

Cls.	Num.	Atleta	Sx	Idade	FaixaEtaria	ColocFE	Equipe	Tempo	Percurso
1	15	JOSE RAMOS	M	31	M1939	1	GDR CONFORLIMPA	00:30:10	00:17:38
2	1	HERMANO FERREIRA	M	28	M1939	2	GDR CONFORLIMPA	00:30:10	00:17:38
3	248	NELSON CRUZ	M	33	M1939	3	PRAIA SALEMA	00:30:22	00:17:38
4	2	JOSE MADURO	M	38	M1939	4	MADURO ATHLETICS	00:31:14	00:17:45
5	422	BRUNO FRAGA	M	33	M1939	5	GDR REBOLEIRA	00:31:45	00:18:33
6	6	CARLOS COSTA	M	25	M1939	6	J UNIDA FORNOS	00:31:56	00:18:33
7	1109	JOSE DA LUZ	M	40	M4044	1	CCD SETUBAL	00:32:21	00:18:32
8	10	JOAO MARQUES	M	41	M4044	2	GDR REBOLEIRA	00:32:26	00:18:33
9	486	PEDRO GOMES	M	33	M1939	7	BOAVISTA S MATEUS	00:32:36	00:18:51
10	1623	JOAO VAZ	M	43	M4044	3	CCC O ALVITEJO	00:32:38	00:18:49
11	423	EUGENIO NETO	M	48	M4549	1	GDR REBOLEIRA	00:32:41	00:18:59
12	11	ANTONIO TRAVASSOS	M	39	M1939	8	CUA BENAVENTENSE	00:32:57	00:19:12
13	17	CARLOS ALVES	M	44	M4044	4	BOAVISTA S MATEUS	00:33:00	00:18:41
14	424	JOSE INACIO	M	46	M4549	2	GDR REBOLEIRA	00:33:18	00:19:07
15	1893	FRANCISCO PEDRO	M	40	M4044	5	GDRC OS CARREGUEIRENSES	00:33:30	00:19:08
16	52	LUIS RAÇOES	M	31	M1939	9	GIRA SOL	00:33:43	00:19:10
17	998	FABIO FERREIRA	M	31	M1939	10	LINDA PASTORA SC	00:33:47	00:19:12
18	383	FELIX PAULOS	M	53	M5054	1	GD MACEDO OCULISTA	00:33:50	00:19:32
19	131	LUIS PINTO	M	35	M1939	11	CS MARITIMO	00:34:03	00:19:07
20	1055	HELDER GROSSO	M	28	M1939	12	LICINIO SIMOES	00:34:11	00:19:33
21	426	JOSE ANTUNES	M	45	M4549	3	GDR REBOLEIRA	00:34:21	00:19:40
22	487	SILVESTRE GOMES	M	56	M5559	1	BOAVISTA S MATEUS	00:34:28	00:19:48
23	287	AMILCAR DUARTE	M	52	M5054	2	SPORTING CP	00:34:32	00:19:33
24	1338	PAULO MARTINS	M	35	M1939	13	INDIVIDUAL	00:34:39	00:19:51
25	644	ANTONIO MANETA	M	45	M4549	4	CR LEOES P SALVO	00:34:42	00:19:43
26	1611	AUGUSTO PIRES	M	39	M1939	14	MADURO ATHLETICS	00:34:49	00:20:08
27	648	RENATO MANUEL	M	35	M1939	15	CR LEOES P SALVO	00:34:52	00:20:10
28	468	JOAO INOCENCIO	M	40	M4044	6	A VALE SILENCIO	00:34:54	00:20:14
29	645	ALEXANDRE SOARES	M	49	M4549	5	CR LEOES P SALVO	00:34:54	00:19:51
30	8	HUGO PINTO	M	29	M1939	16	RB RUNNING	00:34:55	00:19:06
31	9	CLARISSE CRUZ	F	29	F1939	1	SPORTING CP	00:34:55	00:20:08
32	452	CUSTODIO ANTONIO	M	34	M1939	17	ESTRELA FC	00:34:55	00:20:12
33	373	ALEXANDRE PINHEIRO	M	40	M4044	7	GD MACEDO OCULISTA	00:35:07	00:20:27
34	1559	ANTONIO J S REAL	M	55	M5559	2	INDIVIDUAL	00:35:08	00:20:28
35	13	MONICA ROSA	F	33	F1939	2	INDIVIDUAL	00:35:13	00:20:13
36	375	ANTONIO SANTOS	M	43	M4044	8	GD MACEDO OCULISTA	00:35:13	00:20:11
37	593	LUIS GOMES	M	42	M4044	9	ARSC TOLEDO	00:35:13	00:20:12
38	1648	AIRES PRATAS	M	56	M5559	3	ODIMARQ ALUMINIOS	00:35:19	00:20:28
39	1302	SASHA MOISEEV	M	23	M1939	18	INDIVIDUAL	00:35:23	00:20:10
40	1336	MARCO FERNANDES	M	32	M1939	19	INDIVIDUAL	00:35:29	00:20:12
41	1991	LUIS CATARINO	M	28	M1939	20	INDIVIDUAL	00:35:33	00:20:08
42	427	PEDRO GIL	M	38	M1939	21	GDR REBOLEIRA	00:35:38	00:20:19
43	401	LUIS BATISTA	M	34	M1939	22	GD MACEDO OCULISTA	00:35:58	00:20:17
44	7	ALEXANDRE CAMEZ	M	37	M1939	23	PORTO RUNNERS	00:36:00	00:20:45
45	1826	ILÍRIO MENDES	M	21	M1939	24	INDIVIDUAL	00:36:04	00:20:53
46	1845	ANA M FERREIRA	F	23	F1939	3	INDIVIDUAL	00:36:09	00:20:45
47	402	VIRGILIO GOMES	M	42	M4044	10	GD MACEDO OCULISTA	00:36:19	00:20:59
48	586	ANDRE FERREIRA	M	30	M1939	25	ARSC TOLEDO	00:36:19	00:21:09
49	652	DOMINGOS CARNEIRO	M	38	M1939	26	CR LEOES P SALVO	00:36:19	00:21:01
50	125	JOAO GOMES	M	51	M5054	3	ADL APELAÇONENSES	00:36:20	00:20:46
51	391	JORGE REIS	M	53	M5054	4	GD MACEDO OCULISTA	00:36:21	00:20:45
52	1561	FILIFE J A MOTA	M	42	M4044	11	INDIVIDUAL	00:36:21	00:21:11
53	16	VERA NUNES	F	31	F1939	4	S L BENFICA	00:36:32	00:00:00
54	425	FILIFE SILVA	M	55	M5559	4	GDR REBOLEIRA	00:36:33	00:21:10

55	88	NUNO GRAÇA	M	27	M1939	27	A SACAVENENSE	00:36:34	00:21:02
56	458	EURI CANDEIAS	M	41	M4044	12	ESTRELA FC	00:36:39	00:00:00
57	453	RODRIGO CARRILHO	M	28	M1939	28	ESTRELA FC	00:36:40	00:21:11
58	4	RAFAELA ALMEIDA	F	27	F1939	5	S L BENFICA	00:36:43	00:21:10
59	317	JOAO CONSTANCIO	M	24	M1939	29	CCDT METRO LX	00:36:43	00:21:40
60	1646	ANTONIO MURTEIRA	M	43	M4044	13	CR LEOES P SALVO	00:36:43	00:21:10
61	380	CARLOS MENDES	M	43	M4044	14	GD MACEDO OCULISTA	00:36:49	00:21:38
62	415	CARLOS JORGE	M	43	M4044	15	C SARGENTO ARMADA	00:37:01	00:21:40
63	14	HELENA SAMPAIO	F	37	F1939	6	GRECAS	00:37:07	00:21:41
64	106	RICARDO CONCEIÇÃO	M	38	M1939	30	A SACAVENENSE	00:37:07	00:21:41
65	90	PAULO SILVESTRE	M	38	M1939	31	A SACAVENENSE	00:37:29	00:21:30
66	1888	JOAO FONTE BOA	M	25	M1939	32	CA PATAMEIRAS	00:37:29	00:21:11
67	649	RICARDO FAISCA	M	29	M1939	33	CR LEOES P SALVO	00:37:40	00:21:56
68	457	PEDRO VIEIRA	M	28	M1939	34	ESTRELA FC	00:37:44	00:21:42
69	1998	PAULO GONÇALVES	M	41	M4044	16	INDIVIDUAL	00:37:46	00:22:19
70	50	PAULO PÓVOA	M	47	M4549	6	CCD CM LOURES	00:37:50	00:22:13
71	39	RUI PACHECO	M	34	M1939	35	CCD CM LOURES	00:37:59	00:22:13
72	472	LUIS SANTOS	M	29	M1939	36	A VALE SILENCIO	00:37:59	00:00:00
73	38	HUGO ADELINO	M	37	M1939	37	CCD CM LOURES	00:38:00	00:22:13
74	592	JOAQUIM RODRIGUES	M	41	M4044	17	ARSC TOLEDO	00:38:02	00:22:28
75	1699	MARGARIDA DIONISIO	F	24	F1939	7	LINDA PASTORA SC	00:38:02	00:21:29
76	414	PEDRO DIAS	M	40	M4044	18	C SARGENTO ARMADA	00:38:03	00:22:19
77	293	ALEXANDRE MONTEIRO	M	31	M1939	38	RB RUNNING	00:38:05	00:22:21
78	413	JORGE TEIXEIRA	M	40	M4044	19	C SARGENTO ARMADA	00:38:11	00:22:23
79	1516	ANTONIO CARDOSO	M	44	M4044	20	INDIVIDUAL	00:38:13	00:22:31
80	1676	GONÇALO FIGUEIRA	M	25	M1939	39	GDC BANCO PORTUGAL	00:38:21	00:21:41
81	141	CELMA BONFIM	F	33	F1939	8	ACR DONAS	00:38:24	00:21:12
82	140	ARTUR SANTIAGO	M	31	M1939	40	ARRUDENSE FC	00:38:25	00:21:12
83	34	EURICO CHARNECA	M	52	M5054	5	CCD CM LOURES	00:38:27	00:22:25
84	309	DAVID GANCO	M	28	M1939	41	CCDT METRO LX	00:38:31	00:22:27
85	410	FERNANDO PEREIRA	M	37	M1939	42	C SARGENTO ARMADA	00:38:34	00:22:25
86	1022	JAIME LAMEGO	M	51	M5054	6	INDIVIDUAL	00:38:35	00:22:06
87	417	JOAQUIM BICO	M	52	M5054	7	C SARGENTO ARMADA	00:38:36	00:22:30
88	647	CARLOS MENDES	M	45	M4549	7	CR LEOES P SALVO	00:38:39	00:22:28
89	1947	PEDRO RIBEIRO	M	39	M1939	43	AMIGOS PARQUE PAZ	00:38:40	00:22:21
90	311	EMANUEL GOMES	M	42	M4044	21	CCDT METRO LX	00:38:42	00:22:52
91	29	LUIS RAFAEL	M	39	M1939	44	GD SANTANDER TOTTA	00:38:45	00:22:10
92	441	ANTONIO SANTOS	M	52	M5054	8	GD INE	00:38:46	00:22:38
93	1694	SERGIO SANTOS	M	46	M4549	8	INDIVIDUAL	00:38:51	00:22:34
94	144	FERNANDO CIPRIANO	M	49	M4549	9	CA VALE FIGUEIRA	00:38:52	00:22:34
95	916	JOSE ALVES	M	42	M4044	22	INDIVIDUAL	00:38:57	00:22:27
96	1846	LUIS COSTA	M	31	M1939	45	INDIVIDUAL	00:39:00	00:22:11
97	138	SANDRA PINTO	F	35	F1939	9	CS MARITIMO	00:39:02	00:22:24
98	1118	ANDRE GOMES	M	40	M4044	23	INDIVIDUAL	00:39:02	00:22:24
99	119	PAULO ESPERANÇO	M	36	M1939	46	ADL APELAÇONENSES	00:39:03	00:22:07
100	1398	RICHARDSON FERREIRA	M	36	M1939	47	GRD S FRANC SERRA	00:39:06	00:22:49
101	340	ALMIRO FEIJAO	M	53	M5054	9	CLUBE ANACOM	00:39:09	00:00:00
102	126	FERNANDO FERNANDES	M	56	M5559	5	ADL APELAÇONENSES	00:39:11	00:22:46
103	587	NELSON SANTOS	M	37	M1939	48	ARSC TOLEDO	00:39:12	00:22:23
104	969	LUIS D MATOS	M	40	M4044	24	INDIVIDUAL	00:39:16	00:22:33
105	1708	CLAUDIO A Q MIRA	M	46	M4549	10	CLAUDIO MIRA	00:39:18	00:22:46
106	26	HENRIQUE MARÇAL	M	57	M5559	6	GD SANTANDER TOTTA	00:39:19	00:22:59
107	169	ROGERIO DUARTE	M	41	M4044	25	GD S DOMINGOS	00:39:20	00:22:51
108	951	ANTONIO GASPARINHO	M	33	M1939	49	INDIVIDUAL	00:39:22	00:23:29

109	1698	DUARTE QUINTAS	M	28	M1939	50	INDIVIDUAL	00:39:23	00:22:48
110	19	ANASTACIO VALADAS	M	57	M5559	7	GD SANTANDER TOTTA	00:39:25	00:23:00
111	601	FERNANDO CANDEIAS	M	39	M1939	51	ADCR P JUDICIARIA	00:39:30	00:22:47
112	454	MANUEL SERRA	M	60	M6064	1	ESTRELA FC	00:39:31	00:22:51
113	1393	RUI CANDEIAS	M	34	M1939	52	GRD S FRANC SERRA	00:39:31	00:23:08
114	1730	JOSÉ RODRIGUES	M	30	M1939	53	INDIVIDUAL	00:39:35	00:23:10
115	1797	LUIS M FERREIRA	M	43	M4044	26	INDIVIDUAL	00:39:36	00:22:48
116	385	GABRIEL GONCALVES	M	56	M5559	8	GD MACEDO OCULISTA	00:39:38	00:22:51
117	1536	RICARDO C L RODRIGUES	M	34	M1939	54	INDIVIDUAL	00:39:38	00:22:50
118	3	LUCILIA SOARES	F	48	F4049	1	S L BENFICA	00:39:41	00:00:00
119	393	CARLOS LOPES	M	36	M1939	55	GD MACEDO OCULISTA	00:39:41	00:22:29
120	1889	MIGUEL TAVARES	M	38	M1939	56	CA PATAMEIRAS	00:39:41	00:23:11
121	1186	JORGE SERRA	M	44	M4044	27	ACOREANA C BANIF	00:39:42	00:23:20
122	595	LUIS REBELO	M	47	M4549	11	ARSC TOLEDO	00:39:45	00:22:52
123	1191	NUNO E SANTO	M	41	M4044	28	ACOREANA C BANIF	00:39:47	00:23:18
124	1666	JOSE BORGES	M	35	M1939	57	INDIVIDUAL	00:39:49	00:22:44
125	1867	PEDRO SEABRA	M	29	M1939	58	RB RUNNING	00:39:49	00:22:35
126	142	CHRISTIAN S OTTERER	M	26	M1939	59	ACR MEALHADA	00:39:52	00:24:14
127	1621	JOAQUIM ALVES	M	59	M5559	9	CCC O ALVITEJO	00:39:53	00:23:00
128	1436	ANIBAL COSTA	M	40	M4044	29	INDIVIDUAL	00:39:57	00:23:23
129	688	OLIVIER DELMOTTE	M	39	M1939	60	CLUBE VODAFONE	00:40:01	00:23:22
130	811	ARTUR J M TAVARES	M	45	M4549	12	INDIVIDUAL	00:40:03	00:23:34
131	1146	ALBERTO MONTEIRO	M	30	M1939	61	PAULA PENEDO	00:40:05	00:23:23
132	1108	RUI FALCÃO	M	49	M4549	13	FALCÕES SELVAGENS	00:40:07	00:23:30
133	1823	ANDRE COSTA	M	29	M1939	62	INDIVIDUAL	00:40:08	00:23:16
134	1023	CHANTAL XHERVELLE	F	43	F4049	2	AM CASAL FIGUEIRAS	00:40:09	00:23:16
135	1616	JOAO HEITOR	M	60	M6064	2	A PARAQUEDISTA T N	00:40:12	00:23:17
136	45	LUIS LOPES	M	42	M4044	30	CCD CM LOURES	00:40:13	00:23:21
137	1030	PEDRO GABRIEL	M	36	M1939	63	AMIGOS PARQUE PAZ	00:40:13	00:23:13
138	591	EMANUEL MARQUES	M	41	M4044	31	ARSC TOLEDO	00:40:17	00:23:41
139	1855	EDUARDO TAGANHITO	M	64	M6064	3	GD AMARO JOALHEIROS	00:40:18	00:23:29
140	1319	LUIS FERREIRA	M	34	M1939	64	OS SANTARENOS	00:40:21	00:23:30
141	927	NUNO LORVAO	M	40	M4044	32	INDIVIDUAL	00:40:22	00:23:15
142	1388	JOAO FRIAS	M	44	M4044	33	AA MAFRA	00:40:22	00:23:19
143	1661	VITOR MANSO	M	49	M4549	14	INDIVIDUAL	00:40:24	00:22:57
144	1487	PAULO A SALGADO	M	44	M4044	34	GD BANCO BPI	00:40:26	00:23:50
145	1857	JORGE RODRIGUES	M	53	M5054	10	GD AMARO JOALHEIROS	00:40:26	00:23:09
146	1671	BRUNO PIRES	M	29	M1939	65	GDC BANCO PORTUGAL	00:40:28	00:23:28
147	1120	LUIS C FERREIRA	M	38	M1939	66	INDIVIDUAL	00:40:30	00:23:00
148	1864	JULIO BARROCO	M	31	M1939	67	RB RUNNING	00:40:30	00:23:38
149	1301	PEDRO REIS	M	38	M1939	68	INDIVIDUAL	00:40:31	00:23:20
150	172	???? ????	M	26	M1939	69	GD S DOMINGOS	00:40:36	00:24:30
151	1184	JOAO SERRA	M	39	M1939	70	ACOREANA C BANIF	00:40:36	00:23:31
152	445	MARCOS OLIVEIRA	M	38	M1939	71	GD INE	00:40:39	00:23:52
153	446	NUNO M CORREIA	M	44	M4044	35	GD INE	00:40:39	00:23:52
154	1510	PAULO LOPES	M	42	M4044	36	BOLOTAOBRA	00:40:40	00:23:42
155	1174	PAULO PEREIRA	M	44	M4044	37	ACOREANA C BANIF	00:40:45	00:23:38
156	825	FRANCISCO MONTE	M	30	M1939	72	INDIVIDUAL	00:40:47	00:23:57
157	1394	LUÍS PEREIRA	M	41	M4044	38	GRD S FRANC SERRA	00:40:48	00:23:52
158	73	HAMILTON DIAS	M	35	M1939	73	GD SANTANDER TOTTA	00:40:51	00:24:13
159	524	ORLINDO FIGUEIREDO	M	63	M6064	4	SS CGD	00:40:51	00:23:13
160	1800	VITOR M NOGUEIRA	M	46	M4549	15	VITOR MANUEL NOGUEIRA	00:40:52	00:22:59
161	323	NUNO AZEVEDO	M	33	M1939	74	CCDT METRO LX	00:40:53	00:23:22
162	416	ANTONIO MARQUES	M	47	M4549	16	C SARGENTO ARMADA	00:40:58	00:23:43

163	1737	LUIS R PEREIRA	M	56	M5559	10	INDIVIDUAL	00:40:58	00:23:37
164	1971	JOSEFA SANJE	F	36	F1939	10	FABIO SALDANHA	00:41:00	00:23:40
165	1305	JERONIMO GRACA	M	38	M1939	75	OS SANTARENOS	00:41:01	00:23:34
166	1866	LUIS ANTUNES	M	39	M1939	76	RB RUNNING	00:41:02	00:23:41
167	1199	RUI SILVA	M	35	M1939	77	ACOREANA C BANIF	00:41:06	00:24:04
168	1335	ALEXANDRE TEIXEIRA	M	47	M4549	17	INDIVIDUAL	00:41:08	00:23:50
169	667	RUI LACERDA	M	39	M1939	78	GARMIN CO OEIRAS	00:41:09	00:23:40
170	194	EDUARDO J NUNES	M	40	M4044	39	C MILLENNIUM BCP	00:41:14	00:23:35
171	1317	MIGUEL SATURNINO	M	26	M1939	79	OS SANTARENOS	00:41:14	00:23:46
172	1170	ADOLFO LOUREIRO	M	58	M5559	11	INDIVIDUAL	00:41:16	00:24:01
173	1622	ARSENIO FERNANDES	M	56	M5559	12	CCC O ALVITEJO	00:41:16	00:24:16
174	1387	Mª JOSÉ FRIAS	F	45	F4049	3	AA MAFRA	00:41:18	00:24:33
175	1619	ANIBAL GASPAR	M	41	M4044	40	CCC O ALVITEJO	00:41:18	00:23:54
176	1928	JOSE SIMÕES	M	60	M6064	5	INDIVIDUAL	00:41:19	00:23:41
177	1589	EDGAR JACINTO	M	24	M1939	80	OS ZATOPÉQUES	00:41:20	00:24:23
178	282	RUI LOPES	M	59	M5559	13	CD GRUPO BES	00:41:28	00:24:01
179	1195	PAULO VENTURA	M	40	M4044	41	ACOREANA C BANIF	00:41:30	00:23:50
180	1306	JOSE SILVA	M	36	M1939	81	OS SANTARENOS	00:41:30	00:24:21
181	216	JOAO M SOTERO	M	16	M0018	1	C MILLENNIUM BCP	00:41:32	00:23:44
182	1194	JOSE CARLOS SOUSA	M	29	M1939	82	ACOREANA C BANIF	00:41:32	00:24:25
183	277	LUIS MONTEIRO	M	39	M1939	83	CD GRUPO BES	00:41:34	00:23:47
184	490	PAULO OLIVEIRA	M	42	M4044	42	CCDP MUN CASCAIS	00:41:34	00:23:45
185	1984	CARLOS MARQUES	M	36	M1939	84	INDIVIDUAL	00:41:34	00:24:23
186	388	JOAO GINJA	M	45	M4549	18	GD MACEDO OCULISTA	00:41:37	00:23:39
187	1799	MARIO AMADOR	M	57	M5559	14	VITOR MANUEL NOGUEIRA	00:41:38	00:24:21
188	2009	SONIA SOUSA	F	29	F1939	11	INDIVIDUAL	00:41:38	00:23:44
189	304	ANTONIO PEREIRA	M	46	M4549	19	CCDT METRO LX	00:41:43	00:24:06
190	2005	MARIO R BARATA	M	40	M4044	43	INDIVIDUAL	00:41:43	00:23:44
191	805	PAULO GOMES	M	40	M4044	44	AA MAFRA	00:41:44	00:24:31
192	1996	RAUL QUARESMA	M	30	M1939	85	INDIVIDUAL	00:41:49	00:24:28
193	392	JOSE INOCENCIO	M	59	M5559	15	GD MACEDO OCULISTA	00:41:51	00:24:06
194	28	AUGUSTO LOPES	M	57	M5559	16	GD SANTANDER TOTTA	00:41:55	00:24:02
195	1890	NUNO M DORES	M	28	M1939	86	CA PATAMEIRAS	00:41:56	00:24:35
196	1517	CARLOS MOREIRA	M	33	M1939	87	INDIVIDUAL	00:41:58	00:24:16
197	477	CARLOS PATO	M	40	M4044	45	INST PUPILOS EXERCITO	00:42:00	00:24:26
198	382	FABIO FERREIRA	M	18	M0018	2	GD MACEDO OCULISTA	00:42:01	00:24:32
199	46	FRANCISCO FERNANDES	M	67	M6599	1	CCD CM LOURES	00:42:06	00:24:28
200	604	HUGO MONTEIRO	M	35	M1939	88	ADCR P JUDICIARIA	00:42:06	00:24:49
201	1262	JOAQUIM ALEXANDRE	M	45	M4549	20	URD ARRANHO	00:42:07	00:24:55
202	130	RICARDO OLIVEIRA	M	26	M1939	89	ACR MEALHADA	00:42:10	00:00:00
203	1193	PAULO MORADIAS	M	46	M4549	21	ACOREANA C BANIF	00:42:10	00:24:32
204	1259	EDGAR FRANCISCO	M	45	M4549	22	URD ARRANHO	00:42:10	00:24:19
205	1961	JOSE GONÇALVES	M	43	M4044	46	INDIVIDUAL	00:42:10	00:24:49
206	1507	AUGUSTO BRITO	M	55	M5559	17	BOLOTAOBRA	00:42:12	00:24:30
207	834	ANTONIO REBELO	M	39	M1939	90	INDIVIDUAL	00:42:13	00:24:33
208	504	DAVID FAUSTINO	M	45	M4549	23	SS CGD	00:42:15	00:24:39
209	1415	JOSE DIONISIO	M	49	M4549	24	INDIVIDUAL	00:42:18	00:24:37
210	607	JOSE BOUCEIRO	M	46	M4549	25	ADCR P JUDICIARIA	00:42:21	00:24:32
211	307	BARROS COSTA	M	55	M5559	18	CCDT METRO LX	00:42:23	00:24:34
212	310	EDUARDO LAGOA	M	43	M4044	47	CCDT METRO LX	00:42:23	00:00:00
213	381	CONSTANTINO ARAUJO	M	44	M4044	48	GD MACEDO OCULISTA	00:42:23	00:25:41
214	1816	NUNO SOUSA	M	37	M1939	91	GD IN CASA MOEDA	00:42:23	00:24:23
215	25	ANTONIO CRUZ	M	63	M6064	6	GD SANTANDER TOTTA	00:42:27	00:24:52
216	528	FERNANDO CORREIA	M	46	M4549	26	GRD RIBEIRA LAGE	00:42:28	00:24:33

217	1856	ALBINO NEIVA	M	65	M6599	2	GD AMARO JOALHEIROS	00:42:28	00:24:11
218	651	JOSE NOVAIS	M	46	M4549	27	CR LEOES P SALVO	00:42:29	00:24:29
219	1260	LUIS FERREIRA	M	44	M4044	49	URD ARRANHO	00:42:31	00:24:56
220	1972	VELADISLAV YGNAT	M	33	M1939	92	FABIO SALDANHA	00:42:33	00:24:24
221	1494	MASSIMO CAVALLI	M	41	M4044	50	INDIVIDUAL	00:42:34	00:24:20
222	558	JOAO JESUS	M	35	M1939	93	GD SANTANDER TOTTA	00:42:35	00:24:38
223	639	NELSON COSTA	M	42	M4044	51	NA PAPAGAIOS CASCAIS	00:42:38	00:24:57
224	63	PEDRO CERQUEIRA	M	31	M1939	94	GA SUPER ESTRELAS	00:42:39	00:24:30
225	720	HELIO PIRES	M	31	M1939	95	INDIVIDUAL	00:42:39	00:24:27
226	1509	LUIS PEREIRA	M	60	M6064	7	BOLOTAOBRA	00:42:39	00:24:11
227	627	JOAO CARVALHO	M	61	M6064	8	CF OS AVISENSES	00:42:45	00:24:30
228	1314	MARIO NETO	M	34	M1939	96	OS SANTARENOS	00:42:46	00:24:27
229	1476	CELSO GOUVEIA	M	43	M4044	52	INDIVIDUAL	00:42:47	00:25:10
230	1283	ANTONIO MARTINS	M	34	M1939	97	FALCÕES SELVAGENS	00:42:48	00:25:09
231	1572	JOAO VIEIRA	M	58	M5559	19	INDIVIDUAL	00:42:49	00:25:45
232	1358	DAVID SANTOS	M	48	M4549	28	INDIVIDUAL	00:42:50	00:25:38
233	513	JOAQUIM FRADE	M	55	M5559	20	SS CGD	00:42:51	00:24:58
234	1898	ALEXANDRE TAVARES	M	30	M1939	98	GDRC OS CARREGUEIRENSES	00:42:51	00:24:42
235	84	AMANDIO GOUVEIA	M	35	M1939	99	ADC CATUJAL	00:42:52	00:25:18
236	1190	MARIO GOMES	M	41	M4044	53	ACOREANA C BANIF	00:42:53	00:24:26
237	1594	JOSE CUNHA	M	46	M4549	29	OS ZATOPEQUES	00:42:53	00:25:21
238	1798	CARLOS J F SANTOS	M	51	M5054	11	INDIVIDUAL	00:42:55	00:24:50
239	691	RUI P ALMEIDA	M	34	M1939	100	CLUBE VODAFONE	00:42:58	00:24:32
240	544	PAULO CARDOSO	M	49	M4549	30	GD CHELAS	00:42:59	00:24:12
241	379	CARLOS FORTUNATO	M	50	M5054	12	GD MACEDO OCULISTA	00:43:00	00:25:27
242	72	PEDRO SOUSA	M	26	M1939	101	GA SUPER ESTRELAS	00:43:01	00:25:33
243	1355	JOSE H.F SANTOS	M	48	M4549	31	INDIVIDUAL	00:43:03	00:24:35
244	378	CARLA PINTO	F	39	F1939	12	GD MACEDO OCULISTA	00:43:04	00:25:41
245	797	PEDRO FAVINHA	M	31	M1939	102	TERESA REIS	00:43:04	00:25:31
246	665	PAULO SANTOS	M	43	M4044	54	GARMIN CO OEIRAS	00:43:05	00:25:43
247	1562	RICARDO PEREIRA	M	37	M1939	103	INDIVIDUAL	00:43:07	00:25:04
248	751	TIAGO MARTINS	M	26	M1939	104	INDIVIDUAL	00:43:08	00:24:37
249	1439	NUNO FERREIRA	M	35	M1939	105	INDIVIDUAL	00:43:08	00:24:47
250	589	JORGE ANTUNES	M	39	M1939	106	ARSC TOLEDO	00:43:14	00:25:22
251	526	MANUEL GOMES	M	41	M4044	55	GRD RIBEIRA LAGE	00:43:15	00:25:46
252	1397	BRUNO GAMITO	M	23	M1939	107	GRD S FRANC SERRA	00:43:17	00:25:35
253	296	LUIS NEVES	M	33	M1939	108	MARINHAI AC	00:43:18	00:25:02
254	70	CARLOS TEIXEIRA	M	38	M1939	109	GD SANTANDER TOTTA	00:43:19	00:24:39
255	588	RUI AGUIAR	M	38	M1939	110	ARSC TOLEDO	00:43:20	00:25:37
256	955	CARLOS A L ROSADO	M	43	M4044	56	GDC CRUZ PICADA	00:43:21	00:25:03
257	987	JOSE BADALO	M	45	M4549	32	INDIVIDUAL	00:43:21	00:25:03
258	1459	JOSE DUARTE	M	32	M1939	111	INDIVIDUAL	00:43:21	00:26:12
259	1105	SANDRA S TEIXEIRA	F	38	F1939	13	INDIVIDUAL	00:43:22	00:25:52
260	1640	JOAQUIM CHARRUA	M	68	M6599	3	INDIVIDUAL	00:43:23	00:25:08
261	1043	JOSE A.S.BILREIRO	M	52	M5054	13	INDIVIDUAL	00:43:24	00:25:14
262	536	CARLOS RODRIGUES	M	40	M4044	57	GD CHELAS	00:43:25	00:24:39
263	545	FERNANDO PAULO	M	57	M5559	21	GD CHELAS	00:43:25	00:24:39
264	913	JOSE L AGAPITO	M	32	M1939	112	NUNO LUCAS	00:43:26	00:24:39
265	1885	CARLOS ANTUNES	M	60	M6064	9	CA PATAMEIRAS	00:43:27	00:25:32
266	530	RUI CABLO	M	34	M1939	113	GRD RIBEIRA LAGE	00:43:28	00:24:58
267	1097	NUNO VICENTE	M	40	M4044	58	INDIVIDUAL	00:43:28	00:25:17
268	1096	NUNO BOM	M	36	M1939	114	INDIVIDUAL	00:43:29	00:25:17
269	444	GONCALO FERREIRA	M	38	M1939	115	GD INE	00:43:30	00:25:28
270	1975	JOSE CABRAL	M	54	M5054	14	INDIVIDUAL	00:43:30	00:25:02

271	1792	NUNO M R CARVALHINHO	M	36	M1939	116	INDIVIDUAL	00:43:31	00:24:55
272	1211	JOSE G FIGUEIRA	M	61	M6064	10	INDIVIDUAL	00:43:32	00:25:25
273	876	NELSON DIOGO	M	31	M1939	117	INDIVIDUAL	00:43:33	00:24:28
274	991	ARMENIO MENDES	M	45	M4549	33	INDIVIDUAL	00:43:35	00:25:16
275	1979	ANTONIO RELVAS	M	48	M4549	34	ANTÓNIO RELVAS	00:43:36	00:25:02
276	231	NUNO M ALMEIDA	M	39	M1939	118	C MILLENNIUM BCP	00:43:37	00:25:43
277	298	JOSE LEAL	M	34	M1939	119	MARINHAI AC	00:43:37	00:26:03
278	462	DANIEL PINTO	M	26	M1939	120	A VALE SILENCIO	00:43:37	00:25:41
279	56	ANTONIO TORRES	M	51	M5054	15	GA SUPER ESTRELAS	00:43:40	00:25:29
280	117	DIOGO NEVES	M	29	M1939	121	ADL APELAÇONENSES	00:43:40	00:25:16
281	1704	ANTONIO MARCOS	M	28	M1939	122	INDIVIDUAL	00:43:41	00:24:36
282	1825	ANTONIO SCOSTA	M	43	M4044	59	INDIVIDUAL	00:43:43	00:25:34
283	1396	ANTONIO SIMÕES	M	47	M4549	35	GRD S FRANC SERRA	00:43:46	00:24:42
284	5	FILIPA ALMEIDA	F	22	F1939	14	S L BENFICA	00:43:47	00:24:41
285	1883	AUGUSTO CRUZ	M	62	M6064	11	CA PATAMEIRAS	00:43:47	00:25:33
286	1745	JORGE CAMPOS	M	31	M1939	123	PAULA CAMPOS	00:43:48	00:25:52
287	297	ANTONIO LEAL	M	38	M1939	124	MARINHAI AC	00:43:49	00:25:57
288	1164	OCTAVIO F MORAIS	M	50	M5054	16	INDIVIDUAL	00:43:51	00:25:13
289	404	JOAO SANTOS	M	46	M4549	36	C PRACAS ARMADA	00:43:52	00:25:14
290	1506	ANTONIO COSTA	M	53	M5054	17	BOLOTAOBRA	00:43:52	00:25:36
291	159	MANUEL BENTO	M	31	M1939	125	SC CASAÍNHOS	00:43:53	00:26:00
292	96	FRANCISCO GRAVITO	M	58	M5559	22	A SACAVENENSE	00:43:54	00:26:56
293	1942	NUNO MARQUES	M	43	M4044	60	JOAO FIALHO	00:43:54	00:25:29
294	1949	PEDRO GUEDES	M	37	M1939	126	INDIVIDUAL	00:43:55	00:25:55
295	51	SUSAN CALÉ	F	40	F4049	4	CCD CM LOURES	00:43:56	00:25:04
296	714	FILIPE FIDALGO	M	30	M1939	127	INDIVIDUAL	00:43:59	00:25:24
297	1429	JOAO CALDAS	M	45	M4549	37	CLUBE AUTOCOOPE	00:44:00	00:24:26
298	91	PAULO TOMÁS	M	38	M1939	128	A SACAVENENSE	00:44:03	00:25:26
299	1378	ALBERTO COUTINHO	M	32	M1939	129	INDIVIDUAL	00:44:03	00:25:24
300	1243	AUGUSTO FIGUEIREDO	M	40	M4044	61	INDIVIDUAL	00:44:04	00:26:22
301	1591	PAULO FRADE	M	43	M4044	62	OS ZATOPEQUES	00:44:07	00:25:34
302	450	ANTONIO BARBOSA	M	31	M1939	130	MA MORAIS	00:44:08	00:25:32
303	132	PAULO CARMO	M	36	M1939	131	ACR MEALHADA	00:44:09	00:25:10
304	635	JOSE CARLOS	M	48	M4549	38	NA PAPAGAIOS CASCAIS	00:44:09	00:25:45
305	650	ANTONIO VILELA	M	41	M4044	63	CR LEOES P SALVO	00:44:10	00:25:26
306	1757	DIOGO ALAGADOR	M	37	M1939	132	LINDA PASTORA SC	00:44:11	00:25:45
307	1187	LUIS ALBUQUERQUE	M	41	M4044	64	ACOREANA C BANIF	00:44:13	00:26:41
308	1074	MIGUEL T SOUSA	M	35	M1939	133	C COLAB AXA	00:44:14	00:26:27
309	1308	PEDRO CARVALHO	M	47	M4549	39	OS SANTARENOS	00:44:16	00:25:43
310	1408	TIAGO VARGAS	M	24	M1939	134	INDIVIDUAL	00:44:17	00:26:11
311	1674	JOSE MONTEIRO	M	54	M5054	18	GDC BANCO PORTUGAL	00:44:18	00:25:33
312	925	EDUARDO RODRIGUES	M	52	M5054	19	INDIVIDUAL	00:44:19	00:26:08
313	842	JOSE M V LOPES	M	47	M4549	40	INDIVIDUAL	00:44:21	00:24:11
314	1523	ANTONIO RODRIGUES	M	31	M1939	135	INDIVIDUAL	00:44:22	00:26:18
315	1658	VALTER SOARES	M	36	M1939	136	INDIVIDUAL	00:44:24	00:26:26
316	1498	LEONEL SALEIRO	M	53	M5054	20	INDIVIDUAL	00:44:25	00:00:00
317	1497	FERNANDO SANTOS	M	58	M5559	23	INDIVIDUAL	00:44:26	00:25:44
318	594	JOAO BENTO	M	42	M4044	65	ARSC TOLEDO	00:44:30	00:26:38
319	1513	JOSE C COSTA	M	44	M4044	66	BOLOTAOBRA	00:44:30	00:25:31
320	549	JOSE M SOUSA	M	46	M4549	41	TAP REACTORES	00:44:33	00:25:56
321	1445	DOMINGOS NETO	M	53	M5054	21	INDIVIDUAL	00:44:33	00:25:23
322	97	DANIEL MORÃO	M	58	M5559	24	A SACAVENENSE	00:44:34	00:24:22
323	1933	JOAO C F P MOTA	M	40	M4044	67	INDIVIDUAL	00:44:34	00:25:40
324	1618	ANA MARGARIDA	F	44	F4049	5	CCC O ALVITEJO	00:44:35	00:25:47

325	1858	HENRIQUE ROMAO	M	55	M5559	25	GD AMARO JOALHEIROS	00:44:35	00:25:48
326	1313	JOAO CARVALHO	M	42	M4044	68	OS SANTARENOS	00:44:36	00:25:42
327	18	MANUEL ROBALO	M	65	M6599	4	GD SANTANDER TOTTA	00:44:37	00:26:09
328	857	MARCIO SEQUEIRA	M	27	M1939	137	MARCO GONÇALVES	00:44:38	00:27:11
329	351	MANUEL PEDRO	M	65	M6599	5	AA LEBRES SADO	00:44:39	00:25:50
330	850	CARLOS FERNANDES	M	49	M4549	42	GDOA	00:44:41	00:26:10
331	525	PAULO LOPES	M	39	M1939	138	GRD RIBEIRA LAGE	00:44:42	00:25:36
332	303	ANTONIO GONCALVES	M	46	M4549	43	CCDT METRO LX	00:44:43	00:25:58
333	353	MANUEL BAPTISTA	M	62	M6064	12	AA LEBRES SADO	00:44:48	00:25:50
334	1556	JORGE FORMIGO	M	31	M1939	139	INDIVIDUAL	00:44:48	00:25:35
335	865	CARLOS P NEVES	M	48	M4549	44	INDIVIDUAL	00:44:49	00:26:52
336	121	PAULO ASCENÇÃO	M	40	M4044	69	ADL APELAÇONENSES	00:44:51	00:27:20
337	474	RUI TOMAS	M	28	M1939	140	A VALE SILENCIO	00:44:51	00:26:09
338	1177	ANDRE QUARENTA	M	40	M4044	70	ACOREANA C BANIF	00:44:51	00:26:15
339	1710	VITOR P NOVAIS	M	35	M1939	141	INDIVIDUAL	00:44:51	00:25:25
340	411	JORGE NETO	M	45	M4549	45	C SARGENTO ARMADA	00:44:52	00:25:35
341	419	DUARTE SARES	M	54	M5054	22	C SARGENTO ARMADA	00:44:54	00:25:34
342	575	ANTONIO RAMOS	M	42	M4044	71	CCD EFACEC LX	00:44:54	00:26:05
343	1006	MIGUEL SAN-PAYO	M	48	M4549	46	INDIVIDUAL	00:44:54	00:26:10
344	1612	LUIS GUERREIRO	M	41	M4044	72	INDIVIDUAL	00:44:55	00:25:34
345	1778	JOSE A PEREIRA	M	42	M4044	73	INDIVIDUAL	00:44:55	00:26:16
346	538	JORGE MARQUES	M	45	M4549	47	GD CHELAS	00:44:56	00:25:38
347	1478	CARLOS CARDOSO	M	58	M5559	26	GD BANCO BPI	00:44:57	00:26:18
348	371	ARMINDO SANTOS	M	50	M5054	23	F PAZ UNIVERSAL	00:44:58	00:26:49
349	1739	PAULO SANTOS	M	40	M4044	74	INDIVIDUAL	00:44:59	00:25:49
350	503	MARCOLINO VERISSIMO	M	39	M1939	142	SS CGD	00:45:00	00:27:14
351	508	ALVARO FURTADO	M	52	M5054	24	SS CGD	00:45:00	00:27:15
352	1300	JULIO RAMOS	M	44	M4044	75	INDIVIDUAL	00:45:01	00:26:03
353	1179	CARLOS CANDEIAS	M	43	M4044	76	ACOREANA C BANIF	00:45:02	00:26:09
354	431	CARLOS M R PEREIRA	M	46	M4549	48	CASINO LISBOA	00:45:03	00:26:22
355	1127	CARLOS M S. JACINTO	M	42	M4044	77	INDIVIDUAL	00:45:05	00:26:21
356	904	MARIO MIGUEL	M	36	M1939	143	4@FUNDO	00:45:08	00:26:38
357	1386	HELENA MARTINS	F	49	F4049	6	AA MAFRA	00:45:09	00:26:10
358	1201	VIRGILIO MADEIRA	M	52	M5054	25	ACOREANA C BANIF	00:45:10	00:26:28
359	1361	ANTONIO J.H.FERREIRA	M	52	M5054	26	INDIVIDUAL	00:45:10	00:26:14
360	348	VICTOR SILVA	M	46	M4549	49	AA LEBRES SADO	00:45:11	00:26:48
361	1914	FRANCISCO GAMA	M	35	M1939	144	AMIGOS LUIS	00:45:11	00:26:23
362	1925	CARLOS BAPTISTA	M	51	M5054	27	JOSE MANUEL SUZANO	00:45:11	00:26:11
363	182	FERNANDO RODRIGUES	M	46	M4549	50	C MILLENNIUM BCP	00:45:12	00:27:04
364	690	PEDRO GONCALVES	M	36	M1939	145	CLUBE VODAFONE	00:45:14	00:26:35
365	1499	BERNARDO GRADISSIMO	M	52	M5054	28	INDIVIDUAL	00:45:16	00:25:36
366	1870	VITOR ANTUNES	M	55	M5559	27	INDIVIDUAL	00:45:16	00:26:45
367	251	RICARDO M MARTA	M	32	M1939	146	C MILLENNIUM BCP	00:45:20	00:25:39
368	505	ISABEL MOLEIRO	F	43	F4049	7	SS CGD	00:45:20	00:26:19
369	1756	GERMANO MATOS	M	63	M6064	13	LINDA PASTORA SC	00:45:20	00:27:01
370	1511	FAUSTINHO PEREIRINHA	M	48	M4549	51	BOLOTAOBRA	00:45:22	00:26:05
371	1033	LUIS M ROQUE	M	41	M4044	78	AMIGOS PARQUE PAZ	00:45:24	00:25:56
372	1895	JOAO TRVADO	M	41	M4044	79	GDRC OS CARREGUEIRENSES	00:45:24	00:26:39
373	276	JULIO FERREIRA	M	56	M5559	28	CD GRUPO BES	00:45:26	00:26:39
374	464	FERNANDO AVELINO	M	51	M5054	29	A VALE SILENCIO	00:45:26	00:26:04
375	494	GRACIANO MUCHAXO	M	51	M5054	30	CCDP MUN CASCAIS	00:45:27	00:26:26
376	1980	MANUEL SILVA	M	56	M5559	29	ANTÓNIO RELVAS	00:45:27	00:25:59
377	892	MARIO SILVA	M	47	M4549	52	INDIVIDUAL	00:45:28	00:26:53
378	1960	ADELINDINA LOPES	F	36	F1939	15	INDIVIDUAL	00:45:30	00:26:33

379	1590	OSCAR OLIVEIRA	M	45	M4549	53	OS ZATOPÉQUES	00:45:35	00:26:51
380	1595	JOSE MORAIS	M	49	M4549	54	OS ZATOPÉQUES	00:45:35	00:26:50
381	124	JOSE MORAIS	M	49	M4549	55	ADL APELAÇONENSES	00:45:36	00:26:51
382	1100	PAULO ALMEIDA	M	46	M4549	56	INDIVIDUAL	00:45:36	00:26:24
383	1670	JOAO P BATISTA	M	53	M5054	31	GDC BANCO PORTUGAL	00:45:36	00:26:07
384	1675	NUNO PIRES	M	18	M0018	3	GDC BANCO PORTUGAL	00:45:36	00:26:07
385	1668	BRUNO LOPES	M	29	M1939	147	INDIVIDUAL	00:45:37	00:26:33
386	1311	JORGE FONSECA	M	43	M4044	80	OS SANTARENOS	00:45:38	00:26:07
387	1316	CARLOS HENRIQUES	M	27	M1939	148	OS SANTARENOS	00:45:38	00:26:20
388	1865	ANTONIO ALVES	M	43	M4044	81	RB RUNNING	00:45:38	00:27:01
389	209	ANTONIO J BRAGA	M	51	M5054	32	S L BENFICA	00:45:39	00:26:26
390	467	HERNANI MONTEIRO	M	50	M5054	33	A VALE SILENCIO	00:45:40	00:26:24
391	569	JOAO VIEIRA	M	37	M1939	149	A DANIEL CALDEIRA	00:45:42	00:26:44
392	571	CARLOS CALDEIRA	M	47	M4549	57	A DANIEL CALDEIRA	00:45:42	00:00:00
393	1663	FERNANDO OLIVEIRA	M	43	M4044	82	GRD RIBEIRA LAGE	00:45:43	00:25:09
394	1274	ARMINDO J R QUEIMADO	M	45	M4549	58	INDIVIDUAL	00:45:44	00:26:51
395	345	JOSE OLIVEIRA	M	37	M1939	150	AA LEBRES SADO	00:45:45	00:26:40
396	1810	RICARDO FRANCO	M	39	M1939	151	INDIVIDUAL	00:45:45	00:26:39
397	1899	ANTONIO BERNARDES	M	61	M6064	14	GDRC OS CARREGUEIRENSES	00:45:45	00:26:33
398	1032	MIGUEL MARQUES	M	50	M5054	34	AMIGOS PARQUE PAZ	00:45:47	00:26:47
399	1999	JOSE M V MENDES	M	29	M1939	152	INDIVIDUAL	00:45:47	00:00:00
400	157	ARMANDO ROSA	M	28	M1939	153	SC CASAÍNHOS	00:45:48	00:26:29
401	461	ANTONIO FERNANDES	M	54	M5054	35	A VALE SILENCIO	00:45:48	00:27:04
402	1995	JORGE MORGADO	M	49	M4549	59	INDIVIDUAL	00:45:48	00:27:13
403	632	ANTONIO POCARIÇO	M	49	M4549	60	NA PAPAGAIOS CASCAIS	00:45:49	00:26:08
404	1697	SERGIO BASTINHO	M	31	M1939	154	INDIVIDUAL	00:45:49	00:26:29
405	1950	LUIS MARTINS	M	36	M1939	155	INDIVIDUAL	00:45:50	00:27:35
406	1892	PAULO GAMBOA	M	40	M4044	83	CA PATAMEIRAS	00:45:51	00:27:23
407	1766	TONY ALMEIDA	M	29	M1939	156	TONY ALMEIDA	00:45:52	00:26:41
408	36	FRANCISCO BANDO	M	59	M5559	30	CCD CM LOURES	00:45:54	00:27:48
409	290	ANTONIO FERNANDES	M	74	M6599	6	INDIVIDUAL	00:45:55	00:00:00
410	695	HUGO F BRAS	M	30	M1939	157	CDC NAVE	00:45:55	00:27:29
411	1469	MANUEL BATISTA	M	46	M4549	61	APOGMA	00:45:56	00:27:31
412	1280	STEPHANIE SAMPAIO	F	27	F1939	16	INDIVIDUAL	00:45:58	00:27:00
413	1882	ANTONIO MORAIS	M	58	M5559	31	CA PATAMEIRAS	00:45:58	00:27:22
414	1821	PAULO GOMES	M	45	M4549	62	PRAZER CORRIDA	00:45:59	00:26:55
415	24	FERNANDO CARDOSO	M	63	M6064	15	GD SANTANDER TOTTA	00:46:01	00:26:19
416	1887	JOAO BRAZ	M	50	M5054	36	CA PATAMEIRAS	00:46:03	00:27:33
417	1994	ERNESTINO AZEVEDO	M	42	M4044	84	INDIVIDUAL	00:46:03	00:26:54
418	1285	CARLOS M S CAEIRO	M	56	M5559	32	INDIVIDUAL	00:46:05	00:27:08
419	43	JOSE MARQUES	M	60	M6064	16	CCD CM LOURES	00:46:06	00:27:22
420	1585	VITOR CID	M	36	M1939	158	GDCT UNICRE	00:46:07	00:27:02
421	1642	AMERICO J C L CARVALHO	M	37	M1939	159	INDIVIDUAL	00:46:07	00:26:58
422	318	JOAO MIRANDA	M	52	M5054	37	CCDT METRO LX	00:46:08	00:28:32
423	325	ORLANDO SILVA	M	53	M5054	38	CCDT METRO LX	00:46:09	00:28:39
424	582	MANUEL FIDALGO	M	58	M5559	33	CCD EFACEC LX	00:46:12	00:26:26
425	1223	FILIPE MORAIS	M	20	M1939	160	OS TUGAS	00:46:12	00:26:59
426	269	CARLOS NABICA	M	47	M4549	63	CD GRUPO BES	00:46:13	00:27:04
427	1281	CATARINA FERREIRA	F	27	F1939	17	INDIVIDUAL	00:46:13	00:28:05
428	336	JOAO PAIVA	M	40	M4044	85	CLUBE ANACOM	00:46:15	00:25:42
429	1954	MARGARIDA GODINHO	F	52	F5059	1	INDIVIDUAL	00:46:15	00:26:45
430	319	JOAO SEQUEIRA	M	48	M4549	64	CCDT METRO LX	00:46:18	00:28:33
431	973	RICARDO J F MARQUES	M	23	M1939	161	INDIVIDUAL	00:46:20	00:26:36
432	286	JORGE M ALVES	M	41	M4044	86	INDIVIDUAL	00:46:21	00:27:27

433	1470	JOAO SIMÕES	M	47	M4549	65	APOGMA	00:46:24	00:00:00
434	936	SILVINO J C MORINGA	M	56	M5559	34	INDIVIDUAL	00:46:25	00:27:17
435	83	DANIEL GONÇALVES	M	30	M1939	162	ADC CATUJAL	00:46:30	00:27:16
436	881	ANTONIO N SOUSA	M	52	M5054	39	INDIVIDUAL	00:46:31	00:26:19
437	1543	BRUNO AFONSO	M	33	M1939	163	INDIVIDUAL	00:46:31	00:26:53
438	1692	ANTONIO M M ALMEIDA	M	39	M1939	164	INDIVIDUAL	00:46:31	00:27:59
439	1181	FERNANDO ANDRADE	M	56	M5559	35	ACOREANA C BANIF	00:46:32	00:26:48
440	1052	LICINIO SIMÕES	M	29	M1939	165	LICINIO SIMOES	00:46:33	00:28:16
441	192	NUNO M TAVARES	M	24	M1939	166	C MILLENNIUM BCP	00:46:34	00:27:25
442	657	DOUGLAS FRY	M	54	M5054	40	CD MAFRA	00:46:35	00:27:36
443	855	MARCO GONÇALVES	M	30	M1939	167	MARCO GONÇALVES	00:46:35	00:27:09
444	1662	Mª FATIMA SANTOS	F	60	F6099	1	INDIVIDUAL	00:46:35	00:26:25
445	1911	LUIS GAMA	M	47	M4549	66	AMIGOS LUIS	00:46:36	00:26:56
446	1735	IVAN RAMOS	M	27	M1939	168	INDIVIDUAL	00:46:37	00:26:20
447	1400	VITOR PEREIRA	M	34	M1939	169	GRD S FRANC SERRA	00:46:38	00:26:45
448	1447	OSCAR HENRIQUES	M	30	M1939	170	INDIVIDUAL	00:46:38	00:27:25
449	1630	NORBERTO MARQUES	M	40	M4044	87	RUNNING OF D MARIA	00:46:38	00:26:51
450	451	CARMEN PIRES	F	34	F1939	18	ESTRELA FC	00:46:39	00:26:46
451	339	PAULO LUIS	M	47	M4549	67	CLUBE ANACOM	00:46:40	00:26:42
452	866	FERNANDO CARMO	M	48	M4549	68	INDIVIDUAL	00:46:41	00:26:58
453	1040	JOAO C C VICENTE	M	42	M4044	88	INDIVIDUAL	00:46:41	00:27:09
454	1110	LUIS REIS	M	48	M4549	69	FALCÕES SELVAGENS	00:46:42	00:27:22
455	69	JOSE MENDES	M	45	M4549	70	INDIVIDUAL	00:46:45	00:27:39
456	820	ARMANDO CORREIA	M	59	M5559	36	LESMAS ALOPRADAS	00:46:45	00:27:05
457	193	ANTONIO A CORREIA	M	56	M5559	37	C MILLENNIUM BCP	00:46:48	00:27:11
458	143	LUIS REIS	M	44	M4044	89	CA VALE FIGUEIRA	00:46:49	00:28:22
459	394	JOSE REIS	M	57	M5559	38	GD MACEDO OCULista	00:46:49	00:27:47
460	954	LUIS PINTO	M	36	M1939	171	INDIVIDUAL	00:46:49	00:00:00
461	1095	RAUL FERREIRA	M	36	M1939	172	INDIVIDUAL	00:46:52	00:26:43
462	1098	MARIO MENDES	M	49	M4549	71	INDIVIDUAL	00:46:52	00:26:43
463	682	JOAO M ROSA	M	36	M1939	173	CLUBE VODAFONE	00:46:53	00:26:35
464	1182	FRANCISCO CALÇADA	M	46	M4549	72	ACOREANA C BANIF	00:46:55	00:27:09
465	1312	NUNO MENDAO	M	37	M1939	174	OS SANTARENOS	00:46:55	00:27:00
466	1196	PEDRO BURGUETTE	M	36	M1939	175	ACOREANA C BANIF	00:46:56	00:26:45
467	750	ALVARO QUITERIO	M	45	M4549	73	INDIVIDUAL	00:46:57	00:26:21
468	397	CRISTINA GUERREIRA	F	37	F1939	19	GD MACEDO OCULista	00:46:59	00:26:53
469	1524	NELSON FERNANDES	M	31	M1939	176	INDIVIDUAL	00:46:59	00:26:20
470	12	LUIS FEITEIRA	M	37	M1939	177	INDIVIDUAL	00:47:00	00:26:59
471	352	CONSTANTINO MENDAO	M	51	M5054	41	AA LEBRES SADO	00:47:00	00:26:44
472	420	HENRIQUE ALVAREDO	M	53	M5054	42	C SARGENTO ARMADA	00:47:00	00:27:06
473	466	FILIPE RAMALHO	M	30	M1939	178	A VALE SILENCIO	00:47:02	00:27:13
474	1112	FRANCISCO SILVA	M	49	M4549	74	FALCÕES SELVAGENS	00:47:02	00:27:21
475	521	ANTONIO TABORDA	M	61	M6064	17	SS CGD	00:47:04	00:27:10
476	229	JOAQUIM J ARAUJO	M	47	M4549	75	C MILLENNIUM BCP	00:47:05	00:26:43
477	1930	HUGO TAVARES	M	27	M1939	179	INDIVIDUAL	00:47:05	00:27:23
478	1936	VITOR A S CARDOSO	M	32	M1939	180	INDIVIDUAL	00:47:06	00:27:24
479	1593	JORGE LEITÃO	M	46	M4549	76	OS ZATOPEQUES	00:47:07	00:27:25
480	1535	JOAO P OLIVEIRA	M	35	M1939	181	INDIVIDUAL	00:47:08	00:26:26
481	1717	LUIS PENTEADO	M	40	M4044	90	FERNANDO CARVALHO	00:47:08	00:27:09
482	170	FERNANDO MARQUES	M	61	M6064	18	INGLESES	00:47:09	00:27:33
483	355	MARCOS FERREIRA	M	64	M6064	19	AA LEBRES SADO	00:47:09	00:26:58
484	449	RUI BERNANRDINO	M	30	M1939	182	MA MORAIS	00:47:10	00:27:07
485	1620	JOSE SANTOS	M	54	M5054	43	CCC O ALVITEJO	00:47:10	00:27:00
486	244	PAULO M PINTO	M	47	M4549	77	C MILLENNIUM BCP	00:47:11	00:27:26

487	1354	FERNANDO LOPES	M	41	M4044	91	INDIVIDUAL	00:47:11	00:28:00
488	739	ALCINDO A RAMALHO	M	27	M1939	183	INDIVIDUAL	00:47:12	00:29:27
489	1391	PEDRO DUARTE	M	30	M1939	184	AA MAFRA	00:47:12	00:28:28
490	1831	JORGE MORGADO	M	46	M4549	78	INDIVIDUAL	00:47:13	00:26:52
491	793	MÁRIO R G SILVA	M	31	M1939	185	INDIVIDUAL	00:47:14	00:27:23
492	1200	TAM AFONSO	M	58	M5559	39	ACOREANA C BANIF	00:47:15	00:00:00
493	1053	EDUARDO LUIS	M	33	M1939	186	LICINIO SIMOES	00:47:16	00:28:30
494	1677	ANTONIO SIMÕES	M	41	M4044	92	GDC BANCO PORTUGAL	00:47:16	00:27:17
495	1643	MANUEL FOLGADO	F	61	F6099	2	GRD OS FIXES	00:47:17	00:27:12
496	1842	LUIS F ALMEIDA	M	28	M1939	187	INDIVIDUAL	00:47:17	00:28:03
497	225	PAULO J CAETANO	M	42	M4044	93	C MILLENNIUM BCP	00:47:18	00:28:20
498	364	TEOTONIO X PEREIRA	M	47	M4549	79	ADRC MATA BENFICA	00:47:18	00:27:37
499	1850	JOAO T SANTOS	M	39	M1939	188	INDIVIDUAL	00:47:18	00:28:19
500	716	ANTONIO VIEIRA	M	31	M1939	189	INDIVIDUAL	00:47:19	00:28:09
501	603	AURELIO AFONSO	M	34	M1939	190	ADCR P JUDICIARIA	00:47:20	00:28:09
502	1390	CARLOS MORAIS	M	48	M4549	80	AA MAFRA	00:47:22	00:26:57
503	1404	ALCIDES NUNES	M	52	M5054	44	INDIVIDUAL	00:47:22	00:27:11
504	1673	JOAQUIM FERRÃO	M	50	M5054	45	GDC BANCO PORTUGAL	00:47:22	00:27:29
505	289	MARIO J MARQUES	M	50	M5054	46	INDIVIDUAL	00:47:24	00:28:16
506	1213	SERGIO PIRES	M	34	M1939	191	INDIVIDUAL	00:47:24	00:27:41
507	1210	LUIS ML A LOUREIRO	M	25	M1939	192	INDIVIDUAL	00:47:25	00:28:14
508	1563	RUI LOPES	M	33	M1939	193	INDIVIDUAL	00:47:25	00:27:47
509	541	CARLOS ANDRADE	M	40	M4044	94	GD CHELAS	00:47:26	00:27:32
510	44	JOSE PEREIRA	M	59	M5559	40	CCD CM LOURES	00:47:27	00:28:47
511	1027	CARLOS SOUSA	M	54	M5054	47	INDIVIDUAL	00:47:28	00:27:14
512	883	ANTONIO BARREIROS	M	59	M5559	41	INDIVIDUAL	00:47:29	00:27:04
513	846	JOAQUIM VARANDA	M	48	M4549	81	GDOA	00:47:30	00:28:24
514	166	DANIEL SILVA	M	51	M5054	48	GD S DOMINGOS	00:47:31	00:27:11
515	1141	NUNO M P. SANTOS	M	32	M1939	194	INDIVIDUAL	00:47:31	00:28:15
516	1369	ARLINDO BRÁS	M	47	M4549	82	INDIVIDUAL	00:47:32	00:27:12
517	481	DAVID RAMOS	M	30	M1939	195	INST PUIPILOS EXERCITO	00:47:33	00:28:09
518	1625	PAULO MARTINS	M	43	M4044	95	RUNNING OF D MARIA	00:47:33	00:27:03
519	160	FERNANDO GUERREIRO	M	64	M6064	20	GD S DOMINGOS	00:47:35	00:27:15
520	1104	CARLOS M TEIXEIRA	M	37	M1939	196	INDIVIDUAL	00:47:36	00:27:24
521	731	CESAR MOREIRA	M	33	M1939	197	INDIVIDUAL	00:47:37	00:27:25
522	1342	CARLOS T S SILVA	M	38	M1939	198	INDIVIDUAL	00:47:37	00:27:49
523	1449	ELSA RIBEIRINHO	F	36	F1939	20	INDIVIDUAL	00:47:37	00:27:25
524	190	PAULO PAIS	M	46	M4549	83	C MILLENNIUM BCP	00:47:38	00:26:46
525	105	JOSE SILVESTRE	M	66	M6599	7	A SACAVENENSE	00:47:40	00:27:18
526	1205	JOSE GERARDO	M	49	M4549	84	INDIVIDUAL	00:47:41	00:28:24
527	1229	PEDRO GOMES	M	34	M1939	199	INDIVIDUAL	00:47:41	00:27:14
528	1683	PEDRO CARDOSO	M	29	M1939	200	PEDRO CARDOSO	00:47:43	00:28:47
529	847	JOSE NUNES	M	43	M4044	96	GDOA	00:47:46	00:27:35
530	1233	JOAO CABANAS	M	29	M1939	201	INDIVIDUAL	00:47:49	00:28:46
531	1258	FILIPE BRANCO	M	41	M4044	97	URD ARRANHO	00:47:50	00:28:37
532	1304	DOUG SANT-MARTIN	M	26	M1939	202	INDIVIDUAL	00:47:50	00:23:39
533	1894	PEDRO ANTUNES	M	37	M1939	203	GDRS OS CARREGUEIRENSES	00:47:50	00:27:26
534	1963	PEDRO MARTINS	M	33	M1939	204	PEDRO FERRAZ	00:47:51	00:27:36
535	1130	LUIS M ROCHA	M	40	M4044	98	INDIVIDUAL	00:47:52	00:27:16
536	1263	FERNANDO RODRIGUES	M	44	M4044	99	URD ARRANHO	00:47:52	00:28:37
537	42	JOSE ARUIL	M	71	M6599	8	CCD CM LOURES	00:47:53	00:28:43
538	55	RICARDO PEREIRA	M	26	M1939	205	CCD CM LOURES	00:47:53	00:00:00
539	1705	FERNANDO COSTA	M	34	M1939	206	INDIVIDUAL	00:47:54	00:28:12
540	456	JOSUE INACIO	M	73	M6599	9	ESTRELA FC	00:47:55	00:28:19

541	295	LUIS AMORIM	M	53	M5054	49	NA BEIERSDORF	00:47:56	00:27:43
542	1254	JOAO GONCALVES	M	39	M1939	207	INDIVIDUAL	00:47:56	00:28:32
543	20	ANTONIO LOURO	M	37	M1939	208	GD SANTANDER TOTTA	00:47:59	00:26:53
544	197	VASCO M NUNES	M	40	M4044	100	C MILLENNIUM BCP	00:47:59	00:27:25
545	1228	JORGE NABAIS	M	28	M1939	209	INDIVIDUAL	00:47:59	00:27:19
546	1967	JOAO FESTAS	M	37	M1939	210	INDIVIDUAL	00:48:00	00:29:00
547	624	ALEXANDRE DIAS	M	41	M4044	101	O CELEIRO MEMORIA	00:48:02	00:28:32
548	623	FLORIVAL ANDRADE	M	62	M6064	21	O CELEIRO MEMORIA	00:48:03	00:28:31
549	838	RUI PIRES	M	44	M4044	102	GEORUNNERS	00:48:06	00:28:36
550	1106	VIRGILIO A C GONÇALVES	M	51	M5054	50	INDIVIDUAL	00:48:06	00:28:09
551	537	FERNANDO CAEIRO	M	41	M4044	103	GD CHELAS	00:48:08	00:27:08
552	1614	LEANDRO RODIGUES	M	16	M0018	4	GD CHELAS	00:48:08	00:27:19
553	342	VICTOR BRAGANCA	M	40	M4044	104	AA LEBRES SADO	00:48:10	00:27:58
554	548	NUNO A G SEABRA	M	39	M1939	211	TAP REACTORES	00:48:11	00:27:49
555	596	ANTONIO I FERNANDES	M	47	M4549	85	ARSC TOLEDO	00:48:11	00:27:58
556	1227	PEDRO C MIGUEL	M	21	M1939	212	OS TUGAS	00:48:11	00:27:21
557	1565	PEDRO CAEIRO	M	33	M1939	213	INDIVIDUAL	00:48:12	00:27:47
558	1817	CARLOS CRISTOVÃO	M	36	M1939	214	GD IN CASA MOEDA	00:48:16	00:28:51
559	728	EDUARDO RIBEIRO	M	27	M1939	215	INDIVIDUAL	00:48:17	00:28:03
560	539	JOSE VENANCIO	M	57	M5559	42	GD CHELAS	00:48:18	00:28:20
561	853	JOAO CORDEIRO	M	24	M1939	216	INDIVIDUAL	00:48:19	00:28:00
562	1944	STEVEN COWLING	M	35	M1939	217	INDIVIDUAL	00:48:19	00:27:38
563	852	NUNES FILHO	M	30	M1939	218	GDOA	00:48:21	00:28:28
564	257	HERNANI J FERNANDES	M	40	M4044	105	INDIVIDUAL	00:48:24	00:28:29
565	1172	CARLA CALÇADA	F	41	F4049	8	ACOREANA C BANIF	00:48:24	00:27:38
566	638	JOAO DURAO	M	60	M6064	22	NA PAPAGAIOS CASCAIS	00:48:26	00:28:49
567	929	JOÃO VERÍSSIMO	M	53	M5054	51	INDIVIDUAL	00:48:26	00:28:26
568	1357	JOAQUIM CRISPIM	M	55	M5559	43	INDIVIDUAL	00:48:26	00:28:46
569	1568	JORGE PAULO	M	52	M5054	52	INDIVIDUAL	00:48:26	00:28:29
570	324	NUNO PITA	M	35	M1939	219	CCDT METRO LX	00:48:27	00:28:38
571	1290	ALIZE M GARCIA	F	24	F1939	21	INDIVIDUAL	00:48:27	00:28:02
572	164	JOSE LUIS	M	56	M5559	44	GD S DOMINGOS	00:48:28	00:28:27
573	471	LUCIANO TOMAS	M	54	M5054	53	A VALE SILENCIO	00:48:30	00:28:26
574	1779	JOSE LEANDRO	M	44	M4044	106	INDIVIDUAL	00:48:30	00:27:43
575	1099	TEODORO TRINDADE	M	49	M4549	86	RUN 4 FUN	00:48:31	00:28:32
576	727	RICARDO GONÇALVES	M	35	M1939	220	RUI FALHAS	00:48:33	00:28:01
577	1830	PEDRO ROA	M	43	M4044	107	INDIVIDUAL	00:48:33	00:28:19
578	2002	CRISTIAN N CIORAN	M	33	M1939	221	CRISTIAN NICOLAE CIORAN	00:48:33	00:28:15
579	331	RUI ARAUJO	M	53	M5054	54	CCDT METRO LX	00:48:34	00:28:11
580	1035	JOSE MATOS	M	50	M5054	55	AMIGOS PARQUE PAZ	00:48:35	00:29:22
581	1414	JOSE HILARIO	M	51	M5054	56	INDIVIDUAL	00:48:35	00:28:54
582	1291	ANTÓNIO JACINTO	M	46	M4549	87	INDIVIDUAL	00:48:36	00:27:10
583	1545	NUNO SA	M	31	M1939	222	INDIVIDUAL	00:48:36	00:27:42
584	334	JOSE VAZ	M	53	M5054	57	CLUBE ANACOM	00:48:38	00:28:31
585	1685	PAULO SANTOS	M	31	M1939	223	PEDRO CARDOSO	00:48:38	00:28:48
586	990	JOAO A S MELO	M	50	M5054	58	INDIVIDUAL	00:48:39	00:28:17
587	1119	ALIPIO COELHO	M	44	M4044	108	INDIVIDUAL	00:48:40	00:28:46
588	1238	RICARDO CHASQUEIRA	M	33	M1939	224	INDIVIDUAL	00:48:40	00:28:19
589	724	RUI FALHAS	M	36	M1939	225	RUI FALHAS	00:48:41	00:28:04
590	725	MARTA PIMENTEL	F	30	F1939	22	RUI FALHAS	00:48:41	00:28:10
591	905	CARLOS AFONSO	M	34	M1939	226	4@FUNDO	00:48:41	00:27:45
592	906	PAULO LOURO	M	46	M4549	88	4@FUNDO	00:48:41	00:27:18
593	1805	ISAC MENDES	M	24	M1939	227	INDIVIDUAL	00:48:41	00:27:31
594	1851	MIGUEL PINHO	M	39	M1939	228	INDIVIDUAL	00:48:41	00:28:16

595	1208	PAULINO PACHECO	M	54	M5054	59	INDIVIDUAL	00:48:42	00:28:25
596	222	JOSE L MARQUES	M	41	M4044	109	C MILLENNIUM BCP	00:48:43	00:27:35
597	1212	JOAO REIS	M	46	M4549	89	INDIVIDUAL	00:48:43	00:27:41
598	1252	RAFAEL SANTOS	M	38	M1939	229	INDIVIDUAL	00:48:43	00:29:47
599	31	CARLOS GADUNHAS	M	68	M6599	10	CCD CM LOURES	00:48:44	00:28:29
600	228	ANTONIO T RAMOS	M	40	M4044	110	C MILLENNIUM BCP	00:48:44	00:27:52
601	1031	NUNO GOMES	M	41	M4044	111	AMIGOS PARQUE PAZ	00:48:44	00:29:21
602	366	CLAUDIO BOINO	M	37	M1939	230	ADRC MATA BENFICA	00:48:45	00:28:25
603	162	ANTONIO BRITO	M	59	M5559	45	GD S DOMINGOS	00:48:46	00:28:28
604	1008	JOAO BRITES	M	42	M4044	112	INDIVIDUAL	00:48:46	00:28:27
605	570	HELDER SOARES	M	35	M1939	231	A DANIEL CALDEIRA	00:48:47	00:28:55
606	597	CARLOS ALEGRE	M	50	M5054	60	ARSC TOLEDO	00:48:48	00:28:23
607	653	LUISA SANTO	F	44	F4049	9	CR LEOES P SALVO	00:48:48	00:28:25
608	405	JORGE M RODRIGUES	M	36	M1939	232	INDIVIDUAL	00:48:49	00:29:02
609	1555	PEDRO NUNES	M	35	M1939	233	INDIVIDUAL	00:48:49	00:28:26
610	531	SETTA MACHADO	M	38	M1939	234	GRD RIBEIRA LAGE	00:48:51	00:29:24
611	390	JOAQUIM MACEDO	M	56	M5559	46	GD MACEDO OCUlista	00:48:52	00:29:02
612	523	TIAGO AVELAS	M	36	M1939	235	SS CGD	00:48:53	00:28:21
613	1356	MANUEL CRISPIM	M	59	M5559	47	INDIVIDUAL	00:48:53	00:00:00
614	1815	JOAO FREIRE	M	45	M4549	90	GD IN CASA MOEDA	00:48:53	00:27:55
615	400	RUBEM FERREIRA	M	19	M1939	236	GD MACEDO OCUlista	00:48:54	00:28:12
616	1567	ANTONIO CABAÇO	M	38	M1939	237	INDIVIDUAL	00:48:55	00:27:43
617	1468	FERNANDO FERNANDES	M	50	M5054	61	APOGMA	00:48:56	00:28:59
618	168	VASCO MARTINS	M	41	M4044	113	GD S DOMINGOS	00:48:57	00:28:52
619	547	PEDRO MARQUES	M	47	M4549	91	GD CHELAS	00:48:58	00:28:58
620	1908	ANTONIO BORBA	M	66	M6599	11	UCRD PRAIENSE	00:48:58	00:29:11
621	501	PAULO PIRES	M	45	M4549	92	SS CGD	00:48:59	00:29:10
622	354	NAPOLEAO LEAL	M	58	M5559	48	AA LEBRES SADO	00:49:00	00:28:55
623	902	JORGE S BICHO	M	51	M5054	62	4@FUNDO	00:49:00	00:28:35
624	979	CARLOS ANJOS	M	66	M6599	12	INDIVIDUAL	00:49:00	00:28:38
625	885	MANUEL ANTUNES	M	42	M4044	114	INDIVIDUAL	00:49:01	00:28:24
626	1992	JOSE LEÃO	M	56	M5559	49	INDIVIDUAL	00:49:02	00:28:40
627	806	CARLOS RODRIGUES	M	54	M5054	63	AA MAFRA	00:49:03	00:28:08
628	145	ANTONIO MINA	M	49	M4549	93	CA VALE FIGUEIRA	00:49:07	00:28:45
629	148	VERGILIO NASCIMENTO	M	57	M5559	50	CA VALE FIGUEIRA	00:49:07	00:28:45
630	150	ANTONIO CAMACHO	M	59	M5559	51	CA VALE FIGUEIRA	00:49:07	00:28:44
631	328	PEDRO CUNHA	M	48	M4549	94	CCDT METRO LX	00:49:07	00:29:00
632	744	SEVERO MELO	M	45	M4549	95	INDIVIDUAL	00:49:07	00:27:58
633	1512	JANUARIO BONA	M	63	M6064	23	BOLOTAOBRA	00:49:08	00:28:26
634	2034	JOAO MARREIROS	M	47	M4549	96	INDIVIDUAL	00:49:09	00:27:42
635	782	MARIO AMARO	M	43	M4044	115	INDIVIDUAL	00:49:11	00:28:57
636	836	HEITOR GOMES	M	38	M1939	238	GEORUNNERS	00:49:12	00:28:39
637	908	DAVID C L PEREIRA	M	40	M4044	116	INDIVIDUAL	00:49:12	00:28:37
638	1071	ANTONIO JORGE	M	40	M4044	117	INDIVIDUAL	00:49:13	00:28:39
639	1072	ANTONIO DAMIÃO	M	40	M4044	118	INDIVIDUAL	00:49:13	00:28:40
640	1921	BRUNO GUERRA	M	19	M1939	239	INDIVIDUAL	00:49:14	00:29:22
641	1783	ANTONIO BERTOLO	M	39	M1939	240	INDIVIDUAL	00:49:15	00:28:18
642	1569	ARTUR MARTINS	M	42	M4044	119	INDIVIDUAL	00:49:16	00:28:44
643	1460	JACINTO PEREIRA	M	54	M5054	64	CC LINDA VELHA	00:49:18	00:29:13
644	1985	PEDRO M F VENTURA	M	25	M1939	241	INDIVIDUAL	00:49:19	00:00:00
645	497	LUIS REIS	M	52	M5054	65	CCDP MUN CASCAIS	00:49:21	00:28:34
646	1225	ANTONIO GONÇALVES	M	49	M4549	97	OS TUGAS	00:49:23	00:28:57
647	346	LUIS OLIVEIRA	M	41	M4044	120	AA LEBRES SADO	00:49:24	00:27:37
648	798	PAULO CASTELO	M	37	M1939	242	TERESA REIS	00:49:24	00:28:11

649	1659	STEPHAN	M	38	M1939	243	INDIVIDUAL	00:49:24	00:29:01
650	95	CARLOS CONCEIÇÃO	M	47	M4549	98	A SACAVENENSE	00:49:26	00:29:27
651	1896	FABIO FERREIRA	M	20	M1939	244	GDRC OS CARREGUEIRENSES	00:49:26	00:27:35
652	30	ANTONIO CAÇADOR	M	55	M5559	52	CCD CM LOURES	00:49:28	00:29:54
653	1133	CARLOS SERRA	M	45	M4549	99	INDIVIDUAL	00:49:28	00:28:59
654	1036	MIGUEL FRAGOSO	M	20	M1939	245	INDIVIDUAL	00:49:29	00:29:39
655	1631	EDUARDO BRITO	M	38	M1939	246	RUNNING OF D MARIA	00:49:29	00:28:24
656	149	ANTONIO SILVA	M	58	M5559	53	CA VALE FIGUEIRA	00:49:30	00:28:37
657	443	FABIO CRUZ	M	24	M1939	247	GD INE	00:49:30	00:27:55
658	1214	CARLOS ANJOS	M	36	M1939	248	INDIVIDUAL	00:49:31	00:28:28
659	118	GIL ANDRADE	M	22	M1939	249	ADL APELAÇONENSES	00:49:35	00:29:45
660	191	ARNALDO A PINTEUS	M	50	M5054	66	C MILLENNIUM BCP	00:49:36	00:27:26
661	977	ANTONIO P MATA	M	50	M5054	67	RUN 4 FUN	00:49:37	00:28:35
662	641	FERNANDO GIL	M	58	M5559	54	INDIVIDUAL	00:49:38	00:29:41
663	1868	PAULO SANTOS	M	42	M4044	121	RB RUNNING	00:49:38	00:28:53
664	970	ANTONIO O P PATRICIO	M	51	M5054	68	INDIVIDUAL	00:49:39	00:28:59
665	1687	MIGUEL GOMES	M	40	M4044	122	INDIVIDUAL	00:49:39	00:29:52
666	945	JOSE M C SILVA	M	20	M1939	250	INDIVIDUAL	00:49:40	00:30:15
667	1255	RUI P SANTOS	M	36	M1939	251	INDIVIDUAL	00:49:40	00:29:22
668	1635	JOAO C LOPES	M	47	M4549	100	INDIVIDUAL	00:49:40	00:30:28
669	1869	SONIA CAIXEIRINHO	F	40	F4049	10	RB RUNNING	00:49:40	00:28:53
670	1471	HELDER GANDARINHO	M	42	M4044	123	APOGMA	00:49:41	00:29:00
671	1527	EDUARDO COVELINHAS	M	32	M1939	252	INDIVIDUAL	00:49:41	00:28:58
672	1583	GONÇALO OLIVEIRA	M	49	M4549	101	GDCT UNICRE	00:49:41	00:28:25
673	605	FAUSTO ISAAC	M	41	M4044	124	ADCR P JUDICIARIA	00:49:43	00:28:19
674	1359	LUIS GONÇALVES	M	31	M1939	253	INDIVIDUAL	00:49:43	00:29:54
675	274	JOSE ESTEVES	M	44	M4044	125	CD GRUPO BES	00:49:45	00:29:16
676	275	JOSE PEDRO	M	63	M6064	24	CD GRUPO BES	00:49:45	00:29:16
677	491	ALBERTO ABREU	M	43	M4044	126	CCDP MUN CASCAIS	00:49:45	00:28:13
678	1013	MARCO A D CARMO	M	37	M1939	254	INDIVIDUAL	00:49:45	00:29:28
679	1384	PAULO SILVA	M	36	M1939	255	AA MAFRA	00:49:45	00:30:13
680	1221	PAULA SANTOS	F	41	F4049	11	OS TUGAS	00:49:47	00:29:35
681	656	MARCO SANTOS	M	30	M1939	256	CD MAFRA	00:49:48	00:30:36
682	702	MARIO LINO	M	48	M4549	102	INDIVIDUAL	00:49:48	00:28:33
683	1395	FRANCISCO CARMO	M	40	M4044	127	GRD S FRANC SERRA	00:49:49	00:29:34
684	1399	LUIS GONÇALVES	M	36	M1939	257	GRD S FRANC SERRA	00:49:49	00:29:34
685	1268	JOAO ROCHA	M	59	M5559	55	GD SANTANDER TOTTA	00:49:50	00:28:55
686	1514	JOAO DELGADO	M	25	M1939	258	INDIVIDUAL	00:49:50	00:29:03
687	1789	ANTONIO INGLÊS	M	52	M5054	69	GA MONSANTO GASCAN	00:49:50	00:28:56
688	1941	JOAO FIALHO	M	40	M4044	128	JOAO FIALHO	00:49:50	00:29:02
689	343	RUI MARQUES	M	30	M1939	259	RB RUNNING	00:49:53	00:27:29
690	668	SUSANA ALMEIDA	F	41	F4049	12	GARMIN CO OEIRAS	00:49:53	00:28:06
691	719	MARCO D S F SANTOS	M	31	M1939	260	INDIVIDUAL	00:49:54	00:28:42
692	1560	LUIS M H. C SARAIVA	M	47	M4549	103	INDIVIDUAL	00:49:54	00:27:46
693	2018	ABILIO TAVARES	M	56	M5559	56	INDIVIDUAL	00:49:54	00:28:45
694	53	VITOR MOREIRA	M	58	M5559	57	CCD CM LOURES	00:49:55	00:29:05
695	625	JOSE GONCALVES	M	48	M4549	104	CF OS AVISENSES	00:49:55	00:30:32
696	77	JOSE VALERIO	M	65	M6599	13	ADC CATUJAL	00:49:56	00:27:26
697	128	GORETI FERNANDES	F	47	F4049	13	ADL APELAÇONENSES	00:49:56	00:28:09
698	64	JOAQUINA FLORES	F	70	F6099	3	GA SUPER ESTRELAS	00:49:57	00:29:19
699	489	JULIO MEIRELES	M	59	M5559	58	CCDP MUN CASCAIS	00:49:57	00:29:01
700	567	NUNO GOMES	M	33	M1939	261	A DANIEL CALDEIRA	00:49:57	00:28:43
701	1592	CARLOS PEREIRA	M	28	M1939	262	OS ZATOPEQUES	00:49:58	00:29:31
702	475	JOAQUIM DAMAS	M	57	M5559	59	A VALE SILENCIO	00:49:59	00:28:48

703	577	JOAO SILVA	M	48	M4549	105	CCD EFACEC LX	00:49:59	00:28:37
704	335	LUIS PEREIRA	M	43	M4044	129	CLUBE ANACOM	00:50:01	00:29:46
705	1343	JOSE MORAIS	M	50	M5054	70	JOSE MORAIS	00:50:03	00:29:04
706	1464	JOAQUIM OLIVEIRA	M	47	M4549	106	INDIVIDUAL	00:50:03	00:29:24
707	57	FERNANDO PIRES	M	41	M4044	130	INDIVIDUAL	00:50:05	00:29:51
708	1411	CARLOS A C MENDES	M	54	M5054	71	INDIVIDUAL	00:50:06	00:30:28
709	1755	JOSE ALAGADOR	M	65	M6599	14	LINDA PASTORA SC	00:50:06	00:30:04
710	1847	PAULO VILA LUZ	M	44	M4044	131	PAULO VILA LUZ	00:50:06	00:29:57
711	1849	TOMÁS VILA LUZ	M	14	M0018	5	PAULO VILA LUZ	00:50:06	00:29:56
712	715	JORGE M G PIRES	M	56	M5559	60	INDIVIDUAL	00:50:07	00:30:29
713	1279	ALEXANDRA SILVA	F	34	F1939	23	INDIVIDUAL	00:50:07	00:29:10
714	1371	JOSE L LOPES	M	54	M5054	72	INDIVIDUAL	00:50:07	00:28:56
715	1477	FERNANDO M SANTOS	M	48	M4549	107	GD BANCO BPI	00:50:08	00:29:54
716	1526	PAULO SILVA	M	45	M4549	108	INDIVIDUAL	00:50:08	00:28:24
717	21	FERNANDO MARQUES	M	56	M5559	61	GD SANTANDER TOTTA	00:50:09	00:29:54
718	1884	BERTO MARINHO	M	67	M6599	15	CA PATAMEIRAS	00:50:09	00:30:10
719	733	MARIO J R LUCIO	M	47	M4549	109	INDIVIDUAL	00:50:10	00:28:51
720	1178	ANTONIO JORGE	M	56	M5559	62	ACOREANA C BANIF	00:50:10	00:00:00
721	1573	RAUL PIMENTA	M	60	M6064	25	INDIVIDUAL	00:50:10	00:29:46
722	685	JORGE SANTOS	M	36	M1939	263	CLUBE VODAFONE	00:50:12	00:28:35
723	1430	CARLOS FERREIRA	M	54	M5054	73	CLUBE AUTOCOOPE	00:50:12	00:28:59
724	108	ARMANDO MONTEIRO	M	37	M1939	264	A SACAVENENSE	00:50:14	00:29:20
725	435	MARCO A PATRICIO	M	34	M1939	265	CASINO LISBOA	00:50:14	00:28:35
726	109	MARCELINO ALMEIDA	M	48	M4549	110	A SACAVENENSE	00:50:15	00:29:21
727	1486	JOAQUIM A VERMELHUDO	M	44	M4044	132	GD BANCO BPI	00:50:15	00:29:49
728	672	CARLOS M GONCALVES	M	55	M5559	63	INDIVIDUAL	00:50:16	00:29:08
729	1284	BRUNO PIO	M	24	M1939	266	INDIVIDUAL	00:50:16	00:29:22
730	22	JOSE PEREIRA	M	41	M4044	133	GD SANTANDER TOTTA	00:50:17	00:30:33
731	1540	JORGE M L SANTOS	M	35	M1939	267	INDIVIDUAL	00:50:20	00:00:00
732	1754	CARLOS MARQUES	M	73	M6599	16	LINDA PASTORA SC	00:50:21	00:29:19
733	552	ORLANDO FERREIRA	M	41	M4044	134	INDIVIDUAL	00:50:22	00:29:53
734	1695	SARA REIS	F	32	F1939	24	INDIVIDUAL	00:50:22	00:29:56
735	1696	VITOR SANTOS	M	35	M1939	268	INDIVIDUAL	00:50:22	00:29:55
736	1919	HENRIQUE J S SIMÃO	M	36	M1939	269	HENRIQUE SIMÃO	00:50:23	00:27:27
737	1180	DIOGO FERREIRA	M	38	M1939	270	ACOREANA C BANIF	00:50:24	00:29:25
738	306	CARLOS MOREIRA	M	58	M5559	64	CCDT METRO LX	00:50:25	00:30:18
739	1090	GUILHERME ANTUNES	M	47	M4549	111	INDIVIDUAL	00:50:25	00:28:08
740	662	ISABEL RODRIGUES	F	40	F4049	14	GARMIN CO OEIRAS	00:50:26	00:29:20
741	1946	MIGUEL L MIRANDA	M	24	M1939	271	INDIVIDUAL	00:50:26	00:30:38
742	1009	JOSE V I COELHO	M	41	M4044	135	INDIVIDUAL	00:50:27	00:29:39
743	174	ANTONIO VALERIO	M	56	M5559	65	GD S DOMINGOS	00:50:28	00:28:04
744	181	LEONEL BRANDAO	M	43	M4044	136	C MILLENNIUM BCP	00:50:28	00:29:39
745	1841	PAULO LAPÃO	M	45	M4549	112	INDIVIDUAL	00:50:29	00:30:19
746	1976	RODOLFO RAPAÇ	M	39	M1939	272	INDIVIDUAL	00:50:29	00:29:25
747	409	MAGNIFICA ALVAREDO	F	56	F5059	2	C SARGENTO ARMADA	00:50:30	00:29:02
748	208	JOSE A FERREIRA	M	45	M4549	113	C MILLENNIUM BCP	00:50:31	00:28:31
749	329	RAFAEL SANTOS	M	44	M4044	137	CCDT METRO LX	00:50:31	00:30:18
750	1220	GRAÇA ROLDÃO	F	47	F4049	15	OS TUGAS	00:50:31	00:30:02
751	763	RUI SILVA	M	39	M1939	273	INDIVIDUAL	00:50:33	00:29:17
752	1538	MANUEL GUERREIRO	M	58	M5559	66	INDIVIDUAL	00:50:33	00:30:30
753	232	MARIO B CAMPOS	M	62	M6064	26	C MILLENNIUM BCP	00:50:34	00:29:59
754	1901	RAFAEL FRANCO	M	45	M4549	114	INDIVIDUAL	00:50:34	00:29:24
755	219	AUGUSTO S LOURENCO	M	49	M4549	115	C MILLENNIUM BCP	00:50:36	00:29:40
756	1166	TIAGO A COSTA	M	36	M1939	274	INDIVIDUAL	00:50:37	00:30:03

757	1287	MIGUEL SILVA	M	40	M4044	138	INDIVIDUAL	00:50:37	00:27:46
758	915	NUNO LUCAS	M	31	M1939	275	NUNO LUCAS	00:50:39	00:29:24
759	1716	FERNANDO CARVALHO	M	39	M1939	276	FERNANDO CARVALHO	00:50:39	00:29:12
760	912	ANTONIO RAMOS	M	56	M5559	67	NUNO LUCAS	00:50:40	00:29:23
761	1814	JOSE LIBERATO	M	35	M1939	277	GD IN CASA MOEDA	00:50:40	00:27:45
762	823	FERNANDO ANTUNES	M	43	M4044	139	LESMAS ALOPRADAS	00:50:41	00:28:52
763	1811	PEDRO GONÇALVES	M	38	M1939	278	INDIVIDUAL	00:50:41	00:30:10
764	1886	INES SANTOS	F	22	F1939	25	CA PATAMEIRAS	00:50:41	00:28:56
765	1891	OSCAR SANTOS	M	54	M5054	74	CA PATAMEIRAS	00:50:42	00:28:57
766	1101	BRUNO PIEDADE	M	39	M1939	279	INDIVIDUAL	00:50:43	00:29:04
767	1241	PEDRO RODRIGUES	M	41	M4044	140	INDIVIDUAL	00:50:43	00:29:44
768	2015	CARLOS RODRIGUES	M	46	M4549	116	INDIVIDUAL	00:50:47	00:29:26
769	835	CARLOS ALMEIDA	M	29	M1939	280	INDIVIDUAL	00:50:48	00:30:17
770	180	FERNANDO M S ALMEIDA	M	43	M4044	141	C MILLENNIUM BCP	00:50:51	00:30:00
771	1496	FERNANDO ROCHA	M	41	M4044	142	INDIVIDUAL	00:50:51	00:30:30
772	1807	ANA GIL	F	24	F1939	26	INDIVIDUAL	00:50:51	00:29:47
773	94	PAULO GONÇALVES	M	45	M4549	117	A SACAVENTENSE	00:50:53	00:29:46
774	460	ANTONIO COELHO	M	36	M1939	281	A VALE SILENCIO	00:50:53	00:30:17
775	568	NUNO REIS	M	35	M1939	282	A DANIEL CALDEIRA	00:50:55	00:29:44
776	673	FERNANDO SANTOS	M	67	M6599	17	CP IVA	00:50:55	00:30:10
777	1376	LUIS F PELICHO	M	24	M1939	283	INDIVIDUAL	00:50:55	00:29:43
778	1137	JOSE DUARTE	M	39	M1939	284	INDIVIDUAL	00:50:56	00:29:21
779	1138	JOAO BANDEIRA	M	43	M4044	143	INDIVIDUAL	00:50:58	00:29:37
780	1042	PEDRO PROENÇA	M	31	M1939	285	INDIVIDUAL	00:50:59	00:29:47
781	1244	MARIO FERREIRA	M	39	M1939	286	INDIVIDUAL	00:50:59	00:29:36
782	762	JOSE C MELO	M	48	M4549	118	RUN 4 FUN	00:51:01	00:30:11
783	812	CARLOS M O SILVA	M	46	M4549	119	INDIVIDUAL	00:51:01	00:29:40
784	957	JOSE GOMES	M	58	M5559	68	TEJAVISTA	00:51:01	00:29:57
785	1117	Mª ROSA CARITA	F	51	F5059	3	INDIVIDUAL	00:51:01	00:29:18
786	785	JOAO RALHA	M	51	M5054	75	RUN 4 FUN	00:51:04	00:30:20
787	1185	JOAQUIM GUERREIRO	M	51	M5054	76	ACOREANA C BANIF	00:51:04	00:31:23
788	1576	LUIS M XAVIER	M	39	M1939	287	INDIVIDUAL	00:51:04	00:30:53
789	1431	JOSE DIAS	M	53	M5054	77	CLUBE AUTOCOOPE	00:51:05	00:30:41
790	1508	ARNALDO MARTINS	M	56	M5559	69	BOLOTAOBRA	00:51:06	00:26:31
791	65	SALVADOR AFONSO	M	57	M5559	70	GD SANTANDER TOTTA	00:51:08	00:29:17
792	856	ABEL GONÇALVES	M	58	M5559	71	MARCO GONÇALVES	00:51:08	00:29:25
793	1624	JORGE FERREIRA	M	46	M4549	120	RUNNING OF D MARIA	00:51:08	00:30:19
794	1627	ORLANDO MARTINS	M	55	M5559	72	RUNNING OF D MARIA	00:51:08	00:30:13
795	968	ALEXANDRE VAZ	M	38	M1939	288	INDIVIDUAL	00:51:09	00:28:51
796	1935	FRANCISCO VAZ	M	43	M4044	144	INDIVIDUAL	00:51:09	00:30:17
797	1955	MANUEL TIAGO	M	49	M4549	121	INDIVIDUAL	00:51:09	00:28:50
798	600	MARIO GOULART	M	39	M1939	289	ADCR P JUDICIARIA	00:51:10	00:30:53
799	1204	LUIS REIS	M	47	M4549	122	INDIVIDUAL	00:51:10	00:28:51
800	1632	NUNO MONTEIRO	M	30	M1939	290	RUNNING OF D MARIA	00:51:10	00:29:08
801	1970	FERNANDO FERNADES	M	38	M1939	291	MANUEL MEIRELLES	00:51:10	00:29:35
802	1534	MANUEL D I GOMES	M	20	M1939	292	INDIVIDUAL	00:51:11	00:31:01
803	772	GONÇALO MELO	M	44	M4044	145	INDIVIDUAL	00:51:12	00:29:52
804	986	TIAGO SA	M	19	M1939	293	INDIVIDUAL	00:51:13	00:00:00
805	1853	ANIBAL SIMÕES	M	44	M4044	146	FERNANDO NUNES	00:51:13	00:30:12
806	270	EDUARDO FIGUEIREDO	M	39	M1939	294	CD GRUPO BES	00:51:15	00:28:43
807	455	ANTONIO VALADAS	M	60	M6064	27	ESTRELA FC	00:51:15	00:30:09
808	808	BERNARDO FIGUEIREDO	M	40	M4044	147	INDIVIDUAL	00:51:16	00:30:23
809	529	VITOR REVEZ	M	51	M5054	78	GRD RIBEIRA LAGE	00:51:19	00:29:47
810	1019	GONÇALO VALENTE	M	34	M1939	295	INDIVIDUAL	00:51:19	00:29:37

811	1767	PEDRO PEDROGAM	M	31	M1939	296	TONY ALMEIDA	00:51:19	00:30:39
812	33	ELISIO COSTA	M	58	M5559	73	CCD CM LOURES	00:51:21	00:30:51
813	1093	OSCAR M GIL	M	42	M4044	148	INDIVIDUAL	00:51:21	00:30:45
814	822	JOAO REVÊS	M	39	M1939	297	LESMAS ALOPRADAS	00:51:23	00:29:24
815	1480	RENATO M CRUZ	M	42	M4044	149	GD BANCO BPI	00:51:23	00:30:02
816	1488	ALBERTO P SANTOS	M	54	M5054	79	GD BANCO BPI	00:51:23	00:29:55
817	1462	ANTONIO M TORRES	M	52	M5054	80	INDIVIDUAL	00:51:24	00:31:01
818	1920	HELDER J F LOPES	M	37	M1939	298	INDIVIDUAL	00:51:24	00:29:30
819	255	VIRGILIO FERRAZ	M	62	M6064	28	FALCOES DO CHILE	00:51:25	00:30:04
820	827	RICARDO PEREIRA	M	35	M1939	299	INDIVIDUAL	00:51:26	00:29:27
821	78	ALMERINDO SILVA	M	51	M5054	81	ADC CATUJAL	00:51:27	00:29:26
822	465	FERNANDO SILVA	M	46	M4549	123	A VALE SILENCIO	00:51:28	00:31:06
823	470	LEONEL NEVES	M	57	M5559	74	A VALE SILENCIO	00:51:28	00:31:04
824	473	PAULO PIRES	M	36	M1939	300	A VALE SILENCIO	00:51:28	00:31:03
825	1649	PAULO PORTUGAL	M	46	M4549	124	A VALE SILENCIO	00:51:28	00:31:06
826	1773	MANUEL TRINDADE	M	54	M5054	82	MANUEL TRINDADE	00:51:28	00:29:25
827	349	MANUEL SEQUEIRA	M	60	M6064	29	AA LEBRES SADO	00:51:29	00:29:57
828	1379	GIL FERREIRA	M	25	M1939	301	INDIVIDUAL	00:51:29	00:31:18
829	756	PAULO J MACHADO	M	35	M1939	302	INDIVIDUAL	00:51:30	00:29:51
830	917	IVO PIMENTA	M	30	M1939	303	INDIVIDUAL	00:51:30	00:29:44
831	1163	HENRIQUE CABACEIRA	M	49	M4549	125	INDIVIDUAL	00:51:31	00:28:21
832	1484	VASCO A SANTOS	M	52	M5054	83	GD BANCO BPI	00:51:31	00:30:52
833	1501	MIGUEL SANCHES	M	31	M1939	304	CARLOS VIEIRA	00:51:31	00:29:57
834	616	AUGUSTO FERREIRA	M	62	M6064	30	INDIVIDUAL	00:51:33	00:29:29
835	839	MARIO J SILVA	M	50	M5054	84	GEORUNNERS	00:51:33	00:30:05
836	1537	DANIELA CARVALHO	F	35	F1939	27	INDIVIDUAL	00:51:33	00:30:38
837	911	ALFREDO FALCAO	M	45	M4549	126	INDIVIDUAL	00:51:34	00:30:05
838	421	FERNANDO OLIVEIRA	M	55	M5559	75	C SARGENTO ARMADA	00:51:35	00:30:35
839	1664	CARLOS PENA	M	42	M4044	150	GRD RIBEIRA LAGE	00:51:36	00:29:27
840	199	PAULO H REBOCHO	M	46	M4549	127	C MILLENNIUM BCP	00:51:37	00:30:27
841	546	MANUEL PINTO	M	55	M5559	76	GD CHELAS	00:51:38	00:29:32
842	676	RUI PEDRO	M	61	M6064	31	CP IVA	00:51:39	00:30:17
843	1207	VIRGILIO CARLOS	M	49	M4549	128	INDIVIDUAL	00:51:40	00:30:16
844	1482	JORGE F NUNES	M	33	M1939	305	GD BANCO BPI	00:51:40	00:30:52
845	1167	JOAQUIM CATARRINHO	M	39	M1939	306	INDIVIDUAL	00:51:41	00:30:05
846	350	ALVARO GINGADO	M	54	M5054	85	AA LEBRES SADO	00:51:42	00:31:20
847	367	TIAGO NEVES	M	31	M1939	307	ADRC MATA BENFICA	00:51:42	00:31:15
848	1047	CARLOS M D SILVA	M	37	M1939	308	MATILHA	00:51:43	00:30:57
849	621	JOAO MILHEIRO	M	51	M5054	86	O CELEIRO MEMORIA	00:51:44	00:30:17
850	2033	CARLA GONÇALVES	F	29	F1939	28	INDIVIDUAL	00:51:44	00:30:17
851	886	JOSE MONTEIRO	M	54	M5054	87	INDIVIDUAL	00:51:47	00:29:38
852	1962	PEDRO FERRAZ	M	34	M1939	309	PEDRO FERRAZ	00:51:49	00:29:37
853	1382	PAULO MAGALHÃES	M	41	M4044	151	INDIVIDUAL	00:51:51	00:31:17
854	677	JOAO BRAZIO	M	52	M5054	88	CP IVA	00:51:54	00:30:31
855	1086	JOSE L CAETANO	M	58	M5559	77	C COLAB AXA	00:51:55	00:31:11
856	1176	RITA CARROLA	F	34	F1939	29	ACOREANA C BANIF	00:51:56	00:30:41
857	1183	FRANCISCO PEREIRA	M	44	M4044	152	ACOREANA C BANIF	00:51:56	00:30:41
858	962	PAULO GARRAU	M	37	M1939	310	TEJAVISTA	00:51:57	00:31:06
859	1015	LUIS AZEVEDO	M	46	M4549	129	INDIVIDUAL	00:51:59	00:28:42
860	1973	LUIS GARCIA	M	44	M4044	153	INDIVIDUAL	00:51:59	00:28:55
861	218	JOAO P PEREIRA	M	39	M1939	311	C MILLENNIUM BCP	00:52:00	00:30:44
862	1206	JOAO CONSTANTINO	M	35	M1939	312	INDIVIDUAL	00:52:00	00:30:10
863	556	CARLOS PEREIRA	M	40	M4044	154	GD SANTANDER TOTTA	00:52:01	00:29:55
864	918	NUNO AMARO	M	41	M4044	155	INDIVIDUAL	00:52:01	00:30:15

865	1064	ANDRE SILVA	M	18	M0018	6	INDIVIDUAL	00:52:01	00:29:39
866	1709	CARLOS A MIRA	M	39	M1939	313	CLAUDIO MIRA	00:52:01	00:29:41
867	448	PEDRO GOMES	M	25	M1939	314	GD INE	00:52:03	00:30:19
868	1419	JOSE NOGUEIRA	M	50	M5054	89	INDIVIDUAL	00:52:03	00:30:31
869	1115	DOMINGOS MOREIRA	M	68	M6599	18	INDIVIDUAL	00:52:05	00:30:57
870	1854	FERNANDO MARTINHO	M	48	M4549	130	FERNANDO NUNES	00:52:05	00:30:21
871	1578	NELSON SANTOS	M	39	M1939	315	INDIVIDUAL	00:52:07	00:30:34
872	759	PAULO MARQUES	M	40	M4044	156	INDIVIDUAL	00:52:09	00:30:06
873	1065	CARLOS SEBASTIÃO	M	50	M5054	90	INDIVIDUAL	00:52:10	00:29:54
874	1330	PAULO SOUSA	M	37	M1939	316	INDIVIDUAL	00:52:10	00:29:50
875	910	JEREMIAS RIBEIRO	M	68	M6599	19	INDIVIDUAL	00:52:11	00:31:59
876	434	ANDRE M LOPES	M	37	M1939	317	CASINO LISBOA	00:52:12	00:28:53
877	1702	VITOR TEIXEIRA	M	51	M5054	91	INDIVIDUAL	00:52:14	00:31:04
878	227	JORGE M LOUREIRO	M	45	M4549	131	C MILLENNIUM BCP	00:52:15	00:29:55
879	813	JOSE MAGALHÃES	M	43	M4044	157	RUN 4 FUN	00:52:15	00:31:11
880	1114	JOSE C D HENRIQUES	M	56	M5559	78	INDIVIDUAL	00:52:16	00:31:08
881	1437	ANIBAL FERNANDES	M	35	M1939	318	INDIVIDUAL	00:52:17	00:31:50
882	1029	LUIS M SANTOS	M	44	M4044	158	INDIVIDUAL	00:52:18	00:31:23
883	1261	HENRIQUE FERREIRA	M	40	M4044	159	URD ARRANHO	00:52:18	00:29:01
884	1323	JOSE GARRIDO	M	50	M5054	92	AMIGOS PARQUE PAZ	00:52:20	00:31:08
885	803	ANTONIO LIMA	M	48	M4549	132	INDIVIDUAL	00:52:21	00:30:11
886	2000	TERESA PALMA	F	48	F4049	16	INDIVIDUAL	00:52:23	00:30:22
887	285	CARLOS M C M SILVA	M	38	M1939	319	INDIVIDUAL	00:52:25	00:31:19
888	1044	JOSE B XAVIER	M	41	M4044	160	INDIVIDUAL	00:52:26	00:30:31
889	1380	LUIS ALMEIDA	M	37	M1939	320	INDIVIDUAL	00:52:28	00:31:16
890	1987	HELDER N MARTINS	M	31	M1939	321	HÉLDER MARTINS	00:52:28	00:32:40
891	684	JORGE FRADIQUE	M	51	M5054	93	CLUBE VODAFONE	00:52:29	00:31:38
892	692	SERGIO R LUIS	M	34	M1939	322	CLUBE VODAFONE	00:52:29	00:31:32
893	1988	RICARDO M FERREIRA	M	26	M1939	323	HÉLDER MARTINS	00:52:29	00:32:41
894	37	ORLANDO COUTO	M	56	M5559	79	CCD CM LOURES	00:52:31	00:30:47
895	344	MANUEL SANTOS	M	61	M6064	32	AA LEBRES SADO	00:52:32	00:31:28
896	996	BRUNO M J JORGE	M	25	M1939	324	INDIVIDUAL	00:52:32	00:29:33
897	845	GERMANO PIRES	M	53	M5054	94	GDOA	00:52:33	00:30:36
898	1824	JULIO HENRIQUES	M	61	M6064	33	INDIVIDUAL	00:52:33	00:31:07
899	527	MANUEL FIGUEIREDO	M	53	M5054	95	GRD RIBEIRA LAGE	00:52:34	00:30:05
900	849	PEDRO DIAS	M	37	M1939	325	GDOA	00:52:34	00:30:08
901	1680	LUIS M C R BASTOS	M	42	M4044	161	INDIVIDUAL	00:52:37	00:29:46
902	1491	RUI VIGOÇO	M	66	M6599	20	GD BANCO BPI	00:52:38	00:30:55
903	1247	SERGIO COSTA	M	33	M1939	326	INDIVIDUAL	00:52:39	00:31:14
904	1829	JORGE A T ESTEVES	M	39	M1939	327	INDIVIDUAL	00:52:41	00:30:36
905	517	EURICO SEMEDO	M	63	M6064	34	SS CGD	00:52:42	00:31:11
906	152	JOSE LINDO	M	64	M6064	35	CA VALE FIGUEIRA	00:52:43	00:29:34
907	1266	ANTONIO SANTOS	M	46	M4549	133	INDIVIDUAL	00:52:44	00:29:48
908	1774	MARIA LEITÃO	F	50	F5059	4	MANUEL TRINDADE	00:52:44	00:00:00
909	1383	ANTONIO M ALMEIDA	M	46	M4549	134	INDIVIDUAL	00:52:45	00:30:47
910	1581	MANUELA A C MOCHÃO	F	49	F4049	17	INDIVIDUAL	00:52:45	00:00:00
911	1881	GILBERTO GONCALVES	M	62	M6064	36	CR ALVORADA	00:52:46	00:31:22
912	609	JOSE M T DUARTE	M	29	M1939	328	CLUBE STRESS	00:52:47	00:31:28
913	801	MARIA MATIAS	F	42	F4049	18	INDIVIDUAL	00:52:47	00:00:00
914	1422	CARLOS MARTINS	M	53	M5054	96	INDIVIDUAL	00:52:48	00:30:35
915	1024	CARLOS NEVES	M	31	M1939	329	INDIVIDUAL	00:52:49	00:30:48
916	1385	LEONEL AMARO	M	46	M4549	135	AA MAFRA	00:52:49	00:28:38
917	598	MIGUEL CARNEIRO	M	38	M1939	330	ADCR P JUDICIARIA	00:52:51	00:31:09
918	1690	ROSA PRATAS	F	51	F5059	5	INDIVIDUAL	00:52:51	00:31:10

919	151	MANUEL CHINITA	M	46	M4549	136	CA VALE FIGUEIRA	00:52:52	00:31:11
920	792	LUIS A P RODRIGUES	M	51	M5054	97	INDIVIDUAL	00:52:52	00:30:39
921	765	JOSE P N MORAIS	M	41	M4044	162	INDIVIDUAL	00:52:53	00:29:22
922	1257	ANTONIO F M SILVA	M	45	M4549	137	INDIVIDUAL	00:52:54	00:30:35
923	2003	GRIGORE BALTA	M	27	M1939	331	CRISTIAN NICOLAE CIORAN	00:52:54	00:28:39
924	1412	FLORIANO SILVA	M	32	M1939	332	INDIVIDUAL	00:52:55	00:32:33
925	877	JOSE PACHECO	M	45	M4549	138	JOSE PACHECO	00:52:56	00:30:32
926	1057	CARLOS CASTRO	M	30	M1939	333	LICINIO SIMOES	00:52:56	00:30:33
927	1656	ABEL CARVALHO	M	54	M5054	98	INDIVIDUAL	00:52:56	00:30:32
928	516	JOAO BALAO	M	71	M6599	21	SS CGD	00:52:57	00:30:35
929	1609	DANIEL SILVA	M	30	M1939	334	INDIVIDUAL	00:52:58	00:31:44
930	894	JOAO R REIS	M	59	M5559	80	INDIVIDUAL	00:52:59	00:30:38
931	204	ANTONIO J ALMEIDA	M	44	M4044	163	C MILLENNIUM BCP	00:53:01	00:30:21
932	1310	PAULO CORREIA	M	45	M4549	139	OS SANTARENOS	00:53:01	00:29:23
933	256	DOMINGOS BARREIROS	M	73	M6599	22	INDIVIDUAL	00:53:02	00:30:01
934	1092	PEDRO V JESUS	M	45	M4549	140	INDIVIDUAL	00:53:02	00:30:59
935	1309	DAVID FERREIRA	M	43	M4044	164	OS SANTARENOS	00:53:02	00:29:23
936	1332	RUI P DUARTE	M	40	M4044	165	INDIVIDUAL	00:53:02	00:31:00
937	861	LUIS P PEREIRA	M	38	M1939	335	INDIVIDUAL	00:53:03	00:32:27
938	1140	HELDER A. M. P ALMEIDA	M	44	M4044	166	INDIVIDUAL	00:53:03	00:31:33
939	1246	CARLOS M F MACHADO	M	35	M1939	336	INDIVIDUAL	00:53:04	00:29:27
940	1587	EDUARDO RIBEIRO	M	43	M4044	167	GDCT UNICRE	00:53:04	00:30:30
941	1188	LUIS MELO	M	53	M5054	99	ACOREANA C BANIF	00:53:06	00:28:55
942	1405	JOAO ROSA	M	28	M1939	337	INDIVIDUAL	00:53:06	00:28:58
943	47	MARIO LIMA	M	58	M5559	81	CCD CM LOURES	00:53:08	00:30:53
944	689	PAULO BONIFACIO	M	44	M4044	168	CLUBE VODAFONE	00:53:09	00:30:38
945	1039	JOAO M A D ROXO	M	39	M1939	338	INDIVIDUAL	00:53:09	00:28:15
946	1806	JORGE NEVES	M	42	M4044	169	INDIVIDUAL	00:53:09	00:31:13
947	406	LUIS A A SILVA	M	36	M1939	339	INDIVIDUAL	00:53:12	00:31:08
948	1458	ANTONIO J M SERRA	M	51	M5054	100	INDIVIDUAL	00:53:13	00:30:07
949	930	MAURO TEIXEIRA	M	31	M1939	340	INDIVIDUAL	00:53:15	00:31:02
950	233	SERGIO P ANJOS	M	63	M6064	37	C MILLENNIUM BCP	00:53:16	00:32:13
951	1270	JOSE F M BARATA	M	68	M6599	23	INDIVIDUAL	00:53:16	00:30:26
952	646	MARIA NOVAIS	F	46	F4049	19	CR LEOES P SALVO	00:53:17	00:30:09
953	1113	RAUL CARVALHO	M	52	M5054	101	FALCÕES SELVAGENS	00:53:18	00:30:41
954	1629	ADRIANO VITORINO	M	49	M4549	141	RUNNING OF D MARIA	00:53:18	00:31:26
955	655	HENRIQUE LUIS	M	30	M1939	341	CD MAFRA	00:53:19	00:30:31
956	1617	JOAO D B FERNANDES	M	63	M6064	38	INDIVIDUAL	00:53:19	00:30:50
957	1070	ANTONIO CAMPOS	M	62	M6064	39	INDIVIDUAL	00:53:20	00:32:32
958	1226	RUI RODRIGUES	M	44	M4044	170	OS TUGAS	00:53:21	00:31:02
959	61	JOAQUIM SILVERIO	M	65	M6599	24	GA SUPER ESTRELAS	00:53:22	00:31:03
960	636	ZACARIAS ALVES	M	50	M5054	102	NA PAPAGAIOS CASCAIS	00:53:22	00:31:14
961	213	JOSE M TEIXEIRA	M	40	M4044	171	C MILLENNIUM BCP	00:53:23	00:31:01
962	937	ARTUR M C F PINTO	M	49	M4549	142	INDIVIDUAL	00:53:24	00:31:54
963	1165	CARLOS DIAS	M	34	M1939	342	INDIVIDUAL	00:53:24	00:30:29
964	981	PAULO L B S SIRGADO	M	30	M1939	343	INDIVIDUAL	00:53:25	00:29:14
965	519	ANTONIO CARPINTEIRO	M	66	M6599	25	SS CGD	00:53:27	00:31:39
966	701	NELSON O JORGE	M	34	M1939	344	INDIVIDUAL	00:53:28	00:30:52
967	1421	JOAQUIM SILVA	M	35	M1939	345	INDIVIDUAL	00:53:29	00:30:27
968	771	NUNO SILVA	M	35	M1939	346	INDIVIDUAL	00:53:30	00:29:18
969	1828	JUSTINO LOPES	M	53	M5054	103	INDIVIDUAL	00:53:30	00:32:29
970	2035	PEDRO MEDEIROS	M	32	M1939	347	INDIVIDUAL	00:53:30	00:30:32
971	1940	ANDRE COELHO	M	25	M1939	348	INDIVIDUAL	00:53:31	00:31:36
972	308	JOAQUIM PATRICA	M	44	M4044	172	CCDT METRO LX	00:53:32	00:30:56

973	889	CARLOS DIAS	M	55	M5559	82	INDIVIDUAL	00:53:32	00:31:37
974	821	ALBINO FERREIRA	M	46	M4549	143	LESMAS ALOPRADAS	00:53:33	00:31:34
975	663	JOAO GONCALVES	M	49	M4549	144	GARMIN CO OEIRAS	00:53:34	00:32:36
976	250	MANUEL A MARTA	M	65	M6599	26	C MILLENNIUM BCP	00:53:35	00:00:00
977	247	MARIO R ROMAO	M	38	M1939	349	C MILLENNIUM BCP	00:53:36	00:31:42
978	1034	LUIS PIRES	M	43	M4044	173	AMIGOS PARQUE PAZ	00:53:37	00:32:05
979	1522	LUIS GONÇALVES	M	41	M4044	174	INDIVIDUAL	00:53:37	00:32:05
980	1340	ANTONIO C MARTINS	M	50	M5054	104	INDIVIDUAL	00:53:38	00:30:58
981	1780	FILIFE M SANTOS	M	37	M1939	350	INDIVIDUAL	00:53:38	00:32:29
982	1519	PAULO AZEVEDO	M	42	M4044	175	INDIVIDUAL	00:53:39	00:32:04
983	1038	RUI GAMA	M	40	M4044	176	INDIVIDUAL	00:53:40	00:31:27
984	203	TIAGO M RODRIGUES	M	16	M0018	7	C MILLENNIUM BCP	00:53:41	00:30:34
985	1542	CELIO T X ROMA	M	25	M1939	351	INDIVIDUAL	00:53:41	00:31:25
986	202	ILIDIO G RODRIGUES	M	59	M5559	83	C MILLENNIUM BCP	00:53:42	00:31:59
987	333	MANUEL DANTAS	M	64	M6064	40	CCDT METRO LX	00:53:43	00:31:12
988	40	JORGE JESUS	M	58	M5559	84	CCD CM LOURES	00:53:45	00:31:52
989	841	MARIO J M SANTOS	M	35	M1939	352	INDIVIDUAL	00:53:48	00:32:33
990	1802	JOSE CANDEIAS	M	42	M4044	177	INDIVIDUAL	00:53:50	00:29:38
991	964	JOAO BORGES	M	43	M4044	178	TEJAVISTA	00:53:51	00:30:53
992	965	AVELINO MARTINS	M	43	M4044	179	TEJAVISTA	00:53:51	00:30:53
993	966	LUIS MIRANDA	M	51	M5054	105	TEJAVISTA	00:53:51	00:31:13
994	1142	PAULA PENEDO	F	34	F1939	30	PAULA PENEDO	00:53:51	00:30:52
995	1840	CARLA MORGADO	F	41	F4049	20	INDIVIDUAL	00:53:51	00:31:39
996	386	ISABEL REIS	F	50	F5059	6	GD MACEDO OCULISTA	00:54:01	00:31:34
997	1495	JOSE LOUREIRO	M	46	M4549	145	INDIVIDUAL	00:54:02	00:31:03
998	566	DANIEL RODRIGUES	M	31	M1939	353	CLUBE ROBBIALAC	00:54:05	00:30:16
999	1566	BRUNO GUERREIRO	M	30	M1939	354	INDIVIDUAL	00:54:05	00:32:32
1000	184	JOSE F MARQUES	M	44	M4044	180	C MILLENNIUM BCP	00:54:08	00:30:18
1001	280	PAULO GONCALVES	M	43	M4044	181	CD GRUPO BES	00:54:08	00:31:31
1002	167	EUGENIA VALE	F	56	F5059	7	GD S DOMINGOS	00:54:09	00:31:30
1003	49	NUNO SILVA	M	34	M1939	355	CCD CM LOURES	00:54:10	00:33:41
1004	347	MIGUEL CASTELA	M	40	M4044	182	AA LEBRES SADO	00:54:10	00:33:40
1005	790	CARLOS A T LUIS	M	41	M4044	183	INDIVIDUAL	00:54:10	00:29:19
1006	1749	MAYER RAPOSO	M	64	M6064	41	INDIVIDUAL	00:54:10	00:33:40
1007	439	ANTONIO MARQUES	M	55	M5559	85	GD INE	00:54:13	00:31:48
1008	983	DANIEL A A PORTELA	M	27	M1939	356	INDIVIDUAL	00:54:13	00:31:09
1009	59	ANTONIO MENDES	M	62	M6064	42	GA SUPER ESTRELAS	00:54:14	00:31:45
1010	1286	ALEXANDRE E SANTO	M	29	M1939	357	INDIVIDUAL	00:54:14	00:32:03
1011	848	JOSE ANDRADE	M	46	M4549	146	GDOA	00:54:15	00:30:14
1012	1061	JOSE DUARTE	M	47	M4549	147	INDIVIDUAL	00:54:15	00:32:24
1013	637	JOAQUIM BARROCAS	M	58	M5559	86	NA PAPAGAIOS CASCAIS	00:54:17	00:32:13
1014	237	FERNANDO DOMINGUES	M	55	M5559	87	C MILLENNIUM BCP	00:54:18	00:32:53
1015	980	DANIEL PEREIRA	M	37	M1939	358	INDIVIDUAL	00:54:18	00:32:52
1016	305	CRUZ MARQUES	M	59	M5559	88	CCDT METRO LX	00:54:19	00:32:04
1017	320	JOSE SILVA	M	55	M5559	89	CCDT METRO LX	00:54:19	00:32:02
1018	1028	TERESA SEPÚLVEDA	F	30	F1939	31	INDIVIDUAL	00:54:19	00:31:05
1019	327	PAULO ALFAR	M	46	M4549	148	CCDT METRO LX	00:54:20	00:32:11
1020	1135	ANTONIO SOUSA	M	40	M4044	184	INDIVIDUAL	00:54:20	00:32:23
1021	757	SILVIA M M R GALVEIA	F	35	F1939	32	INDIVIDUAL	00:54:21	00:31:38
1022	872	VITOR LOPES	M	43	M4044	185	INDIVIDUAL	00:54:21	00:31:15
1023	1492	LUIS ALVARO	M	43	M4044	186	GD BANCO BPI	00:54:21	00:31:48
1024	1269	JOSE RIBEIRO	M	66	M6599	27	GD SANTANDER TOTTA	00:54:23	00:30:09
1025	186	SANDRO JORDAO	M	29	M1939	359	C MILLENNIUM BCP	00:54:25	00:32:24
1026	360	PATRICIA CORREIA	F	31	F1939	33	ADRC MATA BENFICA	00:54:25	00:30:30

1027	361	SUSANA CORREIA	F	31	F1939	34	ADRC MATA BENFICA	00:54:25	00:30:31
1028	363	JOSE M V ANDRADE	M	32	M1939	360	ADRC MATA BENFICA	00:54:25	00:31:21
1029	1966	HELDER MARTINHO	M	26	M1939	361	RUI MATOS	00:54:25	00:31:10
1030	807	NUNO TEMPERA	M	41	M4044	187	RUN 4 FUN	00:54:26	00:32:06
1031	1549	HUGO CRUZ	M	25	M1939	362	INDIVIDUAL	00:54:27	00:31:58
1032	1787	FRANCISCO PINHEIRO	M	56	M5559	90	GA MONSANTO GASCAN	00:54:27	00:31:55
1033	705	RUI TRINDADE	M	41	M4044	188	INDIVIDUAL	00:54:28	00:31:01
1034	1788	JOÃO PINTO	M	50	M5054	106	GA MONSANTO GASCAN	00:54:30	00:31:34
1035	562	RAUL COSTA	M	50	M5054	107	CLUBE ROBBIALAC	00:54:32	00:31:51
1036	783	LUIS TRINDADE	M	33	M1939	363	INDIVIDUAL	00:54:36	00:31:32
1037	583	ANTONIO LOPES	M	61	M6064	43	CCD EFACEC LX	00:54:37	00:31:18
1038	1551	BRUNO SCHEIDECKER	M	26	M1939	364	INDIVIDUAL	00:54:39	00:29:06
1039	291	DAMIAO REGA	M	50	M5054	108	INDIVIDUAL	00:54:40	00:32:33
1040	1402	GONÇALO SEABRA	M	33	M1939	365	OS ZATOEQUES	00:54:40	00:32:37
1041	535	ALBERTINO MOTA	M	32	M1939	366	GRD RIBEIRA LAGE	00:54:41	00:00:00
1042	1209	VASCO PINHO	M	19	M1939	367	INDIVIDUAL	00:54:42	00:32:08
1043	626	MANUELA GONCALVES	F	43	F4049	21	CF OS AVISENSES	00:54:43	00:30:43
1044	1094	NOEMIA MONTEIRO	F	35	F1939	35	INDIVIDUAL	00:54:43	00:31:56
1045	1328	JOSE NEVES	M	40	M4044	189	INDIVIDUAL	00:54:43	00:31:50
1046	1493	PEDRO CATARINO	M	30	M1939	368	INDIVIDUAL	00:54:44	00:32:55
1047	608	ANTONIO T DUARTE	M	49	M4549	149	CLUBE STRESS	00:54:45	00:00:00
1048	614	PEDRO M T DUARTE	M	54	M5054	109	CLUBE STRESS	00:54:46	00:31:58
1049	816	JOAO CUNHA	M	48	M4549	150	INDIVIDUAL	00:54:46	00:33:16
1050	1790	VITOR RODRIGUES	M	56	M5559	91	GA MONSANTO GASCAN	00:54:46	00:32:09
1051	1791	CARLOS COELHO	M	50	M5054	110	GA MONSANTO GASCAN	00:54:46	00:32:07
1052	245	MARIO A MENDES	M	47	M4549	151	C MILLENNIUM BCP	00:54:48	00:31:19
1053	895	NUNO M F ALVES	M	57	M5559	92	INDIVIDUAL	00:54:48	00:31:13
1054	1192	OSCAR RODRIGUES	M	59	M5559	93	ACOREANA C BANIF	00:54:50	00:31:24
1055	1048	SERGIO TORRAS	M	31	M1939	369	MATILHA	00:54:51	00:31:49
1056	800	MIGUEL M PEREIRA	M	38	M1939	370	INDIVIDUAL	00:54:52	00:29:42
1057	1718	ALEXANDRE RODRIGUES	M	39	M1939	371	FERNANDO CARVALHO	00:54:52	00:32:19
1058	408	INES PEREIRA	F	40	F4049	22	C SARGENTO ARMADA	00:54:54	00:32:14
1059	412	ANTONIO PEREIRA	M	47	M4549	152	C SARGENTO ARMADA	00:54:54	00:32:20
1060	679	ALEXANDRE COSTA	M	35	M1939	372	CLUBE VODAFONE	00:54:54	00:31:33
1061	687	NUNO PEDROSO	M	40	M4044	190	CLUBE VODAFONE	00:54:56	00:31:33
1062	1230	CESAR SANTOS	M	38	M1939	373	INDIVIDUAL	00:54:56	00:32:04
1063	1969	MARCO MEIRELLES	M	37	M1939	374	MANUEL MEIRELLES	00:54:57	00:32:12
1064	992	PEDRO M MOURÃO	M	50	M5054	111	INDIVIDUAL	00:54:58	00:31:53
1065	440	ANTONIO PORTUGAL	M	45	M4549	153	GD INE	00:54:59	00:33:20
1066	606	MIGUEL GONCALVES	M	44	M4044	191	ADRC P JUDICIARIA	00:55:01	00:32:04
1067	1331	MIGUEL P NUNES	M	38	M1939	375	INDIVIDUAL	00:55:02	00:31:01
1068	590	PAULO SOUSA	M	39	M1939	376	ARSC TOLEDO	00:55:04	00:31:14
1069	926	JORGE GONÇALVES	M	42	M4044	192	INDIVIDUAL	00:55:04	00:32:07
1070	1409	PAULO SANTOS	M	38	M1939	377	INDIVIDUAL	00:55:04	00:33:01
1071	745	HENRIQUETA SOLIPA	F	49	F4049	23	HENRIQUETA SOLIPA	00:55:06	00:32:45
1072	746	CARLOS RENATO	M	51	M5054	112	HENRIQUETA SOLIPA	00:55:06	00:32:45
1073	999	JORGE LOURENÇO	M	33	M1939	378	CLUBE HERMES	00:55:06	00:31:16
1074	884	DANIEL VILABRIL	M	31	M1939	379	INDIVIDUAL	00:55:07	00:31:54
1075	931	MARILIA RIBEIRO	F	27	F1939	36	INDIVIDUAL	00:55:07	00:32:46
1076	599	CARLOS FREIRE	M	39	M1939	380	ADRC P JUDICIARIA	00:55:09	00:31:54
1077	660	ANTONIO SUL	M	42	M4044	193	GARMIN CO OEIRAS	00:55:10	00:31:53
1078	1467	DEBORA ARNEDO	F	29	F1939	37	INDIVIDUAL	00:55:11	00:32:13
1079	1525	INES ARNEDO	F	29	F1939	38	INDIVIDUAL	00:55:11	00:32:13
1080	1293	MANUEL MENDES	M	29	M1939	381	INDIVIDUAL	00:55:12	00:34:07

1081	1997	ALBERTO RAMIRES	M	57	M5559	94	INDIVIDUAL	00:55:12	00:30:03
1082	1150	HERLANDER C BRANCO	M	37	M1939	382	INDIVIDUAL	00:55:15	00:32:00
1083	1026	JERÓNIMO SANTOS	M	65	M6599	28	INDIVIDUAL	00:55:16	00:32:13
1084	482	NUNO OURO	M	26	M1939	383	INST PUPILOS EXERCITO	00:55:18	00:32:25
1085	681	CARLOS COSTA	M	49	M4549	154	CLUBE VODAFONE	00:55:18	00:32:20
1086	1025	ANTONIO SILVA	M	55	M5559	95	INDIVIDUAL	00:55:18	00:32:12
1087	171	ROSARIO MORGADO	M	26	M1939	384	GD S DOMINGOS	00:55:20	00:31:40
1088	1294	SIMÃO LOPES	M	33	M1939	385	INDIVIDUAL	00:55:20	00:34:07
1089	1363	GONÇALO OLIVEIRA	M	30	M1939	386	INDIVIDUAL	00:55:20	00:32:53
1090	1599	PHELIM OKANE	M	53	M5054	113	OS ZATOPEQUES	00:55:20	00:33:09
1091	1682	JOAO F DUARTE	M	58	M5559	96	INDIVIDUAL	00:55:20	00:31:48
1092	123	RUI FILIPE	M	47	M4549	155	ADL APELAÇONENSES	00:55:21	00:31:35
1093	259	VITOR M P GONCALVES	M	41	M4044	194	INDIVIDUAL	00:55:21	00:32:26
1094	437	RAQUEL A C CARVALHO	F	34	F1939	39	INDIVIDUAL	00:55:21	00:32:00
1095	1725	FILIPA RELVAS	F	23	F1939	40	INDIVIDUAL	00:55:21	00:31:58
1096	1669	AMERICO COSTA	M	53	M5054	114	TECNOSPIE	00:55:22	00:32:31
1097	794	HENRIQUE VILHENA	M	55	M5559	97	INDIVIDUAL	00:55:24	00:32:46
1098	776	TOMAS SOUSA	M	34	M1939	387	INDIVIDUAL	00:55:26	00:32:57
1099	1533	PEDRO M GOMES	M	30	M1939	388	INDIVIDUAL	00:55:27	00:32:39
1100	867	LUCIANO ASSUNÇÃO	M	64	M6064	44	INDIVIDUAL	00:55:28	00:32:47
1101	1253	JORGE MATINHO	M	41	M4044	195	INDIVIDUAL	00:55:28	00:30:32
1102	300	ALBERTO MARTINHO	M	47	M4549	156	CCDT METRO LX	00:55:29	00:32:07
1103	1474	PAULO PIRES	M	46	M4549	157	APOGMA	00:55:29	00:32:01
1104	1738	ARMENIO SILVA	M	73	M6599	29	INDIVIDUAL	00:55:30	00:33:16
1105	898	CRISTINA R LINO	F	36	F1939	41	INDIVIDUAL	00:55:32	00:32:50
1106	1859	PEDRO FIADEIRO	M	27	M1939	389	LINK	00:55:34	00:32:41
1107	1863	MANUEL C P ROSA	M	27	M1939	390	LINK	00:55:34	00:32:40
1108	205	PEDRO M FERNANDES	M	34	M1939	391	C MILLENNIUM BCP	00:55:35	00:33:10
1109	1107	NUNO CAMELO	M	37	M1939	392	INDIVIDUAL	00:55:35	00:31:46
1110	1852	FERNANDO NUNES	M	35	M1939	393	FERNANDO NUNES	00:55:35	00:31:57
1111	1245	TIAGO RIBEIRO	M	26	M1939	394	INDIVIDUAL	00:55:37	00:32:26
1112	683	JOAQUIM LIMA	M	47	M4549	158	CLUBE VODAFONE	00:55:42	00:30:43
1113	1438	CLAUDIO MONTEIRO	M	38	M1939	395	INDIVIDUAL	00:55:42	00:31:53
1114	1722	SERGIO CASTRO	M	32	M1939	396	INDIVIDUAL	00:55:45	00:32:12
1115	212	Mª CRISTINA FERNANDES	F	45	F4049	24	C MILLENNIUM BCP	00:55:46	00:35:12
1116	760	EDUARDO CORREIA	M	44	M4044	196	INDIVIDUAL	00:55:48	00:32:42
1117	786	LUISA RALHA	F	52	F5059	8	RUN 4 FUN	00:55:48	00:33:00
1118	1315	JOAO RAMOS	M	50	M5054	115	OS SANTARENOS	00:55:49	00:30:46
1119	330	RICARDO DIAS	M	33	M1939	397	CCDT METRO LX	00:55:50	00:32:25
1120	858	GONÇALO PINHEIRO	M	28	M1939	398	MARCO GONÇALVES	00:55:53	00:33:24
1121	921	ANSELMO LIMA	M	40	M4044	197	INDIVIDUAL	00:55:53	00:31:44
1122	447	PAULO PUGA	M	45	M4549	159	GD INE	00:55:55	00:33:21
1123	768	JORGE LUÍS VIEGAS	M	54	M5054	116	INDIVIDUAL	00:55:56	00:33:52
1124	743	ALEXANDRE ABADE	M	37	M1939	399	INDIVIDUAL	00:56:00	00:33:51
1125	2020	ISABEL VICENTE	F	45	F4049	25	ISABEL VICENTE	00:56:00	00:33:58
1126	666	PEDRO MENDES	M	33	M1939	400	GARMIN CO OEIRAS	00:56:02	00:34:10
1127	1645	JOSE PINTO	M	35	M1939	401	INDIVIDUAL	00:56:02	00:32:27
1128	1392	KRISTINE REIS	F	31	F1939	42	AA MAFRA	00:56:04	00:32:20
1129	1461	LUIS ALMEIDA	M	50	M5054	117	CC LINDA VELHA	00:56:05	00:33:07
1130	374	ANTONIO FERREIRA	M	48	M4549	160	GD MACEDO OCULISTA	00:56:06	00:32:07
1131	1472	JOSE LEVEZINHO	M	38	M1939	402	APOGMA	00:56:06	00:31:56
1132	938	MARIO SOUSA	M	57	M5559	98	INDIVIDUAL	00:56:07	00:33:16
1133	1001	RUBEN BAHAMONDE	M	29	M1939	403	CLUBE HERMES	00:56:10	00:32:18
1134	1003	MANUEL PAIS	M	33	M1939	404	CLUBE HERMES	00:56:11	00:32:18

1135	611	Mª JOANA T DUARTE	F	49	F4049	26	CLUBE STRESS	00:56:12	00:34:06
1136	442	CARLA A LOPES	F	38	F1939	43	GD INE	00:56:13	00:33:22
1137	832	DAVID LI	M	36	M1939	405	INDIVIDUAL	00:56:13	00:33:00
1138	958	JOANA GOMES	F	28	F1939	44	TEJAVISTA	00:56:15	00:33:17
1139	1224	FATIMA GONÇALVES	F	43	F4049	27	OS TUGAS	00:56:16	00:32:08
1140	564	RUBEN COSTA	M	21	M1939	406	CLUBE ROBBIALAC	00:56:18	00:00:00
1141	1353	FILIPE GOMES	M	29	M1939	407	INDIVIDUAL	00:56:18	00:35:21
1142	1750	JOSE M D.LOPES	M	57	M5559	99	INDIVIDUAL	00:56:19	00:31:42
1143	784	FERNANDO FARIA	M	31	M1939	408	INDIVIDUAL	00:56:21	00:31:25
1144	882	ANDRE TAVARES	M	22	M1939	409	INDIVIDUAL	00:56:21	00:31:25
1145	389	JOAO VEIGA	M	61	M6064	45	GD MACEDO OCULISTA	00:56:22	00:32:49
1146	1626	MIGUEL TEIXEIRA	M	32	M1939	410	RUNNING OF D MARIA	00:56:22	00:31:12
1147	1862	Mª LURDES M ANTONIO	F	41	F4049	28	LINK	00:56:23	00:33:02
1148	706	JOAO M CARVALHO	M	37	M1939	411	INDIVIDUAL	00:56:24	00:32:22
1149	533	MARIA FATUDA	F	55	F5059	9	GRD RIBEIRA LAGE	00:56:25	00:31:52
1150	1598	LUIGI VENTURINI	M	59	M5559	100	OS ZATOPQUES	00:56:25	00:32:36
1151	674	JOSE A SILVA	M	66	M6599	30	CP IVA	00:56:27	00:33:13
1152	1833	JOSE CARRETAS	M	46	M4549	161	INDIVIDUAL	00:56:29	00:33:51
1153	1907	FERNANDO ALVES	M	49	M4549	162	SS CGD	00:56:29	00:33:11
1154	1665	JOSE M F SANTOS	M	37	M1939	412	INDIVIDUAL	00:56:30	00:31:59
1155	947	ANA C RAMOS	F	35	F1939	45	INDIVIDUAL	00:56:32	00:33:31
1156	1111	LUIS GALAMBA	M	45	M4549	163	FALCÕES SELVAGENS	00:56:34	00:32:39
1157	165	VICTOR NOGUEIRA	M	56	M5559	101	GD S DOMINGOS	00:56:35	00:32:42
1158	268	ANA FERREIRA	F	42	F4049	29	CD GRUPO BES	00:56:36	00:32:43
1159	1131	PEDRO P CASTRO	M	37	M1939	413	INDIVIDUAL	00:56:36	00:31:27
1160	1413	NUNO DIAS	M	37	M1939	414	INDIVIDUAL	00:56:36	00:33:01
1161	946	MANUEL O PEREIRA	M	53	M5054	118	INDIVIDUAL	00:56:37	00:33:32
1162	223	JOSE M BATISTA	M	49	M4549	164	C MILLENNIUM BCP	00:56:41	00:33:56
1163	863	EMIDIO ALEXANDRE	M	52	M5054	119	INDIVIDUAL	00:56:44	00:32:30
1164	1880	LIGORIO BORLOTT	M	52	M5054	120	CR ALVORADA	00:56:44	00:32:23
1165	862	HELDER ALEXANDRE	M	28	M1939	415	INDIVIDUAL	00:56:45	00:32:28
1166	864	PEDRO CRUZINHA	M	38	M1939	416	INDIVIDUAL	00:56:45	00:32:30
1167	1465	MARCO SILVA	M	41	M4044	198	INDIVIDUAL	00:56:46	00:34:07
1168	1360	JOSE SANTOS	M	50	M5054	121	INDIVIDUAL	00:56:47	00:31:41
1169	1485	JOSE S MESTRE	M	53	M5054	122	GD BANCO BPI	00:56:47	00:31:42
1170	1912	JOAO GAMA	M	38	M1939	417	AMIGOS LUIS	00:56:47	00:00:00
1171	1264	EDMUNDO LOURENÇO	M	32	M1939	418	URD ARRANHO	00:56:48	00:32:47
1172	492	JOSE C PATINHA	M	40	M4044	199	CCDP MUN CASCAIS	00:56:50	00:30:44
1173	493	ANTONIO J TAVARES	M	46	M4549	165	CCDP MUN CASCAIS	00:56:50	00:33:05
1174	1953	MARCO BRITO	M	33	M1939	419	INDIVIDUAL	00:56:52	00:32:13
1175	1502	VERA SANCHES	F	31	F1939	46	CARLOS VIEIRA	00:56:53	00:33:09
1176	1020	PAULO ASSUNÇÃO	M	40	M4044	200	INDIVIDUAL	00:56:54	00:32:47
1177	1011	HELIO GODINHO	M	61	M6064	46	INDIVIDUAL	00:56:59	00:33:10
1178	322	MARQUES ALEXANDRE	M	53	M5054	123	CCDT METRO LX	00:57:00	00:32:05
1179	1679	PEDRO BRETES	M	45	M4549	166	INDIVIDUAL	00:57:00	00:33:38
1180	578	FERNANDO MAGALHAES	M	54	M5054	124	CCD EFACEC LX	00:57:02	00:33:11
1181	948	ANA CLARO	F	33	F1939	47	INDIVIDUAL	00:57:03	00:33:38
1182	802	LUIS DIAS	M	45	M4549	167	INDIVIDUAL	00:57:04	00:32:49
1183	1277	Mª HELENA COSTA	F	55	F5059	10	INDIVIDUAL	00:57:05	00:31:44
1184	1303	JOSE JORGE	M	39	M1939	420	INDIVIDUAL	00:57:06	00:31:58
1185	1389	PATRICIA AGOSTINHO	M	42	M4044	201	AA MAFRA	00:57:08	00:32:56
1186	1769	PEDRO LOPES	M	30	M1939	421	TONY ALMEIDA	00:57:12	00:34:11
1187	1813	PAULO ALVES	M	33	M1939	422	GD IN CASA MOEDA	00:57:13	00:33:27
1188	1650	RICARDO NICOLAU	M	30	M1939	423	A VALE SILENCIO	00:57:15	00:33:37

1189	469	JOSE REBOCHO	M	55	M5559	102	A VALE SILENCIO	00:57:16	00:32:00
1190	230	VANDA S C ROSA	F	36	F1939	48	C MILLENNIUM BCP	00:57:17	00:35:12
1191	281	RUI GAMEIRO	M	38	M1939	424	CD GRUPO BES	00:57:17	00:34:10
1192	1553	NUNO DUARTE	M	40	M4044	202	INDIVIDUAL	00:57:17	00:32:53
1193	1432	AMERICO COSTA	M	56	M5559	103	CLUBE AUTOCOOPE	00:57:20	00:33:02
1194	1943	MIGUEL MARQUES	M	24	M1939	425	INDIVIDUAL	00:57:20	00:34:06
1195	952	LUIS SILVA	M	48	M4549	168	INDIVIDUAL	00:57:22	00:31:29
1196	1900	JOSE M F MATEUS	M	22	M1939	426	INDIVIDUAL	00:57:23	00:33:30
1197	74	EMILIA BORGES	F	48	F4049	30	INDIVIDUAL	00:57:24	00:33:15
1198	617	AUGUSTO J T CARIA	M	58	M5559	104	INDIVIDUAL	00:57:24	00:32:57
1199	1530	PEDRO RODRIGUES	M	30	M1939	427	INDIVIDUAL	00:57:24	00:33:06
1200	671	CARLOS D TEIXEIRA	M	51	M5054	125	INDIVIDUAL	00:57:27	00:32:42
1201	1532	HELDER PONTES	M	33	M1939	428	INDIVIDUAL	00:57:28	00:33:06
1202	818	NUNO Q MARTINS	M	36	M1939	429	INDIVIDUAL	00:57:30	00:34:20
1203	288	ANTONIO C A BRITO	M	42	M4044	203	INDIVIDUAL	00:57:31	00:32:19
1204	1134	JOAO PARADINHA	M	37	M1939	430	INDIVIDUAL	00:57:31	00:34:06
1205	1758	ISABEL LINO	F	62	F6099	4	LINDA PASTORA SC	00:57:31	00:33:35
1206	67	JOSE BORGES	M	51	M5054	126	INDIVIDUAL	00:57:34	00:36:04
1207	459	AFONSO PINTO	M	50	M5054	127	A VALE SILENCIO	00:57:36	00:33:45
1208	1548	ABILIO VAQUEIRINHO	M	39	M1939	431	INDIVIDUAL	00:57:37	00:34:16
1209	843	MIGUEL SILVA	M	36	M1939	432	INDIVIDUAL	00:57:39	00:33:03
1210	873	JOAO D FINO	M	44	M4044	204	INDIVIDUAL	00:57:40	00:33:06
1211	659	ANTONIO BILA	M	54	M5054	128	GARMIN CO OEIRAS	00:57:41	00:34:42
1212	2012	IVO ROSA	M	27	M1939	433	INDIVIDUAL	00:57:41	00:32:28
1213	2022	LUIS DE MATOS	M	57	M5559	105	INDIVIDUAL	00:57:41	00:34:43
1214	507	FERNANDO BARROS	M	53	M5054	129	SS CGD	00:57:42	00:36:23
1215	576	ANTONIO SANTOS	M	49	M4549	169	CCD EFACEC LX	00:57:42	00:34:06
1216	1584	PAULO DUARTE	M	45	M4549	170	GDCT UNICRE	00:57:42	00:32:31
1217	891	JOAO F F FRADE	M	39	M1939	434	INDIVIDUAL	00:57:43	00:33:55
1218	1089	IGOR CARVALHO	M	23	M1939	435	INDIVIDUAL	00:57:46	00:33:51
1219	2008	PAULA BAPTISTA	F	33	F1939	49	INDIVIDUAL	00:57:49	00:35:06
1220	510	JOAQUIM CARRILHO	M	44	M4044	205	SS CGD	00:57:50	00:34:11
1221	1902	PEDRO M BRAS	M	28	M1939	436	INDIVIDUAL	00:57:50	00:36:10
1222	1644	JORGE CASTANHEIRA	M	42	M4044	206	INDIVIDUAL	00:57:52	00:33:47
1223	831	BRUNO SILVA	M	30	M1939	437	INDIVIDUAL	00:57:53	00:34:27
1224	54	NATALIA MARCHEVA	F	41	F4049	31	CCD CM LOURES	00:57:56	00:33:46
1225	1489	CARLA S VALADAS	F	33	F1939	50	GD BANCO BPI	00:57:57	00:33:51
1226	1775	RUI CARNEIRO	M	55	M5559	106	JOAO CARNEIRO SAD	00:57:57	00:34:12
1227	1219	JOAO LANDEIRO	M	64	M6064	47	INDIVIDUAL	00:58:00	00:34:38
1228	372	FATIMA ABREU	F	62	F6099	5	F PAZ UNIVERSAL	00:58:01	00:34:37
1229	579	JOSE CARVALHO	M	58	M5559	107	CCD EFACEC LX	00:58:03	00:31:35
1230	572	RENATO SOUSA	M	60	M6064	48	A DANIEL CALDEIRA	00:58:04	00:34:05
1231	573	ANTONIO CALDEIRA	M	57	M5559	108	A DANIEL CALDEIRA	00:58:04	00:34:05
1232	1197	PEDRO SOUSA	M	30	M1939	438	ACOREANA C BANIF	00:58:04	00:33:18
1233	1267	CARLOS CORREIA	M	34	M1939	439	INDIVIDUAL	00:58:04	00:32:45
1234	273	JOAO TOMAS	M	26	M1939	440	CD GRUPO BES	00:58:06	00:31:36
1235	542	ALVARO MATOS	M	58	M5559	109	GD CHELAS	00:58:06	00:32:41
1236	787	RUI RALHA	M	53	M5054	130	RUN 4 FUN	00:58:06	00:32:39
1237	1435	ANDRE V FERNANDES	M	36	M1939	441	INDIVIDUAL	00:58:07	00:33:45
1238	1781	PEDRO AZEVEDO	M	34	M1939	442	BRUNO JORGE	00:58:07	00:34:24
1239	23	ANTONIO CASTRO	M	41	M4044	207	GD SANTANDER TOTTA	00:58:08	00:34:43
1240	778	PEDRO M P GIL	M	33	M1939	443	INDIVIDUAL	00:58:09	00:33:27
1241	984	DOMINGOS FARINHO	M	34	M1939	444	INDIVIDUAL	00:58:10	00:33:33
1242	1203	BRUNO DUARTE	M	27	M1939	445	INDIVIDUAL	00:58:12	00:32:52

1243	1877	ANIBAL FERNANDES	M	43	M4044	208	INDIVIDUAL	00:58:12	00:33:54
1244	630	INES MAGALHAES	F	26	F1939	51	NA PAPAGAIOS CASCAIS	00:58:13	00:34:59
1245	1156	DOMINGOS A M MARTINS	M	56	M5559	110	INDIVIDUAL	00:58:14	00:33:45
1246	1521	VITOR P RODRIGUES	M	55	M5559	111	INDIVIDUAL	00:58:14	00:33:48
1247	337	ROGERIO A C PINA	M	57	M5559	112	CLUBE ANACOM	00:58:16	00:33:17
1248	1256	JOAO FONSECA	M	39	M1939	446	INDIVIDUAL	00:58:16	00:34:11
1249	1102	VITOR CANDEIAS	M	38	M1939	447	INDIVIDUAL	00:58:18	00:34:45
1250	1103	ELZA CANDEIAS	F	39	F1939	52	INDIVIDUAL	00:58:18	00:34:45
1251	161	JOSE SANTOS	M	60	M6064	49	GD S DOMINGOS	00:58:19	00:34:24
1252	163	ANTONIO PORTIJO	M	56	M5559	113	GD S DOMINGOS	00:58:19	00:34:25
1253	498	MIGUEL REIS	M	35	M1939	448	SS CGD	00:58:19	00:34:09
1254	871	ANTONIO BATISTA	M	51	M5054	131	INDIVIDUAL	00:58:22	00:33:11
1255	1733	TOMÁS DE PINA	M	41	M4044	209	INDIVIDUAL	00:58:22	00:32:59
1256	463	EMILIO GONCALVES	M	44	M4044	210	A VALE SILENCIO	00:58:24	00:33:50
1257	1339	CARLA MARTINS	F	35	F1939	53	INDIVIDUAL	00:58:26	00:35:04
1258	629	MANUEL FERREIRA	M	64	M6064	50	QUIOSQUE MIRANTE	00:58:27	00:33:33
1259	791	FILIPE JORGE	M	50	M5054	132	INDIVIDUAL	00:58:27	00:33:59
1260	1337	MONICA MOREIRAS	F	31	F1939	54	INDIVIDUAL	00:58:27	00:35:04
1261	628	RUI CHAVES	M	47	M4549	171	QUIOSQUE MIRANTE	00:58:28	00:33:32
1262	1367	RUI LEITÃO	M	37	M1939	449	INDIVIDUAL	00:58:28	00:34:10
1263	1368	ANA LEITÃO	F	36	F1939	55	INDIVIDUAL	00:58:28	00:34:09
1264	1456	FREDERICO MONTEIRO	M	29	M1939	450	PAULO FERREIRA	00:58:28	00:33:04
1265	1475	CARLOS SOUSA	M	43	M4044	211	APOGMA	00:58:28	00:33:03
1266	815	LUIS RITA	M	30	M1939	451	INDIVIDUAL	00:58:30	00:34:27
1267	1231	JOAO FERNANDES	M	30	M1939	452	INDIVIDUAL	00:58:30	00:34:27
1268	1088	FERNANDO PIRES	M	27	M1939	453	INDIVIDUAL	00:58:31	00:36:52
1269	1964	PAULO CRUZ	M	51	M5054	133	INDIVIDUAL	00:58:32	00:34:18
1270	509	JOAQUIM GABRIEL	M	65	M6599	31	SS CGD	00:58:34	00:32:54
1271	1215	AURORA COUTINHO	F	47	F4049	32	INDIVIDUAL	00:58:34	00:32:55
1272	1014	PAULO CABRAL	M	44	M4044	212	INDIVIDUAL	00:58:35	00:33:49
1273	1793	PEDRO NUNES	M	30	M1939	454	GD BANCO BPI	00:58:36	00:35:00
1274	384	FERNANDO CARVALHO	M	70	M6599	32	GD MACEDO OCULISTA	00:58:38	00:35:02
1275	1168	RICARDO MATEUS	M	29	M1939	455	SPORTING CP	00:58:39	00:32:21
1276	1349	PEDRO ROQUE	M	25	M1939	456	JOSE MORAIS	00:58:40	00:37:07
1277	217	JOAO J CUNHA	M	54	M5054	134	C MILLENNIUM BCP	00:58:43	00:34:26
1278	1082	JOSE G VALENTIM	M	40	M4044	213	C COLAB AXA	00:58:43	00:34:44
1279	1085	FERNANDO J MATIAS	M	54	M5054	135	C COLAB AXA	00:58:43	00:34:40
1280	1776	JOAO CARNEIRO	M	51	M5054	136	JOAO CARNEIRO SAD	00:58:44	00:34:51
1281	694	TITO F L SANTOS	M	35	M1939	457	CLUBE VODAFONE	00:58:45	00:34:17
1282	1457	PAULO FERREIRA	M	38	M1939	458	PAULO FERREIRA	00:58:45	00:33:39
1283	1628	RICARDO SIMOES	M	42	M4044	214	RUNNING OF D MARIA	00:58:45	00:33:03
1284	66	MARIA PEREIRA	F	54	F5059	11	GA SUPER ESTRELAS	00:58:46	00:33:35
1285	735	HELDER FORTUNATO	M	40	M4044	215	INDIVIDUAL	00:58:47	00:34:15
1286	292	CARMINDA PIRES	F	48	F4049	33	INDIVIDUAL	00:58:48	00:34:46
1287	893	TIAGO RIBEIRO	M	35	M1939	459	INDIVIDUAL	00:58:48	00:33:44
1288	924	JORGE TOMAZ	M	38	M1939	460	INDIVIDUAL	00:58:48	00:30:59
1289	1021	JORGE JANELA	M	18	M0018	8	INDIVIDUAL	00:58:48	00:31:43
1290	602	FERNANDO VILELAS	M	35	M1939	461	ADCR P JUDICIARIA	00:58:50	00:33:43
1291	729	JOAO CRAVO	M	26	M1939	462	INDIVIDUAL	00:58:54	00:35:19
1292	316	HUGO PINTO	M	35	M1939	463	CCDT METRO LX	00:58:55	00:33:30
1293	1364	MARLENE T M BARROS	F	34	F1939	56	INDIVIDUAL	00:58:55	00:34:15
1294	1298	SANDRA S S MARTINS	F	34	F1939	57	INDIVIDUAL	00:58:57	00:35:11
1295	1655	JOAO BRANCO	M	63	M6064	51	AAE BNU	00:58:57	00:35:11
1296	432	ANTONIO M TEIXEIRA	M	46	M4549	172	CASINO LISBOA	00:59:01	00:30:36

1297	506	JOSE R GASPAR	M	47	M4549	173	SS CGD	00:59:01	00:34:13
1298	1377	JOAO RIBEIRO	M	33	M1939	464	INDIVIDUAL	00:59:01	00:33:33
1299	1410	JOSE MALCATA	M	50	M5054	137	INDIVIDUAL	00:59:01	00:34:13
1300	543	JOAQUIM FRAGOSO	M	61	M6064	52	GD CHELAS	00:59:04	00:35:28
1301	1370	FERNANDO MATIAS	M	45	M4549	174	INDIVIDUAL	00:59:06	00:33:35
1302	1848	MARIA I V LUZ	F	16	F0018	1	PAULO VILA LUZ	00:59:07	00:33:34
1303	236	CARLOS A TOME	M	60	M6064	53	C MILLENNIUM BCP	00:59:08	00:33:37
1304	1076	ANA P MATIAS	F	46	F4049	34	C COLAB AXA	00:59:09	00:34:44
1305	271	FERNANDO FILIPE	M	42	M4044	216	CD GRUPO BES	00:59:11	00:32:43
1306	1557	NUNO PAISANA	M	38	M1939	465	INDIVIDUAL	00:59:11	00:32:25
1307	173	TERESA OLIVEIRA	F	53	F5059	12	GD S DOMINGOS	00:59:14	00:36:00
1308	198	JOSE M BRANCO	M	60	M6064	54	C MILLENNIUM BCP	00:59:15	00:00:00
1309	1505	IRINA KRUK	F	33	F1939	58	CARLOS VIEIRA	00:59:16	00:33:55
1310	2025	PAULO RODRIGUES	M	36	M1939	466	GATOS FEDORENTOS	00:59:16	00:34:14
1311	879	ALICE JUSTINO	F	36	F1939	59	CCD SEG SOCIAL LX	00:59:21	00:34:17
1312	1965	RUI MATOS	M	34	M1939	467	RUI MATOS	00:59:22	00:34:30
1313	224	ANDRE F BATISTA	M	19	M1939	468	C MILLENNIUM BCP	00:59:23	00:35:47
1314	1602	JOAO FERNANDES	M	44	M4044	217	INDIVIDUAL	00:59:27	00:00:00
1315	341	JOAQUIM PEREIRA	M	71	M6599	33	AA LEBRES SADO	00:59:28	00:34:11
1316	901	MARIA MAGALHÃES	F	34	F1939	60	INDIVIDUAL	00:59:32	00:32:10
1317	1765	JOAO V L PEREIRA	M	27	M1939	469	INDIVIDUAL	00:59:32	00:32:56
1318	365	PEDRO ROSA	M	28	M1939	470	ADRC MATA BENFICA	00:59:33	00:32:35
1319	1121	CARLOS FERREIRA	M	63	M6064	55	INDIVIDUAL	00:59:33	00:33:14
1320	1723	JOSE P BOLÉO-TOME	M	35	M1939	471	INDIVIDUAL	00:59:33	00:36:37
1321	670	FREDERICO A SOUSA	M	47	M4549	175	INDIVIDUAL	00:59:36	00:34:33
1322	403	VITOR SILVA	M	58	M5559	114	GD MACEDO OCUlista	00:59:39	00:34:07
1323	1684	BRIGITTE SOUSA	F	28	F1939	61	PEDRO CARDOSO	00:59:40	00:34:42
1324	718	JOAQUIM N PIMENTEL	M	36	M1939	472	INDIVIDUAL	00:59:41	00:34:48
1325	1420	CARLOS J MONTEIRO	M	50	M5054	138	INDIVIDUAL	00:59:41	00:34:54
1326	1938	JOAO M BATISTA	M	50	M5054	139	JOAO MIGUEL CASTRO	00:59:41	00:00:00
1327	75	TERESA ROSARIO	F	36	F1939	62	GA SUPER ESTRELAS	00:59:43	00:34:42
1328	1724	PEDRO J V RODRIGUES	M	36	M1939	473	INDIVIDUAL	00:59:43	00:36:38
1329	1007	CARLOS ASSIS	M	37	M1939	474	INDIVIDUAL	00:59:47	00:34:15
1330	321	JOSE PIRES	M	75	M6599	34	CCDT METRO LX	00:59:48	00:00:00
1331	326	ORLANDO SOUSA	M	48	M4549	176	CCDT METRO LX	00:59:48	00:35:31
1332	1706	CARLA SILVA	F	40	F4049	35	CARLA LEMOS SILVA	00:59:48	00:34:53
1333	1978	JOSE CALDAS	M	55	M5559	115	INDIVIDUAL	00:59:48	00:34:53
1334	1871	JOSE SIMOES	M	63	M6064	56	CCD CASA PIA	00:59:49	00:34:19
1335	939	BRUNO JORGE	M	34	M1939	475	INDIVIDUAL	00:59:52	00:34:12
1336	2026	MARIO RODRIGUES	M	57	M5559	116	GATOS FEDORENTOS	00:59:52	00:34:14
1337	262	ARTUR HENRIQUES	M	73	M6599	35	GA OS MATULOES	00:59:58	00:00:00
1338	740	JOEL F R CARVALHO	M	53	M5054	140	INDIVIDUAL	00:59:58	00:34:00
1339	1541	IVAN DIAS	M	27	M1939	476	INDIVIDUAL	00:59:58	00:35:48
1340	844	VITOR CARDOSO	M	47	M4549	177	INDIVIDUAL	01:00:01	00:35:40
1341	940	CLAUDIA FREIXO	F	29	F1939	63	INDIVIDUAL	01:00:05	00:34:41
1342	766	JOAO P S LIMA	M	51	M5054	141	INDIVIDUAL	01:00:06	00:35:02
1343	664	LUIS PARRO	M	50	M5054	142	GARMIN CO OEIRAS	01:00:07	00:35:23
1344	661	FERNANDA PARRO	F	48	F4049	36	GARMIN CO OEIRAS	01:00:08	00:35:23
1345	1441	JOSE L S REIS	M	50	M5054	143	INDIVIDUAL	01:00:08	00:34:17
1346	1712	LUIS C CAETANO	M	47	M4549	178	JOAQUIM JORGE VALADARES	01:00:09	00:33:43
1347	1442	TIAGO F V REIS	M	18	M0018	9	INDIVIDUAL	01:00:10	00:34:18
1348	68	Mª JOÃO LIBÓRIO	F	41	F4049	37	GA SUPER ESTRELAS	01:00:15	00:34:39
1349	752	CARLOS A P RODRIGUES	M	53	M5054	144	INDIVIDUAL	01:00:16	00:33:42
1350	824	FILOMENA AGUIÃ	F	50	F5059	13	LESMAS ALOPRADAS	01:00:18	00:34:03

1351	1528	MARCIA PINHO	F	29	F1939	64	INDIVIDUAL	01:00:18	00:35:28
1352	139	MARCO SILVA	M	31	M1939	477	INDIVIDUAL	01:00:19	00:35:05
1353	438	ALBERTO PINA	M	55	M5559	117	GD INE	01:00:21	00:00:00
1354	1759	TIAGO SANTOS	M	24	M1939	478	INDIVIDUAL	01:00:21	00:35:18
1355	436	CARLOS A MIGUEL	M	57	M5559	118	CASINO LISBOA	01:00:22	00:34:25
1356	1251	ORLANDO RODRIGUES	M	46	M4549	179	INDIVIDUAL	01:00:22	00:34:28
1357	488	ANDRE PASCOAL	M	29	M1939	479	INDIVIDUAL	01:00:23	00:36:11
1358	1381	ARMENIO CORREIA	M	51	M5054	145	INDIVIDUAL	01:00:23	00:35:11
1359	214	PAULA I BATALHA	F	45	F4049	38	C MILLENNIUM BCP	01:00:24	00:35:38
1360	1216	ANDRE ALMEIDA	M	32	M1939	480	INDIVIDUAL	01:00:24	00:35:21
1361	500	AURELIO CALADO	M	61	M6064	57	SS CGD	01:00:25	00:34:59
1362	2031	CARLOS CIPRIANO	M	30	M1939	481	INDIVIDUAL	01:00:25	00:34:08
1363	1077	JOAO P PINTO	M	42	M4044	218	C COLAB AXA	01:00:26	00:35:33
1364	512	FRANCISCO CLERIGO	M	57	M5559	119	SS CGD	01:00:27	00:33:57
1365	146	RUI LUIS	M	54	M5054	146	CA VALE FIGUEIRA	01:00:28	00:34:21
1366	154	CLARA MINA	F	50	F5059	14	CA VALE FIGUEIRA	01:00:30	00:34:17
1367	560	JOAO ANGELO	M	38	M1939	482	GD SANTANDER TOTTA	01:00:30	00:34:34
1368	1479	FERNANDO B REIS	M	44	M4044	219	GD BANCO BPI	01:00:30	00:34:12
1369	1248	PATRICIA PINO	F	32	F1939	65	INDIVIDUAL	01:00:32	00:35:10
1370	1939	ANTONIO CARLOS	M	49	M4549	180	JOAO MIGUEL CASTRO	01:00:32	00:36:25
1371	260	ARMANDO LUIS	M	65	M6599	36	GA OS MATULOES	01:00:33	00:33:10
1372	1483	ANTONIO M SANCHES	M	54	M5054	147	GD BANCO BPI	01:00:33	00:36:17
1373	1539	FILIPA ALMEIDA	F	28	F1939	66	INDIVIDUAL	01:00:33	00:35:48
1374	1667	ANTONIO S DESIDERIO	M	44	M4044	220	INDIVIDUAL	01:00:34	00:00:00
1375	267	JOAO E B CARVALHO	M	61	M6064	58	INDIVIDUAL	01:00:35	00:33:12
1376	1803	JOAO ROCHA	M	47	M4549	181	INDIVIDUAL	01:00:35	00:34:29
1377	795	JOSE J SILVA	M	41	M4044	221	TERESA REIS	01:00:36	00:35:54
1378	796	TERESA REIS	F	44	F4049	39	TERESA REIS	01:00:36	00:35:54
1379	1292	ANGELA MESTRE	F	34	F1939	67	INDIVIDUAL	01:00:36	00:35:35
1380	1607	JOSE MARTINS	M	52	M5054	148	INDIVIDUAL	01:00:38	00:35:34
1381	1693	RUI NEVES	M	22	M1939	483	INDIVIDUAL	01:00:39	00:36:13
1382	1613	DANIEL J A FELIX	M	35	M1939	484	INDIVIDUAL	01:00:40	00:36:13
1383	869	JOSE J S SANTOS	M	45	M4549	182	INDIVIDUAL	01:00:41	00:33:53
1384	1129	JOAQUIM M C SANTOS	M	59	M5559	120	INDIVIDUAL	01:00:41	00:33:53
1385	1169	JOAO S REIS	M	39	M1939	485	INDIVIDUAL	01:00:41	00:35:32
1386	1051	ANA LOPES	F	32	F1939	68	INDIVIDUAL	01:00:44	00:36:08
1387	1795	VICTOR VALENTE	M	57	M5559	121	GD BANCO BPI	01:00:46	00:35:09
1388	1691	RUI GONÇALVES	M	27	M1939	486	INDIVIDUAL	01:00:47	00:35:05
1389	612	Mª MADALENA T DUARTE	F	53	F5059	15	CLUBE STRESS	01:00:53	00:37:06
1390	1324	MARIO GONÇALVES	M	63	M6064	59	AMIGOS PARQUE PAZ	01:00:55	00:35:52
1391	1325	LUIS ALVES	M	63	M6064	60	AMIGOS PARQUE PAZ	01:00:55	00:35:50
1392	1731	MIGUEL ALMEIDA	M	53	M5054	149	AMIGOS PARQUE PAZ	01:00:55	00:35:52
1393	669	ANTONIO F O COSTA	M	60	M6064	61	INDIVIDUAL	01:00:56	00:34:49
1394	200	RICARDO J MENDES	M	38	M1939	487	C MILLENNIUM BCP	01:00:58	00:00:00
1395	985	CARLOS SENA	M	34	M1939	488	INDIVIDUAL	01:01:00	00:35:14
1396	60	DINIS SOUSA	M	69	M6599	37	GA SUPER ESTRELAS	01:01:01	00:36:33
1397	1736	ABEL GARCIA	M	70	M6599	38	INDIVIDUAL	01:01:03	00:35:58
1398	734	Mª ISABEL RODRIGUES	F	47	F4049	40	INDIVIDUAL	01:01:04	00:35:24
1399	1654	MANUEL OLIVEIRA	M	71	M6599	39	AAE BNU	01:01:04	00:36:28
1400	1586	MARCELO CARDOSO	M	42	M4044	222	GDCT UNICRE	01:01:05	00:34:59
1401	1819	VITOR CARDOSO	M	33	M1939	489	GD IN CASA MOEDA	01:01:05	00:35:23
1402	761	SANDRA CORREIA	F	41	F4049	41	INDIVIDUAL	01:01:09	00:00:00
1403	1271	FATIMA OLIVEIRA	F	60	F6099	6	JG SEGUROS	01:01:11	00:00:00
1404	1608	LUCILIA CASANOVA	F	55	F5059	16	INDIVIDUAL	01:01:12	00:35:06

1405	183	ANA C RODRIGUES	F	19	F1939	69	C MILLENNIUM BCP	01:01:14	00:36:27
1406	1711	JOAQUIM J C VALADARES	M	48	M4549	183	INDIVIDUAL	01:01:16	00:34:32
1407	1835	NUNO GONÇALVES	M	58	M5559	122	INDIVIDUAL	01:01:16	00:35:18
1408	1732	LUÍS FONSECA	M	50	M5054	150	AMIGOS PARQUE PAZ	01:01:19	00:35:51
1409	1734	EDUARDO LOURENÇO	M	56	M5559	123	AMIGOS PARQUE PAZ	01:01:19	00:35:52
1410	1558	MARIO A C GERMANO	M	67	M6599	40	INDIVIDUAL	01:01:21	00:35:30
1411	1672	ANTONIO PEREIRA	M	69	M6599	41	GDC BANCO PORTUGAL	01:01:23	00:35:27
1412	747	JORGE ALMEIDA	M	42	M4044	223	HENRIQUETA SOLIPA	01:01:24	00:33:20
1413	1352	PAULA MACHADO	F	56	F5059	17	INDIVIDUAL	01:01:26	00:35:30
1414	1596	LUIS GRAVE	M	53	M5054	151	OS ZATOPQUES	01:01:27	00:34:02
1415	817	HENRIQUE M GOMES	M	31	M1939	490	INDIVIDUAL	01:01:28	00:35:15
1416	1876	RUI DOURADO	M	18	M0018	10	INDIVIDUAL	01:01:31	00:37:05
1417	1159	PAULO MTAINHA	M	47	M4549	184	INDIVIDUAL	01:01:32	00:34:07
1418	935	EDMUNDO SIMOES	M	54	M5054	152	INDIVIDUAL	01:01:37	00:35:25
1419	748	MARIO PIRES	M	52	M5054	153	INDIVIDUAL	01:01:38	00:38:02
1420	1078	PEDRO N PINTO	M	53	M5054	154	C COLAB AXA	01:01:39	00:35:21
1421	1678	RUI ARAUJO	M	29	M1939	491	INDIVIDUAL	01:01:40	00:34:43
1422	557	ANTONIO FERREIRA	M	40	M4044	224	GD SANTANDER TOTTA	01:01:44	00:36:37
1423	1143	ANDREIA ROCHA	F	32	F1939	70	PAULA PENEDO	01:01:44	00:36:44
1424	1809	JOSE ABREU	M	63	M6064	62	JOSE ABREU	01:01:44	00:35:29
1425	499	ANDRE NORONHA	M	46	M4549	185	SS CGD	01:01:47	00:36:22
1426	284	ALEXANDRINA FILIPE	F	39	F1939	71	CD GRUPO BES	01:01:48	00:34:56
1427	58	ANTONIO PEREIRA	M	45	M4549	186	GD SANTANDER TOTTA	01:01:49	00:34:55
1428	907	MANUEL AMARAL	M	66	M6599	42	INDIVIDUAL	01:01:51	00:35:50
1429	1550	SUSANA PEREIRA	F	22	F1939	72	INDIVIDUAL	01:01:52	00:35:26
1430	618	JOAQUIM PALMA	M	57	M5559	124	OS NUNES	01:01:53	00:35:24
1431	1812	ANTONIO NASCIMENTO	M	70	M6599	43	GD IN CASA MOEDA	01:01:54	00:35:31
1432	753	JOSE A BARREIROS	M	40	M4044	225	INDIVIDUAL	01:01:58	00:35:32
1433	914	NUNO ABRANTES	M	31	M1939	492	NUNO LUCAS	01:01:58	00:36:40
1434	1320	JOANA V COSTA	F	27	F1939	73	INDIVIDUAL	01:02:00	00:36:36
1435	1515	ANA CARDOSO	F	46	F4049	42	INDIVIDUAL	01:02:01	00:36:21
1436	933	JACINTO GODINHO	M	47	M4549	187	INDIVIDUAL	01:02:02	00:36:14
1437	565	JOSE RODRIGUES	M	59	M5559	125	CLUBE ROBBIALAC	01:02:04	00:34:35
1438	934	PEDRO PIRES	M	36	M1939	493	INDIVIDUAL	01:02:07	00:34:03
1439	534	SANDRA MARTINS	F	38	F1939	74	GRD RIBEIRA LAGE	01:02:08	00:34:22
1440	1652	DOMINGOS COSTA	M	62	M6064	63	INDIVIDUAL	01:02:08	00:36:00
1441	407	DOMINGOS PEREIRA	M	36	M1939	494	INDIVIDUAL	01:02:09	00:34:11
1442	1222	LURDES SILVA	F	49	F4049	43	OS TUGAS	01:02:11	00:34:53
1443	1299	FERNANDO FERNANDES	M	44	M4044	226	INDIVIDUAL	01:02:11	00:34:15
1444	338	FRANCISCO PAIS	M	54	M5054	155	CLUBE ANACOM	01:02:12	00:35:28
1445	1345	MARCO RODRIGUES	M	33	M1939	495	JOSE MORAIS	01:02:16	00:36:01
1446	32	CARLOS PEREIRA	M	74	M6599	44	CCD CM LOURES	01:02:17	00:36:28
1447	1872	MANUEL TAVARES	M	52	M5054	156	CCD CASA PIA	01:02:17	00:39:25
1448	1937	JOAO CASTRO	M	50	M5054	157	JOAO MIGUEL CASTRO	01:02:23	00:37:02
1449	1771	ADELINO GONÇALVES	M	62	M6064	64	INDIVIDUAL	01:02:26	00:36:51
1450	1580	AMANDIO J C AMARAL	M	42	M4044	227	INDIVIDUAL	01:02:29	00:37:03
1451	738	GONÇALO MALHEIRO	M	38	M1939	496	INDIVIDUAL	01:02:32	00:35:09
1452	758	ANTONIO PAIS	M	63	M6064	65	INDIVIDUAL	01:02:38	00:36:43
1453	919	LEONIA CEBAN	F	46	F4049	44	INDIVIDUAL	01:02:45	00:35:42
1454	1570	JOAO VAGOS	M	36	M1939	497	INDIVIDUAL	01:02:46	00:37:33
1455	1571	INES A M C PEREIRA	F	35	F1939	75	INDIVIDUAL	01:02:46	00:37:33
1456	1977	ANABELA P F AFONSO	F	34	F1939	76	INDIVIDUAL	01:02:46	00:34:54
1457	1079	BRUNO F SALAZAR	M	35	M1939	498	C COLAB AXA	01:02:49	00:34:57
1458	1326	JOSE C CORREIA	M	43	M4044	228	INDIVIDUAL	01:02:53	00:37:52

1459	1327	ANTONIO R DOMINGOS	M	63	M6064	66	INDIVIDUAL	01:02:56	00:37:53
1460	433	JAIME N BERNARDES	M	43	M4044	229	CASINO LISBOA	01:02:57	00:36:02
1461	243	ANTONIO J MELO	M	69	M6599	45	C MILLENNIUM BCP	01:02:58	00:36:50
1462	234	LEONEL FERREIRINHA	M	63	M6064	67	C MILLENNIUM BCP	01:02:59	00:37:23
1463	1160	ROSARIA S MIRANDA	F	28	F1939	77	INDIVIDUAL	01:02:59	00:35:16
1464	899	FERNANDO VITÓRIA	M	50	M5054	158	INDIVIDUAL	01:03:01	00:37:00
1465	956	MANUELA BUSTORFF	F	56	F5059	18	TEJAVISTA	01:03:02	00:36:18
1466	960	LUIS MOURA	M	53	M5054	159	TEJAVISTA	01:03:02	00:33:23
1467	900	FILIPA CABAÇA	F	36	F1939	78	INDIVIDUAL	01:03:04	00:37:01
1468	2032	SANDRA SERAFIM	M	36	M1939	499	INDIVIDUAL	01:03:07	00:36:47
1469	1770	FRANCISCO J PEREIRA	M	62	M6064	68	INDIVIDUAL	01:03:09	00:36:51
1470	678	CARLOS S. BENTO	M	42	M4044	230	INDIVIDUAL	01:03:11	00:34:04
1471	680	ANTONIO SIETRA	M	39	M1939	500	CLUBE VODAFONE	01:03:11	00:35:07
1472	1927	NELSON DIAS	M	27	M1939	501	JOSE MANUEL SUZANO	01:03:12	00:36:18
1473	1926	SARA LOUREIRO	F	23	F1939	79	JOSE MANUEL SUZANO	01:03:13	00:36:18
1474	1983	MARCO	M	28	M1939	502	DANIELA CARVALHO	01:03:15	00:36:39
1475	732	RICARDO ALVES	M	40	M4044	231	INDIVIDUAL	01:03:16	00:36:48
1476	532	ABRINO BOYO	M	29	M1939	503	GRD RIBEIRA LAGE	01:03:17	00:36:50
1477	377	ARTUR DINIS	M	53	M5054	160	GD MACEDO OCULISTA	01:03:18	00:36:58
1478	2023	SAMPAIO SOPHIE	F	34	F1939	80	INDIVIDUAL	01:03:18	00:37:02
1479	398	PAULA COUTO	F	47	F4049	45	GD MACEDO OCULISTA	01:03:19	00:37:02
1480	1062	JORGE ROQUE	M	45	M4549	188	INDIVIDUAL	01:03:22	00:35:17
1481	376	ARMANDO CARMO	M	74	M6599	46	GD MACEDO OCULISTA	01:03:23	00:36:56
1482	554	LUIS MOS	M	44	M4044	232	INDIVIDUAL	01:03:24	00:35:33
1483	555	JAIME MARCAL	M	57	M5559	126	INDIVIDUAL	01:03:24	00:35:34
1484	1037	CARLOS PEDRO	M	65	M6599	47	INDIVIDUAL	01:03:24	00:38:32
1485	238	JOAQUIM M FULGENCIO	M	53	M5054	161	C MILLENNIUM BCP	01:03:25	00:36:30
1486	387	JOANA REIS	F	23	F1939	81	GD MACEDO OCULISTA	01:03:25	00:37:25
1487	396	MARIA VEIGA	F	37	F1939	82	GD MACEDO OCULISTA	01:03:25	00:37:25
1488	1218	VITOR RODRIGUES	M	59	M5559	127	INDIVIDUAL	01:03:25	00:39:04
1489	974	ISABEL M R FALCÃO	F	50	F5059	19	INDIVIDUAL	01:03:28	00:00:00
1490	1874	PAULO ALMEIDA	M	39	M1939	504	TAP MOTORES	01:03:28	00:40:43
1491	137	SELTON LOPES	M	26	M1939	505	ACR MEALHADA	01:03:30	00:35:58
1492	1579	PAULO J DUARTE	M	33	M1939	506	INDIVIDUAL	01:03:39	00:35:37
1493	357	CECILIA NICOLAU	F	47	F4049	46	AA LEBRES SADO	01:03:42	00:35:14
1494	781	ANDRÉ COSTA	M	21	M1939	507	INDIVIDUAL	01:03:42	00:35:49
1495	1772	HUGO SILVA	M	32	M1939	508	INDIVIDUAL	01:03:42	00:35:14
1496	1918	DORA SIMÃO	F	34	F1939	83	HENRIQUE SIMÃO	01:03:49	00:36:23
1497	48	MANUELA BARRETO	F	38	F1939	84	CCD CM LOURES	01:03:50	00:36:14
1498	1406	NELSON FERREIRA	M	23	M1939	509	INDIVIDUAL	01:03:52	00:36:41
1499	1820	GERMANO BERNARDO	M	55	M5559	128	PRAZER CORRIDA	01:03:53	00:38:57
1500	1154	ANTONIO CASANOVA	M	52	M5054	162	INDIVIDUAL	01:03:54	00:38:49
1501	700	MANUEL L BARBOSA	M	56	M5559	129	INDIVIDUAL	01:04:00	00:36:22
1502	1000	LUIZA FREITAS	F	30	F1939	85	CLUBE HERMES	01:04:00	00:36:09
1503	1002	ALEXANDRA INÁCIO	F	37	F1939	86	CLUBE HERMES	01:04:00	00:36:09
1504	35	FERNANDO PEREIRA	M	69	M6599	48	CCD CM LOURES	01:04:02	00:37:26
1505	561	JOSE VILELA	M	46	M4549	189	CLUBE ROBBIALAC	01:04:02	00:36:12
1506	1123	ANTONIO MESQUITA	M	47	M4549	190	INDIVIDUAL	01:04:04	00:37:06
1507	226	SERGIO F SA	M	36	M1939	510	C MILLENNIUM BCP	01:04:09	00:36:16
1508	1136	MARIO SANTOS	M	41	M4044	233	INDIVIDUAL	01:04:09	00:37:24
1509	553	PAULO FIGUEIREDO	M	32	M1939	511	INDIVIDUAL	01:04:10	00:36:15
1510	1372	VITOR NEVES	M	47	M4549	191	INDIVIDUAL	01:04:12	00:35:15
1511	1322	MARIO L COSTA	M	56	M5559	130	INDIVIDUAL	01:04:15	00:36:47
1512	814	MONICA GIGANTE	F	41	F4049	47	INDIVIDUAL	01:04:16	00:37:59

1513	1005	ANTERO LOURENÇO	M	59	M5559	131	CLUBE HERMES	01:04:17	00:35:46
1514	1278	JOSELIA ALMEIDA	F	53	F5059	20	INDIVIDUAL	01:04:18	00:36:46
1515	520	PAULA A COSTA	F	39	F1939	87	SS CGD	01:04:19	00:37:29
1516	550	PEDRO N SANTOS	M	37	M1939	512	TAP REACTORES	01:04:19	00:40:42
1517	693	SERGIO PEREIRA	M	38	M1939	513	CLUBE VODAFONE	01:04:19	00:36:01
1518	1125	RICARDO J S P GONÇALVES	M	31	M1939	514	INDIVIDUAL	01:04:21	00:35:59
1519	1713	JOSE CARLOS TEIXEIRA	M	52	M5054	163	JOAQUIM JORGE VALADARES	01:04:22	00:34:41
1520	1145	DORA MONTEIRO	F	37	F1939	88	PAULA PENEDO	01:04:28	00:36:46
1521	1743	ANA C SANTOS	F	34	F1939	89	INDIVIDUAL	01:04:28	00:36:47
1522	1148	ARTUR SANTOS	M	35	M1939	515	PAULA PENEDO	01:04:29	00:35:18
1523	395	MARIA QUITERIA	F	37	F1939	90	GD MACEDO OCULISTA	01:04:31	00:37:07
1524	581	MANUEL GOMES	M	66	M6599	49	CCD EFACEC LX	01:04:31	00:36:49
1525	963	AFONSO BUSTORFF	M	22	M1939	516	TEJAVISTA	01:04:32	00:40:02
1526	1075	ANA M GUIMARÃES	F	53	F5059	21	C COLAB AXA	01:04:34	00:35:33
1527	2004	RODRIGO A M C G REIS	M	37	M1939	517	INDIVIDUAL	01:04:34	00:38:46
1528	551	SOFIA SALVADOR	F	34	F1939	91	TAP REACTORES	01:04:39	00:38:27
1529	2011	CLAUDIA C C CANUDO	F	32	F1939	92	INDIVIDUAL	01:04:39	00:38:27
1530	1116	JOSE CARITA	M	52	M5054	164	INDIVIDUAL	01:04:41	00:36:25
1531	1784	LUIS ANTUNES	M	49	M4549	192	GA MONSANTO GASCAN	01:04:45	00:35:27
1532	476	JOSE PEREIRA	M	64	M6064	69	A VALE SILENCIO	01:04:48	00:34:03
1533	2001	GIL CORREIA	M	22	M1939	518	INDIVIDUAL	01:04:50	00:34:49
1534	1703	CARLOS BARREIRAS	M	62	M6064	70	INDIVIDUAL	01:04:59	00:37:31
1535	1603	RUTE DIOGO	F	32	F1939	93	INDIVIDUAL	01:05:00	00:37:26
1536	1785	LUIS CARDOSO	M	38	M1939	519	GA MONSANTO GASCAN	01:05:00	00:37:24
1537	1913	AZEVEDO GAMA	M	35	M1939	520	AMIGOS LUIS	01:05:01	00:36:32
1538	658	FERNANDO J R FONSECA	M	51	M5054	165	INDIVIDUAL	01:05:08	00:36:35
1539	1433	HUMBERTO CORREIA	M	47	M4549	193	CLUBE AUTOCOOPE	01:05:12	00:39:05
1540	294	SHABIR NAJMUDIN	M	50	M5054	166	INDIVIDUAL	01:05:13	00:36:16
1541	1764	DAVID M Q BRITO	M	23	M1939	521	INDIVIDUAL	01:05:15	00:36:26
1542	1808	ANTONIO GASPAS	M	67	M6599	50	JOSE ABREU	01:05:15	00:00:00
1543	522	PAULO BAILAO	M	40	M4044	234	SS CGD	01:05:19	00:37:29
1544	959	DANIELA MOURA	F	51	F5059	22	TEJAVISTA	01:05:19	00:37:50
1545	1600	ERMELINDA ANTUNES	F	54	F5059	23	OS ZATOEQUES	01:05:19	00:38:07
1546	1139	BEATRIZ R FIGUEIREDO	F	35	F1939	94	INDIVIDUAL	01:05:21	00:38:03
1547	358	JOAQUIM MELO	M	43	M4044	235	SS MONTEPIO GERAL	01:05:23	00:36:42
1548	370	JACINTA MULLINS	F	27	F1939	95	ADRC MATA BENFICA	01:05:28	00:36:15
1549	187	FERNANDO H FERREIRA	M	64	M6064	71	C MILLENNIUM BCP	01:05:30	00:39:23
1550	1546	ANTONIO SOUSA	M	66	M6599	51	INDIVIDUAL	01:05:32	00:32:38
1551	1126	MARCO A M AMARAL	M	25	M1939	522	INDIVIDUAL	01:05:36	00:36:26
1552	1403	RUI ALBERTO	M	60	M6064	72	OS ZATOEQUES	01:05:36	00:00:00
1553	1087	PEDRO C MARQUES	M	25	M1939	523	INDIVIDUAL	01:05:40	00:38:21
1554	1443	NUNO SILVA	M	29	M1939	524	INDIVIDUAL	01:05:40	00:37:01
1555	1701	RICARDO CABRAL	M	37	M1939	525	INDIVIDUAL	01:05:41	00:37:15
1556	235	FERNANDO LEMOS	M	61	M6064	73	C MILLENNIUM BCP	01:05:44	00:36:12
1557	1689	ANTONIETA BARÃO	F	56	F5059	24	INDIVIDUAL	01:05:45	00:38:07
1558	1956	RICARDO M F G RIBEIRO	M	26	M1939	526	INDIVIDUAL	01:05:46	00:38:20
1559	1957	CATIA A R. S FERREIRA	F	28	F1939	96	INDIVIDUAL	01:05:46	00:38:21
1560	993	SARA LOPES	F	25	F1939	97	INDIVIDUAL	01:05:47	00:38:11
1561	368	DEBORA PINTO	F	29	F1939	98	ADRC MATA BENFICA	01:05:51	00:37:51
1562	1151	JORGE NARCISO	M	50	M5054	167	INDIVIDUAL	01:05:51	00:36:47
1563	1762	FERNANDO BRITO	M	45	M4549	194	INDIVIDUAL	01:05:51	00:36:51
1564	495	JOSE FIALHO	M	51	M5054	168	CCDP MUN CASCAIS	01:05:53	00:36:16
1565	1786	VANESSA REIS	F	32	F1939	99	GA MONSANTO GASCAN	01:05:56	00:38:45
1566	2016	PEDRO CARDOSO	M	24	M1939	527	GA MONSANTO GASCAN	01:05:56	00:38:45

1567	779	JOSE J P GIL	M	39	M1939	528	INDIVIDUAL	01:05:57	00:36:38
1568	1934	SANDRINA A ENCARNAÇÃO	F	32	F1939	100	INDIVIDUAL	01:05:57	00:38:46
1569	1318	JOAO LOURENCO	M	46	M4549	195	OS SANTARENOS	01:05:58	00:38:11
1570	1861	HELDER VARANDAS	M	63	M6064	74	LINK	01:05:59	00:37:09
1571	1582	PEDRO REIS	M	42	M4044	236	GDCT UNICRE	01:06:04	00:36:34
1572	246	BERNARDO J PARAIBA	M	56	M5559	132	C MILLENNIUM BCP	01:06:05	00:35:18
1573	283	SONIA CRISTINA	F	34	F1939	101	CD GRUPO BES	01:06:11	00:37:56
1574	279	NUNO PINTO	M	37	M1939	529	CD GRUPO BES	01:06:12	00:37:55
1575	496	EDUARDO MALHEIRO	M	37	M1939	530	CCDP MUN CASCAIS	01:06:13	00:35:45
1576	62	FABIO DIAS	M	39	M1939	531	GA SUPER ESTRELAS	01:06:14	00:36:55
1577	1157	ANTONIO FERREIRA	M	39	M1939	532	INDIVIDUAL	01:06:19	00:38:29
1578	909	Mª GORETTEH S ALFAIA	F	52	F5059	25	INDIVIDUAL	01:06:20	00:38:07
1579	1958	LUIS MELIM	M	22	M1939	533	LUIS MELIM	01:06:30	00:38:43
1580	1959	LAURA PIRES	F	22	F1939	102	LUIS MELIM	01:06:30	00:38:43
1581	851	JOSE CARDOSO	M	42	M4044	237	GDOA	01:06:32	00:35:57
1582	2027	PALMIRA RODRIGUES	F	57	F5059	26	GATOS FEDORENTOS	01:06:33	00:36:23
1583	774	JOAQUIM FONSECA	M	55	M5559	133	INDIVIDUAL	01:06:37	00:39:07
1584	997	PEDRO COSTA	M	35	M1939	534	INDIVIDUAL	01:06:43	00:37:37
1585	1554	ANTONIO OLIVEIRA	M	42	M4044	238	INDIVIDUAL	01:06:43	00:37:05
1586	1844	JOÃO PARRA	M	55	M5559	134	TEJAVISTA	01:06:51	00:36:21
1587	399	PAULA GOMES	F	44	F4049	48	GD MACEDO OCULista	01:07:00	00:35:46
1588	359	RUI HENRIQUES	M	64	M6064	75	ADRC MATA BENFICA	01:07:02	00:38:44
1589	1719	HELIO SANTOS	M	26	M1939	535	FERNANDO CARVALHO	01:07:03	00:00:00
1590	263	Mª DULCE VARZEA	F	45	F4049	49	INDIVIDUAL	01:07:04	00:39:08
1591	265	LUIS MIRA	M	47	M4549	196	INDIVIDUAL	01:07:04	00:39:09
1592	804	NUNO PRATES	M	40	M4044	239	INDIVIDUAL	01:07:04	00:38:01
1593	1726	CRISTINA VICENTE	F	20	F1939	103	INDIVIDUAL	01:07:06	00:39:06
1594	1544	MANUEL AFONSO	M	58	M5559	135	INDIVIDUAL	01:07:07	00:38:20
1595	1122	PEDRO MESQUITA	M	20	M1939	536	INDIVIDUAL	01:07:12	00:38:18
1596	1124	CARLOS OLIVEIRA	M	55	M5559	136	INDIVIDUAL	01:07:12	00:38:17
1597	584	FRANCISCO FERREIRA	M	56	M5559	137	CCD EFACEC LX	01:07:16	00:39:19
1598	1066	FERNANDA SEBASTIÃO	F	47	F4049	50	INDIVIDUAL	01:07:17	00:39:11
1599	136	RICARDO MENDONÇA	M	31	M1939	537	INDIVIDUAL	01:07:20	00:37:44
1600	1444	BRUNO MARQUES	M	29	M1939	538	INDIVIDUAL	01:07:32	00:38:15
1601	1923	ORLANDO J V CUNHA	M	33	M1939	539	ORLANDO CUNHA	01:07:34	00:38:08
1602	1348	ANA MORAIS	F	26	F1939	104	JOSE MORAIS	01:07:35	00:38:46
1603	1351	HUGO S F SILVA	M	28	M1939	540	INDIVIDUAL	01:07:40	00:40:36
1604	313	FERNANDO FERNANDES	M	58	M5559	138	CCDT METRO LX	01:07:41	00:39:05
1605	1350	CIDALIA R F S NEVES	F	29	F1939	105	INDIVIDUAL	01:07:41	00:40:35
1606	559	PAULA SAPINA	F	40	F4049	51	GD SANTANDER TOTTA	01:07:44	00:39:17
1607	704	CARLOS PARDELHA	M	46	M4549	197	INDIVIDUAL	01:07:44	00:00:00
1608	1777	SILVIA TEIXEIRA	M	33	M1939	541	GD SANTANDER TOTTA	01:07:44	00:39:17
1609	511	JOAQUIM LAVADO	M	58	M5559	139	SS CGD	01:07:47	00:40:08
1610	1968	MANUEL MEIRELLES	M	61	M6064	76	MANUEL MEIRELLES	01:07:49	00:37:58
1611	1728	Mª CARMO ANJOS	F	64	F6099	7	INDIVIDUAL	01:07:51	00:39:22
1612	1321	INES V COSTA	F	25	F1939	106	INDIVIDUAL	01:07:52	00:37:12
1613	2019	PEDRO SALGUEIRO	M	33	M1939	542	INDIVIDUAL	01:07:52	00:37:47
1614	1843	ANA PARRA	F	52	F5059	27	TEJAVISTA	01:07:56	00:38:38
1615	932	ANTONIO C NOVAS	M	33	M1939	543	INDIVIDUAL	01:08:02	00:37:33
1616	27	MARIA GERTRUDES	F	62	F6099	8	GD SANTANDER TOTTA	01:08:03	00:39:30
1617	775	MERCEDES FONSECA	F	55	F5059	28	INDIVIDUAL	01:08:07	00:39:51
1618	1297	RICARDO CORRÊA	M	31	M1939	544	INDIVIDUAL	01:08:07	00:38:58
1619	278	MONICA SOFIA	F	36	F1939	107	CD GRUPO BES	01:08:30	00:38:32
1620	1838	ELISEU M PINTO	M	60	M6064	77	INDIVIDUAL	01:08:30	00:37:32

1621	622	MARIA LIMA	F	55	F5059	29	O CELEIRO MEMORIA	01:08:48	00:40:01
1622	134	NUNO OLIVEIRA	M	34	M1939	545	ACR MEALHADA	01:08:58	00:37:19
1623	272	JOAO SIMOES	M	57	M5559	140	CD GRUPO BES	01:09:03	00:37:44
1624	1763	PEDRO RODRIGUES	M	35	M1939	546	INDIVIDUAL	01:09:04	00:41:02
1625	1751	ANA S SOARES	F	31	F1939	108	INDIVIDUAL	01:09:05	00:41:02
1626	961	PEDRO DELGADO	M	62	M6064	78	TEJAVISTA	01:09:07	00:40:03
1627	1481	JOSE C MAGALHÃES	M	50	M5054	169	GD BANCO BPI	01:09:08	00:39:13
1628	1875	SOFIA SANTOS	F	36	F1939	109	TAP MOTORES	01:09:10	00:41:37
1629	880	PEDRO MONTEIRO	M	59	M5559	141	CCD SEG SOCIAL LX	01:09:11	00:39:01
1630	1760	FERNANDO	M	60	M6064	79	INDIVIDUAL	01:09:17	00:38:07
1631	1334	LURDES ALVES	F	55	F5059	30	INDIVIDUAL	01:09:18	00:39:13
1632	1990	SARA B GAZO	F	29	F1939	110	NUNO ROCHA DE CARVALHO	01:09:19	00:00:00
1633	1288	LUCINDA HENRIQUES	F	62	F6099	9	INDIVIDUAL	01:09:24	00:00:00
1634	93	CAROLINA FERNANDES	F	38	F1939	111	A SACAVENENSE	01:09:26	00:40:17
1635	1289	ISABEL SILVA	F	35	F1939	112	INDIVIDUAL	01:09:32	00:40:19
1636	1986	JOANA M DIAS	F	25	F1939	113	INDIVIDUAL	01:09:32	00:39:38
1637	1144	ISABEL MATELA	F	41	F4049	52	PAULA PENEDO	01:09:34	00:40:24
1638	717	LUIZA PASSOS	F	35	F1939	114	INDIVIDUAL	01:09:39	00:40:05
1639	1606	MARTA MARTINS	F	28	F1939	115	INDIVIDUAL	01:09:44	00:39:46
1640	1173	IDALINA MADEIRA	F	50	F5059	31	ACOREANA C BANIF	01:09:52	00:39:31
1641	1747	PATRICIA FERNANDES	F	38	F1939	116	PAULA CAMPOS	01:09:54	00:39:31
1642	1906	ANA CAMPOS	F	26	F1939	117	INDIVIDUAL	01:09:54	00:41:33
1643	837	JOSE M SIMÕES	M	55	M5559	142	GEORUNNERS	01:09:58	00:39:03
1644	736	BERNARDO PIMPÃO	M	34	M1939	547	INDIVIDUAL	01:10:05	00:40:27
1645	696	RICARDO CAETANO	M	40	M4044	240	INDIVIDUAL	01:10:06	00:38:01
1646	878	ROSARIA PACHECO	F	49	F4049	53	JOSE PACHECO	01:10:13	00:40:30
1647	1091	ORLANDO NASCIMENTO	M	45	M4549	198	INDIVIDUAL	01:10:13	00:38:41
1648	1434	JOAO GRAÇA	M	71	M6599	52	CLUBE AUTOCOOPE	01:10:24	00:41:33
1649	1016	RICARDO MATEUS	M	32	M1939	548	INDIVIDUAL	01:10:25	00:39:20
1650	1018	PAULO GOMES	M	33	M1939	549	INDIVIDUAL	01:10:26	00:39:19
1651	1362	ALEXANDRA COURELA	F	34	F1939	118	INDIVIDUAL	01:10:26	00:40:38
1652	264	ANGELO OLIVEIRA	M	43	M4044	241	INDIVIDUAL	01:10:41	00:39:20
1653	1982	MARCO TEIXEIRA	M	40	M4044	242	DANIELA CARVALHO	01:10:47	00:00:00
1654	1346	TERESA LUCAS	F	29	F1939	119	JOSE MORAIS	01:10:48	00:40:06
1655	1155	ANDRE J SILVA	M	31	M1939	550	INDIVIDUAL	01:10:54	00:39:19
1656	369	LEONARDO ANDRADE	M	31	M1939	551	ADRC MATA BENFICA	01:11:28	00:40:50
1657	780	CARLOS CORREIA	M	25	M1939	552	INDIVIDUAL	01:11:31	00:37:35
1658	2007	JOAO M C L RIBEIRO	M	32	M1939	553	JOAO MIGUEL LOPES RIBEIRO	01:11:46	00:41:09
1659	697	JOANA PEIXOTO	F	35	F1939	120	INDIVIDUAL	01:12:28	00:41:49
1660	1347	LUIS DUARTE	M	33	M1939	554	JOSE MORAIS	01:12:29	00:40:07
1661	1344	ANGELA MORAIS	F	48	F4049	54	JOSE MORAIS	01:12:30	00:40:39
1662	315	GUALDINO FREIRE	M	65	M6599	53	CCDT METRO LX	01:12:37	00:43:48
1663	1804	ANTONIO SANTOS	M	23	M1939	555	INDIVIDUAL	01:12:41	00:43:14
1664	1909	JULIO SANTOS	M	50	M5054	170	UCRD PRAIENSE	01:12:42	00:41:29
1665	1063	CARLOS LOPES	M	39	M1939	556	INDIVIDUAL	01:12:45	00:41:27
1666	1081	LUIZ C PRASSER	M	47	M4549	199	C COLAB AXA	01:12:45	00:40:57
1667	675	LUDGERO CALDEIRA	M	66	M6599	54	CP IVA	01:12:48	00:40:46
1668	896	ANTONIO REIS	M	45	M4549	200	INDIVIDUAL	01:12:58	00:42:04
1669	897	PAULA C ALMEIDA	F	44	F4049	55	INDIVIDUAL	01:12:58	00:42:04
1670	741	MANUEL O P GONÇALVES	M	62	M6064	80	INDIVIDUAL	01:13:00	00:38:48
1671	1974	JOAO SILVA	M	33	M1939	557	INDIVIDUAL	01:13:02	00:42:09
1672	1239	RITA EUGENIO	F	32	F1939	121	INDIVIDUAL	01:13:08	00:42:06
1673	1446	JOSE P C L CABRAL	M	34	M1939	558	INDIVIDUAL	01:13:08	00:41:53
1674	1466	LILIANA B PAIS	F	25	F1939	122	INDIVIDUAL	01:13:08	00:41:52

1675	1010	ALEXANDRA SOUSA	F	34	F1939	123	INDIVIDUAL	01:13:12	00:41:40
1676	1273	JOAO GOMES	M	60	M6064	81	JG SEGUROS	01:13:19	00:41:21
1677	1175	MA FEE HUNG	F	61	F6099	10	ACOREANA C BANIF	01:13:23	00:41:58
1678	828	EURICO MIRANDA	M	43	M4044	243	INDIVIDUAL	01:13:26	00:42:58
1679	989	ALZIRA ALMEIDA	F	60	F6099	11	INDIVIDUAL	01:13:29	00:41:46
1680	2017	CRISTINA BARATA	F	33	F1939	124	INDIVIDUAL	01:13:29	00:41:42
1681	428	JOAO R DUARTE	M	35	M1939	559	CASINO LISBOA	01:13:30	00:42:55
1682	429	RICARDO M PEREIRA	M	33	M1939	560	CASINO LISBOA	01:13:30	00:42:53
1683	574	BRUNO REDONDO	M	18	M0018	11	A DANIEL CALDEIRA	01:13:32	00:41:47
1684	580	ADELINO CASTRO	M	59	M5559	143	CCD EFACEC LX	01:13:38	00:40:21
1685	903	TERESA SERRA	F	41	F4049	56	4@FUNDO	01:14:10	00:42:15
1686	1454	DIOGO BRANCO	M	17	M0018	12	PAULO FERREIRA	01:14:10	00:41:26
1687	1217	PAULA COSTA	F	53	F5059	32	INDIVIDUAL	01:14:13	00:40:56
1688	1083	LUIS P CRISTÃO	M	35	M1939	561	C COLAB AXA	01:14:17	00:42:15
1689	1605	NUNO FIGUEIREDO	M	35	M1939	562	INDIVIDUAL	01:14:17	00:41:29
1690	634	JOAO LOPES	M	30	M1939	563	NA PAPAGAIOS CASCAIS	01:14:43	00:40:54
1691	1639	SOLLARI ALLEGRO	M	62	M6064	82	NA PAPAGAIOS CASCAIS	01:14:43	00:40:54
1692	1503	SOFIA DUARTE	F	18	F0018	2	CARLOS VIEIRA	01:14:45	00:41:57
1693	1504	SUSANA BRITO	F	31	F1939	125	CARLOS VIEIRA	01:14:45	00:41:56
1694	1500	CARLOS VIEIRA	M	41	M4044	244	CARLOS VIEIRA	01:14:46	00:43:23
1695	111	FERNANDO CORTEZ	M	47	M4549	201	A SACAVENENSE	01:15:01	00:41:47
1696	890	Mª GLORIA DIAS	F	54	F5059	33	INDIVIDUAL	01:15:02	00:00:00
1697	819	LUIS NABAIS	M	48	M4549	202	INDIVIDUAL	01:15:19	00:43:10
1698	1932	ANTONIO COELHO	M	38	M1939	564	VASCO COELHO	01:15:21	00:43:22
1699	155	TERESA BRITO	F	62	F6099	12	CA VALE FIGUEIRA	01:15:25	00:41:57
1700	1275	FILIPA MALHEIRO	F	37	F1939	126	INDIVIDUAL	01:15:25	00:43:23
1701	1873	CECILIA TAVARES	F	44	F4049	57	CCD CASA PIA	01:15:27	00:44:24
1702	1473	JOSE OLIVEIRA	M	47	M4549	203	APOGMA	01:15:36	00:42:33
1703	1004	MANUELA LOURENÇO	F	60	F6099	13	CLUBE HERMES	01:15:46	00:42:20
1704	1329	ANA T VERDASCA	F	26	F1939	127	INDIVIDUAL	01:15:52	00:44:10
1705	540	AMERICO PIMENTA	M	42	M4044	245	GD CHELAS	01:15:54	00:00:00
1706	1250	ANA DIONISIO	F	46	F4049	58	INDIVIDUAL	01:16:02	00:44:16
1707	1604	PAULA MEIRINHAS	F	43	F4049	59	INDIVIDUAL	01:16:02	00:44:16
1708	2021	MIGUEL VICENTE	M	17	M0018	13	ISABEL VICENTE	01:16:09	00:44:36
1709	189	PAULO J L GOMES	M	47	M4549	204	C MILLENNIUM BCP	01:16:20	00:42:44
1710	514	PAULO NUNES	M	42	M4044	246	SS CGD	01:16:30	00:42:00
1711	518	MARGARIDA SEQUEIRA	F	35	F1939	128	SS CGD	01:16:30	00:43:21
1712	633	ISABEL BARGAO	F	58	F5059	34	NA PAPAGAIOS CASCAIS	01:16:38	00:43:00
1713	967	HELENE LECLERCQ	M	35	M1939	565	INDIVIDUAL	01:16:42	00:43:44
1714	875	BRUNO CARMO	M	28	M1939	566	INDIVIDUAL	01:16:55	00:42:53
1715	1147	ALEXANDRA LEITÃO	F	37	F1939	129	PAULA PENEDO	01:17:08	00:43:13
1716	1272	CARLOS FERREIRA	M	50	M5054	171	JG SEGUROS	01:17:08	00:41:23
1717	1276	MARIANA DUARTE	F	27	F1939	130	INDIVIDUAL	01:17:13	00:42:34
1718	1450	ELISABETE SOUTO	F	39	F1939	131	INDIVIDUAL	01:17:27	00:44:19
1719	610	MANUEL M T DUARTE	M	45	M4549	205	CLUBE STRESS	01:17:36	00:44:01
1720	1744	PAULA CAMPOS	F	35	F1939	132	PAULA CAMPOS	01:17:42	00:43:05
1721	1746	PEDRO RAMOS	M	43	M4044	247	PAULA CAMPOS	01:17:42	00:43:06
1722	988	JOAO HERMANO	M	61	M6064	83	INDIVIDUAL	01:18:04	00:00:00
1723	1249	RENATA CORREIA	F	32	F1939	133	INDIVIDUAL	01:18:07	00:41:26
1724	1715	MARIETE ASCENSÃO	F	62	F6099	14	INDIVIDUAL	01:18:11	00:00:00
1725	1714	ANDRE ASCENSÃO	M	29	M1939	567	INDIVIDUAL	01:18:12	00:00:00
1726	1041	NATALIA LIMA	F	62	F6099	15	INDIVIDUAL	01:18:34	00:45:32
1727	826	JOSE L ESTEVES	M	34	M1939	568	INDIVIDUAL	01:18:42	00:45:26
1728	1931	VASCO COELHO	M	36	M1939	569	VASCO COELHO	01:18:48	00:44:25

1729	1574	RAQUEL ROLDAO	M	35	M1939	570	INDIVIDUAL	01:18:51	00:44:35
1730	1189	LUIS NEVES	M	37	M1939	571	ACOREANA C BANIF	01:18:53	00:43:51
1731	1879	MARCO CRUZ	M	32	M1939	572	CR ALVORADA	01:19:10	00:46:48
1732	1073	PEDRO RIBEIRO	M	31	M1939	573	INDIVIDUAL	01:19:39	00:00:00
1733	1423	JOAO L F CORREIA	M	59	M5559	144	INDIVIDUAL	01:19:41	00:43:31
1734	976	LURDES SOUTO	F	58	F5059	35	INDIVIDUAL	01:19:42	00:46:51
1735	1905	NUNO PORTEIRA	M	24	M1939	574	INDIVIDUAL	01:19:43	00:45:56
1736	1903	JOAO CATARINO	M	23	M1939	575	INDIVIDUAL	01:19:44	00:45:54
1737	1904	ANA I ROCHA	F	21	F1939	134	INDIVIDUAL	01:19:44	00:45:53
1738	215	ANA M AGUIAR	F	20	F1939	135	C MILLENNIUM BCP	01:20:09	00:44:31
1739	2013	ANA MENDES	F	40	F4049	60	ANA MENDES	01:21:16	00:00:00
1740	2014	JOANA AFONSO	F	15	F0018	3	ANA MENDES	01:21:16	00:00:00
1741	1045	LUIS H SILVA	M	39	M1939	576	MATILHA	01:21:29	00:45:25
1742	1049	DANIEL CUNHA	M	32	M1939	577	MATILHA	01:21:29	00:45:25
1743	1161	MARIA CAEIRO	F	56	F5059	36	INDIVIDUAL	01:22:08	00:46:50
1744	1162	MANUEL MANTAS	M	57	M5559	145	INDIVIDUAL	01:22:08	00:46:49
1745	485	JOAQUIM ALMEIDA	M	59	M5559	146	SFUAP	01:23:09	00:00:00
1746	1455	DANIEL SIMÃO	M	19	M1939	578	PAULO FERREIRA	01:23:11	00:00:00
1747	1552	JOSE C PAIS	M	56	M5559	147	INDIVIDUAL	01:23:51	00:50:24
1748	1453	JOAO BRANCO	M	43	M4044	248	PAULO FERREIRA	01:23:58	00:46:48
1749	1080	ANTONIO M DOMINGOS	M	45	M4549	206	C COLAB AXA	01:24:04	00:48:47
1750	1084	ROSA M CAETANO	F	57	F5059	37	C COLAB AXA	01:24:04	00:48:18
1751	1727	FOCK CHIU	F	60	F6099	16	INDIVIDUAL	01:24:04	00:47:07
1752	1729	JOSE ARRUDA	M	62	M6064	84	INDIVIDUAL	01:24:04	00:47:08
1753	789	JOSE P DIONISIO	M	43	M4044	249	INDIVIDUAL	01:24:08	00:49:29
1754	1240	WILSON GOVINDJI	M	28	M1939	579	INDIVIDUAL	01:24:17	00:49:51
1755	479	ISILDA NUNES	F	44	F4049	61	INST PUPILOS EXERCITO	01:24:26	00:00:00
1756	995	ANA M PEREIRA	F	24	F1939	136	INDIVIDUAL	01:24:40	00:47:39
1757	769	RUI CERQUEIRA	M	38	M1939	580	INDIVIDUAL	01:25:25	00:47:54
1758	770	Mª ALICE S T RAINHA	F	52	F5059	38	INDIVIDUAL	01:25:25	00:47:56
1759	480	Mª TERESA SANTOS	F	59	F5059	39	INST PUPILOS EXERCITO	01:26:50	00:00:00
1760	978	GLORIA SILVA	F	60	F6099	17	INDIVIDUAL	01:27:10	00:50:17
1761	1801	ANA R AGUILAR	F	37	F1939	137	INDIVIDUAL	01:27:15	00:50:18
1762	1058	ELSA REIS	F	31	F1939	138	INDIVIDUAL	01:27:31	00:50:37
1763	615	SILVIA T DUARTE	F	44	F4049	62	CLUBE STRESS	01:28:17	00:51:24
1764	430	ANTONIO P SANTOS	M	32	M1939	581	CASINO LISBOA	01:29:45	00:50:35
1765	478	OLGA PINHO	F	44	F4049	63	INST PUPILOS EXERCITO	01:30:13	00:53:07
1766	1046	ISABEL J FARIA	F	35	F1939	139	MATILHA	01:30:30	00:51:37
1767	1050	SUSANA CUNHA	F	29	F1939	140	MATILHA	01:30:31	00:51:38
1768	840	MIGUEL LOPES	M	42	M4044	250	GEORUNNERS	01:32:50	00:53:25
1769	258	GLORIALDO BRITO	M	80	M6599	55	INDIVIDUAL	01:34:48	00:55:25