

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1	RUI PINTO	17587	M	SenM	30:28:00	30:28:00	Sport Lisboa e Benfica ELITE
2	ANDRÉ PEREIRA	15987	M	SenM	30:37:00	30:37:00	Sport Lisboa e Benfica ELITE
3	RICARDO RIBAS	15976	M	Vet1M	31:02:00	31:01:00	Sport Lisboa e Benfica ELITE
4	HERMANO FERREIRA	17588	M	Vet1M	31:19:00	31:18:00	Sport Lisboa e Benfica ELITE
5	DAVIDE SILVA	14504	M	SenM	31:40:00	31:39:00	Clube Campismo São João da Madeira
6	LUÍS BORGES	15977	M	SenM	32:47:00	32:47:00	Sport Lisboa e Benfica ELITE
7	HUGO GANCHAS	15982	M	SenM	32:47:00	32:47:00	Sport Lisboa e Benfica ELITE
8	MIGUEL MASCARENHAS	15979	M	SenM	33:02:00	33:02:00	Sport Lisboa e Benfica ELITE
9	JOSÉ MIGUEL NEVES	15775	M	SenM	33:20:00	33:19:00	Escola de Atletismo de Coimbra
10	ANTÓNIO ALMEIDA	16072	M	SenM	33:22:00	33:21:00	CASA DO BENFICA EM ABRANTES
11	FABIO REIS	15917	M	SenM	33:41:00	33:41:00	Casa Benfica Faro
12	PAULO SOARES	15326	M	Vet1M	33:42:00	33:41:00	CDASJ
13	HÉLDER LOPES GROSSO	14950	M	SenM	34:06:00	34:05:00	U.F. Comércio e Indústria
14	DIOGO BAENA	14703	M	SenM	34:23:00	34:21:00	U.F. Comércio e Indústria Atletismo
15	HENRIQUE COSTA	14380	M	SenM	34:24:00	34:21:00	Cyclones atlético club
16	ROBERTO REIGADO	15327	M	SenM	34:25:00	34:25:00	CDASJ
17	JORGE CRUZ	14493	M	Vet3M	34:33:00	34:32:00	Casa Benfica Torres Vedras
18	PEDRO NOGUEIRA	17934	M	SenM	34:33:00	34:32:00	Boxe SLB
19	FERNANDO LIMA	13855	M	Vet1M	34:41:00	34:41:00	NAC
20	ÉLVIO SILVA	13496	M	SenM	34:52:00	34:51:00	
21	FELISBERTO REIGADO	15329	M	Vet2M	35:01:00	35:01:00	CDASJ
22	JOÃO FERNANDES	16041	M	SenM	35:05:00	35:05:00	Casa do Benfica em Faro
23	EDGAR MATIAS	12013	M	SenM	35:09:00	35:07:00	GDC PORTOS DE SINES E DO ALGARVE
24	LUIS SALGADO	13969	M	Vet1M	35:09:00	35:06:00	
25	ANGELO ARAUJO	14506	M	Vet1M	35:11:00	35:10:00	Clube Campismo São João da Madeira
26	IGOR CASTRO	15164	M	SenM	35:14:00	35:12:00	Escola de Atletismo de Coimbra / JPaiva
27	ROMEU GOMES	14503	M	SenM	35:32:00	35:31:00	Clube Campismo São João da Madeira
28	JOAO PEREIRA	13811	M	Vet4M	35:49:00	35:48:00	Afis/Ovar
29	SANDRO NOGUEIRA	14505	M	JunM	35:49:00	35:48:00	Clube Campismo São João da Madeira
30	NUNO SILVA	17855	M	SenM	36:02:00	36:02:00	
31	JOÃO VALENTE	15978	M	SenM	36:03:00	36:02:00	Sport Lisboa e Benfica ELITE
32	MIGUEL ÂNGELO HONÓRIO SILVA	12624	M	SenM	36:07:00	36:03:00	Runners do Lago
33	NUNO GAMBOA	12179	M	SenM	36:14:00	36:12:00	Casa do Benfica em Castelo Branco
34	RUI PARROCHINHA	14358	M	Vet1M	36:18:00	36:15:00	Clube Desportivo Ribereense
35	SÉRGIO PAIVA	13809	M	SenM	36:19:00	36:19:00	Afis/Ovar
36	MARCO COSTA	12241	M	SenM	36:24:00	36:24:00	
37	FERNANDO OLIVEIRA	13839	M	SenM	36:25:00	36:24:00	
38	CARLOS CORREIA	14495	M	Vet1M	36:27:00	36:27:00	Casa Benfica Torres Vedras
39	VICTOR FERREIRA	14192	M	SenM	36:45:00	36:43:00	Sem equipe
40	PEDRO FERNANDES	12315	M	SenM	36:52:00	36:51:00	Casa do Benfica de Reguengos de Monsaraz
41	JOSÉ FELÍCIO	15653	M	SenM	36:54:00	36:53:00	
42	FLÁVIO PINTADO	12177	M	SenM	36:55:00	36:52:00	Casa do Benfica em Castelo Branco
43	VIRGILIO GOMES	14829	M	Vet2M	36:58:00	36:54:00	U.F. Comércio e Indústria Atletismo
44	PAULO GARCIA	16065	M	Vet2M	36:59:00	36:57:00	Os Galgos

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
45	SILVANA DIAS	15988	F	SenF	37:09:00	37:09:00	Sport Lisboa e Benfica ELITE
46	JOÃO INOCÊNCIO	13598	M	Vet2M	37:11:00	37:09:00	Ingleses Futebol Clube
47	CARLOS CERQUEIRA	13786	M	Vet1M	37:16:00	37:14:00	Casa Benfica Seixal
48	NUNO FILIPE CHAINHO	14371	M	SenM	37:17:00	37:14:00	Os Kotas
49	CARLOS RUXA	10314	M	SenM	37:19:00	37:17:00	NAZABOBODA
50	PETER GABRIEL ROMÃO	10127	M	SenM	37:21:00	37:17:00	peniche a correr
51	DAVID LOPES	12469	M	SenM	37:26:00	37:24:00	RUNNERS GRAFANIL
52	JOÃO CORDEIRO	14372	M	SenM	37:28:00	37:24:00	
53	TIAGO CASTELA	16405	M	SenM	37:33:00	37:31:00	Hospital da Luz
54	DIOGO SILVA	11215	M	SenM	37:34:00	37:31:00	
55	JOAO DOMINGOS	11555	M	Vet1M	37:37:00	37:35:00	miúdos e graúdos
56	BRUNO LOUREIRO	12651	M	SenM	37:38:00	37:37:00	
57	PEDRO FERNANDES	10386	M	SenM	37:39:00	37:35:00	Correr Lisboa
58	FLÁVIO SANTOS	10238	M	SenM	37:40:00	37:37:00	Federação da Família para a Paz Mundial e Unificação
59	EMANUEL CANDEIAS DIOGO	13975	M	SenM	37:40:00	37:37:00	
60	RICARDO SIMÕES	11558	M	Vet3M	37:43:00	37:41:00	Alvitejo Santarém
61	CARLOS FERREIRA	13856	M	Vet1M	37:46:00	37:35:00	NAC
62	CLAUDIO DIAS	14491	M	Vet1M	37:47:00	37:46:00	Casa Benfica Torres Vedras
63	JOSÉ BANHA	15689	M	SenM	37:49:00	37:47:00	CASA DO BENFICA DE REGUENGOS DE MONSARAZ
64	JOÃO CORREIA	10718	M	Vet4M	37:53:00	37:52:00	CATA-Clube Atletismo de Amora
65	BRUNO ALBUQUERQUE	10051	M	SenM	37:56:00	37:54:00	La Côte Runners
66	FILIPE CANARIO	15328	M	Vet1M	37:57:00	37:57:00	CDASJ
67	FILIPE CORREIA	13383	M	SenM	38:04:00	38:01:00	G.D.R. São Francisco da Serra
68	RUI HENRIQUES	11979	M	SenM	38:06:00	38:04:00	Serviços Sociais Montepio
69	JOSÉ JÚLIO DE BRITO	15399	M	Vet1M	38:07:00	38:06:00	Peregrino Algarvio Team
70	TIAGO TOMÁS	17867	M	SenM	38:08:00	38:05:00	CCRD Burinhosa
71	CARLOS CAETANO	10408	M	Vet1M	38:09:00	38:07:00	
72	GONÇAO CALDEIRA	12995	M	SenM	38:09:00	38:08:00	
73	VASCO LOURENÇO	14144	M	JunM	38:10:00	38:06:00	
74	MIGUEL RUIVO	13789	M	SenM	38:14:00	38:12:00	Casa Benfica Seixal
75	CARLOS TEIXEIRA	13846	M	SenM	38:15:00	38:13:00	
76	CARLOS MENDES	14007	M	Vet4M	38:16:00	38:16:00	Clube Ferroviário de Portugal
77	TIAGO REIS	12323	M	SenM	38:16:00	38:16:00	Casa do Benfica de Reguengos de Monsaraz
78	MIGUEL RIBEIRO	14076	M	SenM	38:19:00	38:15:00	ZONA ALTA TRAIL
79	JOÃO SILVA	14845	M	SenM	38:24:00	38:23:00	U. F. Comércio e Indústria Atletismo
80	BRUNO TAVEIRA	17922	M	SenM	38:25:00	38:23:00	Urbanos
81	NUNO GONÇALO LUIS SANTOS	10173	M	SenM	38:29:00	38:27:00	Chitas de Alcobaça
82	LUIZ MOTA	16653	M	Vet2M	38:29:00	38:28:00	Colaboradores SLB
83	JOSÉ FACHADAS	11905	M	Vet2M	38:31:00	38:28:00	
84	PEDRO NEVES	11279	M	SenM	38:37:00	38:32:00	Clube Novo Banco
85	TIAGUITO FONSECA	14564	M	SenM	38:37:00	38:32:00	
86	AMÂNDIO CARAPINHA	14351	M	Vet2M	38:37:00	38:35:00	Clube Desportivo Ribeiense
87	SEVERINO SANTOS	10599	M	Vet5M	38:38:00	36:10:00	G.D.GRANJA-TRUTAS DO MAU--CASTRO DAIRE
88	AMBRÓSIO PEREIRA	10510	M	Vet1M	38:38:00	38:34:00	União atlético povoensse

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
89	PAULO SEQUEIRA	11922	M	SenM	38:38:00	38:36:00	Amigos dos Lobos
90	JOÃO BAIOA	12324	M	JunM	38:38:00	38:37:00	Casa do Benfica de Reguengos de Monsaraz
91	ANTÓNIO GOMES	12495	M	SenM	38:39:00	38:37:00	Casa do Benfica em Castelo Branco
92	FÁBIO FERREIRA	14499	M	SenM	38:40:00	38:35:00	Casa Benfica Torres Vedras
93	MARCELO GRAÇA	14802	M	SenM	38:41:00	38:39:00	U.F. Comércio e Indústria Atletismo
94	JORGE LUZ	13858	M	Vet3M	38:45:00	38:43:00	
95	ANTÓNIO FIGUEIREDO	15535	M	SenM	38:50:00	38:47:00	Os Galgos
96	JORGE VARELA	15330	M	SenM	38:50:00	38:01:00	CDASJ
97	PEDRO SERRA	11946	M	SenM	38:51:00	38:47:00	Tartarugas Solidárias
98	MIGUEL SOBRAL	13974	M	SenM	38:55:00	38:52:00	
99	JOÃO SIMÕES	16617	M	Vet2M	38:59:00	38:55:00	Colaboradores SLB
100	ANDRÉ SANTOS	13828	M	SenM	39:00:00	38:49:00	
101	LUÍS MONTEIRO	14249	M	Vet2M	39:03:00	38:58:00	Casa do Benfica em Algueirão Mem Martins-Sintra
102	JOAO BRAZ	11828	M	Vet3M	39:08:00	39:05:00	clube atletismo odimarq
103	FÁBIO FALÉ	14470	M	SenM	39:09:00	38:58:00	
104	FERNANDO BRAZ	17967	M	Vet2M	39:13:00	39:13:00	
105	DUARTE COSTA	11872	M	SenM	39:19:00	39:15:00	Correr Lisboa
106	JOÃO CARRILHO	11103	M	SenM	39:19:00	39:17:00	G.D.C.T. REPSOL POLÍMEROS
107	TIAGO CONDE	12770	M	SenM	39:21:00	39:05:00	Futebolês e Benfica da Nazaré
108	FRANCISCO SANTOS	17827	M	Vet2M	39:21:00	39:18:00	
109	EDUARDO PENA	11379	M	Vet3M	39:27:00	39:23:00	Keep Running
110	MARGARIDA RAIMUNDO	15994	F	JunF	39:28:00	39:28:00	Sport Lisboa e Benfica ELITE
111	LUIS ROQUE	10758	M	SenM	39:30:00	39:29:00	
112	JOÃO BARBOSA	15676	M	Vet2M	39:32:00	39:30:00	S. C. Espinho/Atletismo António Leitão
113	ANTÓNIO VIEIRA	13826	M	Vet5M	39:35:00	39:34:00	Afis/Ovar
114	PEDRO SARAMAGO	15525	M	Vet2M	39:36:00	39:26:00	Afis/Ovar
115	ALEXANDRE ANDRADE	12426	M	Vet1M	39:39:00	39:36:00	BOTA LAMBRA
116	JOSÉ PEIXOTO	15048	M	Vet3M	39:39:00	39:37:00	
117	RICARDO LANCEIRO	10352	M	Vet1M	39:39:00	39:35:00	NucleOeiras
118	JOSÉ SOBRAL	15552	M	Vet3M	39:40:00	39:36:00	CATEDRAL DA CERVEJA
119	JORGE ABREU	14701	M	SenM	39:41:00	39:37:00	
120	CARLOS GOMES	11803	M	Vet4M	39:43:00	39:40:00	Clube EDP Lisboa
121	JACINTO CORREIA	15960	M	Vet3M	39:43:00	39:41:00	Maratona de Vila Chã
122	PEDRO SÉRGIO	12348	M	Vet3M	39:46:00	39:43:00	CCD CRÉDITO AGRÍCOLA MÚTUO
123	TIAGO ALVES	13031	M	SenM	39:46:00	39:37:00	
124	TITO PEREIRA	13384	M	SenM	39:48:00	39:43:00	G.D.R. São Francisco da Serra
125	NUNO DIAS	10146	M	Vet1M	39:48:00	39:38:00	
126	NUNO JERÓNIMO	10449	M	Vet1M	39:49:00	39:49:00	
127	JOANA RAMALHO	13268	F	SenF	39:52:00	39:48:00	
128	VITOR MANUEL MARTINS	11782	M	Vet2M	39:52:00	39:50:00	CLUBE COLABORADORES AGEAS
129	RUBEN CANTANTE	14990	M	SenM	39:55:00	39:51:00	UC Eirense
130	NUNO NAIA	14459	M	Vet1M	39:55:00	39:51:00	
131	BRUNO AMARO	11159	M	SenM	40:03:00	39:57:00	Run for Friends
132	ANTÓNIO MANUEL VALADAS	11940	M	Vet3M	40:03:00	39:59:00	Estrela FC

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
133	CARLOS PARREIRA	13691	M	SenM	40:04:00	39:53:00	CDC do Casal do Marco
134	MIGUEL SILVA	16090	M	SenM	40:04:00	39:58:00	Os Zatopeques
135	JOSÉ AREDE	11807	M	Vet2M	40:05:00	40:01:00	Clube EDP Lisboa
136	JOÃO ROCHA	16624	M	SenM	40:05:00	40:03:00	Colaboradores SLB
137	TELMO SIMÕES	11733	M	SenM	40:05:00	39:59:00	
138	JOAO SILVA	17901	M	SenM	40:07:00	40:01:00	Casa da Dízima
139	TIAGO LOPES	14139	M	SenM	40:07:00	40:02:00	
140	JOÃO PROTÁSIO	16754	M	JunM	40:08:00	40:05:00	PACERS
141	JOÃO RODRIGUES	12220	M	Vet1M	40:10:00	40:08:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
142	CARLOS TAVARES	15542	M	SenM	40:13:00	40:10:00	Os Galgos
143	NUNO ALMEIDA	10034	M	SenM	40:18:00	40:14:00	Anselminhos
144	JOSÉ MARQUES	14986	M	Vet3M	40:19:00	40:15:00	
145	ARTUR CARVALHO	15541	M	Vet2M	40:23:00	40:21:00	Os Galgos
146	FILIPA MOUTINHO	16071	F	SenF	40:24:00	40:23:00	CASA DO BENFICA EM ABRANTES
147	JORGE AMARAL	13972	M	Vet2M	40:28:00	40:24:00	Aminhacorrída/Myprotein
148	PAULO VIEIRA	15038	M	Vet3M	40:29:00	40:24:00	
149	JOSÉ MANUEL GOMES	11674	M	Vet4M	40:33:00	40:30:00	
150	MIGUEL BARBA	10082	M	SenM	40:33:00	40:30:00	Peniche a Correr
151	MARCO CAPELA	11951	M	SenM	40:35:00	40:34:00	
152	JOÃO RAMALHO	14474	M	SenM	40:37:00	40:37:00	
153	TELMO NOGUEIRA	16274	M	SenM	40:41:00	40:32:00	
154	HUGO LUZ	13086	M	Vet1M	40:42:00	40:39:00	
155	PEDRO FARTO	12199	M	SenM	40:43:00	40:39:00	Alcatraz Peniche Runners
156	CATARINA BAGULHO	14278	F	SenF	40:45:00	40:45:00	Corinthia Team
157	FILIPE PATRICIO	13463	M	SenM	40:46:00	40:39:00	Somos Disto
158	PAULO CÉSAR SILVA	10632	M	Vet1M	40:49:00	40:47:00	Individual
159	IVO SANTOS	11767	M	Vet1M	40:50:00	40:48:00	CLUBE COLABORADORES AGEAS
160	LUIS PEREIRA	14468	M	Vet3M	40:51:00	40:47:00	Gfd
161	MANUEL FERRAZ	15331	M	Vet1M	40:52:00	40:39:00	CDASJ
162	EURICO LOPES	10788	M	Vet1M	40:53:00	40:51:00	AzarujaBTT
163	LUÍS VIEIRA	15052	M	Vet2M	40:54:00	40:50:00	
164	RUI TEIXEIRA	10712	M	Vet1M	40:55:00	40:55:00	
165	SANDRO SILVA	12681	M	SenM	40:55:00	39:39:00	
166	SÉRGIO ALVES	13760	M	SenM	40:55:00	40:35:00	Run for Friends
167	JOÃO TOMÁS	10025	M	SenM	40:56:00	40:39:00	URDJuncalense
168	VÍTOR SANTOS	12145	M	Vet1M	40:56:00	40:54:00	C.F. "Os Belenenses"
169	VITOR RIBEIRO	10366	M	Vet4M	40:57:00	40:52:00	gac
170	JOÃO PASTOR	11255	M	Vet2M	40:58:00	40:55:00	Amigos do Atletismo de Mafra
171	JESUALDO CLARO	12321	M	SenM	40:59:00	40:54:00	Casa do Benfica de Reguengos de Monsaraz
172	JOÃO AFONSO	10511	M	Vet4M	41:00:00	40:56:00	União atlético povoensse
173	DIOGO JACINTO	14498	M	SenM	41:08:00	41:02:00	Casa Benfica Torres Vedras
174	CAMILO TARMAHOMED	15296	M	Vet2M	41:10:00	41:09:00	Prosegur
175	JOÃO ASCENSO	11752	M	Vet2M	41:11:00	40:48:00	Casa do Benfica da Figueira da Foz
176	LUÍS NEVES	16287	M	SenM	41:12:00	41:10:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
177	ANTONIO MALHÃO	12223	M	Vet2M	41:12:00	41:10:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
178	GONÇALO FERREIRA	12335	M	SenM	41:15:00	41:12:00	CCD CRÉDITO AGRÍCOLA MÚTUO
179	PATRÍCIA REBELO	16692	F	SenF	41:18:00	41:04:00	Colaboradores SLB
180	MÁRIO LOURENÇO	15379	M	Vet3M	41:18:00	41:14:00	
181	JOSÉ ADELINO	11928	M	Vet4M	41:19:00	41:17:00	Clube do Pessoal Aguas Gaia
182	DIOGO VIANA	10662	M	SenM	41:19:00	41:05:00	
183	FÁBIO RAMOS	12777	M	JunM	41:19:00	40:58:00	CATA-Clube de Atletismo de Amora
184	ALEXANDRE LUCAS	11386	M	SenM	41:21:00	41:17:00	Caracóis de Pedra
185	SOLANGE FERNANDES	16744	F	SenF	41:23:00	40:57:00	Colaboradores SLB
186	PAULO HENRIQUES	15658	M	Vet1M	41:23:00	41:21:00	
187	LUIS ANICETO	15101	M	Vet4M	41:26:00	41:13:00	SINGARUNNERS
188	LUIS CAUTELA	14121	M	Vet4M	41:27:00	41:24:00	Marretas
189	EDUARDO GONÇALVES	12509	M	SenM	41:29:00	41:24:00	Run for Friends
190	JOSÉ CANILHAS	16638	M	Vet3M	41:29:00	41:19:00	Colaboradores SLB
191	CLAUDIO MIRA	13987	M	Vet3M	41:30:00	40:16:00	Grupo Amigos do Atletismo de Vila Franca de Xira
192	JOÃO CRUZ	12785	M	SenM	41:32:00	41:13:00	ATeam
193	IVO MIGUEL NUNES	10888	M	Vet1M	41:32:00	41:12:00	SCA/RUN Alcáçovas - Casa Benfica#249
194	ARMANDO DIAS	15537	M	Vet3M	41:33:00	41:31:00	Os Galgos
195	MIGUEL GINETO	14354	M	Vet1M	41:33:00	41:30:00	Clube Desportivo Ribereense
196	LUÍS FERREIRA	16648	M	SenM	41:34:00	41:27:00	Colaboradores SLB
197	EURICO PATROCÍNIO	12551	M	SenM	41:37:00	41:34:00	Os Galgos
198	TELMO MATOS	13185	M	SenM	41:37:00	41:26:00	SERVIÇOS SOCIAIS RSB/JACINTO
199	ILIDIO OLIVEIRA	16109	M	Vet4M	41:39:00	41:19:00	Astromil
200	MIGUEL SOUSA	11293	M	Vet2M	41:39:00	41:29:00	Clube Novo Banco
201	JOSE SILVA ORLANDO	11853	M	Vet2M	41:39:00	41:34:00	
202	FÁBIO MACHADO	11095	M	SenM	41:41:00	41:39:00	
203	ÂNGELO INFANTE	12319	M	SenM	41:41:00	41:18:00	Casa do Benfica de Reguengos de Monsaraz
204	JOSE LUIS PEREIRA	17978	M	Vet1M	41:42:00	41:42:00	A2el publicidade
205	JORGE CORREIA	10228	M	Vet2M	41:43:00	41:24:00	Pegada Tavira
206	BRUNO MARTINS	14770	M	SenM	41:44:00	41:41:00	
207	LUÍS FÉLIX	14852	M	SenM	41:44:00	41:32:00	
208	RICARDO PINTO	15282	M	SenM	41:44:00	41:40:00	
209	ARMANDO CLARO	15944	M	Vet2M	41:45:00	41:41:00	Escamados do Sorraia Runners
210	ANTÓNIO LEMOS	17510	M	Vet4M	41:48:00	41:39:00	
211	SERGIO CACHEIRINHA	14464	M	Vet1M	41:48:00	41:46:00	AD IALBAX
212	DANIEL VERISSIMO	11334	M	SenM	41:49:00	41:45:00	SS CGD
213	PEDRO MATOS	15824	M	SenM	41:49:00	41:44:00	MONTANHA CLUBE TRAIL RUNNING/EFAPEL
214	RICARDO MOTA	11238	M	SenM	41:50:00	41:43:00	Sri Chinmoy Marathon Team
215	JORGE MARTINHO	15543	M	Vet2M	41:54:00	41:51:00	Os Galgos
216	JORGE ALVES	12846	M	Vet2M	41:55:00	41:48:00	Os Matrecos
217	HUGO BORGES	14246	M	SenM	41:57:00	40:24:00	Casa do Benfica em Algueirão Mem Martins-Sintra
218	FERNANDO GODINHO	17830	M	Vet1M	41:57:00	41:54:00	
219	ANTÓNIO MARTINS	10119	M	Vet3M	41:57:00	41:54:00	NAV Runners
220	MIGUEL BRAZ	17968	M	SenM	41:58:00	41:58:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
221	JOEL RODRIGUES	15049	M	SenM	41:59:00	41:57:00	
222	DULCE FÉLIX	15975	F	SenF	42:01:00	42:00:00	Sport Lisboa e Benfica ELITE
223	MANUEL AMARO	15549	M	Vet5M	42:01:00	41:58:00	CATEDRAL DA CERVEJA
224	JOSÉ SILVA	14888	M	Vet3M	42:01:00	42:00:00	
225	ANTÓNIO SILVINO	14355	M	Vet3M	42:01:00	41:56:00	Clube Desportivo Ribeiense
226	JORGE CORREIA	11412	M	Vet2M	42:03:00	41:46:00	Viriathvs Runners Viseu
227	PEDRO PATRÍCIO	10459	M	SenM	42:03:00	42:01:00	A2el
228	DANIEL GOMES	12076	M	Vet2M	42:04:00	42:04:00	Georunners
229	ALEXANDRE SERRANO	12230	M	SenM	42:05:00	42:02:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
230	JOAO MARREIROS	12041	M	Vet3M	42:05:00	42:00:00	
231	VITOR TERRA	15680	M	Vet1M	42:05:00	41:53:00	S. C. Espinho/Atletismo António Leitão
232	JOAQUIM BARBAS	16116	M	Vet3M	42:07:00	42:02:00	ACPortalegre/UTSM
233	RUI MOTA	14394	M	Vet1M	42:07:00	42:02:00	Amigos atletismo de Mafra
234	GERMANO SILVA	12473	M	Vet5M	42:08:00	41:52:00	
235	ANDRÉ COELHO	15536	M	Vet1M	42:10:00	42:07:00	Os Galgos
236	FILIPE GAMADO	11493	M	JunM	42:13:00	42:02:00	
237	FRANCISCO ANDRADE	16598	M	SenM	42:16:00	42:01:00	Colaboradores SLB
238	TIAGO ANTÓNIO GOMES	14079	M	SenM	42:17:00	42:02:00	
239	DIOGO LEAL	10075	M	SenM	42:17:00	42:10:00	
240	ANDRÉ SILVÉRIO	16544	M	SenM	42:21:00	41:55:00	Colaboradores SLB
241	TIAGO SANTOS	13325	M	SenM	42:22:00	42:12:00	
242	NUNO ANJOS	13324	M	Vet1M	42:22:00	42:13:00	O mundo da Corrida
243	PAULO LOURENÇO	11796	M	SenM	42:23:00	42:19:00	Runners da Frente Ribeirinha da Póvoa de Santa Iria
244	LUIS SANCHES	13156	M	Vet1M	42:24:00	42:19:00	
245	LUIS CASCÃO	14736	M	Vet2M	42:24:00	42:12:00	CASA DO PESSOAL DA RTP
246	LUÍS AIRES	17932	M	Vet2M	42:24:00	42:20:00	Boxe SLB
247	TEOTÓNIO NETO	11007	M	Vet3M	42:25:00	42:13:00	ADRC Mata de Benfica
248	RICARDO DAMIÃO	17930	M	Vet1M	42:25:00	42:21:00	Boxe SLB
249	NELSON COSTA	11437	M	Vet2M	42:25:00	42:16:00	N. A. PAPAGAIOS DE CASCAIS
250	VITOR GONÇALVES	10231	M	Vet2M	42:26:00	42:08:00	Pegada Tavira
251	NUNO CARVALHO	14106	M	SenM	42:26:00	42:09:00	
252	FÁBIO CORREIA	15481	M	SenM	42:27:00	42:21:00	CORRER LISBOA
253	FREDERICO BIEL BIEL	11574	M	SenM	42:28:00	42:26:00	Os Cansados
254	NUNO FERREIRA	10115	M	SenM	42:29:00	42:25:00	Peniche a Correr
255	LUIS BARATA	10351	M	Vet2M	42:29:00	42:25:00	NucleOeiras
256	JOSÉ FIGUEIREDO	13795	M	Vet3M	42:30:00	42:28:00	Afis/Ovar
257	LUIS ZÊZERE	12341	M	Vet1M	42:30:00	42:24:00	CCD CRÉDITO AGRÍCOLA MÚTUO
258	CARLOS FERREIRA	15675	M	Vet1M	42:31:00	42:19:00	S. C. Espinho/Atletismo António Leitão
259	ADILSON LINO	11950	M	Vet1M	42:32:00	42:27:00	
260	CARLOS HENRIQUES	12941	M	Vet1M	42:33:00	42:30:00	RB Running
261	EDGAR AGUIAR	10182	M	SenM	42:33:00	42:26:00	
262	DAVID GORGULHO	16023	M	SenM	42:34:00	42:22:00	
263	VITOR CUNHA	15665	M	Vet1M	42:34:00	42:22:00	S. C. Espinho/Atletismo António Leitão
264	CARLOS MESTRINHO	12224	M	Vet1M	42:36:00	42:34:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
265	MARCO FONSECA	13912	M	SenM	42:36:00	42:33:00	Run for Friends
266	SILVINO.A PATRÃO	16052	M	SenM	42:38:00	42:33:00	
267	EDGAR CONCEIÇÃO	10148	M	Vet1M	42:39:00	36:39:00	CB RUNNING TEAM
268	CARLOS LOURENÇO	11439	M	Vet2M	42:39:00	42:36:00	N. A. PAPAGAIOS DE CASCAIS
269	RUI FERREIRA	14072	M	Vet1M	42:40:00	42:35:00	
270	RUI CUSTÓDIO	11122	M	SenM	42:41:00	42:32:00	ABRAM ALAS PARA OS CUSTÓDIOS!
271	FILIPE FITAS	10529	M	SenM	42:43:00	42:33:00	GD-SBSI
272	NUNO ANTUNES	16687	M	SenM	42:44:00	41:59:00	Colaboradores SLB
273	CAMILO GUEDES	11927	M	Vet2M	42:46:00	42:44:00	Clube do Pessoal Aguas Gaia
274	JOSÉ CUNHA	16092	M	Vet3M	42:46:00	42:41:00	Os Zatopeques
275	ANDRÉ FILIPE	12045	M	SenM	42:48:00	42:34:00	SS CGD
276	YULIYA KIBENKO	15992	F	JunF	42:49:00	42:48:00	Sport Lisboa e Benfica ELITE
277	ROBERTO LEAL	16719	M	Vet3M	42:50:00	42:36:00	Colaboradores SLB
278	LUCIANO CONTENTE	14514	M	Vet1M	42:52:00	41:39:00	Casa Benfica Seixal
279	DULCÍNEA SILVA	10365	F	Vet2F	42:53:00	42:48:00	gac
280	MANUEL LINO	14095	M	Vet3M	42:53:00	42:38:00	os carregueirenses
281	EDUARDO LEITE	15042	M	Vet1M	42:53:00	42:45:00	
282	TIAGO ALMEIDA	13279	M	SenM	42:54:00	42:32:00	CBRunning Team
283	FERNANDO OLIVEIRA	14507	M	Vet3M	42:54:00	42:42:00	Clube Campismo São João da Madeira
284	VITOR NOVAIS	13990	M	Vet1M	42:55:00	41:40:00	Grupo Amigos do Atletismo de Vila Franca de Xira
285	RUI MARQUES	16772	M	Vet1M	42:55:00	42:54:00	
286	FERNANDO SACRAMENTO	13841	M	Vet3M	42:55:00	42:52:00	
287	DANIEL ANTUNES	14496	M	SenM	42:56:00	42:24:00	Casa Benfica Torres Vedras
288	TIAGO PIRES	13499	M	JunM	42:57:00	42:57:00	
289	ZACARIAS RIBEIRO	13519	M	SenM	42:57:00	42:25:00	
290	NARCISO SARAIVA	10829	M	Vet3M	42:57:00	42:51:00	
291	LUÍS DIONÍSIO	10186	M	Vet1M	42:58:00	42:48:00	Casa do Benfica de Moura
292	LUIZ MONSANTO	10363	M	Vet3M	42:58:00	42:12:00	
293	BERNARDINO DA CUNHA SOARES	14745	M	Vet1M	42:58:00	42:55:00	POLÍCIA MUNICIPAL LISBOA
294	JOSÉ SANTOS	12642	M	Vet4M	42:59:00	42:14:00	G.D.R. São Francisco da Serra
295	NUNO ALMEIDA	10531	M	SenM	42:59:00	42:49:00	GD-SBSI
296	FERNANDO CORREIA	10229	M	Vet3M	43:00:00	42:40:00	Pegada Tavira
297	JOSE MANUEL MARQUES FERREIRA	13924	M	Vet2M	43:01:00	42:59:00	painho trail
298	ANTÓNIO PICARETA	12165	M	Vet1M	43:02:00	42:56:00	
299	RICARDO VALE	14894	M	SenM	43:02:00	42:30:00	
300	VITAL SOARES	10063	M	SenM	43:04:00	42:59:00	viseu 360
301	MÁRIO BORGES	12849	M	SenM	43:04:00	43:00:00	Tratas
302	PEDRO TRIGO	10893	M	SenM	43:04:00	42:52:00	#RumoAo37
303	PEDRO LARANJO	10312	M	Vet2M	43:05:00	43:00:00	Viseu 360
304	EZEQUIEL FERNANDES	11996	M	Vet5M	43:05:00	43:00:00	Individual
305	NELSON NASCIMENTO	14966	M	SenM	43:05:00	42:45:00	pegada tavira
306	ABEL ASSEMBLANO	13791	M	SenM	43:06:00	43:02:00	Casa Benfica Seixal
307	JOAQUIM FRADE	11562	M	Vet5M	43:06:00	43:02:00	SS CGD
308	EMANUEL CARREIRA	12635	M	SenM	43:06:00	42:56:00	Correndo Andando

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
309	JOÃO COUTO	11890	M	Vet1M	43:07:00	43:07:00	
310	PEDRO FREITAS	14016	M	SenM	43:08:00	42:48:00	
311	PEDRO FARIA	14230	M	Vet1M	43:08:00	42:49:00	CASA DO BENFICA EM CASTELO BRANCO
312	JUVENAL MOREIRA	13746	M	Vet3M	43:09:00	43:05:00	NUCLEO DESPORTIVO AUTOCOOPE
313	JOSÉ FRANCISCO MIRANDA	11447	M	Vet4M	43:10:00	43:02:00	Individual
314	PAULO SILVA	14487	M	Vet3M	43:10:00	42:59:00	Afis/Ovar
315	MÁRIO ALMEIDA	15950	M	SenM	43:11:00	42:57:00	Almeida M.
316	MARGARIDA AMARO	13971	F	Vet1F	43:12:00	43:09:00	Aminhacorrida/Myprotein
317	LUIS AURÉLIO	14697	M	Vet2M	43:13:00	43:07:00	BRRnightRUNNERS
318	ALVARO JORGE	10920	M	Vet1M	43:13:00	42:47:00	Serrado FC Atletismo
319	NUNO CARVALHO	10153	M	SenM	43:13:00	43:09:00	
320	CLAUDIO BERNARDINO	12695	M	Vet1M	43:14:00	43:13:00	Clube Ferroviário de Portugal
321	JOÃO FERNANDES	13624	M	SenM	43:14:00	43:08:00	
322	LUÍS MORAIS	12497	M	Vet3M	43:14:00	42:55:00	Casa do Benfica em Castelo Branco
323	FILIPE TELES	11591	M	SenM	43:15:00	42:52:00	Clube Desportivo de Leomil
324	PEDRO CARAMBA	14718	M	Vet1M	43:16:00	43:09:00	Correr Lisboa
325	FERNANDO ALMEIDA	10669	M	SenM	43:16:00	43:08:00	Gelpeixe
326	ALBINO ALVES	14844	M	SenM	43:17:00	43:01:00	Link
327	NUNO SANTOS	12690	M	SenM	43:19:00	43:15:00	
328	LUIS MARQUES	13145	M	Vet2M	43:19:00	43:07:00	
329	ANTÓNIO JACINTO	15501	M	Vet4M	43:19:00	41:50:00	Casa do Benfica em Algueirão Mem Martins-Sintra
330	JOSÉ MANUEL FERNANDES FIGUEIREDO	14740	M	Vet4M	43:22:00	42:35:00	POLÍCIA MUNICIPAL LISBOA
331	PEDRO CANELAS	13462	M	Vet2M	43:23:00	43:18:00	CFBelenenses
332	FERNANDO CORVELO	12180	M	Vet2M	43:23:00	43:19:00	Wikaboo
333	VICTOR MENDES	12719	M	SenM	43:23:00	43:16:00	
334	CARLOS FRANÇA	10224	M	SenM	43:24:00	43:20:00	CAD a Correr
335	HENRIQUE SANTOS	13186	M	SenM	43:24:00	43:12:00	SERVIÇOS SOCIAIS RSB/JACINTO
336	LUÍS AZEVEDO	15718	M	Vet5M	43:24:00	43:22:00	
337	HUGO CARAGO	11303	M	Vet2M	43:24:00	43:21:00	Clube Novo Banco
338	PEDRO GABRIEL	11307	M	Vet1M	43:24:00	43:17:00	Clube Novo Banco
339	TIAGO GONÇALVES	11625	M	SenM	43:25:00	43:13:00	
340	MIGUEL ANGELO AMARAL	11349	M	Vet1M	43:25:00	43:15:00	
341	LUÍS MARTINHO	11627	M	SenM	43:27:00	42:43:00	
342	SUSANA MARIA MATOS	14231	F	Vet2F	43:27:00	43:23:00	
343	JORGE CARVALHO	10847	M	SenM	43:27:00	42:30:00	
344	SÉRGIO HIPÓLITO	17826	M	Vet2M	43:27:00	43:24:00	
345	SANDRO COSTA	13415	M	SenM	43:28:00	43:14:00	
346	JOÃO BRAGA MOREIRA	15681	M	Vet1M	43:29:00	43:17:00	S. C. Espinho/Atletismo António Leitão
347	PAULO GOMES	14271	M	Vet1M	43:29:00	43:22:00	3 Delta
348	PEDRO LIMA	10832	M	Vet3M	43:29:00	43:27:00	
349	CRISTINA CABRAL	14958	F	Vet3F	43:30:00	43:27:00	Liberty Seguros
350	CARLOS MOREIRA	15869	M	Vet5M	43:33:00	43:28:00	Correr Lisboa
351	JORGE SANTANA	13190	M	SenM	43:34:00	43:21:00	CD Amigos Paco Nassa
352	JOAO GONÇALVES	16042	M	Vet1M	43:34:00	43:17:00	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
353	RUI FERNANDES	12492	M	SenM	43:34:00	43:06:00	Casa do Benfica em Castelo Branco
354	LUIS SILVA	12082	M	SenM	43:35:00	43:30:00	SL Besuntas
355	NUNO SILVA	11857	M	Vet1M	43:36:00	43:31:00	
356	ANTONIO MASSANO	13784	M	SenM	43:37:00	42:24:00	Casa Benfica Seixal
357	PAULO MATOS	12653	M	Vet2M	43:39:00	42:33:00	Ganha Dores
358	VIRGÍLIO ALBERTO	12709	M	Vet2M	43:39:00	43:25:00	Grupo Alegre Unido Bajouca
359	JOSÉ PASSOS	10270	M	Vet1M	43:40:00	43:36:00	peniche a correr
360	ANTONIO MANUEL ROCHA DA SILVA	13741	M	Vet2M	43:41:00	43:38:00	
361	LUIS TORRADO	15947	M	SenM	43:41:00	43:33:00	
362	CARLA ARAUJO	13854	F	Vet1F	43:42:00	43:30:00	NAC
363	JOÃO CRUZ	16165	M	SenM	43:44:00	43:37:00	
364	FERNANDO FERNANDES	13792	M	Vet5M	43:45:00	43:42:00	Casa Benfica Seixal
365	GONÇALO FERREIRA	16773	M	Vet2M	43:45:00	43:44:00	
366	PEDRO PINTO	10251	M	Vet5M	43:45:00	43:45:00	Os Indomáveis
367	TIAGO MOREIRA	17965	M	SenM	43:45:00	43:39:00	
368	RICARDO RIBEIRO	11873	M	SenM	43:46:00	42:18:00	Ginásio Fit4Fun
369	ANDRÉ SILVA	12113	M	JunM	43:47:00	43:39:00	
370	DAVIDE PINHO	13852	M	SenM	43:47:00	43:44:00	
371	MARCO BAETA	10348	M	Vet1M	43:48:00	43:39:00	
372	HÉLDER RAMOS	12776	M	Vet2M	43:49:00	43:28:00	CATA-Clube de Atletismo de Amora
373	LUÍS RODRIGUES	13577	M	SenM	43:50:00	43:29:00	
374	JOSÉ AMARO	15405	M	Vet1M	43:51:00	43:36:00	LIZ RUNNERS
375	NUNO RODRIGUES	12197	M	Vet1M	43:52:00	43:32:00	CLUBE DE MONTANHA ALTO TRILHO, JAVALIS
376	MÁRIO SIMÕES	16663	M	Vet2M	43:53:00	43:40:00	Colaboradores SLB
377	JOAO BERNARDES	14092	M	Vet1M	43:53:00	43:39:00	os carregueirenses
378	PEDRO CARVALHO	14226	M	Vet2M	43:55:00	41:58:00	
379	ANTÓNIO TERRAS	14463	M	Vet2M	43:55:00	43:45:00	
380	JOSÉ REIS	10041	M	Vet2M	43:55:00	43:50:00	
381	SÉRGIO ALVES	15539	M	Vet1M	43:55:00	43:53:00	Os Galgos
382	LUIS JOSÉ	11290	M	Vet2M	43:55:00	43:41:00	Clube Novo Banco
383	PEDRO SERRA	14001	M	Vet1M	43:56:00	43:49:00	
384	JOÃO BRANCO	13112	M	SenM	43:57:00	43:50:00	AAMafra
385	RAFAEL AFONSO	11435	M	SenM	43:57:00	42:39:00	N. A. PAPAGAIOS DE CASCAIS
386	TIAGO PAULO	11495	M	SenM	43:58:00	42:53:00	
387	JOSÉ MANUEL NUNES	11253	M	SenM	43:59:00	41:01:00	
388	RUI CARDOSO	10257	M	SenM	43:59:00	43:51:00	
389	MIGUEL ALMEIDA	10582	M	Vet1M	44:00:00	43:55:00	
390	BENTO SEMEDO	11169	M	Vet3M	44:01:00	43:58:00	A2EL Publicidade
391	MARGARIDA CORREIA	10744	F	SenF	44:01:00	43:49:00	Grupo Barraqueiro
392	ANDRE CARVALHO	12163	M	SenM	44:01:00	43:44:00	
393	AUGUSTO TRINDADE	10791	M	Vet1M	44:01:00	43:22:00	RUNNERS DO DEMO
394	MÁRIO MOREIRA	12211	M	Vet1M	44:02:00	43:57:00	GRUPO RECREATIVO E DESPORTIVO DA RIBEIRA DA LAGE
395	JOÃO BRAZ	14005	M	SenM	44:03:00	43:41:00	
396	ANTONIO CAEIRO	12227	M	Vet2M	44:04:00	44:02:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
397	INÊS BRITO	10473	F	Vet2F	44:04:00	43:56:00	Correr Lisboa
398	HELDER CORREIA	10755	M	Vet1M	44:04:00	43:52:00	BE RUNNERS
399	JOSÉ FONSECA	12079	M	Vet3M	44:04:00	44:02:00	União FCI de Tomar
400	RUTE SILVA	14509	F	SenF	44:05:00	44:03:00	Clube Campismo São João da Madeira
401	INES GONÇALVES	13798	F	JunF	44:05:00	44:03:00	Afis/Ovar
402	HUGO FERREIRA	14729	M	Vet1M	44:06:00	43:54:00	STJoaoOliveiraTeam
403	NELSON CARLOS GUERREIRO PEREIRA	16223	M	Vet2M	44:08:00	44:04:00	Montijo Runners
404	CARLOS TRAQUINO	10768	M	SenM	44:09:00	44:05:00	Familia Traquino
405	PALMIRA QUINHAMA	14156	F	Vet1F	44:11:00	43:55:00	correr lisboa
406	BERNARDINO SILVA FERREIRA	11902	M	Vet4M	44:12:00	44:01:00	A.D.R. AVELEDA
407	PAULO MOREIRA	11072	M	Vet2M	44:13:00	43:34:00	Filhos da Noite
408	LUÍS PEDRO	10789	M	SenM	44:14:00	43:32:00	RUNNERS DO DEMO
409	LUÍS SALVADOR	10790	M	Vet3M	44:14:00	43:34:00	RUNNERS DO DEMO
410	ANTÓNIO MARTINHO	11573	M	Vet1M	44:15:00	44:11:00	Correr Lisboa
411	FILIPE GARCIA	13299	M	SenM	44:16:00	43:08:00	Garcia Runners
412	ROMÃO CORREIA	13962	M	Vet1M	44:16:00	43:55:00	Devagar devagarinho
413	ANTÓNIO MARQUES	16548	M	Vet1M	44:17:00	44:13:00	Colaboradores SLB
414	ANTÓNIO CATRONGA	12312	M	Vet4M	44:17:00	43:57:00	Casa do Benfica de Reguengos de Monsaraz
415	JOÃO RAMALHO	14539	M	JunM	44:17:00	44:13:00	CASA DO BENFICA DE REGUENGOS DE MONSARAZ
416	PAULO RODRIGUES	14199	M	Vet2M	44:17:00	44:13:00	Correr Queluz
417	DANIEL PAIVA	14711	M	SenM	44:18:00	44:15:00	Galhardos Runners
418	JOÃO PÁSCOA	15047	M	Vet3M	44:18:00	44:16:00	
419	ANTÓNIO VERISSIMIO	14036	M	SenM	44:20:00	44:09:00	
420	CRISTIANO PAES	16416	M	Vet2M	44:20:00	44:09:00	Hospital da Luz
421	LEONIDO AFONSO	12176	M	Vet4M	44:20:00	44:19:00	Casa do Benfica em Castelo Branco
422	LUIS MARTINS	12067	M	SenM	44:21:00	44:16:00	
423	RUI JOVINO	15125	M	Vet2M	44:22:00	44:13:00	
424	JOSÉ PIRES	12529	M	Vet5M	44:22:00	43:56:00	
425	NUNO MIGUEL SEQUEIRA DA SILVA SILVA	10608	M	Vet1M	44:23:00	41:47:00	C.C.R. praia de Mira Academia de Atletismo João Silva
426	MIGUEL TRUNINGER SOUSA	11773	M	Vet1M	44:23:00	44:08:00	CLUBE COLABORADORES AGEAS
427	PEDRO MARÇAL	15332	M	SenM	44:23:00	43:41:00	Serviços Sociais RSB/Jacinto
428	ALVARO OLIVEIRA	13838	M	Vet4M	44:23:00	44:22:00	
429	JOAQUIM COUTO	13849	M	Vet2M	44:23:00	44:22:00	
430	VITOR MOURAO	14921	M	Vet2M	44:24:00	44:16:00	
431	NUNO FIGUEIREDO	12612	M	SenM	44:24:00	44:11:00	
432	DUARTE COSTA	15285	M	SenM	44:25:00	44:18:00	
433	BRUNO MARTINS	12293	M	SenM	44:25:00	44:07:00	a.d.r. aveleda
434	PEDRO CARVALHO	10424	M	SenM	44:25:00	44:23:00	CAD A CORRER
435	RODRIGO MIGUEL MARTINS TEIXEIRA	14741	M	JunM	44:25:00	43:38:00	POLÍCIA MUNICIPAL LISBOA
436	JOEL FERREIRA	11061	M	SenM	44:28:00	44:21:00	
437	JOSÉ GONÇALVES	11256	M	Vet3M	44:29:00	44:24:00	Amigos do Atletismo de Mafra
438	HUGO DINIS	14606	M	SenM	44:30:00	44:15:00	
439	PEDRO FERNANDES	14987	M	Vet2M	44:32:00	44:23:00	
440	BRUNO EU	17811	M	SenM	44:33:00	44:26:00	S. C. Espinho/Atletismo António Leitão

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
441	JOSÉ MOUTINHO	15666	M	Vet4M	44:33:00	44:31:00	S. C. Espinho/Atletismo António Leitão
442	JOSÉ CARLOS GOMES	15664	M	Vet2M	44:34:00	42:39:00	S. C. Espinho/Atletismo António Leitão
443	RUI PEDRO	14114	M	Vet1M	44:37:00	44:13:00	Correr Soc Rec da Granja
444	MARCO SANTOS	14102	M	SenM	44:39:00	44:12:00	Pinhal Novo a Correr
445	ALVARO RODRIGUES	16420	M	SenM	44:40:00	44:28:00	Hospital da Luz
446	LUIS CARPELHO	13109	M	Vet1M	44:41:00	42:50:00	
447	RICARDO VICENTE	13512	M	Vet2M	44:42:00	44:39:00	Clube Desportivo Moitense
448	ANTONIO MANUEL CORREIA	13193	M	Vet4M	44:43:00	44:33:00	
449	BRUNO SILVA	14635	M	SenM	44:44:00	41:57:00	Fruto Silvestre
450	JOÃO ALVES	10166	M	SenM	44:45:00	44:37:00	Jogging Lovers Coimbra
451	PEDRO LOPES	12499	M	SenM	44:46:00	44:29:00	Casa do Benfica em Castelo Branco
452	NELSON FELIX	15495	M	SenM	44:46:00	44:20:00	
453	VITOR JORGE	12530	M	SenM	44:47:00	44:27:00	Ser um Ser
454	FILIPE TELES	10845	M	SenM	44:48:00	44:42:00	Clube Naval de São Vicente
455	JOÃO GUERRA	14756	M	SenM	44:48:00	44:44:00	
456	LIBERTO SANTOS	10375	M	Vet3M	44:49:00	44:39:00	
457	MARTA CARDOSO	13428	M	SenM	44:55:00	44:35:00	Mercenários da Penha
458	ANTÓNIO PEREIRA	13494	M	Vet4M	44:55:00	44:44:00	Individual
459	VITOR HUGO	12446	M	SenM	44:56:00	44:34:00	Serrado FC Atletismo
460	FRANCISCO PRAZERES	11091	M	Vet1M	44:57:00	44:01:00	
461	PAULO VIEGAS	11903	M	SenM	44:57:00	44:53:00	ESTRELA FUTEBOL CLUBE
462	DIOGO FERREIRA	13250	M	SenM	44:58:00	44:23:00	Veteranos do lis
463	RICARDO SILVA	11598	M	SenM	44:59:00	44:40:00	
464	TIAGO SILVA	14781	M	Vet1M	45:00:00	44:40:00	
465	JOSÉ TAVARES	13817	M	Vet2M	45:00:00	44:55:00	Afis/ovar
466	ANDRE COSTAL	11099	M	Vet1M	45:01:00	44:54:00	Pernas de Gafanhoto
467	NUNO GUERREIRO	16470	M	Vet1M	45:01:00	43:22:00	Central de Cerveja
468	DAVID AGUIAR	12124	M	JunM	45:02:00	43:22:00	Os Galgos de Tancos
469	HEINRICH PESTANA	17956	M	SenM	45:02:00	44:56:00	
470	ALEXANDRE CARDANA	10105	M	SenM	45:05:00	44:52:00	DirtRunners
471	DANIEL PINTO	12317	M	Vet1M	45:05:00	44:46:00	Casa do Benfica de Reguengos de Monsaraz
472	JOAO BARBADO	10576	M	Vet2M	45:05:00	42:56:00	
473	JORGE RODRIGUES	12696	M	SenM	45:05:00	41:22:00	Clube Ferroviário de Portugal
474	PAULO CALDEIRA	11891	M	Vet1M	45:05:00	44:57:00	
475	HUGO REIS	15043	M	Vet1M	45:07:00	44:20:00	CREDIBOM
476	RICARDO SANTOS	11810	M	Vet2M	45:08:00	44:51:00	Clube EDP Lisboa
477	RICARDO LOURENÇO	10132	M	SenM	45:08:00	44:55:00	
478	JOAQUIM LOPES	15339	M	Vet3M	45:09:00	42:56:00	Casa do Benfica em Grandola
479	EDUARDO EUSEBIO	12640	M	SenM	45:09:00	44:32:00	
480	CRISTIANO TAVARES	13819	M	SenM	45:09:00	44:53:00	Afis/Ovar
481	ANTÓNIO PALMEIRA	14344	M	Vet1M	45:10:00	45:04:00	Clube Desportivo Ribeirense
482	DANIEL SILVÉRIO	10053	M	Vet1M	45:11:00	44:59:00	
483	MÁRCIO OLIVEIRA	13801	M	SenM	45:11:00	44:56:00	Afis/Ovar
484	PEDRO REGO	10188	M	Vet1M	45:12:00	44:54:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
485	RUI RODRIGUES	10465	M	Vet3M	45:12:00	45:05:00	
486	MARIA LUCAS	16290	F	Vet3F	45:13:00	45:10:00	
487	CARLOS FERREIRA	10190	M	Vet2M	45:14:00	42:45:00	
488	NUNO PEREIRA	14046	M	Vet1M	45:14:00	45:09:00	Casa do Benfica em Algueirão Mem Martins-Sintra
489	EDGAR MAGRO	10468	M	SenM	45:16:00	45:03:00	Correr Lisboa
490	SÉRGIO MARCELINO	12711	M	Vet3M	45:16:00	45:13:00	Grupo Alegre Unido Bajouca
491	FERNANDO ALVIM	11198	M	Vet1M	45:16:00	45:05:00	
492	HÉLDER COTRIM	16209	M	SenM	45:16:00	45:13:00	
493	CÉSAR COSTA	12128	M	Vet1M	45:18:00	45:06:00	
494	FILIPE GAISITA	10881	M	SenM	45:18:00	44:53:00	C. D. Amigos de Paco Nassa
495	ABILIO CATARRO	12226	M	Vet5M	45:19:00	45:17:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
496	RUI MARQUES	11685	M	Vet1M	45:19:00	45:01:00	triatlo teleperformance os belenenses
497	TIAGO ALVES	10750	M	SenM	45:20:00	45:04:00	Grupo Barraqueiro
498	RAFAEL MARTINS	15456	M	SenM	45:21:00	42:22:00	GENIUS
499	PEDRO SILVA	16110	M	SenM	45:21:00	45:05:00	Astromil
500	DANY GRILO	12706	M	SenM	45:22:00	43:59:00	Grupo Alegre Unido Bajouca
501	JORGE ROSINHA	14227	M	SenM	45:22:00	45:08:00	
502	PAULO RIBEIRO	13833	M	Vet2M	45:23:00	44:58:00	
503	NUNO GONÇALVES	17805	M	SenM	45:23:00	45:19:00	
504	FILIPE CORREIA	12046	M	Vet1M	45:23:00	45:16:00	SS CGD
505	DANIEL BARBOSA	14136	M	Vet4M	45:23:00	45:08:00	Pés de Chumbo
506	PAULO MORADIAS	12493	M	Vet3M	45:23:00	45:20:00	Casa do Benfica em Castelo Branco
507	JOSÉ SEGURO	13596	M	SenM	45:24:00	45:01:00	
508	HUGO MARREIROS	13750	M	SenM	45:24:00	45:08:00	Corredores da Adega
509	EDUARDO CARVALHO	10086	M	Vet1M	45:24:00	45:06:00	
510	VÍTOR ANSELMO	12603	M	SenM	45:24:00	45:04:00	Grupo Desportivo "O Independente" - Barreiro
511	PAULO SILVA	13464	M	Vet2M	45:25:00	45:17:00	Somos Disto
512	RICARDO DOMINGUES	13452	M	SenM	45:27:00	45:20:00	
513	RICARDO CORREIA	16715	M	SenM	45:27:00	45:19:00	Colaboradores SLB
514	AMÁVEL FIGUEIREDO	11175	M	Vet4M	45:28:00	45:05:00	CAAPP
515	ALBERTINO NETO	14115	M	Vet2M	45:28:00	45:04:00	Correr Soc Rec da Granja
516	PEDRO COSTA	15583	M	SenM	45:28:00	44:40:00	
517	SALVADOR BOURA	13541	M	SenM	45:29:00	45:17:00	
518	PAULO MONTEIRO	16466	M	Vet1M	45:30:00	43:55:00	Central de Cerveja
519	VITOR GONCALVES	10268	M	Vet2M	45:30:00	44:57:00	DFK OFFICE
520	GABRIEL TELES	11637	M	SenM	45:30:00	45:06:00	C.D.Leomil
521	ANGELO GODINHO	12541	M	SenM	45:31:00	45:10:00	Correr Lisboa
522	NUNO FERREIRA	15127	M	Vet1M	45:31:00	44:31:00	COFINA RUNNERS
523	PAULO GOULART	14530	M	Vet2M	45:32:00	45:25:00	CLUBE ANACOM
524	JOSÉ LOPES	12536	M	Vet1M	45:32:00	45:14:00	
525	FRANCISCO GAMA	13480	M	Vet3M	45:33:00	45:15:00	
526	VASCO JESUS	16471	M	Vet1M	45:34:00	43:34:00	Central de Cerveja
527	JOSE FERNANDES	11821	M	Vet2M	45:35:00	44:25:00	individual
528	HENRIQUE AMADOR	11337	M	Vet2M	45:35:00	45:28:00	SS CGD

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
529	BRUNO PERNES	14834	M	SenM	45:35:00	43:36:00	
530	GONÇALO MAGALHÃES	13459	M	SenM	45:35:00	45:14:00	
531	PEDRO GIL	15380	M	Vet1M	45:37:00	45:31:00	
532	RODOLFO DEYLLLOT	14353	M	Vet3M	45:37:00	45:32:00	Clube Desportivo Ribereense
533	CARLOS LOPES	13977	M	Vet1M	45:38:00	45:31:00	Aminhacorrída/Myprotein
534	RICARDO RAPOSO	10409	M	SenM	45:38:00	45:27:00	
535	HUGO GONÇALVES	17840	M	Vet1M	45:39:00	45:25:00	
536	PEDRO BRÁS	11697	M	SenM	45:41:00	43:16:00	SS CGD
537	FILIPE RITO	11834	M	SenM	45:42:00	45:23:00	
538	JOÃO FERREIRA	14033	M	SenM	45:45:00	45:29:00	A caminhar
539	FRANCISCO FARINHA	16596	M	SenM	45:45:00	45:27:00	Colaboradores SLB
540	DANIEL SILVA	11854	M	SenM	45:46:00	45:41:00	
541	LUCIANO CORREIA	14762	M	Vet2M	45:47:00	45:37:00	U.F. Comércio e Indústria Atletismo
542	PAULO SILVA	13832	M	Vet2M	45:47:00	45:24:00	
543	NUNO FERREIRA	12185	M	SenM	45:48:00	45:34:00	
544	RODRIGO MARQUES	12971	M	SenM	45:49:00	45:30:00	AZA - Azambuja com Alma
545	NUNO FERNANDES	10332	M	SenM	45:49:00	45:19:00	
546	ANTÓNIO MOITA	12540	M	Vet4M	45:49:00	45:34:00	
547	ANTÓNIO ALMEIDA	10746	M	SenM	45:50:00	45:37:00	Grupo Barraqueiro
548	PAULO CARMO	16201	M	Vet1M	45:50:00	45:48:00	
549	EDUARDO ALVES SILVA	13904	M	Vet3M	45:51:00	45:48:00	
550	PAULO FRANCISCO	12677	M	Vet2M	45:53:00	45:48:00	
551	CARLOS MARTINHO	12329	M	Vet2M	45:54:00	45:51:00	Cad a Correr
552	MIGUEL MOREIRA	13834	M	Vet1M	45:54:00	45:30:00	
553	JOSÉ RIBEIRO	17518	M	Vet2M	45:54:00	42:09:00	
554	MAURO PIMENTA	13992	M	Vet1M	45:55:00	44:38:00	Grupo Amigos do Atletismo de Vila Franca de Xira
555	FERNANDO FERREIRA	10564	M	Vet5M	45:55:00	44:26:00	
556	PEDRO PEREIRA	12221	M	Vet1M	45:55:00	45:51:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
557	PEDRO GOUVEIA	16703	M	SenM	45:55:00	45:28:00	Colaboradores SLB
558	PEDRO CORREIA	12625	M	Vet1M	45:56:00	45:35:00	
559	JORGE DELGADO	11756	M	SenM	45:58:00	44:35:00	Casa do Benfica da Figueira da Foz
560	MARIO DIAS	15682	M	SenM	45:58:00	44:03:00	S. C. Espinho/Atletismo António Leitão
561	MARCO DUARTE	13067	M	SenM	45:58:00	45:52:00	
562	GONÇALO FERREIRA	12408	M	Vet1M	45:59:00	44:09:00	
563	ANDRÉ BORGES	10200	M	SenM	46:00:00	45:38:00	
564	FRANCISCO DIAS	14113	M	Vet2M	46:01:00	45:36:00	Correr Soc Rec da Granja
565	JORGE CARREIRA	12089	M	Vet1M	46:01:00	45:20:00	
566	HELDER SILVA	11421	M	Vet1M	46:01:00	45:30:00	nós 5
567	JORGE FARINHA	17832	M	SenM	46:02:00	45:54:00	
568	RUI PEDRO RODRIGUES	13230	M	Vet3M	46:03:00	45:12:00	
569	INÉS AMARAL	14407	F	SenF	46:03:00	45:59:00	
570	CARLOS TRONCÃO	16567	M	Vet1M	46:04:00	46:01:00	Colaboradores SLB
571	ANTÓNIO CADIMA	10928	M	SenM	46:04:00	45:52:00	
572	FERNANDO AGOSTINHO	13388	M	Vet4M	46:04:00	45:42:00	Caldas corre +

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
573	AIRES SÃO PEDRO	14009	M	Vet5M	46:05:00	46:00:00	Clube Ferroviário de Portugal
574	JOAO SAO MARCOS	14563	M	SenM	46:06:00	45:52:00	
575	DAVID NASCIMENTO	10997	M	SenM	46:06:00	45:51:00	Correr Lisboa
576	CLÁUDIO CARVALHO	12442	M	Vet2M	46:07:00	46:03:00	
577	FERNANDO MENDES	14972	M	JunM	46:10:00	44:42:00	
578	HELDER COSTA	13796	M	SenM	46:11:00	45:55:00	Afis/Ovar
579	NUNO MOLEANO	14352	M	Vet1M	46:11:00	46:06:00	Clube Desportivo Ribeirense
580	DOMINGUES DOMINGUES	10852	M	Vet4M	46:12:00	46:06:00	
581	ANTONIO PEREIRA	14511	M	Vet4M	46:12:00	44:53:00	Clube Campismo São João da Madeira
582	TIAGO PINTO	13584	M	SenM	46:13:00	45:57:00	Correr Lisboa
583	ABEL FERNANDO SANTOS DOMINGUES	13590	M	Vet1M	46:14:00	45:32:00	Vieirense
584	DIOGO PINTO	15374	M	SenM	46:14:00	45:56:00	
585	BRUNO MÓSCA	14436	M	SenM	46:14:00	45:46:00	
586	JOÃO FELICIDADE	10090	M	SenM	46:15:00	46:08:00	
587	PEDRO PERALTA	15375	M	Vet2M	46:15:00	45:57:00	
588	ARTUR GONÇALVES	14141	M	Vet1M	46:16:00	45:25:00	
589	ANGELO ALEXANDRE	12970	M	SenM	46:17:00	43:43:00	
590	PEDRO DUARTE	11089	M	SenM	46:18:00	46:11:00	Galheteiro
591	CAROLINA FELIZ	12077	F	Vet3F	46:18:00	46:15:00	União FCI de Tomar
592	NUNO DIOGO	11197	M	Vet2M	46:18:00	46:12:00	Correr Soc Rec da Granja
593	JOSÉ AUGUSTO	13571	M	Vet4M	46:18:00	46:06:00	Falcões Selvagens
594	FERNANDO BAPTISTA	12759	M	Vet2M	46:19:00	45:14:00	
595	NUNO STONE	16189	M	Vet1M	46:20:00	46:19:00	
596	HUGO PEREIRA	10887	M	Vet1M	46:20:00	45:40:00	
597	PEDRO PEREIRA	11051	M	Vet1M	46:20:00	46:19:00	
598	ARMINDO ROMANA	13911	M	Vet1M	46:21:00	44:53:00	
599	VIRIATO PATACO	11531	M	Vet2M	46:21:00	46:08:00	
600	FERNANDO MENDES	14971	M	Vet2M	46:23:00	44:55:00	
601	GONÇALO MOREIRA	12110	M	SenM	46:23:00	46:11:00	
602	SERGIO BORGES	13749	M	Vet2M	46:23:00	46:02:00	NUCLEO DESPORTIVO AUTOCOOPE
603	ANTÓNIO DUARTE	15214	M	Vet4M	46:24:00	46:18:00	Scalabis Night Runners
604	JORGE DEUS	12482	M	Vet1M	46:24:00	45:43:00	
605	JOÃO CORREIA	12016	M	SenM	46:24:00	46:13:00	
606	JOSÉ SILVA	14604	M	SenM	46:25:00	46:21:00	
607	MANUEL VIDA	12173	M	Vet3M	46:25:00	46:22:00	Casa do Benfica em Castelo Branco
608	HÉLIO JORGE RIBEIRO DA COSTA	10398	M	SenM	46:26:00	46:13:00	
609	JOSÉ PAULO CALDEIRA	12723	M	Vet2M	46:26:00	46:10:00	
610	CARLOS ASSEICEIRA	13146	M	SenM	46:26:00	46:07:00	
611	ALVARO AUGUSTO	15396	M	Vet1M	46:26:00	44:46:00	alcanena trail
612	PEDRO JOGO	14890	M	Vet1M	46:27:00	46:07:00	PÉ DE ATLETA
613	JOÃO VAZ	15503	M	SenM	46:27:00	44:10:00	Coca-Cola
614	CARLOS BATISTA	14269	M	Vet1M	46:28:00	46:18:00	3 Delta
615	CARLOS MARTINS	12333	M	Vet1M	46:28:00	46:20:00	CCD CRÉDITO AGRÍCOLA MÚTUO
616	PAULO ESPANHOL	12265	M	Vet2M	46:29:00	46:14:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
617	DUARTE RIBEIRO	11724	M	SenM	46:29:00	46:23:00	
618	JOÃO PINTO	10594	M	SenM	46:31:00	44:10:00	
619	RICARDO DOMINGOS	15791	M	SenM	46:31:00	46:14:00	
620	PEDRO CRUZ	13410	M	SenM	46:31:00	46:17:00	
621	JOÃO FERNANDES	12447	M	SenM	46:31:00	46:14:00	
622	JOÃO FRAGOSO	14421	M	Vet1M	46:32:00	46:14:00	
623	MANUEL ROBALO	10071	M	Vet5M	46:33:00	46:33:00	Individual
624	PEDRO MESQUITA	10038	M	SenM	46:33:00	45:08:00	
625	VITOR GONZAS	14023	M	Vet3M	46:33:00	46:29:00	Clube Ferroviário de Portugal
626	PEDRO PITTÉ	12170	M	Vet1M	46:33:00	46:30:00	Casa do Benfica em Castelo Branco
627	PEDRO SILVA	14186	M	Vet1M	46:34:00	46:19:00	
628	JOSÉ LOPES	14221	M	Vet2M	46:35:00	46:31:00	CCD Siemens
629	BRUNO SANTOS	15354	M	Vet1M	46:35:00	46:08:00	
630	JORGE MANUEL AIRES SILVA	11201	M	Vet1M	46:35:00	43:39:00	CABarreira-leiria
631	CARLOS SOARES	13149	M	Vet3M	46:35:00	46:27:00	Correr Lisboa
632	LEANDRO SANTOS	12605	M	SenM	46:35:00	46:29:00	Alpuches8400
633	JOÃO RODRIGUES	12356	M	SenM	46:36:00	46:16:00	
634	JOÃO NEVES	15671	M	Vet2M	46:36:00	46:23:00	S. C. Espinho/Atletismo António Leitão
635	FILIPE POMBO	13491	M	SenM	46:36:00	46:16:00	
636	MÁRIO FONTINHAS	16665	M	SenM	46:37:00	46:30:00	Colaboradores SLB
637	ANTÓNIO REIS	14290	M	Vet1M	46:37:00	46:20:00	
638	JORGE PINHO	14892	M	Vet1M	46:38:00	45:08:00	
639	HUGO SANTOS	14721	M	SenM	46:38:00	46:30:00	Clube de Corrida REN
640	ARMANDO SILVA	10183	M	SenM	46:39:00	46:26:00	Autoas Runners
641	JOÃO ROSA	14649	M	SenM	46:39:00	46:35:00	
642	NUNO GONÇALVES	11556	M	SenM	46:39:00	46:30:00	
643	MARCELO COUTINHO	10913	M	Vet2M	46:40:00	46:37:00	THIS SIDE UP - RUN TEAM
644	CARLOS DUARTE	11920	M	Vet1M	46:40:00	46:35:00	C.D. "Os Águias" de Alpiarça
645	PAULO NUNES	14270	M	Vet1M	46:40:00	44:09:00	3 Delta
646	ANTÓNIO SILVA	13666	M	SenM	46:40:00	46:12:00	Amigos da Montanha
647	JOÃO DIAS	11019	M	SenM	46:42:00	46:22:00	
648	JACINTO GOMES	13787	M	Vet3M	46:42:00	45:28:00	Casa Benfica Seixal
649	NUNO CRUZ	11993	M	SenM	46:42:00	46:32:00	
650	MIGUEL LOURENÇO	14279	M	SenM	46:42:00	46:42:00	Corinthia Team
651	ARTUR JOSÉ CARVALHO	10537	M	Vet3M	46:43:00	46:30:00	
652	JOÃO REBELO	12775	M	Vet3M	46:43:00	46:20:00	CATA-Clube de Atletismo de Amora
653	ANTÓNIO GODINHO	16121	M	Vet1M	46:43:00	46:26:00	
654	RUI CARREIRA	12636	M	Vet3M	46:44:00	46:39:00	Correndo Andando
655	LUÍS CONSTANTE	11725	M	Vet3M	46:44:00	46:23:00	
656	RUI VIEITAS	10326	M	Vet1M	46:44:00	46:22:00	Fat Old Dudes
657	ANTÓNIO RODRIGUES	10628	M	Vet3M	46:44:00	46:41:00	ROFF
658	TIAGO MARQUES	12044	M	SenM	46:44:00	46:14:00	
659	DIOGO LOPES	10461	M	SenM	46:45:00	46:22:00	
660	HUGO ALBERTO	14167	M	SenM	46:45:00	44:24:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
661	FERNANDO RODRIGUES	15845	M	Vet3M	46:45:00	46:34:00	
662	LUIS CARVALHO	14312	M	Vet1M	46:45:00	46:28:00	Tartarugas Solidárias
663	PAULO SOUSA	12757	M	SenM	46:45:00	45:34:00	
664	ANÍBAL BRITO	13441	M	SenM	46:46:00	46:21:00	Cotas&Code
665	MIGUEL MARTINS	11353	M	SenM	46:46:00	46:26:00	
666	PAULO NETO	11020	M	SenM	46:46:00	46:35:00	
667	ALMERINDO VAZ	16538	M	Vet1M	46:46:00	46:29:00	Colaboradores SLB
668	ANDRÉ CORREIA	12606	M	SenM	46:47:00	46:41:00	Alpuches8400
669	PEDRO PENICHE	11937	M	SenM	46:48:00	46:47:00	Furões do Alentejo
670	JOZÉ RIBEIRO	16021	M	Vet4M	46:48:00	46:38:00	
671	ANDRÉ QUARENTA	14920	M	Vet2M	46:49:00	44:16:00	
672	PAULA NOGUEIRA	15280	F	Vet1F	46:49:00	46:00:00	Clube Brisa
673	PAULO ALVES	14420	M	Vet1M	46:50:00	42:37:00	
674	ÁLVARO MENDONÇA	14085	M	SenM	46:50:00	46:34:00	Gáfete Runners
675	ANTÓNIO CRISTOVAO	13861	M	Vet1M	46:50:00	46:38:00	
676	LUIS CARVALHO	10081	M	Vet1M	46:50:00	46:43:00	ODIVELAS RUN
677	LUÍS CAMACHO	10572	M	SenM	46:51:00	44:49:00	Ainda sem nome...lol SLB
678	LUIS MARTINS	10070	M	Vet3M	46:51:00	46:48:00	
679	HÉLDER PEREIRA	11005	M	Vet2M	46:51:00	46:40:00	
680	FERNANDO PASSINHAS	14867	M	Vet3M	46:51:00	46:47:00	
681	ANDRE NEREU	14923	M	SenM	46:51:00	46:44:00	
682	JOSÉ GODINHO	12174	M	Vet2M	46:51:00	46:32:00	Casa do Benfica em Castelo Branco
683	ENCARNAÇÃO PEDRO	10482	M	Vet2M	46:51:00	46:48:00	
684	ADIL ABBAS	15205	M	SenM	46:52:00	46:48:00	single
685	ANA REBELO	14497	F	SenF	46:53:00	46:40:00	Casa Benfica Torres Vedras
686	MANUEL CAMPOS	11579	M	Vet3M	46:54:00	46:35:00	viriahtvs runnners viseu
687	LUIS DAMIÃO	12340	M	Vet3M	46:54:00	46:48:00	CCD CRÉDITO AGRÍCOLA MÚTUO
688	RUI MIGUEL PAULO GUILHERME	14865	M	Vet1M	46:54:00	46:47:00	
689	DIOGO ASSUNÇÃO	11062	M	SenM	46:55:00	46:35:00	Here 4 Beer
690	MARCO VIDEIRA	15720	M	SenM	46:55:00	45:53:00	
691	RICARDO TRIGUEIRO	13909	M	SenM	46:55:00	46:42:00	SL Besuntas
692	FRANCISCO LOUREIRO	12674	M	JunM	46:56:00	46:47:00	
693	NUNO PIMENTA	15229	M	Vet1M	46:56:00	46:49:00	
694	MARIA RODRIGUES	12229	F	Vet1F	46:57:00	46:48:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
695	RUI FARIA	11754	M	Vet3M	46:57:00	43:54:00	Casa do Benfica da Figueira da Foz
696	SÉRGIO SANTOS	17545	M	Vet1M	46:57:00	46:49:00	
697	MIGUEL SILVA	14032	M	SenM	46:58:00	45:18:00	
698	BRUNO RAPOSEIRA	13368	M	SenM	46:58:00	44:38:00	Casa Benfica em Alpiarça
699	JOAO ROQUE	11815	M	Vet4M	46:58:00	46:33:00	
700	JOÃO MARQUES	10814	M	SenM	46:59:00	46:33:00	
701	NELSON OLIVEIRA	13157	M	Vet1M	46:59:00	44:31:00	CLAC - Entroncamento
702	LUIS MATIAS	15394	M	Vet1M	46:59:00	44:00:00	Viriathvs Runners Viseu
703	GONÇALO PEDRO	16759	M	JunM	46:59:00	44:31:00	PACERS
704	FERNANDO GONÇALVES	15123	M	Vet2M	46:59:00	45:37:00	GRUPO BARRAQUEIRO



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
705	MARIANA MOTA	17600	F	SenF	46:59:00	46:59:00	
706	FERNANDO ALMEIDA	10196	M	Vet3M	47:00:00	46:52:00	
707	MARIO GONÇALVES	12807	M	Vet3M	47:01:00	43:09:00	ONDA TEAM
708	VASCO LANDEIRO	16187	M	SenM	47:01:00	47:00:00	
709	ANDRÉ ROBALO	10552	M	Vet1M	47:02:00	46:48:00	
710	FREDERICO MARQUES	11203	M	Vet1M	47:02:00	46:47:00	
711	NUNO GOMES	11934	M	Vet1M	47:02:00	46:58:00	Individual
712	FILIPE MACEDO	11995	M	SenM	47:03:00	46:42:00	Zimbra Fox Runners
713	CARLOS COELHO	11176	M	Vet4M	47:06:00	46:42:00	CAAPP
714	JORGE AZEVEDO	14460	M	SenM	47:06:00	46:42:00	GW Runners
715	RUI PEREIRA	10364	M	Vet5M	47:07:00	47:04:00	individual
716	CÉSAR VISTAS	10155	M	Vet2M	47:09:00	46:37:00	
717	CARLOS SANTOS	12078	M	Vet3M	47:09:00	47:06:00	União FCI de Tomar
718	LUÍS TRIGO	13055	M	SenM	47:10:00	46:57:00	#RumoAo37
719	JOÃO CORREIA	15838	M	SenM	47:12:00	46:47:00	
720	JÚLIO ROQUE	13740	M	Vet3M	47:12:00	46:48:00	Correr Soc. Rec. Granja
721	ELMAR DERKITSCH	15216	M	Vet5M	47:13:00	46:43:00	Marriott Lisboa
722	BRUNO ALVES SOUSA	15920	M	SenM	47:14:00	47:03:00	
723	LUIS CHAINHO	12782	M	Vet1M	47:14:00	46:55:00	Amiciclo Grândola
724	VIRGILIO OLIVEIRA	17966	M	Vet3M	47:14:00	47:09:00	
725	BRUNO AIRES	13673	M	SenM	47:15:00	46:35:00	
726	GONÇALO MATOS	10991	M	SenM	47:15:00	46:54:00	
727	JORGE VIDES	10894	M	SenM	47:15:00	46:58:00	
728	MANUEL PEREIRA	16655	M	Vet3M	47:16:00	47:12:00	Colaboradores SLB
729	VITOR TRIGO	13422	M	Vet2M	47:17:00	46:58:00	
730	RUI PANÇA	13778	M	Vet2M	47:18:00	46:04:00	Casa Benfica Seixal
731	ANTONIO ALMEIDA	13744	M	Vet3M	47:18:00	47:14:00	NUCLEO DESPORTIVO AUTOCOOPE
732	RAFAEL PESSOA	14728	M	SenM	47:19:00	45:57:00	Hilti Running Team
733	ADELINO PEREIRA	12100	M	Vet3M	47:19:00	46:58:00	Run2Finish.PT
734	CARLOS RODRIGUES	11804	M	Vet5M	47:19:00	47:16:00	Clube EDP Lisboa
735	FLAVIANO DIAS	14927	M	Vet5M	47:20:00	47:08:00	Amiciclo. Grândola
736	CLAUDIO MATOS	14112	M	SenM	47:20:00	46:39:00	
737	LUIS FRANCO	15843	M	Vet1M	47:20:00	47:08:00	
738	FRANCISCO FERRÃO	11268	M	SenM	47:21:00	47:17:00	
739	TIAGO BOLETO	11090	M	SenM	47:21:00	47:15:00	Galheteiro
740	MIGUEL NUNES	15290	M	Vet2M	47:24:00	45:56:00	GDCT Unicre
741	MIGUEL GUALDINO	10566	M	SenM	47:25:00	47:18:00	COAC - Coruche Outdoor Adventure Club
742	MARCIO ALEXANDRE	10185	M	SenM	47:25:00	47:18:00	COAC - Coruche Outdoor Adventure Club
743	JOSE MORAIS	10284	M	JunM	47:26:00	47:21:00	
744	BRUNO MANUEL MONTEIRO	16309	M	SenM	47:26:00	44:08:00	
745	JOÃO DIAS	11499	M	SenM	47:27:00	47:20:00	Os Galgos de Tancos
746	SERGIO NOGUEIRA	15278	M	Vet1M	47:27:00	46:39:00	Clube Brisa
747	MANUEL VIEIRA	14360	M	Vet4M	47:27:00	47:24:00	Clube Desportivo Ribereense
748	CECÍLIA NICOLAU	10808	F	Vet3F	47:28:00	46:57:00	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
749	CARLOS CRAVEIRA	10591	M	Vet2M	47:28:00	47:10:00	GRCD LEIÃO
750	MIGUEL CUNHA	15753	M	Vet1M	47:28:00	47:10:00	individual
751	FIIPE SILVA	15826	M	SenM	47:28:00	46:54:00	
752	TIAGO REALISTA	17822	M	Vet2M	47:28:00	47:06:00	Amigos dos Atletismo de Mafra
753	CARLOS SILVA	16569	M	SenM	47:29:00	47:07:00	Colaboradores SLB
754	DINIZ RIBAS	13226	M	Vet2M	47:29:00	47:09:00	
755	JOZSEF SEBASTIAN	15392	M	Vet1M	47:29:00	47:17:00	
756	LUIS RAMOS	16376	M	SenM	47:29:00	45:34:00	Hospital da Luz
757	EDUARDO PINTO	14704	M	SenM	47:30:00	47:17:00	
758	GONÇALO GRAZINA	13390	M	SenM	47:30:00	47:14:00	Link
759	BRUNO CUNHA	14902	M	SenM	47:31:00	47:03:00	Pimpões Trail Team
760	ANA ABEGÃO	13160	F	Vet2F	47:31:00	47:12:00	CLAC - Entroncamento
761	ANTÓNIO CARVALHO	13161	M	Vet2M	47:31:00	47:12:00	CLAC - Entroncamento
762	VICENTE PAIXÃO	11496	M	SenM	47:31:00	46:21:00	Total Gym
763	RICARDO ROCHA	10456	M	Vet3M	47:31:00	47:26:00	
764	PEDRO LUCAS	11011	M	Vet1M	47:32:00	47:20:00	
765	JOÃO VEIGA	14100	M	SenM	47:32:00	47:16:00	Correr Lisboa
766	HELIO REIS	14096	M	Vet1M	47:33:00	47:03:00	os carregueirenses
767	CARLOS MOTA	10993	M	SenM	47:33:00	47:10:00	
768	PEDRO PEREIRA	14133	M	SenM	47:34:00	46:36:00	Equipa do André
769	CARLA DIAS	16102	F	Vet1F	47:35:00	47:16:00	
770	ALBERTO GRAÇA	12080	M	Vet5M	47:35:00	47:32:00	União FCI de Tomar
771	TIAGO MARQUES	10143	M	SenM	47:35:00	47:24:00	
772	NELSON BARTOLO	13905	M	SenM	47:36:00	47:09:00	Casa do Benfica de Moura
773	MANUEL ILÍDIO	14669	M	Vet5M	47:37:00	45:24:00	Associação O Companheiro
774	ALEXANDRE PAIS GOMES	10383	M	SenM	47:38:00	47:23:00	
775	JOSE MORAIS	10283	M	SenM	47:39:00	47:34:00	
776	GIL CARNEIRO	10613	M	Vet1M	47:39:00	45:02:00	Margil
777	MARCO PINHO	15668	M	Vet3M	47:39:00	46:27:00	S. C. Espinho/Atletismo António Leitão
778	MANUEL MARTINS	12519	M	Vet5M	47:40:00	47:26:00	Os Martins
779	DANIEL MAIA	15346	M	SenM	47:41:00	46:58:00	
780	EMANUEL MARTINS	13970	M	Vet1M	47:42:00	47:36:00	Aminhacorrida/Myprotein
781	THIAGO MURCIA	15222	M	SenM	47:42:00	47:12:00	Marriott Lisboa
782	FERNANDO SILVA	13965	M	Vet4M	47:42:00	47:32:00	Fronteira R
783	CRISTINA FRANCISCO	12676	F	Vet1F	47:43:00	47:38:00	
784	MARCO VITÓRIA	13510	M	SenM	47:44:00	47:34:00	Sport Arronches e Benfica
785	JOÃO PAULINO	17536	M	JunM	47:44:00	47:33:00	Sport Arronches e Benfica
786	RICARDO CAPITÃO	11938	M	SenM	47:44:00	47:38:00	
787	TIAGO PINTO	15363	M	SenM	47:44:00	47:38:00	Cotovia Running
788	DANIEL SAMPAIO	11098	M	Vet1M	47:45:00	47:27:00	LIS RUNNING CPA
789	FRÉDÉRIC SILVA	12865	M	SenM	47:45:00	45:17:00	
790	RICARDO SILVA	10091	M	SenM	47:45:00	47:33:00	
791	AFONSO RODRIGUES	16094	M	SenM	47:45:00	47:34:00	GDCF Running Team
792	BRUNO OLIVEIRA	16555	M	Vet1M	47:46:00	47:44:00	Colaboradores SLB

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
793	CARLA BARBOSA	12845	F	Vet1F	47:46:00	47:22:00	Os Matrecos
794	NUNO SANTOS	10406	M	SenM	47:46:00	47:36:00	
795	RUI SEBASTIÃO	10098	M	SenM	47:46:00	47:20:00	TOA
796	CARLOS AMARO	10743	M	SenM	47:47:00	47:32:00	Grupo Barraqueiro
797	JOÃO NÓBREGA	12467	M	SenM	47:47:00	47:28:00	
798	DOMINGOS MENDES	12292	M	Vet4M	47:48:00	47:30:00	
799	ALFREDO VALENTE	14458	M	Vet3M	47:48:00	47:21:00	
800	ARMANDO SANTOS	13899	M	Vet4M	47:48:00	47:47:00	
801	RICARDO GONÇALVES	12525	M	SenM	47:48:00	47:40:00	
802	ARTUR CARDEIRA	11943	M	Vet2M	47:49:00	46:46:00	Pinhal Novo a Correr
803	DIOGO VICTOR	14377	M	SenM	47:49:00	47:09:00	
804	DAVID RAMOS	14426	M	SenM	47:49:00	47:41:00	
805	NUNO GONÇALVES	14665	M	Vet1M	47:49:00	47:28:00	URBAN RUN TEAM
806	FRANCISCO OLIVEIRA	13322	M	Vet4M	47:50:00	47:10:00	SCD Glória do Ribatejo
807	VITOR LOURO	16398	M	SenM	47:50:00	46:48:00	Hospital da Luz
808	JORGE CORDEIRO	11538	M	Vet4M	47:50:00	47:23:00	MENU DE ATLETA
809	JOSE AMARO	13799	M	Vet4M	47:50:00	47:35:00	Afis/Ovar
810	NUNO LOURENÇO	13098	M	Vet1M	47:50:00	45:35:00	evelx
811	NUNO ANTÓNIO	17800	M	Vet2M	47:50:00	45:35:00	
812	TIAGO ANTUNES	11146	M	SenM	47:52:00	47:48:00	
813	MARIA JOÃO MADEIRA	11433	F	Vet2F	47:53:00	47:43:00	N. A. PAPAGAIOS DE CASCAis
814	IVONE DUARTE	15511	F	SenF	47:53:00	47:45:00	
815	TIAGO ANTUNES	13244	M	SenM	47:54:00	47:10:00	
816	PAULO JORGE LOURO FOLGADO	11921	M	SenM	47:54:00	47:38:00	(ANE) A Natureza Ensina
817	SELMA NAIR GONÇALVES	13151	F	Vet1F	47:55:00	47:29:00	
818	LUÍS MIGUEL BERNARDO	11632	M	Vet1M	47:55:00	47:32:00	Twopikas
819	JOSÉ COSTA	12859	M	SenM	47:56:00	47:51:00	Kenianos de Almada
820	CARLOS PEREIRA	13891	M	SenM	47:57:00	47:54:00	AC Gloria München
821	PEDRO FONSECA	11656	M	SenM	47:57:00	46:52:00	30ª Echo
822	JOÃO ALMEIDA	10870	M	SenM	47:58:00	47:38:00	
823	ANTÓNIO SOARES	11401	M	SenM	47:58:00	47:24:00	Os Galgos de Tancos
824	NUNO MORUJO	11054	M	SenM	47:58:00	47:47:00	
825	CARLOS ALMEIDA	10664	M	Vet5M	47:59:00	47:56:00	
826	FILIPE CAMPOS	11000	M	SenM	47:59:00	47:39:00	
827	MARTA CONCEIÇÃO	14883	F	SenF	48:00:00	44:59:00	Correr Lisboa
828	RENATO MOREIRAS	10684	M	SenM	48:01:00	47:52:00	
829	ANTÓNIO ESTRELINHA	12251	M	Vet1M	48:01:00	47:36:00	Alcatraz Peniche Runners
830	MIGUEL BRITO	14381	M	SenM	48:01:00	46:56:00	
831	FILIPE DUARTE	11983	M	SenM	48:01:00	47:42:00	Serviços Sociais Montepio
832	LUIS SILVA	13363	M	Vet2M	48:01:00	45:43:00	Casa Benfica em Alpiarça
833	CLÁUDIO BRANCO	13548	M	SenM	48:02:00	46:26:00	Caramujo é agora
834	PEDRO PEDRO	12347	M	SenM	48:02:00	47:56:00	CCD CRÉDITO AGRÍCOLA MÚTUO
835	HUGO DIAS	10198	M	Vet1M	48:02:00	47:50:00	
836	ÓSCAR FRIAS	12097	M	SenM	48:02:00	47:38:00	Trabucas

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
837	JORGE GOMES	13840	M	SenM	48:04:00	46:35:00	
838	RUI HELENO	14418	M	Vet1M	48:04:00	48:01:00	
839	RUI SANTOS	16216	M	SenM	48:06:00	46:58:00	
840	RUI DIAS	10065	M	Vet2M	48:06:00	47:45:00	
841	ROBERTO MOREIRA	14119	M	SenM	48:06:00	44:53:00	Villa Cesari / FLAMA
842	VITOR MONTEIRO	15220	M	Vet4M	48:06:00	47:37:00	Marriott Lisboa
843	RICARDO SANTOS	10264	M	SenM	48:06:00	47:41:00	2x1
844	CARLOS NEVES	11751	M	SenM	48:07:00	47:42:00	Casa do Benfica da Figueira da Foz
845	JOÃO DIREITINHO	14480	M	Vet2M	48:07:00	47:51:00	
846	PEDRO NEVES	12778	M	SenM	48:07:00	47:09:00	
847	CATARINA TAVARES	16270	F	SenF	48:07:00	47:28:00	
848	BRUNO RENDEIRO	17977	M	SenM	48:08:00	48:01:00	
849	RAMIRO SOFIO	12316	M	Vet4M	48:09:00	47:50:00	
850	JORGE CHUMBO	15433	M	SenM	48:09:00	45:03:00	Xumbadas
851	JOÃO AMBRIOSO	17508	M	Vet1M	48:11:00	46:58:00	Casa Benfica Seixal
852	VITOR MANUEL REIS BRAZ	11077	M	Vet4M	48:11:00	48:06:00	Filhos da Noite
853	HUGO BERNARDINO	13554	M	SenM	48:11:00	47:50:00	Lebres de Domingo
854	RICARDO MACHADO	13563	M	SenM	48:11:00	47:51:00	Lebres de Domingo
855	VITOR PAIVA	10846	M	SenM	48:12:00	48:02:00	
856	NUNO MIGUEL	12820	M	Vet2M	48:12:00	47:59:00	
857	RICARDO BEIRÃO	10286	M	SenM	48:12:00	47:53:00	
858	MANUEL NACISMENTO	12961	M	Vet5M	48:13:00	46:43:00	CLUBE TRAIL DE ALMADA
859	SÉRGIO HENRIQUE	12105	M	Vet2M	48:13:00	47:53:00	Run2Finish.PT
860	JORGE RIBEIRO	15640	M	Vet3M	48:13:00	48:03:00	
861	JOSÉ CARDOSO	14843	M	SenM	48:13:00	47:58:00	Link
862	CARLOS COSTA	14248	M	Vet2M	48:14:00	45:15:00	Casa do Benfica em Algueirão Mem Martins-Sintra
863	JOÃO MORAIS	16049	M	Vet1M	48:14:00	47:56:00	Correr Queluz
864	SANDRO ALVES	14068	M	SenM	48:14:00	45:23:00	
865	JOÃO SILVA	16089	M	Vet4M	48:15:00	47:50:00	Os Zatopeques
866	LUIS LOUREIRO	11904	M	Vet1M	48:15:00	48:00:00	Viriathvs Runners Viseu
867	JORGE PAULO	14517	M	Vet2M	48:15:00	47:02:00	Casa Benfica Seixal
868	GODINHO RAMOS	11837	M	Vet1M	48:15:00	47:34:00	Os Brutos do Xangai
869	MIGUEL FIGUEIREDO ESTEVES	11772	M	SenM	48:16:00	48:00:00	CLUBE COLABORADORES AGEAS
870	PEDRO CANECO	11400	M	Vet1M	48:16:00	47:50:00	COININHA RUNNERS
871	LUIS MEIRINHOS	15333	M	Vet1M	48:16:00	48:03:00	
872	NELSON BARRADINHAS	10984	M	Vet1M	48:17:00	47:58:00	Amiciclo Grândola
873	PAULO LOPES	14328	M	SenM	48:18:00	44:20:00	
874	FRANCISCO SOUSA	15901	M	Vet3M	48:18:00	47:54:00	Casa do Benfica em Almodôvar
875	FILIPE COSTA	14194	M	SenM	48:18:00	48:03:00	
876	GUILHERME RIBEIRO	11711	M	Vet2M	48:18:00	46:27:00	MEXE-TE MÓ OLHÃO
877	NUNO MORGADO	16267	M	SenM	48:18:00	47:54:00	
878	RUI CORREIA	12270	M	Vet1M	48:18:00	47:09:00	G.C.Estrelas da Amadora
879	PEDRO CORREIA	12269	M	SenM	48:19:00	47:09:00	G.C.Estrelas da Amadora
880	MARCO DOMINGUES	13545	M	SenM	48:19:00	47:07:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
881	RUI CORREIA	12283	M	Vet1M	48:19:00	40:58:00	GDCTINCM
882	CARLOS FERNANDES	11216	M	SenM	48:19:00	47:37:00	
883	JOÃO FERNANDES	14217	M	SenM	48:19:00	47:53:00	CCD Siemens
884	MÁRIO LOPES	11096	M	Vet2M	48:20:00	43:57:00	
885	MARIO BATISTA	10367	M	Vet2M	48:21:00	48:18:00	
886	MARCO OLIVEIRA	10230	M	Vet3M	48:21:00	48:17:00	Pegada Tavira
887	LUÍS CALHA	14208	M	Vet2M	48:21:00	48:19:00	Clube de Praças da Armada
888	RUI OLIVEIRA	13130	M	Vet1M	48:21:00	48:13:00	
889	FERNANDO FARIA	13389	M	Vet4M	48:22:00	48:06:00	Link
890	PAULO CÉSAR	10451	M	Vet1M	48:22:00	48:08:00	Azarujabtt
891	ANDRE LOPES	11886	M	SenM	48:22:00	48:10:00	
892	ANTÓNIO SILVA	11614	M	Vet2M	48:22:00	47:54:00	Pinhal Novo a Correr
893	ANDRÉ LOPES	13075	M	SenM	48:23:00	44:25:00	
894	JOSÉ SILVA	14129	M	Vet2M	48:23:00	48:01:00	HUT RUNNERS FITNESS HUT SINTRA
895	FILIPE SEBASTIÃO	11404	M	Vet2M	48:23:00	47:47:00	
896	CARLOS JESUS	14118	M	Vet5M	48:24:00	48:21:00	Individual
897	GUSTAVO ÉVORA	16214	M	Vet3M	48:25:00	47:17:00	
898	EMANUEL SEITA	16587	M	Vet1M	48:25:00	48:09:00	Colaboradores SLB
899	ALCIRIO REIS	16215	M	SenM	48:25:00	47:17:00	
900	MAURO PINTO	13122	M	SenM	48:25:00	48:09:00	
901	HENRIQUE HORTA	14805	M	Vet3M	48:26:00	47:56:00	
902	JOÃO ALMEIDA	14782	M	Vet2M	48:27:00	47:12:00	SS CGD
903	CARLOS CARRANCA	10583	M	Vet3M	48:27:00	48:05:00	
904	LOURENÇO AGUIAR	12123	M	Vet2M	48:27:00	46:46:00	Os Galgos de Tancos
905	ANTONIO SANTOS	10644	M	Vet5M	48:28:00	48:26:00	Individual
906	FRANCISCO BISPO	12468	M	Vet4M	48:29:00	48:19:00	
907	PEDRO SANTOS	10123	M	SenM	48:30:00	48:19:00	
908	ALFREDO LEITE	13712	M	SenM	48:30:00	48:17:00	
909	MIGUEL OLIVEIRA	10415	M	Vet1M	48:30:00	48:21:00	
910	IVO PINTO	10298	M	SenM	48:31:00	48:10:00	
911	TIAGO ANDRE	14179	M	SenM	48:32:00	47:50:00	MOITA SLB
912	NÉLSON ÉVORA	16213	M	Vet1M	48:32:00	47:24:00	
913	RICARDO PEREIRA	15685	M	JunM	48:32:00	48:16:00	S. C. Espinho/Atletismo António Leitão
914	TIAGO BORGES	13243	M	Vet1M	48:33:00	48:13:00	
915	LENDL FERREIRA	14836	M	SenM	48:34:00	46:05:00	
916	RUI PEDRO DE OLIVEIRA CANELAS	11143	M	Vet1M	48:34:00	48:04:00	
917	SÉRGIO SOTA	10978	M	Vet3M	48:35:00	47:59:00	
918	PEDRO RAPOSO	14385	M	SenM	48:36:00	48:19:00	
919	NUNO LOUREIRO	17884	M	Vet2M	48:37:00	45:35:00	Fidelidade
920	JORGE ALVES	17883	M	Vet2M	48:37:00	45:33:00	Fidelidade
921	CARLOS MARQUES	10713	M	SenM	48:38:00	48:16:00	
922	PAULO MILHEIRO	13060	M	Vet3M	48:39:00	47:56:00	Caldas de Sao Jorge
923	RICARDO PINTO	13994	M	Vet2M	48:40:00	48:30:00	
924	RODRIGO SANTOS	10427	M	Vet2M	48:40:00	48:29:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
925	PEDRO FOGUETEIRO	13364	M	Vet1M	48:40:00	46:21:00	Casa Benfica em Alpiarça
926	CARLOS CRUZ	11045	M	SenM	48:40:00	47:39:00	Trinca Espinhas
927	BRUNO FERREIRA	13949	M	SenM	48:40:00	47:59:00	C. D. Amigos de Paco Nassa
928	CARLA FERNANDES	12585	F	SenF	48:41:00	47:33:00	Asas
929	RICARDO JORGE GOMES NASCIMENTO	13338	M	SenM	48:41:00	46:26:00	
930	VANUZA ALVES SILVA	13976	F	Vet1F	48:41:00	47:47:00	
931	LUIS DIAS	10540	M	SenM	48:41:00	48:17:00	
932	PAULO MARTINS	14453	M	Vet1M	48:42:00	48:16:00	
933	LUÍS RODRIGUES	11808	M	SenM	48:43:00	48:24:00	Clube EDP Lisboa
934	TIAGO GUERRA	11063	M	SenM	48:44:00	48:24:00	Here 4 Beer
935	JOSÉ PONTES	14746	M	Vet1M	48:44:00	47:56:00	POLÍCIA MUNICIPAL LISBOA
936	VITOR MORAIS	15628	M	Vet4M	48:44:00	48:44:00	
937	PEDRO MENDONÇA	12466	M	Vet1M	48:44:00	48:26:00	
938	RICARDO NUNES	11865	M	SenM	48:44:00	43:45:00	
939	MIGUEL OLIVEIRA	10742	M	Vet4M	48:44:00	48:36:00	
940	PEDRO FILIPE CORREIA	11729	M	Vet2M	48:44:00	48:27:00	Correr Lisboa
941	FRANCISCO COIMBRA	15474	M	SenM	48:45:00	47:00:00	
942	PAULO SANTOS	10778	M	Vet3M	48:45:00	48:21:00	
943	MIGUEL VELUDO	16350	M	Vet1M	48:45:00	46:50:00	Hospital da Luz
944	JOÃO ESTEVÃO	10643	M	SenM	48:45:00	48:36:00	
945	BRUNO CARVALHO	10855	M	SenM	48:46:00	48:34:00	BR Triathlon
946	GONÇALO SANTOS	12006	M	Vet1M	48:46:00	45:50:00	GDC PORTOS DE SINES E DO ALGARVE
947	LUIS PINHO	13843	M	Vet2M	48:46:00	47:17:00	
948	VITOR MANUEL FREITAS	14026	M	Vet3M	48:46:00	48:34:00	individual
949	PEDRO CAETANO	13672	M	Vet1M	48:46:00	47:34:00	Speed Family
950	MANUEL COITO	10903	M	SenM	48:46:00	48:39:00	
951	PAULO MARTINS	11067	M	Vet1M	48:47:00	48:32:00	
952	RENATO CRISTINA	14518	M	Vet2M	48:47:00	47:35:00	Casa Benfica Seixal
953	RICARDO OLIVEIRA	12689	M	SenM	48:47:00	48:34:00	
954	VITOR FERREIRA	13123	M	SenM	48:48:00	48:42:00	
955	NUNO MIGUEL MOREIRA	13922	M	Vet1M	48:48:00	48:41:00	Correr Lisboa
956	CARLOS MOREIRA	14081	M	Vet2M	48:48:00	48:46:00	PDA
957	ADRIANO REIS	13676	M	Vet1M	48:48:00	46:36:00	
958	BRUNO CORGAS	16417	M	SenM	48:48:00	48:38:00	Hospital da Luz
959	JOÃO BAPTISTA	11419	M	Vet3M	48:49:00	48:42:00	Os Galgos de Tancos
960	NUNO MARTINS	11029	M	SenM	48:49:00	48:04:00	
961	MARTA PÁSCOA	15993	F	JunF	48:50:00	48:48:00	Sport Lisboa e Benfica ELITE
962	ANDRE NUNES	11324	M	SenM	48:50:00	45:48:00	SS CGD
963	ALBANO BRAGA	16196	M	Vet5M	48:50:00	42:51:00	
964	BRUNO GONÇALVES	11511	M	SenM	48:51:00	48:40:00	
965	JOSÉ TOMÉ	10747	M	Vet3M	48:51:00	48:35:00	Grupo Barraqueiro
966	DIOGO MIRAGAIA	12416	M	SenM	48:51:00	48:34:00	
967	JOANA QUINTÃ	14991	F	SenF	48:52:00	48:30:00	UC Eirense
968	GONÇALO RANGEL	15284	M	SenM	48:52:00	48:05:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
969	LUIS ESTÊVÃO	14658	M	Vet2M	48:52:00	48:04:00	
970	RICARDO VIEGAS	13126	M	Vet1M	48:53:00	48:20:00	
971	RICARDO WENCESLAU	10614	M	SenM	48:53:00	48:51:00	
972	CATARINA QUINTEIRO	17953	F	SenF	48:55:00	48:11:00	
973	EDUARDO RIBEIRO	11668	M	Vet3M	48:55:00	48:07:00	GDCT Unicre
974	PEDRO PEREIRA	11246	M	Vet3M	48:56:00	48:42:00	
975	NUNO SILVA	15413	M	SenM	48:56:00	48:52:00	Hermanos Verdad
976	C.CARNEIRO CARNEIRO	16468	M	Vet1M	48:57:00	47:15:00	Central de Cerveja
977	PEDRO MIGUEL RODRIGUES	15260	M	Vet2M	48:57:00	48:51:00	
978	FERNANDO MANUEL GONÇALVES SANTOS	15492	M	SenM	48:57:00	48:36:00	carrega benfica
979	CARLOS FERREIRA	13745	M	Vet5M	48:57:00	48:49:00	NUCLEODESPORTIVO AUTOCOOPE
980	HELDER SILVA	15420	M	Vet1M	48:57:00	48:55:00	
981	MARCO NAZARÉ	15182	M	SenM	48:58:00	47:53:00	YKK
982	ANTONIO CHAINHO PARREIRA	14368	M	Vet5M	48:59:00	48:47:00	Os Kotas
983	MARIA JOÃO MARQUES	13729	F	SenF	48:59:00	48:37:00	
984	RUI MENDES	11461	M	Vet2M	49:00:00	48:47:00	particular
985	JOÃO LOPES	14071	M	Vet2M	49:00:00	48:38:00	GINjinha Runners
986	RICARDO MARTINS	16119	M	SenM	49:01:00	48:39:00	
987	FABIO PRAGANA	14260	M	SenM	49:01:00	46:26:00	
988	RUI BARROSO	16730	M	Vet1M	49:02:00	48:31:00	Colaboradores SLB
989	SÉRGIO CRUZ	11749	M	SenM	49:02:00	48:26:00	Run Tomar
990	ARTUR BERNARDO	16551	M	Vet2M	49:02:00	48:30:00	Colaboradores SLB
991	VITOR MANUEL VARELA SERRAS	12899	M	Vet2M	49:02:00	49:00:00	
992	DIOGO SILVA	14835	M	SenM	49:03:00	48:53:00	
993	NUNO MENDES	14306	M	Vet1M	49:03:00	48:56:00	
994	ANDRÉ CANDEIAS	13688	M	SenM	49:03:00	45:44:00	
995	PEDRO FONTOURA	11698	M	Vet2M	49:04:00	48:57:00	SS CGD
996	ORLANDO DUARTE	13113	M	Vet2M	49:04:00	49:03:00	
997	MIGUEL SANTOS	14512	M	SenM	49:05:00	48:02:00	
998	ANTÓNIO COSTA	13120	M	Vet3M	49:05:00	48:40:00	CCCDAV/Ondalux
999	MÁRIO LOURO	11486	M	Vet2M	49:05:00	48:57:00	
1000	MICAEL AGOSTINHO	12005	M	JunM	49:06:00	48:26:00	#passoapasso-runners Pontével
1001	JORGE SERROTE	10766	M	SenM	49:06:00	46:16:00	
1002	MIGUEL CRUZ	15209	M	Vet1M	49:06:00	49:01:00	Brnightrunners
1003	ANTONIO PADILHA	14429	M	SenM	49:06:00	46:16:00	
1004	DIOGO EUSEBIO	12639	M	SenM	49:07:00	48:30:00	
1005	MANUEL ROMANO	12646	M	Vet3M	49:07:00	49:03:00	Run 4 Fun
1006	CARLOS SECO	14200	M	Vet4M	49:08:00	48:44:00	MOITA SLB
1007	PEDRO SOARES	14866	M	Vet2M	49:09:00	48:50:00	cruz de pau
1008	CLEMENTE TEIXEIRA	10647	M	Vet2M	49:09:00	49:08:00	
1009	NUNO MARTINS	10064	M	SenM	49:11:00	49:01:00	
1010	HUMBERTO BORGES	10189	M	Vet3M	49:11:00	46:09:00	lesmas
1011	LUÍS FERREIRA	15656	M	Vet1M	49:11:00	41:44:00	Casa do Benfica em Algueirão Mem Martins-Sintra
1012	JOÃO MARTINHO	11345	M	SenM	49:12:00	48:16:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1013	ANTÓNIO IRIA	13762	M	Vet2M	49:12:00	48:55:00	Correr Lisboa
1014	PEDRO PEREIRA	15059	M	SenM	49:12:00	49:03:00	
1015	JOSE FRANCO	10784	M	Vet4M	49:13:00	48:44:00	SR. CAMARNAL
1016	JOÃO REBELO	10827	M	Vet3M	49:13:00	49:08:00	
1017	JOSÉ DINIS	12892	M	Vet1M	49:13:00	48:43:00	Gloriosos Team
1018	PEDRO POMBO	10947	M	Vet1M	49:14:00	49:08:00	SentiAmarilla
1019	MAFALDA RESENDE	13255	F	SenF	49:14:00	48:47:00	Running Espinho
1020	VITOR LOURENÇO	14286	M	Vet1M	49:15:00	48:33:00	
1021	NUNO ALMEIDA	16467	M	Vet2M	49:16:00	47:34:00	Central de Cerveja
1022	CARLOS MANUEL GARCIA FELÍCIO	14913	M	SenM	49:16:00	48:59:00	Linha Benfica
1023	LUIS AZEVEDO	13454	M	Vet3M	49:16:00	47:32:00	Correr Lisboa
1024	ERNESTO GUIA	11874	M	Vet5M	49:17:00	49:00:00	ACDBocal
1025	JOÃO CALISTO	15938	M	Vet4M	49:17:00	48:45:00	
1026	LICÍNIO FIDALGO	10580	M	Vet4M	49:17:00	48:25:00	
1027	JORGE SALVADO	16140	M	Vet4M	49:17:00	49:06:00	Clube Millenniumbcp
1028	ANTÓNIO VIEIRA	10421	M	SenM	49:17:00	45:46:00	
1029	LUÍS VIEIRA	11501	M	SenM	49:17:00	45:46:00	
1030	CARLOS SILVA	17807	M	Vet5M	49:17:00	47:47:00	
1031	BRUNO VIANA	14435	M	SenM	49:18:00	49:14:00	
1032	MARINHA FERNANDES	12360	F	Vet3F	49:18:00	49:08:00	
1033	JORGE FRAGA	11389	M	Vet3M	49:18:00	47:48:00	
1034	LUIS REBELO	14492	M	Vet3M	49:18:00	46:40:00	Casa Benfica Torres Vedras
1035	SERGIO MELRO	15244	M	Vet3M	49:19:00	48:52:00	bora bora
1036	JORGE NETO	11600	M	Vet2M	49:19:00	49:13:00	
1037	MANUEL CANANÉ	10067	M	Vet3M	49:19:00	49:13:00	Correr Lisboa
1038	JOÃO PAULO CANANÉ	13091	M	Vet1M	49:20:00	49:12:00	
1039	NELSON GOMES	12396	M	SenM	49:20:00	49:14:00	
1040	PAULO CRAVEIRO	13318	M	Vet1M	49:20:00	49:06:00	Jatapanho
1041	TIAGO RAIMUNDO	13319	M	SenM	49:21:00	49:07:00	Jatapanho
1042	PEDRO GAVINHOS	11818	M	SenM	49:21:00	46:45:00	SLBENFICATEAM
1043	HELDER FAIA	17550	M	Vet1M	49:21:00	42:06:00	Pinheiro Manso Runners
1044	CARLOS JUSTO	16099	M	Vet1M	49:21:00	48:58:00	
1045	JOÃO CORREIA	14440	M	Vet3M	49:22:00	47:49:00	Viriathvs Runners Viseu
1046	PEDRO JORGE RIBEIRO	12562	M	Vet2M	49:22:00	49:01:00	
1047	JORGE RODRIGUES	17839	M	SenM	49:23:00	45:24:00	Casa Benfica Torres Vedras
1048	PEDRO SÁ PEREIRA	10048	M	SenM	49:23:00	49:00:00	Sá e Suh
1049	CARLOS NEGRAO	12544	M	Vet2M	49:24:00	48:42:00	
1050	JOAO AGUIAR	11426	M	SenM	49:24:00	49:03:00	
1051	ARTUR SOARES	10271	M	Vet2M	49:24:00	49:06:00	SpeedRunners
1052	CARLA SANTOS	10272	F	Vet2F	49:24:00	49:06:00	SpeedRunners
1053	JOSÉ PEREIRA	15684	M	Vet3M	49:24:00	49:07:00	S. C. Espinho/Atletismo António Leitão
1054	PEDRO SANTOS	15030	M	Vet1M	49:24:00	46:33:00	Huawei Portugal
1055	NUNO SIMÕES	12346	M	Vet1M	49:25:00	49:16:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1056	RICARDO AMARAL	15067	M	SenM	49:25:00	48:42:00	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1057	RUI MONTEIRO	15959	M	SenM	49:25:00	49:20:00	
1058	FRANCISCO PINTO	15362	M	Vet4M	49:25:00	49:18:00	Cotovia Running
1059	MIGUEL BAPTISTA	15480	M	Vet3M	49:26:00	49:15:00	
1060	LUÍS ANSELMO	12604	M	SenM	49:26:00	48:26:00	Grupo Desportivo "O Independente" - Barreiro
1061	MARCO RIBEIRO	14148	M	SenM	49:27:00	44:39:00	Mazerunners
1062	JOÃO PARDAL	11679	M	SenM	49:29:00	49:18:00	Clube Brisa
1063	HENRIQUE ESPADA	14370	M	Vet1M	49:29:00	49:10:00	Os Kotas
1064	NUNO OLIVEIRA	11953	M	Vet1M	49:30:00	49:23:00	URB TEODORA RUNNING TEAM
1065	MIGUEL LEAL	11374	M	Vet2M	49:32:00	49:12:00	
1066	FERNANDO CORDA	13981	M	Vet3M	49:33:00	43:18:00	Valejas ac
1067	NUNO FERREIRA	10212	M	SenM	49:33:00	49:12:00	
1068	GONÇALO COELHO	13265	M	SenM	49:35:00	48:53:00	Táxis dos Moleanos / sosi
1069	RICARDO BORDALO	14857	M	Vet2M	49:36:00	49:24:00	
1070	LUÍS LOUÇÃO	13461	M	SenM	49:37:00	49:03:00	
1071	JOÃO FIGUEIREDO	13448	M	SenM	49:37:00	49:03:00	
1072	MANUEL COSTA	15230	M	Vet5M	49:37:00	49:19:00	
1073	JOAQUIM PESSOA	15862	M	Vet5M	49:37:00	49:18:00	CASA DO BENFICA CONDEIXA
1074	PAULO PULQUERIO	17983	M	Vet2M	49:38:00	49:12:00	
1075	DOMINGOS RIBEIRO	17984	M	Vet3M	49:38:00	49:12:00	
1076	ANTÓNIO ROSA	10728	M	Vet3M	49:38:00	48:04:00	
1077	JORGE CAMPOS	15447	M	Vet1M	49:39:00	49:22:00	
1078	ANTONIO TEIXEIRA	13991	M	Vet2M	49:39:00	47:40:00	Grupo Amigos do Atletismo de Vila Franca de Xira
1079	SÉRGIO JOAQUIM	15203	M	Vet1M	49:40:00	49:31:00	
1080	GRAÇA ROLDÃO	13228	F	Vet3F	49:40:00	48:51:00	Os Tugas
1081	LUIS BATISTA	13751	M	SenM	49:40:00	49:25:00	Corredores da Adega
1082	GONÇALO SOUSA	16227	M	SenM	49:40:00	49:18:00	
1083	LUÍS GODINHO	10069	M	SenM	49:41:00	49:23:00	Barrancos F.C./Biogado
1084	GERALDO CASTRO	12183	M	SenM	49:41:00	49:19:00	
1085	RICARDO TEODORO	10318	M	SenM	49:42:00	49:36:00	
1086	NUNO NASCIMENTO	10910	M	Vet2M	49:42:00	49:33:00	
1087	NUNO CABEDO	14132	M	Vet3M	49:42:00	49:16:00	
1088	PEDRO VENÂNCIO	11594	M	SenM	49:42:00	48:16:00	
1089	LUIS SILVA	15724	M	Vet2M	49:42:00	49:31:00	
1090	FILIPE VICENTE	11391	M	Vet2M	49:43:00	48:09:00	
1091	JOÃO FALCÃO	13724	M	SenM	49:44:00	49:22:00	
1092	MANUEL JÚLIO	15645	M	Vet4M	49:44:00	49:27:00	CLAC - Entroncamento
1093	RUI PEREIRA	11701	M	Vet2M	49:44:00	49:32:00	SS CGD
1094	SÉRGIO MESQUITA	15906	M	SenM	49:45:00	49:23:00	Serrado FC Atletismo
1095	NELSON COELHO	14775	M	Vet2M	49:45:00	49:42:00	Coelho FC
1096	HUGO NUNES	13125	M	Vet1M	49:46:00	48:50:00	
1097	MARIA RUIVO	10202	F	Vet1F	49:46:00	49:22:00	
1098	CARLOS LOURENÇO	10982	M	Vet1M	49:47:00	49:28:00	Lis Running CPA
1099	ANTONIO PUCARIÇO	14293	M	Vet4M	49:47:00	47:58:00	CCD PM CASCAIS
1100	GONCALO LOPES	10337	M	Vet1M	49:48:00	49:30:00	Serrado FC Atletismo

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1101	CATARINA LEITÃO AFONSO	13030	F	SenF	49:48:00	49:22:00	
1102	MÁRIO DUQUE	14837	M	Vet2M	49:48:00	49:43:00	
1103	HUGO FAUSTINO	15026	M	SenM	49:48:00	49:34:00	--RUMO AO PENTACAMPEÃO! CARREGA BENFICA--
1104	GONÇALO VIEIRA	15024	M	SenM	49:48:00	49:34:00	--RUMO AO PENTACAMPEÃO! CARREGA BENFICA--
1105	JULIO FERREIRA	11288	M	Vet5M	49:48:00	49:35:00	Clube Novo Banco
1106	JOÃO M. ROSA	14650	M	Vet4M	49:49:00	49:45:00	
1107	NUNO FERREIRA	16688	M	Vet2M	49:49:00	47:57:00	Colaboradores SLB
1108	JOSE BATISTA CASTRO	10865	M	Vet1M	49:50:00	49:39:00	
1109	LUIS MIGUEL ALMEIDA MARQUES	10866	M	Vet1M	49:50:00	49:38:00	
1110	TIAGO LOURO	10387	M	SenM	49:51:00	49:43:00	
1111	SANDRO SILVA	10905	M	SenM	49:51:00	49:44:00	Pupilos do Zé Tó
1112	FERNANDO FAVINHA	15605	M	Vet4M	49:51:00	49:35:00	
1113	SÉRGIO PEDRO	16741	M	SenM	49:51:00	46:19:00	Colaboradores SLB
1114	TIAGO MACHADO	13995	M	SenM	49:52:00	49:42:00	
1115	PEDRO MARQUES	12652	M	SenM	49:52:00	49:26:00	
1116	NUNO MARTINS	11817	M	Vet1M	49:52:00	45:59:00	100 team
1117	MÁRIO RODRIGUES	15580	M	Vet1M	49:52:00	43:17:00	GDR GRANJA - TRUTAS DO MAU
1118	DAVID FIGUEIREDO	11070	M	Vet1M	49:53:00	49:28:00	
1119	MILTON ROSA	14778	M	SenM	49:53:00	49:46:00	
1120	TIAGO SIMÕES	10331	M	SenM	49:53:00	49:49:00	
1121	JOAO ILDEFONSO	16628	M	SenM	49:53:00	48:59:00	Colaboradores SLB
1122	ARSÉNIO FERREIRA	12296	M	Vet5M	49:53:00	49:28:00	Casa do Benfica de Peniche
1123	RUI BRITO	11925	M	SenM	49:54:00	49:28:00	MBTEAM
1124	ARTUR NASCIMENTO	17803	M	Vet2M	49:54:00	49:50:00	
1125	DANIEL AZEVEDO PORTELA	14006	M	SenM	49:54:00	47:53:00	
1126	HUGO PIRES	12773	M	Vet1M	49:55:00	49:43:00	
1127	CARINA CASTRO	14685	F	SenF	49:55:00	49:29:00	
1128	CARLOS TORRE	11617	M	Vet1M	49:56:00	49:47:00	
1129	TELMO CARVALHEIRO	13473	M	SenM	49:56:00	46:06:00	
1130	NUNO CRUZ	16680	M	Vet1M	49:56:00	49:32:00	Colaboradores SLB
1131	JOÃO PRATAS	14502	M	Vet3M	49:56:00	48:37:00	INDIVIDUAL
1132	JOÃO AGOSTINHO	13391	M	SenM	49:57:00	49:41:00	Link
1133	MANUEL ANTÓNIO	12697	M	Vet2M	49:57:00	49:48:00	Clube Ferroviário de Portugal
1134	CARLOS MANUEL PEREIRA GERTRUDES	10361	M	Vet4M	49:58:00	49:29:00	ABTT - Palmela
1135	JOANA MENDES	10554	F	SenF	49:58:00	49:36:00	
1136	RICARDO PACHECO	11185	M	Vet1M	49:59:00	49:00:00	Pegada Tavira
1137	ALICE SILVA	16068	F	Vet2F	50:00:00	49:53:00	
1138	LUIS BRAS	12304	M	SenM	50:00:00	49:46:00	
1139	PEDRO PASCOAL	13405	M	SenM	50:01:00	48:17:00	GRCD Leião
1140	ALEXANDRE ARAÚJO	10156	M	Vet2M	50:01:00	49:32:00	
1141	PEDRO RIBEIRO	12533	M	Vet1M	50:01:00	49:41:00	
1142	BRUNO CORREIA	11477	M	SenM	50:02:00	49:17:00	DreamTeam
1143	RICARDO SOUSA	10016	M	SenM	50:02:00	49:55:00	
1144	TELO FREITAS	15294	M	SenM	50:02:00	48:56:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1145	JOÃO PERDIGÃO	11788	M	SenM	50:04:00	48:19:00	
1146	JOÃO CUNHA	12299	M	SenM	50:04:00	49:52:00	Preguiças do Monte
1147	EDUARDO GOMES DA SILVA	10763	M	SenM	50:04:00	49:36:00	
1148	JOÃO CANHOTO	12671	M	Vet2M	50:05:00	49:47:00	correr Loures
1149	DOMINGOS SEWARD	15839	M	SenM	50:05:00	49:58:00	
1150	JOSÉ LEITÃO	14424	M	Vet2M	50:05:00	49:38:00	Pinhal Novo a correr
1151	DAVIDE SENA	13374	M	SenM	50:07:00	46:28:00	
1152	TIAGO LOPES	14364	M	JunM	50:07:00	49:06:00	
1153	CARLOS TEIXEIRA GONCALVES	14402	M	Vet5M	50:07:00	50:01:00	
1154	TIAGO ALEXANDRE CARDOSO	10884	M	SenM	50:07:00	48:12:00	
1155	PEDRO MARQUES	17939	M	SenM	50:08:00	43:49:00	
1156	RICARDO ALVES	13776	M	SenM	50:08:00	48:54:00	Casa Benfica Seixal
1157	PEDRO CRUZ	16047	M	Vet1M	50:08:00	49:46:00	
1158	TIAGO MARQUES	16310	M	SenM	50:08:00	46:50:00	
1159	ANTÓNIO AMARAL	13294	M	Vet1M	50:09:00	48:41:00	Guizo Runners
1160	JOÃO VIANA	10508	M	SenM	50:09:00	49:56:00	
1161	RÚBEN LINO	10417	M	SenM	50:09:00	49:53:00	
1162	JOSÉ BÁRBARA	12189	M	Vet3M	50:10:00	48:33:00	
1163	FÁBIO MORGADO	16150	M	SenM	50:10:00	47:01:00	
1164	ANTÓNIO MIGUEL BATISTA	10886	M	Vet1M	50:10:00	49:56:00	Viriathvs Runners Viseu
1165	PAULO SIMÕES	16306	M	SenM	50:11:00	49:22:00	
1166	RICARDO SOARES	14473	M	Vet1M	50:11:00	49:32:00	Ricardo Soares HBL
1167	CÉSAR FERREIRA	11618	M	SenM	50:11:00	49:12:00	
1168	JORGE ELISEU	12338	M	Vet2M	50:12:00	50:03:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1169	FILIPE SILVA	16595	M	SenM	50:12:00	47:15:00	Colaboradores SLB
1170	LINO COELHO	13759	M	SenM	50:12:00	50:08:00	
1171	JOSÉ GONÇALVES	12710	M	Vet3M	50:13:00	48:50:00	Grupo Alegre Unido Bajouca
1172	LUIS SANTOS	12143	M	Vet3M	50:13:00	49:53:00	SalvaterraNightRunners
1173	PAULO MOREIRA	16253	M	Vet3M	50:13:00	47:45:00	Palpites e Teorias
1174	JULIO MOREIRA	13835	M	Vet4M	50:13:00	49:49:00	
1175	ANTÓNIO ALMEIDA	13836	M	SenM	50:13:00	49:48:00	
1176	MANUEL MENDES	11964	M	Vet1M	50:13:00	50:06:00	
1177	DANIELA FALCÃO	11968	F	SenF	50:13:00	49:49:00	Clube Desportivo de Leomil
1178	DANIEL VIEIRA	15073	M	SenM	50:13:00	47:47:00	PepsiCo
1179	JOAQUIM RAMALHO	15722	M	SenM	50:14:00	48:14:00	
1180	JOÃO SANTOS	15423	M	SenM	50:16:00	50:01:00	ASICS Lisboa Run Club
1181	PAULO TAVARES	16697	M	Vet1M	50:16:00	49:51:00	Colaboradores SLB
1182	LUÍS FILIPE ALBUQUERQUE GRAÇA	12917	M	SenM	50:17:00	49:53:00	
1183	CLEONICE OLIVEIRA	11206	F	Vet3F	50:18:00	50:15:00	Ginásio Clube Português
1184	GONÇALO ALBERTO	14166	M	SenM	50:18:00	47:57:00	
1185	JOSÉ MENDES	15461	M	Vet3M	50:18:00	49:32:00	
1186	PEDRO FLORES	10879	M	SenM	50:19:00	49:57:00	C. D. Amigos de Paco Nassa
1187	MANUEL SANTIAGO	11929	M	Vet3M	50:19:00	49:59:00	Clube do Pessoal Aguas Gaia
1188	HUGO SERRANO	14143	M	Vet1M	50:19:00	50:10:00	HCRunners

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1189	FILIPE BAPTISTA	13090	M	SenM	50:20:00	49:45:00	
1190	ANTÓNIO ALBUQUERQUE	15683	M	Vet1M	50:20:00	50:03:00	S. C. Espinho/Atletismo António Leitão
1191	GONÇALO LOURO	14540	M	SenM	50:20:00	49:40:00	
1192	NÁDIA SANTOS	15687	F	SenF	50:20:00	50:05:00	S. C. Espinho/Atletismo António Leitão
1193	RICARDO MONTEIRO	14645	M	Vet1M	50:20:00	49:43:00	
1194	BRUNO MIGUEL GOMES SILVA	10416	M	SenM	50:21:00	50:13:00	
1195	DUARTE VIEIRA	11450	M	JunM	50:21:00	49:35:00	
1196	LUIS CABECINHA	10466	M	SenM	50:22:00	50:19:00	
1197	MARCELO CHAGAS	11250	M	SenM	50:22:00	50:04:00	Peniche a Correr
1198	ANA FERREIRA	12043	F	SenF	50:23:00	50:17:00	Run for Friends
1199	JOAO R RUSSO	15014	M	Vet3M	50:23:00	49:52:00	
1200	OLIMPIO GUEDELHA	10796	M	Vet5M	50:23:00	49:57:00	Resineiros Corgas
1201	RUI GASPAR	15219	M	Vet5M	50:25:00	49:54:00	Marriott Lisboa
1202	NELSON GOMES	13437	M	SenM	50:25:00	49:48:00	
1203	DIOGO CARVALHO	12889	M	SenM	50:26:00	49:04:00	Bruxos Runners
1204	RICARDO PEREIRA	14700	M	Vet1M	50:26:00	50:02:00	Pereiras
1205	PAULO DIAS	11610	M	SenM	50:26:00	48:09:00	Nel-Pédatleta
1206	RENÉ DUARTE	13781	M	Vet5M	50:27:00	49:14:00	Casa Benfica Seixal
1207	ANDREIA PIRES	11508	F	SenF	50:27:00	48:11:00	Nel - Pédatleta
1208	JOÃO FRANCISCO RIBEIRO	16631	M	SenM	50:27:00	48:50:00	Colaboradores SLB
1209	JOAQUIM SANTOS	15551	M	Vet2M	50:27:00	50:18:00	CATEDRAL DA CERVEJA
1210	DIOGO SANTANA	13092	M	SenM	50:27:00	48:05:00	
1211	JOÃO FERREIRA	15470	M	Vet4M	50:27:00	50:12:00	Correr Lisboa
1212	MANUEL TIMÓTEO NUNES DE CAIRES	14833	M	Vet4M	50:27:00	50:26:00	individual
1213	PEDRO RODRIGUES	14442	M	Vet1M	50:28:00	50:04:00	
1214	RICARDO FARIAS	12457	M	Vet1M	50:28:00	48:02:00	DXC
1215	PEDRO FIGUEIREDO	10602	M	Vet1M	50:28:00	49:52:00	Évora Night Runners
1216	MANUEL SILVA	16031	M	Vet5M	50:29:00	50:24:00	Veterenos de Massamá
1217	MANUEL PINEDA NAVARRO	10442	M	SenM	50:30:00	49:50:00	
1218	JOSÉ FERNANDES	15367	M	Vet2M	50:31:00	48:09:00	PEPSICO
1219	JOÃO PINTO	10440	M	SenM	50:31:00	50:14:00	
1220	CÁTIA NASCIMENTO	14089	F	SenF	50:31:00	44:27:00	
1221	CARLOS RAMADA	10478	M	SenM	50:31:00	50:07:00	
1222	JOÃO PEREIRA	15657	M	SenM	50:33:00	43:06:00	Casa do Benfica em Algueirão Mem Martins-Sintra
1223	MIGUEL MINAS	13336	M	Vet1M	50:33:00	49:39:00	CBCM1
1224	CARLOS ALVES	10875	M	Vet4M	50:33:00	50:25:00	
1225	JOSÉ RODRIGUES	10144	M	Vet3M	50:34:00	50:23:00	
1226	BRUNO SILVA	10083	M	SenM	50:34:00	50:25:00	
1227	ORLANDO COUTO	10208	M	Vet5M	50:34:00	50:04:00	4 ao Km
1228	MÁRIO FERNANDES	10593	M	SenM	50:34:00	49:05:00	Viseu360
1229	LUIS SILVA	10630	M	Vet1M	50:35:00	50:21:00	AzarujaBTT
1230	JOSE RODRIGUES	10330	M	Vet4M	50:35:00	50:33:00	
1231	JOÃO RAMOS	10241	M	SenM	50:36:00	50:09:00	
1232	JORGE SANTOS	10385	M	Vet3M	50:36:00	50:19:00	Ex Federados

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1233	JOSÉ NUNES	15770	M	SenM	50:36:00	49:36:00	
1234	MÁRIO VELEZ	16399	M	SenM	50:37:00	49:43:00	Hospital da Luz
1235	JORGE LOPES	12683	M	SenM	50:37:00	49:37:00	
1236	PEDRO FIGUEIRA	11083	M	SenM	50:37:00	48:35:00	TACLUBE
1237	JOÃO HENRIQUES	11560	M	Vet1M	50:38:00	49:08:00	SS CGD
1238	JOSE CRUZ	15821	M	Vet1M	50:38:00	50:30:00	
1239	VITOR SERRA	16257	M	Vet1M	50:39:00	49:36:00	Palpites e Teorias
1240	BRUNO CONCEIÇÃO	10679	M	Vet1M	50:39:00	49:01:00	
1241	PAULO JORGE LAGARTO	12062	M	SenM	50:40:00	50:25:00	
1242	HUGO PINTO	10507	M	Vet1M	50:40:00	50:10:00	
1243	TIAGO RÊGO	10490	M	SenM	50:40:00	50:11:00	
1244	NELSON BATISTA	13883	M	Vet1M	50:41:00	50:17:00	
1245	JORGE MARÇAL	15050	M	Vet3M	50:41:00	50:18:00	
1246	GUILHERME GONÇALVES	14008	M	Vet4M	50:41:00	50:37:00	
1247	NUNO ALMEIDA	14108	M	Vet1M	50:41:00	50:28:00	
1248	HELDER MARQUES	11140	M	Vet3M	50:41:00	50:25:00	SR. CAMARNAL
1249	JOÃO ARANHA	14541	M	SenM	50:42:00	50:02:00	
1250	ALEXANDRE MATEUS	12108	M	Vet1M	50:42:00	50:16:00	
1251	HUGO GUERREIRO	13917	M	SenM	50:43:00	50:04:00	
1252	ANTONIO MARTINS	11114	M	Vet2M	50:43:00	50:30:00	
1253	ANDRÉ MENDONÇA	12787	M	SenM	50:44:00	50:32:00	
1254	LEONEL BRANDÃO	11344	M	Vet3M	50:44:00	50:30:00	Clube Millennium BCP
1255	MÁRIO SANTOS	10252	M	SenM	50:44:00	48:49:00	
1256	RICARDO SARMENTO	12801	M	SenM	50:44:00	48:00:00	A Natureza Ensina
1257	MANUEL MARTINS	12081	M	Vet5M	50:45:00	50:42:00	União FCI de Tomar
1258	NUNO ALVES	11800	M	SenM	50:45:00	50:06:00	
1259	PAULO QUARESMA	10435	M	Vet3M	50:45:00	50:13:00	
1260	JULIO COSTA	11528	M	Vet2M	50:45:00	50:34:00	
1261	NUNO DIAS	12517	M	Vet1M	50:46:00	50:31:00	Correr Viseu
1262	RUI ROLIM	10802	M	Vet2M	50:46:00	50:32:00	individual
1263	JOÃO PEREIRA	11427	M	Vet3M	50:46:00	50:28:00	ACPortalegre
1264	FERNANDO NÉRI	12094	M	Vet1M	50:46:00	47:47:00	Viriathvs Runners Viseu
1265	TIAGO COELHO	15227	M	SenM	50:46:00	47:47:00	Viriathvs Runners Viseu
1266	FERNANDO COSTA	12247	M	Vet2M	50:46:00	47:47:00	Viriathvs Runners
1267	RUI PEDRO VALENTE MAURÍCIO DIAS	11190	M	Vet1M	50:47:00	50:21:00	
1268	SAMUEL PROENÇA	12449	M	SenM	50:47:00	50:37:00	Correio de Albergaria Trail Running
1269	JOANA CALDEIRA	10998	F	Vet1F	50:47:00	50:21:00	atiba
1270	SARA TAINHA	12772	F	SenF	50:47:00	50:38:00	
1271	VIRIATO COELHO	10506	M	Vet2M	50:48:00	50:33:00	Viriathvs Runners Viseu
1272	SANDRA TRAVESSAS	11858	F	Vet1F	50:48:00	50:38:00	
1273	RUI MARTINS	15558	M	Vet2M	50:48:00	49:43:00	CATEDRAL DA CERVEJA
1274	ARLINDO MOITA	14287	M	Vet1M	50:49:00	50:08:00	
1275	BÁRBARA CRUZ	13178	F	SenF	50:50:00	50:41:00	
1276	CARLOS LOURENÇO	14288	M	Vet1M	50:50:00	50:10:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1277	TIAGO RODRIGUES	16317	M	SenM	50:50:00	47:22:00	
1278	PEDRO MONTEIRO	13696	M	SenM	50:50:00	50:39:00	
1279	NUNO PATRICIO	10276	M	Vet2M	50:50:00	50:36:00	
1280	MAGDA FARINHA	14184	F	SenF	50:51:00	50:47:00	
1281	PAULO PINTO	12756	M	Vet1M	50:51:00	50:46:00	Equipa Dinamite
1282	DANIEL SOEIRO	10772	M	SenM	50:52:00	50:37:00	
1283	ROGÉRIO PINA	14533	M	Vet5M	50:52:00	50:17:00	CLUBE ANACOM
1284	RUI MATOS	11926	M	Vet1M	50:52:00	50:26:00	BE2Run
1285	PEDRO BARREIROS	14758	M	SenM	50:52:00	50:38:00	
1286	JOSÉ REVEZ	11760	M	SenM	50:53:00	50:13:00	
1287	EDGAR CRISTETA	14219	M	SenM	50:54:00	50:29:00	CCD Siemens
1288	JOÃO CARVALHO	15446	M	SenM	50:54:00	50:37:00	Gáfete Runners
1289	FLORENTINO INSUELAS	16081	M	Vet3M	50:54:00	50:20:00	
1290	IGOR BATISTA	13752	M	SenM	50:54:00	50:38:00	Corredores da Adega
1291	PEDRO PAIVA	13175	M	Vet1M	50:54:00	50:49:00	
1292	RUI HENRIQUES	14877	M	Vet2M	50:55:00	50:35:00	
1293	MANUEL PAIVA	13174	M	Vet5M	50:55:00	50:49:00	
1294	EDGAR ANASTACIO	10133	M	Vet3M	50:55:00	50:36:00	AZA - Azambuja com Alma
1295	FERNANDO LOPO	17923	M	Vet5M	50:56:00	50:11:00	Urbanos
1296	DINIS LAGE	14461	M	SenM	50:56:00	50:26:00	NOSOutRun
1297	LUIA LOURENÇO	12524	F	Vet2F	50:56:00	50:39:00	
1298	ANTÓNIO QUERIDO	13967	M	SenM	50:56:00	49:47:00	
1299	CAMILO VIEIRA	11449	M	Vet3M	50:56:00	50:11:00	
1300	GLEIBER MENDES	16753	M	SenM	50:56:00	50:54:00	
1301	ARMINDO TEIXEIRA	10853	M	Vet3M	50:56:00	50:24:00	
1302	ANTÓNIO ARAUJO	13827	M	Vet5M	50:57:00	49:37:00	
1303	PAULO GODINHO	12615	M	Vet2M	50:57:00	50:52:00	
1304	TIAGO PEDRA	16188	M	SenM	50:58:00	50:57:00	
1305	LUISSROMÃOZINHO PEREIRA	12789	M	Vet4M	50:58:00	50:47:00	individual
1306	JOÃO PEDRO MARQUES	11561	M	Vet1M	50:59:00	47:31:00	SS CGD
1307	ARTUR CARVALHO	14225	M	Vet2M	50:59:00	50:40:00	
1308	LUÍS LOUREIRO	16651	M	SenM	51:00:00	45:14:00	Colaboradores SLB
1309	JOÃO EFIGENIA	10054	M	Vet4M	51:00:00	50:48:00	Mexe-te Mo Olhão
1310	CARLOS MACHADO	10399	F	Vet3F	51:00:00	49:38:00	
1311	LUIS BAIXINHO	12484	M	SenM	51:01:00	49:49:00	
1312	JOÃO MAÇÃS	16630	M	SenM	51:01:00	50:52:00	Colaboradores SLB
1313	CARLA CARMONA	14004	F	SenF	51:01:00	50:41:00	Grupo Desportivo o Independente
1314	MÁRIO PEREIRA	13114	M	Vet2M	51:01:00	51:00:00	
1315	JORGE CAMPOS	15713	M	SenM	51:02:00	47:44:00	
1316	JOSÉ SIMÕES	16311	M	Vet5M	51:02:00	50:12:00	
1317	PEDRO LOUREIRO	10524	M	Vet2M	51:02:00	50:46:00	GD-SBSI
1318	PAULO BASILIO	13417	M	SenM	51:03:00	50:42:00	
1319	PEDRO ALMEIDA	15037	M	SenM	51:03:00	48:10:00	Daikin
1320	NORBERTO DIEGUES	17538	M	SenM	51:03:00	50:53:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1321	DANIEL CARVALHO	16757	M	JunM	51:04:00	51:01:00	PACERS
1322	JOÃO DIOGO CORREIA	16756	M	JunM	51:05:00	51:01:00	PACERS
1323	ALEXANDRE GUILLOIS	14988	M	SenM	51:05:00	46:06:00	
1324	ANDRÉ SOTA	10975	M	SenM	51:05:00	50:28:00	
1325	ALEXANDRE ANTUNES	16537	M	SenM	51:06:00	48:53:00	Colaboradores SLB
1326	JOSÉ ARAUJO	13737	M	SenM	51:06:00	47:26:00	
1327	MIGUEL CAPELA	15514	M	Vet2M	51:06:00	49:58:00	
1328	ÂNGELA BATISTA	11599	F	SenF	51:06:00	49:59:00	
1329	JOSÉ CALADO	12314	M	Vet1M	51:07:00	50:46:00	Casa do Benfica de Reguengos de Monsaraz
1330	NUNO ALMEIDA	10313	M	Vet1M	51:07:00	49:48:00	Nuno
1331	JOSE FERREIRA	10769	M	SenM	51:07:00	50:37:00	Airbike
1332	DIEGO TOMAZ	12084	M	SenM	51:07:00	50:21:00	Homeostase
1333	MARCO SILVA	12033	M	SenM	51:08:00	49:29:00	Decisões, decisões
1334	EDGAR LUCAS	11310	M	SenM	51:09:00	49:29:00	
1335	MARCOS GONÇALVES	15268	M	SenM	51:09:00	47:58:00	
1336	SAINT-CRIQ UGO	15712	M	SenM	51:09:00	51:05:00	
1337	TIAGO DUARTE	12032	M	SenM	51:09:00	49:31:00	Decisões, decisões
1338	EDUARDO SILVA	11557	M	SenM	51:10:00	50:21:00	
1339	LUIS FERREIRA	14960	M	Vet1M	51:10:00	48:14:00	Team Roda Encravada
1340	MANUEL PAULO	12104	M	Vet5M	51:11:00	50:50:00	Run2Finish.PT
1341	RUI FORTUNATO	12249	M	Vet1M	51:11:00	47:19:00	Fortunato
1342	DALILA ROMÃO	12172	F	SenF	51:11:00	50:53:00	Casa do Benfica em Castelo Branco
1343	JOÃO OLIVEIRA	10971	M	Vet1M	51:12:00	48:30:00	
1344	CARLOS CUSTÓDIO	15318	M	SenM	51:12:00	49:19:00	Junta de Freguesia de Benfica
1345	CLAUDIO PEREIRA	16574	M	SenM	51:12:00	49:19:00	Colaboradores SLB
1346	JOSE TEIXEIRA	13989	M	Vet5M	51:13:00	49:58:00	Grupo Amigos do Atletismo de Vila Franca de Xira
1347	NUNO RICARDO	10800	M	SenM	51:13:00	51:07:00	
1348	LUÍS MIGUEL PEREIRA	12617	M	Vet1M	51:15:00	49:46:00	Individual
1349	JOAO SILVA	13874	M	SenM	51:15:00	48:41:00	
1350	PEDRO MARQUES	16066	M	SenM	51:15:00	44:56:00	
1351	ANTÓNIO LOPES	12498	M	Vet2M	51:16:00	50:49:00	Casa do Benfica em Castelo Branco
1352	LUIS GANCHO	14974	M	SenM	51:16:00	49:14:00	
1353	PEDRO TEIXEIRA	13501	M	Vet2M	51:16:00	51:10:00	Team Ercília
1354	EDGAR REINHARDT	14083	M	Vet2M	51:16:00	51:10:00	Try@Least
1355	CARLOS LIMA	16566	M	Vet2M	51:17:00	48:47:00	Colaboradores SLB
1356	JOSÉ SILVA	12890	M	Vet4M	51:17:00	51:12:00	
1357	NUNO CALISTO	15051	M	Vet1M	51:17:00	42:15:00	
1358	RICARDO GONÇALVES	10180	M	SenM	51:18:00	50:27:00	Nenhum
1359	JOSÉ PAULO NOVAIS SILVA	11516	M	Vet2M	51:18:00	49:27:00	
1360	NUNO MORUJO	13334	M	Vet1M	51:18:00	50:24:00	CBCM1
1361	NUNO MACÁRIO	14253	M	SenM	51:18:00	51:09:00	
1362	ANTONIO LAMAS SOBRAL	12550	M	Vet5M	51:18:00	50:06:00	
1363	PATRICIA MARUJO	15364	F	SenF	51:19:00	51:13:00	Cotovia Running
1364	MIGUEL SALGADO	11311	M	SenM	51:19:00	49:39:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1365	MARCO FERNANDES	13774	M	SenM	51:20:00	49:14:00	Run for Friends
1366	ALFREDO BACELAR	17861	M	Vet3M	51:20:00	51:00:00	
1367	MIGUEL FERREIRA	15686	M	Vet1M	51:20:00	51:05:00	S. C. Espinho/Atletismo António Leitão
1368	RICARDO MADEIRA	15560	M	Vet1M	51:22:00	50:15:00	CATEDRAL DACERVEJA
1369	SANDRA ALVES	15919	F	Vet1F	51:22:00	51:12:00	
1370	JOÃO SANTOS	15138	M	Vet1M	51:23:00	47:24:00	
1371	DUARTE GONCALVES	10269	M	SenM	51:23:00	50:50:00	DFK OFFICE
1372	JOÃO MEGRE	15570	M	Vet5M	51:24:00	49:40:00	
1373	TERESA REMÉDIOS	10770	F	Vet3F	51:24:00	50:53:00	Airbike
1374	HUGO ALVES	15460	M	Vet2M	51:24:00	50:37:00	
1375	NUNO MARQUES	12568	M	Vet3M	51:25:00	50:59:00	RunLovers
1376	GABRIEL MOREIRA	15458	M	Vet5M	51:25:00	50:03:00	Genius
1377	TIAGO BRITO	13690	M	SenM	51:25:00	51:03:00	
1378	PAULO PROCÓPIO	16256	M	Vet1M	51:25:00	50:21:00	Palpites e Teorias
1379	HELDER ESCOBAR	16604	M	Vet2M	51:25:00	50:53:00	Colaboradores SLB
1380	JOÃO LEITÃO	12570	M	Vet2M	51:25:00	50:59:00	RunLovers
1381	MÁRCIO RODRIGUES	10699	M	SenM	51:26:00	50:55:00	
1382	EMÍLIO ESTRELINHA	12764	M	Vet1M	51:27:00	45:14:00	Futebolês e Benfica da Nazaré
1383	ANTÓNIO MIRANDA	15360	M	Vet1M	51:27:00	51:16:00	Gloriosos
1384	DAVID PEREIRA	10948	M	SenM	51:27:00	51:22:00	
1385	NUNO TORRES	16139	M	SenM	51:28:00	50:52:00	
1386	CÁTIA SILVA	12362	F	SenF	51:28:00	50:32:00	
1387	JOÃO QUELHAS	10452	M	Vet1M	51:28:00	48:20:00	Clube Ogma
1388	JOSÉ BARBOSA	11932	M	Vet5M	51:30:00	51:08:00	Clube do Pessoal Aguas Gaia
1389	PEDRO MORAIS	14049	M	Vet3M	51:31:00	51:21:00	
1390	GABRIEL FIGUEIREDO	15468	M	SenM	51:31:00	51:18:00	
1391	HÉLIO CORREIA	16329	M	SenM	51:31:00	49:35:00	Hospital da Luz
1392	NUNO PEREIRA	15129	M	Vet1M	51:31:00	51:29:00	
1393	FERNANDO OLIVEIRA	10059	M	Vet3M	51:31:00	51:26:00	
1394	BRUNO DIAS	11326	M	Vet1M	51:32:00	49:06:00	SS CGD
1395	MIGUEL QUERIDO	13288	M	SenM	51:32:00	44:26:00	
1396	ANDRÉ RIBEIRO	13719	M	SenM	51:32:00	49:11:00	RUNNERS DO DEMO
1397	JOSE SOUSA	12441	M	Vet1M	51:33:00	51:03:00	
1398	HUGO FARIA	15442	M	Vet1M	51:33:00	48:58:00	
1399	CÂNDIDO POÇAS	10757	M	Vet2M	51:33:00	51:10:00	Alone
1400	JOÃO REIS	13404	M	SenM	51:34:00	49:51:00	GRCD Leião
1401	ELIZABETE FONTE	15464	F	Vet1F	51:34:00	48:58:00	
1402	MÁRIO BARBADO	11870	M	SenM	51:34:00	48:03:00	
1403	VALTER FERREIRA	11166	M	SenM	51:34:00	48:24:00	CATA - Clube de Atletismo de Amora
1404	MÉLANIE LOMETTI	10052	F	SenF	51:36:00	51:19:00	La Côte Runners
1405	CARLOS AMARAL	13442	M	SenM	51:36:00	50:40:00	
1406	IGOR JAUMANDREU	14408	M	Vet3M	51:36:00	51:26:00	
1407	JIMMY BOY	12334	M	SenM	51:37:00	51:29:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1408	GRAÇA QUEIROZ	15102	F	Vet2F	51:38:00	51:17:00	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1409	OSCAR ROCHA	10499	M	Vet4M	51:39:00	51:06:00	Viriathvs Runners Viseu
1410	DIOGO AZEVEDO	16228	M	SenM	51:39:00	51:16:00	
1411	RUI DIAS	12906	M	Vet2M	51:39:00	48:39:00	Just Benfica
1412	PAULA GOMES	14272	F	Vet1F	51:39:00	51:30:00	3 Delta
1413	MIGUEL BARQUEIRO	11551	M	Vet1M	51:39:00	51:21:00	Sunset Runners
1414	ANTÓNIO NEVES	11549	M	Vet3M	51:39:00	51:21:00	Sunset Runners
1415	VICTOR JESUS	14434	M	Vet1M	51:40:00	50:50:00	
1416	MÁRIO LIMA	13085	M	SenM	51:40:00	51:20:00	
1417	PAULO VINTÉM OLIVEIRA	12512	M	Vet1M	51:40:00	51:16:00	
1418	PAULO ALMEIDA	13793	M	Vet2M	51:41:00	51:36:00	Afis/Ovar
1419	PEDRO AFONSO	11696	M	Vet1M	51:41:00	48:25:00	SS CGD
1420	JOSE AUGUSTO	11563	M	SenM	51:41:00	48:24:00	SS CGD
1421	OCTAVIO EGIDIO	15557	M	SenM	51:41:00	49:34:00	CATEDRAL DA CERVEJA
1422	FILIPE GONÇALVES	15324	M	Vet2M	51:41:00	51:39:00	
1423	JOAQUIM MARANHÃO MARANHÃO	12768	M	Vet1M	51:42:00	50:28:00	Futebolês e Benfica da Nazaré
1424	JOAQUIM SILVERIO	10342	M	Vet5M	51:43:00	51:19:00	
1425	JOAQUIM CARDOSO	13191	M	Vet2M	51:43:00	51:34:00	
1426	IVO CLARO	13714	M	Vet1M	51:44:00	51:26:00	Tartarugas Solidárias
1427	PAULO BOTELHO	14153	M	Vet1M	51:44:00	48:36:00	Jobrinde Montes Saloios
1428	JOÃO FILIPE ESTRELA ROSA	10648	M	SenM	51:45:00	44:31:00	PROJEA-Arquitectura e Engenharia, Lda.
1429	JORGE FERRREIRA	15550	M	SenM	51:46:00	49:38:00	CATEDRAL DA CERVEJA
1430	PATRÍCIA GUERRA	10175	F	SenF	51:47:00	50:52:00	Chitas de Alcobaça
1431	JOÃO FÉLIX	14616	M	SenM	51:47:00	50:03:00	
1432	PEDRO MANAÇAS	12114	M	Vet1M	51:48:00	45:32:00	
1433	MIGUEL HORTA	16674	M	SenM	51:48:00	50:54:00	Colaboradores SLB
1434	PEDRO MESTRE	14465	M	Vet2M	51:48:00	51:43:00	Rio Maior Triatlo
1435	RITA OLIVEIRA	10193	F	SenF	51:49:00	50:21:00	
1436	JOÃO PALMA	11377	M	JunM	51:49:00	51:33:00	Keep Running
1437	DIOGO BISPO	12117	M	SenM	51:49:00	49:22:00	
1438	LUÍS SÃO PEDRO	15721	M	SenM	51:50:00	49:50:00	
1439	JOAQUIM MONTEIRO	11286	M	Vet3M	51:50:00	51:37:00	Clube Novo Banco
1440	XAVIER FERNANDES	12311	M	SenM	51:50:00	49:22:00	
1441	HELENA CONSTANTINO	13003	F	SenF	51:50:00	50:46:00	Divas do pedal/Singarruners
1442	MARIO PARREIRA	11603	M	Vet1M	51:50:00	50:47:00	Pinhal novo a correr
1443	JOSÉ BORGES	10418	M	Vet4M	51:51:00	51:33:00	
1444	FERNANDO CARMO	12072	M	Vet3M	51:51:00	49:04:00	
1445	LUIS SILVA	13821	M	Vet2M	51:51:00	50:56:00	Afis/Ovar
1446	FRANCISCO GUERRA	10830	M	SenM	51:52:00	51:32:00	
1447	ARLINDO SILVA	13822	M	Vet1M	51:52:00	50:57:00	Afis/Ovar
1448	JOÃO VERISSIMO	11422	M	Vet4M	51:52:00	51:19:00	
1449	GONÇALO ENES	13411	M	Vet2M	51:53:00	51:50:00	
1450	SANDRO RODRIGUES	11831	M	SenM	51:53:00	49:03:00	Killing Us Softly
1451	CRISTIANO VENTURA	10579	M	Vet2M	51:54:00	49:41:00	
1452	VITOR PINTO	12804	M	Vet3M	51:54:00	51:10:00	Menu de Atleta

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1453	ANDRE CARDOSO	15353	M	SenM	51:55:00	51:29:00	
1454	CARLOS BILRO	10378	M	Vet5M	51:55:00	50:19:00	Gangue das 6h10
1455	NOEMIA SEQUEIRA	11571	F	Vet2F	51:55:00	48:53:00	SS CGD
1456	EMANUEL SANTOS	11883	M	Vet5M	51:55:00	51:48:00	
1457	JOÃO GANHO	10526	M	Vet2M	51:57:00	51:41:00	GD-SBSI
1458	FERNANDO BRANDÃO	11301	M	Vet3M	51:57:00	51:44:00	Clube Novo Banco
1459	BRUNO AMARO	10584	M	SenM	51:57:00	51:47:00	
1460	THOMAS JORGE	11814	M	SenM	51:57:00	46:59:00	
1461	ARTUR SANTOS	10077	M	SenM	51:58:00	51:42:00	
1462	RICARDO PEREIRA	11509	M	SenM	51:58:00	51:51:00	
1463	NELSON BASTOS	10120	M	Vet2M	51:58:00	50:55:00	
1464	VITOR SÁ	13837	M	Vet2M	51:59:00	51:35:00	Vila Cesari
1465	NUNO NUNES	11676	M	Vet1M	52:00:00	51:24:00	
1466	JOSÉ CARLOS	11622	M	SenM	52:00:00	47:37:00	
1467	RUI FONSECA	12515	M	SenM	52:01:00	51:43:00	
1468	ANTÓNIO DINIS REIS PEREIRA	11448	M	Vet2M	52:01:00	51:28:00	VIRIATHVS RUNNERS VISEU
1469	GONÇALO RAIMUNDO	14780	M	SenM	52:01:00	47:48:00	
1470	TIAGO ALVES	13398	M	SenM	52:03:00	50:28:00	Link
1471	DAVID TAVARES	14382	M	JunM	52:03:00	51:40:00	
1472	JOÃO GAIO	10170	M	SenM	52:03:00	50:23:00	CASA DO BENFICA DE ALCÁCER DO SAL
1473	CARLOS SILVA	14247	M	Vet3M	52:04:00	51:24:00	Casa do Benfica em Algueirão Mem Martins-Sintra
1474	MARLENE OLIVEIRA	10174	F	SenF	52:04:00	51:09:00	Chitas de Alcobaça
1475	SUSANA DURO	15505	F	SenF	52:04:00	51:23:00	Coca-Cola
1476	PEDRO LOPES	13515	M	SenM	52:04:00	51:41:00	
1477	PAULO RODRIGUES	11975	M	Vet1M	52:04:00	51:24:00	Serviços Sociais Montepio
1478	LOURENÇO RUSSO	17888	M	SenM	52:06:00	51:35:00	
1479	NUNO FERREIRA	11402	M	Vet1M	52:06:00	51:44:00	Nuno
1480	JOÃO ANTUNES ANTUNES	10130	M	Vet5M	52:06:00	51:43:00	
1481	JOANA RIBEIRO	10204	F	SenF	52:07:00	51:34:00	
1482	MIGUEL ABRAÇOS	10093	M	Vet1M	52:07:00	51:51:00	EX FEDERADOS
1483	ANDRÉ LEAL	13514	M	SenM	52:08:00	49:26:00	
1484	RUI GRAÇA	12350	M	Vet4M	52:08:00	52:05:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1485	ANA TELO	17556	F	Vet2F	52:08:00	49:46:00	Linda-a-Pastora Sporting Clube
1486	JOAQUIM OLIVEIRA	11806	M	Vet3M	52:09:00	49:47:00	Clube EDP Lisboa
1487	PEDRO OLIVEIRA	10240	M	SenM	52:10:00	51:24:00	
1488	JOSE MONTEIRO	11348	M	SenM	52:10:00	48:54:00	
1489	PEDRO VITOR	15835	M	SenM	52:10:00	49:55:00	
1490	JOÃO MENDES	15429	M	Vet3M	52:10:00	51:59:00	
1491	RUI TAVARES	10024	M	SenM	52:11:00	51:13:00	BMW Partners
1492	RAFAELA GONÇALVES	13769	F	SenF	52:11:00	52:07:00	
1493	PEDRO DOMINGUES	15204	M	SenM	52:11:00	51:00:00	
1494	LEONEL SILVA	13203	M	Vet1M	52:11:00	51:07:00	
1495	PEDRO LOURENÇO	15271	M	SenM	52:12:00	51:40:00	
1496	JOSÉ CUNHA	14325	M	SenM	52:12:00	49:45:00	JONES

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1497	PEDRO BARREIRAS	16046	M	SenM	52:12:00	45:42:00	Grupo do Tinder
1498	LUÍS CORREIA	10037	M	SenM	52:12:00	51:32:00	
1499	PEDRO BISPO	12099	M	SenM	52:13:00	51:33:00	
1500	TIAGO GASPAR	13982	M	SenM	52:13:00	51:53:00	
1501	JOÃO RATO	15939	M	Vet3M	52:13:00	51:48:00	
1502	ANA MARQUES	11150	F	SenF	52:13:00	52:06:00	
1503	ANA MARQUES	11640	F	SenF	52:13:00	52:06:00	
1504	TIAGO PEREIRA MATA	12394	M	SenM	52:14:00	51:41:00	
1505	ANTÓNIO JOSÉ BARBAS PINHEIRO	10162	M	Vet3M	52:14:00	51:55:00	
1506	LEONARDO FORTES	13150	M	SenM	52:14:00	52:13:00	
1507	RUI MOURA	14776	M	SenM	52:14:00	49:17:00	Viriathvs Runners Viseu
1508	MANUEL PACHECO	10622	M	SenM	52:15:00	51:14:00	
1509	SARA PEDROSA	10573	F	SenF	52:15:00	48:13:00	Ainda sem nome...lol SLB
1510	ODETE BARBAS	16115	F	Vet2F	52:15:00	52:10:00	ACPortalegre/UTSM
1511	FILIFE MATEUS	15211	M	SenM	52:15:00	51:53:00	
1512	SÉRGIO SILVA	11783	M	SenM	52:17:00	48:27:00	
1513	FABIO PEREIRA	14304	M	SenM	52:18:00	47:30:00	MazeRunners
1514	TIAGO RODRIGUES	15493	M	SenM	52:20:00	51:08:00	
1515	RICARDO RAMOS	11706	M	SenM	52:21:00	49:38:00	
1516	GABRIEL MEIRA	15477	M	SenM	52:21:00	52:12:00	
1517	VITOR CARRAPATOSO	11836	M	SenM	52:21:00	51:40:00	Os Brutos do Xangai
1518	ANA MADEIRA	11666	M	Vet1M	52:22:00	51:03:00	GDCT Unicre
1519	FILIFE PEDRO MIL-HOMENS	13450	M	SenM	52:23:00	51:44:00	
1520	FLÁVIO ALMEIDA	16045	M	SenM	52:23:00	45:51:00	Grupo do Tinder
1521	HELENA PINTO	14387	F	Vet2F	52:24:00	51:55:00	correr Loures
1522	VITOR PEREIRA	13765	M	SenM	52:24:00	52:05:00	
1523	CARLOS DÂMASO	12747	M	Vet2M	52:24:00	51:43:00	
1524	TELMO PINTO	14693	M	SenM	52:24:00	52:18:00	
1525	ARTUR JORGE CARVALHO	15023	M	Vet3M	52:24:00	52:15:00	
1526	DANIELA MARTINS	10287	F	SenF	52:25:00	51:50:00	Casa do Benfica em Castelo Branco
1527	MARCO SOUSA	13938	M	Vet1M	52:26:00	48:51:00	
1528	RICARDO REIS	10952	M	SenM	52:26:00	51:50:00	
1529	BRUNO PEREIRA	13106	M	SenM	52:26:00	51:39:00	
1530	PAULO DIAS	11652	M	SenM	52:26:00	51:20:00	30ª Echo
1531	ANDRÉ TORRES	17524	M	SenM	52:26:00	51:50:00	
1532	MARIANELA FIGUEIREDO	10338	F	Vet1F	52:27:00	52:18:00	
1533	JOSÉ GOMES DOS SANTOS MARQUES MARQUES	11502	M	Vet4M	52:27:00	50:10:00	individual
1534	JORGE CURVELO	14932	M	Vet2M	52:28:00	51:56:00	
1535	ANA JOSÉ	11296	F	Vet2F	52:28:00	51:13:00	Clube Novo Banco
1536	JOÃO HENRIQUES	15013	M	SenM	52:28:00	52:14:00	
1537	SERGIO NUNES	11075	M	Vet1M	52:28:00	50:21:00	marvila jovem
1538	PEDRO CURTO	12878	M	Vet1M	52:29:00	51:21:00	Os Teimosos
1539	EMANUEL ESTRONCA	14579	M	SenM	52:29:00	52:13:00	2Seven
1540	HUGO PIMENTEL	11304	M	Vet1M	52:29:00	52:16:00	Clube Novo Banco

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1541	SÉRGIO CARVALHO	12879	M	SenM	52:29:00	51:22:00	Os Teimosos
1542	VITOR HUGO SARAIVA	12703	M	SenM	52:30:00	52:21:00	Imortais
1543	ALEXANDRE CONDE	11916	M	Vet1M	52:30:00	51:56:00	Os Galgos de Tancos
1544	SÓNIA MIGUEL	12058	F	SenF	52:30:00	51:01:00	
1545	CARLOS MORAIS	13930	M	Vet3M	52:30:00	52:21:00	
1546	GONAÇLO NUNES	16200	M	SenM	52:31:00	48:46:00	
1547	VALTER BARBOSA	10138	M	SenM	52:31:00	50:11:00	STCP Runners
1548	VITOR DE ALMEIDA	12474	M	SenM	52:31:00	52:23:00	IMORTAIS
1549	MANUEL ESCALONA	12460	M	Vet2M	52:31:00	51:57:00	DXC
1550	RAMIRO RODRIGUES	12713	M	Vet5M	52:31:00	52:06:00	Grupo Alegre Unido Bajouca
1551	MÁRIO PINTO	11748	M	SenM	52:32:00	51:56:00	Run Tomar
1552	ETHY NETO	15141	M	SenM	52:32:00	50:22:00	Cilnet
1553	FRANCISCO PESSOA	14673	M	Vet1M	52:33:00	50:12:00	Associação O Companheiro
1554	PEDRO GOMES	16184	M	Vet1M	52:33:00	52:31:00	
1555	JOSÉ CRUZ	10703	M	Vet2M	52:34:00	52:09:00	
1556	ANA MARGARIDA MONTEIRO	11297	F	Vet3F	52:34:00	52:00:00	Clube Novo Banco
1557	JOÃO FERREIRA	15705	M	Vet2M	52:34:00	52:16:00	Clube Cimpor
1558	GIL QUERIDO	10556	M	Vet1M	52:35:00	49:39:00	Gaeiras Running Team
1559	MANUEL FRANCISCO PRETO	13679	M	Vet4M	52:35:00	52:11:00	
1560	PATRICK PEIXOTO	14816	M	SenM	52:35:00	50:40:00	
1561	ORLANDO SILVA	14738	M	Vet5M	52:35:00	50:50:00	CCDTMETROLX
1562	VICENTE PEREIRA	10916	M	SenM	52:35:00	50:10:00	
1563	NUNO GUERREIRO	15502	M	SenM	52:36:00	49:36:00	
1564	LUCIANO MARQUES	11491	M	Vet4M	52:36:00	52:18:00	
1565	HERMINIO BENTO	14945	M	Vet4M	52:36:00	52:34:00	G.D.C. Estrela Negra
1566	ANTÓNIO FERREIRA	14128	M	Vet1M	52:36:00	49:32:00	AF
1567	MANUEL CATURRA	13001	M	Vet3M	52:37:00	51:32:00	Singarruners
1568	TIAGO OLIVEIRA	14968	M	SenM	52:37:00	51:59:00	Dá-me o 37
1569	DAVID SIMÃO	12368	M	Vet2M	52:38:00	49:10:00	
1570	FRANCISCO PLÍNIO	12384	M	Vet5M	52:38:00	51:00:00	CCDTMetroLX
1571	CARLOS DUARTE	15098	M	Vet3M	52:38:00	49:54:00	
1572	JORGE MARQUES	12989	M	Vet1M	52:39:00	52:26:00	
1573	JORGE ALMEIDA	14177	M	Vet1M	52:39:00	52:21:00	Party Rock
1574	NUNO GONÇALVES	14176	M	Vet1M	52:39:00	52:21:00	Party Rock
1575	FILIPE MOURAO	12716	M	SenM	52:39:00	50:13:00	
1576	ANTONIO AMARAL	12330	M	Vet1M	52:39:00	49:52:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1577	JOAO PAIVA	12988	M	Vet1M	52:39:00	52:27:00	
1578	PAULO PARRACHO	11480	M	SenM	52:39:00	50:57:00	
1579	JOÃO DEUS	16249	M	SenM	52:40:00	52:21:00	EDP Runners
1580	BRUNO PINTO	12027	M	SenM	52:40:00	49:44:00	Team Roda Encravada
1581	LUIS SOUSA	15224	M	Vet4M	52:40:00	52:06:00	
1582	BENTO RIBEIRO	12464	M	Vet4M	52:41:00	50:15:00	
1583	BRUNO FÉLIX	17921	M	SenM	52:41:00	49:40:00	Urbanos
1584	MIGUEL GUEDES	12793	M	SenM	52:41:00	49:15:00	FGuedes Técnica

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1585	DANIEL PEREIRA	16149	M	SenM	52:41:00	40:20:00	Juventude Atlético Clube
1586	LUIS TAVARES	13169	M	Vet3M	52:42:00	51:22:00	
1587	JOSÉ VÉSTIAS	15545	M	Vet2M	52:43:00	52:36:00	Os Galgos
1588	PEDRO SANTOS	14643	M	Vet1M	52:43:00	52:09:00	
1589	GONÇALO CHACATAS	11403	M	Vet1M	52:44:00	52:21:00	
1590	PAULO TOMÁS	12549	M	Vet2M	52:44:00	52:15:00	
1591	CARLOS LEÃO	10653	M	Vet4M	52:44:00	52:06:00	Correr Lisboa
1592	JORGE DUARTE	10396	M	SenM	52:44:00	51:35:00	
1593	RAFAEL RODRIGUES	14333	M	SenM	52:44:00	49:59:00	
1594	NUNO PATRÍCIO	14771	M	Vet2M	52:44:00	52:18:00	Correr Lisboa
1595	DIOGO LIMA	10876	M	Vet1M	52:44:00	52:27:00	
1596	PAULO MARTINS	13727	M	SenM	52:44:00	52:34:00	
1597	FERNANDA MARTINS	12010	F	Vet3F	52:45:00	51:28:00	GDC PORTOS DE SINES E DO ALGARVE
1598	LUÍS FORTES	10455	M	Vet1M	52:45:00	52:36:00	Last Ones
1599	CARLOS MARTINS	13580	M	Vet2M	52:45:00	52:10:00	
1600	NUNO CONDEÇO	10368	M	SenM	52:46:00	52:05:00	
1601	JOAO MATOS	15567	M	SenM	52:46:00	50:38:00	CATEDRAL DA CERVEJA
1602	MARIA VARELA	13973	F	Vet1F	52:46:00	50:50:00	Aminhacorrída/Myprotein
1603	FERNANDO ALMEIDA	10501	M	Vet3M	52:47:00	52:41:00	
1604	MIGUEL VERDUGO	10837	M	SenM	52:47:00	49:42:00	
1605	JOÃO MARTINS	15769	M	SenM	52:47:00	51:47:00	
1606	PAULA ALVES	12935	F	Vet2F	52:47:00	51:43:00	
1607	CARLOS FRADINHO	14940	M	SenM	52:48:00	49:04:00	SAM'S Lda
1608	JOSÉ SANTOS	14951	M	Vet4M	52:48:00	50:08:00	individual
1609	ABEL REBELO	15411	M	Vet4M	52:48:00	52:28:00	
1610	CARLOS BATISTA	11272	M	Vet4M	52:48:00	51:39:00	
1611	SÉRGIO JESUS	10134	M	Vet2M	52:48:00	52:44:00	
1612	JOÃO PEDRO OLIVEIRA	13812	F	SenF	52:49:00	51:53:00	
1613	BRUNO ALMEIDA	11969	M	SenM	52:49:00	50:38:00	SERVIÇOS SOCIAIS MONTEPIO
1614	JORGE COSTA	11973	M	Vet2M	52:49:00	50:39:00	
1615	MANUEL GOMES	13816	M	Vet3M	52:49:00	52:00:00	Afis/Ovar
1616	TIAGO BARRA	10333	M	SenM	52:49:00	51:17:00	
1617	AMÉRICO OLIVEIRA	13818	M	Vet2M	52:50:00	52:01:00	Afis/Ovar
1618	EDUARDO OLIVEIRA	13815	M	Vet1M	52:50:00	52:02:00	Afis/Ovar
1619	ARTUR RUSSO	11710	M	Vet2M	52:51:00	51:00:00	MEXE-TE MÓ OLHÃO
1620	DIOGO BARATA	10311	M	SenM	52:51:00	52:17:00	
1621	HUGO EVARISTO	10771	M	SenM	52:51:00	49:43:00	Wild Runners
1622	ALEXANDRE DOMINGOS	14268	M	Vet2M	52:52:00	47:24:00	
1623	JOÃO BANZA	14759	M	Vet1M	52:53:00	49:35:00	
1624	SÓNIA BRANDÃO	15082	F	Vet2F	52:53:00	50:59:00	
1625	PAULO RAMOS	13472	M	SenM	52:53:00	52:22:00	
1626	RAUL MOITA	10129	M	Vet5M	52:53:00	52:21:00	
1627	MARIA MARTINS	17902	F	SenF	52:54:00	52:47:00	Casa da Dízima
1628	LUIS PINTO	15083	M	Vet3M	52:54:00	51:00:00	BPI

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1629	CARLOS ALBERTO LIMA	13020	M	Vet2M	52:54:00	52:47:00	A natureza ensina
1630	REINALDO FIALHO	10015	M	SenM	52:54:00	52:30:00	
1631	VÍTOR LUÍS NASCIMENTO TEIXEIRA	14744	M	Vet2M	52:55:00	52:07:00	POLÍCIA MUNICIPAL LISBOA
1632	JOÃO ESGAIO	14324	M	SenM	52:55:00	50:29:00	JONES
1633	SÉRGIO SALES	15409	M	SenM	52:55:00	48:24:00	
1634	DANIEL MELAO	14648	M	SenM	52:55:00	49:57:00	Individual
1635	EDGAR LOBO	12252	M	SenM	52:56:00	52:20:00	
1636	NUNO DUARTE	10320	M	Vet1M	52:56:00	52:47:00	
1637	NUNO AFONSO	16681	M	SenM	52:56:00	49:28:00	Colaboradores SLB
1638	BRUNO MATOS	13651	M	SenM	52:57:00	51:58:00	
1639	MÁRCIO CASIMIRO	17917	M	SenM	52:57:00	49:56:00	Urbanos
1640	JOSÉ PEREIRA	11178	M	Vet3M	52:57:00	52:45:00	INDIVIDUAL
1641	TIAGO GABRIEL	10588	M	SenM	52:58:00	49:02:00	
1642	PAULO RODRIGUES	10100	M	SenM	52:58:00	51:45:00	
1643	LUCIANE LEAL	14553	F	SenF	52:58:00	52:32:00	
1644	JOÃO SANTOS	14628	M	SenM	52:58:00	48:20:00	Navigation team
1645	NELSON RUIVO	10976	M	Vet3M	52:58:00	52:20:00	
1646	ANTÓNIO COSTA	12271	M	Vet2M	52:59:00	52:53:00	
1647	PEDRO PEREIRA	14851	M	Vet4M	52:59:00	52:53:00	
1648	PEDRO SANTOS	10680	M	Vet1M	53:00:00	51:38:00	
1649	RODOLFO NUNES	14654	M	Vet1M	53:00:00	51:44:00	EVERGROW
1650	PAULO COLAÇO	11589	M	Vet1M	53:00:00	52:44:00	
1651	TITO VIEIRA	14671	M	Vet2M	53:00:00	49:20:00	Associação O Companheiro
1652	FERNANDO CARDOSO	16232	M	SenM	53:01:00	49:53:00	
1653	BRUNO REIS	10444	M	Vet1M	53:01:00	50:43:00	
1654	MARCO FIGUEIREDO	12403	M	SenM	53:02:00	49:44:00	
1655	FERNANDO ZACARIAS	14839	M	Vet2M	53:02:00	51:29:00	Vitoria Futebol Clube
1656	RICARDO SOUSA	13884	M	Vet1M	53:03:00	50:41:00	Chupa Chupa
1657	JOÃO PITÔRRA	11712	M	Vet1M	53:03:00	51:04:00	
1658	JOÃO DIAS	15489	M	Vet3M	53:03:00	52:57:00	
1659	LUIS ANTUNES	11289	M	Vet2M	53:03:00	53:02:00	Clube Novo Banco
1660	ALEXANDRE RIBEIRO	10745	M	Vet2M	53:03:00	52:29:00	Grupo Barraqueiro
1661	RUI FLORES	11170	M	Vet1M	53:03:00	52:32:00	
1662	MARTA SILVA	11467	F	Vet2F	53:03:00	51:05:00	
1663	PEDRO BAGULHO	13602	M	Vet1M	53:04:00	50:40:00	Key Defenders
1664	PEDRO FERNANDES DUARTE	13446	M	Vet1M	53:04:00	50:43:00	Chupa Chupa
1665	MARCO DIAS	10304	M	SenM	53:04:00	51:55:00	Os Metralhas BTT
1666	MANUEL PEREIRA	13064	M	Vet5M	53:04:00	52:48:00	GYM2010
1667	ANA FIGUEIREDO	14737	F	Vet1F	53:05:00	52:32:00	
1668	CARLOS SILVA	13006	M	Vet5M	53:05:00	51:51:00	BANDIDOS
1669	TELMO AMBROSIO	17866	M	SenM	53:05:00	52:24:00	
1670	MIGUEL RIBEIRO	11864	M	Vet2M	53:06:00	52:29:00	happy runners
1671	FÁBIO PEREIRA	16402	M	SenM	53:06:00	49:54:00	Hospital da Luz
1672	JORGE COELHO	14414	M	Vet1M	53:06:00	52:43:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1673	MARCOS CARREIRA	12192	M	SenM	53:06:00	50:24:00	
1674	RUI RAPOSO	10160	M	Vet3M	53:08:00	52:49:00	Amiciclo Grandola
1675	JOÃO CARLOS BRITO	14702	M	Vet2M	53:08:00	51:58:00	Individual
1676	NELSON SALDANHA	11423	M	Vet1M	53:08:00	52:36:00	
1677	LUIS REVÉS	14222	M	Vet1M	53:08:00	52:42:00	CCD Siemens
1678	NUNO INFANTE	16145	M	SenM	53:08:00	50:00:00	
1679	RUI PINELA	11265	M	Vet2M	53:08:00	48:08:00	
1680	ALBERTO SANTOS	12186	M	Vet4M	53:08:00	51:31:00	
1681	FILIPE LEITÃO	11306	M	Vet1M	53:09:00	52:17:00	Clube Novo Banco
1682	PAULO OLIVEIRA	10672	M	Vet1M	53:09:00	51:31:00	
1683	AMORIM S DOMINGOS	10197	M	Vet2M	53:09:00	52:34:00	G D Rebocho
1684	ANDRE ROSA	12303	M	SenM	53:09:00	52:55:00	
1685	SARA FERNANDES	16738	F	SenF	53:09:00	52:42:00	Colaboradores SLB
1686	MARCO BRANCO	16407	M	SenM	53:09:00	49:58:00	Hospital da Luz
1687	LUIS ALMEIDA	13342	M	Vet2M	53:09:00	52:27:00	
1688	JOSE VINAGRE	11820	M	SenM	53:09:00	52:35:00	Barbearia do arco
1689	JOSÉ JÚLIO ANASTÁCIO	10066	M	Vet5M	53:09:00	51:06:00	Peniche a Correr
1690	MARTA BILRO	10377	F	SenF	53:10:00	51:34:00	Gangue das 6h10
1691	CARLOS MANUEL DELGADO PAULOS	14681	M	Vet3M	53:10:00	48:57:00	
1692	ADERITO MORAIS	12428	M	SenM	53:10:00	53:03:00	
1693	RUI TENDEIRO	12429	M	Vet3M	53:10:00	53:03:00	
1694	RICARDO NETO	16713	M	SenM	53:11:00	49:42:00	Colaboradores SLB
1695	PAULO SILVA	14653	M	Vet2M	53:11:00	51:55:00	EVERGROW
1696	JOSÉ PINA	15334	M	Vet2M	53:11:00	51:55:00	Ajp
1697	NUNO VICENTE	13337	M	SenM	53:11:00	51:59:00	
1698	MARCO DIAS	13871	M	SenM	53:12:00	50:26:00	
1699	NUNO MACHADO	11034	M	SenM	53:12:00	51:45:00	
1700	ARTUR SANTOS	12115	M	Vet2M	53:12:00	52:13:00	
1701	JOSE FEITAS	13418	M	SenM	53:13:00	53:05:00	
1702	JOAQUIM BELO	14373	M	Vet5M	53:13:00	52:54:00	
1703	RUI RODRIGUES	10056	M	SenM	53:14:00	50:46:00	Fonix Team
1704	RICARDO PERDIGÃO	11578	M	SenM	53:14:00	51:34:00	
1705	PEDRO MONTEIRO	12109	M	Vet1M	53:14:00	51:35:00	
1706	BLANDINA LOURENÇO	13632	F	SenF	53:14:00	51:24:00	Flechas Bike Running
1707	ANTÓNIO CASAS NOVAS	10164	M	SenM	53:15:00	52:51:00	
1708	PEDRO ANÁGUA	14994	M	SenM	53:15:00	52:41:00	
1709	HELDER MIRANDA	13631	M	SenM	53:15:00	51:24:00	Flechas Bike Running
1710	PAULO PONTE	15488	M	Vet1M	53:15:00	52:18:00	Amigos do Atletismo de Mafra
1711	RUI RIBEIRO	11612	M	Vet1M	53:16:00	50:17:00	Viriathvs Runners Viseu
1712	HORÁCIO .	12487	M	Vet4M	53:16:00	49:05:00	Amorense
1713	SÉRGIO RODRIGUES	11845	M	Vet2M	53:16:00	53:11:00	
1714	LUÍS FERNANDES	14753	M	Vet3M	53:17:00	53:14:00	
1715	RICARDO CARVALHO	10992	M	Vet1M	53:18:00	51:15:00	
1716	DAVID FERNANDES	14627	M	SenM	53:18:00	48:40:00	Navigation team

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1717	MARTA LOPES	14189	F	Vet3F	53:18:00	53:01:00	
1718	VALTER HUGO NUNES	11780	M	Vet1M	53:18:00	52:39:00	CLUBE COLABORADORES AGEAS
1719	FERNANDO JORGE MATIAS	11765	M	Vet5M	53:18:00	52:40:00	CLUBE COLABORADORES AGEAS
1720	FÁBIO JÚLIO	10574	M	SenM	53:18:00	51:17:00	Ainda sem nome...lol SLB
1721	SERGIO MORAIS	15221	M	SenM	53:19:00	52:50:00	Marriott Lisboa
1722	PEDRO CUSTÓDIO	13078	M	SenM	53:19:00	51:26:00	
1723	JOÃO CUNHA SILVA	10407	M	SenM	53:19:00	51:28:00	
1724	FILIPE MARTINS	16594	M	SenM	53:20:00	52:58:00	Colaboradores SLB
1725	HUGO MATOS	10862	M	SenM	53:20:00	52:47:00	
1726	CARLOS NEVES	10248	M	SenM	53:20:00	53:15:00	Os Indomáveis
1727	JOSÉ FORTUNATO	10671	M	SenM	53:20:00	52:55:00	
1728	ANDRÉ ESTEVES	12000	M	JunM	53:20:00	51:50:00	Primos Chamboeirenses
1729	PEDRO MAROCO	14952	M	SenM	53:21:00	49:54:00	OutSystems
1730	MARTA CASTRO ANDRADE	14441	F	SenF	53:21:00	52:58:00	
1731	JOSÉ EUSÉBIO	12679	M	Vet2M	53:22:00	51:37:00	Guizo Runners
1732	MANUEL SOBREDA	15316	M	Vet3M	53:22:00	51:24:00	Junta de Freguesia de Benfica
1733	GIL FERNANDES	17887	M	SenM	53:23:00	49:20:00	
1734	JOÃO PAULO	10897	M	SenM	53:23:00	52:54:00	
1735	PEDRO TEIXEIRA	17580	M	SenM	53:24:00	52:33:00	Central de Cerveja
1736	ELOI OLIVEIRA	10820	M	Vet1M	53:24:00	46:59:00	
1737	MANUEL RODRIGUES	14674	M	Vet5M	53:24:00	50:58:00	Associação O Companheiro
1738	LUIS GAMA	13813	M	Vet3M	53:24:00	52:30:00	Afis/Ovar
1739	MIGUEL TORGAL	10821	M	Vet1M	53:24:00	50:01:00	
1740	JOÃO MANHA	14828	M	SenM	53:24:00	50:47:00	
1741	MANUEL ANASTÁCIO	11291	M	Vet2M	53:25:00	52:50:00	Clube Novo Banco
1742	MANUEL RAMOS	13810	M	Vet5M	53:25:00	52:29:00	Afis/Ovar
1743	NUNO CARVALHO	12280	M	Vet1M	53:26:00	49:53:00	
1744	ISABEL MARIA RODRIGUES	12017	F	Vet2F	53:27:00	50:56:00	ADCR Policia Judiciaria
1745	DÉBORA LOPES	14274	F	SenF	53:27:00	53:27:00	Corinthia Team
1746	JOÃO D'ALMEIDA	12760	M	Vet1M	53:27:00	53:21:00	CAAB
1747	TÂNIA VEIGA	13440	F	SenF	53:27:00	53:22:00	
1748	ANABELA SALAZAR	17868	F	Vet2F	53:28:00	52:57:00	
1749	JOÃO SILVA	13670	M	SenM	53:28:00	52:16:00	Speed Family
1750	DIOGO SOUSA	11073	M	SenM	53:28:00	51:21:00	marvila jovem
1751	FERNANDO RODRIGUES	12663	M	Vet3M	53:28:00	46:50:00	CLUBEMILLENNIUMBBCP
1752	LUÍS SILVA	13671	M	SenM	53:28:00	52:17:00	Speed Family
1753	NELSON LOURO	15010	M	SenM	53:30:00	49:28:00	correr queluz
1754	PEDRO LAGES	15884	M	SenM	53:30:00	46:58:00	Individual
1755	ANTOINE PELISSIER	13089	M	SenM	53:30:00	50:29:00	
1756	DOMINGOS JACINTO	13509	M	Vet3M	53:31:00	53:26:00	
1757	ARTUR LEITE	12891	M	Vet3M	53:31:00	53:18:00	
1758	RUI MOTA	15638	M	Vet3M	53:32:00	53:20:00	
1759	SERGIO AMARAL	12805	M	Vet2M	53:32:00	49:40:00	ONDA TEAM
1760	EURICO CABRITA	10966	M	SenM	53:32:00	50:30:00	Os Pata Negra



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1761	LUIS DIAS	11228	M	Vet2M	53:32:00	51:01:00	
1762	FILIPE LOUREIRO	10527	M	Vet4M	53:33:00	51:40:00	GD-SBSI
1763	SUZETE GOMES	12996	F	SenF	53:33:00	50:49:00	
1764	RUI NETO	12826	M	Vet1M	53:33:00	52:49:00	
1765	MÁRIO SILVA	11147	M	Vet2M	53:33:00	52:56:00	Beloura Runners
1766	RICARDO FARIA	11633	M	Vet1M	53:34:00	53:01:00	
1767	ALEXANDRE DUARTE	15390	M	Vet1M	53:34:00	53:22:00	
1768	MARCO CABRAL	17531	M	SenM	53:34:00	51:02:00	
1769	ANDRÉ NUNES	11453	M	SenM	53:34:00	51:11:00	
1770	PAULO SOUTO	10980	M	Vet3M	53:35:00	52:15:00	
1771	ANDRÉ SIMÕES	13617	M	SenM	53:35:00	52:09:00	TEAM FACERAS
1772	JOSÉ NAVE	11168	M	Vet3M	53:35:00	53:12:00	Barafusta e companhia
1773	RUI MARTINS	11655	M	SenM	53:36:00	52:14:00	
1774	MIGUEL VARELA	12236	M	SenM	53:36:00	53:00:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
1775	HENRIQUE RODRIGUES	11130	M	Vet3M	53:36:00	53:13:00	Barafusta e companhia
1776	LILIANA SANTOS	12534	F	SenF	53:36:00	53:02:00	
1777	FRANCISCO COSTA	12761	M	Vet2M	53:37:00	50:46:00	
1778	RICARDO GUERREIRO	11596	M	SenM	53:37:00	51:14:00	
1779	PEDRO NAVES	13224	M	Vet1M	53:37:00	51:58:00	PN
1780	JOSÉ MORAIS	11587	M	Vet3M	53:37:00	52:40:00	
1781	JORGE MIGUEL FERREIRA	11475	M	Vet1M	53:37:00	52:39:00	
1782	ANDRE SILVA	13218	M	Vet2M	53:38:00	53:06:00	
1783	NUNO CORREIA	10357	M	Vet2M	53:38:00	51:12:00	
1784	JORGE NEVES	14058	M	Vet3M	53:38:00	52:32:00	Mucifalense
1785	JOSE BELDROEGAS	15435	M	Vet2M	53:39:00	53:24:00	
1786	BRUNO GRÁCIO	14954	M	SenM	53:39:00	50:12:00	OutSystems
1787	ANTONIO GRILO	15434	M	Vet2M	53:40:00	53:24:00	
1788	RICARDO SANTOS	12503	M	SenM	53:40:00	52:18:00	Casa do Benfica em Castelo Branco
1789	PAULO BARREIROS	11179	M	SenM	53:41:00	52:09:00	Viriathvs runners
1790	PEDRO TOMÁS	17954	M	Vet2M	53:41:00	50:20:00	
1791	TIAGO MATEUS	17854	M	JunM	53:41:00	53:22:00	
1792	ANDRÉ POUSINHO	13351	M	SenM	53:42:00	52:10:00	
1793	JOÃO PARISOT	14326	M	Vet1M	53:42:00	51:15:00	JONES
1794	RICARDO SENA	11066	M	JunM	53:42:00	53:15:00	
1795	PAULA GONÇALVES	15561	F	Vet1F	53:42:00	52:35:00	CATEDRAL DA CERVEJA
1796	CLEMENTINA ANDRADE ANDRADE	14510	F	Vet3F	53:42:00	53:37:00	Clube Campismo São João da Madeira
1797	JOAO SILVA	12138	M	Vet2M	53:42:00	50:54:00	
1798	RUI MENA	15151	M	Vet2M	53:42:00	51:46:00	Junta de Freguesia de Benfica
1799	CARLA NASCIMENTO	13341	F	SenF	53:43:00	51:27:00	
1800	MANUEL COSTA	14687	M	Vet3M	53:43:00	53:24:00	
1801	RAFAEL CEBOLA	15202	M	SenM	53:43:00	53:10:00	
1802	JOSÉ GUERREIRO	10029	M	Vet2M	53:44:00	53:36:00	Gang das Corridas
1803	ANTÓNIO FIGUEIREDO	13820	M	SenM	53:44:00	53:43:00	Afis/Ovar
1804	NELSON NUNES	13947	M	SenM	53:44:00	50:06:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1805	EDUARDO RESENDE	13824	M	Vet5M	53:44:00	53:44:00	Afis/ovar
1806	RICARDO LEMOS	12248	M	SenM	53:45:00	53:11:00	
1807	DOMINGOS LAVINHA	14356	M	Vet5M	53:45:00	53:39:00	Clube Desportivo Ribeiense
1808	RUI VICENTE	14183	M	SenM	53:45:00	52:19:00	
1809	JOÃO MATEUS	13393	M	SenM	53:46:00	53:30:00	Link
1810	RICARDO GONÇALVES	16717	M	SenM	53:46:00	51:37:00	Colaboradores SLB
1811	PAULO ROSA	11155	M	Vet3M	53:47:00	53:10:00	Beloura Runners
1812	ANDRÉ BARATA	14957	M	SenM	53:47:00	53:18:00	Liberty Seguros
1813	JOSÉ BESSA	14341	M	Vet5M	53:47:00	53:31:00	Nucleo de Karate e Atletismo de Roriz
1814	VITOR MARTINS	12483	M	Vet5M	53:47:00	53:18:00	Gangue 6:10
1815	PAULO CABANAS	13879	M	Vet1M	53:48:00	53:12:00	
1816	DURVAL PIRES	14410	M	SenM	53:48:00	52:06:00	
1817	MARINA LEITÃO	15546	F	SenF	53:48:00	53:37:00	Os Galgos
1818	JOÃO VALERIANO	12876	M	SenM	53:48:00	53:25:00	
1819	PEDRO CRUZ	16248	M	Vet1M	53:49:00	46:19:00	
1820	JOÃO GONÇALVES	10255	M	SenM	53:49:00	50:31:00	
1821	LEANDRO SANTOS	15400	M	Vet5M	53:49:00	53:41:00	
1822	GONÇALO RODRIGUES	14448	M	SenM	53:49:00	53:14:00	
1823	BÁRBARA CONCEIÇÃO	11505	F	Vet2F	53:50:00	53:17:00	
1824	TERESA ANTÃO	12171	F	SenF	53:50:00	53:14:00	Casa do Benfica em Castelo Branco
1825	JOSÉ CARLOS CABAÇO	10605	M	SenM	53:50:00	52:19:00	
1826	DANIEL PARRULAS	13755	M	SenM	53:50:00	52:51:00	
1827	MIGUEL XAVIER	13870	M	SenM	53:50:00	50:32:00	LH Ginásio - Amora
1828	GONÇALO MOTA	10663	M	SenM	53:50:00	53:00:00	
1829	SÉRGIO FAIA	15694	M	SenM	53:51:00	47:45:00	
1830	PEDRO FILIPE	13289	M	Vet1M	53:51:00	52:42:00	
1831	RENATO LOPES	10018	M	SenM	53:51:00	52:52:00	
1832	BRUNO MARQUES	14555	M	SenM	53:51:00	53:26:00	
1833	DUARTE BILRO	10379	M	SenM	53:52:00	46:19:00	Gangue das 6h10
1834	EÓNIO TRINDADE	15491	M	SenM	53:52:00	52:36:00	PROGEA - Arquitetura Engenharia Unipessoal, Lda
1835	DIOGO FERNANDES	12358	M	SenM	53:52:00	53:24:00	Benfica
1836	PEDRO DIAS	11376	M	Vet1M	53:53:00	53:36:00	Keep Running
1837	RICARDO PINHO	13430	M	SenM	53:53:00	48:42:00	The Neighbours
1838	BRUNO BATISTA	14469	M	SenM	53:53:00	53:15:00	
1839	LUIS NUNES	10935	M	Vet3M	53:54:00	53:17:00	
1840	TIAGO ROSA	11006	M	SenM	53:54:00	53:23:00	
1841	PEDRO CORREIA	11463	M	SenM	53:54:00	49:29:00	
1842	JORGE SILVA	10472	M	Vet1M	53:54:00	53:44:00	Silvas
1843	MIGUEL CAMPO	10392	M	Vet2M	53:54:00	53:17:00	
1844	JOSE MOUQUINHO	15428	M	Vet1M	53:55:00	53:42:00	
1845	PAULO FERREIRA	15810	M	Vet1M	53:55:00	53:17:00	
1846	LEONEL LUCAS	13057	M	Vet1M	53:55:00	53:02:00	Clube Académico Penafirme
1847	IGOR LOPES	16406	M	SenM	53:55:00	50:42:00	Hospital da Luz
1848	ANTÓNIO GRILO	14070	M	Vet3M	53:55:00	53:32:00	Kaninos

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1849	RUI SILVA	16113	M	Vet2M	53:55:00	53:33:00	
1850	PAULO FERREIRA	12700	M	Vet3M	53:56:00	50:38:00	Pimpões Trail Team
1851	CARLOS RODRIGUES	14825	M	SenM	53:57:00	53:22:00	
1852	HUGO MACHADO	13425	M	Vet1M	53:57:00	52:05:00	
1853	SÉRGIO FERNANDES	15710	M	SenM	53:58:00	44:59:00	Correr Lisboa
1854	JOÃO MATOS	15582	M	Vet4M	53:58:00	52:02:00	
1855	RUI BRAZ	12284	M	Vet1M	53:59:00	52:35:00	GDCTINCM
1856	DIOGO CARVALHO	13291	M	JunM	54:00:00	48:48:00	
1857	CESAR GANCHAS	13920	M	Vet1M	54:01:00	53:34:00	Barrigudos run team
1858	NELSON JORGE	10195	M	Vet1M	54:01:00	53:28:00	
1859	JOÃO DUARTE	10907	M	Vet5M	54:02:00	53:31:00	Individual
1860	CARLOS MAGALHÃES	15421	M	SenM	54:02:00	51:35:00	GSTEP
1861	CAROLINO DIAS	11093	M	SenM	54:02:00	53:39:00	Barafusta e companhia
1862	IVO FERNANDES	12986	M	Vet1M	54:03:00	53:39:00	
1863	FABIO SANTOS	15803	M	SenM	54:03:00	47:10:00	
1864	DIOGO AGOSTINHO	12432	M	SenM	54:04:00	53:34:00	
1865	JANETTE FERNANDES	15677	F	Vet1F	54:04:00	53:51:00	S. C. Espinho/Atletismo António Leitão
1866	JOSÉ MARIA PEDRO	10509	M	Vet5M	54:06:00	53:01:00	
1867	CRISTINA FALÉ	12628	F	Vet1F	54:06:00	53:29:00	VERMELHOS DA MARGEM SUL
1868	ARTUR JUNIOR	14445	M	Vet5M	54:06:00	52:40:00	
1869	VITOR NETO	16171	M	Vet3M	54:06:00	53:21:00	
1870	MIGUEL SANTOS	13457	M	SenM	54:07:00	50:47:00	Terapeuta Miguel Santos
1871	JULIETA MOTA	13619	F	Vet2F	54:07:00	53:21:00	As Primeiras
1872	PEDRO CAETANO	11027	M	Vet3M	54:07:00	47:37:00	
1873	ANTÓNIO JERÓNIMO	10677	M	SenM	54:07:00	53:36:00	Serrado FC Atletismo
1874	CARLA MENDES	15397	F	Vet1F	54:08:00	53:41:00	Carla&Nuno
1875	PEDRO LOPES	10688	M	Vet2M	54:08:00	53:46:00	Serrado FC Atletismo
1876	PEDRO SILVA	12658	M	SenM	54:08:00	53:33:00	
1877	RUI GUSTAVO MORAIS	13170	M	Vet2M	54:08:00	52:09:00	Titã
1878	NUNO SOBRAL	10405	M	Vet1M	54:08:00	53:46:00	Serrado FC Atletismo
1879	JORGE SANTOS	11931	M	Vet3M	54:08:00	53:48:00	Clube do Pessoal Aguas Gaia
1880	PAULO CALDEIRINHA	15534	M	Vet2M	54:08:00	53:45:00	Serrado FC Atletismo
1881	ABREU CASIMIRO	11390	M	Vet4M	54:08:00	51:03:00	
1882	JOÃO ANTUNES	14500	M	Vet2M	54:08:00	53:35:00	Casa Benfica Torres Vedras
1883	CATIA MANSO	13728	F	SenF	54:08:00	52:36:00	
1884	BRUNO GARCIA	15490	M	SenM	54:08:00	52:36:00	
1885	CRISTINA ASSUNÇÃO	12516	F	SenF	54:08:00	52:37:00	Bijagós
1886	JOSÉ SANTOS	13258	M	Vet1M	54:08:00	52:12:00	
1887	RODOLFO FRANCO	14266	M	SenM	54:08:00	52:35:00	Metralhas do Oeste
1888	DAVID AMADO	11383	M	SenM	54:08:00	53:27:00	
1889	SERGIO MOUSINHO	16739	M	SenM	54:08:00	53:46:00	Colaboradores SLB
1890	ROGÉRIO GODINHO	15234	M	SenM	54:09:00	52:44:00	Fronteira Running
1891	PEDRO BRANCO	13549	M	SenM	54:09:00	52:34:00	Caramujo é agora
1892	ANDREIA SALOIO	12687	F	SenF	54:09:00	52:37:00	Bijagós

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1893	SÉRGIO CATALÃO	11878	M	SenM	54:09:00	54:01:00	
1894	BRUNO MARQUES	12763	M	SenM	54:10:00	53:52:00	ADIA
1895	HUGO BRANCO	15393	M	Vet1M	54:11:00	52:47:00	
1896	LILIANA ANDRÉ	16152	F	SenF	54:11:00	53:46:00	
1897	PEDRO CALVARIO	15878	M	Vet2M	54:11:00	45:05:00	
1898	ELSA FRANCISCO	14752	F	Vet2F	54:11:00	53:15:00	
1899	TÂNIA MENDONÇA	10530	F	SenF	54:12:00	53:46:00	GD-SBSI
1900	JOÃO SILVESTRE	12946	M	Vet1M	54:12:00	49:47:00	
1901	CARLOS LOPES	14233	M	Vet3M	54:12:00	53:56:00	os lopes
1902	DIOGO MARQUES	14900	M	SenM	54:12:00	51:44:00	
1903	PAULO GONÇALVES	10696	M	Vet1M	54:13:00	54:07:00	individual
1904	SANDRA CRUZ	15124	F	Vet1F	54:13:00	54:04:00	
1905	PAULO VERISSIMO	11278	M	Vet3M	54:14:00	53:59:00	Clube Novo Banco
1906	OSVALDO MANUEL	17845	M	SenM	54:14:00	53:08:00	
1907	ANTÓNIO GALHETO	14556	M	Vet5M	54:15:00	54:09:00	
1908	HUGO COLAÇO	10021	M	Vet1M	54:15:00	53:07:00	
1909	JOÃO COSTA	12531	M	Vet2M	54:15:00	52:09:00	Run for Friends
1910	MARIO MELO	15376	M	Vet3M	54:15:00	53:29:00	
1911	ALBERTO CANCELINO	14918	M	Vet1M	54:15:00	53:42:00	
1912	NILESH MEGGI	17569	M	SenM	54:16:00	52:56:00	Colaboradores SLB
1913	LUIS SOUSA	13723	M	Vet1M	54:16:00	52:29:00	
1914	PEDRO SILVA	10471	M	Vet2M	54:16:00	54:05:00	silvas
1915	SILVESTRE CRUZ	16493	M	SenM	54:16:00	50:40:00	Hospital da Luz
1916	ANDRE MATA	15743	M	SenM	54:16:00	50:53:00	TABAQUEIRA
1917	PATRÍCIA SANTOS	15805	F	Vet1F	54:17:00	54:02:00	
1918	MARCO PACHECO	13767	M	Vet1M	54:17:00	52:58:00	
1919	HUGO CIPRIANO	16607	M	SenM	54:17:00	49:52:00	Colaboradores SLB
1920	RUI CARVALHO	15281	M	SenM	54:18:00	53:28:00	Clube Brisa
1921	MIGUEL MARTINS	16462	M	SenM	54:18:00	52:37:00	Central de Cerveja
1922	LUIZ MIGUEL CHATILLON	11148	M	Vet4M	54:18:00	53:01:00	
1923	PAULO VALENTIM	14063	M	SenM	54:18:00	52:47:00	
1924	RUI FREIXO	10694	M	SenM	54:19:00	53:49:00	
1925	MANUEL JORGE NARCISO	11984	M	Vet3M	54:20:00	54:13:00	Serviços Sociais Montepio
1926	FRANCISCO GARCIA	13300	M	SenM	54:20:00	53:12:00	Garcia Runners
1927	FERNANDA REBELO	12774	F	Vet2F	54:20:00	53:59:00	CATA-Clube de Atletismo de Amora
1928	JOSÉ MARIA PARDAL	13582	M	Vet5M	54:21:00	54:04:00	
1929	MARCO MADEIRA	13581	M	SenM	54:21:00	54:04:00	
1930	MANUEL PIPA	12944	M	SenM	54:21:00	51:57:00	
1931	JOSE MANUEL	10634	M	Vet1M	54:21:00	53:18:00	
1932	JOAO SOUSA	12159	M	Vet2M	54:22:00	48:04:00	TÁLENTOS TEAM
1933	ANTONIO PEDRO OLIVEIRA	13403	M	Vet1M	54:23:00	53:19:00	RunningOdependentes
1934	MIGUEL MELO	14924	M	Vet3M	54:24:00	53:57:00	Margemsulrunners
1935	VALTER CUNHA	15028	M	SenM	54:24:00	51:31:00	#DaikinRunners
1936	NUNO BARBOSA	12310	M	Vet1M	54:25:00	54:20:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1937	MARIA MANUELA CAMACHO SANTOS	12665	F	Vet1F	54:25:00	54:11:00	Singarunners
1938	MARCO BASTOS	12343	M	SenM	54:25:00	51:37:00	CCD CRÉDITO AGRÍCOLA MÚTUO
1939	ANÍBAL FREIRE	10578	M	Vet5M	54:25:00	52:00:00	
1940	LUÍS GRAVE	16091	M	Vet5M	54:25:00	54:00:00	Os Zatopeques
1941	JOSÉ MORAIS	16093	M	Vet4M	54:25:00	54:00:00	Os Zatopeques
1942	ARMANDO CRUZ	16124	M	Vet3M	54:26:00	48:05:00	
1943	JOSÉ INÁCIO COSTA	12664	M	Vet1M	54:26:00	54:12:00	Singarunners
1944	AFTAB TAYOB	13868	M	SenM	54:26:00	53:13:00	
1945	HUGO MENDES	12305	M	Vet1M	54:26:00	52:37:00	pace.makers
1946	VITOR LOURENÇO	13316	M	Vet3M	54:26:00	53:55:00	Jobrinde - Montes Saloios
1947	CRISTIANO FILIPE	16479	M	SenM	54:27:00	53:09:00	Central de Cerveja
1948	LEONEL SÃO JOSÉ	15027	M	Vet2M	54:27:00	48:17:00	Sport Clube Alfragide
1949	PAULO CALDEIRA	10358	M	Vet2M	54:28:00	54:22:00	CALDEIRA
1950	JOAO ALVES	13426	M	Vet1M	54:28:00	52:32:00	
1951	NELSON JESUS	12880	M	SenM	54:28:00	53:21:00	Os Teimosos
1952	FRANCISCO MONTE	15881	M	SenM	54:29:00	54:29:00	
1953	BRUNO DOS SANTOS	14640	M	SenM	54:29:00	54:02:00	
1954	VASCO TARECO	10872	M	SenM	54:30:00	53:39:00	Tareco
1955	IVO SILVA	12521	M	SenM	54:30:00	53:55:00	Os Martins
1956	RODRIGO NENÉ	15695	M	SenM	54:30:00	53:42:00	La la BENFICA
1957	JOAO GONÇALVES	15095	M	Vet1M	54:30:00	54:29:00	Cofina Runners
1958	ANTÓNIO MARTINS	13486	M	Vet1M	54:30:00	52:04:00	Os 5 magníficos
1959	LUÍS SIMÕES	13487	M	Vet1M	54:31:00	52:04:00	Os 5 magníficos
1960	NUNO OLIVEIRA	10324	M	SenM	54:31:00	54:12:00	
1961	INÊS MARQUES	15885	F	Vet1F	54:31:00	47:25:00	
1962	HUGO GONÇALVES	13698	M	JunM	54:32:00	52:31:00	Individual
1963	MANUEL GARRINHAS	13945	M	Vet4M	54:32:00	54:00:00	
1964	JOSÉ PINTO	15412	M	Vet1M	54:32:00	53:57:00	CLUBE ANACOM
1965	MARCO FERREIRA	10169	M	SenM	54:32:00	54:23:00	
1966	PAULO FIGUEIRAS	13488	M	Vet2M	54:33:00	52:06:00	Os 5 magníficos
1967	JOSÉ PENA	12020	M	SenM	54:33:00	51:39:00	Team Roda Encravada
1968	MANUEL FRANCISCO	14629	M	Vet3M	54:33:00	51:15:00	
1969	JOSE MONTEIRO	11180	M	Vet5M	54:34:00	52:55:00	
1970	JOSÉ PEREIRA	12910	M	Vet5M	54:34:00	54:00:00	
1971	FRANCISCO BANDO	10382	F	Vet3F	54:34:00	52:55:00	
1972	LUÍS FIGUEIRA	12154	M	SenM	54:34:00	51:34:00	
1973	JOSÉ GOMES	13681	M	SenM	54:35:00	54:10:00	
1974	ANABELA ASSUNÇÃO ASSUNÇÃO	15414	M	Vet2M	54:35:00	53:00:00	
1975	MARTA CANAVEIRA	15223	F	SenF	54:35:00	54:04:00	Marriott Lisboa
1976	ARTUR ALMEIDA	12578	M	SenM	54:36:00	53:51:00	Os Coxos
1977	FREDERICO MONTEIRO	15309	M	SenM	54:36:00	51:12:00	Junta de Freguesia de Benfica
1978	CARLOS QUEIJO	12486	M	Vet3M	54:36:00	50:26:00	Amorense
1979	JOSÉ CASTRO	10724	M	Vet4M	54:36:00	53:56:00	CLUBE ATLETISMO AMIGOS DE BELÉM
1980	VITOR SANTOS	11529	M	Vet3M	54:36:00	52:20:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
1981	JOAQUIM FILIPE CARACOL PINTO	11018	M	Vet4M	54:36:00	53:55:00	
1982	NUNO CARDEIAS	14223	M	SenM	54:37:00	54:12:00	CCD Siemens
1983	JOÃO HENRIQUE RODRIGUES	17582	M	SenM	54:37:00	45:30:00	Coruche runners
1984	ANDRÉ RODRIGUES	13720	M	SenM	54:37:00	52:04:00	
1985	LUÍS MEIRA	11602	M	Vet1M	54:38:00	54:02:00	Condores Varge Mondar
1986	LUÍS AMARO	10864	M	Vet2M	54:38:00	54:16:00	
1987	LUÍS MONTEIRO	16650	M	SenM	54:38:00	53:31:00	Colaboradores SLB
1988	AMÍLCAR PRAGANA	14259	M	Vet3M	54:38:00	51:33:00	
1989	TIAGO AMARAL	10863	M	SenM	54:38:00	53:26:00	
1990	ANDRÉ HENRIQUES	16162	M	SenM	54:38:00	54:15:00	Fit&Focus,Unipessoal Lda
1991	FILIPE AVILLEZ	13645	M	SenM	54:38:00	53:49:00	
1992	PEDRO ALMEIDA	11947	M	SenM	54:39:00	50:41:00	
1993	PAULO FILIPE	10805	M	Vet1M	54:39:00	54:09:00	
1994	BRUNA SANTOS	12187	F	SenF	54:39:00	53:02:00	
1995	FRANCO SANI	10941	M	Vet1M	54:39:00	54:22:00	Ninho das águias - porto de mos
1996	JOÃO ESTEVES	13392	M	SenM	54:40:00	54:12:00	Link
1997	RUI RAMALHETE	15504	M	SenM	54:40:00	51:35:00	Coca-Cola
1998	PEDRO BEATO	12391	M	SenM	54:40:00	54:22:00	
1999	PEDRO LIMA	12151	M	SenM	54:40:00	53:36:00	
2000	JOAQUIM COSTA	17958	M	Vet4M	54:41:00	54:25:00	
2001	AUGUSTO SOUSA	13859	M	Vet5M	54:41:00	54:38:00	
2002	PAULO PINHEIRO	13082	M	SenM	54:41:00	51:49:00	
2003	FABIO BARROCA	13569	M	SenM	54:42:00	51:34:00	
2004	RUI NUNES	13275	M	Vet1M	54:44:00	54:40:00	
2005	JOSE CAETANO	15935	M	Vet5M	54:45:00	48:46:00	
2006	MÁRIO CLEMENTE	15057	M	SenM	54:45:00	51:49:00	
2007	DAVID ENCARNAÇÃO	10247	M	JunM	54:45:00	46:17:00	Peniche a correr
2008	SILVIO PAIVA	11283	M	Vet5M	54:46:00	54:12:00	Clube Novo Banco
2009	VANDA BADÉ	10548	F	SenF	54:46:00	53:56:00	
2010	PAULO SALGADO	17945	M	Vet1M	54:46:00	54:09:00	
2011	TIAGO SILVA	12021	M	SenM	54:46:00	51:53:00	Team Roda Encravada
2012	PEDRO MENDONÇA	16710	M	SenM	54:46:00	52:37:00	Colaboradores SLB
2013	VALTER RODRIGUES	12018	M	SenM	54:47:00	51:53:00	Team Roda Encravada
2014	HUGO PINTO	12381	M	Vet1M	54:47:00	53:01:00	CCDTMetroLX
2015	RUI ALMEIDA	13469	M	SenM	54:47:00	54:20:00	
2016	ANA HENRIQUE	14848	F	Vet1F	54:47:00	54:23:00	Brnightrunners
2017	VALÉRIO BARRETO	12023	M	SenM	54:47:00	51:54:00	Team Roda Encravada
2018	VALTER TEIXEIRA	14024	M	Vet2M	54:47:00	54:47:00	Clube Ferroviário de Portugal
2019	DIOGO NETO	12308	M	Vet3M	54:47:00	54:16:00	
2020	FILIPE MESTRE	16484	M	SenM	54:47:00	52:40:00	Central de Cerveja
2021	KAROL KOMOROWSKI	10084	M	SenM	54:47:00	52:25:00	
2022	HÉLDER SILVA	14733	M	Vet1M	54:48:00	53:58:00	
2023	JOSÉ MARTINS	14766	M	Vet3M	54:48:00	54:23:00	brnigtrunners
2024	MÓNICA MATOS	12780	F	Vet1F	54:48:00	54:17:00	MB Team

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2025	NUNO RIBEIRO	15697	M	SenM	54:48:00	53:59:00	La la BENFICA
2026	CARLA LOPES	14232	F	Vet2F	54:48:00	54:33:00	os lopes
2027	FÁBIO ROCHA	11826	M	SenM	54:49:00	54:26:00	PERNAS DE GAFANHOTO
2028	JOÃO RAMOS	11285	M	Vet2M	54:49:00	54:23:00	Clube Novo Banco
2029	RICARDO FERNANDES	14087	M	Vet1M	54:49:00	51:01:00	Sagres Team Run
2030	NUNO MADUREIRA	12933	M	SenM	54:49:00	54:32:00	
2031	NUNO RICARDO	10867	M	Vet1M	54:50:00	54:34:00	AzarujaBTT
2032	PAULO FERNANDES	11816	M	SenM	54:50:00	52:33:00	
2033	EMANUEL MAGALHÃES	11263	M	SenM	54:50:00	54:37:00	
2034	MARIO MENDES	10701	M	Vet3M	54:51:00	54:09:00	
2035	NELSON SANTOS	17574	M	SenM	54:51:00	53:24:00	
2036	PEDRO PEREIRA	13916	M	Vet1M	54:51:00	52:28:00	
2037	JOÃO DIAS	15351	M	SenM	54:52:00	52:33:00	
2038	BRUNO SILVA	10708	M	SenM	54:52:00	53:10:00	
2039	KAYLEE ROSELLE	14947	F	SenF	54:53:00	52:48:00	Lop
2040	PETE BORASO	14948	M	SenM	54:53:00	52:46:00	Lop
2041	LUIS GODINHO	11822	M	Vet2M	54:54:00	54:31:00	Us Run & Fun
2042	RUI RIBEIRO	10057	M	Vet4M	54:54:00	54:33:00	
2043	JOÃO COSTA	16154	M	Vet2M	54:54:00	47:56:00	As Lebres
2044	PEDRO TRIGO	14613	M	SenM	54:55:00	54:34:00	
2045	FLAVIO FERREIRA	14399	M	SenM	54:55:00	53:14:00	
2046	JOÃO MALHA	15756	M	SenM	54:56:00	54:19:00	
2047	JOÃO PEDRO MARTINS VILARES	11247	M	SenM	54:56:00	51:36:00	
2048	NUNO PEREIRA	10797	M	SenM	54:56:00	51:48:00	
2049	ANDRÉ NETO	12698	M	SenM	54:57:00	51:08:00	Clube Ferroviário de Portugal
2050	SILVA_F77@HOTMAIL.COM SILVA	14309	M	Vet1M	54:57:00	52:34:00	TACLUBE
2051	PEDRO OLIVEIRA	13869	M	SenM	54:57:00	51:40:00	LH Ginásio - Amora
2052	ALEXANDRA ALVES	12286	F	Vet1F	54:58:00	53:34:00	GDCTINCM
2053	ANTONIO MORGADO	15248	M	Vet4M	54:58:00	54:23:00	
2054	JOAO VITORINO	17890	M	SenM	54:59:00	46:58:00	
2055	DELFIN PRATAS	14942	M	Vet2M	54:59:00	51:15:00	SAM'S Lda
2056	LUIS SILVA	14726	M	Vet3M	54:59:00	54:49:00	CORRERLISBOA
2057	MARIO GASPAR	14898	M	Vet3M	55:00:00	53:53:00	MARRIOTT FRIENDS
2058	NELSON SANTOS	16514	M	SenM	55:00:00	52:39:00	Hospital da Luz
2059	JORGE COLAÇO	14832	M	Vet1M	55:00:00	54:53:00	
2060	BRUNO FERNANDES	16562	M	SenM	55:00:00	54:11:00	Colaboradores SLB
2061	VASCO ALMEIDA	16444	M	SenM	55:00:00	52:52:00	Colaboradores SLB
2062	BRUNO DAMAS	12414	M	Vet1M	55:01:00	51:45:00	
2063	FIRMINO MIGUEL E SILVA DUARTE	16064	M	Vet1M	55:01:00	53:44:00	
2064	JOSÉ HENRIQUES	11245	M	SenM	55:01:00	54:05:00	
2065	PEDRO FIGUEIRA	11218	M	Vet1M	55:01:00	54:34:00	
2066	JOANA ALÇADA	13800	F	SenF	55:02:00	53:35:00	Afis/Ovar
2067	JOSÉ NEVES	11088	M	Vet1M	55:02:00	54:05:00	
2068	LUIS DIAS	11008	M	SenM	55:02:00	52:58:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2069	BRUNO RIBEIRO	10428	M	SenM	55:02:00	52:23:00	
2070	JOÃO PISSARRA	12588	M	Vet4M	55:02:00	54:27:00	
2071	GONÇALO FRANCA	16463	M	Vet3M	55:03:00	54:12:00	Central de Cerveja
2072	JORGE FARINHA	17833	M	Vet3M	55:04:00	54:55:00	
2073	JOÃO LEITÃO	13588	M	SenM	55:04:00	55:00:00	
2074	PEDRO SANTOS	12722	M	Vet1M	55:04:00	54:28:00	
2075	PAULO FARINHA	13104	M	SenM	55:05:00	54:29:00	
2076	JOÃO CORREIA	11559	M	Vet4M	55:05:00	54:00:00	SS CGD
2077	JOSÉ NUNES	11378	M	Vet3M	55:05:00	54:50:00	Keep Running
2078	JOSÉ ANDRADE	11381	M	Vet3M	55:05:00	54:49:00	Keep Running
2079	JOSÉ SANTOS	16635	M	Vet2M	55:06:00	51:15:00	Colaboradores SLB
2080	FILIPE SILVA	12127	M	Vet1M	55:06:00	54:02:00	
2081	TIAGO PISCO	15673	M	SenM	55:06:00	53:11:00	S. C. Espinho/Atletismo António Leitão
2082	FERNANDO JOAQUIM DE OLIVEIRA	10262	F	Vet3F	55:06:00	54:47:00	
2083	ANDRÉ QUESADO	12004	M	SenM	55:06:00	53:08:00	
2084	ALEXANDRE PALMEIRO	10145	M	SenM	55:06:00	52:07:00	
2085	TIAGO MATOS	16293	M	Vet1M	55:07:00	51:52:00	
2086	JOAQUIM FERNANDES	10376	M	Vet1M	55:07:00	53:32:00	Gangue das 6h10
2087	CARLOS PEREIRA	10488	M	SenM	55:08:00	51:51:00	
2088	JOAO FERNANDES	12904	M	Vet1M	55:08:00	54:38:00	
2089	TIAGO RODRIGUES	16429	M	Vet1M	55:08:00	51:40:00	Colaboradores SLB
2090	JORGE RAMOS	16632	M	Vet1M	55:08:00	51:40:00	Colaboradores SLB
2091	GONÇAO ROCHA	12922	M	SenM	55:08:00	52:07:00	
2092	JOSÉ SOUSA	13823	M	Vet4M	55:08:00	54:13:00	Afis/Ovar
2093	FILIPE ALVES	17919	M	Vet2M	55:08:00	51:57:00	Urbanos
2094	MARIA DE DEUS AMEIXA PALMA E PALMA	13286	F	Vet3F	55:09:00	55:02:00	
2095	JOAO GAMAS	15739	M	SenM	55:09:00	52:57:00	TABAQUEIRA
2096	RUBEN FREIRE	10079	M	SenM	55:10:00	53:41:00	
2097	JOÃO BOLINHAS	13380	M	SenM	55:10:00	54:11:00	Familia do Coração
2098	EDUARDO SEDUVEM	12783	M	SenM	55:10:00	54:33:00	
2099	JULIO PEREIRA	13848	M	SenM	55:11:00	53:42:00	
2100	FRANCISCO FREIRE	15696	M	SenM	55:11:00	54:20:00	La la BENFICA
2101	CATARINA NECO	13689	F	SenF	55:11:00	51:51:00	
2102	NELSON NUNES	15143	M	Vet1M	55:11:00	53:59:00	
2103	LUÍS GRANCHO	12607	M	Vet3M	55:11:00	53:51:00	Individual
2104	JOSÉ MIGUEL BORDA D'ÁGUA	13692	M	SenM	55:11:00	52:20:00	BDA
2105	PAULO FAUSTINO	15336	M	Vet2M	55:11:00	54:57:00	
2106	JOSÉ FINS	14343	M	Vet2M	55:12:00	53:36:00	
2107	ANDRÉ PINTO	17951	M	SenM	55:12:00	48:28:00	
2108	HUMBERTO FERNANDES	14926	M	Vet4M	55:12:00	54:42:00	Clínica dos Relógios
2109	ROGERIO CARREIRO	15069	M	Vet4M	55:12:00	53:17:00	
2110	JOSE COSTA	15744	M	SenM	55:12:00	53:10:00	TABAQUEIRA
2111	BRUNO SANTOS	12302	M	Vet1M	55:12:00	55:03:00	
2112	LUÍS MATOS	12610	M	JunM	55:13:00	51:21:00	Manilhas



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2113	ALICE APOLONIA	15679	F	SenF	55:13:00	53:18:00	S. C. Espinho/Atletismo António Leitão
2114	ANDRÉ SANTOS	14998	M	SenM	55:13:00	52:35:00	
2115	ANTÓNIO MANUEL PIMENTA PESSOA	14580	M	Vet4M	55:13:00	54:18:00	ACAPO-DL
2116	JOÃO RENDEIRO	16622	M	SenM	55:14:00	53:04:00	Colaboradores SLB
2117	VICTORIA MATA	13524	F	Vet3F	55:14:00	54:46:00	OS MATAS
2118	MANUEL BATISTA	15387	M	Vet5M	55:14:00	54:02:00	Clube de Praças da Armada
2119	RUI JOÃO	10278	M	Vet1M	55:14:00	54:55:00	
2120	JOÃO LUCIANO GELÁSIO MARQUES	15169	M	SenM	55:14:00	54:40:00	
2121	ANA CUNHA	13373	F	Vet1F	55:15:00	54:42:00	
2122	FERNANDO SANTOS	14672	M	Vet5M	55:15:00	52:49:00	Associação O Companheiro
2123	JOÃO LIMA	10207	M	Vet4M	55:15:00	54:48:00	4 ao Km
2124	HUMBERTO SERRA	13503	M	Vet2M	55:16:00	53:42:00	
2125	BRUNO GONÇALVES	12749	M	Vet1M	55:16:00	54:37:00	Xoninhas Team
2126	CARLOS DIAS	17530	M	Vet2M	55:16:00	54:30:00	
2127	FILIPE MESTRE	12750	M	SenM	55:16:00	54:37:00	Xoninhas Team
2128	JORGE CORREIA	12250	M	Vet4M	55:17:00	55:09:00	
2129	CARLOS NIZ	16459	M	Vet1M	55:17:00	50:49:00	Central de Cerveja
2130	DAVID FORTUNATO	15382	M	SenM	55:17:00	52:20:00	
2131	ANA SERRÃO	14931	F	SenF	55:17:00	54:46:00	
2132	RICARDO NIZ	14264	M	SenM	55:17:00	50:50:00	Os Penta
2133	RUI FERNANDES	10299	M	Vet2M	55:17:00	54:47:00	
2134	PEDRO CARDIGOS	15325	M	SenM	55:17:00	54:59:00	
2135	ANTÓNIO LIMA	17957	M	Vet4M	55:18:00	55:04:00	
2136	FRANCISCO COSTA	11153	M	Vet4M	55:18:00	54:21:00	
2137	JOÃO VIEIRA	12337	M	Vet4M	55:18:00	54:45:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2138	MAFALDA GIRÃO	16654	F	SenF	55:18:00	51:27:00	Colaboradores SLB
2139	TIAGO LAMELAS	16439	M	SenM	55:18:00	51:27:00	Colaboradores SLB
2140	MARCELO AREIAS	11547	M	SenM	55:19:00	54:50:00	Areias
2141	FÁBIO AREIAS	11548	M	SenM	55:19:00	54:50:00	Areias
2142	MARIO GERI	17882	M	Vet1M	55:19:00	48:47:00	
2143	IGOR PAULO	11896	M	SenM	55:19:00	53:53:00	
2144	FRANCISCO JULIO	15644	M	JunM	55:19:00	54:42:00	CLAC - Entroncamento
2145	FÁTIMA BRANCO	14863	F	Vet3F	55:20:00	54:25:00	
2146	ANTÓNIO RAMOS	12844	M	Vet2M	55:20:00	54:56:00	Os Matrecos
2147	DUARTE SANTOS	16762	M	JunM	55:20:00	54:48:00	PACERS
2148	ISA RODRIGUES	11039	F	SenF	55:20:00	54:21:00	
2149	PEDRO LOPES	12420	M	SenM	55:20:00	52:06:00	SS CGD
2150	JOSÉ BARRETO	8588	M	Vet4M	55:20:00	54:39:00	
2151	TOMÁS GRILO	14045	M	SenM	55:20:00	53:47:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2152	PAULO PIMPÃO	12168	M	SenM	55:21:00	54:23:00	
2153	JOÃO GRILO	14043	M	SenM	55:21:00	53:47:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2154	RUI CUNHA	11330	M	SenM	55:21:00	55:04:00	
2155	JOÃO MENINO	16763	M	JunM	55:21:00	54:50:00	PACERS
2156	JOÃO AFONSO	12156	M	Vet2M	55:21:00	54:44:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2157	MÁRIO QUARENTA	15195	M	SenM	55:21:00	53:58:00	URBANOS 1
2158	BRUNO PINTO	13735	M	SenM	55:22:00	51:42:00	
2159	RUI DIAS	15547	M	SenM	55:22:00	55:15:00	Os Galgos
2160	JOAQUIM MENDES	14396	M	Vet5M	55:22:00	54:26:00	Cegonhas do Sado
2161	JOÃO PEREIRA	13734	M	SenM	55:22:00	51:43:00	
2162	JOAO VAZ	15455	M	SenM	55:22:00	54:18:00	GENIUS
2163	SUZANA FARIA	15559	F	Vet2F	55:23:00	54:16:00	CATEDRAL DA CERVEJA
2164	CARLOS ESCÓRCIO	12300	M	SenM	55:23:00	48:43:00	Preguiças do Monte
2165	EURICO SILVA	13043	M	Vet3M	55:23:00	54:26:00	
2166	MARLENE CARRIÇO	14795	F	SenF	55:23:00	53:24:00	As Toupeiras
2167	ARMANDO TAVARES	11626	M	Vet1M	55:23:00	54:02:00	
2168	PAULO RODRIGUES	10007	M	SenM	55:24:00	53:27:00	
2169	ALEXANDRE FREDERICO	13700	M	SenM	55:24:00	54:17:00	
2170	ANA SOFIA BICA	12784	F	SenF	55:25:00	54:54:00	ATeam
2171	MAURO LORETI	10061	M	SenM	55:25:00	54:16:00	
2172	JAIME PASSOS	13444	M	Vet2M	55:27:00	53:57:00	Peniche a Correr
2173	MARIA COTRIM	14140	F	SenF	55:27:00	54:08:00	Sem destino
2174	CARLA DOMINGUES	14203	F	SenF	55:28:00	54:08:00	Sem destino
2175	PEDRO PAULOS	10716	M	SenM	55:28:00	55:06:00	
2176	SÓNIA LUZ	10715	F	SenF	55:28:00	55:06:00	
2177	RAFAEL MARTINS	16498	M	SenM	55:28:00	54:11:00	Hospital da Luz
2178	CARLOS ALMEIDA	14065	M	SenM	55:28:00	51:10:00	
2179	HÉLDER CARDOSO	14705	M	Vet1M	55:28:00	52:37:00	
2180	MARGARIDA COELHO	13606	F	Vet3F	55:29:00	54:59:00	
2181	GONÇALO SANTOS	10720	M	SenM	55:29:00	53:53:00	
2182	PEDRO ORFÃO	12122	M	SenM	55:29:00	54:01:00	
2183	NUNO SIMÕES	10481	M	SenM	55:29:00	53:46:00	
2184	FILIPE SOARES	15613	M	JunM	55:30:00	46:30:00	Viriathvs Runners Viseu
2185	JOAO FAUSTINO	10730	M	Vet5M	55:30:00	54:03:00	
2186	PAULO FRANCISCO	11104	M	Vet3M	55:31:00	48:51:00	
2187	CÉLIA SPÍNOLA	13558	F	SenF	55:31:00	53:56:00	Caramujo é agora
2188	ANDRÉ NORONHA	14790	M	Vet3M	55:31:00	53:06:00	SS CGD
2189	NUNO LOURENÇO	11885	M	SenM	55:32:00	54:53:00	C.D. Amigos de Paco Nassa
2190	RÚBEN PAGAIMÉ	10878	M	SenM	55:32:00	54:53:00	C. D. Amigos de Paco Nassa
2191	PAULO MARTINS	16695	M	Vet2M	55:32:00	53:20:00	Colaboradores SLB
2192	VALTER EUSTÁQUIO	12767	M	SenM	55:32:00	54:18:00	Futebolês e Benfica da Nazaré
2193	ANDRÉ MACHADO	14171	M	SenM	55:33:00	54:14:00	XIX Fit
2194	CESAR MIGUENS	12245	M	SenM	55:33:00	55:03:00	
2195	RICARDO SOARES	13333	M	Vet1M	55:34:00	51:58:00	
2196	HELDER MIGUENS	12239	M	SenM	55:34:00	55:03:00	
2197	HUGO RIBEIRO	12188	M	SenM	55:34:00	53:57:00	
2198	PEDRO RANHADA	15021	M	Vet1M	55:35:00	52:43:00	
2199	NUNO MATEUS	14277	M	SenM	55:35:00	53:20:00	Corinthia Team
2200	FÁBIO MANUEL CORAGEM	10844	M	SenM	55:35:00	53:54:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2201	LUIS SILVA	15289	M	SenM	55:35:00	54:15:00	GDCT Unicre
2202	MIGUEL GAMEIRO	15999	M	JunM	55:35:00	53:33:00	
2203	LUIS VICENTE	10906	M	Vet4M	55:36:00	55:02:00	Individual
2204	ANTÓNIO PINTO	17526	M	Vet4M	55:36:00	53:39:00	
2205	PEDRO COELHO	11490	M	SenM	55:36:00	53:55:00	
2206	ALEXANDRE FERRO	14214	M	SenM	55:36:00	54:29:00	
2207	DAVID JOÃO	13147	M	SenM	55:36:00	53:29:00	
2208	GREGÓRIO TAVARES	11193	M	Vet2M	55:36:00	54:32:00	
2209	ROGÉRIO FOLGADO	11536	M	Vet4M	55:37:00	55:10:00	MENU DE ATLETA
2210	JOAQUIM ALMEIDA EREIRA	15922	M	Vet1M	55:37:00	55:10:00	GÁLIA
2211	FLÁVIO RAMALHO	12860	M	SenM	55:38:00	53:32:00	
2212	PEDRO FILIPE	13024	M	Vet2M	55:38:00	55:09:00	
2213	JOAO RAIMUNDO	17891	M	SenM	55:38:00	47:39:00	
2214	SERGIO FLORIANO	12800	M	Vet1M	55:38:00	55:08:00	
2215	JORGE FERRAZ	12053	M	Vet2M	55:39:00	54:42:00	McDonald's Trail Team
2216	PAULO MARQUES	13988	M	Vet1M	55:40:00	54:25:00	Grupo Amigos do Atletismo de Vila Franca de Xira
2217	JOÃO INFANTE	16141	M	SenM	55:40:00	49:23:00	Individual
2218	TOMAS CARVALHO	13051	M	SenM	55:41:00	55:15:00	
2219	PEDRO EVANGELISTA	14634	M	SenM	55:43:00	53:26:00	Aperta4run
2220	LUIS FILIPE GONÇALVES	13206	M	Vet3M	55:43:00	53:26:00	APERTA4RUN
2221	RICARDO PROENÇA	11189	M	Vet1M	55:44:00	49:42:00	Figueira Runners
2222	MIGUEL RODRIGUES	13996	M	SenM	55:44:00	51:24:00	Benfica em Forma
2223	JOAO BERNARDES	14093	M	Vet5M	55:45:00	54:58:00	os carregueirenses
2224	FABIANO FERREIRA	13966	M	SenM	55:45:00	51:25:00	Benfica em Forma
2225	GONÇALO MARTINS DA SILVA	10822	M	SenM	55:45:00	54:20:00	
2226	AVELINO CORREIA	13358	M	Vet4M	55:45:00	55:40:00	
2227	DAVID BARTOLOMEU	13361	M	JunM	55:46:00	55:40:00	
2228	NELSON ALEXANDRE PIMENTEL DA CORREIA	11843	M	SenM	55:46:00	55:08:00	BEST FRIENDS 4EVER
2229	NUNO DIAS	12175	M	Vet1M	55:46:00	55:18:00	Casa do Benfica em Castelo Branco
2230	JOÃO ROSMANINHO	16626	M	SenM	55:46:00	55:14:00	Colaboradores SLB
2231	PEDRO MANUEL OLIVEIRA TAIPINA TAIPINA	14763	M	Vet3M	55:46:00	55:17:00	
2232	PAULO JORGE MENDES SILVA	14764	M	SenM	55:46:00	55:17:00	
2233	VÍTOR VIEIRA	15772	M	Vet1M	55:47:00	53:36:00	
2234	JÚLIO JÚLIO	12742	M	Vet3M	55:47:00	52:17:00	
2235	SEBASTIÃO SOUSA	15275	M	SenM	55:47:00	51:07:00	
2236	NUNO PIRES	15858	M	SenM	55:48:00	49:11:00	CASA DO BENFICA CONDEIXA
2237	RICARDO VAZ	17824	M	SenM	55:48:00	55:26:00	
2238	ANTONIO SOUSA	11524	M	Vet4M	55:48:00	55:47:00	
2239	NUNO BORGES SANTOS	11985	M	Vet1M	55:48:00	53:43:00	Serviços Sociais Montepio
2240	SÉRGIO FERREIRA	12404	M	Vet2M	55:50:00	54:17:00	
2241	ABILIO CAMPOS	13447	M	Vet2M	55:50:00	49:32:00	
2242	JOSÉ DIAS	12202	M	Vet5M	55:50:00	55:15:00	Grupo Barraqueiro
2243	JOÃO FERNANDES	10493	M	Vet1M	55:50:00	54:26:00	
2244	FRANCISCO FURÃO	14939	M	SenM	55:51:00	52:07:00	SAM'S Lda

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2245	PAULO BONACHO	11694	M	Vet2M	55:51:00	54:56:00	SS CGD
2246	TANIA CABRITO	15733	F	SenF	55:51:00	53:51:00	TABAQUEIRA
2247	CARLOS MORAIS	10494	M	SenM	55:52:00	55:22:00	
2248	FRANCISCO SOARES ALBERGARIA	13387	M	SenM	55:52:00	55:09:00	SL Benfica
2249	LITO BRAZAO	16153	M	SenM	55:53:00	52:53:00	
2250	GONÇALO LOPES	10397	M	Vet2M	55:53:00	55:22:00	
2251	HENRIQUE ALMEIDA	13993	M	SenM	55:53:00	53:08:00	
2252	JOÃO DO CARMO	11550	M	Vet4M	55:55:00	55:36:00	Sunset Runners
2253	LUÍS MIRANDA	10620	M	Vet1M	55:55:00	55:10:00	Até à meia noite é dia!
2254	BRUNO MARTINS	16521	M	SenM	55:55:00	54:13:00	Hospital da Luz
2255	BRUNO CLARO	14717	M	SenM	55:55:00	52:53:00	Correr Lisboa
2256	ARMANDO TEIXEIRA	15509	M	Vet4M	55:55:00	54:56:00	Papa Kms
2257	RICARDO DIAS	16497	M	SenM	55:55:00	54:39:00	Hospital da Luz
2258	HELDER RODRIGUES	10505	M	SenM	55:56:00	54:43:00	Pernas de Gafanhoto
2259	ÁLVARO SANTOS	13162	M	Vet1M	55:56:00	55:37:00	CLAC - Entroncamento
2260	PEDRO BARROSO	16711	M	SenM	55:56:00	53:56:00	Colaboradores SLB
2261	CRISTINA CARVALHO	14725	F	Vet2F	55:56:00	55:05:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2262	JORGE MONTEIRO	17995	M	Vet4M	55:56:00	55:15:00	
2263	EDGAR FERREIRA	13626	M	SenM	55:57:00	54:00:00	Great Stay
2264	SANCHO BARROSO	16733	M	Vet1M	55:57:00	53:56:00	Colaboradores SLB
2265	SÓNIA FERREIRA	14241	F	SenF	55:57:00	55:07:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2266	ALEXANDRE REIS	14242	M	Vet4M	55:57:00	55:07:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2267	RITE HENRIQUES	16718	F	Vet1F	55:58:00	53:36:00	Colaboradores SLB
2268	EDGAR CABAÇO	15437	M	SenM	55:58:00	55:42:00	
2269	TINA SILVA	12992	F	Vet3F	55:58:00	55:12:00	Juventude Vidigalense
2270	ANA CARDOSO	12762	F	SenF	55:58:00	53:47:00	
2271	MIGUEL MENDANHA	12344	M	Vet1M	55:58:00	55:26:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2272	MANUEL ANTUNES	12926	M	Vet4M	55:59:00	55:18:00	
2273	HUGO CASEIRA	14439	M	SenM	55:59:00	53:36:00	
2274	PEDRO FERREIRA	10944	M	Vet1M	56:00:00	55:55:00	Individual
2275	PEDRO ANDRÉ	12424	M	SenM	56:00:00	53:02:00	
2276	ANDRÉ COELHO	14392	M	SenM	56:00:00	53:43:00	
2277	SÍLVIA VALENTE	10807	F	SenF	56:00:00	55:04:00	
2278	LUIS RAPOSO	11743	M	Vet1M	56:00:00	51:16:00	
2279	EDUARDO FERREIRA	15352	M	Vet3M	56:01:00	55:35:00	
2280	DANIEL MACHADO	10989	M	SenM	56:01:00	55:56:00	INDIVIDUAL
2281	CARLOS INÁCIO	10380	M	Vet2M	56:01:00	54:51:00	
2282	PEDRO PECHILGA	16297	M	SenM	56:01:00	54:38:00	
2283	JOAO FAUSTINO	12121	M	SenM	56:01:00	54:34:00	
2284	RUI ALVES	10691	M	SenM	56:01:00	52:11:00	Aquae Scalabis
2285	JOSÉ RIBEIRO	13591	M	Vet4M	56:02:00	55:25:00	Correr Lisboa
2286	PEDRO NEVES	15313	M	SenM	56:02:00	52:39:00	Junta de Freguesia de Benfica
2287	MÁRIO ROGADO	10652	M	SenM	56:02:00	55:25:00	Correr Lisboa
2288	OLGA CUNHA	11366	F	SenF	56:02:00	54:32:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2289	JOSÉ ALBINO QUINTAS	14632	M	Vet1M	56:03:00	54:07:00	Rio-Frio SLB
2290	NUNO BATISTA	15787	M	Vet1M	56:03:00	55:31:00	NP
2291	JOÃO OLIVEIRA	13369	M	Vet5M	56:04:00	55:50:00	
2292	PAULO LEITÃO	10176	M	Vet2M	56:04:00	52:22:00	
2293	VITOR VIDAL	11930	M	Vet3M	56:04:00	55:44:00	Clube do Pessoal Aguas Gaia
2294	TIAGO PAULINO	16433	M	SenM	56:04:00	51:36:00	Colaboradores SLB
2295	TIAGO SANTOS	14433	M	SenM	56:05:00	53:49:00	
2296	ALFREDO REIS	10955	M	Vet5M	56:05:00	55:37:00	
2297	JORGE OLIVEIRA	11544	M	Vet4M	56:05:00	54:31:00	
2298	MIGUEL MARQUES	10441	M	Vet4M	56:06:00	55:24:00	
2299	FRANCISCO ROLO	15126	M	Vet2M	56:07:00	55:05:00	Individual
2300	BRUNO GOMES	12065	M	Vet1M	56:07:00	54:22:00	
2301	MIGUEL BARROS	13470	M	Vet1M	56:07:00	54:22:00	
2302	SOFIA ALMEIDA	10665	F	SenF	56:08:00	56:04:00	
2303	ANTÓNIO ALEXANDRE	12918	M	Vet2M	56:08:00	55:33:00	
2304	VANDA BRAGANÇA	13507	F	Vet1F	56:08:00	54:31:00	BE IN SHAPE
2305	ISABEL GONÇALVES	12873	F	SenF	56:08:00	53:11:00	
2306	GUSTAVO MONTEIRO	11260	M	SenM	56:09:00	51:46:00	
2307	PEDRO DUARTE	10606	M	SenM	56:09:00	54:37:00	
2308	RUI SALES	14094	M	Vet3M	56:09:00	55:21:00	os carregueirenses
2309	TIAGO MARQUES	16437	M	SenM	56:09:00	54:00:00	Colaboradores SLB
2310	CARLOS MOREIRA	12383	M	Vet5M	56:10:00	54:31:00	
2311	DAVID MONTEIRO	11259	M	SenM	56:10:00	51:49:00	
2312	DIOGO TEIXEIRA	15008	M	SenM	56:10:00	52:58:00	UHU Portugal
2313	FÁBIO RODRIGUES	11038	M	SenM	56:10:00	55:11:00	
2314	VICTOR OLIVEIRA	15723	M	SenM	56:11:00	55:09:00	
2315	INÊS ABRANTES	10296	F	SenF	56:11:00	54:57:00	Balhelhas
2316	PEDRO CARDOSO	14838	M	SenM	56:12:00	53:34:00	
2317	AURÉLIO MARTINS	12196	M	SenM	56:12:00	55:07:00	30ª Echo
2318	JOÃO PEDRO FERREIRA	15292	M	SenM	56:12:00	55:05:00	
2319	LUÍS RODAS	10675	M	Vet1M	56:12:00	55:41:00	
2320	PAULO CAETANO	15748	M	SenM	56:13:00	50:14:00	
2321	JOÃO AFONSO	13035	M	Vet1M	56:13:00	55:26:00	
2322	EUNICE LOUREIRO	12670	F	Vet3F	56:13:00	53:15:00	Viriathvs Runners Viseu
2323	RUI LUÍS	10194	M	Vet2M	56:13:00	55:36:00	
2324	JOSÉ COSTA	10939	M	Vet3M	56:13:00	55:30:00	
2325	JOÃO ALMEIDA	11357	M	Vet3M	56:14:00	53:14:00	VIRIATHVS RUNNERS VISEU
2326	LUÍS LANÇA	11026	M	Vet3M	56:14:00	55:46:00	
2327	PEDRO VÍLIA	10099	M	Vet2M	56:14:00	56:06:00	Gang das Corridas
2328	BRUNO FERNANDES	10964	M	SenM	56:14:00	54:17:00	C. D. Amigos de Paco Nassa
2329	RUI MONTEIRO	10235	M	Vet1M	56:15:00	55:47:00	
2330	DOMINGOS BORGES	12822	M	Vet5M	56:15:00	53:53:00	Os Antigos
2331	FERNANDO CORREIA	10243	M	Vet2M	56:15:00	55:47:00	
2332	HUGO SANTOS	16003	M	SenM	56:15:00	55:50:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2333	DAVID RODRIGUES	16577	M	SenM	56:15:00	52:47:00	Colaboradores SLB
2334	LUIS GOMES	11565	M	SenM	56:15:00	52:47:00	SS CGD
2335	JOÃO MACIEL	17835	M	SenM	56:16:00	50:03:00	
2336	TIAGO BALEIZAO	10986	M	Vet1M	56:17:00	48:48:00	
2337	MÁRIO ALVES	11801	M	Vet5M	56:17:00	55:31:00	
2338	SANDRA CARDOSO	10525	F	Vet2F	56:17:00	55:44:00	GD-SBSI
2339	GUILHERME GODINHO	12669	M	Vet1M	56:17:00	51:57:00	
2340	OTELLO PEREIRA	12707	M	Vet1M	56:18:00	54:54:00	Grupo Alegre Unido Bajouca
2341	MÁRKOSZ TOPALIDISZ	15117	M	SenM	56:18:00	55:20:00	Sobreviventes
2342	MICKAËL MENDES	10812	M	SenM	56:18:00	55:20:00	
2343	SANTINO SANTANA	11445	M	Vet1M	56:19:00	54:39:00	ASSOCIAÇÃO RICO DUELO
2344	PEDRO BENEDITO	13217	M	SenM	56:20:00	55:20:00	
2345	JORGE FIGUEIREDO	12419	M	Vet2M	56:20:00	53:40:00	SS CGD
2346	SONIA MACEDO	10752	F	Vet1F	56:21:00	56:12:00	Correr em Évora
2347	VLADIMIR KOPTEV	11786	M	Vet1M	56:21:00	54:30:00	
2348	SILVIA CAMPOS	12320	F	Vet1F	56:21:00	55:58:00	
2349	PEDRO ROSA	15662	M	Vet1M	56:22:00	56:04:00	#letsrunazores
2350	JAIME GOMES	11971	M	Vet5M	56:22:00	53:52:00	SERVIÇOS SOCIAIS MONTEPIO
2351	TIAGO PIRES	13680	M	SenM	56:22:00	54:23:00	
2352	JOSÉ ALEXANDRE	14739	M	SenM	56:22:00	51:54:00	Alexandre
2353	SUSANA AMORIM	14090	F	SenF	56:24:00	52:56:00	Correr Lisboa
2354	MAURO SANTOS	12942	M	SenM	56:24:00	52:39:00	Rumo ao Penta
2355	LOUIS BLANCHARD	12238	M	SenM	56:24:00	54:57:00	Sport Lisboa e Benfica
2356	JOAO TEIXEIRA	11859	M	SenM	56:25:00	52:42:00	
2357	DAVID BERRY	15930	M	Vet4M	56:26:00	48:37:00	
2358	JOEL VINAGRE	13589	M	Vet1M	56:26:00	54:53:00	
2359	JOAQUIM JOÃO SANTANA	14369	M	SenM	56:27:00	56:11:00	Os Kotas
2360	PAULO RICARDO	11277	M	Vet3M	56:27:00	55:53:00	Clube Novo Banco
2361	PAULO SANTOS	11835	M	Vet1M	56:27:00	55:45:00	Os Brutos do Xangai
2362	DAVID LOPES	15032	M	Vet1M	56:27:00	53:20:00	
2363	MIGUEL CÊRCA	15031	M	SenM	56:27:00	53:21:00	
2364	ABRÃO BATISTA	15896	M	SenM	56:28:00	54:45:00	
2365	RUI NOGUEIRA	10390	M	SenM	56:28:00	54:57:00	
2366	HUGO BARATA	16302	M	Vet1M	56:29:00	56:19:00	
2367	NUNO CANASTRA	12888	M	SenM	56:29:00	54:58:00	
2368	SÓNIA COSTA	14174	F	SenF	56:29:00	53:26:00	
2369	MÁRIO JOÃO TEIXEIRA COSTA	14173	M	Vet1M	56:29:00	53:26:00	
2370	CÁTIA PRATAS	14018	F	SenF	56:30:00	55:05:00	Clube Ferroviário de Portugal
2371	IVONE CARDOSO LOURENÇO	14970	F	Vet3F	56:30:00	55:51:00	Dá-me o 37
2372	PAULO FERNANDES	14120	M	Vet1M	56:30:00	56:27:00	Marretas
2373	HUGO PARREIRA	13594	M	Vet1M	56:30:00	54:18:00	VFCE
2374	SAMUEL MARTINS	14896	M	Vet1M	56:31:00	55:29:00	Solera Runners
2375	PHILIPPE DIAS	14397	M	SenM	56:31:00	54:30:00	
2376	WANDER NETO	15478	M	SenM	56:31:00	52:43:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2377	DAVID FONSECA	14642	M	SenM	56:31:00	53:16:00	
2378	ANTONIO SILVA	11207	M	SenM	56:31:00	54:31:00	
2379	MARIA GORETI FERNANDES	15704	F	Vet3F	56:32:00	55:56:00	Clube Cimpor
2380	CRISTIANO SANTOS	10604	M	SenM	56:32:00	53:45:00	
2381	FRANCISCO ROSA	12231	M	Vet3M	56:33:00	56:31:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
2382	MARISA BANHA	13216	F	SenF	56:33:00	55:33:00	
2383	LUIS CONSTANTINO	14730	M	SenM	56:33:00	54:25:00	CBE Team SLB
2384	JOÃO REIS	11734	M	SenM	56:34:00	56:25:00	
2385	JOSÉ BARREIRA	15766	M	Vet3M	56:34:00	49:31:00	
2386	JOAO MOITEIRO	11184	M	Vet2M	56:34:00	56:02:00	
2387	ALEXANDRA SANTOS	13068	F	SenF	56:34:00	55:08:00	Pé de Atleta
2388	NUNO PEREIRA	17886	M	SenM	56:34:00	52:31:00	
2389	ANTONIO CORREIA	15780	M	Vet4M	56:34:00	48:47:00	Grupo Amigos do Atletismo de Vila Franca de Xira
2390	NUNO BARRADAS	13069	M	SenM	56:34:00	55:08:00	Pé de Atleta
2391	FÁBIO SANTOS	14037	M	SenM	56:34:00	53:15:00	Run for Friends
2392	PEDRO CABRAL BORGES	16745	M	SenM	56:35:00	55:43:00	Central de Cerveja
2393	RUI MIGUEL SILVA	10484	M	SenM	56:36:00	53:55:00	
2394	VÍTOR MESQUITA	15942	M	Vet2M	56:36:00	54:00:00	Escamados do Sorraia Runners
2395	LUÍS SILVA	11522	M	SenM	56:36:00	55:08:00	Sport Lisboa e Benfica
2396	JOÃO PASCOAL	15941	M	SenM	56:36:00	54:01:00	Escamados do Sorraia Runners
2397	BRUNO SILVA	16194	M	SenM	56:36:00	49:41:00	
2398	EUCLIDES CRUZ	15820	M	SenM	56:36:00	56:27:00	
2399	DIOGO TOMAZ	14302	M	SenM	56:37:00	54:45:00	
2400	BRUNO LOPO	16558	M	SenM	56:37:00	53:09:00	Colaboradores SLB
2401	PEDRO MIGUEL SILVA	15236	M	SenM	56:37:00	53:18:00	
2402	MARCO CONCHINHA	11196	M	SenM	56:38:00	53:26:00	
2403	JORGE JOURDAN	14297	M	Vet4M	56:38:00	54:49:00	CCD PM CASCAIS
2404	TIAGO SILVA	11981	M	Vet1M	56:38:00	55:48:00	Serviços Sociais Montepio
2405	LUIS MATIAS	10078	M	Vet5M	56:38:00	55:39:00	
2406	LUIS FERREIRA	10446	M	Vet5M	56:40:00	55:04:00	
2407	DUARTE CARVALHO	13002	M	SenM	56:40:00	55:36:00	Individual
2408	LUÍS TOSTE	14708	M	Vet3M	56:40:00	56:10:00	
2409	LURDES GONÇALVES	14899	F	Vet3F	56:40:00	52:11:00	
2410	ILIDIO ARTUR DOS SANTOS FARIA FARIA	14765	M	Vet3M	56:41:00	56:09:00	
2411	ANTONIO AMARAL	12235	M	Vet2M	56:41:00	56:11:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
2412	LIGIA VALERIO	13071	F	SenF	56:41:00	55:15:00	Pé de Atleta
2413	BRUNO LIMA	12331	M	SenM	56:42:00	56:33:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2414	LUIS PINTO	10994	M	SenM	56:42:00	49:34:00	
2415	RICARDO ROMÃO	12686	M	SenM	56:42:00	54:07:00	Fajarda runners
2416	CLÁUDIO BAIXINHO	17915	M	SenM	56:43:00	54:29:00	Urbanos
2417	JOÃO PEQUITO	13172	M	SenM	56:43:00	56:29:00	
2418	RICARDO SARMENTO	14169	M	SenM	56:44:00	54:23:00	
2419	CLÁUDIO ANTUNES	11266	M	SenM	56:44:00	53:09:00	
2420	AURELIO ARAUJO	12963	M	Vet2M	56:44:00	49:45:00	As Lebres

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2421	TIAGO CAETANO	10811	M	SenM	56:44:00	55:11:00	
2422	FILIPE RAMALHO	11650	M	SenM	56:44:00	55:59:00	Correr Soc Rec da Granja
2423	MARIANA FREIRE	14215	F	SenF	56:45:00	55:38:00	
2424	ARMANDO DELGADO	11753	M	Vet5M	56:45:00	55:21:00	Casa do Benfica da Figueira da Foz
2425	CARLOS PEREIRA	12983	M	Vet5M	56:45:00	51:51:00	
2426	JÚLIA CALISTO	16096	F	Vet3F	56:45:00	56:13:00	Individual
2427	CESAR SILVESTRE	12489	M	Vet1M	56:45:00	53:09:00	Bruxos Runners
2428	HENRIQUE VELOSO	10159	M	SenM	56:45:00	56:09:00	
2429	JOÃO PRELHAZ	11466	M	Vet1M	56:46:00	54:44:00	
2430	CARLOS PAULINO	15167	M	SenM	56:46:00	52:57:00	Rochalazan
2431	JOSÉ MARTINS	14127	M	JunM	56:47:00	53:42:00	
2432	RICARDO GOMES	13277	M	SenM	56:47:00	53:06:00	
2433	ORLANDO SANTOS	10092	M	Vet2M	56:48:00	56:31:00	EX FEDERADOS
2434	TIAGO SIMÕES	13131	M	SenM	56:49:00	53:29:00	Run for Friends
2435	LUÍS RESENDE	15107	M	SenM	56:49:00	56:01:00	
2436	SÉRGIO ALMEIDA	15365	M	Vet2M	56:51:00	54:26:00	PEPSICO
2437	JOAQUIM VIANA	11440	M	Vet4M	56:51:00	54:30:00	
2438	CARLOS ALBERTO SILVA	15726	M	Vet5M	56:52:00	55:07:00	Corrida Noturna do Parque das Nações
2439	ANA PAULA PATINHAS	12363	F	SenF	56:53:00	56:18:00	
2440	MÁRIO RUI PATINHAS GOMES	12364	M	SenM	56:54:00	56:18:00	
2441	MARCO CACHINHO	10816	M	SenM	56:54:00	51:19:00	Kaninos
2442	MIGUEL FERREIRA	13182	M	SenM	56:54:00	55:01:00	
2443	JOHNNY DA SILVA	15631	M	SenM	56:54:00	46:36:00	
2444	ANTÓNIO PINTO	14803	M	SenM	56:55:00	56:27:00	
2445	RUI COSTA	12413	M	SenM	56:55:00	56:26:00	
2446	MIGUEL LOPES	16260	M	SenM	56:55:00	53:52:00	
2447	NUNO RAFAEL NEVES DE OLIVEIRA	12307	M	SenM	52:02:00		
2448	TIAGO COSTA	10940	M	JunM	56:56:00	56:12:00	
2449	TIAGO FERREIRA	14170	M	SenM	56:56:00	54:35:00	
2450	MARISIA ÉVORA	17838	F	SenF	56:56:00	52:55:00	Casa Benfica Torres Vedras
2451	DANIEL CALHEIROS	12641	M	SenM	56:58:00	55:52:00	
2452	DOMINGOS SILVA	15973	M	Vet1M	56:58:00	48:00:00	SILVA
2453	JOSÉ ALEXANDRE	10871	M	Vet2M	56:59:00	55:33:00	
2454	DAGMAR BAPTISTA	10360	M	Vet1M	56:59:00	56:33:00	
2455	ORLANDO COUTINHO	13667	M	SenM	57:00:00	55:02:00	
2456	JOSÉ GASPAS	15934	M	SenM	57:00:00	56:42:00	
2457	NUNO NUNES	10058	M	Vet1M	57:00:00	56:31:00	
2458	MICAEL SOUSA	11319	M	SenM	57:01:00	51:59:00	
2459	NUNO PEREIRA	15310	M	SenM	57:01:00	53:37:00	Junta de Freguesia de Benfica
2460	LUÍS FÉLIX	11351	M	SenM	57:01:00	56:56:00	
2461	ANTÓNIO ALMEIDA	15585	M	Vet1M	57:01:00	56:09:00	
2462	NUNO MARQUES	10825	M	Vet1M	57:01:00	55:32:00	
2463	HENRIQUE TIAGO MARICATO FERREIRA	17928	M	SenM	57:01:00	54:41:00	
2464	UMBELINA NUNES	12626	F	Vet3F	57:01:00	55:16:00	INDEIVIDUAL



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2465	LUÍS PAULETA	13121	M	SenM	57:01:00	56:35:00	CCCDAV/Ondalux
2466	JOÃO ANDRADE	13117	M	SenM	57:01:00	56:35:00	CCCDAV/Ondalux
2467	JOÃO MARTINS	16619	M	Vet1M	57:02:00	55:25:00	Colaboradores SLB
2468	ANTÓNIO LUÍS MATOS	12609	M	Vet1M	57:02:00	53:10:00	Manilhas
2469	ANTONIO ALVES	15215	M	Vet4M	57:02:00	56:00:00	Marriott Lisboa
2470	PEDRO LARANJEIRA	15519	M	Vet2M	57:02:00	55:03:00	SS CGD
2471	MARCO APARÍCIO	10102	M	Vet1M	57:03:00	56:34:00	Run & Bota-Abaixo
2472	JOÃO RIBEIRO	10206	M	SenM	57:03:00	56:28:00	
2473	ÉLIO SALSINHA	16584	M	SenM	57:03:00	55:27:00	Colaboradores SLB
2474	EDGAR RAFAEL	14044	M	SenM	57:03:00	55:29:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2475	RAQUEL TEIXEIRA	12813	F	SenF	57:03:00	53:10:00	ONDA TEAM
2476	CAROLINA MARQUÊS	10915	F	SenF	57:03:00	54:39:00	
2477	RENATO GUILHERME	13607	M	Vet1M	57:03:00	55:02:00	Caracóis de Pedra
2478	MIGUEL SAMPAIO	11876	M	SenM	57:03:00	56:11:00	
2479	JOÃO PEDRO RODRIGUES	15765	M	SenM	57:03:00	49:34:00	
2480	LUIS OURIVES	10629	M	Vet2M	57:04:00	56:50:00	AzarujaBTT
2481	JORGE LEITÃO	13608	M	SenM	57:04:00	55:03:00	Caracóis de Pedra
2482	ADRIANA DIAS	15371	F	SenF	57:04:00	53:05:00	
2483	JOÃO MELO	12816	M	SenM	57:04:00	53:11:00	ONDA TEAM
2484	PEDRO CORREIA	14941	M	Vet1M	57:04:00	54:49:00	SAM'S Lda
2485	JOAO MIRANDA	11112	M	Vet3M	57:04:00	56:51:00	
2486	RUBEN SILVA	13530	M	SenM	57:05:00	56:51:00	VSRunners
2487	ANTONIO MARTINS	11113	M	Vet2M	57:05:00	56:51:00	
2488	SARA IDEIAS	13756	F	Vet1F	57:05:00	54:05:00	
2489	RUI MARQUES	13866	M	Vet2M	57:05:00	49:48:00	
2490	BRUNO GUERREIRO	16563	M	SenM	57:05:00	56:50:00	Colaboradores SLB
2491	ERIN MAGRISI	15235	F	Vet1F	57:05:00	49:34:00	
2492	MARCO XAVIER	13669	M	SenM	57:05:00	54:04:00	
2493	PEDRO RODRIGUES	15198	M	Vet3M	57:06:00	56:46:00	URBANOS 1
2494	ANTÓNIO MOREIRA	16070	M	Vet5M	57:06:00	55:58:00	
2495	ANTÓNIO GOUVEIA	10585	M	Vet2M	57:07:00	56:28:00	
2496	PEDRO NOBRE	13242	M	Vet1M	57:07:00	56:27:00	
2497	ANDRÉ BERNARDO	16354	M	SenM	57:07:00	55:06:00	Hospital da Luz
2498	ALEXANDRE DRAKE	17894	M	Vet3M	57:07:00	51:01:00	Os Galgos
2499	SÉRGIO QUINTEIRO	16353	M	SenM	57:07:00	55:06:00	Hospital da Luz
2500	ARLINDO MADURO	12563	M	Vet3M	57:08:00	57:06:00	TOMAR RUNNERS
2501	LUIS FAZENDEIRO	12450	M	Vet2M	57:08:00	55:18:00	
2502	PEDRO ROQUE	12518	M	SenM	57:09:00	56:44:00	
2503	NUNO INVERNO	15287	M	SenM	57:09:00	56:40:00	
2504	FRANCISCO CLERIGO	11336	M	Vet5M	57:10:00	54:53:00	SSCGD
2505	JACINTO BATISTA	14523	M	Vet4M	57:10:00	54:59:00	Casa Benfica Seixal
2506	PEDRO CORREIA	13397	M	SenM	57:10:00	55:02:00	Link
2507	ANDREIA ALVES	14084	F	SenF	57:11:00	56:40:00	Jogging Lovers Coimbra
2508	CARLOS CHAVES	11141	M	SenM	57:11:00	54:09:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2509	LUIS MARQUES	10601	M	Vet3M	57:11:00	54:09:00	
2510	VASCO CANDEIAS	10987	M	SenM	57:12:00	53:53:00	
2511	RITA PILOTO	12150	F	SenF	57:12:00	56:28:00	
2512	RUBEN DUARTE	14471	M	SenM	57:13:00	55:34:00	MLG
2513	JOSÉ LOPES	10274	M	Vet3M	57:14:00	54:59:00	
2514	VANDA PEREIRA	13095	F	Vet1F	57:14:00	56:19:00	
2515	BRUNO ORNELAS	15870	M	Vet1M	57:14:00	48:52:00	Procensus
2516	NUNO EMÍDIO	15115	M	SenM	57:14:00	55:00:00	GestiRunner
2517	SÉRGIO MARTINS	16740	M	Vet1M	57:15:00	55:40:00	Colaboradores SLB
2518	CARLOS SANTOS	14800	M	SenM	57:16:00	55:16:00	As Toupeiras
2519	AMILCAR PÓVOA	11552	M	Vet5M	57:16:00	56:49:00	CA AMIGOS PARQUE DA PAZ
2520	PEDRO LOURENÇO	11623	M	SenM	57:17:00	52:38:00	
2521	RICARDO SILVA SOUSA	11978	M	SenM	57:17:00	53:46:00	Serviços Sociais Montepio
2522	JOÃO BENEVIDES	11972	M	SenM	57:17:00	55:07:00	Serviços Sociais Montepio
2523	ANTÓNIO CARDOSO MACHADO	16316	M	Vet2M	57:19:00	53:55:00	
2524	ANTÓNIO VIEGAS	11364	M	Vet2M	57:20:00	56:57:00	
2525	JOÃO NIZA	13933	M	Vet3M	57:20:00	56:15:00	FunBus
2526	ANTÓNIO PAIVA	12369	M	SenM	57:21:00	55:38:00	
2527	SÉRGIO RAFAEL FIGUEIRA OLIVEIRA	15355	M	SenM	57:21:00	52:32:00	
2528	NUNO FERNANDES	14283	M	Vet1M	57:24:00	56:51:00	
2529	HUGO MARQUES	13008	M	SenM	57:25:00	56:31:00	
2530	ALFREDO ANTUNES	13021	M	Vet1M	57:25:00	57:20:00	
2531	ALBERTO OLIVEIRA	13829	M	SenM	57:25:00	57:02:00	
2532	MARCO MARQUES	13925	M	SenM	57:25:00	53:31:00	
2533	JOÃO FILIPE FRADE	11769	M	Vet2M	57:25:00	56:46:00	CLUBE COLABORADORES AGEAS
2534	PAULO FERNANDES	10142	M	Vet1M	57:26:00	56:35:00	Cartaxo Night Runners
2535	FERNANDO RAMALHETE	16750	M	Vet4M	57:26:00	54:41:00	
2536	FRANCISCO RAMOS	16210	M	SenM	57:26:00	50:28:00	C.F. Os Lamisgas
2537	TIAGO ANDRÉ	16211	M	SenM	57:26:00	50:28:00	C.F. Os Lamisgas
2538	NUNO SANTOS	14534	M	SenM	57:27:00	56:26:00	
2539	RICARDO CARDOSO	12984	M	SenM	57:27:00	53:33:00	
2540	MARCO SANTOS	11723	M	SenM	57:27:00	55:12:00	
2541	CARLOS FERNANDES	12359	M	Vet3M	57:27:00	57:00:00	
2542	DAMIÃO REGA	10733	M	Vet4M	57:28:00	57:09:00	Individual
2543	MARIO PEREIRA	14784	M	Vet1M	57:29:00	57:11:00	SS CGD
2544	ANGELO MARCOS	12684	M	SenM	57:29:00	56:29:00	
2545	PEDRO GONÇALVES	15200	M	Vet2M	57:30:00	52:46:00	
2546	HELDER PINTO	11719	M	Vet1M	57:30:00	55:31:00	RUMO AO P3N7A
2547	CARLOS LUZIA	15306	F	Vet3F	57:30:00	54:19:00	Jobrinde - Montes Saloios
2548	CARLOS TEÓFILO	14683	M	Vet1M	57:30:00	56:56:00	
2549	ANDREIA COSTA	11084	F	SenF	57:31:00	54:39:00	
2550	FRANCISCO CAMPOS	12207	M	Vet1M	57:31:00	56:41:00	
2551	NUNO MENDES	12206	M	Vet1M	57:31:00	56:42:00	
2552	RICARDO CORREIA	11797	M	SenM	57:31:00	57:14:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2553	MIGUEL DANTAS	14155	M	SenM	57:32:00	56:46:00	
2554	PAULO SOARES	14224	M	SenM	57:32:00	57:06:00	CCD Siemens
2555	NUNO ROSA	11906	M	Vet1M	57:32:00	56:38:00	
2556	BRUNO ROCHA	12332	M	SenM	57:32:00	56:49:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2557	ROZIREZ FERREIRA	11827	F	SenF	57:33:00	57:10:00	
2558	GABRIEL LOPES	16262	M	SenM	57:34:00	54:31:00	
2559	JOSE VERMELHUDO	10959	M	Vet4M	57:34:00	57:02:00	NAV RUNNERS
2560	OLGA BORGES	11703	F	Vet1F	57:35:00	55:06:00	SS CGD
2561	PEDRO OLIVEIRA	16286	M	SenM	57:35:00	56:32:00	
2562	LUISA LANDEIRO	11568	F	Vet2F	57:35:00	55:06:00	SS CGD
2563	ANDRÉ SANTOS	13184	M	SenM	57:35:00	55:17:00	SERVIÇOS SOCIAIS RSB/JACINTO
2564	PAULO CARDEIRA	14017	M	Vet1M	57:36:00	56:33:00	Pinhal novo a correr
2565	PEDRO CUNHA	11145	M	Vet1M	57:36:00	57:10:00	
2566	DANIEL DELGADO	14878	M	SenM	57:36:00	57:31:00	Twopikas
2567	MARCO ALEXANDRE SILVA	11211	M	Vet2M	57:36:00	54:16:00	
2568	NUNO ALVES	10859	M	SenM	57:36:00	54:16:00	
2569	PAULO PINTO CORREIA	16696	M	Vet1M	57:37:00	56:49:00	Colaboradores SLB
2570	MIGUEL SERRA	16671	M	SenM	57:37:00	54:20:00	Colaboradores SLB
2571	HUGO ALMEIDA	11799	M	Vet2M	57:37:00	55:23:00	
2572	LUIS MENDONÇA	13188	M	Vet2M	57:37:00	55:20:00	SERVIÇOS SOCIAIS RSB/JACINTO
2573	JOÃO MELO	12960	M	SenM	57:38:00	48:58:00	URBAN RUN TEAM
2574	DIOGO SILVA	17946	M	SenM	57:39:00	57:01:00	
2575	GONÇALO ALVES	16601	M	Vet1M	57:39:00	53:13:00	Colaboradores SLB
2576	MARIA NORONHA	15246	F	Vet2F	57:39:00	54:32:00	bora bora
2577	JOÃO PAULO DIAS	13764	M	Vet2M	57:40:00	55:29:00	
2578	HUGO PIMENTEL	14042	M	SenM	57:40:00	56:50:00	
2579	DANIEL FILIPE GROU CARVALHO	10972	M	SenM	57:40:00	56:25:00	PROJEA - Arquitectura e Engenharia, Lda.
2580	RICARDO MARQUES	12790	M	SenM	57:41:00	56:34:00	
2581	MARIA PIRES	14019	F	Vet3F	57:41:00	57:33:00	Clube Ferroviário de Portugal
2582	CARLA SIMÕES	16370	F	SenF	57:41:00	56:06:00	Hospital da Luz
2583	ALTINO GONÇALVES	12478	M	Vet1M	57:42:00	55:16:00	
2584	DAVID TADEU	15140	M	SenM	57:42:00	56:25:00	
2585	NELSON GIL	15729	M	SenM	57:43:00	55:31:00	TABAQUEIRA
2586	NUNO VALADA	12051	M	Vet2M	57:44:00	55:46:00	SS CGD
2587	NOELIA MARTÍNEZ	16168	F	SenF	57:45:00	50:22:00	TARTARUGAS
2588	RAMIRO BORREGO	12630	M	Vet3M	57:45:00	57:08:00	VERMELHOS DA MARGEM SUL
2589	LUIS SILVA	12629	M	Vet2M	57:46:00	57:08:00	VERMELHOS DA MARGEM SUL
2590	MASSIMO CATEMARIO	10732	M	Vet2M	57:46:00	57:24:00	Team D. Antunes
2591	RODRIGO MARTINS	11476	M	SenM	57:47:00	57:13:00	Os Orlandos
2592	MARCOS TENÓRIO	14661	M	SenM	57:47:00	57:20:00	GANG BELVER
2593	NUNO SARAIVA	12160	M	Vet1M	57:47:00	57:11:00	
2594	FERNANDO SARAIVA	12161	M	Vet5M	57:47:00	57:11:00	
2595	ANIBAL CARVALHO	15036	M	Vet5M	57:47:00	54:46:00	
2596	FILIPA EVANGELISTA	15746	F	SenF	57:48:00	54:09:00	TABAQUEIRA

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2597	VÂNIA LEAL	16442	F	SenF	57:48:00	54:50:00	Colaboradores SLB
2598	LUÍS SOBREIRA	12725	M	Vet1M	57:48:00	56:59:00	trepa montes
2599	BRUNO SILVA	12866	M	SenM	57:49:00	56:10:00	
2600	EDMUNDO JESUS	15568	M	Vet4M	57:49:00	51:31:00	AMICICLO GRÂNDOLA
2601	HUGO GOMES	13372	M	Vet1M	57:49:00	56:48:00	Pinhal novo a correr
2602	JOÃO BASTOS	13340	M	SenM	57:50:00	55:00:00	
2603	RICARDO LOURO	11446	M	Vet1M	57:50:00	56:09:00	ASSOCIAÇÃO RICO DUELO
2604	PAULO DEYLLLOT	14357	M	Vet2M	57:51:00	57:45:00	Clube Desportivo Ribeirense
2605	RICARDO CAVALEIRO	12407	M	SenM	57:52:00	57:15:00	
2606	RAQUEL RELVAS	12140	F	SenF	57:52:00	57:15:00	Gurus
2607	MARISA SANTOS	12008	F	Vet1F	57:53:00	54:58:00	GDC PORTOS DE SINES E DO ALGARVE
2608	SARA RAMOS	15913	F	Vet1F	57:53:00	51:47:00	Amigos Atletismo Mafra
2609	ALEXANDRE SANTOS	12009	M	Vet1M	57:53:00	54:58:00	GDC PORTOS DE SINES E DO ALGARVE
2610	TELMO CAETANO	16015	M	Vet1M	57:53:00	56:19:00	
2611	DANIEL JANEIRO	15100	M	SenM	57:53:00	57:14:00	GURUS
2612	VIRGÍLIO NOIVA	15868	M	Vet2M	57:53:00	56:19:00	
2613	PEDRO RELVAS	12139	M	Vet2M	57:53:00	57:16:00	Gurus
2614	JOSÉ SERAFIM	13984	M	Vet5M	57:54:00	56:37:00	Grupo Amigos do Atletismo de Vila Franca de Xira
2615	FERNANDO ROSADO	14860	M	Vet3M	57:54:00	55:26:00	
2616	RICARDO BRÁS	13267	M	SenM	57:54:00	56:37:00	
2617	LUIS MATOS	14535	M	Vet4M	57:55:00	57:24:00	
2618	JOÃO RAMOS	15943	M	SenM	57:55:00	55:19:00	Escamados do Sorraia Runners
2619	RAUL DAMAS	12412	M	Vet5M	57:56:00	54:40:00	
2620	ALEXANDRA SIMÃO	16073	F	SenF	57:57:00	57:30:00	CASA DO BENFICA EM ABRANTES
2621	CRISTIANA CUNHA	11624	F	SenF	57:57:00	53:19:00	
2622	GONÇALO CARDOSO	10258	M	Vet1M	57:57:00	51:33:00	
2623	PAULO SIMÃO	16074	M	Vet3M	57:57:00	57:31:00	CASA DO BENFICA EM ABRANTES
2624	GENEROSA CATARRO	14432	F	SenF	57:58:00	57:22:00	ACM Montemor a Correr
2625	SAMUEL CINZAS	14431	M	SenM	57:58:00	57:22:00	ACM Montemor a Correr
2626	JANE SILVA	12002	F	SenF	57:58:00	55:48:00	Scalabis Night Runners
2627	ALEXANDRE SILVA	15926	M	SenM	57:59:00	51:44:00	
2628	ANDRE CHIBELES	15418	M	SenM	57:59:00	56:23:00	
2629	JOSÉ SILVA	12867	M	Vet3M	57:59:00	56:20:00	
2630	RUBEN SILVA	11631	M	SenM	57:59:00	55:12:00	
2631	CARLOS MARQUES	12791	M	Vet2M	58:00:00	56:53:00	
2632	CARLOS CAGICA	14218	M	Vet3M	58:00:00	57:34:00	CCD Siemens
2633	MÁRIO SILVA	12868	M	Vet2M	58:00:00	56:21:00	
2634	FABIO GAUDÊNCIO	16388	M	SenM	58:00:00	55:11:00	Hospital da Luz
2635	GESSSINA MENDES	11395	F	Vet2F	58:01:00	57:51:00	Matilha Radical
2636	MÁRIO ANJO	11394	M	Vet3M	58:01:00	57:51:00	Matilha Radical
2637	MARCO VICENTE	13475	M	Vet1M	58:01:00	57:55:00	
2638	JOSÉ COSTA	11907	M	Vet3M	58:01:00	55:00:00	Viriathvs Runners Viseu
2639	EDUARDO FIGUEIREDO	11299	M	Vet2M	58:01:00	55:35:00	Clube Novo Banco
2640	SÉRGIO CANÁRIO	14602	M	Vet1M	58:02:00	56:50:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2641	FILIPE COSTA	17561	M	Vet2M	58:02:00	56:50:00	Queiroz Santos Costa
2642	LURDES SILVA	13229	F	Vet2F	58:02:00	57:13:00	Os Tugas
2643	HELENA VASCONCELOS	16291	F	Vet1F	58:02:00	57:57:00	
2644	SÉRGIO FIGUEIREDO	13233	M	SenM	58:03:00	57:56:00	
2645	PAULO ANTUNES	12632	M	Vet1M	58:03:00	54:19:00	VERMELHOS DA MARGEM SUL
2646	ANN MACPHERSON	15243	F	SenF	58:03:00	57:32:00	EMSA
2647	INÊS BERNARDO	10344	F	SenF	58:03:00	56:12:00	
2648	HUGO J. SOBREIRA	10126	M	Vet1M	58:03:00	57:39:00	
2649	RUI BRUNHETA	12718	M	Vet3M	58:03:00	56:58:00	
2650	LUÍS BASTOS	12621	M	Vet1M	58:04:00	56:04:00	
2651	GABRIEL ALEGRE	14488	M	Vet1M	58:04:00	56:34:00	Afis/Ovar
2652	SUZINHA FERREIRA	10754	F	Vet1F	58:04:00	57:55:00	Amcf - Arrábida Trail Team
2653	CARLOS CAMPOS	13814	M	Vet3M	58:05:00	56:36:00	Afis/Ovar
2654	MIGUEL VIEIRA PITA	10033	M	SenM	58:05:00	57:29:00	AVP Racing Team
2655	TIAGO COSTA	11398	M	SenM	58:05:00	52:50:00	
2656	VITOR MOREIRA	11813	M	Vet5M	58:06:00	57:20:00	Clube EDP Lisboa
2657	BÁRBARA GONÇALVES	16289	F	SenF	58:06:00	55:54:00	
2658	JOÃO RIBEIRO	11462	M	SenM	58:06:00	57:38:00	
2659	FRANCISCO TEIXEIRA	10329	M	SenM	58:06:00	56:54:00	
2660	RICARDO VEIGA	12452	M	SenM	58:07:00	56:10:00	Veigas
2661	JULIANA ROGERIO	13478	F	SenF	58:07:00	48:18:00	
2662	JOÃO CARRILHO	14891	M	Vet3M	58:07:00	57:48:00	
2663	ANTONIO MELGAO	16101	M	SenM	58:07:00	51:15:00	
2664	MARCOS PEREIRA	10850	M	Vet5M	58:07:00	56:49:00	
2665	FILIPE PEREIRA	13283	M	SenM	58:07:00	56:50:00	
2666	FERNANDO ROBLES	13219	M	Vet2M	58:08:00	57:48:00	
2667	LUISA MOURÃO	12342	F	SenF	58:08:00	55:21:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2668	NUNO MARTINS	11577	M	Vet1M	58:08:00	57:31:00	RUN FORREST RUN
2669	SÍLVIA LOURENÇO	12215	F	Vet1F	58:08:00	57:40:00	
2670	DOLORES PRATAS	12634	F	Vet3F	58:09:00	57:33:00	
2671	TIAGO FRANCO	12724	M	SenM	58:09:00	55:31:00	
2672	BRUNO GONÇALVES	10072	M	SenM	58:09:00	54:27:00	
2673	JOSÉ CATITA	15232	M	Vet4M	58:09:00	57:41:00	
2674	JOÃO FEITEIRA	10167	M	Vet3M	58:10:00	55:05:00	Sport Arronches e Benfica
2675	LUIS COUTINHO	10589	M	Vet1M	58:10:00	57:41:00	Mad Max Team
2676	FERNANDO COUTINHO	10590	M	Vet3M	58:10:00	57:41:00	Mad Max Team
2677	JOÃO SIMÕES	17828	M	Vet2M	58:10:00	57:49:00	
2678	LUÍSA AREIA	12705	F	SenF	58:11:00	56:49:00	Grupo Alegre Unido Bajouca
2679	CÁRMEN NEVES	15415	F	SenF	58:11:00	57:08:00	
2680	CATARINA LEITÃO	15056	F	SenF	58:11:00	55:02:00	Individual
2681	CARLOS TEIXEIRA	15608	M	Vet4M	58:11:00	50:34:00	lebres e tartarugas
2682	NUNO FERREIRA	11076	M	SenM	58:11:00	56:04:00	marvila jovem
2683	MANUEL MARCOS	16069	M	Vet4M	58:12:00	57:03:00	CASA DO BENFICA EM ABRANTES
2684	EUGÉNIA QUINTINO	14040	F	Vet1F	58:12:00	57:22:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2685	MARIA QUINTINO	14041	F	SenF	58:13:00	57:22:00	
2686	SARA BARATA	16269	F	SenF	58:13:00	57:43:00	
2687	FRANCISCO GOMES	11471	M	SenM	58:13:00	57:07:00	
2688	JOAQUIM PINTO	13327	M	Vet3M	58:13:00	57:07:00	
2689	ANTÓNIO FARIA	10522	M	Vet5M	58:14:00	57:37:00	
2690	ANTONIO SILVA	14196	M	Vet3M	58:15:00	56:32:00	Serralharia Agostinho Duarte
2691	MIGUEL SILVA	11691	M	SenM	58:15:00	55:52:00	
2692	JORGE ALMEIDA	14310	M	SenM	58:15:00	54:57:00	LH Ginásio - Amora
2693	JOÃO RIGUEIRO	14319	M	SenM	58:15:00	54:29:00	
2694	CAROLINA MANHA	14719	F	SenF	58:16:00	55:15:00	
2695	ANTÓNIO FERNANDES	10765	M	Vet3M	58:16:00	55:14:00	
2696	JOSÉ FARRICA	12855	M	Vet4M	58:16:00	57:56:00	
2697	ANTÓNIO MAJOR	15850	M	Vet4M	58:16:00	53:02:00	Rotas dos Vinhos de Portugal
2698	ANÍBAL LOUREIRO	15691	M	Vet5M	58:16:00	56:36:00	
2699	MANUEL PEREIRA	14925	M	Vet5M	58:16:00	57:45:00	Cliníca dos Relógios
2700	JOÃO MENDONÇA	15162	M	SenM	58:17:00	52:08:00	
2701	JORGE ESTEVES	13561	M	Vet3M	58:17:00	56:59:00	
2702	RITA SILVA	15161	F	SenF	58:18:00	52:08:00	
2703	FILIPE ROSÁRIO	15800	M	SenM	58:18:00	52:16:00	
2704	ELSA MOTA	13560	F	Vet3F	58:18:00	57:00:00	
2705	BRUNO FREIRE	15007	M	SenM	58:18:00	55:45:00	UHU Portugal
2706	INÊS TEIXEIRA	15009	F	SenF	58:18:00	55:45:00	UHU Portugal
2707	PEDRO SILVA	13375	M	SenM	58:19:00	56:47:00	
2708	INÊS DE SALES RIBEIRO	10254	F	SenF	58:19:00	54:47:00	
2709	MAURO CASTRO	10432	M	Vet1M	58:19:00	55:11:00	
2710	BRUNO VEIGA	12479	M	SenM	58:20:00	56:23:00	Veigas
2711	BRUNO PEREIRA	11880	M	SenM	58:20:00	57:43:00	
2712	JOÃO PACA	10900	M	Vet1M	58:20:00	56:39:00	
2713	FRANCISCO PIRES	13932	M	Vet1M	58:21:00	57:16:00	FunBus
2714	ANTÓNIO SANTOS	11257	M	JunM	58:21:00	57:51:00	Papapedras
2715	CARLA PINTO FERNANDES	14002	F	Vet1F	58:21:00	57:43:00	Correr Lisboa
2716	XICO DOMINGOS	11553	M	JunM	58:21:00	57:52:00	miúdos e graúdos
2717	MARIA JOÃO OLIVEIRA	15518	F	SenF	58:22:00	56:11:00	
2718	JOÃO LEIRIA	13280	M	Vet2M	58:22:00	56:41:00	
2719	PEDRO CARMO	10158	M	Vet2M	58:22:00	57:00:00	
2720	PEDRO CARVALHO	16136	M	JunM	58:22:00	57:35:00	Carvalhini
2721	TIAGO RODRIGUES	17522	M	JunM	58:22:00	57:35:00	
2722	CARLA RIBEIRO	11863	F	Vet2F	58:22:00	57:46:00	happy runners
2723	JOAQUIM PAULINO	11152	M	Vet5M	58:23:00	51:28:00	CAL - Clube Atletismo de Lamas
2724	SOFIA MORGADO	11359	F	Vet2F	58:23:00	57:49:00	100NOÇÃO
2725	DIOGO CASTELO BRANCO	11001	M	SenM	58:23:00	54:25:00	
2726	PEDRO SANTOS	11258	M	Vet1M	58:24:00	57:53:00	Papapedras
2727	CARINA CONDEÇO	11043	F	SenF	58:24:00	57:44:00	
2728	BERNARDO PACA	10901	M	Vet1M	58:24:00	56:42:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2729	IVO RODRIGUES	10345	M	SenM	58:24:00	56:18:00	
2730	TIAGO EVORA	15816	M	SenM	58:24:00	58:14:00	
2731	ANDRE ROLDAO	13481	M	SenM	58:24:00	55:47:00	individual
2732	ANDRÉ CALDEIRA	10045	M	SenM	58:24:00	56:59:00	
2733	RUI VARANDA	15538	M	Vet2M	58:25:00	58:14:00	Os Galgos
2734	DANIEL SÃO PEDRO	12142	M	SenM	58:26:00	56:08:00	
2735	NUNO RITO	16296	M	SenM	58:26:00	55:22:00	
2736	VÍTOR FERREIRA	15887	M	SenM	58:26:00	56:58:00	
2737	RUI AMADOR	10927	M	Vet1M	58:26:00	58:07:00	Gang do Amendoim
2738	ERNESTO PRATAS	12633	M	Vet5M	58:27:00	57:52:00	
2739	JOAQUIM MANUEL LOPES	14668	M	Vet2M	58:27:00	57:25:00	
2740	MARIA DO CÉU CARVALHO	11274	F	Vet2F	58:27:00	57:05:00	Tartarugas Solidarias
2741	ANA SILVA	11106	F	Vet1F	58:27:00	57:51:00	
2742	RENATO MORAIS	16299	M	SenM	58:27:00	56:14:00	
2743	HELENA SOARES	11048	F	Vet2F	58:27:00	57:55:00	FitRunners
2744	BÁRBARA PENICHE	13757	F	SenF	58:27:00	58:00:00	
2745	JORGE PARDAL	16300	M	Vet2M	58:28:00	57:04:00	
2746	SANDRO SILVA	10654	M	Vet1M	58:28:00	54:48:00	Individual
2747	EDUARDO PATRÍCIO	15080	M	Vet2M	58:28:00	56:53:00	BPI
2748	MÁRCIO ALMEIDA	11673	M	SenM	58:28:00	57:00:00	
2749	LUIS TAVARES	11567	M	Vet2M	58:28:00	56:53:00	SS CGD
2750	RAFAEL BARRELA	11687	M	SenM	58:29:00	56:49:00	
2751	MIGUEL CARVALHO	16135	M	JunM	58:29:00	57:42:00	Carvalhini
2752	GUSTAVO BAPTISTA	15831	M	SenM	58:29:00	47:51:00	
2753	PAULO LOPES	13777	M	Vet2M	58:30:00	56:18:00	Casa Benfica Seixal
2754	ALEXANDRE CANADAS CARVALHO	16134	M	Vet2M	58:30:00	57:43:00	Carvalhini
2755	MIGUEL MARTINS	12557	M	SenM	58:30:00	56:46:00	
2756	JOSÉ RIBEIRO	15902	M	Vet2M	58:31:00	50:13:00	Casa do Benfica em Almodôvar
2757	JOSÉ RIBEIRO	15903	M	Vet2M	58:31:00	50:13:00	Casa do Benfica em Almodôvar
2758	SILVINO MARTINS	11053	M	Vet5M	58:31:00	55:41:00	NAPJ
2759	ADELINO FORTUNATO	13551	M	Vet5M	58:31:00	57:16:00	Casa Benfica Seixal
2760	DAVID FEIJÃO	10035	M	SenM	58:32:00	57:58:00	Lebres com Carapaça
2761	NUNO ALMEIDA	11517	M	Vet3M	58:32:00	57:34:00	
2762	DINA SILVA	10036	F	SenF	58:32:00	57:59:00	Lebres com Carapaça
2763	PEDRO RODRIGUES	15417	M	SenM	58:32:00	57:50:00	
2764	MARCO CANADA	15416	M	SenM	58:32:00	57:50:00	FURAS
2765	ADRIANA LOPERA	11052	F	SenF	58:34:00	58:12:00	
2766	RUI GRILO	15953	M	SenM	58:34:00	56:33:00	
2767	CRISTINA SILVA	14821	F	Vet2F	58:36:00	58:01:00	Laborspirit
2768	HELDEBERTO SANTOS	10140	M	Vet3M	58:36:00	56:18:00	STCP Runners
2769	ANDRÉ ALVES	14684	M	SenM	58:36:00	56:20:00	
2770	LINA MARIA JESUS FRANCISCO	11202	F	Vet2F	58:37:00	55:40:00	CABarreira
2771	MIGUEL OLIVEIRA	15466	M	SenM	58:37:00	54:20:00	
2772	JOÃO VERDE	10213	M	Vet1M	58:37:00	57:57:00	Individual

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2773	ARMÉNIO VICENTE	13144	M	Vet4M	58:37:00	56:44:00	
2774	PEDRO DIAS	15529	M	Vet1M	58:38:00	57:53:00	CATEDRAL DA CERVEJA
2775	PAULO BRÁS	16217	M	SenM	58:38:00	55:19:00	
2776	HELENA ROSA	11436	F	Vet3F	58:39:00	58:05:00	N. A. PAPAGAIOS DE CASCAIS
2777	RUI OLIVEIRA	14513	M	Vet4M	58:39:00	58:08:00	
2778	MARCOS DUARTE	12417	M	SenM	58:40:00	58:05:00	
2779	NUNO TRINDADE	15462	M	Vet1M	58:40:00	55:56:00	Banco Atlantico Europa
2780	BRUNO CANTINHO	17829	M	SenM	58:40:00	58:18:00	
2781	BEATRIZ MORGADO	14374	F	SenF	58:41:00	58:07:00	
2782	RUI GOMES	10911	M	SenM	58:41:00	53:41:00	
2783	JOANA ZAGALO	10349	F	SenF	58:42:00	57:19:00	Extramile
2784	GONÇALO ALMEIDA	14444	M	Vet1M	58:42:00	57:19:00	
2785	ANTÓNIO FERNANDES	13132	M	Vet3M	58:42:00	57:06:00	
2786	MANUEL MAIA	13164	M	Vet5M	58:43:00	57:46:00	CLAC - Entroncamento
2787	MIGUEL VINAGRE	12345	M	Vet1M	58:43:00	49:58:00	CCD CRÉDITO AGRÍCOLA MÚTUO
2788	OSCAR BRITO	15463	M	Vet3M	58:43:00	55:59:00	Atlantico Europa
2789	PEDRO MATOS	11160	M	Vet3M	58:43:00	56:57:00	AGE SEGUROS
2790	JOÃO PEREIRA	16301	M	Vet2M	58:44:00	56:22:00	
2791	NUNO LOPES	12167	M	Vet1M	58:44:00	56:16:00	AD SwimTurtles
2792	LUIS FERREIRA	15384	M	Vet1M	58:45:00	56:41:00	Sri Chinmoy Marathon Team
2793	JORGE AIRES	16002	M	Vet1M	58:45:00	58:20:00	
2794	DANIEL RUI GAMADO	11492	M	Vet1M	58:45:00	58:33:00	
2795	NUNO GOMES	11809	M	Vet2M	58:45:00	56:53:00	Clube EDP Lisboa
2796	SOFIA BATISTA	11262	F	SenF	58:46:00	51:39:00	
2797	JORGE SILVA	13662	M	SenM	58:46:00	56:54:00	benfica
2798	VERA PAULO	16445	F	SenF	58:46:00	56:28:00	Colaboradores SLB
2799	JOSE ALBERTO	15081	M	Vet1M	58:46:00	57:11:00	BPI
2800	DIOGO COSTA	10836	M	SenM	58:46:00	58:15:00	
2801	MÁRIO FARIA	10353	M	SenM	58:47:00	56:42:00	TIBCO
2802	NUNO MESQUITA	10711	M	SenM	58:47:00	52:24:00	
2803	RUI ABELHO	11030	M	Vet2M	58:48:00	54:03:00	
2804	ISABEL CAPARICA	15088	F	Vet2F	58:48:00	57:40:00	
2805	EMANUEL SILVESTRE	13547	M	Vet1M	58:48:00	52:39:00	
2806	JORGE GOMES	13492	M	Vet2M	58:48:00	58:16:00	Clube Desportivo Moitense
2807	ISABEL GOMES	13493	F	Vet1F	58:48:00	58:16:00	Clube Desportivo Moitense
2808	JOSÉ INOCÊNCIO	14244	M	Vet5M	58:48:00	54:00:00	Casa do Benfica em Algueirão Mem Martins-Sintra
2809	JOAO NETO	15121	M	SenM	58:51:00	56:27:00	Mexe-Te Mó Olhão
2810	PAULINO SILVA	10707	M	SenM	58:51:00	57:09:00	
2811	VALTER RIBEIRO	10187	M	SenM	58:52:00	58:12:00	Gaeiras Running Team
2812	PAULO TEIXEIRA	17940	M	Vet2M	58:53:00	49:19:00	
2813	CARLOS RODRIGUES	13467	M	SenM	58:53:00	54:32:00	
2814	FERNANDO LOPES	12090	M	Vet3M	58:53:00	58:14:00	
2815	HUMBERTO SOEIMA	10497	M	SenM	58:54:00	57:47:00	Zarvans
2816	ÂNGELA SANTOS	10498	M	SenM	58:54:00	57:47:00	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2817	MARIA SILVA	16221	F	Vet3F	58:54:00	58:37:00	
2818	ANDRÉ LOPES	10896	M	SenM	58:54:00	58:25:00	
2819	TCHERNO EMBALÓ	14769	M	SenM	58:55:00	55:21:00	
2820	MANUEL PEDRO	12721	M	Vet1M	58:55:00	56:28:00	
2821	CARLOS CABAÇO	15586	M	Vet2M	58:55:00	58:04:00	
2822	CARLOS CHANÇA	12379	M	Vet1M	58:55:00	58:03:00	Eggbite
2823	JOANA SOUSA	14229	F	SenF	58:56:00	58:23:00	CASA DO BENFICA EM CASTELO BRANCO
2824	LUIS REBELO	15522	M	Vet1M	58:57:00	51:44:00	
2825	JULIÃO OLEIRO	12532	M	Vet5M	58:57:00	57:57:00	Run for Friends
2826	JOÃO NASCIMENTO	15581	M	Vet2M	58:58:00	56:04:00	Huawei Portugal
2827	CRISTINA LAVRADOR	10221	F	Vet3F	58:58:00	58:11:00	Run&Smile
2828	LUÍS NETO	10026	M	Vet3M	58:58:00	52:19:00	Carapaus de Corrida
2829	GEORGIY CHERNOBAY	15815	M	SenM	58:58:00	51:26:00	
2830	ISAAC CARRÊLO	14528	M	Vet4M	58:59:00	58:24:00	CLUBE ANACOM
2831	SÉRGIO ANTUNES	14525	M	Vet3M	58:59:00	58:23:00	CLUBE ANACOM
2832	FABIO LIMA	15096	M	SenM	58:59:00	55:33:00	
2833	PAULO DIAS	14760	M	Vet3M	58:59:00	55:38:00	Clube REN
2834	JOÃO FERREIRA	15094	M	Vet2M	58:59:00	55:33:00	
2835	CARMINDA PIRES	10734	F	Vet3F	58:59:00	58:42:00	Individual
2836	LUIS RIBEIRO	16645	M	Vet1M	59:00:00	54:33:00	Colaboradores SLB
2837	LUIS DINIS	11444	M	Vet2M	59:00:00	57:26:00	
2838	RUI PINTO	10534	M	Vet3M	59:01:00	48:39:00	GD-SBSI
2839	PAULO VARANDAS	12306	M	SenM	59:02:00	57:26:00	pace.makers
2840	JORGE GIL	13241	M	SenM	59:02:00	54:01:00	
2841	FAUSTINA MARIA CORREIA REIS	10651	F	SenF	59:03:00	57:46:00	PROJEA-Arquitectura e Engenharia, Lda.
2842	GUSTAVO BASTOS	12511	M	Vet1M	59:03:00	56:14:00	
2843	TIAGO ROMÃO	12951	M	SenM	59:03:00	56:21:00	
2844	AIRES ILDEFONSO	13894	M	Vet5M	59:03:00	56:33:00	Cabeleireiro Moda Jovem
2845	CARLOS SOUSA	12856	M	Vet3M	59:03:00	56:26:00	APOGMA
2846	ANA PEREIRA	13495	F	SenF	59:04:00	58:53:00	Individual
2847	JOSÉ EUGÉNIO	11372	M	Vet4M	59:04:00	57:49:00	PROJEA Arquitetura e Engenharia
2848	RUI ÁGUA BOA	11776	M	SenM	59:04:00	58:25:00	CLUBE COLABORADORES AGEAS
2849	VANDA SEQUEIRA	11781	F	Vet2F	59:04:00	58:26:00	CLUBE COLABORADORES AGEAS
2850	ANA PAULA MATIAS	11762	F	Vet3F	59:04:00	58:26:00	CLUBE COLABORADORES AGEAS
2851	JOÃO SANTOS	12409	M	Vet5M	59:05:00	58:52:00	
2852	JOÃO RODRIGUES	12688	M	Vet5M	59:05:00	58:39:00	Individual
2853	JOSÉ OLIVEIRA	11131	M	Vet3M	59:05:00	58:42:00	
2854	MARIO RAMOS	12858	M	Vet4M	59:05:00	56:28:00	APOGMA
2855	FERNANDO SOBRAL	14405	M	Vet5M	59:05:00	52:22:00	G.D.R. São Francisco da Serra
2856	PAULO CRUZ	14621	M	Vet2M	59:05:00	58:28:00	BRR Night Runners
2857	JOSÉ MANUEL SERRENHO	15642	M	Vet5M	59:05:00	53:05:00	
2858	FILIPE LOURENÇO	11375	M	SenM	59:05:00	54:48:00	
2859	MANUEL LOPES	12627	M	Vet1M	59:07:00	58:30:00	VERMELHOS DA MARGEM SUL
2860	CÉLIA CALADO	14348	F	Vet3F	59:07:00	58:52:00	Clube Desportivo Ribeiense

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2861	JOSÉ SERRANO	14107	M	SenM	59:08:00	55:11:00	
2862	JOÃO GILBERTO DE ABREU	15034	M	SenM	59:09:00	58:13:00	Correr Loures
2863	VERA QUEIROS	14840	F	SenF	59:09:00	57:32:00	Vitoria futebol clube
2864	AUGUSTO CARIA	15627	M	Vet5M	59:09:00	58:43:00	
2865	ANDRÉ GONÇALVES	11222	M	SenM	59:10:00	57:31:00	
2866	IRIS MAURICIO	12571	F	Vet1F	59:10:00	58:44:00	RunLovers
2867	LÍDIA VIEIRA	14903	F	Vet1F	59:10:00	58:32:00	
2868	MARCO NUNES	15106	M	Vet1M	59:11:00	58:32:00	
2869	JOÃO GOMES	13135	M	Vet1M	59:11:00	51:39:00	
2870	CARLOS FERREIRA	11097	M	Vet1M	59:11:00	56:02:00	
2871	JOÃO COIMBRA	14663	M	Vet1M	59:11:00	57:40:00	
2872	ACÁCIO GAMBOA	11456	M	Vet2M	59:11:00	56:01:00	
2873	TERESA BARATA	13054	F	Vet2F	59:12:00	58:34:00	
2874	LUIS BARRACHO	17540	M	Vet1M	59:12:00	50:11:00	GRV
2875	JOÃO BARATA	11230	M	Vet2M	59:12:00	58:03:00	
2876	CARLOS TAVARES	15087	M	Vet1M	59:13:00	57:46:00	
2877	RICARDO BARATA	11231	M	SenM	59:13:00	58:04:00	
2878	SAMUEL VALENTE	12998	M	SenM	59:13:00	57:52:00	Los Hermanos
2879	ANTÓNIO PINA	16283	M	Vet1M	59:13:00	54:55:00	
2880	GONÇALO VIEIRA	11451	M	SenM	59:13:00	58:28:00	
2881	ANA RUTE PANELA	10108	F	Vet1F	59:14:00	55:31:00	TAC
2882	PAULO COSTA	13413	M	SenM	59:14:00	55:57:00	
2883	MARIA RITA DUARTE	11771	F	SenF	59:14:00	55:57:00	CLUBE COLABORADORES AGEAS
2884	ROKSANA MARIA	13421	F	SenF	59:14:00	55:57:00	
2885	PAULO FERNANDES	14195	M	Vet1M	59:15:00	57:33:00	Serralharia Agostinho Duarte
2886	PAULO CARVALHO	14198	M	Vet3M	59:15:00	57:34:00	
2887	RUI GUARDA	17952	M	SenM	59:15:00	52:32:00	
2888	SOLANGE COMIRAN	14015	F	Vet2F	59:16:00	58:12:00	
2889	PAULO ABADIA	14516	M	Vet2M	59:17:00	57:05:00	Casa Benfica Seixal
2890	GONÇALO BASTOS	14088	M	SenM	59:17:00	59:15:00	
2891	MARIANA RODRIGUES	17564	F	SenF	59:17:00	57:12:00	
2892	JULIO COSTA COSTA	12745	F	Vet2F	59:18:00	59:12:00	costa taem
2893	FRANCISCO DUARTE	17579	M	SenM	59:19:00	51:49:00	
2894	BRUNO CURTINHA	12871	M	Vet1M	59:19:00	57:03:00	
2895	CARLOS FERREIRA	13266	M	SenM	59:19:00	58:02:00	
2896	SONIA ROCHA	15776	F	Vet1F	59:19:00	52:38:00	#Rumoa037
2897	ROSANGELA COSTA	12744	F	Vet2F	59:19:00	59:13:00	costa taem
2898	MANUELA GUERREIRO	11434	F	Vet3F	59:20:00	58:46:00	N. A. PAPAGAIOS DE CASCAIS
2899	IOLANDA VAZ	12152	F	SenF	59:20:00	58:36:00	
2900	SARA LANÇA	11025	F	SenF	59:20:00	58:51:00	
2901	RUI LUIS	14284	M	Vet5M	59:20:00	58:47:00	Individual
2902	JORGE VAZ	12476	M	SenM	59:21:00	55:29:00	Silub
2903	PAULO MARTINS	13346	M	Vet3M	59:21:00	55:02:00	
2904	LUIS OURIVES	13345	M	SenM	59:21:00	55:02:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2905	LOURENÇO NOGUEIRA	12803	M	Vet2M	59:21:00	57:54:00	
2906	TIAGO TEIXEIRA	15690	M	Vet4M	59:22:00	50:56:00	
2907	CARLOS PARREIRA	13963	M	SenM	59:22:00	57:09:00	VFCE
2908	ELISABETE MONTEIRO	12198	F	SenF	59:23:00	57:10:00	VFCE
2909	SÉRGIO VIÇOSO	13550	M	SenM	59:23:00	57:45:00	Caramujo é agora
2910	RUI MIGUEL GONÇALVES	16197	M	SenM	59:23:00	58:47:00	
2911	JOÃO MELO	11082	M	SenM	59:24:00	57:01:00	TACLUBE
2912	MIGUEL MACHADO	12389	M	SenM	59:24:00	55:58:00	
2913	PATRICIA GOMES	17604	F	SenF	59:24:00	54:28:00	
2914	DINIS ESTEVES	13531	M	Vet1M	59:25:00	55:48:00	
2915	DIANA LULA	13568	M	SenM	59:25:00	56:28:00	
2916	MARIA COSTA	11214	F	Vet3F	59:26:00	56:24:00	Viriathvs runners viseu
2917	RICARDO SERODIO	10256	M	SenM	59:26:00	58:35:00	Cartaxo Night Runners
2918	JOSÉ SILVA	14520	M	Vet3M	59:26:00	55:02:00	Casa Benfica Seixal
2919	ALFREDO JORGE NOTÁRIO	10201	M	Vet2M	59:26:00	49:47:00	
2920	AMÉRICO PERALTA	11138	M	Vet2M	59:26:00	55:49:00	
2921	DIOGO GODINHO	12616	M	JunM	59:27:00	59:23:00	
2922	PEDRO MARTINS	12434	M	SenM	59:27:00	58:52:00	
2923	CRISTINA FERNANDES	15245	F	Vet1F	59:28:00	56:21:00	bora bora
2924	PEDRO PINEL	15840	M	Vet2M	59:29:00	51:11:00	NAV RUNNERS
2925	JOÃO RAFAEL	10794	M	SenM	59:30:00	58:00:00	
2926	CARLOS MATOS	13783	M	Vet4M	59:30:00	56:31:00	Casa Benfica Seixal
2927	FERNANDO ALVES	11335	M	Vet4M	59:31:00	56:51:00	SS CGD
2928	ANDRÉ FILIPE MARQUES GOMES GOMES	10661	M	SenM	59:31:00	57:33:00	
2929	VITALÍCIO SOUSA	13738	M	SenM	59:31:00	55:24:00	
2930	FERNANDO HENRIQUES	13079	M	Vet3M	59:32:00	52:30:00	RunningÓdependentes
2931	CARLOS CUNHA	10806	M	Vet2M	59:32:00	58:37:00	
2932	ALBERTINO PACHECO	16148	M	Vet3M	59:33:00	49:36:00	Juventude Atlético Clube
2933	JORGE ROSINHA	12024	M	Vet1M	59:33:00	56:41:00	Team Roda Encravada
2934	PAULO CABAÇO	12470	M	Vet3M	59:33:00	56:36:00	
2935	HIGINO GUERRA	12526	M	SenM	59:33:00	58:29:00	30ª Echo
2936	FILIPA MELO	11397	F	SenF	59:34:00	59:06:00	
2937	RUI MELO	11396	M	SenM	59:34:00	59:06:00	
2938	BRUNO OLIVEIRA	12325	M	SenM	59:34:00	59:03:00	
2939	RICARDO VAZ	12477	M	SenM	59:35:00	55:37:00	Sllub
2940	ADÉRITO GONÇALVES	10044	M	Vet2M	59:35:00	59:17:00	
2941	NUNO BARATA	11833	M	SenM	59:35:00	55:40:00	
2942	SÉRGIO CÂMARA	10261	M	Vet1M	59:36:00	57:46:00	
2943	CRISTINA GABRIEL	12418	F	SenF	59:36:00	56:09:00	SS CGD
2944	ANDREIA SANTOS	11680	F	SenF	59:37:00	59:26:00	Clube Brisa
2945	ELISABETE MATIAS	12135	F	Vet3F	59:37:00	58:29:00	As Lesmas
2946	HERMINIO COSTA	13985	M	Vet5M	59:37:00	58:56:00	Grupo Amigos do Atletismo de Vila Franca de Xira
2947	SARA DUARTE	11500	F	SenF	59:37:00	57:43:00	
2948	MARIA RODRIGUES	12841	F	Vet3F	59:38:00	57:23:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2949	NUNO SALVADOR	10046	M	SenM	59:38:00	58:13:00	
2950	CARLOS CALMÃO	15408	M	SenM	59:39:00	56:06:00	MC Runner's
2951	JOÃO OLIVEIRA	15407	M	SenM	59:39:00	56:06:00	MC Runner's
2952	MARIA HORTA	14806	F	Vet3F	59:39:00	58:53:00	
2953	ELSA SILVA	13943	F	Vet1F	59:39:00	58:49:00	Maluquinhas da corrida
2954	ANA OLIVEIRA	13942	F	SenF	59:39:00	58:49:00	
2955	DIAMANTINO NEVES	13366	M	Vet4M	59:39:00	56:05:00	Casa Benfica em Alpiarça
2956	ABDUL FERREIRA	13479	M	SenM	59:39:00	58:30:00	
2957	PEDRO CASTRO	12069	M	SenM	59:40:00	56:22:00	
2958	ANA MARTINHO	13892	F	SenF	59:40:00	58:50:00	AC Gloria München
2959	NUNO SOUSA	10020	M	SenM	59:40:00	58:34:00	
2960	CLARA LOURENÇO	11583	F	Vet2F	59:40:00	58:52:00	Os Galgos de Tancos
2961	RÚBEN DIOGO	16028	M	SenM	59:41:00	52:06:00	
2962	CARLOS CONCEIÇÃO	12370	M	SenM	59:41:00	56:41:00	TINTO LOVERS
2963	CATARINA OLIVEIRA SARAIVA SANTOS	16411	F	SenF	59:41:00	54:43:00	Hospital da Luz
2964	EDUARDO JORGE	15006	M	Vet5M	59:41:00	58:35:00	UHU Portugal
2965	MARTA MARTINHO	13360	F	SenF	59:41:00	58:32:00	
2966	JORGE SILVA	13359	F	SenF	59:41:00	58:32:00	
2967	RUI NUNES	14239	M	SenM	59:42:00	51:56:00	
2968	JOSÉ CASIMIRO	14228	M	Vet4M	59:42:00	59:25:00	
2969	JOSÉ ROCHA	12399	M	Vet3M	59:42:00	57:13:00	Casa do Benfica de Moura
2970	AMANDIO BUSCA	10795	M	Vet3M	59:42:00	58:13:00	
2971	JOSÉ MORUJO	11967	M	Vet3M	59:42:00	59:03:00	
2972	PEDRO LOURENÇO	15847	M	SenM	59:43:00	54:28:00	Rotas dos Vinhos de Portugal
2973	DANIEL FREIRE	13052	M	Vet5M	59:44:00	58:30:00	individual
2974	PEDRO LUIS	12932	M	Vet1M	59:44:00	56:38:00	
2975	LUIS CAIXINHA	15524	M	SenM	59:44:00	51:16:00	Santogal
2976	REINALDO DUTRA	17528	M	SenM	59:44:00	53:35:00	
2977	RUI MONTEIRO	14216	M	Vet3M	59:44:00	57:28:00	nel-Péd atleta
2978	TÂNIA DINIS	11510	F	SenF	59:45:00	58:54:00	
2979	FRANCISCO PAULOS	13004	M	Vet1M	59:45:00	58:30:00	BANDIDOS
2980	JOAQUIM RAMALHO	13927	M	Vet1M	59:47:00	57:53:00	
2981	PAULO ABREU	14437	M	Vet3M	59:47:00	57:05:00	TECNAGAS
2982	JOÃO SILVA	13153	M	SenM	59:47:00	57:50:00	
2983	BERNARDO COVAS	10097	M	SenM	59:47:00	53:56:00	CRAZY RED
2984	LUÍS GARÇÃO	10793	M	Vet3M	59:48:00	58:18:00	
2985	LUIS FIGUEIREDO	14715	M	Vet1M	59:48:00	56:01:00	
2986	ROSE RAMALHO	13928	F	SenF	59:49:00	57:56:00	
2987	PEDRO CARVALHO	14515	M	Vet2M	59:49:00	59:34:00	Casa Benfica Seixal
2988	MARISA MANCHA	12322	F	SenF	59:50:00	59:27:00	Casa do Benfica de Reguengos de Monsaraz
2989	CESALTINA DELGADO	12313	M	Vet4M	59:50:00	59:27:00	Casa do Benfica de Reguengos de Monsaraz
2990	FERNANDO COELHO	10659	M	Vet3M	59:50:00	56:46:00	
2991	JOÃO MATOS	16133	M	SenM	59:51:00	57:49:00	
2992	PAULO OLIVEIRA	15111	M	SenM	59:51:00	54:53:00	GRUPO BARRAQUEIRO

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
2993	RUI VILAO	13282	M	Vet3M	59:51:00	59:27:00	
2994	RUI FERNANDES	15112	M	SenM	59:51:00	54:54:00	GRUPO BARRAQUEIRO
2995	JAIME ROBIM	11200	M	Vet2M	59:52:00	56:51:00	Tinto Lovers
2996	JOSÉ RIVERA	14992	M	Vet2M	59:52:00	56:58:00	Huawei Portugal
2997	FRANCISCO BERNARDO	15952	M	SenM	59:52:00	57:50:00	
2998	RUI BASTOS	13919	M	SenM	59:52:00	59:25:00	Barrigudos run team
2999	JOÃO TEIXEIRA	15033	M	SenM	59:52:00	57:01:00	Daikin
3000	CELESTINO OLIVEIRA	11991	M	Vet5M	59:52:00	55:16:00	
3001	MARIA ADELINA	14298	F	Vet3F	59:53:00	58:05:00	CCD PM CASCAIS
3002	PEDRO COSTA DIAS	11588	M	SenM	59:54:00	59:22:00	
3003	JOSE ANDRE	12857	M	Vet5M	59:54:00	57:18:00	APOGMA
3004	LUIS MANUEL RAPOSO DA SILVA	12975	M	Vet1M	59:54:00	54:39:00	RUMO AO PENTA
3005	MARTIM SILVA	14799	M	Vet1M	59:54:00	57:51:00	As Toupeiras
3006	MIGUEL SILVA	10233	M	SenM	59:55:00	59:17:00	
3007	PAULO TOMAS	16250	M	Vet1M	59:55:00	49:02:00	Tertulia da Julia
3008	FILIPA PEGARINHOS	13436	F	SenF	59:55:00	59:53:00	
3009	SOLANGE NEVES	15670	F	SenF	59:55:00	58:01:00	S. C. Espinho/Atletismo António Leitão
3010	DAVID CANDEIAS	11629	M	JunM	59:56:00	59:16:00	G5
3011	RUI SOBRAL	15341	M	SenM	59:56:00	57:26:00	Casa do Benfica em Grandola
3012	VICENTE DIAS	16085	M	Vet5M	59:56:00	59:26:00	
3013	GUILHERME GASPAR	16746	M	SenM	59:56:00	58:44:00	Colaboradores SLB
3014	FÁBIO MATEUS	15343	M	SenM	59:57:00	57:27:00	Casa do Benfica em Grandola
3015	RUI PEREIRA	15340	M	Vet3M	59:57:00	57:27:00	Casa do Benfica em Grandola
3016	ARMINDO CHAINHO	15338	M	Vet1M	59:57:00	57:28:00	Casa do Benfica em Grandola
3017	DAVID RODRIGUES	11481	M	SenM	59:57:00	56:09:00	
3018	BRÁULIA GAMITO	15342	F	Vet3F	59:57:00	57:28:00	Casa do Benfica em Grandola
3019	MARIA DO CÉU FERREIRA RIBEIRO DUARTE	12701	F	Vet2F	59:57:00	59:03:00	CORRER LOURES
3020	MARCO FALEIRO	12439	M	SenM	59:58:00	59:30:00	QSF
3021	ANA MATOS	11469	F	SenF	59:58:00	59:30:00	
3022	ARTUR SANTOS	15108	M	Vet1M	59:58:00	59:00:00	Escola Superior de Desporto de Rio Maior
3023	SÉRGIO RAMALHO	12523	M	SenM	59:59:00	55:01:00	
3024	JOSE SOUSA	17555	M	Vet5M	59:59:00	52:08:00	
3025	ALFREDO MARTINHO	12513	M	Vet1M	59:59:00	59:20:00	Marítimo Lisboa Clube
3026	GONÇALO GARGATÉ	14731	M	SenM	59:59:00	56:08:00	Somos disto
3027	CARLOS VIEIRA	13302	M	Vet4M	59:59:00	59:06:00	
3028	PEDRO GÓIAS	12256	M	SenM	59:59:00	53:40:00	
3029	PAULO GONÇALVES	11276	M	Vet3M	1:00:00	53:37:00	Clube Novo Banco
3030	RICARDO BALDAIA	13176	M	SenM	1:00:00	58:32:00	
3031	ELISABETE MARQUES	11300	F	SenF	1:00:00	59:28:00	Clube Novo Banco
3032	GONCALO MARINHEIRO	10305	M	SenM	1:00:00	58:22:00	
3033	RUI PIRES	10577	M	SenM	1:00:00	57:36:00	
3034	ALEXA CARMO	15473	F	Vet1F	1:00:00	57:26:00	Ao ritmo das 200 ppm
3035	SARA PEREIRA	12327	F	SenF	1:00:00	59:08:00	Sealand Santa Cruz
3036	CARLA SILVA	13070	F	Vet2F	1:00:00	58:33:00	Pé de Atletas

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3037	TIAGO BRANCO	13177	M	Vet1M	1:00:00	58:33:00	
3038	MARIO WESTPHALEN	11313	M	SenM	1:00:00	56:53:00	Grémio
3039	RICARDO GONÇALVES	15132	M	SenM	1:00:00	56:10:00	
3040	CLÁUDIA MERGULHÃO	12831	F	Vet1F	1:00:01	55:48:00	Run Forrest Run
3041	DAVID DUARTE	14630	M	JunM	1:00:01	59:18:00	
3042	JACINTO SANTOS	15962	M	SenM	1:00:01	57:46:00	
3043	JOSÉ BRÁS	12210	M	Vet3M	1:00:01	57:43:00	
3044	BRUNO SILVA	15497	M	SenM	1:00:01	59:04:00	Solvay
3045	EVA FONTE	14291	F	SenF	1:00:01	57:23:00	
3046	RITA ISABEL BORRALHO CARRAPIÇO	10649	F	SenF	1:00:01	52:46:00	PROJEA-Arquitectura e Engenharia, Lda.
3047	MIGUEL PINHO	10410	M	JunM	1:00:01	57:12:00	
3048	LUIS GUEDES	14483	M	Vet1M	1:00:02	58:34:00	
3049	FÁBIO CATARINO	15449	M	SenM	1:00:02	59:43:00	UDCB - Terras de Barro
3050	EDGAR FERREIRA	13629	M	SenM	1:00:03	58:06:00	Great Stay
3051	VITOR ROCHA	16447	M	Vet4M	1:00:03	55:20:00	Colaboradores SLB
3052	MARCOS LEONARDO	14245	M	Vet5M	1:00:03	58:06:00	Casa do Benfica em Algueirão Mem Martins-Sintra
3053	ADELINO AUGUSTO CÂNDIDO ALVES	11455	M	Vet5M	1:00:03	59:19:00	
3054	CÁTIA BANDOLA	14294	F	SenF	1:00:04	58:15:00	CCD PM CASCAIS
3055	MARIA JOSÉ POLICARPO	14299	F	Vet1F	1:00:04	58:16:00	CCD PM CASCAIS
3056	ANA SOBREIRA	13742	F	SenF	1:00:05	58:33:00	
3057	JORGE MATIAS	16280	M	SenM	1:00:05	56:54:00	Resitejo
3058	ISABEL SOARES	15612	F	Vet1F	1:00:05	57:04:00	
3059	RICARDO RAMOS	12655	M	SenM	1:00:05	58:53:00	
3060	SAMUEL DOS REIS	12132	M	SenM	1:00:06	56:35:00	
3061	FERNANDO RODRIGUES	15093	M	Vet4M	1:00:06	58:20:00	
3062	DORA SOUSA	12288	F	SenF	1:00:06	59:15:00	GDCTINCM
3063	ORLANDO EUSTÁQUIO EUSTÁQUIO	12765	M	Vet1M	1:00:07	58:53:00	Futebolês e Benfica da Nazaré
3064	JOÃO PAIS	12410	M	Vet2M	1:00:07	57:55:00	
3065	PEDRO MARTINHO	10215	M	Vet2M	1:00:08	59:37:00	
3066	AURÉLIO CALADO	10209	M	Vet5M	1:00:08	59:36:00	4 ao Km
3067	PEDRO CANHOTO	16705	M	SenM	1:00:08	58:56:00	Colaboradores SLB
3068	MARIA MORADIAS	12502	F	SenF	1:00:08	58:46:00	Casa do Benfica em Castelo Branco
3069	PEDRO RAMOS	12884	M	SenM	1:00:08	57:16:00	Os Ta-Lentos
3070	HUGO RIBEIRO	12882	M	SenM	1:00:08	57:15:00	Os Ta-Lentos
3071	FILIPA MARTINHO	11136	F	SenF	1:00:09	59:39:00	
3072	MATIAS DUARTE	14858	M	Vet1M	1:00:09	57:24:00	
3073	RAFAEL RIJO	12297	M	SenM	1:00:09	58:53:00	
3074	RUBEN FERNANDES	12385	M	SenM	1:00:10	58:53:00	
3075	DANIEL POUCOCHINHO	15630	M	SenM	1:00:10	49:59:00	
3076	LUIS NUNES	12643	M	Vet1M	1:00:10	58:05:00	CJL
3077	GERMANO BERNARDO	14864	M	Vet5M	1:00:10	54:08:00	
3078	ANABELA FERNANDES	12708	F	Vet2F	1:00:11	58:48:00	Grupo Alegre Unido
3079	JORGE NUNES	12644	M	Vet2M	1:00:11	58:06:00	CJL
3080	DANIEL BANDEIRA	12261	M	SenM	1:00:12	53:53:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3081	NUNO VELOSO	10826	M	SenM	1:00:12	58:31:00	PENTA
3082	RICARDO GONÇALVES	10970	M	SenM	1:00:13	59:00:00	
3083	GONÇALO MIRANDA	11056	M	SenM	1:00:13	56:12:00	#OperaçãoVerão2020
3084	JORGE RATÃO	10783	M	Vet3M	1:00:13	59:57:00	
3085	MARCO CARVALHO	12287	M	Vet1M	1:00:13	55:42:00	GDCTINCM
3086	PAULO ALEXANDRE MORAIS	12598	M	Vet1M	1:00:14	57:50:00	CCDTMetroLX
3087	LUÍS INÁCIO	15171	M	Vet2M	1:00:15	57:11:00	Revista Mística
3088	MIGUEL CANHOTO	16675	M	Vet1M	1:00:15	59:02:00	Colaboradores SLB
3089	BRUNO RODRIGUES	11982	M	Vet1M	1:00:15	59:23:00	Serviços Sociais Montepio
3090	NIDIA ROCHA	14398	F	Vet2F	1:00:15	59:17:00	Força na Canela Espinho
3091	JOSÉ QUARESMA	15228	M	Vet3M	1:00:15	59:45:00	
3092	RUTE MORNA	11980	F	Vet1F	1:00:15	59:46:00	Serviços Sociais Montepio
3093	ALEXANDRA BISCAIA	10813	F	SenF	1:00:15	57:44:00	
3094	HELENA FREITAS	14409	F	SenF	1:00:16	55:51:00	
3095	MIGUEL ALMEIDA	10880	M	SenM	1:00:16	57:30:00	C. D. Amigos de Paco Nassa
3096	ANTÓNIO MATIAS	15619	M	SenM	1:00:17	52:49:00	
3097	JOÃO ALBERTO	11273	M	Vet3M	1:00:17	59:44:00	Jobrinde - Montes Saloios
3098	ALEXANDRE DÂMASO	10023	M	Vet2M	1:00:17	56:41:00	
3099	CARLA MIRANDA	15172	F	Vet2F	1:00:18	57:15:00	Revista Mística
3100	JOSÉ TELES	11641	M	Vet4M	1:00:18	57:24:00	
3101	ANTÓNIO PEREIRA	11671	M	SenM	1:00:19	57:48:00	
3102	LUIS MARQUES	12025	M	Vet5M	1:00:19	57:27:00	Team Roda Encravada
3103	FREDERICO MENDES	13484	M	SenM	1:00:19	57:51:00	Os 5 magníficos
3104	MIGUEL FERO	17863	M	SenM	1:00:19	57:54:00	
3105	VANESSA BAPTISTA	12590	F	SenF	1:00:19	59:49:00	Família BB
3106	MARIA TOMÁS	15924	F	Vet2F	1:00:20	58:26:00	Asas nos Pés
3107	SÓNIA BAIÃO	11670	F	SenF	1:00:20	57:49:00	
3108	FERNANDO SEBASTIÃO	11987	M	Vet1M	1:00:20	58:52:00	
3109	JORGE PAULINO	11601	M	Vet5M	1:00:21	58:25:00	Clube Desportivo de Mafra
3110	CARLA SERRANO	14692	F	Vet1F	1:00:22	58:26:00	
3111	FILOMENA CARVALHO	16477	F	Vet3F	1:00:23	58:18:00	Central de Cerveja
3112	GABRIEL NUNES	16472	M	SenM	1:00:23	58:16:00	Central de Cerveja
3113	ANA SOUSA	16476	F	SenF	1:00:23	58:18:00	Central de Cerveja
3114	CARLA GALHANO	13539	F	Vet1F	1:00:24	59:48:00	Asics Lisboa Run Club
3115	FERNANDO JESUS	15898	M	Vet5M	1:00:25	51:56:00	
3116	SÉRGIO BALSEIRO	13546	M	Vet1M	1:00:26	1:00:22	
3117	LUIS SILVEIRA	15004	M	Vet5M	1:00:27	59:23:00	UHU Portugal
3118	ANDRE DIAS	11055	M	SenM	1:00:28	59:54:00	A2ei
3119	INÉS MORAIS	12496	F	SenF	1:00:29	53:58:00	Casa do Benfica em Castelo Branco
3120	PAULO ROSA	15573	M	Vet4M	1:00:29	59:52:00	
3121	LILIANA HENRIQUES	15391	F	SenF	1:00:30	57:28:00	
3122	FILIPE JUNOT	11498	M	SenM	1:00:30	58:12:00	
3123	ANDRE PEREIRA	15507	M	Vet1M	1:00:31	58:37:00	MEXE-TE MÓ OLHÃO
3124	GILBERTO GONÇALVES	10641	M	Vet5M	1:00:31	59:50:00	CLUBE ATLETISMO AMIGOS DE BELÉM

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3125	ÂNGELA COSTA	16307	F	SenF	1:00:31	59:42:00	
3126	MARTA REIS	14696	F	SenF	1:00:31	59:18:00	Manas Sier
3127	MANUEL MAGALHÃES	15370	M	SenM	1:00:31	56:38:00	
3128	LUÍZ ROSA	17521	M	Vet5M	1:00:31	59:51:00	
3129	MARCO NAVALHO	10759	M	SenM	1:00:31	57:01:00	
3130	TATIANA MARQUES	13007	F	SenF	1:00:32	59:38:00	
3131	JULIANA COSTA	12164	F	SenF	1:00:32	58:30:00	
3132	MÁRIO COSTA	12821	M	Vet4M	1:00:33	58:03:00	Os Antigos
3133	JOÃO MARQUES	14574	M	Vet2M	1:00:33	56:25:00	Individual
3134	PAULO ROSÁRIO	13623	M	Vet3M	1:00:33	59:57:00	
3135	FRANCISCO GUEDES	12792	M	Vet2M	1:00:33	56:26:00	FGuedes Técnica
3136	PAULO CABRAL	15089	M	SenM	1:00:33	59:49:00	
3137	DANIEL ALMEIDA	12848	M	SenM	1:00:33	57:20:00	
3138	PEDRO DUARTE	14362	M	SenM	1:00:34	58:25:00	
3139	MARGARIDA NOBRE NUNES	16156	F	Vet1F	1:00:34	52:19:00	Individual
3140	MIGUEL CARVALHO	13239	M	SenM	1:00:36	56:43:00	
3141	DIAMANTINO ALBUQUERQUE	11852	M	Vet5M	1:00:36	58:40:00	grupo desportivo de mafra
3142	HELDER ARGUELLES	15945	M	SenM	1:00:36	57:29:00	
3143	JOANA PINTO	10995	F	SenF	1:00:36	59:26:00	
3144	FILIPE BORGES	15792	M	Vet1M	1:00:37	51:32:00	
3145	MIGUEL LABAREDA	12839	M	SenM	1:00:37	57:23:00	Labareda
3146	ANDRE VITORINO	12657	M	SenM	1:00:37	57:56:00	
3147	JIANBO LIU	15086	M	SenM	1:00:37	57:42:00	Huawei Portugal
3148	ANDREIA BANHA	10685	F	SenF	1:00:38	1:00:30	
3149	MARINA FRANCO	13253	F	SenF	1:00:38	1:00:15	Furosemidas
3150	RAFAEL SOUSA	13252	M	SenM	1:00:38	1:00:15	Furosemidas
3151	ARMANDO SOUSA	14412	M	Vet1M	1:00:39	58:31:00	Team Casal Garcia
3152	RODRIGO SEITA	10834	M	JunM	1:00:39	57:13:00	
3153	RUI CORREIA	14411	M	Vet1M	1:00:39	58:32:00	
3154	SARA HENRIQUES	14301	F	Vet1F	1:00:39	58:51:00	CCD PM CASCAIS
3155	DIOGO HENRIQUES	14295	M	SenM	1:00:39	58:52:00	CCD PM CASCAIS
3156	NUNO ALMEIDA	14300	M	Vet2M	1:00:39	58:50:00	CCD PM CASCAIS
3157	FILIPE RIBEIRO	16255	M	SenM	1:00:40	57:37:00	Palpites e Teorias
3158	SARA BAPTISTA	14447	F	SenF	1:00:40	1:00:06	
3159	JOSÉ CÉSAR	10851	M	Vet2M	1:00:40	57:15:00	
3160	MAHOMED HASSANE	12203	M	SenM	1:00:41	1:00:04	
3161	SÉRGIO PIMENTA	11417	M	Vet1M	1:00:41	58:27:00	
3162	JOÃO FERREIRA	13758	M	SenM	1:00:41	56:58:00	
3163	ANDREIA REIS	14152	F	SenF	1:00:41	58:36:00	
3164	RUBEN VALENTE	12999	M	SenM	1:00:41	59:20:00	Los Hermanos
3165	LUÍS POMBO	14030	M	Vet1M	1:00:42	1:00:26	Pés de Chumbo
3166	VITOR ALMEIDA	10780	M	Vet3M	1:00:43	59:55:00	
3167	BRUNO SEVERINO	15451	M	Vet1M	1:00:43	58:04:00	Sangue do Pico
3168	CARLOS MIGUEL SILVA	15822	M	Vet2M	1:00:44	53:54:00	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3169	JORGE GUERREIRO	15217	M	Vet1M	1:00:44	1:00:14	Marriott Lisboa
3170	NELSON SOUSA	13251	M	Vet2M	1:00:44	1:00:22	Furosemidas
3171	FAUSTO PIRES	12209	M	SenM	1:00:45	59:17:00	
3172	VITOR MARTO	11442	M	Vet5M	1:00:45	1:00:27	Richart
3173	CARLOS SUISSAS	10450	M	Vet2M	1:00:45	1:00:20	
3174	DUARTE MATOS	15621	M	JunM	1:00:45	59:26:00	Casa Benfica Seixal
3175	MIGUEL BENTO	13944	M	SenM	1:00:46	56:47:00	
3176	DIOGO PASCOAL	12883	M	SenM	1:00:46	57:52:00	Os Ta-Lentos
3177	DAVID CHARRINHO	14213	M	SenM	1:00:46	58:21:00	Sporting Clube de Casainhos
3178	RAFAEL PEDRO COSTA MARTINS	12685	M	SenM	1:00:46	56:48:00	Emrata lovers
3179	NÁDIA SILVA	11649	F	SenF	1:00:46	1:00:41	Seca Adegas Bike Team Santarém
3180	MANUEL SEQUEIRA	11102	M	Vet5M	1:00:46	57:42:00	G.D.C.T. REPSOL POLÍMEROS
3181	AMARO SOUSA	15055	M	Vet3M	1:00:47	59:56:00	
3182	DIOGO FILIPE	12353	M	SenM	1:00:47	1:00:10	
3183	MÁRIO HENRIQUES	15054	M	Vet1M	1:00:47	56:50:00	CREDIBOM
3184	RAFAEL AZRIEL	15120	M	Vet2M	1:00:48	1:00:02	
3185	JOÃO COELHO	10291	M	Vet2M	1:00:48	59:25:00	
3186	NUNO LOPES	10017	M	Vet1M	1:00:49	57:30:00	Kenianos Azuis
3187	BRUNO NEVES	10340	M	SenM	1:00:50	56:40:00	
3188	HELENA BASTARDO	10625	F	Vet2F	1:00:50	1:00:30	Haiceland Running Team
3189	DANIEL COLLA	10546	M	Vet2M	1:00:50	57:47:00	
3190	HUGO CASTRO	11745	M	SenM	1:00:51	56:27:00	
3191	BRUNO CASTRO	11746	M	Vet1M	1:00:51	56:27:00	
3192	RUI CARVALHO	10234	M	Vet1M	1:00:51	54:20:00	
3193	LUIS MORGADO	11358	M	Vet1M	1:00:52	1:00:19	100NOÇÃO
3194	JOÃO LOURENÇO	11620	M	Vet2M	1:00:52	1:00:28	TRIO TALAVERA
3195	PHILIPPE SILVA	13204	M	SenM	1:00:53	59:49:00	
3196	LILIANA AGUIAR	17870	F	Vet1F	1:00:53	53:03:00	
3197	RITA MESQUITA	16282	F	Vet1F	1:00:54	56:36:00	
3198	ANA DIOGO	11195	F	Vet2F	1:00:54	1:00:41	
3199	LUCIDIO DIAS	11151	M	Vet5M	1:00:54	54:00:00	CAL - Clube Atletismo de Lamas
3200	RITA FALCATO	12819	F	SenF	1:00:54	59:56:00	
3201	MARIA JOÃO SANTOS	11750	F	Vet3F	1:00:54	59:03:00	CORRER OUREM
3202	DIOGO RODRIGUES	12818	M	SenM	1:00:55	59:56:00	Manta Team
3203	PEDRO GIL	10706	M	Vet1M	1:00:55	59:04:00	Correr Ourém
3204	ISABEL ALVES	11527	F	SenF	1:00:55	59:03:00	CORRER OUREM
3205	VALTER LEBRE	10721	M	Vet2M	1:00:55	59:04:00	Correr Ourém
3206	CÉLIA CARVALHO	11488	F	Vet2F	1:00:55	57:43:00	Correr Lisboa
3207	ALEXANDRA DINIS	11941	F	SenF	1:00:56	57:47:00	Jobrinde - Montes Saloios
3208	AUGUSTO NASCIMENTO	10934	M	Vet4M	1:00:57	58:38:00	
3209	JOÃO CAPARICA	15078	M	Vet2M	1:00:57	59:50:00	JORGE FERNANDES LDA
3210	PAULO DIOGO	17865	M	SenM	1:00:58	58:32:00	
3211	IVAN SEITA	10835	M	SenM	1:00:58	57:32:00	
3212	BRUNO SILVA	17955	M	SenM	1:00:58	57:03:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3213	GONÇALO ROCHA	12400	M	JunM	1:00:58	57:32:00	Casa do Benfica de Moura
3214	ANTONIO FERNANDES	13142	M	Vet3M	1:00:59	1:00:27	
3215	CRISTOVAO RAMOS	15730	M	SenM	1:00:59	58:03:00	TABAQUEIRA
3216	SANDRA ABADITO	10777	F	Vet1F	1:00:59	58:01:00	Viriathvs Runners
3217	RICARDO FIGUEIREDO	13027	M	Vet2M	1:01:00	57:21:00	
3218	JOSÉ CARLOS ALMEIDA MARQUES	10275	M	SenM	1:01:01	58:45:00	
3219	ANDRÉ MOREIRA	11692	M	SenM	1:01:01	58:40:00	
3220	MIGUEL HORTA	10709	M	SenM	1:01:02	57:53:00	Wild Runners
3221	JOSE SILVA	12577	M	SenM	1:01:02	59:05:00	
3222	FERNANDO SERRANO	15725	M	Vet2M	1:01:02	53:20:00	Corrida Noturna do Parque das Nações
3223	ANDREI MARTINS	10710	M	SenM	1:01:02	57:53:00	Wild Runners
3224	MANUEL PEREIRA	15041	M	Vet2M	1:01:02	56:35:00	Individual
3225	TIAGO TRINDADE	16384	M	SenM	1:01:02	1:00:08	Hospital da Luz
3226	LUÍS GOMES	16107	M	SenM	1:01:03	54:29:00	
3227	MARIANA SOUSA	16381	M	SenM	1:01:03	57:19:00	Hospital da Luz
3228	RICARDO SANTOS	14695	M	SenM	1:01:03	56:36:00	
3229	BARCELOS LEONEL	12741	M	Vet3M	1:01:04	57:33:00	
3230	GISELA BARATA	15650	F	SenF	1:01:04	1:00:21	
3231	BRUNO CARDOSO	14314	M	Vet1M	1:01:04	58:49:00	
3232	ANA FRANCO	10570	F	SenF	1:01:04	59:26:00	Evora night runners
3233	HENRIQUE KOENDERS	11223	M	Vet2M	1:01:05	57:54:00	
3234	HELANA LEITÃO	12569	F	Vet2F	1:01:05	1:00:39	RunLovers
3235	VITOR RAMOS	16169	M	SenM	1:01:05	51:55:00	
3236	RALUCA MARTINS	13542	F	Vet1F	1:01:05	57:26:00	
3237	JOÃO SALDANHA	13378	M	Vet2M	1:01:06	54:09:00	Familia do Coração
3238	MÁRIO DIAS	11224	M	Vet4M	1:01:06	59:11:00	
3239	ANA MARQUES	14854	F	Vet2F	1:01:07	1:00:38	
3240	ANA ROMANO	12120	F	Vet3F	1:01:08	1:00:40	
3241	PAULO BARRADAS	15498	M	Vet1M	1:01:08	59:20:00	Os Borgas
3242	VASCO SANTOS	10354	M	Vet4M	1:01:08	53:34:00	
3243	HUGO BRANCO	13256	M	Vet1M	1:01:08	1:00:39	Running Espinho
3244	GONCALO PINHEIRO	16600	M	Vet1M	1:01:09	1:00:08	Colaboradores SLB
3245	PATRÍCIA PINTO	14029	F	Vet1F	1:01:09	59:23:00	
3246	ANA BARBOSA	16338	F	SenF	1:01:09	1:00:56	Hospital da Luz
3247	ZUZKA SIMULCIKOVA	16748	F	SenF	1:01:09	56:42:00	Colaboradores SLB
3248	JOÃO SILVA	10485	M	Vet2M	1:01:10	57:33:00	
3249	ANDRESA PERALTA	11137	F	SenF	1:01:11	57:34:00	
3250	LILIANA SALGUEIRO	16225	F	SenF	1:01:12	1:00:49	Trivalor
3251	ANTONIO PATACA	10191	M	Vet2M	1:01:12	58:40:00	
3252	JORGE SARAIVA	13005	M	Vet4M	1:01:12	59:57:00	BANDIDOS
3253	FILIPA SIMOES	15688	F	SenF	1:01:12	59:00:00	
3254	HELDER JOSÉ DOS SANTOS FERNANDES	11494	M	SenM	1:01:13	1:00:52	
3255	PEDRO LOPES	17871	M	Vet1M	1:01:13	53:23:00	Gatus Trail
3256	ESTÉVÃO SEITA	10762	M	Vet2M	1:01:13	57:46:00	Casa do Benfica de Moura

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3257	SÉRGIO LIVRAGHI	11036	M	Vet2M	1:01:13	57:30:00	
3258	TIAGO PITO	11249	M	Vet1M	1:01:13	59:02:00	
3259	HUGO MARTINS	13599	M	SenM	1:01:13	58:27:00	
3260	MIGUEL FALE	11530	M	SenM	1:01:14	58:07:00	
3261	RICARDO CASTANHEIRA	13703	M	SenM	1:01:14	56:38:00	Madragoa Runners
3262	RUI GARCIA	16138	M	Vet2M	1:01:14	54:35:00	Pernas de Gafanhoto
3263	PAULO JORGE GARCIA	16137	M	Vet2M	1:01:14	54:35:00	Pernas de Gafanhoto
3264	VASCO LOPES	10246	M	SenM	1:01:14	56:37:00	AACR
3265	JOSÉ FERNANDES	10237	M	SenM	1:01:14	56:37:00	Quintanilha
3266	MIGUEL MADEIRA	15201	M	Vet1M	1:01:15	56:31:00	
3267	DANIEL BATISTA	11613	M	JunM	1:01:16	58:15:00	Tinto Lovers
3268	RAFAEL SANTOS	12380	M	Vet3M	1:01:16	58:12:00	CCDTMetroLX
3269	ANDRÉ MARQUES	13443	M	SenM	1:01:16	57:23:00	
3270	CAMILA ROCHA	16321	F	SenF	1:01:17	59:38:00	Hospital da Luz
3271	JOSÉ PEDRO DIAS	12893	M	SenM	1:01:17	59:08:00	Sky
3272	TERESA MORENO	15809	F	Vet3F	1:01:18	1:00:46	
3273	AUGUSTO NUNES	13108	M	Vet3M	1:01:18	57:14:00	
3274	JOANA DARC CHOURIÇO	11059	F	Vet3F	1:01:19	1:01:14	
3275	LUÍS ESTEVES	15410	M	SenM	1:01:19	58:44:00	
3276	MIGUEL DIAS	15084	M	Vet3M	1:01:19	59:25:00	BPI
3277	LUIS ROSA	10147	M	Vet1M	1:01:20	56:48:00	
3278	RODRIGO OLIVEIRA	12997	M	Vet1M	1:01:20	59:05:00	
3279	SARA GOMES	15948	F	SenF	1:01:20	1:00:45	
3280	PEDRO SOUSA	10938	M	Vet1M	1:01:20	1:00:06	
3281	NMIGUEL MOREIRA	15554	M	JunM	1:01:20	52:17:00	Moreira
3282	CHEILA DIAS	14761	F	SenF	1:01:21	58:00:00	U.F. Comércio e Indústria Atletismo
3283	JOSÉ LOPES	14466	M	Vet5M	1:01:21	1:00:07	
3284	PAULO ANTUNES	14859	M	Vet1M	1:01:21	58:38:00	
3285	MANUEL LAMY	10773	M	SenM	1:01:21	52:17:00	Os Pata Negra
3286	FREDERICO ELIAS	10774	M	SenM	1:01:22	58:15:00	Os Pata Negra
3287	VASCO FRIJA	12955	M	SenM	1:01:22	1:00:12	BairroTeam
3288	DAVID FRIJA	12954	M	SenM	1:01:22	1:00:11	BairroTeam
3289	ALVARO FURTADO	11323	M	Vet4M	1:01:22	57:36:00	SS CGD
3290	ANTÓNIO SENA	11079	M	Vet2M	1:01:22	58:59:00	TACLUBE
3291	CARLA FERREIRA	12699	F	Vet1F	1:01:23	58:02:00	Pimpões Trail Team
3292	SÉRGIO VASCO	13934	M	SenM	1:01:23	58:24:00	
3293	JOSÉ FREIRE	10803	M	SenM	1:01:23	1:00:54	
3294	JOÃO ANTUNES	17820	M	SenM	1:01:23	51:32:00	
3295	FILIPE MORGADO	11080	M	SenM	1:01:23	57:06:00	TACLUBE
3296	SUSANA MARTINS	12520	F	SenF	1:01:24	1:00:48	
3297	TATIANA GLÓRIA	13885	F	SenF	1:01:24	1:00:52	
3298	NELSON GUEDES	10055	M	SenM	1:01:24	58:56:00	Fonix Team
3299	JOSE BRAS	15964	M	Vet4M	1:01:25	59:10:00	
3300	TIAGO CASTELO	12638	M	Vet1M	1:01:25	58:25:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3301	JOÃO SEQUEIRA	13356	M	SenM	1:01:25	56:46:00	Melgas
3302	JORGE ESTEVES	13208	M	SenM	1:01:25	57:53:00	
3303	JOSÉ DAVID	11541	M	SenM	1:01:25	1:01:17	
3304	TIAGO ALEXANDRE CARDOSO	10883	M	SenM	1:01:27	59:30:00	
3305	CARLOS VIEGAS	11664	M	Vet4M	1:01:28	1:00:40	GDCT Unicre
3306	MIRNA MOTA	15344	F	SenF	1:01:28	59:50:00	
3307	DANIEL SILVA	13137	M	SenM	1:01:30	59:13:00	Sai da Frente
3308	PEDRO BORGES	10227	M	SenM	1:01:30	58:50:00	
3309	PAULO BORGES	10225	M	Vet2M	1:01:31	58:51:00	
3310	PATRÍCIA QUEIRÓS	13753	F	SenF	1:01:31	1:00:33	Corredores da Adega
3311	DIOGO ALFARO	13532	M	SenM	1:01:31	59:19:00	
3312	FLORBELA CANICEIRO	15377	F	Vet2F	1:01:32	59:30:00	Sri Chinmoy Marathon Team
3313	DIOGO ARAUJO	16111	M	SenM	1:01:32	58:31:00	
3314	PAULO DUARTE	11662	M	Vet3M	1:01:33	54:14:00	GDCT Unicre
3315	JOAO FONSECA	12375	M	SenM	1:01:34	58:49:00	
3316	PAULO SANTOS	12182	M	SenM	1:01:34	1:00:37	
3317	TAINÁ PENTEADO	14265	F	SenF	1:01:34	1:00:41	
3318	JOÃO PESSA	12769	M	Vet2M	1:01:35	1:00:21	Futebolês e Benfica da Nazaré
3319	CARLOS CORROMEU	14201	M	Vet4M	1:01:35	1:01:07	MOITA SLB
3320	CARLOS OLIVEIRA	17541	M	Vet1M	1:01:35	52:34:00	GRV
3321	LUIS CONDE	13395	M	Vet2M	1:01:35	59:33:00	Link
3322	CARLA RODRIGUES	17979	F	Vet2F	1:01:36	1:00:46	
3323	GUILHERME PEREIRA	12326	M	SenM	1:01:36	54:46:00	Sealand Santa Cruz
3324	RITA FACHADAS	11254	F	SenF	1:01:36	1:01:04	
3325	DANY GONZAGA	14479	M	SenM	1:01:36	59:28:00	
3326	SÓNIA PINHEIRO	14478	F	SenF	1:01:36	59:28:00	
3327	TIAGO CANDEIAS	14657	M	SenM	1:01:36	57:10:00	
3328	HUMBERTO SANTIAGO	13097	M	Vet1M	1:01:36	1:01:07	evelx
3329	JORGE XAREPE	10751	M	Vet3M	1:01:37	1:01:01	
3330	GUILHERME MOURA	13702	M	SenM	1:01:38	57:01:00	Madragoa Runners
3331	RUI JOSE OLIVEIRA	11700	M	Vet3M	1:01:38	1:00:32	SS CGD
3332	RUI COELHO	13326	M	Vet2M	1:01:38	59:49:00	
3333	SOLANGE ALEIXO ALEIXO	15029	F	SenF	1:01:39	58:46:00	#DaikinRunners
3334	ALMERINDA HOMEM	11384	F	Vet3F	1:01:39	1:00:58	
3335	CARLA COELHO	13323	F	Vet1F	1:01:39	59:50:00	
3336	ANGELO CANETO	15345	M	SenM	1:01:39	1:00:02	
3337	VITOR RODRIGUES	16084	M	SenM	1:01:40	52:18:00	
3338	PAULO FREIRE	15358	M	SenM	1:01:40	59:24:00	
3339	INÉS MALVEIRO	15830	F	SenF	1:01:40	1:00:02	
3340	BÁRBARA ALEXANDRE	12796	F	SenF	1:01:40	1:00:45	
3341	BEATRIZ EUGÉNIO	14633	F	SenF	1:01:40	1:00:24	PROJEA Arquitetura e Engenharia
3342	PEDRO MEDEIROS	11699	M	Vet1M	1:01:41	59:12:00	SS CGD
3343	DAVI RIBEIRO	17976	M	SenM	1:01:42	57:00:00	
3344	SARA GONÇALVES	14956	F	SenF	1:01:42	58:13:00	OutSystems

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3345	CARLOS ARAÚJO	14861	M	Vet2M	1:01:43	58:13:00	Cruz de Pau
3346	CARLOS MONSANTO	15241	M	SenM	1:01:43	57:28:00	
3347	NUNO ACURCIO	17512	M	Vet2M	1:01:43	52:15:00	
3348	CRISTIANA MARTINS	13685	F	SenF	1:01:44	59:46:00	
3349	PEDRO DOURADO	12112	M	Vet1M	1:01:44	58:28:00	
3350	RICARDO SILVA	11133	M	SenM	1:01:44	58:29:00	
3351	CLAUDIA SANTOS	10487	F	Vet2F	1:01:45	1:01:10	
3352	ELISABETE PICANÇO	12225	F	Vet1F	1:01:45	55:43:00	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
3353	BRUNO FREDERICO	10838	M	SenM	1:01:45	1:00:12	
3354	JOANA SANTOS	10839	F	SenF	1:01:45	1:00:12	
3355	RUI PEREIRA	12854	M	SenM	1:01:47	58:55:00	
3356	RICARDO PREGUICA	10544	M	SenM	1:01:47	58:27:00	
3357	JUDITE CARPINTEIRO	13983	F	SenF	1:01:47	1:00:36	
3358	VIRGILIO MATA	13523	M	Vet5M	1:01:47	1:01:38	OS MATAS
3359	FILIPE LUÍS	13116	M	Vet3M	1:01:47	1:00:34	Individual
3360	PEDRO DUARTE	12903	M	Vet1M	1:01:48	1:01:01	
3361	HERNANI FERNANDES	10388	M	Vet4M	1:01:49	58:32:00	
3362	RUI SILVA	13127	M	Vet3M	1:01:49	59:26:00	Shaolin Team
3363	NUNO MACHADO	11327	M	Vet1M	1:01:49	53:30:00	Chupa Chupa
3364	ANDRÉ LAPINHA	10596	M	SenM	1:01:49	1:01:03	
3365	FILIPE MATOS	13915	M	SenM	1:01:50	55:09:00	
3366	CÁTIA TOMÁS	14401	F	SenF	1:01:50	1:00:28	urban sailors
3367	DANIEL COSTA	14400	M	SenM	1:01:50	1:00:28	urban sailors
3368	ROGÉRIO NOBRE	14131	M	Vet3M	1:01:50	1:00:21	
3369	TELMO BERNARDINO	14273	M	SenM	1:01:51	59:36:00	Corinthia Team
3370	HENRIQUE COSTA	14655	M	SenM	1:01:51	57:25:00	
3371	VERA SACRAMENTO	17559	F	Vet1F	1:01:51	59:43:00	
3372	SAMUEL SALVADOR	12973	M	SenM	1:01:52	59:31:00	Serrado fc atletismo
3373	PAUL ASCENÇÃO	14074	M	Vet2M	1:01:52	55:08:00	Donas de Casa
3374	RUI VILELA	12490	M	SenM	1:01:52	1:00:36	Casa do Benfica em Castelo Branco
3375	PEDRO ALBINO	14376	M	SenM	1:01:53	57:55:00	
3376	RICARDO DIAS	10749	M	SenM	1:01:55	54:00:00	Grupo Barraqueiro
3377	HUGO FRANÇA	14544	M	SenM	1:01:55	1:01:27	SWAT
3378	ANDRE ANTUNES	15728	M	SenM	1:01:55	59:33:00	TABAQUEIRA
3379	RICARDO BOTELHO	17895	M	SenM	1:01:55	55:18:00	
3380	VIRGILIO FERREIRA	11615	M	Vet5M	1:01:56	1:01:13	
3381	NUNO MAURICIO	13168	M	Vet1M	1:01:56	59:58:00	
3382	JOANA FRANCISCO	16151	F	SenF	1:01:56	58:48:00	
3383	MAURO MARTINS	15136	M	SenM	1:01:56	57:38:00	
3384	PEDRO NEVES	13367	M	SenM	1:01:57	58:21:00	Casa Benfica em Alpiarça
3385	PEDRO CORREIA	10336	M	SenM	1:01:57	59:02:00	Rotascas
3386	MAURO ANDRE	17525	M	SenM	1:01:57	1:00:13	
3387	RITA REGALO	10681	F	SenF	1:01:57	1:00:18	
3388	JORGE AGOSTINHO	13898	M	SenM	1:01:58	59:41:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3389	SERAFIM MARQUES	12586	M	Vet5M	1:01:59	59:01:00	Asas
3390	RICARDO PATROCÍNIO	10779	M	SenM	1:02:00	58:16:00	
3391	HELENA CUNHA	12584	F	Vet3F	1:02:00	59:01:00	Asas
3392	MIGUEL FARIA	13396	M	SenM	1:02:00	1:01:27	Link
3393	JOAQUIM PAIVA	15165	M	Vet5M	1:02:01	1:00:58	Escola de Atletismo de Coimbra / JPaiva
3394	HELIO DOLORES	16606	M	SenM	1:02:02	58:33:00	Colaboradores SLB
3395	MIGUEL MIRANDA	16672	M	SenM	1:02:04	58:39:00	Colaboradores SLB
3396	NUNO BOLAS	17969	M	SenM	1:02:04	58:39:00	Colaboradores SLB
3397	JOSE SERRA	13050	M	Vet5M	1:02:04	57:42:00	
3398	GONÇALO SERRA	13048	M	SenM	1:02:04	57:42:00	
3399	RUI COELHO	12898	M	SenM	1:02:05	59:59:00	Run for Friends
3400	NELSON MELO	15923	M	Vet1M	1:02:05	58:36:00	
3401	JOÃO BRITO	10128	M	SenM	1:02:05	59:46:00	
3402	JOSÉ PITÉ	11739	M	SenM	1:02:05	57:26:00	
3403	RICARDO GONÇALVES	11735	M	Vet1M	1:02:06	57:26:00	
3404	JOÃO PAULO MONTEIRO	16088	M	SenM	1:02:06	57:27:00	
3405	RICARDO CASTRO	16142	M	SenM	1:02:07	58:52:00	Ricardo Mariano
3406	JOAO VILAR TORRES	12861	M	Vet1M	1:02:07	57:50:00	
3407	LUIS MIGUEL	14054	M	Vet1M	1:02:07	1:00:44	mucifalense
3408	CARLOS ALMEIDA	15873	M	Vet1M	1:02:07	54:54:00	Duo Dinamico
3409	LUIS MIGUEL	14059	M	SenM	1:02:07	1:00:44	Mucifalense
3410	PEDRO HENRIQUES	14025	M	Vet1M	1:02:07	56:45:00	
3411	ANDRÉ COSTA	12075	M	JunM	1:02:07	59:29:00	Os Galgos de Tancos
3412	JOÃO COSTA	12073	M	Vet1M	1:02:08	59:29:00	Os Galgos de Tancos
3413	CARINA MARTINS	13907	F	SenF	1:02:08	57:59:00	
3414	PATRICIA GIRAO	10074	F	Vet1F	1:02:08	57:58:00	
3415	SANDRA ROCHA	11526	F	Vet1F	1:02:08	57:59:00	
3416	CARLOS SERRA	15954	M	Vet2M	1:02:08	53:00:00	
3417	JAIME PEREIRA	14706	M	SenM	1:02:08	59:53:00	
3418	VICTOR AFONSO	14842	M	SenM	1:02:08	1:00:00	
3419	EDUARDO TAVARES	14477	M	SenM	1:02:08	1:00:01	
3420	INÊS SOTELINO	10932	F	SenF	1:02:09	59:30:00	MM Runners
3421	JUAN SOTELINO	10933	M	Vet5M	1:02:09	59:30:00	MM Runners
3422	ANDRÉ CARRÊLO	13307	M	Vet1M	1:02:10	1:00:55	
3423	JOÃO PEDRO	13308	M	SenM	1:02:10	1:00:55	
3424	JOSÉ MONTEIRO	15761	M	SenM	1:02:10	51:41:00	Gordos e rebeldes
3425	NUNO GONÇALVES	11380	M	Vet5M	1:02:10	1:01:53	Keep Running
3426	JOÃO LOURENÇO	12266	M	SenM	1:02:10	56:40:00	REN
3427	ANA CORREIA	11411	F	SenF	1:02:10	59:10:00	Viriathvs Runners Viseu
3428	PATRÍCIA MACHADO	14881	F	SenF	1:02:11	1:00:44	Guizo Runners
3429	CLÁUDIA NUNES	12510	F	SenF	1:02:11	53:14:00	Viriathvs Runners Viseu
3430	JORGE GENEROSO	10019	M	Vet1M	1:02:11	1:00:56	
3431	FERNANDO ALMEIDA	14403	M	SenM	1:02:12	1:01:16	FORÇA NA CANELA ESPINHO
3432	LEVI SIMÕES	12204	M	Vet1M	1:02:12	53:53:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3433	HÉLIO GARCIA	10121	M	Vet1M	1:02:13	53:53:00	
3434	ANTONIO CASCAIS	12702	M	Vet3M	1:02:13	1:00:14	
3435	NUNO PECAS	13687	M	Vet1M	1:02:13	58:26:00	
3436	NUNO MATOS	10921	M	SenM	1:02:13	59:47:00	
3437	JOÃO LOURENÇO	14722	M	SenM	1:02:14	56:42:00	
3438	JIE LU	15707	M	SenM	1:02:14	59:20:00	Huawei Portugal
3439	TERESA VENTURA	13166	F	SenF	1:02:15	1:01:18	CLAC - Entroncamento
3440	TIAGO CANTEIRO	12028	M	SenM	1:02:15	59:19:00	Team Roda Encravada
3441	JOÃO JESUS	11346	M	Vet1M	1:02:15	59:55:00	
3442	IVO RODRIGUES	11507	M	SenM	1:02:15	1:02:01	
3443	SABIR KANJI	12421	M	SenM	1:02:15	59:08:00	SS CGD
3444	VITOR ALVES	15607	M	Vet4M	1:02:16	55:25:00	
3445	PEDRO MIRANDA	15459	M	SenM	1:02:16	59:02:00	Atlantico
3446	SOLANGE GOMES	12146	F	SenF	1:02:17	59:01:00	
3447	MARINO RODRIGUES	13232	M	SenM	1:02:17	52:35:00	
3448	CARLOS CARITA	11298	M	Vet4M	1:02:17	1:00:57	Clube Novo Banco
3449	PEDRO ANTUNES	11554	M	SenM	1:02:17	1:01:47	miúdos e graúdos
3450	FILIPA MOREIRA	15453	F	SenF	1:02:17	57:59:00	GENIUS
3451	EDUARDO COELHO	15963	M	Vet1M	1:02:17	1:00:04	
3452	JORGE MORAIS	15888	M	Vet2M	1:02:18	54:23:00	
3453	PAULA SILVA	15889	F	Vet1F	1:02:19	54:23:00	
3454	ILIDIO SILVA	10445	M	Vet3M	1:02:19	1:01:38	
3455	PATRÍCIA MONTEIRO	13100	F	SenF	1:02:19	59:12:00	Monteiro
3456	SALOMÉ SOLDADOR	14804	F	SenF	1:02:20	1:01:34	
3457	ARNALDO MONTEIRO	13101	M	Vet2M	1:02:20	59:12:00	Monteiro
3458	RITA GALOCHA	11460	F	SenF	1:02:21	57:58:00	
3459	CARLA SILVA	13845	M	SenM	1:02:21	1:01:18	
3460	TELMA GERVASIO	13477	F	SenF	1:02:22	58:23:00	
3461	FÁBIO SOUSA	14977	M	SenM	1:02:23	56:59:00	
3462	JUNIOR FERREIRA FERREIRA	16011	M	SenM	1:02:24	1:02:01	
3463	VERA MENDES	11068	F	SenF	1:02:24	59:27:00	Mendes
3464	RÚBEN DINIS	10087	M	SenM	1:02:24	57:17:00	
3465	JOSÉ LEITÃO	16067	M	Vet4M	1:02:24	1:01:17	CASA DO BENFICA EM ABRANTES
3466	TIAGO SILVA	13893	M	SenM	1:02:25	57:19:00	
3467	JOSÉ REALINHO	13476	M	SenM	1:02:25	58:27:00	
3468	INÊS SANTOS	11229	F	SenF	1:02:25	1:00:59	Lisrunning
3469	INÊS RESENDE	15757	F	SenF	1:02:26	1:02:18	
3470	JOÃO FARINHA	13663	M	Vet1M	1:02:26	1:01:48	
3471	PEDRO JORGE ANTUNES CARQUEIJEIRO	16183	M	SenM	1:02:26	57:46:00	
3472	NUNO ZACARIAS	16143	M	SenM	1:02:26	55:55:00	
3473	NUNO FERREIRA	10277	M	Vet1M	1:02:26	59:33:00	
3474	PEDRO FLORES	16198	M	SenM	1:02:27	1:01:51	
3475	ANDRE RAPOSO	11616	M	Vet1M	1:02:27	54:25:00	
3476	ANABELA MORAIS	15319	F	Vet2F	1:02:28	1:00:35	Junta de Freguesia de Benfica

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3477	PEDRO MANZANO	15958	M	SenM	1:02:28	1:02:06	
3478	DAVID PEREIRA	15970	M	SenM	1:02:28	1:02:06	
3479	PATRÍCIA MONTEIRO	16303	F	Vet1F	1:02:28	1:02:18	
3480	PAULO GORDO	14965	M	Vet3M	1:02:28	1:00:31	Correr Queluz
3481	SHEILA PEREIRA	15971	F	Vet1F	1:02:28	1:02:06	
3482	LUIZA XARRAZ	15629	F	Vet3F	1:02:28	1:00:31	Correr Queluz
3483	ROBERT VINTEN	10154	M	Vet1M	1:02:28	1:02:20	
3484	JOÃO VIEIRA	12907	M	Vet1M	1:02:28	55:29:00	MindOverData
3485	RENATO JÁCOME	12560	M	Vet2M	1:02:28	1:00:03	Devagar, devagarinho...
3486	HUGO PRAGANA	14258	M	SenM	1:02:28	59:55:00	
3487	FÁBIO FERREIRA	13038	M	SenM	1:02:28	59:55:00	
3488	JOSE ACACIO	14714	M	Vet1M	1:02:29	58:40:00	
3489	EMANUEL ARAÚJO	16175	M	SenM	1:02:29	58:37:00	
3490	MIGUEL MARQUES MENDES	10372	M	SenM	1:02:30	59:07:00	
3491	LUIS AUGUSTO	10690	M	Vet2M	1:02:30	58:34:00	Aquae Scalabis
3492	JACINTO NEVES	11841	M	Vet1M	1:02:30	59:52:00	Os Galgos de Tancos
3493	ANDREIA FERREIRA	14086	F	SenF	1:02:30	1:02:16	
3494	ANTÓNIO GOMES	14917	M	SenM	1:02:30	1:00:48	
3495	CÉLINE BARBOSA	11879	F	SenF	1:02:31	1:00:33	
3496	BEATRIZ NEVES	11842	F	JunF	1:02:31	59:52:00	Os Galgos de Tancos
3497	DIOGO SIMOES	14305	M	Vet1M	1:02:31	1:00:03	Dura Running Team
3498	JOSÉ CRUZ	11909	M	Vet5M	1:02:31	1:01:01	Linces da Bela Vista
3499	PEDRO VIEIRA	15565	M	Vet2M	1:02:32	57:45:00	CATEDRAL DA CERVEJA
3500	RITA FARINHA	13290	F	Vet1F	1:02:33	1:00:47	G.D.S.Sebastião da Freguesia de Canha
3501	PEDRO FERRABELO	14275	M	Vet1M	1:02:33	1:00:18	Corinthia Team
3502	SÉRGIO SANTOS	13664	M	Vet1M	1:02:33	58:34:00	
3503	ANTONIO CAETANO	14537	M	Vet2M	1:02:33	55:16:00	STJoaoOliveiraTeam
3504	MIGUEL SOBRAL	17913	M	SenM	1:02:34	58:57:00	CASA DO BENFICA DE ALCÁCER DO SAL
3505	MAFALDA ALMEIDA	11518	F	Vet2F	1:02:34	1:01:38	
3506	RUI XAVIER	11811	M	Vet3M	1:02:34	1:01:59	Clube EDP Lisboa
3507	ERIC MOURATO	13401	M	Vet1M	1:02:35	53:18:00	
3508	LUCIANO PATRAO	15105	M	Vet5M	1:02:35	1:01:10	
3509	SOFIA VALA	11183	F	SenF	1:02:35	1:01:52	
3510	JAIME MARQUES SEMEDO	16615	M	Vet2M	1:02:35	1:02:00	Colaboradores SLB
3511	NUNO NOGUEIRA	11182	M	SenM	1:02:35	1:01:52	
3512	NUNO GIL	10776	M	SenM	1:02:36	59:44:00	
3513	SILVIA DO Ó	11779	F	SenF	1:02:37	1:00:31	CLUBE COLABORADORES AGEAS
3514	JOSE MACHADO	15485	M	Vet3M	1:02:37	54:19:00	
3515	ANTÓNIO ESTEVES	13339	M	SenM	1:02:38	1:00:21	
3516	JOSE MIRA	15879	M	Vet2M	1:02:38	54:21:00	
3517	ANTÓNIO FERREIRA	10567	M	SenM	1:02:38	1:00:34	
3518	SUZANA MALHA	10103	F	Vet2F	1:02:38	1:02:10	Run & Bota-Abaixo
3519	AURÉLIO QUIAIOS	12422	M	SenM	1:02:38	1:00:34	
3520	BRUNO VALENTE	13570	M	SenM	1:02:38	59:49:00	Killing Us Softly



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3521	INÊS VAZ	16610	F	SenF	1:02:39	1:02:30	Colaboradores SLB
3522	LUÍS BRÁS COELHO	17801	M	Vet4M	1:02:39	1:02:31	Clube Ferroviário de Portugal
3523	SÓNIA CARPELHO	13110	F	Vet1F	1:02:40	1:00:48	
3524	PLINIO MIGUEL MARQUES	15077	M	Vet1M	1:02:41	1:01:35	JORGE FERNANDES LDA
3525	RICARDO SIMÕES	11580	M	Vet1M	1:02:41	53:35:00	Garehotelrunning
3526	NUNO ANDRÉ TRIGUEIRO	13910	M	SenM	1:02:41	1:01:01	SL Besuntas
3527	EMANUEL SARAMAGO	16589	M	SenM	1:02:41	58:08:00	Colaboradores SLB
3528	MÁRCIA JERONIMO	14413	F	Vet1F	1:02:41	1:02:32	
3529	FRANCISCO MOTA	10437	M	SenM	1:02:41	1:02:37	
3530	RUI CORREIA	17926	M	SenM	1:02:43	59:42:00	Urbanos
3531	LUIS CAMBEZ	13416	M	Vet1M	1:02:43	1:01:34	Peniche a Correr
3532	LUÍS GAMA	10171	M	SenM	1:02:43	59:01:00	
3533	ISAC DINIS	13779	M	Vet5M	1:02:43	59:45:00	Casa Benfica Seixal
3534	JOÃO RAMOS	14749	M	Vet4M	1:02:44	1:02:09	
3535	RUI PIRES	16155	M	SenM	1:02:44	59:03:00	
3536	FILIPA MALHEIRO	17910	F	Vet1F	1:02:44	58:49:00	
3537	FLORÊNCIA BASILIO	12178	F	Vet2F	1:02:44	1:01:23	Casa do Benfica em Castelo Branco
3538	GONÇALO MALHEIRO	17912	M	Vet2M	1:02:44	58:50:00	
3539	JOSÉ MARTINS	14125	M	Vet1M	1:02:44	59:41:00	
3540	ARIANA ROCHA	16404	F	SenF	1:02:45	1:02:10	Hospital da Luz
3541	PEDRO PEREIRA	15119	M	SenM	1:02:45	58:57:00	Ai Que Sede
3542	GONÇALO SANTOS	10355	M	SenM	1:02:45	1:01:43	
3543	HELENA SANTOS	15196	F	Vet3F	1:02:45	1:01:07	URBANOS 1
3544	DAVID SERRA	17903	M	SenM	1:02:45	1:02:01	
3545	JULIA ALVES	16464	F	SenF	1:02:46	1:01:53	Central de Cerveja
3546	LUÍS MIGUEL DIAS	14688	M	Vet2M	1:02:46	58:28:00	
3547	PEDRO VIEIRA	15783	M	Vet1M	1:02:46	54:25:00	
3548	HÉLIO VELHAS	11785	M	Vet2M	1:02:46	1:00:02	
3549	HUGO RICARDO BAPTISTA	10080	M	SenM	1:02:47	1:01:31	
3550	ANA MONTEIRO	16243	F	Vet1F	1:02:47	1:02:11	
3551	LUIS FERNANDES	14252	M	Vet1M	1:02:47	58:32:00	
3552	SERGIO CANELAS	17529	M	Vet1M	1:02:47	1:02:03	
3553	CARLA MONTEIRO	16244	F	Vet1F	1:02:48	1:02:11	
3554	ANA XAREPE SILVA	16346	F	SenF	1:02:48	1:01:31	Hospital da Luz
3555	KATJA PEREIRA	10502	F	Vet3F	1:02:48	1:01:38	
3556	EMANUEL DOMINGOS	14207	M	SenM	1:02:48	59:23:00	
3557	MÁRIO ARVANA	17963	M	SenM	1:02:48	1:01:32	
3558	JOAO CHASQUEIRA	13293	M	Vet1M	1:02:49	1:01:29	
3559	DIOGO FRANCISCO	10925	M	SenM	1:02:49	1:02:16	
3560	MAURO AMÊNDOA	15359	M	SenM	1:02:49	58:49:00	PROSEGUR
3561	CRISTINA FLORINDO	11329	F	SenF	1:02:49	58:49:00	Amendoa
3562	FERNANDA VERMELHUDO	12558	F	Vet1F	1:02:50	59:03:00	Casa do Benfica de Moura
3563	JOAQUIM DAS DORES	12056	M	Vet2M	1:02:50	59:21:00	Casa do Benfica de Moura
3564	MANUEL SOUSA	16123	M	Vet4M	1:02:51	55:01:00	Pirilampos Moncarpacho

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3565	SEBASTIÃO BARATA	14787	M	Vet2M	1:02:53	1:02:15	SS CGD
3566	RUI PATRICIO	13929	M	SenM	1:02:54	59:42:00	
3567	TÂNIA MOTA	14659	F	SenF	1:02:55	1:02:10	
3568	JOÃO PAIVA	10563	M	SenM	1:02:56	59:00:00	
3569	PAULO PATRICIO	11331	M	Vet2M	1:02:56	1:00:09	
3570	RICARDO LOPES	14667	M	SenM	1:02:56	1:01:55	
3571	TIAGO ROSA	13419	M	SenM	1:02:57	58:31:00	
3572	HÉLIO PIMENTEL	13033	M	SenM	1:02:57	1:00:51	Run for Friends
3573	ANDRÉ COSTA	11639	M	SenM	1:02:57	58:35:00	
3574	ROBERTO CARDOSO	10285	M	SenM	1:02:57	59:37:00	
3575	JOSÉ GOMES	15118	M	SenM	1:02:58	1:00:30	Dura running team
3576	CLÁUDIO CORREIA	13032	M	SenM	1:02:58	1:00:52	Run for Friends
3577	HUGO FIRMO	10695	M	SenM	1:02:59	1:01:12	Tagus Junior Consulting
3578	LUIS BASTOS	11564	M	Vet4M	1:02:59	1:00:39	SS CGD
3579	TIAGO PEDRO	13721	M	SenM	1:03:00	52:04:00	
3580	PAULO COSTA	10753	M	SenM	1:03:00	58:39:00	
3581	PEDRO CASCALHAIS	11234	M	JunM	1:03:01	59:35:00	
3582	CARLOS LEITÃO	11333	M	Vet3M	1:03:01	59:58:00	SS CGD
3583	VANESSA SILVA	13980	F	SenF	1:03:01	58:54:00	
3584	ESMERALDO PEREIRA	12049	M	Vet5M	1:03:01	1:00:39	SS CGD
3585	MIGUEL SILVA	13979	M	SenM	1:03:01	58:55:00	
3586	MIGUEL BAIÃO	12260	M	Vet1M	1:03:02	56:42:00	
3587	ANDRÉ BANDEIRA	12262	M	SenM	1:03:02	56:40:00	
3588	JOSÉ MORUJO	13950	M	Vet3M	1:03:02	59:23:00	Kenianos S.Pedro Estoril
3589	VÂNIA ZARRO	13438	F	SenF	1:03:02	1:01:48	Peniche a Correr
3590	RENATO MARTINS	10216	M	SenM	1:03:03	1:01:08	GET
3591	PEDRO GIL	12901	M	Vet1M	1:03:03	1:00:30	
3592	JOÃO GASPAS	14710	M	SenM	1:03:03	1:00:54	
3593	SEBASTIEN HEBER	16013	M	SenM	1:03:03	52:51:00	
3594	MARIA SILVA	11356	F	SenF	1:03:03	1:00:19	
3595	ROGÉRIO DOMINGUES	11355	M	Vet1M	1:03:03	1:00:18	
3596	JOSÉ DUARTE	16637	M	Vet3M	1:03:03	56:26:00	Colaboradores SLB
3597	PEDRO GALGUINHO	13269	M	Vet2M	1:03:04	1:00:09	
3598	GONÇALO NEVES	15046	M	SenM	1:03:05	59:35:00	
3599	JÚLIA NUNES	15424	F	SenF	1:03:05	1:00:01	Gfi
3600	MICKAEL FREIRE	12715	M	SenM	1:03:05	1:01:42	Grupo Alegre Unido Bajouca
3601	ANDREIA GONÇALVES	12714	F	SenF	1:03:05	1:01:42	Grupo Alegre Unido Bajouca
3602	HUGO MARQUES	12267	M	Vet1M	1:03:05	1:00:11	
3603	ANA SOARES DA COSTA	12862	F	Vet1F	1:03:06	58:49:00	
3604	HENRIQUE GARIFO	12050	M	Vet5M	1:03:06	1:02:32	SS CGD
3605	RICARDO MOURA BRITES	14151	M	SenM	1:03:07	1:01:02	
3606	FILIFE JOSÉ ZACARIAS EUGÉNIO	10650	M	SenM	1:03:07	55:54:00	PROJEA-Arquitectura e Engenharia, Lda.
3607	BRUNO ANTUNES	15208	M	SenM	1:03:07	1:00:04	
3608	CARLOS CARDOSO	15274	M	Vet3M	1:03:07	56:40:00	Alverca Urban Runnurs

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3609	JOÃO PEDRO MOREIRA	15555	M	SenM	1:03:07	54:04:00	Moreira
3610	SILVIA GALVEIA	15616	F	Vet1F	1:03:07	55:29:00	Escola de Atletismo do Montijo-A.F.D.D
3611	PAULO GALVEIA	15615	M	Vet1M	1:03:08	55:29:00	Escola de Atletismo do Montijo-A.F.D.D
3612	LUÍS ALTER	14565	M	Vet1M	1:03:08	1:01:58	
3613	JOAO HENRIQUES	14651	M	Vet2M	1:03:09	58:42:00	EVERGROW
3614	DANIELA SILVEIRA	12824	F	SenF	1:03:09	1:00:35	Os Antigos
3615	TIAGO PEREIRA	10930	M	SenM	1:03:09	1:00:29	MM Runners
3616	ARMINDO PORTINHA	14807	M	Vet2M	1:03:09	1:02:40	
3617	SÍLVIA MATA	13525	F	Vet1F	1:03:09	1:03:00	OS MATAS
3618	JOSÉ PARDAL	11654	M	Vet1M	1:03:09	1:01:48	
3619	SÉRGIO BORGES	12823	M	SenM	1:03:10	1:00:36	Os Antigos
3620	SOLANGE DUARTE	14386	F	SenF	1:03:10	54:41:00	Peniche a Correr
3621	PEDRO SA	16701	M	Vet2M	1:03:11	1:01:18	Colaboradores SLB
3622	MANUEL PEREIRA	14967	M	Vet5M	1:03:12	1:02:00	Serviços Sociais Montepio
3623	CARLOS LOPES	15827	M	SenM	1:03:12	59:57:00	Benfiquistas da Marinha Grande
3624	ALEXANDRE RAMOS	15066	M	Vet1M	1:03:12	1:00:54	GSTEP
3625	RUI LOURENÇO	15276	M	Vet2M	1:03:12	1:00:52	GSTEP
3626	CLÁUDIO CORREIA	15064	M	Vet3M	1:03:12	1:00:53	GSTEP
3627	CARLOS CARDOSO	15065	M	Vet1M	1:03:12	1:00:54	GSTEP
3628	PAULO MOREIRA	10172	M	Vet2M	1:03:13	1:02:42	
3629	HUMBERTO GRUMETE	17601	M	SenM	1:03:14	1:00:01	Benfiquistas da Marinha Grande
3630	JOÃO MARTINEZ	11474	M	Vet3M	1:03:14	59:05:00	
3631	BRUNO TOJEIRA	13597	M	SenM	1:03:14	1:00:00	Benfiquistas da Marinha Grande
3632	TELMO RODRIGUES	14256	M	SenM	1:03:14	1:01:07	
3633	TIAGO SILVA	12593	M	SenM	1:03:14	1:00:00	Benfiquistas da Marinha Grande
3634	TELMA BARROSO	11952	F	SenF	1:03:14	1:02:56	
3635	FILIPA BRANDÃO	12055	F	Vet1F	1:03:14	56:21:00	Correr Loures
3636	NUNO MIRA RODRIGUES	10635	M	SenM	1:03:14	1:01:08	
3637	JOÃO BORGES	11790	M	Vet3M	1:03:14	59:41:00	
3638	NUNO SILVA	12254	M	SenM	1:03:15	56:55:00	
3639	ANDRÉ CRISTÓVÃO	14098	M	SenM	1:03:15	59:48:00	
3640	TIAGO MARTINS	13247	M	Vet1M	1:03:15	58:51:00	Captain Fly
3641	CATARINA RAMOS	14768	F	SenF	1:03:16	1:02:37	Correr Lisboa
3642	MARCO ERNESTO	13433	M	Vet1M	1:03:16	58:00:00	The Neighbours
3643	CATARINA CARDOSO	13434	F	SenF	1:03:16	58:02:00	The Neighbours
3644	CARLOS ALBERTO MORAIS ROSA ROSA	13913	M	Vet4M	1:03:16	59:04:00	Individual
3645	DULCE SILVA	12545	F	Vet2F	1:03:17	1:02:34	
3646	SANDRA BATISTA	13761	F	Vet2F	1:03:17	1:02:49	Correr Lisboa
3647	VANDA COVAS	10263	F	SenF	1:03:17	1:02:38	2x1
3648	INÉS BASTOS	16203	F	Vet3F	1:03:17	1:02:28	
3649	RICARDO PAIVA	16205	M	Vet2M	1:03:17	1:02:28	
3650	PEDRO LEIRIA	13281	M	Vet3M	1:03:18	1:01:38	
3651	NUNO SILVA	14662	M	SenM	1:03:18	1:01:49	
3652	VITOR MORGADO	13782	M	Vet1M	1:03:19	1:01:58	Casa Benfica Seixal

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3653	MARCO FELICIANO	14962	M	Vet1M	1:03:19	1:00:24	Team Roda Encravada
3654	DIOGO SANTOS	16055	M	SenM	1:03:19	1:02:59	
3655	RUI FERREIRA	14963	M	SenM	1:03:19	1:00:28	Team Roda Encravada
3656	BRUNO BELO	16391	M	SenM	1:03:20	59:23:00	Hospital da Luz
3657	PATRICIA PIRES	12131	F	SenF	1:03:20	59:35:00	
3658	INÊS GONÇALVES	15907	F	SenF	1:03:20	59:35:00	
3659	LUÍS ANASTÁCIO	16385	M	SenM	1:03:20	59:24:00	Hospital da Luz
3660	LUÍS ROSÁRIO	12869	M	Vet2M	1:03:22	1:02:50	
3661	ANTONIO PEDRO RODRIGUES	13574	M	SenM	1:03:22	1:02:57	FCK Runners
3662	MARGARIDA TELLO DA GAMA	16128	F	SenF	1:03:22	52:44:00	
3663	ANDREIA MIRANDA	10192	F	SenF	1:03:24	1:00:19	Sport Arronches e Benfica
3664	HELDER SANTOS	12133	M	Vet1M	1:03:24	1:01:40	Correr Lisboa
3665	PAULO GONÇALVES	14712	M	Vet3M	1:03:24	1:01:41	
3666	RUI BONIFÁCIO	12993	M	Vet4M	1:03:25	1:01:58	Juventude Vidigalense
3667	JOÃO MELO	12328	M	Vet2M	1:03:25	56:17:00	
3668	MÁRIO MARTINS	10908	M	Vet1M	1:03:25	59:43:00	
3669	ZÉLIA PEDRO	11343	F	SenF	1:03:26	1:02:23	
3670	RUI GUERREIRO	13914	M	Vet2M	1:03:26	59:49:00	
3671	MARIO LIMEDE	13604	M	SenM	1:03:26	1:02:32	
3672	NUNO CARREIRA	13129	M	Vet1M	1:03:26	59:42:00	
3673	LUIS OSORIO	13348	M	Vet4M	1:03:27	1:01:31	ASAS NOS PES
3674	ROGÉRIO RIBEIRINHO	13612	M	Vet2M	1:03:27	1:00:06	Arrebenta Milhas
3675	DIOGO TOSCANO SANTOS	13611	M	Vet1M	1:03:28	1:00:05	Arrebenta Milhas
3676	JOÃO RITO	13019	M	Vet4M	1:03:28	59:35:00	
3677	ARTUR PIRES	15784	M	Vet1M	1:03:28	55:05:00	
3678	NUNO FERNANDES	13489	M	Vet2M	1:03:29	1:01:54	
3679	ISABEL MARTINS	14126	F	Vet2F	1:03:30	1:00:26	
3680	JOAO SILVA	13080	M	Vet3M	1:03:30	1:00:43	
3681	LUÍS AFONSO	13029	M	Vet4M	1:03:31	1:00:21	
3682	SOFIA MENDES	14979	F	SenF	1:03:32	58:15:00	
3683	RUI CARVALHO	14978	M	SenM	1:03:32	58:14:00	
3684	SARA DOMINGUES	15715	F	SenF	1:03:32	1:02:20	
3685	LUÍS DAMIÃO	17931	M	Vet1M	1:03:32	59:55:00	Boxe SLB
3686	PETRA MATIAS	16410	F	SenF	1:03:32	1:02:06	Hospital da Luz
3687	HÉLDER REIS	11838	M	Vet1M	1:03:32	1:02:51	Os Brutos do Xangai
3688	FERNANDO MARTINS	15237	M	Vet3M	1:03:33	1:01:26	
3689	JOÃO RAMALHINHO	15760	M	SenM	1:03:34	53:05:00	Gordos e rebeldes
3690	CARLA MARTINIANO	12201	F	SenF	1:03:35	1:03:04	Grupo Barraqueiro
3691	HÉLIO COSTA	16014	M	Vet1M	1:03:36	53:08:00	Gordos e rebeldes
3692	ANA FERNANDES	16542	F	Vet3F	1:03:36	1:03:29	Colaboradores SLB
3693	JOÃO MOTA	12003	M	SenM	1:03:37	1:01:33	
3694	ÂNGELA BANDEIRAS	12258	F	SenF	1:03:37	57:19:00	
3695	RUI ALMEIDA	14066	M	SenM	1:03:37	59:19:00	
3696	MATILDE MIRANDA	15361	F	Vet1F	1:03:37	1:03:26	Gloriosos

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3697	FREDERICO FERREIRA	17987	M	SenM	1:03:37	59:23:00	
3698	INÊS PINHO	15812	F	SenF	1:03:38	1:03:23	
3699	DIOGO PATA	12259	M	SenM	1:03:38	57:20:00	
3700	MÁRIO SILVA	17532	M	Vet5M	1:03:38	57:07:00	
3701	BEATRIZ FERNANDES	16552	F	Vet2F	1:03:38	1:01:28	Colaboradores SLB
3702	MARIA TAVARES	13620	F	Vet3F	1:03:39	1:02:53	As Primeiras
3703	JOANA MORGADO MORIM	11768	F	SenF	1:03:39	1:01:34	CLUBE COLABORADORES AGEAS
3704	MÁRCIO BASÍLIO	15895	M	SenM	1:03:40	52:55:00	AD IALBAX
3705	RUI FERREIRA	12808	M	Vet3M	1:03:40	59:48:00	Onda Team
3706	MANUEL FERREIRA	12810	M	Vet3M	1:03:40	59:45:00	ONDA TEAM
3707	ROSA OLIVEIRA	13946	F	Vet3F	1:03:40	1:01:56	G.D.S.Sebastião da Freguesia de Canha
3708	DAVID SABINO	11693	M	SenM	1:03:41	1:01:19	
3709	ISAURA VIEIRA	11429	F	SenF	1:03:41	1:01:31	Viemos todos
3710	MARIBEL SILVA	15469	F	Vet3F	1:03:41	1:02:24	
3711	RENATO FONTE	12019	M	SenM	1:03:42	1:00:48	Team Roda Encravada
3712	JORGE AMORIM	12026	M	SenM	1:03:42	1:00:46	Team Roda Encravada
3713	JOAO CARDOSO	16063	M	SenM	1:03:43	1:03:33	
3714	FILIPE VIEGAS	12397	M	SenM	1:03:44	1:01:43	
3715	SERGIO PEDRO	14976	M	Vet1M	1:03:44	1:01:41	
3716	PEDRO SILVA	17878	M	SenM	1:03:44	59:41:00	
3717	NUNO VICENTE	10823	M	Vet1M	1:03:46	1:01:43	
3718	NUNO LOPES	16044	M	SenM	1:03:47	57:15:00	Grupo do Tinder
3719	RICARDO BASSO	12040	M	Vet1M	1:03:47	59:54:00	
3720	LUÍS TEXUGO	13376	M	SenM	1:03:49	1:02:03	
3721	RODRIGO CORDEIRO	14813	M	SenM	1:03:50	1:00:57	Huawei Portugal
3722	LUIS SANTOS	11716	M	SenM	1:03:51	1:01:15	Já Foste
3723	SERGIO PINHEIRO	11718	M	Vet1M	1:03:52	1:01:15	Já Foste
3724	CARLOS HENRIQUES	13536	M	Vet2M	1:03:52	1:01:59	
3725	PAULA SILVA	12148	F	Vet1F	1:03:52	1:00:21	
3726	ANTÓNIO VIEIRA	11431	M	Vet3M	1:03:52	1:01:42	Viemos todos
3727	ALEXANDRE DOMINGUES	13684	F	Vet2F	1:03:52	1:01:56	
3728	MARCO PALATINO	10658	M	Vet1M	1:03:53	1:00:56	
3729	EMANUEL BEIJINHA	10698	M	SenM	1:03:54	1:00:56	
3730	LUIS CLAUDIO	15790	M	Vet2M	1:03:54	1:00:56	
3731	DAVID ADRIÃO	10600	M	SenM	1:03:54	1:00:57	
3732	ARTUR LOPES	12660	M	Vet3M	1:03:54	1:02:42	
3733	VALTER MARQUES GONCALVES	15193	M	SenM	1:03:54	59:52:00	
3734	NUNO MIGUEL RODRIGUES	15871	M	Vet1M	1:03:54	1:00:25	Cruz de pau
3735	FILIPE TREMOÇO	13639	M	SenM	1:03:55	58:45:00	
3736	MIGUEL SILVA	14818	M	Vet2M	1:03:55	1:03:20	Laborspirit
3737	DUARTE GODINHO	11226	M	SenM	1:03:55	1:01:52	
3738	SERGIO DOMINGUES	14820	M	Vet2M	1:03:55	1:03:22	Laborspirit
3739	ARNALDO FRADE	14893	M	Vet3M	1:03:56	1:03:17	
3740	NUNO OLIVEIRA	14111	M	SenM	1:03:56	1:00:19	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3741	BRUNO VINTÉM	12147	M	SenM	1:03:56	55:47:00	Pontével a Mexer
3742	JOSÉ PYRRAIT	17948	M	SenM	1:03:56	56:53:00	
3743	MIGUEL OLIVEIRA	11705	M	Vet2M	1:03:56	1:01:04	
3744	JOÃO GOUVEIA	12301	M	SenM	1:03:56	1:00:40	
3745	JOÃO FARINHA	12034	M	SenM	1:03:57	1:00:15	
3746	ANTÓNIO BOTELHO	13638	M	SenM	1:03:57	58:47:00	
3747	NUNO POMBO	11888	M	Vet1M	1:03:59	1:00:09	
3748	DIOGO SILVA	14605	M	SenM	1:03:59	1:00:39	Condor
3749	FILIPE RODRIGUES	14936	M	Vet1M	1:04:00	1:00:10	
3750	FRANCISCO MANUEL CASCALHAIS	11236	M	SenM	1:04:00	1:00:32	
3751	EDUARDO RODRIGUES DE JESUS	16488	M	Vet2M	1:04:00	1:03:08	Central de Cerveja
3752	SONIA GODINHO	13773	F	Vet1F	1:04:00	1:03:06	correr Loures
3753	PEDRO FERNANDES	15736	M	SenM	1:04:01	1:01:58	TABAQUEIRA
3754	MARTINA ANTUNES	13237	F	SenF	1:04:01	1:02:27	Metralhas do Oeste
3755	MARIA CUNHA	10668	F	Vet3F	1:04:02	1:02:09	ASAS NOS PÉS
3756	LUIS RODRIGUES DE JESUS	16489	M	Vet1M	1:04:03	1:03:11	Central de Cerveja
3757	TIAGO GANDARA	16430	M	SenM	1:04:03	1:02:27	Colaboradores SLB
3758	ESTELA GONÇALVES	14142	F	Vet1F	1:04:03	1:03:13	
3759	SÍLVIA FERREIRA	11012	F	SenF	1:04:04	1:03:52	
3760	HUGO DUARTE	12931	M	SenM	1:04:04	1:03:52	BENFIT
3761	VITOR PEREIRA	13873	M	Vet1M	1:04:04	1:03:09	
3762	JOÃO BOTELHO	15270	M	Vet1M	1:04:04	59:08:00	
3763	JOÃO CORREIA BOTELHO	11332	M	Vet1M	1:04:05	59:09:00	
3764	ANA PEREIRA	12573	F	SenF	1:04:06	1:02:26	Run for Friends
3765	LILIANA AGOSTINHO	13771	F	SenF	1:04:07	1:01:04	
3766	FERNANDO MOITINHO	14959	M	SenM	1:04:08	1:00:38	OutSystems
3767	PAULO BAILÃO	14786	M	Vet2M	1:04:09	1:01:24	SS CGD
3768	LIDIA BAILÃO	14783	F	Vet2F	1:04:09	1:01:25	SS CGD
3769	FRANCISCO MANUEL CASCALHAIS	11233	M	Vet2M	1:04:09	1:00:43	
3770	JAIME SEITA	11235	M	Vet5M	1:04:09	1:00:43	
3771	ANA BARROCA	11824	F	Vet2F	1:04:10	1:03:33	#passoapasso-runners Pontével
3772	DINA AGOSTINHO	11919	F	Vet1F	1:04:10	1:03:33	#passoapasso-runners Pontével
3773	PATINHAS CRUZ	16053	M	Vet1M	1:04:10	55:07:00	Sport Arronches e Benfica
3774	LUIS SILVA	11566	M	Vet2M	1:04:10	1:04:10	SS CGD
3775	RITA CHOCALHINHO	14789	F	SenF	1:04:10	1:01:25	SS CGD
3776	CRISTIANA ALMEIDA	14788	F	Vet3F	1:04:10	1:01:26	SS CGD
3777	ADELIA CABRAL	11322	F	SenF	1:04:10	1:04:10	SS CGD
3778	HUGO CAVACAS	10438	M	SenM	1:04:10	1:02:42	
3779	PEDRO NETO	12825	M	SenM	1:04:10	1:03:26	
3780	LUIS LEITÃO	11158	M	SenM	1:04:11	1:03:31	Os Filhos da Noite
3781	BRUNO CAIADO	11418	M	SenM	1:04:11	1:03:44	
3782	JOÃO MIRANDA	14494	M	SenM	1:04:12	1:00:14	Casa Benfica Torres Vedras
3783	JORGE SOARES ALBERGARIA	13386	M	Vet3M	1:04:13	1:03:29	SL Benfica
3784	LUÍS BORDALO E SÁ	13650	M	SenM	1:04:13	1:01:23	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3785	MONICA SANTOS	12667	F	SenF	1:04:14	1:01:08	
3786	MANUEL RIBEIRO	12465	M	Vet5M	1:04:14	1:01:45	
3787	SAMUEL TEIXEIRA	12666	M	SenM	1:04:14	1:01:08	
3788	RODRIGO COUTINHO	14955	M	Vet1M	1:04:14	1:00:45	OutSystems
3789	JOSÉ FRANCISCO DE REGA	15966	M	Vet3M	1:04:15	57:57:00	
3790	JOSÉ MANUEL M. C. A. CONCEIÇÃO	11593	M	Vet1M	1:04:15	1:01:26	
3791	TIAGO ALMEIDA	10843	M	SenM	1:04:15	1:03:37	
3792	PAULO QUEIROZ	13709	M	Vet2M	1:04:15	59:45:00	
3793	ANABELA MARTINS DE SOUSA MIRANDA	14587	F	Vet2F	1:04:15	1:02:32	ACAPO-DL
3794	NELSON JOSÉ VASCONCELOS PORTINHA	14597	M	Vet1M	1:04:15	1:02:32	ACAPO-DL
3795	CARLA NASCIMENTO	16054	F	SenF	1:04:16	1:04:10	Clube Ferroviário de Portugal
3796	NUNO RODRIGUES	11482	M	SenM	1:04:16	1:00:29	
3797	ANA VENCES	17941	F	SenF	1:04:16	57:54:00	
3798	CARLOS MARTINS	17514	M	Vet3M	1:04:17	1:03:09	
3799	MIGUEL CATARINO	15381	M	SenM	1:04:19	1:00:20	
3800	HUGO DIAS	17962	M	SenM	1:04:19	57:04:00	
3801	MARCO MARQUES	13399	M	Vet1M	1:04:20	1:01:16	Caldas corre +
3802	MÁRIO PEREIRA	11478	M	Vet2M	1:04:20	1:03:36	DreamTeam
3803	PAULA CALADO	16485	F	Vet1F	1:04:21	1:02:13	Central de Cerveja
3804	DIANA MARQUES	16487	F	SenF	1:04:21	1:02:14	Central de Cerveja
3805	MARIA MOURA	15265	F	Vet1F	1:04:22	1:04:15	Maria mOura
3806	VANDA COELHO	15652	F	SenF	1:04:22	58:12:00	LINCES DE MONTEMOR
3807	JOÃO FARÓIA	11684	M	SenM	1:04:22	59:52:00	
3808	JOEL COITO	11416	M	SenM	1:04:22	1:00:04	
3809	VALTER RAMOS	10475	M	SenM	1:04:23	1:04:02	Rundamn!
3810	FAVELINA SANTOS	10339	F	Vet1F	1:04:23	58:19:00	Tartarugas Solidarias
3811	JAIME MACHADO	16117	M	SenM	1:04:23	57:53:00	Jaime Machado
3812	PEDRO FERREIRA	11868	M	SenM	1:04:24	59:33:00	Serviços Sociais Montepio
3813	DÉBORA ALMEIDA	10476	F	SenF	1:04:24	1:04:04	Rundamn!
3814	ANDREIA COSTA	15802	F	Vet1F	1:04:24	57:03:00	Tartarugas Solidárias
3815	JORGE MOREIRA	13747	M	Vet4M	1:04:25	58:52:00	NUCLEO DESPORTIVO AUTOCOOPE
3816	PAULO SARMENTO	14311	M	Vet1M	1:04:25	1:03:13	Coimbra Trail Running
3817	NUNO MARTINS	13456	M	Vet2M	1:04:25	1:03:14	Coimbra trailruning
3818	ARTUR JORGE ANDRADE	11204	M	Vet1M	1:04:25	1:03:51	
3819	CATARINA AFONSO	13205	F	SenF	1:04:26	1:03:51	
3820	ÂNGELA BRITO	12242	F	Vet3F	1:04:26	1:00:48	
3821	JOÃO VICENTE	11144	M	Vet1M	1:04:27	1:02:24	
3822	RICARDO FERNANDES	11281	M	Vet4M	1:04:27	1:04:03	Clube Novo Banco
3823	JOSÉ GERALDES	13586	M	Vet5M	1:04:28	1:02:27	
3824	LUÍS CUSTÓDIA	14817	M	Vet2M	1:04:28	1:00:25	
3825	PAULA MARTINS	11572	F	SenF	1:04:28	55:20:00	SS CGD
3826	JORGE RODRIGUES	15011	M	Vet3M	1:04:29	1:00:26	
3827	JOAO JANEIRO	17877	M	JunM	1:04:29	1:00:26	
3828	MÔNICA VENTURA	13165	F	SenF	1:04:30	1:03:33	CLAC - Entroncamento

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3829	FERNANDO GONÇALVES	11741	M	SenM	1:04:30	59:46:00	
3830	NUNO ALVES	15855	M	Vet2M	1:04:30	1:02:04	CASA DO BENFICA CONDEIXA
3831	PEDRO PALRÃO	16251	M	Vet3M	1:04:31	57:14:00	
3832	TIAGO NASCIMENTO	11044	M	Vet1M	1:04:31	1:03:51	
3833	Mª MADALENA TEIXEIRA	12136	F	Vet3F	1:04:31	1:03:24	
3834	JOANA RODRIGUES	14462	F	SenF	1:04:32	1:03:33	NOSOutRun
3835	ANA SILVA	12850	F	SenF	1:04:33	1:01:11	Tratas
3836	CRISTINA PITA	11248	F	SenF	1:04:33	1:01:10	
3837	PAULO MOURA	10890	M	SenM	1:04:33	1:01:33	
3838	RUI MACHADO	10223	M	Vet4M	1:04:33	1:03:45	Run&Smile
3839	ANTONIO SILVA	10892	M	SenM	1:04:33	1:01:31	
3840	ADRIANA SANTOS	12190	F	SenF	1:04:34	1:02:55	
3841	JORGE MARTINS	15240	M	Vet2M	1:04:34	1:02:02	
3842	CLAUDIA MATOS	14522	F	SenF	1:04:34	1:01:15	Casa Benfica Seixal
3843	RITA LOPES	12282	F	SenF	1:04:34	1:02:03	GDCTINCM
3844	ANDREIA SANTOS	12191	F	SenF	1:04:34	1:02:56	
3845	MANUEL BARROS	11050	M	Vet5M	1:04:35	1:03:48	
3846	FILOMENA PEDRA	13506	F	Vet1F	1:04:35	1:02:57	BE IN SHAPE
3847	MARTIM GALRINHO	16758	M	JunM	1:04:36	58:37:00	PACERS
3848	PATRICIA RAMOS	13508	F	SenF	1:04:36	1:02:58	BE IN SHAPE
3849	JOAO GOMES	12415	M	Vet2M	1:04:36	1:00:18	
3850	RICARDO SILVA	16761	M	JunM	1:04:36	58:37:00	PACERS
3851	PEDRO TEMUDO	10767	M	Vet1M	1:04:36	1:04:02	
3852	BRUNO COSTA	13263	M	SenM	1:04:37	1:01:24	
3853	JOSÉ EDUARDO SILVA	10184	M	Vet3M	1:04:38	1:02:30	Autoas Runners
3854	SUSANA MENDES	16515	F	SenF	1:04:38	1:03:37	Hospital da Luz
3855	ANA NEVES	13238	F	SenF	1:04:38	1:00:45	
3856	BRUNO FILIPE MARTINS	10480	M	Vet1M	1:04:38	1:03:26	Faneca Running
3857	JOAO NETA	10676	M	SenM	1:04:39	1:03:20	
3858	VITOR ESCARIA	12939	M	Vet2M	1:04:39	1:01:11	Escaria&friends
3859	DANIEL NETO	10515	M	SenM	1:04:39	1:02:07	
3860	PEDRO FERREIRA	11003	M	SenM	1:04:39	1:01:07	
3861	JOÃO VIEIRA	16004	M	SenM	1:04:40	1:01:08	
3862	MARIA JOAO SIMOES	10568	F	Vet2F	1:04:40	1:04:31	
3863	MIGUEL REIS LOPES	16261	M	SenM	1:04:41	1:01:38	
3864	JOSÉ GIL	12902	M	Vet2M	1:04:41	1:02:09	
3865	NELSON FERREIRA	12990	M	SenM	1:04:42	1:03:40	Ferreira
3866	JOHANNA HIETALA	17964	F	SenF	1:04:42	57:19:00	
3867	DIOGO GAIVOTO	14732	M	SenM	1:04:42	1:00:50	Somos Disto
3868	LUIS PINTO	11014	M	Vet1M	1:04:42	56:57:00	
3869	PAULO SERRA	14197	M	Vet1M	1:04:42	1:03:00	Serralharia Agostinho Duarte, Lda
3870	SARA OLIVEIRA	13297	F	SenF	1:04:43	1:01:18	
3871	CESAR FUNDO	11805	M	SenM	1:04:43	56:53:00	Clube EDP Lisboa
3872	NUNO JORGE JACINTO MASCULINO	12682	M	Vet1M	1:04:43	1:01:35	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3873	RUI MARQUES	11035	M	Vet1M	1:04:43	1:01:00	
3874	PEDRO HENRIQUES	12881	M	SenM	1:04:44	57:33:00	
3875	ENIO PINHO	13850	M	Vet3M	1:04:44	1:04:39	
3876	VANDA CORREIA	11732	F	Vet2F	1:04:45	1:04:32	
3877	RUI MIRANDA	11731	M	SenM	1:04:46	1:04:34	
3878	LIGIA SOFIA	15445	F	SenF	1:04:46	1:03:30	
3879	RITA CORREIA	10356	F	SenF	1:04:47	1:02:20	
3880	JULIO SILVA	14438	M	Vet4M	1:04:47	1:02:06	TECNAGAS
3881	GONÇALO NUNES	13958	M	SenM	1:04:47	1:03:02	G.D.S.Sebastião da Freguesia de Canha
3882	JULIANA PINHEIRAL	11420	F	SenF	1:04:48	1:03:06	Os Galgos de Tancos
3883	CRISTINA GUERREIRO	15928	F	Vet2F	1:04:48	56:26:00	Mexe-Te Mo
3884	RUI COSTA	11911	M	Vet3M	1:04:48	1:03:30	
3885	GUSTAVO COSTA	11912	M	SenM	1:04:48	1:03:29	
3886	SERGIO BORRALHEIRA	15506	M	Vet1M	1:04:49	1:04:33	AzarujaBTT
3887	MARTA MENDES	15817	F	SenF	1:04:49	1:04:19	Consulai
3888	EDUARDO GARCIA	15819	F	SenF	1:04:49	1:04:20	Consulai
3889	PEDRO SANTOS	15818	M	Vet1M	1:04:49	1:04:19	Consulai
3890	MARIO SILVA	14101	M	SenM	1:04:49	1:03:42	Ganha Dores
3891	PAULO MARQUES	15891	M	Vet1M	1:04:50	1:01:34	Marques
3892	JOSÉ FELISBERTO	14561	M	Vet4M	1:04:50	1:01:23	
3893	HUGO COSTA	14562	M	SenM	1:04:50	1:01:24	
3894	MÓNICA ALEXANDRA MARTINS MIRA	13665	F	SenF	1:04:50	1:00:42	
3895	MIGUEL CASTRO	15620	M	SenM	1:04:50	56:46:00	
3896	TELMO CASIMIRO	16313	M	SenM	1:04:51	1:01:33	
3897	HUGO RALHA	16314	M	Vet1M	1:04:51	1:01:33	
3898	CÉLIA SILVA	13159	F	Vet1F	1:04:51	57:57:00	CLAC - Entroncamento
3899	JOÃO MIGUEL MATOS	13655	M	SenM	1:04:52	1:04:16	
3900	MARIANA BRÍZIDO	13656	F	SenF	1:04:52	1:04:16	
3901	MARGARIDA BRÍZIDO	13654	F	SenF	1:04:52	1:04:17	
3902	FERNANDO MARTINS	11653	M	SenM	1:04:53	53:46:00	
3903	ANA LÚCIA CHATILLON	11149	F	SenF	1:04:53	1:03:36	
3904	JOAO ALVES	10483	M	Vet2M	1:04:54	1:01:33	
3905	RUI CARVALHO	16727	M	SenM	1:04:54	1:01:19	Colaboradores SLB
3906	DANIEL CONCEIÇÃO	11438	M	Vet3M	1:04:54	1:04:20	N. A. PAPAGAIOS DE CASCAIS
3907	HELDER MOTA	16271	M	SenM	1:04:54	1:01:18	
3908	ACACIO LOPES	11489	M	Vet3M	1:04:54	1:04:41	
3909	LUIS COSTA	13223	M	Vet2M	1:04:55	1:04:41	
3910	RUI RAPOSO	11468	M	Vet3M	1:04:56	1:02:54	
3911	DUARTE TEIXEIRA	10039	M	SenM	1:04:57	55:37:00	Hitachi Vantara
3912	PEDRO VINHAS RODRIGUES	15590	M	Vet1M	1:04:57	58:23:00	
3913	CARLOS RODRIGUES	16219	M	Vet2M	1:04:57	1:01:48	Grupo Marcha e Corrida Jamor
3914	RUI LOPES	12897	M	Vet1M	1:04:58	1:03:46	
3915	HENRIQUE CAPELAS	11851	M	SenM	1:04:58	58:14:00	
3916	SUSANA SANTOS	12071	F	SenF	1:04:58	58:14:00	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3917	JOÃO SOUSA	13682	M	SenM	1:04:58	1:04:33	
3918	FRANCISCO FERREIRA	15832	M	Vet1M	1:04:59	58:45:00	
3919	SUSANA OLIVEIRA	16284	F	Vet1F	1:04:59	1:04:52	
3920	JOÃO FERNANDES	15402	M	Vet3M	1:04:59	1:03:40	Casa Benfica Seixal
3921	ANDREIA CASTRO	16098	F	SenF	1:04:59	1:04:35	
3922	FREDERICO SILVA	12591	M	SenM	1:05:00	1:03:06	
3923	LUÍS PEDRO	14181	M	Vet1M	1:05:00	1:04:06	
3924	PEDRO SÁ	13881	M	SenM	1:05:00	1:02:18	
3925	JOAO FELIX	10211	M	SenM	1:05:01	1:03:50	
3926	JOÃO FORTES	16620	M	SenM	1:05:01	1:04:01	Colaboradores SLB
3927	SERGIO PEREIRA	11452	M	Vet1M	1:05:02	1:03:04	
3928	PEDRO COELHO	13246	M	Vet1M	1:05:02	1:00:37	Captain Fly
3929	INÊS SILVA	12592	F	SenF	1:05:02	1:03:08	
3930	SHAHIN MAMADEUSSENE	13453	M	SenM	1:05:03	1:00:43	Benfica em Forma
3931	EMANUEL DA SILVA	11264	M	SenM	1:05:03	1:00:02	
3932	ANTÓNIO FERNANDES	12712	M	Vet4M	1:05:03	1:02:54	Grupo Alegre Unido Bajouca
3933	CECILIA RIBEIRO	14055	F	Vet2F	1:05:03	1:03:40	Mucifalense
3934	BRUNO DOMINGOS	10810	M	SenM	1:05:04	1:01:44	
3935	RICARDO FREIRE	10956	M	SenM	1:05:05	1:04:08	
3936	FILIPE SILVA	10957	M	SenM	1:05:05	1:04:08	
3937	SÓNIA NOBRE	12453	F	Vet2F	1:05:05	1:04:30	DXC
3938	JOÃO DAVIM	12853	M	SenM	1:05:06	1:02:51	
3939	CARLOS CLARO	15853	M	Vet5M	1:05:06	1:02:31	CASA DO BENFICA CONDEIXA
3940	RUI FERREIRA	12118	M	Vet3M	1:05:07	1:02:08	
3941	JOÃO CANAS	14897	M	SenM	1:05:07	1:04:05	Solera Runners
3942	CLAUDIA MATOS	12829	F	SenF	1:05:09	1:00:56	Run Forrest Run
3943	XANA FILIPE	11284	M	Vet2M	1:05:09	58:29:00	Clube Novo Banco
3944	SANDRA COELHO	16735	F	SenF	1:05:09	1:01:35	Colaboradores SLB
3945	PAULO BELO CAMPOS	15465	M	SenM	1:05:10	1:03:27	
3946	MARIO SANTO	15372	M	SenM	1:05:10	1:01:33	
3947	CARLOS LAVRADOR	10222	M	Vet3M	1:05:10	1:04:22	Run&Smile
3948	NUNO FRAGOSO	11046	M	Vet1M	1:05:10	57:42:00	
3949	CESAR PEREIRA	15513	M	SenM	1:05:11	1:02:00	
3950	JORGE PINA PINTO	13802	M	Vet5M	1:05:12	1:03:53	Afis/Ovar
3951	RUI ROCHA	14117	M	Vet1M	1:05:12	1:04:20	
3952	RICARDOCARLA COSTA	15949	F	SenF	1:05:13	58:24:00	
3953	CLAUDIA PIMENTEL	17572	F	SenF	1:05:13	58:02:00	
3954	MARCO SANTOS	14826	M	SenM	1:05:14	1:03:31	
3955	HUGO BATISTA	11370	M	SenM	1:05:15	1:03:32	
3956	RITA FERREIRA	12119	F	SenF	1:05:15	1:02:17	
3957	LAURA MEDINA	15880	F	Vet1F	1:05:15	1:03:43	
3958	LUIS LUCAS	13615	M	SenM	1:05:15	1:00:24	
3959	LUÍS MARTINS	13077	M	SenM	1:05:16	1:00:25	
3960	RICARDO CHAINHO	15212	M	SenM	1:05:17	1:00:20	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
3961	JOAQUIM VENTURA	13167	M	Vet5M	1:05:17	1:04:19	CLAC - Entroncamento
3962	JOSÉ ARTUR BARREIROS	10343	M	Vet2M	1:05:18	1:01:40	
3963	RUI BOGALHO	12240	M	Vet2M	1:05:19	1:00:37	Chitas de Alcobaça
3964	MAGDA CARVALHO	12246	F	Vet1F	1:05:19	1:00:37	Chitas de Alcobaça
3965	ISABEL RODRIGUES	16126	F	Vet2F	1:05:20	1:02:56	Renault
3966	LUIS CARVALHO	13292	M	Vet2M	1:05:20	1:00:07	
3967	JOÃO AFONSO	12144	M	SenM	1:05:21	1:02:56	CATA
3968	JOÃO GONÇALVES	13652	M	Vet1M	1:05:21	1:02:28	JONAS TEAM
3969	JOÃO FILIPE BRITO	13653	M	JunM	1:05:21	1:02:28	JONAS TEAM
3970	MIGUEL PEREIRA	10317	M	SenM	1:05:21	1:03:18	
3971	PAULO DUARTE	10239	M	Vet2M	1:05:22	58:05:00	Galgos Audazes
3972	NAZARÉ SAIMEIRA	12809	F	Vet2F	1:05:22	1:01:27	ONDA TEAM
3973	ELIZABETE FERREIRA	12817	F	Vet2F	1:05:22	1:01:28	ONDA TEam
3974	JOÃO LOURENÇO	13412	M	Vet2M	1:05:23	1:02:34	
3975	NUNO MARCOS	13674	M	SenM	1:05:23	1:03:47	
3976	ANA RAIMUNDO	13675	F	SenF	1:05:23	1:03:47	
3977	MARIA SILVA	11161	F	SenF	1:05:23	1:05:12	
3978	MARIA SILVA	11162	F	SenF	1:05:24	1:05:12	
3979	PAULO BROTAS PINTO	12905	M	Vet3M	1:05:24	1:02:49	
3980	TIAGO PERALTA	11163	M	SenM	1:05:24	55:49:00	
3981	FRANCISCO FERRO	13785	M	Vet5M	1:05:25	1:02:07	Casa Benfica Seixal
3982	FERNANDA SANTOS	15732	M	SenM	1:05:25	1:01:45	TABAQUEIRA
3983	LUÍS MORAIS	11241	M	SenM	1:05:25	1:00:29	Sport ISEG e Benfica
3984	JOÃO LOPES	14047	M	Vet3M	1:05:26	1:02:28	Casa do Benfica em Algueirão Mem Martins-Sintra
3985	JOAQUIM MARTINS	12234	M	Vet3M	1:05:27	1:04:56	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
3986	RAQUEL FERRADOR	10486	F	SenF	1:05:27	1:01:51	
3987	BRUNO FERREIRA	12461	M	SenM	1:05:27	1:03:59	Clube Brisa
3988	ORLANDO RAMOS	12463	M	SenM	1:05:27	1:04:00	Clube Brisa
3989	MARIO RAPOSO	12462	M	SenM	1:05:28	1:04:00	Clube Brisa
3990	ANDRÉ BAETA	10612	M	JunM	1:05:28	1:03:55	Duarte Club
3991	JOÃO PAULO NUNES GODINHO DOMINGUES	13683	M	Vet1M	1:05:30	1:03:34	
3992	FRANCISCO ROQUE	14193	M	Vet5M	1:05:30	1:04:59	INDIVIDUAL
3993	PAULA REGALADO	14489	F	Vet3F	1:05:30	1:04:01	Afis/Ovar
3994	CARLOS PINTO SANTOS	15185	M	JunM	1:05:30	1:01:14	Borrego Engenharia
3995	ELISABETE ASSUNÇÃO	13797	F	SenF	1:05:30	1:04:01	Afis/Ovar
3996	RUI CATARINO	10981	M	SenM	1:05:31	1:01:53	
3997	DANIEL LEITÃO	11094	M	SenM	1:05:31	1:02:22	
3998	INÊS BARROSO	10787	F	SenF	1:05:32	1:02:13	
3999	PEDRO FONTE	10786	M	SenM	1:05:32	1:02:12	
4000	CÁTIA RANGEL	15706	F	SenF	1:05:32	1:02:30	
4001	RICARDO FERREIRA	13301	M	Vet1M	1:05:32	1:04:25	Garcia Runners
4002	JOSÉ CARLOS NUNES	13382	M	Vet4M	1:05:32	1:01:18	
4003	JOSE BARROSO	15562	M	Vet4M	1:05:35	58:29:00	
4004	NUNO SOUSA	10393	M	Vet1M	1:05:35	1:00:52	ELES e ELAS

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4005	FÁBIO SOUSA	14873	M	SenM	1:05:36	1:01:22	
4006	PEDRO PEREIRA	12039	M	Vet2M	1:05:37	1:04:41	
4007	LUIS SILVA	12111	M	Vet3M	1:05:38	1:05:23	
4008	JOSE PEREIRA	15796	M	SenM	1:05:38	57:55:00	Desciplos de Roxxa
4009	RUTE HENRIQUES	12153	F	SenF	1:05:38	1:04:42	
4010	CUSTODIO ATALHO	13254	M	Vet1M	1:05:39	1:02:32	Las Rojas
4011	RUTE SOARES	11515	F	SenF	1:05:39	1:04:18	Auto luis
4012	HEITOR MANUEL SANTOS	10953	M	Vet2M	1:05:39	56:32:00	
4013	CARLA MOTA	13926	F	Vet1F	1:05:40	1:03:14	
4014	CARLOS PIRES	16458	M	Vet3M	1:05:40	1:04:46	Central de Cerveja
4015	MANUEL GOMES	12896	M	SenM	1:05:40	1:03:16	
4016	LUIS COELHO	14707	M	Vet2M	1:05:40	1:05:16	
4017	DANIELA PASCOAL	12895	F	SenF	1:05:41	1:03:16	
4018	MARTA TAVARES	17900	F	SenF	1:05:41	1:01:48	
4019	FLÁVIO LUCAS	12411	M	SenM	1:05:42	58:04:00	
4020	JOÃO VELOSO	12751	M	SenM	1:05:42	1:01:25	
4021	PEDRO MOTA	11308	M	SenM	1:05:42	1:03:23	Clube Novo Banco
4022	MARTA DINIS	11506	F	Vet1F	1:05:42	57:28:00	Nel-Pédatlleta
4023	JOÃO SIMÕES	10581	M	SenM	1:05:43	1:03:58	
4024	JOANA GAROUPA	15972	F	Vet1F	1:05:43	1:02:44	Silva
4025	CATARINA MACHADO	10400	F	SenF	1:05:43	1:04:19	
4026	SÉRGIO ESTANQUEIRO	11648	M	SenM	1:05:44	59:18:00	
4027	INÊS COLAÇO	10833	F	SenF	1:05:45	1:05:39	
4028	NUNO PIMENTEL	11933	M	Vet1M	1:05:45	1:02:57	Palmeiras Running Team
4029	ANDRÉ FREITAS	13516	M	Vet1M	1:05:46	59:26:00	
4030	TIAGO SANTOS LIMA	14906	M	Vet3M	1:05:46	1:02:01	Coca-Cola
4031	DANIEL EUGENIO	15865	M	SenM	1:05:46	1:01:52	
4032	SANDRO PERES	11503	M	SenM	1:05:47	1:03:57	
4033	ANTONIO PARREIRA	11016	M	SenM	1:05:47	1:04:30	
4034	MIGUEL PALMA	11017	M	SenM	1:05:47	1:04:29	
4035	FREDERICO FERREIRA	11628	M	SenM	1:05:48	1:04:46	Zimbra Fox Runners
4036	JOÃO CASTRO	12095	M	Vet1M	1:05:48	1:04:19	
4037	INÊS SILVA	14694	F	SenF	1:05:48	1:01:11	
4038	MIGUEL ALVES	13636	M	SenM	1:05:48	1:01:11	
4039	RUBEN RIBEIRO	10936	M	SenM	1:05:48	1:02:10	
4040	RICARDO MARTINS	13543	M	Vet1M	1:05:49	1:02:10	
4041	JOAQUIM MELO	14930	M	Vet3M	1:05:50	1:05:35	
4042	GUILHERME BRITO	14039	M	SenM	1:05:50	1:04:59	
4043	NUNO SABINO	11713	M	Vet1M	1:05:50	1:03:38	
4044	MARTA AGOSTINHO	17920	F	SenF	1:05:50	1:03:39	
4045	NUNO PEREIRA	12068	M	SenM	1:05:51	1:04:24	NATURA MINDE
4046	RICARDO FERREIRA	11977	M	SenM	1:05:51	1:03:35	Serviços Sociais Montepio
4047	MARCO SOUSA	12398	M	SenM	1:05:51	1:04:25	Os Fincadas U.R.D.Juncalense
4048	RUBEN SILVEIRA	17918	M	SenM	1:05:51	1:02:51	Urbanos

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4049	MARIANA SEQUEIRA	13096	F	Vet3F	1:05:52	1:04:37	evelx
4050	JOÃO TIAGO MARTINS	12668	M	SenM	1:05:52	1:01:53	Em rata lovers
4051	BEATRIZ NOGUEIRA	14322	F	SenF	1:05:52	1:02:01	
4052	NUNO MOREIRA	15553	M	Vet2M	1:05:52	56:56:00	Moreira
4053	DIOGO ALVES	13931	M	SenM	1:05:53	1:01:54	Emrata Lovers
4054	PEDRO MATOS	13908	M	SenM	1:05:53	1:00:50	
4055	IVANNA ZEMBA	12637	F	SenF	1:05:53	1:04:55	
4056	ANA MARIA CARVALHO RIBEIRO	11659	F	Vet2F	1:05:53	1:05:45	Correr Lisboa
4057	ANETT ACSAI	11966	F	SenF	1:05:54	1:03:36	Adidas runners Budapest
4058	ALTINO SILVA	13303	M	Vet5M	1:05:55	1:02:57	casa do pessoal do iva
4059	JOÃO CASTRO	16059	M	SenM	1:05:55	59:29:00	
4060	JOÃO NOGUEIRA	14320	M	Vet5M	1:05:56	1:02:05	
4061	JOÃO PEREIRA	14350	M	SenM	1:05:56	1:05:41	Clube Desportivo Ribeiense
4062	EDGAR MULIANO	16167	M	Vet1M	1:05:57	1:05:41	Clube Desportivo Ribeiense
4063	PAULO FIGUEIREDO	16698	M	SenM	1:05:58	1:04:22	Colaboradores SLB
4064	JEAN RAFAEL	14103	M	SenM	1:05:58	1:02:53	
4065	NUNO JOSE	13155	M	Vet1M	1:05:58	1:02:54	
4066	NUNO CRUZ	13044	M	SenM	1:05:58	1:02:53	
4067	SÉRGIO TIAGO	16172	M	Vet1M	1:05:59	1:05:13	
4068	CARMEN SANTOS	14603	F	SenF	1:05:59	1:02:16	
4069	GONÇALO HENRIQUES	13081	M	SenM	1:06:00	58:58:00	RunningÓdependentes
4070	JOÃO PEREIRA	11895	M	Vet2M	1:06:00	1:03:12	
4071	CARLOS FIALHO	12378	M	Vet2M	1:06:01	1:01:20	Benecar Runners
4072	ADRIANO ZAMBUJEIRO	10303	M	Vet1M	1:06:02	58:32:00	Anselminho Runners
4073	SERGIO SANTOS	15569	M	Vet1M	1:06:03	57:04:00	
4074	JOSÉ MARTINS	16254	M	Vet5M	1:06:04	1:05:01	Palpites e Teorias
4075	MARISA SERRA	16174	F	Vet2F	1:06:05	58:35:00	Anselminho Runners
4076	HUGO CUNHA	11798	M	Vet1M	1:06:06	1:04:47	
4077	LUIS BAPTISTA	11092	M	Vet1M	1:06:06	1:04:48	
4078	PEDRO REIS	10877	M	Vet2M	1:06:06	1:04:05	Engiminid
4079	PEDRO GIL GAMEIRO	15998	M	SenM	1:06:07	1:04:04	
4080	MANUEL BAPTISTA	12047	M	Vet3M	1:06:07	1:03:27	SS CGD
4081	JOAQUIM PIRES	14612	M	Vet2M	1:06:08	1:05:12	
4082	NUNO MARTINS	11483	M	SenM	1:06:09	1:02:22	
4083	PEDRO CURVEIRA	11525	M	Vet4M	1:06:09	1:05:42	
4084	FERNANDO RODRIGUES	15305	M	Vet1M	1:06:09	1:03:25	PANQUECAS
4085	MÁRIO SANTOS	16294	M	Vet2M	1:06:10	1:05:17	
4086	JOANA CARVALHAL	16491	F	SenF	1:06:10	1:00:55	Hospital da Luz
4087	ELSA SOARES	16146	F	SenF	1:06:11	53:46:00	Individual
4088	RUI LOPES	11898	M	Vet1M	1:06:11	1:02:55	
4089	PATRÍCIA ANDRADE	15233	F	SenF	1:06:13	1:04:48	Fronteira Running
4090	ARLETE COSTA FERREIRA FERREIRA	12720	F	Vet1F	1:06:13	1:03:46	
4091	LETICIA SILVA	13961	F	Vet3F	1:06:13	1:04:49	Fronteira Running ACF
4092	HÉLIO BRUNO	10062	M	SenM	1:06:14	56:41:00	Peniche a Correr

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4093	RUI CARRIÇO	11839	M	SenM	1:06:14	1:02:00	
4094	ANDRÉ PINTO	17557	M	SenM	1:06:14	59:24:00	Caldas Corre +
4095	ISABEL MAGALHÃES	13065	F	Vet3F	1:06:14	1:05:14	Gym2010
4096	CHRISTIAN LUWISCH	17552	M	Vet2M	1:06:14	1:03:47	
4097	TÂNIA VEIGA	13236	F	Vet1F	1:06:15	1:04:44	
4098	ANDREIA FARIAS	13235	F	SenF	1:06:15	1:04:45	
4099	WILSON REIS	15614	M	Vet1M	1:06:16	56:32:00	Escola de Atletismo do Montijo-A.F.D.D
4100	GABRIEL LOURENÇO	14961	M	Vet1M	1:06:17	1:03:19	Team Roda Encravada
4101	FILIPE SIMÃO	12451	M	Vet1M	1:06:17	1:01:36	Sossego/Bica do Bairro
4102	MARCO REBELO	12377	M	Vet1M	1:06:17	1:01:38	Benecar Runners
4103	ANDREIA CARDADOR	15061	F	SenF	1:06:17	1:01:21	Mo Farah de pegões
4104	ANTÓNIO SAIOTE	15085	M	Vet1M	1:06:17	1:01:21	
4105	ANTÓNIO FIGUEIREDO	11802	M	Vet4M	1:06:17	58:28:00	Clube EDP Lisboa
4106	ALBINO RESENDE	15655	M	Vet5M	1:06:18	1:00:16	
4107	NUNO CABANAS	14907	M	Vet2M	1:06:18	1:01:50	CABANAS RUNNING
4108	NUNO SILVA	16679	M	Vet1M	1:06:18	1:04:57	Colaboradores SLB
4109	ALEXANDRE SILVA	16536	M	SenM	1:06:19	1:04:59	Colaboradores SLB
4110	VIRGÍLIO LOPES	16446	M	SenM	1:06:20	1:05:00	Colaboradores SLB
4111	VITOR TAVARES	10457	M	Vet2M	1:06:20	1:04:20	
4112	HENRIQUE MOUTA	11338	M	SenM	1:06:20	1:04:18	SS CGD
4113	GONÇALO REGO	14993	M	SenM	1:06:20	1:01:53	
4114	RICARDO MACHADO	16057	M	Vet1M	1:06:20	55:56:00	
4115	MARIA EMILIA MARIA	10781	F	Vet3F	1:06:21	1:06:05	
4116	JORGE ABRANTES	16234	M	SenM	1:06:21	1:02:17	
4117	FILIPE SANTOS	16238	M	SenM	1:06:21	1:02:17	
4118	DIOGO GIRALDES	16235	M	SenM	1:06:21	1:02:17	
4119	FLÁVIO PEREIRA	11534	M	SenM	1:06:21	1:03:15	
4120	JOANA FITAS	11535	F	SenF	1:06:22	1:03:16	
4121	LUÍS TRINDADE	15142	M	Vet1M	1:06:22	56:23:00	Cilnet
4122	NUNO FRANCISCO	15225	M	Vet1M	1:06:22	1:04:30	
4123	SÓNIA ANDRADE	12351	F	Vet1F	1:06:22	1:06:02	CCD CRÉDITO AGRÍCOLA MÚTUO
4124	HÉLIO SILVA	13648	M	SenM	1:06:22	1:02:48	Silva
4125	JOAO FREIRE	17974	M	SenM	1:06:23	58:18:00	
4126	SÓNIA MONTEIRO	14285	F	Vet1F	1:06:23	1:04:06	Ac Batalha
4127	RUI COSTA	12355	M	Vet4M	1:06:23	1:03:40	
4128	ISABEL VIEIRA	13526	F	Vet3F	1:06:23	1:06:14	OS MATAS
4129	JOSÉ FERNANDO FIALHO	11408	M	SenM	1:06:24	1:02:37	Casa Benfica de Moura
4130	ANDRE BEJINHA	17959	M	SenM	1:06:24	1:02:37	
4131	RUI CASIMIRO	13042	M	Vet1M	1:06:24	1:04:52	
4132	LUIS DAMIÃO	15385	M	Vet2M	1:06:24	1:05:34	
4133	CÉLIA SIMÕES	13272	F	Vet1F	1:06:25	1:01:47	TudoEu.com
4134	HUMBERTO CORREIA	13748	M	Vet3M	1:06:25	1:04:48	MUCLEO DESPORTIVO AUTOCOOPE
4135	MARIANA ENES	15191	F	JunF	1:06:25	1:05:15	GUERIN
4136	BRUNO RODRIGUES RIBEIRO	11761	M	SenM	1:06:25	1:03:22	CLUBE COLABORADORES AGEAS

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4137	ANABELA BORDALO	10245	F	Vet2F	1:06:25	1:01:47	AACR
4138	HUGO ENES	15190	M	Vet1M	1:06:26	1:05:15	GUERIN
4139	TIAGO OLIVEIRA	14772	M	SenM	1:06:26	1:02:15	
4140	ODÍLIA PEREIRA	16295	F	Vet2F	1:06:26	1:05:04	
4141	VASCO TRINDADE	17947	M	SenM	1:06:26	59:24:00	
4142	LUIS COIMBRA	14856	M	Vet2M	1:06:27	1:05:16	
4143	SWEETY GOVINDJI	13016	F	SenF	1:06:28	1:03:43	
4144	IÚRI TEIXEIRA	10854	M	SenM	1:06:28	1:05:55	
4145	MOISÉS FERNANDES	11294	M	Vet2M	1:06:28	1:03:25	Clube Novo Banco
4146	MIGUEL CALDAS	11458	M	Vet3M	1:06:29	59:17:00	
4147	LUÍS TORRADINHAS	16122	M	SenM	1:06:29	1:03:28	
4148	RENATO PALMA	10259	M	SenM	1:06:29	1:02:45	
4149	RAQUEL MORTE	10177	F	SenF	1:06:30	1:03:53	
4150	ANA GOIOS	10178	F	SenF	1:06:30	1:03:53	
4151	MIGUEL GUILHERME	16079	M	SenM	1:06:30	1:00:14	
4152	ANTÓNIO ROSA	13365	M	Vet4M	1:06:30	1:02:57	Casa Benfica em Alpiarça
4153	DIOGO MORGADO	12572	M	SenM	1:06:31	1:04:51	Run for Friends
4154	BEATRIZ LOURERIO	11611	F	SenF	1:06:31	1:04:24	
4155	BRUNO FERREIRA	10307	M	Vet1M	1:06:31	1:06:30	
4156	SANDRA CARDOSO	15170	F	SenF	1:06:32	1:03:28	Revista Mística
4157	RICARDO CALDEIRA	15914	M	SenM	1:06:32	58:32:00	
4158	SAMUEL RAMOS	11523	M	SenM	1:06:33	1:04:33	
4159	PAULO ALVES	10514	M	Vet1M	1:06:33	59:11:00	
4160	DOMINGOS FAUSTINO	10139	M	Vet2M	1:06:33	1:04:12	STCP Runners
4161	FÁTIMA AZEVEDO	10141	F	Vet2F	1:06:33	1:04:12	STCP Runners
4162	PATRÍCIA ROMÃO	12952	F	SenF	1:06:34	1:03:51	
4163	DIOGO FERREIRA	14631	M	SenM	1:06:34	1:01:05	Rio-Frio SLB
4164	PAULO RODRIGUES	10273	M	SenM	1:06:35	1:03:16	
4165	ADELAIDE PALMA	16112	F	Vet2F	1:06:36	59:51:00	
4166	INÉS AGOSTINHO	12431	F	SenF	1:06:36	1:06:33	
4167	JOÃO VICENTE	11742	M	SenM	1:06:37	1:02:14	
4168	CARLA PEREIRA	14716	F	Vet2F	1:06:38	1:01:21	
4169	RAQUEL FIGUEIREDO	15637	F	SenF	1:06:38	59:16:00	Figueiredos!
4170	BRUNO SILVA	15911	M	Vet1M	1:06:38	56:36:00	
4171	ABEL FIGUEIREDO	15636	M	Vet5M	1:06:38	59:16:00	Figueiredos!
4172	TAM AFONSO	11081	M	Vet5M	1:06:38	1:04:15	TACLUBE
4173	CESAR GUERRA	12645	M	Vet2M	1:06:39	1:04:33	CJL
4174	CARLOS SARAFIM	10528	M	SenM	1:06:39	1:01:26	GD-SBSI
4175	BRUNO REBELO	10619	M	SenM	1:06:40	1:05:56	Até à meia noite é dia!
4176	NÍDIA MARTINS	17515	F	SenF	1:06:40	1:05:32	
4177	CARLOS MIRANDA	10621	M	SenM	1:06:40	1:05:57	Até à meia noite é dia!
4178	PEDRO REIS	10236	M	SenM	1:06:40	1:05:57	
4179	NÍDIA AGOSTINHO	16397	F	SenF	1:06:40	1:05:18	Hospital da Luz
4180	ALEXANDRA ABREU	16366	M	SenM	1:06:42	1:05:17	Hospital da Luz

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4181	PEDRO SOUSA	16372	M	SenM	1:06:42	1:05:17	Hospital da Luz
4182	SOFIA SANTOS	16513	F	SenF	1:06:42	1:01:30	Hospital da Luz
4183	RAFAEL LOPEZ	17804	M	Vet1M	1:06:42	58:00:00	
4184	MIGUEL ANGELO	11570	M	Vet1M	1:06:42	1:02:57	SS CGD
4185	VÂNIA FERREIRA	10260	F	SenF	1:06:42	1:02:58	
4186	CARLOS SILVA	13699	M	Vet2M	1:06:42	1:02:29	
4187	CARLOS LOPES	15764	M	SenM	1:06:44	1:00:05	
4188	ANTONIO BRAGA	10513	M	Vet5M	1:06:45	1:06:30	(individual)
4189	RAFAEL PIRES	13686	M	SenM	1:06:45	1:00:22	Manilhas
4190	JOÃO MADALENO	13310	M	JunM	1:06:46	1:02:49	
4191	JOÃO LEITÃO	16120	M	SenM	1:06:46	1:03:31	
4192	JOÃO MADALENO	13309	M	Vet2M	1:06:46	1:02:50	
4193	JÚLIA ALVES	15651	F	Vet2F	1:06:47	58:11:00	LINCES DE MONTEMOR
4194	PAULO SILVA	15634	M	Vet1M	1:06:47	1:02:13	
4195	MAURA BOUÇA	16669	F	SenF	1:06:47	1:02:14	Colaboradores SLB
4196	NUNO SARAIVA	14446	M	Vet1M	1:06:48	1:04:48	
4197	MARIA JOÃO MARIA ALVES	10533	F	Vet1F	1:06:48	1:03:57	GD-SBSI
4198	FERNANDO DIAS	16108	M	SenM	1:06:49	59:41:00	
4199	JOANA CARMO	14251	F	SenF	1:06:50	1:04:22	
4200	EDUARDO GONÇALVES	12352	M	Vet5M	1:06:51	1:05:51	Run for Friends
4201	MARCO SOARES	11986	M	SenM	1:06:52	1:05:58	
4202	NELSON PINHO	13857	M	Vet2M	1:06:52	1:03:24	
4203	ALEXANDRE BENTO	15968	M	Vet4M	1:06:52	58:25:00	
4204	MARCO NEVES	11869	M	SenM	1:06:53	1:02:02	Serviços Sociais Montepio
4205	LUÍS SANTOS	13460	M	SenM	1:06:53	1:06:13	
4206	FILIPE ÉVORA	13677	M	SenM	1:06:53	1:06:13	
4207	TITO FERREIRA	14636	M	SenM	1:06:54	1:03:37	
4208	ANA SIMÕES	14637	M	SenM	1:06:54	1:03:38	
4209	GONÇALO FEIJÃO	17548	M	SenM	1:06:54	1:01:36	
4210	JESSICA RODRIGUES	17549	F	SenF	1:06:54	1:01:38	
4211	EDGAR GONÇALVES	11532	M	SenM	1:06:55	1:03:06	
4212	VANESSA MARTINS	12184	F	SenF	1:06:56	1:03:16	
4213	CARLOS LOPES	11861	M	Vet5M	1:06:56	1:03:17	
4214	SOFIA SILVA	11862	F	SenF	1:06:56	1:03:16	
4215	ALEXANDRA SOUSA	16534	F	SenF	1:06:56	1:03:18	Colaboradores SLB
4216	JOÃO COLAÇO	16747	M	SenM	1:06:57	1:05:19	Colaboradores SLB
4217	MÁRIO ALVES	15946	M	SenM	1:06:57	59:25:00	
4218	ANA LIMA	10945	F	SenF	1:06:57	1:05:35	
4219	SUSANA TOM	14428	F	Vet2F	1:06:58	1:05:50	
4220	LUÍS BATISTA	13313	M	Vet3M	1:06:58	1:04:14	
4221	LUIS MORAIS	14427	M	Vet2M	1:06:58	1:05:49	
4222	ROSA CORREIA	11410	F	Vet1F	1:06:58	1:03:58	Viriathvs Runners Viseu
4223	IRENE MELO	11108	F	Vet1F	1:06:59	1:03:58	VIRIATHVS RUNNERS VISEU
4224	SANDRA GONÇALVES	11352	F	SenF	1:06:59	1:04:37	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4225	TIAGO PINTO	15475	M	SenM	1:06:59	1:03:07	MOC TEAM
4226	PEDRO SARRASQUEIRO	11667	M	SenM	1:07:00	1:05:24	GDCT Unicre
4227	ANGELO BELCHIOR	15476	M	SenM	1:07:01	1:03:09	MOC TEAM
4228	ALEXANDER DUMONT	11459	M	SenM	1:07:01	1:02:38	
4229	JOSÉ BRITES	14675	M	Vet1M	1:07:02	1:03:21	Associação O Companheiro
4230	TIAGO FERREIRA	11597	M	SenM	1:07:02	1:02:38	
4231	ANDRÉ SILVA	15622	M	SenM	1:07:02	1:00:28	Jazzy Life Club
4232	TERESA REIS	17825	F	Vet1F	1:07:02	1:06:08	Correr Loures
4233	ALEXANDRA PAULA COSTA MACHADO	16315	F	Vet3F	1:07:03	1:03:40	
4234	AUGUSTO VERÍSSIMO	15160	M	Vet2M	1:07:03	1:01:06	
4235	LUIS MALTEZ	13625	M	SenM	1:07:03	1:02:12	
4236	ISABEL RIOS	14404	F	Vet3F	1:07:04	1:06:08	FORÇA NA CANELA ESPINHO
4237	JOÃO BISCAIA	10988	M	SenM	1:07:05	1:03:50	Team Seaside
4238	RICARDO DIAS	12692	M	SenM	1:07:05	1:03:40	
4239	VICTOR ROSADO	12693	M	SenM	1:07:05	1:03:40	
4240	CARLOS MARINHO	12694	M	SenM	1:07:06	1:03:41	
4241	CARLOS CORREIA	15018	M	Vet5M	1:07:06	1:05:55	
4242	CÁTIA GAUDÊNCIO	16359	F	SenF	1:07:07	1:06:05	Hospital da Luz
4243	TIAGO NOBRE	16344	M	Vet2M	1:07:07	1:04:00	Hospital da Luz
4244	MOISÉS PIRES	15019	M	Vet3M	1:07:07	1:05:56	
4245	ANA FANECA	12786	F	Vet2F	1:07:08	1:02:53	Futebolês Benfica da Nazaré
4246	ANTÓNIO NASCIMENTO	12277	M	Vet5M	1:07:08	1:06:33	
4247	PEDRO FÉLIX	16702	M	Vet1M	1:07:09	1:06:24	Colaboradores SLB
4248	NUNO MOURA	12214	M	SenM	1:07:09	1:04:53	
4249	VITOR RODRIGUES	11365	M	Vet2M	1:07:10	1:04:52	
4250	FERNANDO FRAGATEIRO	12011	M	Vet4M	1:07:10	1:04:12	GDC PORTOS DE SINES E DO ALGARVE
4251	PEDRO MARÇAL	17578	M	SenM	1:07:10	1:04:53	Serviços Sociais RSB/Jacinto
4252	NUNO GRANDÃO	12622	M	Vet2M	1:07:10	1:01:54	
4253	MARTA SARAIVA	17925	F	SenF	1:07:12	1:03:20	
4254	FILIPA FADISTA	11961	F	SenF	1:07:12	1:06:35	#suntory_goal
4255	TIAGO FERREIRA	15933	M	SenM	1:07:13	1:06:55	
4256	MARIA FADISTA	11962	F	SenF	1:07:13	1:06:35	#suntory_goal
4257	VIRGÍLIO CANDEIAS	15786	M	SenM	1:07:13	56:23:00	
4258	NUNO SETÚBAL	11960	M	SenM	1:07:13	1:06:35	#suntory_goal
4259	DOMINGOS MARTINS	14647	M	Vet5M	1:07:13	1:06:08	Individual
4260	DANIELA DIAS	13059	F	SenF	1:07:14	1:05:47	
4261	JOÃO MARQUES	13058	M	SenM	1:07:14	1:05:47	
4262	ANTÓNIO GÓIS	17520	M	Vet3M	1:07:15	1:07:05	
4263	RICARDO FONSECA	13304	M	Vet1M	1:07:15	1:04:19	casa do pessoal do iva
4264	HELENA FONSECA	13305	F	SenF	1:07:15	1:04:19	casa do pessoal do iva
4265	JOÃO LÚCIO	13474	M	SenM	1:07:15	1:02:39	
4266	ANGELA FERREIRA	12991	F	SenF	1:07:15	1:05:48	salvaterra night runners
4267	RODRIGO PEREIRA	10895	M	Vet1M	1:07:17	1:05:34	
4268	ANA PEREIRA	15499	F	Vet1F	1:07:17	1:06:28	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4269	LUIS MURILHAS	15778	M	SenM	1:07:17	57:58:00	
4270	ALEXANDRE TEIXEIRA	13572	M	JunM	1:07:18	1:03:02	
4271	BRUNO SANTOS	13527	M	SenM	1:07:18	1:06:24	
4272	PATRICIA SANTOS	13528	M	SenM	1:07:18	1:06:24	
4273	VASCO BELO	14617	M	SenM	1:07:19	1:06:28	
4274	FERNANDO MARTINS CORREIA	14779	M	Vet3M	1:07:19	1:06:28	
4275	PEDRO SILVA	12620	M	SenM	1:07:19	1:03:36	Lisbon South Bay Running Club
4276	MARTA CASTRO	14872	F	SenF	1:07:20	1:03:08	Junta de Freguesia de Carnide
4277	LUÍS PEREIRA	12982	M	SenM	1:07:21	1:02:26	
4278	LUIS FURA	12365	M	SenM	1:07:21	1:02:28	
4279	ANTÓNIO RIBEIRO	11371	M	SenM	1:07:21	1:05:38	
4280	GRACINDA MARTINS	16097	F	Vet3F	1:07:22	1:04:06	
4281	DANIELA SIMÃO	14607	F	SenF	1:07:22	1:04:07	
4282	ANA LOPES	10633	F	Vet1F	1:07:22	1:06:23	
4283	DULCE MARCOS	15197	F	Vet1F	1:07:23	1:05:41	URBANOS 1
4284	FILIPA SANTOS	12552	F	SenF	1:07:23	1:04:41	VFCE
4285	MÓNICA QUARENTA	15194	F	Vet1F	1:07:23	1:05:42	URBANOS 1
4286	ANA TONELO	10491	F	SenF	1:07:24	1:05:40	
4287	ANTÓNIO PEREIRA	11533	M	Vet2M	1:07:24	58:24:00	VIRIATHVS RUNNERS
4288	RODOLFO FONSECA	12294	M	SenM	1:07:24	1:02:10	
4289	JOÃO FUMEGA	10931	M	SenM	1:07:25	1:04:45	MM Runners
4290	IZILDA LOURENÇO	12678	F	Vet2F	1:07:26	1:07:17	Correr Lisboa
4291	GASPAR COUTINHO	10623	M	SenM	1:07:26	1:06:27	
4292	NELSON JORGE	10693	M	Vet1M	1:07:26	1:06:17	
4293	JOAO SANTOS	13049	M	Vet4M	1:07:27	1:03:06	
4294	JUDITE MARIA BASILIO	10477	F	Vet3F	1:07:27	1:05:54	
4295	VERA LOURO	11129	F	SenF	1:07:28	1:06:08	RUN AS WE SPEAK
4296	PEDRO NAMORA	11127	M	SenM	1:07:28	1:06:08	RUN AS WE SPEAK
4297	FREDERICO BATISTA	14773	M	SenM	1:07:28	1:03:14	
4298	ALEXANDRE ROBALO	14138	M	SenM	1:07:29	1:06:05	Ozendo
4299	JOÃO CORDEIRO	10831	M	Vet1M	1:07:30	1:05:19	
4300	PEDRO MIGUEL GUERREIRO SILVA	13136	M	SenM	1:07:31	59:16:00	Sai da Frente
4301	ANDREIA MADEIRA	12555	F	SenF	1:07:31	1:02:17	Correr para a Vitória
4302	HÉLIO GODINHO	16075	M	Vet5M	1:07:32	59:30:00	CASA DO BENFICA EM ABRANTES
4303	RUI PASSOS	17988	M	Vet1M	1:07:33	1:00:23	
4304	PEDRO RIBEIRO	10149	M	SenM	1:07:33	1:04:29	RUN 4 FUN
4305	PEDRO VILELA	10979	M	SenM	1:07:34	1:06:12	
4306	GONÇALO DUARTE	10977	M	Vet1M	1:07:34	1:06:13	
4307	CUSTÓDIO QUIBINA	14212	M	SenM	1:07:34	1:05:10	Sporting Clube de Casainhos
4308	RUI SANTOS	11944	M	SenM	1:07:35	1:06:36	
4309	FILIPE COELHO	13355	M	SenM	1:07:36	1:05:25	
4310	MARIANA VALENTE	13320	F	SenF	1:07:36	1:02:32	
4311	ANTÓNIO ABRANTES	10295	M	Vet5M	1:07:36	1:06:20	Balhelhas
4312	DAVID MECA	12872	M	SenM	1:07:37	1:03:12	Fortaleza SLB

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4313	RICARDO VALENTIM	10868	M	SenM	1:07:37	1:04:36	
4314	SUSANA FERREIRA	16425	F	SenF	1:07:37	1:04:04	Colaboradores SLB
4315	LUIS VITORINO	13102	M	SenM	1:07:39	59:51:00	NewYearRunners
4316	CAROLINA CORDEIRO	15322	F	JunF	1:07:40	1:05:42	Junta de Freguesia de Benfica
4317	INÊS REIS PINTO	12934	F	SenF	1:07:40	1:05:23	
4318	JOEL COELHO	13505	M	Vet2M	1:07:41	1:02:58	Chitas de Alcobaça
4319	MARIA COELHO	13500	F	JunF	1:07:41	1:02:59	Maria Coelho
4320	JOAO BAJOUCO	10815	M	SenM	1:07:41	1:02:59	Chitas de Alcobaça
4321	FRANCISCO SARRASQUEIRO	11728	M	Vet5M	1:07:41	1:06:05	
4322	TIAGO RAMOS	10840	M	SenM	1:07:42	1:02:59	Chitas de Alcobaça
4323	PEDRO OLIVEIRA	13076	M	SenM	1:07:42	1:04:16	
4324	HERLANDER FERREIRA	11942	M	SenM	1:07:42	1:05:46	
4325	JOÃO M VITORINO	12923	M	SenM	1:07:43	1:03:10	
4326	JOÃO A VITORINO	12925	M	Vet3M	1:07:43	1:03:10	João António
4327	MADALENA VITORINO	12924	F	Vet3F	1:07:43	1:03:11	
4328	SOFIA MENDES	15610	F	Vet1F	1:07:43	1:05:44	4 ao Km
4329	JOÃO MARTINS	14149	M	SenM	1:07:44	1:04:39	
4330	RUI FALÉ	15789	M	SenM	1:07:44	1:00:35	
4331	VICTOR FRANCO	11914	M	Vet5M	1:07:44	59:08:00	Individual
4332	MARIA JOAO POTE	13936	F	Vet1F	1:07:44	1:04:22	
4333	NUNO ROCHA	13937	M	Vet1M	1:07:44	1:04:22	
4334	PEDRO SANTOS	14263	M	SenM	1:07:45	1:03:16	Os Penta
4335	BRUNO MARCELINO	12116	M	SenM	1:07:45	1:04:22	Trilhos Nocturnos Team
4336	PAULO GASPAR	13701	M	Vet1M	1:07:45	1:06:32	BTTrupe/ADCPereiro
4337	JOÃO MOTA	14235	M	SenM	1:07:46	1:03:40	
4338	MIGUEL REIS	10682	M	Vet1M	1:07:46	1:07:21	Reis Team
4339	BRUNO FERREIRA	11242	M	SenM	1:07:46	1:02:50	Sport ISEG e Benfica
4340	DAVID FERNANDES	15910	M	SenM	1:07:47	59:26:00	A Correr Por Ti
4341	VASCO FERREIRA	15807	M	Vet1M	1:07:48	1:06:24	
4342	CLÁUDIO CASARES	14262	M	SenM	1:07:49	1:03:20	Os Penta
4343	PAULO CORREIA	10575	M	Vet1M	1:07:49	1:04:03	
4344	MARCO VIDO	14656	M	SenM	1:07:49	1:03:22	
4345	SUSANA MONTEIRO	15799	F	SenF	1:07:50	1:01:49	
4346	LARA SIMONS	10828	F	SenF	1:07:51	1:07:25	
4347	CATARINA LEITE	15905	F	SenF	1:07:51	1:05:45	
4348	MARIO RODRIGUES	10764	M	Vet2M	1:07:51	1:05:50	
4349	JOSE FERNANDES	14175	M	Vet5M	1:07:51	1:04:31	
4350	NUNO VALENTE	10683	M	SenM	1:07:51	1:06:16	
4351	JOÃO PEREIRA	10562	M	Vet1M	1:07:52	1:04:06	
4352	BRAULIO BERNARDES	15533	M	SenM	1:07:53	1:04:26	
4353	FÁBIO HENRIQUE MADEIRA FERNANDES	12974	M	SenM	1:07:53	1:02:37	RUMO AO PENTA
4354	ANA CAROLINA RITO	13018	F	SenF	1:07:53	1:04:00	
4355	ISABEL MELO	11109	F	Vet1F	1:07:53	1:04:53	
4356	MÁRIO COSTA	10373	M	Vet4M	1:07:54	1:03:57	Mario Cabeleireiros

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4357	TERESA FILIPE	10723	F	Vet3F	1:07:54	1:04:52	Viriathvs Runners Viseu
4358	JOÃO COELHO	16229	M	SenM	1:07:54	1:04:08	
4359	EMILIO PEREIRA	16230	M	Vet1M	1:07:54	1:04:08	
4360	JOÃO PAULO OLIVEIRA GRAÇA OLIVA	14490	M	Vet3M	1:07:55	1:03:05	
4361	ELISABETH LOUREIRO	14211	F	Vet3F	1:07:55	1:07:55	Sporting Clube de Casainhos
4362	ÂNGELA PATRICIA FERREIRA	11244	F	SenF	1:07:56	1:04:16	
4363	RICARDO REIS	13806	M	SenM	1:07:56	1:06:18	
4364	NUNO FERNANDES	14831	M	Vet1M	1:07:56	1:03:54	
4365	RICARDO MENDONÇA	13807	M	SenM	1:07:56	1:06:19	
4366	FERNANDO GOMES	11015	M	Vet4M	1:07:56	1:05:59	
4367	JOAO ROCHA	11948	M	Vet2M	1:07:56	1:06:58	
4368	OLGA MARTINS	11714	F	Vet1F	1:07:57	1:05:20	Já Foste
4369	RITA CHURRA	15263	F	SenF	1:07:57	1:06:42	
4370	RUI GOMES	12752	M	Vet4M	1:07:57	1:03:54	VFCE
4371	LUIS VALE	12472	M	Vet5M	1:07:58	59:22:00	Monday Street Runners Viseu
4372	MARIA ALMEIDA	11715	F	SenF	1:07:59	1:05:23	Já Foste
4373	OLINDO GERALDES	10965	M	Vet5M	1:07:59	1:05:57	
4374	CARLOS GALVAO	14686	M	Vet1M	1:07:59	1:06:58	
4375	DUARTE FARIA	11717	M	SenM	1:07:59	1:05:23	Já Foste
4376	FÁBIO MOTA	13805	M	SenM	1:08:01	1:06:22	
4377	DOMINGOS ALVES	14812	M	Vet4M	1:08:01	1:04:52	
4378	ANA GOMES	16389	F	Vet1F	1:08:02	1:06:24	Hospital da Luz
4379	MÁRIO BASTARDO	10626	M	Vet1M	1:08:02	1:05:18	Haiceland Running Team
4380	RUTE FERNANDES	10030	F	Vet1F	1:08:03	1:04:58	RUN 4 FUN
4381	JOÃO NARCISO	16403	M	SenM	1:08:03	1:04:51	Hospital da Luz
4382	ISABEL SANTIAGO	13522	F	Vet3F	1:08:03	1:04:31	LisMad
4383	RUTE DIAS	10068	F	Vet2F	1:08:03	1:07:23	
4384	JOSE SANTOS	13521	M	Vet2M	1:08:04	1:04:31	LisMad
4385	JOÃO TRAVANCA	16087	M	SenM	1:08:05	57:27:00	
4386	SAMUEL FERREIRA	15213	M	Vet1M	1:08:06	1:02:20	
4387	JORGE MATOS	12556	M	Vet2M	1:08:06	59:21:00	
4388	ANA TERESA MELO	12091	F	SenF	1:08:06	1:04:04	The Running Dead
4389	RUTE RAGAGELES	13872	F	SenF	1:08:07	1:05:21	
4390	BRUNO MARTINS	14698	M	SenM	1:08:07	58:24:00	
4391	LUIS PROENÇA	17842	M	Vet2M	1:08:07	1:04:01	
4392	CASIMIRO RAMOS	14767	M	Vet4M	1:08:09	1:07:30	Caniços
4393	JOÃO ROSA	13420	M	SenM	1:08:10	1:03:43	
4394	INES MONTEIRO	10111	F	SenF	1:08:11	56:40:00	Kaninos
4395	DIOGO BARATA	11232	M	JunM	1:08:11	1:07:02	
4396	CATARINA FERREIRA	10557	F	SenF	1:08:11	1:05:16	
4397	FÁBI SIMÕES	12443	M	SenM	1:08:12	58:29:00	Grafanil Runners
4398	MANUEL GEADA	13040	F	Vet3F	1:08:12	1:06:41	
4399	PAULA GEADA	13041	F	Vet2F	1:08:12	1:06:40	
4400	RICARDO SOUSA	16276	M	SenM	1:08:12	1:05:01	Resitejo

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4401	CARLA GEADA	13039	F	SenF	1:08:12	1:06:41	
4402	BRUNO LEMOS	14204	M	Vet1M	1:08:13	1:04:59	Oficina do Rui
4403	VANESSA ROLIM	13045	F	SenF	1:08:13	1:05:07	
4404	PEDRO RAMOS	11976	M	Vet4M	1:08:14	1:06:10	Serviços Sociais Montepio
4405	ANA FIGUEIREDO	13804	F	SenF	1:08:14	1:06:44	
4406	LILIANA PINHEIRO	13803	F	SenF	1:08:14	1:06:43	Afis/Ovar
4407	ALBERTO RIBEIRO	10110	M	Vet5M	1:08:15	1:02:43	Kaninos
4408	MAURO PERNADAS	13882	M	SenM	1:08:16	1:04:39	
4409	ALEXANDRE LOURINHO	12134	M	Vet1M	1:08:16	1:04:42	
4410	REBECA LIBORIO	15877	F	SenF	1:08:17	58:49:00	
4411	DANIELA VIDINHA	15532	F	SenF	1:08:17	1:04:51	
4412	DAVID PINTO	15876	M	SenM	1:08:17	58:49:00	
4413	RODRIGO SARAIVA	16160	M	Vet1M	1:08:17	1:05:09	
4414	MARIANA SEMEDO	15996	F	SenF	1:08:17	1:03:25	
4415	ANA SOUSA	16524	F	SenF	1:08:17	1:07:14	Hospital da Luz
4416	MARTA RODRIGUES	14615	F	SenF	1:08:18	1:06:33	
4417	JORGE SOARES	15997	M	SenM	1:08:18	1:03:27	
4418	EDUARDO PESTANA	10112	M	SenM	1:08:19	1:02:45	Kaninos
4419	PEDRO SILVA	12647	M	SenM	1:08:19	1:03:25	Pássaros do Sul
4420	LUCIA GONÇALVES	10050	F	Vet1F	1:08:21	1:06:42	
4421	LUISA COSTA	10413	F	Vet2F	1:08:21	1:07:42	Quarentoes na Bisga
4422	INÊS BRITO	12243	F	SenF	1:08:21	1:04:43	
4423	ANA FILIPA ROSA SANTINHO	14202	F	SenF	1:08:22	1:08:05	Gáfeterunners
4424	RUI TEIXEIRA	10464	M	Vet1M	1:08:22	1:07:45	
4425	MARISA NUNES	14327	F	Vet2F	1:08:22	1:04:25	
4426	ROSA PRATAS	14021	F	Vet3F	1:08:22	1:06:57	Clube Ferroviário de Portugal
4427	NUNO LOUCAO	17972	M	Vet3M	1:08:23	1:04:09	
4428	RUI TEIXEIRA	14109	M	SenM	1:08:23	1:05:20	
4429	FILIPE SILVA	14329	M	JunM	1:08:23	1:04:26	
4430	FRANCISCO ANTUNES	11521	M	JunM	1:08:23	1:04:10	
4431	JOÃO PAULO LOURENÇO	16012	M	SenM	1:08:23	1:05:47	
4432	TÂNIA RODRIGUES GARCIA	11915	F	SenF	1:08:24	1:03:35	
4433	RUI MAIA	10323	M	SenM	1:08:24	59:33:00	
4434	JOÃO NUNO COELHO	12717	M	Vet2M	1:08:24	1:06:51	
4435	DIOGO DUARTE	11430	M	SenM	1:08:24	1:06:14	Viemos todos
4436	LUIS DIAS	13605	M	SenM	1:08:25	1:05:36	
4437	EMANUEL PEREIRA	13770	M	Vet1M	1:08:25	1:05:36	
4438	NUNO CHICHARRO	10217	M	Vet1M	1:08:26	1:05:25	GinaMaria Team
4439	JOSÉ MACHADO	13414	M	Vet4M	1:08:26	58:23:00	CDCR CTT
4440	BRUNO DOMINGOS	10218	M	SenM	1:08:26	1:05:25	GinaMaria Team
4441	JORGE FERNANDES	14178	M	Vet1M	1:08:26	1:07:40	MOITA SLB
4442	PATRÍCIA ALVES	15150	F	Vet1F	1:08:27	1:06:28	Junta de Freguesia de Benfica
4443	JOÃO FERREIRA	10043	M	Vet2M	1:08:27	1:07:48	GINjinha Runners
4444	LUÍS SANTOS	16043	M	SenM	1:08:27	1:01:55	Grupo do Tinder

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4445	JOANA GÂNDARA	12507	F	SenF	1:08:27	1:04:57	
4446	MANUEL CARDOSO	14862	M	Vet2M	1:08:27	1:05:10	
4447	SANDRA VIÇOSO	13707	F	SenF	1:08:29	1:06:52	Caramujo é agora
4448	LUIS CATALINO	10022	M	SenM	1:08:29	1:01:16	Ninjas do Ribatejo
4449	DINA BARROÇA	15859	F	Vet1F	1:08:29	59:58:00	CASA DO BENFICA CONDEIXA
4450	MARISA ALMEIDA	15854	F	SenF	1:08:29	59:56:00	CASA DO BENFICA CONDEIXA
4451	PATRÍCIA CONTENTE	16077	F	Vet1F	1:08:29	1:05:55	
4452	CARLOS SANTOS	15856	M	SenM	1:08:29	59:56:00	CASA DO BENFICA CONDEIXA
4453	CATARINA COSTA	16078	F	SenF	1:08:29	1:05:55	
4454	MARCO FREITAS	16032	M	Vet1M	1:08:30	1:05:55	Individual
4455	BRUNO CORREIA	12527	M	Vet1M	1:08:30	1:04:06	
4456	ORLANDO ALMEIDA	15857	M	SenM	1:08:30	59:56:00	CASA DO BENFICA CONDEIXA
4457	JOAQUIM VALENTE	13321	M	Vet5M	1:08:31	1:03:26	
4458	DIANA FIGUEIREDO	11031	F	SenF	1:08:31	1:07:58	
4459	HUMBERTO FIGUEIREDO	11167	M	Vet4M	1:08:31	1:07:59	
4460	CASIMIRO MARQUES	15890	M	Vet5M	1:08:32	1:05:16	Marques
4461	CARLOS VIEIRA	15425	M	Vet2M	1:08:33	1:07:02	
4462	MARIA AIDA ELIAS	15320	F	Vet3F	1:08:33	1:06:33	Junta de Freguesia de Benfica
4463	ISAC MENDES	13105	M	SenM	1:08:34	1:06:58	
4464	LUIS DOMINGOS	13427	M	Vet4M	1:08:34	1:06:18	
4465	ANDRÉ GONÇALVES	15482	M	SenM	1:08:35	1:04:55	A malta da mini
4466	RITA TINOCO	11126	F	SenF	1:08:35	1:04:31	
4467	FRANCISCO DRAY	11125	M	Vet1M	1:08:36	1:04:31	
4468	SUSANA BRANCO	12155	F	Vet2F	1:08:36	1:07:43	
4469	RICARDO ALVES	15484	M	Vet1M	1:08:37	1:04:56	A malta da mini
4470	SARA PIEDADE	15483	F	SenF	1:08:37	1:04:57	A malta da mini
4471	NUNO FILIPE GOMES FERREIRA	11157	M	SenM	1:08:37	1:07:19	
4472	DAVID TORRADO	13407	M	SenM	1:08:38	1:04:17	
4473	TOMÁS FERNANDES	10610	M	SenM	1:08:39	1:07:05	Duarte Club
4474	IVO JOAQUIM	10943	M	Vet2M	1:08:39	1:05:04	
4475	SAMUEL SANTOS	14257	M	SenM	1:08:39	1:03:25	
4476	RUI LOURENÇO	11119	M	SenM	1:08:40	1:05:59	
4477	LUIS FARINHA	11974	M	Vet2M	1:08:40	1:04:14	Serviços Sociais Montepio
4478	FILIPE COQUIM	12943	M	SenM	1:08:40	1:04:55	Rumo ao Penta
4479	LINDA RIBEIRO	13955	F	SenF	1:08:41	1:06:57	G.D.S.Sebastião da Freguesia de Canha
4480	PAULO PEDROSO	10973	M	Vet3M	1:08:42	1:06:45	
4481	JORGE CARVALHO	16633	M	SenM	1:08:43	1:07:18	Colaboradores SLB
4482	TERESA MARTINS	11702	F	Vet3F	1:08:43	59:33:00	SS CGD
4483	PATRÍCIA VIEGAS	15904	F	SenF	1:08:43	1:04:11	
4484	PEDRO BERNARDES	14123	M	Vet1M	1:08:45	1:05:34	
4485	LILIANA LOPES	14104	F	SenF	1:08:45	1:05:39	
4486	VITOR FRIAS	13895	M	SenM	1:08:45	1:07:01	
4487	TELMA DOMINGOS	14062	F	SenF	1:08:46	1:06:12	
4488	JOSÉ ALBERTO FERREIRA	10722	M	Vet4M	1:08:47	1:05:46	Viriathvs Runners Viseu

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4489	JOSÉ DIAS	11107	M	Vet1M	1:08:48	1:05:46	VIRIATHVS RUNNERS VISEU
4490	CLAUDIO LOURO	11794	M	SenM	1:08:50	1:05:07	LOURO
4491	MARTIM AIRES	11795	M	JunM	1:08:50	1:05:08	LOURO
4492	ANDRE NOGUEIRA	16543	M	SenM	1:08:51	1:03:50	Colaboradores SLB
4493	ANA CAROLINA MELO	12092	F	SenF	1:08:51	1:04:49	
4494	MARTA VAZ	15247	F	Vet1F	1:08:51	1:05:44	bora bora
4495	JOSÉ CASTRO	12093	M	SenM	1:08:52	1:04:50	The Running Dead
4496	FRANCISCO CORREIA	15846	M	SenM	1:08:52	58:23:00	Gordos e rebeldes
4497	PENETRA NUNO	12354	M	SenM	1:08:53	1:03:32	LS TEAM
4498	SILVESTRE BRITO	11457	M	Vet1M	1:08:53	1:05:43	
4499	SÉRGIO RODRIGUES	12371	M	SenM	1:08:53	1:03:32	LS TEAM
4500	RUI PENETRA	14964	M	SenM	1:08:53	1:03:32	Londres Arena
4501	HUGO SIMÕES	15350	M	SenM	1:08:54	1:06:02	
4502	JOSÉ ABREU	12278	M	Vet5M	1:08:54	1:08:19	GDCTINCM
4503	MIGUEL NASCIMENTO	12433	M	SenM	1:08:54	1:03:52	
4504	ERNESTO NASCIMENTO	12435	M	Vet4M	1:08:55	1:03:53	
4505	MICAELA CAIXEIRO	15295	F	SenF	1:08:56	1:07:49	
4506	RAUL MIGUEL MIRANDA AFONSO	16179	M	Vet1M	1:08:56	1:04:01	Tudoeu.com
4507	HUGO VENANCIO	11339	M	SenM	1:08:56	1:05:44	SS CGD
4508	ANTÓNIO FERNANDES	10717	M	Vet1M	1:08:56	1:04:01	Quintanilha
4509	TIAGO SOARES	16129	M	SenM	1:08:56	1:07:39	
4510	SÓNIA JÚLIO	15804	F	SenF	1:08:58	1:07:48	
4511	LINA VILELA	10430	F	SenF	1:08:59	1:08:31	Twix
4512	PEDRO MONTEIRO	10429	M	SenM	1:08:59	1:08:30	Twix
4513	ANA CARINA SILVA	15702	F	SenF	1:08:59	1:02:09	
4514	ANA COSTA	17576	F	Vet1F	1:08:59	1:01:29	
4515	BRUNO PINTO	15703	M	SenM	1:08:59	1:02:09	
4516	NUNO COMANDO	16683	M	SenM	1:09:00	1:04:56	Colaboradores SLB
4517	RICARDO MOREIRA	11240	M	SenM	1:09:02	1:04:40	Sport ISEG e Benfica
4518	JOSÉ TEIXEIRA	13573	M	Vet5M	1:09:03	1:04:48	
4519	TÂNIA ANTAS	14853	F	SenF	1:09:05	1:07:10	100 esTrilhos
4520	JOAO OLIVEIRA	17899	M	Vet4M	1:09:06	1:01:12	
4521	PAULO MACHADO	10692	M	Vet2M	1:09:06	1:05:12	Aquae Scalabis
4522	MÁRIO COELHO	16033	M	Vet3M	1:09:07	59:07:00	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SADO
4523	CRSITINA ABRANCHES	17973	F	Vet2F	1:09:07	1:04:54	
4524	PEDRO ANTUNES	10347	M	Vet2M	1:09:07	1:04:54	
4525	RICARDO LOPES	11908	M	Vet1M	1:09:08	1:07:37	Linces da Bela Vista
4526	LUÍS FERNANDES	11910	M	Vet5M	1:09:08	1:07:37	LINCES DA BELA VISTA
4527	JORGE JESUS	11270	M	Vet1M	1:09:09	1:07:11	
4528	FÁTIMA NAZARÉ	15180	F	SenF	1:09:11	1:04:09	
4529	BRUNO VICENTE	10242	M	SenM	1:09:11	1:04:09	
4530	JOANA MARTINS	16181	F	SenF	1:09:11	1:05:18	
4531	RODRIGO GUERRA	11118	M	SenM	1:09:12	1:05:41	
4532	LENIA SILVA	15814	F	Vet1F	1:09:12	58:10:00	CFBelenenses

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4533	CATARINA FERREIRA	14172	F	Vet1F	1:09:12	58:11:00	Free Runners
4534	EDUARDO CORVACHO	13693	M	SenM	1:09:13	1:05:50	
4535	JOSÉ SILVA	10315	M	Vet1M	1:09:13	1:08:08	
4536	INÊS AUGUSTO	13694	F	SenF	1:09:14	1:05:51	
4537	HUGO LOPES	16017	M	SenM	1:09:14	1:00:30	CASA DO BENFICA EM CASTELO BRANCO
4538	RUI MANUEL AFONSO VAZ	14734	M	Vet2M	1:09:14	1:07:53	
4539	FILIPE OLIVEIRA	15899	M	Vet1M	1:09:15	58:53:00	Casa do Benfica em Almodôvar
4540	MARIA DE LURDES VAZ	15851	F	Vet3F	1:09:16	1:03:53	Rotas dos Vinhos de Portugal
4541	HENRIQUETA MAJOR	15849	F	Vet3F	1:09:16	1:03:53	Rotas dos Vinhos de Portugal
4542	ADRIANA PACHECO	15648	F	Vet1F	1:09:17	1:02:43	
4543	GONÇALO BORGES	14280	M	SenM	1:09:18	1:07:02	Corinthia Team
4544	LUDMILA VAZ	11657	F	SenF	1:09:18	1:07:26	Pump Runners
4545	TIAGO PERES	13072	M	SenM	1:09:19	1:07:53	Pé de Atleta
4546	JOSÉ VALENTE	15995	M	SenM	1:09:20	1:00:05	
4547	JOAO SILVA	11965	M	Vet2M	1:09:21	1:06:32	
4548	LUIS COSTA	13844	M	Vet5M	1:09:21	1:07:52	
4549	RODRIGO VALERIO	10118	M	JunM	1:09:22	1:05:54	Casa do Benfica de Moura
4550	PAULO CAMACHO	10116	M	Vet2M	1:09:22	1:05:54	Casa do Benfica de Moura
4551	NELSON PANCAS	15737	M	SenM	1:09:22	1:09:12	TABAQUEIRA
4552	ANDRÉ PRETO	13678	M	SenM	1:09:22	1:08:59	
4553	MARTA LANÇA	15717	F	SenF	1:09:22	1:02:50	
4554	DAVID FARINHA	13181	M	SenM	1:09:23	59:42:00	
4555	BRUNO ANTÓNIO	13036	M	SenM	1:09:24	1:06:53	Run2Eat
4556	TIAGO SARAIVA	13566	M	SenM	1:09:24	1:06:41	
4557	JOSÉ PIEDADE	15548	M	Vet4M	1:09:24	1:08:07	
4558	NUNO SALEMA	13567	M	SenM	1:09:24	1:06:41	
4559	JACINTO PEREIRA	10902	M	Vet5M	1:09:25	1:00:44	Lis Running CPA
4560	SÉRGIO BENTO	12137	M	SenM	1:09:25	1:06:12	
4561	NUNO FERNANDES	12208	M	Vet1M	1:09:27	1:07:53	
4562	RITA FRANCO	15844	F	JunF	1:09:28	1:08:17	
4563	MARIA JOAO OLIVEIRA	17897	F	SenF	1:09:28	1:01:35	
4564	INÊS NOGUEIRA	16273	F	SenF	1:09:28	1:09:16	
4565	JORGE MORUJO	13335	M	Vet1M	1:09:28	1:08:34	CBCM1
4566	ALTIDE CRUZ	12969	M	Vet2M	1:09:29	1:00:21	
4567	WILLIAM ROCHA	17581	M	SenM	1:09:29	1:05:10	
4568	MARIO MOURO	11642	M	SenM	1:09:29	1:07:11	
4569	EURICO VILELA	11643	M	SenM	1:09:30	1:07:11	
4570	RAQUEL MAGALHÃES	10028	F	Vet1F	1:09:30	1:08:31	BMW Partner
4571	RITA PEDRO	12349	M	SenM	1:09:31	1:07:12	CCD CRÉDITO AGRÍCOLA MÚTUO
4572	JOÃO CARDOSO	13790	M	Vet1M	1:09:34	1:04:55	Casa Benfica Seixal
4573	RICARDO MARTINS	13900	M	SenM	1:09:34	1:04:23	
4574	ANTÓNIO BENTO	14330	M	Vet1M	1:09:34	1:07:52	
4575	MARGARIDA TEIXEIRA	10281	F	SenF	1:09:34	1:08:55	Correr Lisboa
4576	JOÃO BARATA	10282	M	SenM	1:09:34	1:08:55	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4577	MANUEL CASÇÃO	15912	M	Vet2M	1:09:34	59:33:00	
4578	CARLA LÉNIA GOUVEIA NEVES	16266	M	SenM	1:09:35	1:08:31	
4579	RUTE RODRIGUES	16465	F	SenF	1:09:35	1:05:12	Central de Cerveja
4580	TERESA ROJÃO	16368	F	SenF	1:09:35	1:08:12	Hospital da Luz
4581	JUSTILIANO SILVA	13978	M	Vet5M	1:09:36	1:05:29	FALCÕES SELVAGENS
4582	TIAGO MINEIRO	10253	M	SenM	1:09:36	1:06:02	
4583	PEDRO FERNANDES	11658	M	Vet2M	1:09:36	1:08:37	
4584	JOÃO CRUJO	13189	M	JunM	1:09:37	1:01:29	
4585	DIOGO OLIVEIRA	17573	M	SenM	1:09:37	1:04:23	
4586	ANA LÚCIA CÉSAR	16182	F	SenF	1:09:38	1:05:45	
4587	ANA VALENTE	16147	F	Vet1F	1:09:38	1:07:43	
4588	RUI LEITAO	11243	M	Vet2M	1:09:38	1:09:38	
4589	GASPAR SANTIAGO	12547	M	Vet5M	1:09:38	1:07:54	
4590	FÁBIO DIAS	11829	M	Vet2M	1:09:39	1:07:18	
4591	FERNANDO FILIPE	11302	M	Vet2M	1:09:40	1:08:57	Clube Novo Banco
4592	PEDRO COELHO	11901	M	SenM	1:09:40	1:04:26	Sabores do Paço
4593	MARIO RAMOS	11321	M	SenM	1:09:40	1:04:26	SABORES DO PACO ZATOPEQUES
4594	FRANCISCO GARCIA	13298	M	Vet5M	1:09:40	1:08:32	Garcia Runners
4595	MARIA HELENA ALEXANDRE	10686	F	Vet3F	1:09:41	1:09:09	
4596	JOSÉ MANUEL MARQUES ALEXANDRE	12797	M	Vet5M	1:09:41	1:08:46	
4597	PAULA MATOS	10748	F	Vet2F	1:09:41	1:07:36	Grupo Barraqueiro
4598	CARLOS LOPES	15406	M	Vet1M	1:09:41	1:07:36	
4599	DANIEL CANELAS	13222	M	SenM	1:09:42	1:06:06	
4600	RITA CORTEZ	11121	F	SenF	1:09:42	1:06:02	Super Lentos
4601	CARLOS MORENO	10639	M	SenM	1:09:42	1:05:34	Moreno Family
4602	SOFIA MORENO	10640	F	SenF	1:09:42	1:05:35	Moreno Family
4603	MIRIAM CARDOSO	13221	F	SenF	1:09:42	1:06:06	Paxixos
4604	NATANAEL PEREIRA PEREIRA	17898	M	SenM	1:09:43	1:01:50	
4605	DIOGO VITAL	12650	M	SenM	1:09:44	1:04:50	Pássaros do Sul
4606	RITA IGLÉSIAS	12921	F	SenF	1:09:45	1:09:05	
4607	CARLOS PEREIRA	11584	M	SenM	1:09:46	1:08:21	
4608	JOSÉ BAPTISTA	14255	M	Vet5M	1:09:46	1:08:13	
4609	PAULO RODRIGUES	15139	M	Vet1M	1:09:47	1:08:30	
4610	RUI PAIVA	11282	M	SenM	1:09:48	1:09:10	Clube Novo Banco
4611	SOPHIE SAMPAIO	13225	F	Vet1F	1:09:48	1:05:56	
4612	FÁTIMA PINHO	13830	M	SenM	1:09:49	1:09:26	
4613	CATIA MARIANO	11058	F	SenF	1:09:49	1:06:35	
4614	PEDRO GUERRA	13062	M	Vet2M	1:09:50	1:04:52	
4615	ÉRICA COSTA	16591	F	SenF	1:09:51	1:07:31	Colaboradores SLB
4616	MIGUEL CUNHA	10607	M	SenM	1:09:51	1:05:07	ELES E ELAS
4617	TIAGO REIS	16436	M	SenM	1:09:52	1:07:33	Colaboradores SLB
4618	PAULO EUSÉBIO	14885	M	Vet2M	1:09:52	1:00:25	Cruz de Pau
4619	SAMUEL JOAQUIM	11047	M	Vet5M	1:09:52	1:06:46	Benfica
4620	NUNO SANTOS	12565	M	Vet1M	1:09:54	1:07:41	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4621	SONIA SANTOS	12564	F	Vet1F	1:09:54	1:07:42	
4622	LUÍS MIGUEL CORREIA	11024	M	SenM	1:09:56	1:05:32	IncomeProdigy
4623	FRANCISCA LEITE	17981	F	Vet1F	1:09:56	1:08:30	
4624	LUIS COSTA	10412	M	Vet3M	1:09:56	1:09:17	Quarentoes na Bisga
4625	PEDRO MIGUEL DOS GERALDES	12392	M	SenM	1:09:57	1:08:30	ROFF
4626	RICARDO DURÃO	15163	M	SenM	1:09:57	1:04:00	
4627	NUNO MARTINHO	15768	M	Vet1M	1:09:58	1:07:47	
4628	BRUNO MARQUES	16559	F	SenF	1:09:58	1:08:33	Colaboradores SLB
4629	JOÃO LOURENÇO	13646	M	Vet1M	1:09:59	1:07:49	
4630	CARLA VIEIRA	12908	F	Vet1F	1:10:00	1:08:58	MindOverData
4631	MARCO COELHO	11409	M	Vet1M	1:10:00	1:09:31	
4632	RUBEN VAZ	15773	M	SenM	1:10:02	1:02:10	
4633	ISABEL GARCIA	14880	F	Vet3F	1:10:02	1:08:36	Guizo Runners
4634	RAQUEL MARTINS	11867	F	Vet1F	1:10:05	1:08:08	Mexe-Te Mó
4635	FILIPE VALENTE	11730	M	SenM	1:10:05	56:35:00	
4636	VERA SANTOS	14626	F	Vet1F	1:10:05	1:08:07	
4637	TERESA NICOLAU	10423	F	Vet3F	1:10:09	1:09:38	
4638	ROSA AFONSO	16062	F	Vet3F	1:10:09	1:07:42	CCRAM
4639	SUSANA GODINHO	10049	F	SenF	1:10:09	1:06:04	Sá e Suh
4640	JOSÉ MOITA	16080	M	Vet2M	1:10:10	1:01:11	Viriathvs Runners Viseu
4641	FLAVIO BASILIO	12455	M	Vet1M	1:10:11	1:09:36	DXC
4642	CARLOS RIJO	14145	M	Vet4M	1:10:12	58:39:00	
4643	LEONEL ALMEIDA	13013	M	Vet2M	1:10:14	1:05:13	
4644	ANA SEABRA	17504	F	Vet3F	1:10:14	1:07:46	GD-SBSI
4645	LUIS NEVES	12382	M	Vet4M	1:10:14	1:07:50	CCDTMetroLX
4646	SARA REIS	15808	F	Vet1F	1:10:16	1:09:44	
4647	PEDRO MALTEZ	13601	M	SenM	1:10:18	1:05:26	
4648	PEDRO PEÇA	10704	M	SenM	1:10:21	1:06:11	
4649	HELENA COELHO	16605	F	SenF	1:10:21	1:08:07	Colaboradores SLB
4650	JOAO CABRAL	13583	M	Vet3M	1:10:24	1:08:12	
4651	FLORBELA MORAIS	15304	F	Vet1F	1:10:25	1:07:14	Jobrinde - Montes Saloios
4652	DANIEL RAMOS	11071	M	Vet1M	1:10:25	1:07:15	Jobrinde - Montes Saloios
4653	CARLA BERNARDINO	12268	F	Vet1F	1:10:26	1:07:31	
4654	GILSON DIAS	15957	M	SenM	1:10:26	1:09:29	
4655	SÓNIA LIMA	15861	F	Vet1F	1:10:28	1:01:56	CASA DO BENFICA CONDEIXA
4656	JULIAN ANDRADE	13394	M	SenM	1:10:28	1:08:53	Link
4657	JÚLIO NETO	16009	M	Vet3M	1:10:29	1:10:06	
4658	ELIANE NETO	16010	F	Vet1F	1:10:29	1:10:06	
4659	CATARINA GOMES	10799	F	Vet1F	1:10:30	1:09:59	Catarina Gomes
4660	PEDRO SANTOS	14849	M	Vet1M	1:10:32	1:06:44	Falcões Selvagens
4661	RAQUEL ROQUE	14850	F	Vet1F	1:10:32	1:06:44	
4662	JOÃO RIBEIRO	15039	M	Vet1M	1:10:32	1:00:41	
4663	AMENIO MAXIMINO	13211	M	Vet1M	1:10:33	1:03:58	
4664	LEVI ROÇADAS	13210	M	Vet2M	1:10:33	1:03:57	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4665	CÁTIA TEIXEIRA	17547	F	SenF	1:10:34	59:55:00	
4666	JOANA SARAMAGO	16222	F	SenF	1:10:34	1:05:40	
4667	JENI BORGES	15383	F	SenF	1:10:34	1:08:30	Sri Chinmoy Marathon Team
4668	RITA ROSA	14946	F	Vet1F	1:10:35	1:08:30	Lop
4669	RUI LOPES	15454	M	Vet1M	1:10:35	1:09:09	Genius
4670	KELLY SILVA	15779	F	SenF	1:10:35	1:07:34	
4671	FRANCISCO BRITO	11877	M	Vet2M	1:10:36	1:09:43	
4672	FILIPA REIS	16024	F	Vet1F	1:10:37	1:06:41	Sunset running team
4673	RUTE SEQUEIRA	14254	F	SenF	1:10:37	1:06:41	
4674	CARLA CAETANO	15813	F	Vet1F	1:10:38	1:10:23	
4675	TIAGO FERNANDES	16048	M	SenM	1:10:39	1:00:17	
4676	FRANCISCO GOMES	17975	M	SenM	1:10:39	1:00:17	
4677	ASTA KARAVAITYTE	15378	F	Vet3F	1:10:39	1:08:36	Sri Chinmoy Marathon Team
4678	ANDRÉ TEIXEIRA	11913	M	Vet1M	1:10:40	1:06:38	ALGYMNS
4679	CLAUDIA CUSTODIO	12295	F	SenF	1:10:41	1:07:44	TEAM PISSA
4680	RUI PEDRO	13306	M	Vet5M	1:10:42	1:07:44	
4681	ANDREIA ANTUNES	15918	F	SenF	1:10:43	1:04:37	
4682	INÉS AMARAL	15752	F	SenF	1:10:43	1:04:38	
4683	MAFALDA NETO	16272	F	SenF	1:10:44	1:10:15	
4684	RICARDO ASSUNÇÃO	14375	M	SenM	1:10:44	1:01:32	TEC's RED POWER
4685	PAULA GONÇALVES	14422	F	Vet1F	1:10:45	1:09:21	
4686	JOÃO CORTES	11575	M	SenM	1:10:45	1:05:50	
4687	RICARDO FERREIRA	11037	M	SenM	1:10:47	1:07:47	
4688	JOÃO FERREIRA	10985	M	SenM	1:10:47	1:07:47	
4689	JOANA PUGA	12336	F	SenF	1:10:51	1:08:33	CCD CRÉDITO AGRÍCOLA MÚTUO
4690	JOÃO CACHINHO	10817	M	Vet5M	1:10:53	1:09:46	Kaninos
4691	ALBERTINO SANTOS	11690	M	Vet5M	1:10:53	1:10:49	
4692	CARINA QUITERES	10137	F	SenF	1:10:55	1:10:31	
4693	MARIA SILVA	16659	F	Vet3F	1:10:55	1:07:38	Colaboradores SLB
4694	HUGO PIRES	16051	M	SenM	1:10:56	1:01:16	
4695	RAFAEL MONTEIRO	10496	M	SenM	1:10:56	1:09:31	
4696	SIDÓNIA ATANÁZIO	10495	F	SenF	1:10:56	1:09:31	
4697	PEDRO PONTE	15618	M	Vet4M	1:10:56	1:03:37	
4698	CARLOS DOMINGOS	10341	M	Vet2M	1:10:57	1:08:02	ROTASCAS
4699	MAGDA RIBEIRO	11406	F	SenF	1:10:57	1:10:20	
4700	FERNANDO GOMES	10697	M	Vet1M	1:10:57	1:07:46	
4701	MARIANA CARVALHO	11225	F	SenF	1:10:58	1:08:56	
4702	PEDRO COIMBRA	15750	M	Vet3M	1:11:03	1:10:49	
4703	FÁTIMA MACHADO	15749	F	Vet2F	1:11:03	1:10:48	
4704	JOAO VELUDO	13575	M	Vet1M	1:11:03	1:06:53	
4705	PAULA FERNANDES	13576	F	Vet1F	1:11:03	1:06:53	
4706	JOAO ILHARCO	17537	M	SenM	1:11:04	1:06:43	
4707	JOSÉ CARLOS AMARAL	16641	M	SenM	1:11:06	1:10:01	Colaboradores SLB
4708	RUI SOARES	10122	M	SenM	1:11:08	1:07:43	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4709	GONÇALO OLIVEIRA	11665	M	Vet4M	1:11:08	1:09:48	GDCT Unicre
4710	VALTER JESUS	15897	M	SenM	1:11:08	1:02:38	
4711	PAULO FRANÇA	11663	M	Vet4M	1:11:08	1:09:49	GDCT Unicre
4712	DUARTE GONÇALVES	14566	M	Vet1M	1:11:08	1:06:53	
4713	NUNO CLARO	15860	M	Vet1M	1:11:08	1:08:33	CASA DO BENFICA CONDEIXA
4714	ANDREIA VALE	15090	F	SenF	1:11:08	1:06:53	Cofina Runners
4715	SARA PRATES	16501	F	SenF	1:11:09	1:09:54	Hospital da Luz
4716	SANDRA BORGES	15774	F	SenF	1:11:09	1:09:14	
4717	JOÃO SILVA	10655	M	Vet2M	1:11:09	1:08:21	
4718	MANUEL MENDONÇA	11726	M	SenM	1:11:12	1:01:03	
4719	RUI ROCHA	11134	M	SenM	1:11:14	1:07:23	
4720	ISABEL CASTANHEIRA	14454	F	Vet2F	1:11:15	1:09:38	
4721	PEDRO CASTANHEIRA	14457	M	Vet1M	1:11:15	1:09:37	
4722	JOSE DIAS	14455	M	Vet3M	1:11:16	1:09:38	
4723	ANDRÉ BORREGO 18-07-1991	13026	M	SenM	1:11:16	1:07:33	
4724	PATRICIA SERAFIM	14147	F	SenF	1:11:16	1:07:07	Ugly but not Fat
4725	BRUNO LOURENÇO	14146	M	SenM	1:11:17	1:07:07	Ugly but not Fat
4726	SÉRGIO GONÇALVES	10949	M	SenM	1:11:17	1:07:00	
4727	RAQUEL QUEIROZ	11221	F	SenF	1:11:18	1:10:35	
4728	SANDRINE PEREIRA	10433	F	Vet1F	1:11:18	1:07:00	
4729	LUIS SILVA	17862	M	Vet2M	1:11:18	1:09:54	
4730	CATARINA HENRIQUES	11634	F	SenF	1:11:18	1:07:01	
4731	JOÃO VALENTE	12052	M	SenM	1:11:18	1:07:01	
4732	SONIA PEREIRA	10422	F	Vet1F	1:11:19	1:07:01	
4733	CATARINA JOÃO FAUSTINO	15335	F	Vet1F	1:11:19	1:09:56	
4734	ANTONIO CARDOSO	11269	M	Vet1M	1:11:20	1:02:34	
4735	DIOGO MADEIRA	15758	M	SenM	1:11:21	1:01:31	
4736	PEDRO MARTINS	15759	M	SenM	1:11:21	1:01:32	
4737	PEDRO VIEIRA	17980	M	SenM	1:11:22	1:07:48	
4738	MÁRIO TAVARES	14236	M	SenM	1:11:23	1:06:14	Grupo Barraqueiro
4739	MÉLODIE SILVA	13315	F	SenF	1:11:24	1:07:43	
4740	NUNO LOPES	11085	M	SenM	1:11:24	1:00:27	
4741	BEATRIZ CARVALHO	14056	F	JunF	1:11:24	1:10:02	Mucifalense
4742	FABIANA FÃO	12936	F	SenF	1:11:25	1:08:07	
4743	CARLOS SANTOS	15175	M	Vet3M	1:11:26	1:07:33	
4744	AMÉRICO ANTUNES	15174	M	Vet3M	1:11:26	1:07:34	
4745	FRANCISCO COSTA	12125	M	SenM	1:11:26	1:10:45	Runner's do Demo
4746	NUNO CARVALHO	17823	M	Vet1M	1:11:28	1:10:34	Serviços Sociais Montepio
4747	NUNO VACAS	14501	M	Vet1M	1:11:29	1:09:40	Milho
4748	MARGARIDA VALE	16456	F	Vet3F	1:11:30	1:07:59	Central de Cerveja
4749	JOSÉ NAVE	10370	M	Vet1M	1:11:31	1:07:40	
4750	JOÃO COELHO	11847	M	SenM	1:11:31	1:07:48	
4751	ANTÓNIO CALIXTO	13633	M	SenM	1:11:33	1:07:15	
4752	COLIN JENNINGS	14855	M	Vet5M	1:11:33	1:10:09	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4753	DANIELA BOLETA	10163	F	SenF	1:11:34	1:09:55	
4754	RICARDO CASTRO	12575	M	Vet1M	1:11:35	1:07:23	
4755	JOSE ALVES	11543	M	Vet1M	1:11:36	1:07:24	
4756	JOÃO NUNES	11992	M	SenM	1:11:39	1:01:27	
4757	NUNO MACHADO	12959	M	SenM	1:11:40	1:07:30	
4758	TERESA PRATAS	13555	F	Vet1F	1:11:42	1:10:43	Lebres de Domingo
4759	VANDA MENDES	12833	F	SenF	1:11:42	1:10:44	Lebres de Domingo
4760	ALEXANDRE CADETE	13103	M	SenM	1:11:43	1:06:34	
4761	NUNO FELICIANO	12704	M	SenM	1:11:44	1:08:23	Black Sheep
4762	DAVID FRAZÃO	12739	M	SenM	1:11:44	1:08:24	Black Sheep
4763	MÁRIO PIRES	10804	M	Vet4M	1:11:46	1:08:06	INDIVIDUAL
4764	CATARINA GOMES	14798	F	SenF	1:11:46	1:09:45	As Toupeiras
4765	RUI ROMBA	10549	M	SenM	1:11:47	1:09:24	
4766	PEDRO RIBEIRO	13552	M	SenM	1:11:48	1:06:31	
4767	LUÍS MOTA	12601	M	SenM	1:11:48	1:07:42	
4768	PEDRO PEREIRA	12548	M	Vet1M	1:11:49	1:07:27	
4769	CARLOS GONCALVES	10737	M	SenM	1:11:49	58:36:00	
4770	PAULO RODRIGUES	14361	M	Vet2M	1:11:49	1:07:27	
4771	ANA RITA OLIVEIRA AMADO	12648	F	SenF	1:11:49	1:06:56	Pássaros do Sul
4772	NUNO BOTELHO	11539	M	Vet1M	1:11:50	1:08:28	
4773	ANA ROBERTO	16159	F	SenF	1:11:50	1:08:28	
4774	RUI BRÁS	11672	M	Vet1M	1:11:50	1:08:26	
4775	LUIS FILIPE GODINHO	10106	M	Vet2M	1:11:50	1:08:07	
4776	MARGARETE FERNANDES	15692	F	SenF	1:11:51	1:11:36	Timshell
4777	JOÃO AZEVEDO	14727	M	Vet2M	1:11:51	1:08:28	
4778	LILIANA CORREIA	14053	F	Vet1F	1:11:52	1:10:29	mucifalense
4779	RAQUEL TOMÉ	15781	F	JunF	1:11:52	1:07:46	
4780	NUNO SILVA	13553	M	SenM	1:11:52	1:06:35	
4781	AFONSO RIBEIRO	14623	M	Vet3M	1:11:53	1:10:51	BENFICA COM'O AÇO
4782	RUI PINHEIRO	13952	M	Vet1M	1:11:56	1:07:30	100PEDAL
4783	NUNO PINTO	15398	M	Vet1M	1:11:58	1:08:07	
4784	DIOGO FRANCA	13956	M	Vet3M	1:11:58	1:08:49	
4785	ANTÓNIO MARQUES	11823	M	Vet5M	1:11:59	1:09:08	
4786	EGAS MARQUES	14750	F	Vet3F	1:11:59	1:09:28	
4787	RUI BATARDA	10889	M	SenM	1:12:02	1:11:27	
4788	MARCOS GONÇALVES	14538	M	SenM	1:12:05	1:11:03	
4789	PATRICIA PIRES	11582	F	Vet1F	1:12:05	1:11:23	
4790	CARLOS ALFAIATE	16076	M	Vet5M	1:12:05	1:11:50	CASA DO BENFICA EM ABRANTES
4791	LUIS MIGUEL GARCIA PIRES	11581	M	Vet1M	1:12:05	1:11:24	
4792	FRANCISCO SOUSA	10310	M	Vet2M	1:12:06	1:07:49	
4793	RUI ÉVORA	13587	M	SenM	1:12:07	1:10:08	
4794	PAULO MARIA	10912	M	SenM	1:12:09	1:09:22	C. D. Amigos de Paco Nassa
4795	SÍLVIA SILVA	13711	F	SenF	1:12:10	1:08:57	TEC's RED POWER
4796	SUSANA CASTRO	13710	F	SenF	1:12:10	1:08:56	TEC's RED POWER

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4797	ALBERTINO PINTO	15797	M	Vet5M	1:12:10	1:10:53	
4798	INÊS FERREIRA	10560	F	SenF	1:12:11	1:10:15	
4799	PEDRO RAÍNHO	14797	M	SenM	1:12:12	1:10:08	As Toupeiras
4800	ANA RIBEIRO	15867	F	SenF	1:12:12	1:11:36	
4801	JÚLIO MIGUEL ALMEIDA	16224	M	SenM	1:12:12	1:07:18	
4802	HUGO SOBRAL	10561	F	SenF	1:12:12	1:10:15	
4803	OLIVEIRA RODRIGUES	10917	M	Vet1M	1:12:12	1:10:30	RODRIGUES RUNNERS
4804	MARIA RAMOS	17837	F	Vet1F	1:12:14	1:02:15	Casa Benfica Torres Vedras
4805	PATRÍCIA CARDOSO	15624	F	SenF	1:12:15	1:10:59	CARDOSOS
4806	MÁRCIA CARDOSO	15623	F	SenF	1:12:15	1:11:00	CARDOSOS
4807	FERNANDO TAVARES	12729	F	SenF	1:12:17	1:08:18	AMIGOD DE PEVA
4808	CATARINA PEREIRA	12734	F	SenF	1:12:17	1:08:19	AMIGOS DE PEVA
4809	RUBEN MATIAS	13215	M	SenM	1:12:18	1:08:29	
4810	ANDREIA FURTADO	13455	F	SenF	1:12:18	1:11:10	
4811	RUI SILVA	16026	M	SenM	1:12:18	1:02:18	VLS Obras
4812	FLÁVIO OLIVEIRA	16082	M	Vet3M	1:12:18	1:05:52	G.A. "Os Tartarugas"
4813	MARIA BATISTA	16083	F	Vet3F	1:12:19	1:05:52	G.A. "Os Tartarugas"
4814	NELSON VAZ	16025	M	SenM	1:12:19	1:02:18	VLS Obras
4815	LARISSA BARATA	13603	F	SenF	1:12:20	1:10:06	
4816	RENATO TOME	17539	M	SenM	1:12:21	1:10:06	
4817	CARLOS MANUEL	13134	M	Vet3M	1:12:22	1:11:43	
4818	ANA MARIA MIRANDA MARTINS	16264	F	Vet2F	1:12:22	1:10:15	
4819	CARLA CHRYSTELLO	11022	F	Vet2F	1:12:23	1:11:50	
4820	SUSANA MADEIRA	13630	F	Vet1F	1:12:23	1:11:11	
4821	FABÍOLLA FERREIRA	16056	F	SenF	1:12:24	1:04:24	
4822	RITA TAVARES	14796	F	SenF	1:12:24	1:10:21	As Toupeiras
4823	VANESSA FRANCO	10289	F	SenF	1:12:25	1:09:12	Makakas Team
4824	PATRÍCIA RAFAEL	12402	F	SenF	1:12:25	1:11:42	
4825	MÁRIO FERNANDO ESTEVES	13732	M	Vet1M	1:12:26	1:10:26	Jp
4826	JOÃO LEONARDO	13733	M	SenM	1:12:27	1:09:22	
4827	ALBANO ALVES	13780	M	Vet5M	1:12:28	1:11:15	Casa Benfica Seixal
4828	ISABEL AMARAL	10448	F	Vet3F	1:12:31	1:10:39	
4829	SÓNIA RAMOS	12656	F	SenF	1:12:33	1:11:22	
4830	CARLOS SANTANA	15566	M	Vet3M	1:12:34	1:10:40	CATEDRAL DA CERVEJA
4831	JOÃO GOMES	14827	M	SenM	1:12:34	1:08:12	
4832	ANDREIA GONÇALVES	11830	F	SenF	1:12:35	1:09:45	Killing Us Softly
4833	PEDRO FERREIRA	15908	M	Vet2M	1:12:36	1:09:13	
4834	SOFIA FERREIRA	15909	F	Vet2F	1:12:36	1:09:14	
4835	NUNO ANTUNES	16001	M	SenM	1:12:36	1:08:55	
4836	TELMA FERRAZ	16000	F	SenF	1:12:38	1:08:57	
4837	MARIA LACERDA	14527	F	Vet2F	1:12:38	1:11:33	CLUBE ANACOM
4838	TIAGO FERREIRA	15134	M	SenM	1:12:39	1:08:29	
4839	DIANA MARTINS DE OLIVEIRA	10371	F	SenF	1:12:40	1:09:17	
4840	JOÃO MATOS MARIA	14815	M	SenM	1:12:40	1:09:46	Huawei

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4841	SOFIA CARVALHO	12129	F	Vet2F	1:12:40	1:09:31	
4842	LUÍS CALDEIRA	13000	M	Vet1M	1:12:40	1:08:41	ALGYMNS
4843	JOÃO NUNES	12390	M	SenM	1:12:40	1:08:40	Mundinter
4844	CARLOS COSTA	10265	M	Vet1M	1:12:42	1:12:30	
4845	ANA CORDEIRO	10403	F	SenF	1:12:42	1:09:20	
4846	PEDRO ALVES	15001	M	SenM	1:12:43	1:09:22	
4847	ANTÓNIO TIMÓTEO	15070	M	SenM	1:12:43	1:00:15	Gaeiras Running Team
4848	JULIA MENESES	12042	F	Vet2F	1:12:45	1:10:33	Scalabis Night Runners
4849	TIAGO FAUSTINO	13730	M	SenM	1:12:46	1:07:27	Faustino
4850	MIGUEL SILVA	11181	M	Vet5M	1:12:46	1:11:06	
4851	ANDRÉ RODRIGUES	15793	M	SenM	1:12:46	1:03:25	
4852	SARA TOMÁS	15262	F	SenF	1:12:46	1:11:31	
4853	SILVIA ENCARNAÇÃO	15261	F	SenF	1:12:47	1:11:31	
4854	MARIANA FEIJO	14884	F	SenF	1:12:48	1:10:05	
4855	FLORBELA SOARES	10520	F	Vet3F	1:12:49	1:10:32	MultiRunners
4856	VIRGÍNIA DELGADO	15512	M	Vet1M	1:12:49	1:09:53	
4857	RUI PIRES	10954	M	Vet2M	1:12:49	1:09:22	
4858	FILIPE PEDRO	17869	M	SenM	1:12:54	1:01:40	
4859	DIOGO SOUSA	15719	M	SenM	1:12:55	1:11:11	
4860	PIERRE LE BACCON	11774	M	SenM	1:12:56	1:03:40	CLUBE COLABORADORES AGEAS
4861	MARCO FERNANDES	10114	M	SenM	1:12:57	1:12:52	Run for Friends
4862	JORGE DIAS	16192	M	SenM	1:12:58	1:12:52	
4863	RITA VILAS BOAS	16191	F	SenF	1:12:58	1:12:52	
4864	FRANCISCA BAPTISTA	13593	F	SenF	1:12:58	1:09:59	
4865	GUILHERME PACHECO	13331	M	SenM	1:12:58	1:07:39	Cús de Sono
4866	CAROLINA OLIVEIRA	13592	F	SenF	1:12:58	1:09:59	
4867	CRISTIANA REIS	16158	F	SenF	1:12:59	1:04:59	SS CGD
4868	TATIANA SUKHOTCKAIA	11792	F	SenF	1:12:59	1:11:33	
4869	RICARDO CRUZ	12436	M	SenM	1:13:00	1:11:27	Fecha o Losango
4870	RICARDO SALGUEIRO	12060	M	SenM	1:13:00	1:11:26	Fecha o Losango
4871	TIAGO LOPES	15927	M	SenM	1:13:00	1:11:17	
4872	BRUNO SANTOS	12059	M	SenM	1:13:00	1:11:26	Fecha o Losango
4873	ADRIANA VALE	10951	F	SenF	1:13:01	1:11:20	
4874	LAZARO ANDRE	11312	M	Vet5M	1:13:01	1:12:59	
4875	LINA SANTOS	17560	F	Vet1F	1:13:02	1:08:29	Queiroz Santos Costa
4876	SUSANA MARIA	10782	F	Vet2F	1:13:02	1:12:47	
4877	PATRÍCIA COSTA	11787	F	SenF	1:13:02	1:11:16	
4878	PEDRO MARQUES	14709	M	SenM	1:13:03	1:08:39	
4879	JOÃO LOPES	11199	M	SenM	1:13:03	1:11:17	
4880	SÉRGIO CRUZ	14666	M	Vet1M	1:13:03	1:08:38	
4881	JOSÉ GUIMARÃES	11173	M	Vet3M	1:13:03	53:48:00	
4882	VANDA MARTINS	10369	F	SenF	1:13:04	1:12:25	
4883	EDUARDO MADEIRA	11856	M	Vet1M	1:13:05	1:11:31	wood runners
4884	HUGO SANTOS	15071	M	SenM	1:13:05	1:00:36	Gaeiras Running Team

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4885	MARIA BARRETO	11855	F	Vet1F	1:13:06	1:11:32	wood runners
4886	MARCO AFONSO	15457	M	Vet1M	1:13:07	1:11:44	Genius
4887	ANTÓNIO TOMÉ	15782	M	Vet3M	1:13:07	1:09:01	
4888	MARIA JOÃO	12233	F	Vet2F	1:13:07	1:12:36	BOMBEIROS VOLUNTÁRIOS DE MONTEMOR-O-NOVO
4889	CÉLIA ROSADO	12852	M	Vet2M	1:13:07	1:10:34	JASR
4890	JOAQUIM ANTONIO SILVA ROSADO	12851	M	Vet3M	1:13:08	1:10:34	
4891	PAULA SERRA	12471	F	Vet2F	1:13:09	1:10:11	
4892	RICARDO QUINGOSTAS	15373	M	SenM	1:13:09	1:08:47	
4893	VERA BEXIGA	12962	F	SenF	1:13:09	1:09:25	
4894	JOAQUIM PAULA	11040	M	Vet2M	1:13:10	1:12:33	
4895	SOFIA FERREIRIM	10899	F	SenF	1:13:12	1:12:42	
4896	PAULO BARROSO	12500	M	SenM	1:13:12	1:12:51	Casa do Benfica em Castelo Branco
4897	CATARINA VASCONCELOS	10543	F	SenF	1:13:15	1:09:00	
4898	ANA RIBEIRO	10492	F	SenF	1:13:16	1:09:00	OsBatenatrave
4899	SÍLVIA CARDADEIRO	11028	F	SenF	1:13:16	1:09:01	
4900	JOÃO GALO	10395	M	SenM	1:13:16	1:09:00	
4901	NUNO SILVA	16682	M	SenM	1:13:18	1:12:46	Colaboradores SLB
4902	NATACHA MARQUES	10458	F	Vet2F	1:13:22	1:11:22	
4903	NUNO MARQUES	15114	M	SenM	1:13:22	1:08:25	GRUPO BARRAQUEIRO
4904	LEONOR NASCIMENTO	11042	F	SenF	1:13:23	1:08:21	
4905	JOSE DELGADO	14451	M	Vet3M	1:13:24	1:12:18	
4906	PATRICIA FIGUEIREDO	14452	F	Vet2F	1:13:24	1:12:19	
4907	BÁRBARA ANDRADE	10741	F	SenF	1:13:25	1:08:57	
4908	CLAUDIA OLIVEIRA	10740	F	Vet1F	1:13:26	1:08:58	Strendure Running Team
4909	VITOR FARIA	10460	M	Vet3M	1:13:28	1:12:08	
4910	NUNO PEREIRA	12149	M	Vet2M	1:13:29	1:12:10	
4911	ARLETE REGO	16005	F	SenF	1:13:29	1:11:32	
4912	NUNO PEREIRA	16007	M	Vet1M	1:13:31	1:11:33	
4913	JOÃO MANUEL ANTUNES DOS SANTOS	13087	M	Vet1M	1:13:33	1:11:05	
4914	PATRÍCIA ALVES	12799	F	SenF	1:13:34	1:02:21	Correr para a Vitória
4915	JOÃO REBOLA	15116	M	Vet1M	1:13:34	1:12:17	Rainha Santa Isabel/Tarsibus team
4916	ARMANDO BOTELHO	10040	M	Vet4M	1:13:34	1:11:41	
4917	JOSÉ LAMEIRAS	14989	M	SenM	1:13:35	1:12:17	RSI - Viagens e Turismo LDZ
4918	SOFIA SANTOS	14876	F	SenF	1:13:35	1:10:52	
4919	ANDRÉ QUEIJO	12485	M	SenM	1:13:35	1:10:11	Amorense
4920	ANA RITA ANTAS	12488	F	SenF	1:13:35	1:10:11	
4921	PEDRO CONCEIÇÃO	12811	M	Vet2M	1:13:37	1:09:44	ONDA TEAM
4922	PAULO SANTOS	14449	M	Vet1M	1:13:37	1:13:27	
4923	RAFAELA CASTRO	12543	F	SenF	1:13:37	1:11:53	Casa do Benfica de Albergaria-a-Velha
4924	ANDREIA COSTA SANTOS	17908	F	SenF	1:13:38	1:12:35	
4925	FERNANDO CHALÓ	12546	M	Vet5M	1:13:38	1:11:54	
4926	PAULO JORGE GOMES LOPES	10306	M	Vet2M	1:13:38	1:10:19	
4927	AIDA RAMOS	16170	F	SenF	1:13:39	1:10:25	
4928	DORA ARENGA	11844	F	Vet2F	1:13:40	1:13:31	



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4929	SARA ESTEVES	12659	F	SenF	1:13:40	1:12:40	
4930	RICARDO PEÇAS	13017	M	Vet1M	1:13:41	1:11:51	
4931	CARLOS GARCIA	12737	M	Vet5M	1:13:41	1:12:51	
4932	TÂNIA SANTOS	15597	F	SenF	1:13:43	1:12:40	
4933	RICARDO GASPAR	15388	M	Vet5M	1:13:44	1:09:31	Clube de Praças da Armada
4934	VASCO CARVALHO	15852	M	SenM	1:13:45	1:03:37	
4935	SERGIO JORGE	12022	M	SenM	1:13:51	1:10:58	Team Roda Encravada
4936	DANIEL ANTUNES	11595	M	Vet1M	1:13:52	1:13:25	Casa do Benfica da Figueira da Foz
4937	PEDRO CABRITA	12029	M	SenM	1:13:52	1:10:58	Team Roda Encravada
4938	BRUNO SOUSA	11111	M	SenM	1:13:52	1:09:27	
4939	JOÃO CAMACHO	10165	M	SenM	1:13:55	1:09:22	
4940	GUILHERME JESUS	16603	M	SenM	1:13:58	1:11:44	Colaboradores SLB
4941	JORGE SILVA	13754	M	SenM	1:14:00	1:12:24	
4942	CARLA NICOMÉDIO	15872	F	Vet1F	1:14:06	1:06:53	Duo Dinamico
4943	CATARINA NATÁRIO	10667	F	SenF	1:14:07	1:13:36	
4944	NATHALIE BARONET	17864	F	Vet1F	1:14:07	1:10:06	
4945	GONÇALO ALMEIDA	11428	M	Vet2M	1:14:09	1:11:53	
4946	NUNO MIGUEL CAIXEIRO	11832	M	Vet1M	1:14:09	1:11:53	
4947	GONÇALO SILVA	16144	M	SenM	1:14:10	1:07:03	
4948	NUNO ANDRÉ	15556	M	Vet1M	1:14:10	1:03:52	
4949	MARINA MARQUES	11784	F	Vet2F	1:14:11	1:10:18	
4950	FRANCISCO BOTELHO	11219	M	SenM	1:14:11	1:10:23	Casa do Benfica de Moura
4951	SUSANA BOTELHO	11220	F	SenF	1:14:11	1:10:23	Casa do Benfica de Moura
4952	ANDRÉ MONTEIRO	16392	M	SenM	1:14:14	1:09:16	Hospital da Luz
4953	SÓNIA PEREIRA	14973	F	Vet1F	1:14:14	1:12:45	
4954	MARGARIDA VIVAS AZEVEDO	11770	F	Vet1F	1:14:15	1:12:09	CLUBE COLABORADORES AGEAS
4955	ANA SOFIA RODRIGUES	11057	F	SenF	1:14:15	1:10:14	#OperaçãoVerão2020
4956	MARIANA MARQUES	11002	F	SenF	1:14:15	1:10:17	
4957	CARLA VIEGAS	13023	F	Vet1F	1:14:16	1:10:44	
4958	HUGO VIEGAS	13022	M	SenM	1:14:18	1:10:45	
4959	CRISTINA CUNHA	11252	F	SenF	1:14:19	1:11:07	
4960	ANA SILVA	13056	F	SenF	1:14:20	1:11:01	
4961	JOAO COURAS	12953	M	SenM	1:14:20	1:11:04	
4962	MARINA RODRIGUES	10479	F	SenF	1:14:20	1:11:03	
4963	SÉRGIO SILVA	11405	M	SenM	1:14:20	1:11:03	
4964	LINO GOMES	12339	M	Vet4M	1:14:21	1:12:32	CCD CRÉDITO AGRÍCOLA MÚTUO
4965	RAUL CORREIA	13284	M	Vet3M	1:14:21	1:14:02	ATLETAS DO FAROLIM
4966	HELENA SANTOS	13285	F	Vet2F	1:14:22	1:14:00	
4967	JOÃO ANICETO	12158	M	Vet2M	1:14:23	1:11:43	
4968	MARGARIDA PEREIRA	15179	F	Vet3F	1:14:23	1:13:18	YKK
4969	TIAGO BROA	12947	M	SenM	1:14:26	1:10:20	
4970	PEDRO GUILHERME	15588	M	Vet2M	1:14:27	1:09:18	Rotas dos Vinhos de Portugal
4971	CARLA ALMEIDA	13344	F	Vet2F	1:14:28	1:11:47	
4972	CLAUDIO RODRIGUES	17986	M	JunM	1:14:28	1:09:21	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
4973	MANUEL MAGALHÃES	17856	M	Vet5M	1:14:29	1:14:13	
4974	SÓNIA RODRIGUES	10918	F	Vet1F	1:14:30	1:12:47	RODRIGUES RUNNERS
4975	NUNO PAULO	14785	M	Vet2M	1:14:30	1:12:43	SS CGD
4976	RUI SANTOS	15521	M	Vet4M	1:14:30	1:12:43	
4977	DIOGO PAULO	14791	M	SenM	1:14:30	1:12:43	SS CGD
4978	LUÍS FULGÊNCIO	13559	M	SenM	1:14:31	1:11:13	
4979	INES PALHOÇA	17546	F	SenF	1:14:31	1:12:23	Marque TDI
4980	JORGE ANDRADE	14751	M	SenM	1:14:32	1:12:23	Marque TDI
4981	ISABEL CALDEIRA	16285	F	Vet2F	1:14:34	1:11:10	
4982	ISABEL CARDOSO	10538	F	Vet3F	1:14:39	1:12:26	
4983	CARLA ANICETO	12157	F	Vet2F	1:14:41	1:12:01	
4984	CARLOS VALÉRIO	12373	M	SenM	1:14:41	1:13:15	
4985	GILBERTO FERNANDES	14622	M	SenM	1:14:42	1:09:27	
4986	MÁRCIA FERREIRA	14646	F	SenF	1:14:43	1:09:27	Márcia
4987	ÂNGELO BORGES	15403	M	SenM	1:14:43	1:10:27	
4988	FÁTIMA PRAZERES	13143	F	Vet3F	1:14:45	1:12:50	
4989	CARLOS CUSTODIA	10500	M	SenM	1:14:45	1:10:17	
4990	ANA SOFIA AMARAL	13649	F	SenF	1:14:48	1:12:00	
4991	GONÇALO ALMEIDA	16027	M	SenM	1:14:52	1:08:32	
4992	ARTUR GUEDES	14551	M	Vet1M	1:14:52	1:13:05	
4993	CATARINA REIS	17584	F	Vet1F	1:14:53	1:11:14	
4994	MAURICIO MARQUES	17583	M	Vet1M	1:14:53	1:11:14	
4995	CARLOS CONCEIÇÃO	15110	M	SenM	1:14:55	1:09:45	GRUPO BARRAQUEIRO
4996	LUIS LEAL	14554	M	Vet3M	1:14:55	1:13:54	
4997	CARLOS LAPINHA	11142	M	Vet2M	1:14:58	1:14:13	
4998	JOSÉ LUIZ GONÇALVES	13695	M	Vet5M	1:14:58	1:13:00	Individual
4999	ANTÓNIO VIDAS	14529	M	Vet3M	1:14:59	1:11:24	CLUBE ANACOM
5000	SUSANA BRAZINHA	10539	F	Vet1F	1:15:00	1:11:09	
5001	RITA ROCHA	15166	F	SenF	1:15:00	1:11:09	Rochalazan
5002	JORGE CHANG	15173	M	Vet4M	1:15:01	1:11:58	Revista Mística
5003	DÍLIA AMARO	13772	F	Vet3F	1:15:03	1:14:34	
5004	ALBERTO FERNANDES	10611	M	Vet3M	1:15:03	1:13:29	Duarte Club
5005	CÉLIA SANTOS	10266	F	Vet2F	1:15:05	1:14:54	
5006	ANTÓNIO FERRÃO	14793	M	SenM	1:15:06	1:10:06	
5007	ONDINA TEODORO	13037	F	Vet1F	1:15:06	1:14:19	
5008	MARGARIDA DOMINGUES	14792	F	SenF	1:15:06	1:10:07	
5009	ANDRÉ RIJO	16157	M	SenM	1:15:09	1:03:46	
5010	NUNO MARTINS	15131	M	Vet2M	1:15:10	1:13:23	COFINA RUNNERS
5011	MARIA HELENA SÁ	15395	F	Vet3F	1:15:11	1:13:33	
5012	JOSE REBOCHO	11651	M	Vet5M	1:15:12	1:14:27	Correr Soc Rec da Granja
5013	CARLOS FIUZA	17814	M	Vet5M	1:15:14	1:14:00	
5014	JOHNNY THOMASSEN	17996	M	Vet4M	1:15:15	1:14:16	
5015	LUISA GONÇALVES	11709	F	Vet1F	1:15:16	1:15:03	CLUB DE ATLETAS DE MONSANTO GASCAN
5016	PAULO FALCAO	11621	M	Vet1M	1:15:18	1:07:29	PumpRunners

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5017	PAULA ANTUNES	16061	F	Vet2F	1:15:20	1:12:55	CCRAM
5018	SARA BARATA	12748	F	Vet1F	1:15:20	1:11:38	alverca urban runners
5019	PAULO FERNANDES	15218	M	SenM	1:15:21	1:14:50	Marriott Lisboa
5020	BRUNO RUSSO	17881	M	Vet1M	1:15:22	1:12:10	Resitejo
5021	ALBERTO JOAQUIM LIXA	11825	M	Vet4M	1:15:23	1:15:14	Individual
5022	EMANUEL DA LOMBA	16588	M	Vet1M	1:15:25	1:08:57	Colaboradores SLB
5023	LÚCIA SILVA	11504	F	SenF	1:15:29	1:13:38	
5024	RICARDO CARRILHO	13736	M	SenM	1:15:32	1:11:56	
5025	PAULA MELLO	11275	F	Vet3F	1:15:33	1:14:47	Clube Novo Banco
5026	LILIANA HENRIQUES	14345	F	SenF	1:15:35	1:15:13	Clube Desportivo Ribeiense
5027	CARLOS SILVA	15883	M	Vet1M	1:15:35	1:05:22	
5028	JOAO ROSA	12828	M	Vet1M	1:15:38	1:11:24	Run Forrest Run
5029	ANA FERREIRA	15866	F	Vet2F	1:15:41	1:12:37	
5030	CÉU NEVES	11918	F	Vet3F	1:15:41	1:05:10	
5031	BRUNO MÁXIMO	16330	M	SenM	1:15:41	1:13:49	Hospital da Luz
5032	SÓNIA ALVES	13867	F	Vet1F	1:15:41	1:13:55	G.D.S.Sebastião da Freguesia de Canha
5033	ANA PATRICIO	13273	F	SenF	1:15:42	1:13:56	G.D.S.Sebastião da Freguesia de Canha
5034	DANIEL PRADO SEQUEIRA	17960	M	SenM	1:15:42	55:53:00	
5035	CARLA HENRIQUES	13537	F	SenF	1:15:42	1:13:49	
5036	SÉRGIO CORREIA	16100	M	SenM	1:15:45	1:13:39	
5037	ANA CARDOSO	16532	F	SenF	1:15:45	1:13:39	Hospital da Luz
5038	LUÍS GONÇALVES	12504	M	Vet2M	1:15:48	1:15:06	Casa do Benfica em Castelo Branco
5039	CARLA BARBADO	12374	M	SenM	1:15:50	1:14:27	
5040	ANA BARREIRA CARVALHO	13148	F	SenF	1:15:52	1:11:38	
5041	ANDREIA MARTINS	11586	F	SenF	1:15:54	1:14:28	
5042	TANIA LOURENÇO	11585	F	SenF	1:15:54	1:14:29	
5043	CARLOS ALVES	14020	M	Vet5M	1:15:55	1:11:54	Clube Ferroviário de Portugal
5044	LUIS NEVES	11078	M	Vet1M	1:15:56	1:13:33	TACLUBE
5045	ANDREIA MAGALHÃES	16546	F	SenF	1:15:56	1:15:49	Colaboradores SLB
5046	PEDRO PINHEIRO	14997	M	SenM	1:15:57	1:14:29	Guizo Runners
5047	NUNO JORGE	10559	M	Vet2M	1:16:00	1:08:05	Correr com Elas!
5048	RUI PEDRO SANTOS	10431	M	Vet2M	1:16:03	1:14:24	PLMJ Runners
5049	CARLOS BANDEIRA	13622	M	Vet1M	1:16:05	1:15:27	
5050	JORGE LAMY MARQUES	13621	M	SenM	1:16:08	1:15:30	
5051	NEUSA LUZ	12574	F	SenF	1:16:08	1:12:08	VFCE
5052	ANDRÉ SANTOS	14882	M	SenM	1:16:08	1:14:41	Guizo Runners
5053	JOSÉ LEANDRO	12582	M	Vet1M	1:16:09	1:12:05	VFCE
5054	VÂNIA PEREIRA	10489	F	SenF	1:16:09	1:12:52	
5055	MARGARIDA PISCO	10294	F	SenF	1:16:11	1:12:50	
5056	SÉRGIO LOUREIRO	10293	M	SenM	1:16:12	1:12:50	
5057	PAULO MAGALHÃES	14624	M	Vet2M	1:16:13	1:15:10	BENFICA COM'O AÇO
5058	ALEXANDRE LOPES	14363	M	Vet2M	1:16:14	1:15:12	
5059	GUIOMAR TOMÉ	14841	F	Vet3F	1:16:16	1:14:49	Guizo Runners
5060	ANABELA LUIS	15591	M	Vet3M	1:16:17	1:11:08	Rotas dos Vinhos de Portugal

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5061	DORA CRUZ	10042	F	Vet2F	1:16:19	1:13:56	GINjinha Runners
5062	RUI ALDEANO	12618	M	SenM	1:16:21	1:12:26	
5063	MARIA ALVES	12619	F	SenF	1:16:21	1:12:26	
5064	PATRÍCIA SOUSA	16691	F	SenF	1:16:24	1:14:09	Colaboradores SLB
5065	BARBARA BRÁS	11325	F	SenF	1:16:24	1:14:04	SS CGD
5066	MANUEL BRÁS	11569	M	Vet3M	1:16:24	1:14:05	SS CGD
5067	FABIO BAGAGEM	11485	M	SenM	1:16:25	1:14:28	
5068	ANA ROCHA	11484	F	SenF	1:16:26	1:14:28	
5069	ANTÓNIO VIEIRA	13613	M	Vet1M	1:16:28	1:13:06	Arrebenta Milhas
5070	ANA DIAS	12589	F	Vet3F	1:16:30	1:13:51	
5071	CARLOS MOREIRA	15882	M	SenM	1:16:31	1:12:53	
5072	DIOGO JORGE	17961	M	SenM	1:16:33	1:07:33	
5073	ANA MARIA BERNARDINO MENDES	10798	F	Vet2F	1:16:33	1:16:02	Ana Mendes
5074	ANDRÉ ANTÓNIO MADEIRA FERNANDES	12976	M	SenM	1:16:34	1:11:19	RUMO AO PENTA
5075	BRUNO RIBEIRO	10113	M	SenM	1:16:38	1:02:42	Kaninos
5076	MÁRIO CORREIA E CUNHA	12036	M	Vet1M	1:16:43	1:12:24	MMC
5077	MARIA FONTES DE MELO	12037	F	Vet1F	1:16:43	1:12:24	mmc
5078	NUNO FRANÇA	13429	M	SenM	1:16:44	1:14:11	Sonu
5079	SANDRA GASPAR	14690	F	SenF	1:16:46	1:16:07	
5080	CARLOS ALBERTO SILVÉRIO	14689	M	Vet3M	1:16:46	1:16:08	
5081	MARIO CANEIRA	13349	M	Vet2M	1:16:53	1:13:43	JOBRINDE - MONTES SALOIOS
5082	ARMANDO COSTA	13350	M	Vet2M	1:16:53	1:13:42	JOBRINDE - MONTES SALOIOS
5083	JORGE CARVALHO	16178	M	Vet4M	1:16:54	1:16:10	
5084	LUÍS SANTOS	14879	M	Vet1M	1:16:57	1:15:30	Guizo Runners
5085	TIAGO FIGUEIREDO	13511	M	SenM	1:16:59	1:14:00	
5086	DAVID SERRA	15763	M	SenM	1:17:00	1:06:30	Gordos e rebeldes
5087	MIGUEL OLIVEIRA	11239	M	SenM	1:17:00	1:12:06	Sport ISEG e Benfica
5088	SANDRA FERREIRA	10541	F	Vet1F	1:17:02	1:16:14	
5089	PEDRO VALENTE	13240	M	SenM	1:17:02	1:12:52	
5090	NIDIA SILVA	14238	F	Vet3F	1:17:03	1:12:56	
5091	ANDRÉ GERALDES	15762	M	SenM	1:17:03	1:06:35	Gordos e rebeldes
5092	CAMILA SILVA	17577	F	SenF	1:17:04	1:14:31	
5093	ANTÓNIO GUIMARÃES	11172	M	SenM	1:17:05	57:51:00	
5094	HÉLDER SILVA	15932	M	SenM	1:17:05	1:08:02	
5095	PATRÍCIA ROSA	15931	F	SenF	1:17:05	1:08:03	
5096	TIAGO CORREIA	16195	M	SenM	1:17:07	1:06:20	
5097	DARCÍLIA MATOS	14814	F	SenF	1:17:07	1:12:51	
5098	ANA CUNHA	14874	F	Vet2F	1:17:09	1:11:52	Rossi
5099	RUI SANTOS	11086	M	Vet1M	1:17:10	1:12:10	
5100	RITA ESPADINHA BARRETO	10666	F	SenF	1:17:10	1:14:38	
5101	VASCO CÂNDIDO	15936	M	Vet2M	1:17:11	1:13:00	Reuma Team
5102	MARIO CAMPINA	12130	M	Vet4M	1:17:13	1:14:05	
5103	HUGO MIGUEL CARVALHO DOS REIS SILVA	15002	M	SenM	1:17:20	1:17:10	
5104	JÉSSICA DA COSTA	14303	F	SenF	1:17:22	1:15:31	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5105	MÁRIO FERREIRA	10085	M	Vet1M	1:17:23	1:08:07	
5106	JOSE TIAGO	15438	M	SenM	1:17:24	1:14:17	GalgaMuros
5107	OLGA VICENTE	15441	F	Vet3F	1:17:24	1:14:17	GalgaMuros
5108	JOSÉ GUIMARÃES	11171	M	Vet3M	1:17:34	58:20:00	
5109	ANA CERTAL	11271	F	Vet1F	1:17:34	1:14:53	Run for Lunch
5110	CLÁUDIO CASTRO	12672	M	SenM	1:17:40	1:07:46	
5111	RICARDO OLIVEIRA	12673	M	SenM	1:17:40	1:07:46	
5112	JOAQUIM GABRIEL	15199	M	Vet1M	1:17:41	1:14:21	
5113	HENRIQUE COSTA	17562	M	JunM	1:17:41	1:16:28	Queiroz Santos Costa
5114	INÊS QUEIROZ	17563	F	Vet1F	1:17:45	1:16:33	Queiroz Santos Costa
5115	RUI LOPES	14608	M	SenM	1:17:46	1:17:13	
5116	RITA CAMECELHA	13192	F	Vet1F	1:17:47	1:16:40	
5117	ANTÓNIO ROCHA	14609	M	Vet5M	1:17:49	1:17:16	
5118	RUI NEVES	13637	M	SenM	1:17:50	1:12:31	
5119	RUI NEVES	17949	M	SenM	1:17:50	1:12:31	
5120	MARGARIDA ANDRÉ	16360	F	Vet1F	1:17:52	1:17:32	Hospital da Luz
5121	ANA PAULA BRITO AZEVEDO	14417	F	Vet2F	1:17:52	1:17:04	Run&Smile
5122	LUCIO TRAVASSOS	17571	M	SenM	1:17:53	1:16:56	
5123	MARCO CUNHA	15349	M	SenM	1:17:53	1:12:35	
5124	TERESA FERNANDES	15834	F	Vet1F	1:17:53	1:15:36	Encosta Team
5125	JOÃO FERNANDES	15833	M	Vet2M	1:17:54	1:15:35	Encosta Team
5126	DIOGO MARTINEZ	15471	M	SenM	1:17:54	1:12:36	PSB-Team
5127	JOAO OLIVEIRA	13179	M	Vet3M	1:17:55	1:16:17	
5128	RUTE VICENTE	11392	F	Vet2F	1:17:55	1:15:35	
5129	MARIA SANTOA	13180	F	Vet1F	1:17:55	1:16:17	
5130	JOAO GONÇALVES	17844	M	SenM	1:17:56	1:16:50	
5131	JOÃO RAMOS	11708	M	Vet5M	1:17:58	1:17:46	CLUB DE ATLETAS DE MONSANTO - GASCAN
5132	CONSTÂNCIO ALMEIDA	11707	M	Vet4M	1:17:58	1:17:46	CLUB DE ATLETAS DE MONSANTO - GASCAN
5133	CLÁUDIO NUNES	16058	M	SenM	1:18:08	1:08:19	AQS
5134	CLAUDIO MADEIRA	12393	M	Vet1M	1:18:09	1:13:31	Benecar Runners
5135	GONÇALO FONSECA	17985	M	JunM	1:18:09	1:14:28	
5136	CARLOS PEDRO FERREIRA	13009	M	Vet3M	1:18:11	1:13:18	
5137	DIOGO FERREIRA	13010	M	SenM	1:18:11	1:13:19	
5138	LUÍS SANTOS	13716	M	SenM	1:18:13	1:14:33	RunTexugos
5139	JACINTO CARVALHO	13717	M	Vet3M	1:18:13	1:14:32	RunTexugos
5140	JOSÉ FERREIRA	12957	M	Vet2M	1:18:13	1:17:03	BairroTeam
5141	SOFIA SANTOS	13718	F	SenF	1:18:14	1:14:34	RUNNERS DO DEMO
5142	VITOR FUZEIRO	13888	M	Vet2M	1:18:15	1:14:26	
5143	CATARINA BRANDÃO DE CARVALHO	16006	F	SenF	1:18:17	1:08:28	
5144	LÍDIA RATÃO	12253	F	SenF	1:18:19	1:12:01	
5145	CARLOS PÁSCOA	15122	M	Vet3M	1:18:20	1:13:20	
5146	SARA PÁSCOA	14794	F	SenF	1:18:20	1:13:20	
5147	TÂNIA FREITAS	14546	F	SenF	1:18:20	1:14:34	
5148	RITA MERENDA	10152	F	SenF	1:18:22	1:14:40	Alverca Urban Runners

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5149	ANA SANTOS	10009	F	SenF	1:18:26	1:13:48	Nitrofuranos
5150	IVO FERNANDES	15701	M	SenM	1:18:26	1:08:19	Tudo - Natação
5151	NUNO CASACA	10011	M	SenM	1:18:26	1:13:49	Nitrofuranos
5152	MIGUEL DIAS	15698	M	Vet1M	1:18:26	1:08:19	Tudo - Natação
5153	FERNANDO SILVA	10203	M	SenM	1:18:27	1:13:52	Nitrofuranos
5154	JOÃO PULGUINHAS	10013	M	SenM	1:18:27	1:13:51	Nitrofuranos
5155	JORGE PIÇARRA	10322	M	Vet2M	1:18:27	1:14:58	Casa do Benfica de moura
5156	JOÃO QUEIRÓS	10008	M	SenM	1:18:28	1:13:52	Nitrofuranos
5157	RODRIGO FAGUNDES	10014	M	SenM	1:18:28	1:13:51	Nitrofuranos
5158	PEDRO CAETANO	10010	M	SenM	1:18:29	1:13:52	Nitrofuranos
5159	DIANA ÉVORA	15925	F	SenF	1:18:37	1:10:39	
5160	TOMÁS NUNES	11267	M	SenM	1:18:37	1:05:21	
5161	WALTER PINTO	16176	M	SenM	1:18:45	1:14:48	
5162	GIL SOUSA	16277	M	Vet1M	1:18:53	1:15:42	Resitejo
5163	JOAO CARLOS VIDEIRA GONCALVES	12608	M	SenM	1:18:56	1:18:40	
5164	BRUNO NEVES	14390	M	SenM	1:18:56	1:15:48	So por hoje
5165	EDUARDO ALMEIDA	12611	M	SenM	1:18:56	1:18:41	
5166	JOANA DE JESUS	10290	F	SenF	1:18:57	1:16:35	Correr Lisboa
5167	LUÍSA CANDEIAS	11213	F	Vet3F	1:18:58	1:16:34	correr lisboa
5168	ÁLVARO CLÁUDIO	11454	M	SenM	1:18:58	1:16:33	
5169	NUNO AZEVEDO	16686	M	SenM	1:19:00	1:15:42	Colaboradores SLB
5170	ANDRÉ RORIZ	11465	M	SenM	1:19:03	1:14:52	
5171	JOANA ANDRÉ	11464	F	SenF	1:19:03	1:14:51	
5172	NADINE RODRIGUES	11041	F	SenF	1:19:04	1:18:05	
5173	SUSANA COSTA	12798	F	SenF	1:19:08	1:13:54	Correr para a Vitória
5174	CATARINA COSTAL	13726	F	SenF	1:19:11	1:14:10	
5175	CLÁUDIA GOMES	10096	F	SenF	1:19:28	1:13:32	CRAZY RED
5176	MARIA INÊS GOMES	10095	F	SenF	1:19:28	1:13:33	CRAZY RED
5177	MARLENE VERÍSSIMO	10089	F	SenF	1:19:32	1:18:00	Runners do Lago
5178	JOAQUIM CORTES	12001	M	Vet1M	1:19:32	1:18:00	Primos Chamboeirenses
5179	RICARDO VICENTE	10088	M	SenM	1:19:32	1:18:00	Runners do Lago
5180	MARIO GUERREIRO	14904	M	Vet1M	1:19:33	1:17:23	Marque TDI
5181	ANA RAQUEL RODRIGUES	15599	F	SenF	1:19:35	1:18:32	
5182	SANDRA GONÇALVES	12098	F	SenF	1:19:36	1:15:54	Trabucas
5183	HÉLIO GOMES	15401	M	SenM	1:19:42	1:14:37	
5184	JOSE MARIANO	12596	M	Vet1M	1:19:43	1:18:03	
5185	NUNO CONCEIÇÃO	15113	M	Vet1M	1:19:43	1:14:39	GRUPO BARRAQUEIRO
5186	JOÃO ALVES	14532	M	SenM	1:19:44	1:16:41	CLUBE ANACOM
5187	FOCK YIOT WAN	11988	F	Vet3F	1:19:48	1:15:47	CONDOR
5188	NUNO MARQUES	15837	M	Vet1M	1:19:52	1:17:33	Encosta Team
5189	ROSA MARQUES	15836	F	Vet1F	1:19:52	1:17:35	Encosta Team
5190	RITA FRANCO	10288	F	SenF	1:19:56	1:16:43	Makakas Team
5191	PAULA RODRIGUES	15788	F	SenF	1:20:06	1:14:46	NP
5192	DANIEL GOMES	13408	M	SenM	1:20:15	1:17:09	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5193	PEDRO FONA	13409	M	SenM	1:20:15	1:17:09	
5194	JOEL CRUZ	14639	M	SenM	1:20:15	1:15:27	
5195	SARA COELHO	14638	F	SenF	1:20:15	1:15:28	
5196	RICARDO RAMOS	15448	M	SenM	1:20:17	1:19:58	Running 4 Fun
5197	FREDERICO CARAJOTE	14384	M	SenM	1:20:17	1:18:53	
5198	JOÃO MÂNTUA	14720	M	SenM	1:20:17	1:20:14	Clube de Corrida REN
5199	PAULO PATRAO	11999	M	SenM	1:20:18	1:18:45	Clube de Corrida REN
5200	PEDRO BERNARDINO	10689	M	SenM	1:20:19	1:16:25	Aquae Scalabis
5201	MARIA CAMPOS	14154	F	Vet3F	1:20:21	1:17:43	
5202	ANA FERREIRA	11894	F	SenF	1:20:21	1:15:48	
5203	PEDRO VAZ	13609	M	SenM	1:20:22	1:18:37	
5204	JÉSSICA TAVARES	14383	F	SenF	1:20:22	1:18:58	
5205	FILIPE CARDOSO	10861	M	SenM	1:20:25	1:16:08	Sweetensemble
5206	JOÃO SANTOS	13248	M	SenM	1:20:25	1:16:01	Captain Fly
5207	PEDRO MARQUES	15076	M	SenM	1:20:26	1:19:18	JORGE FERNANDES LDA
5208	RUTE GONCALVES	15951	F	SenF	1:20:27	1:16:32	
5209	BRUNO SETTAS	14846	M	SenM	1:20:28	1:20:03 ( .° .. .°)	
5210	JOÃO FRANCISCO MARTINS RAMOS	14928	M	Vet2M	1:20:29	1:15:36	
5211	MÓNICA CASTILHO	12366	F	SenF	1:20:30	1:17:57	
5212	PAULO AMARO	14847	M	SenM	1:20:32	1:20:06 ( .° .. .°)	
5213	LUÍS MATIAS	16408	M	SenM	1:20:35	1:18:04	Hospital da Luz
5214	SANDRA BOLAS	15937	F	Vet1F	1:20:35	1:16:24	Reuma Team
5215	ANTONIO FIGUEIREDO	11049	M	Vet5M	1:20:36	1:17:29	
5216	CÁTIA MARTINS	12257	F	SenF	1:20:38	1:14:09	
5217	JORGE MARQUES	12264	M	Vet1M	1:20:38	1:14:09	
5218	RICARDO CARRICHE	15253	M	Vet1M	1:20:38	1:15:42	
5219	CARLA BRITO	11065	F	Vet1F	1:20:42	1:20:15	
5220	NUNO BEIJINHA	11681	M	SenM	1:20:53	1:16:33	Clube Brisa
5221	HUGO BELO	13918	M	SenM	1:20:54	1:16:43	
5222	INÉS VAZ	13610	M	SenM	1:20:57	1:19:12	
5223	SERGIO MENEZES	13616	M	Vet3M	1:20:58	1:19:19	
5224	FRANCISCO SILVA	15829	M	Vet1M	1:21:00	1:10:53	GD Transtejo
5225	HENRIQUE VAZ	14735	M	Vet5M	1:21:01	1:19:41	
5226	ANDRÉ CABRAL	10094	M	SenM	1:21:02	1:21:02	
5227	INÉS DRUMMOND	15520	F	Vet1F	1:21:02	1:21:02	
5228	VANDA CORREIA	16358	F	SenF	1:21:04	1:20:00	Hospital da Luz
5229	CARLA DIAS	15589	F	Vet2F	1:21:08	1:15:59	Rotas dos Vinhos de Portugal
5230	MARIA MACEDO	11675	F	Vet3F	1:21:11	1:19:18	
5231	JOÃO BOTELHO	14073	M	SenM	1:21:18	1:15:37	
5232	PAULO GARCIA	13274	M	Vet1M	1:21:20	1:16:25	TudoEu.com
5233	FILIPE GONÇALVES	13271	M	Vet1M	1:21:21	1:16:26	TudoEu.com
5234	SOLANGE JESUS	11497	F	SenF	1:21:22	1:20:11	Total Gym
5235	PAULO MARTINS	11695	M	Vet3M	1:21:29	1:18:12	SS CGD
5236	ANDRÉ BEJA	13704	M	Vet1M	1:21:32	1:18:55	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5237	CATIA CURICA	15965	F	SenF	1:21:32	1:17:41	
5238	ANA CATARINA COSTA	16531	F	SenF	1:21:40	1:21:30	Hospital da Luz
5239	ELISABETE PINTO	10439	F	Vet2F	1:21:40	1:13:49	CORRER LISBOA
5240	JOÃO VICENTE	15426	M	SenM	1:21:41	1:16:42	
5241	LUIS ANTUNES	13152	M	Vet4M	1:21:43	1:17:47	
5242	RUTE AFONSO	15734	F	SenF	1:21:51	1:21:51	TABAQUEIRA
5243	JOSÉ VAZ	14531	M	Vet5M	1:21:57	1:21:44	CLUBE ANACOM
5244	CELIO PAULINO	14430	M	Vet1M	1:21:57	1:20:31	
5245	MAGDA RAPOSO	14699	F	SenF	1:21:58	1:20:31	
5246	FÁTIMA NAZARÉ	15181	F	SenF	1:21:59	1:20:54	
5247	SARA SOUSA	16736	F	SenF	1:22:01	1:18:42	Colaboradores SLB
5248	SÍLVIA BARRADAS	13276	F	SenF	1:22:01	1:19:13	Ao ritmo das 200 ppm
5249	CARLA ANICETO	16332	F	Vet1F	1:22:02	1:20:58	Hospital da Luz
5250	NEIDE SANTOS	16268	F	SenF	1:22:03	1:21:00	
5251	LAURA CONCHINHA	14150	F	SenF	1:22:04	1:18:58	RUMO AO PENTA
5252	DOMINGOS PINHEIRO	14443	M	Vet5M	1:22:04	1:21:02	
5253	TÂNIA LOPES	16259	F	SenF	1:22:09	1:19:05	
5254	LINDA MENDONÇA	15874	F	Vet2F	1:22:22	1:12:55	
5255	MARIA COSTA	15875	F	Vet3F	1:22:22	1:12:55	
5256	RENATO SILVA	16086	M	SenM	1:22:25	1:08:45	
5257	ANDRÉ SILVA	14031	M	SenM	1:22:25	1:08:48	
5258	MIGUEL ANGELO SILVA	16180	M	SenM	1:22:25	1:08:47	
5259	PATRICIA DO CARMO ENGROLA LEANDRO	16161	F	SenF	1:22:33	1:18:45	Casa do Benfica de Moura
5260	PAULO BEJINHA	11407	M	SenM	1:22:33	1:18:44	Casa do Benfica de Moura
5261	JEFFERSON SILVA	14547	M	SenM	1:22:33	1:17:47	
5262	DÉBORA CONCEIÇÃO	14548	F	SenF	1:22:34	1:17:48	
5263	ANTONIO COSTA	10914	M	Vet5M	1:22:34	1:22:23	
5264	ANA ISABEL RAMOS	14823	F	Vet1F	1:22:40	1:17:42	
5265	PAULO ROMEIRO	14822	M	Vet1M	1:22:40	1:17:42	
5266	ANA CRISTINA CASTRO	12048	F	Vet3F	1:22:43	1:19:45	SS CGD
5267	LUIS MARQUES	15738	M	SenM	1:22:45	1:21:55	TABAQUEIRA
5268	FÁTIMA PIRES ALMEIDA	10161	F	Vet3F	1:22:50	1:19:43	
5269	PAULO CORREIA	14486	M	Vet1M	1:22:52	1:21:02	
5270	RENATA CHICHORRO	14485	F	SenF	1:22:52	1:21:03	
5271	TIAGO FREDERICO	12779	M	SenM	1:23:00	1:18:45	DXC
5272	PEDRO NUNES	13618	M	SenM	1:23:03	1:19:59	
5273	CLÁUDIA RATO	10426	F	SenF	1:23:04	1:22:41	
5274	MARCO CHRYSTELLO	11023	M	Vet2M	1:23:19	1:22:46	
5275	RODRIGO FREITAS	14346	M	JunM	1:23:36	1:23:14	Clube Desportivo Ribereense
5276	ANA SOUSA	10394	F	SenF	1:23:36	1:18:51	ELES E ELAS
5277	ÂNGELA LEAL	11963	F	SenF	1:23:49	1:21:57	Pump Runners
5278	ANTONIO COELHO	15510	M	Vet3M	1:23:50	1:22:52	Papa Kms
5279	PAULO FERNANDES	15508	M	Vet3M	1:23:50	1:22:51	Papa Kms
5280	CATARINA GONÇALVES	16374	F	SenF	1:23:58	1:22:56	Hospital da Luz



Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5281	RUI GASPAR	15040	M	SenM	1:24:02	1:21:09	B13
5282	ELISABETE VALE	16585	F	Vet1F	1:24:08	1:20:50	Colaboradores SLB
5283	LURDES VALE	11194	F	SenF	1:24:08	1:20:50	Correr Lisboa
5284	HUGO BROA	12948	M	SenM	1:24:10	1:20:04	
5285	JAIME ROQUE	14234	M	Vet3M	1:24:13	1:19:51	
5286	ROSA CARDOSO	15427	F	Vet1F	1:24:18	1:19:21	
5287	ZARA CARDOSO	15699	F	Vet1F	1:24:20	1:14:13	Tudo - Natação
5288	SOFIA PEDRO	16130	F	SenF	1:24:24	1:24:01	
5289	DIOGO REIS	16510	M	SenM	1:24:26	1:19:47	Hospital da Luz
5290	JOAQUIM PEREIRA	15386	M	Vet5M	1:24:39	1:23:54	Clube de Praças da Armada
5291	ACÁCIO PERIRA	14122	M	Vet4M	1:24:43	1:23:49	
5292	ELSA COSTA	10267	F	Vet1F	1:24:44	1:24:33	
5293	JOSÉ PIHEIRO	14124	M	Vet1M	1:24:45	1:23:52	
5294	VITOR PEREIRA	14347	M	Vet5M	1:24:53	1:24:37	Clube Desportivo Ribereense
5295	MARIA RAMOS	14871	F	SenF	1:25:05	1:20:51	
5296	GILBERTO ALVES	14929	M	SenM	1:25:06	1:20:53	Junta de Freguesia de Carnide
5297	JÉSSICA LEMOS	15785	F	SenF	1:25:07	1:14:17	
5298	FILIPA CORTEZ	11120	F	SenF	1:25:11	1:21:31	Super Lentos
5299	MARIA ANJOS	12445	F	Vet3F	1:25:14	1:21:15	CONDOR
5300	RICARDO RIBEIRO	10882	M	SenM	1:25:26	1:23:16	
5301	BRUNO ARAÚJO	10842	M	SenM	1:25:33	1:19:39	
5302	BRUNO ARAÚJO	10841	M	Vet1M	1:25:33	1:19:40	
5303	CARLOS RIBEIRO	10885	M	Vet5M	1:25:38	1:23:28	
5304	JOANA CABAÇO	15825	F	SenF	1:25:40	1:24:48	
5305	PAULA MAGALHÃES	15584	F	Vet1F	1:25:41	1:24:48	
5306	BRUNO CAIXINHA	11990	M	SenM	1:25:45	1:25:27	
5307	MÁRIO RITO	10739	M	Vet2M	1:25:50	1:23:53	
5308	MANUEL SANTOS	11101	M	Vet5M	1:25:56	1:21:37	G.D.C.T. REPSOL POLÍMEROS
5309	HUGO GOMES	17603	M	SenM	1:26:08	1:21:11	
5310	DANIELA TAVARES	14757	F	SenF	1:26:08	1:22:46	
5311	RODRIGO DOMINGUES	14682	M	Vet1M	1:26:08	1:22:45	
5312	NUNO PAIXÃO	17982	M	SenM	1:26:08	1:24:02	
5313	TELMA SEBASTIÃO	13595	F	Vet1F	1:26:09	1:22:09	VFCE
5314	FILIPA GOMES	12237	F	SenF	1:26:09	1:22:01	VFCE
5315	LINDA SANTOS	12595	F	SenF	1:26:10	1:22:02	VFCE
5316	ANA GODINHO	15611	F	SenF	1:26:10	1:22:02	Vitória Futebol Clube Ermidense
5317	CARLOS NEVES	13379	M	Vet3M	1:26:14	1:25:14	Familia do Coração
5318	ANA MÁRCIA PEREIRA	11840	F	SenF	1:26:18	1:22:04	
5319	NUNO DIAS	11609	M	SenM	1:26:28	1:26:01	
5320	MARGARIDA ASCENÇÃO	11292	F	Vet1F	1:26:48	1:26:18	Clube Novo Banco
5321	CARINA ROSA	12875	F	SenF	1:26:49	1:23:33	
5322	TIAGO FIGUEIRA	12031	M	SenM	1:26:49	1:23:37	
5323	BRUNO FONSECA	12915	M	SenM	1:26:51	1:23:31	
5324	TÂNIA CORREIA	15598	F	SenF	1:26:52	1:26:46	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5325	CRISTIANA SILVA	13449	F	SenF	1:26:53	1:23:03	
5326	JOÃO NEVES	13451	M	SenM	1:26:53	1:23:03	
5327	JOÃO SABINO	14559	M	SenM	1:27:01	1:22:41	FDS Sports Team
5328	ÁLVARO ESTRELA	12912	M	Vet3M	1:27:06	1:23:22	
5329	NUNO PIMPÃO	15563	M	Vet1M	1:27:08	1:27:02	CATEDRAL DA CERVEJA
5330	RITA SANTOS	12956	F	SenF	1:27:10	1:25:59	BairroTeam
5331	TELMA LUCIO	15564	F	SenF	1:27:11	1:27:05	CATEDRAL DA CERVEJA
5332	MARA FRUTUOSO	12273	F	SenF	1:27:30	1:22:31	
5333	CARLOS ANTÓNIO SAMÕES	12126	M	Vet5M	1:27:32	1:22:41	
5334	DIOGO JOSÉ MADEIRA FERNANDES	12977	M	SenM	1:27:36	1:22:18	RUMO AO PENTA
5335	ANABELA GOMES ORNELAS	12981	F	SenF	1:27:38	1:22:21	RUMO AO PENTA
5336	ENRICO VIANINI	13705	M	SenM	1:27:38	1:25:00	Bamoximboa
5337	ANA RITA SIMÕES	13706	F	SenF	1:27:38	1:25:01	Bamoximbora
5338	EMILIA DAS DORES BAPTISTA MADEIRA FERNANDES	12978	F	Vet3F	1:27:38	1:22:21	RUMO AO PENTA
5339	FÁTIMA NUNES	16308	F	Vet3F	1:27:51	1:26:37	
5340	RAQUEL AFONSO	10617	F	SenF	1:28:03	1:23:14	Chitas de Alcobaça
5341	JOÃO PEREIRA	10618	M	SenM	1:28:03	1:23:14	Chitas de Alcobaça
5342	CATIA FRAGOSO	10637	F	SenF	1:28:07	1:23:21	Chitas de Alcobaça
5343	LÚCIO LUÍS	11994	M	SenM	1:28:07	1:23:17	Chitas de Alcobaça
5344	CARLOS FERNANDES	10636	M	SenM	1:28:07	1:23:21	Chitas de Alcobaça
5345	ANDRÉ CARDOSO	15848	M	SenM	1:28:13	1:18:40	
5346	MARCO CORREIA	11897	M	Vet1M	1:28:20	1:26:25	
5347	NUNO LIBERATO	15104	M	SenM	1:28:36	1:23:48	
5348	CARLOS LIBERATO	15103	M	Vet1M	1:28:36	1:23:49	
5349	DAVID MARQUES	16030	M	SenM	1:28:37	1:23:48	
5350	ELISABETE LOPES	13851	M	Vet2M	1:28:51	1:17:46	
5351	JOEL CARVALHO	14180	M	Vet5M	1:28:52	1:26:59	MOITA SLB
5352	VÂNIA MARTINHO	13093	F	SenF	1:28:52	1:26:17	Martinho
5353	LUÍS MARTINHO	13094	M	SenM	1:28:52	1:26:17	Martinho
5354	BRUNO FIGUEIREDO	15587	M	SenM	1:29:11	1:26:14	
5355	LUCINDA HENRIQUES	12444	F	Vet3F	1:29:14	1:25:14	CONDOR
5356	GUILHERME MARTINEZ	15472	M	JunM	1:29:26	1:24:07	PSB-Team
5357	TIAGO MAIO	17558	M	SenM	1:29:27	1:24:08	
5358	MARIA ALVES	11021	F	Vet3F	1:29:27	1:28:53	
5359	ELSA GOMES	13643	M	SenM	1:29:28	1:24:30	
5360	ADILSON GOMES	13647	M	SenM	1:29:29	1:24:31	
5361	ANTONIO GALGUINHO	13270	M	SenM	1:29:44	1:26:47	
5362	CRISTINA OLIVEIRA	10761	F	Vet1F	1:29:47	1:24:31	S.L.B
5363	NELSON RODRIGUES	10904	M	Vet2M	1:29:47	1:27:51	
5364	DINO PENIM	13578	M	SenM	1:30:18	1:26:31	
5365	CARLOS FERREIRA	13579	M	SenM	1:30:21	1:26:34	
5366	PEDRO EVARISTO	12386	M	SenM	1:31:09	1:27:08	Mundinter
5367	ANDREIA AMARAL	14395	F	SenF	1:31:31	1:27:58	
5368	SÉRGIO GASPAS	14416	M	SenM	1:31:31	1:27:59	

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5369	ANA SARAIVA	14482	F	SenF	1:31:36	1:27:46	
5370	JOÃO SARAIVA	14481	M	SenM	1:31:37	1:27:46	
5371	BEATRIZ CANDEIAS	11923	F	JunF	1:31:42	1:28:06	Amigos dos Lobos
5372	CÉLIA ALMEIDA	11013	F	Vet1F	1:31:44	1:28:17	Casa do Benfica de Moura
5373	PAULA CAMACHO	10117	F	Vet1F	1:31:45	1:28:18	Casa do Benfica de Moura
5374	FRANCISCO MANUEL CASCALHAIS	11237	M	Vet2M	1:31:45	1:28:16	
5375	MARIA VINAGRE	13312	F	Vet3F	1:32:05	1:28:48	
5376	VITOR FARIA	12030	M	Vet2M	1:32:22	1:31:06	
5377	JOSÉ CARLOS ALFREDO	13423	M	Vet5M	1:32:22	1:31:06	Peniche a Correr
5378	JOANA OLIVEIRA	16281	F	SenF	1:32:23	1:27:14	
5379	CÉSAR ALVES	14644	M	Vet2M	1:32:27	1:27:17	
5380	RICARDO MENDES	14905	M	SenM	1:32:30	1:28:46	
5381	JOÃO CAETANO	13768	M	Vet5M	1:32:59	1:29:42	
5382	ANTONIO FILIPE	13311	M	Vet5M	1:32:59	1:29:45	
5383	ANTÓNIO MARQUES	13959	M	Vet5M	1:33:35	1:31:15	
5384	CÁRMEN TAVARES	12733	F	Vet3F	1:33:35	1:29:36	AMIGOS DE PEVA
5385	HELENA COELHO	13249	F	Vet2F	1:33:55	1:29:26	Captain Fly
5386	JOANA MATOS	14886	F	SenF	1:34:02	1:33:00	
5387	SOFIA GONÇALVES	12731	F	Vet1F	1:34:28	1:30:31	AMIGOS DE PEVA
5388	ADELINO GONÇALVES	12736	M	Vet5M	1:34:29	1:30:25	
5389	CIDÁLIA PACHECO	10453	F	Vet3F	1:34:33	1:32:06	
5390	FERNANDO MATOS	14887	M	Vet4M	1:34:36	1:33:34	
5391	SOPHIA SOBRAL	11887	F	Vet1F	1:34:50	1:31:02	
5392	TANYA SOBRAL	11889	F	SenF	1:34:50	1:31:01	
5393	SONIA BARRADAS	13073	F	Vet1F	1:34:58	1:33:30	Pé de Atleta
5394	SERGIO BILREIRO	17513	M	SenM	1:35:46	1:32:08	
5395	NUNO MENDES	16095	M	SenM	1:35:47	1:32:08	
5396	PEDRO PEREIRA	10792	M	Vet1M	1:35:51	1:34:22	
5397	JOSÉ CARLOS	10592	M	SenM	1:36:22	1:33:22	GRCD LEIÃO
5398	ALAN LIMA	10325	M	SenM	1:36:39	1:34:35	
5399	ANDRE MONTEIRO	12870	M	SenM	1:36:42	1:35:33	
5400	PEDRO POVOA	17873	M	Vet1M	1:37:01	1:35:59	
5401	VITOR POVOA	17880	M	Vet5M	1:37:02	1:36:00	
5402	ARTUR FERNANDES	14934	M	SenM	1:37:10	1:35:49	
5403	JOANA FILIPA	15072	F	SenF	1:37:11	1:35:50	
5404	FLÁVIO CUSTÓDIO	13731	M	SenM	1:37:11	1:31:22	
5405	PEDRO CATARINO	13295	M	SenM	1:37:12	1:31:23	
5406	CARLOS FRAGA	14935	M	SenM	1:37:12	1:35:52	
5407	AFONSO S	13202	M	SenM	1:37:16	1:31:28	SobeEquipa
5408	VÍTOR SALVADOR	12887	M	SenM	1:37:26	1:35:37	
5409	RICARDO SILVA	12580	M	SenM	1:37:27	1:31:37	
5410	SÉRGIO DIAS	12886	M	SenM	1:37:27	1:35:38	
5411	TIAGO DIAS	12885	M	SenM	1:37:29	1:35:39	
5412	MIGUEL HENRIQUES	16164	M	SenM	1:37:56	1:36:02	Fit&Focus,Unipessoal Lda

Lugar	Nome	Dorsal	Sexo	Escalão	Tempo	Chip	Equipa
5413	TÂNIA CANELAS	16163	F	SenF	1:37:57	1:36:01	Fit&Focus,Unipessoal Lda
5414	PALMIRA ROSALINO	10873	F	Vet2F	1:38:07	1:36:05	
5415	NATALINO RODRIGUES	11340	M	Vet5M	1:38:37	1:37:11	
5416	PAULO SANTOS	13357	M	Vet2M	1:40:03	1:35:24	Melgas
5417	ANDRÉ MENDES	16421	M	SenM	1:40:03	1:35:24	Hospital da Luz
5418	BRUNO CARVALHO	13015	M	SenM	1:40:22	1:35:19	
5419	LUÍS MIGUEL MATOS	13012	M	Vet2M	1:40:24	1:35:21	
5420	CARLA ALMEIDA	13014	F	Vet1F	1:40:24	1:35:21	
5421	CRISTINA PIRES	10447	F	Vet3F	1:40:31	1:32:06	
5422	PORFÍRIO VAZ	16034	M	SenM	1:41:46	1:32:08	
5423	MARIANA DINIS	15609	F	SenF	1:43:14	1:36:16	
5424	SIMONE SILVA	12581	F	SenF	1:44:14	1:38:26	
5425	DANIELA REIS	13296	F	SenF	1:44:15	1:38:26	
5426	MICKAEL PINTO	16016	M	SenM	1:46:19	1:41:07	CASA DO BENFICA EM CASTELO BRANCO
5427	JOAQUIM RAMOS	16018	M	Vet5M	1:46:19	1:41:07	CASA DO BENFICA EM CASTELO BRANCO
5428	JOÃO FERREIRA	15187	M	SenM	1:46:36	1:44:23	GUERIN
5429	JORGE LOPES	15188	M	Vet1M	1:46:36	1:44:23	GUERIN
5430	PEDRO FERREIRA	15189	M	Vet1M	1:46:37	1:43:45	GUERIN
5431	JOAQUIM MARQUES	15192	M	Vet1M	1:46:38	1:44:24	GUERIN
5432	LUÍS PROENÇA	16019	M	Vet1M	1:46:39	1:41:26	CASA DO BENFICA EM CASTELO BRANCO
5433	LUÍS LARANJEIRA	11849	M	SenM	1:49:17	1:48:24	
5434	ANA MARQUES	11850	F	SenF	1:49:17	1:48:24	
5435	JOÃO PINA	14292	M	SenM	2:11:04	2:05:40	