

Cl.	Nº.	Nome	Sx	Cls.	Esc	Equipa/País	Controlo	Final
1	5	MELESE ASFAW	M	1	SenM	QUÉNIA	00:22:16	00:29:06
2	4	ROBERT KIPCHUMBA	M	2	SenM	QUÉNIA	00:22:14	00:29:17
3	47	LEÃO CARVALHO	M	3	SenM	SPORT LISBOA E BENFIC	00:22:15	00:29:21
4	9	SAMMY TUM	M	4	SenM	KENIA	00:22:16	00:29:20
5	27	YOUSSEF KALAI	M	5	SenM	SPORT LISBOA E BENFICA	00:22:17	00:29:30
6	13	EDUARDO HENRIQUES	M	6	SenM	CONFORLIMPA	00:22:35	00:29:42
7	16	HERMANO FERREIRA	M	7	SenM	MARATONA CLUBE DE PORTUGAL	00:22:30	00:29:45
8	8	HELLARY KIPCHUMBA	M	8	SenM	KENIA	00:22:36	00:30:11
9	15	JOSE MADURO	M	9	SenM	MARATONA CLUBE DE PORTUGAL	00:22:51	00:30:11
10	11	PAULO GUERRA	M	10	SenM	CONFORLIMPA	00:23:04	00:30:22
11	17	MANUEL SILVA	M	11	SenM	SKODA	00:23:28	00:31:01
12	160	PAULO PINHEIRO	M	12	SenM	MARATONA	00:00:00	00:31:05
13	7	HICHAM ETAICHMI	M	13	SenM	MARROCOS	00:23:27	00:31:15
14	1	LUIS JESUS	M	14	SenM	CONFORLIMPA	00:23:28	00:31:39
15	12	LUIS FEITEIRA	M	15	SenM	CONFORLIMPA	00:23:47	00:31:39
16	14	RUI PEDRO SILVA	M	16	SenM	MARATONA CLUBE DE PORTUGAL	00:23:28	00:31:39
17	22	MALIKA ASSASAH	F	1	SenF	MARROCOS	00:25:53	00:33:41
18	457	MARIO TRINDADE	M	17	SenM	NUCLEO ATLETISMO	00:26:07	00:33:55
19	20	SALINA KOSGEI	F	2	SenF	QUÉNIA	00:25:57	00:33:59
20	43	PAULO PINHEIRO	M	18	SenM	MARATONA CLUBE DE PORTUGAL	00:25:49	00:34:02
21	23	MERIMA DEMBOBA	F	3	SenF	ETIÓPIA	00:25:58	00:34:07
22	430	BRUNO PAIS	M	19	SenM		00:26:00	00:34:22
23	2	VANESA FERNANDES	F	4	SenF	SPORT LISBOA E BENFICA	00:25:59	00:34:25
24	418	HELDER COSTA	M	20	SenM	MAIA ATLETICO CLUBE	00:26:16	00:34:42
25	1024		M	21	SenM		00:26:29	00:34:47
26	1127	ALEXANDRE CANAL	M	1	vet2	SL BENFICA	00:26:30	00:35:06
27	6	PHILMON KEMEI	M	22	SenM	QUÉNIA	00:27:10	00:35:23
28	1219	DANIEL PEIXOTO PEIXOTO	M	23	SenM	INDIVIDUAL	00:26:51	00:35:28
29	1492	ORLANDO GUERRA GUERRA	M	2	vet2	EQUIPA REMAX INFANT	00:26:59	00:35:30
30	766	CARLOS MADEIRA	M	3	vet2	BOMBEIROS VOLUNTARI	00:26:54	00:35:40
31	1526	EDUARDO EUSTAQUIO	M	4	vet2	AMIGOS DO ATLETISMO	00:27:09	00:35:41
32	1538	FRANCISCO ROCHA	M	5	vet2	AMIGOS DO ATLETISMO	00:27:09	00:35:43
33	1582	MANUEL FARIA	M	6	vet2	INATEL	00:27:14	00:35:45
34	1457	LUIS PEREIRA	M	7	vet2	C OLIPICO DE OEIRAS	00:27:11	00:35:57
35	725	ORLANDO LOURENCO	M	24	SenM	SL BENFICA	00:27:30	00:36:04
36	819	CARLOS JESUS JESUS	M	8	vet2	N A A LAGOS	00:27:46	00:36:39
37	24	JESSICA AUGUSTO	F	5	SenF	MARATONA CLUBE DE PORTUGAL	00:27:44	00:36:40
38	25	ELISABETE LOPES	F	6	SenF	MARATONA CLUBE DE PORTUGAL	00:27:45	00:36:40
39	26	INÊS MONTEIRO	F	7	SenF	MARATONA CLUBE DE PORTUGAL	00:27:44	00:36:40
40	46	SÉRGIO SANTOS	M	1	vet1		00:27:44	00:36:40
41	1133	CARLOS MENDES	M	9	vet2	SLB AGUALVA	00:27:49	00:36:42
42	1134	JOSE MOREIRA	M	25	SenM	SLB AGUALVA	00:28:08	00:36:47
43	1741	RICARDO HELENO DE OLIVEIRA	M	26	SenM	SL BENFICA	00:27:52	00:36:52
44	1436	MARIO CHAVES CHAVES	M	27	SenM	GOLD NUTRICION	00:28:13	00:37:08
45	1045	JOAO XAVIER XAVIER	M	28	SenM	S CLUBE	00:28:14	00:37:13
46	568	JORGE AMARAL	M	2	vet1	INDIVIDUAL	00:28:37	00:37:14
47	1877	MANUEL FONSECA FONSECA	M	1	vet4	SENAP	00:28:13	00:37:16
48	655	ANTONIO ALVES	M	10	vet2	TARTUGAS DE LOULE	00:28:15	00:37:17
49	1451	JOSE JESUS	M	29	SenM	C OLIMPICO DE OEIRA	00:28:38	00:37:32
50	1637	JORGE ANTONIO LOPES MATOS	M	3	vet1	SL BENFICA	00:28:32	00:37:34
51	42	JOÃO CARVALHEIRO	M	4	vet1	CLUBE ATLETICO DE OLHÃO	00:28:29	00:37:35
52	689	ORLINDO FIGUEIREDO	M	1	vet5	SL BENFICA	00:28:38	00:37:36
53	1218	FILIPE MIGUEL FERREIRA DIAS	M	30	SenM	A NOZ NOG DO CRAVO	00:28:39	00:37:39
54	679	MARCOLINO VERISSIMO	M	5	vet1	SL BENFICA	00:28:37	00:37:47
55	566	PAULO SERGIO DIAS ALVES	M	31	SenM	SL BENFICA	00:28:49	00:37:48
56	1543	WILLIAM LEMOS	M	32	SenM	BENFICA	00:28:36	00:37:51
57	1513	CARLOS FERNANDES	M	33	SenM	SLB	00:28:40	00:37:54
58	1671	JOAQUIM JORGE ABRAÇO ABRAÇOS	M	34	SenM	BEJA ATLETICO CLUBE	00:28:50	00:37:55
59	1163	LUIS MANUEL FERNANDE GUERREIRO	M	6	vet1	INDIVIDUAL	00:29:03	00:38:10
60	1711	JOAO JOSE GONCALVES INOCENCIO	M	7	vet1	G DESP SAO BERNARDO	00:28:58	00:38:12

61	1494	FILIFE CONCEICAO	M	11	vet2	EQUIPA REMAX INFANT	00:29:02	00:38:13
62	1675	LUIS ALBUQUERQUE	M	8	vet1	SL BENFICA	00:29:14	00:38:13
63	407	JORGE CANTEIRO	M	9	vet1		00:28:45	00:38:15
64	1131	JOAQUIM PEREIRA PEREIRA	M	2	vet5	SL BENFICA	00:29:02	00:38:17
65	1246	VITOR MANUEL D LOPES LOPES	M	10	vet1	SFRAA AMADORA	00:29:10	00:38:20
66	673	JOAO MEDEIRO	M	12	vet2	SL BENFICA	00:28:54	00:38:21
67	1555	VASCO MICAELL MICAELL	M	1	vet6	CENAP	00:29:15	00:38:25
68	1136	JORGE BALTAZAR	M	1	vet3	SLB AGUALVA	00:29:15	00:38:29
69	1161	MARCIO CABRAL	M	35	SenM	SP PORTUGAL	00:29:13	00:38:36
70	1688	JOSE FILIFE J CARDOSO	M	2	vet3	SL BENFICA	00:29:15	00:38:41
71	1546	DANIEL ANTUNES	M	3	vet3	SLB	00:29:19	00:38:45
72	1925	LUÍS PREGO	M	4	vet3		00:29:19	00:38:48
73	1333		M	36	SenM		00:29:33	00:38:49
74	1782	MIGUEL VALENTE FERNANDES	M	37	SenM	SL BENFICA	00:29:16	00:38:49
75	1552	JOAQUIM RAMOS RAMOS	M	5	vet3	SENAP	00:29:07	00:38:54
76	1016	LUIS PAULO	M	13	vet2	SL BENFICA	00:29:34	00:38:55
77	1714	PAULO GASPAR	M	11	vet1	INDIVIDUAL	00:29:45	00:39:06
78	1489	NUNO RUIVO	M	38	SenM	EQUIPA REMAX INFANT	00:30:03	00:39:16
79	943	PEDRO M GONÇALVES CARAPETO ARSEN	M	39	SenM	S.C PORTUGAL	00:29:46	00:39:17
80	229	LUCILIA SOARES	F	8	SenF	SPORT LISBOA E BENFICA	00:29:56	00:39:18
81	935	EURICO AGOSTINHO AGOSTINHO	M	6	vet3	G D C R ZAMBUJEIRA	00:29:57	00:39:19
82	699	JOAO PEDRO GAMA	M	40	SenM	SL BENFICA	00:29:50	00:39:20
83	1125	JOSE SILVA	M	14	vet2	SL BENFICA	00:29:51	00:39:20
84	657	SERGIO SOUSA	M	3	vet5	TARTUGAS DE LOULE	00:30:02	00:39:25
85	659	FERNANDO ALVES	M	15	vet2	TARTUGAS DE LOULE	00:30:02	00:39:26
86	1964	DAVID SOUSA	M	16	vet2		00:29:52	00:39:26
87	729	JOSE CAROLA CAROLA	M	41	SenM	INDIVIDUAL	00:30:07	00:39:35
88	1554	JOAQUIM FIGUEIREDO FIGUEIREDO	M	7	vet3	CENAP	00:30:02	00:39:39
89	1498	CARLOS PINTASSILGO	M	8	vet3	EQUIPA REMAX INFANT	00:30:04	00:39:41
90	1497	JOSE RAMIRES	M	9	vet3	EQUIPA REMAX INFANT	00:30:03	00:39:44
91	1260	MANUEL VEIGA	M	17	vet2	G DESP CRUZ PICADA	00:30:44	00:39:49
92	1216	JORGE PAULINO	M	2	vet4	CLUBE DESP MAFRA	00:30:30	00:39:52
93	683		M	42	SenM		00:30:24	00:39:53
94	1875	ORLANDO MANUEL FELID COELHO	M	18	vet2	BENFICA	00:30:29	00:39:55
95	1496	LEONEL CRISTINA	M	19	vet2	EQUIPA REMAX INFANT	00:30:30	00:39:57
96	1927	NUNO ESPÍRITO	M	12	vet1		00:30:20	00:39:57
97	1268	RICARDO DA SILVA CARVALHEIRO	M	43	SenM	INDIVIDUAL	00:30:33	00:40:00
98	1215	DOMINGOS NETO	M	10	vet3	CLU DESP MAFRA	00:30:31	00:40:07
99	661	ROGERIO PINGUINHA	M	20	vet2	TARTUGAS DE LOULE	00:30:30	00:40:10
100	767	FRANCISCO OLIVEIRA	M	13	vet1	BOMBEIROS VOLUNTARI	00:30:50	00:40:15
101	1902	JOSÉ CUNHA	M	21	vet2		00:30:46	00:40:17
102	751	ANTONIO REBELO	M	3	vet4	IGREJA NOVA	00:30:43	00:40:21
103	1536	PEDRO PEREIRA	M	44	SenM	AMIGOS DO ATLETISMO	00:30:44	00:40:21
104	833	NUNO LUCIO NUNES DE MELO COSTA L	M	14	vet1	S.C PORTUGAL	00:31:12	00:40:25
105	731	JOSE SILVA	M	45	SenM	INDIVIDUAL	00:30:44	00:40:26
106	474	MANUEL MARTINS	M	4	vet4		00:30:48	00:40:30
107	719	TANIA SOUSA	F	9	SenF	SL BENFICA	00:30:49	00:40:36
108	1883	SANDRO SILVA	M	46	SenM	SLB	00:30:30	00:40:39
109	1302	DANIEL FILIFE ROBALO ALMEIDA	M	47	SenM	BAIRRO DO CANSADO	00:30:35	00:40:40
110	525	JOSE ZANANAR	M	2	vet6	QUINTA DA LAGOA MIR	00:30:52	00:40:43
111	1571	VITOR MANUEL DA SILVA FERNANDES	M	48	SenM	BENFICA	00:30:59	00:40:43
112	1514	LEITE RHONE	M	49	SenM	CENTRO GALINHEIRAS	00:30:49	00:40:44
113	552	DIOGO ARRIAS	M	5	vet4	ROBBIALAC	00:30:51	00:40:46
114	1946	FERNANDO PAULA	M	11	vet3		00:30:58	00:40:51
115	1934	CARLOS FONSECA	M	12	vet3		00:31:17	00:40:55
116	1308	LUIS PEREIRA PEREIRA	M	4	vet5	AUTO PINT MONTIJO	00:31:10	00:40:57
117	514	JOAO MANUEL RODRIGUES LOURENÇO	M	22	vet2	INDIVIDUAL	00:31:19	00:41:00
118	1532	MANUEL ZORRO	M	13	vet3	AMIGOS DO ATLETISMO	00:31:43	00:41:03
119	1592	JOSE DIOGO SANTOS	M	50	SenM	BENFICA	00:31:11	00:41:04
120	1204	DECIO OSCAR FERRAO REDONDO	M	23	vet2	INDIVIDUAL	00:31:22	00:41:05
121	1096	LUIS MONTEIRO	M	15	vet1	SL BENFICA	00:31:23	00:41:06
122	1063	MANUEL VAZ VAZ	M	14	vet3	SL BENFICA	00:31:16	00:41:07
123	694	RICARDO FELIX	M	51	SenM	CCD EFACEC LISBOA	00:31:24	00:41:09

124	727	JOAO PAULO GUEDES	M	52	SenM	AHBVA	00:31:20	00:41:11
125	672	JOAQUIM FRADE	M	6	vet4	SL BENFICA	00:31:33	00:41:12
126	1343	JOSE TEIXEIRA	M	15	vet3	SBL	00:31:36	00:41:14
127	464	MÁRIO JORGE NUNES MARTINS	M	53	SenM		00:31:29	00:41:15
128	1224	EMANUEL GARCIA CORRE CORREIA	M	54	SenM	SP PORTUGAL	00:30:50	00:41:18
129	1364	FRANCISCO AIRES	M	5	vet5	SL BENFICA	00:31:41	00:41:23
130	1267	BRUNO M SILVA PEDROSA	M	55	SenM	INDIVIDUAL	00:31:37	00:41:24
131	1064	JOSE VAZ	M	16	vet3	ANACOM	00:31:30	00:41:25
132	635	PAULO MATEUS	M	24	vet2	SL BENFICA	00:31:41	00:41:27
133	803	MARCOS ANTONIO DA FONSECA PEREIR	M	7	vet4	SL BENFICA	00:31:29	00:41:28
134	1490	JOSE AUGUSTO NETO	M	25	vet2	EQUIPA REMAX INFANT	00:31:42	00:41:29
135	929	JOSE FRANCISCO ARAUJ MIRANDA	M	17	vet3	SL BENFICA	00:31:35	00:41:38
136	2146	JOSÉ FERNANDES	M	6	vet5		00:31:44	00:41:38
137	1799	JOSE MANUEL CUNHA CUNHA	M	26	vet2	INDIVIDUAL	00:31:41	00:41:40
138	1408	JOAO GONÇALVES PALMA DA PALMA	M	18	vet3	AE BNU	00:31:43	00:41:45
139	1963	LUÍS MANUEL	M	27	vet2		00:32:06	00:41:48
140	1152	JOSE CARDOSO	M	19	vet3	CRPCAMPOLIDE	00:31:46	00:41:50
141	1261	ANTONIO CATRONGA CATRONGA	M	20	vet3	G DESP CRUZ PICADA	00:32:05	00:41:51
142	1477	AMERICO RODRIGUES SEQUEIRA	M	21	vet3	N A A LAGOS	00:31:55	00:41:52
143	1576	JOAQUIM COSTA MARINHO	M	22	vet3	SLB	00:31:42	00:41:53
144	1078	MOREIRA SILVA	M	8	vet4	AFIS OVAR	00:31:48	00:41:54
145	1079	EDUARDO RESENDE	M	7	vet5	AFIS OVAR	00:31:46	00:41:54
146	1891	RUBEN COELHO	M	56	SenM		00:32:15	00:41:56
147	1865	NUNO RODRIGUES	M	57	SenM	SLB	00:32:06	00:41:57
148	607	ANTONIO COSTA	M	8	vet5	SL BENFICA	00:32:06	00:42:03
149	864	ANTONIO JOSE CARVALH CARVALHO	M	9	vet4	CASA DO BENF F Foz	00:32:19	00:42:03
150	1461	CARLOS MANUEL DOS SA SANTOS CHAR	M	10	vet4	SLB PRINCIP	00:00:00	00:42:05
151	1481	NUNO BARRADAS	M	28	vet2	SLB	00:32:21	00:42:05
152	44	HUGO SOUSA	M	58	SenM	CLUBE OLÍMPICO DE OEIRAS	00:32:09	00:42:07
153	45	ANTÓNIO JOURDAN	M	59	SenM		00:32:09	00:42:07
154	861	ANTONIO PEDRO LOPES SANTOS	M	23	vet3	INDIVIDUAL	00:32:46	00:42:10
155	1100	ALEXANDRE NEVES	M	16	vet1	SL BENFICA	00:32:12	00:42:12
156	1269	JORGE ALEXANDRE SILV CARVALHEIRO	M	60	SenM	INDIVIDUAL	00:32:05	00:42:12
157	1449	MARTIM MENEZES	M	17	vet1	C OLIMPICO DE OEIRA	00:32:09	00:42:13
158	1154	JOAQUIM CARDOSO	M	9	vet5	CRP CAMPOLIDE	00:32:11	00:42:14
159	770	JOAO RODRIGUES	M	61	SenM	BOMBEIROS VOLUNTARI	00:31:47	00:42:16
160	936	VALENTIM FERNANDES FERNANDES	M	11	vet4	G D C R ZAMBUJEIRA	00:31:56	00:42:16
161	708	ROGERIO CARLOS CORREIA CASSACA	M	18	vet1	INDIVIDUAL	00:31:15	00:42:19
162	1128	AMERICO AMARO	M	24	vet3	SLB AGUALVA	00:32:31	00:42:19
163	1547	JOSE FELIX	M	12	vet4	SLB	00:32:36	00:42:19
164	523	FERNANDO NOGUEIRA NOGUEIRA	M	10	vet5	QUINTA DA LAGOA MIR	00:31:55	00:42:20
165	654	JOSE AUGUSTO MARQUES M BAROSA	M	13	vet4	SL BENFICA	00:32:25	00:42:23
166	1419	AMANDIO RICARDO GOUVEIA	M	62	SenM	BENFICA	00:31:51	00:42:27
167	516	PAULO VALADA	M	29	vet2	INDIVIDUAL	00:32:27	00:42:29
168	981	TELMO PEDRO	M	63	SenM	SL BENFICA	00:31:51	00:42:31
169	1160	JORGE ANTONIO FARINH OLIVEIRA	M	19	vet1	SL BENFICA	00:32:20	00:42:32
170	1565	PEDRO MIGUEL PENTEADO VIEIRA	M	64	SenM	AMOREIRA	00:32:29	00:42:33
171	453	ISIDRO SANTOS	M	65	SenM		00:32:24	00:42:36
172	1203	AUGUSTO LOPES MACIEI MACIEIRA	M	20	vet1	INDIVIDUAL	00:32:14	00:42:38
173	611	AUGUSTO LOPES	M	14	vet4	SL BENFICA	00:32:24	00:42:41
174	990	MANUEL BATISTA	M	30	vet2	GAAVFXIRA	00:33:27	00:42:41
175	1658	MARCELO PEREIRA PINTO	M	66	SenM	SL BENFICA	00:32:12	00:42:43
176	1168	JOAQUIM VIANA	M	31	vet2	SL BENFICA	00:32:48	00:42:44
177	1822	MANUEL JOAO PIRIQUITO CALISTO	M	11	vet5	SL BENFICA	00:32:32	00:42:44
178	2056	ANTÓNIO PINTO	M	67	SenM		00:32:42	00:42:45
179	765	JOSE ALDINHAS	M	68	SenM	BOMBEIROS VOLUNTARI	00:31:16	00:42:46
180	1586	BERNARDINO PEREIRA	M	3	vet6	BENFICA	00:32:23	00:42:51
181	1369	FERNANDO AUGUSTO AGUIAR SANTOS	M	15	vet4	NAO	00:32:39	00:42:52
182	722	MARCO LOURENCO	M	69	SenM	SL BENFICA	00:32:31	00:42:55
183	931	JORGE RODRIGUES RODRIGUES	M	70	SenM	G D C R ZAMBUJEIRA	00:32:32	00:42:55
184	1212	FRANCISCO ANTONIO LAGES	M	16	vet4	SL BENFICA	00:32:23	00:42:56
185	1864	JOAO LEMOS	M	25	vet3	SLB	00:32:44	00:42:58
186	883		M	71	SenM		00:32:49	00:42:59

187	1312	JOSE CARLOS COSTA	M	32	vet2	AUTO PINTURA MONTIJ	00:32:36	00:42:59
188	2151	JOSÉ SILVA	M	12	vet5		00:32:52	00:43:01
189	660	JOSE SANTOS	M	33	vet2	TARTUGAS DE LOULE	00:32:56	00:43:03
190	1504	JOAO MARTINHO TRAVASSOS ESPADA	M	34	vet2	INDIVIDUAL	00:32:45	00:43:03
191	872	ANTONIO MANUEL SARAIVA	M	72	SenM	SL BENFICA	00:33:01	00:43:05
192	1553	JOSE TEIXEIRA TEIXEIRA	M	17	vet4	SENAP	00:32:50	00:43:06
193	1113	JOAQUIM FERREIRA	M	4	vet6	GR DESP IGREJA NOVA	00:32:37	00:43:07
194	511	LUIS MANUEL FERREIRA ANTUNES	M	21	vet1	SL BENFICA	00:32:47	00:43:08
195	1094	JORGE PEREIRA	M	18	vet4	SL BENFICA	00:33:05	00:43:09
196	1914	ANDRÉ QUARENTA	M	22	vet1		00:33:04	00:43:10
197	1916	ANTÓNIO JORGE	M	19	vet4		00:32:54	00:43:10
198	1932	VIRGÍLIO MADEIRA	M	26	vet3		00:32:55	00:43:10
199	2176	LUIS NUNES	M	73	SenM		00:32:44	00:43:11
200	1491	ORLANDO DUARTE	M	27	vet3	AFIS OVAR	00:33:08	00:43:15
201	1390	RICARDO PEREIRA	M	74	SenM	BENFICA	00:32:22	00:43:16
202	1170	JOSE ESTEVES MONTEIRO	M	20	vet4	SL BENFICA	00:32:49	00:43:18
203	1531	MANUEL DUARTE	M	13	vet5	AMIGOS DO ATLETISMO	00:33:15	00:43:19
204	1954	JOSÉ PEIXOTO	M	28	vet3		00:33:07	00:43:20
205	1674	FERNANDO RODRIGUES	M	35	vet2	SL BENFICA	00:33:05	00:43:21
206	1967	JOÃO SEQUEIRA	M	36	vet2		00:33:11	00:43:27
207	573	JORGE M FERNANDES ALMEIDA	M	75	SenM	SL BENFICA	00:32:30	00:43:28
208	634	PAULO PAIS	M	37	vet2	SL BENFICA	00:32:55	00:43:28
209	1400	VICTOR HIPOLITO	M	23	vet1	REST CANT DO CAÇADO	00:32:56	00:43:29
210	1641	JOAO RICARDO BARROS	M	76	SenM	LINDA A VELHA	00:33:12	00:43:30
211	1129	JANUARIO COELHO	M	21	vet4	SLB AGUALVA	00:33:18	00:43:31
212	1805	NUNO FILIPE AGOSTINH NARCISO	M	77	SenM	MARINHAI AC	00:33:19	00:43:32
213	546	VITORINO HENRIQUE DOS ANJOS	M	38	vet2	INDIVIDUAL	00:32:48	00:43:33
214	698	LUIS FILIPE GAMA GAMA	M	39	vet2	SL BENFICA	00:33:11	00:43:33
215	1640	CARLOS SOARES	M	29	vet3	INDIVIDUAL	00:33:09	00:43:34
216	1649	JOSE FERNANDO REVEZ HILARIO	M	30	vet3	INDIVIDUAL	00:33:33	00:43:36
217	1907	PAULO MORADIAS	M	40	vet2		00:33:24	00:43:38
218	1535	PEDRO DUARTE	M	78	SenM	AMIGOS DO ATLETISMO	00:33:15	00:43:40
219	666	CARLOS GEMA	M	22	vet4	TARTUGAS DE LOULE	00:33:19	00:43:41
220	1234	ANTONIO PEDRO DELGADO PRATAS	M	79	SenM	ATLETICO RIACHENSE	00:33:19	00:43:41
221	1911	MA FEE	F	1	w45		00:33:16	00:43:42
222	1931	TAM AFONSO	M	23	vet4		00:33:16	00:43:42
223	1605	AUGUSTO JESUS MOREIRA	M	41	vet2	INDIVIDUAL	00:33:07	00:43:43
224	1371	JOSE RAPOSO	M	80	SenM	RE3	00:33:23	00:43:45
225	1713	ANTONIO LEMOS	M	31	vet3	INDIVIDUAL	00:33:12	00:43:45
226	970	ANTONIO JOSE SOUSA TELES VARELA	M	42	vet2	SL BENFICA	00:33:19	00:43:46
227	1372	DAVID AZEVEDO	M	81	SenM	RE3	00:33:24	00:43:46
228	1965	ANTÓNIO COSTA	M	32	vet3		00:33:21	00:43:46
229	753	NUNO MIGUEL LOPES	M	82	SenM	CASA BENF ALHANDRA	00:33:11	00:43:49
230	1910	LÚCIA OLIVEIRA	F	10	SenF		00:33:24	00:43:49
231	904	JOAO MANUEL LOPES	M	83	SenM	SL BENFICA	00:33:22	00:43:50
232	946	EDUARDO CONCHA	M	43	vet2	OS NUNES	00:33:27	00:43:51
233	684	JOSE ALVES	M	14	vet5	SL BENFICA	00:34:06	00:43:54
234	1176	PEDRO JORGE	M	84	SenM	SL BENFICA	00:33:51	00:43:54
235	1300	EDILSON MOURA	M	24	vet1	IGREJA REVIVERCRIST	00:33:40	00:44:00
236	762	JOSE MARQUES MARQUES	M	44	vet2	BOMBEIROS VOLUNTARI	00:33:28	00:44:02
237	768	ABILIO CATARRO	M	24	vet4	BOMBEIROS VOLUNTARI	00:33:06	00:44:02
238	769	RUI DIAS	M	85	SenM	BOMBEIROS VOLUNTARI	00:33:05	00:44:02
239	1029	MANUEL DINIS CARDINA PARDAL	M	25	vet4	INDIVIDUAL	00:33:05	00:44:03
240	438	AVELINO PIMENTA	M	86	SenM		00:33:32	00:44:05
241	714	CARLA JESUS	F	1	w35	SL BENFICA	00:33:23	00:44:05
242	1197	ANTONIO MANUEL ALVES REBELO	M	25	vet1	INDIVIDUAL	00:33:36	00:44:08
243	1899	ELISIO COSTA	M	26	vet4		00:33:53	00:44:08
244	748	ARTUR FREITAS	M	15	vet5	AMIGOS DA MAIA	00:33:23	00:44:09
245	1765	GERMANO PIRES	M	33	vet3	INDIVIDUAL	00:33:38	00:44:10
246	882		M	87	SenM		00:33:52	00:44:11
247	1700	JOSE MARTINHO	M	88	SenM	TARTUGAS	00:33:49	00:44:12
248	670	JOAQUIM CARRILHO	M	45	vet2	SL BENFICA	00:33:50	00:44:15
249	1617	FERNANDO MOREIRA	M	27	vet4	INDIVIDUAL	00:33:30	00:44:15

250	1106	ANDRÉ LOPES	M	89	SenM		00:33:29	00:44:17
251	1949	MIGUEL SILVA	M	34	vet3		00:33:39	00:44:18
252	653	VITOR MANUEL DA SILVA PEREIRA	M	28	vet4	SL BENFICA	00:33:51	00:44:20
253	572	JOSE LUIS ALVES ALVES	M	46	vet2	SL BENFICA	00:33:49	00:44:21
254	1759	CARLOS GOMES	M	47	vet2	EDP LX	00:34:33	00:44:22
255	1194	JOSE MANUEL FIGUEIREDO	M	26	vet1	INDIVIDUAL	00:33:38	00:44:23
256	1174	PEDRO DIAS	M	90	SenM	SL BENFICA	00:33:58	00:44:27
257	718	RAFFIK BALDE	M	91	SenM	SL BENFICA	00:33:11	00:44:28
258	723	DANIEL SILVA	M	92	SenM	SL BENFICA	00:32:59	00:44:29
259	877	TIAGO SIMAO RIBEIRO	M	27	vet1	SL BENFICA	00:34:12	00:44:30
260	930	JOAO CALÇADA CALÇADA	M	28	vet1	G D C R ZAMBUJEIRA	00:33:48	00:44:30
261	1569	JOSE LUIS FERRAO SIL SILVA	M	16	vet5	SLB	00:33:45	00:44:30
262	983	REGINALDO MARTINS	M	93	SenM	SL BENFICA	00:33:26	00:44:31
263	1169	JOSE GARRAFAO	M	35	vet3	INDIVIDUAL	00:34:04	00:44:32
264	1095	JULIO FERREIRA	M	29	vet4	SL BENFICA	00:34:01	00:44:35
265	1510	GONCALO CASTRO CASTRO	M	94	SenM	BENFICA	00:34:15	00:44:35
266	667	JOAO GEMA	M	95	SenM	TARTUGAS DE LOULE	00:33:49	00:44:39
267	1155	MANUEL ANTONIO SOUSA VELOSA	M	29	vet1	SL BENFICA	00:34:34	00:44:39
268	1686	RICARDO SERGIO ESTRELA LOBO	M	96	SenM	CDCR CTT	00:33:57	00:44:39
269	889	DIOGO LOPES MARTINS MACEDO	M	97	SenM	SL BENFICA	00:34:45	00:44:40
270	1659	MARIO NEVES SILVA	M	30	vet4	SL BENFICA	00:34:06	00:44:40
271	1775	AUGUSTO MARQUES GASPAR	M	36	vet3	SL BENFICA	00:34:07	00:44:40
272	2198	MANUEL PIMENTA	M	31	vet4		00:33:55	00:44:40
273	1117	MIGUEL DE PAULA NOGUEIRA RAMOS	M	48	vet2	SL BENFICA	00:33:47	00:44:43
274	1421	JOAO VICENTE	M	30	vet1	BENFICA	00:33:59	00:44:45
275	1501	PEDRO ALEXANDRE NUNES	M	98	SenM	SPORT LISBOA BENFIC	00:33:46	00:44:45
276	993	ANTONIO RIBEIRO	M	37	vet3	GAAVFXIRA	00:34:32	00:44:46
277	1804	ANTONIO MANUEL C S LEAL	M	31	vet1	MARINHAI S AC	00:34:19	00:44:47
278	971	JORGE HUMBERTO CARVALHO PAULO	M	32	vet1	INDIVIDUAL	00:34:03	00:44:50
279	1795	JORGE HUMBERTO CARVA CARVALHO PA	M	33	vet1	INDIVIDUAL	00:34:03	00:44:50
280	2053		M	99	SenM		00:34:16	00:44:51
281	1876	JORGE DUARTE	M	49	vet2	SLB	00:34:25	00:44:52
282	1380	PAULO SANTOS	M	34	vet1	INDIVIDUAL	00:33:46	00:44:54
283	1670	EDUARDO MANUEL TEIXE TEIXEIRA AL	M	100	SenM	SL BENFICA	00:34:24	00:44:54
284	754	RAMIRO DELGADO INACIO	M	17	vet5	CASA BENF ALHANDRA	00:34:18	00:44:55
285	1677	ANTONIO PENIN	M	35	vet1	SL BENFICA	00:34:17	00:44:56
286	703	JOAO SANTOS	M	18	vet5	LEVRES DO SADO	00:34:45	00:44:58
287	1245	JACINTO JESUS FERREIRA	M	32	vet4	SL BENFICA	00:34:39	00:44:58
288	702	AMANDIO LOBO	M	19	vet5	LEVRES DO SADO	00:34:40	00:45:00
289	1019	JORGE GOMES PIMENTA	M	101	SenM	SL BENFICA	00:34:22	00:45:00
290	1020	SERGIO ANTUNES	M	102	SenM	NAO TEM	00:34:23	00:45:00
291	1870	ANDRE FERNANDO NUNES RODRIGUES	M	103	SenM	SLB	00:34:05	00:45:00
292	786	VITOR GONÇALVES	M	38	vet3	CLUBE DO STRESS	00:35:13	00:45:01
293	1950		M	104	SenM		00:35:14	00:45:01
294	2184	JOÃO PEREIRA DA COSTA	M	105	SenM		00:34:37	00:45:02
295	1999	JOSÉ VALÉRIO	M	5	vet6		00:34:35	00:45:04
296	1041	JOSE MANUEL REBELO MIRA	M	36	vet1	S CLUBE	00:34:31	00:45:05
297	1311	AUGUSTO BRITO	M	33	vet4	AUTO PINT MONTIJO	00:34:07	00:45:05
298	1957	JORGE SERRA	M	50	vet2		00:34:19	00:45:07
299	1575	JORGE FONSECA	M	37	vet1	SPORTING	00:34:14	00:45:08
300	41	JOSÉ MESTRE	M	51	vet2	CLUBE ATLETICO DE OLHÃO	00:33:21	00:45:10
301	431	PEDRO JOSÉ BAPTISTA GABRIEL	M	106	SenM		00:34:20	00:45:11
302	980	ANTONIO PITORRA	M	39	vet3	SL BENFICA	00:34:24	00:45:12
303	1237	BELMIRO SILVA SILVA	M	52	vet2	SL BENFICA	00:34:26	00:45:13
304	1478	FILIPE NEVES	M	107	SenM	SLB	00:35:14	00:45:13
305	1725	JOAO MIGUEL SEMIAO PINTO	M	108	SenM	SL BENFICA	00:34:28	00:45:14
306	1098	SILVIO PAIVA	M	20	vet5	SL BENFICA	00:34:33	00:45:15
307	1053	JULIO RAFAEL MARQUES FIRME	M	109	SenM	SL BENFICA	00:35:10	00:45:16
308	1533	MARIO ZORRO	M	110	SenM	AMIGOS DO ATLETISMO	00:34:32	00:45:17
309	1951	RENATO SILVA	M	111	SenM		00:34:45	00:45:17
310	1493	SEVERINO CRUZ	M	53	vet2	AFIS OVAR	00:34:36	00:45:18
311	2165	PEDRO FARIA	M	112	SenM		00:34:26	00:45:18
312	1360	FIDEL AUGUSTO DUARTE DUARTE	M	113	SenM	SP PORTUGAL	00:35:27	00:45:20

313	1583	BEIJAMIM KIMBUELAS	M	34	vet4	OS LEOES DE VENEZA	00:34:33	00:45:20
314	675	ANTONIO CARPINTEIRO	M	6	vet6	SL BENFICA	00:34:27	00:45:21
315	693	JOSE DIMAS	M	38	vet1	SL BENFICA	00:34:40	00:45:21
316	1774	DOMINGOS DANIEL FRANCO FERREIRA	M	40	vet3	SL BENFICA	00:34:57	00:45:21
317	1900	JORGE DURÃES	M	54	vet2		00:34:13	00:45:22
318	550	JOAQUIM MILHEIRO GIL	M	55	vet2	INDIVIDUAL	00:34:52	00:45:23
319	601	JOSE PEREIRA	M	39	vet1	SL BENFICA	00:34:27	00:45:24
320	1528	KIMPIOCA KOSSI BLANCHARDO	M	41	vet3	INDIVIDUAL	00:34:23	00:45:26
321	1760	NUNO MARTINS	M	40	vet1	SL BENFICA	00:34:54	00:45:26
322	640	CARLOS MIGUEL SANTOS MARQUES	M	42	vet3	SL BENFICA	00:34:47	00:45:27
323	627	MOURA BRANCO	M	21	vet5	SL BENFICA	00:34:25	00:45:31
324	1458	LEONEL JOSE	M	41	vet1	C OLIMPICO DE OEIRA	00:34:51	00:45:31
325	467	MANUEL ABREU	M	114	SenM		00:00:00	00:45:35
326	1167	NICOLAU LIMA CRUZ FAGUNDES	M	42	vet1	SL BENFICA	00:34:30	00:45:35
327	1845	ANTONIO LUCAS ROSA	M	56	vet2	SL BENFICA	00:34:34	00:45:38
328	1523	ADELINO ALVES	M	22	vet5	AMIGOS DO ATLETISMO	00:34:45	00:45:40
329	1839	PEDRO NUNO BERNARDES VELOSO	M	43	vet1	SL BENFICA	00:35:20	00:45:40
330	527	DAVID SANTOS	M	23	vet5	QUINTA DA LAGOA MIR	00:35:08	00:45:41
331	1792	NUNO SANTOS	M	115	SenM	SL BENFICA	00:34:17	00:45:42
332	1653	JOAO CARLOS SETUBAL CONSTANTINO	M	116	SenM	INDIVIDUAL	00:34:59	00:45:43
333	927	JOSE SANTOS	M	43	vet3	SL BENFICA	00:34:18	00:45:44
334	1479	MARIA AZEVEDO	F	11	SenF	SLB	00:35:17	00:45:44
335	1859	MANUEL HERNANI FONSECA CARDOSO	M	44	vet3	S L B	00:34:52	00:45:44
336	1158	CLAUDIA MARTINS	F	12	SenF	TIRA PICOS	00:34:43	00:45:48
337	2179	FERNANDO CASTANHEIRA	M	24	vet5		00:35:15	00:45:50
338	1815	ANDRE MIRANDA	M	117	SenM	SL BENFICA	00:34:39	00:45:51
339	1525	CARLOS RODRIGUES	M	35	vet4	AMIGOS DO ATLETISMO	00:34:43	00:45:53
340	1627	JOAO FRANCISCO AFONSO DUARTE	M	36	vet4	AR PURO	00:35:02	00:45:53
341	505	OZEIAS MALAQUIAS	M	118	SenM		00:35:03	00:45:54
342	582	ANTONIO PEREIRA	M	57	vet2	SL BENFICA	00:35:22	00:45:57
343	808	MARIO MOURA MATOS MATOS	M	45	vet3	SL BENFICA	00:34:35	00:45:57
344	450	JOSÉ OLIVEIRA	M	119	SenM		00:35:24	00:45:58
345	618	JOAO PEREIRA	M	44	vet1	SL BENFICA	00:34:47	00:45:58
346	471	DÁRIO ALEIXO	M	120	SenM		00:35:52	00:46:04
347	1527	EGIDIO PORTELA	M	37	vet4	AMIGOS DO ATLETISMO	00:34:49	00:46:04
348	644	PEDRO FERREIRA	M	58	vet2	GDCT UNICRE	00:35:04	00:46:06
349	428	FERNANDO SILVA	M	121	SenM		00:34:42	00:46:08
350	1198	ANTONIO JOSE DAVID ESTRELA	M	59	vet2	INDIVIDUAL	00:35:00	00:46:09
351	1923	LUÍS MELO	M	46	vet3		00:34:48	00:46:10
352	488	JOAQUIM CUNHA	M	45	vet1		00:35:16	00:46:12
353	730	MARIO CARVALHO	M	47	vet3	INDIVIDUAL	00:35:12	00:46:13
354	798	PEDRO NICOLAU	M	46	vet1	INDIVIDUAL	00:35:18	00:46:13
355	1299	ANTONIO GARCES	M	7	vet6	FFF	00:35:00	00:46:16
356	705	FERNANDO CARVALHO	M	25	vet5	LEVRES DO SADO	00:35:17	00:46:17
357	1187	JOAO PAULO PORTUGAL REVES	M	47	vet1	LESMA ALOPRADAS	00:34:57	00:46:19
358	1955	DANIEL FERREIRA	M	122	SenM		00:35:31	00:46:19
359	2177	IDALECIO BARROS	M	123	SenM		00:35:15	00:46:19
360	1952	CARLOS BENAVENTE	M	48	vet3		00:34:55	00:46:20
361	1507	GERRY SANITZ SANITZ	M	60	vet2	BENFICA	00:35:19	00:46:21
362	470	RUI FERREIRA	M	124	SenM		00:36:09	00:46:22
363	626	ILIDIO RODRIGUES	M	26	vet5	SL BENFICA	00:35:55	00:46:23
364	764	AGOSTINHO PINTO	M	38	vet4	BOMBEIROS VOLUNTARI	00:34:45	00:46:23
365	456	LUIS TOMÉ	M	125	SenM		00:35:25	00:46:25
366	1909	DOMINGOS RODRIGUES	M	39	vet4		00:35:21	00:46:26
367	632	SERGIO ANJOS	M	27	vet5	SL BENFICA	00:35:37	00:46:28
368	834	MIGUEL ANTONIO COELHO	M	126	SenM	S.C PORTUGAL	00:35:36	00:46:29
369	874	TELMO CORDEIRO MATOS	M	127	SenM	S.C PORTUGAL	00:35:36	00:46:29
370	656	ANTONIO MONTES	M	40	vet4	TARTUGAS	00:35:49	00:46:30
371	1676	FERNANDO ALMEIDA	M	48	vet1	SL BENFICA	00:35:38	00:46:30
372	1655	ARISTIDES JOSE DIAS MONTEIRO	M	49	vet1	INDIVIDUAL	00:35:21	00:46:31
373	2199	JOSE PEREIRA	M	8	vet6		00:36:03	00:46:34
374	1797	JORGE HUMBERTO CARVALHO PAULO	M	128	SenM	INDIVIDUAL	00:35:55	00:46:38
375	2191	JOSÉ AGOSTINHO GRELHA	M	129	SenM		00:34:42	00:46:38

376	1097	RUI LOPES	M	28	vet5	SL BENFICA	00:35:34	00:46:39
377	1995	SILVINO MARTINS	M	29	vet5		00:36:02	00:46:40
378	1895	FRANCISCO FARRAJOTA	M	30	vet5		00:36:02	00:46:41
379	1413	JOSE SANTOS	M	49	vet3	BENFICA	00:35:51	00:46:42
380	1574	NUNO MENDAO	M	130	SenM	BENFICA	00:35:09	00:46:42
381	2045	JOÃO SILVA	M	50	vet3		00:35:51	00:46:42
382	1517	RUI MANUEL CONCEIÇÃO SALES	M	61	vet2	BENFICA	00:35:45	00:46:43
383	1904	LUIS LOURENÇO	M	62	vet2		00:35:39	00:46:43
384	1034	LUIS MIGUEL GUERREIRO MIRAO	M	131	SenM	SL BENFICA	00:35:40	00:46:44
385	1657	CARLOS MIGUEL CARVALHO PINTO	M	63	vet2	SL BENFICA	00:35:27	00:46:44
386	1545	MIGUEL VELEZ	M	64	vet2	SLB	00:35:48	00:46:45
387	1710	GONÇALO FILIPE PINTO SANTOS	M	132	SenM	SL BENFICA	00:35:48	00:46:45
388	783	DIOGO LEONIDAS	M	50	vet1	CLUBE DO STRESS	00:35:59	00:46:47
389	451	SERGIO MONTES	M	133	SenM		00:35:33	00:46:48
390	455	JOSÉ RICARDO	M	134	SenM		00:35:24	00:46:48
391	1737	JOSE MOREIRA	M	51	vet3	INDIVIDUAL	00:36:03	00:46:48
392	1621	FRANCISCO JOSE DIAS SOUSA	M	65	vet2	SL BENFICA	00:35:48	00:46:49
393	1348	ANTONIO VENTURA VENTURA	M	135	SenM	BEJA ATLECTICO CLUB	00:36:01	00:46:50
394	1707	VITOR MANUEL N A MARTINS	M	31	vet5	SL BENFICA	00:35:37	00:46:50
395	442	JOÃO CRESPO	M	32	vet5		00:35:25	00:46:51
396	500	NELSON LOPES	M	136	SenM		00:35:45	00:46:51
397	1937	AMILCAR RIBEIRO	M	137	SenM		00:35:37	00:46:51
398	1193	JOAQUIM VIEIRA SANTOS	M	138	SenM	POVOA STO ADRIAO AC	00:35:50	00:46:52
399	1130	JOSE JANELA	M	52	vet3	SLB AGUALVA	00:36:52	00:46:55
400	2174	JOSE COSTA	M	9	vet6		00:35:31	00:46:55
401	811	JOAO REIS	M	33	vet5	INDIVIDUAL	00:35:35	00:46:56
402	1871	FERNANDO MARQUES	M	66	vet2	BENFICA	00:35:44	00:46:58
403	1452	FERNANDO LOURECCO	M	51	vet1	SLB	00:36:02	00:47:00
404	1065	FRANCISCO BOLRAO	M	41	vet4	ANACOM	00:35:47	00:47:02
405	1255	FERNANDO J TAVARES TAVARES	M	139	SenM	SL BENFICA	00:35:26	00:47:02
406	1383	LEONEL NEVES	M	42	vet4	INDIVIDUAL	00:35:54	00:47:02
407	605	FERNANDO CARDOSO	M	34	vet5	SL BENFICA	00:36:48	00:47:03
408	938	SAMUEL JOSE BONIFACIO	M	140	SenM	G D C R ZAMBUJEIRA	00:00:00	00:47:03
409	1539	ANGELO PEREIRA	M	53	vet3	AMIGOS DO ATLETISMO	00:35:47	00:47:04
410	1192	JORGE MANUEL PIMPIM DOS SANTOS	M	141	SenM	POVOA STO ADRIAO AC	00:35:50	00:47:05
411	1874	ANTONIO JOSE SIMOES SIMOES	M	54	vet3	BENFICA	00:35:52	00:47:05
412	2187	ANTONIO PERAS	M	142	SenM		00:35:46	00:47:08
413	1382	MANUEL PERAS	M	43	vet4	INDIVIDUAL	00:35:47	00:47:09
414	1960	ANTÓNIO MARTINS	M	67	vet2		00:35:23	00:47:10
415	1013	ALFREDO BARBOSA BARBOSA	M	44	vet4	SL BENFICA	00:35:55	00:47:11
416	592	MANUEL ROBALO	M	10	vet6	SL BENFICA	00:36:23	00:47:12
417	1935	MARCIO FONSECA	M	143	SenM		00:35:39	00:47:14
418	915	LUIS FILIPE ROMEIRAS NUNES	M	52	vet1	SL BENFICA	00:35:53	00:47:15
419	1446		M	144	SenM		00:35:45	00:47:16
420	1666	MARCO CONCHINHA CONCHINHA	M	145	SenM	SL BENFICA	00:36:04	00:47:18
421	1702	JOAO VALENTIM VALENTIM	M	55	vet3	SL BENFICA	00:36:03	00:47:18
422	1867	FRANCISCO VAZ VAZ	M	53	vet1	SLB	00:36:05	00:47:19
423	612	REINALDO FIGUEIRA	M	35	vet5	SL BENFICA	00:36:08	00:47:21
424	439	VITOR JORGE	M	56	vet3	INDIVIDUAL	00:37:01	00:47:22
425	875	JOSE SANTOS AUGUSTO	M	57	vet3	SL BENFICA	00:36:13	00:47:22
426	1687		M	146	SenM		00:35:55	00:47:22
427	1529	DOMINGOS RODRIGUES	M	36	vet5	AMIGOS DO ATLETISMO	00:35:50	00:47:23
428	1846	BRUNO XAVIER VIEIRA E LEÇA FARIA	M	147	SenM	SALVATERRENSE	00:36:44	00:47:25
429	866	DUARTE POREM	M	54	vet1	SL BENFICA	00:35:57	00:47:26
430	2197	CARLOS SANTOS	M	148	SenM		00:36:28	00:47:27
431	837	MIGUEL FEVEREIRO	M	149	SenM	SL BENFICA	00:35:49	00:47:28
432	2175	ABILIO TAVARES	M	150	SenM		00:35:56	00:47:28
433	2043	ANTONIO DE FARIAS INACIO	M	37	vet5		00:36:15	00:47:31
434	2192	RAUL PIMENTA	M	38	vet5		00:36:23	00:47:32
435	902	JOAO PEDRO ANJOS	M	68	vet2	SL BENFICA	00:36:57	00:47:34
436	1341	NORBERTO SOUSA MARQUES	M	55	vet1	SL BENFICA	00:35:38	00:47:34
437	1548	VICENTE DIAS	M	45	vet4	N A B D F	00:36:22	00:47:35
438	1733	MANUEL SANTOS MIRANDA	M	39	vet5	INDIVIDUAL	00:36:12	00:47:35

439	40 JOSÉ EDUARDO MESTRE	M	151	SenM	CLUBE ATLETICO DE OLHÃO	00:34:50	00:47:36
440	1112 ARNALDO HORTA MACHADO	M	40	vet5	SL BENFICA	00:36:05	00:47:36
441	1156 ALFREDO SOUSA SOUSA	M	46	vet4	TIRA PICOS	00:36:59	00:47:36
442	916 JOSE ANTONIO PATROCINIO ESTEVES	M	47	vet4	INDIVIDUAL	00:36:24	00:47:37
443	1618 CARLOS MANUEL COUTINHO NEVES	M	56	vet1	SL BENFICA	00:37:04	00:47:37
444	466 ANTONIO ALMEIDA	M	69	vet2		00:37:00	00:47:39
445	1903 JOSÉ MORAIS	M	58	vet3		00:37:15	00:47:40
446	2169 BRUNO BATALHA	M	152	SenM		00:35:23	00:47:40
447	1230 JOSE LUIS CANHOTO CANHOTO	M	41	vet5	ATL PORTO SALVO	00:36:38	00:47:41
448	905 DINIS MANUEL DA PALMA	M	70	vet2	INDIVIDUAL	00:36:45	00:47:44
449	1829 JOAQUIM CORRULA	M	71	vet2	SL BENFICA	00:36:04	00:47:46
450	608 JORGE ALBERTO CUNHA LOPES	M	72	vet2	S.C PORTUGAL	00:35:36	00:47:47
451	1373 MARCO BASTOS	M	153	SenM	RE3	00:37:01	00:47:48
452	1392 AMERICO SABINO	M	73	vet2	REST CANT DO CAÇADO	00:37:04	00:47:49
453	1948 JOSÉ SARAIVA	M	57	vet1		00:36:21	00:47:49
454	735 HELENA MARTINS	F	2	w45	AAM	00:36:18	00:47:50
455	829 JORGE MANUEL CORREIA	M	59	vet3	SL BENFICA	00:36:09	00:47:50
456	1214 DIAMANTINO ALBUQUERQ ALBUQUERQUE	M	48	vet4	CLUBE DESPORTIVO AV	00:37:01	00:47:50
457	585 SALVADOR AFONSO	M	49	vet4	SL BENFICA	00:36:09	00:47:52
458	1014 CAMILO CARLOS	M	58	vet1	INDIVIDUAL	00:36:47	00:47:54
459	1623 ARLINDO MANUEL BARRADAS ROLO	M	59	vet1	INDIVIDUAL	00:36:12	00:47:55
460	1030 JOSE ANTONIO FERREIR DUARTE	M	74	vet2	INDIVIDUAL	00:36:22	00:47:56
461	1114 JORGE DURO	M	154	SenM	INDIVIDUAL	00:36:14	00:47:56
462	900 JOAO TIAGO FERREIRA	M	155	SenM	SL BENFICA	00:36:36	00:47:57
463	953 MARIO ANTONIO	M	11	vet6	SL BENFICA	00:37:05	00:47:58
464	589 JOAO ROCHA	M	42	vet5	SL BENFICA	00:36:26	00:48:00
465	899 GENTIL PEREIRA	M	156	SenM	SL BENFICA	00:36:36	00:48:00
466	994 MAURO PIMENTA	M	157	SenM	GAAVFXIRA	00:36:32	00:48:01
467	646 JOAO CARVALHO	M	75	vet2	SL BENFICA	00:36:39	00:48:02
468	1438 JOSE MANUEL MARQUES MAGALHAES	M	60	vet1	BENFICA	00:36:03	00:48:02
469	2073 PEDRO MANUEL PEREIRA ANDRADE	M	61	vet1	BENFICA	00:36:41	00:48:03
470	721 PAULO GIL TEIXEIRA	M	76	vet2	SL BENFICA	00:35:13	00:48:05
471	1315 JOAO VERISSIMO	M	60	vet3	SP PORTUGAL	00:36:17	00:48:06
472	1175 PAULO PEREIRA	M	62	vet1	SERV SOC MONT GERAL	00:36:46	00:48:07
473	459 ANTÓNIO LIMA	M	158	SenM		00:36:54	00:48:08
474	484 JOÃO RIOBOM	M	159	SenM		00:37:11	00:48:08
475	1061 LUIS MANUEL ANTUNES DA SILVA	M	77	vet2	CAFE CATARINO	00:36:22	00:48:08
476	1773 FERNANDO MANUEL RODRIGUES DOMING	M	78	vet2	SL BENFICA	00:37:10	00:48:09
477	448 JACINTO DINIS	M	63	vet1		00:36:14	00:48:10
478	1153 MANUEL PINTO	M	50	vet4	CRP CAMPOLIDE	00:36:44	00:48:10
479	1683 BRUNO MIGUEL RIBEIRO GONCALVES	M	160	SenM	INDIVIDUAL	00:36:19	00:48:12
480	402 VITOR FIDALGO	M	51	vet4		00:36:49	00:48:14
481	1159 RICARDO MOREIRA	M	79	vet2	TIRA PICOS	00:36:59	00:48:14
482	1793 JOAO MIGUEL MIGUEL	M	12	vet6	SL BENFICA	00:37:05	00:48:14
483	1938 NUNO HENRIQUES	M	80	vet2		00:36:59	00:48:14
484	586 JOSE MARCAL	M	52	vet4	SL BENFICA	00:37:14	00:48:16
485	1460 HUGO MIGUEL RODRIGUE SANTOS	M	161	SenM	SLB	00:36:32	00:48:16
486	836 JOAQUIM MARTINS VARANDAS	M	81	vet2	INDIVIDUAL	00:36:51	00:48:17
487	2070 LUIS GUERREIRO	M	82	vet2	INDIVIDUAL	00:36:59	00:48:19
488	1705 FRANCISCO ANTONIO BANDEIRAS	M	61	vet3	SL BENFICA	00:36:40	00:48:22
489	554 RAUL COSTA	M	62	vet3	ROBBIALAC	00:37:06	00:48:25
490	1304 ANDRE GOMES	M	64	vet1	GOLDRUNNERS	00:37:24	00:48:26
491	918 CARLOS ALBERTO DIAS GONCALVES	M	53	vet4	INDIVIDUAL	00:36:44	00:48:32
492	945 JOSE MANUEL MATILDES MATILDES	M	54	vet4	OS NUNES	00:36:52	00:48:32
493	1930 RUI GASPAR	M	55	vet4		00:37:13	00:48:32
494	952 ARTUR MARTINS MARTINS	M	13	vet6	SL BENFICA	00:37:07	00:48:35
495	1474 JOAO RASO RASO	M	162	SenM	BENFICA	00:36:45	00:48:36
496	1762 PEDRO SALGUEIRO	M	163	SenM	SL BENFICA	00:36:46	00:48:37
497	1518 JORGE PEREZ PEREZ	M	63	vet3	SLB	00:36:46	00:48:38
498	1820 RUI DE MESQUITA LUIS	M	64	vet3	SL BENFICA	00:37:02	00:48:39
499	1587 JOSE GUIA	M	43	vet5	BENFICA	00:37:18	00:48:40
500	737 BEN AOUN MONCEF	M	65	vet3	CLUBE OGMA	00:36:43	00:48:41
501	1742 PAULO JOSE MATEUS FERREIRA PIRE	M	83	vet2	CLUBE OGMA	00:36:43	00:48:41

502	873 RUI BORGES	M	84 vet2	SL BENFICA	00:37:10	00:48:42
503	578 JOSE JOAO GONÇALVES PIRES	M	65 vet1	S.C PORTUGAL	00:37:03	00:48:43
504	658 ANTONIO CABRAL	M	56 vet4	TARTUGAS DE LOULE	00:36:35	00:48:43
505	1696 JOSE VELHINHO	M	44 vet5	GRUPO SAO BERNARDO	00:36:50	00:48:43
506	1054 FERNANDO SIMOES	M	164 SenM	SL BENFICA	00:36:55	00:48:44
507	1772 FABIO ALEXANDRE ARRA DOMINGOS	M	165 SenM	SL BENFICA	00:37:26	00:48:44
508	944 DANILO PIRES	M	166 SenM	SL BENFICA	00:37:25	00:48:45
509	1339 JOAO DUARTE BATISTA FERNANDES	M	45 vet5	INDIVIDUAL	00:37:32	00:48:45
510	1126 AMERICO BRITO	M	66 vet3	SL BENFICA	00:36:46	00:48:46
511	1225 DIAMANTINO MATOS PINHEIRO	M	57 vet4	SL BENFICA	00:37:09	00:48:49
512	1654 HELDER ANTONIO REIS REIS	M	85 vet2	SL BENFICA	00:36:20	00:48:50
513	479 JOÃO REIS	M	86 vet2	INDIVIDUAL	00:37:30	00:48:52
514	1182 ANTONIO FRANCO	M	87 vet2	SERV SOC MONT GERAL	00:37:19	00:48:52
515	1796 JORGE HUMBERTO CARVALHO PAULO	M	66 vet1	INDIVIDUAL	00:37:21	00:48:52
516	955 ADELINO BARROS BARROS	M	88 vet2	LUSITANO FUTEBOL DE	00:37:27	00:48:54
517	1447 ARTUR MIRANDA	M	167 SenM	C OLIMPICO OEIRAS	00:37:08	00:48:54
518	1450 CARLOS LOURENCO	M	67 vet3	C OLIMPICO DE OEIRA	00:37:07	00:48:54
519	1603 RUI MANUEL BELO	M	168 SenM	SL BENFICA	00:36:44	00:48:55
520	524 JOAO TEMPERILHO	M	58 vet4	QUINTA DA LAGOA MIR	00:37:11	00:48:56
521	1530 JOAO BATALHA	M	89 vet2	AMIGOS DO ATLETISMO	00:37:09	00:48:56
522	996 LUIS J CRISTOVAO CRISTOVAO	M	59 vet4	INDEPENDENTE	00:37:03	00:48:57
523	1690 LUIS MANUEL SEIXAS AZEVEDO	M	90 vet2	SL BENFICA	00:37:26	00:48:57
524	1378 PEDRO CANELAS	M	169 SenM	INDIVIDUAL	00:37:30	00:48:58
525	2064 PAULO CABRITA	M	91 vet2	INDIVIDUAL	00:37:15	00:49:00
526	504 ANTONIO INACIO INACIO	M	14 vet6	INDIVIDUAL	00:37:24	00:49:01
527	1123 HUGO SANTOS	M	170 SenM	SL BENFICA	00:37:54	00:49:01
528	1738 JOSE SILVERIO	M	15 vet6	SL BENFICA	00:37:07	00:49:01
529	593 ANASTACIO VALADAS	M	60 vet4	SL BENFICA	00:37:14	00:49:02
530	599 CARLA VALADAS	F	13 SenF	SL BENFICA	00:37:15	00:49:02
531	818 ADRIANO VITORINO VITORINO	M	68 vet3	JOMA	00:37:29	00:49:05
532	1010 ANTONIO JOAO ANDRADE PITEIRA	M	61 vet4	SL BENFICA	00:36:45	00:49:05
533	1151 JOSE MANUEL DOMINGOS LOPES	M	62 vet4	INDIVIDUAL	00:36:48	00:49:05
534	717 CARLOS MANUEL OLIVEIRA E SILVA	M	92 vet2	SL BENFICA	00:37:07	00:49:06
535	1970 JOSÉ FACHADA	M	46 vet5		00:37:05	00:49:09
536	1416 JOSE FRANCISCO HORTA	M	47 vet5	INDIVIDUAL	00:00:00	00:49:10
537	1880 ARMANDO LUIS CRISTO GROMICHO	M	67 vet1	BENFICA	00:37:34	00:49:10
538	2066 MANUEL CORREIA	M	171 SenM	INDIVIDUAL	00:37:36	00:49:10
539	2076 FRANCISCO ESTEVAN MARTINS BASTOS	M	69 vet3	BENFICA	00:37:33	00:49:10
540	520 PAULO RENATO MARQUES	M	93 vet2	SL BENFICA	00:37:23	00:49:11
541	429 CARLOS ARVELOS	M	172 SenM		00:38:00	00:49:12
542	1723 PEDRO MIGUEL SEMIAO PINTO	M	173 SenM	SL BENFICA	00:37:00	00:49:12
543	1395 FRANCISCO ALCANTARA	M	174 SenM	REST CANT DO CAÇADO	00:37:39	00:49:16
544	1558 CARLOS ALBERTO ROSA	M	16 vet6	INDIVIDUAL	00:00:00	00:49:19
545	1122 MIGUEL VERGAMOTA	M	68 vet1	SL BENFICA	00:37:55	00:49:21
546	1135 ARMANDO OLIVEIRA	M	94 vet2	SLB AGUALVA	00:37:12	00:49:21
547	2052 PAULO JORGE ALMEIDA SOARES	M	95 vet2		00:36:50	00:49:24
548	898 MANUEL HORTELAO	M	69 vet1	SL BENFICA	00:37:47	00:49:26
549	1743 HELDER JOSE PASCOA FERNANDES	M	175 SenM	SL BENFICA	00:37:57	00:49:26
550	1280 ARMINDO MAGALHAES	M	17 vet6	TABAQUEIRA	00:37:57	00:49:27
551	1279 HENRIQUE FONSECA	M	18 vet6	TABAQUEIRA	00:37:59	00:49:28
552	1247 AMERICO JORGE ANTUNES DA COSTA	M	70 vet3	INDIVIDUAL	00:37:59	00:49:29
553	1248 FILIPE CARDOSO SIMOES	M	176 SenM	INDIVIDUAL	00:38:00	00:49:29
554	1509 HELDER PEREIRA PEREIRA	M	177 SenM	BENFICA	00:39:21	00:49:30
555	651 JORGE CARDOSO BOTELHO	M	96 vet2	SL BENFICA	00:37:27	00:49:32
556	1626 MARIO MANUEL S ALVES ALVES	M	63 vet4	SL BENFICA	00:37:55	00:49:32
557	1423 MAXIMINO ALVES	M	71 vet3	INDIVIDUAL	00:37:21	00:49:33
558	2194 JOSÉ NEVES	M	48 vet5		00:37:20	00:49:33
559	496 LUIS MANUEL MALCATA ALVES	M	97 vet2	SL BENFICA	00:37:50	00:49:34
560	758 RUI PIRES	M	98 vet2	SL BENFICA	00:38:04	00:49:34
561	901 PAULO MOURAO	M	72 vet3	SL BENFICA	00:37:36	00:49:34
562	1244 RAMIRO MIGUEL	M	19 vet6	CCD MARCONI	00:38:16	00:49:35
563	2041 NUNO AMARO	M	70 vet1		00:37:21	00:49:35
564	954 JAIME ANDRE NETO FLAUZINO	M	178 SenM	SL BENFICA	00:37:28	00:49:36

565	896	ORLANDO JORGE PORTO RODRIGUES	M	99	vet2	SL BENFICA	00:37:29	00:49:37
566	1208	JOSE NUNO C QUARESMA QUARESMA	M	179	SenM	SL BENFICA	00:38:16	00:49:37
567	726	AUGUSTO COSTA	M	180	SenM	SL BENFICA	00:37:17	00:49:38
568	1412	FERNANDO SOBRAL	M	73	vet3	BENFICA	00:38:07	00:49:39
569	680	HELDER ANTONIO FIGUEIRA AMADINHO	M	71	vet1	AMIGOS ATLET GRANDO	00:38:07	00:49:40
570	890	ANDRE LOPES MARTINS MACEDO	M	181	SenM	SL BENFICA	00:37:09	00:49:41
571	1105	TIAGO MORTEIRA SANTOS	M	182	SenM		00:37:45	00:49:41
572	1342	JULIO MEIRELES MEIRELES	M	49	vet5	FPA	00:37:44	00:49:41
573	1541	FRANCISCO BALEIA	M	100	vet2	AMIGOS DO ATLETISMO	00:38:38	00:49:42
574	587	CARLOS TAVARES	M	20	vet6	SL BENFICA	00:37:56	00:49:43
575	594	FERNANDO CARVALHO	M	74	vet3	SL BENFICA	00:37:56	00:49:43
576	1119	PAULO ALEXANDRE GAMBOA	M	72	vet1	SL BENFICA	00:37:24	00:49:43
577	1043	ANTONIO JOSE DIAS CAMOLINO	M	64	vet4	SP PORTUGAL	00:37:42	00:49:44
578	2054	JOSÉ MANUEL MENDES	M	101	vet2		00:37:33	00:49:44
579	503	GUSTAVO PEDROSA	M	183	SenM	SL BENFICA	00:37:50	00:49:45
580	1812	MARIO JOAO LOPES SANTOS	M	102	vet2	S CLUBE	00:37:11	00:49:45
581	1044	JOAO LUIS MORAIS GUERRA	M	65	vet4	SL BENFICA	00:37:42	00:49:47
582	1873	JOAQUIM RODRIGUES	M	50	vet5	INDIVIDUAL	00:38:21	00:49:48
583	1939	RUI DIAS	M	184	SenM		00:38:08	00:49:49
584	917	AUGUSTO JOSE TAVARES CARIA	M	66	vet4	SL BENFICA	00:37:38	00:49:50
585	508	DOMINGOS BARREIROS	M	21	vet6	INDIVIDUAL	00:37:44	00:49:51
586	785	LUIS RATO	M	75	vet3	CLUBE DO STRESS	00:37:51	00:49:51
587	865	RAFAEL FRANCO	M	103	vet2	INDIVIDUAL	00:37:59	00:49:53
588	2171	JOÃO PAULO BORREGA	M	185	SenM		00:37:43	00:49:53
589	1919	ANTÓNIO VERDUGO	M	76	vet3		00:38:47	00:49:54
590	600	FERNANDO MARQUES	M	67	vet4	SL BENFICA	00:38:24	00:49:55
591	1242	RODRIGO MANUEL BARREIROS NASCIME	M	73	vet1	SL BENFICA	00:38:25	00:49:57
592	1708	CELESTINO OLIVEIRA	M	68	vet4	SL BENFICA	00:37:40	00:49:57
593	759	MARIO JORGE	M	77	vet3	SL BENFICA	00:38:58	00:49:58
594	1003	DUARTE PARCELOS	M	74	vet1	SL BENFICA	00:37:49	00:50:00
595	1211	ARLINDO PEREIRA BRAS BRAS	M	104	vet2	SP PORTUGAL	00:37:44	00:50:00
596	1744	JOAO FILIPE G ESPADANEIRA	M	186	SenM	SL BENFICA	00:38:23	00:50:00
597	512	PEDRO ALMEIDA ALMEIDA	M	105	vet2	INDIVIDUAL	00:38:06	00:50:02
598	1217	NELSON FRANCISCO CORDEIRO SOUSA	M	75	vet1	INDIVIDUAL	00:37:04	00:50:03
599	674	HELENA MEDEIRO	F	2	w35	SL BENFICA	00:37:42	00:50:04
600	1661	PAULO JORGE SILVA ALBUQUERQUE	M	106	vet2	SL BENFICA	00:38:25	00:50:04
601	1210	NUNO NETO DA SILVA SILVA	M	107	vet2	SL BENFICA	00:38:16	00:50:05
602	2150	VITOR MARQUES	M	187	SenM		00:38:15	00:50:05
603	529	ARSENIO MARQUES	M	22	vet6	QUINTA DA LAGOA MIR	00:38:14	00:50:08
604	1906	JOSE SEQUEIRA	M	78	vet3		00:38:19	00:50:08
605	1929	PAULO AMORIM	M	108	vet2		00:38:00	00:50:10
606	526	MANUEL MANSO	M	23	vet6	QUINTA DA LAGOA MIR	00:38:14	00:50:11
607	1074	ANTONIO M F REIS REIS	M	69	vet4	100 FORÇAS	00:38:40	00:50:12
608	1075	PAULO ALCANTARA	M	109	vet2	100 FORÇAS	00:38:39	00:50:12
609	1318	PEDRO JORGE LOPES PEREIRA	M	188	SenM	INDIVIDUAL	00:39:05	00:50:13
610	588	JOSE GONCALVES	M	51	vet5	SL BENFICA	00:38:36	00:50:14
611	728	SANDRO MATOS	M	189	SenM	AHBVA	00:37:46	00:50:14
612	1912	TÂNIA MACHADO	F	14	SenF		00:38:29	00:50:14
613	1953	JORGE ANTUNES	M	190	SenM		00:37:22	00:50:14
614	1842	DANIEL COLLA COLLA	M	76	vet1	SL BENFICA	00:37:41	00:50:15
615	1145	LUIS SANTOS	M	110	vet2	O MUNDO DA CORRIDA	00:38:40	00:50:16
616	1137	PEDRO ROBERTO	M	111	vet2	INDIVIDUAL	00:38:28	00:50:17
617	1213	GONÇALO N BARREIROS NASCIMENTO	M	77	vet1	SL BENFICA	00:38:25	00:50:18
618	652	FRANCISCO JOSE GONÇALVES MARTINS	M	79	vet3	SL BENFICA	00:37:48	00:50:20
619	1313	PAULO SANTOS	M	78	vet1	SL BENFICA	00:38:42	00:50:22
620	1814	ROGERIO MIRANDA	M	70	vet4	SL BENFICA	00:38:32	00:50:22
621	590	JOSE RIBEIRO	M	24	vet6	SL BENFICA	00:38:31	00:50:25
622	606	JOAO COSTA	M	191	SenM	SL BENFICA	00:38:37	00:50:25
623	740	LUIS FILIPE GOUVEIA SOUSA	M	192	SenM	C UNIDOS DO CACEM	00:39:01	00:50:25
624	1381	UMBELINA NUNES	F	3	w45	INDIVIDUAL	00:38:30	00:50:25
625	1589	JOAQUIM LOPES	M	52	vet5	INDIVIDUAL	00:38:44	00:50:26
626	2147	DUARTE JOSÉ CENTENO	M	53	vet5		00:38:29	00:50:26
627	1011	RUI PEREIRA	M	79	vet1	SL BENFICA	00:38:29	00:50:27

628	1058	CARLOS MANUEL BATALHA GUERRA	M	112	vet2	CAFE CATARINO	00:38:41	00:50:27
629	1092	AUGUSTO NEVES	M	25	vet6	SL BENFICA	00:38:28	00:50:27
630	1730	SERGIO GONCALO FELICIANO DOS SAN	M	193	SenM	SL BENFICA	00:39:14	00:50:31
631	1722	JOAO AUGUSTO DA SILVA PINTO	M	80	vet1	SL BENFICA	00:38:29	00:50:32
632	545	LUIS FILIPE LEITAO	M	194	SenM	INDIVIDUAL	00:38:52	00:50:33
633	1599	URBANO SALGUEIRO SALGUEIRO	M	195	SenM	OS FLECHAS	00:38:49	00:50:34
634	879	LUIS MACEDO	M	81	vet1	SL BENFICA	00:38:55	00:50:35
635	631	MARIO CAMPOS	M	54	vet5	SL BENFICA	00:38:33	00:50:36
636	1059	MARIO JOSE SILVA PINA	M	26	vet6	CAFE CATARINO	00:38:50	00:50:36
637	822	ANA CLAUDIA CARVALHO	F	15	SenF	SL BENFICA	00:39:02	00:50:37
638	562	CARLOS CRISTOVAO CRISTOVAO	M	196	SenM	SL BENFICA	00:39:02	00:50:38
639	1791	MANUEL ANTONIO GONÇALVES	M	71	vet4	SL BENFICA	00:38:26	00:50:38
640	1196	MANUEL FILIPE PINTO MENDES	M	197	SenM	SL BENFICA	00:38:55	00:50:39
641	1426	LUIS MARIO BARBOT CARNEIRO CALH	M	113	vet2	FCP	00:38:16	00:50:40
642	1266	TIAGO MIGUEL ASCENSO FONSECA	M	198	SenM	SL BENFICA	00:38:47	00:50:41
643	1689	VITOR MANUEL PEREIRA GONÇALVES	M	82	vet1	SL BENFICA	00:38:57	00:50:43
644	810	JOAO MANUEL SOARES COSTA	M	72	vet4	INDIVIDUAL	00:38:42	00:50:44
645	591	AMILCAR CONCEICAO FIGUEIREDO	M	73	vet4	SL BENFICA	00:39:05	00:50:45
646	521	ANTONIO DA SILVA VALENTE	M	80	vet3	INDIVIDUAL	00:39:12	00:50:47
647	1585	JORGEVAZ CORREIA	M	83	vet1	INDIVIDUAL	00:39:27	00:50:48
648	878	FERNANDO CARRILHO	M	81	vet3	SL BENFICA	00:38:56	00:50:49
649	532	JOSE MARQUES	M	74	vet4	SL BENFICA	00:38:34	00:50:52
650	1309	JOAO MIRANDA MIRANDA	M	55	vet5	AUTO PINTURA MONTIJ	00:38:59	00:50:52
651	1593	JOSE JOAO SEIXAS LOPES	M	114	vet2	BENFICA	00:39:19	00:50:52
652	752	VICTOR COTRIM	M	115	vet2	CASA BENF ALHANDRA	00:39:52	00:50:53
653	1071	PAULO GOULART	M	84	vet1	ANACOM	00:37:58	00:50:53
654	1629	ANTONIO FRANCISCO LANCA DUARTE	M	27	vet6	SL BENFICA	00:38:32	00:50:55
655	1081	JOAO FILIPE LOURENCO REDONDO	M	199	SenM	INDIVIDUAL	00:39:48	00:50:57
656	1635	DANIEL MARTINS SEBASTIAO	M	200	SenM	AASA	00:38:53	00:50:57
657	1407	LUIS VILA VERDE	M	85	vet1	BENFICA	00:38:38	00:50:58
658	2077	FABIO ANTUNES	M	201	SenM		00:38:38	00:51:00
659	490	ALBERTO PIMENTA	M	75	vet4		00:38:49	00:51:01
660	817	JOAO MENDES RATO	M	82	vet3	CLUBE DO STRESS	00:38:57	00:51:01
661	682	EURICO SEMEDO	M	56	vet5	SL BENFICA	00:39:31	00:51:05
662	1878	FRANCISCO MANUEL NEV NEVES	M	116	vet2	SLB	00:38:09	00:51:05
663	1138	CARLOS MANUEL LAGARTO	M	86	vet1	BELENENSES	00:38:31	00:51:06
664	1826	EGAS FERNANDES MARQU MARQUES	M	28	vet6	GRUPO DESP BPI	00:38:48	00:51:07
665	720	NUNO CORREIA	M	117	vet2	GD INE	00:39:07	00:51:10
666	933	MARIO JOAO BONIFACIO	M	118	vet2	G D C R ZAMBUJEIRA	00:40:13	00:51:11
667	1172	ANTONIO JOSE DA SILVA	M	202	SenM	AAA	00:39:26	00:51:11
668	1254	AUGUSTO MANUEL DA SILVA ALVES PI	M	83	vet3	INDIVIDUAL	00:38:51	00:51:11
669	1462	JORGE TEIXEIRA TEIXEIRA	M	57	vet5	F C PORTO	00:39:21	00:51:11
670	991	MANUEL SANTOS	M	58	vet5	GAAVFXIRA	00:39:09	00:51:13
671	1055	JOAO BORGES BORGES	M	87	vet1	SL BENFICA	00:37:58	00:51:15
672	1506	JOAO ROSSAS	M	203	SenM	BENFICA	00:39:22	00:51:15
673	2181	RUI CORDEIRO	M	76	vet4		00:38:51	00:51:15
674	497	PEDRO MANUEL ALVES EVANGELISTA	M	88	vet1	INDIVIDUAL	00:39:24	00:51:17
675	1488	JORGE MANUEL LOPES C FILIPE	M	119	vet2	BENFICA	00:39:45	00:51:18
676	1414	ARMINDO CHAINHO	M	204	SenM	BENFICA	00:39:30	00:51:21
677	1222	DIOMAR MOURA GUERREIRO	M	77	vet4	DDDDDD	00:39:29	00:51:22
678	1361	PAULO JORGE SEGURADO ROSA	M	120	vet2	INDIVIDUAL	00:39:21	00:51:22
679	662	LUIS MIGUEL GONCALVES ALMEIDA	M	205	SenM	S.C PORTUGAL	00:39:09	00:51:23
680	432	ANTÓNIO RODRIGUES COSTA	M	206	SenM		00:38:15	00:51:24
681	840	HORACIO CARDOSO PINTO	M	84	vet3	CA DO BENF ALHANDRA	00:39:19	00:51:24
682	1240	EDUARDO M CAMPOS BRITO	M	207	SenM	INDIVIDUAL	00:38:01	00:51:24
683	1557	EURICO MIGUEL PIRES TEIXEIRA	M	208	SenM	BENFICA	00:38:39	00:51:24
684	761	HEITOR GOMES	M	209	SenM	SL BENFICA	00:39:50	00:51:25
685	1253	ANTONIO MORGADO MORGADO	M	121	vet2	INDIVIDUAL	00:38:30	00:51:25
686	1336	ANSELMO SILVA	M	85	vet3	SL BENFICA	00:40:15	00:51:25
687	1920	FRANCISCO PEREIRA	M	122	vet2		00:39:07	00:51:25
688	1928	ÓSCAR GONÇALVES	M	59	vet5		00:39:07	00:51:25
689	1231	TIAGO CANHOTO CANHOTO	M	210	SenM	ATL PORTO SALVO	00:39:31	00:51:26
690	1825	ALVARO RODRIGUES DAS NEVES	M	60	vet5	SL BENFICA	00:39:15	00:51:26

691	1628	LUIS MANUEL LOPES VICENTE	M	86	vet3	ASA REAL	00:39:20	00:51:27
692	2050	RITA CARVALHO	F	3	w35	INDIVIDUAL	00:39:30	00:51:27
693	1562	JOSE EDUARDO SILVA M MONTEIRO	M	87	vet3	INDIVIDUAL	00:39:21	00:51:28
694	2172	NUNO FERNANDES	M	211	SenM		00:39:28	00:51:29
695	757	JOAQUIM ANTUNES MONTEIRO	M	29	vet6	CASA BENFICA ALHAND	00:39:44	00:51:30
696	1241	LUIS MIGUEL MARTINS DE SOUSA	M	212	SenM	SL BENFICA	00:39:19	00:51:31
697	747	FERNANDO BANDEIRA RODRIGUES	M	61	vet5	GD INDEP BARREIRO	00:38:45	00:51:32
698	920	ALEXANDRE MANUEL CARVALHO BRAS	M	213	SenM	AAEP	00:39:18	00:51:32
699	921	ALEXANDRE MARQUES DA SILVA	M	214	SenM	AAEP	00:39:19	00:51:32
700	922	EDGAR REIS MARTINS	M	215	SenM	AAEP	00:39:18	00:51:32
701	923	PEDRO RODRIGUES	M	216	SenM	AAEP	00:39:17	00:51:32
702	906	JOAO JOSE LEONARDO DOS SANTOS	M	123	vet2	INDIVIDUAL	00:38:44	00:51:34
703	1540	JOSE QUERIDO	M	78	vet4	AMIGOS DO ATLETISMO	00:39:16	00:51:35
704	862	ANTONIO JOSE CAIADO	M	30	vet6	SL BENFICA	00:00:00	00:51:36
705	641	GONCALO OLIVEIRA	M	88	vet3	GDCT UNICRE	00:39:43	00:51:37
706	1660	CARLOS ALBERTO ALVES	M	79	vet4	INDIVIDUAL	00:39:14	00:51:37
707	779	LUIS NOGUEIRA	M	89	vet1	INDIVIDUAL	00:40:25	00:51:39
708	1207	PEDRO AFONSO	M	217	SenM	SL BENFICA	00:39:08	00:51:40
709	1093	JOAO SIMOES SIMOES	M	80	vet4	SL BENFICA	00:39:17	00:51:41
710	823	RUI MIGUEL SOARES JOSE	M	218	SenM	SL BENFICA	00:38:13	00:51:42
711	2157	HERMINDO BRAS FRANCO	M	219	SenM		00:39:51	00:51:43
712	1249	VENANCIO ADRIANO NASCIMENTO BRA	M	90	vet1	INDIVIDUAL	00:38:48	00:51:46
713	1612	VITOR SANTOS	M	81	vet4	SL BENFICA	00:40:07	00:51:46
714	2126	JORGE MARTINS	M	220	SenM	SL BENFICA	00:40:28	00:51:46
715	513	ARTUR FERREIRA FERREIRA	M	62	vet5	INDIVIDUAL	00:39:13	00:51:47
716	790	ELOI MARQUES DA SILVA	M	63	vet5	CLUBE DO STRESS	00:40:48	00:51:47
717	800	CECILIA NICOLAU	F	1	w40	INDIVIDUAL	00:39:58	00:51:47
718	960	MONEER HAJARA MANZK	M	221	SenM	SL BENFICA	00:39:04	00:51:49
719	1847	MARIO RUI RODRIGUES PEREIRA	M	222	SenM	SALVATERRENSE	00:37:59	00:51:49
720	1104	JOSÉ COLAÇO	M	89	vet3		00:39:32	00:51:50
721	1422	GILBERTO RODRIGUES G GONCALVES	M	64	vet5	BENF	00:39:38	00:51:53
722	1581	CARLOS M V MANTEU MANTEU	M	91	vet1	BENFICA	00:39:00	00:51:54
723	548	ANTONIO BARROSO	M	92	vet1	INDIVIDUAL	00:39:25	00:51:55
724	871	PAULO JOSE ESTEVES GONCALVES	M	124	vet2	SL BENFICA	00:39:28	00:51:56
725	1287	MARIA JOÃO	M	31	vet6	TABAQUEIRA	00:39:29	00:51:56
726	1091	PEDRO NUNO SANTIAGO JORDAO	M	223	SenM	SL BENFICA	00:39:42	00:52:00
727	2142	LUIS FIUZA	M	224	SenM		00:39:25	00:52:00
728	1798	MARIO JORGE GUERREIRO GONCALVES	M	65	vet5	SL BENFICA	00:39:25	00:52:02
729	482	JOSÉ BENRÓS	M	125	vet2		00:39:05	00:52:05
730	750	MARIO JOSE SALVADOR ALVES	M	225	SenM	SL BENFICA	00:38:47	00:52:05
731	1028	SERGIO CAMACHO	M	226	SenM	INDEPENDENTE	00:39:37	00:52:06
732	1615	EUGENIO ARAUJO	M	66	vet5	6D DEUTCHE BANK	00:39:15	00:52:08
733	801	RUI XAVIER	M	126	vet2	EDP LX	00:39:16	00:52:10
734	1173	ANTONIO MARQUES GRAÇ LEITAO	M	127	vet2	INDIVIDUAL	00:39:04	00:52:10
735	1573	SAMUEL AMADOR FILIPE	M	227	SenM	SLB	00:39:35	00:52:12
736	1625	ALBERTO ALVES NUNES	M	228	SenM	SL BENFICA	00:39:47	00:52:12
737	1616	JORGE M FARINHO POTE POTE	M	93	vet1	SL BENFICA	00:39:29	00:52:13
738	2153	CHARLINE PESQUEREL	F	4	w35		00:40:11	00:52:13
739	1107	PAULO PATRÃO	M	229	SenM		00:39:24	00:52:14
740	690	PAULO PIRES	M	90	vet3	SL BENFICA	00:39:33	00:52:15
741	1005	JOSE MANUEL MALOS MALOS	M	82	vet4	SL BENFICA	00:39:35	00:52:15
742	1933	MÁRIO NOGUEIRA	M	94	vet1		00:40:02	00:52:17
743	1767	NUNO MIGUEL D M GONC GONCALVES	M	230	SenM	SL BENFICA	00:39:28	00:52:18
744	685	DARCIO RODRIGUES	M	231	SenM	SL BENFICA	00:41:28	00:52:20
745	1673	VICTOR MANUEL FRANCISCO	M	232	SenM	SL BENFICA	00:40:36	00:52:20
746	1664	MANUEL LAGE LAGE	M	95	vet1	SL BENFICA	00:40:31	00:52:21
747	2158	FRANCISCO SILVA	M	67	vet5		00:39:48	00:52:21
748	1396	HERCULANO ALVES	M	128	vet2	REST CANT DO CAÇADO	00:39:16	00:52:22
749	638	SOBRAL SOUSA	M	32	vet6	SL BENFICA	00:41:08	00:52:24
750	1694	MARIO JORGE BOTELHO	M	233	SenM	SL BENFICA	00:39:42	00:52:26
751	845	SONIA CAIXEIRINHO	F	5	w35	INDIVIDUAL	00:40:32	00:52:27
752	1656	FILIPE MANUEL MORIES FERNANDES	M	234	SenM	SL BENFICA	00:39:06	00:52:28
753	739	RUI ALEXANDRE FERREIRA PINTO	M	129	vet2	CLUBE PARTICULAR	00:39:46	00:52:29

754	544	NUNO REIS VENTURA	M	235	SenM	INDIVIDUAL	00:39:52	00:52:30
755	1734	MANUEL FERREIRA MIRANDA	M	91	vet3	INDIVIDUAL	00:40:03	00:52:31
756	736	FERNANDA COSTA	F	2	w40	AAM	00:39:46	00:52:32
757	1109	JOAO PAULO SANTOS LIMA	M	92	vet3	INDIVIDUAL	00:39:34	00:52:35
758	1570	TIAGO MIGUEL ANTUNES DE ALMEIDA	M	236	SenM	SLB	00:40:18	00:52:36
759	2068	LUIS ABREU	M	96	vet1	INDIVIDUAL	00:40:13	00:52:37
760	614	VICTOR BRAZ	M	237	SenM	SL BENFICA	00:40:10	00:52:38
761	784	JOSE SILVA JORGE	M	83	vet4	CLUBE DO STRESS	00:40:46	00:52:38
762	696	FILINTO GROSSO GROSSO	M	33	vet6	LEVRES DO SADO	00:40:39	00:52:39
763	1142	MARIO JOAO DA CRUZ G GOMES FREIR	M	84	vet4	SLP	00:39:36	00:52:40
764	846	ELISABETE MANUELA VIEIRA	F	16	SenF	SL BENFICA	00:39:23	00:52:41
765	847	LUIS FILIPE CARVALHO	M	130	vet2	SL BENFICA	00:39:23	00:52:41
766	1314	MARILIA RIBEIRO RIBEIRO	F	17	SenF	SL BENFICA	00:39:45	00:52:41
767	1921	JOSÉ REBELO	M	131	vet2		00:39:50	00:52:41
768	2072	LUIS CARVALHO	M	238	SenM	INDIVIDUAL	00:40:30	00:52:44
769	1235	JOSE ANTONIO PEREIRA	M	85	vet4	SL BENFICA	00:40:31	00:52:45
770	1236	RUI ANTONIO ALVES SANTOS	M	239	SenM	SL BENFICA	00:40:31	00:52:45
771	669	FERNANDO ALVES	M	93	vet3	SL BENFICA	00:40:08	00:52:46
772	1143	FRANCISCO S A CAMPOS CAMPOS AURE	M	240	SenM	SL BENFICA	00:39:45	00:52:47
773	1763	JORGE MANUEL CRUZ ROQUE	M	132	vet2	SL BENFICA	00:40:04	00:52:48
774	1387	JOSÉ NUNO	M	68	vet5		00:40:10	00:52:52
775	522	PAULO BLAZER VERISSIMO	M	133	vet2	INDIVIDUAL	00:40:12	00:52:53
776	797	CARLOS OLIVEIRA	M	69	vet5	EDP LX	00:40:33	00:52:56
777	1647	RUI PEREIRA FERREIRA	M	241	SenM	SL BENFICA	00:40:06	00:52:57
778	2160	LUIS ROSA	M	86	vet4	AMIGOS DE BELEM	00:40:28	00:52:58
779	749	AGOSTINHO SANTOS	M	87	vet4	AMIGOS DA MAIA	00:40:40	00:53:01
780	2178	PEDRO MATIAS	M	242	SenM		00:40:09	00:53:01
781	622	PAULO REBOCHO	M	134	vet2	SL BENFICA	00:40:00	00:53:02
782	1354	CARLOS JORGE CARMO SANTOS	M	243	SenM	QUIOSQUE MIRANTE	00:41:20	00:53:02
783	1052	ANA CRISTINA DOS REIS VIEIRA	F	18	SenF	SL BENFICA	00:40:28	00:53:03
784	598	JORGE FILIPE DE ANDRADE PIRES	M	244	SenM	INDIVIDUAL	00:39:43	00:53:04
785	831	MARIO GOMES	M	245	SenM	SL BENFICA	00:39:59	00:53:04
786	1334	ARTUR GONCALVES GONCALVES	M	246	SenM	AMADORA	00:41:15	00:53:06
787	1610	JOSE CARLOS MANUEL F FERNANDES	M	88	vet4	IFADAP	00:40:37	00:53:07
788	1611	DANIEL JORGE DUARTE FERNANDES	M	247	SenM	IFADAP	00:40:37	00:53:07
789	1190	JOSE MANUEL DIAS CAVALEIRO	M	94	vet3	SL BENFICA	00:40:29	00:53:08
790	452	CARLOS CALDEIRA	M	248	SenM		00:40:27	00:53:09
791	1223	CELIA AZENHA	F	3	w40	A A LEBRES DO SADO	00:40:30	00:53:10
792	1185	FERNANDO PALMA	M	249	SenM	SERV SOC MONT GERAL	00:40:33	00:53:11
793	616	LEONEL BRANDAO	M	97	vet1	SL BENFICA	00:40:35	00:53:12
794	1355	VICENTE JOSE SOUSA ALVAREZ CORTE	M	250	SenM	QUIOSQUE MIRANTE	00:41:20	00:53:12
795	596	ANTONIO LOURO	M	251	SenM	SL BENFICA	00:38:46	00:53:13
796	755	FRANKLIM MIRANDA	M	70	vet5	CASA BENF ALHANDRA	00:40:07	00:53:13
797	1468	VITORINO DUARTE	M	252	SenM	BENFICA	00:40:49	00:53:13
798	1783	AGOSTINHO FERREIRA	M	34	vet6	SL BENFICA	00:40:27	00:53:13
799	583	ANTONIO CORDEIRO	M	253	SenM	SL BENFICA	00:38:58	00:53:14
800	540	JOSE DIAS FIGUEIREDO	M	35	vet6	G DESP CASA DAS PEL	00:40:50	00:53:15
801	575	JOAO FERNANDO SIMOES BRANCO	M	71	vet5	A A E BNU	00:40:50	00:53:15
802	1415	RUI ORLANDO ALVES DA ROSA	M	89	vet4	IND	00:41:03	00:53:16
803	1619	FERNANDO JOSE LEMOS LEMOS	M	90	vet4	SL BENFICA	00:40:01	00:53:16
804	1863	JOSE HENRIQUE COSTA CHAMBEL NUN	M	95	vet3	BENFICA	00:40:21	00:53:16
805	976	NUNO GONÇALO CAPITAO SOUSA BELA	M	254	SenM	BELENENSES	00:40:05	00:53:19
806	1379	JOSÉ PAOLMA	M	135	vet2	INDIVIDUAL	00:40:06	00:53:19
807	1475	ANDRE COSTA PEREIRA PEREIRA	M	255	SenM	SLB	00:40:05	00:53:19
808	1879	ANTONIO CARLOS DA FONSECA PAULO	M	91	vet4	BENFICA	00:41:06	00:53:19
809	478	PEDRO MONTEIRO	M	256	SenM		00:40:17	00:53:20
810	518	MARIO JOSE BORGES LAMEIRAO	M	72	vet5	REAL ACADEMIA	00:40:30	00:53:20
811	1709	LUIS MANUEL PINTO ESTEVES	M	136	vet2	SFUAP	00:40:27	00:53:20
812	1087	LUIS MANUEL S DUARTE DUARTE	M	36	vet6	SL BENFICA	00:41:11	00:53:22
813	962	CARLOS SIMOES	M	257	SenM	INDIVIDUAL	00:39:41	00:53:23
814	1017	ANTONIO FERREIRA RODRIGUES	M	92	vet4	SL BENFICA	00:39:41	00:53:25
815	1340	GONCALO FERREIRA	M	258	SenM	DGINE	00:40:42	00:53:31
816	615	JOSE TEIXEIRA	M	98	vet1	SL BENFICA	00:41:10	00:53:32

817	1522	GERMANO SOUSA BERNARDO	M	93	vet4	BENFICA	00:41:12	00:53:33
818	543	JOAO MANUEL ALEXANDRE BRAZ	M	99	vet1	SL BENFICA	00:40:36	00:53:36
819	649	EDUARDO RIBEIRO	M	100	vet1	GDCT UNICRE	00:40:24	00:53:36
820	445	JORGE SALVADO	M	137	vet2		00:40:22	00:53:37
821	446	OSCAR CASCAIS	M	101	vet1		00:40:22	00:53:37
822	1301	MARCIO SOUSA	M	259	SenM	AMADOR	00:40:25	00:53:37
823	628	MIGUEL BIDARRA	M	138	vet2	SL BENFICA	00:40:02	00:53:38
824	1303	ANTONIO OLIVEIRA	M	102	vet1	AMADOR	00:40:26	00:53:38
825	1534	PAULO CASCAIS	M	96	vet3	AMIGOS DO ATLETISMO	00:40:14	00:53:42
826	738	AUGUSTO MARTINS	M	37	vet6	SL BENFICA	00:41:01	00:53:44
827	1740	SERGIO TAVARES	M	260	SenM	SL BENFICA	00:41:58	00:53:44
828	421	LINA GAMA	F	19	SenF		00:40:29	00:53:45
829	621	JOSE MARCELINO	M	97	vet3	SL BENFICA	00:41:30	00:53:45
830	1680	HUMBERTO FERREIRA	M	38	vet6	SL BENFICA	00:41:31	00:53:45
831	707	PEDRO MIGUEL CANDEIAS BELCHIOR	M	261	SenM	INDIVIDUAL	00:41:14	00:53:46
832	746	MARIO MANUEL PINTO FERREIRA	M	139	vet2	INDIVIDUAL	00:40:27	00:53:46
833	1633	JOAO OLIVEIRA	M	94	vet4	INDIVIDUAL	00:41:15	00:53:46
834	868	PEDRO MIGUEL LOBATO GARCIA	M	262	SenM	S.C PORTUGAL	00:00:00	00:53:47
835	1473	VASCO CAFE CAFE	M	263	SenM	BENFICA	00:41:14	00:53:47
836	571	VITOR RAMOS	M	73	vet5	CORRE CORRE F SANTA	00:40:24	00:53:48
837	2200	DANIEL NUNES	M	264	SenM	OS NUNES	00:41:07	00:53:49
838	648	CARLOS MENDES	M	103	vet1	INDIVIDUAL	00:41:18	00:53:53
839	897	JOAO FERREIRA	M	95	vet4	SL BENFICA	00:41:45	00:53:53
840	1888		M	265	SenM		00:40:23	00:53:53
841	1258	MAURO TEIXEIRA	M	266	SenM	SL BENFICA	00:40:51	00:53:55
842	1431	MANUEL FERNANDES FERNANDES	M	96	vet4	SLB	00:41:40	00:53:56
843	1432	NUNO GOUVEIA GOUVEIA	M	267	SenM	SLB	00:41:40	00:53:56
844	1410	LUIS MIGUEL SANTOS	M	104	vet1	BENFICA	00:42:41	00:53:59
845	1818	AGUSTINO ANTUNES	M	268	SenM		00:40:58	00:53:59
846	2062	NUNO COTRIM	M	105	vet1	INDIVIDUAL	00:40:30	00:53:59
847	1862	MANUEL COELHO	M	269	SenM		00:40:55	00:54:01
848	998	ADRIAN PITARCH REVERTER	M	140	vet2	INDEPENDENTE	00:40:34	00:54:02
849	1463	JOAO LEONEL RODRIGUE PEREIRA	M	98	vet3	XXXXXXX	00:40:26	00:54:02
850	695	PAULO SANTOS	M	106	vet1	CCD EFACEC LISBOA	00:40:51	00:54:03
851	678	SEVERINO ROSA	M	97	vet4	SL BENFICA	00:41:31	00:54:05
852	1026	HENRIQUES DIAS SANTOS	M	98	vet4	SL BENFICA	00:41:03	00:54:06
853	1784	JOAO CARLOS VERISSIMO SANTOS	M	74	vet5	INDIVIDUAL	00:41:04	00:54:07
854	1429	LUIS LEAL	M	99	vet4	SLB	00:40:57	00:54:09
855	2055	FERNANDO RODRIGUES	M	39	vet6		00:41:19	00:54:09
856	1704	ALBERTO A MARQUES	M	40	vet6	SL BENFICA	00:40:59	00:54:10
857	1844	AMADEU SILVA	M	75	vet5	SL BENFICA	00:41:34	00:54:10
858	1828	JOAO VAZ	M	141	vet2	SL BENFICA	00:41:23	00:54:13
859	1832	JOSE REIS	M	99	vet3	SL BENFICA	00:41:23	00:54:13
860	1503	PAULO JORGE NEVES FERNANDES	M	142	vet2	BENFICA	00:44:35	00:54:14
861	1512	JOSE ALBERTO NEVES FERNANDES	M	100	vet3	BENFICA	00:44:34	00:54:14
862	1685	RICARDO JORGE TEIXEIRA ANTUNES	M	270	SenM	INDIVIDUAL	00:40:53	00:54:16
863	1915	ANTÓNIO CARVALHO	M	100	vet4		00:41:21	00:54:16
864	2063	CARLOS SANCHES	M	143	vet2	INDIVIDUAL	00:41:16	00:54:16
865	1819	RODRIGO CARVALHO	M	144	vet2	SL BENFICA	00:41:42	00:54:19
866	1724	JOSE CARLOS CARDOSO CASTELLA	M	76	vet5	SL BENFICA	00:39:54	00:54:20
867	2156	FERNANDO TAVARES	M	101	vet4		00:42:41	00:54:20
868	724	CARLOS ROLO	M	145	vet2	SL BENFICA	00:39:35	00:54:22
869	881	JOAQUIM CORDEIRO	M	41	vet6	CASA BENFICA CASCAI	00:41:14	00:54:24
870	925	JOAO CARLOS TEIXEIRA TEIXEIRA	M	42	vet6	SL BENFICA	00:41:17	00:54:24
871	1428	ANTONIO MANUEL GREGORIO LUCIO	M	102	vet4	BENFICA	00:41:05	00:54:24
872	1470	RICARDO FORTUNA	M	271	SenM	SLB	00:41:40	00:54:24
873	1472	TELMO AZEVEDO	M	272	SenM	SLB	00:41:41	00:54:24
874	1811	FRANCISCO JOSE FERNANDES BATISTA	M	273	SenM	SL BENFICA	00:41:13	00:54:27
875	814	FRANKLIM JORGE	M	146	vet2	CLUBE DO STRESS	00:41:03	00:54:28
876	460	MANUEL OLIVEIRA	M	274	SenM		00:41:36	00:54:29
877	639	JOAO FANDANGO	M	103	vet4	AMIGOS DE BELEM	00:41:35	00:54:29
878	623	CARLOS PRECISO	M	275	SenM	AMIGOS DE BELEM	00:41:34	00:54:30
879	1542	ANTONIO MANUEL C SANTOS	M	77	vet5	BENFICA	00:40:44	00:54:31

880	1600	PAULA MACHADO MACHADO	F	4	w45	SLB	00:41:04	00:54:32
881	1146	PEDRO GIL GIL	M	276	SenM	SP PORTUGAL	00:41:38	00:54:33
882	1177	ANTONIO MANUEL MARQU CARREIRA	M	101	vet3	INDIVIDUAL	00:41:27	00:54:34
883	1180	CELIO FERREIRA FERNANDES	M	104	vet4	INDIVIDUAL	00:41:27	00:54:34
884	2101	RICARDO FERNANDES	M	277	SenM		00:42:21	00:54:34
885	1038	ARMENIO CORREIA CORREIA	M	102	vet3	SL BENFICA	00:41:12	00:54:35
886	1668	HENRIQUE VILHENA	M	105	vet4	SOC MUS ORDEM E PRO	00:42:28	00:54:37
887	1069	RUI BATISTA	M	147	vet2	ANACOM	00:41:21	00:54:39
888	1756	FRANCISCO REIS DA SILVA	M	278	SenM	INDIVIDUAL	00:41:48	00:54:39
889	1008	BRUNO ESCADA MALES MALES	M	279	SenM	SL BENFICA	00:40:47	00:54:40
890	1320	JORGE VASQUEZ VASQUEZ	M	78	vet5	SL BENFICA	00:42:33	00:54:40
891	1852	CARLOS MANUEL ALVES CAETANO	M	280	SenM	NAO	00:41:36	00:54:40
892	1275	JOSÉ SANTOS	M	43	vet6	TABAQUEIRA	00:41:22	00:54:42
893	1588	CARLOS ALBANO	M	107	vet1	SSCGD	00:40:48	00:54:43
894	1731	PAULO NUNES NUNES	M	281	SenM	SL BENFICA	00:40:48	00:54:43
895	1684	JOSE ANTUNES GONCALVES	M	106	vet4	INDIVIDUAL	00:40:53	00:54:44
896	1035	PEDRO MANUEL MEIRELES ANTUNES	M	282	SenM	SL BENFICA	00:40:31	00:54:45
897	1322	JORGE MIGUEL VASQUEZ VASQUEZ	M	283	SenM	SL BENFICA	00:42:33	00:54:45
898	1188	VITOR MOUTINHO	M	284	SenM	SERV SOC MONT GERAL	00:42:40	00:54:46
899	1335	ESTELA GONCALVES GONCALVES	F	20	SenF	AMADORA	00:41:22	00:54:47
900	1761	EDUARDO JOSE MORGADO CORREIA	M	148	vet2	SL BENFICA	00:41:40	00:54:47
901	1764	CARLOS ALBERTO P SIOPA	M	149	vet2	SL BENFICA	00:41:39	00:54:49
902	617	RUI RODRIGUES	M	150	vet2	SL BENFICA	00:42:17	00:54:50
903	636	LEONEL FERREIRINHA	M	79	vet5	SL BENFICA	00:42:16	00:54:50
904	510	ALVARO DA GRAÇA MARQUES	M	80	vet5	INDIVIDUAL	00:41:42	00:54:51
905	1561	QUIRINO JOSE BAETA CAETANO	M	285	SenM	S L B	00:40:43	00:54:53
906	792	TERESA VIOLANTE	F	4	w40	CLUBE DO STRESS	00:42:15	00:54:54
907	793	CARLA PIMENTA	F	21	SenF	CLUBE DO STRESS	00:42:15	00:54:54
908	776	JOAQUIM CARPELHO	M	81	vet5	CCS EPUL	00:41:37	00:54:56
909	1537	MANUELA DIAS	F	5	w40	AMIGOS DO ATLETISMO	00:41:44	00:54:57
910	1338	NUNO SILVA	M	107	vet4	GDINE	00:41:53	00:54:59
911	556	MANUEL FERREIRA FERREIRA	M	44	vet6	QUIOSQUE MIRANTE	00:42:57	00:55:03
912	741	JOAO SILVA MAFRA	M	286	SenM	MAR DE SESIMBRA	00:42:16	00:55:03
913	742	FRANCISCO ANTONIO RA MOUCHINHO	M	82	vet5	C UNIDOS DO CACEM	00:42:12	00:55:03
914	676	PAULO BAILAO	M	108	vet1	SL BENFICA	00:41:49	00:55:04
915	1751	VICTOR AMARAL PETINGA	M	45	vet6	CASA BENF ALHANDRA	00:41:32	00:55:04
916	547	PAULO ALEXANDRE CAVACO HORTA	M	287	SenM	INDIVIDUAL	00:42:58	00:55:06
917	564	RUI FILIPE F F PIRES	M	288	SenM	SL BENFICA	00:42:58	00:55:06
918	1050	RUI ANTONIO PEREIRA BARROSO	M	103	vet3	INDIVIDUAL	00:41:54	00:55:07
919	1018	VASCO JOSE RIBEIRO DE MELO	M	83	vet5	SL BENFICA	00:42:56	00:55:11
920	1062	RUI VASCO MELO	M	289	SenM	SL BENFICA	00:42:54	00:55:11
921	1945	JOSÉ PAVÃO	M	108	vet4		00:41:58	00:55:11
922	1004	RAUL DORES COSTA	M	46	vet6	INDIVIDUAL	00:41:34	00:55:12
923	440	LUIS VAZ DE CARVALHO	M	290	SenM		00:41:35	00:55:13
924	1162	ANTONIO SILVA PIRES PIRES	M	104	vet3	CLUBE	00:42:21	00:55:13
925	1239	RUI OLIVEIRA	M	105	vet3	ATLETICO	00:42:20	00:55:15
926	1352	DANIEL FERNANDES	M	291	SenM	SL BENFICA	00:42:11	00:55:16
927	1404	EDGAR TIMOTEO LOBATO DE SEIA	M	292	SenM	SLB	00:42:16	00:55:16
928	1353	TIAGO RODRIGUES	M	293	SenM	SL BENFICA	00:42:12	00:55:17
929	2168	RUI GODINHO	M	294	SenM		00:41:46	00:55:18
930	1642	JOAO BARROS	M	106	vet3	SL BENFICA	00:41:17	00:55:19
931	1699	ADELINO MOTA	M	47	vet6	SL BENFICA	00:41:54	00:55:19
932	1777	JOAQUIM SALVADO PIRES	M	151	vet2	SL BENFICA	00:42:31	00:55:23
933	965	ANTONIO DE PAULA RODRIGUES	M	48	vet6	SL BENFICA	00:41:47	00:55:24
934	1940	ANA DIAS	F	6	w35		00:42:30	00:55:24
935	1350	NUNO OLIVEIRA	M	295	SenM	SL BENFICA	00:41:57	00:55:25
936	1471	HUGO DIONISIO	M	296	SenM	SLB	00:41:56	00:55:25
937	1901	MANUEL MAGALHÃES	M	49	vet6		00:42:22	00:55:29
938	536	ANTONIO ANDRE PINTO NASCIMENTO	M	50	vet6	IMP NAC CASA DA MOE	00:42:23	00:55:31
939	1465	MARCO MANUEL NUNES	M	297	SenM	BENFICA	00:42:35	00:55:31
940	1712	JOSE DE MATOS ABREU	M	84	vet5	SL BENFICA	00:42:22	00:55:31
941	1051	JOAO CARLOS PINTO SANTOS	M	107	vet3	INDIVIDUAL	00:42:23	00:55:32
942	1464	NUNO NABAIS	M	109	vet1	SPORTING CLUBE PORT	00:42:26	00:55:33

943	820	JORGE MANUEL GUERREIRO PIRES	M	109	vet4	SL BENFICA	00:42:56	00:55:35
944	2079	LINA MENDES	F	7	w35		00:42:36	00:55:35
945	2149	MARCO MACHADO	M	298	SenM		00:43:32	00:55:36
946	449	PEDRO MATEUS	M	152	vet2		00:42:10	00:55:37
947	2148	ANGELO MACHADO	M	110	vet1		00:43:32	00:55:37
948	619	CARLOS LOPO	M	110	vet4	SL BENFICA	00:43:39	00:55:38
949	1861	JORGE NARCISO	M	299	SenM		00:42:05	00:55:38
950	1115	LUIS COSTA	M	51	vet6	INDIVIDUAL	00:42:14	00:55:39
951	535	JOSE ALMEIDA MOREIRA MOREIRA	M	111	vet4	SL BENFICA	00:41:50	00:55:40
952	558	AFONSO COSTA	M	153	vet2	QUIOSQUE MIRANTE	00:42:29	00:55:41
953	476	ALBINO SANTOS	M	111	vet1		00:43:40	00:55:42
954	1823	LUIS VERISSIMO VERISSIMO	M	112	vet4	INDIVIDUAL	00:42:40	00:55:44
955	1009	ANTONIO JORGE CAMPOS	M	300	SenM	DFGDG	00:42:22	00:55:45
956	1316	JOSE ANTONIO MARTINS TAVARES	M	52	vet6	INDIVIDUAL	00:43:36	00:55:45
957	1306	LUIS VAZ	M	112	vet1	GOLDRUNNERS	00:42:20	00:55:46
958	995	FRANCISCO JORGE	M	53	vet6	GAAVFXIRA	00:42:19	00:55:47
959	1620	MANUEL GONCALVES GONCALVES	M	85	vet5	SL BENFICA	00:41:55	00:55:49
960	1678	MANUEL PEREIRA	M	108	vet3	SL BENFICA	00:42:30	00:55:49
961	1698	ARMANDO ALBERTO MATOS DURAO	M	109	vet3	SL BENFICA	00:41:26	00:55:51
962	1598	JORGE MANUEL PEREIRA	M	113	vet1	BENFICA	00:44:08	00:55:52
963	1332	CONSTANTINO ROSA	M	54	vet6	CTH	00:41:59	00:55:53
964	957	MIGUEL GARCIA	M	154	vet2	SL BENFICA	00:42:22	00:55:54
965	1398	JOAO FERREIRA	M	301	SenM	REST CANT DO CAÇADOR	00:43:22	00:55:58
966	1399	MANUEL BARBOSA	M	302	SenM	REST CANT DO CAÇADO	00:43:22	00:55:58
967	1351	ROBERTO BETTENCOURT BETTENCOURT	M	303	SenM	SL BENFICA	00:43:30	00:56:00
968	712	MIGUEL CABRAL	M	304	SenM	SL BENFICA	00:42:27	00:56:03
969	853	CASIMIRO COUTINHO	M	55	vet6	F.C PORTO	00:42:44	00:56:03
970	1077	TIAGO GONCALVES	M	305	SenM	100 FORÇAS	00:42:43	00:56:03
971	756	JOSE GONCALVES	M	155	vet2	CASA BENF ALHANDRA	00:42:03	00:56:04
972	2051	JOÃO MORO	M	156	vet2	INDIVIDUAL	00:42:32	00:56:04
973	681	AVELINO BENTO	M	113	vet4	SL BENFICA	00:42:38	00:56:05
974	1401	JOSE MENDONÇA	M	114	vet4	REST CANT DO CAÇADO	00:42:25	00:56:05
975	1727	ROGERIO FALCAO FALCAO	M	114	vet1	SL BENFICA	00:42:55	00:56:05
976	2067	JOÃO PISSARRA	M	115	vet4	INDIVIDUAL	00:41:53	00:56:05
977	1199	MARIA DO CARMO BARROS	F	5	w45	SL BENFICA	00:43:40	00:56:07
978	613	TINA OLIVEIRA OLIVEIRA	M	157	vet2	INDIVIDUAL	00:42:42	00:56:09
979	1262	CESALTINA DELGADO DELGADO	F	6	w45	G DESP CRUZ PICADA	00:42:30	00:56:10
980	515	CARLOS JOSE DIAS ALFAIATE	M	116	vet4	INDIVIDUAL	00:42:28	00:56:13
981	1273	JOSE DELGADO	M	56	vet6	TABAQUEIRA	00:42:13	00:56:13
982	1768	JOAO MOURAO	M	117	vet4	SL BENFICA	00:42:44	00:56:13
983	1597	FERNANDO JOSE MOTA	M	115	vet1	BENFICA	00:44:11	00:56:16
984	961	CARLOS SIMOES	M	110	vet3	INDIVIDUAL	00:42:58	00:56:20
985	1040	JOSE MANUEL RODRIGUE ABREU	M	306	SenM	SL BENFICA	00:41:48	00:56:24
986	1838	DOMINGOS ANTONIO MELAO MARTINS	M	118	vet4	SL BENFICA	00:43:17	00:56:26
987	1147	JORGE ALEXANDRE TEIXEIRA ESTEVES	M	158	vet2	SL BENFICA	00:42:47	00:56:34
988	1897	CARLOS RODRIGUES	M	159	vet2		00:43:26	00:56:37
989	1111	ANTONIO LUIS CHAINHO MARQUES	M	119	vet4	SL BENFICA	00:43:00	00:56:39
990	609	PAULO MIGUEL MOREIRA DIAS	M	307	SenM	SL BENFICA	00:43:37	00:56:40
991	494	MARGARIDA SOARES	F	22	SenF		00:43:07	00:56:41
992	1181	JAIME GOMES	M	120	vet4	SERV SOC MONT GERAL	00:43:48	00:56:44
993	1652	JOAO PEDRO MARQUESPOMBINHO	M	308	SenM	SL BENFICA	00:42:39	00:56:44
994	559	CARLOS SEQUEIRA	M	111	vet3	QUIOSQUE MIRANTE	00:43:48	00:56:45
995	926	JOSE SOUSA CARVALHO	M	121	vet4	S.C PORTUGAL	00:00:00	00:56:46
996	1189	MANUEL PEREIRA	M	122	vet4	SERV SOC MONT GERAL	00:43:49	00:56:46
997	1070	ROGERIO PINA	M	123	vet4	ANACOM	00:43:26	00:56:47
998	517	PAULO JORGE FAUSTINO MARTINS	M	309	SenM	SL BENFICA	00:42:44	00:56:49
999	841	LUCIO PAULO PINTO PEREIRA	M	160	vet2	CAS DO BEN ALHANDRA	00:43:33	00:56:49
1000	419	FATIMA LOPES	F	23	SenF		00:43:18	00:56:51
1001	876	CARLOS PROFIRIO	M	86	vet5	SL BENFICA	00:43:39	00:56:51
1002	1257	JOSE AMERICO F SOBREIRA	M	161	vet2	INDIVIDUAL	00:43:10	00:56:51
1003	1776	PEDRO MANUEL N CAETANO	M	116	vet1	SL BENFICA	00:43:39	00:56:51
1004	1803	PAULO NUNO CARVALHO CAMPOS	M	117	vet1	HKH	00:43:05	00:56:51
1005	859	JOA PEDRO SOUSA GOMES	M	310	SenM	SL BENFICA	00:43:03	00:56:56

1006	1121	NELIO MARTINS	M	311	SenM	SL BENFICA	00:42:24	00:57:00
1007	734	PEDRO TIAGO ALMEIDA SANTOS	M	312	SenM	SL BENFICA	00:44:28	00:57:02
1008	1101	BRUNO MIGUEL LUCAS	M	313	SenM	SL BENFICA	00:43:52	00:57:02
1009	416	JOÃO SANTOS	M	162	vet2		00:43:05	00:57:09
1010	576	JORGE GABRIEL DA ROSA NEVES	M	118	vet1	SL BENFICA	00:42:33	00:57:10
1011	1191	BRUNO GUERRA	M	314	SenM	SL BENFICA	00:43:02	00:57:10
1012	1706	MAURICIO FERREIRA CONCIDRA	M	112	vet3	SL BENFICA	00:42:50	00:57:12
1013	1483	GONCALO SILVA	M	315	SenM	BENFICA	00:43:28	00:57:16
1014	1650	CARLOS ALBERTO JESUS DIAS	M	124	vet4	SL BENFICA	00:42:59	00:57:17
1015	1485	JOSE CALDEIRINHA	M	316	SenM	BENFICA	00:43:28	00:57:19
1016	1524	ANTONIO FERREIRA	M	57	vet6	AMIGOS DO ATLETISMO	00:42:38	00:57:19
1017	1073	FERNANDO MARQUES MARQUES	M	163	vet2	SL BENFICA	00:44:25	00:57:20
1018	2078	ANTONIO MENDES	M	317	SenM		00:43:19	00:57:23
1019	2122	CESAR MOREIRA	M	318	SenM		00:43:38	00:57:23
1020	2163	CARLOS PINTO	M	319	SenM		00:45:12	00:57:23
1021	1108	DANIEL VIGARIO OLIVE OLIVENCA	M	320	SenM	PORTO	00:43:26	00:57:24
1022	1766	TIAGO CARVALHO CARVALHO	M	321	SenM	SL BENFICA	00:43:40	00:57:24
1023	999	ANTONIO JOSE ALVES AMBROSIO	M	87	vet5	SL BENFICA	00:43:18	00:57:25
1024	1116	JORGE ALBERTO VIGARI SANTOS	M	322	SenM	SL BENFICA	00:43:26	00:57:25
1025	1843	FRANCISCO MIRA	M	164	vet2	SL BENFICA	00:44:12	00:57:28
1026	553	JOSE VILELA	M	165	vet2	ROBBIALAC	00:43:29	00:57:29
1027	809	ORLANDO AUGUSTO SANTOS SILVA	M	119	vet1	SL BENFICA	00:43:58	00:57:29
1028	1469	VASCO MIGUEL CANAS	M	323	SenM	BENFICA	00:43:38	00:57:30
1029	668	LUIS BILAU	M	125	vet4	SL BENFICA	00:46:24	00:57:33
1030	1559	PEDRO MANUEL SILVESTRE AZENHA	M	113	vet3	NAO TEM	00:43:10	00:57:34
1031	1601	JOSE FRANCISCO DUARTE NEVES	M	120	vet1	SL BENFICA	00:44:31	00:57:34
1032	1206	PAULO CABRAL DA SILV SILVA	M	166	vet2	SL BENFICA	00:41:52	00:57:36
1033	850	ANTONIO MADEIRA	M	58	vet6	INDIVIDUAL	00:44:11	00:57:38
1034	410	NUNO PIMENTEL	M	324	SenM		00:44:31	00:57:39
1035	982	CARLOS ALFREDO TOMAZ	M	126	vet4	INDIVIDUAL	00:44:26	00:57:39
1036	595	ADRIANO ENCARNAÇÃO	M	88	vet5	SL BENFICA	00:43:33	00:57:41
1037	1025	RUI MANUEL RICO RICO	M	127	vet4	SL BENFICA	00:42:30	00:57:42
1038	1440	NUNO MIGUEL BAIARRADA BAIARRADA	M	325	SenM	INDIVIDUAL	00:44:16	00:57:43
1039	1817	JOSE GABRIEL PIRES MARTINS MORIM	M	121	vet1	SL BENFICA	00:43:54	00:57:43
1040	713	JOAO MENDES	M	326	SenM	SL BENFICA	00:42:29	00:57:45
1041	715	RUI RODRIGUES	M	327	SenM	SL BENFICA	00:42:28	00:57:45
1042	1409	FREDERICO CONTREIRAS	M	328	SenM	BENFICA	00:43:36	00:57:45
1043	1718	ANDRE NEVES	M	329	SenM	SL BENFICA	00:43:36	00:57:45
1044	1729	HUGO PALMA PALMA	M	330	SenM	SL BENFICA	00:42:33	00:57:45
1045	709	MANUEL BORGES	M	128	vet4	SL BENFICA	00:42:28	00:57:46
1046	710	JOAO GALAO	M	89	vet5	SL BENFICA	00:43:35	00:57:46
1047	711	JORGE SILVA	M	114	vet3	SL BENFICA	00:43:36	00:57:46
1048	716	PRDRO BORGES	M	331	SenM	SL BENFICA	00:42:27	00:57:46
1049	1648	RICARDO JORGE RODRIGUES	M	332	SenM	SL BENFICA	00:44:00	00:57:46
1050	913	NUNO ALBERTO MARQUES VEIGA	M	122	vet1	INDIVIDUAL	00:44:40	00:57:47
1051	1881	JOAO MANUEL PALMA PALMA	M	59	vet6	BENFICA	00:44:11	00:57:50
1052	415	JOAO SILVA	M	333	SenM		00:45:59	00:57:51
1053	1067	JORGE AGUIAR	M	167	vet2	ANACOM	00:44:07	00:57:54
1054	1068	FERNANDO OLIVEIRA	M	129	vet4	ANACOM	00:44:10	00:57:55
1055	1200	CRISTINATEIXEIRA GAVINHO	F	24	SenF	SL BENFICA	00:43:55	00:57:55
1056	791	MANUEL MARTINS	M	90	vet5	CLUBE DO STRESS	00:44:10	00:57:56
1057	1966	EDUARDO SILVA	M	168	vet2		00:44:48	00:57:57
1058	1745	MARIA FATIMA BARRETO	F	25	SenF	SL BENFICA	00:00:00	00:58:00
1059	1746	MAGDA SOFIA JESUS	F	26	SenF	SL BENFICA	00:00:00	00:58:00
1060	835	JANUARIO LADEIRAS	M	169	vet2	INDIVIDUAL	00:44:46	00:58:02
1061	1672	DIOGO OLIVEIRA	M	334	SenM	SL BENFICA	00:43:37	00:58:02
1062	2074	SILVIA DE OLIVEIRA	F	27	SenF		00:44:55	00:58:02
1063	2075	NUNO PINTO	M	335	SenM		00:44:56	00:58:03
1064	958	MANUEL GOMES CUNHA CUNHA	M	123	vet1	INDIVIDUAL	00:43:36	00:58:04
1065	1227	PAULO ALEXANDRE F SARROEIRA	M	124	vet1	INDIVIDUAL	00:43:42	00:58:04
1066	1288	ANTON TUERLINGS	M	60	vet6	TABAQUEIRA	00:44:46	00:58:05
1067	620	JOAO CUNHA	M	130	vet4	SL BENFICA	00:43:09	00:58:07
1068	567	MARIO AUGUSTO GONÇALVES PIRES	M	115	vet3	GINASIO CLUBE DO SU	00:43:09	00:58:08

1069	744	MIGUEL SILVA	M	336	SenM	INDIVIDUAL	00:43:50	00:58:10
1070	1830	MANUEL DUARTE	M	170	vet2	SL BENFICA	00:43:20	00:58:11
1071	645	JOAO TORRES	M	116	vet3	GDCT UNICRE	00:44:18	00:58:18
1072	650	PAULO DUARTE	M	171	vet2	GDCT UNICRE	00:44:18	00:58:18
1073	1869	FLAVIO MIGUEL FERNANDES PRATAS	M	337	SenM	BENFICA	00:44:01	00:58:18
1074	1047	ANTONIO ANJOS ALMEIDA	M	125	vet1	VERDE POLIS	00:44:09	00:58:20
1075	461	ANTÓNIO SILVA	M	338	SenM		00:45:08	00:58:25
1076	1389	MANUEL CRUZ	M	126	vet1	INDIVIDUAL	00:45:02	00:58:26
1077	992	MARQUES COSTA	M	131	vet4	GAAVFXIRA	00:44:33	00:58:27
1078	1368	RODRIGO AFONSO REIS	M	339	SenM	SL BENFICA	00:46:42	00:58:28
1079	1228	CARLOS DA SILVA MONTEIRO	M	340	SenM	K I	00:45:34	00:58:31
1080	1229	DANIEL PEREIRA CORDEIRO OLIVEIRA	M	341	SenM	K I	00:45:34	00:58:31
1081	951	JOAO PIMENTA	M	117	vet3	NAO FEDERADO	00:45:05	00:58:33
1082	1549	ELIAS SILVA	M	132	vet4	N A B D F	00:44:44	00:58:33
1083	1942	MIGUEL GONÇALVES	M	342	SenM		00:43:35	00:58:33
1084	2180	ANTONIO GAMEIRO	M	61	vet6		00:44:39	00:58:33
1085	2182	NARCISO LOURENÇO	M	127	vet1		00:44:40	00:58:33
1086	969	JOAO SIMOES SIMOES	M	172	vet2	SL BENFICA	00:43:58	00:58:36
1087	1634	CARLOS MANUEL SOUSA SOUSA	M	128	vet1	CLUBE OGMA	00:43:57	00:58:36
1088	1441	MARIO NUNES GOMES BAIARRADA	M	133	vet4	INDIVIDUAL	00:44:34	00:58:39
1089	857	JOAO MARQUES	M	118	vet3	SL BENFICA	00:00:00	00:58:40
1090	787	CARLOS FIGUEIREDO	M	173	vet2	CLUBE DO STRESS	00:45:30	00:58:41
1091	816	FERNANDO REIS	F	7	w45	CLUBE DO STRESS	00:45:30	00:58:41
1092	910	CASIMIRO FERREIRA	M	62	vet6	CLUBE DO STRESS	00:45:31	00:58:41
1093	417	PAULO REBELO	M	129	vet1		00:44:45	00:58:43
1094	2001	CÉSAR CARA LINDA	M	343	SenM	SCP	00:44:45	00:58:43
1095	581	MODESTO VIEIRA OVELH OVELHEIRO	M	130	vet1	CDCR CTT	00:43:01	00:58:46
1096	988	MARIA DE LURDES PEREIRA ALMEIDA	F	6	w40	SL BENFICA	00:44:29	00:58:49
1097	1046	MATILDE MARIA COSTA COSTA	F	8	w45	SL BENFICA	00:00:00	00:58:49
1098	1747	ANTONIO JESUS	M	63	vet6	SL BENFICA	00:00:00	00:58:49
1099	584	ANTONIO JARAMILHO GASPAR	M	64	vet6	IMP NAC CASA MOEDA	00:43:47	00:58:53
1100	895	PAULO MARIO SANTOS NUNES SEQUEIR	M	131	vet1	SL BENFICA	00:43:40	00:58:56
1101	812	JOSE MARTINHO	M	132	vet1	INDIVIDUAL	00:43:12	00:58:59
1102	1834	RUBEN PIEDADE	M	344	SenM	SL BENFICA	00:44:19	00:58:59
1103	1317	VIRGILIO MANUEL GOMES	M	65	vet6	INDIVIDUAL	00:45:18	00:59:00
1104	528	CARLOS ALCAIDE	M	66	vet6	QUINTA DA LAGOA MIR	00:44:08	00:59:01
1105	948	DIDIER PAYERNE	M	174	vet2	INDIVIDUAL	00:44:27	00:59:01
1106	1757	JOSE PAULO SOUSA	M	119	vet3	INDIVIDUAL	00:45:34	00:59:05
1107	574	MARINA SILVA FIAES FIAES	F	28	SenF	INDIVIDUAL	00:44:48	00:59:07
1108	549	FERNANDO FIAES FIAES	M	175	vet2	INDIVIDUAL	00:44:47	00:59:08
1109	579	ANTONIO MANUEL BARATA COSTA SILV	M	134	vet4	SL BENFICA	00:44:54	00:59:11
1110	1205	ANTONIO SANTOS	M	67	vet6	INDIV	00:45:09	00:59:14
1111	1572	JOAO PAULO PINTO PINTO	M	135	vet4	ACADEMICA	00:45:19	00:59:22
1112	1691	MAURO FILIPE LOPES AZEVEDO	M	345	SenM	SL BENFICA	00:45:32	00:59:22
1113	1560	FERNANDO GOMES	M	346	SenM	BENFICA	00:46:01	00:59:24
1114	1347	MARCO ANDRE CADETE F FIDALGO	M	347	SenM	SECCAO ATLETISMO AV	00:45:21	00:59:25
1115	1349	PATRICIA FIDALGO	F	29	SenF	SECCAO ATLETISMO CA	00:45:21	00:59:25
1116	604	ANTONIO VICENTE	M	136	vet4	SL BENFICA	00:44:52	00:59:27
1117	2159	RUI HENRIQUES	M	91	vet5	ADRC MATA DE BENFIC	00:45:22	00:59:30
1118	1753	PAULO CORDEIRO	M	176	vet2	INDIVIDUAL	00:45:10	00:59:31
1119	557	RUI CHAVES	M	177	vet2	QUIOSQUE MIRANTE	00:46:17	00:59:32
1120	1754	JOAO CHUMBINHO	M	133	vet1	INDIVIDUAL	00:45:11	00:59:32
1121	560	FERNANDO MADEIRA	M	92	vet5	QUIOSQUE MIRANTE	00:46:18	00:59:33
1122	561	VITOR CRUZ	M	134	vet1	QUIOSQUE MIRANTE	00:46:18	00:59:33
1123	1356	ANTONIO AUGUSTO DIAS SOUSA	M	93	vet5	QUIOSQUE MIRANTE	00:46:18	00:59:33
1124	1243	FERNANDO ANTUNES	M	348	SenM	INDIVIDUAL	00:46:55	00:59:34
1125	435	DUARTE CATARINA	M	349	SenM		00:48:01	00:59:38
1126	434	FRANCISCO CARVALHO	M	350	SenM		00:48:02	00:59:39
1127	477	ANTONIO MARTINS	M	351	SenM		00:45:14	00:59:39
1128	480	VITOR COELHO	M	352	SenM		00:45:14	00:59:40
1129	1256	ANTONIO M SILVA CARM CARMO	M	120	vet3	INDIVIDUAL	00:44:39	00:59:40
1130	1755	EDMUNDO MEIRIM VIEIRA SIMOES	M	137	vet4	INDIVIDUAL	00:45:35	00:59:42
1131	855	ALBERTO PALHA	M	68	vet6	F.C PORTO	00:44:20	00:59:44

1132	989 SANDRA MARIA JANIESON TEIXEIRA	F	30 SenF	SL BENFICA	00:44:38	00:59:51
1133	1144 JOAQUIM DA SILVA PIRES	M	178 vet2	SL BENFICA	00:45:17	00:59:51
1134	1590 ANTONIO JOSE TAVARES FREIRE	M	94 vet5		00:45:28	00:59:52
1135	1604 VITOR COSTA COSTA	M	179 vet2	SL BENFICA	00:45:50	00:59:52
1136	1882 JOSE ANTONIO SANTOS ROSA	M	138 vet4	BENFICA	00:45:45	00:59:53
1137	911 VITOR MANUEL DOLORES FERNANDES	M	180 vet2	SL BENFICA	00:45:28	00:59:54
1138	912 JOAO PEDRO MENDES MORGADINHO	M	135 vet1	POPULAR	00:45:29	00:59:54
1139	987 ALCIDIA PAULA S CLEMENCIO ROXO	F	7 w40	SL BENFICA	00:45:19	00:59:54
1140	1037 JOAO MANUEL OLIVEIRA INACIO OLI	M	181 vet2	SL BENFICA	00:44:53	00:59:56
1141	1868 CLAUDIA MOREIRA	F	31 SenF	C OLIMPICO DE OEIRA	00:45:40	00:59:56
1142	1084 WILSON COSTA SA	M	353 SenM	INDIVIDUAL	00:44:30	00:59:58
1143	1086 PAULO ALEXANDRE DE FREITAS ALPAL	M	354 SenM	NAO TEM	00:46:49	01:00:02
1144	1456 SILVIA SOUSA	F	32 SenF	C OLIMPICO DE OEIRA	00:45:40	01:00:02
1145	1836 MARIA HILARIA DOS SANTOS D FATUD	F	9 w45	SL BENFICA	00:44:47	01:00:02
1146	782 PEDRO NUNES	M	182 vet2	CLUBE DO STRESS	00:45:51	01:00:06
1147	788 JOAQUIM LEAL	M	183 vet2	CLUBE DO STRESS	00:45:51	01:00:06
1148	760 JOSE M SIMOES	M	139 vet4	SL BENFICA	00:45:53	01:00:09
1149	780 CARLOS JOSE CANDEIAS GONCALVES	M	184 vet2	SL BENFICA	00:46:16	01:00:15
1150	1962 JOSÉ JÚLIO	M	136 vet1		00:44:56	01:00:16
1151	1636 FERNANDO M SEBASTIAO	M	355 SenM	SL BENFICA	00:46:04	01:00:18
1152	2143 JOAO LOPES LOPES	M	185 vet2	SL BENFICA	00:44:42	01:00:26
1153	1486 MARIA TERESA LOPES FIGUEIREDO	F	33 SenF	BENFICA	00:45:26	01:00:27
1154	2141 ANDRÉ FONTES	M	356 SenM		00:44:43	01:00:27
1155	1854 JACINTO GODIMHO	M	186 vet2	SL BENFICA	00:46:52	01:00:28
1156	433 MARIANE BIK	F	34 SenF		00:47:51	01:00:35
1157	437 ANTONIO FRANCO	M	357 SenM		00:48:01	01:00:35
1158	1591 CARLOS MANUEL SILVA	M	69 vet6		00:45:48	01:00:37
1159	1780 ALBANO SILVA PRAZERES	M	187 vet2	SL BENFICA	00:46:05	01:00:38
1160	2144 RICARDO JOSÉ GROSSO MIRANDA	M	358 SenM		00:45:50	01:00:41
1161	485 LUIS JACOB	M	359 SenM		00:46:59	01:00:42
1162	1036 ANGELO MIGUEL CUNHA	M	360 SenM	INDIVIDUAL	00:48:30	01:00:45
1163	1000 JORGE MANUEL TOME DUARTE	M	188 vet2	SL BENFICA	00:46:42	01:00:52
1164	1785 JOSE JOAO CORDEIRO CORDEIRO	M	189 vet2	SL BENFICA	00:46:43	01:00:53
1165	1238 PEDRO LOUREIRO	M	361 SenM	SL BENFICA	00:45:43	01:00:56
1166	1924 LUÍS NEVES	M	362 SenM		00:46:13	01:00:59
1167	1715 CARLOS FONSECA FONSECA	M	190 vet2	SL BENFICA	00:45:02	01:01:01
1168	625 ARTUR SILVA	M	363 SenM	SL BENFICA	00:46:22	01:01:05
1169	1060 JAIME JOSE DA SILVA	M	121 vet3	CAFE CATARINO	00:45:41	01:01:07
1170	481 HUGO CASCAIS	M	364 SenM		00:45:53	01:01:08
1171	1898 JOÃO MOREIRA	M	140 vet4		00:45:52	01:01:08
1172	1118 ANTONIO JORGE FARIA	M	141 vet4	SL BENFICA	00:45:25	01:01:09
1173	907 JOAO FERNANDO LOPES	M	365 SenM	INDIVIDUAL	00:44:55	01:01:14
1174	1083 FILIPA PITORRO	F	35 SenF	INDIVIDUAL	00:45:27	01:01:15
1175	1085 LUIS PAULO	M	137 vet1	INDIVIDUAL	00:44:30	01:01:16
1176	2190 FRANCISCO GOMES	M	366 SenM		00:46:23	01:01:17
1177	1178 ANTONIO PARREIRA	M	95 vet5	SERV SOC MONT GERAL	00:46:54	01:01:18
1178	1179 VITOR JORGE	M	96 vet5	SERV SOC MONT GERAL	00:46:54	01:01:18
1179	425 CARLOS PEDRO	M	367 SenM		00:45:37	01:01:19
1180	1186 FERNANDO RIBEIRO	M	368 SenM	SERV SOC MONT GERAL	00:46:56	01:01:19
1181	1132 JOSE ANTONIO ALVITO PRETA	M	97 vet5	SL BENFICA	00:46:26	01:01:23
1182	1250 JOANA PATRICIA COSTA MARCAL	F	36 SenF	S L BENFICA	00:45:59	01:01:26
1183	692 ANTONIO FONSECA	M	138 vet1	SL BENFICA	00:45:56	01:01:29
1184	463 CARLOS ROCHA	M	369 SenM		00:46:55	01:01:32
1185	732 JOSE FERNANDO FIDALGO DE SOUSA	M	142 vet4	SL BENFICA	00:47:16	01:01:33
1186	1499 ANA C SALGUEIRO ALMEIDA SALGUEIR	F	37 SenF	BENFICA	00:46:28	01:01:35
1187	1502 MARIA HELENA LOPES PEREIRA	F	38 SenF	BENFICA	00:46:28	01:01:35
1188	2048 RUI SOARES	M	139 vet1	INDIVIDUAL	00:46:08	01:01:36
1189	409 ERLANGELA FERREIRA	F	39 SenF		00:46:47	01:01:38
1190	1365 ANTONIO VALENTE	M	370 SenM	SL BENFICA	00:49:15	01:01:38
1191	2069 FERNANDO RIO MAIOR	M	140 vet1	INDIVIDUAL	00:46:40	01:01:38
1192	400 NUNO COSTA	M	371 SenM		00:47:08	01:01:42
1193	412 RAFAEL DURAO	M	372 SenM		00:47:56	01:01:43
1194	603 LUIS MIGUEL PESTANA MEIRA	M	373 SenM	INDIVIDUAL	00:46:41	01:01:55

1195	825	ANTONIO CONDE PEREIR PEREIRA	M	143	vet4	S.C PORTUGAL	00:47:21	01:01:57
1196	2024	DIOGO AZEVEDO DUARTE	M	374	SenM		00:46:03	01:02:03
1197	2162	JOSÉ CARLOS DOMINGOS CORREIA	M	141	vet1		00:48:52	01:02:07
1198	1183	CATARINA DIAS	F	40	SenF	SERV SOC MONT GERAL	00:47:15	01:02:09
1199	1184	FERNANDO CALCADA	M	375	SenM	SERV SOC MONT GERAL	00:47:15	01:02:09
1200	1082	MARIO JOAO S R SILVA	M	122	vet3	INDIVIDUAL	00:47:42	01:02:10
1201	1855	CARLOS DIOGO MARTINS ALVES	M	376	SenM	SL BENFICA	00:49:15	01:02:15
1202	426	MARIA LURDES VINAGRE	F	10	w45		00:47:10	01:02:17
1203	867	FRANCISCO ALBERTO SADIO GARCIA	M	144	vet4	SL BENFICA	00:47:01	01:02:17
1204	427	ANTONIO FILIPE	M	145	vet4		00:47:10	01:02:19
1205	2002	CARLOS FULGÊNCIO	M	142	vet1		00:47:34	01:02:20
1206	472	JOSÉ COSTA	M	70	vet6		00:48:17	01:02:23
1207	473	PAULO VIEIRA	M	143	vet1		00:48:17	01:02:23
1208	1833	ALEXANDRE FREITAS	M	144	vet1	SL BENFICA	00:47:18	01:02:25
1209	1602	MIGUEL MENDES	M	377	SenM	SL BENFICA	00:47:36	01:02:27
1210	506	NUNO SOUSA	M	378	SenM	S.C PORTUGAL	00:47:37	01:02:33
1211	475	JOAQUIM CAPUCHO	M	98	vet5		00:47:14	01:02:35
1212	1556	JOSE BENTO DA SILVA TELMO	M	99	vet5	BENFICA	00:47:30	01:02:37
1213	985	PEDRO NUNO NEVES PINTO	M	123	vet3	ADC	00:46:47	01:02:44
1214	424	KIZHAKKEKARA RAMADAS	M	145	vet1	SL BENFICA	00:45:31	01:03:01
1215	1226	MARTA PINA LINCE DE FARIA	F	41	SenF	SP PORTUGAL	00:47:59	01:03:01
1216	48		M	379	SenM		00:46:37	01:03:07
1217	1816	CARLOS RUI CONCEICAO BARATA	M	146	vet4	SL BENFICA	00:48:43	01:03:11
1218	1858	CARLOS MANUEL MENDES DA PONTE	M	146	vet1	BENFICA	00:47:41	01:03:12
1219	1770	JOAO ROSA	M	380	SenM	SL BENFICA	00:46:39	01:03:19
1220	411	LEANDRO FERREIRA	M	381	SenM		00:47:31	01:03:24
1221	1810	MARCOS ANDRE CAETANO AREIAS	M	382	SenM	SL BENFICA	00:47:26	01:03:28
1222	1917	ANTÓNIO MIRA	M	100	vet5		00:48:25	01:03:32
1223	1918	ARTUR MARQUES	M	124	vet3		00:48:25	01:03:32
1224	1926	MIGUEL VIEIRA	M	125	vet3		00:48:25	01:03:32
1225	821	HELENA PATRICIA MOREIRA DE FREIT	F	42	SenF	SL BENFICA	00:47:54	01:03:35
1226	2154	MANUEL BORGES DIAS DOS REIS	M	383	SenM		00:49:22	01:03:38
1227	1397	JOEL FERREIRA	M	384	SenM	REST CANT DO CAÇADO	00:48:38	01:03:39
1228	498	FERNANDO OLIVEIRA	M	147	vet4		00:47:32	01:03:41
1229	851	JOAO PAULO PIRES REI REIS	M	385	SenM	SL BENFICA	00:46:47	01:03:41
1230	1305	RUI TORMENTA	M	147	vet1	GOLDRUNNERS	00:47:52	01:03:42
1231	1595	JOSE MANUEL OLIVEIRA RAFAEL DIAS	M	148	vet1	BENFICA	00:48:21	01:03:45
1232	1596	PEDRO PEREIRA	M	149	vet1	BENFICA	00:48:20	01:03:45
1233	1391	SERGIO NASCIMENTO NASCIMENTO	M	150	vet1		00:48:14	01:03:47
1234	1786	ERICO ARTUR PINTO	M	386	SenM	SL BENFICA	00:48:14	01:03:51
1235	826	FRANCISCO PULIDO VALENTE	M	148	vet4	INDIVIDUAL	00:47:33	01:03:52
1236	1358	DIOGO TORRES COELHO	M	387	SenM	SL BENFICA	00:47:39	01:03:52
1237	1357	ABILIO BRITO COELHO COELHO	M	149	vet4	SL BENFICA	00:47:39	01:03:53
1238	1959	HENRIQUE MARTINS	M	191	vet2		00:48:33	01:03:55
1239	2188	SILVESTRE RITO	M	388	SenM		00:48:45	01:03:56
1240	1430	IRJA VAINULA	F	43	SenF	SLB	00:48:07	01:04:05
1241	1936	JOÃO FERRÃO	M	389	SenM		00:48:16	01:04:05
1242	2152	VIRGILIO ARAUJO	M	126	vet3	CTH	00:50:40	01:04:08
1243	1089	JOAO COELHO ANTUNES	M	71	vet6	SL BENFICA	00:48:22	01:04:09
1244	854	VITOR SILVA	M	101	vet5	S.C PORTUGAL	00:47:40	01:04:11
1245	1550	JOAO MIGUEL CORREIA RITO	M	390	SenM		00:48:49	01:04:12
1246	2164	MIGUEL SILVA	M	391	SenM		00:48:03	01:04:15
1247	2161	RICARDO ANTÓNIO DOS SANTOS SILVA	M	127	vet3		00:49:04	01:04:17
1248	468		M	392	SenM		00:49:36	01:04:22
1249	469	LURDES SUSANO	M	192	vet2	DOR DE BURRO	00:49:36	01:04:22
1250	1439	MIGUEL MATOS	M	193	vet2	DOR DE BURRO	00:49:37	01:04:24
1251	1476	RAQUEL FILOMENA RIT RITO	F	44	SenF	AAA	00:48:49	01:04:25
1252	1551	ALEXANDRA JOSE AMORI VICENTE	F	45	SenF		00:48:50	01:04:25
1253	2155	RICARDO JORGE	M	393	SenM		00:49:22	01:04:26
1254	1437	PEDRO DIAS	M	151	vet1	DOR DE BURRO	00:49:38	01:04:28
1255	1443	JOANA RITA FERREIRA	F	46	SenF	DOR DE BURRO	00:49:38	01:04:28
1256	1307	JOAO MIGUEL LOURENCO PAIVA	M	152	vet1	SL BENFICA	00:48:32	01:04:32
1257	1442	JOAO PAULO REIS	M	153	vet1	DOR DE BURRO	00:49:37	01:04:33

1258	1057	ANA FILIPA CARACOL DOS SANTOS	F	47	SenF	SL BENFICA	00:48:27	01:04:34
1259	406	RODOLFO SANCHES	M	394	SenM		00:51:24	01:04:39
1260	860	DIOGO TAVARES RIBEIRO	M	395	SenM	SL BENFICA	00:48:44	01:04:42
1261	1444	EMIDIO JOSE CARRAPEIRO	M	128	vet3	DOR DE BURRO	00:42:52	01:04:46
1262	1445		M	396	SenM		00:48:42	01:04:47
1263	1076	LOURENÇO MATOS	M	150	vet4	100 FORÇAS	00:48:47	01:04:49
1264	1827	VITOR MARTINS MARTINS	M	72	vet6	INDIVIDUAL	00:49:11	01:04:51
1265	1366	JOAQUIM ANTONIO CABR RIBEIRO CAR	M	154	vet1	SL BENFICA	00:50:05	01:04:54
1266	403	LAURA MATEUS	F	48	SenF		00:49:54	01:04:55
1267	404	AMIT MANAHARLAL	M	397	SenM		00:49:54	01:04:55
1268	2023	FERNANDO OLIVEIRA	M	129	vet3		00:49:12	01:04:57
1269	436	JOSE LUIS CATARINO	M	398	SenM		00:49:24	01:04:59
1270	1609	JOSE DAMIAO INACIO INACIO	M	102	vet5	SL BENFICA	00:49:20	01:05:07
1271	1584	PEDRO ALEXANDRE M F MATA FERREIR	M	399	SenM	BENFICA	00:55:00	01:05:26
1272	775	VASCO DUARTE LOPES D ROCHA FERRE	M	400	SenM	SL BENFICA	00:47:54	01:05:33
1273	489	MANUEL PIMENTA	M	151	vet4		00:47:50	01:05:41
1274	531	MARIA PINTO	F	8	w40	SL BENFICA	00:51:34	01:05:48
1275	530	PEDRO PEDRO	M	401	SenM	SL BENFICA	00:51:34	01:05:49
1276	733	MANUEL JOSE CONCEIÇÃO MESTRE	M	73	vet6	SL BENFICA	00:50:52	01:05:55
1277	1433	JOSE MARIA SOUSA	M	130	vet3	SFUAP	00:49:51	01:05:56
1278	1435	FLORINDA SOUSA	F	11	w45	SFUAP	00:49:52	01:05:56
1279	1048	CARLOS MANUEL RODRIG PEREIRA	M	194	vet2	VERDE POLIS	00:49:02	01:05:57
1280	1434	RITA MIRANDA	F	49	SenF	SFUAP	00:49:50	01:05:57
1281	602	ANTONIO CASTRO	M	155	vet1	SL BENFICA	00:50:08	01:05:59
1282	1039	PORFIRIO J RODRIGUES RODRIGUES	M	103	vet5	SL BENFICA	00:49:21	01:06:01
1283	1594	MARIA ISABEL DA CUNH REIS CORREI	F	12	w45	SLB	00:50:03	01:06:01
1284	422	DIVANIO CANDIDO	M	402	SenM		00:52:17	01:06:06
1285	610	HENRIQUE MARCAL	M	152	vet4	SL BENFICA	00:49:31	01:06:13
1286	914	LUIS MANUEL COSTA EDUARDO	M	131	vet3	SL BENFICA	00:51:18	01:06:26
1287	1968	CARLOS VARELA	M	195	vet2		00:50:14	01:06:31
1288	1330	RUI PISSARRO	M	153	vet4	A SACAVENENSE	00:49:12	01:06:32
1289	664	CARLOS PEREIRA	M	104	vet5	TARTUGAS DE LOULE	00:50:55	01:06:33
1290	1455	MONICA MARQUES	F	50	SenF	C OLIMPICO DE OEIRA	00:50:49	01:06:38
1291	947	ANTONIO VILELA	M	74	vet6	SL BENFICA	00:50:51	01:06:39
1292	1459	FILIPA ALMEIDA	F	51	SenF	C OLIMPICO DE OEIRA	00:50:48	01:06:39
1293	1750	ANTONIO ABREU	M	156	vet1	INDIVIDUAL	00:49:56	01:06:48
1294	624	PAULO REIXA	M	132	vet3	SL BENFICA	00:50:54	01:06:53
1295	884	BEATRIZ HELENA FRANC MARIA	F	13	w45	SL BENFICA	00:50:13	01:06:54
1296	1679	FERNANDO LEMOS	M	105	vet5	SL BENFICA	00:50:54	01:06:54
1297	413	SUSANA SILVA	F	52	SenF		00:51:44	01:07:05
1298	414	JAIME SILVA	M	403	SenM		00:51:44	01:07:05
1299	1166	MARIA DA CONCEIÇÃO RAMIRES BERNA	F	53	SenF	SL BENFICA	00:50:12	01:07:12
1300	483	NUNO GONÇALVES	M	404	SenM		00:49:05	01:07:15
1301	487	JOSÉ PIRES	M	405	SenM		00:49:05	01:07:15
1302	491	PATRÍCIA BARBOSA	F	54	SenF		00:52:05	01:07:28
1303	492	LUÍS SOUSA	M	406	SenM		00:52:06	01:07:28
1304	1012	MIGUEL NUNO AZEVEDO CANSADO	M	157	vet1	HOVIONE	00:53:08	01:07:39
1305	441	PAULO MENDES	M	407	SenM		00:53:40	01:07:49
1306	1220	MARIA DAS DORES FATUDA	F	14	w45	SL BENFICA	00:48:26	01:07:51
1307	423		M	408	SenM		00:52:16	01:08:03
1308	637	JOSE RIPADO	M	154	vet4	SL BENFICA	00:50:57	01:08:05
1309	1941	CRISTINA MENDES	F	8	w35		00:51:58	01:08:08
1310	2058	ANA SÃO BENTO	F	55	SenF		00:51:00	01:08:10
1311	1386	ANIBAL PIMENTA	M	75	vet6	INDIVIDUAL	00:51:42	01:08:12
1312	1787	RUI JOSE MONTEIRO RIBEIRO	M	106	vet5	SL BENFICA	00:51:19	01:08:13
1313	2185	JOÃO CORREIA	M	409	SenM		00:52:25	01:08:19
1314	2186	MIGUEL FREITAS	M	410	SenM		00:52:26	01:08:19
1315	1622	CONSTANTINO PEREIRA	M	155	vet4	SL BENFICA	00:52:54	01:08:20
1316	1824	NUNO MIGUEL PIMENTA	M	411	SenM	SL BENFICA	00:51:58	01:08:32
1317	405	JOSE CARDOSO	M	412	SenM		00:52:07	01:08:35
1318	629	FOCK CHIU	M	107	vet5	SL BENFICA	00:53:04	01:08:47
1319	630	JOSE ARRUDA	M	108	vet5	SL BENFICA	00:53:05	01:08:47
1320	1495	LINA CRUZ	F	15	w45	AFIS OVAR	00:52:00	01:08:51

1321	555	MARIO OLIVEIRA MARTI MARTINS	M	109	vet5	INDIVIDUAL	00:52:23	01:08:52
1322	1466	NUNO MANUEL TINTIM	M	413	SenM	BENFICA	00:52:41	01:09:09
1323	1853	ANTONIO CASA NOVAS	M	414	SenM	SL BENFICA	00:52:42	01:09:09
1324	1643	MARIO JORGE RODRIGUES GARCIA	M	133	vet3	SL BENFICA	00:53:31	01:09:15
1325	1644	JOSE MANUEL PEREZ FREIRE	M	134	vet3	SL BENFICA	00:53:30	01:09:15
1326	1578	ANETA NEDELUCU	F	16	w45	BENFICA	00:53:22	01:09:20
1327	1021	CARLOS FILIPE P COELHO	M	415	SenM	SL BENFICA	00:49:22	01:09:27
1328	1022	FILIPE CLEMENTE	M	416	SenM	SL BENFICA	00:47:13	01:09:27
1329	569	JOSE EDUARDO CAROÇO	M	158	vet1	SL BENFICA	00:53:14	01:09:30
1330	570	PEDRO MANUEL MORAIS	M	159	vet1	SL BENFICA	00:53:14	01:09:31
1331	1645	JOAO PAVOEIRO PAVOEIRO	M	417	SenM	SL BENFICA	00:52:57	01:09:34
1332	1646	NUNO ALEXANDRE MARTINHO	M	418	SenM	SL BENFICA	00:52:58	01:09:34
1333	869	ANA GABRIELA LOBATO GARCIA	F	56	SenF	SL BENFICA	00:53:45	01:09:37
1334	745	ANTONIO JOAQUIM RASCAO MAGRO	M	156	vet4	SL BENFICA	00:51:57	01:09:43
1335	885	TIAGO JOSE FRANCO MA CASTRO	M	419	SenM	SL BENFICA	00:54:36	01:10:05
1336	1913	ÁLVARO SANTOS	M	157	vet4		00:52:55	01:10:05
1337	950	OTILIO CALIÇO	M	110	vet5	SL BENFICA	00:54:37	01:10:06
1338	1961	FILIPE SOUSA	M	196	vet2		00:52:54	01:10:08
1339	966	BELMIRA REIS DUARTE DUARTE	F	17	w45	SL BENFICA	00:53:07	01:10:20
1340	827	MARCIA DE OLIVEIRA FERREIRA	F	9	w40	INDIVIDUAL	00:53:31	01:10:22
1341	967	JORGE MANUEL JUSTO JUSTO	M	158	vet4	SL BENFICA	00:53:08	01:10:23
1342	1794	MANUEL ALFAIATE REIS REIS	M	135	vet3	SL BENFICA	00:52:39	01:10:23
1343	2167	JOAO ASSAFORA	M	160	vet1		00:52:19	01:10:24
1344	1417	ANA GRACINDA OLIVEIRA	F	57	SenF	BENFICA	00:00:00	01:10:44
1345	1418	ANDREIA FILIPA SOEIMA	F	58	SenF	BENFICA	00:00:00	01:10:44
1346	830	MARIA MANUELA CORREIA	F	10	w40	SL BENFICA	00:53:44	01:11:26
1347	1376	JORGE FRADIQUE FRADIQUE	M	136	vet3	SL BENFICA	00:54:49	01:11:55
1348	1377	SARA FRADIQUE FRADIQUE	F	59	SenF	SL BENFICA	00:54:49	01:11:55
1349	1259	TIAGO AMARO CARVALHO	M	420	SenM	S L BENFICA	00:53:06	01:12:12
1350	1808	JOAO RENATO JUNQUEIR PINTO LOPES	M	197	vet2	SL BENFICA	00:00:00	01:12:25
1351	1809	DANIEL DAVID LAMEIRA PEREIRA PIN	M	421	SenM	SL BENFICA	00:00:00	01:12:27
1352	1270	LUIS MANUEL FERNANDES	M	76	vet6	TABAQUEIRA	00:56:14	01:13:06
1353	1272	LAURENTINO RIBEIRO	M	77	vet6	TABAQUEIRA	00:56:16	01:13:06
1354	1294	CÉLIA PIRES	M	78	vet6	TABAQUEIRA	00:56:17	01:13:06
1355	2080	TERESA MARIA ROSÁRIO	F	60	SenF		00:54:12	01:13:53
1356	408		M	422	SenM		00:56:45	01:13:56
1357	1165	JOSENILCIA CASTRO	F	61	SenF	SL BENFICA	00:57:47	01:14:12
1358	1164	ELAINE PAULA LOPES	F	62	SenF	SL BENFICA	00:57:51	01:14:13
1359	495	GONCALO NETO	M	198	vet2	SL BENFICA	00:56:32	01:14:27
1360	1201	LEONOR NETO NETO	F	63	SenF	SL BENFICA	00:56:32	01:14:27
1361	454	ANTONIO SOUSA	M	423	SenM		00:55:59	01:14:34
1362	1758	ANA CRISTINA SANTOS	F	9	w35	SL BENFICA	00:54:16	01:15:09
1363	1577	MARIA ADINA ARTENE	F	64	SenF	BENFICA	00:58:21	01:15:21
1364	977	ANA CRISTINA ROLO	F	10	w35	SL BENFICA	00:00:00	01:15:25
1365	942	SANDRA MARINA CAR CARDOSO DA SIL	F	11	w40	SL BENFICA	00:00:00	01:15:26
1366	677	ANDRE NORONHA	M	199	vet2	SL BENFICA	00:58:09	01:15:37
1367	686	JOSE MAGRINHO	M	424	SenM	SL BENFICA	00:58:08	01:15:37
1368	956	LUIS GUILHERME BASSO DA SILVA NE	M	161	vet1	INDIVIDUAL	00:56:54	01:15:52
1369	1848	RUBEN FILIPE CARDOSO MOREIRA SIL	M	425	SenM	S L BENFICA	00:58:50	01:18:14
1370	1232	CATIA A COTRIM ALVES	F	65	SenF	S L BENFICA	00:58:50	01:18:16
1371	1579	ARMINDA AFONSO REIS REIS	F	12	w40	BENFICA	00:57:53	01:19:33
1372	978	PATRICIA AGUIAR ROLO	F	66	SenF	S.C PORTUGAL	01:00:52	01:20:20
1373	941	SARA HELENO FIGUEIR SANTOS GONCA	F	11	w35	PORTO	01:00:52	01:20:21
1374	1849	FABIO ANDRE CARVALHO MARQUES	M	426	SenM	S L BENFICA	01:01:31	01:21:23
1375	1850	SARA MARGARIDA SECIO MAURICIO NE	F	67	SenF	S L BENFICA	01:01:39	01:21:25
1376	1998	DOMINGOS JOSE ESTEVES M PINHEIR	M	79	vet6	BENFICA	01:03:22	01:22:17
1377	1251	RICARDO NEVES BARATA PINHAL	M	427	SenM	S L BENFICA	01:01:57	01:25:21
1378	1252	ALEXANDRA FERNANDES CATALINO	F	68	SenF	S L BENFICA	01:01:57	01:25:22
1379	1779	MARIA IRENE MAÇARICO MAÇARICO	F	18	w45	SL BENFICA	01:04:28	01:26:33
1380	939	CARLOS ALEXANDRE GOMES GONCALVES	M	162	vet1	SL BENFICA	01:04:08	01:26:41
1381	940	ANA RITA SANTOS GONCALVES	F	69	SenF	SL BENFICA	01:04:09	01:26:41
1382	1033	LILIANA CRISTIANA DE AZEVEDO	F	19	w45	SL BENFICA	01:07:14	01:30:08