

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1	M35	1	1501	Artur Rodrigues	M	N A Cucujaes	00:22:56
2	M20	1	446	Vitor Barbosa	M	Grupo Dramatico E Recreativo Da Retorta	00:23:38
3	M20	2	7190	Oscar Mendes	M	Running Team Lantemil	00:23:55
4	M35	2	439	Amadeu Rocha	M	Grupo Dramatico E Recreativo Da Retorta	00:24:09
5	M45	1	49	Mario Paulo Carreira	M	Porto Runners	00:25:17
6	M18	1	795	Daniel Carneiro	M	Maia Atlético Clube	00:25:20
7	M20	3	573	Pedro Meireles	M	Escola Do Movimento	00:25:24
8	M20	4	575	Tony Calvo	M	Escola Do Movimento	00:25:25
9	M45	2	441	Henrique Dias	M	Grupo Dramatico E Recreativo Da Retorta	00:25:36
10	M45	3	50	Joaquim Lopes	M	Porto Runners	00:25:41
11	M45	4	442	Joaquim Rocha	M	Grupo Dramatico E Recreativo Da Retorta	00:25:50
12	M40	1	438	Adelino Silva	M	Grupo Dramatico E Recreativo Da Retorta	00:25:55
13	M20	5	445	Tiago Neves	M	Grupo Dramatico E Recreativo Da Retorta	00:25:56
14	M35	3	443	Miguel Mendes	M	Grupo Dramatico E Recreativo Da Retorta	00:25:57
15	M40	2	444	Orlando Barbosa	M	Grupo Dramatico E Recreativo Da Retorta	00:26:03
16	M20	6	5687	Bruno Santiago	M	Individual	00:26:12
17	M18	2	654	Tiago Pinto	M	Engomadoria L&A	00:26:15
18	M20	7	642	Antonio Pires	M	Engomadoria L&A	00:26:21
19	M20	8	688	Ricard Martinez Sebastia	M	Els Llops	00:26:46
20	M45	5	6558	Adao Silva	M	F C Penafiel	00:26:54
21	M20	9	810	Marcelino Santos	M	Grupo Dramatico E Recreativo Da Retorta	00:27:04
22	M45	6	607	Serafim Gadelho	M	Maia Atlético Clube	00:27:12
23	M35	4	447	Vitor Ferreira	M	Grupo Dramatico E Recreativo Da Retorta	00:27:14
24	M20	10	2431	Fabio Barbosa	M	Derose Running Team	00:27:14
25	M50	1	7289	Jose Silva Teixeira	M	Individual	00:27:35
26	M40	3	755	João Barbosa	M	Nucleo Atletismo De Cucujaes	00:27:41
27	M20	11	173	Nuno Marques	M	Poteentes	00:27:41
28	M20	12	463	Pedro Ramos	M		00:27:42
29	M45	7	4074	Porfirio Alberto Rocha	M	Liberty Seguros	00:27:42
30	M20	13	368	Pedro Lopes	M	Papapedras Team	00:27:43
31	M45	8	204	Alberto Soares	M	Runitos E Runitas Corredores	00:27:48
32	M20	14	2165	Tiago Moreira	M		00:27:48
33	M35	5	749	António Ascensão	M	Team Da Praia	00:27:51
34	M35	6	653	Sergio Santos	M	Engomadoria L&A	00:27:52
35	M40	4	7202	Carlos Faria	M	Clube De Atletismo Da Povia De Varzim	00:27:58
36	M35	7	645	Eurico Moura	M	Engomadoria L&A	00:28:04
37	M35	8	758	Luis Leite	M	Maia Atlético Clube	00:28:09
38	M20	15	623	Joao Pedro Paiva Martins	M		00:28:19
39	M17	1	5581	Diogo Lmares	M	Team Moustacheros	00:28:26
40	M35	9	662	Ricardo Rocha	M	Fast Ao Km	00:28:32
41	M20	16	416	Bruno Fontão	M	Running Team Lantemil	00:28:37
42	M45	9	181	Victor Carvalho	M	Runitos E Runitas Corredores	00:28:39
43	M20	17	436	Francisco Nascimento	M		00:28:51
44	M17	2	2618	Christian Geyer	M		00:28:51
45	M50	2	281	Hernani Soares	M	Edp	00:28:52
46	M40	5	415	Vitor Coelho	M	Running Team Lantemil	00:28:52
47	M17	3	2467	Miguel Chaves	M	Escola Do Movimento	00:28:53
48	M35	10	747	André Pessoa Dias	M	Team Da Praia	00:28:59
49	M20	18	647	Flavio Oliveira	M	Engomadoria L&A	00:29:05
50	M35	11	532	Filipe Lima	M	Companhia Do Bazofias	00:29:11
51	M20	19	780	Paulo Soares	M		00:29:18
52	M40	6	402	António Henriques	M		00:29:20
53	M20	20	5686	Antonio Furtado	M	Individual	00:29:22
54	M40	7	422	Paulo Silva	M		00:29:22
55	M35	12	369	Vitor André Cardoso	M	Ctad Tiagoaragao.Com	00:29:32

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
56	M40	8	427	Pedro Pratas	M	Paratrail Running	00:29:32
57	M40	9	583	Guilherme Martins	M	Galaicos	00:29:34
58	M20	21	357	Bruno Soares	M		00:29:35
59	M40	10	7198	Inocencio Silva	M	Clube De Atletismo Da Povia De Varzim	00:29:36
60	M20	22	472	José Santos	M		00:29:41
61	M35	13	351	Rui Leite	M		00:29:42
62	M20	23	524	Sergio Xisto	M	4580-311 Paredes	00:29:45
63	M40	11	767	Rui Borges	M	Maia Atlético Clube	00:29:45
64	M45	10	621	Joaquim Pereira	M		00:29:49
65	F35	1	803	Inês Sapage	F	Team Da Praia	00:29:50
66	M20	24	393	Marcio Rocha	M		00:29:57
67	M20	25	4194	Pedro Matos	M	Liberty Seguros	00:29:59
68	M35	14	610	Nuno Ribeiro	M	Porto Runners	00:30:03
69	M20	26	596	Helder Campos	M		00:30:04
70	M40	12	774	José Ricardo	M	Maia Atlético Clube	00:30:09
71	M40	13	2828	Sérgio Martins	M	Ar Negrelos	00:30:15
72	M45	11	411	Lieven Verraest	M		00:30:15
73	M20	27	690	Joao Afonso Barbosa	M		00:30:17
74	M40	14	759	Jorge Marques	M	Maia Atlético Clube	00:30:21
75	M20	28	451	João Araújo	M		00:30:24
76	M20	29	701	Tiago Marques	M		00:30:25
77	M20	30	2669	Paulo Santos	M		00:30:25
78	M35	15	627	Antonio Mendes	M		00:30:27
79	M40	15	802	Carlos Santos	M	Team Da Praia	00:30:31
80	F20	1	570	Ana Lopes	F	Escola Do Movimento	00:30:34
81	M50	3	683	Manuel Ferreira	M		00:30:34
82	M35	16	7200	Vitor Sousa	M	Clube De Atletismo Da Povia De Varzim	00:30:38
83	M20	31	425	Tiago Loureiro	M		00:30:40
84	M35	17	2162	Bernardino Andrade	M	Maia Atlético Clube	00:30:42
85	M35	18	2347	Filipe Nascimento	M	Companhia Do Bazofias	00:30:46
86	M20	32	641	Anthony Lopes	M	Engomadoria L&A	00:30:47
87	M20	33	395	Nelson Pires	M		00:30:48
88	M35	19	563	Renato Sousa	M	Derose Running Team	00:30:49
89	M35	20	569	Henrique Jorge Coelho	M	X & Y	00:30:50
90	M40	16	4192	Armando Cardoso	M	Liberty Seguros	00:30:50
91	M35	21	790	Helder Braga	M	Os Icas	00:30:52
92	M45	12	600	Paulo Silva	M	Movol	00:30:54
93	M20	34	387	António Rocha	M	O Quarteto	00:30:55
94	M50	4	384	António Silva	M	Individual	00:30:57
95	M40	17	808	Miguel Madureira	M	Team Da Praia	00:30:59
96	M40	18	7203	Paulo Abreu	M	Clube De Atletismo Da Povia De Varzim	00:31:01
97	M35	22	648	Helder Gomes	M	Engomadoria L&A	00:31:03
98	M20	35	353	Jose Carlos Machado	M	Individual	00:31:04
99	M35	23	2696	Luis Oliveira	M		00:31:04
100	M50	5	550	Américo Sousa	M		00:31:10
101	M20	36	2318	Pedro Oliveira	M	Running Team Lantemil	00:31:10
102	M45	13	2386	Mario Nogueira	M		00:31:16
103	M20	37	82	Paulino Alves	M	Edp Gas	00:31:17
104	M35	24	793	Fernando Pereira	M	Team Da Praia	00:31:19
105	M20	38	812	Gilberto Melo	M	Maia Atlético Clube	00:31:19
106	F18	1	794	Ana Gonçalves	F	Maia Atlético Clube	00:31:19
107	M20	39	493	Tiago Seixas	M		00:31:20
108	M35	25	6960	Andre Monteiro	M	Edp	00:31:20
109	M45	14	365	Silvino Rocha	M		00:31:21
110	M40	19	7199	Adão Silva	M	Clube De Atletismo Da Povia De Varzim	00:31:23

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
111	M20	40	7205	Simao Costa	M	Clube De Atletismo Da Povia De Varzim	00:31:23
112	M20	41	361	Luis Aguiar	M		00:31:23
113	M20	42	695	Filipe Maia	M		00:31:29
114	M50	6	390	Alberto Meireles	M		00:31:31
115	M40	20	572	Paulo Ferrao	M	Escola Do Movimento	00:31:33
116	F40	1	750	Lígia Mendes	F	Team Da Praia	00:31:34
117	M35	26	644	Celso Santos	M	Engomadoria L&A	00:31:35
118	M45	15	2611	José Coelho	M	Sapateiros Da Aldeola	00:31:35
119	M20	43	754	Inuo Filipe Melo	M		00:31:40
120	M20	44	574	Sandro Monteiro	M	Escola Do Movimento	00:31:46
121	M35	27	1505	Paulo Matos	M	Cyclones Sanitop	00:31:46
122	M20	45	2016	Rafael Águas	M		00:31:47
123	M40	21	2468	Nuno Gouveia	M	Escola Do Movimento	00:31:54
124	M45	16	696	Jorge Maia	M		00:31:56
125	M20	46	2608	Cesar Neto	M	Sapateiros Da Aldeola	00:31:58
126	M40	22	2031	Pedro Dias	M		00:31:59
127	M40	23	2600	Paulo Moura	M		00:31:59
128	M40	24	5668	Luis Torres	M	Passatempo Nova Era	00:32:00
129	M35	28	2505	Paulo Machado	M	Correr Por Prazer	00:32:03
130	F45	1	180	Conceicao Grare	F	Runitos E Runitas Corredores	00:32:07
131	M50	7	2141	Paulo Rodrigues	M	Leoes Do Veneza	00:32:10
132	M40	25	571	Luís Alexandrino	M	Escola Do Movimento	00:32:14
133	M20	47	513	Micael Morais	M		00:32:14
134	M40	26	6589	Jose Arteiro	M	Individual	00:32:18
135	M35	29	6723	Filipe Sousa	M	Individual	00:32:23
136	M20	48	2001	Pedro Trindade	M		00:32:26
137	M20	49	2607	André Nogueira	M	Sapateiros Da Aldeola	00:32:27
138	M35	30	2349	Joaquim Barbosa	M	Companhia Do Bazofias	00:32:27
139	M35	31	2343	Artur Costa	M	Companhia Do Bazofias	00:32:27
140	M20	50	5340	Julio Torres	M		00:32:28
141	F20	2	756	Cátia Costa	F	Maia Atlético Clube	00:32:29
142	M40	27	7014	Loree Alain	M	Individual	00:32:31
143	M35	32	184	David Pinto	M	Runitos E Runitas Corredores	00:32:31
144	F20	3	183	Daniela Soares	F	Runitos E Runitas Corredores	00:32:31
145	M20	51	2777	Nuno Rodrigues	M	Sneakers Power	00:32:31
146	M35	33	4042	Miguel Jorge Araujo	M	Liberty Seguros	00:32:37
147	M40	28	2437	Joao Morais	M	Derose Running Team	00:32:38
148	M20	52	781	Hugo Moura	M		00:32:38
149	M20	53	2093	Fábio Costa	M		00:32:40
150	M40	29	6551	Manuel Silva	M	Falta D`Ar	00:32:42
151	M20	54	388	Ricardo Boucinha	M	O Quarteto	00:32:43
152	F20	4	7207	Manuela Silva	F	Clube De Atletismo Da Povia De Varzim	00:32:44
153	M20	55	424	Luís Martins	M		00:32:44
154	M45	17	2078	Jose Neves	M		00:32:44
155	M40	30	7110	Sergio Padilha	M	Porto Runners	00:32:44
156	M40	31	483	Joaquim Pinheiro	M	Café Ponto Finalconfecções Paulo Nogueira	00:32:46
157	M20	56	2151	Rui Gonçalo	M		00:32:48
158	M35	34	798	Ruy Magalhaes	M	Maia Atlético Clube	00:32:52
159	M50	8	2405	José Cabral	M		00:32:57
160	M50	9	511	José Martins	M		00:33:00
161	M45	18	376	Alexandre Ferreira	M		00:33:01
162	M45	19	2713	Manuel Oliveira	M		00:33:02
163	M40	32	543	Rui Azevedo	M		00:33:05
164	M40	33	403	Alberto Freitas	M		00:33:06
165	M35	35	477	Paulo Nascimento	M		00:33:07

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
166	M35	36	363	Rui Regino	M		00:33:07
167	M45	20	6556	Joaquim Borges	M	Individual	00:33:11
168	M40	34	2790	José Carlos Ferreira	M		00:33:12
169	M45	21	2464	Fromentino Guimaraes	M	Escola Do Movimento	00:33:13
170	M45	22	4013	Mario Adelino Pereira	M	Soc. Com. C. Santos	00:33:14
171	M35	37	358	Rui Moura	M		00:33:15
172	M20	57	2866	Pedro Barbosa	M	Patrões	00:33:15
173	F40	2	2344	Elisabete Costa	F	Companhia Do Bazofias	00:33:16
174	M45	23	4201	Vitor Azevedo	M	Liberty Seguros	00:33:16
175	M50	10	643	Armindo Machado	M	Engomadoria L&A	00:33:18
176	M35	38	2747	Nuno Martins	M	Trio Odemira	00:33:20
177	M20	58	2764	Helder Dias	M		00:33:23
178	M20	59	2809	Vitor Cavadas	M		00:33:23
179	M35	39	751	Jorge Alves	M		00:33:24
180	M40	35	412	Paulo Silva	M		00:33:25
181	M20	60	2367	João Alves	M		00:33:26
182	M45	24	7108	Rui Santos	M	Porto Runners	00:33:26
183	M20	61	383	Pedro Cancelo	M		00:33:26
184	M20	62	2448	João Rodrigues	M		00:33:28
185	M40	36	738	Marco Pita	M		00:33:29
186	M40	37	172	Damiao Pacheco	M	Poteentes	00:33:30
187	M20	63	2015	Hugo Maio	M		00:33:31
188	M20	64	2301	Hélio Borges	M	Running Team Lantemil	00:33:33
189	M40	38	4516	Nelson Santos	M		00:33:33
190	M35	40	718	Juvenal Ferreira	M		00:33:34
191	M20	65	2302	António Pedro Machado	M		00:33:34
192	M20	66	2710	Manuel Goiana	M	Fanecas E Cavalos	00:33:34
193	M35	41	779	Abílio Cardoso	M		00:33:35
194	M35	42	2375	Nuno Silva	M		00:33:35
195	M20	67	2114	Pedro Coelho	M	Running Team Lantemil	00:33:35
196	M20	68	520	Márcio Silva	M	Mocal &Fram	00:33:35
197	M40	39	598	Joao Cruz	M		00:33:38
198	M40	40	2346	Fernando Rothes	M	Companhia Do Bazofias	00:33:39
199	M50	11	2426	Vitor Manuel Fernandes	M	2slow2run	00:33:40
200	M20	69	2167	Gustavo Pinto	M	Oporto Squash & Running	00:33:41
201	M20	70	651	Renato Almeida	M	Engomadoria L&A	00:33:44
202	F35	2	176	Sandra Lage	F	Poteentes	00:33:45
203	M40	41	174	Fernando Gomes	M	Poteentes	00:33:45
204	M40	42	7100	Miguel Alexandre Dias	M	Porto Runners	00:33:45
205	M40	43	285	Nuno Cardoso	M	Individual	00:33:49
206	M45	25	2758	Alberto Mendonca	M		00:33:50
207	M20	71	2041	Daniel Teixeira	M		00:33:50
208	M35	43	4014	Paulo Cesar Silva	M	Soc. Com. C. Santos	00:33:52
209	M20	72	711	Nuno Moreira	M	Meninos Da Lágrima	00:33:53
210	M20	73	77	Pedro Caldas	M	Elite Team	00:33:54
211	M20	74	2204	Alberto Rodrigues	M	Grupo Desportivo S. Paio De Oleiros	00:33:55
212	M40	44	2774	António Fonseca	M	Individual	00:33:55
213	M35	44	652	Rui Gomes	M	Engomadoria L&A	00:33:56
214	F18	2	7206	Alexandra Rodrigues	F	Clube De Atletismo Da Povia De Varzim	00:33:59
215	M17	4	2617	Jose Martin Geyer	M		00:34:00
216	M40	45	2183	Paulo Craveiro	M		00:34:01
217	M40	46	2157	Sandro Carminé	M		00:34:06
218	M20	75	2281	Manuel Barbosa	M		00:34:06
219	M20	76	2926	Ricardo Jesus	M	Passatempo Nova Era	00:34:08
220	M35	45	405	Nuno Sousa	M		00:34:08

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
221	M35	46	2583	Sérgio Almeida	M		00:34:08
222	F20	5	182	Margarida Pinto	F	Runitos E Runitas Corredores	00:34:10
223	M45	26	637	Carlos Rocha	M	Porto Runners	00:34:11
224	M20	77	80	Fabio Cunha	M	Elite Team	00:34:11
225	M20	78	5345	Marco Santos	M		00:34:14
226	M20	79	2235	Abel Lages	M		00:34:14
227	M20	80	2278	Nuno Truta	M		00:34:14
228	F40	3	775	Céu Costa	F	Maia Atlético Clube	00:34:16
229	F35	3	730	Maria João Melo	F	Team Da Praia	00:34:16
230	M40	47	2185	José Macedo	M		00:34:17
231	M55	1	2582	Agostinho Monteiro	M	Individual	00:34:18
232	F40	4	7204	Eugenia Morim	F	Clube De Atletismo Da Povia De Varzim	00:34:19
233	M45	27	7089	Jose Manuel Ferreira	M	Porto Runners	00:34:20
234	M45	28	7076	Eurico Pinto	M	Porto Runners	00:34:20
235	M50	12	7077	Fernando Leite	M	Porto Runners	00:34:20
236	M45	29	7092	Luis Carlos Serra	M	Porto Runners	00:34:20
237	M18	3	2463	Daniela Amorim	M	Escola Do Movimento	00:34:20
238	M35	47	650	Nuno Marques	M	Engomadoria L&A	00:34:21
239	F20	6	686	Ana Coelho	F	Individual	00:34:22
240	M35	48	2663	Nuno Cunha	M		00:34:22
241	M20	81	2860	Fabio Bezerra	M	Patrões	00:34:23
242	M17	5	619	Rafael Seixas	M		00:34:24
243	M35	49	254	Paulo Ribeiro	M	Edp Gas	00:34:25
244	M35	50	6785	Joao Paulo Gomes	M	Individual	00:34:25
245	M35	51	381	Luis Pinheiro	M		00:34:26
246	M35	52	2534	Nuno Jesus	M	O Jardineiro É Jesus	00:34:26
247	M20	82	7122	Raul Coelho	M	Idealkorpus Club Running	00:34:28
248	M50	13	6916	Paulo Ribeiro	M	C V Porto	00:34:29
249	M20	83	2762	Paulo Morais	M	Heyhey Runners	00:34:30
250	M35	53	2503	Rui Pinheiro	M		00:34:30
251	M20	84	2439	Pedro Mar	M	Derose Running Team	00:34:32
252	M35	54	255	Antonio Ferrao	M	Edp Gas	00:34:34
253	M20	85	660	Joel Marques	M	Fast Ao Km	00:34:35
254	M35	55	2072	Joel Murray	M		00:34:39
255	M17	6	2131	Miguel Macedo	M		00:34:40
256	M35	56	2240	Jorge Sousa	M	Individual	00:34:41
257	M40	48	2291	Paulo Marques	M		00:34:42
258	M20	86	73	Bruno Soares	M	Elite Team	00:34:43
259	M20	87	75	Pedro Silva	M	Elite Team	00:34:43
260	M45	30	7127	Paulo Bernardo	M	Idealkorpus Club Running	00:34:44
261	M50	14	2284	José Ribeiro	M		00:34:45
262	M20	88	2703	Luis Moreira	M		00:34:47
263	M35	57	4093	Rui Oliveira	M	Liberty Seguros	00:34:49
264	M18	4	2740	Bernardo Ferreira	M		00:34:50
265	M40	49	423	Armando Vaz	M		00:34:51
266	F18	3	6822	Ilda Morim	F	C D C Navais	00:34:52
267	M40	50	4766	Carlos Costa	M	Running Team Lantemil	00:34:52
268	M50	15	166	Fernando Rocha	M	Edp Gas	00:34:53
269	M55	2	481	Anselmo Moreira	M		00:34:54
270	M20	89	785	Nuno Teixeira	M		00:34:55
271	M40	51	222	Paulo Queiros	M	Edp Gas	00:34:56
272	M45	31	7088	Jose Antonio Rodrigues	M	Porto Runners	00:34:56
273	M20	90	2474	Joaquim Alves	M	Os Pirilampos	00:34:57
274	M50	16	2786	Celso Coelho	M	Besjoging	00:34:58
275	M20	91	354	Hugo Gonçalves	M		00:35:00



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
276	M20	92	2071	João Mota	M		00:35:00
277	F35	4	2113	Mónica Martins	F	Running Team Lantermil	00:35:01
278	M35	58	2027	Carlos Neves	M		00:35:01
279	M35	59	681	Antonio Miguel Silva	M		00:35:01
280	M35	60	2049	Vítor Moreira	M	B.V.Moreira-Maia	00:35:02
281	M35	61	2805	João Silva	M	Treino No Parque	00:35:04
282	M45	32	2388	Francisco Neto	M	Tutlar Class Runners	00:35:04
283	M35	62	7280	Marco Vieira	M	Individual	00:35:04
284	M35	63	4899	António Meneses	M		00:35:05
285	M50	17	6748	Jose Martins Silva	M	Individual	00:35:05
286	M20	93	2010	Pedro Teixeira	M		00:35:05
287	M45	33	6928	Jose Calheiros	M	C V Porto	00:35:05
288	M35	64	494	Agostinho Torres	M		00:35:05
289	M20	94	7121	Pedro Teixeira	M	Idealkorpus Club Running	00:35:07
290	M35	65	373	Antonio Silva	M		00:35:09
291	M50	18	2681	Vítor Marcachita	M	Sporting	00:35:09
292	M55	3	6867	Aderito Teixeira	M	Clube Pessoal Edp - Porto	00:35:11
293	M45	34	525	Laurent Boulair	M		00:35:12
294	F40	5	4945	Graça Fernandes	F	Clube Gaia	00:35:13
295	M35	66	2389	Célio Pereira	M	2slow2run	00:35:13
296	M18	5	2258	João Ramalho	M		00:35:14
297	M55	4	2282	Flávio Rebelo	M		00:35:16
298	F20	7	2462	Catarina Barriga Negra	F	Escola Do Movimento	00:35:17
299	M20	95	2073	Nuno Silva	M		00:35:19
300	M20	96	2008	João Paulo Carvalho	M		00:35:19
301	M35	67	2319	Pedro Braz	M		00:35:20
302	M20	97	699	Tiago Sousa	M		00:35:21
303	M45	35	482	Celestino Silva	M	Café Ponto Finalconfeccções Paulo Nogueira	00:35:21
304	F20	8	4195	Eduarda Alves	F	Liberty Seguros	00:35:21
305	M40	52	2787	Paulo Pelicano	M		00:35:21
306	M20	98	2796	Hélder Paredes	M		00:35:22
307	M35	68	2602	Nelson Ruão	M	Ass A São Mamede Infesta	00:35:22
308	M50	19	2216	Abel Gomes	M		00:35:25
309	M20	99	789	Jose Vieira	M		00:35:25
310	M35	69	4828	Nuno Costa	M		00:35:25
311	M20	100	2688	Pedro Almeida	M		00:35:26
312	M50	20	581	Bernardino Faria	M		00:35:27
313	M55	5	2465	Manuel Gonçalves	M	Escola Do Movimento	00:35:28
314	M20	101	2469	Pedro Gonçalves	M	Escola Do Movimento	00:35:28
315	M35	70	2804	Pedro Seixas	M		00:35:28
316	M35	71	2725	Ricardo Pinto	M		00:35:30
317	M40	53	7162	Mario Torres	M	Individual	00:35:30
318	M40	54	2299	Carlos Lopes	M		00:35:31
319	M40	55	407	Carlos Silva	M	Donos Da Estrada	00:35:34
320	M35	72	2089	Alexandre Assunção	M		00:35:35
321	M20	102	4834	Jose Martins	M		00:35:35
322	M20	103	629	Sérgio Catalão	M		00:35:36
323	F40	6	437	Helena Mendes	F	Clube De Atletismo Da Povia De Varzim	00:35:37
324	M45	36	628	Joaquim Gomes	M		00:35:37
325	M35	73	5068	José Coelho	M		00:35:38
326	F20	9	2369	Raquel Andrade	F		00:35:38
327	M35	74	491	Paulo Ferreira	M		00:35:38
328	M40	56	2738	Paulo Vilarinho	M	Team Da Praia	00:35:41
329	M17	7	479	Luis Castro	M	Individual	00:35:42
330	M35	75	2250	Filipe Peixe	M	Ccc Maduragem	00:35:44

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
331	M55	6	2564	Paulo Costa	M	Porto Runners	00:35:44
332	M40	57	4005	Luis Miguel Silva	M	Soc. Com. C. Santos	00:35:45
333	M50	21	7020	Antonio Santos	M	Individual	00:35:46
334	M40	58	164	Manuel Marques	M	Edp Gas	00:35:46
335	M20	104	2403	Simão Pereira	M	Inimigos Do Podium	00:35:47
336	M20	105	6869	Filipe Domingues	M	Clube Pessoal Edp - Porto	00:35:48
337	M40	59	144	Nuno Alves	M	Edp Gas	00:35:51
338	M35	76	2494	Armando Rocha	M	Meandyou	00:35:52
339	M35	77	6784	Jose Carlos Barreto	M	Individual	00:35:55
340	M35	78	489	Hugo Fernandes	M		00:35:55
341	M35	79	2529	Rui Santos	M	Os Vamosatodas	00:35:55
342	M35	80	2793	Miguel Oliveira	M	Miguel Oliveira	00:35:56
343	M35	81	5125	Helder Dias	M		00:35:57
344	M35	82	2542	Hélder Flores	M	Fama Runners	00:35:57
345	M35	83	2143	Gabriel Rodrigues	M		00:35:59
346	M20	106	2002	António Coimbra	M		00:36:00
347	M20	107	2003	António Coimbra	M		00:36:00
348	M45	37	4990	Rui Costa	M	Individual	00:36:00
349	M20	108	4125	Bruno Loureiro	M	Liberty Seguros	00:36:02
350	M20	109	7054	Miguel Pereira	M	Inspire	00:36:03
351	M20	110	2566	Miguel Neto	M		00:36:04
352	M40	60	71	Jorge Basto	M	Unicer - Vitalis	00:36:04
353	M40	61	4243	Jorge Matos	M	Unicer - Vitalis	00:36:04
354	M20	111	4265	Pedro Miguel Silva	M	Edp Gas	00:36:06
355	M40	62	2352	Pedro Melo	M	Companhia Do Bazofias	00:36:06
356	M40	63	2035	José Carlos Fonseca	M		00:36:06
357	M35	84	2112	Nuno Morais	M		00:36:06
358	M50	22	6672	Silvestre Duarte	M	Individual	00:36:08
359	M45	38	2024	Jose Machado	M		00:36:09
360	M20	112	6690	Ricardo Ribeiro	M	Individual	00:36:09
361	M20	113	4769	Tiago Peixe	M	Ccc Maduragem	00:36:09
362	M20	114	2732	Artur Cunha	M	Papoila Team	00:36:10
363	M35	85	2158	Paulo Correia Alves	M		00:36:11
364	M45	39	2430	Carlos Alves	M	Derose Running Team	00:36:11
365	M40	64	791	Luis Pedro Francisco	M	Os Icas	00:36:12
366	M20	115	2684	Rui China Pereira	M		00:36:12
367	M20	116	2179	Tiago Barros	M	Os Marabuntas	00:36:15
368	M20	117	2178	Pedro Silva	M	Os Marabuntas	00:36:15
369	F45	2	737	Almesinda Soares	F		00:36:16
370	M40	65	2163	Rui Seixas	M		00:36:16
371	M18	6	565	Diogo Silva	M		00:36:17
372	M35	86	4694	João Silva	M		00:36:18
373	M35	87	2438	Marco Santos	M	Derose Running Team	00:36:18
374	M35	88	4607	António Palma	M		00:36:19
375	M55	7	2802	Rui Tavares	M		00:36:20
376	M35	89	7294	Francisco Oliveira	M	Passatempo Nova Era	00:36:23
377	M20	118	2390	Filipe Teixeira	M		00:36:23
378	M35	90	2050	Francisco Freitas	M		00:36:24
379	M20	119	2609	Francisco Ferreira	M	Sapateiros Da Aldeola	00:36:24
380	M20	120	6596	Emanuel Coelho	M	Individual	00:36:25
381	M45	40	360	Augusto Almeida	M	Mulhacen3481	00:36:25
382	M35	91	2348	João Martins	M	Companhia Do Bazofias	00:36:27
383	M20	121	7	Miguel Figueiredo	M	Individual	00:36:27
384	M35	92	2182	Filipe Pacheco	M		00:36:28
385	M40	66	2727	Luís Rodrigues	M		00:36:29

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
386	M45	41	2070	José Silva	M		00:36:29
387	M20	122	2391	António Gonçalves	M		00:36:29
388	M50	23	366	Manuel Costa	M		00:36:30
389	F17	1	7265	Sofia Silva	F	Unicer - Vitalis	00:36:30
390	M18	7	640	Lurdes Moreira	F	Individual	00:36:30
391	M35	93	2300	Rodrigo Silva	M	Running Team Lantemil	00:36:31
392	M60	1	2239	Belmiro Azevedo	M		00:36:31
393	M45	42	167	Jose Santos	M	Edp Gas	00:36:31
394	M20	123	4225	Pedro Machado	M	Liberty Seguros	00:36:33
395	M20	124	7242	Joao Ramos	M	Unicer - Vitalis	00:36:33
396	M18	8	560	Frédéric Monteiro	M		00:36:34
397	M45	43	2394	António Barreira	M	Inimigos Do Podium	00:36:35
398	M40	67	2140	Carlos Sá	M		00:36:37
399	M45	44	2132	Filipe Coelho De Macedo	M		00:36:38
400	F35	5	2477	Raquel Areias	F	Maiacub	00:36:41
401	M55	8	2243	Leonardo Cerejeira	M	Os Amigos Da Corrida	00:36:41
402	F45	3	242	Maria Campos	F	Edp Gas	00:36:43
403	M35	94	2175	Nuno Maltez	M		00:36:43
404	F20	10	2277	Marta Marques	F		00:36:44
405	M45	45	490	Michael Kloss	M		00:36:44
406	M45	46	1506	Carlos Osorio	M	Cyclones Sanitop	00:36:45
407	M35	95	2241	Francisco Veiga	M		00:36:45
408	M45	47	2543	José Mesquita	M		00:36:46
409	M40	68	703	José Araújo	M		00:36:47
410	M20	125	2314	Telmo Fernandes	M		00:36:48
411	M35	96	2136	Pedro Santos	M		00:36:49
412	M35	97	2137	José Fontão	M		00:36:49
413	M35	98	6901	Pedro Pinto	M	Individual	00:36:52
414	M20	126	2139	Rui Neves	M		00:36:53
415	F17	2	4601	Rita Fardilha	F	Fardilha Team	00:36:55
416	M40	69	4600	Pedro Fardilha	M	Fardilha Team	00:36:55
417	M20	127	2753	Nuno Cunha	M		00:36:56
418	F20	11	5254	Silvia Mota	F		00:36:57
419	M40	70	2461	Luis Pinto	M		00:36:58
420	M20	128	2540	Filipe Duarte	M		00:37:00
421	M20	129	2484	Hugo Duarte	M		00:37:00
422	M17	8	5158	João Macedo	M		00:37:02
423	M40	71	2788	Luis Andrade	M		00:37:02
424	F40	7	748	Orlinda Rego	F	Team Da Praia	00:37:02
425	F17	3	2184	Teresa Melo	F	Lavra	00:37:04
426	M45	48	720	Adolfo Guimarães	M	Ciclorunners	00:37:04
427	M40	72	2193	Antero Rocha	M	Penafidense	00:37:04
428	M20	130	2584	Hélder Relvas	M		00:37:05
429	F18	4	2466	Marcia Sousa	F	Escola Do Movimento	00:37:06
430	M20	131	2360	Ricardo Martins	M		00:37:07
431	M20	132	2613	Paulo Machado	M	Sapateiros Da Aldeola	00:37:07
432	M35	99	2446	Ricardo Santos	M		00:37:08
433	M55	9	2693	Serafim Coutinho	M		00:37:08
434	M20	133	2376	Antonio Gaspar	M		00:37:09
435	M35	100	2591	Tiago Almeida	M	Budeguita Runners	00:37:09
436	M20	134	2476	André Cardoso	M		00:37:09
437	F35	6	6820	Catarina Castro	F	Sao Joao Serra	00:37:12
438	M40	73	298	Nelson Campos	M	Liberty Seguros	00:37:12
439	M40	74	297	Jose Matos	M	Liberty Seguros	00:37:12
440	M40	75	296	Pedro Matos	M	Liberty Seguros	00:37:12



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
441	M60	2	290	Fernando Carvalho	M	Sport Zone	00:37:13
442	F40	8	288	Donzilia Silva	F	Sport Zone	00:37:13
443	M20	135	7244	Joao Umbra	M	Unicer - Vitalis	00:37:14
444	M35	101	7238	Pedro Moreira	M	Unicer - Vitalis	00:37:14
445	F20	12	7235	Filipa Santos	F	Unicer - Vitalis	00:37:14
446	M20	136	404	Fernando Castro	M		00:37:15
447	M20	137	634	Tiago Miranda	M	Unidos Ao Joelho Do Ricardo	00:37:15
448	M20	138	2523	Hugo Azevedo	M		00:37:16
449	M50	24	2377	Americo Ribeiro	M		00:37:16
450	M40	76	2133	Alberto César	M		00:37:16
451	M50	25	2785	Alberto Nunes	M		00:37:17
452	M35	102	6513	Jose Carlos Duarte	M	Individual	00:37:19
453	M20	139	2733	Nuno De Oliveira	M	Papoila Team	00:37:20
454	M20	140	4163	Luis Correia	M	Liberty Seguros	00:37:21
455	M20	141	2421	Pedro Gonçalves	M	Treino No Parque	00:37:21
456	M20	142	2420	Nuno Pereira	M	Treino No Parque	00:37:21
457	M40	77	2400	Marco Bastos	M	Inimigos Do Podium	00:37:21
458	M40	78	1502	Jose Costa	M	N A Cucujaes	00:37:22
459	M45	49	135	Manuel Costa	M	Edp Gas	00:37:26
460	M35	103	2290	Luis Moutinho	M	Moutinhos	00:37:26
461	M35	104	2820	António Carvalho	M	Road To Vegas 2014	00:37:28
462	M45	50	2586	Joaquim Manuel Carvalho Silva	M		00:37:30
463	M60	3	658	Cândido Rocha	M	Fast Ao Km	00:37:30
464	M35	105	2200	Jose Pereira	M		00:37:31
465	M55	10	2734	Antonio Archer	M		00:37:32
466	M20	143	4541	Flavio Garcês	M	Pé De Chumbo	00:37:33
467	M35	106	2036	André Rocha	M	Mds Night Runners	00:37:34
468	M35	107	2539	António Magalhães	M		00:37:40
469	M50	26	2064	José Domingues	M		00:37:41
470	F40	9	2440	Raquel Silva	F	Derose Running Team	00:37:43
471	M35	108	603	Pedro Pinto	M		00:37:45
472	M20	144	4169	Pedro Silva	M	Liberty Seguros	00:37:46
473	M35	109	2013	Ricardo Regueiro	M	Loja Fidelidade Boavista	00:37:46
474	M45	51	2593	Manuel Moura	M		00:37:46
475	M20	145	435	João Morais	M		00:37:48
476	F20	13	735	Sofia Azevedo	F	Maia Atlético Clube	00:37:49
477	M20	146	5081	Carlos Nogueira	M	Night Runners	00:37:49
478	M40	79	4199	Nuno Monteiro	M	Liberty Seguros	00:37:49
479	M20	147	7278	Eduardo Neves	M	Individual	00:37:50
480	M18	9	2610	João Dias	M	Sapateiros Da Aldeola	00:37:51
481	M40	80	2247	Carlos Rios	M	Rios Team	00:37:51
482	M40	81	5574	Fausto Teixeira	M		00:37:52
483	M60	4	7097	Manuel Riboira	M	Porto Runners	00:37:52
484	M35	110	646	Filipe Lopes	M	Engomadoria L&A	00:37:54
485	M35	111	2808	Veronica Osorio	F	Individual	00:37:54
486	M40	82	2622	Alexandre Silva Lopes	M		00:37:55
487	F45	4	2074	Fernanda Pinho	F	Parque Health Club	00:37:56
488	M50	27	2312	Jose Fonseca	M		00:37:57
489	F20	14	6823	Ondina Salgado	F	C D C Navais	00:37:57
490	M35	112	2855	Vicente Gonçalves	M		00:37:59
491	F20	15	2856	Cristina Gonçalves	F		00:37:59
492	F20	16	2111	Liliana Flores	F	Clube De Atletismo Da Póvoa De Varzim	00:38:00
493	M45	52	432	José Miguel Marques Mendes	M		00:38:00
494	M45	53	2025	Juvenal Silva	M	Mulhacen3481	00:38:00
495	M35	113	2445	Luís Pereira	M	Individual	00:38:01

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
496	M40	83	2675	Augusto Pacheco	M	Pernasus	00:38:03
497	F20	17	380	Sandra Veloso	F	Clube De Atletismo Da Póvoa De Varzim	00:38:03
498	M20	148	4226	Telmo Santos	M	Liberty Seguros	00:38:04
499	M55	11	379	Fernando Azevedo	M		00:38:04
500	M55	12	2870	Jose Monteiro	M	Passatempo Nova Era	00:38:04
501	M60	5	6560	Acacio Aguiar	M	Individual	00:38:05
502	M35	114	2425	José António Ferreira	M	2slow2run	00:38:09
503	M60	6	2065	José Sousa	M	Gondomar Futsal Club	00:38:11
504	M55	13	2821	Antonio Moniz	M	Road To Vegas 2014	00:38:12
505	M35	115	5580	Miguel Azevedo	M		00:38:13
506	M45	54	2371	José Ramos	M	Mara Team	00:38:14
507	M20	149	2731	André Martins	M	Papoila Team	00:38:14
508	M45	55	370	João Moura	M		00:38:15
509	M20	150	2172	Tiago Vilaça	M		00:38:15
510	M35	116	5494	Paulo Terroso	M		00:38:16
511	M17	9	7233	Bernardo Pires	M	Unicer - Vitalis	00:38:17
512	M40	84	2222	Vitor Lopes	M		00:38:19
513	M20	151	2077	José Almeida	M		00:38:19
514	M45	56	401	José Dias	M		00:38:20
515	M20	152	5336	Hugo Gomes	M		00:38:20
516	M20	153	2099	Nuno Neves	M		00:38:21
517	M45	57	2283	Alexandre Maniés	M		00:38:22
518	M45	58	4931	José Santos	M		00:38:22
519	M20	154	5607	Ricardo Rocha	M	Tokaandar	00:38:25
520	M35	117	2261	Cristiano Martins	M		00:38:26
521	M40	85	418	Fernando Carneiro	M		00:38:26
522	M40	86	2563	Vasco Ferreira	M		00:38:27
523	M35	118	2635	José Sousa	M		00:38:29
524	M45	59	6559	Manuel Leitao	M	Individual	00:38:29
525	M35	119	299	Frederico Rocha	M	Liberty Seguros	00:38:31
526	M20	155	6839	Ivo Ricardo Araujo	M	Edp	00:38:31
527	F20	18	2354	Vera Silva	F	Companhia Do Bazofias	00:38:31
528	M20	156	2735	Luis Morim	M		00:38:32
529	M35	120	2037	Marcos Polónia	M	Mds Night Runners	00:38:32
530	M35	121	5228	Frederico Moniz	M	Mlmcm	00:38:33
531	M35	122	4913	Nuno Vidal	M		00:38:33
532	M20	157	362	Vasco Vinhas	M	Osflecha	00:38:33
533	M55	14	6771	Alexandre Rodrigues	M	Edp - 317373	00:38:33
534	M20	158	2201	Carlos Eduardo Santos	M		00:38:34
535	M40	87	243	Fernando Martins	M	Edp Gas	00:38:36
536	F45	5	244	Sandra Queiroz	F	Edp Gas	00:38:36
537	M35	123	2170	Carlos Ricardo Vieira	M	Bai K Andas Team	00:38:36
538	M40	88	7260	Jose Alberto Dias	M	Unicer - Vitalis	00:38:36
539	M20	159	2363	André Tavares	M		00:38:37
540	F20	19	2436	Isa Branco	F	Derose Running Team	00:38:37
541	M20	160	449	Afonso Vieira	M	Poteeentes	00:38:37
542	M35	124	5130	Jorge Costa	M		00:38:39
543	M20	161	2666	Francisco Sottomayor	M		00:38:40
544	M35	125	2839	Nuno Leão	M		00:38:40
545	M18	10	2256	Josué Oliveira	M		00:38:40
546	M20	162	458	Emanuel Oliveira	M		00:38:41
547	M20	163	4745	Daniel Moreira	M		00:38:41
548	F40	10	606	Eugenia Morim	F		00:38:41
549	M40	89	2353	Ricardo Oliveira	M	Companhia Do Bazofias	00:38:42
550	M40	90	408	Joaquim Luis Teixeira	M	Donos Da Estrada	00:38:42

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
551	M35	126	4058	Simao Dias Couto	M	Liberty Seguros	00:38:42
552	M20	164	4115	Claudio Esteves	M	Liberty Seguros	00:38:44
553	M20	165	2558	Pedro Meireles	M		00:38:44
554	M35	127	2742	David Sora	M		00:38:45
555	M40	91	4200	Pedro Ribeiro	M	Liberty Seguros	00:38:46
556	M40	92	2590	Paulo Marques	M	Budeguita Runners	00:38:47
557	M20	166	5094	Miguel Silva	M	Não Sei Se Posso	00:38:48
558	M20	167	2275	João Teixeira	M	Droll	00:38:49
559	F20	20	2276	Silvana Coelho	F	Droll	00:38:49
560	M35	128	2633	Miguel Taveira	M		00:38:50
561	M35	129	2229	Mario Lima	M	Mama Sumae	00:38:50
562	M20	168	7171	Ricardo Pinto	M	Individual	00:38:52
563	F20	21	478	Ana Ferreira	F		00:38:52
564	M45	60	2544	Justino Araujo	M		00:38:53
565	M50	28	7069	Armindo Goncalves	M	Porto Runners	00:38:53
566	M45	61	5255	José Moreira	M		00:38:53
567	F40	11	5307	Daniela Palhares	F		00:38:53
568	M20	169	2715	João Silva	M		00:38:54
569	M35	130	5051	Arnaldo Vila Pouca	M		00:38:55
570	M20	170	5020	Ricardo Veloso	M		00:38:55
571	M20	171	2676	Gonçalo Morais	M	Pernasus	00:38:56
572	M20	172	5488	Carlos Gomes	M		00:38:57
573	M40	93	2327	Vasco Ortigao	M		00:38:57
574	M17	10	4906	João Nuno Mota	M	Irmandade Do Enfarte	00:38:58
575	M20	173	2197	Rui Dinis	M		00:38:59
576	M45	62	6581	Rui Peixoto	M	Arrasta O Pe	00:38:59
577	F40	12	6580	Sandra Lemos	F	Arrasta O Pe	00:38:59
578	M20	174	2219	Ricardo Fernandes	M		00:39:00
579	M20	175	2823	João Castro	M	Road To Vegas 2014	00:39:01
580	M35	131	2702	Luís Martins	M		00:39:01
581	M35	132	7271	Pedro Adao	M	Individual	00:39:02
582	M45	63	2419	Maurício Moraes	M	Treino No Parque	00:39:02
583	M20	176	2473	Vitor Martins	M		00:39:03
584	M20	177	429	João Pinto	M		00:39:04
585	M45	64	5314	Agostinho Rocha	M		00:39:05
586	M20	178	2046	Pedro Salgueiro	M	Medense	00:39:05
587	M20	179	4574	Nuno Ferreira	M		00:39:05
588	M20	180	4537	Pedro Coutinho	M	Pé De Chumbo	00:39:06
589	M60	7	6868	Augusto Granja	M	Clube Pessoal Edp - Porto	00:39:07
590	M20	181	2460	Eduardo Pinto	M		00:39:09
591	M40	94	2718	Pedro Cid	M	Comandita Team	00:39:10
592	M20	182	2748	Ilídio Ramos	M	São Pedro	00:39:11
593	M50	29	2011	João Monteiro	M		00:39:11
594	M20	183	4802	Guilherme Gomes	M		00:39:12
595	M20	184	4882	Sergio Alves	M		00:39:14
596	M20	185	2181	José Pereira	M		00:39:15
597	M35	133	2488	Helder Ferreira	M	Upandaway	00:39:15
598	M45	65	4700	Joao Jorge	M		00:39:16
599	M35	134	2761	Luis Silva	M	Heyhey Runners	00:39:17
600	M20	186	2021	Nuno Seabra	M		00:39:17
601	F40	13	4602	Helena Gomes	F		00:39:18
602	M35	135	175	David Sousa	M	Poteentes	00:39:20
603	M45	66	7063	Alexandre Ferreira	M	Porto Runners	00:39:23
604	M55	15	2594	Jose Raimundo	M		00:39:24
605	M45	67	6872	Dalmino Santiago	M	Clube Pessoal Edp - Porto	00:39:25

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
606	F20	22	763	Liliana Almeida	F	Mai Nada	00:39:26
607	M45	68	6871	Abilio Tavares	M	Clube Pessoal Edp - Porto	00:39:26
608	M20	187	2565	Ricardo Parada	M		00:39:27
609	M40	95	2581	Jean-Marie Doll	M		00:39:28
610	M35	136	2743	André Andrade	M		00:39:28
611	M50	30	7163	Joaquim Luis	M	Individual	00:39:29
612	M40	96	7081	Joaquim Gomes	M	Porto Runners	00:39:29
613	M50	31	7078	Filipe Lemos	M	Porto Runners	00:39:29
614	M55	16	7064	Alvaro Almeida	M	Porto Runners	00:39:29
615	M45	69	7106	Ricardo Leao	M	Porto Runners	00:39:29
616	M35	137	2745	Andre Pinto	M		00:39:30
617	M40	97	6693	Alexandre Tigre	M	Individual	00:39:30
618	M55	17	7166	Luis Pereira	M	Individual	00:39:30
619	M45	70	715	António Mota	M		00:39:30
620	M40	98	2085	Carlos Beco	M		00:39:31
621	F35	7	5504	Carla Lima	F		00:39:31
622	M55	18	2154	José Carlos Ramos	M		00:39:31
623	M17	11	2623	Fernando Silva	M		00:39:32
624	M35	138	2525	Carlos Gonçalves	M	Os Vamosatodas	00:39:34
625	F40	14	722	Carlos Vieira	F	Rios Team	00:39:35
626	M40	99	2006	Luis Filipe	M		00:39:35
627	M40	100	2116	Pedro Nogueira	M	Nozes	00:39:35
628	F40	15	2323	Cristina Silva	F	Nozes	00:39:36
629	M20	188	2741	Vasco Lopes	M	Running Club Hp Arrábida	00:39:36
630	F35	8	728	Sara Rios	F	Rios Team	00:39:37
631	M35	139	4057	Joao Paulo Couto	M	Liberty Seguros	00:39:38
632	M20	189	4056	Bruno Pereira	M	Liberty Seguros	00:39:38
633	M45	71	2044	António Pais	M		00:39:40
634	M20	190	2624	Antonio Fabrizio Panico	M		00:39:41
635	M20	191	2309	Jorge Loureiro	M		00:39:42
636	M35	140	4196	Fernando Borges	M	Liberty Seguros	00:39:42
637	M20	192	2457	André Vieira	M		00:39:44
638	M35	141	2342	Paulo Guedes	M		00:39:44
639	M40	101	2458	Paulo Araújo	M		00:39:44
640	M35	142	6902	Luis Bettencourt	M	Individual	00:39:45
641	F20	23	2004	Antónia Coimbra	F		00:39:46
642	M20	193	2014	José Pinto	M		00:39:46
643	F40	16	414	Maria Frasco	F	Clube De Atletismo Da Povia De Varzim	00:39:46
644	M40	102	538	Antonio Dias	M		00:39:46
645	M35	143	6514	Jose Joao Ferreira	M	Individual	00:39:46
646	M20	194	804	Pedro Bonito	M		00:39:47
647	M40	103	6903	Rodrigo Silveira	M	Individual	00:39:48
648	F40	17	5156	Teresa Neto	F		00:39:48
649	F20	24	2401	Mónica Vilela	F	Inimigos Do Podium	00:39:49
650	M17	12	2135	João Barros	M	The Keepers	00:39:49
651	F20	25	595	Manuela Tavares	F		00:39:50
652	M45	72	4143	Marcos Calcada	M	Liberty Seguros	00:39:51
653	F20	26	5248	Juliana Cruz	F	Engomadoria L&A	00:39:52
654	M20	195	2392	Miguel Almeida	M		00:39:53
655	M20	196	2720	Ricardo Costa	M		00:39:53
656	F40	18	2840	Ana Silva	F	Necas Run	00:39:54
657	M35	144	2396	Duarte Duarte	M	Inimigos Do Podium	00:39:56
658	M35	145	2055	Domingos Leal	M		00:39:56
659	M35	146	2211	Pedro Lima	M		00:39:57
660	M45	73	4248	Jose Pinto	M	Unicer - Vitalis	00:39:58

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
661	M20	197	2765	André Cubo	M		00:39:58
662	M20	198	2716	Vitor Moreira	M		00:39:58
663	M35	147	4881	António Soares	M		00:39:59
664	M35	148	6597	Jorge Cruz	M	Individual	00:40:01
665	F20	27	4853	Liliana Escudeiro	F	Running Team Lantemil	00:40:02
666	M20	199	2042	António Batista	M		00:40:04
667	M20	200	6673	Daniel Duarte	M	Individual	00:40:05
668	F35	9	666	Ana Leonor	F	Clube De Atletismo Da Povia De Varzim	00:40:05
669	M20	201	5540	Tiago Pacheco	M		00:40:05
670	M20	202	2482	Roberto Costa	M	Crossfit Desafios	00:40:06
671	M20	203	2475	Luis Teixeira	M		00:40:06
672	M35	149	4787	Joel Capelão	M		00:40:06
673	F40	19	2830	Paula Rodrigues	F		00:40:07
674	M40	104	4563	José Figueiredo	M		00:40:09
675	M40	105	2831	Paulo Rodrigues	M		00:40:10
676	M45	74	2453	Miguel Lopes Cardoso	M	Run4fun	00:40:12
677	M55	19	352	José Clemente	M	Individual	00:40:13
678	F35	10	392	Patricia Silva	F		00:40:13
679	M35	150	2711	Sandro Silva	M	Fanecas E Cavalos	00:40:15
680	M35	151	2028	André Tavares	M		00:40:16
681	M50	32	2763	José Carmo	M	Fluvial Vilacondense	00:40:17
682	M35	152	2153	Mauro Fernandes	M		00:40:20
683	M35	153	518	Hélder Silva	M		00:40:20
684	F20	28	186	Marinha Paula Fernandes	F	Runitos E Runitas Corredores	00:40:21
685	M40	106	501	Manuel Queirós	M	Zumba Running Team	00:40:22
686	M45	75	43	Miguel Santos	M	Individual	00:40:23
687	M20	204	2472	Ivan Marques Valente Couras	M		00:40:23
688	M50	33	2350	José Silva	M	Companhia Do Bazofias	00:40:23
689	M40	107	7085	Jorge Oliveira	M	Porto Runners	00:40:23
690	F20	29	2205	Nina Schweizer	F		00:40:24
691	M20	205	5321	João Ribeiro	M	Saunier Duval	00:40:27
692	F35	11	2005	Anabela Pereira	F		00:40:27
693	M20	206	5593	Rui Silva	M		00:40:27
694	M55	20	2454	Paulo Correia	M	Run4fun	00:40:27
695	M20	207	2746	Tiago Oliveira	M		00:40:28
696	M20	208	2338	Teófilo Vasconcelos	M		00:40:30
697	M20	209	2521	Miguel Pulido	M		00:40:30
698	M35	154	2500	Miguel Ribeiro	M		00:40:31
699	M35	155	5128	Joao Crispim	M		00:40:32
700	M20	210	7229	Mauricio Pereira	M	Unicer - Vitalis	00:40:33
701	M20	211	5510	Filipe Coutinho	M		00:40:33
702	M35	156	2379	Pedro Barbosa	M		00:40:33
703	F20	30	2596	Joana Vale	F	Night Riders	00:40:33
704	M17	13	2595	António Monteiro	M	Night Riders	00:40:33
705	M20	212	4001	Nuno Zenha	M	Soc. Com. C. Santos	00:40:34
706	M20	213	2760	Hugo Gomes	M	Heyhey Runners	00:40:34
707	M20	214	4007	Bruno Batista	M	Soc. Com. C. Santos	00:40:35
708	M35	157	2385	André Guedes	M	Running Class Hp Arrábida	00:40:38
709	M60	8	7060	Jose Freitas	M	Union Sportive Argenteuillaise	00:40:38
710	M35	158	2238	Renato Gomes	M		00:40:39
711	F20	31	2236	Camila Gomes	F		00:40:39
712	M35	159	2502	David Morais	M		00:40:39
713	M35	160	2237	Nelson Gomes	M		00:40:39
714	M45	76	375	Carlos Tavares	M		00:40:40
715	M60	9	2272	Domingos Azevedo	M		00:40:40



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
716	M35	161	2559	Nathan Griffith	M		00:40:40
717	M45	77	6918	Eugenio Campos	M	C V Porto	00:40:41
718	F20	32	2709	Juliana Lima	F	Fanecas E Cavalos	00:40:42
719	M40	108	4233	Jose Pereira	M	Yupiirun	00:40:43
720	F40	20	4234	Ana Granja	F	Yupiirun	00:40:43
721	M55	21	2597	Manuel Monteiro	M	Night Riders	00:40:44
722	M40	109	5021	Nuno Silva	M		00:40:45
723	M40	110	2370	Filipe Soares Vieira	M		00:40:46
724	M20	215	2730	Gil Brás	M	Biorunners	00:40:46
725	M45	78	2203	Antonio Cardoso	M		00:40:46
726	M35	162	4116	Marco Esteves	M	Liberty Seguros	00:40:47
727	M20	216	2053	Rui Dias	M		00:40:47
728	M50	34	2714	Armando Silva	M		00:40:47
729	M55	22	2328	Artur Carvalho	M		00:40:49
730	M20	217	4266	Bruno Cruz	M	Edp Gas	00:40:49
731	M40	111	5300	Paulo Manuel Rosa	M		00:40:50
732	M35	163	2156	Filipe Couto	M		00:40:53
733	M20	218	7264	Daniel Pinho	M	Unicer - Vitalis	00:40:55
734	M20	219	4633	Vítor Silva	M		00:40:56
735	M45	79	2409	Fernando Pereira	M	Treino No Parque	00:40:56
736	M35	164	2038	Carlos Ferreira	M		00:40:56
737	M40	112	2545	Pedro Guimaraes	M		00:40:57
738	M20	220	6874	Augusto Faria	M	Clube Pessoal Edp - Porto	00:40:57
739	M35	165	2824	Pedro Silva	M	Road To Vegas 2014	00:40:58
740	M20	221	2102	Pedro Pereira	M		00:41:00
741	M20	222	4760	Duarte Lourenço	M		00:41:00
742	M20	223	5441	Nuno Carvalho	M	Lemos & Carvalho	00:41:01
743	M45	80	5171	James Cochrane	M		00:41:01
744	M40	113	2123	Tiago Ribeiro	M	City Runners	00:41:01
745	M60	10	7111	Vítor Cardoso	M	Porto Runners	00:41:01
746	M40	114	4879	Paulo Costa	M		00:41:02
747	M35	166	4594	João Leitão	M		00:41:02
748	M17	14	2576	Diogo Miguel Batista Mareira	M		00:41:02
749	F40	21	53	Sara Monteiro	F	Lactogal	00:41:02
750	M45	81	4569	Marcos Quintas	M		00:41:03
751	M40	115	5592	Ricardo Almeida	M		00:41:04
752	M35	167	7296	Jose Fernando Silva	M	Passatempo Nova Era	00:41:04
753	F40	22	2062	Carla Guimarães	F		00:41:05
754	F35	12	89	Sonia Monteiro	F	Edp Gas	00:41:06
755	M45	82	2516	Rui A. Morais	M		00:41:07
756	M20	224	2499	Bruno Costa	M		00:41:08
757	F35	13	2687	Joana Boaventura	F	Papa Milhas	00:41:08
758	M50	35	2606	Jose Neves	M		00:41:08
759	F45	6	716	Manuela Mota	F		00:41:09
760	M20	225	632	João Carvalho	M	Lusos Xxi	00:41:11
761	M55	23	2268	Ilidio Ramos Silva	M		00:41:11
762	M55	24	371	Carlos Morais	M		00:41:11
763	M20	226	2336	Tiago Balão	M		00:41:13
764	M35	168	4090	Ricardo Couto	M	Liberty Seguros	00:41:14
765	F20	33	6870	Mariana Rocha	F	Clube Pessoal Edp - Porto	00:41:14
766	M40	116	4610	Paulo Santos	M		00:41:15
767	M50	36	2150	Pedro Barrias	M		00:41:15
768	M20	227	2254	Luís Oliveira	M		00:41:20
769	M20	228	4573	Tiago Soares	M		00:41:20
770	M55	25	4817	José Espírito Santo	M		00:41:21

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
771	M20	229	4202	Bernardo Portugal	M	Liberty Seguros	00:41:22
772	M35	169	2816	Bruno Brandão	M	Budeguita Runners	00:41:23
773	M40	117	2638	José Carlos Andrade	M		00:41:23
774	M40	118	4752	Gaspar Brito	M		00:41:23
775	M40	119	5550	Anselmo Rocha	M		00:41:23
776	M50	37	6917	Jose Varandas	M	C V Porto	00:41:24
777	M40	120	4819	Jorge Cunha	M		00:41:24
778	M20	230	6821	Rui Silva	M	C D C Navais	00:41:24
779	M20	231	687	Rui Guedes	M		00:41:24
780	M20	232	2128	António Ferreira	M		00:41:25
781	M35	170	4948	Vasco Carvalho	M		00:41:25
782	M20	233	233	Nuno Miguel Pereira	M	Edp Gas	00:41:25
783	M50	38	2061	Fernando Pinho	M		00:41:26
784	F20	34	394	Susana Moreira	F		00:41:27
785	F40	23	2026	Sandra Almeida	F	Mulhacen3481	00:41:28
786	F17	4	2110	Cristina Flores	F	Clube De Atletismo Da Povia De Varzim	00:41:29
787	M20	234	5381	Jhonatan Oliveira	M		00:41:29
788	M45	83	4663	Francisco Pinto	M		00:41:31
789	M35	171	2768	José Terra Seca	M	Pé De Chumbo	00:41:33
790	M45	84	2568	Rui Fernandes	M	Porto Runners	00:41:34
791	F45	7	6824	Maria Joao Lima	F	Individual	00:41:34
792	M35	172	5573	Nuno Morgado	M		00:41:34
793	F20	35	4247	Isabel Ferreira	F	Unicer - Vitalis	00:41:35
794	F20	36	4246	Mafalda Ferreira	F	Unicer - Vitalis	00:41:35
795	M20	235	2019	Nuno Macedo	M	Miradouro	00:41:36
796	F40	24	7182	Maria Manuela Silva	F	Individual	00:41:37
797	M50	39	4677	Miguel Pessanha	M	Cães Davenida	00:41:39
798	M50	40	4590	João Mota	M	Irmandade Do Enfarte	00:41:39
799	M20	236	5584	João Pedro Costa	M	Os Icas	00:41:40
800	M20	237	2773	Luís Alves	M	Biorunners	00:41:40
801	F20	37	2221	Liliana Mendes	F		00:41:40
802	F20	38	2639	Joana Rei	F		00:41:41
803	M35	173	2387	Hélder Lopes	M		00:41:41
804	F20	39	649	Lucélia Ferreira	F	Engomadoria L&A	00:41:42
805	M35	174	4112	Paulo Oliveira	M	Liberty Seguros	00:41:44
806	M20	238	2411	Gonçalo Pereira	M	Treino No Parque	00:41:46
807	M40	121	4542	Goncalo Gaspar	M		00:41:47
808	F17	5	2408	Eliane Jaconiano	F	Treino No Parque	00:41:48
809	M20	239	4113	Domingos Azevedo	M	Liberty Seguros	00:41:48
810	M35	175	4733	Michell Dias	M		00:41:50
811	M20	240	4178	Pedro Costa	M	Liberty Seguros	00:41:51
812	M40	122	4181	Sandro Costa	M	Liberty Seguros	00:41:51
813	M45	85	4103	Miguel Araujo	M	Liberty Seguros	00:41:52
814	M55	26	2418	Mário Azevedo	M	Treino No Parque	00:41:54
815	M40	123	4662	Mário Nunes	M		00:41:55
816	M45	86	6915	Pedro Cardoso	M	C V Porto	00:41:56
817	M20	241	2749	Pedro Sousa	M	Hp Sousas	00:41:56
818	M45	87	546	David Guimaraes	M	Casa Do Pessoal Da Rtp Porto	00:41:57
819	M35	176	2406	Luis Luz	M		00:41:57
820	M50	41	4525	Peter Koppitz	M		00:41:58
821	F20	40	2378	Raquel Varela	F	Poteeentes	00:41:58
822	F20	41	2671	Joana Moura	F	Poteeentes	00:41:58
823	F20	42	815	Silvia Gomes	F	Poteeentes	00:41:58
824	F20	43	5322	Helena Novo	F	Poteeentes	00:41:58
825	M20	242	2861	Gonçalo Dias	M	Patrões	00:41:59

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
826	M45	88	2683	Orlando Oliveira	M		00:42:00
827	F40	25	7074	Cristina Gomes	F	Porto Runners	00:42:02
828	M20	243	2483	Francisco Lima	M		00:42:02
829	F20	44	2514	Elisabete Cunha	F		00:42:02
830	M35	177	2231	Pedro Almeida	M	Mama Sumae	00:42:04
831	M35	178	5320	Carlos Ribeiro	M	Saunier Duval	00:42:06
832	M20	244	2260	David Gomes	M		00:42:06
833	M20	245	4689	Pedro Loureiro	M		00:42:07
834	F40	26	54	Luisa Roseira	F	Lactogal	00:42:08
835	M35	179	4561	Virgílio Pinto	M		00:42:09
836	M20	246	4206	Helder Magalhaes	M	Liberty Seguros	00:42:09
837	M60	11	2398	Joaquim Duarte	M	Inimigos Do Podium	00:42:10
838	M35	180	4209	Pedro Leite	M	Liberty Seguros	00:42:10
839	M35	181	2199	Vasco Balixa	M		00:42:11
840	M20	247	2339	Luís Ferreira	M		00:42:13
841	M35	182	5224	Tiago Segadães	M		00:42:13
842	M35	183	4812	Nuno Carrilho	M		00:42:14
843	M20	248	545	Andre Oliveira	M		00:42:14
844	M20	249	5291	Paulo Martins	M	Dupla Maravilha	00:42:15
845	M35	184	5154	Vitor Candido	M		00:42:16
846	M20	250	4747	Eduardo Silva	M		00:42:16
847	M20	251	4719	Jorge Peixoto	M		00:42:17
848	M20	252	2020	Valter Vale	M		00:42:18
849	M20	253	5514	Andre Campos	M		00:42:18
850	M45	89	2248	José Rodrigues	M		00:42:19
851	M35	185	2487	Fernando Paiva	M	Upandaway	00:42:20
852	F45	8	467	Rosário Guerra	F	Jpl	00:42:23
853	M17	15	4702	Alexandre Moreira	M	Guitarra	00:42:24
854	M45	90	2627	Jose Mateus Tavares	M	Tavares	00:42:24
855	F45	9	4717	Fátima Neves	F	Irmandade Do Enfarte	00:42:24
856	M35	186	597	Pedro França	M		00:42:27
857	M20	254	6817	Tiago Santos	M	Individual	00:42:27
858	M35	187	428	Joao Castro	M		00:42:28
859	M20	255	2287	Bruno Truta	M	"Os Quenianos"	00:42:28
860	F40	27	7112	Cristina Manuela Sousa	F	Individual	00:42:30
861	M35	188	2023	António Mendes	M		00:42:30
862	M35	189	2641	António Lima	M	Tartarugas	00:42:30
863	M20	256	2384	Nelson Domingues	M		00:42:31
864	M40	124	5683	Afonso Gil Figueiredo	M	Unicer	00:42:31
865	M17	16	771	Afonso Maia	M	Sun Runners	00:42:32
866	M35	190	2174	Diego Valente	M		00:42:32
867	M20	257	577	Daniel Oliveira	M	As Tataruginhas	00:42:36
868	M20	258	761	Filipe Camarinha	M		00:42:37
869	M40	125	5297	Paulo Coelho	M		00:42:38
870	M60	12	2007	Arnaldo Pinto	M	Poteentes	00:42:39
871	M20	259	4166	Rui Pereira	M	Liberty Seguros	00:42:40
872	M40	126	4101	Rui Oliveira	M	Liberty Seguros	00:42:42
873	M35	191	4100	Rui Pedro Fernandes	M	Liberty Seguros	00:42:42
874	F20	45	5551	Teresa Costa	F		00:42:43
875	M45	91	5467	José Silva	M	Já Merecemos Uma Cervejola	00:42:44
876	F18	5	185	Ana Margarida Carvalho	F	Runitos E Runitas Corredores	00:42:45
877	M20	260	2869	Fabio Rocha	M	Passatempo Nova Era	00:42:45
878	M20	261	7049	Rui Jorge Sousa	M	Individual	00:42:46
879	M40	127	2315	Paulo Pereira	M		00:42:47
880	M20	262	7117	Henrique Abreu	M	Idealkorpus Club Running	00:42:47

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
881	M20	263	2334	José Mota	M		00:42:47
882	F35	14	2022	Marcia Rocha	F		00:42:48
883	M20	264	6711	Fabio Aguiar	M	Individual	00:42:48
884	F20	46	5404	Natalia Morim	F	Fanecas E Cavalos	00:42:49
885	M20	265	7234	Rodolfo Carvalho	M	Unicer - Vitalis	00:42:49
886	M20	266	2180	Nuno Silva	M		00:42:50
887	M45	92	6669	Antonio Pinho	M	Individual	00:42:51
888	M35	192	2066	Pedro Todi	M		00:42:52
889	M35	193	2752	Paulo Pereira	M		00:42:52
890	M35	194	4588	Vítor Santos	M	Minis & Bifanas	00:42:52
891	M40	128	2827	Alfredo Silva	M		00:42:53
892	M40	129	2206	Paulo Bourbon	M		00:42:53
893	M35	195	2333	Luis Gonçalves	M		00:42:57
894	M35	196	6662	Ricardo Goncalves	M	Individual	00:42:58
895	M20	267	4800	Filipe Peralta	M		00:43:01
896	M20	268	6557	Joao Carlos Moreira	M	Individual	00:43:01
897	F20	47	112	Ana Rita Macedo	F	Edp Gas	00:43:01
898	M20	269	2859	Daniel Dias	M	Patrões	00:43:02
899	F35	15	2513	Sonia Pereira	F	Individual	00:43:02
900	M55	27	4710	Clarindo Carvalho	M	Penafidelse	00:43:03
901	F40	28	4603	Isabel Carvalho	F		00:43:04
902	M20	270	476	Pedro Jorge Veloso Gonçalves	M		00:43:05
903	M55	28	5240	Miguel Quaresma	M		00:43:07
904	M50	42	7061	Pedro Dias	M	Edp	00:43:08
905	F45	10	177	Alcina Almeida	F	Runitos E Runitas Corredores	00:43:08
906	F45	11	752	Maria Rodrigues	F		00:43:09
907	F35	16	6638	Susana Cardoso	F	Individual	00:43:10
908	M20	271	5064	Pedro Cabral	M		00:43:11
909	F20	48	2244	Raquel Santos	F	Os Amigos Da Corrida	00:43:15
910	M20	272	2242	André Cerejeira	M	Os Amigos Da Corrida	00:43:15
911	M20	273	2573	Pedro Seabra	M	Noturnos Runners	00:43:16
912	M20	274	2296	Pedro Martins	M	Os Cinco	00:43:16
913	M60	13	6799	Manuel Bastos	M	Individual	00:43:16
914	M35	197	6800	Paulo Bastos	M	Individual	00:43:16
915	M20	275	512	Marco Araújo	M		00:43:17
916	M40	130	4673	Alcídio Moreira	M		00:43:18
917	M35	198	4598	Nuno Couto	M		00:43:19
918	M55	29	7101	Natalino Pereira	M	Porto Runners	00:43:20
919	M20	276	776	Eduardo Ribeiro	M		00:43:21
920	F35	17	7299	Renata Cardoso	F	Individual	00:43:21
921	F35	18	4242	Patricia Sampaio	F	Unicer - Vitalis	00:43:21
922	M35	199	6747	Joaquim Rodrigues Madureira	M	Individual	00:43:22
923	M20	277	7139	Ricardo Oliveira	M	Edp	00:43:22
924	M40	131	4639	Pedro Pinheiro	M	Forrest Gumpers	00:43:23
925	M20	278	5198	Diogo Gonçalves	M	Noturnos Runners	00:43:23
926	M20	279	4875	António Mascarenhas	M		00:43:23
927	M35	200	2647	Ivo Oliveira	M	Wearein	00:43:24
928	M40	132	4720	Rui Dias	M		00:43:25
929	F45	12	466	Conceição Pinto	F	Jpl	00:43:25
930	M35	201	6742	Gabriel Moreira	M	Individual	00:43:27
931	M20	280	7137	Andre Matos	M	Edp	00:43:28
932	M50	43	6611	Antonio Faria	M	Individual	00:43:29
933	F45	13	2279	Janett Kloss	F		00:43:30
934	M20	281	4531	Rodolfo Pereira	M	Irmandade Do Enfarte	00:43:32
935	M20	282	2658	Tiago Dias	M	Villaurbana Runners	00:43:35

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
936	M20	283	2632	Domingos Raimundo	M		00:43:36
937	M45	93	7095	Luis Santos Poeira	M	Porto Runners	00:43:36
938	F45	14	5559	Claudia Tietze	F		00:43:36
939	F40	29	7065	Ana Sofia Henriques	F	Porto Runners	00:43:36
940	F45	15	4984	Francisco Souza	F		00:43:39
941	M20	284	4729	Fábio Silva	M	Bip Bip Runners	00:43:39
942	F20	49	4728	Ana Silva	F	Bip Bip Runners	00:43:39
943	M20	285	5207	Joao Pereira	M		00:43:39
944	M20	286	2868	Sérgio Pacheco	M	Patrões	00:43:39
945	M20	287	2864	João Moreira	M	Patrões	00:43:39
946	M35	202	5457	João Seabra F. Pinto	M		00:43:41
947	M20	288	2863	João Dias	M	Patrões	00:43:41
948	F20	50	731	Teresinha Castro	F	Poteentes	00:43:41
949	F35	19	2587	Ana Dias	F	Budeguita Runners	00:43:44
950	M20	289	693	Vasco Vieira	M		00:43:44
951	F35	20	2533	Helena Dias	F		00:43:44
952	M40	133	4947	João Carvalho	M		00:43:45
953	M20	290	2047	Tiago Salgueiro	M	Medense	00:43:45
954	M20	291	7131	Bruno Lourenco	M	Idealkorpus Club Running	00:43:45
955	M20	292	7130	Dario Lourenco	M	Idealkorpus Club Running	00:43:46
956	F40	30	6552	Maria Joao Santos	F	Individual	00:43:47
957	F45	16	95	Ligia Sabogal	F	Individual	00:43:48
958	M20	293	5594	Pedro Pinto	M		00:43:48
959	M35	203	2652	Eduardo Cardoso	M	Villaurbana Runners	00:43:49
960	M50	44	4654	Emídio Almeida	M		00:43:49
961	F35	21	2059	Vêra Egerová	F	Cô De Rosa	00:43:49
962	M17	17	2653	Hugo Moreira	M	Villaurbana Runners	00:43:50
963	F35	22	4117	Sandra Sousa	F	Liberty Seguros	00:43:50
964	M45	94	6606	Paulo Sousa	M	Individual	00:43:52
965	M45	95	4630	Jose Luis Moreira	M		00:43:55
966	F35	23	2060	Vera Moreira	F	Cô De Rosa	00:43:55
967	F20	51	2058	Ana Cota	F	Cô De Rosa	00:43:55
968	M45	96	2294	João Carneiro	M	Os Cinco	00:43:56
969	M40	134	4892	Paulo Gaspar	M		00:43:56
970	F35	24	2795	Emilia Alvim	F		00:43:57
971	M35	204	4535	Marco Costa	M	Pé De Chumbo	00:43:57
972	M55	30	2308	Manuel Tedim	M		00:43:57
973	M20	294	704	Paulo Lapa	M	Pernasus	00:43:58
974	F20	52	7070	Carla Cardoso	F	Porto Runners	00:43:58
975	M40	135	7107	Rui Carvalho	M	Porto Runners	00:43:58
976	F35	25	2316	Anabela Delgado	F	Os Turbulentos	00:43:59
977	M40	136	4536	Nuno Sousa	M	Pé De Chumbo	00:43:59
978	M45	97	6938	Jose Antonio Capelo	M	Os Isabelinhas	00:44:01
979	M40	137	4685	Mário Ferreira	M		00:44:02
980	M20	295	4903	Filipe Magalhães	M		00:44:05
981	F35	26	768	Mónica Gomes	F		00:44:05
982	F17	6	465	Benny Barreiros	F	Jpl	00:44:05
983	M35	205	4811	Miguel Pereira	M		00:44:05
984	M35	206	4773	Sérgio Teixeira	M	Seji	00:44:05
985	M40	138	2345	Eurico Nascimento	M	Companhia Do Bazofias	00:44:06
986	F20	53	5486	Andreia Oliveira	F		00:44:07
987	M20	296	2470	Pedro Guimaraes	M	Escola Do Movimento	00:44:07
988	F35	27	4765	Carla Monteiro	F	Running Team Lantemil	00:44:07
989	M20	297	2471	Susana Martins	M	Escola Do Movimento	00:44:07
990	M35	207	2557	Rui Salgado	M		00:44:08



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
991	M40	139	2509	Raul Novais	M	Corre...Corre..	00:44:08
992	M20	298	2374	Heitor Trindade	M		00:44:08
993	M20	299	4652	Pedro Santos	M		00:44:09
994	F40	31	2012	Teresa Duborjal	F		00:44:10
995	F20	54	7263	Ana Carolina Silva	F	Unicer - Vitalis	00:44:11
996	F20	55	2561	Carla Tavares	F		00:44:12
997	M40	140	2560	Pedro Silva	M		00:44:12
998	M45	98	4534	Luis Reis	M	Pé De Chumbo	00:44:13
999	M20	300	7259	Antonio Costa	M	Unicer - Vitalis	00:44:15
1000	M20	301	2	Jorge Gabriel	M	Individual	00:44:15
1001	F45	17	6	Aurora Cunha	F	Liberty Seguros	00:44:15
1002	M40	141	5005	Arnaldo Marinho	M		00:44:16
1003	F35	28	5392	Patrícia Rodrigues	F	Freaks	00:44:17
1004	F35	29	2166	Maria Rabaldo	F	Clube De Atletismo Da Póvoa De Varzim	00:44:18
1005	M20	302	4164	Helder Fernandes	M	Liberty Seguros	00:44:19
1006	M35	208	4171	Filipe Rocha	M	Liberty Seguros	00:44:20
1007	M20	303	7173	Primo Abreu	M	Individual	00:44:20
1008	M40	142	792	Vitorino Santos	M	Os Icas	00:44:21
1009	M20	304	4165	Nuno Santos	M	Liberty Seguros	00:44:21
1010	M55	31	253	Avelino Medeiros	M	Edp Gas	00:44:21
1011	M20	305	6944	Jose Carlos Figueiredo	M	Os Isabelinhas	00:44:21
1012	F45	18	6943	Ana Catarina Pereira	F	Os Isabelinhas	00:44:22
1013	M20	306	6745	Ilidio Monteiro Duarte	M	Individual	00:44:22
1014	F40	32	66	Sonia Meireles	F	Unicer - Vitalis	00:44:22
1015	M50	45	7087	Jose Antonio Monjardino	M	Porto Runners	00:44:22
1016	F20	56	2826	Ana Gonçalves	F		00:44:24
1017	F20	57	6664	Denise Soares	F	Individual	00:44:24
1018	M17	18	5313	Diogo Moreira	M	Individual	00:44:24
1019	M20	307	4750	Diogo Tavares	M		00:44:27
1020	M20	308	2518	Rui Martins	M		00:44:28
1021	M20	309	624	Helder Vale	M		00:44:29
1022	M17	19	2402	Rui Barreira	M	Inimigos Do Podium	00:44:29
1023	M40	143	6658	Paulo Terra	M	Individual	00:44:30
1024	M35	209	4904	Miguel Teixeira	M		00:44:31
1025	M35	210	2491	Nuno Paiva	M	Upandaway	00:44:31
1026	M20	310	579	Joao Mendes	M		00:44:32
1027	M35	211	2364	Bruno Costa	M		00:44:32
1028	M45	99	4730	Francisco Santos	M		00:44:33
1029	M20	311	2822	Edgar Moniz	M	Road To Vegas 2014	00:44:33
1030	M45	100	5264	Pedro Crispim	M		00:44:34
1031	M20	312	2321	David Rebelo	M	Os Maiores	00:44:35
1032	F20	58	4735	Ana Rita Franco	F	Manas Franco	00:44:35
1033	F40	33	529	Paula Dias	F		00:44:35
1034	F20	59	4736	Diana Franco	F	Manas Franco	00:44:35
1035	M20	313	2512	Nuno Lopes	M	Alveslopes	00:44:35
1036	M20	314	2511	Jorge Alves	M	Alveslopes	00:44:35
1037	M35	212	2322	Vítor Moreira	M	Fama Runners	00:44:36
1038	F35	30	2799	Bárbara Santos	F	Individual	00:44:36
1039	M20	315	697	Nuno Lemos	M		00:44:37
1040	F20	60	4822	Marta Ferreira	F	Ferreiras Night	00:44:37
1041	M40	144	2551	Ricardo Alneida	M	Aaa	00:44:38
1042	F40	34	4676	Susana Lobo Santos	F		00:44:38
1043	M40	145	561	Luis Silva	M		00:44:39
1044	M20	316	691	Ricardo Sousa	M		00:44:39
1045	M35	213	2138	Ricardo Gonçalves	M	Papa Milhas	00:44:39

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1046	F20	61	2215	Carmina Silva	F	Papa Milhas	00:44:39
1047	M35	214	622	Pedro Alves	M	Aaa	00:44:40
1048	M35	215	5585	Miguel Sequeira	M	Os Icas	00:44:40
1049	M20	317	5563	José Miguel Silva	M	Tartarugas Team	00:44:40
1050	F35	31	5393	Sílvia Silva	F	Freaks	00:44:40
1051	F20	62	5069	Daniela Machado	F	Correr Por Prazer	00:44:41
1052	F45	19	5466	Rosa Ranito	F	Já Merecemos Uma Cervejola	00:44:42
1053	M45	101	4725	Rui Amaral	M		00:44:42
1054	M40	146	2063	Miguel Castro	M		00:44:42
1055	M35	216	4762	Rui Teixeira	M		00:44:44
1056	M40	147	4559	Filipe Silva	M	Hélder Personal	00:44:45
1057	M45	102	7005	Jose Lobao	M	Individual	00:44:45
1058	M40	148	2125	Nuno Sousa	M	Forrest Gumpers	00:44:45
1059	M40	149	2550	Pedro Doria	M	Aaa	00:44:45
1060	M35	217	5674	Alexandre Costa	M	Passatempo Nova Era	00:44:46
1061	M45	103	2807	Sérgio Manuel Pereira	M		00:44:46
1062	M45	104	6657	Rui Cardoso	M	Individual	00:44:46
1063	M40	150	5383	Paulo Santos	M		00:44:47
1064	M35	218	2549	Jorge Ferreira	M	Aaa	00:44:48
1065	M40	151	4674	Mário Sampaio	M	Forrest Gumpers	00:44:48
1066	M20	318	5267	José Santos	M	Os Pandinhas	00:44:49
1067	M35	219	4895	Pedro Machado	M		00:44:51
1068	M20	319	6699	Rui Pedro Silva Gouveia	M	Individual	00:44:51
1069	M20	320	700	Ricardo Dias	M	Tartarugas Team	00:44:51
1070	M20	321	4850	Jose Carlos Carneiro	M	Zupper	00:44:51
1071	M40	152	2744	Miguel Sá	M		00:44:51
1072	M20	322	4622	Tiago Fragata	M	Atticus Team	00:44:51
1073	F45	20	5456	Elisabete Gonçalves	F	Zupper	00:44:51
1074	F35	32	519	Daniela Barbosa	F	Zupper	00:44:51
1075	M17	20	4974	Rui Ramos	M	Hidromel	00:44:52
1076	M20	323	2427	Vitor Pereira	M		00:44:52
1077	M45	105	7211	Paulo Silva	M	Wellrunner	00:44:52
1078	M20	324	7212	Francisco Silva	M	Wellrunner	00:44:52
1079	M40	153	2722	Jose Candoso	M		00:44:52
1080	M35	220	559	Ricardo Lima	M		00:44:53
1081	M40	154	4593	Ilidio Pires	M		00:44:54
1082	M55	32	4907	José Cláudio	M		00:44:55
1083	M20	325	4150	Valter Reboredo	M	Liberty Seguros	00:44:55
1084	M50	46	2017	Jose Cepeda	M	Os Desportistas	00:44:55
1085	M20	326	4889	Sérgio Rocha	M		00:44:56
1086	F20	63	2414	Joana Pereira	F	Treino No Parque	00:44:56
1087	M20	327	2858	Hugo Sousa	M	Tartarugas Velozes	00:44:56
1088	M20	328	2423	Samuel Mota	M	Treino No Parque	00:44:56
1089	M20	329	5256	Ricardo Camelo	M		00:44:57
1090	M20	330	2289	Ricardo Baltazar	M	"Os Quenianos"	00:44:57
1091	M20	331	2091	Helder Miranda	M		00:44:58
1092	F20	64	2092	Sara Sá	F		00:44:58
1093	M45	106	2232	Rui Vieira	M	Wellrunner	00:44:59
1094	F45	21	5509	Maria Rosas	F		00:44:59
1095	M35	221	2780	Frédéric Marc	M	Os Vaux De Benassay	00:44:59
1096	M35	222	4768	João Oliveira	M	Sebastians	00:45:03
1097	M50	47	6925	Augusto Pinto	M	C V Porto	00:45:03
1098	F45	22	2009	Arnalda Pinheiro	F		00:45:03
1099	M35	223	4798	Renato Sousa	M		00:45:07
1100	M20	332	4128	Paulo Dias	M	Liberty Seguros	00:45:09

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1101	M55	33	4792	Jose Gonçalves	M		00:45:10
1102	M20	333	2288	Paulo Ventura	M	"Os Quenianos"	00:45:10
1103	M60	14	6990	Antonio Periera	M	Individual	00:45:11
1104	M35	224	4102	Jaime Cunha	M	Liberty Seguros	00:45:11
1105	F40	35	741	Nilsa Seidi	F	Poteentes	00:45:11
1106	F17	7	4098	Mariana Almeida	F	Liberty Seguros	00:45:11
1107	F20	65	4129	Ana Leite	F	Liberty Seguros	00:45:12
1108	F20	66	5326	Ângela Henriques	F		00:45:12
1109	M20	334	7120	Ribeiro Soares	M	Idealkorpus Club Running	00:45:14
1110	F20	67	5286	Sonia Azevedo	F		00:45:14
1111	F20	68	492	Marina Leal	F		00:45:15
1112	M20	335	2726	António Rocha	M		00:45:18
1113	M20	336	5196	Altino Nobre	M	Noturnos Runners	00:45:21
1114	M20	337	2667	João Monteiro	M		00:45:22
1115	M45	107	6607	Americo Araujo	M	Individual	00:45:22
1116	M50	48	2695	Nuno Lacerda	M	Elite Academia	00:45:24
1117	M20	338	5433	Daniel Vasconcelos	M	Coolentos Doctors	00:45:27
1118	F20	69	5432	Célia Soares	F	Coolentos Doctors	00:45:27
1119	M40	155	2769	Paulo Terra Seca	M	Pé De Chumbo	00:45:29
1120	F20	70	4785	Rita Alvito	F	Gogogirls	00:45:29
1121	M20	339	2750	João Bravo	M		00:45:29
1122	M20	340	5370	Hugo Bonito	M		00:45:32
1123	M35	225	2779	Benjamin Antonio	M	Os Vaux De Benassay	00:45:33
1124	M35	226	2783	Yohann Martin	M	Os Vaux De Benassay	00:45:33
1125	M35	227	2781	Samuel Daniaux	M	Os Vaux De Benassay	00:45:33
1126	F20	71	2186	Ana Coelho Silva	F	Batrunners	00:45:33
1127	M35	228	2554	José Pinto	M	Cansados	00:45:34
1128	F35	33	2192	Rita Martins	F	Batrunners	00:45:34
1129	M35	229	4087	Rui Leitao	M	Liberty Seguros	00:45:35
1130	M40	156	4092	Frederico Costa	M	Liberty Seguros	00:45:35
1131	M45	108	4085	Nuno Aguilar	M	Liberty Seguros	00:45:35
1132	M35	230	4080	Artur Matias	M	Liberty Seguros	00:45:35
1133	M35	231	2724	Mário Correia	M		00:45:35
1134	M45	109	6660	Luis Afonso	M	Individual	00:45:36
1135	M20	341	83	Carlos Amorim	M	Edp Gas	00:45:36
1136	M45	110	4956	Jorge Prendas	M	Casa Da Música	00:45:36
1137	F35	34	4921	Manuela Damas	F		00:45:37
1138	M35	232	4922	João Pedro Da Costa	M		00:45:37
1139	M20	342	721	Nuno Guimarães	M	Ciclorunners	00:45:38
1140	M20	343	452	Júlio Lourenço	M		00:45:40
1141	M20	344	5506	Nuno Ferreira	M		00:45:41
1142	M20	345	4701	Carlos Pimenta	M		00:45:42
1143	M60	15	5394	Manuel Moreira	M		00:45:42
1144	M20	346	5505	David Silva	M		00:45:43
1145	F45	23	2857	Silvia Monteiro	F		00:45:43
1146	F20	72	5194	Manuela Rocha	F		00:45:44
1147	M20	347	5193	Daniel Almeida	M		00:45:44
1148	M20	348	7239	Rodrigo Soares	M	Unicer - Vitalis	00:45:44
1149	M35	233	2847	Pedro Espada	M	Necas Run	00:45:46
1150	M35	234	766	Jose Angelino	M	Batrunners	00:45:46
1151	F17	8	2324	Carina Cunha	F		00:45:46
1152	M35	235	5595	Jorge Pereira	M		00:45:46
1153	M20	349	4127	Jorge Ribeiro	M	Liberty Seguros	00:45:47
1154	M40	157	5133	José Pedro Caldeira	M		00:45:47
1155	F45	24	2056	Marina Aurora	F	Clube De Colaboradores Axa	00:45:48

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1156	M50	49	2404	Victor Vieira	M	Inimigos Do Podium	00:45:49
1157	F35	35	4976	Marta Silva	F		00:45:49
1158	M40	158	5439	Manuel Gaspar	M		00:45:50
1159	M55	34	4655	José Manuel Alves Teixeira	M		00:45:51
1160	M40	159	7228	Paulo Silva	M	Unicer - Vitalis	00:45:52
1161	M40	160	5312	Pedro Campos	M		00:45:52
1162	F20	73	6544	Sofia Neves Barbosa	F	Individual	00:45:52
1163	F40	36	4775	Manuela Ferreira	F	Clube De Atletismo Da Povia De Varzim	00:45:52
1164	F45	25	2187	Fernanda Coelho	F	Batrunners	00:45:54
1165	M20	350	5615	Miguel Pimentel	M		00:45:54
1166	F20	74	4634	Dalila Rocha	F	Solrun.Gaia	00:45:54
1167	M20	351	2119	Bruno Paulino	M	Solrun.Gaia	00:45:55
1168	F35	36	2843	Isabel Faria	F	Necas Run	00:45:56
1169	M35	236	5129	Paulo Ferreira	M		00:45:56
1170	M35	237	382	Carlos Pinto Da Costa	M		00:45:57
1171	M20	352	2054	Rui Miguel Fernandes	M		00:45:57
1172	M35	238	2721	Fernando Ribeiro	M		00:45:58
1173	M35	239	2257	Ricardo Rocha	M		00:45:58
1174	M20	353	2029	Leandro Pinhão	M		00:46:00
1175	F45	26	6926	Olivia Carmo	F	C V Porto	00:46:00
1176	M20	354	4799	Luís Santos	M		00:46:01
1177	M50	50	406	Paulo Ruão	M		00:46:02
1178	M40	161	5330	Paulo Magalhães	M	Scrambled Legs	00:46:02
1179	M35	240	2372	Vasco Gomes	M	Mara Team	00:46:06
1180	M50	51	5338	Miguel Jorge Sottomayor	M		00:46:08
1181	F35	37	454	Andreia Santos	F		00:46:08
1182	M35	241	2825	Hugo Guerra	M	Papa Milhas	00:46:08
1183	F20	75	6543	Raquel Ferraz	F	Individual	00:46:09
1184	M20	355	580	Nuno Barbosa	M		00:46:09
1185	M35	242	6586	Filipe Vieira	M	Individual	00:46:09
1186	F20	76	4761	Daniela Sousa	F		00:46:10
1187	F35	38	772	Paula Gonçalves	F	Sun Runners	00:46:10
1188	M35	243	2223	Mário Logarinho	M		00:46:10
1189	F45	27	475	Ana Martins	F		00:46:10
1190	F20	77	2634	Maria Costa	F		00:46:10
1191	M35	244	2567	Jorge Freitas	M		00:46:10
1192	M20	356	2630	Joao Rocha	M		00:46:10
1193	M20	357	2285	Daniel Trevisani	M		00:46:11
1194	M20	358	2614	Nuno Monteiro	M		00:46:11
1195	M20	359	5637	Vitor Azevedo	M	Tartarugas Velozes	00:46:12
1196	M35	245	4585	Joaquim Santos	M		00:46:12
1197	F35	39	5621	Patrícia Cardoso	F		00:46:12
1198	F20	78	769	Catarina Sousa	F	We Run	00:46:13
1199	M20	360	770	Vitor Santos	M	We Run	00:46:14
1200	F20	79	5507	Sonia Nogueira	F		00:46:15
1201	M20	361	4724	Ricardo Alves	M		00:46:15
1202	M35	246	5508	Pedro Cruz	M		00:46:15
1203	M50	52	5465	Alberto Ranito	M	Já Merecemos Uma Cervejola	00:46:17
1204	F17	9	5464	Marina Oliveira	F	Já Merecemos Uma Cervejola	00:46:17
1205	M20	362	4758	Joel Barbosa	M		00:46:17
1206	M20	363	6873	Artur Andrade	M	Clube Pessoal Edp - Porto	00:46:18
1207	M45	111	2854	Fernando Sanches	M		00:46:19
1208	M40	162	7052	Miguel Barbas	M	Individual	00:46:20
1209	M40	163	609	Nuno Guerreiro	M		00:46:22
1210	M20	364	4805	Afonso Teixeira	M	3as	00:46:22

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1211	F20	80	4970	Veronica Oliveira	F		00:46:22
1212	F45	28	487	Paula Calheiros	F		00:46:22
1213	F20	81	4803	Manuela Cochat	F		00:46:23
1214	M55	35	400	Fernando Teixeira	M		00:46:24
1215	M20	365	617	Ricardo Pinto	M		00:46:24
1216	M35	247	6887	Ricardo Rego	M	Chocolate Lovers	00:46:24
1217	M40	164	367	Henrique Silva	M		00:46:25
1218	F20	82	2759	Claudia Araujo	F		00:46:25
1219	F40	37	4806	Ana Azevedo	F	3as	00:46:25
1220	M40	165	5499	Jorge Sousa	M		00:46:29
1221	M35	248	2118	Albino Monteiro	M		00:46:32
1222	F45	29	7104	Paula Paiva	F	Porto Runners	00:46:33
1223	M20	366	7270	Manuel Moreira	M	Individual	00:46:34
1224	F20	83	4608	Lúcia Mendonça	F		00:46:36
1225	M20	367	2723	Jorge Ricardo Ferreira Costa	M		00:46:36
1226	M20	368	5127	Antonio Lisboa	M		00:46:37
1227	F45	30	5296	Cristina Monteiro	F	Acorrerficamosenormes	00:46:38
1228	M35	249	5675	Paulo Nogueira	M	Passatempo Nova Era	00:46:39
1229	F35	40	279	Macarena Gonzalez	F	Porto Lazer	00:46:40
1230	M17	21	5590	Tiago Costa	M	Os Icas	00:46:40
1231	M40	166	278	Rui Nuno Lemos	M	Porto Lazer	00:46:40
1232	M20	369	2373	Carlos Moutinho	M		00:46:41
1233	F40	38	5350	Ivete Carneiro	F	Os Carros Vassoura	00:46:41
1234	M18	11	542	Ilídio Pacheco	M		00:46:41
1235	M20	370	5548	Paulo Araújo	M		00:46:41
1236	F35	41	2697	Marta Lopes	F		00:46:41
1237	M20	371	5601	Vitor Caldeira	M		00:46:43
1238	F40	39	2429	Ana Pestana	F	Derose Running Team	00:46:43
1239	M45	112	6625	Jose Moita	M	G D Banco Portugal	00:46:43
1240	F20	84	4821	Joana Ferreira	F	Ferreiras Night	00:46:43
1241	M20	372	5075	Bernardo Mota	M	Gazelas Do "Espiche"	00:46:44
1242	M55	36	2668	Joaquim Teixeira	M	Xerife	00:46:46
1243	M50	53	2320	Casimiro Rebelo	M	Os Maiores	00:46:46
1244	F20	85	5078	Joana Guedes	F	Gazelas Do "Espiche"	00:46:46
1245	F35	42	4942	Paula Pinto	F		00:46:47
1246	M50	54	5497	Adérito Lisboa	M		00:46:47
1247	M35	250	4124	Sergio Ribeiro	M	Liberty Seguros	00:46:48
1248	F20	86	2100	Adelaide Duarte	F		00:46:48
1249	M45	113	5487	Paulo Monteiro	M		00:46:48
1250	F20	87	2057	Lara Vaz Pinto	F		00:46:49
1251	F20	88	4726	Inês Passos	F		00:46:52
1252	M35	251	760	Joaquim Alves	M	Gasolina Sem Chumbo	00:46:53
1253	M40	167	7072	Carlos Ferreira	M	Porto Runners	00:46:53
1254	M50	55	5661	Joao Santiago	M	Passatempo Nova Era	00:46:53
1255	F20	89	2293	Ana Machado	F	Os Cinco	00:46:53
1256	F20	90	602	Sara Carvalho	F		00:46:53
1257	M20	373	5664	Eduardo Peneda	M	Passatempo Nova Era	00:46:53
1258	M45	114	2052	Fernando Antunes	M	Antunes	00:46:54
1259	F20	91	5553	Alexandra Coelho	F		00:46:55
1260	F20	92	2480	Sílvia Alves	F	P&A Team	00:46:55
1261	M35	252	5539	Leandro Cunha	M	Miguel Oliveira	00:46:55
1262	M20	374	6709	Joao Filipe Sá	M	Individual	00:46:56
1263	M20	375	2481	Eurico Peixoto	M	P&A Team	00:46:56
1264	F35	43	4672	Susana Fonseca	F	P&A Team	00:46:56
1265	M35	253	4671	Pedro Antunes	M	P&A Team	00:46:56



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1266	F35	44	2230	Marta Oliveira	F	Mama Sumae	00:46:56
1267	M35	254	2754	António Santos	M		00:46:57
1268	F20	93	517	Marta Martins	F	Os Pirilampos	00:46:58
1269	F20	94	5570	Lucia Queiros Teixeira	F		00:46:59
1270	M20	376	459	Bruno Méda	M	Run For Fun	00:46:59
1271	F20	95	460	Claudia Coimbra	F	Run For Fun	00:47:00
1272	M35	255	2190	Manuel Seguro	M	Batrunners	00:47:00
1273	F45	31	2432	Fatima Magalhaes	F	Derose Running Team	00:47:00
1274	F20	96	2292	Liliana Pinto	F		00:47:00
1275	M50	56	2298	José Augusto Teixeira	M		00:47:01
1276	M40	168	2562	Pedro Duarte Silva	M		00:47:07
1277	M40	169	4533	Antonio Real	M	Pé De Chumbo	00:47:07
1278	M45	115	4529	Ricardo Beirão	M		00:47:08
1279	M20	377	4876	Miguel Miranda	M		00:47:10
1280	M17	22	6744	Rafael Antonio Pereira	M	Individual	00:47:12
1281	M20	378	7246	Pedro Pereira	M	Unicer - Vitalis	00:47:12
1282	F20	97	4609	Ana Araújo	F		00:47:13
1283	M20	379	7266	Ricardo Lirio	M	Unicer - Vitalis	00:47:13
1284	F20	98	2332	Carmen Sousa	F		00:47:13
1285	F35	45	4779	Fatima Lopes	F	Gogogirls	00:47:16
1286	F35	46	2357	Dolores Vazquez	F		00:47:17
1287	M45	116	2355	Francisco Castelo Branco	M		00:47:17
1288	M35	256	5347	Sérgio Vilas Boas	M		00:47:17
1289	F17	10	7167	Ana Catarina Ribeiro	F	Individual	00:47:17
1290	M40	170	2130	Orlando Rebelo	M		00:47:18
1291	M45	117	2682	Carlos Ferreira	M		00:47:18
1292	M40	171	2340	Manuel Moreira	M		00:47:19
1293	M40	172	2801	Miguel Fonseca	M		00:47:20
1294	M20	380	2368	João Costa	M		00:47:21
1295	M35	257	6524	Pedro Soares	M	Rppat	00:47:21
1296	F20	99	6522	Patrícia Soares	F	Rppat	00:47:21
1297	F20	100	5071	Patrícia Neto	F	Correr Por Prazer	00:47:21
1298	M20	381	2646	Hélder Rocha	M	Wearein	00:47:22
1299	M40	173	764	Rui Rodrigues	M	Batrunners	00:47:24
1300	F20	101	4778	Diana Vila Pouca	F	Gogogirls	00:47:25
1301	M20	382	5079	Pedro Oliveira	M	Gazelas Do "Espiche"	00:47:25
1302	M20	383	5164	César Silva	M		00:47:25
1303	M20	384	455	João Cunha	M	Mama Sumae	00:47:25
1304	M60	16	6987	Alberto Teixeira	M	Individual	00:47:27
1305	F45	32	5444	Margarida Matos	F	Notívagos	00:47:28
1306	M35	258	2776	Rui Alvim	M		00:47:28
1307	F20	102	2273	Carla Sousa	F	Capv(Clube De Atletismo Da Póvoa De Varzim	00:47:28
1308	M40	174	788	Paulo Matos	M	Batrunners	00:47:28
1309	F40	40	4640	Susana Santos Silva	F	Forrest Gumpers	00:47:30
1310	M35	259	2126	Tiago Medeiros	M	Forrest Gumpers	00:47:30
1311	M35	260	2121	Pedro Figueiredo	M	City Runners	00:47:31
1312	F35	47	5627	Susana Teixeira	F	Reborn	00:47:33
1313	M40	175	5626	Luís Castanheira	M	Reborn	00:47:33
1314	F35	48	5346	Sofia Dias	F		00:47:36
1315	F45	33	2076	Ana Rocha	F		00:47:36
1316	M45	118	2075	Jose Rocha	M		00:47:36
1317	M35	261	809	Ricardo Pinho	M		00:47:37
1318	M17	23	5117	Tomás Araujo	M	Alex,Pedro&Tomás	00:47:38
1319	F20	103	5384	Salomé Gomes	F	Tartarugas Team	00:47:38
1320	M17	24	4059	Fabio Campos Cruz	M	Liberty Seguros	00:47:38

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1321	M20	385	5116	Pedro Garrido	M	Alex,Pedro&Tomás	00:47:38
1322	F45	34	5115	Maria Alexandra Dias Carneiro	F	Alex,Pedro&Tomás	00:47:38
1323	F45	35	4556	Ana Cerqueira	F	Hélder Personal	00:47:39
1324	M20	386	4560	Hélder Ribeiro	M	Hélder Personal	00:47:39
1325	M60	17	6923	Elidio Freiras	M	C V Porto	00:47:42
1326	M20	387	5567	Marco Fontes	M		00:47:42
1327	M20	388	5035	Pedro Moreira	M		00:47:43
1328	M20	389	6845	Jorge Martins	M	Individual	00:47:44
1329	M20	390	6733	Nelson Ferreira	M	Individual	00:47:45
1330	M20	391	2867	Ricardo Cunha	M	Patrões	00:47:45
1331	M20	392	6855	Diogo Barros	M	Nrunners	00:47:46
1332	M17	25	698	Rogério Ribeiro	M		00:47:46
1333	M20	393	6854	Bruno Ferreira	M	Nrunners	00:47:46
1334	M20	394	6840	Rui Tomas	M	Edp	00:47:47
1335	F35	49	4244	Ines Rocha	F	Unicer - Vitalis	00:47:48
1336	M20	395	4257	Pedro Pinto	M	Edp Gas	00:47:50
1337	F40	41	4540	Alexandra Madureira	F	Mulhacen3481	00:47:52
1338	M20	396	2280	João Silva	M		00:47:53
1339	M60	18	421	Jose Soares	M		00:47:54
1340	F20	104	5231	Iolanda Mendes	F	Mlmcm	00:47:54
1341	M20	397	4539	Pedro Neves	M		00:47:55
1342	F20	105	4949	Ana Barros	F		00:47:55
1343	M20	398	4114	Vitor Marques	M	Liberty Seguros	00:47:55
1344	M17	26	5230	Henrique Morais	M	Mlmcm	00:47:57
1345	F45	36	2585	Ana Maria De Sousa Batista	F		00:47:57
1346	F17	11	5232	Joana Casais	F	Mlmcm	00:47:57
1347	F35	50	2575	Rosa Batista	F		00:47:57
1348	F20	106	385	Patricia Coelho	F		00:47:59
1349	M35	262	386	Paulo Vieira	M		00:47:59
1350	M35	263	2144	Joel Antunes	M		00:47:59
1351	F20	107	5070	Marlene Melaia	F	Correr Por Prazer	00:48:01
1352	M45	119	2155	José Prata	M		00:48:01
1353	M35	264	6981	André Silveira	M	Individual	00:48:02
1354	M20	399	2612	Paulo Ferreira	M	Sapateiros Da Aldeola	00:48:02
1355	M20	400	5344	André Ferraz	M	Tartarugas Team	00:48:03
1356	F20	108	4861	Joana Augusto	F		00:48:05
1357	M40	176	2094	Miguel Coelho	M		00:48:06
1358	M60	19	6959	Antonio Mota	M	Os Rompe Solas - Vila Do Conde	00:48:08
1359	F20	109	6816	Libania Oliveira	F	Individual	00:48:08
1360	M55	37	4256	Antonio Seabra	M	Individual	00:48:09
1361	M45	120	4606	António Campelos	M		00:48:10
1362	M40	177	4509	Augusto Silveira	M	Handrunners	00:48:10
1363	M40	178	4749	Rui Freitas	M	Hand@Runners	00:48:11
1364	M45	121	2030	Francisco Pacheco	M		00:48:11
1365	M45	122	2813	Alberto Henriques	M		00:48:12
1366	M20	401	2033	José Avelino Silva	M		00:48:12
1367	M20	402	5190	Hugo Leite	M	Unidos Ao Joelho Do Ricardo	00:48:13
1368	M20	403	5191	Hugo Pereira	M	Unidos Ao Joelho Do Ricardo	00:48:13
1369	F35	51	2213	Sónia Silva	F	Kássilda	00:48:14
1370	M20	404	2245	Gil Silva	M	Kássilda 2	00:48:14
1371	M20	405	6700	Bruno Lucio	M	Individual	00:48:14
1372	M35	265	389	Vasco Figueiredo Teles	M		00:48:16
1373	F35	52	2129	Sónia Brandão	F		00:48:16
1374	M35	266	5212	Pedro Silveira	M	Porto Tónico	00:48:17
1375	M35	267	5213	Ricardo Magalhaes	M	Porto Tónico	00:48:17

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1376	F20	110	6542	Claudia Parodi	F	Individual	00:48:18
1377	M20	406	6593	Bruno Joao Ribeiro	M	Individual	00:48:18
1378	M50	57	6594	Vitor Silva Ribeiro	M	Individual	00:48:18
1379	M20	407	584	Filipe Soares	M		00:48:18
1380	M35	268	4587	Rui Furtado	M	Minis & Bifanas	00:48:19
1381	F20	111	5077	Diana Oliveira	F	Gazelas Do "Espiche"	00:48:20
1382	M35	269	4723	Antonio Remuge	M		00:48:20
1383	M17	27	6528	Jose Carlos Machado	M	Individual	00:48:20
1384	M35	270	4954	Hugo Ramos	M		00:48:21
1385	M40	179	420	César Santos	M		00:48:22
1386	M40	180	4514	Nuno Duborjal	M	Os Manos Run For Fun	00:48:25
1387	M40	181	4897	Eduardo Martins	M		00:48:25
1388	M50	58	2330	Rodrigo Ferraz	M		00:48:26
1389	M40	182	2701	Rui Pereira	M	First Team	00:48:26
1390	F40	42	4241	Angela Amorim	F	Unicer - Vitalis	00:48:27
1391	F20	112	811	Iolanda Cerqueira	F		00:48:27
1392	F20	113	5082	Daniela Lopes	F	Night Runners	00:48:27
1393	F40	43	5343	Maria Cruz	F		00:48:28
1394	F20	114	2654	Liliana Araújo	F	Villaurbana Runners	00:48:28
1395	M45	123	6603	Nuno Goncalves	M	Individual	00:48:29
1396	M20	408	2485	Angelo Portela	M	Upandaway	00:48:30
1397	F20	115	5545	Cátia Coelho	F	Besjoging	00:48:31
1398	F45	37	5546	Ofélia Augusto	F	Besjoging	00:48:31
1399	M40	183	5163	José Teixeira	M		00:48:32
1400	F20	116	4621	Brigite Silva	F	Atticus Team	00:48:34
1401	F35	53	7240	Dulce Amieira	F	Unicer - Vitalis	00:48:34
1402	M45	124	2286	Mário Lucena	M		00:48:35
1403	M45	125	7144	Fernando Xavier	M	Individual	00:48:35
1404	M50	59	4568	Manuel Carvalho	M	B.V.Moreira-Maia	00:48:36
1405	F20	117	7051	Ana Santos	F	Individual	00:48:36
1406	M20	409	7050	Jorge Ribeiro	M	Individual	00:48:36
1407	M20	410	5462	Sergio Lima	M	Hp Sousas	00:48:36
1408	M20	411	5172	João Gonçalves	M		00:48:37
1409	M17	28	2422	Rafael Campos Pereira	M	Treino No Parque	00:48:38
1410	M17	29	5245	Paulo Cardoso	M		00:48:40
1411	M50	60	5526	Fernando Cunha	M	Resistentes	00:48:41
1412	M55	38	6739	Antonio Ferreira Oliveira	M	Alfagym	00:48:42
1413	M45	126	5513	Vitor Portela	M	Gasolina Sem Chumbo	00:48:42
1414	F20	118	4950	Ana Oliveira	F	Raposas Do Parque	00:48:43
1415	F35	54	665	Fátima Correia	F		00:48:43
1416	F40	44	7098	Maria Jorge Vieira	F	Porto Runners	00:48:45
1417	F40	45	213	Sofia Oliveira Mota	F	Edp Gas	00:48:45
1418	M40	184	212	Nuno Miguel Marques	M	Edp Gas	00:48:45
1419	M45	127	7080	Joao Miguel Vieira	M	Porto Runners	00:48:46
1420	F17	12	6792	Beatriz Ferreira	F	Individual	00:48:47
1421	M20	412	2556	Luis Mendes	M		00:48:47
1422	F40	46	2115	Isabel Nogueira	F	Nozes	00:48:47
1423	M45	128	7226	Jorge Pires	M	Unicer - Vitalis	00:48:48
1424	M60	20	6569	Jose Costa Ferreira	M	Individual	00:48:58
1425	M35	271	5162	Jorge Vaz	M		00:48:58
1426	F20	119	5024	Patricia Pinho	F	X & Y	00:48:59
1427	F40	47	5053	Paula Costa	F	Galaicos	00:48:59
1428	M20	413	7297	Leonel Araujo	M	Passatempo Porto Alive	00:49:00
1429	M45	129	4788	António Ferreira	M	Slmdesign	00:49:04
1430	F35	55	2846	Miguel Cabugueira	F	Necas Run	00:49:04

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1431	M35	272	4528	Luis Pereira	M		00:49:05
1432	M40	185	2851	Jorge Rodrigues	M		00:49:05
1433	M60	21	6555	Abilio Soares	M	Individual	00:49:06
1434	M40	186	4691	Carlos Lima	M		00:49:07
1435	F35	56	2708	Elisabete Leca	F		00:49:07
1436	M20	414	4018	Hugo Queiros	M	Club-Tour	00:49:07
1437	M35	273	5323	Emanuel Santos	M		00:49:08
1438	M45	130	7094	Luis Oliveira	M	Porto Runners	00:49:08
1439	F20	120	2413	Joana Negrão	F	Treino No Parque	00:49:10
1440	M60	22	6599	Abilio Cortez Ferreira	M	Individual	00:49:10
1441	M35	274	2101	Ivo Carvalho	M		00:49:10
1442	M20	415	6527	Mario Minnemann	M	Individual	00:49:10
1443	M50	61	2177	Rui Rodrigues	M		00:49:10
1444	M17	30	2628	Pedro Almeida Tavares	M	Tavares	00:49:11
1445	M35	275	4661	Filipe Froufe	M		00:49:11
1446	M50	62	5460	Ricardo Arez	M	Hp Sousas	00:49:11
1447	F20	121	4510	Jani Mendes	F	Lartisti	00:49:12
1448	F20	122	2495	Patrícia Alves	F	Meandyou	00:49:12
1449	F45	38	2412	Isabel Baldaque	F	Treino No Parque	00:49:13
1450	M20	416	5414	Hugo Silva	M	1+1=2	00:49:15
1451	F20	123	2651	Claúdia Machado	F	Villaurbana Runners	00:49:16
1452	F20	124	5680	Elizabeth Braga	F	Individual	00:49:16
1453	M35	276	5681	Jose Filipe Simões	M	Individual	00:49:16
1454	M20	417	7194	Daniel Neves	M	Individual	00:49:16
1455	M20	418	7193	Bruno Neves	M	Individual	00:49:16
1456	F45	39	4586	Maria Teixeira	F		00:49:18
1457	F20	125	2407	Marcia Freitas	F		00:49:20
1458	F20	126	4912	Isabel Maio	F		00:49:20
1459	M20	419	567	Rui Neves	M		00:49:21
1460	M55	39	4823	Zeferino Ferreira	M	Ferreiras Night	00:49:22
1461	M35	277	2678	Paulo Andrade	M	Pernasus	00:49:22
1462	M17	31	4627	Gonçalo Silva	M	Guga Team	00:49:23
1463	M45	131	4651	Pedro Carvalho	M		00:49:24
1464	F45	40	7075	Esmeralda Silva	F	Porto Runners	00:49:24
1465	F40	48	2051	Ana Sofia	F	Antunes	00:49:25
1466	M17	32	5036	Diogo Guimarães	M	Guimarães	00:49:25
1467	M20	420	6859	Andre Monteiro	M	Nrunners	00:49:25
1468	F20	127	4026	Joana Lage	F	Club-Tour	00:49:25
1469	M45	132	4017	Jose Manuel Queiros	M	Club-Tour	00:49:26
1470	M35	278	5037	João Guimarães	M	Guimarães	00:49:26
1471	F35	57	2266	Célia Martins	F		00:49:27
1472	F20	128	5056	Ana Alves	F	Mestres Da Culinária	00:49:28
1473	F20	129	5436	Sara Rocha	F		00:49:28
1474	F20	130	2341	Rita Robalo	F		00:49:30
1475	M35	279	2631	Gonçalo Ferreira	M		00:49:30
1476	F45	41	2189	Louisa Fry	F	Batrunners	00:49:30
1477	M20	421	5605	Ricardo Elvas	M		00:49:32
1478	M60	23	6529	Augusto Oliveira	M	Individual	00:49:33
1479	F20	131	5682	Joana Ribeiro	F	Tartarugas Velozes	00:49:34
1480	M20	422	5638	Luís Lima	M	Tartarugas Velozes	00:49:34
1481	F35	58	5249	Célia Costa	F	Sis	00:49:35
1482	F45	42	504	Paula Silva	F	Zumba Running Team	00:49:35
1483	F20	132	2220	Marta Oliveira	F		00:49:36
1484	M20	423	2365	Silvio Monteiro	M		00:49:36
1485	F40	49	689	Ana Maria Martins	F		00:49:37

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1486	F45	43	450	Branca Marques	F		00:49:37
1487	F20	133	257	Mariana Santos	F	Edp Gas	00:49:38
1488	F17	13	7262	Joana Dias	F	Unicer - Vitalis	00:49:40
1489	M20	424	2670	Filipe Silva	M		00:49:40
1490	F45	44	7261	Cecilia Dias	F	Unicer - Vitalis	00:49:41
1491	M20	425	4240	Bruno Lopes	M	Unicer - Vitalis	00:49:41
1492	M55	40	7231	Joaquim Lopes	M	Unicer - Vitalis	00:49:41
1493	M45	133	4089	Joaquim Leite	M	Liberty Seguros	00:49:41
1494	M40	187	4067	Eduardo Pinto	M	Liberty Seguros	00:49:43
1495	M40	188	4228	Paulo Cartao	M	Liberty Seguros	00:49:44
1496	M40	189	562	Rui Soares	M		00:49:45
1497	M20	426	5083	Pedro Pinto	M	Night Runners	00:49:46
1498	M35	280	5170	Paulo Martins	M	Portugal Derosé Running Team	00:49:46
1499	M40	190	2717	Mário Correia	M		00:49:47
1500	M35	281	5448	Ricardo Batista	M	Cracks Clube De Lamego	00:49:50
1501	F20	134	2337	Sara Marques	F		00:49:50
1502	F35	59	4737	Ângela Morais	F		00:49:50
1503	M17	33	6957	Diogo Canito	M	Os Rompe Solas - Vila Do Conde	00:49:52
1504	M35	282	6956	Cesar Canito	M	Os Rompe Solas - Vila Do Conde	00:49:52
1505	M35	283	4015	Carlos Manuel Silva	M	Soc. Com. C. Santos	00:49:52
1506	M20	427	2579	João Roldão	M	Impuls	00:49:52
1507	F35	60	664	Vânia Guedes	F	Fast Ao Km	00:49:54
1508	F20	135	5361	Joana Marques	F		00:49:55
1509	F20	136	5562	Leonor Carvalho	F		00:49:55
1510	M35	284	625	Miguel Bagôrra	M		00:49:55
1511	M35	285	633	Miguel Angelo Lamas	M		00:49:56
1512	F35	61	4877	Marie-Theres Schmidt	F		00:49:56
1513	M35	286	7253	Rogério Moreira	M	Unicer - Vitalis	00:49:57
1514	M35	287	7158	Nuno Marques	M	Individual	00:49:57
1515	F40	50	5014	Sarah Silva	F	Paulo&Sarah	00:49:58
1516	M20	428	274	Jorge Costa	M	Porto Lazer	00:50:00
1517	M35	288	5253	Luís Pedro Afonso	M	Tartarugas Velozes	00:50:01
1518	F17	14	5443	Joana Teixeira	F	Notívagos	00:50:01
1519	M17	34	4239	Diogo Silva	M	Unicer - Vitalis	00:50:02
1520	M17	35	4238	Manuel Donga	M	Unicer - Vitalis	00:50:02
1521	F35	62	456	Marina Nunes	F	Wellrunner	00:50:03
1522	M20	429	5454	Jorge Teixeira	M	Trio Odemira	00:50:04
1523	M20	430	5455	Luis Teixeira	M	Trio Odemira	00:50:05
1524	F20	137	5453	Catarina Luis	F	Trio Odemira	00:50:05
1525	F45	45	5446	Vanda Sofia Teixeira	F	Notívagos	00:50:06
1526	M45	134	2739	João Carlos Teixeira	M	Notívagos	00:50:06
1527	M55	41	2806	João Paulo Barbot	M	Treino No Parque	00:50:07
1528	M20	431	2580	Pedro Silva	M	Impuls	00:50:08
1529	F40	51	7237	Maria Margarida Pereira	F	Unicer - Vitalis	00:50:09
1530	M35	289	2655	Nuno Esperança	M	Villaurbana Runners	00:50:09
1531	F20	138	2538	Joana Carvalho	F		00:50:09
1532	M35	290	2537	Nuno Silva	M		00:50:09
1533	M35	291	4190	Ricardo Azevedo	M	Liberty Seguros	00:50:10
1534	M35	292	4977	Carlos Cerqueira	M		00:50:11
1535	F40	52	677	Reka Baptista Coelho	F	Les Cops	00:50:11
1536	F35	63	5356	Caroline Huot	F	Les D H	00:50:11
1537	F40	53	5251	Maria João Machado	F	Sis	00:50:11
1538	F20	139	2649	Bárbara Gaspar	F	Villaurbana Runners	00:50:12
1539	F45	46	2770	Anabela Corceiro	F	Villaurbana Runners	00:50:12
1540	F35	64	531	Sandra Semblano	F	Tá Podendo	00:50:12



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1541	M35	293	530	Hugo Fernandes	M	Tá Podendo	00:50:12
1542	F20	140	4835	Raquel Carneiro	F		00:50:15
1543	M20	432	2303	Jorge Guerreiro	M	Kangaroo Runners	00:50:16
1544	M40	191	5440	João Lemos	M	Lemos & Carvalho	00:50:20
1545	M20	433	5485	Dennis Metz	M	Alejandra Metz	00:50:21
1546	F20	141	5484	Alejandra Metz	F	Alejandra Metz	00:50:21
1547	F20	142	2227	Bárbara Lima	F	Kangaroo Runners	00:50:22
1548	F35	65	4133	Isabel Silva	F	Liberty Seguros	00:50:23
1549	M20	434	4557	Andre Seabra	M	Hélder Personal	00:50:23
1550	M17	36	105	Eduardo Carvalho	M	Edp Gas	00:50:27
1551	F35	66	2662	Carla Faria	F		00:50:27
1552	F35	67	2842	Diana Amaral	F	Necas Run	00:50:28
1553	M20	435	391	Paulo Silva	M	Brigada Reumatica	00:50:29
1554	F20	143	4210	Claudia Silva	F	Liberty Seguros	00:50:29
1555	M35	294	2043	David Sousa	M		00:50:30
1556	F20	144	4650	Joana Tavares	F	Brigada Reumatica	00:50:30
1557	F40	54	2601	Sílvia Azevedo	F		00:50:31
1558	M55	42	106	Vitor Carvalho	M	Edp Gas	00:50:32
1559	F40	55	678	Sylvie Sachs	F	Les Cops	00:50:32
1560	F45	47	673	Isabelle Tamet	F	Les Cops	00:50:32
1561	F35	68	674	Joana Lima	F	Les Cops	00:50:32
1562	F45	48	675	Laurence Didillon	F	Les Cops	00:50:32
1563	F35	69	799	Magui Herbin	F		00:50:33
1564	F45	49	6951	Beatriz Gomes	F	Os Rompe Solas - Vila Do Conde	00:50:34
1565	F35	70	2148	Mariline Remoaldo	F		00:50:35
1566	F20	145	377	Lúcia Pinheiro	F		00:50:35
1567	F45	50	2068	Paula Pais	F		00:50:36
1568	M20	436	5666	Mario Vaz	M	Passatempo Nova Era	00:50:37
1569	M40	192	4197	Jorge Moreira	M	Liberty Seguros	00:50:40
1570	F35	71	6523	Renata Soares	F	Rppat	00:50:41
1571	M35	295	464	Nuno Filipe Nogueira	M		00:50:42
1572	F20	146	417	Maria Ines Pereira	F		00:50:42
1573	M20	437	601	Nuno Correia	M	Bodytone	00:50:44
1574	F20	147	506	Sandra Almeida	F	Zumba Running Team	00:50:44
1575	F40	56	502	Olga Samões	F	Zumba Running Team	00:50:44
1576	F20	148	508	Tânia Magalhães	F	Zumba Running Team	00:50:44
1577	F35	72	509	Vanessa Teixeira	F	Zumba Running Team	00:50:45
1578	M20	438	505	Rogério Mateus	M	Zumba Running Team	00:50:45
1579	F45	51	503	Paula Fidalgo	F	Zumba Running Team	00:50:45
1580	F45	52	497	Beatriz Beltrame	F	Zumba Running Team	00:50:45
1581	F20	149	5089	Ana Couto	F	Bodytone	00:50:45
1582	F45	53	5161	Teresa Kreisch	F		00:50:45
1583	M50	63	2555	Peter Kreisch	M		00:50:46
1584	F35	73	4893	Cristina Barroca	F	Tokaandar	00:50:46
1585	M17	37	2661	André Marques	M		00:50:46
1586	M20	439	564	André Barbosa	M		00:50:47
1587	F35	74	5481	Ana Lopes	F		00:50:49
1588	F17	15	4764	Andreia Costa	F	Running Team Lantemil	00:50:50
1589	M20	440	2685	Manuel Almeida	M	Meninos Da Lágrima	00:50:51
1590	F20	150	4069	Liliana Viana	F	Liberty Seguros	00:50:51
1591	F35	75	4006	Andrea Moreira	F	Soc. Com. C. Santos	00:50:52
1592	M17	38	4973	Fábio Oliveira	M	Hidromel	00:50:52
1593	F35	76	6832	Maria Fatima Pinto	F	Amigos Da Sofia	00:50:53
1594	F35	77	4068	Silvia Oliveira	F	Liberty Seguros	00:50:54
1595	F35	78	4665	Renata Vieira	F		00:50:57

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1596	F35	79	461	Gloria Vilas Boas	F	Run For Fun	00:50:57
1597	M20	441	462	Jose Cruz	M	Run For Fun	00:50:57
1598	F40	57	4641	Tania Sousa	F	Forrest Gumpers	00:50:59
1599	F20	151	4918	Sara Silva	F	Hidromel	00:51:00
1600	F20	152	5353	Rita Pereira	F	Meninos Da Lágrima	00:51:00
1601	M20	442	2496	Pedro Oliveira	M	Night Runners	00:51:00
1602	M20	443	245	Nelson Sousa	M	Edp Gas	00:51:02
1603	F45	54	123	Selene Vicente	F	Individual	00:51:04
1604	M45	135	7067	Antonio Silva	M	Porto Runners	00:51:04
1605	M35	296	4526	Tiago Carvalho	M		00:51:04
1606	M50	64	5429	Manuel Maia	M		00:51:05
1607	F35	80	5329	Paula Alves	F		00:51:07
1608	M35	297	2794	Miguel Teixeira	M		00:51:09
1609	F20	153	7183	Tabita Matos	F	Individual	00:51:13
1610	F45	55	4570	Ana Basto	F		00:51:13
1611	M40	193	6645	Paulo Sousa	M	Individual	00:51:13
1612	F35	81	6646	Patricia Sousa	F	Individual	00:51:13
1613	F20	154	5360	Andrea Reis	F		00:51:14
1614	F20	155	6534	Joana Mafalda Ferreira	F	Individual	00:51:14
1615	F20	156	4597	Joana Pereira	F		00:51:15
1616	F35	82	732	Sandra Amorim	F		00:51:15
1617	F40	58	797	Elsa Ribeiro	F		00:51:15
1618	M20	444	5542	Fernando Moreira	M		00:51:15
1619	F20	157	4957	Sofia Ferreira	F	Casa Da Música	00:51:18
1620	M40	194	5431	Francisco Felix	M	Pato Felix	00:51:20
1621	F45	56	5430	Alexandra Pato	F	Pato Felix	00:51:20
1622	M20	445	4813	Antonio Correia	M		00:51:21
1623	F20	158	636	Diana Alves	F		00:51:22
1624	F35	83	4572	Andreia Vieira	F		00:51:23
1625	M35	298	5372	Pedro Gil Alves	M	Os Carros Vassoura	00:51:23
1626	M20	446	2209	André Santos	M		00:51:26
1627	M40	195	2246	Luís Almeida	M	Kássilda 2	00:51:26
1628	F35	84	2212	Sara Correia	F	Kássilda	00:51:27
1629	M20	447	6834	Joao Ferreira	M	Amigos Da Sofia	00:51:28
1630	F40	59	69	Cristina Martins	F	Unicer - Vitalis	00:51:29
1631	M35	299	4555	Sérgio Paulo Quintas	M		00:51:29
1632	F17	16	556	Filomena Pereira	F	Os Amigos Da Invicta	00:51:29
1633	M50	65	558	Manuel Pereira	M	Os Amigos Da Invicta	00:51:29
1634	F20	159	130	Mariana Oliveira	F	Edp Gas	00:51:29
1635	F35	85	5625	Sandra Pinto	F		00:51:30
1636	M35	300	4191	Rui Caseira	M	Liberty Seguros	00:51:31
1637	M35	301	4666	Avelino Ramos	M		00:51:31
1638	M50	66	6922	Paulo Rocha	M	C V Porto	00:51:32
1639	F20	160	72	Raquel Vieira	F	Elite Team	00:51:33
1640	M40	196	2362	Carlos Cabouco	M		00:51:34
1641	M20	448	2578	Bruno Santos	M	Impuls	00:51:35
1642	F35	86	2397	Joana Araújo	F	Inimigos Do Podium	00:51:36
1643	M18	12	5557	José Ribeiro	M	As Belicas	00:51:36
1644	F45	57	2417	Mafalda Gramaxo	F	Treino No Parque	00:51:36
1645	F35	87	4675	Cristina Sampaio	F	Forrest Gumpers	00:51:37
1646	M35	302	5501	Nelson Cruz	M	Nortitec	00:51:38
1647	F20	161	778	Maria Magalhães	F	As Belicas	00:51:39
1648	M55	43	6952	Antonio Santos	M	Os Rompe Solas - Vila Do Conde	00:51:39
1649	F20	162	4596	Teresa Xavier	F		00:51:40
1650	M20	449	5411	Nuno Ferreira	M	Os Principiantes	00:51:41

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1651	M35	303	5182	Pedro Pereira	M		00:51:42
1652	M55	44	2782	Yannick Charruyer	M	Os Vaux De Benassay	00:51:42
1653	M60	24	6911	Manuel Pereira	M	C V Porto	00:51:42
1654	M35	304	2673	Carlos Oliveira	M		00:51:43
1655	F35	88	5500	Ana Reis	F	Nortitec	00:51:44
1656	M20	450	5434	Orlando Cardoso	M	Coolentos Doctors	00:51:44
1657	F35	89	2297	Susana Rodrigues	F	Os Cinco	00:51:46
1658	M45	136	399	Oscar Leal	M		00:51:46
1659	M40	197	426	Paulo Carneiro	M		00:51:46
1660	M40	198	4732	Paulo Sena	M		00:51:47
1661	M55	45	5458	Jose Silva	M	São Pedro	00:51:48
1662	M35	305	2225	Pedro Feitais	M		00:51:48
1663	M20	451	5588	Pedro Teixeira	M	Os Icas	00:51:49
1664	F35	90	2395	Carla Faria	F	Inimigos Do Podium	00:51:51
1665	M40	199	210	Rui Couto Viana	M	Edp Gas	00:51:53
1666	F45	58	4503	Maria João Oliveira E Silva	F		00:51:54
1667	M20	452	5017	David Teixeira	M	Teixeira E Gomes	00:51:55
1668	F20	163	4605	Marta Gomes	F		00:51:55
1669	M60	25	6819	Jose Santos	M	Individual	00:51:58
1670	F20	164	4623	Cristina Correia	F		00:51:58
1671	F35	91	2644	Alice Costa	F	Wearein	00:52:00
1672	F20	165	4061	Carla Marques Araujo	F	Liberty Seguros	00:52:01
1673	M35	306	4659	Carlos Carvalho	M		00:52:02
1674	F20	166	4890	Susana Carvalho	F		00:52:03
1675	F40	60	209	Patricia Couto Viana	F	Edp Gas	00:52:04
1676	F20	167	2090	Maryann Pires	F		00:52:05
1677	M17	39	4699	Rui Finteiro	M		00:52:11
1678	F45	59	4698	Maria Do Céu Ribeiro	F		00:52:12
1679	F35	92	1503	Natalia Beleza	F	N A Cucujaes	00:52:13
1680	M55	46	6910	Henrique Goncalves	M	C V Porto	00:52:14
1681	F20	168	4624	Cátia Saramago	F		00:52:16
1682	F40	61	113	Catarina Castro	F	Cgd Monte Dos Burgos	00:52:17
1683	F35	93	7116	Arlete Sousa	F	Idealkorpus Club Running	00:52:19
1684	M17	40	5445	Pedro Nuno Teixeira	M	Notívagos	00:52:20
1685	M17	41	5442	Artur Afonso Matos	M	Notívagos	00:52:20
1686	M40	200	5348	Helder Pinho	M		00:52:21
1687	F20	169	2737	Cláudia Marques	F		00:52:21
1688	M40	201	2084	Miguel Pimenta	M		00:52:22
1689	F20	170	4816	Andreia Bessa	F		00:52:24
1690	F20	171	157	Luisa Alves	F	Edp Gas	00:52:24
1691	M20	453	156	Rui Andre Rodrigues	M	Edp Gas	00:52:24
1692	M45	137	2508	João Almeida	M	Corre...Corre..	00:52:29
1693	M35	307	6999	Antonio Santos	M	Individual	00:52:29
1694	M45	138	2507	Fernando Costa	M	Corre...Corre..	00:52:29
1695	M60	26	2433	Fernando Oliveira	M	Derose Running Team	00:52:30
1696	M17	42	5482	Hugo Silva	M	H & M	00:52:31
1697	M20	454	5576	Ricardo Fontes	M		00:52:32
1698	M20	455	5389	João Tavares	M	Ciclorunners	00:52:33
1699	M20	456	5390	Pedro Melo	M	Ciclorunners	00:52:34
1700	M20	457	5541	Miguel Mendes	M		00:52:34
1701	M45	139	5483	Miguel Mendes	M	H & M	00:52:36
1702	F20	172	2249	Luísa Rebelo	F		00:52:39
1703	M40	202	5211	Paulo Almeida	M	Porto Tónico	00:52:39
1704	F45	60	5214	Teresa Sousa	F	Porto Tónico	00:52:39
1705	M50	67	5209	Carlos Cardoso	M	Porto Tónico	00:52:39

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1706	F45	61	5210	Isabel Carvalho	F	Porto Tónico	00:52:39
1707	M20	458	5195	Carlos Faria	M		00:52:41
1708	M35	308	5596	Telmo Jorge Rodrigues	M		00:52:41
1709	F20	173	2088	Isabel Cabral	F		00:52:42
1710	F20	174	5520	Mariana Castro	F	Oralsaúde	00:52:43
1711	F20	175	110	Sonia Sousa	F	Edp Gas	00:52:44
1712	F35	94	5074	Angelina Mota	F	Gazelas Do "Espiche"	00:52:44
1713	M35	309	4968	Orlando Magalhães	M	Bolt1	00:52:45
1714	M50	68	5316	Luís Cardoso	M	Cardoso Family	00:52:46
1715	M35	310	4589	Nuno Silva	M		00:52:47
1716	F18	6	5104	Francisca Sousa	F	Bolt1	00:52:49
1717	F45	62	2224	Maria Isabel Castro	F		00:52:49
1718	M35	311	160	Rui Araujo	M	Edp Gas	00:52:50
1719	F35	95	413	Sandra Loibl	F	Individual	00:52:50
1720	F20	176	5672	Sonia Tavares	F	Passatempo Nova Era	00:52:51
1721	F40	62	5318	Paula Macedo	F	Mãe E Bina	00:52:51
1722	F35	96	5673	Ana Maria Parreira	F	Passatempo Nova Era	00:52:51
1723	F20	177	4786	Rita Rebelo	F	Gogogirls	00:52:54
1724	F20	178	4782	Isabel Henriques	F	Gogogirls	00:52:54
1725	F20	179	4784	Joana Rebelo	F	Gogogirls	00:52:54
1726	F20	180	4777	Ana Rita Couto	F	Gogogirls	00:52:54
1727	M35	312	4711	Filipe Castro	M	Oito Pernas	00:52:55
1728	F20	181	4713	Sónia Castro	F	Oito Pernas	00:52:55
1729	M20	459	2489	Jorge Martins	M	Upandaway	00:52:56
1730	M20	460	2490	Mario Nogueira	M	Upandaway	00:52:56
1731	F35	97	5387	Vera Gil	F	Fanecas E Cavalos	00:52:56
1732	M20	461	5385	Daniel Anjo	M	Fanecas E Cavalos	00:52:56
1733	M20	462	272	Jose Rui Cardoso	M	Porto Lazer	00:52:59
1734	M45	140	2532	André Amorim	M		00:52:59
1735	F20	182	270	Isabel Vallada	F	Porto Lazer	00:53:00
1736	F20	183	2541	Sofia Andreia Correia	F	Terríveis Da Noite	00:53:02
1737	M35	313	680	Rui Ferreira	M	Terríveis Da Noite	00:53:02
1738	M20	463	620	Helder Ferreira	M	Terríveis Da Noite	00:53:02
1739	F35	98	2146	Isabel Silva	F	Familia_Silva	00:53:05
1740	M35	314	2147	Rui Silva	M	Familia_Silva	00:53:05
1741	F40	63	6830	Sandra Castro	F	Amigos Da Sofia	00:53:06
1742	F35	99	6829	Sofia Ferreira	F	Amigos Da Sofia	00:53:06
1743	M35	315	6831	Luis Silva	M	Amigos Da Sofia	00:53:06
1744	M20	464	4052	Geminiano Piedade	M	Liberty Seguros	00:53:07
1745	M20	465	4147	Pedro Ferreira	M	Liberty Seguros	00:53:07
1746	F20	184	4043	Joana Santos	F	Liberty Seguros	00:53:08
1747	F20	185	5692	Bruna Magalhaes	F	Passatempo Nova Era	00:53:08
1748	F20	186	5679	Sonia Silva	F	Passatempo Nova Era	00:53:09
1749	M35	316	2845	Miguel Amaral	M	Necas Run	00:53:10
1750	F40	64	4580	Carla Martins	F	Irmandade Do Enfarte	00:53:11
1751	F20	187	4743	Julia Sampaio	F		00:53:11
1752	F20	188	5549	Carla Sofia	F		00:53:12
1753	M20	466	2789	Elias Barros	M		00:53:12
1754	F20	189	4149	Ana Esteves	F	Liberty Seguros	00:53:13
1755	F45	63	639	Hermínia Oliveira	F		00:53:16
1756	F40	65	5558	Susana Ribeiro	F		00:53:20
1757	F35	100	618	Anabela Costa	F		00:53:21
1758	M20	467	6969	Osmar Moura	M	Osmar Team	00:53:22
1759	F35	101	7217	Anabela Martins	F	Unicer - Vitalis	00:53:22
1760	M35	317	4066	Augusto Rodrigues	M	Liberty Seguros	00:53:24

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1761	F35	102	4070	Marta Monteiro	F	Liberty Seguros	00:53:24
1762	M40	203	6520	Paulo Nuno Sousa	M	Individual	00:53:25
1763	F40	66	2707	Sara Campos	F		00:53:25
1764	M40	204	2706	João Amaral	M		00:53:25
1765	F20	190	2848	Andreia Sousa	F	Os Tartarugas	00:53:26
1766	M20	468	2850	Vítor Barbosa	M	Os Tartarugas	00:53:26
1767	F20	191	4826	Ana Pinto	F		00:53:30
1768	F20	192	2834	Mariana Ottati	F	Costa Matos Team	00:53:31
1769	M35	318	2835	Oscar Figueiredo	M	Costa Matos Team	00:53:31
1770	M20	469	2837	Ruben Vieira	M	Costa Matos Team	00:53:31
1771	F45	64	813	Fernanda Borges	F	Costa Matos Team	00:53:31
1772	M35	319	5222	Dino Almeida	M	Os Vasourinhas	00:53:32
1773	F40	67	2838	Sonia Calejo	F	Costa Matos Team	00:53:32
1774	M45	141	4829	José Barbosa	M		00:53:32
1775	M40	205	5367	Pedro Barros	M		00:53:35
1776	M20	470	5405	André Barbosa	M		00:53:35
1777	F20	193	5406	Sara Barbosa	F		00:53:36
1778	F20	194	5583	Joana Santos	F	Os Icas	00:53:37
1779	M20	471	5586	Nuno Guedes	M	Os Icas	00:53:37
1780	M20	472	6656	Pedro Cardoso	M	Individual	00:53:39
1781	M35	320	6857	Nuno Gomes	M	Nrunners	00:53:41
1782	M45	142	800	Nuno Barros	M		00:53:41
1783	F20	195	6517	Isabel Maria Dias	F	Individual	00:53:41
1784	M35	321	6516	Jorge Pereira Ferreira	M	Individual	00:53:41
1785	F20	196	2657	Silvia Vieira	F	Villaurbana Runners	00:53:42
1786	F20	197	5281	Elisabete Magalhães	F	Sapateiros Da Aldeola	00:53:43
1787	F20	198	4562	Candida Cruz	F		00:53:43
1788	F40	68	4599	Margarida Fardilha	F	Fardilha Team	00:53:43
1789	F40	69	5173	Ana Vale	F		00:53:45
1790	F40	70	4809	Paula Daniel	F	All Among&Together Team	00:53:45
1791	M20	473	2698	Jose Gama	M		00:53:49
1792	M35	322	5512	Renato Pinto	M	Gasolina Sem Chumbo	00:53:50
1793	F20	199	5199	Ana Macedo	F	Poteentes	00:53:53
1794	M20	474	2253	Emanuel Correia	M		00:53:53
1795	F17	17	5227	Francisca Meinedo	F	Mlmcm	00:53:56
1796	M40	206	5234	José Meinedo	M	Mlmcm	00:53:56
1797	M40	207	4712	Ricardo Ribeiro	M	Oito Pernas	00:53:57
1798	F35	103	4714	Susana Rodrigues	F	Oito Pernas	00:53:57
1799	F20	200	5670	Patricia Ramos	F	Individual	00:53:59
1800	F20	201	5669	Liliana Fraga	F	Individual	00:53:59
1801	F18	7	5282	Maria Leal	F	Sapateiros Da Aldeola	00:54:00
1802	M20	475	5473	Pedro Branco	M	Team Moustacheros	00:54:01
1803	M20	476	5470	João Cotta	M	Team Moustacheros	00:54:01
1804	F20	202	5582	Rita Moreira	F	Team Moustacheros	00:54:02
1805	F17	18	5474	Sofia Moreira	F	Team Moustacheros	00:54:02
1806	F20	203	5472	Marisa Silva	F	Team Moustacheros	00:54:03
1807	M40	208	5012	António Costa	M		00:54:04
1808	F40	71	5555	Teresa Rocha	F		00:54:05
1809	F35	104	5023	Tânia Pinto	F		00:54:07
1810	M35	323	2459	António Ambrósio	M		00:54:07
1811	F40	72	4235	Paula Marinho	F	Unicer - Vitalis	00:54:08
1812	M45	143	4626	Constantino Lopes	M		00:54:11
1813	M40	209	7232	Jorge Moutinho	M	Unicer - Vitalis	00:54:12
1814	M17	43	5150	Luis Filipe Silva	M	Familia Santos E Silva	00:54:12
1815	M35	324	5151	Manuel Santos	M	Familia Santos E Silva	00:54:12



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1816	F20	204	784	Ana Tato	F		00:54:15
1817	F20	205	5038	Dora Neiva	F		00:54:17
1818	M20	477	5305	Ricardo Marinho	M	Nortenhos	00:54:17
1819	M40	210	807	Vitor Vilas Boas	M		00:54:18
1820	F20	206	5610	Francisca Gonçalves	F	Road To Vegas 2014	00:54:20
1821	F20	207	5611	Sofia Moniz	F	Road To Vegas 2014	00:54:20
1822	F20	208	5132	Helena Ribeiro	F	Caetano Runners	00:54:21
1823	M20	478	2810	Bruno Mota	M	German	00:54:22
1824	F20	209	805	Nadine Hoeger	F	German	00:54:22
1825	F20	210	4818	Ana Meneses	F		00:54:28
1826	M40	211	5002	Manuel Lobão	M		00:54:30
1827	M20	479	7216	Bruno Teixeira	M	Unicer - Vitalis	00:54:33
1828	M20	480	4709	Nuno Neves	M		00:54:38
1829	M50	69	782	Jose Neves	M		00:54:39
1830	M60	27	4690	Jose Esperança	M		00:54:41
1831	M20	481	2410	Filipa Santos	M	Treino No Parque	00:54:41
1832	M55	47	2415	José Santos	M	Treino No Parque	00:54:41
1833	F20	211	4708	Laura Azevedo	F	Futebol Clube Do Porto	00:54:43
1834	M20	482	5039	António Andrade	M		00:54:46
1835	F20	212	4513	Vânia Veludo	F	Lartisti	00:54:48
1836	M20	483	4972	Filipe Silva	M		00:54:53
1837	M35	325	5515	Hugo Pais Da Silva	M		00:54:54
1838	M20	484	76	Andreia Pacheco	M	Elite Team	00:54:57
1839	F20	213	74	Susana Alves	F	Elite Team	00:54:57
1840	F20	214	4168	Ines Mariano	F	Liberty Seguros	00:54:58
1841	M20	485	4154	Miguel Lima	M	Club-Tour	00:55:00
1842	F40	73	5325	Susana Ferreira	F	Tartarugas	00:55:01
1843	M20	486	9	Nilton Bala	M	Individual	00:55:02
1844	F20	215	1	Maria Cerqueira Gomes	F	Individual	00:55:02
1845	F20	216	6783	Vania Silva	F	Individual	00:55:03
1846	F20	217	6536	Marisa Sofia Silva	F	Individual	00:55:03
1847	F20	218	6782	Barbara Silva	F	Individual	00:55:03
1848	F20	219	4900	Claudia Coelho	F		00:55:07
1849	F20	220	783	Diana Costa Sampaio	F		00:55:07
1850	M17	44	4789	Sebastião Ferreira	M	SImdesign	00:55:15
1851	F45	65	5620	Lynn Salt	F		00:55:16
1852	M55	48	5598	Matthew Salt	M		00:55:16
1853	F20	221	2832	Ana Fernandes	F	Costa Matos Team	00:55:18
1854	M20	487	453	Pedro Lemos	M		00:55:18
1855	F45	66	5003	Virginia Regufe	F		00:55:20
1856	M60	28	256	Antonio Ferrao	M	Edp Gas	00:55:23
1857	F20	222	237	Andreia Silva	F	Edp Gas	00:55:25
1858	M20	488	236	Arlindo Santos	M	Edp Gas	00:55:25
1859	F20	223	2265	Mariana Barbosa	F		00:55:27
1860	M50	70	5492	Francisco Almeida	M		00:55:27
1861	F20	224	2833	Joana Cruz	F	Costa Matos Team	00:55:28
1862	F45	67	5178	Benvinda Rosalino	F		00:55:28
1863	M35	326	2517	Miguel Costa	M	Gt Runners	00:55:28
1864	F40	74	6853	Laurentina Barros	F	Individual	00:55:29
1865	M55	49	4577	Fernando Botelho	M	Bitious	00:55:29
1866	F35	105	5101	Amália Costa	F	Gt Runners	00:55:29
1867	M35	327	5052	Pedro Cunha	M		00:55:29
1868	M20	489	5134	Antonio Moreira	M		00:55:29
1869	F20	225	6701	Marta Monteiro	F	Individual	00:55:29
1870	F35	106	4071	Isabel Pinto	F	Liberty Seguros	00:55:30

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1871	F20	226	6518	Silvia Sousa	F	Individual	00:55:30
1872	F20	227	2399	Lurdes Coelho	F	Inimigos Do Podium	00:55:31
1873	F20	228	4564	Carla Martins	F	Medense	00:55:31
1874	M20	490	4862	Bruno Pereira	M	As Sheilonas	00:55:32
1875	F17	19	4867	Sónia Andrade	F	As Sheilonas	00:55:32
1876	M20	491	4153	Sergio Pereira	M	Liberty Seguros	00:55:33
1877	F20	229	2134	Ana Barros	F		00:55:34
1878	F17	20	5463	Luisa Marques	F	Já Merecemos Uma Cervejola	00:55:38
1879	F20	230	5349	Marta Cordeiro	F	Já Merecemos Uma Cervejola	00:55:38
1880	M35	328	2122	Sérgio Guimarães	M	City Runners	00:55:41
1881	F40	75	2120	Marieta Santos	F	City Runners	00:55:41
1882	F40	76	2629	Sandra Cristina Tavares	F	Tavares	00:55:44
1883	M20	492	4880	Bruno Rodrigues	M		00:55:45
1884	M60	29	5511	Fernando Rodrigues	M		00:55:47
1885	F17	21	2526	Helena Teixeira	F	Os Vamosatodas	00:55:49
1886	M17	45	2528	Rui Riboeira	M	Os Vamosatodas	00:55:49
1887	F40	77	547	Carminho Martins	F		00:55:49
1888	F20	231	6721	Andreia Mendes	F	Individual	00:55:50
1889	F20	232	2456	Ana Rosinhas	F		00:55:52
1890	M40	212	4220	Mario Paiva	M	Liberty Seguros	00:55:53
1891	M40	213	6553	Jose Luis Martins	M	Individual	00:55:53
1892	F40	78	6554	Cristina Martins	F	Individual	00:55:54
1893	M20	493	6639	Renato Ferreira	M	Mcg	00:55:55
1894	M40	214	5233	Jorge Casais	M	Mlmcm	00:55:57
1895	M20	494	7016	Roberto Marques	M	Individual	00:55:57
1896	F20	233	6641	Dulceeline Jamal	F	Individual	00:55:59
1897	M20	495	6643	Marco Anjos	M	Individual	00:55:59
1898	F40	79	6644	Vitoria Costa	F	Individual	00:55:59
1899	M20	496	6992	Pedro Patricio	M	Individual	00:55:59
1900	F20	234	6993	Alexandra Marcos	F	Individual	00:55:59
1901	M20	497	6642	Mario Ramos	M	Individual	00:55:59
1902	F20	235	5537	Liliana Lopes	F		00:56:00
1903	M20	498	5538	João Lopes	M		00:56:00
1904	M40	215	2656	Rui Barata	M	Villaurbana Runners	00:56:02
1905	M50	71	2161	Gianpietro Merli	M	Donos Da Estrada	00:56:02
1906	F17	22	5301	Barbara Oliveira	F	Guga Team	00:56:10
1907	F45	68	6623	Eduarda Almeida	F	G D Banco Portugal	00:56:10
1908	F20	236	4656	Gisela Morais	F		00:56:11
1909	M20	499	4565	Jorge Timoteo	M	Medense	00:56:13
1910	F20	237	2045	Marcia Timoteo	F	Medense	00:56:14
1911	F35	107	5308	Sofia Marques	F		00:56:14
1912	M20	500	5124	Pedro Marques	M	Antipe	00:56:15
1913	M35	329	2252	David Carvalho	M		00:56:16
1914	F20	238	5123	Andreia Duarte	F	Antipe	00:56:18
1915	M45	144	2836	Pedro Mendomça	M	Costa Matos Team	00:56:26
1916	F20	239	2310	Cláudia Pereira	F	M&Ms	00:56:27
1917	M20	501	2311	Jorge Ricardo Bastos	M	M&Ms	00:56:28
1918	M40	216	5155	Fernando Monteiro	M		00:56:31
1919	M40	217	5218	Paulo Teixeira	M	Acorrerficamosenormes	00:56:32
1920	F45	69	410	Claudia Rodrigues	F		00:56:33
1921	M45	145	409	Antonio Santiago	M		00:56:33
1922	M40	218	4774	Telmo Monteiro	M		00:56:36
1923	M35	330	2598	Ricardo Monteiro	M		00:56:36
1924	F40	80	2766	Adriana Aboim	F	Run For Fun	00:56:36
1925	F35	108	2767	Daniela Michelli	F	Run For Fun	00:56:37

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1926	F20	240	5063	Liliane Pereira	F	Night Runners	00:56:39
1927	F17	23	4718	Clara Bacelar	F		00:56:39
1928	F20	241	593	Regina Cunha	F	Night Runners	00:56:39
1929	M20	502	2497	Pedro Pereira	M	Night Runners	00:56:40
1930	F45	70	372	Julia Goncalves	F		00:56:40
1931	M45	146	81	Carlos Gandra	M	Edp Gas	00:56:43
1932	M20	503	4810	Rui Leite Castro	M		00:56:43
1933	M35	331	5667	Gabriel Santos	M	Passatempo Nova Era	00:56:47
1934	M35	332	6968	Eurico Moura	M	Osmar Team	00:56:47
1935	M50	72	5304	Anibal Marinho	M	Nortenhos	00:56:53
1936	M20	504	5630	Raphael Stanzani	M		00:56:57
1937	F35	109	4660	Catarina Azevedo	F		00:56:59
1938	M20	505	2382	Amílcar César	M	The A-Team	00:57:02
1939	F45	71	806	Isabel Santos	F		00:57:03
1940	M20	506	5016	Sérgio Oliveira	M	The A-Team	00:57:03
1941	F45	72	378	Regina Soares	F		00:57:04
1942	M40	219	2067	Manuel Teixeira	M		00:57:04
1943	F35	110	4754	Susana Teixeira	F		00:57:05
1944	F20	242	551	Fabiana Ferreira	F		00:57:07
1945	M20	507	552	Jonas Moreira	M		00:57:07
1946	M35	333	2263	Jorge Lima	M		00:57:10
1947	F20	243	4836	Liliana Laranjo	F		00:57:10
1948	F20	244	4873	Filipa Gomes	F		00:57:11
1949	M35	334	4856	Rui Alves	M		00:57:11
1950	M40	220	5371	Luis Rodrigues	M		00:57:14
1951	F20	245	2728	Bárbara Leal	F		00:57:14
1952	F40	81	2672	Cristina Ferra	F		00:57:14
1953	M40	221	2642	Raul Peña	M		00:57:15
1954	F20	246	4837	Catarina Carvalho	F		00:57:16
1955	F20	247	4207	Monica Araujo	F	Liberty Seguros	00:57:16
1956	F20	248	6892	Sandra Dias	F	Europacolon	00:57:17
1957	M35	335	6893	Manuel Faria	M	Europacolon	00:57:17
1958	F35	111	4884	Ana Rodrigues	F		00:57:17
1959	M35	336	5013	Paulo Silva	M	Paulo&Sarah	00:57:18
1960	M35	337	6967	Ruben Moura	M	Osmar Team	00:57:22
1961	M20	508	7129	Tiago Regala	M	Idealkorpus Club Running	00:57:23
1962	F20	249	7128	Patricia Teixeira	F	Idealkorpus Club Running	00:57:23
1963	F20	250	5498	Silvia Queiros	F		00:57:23
1964	M17	46	515	Bernardo Rocha	M	Salazares	00:57:23
1965	F40	82	4841	Sandra Coelho	F	Salazares	00:57:24
1966	M20	509	5521	Nuno Pires	M	Oralsaúde	00:57:25
1967	M20	510	5516	Carlos Maia	M	Oralsaúde	00:57:29
1968	M20	511	4707	Jorge Rodrigues	M	Jorge Miguel Leitão Rodrigues	00:57:32
1969	F20	251	5519	Joana Oliveira	F	Oralsaúde	00:57:32
1970	M50	73	4706	Armindo Coelho	M	Jorge Miguel Leitão Rodrigues	00:57:32
1971	F20	252	5438	Vera Gonçalves	F		00:57:33
1972	F45	73	4849	Ana Rodrigues	F		00:57:34
1973	M20	512	4727	Ricardo Carvalho	M		00:57:35
1974	F20	253	2202	María Sánchez	F		00:57:35
1975	M40	222	2599	Enrique Montoya	M		00:57:36
1976	F45	74	626	Winifred Donlon	F		00:57:37
1977	M17	47	5175	Pedro Oliveira	M	Oliveiras	00:57:38
1978	M40	223	5177	Marco Oliveira	M		00:57:39
1979	F20	254	419	Inês Oliveira	F		00:57:40
1980	F20	255	4815	Paula Mosa	F		00:57:40

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
1981	M55	50	6622	Jose Mosa	M	G D Banco Portugal	00:57:40
1982	M35	338	6621	Hugo Pires	M	G D Banco Portugal	00:57:40
1983	F35	112	4145	Carla Amorim	F	Liberty Seguros	00:57:42
1984	M35	339	4144	Carlos Cruz	M	Liberty Seguros	00:57:42
1985	F35	113	4583	Ana Boa	F	Irmandade Do Enfarte	00:57:44
1986	M20	513	6728	Tiago Dias	M	Individual	00:57:44
1987	M50	74	2259	Luis Marrana	M		00:57:45
1988	M20	514	5447	Nuno Lameirinhas	M		00:57:46
1989	F45	75	2307	Laura Martins	F		00:57:50
1990	F35	114	2659	Vitória Martins	F	Villaurbana Runners	00:57:51
1991	F20	256	757	Susana Moreira	F		00:57:51
1992	F20	257	2650	Cátia Silva	F	Villaurbana Runners	00:57:51
1993	F40	83	5402	Graça Casal	F		00:57:52
1994	M35	340	2803	Carlos Soares	M	Caes Do Monte	00:57:52
1995	M20	515	2527	Hugo Castro	M	Os Vamosatodas	00:57:53
1996	M35	341	7222	Bruno Freitas	M	Unicer - Vitalis	00:57:57
1997	M40	224	4140	Rui Jorge Barreiro	M	Liberty Seguros	00:57:58
1998	F35	115	6707	Sonia Relvas	F	Individual	00:58:01
1999	M35	342	6708	Orlando Ribeiro	M	Individual	00:58:01
2000	F17	24	2645	Claudia Amaral	F	Wearein	00:58:04
2001	M40	225	2700	Jorge Ribeiro	M	First Team	00:58:05
2002	F40	84	539	Isabel Paiva De Sousa	F		00:58:06
2003	F35	116	5597	Rute Gonçalves	F		00:58:09
2004	F20	258	4581	Elisabeth Santos	F	Irmandade Do Enfarte	00:58:10
2005	F20	259	5040	Célia Santos	F	Oschniromira	00:58:10
2006	F20	260	725	Joana Matos	F	Rios Team	00:58:10
2007	M20	516	5041	Helder Azevedo	M	Oschniromira	00:58:10
2008	F20	261	724	Ines Moura	F	Rios Team	00:58:11
2009	M17	48	4139	Jose Luis Pita	M	Liberty Seguros	00:58:21
2010	M17	49	4138	Andre Pita	M	Liberty Seguros	00:58:21
2011	F20	262	5332	Filipa Cruz	F	Legs On Fire	00:58:28
2012	F20	263	5331	Bruna Brito	F	Legs On Fire	00:58:28
2013	F35	117	6982	Isabel Guedes	F	Individual	00:58:30
2014	M20	517	5380	Tiago Cunha	M	First Team	00:58:39
2015	F20	264	5461	Sara Pereira	F	Hp Sousas	00:58:39
2016	F45	76	7178	Tomasia Escoval	F	Individual	00:58:45
2017	M20	518	708	Sérgio Borges	M	4run	00:58:46
2018	F18	8	705	Ana Costa	F	4run	00:58:46
2019	M17	50	276	Goncalo Roncha	M	Porto Lazer	00:58:46
2020	M20	519	707	Nuno Costa	M	4run	00:58:47
2021	M20	520	5468	Carlos Teixeira	M	Team Moustacheros	00:58:48
2022	F20	265	5469	Flávia Freitas	F	Team Moustacheros	00:58:48
2023	M35	343	4679	Nuno Freitas Rodrigues	M		00:58:49
2024	F17	25	5491	Maria Alice Almeida	F		00:58:49
2025	M20	521	5327	Andrew Shore	M		00:58:51
2026	M20	522	5334	Fabio Oliveira	M	Bteam	00:58:51
2027	F35	118	4905	Sonia Gomes	F		00:58:51
2028	F20	266	2679	Teresa Henriques	F	Pernasus	00:58:54
2029	M45	147	216	Paulo Nogueira	M	Edp Gas	00:58:55
2030	F35	119	5568	Sílvia Rodrigues	F		00:58:55
2031	M35	344	5629	Armindo Correia	M		00:58:55
2032	F20	267	217	Ana Filipa Mota	F	Edp Gas	00:58:55
2033	F45	77	4692	Maria Gomes	F		00:58:58
2034	F40	85	277	Susana Goncalves	F	Porto Lazer	00:59:00
2035	M40	226	7113	Antonio Manuel Almeida	M	Individual	00:59:00

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2036	M35	345	4217	Helder Vieira	M	Liberty Seguros	00:59:01
2037	F35	120	4216	Michele Rodrigues	F	Liberty Seguros	00:59:01
2038	M40	227	5437	Pedro Valério	M	Onemanteam	00:59:02
2039	M35	346	4827	José Goncalves	M		00:59:04
2040	F20	268	4801	Teresa Santos	F		00:59:04
2041	M50	75	2098	Bernardino Gabriel	M		00:59:05
2042	F45	78	2097	Maria Martins	F		00:59:05
2043	F20	269	6864	Fatima Santos	F	Clube Pessoal Edp - Porto	00:59:05
2044	M20	523	4808	João Muchagata	M		00:59:05
2045	M20	524	2359	André Pereira	M		00:59:07
2046	F20	270	2358	Bárbara Moura	F		00:59:08
2047	F35	121	4894	Isabel Monteiro	F	Tokaandar	00:59:08
2048	M35	347	4898	Ricardo Paiva	M	Tokaandar	00:59:09
2049	M50	76	4883	Carlos Rodrigues	M		00:59:11
2050	F40	86	4901	Salomé Navarro	F		00:59:11
2051	M20	525	6818	Nuno Rocha	M	Individual	00:59:11
2052	F20	271	2674	Ana Silva	F	Pernasus	00:59:12
2053	F20	272	6964	Angela Barroso	F	Osmar Team	00:59:16
2054	M45	148	4584	José Miranda	M	Irmandade Do Enfarte	00:59:19
2055	F45	79	5257	Marília Mano	F	Irmandade Do Enfarte	00:59:19
2056	M17	51	684	Pedro Freitas	M		00:59:21
2057	F35	122	537	Anabela Leite	F		00:59:22
2058	M45	149	7096	Manuel Ferreira	M	Porto Runners	00:59:23
2059	M35	348	5475	António Bogado	M		00:59:24
2060	F20	273	6677	Catia Pacheco	F	Individual	00:59:26
2061	M40	228	48	Paulo Machado	M	Individual	00:59:30
2062	M20	526	6676	Nuno Santos	M	Individual	00:59:30
2063	F35	123	47	Isabel Marques	F	Individual	00:59:31
2064	F35	124	661	Paula Rocha	F	Fast Ao Km	00:59:32
2065	M20	527	5676	Fernando Leal	M	Passatempo Nova Era	00:59:34
2066	F45	80	4937	A Magalhaes	F		00:59:38
2067	F35	125	729	Renata Blanc	F		00:59:38
2068	M35	349	4208	Rui Santos	M	Liberty Seguros	00:59:38
2069	M40	229	355	João Rego	M		00:59:41
2070	F20	274	516	Vânia Pereira	F		00:59:41
2071	M35	350	6578	Helder Jose Rodrigues	M	Individual	00:59:41
2072	F35	126	6579	Carla Fernandes Sousa	F	Individual	00:59:42
2073	M20	528	5065	Licínio Sousa	M		00:59:45
2074	F20	275	6521	Tania Sofia Ribeiro	F	Rppat	00:59:47
2075	F35	127	4524	Anabela Sousa	F		00:59:48
2076	F35	128	4851	Olenka Hahn	F	Individual	00:59:52
2077	M35	351	4852	Luis Silva	M		00:59:52
2078	F20	276	6515	Zildea Neri Santos	F	Individual	00:59:53
2079	M40	230	4955	Filipe Rodrigues	M		00:59:53
2080	F20	277	814	Patrícia Sousa	F	Os Tartarugas	01:00:07
2081	M35	352	2849	Arnaldo Almeida	M	Os Tartarugas	01:00:07
2082	F20	278	6833	Linda Gomes	F	Amigos Da Sofia	01:00:27
2083	F35	129	685	Sandra Pinto	F		01:00:50
2084	M35	353	4739	Pedro Sousa	M	Biorunners	01:00:51
2085	F35	130	4738	Marta Carvalho	F	Biorunners	01:00:51
2086	M50	77	6566	Jose Francisco Vaz	M	Individual	01:00:55
2087	F45	81	6564	Ana Maria Oliveira	F	Individual	01:00:55
2088	M40	231	5602	Vitor Lopes	M		01:00:56
2089	F35	131	5603	Ana Pena	F		01:00:56
2090	F40	87	5157	Carla Caria	F	Acorrerficamosenormes	01:00:58



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2091	M35	354	7210	Ricardo Ferreira	M	Wellrunner	01:00:59
2092	F20	279	4094	Sara Figueiredo	F	Liberty Seguros	01:00:59
2093	M35	355	4081	Paulo Ferreira	M	Liberty Seguros	01:00:59
2094	F35	132	7209	Magda Silva	F	Wellrunner	01:00:59
2095	F20	280	2791	Lurdes Oliveira	F		01:01:09
2096	M20	529	566	Nuno Figueiredo	M		01:01:09
2097	F35	133	5493	Joana Sousa	F		01:01:11
2098	F35	134	5100	Eliana Matos	F		01:01:12
2099	F20	281	7119	Flavia Bessa	F	Idealkorpus Club Running	01:01:13
2100	M40	232	5653	Jose Serafim Lebre	M	Passatempo Nova Era	01:01:13
2101	F20	282	7124	Sofia Sousa	F	Idealkorpus Club Running	01:01:13
2102	M20	530	7123	Filipe Silva	M	Idealkorpus Club Running	01:01:13
2103	M20	531	7125	Victor Rocha	M	Idealkorpus Club Running	01:01:13
2104	M40	233	5654	Antonio Rocha	M	Passatempo Nova Era	01:01:14
2105	F40	88	5604	Manuela Rosas	F		01:01:15
2106	M20	532	5135	Paulo Azevedo	M		01:01:15
2107	F20	283	5146	Mariana Cubal	F		01:01:15
2108	F45	82	2479	Izabel Correia	F		01:01:20
2109	F17	26	6731	Ines Ferreira	F	Clube Nataçao De Valongo	01:01:26
2110	M20	533	2188	Joao Pedro	M	Batrunners	01:01:28
2111	M20	534	2191	Ricardo Silva	M	Batrunners	01:01:28
2112	F18	9	6730	Catia Goncalves	F	Individual	01:01:32
2113	F20	284	2095	Patricia Fonseca	F		01:01:36
2114	F20	285	5159	Isabel Rocha	F	Acorrerficamosenormes	01:01:36
2115	F20	286	78	Tania Silva	F	Elite Team	01:01:39
2116	F20	287	79	Daniela Caldas	F	Elite Team	01:01:39
2117	M40	234	4137	Rui Apolo Pita	M	Liberty Seguros	01:01:42
2118	F20	288	7277	Maria Ines Santos	F	Individual	01:01:53
2119	M35	356	4595	Pedro Oliveira	M	One Man Team	01:01:55
2120	F20	289	612	Maria João Silva	F	Caipironas	01:01:56
2121	F35	135	374	Maria Luis Almeida	F		01:01:56
2122	F20	290	6836	Joana Moura	F	Edp	01:01:57
2123	F35	136	2498	Joana Dias	F		01:01:58
2124	F17	27	5152	Alice Pinto	F	Cansados	01:01:59
2125	M20	535	4770	Eduardo Coelho	M	Seji	01:02:02
2126	F20	291	4771	Inês Garcês	F	Seji	01:02:02
2127	F20	292	4772	Joana Gomes	F	Seji	01:02:02
2128	F20	293	5243	Catarina Castro	F		01:02:03
2129	M20	536	5244	Alexandre Castro	M		01:02:03
2130	F45	83	4579	Marina Zincovitch	F	Bitious	01:02:05
2131	M60	30	4575	Antonio Botelho	M	Bitious	01:02:06
2132	M18	13	4576	Bernardo Botelho	M	Bitious	01:02:07
2133	F35	137	2841	Anabela Monteiro	F	Necas Run	01:02:12
2134	F35	138	2844	Jose Sousa	F	Necas Run	01:02:12
2135	M35	357	5102	Fernando Silva	M		01:02:15
2136	F20	294	655	Raquel Costa	F		01:02:15
2137	F20	295	522	Marina Silva	F		01:02:18
2138	F20	296	292	Marta Freitas	F	Sport Zone	01:02:24
2139	M35	358	291	Joao Sousa	M	Sport Zone	01:02:24
2140	F35	139	4902	Susana Reis	F		01:02:26
2141	F40	89	4933	Sandra Arribança	F		01:02:26
2142	F20	297	4705	Isabel Marques	F		01:02:33
2143	F35	140	7295	Carla Ferreira	F	Passatempo Nova Era	01:02:33
2144	M20	537	7040	Luis Ferreira	M	Individual	01:02:33
2145	M20	538	7034	Pedro Teixeira	M	Individual	01:02:33

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2146	F20	298	5374	Catia Vale	F	First Team	01:02:33
2147	M18	14	2194	Olavo Bacelar	M		01:02:34
2148	F20	299	5011	Paula Pereira	F	Bee Doo Team	01:02:34
2149	M20	539	5008	Filipe Pinto	M	Bee Doo Team	01:02:34
2150	M20	540	5010	Luís Amorim	M	Bee Doo Team	01:02:36
2151	M40	235	2452	Vladimiro Ferreira	M		01:02:38
2152	F20	300	4578	Marina Botelho	F	Bitious	01:02:38
2153	M20	541	4943	Nuno Magalhaes	M	The A-Team	01:02:39
2154	F20	301	568	Sonia Moreira	F	The A-Team	01:02:39
2155	M20	542	2486	Bruno Carvalho	M	Upandaway	01:02:42
2156	F45	84	4930	Rosa Santos	F		01:02:44
2157	M35	359	4011	Sergio Pinto	M	Soc. Com. C. Santos	01:02:51
2158	F35	141	4012	Marilia Martins	F	Soc. Com. C. Santos	01:02:51
2159	M40	236	4839	Jorge Seabra	M	Nightrun	01:02:56
2160	F40	90	4840	Susana Fernandes	F	Nightrun	01:02:57
2161	M20	543	5600	Pedro Barbosa	M		01:02:59
2162	M40	237	6720	Carlos Sousa	M	G D Banco Portugal	01:03:02
2163	F40	91	5502	Carla Oliveira	F	Runneres 5	01:03:03
2164	M45	150	4505	Isidro Silva	M	As Tartarugas	01:03:03
2165	M20	544	2756	Miguel Brandão	M		01:03:04
2166	F20	302	2755	Dulce Magalhaes	F		01:03:04
2167	F20	303	5382	Eliana Fernandes	F		01:03:12
2168	M20	545	5400	Bruno Oliveira	M		01:03:12
2169	F20	304	5427	Pilar Babo	F	Papoila Team	01:03:13
2170	M17	52	4966	Filipe Mendes	M	Bolt1	01:03:14
2171	F20	305	5426	Antónia Marinho	F	Papoila Team	01:03:14
2172	M55	51	4963	Alberto Coelho	M	Bolt1	01:03:14
2173	F45	85	4965	Elisabete Mendes	F	Bolt1	01:03:14
2174	F20	306	198	Augusta Veloso	F	Runitos E Runitas Caminhantes	01:03:25
2175	M60	31	179	Manuel Veloso	M	Runitos E Runitas Corredores	01:03:25
2176	F35	142	269	Gabriela Longo	F	Porto Lazer	01:03:34
2177	M45	151	268	Raul Bizarro	M	Porto Lazer	01:03:34
2178	F45	86	2811	Maria Conceicao Goncalves Mota	F	German	01:03:37
2179	F20	307	2812	Sandra Hoeger	F	German	01:03:37
2180	F20	308	6736	Ana Duraes	F	Alfagym	01:03:38
2181	F20	309	5284	Sandra Dias	F	Sapateiros Da Aldeola	01:03:40
2182	F20	310	4	Isabel Figueira	F	Individual	01:03:40
2183	F20	311	5599	Tânia Machado	F		01:03:41
2184	M20	546	8	Luis Lemos	M	Individual	01:03:42
2185	F45	87	6880	Paula Osorio	F	Edp	01:03:48
2186	M50	78	6875	Cesar Osorio	M	Clube Pessoal Edp - Porto	01:03:48
2187	M20	547	4854	Ricardo Oliveira	M	Criacrilicos	01:03:50
2188	M20	548	6852	Joao Portela	M	Curiosity	01:03:54
2189	F20	312	6849	Mafalda Martins	F	Curiosity	01:03:54
2190	F20	313	6850	Ana Rodrigues	F	Curiosity	01:03:54
2191	M20	549	6851	Vasco Mendes	M	Curiosity	01:03:54
2192	M20	550	6848	Vasco Costa	M	Curiosity	01:03:54
2193	F35	143	6737	Susana Vicencio	F	Individual	01:03:55
2194	M35	360	6735	Henrique Vicencio	M	Individual	01:03:55
2195	F20	314	5451	Fernanda Monteiro	F	Fofidoce	01:03:57
2196	M45	152	2160	Armenio Sousa	M	Donos Da Estrada	01:03:59
2197	F20	315	6962	Fatima Sofia Mercado	F	Osmar Team	01:03:59
2198	F40	92	4664	Fernanda Ribeiro	F	Donos Da Estrada	01:03:59
2199	M40	238	5452	Sérgio Veloso	M	Fofidoce	01:04:00
2200	M17	53	4940	João Rodrigues	M	Anabela Peres	01:04:01

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2201	F40	93	4939	Anabela Peres	F	Anabela Peres	01:04:01
2202	F35	144	5587	Patricia Santos	F	Os Icas	01:04:02
2203	F20	316	5589	Susana Miguel	F	Os Icas	01:04:02
2204	F35	145	5636	Susana Oliveira	F	Maiorff	01:04:12
2205	F20	317	2145	Helena Daniel	F		01:04:13
2206	M20	551	5048	Sergio Couto	M		01:04:14
2207	M20	552	5298	Luis Bastos	M		01:04:14
2208	F20	318	5299	Vânia Costa	F		01:04:14
2209	F20	319	4683	Guida Silva	F	Irmandade Do Enfarte	01:04:16
2210	M20	553	4530	Ricardo Ferraz	M	Irmandade Do Enfarte	01:04:16
2211	F20	320	4532	Vera Azevedo	F	Irmandade Do Enfarte	01:04:16
2212	M35	361	4582	Luis Lourenço	M	Irmandade Do Enfarte	01:04:16
2213	F20	321	635	Nuria Azevedo	F	Poteentes	01:04:23
2214	F35	146	2640	Nadir Sousa	F		01:04:23
2215	M20	554	2792	Jorge Castro	M	As Belicas	01:04:25
2216	M17	54	6614	Miguel Ramalho	M	Individual	01:04:30
2217	M40	239	6615	Armando Costa Ramalho	M	Individual	01:04:34
2218	F20	322	5186	Filipa Silva	F	Lusos Xxi	01:04:38
2219	F45	88	5391	Albertina Nunes	F	Lusos Xxi	01:04:38
2220	F20	323	5556	Ana Magalhães	F	As Belicas	01:04:46
2221	M45	153	6592	Fernando Jorge Almeida	M	Individual	01:04:49
2222	F35	147	6591	Ana Maria Fernandes	F	Individual	01:04:50
2223	F35	148	2625	Margarida Sousa	F		01:04:52
2224	F40	94	2705	Sofia Marques Da Silva	F		01:04:52
2225	F35	149	5543	Leaticia Penhoet	F	Les D H	01:04:58
2226	F20	324	5357	Sabrina Roy	F	Les D H	01:04:58
2227	M17	55	5358	Theo Roy	M	Les D H	01:04:58
2228	M20	555	5652	Ricardo Resende	M	Passatempo Nova Era	01:05:00
2229	M20	556	4917	Helder Matos	M	Hidromel	01:05:01
2230	F45	89	4567	Maria Conceicao Salgueiro	F	Medense	01:05:08
2231	F45	90	4504	Maria Gavina	F		01:05:09
2232	F20	325	2660	Ana Marques	F		01:05:20
2233	M60	32	356	António Ribeiro	M		01:05:20
2234	F17	28	2729	Helena Costa	F		01:05:20
2235	M60	33	5208	Francisco Pires	M		01:05:22
2236	F20	326	5409	Inês Pires	F		01:05:22
2237	F45	91	6595	Maria Jose Maia	F	Individual	01:05:37
2238	F45	92	6576	Maria Ceu Borges	F	Individual	01:05:37
2239	F20	327	2335	Graça Silva	F		01:05:41
2240	F35	150	7109	Sara Carvalho	F	Porto Runners	01:05:46
2241	M45	154	7214	Pedro Oliveira	M	Individual	01:05:50
2242	M50	79	5489	Joao Cerqueira	M	Individual	01:05:52
2243	F20	328	2269	Claudia Pinheiro	F		01:05:56
2244	F20	329	5518	Inês Castro	F	Oralsaúde	01:06:08
2245	F20	330	5618	Sara Lopes	F		01:06:11
2246	F40	95	7219	Carla Cruz	F	Unicer - Vitalis	01:06:14
2247	M35	362	5086	Fernando Mendes	M		01:06:22
2248	M20	557	5309	Leyre Prieto	F	Individual	01:06:22
2249	F20	331	7013	Vera Costa	F	Individual	01:06:30
2250	F17	29	6539	Ana Catarina Maravalhas	F	Individual	01:06:34
2251	F17	30	6590	Ana Patricia Machado	F	Individual	01:06:36
2252	F35	151	6588	Carla Machado	F	Individual	01:06:37
2253	F20	332	6671	Helena Silva	F	Individual	01:06:43
2254	F17	31	714	Rosa Pereira	F		01:06:44
2255	M60	34	7135	Domingos Matos	M	Edp	01:06:46

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2256	F20	333	246	Ines Teixeira	F	Edp Gas	01:06:57
2257	M50	80	249	Julio Teixeira	M	Edp Gas	01:06:59
2258	F45	93	2569	Conceicao Ribeiro	F		01:06:59
2259	F45	94	4833	Maria Almeida	F		01:07:00
2260	M50	81	5435	Joao Soares	M		01:07:01
2261	M45	155	2570	Paulo Ribeiro	M		01:07:13
2262	F20	334	5098	Alícia Castro	F	SImdesign	01:07:24
2263	F35	152	4715	Andrea Machado	F	SImdesign	01:07:24
2264	F45	95	4620	Filomena Azevedo	F		01:07:30
2265	F20	335	4045	Gisela Gomes	F	Liberty Seguros	01:07:36
2266	F20	336	4062	Liliana Escudeiro	F	Liberty Seguros	01:07:36
2267	F20	337	6753	Olga Manuela Coelho	F	Individual	01:07:38
2268	M20	558	6754	Tiago Mendonca	M	Individual	01:07:40
2269	F35	153	614	Rafaela Santos Leite	F	Caipironas	01:07:56
2270	F20	338	613	Paula Castro	F	Caipironas	01:07:56
2271	F45	96	2553	Maria Conceição Santos	F	Familia Santos E Silva	01:07:58
2272	F35	154	2552	Claudia Silva	F	Familia Santos E Silva	01:07:58
2273	F40	96	514	Carolina Coelho	F		01:08:08
2274	F20	339	5569	Marta Santos	F		01:08:13
2275	M40	240	7056	David Vermelho	M	Edp	01:08:16
2276	F20	340	294	Eliana Rodrigues	F	Banco Bic	01:08:36
2277	M20	559	293	Vitor Hugo Moreira	M	Banco Bic	01:08:36
2278	M40	241	5608	Rui Portela	M	Tokaandar	01:08:36
2279	M17	56	5564	Abel Maio	M	Painkiller	01:08:36
2280	M20	560	5565	Tiago Fernandes	M	Painkiller	01:08:36
2281	F40	97	4629	Sandra Silva	F	Guga Team	01:08:38
2282	M18	15	2515	André Alão	M	Movol	01:08:39
2283	F40	98	5324	Maria Peixoto	F	Tartarugas	01:08:39
2284	M45	156	433	Henrique Faria	M	Caminho De Santiago	01:08:40
2285	M18	16	434	Tiago Faria	M	Caminho De Santiago	01:08:40
2286	M50	82	2210	António Duarte	M	Caminho De Santiago	01:08:41
2287	M40	242	4628	Nuno Silva	M	Guga Team	01:08:46
2288	F40	99	7157	Vanda Ferreira	F	Individual	01:08:56
2289	M50	83	6697	Jose Joao Jesus	M	Individual	01:08:58
2290	F45	97	6698	Maria Conceicao	F	Individual	01:08:58
2291	M35	363	4084	Jose Filipe Carvalho	M	Liberty Seguros	01:08:59
2292	F20	341	6756	Adriana Moreira	F	Individual	01:08:59
2293	M50	84	7185	Eduardo Goncalves	M	Individual	01:08:59
2294	F20	342	5027	Juliana Oliveira	F	As Tataruguinhas	01:09:01
2295	F45	98	5025	Armanda Pereira	F	As Tataruguinhas	01:09:04
2296	M35	364	5376	João Marques	M	First Team	01:09:05
2297	F17	32	5609	Telma Portela	F	Tokaandar	01:09:06
2298	F20	343	5606	Patricia Pinto	F	Tokaandar	01:09:07
2299	M17	57	5628	Martim Correia	M		01:09:12
2300	M60	35	231	Carlos Ribeiro	M	Edp Gas	01:09:14
2301	F45	99	232	Alice Ribeiro	F	Edp Gas	01:09:17
2302	M17	58	7258	Goncalo Dias	M	Unicer - Vitalis	01:09:27
2303	F20	344	7256	Silvia Dias	F	Unicer - Vitalis	01:09:27
2304	M35	365	7255	Antonio Dias	M	Unicer - Vitalis	01:09:28
2305	F17	33	7257	Mafalda Dias	F	Unicer - Vitalis	01:09:28
2306	F20	345	282	Claudia Soares	F	Edp	01:09:35
2307	F45	100	4075	Maria Clarisse Rocha	F	Liberty Seguros	01:09:35
2308	F35	155	283	Maria Conceicao	F	Edp	01:09:35
2309	F40	100	540	Cristina Alves	F		01:09:36
2310	M20	561	6883	Joaquim Almeida	M	Edp	01:09:40

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2311	M40	243	541	António Silva	M		01:09:52
2312	F20	346	6618	Raquel Silva	F	Individual	01:09:54
2313	F20	347	6617	Helena Batista	F	Individual	01:09:55
2314	F20	348	5377	Patricia Martins	F	First Team	01:10:00
2315	F45	101	7136	Alice Matos	F	Edp	01:10:08
2316	F35	156	5001	Tania Neves	F	Running Team Maia	01:10:15
2317	M40	244	5000	Felipe Gonçalves	M	Running Team Maia	01:10:15
2318	M60	36	5197	Celestino Ribeiro	M	Noturnos Runners	01:10:25
2319	M20	562	2571	João Cerqueira	M	Noturnos Runners	01:10:25
2320	F20	349	5283	Marta Ferreira	F	Sapateiros Da Aldeola	01:10:32
2321	F35	157	2636	Gisela Morais	F		01:10:32
2322	M35	366	2665	Miguel Rego	M		01:10:33
2323	M50	85	247	Sergio Sousa	M	Edp Gas	01:10:34
2324	F45	102	248	Eufrasina Sousa	F	Edp Gas	01:10:34
2325	F35	158	5399	Sandra Soares	F		01:10:35
2326	F20	350	4731	Ana Maia	F		01:10:38
2327	F20	351	6766	Ana Micaela Alves	F	Individual	01:10:38
2328	F20	352	6767	Liliana Sousa	F	Individual	01:10:39
2329	F20	353	2680	Cristina Santos	F		01:10:39
2330	M40	245	5640	João Silva	M	Autopneumaxx	01:10:39
2331	M40	246	5641	Rui Carvalho	M	Autopneumaxx	01:10:40
2332	F45	103	6879	Fernanda Silva	F	Edp	01:10:47
2333	M55	52	6876	Morais Silva	M	Edp	01:10:47
2334	F35	159	4060	Monica Machado Martins	F	Liberty Seguros	01:10:54
2335	M20	563	4040	Marco Andre Durao	M	Liberty Seguros	01:10:54
2336	M18	17	4215	Tiago Barros	M	Liberty Seguros	01:11:02
2337	M20	564	4213	Vitor Teixeira	M	Liberty Seguros	01:11:03
2338	F45	104	4938	Graça Maria Silva	F		01:11:06
2339	M40	247	107	Pedro Sanches	M	Edp Gas	01:11:12
2340	M17	59	59	Alexis Cau	M	Edp Gas	01:11:12
2341	F35	160	57	Edite Cau	F	Edp Gas	01:11:12
2342	M17	60	58	Pedro Cau	M	Edp Gas	01:11:12
2343	F17	34	104	Ana Isabel Leite	F	Edp Gas	01:11:13
2344	M45	157	7055	Carlos Almeida	M	Edp	01:11:13
2345	M40	248	103	Jose Antonio Leite	M	Edp Gas	01:11:14
2346	F20	354	7017	Carla Marques	F	Individual	01:11:16
2347	F20	355	7018	Sonia Santos	F	Individual	01:11:16
2348	F20	356	6537	Rute Sofia Torrao	F	Individual	01:11:19
2349	M35	367	6538	Frederico Sousa Lemos	M	Individual	01:11:19
2350	M20	565	5401	João Soares	M		01:11:20
2351	F20	357	4961	Lara Pimentel	F	Pasçaolas De Vaga-Lumes	01:11:32
2352	F35	161	4960	Isabel Silva	F	Pasçaolas De Vaga-Lumes	01:11:32
2353	M20	566	4962	Nuno Santos	M	Pasçaolas De Vaga-Lumes	01:11:32
2354	F40	101	4985	Elisa Pereira	F		01:11:34
2355	F20	358	4959	Fátima Santos	F	Pasçaolas De Vaga-Lumes	01:11:34
2356	M17	61	97	Edwin Molano	M	Individual	01:11:37
2357	F20	359	96	Liseth Lara	F	Individual	01:11:37
2358	M50	86	710	Jorge Mendonça	M		01:11:37
2359	F45	105	709	Lurdes Babo	F		01:11:37
2360	M20	567	6807	Daniel Joaquim Neiva	M	Individual	01:11:43
2361	F35	162	6809	Monica Sousa	F	Individual	01:11:43
2362	F35	163	6810	Diana Dias	F	Individual	01:11:43
2363	M20	568	6808	Tiago Pereira	M	Individual	01:11:43
2364	F20	360	4776	Ilda Maria Faria Pires	F		01:11:52
2365	F20	361	5015	Patrícia Silva	F	The A-Team	01:11:53



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2366	F20	362	2383	Mara Fernandes	F	The A-Team	01:11:54
2367	F35	164	109	Sara Magalhaes	F	Edp Gas	01:11:55
2368	F40	102	2621	Maria Rosa Sousa Barbosa	F		01:11:55
2369	M20	569	108	Pedro Castro	M	Edp Gas	01:11:56
2370	M17	62	4035	Francisco Dams Carvalho	M	Cgd Monte Dos Burgos	01:11:57
2371	F40	103	4034	Claudia Maria Cordeiro	F	Cgd Monte Dos Burgos	01:11:58
2372	M20	570	155	Miguel Vaz	M	Edp Gas	01:12:07
2373	F20	363	154	Mafalda Rodrigues	F	Edp Gas	01:12:08
2374	M50	87	7148	Victor Oliveira Mota	M	Individual	01:12:14
2375	F45	106	7147	Maria Candida Mota	F	Individual	01:12:16
2376	F35	165	5396	Marta Fernandez	F	Gt Runners	01:12:17
2377	F40	104	457	Cristina Pinheiro	F		01:12:37
2378	F20	364	431	Luisa Alves	F		01:12:37
2379	M40	249	4072	Vitor Oliveira	M	Liberty Seguros	01:12:40
2380	F20	365	576	Cristina Marques	F	As Tataruguinhas	01:12:44
2381	F20	366	5028	Marcela Oliveira	F	As Tataruguinhas	01:12:44
2382	F20	367	5073	Célia Silva	F		01:12:56
2383	F17	35	5072	Isabel Cabral	F		01:12:57
2384	F20	368	692	Ana Santos	F		01:13:02
2385	M17	63	733	Albino Lopes	M		01:13:03
2386	F20	369	777	Liliana Pinheiro	F		01:13:03
2387	M35	368	5631	Carlos Teixeira	M		01:13:03
2388	M17	64	6681	Pedro Couto	M	Individual	01:13:06
2389	M40	250	6680	Antonio Santos Couto	M	Individual	01:13:09
2390	M40	251	4212	Helder Quintas	M	Liberty Seguros	01:13:12
2391	M35	369	5395	Joao Fernandez	M	Gt Runners	01:13:19
2392	F40	105	6525	Anabela Novais Correia	F	Rppat	01:13:20
2393	F35	166	4767	Ana Gomes	F	Sebastians	01:13:22
2394	F45	107	6740	Maria Barbosa Oliveira	F	Alfagym	01:13:23
2395	F40	106	6732	Fatima Ferreira	F	Individual	01:13:23
2396	F20	370	5386	Diana Lima	F	Fanecas E Cavalos	01:13:27
2397	F35	167	5403	Eliane Morim	F	Fanecas E Cavalos	01:13:28
2398	F20	371	4986	Ana Cláudia Sousa	F		01:13:35
2399	F20	372	5495	Raquel Moraes	F	Heyhey Runners	01:13:35
2400	F20	373	5496	Silvia Silva	F	Heyhey Runners	01:13:35
2401	F20	374	4987	Sara Camoes	F		01:13:36
2402	F20	375	7192	Rafaela Carvalho	F	Banco Popular	01:13:38
2403	F20	376	7191	Susana Santos	F	Banco Popular	01:13:38
2404	M17	65	5656	Rui Pinto	M	Passatempo Nova Era	01:13:50
2405	F35	168	5655	Adriana Ruiz	F	Passatempo Nova Era	01:13:50
2406	M40	252	7154	Vitor Ferreira	M	Individual	01:13:57
2407	M35	370	7102	Nuno Bettencourt	M	Porto Runners	01:14:01
2408	F40	107	5205	Rita Bettencourt	F		01:14:01
2409	F20	377	6781	Liliana Carvalheira	F	Individual	01:14:05
2410	F20	378	2757	Vânia Rodrigues	F		01:14:08
2411	M17	66	5105	Bruno Caldeira	M	Caldeira	01:14:09
2412	M45	158	608	Carlos Caldeira	M	Caldeira	01:14:09
2413	F35	169	2305	Patricia Oliveira	F	Moon Light	01:14:22
2414	F40	108	2306	Susana Oliveira	F	Moon Light	01:14:22
2415	F17	36	162	Filipa Araujo	F	Edp Gas	01:14:23
2416	F40	109	4681	Elisabete Sousa	F		01:14:23
2417	M40	253	158	Luis Araujo	M	Edp Gas	01:14:23
2418	F20	379	5319	Rita Macedo	F	Mãe E Bina	01:14:23
2419	F40	110	7245	Isabel Avila	F	Unicer - Vitalis	01:14:24
2420	F45	108	5333	Carla Cunha	F	Bteam	01:14:30

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2421	F18	10	5335	Marta Cunha	F	Bteam	01:14:30
2422	F17	37	4748	Alice Freitas	F		01:14:43
2423	M45	159	2218	Jorge Freitas	M	Individual	01:14:43
2424	F20	380	4927	Ana Lúcia Vales Carneiro	F		01:14:48
2425	F20	381	4935	Sara Rocha	F		01:14:49
2426	F20	382	4885	Ana Filipa Peixe	F		01:14:50
2427	M20	571	4886	Andreas Schmitz	M		01:14:50
2428	M60	37	5369	Armando Sarmento	M		01:14:55
2429	F20	383	90	Maria Delerue Mendes	F	Edp Gas	01:15:03
2430	F45	109	4684	Maria Julia Silva	F		01:15:03
2431	F35	170	5088	Maria Pinto	F	Phyrus	01:15:09
2432	M35	371	5087	António Pereira	M	Phyrus	01:15:09
2433	M20	572	6682	Pedro Lima	M	Individual	01:15:09
2434	F20	384	6683	Marta Isabel Silva	F	Individual	01:15:10
2435	F20	385	4224	Ana Raquel Teixeira	F	Liberty Seguros	01:15:10
2436	M40	254	4218	Joao Artur Moura	M	Liberty Seguros	01:15:10
2437	F20	386	4227	Helena Ledo	F	Liberty Seguros	01:15:10
2438	F45	110	4221	Ana Paula Ferreira	F	Liberty Seguros	01:15:10
2439	F45	111	4978	Maria Rocha	F		01:15:14
2440	F20	387	4648	Vânia Maia	F	O Quarteto	01:15:14
2441	M55	53	4979	Agostinho Rocha	M		01:15:14
2442	F20	388	5412	Sandra Rocha	F	Os Principiantes	01:15:14
2443	F20	389	5413	Cristina Sousa	F	1+1=2	01:15:14
2444	F20	390	4647	Patrícia Pereira	F	O Quarteto	01:15:14
2445	F20	391	5288	Jennifer Cruz	F	As Totócas	01:15:19
2446	F20	392	5289	Maria Ana Fonseca	F	As Totócas	01:15:20
2447	F20	393	5287	Diana Pereira	F	As Totócas	01:15:21
2448	F18	11	4925	Cátia Pinto	F	Tartarugas	01:15:22
2449	F40	111	4926	Paula Oliveira	F	Tartarugas	01:15:22
2450	F35	171	6966	Ana Paula Barroso	F	Osmar Team	01:15:24
2451	F20	394	2506	Diana Raquel Pereira Mendes	F		01:15:26
2452	F45	112	5059	Maria Do Céu Pereira	F		01:15:29
2453	F45	113	68	Isabel Araujo	F	Unicer - Vitalis	01:15:39
2454	M50	88	5524	Álvaro Vaz	M	Resistentes	01:15:51
2455	M35	372	2450	Nuno Quelhas	M	Companhia Postal	01:15:56
2456	F20	395	2449	Eva Monteiro	F	Companhia Postal	01:15:56
2457	F20	396	7142	Marta Mergulhao	F	Necas Run	01:15:58
2458	F20	397	5183	Joana Passos	F		01:15:58
2459	F17	38	5339	Elisabete Gomes	F		01:15:58
2460	M17	67	6760	Miguel Vilarinho	M	Individual	01:16:05
2461	F20	398	616	Elisabete Queiros	F		01:16:09
2462	M35	373	5126	Carlos Rodrigues	M		01:16:09
2463	M45	160	6761	Rui Vilarinho	M	Individual	01:16:14
2464	F45	114	4759	Renata Szolimowski	F		01:16:14
2465	M35	374	4155	Nuno Costa	M	Liberty Seguros	01:16:17
2466	F40	112	4182	Maria Francisca Felix	F	Liberty Seguros	01:16:17
2467	F20	399	535	Carla Reis	F		01:16:19
2468	M17	68	5031	Angelo Silva	M	Kebra Bikes	01:16:25
2469	M40	255	5050	Eduardo Falcão	M	Falcão	01:16:26
2470	M20	573	5032	Nataniel Silva	M	Kebra Bikes	01:16:26
2471	M17	69	5033	Ruben Silva	M	Kebra Bikes	01:16:26
2472	M35	375	5034	Samuel Silva	M	Kebra Bikes	01:16:26
2473	F20	400	201	Cristina Morais	F	Runitos E Runitas Caminhantes	01:16:27
2474	F20	401	203	Cristina Vieira	F	Runitos E Runitas Caminhantes	01:16:27
2475	F20	402	200	Celi Leite	F	Runitos E Runitas Caminhantes	01:16:27

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2476	F40	113	4944	Filipa Falcao	F		01:16:28
2477	F20	403	430	Cátia Rodrigues	F		01:16:30
2478	F45	115	6826	Julieta Santos	F	Individual	01:16:31
2479	F40	114	5049	Carla Falcão	F	Falcão	01:16:33
2480	F45	116	6827	Amelia Costa	F	Individual	01:16:34
2481	F45	117	6825	Zelia Galante	F	Individual	01:16:34
2482	M45	161	4159	Rui Pereira	M	Liberty Seguros	01:16:35
2483	F45	118	4188	Maria Gabriela Felix	F	Liberty Seguros	01:16:35
2484	F20	404	4848	Catarina Fonseca	F		01:16:37
2485	F20	405	5616	Ana Rita Ferreira	F		01:16:37
2486	F40	115	5022	Filomena Coelho	F		01:16:38
2487	F40	116	4184	Claudia Salgueiro	F	Liberty Seguros	01:17:06
2488	F45	119	5148	Ana Pereira	F		01:17:06
2489	M40	256	4156	Carlos Salgueiro	M	Liberty Seguros	01:17:06
2490	M17	70	62	Rodrigo Moucho	M	Edp Gas	01:17:07
2491	F17	39	5147	Paula Pereira	F		01:17:08
2492	F20	406	702	Sandrina Alves	F		01:17:09
2493	M45	162	7073	Carlos Salgado	M	Porto Runners	01:17:09
2494	F45	120	549	Luisa Silva	F		01:17:09
2495	F17	40	6759	Ines Vilarinho	F	Individual	01:17:10
2496	F20	407	6757	Beatriz Vilarinho	F	Individual	01:17:10
2497	F18	12	7146	Rita Margarida Xavier	F	Individual	01:17:13
2498	F40	117	4820	Raquel Noivo	F		01:17:13
2499	F45	121	7145	Maria Fatima Sousa	F	Individual	01:17:13
2500	F17	41	6787	Sofia Pinto	F	Amigos Da Sofia	01:17:14
2501	M17	71	61	Joao Pedro Moucho	M	Edp Gas	01:17:15
2502	F20	408	4592	Elsa Costa	F	Touquenemposso	01:17:19
2503	F40	118	4804	Paula Dias	F		01:17:19
2504	F40	119	4591	Clara Magalhaes	F	Touquenemposso	01:17:19
2505	F45	122	6758	Paula Vilarinho	F	Individual	01:17:40
2506	F45	123	4204	Anabela Barros	F	Liberty Seguros	01:17:42
2507	F20	409	199	Teodora Lemos	F	Runitos E Runitas Caminhantes	01:17:42
2508	F40	120	4203	Sonia Magalhaes	F	Liberty Seguros	01:17:42
2509	F17	42	4205	Mariana Barros	F	Liberty Seguros	01:17:42
2510	F20	410	205	Leonor Lemos	F	Runitos E Runitas Caminhantes	01:17:42
2511	F45	124	60	Clarisse Moucho	F	Edp Gas	01:17:43
2512	F20	411	4515	Tatiana Palhares	F		01:17:44
2513	F20	412	6882	Marta Almeida	F	Edp	01:17:45
2514	M18	18	2620	Cosme Junio Rocha Dias	M		01:17:45
2515	F20	413	6881	Filipa Castiajo	F	Edp	01:17:46
2516	M60	38	4566	Manuel Salgueiro	M	Medense	01:17:55
2517	M20	574	4697	Francisco Falcão Reis	M		01:17:56
2518	F20	414	6860	Filipa Pinho	F	Nrunners	01:18:10
2519	F20	415	6856	Tania Gomes	F	Nrunners	01:18:10
2520	M20	575	6858	Andre Ribeiro	M	Nrunners	01:18:11
2521	M17	72	6661	Miguel Afonso	M	Individual	01:18:17
2522	M55	54	5181	Domingos Sousa	M		01:18:22
2523	F20	416	5179	Filipa Namora	F		01:18:23
2524	F45	125	5180	Filomena Sousa	F		01:18:23
2525	F45	126	5449	Laura Cruz	F		01:18:23
2526	M45	163	4214	Raul Barros	M	Liberty Seguros	01:18:23
2527	M40	257	4198	Rui Baptista	M	Liberty Seguros	01:18:23
2528	M45	164	6762	Alvaro Igreja	M	Individual	01:18:24
2529	F20	417	5657	Raquel Orosa	F	Passatempo Nova Era	01:18:26
2530	F20	418	5658	Susana Silva	F	Passatempo Nova Era	01:18:26

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2531	F17	43	5066	Margarida Silva	F	As Princesas	01:18:26
2532	F40	121	5067	Maria Ernestina Moreira	F	As Princesas	01:18:27
2533	F45	127	5112	Maria Lurdes Santos	F	Ferro Santos	01:18:31
2534	F17	44	5109	Catarina Santos	F	Ferro Santos	01:18:31
2535	F45	128	4780	Graça Chaves	F	Gogogirls	01:18:34
2536	F45	129	4781	Iolanda Martins	F	Gogogirls	01:18:39
2537	F20	419	116	Conceicao Leao	F	Elite Team	01:18:40
2538	M20	576	115	Jose Linhas	M	Elite Team	01:18:40
2539	M45	165	5019	Joao Serrano	M	Terrores Do Asfalto	01:18:40
2540	F20	420	4783	Isabel Norton	F	Gogogirls	01:18:40
2541	F20	421	6804	Alexandra Lima	F	Individual	01:18:45
2542	F17	45	6764	Maria Francisca Igreja	F	Individual	01:18:45
2543	F20	422	2784	Ana Nobre	F		01:18:57
2544	M20	577	2778	Rui Maçana	M		01:18:57
2545	F45	130	6770	Emilia Costa	F	Individual	01:18:58
2546	M20	578	6803	Kenny Sanchez	M	Individual	01:18:58
2547	F45	131	6769	Esperanca Lima	F	Individual	01:18:58
2548	M40	258	2039	Luis Malheiro	M		01:19:00
2549	F45	132	6763	Maria Graca Igreja	F	Individual	01:19:01
2550	F20	423	6765	Vera Maia	F	Individual	01:19:01
2551	F35	172	2853	Fatima Manuela Oliveira	F	Run Sister	01:19:11
2552	M45	166	2196	Paulo Oliveira	M		01:19:11
2553	F35	173	2852	Susana Figueiredo Oliveira	F		01:19:11
2554	F45	133	7170	Flora Postiga	F	Individual	01:19:12
2555	F20	424	7172	Adriana Abreu	F	Individual	01:19:14
2556	F40	122	7220	Sandra Pinho	F	Unicer - Vitalis	01:19:14
2557	F20	425	7174	Raquel Ferreira	F	Individual	01:19:14
2558	M55	55	264	Jose Santos	M	Edp Gas	01:19:15
2559	M17	73	4616	Rui Silva	M	Herbalifianos	01:19:17
2560	F17	46	4619	Sara Maria Gabriel	F	Herbalifianos	01:19:18
2561	M35	376	4614	Ricardo Gabriel	M	Herbalifianos	01:19:19
2562	F20	426	4618	Sara Gabriel	F	Herbalifianos	01:19:20
2563	M20	579	4613	Paulo Moreira	M	Herbalifianos	01:19:22
2564	F20	427	4934	Sara Miranda	F		01:19:23
2565	M17	74	5188	João Rego	M	Familia Rego	01:19:23
2566	F35	174	5260	Juventina Martins	F		01:19:24
2567	F20	428	5004	Ana Salgado	F		01:19:25
2568	F45	134	5262	Maria Isaura Lima	F	Maria Isaura Lima	01:19:25
2569	F45	135	5261	Maria Da Conceição Pinto	F	Maria Isaura Lima	01:19:25
2570	F20	429	5055	Isa Barbosa	F		01:19:26
2571	M35	377	4981	Sergio Vieira	M		01:19:27
2572	M17	75	4185	Tomas Salgueiro	M	Liberty Seguros	01:19:27
2573	M50	89	5189	Jorge Rego	M	Familia Rego	01:19:27
2574	F20	430	6501	Andreia Oliveira Fonseca	F	Individual	01:19:27
2575	M35	378	4612	José Silva	M	Herbalifianos	01:19:29
2576	F35	175	4617	Rute Silva	F	Herbalifianos	01:19:31
2577	M60	39	5263	Mario Pinto	M	Maria Isaura Lima	01:19:31
2578	F40	123	4615	Rosario Silva	F	Herbalifianos	01:19:31
2579	F40	124	6616	Sonia Ramalho	F	Individual	01:19:31
2580	M20	580	6905	Goncalo Dias	M	C A Lamas	01:19:31
2581	M50	90	55	Luis Duarte	M	Edp Gas	01:19:31
2582	M40	259	6906	Joaquim Cruz	M	C A Lamas	01:19:32
2583	F45	136	56	Edite Cau	F	Edp Gas	01:19:33
2584	M45	167	6909	Serafim Sousa	M	C A Lamas	01:19:33
2585	F40	125	498	Claudia Osório	F	Zumba Running Team	01:19:33

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2586	M20	581	500	José António Sousa	M	Zumba Running Team	01:19:33
2587	F20	431	605	Helena Barbosa	F	Zumba Running Team	01:19:33
2588	F35	176	604	Ângela Ferreira	F	Zumba Running Team	01:19:34
2589	F45	137	5285	Manuela Mesquita	F		01:19:34
2590	M35	379	2548	Claudia Manso	M	Aaa	01:19:35
2591	M17	76	5532	Luis Maia	M	Maias	01:19:38
2592	M17	77	5534	Pedro Maia	M	Maias	01:19:38
2593	F17	47	7300	Mariana Silva	F	Individual	01:19:50
2594	F45	138	7151	Maria Jose Sousa	F	Individual	01:19:51
2595	F40	126	7149	Rosalina Sousa	F	Individual	01:19:52
2596	F40	127	7152	Maria Jose Branco	F	Individual	01:19:52
2597	F35	177	6752	Marlene Sousa	F	Individual	01:19:53
2598	M35	380	6750	Viriato Silva	M	Individual	01:19:53
2599	M20	582	2865	José Santos	M	Patrões	01:19:54
2600	M20	583	7115	Paulo Santos	M	Individual	01:19:57
2601	F20	432	7114	Alexandra Oliveira	F	Individual	01:19:58
2602	F20	433	2478	Liliana Ribeiro	F		01:19:58
2603	M40	260	630	Francisco Reis	M	Xicoexana	01:19:58
2604	F45	139	6751	Maria Prudencio	F	Individual	01:19:58
2605	F20	434	5184	Alexandra Gomes	F	Xicoexana	01:19:58
2606	F35	178	7164	Rita Alves	F	Individual	01:20:02
2607	M45	168	86	Reinaldo Lopes	M	Edp Gas	01:20:03
2608	M35	381	85	Carlos Leal	M	Edp Gas	01:20:03
2609	M20	584	6502	Antonio Paulo Costa Leite	M	Individual	01:20:04
2610	F35	179	6503	Paula Cristina Leite	F	Individual	01:20:04
2611	F35	180	5290	Claudia Costa	F		01:20:04
2612	M40	261	5229	Henrique Morais	M	Mlmcm	01:20:07
2613	M17	78	5235	Manuel Morais	M	Mlmcm	01:20:08
2614	M35	382	4915	Mário Sérgio Nunes	M		01:20:08
2615	F20	435	6598	Maria Goncalves	F	Individual	01:20:08
2616	F20	436	5030	Liliana Truta	F	Os Pirlampos	01:20:10
2617	F20	437	5029	Catarina Truta	F	Os Pirlampos	01:20:10
2618	F45	140	6942	Barbara Pereira	F	Os Isabelinhas	01:20:13
2619	F40	128	5544	Isabel Campelo	F		01:20:14
2620	M45	169	5533	Luis Maia	M	Maias	01:20:14
2621	F40	129	5531	Ingrid Diamond	F	Maias	01:20:14
2622	M45	170	5623	José Fernando Silva	M	Família Silva	01:20:14
2623	F40	130	5622	Carla Maria Silva	F	Família Silva	01:20:14
2624	F20	438	4916	Cármem Gonçalves	F		01:20:16
2625	M20	585	6776	Diogo Rodrigues	M	Edp - 317373	01:20:18
2626	F45	141	5084	Isabel Machado	F		01:20:25
2627	F45	142	5085	Joaquim Machado	M	Individual	01:20:25
2628	F45	143	599	Emilia Sousa	F		01:20:25
2629	F20	439	5617	Sónia Santos	F		01:20:28
2630	F35	181	5306	Elsa Andreia Almeida	F		01:20:28
2631	M20	586	4051	Dario Santos	M	Liberty Seguros	01:20:29
2632	M17	79	4151	Daniel Vieira	M	Liberty Seguros	01:20:29
2633	M20	587	4050	Ricardo Sousa	M	Liberty Seguros	01:20:30
2634	M60	40	4797	Manuel Andrade	M		01:20:32
2635	F45	144	4891	Cristina Ribeiro	F		01:20:32
2636	M45	171	2304	Manuel Teixeira	M		01:20:32
2637	M17	80	6633	Diogo Nogueira	M	Individual	01:20:35
2638	F20	440	6965	Ana Marta Matos	F	Osmar Team	01:20:36
2639	F20	441	6963	Sara Cristina Reis	F	Osmar Team	01:20:36
2640	F35	182	6632	Sonia Nogueira	F	Individual	01:20:37



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2641	M20	588	6907	Luis Soares	M	C A Lamas	01:20:38
2642	F20	442	6904	Albina Dias	F	C A Lamas	01:20:38
2643	F20	443	6908	Nidia Moreira	F	C A Lamas	01:20:38
2644	F20	444	7118	Lucia Carvalho	F	Idealkorpus Club Running	01:20:46
2645	F45	145	5351	Leontina Marcachita	F		01:20:47
2646	M17	81	5238	João Paiva	M		01:20:47
2647	F35	183	5239	Tania Pereira	F		01:20:48
2648	M17	82	5174	Bruno Oliveira	M	Oliveiras	01:20:54
2649	F20	445	4703	Bárbara Moreira	F	Guitarra	01:20:55
2650	F40	131	5176	Teresa Ferreira	F	Oliveiras	01:20:56
2651	F45	146	4704	Rosa Silva	F	Guitarra	01:20:57
2652	F45	147	5092	Filomena Malheiro	F	Não Sei Se Posso	01:21:10
2653	F17	48	4756	Ana Almeida	F	Mama Sumae	01:21:10
2654	F40	132	4757	Catarina Gomes	F	Mama Sumae	01:21:11
2655	F17	49	5091	Ana Silva	F	Não Sei Se Posso	01:21:12
2656	F17	50	7006	Joana Lobao	F	Individual	01:21:12
2657	M55	56	5093	Joaquim Silva	M	Não Sei Se Posso	01:21:13
2658	F17	51	7004	Ana Rita Pinheiro	F	Individual	01:21:13
2659	F40	133	7003	Silvia Rebelo	F	Individual	01:21:13
2660	F20	446	7250	Alexandra Silva	F	Unicer - Vitalis	01:21:14
2661	F35	184	7251	Cecilia Soares	F	Unicer - Vitalis	01:21:14
2662	F45	148	7252	Lucilia Cunha	F	Unicer - Vitalis	01:21:14
2663	F35	185	5337	Cristina Ferreira	F		01:21:24
2664	M55	57	7009	Manuel Ferreira	M	Individual	01:21:25
2665	F20	447	6801	Christine Paiva	F	Individual	01:21:27
2666	F45	149	6802	Maria Alberta Canizes	F	Individual	01:21:27
2667	F20	448	114	Joana Linhas	F	Elite Team	01:21:28
2668	F20	449	117	Anabela Silva	F	Elite Team	01:21:28
2669	F45	150	2771	Maria Paula Saramago	F		01:21:30
2670	F45	151	5054	Julita Neves	F		01:21:30
2671	F20	450	5121	Magda Lopes	F	Os Vamosatodas	01:21:44
2672	M55	58	6813	Carlos Carreira	M	Individual	01:21:44
2673	F45	152	6812	Amelia Carreira	F	Individual	01:21:45
2674	F20	451	2524	Cândida Pessoa	F	Os Vamosatodas	01:21:47
2675	M35	383	2530	Victor Santos	M	Os Vamosatodas	01:21:47
2676	F45	153	241	Isabel Freitas	F	Edp Gas	01:21:49
2677	M45	172	240	Rui Jorge Oliveira	M	Edp Gas	01:21:49
2678	F35	186	746	Ana Tavares	F		01:21:57
2679	F45	154	6729	Maria Moreira	F	Individual	01:21:58
2680	F45	155	6837	Maria Joao Pereira	F	Edp	01:22:29
2681	M50	91	6838	Luis Moura	M	Edp	01:22:31
2682	F45	156	7059	Isabel Araujo	F	Edp	01:22:31
2683	M45	173	4236	Joao Donga	M	Unicer - Vitalis	01:22:36
2684	F17	52	4237	Maria Pinhao Donga	F	Unicer - Vitalis	01:22:36
2685	F20	452	6805	Marta Teixeira	F	Individual	01:22:44
2686	M35	384	6806	Bruno Martins	M	Individual	01:22:44
2687	F20	453	7208	Clarisse Neves	F	Individual	01:22:51
2688	F20	454	280	Marcia Araujo	F	Porto Lazer	01:22:51
2689	M50	92	5266	João Santos	M	Os Pandinhas	01:22:53
2690	F20	455	6626	Helena Catarino	F	G D Banco Portugal	01:22:54
2691	F45	157	6627	Fernanda Maia	F	G D Banco Portugal	01:22:54
2692	M45	174	5268	Rosário Santos	M	Os Pandinhas	01:22:55
2693	F17	53	5269	Sofia Quaresma	F	Os Pandinhas	01:22:55
2694	M17	83	5265	Afonso Quaresma	M	Os Pandinhas	01:22:56
2695	F35	187	2619	Maria Manuela Rocha Santos	F		01:23:00

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2696	M55	59	5591	José Leitão	M		01:23:01
2697	F45	158	4814	Fatima Barbosa	F		01:23:01
2698	F45	159	7057	Cristina Barbeita	F	Edp	01:23:11
2699	F40	134	7058	Ana Cristina Vermelho	F	Edp	01:23:11
2700	F45	160	6798	Maria Olinda Meinsel	F	Individual	01:23:12
2701	F45	161	6797	Aurea Andrade	F	Individual	01:23:13
2702	M17	84	208	Miguel Mota Marques	M	Edp Gas	01:23:15
2703	M20	589	5096	António Lopes	M	Nós	01:23:15
2704	F20	456	5097	Fatima Lopes	F	Nós	01:23:18
2705	F20	457	5095	Ana Silva	F	Nós	01:23:18
2706	M40	262	211	Carlos Alberto Silva	M	Edp Gas	01:23:18
2707	F35	188	6585	Sandrina Cruz Araujo	F	Individual	01:23:19
2708	M35	385	6584	Rui Pedro Oliveira	M	Individual	01:23:19
2709	F35	189	4753	Eva Marques	F		01:23:21
2710	F35	190	2226	Claudia Sequeira	F		01:23:21
2711	F20	458	2772	Ana Franco	F		01:23:22
2712	F20	459	5552	Ines Povoas	F		01:23:23
2713	F40	135	206	Ana Cristina Silva	F	Edp Gas	01:23:29
2714	M17	85	207	Afonso Mansilha Silva	M	Edp Gas	01:23:31
2715	M35	386	6636	Paulo Pinto	M	Individual	01:23:44
2716	M40	263	6582	Antonio Lemos	M	Arrasta O Pe	01:23:44
2717	F20	460	6746	Paula Maria Da Rocha	F	Individual	01:23:46
2718	F20	461	6741	Liliana Goncalves	F	Individual	01:23:46
2719	F20	462	6743	Sofia Pereira	F	Individual	01:23:47
2720	M40	264	4507	Ricardo Tavares	M	As Tartarugas	01:23:50
2721	F35	191	4508	Susana Tavares	F	As Tartarugas	01:23:50
2722	F45	162	4506	Maria Jose Silva	F	As Tartarugas	01:23:50
2723	F45	163	2447	Anabela Magalhães	F		01:23:54
2724	F35	192	7290	Lucia Neves	F	Individual	01:23:55
2725	F35	193	7276	Rosaria Silva	F	Individual	01:23:55
2726	F45	164	6696	Maria Fatima Goncalves	F	Individual	01:23:56
2727	M60	41	6695	Jose Goncalves	M	Individual	01:23:57
2728	F20	463	4866	Sofia Esteves	F	As Sheilonas	01:24:05
2729	F20	464	521	Liliana Fonte	F	As Sheilonas	01:24:05
2730	F20	465	4865	Rita Caldeira	F	As Sheilonas	01:24:07
2731	F20	466	668	Anabela Morais	F	Kibangas	01:24:08
2732	M35	387	4755	Hélder Almeida	M		01:24:08
2733	M18	19	582	Inácio Mofreita	M	Kibangas	01:24:09
2734	F35	194	4544	Ana Cardoso	F	Mds Night Runners	01:24:09
2735	F40	136	4550	Isabel Manadas	F	Mds Night Runners	01:24:09
2736	M35	388	4667	Pedro Brizido	M	Pipb	01:24:11
2737	F35	195	4668	Sandra Nova	F	Pipb	01:24:11
2738	F35	196	7161	Ilda Rocha	F	Individual	01:24:11
2739	F45	165	4997	Leonor Simoes	F	Barriga Mole	01:24:12
2740	F40	137	4025	Maria Joao Latourrette	F	Club-Tour	01:24:13
2741	F20	467	670	Bárbara Mofreita	F	Kibangas	01:24:13
2742	F20	468	4998	Marlene Ferreira	F	Barriga Mole	01:24:13
2743	F40	138	7160	Ana Paula Lago	F	Individual	01:24:13
2744	F18	13	4019	Filipa Queiros	F	Club-Tour	01:24:13
2745	M45	175	4024	Antonio Quintanova	M	Club-Tour	01:24:14
2746	M20	590	4869	Tiago Magalhães	M	As Sheilonas	01:24:15
2747	F45	166	5527	Olinda Oliveira	F	Resistentes	01:24:19
2748	F45	167	5525	Conceição Cunha	F	Resistentes	01:24:20
2749	M35	389	5560	Márcio Guedes	M	Freaks	01:24:20
2750	F20	469	7279	Sandra Ferreira	F	Individual	01:24:21

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2751	F35	197	5252	Silvia Anjos	F		01:24:21
2752	F20	470	4636	Cristina Almeida	F	Team Friskas	01:24:23
2753	M20	591	4635	Bruno Goncalves	M	Team Friskas	01:24:23
2754	M20	592	4519	Joel Oliveira	M	Farinhentos	01:24:30
2755	M20	593	4520	Sílvio Araújo	M	Farinhentos	01:24:32
2756	F20	471	4518	Andreia Pereira	F	Farinhentos	01:24:33
2757	F20	472	359	Ana Fortunato	F		01:24:33
2758	M20	594	4637	Fabio Gonçalves	M	Team Friskas	01:24:33
2759	F17	54	5221	Carla Simões	F	Os Vasourinhas	01:24:35
2760	M35	390	5219	Antonio Do Aido	M	Os Vasourinhas	01:24:36
2761	F20	473	5220	Bruna Pereira	F	Os Vasourinhas	01:24:37
2762	F35	198	4746	Cristina Costa	F	Mds Night Runners	01:24:40
2763	M40	265	4554	Pedro Moura Ferreira	M	Mds Night Runners	01:24:40
2764	F20	474	4552	Maria Fonseca	F	Mds Night Runners	01:24:40
2765	F45	168	4547	Diana Mourão	F	Mds Night Runners	01:24:40
2766	F35	199	2214	Andreia Dias	F	Mds Night Runners	01:24:41
2767	F40	139	4546	Carla Alves	F	Mds Night Runners	01:24:41
2768	M35	391	4549	Helder Nicolau	M	Mds Night Runners	01:24:41
2769	F35	200	4545	Ana Guimarães	F	Mds Night Runners	01:24:42
2770	M20	595	6984	Nuno Varandas	M	Individual	01:25:07
2771	F35	201	6985	Sara Costa	F	Individual	01:25:07
2772	F20	475	6983	Patricia Ferreira	F	Individual	01:25:08
2773	F20	476	2428	Isabel Pinto	F		01:25:09
2774	F35	202	4928	Elisabete Pinto	F		01:25:10
2775	F35	203	6651	Carla Pereira	F	Individual	01:25:10
2776	F35	204	6506	Rosa Oliveira	F	Individual	01:25:10
2777	F35	205	4107	Zaida Miranda	F	Liberty Seguros	01:25:13
2778	F20	477	4996	Lea Oliveira	F	Barriga Mole	01:25:13
2779	F20	478	4111	Ines Matias Pinheiro	F	Liberty Seguros	01:25:14
2780	M20	596	4108	Luis Pinheiro	M	Liberty Seguros	01:25:14
2781	M20	597	4991	Bruno Vieira	M	Barriga Mole	01:25:14
2782	M60	42	6722	Jose Silva	M	Individual	01:25:20
2783	M20	598	6724	Ricardo Ferreira	M	Individual	01:25:20
2784	F35	206	2817	Rute Sampaio	F	Budeguita Runners	01:25:21
2785	F20	479	2588	Ana Silva	F	Budeguita Runners	01:25:23
2786	F40	140	2589	Isabel Marques	F	Budeguita Runners	01:25:23
2787	F40	141	6692	Irene Cardoso	F	Individual	01:25:36
2788	F40	142	6691	Elisabete Fernandes	F	Individual	01:25:36
2789	F40	143	6505	Isabel Maria Silva Oliveira	F	Individual	01:25:38
2790	M45	176	5633	António Santos	M	Maiorff	01:25:39
2791	F35	207	659	Iolanda Moutinho	F	Fast Ao Km	01:25:42
2792	M45	177	5536	Paulo Jorge Teixeira	M	Azul E Vermelho	01:25:43
2793	F45	169	5535	Irene De Sousa	F	Azul E Vermelho	01:25:43
2794	F35	208	663	Susana Guedes	F	Fast Ao Km	01:25:43
2795	M35	392	4030	Andre Machado	M	Club-Tour	01:25:46
2796	M20	599	197	David Lima	M	Runitos E Runitas Caminhantes	01:25:46
2797	F45	170	4032	Dilma Silva	F	Club-Tour	01:25:46
2798	M20	600	6650	Jose Pedro Monteiro	M	Individual	01:25:46
2799	F45	171	6508	Fatima Oliveira	F	Individual	01:25:47
2800	F20	480	6835	Ana Filipa Moura	F	Edp	01:25:47
2801	F45	172	6884	Maria Paula Almeida	F	Edp	01:25:47
2802	M17	86	4183	Diogo Costa	M	Liberty Seguros	01:25:47
2803	M45	178	4158	Jose Moreira	M	Liberty Seguros	01:25:48
2804	F20	481	4031	Raquel Azevedo	F	Club-Tour	01:25:48
2805	F35	209	4186	Maria Joao Felix	F	Liberty Seguros	01:25:59

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2806	F40	144	4174	Maria Isabel Martins	F	Liberty Seguros	01:25:59
2807	M40	266	4161	Cesar Moreira	M	Liberty Seguros	01:25:59
2808	M40	267	5577	Gustavo Silva	M		01:26:01
2809	F20	482	4678	Alexandra Correia	F		01:26:02
2810	M20	601	2176	Márcio Silva	M		01:26:02
2811	F20	483	5663	Elvira Pinto	F	Passatempo Nova Era	01:26:02
2812	M60	43	6814	Antonio Ferreira	M	Individual	01:26:02
2813	F35	210	5578	Maria Albertina Maia Silva	F	Os Silvas	01:26:03
2814	F17	55	5579	Tatiana Maia Silva	F	Os Silvas	01:26:03
2815	F17	56	5662	Ines Santiago	F	Passatempo Nova Era	01:26:04
2816	M20	602	2493	Hugo Moreira	M	Os Vagarelas	01:26:06
2817	F20	484	5061	Sandra Oliveira	F	Os Vagarelas	01:26:06
2818	F35	211	5062	Silvia Lima	F	Os Vagarelas	01:26:07
2819	F20	485	5665	Sara Dias	F	Passatempo Nova Era	01:26:11
2820	F20	486	5635	Olga Oliveira	F	Maiorff	01:26:11
2821	M20	603	5634	Nuno Gomes	M	Maiorff	01:26:11
2822	F40	145	816	Paula Pinto	F	Maiorff	01:26:12
2823	F20	487	2034	Juliana Monteiro	F		01:26:19
2824	F45	173	5612	Cecilia Monteiro	F		01:26:20
2825	F40	146	2159	Cristina Dias	F		01:26:25
2826	M60	44	6948	Alvaro Almeida	M	Os Isabelinhas	01:26:26
2827	F45	174	6949	Olga Maria Almeida	F	Os Isabelinhas	01:26:26
2828	M20	604	6946	Pedro Loureiro	M	Os Isabelinhas	01:26:28
2829	M50	93	6940	Jose Maria Pereira	M	Os Isabelinhas	01:26:28
2830	F45	175	6941	Idalina Pereira	F	Os Isabelinhas	01:26:28
2831	F45	176	657	Aurora Pinto	F	Fast Ao Km	01:26:36
2832	F35	212	4130	Claudia Silva	F	Liberty Seguros	01:26:36
2833	F17	57	4135	Ana Raquel Gandara	F	Liberty Seguros	01:26:40
2834	M40	268	6775	Jose Carlos Magalhaes	M	Edp - 317373	01:26:40
2835	F45	177	5242	Cristina Monteiro	F		01:26:41
2836	F20	488	6773	Marcia Rodrigues	F	Edp - 317373	01:26:42
2837	F20	489	7019	Maria Praca	F	Individual	01:26:46
2838	F45	178	6774	Ana Maria Rodrigues	F	Edp - 317373	01:26:46
2839	F20	490	6945	Maria Armenia Arranhado	F	Os Isabelinhas	01:26:53
2840	F45	179	6939	Emilia Capelo	F	Os Isabelinhas	01:26:53
2841	F45	180	6786	Paula Rafael	F	Amigos Da Sofia	01:26:55
2842	F40	147	6788	Carla Rocha	F	Amigos Da Sofia	01:26:57
2843	M40	269	7159	Alberto Lago	M	Individual	01:27:05
2844	F45	181	544	Laurinda Guimaraes	F		01:27:09
2845	F45	182	5131	Maria Escudeiro	F		01:27:09
2846	F45	183	4914	Gabriela Couto	F		01:27:10
2847	M60	45	2096	Jose Coutinho	M		01:27:10
2848	M20	605	4868	Tiago Filipe	M	As Sheilonas	01:27:11
2849	F45	184	6624	Manuela Barreto	F	G D Banco Portugal	01:27:14
2850	F17	58	5317	Margarida Cardoso	F	Cardoso Family	01:27:14
2851	F17	59	4967	Inês Magalhães	F	Bolt1	01:27:14
2852	M20	606	4863	Bruno Pereira	M	As Sheilonas	01:27:15
2853	M20	607	4864	Jorge Martinho	M	As Sheilonas	01:27:15
2854	F40	148	5103	Angela Carvalho	F	Bolt1	01:27:15
2855	F45	185	4721	Luísa Albuquerque	F		01:27:16
2856	F20	491	6878	Raquel Silva	F	Edp	01:27:16
2857	F45	186	6877	Graca Silva	F	Edp	01:27:17
2858	M20	608	196	Vasco Macedo	M	Runitos E Runitas Caminhantes	01:27:17
2859	F20	492	195	Manuela Macedo	F	Runitos E Runitas Caminhantes	01:27:17
2860	F40	149	5315	Carla Correia	F	Cardoso Family	01:27:17

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2861	F35	213	4969	Susana Magalhães	F	Bolt1	01:27:19
2862	F35	214	5624	Eunice Mouta	F		01:27:20
2863	M17	87	4264	Antonio Casal	M	Edp Gas	01:27:20
2864	F18	14	265	Maria Ines Santos	F	Edp Gas	01:27:21
2865	M40	270	5479	Paulo Maia	M	Rodinhas	01:27:21
2866	F45	187	262	Lurdes Medeiros	F	Edp Gas	01:27:21
2867	F20	493	4263	Catarina Barbosa	F	Edp Gas	01:27:21
2868	M50	94	6995	Antonio Ferreira	M	Individual	01:27:21
2869	F45	188	6994	Coreti Silva	F	Individual	01:27:21
2870	F20	494	266	Catarina Santos	F	Edp Gas	01:27:22
2871	F45	189	263	Alice Santos	F	Edp Gas	01:27:23
2872	F20	495	4262	Mafalda Casal	F	Edp Gas	01:27:23
2873	M50	95	6710	Carlos Aguiar	M	Individual	01:27:24
2874	F45	190	267	Maria Orquidea Ferrao	F	Edp Gas	01:27:26
2875	M40	271	4086	Ricardo Pinto	M	Liberty Seguros	01:27:27
2876	M35	393	4091	Jose Martins	M	Liberty Seguros	01:27:28
2877	F20	496	4082	Alexandra Marques	F	Liberty Seguros	01:27:29
2878	F18	15	6862	Catarina Frois Pereira	F	Familia Frois Pereira	01:27:29
2879	F35	215	4088	Sandra Costa	F	Liberty Seguros	01:27:32
2880	F45	191	5108	Ana Ferro	F	Ferro Santos	01:27:36
2881	F20	497	6725	Rita Silva	F	Individual	01:27:39
2882	M45	179	5110	Fernando Santos	M	Ferro Santos	01:27:39
2883	F17	60	4260	Ines Silva	F	Edp Gas	01:27:41
2884	F45	192	6861	Luciana Frois	F	Familia Frois Pereira	01:27:41
2885	F35	216	4258	Catarina Silva	F	Edp Gas	01:27:41
2886	F17	61	4261	Leonor Silva	F	Edp Gas	01:27:43
2887	F45	193	5398	Ana Ferreira	F		01:27:43
2888	F45	194	2105	Liliana Ramos	F	Os Maiores Da Rua 4	01:27:44
2889	F45	195	235	Manuela Silva	F	Edp Gas	01:27:45
2890	F35	217	234	Rita Silva	F	Edp Gas	01:27:45
2891	F45	196	6726	Ana Santos	F	Individual	01:27:45
2892	M60	46	5407	Emanuel Barbosa	M		01:27:47
2893	F17	62	219	Ana Camoes Araujo	F	Edp Gas	01:27:47
2894	M35	394	4259	Rui Manuel Silva	M	Edp Gas	01:27:48
2895	F45	197	5408	Fernanda Barbosa	F		01:27:48
2896	F17	63	218	Ines Camoes Araujo	F	Edp Gas	01:27:49
2897	F40	150	215	Elsa Camoes	F	Edp Gas	01:27:49
2898	M50	96	2106	Luis Fernando Santos	M	Os Maiores Da Rua 4	01:27:51
2899	F45	198	2108	Margarida Freitas	F	Os Maiores Da Rua 4	01:27:51
2900	F17	64	93	Beatriz Correia	F	Edp Gas	01:27:52
2901	M40	272	214	Joaquim Silva Barbosa	M	Edp Gas	01:27:52
2902	F45	199	2107	Madalena Cajão	F	Os Maiores Da Rua 4	01:27:53
2903	F35	218	2604	Otilia Dias	F	Carlos&Manuela	01:27:54
2904		1	5643	Vera Santos	F	Trofa	01:27:56
2905		2	5642	Ana Fernandes	F	Trofa	01:27:56
2906	F20	498	92	Maria Joao Pinto	F	Edp Gas	01:27:59
2907	F20	499	94	Rita Correia	F	Edp Gas	01:27:59
2908	M50	97	91	Mario Correia	M	Edp Gas	01:27:59
2909	M40	273	4134	Jose Carlos Gandara	M	Liberty Seguros	01:28:04
2910	F17	65	4136	Marta Sofia Gandara	F	Liberty Seguros	01:28:04
2911	M35	395	2603	Carlos Dias	M	Carlos&Manuela	01:28:05
2912	F40	151	5225	Cristina Casais	F	Mlmcm	01:28:10
2913	M17	88	5236	Rodrigo Casais	M	Mlmcm	01:28:10
2914	M17	89	5106	Rogrigo Caldeira	M	Caldeira	01:28:10
2915	F45	200	5237	Teresa Figueiras	F	Mlmcm	01:28:11



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2916	M20	609	5185	Ilídio Fernandes	M	Ilídio E Sandra	01:28:16
2917	F40	152	2331	Maria Manuel Gonçalves	F		01:28:18
2918	F40	153	5107	Silvia Caldeira	F	Caldeira	01:28:19
2919	F45	201	5566	Graca Guerra	F		01:28:24
2920	F45	202	4964	Albina Mendes	F	Bolt1	01:28:24
2921	F20	500	227	Tania Santos	F	Edp Gas	01:28:28
2922	M18	20	226	Vasco Queiroz	M	Edp Gas	01:28:30
2923	F35	219	631	Sandra Sampaio	F	Ilídio E Sandra	01:28:31
2924	F17	66	4230	Catarina Santos	F	Liberty Seguros	01:28:39
2925	F17	67	4099	Joana Almeida	F	Liberty Seguros	01:28:39
2926	F20	501	4097	Magda Rocha	F	Liberty Seguros	01:28:40
2927	F40	154	4095	Cristina Fortuna	F	Liberty Seguros	01:28:40
2928	F40	155	4229	Helda Machado	F	Liberty Seguros	01:28:41
2929	M20	610	587	Diogo Silva	M	Os Boa Morte	01:28:41
2930	F20	502	588	Joana Figueiredo	F	Os Boa Morte	01:28:42
2931	M20	611	589	João Pedro Vilas Boas	M	Os Boa Morte	01:28:42
2932	F20	503	4096	Andreia Teixeira	F	Liberty Seguros	01:28:43
2933	F40	156	6583	Julia Peixoto	F	Arrasta O Pe	01:28:46
2934	M17	90	5476	Guilherme Oliveira	M	Rodinhas	01:28:52
2935	F40	157	5478	Maria De Lurdes Maia	F	Rodinhas	01:28:55
2936	M35	396	5480	Paulo Oliveira	M	Rodinhas	01:28:55
2937	F40	158	5477	Inês Oliveira	F	Rodinhas	01:28:56
2938	M35	397	591	Vítor Vale	M	Os Boa Morte	01:28:57
2939	F45	203	2233	Rosa Meira	F		01:28:59
2940	M17	91	592	Vítor Santos Vale	M	Os Boa Morte	01:28:59
2941	F20	504	590	Teresa Santos	F	Os Boa Morte	01:29:04
2942	F20	505	586	Cláudia Vale	F	Os Boa Morte	01:29:05
2943	F35	220	5649	Barbara Bastos	F	Passatempo Nova Era	01:29:11
2944	F20	506	5650	Vera Fernandes	F	Passatempo Nova Era	01:29:24
2945	M17	92	153	Luis Barreiro	M	Edp Gas	01:29:29
2946	M35	398	152	Pedro Barreiro	M	Edp Gas	01:29:29
2947	F40	159	4141	Ana Sofia Pinto	F	Liberty Seguros	01:29:30
2948	F35	221	150	Deolinda Couto	F	Edp Gas	01:29:31
2949	F17	68	4131	Alexandra Real	F	Liberty Seguros	01:29:31
2950	F40	160	4132	Susana Fernandes	F	Liberty Seguros	01:29:31
2951	F45	204	739	Maria Do Carmo Pita	F		01:29:42
2952	F35	222	6635	Carla Costa	F	Individual	01:29:42
2953	F45	205	6702	Armanda Carmo	F	Individual	01:29:42
2954	F17	69	4919	Filipa Lopes	F	Lopes Family	01:29:44
2955	F40	161	4920	Manuela Lopes	F	Lopes Family	01:29:44
2956	F45	206	801	Dulce Longo	F		01:29:44
2957	F20	507	528	Ana Cristina Almeida	F		01:29:44
2958	F35	223	287	Claudia Santos	F	Individual	01:29:47
2959	F35	224	286	Isabel Cardoso	F	Individual	01:29:50
2960	F17	70	65	Ines Figueiredo	F	Runitos E Runitas Caminhantes	01:29:53
2961	F18	16	170	Ana Rita Azevedo	F	Runitos E Runitas Caminhantes	01:29:55
2962	F45	207	169	Elsa Rodrigues	F	Runitos E Runitas Caminhantes	01:29:55
2963	F40	162	171	Carla Araujo	F	Runitos E Runitas Caminhantes	01:29:55
2964	F45	208	744	Nair Barros	F	Catrinhas	01:29:57
2965	F45	209	745	Regina Maia	F	Catrinhas	01:29:58
2966	F45	210	5206	Manuela Aveiro	F		01:29:59
2967	F17	71	5272	Catarina Martins	F	Party Girls	01:29:59
2968	F45	211	5273	Dalila Santos	F	Party Girls	01:29:59
2969	M50	98	63	Carlos Figueiredo	M	Runitos E Runitas Caminhantes	01:30:00
2970	F45	212	64	Celeste Figueiredo	F	Runitos E Runitas Caminhantes	01:30:01

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
2971	M17	93	4824	Luis Silva	M	Moutinhos	01:30:01
2972	F35	225	5275	Lídia Silva	F	Party Girls	01:30:02
2973	F45	213	742	Aurora Moreira	F	Catrinias	01:30:03
2974	F45	214	743	Manuela Moreira	F	Catrinias	01:30:04
2975	F45	215	4027	Maria Julieta Fonseca	F	Club-Tour	01:30:05
2976	M35	399	4022	Antonio Freitas	M	Club-Tour	01:30:06
2977	M20	612	4994	Daniel Vasconcelos	M	Barriga Mole	01:30:17
2978	M20	613	4995	Helder Nogueira	M	Barriga Mole	01:30:17
2979	F17	72	6934	Ana Beatriz Carvalho	F	Individual	01:30:19
2980	M45	180	6936	Jose Carlos Carvalho	M	Individual	01:30:23
2981	F17	73	6935	Ana Leonor Carvalho	F	Individual	01:30:31
2982	F40	163	6933	Ana Cristina Carvalho	F	Individual	01:30:35
2983	F20	508	2510	Rita Santos	F		01:30:36
2984	F35	226	7282	Ana Paula Silva	F	Individual	01:30:37
2985	F17	74	7285	Tatiana Bastos	F	Individual	01:30:37
2986	F45	216	7284	Rosa Silva	F	Individual	01:30:37
2987	F20	509	7286	Carina Silva	F	Individual	01:30:37
2988	F20	510	7283	Maria Fatima Oliveira	F	Individual	01:30:37
2989	F35	227	5276	Sónia Gomes	F	Party Girls	01:30:38
2990	F35	228	5295	Dóris Araújo	F	Party Girls	01:30:38
2991	F40	164	7153	Maria De Fatima Sousa	F	Individual	01:30:39
2992	F40	165	7150	Berta Carvalho	F	Individual	01:30:39
2993	F20	511	5187	Alexandra Santos	F		01:30:39
2994	M35	400	5294	Joaquim Carvalho	M	Quedabike	01:30:40
2995	F20	512	5274	Diana Teixeira	F	Party Girls	01:30:41
2996	F35	229	5277	Susana Gomes	F	Party Girls	01:30:41
2997	M50	99	4860	José Pereira	M	Passos Largos	01:30:42
2998	F45	217	4857	Arminda Pereira	F	Passos Largos	01:30:42
2999	F18	17	4859	Inês Pereira	F	Passos Largos	01:30:43
3000	F45	218	554	Berta Leite	F		01:30:43
3001	M20	614	5517	Hugo Monteiro	M	Oralsaúde	01:30:45
3002	M20	615	5522	Simão Gil	M	Oralsaúde	01:30:46
3003	F45	219	5523	Sofia Machado	F	Oralsaúde	01:30:46
3004	F45	220	4858	Cândida Baptista	F	Passos Largos	01:30:53
3005	F35	230	7103	Patricia Pinheiro	F	Porto Runners	01:30:55
3006	M20	616	7141	Pedro Filipe Soares	M	Individual	01:30:56
3007	F20	513	7091	Liliana Fonseca	F	Porto Runners	01:30:56
3008	F20	514	7140	Raquel Franco Silva	F	Individual	01:30:56
3009	F20	515	7090	Justina Barros	F	Porto Runners	01:30:56
3010	F20	516	7274	Carla Goncalves	F	Individual	01:31:04
3011	F35	231	7275	Carla Silva	F	Individual	01:31:05
3012	F35	232	7281	Maria Vieira	F	Individual	01:31:06
3013	F20	517	7272	Carla Silva	F	Individual	01:31:08
3014	F20	518	7293	Ana Ferreira	F	Individual	01:31:08
3015	F35	233	495	Sara Carvalho	F		01:31:08
3016	F45	221	221	Ana Maria Camoes	F	Edp Gas	01:31:09
3017	F17	75	7292	Marina Flores	F	Individual	01:31:09
3018	M17	94	6562	Filipe Silva	M	Desportivo Do Marco	01:31:11
3019	M45	181	6563	Jose Silva	M	Individual	01:31:11
3020	F45	222	6899	Maria Matos	F	Europacolon	01:31:11
3021	F45	223	6895	Alexandra Marinho	F	Europacolon	01:31:12
3022	F45	224	5058	Margarida Fortuna	F		01:31:12
3023	M17	95	5057	Armando Fortuna	M	Individual	01:31:12
3024	F40	166	6561	Susana Silva	F	Individual	01:31:13
3025	M60	47	6900	Arlindo Matos	M	Europacolon	01:31:14

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
3026	M55	60	6898	Vitor Neves	M	Europacolon	01:31:14
3027	M17	96	127	Gustavo Couto	M	Edp Gas	01:31:16
3028	F35	234	151	Claudia Sousa	F	Edp Gas	01:31:19
3029	F35	235	126	Claudia Couto	F	Edp Gas	01:31:19
3030	F35	236	4793	Adelaide Dias	F	As Amigas	01:31:21
3031	F40	167	159	Sonia Silva	F	Edp Gas	01:31:24
3032	F35	237	161	Lidia Araujo	F	Edp Gas	01:31:25
3033	F20	519	6509	Daniela Campos	F	Individual	01:31:26
3034	F20	520	6511	Ana Candida Martins	F	Individual	01:31:27
3035	F20	521	6507	Ana Raquel Guimaraes	F	Individual	01:31:27
3036	M20	617	6512	Hugo Mendes	M	Individual	01:31:28
3037	F20	522	6510	Monica Ferreira	F	Individual	01:31:28
3038	F20	523	5660	Laurinda Azevedo	F	Individual	01:31:49
3039	F40	168	228	Adilia Queiros	F	Edp Gas	01:31:55
3040	M17	97	230	Rodrigo Queiros	M	Edp Gas	01:31:56
3041	F17	76	229	Maria Sara Queiros	F	Edp Gas	01:31:56
3042	M20	618	6886	Helder Marques	M	Edp	01:32:01
3043	F17	77	7181	Susana Goncalves	F	Individual	01:32:02
3044	F40	169	6652	Maria Herminia Soares	F	Individual	01:32:02
3045	F40	170	5659	Rosa Alves	F	Individual	01:32:03
3046	F20	524	6885	Patricia Marques	F	Edp	01:32:04
3047	F40	171	7071	Carla Cunha	F	Porto Runners	01:32:13
3048	M40	274	7105	Pedro Lopes	M	Porto Runners	01:32:13
3049	F35	238	4795	Leonilde Silva	F	As Amigas	01:32:14
3050	F35	239	4794	Cristina Ferreira	F	As Amigas	01:32:17
3051	F20	525	4796	Vera Silva	F	As Amigas	01:32:23
3052	F35	240	5528	Carla Ferreira	F		01:32:32
3053	F20	526	5547	Catarina Fernandes	F		01:32:39
3054	M60	48	7079	Francisco Lopes	M	Porto Runners	01:32:49
3055	F20	527	99	Ana Claudia Sousa	F	Edp Gas	01:32:51
3056	M20	619	100	Pedro Costa	M	Edp Gas	01:32:52
3057	M45	182	111	Armando Costa	M	Edp Gas	01:32:55
3058	F45	225	98	Adelaide Costa	F	Edp Gas	01:32:55
3059	M17	98	2522	Luís Rodrigues	M	Individual	01:33:00
3060	F45	226	4842	Maria Bastos	F		01:33:01
3061	F45	227	5090	Maria Manuela Vieira	F		01:33:01
3062	F35	241	611	Joana Silva	F		01:33:01
3063	F20	528	5648	Sara Coelho	F	Passatempo Nova Era	01:33:02
3064	F40	172	4825	Mónica Afonso	F	Moutinhos	01:33:08
3065	M45	183	220	Pedro Manuel Araujo	M	Edp Gas	01:33:10
3066	F40	173	5425	Sandra Morais	F	Amigos Do Henrique	01:33:13
3067	F20	529	5688	Catia Moreira	F	Passatempo Nova Era	01:33:13
3068	M20	620	5689	Eurico Oliveira	M	Passatempo Nova Era	01:33:13
3069	M20	621	7273	Joao Leal	M	Individual	01:33:13
3070	F45	228	5226	Fernanda Morais	F	MlmcM	01:33:15
3071	M40	275	7001	Carlos Barbosa	M	Individual	01:33:24
3072	M45	184	7291	Jose Ferreira	M	Individual	01:33:27
3073	F20	530	2694	Cecília Silva	F		01:33:30
3074	F20	531	7000	Patricia Silva	F	Individual	01:33:32
3075	F35	242	7002	Andreia Pinto	F	Individual	01:33:34
3076	M20	622	5160	Alexandre Sousa	M		01:33:35
3077	M20	623	260	Joao Pedro Alves	M	Edp Gas	01:33:36
3078	M55	61	252	Carlos Alves	M	Edp Gas	01:33:37
3079	F45	229	259	Ana Paula Alves	F	Edp Gas	01:33:38
3080	F35	243	261	Maria Teixeira	F	Edp Gas	01:33:39

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
3081	M20	624	2699	Fabio Kobayashi	M	First Team	01:33:43
3082	F20	532	5379	Sandra Vaz	F	First Team	01:33:43
3083	M40	276	4670	Vasco Lopes	M	Vs97	01:33:56
3084	F35	244	4669	Susana Lopes	F	Vs97	01:33:56
3085	F20	533	5639	Joana Ribeiro	F	Passatempo Nova Era	01:34:25
3086	F45	230	7053	Fatima Santos	F	Individual	01:34:30
3087	F45	231	7008	Maria Ferreira	F	Individual	01:34:30
3088	F20	534	7021	Catarina Santos	F	Individual	01:34:32
3089	F20	535	7010	Catia Monteiro	F	Individual	01:34:32
3090	F20	536	5373	Ana Coelho	F	First Team	01:34:33
3091	F20	537	5375	Joana Oliveira	F	First Team	01:34:33
3092	M35	401	5378	Pedro Mendes	M	First Team	01:34:33
3093	F17	78	5424	Rita Coimbra	F	Amigos Do Henrique	01:34:33
3094	M17	99	5420	Manuel Marques	M	Amigos Do Henrique	01:34:34
3095	F17	79	5417	Joana Coimbra	F	Amigos Do Henrique	01:34:34
3096	M20	625	7011	Joao Ferreira	M	Individual	01:34:34
3097	F45	232	7132	Silvia Matos	F	Pim.Pam.Pum	01:34:35
3098	F40	174	7134	Fatima Sousa	F	Pim.Pam.Pum	01:34:39
3099	F40	175	5423	Raquel Coimbra	F	Amigos Do Henrique	01:34:40
3100	F45	233	6715	Maria Fernandes	F	Individual	01:34:42
3101	F45	234	6717	Balbina Almeida	F	Individual	01:34:44
3102	F45	235	6719	Isabel Martins	F	Individual	01:35:06
3103	F45	236	6716	Margarida Pereira	F	Individual	01:35:08
3104	M40	277	5421	Miguel Coimbra	M	Amigos Do Henrique	01:35:14
3105	F20	538	5223	Joel Costa	M	Os Vasourinhas	01:35:16
3106	F20	539	5153	Susana Martinez	F	Individual	01:35:16
3107	F20	540	4838	Charlene Lopes	F	Matacoelhos	01:35:30
3108	F20	541	4807	Inês Pedro	F		01:35:31
3109	F35	245	4844	Sandra Paulinha	F	Os Caramelos	01:35:36
3110	F40	176	6815	Cristina Lisboa	F	Individual	01:35:36
3111	F35	246	2492	Teresa Paiva	F	Upandaway	01:35:39
3112	F45	237	5328	Paula Morgado	F		01:35:41
3113	F35	247	712	Carla Lopes	F	Fal	01:35:54
3114	F20	542	5354	Cláudia Lopes	F	Fal	01:35:57
3115	F20	543	5355	Rita Leal	F	Fal	01:36:07
3116	M40	278	5418	João Marques	M	Amigos Do Henrique	01:36:16
3117	F40	177	5422	Paula Pereira	F	Amigos Do Henrique	01:36:17
3118	M17	100	5419	João Pereira	M	Amigos Do Henrique	01:36:17
3119	M17	101	5119	Tiago Real	M	Real	01:36:26
3120	F17	80	5118	Clara Real	F		01:36:28
3121	M20	626	4687	Diogo Ferreira	M		01:36:36
3122	M35	402	4696	Fernando Fonseca	M	Cremalheira	01:36:37
3123	F35	248	4695	Elisabete Miei	F	Cremalheira	01:36:44
3124	M40	279	4843	Alexandre Ferreira	M	Os Caramelos	01:36:46
3125	F17	81	5632	Raquel Silva	F		01:36:46
3126	F20	544	4688	Ana Dias	F		01:36:56
3127	F20	545	4686	Ewa Filberek	F		01:36:56
3128	M17	102	4830	Diogo Mendes	M	Darkfamily	01:37:02
3129	F17	82	4521	Beatriz Cepeda	F	Os Desportistas	01:37:04
3130	F40	178	4522	Teresa Fabricio	F		01:37:08
3131	F17	83	5120	Ana Moraes	F	Darkfamily	01:37:11
3132	F20	546	4751	Joana Sanches	F		01:37:23
3133	F20	547	4734	Laura Ribeiro	F		01:37:24
3134	F35	249	667	Manuela Barroso	F	Somos N	01:37:28
3135	F17	84	4832	Maria Moreira	F		01:37:31

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
3136	M35	403	4831	Nuno Mendes	M	Darkfamily	01:37:31
3137	M17	103	5259	Nuno Araújo	M	Somos N	01:37:32
3138	F45	238	4888	Fatima Cerqueira	F		01:37:34
3139	F45	239	4887	Laurinda Lopes	F		01:37:36
3140	F17	85	5165	Ana Carolina Vieira	F	Floriana	01:37:41
3141	M60	49	5258	Augusto Barroso	M	Somos N	01:37:41
3142	F40	179	5166	Flor Costa	F	Floriana	01:37:41
3143	F45	240	4646	Rosa Faria	F	Loursal	01:38:06
3144	F45	241	4642	Gloria Castro	F	Loursal	01:38:09
3145	F17	86	4643	Julieta Seabra	F	Loursal	01:38:11
3146	F45	242	4644	Linda Carvalho	F	Loursal	01:38:12
3147	F45	243	4645	Maria Lourdes Salgueiro	F	Loursal	01:38:16
3148	F45	244	6653	Luisa Soares	F	Individual	01:38:23
3149	F45	245	6654	Manuela Soares	F	Individual	01:38:25
3150	F20	548	6666	Maria Sousa	F	Individual	01:38:30
3151	M60	50	6667	A Pereira Gomes	M	Individual	01:38:32
3152	F20	549	5271	Isabel Moreira	F	A Amizade É O Que Nos Une	01:38:44
3153	M20	627	5270	Álvaro Gomes	M	A Amizade É O Que Nos Une	01:38:47
3154	F45	246	6670	Ana Carla Gomes	F	Individual	01:38:47
3155	M20	628	4871	Hugo Correia	M	A Amizade É O Que Nos Une	01:38:48
3156	F20	550	4872	Isabel Coelho	F	A Amizade É O Que Nos Une	01:38:50
3157	F20	551	4870	Diana Reis	F	A Amizade É O Que Nos Une	01:39:00
3158	F20	552	46	Amelia Azevedo	F	Individual	01:39:08
3159	F35	250	2798	Sandra Neto	F		01:39:28
3160	F40	180	796	Susana Soares	F		01:39:36
3161	F20	553	4992	Claudia Vasconcelos	F	Barriga Mole	01:40:13
3162	F20	554	6727	Liliana Bastolo	F	Individual	01:40:13
3163	F20	555	4993	Cristina Teixeira	F	Barriga Mole	01:40:13
3164	F17	87	7196	Sara Fernandes	F	Individual	01:40:15
3165	M40	280	7197	Joao Fernandes	M	Individual	01:40:15
3166	F40	181	7195	Paula Fernandes	F	Individual	01:40:16
3167	M17	104	4908	Alexandre Pinto	M	Nightrun	01:41:02
3168	M17	105	4910	Joao Pinto	M	Nightrun	01:41:03
3169	M17	106	2689	Bruno Martins	M	Pirilampo Mágico	01:41:06
3170	F45	247	2691	Maria Magalhaes	F	Pirilampo Mágico	01:41:07
3171	F40	182	4911	Raquel Barreto	F	Nightrun	01:41:09
3172	F35	251	2690	Celia Ferreira	F	Pirilampo Mágico	01:41:12
3173	F40	183	5149	Carla Ferreira	F	Nightrun	01:41:24
3174	F20	556	2692	Marlene Magalhaes	F	Pirilampo Mágico	01:41:24
3175	F17	88	4909	Claudia Rabaça	F	Nightrun	01:41:25
3176	F20	557	5247	Filipa Magalhaes	F	Engomadoria L&A	01:41:27
3177	F45	248	4847	Beatriz Caldeira	F	Os Pirilampos	01:41:36
3178	M20	629	4846	António Pinto	M	Os Pirilampos	01:41:38
3179	F17	89	5246	Conceição Almeida	F	Engomadoria L&A	01:41:41
3180	F45	249	224	Teresa Queiros	F	Edp Gas	01:41:43
3181	M50	100	223	Carlos Queiros	M	Edp Gas	01:41:46
3182	M20	630	225	Tiago Queiroz	M	Edp Gas	01:41:47
3183	F40	184	7176	Ana Isabel Garito	F	Individual	01:41:47
3184	M17	107	146	Jorge Costa	M	Edp Gas	01:41:52
3185	F20	558	5645	Sandra Melo	F	Passatempo Nova Era	01:41:55
3186	F20	559	5644	Monica Melo	F	Passatempo Nova Era	01:41:56
3187	M45	185	7177	Carlos Garito	M	Individual	01:41:58
3188	F45	250	6577	Graca Maria Matos	F	Individual	01:42:03
3189	M20	631	5647	Romulo Ferreira	M	Passatempo Nova Era	01:42:06
3190	M20	632	5646	Alexandre Melo	M	Passatempo Nova Era	01:42:06



Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
3191	F20	560	145	Sara Barbosa	F	Edp Gas	01:42:08
3192	F17	90	149	Beatriz Miranda	F	Edp Gas	01:42:08
3193	F35	252	148	Elisa Miranda	F	Edp Gas	01:42:09
3194		3	817	Juliana Santos	F	Trofa	01:42:22
3195	F35	253	5311	Lucilia Moreira	F		01:42:23
3196	F20	561	5310	Vera Costa	F		01:42:25
3197	M35	404	147	Alfredo Costa	M	Edp Gas	01:42:32
3198	M20	633	7029	Luis Bena	M	Individual	01:42:41
3199	M20	634	7039	Nelson Ferreira	M	Individual	01:42:41
3200	F17	91	6843	Luisa Fernandes	F	Os Incriveis	01:42:42
3201	M20	635	7036	Tiago Ferreira	M	Individual	01:42:42
3202	M40	281	6841	Francisco Fernandes	M	Os Incriveis	01:42:44
3203	M17	108	7037	Joao Brandao	M	Individual	01:42:49
3204	M20	636	7030	Eurico Ferreira	M	Individual	01:42:51
3205	F45	251	5450	Maria Fonseca	F		01:43:28
3206	F17	92	6844	Leonor Fernandes	F	Os Incriveis	01:44:08
3207	M17	109	5342	Fernando Reis	M	A Amizade É O Que Nos Une	01:44:13
3208	F45	252	5341	Emília Reis	F	A Amizade É O Que Nos Une	01:44:14
3209	F20	562	45	Elisa Ferreira	F	Individual	01:44:21
3210	F40	185	6842	Sofia Faro	F	Os Incriveis	01:44:22
3211	M17	110	120	Pedro Nuno Oliveira	M	Runitos E Runitas Caminhantes	01:44:28
3212	M17	111	191	Diogo Teixeira	M	Runitos E Runitas Caminhantes	01:44:28
3213	M35	405	7248	Ricardo Fernandes	M	Unicer - Vitalis	01:44:33
3214	F20	563	7249	Teresa Moura	F	Unicer - Vitalis	01:44:33
3215	M17	112	6794	Marcio Ferreira	M	Individual	01:44:36
3216	F45	253	187	Herminia Teixeira	F	Runitos E Runitas Caminhantes	01:44:37
3217	F45	254	189	Maria Herminia Cardoso	F	Runitos E Runitas Caminhantes	01:44:37
3218	F45	255	194	Josefa Pereira	F	Runitos E Runitas Caminhantes	01:44:38
3219	M35	406	193	Nuno Oliveira	M	Runitos E Runitas Caminhantes	01:44:38
3220	F17	93	119	Ana Claudia Oliveira	F	Runitos E Runitas Caminhantes	01:44:38
3221	F35	254	6793	Carla Ferreira	F	Individual	01:44:38
3222	F35	255	190	Claudia Teixeira	F	Runitos E Runitas Caminhantes	01:44:39
3223	F35	256	192	Claudia Oliveira	F	Runitos E Runitas Caminhantes	01:44:39
3224	M60	51	121	Rui Souto Andrade	M	Runitos E Runitas Caminhantes	01:44:39
3225	F20	564	188	Teresa Viana	F	Runitos E Runitas Caminhantes	01:44:40
3226	F20	565	129	Maria Da Graca Sousa	F	Edp Gas	01:46:19
3227	F40	186	4036	Daniela Moreira Dias	F	Liberty Seguros	01:46:21
3228	F20	566	132	Mafalda Moura Bessa	F	Edp Gas	01:46:22
3229	F45	256	6986	Maria Marques	F	Individual	01:46:22
3230	F17	94	4038	Filipa Maria Bessa	F	Liberty Seguros	01:46:23
3231	F40	187	765	Susana Pinto Baptista	F		01:47:00
3232	F20	567	5363	Joana Almeida	F	Alkaline	01:47:36
3233	F20	568	5365	Sílvia Ventura	F	Alkaline	01:47:37
3234	F17	95	5364	Liliana Sousa	F	Alkaline	01:47:46
3235	F17	96	5366	Soraia Castro	F	Alkaline	01:47:49
3236	F20	569	5362	Bianca Sousa	F	Alkaline	01:47:57
3237	M20	637	713	Guilherme Ferraz	M	Alkaline	01:48:10
3238	F20	570	131	Joana Oliveira	F	Edp Gas	01:51:00
3239	F20	571	128	Susana Sousa	F	Edp Gas	01:51:00
3240	M40	282	5142	Paulo Teixeira	M	Gangue	01:51:27
3241	F35	257	5145	Sonia Peneda	F	Gangue	01:51:28
3242	M35	407	5139	José Carneiro	M	Gangue	01:51:28
3243	M35	408	5138	Filipe Gaspar	M	Gangue	01:51:29
3244	F17	97	5140	Olivia Nogueira	F	Gangue	01:51:31
3245	F20	572	5137	Ana Figueira	F	Gangue	01:51:31

Pos.	Esc	Pos.	Dorsal	Nome	Sexo	Clube/equipa	Tempo
3246	M40	283	4037	Luis Miguel Sousa	M	Liberty Seguros	01:51:34
3247	M17	113	4039	Diogo Moura Bessa	M	Liberty Seguros	01:55:04
3248	F20	573	7026	Liliana Ferreira	F	Individual	02:04:42
3249	F20	574	7038	Juliana Ferreira	F	Individual	02:04:42
3250	M17	114	7047	Hugo Estrela	M	Individual	02:04:46
3251	F20	575	7024	Angela Silva	F	Individual	02:04:46