

COMPETIÇÃO: Femininos

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo	Diferença
1	1	2	Ana Dias	NDCODEMIRA	Seniores Femininos	00:37:24.894	
2	2	39	Solange Guerreiro	NDCODEMIRA	Seniores Femininos	00:48:04.676	00:10:39.782
3	1	75	Marisa Cruz	NDCODEMIRA	Juniores Femininos	00:48:06.616	00:10:41.722
4	2	76	Inês Bernardo	NDCODEMIRA	Juniores Femininos	00:48:08.453	00:10:43.559
5	3	98	Sandra Isabel	G. D. C. T. Repsol Polimeros	Seniores Femininos	00:49:04.030	00:11:39.136
6	4	72	Marta Cipriano	G.D.SantaCruz/Litoralmotors.pt	Seniores Femininos	00:52:17.308	00:14:52.414
7	1	73	Sandra Nunes	G.D.SantaCruz/Litoralmotors.pt	Veteranos 1 Femininos	00:52:17.606	00:14:52.712
8	1	19	Margarida Pedro	Os Kotas	Veteranos 3 Femininos	00:53:18.368	00:15:53.474
9	5	24	Marisa Ferraz	Individual	Seniores Femininos	00:53:53.189	00:16:28.295
10	6	35	LILIANA TOME	Individual	Seniores Femininos	00:56:02.136	00:18:37.242
11	7	63	Patrícia Páscoa	AlphaFitness	Seniores Femininos	00:56:08.636	00:18:43.742
12	8	64	Raquel Mata	AlphaFitness	Seniores Femininos	00:56:31.851	00:19:06.957
13	2	59	Maria Dias	NDCODEMIRA	Veteranos 1 Femininos	00:58:18.120	00:20:53.226
14	9	31	Andreia Gomes	GDC Portos de Sines e do Algarve	Seniores Femininos	01:03:23.913	00:25:59.019
15	10	101	Andreia Calado	GDA APS	Seniores Femininos	01:03:24.307	00:25:59.413
16	2	17	Alda Oliveira	G. D. C. T. Repsol Polimeros	Veteranos 3 Femininos	01:22:10.825	00:44:45.931

COMPETIÇÃO: Masculinos

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo	Diferença
1	1	1	José Lair	Beja Atletico Clube	Veteranos 2 Masculinos	00:34:10.262	
2	1	3	Pedro Poeira	NDCODEMIRA	Veteranos 1 Masculinos	00:34:48.807	00:00:38.545
3	1	5	Filipe Correia	G.D.R. São Francisco da Serra	Seniores Masculinos	00:34:58.807	00:00:48.545
4	2	42	Rui Rodrigues	Correr em Santo André	Veteranos 2 Masculinos	00:35:04.069	00:00:53.807
5	2	13	Fábio Silva	G. D. C. T. Repsol Polimeros	Seniores Masculinos	00:35:17.431	00:01:07.169
6	3	87	Roberto Baião	Juventude Atlético Clube	Seniores Masculinos	00:35:35.363	00:01:25.101
7	4	71	João Rebelo	U. F. Comércio e Indústria	Seniores Masculinos	00:35:48.367	00:01:38.105
8	5	80	Emanuel Diogo	G.D.R. São Francisco da Serra	Seniores Masculinos	00:35:51.348	00:01:41.086
9	2	102	Ruben Fonseca	Amiciclo Grândola	Veteranos 1 Masculinos	00:36:33.921	00:02:23.659
10	6	85	Pedro Trindade	Amiciclo Grândola	Seniores Masculinos	00:36:34.106	00:02:23.844
11	1	95	Alexandre Pimpão	Clube NARM- Mesejana	Veteranos 3 Masculinos	00:36:46.249	00:02:35.987
12	1	96	João Silva	Clube NARM- Mesejana	Juniores Masculinos	00:36:46.701	00:02:36.439
13	3	41	Edgar Matias	Juventude Desportiva Melidense	Veteranos 1 Masculinos	00:37:13.002	00:03:02.740
14	7	20	Nuno Chainho	Os Kotas	Seniores Masculinos	00:37:13.401	00:03:03.139
15	2	82	Luís Pereira	G.D.R. São Francisco da Serra	Veteranos 3 Masculinos	00:37:17.691	00:03:07.429
16	1	99	Angelo Dias	NDCODEMIRA	Geral	00:37:44.749	00:03:34.487
17	4	52	Arlindo Dias	Team Jamaica	Veteranos 1 Masculinos	00:38:39.084	00:04:28.822
18	8	38	Paulo Patrício	NDCODEMIRA	Seniores Masculinos	00:38:48.163	00:04:37.901
19	1	43	António Silvetsre	Serviços Sociais Município de Odemira	Veteranos 4 Masculinos	00:39:07.694	00:04:57.432
20	5	34	FILIFE SILVEIRA	GFD RUNNING	Veteranos 1 Masculinos	00:39:25.389	00:05:15.127
21	9	14	João Carrilho	G. D. C. T. Repsol Polimeros	Seniores Masculinos	00:39:37.459	00:05:27.197
22	3	53	Paulo Cavalinhos	Veolia	Veteranos 2 Masculinos	00:39:42.987	00:05:32.725
23	6	66	Euclides Almeida	Individual	Veteranos 1 Masculinos	00:39:51.759	00:05:41.497

Lugar	Esc.	Dorsal	Nome	Equipa	Escalão	Tempo	Diferença
24	2	79	Paulo Dâmaso	G.D.R. São Francisco da Serra	Juniores Masculinos	00:39:52.532	00:05:42.270
25	3	58	Vitor Dias	NDCODEMIRA	Veteranos 3 Masculinos	00:40:03.085	00:05:52.823
26	4	88	Fernando Mestre	G.D.R. São Francisco da Serra	Veteranos 2 Masculinos	00:40:10.170	00:05:59.908
27	10	93	Bruno Gamito	Juventude Atlético Clube	Seniores Masculinos	00:40:45.255	00:06:34.993
28	5	77	Vitor Pereira	G.D.R. São Francisco da Serra	Veteranos 2 Masculinos	00:41:29.178	00:07:18.916
29	6	46	Helder Faia	Clube do Pessoal EDP-Sines	Veteranos 2 Masculinos	00:41:38.318	00:07:28.056
30	7	65	Ricardo Faria	Individual	Veteranos 1 Masculinos	00:41:43.170	00:07:32.908
31	8	86	Paulo Romão	Individual	Veteranos 1 Masculinos	00:42:09.384	00:07:59.122
32	7	89	Hélder Guerreiro	Juventude Atlético Clube	Veteranos 2 Masculinos	00:42:44.418	00:08:34.156
33	8	78	Gonçalo Santos	G.D.R. São francisco da Serra	Veteranos 2 Masculinos	00:42:54.549	00:08:44.287
34	11	29	Nuno Ventura	GDC Portos de Sines e do Algarve	Seniores Masculinos	00:43:03.680	00:08:53.418
35	9	27	Carlos Rosário	Clube Galp Energia	Veteranos 2 Masculinos	00:43:44.760	00:09:34.498
36	4	83	Luís Ferreira	Juventude Atlético Clube	Veteranos 3 Masculinos	00:43:56.330	00:09:46.068
37	3	67	Diogo Candeias	Individual	Juniores Masculinos	00:44:10.648	00:10:00.386
38	9	36	Ross Buddie	Individual	Veteranos 1 Masculinos	00:44:33.160	00:10:22.898
39	10	32	David Gorgulho	Individual	Veteranos 1 Masculinos	00:45:11.173	00:11:00.911
40	10	10	Álvaro Beijinha	Alvaladenses	Veteranos 2 Masculinos	00:45:17.218	00:11:06.956
41	5	25	Pedro Alves	Individual	Veteranos 3 Masculinos	00:45:18.667	00:11:08.405
42	11	23	Luis Aleixo	Os kotas	Veteranos 1 Masculinos	00:46:04.642	00:11:54.380
43	11	47	João Martins	Clube do Pessoal EDP-Sines	Veteranos 2 Masculinos	00:46:09.314	00:11:59.052
44	1	44	António Maurício	Clube do Pessoal EDP-Sines	Veteranos 6 Masculinos	00:46:09.790	00:11:59.528
45	12	92	Telmo Matos	Juventude Atlético Clube	Seniores Masculinos	00:46:10.567	00:12:00.305
46	4	57	Eduardo Condeço	Individual	Juniores Masculinos	00:46:10.879	00:12:00.617
47	6	84	Rui Correia	Individual	Veteranos 3 Masculinos	00:46:56.102	00:12:45.840
48	12	90	Miguel Ferreira	Juventude Atlético Clube	Veteranos 1 Masculinos	00:46:58.977	00:12:48.715
49	2	81	Fernando Beijinha	G.D.R. São Francisco da Serra	Veteranos 6 Masculinos	00:47:04.323	00:12:54.061
50	1	60	Ilidio Campos	NDCODEMIRA	Veteranos 5 Masculinos	00:47:05.358	00:12:55.096
51	13	62	João Farinha	AlphaFitness	Seniores Masculinos	00:47:07.037	00:12:56.775
52	13	40	Paulo Rodrigues	Individual	Veteranos 1 Masculinos	00:47:30.775	00:13:20.513
53	14	70	Rogério Faria	Individual	Veteranos 1 Masculinos	00:48:25.815	00:14:15.553
54	5	21	João Cáceres	Os Kotas	Juniores Masculinos	00:48:43.178	00:14:32.916
55	15	61	Pedro Cordeiro	AlphaFitness	Veteranos 1 Masculinos	00:49:14.634	00:15:04.372
56	16	94	João Santos	Individual	Veteranos 1 Masculinos	00:50:01.699	00:15:51.437
57	17	18	Marco Milharadas	G. D. C. T. Repsol Polimeros	Veteranos 1 Masculinos	00:50:04.675	00:15:54.413
58	18	74	NUNO PINELA	MIRÓBRIGA TRAIL RUN	Veteranos 1 Masculinos	00:50:43.652	00:16:33.390
59	2	100	Luciano Lucas	COALA	Veteranos 5 Masculinos	00:51:00.454	00:16:50.192
60	12	69	Paulo Oliveira		Veteranos 2 Masculinos	00:51:00.720	00:16:50.458
61	3	54	Jorge Farinha	Individual	Veteranos 5 Masculinos	00:51:14.948	00:17:04.686
62	14	22	Joaquim Santana	Os KOTAS	Seniores Masculinos	00:51:24.071	00:17:13.809
63	15	33	José Moreno	Individual	Seniores Masculinos	00:52:27.965	00:18:17.703
64	19	55	João Moreno	OS PÁPA LEGUAS	Veteranos 1 Masculinos	00:53:14.406	00:19:04.144
65	2	49	Manuel Pedro	Clube do Pessoal EDP-Sines	Veteranos 4 Masculinos	00:54:48.613	00:20:38.351

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66	16	45	David Rosa	Clube do Pessoal EDP-Sines	Seniores Masculinos	00:55:04.877	00:20:54.615
67	3	26	José Raposo	COALA	Veteranos 6 Masculinos	00:55:49.687	00:21:39.425
68	20	103	André Lopes		Veteranos 1 Masculinos	00:56:32.168	00:22:21.906
69	17	91	Nuno Pacheco	Juventude Atlético Clube	Seniores Masculinos	00:57:04.636	00:22:54.374
70	21	56	Miguel Ângelo	Sinescrosstraining	Veteranos 1 Masculinos	01:00:04.104	00:25:53.842
71	4	50	Pedro Ponte	Clube do Pessoal EDP-Sines	Veteranos 5 Masculinos	01:00:06.158	00:25:55.896
72	5	28	Paulo Gomes	GDC Portos de Sines e do Algarve	Veteranos 5 Masculinos	01:03:25.401	00:29:15.139
73	18	68	Axel Balzac	Pinheiro Manso Runners	Seniores Masculinos	01:04:30.075	00:30:19.813
74	4	15	Manuel Santos	G. D. C. T. Repsol Polimeros	Veteranos 6 Masculinos	01:12:57.759	00:38:47.497
75	5	16	Julio Milharadas	G. D. C. T. Repsol Polimeros	Veteranos 6 Masculinos	01:22:11.577	00:48:01.315