 165 | Susana Pereira                        | gdi - a melhor equipa que há porí | Veterana F35     | 01:00:02 | +30:16 | 12:00 |
| 415  | 452 | Elisabete Pereira                     | lusicoos                          | Veterana F35     | 01:00:04 | +30:17 | 12:01 |
| 416  | 628 | Patricia Rodrigues Pinto              | queens                            | Senior Feminino  | 01:00:04 | +30:18 | 12:01 |
| 417  | 500 | Carlos Figueiredo                     | os 100 método                     | Senior Masculino | 01:00:08 | +30:21 | 12:02 |
| 418  | 163 | Marta Pinto                           | gdi - a melhor equipa que há porí | Senior Feminino  | 01:00:09 | +30:22 | 12:02 |
| 419  | 99  | Elisabete Pereira                     | equipa farmácia torres            | Veterana F35     | 01:00:13 | +30:27 | 12:03 |
| 420  | 72  | Célia Gonçalves                       | cmg                               | Veterana F35     | 01:00:14 | +30:28 | 12:03 |
| 421  | 369 | HUGO GASPAR                           | individual                        | Veterano M35     | 01:00:21 | +30:34 | 12:04 |
| 422  | 311 | Dalia Santos                          | individual                        | Veterana F35     | 01:00:26 | +30:40 | 12:05 |
| 423  | 67  | Patricia Jordão                       | cf pombal                         | Veterana F35     | 01:00:32 | +30:46 | 12:07 |





GAMBUZINOS - STAGE 1

5 KM

OFFICIAL RESULT

| RANK | BIB | NAME                           | TEAM                   | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|--------------------------------|------------------------|------------------|----------|--------|-------|
| 466  | 508 | Mélanie Da Silva               | os artistas            | Senior Feminino  | 01:05:30 | +35:43 | 13:06 |
| 467  | 166 | Adriana Gonçalves              | gonçaves               | Senior Feminino  | 01:05:34 | +35:47 | 13:07 |
| 468  | 167 | Ana Gonçalves                  | gonçaves               | Sub 20 Feminino  | 01:05:39 | +35:53 | 13:08 |
| 469  | 488 | Joana Rainho                   | optilink runners       | Senior Feminino  | 01:05:54 | +36:08 | 13:11 |
| 470  | 483 | Andreia Antunes                | optilink runners       | Senior Feminino  | 01:05:57 | +36:10 | 13:11 |
| 471  | 423 | Isabel Simões Ferreira         | inter2go               | Senior Feminino  | 01:06:00 | +36:14 | 13:12 |
| 472  | 419 | Carina Oliveira                | inter2go               | Senior Feminino  | 01:06:03 | +36:16 | 13:13 |
| 473  | 506 | Catarina Dos Santos Pires      | os artistas            | Senior Feminino  | 01:06:05 | +36:19 | 13:13 |
| 474  | 100 | Isabel Ribeiro                 | equipa farmácia torres | Veterana F35     | 01:06:12 | +36:26 | 13:15 |
| 475  | 489 | Liliana Jesus                  | optilink runners       | Senior Feminino  | 01:06:16 | +36:29 | 13:15 |
| 476  | 92  | Ana Bastos                     | equipa farmácia torres | Senior Feminino  | 01:06:18 | +36:31 | 13:16 |
| 477  | 509 | Tânia Ferreira Neves           | os artistas            | Senior Feminino  | 01:06:24 | +36:38 | 13:17 |
| 478  | 641 | PEDRO MIGUEL LARCHER FREIRE    | vermoil                | Senior Masculino | 01:06:36 | +36:49 | 13:19 |
| 479  | 250 | Verônica nogueira              | individual             | Senior Feminino  | 01:06:42 | +36:55 | 13:20 |
| 480  | 634 | CATIA ALEXANDRA SILVA NOGUEIRA | vermoil                | Senior Feminino  | 01:06:53 | +37:06 | 13:23 |
| 481  | 389 | Luis Miguel Batista            | individual             | Veterano M35     | 01:06:58 | +37:11 | 13:24 |
| 482  | 614 | Milton José Fernandes Cordeiro | vacas felizes e pastor | Senior Masculino | 01:07:39 | +37:52 | 13:32 |
| 483  | 469 | RAQUEL AZEVEDO                 | move up team           | Senior Feminino  | 01:07:48 | +38:01 | 13:34 |
| 484  | 610 | Nádia Vanessa Silva Francisco  | vacas felizes e pastor | Senior Feminino  | 01:07:52 | +38:06 | 13:35 |
| 485  | 611 | Patrícia Mendes                | vacas felizes e pastor | Senior Feminino  | 01:08:04 | +38:18 | 13:37 |
| 486  | 263 | Diogo José Santos Oliveira     | individual             | Senior Masculino | 01:08:05 | +38:19 | 13:37 |
| 487  | 609 | Mariana Ruas                   | vacas felizes e pastor | Senior Feminino  | 01:08:10 | +38:23 | 13:38 |
| 488  | 314 | Elisa Maria Martins            | individual             | Veterana F35     | 01:08:19 | +38:32 | 13:40 |
| 489  | 110 | Carla Sofia Oliveira Santos    | follow me              | Veterana F35     | 01:08:21 | +38:35 | 13:40 |
| 490  | 612 | Soraia Daniela Gonçalves Gomes | vacas felizes e pastor | Senior Feminino  | 01:08:30 | +38:44 | 13:42 |
| 491  | 608 | Adriana Cardoso Duarte         | vacas felizes e pastor | Senior Feminino  | 01:08:31 | +38:45 | 13:42 |
| 492  | 337 | SOFIA PORTELA                  | individual             | Veterana F35     | 01:08:32 | +38:46 | 13:43 |
| 493  | 458 | Tânia Gaspar                   | lucicoos               | Veterana F35     | 01:08:35 | +38:48 | 13:43 |
| 494  | 415 | Tierri Coelho Canelas          | individual             | Veterano M35     | 01:08:36 | +38:49 | 13:43 |
| 495  | 21  | Joana Filipa Leitão            | ac. batalha            | Senior Feminino  | 01:08:37 | +38:51 | 13:44 |
| 496  | 462 | Paulo Gramaça                  | lucicoos               | Veterano M35     | 01:08:41 | +38:54 | 13:44 |
| 497  | 355 | Carlos Gonçalves               | individual             | Veterano M35     | 01:08:44 | +38:58 | 13:45 |
| 498  | 114 | Gina Gonçalves                 | follow me              | Veterana F35     | 01:08:45 | +38:58 | 13:45 |
| 499  | 113 | Dulcinia Santos                | follow me              | Veterana F35     | 01:09:08 | +39:22 | 13:50 |
| 500  | 109 | Adélia Ferreira Mendes         | follow me              | Veterana F35     | 01:09:10 | +39:24 | 13:50 |
| 501  | 58  | Telma Lopes                    | cf pombal              | Senior Feminino  | 01:09:11 | +39:25 | 13:50 |
| 502  | 320 | Isabel marisa da silva lopes   | individual             | Veterana F35     | 01:09:17 | +39:31 | 13:51 |
| 503  | 111 | Catarina Marili Lopes Vicente  | follow me              | Veterana F35     | 01:09:19 | +39:32 | 13:52 |
| 504  | 503 | Luis Marques                   | os 100 método          | Senior Masculino | 01:09:23 | +39:36 | 13:53 |
| 505  | 305 | Anália Gonçalves               | individual             | Veterana F35     | 01:09:40 | +39:53 | 13:56 |
| 506  | 571 | Pedro Ponte                    | sem sede               | Veterano M35     | 01:09:53 | +40:07 | 13:59 |
| 507  | 492 | Tânia Santos                   | optilink runners       | Senior Feminino  | 01:10:10 | +40:24 | 14:02 |
| 508  | 497 | Sonia Gonçalves                | optilink runners       | Veterana F35     | 01:10:22 | +40:36 | 14:05 |

## GAMBUZINOS - STAGE 1

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

### OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                                | TEAM             | CAT              | RESULT   | DIFF   | t/KM  |
|------|-----|-------------------------------------|------------------|------------------|----------|--------|-------|
| 509  | 119 | Luis Vilhena                        | follow me        | Veterano M35     | 01:10:26 | +40:39 | 14:05 |
| 510  | 564 | Alda Ponte                          | sem sede         | Veterana F35     | 01:10:58 | +41:12 | 14:12 |
| 511  | 325 | Maria Fátima Jesus                  | individual       | Veterana F35     | 01:11:16 | +41:29 | 14:15 |
| 512  | 309 | Catarina Marto                      | individual       | Veterana F35     | 01:12:21 | +42:34 | 14:28 |
| 513  | 351 | Bruno Gaspar                        | individual       | Veterano M35     | 01:13:44 | +43:57 | 14:45 |
| 514  | 303 | ANA DINIS                           | individual       | Veterana F35     | 01:13:53 | +44:06 | 14:47 |
| 515  | 343 | Vilma Eusébio                       | individual       | Veterana F35     | 01:14:02 | +44:15 | 14:48 |
| 516  | 333 | Paula Leal                          | individual       | Veterana F35     | 01:14:26 | +44:40 | 14:53 |
| 517  | 449 | Carla Gaspar                        | lusicoos         | Senior Feminino  | 01:14:41 | +44:55 | 14:56 |
| 518  | 463 | Pedro Beja                          | lusicoos         | Veterano M35     | 01:14:43 | +44:57 | 14:57 |
| 519  | 220 | Daniela Alexandra Anastácio Batista | individual       | Senior Feminino  | 01:15:21 | +45:34 | 15:04 |
| 520  | 223 | Diana José                          | individual       | Senior Feminino  | 01:15:55 | +46:08 | 15:11 |
| 521  | 235 | Márcia Andreia Crespo Carreira      | individual       | Senior Feminino  | 01:16:00 | +46:13 | 15:12 |
| 522  | 123 | Flávio Silva                        | fruta da 5ª      | Senior Masculino | 01:16:21 | +46:34 | 15:16 |
| 523  | 457 | Susana Rosa                         | lusicoos         | Veterana F35     | 01:16:28 | +46:41 | 15:18 |
| 524  | 317 | Guida Ferreira                      | individual       | Veterana F35     | 01:16:40 | +46:54 | 15:20 |
| 525  | 121 | Andreia Lemos                       | fruta da 5ª      | Senior Feminino  | 01:16:59 | +47:13 | 15:24 |
| 526  | 129 | Bruno Silva                         | fruta da 5ª      | Veterano M35     | 01:17:19 | +47:33 | 15:28 |
| 527  | 116 | Susana Vilhena                      | follow me        | Veterana F35     | 01:17:46 | +48:00 | 15:33 |
| 528  | 456 | Mónica Branco                       | lusicoos         | Veterana F35     | 01:18:26 | +48:40 | 15:41 |
| 529  | 460 | Filipe Ferreira                     | lusicoos         | Veterano M35     | 01:18:35 | +48:49 | 15:43 |
| 530  | 115 | Liliana Ribeiro                     | follow me        | Veterana F35     | 01:18:59 | +49:12 | 15:48 |
| 531  | 340 | Sónia Patrícia Pereira Mendes       | individual       | Veterana F35     | 01:19:00 | +49:13 | 15:48 |
| 532  | 112 | Cristina Natario                    | follow me        | Veterana F35     | 01:19:06 | +49:19 | 15:49 |
| 533  | 332 | Patrícia                            | individual       | Veterana F35     | 01:19:14 | +49:28 | 15:51 |
| 534  | 300 | Adria cordeiro                      | individual       | Veterana F35     | 01:19:21 | +49:34 | 15:52 |
| 535  | 485 | Cátia Silva                         | optilink runners | Senior Feminino  | 01:19:43 | +49:56 | 15:57 |
| 536  | 510 | Alexandre Aires Lopes Gonçalves     | os artistas      | Senior Masculino | 01:19:46 | +50:00 | 15:57 |
| 537  | 249 | Telma Cardoso                       | individual       | Senior Feminino  | 01:20:02 | +50:16 | 16:01 |
| 538  | 513 | Tiago Ferreira Neves                | os artistas      | Senior Masculino | 01:20:03 | +50:17 | 16:01 |
| 539  | 241 | Patrícia Alexandra Costa            | individual       | Senior Feminino  | 01:20:29 | +50:42 | 16:06 |
| 540  | 559 | Mariana Leitão                      | sem sede         | Senior Feminino  | 01:20:40 | +50:54 | 16:08 |
| 541  | 563 | Tiago Jordão                        | sem sede         | Senior Masculino | 01:20:46 | +50:59 | 16:09 |
| 542  | 233 | Lídia Ferreira                      | individual       | Senior Feminino  | 01:20:47 | +51:01 | 16:10 |
| 543  | 229 | Inês Santos                         | individual       | Senior Feminino  | 01:21:14 | +51:28 | 16:15 |
| 544  | 557 | Ana Pedrosa                         | sem sede         | Senior Feminino  | 01:21:14 | +51:28 | 16:15 |
| 545  | 560 | Celso Alves                         | sem sede         | Senior Masculino | 01:21:18 | +51:31 | 16:16 |
| 546  | 566 | Vera Gameiro                        | sem sede         | Veterana F35     | 01:21:43 | +51:57 | 16:21 |
| 547  | 517 | Dora Filipe                         | os pinchavelhos  | Veterana F35     | 01:21:45 | +51:58 | 16:21 |
| 548  | 459 | César Antunes                       | lusicoos         | Veterano M35     | 01:22:30 | +52:43 | 16:30 |
| 549  | 565 | Dina Neves                          | sem sede         | Veterana F35     | 01:22:30 | +52:44 | 16:30 |
| 550  | 569 | Hernâni Martinho                    | sem sede         | Veterano M35     | 01:22:34 | +52:48 | 16:31 |
| 551  | 512 | Renato Mendes Simões                | os artistas      | Senior Masculino | 01:23:03 | +53:17 | 16:37 |
| 552  | 213 | Célia Domingues                     | guerreiros       | Veterana F35     | 01:23:23 | +53:36 | 16:41 |

**GAMBUZINOS - STAGE 1**
**5 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

| RANK | BIB | NAME                 | TEAM           | CAT              | RESULT   | DIFF      | t/KM  |
|------|-----|----------------------|----------------|------------------|----------|-----------|-------|
| 553  | 212 | Ana Sofia Barreira   | guerreiros     | Senior Feminino  | 01:23:28 | +53:42    | 16:42 |
| 554  | 507 | Élia Lopes Rodrigues | os artistas    | Senior Feminino  | 01:23:31 | +53:45    | 16:42 |
| 555  | 558 | Joana Oliveira       | sem sede       | Senior Feminino  | 01:23:42 | +53:56    | 16:45 |
| 556  | 514 | Tiago Gomes Barros   | os artistas    | Senior Masculino | 01:23:45 | +53:58    | 16:45 |
| 557  | 561 | Nuno Santos          | sem sede       | Senior Masculino | 01:23:48 | +54:02    | 16:46 |
| 558  | 54  | Elsa Moiteiro        | bucha e estica | Veterana F35     | 01:25:57 | +56:10    | 17:11 |
| 559  | 455 | Marisa Silva         | lusicoos       | Veterana F35     | 01:32:15 | +01:02:28 | 18:27 |
| 560  | 461 | Miguel Antunes       | lusicoos       | Veterano M35     | 01:32:45 | +01:02:59 | 18:33 |

**Gambuzinos**

**5 KM**

**OFFICIAL RESULT**

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 22:00 | 17,2°C      | 91%      |
| End   | 23:52 | 17,2°C      | 91%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | ↑/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

**Senior Feminino**

|    |     |                                      |                                       |                 |       |        |       |
|----|-----|--------------------------------------|---------------------------------------|-----------------|-------|--------|-------|
| 1  | 169 | Milene Santos                        | Grupo Alegre Unido Bajouca            | Senior Feminino | 36:06 | +06:19 | 07:13 |
| 2  | 6   | Diana Cardoso                        | #aminhamaenaodeixa                    | Senior Feminino | 42:01 | +12:14 | 08:24 |
| 3  | 42  | Vânia Patrícia da Silva Leal         | Associação Pombal Jovem               | Senior Feminino | 42:07 | +12:20 | 08:25 |
| 4  | 520 | Joana Catarina Andrade Leal          | Os Pirilampos                         | Senior Feminino | 43:57 | +14:11 | 08:48 |
| 5  | 57  | Tânia Arnaut                         | CF Pombal                             | Senior Feminino | 44:16 | +14:30 | 08:51 |
| 6  | 577 | Andreia Brás                         | Soure Mov                             | Senior Feminino | 44:20 | +14:34 | 08:52 |
| 7  | 432 | Patrícia Marques Gonçalves           | Lama Solta                            | Senior Feminino | 45:26 | +15:40 | 09:05 |
| 8  | 468 | MANUELA SILVA                        | MOVE UP TEAM                          | Senior Feminino | 45:30 | +15:43 | 09:06 |
| 9  | 430 | Elodie Costa                         | Lama Solta                            | Senior Feminino | 46:16 | +16:29 | 09:15 |
| 10 | 51  | Adriana Cabecinhas                   | Bando dos 3+1                         | Senior Feminino | 46:35 | +16:48 | 09:19 |
| 11 | 243 | Rita silva                           | Individual                            | Senior Feminino | 47:56 | +18:09 | 09:35 |
| 12 | 56  | Andreia Gonçalves                    | CF Pombal                             | Senior Feminino | 48:27 | +18:41 | 09:42 |
| 13 | 521 | Paula Alexandra Nascimento Nunes     | Os Pirilampos                         | Senior Feminino | 48:32 | +18:45 | 09:42 |
| 14 | 107 | Andreia Silva                        | Flashes                               | Senior Feminino | 49:49 | +20:03 | 09:58 |
| 15 | 231 | Joana Mendes                         | Individual                            | Senior Feminino | 49:59 | +20:12 | 10:00 |
| 16 | 465 | Sara Pedrosa                         | Montanha Clube Trail Running / EFAPEL | Senior Feminino | 50:28 | +20:42 | 10:06 |
| 17 | 247 | Susana do Carmo Fernandes            | Individual                            | Senior Feminino | 50:34 | +20:48 | 10:07 |
| 18 | 221 | Daniela Gaspar Carlos Ferreira Gomes | Individual                            | Senior Feminino | 50:37 | +20:51 | 10:08 |
| 19 | 216 | Alexandra Ramos                      | Individual                            | Senior Feminino | 50:40 | +20:54 | 10:08 |
| 20 | 242 | Patrícia Silva                       | Individual                            | Senior Feminino | 50:49 | +21:03 | 10:10 |
| 21 | 246 | Solange Ferreira                     | Individual                            | Senior Feminino | 50:55 | +21:08 | 10:11 |
| 22 | 32  | Tania Lourenço                       | ARCD Venda da Luísa                   | Senior Feminino | 51:18 | +21:31 | 10:16 |
| 23 | 168 | Luísa Areia                          | Grupo Alegre Unido Bajouca            | Senior Feminino | 51:49 | +22:02 | 10:22 |
| 24 | 234 | Liliana Rodrigues                    | Individual                            | Senior Feminino | 52:23 | +22:36 | 10:29 |
| 25 | 5   | Cátia Duarte                         | #aminhamaenaodeixa                    | Senior Feminino | 52:38 | +22:51 | 10:32 |
| 26 | 525 | Tania Cristina Duarte Ferreira       | out 2 run/Miro                        | Senior Feminino | 52:54 | +23:07 | 10:35 |
| 27 | 226 | Dyane Sousa                          | Individual                            | Senior Feminino | 53:02 | +23:16 | 10:37 |
| 28 | 420 | Catarina Rodrigues da Silva          | Inter2go                              | Senior Feminino | 53:06 | +23:20 | 10:37 |
| 29 | 467 | JOANA FRADE                          | MOVE UP TEAM                          | Senior Feminino | 53:07 | +23:20 | 10:37 |
| 30 | 93  | Ana Correia                          | Equipa Farmácia Torres                | Senior Feminino | 53:17 | +23:31 | 10:40 |
| 31 | 152 | Ana Silva                            | Gás                                   | Senior Feminino | 53:28 | +23:42 | 10:42 |
| 32 | 153 | Susana Silva                         | Gás                                   | Senior Feminino | 53:31 | +23:45 | 10:42 |
| 33 | 219 | Catarina Godinho                     | Individual                            | Senior Feminino | 54:00 | +24:14 | 10:48 |
| 34 | 237 | Maura Pedrosa                        | Individual                            | Senior Feminino | 54:08 | +24:22 | 10:50 |
| 35 | 431 | Eunice Marques Pedrosa               | Lama Solta                            | Senior Feminino | 54:16 | +24:29 | 10:51 |
| 36 | 225 | Diana Vila Chã                       | Individual                            | Senior Feminino | 54:27 | +24:41 | 10:54 |
| 37 | 575 | Inês Gomes                           | Slow Runners Pombal                   | Senior Feminino | 54:30 | +24:43 | 10:54 |
| 38 | 421 | Catia ramos                          | Inter2go                              | Senior Feminino | 55:34 | +25:48 | 11:07 |
| 39 | 232 | Joana Neves                          | Individual                            | Senior Feminino | 56:18 | +26:32 | 11:16 |



**Gambuzinos**
**5 KM**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION
**OFFICIAL RESULT**
LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |     |                                |                  |                 |          |        |       |
|----|-----|--------------------------------|------------------|-----------------|----------|--------|-------|
| 86 | 235 | Márcia Andreia Crespo Carreira | Individual       | Senior Feminino | 01:16:00 | +46:13 | 15:12 |
| 87 | 121 | Andreia Lemos                  | Fruta da 5ª      | Senior Feminino | 01:16:59 | +47:13 | 15:24 |
| 88 | 485 | Cátia Silva                    | OPTILINK RUNNERS | Senior Feminino | 01:19:43 | +49:56 | 15:57 |
| 89 | 249 | Telma Cardoso                  | Individual       | Senior Feminino | 01:20:02 | +50:16 | 16:01 |
| 90 | 241 | Patrícia Alexandra Costa       | Individual       | Senior Feminino | 01:20:29 | +50:42 | 16:06 |
| 91 | 559 | Mariana Leitão                 | Sem sede         | Senior Feminino | 01:20:40 | +50:54 | 16:08 |
| 92 | 233 | Lídia Ferreira                 | Individual       | Senior Feminino | 01:20:47 | +51:01 | 16:10 |
| 93 | 229 | Inês Santos                    | Individual       | Senior Feminino | 01:21:14 | +51:28 | 16:15 |
| 94 | 557 | Ana Pedrosa                    | Sem sede         | Senior Feminino | 01:21:14 | +51:28 | 16:15 |
| 95 | 212 | Ana Sofia Barreira             | Guerreiros       | Senior Feminino | 01:23:28 | +53:42 | 16:42 |
| 96 | 507 | Élia Lopes Rodrigues           | Os ArTTistas     | Senior Feminino | 01:23:31 | +53:45 | 16:42 |
| 97 | 558 | Joana Oliveira                 | Sem sede         | Senior Feminino | 01:23:42 | +53:56 | 16:45 |

**Senior Masculino**

|    |     |                               |                                     |                  |       |        |       |
|----|-----|-------------------------------|-------------------------------------|------------------|-------|--------|-------|
| 1  | 436 | João Pedro Marques Gonçalves  | Lama Solta                          | Senior Masculino | 29:46 |        | 05:57 |
| 2  | 633 | CARLOS RAFAEL DE JESUS ALVES  | Vermoil                             | Senior Masculino | 30:32 | +00:45 | 06:06 |
| 3  | 20  | Nélio Almeida                 | A. C. S. Mamede                     | Senior Masculino | 30:32 | +00:45 | 06:06 |
| 4  | 188 | Ricardo Carreira              | Grupo de atletismo da Caranguejeira | Senior Masculino | 30:46 | +00:59 | 06:09 |
| 5  | 258 | Cláudio Lopes Francisco       | Individual                          | Senior Masculino | 32:51 | +03:05 | 06:34 |
| 6  | 76  | Duarte Cruz                   | CSCD Norte e Soure                  | Senior Masculino | 33:16 | +03:30 | 06:39 |
| 7  | 552 | Osvaldo Henriques             | Sem medo de Gambuzinos              | Senior Masculino | 33:38 | +03:51 | 06:44 |
| 8  | 52  | João Branco                   | Bando dos 3+1                       | Senior Masculino | 34:12 | +04:26 | 06:51 |
| 9  | 274 | Marco Pimenta                 | Individual                          | Senior Masculino | 34:18 | +04:31 | 06:52 |
| 10 | 156 | Tiago Silva                   | Gatoês Btt                          | Senior Masculino | 34:24 | +04:38 | 06:53 |
| 11 | 170 | André Crespo                  | Grupo Alegre Unido Bajouca          | Senior Masculino | 35:13 | +05:27 | 07:03 |
| 12 | 440 | Nuno Neves                    | Lama Solta                          | Senior Masculino | 35:15 | +05:28 | 07:03 |
| 13 | 616 | Eduardo Silva Gonçalves       | Vilaventura - Trail Running Team    | Senior Masculino | 35:16 | +05:29 | 07:03 |
| 14 | 8   | Sérgio Correia                | #aminhamaenaodeixa                  | Senior Masculino | 35:40 | +05:53 | 07:08 |
| 15 | 174 | Tiago Pedrosa                 | Grupo Alegre Unido Bajouca          | Senior Masculino | 35:58 | +06:11 | 07:12 |
| 16 | 89  | João Costa                    | Dá-lhe Gás team                     | Senior Masculino | 36:00 | +06:14 | 07:12 |
| 17 | 481 | Nuno Miguel Silva Coutinho    | Norte e Soure                       | Senior Masculino | 36:01 | +06:14 | 07:12 |
| 18 | 245 | Hugo Rosa                     | Individual                          | Senior Masculino | 36:01 | +06:14 | 07:12 |
| 19 | 171 | Dany Grilo                    | Grupo Alegre Unido Bajouca          | Senior Masculino | 36:27 | +06:40 | 07:17 |
| 20 | 438 | Luís Sintra Marques           | Lama Solta                          | Senior Masculino | 37:07 | +07:20 | 07:25 |
| 21 | 172 | Micael Rodrigues              | Grupo Alegre Unido Bajouca          | Senior Masculino | 37:32 | +07:46 | 07:31 |
| 22 | 267 | Hugo Manuel Silva Gaspar      | Individual                          | Senior Masculino | 38:18 | +08:31 | 07:40 |
| 23 | 155 | Tiago Cação                   | Gatoês Btt                          | Senior Masculino | 38:34 | +08:47 | 07:43 |
| 24 | 191 | Ricardo Emanuel Pereira       | GRVilaverdense                      | Senior Masculino | 38:38 | +08:51 | 07:44 |
| 25 | 270 | Joni Daniel Domingues Correia | Individual                          | Senior Masculino | 38:42 | +08:55 | 07:44 |
| 26 | 549 | Bruno Marques                 | Sem medo de Gambuzinos              | Senior Masculino | 38:45 | +08:59 | 07:45 |
| 27 | 43  | Marco Mendes                  | Associação Pombal Jovem             | Senior Masculino | 38:47 | +09:01 | 07:46 |
| 28 | 501 | Fábio Gonçalves               | Os 100 Método                       | Senior Masculino | 39:05 | +09:19 | 07:49 |
| 29 | 499 | Alexandre Almeida             | Os 100 Método                       | Senior Masculino | 39:08 | +09:21 | 07:50 |
| 30 | 256 | Bruno Martins                 | Individual                          | Senior Masculino | 39:13 | +09:26 | 07:51 |



**Gambuzinos**

**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |     |                                |  |                  |       |        |       |
|----|-----|--------------------------------|--|------------------|-------|--------|-------|
| 31 | 78  | Nicolau Ferreira               | CSRFCARNECA                            | Senior Masculino | 39:19 | +09:32 | 07:52 |
| 32 | 441 | William Ferreira               | Lama Solta                             | Senior Masculino | 39:20 | +09:33 | 07:52 |
| 33 | 426 | David Fernandes                | Inter2go                               | Senior Masculino | 39:33 | +09:46 | 07:55 |
| 34 | 262 | Diogo José Neves Oliveira      | Individual                             | Senior Masculino | 39:34 | +09:48 | 07:55 |
| 35 | 26  | Nelson Nogueira                | AR Meirinhas                           | Senior Masculino | 39:44 | +09:58 | 07:57 |
| 36 | 27  | Rui Silva                      | AR Meirinhas                           | Senior Masculino | 39:50 | +10:04 | 07:58 |
| 37 | 551 | Flávio Gaspar                  | Sem medo de Gambuzinos                 | Senior Masculino | 39:53 | +10:07 | 07:59 |
| 38 | 275 | Miguel                         | Individual                             | Senior Masculino | 40:06 | +10:19 | 08:01 |
| 39 | 59  | Luís Soares                    | CF Pombal                              | Senior Masculino | 40:16 | +10:30 | 08:03 |
| 40 | 64  | Rui Rua                        | CF Pombal                              | Senior Masculino | 40:19 | +10:33 | 08:04 |
| 41 | 437 | Luis Oliveira                  | Lama Solta                             | Senior Masculino | 40:24 | +10:37 | 08:05 |
| 42 | 433 | Eduardo Rosa Neves             | Lama Solta                             | Senior Masculino | 40:35 | +10:48 | 08:07 |
| 43 | 53  | Renato Alexandre               | Bando dos 3+1                          | Senior Masculino | 40:41 | +10:55 | 08:08 |
| 44 | 504 | Micael Marques                 | Os 100 Método                          | Senior Masculino | 40:48 | +11:02 | 08:10 |
| 45 | 14  | Eduardo Mendes                 | 100 M.                                 | Senior Masculino | 41:01 | +11:14 | 08:12 |
| 46 | 16  | João Carreira                  | 100 M.                                 | Senior Masculino | 41:02 | +11:16 | 08:13 |
| 47 | 429 | Nelson Mendes Costa            | Inter2go                               | Senior Masculino | 41:55 | +12:09 | 08:23 |
| 48 | 286 | Ruben Pires                    | Individual                             | Senior Masculino | 42:01 | +12:15 | 08:24 |
| 49 | 562 | Silviu Stefan                  | Sem sede                               | Senior Masculino | 42:15 | +12:29 | 08:27 |
| 50 | 268 | iuri dos santos pededrosa      | Individual                             | Senior Masculino | 42:38 | +12:52 | 08:32 |
| 51 | 271 | José Júlio Ladeiro de Sá       | Individual                             | Senior Masculino | 42:38 | +12:52 | 08:32 |
| 52 | 79  | Rui Neves                      | CSRFCARNECA                            | Senior Masculino | 42:40 | +12:53 | 08:32 |
| 53 | 44  | Jorge Filipe Correia Resende   | ATBV, Associação Trilhos da Boa Viagem | Senior Masculino | 42:43 | +12:57 | 08:33 |
| 54 | 434 | Filipe Marques                 | Lama Solta                             | Senior Masculino | 42:46 | +13:00 | 08:33 |
| 55 | 15  | Fábio Simões                   | 100 M.                                 | Senior Masculino | 43:17 | +13:30 | 08:39 |
| 56 | 62  | Philippe Miguel                | CF Pombal                              | Senior Masculino | 43:19 | +13:33 | 08:40 |
| 57 | 254 | André Santos Sousa             | Individual                             | Senior Masculino | 43:27 | +13:40 | 08:41 |
| 58 | 23  | Pedro Mendes                   | Ansibikers                             | Senior Masculino | 43:31 | +13:44 | 08:42 |
| 59 | 60  | Mickael Freire                 | CF Pombal                              | Senior Masculino | 43:42 | +13:56 | 08:45 |
| 60 | 493 | Diogo Ribeiro                  | OPTILINK RUNNERS                       | Senior Masculino | 44:06 | +14:19 | 08:49 |
| 61 | 494 | Filipe Mota                    | OPTILINK RUNNERS                       | Senior Masculino | 44:10 | +14:24 | 08:50 |
| 62 | 259 | Cristiano Santos               | Individual                             | Senior Masculino | 44:15 | +14:29 | 08:51 |
| 63 | 283 | Ricardo Tiago Ferreira Marques | Individual                             | Senior Masculino | 44:16 | +14:29 | 08:51 |
| 64 | 285 | Ruben Pedrosa                  | Individual                             | Senior Masculino | 44:39 | +14:52 | 08:56 |
| 65 | 269 | João Costa                     | Individual                             | Senior Masculino | 44:40 | +14:54 | 08:56 |
| 66 | 173 | Tiago Cabecinhas               | Grupo Alegre Unido Bajouca             | Senior Masculino | 44:47 | +15:00 | 08:57 |
| 67 | 578 | Vítor Esteves                  | Soure Mov                              | Senior Masculino | 45:14 | +15:27 | 09:03 |
| 68 | 617 | João Nogueira                  | Vilaventura - Trail Running Team       | Senior Masculino | 45:27 | +15:41 | 09:06 |
| 69 | 7   | Camilo Lopes                   | #aminhamaenaodeixa                     | Senior Masculino | 45:29 | +15:43 | 09:06 |
| 70 | 137 | Micael Cristina                | Fullprotein                            | Senior Masculino | 45:34 | +15:47 | 09:07 |
| 71 | 134 | Alexandre Ferreira             | Fullprotein                            | Senior Masculino | 45:52 | +16:06 | 09:11 |
| 72 | 428 | Gustavo Oliveira               | Inter2go                               | Senior Masculino | 45:56 | +16:09 | 09:11 |
| 73 | 594 | Sergio Ponte                   | Tartarugas Velozes                     | Senior Masculino | 46:05 | +16:18 | 09:13 |
| 74 | 427 | Fábio Gaspar                   | Inter2go                               | Senior Masculino | 46:11 | +16:24 | 09:14 |
| 75 | 593 | Pedro Rodrigues                | Tartarugas Velozes                     | Senior Masculino | 46:19 | +16:32 | 09:16 |
| 76 | 535 | Joel Ponte                     | Ponte Runners                          | Senior Masculino | 46:32 | +16:45 | 09:18 |

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| Official Timekeeper: Lap2Go | 4 / 14 | generate 01-jul-2018 00:57 |
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**Gambuzinos****5 KM**

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**OFFICIAL RESULT**

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|     |     |             |          |                  |          |        |       |
|-----|-----|-------------|----------|------------------|----------|--------|-------|
| 122 | 561 | Nuno Santos | Sem sede | Senior Masculino | 01:23:48 | +54:02 | 16:46 |
|-----|-----|-------------|----------|------------------|----------|--------|-------|

**Sub 20 Feminino**

|    |     |                               |               |                 |          |        |       |
|----|-----|-------------------------------|---------------|-----------------|----------|--------|-------|
| 1  | 289 | ana joão marreiros            | Individual    | Sub 20 Feminino | 41:27    | +11:40 | 08:17 |
| 2  | 291 | Mariana Esteves               | Individual    | Sub 20 Feminino | 45:32    | +15:45 | 09:06 |
| 3  | 80  | Carolina Longo                | CSRFCARNECA   | Sub 20 Feminino | 46:30    | +16:43 | 09:18 |
| 4  | 10  | Mérodie Lopes                 | 10 pés        | Sub 20 Feminino | 50:44    | +20:58 | 10:09 |
| 5  | 38  | Carina Pedrosa                | As ramipédias | Sub 20 Feminino | 52:31    | +22:44 | 10:30 |
| 6  | 39  | Catarina Barros               | As ramipédias | Sub 20 Feminino | 52:36    | +22:49 | 10:31 |
| 7  | 450 | Eva Filipa                    | Lusicoos      | Sub 20 Feminino | 54:21    | +24:34 | 10:52 |
| 8  | 290 | Kessia Ediarda Oliveira Silva | Individual    | Sub 20 Feminino | 01:01:15 | +31:28 | 12:15 |
| 9  | 516 | Margarida dos Santos Pires    | Os ArTTistas  | Sub 20 Feminino | 01:05:12 | +35:25 | 13:02 |
| 10 | 167 | Ana Gonçalves                 | Gonçalves     | Sub 20 Feminino | 01:05:39 | +35:53 | 13:08 |

**Sub 20 Masculino**

|    |     |                                |                                  |                  |       |        |       |
|----|-----|--------------------------------|----------------------------------|------------------|-------|--------|-------|
| 1  | 635 | DANIEL PALOS BARBOSA           | Vermoil                          | Sub 20 Masculino | 34:06 | +04:19 | 06:49 |
| 2  | 294 | Bruno Neves                    | Individual                       | Sub 20 Masculino | 35:04 | +05:17 | 07:01 |
| 3  | 597 | Samuel Amável Lopes dos Santos | Trail do Chicharo da Serra       | Sub 20 Masculino | 37:20 | +07:33 | 07:28 |
| 4  | 536 | Afonso Ponte                   | Ponte Runners                    | Sub 20 Masculino | 37:26 | +07:39 | 07:29 |
| 5  | 482 | Rodrigo Cardoso Simões         | Norte e Soure                    | Sub 20 Masculino | 37:51 | +08:05 | 07:34 |
| 6  | 598 | Saúl Amável Lopes dos Santos   | Trail do Chicharo da Serra       | Sub 20 Masculino | 38:19 | +08:33 | 07:40 |
| 7  | 125 | Hugo carvalho                  | Fruta da 5ª                      | Sub 20 Masculino | 38:54 | +09:08 | 07:47 |
| 8  | 299 | Mário Eusébio                  | Individual                       | Sub 20 Masculino | 39:23 | +09:37 | 07:53 |
| 9  | 298 | Marco Antônio da Silva Pedrosa | Individual                       | Sub 20 Masculino | 39:34 | +09:47 | 07:55 |
| 10 | 618 | Rodrigo Freire                 | Vilaventura - Trail Running Team | Sub 20 Masculino | 41:23 | +11:37 | 08:17 |
| 11 | 292 | Alexandre azenha               | Individual                       | Sub 20 Masculino | 43:27 | +13:40 | 08:41 |
| 12 | 192 | Diogo Miguel Oliveira Palaio   | GRVilaverdense                   | Sub 20 Masculino | 44:11 | +14:24 | 08:50 |
| 13 | 451 | Pedro Mendes                   | Lusicoos                         | Sub 20 Masculino | 44:57 | +15:11 | 09:00 |
| 14 | 293 | Alexandre Santos Nogueira      | Individual                       | Sub 20 Masculino | 45:52 | +16:06 | 09:11 |
| 15 | 40  | Miguel Roma                    | Ass.Desportiva Pedro Roma        | Sub 20 Masculino | 46:51 | +17:05 | 09:22 |
| 16 | 297 | Gonçalo da silva pedrosa       | Individual                       | Sub 20 Masculino | 48:06 | +18:20 | 09:37 |
| 17 | 602 | Ruben Simões                   | UDA / Ponta Branca               | Sub 20 Masculino | 48:26 | +18:39 | 09:41 |
| 18 | 295 | Daniel Correia Batista         | Individual                       | Sub 20 Masculino | 56:08 | +26:22 | 11:14 |

**Veterana F35**

|   |     |                             |                              |              |       |        |       |
|---|-----|-----------------------------|------------------------------|--------------|-------|--------|-------|
| 1 | 335 | Sara Domingues              | Individual                   | Veterana F35 | 41:56 | +12:09 | 08:23 |
| 2 | 200 | Paula Maria Cabete Oliveira | GRVilaverdense               | Veterana F35 | 42:39 | +12:53 | 08:32 |
| 3 | 176 | Rosa Henriques              | Grupo Alegre Unido Bajouca   | Veterana F35 | 42:46 | +12:59 | 08:33 |
| 4 | 120 | Raquel Matias               | Formobike BTT& Trail running | Veterana F35 | 43:09 | +13:23 | 08:38 |
| 5 | 636 | ELSA MARIA LOPES SOARES     | Vermoil                      | Veterana F35 | 43:48 | +14:01 | 08:46 |
| 6 | 582 | Joana Dionísio              | Soure Mov                    | Veterana F35 | 44:23 | +14:37 | 08:53 |

## Gambuzinos

5 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

## OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

|    |     |  |   |              |       |        |       |
|----|-----|--|---|--------------|-------|--------|-------|
| 7  | 581 | Eugénia Batista                        | Soure Mov                                 | Veterana F35 | 44:38 | +14:51 | 08:56 |
| 8  | 580 | Elisabete Carreira                     | Soure Mov                                 | Veterana F35 | 45:43 | +15:57 | 09:09 |
| 9  | 444 | Marisa Bregieiro                       | Lama Solta                                | Veterana F35 | 45:47 | +16:01 | 09:10 |
| 10 | 81  | Virginia Sintra                        | CSRFCHARNECA                              | Veterana F35 | 45:50 | +16:03 | 09:10 |
| 11 | 68  | Rita Mendes                            | CF Pombal                                 | Veterana F35 | 45:55 | +16:09 | 09:11 |
| 12 | 193 | Catarina Sofia de Oliveira Romualdo    | GRVilaverdense                            | Veterana F35 | 46:41 | +16:55 | 09:20 |
| 13 | 196 | Maria Alexandra Pinto da Silva Maia    | GRVilaverdense                            | Veterana F35 | 47:09 | +17:22 | 09:26 |
| 14 | 175 | Anabela Fernandes                      | Grupo Alegre Unido Bajouca                | Veterana F35 | 48:14 | +18:27 | 09:39 |
| 15 | 606 | Sofia                                  | UDA / Ponta Branca                        | Veterana F35 | 48:20 | +18:33 | 09:40 |
| 16 | 533 | Sofia Mota                             | Pombal Jornal                             | Veterana F35 | 48:37 | +18:50 | 09:43 |
| 17 | 534 | Sónia Pereira                          | Pombal Jornal                             | Veterana F35 | 48:44 | +18:57 | 09:45 |
| 18 | 330 | Nélia Antunes                          | Individual                                | Veterana F35 | 49:11 | +19:25 | 09:50 |
| 19 | 214 | Célia Maria Conceição Dias             | HF Treinamento Assessoria Desportiva      | Veterana F35 | 49:28 | +19:41 | 09:54 |
| 20 | 127 | Sandra Matos                           | Fruta da 5ª                               | Veterana F35 | 49:40 | +19:53 | 09:56 |
| 21 | 548 | Marisa Ferreira                        | SCALABIS NIGHT RUNNERS                    | Veterana F35 | 49:41 | +19:54 | 09:56 |
| 22 | 308 | Catarina Alexandra Carvalho dos Santos | Individual                                | Veterana F35 | 49:51 | +20:05 | 09:58 |
| 23 | 331 | Nélia Rodrigues                        | Individual                                | Veterana F35 | 49:55 | +20:08 | 09:59 |
| 24 | 604 | Mafalda Duarte                         | UDA / Ponta Branca                        | Veterana F35 | 50:16 | +20:29 | 10:03 |
| 25 | 600 | Elisabete Baptista                     | TRILHOS DE SICÓ                           | Veterana F35 | 51:09 | +21:23 | 10:14 |
| 26 | 33  | Ana Féteira                            | ARSM - Associação Recreativa de S. Miguel | Veterana F35 | 51:25 | +21:39 | 10:17 |
| 27 | 36  | Sara Filipe                            | ARSM - Associação Recreativa de S. Miguel | Veterana F35 | 51:28 | +21:42 | 10:18 |
| 28 | 532 | Manuela Frias                          | Pombal Jornal                             | Veterana F35 | 51:31 | +21:45 | 10:18 |
| 29 | 35  | Sandra Barata                          | ARSM - Associação Recreativa de S. Miguel | Veterana F35 | 51:32 | +21:45 | 10:18 |
| 30 | 334 | Rosália Maria Gameiro                  | Individual                                | Veterana F35 | 51:45 | +21:59 | 10:21 |
| 31 | 34  | Carla Soares                           | ARSM - Associação Recreativa de S. Miguel | Veterana F35 | 51:48 | +22:02 | 10:22 |
| 32 | 37  | Sónia Gaspar                           | ARSM - Associação Recreativa de S. Miguel | Veterana F35 | 51:53 | +22:06 | 10:23 |
| 33 | 327 | marina gonçaves branco                 | Individual                                | Veterana F35 | 51:54 | +22:08 | 10:23 |
| 34 | 147 | Antónia Fernandes                      | Furafenos Force Team                      | Veterana F35 | 51:55 | +22:09 | 10:23 |
| 35 | 342 | Tânia Sofia Gomes                      | Individual                                | Veterana F35 | 52:05 | +22:19 | 10:25 |
| 36 | 315 | Elisabete Matias Monsanto Santos       | Individual                                | Veterana F35 | 52:26 | +22:39 | 10:29 |
| 37 | 336 | Sílvia Pereira                         | Individual                                | Veterana F35 | 52:55 | +23:08 | 10:35 |
| 38 | 65  | Ausenda Santos                         | CF Pombal                                 | Veterana F35 | 53:09 | +23:23 | 10:38 |
| 39 | 328 | Marina Silva                           | Individual                                | Veterana F35 | 53:20 | +23:33 | 10:40 |
| 40 | 316 | Gabriela Oliveira                      | Individual                                | Veterana F35 | 53:26 | +23:40 | 10:41 |
| 41 | 619 | brigite palhais                        | Vilaventura - Trail Running Team          | Veterana F35 | 53:27 | +23:41 | 10:42 |
| 42 | 603 | Cláudia                                | UDA / Ponta Branca                        | Veterana F35 | 53:41 | +23:54 | 10:44 |
| 43 | 605 | Patrícia                               | UDA / Ponta Branca                        | Veterana F35 | 53:44 | +23:58 | 10:45 |
| 44 | 470 | MANUELA MURTINHO                       | MOVE UP TEAM                              | Veterana F35 | 53:47 | +24:00 | 10:45 |
| 45 | 326 | Marília Teixeira                       | Individual                                | Veterana F35 | 54:06 | +24:19 | 10:49 |
| 46 | 157 | Sonia Lopes                            | Gatoês Btt                                | Veterana F35 | 54:09 | +24:23 | 10:50 |
| 47 | 126 | Laudelina Teixeira                     | Fruta da 5ª                               | Veterana F35 | 54:17 | +24:30 | 10:51 |
| 48 | 102 | Sofia Fernando                         | Equipa Farmácia Torres                    | Veterana F35 | 54:23 | +24:37 | 10:53 |

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| Official Timekeeper: Lap2Go | 7 / 14 | generate 01-jul-2018 00:57 |
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**Gambuzinos**

**5 KM**

**OFFICIAL RESULT**

|    |     |   |  |              |          |        |       |
|----|-----|---|--|--------------|----------|--------|-------|
| 49 | 128 | Sofia Lourenço                          | Fruta da 5ª                            | Veterana F35 | 54:27    | +24:40 | 10:53 |
| 50 | 579 | Anabela Contente                        | Soure Mov                              | Veterana F35 | 54:54    | +25:08 | 10:59 |
| 51 | 621 | Liliana Silva                           | Vilaventura - Trail Running Team       | Veterana F35 | 55:07    | +25:20 | 11:01 |
| 52 | 540 | Cidália Silva                           | QualquerCoisa                          | Veterana F35 | 55:12    | +25:26 | 11:03 |
| 53 | 541 | Patrícia Rosa                           | QualquerCoisa                          | Veterana F35 | 55:28    | +25:41 | 11:06 |
| 54 | 620 | Cândida Bonifacio                       | Vilaventura - Trail Running Team       | Veterana F35 | 55:48    | +26:02 | 11:10 |
| 55 | 73  | Clara Ferreira                          | CMG                                    | Veterana F35 | 55:56    | +26:10 | 11:11 |
| 56 | 627 | Nélia Cristina Leal da Ponte            | Individual                             | Veterana F35 | 56:57    | +27:11 | 11:24 |
| 57 | 149 | Ana Roma                                | Gambuscos 2018                         | Veterana F35 | 57:25    | +27:39 | 11:29 |
| 58 | 150 | Estefânia Francisco Ramos Pires         | Gambuscos 2018                         | Veterana F35 | 57:26    | +27:40 | 11:29 |
| 59 | 453 | Gilvânia Gaspar                         | Lusicoos                               | Veterana F35 | 57:39    | +27:53 | 11:32 |
| 60 | 198 | Maria de Fátima Silva Teixeira Alemão   | GRVilaverdense                         | Veterana F35 | 57:43    | +27:57 | 11:33 |
| 61 | 199 | Maria Fátima Rocha Oliveira             | GRVilaverdense                         | Veterana F35 | 57:58    | +28:12 | 11:36 |
| 62 | 338 | Sónia Alexandra Veríssimo Marques       | Individual                             | Veterana F35 | 58:24    | +28:38 | 11:41 |
| 63 | 339 | Sonia Cristina Santos                   | Individual                             | Veterana F35 | 58:58    | +29:12 | 11:48 |
| 64 | 66  | Patricia Campos Besteiro                | CF Pombal                              | Veterana F35 | 59:46    | +29:59 | 11:57 |
| 65 | 197 | Maria de Fátima Silva Cabeço            | GRVilaverdense                         | Veterana F35 | 59:48    | +30:02 | 11:58 |
| 66 | 329 | Micaela Franja                          | Individual                             | Veterana F35 | 59:55    | +30:08 | 11:59 |
| 67 | 139 | Carla Domingues                         | Fullprotein                            | Veterana F35 | 01:00:01 | +30:14 | 12:00 |
| 68 | 165 | Susana Pereira                          | GDI - a melhor equipa que há porí      | Veterana F35 | 01:00:02 | +30:16 | 12:00 |
| 69 | 452 | Elisabete Pereira                       | Lusicoos                               | Veterana F35 | 01:00:04 | +30:17 | 12:01 |
| 70 | 99  | Elisabete Pereira                       | Equipa Farmácia Torres                 | Veterana F35 | 01:00:13 | +30:27 | 12:03 |
| 71 | 72  | Célia Gonçalves                         | CMG                                    | Veterana F35 | 01:00:14 | +30:28 | 12:03 |
| 72 | 311 | Dalia Santos                            | Individual                             | Veterana F35 | 01:00:26 | +30:40 | 12:05 |
| 73 | 67  | Patrícia Jordão                         | CF Pombal                              | Veterana F35 | 01:00:32 | +30:46 | 12:07 |
| 74 | 312 | Dina Silva                              | Individual                             | Veterana F35 | 01:00:52 | +31:06 | 12:11 |
| 75 | 301 | adriana aparecida do nascimento         | Individual                             | Veterana F35 | 01:01:37 | +31:51 | 12:19 |
| 76 | 573 | Ana Gameiro                             | Skylamas                               | Veterana F35 | 01:01:47 | +32:00 | 12:21 |
| 77 | 302 | Ana Cristina Jorge Nogueira             | Individual                             | Veterana F35 | 01:03:21 | +33:34 | 12:40 |
| 78 | 194 | Fernanda Margarida Lemos Freitas        | GRVilaverdense                         | Veterana F35 | 01:03:26 | +33:39 | 12:41 |
| 79 | 306 | Andrea Marina Silva Filipe              | Individual                             | Veterana F35 | 01:03:53 | +34:06 | 12:47 |
| 80 | 46  | Gisela Margarida Alves Jorge            | ATBV, Associação Trilhos da Boa Viagem | Veterana F35 | 01:04:26 | +34:39 | 12:53 |
| 81 | 47  | Natália Alexandra Fernandes Craveiro    | ATBV, Associação Trilhos da Boa Viagem | Veterana F35 | 01:04:30 | +34:44 | 12:54 |
| 82 | 344 | VIRGÍNIA GABRIEL                        | Individual                             | Veterana F35 | 01:04:37 | +34:50 | 12:55 |
| 83 | 318 | Hélia Regia Moreira                     | Individual                             | Veterana F35 | 01:04:38 | +34:52 | 12:56 |
| 84 | 479 | Ana Braga Cruz                          | Never Run Alone                        | Veterana F35 | 01:04:39 | +34:53 | 12:56 |
| 85 | 324 | MARIA CONCEIÇÃO TORRES PINHEIRO CARDOSO | Individual                             | Veterana F35 | 01:04:42 | +34:56 | 12:57 |
| 86 | 101 | Maria Torres Corria                     | Equipa Farmácia Torres                 | Veterana F35 | 01:05:08 | +35:22 | 13:02 |
| 87 | 304 | Ana Rita Moreira Jacinto                | Individual                             | Veterana F35 | 01:05:23 | +35:36 | 13:05 |
| 88 | 100 | Isabel Ribeiro                          | Equipa Farmácia Torres                 | Veterana F35 | 01:06:12 | +36:26 | 13:15 |
| 89 | 314 | Elisa Maria Martins                     | Individual                             | Veterana F35 | 01:08:19 | +38:32 | 13:40 |
| 90 | 110 | Carla Sofia Oliveira Santos             | Follow Me                              | Veterana F35 | 01:08:21 | +38:35 | 13:40 |
| 91 | 337 | SOFIA PORTELA                           | Individual                             | Veterana F35 | 01:08:32 | +38:46 | 13:43 |
| 92 | 458 | Tânia Gaspar                            | Lusicoos                               | Veterana F35 | 01:08:35 | +38:48 | 13:43 |











**Gambuzinos**

**5 KM**

**OFFICIAL RESULT**

|     |     |                                     |  |              |       |        |       |
|-----|-----|-------------------------------------|--|--------------|-------|--------|-------|
| 106 | 28  | Énio Mota                           | AR Meirinhas                           | Veterano M35 | 46:39 | +16:52 | 09:20 |
| 107 | 41  | Pedro Roma                          | Ass.Desportiva Pedro Roma              | Veterano M35 | 46:47 | +17:01 | 09:21 |
| 108 | 91  | MARCO PASCOAL                       | DREAM TEAM                             | Veterano M35 | 47:05 | +17:18 | 09:25 |
| 109 | 406 | Pedro pimpao                        | Individual                             | Veterano M35 | 47:15 | +17:28 | 09:27 |
| 110 | 584 | ANTÓNIO NEVES                       | Soure Mov                              | Veterano M35 | 47:18 | +17:32 | 09:28 |
| 111 | 29  | Eurico Ponte                        | AR Meirinhas                           | Veterano M35 | 47:19 | +17:33 | 09:28 |
| 112 | 568 | Bruno Adão                          | Sem sede                               | Veterano M35 | 47:26 | +17:39 | 09:29 |
| 113 | 206 | João Miguel Oliveira Namora         | GRVilaverdense                         | Veterano M35 | 47:41 | +17:55 | 09:32 |
| 114 | 574 | Filipe Gameiro                      | Skylamas                               | Veterano M35 | 47:42 | +17:56 | 09:33 |
| 115 | 390 | Luís Miguel Martinho Campos         | Individual                             | Veterano M35 | 47:47 | +18:01 | 09:34 |
| 116 | 383 | José Carlos Mendes Gaspar           | Individual                             | Veterano M35 | 47:53 | +18:07 | 09:35 |
| 117 | 370 | Hugo Miguel Oliveira Carvalho       | Individual                             | Veterano M35 | 47:55 | +18:09 | 09:35 |
| 118 | 404 | Pedro Marques                       | Individual                             | Veterano M35 | 48:19 | +18:32 | 09:40 |
| 119 | 87  | Pascoal Oliveira                    | CSRFCHARNECA                           | Veterano M35 | 48:29 | +18:42 | 09:42 |
| 120 | 553 | Bruno Cordeiro                      | Sem medo de Gambuzinos                 | Veterano M35 | 48:31 | +18:44 | 09:42 |
| 121 | 544 | André Filipe Marques Gomes          | Ratatui Team                           | Veterano M35 | 48:35 | +18:48 | 09:43 |
| 122 | 388 | Leonel Jorge G. Martins             | Individual                             | Veterano M35 | 48:40 | +18:53 | 09:44 |
| 123 | 399 | Nuno Paiva                          | Individual                             | Veterano M35 | 48:44 | +18:57 | 09:45 |
| 124 | 75  | Francisco R. Oliveira               | Cremalheiras Rolantes                  | Veterano M35 | 48:48 | +19:01 | 09:46 |
| 125 | 215 | Bruno Miguel Fernandes Pinto        | HF Treinamento Assessoria Desportiva   | Veterano M35 | 49:22 | +19:36 | 09:53 |
| 126 | 413 | Sérgio Pereira Joaquim              | Individual                             | Veterano M35 | 49:24 | +19:38 | 09:53 |
| 127 | 477 | RUI NUNES                           | MOVE UP TEAM                           | Veterano M35 | 49:25 | +19:39 | 09:53 |
| 128 | 376 | Jhoneshaver Merçon                  | Individual                             | Veterano M35 | 49:28 | +19:41 | 09:54 |
| 129 | 158 | Filipe Rodrigues                    | Gatoês Btt                             | Veterano M35 | 49:48 | +20:01 | 09:58 |
| 130 | 145 | Pedro Gonçalves                     | Fullprotein                            | Veterano M35 | 50:00 | +20:14 | 10:00 |
| 131 | 55  | Fernando Silva José                 | Bucha e estica                         | Veterano M35 | 50:06 | +20:19 | 10:01 |
| 132 | 607 | Alexandre Vaqueiro                  | UDA / Ponta Branca                     | Veterano M35 | 50:23 | +20:37 | 10:05 |
| 133 | 408 | Ricardo Alexandre Silva             | Individual                             | Veterano M35 | 50:26 | +20:40 | 10:05 |
| 134 | 378 | João Grade                          | Individual                             | Veterano M35 | 50:34 | +20:47 | 10:07 |
| 135 | 379 | João Paulo Pereira                  | Individual                             | Veterano M35 | 50:37 | +20:51 | 10:08 |
| 136 | 623 | Pedro Freire                        | Vilaventura - Trail Running Team       | Veterano M35 | 50:42 | +20:56 | 10:09 |
| 137 | 585 | António Seródio                     | Soure Mov                              | Veterano M35 | 50:46 | +20:59 | 10:09 |
| 138 | 48  | Filipe Alexandre Cavaleiro Monteiro | ATBV, Associação Trilhos da Boa Viagem | Veterano M35 | 51:15 | +21:28 | 10:15 |
| 139 | 144 | Nelson Cordeiro                     | Fullprotein                            | Veterano M35 | 51:41 | +21:54 | 10:20 |
| 140 | 103 | Joaquim Silva                       | Equipa Farmácia Torres                 | Veterano M35 | 51:51 | +22:05 | 10:22 |
| 141 | 601 | Ilídio Cordeiro                     | TRILHOS DE SICÓ                        | Veterano M35 | 51:54 | +22:08 | 10:23 |
| 142 | 352 | Bruno Henriques Monsanto dos Santos | Individual                             | Veterano M35 | 51:57 | +22:11 | 10:24 |
| 143 | 82  | Arlindo Oliveira                    | CSRFCHARNECA                           | Veterano M35 | 52:02 | +22:15 | 10:24 |
| 144 | 522 | Luis Filipe Rama Terreno            | Os Pirilampus                          | Veterano M35 | 52:07 | +22:20 | 10:25 |
| 145 | 412 | rui pedro antunes sebastião         | Individual                             | Veterano M35 | 52:14 | +22:27 | 10:27 |
| 146 | 141 | Helder Carrasqueira                 | Fullprotein                            | Veterano M35 | 52:22 | +22:36 | 10:29 |
| 147 | 350 | Bruno Ferreira                      | Individual                             | Veterano M35 | 53:15 | +23:29 | 10:39 |
| 148 | 528 | José Santos                         | out 2 run/Miro                         | Veterano M35 | 53:25 | +23:39 | 10:41 |
| 149 | 543 | Nuno Rito                           | QualquerCoisa                          | Veterano M35 | 53:33 | +23:46 | 10:43 |
| 150 | 130 | Luis Teixeira                       | Fruta da 5ª                            | Veterano M35 | 53:59 | +24:13 | 10:48 |



**Gambuzinos**

**5 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

**OFFICIAL RESULT**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

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| Official Timekeeper: Lap2Go | 14 / 14 | generate 01-jul-2018 00:57 |
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