



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1	9280	Nelson Cruz	00:15:57	00:31:59	00:31:58	1		V35	1
2	9137	João Figueiredo	00:16:07	00:32:37	00:32:36	2		Senior	1
3	1010	Paulo Guimarães	00:16:08	00:32:58	00:32:57	3		V35	2
4	1138	Luis Feiteira	00:16:59	00:34:16	00:34:16	4		V40	1
5	736	Pedro Ribeiro	00:17:00	00:34:27	00:34:26	5	UFCI/Sadoport	Senior	2
6	439	Rui Narigueta	00:17:11	00:34:52	00:34:51	6		V35	3
7	1111	Martim Nunes	00:17:32	00:35:14	00:35:12	7	Zimbra Fox Runners	V35	4
8	291	Paulo Cantante	00:17:35	00:35:28	00:35:27	8		V40	2
9	9235	José Guerra	00:17:42	00:35:41	00:35:40	9	Tálenos Team	Senior	3
10	1135	Carlos Albano	00:17:47	00:35:49	00:35:48	10	Zimbra Fox Runners	V45	1
11	9183	Edgar Oliveira	00:17:42	00:35:53	00:35:52	11	Kangaroo Runners	Senior	4
12	737	António Reis	00:17:41	00:35:53	00:35:53	12	clube desportivo e recreativo ribeirinho da Baixa	V40	3
13	9215	Mark Ribeiro	00:17:39	00:36:03	00:36:01	13	Tálenos Team	Senior	5
14	800	Ricardo Parada	00:18:09	00:36:27	00:36:25	14	Zimbra Fox Runners	V35	5
15	149	Luciano Contente	00:17:52	00:36:27	00:36:26	15		V40	4
16	567	Rui Henriques	00:18:10	00:36:35	00:36:33	16	Serviços Sociais Montepio	V35	6
17	534	Nuno Raposo	00:18:08	00:36:37	00:36:36	17		V35	7
18	958	Bruno Maia	00:18:08	00:36:50	00:36:48	18		V40	5
19	9147	Pedro Bravo	00:18:14	00:36:53	00:36:50	19		V45	2
20	771	Samuel Galveia	00:18:32	00:37:13	00:37:10	20	UFCI/Sadoport	V35	8



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
21	1045	Antonio Figueiredo	00:18:38	00:37:31	00:37:27	21		V35	9
22	9162	Nuno Patricio	00:18:27	00:37:39	00:37:38	23		V40	6
23	9144	José Chícharo	00:19:16	00:37:40	00:37:29	22	Clube Desportivo Recreativo Ribeirinho/Aguaciclo	V50	1
24	1042	Joao Azevedo	00:18:51	00:37:56	00:37:54	24		Senior	6
25	1050	Sofia Monteiro	00:19:02	00:37:59	00:37:59	26	Clube Olimpico de Oeiras	V35	1
26	1051	Adelino Monteiro	00:19:01	00:37:59	00:37:58	25	Clube Olimpico de Oeiras	V35	10
27	9232	Ivo Coelho	00:19:49	00:38:11	00:38:03	27	Tálenos Team	Senior	7
28	807	Arnaldo Dju	00:18:58	00:38:30	00:38:21	28		V35	11
29	573	Luís Rio	00:19:07	00:38:31	00:38:25	29	G D C Banco de Portugal	V40	7
30	571	António Simões	00:19:07	00:38:34	00:38:30	30	G D C Banco de Portugal	V45	3
31	1008	Carlos Martins	00:19:21	00:38:38	00:38:36	32		V50	2
32	1052	Joao Montes	00:19:20	00:38:39	00:38:37	33		V50	3
33	28	Bruno Amaro	00:19:16	00:38:43	00:38:33	31		V35	12
34	738	Virgílio Gonçalves	00:19:00	00:38:51	00:38:51	35	clube desportivo e recreativo ribeirinho da Baixa	V45	4
35	9175	Joaquim Pato	00:19:11	00:38:54	00:38:52	36	Kangaroo Runners	V40	8
36	75	Jose Esteves	00:19:40	00:39:02	00:39:00	37	Tartarugas Solidarias	V50	4
37	495	Armando Correia	00:19:40	00:39:04	00:39:01	38	Sporting Clube de Casainhos	Senior	8
38	138	Diogo Garcia	00:19:34	00:39:06	00:38:38	34	Os Conta-Kilómetros	Senior	9
39	960	José Pires	00:19:40	00:39:13	00:39:12	40		V50	5
40	143	Luis Aniceto	00:19:40	00:39:14	00:39:10	39	SINGArunners	V55	1



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
41	302	António Fernandes	00:19:11	00:39:19	00:39:18	42		V45	5
42	9084	Bruno Torres	00:19:17	00:39:20	00:39:18	43	Os Conta-Kilómetros	Senior	10
43	282	Bruno Heleno	00:19:52	00:39:27	00:39:22	44		V35	13
44	508	Nuno Lourenço	00:19:29	00:39:41	00:39:37	45		V40	9
45	782	Eduardo Carmona	00:19:41	00:39:44	00:39:41	47	Kangaroo Runners	V40	10
46	461	Filipe Costa	00:20:30	00:39:47	00:39:17	41		Senior	11
47	421	Afzal Aziz	00:20:09	00:39:48	00:39:46	51		Senior	12
48	9267	Sérgio Fajardo	00:19:39	00:39:50	00:39:47	52		Senior	13
49	447	Rui Ferreira	00:19:57	00:39:52	00:39:44	49		V35	14
50	9186	Luis Caeiro	00:19:37	00:39:53	00:39:46	50		Senior	14
51	579	Pedro Barreirão	00:19:13	00:39:53	00:39:49	53	G D C Banco de Portugal	Senior	15
52	511	Helder Fialho	00:19:53	00:39:54	00:39:44	48		V40	11
53	9117	Alberto Silva	00:19:50	00:39:56	00:39:53	55	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V35	15
54	103	João Rosa	00:19:58	00:39:59	00:39:56	56	SINGArunners	Senior	16
55	638	Carlos Silva	00:19:50	00:40:04	00:40:03	58		V70	1
56	230	Eduardo Santos	00:19:50	00:40:05	00:40:02	57		V35	16
57	965	Filipe Pedro	00:20:30	00:40:15	00:39:49	54		Senior	17
58	9077	Luis Gomes	00:19:52	00:40:18	00:40:16	60		V40	12
59	9241	Xavier Sousa	00:19:58	00:40:19	00:40:14	59		V40	13
60	9229	Pedro Jesus	00:19:31	00:40:21	00:40:19	61	Gáfete Runners	Senior	18



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Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
61	1139	Lucilia Soares	00:19:52	00:40:27	00:40:26	62		V50	1
62	231	Diogo Sacoto	00:20:30	00:40:28	00:39:41	46		Senior	19
63	493	Carlos Baptista	00:20:17	00:40:31	00:40:29	64	Sporting Clube de Casainhos	V55	2
64	345	Francisco Sequeira	00:19:54	00:40:37	00:40:27	63		Senior	20
65	1016	Carlos Fortunato	00:20:10	00:40:41	00:40:40	66		V55	3
66	12	Nuno Rebelo	00:20:05	00:40:53	00:40:43	67		V35	17
67	928	Filipe Pardal	00:19:56	00:40:56	00:40:39	65	VFCE	Senior	21
68	959	Valter Realista	00:19:40	00:40:57	00:40:55	70		V35	18
69	840	Joao Arenga	00:20:27	00:40:58	00:40:55	71	C.A.D.T.Portucel Setubal	V60	1
70	485	Paulo Soldado	00:21:00	00:41:00	00:40:47	69		V40	14
71	692	João Saldanha	00:20:03	00:41:06	00:41:01	73		V40	15
72	9249	Paulo Ferreira	00:20:09	00:41:11	00:41:08	74		V40	16
73	9213	Diogo Silva	00:20:16	00:41:19	00:41:12	76		V35	19
74	9176	Gonçalo Ferreira	00:20:37	00:41:20	00:41:09	75	Kangaroo Runners	V40	17
75	9265	Miguel Jacob	00:21:11	00:41:20	00:40:46	68	NCAFB	V35	20
76	1024	Pedro Soares	00:20:30	00:41:22	00:41:01	72		V35	21
77	9046	Tiago Ferreira	00:20:34	00:41:25	00:41:23	77		Senior	22
78	9013	Reinaldo Rodrigues	00:20:45	00:41:33	00:41:24	78		V40	18
79	9075	Hélio Marques	00:20:57	00:41:33	00:41:29	80		V40	19
80	557	Nuno Oliveira	00:20:27	00:41:41	00:41:28	79		Senior	23



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
81	496	Manuel Bento	00:20:27	00:41:41	00:41:38	81	Sporting Clube de Casainhos	V35	22
82	96	Francisco Zambujo	00:20:17	00:41:53	00:41:51	89	SINGArunners	V35	23
83	925	Pedro Ferreira	00:20:48	00:41:53	00:41:49	86		V35	24
84	9256	Nuno Piuça	00:20:02	00:41:54	00:41:50	87		Senior	24
85	686	Jorge Fraga	00:20:53	00:41:54	00:41:43	83		V45	6
86	486	Fernando Ferreira	00:20:55	00:41:55	00:41:44	84		V55	4
87	309	Jose Gomes	00:21:05	00:41:58	00:41:52	90		V55	5
88	931	Rafael Sobral	00:20:44	00:42:01	00:41:45	85	VFCE	Senior	25
89	897	Mario Duro	00:21:31	00:42:02	00:41:58	92	clube Millennium BCP	V45	7
90	642	Elvino Gonçalves	00:21:13	00:42:03	00:41:51	88		Senior	26
91	9019	Paulo Oliveira	00:20:52	00:42:05	00:41:57	91		V45	8
92	171	Eduardo Nunes	00:21:07	00:42:12	00:42:08	95	Kangaroo Runners	V35	25
93	9024	Ricardo Ferreira	00:21:39	00:42:15	00:41:39	82		V35	26
94	34	João Soeiro	00:20:12	00:42:16	00:42:11	97		Senior	27
95	941	Bruno Rodrigues	00:21:14	00:42:16	00:42:14	98		Senior	28
96	9248	Luís Faísco	00:21:04	00:42:16	00:42:04	94		V45	9
97	9028	Paulo Sousa	00:20:51	00:42:17	00:42:10	96		V40	20
98	9009	Francisco Lopes	00:20:51	00:42:24	00:42:23	102		V45	10
99	9153	João Paulino	00:20:50	00:42:27	00:42:20	101		V50	6
100	556	Carlos Pereirinha	00:21:07	00:42:30	00:42:18	99	Tálenos Team	V40	21



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Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
101	45	José Gordilho	00:21:38	00:42:30	00:42:00	93	Clube Atletismo Amigos de Belém	V50	7
102	9053	Bernardo Neves	00:20:41	00:42:32	00:42:28	103		Senior	29
103	866	José Moreira	00:20:40	00:42:38	00:42:37	107		V35	27
104	9041	Rodolfo Andrade	00:21:14	00:42:41	00:42:35	106		Senior	30
105	9216	Fernando Mendes	00:20:34	00:42:45	00:42:34	105	Tálenos Team	V45	11
106	9291	Manuel Silva	00:20:51	00:42:51	00:42:51	113		V40	22
107	950	Marco Roberto	00:21:30	00:42:57	00:42:34	104		Senior	31
108	9092	Helder Luis	00:22:00	00:42:58	00:42:20	100	Referees Margem Sul	V45	12
109	227	Manuel Tavares	00:21:22	00:42:59	00:42:44	108		V55	6
110	1115	Pedro Borregana	00:21:34	00:43:00	00:42:56	114		V35	28
111	1028	Tiago Oliveira	00:21:15	00:43:01	00:42:47	111		Senior	32
112	9192	Miguel Carregosa	00:21:02	00:43:07	00:43:05	120	Kangaroo Runners	V35	29
113	547	Duarte Costa	00:21:19	00:43:07	00:43:00	117		Senior	33
114	906	Ricardo Marta	00:21:25	00:43:07	00:43:01	118	clube Millennium BCP	V35	30
115	446	Rui Carvalho	00:21:39	00:43:10	00:42:46	109		V35	31
116	1012	Fabrice Polteau	00:21:01	00:43:11	00:43:08	121		V40	23
117	9287	Margarida Amaro	00:21:57	00:43:11	00:43:11	123		V35	2
118	199	Gonçalo Santos	00:21:38	00:43:14	00:43:09	122	GDC PORTOS DE SINES E DO ALGARVE	V40	24
119	279	Fernando Salgueiro	00:21:31	00:43:14	00:43:03	119		V40	25
120	9034	Jorge Vaz	00:21:13	00:43:23	00:43:23	127		V40	26



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Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
121	9236	Antonio Goncalves	00:21:53	00:43:24	00:43:20	124		Senior	34
122	951	Rui Rodas	00:21:08	00:43:25	00:43:22	126		V40	27
123	387	Hugo Nunes	00:21:14	00:43:29	00:43:21	125		Senior	35
124	9264	Nuno Roque	00:21:37	00:43:31	00:42:58	115	NCAFB	V40	28
125	292	Mauro Pimenta	00:23:13	00:43:32	00:42:46	110		V35	32
126	59	Vitor Novais	00:23:13	00:43:32	00:42:47	112		V40	29
127	455	Gonçalo Serafim	00:21:58	00:43:34	00:43:33	129		V35	33
128	1060	Francisco Rodrigues	00:22:30	00:43:46	00:42:59	116		Senior	36
129	484	Hugo Salvadinho	00:21:28	00:43:49	00:43:36	131		V35	34
130	9181	Carlos Nunes	00:21:57	00:43:51	00:43:49	135	Kangaroo Runners	V40	30
131	9136	Tiago Varanda	00:22:16	00:43:52	00:43:40	132		V40	31
132	17	Carlos Jacinto	00:22:03	00:43:59	00:43:56	138		V45	13
133	734	Joao Carvalho	00:22:32	00:44:00	00:43:49	134	CARNIDE RUNNING	V35	35
134	1019	José Prior	00:21:35	00:44:02	00:44:01	144		V40	32
135	9023	Marco Campaniço	00:22:45	00:44:03	00:43:35	130		Senior	37
136	9239	José Novas	00:21:59	00:44:04	00:43:55	137		V40	33
137	9030	Helder Ferreira	00:22:23	00:44:04	00:43:28	128		V40	34
138	756	Paulo Pascoa	00:22:31	00:44:06	00:43:48	133	Tálenos Team	V45	14
139	9152	Lóio	00:21:10	00:44:07	00:44:00	143		V45	15
140	635	Feliciano Carvalho	00:22:05	00:44:12	00:44:00	142		V50	8



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
141	9180	Sérgio Póvoa	00:22:04	00:44:13	00:44:12	148	Kangaroo Runners	V40	35
142	1009	Carlos Lopes	00:21:47	00:44:17	00:43:51	136		V40	36
143	575	Adelino Semedo	00:22:33	00:44:19	00:44:05	145	G D C Banco de Portugal	V60	2
144	9198	Mário Coxilha	00:22:29	00:44:21	00:44:13	149		V45	16
145	861	André Quarenta	00:22:14	00:44:24	00:44:16	151	Açoreana	V45	17
146	244	Rui Almeida	00:21:28	00:44:24	00:44:22	157		V45	18
147	272	Albino Nunes	00:22:23	00:44:25	00:44:18	154		V55	7
148	790	Henrique Amador	00:22:04	00:44:26	00:44:24	160	SS CGD	V40	37
149	675	Joaquim Afonso	00:22:24	00:44:28	00:44:17	153		V60	3
150	377	Emiliano Palmeirim	00:22:25	00:44:32	00:44:22	156	IMOSEGURO	V35	36
151	434	Carlos Marques	00:22:22	00:44:35	00:44:23	158		V40	38
152	537	Diogo Santos	00:22:13	00:44:35	00:44:31	161		V35	37
153	9056	Sérgio Mónica	00:22:31	00:44:38	00:44:18	155		V45	19
154	742	Emanuel Gomes	00:22:44	00:44:38	00:44:16	152	AGD Academia do Korpo	V35	38
155	9025	Paulo Pereira	00:21:57	00:44:39	00:44:32	162		V50	9
156	254	Fabio Januario	00:21:42	00:44:39	00:44:36	166	Odebrecht Portugal	V45	20
157	535	Helder Carminé	00:22:44	00:44:40	00:43:59	141		V35	39
158	58	Antonio Ribeiro	00:23:13	00:44:41	00:43:56	139		V50	10
159	520	Alberto Covas	00:22:38	00:44:42	00:44:14	150		V55	8
160	602	João Silva	00:21:51	00:44:44	00:44:36	165	SS CGD	V45	21



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Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
161	574	José Monteiro	00:22:16	00:44:46	00:44:24	159	G D C Banco de Portugal	V55	9
162	580	Pedro Pinto	00:22:16	00:44:46	00:44:41	168	G D C Banco de Portugal	Senior	38
163	294	Ricardo Gravito	00:23:01	00:44:49	00:43:57	140		V35	40
164	92	Joel Oliveira	00:23:13	00:44:53	00:44:10	146	rego runners	Senior	39
165	338	Patrick Reis	00:22:06	00:44:57	00:44:54	175		Senior	40
166	9154	Fernando Ferreira	00:22:30	00:44:58	00:44:53	173		V65	1
167	9005	Nuno Gomes	00:22:23	00:44:59	00:44:53	172		V45	22
168	55	Bruno Reis	00:22:30	00:44:59	00:44:50	170	Zimbra Fox Runners	V40	39
169	999	Alexandre Figueiredo	00:23:05	00:45:01	00:44:11	147		V40	40
170	9200	João Costa	00:23:03	00:45:02	00:44:56	178		Senior	41
171	922	Carlos Ramos	00:22:33	00:45:03	00:44:35	164	clube Millennium BCP	V45	23
172	9260	David Inacio	00:22:23	00:45:07	00:45:00	183		V35	41
173	24	Joao Lazaro	00:22:12	00:45:10	00:44:53	174	Sapecgroup	Senior	42
174	725	Gilberto Lopes	00:23:54	00:45:12	00:44:32	163		V45	24
175	9166	Mário Pinheiro	00:23:17	00:45:12	00:44:51	171		V40	41
176	752	Alexandre Jorge	00:22:18	00:45:13	00:45:00	180		V35	42
177	9098	Paulo Reis	00:23:07	00:45:13	00:45:06	185		V45	25
178	1022	Fernando Silva	00:23:18	00:45:15	00:44:40	167		V35	43
179	9106	Pedro Oliveira	00:22:54	00:45:15	00:44:41	169		V40	42
180	332	Eloy Oliveira	00:22:52	00:45:19	00:45:10	188		V35	44



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Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
181	751	Hélder Guerreiro	00:23:05	00:45:22	00:44:57	179	OMDPE - Org. Mundial para Desenvolvimento Pe	V35	45
182	694	Ricardo Carvalheiro	00:22:41	00:45:25	00:45:16	189		V35	46
183	857	Steven Santos	00:23:20	00:45:28	00:45:00	181		Senior	43
184	667	Rui Rodrigues	00:22:48	00:45:28	00:45:01	184	Pego&Rodrigues	V35	47
185	9103	Carlos Lima	00:23:23	00:45:28	00:44:55	177		V45	26
186	572	Joaquim Ferrão	00:22:58	00:45:29	00:45:08	187	G D C Banco de Portugal	V55	10
187	9037	Henrique Narciso	00:22:49	00:45:30	00:45:00	182		V50	11
188	9091	Armando Veríssimo	00:22:54	00:45:31	00:44:54	176	Referees Margem Sul	V35	48
189	9185	Filipa Fernandes	00:23:01	00:45:33	00:45:28	197	UFCl/Sadoport	V35	3
190	9121	João Caldeira	00:23:02	00:45:35	00:45:24	193		Senior	44
191	440	João Barreira	00:22:17	00:45:40	00:45:35	200		Senior	45
192	73	Valter Ferreira	00:22:30	00:45:42	00:45:35	201		Senior	46
193	581	Eduardo Braz	00:22:15	00:45:43	00:45:41	207	G D C Banco de Portugal	V40	43
194	837	Filipe Santos	00:22:54	00:45:45	00:45:24	192		V35	49
195	9130	João Noronha	00:22:20	00:45:46	00:45:41	208		V35	50
196	9206	Filipe Inacio	00:23:01	00:45:46	00:45:41	205	UFCl/Sadoport	V35	51
197	709	António Pilão	00:22:36	00:45:46	00:45:39	204		V40	44
198	48	Paulo Gomes	00:22:57	00:45:46	00:45:21	191	3DELTA	V40	45
199	669	Carlos Parreira	00:21:48	00:45:46	00:45:26	196	VFCE	Senior	47
200	9036	Luis Fidalgo	00:22:27	00:45:46	00:45:43	209		V45	27



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
201	47	José Tavares	00:22:57	00:45:49	00:45:24	194	3DELTA	V45	28
202	1103	Dinis Morais	00:23:45	00:45:50	00:45:19	190		V45	29
203	93	Abel Alves	00:23:15	00:45:50	00:45:07	186	rego runners	Senior	48
204	109	Gil Carneiro	00:22:42	00:45:50	00:45:37	203		V35	52
205	9096	Nuno Gomes	00:22:58	00:45:51	00:45:41	206		V40	46
206	9095	Pedro Cunha	00:23:14	00:45:55	00:45:36	202		V35	53
207	9083	Marco Borges	00:22:29	00:45:58	00:45:54	217		V35	54
208	9032	Manuel Alves	00:23:06	00:45:58	00:45:33	199		V45	30
209	812	José Matos	00:23:23	00:46:00	00:45:26	195		V55	11
210	949	Pedro Silva	00:23:05	00:46:01	00:45:57	220		V45	31
211	606	Nuno Pais	00:22:08	00:46:04	00:45:53	216		V35	55
212	1117	Manuel Oliveira	00:22:49	00:46:09	00:46:03	223		V45	32
213	846	Silvino Marreiros	00:22:38	00:46:11	00:46:07	225	C.A.D.T.Portucel Setubal	V45	33
214	518	João Valadeiro	00:23:23	00:46:11	00:45:47	212	Equipa	Senior	49
215	9286	João Oliveira	00:23:06	00:46:12	00:46:02	222		V40	47
216	9047	Isidro Ferreira	00:22:53	00:46:13	00:45:56	218		V55	12
217	175	Luis Palma	00:23:15	00:46:13	00:45:31	198		V35	56
218	989	José Amaral	00:23:33	00:46:15	00:45:45	210		V40	48
219	9008	Carlos Brito	00:23:36	00:46:18	00:45:57	219	Tálenos Team	V40	49
220	307	Paulo Almeida	00:22:53	00:46:21	00:46:06	224		V40	50



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
221	108	Ana Correia	00:23:06	00:46:21	00:46:09	229		V35	4
222	872	Joao Calisto	00:23:43	00:46:23	00:45:50	213		V55	13
223	325	Pedro Galvão	00:23:04	00:46:24	00:46:15	237	ACS-AMIGOS DA CORRIDA DE SALVATERRA	V35	57
224	9087	Paulo Oliveira	00:23:07	00:46:25	00:46:07	226		V40	51
225	9163	Joao Ferreira	00:23:08	00:46:25	00:46:12	233		V45	34
226	987	Miguel Ribeiro	00:23:24	00:46:26	00:46:08	228		V40	52
227	203	Tiago Paulo	00:23:20	00:46:29	00:46:20	241	GDC PORTOS DE SINES E DO ALGARVE	V40	53
228	9003	Pedro Freitas	00:22:56	00:46:30	00:46:24	247		V45	35
229	204	João Santos	00:22:55	00:46:30	00:46:21	242	GDC PORTOS DE SINES E DO ALGARVE	V35	58
230	781	Jose Alves	00:24:09	00:46:31	00:46:12	232		Senior	50
231	955	Pedro Antunes	00:24:16	00:46:33	00:45:53	215		Senior	51
232	9160	Miguel Lino	00:23:29	00:46:35	00:46:12	234		V45	36
233	30	Luís Pinto	00:23:14	00:46:35	00:46:24	245		V40	54
234	339	Antonio Sousa	00:23:31	00:46:36	00:45:59	221		V55	14
235	9261	Francisco Martins	00:24:08	00:46:37	00:45:52	214		V35	59
236	9066	Nuno Cunha	00:23:11	00:46:38	00:46:31	252		V35	60
237	374	Pedro Pereira	00:23:09	00:46:39	00:46:32	254		V35	61
238	281	Pedro Machado	00:23:36	00:46:39	00:46:23	244		V45	37
239	975	Bruno Gonçalves	00:24:24	00:46:40	00:45:46	211		Senior	52
240	9231	João Miguel	00:23:15	00:46:41	00:46:23	243		Senior	53



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
241	589	Pedro Fontoura	00:22:58	00:46:42	00:46:30	250	SS CGD	V45	38
242	308	Pedro Nunes	00:24:43	00:46:42	00:46:14	236		Senior	54
243	9188	Júlio Barão	00:24:17	00:46:43	00:46:08	227		V35	62
244	9223	Eduardo Rodrigues	00:23:28	00:46:44	00:46:38	261		V45	39
245	894	Dora Vilhena	00:23:59	00:46:44	00:46:10	230	clube Millennium BCP	V45	1
246	9174	Luís Alves	00:23:25	00:46:44	00:46:41	265	Kangaroo Runners	Senior	55
247	9109	Carlos Cardoso	00:22:19	00:46:45	00:46:40	263		Senior	56
248	9067	João Pinto	00:24:20	00:46:49	00:46:27	249		V45	40
249	1063	Alexandre Martins	00:23:37	00:46:49	00:46:31	251		Senior	57
250	968	Daniel Guerreiro	00:24:11	00:46:51	00:46:18	238		Senior	58
251	25	Claudio Moço	00:22:44	00:46:51	00:46:35	255	Sapecgroup	Senior	59
252	42	Paulo Santos	00:23:10	00:46:52	00:46:25	248		V50	12
253	478	Luis Graça	00:24:13	00:46:54	00:46:13	235		Senior	60
254	167	Fernando Marques	00:23:13	00:46:56	00:46:40	264	Tondela Runners	Senior	61
255	9288	Paulo Cabecinha	00:23:13	00:46:56	00:46:54	274		V40	55
256	9201	José Vestead	00:24:30	00:46:57	00:46:11	231		V45	41
257	1014	José Hilário	00:24:01	00:46:59	00:46:24	246		V55	15
258	80	Paulo Lopes	00:23:44	00:46:59	00:46:50	269		V45	42
259	1064	Carlos Ribafeita	00:23:58	00:47:00	00:46:19	239		Senior	62
260	1036	Bruno Silva	00:23:56	00:47:00	00:46:20	240		Senior	63



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
261	283	Pedro Pinto	00:23:03	00:47:01	00:46:56	275		Senior	64
262	251	Adelino Pereira	00:23:31	00:47:04	00:46:48	267	Odebrecht Portugal	V50	13
263	301	Constâncio Martins	00:23:48	00:47:04	00:46:35	259		V55	16
264	9283	Allan Apolónio	00:22:56	00:47:06	00:46:45	266		V35	63
265	464	Antonio Dasilva	00:23:21	00:47:07	00:47:04	280		V60	4
266	214	Mauricio Costa	00:23:40	00:47:08	00:46:52	272		V45	43
267	9094	Vitor Lourenço	00:23:36	00:47:09	00:46:50	270		V40	56
268	9107	André Pinho	00:24:02	00:47:09	00:46:36	260		Senior	65
269	530	Carlos Rézio	00:22:51	00:47:10	00:46:59	277	São Domingos Futebol Clube	V40	57
270	9090	Bruno Tavares	00:24:27	00:47:14	00:46:35	256	Referees Margem Sul	Senior	66
271	9124	João Estevão	00:23:15	00:47:16	00:47:05	281		V35	64
272	277	João Marmelo	00:24:43	00:47:16	00:46:35	258		Senior	67
273	9118	Fabio Rodrigues	00:24:17	00:47:18	00:46:31	253		Senior	68
274	538	Sérgio Machado	00:23:53	00:47:19	00:46:40	262		V35	65
275	640	Paulo Castro	00:23:19	00:47:21	00:47:14	284		Senior	69
276	9139	Nuno Madeira	00:24:05	00:47:21	00:46:49	268		V40	58
277	1120	Tiago Santos	00:23:44	00:47:22	00:47:13	283		Senior	70
278	1104	Jose Lopes	00:24:55	00:47:23	00:46:51	271		V40	59
279	247	Maurício Marques	00:24:42	00:47:28	00:46:35	257	Nanos	V40	60
280	71	Pedro Singéis	00:24:00	00:47:31	00:47:03	279		V45	44



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
281	99	Hélder Romão	00:22:31	00:47:31	00:47:17	290	Mais que Cuidar Running	V35	66
282	181	Carlos Silva	00:23:39	00:47:33	00:47:20	291		V50	14
283	406	Ana Francisco	00:24:20	00:47:33	00:47:26	299		V40	1
284	979	Orlando Teixeira	00:24:50	00:47:33	00:47:02	278		V45	45
285	405	Paulo Francisco	00:24:20	00:47:34	00:47:26	300		V45	46
286	1116	Tiago Ferreira	00:23:30	00:47:35	00:47:28	302		Senior	71
287	313	Filipe Gonçalves	00:24:00	00:47:35	00:46:57	276		V40	61
288	9088	João Mendes	00:23:11	00:47:35	00:47:24	298		V45	47
289	9289	Paulo Costa	00:23:57	00:47:36	00:47:30	304		V40	62
290	9276	Ezequiel Oliveira	00:23:30	00:47:38	00:47:16	288		V35	67
291	1110	Nuno Santos	00:22:53	00:47:39	00:47:34	309		V40	63
292	563	Jose Guerreiro	00:24:47	00:47:40	00:46:52	273	Serviços Sociais Montepio	V55	17
293	380	Ricardo Santos	00:23:46	00:47:40	00:47:30	306	Clube EDP Lisboa	V40	64
294	9082	João Nascimento	00:24:15	00:47:41	00:47:24	297		V50	15
295	435	Osman Aziz	00:24:43	00:47:41	00:47:21	292		Senior	72
296	1068	Possidónio Constântino	00:24:39	00:47:42	00:47:15	286	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V60	5
297	9222	Sara Velho	00:23:20	00:47:44	00:47:40	313		V40	2
298	497	Manuel Ferreira	00:23:51	00:47:44	00:47:15	287		V60	6
299	919	Carlos Martins	00:23:55	00:47:45	00:47:15	285	clube Millennium BCP	V45	48
300	222	Ricardo Brito	00:24:01	00:47:48	00:47:11	282	Referees Margem Sul	V35	68



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
301	1127	Laura Grilo	00:24:56	00:47:49	00:47:17	289		Senior	1
302	9258	Nelson Antunes	00:23:28	00:47:52	00:47:45	315		Senior	73
303	693	Teresa Canudo	00:23:43	00:47:55	00:47:50	318		V45	2
304	512	João Costa	00:24:00	00:47:56	00:47:27	301	ADCR-PJ	V45	49
305	411	Ricardo Pardal	00:23:39	00:47:56	00:47:31	307		Senior	74
306	218	Victor Camacho	00:24:41	00:47:56	00:47:53	321	SINGArunners	Senior	75
307	46	Carlos Batista	00:24:35	00:47:56	00:47:30	303	3DELTA	V40	65
308	827	Márcio Figueiredo	00:23:43	00:47:59	00:47:37	311		Senior	76
309	205	Fernanda Martins	00:23:40	00:47:59	00:47:54	322	GDC PORTOS DE SINES E DO ALGARVE	V50	2
310	9205	João Damásio	00:23:01	00:48:00	00:47:57	326	Kangaroo Runners	V40	66
311	366	José Monteiro	00:23:27	00:48:03	00:47:38	312		V40	67
312	457	Rui Rodrigues	00:24:11	00:48:03	00:47:35	310		V45	50
313	1086	Hernani Gaspar	00:24:28	00:48:05	00:47:50	319	Amigos Vale Silêncio	V50	16
314	724	Luís Lamas	00:24:15	00:48:06	00:47:54	323		V45	51
315	404	Pedro Serrano	00:23:47	00:48:06	00:47:59	328		Senior	77
316	9168	Paulo Ferreira	00:24:57	00:48:09	00:47:22	294		V35	69
317	9065	Jorge Antunes	00:25:35	00:48:12	00:47:21	293		V40	68
318	9184	Nuno Beijoca	00:25:05	00:48:13	00:47:23	296		V40	69
319	9190	Jorge Paulino	00:23:22	00:48:15	00:48:11	332		V35	70
320	9204	Flavio Monteiro	00:23:20	00:48:15	00:48:11	334		V40	70



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
321	365	Francisco Santos	00:24:14	00:48:16	00:47:51	320		V55	18
322	474	Alexandre Solposto	00:24:40	00:48:18	00:47:23	295		V35	71
323	1062	Pedro Cruz	00:24:24	00:48:18	00:47:40	314		Senior	78
324	644	Paulo Gaudêncio	00:24:14	00:48:21	00:47:56	324		V45	52
325	646	Paulo Forca	00:24:14	00:48:22	00:47:56	325		V40	71
326	354	José Lourenço	00:23:39	00:48:23	00:48:22	348		V50	17
327	482	Pedro Curto	00:24:36	00:48:23	00:47:34	308	Link	Senior	79
328	9246	João Alves	00:23:36	00:48:24	00:48:24	349		V45	53
329	1002	Tiago Oliviera	00:24:24	00:48:24	00:47:30	305		Senior	80
330	9244	Carla Cristina	00:23:37	00:48:25	00:48:24	351		V40	3
331	9240	Vítor Fernandes	00:23:37	00:48:25	00:48:19	345		Senior	81
332	135	Eduardo Canhoto	00:23:43	00:48:25	00:48:17	342		V40	72
333	270	Carlos Tavares	00:24:21	00:48:27	00:48:11	331		V45	54
334	731	Francisco Félix	00:25:11	00:48:30	00:47:46	317		V35	72
335	9049	Rui Barracha	00:24:52	00:48:31	00:47:59	327		V40	73
336	720	Antonio Ramos	00:23:56	00:48:32	00:48:26	354		V40	74
337	395	Cédric Monteiro	00:24:42	00:48:33	00:47:46	316	1ºDireito	Senior	82
338	948	Marco Guerra	00:24:19	00:48:34	00:48:25	352		V35	73
339	938	Samuel Martins	00:24:12	00:48:34	00:48:27	356		V40	75
340	618	Paulo Conceição	00:23:53	00:48:34	00:48:31	362		V35	74



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
341	207	Paulo Gomes	00:25:04	00:48:35	00:48:12	336	GDC PORTOS DE SINES E DO ALGARVE	V50	18
342	208	Nuno Ventura	00:25:04	00:48:36	00:48:12	335	GDC PORTOS DE SINES E DO ALGARVE	Senior	83
343	69	Joaquim Gonçalves	00:24:29	00:48:40	00:48:29	359		V45	55
344	609	Armando Oliveira	00:25:43	00:48:40	00:48:11	333		V50	19
345	258	Gerry Sanitz	00:24:59	00:48:40	00:48:08	330	Odebrecht Portugal	V45	56
346	151	Pedro Trigo	00:23:58	00:48:44	00:48:16	340		Senior	84
347	139	Daniel Reis	00:23:58	00:48:45	00:48:16	341	Os Conta-Kilómetros	Senior	85
348	943	Miguel Jerónimo	00:24:33	00:48:45	00:48:18	344		Senior	86
349	741	Carlos Gasopo	00:24:57	00:48:47	00:48:14	338	AGD Academia do Korpo	V50	20
350	393	Vitor Passarinho	00:25:05	00:48:50	00:48:20	346		V50	21
351	832	Tiago Salgueiro	00:25:10	00:48:50	00:48:07	329		V35	75
352	1027	Miguel Amaral	00:23:38	00:48:52	00:48:30	361		V40	76
353	963	Francisco Nobre	00:24:40	00:48:53	00:48:50	381	SINGArunners	V40	77
354	1021	Carlos Lopes	00:24:39	00:48:54	00:48:29	358		Senior	87
355	1029	Bruno Ribeiro	00:24:14	00:48:55	00:48:40	365		Senior	88
356	798	José Leitão	00:24:41	00:48:56	00:48:20	347		V40	78
357	984	António Santos	00:24:20	00:48:57	00:48:48	378		V40	79
358	779	Hugo Oliveira	00:24:44	00:48:58	00:48:12	337		V40	80
359	124	David Fernandes	00:24:37	00:48:59	00:48:50	380		Senior	89
360	545	Ricardo Dias	00:24:37	00:48:59	00:48:50	382		Senior	90



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
361	705	Ligia Costa	00:24:43	00:49:00	00:48:51	383	Pastelaria charlys	V45	3
362	9134	Nuno Santos	00:24:06	00:49:02	00:48:59	390		V40	81
363	849	Paulo Nunes	00:24:21	00:49:03	00:48:54	384		V40	82
364	763	Hugo Monteiro	00:25:41	00:49:05	00:48:14	339		Senior	91
365	256	Manuel Paulo	00:24:16	00:49:07	00:48:43	370	Odebrecht Portugal	V55	19
366	9105	Nuno Lucas	00:24:25	00:49:07	00:48:46	377	Tálenos Team	V40	83
367	217	António Raposo	00:24:57	00:49:11	00:48:44	374		V45	57
368	141	Pedro Almeida	00:24:41	00:49:12	00:49:09	402	SINGArunners	V35	76
369	9214	Steffen Schudt-Pialat	00:25:21	00:49:12	00:48:18	343		V40	84
370	68	Pedro Caldeira	00:26:01	00:49:12	00:48:34	364		V40	85
371	95	Vanda Parreira	00:24:40	00:49:13	00:49:09	400	SINGArunners	V35	5
372	561	Jaime Gomes	00:25:26	00:49:13	00:48:24	350	Serviços Sociais Montepio	V55	20
373	848	Antonio Franco	00:25:31	00:49:14	00:48:26	355	Serviços Sociais Montepio	V50	22
374	9148	Victor Ferreira	00:25:40	00:49:14	00:48:44	375	Ginja Team	V45	58
375	9172	Pedro Nunes	00:24:40	00:49:15	00:48:45	376	AGD Academia do Korpo	V40	86
376	9104	Vitor Marques	00:25:25	00:49:15	00:48:41	368		V55	21
377	9052	Luís Pires	00:25:25	00:49:15	00:48:41	367		V45	59
378	134	Hugo Moreira	00:25:13	00:49:16	00:48:32	363		V40	87
379	1031	Tito Teixeira	00:25:29	00:49:16	00:48:42	369		V35	77
380	1030	Diogo Leite	00:25:26	00:49:17	00:48:43	372		V45	60



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
381	483	Rodrigo Chiolas	00:26:05	00:49:18	00:48:30	360	Link	Senior	92
382	476	André Salgueiro	00:24:42	00:49:20	00:48:28	357		Senior	93
383	577	Filipa Gonçalves	00:24:40	00:49:20	00:49:15	408	G D C Banco de Portugal	Senior	2
384	576	Gina Cheio	00:24:40	00:49:20	00:49:14	407	G D C Banco de Portugal	V45	4
385	9227	Mario Gaspar	00:26:16	00:49:22	00:48:40	366	Tálenos Team	Senior	94
386	9221	David Gonçalves	00:24:00	00:49:24	00:49:09	401	E-CLUB	V40	88
387	72	Carlos Guerra	00:24:23	00:49:25	00:48:58	389		V45	61
388	1121	Paulo Serra	00:24:57	00:49:28	00:48:57	387		V40	89
389	9220	Manuel Escalona	00:24:29	00:49:28	00:49:14	406	E-CLUB	V40	90
390	163	Gerard Seelt	00:24:02	00:49:28	00:49:24	416		V50	23
391	761	Bruno Peixoto	00:25:00	00:49:29	00:48:25	353		V40	91
392	9173	Claudio Fragoso	00:23:36	00:49:32	00:49:29	421	Kangaroo Runners	V40	92
393	260	Thelmo Cunha	00:25:15	00:49:34	00:49:17	409	Odebrecht Portugal	V55	22
394	430	Jorge Ferro	00:26:26	00:49:36	00:48:43	373		V50	24
395	431	Mário Santos	00:26:26	00:49:36	00:48:43	371		V50	25
396	9099	Carlos Telhal	00:25:07	00:49:37	00:49:09	399		V45	62
397	9076	Rui Saleiro	00:25:54	00:49:38	00:49:00	392		V40	93
398	233	Jorge Campos	00:24:16	00:49:40	00:49:21	414		V50	26
399	834	Jose Serafim	00:25:12	00:49:41	00:48:55	385		V60	7
400	322	Arménio Andrade	00:25:05	00:49:41	00:49:31	422	ACS-AMIGOS DA CORRIDA DE SALVATERRA	V60	8



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
401	937	João Gomes	00:24:12	00:49:43	00:49:36	427		V40	94
402	9212	André Melo	00:23:47	00:49:43	00:49:32	423		Senior	95
403	237	Jorge Raminhas	00:24:42	00:49:45	00:49:27	419		Senior	96
404	9069	João Fernandes	00:25:42	00:49:45	00:48:56	386		Senior	97
405	164	Rui Reis	00:24:32	00:49:45	00:49:35	425		V45	63
406	335	Miguel Horta	00:24:29	00:49:46	00:49:08	398		Junior	1
407	680	Mário Lúcio	00:25:17	00:49:47	00:49:07	397		V50	27
408	854	Paulo Torres	00:25:08	00:49:47	00:48:48	379		Senior	98
409	552	Sónia Maurício	00:25:05	00:49:47	00:49:11	403		V40	4
410	708	Tiago Ferreira	00:25:22	00:49:48	00:49:25	418		Senior	99
411	9068	Bernardo Oliveira	00:25:26	00:49:49	00:49:25	417		V45	64
412	9129	Begelsbacher André	00:25:27	00:49:49	00:49:28	420		V50	28
413	317	Gonçalo Rosa	00:25:34	00:49:50	00:49:04	394	49.59 team	Senior	100
414	911	Antonio Almeida	00:25:06	00:49:51	00:49:33	424	clube Millennium BCP	V45	65
415	221	Sérgio Carvalho	00:25:28	00:49:51	00:49:13	404	Referees Margem Sul	Senior	101
416	265	Luis Ralha	00:25:18	00:49:52	00:48:58	388		V35	78
417	560	Andre Gaspar	00:25:49	00:49:54	00:49:05	395	Serviços Sociais Montepio	Senior	102
418	9040	João Vidinha	00:25:09	00:49:54	00:49:21	413		V40	95
419	329	Ricardo Brás	00:26:24	00:49:55	00:49:03	393	Memory Access, Lda	Senior	103
420	89	Joao Vigarario	00:25:47	00:49:55	00:49:00	391		Senior	104



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
421	491	João Farinha	00:26:16	00:49:56	00:49:24	415	Sporting Clube de Casainhos	Senior	105
422	355	Fernando Pereira	00:24:24	00:49:56	00:49:50	436		V50	29
423	970	Luis Alexandre	00:24:40	00:49:56	00:49:44	429		V45	66
424	747	Cláudia Teixeira	00:25:43	00:49:57	00:49:06	396		Senior	3
425	774	João Santos	00:24:45	00:49:57	00:49:19	410		V45	67
426	9161	Rui Baptista	00:24:13	00:49:58	00:49:52	439		V40	96
427	1001	David Almeida	00:24:59	00:50:00	00:49:35	426		V45	68
428	9140	Alexandre Vicente	00:26:04	00:50:02	00:49:13	405	Link	Senior	106
429	460	Luis Reis	00:24:32	00:50:04	00:49:54	441		V50	30
430	687	Gonçalo Pereira	00:25:12	00:50:06	00:49:49	434		V35	79
431	1078	Carlos Figueiredo	00:24:42	00:50:09	00:49:54	442		V55	23
432	9021	João Barata	00:24:58	00:50:10	00:49:47	431		Senior	107
433	9179	Rui Pereira	00:25:56	00:50:13	00:49:47	432	SS CGD	V45	69
434	801	Manuel Santos	00:25:57	00:50:16	00:49:21	412		Senior	108
435	9055	Carlos Correia	00:24:26	00:50:17	00:49:57	444		V45	70
436	391	Antonio Borla	00:25:32	00:50:21	00:49:52	440		V70	2
437	874	André Silva	00:26:12	00:50:22	00:50:00	447		V40	97
438	1004	Emídio Correia	00:25:08	00:50:24	00:49:19	411		V35	80
439	9237	Joao Miranda	00:25:41	00:50:26	00:50:05	449	Tálenos Team	V45	71
440	372	Rodrigo Santos	00:24:29	00:50:27	00:50:19	460		V40	98



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
441	684	Sofia Batista	00:25:34	00:50:27	00:49:49	435		Senior	4
442	157	António Almeida	00:24:53	00:50:28	00:50:00	446		V35	81
443	64	Paulo Cardim	00:26:01	00:50:28	00:49:51	438		V40	99
444	677	Carlos Gonçalves	00:26:30	00:50:29	00:49:46	430	Primos dos Pousos	Senior	109
445	333	Carlos Palma	00:26:30	00:50:30	00:49:56	443		V60	9
446	357	Jose Adrião	00:25:17	00:50:30	00:50:18	459		V40	100
447	600	Francisco Clerigo	00:25:01	00:50:31	00:50:21	463	SS CGD	V60	10
448	785	Luis Teles	00:24:59	00:50:32	00:50:00	445		V40	101
449	383	Luis Nunes	00:26:30	00:50:32	00:49:38	428	CJL	V40	102
450	1057	Rute Veríssimo	00:25:21	00:50:35	00:49:49	433		Senior	5
451	818	Ana Pasin	00:25:42	00:50:35	00:50:15	456		Senior	6
452	418	José Vaz	00:25:22	00:50:38	00:50:23	466	CLUBE ANACOM	V55	24
453	672	Hugo Parreira	00:25:02	00:50:38	00:50:16	457	VFCE	V40	103
454	194	Joana Costa	00:25:25	00:50:41	00:50:11	454	Os Conta-Kilómetros	Senior	7
455	1133	Bazílio Afonso	00:25:08	00:50:43	00:49:51	437		V55	25
456	9031	Paulo Nunes	00:26:12	00:50:44	00:50:17	458		V40	104
457	267	Marco Santos	00:25:53	00:50:44	00:50:27	469		Senior	110
458	1101	Luis Reves	00:25:05	00:50:44	00:50:12	455		V40	105
459	994	Nuno Martins	00:25:46	00:50:45	00:50:23	467		V40	106
460	35	Rui Vieira	00:25:55	00:50:46	00:50:02	448		V40	107



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
461	524	Mário Frias	00:25:19	00:50:47	00:50:22	465		Senior	111
462	499	Henrique Martins	00:25:02	00:50:47	00:50:20	461		V55	26
463	532	Filipe Silva	00:26:31	00:50:47	00:50:05	450		Senior	112
464	814	Agostinho Silva	00:26:01	00:50:49	00:50:08	453		Senior	113
465	298	Luís Gago	00:26:01	00:50:49	00:50:08	451		Senior	114
466	438	Nuno Gomes	00:25:22	00:50:52	00:50:31	472		Senior	115
467	111	Luis Matias	00:24:59	00:50:52	00:50:38	477	Mais que Cuidar Running	V55	27
468	1073	Paulino Rodrigues	00:25:14	00:50:53	00:50:32	474		V55	28
469	316	Tiago Santos	00:25:35	00:50:54	00:50:08	452	49.59 team	Senior	116
470	79	Gizela Mota	00:24:37	00:50:57	00:50:51	486		V40	5
471	519	João Pires	00:25:23	00:51:04	00:50:39	478	Equipa	Senior	117
472	9102	Aníbal Vieira	00:27:49	00:51:06	00:50:29	471		V45	72
473	9268	Francisco Oliveira	00:25:41	00:51:07	00:50:46	482	Tálenos Team	V35	82
474	597	Antonio Negrinho	00:25:40	00:51:07	00:50:51	487	SS CGD	V50	31
475	9045	Joaquim Veiga	00:26:01	00:51:08	00:50:36	475		V40	108
476	1055	Emanuel Batalha	00:25:21	00:51:10	00:50:24	468		V40	109
477	780	Henrique Sousa	00:25:43	00:51:11	00:50:20	462		Senior	118
478	192	José Costa	00:24:55	00:51:12	00:51:09	504	SINGAridders	V40	110
479	105	Diogo Sousa	00:24:55	00:51:12	00:51:09	502	SINGAridders	Junior	2
480	666	Jorge Pêgo	00:25:31	00:51:13	00:50:46	483	Pego&Rodrigues	V35	83



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
481	234	Bruno Pereira	00:26:11	00:51:13	00:50:37	476		V35	84
482	9112	Nuno Lopes	00:25:39	00:51:14	00:50:50	485		V40	111
483	128	Paulo Costa	00:25:18	00:51:14	00:51:03	495		V40	112
484	211	Marcos Faustino	00:25:36	00:51:16	00:51:07	499		V55	29
485	590	Pedro Henriques	00:25:45	00:51:18	00:51:00	494	SS CGD	Senior	119
486	118	Paulo Marques	00:26:04	00:51:18	00:50:42	481		V40	113
487	758	Rui Cabaço	00:25:43	00:51:20	00:50:28	470		V45	73
488	9203	Mário Silva	00:25:24	00:51:20	00:51:06	498		Senior	120
489	639	Rita Pesqueira	00:25:59	00:51:21	00:50:22	464		Senior	8
490	9208	Fernando Dias	00:25:44	00:51:21	00:50:41	480		V40	114
491	735	Raquel Figueiredo	00:26:05	00:51:22	00:51:11	509	CARNIDE RUNNING	V35	6
492	754	João Azevedo	00:26:35	00:51:26	00:50:32	473		Senior	121
493	465	João Mendes	00:25:41	00:51:27	00:50:58	493	Os Conta-Kilómetros	V40	115
494	683	Luís Fernandes	00:24:38	00:51:28	00:51:26	516		V45	74
495	895	Fernando Almeida	00:26:12	00:51:28	00:51:11	508	clube Millennium BCP	V45	75
496	893	Eduardo Vilhena	00:25:53	00:51:29	00:51:10	507	clube Millennium BCP	V45	76
497	9254	Paulo Monteiro	00:26:21	00:51:29	00:51:10	506	Tálenos Team	V40	116
498	9135	Mónica Monteiro	00:25:05	00:51:30	00:51:29	517		V40	6
499	9057	Carlos Fujão	00:26:26	00:51:30	00:51:24	514		V45	77
500	500	José Pinto	00:25:57	00:51:32	00:51:07	501		Senior	122



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
501	9011	Jose Cardoso	00:26:24	00:51:33	00:50:55	491		V50	32
502	268	Armando Geraldo	00:26:24	00:51:33	00:50:54	488		V45	78
503	746	Augusto Caria	00:25:39	00:51:33	00:51:23	512		V60	11
504	539	João Marreiros	00:25:34	00:51:34	00:50:56	492		V45	79
505	802	António Pereira	00:26:11	00:51:34	00:50:39	479		V45	80
506	517	João Santos	00:25:37	00:51:35	00:51:07	500	ASSOCIAÇÃO DE ATLETISMO LEBRES DO SA	V50	33
507	9285	António Lima	00:26:12	00:51:36	00:51:04	496		V45	81
508	200	Sérgio Timóteo	00:24:20	00:51:36	00:51:31	519	GDC PORTOS DE SINES E DO ALGARVE	V55	30
509	9145	José Caeiro	00:26:29	00:51:37	00:51:31	518		V35	85
510	9101	Luís Silva	00:26:31	00:51:37	00:50:49	484		Senior	123
511	384	Filipe Silva	00:25:06	00:51:40	00:51:31	521		V55	31
512	187	Nelson João	00:26:00	00:51:45	00:50:54	489		Senior	124
513	331	Pedro Horta	00:25:59	00:51:46	00:51:09	503		V50	34
514	328	Carlos Ferreira	00:26:24	00:51:46	00:50:55	490	Memory Access, Lda	Senior	125
515	993	Marcelino Falé	00:25:26	00:51:49	00:51:37	524		V60	12
516	9146	Hélia Parreira	00:26:26	00:51:49	00:51:42	527		V40	7
517	9010	Jacqueline Gaspar	00:26:29	00:51:51	00:51:45	532		V35	7
518	259	Jorge Monteiro	00:25:42	00:51:51	00:51:33	522	Odebrecht Portugal	V45	82
519	296	Marco Santos	00:26:01	00:51:53	00:51:10	505		V35	86
520	632	Fernando Jerónimo	00:25:49	00:51:56	00:51:22	511		V60	13



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
521	288	Bruno Marques	00:26:15	00:51:58	00:51:05	497		Senior	126
522	651	Marco Bajanca	00:26:48	00:52:00	00:51:15	510		V40	117
523	284	Tomás Teigão	00:26:59	00:52:03	00:51:40	525		Senior	127
524	990	Mikael Saraiva	00:26:32	00:52:06	00:51:42	528		Senior	128
525	9266	Tiago Delgado	00:23:42	00:52:09	00:52:01	538		Senior	129
526	385	Sérgio Balseiro	00:25:39	00:52:09	00:52:07	544		V40	118
527	1003	Carlos Damásio	00:25:03	00:52:13	00:51:24	515		Senior	130
528	1076	Jorge Nogueiro	00:26:26	00:52:16	00:51:24	513		V35	87
529	9218	Luis Rasteiro	00:26:16	00:52:17	00:51:36	523	Tálenos Team	V40	119
530	515	Luis Pinto	00:25:22	00:52:17	00:51:40	526		V35	88
531	9070	João Mira	00:25:52	00:52:20	00:52:00	536		V35	89
532	11	Alexandre Tam	00:26:26	00:52:21	00:52:10	547		V35	90
533	9012	Luís Cruz	00:26:14	00:52:22	00:51:52	533		V35	91
534	450	Filipe Afonso	00:26:11	00:52:24	00:52:08	545		V40	120
535	201	Miguel Dias	00:25:40	00:52:24	00:52:16	549	GDC PORTOS DE SINES E DO ALGARVE	V45	83
536	9178	Nilda Silva	00:26:28	00:52:25	00:51:53	534	SS CGD	Senior	9
537	18	Gilberto Gonçalves	00:26:34	00:52:27	00:51:55	535		V65	2
538	753	António Capela	00:25:41	00:52:28	00:52:05	540		V50	35
539	612	Pedro Batista	00:25:52	00:52:29	00:51:31	520		V35	92
540	9263	Nuno Silva	00:25:45	00:52:30	00:52:09	546	Tálenos Team	V40	121



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
541	641	Nuno Morgado	00:26:09	00:52:31	00:52:05	542		V35	93
542	441	Pedro Salgueiro	00:27:27	00:52:32	00:51:42	529	Sawadee	Senior	131
543	481	Manuel Vieira	00:26:28	00:52:34	00:51:43	530	Link	Senior	132
544	551	Fernando Agostinho	00:25:59	00:52:35	00:52:24	554		V35	94
545	78	Orlando Quina	00:26:34	00:52:40	00:52:05	541		V45	84
546	145	Pedro Silva	00:26:41	00:52:42	00:52:06	543		Senior	133
547	9035	Rui Nascimento	00:26:52	00:52:43	00:51:45	531		V40	122
548	9033	Rui Nunes	00:26:23	00:52:45	00:52:38	569		V50	36
549	719	Filipe Oliveira	00:27:50	00:52:47	00:52:12	548		Senior	134
550	900	Nuno Raminhos	00:26:56	00:52:47	00:52:37	565	clube Millennium BCP	V45	85
551	650	Carlos Guerreiro	00:25:11	00:52:47	00:52:29	558		V45	86
552	550	Helena Fonseca	00:27:23	00:52:48	00:52:38	568		V35	8
553	232	Ricardo Sacoto	00:25:42	00:52:50	00:52:01	537		Senior	135
554	152	Liliana Henriques	00:25:58	00:52:53	00:52:23	553		Senior	10
555	1074	Carlos Carracha	00:26:44	00:52:53	00:52:33	562		V40	123
556	1065	Otelinda Sousa	00:26:27	00:52:54	00:52:37	567		V35	9
557	601	Hugo Venancio	00:26:51	00:52:57	00:52:47	573	SS CGD	V35	95
558	828	Rui Mota	00:26:50	00:52:57	00:52:28	557		Senior	136
559	9018	Júlio Ferreira	00:25:30	00:52:58	00:52:49	576		V40	124
560	835	Paulo Enes	00:26:23	00:52:58	00:52:31	559		V40	125



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
561	9193	José Peixe	00:26:14	00:52:58	00:52:51	579	GO!Runners	V35	96
562	713	Ricardo Claro	00:27:49	00:52:58	00:52:23	551		V35	97
563	448	Frederico Manuel	00:26:34	00:53:00	00:52:36	563		V35	98
564	657	David Guedes	00:26:34	00:53:03	00:52:18	550		Senior	137
565	101	Pedro Araújo	00:26:36	00:53:05	00:52:43	571		V40	126
566	9191	Anderson Capuzzo	00:27:42	00:53:07	00:52:05	539		V40	127
567	9073	Bruno Gonçalves	00:25:33	00:53:07	00:52:57	583		V35	99
568	340	Fernando Fernandes	00:26:42	00:53:08	00:52:54	580	IMOSEGURO	V40	128
569	9004	Paulo Ferreira	00:26:28	00:53:10	00:53:05	592		V50	37
570	107	Pedro Duarte	00:26:24	00:53:10	00:52:43	572		V40	129
571	831	Joana Silva	00:27:15	00:53:11	00:52:27	556		Senior	11
572	9097	Rui Brites	00:26:23	00:53:11	00:52:51	578	Tálenos Team	V40	130
573	562	Jose Gaspar	00:26:33	00:53:11	00:52:23	552	Serviços Sociais Montepio	V55	32
574	1080	Rui Cardoso	00:26:46	00:53:12	00:52:49	577		V40	131
575	755	Luís Arruda	00:29:06	00:53:13	00:52:27	555		V40	132
576	586	Miguel Carvalho	00:26:53	00:53:15	00:52:58	586	SS CGD	V35	100
577	877	Paulo Pacheco	00:27:45	00:53:17	00:52:36	564		V45	87
578	65	António Pombinho	00:25:33	00:53:18	00:52:55	582		V55	33
579	967	Renato Angelino	00:27:32	00:53:19	00:52:37	566		V40	133
580	733	Abel Figueiredo	00:26:44	00:53:21	00:53:10	598	CARNIDE RUNNING	V65	3



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
581	954	Hugo Ramalho	00:27:45	00:53:22	00:52:41	570		V40	134
582	816	Joaquim Azevedo	00:27:19	00:53:24	00:53:07	594		V50	38
583	9131	Maria Movilha	00:27:19	00:53:24	00:53:08	596		V45	5
584	9247	António Polido	00:27:54	00:53:28	00:52:48	574		V40	135
585	1040	Ricardo Santos	00:27:17	00:53:29	00:52:55	581	2x1	V35	101
586	544	Paulo Falcão	00:26:38	00:53:29	00:53:13	604		Senior	138
587	9211	Eugenia Gomes	00:26:41	00:53:31	00:53:24	612	Tálenos Team	V35	10
588	9127	Nuno Martins	00:27:19	00:53:31	00:53:14	606		V35	102
589	908	Joaquim Fulgencio	00:26:12	00:53:31	00:53:14	605	clube Millennium BCP	V55	34
590	845	Renato Moreira	00:27:50	00:53:32	00:52:57	585	C.A.D.T.Portucel Setubal	Senior	139
591	1054	Miguel Anjos	00:26:25	00:53:32	00:52:32	561		V40	136
592	883	Francisco Valadas	00:28:20	00:53:35	00:52:31	560	Carcassone	Senior	140
593	389	Joao Fonseca	00:28:20	00:53:36	00:52:49	575		Senior	141
594	9128	Armindo Mendes	00:26:58	00:53:37	00:53:09	597		V40	137
595	120	João Lopes	00:25:37	00:53:37	00:53:37	621		V50	39
596	9054	Bruno Romão	00:26:58	00:53:38	00:53:10	600		Senior	142
597	9167	Claudia Saraiva	00:27:01	00:53:39	00:53:05	591		V35	11
598	605	Tiago Tusto	00:25:45	00:53:40	00:53:02	588		Senior	143
599	909	Carlos Santo	00:26:15	00:53:41	00:53:40	622	clube Millennium BCP	V55	35
600	920	Pedro Sa	00:26:15	00:53:41	00:53:40	624	clube Millennium BCP	V40	138



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
601	132	José Pedro	00:26:58	00:53:42	00:53:10	599		V60	14
602	9252	Sónia Martins	00:27:30	00:53:42	00:52:57	584		V35	12
603	378	Maria Cortesão	00:25:56	00:53:45	00:53:42	626	Clube EDP Lisboa	Senior	12
604	852	Artur Correia	00:25:32	00:53:45	00:53:04	590		Senior	144
605	607	Ângela Batista	00:27:04	00:53:48	00:53:11	601		Senior	13
606	312	Fernando Amaral	00:26:18	00:53:50	00:53:44	631		V50	40
607	850	Ricardo Viegas	00:27:06	00:53:51	00:53:42	628		V35	103
608	31	Hugo Colaço	00:26:28	00:53:52	00:53:01	587	RPC	V35	104
609	778	Rafael Lopes	00:27:42	00:53:53	00:53:05	593		Junior	3
610	664	Franco Wudich	00:27:34	00:53:54	00:53:21	609	RunLovers	V50	41
611	629	Andreia Estrela	00:27:18	00:53:54	00:53:16	608		V40	8
612	202	Fernando Fragateiro	00:27:56	00:53:55	00:53:12	602	GDC PORTOS DE SINES E DO ALGARVE	V55	36
613	206	Paulo Azevedo	00:26:12	00:53:55	00:53:50	635	GDC PORTOS DE SINES E DO ALGARVE	V45	88
614	278	Joaquim Rebelo	00:27:04	00:53:56	00:53:15	607		V55	37
615	43	Luiz Rosa	00:27:23	00:53:56	00:53:25	613	Clube Atletismo Amigos de Belém	V60	15
616	479	Carlos Franco	00:27:35	00:53:56	00:53:08	595		V40	139
617	396	Christiane Monteiro	00:27:07	00:53:59	00:53:12	603	1ºDireito	Senior	14
618	1023	António Pinheiro	00:26:31	00:54:00	00:53:55	638		V40	140
619	1126	Maria Viegas	00:26:14	00:54:01	00:53:56	639		V50	3
620	986	Rui Santos	00:26:36	00:54:01	00:53:42	630		V40	141



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
621	1007	Pedro Mendes	00:27:40	00:54:03	00:54:00	646	Kangaroo Runners	V40	142
622	773	Paulo Salústio	00:26:43	00:54:04	00:53:41	625		V50	42
623	494	Nuno Pereira	00:26:44	00:54:10	00:53:58	641	Sporting Clube de Casainhos	V40	143
624	582	Francisco Nobre	00:28:21	00:54:12	00:53:31	617	G D C Banco de Portugal	Senior	145
625	1015	Francisco Macheta	00:27:35	00:54:14	00:53:22	611		V40	144
626	1087	Olívia Gaspar	00:27:35	00:54:14	00:53:22	610		V45	6
627	9014	Luis Romaneiro	00:27:54	00:54:15	00:53:42	627	CORRIDAS E COMIDAS	V55	38
628	621	José Melo	00:26:04	00:54:18	00:54:05	650		V45	89
629	565	Luis Reis	00:27:07	00:54:19	00:53:31	614	Serviços Sociais Montepio	V55	39
630	245	Pedro Almeida	00:28:26	00:54:21	00:53:31	616		Senior	146
631	9072	Fernando Sardinha	00:26:40	00:54:22	00:54:04	649		V40	145
632	53	Diogo Lucas	00:26:42	00:54:22	00:54:12	657		Senior	147
633	759	Ines Brito	00:28:05	00:54:22	00:53:31	615		Senior	15
634	410	Pedro Raposo	00:26:35	00:54:22	00:53:59	643		Senior	148
635	1128	Luís Segadães	00:27:17	00:54:23	00:53:51	636		V40	146
636	762	Pedro Vicente	00:28:05	00:54:24	00:53:32	618		Senior	149
637	599	Fernando Alves	00:27:41	00:54:25	00:53:40	623	SS CGD	V50	43
638	9279	Sérgio Serafim	00:27:18	00:54:26	00:54:00	645		V35	105
639	368	Tiago Alves	00:29:28	00:54:28	00:54:06	652		Senior	150
640	823	Nelson Zacarias	00:28:22	00:54:29	00:54:09	655	Zacarias	Senior	151



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
641	1072	Izabelle Gabrieli	00:25:45	00:54:29	00:54:24	667		V40	9
642	273	Élio Lavado	00:28:22	00:54:29	00:54:03	647		Senior	152
643	596	Antonio Ferreira	00:27:31	00:54:30	00:54:05	651	SS CGD	V60	16
644	795	Filipe Neves	00:27:39	00:54:31	00:53:57	640		V45	90
645	794	Filipe Tiago	00:27:39	00:54:32	00:53:58	642		V45	91
646	910	Artur Leite	00:26:26	00:54:32	00:54:12	656	clube Millennium BCP	V50	44
647	673	José Modesto	00:26:35	00:54:33	00:54:13	659	VFCE	V45	92
648	668	Elisabete Monteiro	00:26:35	00:54:33	00:54:15	660	VFCE	Senior	16
649	90	Bruno Silva	00:26:57	00:54:35	00:53:46	632	rego runners	V40	147
650	91	Carlos Dias	00:26:22	00:54:36	00:53:46	633	rego runners	V35	106
651	873	Julia Calisto	00:28:05	00:54:37	00:54:03	648		V50	4
652	569	Nuno Gomes	00:27:53	00:54:39	00:53:37	620		Senior	153
653	1094	Sofia Braz	00:27:38	00:54:42	00:53:49	634		Senior	17
654	729	Carlos Andrade	00:27:40	00:54:43	00:53:42	629		V45	93
655	631	Paulo Serrano	00:27:03	00:54:43	00:54:27	669		V45	94
656	127	Antonio Ribeiro	00:26:32	00:54:45	00:54:37	679		V50	45
657	1091	Nuno Filipe	00:30:22	00:54:45	00:53:36	619	WR - CLA	V35	107
658	1058	Tiago Aldrabinha	00:27:00	00:54:47	00:54:00	644		Senior	154
659	469	Sergio Carrola	00:27:23	00:54:48	00:54:42	686		V35	108
660	585	Bruno Lemos	00:27:20	00:54:51	00:54:18	661		V35	109



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
661	1067	Rafael Lopez	00:28:01	00:54:52	00:54:28	670		V40	148
662	614	Fábio Vaz	00:26:42	00:54:52	00:53:54	637		Senior	155
663	433	Renato Domingos	00:28:28	00:54:56	00:54:32	673		V50	46
664	415	Claudia Mestre	00:28:28	00:54:56	00:54:32	672		V35	13
665	9048	Pedro Canto	00:27:50	00:54:57	00:54:20	664		V35	110
666	568	Teresa Cardoso	00:27:48	00:54:58	00:54:18	662	Serviços Sociais Montepio	V35	14
667	190	Nuno Raminhas	00:26:03	00:54:58	00:54:40	683		V40	149
668	9155	Jose Maruta	00:27:50	00:54:58	00:54:20	665		V55	40
669	306	Hélio Augusto	00:28:34	00:55:01	00:54:21	666	Azeitão Running	V35	111
670	1100	Paulo Soares	00:27:19	00:55:02	00:54:29	671		V35	112
671	804	Rui Costa	00:27:20	00:55:03	00:54:07	653		V45	95
672	983	Hugo Leitão	00:27:20	00:55:03	00:54:08	654		Senior	156
673	369	Ramiro Borrego	00:28:06	00:55:03	00:54:38	680		V50	47
674	787	Patrícia Narciso	00:28:05	00:55:03	00:54:38	681		V40	10
675	796	Ivo Figueira	00:26:48	00:55:05	00:54:26	668		Senior	157
676	712	José Martins	00:26:07	00:55:05	00:54:40	682		V45	96
677	722	Vitor Antunes	00:28:25	00:55:08	00:54:19	663		V45	97
678	889	Carlos Tome	00:27:14	00:55:08	00:54:42	685	clube Millennium BCP	V60	17
679	1099	Pedro Silva	00:28:55	00:55:08	00:54:13	658		V40	150
680	660	Ana Dinis	00:27:17	00:55:11	00:54:57	698		Senior	18



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
681	9078	José Santos	00:28:07	00:55:12	00:54:44	688		V40	151
682	658	José Dinis	00:27:20	00:55:13	00:55:00	701		V45	98
683	336	Antónia Horta	00:27:15	00:55:14	00:54:36	677		V50	5
684	162	Ricardo Santos	00:27:52	00:55:15	00:55:04	704		Senior	158
685	314	Carlos Fino	00:27:52	00:55:15	00:55:04	707		V45	99
686	536	Pedro Furtado	00:26:59	00:55:15	00:54:35	674		Senior	159
687	9119	André Salvado	00:27:47	00:55:16	00:54:48	691		V40	152
688	927	Miguel Fernandes	00:27:46	00:55:17	00:55:09	712		V40	153
689	926	Miguel Fernandes	00:27:46	00:55:17	00:55:10	714		V40	154
690	165	Carlos Teixeira	00:27:49	00:55:19	00:55:05	709	Tondela Runners	V65	4
691	168	Pedro Morgado	00:27:50	00:55:19	00:55:04	706	Tondela Runners	Senior	160
692	166	Sérgio Teixeira	00:27:49	00:55:20	00:55:05	708	Tondela Runners	Senior	161
693	9274	Bruno Almeida	00:27:55	00:55:21	00:54:48	690		Senior	162
694	57	Mario Freire	00:28:41	00:55:22	00:54:36	676		V60	18
695	892	Eduardo Pinto	00:26:30	00:55:22	00:55:04	705	clube Millennium BCP	V45	100
696	865	Rogério Rodrigues	00:27:26	00:55:22	00:54:59	699		V35	113
697	847	Geraldo Fernandes	00:28:24	00:55:24	00:54:40	684	C.A.D.T.Portucel Setubal	V60	19
698	177	Custódio Gonçalves	00:27:16	00:55:24	00:55:02	703		V45	101
699	189	Bruno Gonçalves	00:27:08	00:55:25	00:55:02	702		Senior	163
700	841	Manuel Cardim	00:28:24	00:55:25	00:54:42	687	C.A.D.T.Portucel Setubal	V60	20



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
701	1088	Fábio Marques	00:28:40	00:55:27	00:54:37	678		Senior	164
702	829	João Duarte	00:27:46	00:55:27	00:55:19	720		V35	114
703	266	Antonio Jorge	00:27:46	00:55:27	00:54:53	694		V60	21
704	757	Maria Cabaço	00:28:27	00:55:28	00:54:36	675		V40	11
705	1123	Carlos Rosa	00:28:00	00:55:28	00:54:57	697		Senior	165
706	23	Eduardo Silva	00:27:03	00:55:29	00:55:13	716	Sapecgroup	V45	102
707	718	João Arruda	00:29:37	00:55:32	00:54:45	689		Senior	166
708	88	Joao Santos	00:27:34	00:55:32	00:54:53	695		V40	155
709	625	Catarina Henriques	00:28:37	00:55:33	00:53:02	589	pace.makers	V35	15
710	490	Ana Baptista	00:28:18	00:55:34	00:54:54	696	Sporting Clube de Casainhos	Senior	19
711	921	Dulce Ramos	00:27:21	00:55:35	00:55:07	710	clube Millennium BCP	V45	7
712	824	Filipa Zacarias	00:28:37	00:55:35	00:55:14	717	Zacarias	Senior	20
713	156	Carla Correia	00:27:25	00:55:35	00:55:28	728		V40	12
714	696	João Jones	00:27:49	00:55:39	00:55:24	724		V50	48
715	77	Luís Martins	00:28:37	00:55:40	00:55:07	711		V60	22
716	420	Sérgio Antunes	00:27:09	00:55:42	00:55:28	729	CLUBE ANACOM	V45	103
717	786	Jose Coelho	00:27:31	00:55:46	00:55:32	731		V45	104
718	49	Paula Gomes	00:28:13	00:55:47	00:55:11	715	3DELTA	V40	13
719	504	Ana Saldanha	00:27:37	00:55:47	00:55:42	736		V40	14
720	659	Paula Dinis	00:27:17	00:55:48	00:55:34	733		V45	8



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
721	1129	Inês Teixeira	00:28:39	00:55:48	00:55:18	719		V35	16
722	739	Paulo Marçal	00:27:53	00:55:49	00:55:34	732	E-CLUB	V40	156
723	727	Igor Gomes	00:31:16	00:55:54	00:54:50	692		Senior	167
724	527	Gustavo Belo	00:28:43	00:55:55	00:55:17	718		Junior	4
725	51	Marcos Martins	00:28:18	00:55:56	00:55:50	742		V35	115
726	969	Alexandre Vasco	00:29:39	00:55:56	00:55:00	700		V40	157
727	584	Igor Sousa	00:28:38	00:55:58	00:54:52	693		Senior	168
728	334	Manuel Barros	00:27:37	00:55:58	00:55:20	721		V55	41
729	9257	Catarina Varges	00:28:31	00:55:59	00:55:27	727		V40	15
730	178	Ron Franken	00:27:45	00:55:59	00:55:55	746		V60	23
731	695	José Barreira	00:28:25	00:56:00	00:55:10	713	FunBus - Barreiro	V50	49
732	303	Nuno Nogueira	00:28:40	00:56:01	00:55:24	723		V40	158
733	304	Fernando Pereira	00:28:34	00:56:06	00:55:26	726	Azeitão Running	V40	159
734	628	João Niza	00:28:39	00:56:10	00:55:20	722	FunBus - Barreiro	V45	105
735	717	Paulo Arruda	00:29:37	00:56:11	00:55:25	725		V45	106
736	707	Pedro Costa	00:28:11	00:56:16	00:55:47	738	Pastelaria charlys	Junior	5
737	654	Rute Gomes	00:27:44	00:56:16	00:56:11	754		V40	16
738	702	Bruno Gomes	00:26:22	00:56:18	00:56:10	752		V35	116
739	9044	Virginia Fonseca	00:27:56	00:56:19	00:55:46	737		V40	17
740	1034	Sandro Prates	00:27:22	00:56:27	00:55:32	730		V35	117



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
741	9151	Carla Garcia	00:28:30	00:56:28	00:55:50	741		V45	9
742	498	Antonio Martinho	00:27:46	00:56:29	00:56:01	747		V60	24
743	9278	Carlos Soares	00:30:17	00:56:29	00:55:49	740		V45	107
744	442	Tiago Salgueiro	00:28:13	00:56:30	00:55:39	734	Sawadee	Senior	169
745	9058	Adriano Soeiro	00:28:33	00:56:31	00:56:03	750		V35	118
746	932	Ana Barata	00:27:29	00:56:31	00:56:23	761	G.D.R. São Francisco da Serra	V55	1
747	82	Susana Martins	00:28:33	00:56:31	00:56:03	749		V35	17
748	133	Miguel Silva	00:29:52	00:56:32	00:55:49	739		Senior	170
749	456	Claudio Milheiro	00:29:09	00:56:32	00:55:40	735		V40	160
750	681	Miguel Pernas	00:27:52	00:56:32	00:56:18	759		V35	119
751	1033	Pedro Machado	00:26:30	00:56:33	00:56:30	763		V40	161
752	489	Vanda Ferreira	00:28:18	00:56:33	00:55:53	745	Sporting Clube de Casainhos	V40	18
753	772	Miguel Sobral	00:28:36	00:56:34	00:56:03	748		Senior	171
754	775	Paulo Colaço	00:28:37	00:56:34	00:56:04	751		V35	120
755	9110	Simão Santana	00:28:46	00:56:36	00:56:12	757		V35	121
756	445	Nuno Picamilho	00:28:30	00:56:40	00:56:11	755	Alibaba	V35	122
757	371	Carlos Carvalho	00:28:14	00:56:42	00:56:16	758		V50	50
758	9196	Bruno Machado	00:27:10	00:56:42	00:56:29	762		Senior	172
759	424	Antonio Raimundo	00:28:53	00:56:48	00:56:32	766		V50	51
760	622	Rafael Sousa	00:29:58	00:56:51	00:55:53	743		Senior	173



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
761	608	Nelson Sousa	00:29:58	00:56:51	00:55:53	744		V45	108
762	9061	Miguel Soares	00:26:58	00:56:51	00:56:44	774		Senior	174
763	9177	Joao Correia	00:28:07	00:56:55	00:56:39	768	SS CGD	V55	42
764	776	Maria Esteves	00:27:39	00:56:56	00:56:49	778		V50	6
765	891	Fernando Ferreira	00:26:11	00:56:58	00:56:52	780	clube Millennium BCP	V65	5
766	488	Bruno Rosa	00:30:13	00:56:58	00:56:10	753		Junior	6
767	815	Artur Pires	00:28:00	00:57:06	00:56:31	764		V60	25
768	726	Luís Feliz	00:27:49	00:57:07	00:56:32	767		V35	123
769	636	Susi Carvalho	00:27:39	00:57:08	00:57:02	788		V45	10
770	70	Marco Miguel	00:28:30	00:57:09	00:56:47	776		V35	124
771	947	Teresa Soares	00:27:58	00:57:09	00:56:56	783		V45	11
772	578	André Leite	00:29:02	00:57:10	00:56:43	770	G D C Banco de Portugal	Senior	175
773	583	Vanessa Almeida	00:29:02	00:57:11	00:56:44	772	G D C Banco de Portugal	Senior	21
774	740	Helena Oliveira	00:29:34	00:57:11	00:56:12	756	Mais que Cuidar Running	V45	12
775	764	David Sabino	00:28:05	00:57:11	00:56:44	771		Senior	176
776	417	Jaime Afonso	00:28:24	00:57:13	00:56:57	786	CLUBE ANACOM	V50	52
777	9202	Paulo Rodrigues	00:27:39	00:57:15	00:57:02	789		Senior	177
778	153	Sandra Marques	00:28:32	00:57:15	00:56:44	773		Senior	22
779	9113	Carlos Sampaio	00:28:05	00:57:19	00:56:57	785		V50	53
780	9060	Rita Casquinha	00:29:26	00:57:19	00:56:53	782		V35	18



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
781	9242	João Velez	00:29:26	00:57:19	00:56:52	779		V35	125
782	905	Pedro Murca	00:28:29	00:57:23	00:57:02	790	clube Millennium BCP	V45	109
783	1096	José Guimarães	00:28:55	00:57:26	00:56:31	765		V55	43
784	876	Pedro Fontes	00:30:18	00:57:28	00:56:47	775		V35	126
785	769	Mario Vinhas	00:30:25	00:57:29	00:56:21	760		V45	110
786	627	Francisco Pires	00:28:46	00:57:29	00:56:40	769	FunBus - Barreiro	V40	162
787	676	Jorge Sousa	00:28:40	00:57:30	00:56:48	777	Primos dos Pousos	V40	163
788	9142	João Barros	00:28:39	00:57:32	00:57:01	787		V45	111
789	9171	Nuno Paisana	00:28:39	00:57:34	00:57:04	792	AGD Academia do Korpo	V40	164
790	346	Manuel Jacinto	00:28:23	00:57:37	00:56:53	781		V60	26
791	13	João Maia	00:29:20	00:57:37	00:57:14	798		V35	127
792	84	Jorge Brito	00:29:20	00:57:37	00:57:14	799		V40	165
793	982	Carlos Correia	00:28:21	00:57:39	00:57:08	793		V45	112
794	977	Fernando Gonçalves	00:28:24	00:57:39	00:57:09	795		V40	166
795	976	Carlos Ferreira	00:28:22	00:57:40	00:57:09	796		V40	167
796	981	Gabriel Sousa	00:28:22	00:57:40	00:57:09	797		V40	168
797	661	Maria Dinis	00:28:26	00:57:46	00:57:32	811		Junior	1
798	593	Rui Oliveira	00:28:07	00:57:46	00:57:31	808	SS CGD	V45	113
799	767	Tiago Ribeiro	00:28:40	00:57:51	00:57:04	791		Senior	178
800	1035	Cheila Susana	00:29:32	00:57:52	00:57:16	802		Senior	23



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
801	870	Magda Neiva	00:29:32	00:57:52	00:57:15	800		Senior	24
802	235	Décio Dias	00:31:06	00:57:55	00:57:52	823		V35	128
803	487	Carlos Rosa	00:30:13	00:57:55	00:57:08	794		V45	114
804	652	Paulo Santos	00:27:43	00:57:59	00:57:28	803		V40	169
805	783	Nuno Santos	00:29:22	00:57:59	00:57:33	813		V50	54
806	853	Paulo Goulão	00:29:15	00:58:01	00:57:40	814		V40	170
807	425	Antonio Faria	00:28:58	00:58:02	00:57:28	804		V60	27
808	1102	Filipe Brito	00:30:22	00:58:03	00:56:56	784		V40	171
809	647	Filipa Queiroz	00:29:08	00:58:05	00:57:16	801		Senior	25
810	546	Paula Soares	00:26:53	00:58:07	00:58:02	832		V45	13
811	956	Jennifer Oliveira	00:29:18	00:58:10	00:57:32	809		Senior	179
812	934	Antonio Oliveira	00:29:18	00:58:11	00:57:33	812		V50	55
813	944	João Traquete	00:28:52	00:58:16	00:57:49	822		V55	44
814	119	Ricardo Freitas	00:28:09	00:58:16	00:58:03	833		V35	129
815	1056	Fábio Cartaxo	00:28:38	00:58:19	00:57:32	810		Senior	180
816	594	Antonio Botelho	00:29:10	00:58:19	00:57:47	821	SS CGD	V50	56
817	419	Fernando Varela	00:28:44	00:58:23	00:58:09	837	CLUBE ANACOM	V40	172
818	62	Fernando Sebastião	00:28:55	00:58:24	00:57:54	825		V35	130
819	522	Luís Anselmo	00:28:31	00:58:26	00:57:44	815		V35	131
820	1124	Ricardo Candeias	00:29:25	00:58:31	00:57:30	805		V40	173



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
821	656	Catarina Cabanas	00:29:21	00:58:31	00:57:46	818		Senior	26
822	688	Perpétua Crispim	00:29:25	00:58:31	00:57:31	807		V40	19
823	817	Junior Pasin	00:29:37	00:58:33	00:58:13	839		V35	132
824	766	Nuno Gonçalves	00:28:45	00:58:33	00:58:19	847		V50	57
825	570	António Pereira	00:29:25	00:58:34	00:58:13	838	G D C Banco de Portugal	V70	3
826	9043	Dina Vidinha	00:29:00	00:58:35	00:58:03	834		V35	19
827	40	Nelson Inácio	00:28:38	00:58:36	00:58:17	844		V45	115
828	613	Álvaro Jorge	00:28:06	00:58:37	00:57:30	806		V55	45
829	1005	Cristiana Real	00:28:33	00:58:39	00:58:30	854		V40	20
830	158	Sara Barata	00:28:47	00:58:40	00:58:04	835		Senior	27
831	123	Gil Pereira	00:30:09	00:58:42	00:57:45	816		V45	116
832	148	Julio Costa	00:30:10	00:58:42	00:57:45	817		V45	117
833	458	Jose Costa	00:29:02	00:58:43	00:58:13	840		V55	46
834	250	Hugo Fernandes	00:27:37	00:58:43	00:58:18	846		Senior	181
835	249	João Antunes	00:27:38	00:58:43	00:58:18	845		Senior	182
836	1071	Edgar Serrano	00:28:32	00:58:45	00:57:52	824		Senior	183
837	995	Paulo Apolinário	00:31:08	00:58:47	00:57:47	819		V35	133
838	997	Francisco Pinto	00:31:08	00:58:47	00:57:47	820		V40	174
839	300	Luis Godinho	00:28:35	00:58:47	00:58:31	855	IMOSEGURO	V40	175
840	432	Cristina Rosendo	00:52:40	00:58:49	00:57:55	827		V45	14



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
841	9290	Ricardo Pato	00:28:02	00:58:50	00:58:47	863		V35	134
842	112	Hugo Cavacas	00:30:05	00:58:50	00:58:15	843		V35	135
843	789	Marco Silva	00:30:36	00:58:50	00:57:54	826		Senior	184
844	808	Pedro Medeiros	00:30:21	00:58:51	00:58:15	842		V40	176
845	784	Hugo Dias	00:30:20	00:58:51	00:58:15	841		V35	136
846	56	Luis Silva	00:29:47	00:58:54	00:58:01	830		V45	118
847	100	Patricia Severo	00:30:13	00:58:57	00:58:02	831	Mais que Cuidar Running	Junior	2
848	615	Mónica Martins	00:29:15	00:58:58	00:57:59	828		Senior	28
849	899	Rodolfo Lima	00:29:07	00:58:58	00:58:39	858	clube Millennium BCP	V45	119
850	595	Antonio Carpinteiro	00:29:20	00:59:01	00:58:49	867	SS CGD	V70	4
851	416	Sónia Santos	00:29:50	00:59:04	00:58:49	868	CLUBE ANACOM	V45	15
852	1118	Carlos Sardinha	00:29:13	00:59:04	00:58:07	836		V40	177
853	52	João Mayor	00:29:24	00:59:06	00:59:04	875		V65	6
854	875	Nelson Caravela	00:30:18	00:59:07	00:58:27	852		V35	137
855	9108	Francisco Paulos	00:29:32	00:59:07	00:58:44	861		V35	138
856	81	Marcos Pontinha	00:29:33	00:59:08	00:58:46	862		V35	139
857	399	Gonçalo Marques	00:30:08	00:59:12	00:58:01	829		V35	140
858	358	Margarida Cardoso	00:29:02	00:59:12	00:59:00	873		V40	21
859	514	Inês Martins	00:29:18	00:59:13	00:58:40	859		Senior	29
860	715	Cláudia Tam	00:30:36	00:59:16	00:58:23	851	Açoreana	Senior	30



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
861	624	João Melo	00:30:36	00:59:16	00:58:20	848	Açoreana	Senior	185
862	9165	Daniel Martins	00:29:20	00:59:17	00:59:06	876		Senior	186
863	436	Filipa Pimenta	00:29:21	00:59:18	00:58:58	872		Senior	187
864	1134	Ana Afonso	00:30:37	00:59:19	00:58:23	850		Senior	31
865	1038	Joana Branco	00:28:10	00:59:25	00:59:08	878		Senior	32
866	1037	Miguel Vale	00:28:11	00:59:25	00:59:07	877		Senior	188
867	473	Carmen Cabral	00:30:05	00:59:27	00:58:44	860	Clube Robbialac	V40	22
868	836	Rui Pinto	00:29:50	00:59:27	00:58:30	853		V50	58
869	1020	Nuno Gomes	00:30:15	00:59:28	00:58:33	856		V45	120
870	398	Ana Baracinha	00:30:09	00:59:28	00:58:20	849		V35	20
871	566	Lurdes Ferreira	00:28:15	00:59:31	00:58:51	870	Serviços Sociais Montepio	V50	7
872	9170	Nuno Martins	00:28:47	00:59:31	00:58:50	869		V40	178
873	44	Alberto Cano	00:30:39	00:59:31	00:58:49	866	Clube Atletismo Amigos de Belém	V60	28
874	842	José Galveia	00:29:22	00:59:34	00:58:53	871	C.A.D.T.Portucel Setubal	V60	29
875	548	Bruno Nobre	00:29:47	00:59:35	00:58:49	864		Senior	189
876	507	Gonçalo Mendes	00:29:37	00:59:41	00:58:49	865		Senior	190
877	449	Adriana Pais	00:30:03	00:59:44	00:59:09	879		Senior	33
878	351	Nuno Grandão	00:29:53	00:59:44	00:58:36	857		V40	179
879	468	André Pereira	00:27:18	00:59:51	00:59:36	890		Senior	191
880	161	Gonçalo Patricio	00:30:32	00:59:52	00:59:20	881		V35	141



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
881	429	José Ribeiro	00:30:48	00:59:54	00:59:01	874		V45	121
882	160	Joanna Bachmatiuk	00:31:07	00:59:55	00:59:50	897		Senior	34
883	9158	Valter Nunes	00:29:36	00:59:57	00:59:31	886		Senior	192
884	9157	Angela Nunes	00:29:36	00:59:57	00:59:31	887		Senior	35
885	382	Jorge Nunes	00:31:36	01:00:04	00:59:10	880	CJL	V40	180
886	1046	Marisa Gonçalves	00:29:25	01:00:08	01:00:03	904		V35	21
887	706	Paulo Costa	00:28:43	01:00:14	00:59:45	894	Pastelaria charlys	V45	122
888	616	Gonçalo Palmas	00:26:58	01:00:14	01:00:00	901		Senior	193
889	540	Bruno Lourenço	00:29:12	01:00:15	00:59:33	888		V35	142
890	9259	Mario Santos	00:31:09	01:00:15	00:59:55	899		V45	123
891	880	Filipe Ferreira	00:30:15	01:00:18	00:59:33	889		Senior	194
892	182	Joao Soares	00:30:57	01:00:18	00:59:38	891		V40	181
893	290	José Teixeira	00:29:40	01:00:20	01:00:05	905	Tondela Runners	V55	47
894	703	Maria Caseiro	00:31:28	01:00:21	00:59:20	884		Senior	36
895	9197	Ricardo Gameiro	00:31:28	01:00:21	00:59:20	883		V45	124
896	9199	Cláudio Caseiro	00:31:29	01:00:21	00:59:20	882		V35	143
897	506	Alfredo Pinhal	00:30:01	01:00:24	00:59:40	892		V60	30
898	116	Rita Queiroz	00:30:58	01:00:28	00:59:44	893		V40	23
899	653	Orlando Rodrigues	00:29:45	01:00:30	01:00:01	902		V50	59
900	414	Vítor Santos	00:31:17	01:00:30	00:59:27	885		Senior	195



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
901	587	Patricia Tavares	00:30:58	01:00:31	00:59:47	896	SS CGD	V35	22
902	564	Luis Farinha	00:29:09	01:00:32	00:59:53	898	Serviços Sociais Montepio	V45	125
903	9002	João Vieira	00:32:14	01:00:36	00:59:45	895		V40	182
904	682	Paula Ferreira	00:29:34	01:00:38	01:00:19	909		V40	24
905	9022	Rui Santos	00:30:04	01:00:42	01:00:39	914		V40	183
906	704	Judite Viegas	00:30:59	01:00:52	01:00:09	906	Pastelaria charlys	V45	16
907	381	Cesar Guerra	00:31:36	01:00:57	01:00:03	903	CJL	V45	126
908	386	Bruno Farola	00:31:17	01:01:02	00:59:58	900		Senior	196
909	394	João Baêta	00:28:25	01:01:04	01:00:49	917	IMOSEGURO	V60	31
910	9141	Lurdes António	00:30:28	01:01:05	01:00:17	908	Link	V45	17
911	558	David Oliveira	00:27:44	01:01:13	01:00:44	915		Junior	7
912	426	Vitor Picado	00:31:30	01:01:14	01:00:12	907		Senior	197
913	9038	Nuno Molero	00:29:36	01:01:14	01:01:08	928		V40	184
914	1000	Marco Soares	00:30:53	01:01:18	01:00:38	913		V35	144
915	9234	Gonçalo Caldeira	00:30:04	01:01:18	01:00:58	920		Senior	198
916	942	Antonio Ourives	00:29:24	01:01:26	01:01:17	930		V45	127
917	743	Henrique Vilhena	00:32:24	01:01:29	01:00:34	912		V60	32
918	295	Luis Val	00:29:47	01:01:37	01:00:44	916		V40	185
919	409	Sofia Horta	00:31:09	01:01:44	01:00:32	911		Senior	37
920	408	Hugo Horta	00:31:09	01:01:44	01:00:32	910		V35	145



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
921	549	Ricardo Fonseca	00:29:57	01:01:48	01:01:39	941		V35	146
922	315	Gonçalo Santos	00:29:20	01:01:49	01:01:00	921	49.59 team	Senior	199
923	744	Constança Quinteiro	00:31:45	01:01:52	01:01:15	929		Senior	38
924	957	Nuno Lagrange	00:31:22	01:01:53	01:01:04	925		V40	186
925	1137	Cremilda Pires	00:55:33	01:01:53	01:01:18	931		V45	18
926	174	Rui Álvares	00:31:22	01:01:53	01:01:04	923		V45	128
927	287	Alexandre Costa	00:30:21	01:01:54	01:01:32	939		V50	60
928	443	Carla Martins	00:30:29	01:01:54	01:01:04	924	Sawadee	Senior	39
929	886	Nuno Reis	00:30:30	01:01:57	01:00:54	918	Carcassone	Senior	200
930	793	Rafael Silva	00:26:43	01:02:00	01:01:26	937		Junior	8
931	9143	Pedro Fernandes	00:28:55	01:02:01	01:01:44	944		V40	187
932	884	Pedro Barosa	00:31:27	01:02:01	01:00:56	919	Carcassone	Senior	201
933	619	Ana Macedo	00:31:33	01:02:02	01:01:03	922		V35	23
934	662	Henrique Guedes	00:30:40	01:02:06	01:01:21	932		V55	48
935	9123	Luis Torrão	00:31:32	01:02:07	01:01:23	934	G.D.C.T. REPSOL POLÍMEROS	V60	33
936	655	Inês Cabanas	00:30:40	01:02:07	01:01:22	933		Senior	40
937	360	Joaquim Nazário	00:31:33	01:02:08	01:01:24	935	G.D.C.T. REPSOL POLÍMEROS	V70	5
938	467	Nuno Duarte	00:31:17	01:02:09	01:01:07	926		Senior	202
939	375	Rodrigo Leal	00:31:17	01:02:09	01:01:07	927		Senior	203
940	327	Rosa Silva	00:30:18	01:02:11	01:01:48	947	ACS-AMIGOS DA CORRIDA DE SALVATERRA	Senior	41



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
941	324	Nuno Silva	00:30:18	01:02:11	01:01:48	946	ACS-AMIGOS DA CORRIDA DE SALVATERRA	Senior	204
942	376	Diogo Ferreira	00:28:34	01:02:12	01:01:25	936		Senior	205
943	670	Rute Barão	00:29:40	01:02:12	01:01:53	949	VFCE	V35	24
944	871	Silvia Mendes	00:31:56	01:02:14	01:01:31	938		V35	25
945	379	Nuno Gomes	00:30:29	01:02:15	01:02:03	951	Clube EDP Lisboa	V45	129
946	9042	Martinho Dias	00:30:29	01:02:25	01:02:23	954		V40	188
947	1039	Vanda Covas	00:31:38	01:02:25	01:01:51	948	2x1	Senior	42
948	701	Fernando Dedeiras	00:31:52	01:02:31	01:01:38	940		V35	147
949	9081	Vitor Freitas	00:31:05	01:02:33	01:01:41	943		V50	61
950	9062	Antonio Carapuça	00:31:06	01:02:33	01:01:41	942		V55	49
951	630	Marco Roque	00:30:41	01:02:34	01:02:22	953		V40	189
952	745	Diana Martins	00:31:53	01:02:39	01:02:28	957		Senior	43
953	224	Carlos Louro	00:29:37	01:02:44	01:02:26	955		Junior	9
954	930	Andreia Santos	00:29:40	01:02:46	01:02:27	956	VFCE	V35	26
955	1089	Catarina Azevedo	00:31:32	01:02:50	01:01:44	945	WR - CLA	V35	27
956	9189	Pedro Varelas	00:30:48	01:02:57	01:02:40	960		Senior	206
957	276	Helena Rebelo	00:31:20	01:03:02	01:02:21	952		Senior	44
958	1017	Raquel Mateus	00:31:27	01:03:03	01:02:43	962		V35	28
959	1018	João Poeira	00:31:27	01:03:04	01:02:43	963		V35	148
960	671	Telma Sebastião	00:29:41	01:03:04	01:02:45	965	VFCE	V35	29



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
961	555	Tiago Rita	00:31:04	01:03:05	01:01:59	950		Senior	207
962	838	Cátia Junqueira	00:30:24	01:03:06	01:02:55	967		Senior	45
963	856	António Costa	00:30:24	01:03:06	01:02:55	966		Senior	208
964	610	Tiago Oliveira	00:30:16	01:03:12	01:02:42	961		Senior	209
965	9089	Susana Mendes	00:30:16	01:03:13	01:03:01	972		V40	25
966	1092	Paulo Maia	00:30:02	01:03:13	01:03:00	970		V50	62
967	463	Rita Barros	00:31:03	01:03:14	01:02:59	968		V40	26
968	1093	Nuno Santos	00:30:01	01:03:14	01:03:00	971		V40	190
969	502	Andreia Soares	00:31:25	01:03:18	01:03:15	979	Chiquititas	V35	30
970	9207	Bruno Santos	00:31:53	01:03:24	01:03:10	977		Senior	210
971	710	Anhya Kochetova	00:31:53	01:03:24	01:03:10	976		Senior	46
972	299	Quirina Oliveira	00:31:28	01:03:25	01:02:43	964		Senior	47
973	9029	Elisabete Azougado	00:30:04	01:03:25	01:03:05	974	Tálenos Team	V40	27
974	678	Porfirio Vaz	00:32:00	01:03:28	01:02:31	958		V35	149
975	150	Paulo Silva	00:32:02	01:03:42	01:02:37	959		V40	191
976	952	Sara Ramalho	00:32:59	01:03:43	01:02:59	969		Senior	48
977	728	Lina Gomes	00:31:53	01:03:45	01:03:33	986		V35	31
978	9006	Rui Girão	00:29:56	01:03:47	01:03:36	989		Senior	211
979	825	João Costa	00:32:43	01:03:47	01:03:04	973		V50	63
980	154	Luis Trigo	00:30:54	01:03:52	01:03:21	981		V35	150



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
981	280	Custódio Teigão	00:30:19	01:03:53	01:03:29	984		V60	34
982	9120	Filipe Abreu	00:31:07	01:03:56	01:03:15	978		Senior	212
983	649	Luis Pereira	00:32:29	01:03:57	01:03:36	990		V60	35
984	321	Ana Panela	00:31:40	01:04:01	01:03:45	998	IMOSEGURO	V40	28
985	523	Paula Anselmo	00:31:47	01:04:01	01:03:20	980		V35	32
986	648	Ana-Alice Pereira	00:31:20	01:04:04	01:03:43	997		V50	8
987	9026	Francisco Sarrasqueiro	00:31:18	01:04:05	01:03:35	988		V65	7
988	862	Mónica Quarenta	00:33:21	01:04:06	01:03:08	975	Açoreana	V40	29
989	611	Ana Vieira	00:31:39	01:04:06	01:03:33	985		V35	33
990	543	Ana Jacinto	00:31:05	01:04:09	01:03:58	1001		Senior	49
991	213	Hilário Cardoso	00:32:37	01:04:13	01:03:37	991		V50	64
992	674	Filipa Santos	00:31:08	01:04:14	01:03:54	1000	VFCE	V35	34
993	915	Jorge Colaço	00:31:03	01:04:14	01:03:54	999	clube Millennium BCP	V55	50
994	1026	Joao Semide	00:31:35	01:04:15	01:03:39	992		Senior	213
995	521	Vítor Anselmo	00:31:27	01:04:17	01:03:35	987		Senior	214
996	9100	Paula Soares	00:32:38	01:04:17	01:03:28	983		Senior	50
997	293	José Cardoso	00:32:37	01:04:17	01:03:41	993		V55	51
998	36	Cláudia Bento	00:31:45	01:04:21	01:04:15	1006		V35	35
999	184	António Carrilho	00:30:36	01:04:22	01:04:16	1007		V50	65
1000	592	Raquel Martins	00:30:36	01:04:22	01:04:19	1010	SS CGD	Senior	215



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1001	9255	Paulo Estrela	00:30:25	01:04:23	01:03:42	995		Senior	216
1002	274	Ana Rebelo	00:31:20	01:04:23	01:03:43	996		Senior	51
1003	275	Luís Vilhena	00:31:20	01:04:23	01:03:42	994		V35	151
1004	748	Anabela Marques	00:30:39	01:04:26	01:04:18	1009		V40	30
1005	1090	Filipa Figueira	00:31:43	01:04:29	01:03:22	982	WR - CLA	V35	36
1006	459	Luis Raimundo	00:32:35	01:04:36	01:04:20	1012		Junior	10
1007	791	António Amaral	00:31:40	01:04:37	01:04:20	1011	Amaral	V55	52
1008	110	Filipa Leitão	00:31:58	01:04:40	01:04:05	1004		V40	31
1009	97	João Alexandre	00:30:18	01:04:41	01:04:36	1022	SINGArunners	V35	152
1010	1095	Carlos Cagica	00:30:40	01:04:41	01:04:08	1005		V50	66
1011	86	Joao Nogueira	00:31:07	01:04:44	01:04:36	1021		V50	67
1012	444	Antonio Albuquerque	00:31:17	01:04:46	01:04:17	1008	Alibaba	V45	130
1013	471	Paulo Cabral	00:31:58	01:04:47	01:04:04	1003	Clube Robbialac	V40	192
1014	503	Elisabete Simão	00:31:26	01:04:47	01:04:45	1029	Chiquititas	V45	19
1015	400	Paulo Alves	00:33:18	01:04:54	01:03:59	1002		V50	68
1016	367	Edgar Santos	00:31:04	01:04:57	01:04:32	1019		Senior	217
1017	1006	Susana Jesus	00:31:28	01:05:01	01:04:26	1017		V40	32
1018	901	Henrique Alves	00:31:03	01:05:02	01:04:43	1027	clube Millennium BCP	V45	131
1019	898	Joao Seborro	00:33:15	01:05:02	01:04:22	1013	clube Millennium BCP	V45	132
1020	777	Carla Neves	00:31:50	01:05:06	01:04:39	1024		Senior	52



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1021	257	Luisa Alves	00:31:34	01:05:09	01:04:45	1028	Odebrecht Portugal	V35	37
1022	136	Luis Silva	00:33:09	01:05:11	01:04:39	1023		V70	6
1023	50	Sérgio Gonçalves	00:30:17	01:05:16	01:04:41	1025		Senior	218
1024	66	Manuel Moço	00:30:17	01:05:16	01:04:41	1026		V50	69
1025	598	Cristiana Reis	00:31:46	01:05:20	01:05:05	1033	SS CGD	V35	38
1026	803	Tiago Ferreira	00:33:03	01:05:21	01:04:23	1015		V35	153
1027	806	Rita Jesus	00:33:10	01:05:21	01:04:23	1014		Senior	53
1028	1070	Oscar Moreno	00:33:03	01:05:21	01:04:24	1016		V40	193
1029	349	Marina Martins	00:34:41	01:05:24	01:04:33	1020		V40	33
1030	126	Joaquim Cavaco	00:32:28	01:05:28	01:05:15	1034		V70	7
1031	470	Ricardo Cardoso	00:34:41	01:05:28	01:04:30	1018		V35	154
1032	1077	António Bila	00:34:06	01:05:28	01:04:53	1031	Clube Olimpico de Oeiras	V55	53
1033	1112	Nuno Rosa	00:31:10	01:05:32	01:04:52	1030		V35	155
1034	973	Francisco Periera	00:30:35	01:05:53	01:05:50	1037		Senior	219
1035	689	Rute Gonçalves	00:33:10	01:05:59	01:04:56	1032		V35	39
1036	353	Joana Marques	00:32:10	01:06:01	01:05:48	1036		V35	40
1037	907	Alexandra Aniceto	00:31:05	01:06:02	01:05:34	1035	clube Millennium BCP	V40	34
1038	252	Antonio Alves	00:32:14	01:06:53	01:06:29	1040	Odebrecht Portugal	V60	36
1039	9126	Elisabete Pinhel	00:32:30	01:06:56	01:06:38	1044		V40	35
1040	223	Ricardo Seabra	00:32:35	01:07:00	01:06:10	1038		V35	156



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1041	822	Dina Alegria	00:31:38	01:07:03	01:06:42	1045		V35	41
1042	992	Ana Narigueta	00:31:35	01:07:03	01:06:48	1046		V35	42
1043	172	Marco Barradas	00:31:39	01:07:10	01:06:49	1047	Tálenos Team	V45	133
1044	37	Johnny Thomassen	00:31:54	01:07:14	01:06:54	1048		V55	54
1045	22	João Faria	00:31:11	01:07:16	01:06:29	1041	Coyote and Road Runner, Inc.	V35	157
1046	529	Otilia Quintiao	00:32:37	01:07:19	01:07:05	1050	Mais que Cuidar Running	V40	36
1047	998	Ana Gonçalves	00:32:54	01:07:23	01:06:24	1039		V40	37
1048	20	Pedro Araújo	00:32:25	01:07:25	01:07:12	1051		V35	158
1049	1098	António Silva	00:31:52	01:07:32	01:06:37	1043		V45	134
1050	996	Luisa Carapinha	00:32:54	01:07:36	01:06:36	1042		V45	20
1051	501	Hugo Branco	00:31:13	01:07:41	01:07:05	1049		V40	194
1052	972	Juliana Figueiredo	00:32:25	01:07:52	01:07:44	1059		Senior	54
1053	971	Andreia Gonçalves	00:32:25	01:07:52	01:07:44	1060		Senior	55
1054	516	João Areal	00:31:55	01:07:53	01:07:39	1058		V45	135
1055	359	Carlos Carmo	00:33:46	01:08:08	01:07:25	1054	G.D.C.T. REPSOL POLÍMEROS	V60	37
1056	805	Ângelo Prates	00:32:04	01:08:12	01:07:17	1052		V35	159
1057	988	Karine Morais	00:34:41	01:08:14	01:07:24	1053		V45	21
1058	41	Luis Monteiro	00:33:00	01:08:17	01:07:35	1056		V35	160
1059	239	Daniela Oliveira	00:34:00	01:08:18	01:08:04	1064		Senior	56
1060	238	Rita Silva	00:34:00	01:08:18	01:08:05	1066		V35	43



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1061	361	Maria Teixeira	00:33:20	01:08:24	01:08:08	1068	G.D.C.T. REPSOL POLÍMEROS	V45	22
1062	916	Manuel Marta	00:33:20	01:08:25	01:07:39	1057	clube Millennium BCP	V70	8
1063	9226	Maria Aldeia	00:31:14	01:08:26	01:08:05	1065	Tálenos Team	V50	9
1064	885	Vasco Conceição	00:31:37	01:08:31	01:07:28	1055	Carcassone	Senior	220
1065	904	Jorge Gama	00:33:16	01:08:31	01:07:56	1062	clube Millennium BCP	V40	195
1066	129	Duarte Fonseca	00:33:49	01:08:36	01:07:45	1061		V45	136
1067	320	Gabriel Rodrigues	00:35:51	01:08:38	01:08:07	1067	IMOSEGURO	V40	196
1068	591	Raquel Caeiro	00:33:53	01:08:41	01:08:09	1069	SS CGD	V40	197
1069	679	Célia Marçal	00:33:18	01:08:54	01:07:58	1063		V35	44
1070	477	Mafalda Santos	00:33:14	01:09:22	01:09:06	1076		Senior	57
1071	623	Nicole Antunes	00:34:16	01:09:25	01:08:57	1073		Senior	58
1072	9187	Tiago Cordeiro	00:34:16	01:09:26	01:08:57	1074		V35	161
1073	721	Sónia Capitão-Mor	00:34:17	01:09:29	01:08:47	1072		V35	45
1074	723	Carla Ferreira	00:34:10	01:09:29	01:08:46	1070		V35	46
1075	9150	Luis Garcia	00:34:42	01:09:38	01:08:47	1071		V45	137
1076	985	Patrícia Melo	00:35:39	01:09:58	01:08:59	1075		Senior	59
1077	29	Jorge Ferro	00:34:09	01:10:02	01:09:39	1078		V45	138
1078	179	Natasha Rodrigues	00:32:21	01:10:06	01:09:56	1080		V40	38
1079	180	Carlos Cruz	00:32:20	01:10:06	01:09:57	1081		V35	162
1080	94	Jorge Lourenço	00:33:32	01:10:16	01:09:31	1077	rego runners	V35	163



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1081	9250	Renato Batista	00:33:14	01:10:28	01:10:12	1083		Senior	221
1082	9262	João Ribeiro	00:33:14	01:10:29	01:10:12	1084		Senior	222
1083	269	Ana Dias	00:32:53	01:10:35	01:10:18	1086		V35	47
1084	240	Iolanda Monteiro	00:34:15	01:10:52	01:10:22	1087		V35	48
1085	397	Paulo Martins	00:33:04	01:11:06	01:10:18	1085	1ºDireito	V45	139
1086	9027	Sérgio Cavaco	00:34:49	01:11:06	01:10:27	1089		V40	198
1087	526	Inês Clemente	00:35:37	01:11:12	01:10:06	1082		Senior	60
1088	588	Paulo Correia	00:35:55	01:11:17	01:10:33	1090	SS CGD	V45	140
1089	212	Inês Damião	00:34:32	01:11:17	01:10:59	1096		Junior	3
1090	246	Catarina Reis	00:35:52	01:11:19	01:10:25	1088	Nanos	V40	39
1091	21	Ivone Costa	00:35:26	01:11:24	01:10:37	1091	Coyote and Road Runner, Inc.	Senior	61
1092	27	Susana Martins	00:35:25	01:11:24	01:10:38	1092	Saltámos do Sofá	Senior	62
1093	26	Filipe Martins	00:35:26	01:11:24	01:11:21	1101	Saltámos do Sofá	Senior	223
1094	830	Manuel Neves	00:34:58	01:11:26	01:11:03	1098	Tálenos Team	V50	70
1095	797	João Alves	00:36:18	01:11:32	01:10:53	1095		V35	164
1096	525	Anabela Gregório	00:34:37	01:11:39	01:11:22	1102		V40	40
1097	935	Paulo Filipe	00:35:53	01:11:43	01:11:04	1099		V45	141
1098	858	Ma Hung	00:35:17	01:11:46	01:11:02	1097	Açoreana	V65	1
1099	770	Luis Neves	00:34:51	01:11:46	01:10:49	1094	Açoreana	V40	199
1100	716	Tam Afonso	00:34:51	01:11:46	01:10:47	1093	Açoreana	V60	38



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1101	492	Daniela Andrade	00:34:22	01:12:00	01:11:53	1105		Senior	63
1102	319	Sandra Rodrigues	00:35:51	01:12:03	01:11:31	1103	IMOSEGURO	V35	49
1103	882	Joana Sousa	00:34:08	01:12:12	01:11:08	1100	Carcassone	Senior	64
1104	626	Patrícia Rosa	00:36:08	01:12:25	01:09:54	1079	pace.makers	V35	50
1105	1122	Ana Serra	00:37:04	01:12:43	01:12:12	1108		V40	41
1106	617	Susana Tavares	00:37:00	01:12:46	01:11:40	1104		Senior	65
1107	645	Pedro Pinto	00:34:49	01:12:47	01:11:58	1106		V35	165
1108	643	Hugo Santos	00:34:49	01:12:47	01:11:58	1107		V35	166
1109	1043	Paulo Luís	00:34:46	01:13:31	01:12:56	1110		V50	71
1110	255	Luis Santos	00:32:52	01:13:41	01:13:25	1112	Odebrecht Portugal	V55	55
1111	263	João Andrade	00:32:52	01:13:41	01:13:25	1113	Odebrecht Portugal	V45	142
1112	730	Catarina Soares	00:35:56	01:13:44	01:13:02	1111		Senior	66
1113	350	Magda Leitão	00:34:41	01:13:47	01:12:55	1109		V45	23
1114	1114	Mariana Soares	00:35:35	01:13:51	01:13:38	1114		Junior	4
1115	1113	António Soares	00:35:35	01:13:52	01:13:39	1115		V45	143
1116	401	Isabel Caldeira	00:37:11	01:14:19	01:13:46	1116		V40	42
1117	39	Goncalo Moreira	00:36:43	01:14:32	01:14:10	1119		V35	167
1118	38	Angela Malveiro	00:36:43	01:14:33	01:14:11	1120		Senior	67
1119	54	André Lucas	00:34:56	01:14:35	01:14:25	1121		Senior	224
1120	155	Helena Gonçalves	00:35:58	01:14:47	01:14:09	1118		V45	24



Das Auto.

Classificações

Class.	Dorsal	Atleta	Tempo 5 Km	Tempo Oficial	Tempo Chip	Class. Chip	Clube	Escalão	Class. Escalão
1121	423	Patrícia Pataco	00:35:45	01:14:48	01:14:28	1122		Senior	68
1122	633	Joaquina Cortinhas	00:35:44	01:14:48	01:14:29	1123		V45	25
1123	130	Paula Fonseca	00:36:02	01:14:57	01:14:07	1117		V45	26
1124	887	Célio Cortegaça	00:36:50	01:15:21	01:14:44	1124		V35	168
1125	364	Guilherme Rosa	00:37:20	01:15:59	01:15:11	1125	49.59 team	Senior	225
1126	422	Sara Aziz	00:36:45	01:15:59	01:15:41	1127		Junior	5
1127	749	Paulo Gomes	00:37:19	01:16:39	01:15:37	1126		Senior	226
1128	196	Maria Belo	00:36:57	01:16:43	01:15:59	1128		V40	43
1129	195	Madalena Belo	00:36:57	01:16:43	01:15:59	1129		Junior	6
1130	946	Bruno Brás	00:38:00	01:16:47	01:16:39	1133		V40	200
1131	962	Ana Aires	00:37:33	01:16:57	01:16:10	1130	Finhões	Senior	69
1132	961	Nuno Morgadinho	00:37:33	01:16:58	01:16:10	1131	Finhões	V35	169
1133	261	Vera Silva	00:36:57	01:17:06	01:16:51	1137	Odebrecht Portugal	V55	2
1134	528	Jorge Belo	00:36:58	01:17:15	01:16:39	1132		V50	72
1135	32	Sara Afonso	00:36:45	01:17:34	01:16:42	1136	RPC	Senior	70
1136	210	Alexandra Pereira	00:35:22	01:17:38	01:16:40	1134		V35	51
1137	9085	Carlos Ludovino	00:35:21	01:17:40	01:16:41	1135		V40	201
1138	137	Maria Patrício	00:37:53	01:17:56	01:17:24	1138		V65	2
1139	74	Sara Sousa	00:37:47	01:18:10	01:18:09	1139	Tartarugas Solidarias	V35	52
1140	821	Catia Pinhel	00:37:29	01:18:50	01:18:32	1140		Senior	71



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1141	810	Dário Duarte	00:35:25	01:21:37	01:21:00	1141		Senior	227
1142	765	Mafalda Andre	00:35:25	01:21:38	01:21:02	1142		Senior	72
1143	9156	Francisca Maruta	00:40:09	01:22:09	01:22:03	1147		V50	10
1144	220	João Camacho	00:38:46	01:22:09	01:21:42	1145	SINGArunners	V55	56
1145	809	António Marques	00:38:57	01:22:10	01:21:43	1146		V65	8
1146	159	Luis Carlos	00:38:56	01:22:16	01:21:39	1144		Senior	228
1147	509	Paula Lourenço	00:40:09	01:22:24	01:22:18	1148		V35	53
1148	691	Sandra Raimundo	00:39:59	01:22:25	01:21:22	1143		V40	44
1149	513	Célia Pinto	00:41:13	01:23:57	01:23:21	1149		V35	54
1150	881	Cláudia Teles	00:41:47	01:25:27	01:24:37	1150		Senior	73
1151	859	Nuno Santo	00:40:43	01:26:22	01:25:24	1152	Açoreana	V45	144
1152	860	Sandra Martins	00:40:43	01:26:22	01:25:24	1153	Açoreana	V35	55
1153	1132	Mário Pires	00:45:50	01:26:24	01:25:19	1151		V55	57
1154	219	Júlia Martins	00:44:57	01:27:04	01:26:36	1154	SINGArunners	V50	11
1155	839	Joaquim Rocha	00:44:57	01:27:04	01:26:37	1155	SINGArunners	V55	58
1156	690	Paula Raimundo	00:44:13	01:28:45	01:27:42	1156		V40	45
1157	9169	Roberto Ramos	00:52:16	01:29:46	01:29:31	1157		Senior	229
1158	1130	Plinio Marques	00:48:24	01:36:30	01:32:16	1158		V35	170
1159	1131	Pedro Marques	00:48:24	01:36:30	01:32:21	1159		V35	171
1160	768	Sandra Forreta	00:46:20	01:37:03	01:37:00	1160		V35	56



Das Auto.

Classificações

<i>Class.</i>	<i>Dorsal</i>	<i>Atleta</i>	<i>Tempo 5 Km</i>	<i>Tempo Oficial</i>	<i>Tempo Chip</i>	<i>Class. Chip</i>	<i>Clube</i>	<i>Escalão</i>	<i>Class. Escalão</i>
1161	343	Raquel Baêta	00:47:13	01:37:19	01:37:04	1161	IMOSEGURO	Senior	74
1162	344	Sonia Sousa	00:47:14	01:37:19	01:37:04	1162	IMOSEGURO	V35	57
1163	452	Joana Araujo	00:46:50	01:38:49	01:38:46	1163		V55	3
1164	142	Vania Mendes	00:52:22	01:39:55	01:39:29	1166	SINGArrunners	V35	58
1165	144	Ana Aniceto	00:47:42	01:39:56	01:39:27	1164	SINGArrunners	V50	12
1166	104	Patrícia Sousa	00:47:43	01:39:56	01:39:28	1165	SINGArrunners	V35	59
1167	209	Inácia Rocha	00:52:22	01:39:57	01:39:31	1167	SINGArrunners	V35	60
1168	216	Carla Correia	00:51:24	01:43:41	01:42:57	1169		V45	27
1169	215	Sandra Correia	00:52:05	01:43:43	01:42:58	1170		V45	28
1170	402	Marta Sarilho	00:52:05	01:43:43	01:42:58	1171		V45	29
1171	286	Sara Antunes	00:52:05	01:43:43	01:42:58	1172		V45	30
1172	697	Ricardo Jafe	00:55:53	01:44:10	01:43:17	1173		Senior	230
1173	285	Celia Afonso	00:51:17	01:44:16	01:44:13	1175		V50	13
1174	363	Fernando Silva	00:51:17	01:44:16	01:41:41	1168	pace.makers	V50	73
1175	698	Mariana Baldé	00:55:54	01:44:16	01:43:24	1174		Senior	75